



Organizator:
Data:
Miejsce:
Dystans:

Green House / Budlex
2018-09-16
Bydgoszcz
5 km

RUN BUDLEX FOR WOMEN

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	PALACZ Wioletta	222		K40	1	00:00:01	00:11:10	00:22:41.90	00:22:43.25		4:32	13.2 (100%)
2	ANDRZEJAK Sylwia	3		K40	2	00:00:01	00:12:00	00:24:16.20	00:24:17.90	+00:01:34 (6.5%)	4:51	12.4 (93.9%)
3	SMAŻYK Ewelina	279		K40	3	00:00:03	00:11:54	00:24:42.75	00:24:46.45	+00:02:00 (8.2%)	4:56	12.1 (91.7%)
4	KWIATKOWSKA Bożena	166		K40	4	00:00:05	00:12:31	00:25:07.80	00:25:13.50	+00:02:25 (9.7%)	5:01	11.9 (90.2%)
5	KUBIS Sylwia	157	TEAM KUCYKI	K40	5	00:00:12	00:12:26	00:25:13.25	00:25:25.45	+00:02:31 (10.0%)	5:02	11.9 (90.2%)
6	BRZOSZOWSKA Iwona	26		K40	6	00:00:02	00:12:21	00:25:16.20	00:25:19.15	+00:02:34 (10.2%)	5:03	11.9 (90.2%)
7	STEJUK Aleksandra	293	AMS TRIATHLON	K40	7	00:00:07	00:12:32	00:25:38.40	00:25:46.35	+00:02:56 (11.5%)	5:07	11.7 (88.6%)
8	GROBELNA Angelika	81	BYDGOSZCZ NA START	K40	8	00:00:15	00:12:44	00:25:57.40	00:26:13.10	+00:03:15 (12.6%)	5:11	11.6 (87.9%)
9	WOJCIECHOWSKA Emilia	341		K40	9	00:00:01	00:12:53	00:26:17.55	00:26:19.50	+00:03:35 (13.7%)	5:15	11.4 (86.4%)
10	GIERSZEWSKA Grażyna	65		K40	10	00:00:17	00:13:42	00:26:17.80	00:26:35.70	+00:03:35 (13.7%)	5:15	11.4 (86.4%)
11	SOBOL Magdalena	284		K40	11	00:00:02	00:12:55	00:26:29.65	00:26:32.15	+00:03:47 (14.3%)	5:18	11.3 (85.6%)
12	JANKOWSKA Kasia	98		K40	12	00:00:27	00:13:39	00:26:45.75	00:27:13.35	+00:04:03 (15.2%)	5:21	11.2 (84.8%)
13	FRONTCAK Iwona	58	INOWROCŁAW BIEGA	K40	13	00:00:02	00:13:03	00:27:07.10	00:27:09.10	+00:04:25 (16.3%)	5:25	11.1 (84.1%)
14	NOGA Magdalena	215		K40	14	00:00:04	00:13:36	00:27:26.80	00:27:31.25	+00:04:44 (17.3%)	5:29	10.9 (82.6%)
15	GADZIŃSKA Aleksandra	62		K40	15	00:00:09	00:13:40	00:27:29.90	00:27:39.20	+00:04:48 (17.5%)	5:30	10.9 (82.6%)
16	PIJAROWSKA Beata	235		K40	16	00:00:21	00:13:46	00:27:33.30	00:27:54.95	+00:04:51 (17.6%)	5:30	10.9 (82.6%)

