

RUNAWAY POLSKI UCIEKINIER | ELITA

B4SPORT

Event: Runaway Polski Uciekinier Pępowo
Organiser: Runaway - Polski Uciekinier
Date: 2021-06-19
Place: Pępowo
Distance: 10 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: M-20

Place	Participant	Number	Club	Category	MCat	Net time 10km	Gap	Pace min/km	Pace km/h
1	HAJNOS Dawid	56	GORĄCY POTOK TEAM	M-20	1	00:51:29.80		5:08	11.7 (100%)
2	SERAFIŃSKI Maciej	187	RAJSPOK ACTIVE	M-20	2	00:53:05.80	+00:01:36 (3.0%)	5:18	11.3 (96.6%)
3	WOJTYSZYN Wojciech	221	EX TEAM	M-20	3	00:53:43.85	+00:02:14 (4.2%)	5:22	11.2 (95.7%)
4	KĄDZIELA Michał	87	KONIUCHY OCR	M-20	4	00:56:00.65	+00:04:30 (8.1%)	5:36	10.7 (91.5%)
5	WÓJCIK Adam	223	EX TEAM	M-20	5	00:58:23.65	+00:06:53 (11.8%)	5:50	10.3 (88.0%)
6	MĘDYGRAŁ Krystian	138	WATAHA	M-20	6	01:01:13.90	+00:09:44 (15.9%)	6:07	9.8 (83.8%)
7	ZIELIŃSKI Tomasz	225	LEMON TEAM	M-20	7	01:03:34.25	+00:12:04 (19.0%)	6:21	9.4 (80.3%)
8	DŁUGOSZ Łukasz	31		M-20	8	01:04:41.55	+00:13:11 (20.4%)	6:28	9.3 (79.5%)
9	KALININ Jarosław	77	RAJSPOK ACTIVE	M-20	9	01:05:50.55	+00:14:20 (21.8%)	6:35	9.1 (77.8%)
10	JÓZWIK Adrian	71	NEXTREME	M-20	10	01:08:42.65	+00:17:12 (25.1%)	6:52	8.7 (74.4%)
11	KMIECIAK Jakub	93	DIRTY SPARROWS	M-20	11	01:09:32.30	+00:18:02 (25.9%)	6:57	8.6 (73.5%)
12	KOZUBEK Seweryn	105	RAJSPOK ACTIVE	M-20	12	01:11:53.85	+00:20:24 (28.4%)	7:11	8.3 (70.9%)
13	SOBAŃSKI Maciej	191		M-20	13	01:17:03.90	+00:25:34 (33.2%)	7:42	7.8 (66.7%)
14	KALNIUK Paweł	80	WOLF TEAM	M-20	14	01:17:32.05	+00:26:02 (33.6%)	7:45	7.7 (65.8%)
15	BAJON Przemysław	3	WATAHA	M-20	15	01:18:55.45	+00:27:25 (34.8%)	7:53	7.6 (65.0%)
16	ANDRZEJEWSKI Jakub	2	DRUŻYNA SPARTA RUNNERS	M-20	16	01:19:55.85	+00:28:26 (35.6%)	7:59	7.5 (64.1%)
17	RZEPKA Rafał	183	SPARTA RUNNERS	M-20	17	01:20:36.20	+00:29:06 (36.1%)	8:03	7.4 (63.2%)
18	KĘSIK Michał	89	SPARTA RUNNERS	M-20	18	01:21:02.35	+00:29:32 (36.5%)	8:06	7.4 (63.2%)
19	PIOTROWSKI Kamil	171		M-20	19	01:23:42.05	+00:32:12 (38.5%)	8:22	7.2 (61.5%)
20	GRZEBUŁA Łukasz	52		M-20	20	01:23:42.90	+00:32:13 (38.5%)	8:22	7.2 (61.5%)
21	DUKIEWICZ Dariusz	36	RMF4RT GLADIATORS	M-20	21	01:24:03.95	+00:32:34 (38.7%)	8:24	7.1 (60.7%)
22	BUCZKOWSKI Krzysztof	13		M-20	22	01:24:06.65	+00:32:36 (38.8%)	8:24	7.1 (60.7%)
23	JAKUBIK Dawid	64		M-20	23	01:24:53.40	+00:33:23 (39.3%)	8:29	7.1 (60.7%)
24	TKACZYK Michał	206		M-20	24	01:25:10.65	+00:33:40 (39.5%)	8:31	7 (59.8%)
25	GAWRON Hubert	44		M-20	25	01:31:13.20	+00:39:43 (43.5%)	9:07	6.6 (56.4%)
26	MALICKI Dawid	129	MANUFAKTURA MOCY	M-20	26	01:33:02.15	+00:41:32 (44.6%)	9:18	6.4 (54.7%)
27	GACH Damian	43	KUŹNIA DAMIANA	M-20	27	01:38:28.60	+00:46:58 (47.7%)	9:50	6.1 (52.1%)
28	NUTIL Michał	155	MICHAŁ NUTIL	M-20	28	01:38:51.70	+00:47:21 (47.9%)	9:53	6.1 (52.1%)
29	GRZEGORZYCA Szymon	53	CARBON SILESIA SPORT	M-20	29	01:38:54.45	+00:47:24 (47.9%)	9:53	6.1 (52.1%)

