

Wydarzenie: Runmageddon KRAKÓW DOBCZYCE
Organizator: Extreme Events, Runmageddon
Data: 2024-09-22
Miejsce: Kraków
Dystans: 12 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	KASPRZYK Sebastian	3044	RUNMAGEDDON TEAM	Elite Mężczyzn	1	00:50:11	01:10:21	01:10:29.05	01:10:29.05		5:52	10.2 (100%)
2	MAŁYJUREK Rafał	3006	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	2	00:52:57	01:13:11	01:13:18.85	01:13:18.85	+00:02:49 (3.9%)	6:06	9.8 (96.1%)
3	TRYVASHKEVICH Yauhen	3081	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	3		01:13:29	01:13:35.00	01:13:35.00	+00:03:05 (4.2%)	6:07	9.8 (96.1%)
4	KALINOWSKI Krystian	3043	RUNMAGEDDON TEAM	Elite Mężczyzn	4		01:16:37	01:16:44.75	01:16:44.75	+00:06:15 (8.2%)	6:23	9.4 (92.2%)
5	PRYKOWSKI Tomasz	3045	GORĄCY POTOK TEAM	Elite Mężczyzn	5	00:56:25	01:18:42	01:18:48.50	01:18:48.50	+00:08:19 (10.6%)	6:34	9.1 (89.2%)
6	KONKOL Dominik	3005	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	6	00:55:57	01:18:48	01:18:56.65	01:18:56.65	+00:08:27 (10.7%)	6:34	9.1 (89.2%)
7	MŁYŃSKI Mariusz	3038	OBSTACLE CENTER TEAM	Elite Mężczyzn	7	00:57:52	01:20:20	01:20:27.10	01:20:27.10	+00:09:58 (12.4%)	6:42	8.9 (87.3%)
8	KARCZ Oskar	3031	LEMON TEAM	Elite Mężczyzn	8	00:57:15	01:20:51	01:20:58.80	01:20:58.80	+00:10:29 (13.0%)	6:44	8.9 (87.3%)
9	KĘDZIORA Bogumił	3029	KONIU SQUAD	Elite Masters Mężczyzn	1	00:58:16	01:23:12	01:23:17.75	01:23:17.75	+00:12:48 (15.4%)	6:56	8.6 (84.3%)
10	ILNICKI Darek	3037	NINJA CLUB KRAKOW	Elite Masters Mężczyzn	2	00:57:57	01:23:16	01:23:23.90	01:23:23.90	+00:12:54 (15.5%)	6:56	8.6 (84.3%)
11	BOROWSKI Michał	3002	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	9	00:58:39	01:24:26	01:24:33.85	01:24:33.85	+00:14:04 (16.7%)	7:02	8.5 (83.3%)
12	MAŚLANKIEWICZ Dawid	3167	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	10	01:00:59	01:24:55	01:25:01.75	01:25:01.75	+00:14:32 (17.1%)	7:05	8.5 (83.3%)
13	PRUSAK Piotr	3023	GORĄCY POTOK TEAM	Elite Masters Mężczyzn	3	01:00:39	01:25:19	01:25:27.85	01:25:27.85	+00:14:58 (17.5%)	7:07	8.4 (82.4%)
14	KNOP Marcin	3108	LEMON TEAM	Elite Mężczyzn	11	01:03:12	01:27:03	01:27:09.05	01:27:09.05	+00:16:40 (19.1%)	7:15	8.3 (81.4%)
15	CHUDZIAK Sebastian	3046	RUNMAGEDDONOWE ŚWIRY	Elite Mężczyzn	12	01:01:49	01:30:03	01:30:11.50	01:30:11.50	+00:19:42 (21.9%)	7:30	8 (78.4%)

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16	SZKLARSKI Przemysław	3165	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	4	01:06:02	01:30:18	01:30:26.45	01:30:26.45	+00:19:57 (22.1%)	7:32	8 (78.4%)
17	ŻURAWIK Rafał	3035	LEMON TEAM	Elite Mężczyzn	13	01:03:10	01:30:18	01:30:26.55	01:30:26.55	+00:19:57 (22.1%)	7:32	8 (78.4%)
18	WIŚNIEWSKI Tomasz	3040	PRZEBIEGÓR	Elite Masters Mężczyzn	5	01:02:53	01:30:22	01:30:31.10	01:30:31.10	+00:20:02 (22.1%)	7:32	8 (78.4%)
19	ВРУБЛЕВСКИЙ Павел	3069		Elite Masters Mężczyzn	6	01:03:46	01:30:44	01:30:51.80	01:30:51.80	+00:20:22 (22.4%)	7:34	7.9 (77.5%)
20	MATEJKO Mateusz	3019	FITPARK TEAM	Elite Mężczyzn	14	01:04:56	01:31:00	01:31:08.60	01:31:08.60	+00:20:39 (22.7%)	7:35	7.9 (77.5%)
21	SROKA Karolina	3148	DZIKI_ORLINSKIEGO	Elite Kobiet	1	01:05:09	01:31:24	01:31:32.05	01:31:32.05	+00:21:03 (23.0%)	7:37	7.9 (77.5%)
22	BRZÓZKA Piotr	3829		Open Mężczyzn	1	01:03:22	01:31:22	01:31:32.55	01:31:32.55	+00:21:03 (23.0%)	7:37	7.9 (77.5%)
23	KANIECKI Paweł	3052	WATAHA OCR PRZEMYSŁ	Open Masters Mężczyzn	1	01:03:17	01:31:41	01:31:50.70	01:31:50.70	+00:21:21 (23.3%)	7:39	7.8 (76.5%)
24	GIZAK Michał	3049	SOCIOS SILESIA	Elite Mężczyzn	15	01:06:52	01:32:42	01:32:48.80	01:32:48.80	+00:22:19 (24.1%)	7:44	7.8 (76.5%)
25	KLEWANIEC Jakub	3175	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	16	01:06:00	01:32:42	01:32:50.65	01:32:50.65	+00:22:21 (24.1%)	7:44	7.8 (76.5%)
26	KABAJ Przemysław	3042	RUNMAGEDDON TEAM	Elite Mężczyzn	17	01:02:14	01:32:48	01:32:55.15	01:32:55.15	+00:22:26 (24.1%)	7:44	7.7 (75.5%)
27	SIERGIEJENKO Siergiej	3065		Elite Mężczyzn	18	00:57:05	01:32:53	01:33:00.70	01:33:00.70	+00:22:31 (24.2%)	7:45	7.7 (75.5%)
28	JACHIMOWSKI Jarosław	3047	SANOK BIEGA	Elite Masters Mężczyzn	7	01:04:04	01:33:05	01:33:13.65	01:33:13.65	+00:22:44 (24.4%)	7:46	7.7 (75.5%)
29	BIĄŁOŃ Kamil	3015	FITPARK TEAM	Elite Mężczyzn	19	01:06:20		01:33:32.00	01:33:32.00	+00:23:02 (24.6%)	7:47	7.7 (75.5%)
30	KARAŚ Łukasz	3012	DZIKI_ORLINSKIEGO	Elite Mężczyzn	20	01:05:27	01:33:47	01:33:55.45	01:33:55.45	+00:23:26 (25.0%)	7:49	7.7 (75.5%)
31	JUDEK Łukasz	3004	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	8	01:05:25	01:33:49	01:33:56.55	01:33:56.55	+00:23:27 (25.0%)	7:49	7.7 (75.5%)
32	WIELOGÓRSKI Karol	3171	BIEGUN OCR TEAM	Elite Mężczyzn	21	01:07:13	01:33:52	01:33:58.40	01:33:58.40	+00:23:29 (25.0%)	7:49	7.7 (75.5%)
33	DERYŁO Mateusz	3027	KONIU SQUAD	Elite Mężczyzn	22	01:06:49	01:33:54	01:34:01.80	01:34:01.80	+00:23:32 (25.0%)	7:50	7.7 (75.5%)
34	CHOMICZ Krzysztof	3048	SOCIOS SILESIA	Open Masters Mężczyzn	2	01:01:17	01:33:47	01:34:09.50	01:34:09.50	+00:23:40 (25.1%)	7:50	7.6 (74.5%)
35	PIWNIK Bartosz	3033	LEMON TEAM	Elite Mężczyzn	23	01:07:29	01:34:09	01:34:18.45	01:34:18.45	+00:23:49 (25.3%)	7:51	7.6 (74.5%)
36	ROZKOCHA Anna	3153	FITPARK TEAM	Elite Kobiet	2	01:08:27	01:34:17	01:34:25.40	01:34:25.40	+00:23:56 (25.4%)	7:52	7.6 (74.5%)
37	HANUSIAK Leszek	3028	KONIU SQUAD	Elite Mężczyzn	24	01:04:08	01:34:52	01:34:59.05	01:34:59.05	+00:24:30 (25.8%)	7:54	7.6 (74.5%)
38	DOMAGAŁA Dominik	3056	BEFIT24TEAM	Elite Mężczyzn	25	01:06:31	01:35:11	01:35:16.45	01:35:16.45	+00:24:47 (26.0%)	7:56	7.6 (74.5%)

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39	PELC Hubert	3053	WATAHA OCR PRZEMYSŁ	Elite Mężczyzn	26	01:06:36	01:35:11	01:35:16.55	01:35:16.55	+00:24:47 (26.0%)	7:56	7.6 (74.5%)