Zawody w biegach przełajowych 2024												
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	STĘPIEŃ Monika	294	BARBELL SQUAD	K40	17	00:00:17	00:13:55	00:27:46.40	00:28:03.85	+00:05:04 (18.3%)	5:33	10.8 (81.8%)
18	KOCHAŃSKA Wioletta	129		K40	18	00:00:11	00:13:50	00:27:58.55	00:28:09.55	+00:05:16 (18.9%)	5:35	10.7 (81.1%)
19	PESZYŃSKA Joanna	230		K40	19	00:00:21	00:14:05	00:28:01.65	00:28:23.55	+00:05:19 (19.0%)	5:36	10.7 (81.1%)
20	WŁODARCZYK Katarzyna	340	DĘBY OSIELSKO	K40	20	00:00:11	00:13:47	00:28:05.20	00:28:16.75	+00:05:23 (19.2%)	5:37	10.7 (81.1%)
21	PAWLEWSKA Joanna	228		K40	21	00:00:25	00:14:46	00:28:08.80	00:28:34.60	+00:05:26 (19.4%)	5:37	10.7 (81.1%)
22	JENDRZEJCZAK Małgorzata	112		K40	22	00:00:16	00:14:05	00:28:22.95	00:28:39.55	+00:05:41 (20.0%)	5:40	10.6 (80.3%)
23	GOLIMOWSKA Anna	69	SMAKI	K40	23	00:00:18	00:14:36	00:28:31.70	00:28:49.90	+00:05:49 (20.4%)	5:42	10.5 (79.5%)
24	POLACKA Jadwiga	240		K40	24	00:00:29	00:14:59	00:28:36.20	00:29:05.25	+00:05:54 (20.6%)	5:43	10.5 (79.5%)
25	WOJEWODA-SIWICKA Sylwia	342		K40	25	00:00:13	00:13:50	00:28:40.00	00:28:53.15	+00:05:58 (20.8%)	5:44	10.5 (79.5%)
26	SZEWCZUK Ewa	303	DECATHLON TEAM INOWROCŁAW	K40	26	00:00:18	00:14:36	00:28:42.60	00:29:00.60	+00:06:00 (20.9%)	5:44	10.5 (79.5%)
27	DŁUGOŃSKA Beata	45		K40	27	00:00:20	00:14:09	00:28:51.80	00:29:11.95	+00:06:09 (21.4%)	5:46	10.4 (78.8%)
28	GRACZKOWSKA Mirosława	80		K40	28	00:00:16	00:14:06	00:29:20.95	00:29:37.40	+00:06:39 (22.7%)	5:52	10.2 (77.3%)
29	KOZACZYK Joanna	139		K40	29	00:00:16	00:14:47	00:29:28.80	00:29:44.80	+00:06:46 (23.0%)	5:53	10.2 (77.3%)
30	KĘDZIERSKA Marzena	122		K40	30	00:00:05	00:14:10	00:29:53.05	00:29:58.50	+00:07:11 (24.0%)	5:58	10 (75.8%)
31	KORBEL Ewa	134		K40	31	00:00:12	00:14:41	00:30:09.85	00:30:22.35	+00:07:27 (24.8%)	6:02	9.9 (75.0%)
32	DZIŻA-KONICZYŃSKA Zuzanna	54	PARKRUN BYDGOSZCZ	K40	32	00:00:02	00:14:39	00:30:12.10	00:30:14.50	+00:07:30 (24.8%)	6:02	9.9 (75.0%)
33	KRÓL Katarzyna	145		K40	33	00:00:19	00:14:47	00:30:12.15	00:30:31.15	+00:07:30 (24.8%)	6:02	9.9 (75.0%)
34	NELKE Monika	211		K40	34	00:00:32	00:15:33	00:30:22.45	00:30:54.80	+00:07:40 (25.3%)	6:04	9.9 (75.0%)
35	KRYMER Agnieszka	151		K40	35	00:00:11	00:15:12	00:30:25.25	00:30:36.55	+00:07:43 (25.4%)	6:05	9.9 (75.0%)
36	RYDELSKA Kinga	264		K40	36	00:00:12	00:15:03	00:30:27.30	00:30:40.10	+00:07:45 (25.5%)	6:05	9.8 (74.2%)
37	BARAŃSKA Sylwia	10		K40	37	00:00:22	00:15:21	00:30:39.35	00:31:01.55	+00:07:57 (26.0%)	6:07	9.8 (74.2%)
38	HYŻY Iwona	92		K40	38	00:00:10	00:15:06	00:30:43.75	00:30:54.15	+00:08:01 (26.1%)	6:08	9.8 (74.2%)
39	WRONA Iwona	383		K40	39	00:00:36	00:15:15	00:30:50.30	00:31:26.55	+00:08:08 (26.4%)	6:10	9.7 (73.5%)

