



Organizator: Green House / Budlex
Data: 2019-06-09
Miejsce: Olsztyn
Dystans: 5 km

RUN BUDLEX FOR WOMEN

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K36-49 lat

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	PAWŁOWSKA Dorota	171	KURZĘTNIK BIEGA	K36-49 lat	1	00:00:01	00:19:44.40	00:19:45.95		3:56	15.2 (100%)
2	JACHIMOWICZ Dorota	96		K36-49 lat	2	00:00:02	00:22:03.40	00:22:05.70	+00:02:19 (10.5%)	4:24	13.6 (89.5%)
3	JAKIMOWICZ Iwona	97		K36-49 lat	3	00:00:02	00:22:09.85	00:22:12.45	+00:02:25 (10.9%)	4:26	13.5 (88.8%)
4	MARKOWICZ Renata	145		K36-49 lat	4	00:00:03	00:22:52.55	00:22:56.35	+00:03:08 (13.7%)	4:34	13.1 (86.2%)
5	SLAWINSKA Anna	210	REZERWOWE PSY	K36-49 lat	5	00:00:02	00:22:55.70	00:22:58.40	+00:03:11 (13.9%)	4:35	13.1 (86.2%)
6	MELLER Joanna	150	DRUŻYNA WILKA / SKAZANI NA SUKCES	K36-49 lat	6	00:00:03	00:23:15.60	00:23:18.80	+00:03:31 (15.1%)	4:39	12.9 (84.9%)
7	BIAŁOUSZ Izabela	26	PSZCZÓŁKOWSKI TEAM	K36-49 lat	7	00:00:01	00:23:54.00	00:23:55.90	+00:04:09 (17.4%)	4:46	12.6 (82.9%)
8	CHEĆKO Ewa	39	SĄ WOLNIEJSI	K36-49 lat	8	00:00:08	00:24:24.05	00:24:32.25	+00:04:39 (19.1%)	4:52	12.3 (80.9%)
9	JANICKA Aleksandra	99		K36-49 lat	9	00:00:03	00:25:00.90	00:25:04.15	+00:05:16 (21.1%)	5:00	12 (78.9%)
10	KAMIŃSKA Justyna	103		K36-49 lat	10	00:00:03	00:25:13.80	00:25:16.90	+00:05:29 (21.8%)	5:02	11.9 (78.3%)
11	PAULINEK Ewa	170		K36-49 lat	11	00:00:16	00:25:41.40	00:25:58.00	+00:05:57 (23.2%)	5:08	11.7 (77.0%)
12	ŁAZICKA Kamila	137		K36-49 lat	12	00:00:04	00:25:42.50	00:25:47.15	+00:05:58 (23.2%)	5:08	11.7 (77.0%)
13	KACZOR Iwona	101		K36-49 lat	13	00:00:05	00:25:45.70	00:25:51.20	+00:06:01 (23.4%)	5:09	11.6 (76.3%)
14	GALEWSKA Justyna	74		K36-49 lat	14	00:00:04	00:25:48.25	00:25:53.10	+00:06:03 (23.5%)	5:09	11.6 (76.3%)
15	DAWCEWICZ Katarzyna	52		K36-49 lat	15	00:00:08	00:26:06.00	00:26:14.20	+00:06:21 (24.4%)	5:13	11.5 (75.7%)
16	GADOMSKA Joanna	72		K36-49 lat	16	00:00:04	00:26:19.45	00:26:23.70	+00:06:35 (25.0%)	5:15	11.4 (75.0%)
17	DOBIESZ Monika	60		K36-49 lat	17	00:00:05	00:26:20.45	00:26:25.90	+00:06:36 (25.1%)	5:16	11.4 (75.0%)
18	DĘBSKA Anna	58		K36-49 lat	18	00:00:07	00:26:40.95	00:26:48.85	+00:06:56 (26.0%)	5:20	11.2 (73.7%)
19	TUROLSKA Weronika	240		K36-49 lat	19	00:00:15	00:26:53.90	00:27:09.80	+00:07:09 (26.6%)	5:22	11.2 (73.7%)
20	KASZAŁOWICZ Monika	111	ZETO SOFTWARE TEAM	K36-49 lat	20	00:00:05	00:26:54.85	00:27:00.05	+00:07:10 (26.7%)	5:23	11.1 (73.0%)