40	KAŹMIERCZYK Marek	3260		Open Mężczyzn	2	01:10:39	01:35:47	01:35:57.50	01:35:57.50	+00:25:28 (26.5%)	7:59	7.5 (73.5%)
41	TOMAKA Tomasz	3011	CARPATHIAN RUNNERS	Elite Mężczyzn	27	01:08:34	01:36:14	01:36:24.40	01:36:24.40	+00:25:55 (26.9%)	8:02	7.5 (73.5%)
42	KORZENNY Wojciech	3032	LEMON TEAM	Elite Masters Mężczyzn	9	01:04:55	01:36:23	01:36:31.55	01:36:31.55	+00:26:02 (27.0%)	8:02	7.5 (73.5%)
43	KUDŁACIK Krzysztof	3859		Open Masters Mężczyzn	3	01:06:46	01:36:21	01:36:32.05	01:36:32.05	+00:26:03 (27.0%)	8:02	7.5 (73.5%)
44	SZEGDA Michał	3067		Elite Mężczyzn	28	01:06:39	01:36:52	01:37:01.45	01:37:01.45	+00:26:32 (27.4%)	8:05	7.4 (72.5%)
45	BACHUL Tomasz	3054		Elite Mężczyzn	29	01:03:35	01:37:04	01:37:11.60	01:37:11.60	+00:26:42 (27.5%)	8:05	7.4 (72.5%)
46	FRAŃCZEK Janusz	3127		Elite Masters Mężczyzn	10	01:09:42	01:37:21	01:37:27.45	01:37:27.45	+00:26:58 (27.7%)	8:07	7.4 (72.5%)
47	CZACH Tobiasz	3010	CARPATHIAN RUNNERS	Elite Mężczyzn	30	01:07:42	01:37:21	01:37:28.95	01:37:28.95	+00:26:59 (27.7%)	8:07	7.4 (72.5%)
48	PATYK Tomasz	3075	BEFIT24TEAM	Elite Mężczyzn	31	01:09:02	01:37:27	01:37:35.95	01:37:35.95	+00:27:06 (27.8%)	8:07	7.4 (72.5%)
49	DOMINEK Grzegorz	3014	FIT MORE RYBNIK	Elite Masters Mężczyzn	11	00:58:02	01:37:40	01:37:47.65	01:37:47.65	+00:27:18 (27.9%)	8:08	7.4 (72.5%)
50	KRAWIECKI Mateusz	3100	RUNMAGEDDON TEAM	Open Mężczyzn	3	00:53:36	01:38:23	01:38:37.20	01:38:37.20	+00:28:08 (28.5%)	8:13	7.3 (71.6%)
51	KONIECZNA Żaneta	3143	BEFIT24TEAM	Elite Kobiet	3	01:12:25	01:38:30	01:38:37.45	01:38:37.45	+00:28:08 (28.5%)	8:13	7.3 (71.6%)
52	PAWLIKOWSKI Piotrek	3039	OCR WATAHA PRZEMYSŁ	Elite Mężczyzn	32	01:06:16	01:38:33	01:38:44.20	01:38:44.20	+00:28:15 (28.6%)	8:13	7.3 (71.6%)
53	WIENDLOCHA Paweł	3050	SOCIOS SILESIA	Elite Masters Mężczyzn	12	00:58:55	01:38:39	01:38:52.85	01:38:52.85	+00:28:23 (28.7%)	8:14	7.3 (71.6%)
54	GROMADZKI Adam	3176	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	33	01:11:27	01:39:01	01:39:08.15	01:39:08.15	+00:28:39 (28.9%)	8:15	7.3 (71.6%)
55	STEG Tomasz	3036	NASC	Elite Mężczyzn	34	01:04:17	01:39:16	01:39:24.35	01:39:24.35	+00:28:55 (29.1%)	8:17	7.2 (70.6%)
56	KACPERSKI Jacek	3020	GORĄCY POTOK TEAM	Elite Masters Mężczyzn	13	00:58:09	01:39:27	01:39:34.95	01:39:34.95	+00:29:05 (29.2%)	8:17	7.2 (70.6%)
57	KORMAN Jakub	3712	DZIKI_ORLINSKIEGO	Open Mężczyzn	4	01:08:17	01:39:29	01:39:41.10	01:39:41.10	+00:29:12 (29.3%)	8:18	7.2 (70.6%)
58	KOLAWA Dawid	3132		Elite Mężczyzn	35	01:11:58	01:39:32	01:39:41.35	01:39:41.35	+00:29:12 (29.3%)	8:18	7.2 (70.6%)
59	RACZEK Radosław	3024	GORĄCY POTOK TEAM	Elite Mężczyzn	36	01:01:02	01:39:36	01:39:46.05	01:39:46.05	+00:29:17 (29.4%)	8:18	7.2 (70.6%)
60	MAZGAJ Konrad	3106	KONIU SQUAD	Elite Mężczyzn	37	01:11:25	01:39:40	01:39:48.95	01:39:48.95	+00:29:19 (29.4%)	8:19	7.2 (70.6%)
61	CICHOWICZ Łukasz	3089	FITPARK TEAM	Elite Mężczyzn	38	01:08:01	01:40:13	01:40:20.70	01:40:20.70	+00:29:51 (29.8%)	8:21	7.2 (70.6%)

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62	WAŃCZYK Łukasz	3078	BEFIT24TEAM	Elite Masters Mężczyzn	14	01:11:44	01:40:16	01:40:24.50	01:40:24.50	+00:29:55 (29.8%)	8:22	7.2 (70.6%)
63	DEPO Wojciech	3090	FITPARK TEAM	Elite Mężczyzn	39	01:10:42	01:40:23	01:40:32.75	01:40:32.75	+00:30:03 (29.9%)	8:22	7.2 (70.6%)
64	GRZEGORZYCA Szymon	3174	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	40	01:11:47	01:40:47	01:40:54.40	01:40:54.40	+00:30:25 (30.1%)	8:24	7.1 (69.6%)
65	MIŚKOWIEC Szymon	3346		Open Mężczyzn	5	01:10:53	01:41:08	01:41:18.20	01:41:18.20	+00:30:49 (30.4%)	8:26	7.1 (69.6%)
66	KRÓLEWSKI Karol	3074	BEFIT24TEAM	Elite Mężczyzn	41	01:11:21	01:41:11	01:41:18.95	01:41:18.95	+00:30:49 (30.4%)	8:26	7.1 (69.6%)
67	KLONOWSKI Kamil	3026	KLONO TEAM	Elite Mężczyzn	42	01:10:11	01:41:21	01:41:30.50	01:41:30.50	+00:31:01 (30.6%)	8:27	7.1 (69.6%)
68	KOZAK Marek	3263		Open Mężczyzn	6	01:11:46	01:41:26	01:41:33.40	01:41:33.40	+00:31:04 (30.6%)	8:27	7.1 (69.6%)
69	HUDASZEK Zbigniew	3563	DRAGON RUNNERS	Open Mężczyzn	7	01:13:25	01:41:30	01:41:39.10	01:41:39.10	+00:31:10 (30.7%)	8:28	7.1 (69.6%)
70	DYKAS Adam	3058		Elite Masters Mężczyzn	15	01:12:02	01:43:06	01:43:15.30	01:43:15.30	+00:32:46 (31.7%)	8:36	7 (68.6%)
71	ZIEJKA Przemysław	3013	DZIKI_ORLINSKIEGO	Open Mężczyzn	8	01:10:33	01:43:33	01:43:42.20	01:43:42.20	+00:33:13 (32.0%)	8:38	6.9 (67.6%)
72	SOBANIA Andreas	3216	VAGOS BROS	Open Mężczyzn	9	01:12:30	01:43:48	01:43:58.60	01:43:58.60	+00:33:29 (32.2%)	8:39	6.9 (67.6%)
73	MARTYŃSKI Dawid	3062		Open Mężczyzn	10	00:59:19	01:43:49	01:44:00.55	01:44:00.55	+00:33:31 (32.2%)	8:40	6.9 (67.6%)
74	DUBIEL Kamil	3017	FITPARK TEAM	Elite Mężczyzn	43	01:14:16	01:44:00	01:44:07.85	01:44:07.85	+00:33:38 (32.3%)	8:40	6.9 (67.6%)
75	GRABIEC Hubert	3251		Open Mężczyzn	11	01:14:06	01:44:08	01:44:16.20	01:44:16.20	+00:33:47 (32.4%)	8:41	6.9 (67.6%)
76	K Igor	3426		Open Mężczyzn	12	01:15:19	01:44:30	01:44:38.95	01:44:38.95	+00:34:09 (32.6%)	8:43	6.9 (67.6%)
77	BRZEŻNY Bartosz	3215	VAGOS BROS	Open Mężczyzn	13	01:12:28	01:44:51	01:45:07.05	01:45:07.05	+00:34:38 (32.9%)	8:45	6.8 (66.7%)
78	BORYCZKA Mateusz	3016	FITPARK TEAM	Elite Mężczyzn	44	00:51:11	01:45:13	01:45:23.05	01:45:23.05	+00:34:54 (33.1%)	8:46	6.8 (66.7%)
79	HOLEWA Grzegorz	3648	DZIKI TEAM KWI!	Open Mężczyzn	14	01:15:13	01:45:44	01:45:51.80	01:45:51.80	+00:35:22 (33.4%)	8:49	6.8 (66.7%)
80	JAŚKO Tomasz	3003	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	45	01:14:50	01:45:44	01:45:54.15	01:45:54.15	+00:35:25 (33.4%)	8:49	6.8 (66.7%)
81	CHADOV Andrey	3088	FITPARK TEAM	Elite Mężczyzn	46	01:16:18	01:46:02	01:46:10.35	01:46:10.35	+00:35:41 (33.6%)	8:50	6.8 (66.7%)
82	REWAK Dominik	3877		Open Mężczyzn	15	01:15:56		01:46:17.25	01:46:17.25	+00:35:48 (33.7%)	8:51	6.8 (66.7%)
