



**Organizator:** Green House / Budlex  
**Data:** 2019-06-09  
**Miejsce:** Olsztyn  
**Dystans:** 5 km

## RUN BUDLEX FOR WOMEN

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K18-35 lat

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	WUJKOWSKA Izabela	255		K20-35 lat	1	00:00:01	00:20:57.40	00:20:59.20		4:11	14.3 (100%)
2	STACHELEK Kamila	217		K20-35 lat	2	00:00:02	00:21:46.65	00:21:48.70	+00:00:49 (3.8%)	4:21	13.8 (96.5%)
3	WASIAK Miłosława	242	PSZCZÓŁKOWSKI TEAM	K20-35 lat	3	00:00:02	00:21:50.85	00:21:53.45	+00:00:53 (4.1%)	4:22	13.7 (95.8%)
4	BOGUSZ Justyna	29	KUROPATWA TEAM	K20-35 lat	4	00:00:02	00:22:22.25	00:22:25.20	+00:01:24 (6.3%)	4:28	13.4 (93.7%)
5	DREŹEK Ewelina	63	AMATORSKI KLUB MARATOŃCZYKA OLSZTYN	K20-35 lat	5	00:00:01	00:22:29.55	00:22:31.05	+00:01:32 (6.8%)	4:30	13.3 (93.0%)
6	MAJEWSKA Agata	142	OSIR LIDZBARK WARMINSKI	K20-35 lat	6	00:00:02	00:23:23.75	00:23:26.65	+00:02:26 (10.4%)	4:40	12.8 (89.5%)
7	KONOPKA Monika	120	SĄ WOLNIEJSI	K20-35 lat	7	00:00:07	00:23:50.10	00:23:57.10	+00:02:52 (12.1%)	4:46	12.6 (88.1%)
8	SADRINA Paulina	200	PSZCZÓŁKOWSKI TEAM	K20-35 lat	8	00:00:01	00:23:57.30	00:23:59.05	+00:02:59 (12.5%)	4:47	12.5 (87.4%)
9	WIESZEŃ Justyna	247		K20-35 lat	9	00:00:04	00:23:58.85	00:24:03.70	+00:03:01 (12.6%)	4:47	12.5 (87.4%)
10	DĄBROWSKA Ania	53		K20-35 lat	10	00:00:03	00:24:29.20	00:24:32.30	+00:03:31 (14.4%)	4:53	12.3 (86.0%)
11	KLAWIKOWSKA Kamila	115		K20-35 lat	11	00:00:03	00:24:58.80	00:25:02.30	+00:04:01 (16.1%)	4:59	12 (83.9%)
12	GŁOWNIA Zuzanna	77		K20-35 lat	12	00:00:16	00:25:11.25	00:25:27.45	+00:04:13 (16.8%)	5:02	11.9 (83.2%)
13	PECZYŃSKA Paulina	172		K20-35 lat	13	00:00:02	00:25:15.90	00:25:18.30	+00:04:18 (17.1%)	5:03	11.9 (83.2%)
14	GORTATOWSKA Marlena	78		K20-35 lat	14	00:00:06	00:25:19.85	00:25:26.15	+00:04:22 (17.3%)	5:04	11.8 (82.5%)
15	HARENDA Róża	90	HARENDZIAKI	K20-35 lat	15	00:00:05	00:25:23.05	00:25:28.55	+00:04:25 (17.4%)	5:04	11.8 (82.5%)
16	HANUSEK Dominika	89		K20-35 lat	16	00:00:05	00:25:23.45	00:25:28.60	+00:04:26 (17.5%)	5:04	11.8 (82.5%)
17	FRYDRYCH Adrianna	71		K20-35 lat	17	00:00:07	00:25:24.65	00:25:32.55	+00:04:27 (17.5%)	5:05	11.8 (82.5%)
