

Wydarzenie: Runmageddon GDAŃSK
Organizator: Extreme Events, Runmageddon
Data: 2023-09-10
Miejsce: Gdańsk
Dystans: 12 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	OLICHOWSKI Mateusz	4080	NOTEĆ OCR CZARNKÓW	Elite Mężczyzn	1	07:30	00:31:09	01:03:28.60	01:03:28.60		5:17	11.3 (100%)
2	KRAWIECKI Mateusz	4050	RUNMAGEDDON TEAM	Elite Mężczyzn	2	07:30	00:31:31	01:04:45.95	01:04:45.95	+00:01:17 (2.0%)	5:23	11.1 (98.2%)
3	KONEWKA Jacek	4056	WARRIORS ŁÓDŹ	Elite Mężczyzn	3	07:30	00:32:50	01:06:55.20	01:06:55.20	+00:03:26 (5.1%)	5:34	10.8 (95.6%)
4	KALINOWSKI Krystian	4049	RUNMAGEDDON TEAM	Elite Mężczyzn	4	07:30	00:32:30	01:07:42.80	01:07:42.80	+00:04:14 (6.3%)	5:38	10.6 (93.8%)
5	BĄK Daniel	4010	BIEGUN OCR TEAM	Elite Mężczyzn	5	07:30	00:32:45	01:09:34.35	01:09:34.35	+00:06:05 (8.8%)	5:47	10.3 (91.2%)
6	BRZEZIŃSKI Bartosz	4048	RUNMAGEDDON TEAM	Elite Mężczyzn	6	07:30	00:33:56	01:10:53.85	01:10:53.85	+00:07:25 (10.5%)	5:54	10.2 (90.3%)
7	WUDKOWSKI Filip	4087	AAAXRUNNERS	Elite Mężczyzn	7	07:40	00:36:17	01:12:29.00	01:12:29.00	+00:09:00 (12.4%)	6:02	9.9 (87.6%)
8	ZAKHARCHUK Vitalii	4012	BIEGUN OCR TEAM	Elite Mężczyzn	8	07:30	00:34:49	01:12:41.40	01:12:41.40	+00:09:12 (12.7%)	6:03	9.9 (87.6%)
9	BOROWSKI Michał	4006	ANONIMOWY ANCYMON	Elite Mężczyzn	9	07:30	00:34:27	01:13:14.10	01:13:14.10	+00:09:45 (13.3%)	6:06	9.8 (86.7%)
10	BĄK Jakub	4094	BIEGUN OCR TEAM	Elite Mężczyzn	10	07:40	00:35:32	01:13:55.65	01:13:55.65	+00:10:27 (14.1%)	6:09	9.7 (85.8%)
11	KAZUŁA Jakub	4074		Elite Mężczyzn	11	07:30	00:33:50	01:14:21.90	01:14:21.90	+00:10:53 (14.6%)	6:11	9.7 (85.8%)
12	KURTA Rafał	4085	AAAXRUNNERS	Elite Mężczyzn	12	07:40	00:35:13	01:14:22.60	01:14:22.60	+00:10:54 (14.7%)	6:11	9.7 (85.8%)
13	KURASZ Filip	4005	ACTIVE FLOW	Elite Mężczyzn	13	07:30	00:37:12	01:14:26.05	01:14:26.05	+00:10:57 (14.7%)	6:12	9.7 (85.8%)
14	JANISZEWSKI Dariusz	4041	NNJL - NIEBO NIE JEST LIMITEM	Elite Mężczyzn	14	07:30	00:36:24	01:14:29.10	01:14:29.10	+00:11:00 (14.8%)	6:12	9.7 (85.8%)
15	KOTALA Arkadiusz	4059	WATAHA	Elite Mężczyzn	15	07:30	00:37:30	01:14:41.10	01:14:41.10	+00:11:12 (15.0%)	6:13	9.6 (85.0%)

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16	WITKOWSKI Paweł	4086	AAAXRUNNERS	Elite Mężczyzn	16	07:40	00:36:15	01:14:44.70	01:14:44.70	+00:11:16 (15.1%)	6:13	9.6 (85.0%)
17	RUDNICKI Marcin	4081		Elite Masters Mężczyzn	1	07:30	00:37:52	01:15:12.60	01:15:12.60	+00:11:44 (15.6%)	6:16	9.6 (85.0%)
18	PUZDROWSKI Jarosław	4098	BIEGUN OCR TEAM	Elite Mężczyzn	17	07:40	00:37:30	01:15:17.75	01:15:17.75	+00:11:49 (15.7%)	6:16	9.6 (85.0%)
19	KROPIDŁOWSKI Grzegorz	4062	WOLF TEAM	Elite Masters Mężczyzn	2	07:30	00:36:31	01:15:24.85	01:15:24.85	+00:11:56 (15.8%)	6:17	9.5 (84.1%)
20	BRZOSKWINIA Wojciech	4040	AAAXRUNNERS	Elite Mężczyzn	18	07:30	00:31:24	01:16:48.95	01:16:48.95	+00:13:20 (17.4%)	6:24	9.4 (83.2%)
21	TRACZYŃSKI Daniel	4409	MAD RUNNERS	Elite Mężczyzn	19	07:30	00:37:04	01:17:02.55	01:17:02.55	+00:13:33 (17.6%)	6:25	9.3 (82.3%)
22	DERYŁO Mateusz	4037	KONIU SQUAD	Elite Mężczyzn	20	07:30	00:38:06	01:17:02.65	01:17:02.65	+00:13:34 (17.6%)	6:25	9.3 (82.3%)
23	SEREDA Jakub	4060	WATAHA	Elite Mężczyzn	21	07:30	00:38:24	01:17:21.20	01:17:21.20	+00:13:52 (17.9%)	6:26	9.3 (82.3%)
24	BĄCZKOWSKI Jan	4684		Open Mężczyzn	1	10:00	00:39:31	01:17:46.20	01:17:46.20	+00:14:17 (18.4%)	6:28	9.3 (82.3%)
25	KĘDZIORA Bogumił	4039	KONIU SQUAD	Elite Masters Mężczyzn	3	07:30	00:36:32	01:17:56.50	01:17:56.50	+00:14:27 (18.6%)	6:29	9.2 (81.4%)
26	WISNIEWSKI Daniel	4033	HELLS HEAVEN OCR SZCZECIN	Elite Masters Mężczyzn	4	07:30	00:37:46	01:17:58.70	01:17:58.70	+00:14:30 (18.6%)	6:29	9.2 (81.4%)
27	JAKIMSKI Mariusz	4036	KOLEKTYW	Elite Masters Mężczyzn	5	07:30	00:38:19	01:18:26.80	01:18:26.80	+00:14:58 (19.1%)	6:32	9.2 (81.4%)
28	KLEWANIEC Jakub	4020	CARBON SILESIA SPORT	Elite Mężczyzn	22	07:40	00:38:51	01:19:37.90	01:19:37.90	+00:16:09 (20.3%)	6:38	9 (79.6%)
29	KRYGOWSKI Mateusz	4008	BEST BEASTS	Elite Mężczyzn	23	07:30	00:39:00	01:19:44.80	01:19:44.80	+00:16:16 (20.4%)	6:38	9 (79.6%)
30	WILK Kosma	4156		Elite Mężczyzn	24	07:40	00:39:48	01:19:55.00	01:19:55.00	+00:16:26 (20.6%)	6:39	9 (79.6%)
31	BRZESKI Szczepan	4407	BF24 NINJA TEAM PRO	Elite Masters Mężczyzn	6	07:40	00:38:52	01:20:03.55	01:20:03.55	+00:16:34 (20.7%)	6:40	9 (79.6%)
32	GAŁUSZYŃSKI Paweł	4088	ACTIVE FLOW	Elite Mężczyzn	25	07:40	00:38:27	01:20:14.45	01:20:14.45	+00:16:45 (20.9%)	6:41	9 (79.6%)
33	WIELOGÓRSKI Karol	4011	BIEGUN OCR TEAM	Elite Mężczyzn	26	07:30	00:38:44	01:20:34.25	01:20:34.25	+00:17:05 (21.2%)	6:42	8.9 (78.8%)
34	MATUSIK Adam	4032	FIT & MORE RYBNIK	Elite Mężczyzn	27	07:30	00:39:32	01:20:43.55	01:20:43.55	+00:17:14 (21.4%)	6:43	8.9 (78.8%)
35	RYBCZYŃSKI Michał	4007	ATLAS RUNNING TEAM	Elite Mężczyzn	28	07:30	00:40:16	01:21:33.80	01:21:33.80	+00:18:05 (22.2%)	6:47	8.8 (77.9%)
36	FALKIEWICZ Jacek	4276		Open Mężczyzn	2	08:15	00:41:58	01:21:41.30	01:21:41.30	+00:18:12 (22.3%)	6:48	8.8 (77.9%)
37	GOLKO Jakub	5001		Open Mężczyzn	3	10:00	00:39:27	01:21:42.65	01:21:42.65	+00:18:14 (22.3%)	6:48	8.8 (77.9%)
38	MICHALSKI Sebastian	4238	CARBON SILESIA SPORT	Elite Mężczyzn	29	07:40	00:41:08	01:22:09.90	01:22:09.90	+00:18:41 (22.7%)	6:50	8.8 (77.9%)

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								netto 12km	brutto 12km			
39	CZAPRAN Marek	4002	AAAXRUNNERS	Elite Mężczyzn	30	07:30	00:40:55	01:22:33.45	01:22:33.45	+00:19:04 (23.1%)	6:52	8.7 (77.0%)
40	BIELAK Tomasz	4406	WOLF TEAM	Elite Mężczyzn	31	07:40	00:41:47	01:22:37.50	01:22:37.50	+00:19:08 (23.2%)	6:53	8.7 (77.0%)
41	MARKOWSKI Łukasz	4091	ACTIVITY SPORT ELBLĄG	Elite Mężczyzn	32	07:40	00:41:44	01:22:56.40	01:22:56.40	+00:19:27 (23.5%)	6:54	8.7 (77.0%)
42	MACIUSZEK Julia	4177	RUNMAGEDDON TEAM	Elite Kobiet	1	08:00	00:41:20	01:22:59.90	01:22:59.90	+00:19:31 (23.5%)	6:54	8.7 (77.0%)
43	DYBICH Igor	4069		Elite Mężczyzn	33	07:30	00:40:56	01:23:13.90	01:23:13.90	+00:19:45 (23.7%)	6:56	8.7 (77.0%)
44	GAJOCHA Michał	4018	CARBON SILESIA SPORT	Elite Masters Mężczyzn	7	07:30	00:41:04	01:23:15.90	01:23:15.90	+00:19:47 (23.8%)	6:56	8.6 (76.1%)
45	JUDEK Łukasz	4019	CARBON SILESIA SPORT	Elite Masters Mężczyzn	8	07:30	00:41:36	01:23:30.95	01:23:30.95	+00:20:02 (24.0%)	6:57	8.6 (76.1%)
46	SZKLARSKI Przemysław	4026	CARBON SILESIA SPORT	Elite Masters Mężczyzn	9	07:30	00:41:00	01:23:33.85	01:23:33.85	+00:20:05 (24.0%)	6:57	8.6 (76.1%)
47	JASIŃSKI Piotr	4090	ACTIVE FLOW	Elite Mężczyzn	34	07:40	00:40:48	01:23:35.05	01:23:35.05	+00:20:06 (24.1%)	6:57	8.6 (76.1%)
48	HANUSIAK Leszek	4038	KONIU SQUAD	Elite Mężczyzn	35	07:30	00:41:53	01:23:42.20	01:23:42.20	+00:20:13 (24.2%)	6:58	8.6 (76.1%)
49	DOSTATNI Grzegorz	4666	MASZYNA BALTIC BETA	Open Masters Mężczyzn	1	10:00	00:41:21	01:23:43.75	01:23:43.75	+00:20:15 (24.2%)	6:58	8.6 (76.1%)
50	SLOMA Dawid	4804	21 JIU-JITSU KOŚCIAN	Open Mężczyzn	4	10:30	00:36:06	01:23:53.25	01:23:53.25	+00:20:24 (24.3%)	6:59	8.6 (76.1%)
51	BRASZKA Robert	4066		Elite Mężczyzn	36	07:30	00:41:10	01:23:58.70	01:23:58.70	+00:20:30 (24.4%)	6:59	8.6 (76.1%)
52	WOJCIECHOWICZ Andrzej	4035	KAMIR	Elite Mężczyzn	37	07:30	00:41:27	01:24:08.60	01:24:08.60	+00:20:40 (24.6%)	7:00	8.6 (76.1%)
53	DEMPC Łukasz	193		Elite Mężczyzn	38	07:30	00:41:53	01:24:15.40	01:24:15.40	+00:20:46 (24.7%)	7:01	8.5 (75.2%)
54	MATYSIAK Marcin	4077		Elite Mężczyzn	39	07:30	00:41:06	01:24:23.15	01:24:23.15	+00:20:54 (24.8%)	7:01	8.5 (75.2%)
55	NOGA Bartłomiej	4254	NIN	Open Mężczyzn	5	08:15	00:42:05	01:24:25.65	01:24:25.65	+00:20:57 (24.8%)	7:02	8.5 (75.2%)
56	NAPIERAJ Katarzyna	4024	CARBON SILESIA SPORT	Elite Kobiet	2	08:00	00:41:31	01:24:40.30	01:24:40.30	+00:21:11 (25.0%)	7:03	8.5 (75.2%)
57	MISKUNAS Aivaras	4119	OCR BALTIC WARRIORS	Elite Mężczyzn	40	07:40	00:41:41	01:24:44.10	01:24:44.10	+00:21:15 (25.1%)	7:03	8.5 (75.2%)
58	KOCHANEK Agata	4162	ACTIVE FLOW	Elite Kobiet	3	08:00	00:40:39	01:24:46.35	01:24:46.35	+00:21:17 (25.1%)	7:03	8.5 (75.2%)
59	GORYCZKA Mateusz	4135		Elite Mężczyzn	41	07:40	00:40:10	01:24:46.70	01:24:46.70	+00:21:18 (25.1%)	7:03	8.5 (75.2%)
60	MORA Karol	4023	CARBON SILESIA SPORT	Elite Masters Mężczyzn	10	07:30	00:41:43	01:24:48.55	01:24:48.55	+00:21:19 (25.2%)	7:04	8.5 (75.2%)
61	MORAWSKI Grzegorz	4079		Elite Mężczyzn	42	07:30	00:43:33	01:24:56.00	01:24:56.00	+00:21:27 (25.3%)	7:04	8.5 (75.2%)

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62	GIZAK Michał	4051	SOCIOS SILESIA	Elite Mężczyzn	43	07:30	00:41:20	01:25:19.00	01:25:19.00	+00:21:50 (25.6%)	7:06	8.4 (74.3%)
63	ŁUKASIK Michał	4145		Elite Mężczyzn	44	07:40	00:41:59	01:25:21.70	01:25:21.70	+00:21:53 (25.6%)	7:06	8.4 (74.3%)
64	KRZYŻAK Tomasz	4294		Open Masters Mężczyzn	2	08:15	00:43:12	01:25:36.55	01:25:36.55	+00:22:07 (25.9%)	7:08	8.4 (74.3%)
65	ROPELA Radosław	4063	WOLF TEAM	Elite Masters Mężczyzn	11	07:30	00:43:50	01:25:51.85	01:25:51.85	+00:22:23 (26.1%)	7:09	8.4 (74.3%)
66	CHOJECKI Arkadiusz	4067		Elite Masters Mężczyzn	12	07:30	00:43:36	01:25:56.95	01:25:56.95	+00:22:28 (26.1%)	7:09	8.4 (74.3%)
67	OGIŃSKI Szymon	4057	WARRIORS ŁÓDŹ	Elite Mężczyzn	45	07:30	00:41:51	01:25:59.40	01:25:59.40	+00:22:30 (26.2%)	7:09	8.4 (74.3%)
68	BAK Piotr	4402	EY OCR TEAM	Elite Mężczyzn	46	07:40	00:43:00	01:26:13.90	01:26:13.90	+00:22:45 (26.4%)	7:11	8.4 (74.3%)
69	LATOPOLSKI Piotr	4124	TEAM OCR - KWIDZYN	Elite Masters Mężczyzn	13	07:40	00:41:42	01:26:22.30	01:26:22.30	+00:22:53 (26.5%)	7:11	8.3 (73.5%)
70	WIĘCŁAWSKA Magdalena	4166	BIEGUN OCR TEAM	Elite Kobiet	4	08:00	00:41:04	01:26:29.30	01:26:29.30	+00:23:00 (26.6%)	7:12	8.3 (73.5%)
71	NESTOROWICZ Grzegorz	4092	ACTIVITY SPORT ELBLĄG	Elite Mężczyzn	47	07:40	00:43:16	01:26:33.30	01:26:33.30	+00:23:04 (26.7%)	7:12	8.3 (73.5%)
72	KRYSZTOFIAK Damian	4054	UNITED RUNNERS	Elite Masters Mężczyzn	14	07:30	00:43:37	01:26:42.20	01:26:42.20	+00:23:13 (26.8%)	7:13	8.3 (73.5%)
73	KRZYŻOWSKI Grzegorz	4109	FIT MORE RYBNIK	Elite Mężczyzn	48	07:40	00:42:09	01:26:47.65	01:26:47.65	+00:23:19 (26.9%)	7:13	8.3 (73.5%)
74	GRZEGORZYCA Damian	4070		Elite Masters Mężczyzn	15	07:30	00:41:19	01:26:55.95	01:26:55.95	+00:23:27 (27.0%)	7:14	8.3 (73.5%)
75	WIELOGÓRSKI Mateusz	4016	BIGYELLOWFOOT ADVENTURE TEAM	Elite Mężczyzn	49	07:30	00:42:03	01:27:20.90	01:27:20.90	+00:23:52 (27.3%)	7:16	8.2 (72.6%)
76	KLIMCZAK Maciej	4805	BIGYELLOWFOOT ADVENTURE TEAM	Open Mężczyzn	6	10:30	00:37:41	01:27:21.10	01:27:21.10	+00:23:52 (27.3%)	7:16	8.2 (72.6%)
77	BANACH Mateusz	4064		Elite Mężczyzn	50	07:30	00:43:53	01:27:35.40	01:27:35.40	+00:24:06 (27.5%)	7:17	8.2 (72.6%)
78	KOLASINSKI Przemek	4075		Elite Mężczyzn	51	07:30	00:44:38	01:27:41.35	01:27:41.35	+00:24:12 (27.6%)	7:18	8.2 (72.6%)
79	PULKOWSKI Bartłomiej	4113	KAMIR	Elite Mężczyzn	52	07:40	00:44:19	01:27:42.80	01:27:42.80	+00:24:14 (27.6%)	7:18	8.2 (72.6%)
80	BRZozowski Damian	5024		Open Mężczyzn	7	11:00	00:42:57	01:27:50.00	01:27:50.00	+00:24:21 (27.7%)	7:19	8.2 (72.6%)
81	PIETROŃ Łukasz	4118	OBSTACLE CENTER TEAM	Elite Mężczyzn	53	07:40	00:44:24	01:27:51.95	01:27:51.95	+00:24:23 (27.8%)	7:19	8.2 (72.6%)
82	PASZEK Dawid	4900	CSTORE	Open Mężczyzn	8	11:00	00:42:43	01:27:54.80	01:27:54.80	+00:24:26 (27.8%)	7:19	8.2 (72.6%)
83	ANTOSIK Bartosz	4117	NA PRZYPALE ALBO WCALE!!!	Elite Masters Mężczyzn	16	07:40	00:44:54	01:27:55.70	01:27:55.70	+00:24:27 (27.8%)	7:19	8.2 (72.6%)
84	DERA Grzegorz	4134		Elite Mężczyzn	54	07:40	00:44:00	01:28:01.80	01:28:01.80	+00:24:33 (27.9%)	7:20	8.2 (72.6%)

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85	KOWALSKI Dominik	4021	CARBON SILESIA SPORT	Elite Masters Mężczyzn	17	07:30	00:41:50	01:28:11.65	01:28:11.65	+00:24:43 (28.0%)	7:20	8.2 (72.6%)
86	RYBICKI Mateusz	4312		Open Mężczyzn	9	08:15	00:43:48	01:28:20.00	01:28:20.00	+00:24:51 (28.1%)	7:21	8.2 (72.6%)
87	LICZNERSKI Mateusz	4715		Open Mężczyzn	10	10:00	00:42:29	01:28:24.95	01:28:24.95	+00:24:56 (28.2%)	7:22	8.1 (71.7%)
88	SIONDA Jacek	4042	NOTEĆ OCR CZARNKÓW	Elite Masters Mężczyzn	18	07:30	00:42:46	01:28:28.10	01:28:28.10	+00:24:59 (28.2%)	7:22	8.1 (71.7%)
89	BORUŃ Kamil	4065		Elite Mężczyzn	55	07:30	00:44:22	01:28:54.40	01:28:54.40	+00:25:25 (28.6%)	7:24	8.1 (71.7%)
90	NOWAK Filip	4052	TEAM PSUTEK	Elite Mężczyzn	56	07:30	00:43:40	01:28:55.40	01:28:55.40	+00:25:26 (28.6%)	7:24	8.1 (71.7%)
91	OZGA Paweł	4015	BIGYELLOWFOOT ADVENTURE TEAM	Open Masters Mężczyzn	3	07:30	00:49:37	01:29:00.30	01:29:00.30	+00:25:31 (28.7%)	7:25	8.1 (71.7%)
92	KWIATKOWSKI Arkadiusz	4476		Open Mężczyzn	11	08:45	00:44:57	01:29:23.45	01:29:23.45	+00:25:54 (29.0%)	7:26	8.1 (71.7%)
93	MEISSNER Jan	4097	BIEGUN OCR TEAM	Elite Mężczyzn	57	07:40	00:41:33	01:29:25.15	01:29:25.15	+00:25:56 (29.0%)	7:27	8.1 (71.7%)
94	CZAPIEWSKI Sylwester	4013	BIGYELLOWFOOT ADVENTURE TEAM	Elite Mężczyzn	58	07:30	00:43:07	01:29:38.15	01:29:38.15	+00:26:09 (29.2%)	7:28	8 (70.8%)
95	WALCZAK Przemysław	4055	VITARADE TEAM	Elite Mężczyzn	59	07:30	00:44:28	01:29:44.95	01:29:44.95	+00:26:16 (29.3%)	7:28	8 (70.8%)
96	PIWOWARCZYK Anna	4403	BIGYELLOWFOOT ADVENTURE TEAM	Elite Kobiet	5	08:00	00:43:08	01:30:00.65	01:30:00.65	+00:26:32 (29.5%)	7:30	8 (70.8%)
97	BERNACKA Katarzyna	4172	NOTEĆ OCR CZARNKÓW	Elite Masters Kobiet	1	08:00	00:43:10	01:30:15.10	01:30:15.10	+00:26:46 (29.7%)	7:31	8 (70.8%)
98	DERECKI Artur	4231	BIEGUN OCR TEAM	Open Masters Mężczyzn	4	08:15	00:43:16	01:30:17.85	01:30:17.85	+00:26:49 (29.7%)	7:31	8 (70.8%)
99	SKOWROŃSKI Andrzej	4093	ACTIVITY SPORT ELBLĄG	Elite Mężczyzn	60	07:40	00:43:59	01:30:18.05	01:30:18.05	+00:26:49 (29.7%)	7:31	8 (70.8%)
100	KULA Artur	4143		Elite Mężczyzn	61	07:40	00:45:58	01:30:34.65	01:30:34.65	+00:27:06 (29.9%)	7:32	7.9 (69.9%)
101	DROZD Anna	4944		Open Masters Kobiet	1	11:00	00:19:21	01:30:45.15	01:30:45.15	+00:27:16 (30.1%)	7:33	7.9 (69.9%)
102	KACZYKOWSKI Leon	4468		Open Mężczyzn	12	09:00	00:42:55	01:30:46.50	01:30:46.50	+00:27:17 (30.1%)	7:33	7.9 (69.9%)
103	SZATKOWSKI Kamil	4154		Elite Mężczyzn	62	07:40	00:45:56	01:30:47.60	01:30:47.60	+00:27:19 (30.1%)	7:33	7.9 (69.9%)
104	WYROBEK Michał	4053	TEAM PSUTEK	Elite Mężczyzn	63	07:30	00:43:43	01:30:54.40	01:30:54.40	+00:27:25 (30.2%)	7:34	7.9 (69.9%)
105	KARWOWSKI Paweł	4001	#SOŁTYSMUSISZTEAM	Elite Mężczyzn	64	07:30	00:45:17	01:31:18.15	01:31:18.15	+00:27:49 (30.5%)	7:36	7.9 (69.9%)
106	GIEJŁO Monika	4161	ACTIVE FLOW	Elite Kobiet	6	08:00	00:44:31	01:31:33.40	01:31:33.40	+00:28:04 (30.7%)	7:37	7.9 (69.9%)
107	RADKOWSKI Marcin	4111	HARDERSI	Elite Mężczyzn	65	07:40	00:45:33	01:31:34.30	01:31:34.30	+00:28:05 (30.7%)	7:37	7.9 (69.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
108	SIENKIEWICZ Kamil	4034	HUSARIA RACE TEAM	Elite Mężczyzn	66	07:30	00:45:34	01:31:34.50	01:31:34.50	+00:28:05 (30.7%)	7:37	7.9 (69.9%)
109	JASTRZĘBSKI Sławomir	4009	BESTIE OCR LEGIONOWO	Elite Masters Mężczyzn	19	07:30	00:45:35	01:31:53.50	01:31:53.50	+00:28:24 (30.9%)	7:39	7.8 (69.0%)
110	NOWICKI Marcin	2017	NOTEĆ OCR CZARNKÓW	Elite Mężczyzn	67	07:40	00:44:23	01:32:00.20	01:32:00.20	+00:28:31 (31.0%)	7:40	7.8 (69.0%)
111	SIODMIAK Mikołaj	4535		Open Mężczyzn	13	08:45	00:45:10	01:32:30.90	01:32:30.90	+00:29:02 (31.4%)	7:42	7.8 (69.0%)
112	MIERZICKI Marcel	4121	POWER TRAINING	Elite Masters Mężczyzn	20	07:40	00:44:52	01:32:42.70	01:32:42.70	+00:29:14 (31.5%)	7:43	7.8 (69.0%)
113	ŻYŁOWSKI Wojciech	4744		Open Mężczyzn	14	10:00	00:44:31	01:33:05.60	01:33:05.60	+00:29:37 (31.8%)	7:45	7.7 (68.1%)
114	BRYLAK Grzegorz	4686		Open Mężczyzn	15	10:00	00:44:31	01:33:13.20	01:33:13.20	+00:29:44 (31.9%)	7:46	7.7 (68.1%)
