



RUN BUDLEX FOR WOMEN

B4SPORT

Organizator: Green House / Budlex
Data: 2016-04-24
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	ŻAL Jolanta	8	PARKRUN BYDGOSZCZ	K30	1	00:00:02	00:20:13.45	00:20:15.55		4:02	14.8
2	WUJEK Magdalena	214		K30	2	00:00:02	00:20:26.60	00:20:28.80	+00:00:13	4:05	14.7
3	WIŚNIEWSKA Marcjanna	109		K20	1	00:00:02	00:20:51.50	00:20:53.50	+00:00:38	4:10	14.4
4	GACKOWSKA Katarzyna	67	TKKF KOLEJARZ BYDGOSZCZ	K20	2	00:00:02	00:21:17.75	00:21:19.75	+00:01:04	4:15	14.1
5	WRÓBLEWSKA Dagmara	23	TKKF KOLEJARZ	K30	3	00:00:01	00:21:23.95	00:21:25.20	+00:01:10	4:16	14
6	URBAŃSKA Ewa	27	TRISPACE	K40	1	00:00:01	00:21:47.70	00:21:49.30	+00:01:34	4:21	13.8
7	SZWEDA Mirosława	50		K30	4	00:00:03	00:21:59.15	00:22:02.20	+00:01:45	4:23	13.6
8	SMAŻYK Ewelina	343	RUN BYDGOSZCZ	K30	5	00:00:02	00:22:12.00	00:22:14.50	+00:01:58	4:26	13.5
9	STASZKIEWICZ Lucyna	108	STASHKY TEAM	K40	2	00:00:02	00:22:19.05	00:22:21.80	+00:02:05	4:27	13.4
10	OLSZEWSKA Adrianna	35		K20	3	00:00:03	00:22:20.70	00:22:23.85	+00:02:07	4:28	13.4
11	KRANZ Magdalena	244	BYDGOSKIE OKONIE	K20	4	00:00:02	00:22:21.85	00:22:23.95	+00:02:08	4:28	13.4
12	JAROCKA Beata	113	NIEZRZESZONA	K30	6	00:00:07	00:22:27.05	00:22:34.55	+00:02:13	4:29	13.4
13	JAKUBOWSKA Paulina	401	BIL BIEGA	K20	5	00:00:28	00:22:27.20	00:22:55.35	+00:02:13	4:29	13.4
14	SCHULZ Milena	25		K30	7	00:00:03	00:22:32.35	00:22:35.80	+00:02:18	4:30	13.3
15	CZAPLEWSKA Agnieszka	125	KB ŁAPKA	K30	8	00:00:05	00:22:40.10	00:22:45.30	+00:02:26	4:32	13.2
16	KOLANOWSKA Magdalena	95		K20	6	00:00:08	00:22:44.15	00:22:52.25	+00:02:30	4:32	13.2
17	ŚWIATOWY Daria	210		K20	7	00:00:09	00:22:48.20	00:22:57.60	+00:02:34	4:33	13.2
18	NOWACKA Gabriela	58		K50	1	00:00:06	00:23:07.35	00:23:14.00	+00:02:53	4:37	13
19	ŁUCKA Anna	66		K40	3	00:00:15	00:23:26.10	00:23:42.00	+00:03:12	4:41	12.8
20	GACKOWSKA Beata	101	TKKF KOLEJARZ BYDGOSZCZ	K40	4	00:00:01	00:23:28.00	00:23:29.90	+00:03:14	4:41	12.8
21	MAZANOWSKA Ewa	11	RUN-PASJA	K30	9	00:00:03	00:23:28.50	00:23:32.15	+00:03:15	4:41	12.8
22	MARKOWSKA Maja	292		K20	8	00:00:17	00:23:34.60	00:23:52.15	+00:03:21	4:43	12.7
23	SZULC Małgorzata	98		K30	10	00:00:02	00:23:35.05	00:23:37.45	+00:03:21	4:43	12.7
24	GRABOWSKA Irena	256		K40	5	00:00:02	00:23:53.45	00:23:56.30	+00:03:40	4:46	12.6
25	ZWIĄZEK Hanka	255		K20	9	00:00:17	00:24:01.20	00:24:18.90	+00:03:47	4:48	12.5
26	MEGER Aleksandra	336		K20	10	00:00:09	00:24:07.60	00:24:17.10	+00:03:54	4:49	12.4
27	HULEWICZ Elżbieta	285		K40	6	00:00:18	00:24:08.50	00:24:26.65	+00:03:55	4:49	12.4
28	KUBIS Sylwia	344		K40	7	00:00:01	00:24:09.50	00:24:11.05	+00:03:56	4:50	12.4
29	SOSIŃSKA Izabela	118		K30	11	00:00:06	00:24:10.40	00:24:16.90	+00:03:56	4:50	12.4
30	KULPEKSZA Karolina	91		K30	12	00:00:06	00:24:12.40	00:24:18.50	+00:03:58	4:50	12.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
31	MALCZEWSKA Patrycja	337		K20	11	00:00:09	00:24:13.60	00:24:23.30	+00:04:00	4:50	12.4
32	BANACH Anna	152		K20	12	00:00:05	00:24:18.75	00:24:24.60	+00:04:05	4:51	12.3
33	SZYMAŃSKA Agata	196		K30	13	00:00:07	00:24:22.15	00:24:29.90	+00:04:08	4:52	12.3
34	POTRZEBOWSKA Agata	72	1985	K30	14	00:00:03	00:24:24.05	00:24:27.90	+00:04:10	4:52	12.3
35	STAWARSKA Elżbieta	87		K30	15	00:00:06	00:24:35.65	00:24:41.75	+00:04:22	4:55	12.2
36	WĄSOWSKA Katarzyna	212		K30	16	00:00:03	00:24:35.90	00:24:39.00	+00:04:22	4:55	12.2