18	ROZICKA Adriana	196		K20-35 lat	18	00:00:09	00:25:41.05	00:25:50.30	+00:04:43 (18.4%)	5:08	11.7 (81.8%)
19	BARYŁA Małgorzata	20		K20-35 lat	19	00:00:03	00:25:49.30	00:25:53.10	+00:04:51 (18.8%)	5:10	11.6 (81.1%)
20	MIKUĆ Agnieszka	153		K20-35 lat	20	00:00:03	00:26:13.25	00:26:16.55	+00:05:15 (20.1%)	5:14	11.4 (79.7%)
21	MOCZULAK Natalia	156	KANGOOJUMPSOLSZTYN	K20-35 lat	21	00:00:05	00:26:22.90	00:26:28.60	+00:05:25 (20.6%)	5:16	11.4 (79.7%)
22	ZIELASKIEWICZ Małgorzata	264		K20-35 lat	22	00:00:03	00:26:44.75	00:26:48.25	+00:05:47 (21.6%)	5:21	11.2 (78.3%)
23	ŚWIDERSKA Julia	232		K20-35 lat	23	00:00:05	00:26:57.80	00:27:03.10	+00:06:00 (22.3%)	5:23	11.1 (77.6%)
24	CIEĆKO Elżbieta	45	SĄ WOLNIEJSI / DECATHLON OLSZTYN	K20-35 lat	24	00:00:08	00:27:03.55	00:27:12.15	+00:06:06 (22.6%)	5:24	11.1 (77.6%)
25	ŚWIĘTOCHOWSKA Anna	5		K20-35 lat	25	00:00:09	00:27:06.35	00:27:15.80	+00:06:08 (22.7%)	5:25	11.1 (77.6%)
26	ZABŁOCKA-KARAŚ Ilona	257		K20-35 lat	26	00:00:11	00:27:17.25	00:27:28.35	+00:06:19 (23.2%)	5:27	11 (76.9%)
27	ALICKA Agnieszka	11		K20-35 lat	27	00:00:09	00:27:27.10	00:27:36.65	+00:06:29 (23.7%)	5:29	10.9 (76.2%)
27	WÓJCIK Paulina	254		K20-35 lat	28	00:00:09	00:27:27.10	00:27:36.70	+00:06:29 (23.7%)	5:29	10.9 (76.2%)
29	LIPKA Paulina	133		K20-35 lat	29	00:00:10	00:27:30.65	00:27:41.40	+00:06:33 (23.8%)	5:30	10.9 (76.2%)
30	BORUSZEWSKA Kasia	33		K20-35 lat	30	00:00:06	00:28:04.85	00:28:11.80	+00:07:07 (25.4%)	5:37	10.7 (74.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
31	<b>DUDEK Weronika</b>	<b>65</b>		K20-35 lat	31	00:00:10	<b>00:28:05.20</b>	<b>00:28:15.65</b>	+00:07:07 (25.4%)	5:37	10.7 (74.8%)
32	<b>ŁATIENKOW Karolina</b>	<b>136</b>	PSZCZÓŁKOWSKI TEAM	K20-35 lat	32	00:00:18	<b>00:28:13.70</b>	<b>00:28:32.30</b>	+00:07:16 (25.8%)	5:38	10.6 (74.1%)
33	<b>NIEDŹWIECKA Kasia</b>	<b>162</b>		K20-35 lat	33	00:00:04	<b>00:28:27.70</b>	<b>00:28:31.95</b>	+00:07:30 (26.4%)	5:41	10.5 (73.4%)
34	<b>NAKIELSKA Daria</b>	<b>160</b>	KANGOOJUMPSOLSZTYN	K20-35 lat	34	00:00:05	<b>00:28:45.55</b>	<b>00:28:51.00</b>	+00:07:48 (27.1%)	5:45	10.4 (72.7%)
35	<b>ZAKRZEWSKA Agata</b>	<b>260</b>		K20-35 lat	35	00:00:06	<b>00:28:47.80</b>	<b>00:28:54.55</b>	+00:07:50 (27.2%)	5:45	10.4 (72.7%)