115	CZUBAK Zbigniew	5010	GOLD TEAM RYBNIK	Open Masters Mężczyzn	5	08:15	00:46:57	01:33:20.80	01:33:20.80	+00:29:52 (32.0%)	7:46	7.7 (68.1%)
116	SOKÓŁ Roman	4152		Elite Mężczyzn	68	07:40	00:45:57	01:33:22.95	01:33:22.95	+00:29:54 (32.0%)	7:46	7.7 (68.1%)
117	ARENTOWICZ Adam	4633		Open Mężczyzn	16	09:45	00:45:23	01:33:36.00	01:33:36.00	+00:30:07 (32.2%)	7:48	7.7 (68.1%)
118	KOŚCIAK Maciej	4290		Open Mężczyzn	17	08:15	00:47:47	01:33:38.70	01:33:38.70	+00:30:10 (32.2%)	7:48	7.7 (68.1%)
119	WILCZYŃSKI Mariusz	4083		Elite Mężczyzn	69	07:30	00:44:23	01:33:44.00	01:33:44.00	+00:30:15 (32.3%)	7:48	7.7 (68.1%)
120	FIGEL Jakub	4003	ACTIVE FLOW	Elite Mężczyzn	70	07:30	00:45:46	01:33:54.40	01:33:54.40	+00:30:25 (32.4%)	7:49	7.7 (68.1%)
121	GROMADZKI Adam	194	CARBON SILESIA SPORT	Elite Mężczyzn	71	07:40	00:45:32	01:34:01.05	01:34:01.05	+00:30:32 (32.5%)	7:50	7.7 (68.1%)
122	BLUMA Tomasz	4822		Open Mężczyzn	18	10:30	00:40:25	01:34:04.25	01:34:04.25	+00:30:35 (32.5%)	7:50	7.7 (68.1%)
123	GADAJ Tomasz	4830		Open Mężczyzn	19	10:30	00:37:46	01:34:25.40	01:34:25.40	+00:30:56 (32.8%)	7:52	7.6 (67.3%)
124	NAGÓRSKI Kamil Marcin	4303		Open Mężczyzn	20	08:15	00:46:49	01:34:48.50	01:34:48.50	+00:31:19 (33.0%)	7:54	7.6 (67.3%)
125	RĘKAS Piotr	4378		Open Mężczyzn	21	08:30	00:47:42	01:35:02.50	01:35:02.50	+00:31:33 (33.2%)	7:55	7.6 (67.3%)
126	GLIWIŃSKI Mateusz	4416		Open Mężczyzn	22	08:45	00:45:42	01:35:06.20	01:35:06.20	+00:31:37 (33.3%)	7:55	7.6 (67.3%)
127	POMORSKI Jakub	4972		Open Masters Mężczyzn	6	10:00	00:46:49	01:35:06.75	01:35:06.75	+00:31:38 (33.3%)	7:55	7.6 (67.3%)
128	LEWANDOWSKI Tomasz	4028	CROSSFIT TEAM SUSZ	Elite Mężczyzn	72	07:30	00:47:24	01:35:06.80	01:35:06.80	+00:31:38 (33.3%)	7:55	7.6 (67.3%)
129	KULIGOWSKA Małgorzata	4167	CARBON SILESIA SPORT	Elite Masters Kobiet	2	08:00	00:45:30	01:35:37.25	01:35:37.25	+00:32:08 (33.6%)	7:58	7.5 (66.4%)
130	SZADKOWSKI Szymon	5020		Open Mężczyzn	23	09:00	00:46:58	01:35:44.65	01:35:44.65	+00:32:16 (33.7%)	7:58	7.5 (66.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
131	JARMOC Kamil	4564		Open Mężczyzn	24	09:30	00:46:45	01:35:50.40	01:35:50.40	+00:32:21 (33.8%)	7:59	7.5 (66.4%)
132	MIŁOŚ Barbara	4163	ACTIVE FLOW	Elite Kobiet	7	08:00	00:46:58	01:35:55.35	01:35:55.35	+00:32:26 (33.8%)	7:59	7.5 (66.4%)
133	MARECIK Dawid	4426	3SZALONEZERA	Open Mężczyzn	25	09:00	00:46:59	01:35:57.65	01:35:57.65	+00:32:29 (33.9%)	7:59	7.5 (66.4%)
134	WIŚNIEWSKI Daniel	4157		Elite Mężczyzn	73	07:40	00:40:01	01:35:58.25	01:35:58.25	+00:32:29 (33.9%)	7:59	7.5 (66.4%)
135	ABRAMCZYK Bernard	4105	EY OCR TEAM	Elite Mężczyzn	74	07:40	00:47:46	01:36:17.05	01:36:17.05	+00:32:48 (34.1%)	8:01	7.5 (66.4%)
136	KUREK Hubert	4112	PROJEKTANT FORMY	Elite Mężczyzn	75	07:40	00:48:36	01:36:27.50	01:36:27.50	+00:32:58 (34.2%)	8:02	7.5 (66.4%)
137	JEZIERSKI Michał	4954		Open Mężczyzn	26	11:00	00:48:41	01:36:36.95	01:36:36.95	+00:33:08 (34.3%)	8:03	7.5 (66.4%)
138	KURYŁO Kamil	4144		Open Mężczyzn	27	07:40	00:50:53	01:36:37.10	01:36:37.10	+00:33:08 (34.3%)	8:03	7.5 (66.4%)
139	DYKIER Krzysztof	4031	DOMINATOR TEAM	Elite Masters Mężczyzn	21	07:30	00:48:02	01:36:47.80	01:36:47.80	+00:33:19 (34.4%)	8:03	7.4 (65.5%)
140	KORALEWSKI Paweł	4058	WATAHA	Elite Masters Mężczyzn	22	07:30	00:47:12	01:36:57.60	01:36:57.60	+00:33:29 (34.5%)	8:04	7.4 (65.5%)
141	MIELNICKI Marek	4996		Open Mężczyzn	28	08:45	00:47:59	01:37:12.90	01:37:12.90	+00:33:44 (34.7%)	8:06	7.4 (65.5%)
142	JANIK Konrad	4283		Open Mężczyzn	29	08:15	00:45:35	01:37:20.30	01:37:20.30	+00:33:51 (34.8%)	8:06	7.4 (65.5%)
143	KOWALSKI Tomek	4141		Elite Mężczyzn	76	07:40	00:46:00	01:37:57.65	01:37:57.65	+00:34:29 (35.2%)	8:09	7.4 (65.5%)
144	ŁUGOWSKI Maciej	4029	CROSSFIT TEAM SUSZ	Elite Mężczyzn	77	07:30	00:47:25	01:38:23.00	01:38:23.00	+00:34:54 (35.5%)	8:11	7.3 (64.6%)
145	CICHOCKI Paweł	4941		Open Mężczyzn	30	11:00	00:47:06	01:38:23.35	01:38:23.35	+00:34:54 (35.5%)	8:11	7.3 (64.6%)
146	MASZOTTA Mateusz	4644		Open Mężczyzn	31	10:15	00:48:48	01:38:36.55	01:38:36.55	+00:35:07 (35.6%)	8:13	7.3 (64.6%)
147	BARTNICKI Piotr	4939		Open Mężczyzn	32	11:00	00:48:51	01:39:02.70	01:39:02.70	+00:35:34 (35.9%)	8:15	7.3 (64.6%)
148	JABŁOŃSKI Bogusław	4089	ACTIVE FLOW	Elite Mężczyzn	78	07:40	00:48:15	01:39:04.70	01:39:04.70	+00:35:36 (35.9%)	8:15	7.3 (64.6%)
149	JEZIORSKI Marcin	4138		Elite Masters Mężczyzn	23	07:40	00:48:21	01:39:10.85	01:39:10.85	+00:35:42 (36.0%)	8:15	7.3 (64.6%)
150	ORDAKOWSKI Filip	4519	THEDZIADERS	Open Mężczyzn	33	09:15	00:48:22	01:39:17.65	01:39:17.65	+00:35:49 (36.1%)	8:16	7.3 (64.6%)
151	SKRYCKI Radosław	4976		Open Mężczyzn	34	11:00	00:47:06	01:39:20.15	01:39:20.15	+00:35:51 (36.1%)	8:16	7.2 (63.7%)
152	MACIJEWICZ Maciej	4076		Elite Mężczyzn	79	07:30	00:49:22	01:39:24.05	01:39:24.05	+00:35:55 (36.1%)	8:17	7.2 (63.7%)
153	SZTREMER Krzysztof	4989		Open Mężczyzn	35	10:00	00:47:24	01:39:24.90	01:39:24.90	+00:35:56 (36.1%)	8:17	7.2 (63.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
154	MICAŁ Michał	4078		Elite Mężczyzn	80	07:30	00:48:43	01:39:25.40	01:39:25.40	+00:35:56 (36.2%)	8:17	7.2 (63.7%)
155	WRÓBEL Rafał	4397		Open Mężczyzn	36	08:30	00:50:00	01:39:28.45	01:39:28.45	+00:35:59 (36.2%)	8:17	7.2 (63.7%)
156	WALCZAK Wojciech	4679	TYGRYSYWARMII	Open Mężczyzn	37	10:00	00:51:04	01:39:57.75	01:39:57.75	+00:36:29 (36.5%)	8:19	7.2 (63.7%)
157	KWIDZIŃSKI Robert	4297		Open Mężczyzn	38	08:15	00:50:28	01:40:17.05	01:40:17.05	+00:36:48 (36.7%)	8:21	7.2 (63.7%)
158	KYSILKA Vit	4478		Open Mężczyzn	39	09:00	00:49:13	01:40:17.70	01:40:17.70	+00:36:49 (36.7%)	8:21	7.2 (63.7%)
159	GRYLEWICZ Mikołaj	4096	BIEGUN OCR TEAM	Elite Mężczyzn	81	07:40	00:49:35	01:40:21.85	01:40:21.85	+00:36:53 (36.8%)	8:21	7.2 (63.7%)
160	KRÓLEWICZ Krzysztof	4293		Open Masters Mężczyzn	7	08:15	00:48:21	01:40:28.60	01:40:28.60	+00:37:00 (36.8%)	8:22	7.2 (63.7%)
161	SZEPIŃSKI Emil	4317		Open Mężczyzn	40	08:15	00:47:23	01:40:35.80	01:40:35.80	+00:37:07 (36.9%)	8:22	7.2 (63.7%)
162	NIZIO Piotr	4375		Open Mężczyzn	41	08:30	00:47:46	01:40:53.10	01:40:53.10	+00:37:24 (37.1%)	8:24	7.1 (62.8%)
163	WÓLKIEWICZ Piotr	4739		Open Mężczyzn	42	10:00	00:47:06	01:41:08.95	01:41:08.95	+00:37:40 (37.2%)	8:25	7.1 (62.8%)
164	WESOŁOWSKI Jerzy	4854		Open Masters Mężczyzn	8	10:30	00:43:28	01:41:12.95	01:41:12.95	+00:37:44 (37.3%)	8:26	7.1 (62.8%)
165	RYNDAK Rafał	4128	UNIT37	Elite Masters Mężczyzn	24	07:40	00:50:48	01:41:37.25	01:41:37.25	+00:38:08 (37.5%)	8:28	7.1 (62.8%)
166	ZAKRZEWSKI Łukasz	5012		Open Mężczyzn	43	10:00	00:52:59	01:41:58.05	01:41:58.05	+00:38:29 (37.7%)	8:29	7.1 (62.8%)
167	MALINOWSKI Michał	4148		Elite Mężczyzn	82	07:40	00:50:52	01:42:02.35	01:42:02.35	+00:38:33 (37.8%)	8:30	7.1 (62.8%)
168	LEISZNER Izabela	4168	CARBON SILESIA SPORT	Elite Kobiet	8	08:00	00:48:26	01:42:03.65	01:42:03.65	+00:38:35 (37.8%)	8:30	7.1 (62.8%)
169	OBSZYŃSKI Krzysztof	4487		Open Mężczyzn	44	09:00	00:49:42	01:42:17.30	01:42:17.30	+00:38:48 (37.9%)	8:31	7 (61.9%)
170	DYLEWSKI Sławomir	4827		Open Mężczyzn	45	10:30	00:45:59	01:42:19.65	01:42:19.65	+00:38:51 (38.0%)	8:31	7 (61.9%)
171	WIETESKA Łukasz	4044	OSPRO OCR	Elite Mężczyzn	83	07:30	00:49:18	01:42:20.10	01:42:20.10	+00:38:51 (38.0%)	8:31	7 (61.9%)
172	KAŻYSZKA Patryk	4470		Open Mężczyzn	46	09:00	00:51:16	01:42:20.50	01:42:20.50	+00:38:51 (38.0%)	8:31	7 (61.9%)
173	KĘDZIORA Konrad	4366		Open Mężczyzn	47	08:30	00:51:57	01:42:26.70	01:42:26.70	+00:38:58 (38.0%)	8:32	7 (61.9%)
174	MICHALSKI Daniel	4120	OCR SHARKS OKUNINKA TEAM	Elite Mężczyzn	84	07:40	00:46:44	01:42:28.05	01:42:28.05	+00:38:59 (38.1%)	8:32	7 (61.9%)
175	DUDEK Karol	4226	AC MORDOR	Open Mężczyzn	48	08:15	00:52:30	01:42:38.65	01:42:38.65	+00:39:10 (38.2%)	8:33	7 (61.9%)
176	SZWAJCOWSKI Mirosław	4501		Open Masters Mężczyzn	9	09:00	00:50:22	01:42:55.70	01:42:55.70	+00:39:27 (38.3%)	8:34	7 (61.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
177	KORDALSKI Jarek	4084	AAAXRUNNERS	Elite Masters Mężczyzn	25	07:40	00:50:29	01:42:57.25	01:42:57.25	+00:39:28 (38.3%)	8:34	7 (61.9%)
178	CIESIELSKI Dawid	4906	MOWI TEAM	Open Mężczyzn	49	11:00	00:48:39	01:42:58.50	01:42:58.50	+00:39:29 (38.4%)	8:34	7 (61.9%)
179	DYBAŁA Grzegorz	4946		Open Mężczyzn	50	11:00	00:49:00	01:43:12.75	01:43:12.75	+00:39:44 (38.5%)	8:36	7 (61.9%)
180	SZATKOWSKI Kamil	4099	BIGYELLOWFOOT ADVENTURE TEAM	Elite Mężczyzn	85	07:40	00:53:20	01:43:14.50	01:43:14.50	+00:39:45 (38.5%)	8:36	7 (61.9%)
181	MIELEWCZYK Marcin	4110	HARDERSI	Elite Masters Mężczyzn	26	07:40	00:51:20	01:43:45.40	01:43:45.40	+00:40:16 (38.8%)	8:38	6.9 (61.1%)
182	BRZozowski Kamil	4461		Open Mężczyzn	51	09:00	00:48:38	01:43:47.60	01:43:47.60	+00:40:19 (38.8%)	8:38	6.9 (61.1%)
183	ZAWADZKI Michał	4981		Open Mężczyzn	52	11:00	00:52:10	01:43:53.05	01:43:53.05	+00:40:24 (38.9%)	8:39	6.9 (61.1%)
184	VORCHYLOV Vitalii	4593		Open Mężczyzn	53	09:30	00:49:11	01:43:55.85	01:43:55.85	+00:40:27 (38.9%)	8:39	6.9 (61.1%)
185	MEINERT Jakub	4103	CARBON SILESIA SPORT	Elite Mężczyzn	86	07:40	00:51:34	01:43:58.35	01:43:58.35	+00:40:29 (38.9%)	8:39	6.9 (61.1%)
186	EHRlich Przemysław	4123	RUNMAGEDDONOWE ŚWIRY	Elite Mężczyzn	87	07:40	00:53:12	01:43:59.90	01:43:59.90	+00:40:31 (39.0%)	8:39	6.9 (61.1%)
187	MALEC Piotr	4575		Open Mężczyzn	54	09:30	00:55:08	01:44:01.95	01:44:01.95	+00:40:33 (39.0%)	8:40	6.9 (61.1%)
188	ŁUSZCZYNA Robert	4108	EY OCR TEAM	Elite Mężczyzn	88	07:40	00:49:13	01:44:13.40	01:44:13.40	+00:40:44 (39.1%)	8:41	6.9 (61.1%)
189	WÓDCZAK Waldemar	4324		Open Mężczyzn	55	08:15	00:49:00	01:44:22.55	01:44:22.55	+00:40:53 (39.2%)	8:41	6.9 (61.1%)
190	KOMOROWSKI Mateusz	4046	POWER TRAINING	Elite Mężczyzn	89	07:30	00:54:19	01:44:31.75	01:44:31.75	+00:41:03 (39.3%)	8:42	6.9 (61.1%)
191	ELIASZ Tomasz	4275		Open Mężczyzn	56	08:15	00:52:17	01:44:33.05	01:44:33.05	+00:41:04 (39.3%)	8:42	6.9 (61.1%)
192	WALCZAK Wojciech	5000	TWARDZIELE TEAM BOGATYNIA	Open Masters Mężczyzn	10	10:00	00:50:52	01:44:39.85	01:44:39.85	+00:41:11 (39.4%)	8:43	6.9 (61.1%)
193	DUCHAŁA Piotr	4694		Open Masters Mężczyzn	11	10:00	00:47:25	01:44:44.50	01:44:44.50	+00:41:15 (39.4%)	8:43	6.9 (61.1%)
194	KANKA Kacper	5029	EY OCR TEAM	Open Mężczyzn	57	08:45	00:51:38	01:44:54.30	01:44:54.30	+00:41:25 (39.5%)	8:44	6.9 (61.1%)
195	SIKORA Marek	4259	SIKOR TEAM OPOLE	Open Masters Mężczyzn	12	08:15	00:51:34	01:45:05.25	01:45:05.25	+00:41:36 (39.6%)	8:45	6.9 (61.1%)
196	BIŃKOWSKI Artur	4269		Open Mężczyzn	58	08:15	00:51:54	01:45:18.10	01:45:18.10	+00:41:49 (39.7%)	8:46	6.8 (60.2%)
197	TURSKI Szymon	4853		Open Mężczyzn	59	10:30	00:48:32	01:45:21.50	01:45:21.50	+00:41:52 (39.8%)	8:46	6.8 (60.2%)
198	KWIATKOWSKI Marcin	4296		Open Mężczyzn	60	08:15	00:51:54	01:45:24.35	01:45:24.35	+00:41:55 (39.8%)	8:47	6.8 (60.2%)
199	JEDYNAK Mateusz	4137		Elite Mężczyzn	90	07:40	00:50:59	01:45:24.80	01:45:24.80	+00:41:56 (39.8%)	8:47	6.8 (60.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
200	CHAMIER CIEMINSKI Tomasz	4688		Open Mężczyzn	61	10:00	00:52:57	01:45:32.55	01:45:32.55	+00:42:03 (39.9%)	8:47	6.8 (60.2%)
201	KLOC Konrad	5019		Open Mężczyzn	62	08:30	00:52:05	01:45:34.05	01:45:34.05	+00:42:05 (39.9%)	8:47	6.8 (60.2%)
202	KACZMAREK Jan	4072		Elite Mężczyzn	91	07:30	00:50:49	01:45:43.25	01:45:43.25	+00:42:14 (40.0%)	8:48	6.8 (60.2%)
203	SEYDA Mikołaj	4495		Open Mężczyzn	63	09:00	00:52:44	01:46:37.75	01:46:37.75	+00:43:09 (40.5%)	8:53	6.8 (60.2%)
204	BLOK Dawid	4460		Open Mężczyzn	64	09:00	00:52:56	01:46:45.70	01:46:45.70	+00:43:17 (40.5%)	8:53	6.7 (59.3%)
205	HIRSZ Przemysław	4465		Open Mężczyzn	65	09:00	00:50:51	01:46:50.40	01:46:50.40	+00:43:21 (40.6%)	8:54	6.7 (59.3%)
206	ŚLUSARSKI Marek	4428	BEST BEASTS	Open Masters Mężczyzn	13	09:00	00:50:01	01:47:08.20	01:47:08.20	+00:43:39 (40.8%)	8:55	6.7 (59.3%)
207	WOŹNIAK Jakub	4766	TOTALNE KOTY	Open Mężczyzn	66	10:15	00:52:37	01:47:31.55	01:47:31.55	+00:44:02 (41.0%)	8:57	6.7 (59.3%)
208	ADAMUS Krzysztof	4937		Open Mężczyzn	67	11:00	00:53:46	01:47:34.70	01:47:34.70	+00:44:06 (41.0%)	8:57	6.7 (59.3%)
209	GARCZYŃSKI Radosław	4045	POWER TRAINING	Elite Mężczyzn	92	07:30	00:52:28	01:47:37.70	01:47:37.70	+00:44:09 (41.0%)	8:58	6.7 (59.3%)
210	PIECYK Piotr	4970		Open Masters Mężczyzn	14	11:00	00:53:08	01:47:39.70	01:47:39.70	+00:44:11 (41.0%)	8:58	6.7 (59.3%)
211	PUCHALSKI Oskar	4765	TOTALNE KOTY	Open Mężczyzn	68	10:15	00:52:38	01:47:47.70	01:47:47.70	+00:44:19 (41.1%)	8:58	6.7 (59.3%)
212	NOJEK Arkadiusz	4126	TEAM PSUTEK	Elite Mężczyzn	93	07:40	00:53:16	01:47:50.55	01:47:50.55	+00:44:21 (41.1%)	8:59	6.7 (59.3%)
213	PIETRZAK Konrad	4490		Open Mężczyzn	69	09:00	00:54:04	01:48:04.05	01:48:04.05	+00:44:35 (41.3%)	9:00	6.7 (59.3%)
214	ORŁOWSKI Kamil	4790		Open Mężczyzn	70	10:15	00:54:56	01:48:04.85	01:48:04.85	+00:44:36 (41.3%)	9:00	6.7 (59.3%)
215	OWCZAREK Adam	4449	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	71	09:00	00:54:22	01:48:10.90	01:48:10.90	+00:44:42 (41.3%)	9:00	6.7 (59.3%)
216	MOSTOWSKI Radosław	4265	WARRIORS ŁÓDŹ	Open Masters Mężczyzn	15	08:15	00:49:01	01:48:16.55	01:48:16.55	+00:44:47 (41.4%)	9:01	6.7 (59.3%)
217	OGRODOWCZYK Karol	4376		Open Mężczyzn	72	08:30	00:54:07	01:48:25.30	01:48:25.30	+00:44:56 (41.5%)	9:02	6.6 (58.4%)
218	SURLEJ Tomasz	4500		Open Mężczyzn	73	09:00	00:53:07	01:48:27.25	01:48:27.25	+00:44:58 (41.5%)	9:02	6.6 (58.4%)
219	PUKAR Przemysław	4534		Open Mężczyzn	74	08:30	00:52:32	01:48:27.55	01:48:27.55	+00:44:58 (41.5%)	9:02	6.6 (58.4%)
220	KLIMCZUK Tomasz	4367		Open Masters Mężczyzn	16	08:30	00:52:04	01:48:28.05	01:48:28.05	+00:44:59 (41.5%)	9:02	6.6 (58.4%)
221	Skaua	4680		Open Mężczyzn	75	10:00	00:52:36	01:48:31.85	01:48:31.85	+00:45:03 (41.5%)	9:02	6.6 (58.4%)
222	KULINKOWSKI Rafał	4115	KULINKOWSKI TEAM	Elite Mężczyzn	94	07:40	00:56:31	01:48:32.20	01:48:32.20	+00:45:03 (41.5%)	9:02	6.6 (58.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
223	KAPCZYŃSKI Damian	4899	BEST BEASTS	Open Mężczyzn	76	11:00	00:53:20	01:48:43.95	01:48:43.95	+00:45:15 (41.6%)	9:03	6.6 (58.4%)
224	KRÓLASIK Aleksander	4475		Open Mężczyzn	77	09:00	00:53:41	01:48:48.45	01:48:48.45	+00:45:19 (41.7%)	9:04	6.6 (58.4%)
225	ROSZKOWSKI Tomasz Michał	4974		Open Mężczyzn	78	11:00	00:51:50	01:48:53.60	01:48:53.60	+00:45:25 (41.7%)	9:04	6.6 (58.4%)
226	DEC Paweł	4693		Open Masters Mężczyzn	17	10:00	00:52:18	01:48:55.65	01:48:55.65	+00:45:27 (41.7%)	9:04	6.6 (58.4%)
227	KACZOROWSKI Dominik	4705		Open Masters Mężczyzn	18	10:00	00:52:16	01:48:55.90	01:48:55.90	+00:45:27 (41.7%)	9:04	6.6 (58.4%)
228	WALCZAK Paweł	4737		Open Mężczyzn	79	10:00	00:53:04	01:49:02.40	01:49:02.40	+00:45:33 (41.8%)	9:05	6.6 (58.4%)
229	WIŚNIEWSKA Nina	4904	HELLS HEAVEN OCR SZCZECIN	Open Masters Kobiet	2	11:00	00:53:47	01:49:04.55	01:49:04.55	+00:45:35 (41.8%)	9:05	6.6 (58.4%)
230	KIJAK Damian	4957		Open Mężczyzn	80	11:00	00:55:05	01:49:08.70	01:49:08.70	+00:45:40 (41.8%)	9:05	6.6 (58.4%)
231	KŁODA Mikołaj	4287		Open Mężczyzn	81	08:15	00:55:31	01:49:14.25	01:49:14.25	+00:45:45 (41.9%)	9:06	6.6 (58.4%)
232	MROŹEK Michał	4761	SUŁTANI FITNESSU	Open Masters Mężczyzn	19	10:15	00:55:24	01:49:17.30	01:49:17.30	+00:45:48 (41.9%)	9:06	6.6 (58.4%)
233	PODPORSKI Karol	4893		Open Mężczyzn	82	10:45	00:52:34	01:49:18.50	01:49:18.50	+00:45:49 (41.9%)	9:06	6.6 (58.4%)
234	MARECIK Patryk	4858	BOMBARDERSI	Open Mężczyzn	83	10:45	00:52:34	01:49:18.75	01:49:18.75	+00:45:50 (41.9%)	9:06	6.6 (58.4%)
