

RUNAWAY POLSKI UCIEKINIER | ELITA

B4SPORT

Wydarzenie: Runaway Polski Uciekinier Pępowo
Organizator: Runaway - Polski Uciekinier
Data: 2024-06-22
Miejsce: Pępowo
Dystans: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	BORYCZKA Mateusz	94		M30-34	1	FitPark Team	00:38:34.80		3:51	15.6 (100%)
2	JACIÓW Paweł	24		M30-34	2	WATAHA	00:39:38.65	+00:01:03 (2.7%)	3:57	15.1 (96.8%)
3	OLICHOWSKI Mateusz	70		M30-34	3	Noteć OCR Czarnków	00:40:16.50	+00:01:41 (4.2%)	4:01	14.9 (95.5%)
4	RUTKOWSKI Mariusz	81		M45-49	1	WOLF TEAM	00:43:36.45	+00:05:01 (11.5%)	4:21	13.8 (88.5%)
5	SEREDA Jakub	17		M25-29	1	WATAHA	00:44:43.85	+00:06:09 (13.8%)	4:28	13.4 (85.9%)
6	KALININ Jarosław	77		M25-29	2	Ex Team	00:45:14.05	+00:06:39 (14.7%)	4:31	13.3 (85.3%)
7	TARKA Andrzej	89		M45-49	2		00:46:28.55	+00:07:53 (17.0%)	4:38	12.9 (82.7%)
8	KROPIDŁOWSKI Grzegorz	80		M40-44	1	WOLF TEAM	00:46:44.20	+00:08:09 (17.5%)	4:40	12.8 (82.1%)
9	KOZŁOWSKI Artur	82		M25-29	3	Gorący Potok Team	00:46:47.30	+00:08:12 (17.5%)	4:40	12.8 (82.1%)
10	KALISZYK Grzegorz	88		M45-49	3	Mad Runners	00:46:50.25	+00:08:15 (17.6%)	4:41	12.8 (82.1%)
11	DULIK Kacper	63		M35-39	1	Legnica Pokonuje Przeszkody	00:46:56.00	+00:08:21 (17.8%)	4:41	12.8 (82.1%)
12	BARAN Konrad	85		M30-34	4	Warriors Łódź	00:47:18.15	+00:08:43 (18.4%)	4:43	12.7 (81.4%)
13	IGNACZAK Rajmund	55		M30-34	5	Legnica Pokonuje Przeszkody	00:48:00.65	+00:09:25 (19.6%)	4:48	12.5 (80.1%)
14	ILIV Andrzej	50		M35-39	2		00:48:13.80	+00:09:39 (20.0%)	4:49	12.4 (79.5%)
15	KOTALA Arkadiusz	6		M25-29	4	WATAHA	00:48:17.10	+00:09:42 (20.1%)	4:49	12.4 (79.5%)
16	BERNACKI Grzegorz	53		M45-49	4	Noteć OCR Czarnków	00:49:35.05	+00:11:00 (22.2%)	4:57	12.1 (77.6%)
17	PORĘBSKI Michał	19		M40-44	2	Dzik Komando	00:50:31.35	+00:11:56 (23.6%)	5:03	11.9 (76.3%)
18	STAWSKI Artur	97		M35-39	3		00:50:34.65	+00:11:59 (23.7%)	5:03	11.9 (76.3%)
19	TYCZYNO Wojciech	42		M40-44	3	WATAHA	00:51:10.75	+00:12:35 (24.6%)	5:07	11.7 (75.0%)
20	IDCZAK Piotr	75		M35-39	4	Dynamic Strong Gniezno	00:51:38.95	+00:13:04 (25.3%)	5:09	11.6 (74.4%)
21	WITKOWSKI Rafał	14		M30-34	6	WATAHA	00:52:07.40	+00:13:32 (26.0%)	5:12	11.5 (73.7%)
