



Organizator: Green House / Budlex
Data: 2019-09-15
Miejsce: Bydgoszcz
Dystans: 5 km

RUN BUDLEX FOR WOMEN

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SZENK Marta	412		K36-49 lat	1	00:00:01	00:09:38	00:19:06.35	00:19:07.95		3:49	15.7 (100%)
2	MAIK Daria	227		K18-35 lat	1	00:00:01	00:09:38	00:19:30.80	00:19:31.90	+00:00:24 (2.1%)	3:54	15.4 (98.1%)
3	ŻUCHOWSKA Anna	492		K18-35 lat	2	00:00:01	00:10:15	00:20:56.45	00:20:58.35	+00:01:50 (8.8%)	4:11	14.3 (91.1%)
4	ŻUCHOWSKA Joanna	494	EKO OPAŁ PŁONNE/ UMK TORUŃ	K18-35 lat	3	00:00:01	00:11:06	00:22:22.75	00:22:24.10	+00:03:16 (14.6%)	4:28	13.4 (85.4%)
5	GAŁUSZKA Dorota	87	WTORKOWY TRENING	K36-49 lat	2	00:00:06	00:11:06	00:22:27.15	00:22:33.20	+00:03:20 (14.9%)	4:29	13.4 (85.4%)
6	MICHALIK Joanna	247		K36-49 lat	3	00:00:02	00:11:08	00:22:34.95	00:22:37.60	+00:03:28 (15.4%)	4:31	13.3 (84.7%)
7	JAROCKA Beata	124		K36-49 lat	4	00:00:09	00:11:23	00:22:41.15	00:22:51.10	+00:03:34 (15.8%)	4:32	13.2 (84.1%)
8	PALACZ Wioletta	296		K36-49 lat	5	00:00:03	00:11:17	00:22:45.80	00:22:49.40	+00:03:39 (16.1%)	4:33	13.2 (84.1%)
9	STROKOWSKA Paulina	398		K18-35 lat	4	00:00:05	00:11:05	00:22:53.35	00:22:58.50	+00:03:47 (16.5%)	4:34	13.1 (83.4%)
10	TOMCZYK Agata	430	SLA POLONIA BYDGOSZCZ	K18-35 lat	5	00:00:03	00:11:15	00:23:08.10	00:23:11.70	+00:04:01 (17.4%)	4:37	13 (82.8%)
11	MURAWIEC Iza	512		K36-49 lat	6	00:00:05	00:11:29	00:23:30.35	00:23:35.95	+00:04:24 (18.7%)	4:42	12.8 (81.5%)
12	PILAKOWSKA Angelika	316	ELTRA W BIEGU	K36-49 lat	7	00:00:05	00:11:30	00:23:33.90	00:23:38.90	+00:04:27 (18.9%)	4:42	12.7 (80.9%)
13	WRÓBLEWSKA Dagmara	471	TKKF KOLEJARZ BYDGOSZCZ	K36-49 lat	8	00:00:02	00:11:34	00:23:35.80	00:23:38.10	+00:04:29 (19.0%)	4:43	12.7 (80.9%)
14	DOBRZYŃSKA Ewa	65		K18-35 lat	6	00:00:04	00:11:33	00:23:58.55	00:24:02.85	+00:04:52 (20.3%)	4:47	12.5 (79.6%)
15	RUSOŃ Oliwia	352		K18-35 lat	7	00:00:01	00:11:25	00:24:06.25	00:24:07.95	+00:04:59 (20.7%)	4:49	12.4 (79.0%)
16	LUZAK Magdalena	217	REEBOK RUN CREW BYDGOSZCZ	K18-35 lat	8	00:00:06	00:11:56	00:24:14.10	00:24:20.10	+00:05:07 (21.2%)	4:50	12.4 (79.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	ANDRZEJAK Sylwia	9		K50-59 lat	1	00:00:01	00:12:08	00:24:37.15	00:24:38.20	+00:05:30 (22.4%)	4:55	12.2 (77.7%)
18	STRÓŻYK Grażyna	399		K18-35 lat	9	00:00:06	00:12:17	00:24:41.85	00:24:48.40	+00:05:35 (22.6%)	4:56	12.1 (77.1%)
19	ŻYTOWICZ Anita	500		K36-49 lat	9	00:00:04	00:12:06	00:24:44.20	00:24:49.10	+00:05:37 (22.8%)	4:57	12.1 (77.1%)
20	PIOTROWSKA Katarzyna	320		K18-35 lat	10	00:00:06	00:12:18	00:24:44.85	00:24:51.70	+00:05:38 (22.8%)	4:57	12.1 (77.1%)
21	ZWIĄZEK Hanka	491		K18-35 lat	11	00:00:14	00:12:34	00:24:49.15	00:25:03.40	+00:05:42 (23.0%)	4:57	12.1 (77.1%)
22	MIRASZEWSKA Marta	256	AKTYWNE LISEWO	K18-35 lat	12	00:00:04	00:12:18	00:25:06.40	00:25:10.95	+00:06:00 (23.9%)	5:01	12 (76.4%)
23	BOROWICZ Anna	29		K36-49 lat	10	00:00:18	00:12:46	00:25:08.10	00:25:26.20	+00:06:01 (24.0%)	5:01	11.9 (75.8%)
24	GIL Żaneta	93		K18-35 lat	13	00:00:09	00:12:45	00:25:17.40	00:25:27.25	+00:06:11 (24.5%)	5:03	11.9 (75.8%)
25	ŻUCHOWSKA Paulina	493	AZS TORUŃ	K18-35 lat	14	00:00:05	00:12:14	00:25:18.20	00:25:23.80	+00:06:11 (24.5%)	5:03	11.9 (75.8%)
26	FILIPSKA Paulina	79		K18-35 lat	15	00:00:03	00:12:24	00:25:21.85	00:25:25.05	+00:06:15 (24.7%)	5:04	11.8 (75.2%)
27	MARACH Patrycja	237		K18-35 lat	16	00:00:16	00:12:47	00:25:35.45	00:25:51.85	+00:06:29 (25.3%)	5:07	11.7 (74.5%)
28	WOJDAT Dominika	465	ZIELONY PELIKAN	K18-35 lat	17	00:00:34	00:12:32	00:25:36.75	00:26:10.95	+00:06:30 (25.4%)	5:07	11.7 (74.5%)
29	WOJTANIS Magdalena	467	BIEGAM BO KOCHAM TEN STAN	K36-49 lat	11	00:00:03	00:12:24	00:25:40.70	00:25:44.50	+00:06:34 (25.6%)	5:08	11.7 (74.5%)
30	ŁUCZKOWIAK Małgorzata	225		K18-35 lat	18	00:00:10	00:13:04	00:25:54.05	00:26:04.50	+00:06:47 (26.2%)	5:10	11.6 (73.9%)
31	DEKOWSKA Ania	61		K18-35 lat	19	00:00:37	00:13:17	00:25:58.05	00:26:35.20	+00:06:51 (26.4%)	5:11	11.6 (73.9%)
32	ZGLIŃSKA Anna	483	PRZEBIEGLI UNISŁAW I OKOLICE	K36-49 lat	12	00:00:04	00:12:47	00:25:59.20	00:26:04.05	+00:06:52 (26.5%)	5:12	11.5 (73.2%)
33	JEZIORSKA Izabela	134		K18-35 lat	20	00:00:08	00:12:52	00:25:59.35	00:26:08.05	+00:06:53 (26.5%)	5:12	11.5 (73.2%)
34	WRONKOWSKA Anna	470		K18-35 lat	21	00:00:21	00:13:29	00:26:08.00	00:26:29.85	+00:07:01 (26.9%)	5:13	11.5 (73.2%)
35	ULOWSKA Katarzyna	440	CHMIELARZ TEAM	K18-35 lat	22	00:00:19	00:13:05	00:26:12.10	00:26:31.25	+00:07:05 (27.1%)	5:14	11.5 (73.2%)
36	SZCZEPANIAK Justyna	410		K36-49 lat	13	00:00:05	00:12:36	00:26:13.40	00:26:19.00	+00:07:07 (27.1%)	5:14	11.4 (72.6%)
37	KALEMBA Daria	135	LAUREOLA FITNESS	K18-35 lat	23	00:00:07	00:13:06	00:26:17.95	00:26:25.90	+00:07:11 (27.4%)	5:15	11.4 (72.6%)
38	NAGORZYSKA Sylwia	265		K36-49 lat	14	00:00:08	00:13:16	00:26:27.00	00:26:35.50	+00:07:20 (27.8%)	5:17	11.3 (72.0%)
39	ŁUBIŃSKA-BARTYLAK Hanna	224	MAMA HANKA	K18-35 lat	24	00:00:43	00:13:05	00:26:28.25	00:27:11.90	+00:07:21 (27.8%)	5:17	11.3 (72.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
40	WOJCIECHOWSKA Emilia	464		K36-49 lat	15	00:00:04	00:12:58	00:26:37.80	00:26:42.15	+00:07:31 (28.3%)	5:19	11.3 (72.0%)
41	POTRZEBOWSKA Agata	331	#ŻÓŁTOKRÓLEWSCY	K18-35 lat	25	00:00:09	00:13:17	00:26:41.60	00:26:50.60	+00:07:35 (28.4%)	5:20	11.2 (71.3%)
42	NALEWALSKA Justyna	267	SERCE TYBETU/WKURW_TEAM	K18-35 lat	26	00:00:15	00:12:49	00:26:43.30	00:26:58.35	+00:07:36 (28.5%)	5:20	11.2 (71.3%)
43	SKONIECZNA Marlena	377	FORDON RUNNERS-NESSI KOLOROWA DRUŻYNA-BIEGACZE	K36-49 lat	16	00:00:12	00:13:21	00:26:44.75	00:26:57.10	+00:07:38 (28.6%)	5:21	11.2 (71.3%)
44	LEWANDOWSKA Sylwia	209		K18-35 lat	27	00:00:06	00:12:58	00:26:48.25	00:26:54.30	+00:07:41 (28.7%)	5:21	11.2 (71.3%)
45	KAMIŃSKA Iwona	139	NIEZRZESZONA	K36-49 lat	17	00:00:02	00:13:21	00:26:50.50	00:26:53.40	+00:07:44 (28.8%)	5:22	11.2 (71.3%)
46	ŻYŁA Magdalena	499		K36-49 lat	18	00:00:29	00:14:13	00:27:18.25	00:27:47.40	+00:08:11 (30.0%)	5:27	11 (70.1%)
47	GABRICH Żanetta	84	KLUB ZDROWI FIT24	K36-49 lat	19	00:00:12	00:14:00	00:27:25.15	00:27:37.40	+00:08:18 (30.3%)	5:29	10.9 (69.4%)
48	KUJDA Dorota	194		K36-49 lat	20	00:00:09	00:13:23	00:27:28.05	00:27:37.25	+00:08:21 (30.4%)	5:29	10.9 (69.4%)
49	PILAKOWSKA Patrycja	317	ELTRA	K18-35 lat	28	00:00:07	00:13:15	00:27:33.80	00:27:40.80	+00:08:27 (30.7%)	5:30	10.9 (69.4%)