235	KUSIŃSKI Łukasz	4843		Open Mężczyzn	84	10:30	00:51:02	01:49:27.30	01:49:27.30	+00:45:58 (42.0%)	9:07	6.6 (58.4%)
236	NIKIEL Dariusz	4809	DYNAMIC STRONG GNIEZNO	Open Masters Mężczyzn	20	10:30	00:48:58	01:49:30.30	01:49:30.30	+00:46:01 (42.0%)	9:07	6.6 (58.4%)
237	WOŹNIAK Jędrzej	4740		Open Mężczyzn	85	10:00	00:50:54	01:49:31.50	01:49:31.50	+00:46:02 (42.0%)	9:07	6.6 (58.4%)
238	DAGIL Adam	4824		Open Mężczyzn	86	10:30	00:51:03	01:49:40.40	01:49:40.40	+00:46:11 (42.1%)	9:08	6.6 (58.4%)
239	CZOPOR Artur	4691		Open Mężczyzn	87	10:00	00:51:53	01:49:48.50	01:49:48.50	+00:46:19 (42.2%)	9:09	6.6 (58.4%)
240	CZOPOR Przemysław	4692		Open Mężczyzn	88	10:00	00:51:52	01:49:49.00	01:49:49.00	+00:46:20 (42.2%)	9:09	6.6 (58.4%)
241	PAWŁOWSKI Mateusz	4309		Open Mężczyzn	89	08:15	00:56:04	01:49:49.80	01:49:49.80	+00:46:21 (42.2%)	9:09	6.6 (58.4%)
242	POGRZEBSKI Roman	4131	WOLF TEAM	Elite Masters Mężczyzn	27	07:40	00:54:33	01:49:55.35	01:49:55.35	+00:46:26 (42.3%)	9:09	6.6 (58.4%)
243	GAJEWSKI Rafał	4522		Open Mężczyzn	90	09:15	00:53:18	01:50:02.20	01:50:02.20	+00:46:33 (42.3%)	9:10	6.5 (57.5%)
244	CZYŻEWSKI Dominik	4361		Open Mężczyzn	91	08:30	00:54:02	01:50:02.80	01:50:02.80	+00:46:34 (42.3%)	9:10	6.5 (57.5%)
245	WROŃSKI Mateusz	4427	3SZALONEZERA	Open Mężczyzn	92	09:00	00:56:02	01:50:03.30	01:50:03.30	+00:46:34 (42.3%)	9:10	6.5 (57.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
246	LIEBAN Jarosław	4411	KING OSCAR	Open Mężczyzn	93	08:45	00:52:57	01:50:04.80	01:50:04.80	+00:46:36 (42.3%)	9:10	6.5 (57.5%)
247	DAŁKOWSKI Paweł	4772		Open Masters Mężczyzn	21	10:15	00:53:09	01:50:06.50	01:50:06.50	+00:46:37 (42.4%)	9:10	6.5 (57.5%)
248	KORBA Bartosz	4780		Open Mężczyzn	94	10:15	00:53:24	01:50:13.75	01:50:13.75	+00:46:45 (42.4%)	9:11	6.5 (57.5%)
249	GUZEK Sylwester	4778		Open Masters Mężczyzn	22	10:15	00:53:10	01:50:22.65	01:50:22.65	+00:46:54 (42.5%)	9:11	6.5 (57.5%)
250	KOWALSKI Kamil	4291		Open Mężczyzn	95	08:15	00:52:39	01:50:24.55	01:50:24.55	+00:46:55 (42.5%)	9:12	6.5 (57.5%)
251	BORAWSKI Daniel	4101	BYSTRZAKI	Elite Mężczyzn	95	07:40	00:57:48	01:50:34.80	01:50:34.80	+00:47:06 (42.6%)	9:12	6.5 (57.5%)
252	CYMERYS Michał	4095	BIEGUN OCR TEAM	Elite Mężczyzn	96	07:40	00:56:38	01:50:47.70	01:50:47.70	+00:47:19 (42.7%)	9:13	6.5 (57.5%)
253	GÓRKA Krzysztof	4279		Open Mężczyzn	96	10:15	00:52:52	01:50:56.40	01:50:56.40	+00:47:27 (42.8%)	9:14	6.5 (57.5%)
254	CICHOŃSKI Maksymilian	4884		Open Mężczyzn	97	10:45	00:52:22	01:50:57.50	01:50:57.50	+00:47:28 (42.8%)	9:14	6.5 (57.5%)
255	CYMBAŁKO Katarzyna	4185		Elite Kobiet	9	08:00	00:50:42	01:50:59.95	01:50:59.95	+00:47:31 (42.8%)	9:14	6.5 (57.5%)
256	KOPEĆ Patryk	4992		Open Mężczyzn	98	10:45	00:52:23	01:51:15.25	01:51:15.25	+00:47:46 (42.9%)	9:16	6.5 (57.5%)
257	MĄDRY Mateusz	4146		Elite Mężczyzn	97	07:40	00:55:59	01:51:18.20	01:51:18.20	+00:47:49 (43.0%)	9:16	6.5 (57.5%)
258	MAŁYSKA Marco	4481		Open Mężczyzn	99	09:00	00:55:04	01:51:24.00	01:51:24.00	+00:47:55 (43.0%)	9:17	6.5 (57.5%)
259	POPOWICZ Nikolas	4438	KUŹNIA	Open Mężczyzn	100	09:00	00:54:48	01:51:42.55	01:51:42.55	+00:48:13 (43.2%)	9:18	6.4 (56.6%)
260	WIŚNIEWSKI Arkadiusz	4130	WARRIORS ŁÓDŹ	Elite Mężczyzn	98	07:40	00:56:02	01:51:53.20	01:51:53.20	+00:48:24 (43.3%)	9:19	6.4 (56.6%)
261	KOPEĆ Jakub	4140	WARRIORS ŁÓDŹ	Elite Mężczyzn	99	07:40	00:56:03	01:51:53.40	01:51:53.40	+00:48:24 (43.3%)	9:19	6.4 (56.6%)
262	SIKORA Mateusz	4496		Open Mężczyzn	101	09:00	00:59:20	01:51:58.90	01:51:58.90	+00:48:30 (43.3%)	9:19	6.4 (56.6%)
263	TOMCZYK Przemysław	4979		Open Mężczyzn	102	11:00	00:55:12	01:52:16.90	01:52:16.90	+00:48:48 (43.5%)	9:21	6.4 (56.6%)
264	KUCZBORSKI Jacek	4127	THE WOOWS	Elite Mężczyzn	100	07:40	00:53:51	01:52:18.45	01:52:18.45	+00:48:49 (43.5%)	9:21	6.4 (56.6%)
265	NAGŁY Łukasz	2033		Open Mężczyzn	103	11:00	00:55:09	01:52:25.50	01:52:25.50	+00:48:56 (43.5%)	9:22	6.4 (56.6%)
266	MAJKOWSKI Konrad	4299		Open Mężczyzn	104	10:30	00:50:02	01:52:32.45	01:52:32.45	+00:49:03 (43.6%)	9:22	6.4 (56.6%)
267	STANIASZEK Michał	4762	SUŁTANI FITNESSU	Open Masters Mężczyzn	23	10:15	00:55:24	01:52:34.65	01:52:34.65	+00:49:06 (43.6%)	9:22	6.4 (56.6%)
268	KRUSZYŃSKA Angelika	4782		Open Kobiet	1	10:15	00:55:24	01:52:34.95	01:52:34.95	+00:49:06 (43.6%)	9:22	6.4 (56.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
269	KRZYŻANOWSKI Julian	4047	POWER TRAINING	Elite Masters Mężczyzn	28	07:30	00:52:30	01:52:39.70	01:52:39.70	+00:49:11 (43.7%)	9:23	6.4 (56.6%)
270	MICHAŁ Srok	4716		Open Mężczyzn	105	10:00	00:52:56	01:53:07.60	01:53:07.60	+00:49:39 (43.9%)	9:25	6.4 (56.6%)
271	SROK Tomasz	4731		Open Mężczyzn	106	10:00	00:52:57	01:53:08.85	01:53:08.85	+00:49:40 (43.9%)	9:25	6.4 (56.6%)
272	HANDZLIK Tomasz	4030	DENISTEAM	Elite Masters Mężczyzn	29	07:30	00:54:52	01:53:15.30	01:53:15.30	+00:49:46 (44.0%)	9:26	6.4 (56.6%)
273	STANKIEWICZ Krzysztof	4796		Open Masters Mężczyzn	24	10:15	00:52:52	01:53:20.35	01:53:20.35	+00:49:51 (44.0%)	9:26	6.4 (56.6%)
274	WOJEWÓDZKI Stanisław	4879	TRÓJMIEJSKIE DZIKI V 4.0	Open Mężczyzn	107	10:45	01:03:42	01:53:25.00	01:53:25.00	+00:49:56 (44.0%)	9:27	6.3 (55.8%)
275	KAPISZKA Piotr	4650	BURAKI Z OSAKI	Open Mężczyzn	108	10:00	00:55:31	01:53:26.90	01:53:26.90	+00:49:58 (44.0%)	9:27	6.3 (55.8%)
276	KOWALCZYK Marcin	4107	EY OCR TEAM	Elite Mężczyzn	101	07:40	00:56:21	01:53:42.30	01:53:42.30	+00:50:13 (44.2%)	9:28	6.3 (55.8%)
277	ULATOWSKI Michał	4735		Open Mężczyzn	109	10:00	00:53:26	01:54:09.50	01:54:09.50	+00:50:40 (44.4%)	9:30	6.3 (55.8%)
278	MARKOWSKI Marek	4482		Open Mężczyzn	110	09:00	00:57:19	01:54:19.40	01:54:19.40	+00:50:50 (44.5%)	9:31	6.3 (55.8%)
279	STAROSZYŃSKI Dawid	4025	CARBON SILESIA SPORT	Elite Mężczyzn	102	07:30	00:50:18	01:54:27.10	01:54:27.10	+00:50:58 (44.5%)	9:32	6.3 (55.8%)
280	ZIOMEK Daniel	4984		Open Masters Mężczyzn	25	11:00	00:54:46	01:54:40.60	01:54:40.60	+00:51:12 (44.6%)	9:33	6.3 (55.8%)
281	KUCZKOWSKI Krystian	4712		Open Mężczyzn	111	10:00	00:56:33	01:54:53.30	01:54:53.30	+00:51:24 (44.7%)	9:34	6.3 (55.8%)
282	GROMOTKA Janusz	4463		Open Masters Mężczyzn	26	09:00	00:54:14	01:55:00.35	01:55:00.35	+00:51:31 (44.8%)	9:35	6.3 (55.8%)
283	EPIMACH-SZYPILLO Tomasz	4139	AAAXRUNNERS	Elite Mężczyzn	103	07:40	00:56:48	01:55:01.00	01:55:01.00	+00:51:32 (44.8%)	9:35	6.3 (55.8%)
284	GORNOWICZ Marcin	4951		Open Masters Mężczyzn	27	11:00	00:55:34	01:55:02.35	01:55:02.35	+00:51:33 (44.8%)	9:35	6.3 (55.8%)
285	WYSOCKI Maciej	4503		Open Mężczyzn	112	09:00	00:57:19	01:55:03.95	01:55:03.95	+00:51:35 (44.8%)	9:35	6.3 (55.8%)
286	KOŁPA Łukasz	4262	UNIT37	Open Masters Mężczyzn	28	08:15	00:53:37	01:55:04.45	01:55:04.45	+00:51:35 (44.8%)	9:35	6.3 (55.8%)
287	STASIAK Piotr	4499		Open Mężczyzn	113	09:00	00:55:12	01:55:09.40	01:55:09.40	+00:51:40 (44.9%)	9:35	6.3 (55.8%)
288	ŚLIWA Marcin	4497		Open Mężczyzn	114	09:00	00:56:47	01:55:10.60	01:55:10.60	+00:51:42 (44.9%)	9:35	6.3 (55.8%)
289	BARCZYSZYN Aleksandra	4184		Elite Kobiet	10	08:00	00:52:01	01:55:13.25	01:55:13.25	+00:51:44 (44.9%)	9:36	6.2 (54.9%)
290	PELLOWSKI Tomasz	4583		Open Masters Mężczyzn	29	09:30	00:55:08	01:55:16.50	01:55:16.50	+00:51:47 (44.9%)	9:36	6.2 (54.9%)
291	SZWED Damian	4082		Open Mężczyzn	115	07:30	00:59:10	01:55:20.85	01:55:20.85	+00:51:52 (45.0%)	9:36	6.2 (54.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
292	ŁUKASIK Szymon	4844		Open Mężczyzn	116	10:30	00:52:45	01:55:24.25	01:55:24.25	+00:51:55 (45.0%)	9:37	6.2 (54.9%)
293	RÓŻEWICZ Michał	4849		Open Mężczyzn	117	10:30	00:52:45	01:55:25.50	01:55:25.50	+00:51:56 (45.0%)	9:37	6.2 (54.9%)
294	SZKODZIŃSKI Łukasz	4672	NIE PRZECZYTAM TEGO	Open Mężczyzn	118	10:00	00:56:23	01:55:40.00	01:55:40.00	+00:52:11 (45.1%)	9:38	6.2 (54.9%)
295	BRILLOWSKI Karol	4260	SRK	Open Masters Mężczyzn	30	08:15	00:57:01	01:55:54.70	01:55:54.70	+00:52:26 (45.2%)	9:39	6.2 (54.9%)
296	KUŚMIERZ Patryk	4714		Open Mężczyzn	119	10:00	00:54:49	01:55:54.80	01:55:54.80	+00:52:26 (45.2%)	9:39	6.2 (54.9%)
297	DROZDAŁSKI Mateusz	4945		Open Mężczyzn	120	11:00	00:55:40	01:56:08.05	01:56:08.05	+00:52:39 (45.3%)	9:40	6.2 (54.9%)
298	KUBKA Szymon	4711		Open Mężczyzn	121	10:00	00:55:31	01:56:08.75	01:56:08.75	+00:52:40 (45.3%)	9:40	6.2 (54.9%)
299	ORZOŁ Kamil	4516	NORDEA RUNNERS	Open Mężczyzn	122	09:15	01:01:05	01:56:13.65	01:56:13.65	+00:52:45 (45.4%)	9:41	6.2 (54.9%)
300	SAMSELSKI Michał	4728		Open Mężczyzn	123	10:00	00:54:37	01:56:17.70	01:56:17.70	+00:52:49 (45.4%)	9:41	6.2 (54.9%)
301	P Pat	4988		Open Mężczyzn	124	10:00	00:52:40	01:56:28.40	01:56:28.40	+00:52:59 (45.5%)	9:42	6.2 (54.9%)
302	GŁAZ Jacek	4114	KONIU SQUAD	Elite Masters Mężczyzn	30	07:40	00:57:47	01:56:36.35	01:56:36.35	+00:53:07 (45.6%)	9:43	6.2 (54.9%)
303	MILLER Michał	4484		Open Masters Mężczyzn	31	09:00	00:59:00	01:56:37.00	01:56:37.00	+00:53:08 (45.6%)	9:43	6.2 (54.9%)
304	ZIMNY Adam	4158		Elite Mężczyzn	104	07:40	00:57:13	01:57:03.45	01:57:03.45	+00:53:34 (45.8%)	9:45	6.2 (54.9%)
305	SZRUL Sebastian	4977		Open Mężczyzn	125	11:00	00:57:33	01:57:08.50	01:57:08.50	+00:53:39 (45.8%)	9:45	6.1 (54.0%)
306	KOZIOŁ Weronika	5032		Open Kobiet	2	09:30	00:55:01	01:57:23.40	01:57:23.40	+00:53:54 (45.9%)	9:46	6.1 (54.0%)
307	PEK Dariusz	4310	BIEGUN OCR TEAM	Open Masters Mężczyzn	32	08:15	00:57:40	01:57:36.20	01:57:36.20	+00:54:07 (46.0%)	9:48	6.1 (54.0%)
308	WAŁĘKA Krzysztof	4594		Open Mężczyzn	126	09:30	00:55:57	01:57:46.00	01:57:46.00	+00:54:17 (46.1%)	9:48	6.1 (54.0%)
309	OLSZEWSKI Marek	4335	DWÓCH ŁYSYCH I RESZTA...	Open Masters Mężczyzn	33	08:30	00:57:55	01:57:47.25	01:57:47.25	+00:54:18 (46.1%)	9:48	6.1 (54.0%)
310	BIAŁY Paweł	4132		Open Mężczyzn	127	07:40	01:02:56	01:57:52.35	01:57:52.35	+00:54:23 (46.1%)	9:49	6.1 (54.0%)
311	PAWLIKOWSKA-ŚLĘCZKOWSKA Zuzanna	4182	WARRIORS ŁÓDŹ	Elite Kobiet	11	08:00	00:56:41	01:57:55.25	01:57:55.25	+00:54:26 (46.2%)	9:49	6.1 (54.0%)
312	WANAGOS Dorota	4234	BIEGUN OCR TEAM	Open Masters Kobiet	3	08:15	00:57:39	01:58:02.20	01:58:02.20	+00:54:33 (46.2%)	9:50	6.1 (54.0%)
313	PTAK Krzysztof	4377		Open Mężczyzn	128	08:30	00:57:45	01:58:13.45	01:58:13.45	+00:54:44 (46.3%)	9:51	6.1 (54.0%)
314	K Jan	4232	BIEGUN OCR TEAM	Open Masters Mężczyzn	34	08:15	00:57:53	01:58:32.80	01:58:32.80	+00:55:04 (46.5%)	9:52	6.1 (54.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
315	LIS Krystian	4574		Open Mężczyzn	129	09:30	00:57:41	01:58:58.10	01:58:58.10	+00:55:29 (46.6%)	9:54	6.1 (54.0%)
316	JÓŹWIAK Piotr	4467		Open Mężczyzn	130	09:00	00:57:05	01:58:58.20	01:58:58.20	+00:55:29 (46.6%)	9:54	6.1 (54.0%)
317	POTRYKUS Dominik	4848		Open Mężczyzn	131	10:30	01:00:31	01:59:01.10	01:59:01.10	+00:55:32 (46.7%)	9:55	6 (53.1%)
318	WYSZYŃSKI Dominik	4043	OBSTACLE CENTER TEAM	Elite Mężczyzn	105	07:30	01:00:43	01:59:07.10	01:59:07.10	+00:55:38 (46.7%)	9:55	6 (53.1%)
319	ŚLIWA Krzysztof	4385		Open Mężczyzn	132	08:30	00:55:05	01:59:07.70	01:59:07.70	+00:55:39 (46.7%)	9:55	6 (53.1%)
320	GĄSIEWSKI Patryk	4832	POMINIĘCI W DRAFCIE	Open Mężczyzn	133	10:30	01:00:33	01:59:11.10	01:59:11.10	+00:55:42 (46.7%)	9:55	6 (53.1%)
321	SZYMAŃSKI Jakub	4320		Open Mężczyzn	134	08:15	00:57:55	01:59:14.20	01:59:14.20	+00:55:45 (46.8%)	9:56	6 (53.1%)
322	MICHALCZUK Michał	4532		Open Mężczyzn	135	09:15	01:00:54	01:59:20.45	01:59:20.45	+00:55:51 (46.8%)	9:56	6 (53.1%)
323	GRABOWSKI Kacper	4699		Open Mężczyzn	136	10:00	01:03:56	01:59:20.80	01:59:20.80	+00:55:52 (46.8%)	9:56	6 (53.1%)
324	CHUDZIK Kamil	4272		Open Mężczyzn	137	08:15	00:55:45	01:59:26.70	01:59:26.70	+00:55:58 (46.9%)	9:57	6 (53.1%)
325	SZEWCZYK Kornelia	4390		Open Kobiet	3	08:30	00:55:05	01:59:31.20	01:59:31.20	+00:56:02 (46.9%)	9:57	6 (53.1%)
326	GĄSIEWSKI Krystian	4831	POMINIĘCI W DRAFCIE	Open Mężczyzn	138	10:30	01:00:31	01:59:39.05	01:59:39.05	+00:56:10 (46.9%)	9:58	6 (53.1%)
327	BIELICKI Wojciech	4340	LACROIX TEAM	Open Mężczyzn	139	08:30	00:55:05	01:59:41.70	01:59:41.70	+00:56:13 (47.0%)	9:58	6 (53.1%)
328	DULABA Michał	4274		Open Mężczyzn	140	08:15	00:57:22	01:59:44.35	01:59:44.35	+00:56:15 (47.0%)	9:58	6 (53.1%)
329	CYWKA Piotr	4354	ZERO OCZEKIWAŃ	Open Mężczyzn	141	08:30	00:58:52	01:59:48.60	01:59:48.60	+00:56:20 (47.0%)	9:59	6 (53.1%)
330	KUNA Jan	4355	ZERO OCZEKIWAŃ	Open Mężczyzn	142	08:30	00:58:52	01:59:58.30	01:59:58.30	+00:56:29 (47.1%)	9:59	6 (53.1%)
331	SAMBORSKI Damian	4727		Open Mężczyzn	143	10:00	00:56:24	01:59:59.15	01:59:59.15	+00:56:30 (47.1%)	9:59	6 (53.1%)
332	KLOC Sebastian	4286		Open Mężczyzn	144	08:15	00:57:23	02:00:05.80	02:00:05.80	+00:56:37 (47.1%)	10:00	6 (53.1%)
333	KROCHMAL Damian	4474		Open Mężczyzn	145	09:00	00:58:14	02:00:10.20	02:00:10.20	+00:56:41 (47.2%)	10:00	6 (53.1%)
334	SKRABEL Artur	4795		Open Masters Mężczyzn	35	10:15	01:06:36	02:00:10.55	02:00:10.55	+00:56:41 (47.2%)	10:00	6 (53.1%)
335	CYWINSKI Kamil	4823		Open Mężczyzn	146	10:30	00:51:39	02:00:29.65	02:00:29.65	+00:57:01 (47.3%)	10:02	6 (53.1%)
336	PAWLAK Daniel	4308		Open Mężczyzn	147	08:15	00:58:26	02:00:30.05	02:00:30.05	+00:57:01 (47.3%)	10:02	6 (53.1%)
337	NOWICKI Adam	2028	MASZYNA BALTIC BETA	Open Mężczyzn	148	10:00	01:00:09	02:00:31.95	02:00:31.95	+00:57:03 (47.3%)	10:02	6 (53.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
338	LEWANDOWSKI Krystian	4529		Open Mężczyzn	149	09:15	00:59:14	02:00:41.55	02:00:41.55	+00:57:12 (47.4%)	10:03	6 (53.1%)
339	KWIATKOWSKI Maciej	4477		Open Mężczyzn	150	08:45	01:00:01	02:00:56.05	02:00:56.05	+00:57:27 (47.5%)	10:04	6 (53.1%)
340	SKIBOWSKI Grzegorz	4383		Open Mężczyzn	151	08:30	00:58:37	02:00:56.25	02:00:56.25	+00:57:27 (47.5%)	10:04	6 (53.1%)
341	KIELA Michał	4285		Open Mężczyzn	152	08:15	00:58:28	02:00:56.40	02:00:56.40	+00:57:27 (47.5%)	10:04	6 (53.1%)
342	RESZKA Rafał	4401	BIGYELLOWFOOT ADVENTURE TEAM	Open Mężczyzn	153	08:45	00:56:16	02:01:16.25	02:01:16.25	+00:57:47 (47.7%)	10:06	5.9 (52.2%)
343	GÓRA Aleksandra	4183	WOLF TEAM	Elite Masters Kobiet	3	08:00	00:57:48	02:01:18.55	02:01:18.55	+00:57:49 (47.7%)	10:06	5.9 (52.2%)
344	KLUCZEK Łukasz	4707		Open Mężczyzn	154	10:00	00:56:44	02:01:19.10	02:01:19.10	+00:57:50 (47.7%)	10:06	5.9 (52.2%)
345	BEŃKO Bartłomiej	4558		Open Mężczyzn	155	09:30	01:00:33	02:01:30.35	02:01:30.35	+00:58:01 (47.8%)	10:07	5.9 (52.2%)
346	LEWANDOWSKA Dorota	4431	HARDERSI	Open Kobiet	4	09:00	00:57:18	02:01:36.35	02:01:36.35	+00:58:07 (47.8%)	10:08	5.9 (52.2%)
347	OLSZEWSKI Krzysztof	4432	HARDERSI	Open Masters Mężczyzn	36	09:00	00:57:17	02:01:37.10	02:01:37.10	+00:58:08 (47.8%)	10:08	5.9 (52.2%)
348	ZAJĄCZKOWSKI Mikołaj	4741		Open Mężczyzn	156	10:00	00:57:33	02:01:37.50	02:01:37.50	+00:58:08 (47.8%)	10:08	5.9 (52.2%)
349	SCHARMACH Tomasz	4494		Open Mężczyzn	157	09:00	00:58:56	02:01:39.70	02:01:39.70	+00:58:11 (47.8%)	10:08	5.9 (52.2%)
350	KOCYK Piotr	4708		Open Mężczyzn	158	10:00	00:56:44	02:01:42.35	02:01:42.35	+00:58:13 (47.8%)	10:08	5.9 (52.2%)
351	KUPSKI Mateusz	4842		Open Mężczyzn	159	10:30	00:54:24	02:01:51.00	02:01:51.00	+00:58:22 (47.9%)	10:09	5.9 (52.2%)
352	CHŁOPEK Karol	4812	ŁAPSERDAKI	Open Mężczyzn	160	10:30	00:54:25	02:01:51.35	02:01:51.35	+00:58:22 (47.9%)	10:09	5.9 (52.2%)
353	PIECHOCKI Michał	4815	POMINIĘCI W DRAFCIE	Open Mężczyzn	161	10:30	01:00:48	02:02:19.45	02:02:19.45	+00:58:50 (48.1%)	10:11	5.9 (52.2%)
354	KAIM Adam	4555	SII RUNNING TEAM	Open Mężczyzn	162	09:30	00:55:10	02:02:21.45	02:02:21.45	+00:58:52 (48.1%)	10:11	5.9 (52.2%)
355	STĘPIEŃ Karol	4647		Open Mężczyzn	163	09:45	00:59:20	02:02:23.65	02:02:23.65	+00:58:55 (48.1%)	10:11	5.9 (52.2%)