83	ZAWARTKA Dominik	3086	DIAGNOSTYKA S.A.	Elite Masters Mężczyzn	16	01:16:11	01:46:09	01:46:18.40	01:46:18.40	+00:35:49 (33.7%)	8:51	6.8 (66.7%)
84	MROŻEK Marcin	3848		Open Mężczyzn	16	01:16:31	01:46:09	01:46:22.95	01:46:22.95	+00:35:53 (33.7%)	8:51	6.8 (66.7%)

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85	MUCHA Krzysztof	3063		Open Mężczyzn	17	01:13:06	01:46:15	01:46:24.80	01:46:24.80	+00:35:55 (33.8%)	8:52	6.8 (66.7%)
86	GARLEWICZ Bartosz	3092	FITPARK TEAM	Elite Mężczyzn	47	01:16:23	01:46:17	01:46:25.85	01:46:25.85	+00:35:56 (33.8%)	8:52	6.8 (66.7%)
87	RUTKOWSKI Szymon	3030	KONIU SQUAD	Elite Masters Mężczyzn	17	01:15:17	01:46:31	01:46:39.50	01:46:39.50	+00:36:10 (33.9%)	8:53	6.8 (66.7%)
88	KALINOWSKA Karolina	3160	RUNMAGEDDON TEAM	Elite Kobiet	4	01:09:40	01:46:36	01:46:44.45	01:46:44.45	+00:36:15 (34.0%)	8:53	6.7 (65.7%)
89	RADNY Michał	3107	KONIU SQUAD	Elite Mężczyzn	48	01:16:14	01:47:15	01:47:24.30	01:47:24.30	+00:36:55 (34.4%)	8:57	6.7 (65.7%)
90	HOMAN Grzegorz	3254		Open Mężczyzn	18	01:17:25	01:47:18	01:47:26.05	01:47:26.05	+00:36:57 (34.4%)	8:57	6.7 (65.7%)
91	BORYS Kacper	3733		Open Mężczyzn	19	01:18:19	01:47:42	01:47:48.20	01:47:48.20	+00:37:19 (34.6%)	8:59	6.7 (65.7%)
92	KOCZUR Cyprian	3802	FUNKY FIT TEAM	Open Mężczyzn	20	01:18:12	01:48:00	01:48:07.95	01:48:07.95	+00:37:38 (34.8%)	9:00	6.7 (65.7%)
93	SOBOL Bartłomiej	3440		Open Mężczyzn	21	01:15:02	01:47:58	01:48:09.85	01:48:09.85	+00:37:40 (34.8%)	9:00	6.7 (65.7%)
94	JARZĄBEK Victoria	3172	CARBON SILESIA SPORT BY VITARADE	Elite Kobiet	5	01:17:28	01:48:31	01:48:37.20	01:48:37.20	+00:38:08 (35.1%)	9:03	6.6 (64.7%)
95	ŁOPATKIEWICZ Anna	3152	FITPARK TEAM	Elite Kobiet	6	01:18:18	01:48:42	01:48:51.70	01:48:51.70	+00:38:22 (35.3%)	9:04	6.6 (64.7%)
96	PŁONKA Wojciech	3695		Open Mężczyzn	22	01:15:55	01:49:13	01:49:22.25	01:49:22.25	+00:38:53 (35.6%)	9:06	6.6 (64.7%)
97	OPACKI Szymon	3498		Open Mężczyzn	23	01:18:04	01:49:39	01:49:47.00	01:49:47.00	+00:39:17 (35.8%)	9:08	6.6 (64.7%)
98	KOŚCIELNIAK Barbara	3151	FITPARK TEAM	Elite Masters Kobiet	1	01:19:11	01:49:43	01:49:51.75	01:49:51.75	+00:39:22 (35.8%)	9:09	6.6 (64.7%)
99	SZPAK Jakub	3116	OCR ŻARNÓWKA	Open Mężczyzn	24	01:10:12	01:49:45	01:49:55.35	01:49:55.35	+00:39:26 (35.9%)	9:09	6.6 (64.7%)
100	KRZYSTYNIAK Robert	3021	GORĄCY POTOK TEAM	Open Masters Mężczyzn	4	00:57:44	01:49:51	01:50:00.15	01:50:00.15	+00:39:31 (35.9%)	9:10	6.5 (63.7%)
101	FIETKO Maciej	3423	MMM - RMG SAN	Open Mężczyzn	25	01:17:00	01:50:45	01:50:54.05	01:50:54.05	+00:40:25 (36.4%)	9:14	6.5 (63.7%)
102	JĘDRAL Mateusz	3425	MMM - RMG SAN	Open Mężczyzn	26	01:17:00	01:50:44	01:50:54.15	01:50:54.15	+00:40:25 (36.4%)	9:14	6.5 (63.7%)
103	BOĆKO Jakub	3217	WŚCIEKŁE BOBRY	Open Mężczyzn	27	01:17:32		01:51:28.70	01:51:28.70	+00:40:59 (36.8%)	9:17	6.5 (63.7%)
104	KOSIŃSKI Tomasz	3713	EXTREME WAYS	Open Mężczyzn	28	01:19:09	01:51:25	01:51:33.35	01:51:33.35	+00:41:04 (36.8%)	9:17	6.5 (63.7%)
105	SERAFIN Antoni	3123	TEAM PRIMABIOTIC	Elite Mężczyzn	49	01:21:20	01:51:52	01:51:59.05	01:51:59.05	+00:41:30 (37.1%)	9:19	6.4 (62.7%)
106	ŁUSZCZAK Anna	3159	LEMON TEAM	Elite Kobiet	7	01:20:18	01:52:39	01:52:47.85	01:52:47.85	+00:42:18 (37.5%)	9:23	6.4 (62.7%)
107	KOWALSKI Tomek	3051	SZWAGRY OCR TEAM	Elite Mężczyzn	50	01:20:40	01:52:48	01:52:56.45	01:52:56.45	+00:42:27 (37.6%)	9:24	6.4 (62.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
108	KOWALCZYK Piotr	3059	OCR KRAKÓW	Elite Masters Mężczyzn	18	01:19:03	01:52:57	01:53:06.25	01:53:06.25	+00:42:37 (37.7%)	9:25	6.4 (62.7%)
109	HAŁAS Mateusz	3544		Open Mężczyzn	29	01:21:31	01:52:55	01:53:06.50	01:53:06.50	+00:42:37 (37.7%)	9:25	6.4 (62.7%)
110	WALCZAK Wojciech	3305		Open Masters Mężczyzn	5	01:16:38	01:53:24	01:53:31.80	01:53:31.80	+00:43:02 (37.9%)	9:27	6.3 (61.8%)
111	MACHERA Rafał	3271		Open Mężczyzn	30	01:18:59	01:53:35	01:53:43.45	01:53:43.45	+00:43:14 (38.0%)	9:28	6.3 (61.8%)
112	SKOWRON Bartosz	3034	LEMON TEAM	Elite Mężczyzn	51	01:20:39	01:54:08	01:54:17.45	01:54:17.45	+00:43:48 (38.3%)	9:31	6.3 (61.8%)
113	KASPRZYK Bartek	3831		Open Mężczyzn	31	01:19:42	01:54:28	01:54:37.70	01:54:37.70	+00:44:08 (38.5%)	9:33	6.3 (61.8%)
114	IWAŃSKI Mateusz	3255		Open Mężczyzn	32	01:20:51	01:54:31	01:54:39.50	01:54:39.50	+00:44:10 (38.5%)	9:33	6.3 (61.8%)
115	STOLECKI Piotr	3774		Open Mężczyzn	33	01:21:29	01:54:49	01:54:56.90	01:54:56.90	+00:44:27 (38.7%)	9:34	6.3 (61.8%)
116	KARBOWNICZEK Tomasz	3073	BEFIT24TEAM	Elite Masters Mężczyzn	19	01:21:01	01:54:54	01:55:02.15	01:55:02.15	+00:44:33 (38.7%)	9:35	6.3 (61.8%)
117	SŁAWIK Maciej	3771		Open Mężczyzn	34	01:22:13	01:54:50	01:55:03.30	01:55:03.30	+00:44:34 (38.7%)	9:35	6.3 (61.8%)
118	HOLONA Marcin	3749		Open Mężczyzn	35	01:22:13	01:54:57	01:55:04.45	01:55:04.45	+00:44:35 (38.7%)	9:35	6.3 (61.8%)
119	KAJSTRA Mariusz	3343		Open Mężczyzn	36	01:18:42	01:54:55	01:55:06.20	01:55:06.20	+00:44:37 (38.8%)	9:35	6.3 (61.8%)
120	WOWRA Piotr	3459	SOCIOS SILESIA	Open Mężczyzn	37	01:19:10	01:55:11	01:55:20.40	01:55:20.40	+00:44:51 (38.9%)	9:36	6.2 (60.8%)
121	PISARCZYK Karolina	3144	BEFIT24TEAM	Elite Kobiet	8	01:21:27	01:55:22	01:55:32.65	01:55:32.65	+00:45:03 (39.0%)	9:37	6.2 (60.8%)
122	KRASEK Tomasz	3796		Open Masters Mężczyzn	6	01:19:02	01:55:25	01:55:35.80	01:55:35.80	+00:45:06 (39.0%)	9:37	6.2 (60.8%)
123	KORYTOWSKI Dariusz	3815		Open Mężczyzn	38	01:18:59	01:55:45	01:55:54.85	01:55:54.85	+00:45:25 (39.2%)	9:39	6.2 (60.8%)
124	KRAWCZAK Emil	3135		Elite Mężczyzn	52	01:23:41	01:55:58	01:56:08.85	01:56:08.85	+00:45:39 (39.3%)	9:40	6.2 (60.8%)
125	TESZNAR Tomasz	3781		Open Mężczyzn	39	01:21:23	01:56:01	01:56:10.10	01:56:10.10	+00:45:41 (39.3%)	9:40	6.2 (60.8%)
126	NIEZGODZKI Bartłomiej	3762		Open Mężczyzn	40	01:21:25	01:56:02	01:56:10.35	01:56:10.35	+00:45:41 (39.3%)	9:40	6.2 (60.8%)