50	BAGNIEWSKA Małgorzata	11		K18-35 lat	29	00:00:16	00:14:06	00:27:35.10	00:27:51.10	+00:08:28 (30.7%)	5:31	10.9 (69.4%)
51	KRÓL Katarzyna	179		K36-49 lat	21	00:00:21	00:13:46	00:27:39.85	00:28:01.50	+00:08:33 (30.9%)	5:32	10.8 (68.8%)
52	AGACIAK Elżbieta	3		K36-49 lat	22	00:00:18	00:13:42	00:27:41.00	00:27:59.60	+00:08:34 (31.0%)	5:32	10.8 (68.8%)
53	SIUDZIŃSKA Anna	374		K18-35 lat	30	00:00:06	00:13:47	00:27:41.10	00:27:47.20	+00:08:34 (31.0%)	5:32	10.8 (68.8%)
54	RAKAŁOWICZ Justyna	338	ATOS	K36-49 lat	23	00:00:16	00:13:41	00:27:53.25	00:28:09.35	+00:08:46 (31.5%)	5:34	10.8 (68.8%)
55	PRZYBYLSKA Grażyna	334	PSL	K50-59 lat	2	00:00:37	00:14:07	00:27:56.90	00:28:34.50	+00:08:50 (31.6%)	5:35	10.7 (68.2%)
56	KWIATKOWSKA Małgorzata	201		K36-49 lat	24	00:00:18	00:13:42	00:27:57.20	00:28:16.05	+00:08:50 (31.7%)	5:35	10.7 (68.2%)
57	ROGOZIŃSKA Karolina	344		K36-49 lat	25	00:00:17	00:13:45	00:27:58.25	00:28:16.05	+00:08:51 (31.7%)	5:35	10.7 (68.2%)
58	JASIULEWICZ Agnieszka	126		K36-49 lat	26	00:00:10	00:13:52	00:28:04.85	00:28:15.25	+00:08:58 (32.0%)	5:37	10.7 (68.2%)
59	JASKUŁA Karolina	127		K18-35 lat	31	00:00:04	00:13:48	00:28:06.90	00:28:11.20	+00:09:00 (32.0%)	5:37	10.7 (68.2%)
60	MAZANOWSKA Ewa	244		K36-49 lat	27	00:00:10	00:14:20	00:28:07.05	00:28:17.85	+00:09:00 (32.1%)	5:37	10.7 (68.2%)
61	BRZozowska Jolanta	34		K50-59 lat	3	00:00:10	00:13:44	00:28:08.40	00:28:18.45	+00:09:02 (32.1%)	5:37	10.7 (68.2%)
62	SZEWCZUK Ewa	414		K36-49 lat	28	00:00:10	00:13:47	00:28:10.20	00:28:21.10	+00:09:03 (32.2%)	5:38	10.6 (67.5%)

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63	KORPAL Żaneta	164		K18-35 lat	32	00:00:06	00:13:35	00:28:10.50	00:28:17.10	+00:09:04 (32.2%)	5:38	10.6 (67.5%)
64	PESZYŃSKA Joanna	309		K36-49 lat	29	00:00:23	00:14:15	00:28:11.05	00:28:34.70	+00:09:04 (32.2%)	5:38	10.6 (67.5%)
65	JAWOROWSKA Justyna	128		K36-49 lat	30	00:00:03	00:14:11	00:28:17.05	00:28:20.95	+00:09:10 (32.5%)	5:39	10.6 (67.5%)
66	SOBOLEWSKA Aleksandra	389	REEBOKRUNCREW BYDGOSZCZ	K18-35 lat	33	00:00:06	00:14:18	00:28:17.70	00:28:24.15	+00:09:11 (32.5%)	5:39	10.6 (67.5%)
67	CHRZANOWSKA Cecylia	49	AKTYWNE LISEWO	K60+	1	00:00:04	00:13:57	00:28:17.80	00:28:22.35	+00:09:11 (32.5%)	5:39	10.6 (67.5%)
68	JESZAWICZ Joanna	133		K18-35 lat	34	00:00:21	00:13:52	00:28:17.85	00:28:39.35	+00:09:11 (32.5%)	5:39	10.6 (67.5%)
69	PANKOWSKA Ewa	300		K50-59 lat	4	00:00:04	00:13:47	00:28:18.30	00:28:22.85	+00:09:11 (32.5%)	5:39	10.6 (67.5%)
70	ZAMOJSKA Pola	480		K18-35 lat	35	00:00:08	00:13:48	00:28:20.65	00:28:28.70	+00:09:14 (32.6%)	5:40	10.6 (67.5%)
71	POSLAD Martyna	330		K18-35 lat	36	00:00:25	00:14:40	00:28:22.65	00:28:48.05	+00:09:16 (32.7%)	5:40	10.6 (67.5%)
72	ZIELIŃSKA Iwona	484	MROCZA WOMEN	K18-35 lat	37	00:00:03	00:14:29	00:28:25.50	00:28:28.90	+00:09:19 (32.8%)	5:41	10.6 (67.5%)
73	LEWANDOWSKA Ewelina	205		K18-35 lat	38	00:00:09	00:14:36	00:28:31.40	00:28:40.70	+00:09:25 (33.0%)	5:42	10.5 (66.9%)
74	GÓRAL Anna	99		K18-35 lat	39	00:00:12	00:14:13	00:28:46.25	00:28:58.30	+00:09:39 (33.6%)	5:45	10.4 (66.2%)
75	SAS Kasia	364		K36-49 lat	31	00:00:22	00:14:59	00:28:49.90	00:29:12.40	+00:09:43 (33.7%)	5:46	10.4 (66.2%)
76	CIEŚLAK Emilia	53		K36-49 lat	32	00:00:30	00:14:42	00:28:51.15	00:29:21.50	+00:09:44 (33.8%)	5:46	10.4 (66.2%)
77	OZOROWSKA Karolina	294		K18-35 lat	40	00:00:14	00:14:23	00:28:55.25	00:29:10.05	+00:09:48 (33.9%)	5:47	10.4 (66.2%)
78	SKURCZYŃSKA Magdalena	381		K18-35 lat	41	00:00:07	00:14:10	00:29:03.75	00:29:11.50	+00:09:57 (34.3%)	5:48	10.3 (65.6%)
79	NOGA Magdalena	274		K36-49 lat	33	00:00:07	00:14:28	00:29:04.10	00:29:11.75	+00:09:57 (34.3%)	5:48	10.3 (65.6%)
80	ŁOZIŃSKA Iwona	506	BELLA LINE	K50-59 lat	5	00:00:07	00:14:36	00:29:04.70	00:29:12.50	+00:09:58 (34.3%)	5:49	10.3 (65.6%)
81	BRZYKCA Joanna	36		K36-49 lat	34	00:00:30	00:14:43	00:29:04.85	00:29:35.40	+00:09:58 (34.3%)	5:49	10.3 (65.6%)
82	BUZIAK Małgorzata	42		K36-49 lat	35	00:00:07	00:14:02	00:29:07.10	00:29:15.05	+00:10:00 (34.4%)	5:49	10.3 (65.6%)
83	WŁODARCZYK Katarzyna	462		K36-49 lat	36	00:00:28	00:13:58	00:29:08.75	00:29:37.70	+00:10:02 (34.4%)	5:49	10.3 (65.6%)
84	WOJEWÓDZKA Magdalena	466		K36-49 lat	37	00:00:38	00:15:34	00:29:08.95	00:29:47.35	+00:10:02 (34.5%)	5:49	10.3 (65.6%)
85	FRĄTCZAK Beata	80		K36-49 lat	38	00:00:04	00:14:10	00:29:09.45	00:29:13.80	+00:10:03 (34.5%)	5:49	10.3 (65.6%)

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86	CHONCHERA Ewelina	46		K18-35 lat	42	00:00:16	00:14:27	00:29:13.40	00:29:30.35	+00:10:07 (34.6%)	5:50	10.3 (65.6%)
87	NAWROT Patrycja	271		K18-35 lat	43	00:00:04	00:14:39	00:29:14.55	00:29:18.55	+00:10:08 (34.7%)	5:50	10.3 (65.6%)
88	KŁOSOWSKA Magdalena	160	FIT MANIA	K18-35 lat	44	00:00:04	00:14:10	00:29:14.90	00:29:19.10	+00:10:08 (34.7%)	5:51	10.3 (65.6%)
89	KIERCZYŃSKA Agnieszka	152	ZSP4	K18-35 lat	45	00:00:03	00:13:42	00:29:25.75	00:29:29.65	+00:10:19 (35.1%)	5:53	10.2 (65.0%)
90	ŁADNIAK Bernadeta	218		K36-49 lat	39	00:00:18	00:14:49	00:29:28.90	00:29:47.50	+00:10:22 (35.2%)	5:53	10.2 (65.0%)
91	KOŹLIKOWSKA-WENCKA Magdalena	174		K36-49 lat	40	00:00:28	00:14:19	00:29:31.60	00:30:00.30	+00:10:25 (35.3%)	5:54	10.2 (65.0%)
92	SENSKA Magdalena	368		K36-49 lat	41	00:00:36	00:14:59	00:29:33.35	00:30:10.30	+00:10:27 (35.4%)	5:54	10.1 (64.3%)
93	FRYDRYCHOWICZ Lilianna	83		K50-59 lat	6	00:00:14	00:14:25	00:29:35.65	00:29:50.15	+00:10:29 (35.4%)	5:55	10.1 (64.3%)
94	PALIŃSKA Magdalena	297		K18-35 lat	46	00:00:05	00:13:53	00:29:40.30	00:29:45.30	+00:10:33 (35.6%)	5:56	10.1 (64.3%)
95	JAKUBIK-LORENC Aneta	510		K36-49 lat	42	00:00:26	00:14:50	00:29:40.70	00:30:06.75	+00:10:34 (35.6%)	5:56	10.1 (64.3%)
96	JAKUBOWSKA Anna	121	NIEZRZESZONY	K36-49 lat	43	00:00:04	00:14:40	00:29:41.00	00:29:45.30	+00:10:34 (35.6%)	5:56	10.1 (64.3%)
97	STYPCZYŃSKA Karolina	401		K18-35 lat	47	00:00:25	00:14:57	00:29:41.20	00:30:06.30	+00:10:34 (35.6%)	5:56	10.1 (64.3%)
98	HAJNCE Michalina	109		K18-35 lat	48	00:00:23	00:15:40	00:29:42.10	00:30:06.05	+00:10:35 (35.7%)	5:56	10.1 (64.3%)
99	METZLER Magdalena	245		K18-35 lat	49	00:00:26	00:15:09	00:29:43.35	00:30:10.10	+00:10:37 (35.7%)	5:56	10.1 (64.3%)
100	SOSIŃSKA Izabela	391	X	K36-49 lat	44	00:00:13	00:14:52	00:29:44.75	00:29:58.10	+00:10:38 (35.8%)	5:57	10.1 (64.3%)
