



RUN BUDLEX FOR WOMEN

B4SPORT

Organizator: Green House / Budlex
Data: 2016-04-24
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	URBAŃSKA Ewa	27	TRISPACE	K40	1	00:00:01	00:21:47.70	00:21:49.30		4:21	13.8 (100%)
2	STASZKIEWICZ Lucyna	108	STASHKY TEAM	K40	2	00:00:02	00:22:19.05	00:22:21.80	+00:00:31 (2.3%)	4:27	13.4 (97.1%)
3	ŁUCKA Anna	66		K40	3	00:00:15	00:23:26.10	00:23:42.00	+00:01:38 (7.0%)	4:41	12.8 (92.8%)
4	GACKOWSKA Beata	101	TKFKKOLEJARZBYDGOSZCZ	K40	4	00:00:01	00:23:28.00	00:23:29.90	+00:01:40 (7.1%)	4:41	12.8 (92.8%)
5	GRABOWSKA Irena	256		K40	5	00:00:02	00:23:53.45	00:23:56.30	+00:02:05 (8.8%)	4:46	12.6 (91.3%)
6	HULEWICZ Elżbieta	285		K40	6	00:00:18	00:24:08.50	00:24:26.65	+00:02:20 (9.7%)	4:49	12.4 (89.9%)
7	KUBIS Sylwia	344		K40	7	00:00:01	00:24:09.50	00:24:11.05	+00:02:21 (9.8%)	4:50	12.4 (89.9%)
8	MICHNA Joanna	195		K40	8	00:00:25	00:25:02.80	00:25:28.45	+00:03:15 (13.0%)	5:00	12 (87.0%)
9	PRUS Karolina	68		K40	9	00:00:30	00:25:23.95	00:25:54.60	+00:03:36 (14.2%)	5:04	11.8 (85.5%)
10	DULIŃSKA Dorota	102	TRISPACE	K40	10	00:00:13	00:25:26.90	00:25:40.35	+00:03:39 (14.4%)	5:05	11.8 (85.5%)
11	BOULGE Beata	374		K40	11	00:00:02	00:25:34.80	00:25:37.40	+00:03:47 (14.8%)	5:07	11.7 (84.8%)
12	LUBIŃSKA-BORGULA Iwona	396		K40	12	00:00:20	00:25:37.25	00:25:57.90	+00:03:49 (14.9%)	5:07	11.7 (84.8%)
13	PORAZINSKA Viktoria	299		K40	13	00:00:01	00:25:54.15	00:25:55.60	+00:04:06 (15.9%)	5:10	11.6 (84.1%)
14	GROBELNA Angelika	79		K40	14	00:00:11	00:25:58.75	00:26:09.85	+00:04:11 (16.1%)	5:11	11.6 (84.1%)
15	NUNZEK Agnieszka	227		K40	15	00:00:07	00:26:06.35	00:26:14.25	+00:04:18 (16.5%)	5:13	11.5 (83.3%)
16	GOLON Marlena	106		K40	16	00:00:08	00:26:07.55	00:26:15.95	+00:04:19 (16.6%)	5:13	11.5 (83.3%)
17	JANOWSKA Urszula	64	AKADEMIA BIEGANIA GRUDZIĄDZ	K40	17	00:00:17	00:26:21.00	00:26:38.90	+00:04:33 (17.3%)	5:16	11.4 (82.6%)
18	POLACKA Jadwiga	376		K40	18	00:00:17	00:27:00.10	00:27:17.95	+00:05:12 (19.3%)	5:24	11.1 (80.4%)
19	MAJERSKA Beata	352		K40	19	00:00:03	00:27:07.10	00:27:10.50	+00:05:19 (19.6%)	5:25	11.1 (80.4%)
20	SZUFLITA Iwona	263		K40	20	00:00:12	00:27:08.70	00:27:21.15	+00:05:21 (19.7%)	5:25	11 (79.7%)
21	RÓŻAŃSKA Jowanka	402	BYDGOSZCZ TRIATHLON TEAM	K40	21	00:00:03	00:27:09.45	00:27:12.60	+00:05:21 (19.7%)	5:25	11 (79.7%)
22	PLISZCZYŃSKA Joanna	21		K40	22	00:00:03	00:27:14.85	00:27:18.80	+00:05:27 (20.0%)	5:27	11 (79.7%)
23	PAPROCKA Małgorzata	47		K40	23	00:00:03	00:27:42.55	00:27:45.65	+00:05:54 (21.3%)	5:32	10.8 (78.3%)