Place	Participant	Number	Club	Category	MCat	Net time 10km	Gap	Pace min/km	Pace km/h
30	KOTALA Arkadiusz	100		M-20	30	01:39:06.65	+00:47:36 (48.0%)	9:54	6.1 (52.1%)
31	GOLIŃSKI Paweł	231	HELL'S GYM OCR PĘPOWO	M-20	31	01:39:56.30	+00:48:26 (48.5%)	9:59	6 (51.3%)
32	PELA Jakub	167		M-20	32	01:40:01.25	+00:48:31 (48.5%)	10:00	6 (51.3%)
33	LOREK Krzysztof	116	HELL'S GYM OCR PĘPOWO	M-20	33	01:47:05.00	+00:55:35 (51.9%)	10:42	5.6 (47.9%)
34	NOWACKI Piotr	153	HELL'S GYM OCR PĘPOWO	M-20	34	01:47:05.35	+00:55:35 (51.9%)	10:42	5.6 (47.9%)
35	ŁANOCHA Michał	118	MI-MED MICHAŁ ŁANOCHA RATOWNICTWO MEDYCZNE	M-20	35	01:47:20.05	+00:55:50 (52.0%)	10:44	5.6 (47.9%)
36	GRYŻEWSKI Karol	51	OBSTACLE CENTER TEAM	M-20	36	01:50:45.75	+00:59:15 (53.5%)	11:04	5.4 (46.2%)
37	WOCHNIAK Michał	219	WARRIORS ŁÓDŹ	M-20	37	01:52:35.90	+01:01:06 (54.3%)	11:15	5.3 (45.3%)
38	BOŚKA Patryk	10		M-20	38	01:55:06.25	+01:03:36 (55.3%)	11:30	5.2 (44.4%)
39	TARAS Michał	205		M-20	39	01:56:49.80	+01:05:20 (55.9%)	11:40	5.1 (43.6%)
40	NOWAK Paweł	154	BALTIC SEALS	M-20	40	01:58:58.95	+01:07:29 (56.7%)	11:53	5 (42.7%)
Przekroczony limit czasu: 02:00:00									
41	ŁUCZAK Paweł	123		M-20	41	02:01:00.00	+01:09:30 (57.4%)	12:06	5 (42.7%)
42	CZUBASZEWSKI Kamil	26	PZU SPORT TEAM	M-20	42	02:02:28.50	+01:10:58 (58.0%)	12:14	4.9 (41.9%)
DNC	MANIKOWSKI Daniel	131		M-20		01:16:34.65		0:00	7.8 (66.7%)
DNC	NOWACKI Tomasz	152		M-20		01:25:44.30		0:00	7 (59.8%)
DNC	ŁUCZAK Ariel	124		M-20		01:27:20.70		0:00	6.9 (59.0%)
DNC	KLAWCZYŃSKI Karol	92		M-20		01:30:38.65		0:00	6.6 (56.4%)

Total 46 results.