101	DZIEDZIC Agnieszka	74		K36-49 lat	45	00:00:13	00:14:53	00:29:44.80	00:29:58.20	+00:10:38 (35.8%)	5:57	10.1 (64.3%)
102	PAWLAK Magdalena	305	WTORKOWY TRENING	K18-35 lat	50	00:00:22	00:15:06	00:29:45.80	00:30:08.30	+00:10:39 (35.8%)	5:57	10.1 (64.3%)
103	GIPP Małgorzata	94		K18-35 lat	51	00:00:12	00:15:10	00:29:50.00	00:30:02.60	+00:10:43 (36.0%)	5:58	10.1 (64.3%)
104	FILIPEK Weronika	78	NEUROSANA	K18-35 lat	52	00:00:13	00:14:33	00:29:53.35	00:30:07.00	+00:10:47 (36.1%)	5:58	10 (63.7%)
105	ALBETZKA Wioleta	5	NEUROSANA	K36-49 lat	46	00:00:13	00:14:33	00:29:53.70	00:30:06.80	+00:10:47 (36.1%)	5:58	10 (63.7%)
106	MSRKIEWICZ Karolina	262		K18-35 lat	53	00:00:05	00:14:14	00:29:53.90	00:29:59.80	+00:10:47 (36.1%)	5:58	10 (63.7%)
107	LEWANDOWSKA-GBYL Kinga	210	NEUROSANA	K36-49 lat	47	00:00:12	00:14:33	00:29:54.70	00:30:07.00	+00:10:48 (36.1%)	5:59	10 (63.7%)
108	DOMINIAK Joanna	66		K36-49 lat	48	00:00:06	00:14:23	00:29:55.30	00:30:01.30	+00:10:48 (36.1%)	5:59	10 (63.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
109	TYLL Anna	438		K36-49 lat	49	00:00:11	00:15:15	00:29:56.20	00:30:08.05	+00:10:49 (36.2%)	5:59	10 (63.7%)
110	KUBIAK-KUJAWA Joanna	186		K18-35 lat	54	00:00:12	00:15:33	00:29:59.15	00:30:11.70	+00:10:52 (36.3%)	5:59	10 (63.7%)
111	PISKORSKA Marta	321		K36-49 lat	50	00:00:32	00:15:43	00:30:00.75	00:30:33.60	+00:10:54 (36.3%)	6:00	10 (63.7%)
112	BISKUP Katarzyna	24		K18-35 lat	55	00:00:26	00:15:41	00:30:01.85	00:30:28.25	+00:10:55 (36.4%)	6:00	10 (63.7%)
113	MORACZEWSKA Angelika	261		K36-49 lat	51	00:00:25	00:15:41	00:30:02.35	00:30:28.25	+00:10:56 (36.4%)	6:00	10 (63.7%)
114	MICHNIEWICZ Małgorzata	249		K36-49 lat	52	00:00:17	00:14:54	00:30:04.95	00:30:22.20	+00:10:58 (36.5%)	6:01	10 (63.7%)
115	BŁAŻEK Kasia	26		K36-49 lat	53	00:00:12	00:14:47	00:30:05.00	00:30:17.70	+00:10:58 (36.5%)	6:01	10 (63.7%)
116	KUKLISOVA Gabriela	195		K36-49 lat	54	00:00:19	00:15:20	00:30:07.25	00:30:26.45	+00:11:00 (36.6%)	6:01	10 (63.7%)
117	TEJZA Sandra	425		K18-35 lat	56	00:00:41	00:14:50	00:30:09.10	00:30:50.20	+00:11:02 (36.6%)	6:01	10 (63.7%)
118	JAGIELSKA Patrycja	119		K18-35 lat	57	00:00:24	00:14:45	00:30:10.10	00:30:34.50	+00:11:03 (36.7%)	6:02	9.9 (63.1%)
119	RICHERT Teresa	342		K36-49 lat	55	00:00:32	00:15:03	00:30:12.10	00:30:44.90	+00:11:05 (36.7%)	6:02	9.9 (63.1%)
120	NIESZCZERZEWSKA Hanna	273		K50-59 lat	7	00:00:26	00:15:36	00:30:14.45	00:30:40.80	+00:11:08 (36.8%)	6:02	9.9 (63.1%)
121	CHMARA Marzenna	44		K50-59 lat	8	00:00:26	00:15:38	00:30:15.05	00:30:41.20	+00:11:08 (36.8%)	6:03	9.9 (63.1%)
122	ZDUNKIEWICZ Hanna	482		K36-49 lat	56	00:00:29	00:15:30	00:30:15.90	00:30:45.65	+00:11:09 (36.9%)	6:03	9.9 (63.1%)
123	MICHALAK Anita	246		K36-49 lat	57	00:00:27	00:15:32	00:30:17.80	00:30:45.70	+00:11:11 (36.9%)	6:03	9.9 (63.1%)
124	TUREK Natalia	434		K18-35 lat	58	00:00:14	00:15:20	00:30:20.40	00:30:35.15	+00:11:14 (37.0%)	6:04	9.9 (63.1%)
125	NAWROCKA Joanna	270		K36-49 lat	58	00:00:03	00:14:51	00:30:21.40	00:30:24.75	+00:11:15 (37.1%)	6:04	9.9 (63.1%)
126	RÓŻYCZKA Joanna	350		K18-35 lat	59	00:00:12	00:14:59	00:30:26.15	00:30:38.15	+00:11:19 (37.2%)	6:05	9.9 (63.1%)
127	GAPSKA Weronika	88		K18-35 lat	60	00:00:26	00:14:49	00:30:28.90	00:30:55.60	+00:11:22 (37.3%)	6:05	9.8 (62.4%)
128	PLATH - KOPERSKA Krystyna	322		K50-59 lat	9	00:00:24	00:15:36	00:30:29.50	00:30:53.90	+00:11:23 (37.3%)	6:05	9.8 (62.4%)
129	NAWROT Katarzyna	272		K36-49 lat	59	00:00:04	00:14:39	00:30:29.90	00:30:34.10	+00:11:23 (37.4%)	6:06	9.8 (62.4%)
130	SŁYSZ-DEC Paulina	385		K18-35 lat	61	00:00:03	00:14:44	00:30:31.00	00:30:34.50	+00:11:24 (37.4%)	6:06	9.8 (62.4%)
131	SUCHARSKA Magdalena	402		K18-35 lat	62	00:00:40	00:14:56	00:30:32.10	00:31:13.00	+00:11:25 (37.4%)	6:06	9.8 (62.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
132	SCHUMACHER-RATAJ Marta	367		K18-35 lat	63	00:00:22	00:14:59	00:30:36.60	00:30:58.75	+00:11:30 (37.6%)	6:07	9.8 (62.4%)
133	DZIKOWSKA Agnieszka	75	MAMUŚKI	K36-49 lat	60	00:00:33	00:16:07	00:30:36.90	00:31:10.40	+00:11:30 (37.6%)	6:07	9.8 (62.4%)
134	GARDYZA Lidia	90		K36-49 lat	61	00:00:04	00:14:54	00:30:41.65	00:30:46.30	+00:11:35 (37.8%)	6:08	9.8 (62.4%)
135	ZIELIŃSKA Izabela	486		K18-35 lat	64	00:00:18	00:15:29	00:30:44.90	00:31:02.95	+00:11:38 (37.9%)	6:08	9.8 (62.4%)
136	UKLEJA Karolina	439		K36-49 lat	62	00:00:31	00:15:28	00:30:50.70	00:31:21.80	+00:11:44 (38.1%)	6:10	9.7 (61.8%)
137	KUJAWA Magdalena	193		K36-49 lat	63	00:00:09	00:15:13	00:30:53.65	00:31:03.30	+00:11:47 (38.2%)	6:10	9.7 (61.8%)
138	WITKOWSKA Lucyna	459		K36-49 lat	64	00:00:09	00:15:13	00:30:53.75	00:31:03.45	+00:11:47 (38.2%)	6:10	9.7 (61.8%)
139	ŚWIERCZYŃSKA Maria	424		K18-35 lat	65	00:00:07	00:14:53	00:30:53.80	00:31:01.30	+00:11:47 (38.2%)	6:10	9.7 (61.8%)
140	PĘZIOŁ Aleksandra	310		K18-35 lat	66	00:00:45	00:16:31	00:30:53.95	00:31:39.10	+00:11:47 (38.2%)	6:10	9.7 (61.8%)
141	POL Małgorzata	327		K36-49 lat	65	00:00:06	00:14:54	00:30:54.60	00:31:01.50	+00:11:48 (38.2%)	6:11	9.7 (61.8%)
142	KRUCZYŃSKA Kamila	180		K18-35 lat	67	00:00:08	00:14:50	00:30:55.50	00:31:03.70	+00:11:49 (38.2%)	6:11	9.7 (61.8%)
143	KOWALSKA Anna	169		K36-49 lat	66	00:00:37	00:16:12	00:30:57.75	00:31:35.05	+00:11:51 (38.3%)	6:11	9.7 (61.8%)
144	JAŹDŹEWSKA Aleksandra	131		K36-49 lat	67	00:00:36	00:16:13	00:30:58.30	00:31:35.20	+00:11:51 (38.3%)	6:11	9.7 (61.8%)
145	SZULTKA Magdalena	419		K18-35 lat	68	00:00:29	00:15:00	00:30:58.90	00:31:28.40	+00:11:52 (38.3%)	6:11	9.7 (61.8%)
146	SIERADZKA Małgorzata	371		K36-49 lat	68	00:00:30	00:15:07	00:31:05.25	00:31:36.20	+00:11:58 (38.5%)	6:13	9.6 (61.1%)
147	ŁUKASZEWSKA Grażyna	226		K36-49 lat	69	00:00:23	00:15:55	00:31:05.75	00:31:29.20	+00:11:59 (38.6%)	6:13	9.6 (61.1%)
148	KONIECZNA Katarzyna	161		K18-35 lat	69	00:00:15	00:15:14	00:31:07.10	00:31:22.85	+00:12:00 (38.6%)	6:13	9.6 (61.1%)
149	BARTKOWIAK Dorota	16		K36-49 lat	70	00:00:42	00:16:00	00:31:07.85	00:31:50.20	+00:12:01 (38.6%)	6:13	9.6 (61.1%)
150	SAWALISCH Beata	365	CENTRUM KLUB SPORTOWY	K36-49 lat	71	00:00:10	00:15:18	00:31:09.75	00:31:20.05	+00:12:03 (38.7%)	6:14	9.6 (61.1%)
151	OLEJNICZAK Magdalena	289	GWIAZDY NESTLE FITNESS	K36-49 lat	72	00:00:21	00:15:44	00:31:09.85	00:31:31.50	+00:12:03 (38.7%)	6:14	9.6 (61.1%)
152	ZUSKA Ewa	490	BUDLEX	K18-35 lat	70	00:00:22	00:15:43	00:31:10.15	00:31:32.60	+00:12:03 (38.7%)	6:14	9.6 (61.1%)