37	MRUK-HORODECKA Kornelia	238		K30	17	00:00:13	00:24:37.00	00:24:50.45	+00:04:23	4:55	12.2
38	WIŚNIEWSKA Karina	426	RUN BYDGOSZCZ	K20	13	00:00:04	00:24:37.70	00:24:42.20	+00:04:24	4:55	12.2
39	DERING Hanna	230		K30	18	00:00:10	00:24:41.40	00:24:51.70	+00:04:27	4:56	12.2
40	MAGDZIARZ Katarzyna	293		K30	19	00:00:25	00:24:41.50	00:25:07.35	+00:04:28	4:56	12.1
41	PRZEKWASIŃSKA Anna	297		K30	20	00:00:25	00:24:41.60	00:25:07.55	+00:04:28	4:56	12.1
42	ANDRZEJEWSKA Agnieszka	103	ZS 19	K30	21	00:00:12	00:24:45.75	00:24:58.65	+00:04:32	4:57	12.1
43	ALEKSY Aleksandra	184	X LO TORUŃ	K20	14	00:00:01	00:24:46.15	00:24:48.10	+00:04:32	4:57	12.1
44	DZIEDZIC Agnieszka	120		K30	22	00:00:07	00:24:56.25	00:25:03.40	+00:04:42	4:59	12
45	FUJARSKA Agata	388		K20	15	00:00:09	00:25:01.10	00:25:10.15	+00:04:47	5:00	12
46	JAWORSKA Aleksandra	334		K20	16	00:00:03	00:25:01.35	00:25:05.00	+00:04:47	5:00	12
47	MOLENDĄ Patrycja	203	KLINIKA TRIATHLONU	K20	17	00:00:16	00:25:01.90	00:25:18.40	+00:04:48	5:00	12
47	PRZYBYLSKA Karolina	201	KLINIKA TRIATHLONU	K20	18	00:00:16	00:25:01.90	00:25:18.40	+00:04:48	5:00	12
49	MICHNA Joanna	195		K40	8	00:00:25	00:25:02.80	00:25:28.45	+00:04:49	5:00	12
50	KŁOS Ewelina	389	ASTORIA	K20	19	00:00:01	00:25:03.40	00:25:04.50	+00:04:49	5:00	12
51	KOLANOWSKA Grażyna	94		K50	2	00:00:09	00:25:14.35	00:25:23.45	+00:05:00	5:02	11.9
52	JĘDRZEJEWSKA Joanna	200		K20	20	00:00:20	00:25:19.20	00:25:39.80	+00:05:05	5:03	11.8
53	PRUS Karolina	68		K40	9	00:00:30	00:25:23.95	00:25:54.60	+00:05:10	5:04	11.8
54	DULIŃSKA Dorota	102	TRISPACE	K40	10	00:00:13	00:25:26.90	00:25:40.35	+00:05:13	5:05	11.8
55	WŁODARCZYK Olga	364		K20	21	00:00:25	00:25:29.55	00:25:55.05	+00:05:16	5:06	11.8
56	BOULGE Beata	374		K40	11	00:00:02	00:25:34.80	00:25:37.40	+00:05:21	5:07	11.7
57	DĄBROWSKA Aneta	317		K30	23	00:00:21	00:25:37.00	00:25:58.00	+00:05:23	5:07	11.7
58	LUBIŃSKA-BORGULA Iwona	396		K40	12	00:00:20	00:25:37.25	00:25:57.90	+00:05:23	5:07	11.7
59	KULBAKA Sylwia	127		K30	24	00:00:27	00:25:40.30	00:26:08.05	+00:05:26	5:08	11.7
60	STACHYRA Monika	331	ATOMÓWKI	K20	22	00:00:21	00:25:40.50	00:26:02.30	+00:05:27	5:08	11.7
61	ZAŁĘCKA Renata	99		K30	25	00:00:03	00:25:44.55	00:25:47.95	+00:05:31	5:08	11.7
62	SZMATUŁA Elżbieta	153		K20	23	00:00:24	00:25:47.30	00:26:12.05	+00:05:33	5:09	11.6
63	JACHIMOWSKA Malwina	143		K20	24	00:00:24	00:25:47.45	00:26:12.05	+00:05:34	5:09	11.6
64	RASZKOWSKA Klaudia	158		K20	25	00:00:23	00:25:47.95	00:26:11.80	+00:05:34	5:09	11.6
65	PRZYBYŁA Agata	139		K20	26	00:00:24	00:25:49.35	00:26:13.50	+00:05:35	5:09	11.6
66	ZYGMUNT Aneta	26		K20	27	00:00:17	00:25:49.90	00:26:07.25	+00:05:36	5:10	11.6
67	PORAZIŃSKA Viktoria	299		K40	13	00:00:01	00:25:54.15	00:25:55.60	+00:05:40	5:10	11.6
68	AFELT Luiza	338		K20	28	00:00:24	00:25:55.25	00:26:20.20	+00:05:41	5:11	11.6
69	GROBELNA Angelika	79		K40	14	00:00:11	00:25:58.75	00:26:09.85	+00:05:45	5:11	11.6
70	ĆWIKLIŃSKA Anna	273	KLONIKTEAM	K30	26	00:00:10	00:26:00.80	00:26:11.30	+00:05:47	5:12	11.5
71	CHYŁKA Agata	129		K20	29	00:00:07	00:26:02.70	00:26:09.70	+00:05:49	5:12	11.5
72	GADOMSKA Maria	104	RUN BYDGOSZCZ	K60	1	00:00:03	00:26:03.00	00:26:06.40	+00:05:49	5:12	11.5
73	RIVAT Anna	395		K30	27	00:00:04	00:26:04.30	00:26:08.60	+00:05:50	5:12	11.5
74	NUNZEK Agnieszka	227		K40	15	00:00:07	00:26:06.35	00:26:14.25	+00:05:52	5:13	11.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