21	DZIENKOWSKA Ewelina	68		K36-49 lat	21	00:00:11	00:27:11.30	00:27:22.60	+00:07:26 (27.4%)	5:26	11 (72.4%)
22	KOLAJ Hanna	118		K36-49 lat	22	00:00:10	00:27:36.25	00:27:46.40	+00:07:51 (28.5%)	5:31	10.9 (71.7%)
23	MARTUL Joanna	146		K36-49 lat	23	00:00:07	00:27:45.25	00:27:52.55	+00:08:00 (28.9%)	5:33	10.8 (71.1%)
24	RUDZKA Izabela	198		K36-49 lat	24	00:00:09	00:27:47.75	00:27:57.50	+00:08:03 (29.0%)	5:33	10.8 (71.1%)
25	MOROZ Katarzyna	157		K36-49 lat	25	00:00:10	00:28:05.00	00:28:15.05	+00:08:20 (29.7%)	5:37	10.7 (70.4%)
26	ŻBIKOWSKA Bożena	268		K36-49 lat	26	00:00:04	00:28:05.45	00:28:09.70	+00:08:21 (29.7%)	5:37	10.7 (70.4%)
27	KARCZEWSKA Alicja	107	SALKA FIT	K36-49 lat	27	00:00:03	00:28:08.80	00:28:12.60	+00:08:24 (29.9%)	5:37	10.7 (70.4%)
28	KUNDA Edyta	125	KWO	K36-49 lat	28	00:00:10	00:28:17.10	00:28:27.75	+00:08:32 (30.2%)	5:39	10.6 (69.7%)
29	CWALINA Izabela	47	GRUPA DBK OLSZTYN	K36-49 lat	29	00:00:09	00:28:17.35	00:28:27.20	+00:08:32 (30.2%)	5:39	10.6 (69.7%)
30	SAWCZUK Beata	201		K36-49 lat	30	00:00:09	00:28:17.80	00:28:27.35	+00:08:33 (30.2%)	5:39	10.6 (69.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
31	PLUCIŃSKA-FURGAŁ Anna	177		K36-49 lat	31	00:00:07	00:28:18.35	00:28:25.95	+00:08:33 (30.3%)	5:39	10.6 (69.7%)
32	MIKOŁAJEWSKA Anna	152		K36-49 lat	32	00:00:16	00:28:26.55	00:28:43.35	+00:08:42 (30.6%)	5:41	10.5 (69.1%)
33	BEM Małgorzata	23	POZUTYWNI DOBRE MIASTO	K36-49 lat	33	00:00:06	00:28:33.30	00:28:40.25	+00:08:48 (30.9%)	5:42	10.5 (69.1%)
34	TUCHOWSKA Grażyna	239		K36-49 lat	34	00:00:06	00:28:33.85	00:28:39.85	+00:08:49 (30.9%)	5:42	10.5 (69.1%)
35	PIOTROWICZ Danuta	176	NIDZICA BIAGA	K36-49 lat	35	00:00:04	00:28:34.00	00:28:38.35	+00:08:49 (30.9%)	5:42	10.5 (69.1%)
36	NIEŚCIORUK Barbara	163	BSB BARCZEWO BIEGA	K36-49 lat	36	00:00:12	00:28:38.80	00:28:51.25	+00:08:54 (31.1%)	5:43	10.5 (69.1%)
37	CIŻMAN Emilia	46	KG TEAM	K36-49 lat	37	00:00:15	00:28:47.90	00:29:03.70	+00:09:03 (31.5%)	5:45	10.4 (68.4%)
38	LENDZIAN Ania	130		K36-49 lat	38	00:00:19	00:29:06.55	00:29:26.40	+00:09:22 (32.2%)	5:49	10.3 (67.8%)
39	BOGDAŃSKA Bożena	28		K36-49 lat	39	00:00:18	00:29:13.85	00:29:32.45	+00:09:29 (32.5%)	5:50	10.3 (67.8%)
40	KARWACKA Jolanta	110		K36-49 lat	40	00:00:08	00:29:14.30	00:29:22.90	+00:09:29 (32.5%)	5:50	10.3 (67.8%)
41	SZYMAŃSKA Ewa	228		K36-49 lat	41	00:00:13	00:29:18.05	00:29:31.10	+00:09:33 (32.6%)	5:51	10.2 (67.1%)
42	ŁUCZAK Agnieszka	139		K36-49 lat	42	00:00:10	00:29:18.90	00:29:29.35	+00:09:34 (32.7%)	5:51	10.2 (67.1%)