153	BONDAS Marta	27		K18-35 lat	71	00:00:11	00:15:16	00:31:11.00	00:31:22.40	+00:12:04 (38.7%)	6:14	9.6 (61.1%)
154	BARAŃSKA Sylwia	13	PARKRUN BYDGOSZCZ	K36-49 lat	73	00:00:05	00:14:58	00:31:12.50	00:31:18.05	+00:12:06 (38.8%)	6:14	9.6 (61.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
155	SIEG Patrycja	503		K18-35 lat	72	00:00:09	00:16:25	00:31:12.80	00:31:22.15	+00:12:06 (38.8%)	6:14	9.6 (61.1%)
156	MALINOWSKA Agata	511		K36-49 lat	74	00:00:26	00:15:12	00:31:13.95	00:31:40.40	+00:12:07 (38.8%)	6:14	9.6 (61.1%)
157	KRYMER Agnieszka	182		K36-49 lat	75	00:00:15	00:15:59	00:31:16.35	00:31:32.10	+00:12:10 (38.9%)	6:15	9.6 (61.1%)
158	SIWIAK-STARZYŃSKA Joanna	375		K36-49 lat	76	00:00:15	00:15:59	00:31:16.75	00:31:32.10	+00:12:10 (38.9%)	6:15	9.6 (61.1%)
159	RYDELSKA Kinga	357		K36-49 lat	77	00:00:17	00:15:07	00:31:18.35	00:31:35.50	+00:12:12 (39.0%)	6:15	9.6 (61.1%)
160	KLETT Patrycja	157		K18-35 lat	73	00:00:34	00:16:15	00:31:22.10	00:31:56.15	+00:12:15 (39.1%)	6:16	9.6 (61.1%)
161	DAMMER Ewa	59		K18-35 lat	74	00:00:41	00:16:00	00:31:24.55	00:32:06.35	+00:12:18 (39.2%)	6:17	9.5 (60.5%)
162	MARCINKOWSKA Katarzyna	240		K18-35 lat	75	00:00:14	00:15:13	00:31:24.90	00:31:39.65	+00:12:18 (39.2%)	6:17	9.5 (60.5%)
163	PIONTEK Elżbieta	319		K60+	2	00:00:26	00:16:46	00:31:26.20	00:31:53.05	+00:12:19 (39.2%)	6:17	9.5 (60.5%)
164	AUGUSTYNOWICZ Aurelia	10	RCI BYDGOSZCZ	K36-49 lat	78	00:00:16	00:15:46	00:31:27.40	00:31:43.60	+00:12:21 (39.3%)	6:17	9.5 (60.5%)
165	STEFAŃSKA Wiesia	396		K36-49 lat	79	00:00:27	00:15:38	00:31:28.95	00:31:56.55	+00:12:22 (39.3%)	6:17	9.5 (60.5%)
166	TUCZKOWSKA Joanna	433		K18-35 lat	76	00:00:16	00:16:12	00:31:30.10	00:31:46.25	+00:12:23 (39.3%)	6:18	9.5 (60.5%)
167	SKOWRON Monika	379		K36-49 lat	80	00:00:15	00:16:13	00:31:30.30	00:31:46.10	+00:12:23 (39.4%)	6:18	9.5 (60.5%)
168	DOMŻALSKA Katarzyna	67		K18-35 lat	77	00:00:28	00:15:23	00:31:30.75	00:31:58.90	+00:12:24 (39.4%)	6:18	9.5 (60.5%)
169	SAK Ewa	361		K36-49 lat	81	00:00:18	00:15:48	00:31:31.15	00:31:49.55	+00:12:24 (39.4%)	6:18	9.5 (60.5%)
170	KĘDZIERSKA Marzena	150		K36-49 lat	82	00:00:27	00:15:07	00:31:31.40	00:31:58.40	+00:12:25 (39.4%)	6:18	9.5 (60.5%)
171	DŁUGOŃSKA Beata	64		K36-49 lat	83	00:00:07	00:15:18	00:31:32.00	00:31:39.45	+00:12:25 (39.4%)	6:18	9.5 (60.5%)
172	WILIŃSKA Ewelina	453		K18-35 lat	78	00:00:33	00:16:00	00:31:36.20	00:32:09.65	+00:12:29 (39.5%)	6:19	9.5 (60.5%)
173	RÓŻAŃSKA Agnieszka	348	EUROFINANSE TEAM	K36-49 lat	84	00:00:32	00:16:06	00:31:36.85	00:32:09.50	+00:12:30 (39.6%)	6:19	9.5 (60.5%)
174	ALACHNIEWICZ Aleksandra	4		K18-35 lat	79	00:00:08	00:15:20	00:31:38.00	00:31:46.90	+00:12:31 (39.6%)	6:19	9.5 (60.5%)
175	MAKSYMIUK Monika	231		K18-35 lat	80	00:00:16	00:15:54	00:31:38.15	00:31:55.10	+00:12:31 (39.6%)	6:19	9.5 (60.5%)
176	PAWŁOWSKA Marta	306		K18-35 lat	81	00:00:16	00:15:54	00:31:38.55	00:31:55.05	+00:12:32 (39.6%)	6:19	9.5 (60.5%)
177	WALCZAK Joanna	444		K36-49 lat	85	00:00:11	00:15:45	00:31:39.50	00:31:50.65	+00:12:33 (39.6%)	6:19	9.5 (60.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
178	BERNAT Joanna	22		K36-49 lat	86	00:00:31	00:16:22	00:31:42.00	00:32:13.65	+00:12:35 (39.7%)	6:20	9.5 (60.5%)
179	BRETT Diana	30		K50-59 lat	10	00:00:13	00:16:05	00:31:43.05	00:31:56.95	+00:12:36 (39.8%)	6:20	9.5 (60.5%)
180	LEWANDOWSKA Sylwia	206		K36-49 lat	87	00:00:13	00:15:58	00:31:44.95	00:31:58.15	+00:12:38 (39.8%)	6:21	9.4 (59.9%)
181	WALICH Aleksandra	445		K36-49 lat	88	00:00:15	00:15:44	00:31:49.25	00:32:04.50	+00:12:42 (40.0%)	6:21	9.4 (59.9%)
182	SZATKOWSKA Beata	406		K50-59 lat	11	00:00:48	00:15:58	00:31:53.40	00:32:41.75	+00:12:47 (40.1%)	6:22	9.4 (59.9%)
183	WEYNA-KUŹNIAK Anita	451	MAMUŚKI	K36-49 lat	89	00:00:32	00:16:08	00:31:53.45	00:32:25.80	+00:12:47 (40.1%)	6:22	9.4 (59.9%)
184	KUBOWICZ-KAMIŃSKA Hania	187	QBOWICZ RODZINNA MAFIA BIEGOWA	K18-35 lat	82	00:00:51	00:15:57	00:31:56.45	00:32:47.75	+00:12:50 (40.2%)	6:23	9.4 (59.9%)
185	NOWAK Mariola	277		K36-49 lat	90	00:00:07	00:15:39	00:31:59.55	00:32:06.55	+00:12:53 (40.3%)	6:23	9.4 (59.9%)
186	SIUDOWSKA Marta	373		K18-35 lat	83	00:00:28	00:16:15	00:32:00.70	00:32:29.65	+00:12:54 (40.3%)	6:24	9.4 (59.9%)
187	DANIELEWICZ Anna	60		K36-49 lat	91	00:00:08	00:16:10	00:32:00.90	00:32:09.25	+00:12:54 (40.3%)	6:24	9.4 (59.9%)
188	LEWANDOWSKA Magdalena	208		K36-49 lat	92	00:00:08	00:16:10	00:32:01.70	00:32:10.10	+00:12:55 (40.3%)	6:24	9.4 (59.9%)
189	KLAF CZYŃSKA Iwona	155		K36-49 lat	93	00:00:33	00:16:05	00:32:02.35	00:32:35.40	+00:12:56 (40.4%)	6:24	9.4 (59.9%)
190	PAŁGAN Kasia	299		K18-35 lat	84	00:00:07	00:17:00	00:32:03.10	00:32:10.10	+00:12:56 (40.4%)	6:24	9.4 (59.9%)
191	KRAWCZUK Joanna	176		K18-35 lat	85	00:00:32	00:15:50	00:32:04.25	00:32:36.45	+00:12:57 (40.4%)	6:24	9.4 (59.9%)
192	KAZIMIERAK-MALIŃSKA Agnieszka	148		K18-35 lat	86	00:00:36	00:16:14	00:32:07.95	00:32:44.60	+00:13:01 (40.5%)	6:25	9.3 (59.2%)
193	IDCZAK Małgorzata	116		K36-49 lat	94	00:00:35	00:16:06	00:32:14.70	00:32:50.15	+00:13:08 (40.7%)	6:27	9.3 (59.2%)
194	SZPYT Ania	417		K36-49 lat	95	00:00:34	00:16:07	00:32:15.15	00:32:49.95	+00:13:08 (40.8%)	6:27	9.3 (59.2%)
195	ZIOMKOWSKA Beata	488		K18-35 lat	87	00:00:18	00:16:06	00:32:16.65	00:32:35.00	+00:13:10 (40.8%)	6:27	9.3 (59.2%)
196	BRZEZINSKA Kinga	32		K18-35 lat	88	00:00:42	00:16:28	00:32:20.20	00:33:02.55	+00:13:13 (40.9%)	6:28	9.3 (59.2%)
196	KUCZKOWSKA-WRÓBEL Małgorzata	188		K18-35 lat	89	00:00:42	00:16:29	00:32:20.20	00:33:02.45	+00:13:13 (40.9%)	6:28	9.3 (59.2%)
198	MALINOWSKA Joanna	235		K36-49 lat	96	00:00:30	00:16:09	00:32:23.25	00:32:54.10	+00:13:16 (41.0%)	6:28	9.3 (59.2%)
199	KAMIŃSKA Małgorzata	140		K36-49 lat	97	00:00:27	00:17:00	00:32:25.15	00:32:52.45	+00:13:18 (41.1%)	6:29	9.3 (59.2%)
200	KRZYŻANOWSKA Patrycja	184		K18-35 lat	90	00:00:00	00:16:40	00:32:28.10	00:32:28.10	+00:13:21 (41.2%)	6:29	9.2 (58.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
201	STEPKA Monika	397		K18-35 lat	91	00:00:42	00:16:44	00:32:28.65	00:33:11.50	+00:13:22 (41.2%)	6:29	9.2 (58.6%)
202	SEWRUK Iwona	369		K18-35 lat	92	00:00:42	00:16:44	00:32:29.05	00:33:11.70	+00:13:22 (41.2%)	6:29	9.2 (58.6%)
203	SAWARSKA-WILK Agnieszka	366		K36-49 lat	98	00:00:17	00:16:27	00:32:29.40	00:32:46.90	+00:13:23 (41.2%)	6:29	9.2 (58.6%)