356	BRZECZKOWSKI Paweł	4816	POWER TRAINING	Open Masters Mężczyzn	37	10:30	00:55:09	02:02:37.90	02:02:37.90	+00:59:09 (48.2%)	10:13	5.9 (52.2%)
357	ZALEWSKI Rafał	5013		Open Mężczyzn	164	10:00	00:56:24	02:02:44.95	02:02:44.95	+00:59:16 (48.3%)	10:13	5.9 (52.2%)
358	PŁOŃCZAK Jacek	4491		Open Masters Mężczyzn	38	09:00	00:59:35	02:02:45.35	02:02:45.35	+00:59:16 (48.3%)	10:13	5.9 (52.2%)
359	PIECHOWICZ Waldemar	4489		Open Masters Mężczyzn	39	09:00	00:59:35	02:02:46.05	02:02:46.05	+00:59:17 (48.3%)	10:13	5.9 (52.2%)
360	ZIOMEK Anna	4236	BIEGUN OCR TEAM	Open Kobiet	5	08:15	00:57:39	02:02:48.25	02:02:48.25	+00:59:19 (48.3%)	10:14	5.9 (52.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
361	MUSZALSKI Rafał	4515	NORDEA RUNNERS	Open Mężczyzn	165	09:15	01:02:58	02:02:50.80	02:02:50.80	+00:59:22 (48.3%)	10:14	5.9 (52.2%)
362	FIGAS Jarosław	4695		Open Masters Mężczyzn	40	10:00	00:54:46	02:03:07.40	02:03:07.40	+00:59:38 (48.4%)	10:15	5.8 (51.3%)
363	DEJWOREK Paweł	4813	POMINIĘCI W DRAFCIE	Open Mężczyzn	166	10:30	01:00:33	02:03:08.25	02:03:08.25	+00:59:39 (48.5%)	10:15	5.8 (51.3%)
364	PIECHOCKI Bartłomiej	4814	POMINIĘCI W DRAFCIE	Open Mężczyzn	167	10:30	01:00:51	02:03:13.70	02:03:13.70	+00:59:45 (48.5%)	10:16	5.8 (51.3%)
365	BARZOWSKI Kamil	4017	BRAVERUNNERS OCR	Elite Mężczyzn	106	07:30	00:55:59	02:03:18.60	02:03:18.60	+00:59:50 (48.5%)	10:16	5.8 (51.3%)
366	WAŚ Grzegorz	4430	BURBON	Open Mężczyzn	168	09:00	01:00:21	02:03:22.15	02:03:22.15	+00:59:53 (48.5%)	10:16	5.8 (51.3%)
366	WALIGÓRA Julia	4429	BURBON	Open Kobiet	6	09:00	01:00:23	02:03:22.15	02:03:22.15	+00:59:53 (48.5%)	10:16	5.8 (51.3%)
368	DEPTUŁA Jarosław	4539	BANDA JARKA	Open Masters Mężczyzn	41	09:30	01:00:33	02:03:49.95	02:03:49.95	+01:00:21 (48.7%)	10:19	5.8 (51.3%)
369	SZYMCZYK Rafał	4733		Open Mężczyzn	169	10:00	00:55:58	02:03:52.20	02:03:52.20	+01:00:23 (48.8%)	10:19	5.8 (51.3%)
370	JANKOWSKI Filip	4563		Open Mężczyzn	170	09:30	01:00:41	02:03:53.15	02:03:53.15	+01:00:24 (48.8%)	10:19	5.8 (51.3%)
371	ZALAS Anna	4802		Open Masters Kobiet	4	10:15	01:00:19	02:03:55.65	02:03:55.65	+01:00:27 (48.8%)	10:19	5.8 (51.3%)
372	JARZYŃSKI Michał	4667	MASZYNA BALTIC BETA	Open Mężczyzn	171	10:00	01:00:08	02:03:59.05	02:03:59.05	+01:00:30 (48.8%)	10:19	5.8 (51.3%)
373	DEPTUŁA Michał	4540	BANDA JARKA	Open Mężczyzn	172	09:30	01:00:38	02:04:01.50	02:04:01.50	+01:00:32 (48.8%)	10:20	5.8 (51.3%)
374	KOŁODZIEJEK Marek	4102	BYSTRZAKI	Elite Masters Mężczyzn	31	07:40	01:04:39	02:04:06.80	02:04:06.80	+01:00:38 (48.9%)	10:20	5.8 (51.3%)
375	GOŁĘBIEWSKA Maja	5017		Open Kobiet	7	08:15	00:57:33	02:04:06.85	02:04:06.85	+01:00:38 (48.9%)	10:20	5.8 (51.3%)
376	BĄK Damian	4268		Open Mężczyzn	173	08:15	00:58:58	02:04:16.30	02:04:16.30	+01:00:47 (48.9%)	10:21	5.8 (51.3%)
377	NOWAK Paweł	4935	WOLF TEAM	Open Mężczyzn	174	11:00	01:02:32	02:04:44.20	02:04:44.20	+01:01:15 (49.1%)	10:23	5.8 (51.3%)
378	LEWKO Cezary	4417		Open Mężczyzn	175	09:45	00:58:33	02:04:49.95	02:04:49.95	+01:01:21 (49.2%)	10:24	5.8 (51.3%)
379	CHOJECKI Piotr	4133		Elite Mężczyzn	107	07:40	00:58:24	02:04:53.30	02:04:53.30	+01:01:24 (49.2%)	10:24	5.8 (51.3%)
380	MUSIOŁ Patryk	4847		Open Mężczyzn	176	10:30	00:53:10	02:05:07.80	02:05:07.80	+01:01:39 (49.3%)	10:25	5.8 (51.3%)
381	KITALA Radosław	4129	WARRIORS ŁÓDŹ	Elite Mężczyzn	108	07:40	01:01:59	02:05:31.95	02:05:31.95	+01:02:03 (49.4%)	10:27	5.7 (50.4%)
382	MUZYKA Marko	4579		Open Mężczyzn	177	10:00	01:02:15	02:05:36.75	02:05:36.75	+01:02:08 (49.5%)	10:28	5.7 (50.4%)
383	KOWALCZYK Tomasz	2122		Elite Mężczyzn	109	07:40	01:02:00	02:05:42.05	02:05:42.05	+01:02:13 (49.5%)	10:28	5.7 (50.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
384	RYMARCZYK Piotr	4819	SOCIOS SILESIA	Open Mężczyzn	178	10:30	00:54:05	02:05:46.55	02:05:46.55	+01:02:17 (49.5%)	10:28	5.7 (50.4%)
385	WRUK Agata	4159	AAAXRUNNERS	Elite Kobiet	12	08:00	01:01:35	02:05:49.95	02:05:49.95	+01:02:21 (49.6%)	10:29	5.7 (50.4%)
386	ANTOLIK Wojciech	4106	EY OCR TEAM	Open Mężczyzn	179	07:40	01:02:26	02:06:02.55	02:06:02.55	+01:02:33 (49.6%)	10:30	5.7 (50.4%)
387	ZDAŃSKI Dariusz	4425	13 ŚBOT	Open Masters Mężczyzn	42	09:00	01:00:15	02:06:12.20	02:06:12.20	+01:02:43 (49.7%)	10:31	5.7 (50.4%)
388	PALYS Malgorzata	4424	13 ŚBOT	Open Kobiet	8	09:00	01:00:18	02:06:24.75	02:06:24.75	+01:02:56 (49.8%)	10:32	5.7 (50.4%)
389	GANCARCZYK Piotr	4278		Open Mężczyzn	180	08:15	00:59:01	02:06:32.50	02:06:32.50	+01:03:03 (49.8%)	10:32	5.7 (50.4%)
390	MALINOWSKI Piotr	4300		Open Mężczyzn	181	08:15	00:59:02	02:06:32.80	02:06:32.80	+01:03:04 (49.8%)	10:32	5.7 (50.4%)
391	MAŃSKI Tomasz	4962		Open Mężczyzn	182	11:00	01:02:33	02:06:35.15	02:06:35.15	+01:03:06 (49.9%)	10:32	5.7 (50.4%)
392	SOKÓŁ Paweł	4386		Open Mężczyzn	183	08:30	01:00:16	02:06:49.35	02:06:49.35	+01:03:20 (49.9%)	10:34	5.7 (50.4%)
393	OSTROWSKI Paweł	4720		Open Mężczyzn	184	10:00	01:01:01	02:06:52.60	02:06:52.60	+01:03:24 (50.0%)	10:34	5.7 (50.4%)
394	MICHON Natalia	4483		Open Kobiet	9	09:00	01:00:26	02:07:06.10	02:07:06.10	+01:03:37 (50.1%)	10:35	5.7 (50.4%)
395	MARSZAŁEK Marcel	4125	TEAM PSUTEK	Open Mężczyzn	185	07:40	00:58:10	02:07:15.00	02:07:15.00	+01:03:46 (50.1%)	10:36	5.7 (50.4%)
396	KLIK Paweł	4706		Open Mężczyzn	186	09:30	01:01:23	02:07:15.65	02:07:15.65	+01:03:47 (50.1%)	10:36	5.7 (50.4%)
397	KRAWCZYK Bernadeta	4710		Open Kobiet	10	09:30	01:01:23	02:07:15.70	02:07:15.70	+01:03:47 (50.1%)	10:36	5.7 (50.4%)
398	MACHNICKI Kamil	4298		Open Mężczyzn	187	08:30	01:01:23	02:07:16.55	02:07:16.55	+01:03:47 (50.1%)	10:36	5.7 (50.4%)
399	MOSZCZYŃSKI Radosław	4719		Open Mężczyzn	188	10:00	01:03:55	02:07:40.60	02:07:40.60	+01:04:12 (50.3%)	10:38	5.6 (49.6%)
400	LEMAŃCZYK Dariusz	4372		Open Masters Mężczyzn	43	08:30	00:57:39	02:07:42.70	02:07:42.70	+01:04:14 (50.3%)	10:38	5.6 (49.6%)
401	JANKOWSKI Tomasz	4513	NORDEA RUNNERS	Open Mężczyzn	189	09:15	01:02:58	02:07:46.05	02:07:46.05	+01:04:17 (50.3%)	10:38	5.6 (49.6%)
402	ŚWIĄTKOWSKI Marcin	4999		Open Mężczyzn	190	09:15	01:02:36	02:08:03.20	02:08:03.20	+01:04:34 (50.4%)	10:40	5.6 (49.6%)
403	JAWORSKI Sebastian	4122	R.AMBO DRUGA CREW	Elite Mężczyzn	110	07:40	01:07:23	02:08:10.00	02:08:10.00	+01:04:41 (50.5%)	10:40	5.6 (49.6%)
404	PARADECKI Konrad	4533		Open Mężczyzn	191	09:15	01:02:42	02:08:12.45	02:08:12.45	+01:04:43 (50.5%)	10:41	5.6 (49.6%)
405	KAROLEWSKI Kamil	4365		Open Mężczyzn	192	08:30	00:58:46	02:08:29.70	02:08:29.70	+01:05:01 (50.6%)	10:42	5.6 (49.6%)
406	MIŚ Sylwester	4374		Open Masters Mężczyzn	44	08:30	00:58:47	02:08:30.20	02:08:30.20	+01:05:01 (50.6%)	10:42	5.6 (49.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
407	JANGAS Jakub	4701		Open Mężczyzn	193	10:00	00:55:32	02:08:33.35	02:08:33.35	+01:05:04 (50.6%)	10:42	5.6 (49.6%)
408	MARCHLEWICZ Dawid	4264	UNITED RUNNERS	Open Mężczyzn	194	08:15	01:04:20	02:08:38.80	02:08:38.80	+01:05:10 (50.7%)	10:43	5.6 (49.6%)
409	KOWALCZYK Stanisław	5025		Open Mężczyzn	195	08:15	00:58:37	02:08:45.60	02:08:45.60	+01:05:17 (50.7%)	10:43	5.6 (49.6%)
410	SOBCZAK Kasia	5026		Open Kobiet	11	08:15	00:58:37	02:09:00.80	02:09:00.80	+01:05:32 (50.8%)	10:45	5.6 (49.6%)
411	PLICHTA Adam	4446	POKU OCR CREW	Open Mężczyzn	196	09:00	01:05:01	02:09:04.60	02:09:04.60	+01:05:36 (50.8%)	10:45	5.6 (49.6%)
412	KWIDZISKI Michał	4445	POKU OCR CREW	Open Mężczyzn	197	09:00	01:05:02	02:09:04.75	02:09:04.75	+01:05:36 (50.8%)	10:45	5.6 (49.6%)
413	SZULC Adam	4351	PRZYBYŁKI	Open Masters Mężczyzn	45	08:30	00:59:33	02:09:13.40	02:09:13.40	+01:05:44 (50.9%)	10:46	5.6 (49.6%)
414	MODZELAN-PRZYBYŁO Jolanta	4349	PRZYBYŁKI	Open Masters Kobiet	5	08:30	00:59:32	02:09:13.85	02:09:13.85	+01:05:45 (50.9%)	10:46	5.6 (49.6%)
414	PRZYBYŁO Mateusz	4350	PRZYBYŁKI	Open Masters Mężczyzn	46	08:30	00:59:29	02:09:13.85	02:09:13.85	+01:05:45 (50.9%)	10:46	5.6 (49.6%)
416	ŁAWRYNIUK Oskar	4479		Open Mężczyzn	198	09:00	01:00:41	02:09:19.65	02:09:19.65	+01:05:51 (50.9%)	10:46	5.6 (49.6%)
417	KUCIŃSKI Łukasz	4295		Open Mężczyzn	199	08:15	01:06:29	02:09:20.20	02:09:20.20	+01:05:51 (50.9%)	10:46	5.6 (49.6%)
418	GRZECA Kamil	4464		Open Mężczyzn	200	09:00	00:59:06	02:09:28.70	02:09:28.70	+01:06:00 (51.0%)	10:47	5.6 (49.6%)
419	FILIPOWICZ Bartosz	4327	#NIELUBIEBIEGAC	Open Mężczyzn	201	08:30	00:58:50	02:09:36.15	02:09:36.15	+01:06:07 (51.0%)	10:48	5.6 (49.6%)
420	SOKOŁOWSKI Paweł	4387		Open Mężczyzn	202	08:30	01:05:43	02:09:44.10	02:09:44.10	+01:06:15 (51.1%)	10:48	5.5 (48.7%)
421	SKORUPA Jakub	4384		Open Mężczyzn	203	08:30	01:05:43	02:09:47.10	02:09:47.10	+01:06:18 (51.1%)	10:48	5.5 (48.7%)
422	ZIELIŃSKA Ilona	4918	MOWI TEAM	Open Kobiet	12	11:00	01:01:46	02:09:50.10	02:09:50.10	+01:06:21 (51.1%)	10:49	5.5 (48.7%)
423	GAŁECKA Dagmara	4277		Open Masters Kobiet	6	08:15	01:04:04	02:09:55.85	02:09:55.85	+01:06:27 (51.1%)	10:49	5.5 (48.7%)
424	MARKELOV Siergiej	4911	MOWI TEAM	Open Mężczyzn	204	11:00	01:01:46	02:09:58.15	02:09:58.15	+01:06:29 (51.2%)	10:49	5.5 (48.7%)
425	MOSKA Tadeusz	5002		Open Mężczyzn	205	10:45	01:05:37	02:10:02.10	02:10:02.10	+01:06:33 (51.2%)	10:50	5.5 (48.7%)
426	AUGUSTYNIAK Mariusz	4104	CROSSFIT TEAM SUSZ	Elite Masters Mężczyzn	32	07:40	01:03:30	02:10:07.60	02:10:07.60	+01:06:39 (51.2%)	10:50	5.5 (48.7%)
427	RYKACZEWSKI Wojciech	4932	THE COOKIES	Open Mężczyzn	206	11:00	01:03:11	02:10:11.80	02:10:11.80	+01:06:43 (51.2%)	10:50	5.5 (48.7%)
428	FURGAŁA Aneta	4828		Open Kobiet	13	10:30	00:59:00	02:10:13.30	02:10:13.30	+01:06:44 (51.3%)	10:51	5.5 (48.7%)
429	HELLER Ernest	4071		Elite Mężczyzn	111	07:30	00:59:39	02:10:19.85	02:10:19.85	+01:06:51 (51.3%)	10:51	5.5 (48.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
430	FURGAŁA Piotr	4829		Open Mężczyzn	207	10:30	00:59:00	02:10:30.60	02:10:30.60	+01:07:02 (51.4%)	10:52	5.5 (48.7%)
431	JEZIOREK Konrad	4566		Open Mężczyzn	208	09:30	01:07:50	02:10:32.50	02:10:32.50	+01:07:03 (51.4%)	10:52	5.5 (48.7%)
432	POPIK Adam	4817	RKŚ	Open Mężczyzn	209	10:30	00:58:58	02:10:36.05	02:10:36.05	+01:07:07 (51.4%)	10:53	5.5 (48.7%)
433	TREPPA Natalia	4734		Open Kobiet	14	10:00	01:00:53	02:10:43.25	02:10:43.25	+01:07:14 (51.4%)	10:53	5.5 (48.7%)
434	ANDERKO Kamil	4682		Open Mężczyzn	210	10:00	01:00:53	02:10:44.10	02:10:44.10	+01:07:15 (51.4%)	10:53	5.5 (48.7%)
435	KAZIMIERCZYK Kamil	4836		Open Mężczyzn	211	10:30	00:58:58	02:10:46.85	02:10:46.85	+01:07:18 (51.5%)	10:53	5.5 (48.7%)
436	JASIONOWSKA Katarzyna	5018	JESZCZE TYLKO KAWAŁEK...	Open Kobiet	15	08:30	01:01:11	02:10:54.40	02:10:54.40	+01:07:25 (51.5%)	10:54	5.5 (48.7%)
437	KUPREWICZ Grzegorz	4338	JESZCZE TYLKO KAWAŁEK...	Open Mężczyzn	212	08:30	01:01:09	02:10:55.85	02:10:55.85	+01:07:27 (51.5%)	10:54	5.5 (48.7%)
438	KLEIN Michał	4885		Open Mężczyzn	213	10:45	01:02:55	02:10:58.95	02:10:58.95	+01:07:30 (51.5%)	10:54	5.5 (48.7%)
439	PIWOWAREK Grzegorz	4675	PRZEPIÓRKI WIKTORA	Open Mężczyzn	214	10:00	01:05:27	02:11:06.35	02:11:06.35	+01:07:37 (51.6%)	10:55	5.5 (48.7%)
440	BUCZYNSKI Dariusz	4687		Open Mężczyzn	215	09:15	01:08:55	02:11:17.85	02:11:17.85	+01:07:49 (51.7%)	10:56	5.5 (48.7%)
441	STEMPCZYŃSKA Justyna	4388		Open Masters Kobiet	7	08:30	00:57:38	02:11:20.85	02:11:20.85	+01:07:52 (51.7%)	10:56	5.5 (48.7%)
442	DOBROGOWSKI Piotr	4447	RODZINNA MASAKRA PART 1	Open Mężczyzn	216	09:00	01:06:29	02:11:24.80	02:11:24.80	+01:07:56 (51.7%)	10:57	5.5 (48.7%)
443	JAŃCZUK Marcin	4136		Elite Mężczyzn	112	07:40	01:02:22	02:11:24.95	02:11:24.95	+01:07:56 (51.7%)	10:57	5.5 (48.7%)
444	JURKA Łukasz	4284		Open Mężczyzn	217	08:15	01:04:01	02:11:31.30	02:11:31.30	+01:08:02 (51.7%)	10:57	5.5 (48.7%)
445	KOSTEPSKI Marek	4369		Open Masters Mężczyzn	47	08:30	01:06:00	02:11:31.60	02:11:31.60	+01:08:03 (51.7%)	10:57	5.5 (48.7%)
446	PSUT Kamil	5005	CARBON SILESIA SPORT	Open Mężczyzn	218	08:15	01:02:11	02:11:35.00	02:11:35.00	+01:08:06 (51.8%)	10:57	5.5 (48.7%)
447	SZATKOWSKA Agnieszka	4732		Open Masters Kobiet	8	09:30	01:04:46	02:11:49.30	02:11:49.30	+01:08:20 (51.8%)	10:59	5.5 (48.7%)
448	KURDZIEL Jarosław	4713		Open Masters Mężczyzn	48	09:30	01:04:46	02:11:49.50	02:11:49.50	+01:08:20 (51.8%)	10:59	5.5 (48.7%)
449	SEROCKA Basia	4808	CSS SZAFKA	Open Kobiet	16	10:30	00:58:35	02:11:53.00	02:11:53.00	+01:08:24 (51.9%)	10:59	5.5 (48.7%)
450	WOJCIECHOWSKI Szymon	4393		Open Mężczyzn	219	08:30	01:03:48	02:11:53.60	02:11:53.60	+01:08:25 (51.9%)	10:59	5.5 (48.7%)
451	LECH Rafał	4991		Open Mężczyzn	220	10:30	00:58:31	02:11:54.30	02:11:54.30	+01:08:25 (51.9%)	10:59	5.5 (48.7%)
452	BŁAŻKÓW Gracjan	4357		Open Mężczyzn	221	08:30	01:00:57	02:11:57.70	02:11:57.70	+01:08:29 (51.9%)	10:59	5.5 (48.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
452	STROIŃSKI Łukasz	4880	VITARADE TEAM	Open Mężczyzn	221	10:45	01:03:31	02:11:57.70	02:11:57.70	+01:08:29 (51.9%)	10:59	5.5 (48.7%)
454	BARTNICKI Łukasz	4938		Open Mężczyzn	223	11:00	01:02:03	02:12:02.10	02:12:02.10	+01:08:33 (51.9%)	11:00	5.5 (48.7%)
455	WIĘCEK Anna	4454	VB LEASING	Open Masters Kobiet	9	09:00	01:05:15	02:12:12.30	02:12:12.30	+01:08:43 (52.0%)	11:01	5.4 (47.8%)
456	BOCHNIARZ Anna	4453	VB LEASING	Open Masters Kobiet	10	09:00	01:05:16	02:12:12.55	02:12:12.55	+01:08:43 (52.0%)	11:01	5.4 (47.8%)
457	WOŁYNIEC Robert	4395		Open Mężczyzn	224	08:30	01:09:06	02:12:13.95	02:12:13.95	+01:08:45 (52.0%)	11:01	5.4 (47.8%)
458	GOWGIEL Yury	4698		Open Mężczyzn	225	10:00	01:03:22	02:12:23.10	02:12:23.10	+01:08:54 (52.1%)	11:01	5.4 (47.8%)
459	ZAREMBA Sławek	4881	VITARADE TEAM	Open Mężczyzn	226	10:45	01:04:23	02:12:23.80	02:12:23.80	+01:08:55 (52.1%)	11:01	5.4 (47.8%)
460	KULPA Waldek	4841		Open Masters Mężczyzn	49	10:30	00:59:48	02:12:45.70	02:12:45.70	+01:09:17 (52.2%)	11:03	5.4 (47.8%)
461	MORNINGSTAR Mefistofeles	4302		Open Mężczyzn	227	08:15	01:04:13	02:12:47.90	02:12:47.90	+01:09:19 (52.2%)	11:03	5.4 (47.8%)
462	KLEIN Sebastian	4886		Open Masters Mężczyzn	50	10:45	01:03:00	02:12:55.20	02:12:55.20	+01:09:26 (52.2%)	11:04	5.4 (47.8%)
463	KOLPACZEWSKI Kamil	5009		Open Mężczyzn	228	10:00	01:01:58	02:12:55.25	02:12:55.25	+01:09:26 (52.2%)	11:04	5.4 (47.8%)
464	MIĘSOWICZ Mirosław	4249	HUSARIA RACE TEAM	Open Mężczyzn	229	08:15	01:06:08	02:12:57.90	02:12:57.90	+01:09:29 (52.3%)	11:04	5.4 (47.8%)
465	KULPA Piotr	4840		Open Mężczyzn	230	10:30	00:59:48	02:13:03.70	02:13:03.70	+01:09:35 (52.3%)	11:05	5.4 (47.8%)
466	GŁADYKOWSKI Gabriel	5014	JOPKI Z MAKAŁO	Open Mężczyzn	231	11:00	01:01:12	02:13:08.45	02:13:08.45	+01:09:39 (52.3%)	11:05	5.4 (47.8%)
467	GŁUCH Józef	5015	JOPKI Z MAKAŁO	Open Mężczyzn	232	11:00	01:01:16	02:13:10.25	02:13:10.25	+01:09:41 (52.3%)	11:05	5.4 (47.8%)
468	WOSIAK Paweł	4597		Open Mężczyzn	233	09:30	01:07:06	02:13:19.35	02:13:19.35	+01:09:50 (52.4%)	11:06	5.4 (47.8%)
469	ŚLIWIŃSKI Krzysztof	4850		Open Mężczyzn	234	10:30	01:00:19	02:13:29.90	02:13:29.90	+01:10:01 (52.5%)	11:07	5.4 (47.8%)
470	MAY Jan	4845		Open Mężczyzn	235	10:30	01:00:17	02:13:30.35	02:13:30.35	+01:10:01 (52.5%)	11:07	5.4 (47.8%)
471	JAWORSKA Marta	4702		Open Kobiet	17	10:00	01:02:34	02:13:37.25	02:13:37.25	+01:10:08 (52.5%)	11:08	5.4 (47.8%)
472	RÓŻAŃSKI Daniel	4725		Open Mężczyzn	236	10:00	01:02:32	02:13:37.35	02:13:37.35	+01:10:08 (52.5%)	11:08	5.4 (47.8%)
473	MIKA Martyna	4717		Open Kobiet	18	10:00	01:02:34	02:13:37.50	02:13:37.50	+01:10:08 (52.5%)	11:08	5.4 (47.8%)
474	CIEŚLIK Łukasz	4689		Open Mężczyzn	237	10:00	01:02:33	02:13:37.75	02:13:37.75	+01:10:09 (52.5%)	11:08	5.4 (47.8%)
475	BARTNIK Łukasz	4356		Open Masters Mężczyzn	51	08:30	01:07:04	02:13:39.80	02:13:39.80	+01:10:11 (52.5%)	11:08	5.4 (47.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