75	GOLON Marlena	106		K40	16	00:00:08	00:26:07.55	00:26:15.95	+00:05:54	5:13	11.5
76	JADCZAK Katarzyna	237		K30	28	00:00:06	00:26:12.75	00:26:18.75	+00:05:59	5:14	11.5
77	KOCHAŃSKA Joanna	105		K30	29	00:00:08	00:26:13.90	00:26:22.60	+00:06:00	5:14	11.4
78	WYLANGOWSKA Joanna	188		K30	30	00:00:23	00:26:15.30	00:26:38.50	+00:06:01	5:15	11.4
79	FAC Dorota	414		K30	31	00:00:15	00:26:19.40	00:26:35.30	+00:06:05	5:16	11.4
80	JANOWSKA Urszula	64	AKADEMIA BIEGANIA GRUDZIĄDZ	K40	17	00:00:17	00:26:21.00	00:26:38.90	+00:06:07	5:16	11.4
81	JANICKA Aneta	356		K20	30	00:00:15	00:26:22.40	00:26:37.95	+00:06:08	5:16	11.4
82	BRZYKCY Karolina	310		K30	32	00:00:27	00:26:29.60	00:26:56.70	+00:06:16	5:17	11.3
83	TELMAN Gabriela	148		K20	31	00:00:21	00:26:38.65	00:27:00.40	+00:06:25	5:19	11.3
84	DOBUCKA Katarzyna	162	CHONAROWER.PL	K20	32	00:00:16	00:26:39.55	00:26:55.85	+00:06:26	5:19	11.3
85	IGLEWSKA Dominika	191		K30	33	00:00:03	00:26:41.35	00:26:45.05	+00:06:27	5:20	11.2
86	MORZYŃSKA Monika	421		K20	33	00:00:05	00:26:42.85	00:26:48.20	+00:06:29	5:20	11.2
87	SIEWERT Hanna	228		K30	34	00:00:25	00:26:48.40	00:27:13.80	+00:06:34	5:21	11.2
88	PYTLIK Agnieszka	154	---	K20	34	00:00:03	00:26:49.55	00:26:53.35	+00:06:36	5:22	11.2
89	WOJTANOWICZ Beata	65	AKADEMIA BIEGANIA GRUDZIĄDZ	K50	3	00:00:18	00:26:49.90	00:27:08.50	+00:06:36	5:22	11.2
90	KRASIŃSKA Katarzyna	29		K30	35	00:00:08	00:26:50.15	00:26:58.50	+00:06:36	5:22	11.2
91	NIKOŁAJEW Monika	156		K30	36	00:00:02	00:26:53.05	00:26:55.15	+00:06:39	5:22	11.2
92	GÓRSKA Joanna	319		K30	37	00:00:14	00:26:56.25	00:27:10.50	+00:06:42	5:23	11.1
93	POLACKA Jadwiga	376		K40	18	00:00:17	00:27:00.10	00:27:17.95	+00:06:46	5:24	11.1
94	MAJERSKA Beata	352		K40	19	00:00:03	00:27:07.10	00:27:10.50	+00:06:53	5:25	11.1
95	SZUFLITA Iwona	263		K40	20	00:00:12	00:27:08.70	00:27:21.15	+00:06:55	5:25	11
96	RÓŻAŃSKA Jowanka	402	BYDGOSZCZ TRIATHLON TEAM	K40	21	00:00:03	00:27:09.45	00:27:12.60	+00:06:56	5:25	11
97	CYCKOWSKA Karolina	254		K30	38	00:00:12	00:27:13.55	00:27:26.20	+00:07:00	5:26	11
98	PLISZCZYŃSKA Joanna	21		K40	22	00:00:03	00:27:14.85	00:27:18.80	+00:07:01	5:27	11
99	OŹGA Agnieszka	360		K20	35	00:00:05	00:27:18.95	00:27:24.00	+00:07:05	5:27	11
100	TACZYŃSKA Paulina	288		K20	36	00:00:34	00:27:22.75	00:27:57.05	+00:07:09	5:28	11
101	GRYŃ-MAŚLIJ Kasia	202		K30	39	00:00:22	00:27:25.65	00:27:47.85	+00:07:12	5:29	10.9
102	ANDRZEJEWSKA Monika	266		K30	40	00:00:12	00:27:27.55	00:27:40.00	+00:07:14	5:29	10.9
103	CYRKŁAF Anna	287		K30	41	00:00:04	00:27:31.25	00:27:36.00	+00:07:17	5:30	10.9
104	WYSOTA Gabriela	215		K20	37	00:00:11	00:27:32.10	00:27:43.90	+00:07:18	5:30	10.9
105	SULSKA Marta	246		K30	42	00:00:15	00:27:39.40	00:27:55.20	+00:07:25	5:32	10.8
106	PAPROCKA Małgorzata	47		K40	23	00:00:03	00:27:42.55	00:27:45.65	+00:07:29	5:32	10.8
107	KONOPCZYŃSKA Kamila	408		K40	24	00:00:04	00:27:44.00	00:27:48.55	+00:07:30	5:32	10.8
108	KARWECKA Krystyna	253		K50	4	00:00:12	00:27:44.65	00:27:57.20	+00:07:31	5:33	10.8
109	ANDRZEJEWSKA Kamila	265		K20	38	00:00:12	00:27:45.35	00:27:57.70	+00:07:31	5:33	10.8
110	KUGACZ Aneta	347	RUN BYDGOSZCZ	K30	43	00:00:23	00:27:47.55	00:28:10.95	+00:07:34	5:33	10.8
111	CISZEWSKA Emilia	187	-	K30	44	00:00:13	00:27:47.70	00:28:01.35	+00:07:34	5:33	10.8
112	PODOSEK Magdalena	419		K30	45	00:00:09	00:27:50.85	00:28:00.75	+00:07:37	5:34	10.8
113	SYKUTERA-WOŹNIAK Agnieszka	325		K40	25	00:00:07	00:27:57.15	00:28:04.15	+00:07:43	5:35	10.7