127	KOCHANEK Bartosz	3130		Elite Mężczyzn	53	01:24:01	01:56:30	01:56:39.45	01:56:39.45	+00:46:10 (39.6%)	9:43	6.2 (60.8%)
128	MIKA Marek	3177	SOCIOS SILESIA	Elite Mężczyzn	54	01:23:07	01:56:32	01:56:41.05	01:56:41.05	+00:46:12 (39.6%)	9:43	6.2 (60.8%)
129	KIJAK Damian	3756		Open Mężczyzn	41	01:22:59	01:56:37	01:56:43.90	01:56:43.90	+00:46:14 (39.6%)	9:43	6.2 (60.8%)
130	OGORZAŁEK Andrzej	3436		Open Mężczyzn	42	01:25:02	01:56:40	01:56:54.40	01:56:54.40	+00:46:25 (39.7%)	9:44	6.2 (60.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
131	ŚMIAŁKOWSKI Kamil	3066		Elite Mężczyzn	55	01:21:45	01:56:47	01:56:54.70	01:56:54.70	+00:46:25 (39.7%)	9:44	6.2 (60.8%)
132	RYBA Mateusz	3555		Open Mężczyzn	43	01:24:16	01:57:06	01:57:14.45	01:57:14.45	+00:46:45 (39.9%)	9:46	6.1 (59.8%)
133	GANCARCZYK Michał	3684		Open Mężczyzn	44	01:21:33	01:57:06	01:57:16.20	01:57:16.20	+00:46:47 (39.9%)	9:46	6.1 (59.8%)
134	WOREK Elias	3352		Open Mężczyzn	45	01:23:13	01:57:08	01:57:17.35	01:57:17.35	+00:46:48 (39.9%)	9:46	6.1 (59.8%)
135	SŁABIK Łukasz	3699		Open Mężczyzn	46	01:21:08	01:57:15	01:57:22.80	01:57:22.80	+00:46:53 (40.0%)	9:46	6.1 (59.8%)
136	BIAŁEK Antonina	3800	#JAKTOSIA	Open Kobiet	1	01:20:33	01:57:15	01:57:24.10	01:57:24.10	+00:46:55 (40.0%)	9:47	6.1 (59.8%)
137	MICHNIAK Andrzej	3801	#JAKTOSIA	Open Masters Mężczyzn	7		01:57:16	01:57:25.90	01:57:25.90	+00:46:56 (40.0%)	9:47	6.1 (59.8%)
138	KASZUBA Paweł	3688		Open Mężczyzn	47	01:22:36	01:57:26	01:57:35.70	01:57:35.70	+00:47:06 (40.1%)	9:47	6.1 (59.8%)
139	WICHTOWSK Szczupakiero	3351		Open Mężczyzn	48	01:22:18	01:57:37	01:57:45.90	01:57:45.90	+00:47:16 (40.1%)	9:48	6.1 (59.8%)
140	JONIEC Marek	3342		Open Mężczyzn	49	01:23:11	01:57:46	01:57:53.60	01:57:53.60	+00:47:24 (40.2%)	9:49	6.1 (59.8%)
141	WOJNAR Bartłomiej	3622		Open Masters Mężczyzn	8	01:15:57	01:58:04	01:58:11.05	01:58:11.05	+00:47:42 (40.4%)	9:50	6.1 (59.8%)
142	DU Da	3422		Open Mężczyzn	50	01:22:37	01:58:08	01:58:15.75	01:58:15.75	+00:47:46 (40.4%)	9:51	6.1 (59.8%)
143	SWACHTA Marek	3574	SPM TEAM	Open Mężczyzn	51	01:24:02	01:59:23	01:59:32.85	01:59:32.85	+00:49:03 (41.0%)	9:57	6 (58.8%)
144	SWACHTA Patrycja	3575	SPM TEAM	Open Kobiet	2	01:24:01	01:59:23	01:59:33.05	01:59:33.05	+00:49:04 (41.0%)	9:57	6 (58.8%)
145	RUMAU Mikalai	3770		Open Mężczyzn	52	01:22:08	01:59:24	01:59:35.10	01:59:35.10	+00:49:06 (41.1%)	9:57	6 (58.8%)
146	SIEMIĄTKOWSKI Jakub	3077	BEFIT24TEAM	Elite Masters Mężczyzn	20	01:26:22	01:59:32	01:59:40.45	01:59:40.45	+00:49:11 (41.1%)	9:58	6 (58.8%)
147	CZAPLICKI Piotr	3469		Open Mężczyzn	53	01:23:00	01:59:36	01:59:45.55	01:59:45.55	+00:49:16 (41.1%)	9:58	6 (58.8%)
148	ŚLIWA Jakub	3876		Open Mężczyzn	54	01:07:59	01:59:42	02:00:08.00	02:00:08.00	+00:49:38 (41.3%)	10:00	6 (58.8%)
149	WYSOTA Jakub	3310		Open Mężczyzn	55	01:26:19	02:00:07	02:00:14.85	02:00:14.85	+00:49:45 (41.4%)	10:01	6 (58.8%)
150	ŚMIŁEK Norbert	3400		Open Mężczyzn	56	01:25:10	02:00:10	02:00:19.05	02:00:19.05	+00:49:50 (41.4%)	10:01	6 (58.8%)
151	TANCINCO Jacek	3510		Open Mężczyzn	57	01:26:32	02:00:10	02:00:21.30	02:00:21.30	+00:49:52 (41.4%)	10:01	6 (58.8%)
152	MORAWIEC Adrian	3883	MRÓWKI 2	Open Mężczyzn	58	01:23:26	02:00:33	02:00:42.85	02:00:42.85	+00:50:13 (41.6%)	10:03	6 (58.8%)
153	CZOPEK Miłosz	3244		Open Masters Mężczyzn	9	01:25:29	01:59:41	02:01:01.85	02:01:01.85	+00:50:32 (41.8%)	10:05	5.9 (57.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
154	REŚ Daniel	3350		Open Mężczyzn	59	01:23:08	02:01:00	02:01:05.30	02:01:05.30	+00:50:36 (41.8%)	10:05	5.9 (57.8%)
155	JEZIORSKI Marcin	3129		Elite Masters Mężczyzn	21	01:25:16	02:01:01	02:01:12.05	02:01:12.05	+00:50:43 (41.8%)	10:06	5.9 (57.8%)
156	FLESZU Gabriello	3339		Open Mężczyzn	60	01:23:07	02:01:07	02:01:13.85	02:01:13.85	+00:50:44 (41.9%)	10:06	5.9 (57.8%)
157	DZIURDA Krzysztof	3091	FITPARK TEAM	Elite Mężczyzn	56	01:26:17	02:01:10	02:01:20.90	02:01:20.90	+00:50:51 (41.9%)	10:06	5.9 (57.8%)
158	WYLĘŻEK Mateusz	3009	CARBON SILESIA SPORT BY VITARADE	Open Mężczyzn	61	01:08:42	02:01:12	02:01:21.60	02:01:21.60	+00:50:52 (41.9%)	10:06	5.9 (57.8%)
159	GÓRKA Szymon	3364	KOMANDOSI Z OPOLA	Open Mężczyzn	62	01:22:25	02:01:15	02:01:23.90	02:01:23.90	+00:50:54 (41.9%)	10:06	5.9 (57.8%)
160	Thomas	3363	KOMANDOSI Z OPOLA	Open Mężczyzn	63	01:22:26	02:01:15	02:01:24.05	02:01:24.05	+00:50:55 (41.9%)	10:07	5.9 (57.8%)
161	WARCZALA Adam	3083	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	57	01:27:02	02:01:22	02:01:28.50	02:01:28.50	+00:50:59 (42.0%)	10:07	5.9 (57.8%)
162	VAZ Alexander	3722	TEAM PIEC	Open Mężczyzn	64	01:22:27	02:01:17	02:01:29.95	02:01:29.95	+00:51:00 (42.0%)	10:07	5.9 (57.8%)
163	KOŁACIŃSKI Kacper	3565	NETBOX BIEGA	Open Mężczyzn	65	01:27:38	02:01:28	02:01:34.65	02:01:34.65	+00:51:05 (42.0%)	10:07	5.9 (57.8%)
164	FALEJCZYK Marcin	3001	13 ŚLĄSKA BRYGADA OT	Open Mężczyzn	66	01:11:20	02:01:44	02:01:53.85	02:01:53.85	+00:51:24 (42.2%)	10:09	5.9 (57.8%)
164	GABRYŚ Dawid	3249		Open Mężczyzn	66	01:25:13	02:01:44	02:01:53.85	02:01:53.85	+00:51:24 (42.2%)	10:09	5.9 (57.8%)
166	JANECZEK Krzysztof	3837		Open Mężczyzn	68	01:26:58	02:01:54	02:02:02.40	02:02:02.40	+00:51:33 (42.2%)	10:10	5.9 (57.8%)
167	KOŁODZIEJCZYK Mateusz	3479		Open Mężczyzn	69	01:27:11	02:01:58	02:02:05.00	02:02:05.00	+00:51:35 (42.3%)	10:10	5.9 (57.8%)
168	ZARZYCKI Konrad	3122	SOCIOS SILESIA	Elite Masters Mężczyzn	22	01:26:33	02:01:57	02:02:07.50	02:02:07.50	+00:51:38 (42.3%)	10:10	5.9 (57.8%)
169	KNOP Sylwia	3157	LEMON TEAM	Elite Kobiet	9	01:25:43	02:02:06	02:02:14.75	02:02:14.75	+00:51:45 (42.3%)	10:11	5.9 (57.8%)
170	KARKOSZKA Bartłomiej	3112	OCR KRAKÓW	Elite Mężczyzn	58	01:30:04	02:02:06	02:02:15.65	02:02:15.65	+00:51:46 (42.3%)	10:11	5.9 (57.8%)