204	BARCIKOWSKA Weronika	14		K18-35 lat	93	00:00:27	00:16:16	00:32:30.25	00:32:58.15	+00:13:23 (41.2%)	6:30	9.2 (58.6%)
205	DĘBCZYŃSKA Agnieszka	63	DOBRY KLIMAT	K36-49 lat	99	00:00:25	00:15:36	00:32:31.15	00:32:56.30	+00:13:24 (41.2%)	6:30	9.2 (58.6%)
205	RAKOWSKA Natalia	339	STEPONE GIRLS POWER	K18-35 lat	94	00:00:47	00:16:34	00:32:31.15	00:33:18.90	+00:13:24 (41.2%)	6:30	9.2 (58.6%)
207	CHLEBOSZ Sylwia	43	STEPONE GIRLS POWER	K18-35 lat	95	00:00:47	00:16:34	00:32:31.20	00:33:18.80	+00:13:24 (41.2%)	6:30	9.2 (58.6%)
208	SŁOJEWSKA Dorota	382	STEPONE GIRLS POWER	K18-35 lat	96	00:00:47	00:16:35	00:32:31.50	00:33:19.10	+00:13:25 (41.3%)	6:30	9.2 (58.6%)
209	WITKOWSKA Anna	461	HULAJ TEAM	K36-49 lat	100	00:00:20	00:16:49	00:32:34.10	00:32:54.60	+00:13:27 (41.3%)	6:30	9.2 (58.6%)
210	IDCZAK - BOREK Hanna	117		K36-49 lat	101	00:00:20	00:16:50	00:32:34.30	00:32:54.70	+00:13:27 (41.3%)	6:30	9.2 (58.6%)
211	AMROZIEWICZ Beata	6		K18-35 lat	97	00:00:09	00:16:00	00:32:37.55	00:32:46.80	+00:13:31 (41.4%)	6:31	9.2 (58.6%)
212	CHUDECKA Beata	50	DIABELSKIE PIORUNY	K36-49 lat	102	00:00:34	00:16:38	00:32:45.85	00:33:20.00	+00:13:39 (41.7%)	6:33	9.2 (58.6%)
213	CIESIELSKA Agnieszka	51		K36-49 lat	103	00:00:29	00:16:41	00:32:46.50	00:33:16.05	+00:13:40 (41.7%)	6:33	9.2 (58.6%)
214	GIZINSKA Paulina	95		K36-49 lat	104	00:00:41	00:16:15	00:32:48.65	00:33:30.55	+00:13:42 (41.8%)	6:33	9.1 (58.0%)
215	PIESIK Ewa	313		K18-35 lat	98	00:00:15	00:16:26	00:32:52.20	00:33:07.25	+00:13:45 (41.9%)	6:34	9.1 (58.0%)
216	GRABOWSKA_KUTOWIŃSKA Ewa	104		K36-49 lat	105	00:00:05	00:16:35	00:32:52.60	00:32:58.50	+00:13:46 (41.9%)	6:34	9.1 (58.0%)
217	KAŹMIERCZAK Aleksandra	149	BIEGAJ Z DĘBAMI	K36-49 lat	106	00:00:38	00:16:35	00:32:52.65	00:33:30.85	+00:13:46 (41.9%)	6:34	9.1 (58.0%)
218	KOSTRZEWSKA Dorota	166	CROSFICIARY	K36-49 lat	107	00:00:23	00:17:25	00:32:54.80	00:33:17.95	+00:13:48 (42.0%)	6:34	9.1 (58.0%)
219	TUSZYŃSKA Anna	436		K18-35 lat	99	00:00:18	00:15:36	00:32:56.90	00:33:15.00	+00:13:50 (42.0%)	6:35	9.1 (58.0%)
220	WÓJCIK Monika	469	MW AQUA	K18-35 lat	100	00:00:20	00:16:52	00:32:59.95	00:33:20.50	+00:13:53 (42.1%)	6:36	9.1 (58.0%)
221	KALISIAK Sylwia	138		K36-49 lat	108	00:00:06	00:16:33	00:33:01.40	00:33:07.70	+00:13:55 (42.1%)	6:36	9.1 (58.0%)
222	CIESZYŃSKA Agnieszka	52		K18-35 lat	101	00:00:23	00:16:46	00:33:02.40	00:33:25.85	+00:13:56 (42.2%)	6:36	9.1 (58.0%)
223	KRÓL Hanna	178		K36-49 lat	109	00:00:31	00:16:23	00:33:02.65	00:33:34.10	+00:13:56 (42.2%)	6:36	9.1 (58.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
224	GRABOWSKA Joanna	102		K36-49 lat	110	00:00:07	00:16:11	00:33:03.60	00:33:10.75	+00:13:57 (42.2%)	6:36	9.1 (58.0%)
225	WÓJCIK Anna	468		K36-49 lat	111	00:00:28	00:16:10	00:33:03.90	00:33:32.10	+00:13:57 (42.2%)	6:36	9.1 (58.0%)
225	JAWORSKA Mirosława	129		K60+	3	00:00:24	00:16:38	00:33:03.90	00:33:28.30	+00:13:57 (42.2%)	6:36	9.1 (58.0%)
227	BIAŁACHOWSKA Mariola	23		K36-49 lat	112	00:00:27	00:15:37	00:33:04.35	00:33:31.65	+00:13:58 (42.2%)	6:36	9.1 (58.0%)
228	KASZOWSKA Natalia	144		K18-35 lat	102	00:00:25	00:16:43	00:33:06.25	00:33:32.00	+00:13:59 (42.3%)	6:37	9.1 (58.0%)
229	OLEJNICZAK Hanna	288		K36-49 lat	113	00:00:26	00:16:06	00:33:08.75	00:33:35.30	+00:14:02 (42.4%)	6:37	9 (57.3%)
230	POCZWARDOWSKA Wioletta	324		K36-49 lat	114	00:00:22	00:16:51	00:33:09.05	00:33:31.85	+00:14:02 (42.4%)	6:37	9 (57.3%)
231	HECKERT Ewelina	112		K36-49 lat	115	00:00:40	00:17:32	00:33:09.20	00:33:49.70	+00:14:02 (42.4%)	6:37	9 (57.3%)
232	LISOWIEC Zuzanna	212	LAUREOLA FITNESS	K18-35 lat	103	00:00:39	00:16:35	00:33:11.70	00:33:51.20	+00:14:05 (42.4%)	6:38	9 (57.3%)
233	DURZYŃSKA Anna	72	BUDLEX	K36-49 lat	116	00:00:22	00:17:06	00:33:16.75	00:33:39.20	+00:14:10 (42.6%)	6:39	9 (57.3%)
234	SURDYK Marzena	403	ADHD SQUAD	K36-49 lat	117	00:00:42	00:17:29	00:33:19.30	00:34:02.00	+00:14:12 (42.7%)	6:40	9 (57.3%)
235	NOWAK Aleksandra	276		K18-35 lat	104	00:00:33	00:16:27	00:33:19.35	00:33:52.55	+00:14:13 (42.7%)	6:39	9 (57.3%)
236	JAKUBOWSKA Kasia	122	ADHD SQUAD	K18-35 lat	105	00:00:42	00:17:30	00:33:19.60	00:34:02.50	+00:14:13 (42.7%)	6:40	9 (57.3%)
237	KWIATKOWSKA Malgorzata	200		K18-35 lat	106	00:00:35	00:15:58	00:33:19.70	00:33:54.95	+00:14:13 (42.7%)	6:39	9 (57.3%)
238	MARĆ Agnieszka	242		K36-49 lat	118	00:00:16	00:16:50	00:33:21.60	00:33:38.20	+00:14:15 (42.7%)	6:40	9 (57.3%)
239	SZYMCZAK Elwira	423		K18-35 lat	107	00:00:39	00:16:10	00:33:24.45	00:34:03.50	+00:14:18 (42.8%)	6:40	9 (57.3%)
240	SMOLIŃSKA Beata	387	ZIELONY PELIKAN	K36-49 lat	119	00:00:36	00:17:37	00:33:25.40	00:34:01.80	+00:14:19 (42.8%)	6:41	9 (57.3%)
241	PILARSKA-KENSIK Justyna	318		K36-49 lat	120	00:00:43	00:17:37	00:33:27.30	00:34:10.50	+00:14:20 (42.9%)	6:41	9 (57.3%)
241	LEWANDOWSKA Agnieszka	211		K36-49 lat	121	00:00:43	00:17:37	00:33:27.30	00:34:10.65	+00:14:20 (42.9%)	6:41	9 (57.3%)
243	KUICH Agnieszka	192		K36-49 lat	122	00:00:08	00:15:59	00:33:27.85	00:33:35.95	+00:14:21 (42.9%)	6:41	9 (57.3%)
244	STEFANKO-SKAŁECKA Anna	395		K18-35 lat	108	00:00:40	00:16:58	00:33:28.20	00:34:08.70	+00:14:21 (42.9%)	6:41	9 (57.3%)
245	KUŹNIAK Marta	197		K18-35 lat	109	00:00:21	00:17:37	00:33:28.45	00:33:49.55	+00:14:22 (42.9%)	6:41	9 (57.3%)
246	MATYASH Mariya	243	ZIELONY PELIKAN	K18-35 lat	110	00:00:36	00:17:36	00:33:31.50	00:34:07.85	+00:14:25 (43.0%)	6:42	9 (57.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
247	OLECH Justyna	287	ZIELONY PELIKAN	K18-35 lat	111	00:00:36	00:17:36	00:33:31.70	00:34:07.90	+00:14:25 (43.0%)	6:42	9 (57.3%)
248	WALTER Ania	446		K18-35 lat	112	00:00:27	00:16:20	00:33:33.70	00:34:01.35	+00:14:27 (43.1%)	6:42	8.9 (56.7%)
249	PEPLIŃSKA Joanna	308	KANGOO JUMP ŚWIECIE	K36-49 lat	123	00:00:10	00:16:27	00:33:36.60	00:33:47.00	+00:14:30 (43.2%)	6:43	8.9 (56.7%)
250	MILER Anna	253		K36-49 lat	124	00:00:09	00:16:28	00:33:36.75	00:33:46.40	+00:14:30 (43.2%)	6:43	8.9 (56.7%)
251	ŻUREK Edyta	497	KANGOO JAMPS ŚWIECIE	K36-49 lat	125	00:00:09	00:16:40	00:33:37.95	00:33:46.95	+00:14:31 (43.2%)	6:43	8.9 (56.7%)
252	WIŚNIEWSKA Karolina	456		K18-35 lat	113	00:00:08	00:16:40	00:33:38.30	00:33:46.80	+00:14:31 (43.2%)	6:43	8.9 (56.7%)
253	KOWALSKA Irena	172		K60+	4	00:00:08	00:15:53	00:33:38.60	00:33:47.00	+00:14:32 (43.2%)	6:43	8.9 (56.7%)