114	NIEZGÓDKA Anna	92		K30	46	00:00:06	00:27:57.35	00:28:03.35	+00:07:43	5:35	10.7
115	JĘDRYSZKA Ewa	286		K40	26	00:00:06	00:27:57.65	00:28:04.15	+00:07:44	5:35	10.7
116	PIECYK-CZAJA Sonia	275		K30	47	00:00:23	00:28:04.45	00:28:28.30	+00:07:51	5:37	10.7
117	KRUSIK Aleksandra	393		K20	39	00:00:02	00:28:04.65	00:28:06.85	+00:07:51	5:36	10.7
118	JANCZARSKA Beata	136	BUDLEX	K40	27	00:00:10	00:28:08.35	00:28:18.35	+00:07:54	5:37	10.7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
119	PALUSZKIEWICZ Kamila	353		K30	48	00:00:21	00:28:09.85	00:28:31.30	+00:07:56	5:38	10.7
120	PŁACZKOWSKA Magdalena	359		K30	49	00:00:10	00:28:10.30	00:28:21.10	+00:07:56	5:38	10.6
121	KRÓL Karolina	407		K20	40	00:00:06	00:28:10.50	00:28:16.80	+00:07:57	5:38	10.7
122	TOKARCZYK Marysia	311		K20	41	00:00:27	00:28:12.65	00:28:40.05	+00:07:59	5:38	10.6
123	RATAJCZAK Natalia	276		K20	42	00:00:34	00:28:14.05	00:28:48.60	+00:08:00	5:38	10.6
124	GIŻA Wioletta	174		K30	50	00:00:03	00:28:14.15	00:28:17.95	+00:08:00	5:38	10.6
125	STRÓŻYK Grażyna	213		K20	43	00:00:18	00:28:15.10	00:28:33.25	+00:08:01	5:39	10.6
126	WAWRZYNIAK Karolina	358		K30	51	00:00:11	00:28:16.50	00:28:27.50	+00:08:03	5:39	10.6
127	RUSAK Paulina	193		K20	44	00:00:16	00:28:17.00	00:28:33.25	+00:08:03	5:39	10.6
128	DUTKIEWICZ Urszula	281	TKKF KOLEJARZ BYDGOSZCZ	K30	52	00:00:04	00:28:17.10	00:28:22.05	+00:08:03	5:39	10.6
129	GACKOWSKA Kinga	318		K20	45	00:00:27	00:28:17.90	00:28:45.50	+00:08:04	5:39	10.6
130	BURCHARDT Mirka	308	RWT WBYDGOSZCZY	K60	2	00:00:16	00:28:18.45	00:28:35.15	+00:08:05	5:39	10.6
131	CZECZINSKA Pamela	157		K20	46	00:00:15	00:28:18.60	00:28:33.70	+00:08:05	5:39	10.6
132	PŁACZKOWSKA Justyna	371	WEEKENDOWY BIEGACZ	K20	47	00:00:22	00:28:19.40	00:28:42.20	+00:08:05	5:40	10.6
133	GOLIMOWSKA Anna	166		K30	53	00:00:17	00:28:21.50	00:28:38.90	+00:08:08	5:40	10.6
134	NALEWALSKA Justyna	15		K20	48	00:00:24	00:28:23.55	00:28:48.30	+00:08:10	5:40	10.6
135	DAŃCZUK Agnieszka	2		K40	28	00:00:05	00:28:25.25	00:28:30.50	+00:08:11	5:41	10.6
136	JANKOWSKA Agnieszka	403		K30	54	00:00:06	00:28:30.20	00:28:36.80	+00:08:16	5:42	10.5
137	BALCERAK Agnieszka	242		K20	49	00:00:06	00:28:31.75	00:28:37.95	+00:08:18	5:42	10.5
138	BASZANOWSKA Sylwia	216		K40	29	00:00:07	00:28:31.80	00:28:39.30	+00:08:18	5:42	10.5
139	RYDELSKA Kinga	320		K40	30	00:00:10	00:28:33.15	00:28:43.65	+00:08:19	5:42	10.5
140	PIPOWSKA Michalina	241		K20	50	00:00:13	00:28:33.20	00:28:46.40	+00:08:19	5:42	10.5
141	ZAPAŁOWSKA Joanna	354		K20	51	00:00:25	00:28:37.35	00:29:02.85	+00:08:23	5:43	10.5
142	RASSALSKA Roma	5		K30	55	00:00:13	00:28:44.10	00:28:57.10	+00:08:30	5:44	10.4
143	PRZYBYLSKA Paulina	133		K30	56	00:00:19	00:28:44.40	00:29:03.60	+00:08:30	5:44	10.4
144	DYLEWSKA Marta	56	PĄCZKI	K40	31	00:00:21	00:28:45.30	00:29:06.60	+00:08:31	5:45	10.4
145	RASSALSKA-KAUSA Jola	6		K30	57	00:00:13	00:28:46.20	00:28:59.35	+00:08:32	5:45	10.4
146	KLUGIEWICZ Dorota	119		K40	32	00:00:13	00:28:46.85	00:29:00.45	+00:08:33	5:45	10.4
147	RYBICKA Anna	282		K30	58	00:00:17	00:28:48.40	00:29:05.40	+00:08:34	5:45	10.4
148	RZEPECKA Katarzyna	300		K30	59	00:00:01	00:28:48.95	00:28:50.55	+00:08:35	5:45	10.4
149	SMAGAGOWSKA Anna	284		K20	52	00:00:18	00:28:49.20	00:29:08.10	+00:08:35	5:46	10.4
150	DUDZIAK Elżbieta	149		K30	60	00:00:14	00:28:49.30	00:29:04.05	+00:08:35	5:46	10.4