476	RECLAF Karol	4723		Open Masters Mężczyzn	52	10:00	01:06:09	02:13:57.25	02:13:57.25	+01:10:28 (52.6%)	11:09	5.4 (47.8%)
477	KACZMAREK Damian	4955		Open Mężczyzn	238	10:00	01:04:10	02:14:05.00	02:14:05.00	+01:10:36 (52.7%)	11:10	5.4 (47.8%)
478	PIATNYTSKA Oleksandra	4405	EY OCR TEAM	Open Masters Kobiet	11	08:45	01:03:59	02:14:14.15	02:14:14.15	+01:10:45 (52.7%)	11:11	5.4 (47.8%)
479	KOLAK Eliza	2026	EY OCR TEAM	Open Kobiet	19	08:45	01:03:59	02:14:14.75	02:14:14.75	+01:10:46 (52.7%)	11:11	5.4 (47.8%)
480	KORDIALIK Adam	2034	EY OCR TEAM	Open Mężczyzn	239	08:45	01:04:03	02:14:15.00	02:14:15.00	+01:10:46 (52.7%)	11:11	5.4 (47.8%)
481	FLAK Tomasz	4775		Open Masters Mężczyzn	53	10:15	01:05:54	02:14:18.80	02:14:18.80	+01:10:50 (52.7%)	11:11	5.4 (47.8%)
482	NIKOŁAJUK Julia	4304		Open Kobiet	20	08:15	01:06:20	02:14:30.85	02:14:30.85	+01:11:02 (52.8%)	11:12	5.4 (47.8%)
483	ŚLAWSKI Nikodem	4730		Open Mężczyzn	240	10:00	01:05:51	02:14:33.70	02:14:33.70	+01:11:05 (52.8%)	11:12	5.4 (47.8%)
484	NASTAŁY Marcin	4788		Open Mężczyzn	241	10:15	01:00:59	02:14:39.00	02:14:39.00	+01:11:10 (52.9%)	11:13	5.3 (46.9%)
485	STAŚKIEWICZ Bartłomiej	4797		Open Mężczyzn	242	10:15	01:01:00	02:14:39.10	02:14:39.10	+01:11:10 (52.9%)	11:13	5.3 (46.9%)
486	BLASZKE Dagmara	4769		Open Kobiet	21	10:15	01:01:00	02:14:39.20	02:14:39.20	+01:11:10 (52.9%)	11:13	5.3 (46.9%)
487	KOKOWICZ Patryk	4568		Open Mężczyzn	243	09:30	01:07:43	02:14:47.50	02:14:47.50	+01:11:18 (52.9%)	11:13	5.3 (46.9%)
488	PARTYKA Przemysław	4966		Open Mężczyzn	244	11:00	01:05:38	02:14:49.55	02:14:49.55	+01:11:20 (52.9%)	11:14	5.3 (46.9%)
489	Dominik	4557		Open Mężczyzn	245	09:30	01:07:43	02:14:52.45	02:14:52.45	+01:11:23 (52.9%)	11:14	5.3 (46.9%)
490	MIKOŁAJCZYK Sławomir	4576		Open Masters Mężczyzn	54	09:30	01:02:12	02:15:01.40	02:15:01.40	+01:11:32 (53.0%)	11:15	5.3 (46.9%)
491	SKOWRONEK Tomasz	4315		Open Mężczyzn	246	08:15	01:07:51	02:15:01.50	02:15:01.50	+01:11:32 (53.0%)	11:15	5.3 (46.9%)
492	KRÓLIK Mariusz	4958		Open Mężczyzn	247	11:00	01:05:37	02:15:38.30	02:15:38.30	+01:12:09 (53.2%)	11:18	5.3 (46.9%)
493	OLCZYK Marcin	4965		Open Mężczyzn	248	11:00	01:05:37	02:15:42.50	02:15:42.50	+01:12:13 (53.2%)	11:18	5.3 (46.9%)
494	CICHECKI Emil	4940		Open Mężczyzn	249	11:00	01:05:41	02:15:42.55	02:15:42.55	+01:12:13 (53.2%)	11:18	5.3 (46.9%)
495	PEĆ Patryk	4968		Open Mężczyzn	250	11:00	01:05:37	02:15:42.75	02:15:42.75	+01:12:14 (53.2%)	11:18	5.3 (46.9%)
496	RUSZNICA Klaudia	4346	PATATAS BRAVAS	Open Kobiet	22	08:30	01:04:44	02:15:50.90	02:15:50.90	+01:12:22 (53.3%)	11:19	5.3 (46.9%)
497	B Patrycja	4768		Open Kobiet	23	10:15	01:02:12	02:15:59.05	02:15:59.05	+01:12:30 (53.3%)	11:19	5.3 (46.9%)
498	KALINOWSKI Michał	4779		Open Mężczyzn	251	10:15	01:02:12	02:15:59.25	02:15:59.25	+01:12:30 (53.3%)	11:19	5.3 (46.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
499	CZECHOWSKI Konrad	4248	HUSARIA RACE TEAM	Open Mężczyzn	252	08:15	01:05:25	02:15:59.70	02:15:59.70	+01:12:31 (53.3%)	11:19	5.3 (46.9%)
500	LEWANDOWSKI Jędrzej	4573		Open Mężczyzn	253	09:30	01:08:36	02:15:59.90	02:15:59.90	+01:12:31 (53.3%)	11:19	5.3 (46.9%)
501	KORZENIAK Bartłomiej	4570		Open Mężczyzn	254	09:30	01:08:37	02:16:00.30	02:16:00.30	+01:12:31 (53.3%)	11:20	5.3 (46.9%)
501	KORZENIAK Jakub	4571		Open Mężczyzn	254	09:30	01:08:39	02:16:00.30	02:16:00.30	+01:12:31 (53.3%)	11:20	5.3 (46.9%)
503	ŻAK Kamil	4504		Open Mężczyzn	256	09:00	01:03:07	02:16:00.55	02:16:00.55	+01:12:31 (53.3%)	11:20	5.3 (46.9%)
503	ŻAK Monika	4505		Open Kobiet	24	09:00	01:03:07	02:16:00.55	02:16:00.55	+01:12:31 (53.3%)	11:20	5.3 (46.9%)
505	RUSZNICA Oliwia	4347	PATATAS BRAVAS	Open Kobiet	25	08:30	01:04:46	02:16:04.45	02:16:04.45	+01:12:35 (53.4%)	11:20	5.3 (46.9%)
506	ZYCH Kornel	4348	PATATAS BRAVAS	Open Mężczyzn	257	08:30	01:04:46	02:16:07.20	02:16:07.20	+01:12:38 (53.4%)	11:20	5.3 (46.9%)
507	BRYSIK Piotr	5008		Open Mężczyzn	258	09:45	01:04:26	02:16:07.35	02:16:07.35	+01:12:38 (53.4%)	11:20	5.3 (46.9%)
508	ĆWIERTNIA Katarzyna	4690		Open Kobiet	26	10:00	01:02:06	02:16:10.20	02:16:10.20	+01:12:41 (53.4%)	11:20	5.3 (46.9%)
509	Szymon	4681		Open Mężczyzn	259	10:00	01:09:15	02:16:15.30	02:16:15.30	+01:12:46 (53.4%)	11:21	5.3 (46.9%)
510	KACZOR Jarosław	4704		Open Mężczyzn	260	10:00	01:09:15	02:16:15.50	02:16:15.50	+01:12:46 (53.4%)	11:21	5.3 (46.9%)
511	REGUŁA Jakub	4724		Open Mężczyzn	261	10:00	01:02:06	02:16:32.25	02:16:32.25	+01:13:03 (53.5%)	11:22	5.3 (46.9%)
512	FILUSZ Dawid	4757	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	262	10:15	01:06:44	02:16:46.60	02:16:46.60	+01:13:18 (53.6%)	11:23	5.3 (46.9%)
513	BUNIEK Mateusz	4345	PATATAS BRAVAS	Open Mężczyzn	263	08:30	01:04:42	02:16:59.15	02:16:59.15	+01:13:30 (53.7%)	11:24	5.3 (46.9%)
514	KOBIELA Mikołaj	4368		Open Mężczyzn	264	08:30	01:01:56	02:17:04.25	02:17:04.25	+01:13:35 (53.7%)	11:25	5.3 (46.9%)
515	WOŹNIAK Paweł	4396		Open Mężczyzn	265	08:30	01:01:57	02:17:04.30	02:17:04.30	+01:13:35 (53.7%)	11:25	5.3 (46.9%)
516	KUTYŁA Nikodem	4371		Open Mężczyzn	266	08:30	01:01:57	02:17:05.10	02:17:05.10	+01:13:36 (53.7%)	11:25	5.3 (46.9%)
517	ŻAK Maciej	4517	NORDEA RUNNERS	Open Mężczyzn	267	09:15	01:05:36	02:17:09.85	02:17:09.85	+01:13:41 (53.7%)	11:25	5.2 (46.0%)
518	BRUCHMANN Andrzej	4270		Open Mężczyzn	268	08:15	01:06:28	02:17:29.15	02:17:29.15	+01:14:00 (53.8%)	11:27	5.2 (46.0%)
519	ANTCZAK Klaudia	4767		Open Kobiet	27	10:15	01:04:17	02:17:32.70	02:17:32.70	+01:14:04 (53.9%)	11:27	5.2 (46.0%)
520	LUKASHENKO Vitalii	4785		Open Mężczyzn	269	10:15	01:04:16	02:17:32.75	02:17:32.75	+01:14:04 (53.9%)	11:27	5.2 (46.0%)
521	RACZKOWSKI Daniel	4792		Open Mężczyzn	270	10:15	01:04:15	02:17:33.30	02:17:33.30	+01:14:04 (53.9%)	11:27	5.2 (46.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
522	RZYSZCZAK Damian	4793		Open Mężczyzn	271	10:15	01:04:13	02:17:33.40	02:17:33.40	+01:14:04 (53.9%)	11:27	5.2 (46.0%)
523	WIŚNIEWSKA Arleta	4760	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	12	10:15	01:06:11	02:17:36.60	02:17:36.60	+01:14:08 (53.9%)	11:28	5.2 (46.0%)
524	RZONSIK Katarzyna	4758	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	13	10:15	01:06:19	02:17:36.70	02:17:36.70	+01:14:08 (53.9%)	11:28	5.2 (46.0%)
525	KUBOŃ Mateusz	4784		Open Mężczyzn	272	10:15	01:06:20	02:17:37.30	02:17:37.30	+01:14:08 (53.9%)	11:28	5.2 (46.0%)
526	URBAŃSKI Krzysztof	4736		Open Masters Mężczyzn	55	10:15	00:59:22	02:17:51.25	02:17:51.25	+01:14:22 (54.0%)	11:29	5.2 (46.0%)
527	ZDUŃCZUK Milana	4856		Open Kobiet	28	10:30	00:52:42	02:18:06.25	02:18:06.25	+01:14:37 (54.0%)	11:30	5.2 (46.0%)
528	KMIOTEK Marek	4837		Open Mężczyzn	273	10:30	00:52:42	02:18:06.65	02:18:06.65	+01:14:38 (54.0%)	11:30	5.2 (46.0%)
529	DOBROWOLSKI Piotr	4273		Open Mężczyzn	274	08:15	01:05:53	02:18:31.55	02:18:31.55	+01:15:02 (54.2%)	11:32	5.2 (46.0%)
530	WILCZEK Marta	4258	RECKITTRUNNERS	Open Kobiet	29	08:15	01:05:54	02:18:31.75	02:18:31.75	+01:15:03 (54.2%)	11:32	5.2 (46.0%)
531	ADAMCZYK Małgorzata	4755	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	14	10:15	01:06:35	02:18:55.35	02:18:55.35	+01:15:26 (54.3%)	11:34	5.2 (46.0%)
532	TROCHA Malwina	4759	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	30	10:15	01:06:56	02:18:55.55	02:18:55.55	+01:15:26 (54.3%)	11:34	5.2 (46.0%)
533	LIPSKI Mateusz	4959		Open Mężczyzn	275	11:00	01:08:43	02:19:04.35	02:19:04.35	+01:15:35 (54.4%)	11:35	5.2 (46.0%)
534	DEPKA PRĄDZINSKI Marek	4942		Open Mężczyzn	276	11:00	01:06:54	02:19:11.55	02:19:11.55	+01:15:42 (54.4%)	11:35	5.2 (46.0%)
535	MALINOWSKI Łukasz	4960		Open Mężczyzn	277	11:00	01:06:01	02:19:11.75	02:19:11.75	+01:15:43 (54.4%)	11:35	5.2 (46.0%)
536	FRYMARK Karol	4947		Open Mężczyzn	278	11:00	01:06:48	02:19:15.85	02:19:15.85	+01:15:47 (54.4%)	11:36	5.2 (46.0%)
537	ADAMCZYK Tomasz	4756	STUDIO ENERGIA TEAM RYBNIK	Open Masters Mężczyzn	56	10:15	01:06:39	02:19:18.10	02:19:18.10	+01:15:49 (54.4%)	11:36	5.2 (46.0%)
538	KOSMAŁA Dorota	4228	ARMADOMERON	Open Kobiet	31	08:15	01:06:32	02:19:29.15	02:19:29.15	+01:16:00 (54.5%)	11:37	5.2 (46.0%)
539	KOSMAŁA Tomasz	4229	ARMADOMERON	Open Masters Mężczyzn	57	08:15	01:06:31	02:19:29.30	02:19:29.30	+01:16:00 (54.5%)	11:37	5.2 (46.0%)
540	RUTECKI Mateusz	4726		Open Mężczyzn	279	10:00	01:04:01	02:19:30.50	02:19:30.50	+01:16:01 (54.5%)	11:37	5.2 (46.0%)
541	WIERZBA Jan	4678	ROL.KO GDAŃSK	Open Mężczyzn	280	10:00	01:04:06	02:19:33.20	02:19:33.20	+01:16:04 (54.5%)	11:37	5.2 (46.0%)
541	TORŁOP Dawid	4677	ROL.KO GDAŃSK	Open Mężczyzn	280	10:00	01:04:04	02:19:33.20	02:19:33.20	+01:16:04 (54.5%)	11:37	5.2 (46.0%)
543	POŁOM Patryk	4492		Open Mężczyzn	282	08:15	00:59:12	02:19:54.00	02:19:54.00	+01:16:25 (54.6%)	11:39	5.1 (45.1%)
544	AUGUSTYNIAK Magdalena	4657	EXTREAM TEAM	Open Masters Kobiet	15	10:00	01:07:42	02:20:26.40	02:20:26.40	+01:16:57 (54.8%)	11:42	5.1 (45.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
544	MALAWSKI Tomasz	4659	EXTREAM TEAM	Open Masters Mężczyzn	58	10:00	01:07:52	02:20:26.40	02:20:26.40	+01:16:57 (54.8%)	11:42	5.1 (45.1%)
546	TOMOSZ Magdalena	4660	EXTREAM TEAM	Open Kobiet	32	10:00	01:07:29	02:20:26.60	02:20:26.60	+01:16:58 (54.8%)	11:42	5.1 (45.1%)
547	HNATIUK Kaja	4658	EXTREAM TEAM	Open Kobiet	33	10:00	01:07:47	02:20:26.75	02:20:26.75	+01:16:58 (54.8%)	11:42	5.1 (45.1%)
547	TOMOSZ Marcin	4661	EXTREAM TEAM	Open Mężczyzn	283	10:00	01:07:43	02:20:26.75	02:20:26.75	+01:16:58 (54.8%)	11:42	5.1 (45.1%)
549	UZDOWSKI Michał	5004	EXTREAM TEAM	Open Masters Mężczyzn	59	10:00	01:07:56	02:20:27.05	02:20:27.05	+01:16:58 (54.8%)	11:42	5.1 (45.1%)
550	LEŚNICZAK Barbara	4373		Open Masters Kobiet	16	08:30	01:00:48	02:20:29.20	02:20:29.20	+01:17:00 (54.8%)	11:42	5.1 (45.1%)
551	GAWROŃSKI Piotr	4950		Open Mężczyzn	284	11:00	01:09:41	02:20:35.15	02:20:35.15	+01:17:06 (54.8%)	11:42	5.1 (45.1%)
552	ŁAWRENOW Zuzanna	4641		Open Kobiet	34	09:45	01:10:09	02:20:39.45	02:20:39.45	+01:17:10 (54.9%)	11:43	5.1 (45.1%)
553	ORZOŁ Szymon	5033		Open Mężczyzn	285	09:45	01:10:04	02:20:41.05	02:20:41.05	+01:17:12 (54.9%)	11:43	5.1 (45.1%)
554	ZALEWSKI Robert	4995		Open Mężczyzn	286	08:30	01:06:13	02:20:45.65	02:20:45.65	+01:17:17 (54.9%)	11:43	5.1 (45.1%)
555	BIERNAT Robert	4559		Open Mężczyzn	287	09:30	01:11:47	02:20:48.75	02:20:48.75	+01:17:20 (54.9%)	11:44	5.1 (45.1%)
556	TUSKOWSKI Piotr	4592		Open Mężczyzn	288	09:30	01:16:25	02:21:06.05	02:21:06.05	+01:17:37 (55.0%)	11:45	5.1 (45.1%)
557	TRZONKOWSKI Kamil	4649		Open Mężczyzn	289	09:45	01:10:23	02:21:12.00	02:21:12.00	+01:17:43 (55.0%)	11:46	5.1 (45.1%)
558	CHWALCZEWSKI Konrad	4638		Open Mężczyzn	290	09:45	01:10:22	02:21:12.50	02:21:12.50	+01:17:43 (55.0%)	11:46	5.1 (45.1%)
559	KARWACKI Rafał	4903	HELL'S HEAVEN SZCZECIN	Open Mężczyzn	291	11:00	01:05:45	02:21:21.40	02:21:21.40	+01:17:52 (55.1%)	11:46	5.1 (45.1%)
560	KALUSIŃSKI Jarosław	5035		Open Masters Mężczyzn	60	10:00	01:01:45	02:21:27.00	02:21:27.00	+01:17:58 (55.1%)	11:47	5.1 (45.1%)
561	KARWACKA Justyna	4936	ZOJA THAI CAT PL WARZYMICE	Open Kobiet	35	11:00	01:05:45	02:21:35.25	02:21:35.25	+01:18:06 (55.2%)	11:47	5.1 (45.1%)
562	TAŃSKA Marzena	4321		Open Kobiet	36	08:15	01:11:03	02:21:44.05	02:21:44.05	+01:18:15 (55.2%)	11:48	5.1 (45.1%)
563	KOŁODZIEJCZYK Przemek	4569		Open Mężczyzn	292	10:00	01:01:46	02:21:58.55	02:21:58.55	+01:18:29 (55.3%)	11:49	5.1 (45.1%)
564	JENDRASIK Kinga	4565		Open Kobiet	37	10:00	01:01:46	02:21:58.60	02:21:58.60	+01:18:30 (55.3%)	11:49	5.1 (45.1%)
565	LICHY Adam	4480		Open Mężczyzn	293	09:00	01:07:57	02:22:08.90	02:22:08.90	+01:18:40 (55.3%)	11:50	5.1 (45.1%)
566	DROŹDZIECKA Maria	4462		Open Kobiet	38	09:00	01:07:57	02:22:09.05	02:22:09.05	+01:18:40 (55.3%)	11:50	5.1 (45.1%)
567	ZAKRZEWSKA Sylwia	4598		Open Kobiet	39	09:30	01:07:06	02:22:10.10	02:22:10.10	+01:18:41 (55.4%)	11:50	5.1 (45.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
568	CHMURA-SKERCZYŃSKA Natalia	4901	EXTREME WAYS	Open Kobiet	40	11:00	01:08:52	02:22:24.95	02:22:24.95	+01:18:56 (55.4%)	11:52	5.1 (45.1%)
569	KOSIŃSKI Tomasz	4902	EXTREME WAYS	Open Mężczyzn	294	11:00	01:08:52	02:22:25.10	02:22:25.10	+01:18:56 (55.4%)	11:52	5.1 (45.1%)
570	GÓRSKI Piotr	4697		Open Masters Mężczyzn	61	10:00	01:09:08	02:22:40.95	02:22:40.95	+01:19:12 (55.5%)	11:53	5 (44.2%)
571	PIECHOCKI Rafał	4255	PIECZOKI	Open Mężczyzn	295	11:00	01:13:08	02:22:47.70	02:22:47.70	+01:19:19 (55.5%)	11:53	5 (44.2%)
572	PARYŻ Paweł	4967		Open Mężczyzn	296	11:00	01:09:16	02:23:04.00	02:23:04.00	+01:19:35 (55.6%)	11:55	5 (44.2%)
573	SZELAĞ Igor	4898		Open Mężczyzn	297	10:45	01:08:50	02:23:22.05	02:23:22.05	+01:19:53 (55.7%)	11:56	5 (44.2%)
574	PRZETOCKI Bartłomiej	4243	FITPARK TEAM	Open Mężczyzn	298	08:15	01:11:34	02:23:23.20	02:23:23.20	+01:19:54 (55.7%)	11:56	5 (44.2%)
575	IWULSKA Katarzyna	4281		Open Kobiet	41	08:15	01:11:34	02:23:24.10	02:23:24.10	+01:19:55 (55.7%)	11:57	5 (44.2%)
576	PTASIŃSKI Piotr	4507	365 CHEAT DAY	Open Mężczyzn	299	09:15	01:09:12	02:23:36.55	02:23:36.55	+01:20:07 (55.8%)	11:58	5 (44.2%)
577	KRAWCZYK Bartosz	4506	365 CHEAT DAY	Open Mężczyzn	300	09:15	01:09:11	02:23:36.75	02:23:36.75	+01:20:08 (55.8%)	11:58	5 (44.2%)
578	IMBIORSKI Dawid	4341	MY TU TYLKO PO MEDALE	Open Mężczyzn	301	08:30	01:05:55	02:23:42.10	02:23:42.10	+01:20:13 (55.8%)	11:58	5 (44.2%)
579	SZCZUKA Paweł	4389		Open Mężczyzn	302	08:30	01:05:55	02:23:42.95	02:23:42.95	+01:20:14 (55.8%)	11:58	5 (44.2%)
580	GAWAŁKIEWICZ Anna	4746	#DMUCHANA PALMA CREW	Open Kobiet	42	10:15	01:07:27	02:23:43.45	02:23:43.45	+01:20:14 (55.8%)	11:58	5 (44.2%)
580	BOROWSKI Michał	4745	#DMUCHANA PALMA CREW	Open Mężczyzn	303	10:15	01:07:28	02:23:43.45	02:23:43.45	+01:20:14 (55.8%)	11:58	5 (44.2%)
582	PIĘTKA Grzegorz	4971		Open Masters Mężczyzn	62	11:00	01:05:46	02:23:59.35	02:23:59.35	+01:20:30 (55.9%)	11:59	5 (44.2%)
583	JASTRZĘBSKA Monika	4342	MY TU TYLKO PO MEDALE	Open Kobiet	43	08:30	01:05:54	02:24:10.50	02:24:10.50	+01:20:41 (56.0%)	12:00	5 (44.2%)
584	KRZYSTEK Iga	4343	MY TU TYLKO PO MEDALE	Open Kobiet	44	08:30	01:05:55	02:24:16.20	02:24:16.20	+01:20:47 (56.0%)	12:01	5 (44.2%)
585	PALASIK Wojciech	4227	AC MORDOR	Open Mężczyzn	304	08:15	01:06:37	02:24:23.30	02:24:23.30	+01:20:54 (56.0%)	12:01	5 (44.2%)
586	GŁAZ Magdalena	4170	KONIU SQUAD	Elite Kobiet	13	08:00	01:08:31	02:24:24.65	02:24:24.65	+01:20:56 (56.0%)	12:02	5 (44.2%)
587	BRZEZIŃSKA Anna	4883		Open Masters Kobiet	17	10:45	01:06:41	02:24:30.00	02:24:30.00	+01:21:01 (56.1%)	12:02	5 (44.2%)
588	RYCHCIK Ewa	4328	APOLLO TEAM	Open Kobiet	45	08:30	01:06:12	02:24:32.90	02:24:32.90	+01:21:04 (56.1%)	12:02	5 (44.2%)
589	GRUBBA Bartłomiej	4331	ATHLETIC APOLLO	Open Mężczyzn	305	08:30	01:06:13	02:24:38.50	02:24:38.50	+01:21:09 (56.1%)	12:03	5 (44.2%)
590	DROPEK Szymon	4774		Open Mężczyzn	306	10:15	01:12:44	02:24:43.70	02:24:43.70	+01:21:15 (56.1%)	12:03	5 (44.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
591	WESOŁOWSKA Wiktoria	4801		Open Kobiet	46	10:15	01:12:44	02:24:44.00	02:24:44.00	+01:21:15 (56.1%)	12:03	5 (44.2%)
592	NOWAK Norbert	4486		Open Mężczyzn	307	09:00	01:08:25	02:24:44.35	02:24:44.35	+01:21:15 (56.1%)	12:03	5 (44.2%)
593	WROSZ Mateusz	4398		Open Mężczyzn	308	08:30	01:06:11	02:24:45.05	02:24:45.05	+01:21:16 (56.1%)	12:03	5 (44.2%)
594	JĘDRYCH Wiktoria	4364		Open Kobiet	47	08:30	01:12:04	02:24:49.80	02:24:49.80	+01:21:21 (56.2%)	12:04	5 (44.2%)