24	KONOPCZYŃSKA Kamila	408		K40	24	00:00:04	00:27:44.00	00:27:48.55	+00:05:56 (21.4%)	5:32	10.8 (78.3%)
25	SYKUTERA-WOŹNIAK Agnieszka	325		K40	25	00:00:07	00:27:57.15	00:28:04.15	+00:06:09 (22.0%)	5:35	10.7 (77.5%)
26	JĘDRYSZKA Ewa	286		K40	26	00:00:06	00:27:57.65	00:28:04.15	+00:06:09 (22.1%)	5:35	10.7 (77.5%)
27	JANCZARSKA Beata	136	BUDLEX	K40	27	00:00:10	00:28:08.35	00:28:18.35	+00:06:20 (22.5%)	5:37	10.7 (77.5%)
28	DAŃCZUK Agnieszka	2		K40	28	00:00:05	00:28:25.25	00:28:30.50	+00:06:37 (23.3%)	5:41	10.6 (76.8%)
29	BASZANOWSKA Sylwia	216		K40	29	00:00:07	00:28:31.80	00:28:39.30	+00:06:44 (23.6%)	5:42	10.5 (76.1%)
30	RYDELSKA Kinga	320		K40	30	00:00:10	00:28:33.15	00:28:43.65	+00:06:45 (23.7%)	5:42	10.5 (76.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
31	DYLEWSKA Marta	56	PĄCZKI	K40	31	00:00:21	00:28:45.30	00:29:06.60	+00:06:57 (24.2%)	5:45	10.4 (75.4%)
32	KLUGIEWICZ Dorota	119		K40	32	00:00:13	00:28:46.85	00:29:00.45	+00:06:59 (24.3%)	5:45	10.4 (75.4%)
33	WIŚNIEWSKA-KRAWIEC Beata	430		K40	33	00:00:23	00:29:03.05	00:29:26.30	+00:07:15 (25.0%)	5:48	10.3 (74.6%)
34	ZAJĄKAŁA Małgorzata	346		K40	34	00:00:09	00:29:10.50	00:29:19.60	+00:07:22 (25.3%)	5:50	10.3 (74.6%)
35	AUGUSTYNOWICZ Aurelia	1	RWT W BYDGOSZCZY	K40	35	00:00:18	00:29:11.55	00:29:29.70	+00:07:23 (25.3%)	5:50	10.3 (74.6%)
36	SIEMIENIEC Violetta	122		K40	36	00:00:02	00:29:16.50	00:29:19.35	+00:07:28 (25.6%)	5:51	10.2 (73.9%)
37	KOWALSKA Aleksandra	312		K40	37	00:00:26	00:29:21.45	00:29:47.65	+00:07:33 (25.8%)	5:52	10.2 (73.9%)
38	KACZMAREK Anita	278		K40	38	00:00:12	00:29:23.70	00:29:36.00	+00:07:36 (25.9%)	5:52	10.2 (73.9%)
39	STIMMA Anna	375		K40	39	00:00:32	00:29:33.15	00:30:05.50	+00:07:45 (26.2%)	5:54	10.2 (73.9%)
40	LEWANDOWSKA Joanna	345		K40	40	00:00:09	00:29:34.00	00:29:43.20	+00:07:46 (26.3%)	5:54	10.1 (73.2%)
41	DOMŻALSKA Sławomira	351		K40	41	00:00:24	00:29:47.50	00:30:11.70	+00:07:59 (26.8%)	5:57	10.1 (73.2%)
42	MRÓWCZYŃSKA Aleksandra	302		K40	42	00:00:12	00:30:12.90	00:30:25.55	+00:08:25 (27.9%)	6:02	9.9 (71.7%)
43	KISIEL Katarzyna	429		K40	43	00:00:11	00:30:13.55	00:30:24.90	+00:08:25 (27.9%)	6:02	9.9 (71.7%)
44	PŁUCIENNIK Joanna	100		K40	44	00:00:21	00:30:28.05	00:30:49.05	+00:08:40 (28.5%)	6:05	9.8 (71.0%)
45	DĘBCZYŃSKA Agnieszka	177		K40	45	00:00:11	00:30:39.70	00:30:51.35	+00:08:52 (28.9%)	6:08	9.8 (71.0%)
46	MARĆ Agnieszka	232		K40	46	00:00:08	00:30:51.40	00:31:00.35	+00:09:03 (29.4%)	6:10	9.7 (70.3%)
47	MAGDZIARZ Monika	424		K40	47	00:00:21	00:30:59.30	00:31:20.90	+00:09:11 (29.7%)	6:11	9.7 (70.3%)