43	ANETA Aneta	12		K36-49 lat	43	00:00:18	00:29:44.35	00:30:02.85	+00:09:59 (33.6%)	5:56	10.1 (66.4%)
44	BIELECKA Dominika	27		K36-49 lat	44	00:00:06	00:29:45.25	00:29:51.50	+00:10:00 (33.7%)	5:57	10.1 (66.4%)
45	BZURA Małgorzata	38	BRAK	K36-49 lat	45	00:00:07	00:29:48.50	00:29:56.10	+00:10:04 (33.8%)	5:57	10.1 (66.4%)
46	GRĄDZKA Izabela	85	BDB BARCZEWO BIEGA	K36-49 lat	46	00:00:12	00:29:53.05	00:30:05.55	+00:10:08 (33.9%)	5:58	10 (65.8%)
47	STAWECKA Justyna	219	DRUŻYNA SZPIKU	K36-49 lat	47	00:00:13	00:30:08.00	00:30:21.55	+00:10:23 (34.5%)	6:01	10 (65.8%)
48	PODGÓRSKA Kamilla	179		K36-49 lat	48	00:00:15	00:30:08.40	00:30:23.65	+00:10:24 (34.5%)	6:01	10 (65.8%)
49	RADOMSKA Izabela	187		K36-49 lat	49	00:00:11	00:30:16.55	00:30:28.15	+00:10:32 (34.8%)	6:03	9.9 (65.1%)
50	GOTOWSKA Joanna	80	DRUŻYNA WILKA	K36-49 lat	50	00:00:11	00:30:17.90	00:30:29.80	+00:10:33 (34.8%)	6:03	9.9 (65.1%)
51	SMOLIŃSKA Małgorzata	212	SĄ WOLNIEJSI	K36-49 lat	51	00:00:11	00:30:18.50	00:30:30.00	+00:10:34 (34.9%)	6:03	9.9 (65.1%)
52	WERNER Olga	245		K36-49 lat	52	00:00:16	00:30:23.65	00:30:39.65	+00:10:39 (35.1%)	6:04	9.9 (65.1%)
53	IDZIKOWSKA Agnieszka	94		K36-49 lat	53	00:00:10	00:30:37.00	00:30:47.30	+00:10:52 (35.5%)	6:07	9.8 (64.5%)
54	KOWALCZYK Ewelina	123		K36-49 lat	54	00:00:08	00:30:44.65	00:30:53.35	+00:11:00 (35.8%)	6:09	9.8 (64.5%)
55	WERNER Małgorzata	246		K36-49 lat	55	00:00:15	00:30:51.90	00:31:07.70	+00:11:07 (36.0%)	6:10	9.7 (63.8%)
56	STYPUŁKOWSKA Anna	220		K36-49 lat	56	00:00:06	00:31:00.05	00:31:06.50	+00:11:15 (36.3%)	6:12	9.7 (63.8%)
57	PANKOWSKA Justyna	169		K36-49 lat	57	00:00:08	00:31:03.50	00:31:12.20	+00:11:19 (36.4%)	6:12	9.7 (63.8%)
58	KASZUBA Anna	112		K36-49 lat	58	00:00:12	00:31:13.05	00:31:25.25	+00:11:28 (36.8%)	6:14	9.6 (63.2%)
59	WALKIEWICZ Joanna	241		K36-49 lat	59	00:00:11	00:31:38.90	00:31:50.60	+00:11:54 (37.6%)	6:19	9.5 (62.5%)
60	RAPACZ-LEONARD Anna	190		K36-49 lat	60	00:00:17	00:31:40.25	00:31:58.20	+00:11:55 (37.7%)	6:20	9.5 (62.5%)
61	PROKOPIAK Monika	183	IGLO	K36-49 lat	61	00:00:16	00:31:44.45	00:32:00.75	+00:12:00 (37.8%)	6:20	9.5 (62.5%)
62	SKRZYŃSKA Katarzyna	209	SALKA FIT	K36-49 lat	62	00:00:06	00:31:49.45	00:31:55.60	+00:12:05 (38.0%)	6:21	9.4 (61.8%)
63	SŁOWAKIEWICZ Ewelina	211	SALKA FIT	K36-49 lat	63	00:00:05	00:31:49.90	00:31:55.60	+00:12:05 (38.0%)	6:22	9.4 (61.8%)
64	MAJKOWSKA Beata	143		K36-49 lat	64	00:00:17	00:32:05.85	00:32:22.95	+00:12:21 (38.5%)	6:25	9.4 (61.8%)