595	GROCHLA Matthias	4444	OLD VIKINGS	Open Mężczyzn	309	09:00	01:08:26	02:24:55.85	02:24:55.85	+01:21:27 (56.2%)	12:04	5 (44.2%)
596	SKŁADOWSKI Wojtek	4897		Open Mężczyzn	310	10:45	01:11:21	02:24:58.75	02:24:58.75	+01:21:30 (56.2%)	12:04	5 (44.2%)
597	SKŁADOWSKI Radosław	4896		Open Mężczyzn	311	10:45	01:11:22	02:25:00.10	02:25:00.10	+01:21:31 (56.2%)	12:05	5 (44.2%)
598	GAJOS Ewa	4330	ATHLETIC APOLLO	Open Kobiet	48	08:30	01:06:12	02:25:00.65	02:25:00.65	+01:21:32 (56.2%)	12:05	5 (44.2%)
599	MŁYNARCZYK Grzegorz	4333	ATHLETIC APOLLO	Open Mężczyzn	312	08:30	01:06:15	02:25:01.30	02:25:01.30	+01:21:32 (56.2%)	12:05	5 (44.2%)
600	WOŹNIAK-KARCZEWSKA Patrycja	4164	BEST BEASTS	Elite Kobiet	14	08:00	01:01:41	02:25:01.60	02:25:01.60	+01:21:33 (56.2%)	12:05	5 (44.2%)
601	MŁODZIŃSKA Nina	4175	OBSTACLE CENTER TEAM	Elite Kobiet	15	08:00	01:04:04	02:25:06.55	02:25:06.55	+01:21:37 (56.3%)	12:05	5 (44.2%)
602	BUDEK Artur	4359		Open Mężczyzn	313	08:30	01:06:14	02:25:06.60	02:25:06.60	+01:21:38 (56.3%)	12:05	5 (44.2%)
603	MARZEION Grzegorz	4332	ATHLETIC APOLLO	Open Masters Mężczyzn	63	08:30	01:06:15	02:25:07.85	02:25:07.85	+01:21:39 (56.3%)	12:05	5 (44.2%)
604	WYCZYŃSKA Bożena	4619	HUBER SUHNER TEAM	Open Masters Kobiet	18	09:45	01:12:29	02:25:08.25	02:25:08.25	+01:21:39 (56.3%)	12:05	5 (44.2%)
605	SZYMEROWSKI Kamil	4329	APOLLO TEAM	Open Mężczyzn	314	08:30	01:06:14	02:25:08.35	02:25:08.35	+01:21:39 (56.3%)	12:05	5 (44.2%)
606	WELKE Artur	4617	HUBER SUHNER TEAM	Open Masters Mężczyzn	64	09:45	01:12:38	02:25:08.60	02:25:08.60	+01:21:40 (56.3%)	12:05	5 (44.2%)
607	CZARNUL Łukasz	4603	HUBER SUHNER TEAM	Open Masters Mężczyzn	65	09:45	01:12:32	02:25:08.80	02:25:08.80	+01:21:40 (56.3%)	12:05	5 (44.2%)
608	BAŃKIEWICZ Zuzanna	4634		Open Kobiet	49	09:45	01:09:47	02:25:09.10	02:25:09.10	+01:21:40 (56.3%)	12:05	5 (44.2%)
609	KUPIDURA Oskar	4640		Open Mężczyzn	315	09:45	01:09:48	02:25:09.90	02:25:09.90	+01:21:41 (56.3%)	12:05	5 (44.2%)
610	PASEK Marta	4307		Open Kobiet	50	08:15	01:06:45	02:25:14.55	02:25:14.55	+01:21:45 (56.3%)	12:06	5 (44.2%)
611	PASEK Adrian	4306		Open Mężczyzn	316	08:15	01:06:43	02:25:14.70	02:25:14.70	+01:21:46 (56.3%)	12:06	5 (44.2%)
612	BARTOSIK Marta	4239	CROSSFIT STOCZNIA	Open Kobiet	51	08:15	01:09:56	02:25:42.35	02:25:42.35	+01:22:13 (56.4%)	12:08	4.9 (43.4%)
613	GOLANKO Katarzyna	4696		Open Masters Kobiet	19	10:00	01:07:54	02:25:58.85	02:25:58.85	+01:22:30 (56.5%)	12:09	4.9 (43.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
614	JEŻEWSKI Tomasz	4703		Open Masters Mężczyzn	66	10:00	01:07:53	02:25:59.40	02:25:59.40	+01:22:30 (56.5%)	12:09	4.9 (43.4%)
615	RAMCZYK Wiktoria	4722		Open Kobiet	52	10:00	01:07:53	02:25:59.65	02:25:59.65	+01:22:31 (56.5%)	12:09	4.9 (43.4%)
616	ŚWIĄTKOWSKI Łukasz	4934	THE COOKIES	Open Mężczyzn	317	11:00	01:14:43	02:26:01.05	02:26:01.05	+01:22:32 (56.5%)	12:10	4.9 (43.4%)
617	BIESIK Karol	4821		Open Mężczyzn	318	10:30	01:03:49	02:26:17.50	02:26:17.50	+01:22:48 (56.6%)	12:11	4.9 (43.4%)
618	KOTULSKI Kamil	4781		Open Mężczyzn	319	10:15		02:26:31.00	02:26:31.00	+01:23:02 (56.7%)	12:12	4.9 (43.4%)
619	KRAJSKI Tomasz	4749	ING LIONS	Open Masters Mężczyzn	67	10:15	01:10:02	02:26:39.25	02:26:39.25	+01:23:10 (56.7%)	12:13	4.9 (43.4%)
620	KOŁODZIEJSKI Łukasz	4838		Open Mężczyzn	320	10:30	01:03:55	02:26:39.35	02:26:39.35	+01:23:10 (56.7%)	12:13	4.9 (43.4%)
621	KRUSZYŃSKI Mateusz	4783		Open Mężczyzn	321	10:15	01:08:53	02:26:49.40	02:26:49.40	+01:23:20 (56.8%)	12:14	4.9 (43.4%)
622	LESECHKO Alona	4803		Open Kobiet	53	10:15	01:08:00	02:26:55.65	02:26:55.65	+01:23:27 (56.8%)	12:14	4.9 (43.4%)
623	WOJNOWSKI Adam	4251	MOCNY GAZ	Open Mężczyzn	322	08:15	01:06:44	02:27:05.00	02:27:05.00	+01:23:36 (56.8%)	12:15	4.9 (43.4%)
624	SALAJ Igor	4313	MOCNY GAZ	Open Mężczyzn	323	08:15	01:06:27	02:27:05.70	02:27:05.70	+01:23:37 (56.8%)	12:15	4.9 (43.4%)
625	Maksymilian	4250	MOCNY GAZ	Open Mężczyzn	324	08:15	01:06:26	02:27:11.20	02:27:11.20	+01:23:42 (56.9%)	12:15	4.9 (43.4%)
626	TARNAWSKI Maciej	4155		Elite Mężczyzn	113	07:40	01:08:15	02:27:22.00	02:27:22.00	+01:23:53 (56.9%)	12:16	4.9 (43.4%)
627	SZUMACHER Ewelina	4422		Open Masters Kobiet	20	08:45	01:06:15	02:27:26.70	02:27:26.70	+01:23:58 (56.9%)	12:17	4.9 (43.4%)
628	MARKOWSKI Kamil	4418		Open Mężczyzn	325	08:45	01:06:15	02:27:26.75	02:27:26.75	+01:23:58 (56.9%)	12:17	4.9 (43.4%)
629	CHRZANOWSKI Dominik	4271		Open Mężczyzn	326	08:15	01:14:22	02:27:30.05	02:27:30.05	+01:24:01 (57.0%)	12:17	4.9 (43.4%)
630	BONCZKOWSKA Agata	4635		Open Kobiet	54	10:15	01:08:17	02:27:49.30	02:27:49.30	+01:24:20 (57.1%)	12:19	4.9 (43.4%)
631	NIEWIARA Wojciech	4485		Open Mężczyzn	327	09:00	01:11:39	02:28:02.35	02:28:02.35	+01:24:33 (57.1%)	12:20	4.9 (43.4%)
632	LORENOWICZ Agnieszka	4263	UNIT37	Open Kobiet	55	08:15	01:09:10	02:28:17.25	02:28:17.25	+01:24:48 (57.2%)	12:21	4.9 (43.4%)
633	MARKOWSKI Piotr	4352	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	328	08:30	01:12:06	02:28:26.60	02:28:26.60	+01:24:58 (57.2%)	12:22	4.9 (43.4%)
634	GÓRSKI Karol	4553	RMG BK	Open Mężczyzn	329	09:30	01:11:22	02:28:31.45	02:28:31.45	+01:25:02 (57.3%)	12:22	4.8 (42.5%)
635	ZARADZKI Adrian	5036		Open Mężczyzn	330	11:00	01:12:49	02:28:36.95	02:28:36.95	+01:25:08 (57.3%)	12:23	4.8 (42.5%)
636	WOJTOWICZ Wojciech	4596		Open Mężczyzn	331	09:30	01:10:34	02:28:38.15	02:28:38.15	+01:25:09 (57.3%)	12:23	4.8 (42.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
637	RASZCZYK Zuzanna	4586		Open Kobiet	56	09:30	01:10:35	02:28:44.15	02:28:44.15	+01:25:15 (57.3%)	12:23	4.8 (42.5%)
638	DANILCZYK Hubert	4773		Open Mężczyzn	332	10:15	01:16:12	02:29:07.35	02:29:07.35	+01:25:38 (57.4%)	12:25	4.8 (42.5%)
639	MIRON Rafał	4577		Open Mężczyzn	333	09:30	01:11:29	02:29:22.35	02:29:22.35	+01:25:53 (57.5%)	12:26	4.8 (42.5%)
640	KOZIEŁ Krzysztof	4572		Open Mężczyzn	334	09:30	01:11:30	02:29:24.00	02:29:24.00	+01:25:55 (57.5%)	12:27	4.8 (42.5%)
641	LORENC Jakub	4550	RATUJMY LASY	Open Mężczyzn	335	09:30	01:13:14	02:29:32.45	02:29:32.45	+01:26:03 (57.6%)	12:27	4.8 (42.5%)
642	WÓJCIK Bartosz	4554	RMG BK	Open Mężczyzn	336	09:30	01:11:28	02:29:33.75	02:29:33.75	+01:26:05 (57.6%)	12:27	4.8 (42.5%)
643	WRYCZA Joanna	4917	MOWI TEAM	Open Kobiet	57	11:00	01:11:18	02:29:48.35	02:29:48.35	+01:26:19 (57.6%)	12:29	4.8 (42.5%)
644	WYBORSKI Łukasz	4552	RATUJMY LASY	Open Mężczyzn	337	09:30	01:13:13	02:29:56.85	02:29:56.85	+01:26:28 (57.7%)	12:29	4.8 (42.5%)
645	NAWROT Jacek	4913	MOWI TEAM	Open Mężczyzn	338	11:00	01:11:49	02:29:57.30	02:29:57.30	+01:26:28 (57.7%)	12:29	4.8 (42.5%)
646	WIŚNIEWSKI Maciej	4100	BIGYELLOWFOOT ADVENTURE TEAM	Open Mężczyzn	339	07:40	01:13:39	02:29:58.50	02:29:58.50	+01:26:29 (57.7%)	12:29	4.8 (42.5%)
647	GAWINECKI Mateusz	4949		Open Mężczyzn	340	11:00	01:12:18	02:30:06.10	02:30:06.10	+01:26:37 (57.7%)	12:30	4.8 (42.5%)
648	GAWINECKA Aleksandra	4948		Open Kobiet	58	11:00	01:12:18	02:30:06.60	02:30:06.60	+01:26:38 (57.7%)	12:30	4.8 (42.5%)
649	NOWAK Maciej	4789		Open Mężczyzn	341	10:15	01:06:28	02:30:08.50	02:30:08.50	+01:26:39 (57.7%)	12:30	4.8 (42.5%)
650	WIKARYJCZYK Marcelina	4738		Open Kobiet	59	10:00	01:13:54	02:30:15.50	02:30:15.50	+01:26:46 (57.8%)	12:31	4.8 (42.5%)
651	ROSALSKI Paweł Łukasz	4973		Open Masters Mężczyzn	68	11:00	01:13:58	02:30:23.35	02:30:23.35	+01:26:54 (57.8%)	12:31	4.8 (42.5%)
652	KMIECIK Marcin	4433	HUSARIA RACE TEAM	Open Masters Mężczyzn	69	09:00	01:08:21	02:30:31.90	02:30:31.90	+01:27:03 (57.8%)	12:32	4.8 (42.5%)
653	NESTEROWICZ Magdalena	4165	BIEGUN OCR TEAM	Open Kobiet	60	08:00	01:22:31	02:30:35.80	02:30:35.80	+01:27:07 (57.8%)	12:32	4.8 (42.5%)
654	ZACKIEWICZ Bartosz	4980		Open Mężczyzn	342	11:00	01:09:16	02:30:38.90	02:30:38.90	+01:27:10 (57.9%)	12:33	4.8 (42.5%)
655	KMIECIK Justyna	4472		Open Masters Kobiet	21	09:00	01:08:21	02:30:39.30	02:30:39.30	+01:27:10 (57.9%)	12:33	4.8 (42.5%)
656	BIERNAT Patryk	4549	RATUJMY LASY	Open Mężczyzn	343	09:30	01:13:14	02:30:39.90	02:30:39.90	+01:27:11 (57.9%)	12:33	4.8 (42.5%)
657	SZCZUPAKOWSKI Konrad	4551	RATUJMY LASY	Open Mężczyzn	344	09:30	01:13:14	02:30:44.10	02:30:44.10	+01:27:15 (57.9%)	12:33	4.8 (42.5%)
658	WISŁAWSKI Mariusz	4855		Open Mężczyzn	345	10:30	01:06:19	02:30:52.35	02:30:52.35	+01:27:23 (57.9%)	12:34	4.8 (42.5%)
659	WILCZYŃSKA Dorota	4440	LACROIX TEAM	Open Masters Kobiet	22	09:00	01:11:34	02:30:53.80	02:30:53.80	+01:27:25 (57.9%)	12:34	4.8 (42.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
660	LEWANDOWSKI Leszek	4439	LACROIX TEAM	Open Masters Mężczyzn	70	09:00	01:11:40	02:30:56.50	02:30:56.50	+01:27:27 (57.9%)	12:34	4.8 (42.5%)
661	MELA-GRZĘDA Justyna	4178	TEAM PSUTEK	Open Kobiet	61	08:00	01:22:30	02:31:01.00	02:31:01.00	+01:27:32 (58.0%)	12:35	4.8 (42.5%)
662	KACPRZAK Ksawery	5011		Open Mężczyzn	346	09:15	01:14:35	02:31:07.35	02:31:07.35	+01:27:38 (58.0%)	12:35	4.8 (42.5%)
663	KREFT Oliwia	4292		Open Kobiet	62	08:15	01:06:36	02:31:09.35	02:31:09.35	+01:27:40 (58.0%)	12:35	4.8 (42.5%)
664	MAZUR Bartosz	4301		Open Mężczyzn	347	09:00	01:16:36	02:31:14.55	02:31:14.55	+01:27:45 (58.0%)	12:36	4.8 (42.5%)
665	PAWŁOWSKI Łukasz	5031		Open Mężczyzn	348	09:00	01:16:36	02:31:14.95	02:31:14.95	+01:27:46 (58.0%)	12:36	4.8 (42.5%)
666	SKAŁECKA Katarzyna	4382		Open Kobiet	63	08:30	01:09:40	02:31:17.70	02:31:17.70	+01:27:49 (58.0%)	12:36	4.8 (42.5%)
667	ŻOŁĄDEK Paweł	4400		Open Mężczyzn	349	08:30	01:10:31	02:31:18.30	02:31:18.30	+01:27:49 (58.0%)	12:36	4.8 (42.5%)
668	LABUDA Kamil	4437	KUŹNIA	Open Mężczyzn	350	09:00	01:11:31	02:31:23.25	02:31:23.25	+01:27:54 (58.1%)	12:36	4.8 (42.5%)
669	PYTLIŃSKI Łukasz	4585		Open Mężczyzn	351	09:30	01:12:04	02:31:25.70	02:31:25.70	+01:27:57 (58.1%)	12:37	4.8 (42.5%)
670	STAROSTA Michał	5022		Open Mężczyzn	352	10:15	01:15:44	02:31:29.20	02:31:29.20	+01:28:00 (58.1%)	12:37	4.8 (42.5%)
671	TARNAWSKI Bartosz	4852		Open Masters Mężczyzn	71	10:30	01:01:53	02:31:36.70	02:31:36.70	+01:28:08 (58.1%)	12:38	4.7 (41.6%)
672	KOKOTEK Alicja	4448	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	64	09:00	01:11:35	02:31:43.90	02:31:43.90	+01:28:15 (58.2%)	12:38	4.7 (41.6%)
673	ŁĄGWA Michał	5023	GOGGINSI	Open Mężczyzn	353	08:45	01:13:02	02:31:57.80	02:31:57.80	+01:28:29 (58.2%)	12:39	4.7 (41.6%)
674	PACHOTA Paweł	4253	NA PRZYPALE ALBO WCALE!!!	Open Mężczyzn	354	08:15	01:12:08	02:31:58.40	02:31:58.40	+01:28:29 (58.2%)	12:39	4.7 (41.6%)
675	POLATYNSKI Pascal	4410	GOGGINSI	Open Mężczyzn	355	08:45	01:13:02	02:31:58.95	02:31:58.95	+01:28:30 (58.2%)	12:39	4.7 (41.6%)
676	DROJMAN Adam	4408	GOGGINSI	Open Mężczyzn	356	08:45	01:13:04	02:32:00.20	02:32:00.20	+01:28:31 (58.2%)	12:40	4.7 (41.6%)
677	GÓRSKI Mikołaj	4952		Open Mężczyzn	357	11:00	01:11:48	02:32:01.95	02:32:01.95	+01:28:33 (58.2%)	12:40	4.7 (41.6%)
678	KSIAZKIEWICZ Mateusz	5037		Open Mężczyzn	358	11:00	01:12:48	02:32:06.05	02:32:06.05	+01:28:37 (58.3%)	12:40	4.7 (41.6%)
679	PATYNA Piotr	4914	MOWI TEAM	Open Mężczyzn	359	11:00	01:11:23	02:32:20.30	02:32:20.30	+01:28:51 (58.3%)	12:41	4.7 (41.6%)
680	KUBAT Michał	4528		Open Mężczyzn	360	09:15	01:08:55	02:32:29.60	02:32:29.60	+01:29:01 (58.4%)	12:42	4.7 (41.6%)
681	JANTA-LIPIŃSKI Paweł	4908	MOWI TEAM	Open Masters Mężczyzn	72	11:00	01:11:42	02:32:35.10	02:32:35.10	+01:29:06 (58.4%)	12:42	4.7 (41.6%)
682	KIERUL Luiza	4909	MOWI TEAM	Open Kobiet	65	11:00	01:11:22	02:32:35.40	02:32:35.40	+01:29:06 (58.4%)	12:42	4.7 (41.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
683	JAGODZIŃSKI Damian	4524		Open Mężczyzn	361	09:15	01:08:54	02:32:36.85	02:32:36.85	+01:29:08 (58.4%)	12:43	4.7 (41.6%)
684	MALEŃCZYK Damian	4910	MOWI TEAM	Open Mężczyzn	362	11:00	01:11:34	02:32:37.00	02:32:37.00	+01:29:08 (58.4%)	12:43	4.7 (41.6%)
685	TICHANÓW Piotr	4916	MOWI TEAM	Open Mężczyzn	363	11:00	01:11:21	02:32:37.85	02:32:37.85	+01:29:09 (58.4%)	12:43	4.7 (41.6%)
686	MIARA Pawel	4912	MOWI TEAM	Open Mężczyzn	364	11:00	01:11:21	02:32:38.80	02:32:38.80	+01:29:10 (58.4%)	12:43	4.7 (41.6%)
687	JAŁOSZEWSKI Hubert	4525		Open Mężczyzn	365	09:15	01:08:55	02:32:43.30	02:32:43.30	+01:29:14 (58.4%)	12:43	4.7 (41.6%)
688	PRUSZYŃSKA Justyna	4894		Open Kobiet	66	10:45	01:10:23	02:32:44.50	02:32:44.50	+01:29:15 (58.4%)	12:43	4.7 (41.6%)
688	MARCINIAK Michał	4890		Open Mężczyzn	366	10:45	01:10:22	02:32:44.50	02:32:44.50	+01:29:15 (58.4%)	12:43	4.7 (41.6%)
690	WLAZŁY Oliwia	4994		Open Kobiet	67	10:45	01:10:22	02:32:44.60	02:32:44.60	+01:29:16 (58.4%)	12:43	4.7 (41.6%)
691	TOFT Marcella	4978		Open Kobiet	68	10:15	01:15:49	02:32:51.65	02:32:51.65	+01:29:23 (58.5%)	12:44	4.7 (41.6%)
692	PIWOWAREK Robert	4676	PRZEPIÓRKI WIKTORA	Open Mężczyzn	367	10:00	01:10:45	02:32:56.10	02:32:56.10	+01:29:27 (58.5%)	12:44	4.7 (41.6%)
693	SZUCHNIK Aneta	4869	CWICZYMY_I_PIJEMY	Open Masters Kobiet	23	10:45	01:07:39	02:33:04.50	02:33:04.50	+01:29:35 (58.5%)	12:45	4.7 (41.6%)
694	KORDEK Adrian	4514	NORDEA RUNNERS	Open Mężczyzn	368	09:15	01:14:32	02:33:04.80	02:33:04.80	+01:29:36 (58.5%)	12:45	4.7 (41.6%)
695	Ł-K Konrad	4868	CWICZYMY_I_PIJEMY	Open Mężczyzn	369	10:45	01:07:40	02:33:05.15	02:33:05.15	+01:29:36 (58.5%)	12:45	4.7 (41.6%)
696	STOLARSKI Ricardo	2037	BRATANY	Open Mężczyzn	370	10:45	01:14:34	02:33:06.60	02:33:06.60	+01:29:38 (58.5%)	12:45	4.7 (41.6%)
697	BUJNOWSKI Tomasz	4859	BRATANY	Open Mężczyzn	371	10:45	01:14:33	02:33:07.40	02:33:07.40	+01:29:38 (58.5%)	12:45	4.7 (41.6%)
698	BARTNICKI Mikołaj	4670	MIBM NIGDY STOP!	Open Mężczyzn	372	10:00	01:13:25	02:33:16.00	02:33:16.00	+01:29:47 (58.6%)	12:46	4.7 (41.6%)
699	ANDRZEJEWSKI Maciej	4669	MIBM NIGDY STOP!	Open Mężczyzn	373	10:00	01:13:24	02:33:16.20	02:33:16.20	+01:29:47 (58.6%)	12:46	4.7 (41.6%)
700	BODUS Rafał	4671	MIBM NIGDY STOP!	Open Mężczyzn	374	10:00	01:13:25	02:33:16.25	02:33:16.25	+01:29:47 (58.6%)	12:46	4.7 (41.6%)
701	IGLEWSKA Małgorzata	4953		Open Masters Kobiet	24	11:00	01:13:18	02:33:17.90	02:33:17.90	+01:29:49 (58.6%)	12:46	4.7 (41.6%)
702	ZAJĄCZKOWSKI Wojciech	4518	OSLO I PRZYJACIELE	Open Mężczyzn	375	09:15	01:13:47	02:33:22.55	02:33:22.55	+01:29:53 (58.6%)	12:46	4.7 (41.6%)
703	BODETKO Patryk	4520		Open Mężczyzn	376	09:15	01:13:46	02:33:25.25	02:33:25.25	+01:29:56 (58.6%)	12:47	4.7 (41.6%)
704	DOBRZELEWSKA Dominika	4169	DZIK KOMANDO	Elite Kobiet	16	08:00	01:16:09	02:33:43.75	02:33:43.75	+01:30:15 (58.7%)	12:48	4.7 (41.6%)
705	PIESIK Daniel	4721		Open Mężczyzn	377	09:00	01:27:56	02:33:49.90	02:33:49.90	+01:30:21 (58.7%)	12:49	4.7 (41.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
706	RYTEL Iza	4975		Open Kobiet	69	11:00	01:11:19	02:33:56.85	02:33:56.85	+01:30:28 (58.8%)	12:49	4.7 (41.6%)
707	DULEWICZ Anna	4173	OBSTACLE CENTER TEAM	Elite Kobiet	17	08:00	01:18:03	02:34:28.40	02:34:28.40	+01:30:59 (58.9%)	12:52	4.7 (41.6%)
708	KORNILUK Karol	4289		Open Mężczyzn	378	08:15	01:13:56	02:34:39.95	02:34:39.95	+01:31:11 (59.0%)	12:53	4.7 (41.6%)
709	KORNILUK Justyna	4288		Open Masters Kobiet	25	08:15	01:13:57	02:34:40.10	02:34:40.10	+01:31:11 (59.0%)	12:53	4.7 (41.6%)
710	KALNIUK Tomasz	4344	OBSTACLE CENTER TEAM	Open Mężczyzn	379	08:30	01:16:19	02:34:45.40	02:34:45.40	+01:31:16 (59.0%)	12:53	4.7 (41.6%)
711	LIŚKIEWICZ Bartosz	4889		Open Mężczyzn	380	10:45	01:12:20	02:35:19.95	02:35:19.95	+01:31:51 (59.1%)	12:56	4.6 (40.7%)
712	GARA Mirosław	4871	DZIKI Z WĄSEM	Open Mężczyzn	381	10:45	01:13:50	02:35:39.55	02:35:39.55	+01:32:10 (59.2%)	12:58	4.6 (40.7%)
713	GARA Grzegorz	4870	DZIKI Z WĄSEM	Open Mężczyzn	382	10:45	01:13:49	02:35:39.70	02:35:39.70	+01:32:11 (59.2%)	12:58	4.6 (40.7%)