254	SKRZYŃSKA Dorota	380		K18-35 lat	114	00:00:10	00:16:35	00:33:40.00	00:33:50.45	+00:14:33 (43.3%)	6:44	8.9 (56.7%)
255	MINISZEWSKA Irena	255		K36-49 lat	126	00:00:23	00:16:37	00:33:45.35	00:34:09.00	+00:14:39 (43.4%)	6:45	8.9 (56.7%)
256	WRZESIŃSKA Katarzyna	473		K18-35 lat	115	00:00:32	00:16:59	00:33:46.70	00:34:19.35	+00:14:40 (43.4%)	6:45	8.9 (56.7%)
257	GÓRSKA Małgorzata	101	ZIELONY PELIKAN	K18-35 lat	116	00:00:36	00:17:37	00:33:47.35	00:34:23.90	+00:14:41 (43.5%)	6:45	8.9 (56.7%)
258	WIŚNIEWSKA Izabela	455		K18-35 lat	117	00:00:31	00:17:17	00:33:48.85	00:34:20.20	+00:14:42 (43.5%)	6:45	8.9 (56.7%)
259	ANDRUSZKIEWICZ Ewa	7		K50-59 lat	12	00:00:40	00:16:38	00:33:49.00	00:34:29.70	+00:14:42 (43.5%)	6:45	8.9 (56.7%)
260	HETZIG Monika	114		K18-35 lat	118	00:00:13	00:18:15	00:33:50.40	00:34:03.45	+00:14:44 (43.5%)	6:46	8.9 (56.7%)
261	SZCZEPANIAK Monika	409		K18-35 lat	119	00:00:06	00:16:33	00:33:52.15	00:33:59.05	+00:14:45 (43.6%)	6:46	8.9 (56.7%)
262	MARCZAK Monika	241		K36-49 lat	127	00:00:07	00:17:00	00:33:52.25	00:33:59.60	+00:14:45 (43.6%)	6:46	8.9 (56.7%)
263	SMOLIŃSKA Daria	388		K18-35 lat	120	00:00:18	00:16:11	00:33:52.55	00:34:11.15	+00:14:46 (43.6%)	6:46	8.9 (56.7%)
264	WYCZLING Agnieszka	474	INNOVAD TEAM	K36-49 lat	128	00:00:05	00:16:22	00:33:53.25	00:33:58.90	+00:14:46 (43.6%)	6:46	8.9 (56.7%)
265	ADAMCZAK Ewa	1		K36-49 lat	129	00:00:05	00:16:22	00:33:53.45	00:33:59.05	+00:14:47 (43.6%)	6:46	8.8 (56.1%)
266	GRABSKA-ZIELIŃSKA Sylwia	105		K18-35 lat	121	00:00:25	00:16:03	00:33:53.65	00:34:18.70	+00:14:47 (43.6%)	6:46	8.9 (56.7%)
267	POKORA Monika	326		K36-49 lat	130	00:00:09	00:16:20	00:33:57.95	00:34:07.35	+00:14:51 (43.7%)	6:47	8.8 (56.1%)
268	ZIELIŃSKA Dorota	509		K36-49 lat	131	00:00:28	00:16:24	00:33:58.65	00:34:27.30	+00:14:52 (43.8%)	6:47	8.8 (56.1%)
269	KWASIGROCH Aleksandra	199		K36-49 lat	132	00:00:19	00:16:23	00:34:06.60	00:34:26.00	+00:15:00 (44.0%)	6:49	8.8 (56.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
270	PATYK Klaudia	304		K18-35 lat	122	00:00:16	00:15:55	00:34:06.85	00:34:22.95	+00:15:00 (44.0%)	6:49	8.8 (56.1%)
271	LUTOMSKA Magdalena	216		K18-35 lat	123	00:00:10	00:16:34	00:34:09.35	00:34:20.25	+00:15:03 (44.1%)	6:50	8.8 (56.1%)
272	BUKLEWSKA Katarzyna	40		K18-35 lat	124	00:00:04	00:15:54	00:34:11.00	00:34:15.90	+00:15:04 (44.1%)	6:50	8.8 (56.1%)
273	JARMOŁOWICZ Aleksandra	123		K18-35 lat	125	00:00:14	00:17:18	00:34:12.50	00:34:26.70	+00:15:06 (44.1%)	6:50	8.8 (56.1%)
274	KUCZYŃSKA Agnieszka	189		K36-49 lat	133	00:00:20	00:16:40	00:34:13.75	00:34:33.75	+00:15:07 (44.2%)	6:50	8.8 (56.1%)
275	TYKWIŃSKA Katarzyna	437		K36-49 lat	134	00:00:05	00:16:31	00:34:16.40	00:34:22.15	+00:15:10 (44.3%)	6:51	8.8 (56.1%)
276	GÓLCZ Katarzyna	98		K18-35 lat	126	00:00:05	00:16:31	00:34:16.90	00:34:22.10	+00:15:10 (44.3%)	6:51	8.8 (56.1%)
277	PIETRZAK Monika	314		K18-35 lat	127	00:00:30	00:17:31	00:34:26.10	00:34:56.50	+00:15:19 (44.5%)	6:53	8.7 (55.4%)
278	TOMASIK Aleksandra	428		K36-49 lat	135	00:00:37	00:17:43	00:34:30.70	00:35:08.20	+00:15:24 (44.6%)	6:54	8.7 (55.4%)
279	MOCNA Anna	260		K18-35 lat	128	00:00:14	00:17:16	00:34:31.45	00:34:46.40	+00:15:25 (44.7%)	6:54	8.7 (55.4%)
280	WESÓŁ Violetta	450		K36-49 lat	136	00:00:13	00:16:45	00:34:33.20	00:34:46.80	+00:15:26 (44.7%)	6:54	8.7 (55.4%)
281	WITKOWSKA Joanna	460		K36-49 lat	137	00:00:40	00:17:34	00:34:33.70	00:35:14.50	+00:15:27 (44.7%)	6:54	8.7 (55.4%)
282	JAROSIŃSKA Romana	125		K36-49 lat	138	00:00:40	00:17:34	00:34:34.00	00:35:14.35	+00:15:27 (44.7%)	6:54	8.7 (55.4%)
283	WENERSKA Magdalena	448	DIABELSKIE PIORUNY	K36-49 lat	139	00:00:35	00:17:29	00:34:34.05	00:35:09.55	+00:15:27 (44.7%)	6:54	8.7 (55.4%)
284	KUŻNIEWSKA Aleksandra	198		K36-49 lat	140	00:00:16	00:17:14	00:34:36.00	00:34:52.60	+00:15:29 (44.8%)	6:55	8.7 (55.4%)
285	HARCZENKO Klaudia	111		K18-35 lat	129	00:00:17	00:16:22	00:34:36.45	00:34:53.95	+00:15:30 (44.8%)	6:55	8.7 (55.4%)
286	KILIŃSKA Magdalena	153	HELIX POMATIA	K36-49 lat	141	00:00:06	00:16:45	00:34:37.10	00:34:43.40	+00:15:30 (44.8%)	6:55	8.7 (55.4%)
287	SZEWCZYK Katarzyna	415		K36-49 lat	142	00:00:28	00:17:00	00:34:37.45	00:35:06.40	+00:15:31 (44.8%)	6:55	8.7 (55.4%)
288	ŁAZARSKA Joanna	221		K18-35 lat	130	00:00:23	00:16:48	00:34:37.50	00:35:00.85	+00:15:31 (44.8%)	6:55	8.7 (55.4%)
289	DOMŻALSKA Sławomira	68		K36-49 lat	143	00:00:25	00:17:09	00:34:40.50	00:35:05.90	+00:15:34 (44.9%)	6:56	8.7 (55.4%)
290	NAWROCKA Martyna	268		K18-35 lat	131	00:00:41	00:17:25	00:34:40.55	00:35:22.30	+00:15:34 (44.9%)	6:56	8.6 (54.8%)
291	BURNICKA Ewa	41		K36-49 lat	144	00:00:24	00:17:10	00:34:40.95	00:35:05.75	+00:15:34 (44.9%)	6:56	8.6 (54.8%)
292	WYPYCH-KLUNDER Katarzyna	476		K36-49 lat	145	00:00:24	00:17:51	00:34:44.70	00:35:08.95	+00:15:38 (45.0%)	6:56	8.6 (54.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
293	LIZOŃ Kamila	213		K18-35 lat	132	00:00:34	00:17:41	00:34:45.95	00:35:20.55	+00:15:39 (45.0%)	6:57	8.6 (54.8%)
294	KOSAKOWSKA Dominika	165		K18-35 lat	133	00:00:06	00:16:53	00:34:51.35	00:34:58.15	+00:15:45 (45.2%)	6:58	8.6 (54.8%)
295	RUTKOWSKA Oriana	354	SERVITOR	K18-35 lat	134	00:00:41	00:16:48	00:34:55.00	00:35:36.75	+00:15:48 (45.3%)	6:59	8.6 (54.8%)
296	DEPTUŁA Dominika	62		K18-35 lat	135	00:00:09	00:17:07	00:34:56.70	00:35:06.50	+00:15:50 (45.3%)	6:59	8.6 (54.8%)
297	KRANZ Kinga	175		K36-49 lat	146	00:00:09	00:16:38	00:34:58.10	00:35:07.60	+00:15:51 (45.4%)	6:59	8.6 (54.8%)
298	ŁAKOMSKA - OPALA Iwona	220		K36-49 lat	147	00:00:33	00:16:47	00:34:59.90	00:35:33.50	+00:15:53 (45.4%)	7:00	8.6 (54.8%)
299	MURACH-JAGŁA Dorota	263		K50-59 lat	13	00:00:19	00:16:41	00:35:02.45	00:35:21.45	+00:15:56 (45.5%)	7:00	8.6 (54.8%)
300	DZIŻA-KONICZYŃSKA Zuzanna	76	BYDGOSKI KLUB MORSÓW	K36-49 lat	148	00:00:07	00:17:16	00:35:03.05	00:35:10.90	+00:15:56 (45.5%)	7:00	8.6 (54.8%)
301	KUBERA Monika	185		K36-49 lat	149	00:00:19	00:17:37	00:35:05.75	00:35:25.45	+00:15:59 (45.6%)	7:01	8.5 (54.1%)
302	GORGOL Daria	97		K18-35 lat	136	00:00:32	00:17:38	00:35:05.80	00:35:37.90	+00:15:59 (45.6%)	7:01	8.6 (54.8%)
303	KULWICKA Aneta	196		K36-49 lat	150	00:00:31	00:17:39	00:35:06.40	00:35:38.20	+00:16:00 (45.6%)	7:01	8.5 (54.1%)
304	KOWALSKA Juka	170		K18-35 lat	137	00:00:37	00:17:20	00:35:08.75	00:35:46.65	+00:16:02 (45.6%)	7:01	8.5 (54.1%)
305	BANASZAK Ilona	12		K50-59 lat	14	00:00:25	00:17:03	00:35:10.05	00:35:35.40	+00:16:03 (45.7%)	7:02	8.5 (54.1%)