65	CZERWIEC-FYDRYCH Katarzyna	49		K36-49 lat	65	00:00:11	00:32:09.20	00:32:21.10	+00:12:24 (38.6%)	6:26	9.3 (61.2%)
66	DMOWSKA Marta	59		K36-49 lat	66	00:00:10	00:32:27.10	00:32:37.25	+00:12:42 (39.2%)	6:29	9.2 (60.5%)
67	CHMIELEWSKA Magdalena	42		K36-49 lat	67	00:00:07	00:32:32.35	00:32:39.85	+00:12:47 (39.3%)	6:30	9.2 (60.5%)
68	CHMIELEWSKA Monia	41		K36-49 lat	68	00:00:07	00:32:32.50	00:32:39.75	+00:12:48 (39.3%)	6:30	9.2 (60.5%)
69	SZYPULSKA Katarzyna	230		K36-49 lat	69	00:00:16	00:32:32.80	00:32:49.45	+00:12:48 (39.3%)	6:30	9.2 (60.5%)
70	DOMIAN Marta	62		K36-49 lat	70	00:00:16	00:32:33.15	00:32:50.05	+00:12:48 (39.4%)	6:30	9.2 (60.5%)
71	NADZIAK Wioletta	159	LEŚNY CROSS	K36-49 lat	71	00:00:13	00:32:42.30	00:32:56.20	+00:12:57 (39.6%)	6:32	9.2 (60.5%)
72	SIEJKA Małgorzata	204	LEŚNY CROSS	K36-49 lat	72	00:00:13	00:32:42.70	00:32:56.30	+00:12:58 (39.7%)	6:32	9.2 (60.5%)
73	IDZIASZEK Agnieszka	93		K36-49 lat	73	00:00:13	00:32:43.25	00:32:56.30	+00:12:58 (39.7%)	6:32	9.2 (60.5%)
74	SKRZYŃSKA Elżbieta	208	SALKA FIT	K36-49 lat	74	00:00:05	00:32:45.10	00:32:50.90	+00:13:00 (39.7%)	6:33	9.2 (60.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
75	DĄBROWSKA Małgorzata	55		K36-49 lat	75	00:00:17	00:32:46.90	00:33:04.00	+00:13:02 (39.8%)	6:33	9.2 (60.5%)
76	PODGÓRSKA Ewa	180		K36-49 lat	76	00:00:08	00:32:55.15	00:33:03.95	+00:13:10 (40.0%)	6:35	9.1 (59.9%)
77	BARTNIKOWSKA Ola	18		K36-49 lat	77	00:00:18	00:32:57.80	00:33:16.60	+00:13:13 (40.1%)	6:35	9.1 (59.9%)
78	CZUPRYN Agnieszka	50		K36-49 lat	78	00:00:12	00:33:01.05	00:33:13.55	+00:13:16 (40.2%)	6:36	9.1 (59.9%)
79	ŚWIDERSKA Karina	233		K36-49 lat	79	00:00:08	00:33:02.70	00:33:11.60	+00:13:18 (40.3%)	6:36	9.1 (59.9%)
80	WASILEWSKA Anna	244		K36-49 lat	80	00:00:09	00:33:02.75	00:33:12.35	+00:13:18 (40.3%)	6:36	9.1 (59.9%)
81	DURZYŃSKA Anna	67		K36-49 lat	81	00:00:07	00:33:07.70	00:33:14.85	+00:13:23 (40.4%)	6:37	9.1 (59.9%)
82	PRZEGALIŃSKA Magdalena	185		K36-49 lat	82	00:00:09	00:33:11.70	00:33:21.40	+00:13:27 (40.5%)	6:38	9 (59.2%)
83	MAŚLOCH Beata	147	BUDLEX	K36-49 lat	83	00:00:07	00:33:15.80	00:33:22.80	+00:13:31 (40.7%)	6:39	9 (59.2%)
84	RADZIWIŃ Karolina	189		K36-49 lat	84	00:00:19	00:33:22.05	00:33:41.70	+00:13:37 (40.8%)	6:40	9 (59.2%)
85	ZIÓŁKOWSKA Marta	265		K36-49 lat	85	00:00:19	00:33:22.30	00:33:41.85	+00:13:37 (40.8%)	6:40	9 (59.2%)
86	SEROWIEC Emilia	202		K36-49 lat	86	00:00:06	00:33:40.65	00:33:47.05	+00:13:56 (41.4%)	6:44	8.9 (58.6%)