36	<b>OZIERO Natalia</b>	<b>167</b>		K20-35 lat	36	00:00:19	<b>00:28:51.05</b>	<b>00:29:10.30</b>	+00:07:53 (27.4%)	5:46	10.4 (72.7%)
37	<b>KITOWICZ Ola</b>	<b>114</b>		K20-35 lat	37	00:00:19	<b>00:29:01.75</b>	<b>00:29:21.65</b>	+00:08:04 (27.8%)	5:48	10.3 (72.0%)
38	<b>BURGRAF Magdalena</b>	<b>37</b>		K20-35 lat	38	00:00:12	<b>00:29:05.25</b>	<b>00:29:17.85</b>	+00:08:07 (28.0%)	5:49	10.3 (72.0%)
39	<b>DĄBROWSKA Magdalena</b>	<b>57</b>		K20-35 lat	39	00:00:12	<b>00:29:05.70</b>	<b>00:29:18.45</b>	+00:08:08 (28.0%)	5:49	10.3 (72.0%)
40	<b>ARASIM Izabela</b>	<b>13</b>	CHARAKTER I SIŁA	K20-35 lat	40	00:00:10	<b>00:29:16.75</b>	<b>00:29:27.65</b>	+00:08:19 (28.4%)	5:51	10.2 (71.3%)
41	<b>ZAPADKA Emilia</b>	<b>261</b>		K20-35 lat	41	00:00:18	<b>00:29:21.85</b>	<b>00:29:40.15</b>	+00:08:24 (28.6%)	5:52	10.2 (71.3%)
42	<b>SOSNOWSKA Karolina</b>	<b>216</b>		K20-35 lat	42	00:00:07	<b>00:29:22.75</b>	<b>00:29:30.65</b>	+00:08:25 (28.7%)	5:52	10.2 (71.3%)
43	<b>EJKSZTO Małgorzata</b>	<b>69</b>		K20-35 lat	43	00:00:14	<b>00:29:24.55</b>	<b>00:29:39.05</b>	+00:08:27 (28.7%)	5:53	10.2 (71.3%)
44	<b>KAPELA Magdalena</b>	<b>106</b>		K20-35 lat	44	00:00:09	<b>00:29:30.25</b>	<b>00:29:39.25</b>	+00:08:32 (29.0%)	5:54	10.2 (71.3%)
45	<b>BACZEWSKA Justyna</b>	<b>16</b>		K20-35 lat	45	00:00:11	<b>00:29:34.15</b>	<b>00:29:45.55</b>	+00:08:36 (29.1%)	5:54	10.1 (70.6%)
46	<b>MIERZEJEWSKA Anna</b>	<b>151</b>		K20-35 lat	46	00:00:11	<b>00:29:35.00</b>	<b>00:29:46.35</b>	+00:08:37 (29.2%)	5:55	10.1 (70.6%)
47	<b>TRENDEL Dominika</b>	<b>238</b>		K20-35 lat	47	00:00:08	<b>00:29:35.45</b>	<b>00:29:43.80</b>	+00:08:38 (29.2%)	5:55	10.1 (70.6%)
48	<b>BELKA-BIAŁOBRZEWSKA Marzena</b>	<b>22</b>		K20-35 lat	48	00:00:18	<b>00:29:41.05</b>	<b>00:29:59.75</b>	+00:08:43 (29.4%)	5:56	10.1 (70.6%)
49	<b>MIKULSKA Agnieszka</b>	<b>154</b>	KG TEAM	K20-35 lat	49	00:00:16	<b>00:29:44.35</b>	<b>00:30:00.95</b>	+00:08:46 (29.5%)	5:56	10.1 (70.6%)
50	<b>WOJTACH Danuta</b>	<b>252</b>	BARCZEWO BIEGA	K20-35 lat	50	00:00:12	<b>00:29:52.45</b>	<b>00:30:04.75</b>	+00:08:55 (29.9%)	5:58	10 (69.9%)
51	<b>PODRAŻKA Kamila</b>	<b>181</b>		K20-35 lat	51	00:00:09	<b>00:30:13.05</b>	<b>00:30:22.20</b>	+00:09:15 (30.6%)	6:02	9.9 (69.2%)