151	JELEŃ Agnieszka	81	VEGE RUNNERS	K30	61	00:00:24	00:28:49.95	00:29:14.10	+00:08:36	5:46	10.4
152	POROŻYŃSKA Ewa	323		K20	53	00:00:08	00:28:52.05	00:29:00.40	+00:08:38	5:46	10.4
153	BAKOWSKA Marta	340	IRON LADIES/ CROSSFIT BYDGOSZCZ	K30	62	00:00:18	00:28:53.50	00:29:12.15	+00:08:40	5:46	10.4
154	ŻUCHELKOWSKA Agata	434		K30	63	00:00:04	00:28:54.05	00:28:58.60	+00:08:40	5:46	10.4
155	PIKUL Ewa	180		K20	54	00:00:06	00:28:54.25	00:29:00.65	+00:08:40	5:46	10.4
156	NYBAK Beata	186		K30	64	00:00:13	00:28:56.25	00:29:09.95	+00:08:42	5:47	10.4
157	CHRÓŚCIŃSKA Justyna	197		K20	55	00:00:21	00:28:57.20	00:29:18.70	+00:08:43	5:47	10.4
158	WEŁNIŃSKA Aleksandra	146		K20	56	00:00:04	00:29:01.15	00:29:05.35	+00:08:47	5:48	10.3
159	GROCHOWALSKA Marzena	236		K30	65	00:00:31	00:29:01.40	00:29:32.85	+00:08:47	5:48	10.3
160	WIŚNIEWSKA-KRAWIEC Beata	430		K40	33	00:00:23	00:29:03.05	00:29:26.30	+00:08:49	5:48	10.3
161	MIKLER Aleksandra	427		K20	57	00:00:22	00:29:07.45	00:29:29.70	+00:08:54	5:49	10.3
162	KONIECZNA Kasia	332		K20	58	00:00:07	00:29:08.90	00:29:16.85	+00:08:55	5:49	10.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
163	ZABIEŁŁO Kamila	169		K30	66	00:00:07	00:29:09.75	00:29:17.45	+00:08:56	5:50	10.3
164	ŁOŚ Katarzyna	377		K50	5	00:00:21	00:29:09.95	00:29:31.30	+00:08:56	5:50	10.3
165	ZAJĄKAŁA Małgorzata	346		K40	34	00:00:09	00:29:10.50	00:29:19.60	+00:08:57	5:50	10.3
166	AUGUSTYNOWICZ Aurelia	1	RWT W BYDGOSZCZY	K40	35	00:00:18	00:29:11.55	00:29:29.70	+00:08:58	5:50	10.3
167	CZARNECKA Izabela	289		K20	59	00:00:18	00:29:15.95	00:29:34.60	+00:09:02	5:51	10.3
168	SIEMIENIEC Violetta	122		K40	36	00:00:02	00:29:16.50	00:29:19.35	+00:09:03	5:51	10.2
169	CZYŻEWSKA Justyna	155		K30	67	00:00:16	00:29:17.30	00:29:34.10	+00:09:03	5:51	10.2
170	KOWALSKA Aleksandra	312		K40	37	00:00:26	00:29:21.45	00:29:47.65	+00:09:08	5:52	10.2
171	KACZMAREK Anita	278		K40	38	00:00:12	00:29:23.70	00:29:36.00	+00:09:10	5:52	10.2
172	KOŻUCH Agnieszka	387		K20	60	00:00:17	00:29:26.05	00:29:43.30	+00:09:12	5:53	10.2
173	STIMMA Anna	375		K40	39	00:00:32	00:29:33.15	00:30:05.50	+00:09:19	5:54	10.2
174	CEMKE Magdalena	264		K20	61	00:00:18	00:29:33.40	00:29:52.35	+00:09:19	5:54	10.1
175	LEWANDOWSKA Joanna	345		K40	40	00:00:09	00:29:34.00	00:29:43.20	+00:09:20	5:54	10.1
176	BRĄGIEL Anna	28	VEGE RUNNERS	K30	68	00:00:29	00:29:40.55	00:30:10.45	+00:09:27	5:56	10.1
177	STELMACH Agata	225		K20	62	00:00:14	00:29:43.20	00:29:57.75	+00:09:29	5:56	10.1
178	GÓRSKA Małgorzata	291		K20	63	00:00:14	00:29:43.25	00:29:57.80	+00:09:29	5:56	10.1
179	JURUS Jolanta	20	PARKRUN	K50	6	00:00:02	00:29:43.60	00:29:46.15	+00:09:30	5:56	10.1
180	TUBISZ Agnieszka	175		K30	69	00:00:27	00:29:46.00	00:30:13.95	+00:09:32	5:57	10.1
181	WÓJT Monika	134		K30	70	00:00:19	00:29:46.15	00:30:05.75	+00:09:32	5:57	10.1
182	DOMŻALSKA Sławomira	351		K40	41	00:00:24	00:29:47.50	00:30:11.70	+00:09:34	5:57	10.1
183	SIEDLECKA Ewa	271		K60	3	00:00:13	00:29:51.05	00:30:04.85	+00:09:37	5:58	10.1
184	CZESZUMSKA Karolina	209		K30	71	00:00:19	00:29:54.15	00:30:13.65	+00:09:40	5:58	10
185	KANAREK Marta	243		K30	72	00:00:29	00:29:56.55	00:30:25.55	+00:09:43	5:59	10
186	NAPIÓRKOWSKA Ewa	231		K50	7	00:00:10	00:29:56.95	00:30:07.35	+00:09:43	5:59	10
187	MARĆ Klara	233		K20	64	00:00:08	00:30:01.60	00:30:10.45	+00:09:48	6:00	10
188	MRÓWCZYŃSKA Aleksandra	302		K40	42	00:00:12	00:30:12.90	00:30:25.55	+00:09:59	6:02	9.9