22	RUDNICKI Marcin	95		M45-49	5	Koniu Squad	00:52:08.10	+00:13:33 (26.0%)	5:12	11.5 (73.7%)
23	BŁĘDZKI Adam	32		M35-39	5		00:52:29.80	+00:13:55 (26.5%)	5:14	11.4 (73.1%)
24	KĘPA Bartosz	37		M30-34	7	WOLF TEAM	00:52:43.20	+00:14:08 (26.8%)	5:16	11.4 (73.1%)
25	ŚWIERSZCZ Paweł	91		M35-39	6	Legnica Pokonuje Przeszkody	00:53:21.00	+00:14:46 (27.7%)	5:20	11.2 (71.8%)
26	KOWALSKI Artur	48		M30-34	8	Warriors Łódź	00:55:11.25	+00:16:36 (30.1%)	5:31	10.9 (69.9%)
27	PURZYCKI Remigiusz	45		M25-29	5		00:55:40.20	+00:17:05 (30.7%)	5:34	10.8 (69.2%)
28	KRYSIAK Mateusz	79		M30-34	9		00:55:56.20	+00:17:21 (31.0%)	5:35	10.7 (68.6%)
29	DOLNY Krystian	2		M25-29	6	Noteć OCR Czarnków	00:56:06.65	+00:17:31 (31.2%)	5:36	10.7 (68.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas		Tempo min/km	Tempo km/h
							netto	Różn		
30	RATAJCZYK Tomasz	20		M35-39	7	WATAHA	00:56:47.35	+00:18:12 (32.1%)	5:40	10.6 (67.9%)
31	KALISZ Adrian	27		M35-39	8	WOLF TEAM	00:56:54.40	+00:18:19 (32.2%)	5:41	10.5 (67.3%)
32	WOŁCZEK-WOJTYSZYN Paulina	231		K30-34	1	Ex Team	00:57:09.95	+00:18:35 (32.5%)	5:42	10.5 (67.3%)
33	ROZKOCHA Anna	222		K25-29	1	FitPark Team	00:57:23.60	+00:18:48 (32.8%)	5:44	10.5 (67.3%)
34	WOJTASZCZYK Mateusz	33		M40-44	4		00:58:24.70	+00:19:49 (34.0%)	5:50	10.3 (66.0%)
35	PABIN Paweł	31		M35-39	9	Obstacle Center Team	00:58:45.25	+00:20:10 (34.3%)	5:52	10.2 (65.4%)
36	RZEKIECKI Michał	62		M35-39	10	CHEEKY MONKEY TEAM	00:59:12.95	+00:20:38 (34.8%)	5:55	10.1 (64.7%)
37	KORALEWSKI Paweł	34		M40-44	5	WATAHA	00:59:14.40	+00:20:39 (34.9%)	5:55	10.1 (64.7%)
38	WIŚNIEWSKI Daniel	78		M18-24	1		00:59:32.90	+00:20:58 (35.2%)	5:57	10.1 (64.7%)
39	ROJEWSKI Piotr	90		M25-29	7	FitPark Team	00:59:35.00	+00:21:00 (35.3%)	5:57	10.1 (64.7%)
40	JASIŃSKI Piotr	93		M40-44	6	Active Flow	01:00:03.30	+00:21:28 (35.8%)	6:00	10 (64.1%)
41	KUCHARSKI Łukasz	52		M40-44	7	BigYellowFoot Adventure Team	01:00:16.80	+00:21:42 (36.0%)	6:01	10 (64.1%)
42	MIROŚLAW Seweryn	100		M45-49	6	BigYellowFoot Adventure Team	01:00:17.80	+00:21:43 (36.0%)	6:01	10 (64.1%)
43	KOLERZAK Marcin	39		M30-34	10	Legnica Pokonuje Przeszkody	01:00:44.70	+00:22:09 (36.5%)	6:04	9.9 (63.5%)