48	PASERA Teresa	339		K40	48	00:00:07	00:31:03.55	00:31:11.05	+00:09:15 (29.8%)	6:12	9.7 (70.3%)
49	MUSIAŁ Elwira	83	BYDGOSZCZ TRIATHLON TEAM	K40	49	00:00:14	00:31:07.85	00:31:22.55	+00:09:20 (30.0%)	6:13	9.6 (69.6%)
50	PUZEWICZ Izabela	274		K40	50	00:00:21	00:31:24.80	00:31:46.70	+00:09:37 (30.6%)	6:17	9.5 (68.8%)
51	DROGOWSKA Anetta	16		K40	51	00:00:19	00:31:37.80	00:31:57.60	+00:09:50 (31.1%)	6:19	9.5 (68.8%)
52	KRUSZKA Anita	326		K40	52	00:00:07	00:31:49.65	00:31:56.95	+00:10:01 (31.5%)	6:21	9.4 (68.1%)
53	MAŚLOCH Beata	173	BUDLEX	K40	53	00:00:26	00:31:50.30	00:32:17.10	+00:10:02 (31.5%)	6:22	9.4 (68.1%)
54	CHŁOPECKA Iwona	295		K40	54	00:00:25	00:31:53.10	00:32:18.20	+00:10:05 (31.6%)	6:22	9.4 (68.1%)
55	ZIENKOWSKA Joanna	294		K40	55	00:00:25	00:31:53.30	00:32:18.35	+00:10:05 (31.7%)	6:22	9.4 (68.1%)
56	PIECZEK Izabela	385	STUDIO ZDROWIA BYDGOSZCZ	K40	56	00:00:11	00:32:17.75	00:32:28.80	+00:10:30 (32.5%)	6:27	9.3 (67.4%)
57	LIBERA Sabina	9	PARKRUN BYDGOSZCZ	K40	57	00:00:20	00:32:22.65	00:32:43.20	+00:10:34 (32.7%)	6:28	9.3 (67.4%)
58	KUŚ Lidia	43		K40	58	00:00:10	00:32:26.90	00:32:37.00	+00:10:39 (32.8%)	6:29	9.2 (66.7%)
59	STRÓŻYŃSKA Gosia	333		K40	59	00:00:17	00:33:09.35	00:33:26.65	+00:11:21 (34.3%)	6:37	9 (65.2%)
60	OZTURK Klaudia	329		K40	60	00:00:08	00:33:18.25	00:33:26.60	+00:11:30 (34.6%)	6:39	9 (65.2%)
61	WOJDYLAK-PIEKUT Beata	330		K40	61	00:00:12	00:33:27.20	00:33:40.10	+00:11:39 (34.8%)	6:41	9 (65.2%)
62	SOBOCIŃSKA Marta	279		K40	62	00:00:24	00:33:34.00	00:33:58.75	+00:11:46 (35.1%)	6:42	8.9 (64.5%)
63	PAWLEWICZ Justyna	368		K40	63	00:00:07	00:33:35.50	00:33:42.50	+00:11:47 (35.1%)	6:43	8.9 (64.5%)
64	CZYŻYCKA Beata	270		K40	64	00:00:29	00:34:26.75	00:34:56.35	+00:12:39 (36.7%)	6:53	8.7 (63.0%)
65	MATERNA Hanna	138	BUDLEX	K40	65	00:00:26	00:34:29.30	00:34:55.40	+00:12:41 (36.8%)	6:53	8.7 (63.0%)
66	GAWRYCH Justyna	384		K40	66	00:00:05	00:34:49.40	00:34:54.75	+00:13:01 (37.4%)	6:57	8.6 (62.3%)
67	POŁOMSKA Joanna	249		K40	67	00:00:30	00:37:10.10	00:37:40.45	+00:15:22 (41.4%)	7:26	8.1 (58.7%)
68	NOWAKOWSKA Magda	363		K40	68	00:00:20	00:38:12.10	00:38:32.20	+00:16:24 (42.9%)	7:38	7.9 (57.2%)
69	MERCHEL Violetta	247	KLUB ZDROWIA	K40	69	00:00:22	00:38:29.75	00:38:52.00	+00:16:42 (43.4%)	7:42	7.8 (56.5%)
70	LIPOWSKA Magdalena	52	PĄCZKI	K40	70	00:00:30	00:38:34.00	00:39:04.50	+00:16:46 (43.5%)	7:42	7.8 (56.5%)
71	ALEKSY Małgorzata	185		K40	71	00:00:14	00:43:00.70	00:43:14.80	+00:21:13 (49.3%)	8:36	7 (50.7%)

Znaleziono 71 wynik(ów)