189	KISIEL Katarzyna	429		K40	43	00:00:11	00:30:13.55	00:30:24.90	+00:10:00	6:02	9.9
190	KORSAK Violetta	365		K50	8	00:00:12	00:30:15.60	00:30:27.90	+00:10:02	6:03	9.9
191	DEPKA Agnieszka	126		K30	73	00:00:27	00:30:16.55	00:30:43.95	+00:10:03	6:03	9.9
192	JAGODZIŃSKA Paulina	435		K30	74	00:00:29	00:30:16.95	00:30:46.65	+00:10:03	6:03	9.9
193	WIATROWSKA Katarzyna	280		K30	75	00:00:12	00:30:20.90	00:30:32.95	+00:10:07	6:04	9.9
194	MELLEEM Anna	144		K20	65	00:00:04	00:30:27.05	00:30:31.50	+00:10:13	6:05	9.9
195	PŁUCIENNIK Joanna	100		K40	44	00:00:21	00:30:28.05	00:30:49.05	+00:10:14	6:05	9.8
196	BILON-MOLENDA Alicja	37		K30	76	00:00:19	00:30:28.40	00:30:47.70	+00:10:14	6:05	9.8
197	SZALA Monika	4		K30	77	00:00:27	00:30:32.10	00:31:00.00	+00:10:18	6:06	9.8
198	PIASECKA Alina	283		K30	78	00:00:19	00:30:33.20	00:30:52.90	+00:10:19	6:06	9.8
199	SUDOŁ Karolina	417	LIMONKA TEAM	K30	79	00:00:08	00:30:36.70	00:30:45.45	+00:10:23	6:07	9.8
200	OLEK Agnieszka	194	BUDLEX	K30	80	00:00:27	00:30:37.65	00:31:04.85	+00:10:24	6:07	9.8
201	GABRYSZEWSKA Sonia	252		K20	66	00:00:29	00:30:38.50	00:31:07.80	+00:10:25	6:07	9.8
202	DĘBCZYŃSKA Agnieszka	177		K40	45	00:00:11	00:30:39.70	00:30:51.35	+00:10:26	6:08	9.8
203	CZYZEWSKA Bernadeta	190		K30	81	00:00:15	00:30:40.40	00:30:56.30	+00:10:26	6:08	9.8
204	LEWANDOWSKA Katarzyna	410		K30	82	00:00:10	00:30:43.60	00:30:54.30	+00:10:30	6:08	9.8
205	LEWANDOWSKA Katarzyna	301		K20	67	00:00:15	00:30:44.85	00:31:00.00	+00:10:31	6:09	9.8
206	PERTEK Joanna	132		K20	68	00:00:04	00:30:46.05	00:30:50.20	+00:10:32	6:09	9.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
207	MARĆ Agnieszka	232		K40	46	00:00:08	00:30:51.40	00:31:00.35	+00:10:37	6:10	9.7
208	LIPIEC Agnieszka	36		K20	69	00:00:23	00:30:51.75	00:31:15.45	+00:10:38	6:10	9.7
209	MAGDZIARZ Monika	424		K40	47	00:00:21	00:30:59.30	00:31:20.90	+00:10:45	6:11	9.7
210	MALCZEWSKA Mirka	355	SPORT FAKTORY	K50	9	00:00:24	00:31:03.15	00:31:27.45	+00:10:49	6:12	9.7
211	PASERA Teresa	339		K40	48	00:00:07	00:31:03.55	00:31:11.05	+00:10:50	6:12	9.7
212	BOGDZINSKA Beata	404		K20	70	00:00:23	00:31:05.45	00:31:29.15	+00:10:52	6:13	9.6
213	MUSIAŁ Elwira	83	BYDGOSZCZ TRIATHLON TEAM	K40	49	00:00:14	00:31:07.85	00:31:22.55	+00:10:54	6:13	9.6
214	KRZYŻAŃSKA Pola	84	BYDGOSZCZ TRIATHLON TEAM	K20	71	00:00:14	00:31:08.80	00:31:22.85	+00:10:55	6:13	9.6
215	GRODZKA Maja	399		K20	72	00:00:16	00:31:11.45	00:31:28.20	+00:10:58	6:14	9.6
216	BIEGAŁA Renata	422		K50	10	00:00:22	00:31:11.85	00:31:34.35	+00:10:58	6:14	9.6
217	TOPCZEWSKA Bożena	316		K30	83	00:00:20	00:31:13.35	00:31:33.75	+00:10:59	6:14	9.6
218	WAWERKA Aleksandra	290		K20	73	00:00:04	00:31:18.55	00:31:23.45	+00:11:05	6:15	9.6
219	GRZEGOREK Paulina	211		K30	84	00:00:29	00:31:20.15	00:31:49.20	+00:11:06	6:16	9.6
220	PUZEWICZ Izabela	274		K40	50	00:00:21	00:31:24.80	00:31:46.70	+00:11:11	6:17	9.5
221	IDLER Aneta	18		K30	85	00:00:20	00:31:28.15	00:31:48.45	+00:11:14	6:17	9.5
222	MRÓWCZYŃSKA Agnieszka	413		K30	86	00:00:07	00:31:29.90	00:31:37.65	+00:11:16	6:18	9.5
223	AUGUSTYNOWICZ Natalia	3	GIMNAZJUM NR 32 W BYDGOSZCZY	K20	74	00:00:16	00:31:33.00	00:31:49.75	+00:11:19	6:18	9.5
224	DROGOWSKA Anetta	16		K40	51	00:00:19	00:31:37.80	00:31:57.60	+00:11:24	6:19	9.5
225	PRZYBYSZ Teresa	33		K30	87	00:00:10	00:31:39.30	00:31:50.25	+00:11:25	6:20	9.5
226	KRUSZKA Anita	326		K40	52	00:00:07	00:31:49.65	00:31:56.95	+00:11:36	6:21	9.4