306	STACHÓLEC Adela	394		K36-49 lat	151	00:00:08	00:16:57	00:35:11.20	00:35:19.70	+00:16:04 (45.7%)	7:02	8.5 (54.1%)
307	RYCHLICKA Agnieszka	356		K36-49 lat	152	00:00:25	00:17:09	00:35:21.80	00:35:47.30	+00:16:15 (46.0%)	7:04	8.5 (54.1%)
308	MIKULSKA Dominika	252		K18-35 lat	138	00:00:18	00:16:49	00:35:24.95	00:35:43.55	+00:16:18 (46.1%)	7:05	8.5 (54.1%)
309	WIŚNIEWSKA Ewa	454		K50-59 lat	15	00:00:35	00:17:57	00:35:32.45	00:36:07.45	+00:16:26 (46.2%)	7:06	8.4 (53.5%)
310	PASIEKA Magda	302	OSP NAKŁO	K36-49 lat	153	00:00:34	00:17:58	00:35:32.80	00:36:07.75	+00:16:26 (46.3%)	7:06	8.4 (53.5%)
311	SZTOLIN Sylwia	501	BYDGOSKI KLUB MORSÓW	K36-49 lat	154	00:00:07	00:16:59	00:35:34.80	00:35:42.75	+00:16:28 (46.3%)	7:07	8.4 (53.5%)
312	NOWACKA Roksana	275		K18-35 lat	139	00:00:37	00:17:55	00:35:36.50	00:36:14.40	+00:16:30 (46.3%)	7:07	8.4 (53.5%)
313	RYTLEWSKA Alicja	358		K18-35 lat	140	00:00:45	00:17:31	00:35:40.00	00:36:25.80	+00:16:33 (46.4%)	7:08	8.4 (53.5%)
314	REDECKA Sylwia	341		K36-49 lat	155	00:00:18	00:17:53	00:35:48.55	00:36:06.60	+00:16:42 (46.6%)	7:09	8.4 (53.5%)
315	BEMBNISTA Agnieszka	21		K36-49 lat	156	00:00:17	00:17:54	00:35:48.65	00:36:06.45	+00:16:42 (46.6%)	7:09	8.4 (53.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
316	WAŚNIEWSKA Hanna	447		K36-49 lat	157	00:00:17	00:17:54	00:35:48.95	00:36:06.20	+00:16:42 (46.7%)	7:09	8.4 (53.5%)
317	ZALEWSKA Alina	479	DIABELSKIE PIORUNY	K36-49 lat	158	00:00:35	00:17:43	00:35:50.00	00:36:25.60	+00:16:43 (46.7%)	7:10	8.4 (53.5%)
318	FEDEK Natalia	77		K18-35 lat	141	00:00:07	00:17:08	00:35:50.70	00:35:58.25	+00:16:44 (46.7%)	7:10	8.4 (53.5%)
319	KAWECKA Marzena	146	CROSFICIARY	K18-35 lat	142	00:00:22	00:17:48	00:35:59.35	00:36:22.00	+00:16:53 (46.9%)	7:12	8.3 (52.9%)
320	RUPIŃSKA Justyna	351		K36-49 lat	159	00:00:36	00:17:27	00:36:01.15	00:36:37.70	+00:16:54 (47.0%)	7:12	8.3 (52.9%)
321	OJRZANOWSKA Maria	286		K36-49 lat	160	00:00:38	00:17:55	00:36:01.25	00:36:39.70	+00:16:54 (47.0%)	7:12	8.3 (52.9%)
322	OSTROWSKA Renata	293		K36-49 lat	161	00:00:38	00:17:56	00:36:01.50	00:36:39.60	+00:16:55 (47.0%)	7:12	8.3 (52.9%)
323	TEWS Marzena	426		K36-49 lat	162	00:00:38	00:17:56	00:36:01.55	00:36:39.60	+00:16:55 (47.0%)	7:12	8.3 (52.9%)
324	LESZCZYŃSKA Joanna	203		K18-35 lat	143	00:00:40	00:18:25	00:36:01.80	00:36:42.70	+00:16:55 (47.0%)	7:12	8.3 (52.9%)
325	JAWORSKA KACZMAREK Sylwia	130	#4FAJTER	K36-49 lat	163	00:00:37	00:17:57	00:36:02.05	00:36:39.85	+00:16:55 (47.0%)	7:12	8.3 (52.9%)
326	KOPROWSKA Aleksandra	162		K18-35 lat	144	00:00:33	00:18:01	00:36:06.05	00:36:39.55	+00:16:59 (47.1%)	7:13	8.3 (52.9%)
327	UMIEJSKA Emilia	441		K18-35 lat	145	00:00:43	00:17:58	00:36:12.80	00:36:56.45	+00:17:06 (47.2%)	7:14	8.3 (52.9%)
328	KUFEL Maria	190		K18-35 lat	146	00:00:15	00:16:35	00:36:15.90	00:36:31.10	+00:17:09 (47.3%)	7:15	8.3 (52.9%)
329	WRUK Justyna	472	DIABELSKIE PIORUNY	K36-49 lat	164	00:00:35	00:18:00	00:36:22.05	00:36:57.50	+00:17:15 (47.5%)	7:16	8.2 (52.2%)
330	STUCZYŃSKA Paulina	400		K18-35 lat	147	00:00:09	00:17:33	00:36:30.65	00:36:40.15	+00:17:24 (47.7%)	7:18	8.2 (52.2%)
331	KARPIŃSKA Asia	142		K36-49 lat	165	00:00:27	00:17:42	00:36:33.05	00:37:00.55	+00:17:26 (47.7%)	7:18	8.2 (52.2%)
332	SIRANT-LITWA Monika	372		K18-35 lat	148	00:00:11	00:17:01	00:36:35.50	00:36:46.95	+00:17:29 (47.8%)	7:19	8.2 (52.2%)
333	BAK Paulina	17		K18-35 lat	149	00:00:11	00:17:01	00:36:35.90	00:36:47.05	+00:17:29 (47.8%)	7:19	8.2 (52.2%)
334	SWOBODZIŃSKA Agata	404		K36-49 lat	166	00:00:36	00:18:12	00:36:36.10	00:37:12.20	+00:17:29 (47.8%)	7:19	8.2 (52.2%)
335	WIŚNIEWSKA Dorota	457		K36-49 lat	167	00:00:36	00:18:12	00:36:36.45	00:37:12.55	+00:17:30 (47.8%)	7:19	8.2 (52.2%)
336	WOJCIECHOWSKA Dagmara	463	-	K36-49 lat	168	00:00:09	00:17:08	00:36:37.45	00:36:46.65	+00:17:31 (47.8%)	7:19	8.2 (52.2%)
337	BUBACZ Dominika	37		K36-49 lat	169	00:00:10	00:14:28	00:36:37.60	00:36:48.20	+00:17:31 (47.8%)	7:19	8.2 (52.2%)
338	SKORUPA Gosia	378	WALECZNE SERCE	K36-49 lat	170	00:00:02	00:17:57	00:36:37.90	00:36:40.65	+00:17:31 (47.8%)	7:19	8.2 (52.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
339	NOWAKOWSKA-SZWAJCA Anna	280		K36-49 lat	171	00:00:24	00:18:14	00:36:42.25	00:37:07.05	+00:17:35 (47.9%)	7:20	8.2 (52.2%)
340	ZMUDZIŃSKA Anna	489	TEAMRUN KCYNIA	K36-49 lat	172	00:00:44	00:18:21	00:36:55.50	00:37:39.75	+00:17:49 (48.3%)	7:23	8.1 (51.6%)
341	NAWROCKA Karolina	269	TESSA-DOM	K18-35 lat	150	00:00:13	00:18:18	00:37:02.55	00:37:15.60	+00:17:56 (48.4%)	7:24	8.1 (51.6%)
342	ROZMARYNOWICZ Anna	513	MORSY Z ZALESIA	K36-49 lat	173	00:00:28	00:17:29	00:37:08.95	00:37:37.10	+00:18:02 (48.6%)	7:25	8.1 (51.6%)
343	SZCZAP Natalia	407		K18-35 lat	151	00:00:45	00:18:18	00:37:15.60	00:38:01.50	+00:18:09 (48.7%)	7:27	8.1 (51.6%)
344	KOWALSKA Irena	173		K60+	5	00:00:21	00:18:42	00:37:20.45	00:37:41.55	+00:18:14 (48.8%)	7:28	8 (51.0%)
345	MALCHERCZYK Ineza	232		K50-59 lat	16	00:00:22	00:18:18	00:37:23.95	00:37:46.85	+00:18:17 (48.9%)	7:28	8 (51.0%)
346	PLOMINSKA Monika	323		K18-35 lat	152	00:00:07	00:17:47	00:37:28.20	00:37:35.80	+00:18:21 (49.0%)	7:29	8 (51.0%)
347	NOWAKOWSKA Katarzyna	281		K36-49 lat	174	00:00:07	00:17:47	00:37:28.50	00:37:36.00	+00:18:22 (49.0%)	7:29	8 (51.0%)
348	KORPAL Ilona	163		K36-49 lat	175	00:00:06	00:18:19	00:37:46.90	00:37:53.60	+00:18:40 (49.4%)	7:33	7.9 (50.3%)
349	GRABOWSKA Ilona	103	WATAHA - ŁĄCZY NAS BIEGANIE	K36-49 lat	176	00:00:22	00:18:20	00:37:57.95	00:38:20.70	+00:18:51 (49.7%)	7:35	7.9 (50.3%)
350	KRĘCICKA Ewa	177		K36-49 lat	177	00:00:41	00:18:34	00:37:58.80	00:38:40.40	+00:18:52 (49.7%)	7:35	7.9 (50.3%)
351	KLAWIKOWSKA Agnieszka	156	TESSA-DOM	K36-49 lat	178	00:00:13	00:18:18	00:38:01.75	00:38:15.70	+00:18:55 (49.8%)	7:36	7.9 (50.3%)
352	RUTKOWSKA Mariola	507		K18-35 lat	153	00:00:23	00:18:27	00:38:02.05	00:38:25.85	+00:18:55 (49.8%)	7:36	7.9 (50.3%)
353	PASIUT Bogumiła	303	TESSA - DOM	K36-49 lat	179	00:00:13	00:18:19	00:38:02.30	00:38:15.65	+00:18:55 (49.8%)	7:36	7.9 (50.3%)
354	KOSZOWSKA Ania	167	1BLOG	K36-49 lat	180	00:00:45	00:18:01	00:38:06.00	00:38:51.50	+00:18:59 (49.9%)	7:37	7.9 (50.3%)
355	SZCZEPANEK-KOZIŃSKA Justyna	408	BYDGOSKIE ŻÓŁWIE	K36-49 lat	181	00:00:45	00:18:02	00:38:06.25	00:38:51.60	+00:18:59 (49.9%)	7:37	7.9 (50.3%)