52	<b>ZADROGA Edyta</b>	<b>258</b>		K20-35 lat	52	00:00:13	<b>00:30:13.80</b>	<b>00:30:26.90</b>	+00:09:16 (30.7%)	6:02	9.9 (69.2%)
53	<b>ZUSKA Ewa</b>	<b>266</b>	BUDLEX	K20-35 lat	53	00:00:11	<b>00:30:15.55</b>	<b>00:30:26.75</b>	+00:09:18 (30.7%)	6:03	9.9 (69.2%)
54	<b>BOJARUNIEC Monika</b>	<b>30</b>		K20-35 lat	54	00:00:08	<b>00:30:23.00</b>	<b>00:30:31.30</b>	+00:09:25 (31.0%)	6:04	9.9 (69.2%)
55	<b>ROICKA Magdalena</b>	<b>193</b>	EGGER BISKUPIEC	K20-35 lat	55	00:00:06	<b>00:30:24.55</b>	<b>00:30:31.00</b>	+00:09:27 (31.1%)	6:05	9.9 (69.2%)
56	<b>GRZEGORZEWSKA Ewa</b>	<b>87</b>		K20-35 lat	56	00:00:04	<b>00:30:25.20</b>	<b>00:30:29.80</b>	+00:09:27 (31.1%)	6:05	9.9 (69.2%)
57	<b>MILCZAREK Anna</b>	<b>155</b>		K20-35 lat	57	00:00:04	<b>00:30:25.70</b>	<b>00:30:30.00</b>	+00:09:28 (31.1%)	6:05	9.9 (69.2%)
58	<b>ŻELAZNOWSKA Natalia</b>	<b>270</b>		K20-35 lat	58	00:00:04	<b>00:30:39.25</b>	<b>00:30:43.90</b>	+00:09:41 (31.6%)	6:07	9.8 (68.5%)
59	<b>ŁUKASZEWSKA Joanna</b>	<b>140</b>		K20-35 lat	59	00:00:14	<b>00:30:44.05</b>	<b>00:30:58.35</b>	+00:09:46 (31.8%)	6:08	9.8 (68.5%)
60	<b>ROMAŃCZUK-KUR Magdalena</b>	<b>195</b>		K20-35 lat	60	00:00:14	<b>00:30:47.30</b>	<b>00:31:02.00</b>	+00:09:49 (31.9%)	6:09	9.7 (67.8%)
61	<b>MELLEEM Anna</b>	<b>149</b>		K20-35 lat	61	00:00:12	<b>00:30:47.55</b>	<b>00:31:00.00</b>	+00:09:50 (31.9%)	6:09	9.7 (67.8%)
62	<b>ŻELAZNOWSKA Beata</b>	<b>1</b>		K20-35 lat	62	00:00:06	<b>00:30:47.70</b>	<b>00:30:53.95</b>	+00:09:50 (31.9%)	6:09	9.7 (67.8%)
63	<b>JACEWICZ Monika</b>	<b>95</b>		K20-35 lat	63	00:00:17	<b>00:30:48.70</b>	<b>00:31:06.30</b>	+00:09:51 (32.0%)	6:09	9.7 (67.8%)
64	<b>ŁUNIEWSKA Anna</b>	<b>141</b>	BRAK	K20-35 lat	64	00:00:19	<b>00:30:54.70</b>	<b>00:31:14.25</b>	+00:09:57 (32.2%)	6:11	9.7 (67.8%)
65	<b>KUROPATWA Monika</b>	<b>126</b>	KUROPATWA TEAM	K20-35 lat	65	00:00:05	<b>00:31:18.20</b>	<b>00:31:23.25</b>	+00:10:20 (33.1%)	6:15	9.6 (67.1%)
66	<b>GRABOWSKA - BIERNAT Kornelia</b>	<b>84</b>		K20-35 lat	66	00:00:10	<b>00:31:35.30</b>	<b>00:31:46.10</b>	+00:10:37 (33.7%)	6:19	9.5 (66.4%)
67	<b>GAGAT Aneta</b>	<b>73</b>		K20-35 lat	67	00:00:15	<b>00:31:59.75</b>	<b>00:32:14.75</b>	+00:11:02 (34.5%)	6:23	9.4 (65.7%)