227	MAŚLOCH Beata	173	BUDLEX	K40	53	00:00:26	00:31:50.30	00:32:17.10	+00:11:36	6:22	9.4
228	CHŁOPECKA Iwona	295		K40	54	00:00:25	00:31:53.10	00:32:18.20	+00:11:39	6:22	9.4
229	ZIENKOWSKA Joanna	294		K40	55	00:00:25	00:31:53.30	00:32:18.35	+00:11:39	6:22	9.4
230	NOWAKOWSKA Sylwia	269		K30	88	00:00:29	00:31:57.45	00:32:27.15	+00:11:44	6:23	9.4
231	CIESIELSKA Alicja	42		K20	75	00:00:23	00:32:01.25	00:32:24.55	+00:11:47	6:24	9.4
232	NOWACKA Daria	59		K20	76	00:00:05	00:32:02.05	00:32:07.85	+00:11:48	6:24	9.4
233	MATUSZEWSKA Ewa	57		K20	77	00:00:05	00:32:02.20	00:32:07.70	+00:11:48	6:24	9.4
234	DOBRACKA Anna	163		K20	78	00:00:26	00:32:02.55	00:32:29.35	+00:11:49	6:24	9.4
235	SZRAM Magdalena	267		K20	79	00:00:26	00:32:02.95	00:32:29.50	+00:11:49	6:24	9.4
236	MELLER Anna	245		K20	80	00:00:26	00:32:03.15	00:32:29.35	+00:11:49	6:24	9.4
237	DOBRZAŃSKA Katarzyna	372	PARK HOTEL	K30	89	00:00:29	00:32:05.05	00:32:34.15	+00:11:51	6:25	9.4
238	SAMUL Ewa	114		K20	81	00:00:08	00:32:07.75	00:32:16.60	+00:11:54	6:25	9.3
239	ORZECHOWSKA Monika	182	PĄCZKI	K30	90	00:00:31	00:32:07.85	00:32:39.10	+00:11:54	6:25	9.3
240	MIKOŁAJCZAK Aleksandra	327		K30	91	00:00:07	00:32:09.30	00:32:16.90	+00:11:55	6:25	9.3
241	JANICKA Kamila	357		K20	82	00:00:15	00:32:09.35	00:32:24.35	+00:11:55	6:25	9.3
242	KRUEGER-PAWLOWSKI Isabella	80		K50	11	00:00:10	00:32:12.35	00:32:22.65	+00:11:58	6:26	9.3
243	NADOLNA Aurelia	223	WEEKENDOWY BIEGACZ	K30	92	00:00:23	00:32:15.50	00:32:38.60	+00:12:02	6:27	9.3
244	PIECZEK Izabela	385	STUDIO ZDROWIA BYDGOSZCZ	K40	56	00:00:11	00:32:17.75	00:32:28.80	+00:12:04	6:27	9.3
245	STAŃCZYK-KRANC Joanna	7		K30	93	00:00:19	00:32:18.80	00:32:38.00	+00:12:05	6:27	9.3
246	LIBERA Sabina	9	PARKRUN BYDGOSZCZ	K40	57	00:00:20	00:32:22.65	00:32:43.20	+00:12:09	6:28	9.3
247	NIEDBALSKA Oliwia	306		K20	83	00:00:27	00:32:26.25	00:32:53.30	+00:12:12	6:29	9.2
248	KUŚ Lidia	43		K40	58	00:00:10	00:32:26.90	00:32:37.00	+00:12:13	6:29	9.2
249	KANIEWSKA Asia	145		K30	94	00:00:28	00:32:48.60	00:33:17.05	+00:12:35	6:33	9.1
250	ZIELIŃSKA Ewa	380		K30	95	00:00:30	00:33:06.80	00:33:36.80	+00:12:53	6:37	9.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
251	STRÓŻYŃSKA Gosia	333		K40	59	00:00:17	00:33:09.35	00:33:26.65	+00:12:55	6:37	9
252	OZTURK Klaudia	329		K40	60	00:00:08	00:33:18.25	00:33:26.60	+00:13:04	6:39	9
253	KOŚCIOŁOWSKA Anna	239		K30	96	00:00:30	00:33:18.65	00:33:49.45	+00:13:05	6:39	9
254	ŚWITAJ Wiktoria	250	WTS ASTORIA	K20	84	00:00:01	00:33:21.85	00:33:23.10	+00:13:08	6:40	9
255	GULCZ Karolina	251	ASTORIA	K20	85	00:00:01	00:33:22.10	00:33:23.10	+00:13:08	6:40	9
256	ROZALSKA Marta	170	SUNFLOWER TEAM	K30	97	00:00:31	00:33:26.40	00:33:57.85	+00:13:12	6:41	9
257	WESOŁOWSKA Karolina	179		K30	98	00:00:31	00:33:26.70	00:33:58.15	+00:13:13	6:41	9
258	WOJDYLAK-PIEKUT Beata	330		K40	61	00:00:12	00:33:27.20	00:33:40.10	+00:13:13	6:41	9
259	KORALEWSKA Milena	189		K20	86	00:00:31	00:33:30.05	00:34:01.80	+00:13:16	6:42	9
260	SONDEJ Agnieszka	423		K30	99	00:00:05	00:33:31.55	00:33:37.35	+00:13:18	6:42	8.9
261	SOBOCIŃSKA Marta	279		K40	62	00:00:24	00:33:34.00	00:33:58.75	+00:13:20	6:42	8.9
262	SMOLEŃ Joanna	361	POCZTA POLSKA	K30	100	00:00:20	00:33:34.80	00:33:55.65	+00:13:21	6:43	8.9
263	PAWLEWICZ Justyna	368		K40	63	00:00:07	00:33:35.50	00:33:42.50	+00:13:22	6:43	8.9
264	CIESIELSKA Oktawia	24	DECATHLON FORDON TEAM	K20	87	00:00:15	00:33:35.55	00:33:51.20	+00:13:22	6:43	8.9