44	MALICKI Tomasz	1		M30-34	11	Legnica Pokonuje Przeszkody	01:01:11.00	+00:22:36 (36.9%)	6:07	9.8 (62.8%)
45	GADULA Jakub	36		M35-39	11		01:01:45.75	+00:23:10 (37.5%)	6:10	9.7 (62.2%)
46	SERAFIŃSKI Robert	23		M50+	1	RAJSPORT ACTIVE	01:01:54.00	+00:23:19 (37.7%)	6:11	9.7 (62.2%)
47	GARLEWICZ Bartosz	49		M30-34	12	FitPark Team	01:02:16.70	+00:23:41 (38.1%)	6:13	9.6 (61.5%)
48	SZOJDA Ola	212		K13-17	1	Paka ninja	01:02:32.35	+00:23:57 (38.3%)	6:15	9.6 (61.5%)
49	KRAWCZYSZYN Kamil	3		M25-29	8	Legnica Pokonuje Przeszkody	01:02:36.20	+00:24:01 (38.4%)	6:15	9.6 (61.5%)
50	SOBCZAK Rafał	41		M45-49	7	RAJSPORT ACTIVE	01:03:30.80	+00:24:56 (39.3%)	6:21	9.4 (60.3%)
51	PARUCH Marcin	68		M30-34	13	Legnica Pokonuje Przeszkody	01:03:42.80	+00:25:08 (39.4%)	6:22	9.4 (60.3%)
52	PILAWSKI Ryszard	71		M50+	2	Noteć OCR Czarnków	01:04:01.25	+00:25:26 (39.7%)	6:24	9.4 (60.3%)
53	WIELOGÓRSKI Mateusz	5		M30-34	14	BigYellowFoot Adventure Team	01:04:16.30	+00:25:41 (40.0%)	6:25	9.3 (59.6%)
54	NIEŚLONY Dominika	218		K18-24	1	Ex Team	01:04:46.20	+00:26:11 (40.4%)	6:28	9.3 (59.6%)
55	RACPENKI Jan	99	GORACY POTOK TEAM	M40-44	8	Gorący Potok Team	01:04:49.95	+00:26:15 (40.5%)	6:28	9.3 (59.6%)
56	BOCZULA Michał	28		M30-34	15	WATAHA	01:05:38.60	+00:27:03 (41.2%)	6:33	9.1 (58.3%)
57	GRABARCZYK Paweł	87		M25-29	9		01:05:53.15	+00:27:18 (41.4%)	6:35	9.1 (58.3%)
58	POGNEBSKI Roman	96	WOLF TEAM	M50+	3	WOLF TEAM	01:06:40.70	+00:28:05 (42.1%)	6:40	9 (57.7%)
59	NOWAK Filip	22		M25-29	10	CHEEKY MONKEY TEAM	01:07:39.35	+00:29:04 (43.0%)	6:45	8.9 (57.1%)
60	STANKIEWICZ Witold	83		M40-44	9		01:08:38.00	+00:30:03 (43.8%)	6:51	8.7 (55.8%)
61	NOJEK Arkadiusz	47		M30-34	16	CHEEKY MONKEY TEAM	01:09:27.40	+00:30:52 (44.5%)	6:56	8.6 (55.1%)
62	KOSEK Krzysztof	59		M30-34	17	CHEEKY MONKEY TEAM	01:10:06.10	+00:31:31 (45.0%)	7:00	8.6 (55.1%)
63	ŻYTO Grzegorz	38		M35-39	12	WATAHA	01:10:33.90	+00:31:59 (45.3%)	7:03	8.5 (54.5%)
64	KOŁODZIEJEK Robert	13		M45-49	8		01:10:39.00	+00:32:04 (45.4%)	7:03	8.5 (54.5%)
65	SYSAK Łukasz	58		M40-44	10	Legnica Pokonuje Przeszkody	01:10:48.00	+00:32:13 (45.5%)	7:04	8.5 (54.5%)
66	SERWATKA Mateusz	46		M30-34	18	CHEEKY MONKEY TEAM	01:10:58.25	+00:32:23 (45.6%)	7:05	8.5 (54.5%)