68	<b>WŁODARCZYK Natalia</b>	<b>251</b>		K20-35 lat	68	00:00:15	<b>00:32:06.85</b>	<b>00:32:22.55</b>	+00:11:09 (34.7%)	6:25	9.3 (65.0%)
69	<b>BARTOSIEWICZ Aneta</b>	<b>19</b>		K20-35 lat	69	00:00:11	<b>00:32:09.65</b>	<b>00:32:21.45</b>	+00:11:12 (34.8%)	6:26	9.3 (65.0%)
70	<b>DROZD Monika</b>	<b>64</b>	CHARAKTER I SIŁA	K20-35 lat	70	00:00:10	<b>00:32:16.35</b>	<b>00:32:27.20</b>	+00:11:18 (35.1%)	6:27	9.3 (65.0%)
71	<b>DULINIEC Natalia</b>	<b>66</b>		K20-35 lat	71	00:00:14	<b>00:32:23.45</b>	<b>00:32:38.35</b>	+00:11:26 (35.3%)	6:28	9.3 (65.0%)
72	<b>NOWAKOWSKA-STĄŃKO Joanna</b>	<b>164</b>	CTS TEAM	K20-35 lat	72	00:00:13	<b>00:32:24.65</b>	<b>00:32:38.40</b>	+00:11:27 (35.3%)	6:29	9.3 (65.0%)
73	<b>KLEPUSZEWSKA Magdalena</b>	<b>116</b>		K20-35 lat	73	00:00:19	<b>00:32:53.55</b>	<b>00:33:13.45</b>	+00:11:56 (36.3%)	6:34	9.1 (63.6%)
74	<b>KOCOŃ Sylwia</b>	<b>117</b>		K20-35 lat	74	00:00:10	<b>00:32:59.90</b>	<b>00:33:10.20</b>	+00:12:02 (36.5%)	6:36	9.1 (63.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
75	<b>GAZAŁKA Iza</b>	<b>76</b>		K20-35 lat	75	00:00:18	<b>00:33:02.00</b>	<b>00:33:20.00</b>	+00:12:04 (36.6%)	6:36	9.1 (63.6%)
76	<b>KARDASZ - KRÓL Kasia</b>	<b>108</b>		K20-35 lat	76	00:00:09	<b>00:33:02.65</b>	<b>00:33:12.20</b>	+00:12:05 (36.6%)	6:36	9.1 (63.6%)
77	<b>DĄBROWSKA Monika</b>	<b>54</b>		K20-35 lat	77	00:00:07	<b>00:33:17.80</b>	<b>00:33:25.70</b>	+00:12:20 (37.1%)	6:39	9 (62.9%)
78	<b>ELJASIAK Alicja</b>	<b>70</b>		K20-35 lat	78	00:00:16	<b>00:33:25.70</b>	<b>00:33:42.30</b>	+00:12:28 (37.3%)	6:41	9 (62.9%)
79	<b>WIŚNIEWSKA Katarzyna</b>	<b>249</b>		K20-35 lat	79	00:00:17	<b>00:33:29.55</b>	<b>00:33:46.65</b>	+00:12:32 (37.4%)	6:41	9 (62.9%)
80	<b>ŚNIEŻAWSKA Magdalena</b>	<b>231</b>		K20-35 lat	80	00:00:10	<b>00:33:34.65</b>	<b>00:33:45.30</b>	+00:12:37 (37.6%)	6:43	8.9 (62.2%)
81	<b>KOSTRZEWSKA Marta</b>	<b>122</b>		K20-35 lat	81	00:00:08	<b>00:34:10.65</b>	<b>00:34:18.70</b>	+00:13:13 (38.7%)	6:50	8.8 (61.5%)
82	<b>LORKOWSKA Julita</b>	<b>135</b>		K20-35 lat	82	00:00:15	<b>00:34:40.25</b>	<b>00:34:55.35</b>	+00:13:42 (39.6%)	6:56	8.7 (60.8%)
83	<b>SUPRANOWICZ Wioletta</b>	<b>221</b>	1994	K20-35 lat	83	00:00:14	<b>00:34:53.90</b>	<b>00:35:08.10</b>	+00:13:56 (39.9%)	6:58	8.6 (60.1%)