171	JANAS Krystian	3475		Open Mężczyzn	70	01:25:54	02:02:15	02:02:21.75	02:02:21.75	+00:51:52 (42.4%)	10:11	5.9 (57.8%)
172	CHRUŚCICKA Malwina	3243		Open Kobiet	3	01:25:46	02:02:32	02:02:43.95	02:02:43.95	+00:52:14 (42.6%)	10:13	5.9 (57.8%)
173	RAKOCZY Piotr	3697		Open Mężczyzn	71	01:23:13	02:02:37	02:03:00.00	02:03:00.00	+00:52:30 (42.7%)	10:15	5.9 (57.8%)
174	STOLARCZYK Adrian	3314	DZIKI_ORLINSKIEGO	Open Mężczyzn	72	01:25:54	02:02:53	02:03:01.60	02:03:01.60	+00:52:32 (42.7%)	10:15	5.9 (57.8%)
175	BARANOWSKA Katarzyna	3154	GORĄCY POTOK TEAM	Open Kobiet	4	01:11:38	02:02:50	02:03:06.95	02:03:06.95	+00:52:37 (42.7%)	10:15	5.8 (56.9%)
176	ŚNIEŻKO-BŁOCKI Błażej	3121	SOCIOS SILESIA	Elite Mężczyzn	59	01:26:01	02:03:01	02:03:11.35	02:03:11.35	+00:52:42 (42.8%)	10:15	5.8 (56.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
177	ŁATA Dawid	3087	DZIKI_ORLINSKIEGO	Elite Mężczyzn	60	01:12:18	02:03:12	02:03:19.50	02:03:19.50	+00:52:50 (42.8%)	10:16	5.8 (56.9%)
178	JANIAK Łukasz	3079	BIEGAJĄCE CHLORY	Elite Mężczyzn	61	01:25:34	02:03:13	02:03:23.20	02:03:23.20	+00:52:54 (42.9%)	10:16	5.8 (56.9%)
179	ZWIERZ Jakub	3178	BIEGAJĄCE CHLORY	Elite Mężczyzn	62	01:25:32	02:03:13	02:03:23.25	02:03:23.25	+00:52:54 (42.9%)	10:16	5.8 (56.9%)
180	KARAŚ Konrad	3344		Open Mężczyzn	73	01:26:25		02:03:32.95	02:03:32.95	+00:53:03 (43.0%)	10:17	5.8 (56.9%)
181	URYSZEK Marcin	3082	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	63	01:20:12	02:04:10	02:04:19.45	02:04:19.45	+00:53:50 (43.3%)	10:21	5.8 (56.9%)
182	MAZGAJSKI Jarosław	3139		Elite Mężczyzn	64	01:28:51	02:05:00	02:05:10.00	02:05:10.00	+00:54:40 (43.7%)	10:25	5.8 (56.9%)
183	RURAŃSKA Joanna	3161	SOCIOS SILESIA	Elite Masters Kobiet	2	01:30:07	02:05:18	02:05:26.45	02:05:26.45	+00:54:57 (43.8%)	10:27	5.7 (55.9%)
184	ROGULSKI Mateusz	3282		Open Mężczyzn	74	01:26:18	02:05:31	02:05:40.75	02:05:40.75	+00:55:11 (43.9%)	10:28	5.7 (55.9%)
185	BUGDOL Piotr	3736		Open Mężczyzn	75	01:27:26	02:05:34	02:05:40.80	02:05:40.80	+00:55:11 (43.9%)	10:28	5.7 (55.9%)
186	SCHMIDT Paweł	3076	BEFIT24TEAM	Elite Masters Mężczyzn	23	01:30:57	02:05:42	02:05:49.70	02:05:49.70	+00:55:20 (44.0%)	10:29	5.7 (55.9%)
187	WOJTASIK Przemysław	3444		Open Mężczyzn	76	01:29:28	02:05:52	02:06:01.55	02:06:01.55	+00:55:32 (44.1%)	10:30	5.7 (55.9%)
188	KRUTAK Kamil	3095	FITPARK TEAM	Elite Mężczyzn	65	01:29:32	02:05:59	02:06:10.70	02:06:10.70	+00:55:41 (44.1%)	10:30	5.7 (55.9%)
189	DERYŁO Mateusz	3119	SOCIOS SILESIA	Elite Mężczyzn	66	01:29:28	02:06:14	02:06:22.95	02:06:22.95	+00:55:53 (44.2%)	10:31	5.7 (55.9%)
190	ROSZKO Rafał	3830		Open Mężczyzn	77	01:32:41	02:06:45	02:06:57.05	02:06:57.05	+00:56:28 (44.5%)	10:34	5.7 (55.9%)
191	JASKUŁA Jerzy	3378		Open Mężczyzn	78	01:30:54	02:06:53	02:07:01.95	02:07:01.95	+00:56:32 (44.5%)	10:35	5.7 (55.9%)
191	MAZUR Jakub	3387		Open Mężczyzn	78	01:30:54	02:06:52	02:07:01.95	02:07:01.95	+00:56:32 (44.5%)	10:35	5.7 (55.9%)
193	CZERW Adam	3743		Open Masters Mężczyzn	10	01:30:02	02:07:08	02:07:20.85	02:07:20.85	+00:56:51 (44.7%)	10:36	5.7 (55.9%)
194	ŚLIWA Marcin	3700		Open Mężczyzn	80	01:32:14	02:07:12	02:07:21.55	02:07:21.55	+00:56:52 (44.7%)	10:36	5.7 (55.9%)
195	TSELESH Jerzy	3324	LUBIĘ BURPEESY	Open Mężczyzn	81	01:27:25	02:07:24	02:07:32.60	02:07:32.60	+00:57:03 (44.7%)	10:37	5.6 (54.9%)
196	TRASKO Uładzimir	3323	LUBIĘ BURPEESY	Open Mężczyzn	82	01:27:22	02:07:23	02:07:32.85	02:07:32.85	+00:57:03 (44.7%)	10:37	5.6 (54.9%)
197	TOMCZAK Kamil	3452	INFLOW RZESZÓW	Open Mężczyzn	83	01:28:32	02:07:43	02:07:49.50	02:07:49.50	+00:57:20 (44.9%)	10:39	5.6 (54.9%)
198	MROCZKA Marcin	3494		Open Mężczyzn	84	01:28:32	02:07:45	02:07:50.30	02:07:50.30	+00:57:21 (44.9%)	10:39	5.6 (54.9%)
199	OBRUŚNIK Dawid	3497		Open Mężczyzn	85	01:28:00	02:07:43	02:07:51.35	02:07:51.35	+00:57:22 (44.9%)	10:39	5.6 (54.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
200	NAWROCKI Piotr	3007	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	67	01:27:57	02:08:17	02:08:23.80	02:08:23.80	+00:57:54 (45.1%)	10:41	5.6 (54.9%)
201	BUJAK Damian	3419		Open Mężczyzn	86	01:28:08	02:07:57	02:08:25.65	02:08:25.65	+00:57:56 (45.1%)	10:42	5.6 (54.9%)
202	KOWALIK Bartek	3721	TEAM PIEC	Open Mężczyzn	87	01:30:35	02:08:29	02:08:35.20	02:08:35.20	+00:58:06 (45.2%)	10:42	5.6 (54.9%)
203	NOWAK Mariusz	3764		Open Masters Mężczyzn	11	01:30:11	02:08:37	02:08:46.40	02:08:46.40	+00:58:17 (45.3%)	10:43	5.6 (54.9%)
204	Kamil	3728		Open Mężczyzn	88	01:32:09	02:08:50	02:08:59.45	02:08:59.45	+00:58:30 (45.4%)	10:44	5.6 (54.9%)
205	CHMIELOWIEC Przemysław	3592		Open Mężczyzn	89	01:30:54	02:09:46	02:09:55.40	02:09:55.40	+00:59:26 (45.7%)	10:49	5.5 (53.9%)
206	BATOR Norbert	3335		Open Mężczyzn	90	01:29:45	02:09:48	02:09:57.55	02:09:57.55	+00:59:28 (45.8%)	10:49	5.5 (53.9%)
207	SKROBOL Adrian	3698		Open Mężczyzn	91	01:28:32	02:09:54	02:10:03.40	02:10:03.40	+00:59:34 (45.8%)	10:50	5.5 (53.9%)
208	NIEMIEC Tomasz	3064		Elite Mężczyzn	68	01:14:57	02:10:02	02:10:11.15	02:10:11.15	+00:59:42 (45.9%)	10:50	5.5 (53.9%)
209	FILAS Rafał	3072	BEFIT24TEAM	Elite Masters Mężczyzn	24	01:32:43	02:10:57	02:11:05.70	02:11:05.70	+01:00:36 (46.2%)	10:55	5.5 (53.9%)
210	IWANOW Oleg	3101	GYM LUBLIN	Open Mężczyzn	92	01:13:27	02:11:05	02:11:18.55	02:11:18.55	+01:00:49 (46.3%)	10:56	5.5 (53.9%)
211	SZESTOWICKI Filip	3655	EPOKA	Open Mężczyzn	93	01:32:32	02:11:17	02:11:23.30	02:11:23.30	+01:00:54 (46.4%)	10:56	5.5 (53.9%)
212	SYREK Damian	3296		Open Mężczyzn	94	01:28:57	02:11:19	02:11:27.55	02:11:27.55	+01:00:58 (46.4%)	10:57	5.5 (53.9%)
213	KOCOŃ Mateusz	3478		Open Masters Mężczyzn	12	01:33:02	02:11:19	02:11:28.85	02:11:28.85	+01:00:59 (46.4%)	10:57	5.5 (53.9%)
214	KOŻUSZEK Norbert	3134		Elite Mężczyzn	69	01:31:16	02:11:33	02:11:45.85	02:11:45.85	+01:01:16 (46.5%)	10:58	5.5 (53.9%)