714	KOLAKOWSKI Adrian	4873	DZIKI Z WĄSEM	Open Mężczyzn	383	10:45	01:13:50	02:35:40.15	02:35:40.15	+01:32:11 (59.2%)	12:58	4.6 (40.7%)
715	GORYŃSKI Szymon	4872	DZIKI Z WĄSEM	Open Mężczyzn	384	10:45	01:13:50	02:35:40.80	02:35:40.80	+01:32:12 (59.2%)	12:58	4.6 (40.7%)
716	STROMECKA Julia	4648		Open Kobiet	70	09:45	01:12:42	02:35:54.50	02:35:54.50	+01:32:25 (59.3%)	12:59	4.6 (40.7%)
717	RYBIŃSKA Agata	4612	HUBER SUHNER TEAM	Open Kobiet	71	09:45	01:12:42	02:35:54.60	02:35:54.60	+01:32:26 (59.3%)	12:59	4.6 (40.7%)
718	SMOLIŃSKI Krzysztof	4933	THE COOKIES	Open Mężczyzn	385	11:00	01:14:44	02:36:03.05	02:36:03.05	+01:32:34 (59.3%)	13:00	4.6 (40.7%)
719	DOBRZYŃIECKI Adrian	4929	THE COOKIES	Open Mężczyzn	386	11:00	01:14:39	02:36:04.05	02:36:04.05	+01:32:35 (59.3%)	13:00	4.6 (40.7%)
720	OWCZAREK Paulina	4931	THE COOKIES	Open Kobiet	72	11:00	01:14:45	02:36:05.70	02:36:05.70	+01:32:37 (59.3%)	13:00	4.6 (40.7%)
721	DĄDELEWSKA Oliwia	4404	WOLF TEAM	Elite Kobiet	18	08:00	01:10:15	02:36:19.25	02:36:19.25	+01:32:50 (59.4%)	13:01	4.6 (40.7%)
722	KĄKOLEWSKI Marek	4469		Open Masters Mężczyzn	73	09:00	01:15:02	02:36:20.30	02:36:20.30	+01:32:51 (59.4%)	13:01	4.6 (40.7%)
723	PLEBAN Feliks	4584		Open Mężczyzn	387	09:30	01:12:14	02:36:24.45	02:36:24.45	+01:32:55 (59.4%)	13:02	4.6 (40.7%)
724	BARAŃSKI Maciej	4685		Open Mężczyzn	388	10:00	01:15:51	02:36:29.50	02:36:29.50	+01:33:00 (59.4%)	13:02	4.6 (40.7%)
725	BUDEK Weronika	4230	BEFIT24TEAM	Open Kobiet	73	08:15	01:06:06	02:36:35.55	02:36:35.55	+01:33:06 (59.5%)	13:02	4.6 (40.7%)
726	KOŚCIELECKA Anna	4546	GŁODNE FOKI	Open Kobiet	74	09:30	01:14:59	02:36:40.40	02:36:40.40	+01:33:11 (59.5%)	13:03	4.6 (40.7%)
727	KORZENIEWSKI Hubert	4545	GŁODNE FOKI	Open Mężczyzn	389	09:30	01:15:00	02:36:40.90	02:36:40.90	+01:33:12 (59.5%)	13:03	4.6 (40.7%)
728	SKWAREK-CYLKE Marta	5007	EY OCR TEAM	Open Kobiet	75	09:45	01:13:03	02:36:41.65	02:36:41.65	+01:33:13 (59.5%)	13:03	4.6 (40.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
729	BASTJAN Adrian	4459		Open Mężczyzn	390	09:00	01:19:11	02:36:46.40	02:36:46.40	+01:33:17 (59.5%)	13:03	4.6 (40.7%)
730	REIMUS Marek	4587		Open Mężczyzn	391	09:30	01:16:35	02:36:59.75	02:36:59.75	+01:33:31 (59.6%)	13:04	4.6 (40.7%)
731	KRAJEWSKI Tomasz	4245	FUN RUN	Open Mężczyzn	392	08:15	01:15:34	02:37:05.50	02:37:05.50	+01:33:36 (59.6%)	13:05	4.6 (40.7%)
732	TUSKOWSKA Karolina	4591		Open Kobiet	76	09:30	01:16:33	02:37:14.85	02:37:14.85	+01:33:46 (59.6%)	13:06	4.6 (40.7%)
733	KOWACZ Paweł	4473		Open Mężczyzn	393	09:00	01:19:12	02:37:22.95	02:37:22.95	+01:33:54 (59.7%)	13:06	4.6 (40.7%)
734	SADŁOWSKI Łukasz	5021		Open Mężczyzn	394	10:00	01:16:22	02:37:25.85	02:37:25.85	+01:33:57 (59.7%)	13:07	4.6 (40.7%)
735	KRYSZEWSKI Daniel	4652	CROSS PATO	Open Masters Mężczyzn	74	10:00	01:08:50	02:37:33.05	02:37:33.05	+01:34:04 (59.7%)	13:07	4.6 (40.7%)
736	SASS Karolina	4379		Open Kobiet	77	08:30	01:13:37	02:37:37.50	02:37:37.50	+01:34:08 (59.7%)	13:08	4.6 (40.7%)
737	WIŚNIEWSKI Leszek	4656	CROSS PATO	Open Mężczyzn	395	10:00	01:08:51	02:38:05.00	02:38:05.00	+01:34:36 (59.8%)	13:10	4.6 (40.7%)
738	SZYMAŃSKI Karol	4800		Open Mężczyzn	396	10:15	01:20:17	02:38:08.50	02:38:08.50	+01:34:39 (59.9%)	13:10	4.6 (40.7%)
739	KAMIŃSKI Artur	4651	CROSS PATO	Open Masters Mężczyzn	75	10:00	01:08:33	02:38:08.90	02:38:08.90	+01:34:40 (59.9%)	13:10	4.6 (40.7%)
740	SZCZECH Tomasz	4655	CROSS PATO	Open Mężczyzn	397	10:00	01:08:34	02:38:14.85	02:38:14.85	+01:34:46 (59.9%)	13:11	4.6 (40.7%)
741	RAMZA Artur	4654	CROSS PATO	Open Mężczyzn	398	10:00	01:08:50	02:38:18.85	02:38:18.85	+01:34:50 (59.9%)	13:11	4.5 (39.8%)
742	GIERMAKOWSKI Błażej	4363		Open Mężczyzn	399	08:30	01:13:43	02:38:30.90	02:38:30.90	+01:35:02 (60.0%)	13:12	4.5 (39.8%)
743	DOMAŃSKI Rafał	4244	FUN RUN	Open Mężczyzn	400	08:15	01:15:33	02:38:40.80	02:38:40.80	+01:35:12 (60.0%)	13:13	4.5 (39.8%)
744	MAŁYCHA Maria	4653	CROSS PATO	Open Masters Kobiet	26	10:00	01:08:52	02:38:43.80	02:38:43.80	+01:35:15 (60.0%)	13:13	4.5 (39.8%)
745	KUDEŁKO Michał	5003	STENA NORDICA	Open Mężczyzn	401	10:15	01:17:26	02:38:52.90	02:38:52.90	+01:35:24 (60.0%)	13:14	4.5 (39.8%)
746	DUDZIAK Damian	4751	STENA NORDICA	Open Mężczyzn	402	10:15	01:17:26	02:39:00.15	02:39:00.15	+01:35:31 (60.1%)	13:15	4.5 (39.8%)
747	LANDI Jakub	4993		Open Mężczyzn	403	10:45	01:22:14	02:39:08.95	02:39:08.95	+01:35:40 (60.1%)	13:15	4.5 (39.8%)
748	JACKIEWICZ Konrad	4282		Open Mężczyzn	404	08:15	01:09:56	02:39:27.95	02:39:27.95	+01:35:59 (60.2%)	13:17	4.5 (39.8%)
749	ZIÓŁKOWSKA Aleksandra	4413	SYMMETRY GO	Open Kobiet	78	08:45	01:19:44	02:39:29.35	02:39:29.35	+01:36:00 (60.2%)	13:17	4.5 (39.8%)
750	NOWOWIEJSKA Alicja	4419		Open Kobiet	79	08:45	01:17:38	02:39:32.35	02:39:32.35	+01:36:03 (60.2%)	13:17	4.5 (39.8%)
751	BOBROWICZ Kaja	4358		Open Kobiet	80	08:30	01:19:09	02:39:47.30	02:39:47.30	+01:36:18 (60.3%)	13:18	4.5 (39.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
752	NOWICKA Izabela	4305		Open Kobiet	81	08:15	01:15:53	02:39:51.40	02:39:51.40	+01:36:22 (60.3%)	13:19	4.5 (39.8%)
753	KACZOROWSKI Przemyslaw	4835		Open Masters Mężczyzn	76	09:00	01:14:15	02:40:09.70	02:40:09.70	+01:36:41 (60.4%)	13:20	4.5 (39.8%)
754	KONEFAŁ Krzysztof	4753	STENA NORDICA	Open Mężczyzn	405	10:15	01:17:24	02:40:11.45	02:40:11.45	+01:36:42 (60.4%)	13:20	4.5 (39.8%)
755	GALANCIAK Kamil	4752	STENA NORDICA	Open Mężczyzn	406	10:15	01:17:54	02:40:11.75	02:40:11.75	+01:36:43 (60.4%)	13:20	4.5 (39.8%)
756	CHORAŻEWICZ Adrian	4750	STENA NORDICA	Open Mężczyzn	407	10:15	01:17:42	02:40:11.90	02:40:11.90	+01:36:43 (60.4%)	13:20	4.5 (39.8%)
757	MOSIADZ Michal	4754	STENA NORDICA	Open Mężczyzn	408	10:15	01:17:25	02:40:12.05	02:40:12.05	+01:36:43 (60.4%)	13:21	4.5 (39.8%)
758	SZCZYGIEŁ Joanna	4421		Open Kobiet	82	08:45	01:19:44	02:40:15.15	02:40:15.15	+01:36:46 (60.4%)	13:21	4.5 (39.8%)
759	REKSYN Malgorzata	4818	RUNMAGEDDONOWE ŚWIRY	Open Masters Kobiet	27	09:00	01:14:12	02:40:23.00	02:40:23.00	+01:36:54 (60.4%)	13:21	4.5 (39.8%)
760	WIŚNIEWSKI Marek	4451	RUNMAGEDDONOWE ŚWIRY	Open Masters Mężczyzn	77	09:00	01:14:13	02:40:23.15	02:40:23.15	+01:36:54 (60.4%)	13:21	4.5 (39.8%)
761	WIŚNIEWSKA Marta	4450	RUNMAGEDDONOWE ŚWIRY	Open Masters Kobiet	28	09:00	01:14:14	02:40:23.30	02:40:23.30	+01:36:54 (60.4%)	13:21	4.5 (39.8%)
762	ZIÓŁKOWSKI Paweł	4414	SYMMETRY GO	Open Mężczyzn	409	08:45	01:17:36	02:40:25.40	02:40:25.40	+01:36:56 (60.4%)	13:22	4.5 (39.8%)
763	KŁYSIŃSKI Mariusz	4412	SYMMETRY GO	Open Mężczyzn	410	08:45	01:18:53	02:40:27.40	02:40:27.40	+01:36:58 (60.4%)	13:22	4.5 (39.8%)
764	SZEMRO Dawid	4455	WODNIACY	Open Mężczyzn	411	09:00	01:14:30	02:40:42.85	02:40:42.85	+01:37:14 (60.5%)	13:23	4.5 (39.8%)
765	WOJTAS Aleksandra	4456	WODNIACY	Open Kobiet	83	09:00	01:14:30	02:40:43.20	02:40:43.20	+01:37:14 (60.5%)	13:23	4.5 (39.8%)
766	KRZYWAK Zuzanna	4527		Open Kobiet	84	09:15	01:14:28	02:40:47.95	02:40:47.95	+01:37:19 (60.5%)	13:23	4.5 (39.8%)
767	BOGDAŃSKI Maciej	4521		Open Mężczyzn	412	09:15	01:14:28	02:40:48.50	02:40:48.50	+01:37:19 (60.5%)	13:24	4.5 (39.8%)
768	RAGUS Przemysław	4493		Open Mężczyzn	413	09:00	01:17:40	02:40:58.55	02:40:58.55	+01:37:29 (60.6%)	13:24	4.5 (39.8%)
769	ROSŁAN Paweł	4542	CDATA CRUSADERS	Open Mężczyzn	414	09:30	01:15:18	02:41:02.00	02:41:02.00	+01:37:33 (60.6%)	13:25	4.5 (39.8%)
770	BOLESZCZUK Piotr	4452	SII2023	Open Mężczyzn	415	09:00	01:18:23	02:41:53.30	02:41:53.30	+01:38:24 (60.8%)	13:29	4.4 (38.9%)
771	KOZIEŁ Krzysztof	4541	CDATA CRUSADERS	Open Mężczyzn	416	09:30	01:15:18	02:42:01.80	02:42:01.80	+01:38:33 (60.8%)	13:30	4.4 (38.9%)
772	MARKOWSKI Jacek	4531		Open Mężczyzn	417	09:15	01:16:08	02:42:01.95	02:42:01.95	+01:38:33 (60.8%)	13:30	4.4 (38.9%)
773	GOŁASZEWSKA Dominika	4523		Open Kobiet	85	09:15	01:16:09	02:42:03.95	02:42:03.95	+01:38:35 (60.8%)	13:30	4.4 (38.9%)
774	ZAKRZEWSKI Grzegorz	4261	STG WARSZAWA	Open Masters Mężczyzn	78	08:15	01:18:27	02:42:34.00	02:42:34.00	+01:39:05 (61.0%)	13:32	4.4 (38.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
775	DUŻ Dominik	4362		Open Mężczyzn	418	08:30	01:15:59	02:42:41.30	02:42:41.30	+01:39:12 (61.0%)	13:33	4.4 (38.9%)
776	KOZIOŁ Kinga	4370		Open Kobiet	86	08:30	01:15:59	02:42:43.45	02:42:43.45	+01:39:14 (61.0%)	13:33	4.4 (38.9%)
777	ADLER Patryk	4747	CARBON SILESIA SPORT	Open Mężczyzn	419	10:15	01:20:30	02:42:52.05	02:42:52.05	+01:39:23 (61.0%)	13:34	4.4 (38.9%)
778	SZCZURASZEK Krzysztof	4536		Open Mężczyzn	420	09:15	01:21:33	02:42:53.85	02:42:53.85	+01:39:25 (61.0%)	13:34	4.4 (38.9%)
779	WOŹNY Tomasz	4537		Open Mężczyzn	421	09:15	01:21:22	02:43:04.25	02:43:04.25	+01:39:35 (61.1%)	13:35	4.4 (38.9%)
780	MARKIEWICZ Maksymilian	4530		Open Mężczyzn	422	09:15	01:21:24	02:43:04.60	02:43:04.60	+01:39:36 (61.1%)	13:35	4.4 (38.9%)
781	PIEKORZ Dagmara	4748	CARBON SILESIA SPORT	Open Kobiet	87	10:15	01:20:30	02:43:05.05	02:43:05.05	+01:39:36 (61.1%)	13:35	4.4 (38.9%)
782	GOLIŃSKA Kamila	4562		Open Kobiet	88	09:30	01:16:34	02:43:09.50	02:43:09.50	+01:39:40 (61.1%)	13:35	4.4 (38.9%)
783	KOWALEWSKI Marcin	4709		Open Mężczyzn	423	10:00	01:13:52	02:43:09.80	02:43:09.80	+01:39:41 (61.1%)	13:35	4.4 (38.9%)
784	RUTKOWSKI Robert	4543	CDATA CRUSADERS	Open Mężczyzn	424	09:30	01:15:17	02:43:41.30	02:43:41.30	+01:40:12 (61.2%)	13:38	4.4 (38.9%)
785	INDYKA Grzegorz	4985		Open Mężczyzn	425	08:45	01:15:35	02:44:12.65	02:44:12.65	+01:40:44 (61.3%)	13:41	4.4 (38.9%)
786	ŁYKOWSKI Eryk	4257	PRYMUS TEAM	Open Mężczyzn	426	08:15	01:21:16	02:44:18.65	02:44:18.65	+01:40:50 (61.4%)	13:41	4.4 (38.9%)
787	BAŁA Maciej	4256	PRYMUS TEAM	Open Mężczyzn	427	08:15	01:21:18	02:44:19.05	02:44:19.05	+01:40:50 (61.4%)	13:41	4.4 (38.9%)
788	SOŁTYSIŃSKI Maciej	4866	CROSSFIT TORUŃ	Open Mężczyzn	428	10:45	01:16:01	02:44:20.50	02:44:20.50	+01:40:51 (61.4%)	13:41	4.4 (38.9%)
789	RANISZEWSKI Łukasz	4864	CROSSFIT TORUŃ	Open Mężczyzn	429	10:45	01:15:56	02:44:20.70	02:44:20.70	+01:40:52 (61.4%)	13:41	4.4 (38.9%)
790	ZUBRZYCKA Daria	4867	CROSSFIT TORUŃ	Open Kobiet	89	10:45	01:15:56	02:44:20.85	02:44:20.85	+01:40:52 (61.4%)	13:41	4.4 (38.9%)
791	CALLAGHAN Jonathan	4863	CROSSFIT TORUŃ	Open Mężczyzn	430	10:45	01:15:47	02:44:21.15	02:44:21.15	+01:40:52 (61.4%)	13:41	4.4 (38.9%)
792	STADNIK Inga	4865	CROSSFIT TORUŃ	Open Kobiet	90	10:45	01:15:56	02:44:21.70	02:44:21.70	+01:40:53 (61.4%)	13:41	4.4 (38.9%)
793	JEGLIŃSKI Jarosław	4240	CROSSFIT STOCZNIA	Open Masters Mężczyzn	79	08:15	01:09:56	02:44:32.50	02:44:32.50	+01:41:03 (61.4%)	13:42	4.4 (38.9%)
794	MICHAŁOWSKA Aleksandra	4923	RICOH GDAŃSK	Open Kobiet	91	11:00	01:24:25	02:44:33.05	02:44:33.05	+01:41:04 (61.4%)	13:42	4.4 (38.9%)
795	SZCZUROWSKI Mateusz	4798		Open Mężczyzn	431	10:15	01:19:11	02:44:43.10	02:44:43.10	+01:41:14 (61.5%)	13:43	4.4 (38.9%)
795	GAJEK Waldemar	4776		Open Mężczyzn	431	10:15	01:19:12	02:44:43.10	02:44:43.10	+01:41:14 (61.5%)	13:43	4.4 (38.9%)
797	WIATROS Kamil	4391	LEMON TEAM	Open Mężczyzn	433	08:30	01:16:34	02:45:19.80	02:45:19.80	+01:41:51 (61.6%)	13:46	4.4 (38.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
798	WYGODA Magdalena	4336	GRAŻKA SQAD	Open Kobiet	92	08:30	01:16:33	02:45:20.00	02:45:20.00	+01:41:51 (61.6%)	13:46	4.4 (38.9%)
799	MICHNIACKI Adam	5016	JESZCZE TYLKO KAWALEK...	Open Mężczyzn	434	08:15	01:21:03	02:45:21.90	02:45:21.90	+01:41:53 (61.6%)	13:46	4.4 (38.9%)
800	TAŃSKI Michał	4322		Open Masters Mężczyzn	80	08:15	01:11:06	02:45:36.30	02:45:36.30	+01:42:07 (61.7%)	13:48	4.3 (38.1%)
801	TOMCZUK Ewa	4323		Open Kobiet	93	08:15	01:11:05	02:45:40.95	02:45:40.95	+01:42:12 (61.7%)	13:48	4.3 (38.1%)
802	WIELICZKO Paweł	4392		Open Masters Mężczyzn	81	08:15	01:17:41	02:45:46.55	02:45:46.55	+01:42:17 (61.7%)	13:48	4.3 (38.1%)
803	WOJTYNOWSKI Oskar	4394		Open Mężczyzn	435	09:00	01:25:55	02:46:15.35	02:46:15.35	+01:42:46 (61.8%)	13:51	4.3 (38.1%)
804	STACHERA Remigiusz	4590		Open Masters Mężczyzn	82	09:30	01:15:19	02:46:24.55	02:46:24.55	+01:42:55 (61.9%)	13:52	4.3 (38.1%)
805	MORAWSKA Agnieszka	4578		Open Kobiet	94	09:30	01:15:20	02:46:25.15	02:46:25.15	+01:42:56 (61.9%)	13:52	4.3 (38.1%)
806	SZULIMOWICZ Maciej	4233	BIEGUN OCR TEAM	Open Masters Mężczyzn	83	08:15	01:11:02	02:46:29.75	02:46:29.75	+01:43:01 (61.9%)	13:52	4.3 (38.1%)
807	CHAMIER CIEMINSKI Adam	4636		Open Mężczyzn	436	10:00	01:27:23	02:46:39.45	02:46:39.45	+01:43:10 (61.9%)	13:53	4.3 (38.1%)
808	SOŁTYSIAK Mateusz	4588		Open Mężczyzn	437	10:00	01:27:29	02:47:02.85	02:47:02.85	+01:43:34 (62.0%)	13:55	4.3 (38.1%)
809	SOŁTYSIAK Szymon	4589		Open Mężczyzn	438	10:00	01:27:22	02:47:03.85	02:47:03.85	+01:43:35 (62.0%)	13:55	4.3 (38.1%)
810	FETHKE Marta	4561		Open Kobiet	95	09:30	01:13:58	02:48:51.60	02:48:51.60	+01:45:23 (62.4%)	14:04	4.3 (38.1%)
811	WARDZIŃSKI Patryk	4595		Open Mężczyzn	439	09:30	01:13:46	02:48:51.85	02:48:51.85	+01:45:23 (62.4%)	14:04	4.3 (38.1%)
812	ROHDE Łukasz	4547	LULABLY!	Open Mężczyzn	440	09:30	01:13:57	02:48:52.15	02:48:52.15	+01:45:23 (62.4%)	14:04	4.3 (38.1%)
813	WRÓBLEWSKA Sandra	4548	LULABLY!	Open Kobiet	96	09:30	01:13:47	02:48:52.60	02:48:52.60	+01:45:24 (62.4%)	14:04	4.3 (38.1%)
814	SIKORSKI Piotr	4380		Open Mężczyzn	441	08:30	01:18:57	02:49:21.00	02:49:21.00	+01:45:52 (62.5%)	14:06	4.3 (38.1%)
815	KOBUSIŃSKI Maciej	4625	JAPOŃSCY WOJOWNICY	Open Mężczyzn	442	09:45	01:14:54	02:49:22.20	02:49:22.20	+01:45:53 (62.5%)	14:06	4.3 (38.1%)
816	PRZYBYLSKI Marcin	4628	JAPOŃSCY WOJOWNICY	Open Mężczyzn	443	09:45	01:15:01	02:49:22.25	02:49:22.25	+01:45:53 (62.5%)	14:06	4.3 (38.1%)
817	JEZIORSKA Izabela	4624	JAPOŃSCY WOJOWNICY	Open Kobiet	97	09:45	01:15:01	02:49:22.30	02:49:22.30	+01:45:53 (62.5%)	14:06	4.3 (38.1%)
818	FRAK Dawid	4623	JAPOŃSCY WOJOWNICY	Open Mężczyzn	444	09:45	01:15:34	02:49:22.50	02:49:22.50	+01:45:53 (62.5%)	14:06	4.3 (38.1%)
818	CHODÓR Tomasz	4622	JAPOŃSCY WOJOWNICY	Open Masters Mężczyzn	84	09:45	01:15:34	02:49:22.50	02:49:22.50	+01:45:53 (62.5%)	14:06	4.3 (38.1%)
820	LATAŃSKA Zuzanna	4626	JAPOŃSCY WOJOWNICY	Open Kobiet	98	09:45	01:15:01	02:49:22.60	02:49:22.60	+01:45:54 (62.5%)	14:06	4.3 (38.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
821	UŁANOWSKI Dariusz	4629	JAPOŃSCY WOJOWNICY	Open Masters Mężczyzn	85	09:45	01:15:34	02:49:22.80	02:49:22.80	+01:45:54 (62.5%)	14:06	4.3 (38.1%)
821	PIPCZYŃSKI Kamil	4627	JAPOŃSCY WOJOWNICY	Open Mężczyzn	445	09:45	01:15:02	02:49:22.80	02:49:22.80	+01:45:54 (62.5%)	14:06	4.3 (38.1%)
823	SIKORSKI Ryszard	4381		Open Masters Mężczyzn	86	08:30	01:18:58	02:49:25.55	02:49:25.55	+01:45:56 (62.5%)	14:07	4.2 (37.2%)
824	GOSCINIAK Anna	4280		Open Masters Kobiet	29	08:15	01:17:23	02:49:30.85	02:49:30.85	+01:46:02 (62.6%)	14:07	4.2 (37.2%)
825	OSTROWSKA Martyna	4252	MOVEMENT ARENA SUWAŁKI	Open Kobiet	99	08:15	01:17:39	02:49:34.80	02:49:34.80	+01:46:06 (62.6%)	14:07	4.2 (37.2%)
826	LEWAŃCZYK Jakub	4642		Open Mężczyzn	446	09:45	01:25:35	02:50:08.00	02:50:08.00	+01:46:39 (62.7%)	14:10	4.2 (37.2%)
827	CHMIELEWSKA Weronika	4637		Open Kobiet	100	09:45	01:25:37	02:50:09.20	02:50:09.20	+01:46:40 (62.7%)	14:10	4.2 (37.2%)
828	SKIERKA Patryk	4646		Open Mężczyzn	447	09:45	01:25:33	02:50:09.50	02:50:09.50	+01:46:40 (62.7%)	14:10	4.2 (37.2%)
829	RYBAKOWSKI Patryk	4645		Open Mężczyzn	448	09:45	01:25:33	02:50:09.95	02:50:09.95	+01:46:41 (62.7%)	14:10	4.2 (37.2%)
830	DŁUGOSZ Daniel	4997		Open Mężczyzn	449	09:00	01:18:24	02:50:12.85	02:50:12.85	+01:46:44 (62.7%)	14:11	4.2 (37.2%)