84	<b>CHEŁCHOWSKA Ewa</b>	<b>40</b>	BRBK - BIEGLI W PODATKACH	K20-35 lat	84	00:00:14	<b>00:34:54.00</b>	<b>00:35:08.20</b>	+00:13:56 (40.0%)	6:58	8.6 (60.1%)
85	<b>AUGUSTYNOWICZ-SZUL Paula</b>	<b>15</b>		K20-35 lat	85	00:00:13	<b>00:35:45.25</b>	<b>00:35:58.85</b>	+00:14:47 (41.4%)	7:09	8.4 (58.7%)
86	<b>SKRODZKA Monika</b>	<b>207</b>		K20-35 lat	86	00:00:13	<b>00:35:45.80</b>	<b>00:35:59.05</b>	+00:14:48 (41.4%)	7:09	8.4 (58.7%)
87	<b>PIECHOWSKA Natalia</b>	<b>174</b>	KANCELARIA NOTARIALNA DREAM TEAM :)	K20-35 lat	87	00:00:15	<b>00:35:51.20</b>	<b>00:36:06.40</b>	+00:14:53 (41.5%)	7:10	8.4 (58.7%)
88	<b>PAŁKA Patrycja</b>	<b>168</b>	GRUPA DBK OLSZTYN	K20-35 lat	88	00:00:10	<b>00:35:51.90</b>	<b>00:36:02.35</b>	+00:14:54 (41.6%)	7:10	8.4 (58.7%)
89	<b>WYSOCKA Katarzyna</b>	<b>256</b>	KANCELARIA NOTARIALNA DREAM TEAM :)	K20-35 lat	89	00:00:15	<b>00:36:15.15</b>	<b>00:36:30.70</b>	+00:15:17 (42.2%)	7:15	8.3 (58.0%)
90	<b>DOMAŃSKA Aneta</b>	<b>61</b>		K20-35 lat	90	00:00:11	<b>00:36:30.00</b>	<b>00:36:41.60</b>	+00:15:32 (42.6%)	7:18	8.2 (57.3%)
91	<b>MALISZEWSKA Anita</b>	<b>144</b>		K20-35 lat	91	00:00:14	<b>00:36:35.75</b>	<b>00:36:50.05</b>	+00:15:38 (42.7%)	7:19	8.2 (57.3%)
92	<b>KWIATEK Paulina</b>	<b>127</b>		K20-35 lat	92	00:00:14	<b>00:36:36.75</b>	<b>00:36:50.85</b>	+00:15:39 (42.8%)	7:19	8.2 (57.3%)
93	<b>BERDZIK Monika</b>	<b>24</b>		K20-35 lat	93	00:00:20	<b>00:38:20.65</b>	<b>00:38:41.30</b>	+00:17:23 (45.3%)	7:40	7.8 (54.5%)
94	<b>CZAJKOWSKA Anna</b>	<b>48</b>		K20-35 lat	94	00:00:16	<b>00:39:46.30</b>	<b>00:40:03.20</b>	+00:18:48 (47.3%)	7:57	7.5 (52.4%)
95	<b>HAŁAS Klaudia</b>	<b>88</b>		K20-35 lat	95	00:00:13	<b>00:41:49.10</b>	<b>00:42:02.75</b>	+00:20:51 (49.9%)	8:21	7.2 (50.3%)
96	<b>TOMASZEWSKA Katarzyna</b>	<b>237</b>		K20-35 lat	96	00:00:12	<b>00:41:50.10</b>	<b>00:42:02.95</b>	+00:20:52 (49.9%)	8:22	7.2 (50.3%)
97	<b>SZCZEPKOWSKA Aleksandra</b>	<b>224</b>		K20-35 lat	97	00:00:19	<b>00:42:06.15</b>	<b>00:42:25.20</b>	+00:21:08 (50.2%)	8:25	7.1 (49.7%)
98	<b>SOBOLEWSKA Magdalena</b>	<b>213</b>	BRAK	K20-35 lat	98	00:00:18	<b>00:42:06.55</b>	<b>00:42:25.40</b>	+00:21:09 (50.2%)	8:25	7.1 (49.7%)

Znaleziono 98 wynik(ów)