215	WICHER Tomasz	3512		Open Mężczyzn	95	01:30:30	02:11:45	02:11:50.40	02:11:50.40	+01:01:21 (46.5%)	10:59	5.5 (53.9%)
216	SIERLECKI Patryk	3099	FITPARK TEAM	Elite Masters Mężczyzn	25	01:29:54	02:11:45	02:11:56.45	02:11:56.45	+01:01:27 (46.6%)	10:59	5.5 (53.9%)
217	RYDZ Jakub	3720	PSYCHA	Open Mężczyzn	96	01:32:23	02:11:49	02:11:57.30	02:11:57.30	+01:01:28 (46.6%)	10:59	5.5 (53.9%)
218	KROCHMAL Adrian	3267		Open Mężczyzn	97	01:27:11	02:12:04	02:12:13.25	02:12:13.25	+01:01:44 (46.7%)	11:01	5.4 (52.9%)
219	KROCHMAL Damian	3268		Open Mężczyzn	98	01:27:10	02:12:05	02:12:13.30	02:12:13.30	+01:01:44 (46.7%)	11:01	5.4 (52.9%)
220	BOGUSZ Adrian	3238		Open Masters Mężczyzn	13	01:29:35	02:12:06	02:12:13.40	02:12:13.40	+01:01:44 (46.7%)	11:01	5.4 (52.9%)
221	SUMERA Grzegorz	3295		Open Masters Mężczyzn	14	01:33:05	02:12:44	02:12:54.85	02:12:54.85	+01:02:25 (47.0%)	11:04	5.4 (52.9%)
222	SKIBOWSKI Grzegorz	3211	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	99	01:33:00	02:13:15	02:13:24.80	02:13:24.80	+01:02:55 (47.2%)	11:07	5.4 (52.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
223	JUSZCZAK Grzegorz	3257		Open Mężczyzn	100	01:33:00	02:13:15	02:13:26.55	02:13:26.55	+01:02:57 (47.2%)	11:07	5.4 (52.9%)
224	SZCZUREK Rafał	3298		Open Mężczyzn	101	01:33:00	02:13:15	02:13:26.85	02:13:26.85	+01:02:57 (47.2%)	11:07	5.4 (52.9%)
225	KUNA Wojciech	3136		Open Mężczyzn	102	01:09:16	02:13:20	02:13:30.30	02:13:30.30	+01:03:01 (47.2%)	11:07	5.4 (52.9%)
226	SREBERSKI Aleksander	3857	SILVERSSTARS	Open Mężczyzn	103	01:32:44	02:13:29	02:13:36.90	02:13:36.90	+01:03:07 (47.2%)	11:08	5.4 (52.9%)
227	MAĆKOWIAK Paweł	3879	SILVERSSTARS	Open Mężczyzn	104	01:32:44	02:13:29	02:13:37.50	02:13:37.50	+01:03:08 (47.3%)	11:08	5.4 (52.9%)
228	JURAS Michał	3379	FITPARK TEAM	Open Mężczyzn	105	01:33:02	02:13:27	02:13:42.85	02:13:42.85	+01:03:13 (47.3%)	11:08	5.4 (52.9%)
229	FRANCEWICZ Kamil	3248		Open Mężczyzn	106	01:28:28	02:13:35	02:13:45.15	02:13:45.15	+01:03:16 (47.3%)	11:08	5.4 (52.9%)
230	PIŻUCH Łukasz	3392		Open Mężczyzn	107	01:33:36	02:13:41	02:13:52.75	02:13:52.75	+01:03:23 (47.4%)	11:09	5.4 (52.9%)
231	KAWCZYŃSKI Tomasz	3601		Open Mężczyzn	108	01:31:48	02:13:44	02:13:54.15	02:13:54.15	+01:03:25 (47.4%)	11:09	5.4 (52.9%)
232	Konrad	3729		Open Mężczyzn	109	01:31:33	02:13:45	02:13:56.20	02:13:56.20	+01:03:27 (47.4%)	11:09	5.4 (52.9%)
233	PRZYBYŁOWICZ Krystian	3280		Open Mężczyzn	110	01:32:44	02:13:49	02:13:57.65	02:13:57.65	+01:03:28 (47.4%)	11:09	5.4 (52.9%)
234	WITCZAK Marcin	3514		Open Mężczyzn	111	01:31:59	02:13:50	02:14:00.50	02:14:00.50	+01:03:31 (47.4%)	11:10	5.4 (52.9%)
235	KAMIŃSKI Mateusz	3754		Open Mężczyzn	112	01:32:21	02:14:01	02:14:06.90	02:14:06.90	+01:03:37 (47.4%)	11:10	5.4 (52.9%)
236	OKARMUS Bartłomiej	3275		Open Mężczyzn	113	01:31:18	02:13:59	02:14:07.70	02:14:07.70	+01:03:38 (47.5%)	11:10	5.4 (52.9%)
237	WASOWSKI Marcel	3442		Open Mężczyzn	114	01:33:00	02:14:01	02:14:10.35	02:14:10.35	+01:03:41 (47.5%)	11:10	5.4 (52.9%)
238	FRANCZAK Patryk	3564	HYRCKI	Open Mężczyzn	115	01:31:09	02:14:00	02:14:13.30	02:14:13.30	+01:03:44 (47.5%)	11:11	5.4 (52.9%)
239	VEČEŘA Jan	3619		Open Mężczyzn	116	01:34:46	02:14:07	02:14:13.70	02:14:13.70	+01:03:44 (47.5%)	11:11	5.4 (52.9%)
240	NOWACKI Łukasz	3356	DZIKI Z LEA	Open Mężczyzn	117	01:33:49	02:14:19	02:14:27.60	02:14:27.60	+01:03:58 (47.6%)	11:12	5.4 (52.9%)
241	SZOT Maksymilian	3068		Elite Mężczyzn	70	01:38:53	02:14:53	02:14:59.35	02:14:59.35	+01:04:30 (47.8%)	11:14	5.3 (52.0%)
242	GIERSZ Andrzej	3811		Open Mężczyzn	118	01:31:57	02:15:04	02:15:16.35	02:15:16.35	+01:04:47 (47.9%)	11:16	5.3 (52.0%)
243	KIDA Marcin	3755		Open Mężczyzn	119	01:32:02	02:15:40	02:15:49.55	02:15:49.55	+01:05:20 (48.1%)	11:19	5.3 (52.0%)
244	EM Marcin	3744		Open Mężczyzn	120	01:39:34	02:15:52	02:15:58.60	02:15:58.60	+01:05:29 (48.2%)	11:19	5.3 (52.0%)
245	KRAJNIK Karol	3094	FITPARK TEAM	Elite Mężczyzn	71	01:26:45	02:15:51	02:16:00.90	02:16:00.90	+01:05:31 (48.2%)	11:20	5.3 (52.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
246	MAZUR Wojciech	3272		Open Mężczyzn	121	01:35:00	02:15:54	02:16:01.75	02:16:01.75	+01:05:32 (48.2%)	11:20	5.3 (52.0%)
247	MICOR Łukasz	3096	FITPARK TEAM	Elite Mężczyzn	72	01:38:34	02:16:21	02:16:31.30	02:16:31.30	+01:06:02 (48.4%)	11:22	5.3 (52.0%)
248	KOWALCZYK Marcin	3448	EY OCR TEAM	Open Mężczyzn	122	01:30:15	02:17:03	02:17:10.50	02:17:10.50	+01:06:41 (48.6%)	11:25	5.2 (51.0%)
249	DOMINIAK Jarosław	3470		Open Mężczyzn	123	01:30:18	02:17:04	02:17:11.65	02:17:11.65	+01:06:42 (48.6%)	11:25	5.2 (51.0%)
250	KOŁODZIEJ Agata	3156	KONIU SQUAD	Elite Kobiet	10	01:36:02	02:17:30	02:17:37.85	02:17:37.85	+01:07:08 (48.8%)	11:28	5.2 (51.0%)
250	ROSZKO Alicja	3162	KONIU SQUAD	Elite Kobiet	10	01:35:51	02:17:31	02:17:37.85	02:17:37.85	+01:07:08 (48.8%)	11:28	5.2 (51.0%)
252	SZ Adrian	3297		Open Mężczyzn	124	01:35:52	02:17:51	02:18:00.50	02:18:00.50	+01:07:31 (48.9%)	11:30	5.2 (51.0%)
253	WIŚNIEWSKI Arkadiusz	3125	WARRIORS ŁÓDŹ	Elite Mężczyzn	73	01:32:54	02:17:59	02:18:07.35	02:18:07.35	+01:07:38 (49.0%)	11:30	5.2 (51.0%)
254	MOSTOWSKI Radosław	3124	WARRIORS ŁÓDŹ	Elite Masters Mężczyzn	26	01:32:51	02:17:58	02:18:07.80	02:18:07.80	+01:07:38 (49.0%)	11:30	5.2 (51.0%)
255	PELCZAR Tomasz	3277		Open Mężczyzn	125	01:36:35	02:17:58	02:18:08.10	02:18:08.10	+01:07:39 (49.0%)	11:30	5.2 (51.0%)
256	WOJTUNIK Adam	3790	MUGIŁARA	Open Mężczyzn	126	01:38:50	02:18:06	02:18:11.65	02:18:11.65	+01:07:42 (49.0%)	11:30	5.2 (51.0%)
257	MISIURA Wiktor	3118	RUNMAGEDDON TEAM	Elite Mężczyzn	74	01:38:11	02:18:05	02:18:14.40	02:18:14.40	+01:07:45 (49.0%)	11:31	5.2 (51.0%)
258	CZERWIŃSKI Karol	3789	MUGIŁARA	Open Mężczyzn	127	01:38:51	02:18:05	02:18:17.05	02:18:17.05	+01:07:48 (49.0%)	11:31	5.2 (51.0%)