356	SAKWIŃSKA Aleksandra	363		K18-35 lat	154	00:00:21	00:18:39	00:38:06.65	00:38:27.75	+00:19:00 (49.9%)	7:37	7.9 (50.3%)
357	BRUZDEWICZ Kamilla	31		K36-49 lat	182	00:00:44	00:18:43	00:38:12.45	00:38:57.20	+00:19:06 (50.0%)	7:38	7.8 (49.7%)
358	OBREMSKA Magdalena	285		K36-49 lat	183	00:00:25	00:18:52	00:38:12.50	00:38:38.00	+00:19:06 (50.0%)	7:38	7.8 (49.7%)
359	MOCHOCKA Anna	259		K18-35 lat	155	00:00:44	00:18:24	00:38:14.95	00:38:59.10	+00:19:08 (50.0%)	7:39	7.8 (49.7%)
360	KOWALSKA Anna	171		K36-49 lat	184	00:00:44	00:18:18	00:38:20.35	00:39:04.90	+00:19:14 (50.2%)	7:40	7.8 (49.7%)
361	ROMANOWSKA Sylwia	346		K36-49 lat	185	00:00:19	00:18:46	00:38:29.60	00:38:49.40	+00:19:23 (50.4%)	7:42	7.8 (49.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
362	TOMCZAK Kinga	429		K18-35 lat	156	00:00:39	00:20:25	00:38:30.45	00:39:09.80	+00:19:24 (50.4%)	7:42	7.8 (49.7%)
363	HEJZA-KLIMCZAK Magda	113	MUKS REKIN	K36-49 lat	186	00:00:36	00:18:49	00:38:33.55	00:39:10.40	+00:19:27 (50.5%)	7:42	7.8 (49.7%)
364	PACZYŃSKA Katarzyna	295		K36-49 lat	187	00:00:12	00:19:21	00:38:38.00	00:38:50.55	+00:19:31 (50.5%)	7:43	7.8 (49.7%)
365	ROMPALSKA Lucyna	347		K36-49 lat	188	00:00:12	00:19:19	00:38:38.25	00:38:50.25	+00:19:31 (50.6%)	7:43	7.8 (49.7%)
366	MALINOWSKA Justyna	234		K36-49 lat	189	00:00:11	00:18:36	00:38:41.35	00:38:52.50	+00:19:35 (50.6%)	7:44	7.8 (49.7%)
367	GRALAK Anna	106		K18-35 lat	157	00:00:44	00:18:40	00:38:48.80	00:39:33.65	+00:19:42 (50.8%)	7:45	7.7 (49.0%)
368	MARACH-NEUMANN Monika	238		K36-49 lat	190	00:00:44	00:18:19	00:38:49.25	00:39:33.50	+00:19:42 (50.8%)	7:45	7.7 (49.0%)
369	MISUN Mariola	257	AMS	K60+	6	00:00:46	00:18:59	00:38:58.50	00:39:45.15	+00:19:52 (51.0%)	7:47	7.7 (49.0%)
370	SOKOŁOWSCY Joanna	390		K36-49 lat	191	00:00:21	00:18:35	00:39:03.00	00:39:24.35	+00:19:56 (51.1%)	7:48	7.7 (49.0%)
371	SUŁKOWSKA Jadwiga	502	BYDGOSKI KLUB MORSÓW	K36-49 lat	192	00:00:07	00:18:42	00:39:10.75	00:39:18.20	+00:20:04 (51.2%)	7:50	7.7 (49.0%)
372	MUSZYŃSKA Kamila	264		K36-49 lat	193	00:00:20	00:19:06	00:39:24.25	00:39:44.55	+00:20:17 (51.5%)	7:52	7.6 (48.4%)
373	HEYMANN Maria	115		K50-59 lat	17	00:00:30	00:19:14	00:39:26.10	00:39:56.45	+00:20:19 (51.6%)	7:53	7.6 (48.4%)
374	RZESZOTARSKA Dorota	359	#BBKTS	K36-49 lat	194	00:00:23	00:19:13	00:39:31.60	00:39:55.25	+00:20:25 (51.7%)	7:54	7.6 (48.4%)
375	CYCHOWSKA Anna	54		K36-49 lat	195	00:00:39	00:19:12	00:39:47.15	00:40:26.65	+00:20:40 (52.0%)	7:57	7.5 (47.8%)
376	TOPOLEWSKA Sylwia	431		K18-35 lat	158	00:00:20	00:18:58	00:39:47.60	00:40:08.10	+00:20:41 (52.0%)	7:57	7.5 (47.8%)
377	SZRAMSKA Violetta	418	LEOŚ TEAM	K36-49 lat	196	00:00:33	00:18:28	00:39:48.00	00:40:21.50	+00:20:41 (52.0%)	7:57	7.5 (47.8%)
378	ŁAKOMSKA Anna	219	LEOŚ TEAM	K36-49 lat	197	00:00:33	00:19:02	00:39:48.15	00:40:21.45	+00:20:41 (52.0%)	7:57	7.5 (47.8%)
379	KASPRZYK Daria	143		K18-35 lat	159	00:00:46	00:19:51	00:39:52.10	00:40:39.00	+00:20:45 (52.1%)	7:58	7.5 (47.8%)
380	GROT Monika	108		K36-49 lat	198	00:00:46	00:19:51	00:39:52.20	00:40:39.00	+00:20:45 (52.1%)	7:58	7.5 (47.8%)
381	SZYDLIK Marzena	421		K18-35 lat	160	00:00:21	00:19:05	00:40:03.70	00:40:24.95	+00:20:57 (52.3%)	8:00	7.5 (47.8%)
382	CZERWIŃSKA Ewelina	56		K18-35 lat	161	00:00:32	00:19:02	00:40:07.90	00:40:40.15	+00:21:01 (52.4%)	8:01	7.5 (47.8%)
383	SPLITT Anna	393		K36-49 lat	199	00:00:45	00:19:35	00:40:17.15	00:41:02.75	+00:21:10 (52.6%)	8:03	7.4 (47.1%)
384	CHMIEL Anna	45		K18-35 lat	162	00:00:45	00:19:35	00:40:17.40	00:41:02.75	+00:21:11 (52.6%)	8:03	7.4 (47.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
385	MARCINIAK Jolanta	239		K36-49 lat	200	00:00:21	00:19:31	00:40:31.45	00:40:52.50	+00:21:25 (52.9%)	8:06	7.4 (47.1%)
386	LESZCZYŃSKA Alicja	504		K18-35 lat	163	00:00:43	00:19:49	00:40:33.40	00:41:16.85	+00:21:27 (52.9%)	8:06	7.4 (47.1%)
387	KOLASIŃSKA Edyta	505		K60+	7	00:00:42	00:19:50	00:40:33.90	00:41:16.80	+00:21:27 (52.9%)	8:06	7.4 (47.1%)
388	MICHAŁEK Ania	248		K18-35 lat	164	00:00:39	00:20:27	00:40:39.95	00:41:19.60	+00:21:33 (53.0%)	8:08	7.4 (47.1%)
389	UMIŃSKA-BERG Joanna	442		K18-35 lat	165	00:00:41	00:19:57	00:40:46.85	00:41:28.45	+00:21:40 (53.1%)	8:09	7.4 (47.1%)
390	GERCZYŃSKA Elżbieta	508		K36-49 lat	201	00:00:41	00:19:56	00:40:47.05	00:41:28.30	+00:21:40 (53.2%)	8:09	7.4 (47.1%)
391	BARTELA Alicja	15		K18-35 lat	166	00:00:31	00:19:53	00:40:57.80	00:41:29.30	+00:21:51 (53.4%)	8:11	7.3 (46.5%)
392	RAMPALSKA Ewa	340		K50-59 lat	18	00:00:06	00:20:15	00:41:08.60	00:41:15.30	+00:22:02 (53.6%)	8:13	7.3 (46.5%)
393	KŁACZYŃSKA Ewa	158		K36-49 lat	202	00:00:16	00:20:03	00:41:26.50	00:41:42.95	+00:22:20 (53.9%)	8:17	7.2 (45.9%)
394	SŁUPIKOWSKA Magdalena	384		K18-35 lat	167	00:00:09	00:19:04	00:41:29.15	00:41:39.10	+00:22:22 (53.9%)	8:18	7.2 (45.9%)
395	GAURA Anna	91		K18-35 lat	168	00:00:39	00:20:23	00:41:50.80	00:42:29.80	+00:22:44 (54.3%)	8:22	7.2 (45.9%)
396	BEDNAREK Justyna	20		K36-49 lat	203	00:00:39	00:21:44	00:41:54.90	00:42:34.85	+00:22:48 (54.4%)	8:23	7.2 (45.9%)
397	MIKOŁAJCZYK Joanna	251		K18-35 lat	169	00:00:29	00:19:43	00:42:00.10	00:42:29.65	+00:22:53 (54.5%)	8:24	7.1 (45.2%)
398	KATAFIASZ Anna	145		K18-35 lat	170	00:00:29	00:19:43	00:42:00.45	00:42:30.00	+00:22:54 (54.5%)	8:24	7.1 (45.2%)
399	BOROWIAK Agnieszka	28		K36-49 lat	204	00:00:43	00:19:55	00:42:07.85	00:42:51.55	+00:23:01 (54.7%)	8:25	7.1 (45.2%)
400	GROCHOWSKA Ania	107		K18-35 lat	171	00:00:49	00:19:40	00:42:19.05	00:43:08.75	+00:23:12 (54.9%)	8:27	7.1 (45.2%)
401	LIZOŃ Barbara	214		K36-49 lat	205	00:00:18	00:20:15	00:42:32.95	00:42:51.85	+00:23:26 (55.1%)	8:30	7.1 (45.2%)
402	WITKIEWICZ-ŁUKASZEK Sandra	458		K18-35 lat	172	00:00:39	00:21:03	00:42:55.85	00:43:35.00	+00:23:49 (55.5%)	8:35	7 (44.6%)
403	BEDNAREK Julia	19		K18-35 lat	173	00:00:40	00:21:43	00:45:31.95	00:46:11.95	+00:26:25 (58.0%)	9:06	6.6 (42.0%)
404	LEŚNIAK Oliwia	204	KULAWE PADALCE	K18-35 lat	174	00:00:30	00:23:24	00:47:21.25	00:47:51.90	+00:28:14 (59.7%)	9:28	6.3 (40.1%)
405	SIDOROWICZ Ewa	370	WILCZAK	K50-59 lat	19	00:00:49	00:23:29	00:48:40.10	00:49:29.90	+00:29:33 (60.7%)	9:44	6.2 (39.5%)
406	WIECZOREK-KISTOWSKA Alina	452	MPK POZNAŃ	K50-59 lat	20	00:00:48	00:25:08	00:50:37.25	00:51:25.80	+00:31:30 (62.3%)	10:07	5.9 (37.6%)
407	ZIĘTEK Ewelina	487		K36-49 lat	206	00:00:13	00:18:06			+00:08:28	7:14	8.3 (52.9%)