67	KONIECZNA Żaneta	226		K18-24	2	BF24 Ninja Team PRO	01:11:13.00	+00:32:38 (45.8%)	7:07	8.4 (53.8%)
68	NICKIEWICZ Karol	98	RAJSPORT ACTIVE	M30-34	19	RAJSPORT ACTIVE	01:12:55.20	+00:34:20 (47.1%)	7:17	8.2 (52.6%)
69	ŻOLOB Anżelika	229		K25-29	2		01:13:04.95	+00:34:30 (47.2%)	7:18	8.2 (52.6%)
70	ADAMUS Krzysztof	11		M25-29	11		01:14:23.30	+00:35:48 (48.1%)	7:26	8.1 (51.9%)
71	MARKOWSKA Nikola	225		K13-17	2	WATAHA	01:15:06.15	+00:36:31 (48.6%)	7:30	8 (51.3%)
72	TOMCZAK Marcin	10		M35-39	13	WATAHA	01:15:11.35	+00:36:36 (48.7%)	7:31	8 (51.3%)
73	POCZTA Daniel	76		M25-29	12		01:16:24.15	+00:37:49 (49.5%)	7:38	7.9 (50.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto		Tempo min/km	Tempo km/h
							10km	Różn		
74	PORĘBSKA Katarzyna	219		K35-39	1	Dzik Komando	01:16:44.25	+00:38:09 (49.7%)	7:40	7.8 (50.0%)
75	KOCHANEK Agata	224		K30-34	2	Active Flow	01:17:13.60	+00:38:38 (50.0%)	7:43	7.8 (50.0%)
76	NOWAK Wojciech	66		M35-39	14		01:21:01.15	+00:42:26 (52.4%)	8:06	7.4 (47.4%)
77	GAJEWSKI Tomasz	56		M35-39	15	Legnica Pokonuje Przeszkody	01:21:34.70	+00:42:59 (52.7%)	8:09	7.4 (47.4%)
78	LEWANDOWSKI Patryk	51		M35-39	16		01:21:41.85	+00:43:07 (52.8%)	8:10	7.3 (46.8%)
79	METZ Piotr	30		M30-34	20		01:21:49.60	+00:43:14 (52.9%)	8:10	7.3 (46.8%)
80	PRUSKO Paulina	217		K30-34	3	WATAHA	01:23:03.45	+00:44:28 (53.6%)	8:18	7.2 (46.2%)
81	POLAK Jarosław	4		M35-39	17	BigYellowFoot Adventure Team	01:23:05.00	+00:44:30 (53.6%)	8:18	7.2 (46.2%)
82	KOZDROŃ Marcin	54		M35-39	18	Legnica Pokonuje Przeszkody	01:23:27.95	+00:44:53 (53.8%)	8:20	7.2 (46.2%)
83	FIGAS Jarek	86		M40-44	11	Mad Runners	01:24:38.80	+00:46:04 (54.4%)	8:27	7.1 (45.5%)
84	BILEWICZ Kacper	26		M30-34	21		01:25:08.55	+00:46:33 (54.7%)	8:30	7 (44.9%)
85	TARNAWSKI Maciej	16		M35-39	19		01:25:09.45	+00:46:34 (54.7%)	8:30	7 (44.9%)
86	MACIOŁ Piotr	69		M35-39	20		01:25:33.40	+00:46:58 (54.9%)	8:33	7 (44.9%)
87	SZAŁKOWSKA Agnieszka	214		K35-39	2		01:25:52.10	+00:47:17 (55.1%)	8:35	7 (44.9%)
88	POLASZEK Paweł	7		M35-39	21		01:26:30.25	+00:47:55 (55.4%)	8:39	6.9 (44.2%)
89	BEŃKO Kamil	72		M35-39	22	Legnica Pokonuje Przeszkody	01:26:50.65	+00:48:15 (55.6%)	8:41	6.9 (44.2%)