259	KRAWCZYK Damian	3265		Open Mężczyzn	128	01:37:42	02:18:13	02:18:22.70	02:18:22.70	+01:07:53 (49.1%)	11:31	5.2 (51.0%)
260	BIEGANSKI Damian	3236		Open Mężczyzn	129	01:37:43	02:18:14	02:18:24.00	02:18:24.00	+01:07:54 (49.1%)	11:32	5.2 (51.0%)
261	KUCHARZ Robert	3803	ROSSMANN	Open Mężczyzn	130	01:34:15	02:18:38	02:18:44.05	02:18:44.05	+01:08:15 (49.2%)	11:33	5.2 (51.0%)
262	BINIOSZEK Darek	3827		Open Masters Mężczyzn	15	01:35:22	02:18:35	02:18:45.70	02:18:45.70	+01:08:16 (49.2%)	11:33	5.2 (51.0%)
263	NEUMAN Wojciech	3805	WIELKOLUDY	Open Mężczyzn	131	01:33:10	02:18:49	02:18:56.30	02:18:56.30	+01:08:27 (49.3%)	11:34	5.2 (51.0%)
264	KSIĄŻEK Daniel	3605		Open Mężczyzn	132	01:35:23	02:18:59	02:19:08.65	02:19:08.65	+01:08:39 (49.3%)	11:35	5.2 (51.0%)
265	BRONTKE Kamil	3590		Open Mężczyzn	133	01:35:24	02:19:00	02:19:08.85	02:19:08.85	+01:08:39 (49.3%)	11:35	5.2 (51.0%)
266	SOCHA Eryk	3772		Open Mężczyzn	134	01:36:51	02:19:02	02:19:10.60	02:19:10.60	+01:08:41 (49.4%)	11:35	5.2 (51.0%)
267	KOSIBA Tomasz	3758		Open Mężczyzn	135	01:36:51	02:19:01	02:19:10.75	02:19:10.75	+01:08:41 (49.4%)	11:35	5.2 (51.0%)
268	SOLARZ Dawid	3854		Open Masters Mężczyzn	16	01:34:33	02:19:16	02:19:26.20	02:19:26.20	+01:08:57 (49.5%)	11:37	5.2 (51.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
269	CYGAN Michał	3849		Open Mężczyzn	136	01:37:50	02:19:18	02:19:28.25	02:19:28.25	+01:08:59 (49.5%)	11:37	5.2 (51.0%)
270	BEDUS Krzysztof	3668	ŚLE-DZIKI	Open Mężczyzn	137	01:36:33	02:19:34	02:19:44.45	02:19:44.45	+01:09:15 (49.6%)	11:38	5.2 (51.0%)
271	PIKALA BEDUS Anna	3670	ŚLE-DZIKI	Open Kobiet	5	01:36:30	02:19:33	02:19:44.60	02:19:44.60	+01:09:15 (49.6%)	11:38	5.2 (51.0%)
272	KONIECZKA Kamil	3669	ŚLE-DZIKI	Open Mężczyzn	138	01:36:35	02:19:34	02:19:50.55	02:19:50.55	+01:09:21 (49.6%)	11:39	5.1 (50.0%)
273	MROCZEK Sławomir	3572	RS TEAM	Open Mężczyzn	139	01:38:25	02:19:45	02:19:55.20	02:19:55.20	+01:09:26 (49.6%)	11:39	5.1 (50.0%)
274	JASIŃSKI Damian	3677	TB SESTAL TEAM	Open Masters Mężczyzn	17	01:36:04	02:19:55	02:20:05.30	02:20:05.30	+01:09:36 (49.7%)	11:40	5.1 (50.0%)
275	HORA Mateusz	3676	TB SESTAL TEAM	Open Mężczyzn	140	01:36:10	02:19:55	02:20:05.35	02:20:05.35	+01:09:36 (49.7%)	11:40	5.1 (50.0%)
276	Mapowicz	3792		Open Mężczyzn	141	01:33:46	02:20:02	02:20:13.00	02:20:13.00	+01:09:43 (49.7%)	11:41	5.1 (50.0%)
277	KUBISZTAL Przemysław	3366	RUKO	Open Mężczyzn	142	01:38:47	02:20:08	02:20:14.70	02:20:14.70	+01:09:45 (49.7%)	11:41	5.1 (50.0%)
278	KULAS Mateusz	3486		Open Mężczyzn	143	01:36:08	02:20:28	02:20:33.15	02:20:33.15	+01:10:04 (49.9%)	11:42	5.1 (50.0%)
279	PUT Maciej	3502		Open Mężczyzn	144	01:36:08	02:20:29	02:20:33.25	02:20:33.25	+01:10:04 (49.9%)	11:42	5.1 (50.0%)
280	BERETA Michał	3464		Open Mężczyzn	145	01:36:09	02:20:29	02:20:34.20	02:20:34.20	+01:10:05 (49.9%)	11:42	5.1 (50.0%)
281	RUTKOWSKI Paweł	3285		Open Masters Mężczyzn	18	01:34:06	02:20:37	02:20:48.20	02:20:48.20	+01:10:19 (49.9%)	11:44	5.1 (50.0%)
282	BUCH Krzysiek	3862		Open Mężczyzn	146	01:37:44	02:21:04	02:21:15.60	02:21:15.60	+01:10:46 (50.1%)	11:46	5.1 (50.0%)
283	BECKHAUS Krzysztof	3731		Open Mężczyzn	147	01:39:06	02:21:22	02:21:38.35	02:21:38.35	+01:11:09 (50.2%)	11:48	5.1 (50.0%)
284	PARADZIŃSKI Dawid	3113	OCR NOWOGARD	Open Mężczyzn	148	01:24:33	02:21:38	02:21:47.70	02:21:47.70	+01:11:18 (50.3%)	11:48	5.1 (50.0%)
285	ŚRUBAS Adam	3170	CARBON SILESIA SPORT BY VITARADE	Open Mężczyzn	149	01:39:12	02:21:46	02:22:01.20	02:22:01.20	+01:11:32 (50.4%)	11:50	5.1 (50.0%)
286	ZDANIEWICZ Szymon	3445	CASANOVA BOYS	Open Mężczyzn	150	01:35:23	02:22:14	02:22:25.05	02:22:25.05	+01:11:56 (50.5%)	11:52	5.1 (50.0%)
287	MASTEJ Jakub	3362	HUSARIA RACE TEAM	Open Mężczyzn	151	01:38:22	02:22:28	02:22:36.50	02:22:36.50	+01:12:07 (50.6%)	11:53	5 (49.0%)
288	KOŁACZYK Marcin Kołaczyk	3345		Open Mężczyzn	152	01:40:25	02:22:48	02:22:59.70	02:22:59.70	+01:12:30 (50.7%)	11:54	5 (49.0%)
289	WITKOWSKI Eryk	3702		Open Mężczyzn	153	01:33:27	02:22:53	02:23:05.00	02:23:05.00	+01:12:35 (50.7%)	11:55	5 (49.0%)
290	GORCZYCA Grzegorz	3472		Open Mężczyzn	154	01:42:52	02:23:33	02:23:42.80	02:23:42.80	+01:13:13 (51.0%)	11:58	5 (49.0%)
291	NOWAK Łukasz	3166	OCR KRAKÓW	Elite Mężczyzn	75	01:38:24	02:23:39	02:23:48.45	02:23:48.45	+01:13:19 (51.0%)	11:59	5 (49.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
292	MALCZEWSKI Andrzej	3114	OCR ŻARNÓWKA	Open Mężczyzn	155	01:36:09	02:22:21	02:23:51.80	02:23:51.80	+01:13:22 (51.0%)	11:59	5 (49.0%)
293	TRABKA Michał	3401		Open Mężczyzn	156	01:41:32	02:23:34	02:23:54.70	02:23:54.70	+01:13:25 (51.0%)	11:59	5 (49.0%)
294	ANDRZEJAK Alan	3416	WEŻ WPISZ COKOLWIEK	Open Mężczyzn	157	01:39:18	02:24:42	02:24:52.25	02:24:52.25	+01:14:23 (51.3%)	12:04	5 (49.0%)
295	DUŻMAŃSKI Jarosław	3246		Open Masters Mężczyzn	19	01:38:37	02:24:48	02:24:54.75	02:24:54.75	+01:14:25 (51.4%)	12:04	5 (49.0%)
296	GÓRKA Filip	3250		Open Mężczyzn	158	01:38:29	02:24:48	02:24:54.90	02:24:54.90	+01:14:25 (51.4%)	12:04	5 (49.0%)
297	DEMCZAK Adrianna	3682		Open Kobiet	6	01:40:57	02:25:08	02:25:18.10	02:25:18.10	+01:14:49 (51.5%)	12:06	5 (49.0%)
298	KORUS Karol	3262		Open Mężczyzn	159	01:46:18	02:25:09	02:25:22.65	02:25:22.65	+01:14:53 (51.5%)	12:06	5 (49.0%)
299	TROJAN Anna	3145	BEFIT24TEAM	Elite Masters Kobiet	3	01:41:24	02:25:16	02:25:24.45	02:25:24.45	+01:14:55 (51.5%)	12:07	5 (49.0%)
300	WRZESIŃSKI Piotr	3085	CHEEKY MONKEY TEAM	Elite Mężczyzn	76	01:38:48	02:25:18	02:25:24.55	02:25:24.55	+01:14:55 (51.5%)	12:07	5 (49.0%)
301	BILKE Krzysztof	3237		Open Mężczyzn	160	01:40:42	02:25:16	02:25:25.00	02:25:25.00	+01:14:55 (51.5%)	12:07	5 (49.0%)
302	STOLARCZYK Piotr	3773		Open Masters Mężczyzn	20	01:43:20	02:25:19	02:25:26.50	02:25:26.50	+01:14:57 (51.5%)	12:07	5 (49.0%)