831	SOBOTA Kamila	4998		Open Kobiet	101	09:00	01:18:24	02:50:13.30	02:50:13.30	+01:46:44 (62.7%)	14:11	4.2 (37.2%)
832	MUSIALSKA Anita	4353	WOLF TEAM	Open Kobiet	102	08:30	01:15:07	02:50:52.80	02:50:52.80	+01:47:24 (62.9%)	14:14	4.2 (37.2%)
833	JUSTYNA Maciej	2032	PLATINUM DENTAL TEAM	Open Mężczyzn	450	11:00	01:23:39	02:50:58.65	02:50:58.65	+01:47:30 (62.9%)	14:14	4.2 (37.2%)
834	KRASKA Piotr	4921	PLATINUM DENTAL TEAM	Open Mężczyzn	451	11:00	01:23:16	02:50:58.85	02:50:58.85	+01:47:30 (62.9%)	14:14	4.2 (37.2%)
835	KOMINEK Anna	4174	OBSTACLE CENTER TEAM	Open Kobiet	103	08:00	01:18:03	02:51:25.65	02:51:25.65	+01:47:57 (63.0%)	14:17	4.2 (37.2%)
836	KUCHARSKI Marcin	5028		Open Mężczyzn	452	08:15	01:30:12	02:51:36.10	02:51:36.10	+01:48:07 (63.0%)	14:18	4.2 (37.2%)
837	KOWALCZYK Damian	5027		Open Mężczyzn	453	08:15	01:30:12	02:51:38.40	02:51:38.40	+01:48:09 (63.0%)	14:18	4.2 (37.2%)
838	BARCZ Karol	4630	ŁĄCZY NAS SIŁKA	Open Mężczyzn	454	09:45	01:21:01	02:52:37.60	02:52:37.60	+01:49:09 (63.2%)	14:23	4.2 (37.2%)
839	JANKOWSKI Przemysław	4544	DRUŻYNA EFFI	Open Mężczyzn	455	09:30	01:20:42	02:52:48.85	02:52:48.85	+01:49:20 (63.3%)	14:24	4.2 (37.2%)
840	ZBROJA Krzysztof	4399	TEAM PSUTEK	Open Mężczyzn	456	07:40	01:37:52	02:53:44.50	02:53:44.50	+01:50:15 (63.5%)	14:28	4.1 (36.3%)
841	OLSZEWSKI Wojciech	4632	ŁĄCZY NAS SIŁKA	Open Mężczyzn	457	09:45	01:21:00	02:53:47.00	02:53:47.00	+01:50:18 (63.5%)	14:28	4.1 (36.3%)
842	LUBCZYŃSKI Dawid	4631	ŁĄCZY NAS SIŁKA	Open Mężczyzn	458	09:45	01:21:03	02:54:02.60	02:54:02.60	+01:50:34 (63.5%)	14:30	4.1 (36.3%)
843	SKOROWSKA Sylwia	4601	EDK TEAM	Open Kobiet	104	09:45	01:16:29	02:55:30.90	02:55:30.90	+01:52:02 (63.8%)	14:37	4.1 (36.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
844	S Beata	4600	EDK TEAM	Open Kobiet	105	09:45	01:16:28	02:55:31.15	02:55:31.15	+01:52:02 (63.8%)	14:37	4.1 (36.3%)
845	KOWALEWICZ Paweł	4599	EDK TEAM	Open Mężczyzn	459	09:45	01:16:30	02:55:31.45	02:55:31.45	+01:52:02 (63.8%)	14:37	4.1 (36.3%)
846	ZIMNY Bartosz	4621	HUBER SUHNER TEAM	Open Mężczyzn	460	09:45	01:26:41	02:56:33.10	02:56:33.10	+01:53:04 (64.0%)	14:42	4.1 (36.3%)
847	NADOLNA Sandra	188	G-SHOCK TEAM	Open Kobiet	106	08:45	01:26:47	02:56:38.50	02:56:38.50	+01:53:09 (64.1%)	14:43	4.1 (36.3%)
848	SOCHACKA Natalia	693	G-SHOCK TEAM	Open Kobiet	107	08:45	01:26:46	02:56:38.80	02:56:38.80	+01:53:10 (64.1%)	14:43	4.1 (36.3%)
849	ZAWADZKA Wiesława	4538		Open Masters Kobiet	30	09:15	01:21:11	02:57:35.50	02:57:35.50	+01:54:06 (64.3%)	14:47	4.1 (36.3%)
850	DENYS Justyna	4826		Open Kobiet	108	10:30	01:18:05	02:58:34.15	02:58:34.15	+01:55:05 (64.5%)	14:52	4 (35.4%)
851	SŁAPEK Tomasz	4420		Open Mężczyzn	461	08:45	01:25:01	02:59:18.90	02:59:18.90	+01:55:50 (64.6%)	14:56	4 (35.4%)
852	WOJCIECHOWSKA Katarzyna	4423		Open Kobiet	109	08:45	01:25:00	02:59:20.15	02:59:20.15	+01:55:51 (64.6%)	14:56	4 (35.4%)
853	DENYS Dariusz	4825		Open Mężczyzn	462	10:30	01:18:08	02:59:26.90	02:59:26.90	+01:55:58 (64.6%)	14:57	4 (35.4%)
854	MEJZA Mateusz	4846		Open Mężczyzn	463	10:30	01:18:10	02:59:31.45	02:59:31.45	+01:56:02 (64.6%)	14:57	4 (35.4%)
855	PĘKALA Aleksandra	4969		Open Kobiet	110	09:00	01:19:23	02:59:47.60	02:59:47.60	+01:56:19 (64.7%)	14:58	4 (35.4%)
856	GACEK Aleksandra	4181	WARRIORS ŁÓDŹ	Open Kobiet	111	08:00	01:31:40	03:00:13.20	03:00:13.20	+01:56:44 (64.8%)	15:01	4 (35.4%)
857	PERUCKI Maciej	4924	RICOH GDAŃSK	Open Mężczyzn	464	11:00	01:24:25	03:00:36.35	03:00:36.35	+01:57:07 (64.9%)	15:03	4 (35.4%)
858	ROMPA Rafał	4611	HUBER SUHNER TEAM	Open Mężczyzn	465	09:45	01:26:38	03:00:47.10	03:00:47.10	+01:57:18 (64.9%)	15:03	4 (35.4%)
859	NIEDŹWIECKA Zuzanna	4581		Open Kobiet	112	09:30	01:32:10	03:00:47.30	03:00:47.30	+01:57:18 (64.9%)	15:03	4 (35.4%)
859	KLIMEK Alicja	4567		Open Kobiet	112	09:30	01:32:03	03:00:47.30	03:00:47.30	+01:57:18 (64.9%)	15:03	4 (35.4%)
861	WIŚNIEWSKI Piotr	4618	HUBER SUHNER TEAM	Open Mężczyzn	466	09:45	01:26:26	03:00:49.25	03:00:49.25	+01:57:20 (64.9%)	15:04	4 (35.4%)
862	SIEMIONA Patrycja	4614	HUBER SUHNER TEAM	Open Kobiet	114	09:45	01:26:40	03:00:58.75	03:00:58.75	+01:57:30 (64.9%)	15:04	4 (35.4%)
863	KITOWSKI Kamil	4922	RICOH GDAŃSK	Open Mężczyzn	467	11:00	01:25:20	03:00:59.90	03:00:59.90	+01:57:31 (64.9%)	15:04	4 (35.4%)
864	KOZON Emil	4142		Elite Mężczyzn	114	07:40	01:33:42	03:01:32.60	03:01:32.60	+01:58:04 (65.0%)	15:07	4 (35.4%)
865	IWANOWICZ Adam	4605	HUBER SUHNER TEAM	Open Mężczyzn	468	09:45	01:26:46	03:01:48.55	03:01:48.55	+01:58:19 (65.1%)	15:09	4 (35.4%)
866	KASZUBOWSKI Jacek	4606	HUBER SUHNER TEAM	Open Masters Mężczyzn	87	09:45	01:26:35	03:01:53.60	03:01:53.60	+01:58:25 (65.1%)	15:09	4 (35.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
867	SIMON Julia	4615	HUBER SUHNER TEAM	Open Kobiet	115	09:45	01:26:46	03:02:07.80	03:02:07.80	+01:58:39 (65.1%)	15:10	4 (35.4%)
868	KORDOWSKA Magdalena	4639		Open Kobiet	116	09:45	01:26:30	03:02:22.80	03:02:22.80	+01:58:54 (65.2%)	15:11	3.9 (34.5%)
869	CIESIELSKI Kamil	4602	HUBER SUHNER TEAM	Open Mężczyzn	469	09:45	01:26:52	03:02:23.95	03:02:23.95	+01:58:55 (65.2%)	15:11	3.9 (34.5%)
870	QUELLA Alicja	4610	HUBER SUHNER TEAM	Open Masters Kobiet	31	09:45	01:26:39	03:02:28.00	03:02:28.00	+01:58:59 (65.2%)	15:12	3.9 (34.5%)
871	PUSHKAROV Yevhen	4150		Elite Mężczyzn	115	07:40	00:58:41	03:02:34.00	03:02:34.00	+01:59:05 (65.2%)	15:12	3.9 (34.5%)
872	TANDECKI Michał	4616	HUBER SUHNER TEAM	Open Mężczyzn	470	09:45	01:27:40	03:02:37.75	03:02:37.75	+01:59:09 (65.2%)	15:13	3.9 (34.5%)
873	DRYJAŃSKI Mateusz	4905	HUBER SUHNER TEAM	Open Mężczyzn	471	11:00	01:27:08	03:02:53.45	03:02:53.45	+01:59:24 (65.3%)	15:14	3.9 (34.5%)
874	KAMIŃSKA Ilona	4956		Open Kobiet	117	11:00	01:27:08	03:02:53.65	03:02:53.65	+01:59:25 (65.3%)	15:14	3.9 (34.5%)
875	MILEWSKA Marta	4246	HARDKORKI SZCZECIN	Open Kobiet	118	08:15	01:20:19	03:03:13.60	03:03:13.60	+01:59:45 (65.4%)	15:16	3.9 (34.5%)
876	TOKAREK Justyna	4247	HARDKORKI SZCZECIN	Open Kobiet	119	08:15	01:20:18	03:03:14.40	03:03:14.40	+01:59:45 (65.4%)	15:16	3.9 (34.5%)
877	BUJALSKA Sylwia	4876	TRÓJMIEJSKIE DZIKI V 4.0	Open Masters Kobiet	32	10:45	01:32:46	03:03:15.85	03:03:15.85	+01:59:47 (65.4%)	15:16	3.9 (34.5%)
878	WASZCZYK Dorota	4878	TRÓJMIEJSKIE DZIKI V 4.0	Open Masters Kobiet	33	10:45	01:32:45	03:03:16.10	03:03:16.10	+01:59:47 (65.4%)	15:16	3.9 (34.5%)
879	KUDELSKI Artur	4877	TRÓJMIEJSKIE DZIKI V 4.0	Open Masters Mężczyzn	88	10:45	01:32:47	03:03:16.25	03:03:16.25	+01:59:47 (65.4%)	15:16	3.9 (34.5%)
880	DOBRZEWINSKA Monika	4604	HUBER SUHNER TEAM	Open Kobiet	120	09:45	01:26:39	03:03:31.00	03:03:31.00	+02:00:02 (65.4%)	15:17	3.9 (34.5%)
881	PRZYBYŚ Agnieszka	4609	HUBER SUHNER TEAM	Open Kobiet	121	09:45	01:26:34	03:03:52.25	03:03:52.25	+02:00:23 (65.5%)	15:19	3.9 (34.5%)
882	SEROKA Sylwia	4613	HUBER SUHNER TEAM	Open Kobiet	122	09:45	01:26:29	03:04:15.45	03:04:15.45	+02:00:46 (65.6%)	15:21	3.9 (34.5%)
883	MALECKI Michał	4643		Open Mężczyzn	472	09:45	01:26:38	03:04:15.85	03:04:15.85	+02:00:47 (65.6%)	15:21	3.9 (34.5%)
884	EM Mariusz	4664	MAĆKI	Open Mężczyzn	473	10:00	01:30:28	03:04:17.80	03:04:17.80	+02:00:49 (65.6%)	15:21	3.9 (34.5%)
885	MAĆKOWSKI Adam	4665	MAĆKI	Open Mężczyzn	474	10:00	01:30:29	03:04:19.65	03:04:19.65	+02:00:51 (65.6%)	15:21	3.9 (34.5%)
886	MATYS Martyna	4963		Open Kobiet	123	11:00	01:27:21	03:04:41.25	03:04:41.25	+02:01:12 (65.6%)	15:23	3.9 (34.5%)
887	GRZEGORCZYK Dominik	4927	SEKCJA SPORTOWA	Open Mężczyzn	475	11:00	01:27:20	03:04:41.35	03:04:41.35	+02:01:12 (65.6%)	15:23	3.9 (34.5%)
888	GOŹDZIKIEWICZ Kacper	4926	SEKCJA SPORTOWA	Open Mężczyzn	476	11:00	01:27:18	03:04:41.75	03:04:41.75	+02:01:13 (65.6%)	15:23	3.9 (34.5%)
889	KOZIOŁ Klaudia	4928	SEKCJA SPORTOWA	Open Kobiet	124	11:00	01:27:20	03:04:42.45	03:04:42.45	+02:01:13 (65.6%)	15:23	3.9 (34.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
890	BIALEK Adrian	4925	SEKCJA SPORTOWA	Open Mężczyzn	477	11:00	01:27:20	03:04:43.10	03:04:43.10	+02:01:14 (65.6%)	15:23	3.9 (34.5%)
891	JANKOWIAK Jakub	4990		Open Mężczyzn	478	10:30	01:18:00	03:05:17.10	03:05:17.10	+02:01:48 (65.7%)	15:26	3.9 (34.5%)
892	STAWOWA Karolina	4266	WF TEAM	Open Kobiet	125	08:15	01:23:30	03:07:52.15	03:07:52.15	+02:04:23 (66.2%)	15:39	3.8 (33.6%)
893	ZAWŁOCKI Konrad	4620	HUBER SUHNER TEAM	Open Mężczyzn	479	09:45	01:26:32	03:08:40.95	03:08:40.95	+02:05:12 (66.4%)	15:43	3.8 (33.6%)
894	PAWŁOWSKA Magdalena	4892		Open Kobiet	126	10:45	01:38:40	03:09:12.25	03:09:12.25	+02:05:43 (66.5%)	15:46	3.8 (33.6%)
895	BOBER Paweł	4882		Open Mężczyzn	480	10:45	01:38:41	03:09:43.20	03:09:43.20	+02:06:14 (66.5%)	15:48	3.8 (33.6%)
896	ZINENKO Alex	4857		Open Mężczyzn	481	10:30	01:18:08	03:10:12.55	03:10:12.55	+02:06:43 (66.6%)	15:51	3.8 (33.6%)
897	BALICKA Katarzyna	4820		Open Kobiet	127	10:30	01:18:03	03:10:14.50	03:10:14.50	+02:06:45 (66.6%)	15:51	3.8 (33.6%)
898	LENARTOWICZ Karol	4887		Open Mężczyzn	482	10:45	01:38:47	03:11:10.75	03:11:10.75	+02:07:42 (66.8%)	15:55	3.8 (33.6%)
899	PAWŁOWICZ Karolina	4891		Open Kobiet	128	10:45	01:38:45	03:11:10.90	03:11:10.90	+02:07:42 (66.8%)	15:55	3.8 (33.6%)
900	REDEK Damian	4895		Open Mężczyzn	483	10:45	01:38:47	03:11:11.15	03:11:11.15	+02:07:42 (66.8%)	15:55	3.8 (33.6%)
901	LENARTOWICZ Karolina	4888		Open Kobiet	129	10:45	01:38:46	03:11:11.30	03:11:11.30	+02:07:42 (66.8%)	15:55	3.8 (33.6%)
902	WYROBEK Katarzyna	4179	TEAM PSUTEK	Open Kobiet	130	08:00	02:05:27	03:12:32.00	03:12:32.00	+02:09:03 (67.0%)	16:02	3.7 (32.7%)
903	WOJDAT Natalia	4811	KUNA RUNFIT	Open Kobiet	131	10:30	01:20:45	03:13:13.10	03:13:13.10	+02:09:44 (67.1%)	16:06	3.7 (32.7%)
904	KOSTERNA Jakub	4810	KUNA RUNFIT	Open Mężczyzn	484	10:30	01:20:45	03:13:15.55	03:13:15.55	+02:09:46 (67.2%)	16:06	3.7 (32.7%)
905	GRUBBA Rafał	4833		Open Mężczyzn	485	10:30	01:32:36	03:14:13.10	03:14:13.10	+02:10:44 (67.3%)	16:11	3.7 (32.7%)
906	ZAGUBIEŃ Ania	4326		Open Kobiet	132	08:15	01:23:32	03:14:14.45	03:14:14.45	+02:10:45 (67.3%)	16:11	3.7 (32.7%)
907	JURKOWSKA Barbara	4834		Open Kobiet	133	10:30	01:32:48	03:15:09.00	03:15:09.00	+02:11:40 (67.5%)	16:15	3.7 (32.7%)
908	ZARĘBSKA Joanna	4180	VITARADE TEAM	Open Kobiet	134	08:00	01:57:26	03:15:23.15	03:15:23.15	+02:11:54 (67.5%)	16:16	3.7 (32.7%)
909	TOBIASZ Karol	4502		Open Mężczyzn	486	09:00	01:38:24	03:15:54.70	03:15:54.70	+02:12:26 (67.6%)	16:19	3.7 (32.7%)
910	KUREK Monika	4663	KLUB BIEGACZA RTV EURO AGD	Open Kobiet	135	10:00	01:32:19	03:17:38.90	03:17:38.90	+02:14:10 (67.9%)	16:28	3.6 (31.9%)
911	SEŃ Agata	4729		Open Kobiet	136	10:00	01:32:18	03:18:42.00	03:18:42.00	+02:15:13 (68.1%)	16:33	3.6 (31.9%)
912	ANIELSKA Anna	4683		Open Kobiet	137	10:00	01:32:18	03:18:42.20	03:18:42.20	+02:15:13 (68.1%)	16:33	3.6 (31.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
913	GUTKOWSKI Kacper	4700		Open Mężczyzn	487	10:00		03:18:42.50	03:18:42.50	+02:15:13 (68.1%)	16:33	3.6 (31.9%)
914	KARBOWSKI Sławomir	4807	CROSSFOX OCR	Open Masters Mężczyzn	89	10:30	01:38:40	03:21:13.90	03:21:13.90	+02:17:45 (68.5%)	16:46	3.6 (31.9%)
915	KARBOWSKA Emilia	4806	CROSSFOX OCR	Open Kobiet	138	10:30	01:38:36	03:21:14.00	03:21:14.00	+02:17:45 (68.5%)	16:46	3.6 (31.9%)
916	STEC Sandra	4915	MOWI TEAM	Open Kobiet	139	11:00	01:29:11	03:22:06.95	03:22:06.95	+02:18:38 (68.6%)	16:50	3.6 (31.9%)
917	KOMAR Tomasz	4919	NA PRZYPALE ALBO WCALE!!!	Open Masters Mężczyzn	90	11:00	01:30:47	03:22:23.45	03:22:23.45	+02:18:54 (68.6%)	16:51	3.6 (31.9%)
918	PIERSA Krzysztof	5030		Open Mężczyzn	488	11:00	01:30:47	03:22:23.75	03:22:23.75	+02:18:55 (68.6%)	16:51	3.6 (31.9%)
919	NAKIELSKI Jarosław	4442	MŁODE WILKI 3CITY	Open Mężczyzn	489	09:00	01:38:07	03:22:32.40	03:22:32.40	+02:19:03 (68.7%)	16:52	3.6 (31.9%)
920	SZAFRANIEC Jakub	4443	MŁODE WILKI 3CITY	Open Mężczyzn	490	09:00	01:38:06	03:22:32.65	03:22:32.65	+02:19:04 (68.7%)	16:52	3.6 (31.9%)
921	KRAUSE Tomasz	4441	MŁODE WILKI 3CITY	Open Mężczyzn	491	09:00	01:38:08	03:25:39.80	03:25:39.80	+02:22:11 (69.1%)	17:08	3.5 (31.0%)
922	DUSZYŃSKI Kamil	4457	ZAPLUTKI	Open Mężczyzn	492	09:00	01:30:41	03:26:34.90	03:26:34.90	+02:23:06 (69.3%)	17:12	3.5 (31.0%)
923	KONKEL Paulina	4458	ZAPLUTKI	Open Kobiet	140	09:00	01:30:41	03:26:35.10	03:26:35.10	+02:23:06 (69.3%)	17:12	3.5 (31.0%)
924	DYHDALEWICZ Karolina	4560		Open Kobiet	141	09:30	01:44:03	03:27:40.80	03:27:40.80	+02:24:12 (69.4%)	17:18	3.5 (31.0%)
925	POLEWACZYK Daria	4556	WATAHA	Open Kobiet	142	09:30	01:44:04	03:28:53.65	03:28:53.65	+02:25:25 (69.6%)	17:24	3.4 (30.1%)
926	PONIEDZIAŁEK Henryk	4435	KAŻDY ORZE JAK MOŻE	Open Mężczyzn	493	09:00	01:44:56	03:36:50.75	03:36:50.75	+02:33:22 (70.7%)	18:04	3.3 (29.2%)
927	PIETRZAK Sebastian	4116	KULKI ŻABULKI	Open Mężczyzn	494	07:40	01:56:27	03:39:04.45	03:39:04.45	+02:35:35 (71.0%)	18:15	3.3 (29.2%)
928	SIEGIEN Malwina	4794		Open Kobiet	143	10:15	01:27:35	03:39:28.10	03:39:28.10	+02:35:59 (71.1%)	18:17	3.3 (29.2%)
929	GIRGUŚ Przemysław	4777		Open Mężczyzn	495	10:15	01:27:35	03:39:28.70	03:39:28.70	+02:36:00 (71.1%)	18:17	3.3 (29.2%)
930	MICHALIK Paula	4242	DON'T FOLLOW ME! I'M LOST TOO.	Open Kobiet	144	08:15	01:37:30	03:40:47.65	03:40:47.65	+02:37:19 (71.3%)	18:23	3.3 (29.2%)
931	PONIEDZIAŁEK Piotr	4436	KAŻDY ORZE JAK MOŻE	Open Mężczyzn	496	09:00	01:45:24	03:41:11.90	03:41:11.90	+02:37:43 (71.3%)	18:25	3.3 (29.2%)
932	BĄŁYS Aleksander	4434	KAŻDY ORZE JAK MOŻE	Open Masters Mężczyzn	91	09:00	01:45:25	03:41:12.95	03:41:12.95	+02:37:44 (71.3%)	18:26	3.3 (29.2%)
933	CHYB Daniel	4241	DON'T FOLLOW ME! I'M LOST TOO.	Open Mężczyzn	497	08:15	01:37:31	03:41:49.30	03:41:49.30	+02:38:20 (71.4%)	18:29	3.2 (28.3%)
934	KUROWSKA Edyta	4267	WOLO TEAM	Open Masters Kobiet	34	08:15	01:37:31	03:44:03.50	03:44:03.50	+02:40:34 (71.7%)	18:40	3.2 (28.3%)
935	PAWŁOWSKI Grzegorz	4582		Open Masters Mężczyzn	92	09:30	01:45:11	03:46:47.00	03:46:47.00	+02:43:18 (72.0%)	18:53	3.2 (28.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
936	NELSON Jerome	4580		Open Mężczyzn	498	09:30	01:45:10	03:46:47.50	03:46:47.50	+02:43:18 (72.0%)	18:53	3.2 (28.3%)
937	MIŁOSZEWSKI Łukasz	4718		Open Mężczyzn	499	10:00	02:04:25	03:53:22.70	03:53:22.70	+02:49:54 (72.8%)	19:26	3.1 (27.4%)
938	ŁOŻYŃSKA Dominika	4987		Open Kobiet	145	10:00	02:04:24	03:53:22.85	03:53:22.85	+02:49:54 (72.8%)	19:26	3.1 (27.4%)
939	OŻÓG Mateusz	908	KOCHAM POLUSA	Elite Mężczyzn	116	07:40	01:39:05	03:57:07.90	03:57:07.90	+02:53:39 (73.2%)	19:45	3 (26.5%)
Przekroczony limit czasu: 04:00:00												
940	PIETRZAK Julia	4171	KULKI ŻABULKI	Open Kobiet	146	08:00	01:09:51	04:31:36.40	04:31:36.40	+03:28:07 (76.6%)	22:38	2.7 (23.9%)
941	PRZYBYTEK Sławomir	4149		Open Masters Mężczyzn	93	07:40		04:33:28.25	04:33:28.25	+03:29:59 (76.8%)	22:47	2.6 (23.0%)
942	GAŁUSZYŃSKI Łukasz	4004	ACTIVE FLOW	Open Mężczyzn	500	07:30	00:42:03			+00:10:53	7:00	8.6 (76.1%)
943	DRAŹKOWSKI Piotr	4943		Open Masters Mężczyzn	94	11:00	01:13:20			+04:14:56	12:13	4.9 (43.4%)
944	POŚWIATOWSKI Grzegorz	4791		Open Masters Mężczyzn	95	10:15	01:16:12			+03:27:39	12:42	4.7 (41.6%)
945	ZIÓLKOWSKA Aleksandra	4413	SYMMETRY GO	Open Kobiet	147	08:45	01:19:44			+02:08:38	13:17	4.5 (39.8%)
946	MIKUŚ Marcin	4607	HUBER SUHNER TEAM	Open Mężczyzn	501	09:45	01:27:30			+03:12:34	14:35	4.1 (36.3%)
947	SZYMAŃSKA Monika	4319		Open Kobiet	148	08:15						(0.0%)
948	PIECZAROWSKI Daniel	5034		Open Mężczyzn	502	11:00						(0.0%)
949	GAŁUSZYŃSKA Katarzyna	4160	ACTIVE FLOW	Open Kobiet	149	08:00						(0.0%)

Znaleziono 949 wynik(ów)