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40	AUGUSTYNOWICZ Aurelia	7	RCI BYDGOSZCZ	K40	40	00:00:09	00:15:00	00:30:50.75	00:31:00.60	+00:08:08 (26.4%)	6:10	9.7 (73.5%)
41	WALICH Aleksandra	375		K40	41	00:00:06	00:15:08	00:31:16.40	00:31:23.05	+00:08:34 (27.4%)	6:15	9.6 (72.7%)
42	PRZYBYLSKA Paulina	245		K40	42	00:00:28	00:15:52	00:31:35.35	00:32:04.10	+00:08:53 (28.1%)	6:19	9.5 (72.0%)
43	TWARDOWSKA Katarzyna	318		K40	43	00:00:32	00:15:42	00:31:40.80	00:32:12.85	+00:08:58 (28.4%)	6:20	9.5 (72.0%)
44	SZYMCZAK Barbara	308		K40	44	00:00:11	00:15:29	00:31:54.40	00:32:05.50	+00:09:12 (28.9%)	6:22	9.4 (71.2%)
45	CYBUL Anna	37		K40	45	00:00:11	00:15:45	00:32:13.60	00:32:24.80	+00:09:31 (29.6%)	6:26	9.3 (70.5%)
46	SAWARSKA-WILK Agnieszka	269		K40	46	00:00:00	00:16:00	00:32:13.95	00:32:13.95	+00:09:32 (29.6%)	6:26	9.3 (70.5%)
47	SKOWRON Monika	278		K40	47	00:00:28	00:16:00	00:32:24.80	00:32:53.05	+00:09:42 (30.0%)	6:29	9.3 (70.5%)
48	ZIENKIEWICZ Anna	363		K40	48	00:00:08	00:15:34	00:32:27.40	00:32:35.60	+00:09:45 (30.1%)	6:29	9.2 (69.7%)
49	DĘBCZYŃSKA Agnieszka	44	KLUB ZDROWEGO STYLU ŻYCIA DOBRY KLIMAT	K40	49	00:00:12	00:15:45	00:32:27.70	00:32:40.40	+00:09:45 (30.1%)	6:29	9.2 (69.7%)
50	PRZYBYL Donata	243		K40	50	00:00:17	00:16:00	00:32:45.90	00:33:03.80	+00:10:04 (30.7%)	6:33	9.2 (69.7%)
51	GRABOWSKA Joanna	77		K40	51	00:00:06	00:15:44	00:32:51.35	00:32:58.15	+00:10:09 (30.9%)	6:34	9.1 (68.9%)
52	POCZWARDOWSKA Wioletta	239		K40	52	00:00:34	00:16:47	00:32:59.60	00:33:34.55	+00:10:17 (31.2%)	6:36	9.1 (68.9%)
53	ŻYŁA Marta	371		K40	53	00:00:06	00:15:40	00:33:05.50	00:33:11.70	+00:10:23 (31.4%)	6:37	9.1 (68.9%)
54	SIERADZKA Małgorzata	273		K40	54	00:00:26	00:16:00	00:33:23.25	00:33:49.45	+00:10:41 (32.0%)	6:40	9 (68.2%)
55	WITKOWSKA Ania	335	KTR MASA TURYSTYCZNA	K40	55	00:00:36	00:17:08	00:33:27.10	00:34:04.05	+00:10:45 (32.1%)	6:41	9 (68.2%)
56	IDCZAK Hanna	93		K40	56	00:00:36	00:17:08	00:33:27.45	00:34:04.30	+00:10:45 (32.2%)	6:41	9 (68.2%)
57	NAWROCKA Magdalena	210		K40	57	00:00:29	00:16:05	00:33:33.15	00:34:02.25	+00:10:51 (32.3%)	6:42	8.9 (67.4%)
58	MOŚCICKA Paulina	203		K40	58	00:00:19	00:15:40	00:33:41.50	00:34:00.90	+00:10:59 (32.6%)	6:44	8.9 (67.4%)
59	MICHALAK Anita	193		K40	59	00:00:23	00:16:53	00:33:42.25	00:34:05.45	+00:11:00 (32.7%)	6:44	8.9 (67.4%)
60	PYPKOWSKA Agnieszka	246		K40	60	00:00:09	00:15:56	00:33:50.65	00:34:00.50	+00:11:08 (32.9%)	6:46	8.9 (67.4%)
61	SEYDAK Jolanta	374		K40	61	00:00:29	00:16:47	00:33:58.20	00:34:27.60	+00:11:16 (33.2%)	6:47	8.8 (66.7%)
62	DALKA Renata	41		K40	62	00:00:06	00:16:10	00:34:02.60	00:34:08.75	+00:11:20 (33.3%)	6:48	8.8 (66.7%)