87	SZUKUC Agnieszka	226		K36-49 lat	87	00:00:13	00:33:43.25	00:33:56.35	+00:13:58 (41.5%)	6:44	8.9 (58.6%)
88	SZABŁOWSKA-SZYMCZAK Marta	222		K36-49 lat	88	00:00:07	00:33:56.85	00:34:04.55	+00:14:12 (41.9%)	6:47	8.8 (57.9%)
89	HETMAŃSKA Marta	91		K36-49 lat	89	00:00:17	00:34:31.00	00:34:48.75	+00:14:46 (42.8%)	6:54	8.7 (57.2%)
90	DĄBROWSKA Dorota	56		K36-49 lat	90	00:00:17	00:34:31.40	00:34:48.75	+00:14:47 (42.8%)	6:54	8.7 (57.2%)
91	KAMIŃSKA Anna	104		K36-49 lat	91	00:00:12	00:34:41.60	00:34:53.60	+00:14:57 (43.1%)	6:56	8.6 (56.6%)
92	ŁOPIŃSKA Monika	138		K36-49 lat	92	00:00:19	00:35:08.65	00:35:28.50	+00:15:24 (43.8%)	7:01	8.5 (55.9%)
93	RADOMSKA Maria	188		K36-49 lat	93	00:00:18	00:35:10.05	00:35:28.15	+00:15:25 (43.9%)	7:02	8.5 (55.9%)
94	GREGORCZYK Magdalena	86		K36-49 lat	94	00:00:18	00:35:23.10	00:35:41.40	+00:15:38 (44.2%)	7:04	8.5 (55.9%)
95	WIŚNIEWSKA Mariola	250		K36-49 lat	95	00:00:18	00:35:23.15	00:35:41.15	+00:15:38 (44.2%)	7:04	8.5 (55.9%)
96	KOMOROWSKA Monika	119	DOBROMIEJSKI KLUB BIEGACZA ODCISK	K36-49 lat	96	00:00:19	00:35:33.85	00:35:53.10	+00:15:49 (44.5%)	7:06	8.4 (55.3%)
97	WIŚNIEWSKA Elwira	248		K36-49 lat	97	00:00:19	00:35:37.70	00:35:57.40	+00:15:53 (44.6%)	7:07	8.4 (55.3%)
98	KOZŁOWSKA Joanna	124	KANCELARIA NOTARIALNA DREAM TEAM :)	K36-49 lat	98	00:00:15	00:36:14.50	00:36:29.50	+00:16:30 (45.5%)	7:14	8.3 (54.6%)
99	BORZUTA Monika	34		K36-49 lat	99	00:00:16	00:36:24.90	00:36:41.10	+00:16:40 (45.8%)	7:17	8.2 (53.9%)
100	RUDNICKA Renata	197		K36-49 lat	100	00:00:05	00:36:35.85	00:36:41.70	+00:16:51 (46.1%)	7:19	8.2 (53.9%)
101	NIEDZIAŁEK Justyna	161		K36-49 lat	101	00:00:15	00:37:10.75	00:37:26.10	+00:17:26 (46.9%)	7:26	8.1 (53.3%)
102	LOREK Katarzyna	134		K36-49 lat	102	00:00:20	00:37:13.00	00:37:33.75	+00:17:28 (47.0%)	7:26	8.1 (53.3%)
103	LIPKA Ania	132	JONKOWO BIEGA	K36-49 lat	103	00:00:20	00:38:01.50	00:38:21.70	+00:18:17 (48.1%)	7:36	7.9 (52.0%)
104	HERMAŃSKA Marzena	4	SALKA FIT	K36-49 lat	104	00:00:06	00:38:04.65	00:38:11.05	+00:18:20 (48.2%)	7:37	7.9 (52.0%)
105	ARCHACKA Marta	14		K36-49 lat	105	00:00:17	00:38:18.20	00:38:36.05	+00:18:33 (48.5%)	7:39	7.8 (51.3%)
106	GÓJSKA-BUDZISZ Aldona	81	JONKOWO BIEGA	K36-49 lat	106	00:00:20	00:38:22.05	00:38:42.65	+00:18:37 (48.6%)	7:40	7.8 (51.3%)
107	KORNAFEL-KOWALSKA Ania	121		K36-49 lat	107	00:00:19	00:39:45.85	00:40:05.10	+00:20:01 (50.4%)	7:57	7.5 (49.3%)

Znaleziono 107 wynik(ów)