265	SONTOWSKA Sylwia	367		K30	101	00:00:07	00:33:35.80	00:33:42.95	+00:13:22	6:43	8.9
266	KANTOWSKA Paulina	77		K30	102	00:00:32	00:33:36.10	00:34:08.60	+00:13:22	6:43	8.9
267	BŁACHEWICZ Magdalena	362		K30	103	00:00:20	00:33:40.10	00:34:00.20	+00:13:26	6:44	8.9
268	PIECZEK Alicja	386	STUDIO ZDROWIA	K20	88	00:00:11	00:33:41.45	00:33:52.80	+00:13:28	6:44	8.9
269	GAWRYCH Maria	383		K20	89	00:00:05	00:33:43.95	00:33:49.45	+00:13:30	6:44	8.9
270	NAWROCKA Martyna	112		K20	90	00:00:09	00:33:44.70	00:33:54.30	+00:13:31	6:45	8.9
271	MAKLAKIEWICZ Agnieszka	400		K30	104	00:00:28	00:33:46.95	00:34:15.60	+00:13:33	6:45	8.9
272	DORSZEWSKA Bożena	324		K50	12	00:00:31	00:34:08.55	00:34:39.80	+00:13:55	6:49	8.8
273	UMIŃSKA-BERG Joanna	31	IRON LADIES/ CROSSFIT BYDGOSZCZ	K20	91	00:00:18	00:34:14.60	00:34:33.30	+00:14:01	6:51	8.8
274	SZAŁAPSKA Monika	137	BUDLEX	K30	105	00:00:27	00:34:22.00	00:34:49.00	+00:14:08	6:52	8.7
275	CZYŻYCKA Beata	270		K40	64	00:00:29	00:34:26.75	00:34:56.35	+00:14:13	6:53	8.7
276	MATERNA Hanna	138	BUDLEX	K40	65	00:00:26	00:34:29.30	00:34:55.40	+00:14:15	6:53	8.7
277	BRYLEW-PŁOSZYŃSKA Dorota	412	SKLEP PIWOSZA KORONOWO	K30	106	00:00:32	00:34:30.45	00:35:02.50	+00:14:17	6:54	8.7
278	KLUCZYŃSKA Blanka	192		K30	107	00:00:16	00:34:34.70	00:34:50.80	+00:14:21	6:54	8.7
279	GAWRYCH Justyna	384		K40	66	00:00:05	00:34:49.40	00:34:54.75	+00:14:35	6:57	8.6
280	SZATKOWSKA Beata	248		K50	13	00:00:30	00:36:09.80	00:36:40.45	+00:15:56	7:14	8.3
281	ROGULSKA Ewelina	204		K20	92	00:00:17	00:36:30.75	00:36:48.30	+00:16:17	7:18	8.2
282	NYKA Monika	349		K30	108	00:00:28	00:36:38.70	00:37:07.20	+00:16:25	7:19	8.2
283	JANKOWSKA Roksana	397		K20	93	00:00:14	00:36:40.90	00:36:55.85	+00:16:27	7:20	8.2
284	POŁOMSKA Joanna	249		K40	67	00:00:30	00:37:10.10	00:37:40.45	+00:16:56	7:26	8.1
285	KUCZYŃSKA Małgorzata	321		K30	109	00:00:26	00:37:18.05	00:37:44.05	+00:17:04	7:27	8
286	NOWAKOWSKA Magda	363		K40	68	00:00:20	00:38:12.10	00:38:32.20	+00:17:58	7:38	7.9
287	LIPOWSKA Dorota	51	PĄCZKI	K30	110	00:00:30	00:38:21.30	00:38:52.00	+00:18:07	7:40	7.8
288	MERCHEL Violetta	247	KLUB ZDROWIA	K40	69	00:00:22	00:38:29.75	00:38:52.00	+00:18:16	7:42	7.8
289	LIPOWSKA Magdalena	52	PĄCZKI	K40	70	00:00:30	00:38:34.00	00:39:04.50	+00:18:20	7:42	7.8
290	BRZOZOWSKA Barbara	172		K60	4	00:00:02	00:39:27.60	00:39:29.70	+00:19:14	7:53	7.6
291	NOWAK Anna	218		K30	111	00:00:10	00:39:40.10	00:39:50.20	+00:19:26	7:56	7.6
292	JAGODZIŃSKA Katarzyna	425		K30	112	00:00:21	00:41:01.55	00:41:23.00	+00:20:48	8:12	7.3
293	PLICHTOWICZ Natalia	369	WEEKENDOWY BIEGACZ	K20	94	00:00:23	00:42:39.50	00:43:02.90	+00:22:26	8:31	7
294	PŁACZKOWSKA Magdalena	370	WEEKENDOWY BIEGCZ	K50	14	00:00:23	00:42:39.70	00:43:02.80	+00:22:26	8:31	7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
295	MAŃKOWSKA Ewa	411		K30	113	00:00:11	00:42:51.55	00:43:02.55	+00:22:38	8:34	7
296	ALEKSY Małgorzata	185		K40	71	00:00:14	00:43:00.70	00:43:14.80	+00:22:47	8:36	7
297	PLIT Klaudia	220		K20	95	00:00:15	00:43:44.25	00:43:59.55	+00:23:30	8:44	6.9
297	KOWALSKA Klaudia	217		K20	96	00:00:15	00:43:44.25	00:43:59.35	+00:23:30	8:44	6.9
299	WOJCIECHOWSKA Renata	13		K30	114	00:00:17	00:43:46.15	00:44:04.05	+00:23:32	8:45	6.9
300	PASZKOWSKA Katarzyna	14		K30	115	00:00:17	00:43:46.30	00:44:04.20	+00:23:32	8:45	6.9
301	MERCHEL Adrianna	322		K20	97	00:00:22	00:52:19.45	00:52:42.00	+00:32:06	10:28	5.7

Znaleziono 301 wynik(ów)