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63	BŁAŻEJEWSKA Karolina	20		K40	63	00:00:17	00:16:53	00:34:34.25	00:34:51.45	+00:11:52 (34.3%)	6:54	8.7 (65.9%)
64	RYCHLICKA Agnieszka	263		K40	64	00:00:06	00:16:39	00:34:36.50	00:34:42.90	+00:11:54 (34.4%)	6:55	8.7 (65.9%)
65	JAWORSKA Karolina	109		K40	65	00:00:20	00:17:04	00:34:42.55	00:35:02.90	+00:12:00 (34.6%)	6:56	8.6 (65.2%)
66	RASSALSKA Roma	254		K40	66	00:00:35	00:17:45	00:35:48.10	00:36:23.35	+00:13:06 (36.6%)	7:09	8.4 (63.6%)
67	NOWAKOWSKA-SZWAJCA Anna	217		K40	67	00:00:11	00:17:28	00:36:22.55	00:36:33.75	+00:13:40 (37.6%)	7:16	8.2 (62.1%)
68	RASSALSKA-KAUSA Jola	255		K40	68	00:00:34	00:17:49	00:36:28.60	00:37:03.55	+00:13:46 (37.8%)	7:17	8.2 (62.1%)
69	PASZKOWSKA Katarzyna	226	CROSSGYM BYDGOSZC	K40	69	00:00:28	00:18:20	00:36:35.90	00:37:04.10	+00:13:54 (38.0%)	7:19	8.2 (62.1%)
70	WRÓBLEWSKA Anna	350		K40	70	00:00:29	00:17:53	00:36:48.25	00:37:17.75	+00:14:06 (38.3%)	7:21	8.2 (62.1%)
71	KŁACZYŃSKA Ewa	372		K40	71	00:00:21	00:17:52	00:37:38.10	00:38:00.05	+00:14:56 (39.7%)	7:31	8 (60.6%)
72	WITKOWSKA Renata	336		K40	72	00:00:33	00:18:41	00:37:49.30	00:38:22.60	+00:15:07 (40.0%)	7:33	7.9 (59.8%)
73	HĘSIAK Katarzyna	89		K40	73	00:00:08	00:18:21	00:38:46.75	00:38:54.95	+00:16:04 (41.5%)	7:45	7.7 (58.3%)
74	ZABOKLICKA Beata	358		K40	74	00:00:21	00:22:07	00:46:54.40	00:47:16.00	+00:24:12 (51.6%)	9:23	6.4 (48.5%)
75	SAWOŚKO-DUDA Joanna	270		K40	75	00:00:00	00:18:41			+	7:28	8 (60.6%)
76	BARTKOWIAK Agata	12		K40	76	00:00:00	70:14:09			+	1685:39	0 (0.0%)

Znaleziono 76 wynik(ów)