90	SOWIŃSKI Mikołaj	101		M18-24	2		01:27:22.00	+00:48:47 (55.8%)	8:44	6.9 (44.2%)
91	ŁOPACIŃSKI Damian	43		M35-39	23	Legnica Pokonuje Przeszkody	01:27:33.65	+00:48:58 (55.9%)	8:45	6.9 (44.2%)
92	BARWICKI Tomasz	60		M35-39	24	Legnica Pokonuje Przeszkody	01:30:17.90	+00:51:43 (57.3%)	9:01	6.6 (42.3%)
93	KASPROWIAK Paweł	35		M35-39	25	WATAHA	01:38:21.85	+00:59:47 (60.8%)	9:50	6.1 (39.1%)
94	TRUBIŁOWICZ Mateusz	74		M30-34	22	Carbon Silesia Sport by Vitarade	01:39:24.25	+01:00:49 (61.2%)	9:56	6 (38.5%)
95	JANKOWSKA Agnieszka	223		K30-34	4	Legnica Pokonuje Przeszkody	01:40:19.20	+01:01:44 (61.5%)	10:01	6 (38.5%)
96	BACHURA Grzegorz	29		M40-44	12		01:44:25.50	+01:05:50 (63.1%)	10:26	5.7 (36.5%)
97	MELA-GRZĘDA Justyna	211		K30-34	5	CHEEKY MONKEY TEAM	01:49:45.95	+01:11:11 (64.9%)	10:58	5.5 (35.3%)
98	RUDNICKA Anna	215		K40-44	1		02:05:30.30	+01:26:55 (69.3%)	12:33	4.8 (30.8%)
99	DĄBROWSKA Angelika	233	WOLF TEAM	K35-39	3	WOLF TEAM	02:18:47.05	+01:40:12 (72.2%)	13:52	4.3 (27.6%)
100	DĄBROWSKA Michalina	232		K30-34	6		02:21:50.25	+01:43:15 (72.8%)	14:11	4.2 (26.9%)
101	MURA-JAMRO Katarzyna	213		K35-39	4	Klono Team	02:25:13.20	+01:46:38 (73.4%)	14:31	4.1 (26.3%)
	SUSZEK Mateusz	57		M35-39			DNF		-	- (0.0%)
	HAMPLEWSKI Waldemar	67		M30-34			DNF		-	- (0.0%)
	KURYŁO Kamil	84		M30-34			DNF		-	- (0.0%)
	SOBALSKI Maciej	64		M40-44			DNF		-	- (0.0%)
	NOWOWIEJSKI Jakub	21		M30-34			DNF		-	- (0.0%)
	KARWACKI Rafał	12		M30-34			DNF		-	- (0.0%)
	BAK Damian	73		M25-29			DNF		-	- (0.0%)
	PRZYBYTEK Sławomir	92		M45-49			DNF		-	- (0.0%)
	DALIBOR Maciej	25		M18-24			DNF		-	- (0.0%)
	JÓZEFIAK Martyna	221		K30-34		Warriors Łódź	DNF		-	- (0.0%)
	WILCZYŃSKA Agata	216		K40-44		Dzik Komando	DNF		-	- (0.0%)
	WYROBEK Katarzyna	239	CHEEKY MONKEY TEAM	K35-39		CHEEKY MONKEY TEAM	DNF		-	- (0.0%)
	ŁUBOWSKA Iza	230		K25-29			DNF		-	- (0.0%)
	KOCOWSKA Karolina	227		K25-29			DNF		-	- (0.0%)
Przekroczony limit czasu: 02:30:00										
	CEPENDA Marta	228		K30-34		Legnica Pokonuje Przeszkody	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
	KORZENIOWSKA Adrianna	220		K25-29		CHEEKY MONKEY TEAM	DNF		-	- (0.0%)

Znaleziono 117 wynik(ów)