303	MAJKOWSKI Konrad	3818		Open Mężczyzn	161	01:41:23	02:25:22	02:25:31.55	02:25:31.55	+01:15:02 (51.6%)	12:07	4.9 (48.0%)
304	TALARCZYK Bartosz	3791	THE BOYS	Open Mężczyzn	162	01:42:26	02:25:21	02:25:33.55	02:25:33.55	+01:15:04 (51.6%)	12:07	4.9 (48.0%)
305	BOJDO Sebastian	3239		Open Mężczyzn	163	01:46:18	02:25:37	02:25:45.85	02:25:45.85	+01:15:16 (51.6%)	12:08	4.9 (48.0%)
306	GRUSZCZYŃSKI Przemysław	3253		Open Mężczyzn	164	01:46:55	02:25:55	02:26:02.80	02:26:02.80	+01:15:33 (51.7%)	12:10	4.9 (48.0%)
307	LENDĄ Zbigniew	3270		Open Masters Mężczyzn	21	01:44:56	02:26:08	02:26:19.30	02:26:19.30	+01:15:50 (51.8%)	12:11	4.9 (48.0%)
308	GRZYWACZ Krystian	3599		Open Mężczyzn	165	01:42:29	02:26:14	02:26:23.40	02:26:23.40	+01:15:54 (51.9%)	12:11	4.9 (48.0%)
309	TOMICZEK Rafał	3701		Open Mężczyzn	166	01:41:29	02:26:14	02:26:25.25	02:26:25.25	+01:15:56 (51.9%)	12:12	4.9 (48.0%)
310	CZOPOR Krzysztof	3841		Open Mężczyzn	167	01:38:32	02:26:21	02:26:26.40	02:26:26.40	+01:15:57 (51.9%)	12:12	4.9 (48.0%)
311	CZOPOR Przemysław	3808		Open Mężczyzn	168	01:38:33	02:26:21	02:26:26.60	02:26:26.60	+01:15:57 (51.9%)	12:12	4.9 (48.0%)
312	GROMOTKA Janusz	3598		Open Masters Mężczyzn	22	01:42:49	02:26:38	02:26:48.35	02:26:48.35	+01:16:19 (52.0%)	12:14	4.9 (48.0%)
313	BUKOWSKI Konrad	3337		Open Masters Mężczyzn	23	01:45:29	02:27:01	02:27:11.50	02:27:11.50	+01:16:42 (52.1%)	12:15	4.9 (48.0%)
314	KALINKA Radosław	3164		Elite Mężczyzn	77	01:33:33	02:27:07	02:27:18.20	02:27:18.20	+01:16:49 (52.2%)	12:16	4.9 (48.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
315	MALISZ Paweł	3061		Elite Mężczyzn	78	01:39:37	02:27:27	02:27:32.35	02:27:32.35	+01:17:03 (52.2%)	12:17	4.9 (48.0%)
316	PADIASEK Sebastian	3766		Open Mężczyzn	169	01:41:37	02:27:23	02:27:34.95	02:27:34.95	+01:17:05 (52.2%)	12:17	4.9 (48.0%)
317	GÓRKA Łukasz	3794		Open Mężczyzn	170		02:27:28	02:27:38.45	02:27:38.45	+01:17:09 (52.3%)	12:18	4.9 (48.0%)
318	MOSIOŁEK Mikołaj	3692		Open Mężczyzn	171	01:39:51	02:27:28	02:27:40.65	02:27:40.65	+01:17:11 (52.3%)	12:18	4.9 (48.0%)
319	PRZYBYLSKI Albert	3696		Open Mężczyzn	172	01:39:50	02:27:27	02:27:41.35	02:27:41.35	+01:17:12 (52.3%)	12:18	4.9 (48.0%)
320	JAMKA Adam	3654	EPOKA	Open Mężczyzn	173	01:44:03	02:27:32	02:27:42.90	02:27:42.90	+01:17:13 (52.3%)	12:18	4.9 (48.0%)
321	WIĄCEK Paweł	3571		Open Mężczyzn	174	01:41:41	02:27:54	02:28:02.30	02:28:02.30	+01:17:33 (52.4%)	12:20	4.9 (48.0%)
322	KAŻMIERCZAK Daniel	3259		Open Mężczyzn	175	01:44:17	02:27:59	02:28:09.45	02:28:09.45	+01:17:40 (52.4%)	12:20	4.9 (48.0%)
323	MICHALSKI Filip	3798		Open Mężczyzn	176	01:43:17	02:28:09	02:28:18.65	02:28:18.65	+01:17:49 (52.5%)	12:21	4.9 (48.0%)
324	MATUSIK Paweł	3819		Open Mężczyzn	177	01:41:59	02:28:23	02:28:31.20	02:28:31.20	+01:18:02 (52.5%)	12:22	4.8 (47.1%)
325	POMIERNY Karol	3768		Open Masters Mężczyzn	24	01:43:27	02:29:10	02:29:21.30	02:29:21.30	+01:18:52 (52.8%)	12:26	4.8 (47.1%)
326	SIEDLIK Mateusz	3397		Open Mężczyzn	178	01:44:40	02:29:15	02:29:23.05	02:29:23.05	+01:18:54 (52.8%)	12:26	4.8 (47.1%)
327	BRAĞIEL Katarzyna	3329	UNIT37	Open Masters Kobiet	1	01:44:02	02:29:14	02:29:23.25	02:29:23.25	+01:18:54 (52.8%)	12:26	4.8 (47.1%)
328	MARCZYŃSKI Jacek	3330	UNIT37	Open Masters Mężczyzn	25	01:44:02	02:29:14	02:29:23.45	02:29:23.45	+01:18:54 (52.8%)	12:26	4.8 (47.1%)
329	WINKLER Mateusz	3404		Open Masters Mężczyzn	26	01:42:49	02:29:12	02:29:25.00	02:29:25.00	+01:18:55 (52.8%)	12:27	4.8 (47.1%)
330	RUMPFELT Michał	3394		Open Mężczyzn	179	01:42:49	02:29:13	02:29:25.15	02:29:25.15	+01:18:56 (52.8%)	12:27	4.8 (47.1%)
331	BRYK Izabela	3734		Open Kobiet	7	01:39:48	02:29:20	02:29:31.50	02:29:31.50	+01:19:02 (52.9%)	12:27	4.8 (47.1%)
332	KUŚNIERZ Tomasz	3488		Open Mężczyzn	180	01:43:13	02:29:34	02:29:41.15	02:29:41.15	+01:19:12 (52.9%)	12:28	4.8 (47.1%)
333	PITLOK Tomasz	3499		Open Mężczyzn	181	01:43:13	02:29:35	02:29:41.45	02:29:41.45	+01:19:12 (52.9%)	12:28	4.8 (47.1%)
334	MILEWSKI Łukasz	3388		Open Mężczyzn	182	01:42:13	02:29:31	02:29:41.50	02:29:41.50	+01:19:12 (52.9%)	12:28	4.8 (47.1%)
335	JANDA Marcin	3256		Open Mężczyzn	183	01:43:03	02:30:04	02:30:13.65	02:30:13.65	+01:19:44 (53.1%)	12:31	4.8 (47.1%)
336	CHYLIŃSKI Tomasz	3126		Elite Mężczyzn	79	01:35:48	02:30:15	02:30:24.40	02:30:24.40	+01:19:55 (53.1%)	12:32	4.8 (47.1%)
337	JANKOWSKI Bartosz	3128		Elite Mężczyzn	80	01:35:39	02:30:15	02:30:24.75	02:30:24.75	+01:19:55 (53.1%)	12:32	4.8 (47.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
338	BANASIK Krzysztof	3730		Open Mężczyzn	184	01:45:58	02:31:11	02:31:18.95	02:31:18.95	+01:20:49 (53.4%)	12:36	4.8 (47.1%)
339	BERKOWICZ Piotr	3807		Open Mężczyzn	185	01:38:49	02:31:28	02:31:39.15	02:31:39.15	+01:21:10 (53.5%)	12:38	4.7 (46.1%)
340	GARUS Szymon	3208	JA WAM TEN EKSPRES KUR** WYP*****LE	Open Mężczyzn	186	01:43:54	02:31:29	02:31:40.30	02:31:40.30	+01:21:11 (53.5%)	12:38	4.7 (46.1%)
341	CZAICKI Błażej	3742		Open Mężczyzn	187	01:47:37	02:31:32	02:31:41.95	02:31:41.95	+01:21:12 (53.5%)	12:38	4.7 (46.1%)
342	KRUPA Kinga	3760		Open Kobiet	8	01:47:36	02:31:33	02:31:42.15	02:31:42.15	+01:21:13 (53.5%)	12:38	4.7 (46.1%)
343	SIKORA Piotr	3287		Open Masters Mężczyzn	27	01:45:22	02:31:27	02:31:42.45	02:31:42.45	+01:21:13 (53.5%)	12:38	4.7 (46.1%)
344	FALISZEK Tomasz	3247		Open Mężczyzn	188	01:40:20	02:32:10	02:32:20.45	02:32:20.45	+01:21:51 (53.7%)	12:41	4.7 (46.1%)
344	KRAWCZYK Marcin	3266		Open Mężczyzn	188	01:40:20	02:32:10	02:32:20.45	02:32:20.45	+01:21:51 (53.7%)	12:41	4.7 (46.1%)
346	WŁASIŃSKI Kacper	3558		Open Mężczyzn	190	01:43:38	02:32:13	02:32:21.75	02:32:21.75	+01:21:52 (53.7%)	12:41	4.7 (46.1%)
347	PIASECKI Jakub	3554		Open Mężczyzn	191	01:44:29	02:32:44	02:32:53.50	02:32:53.50	+01:22:24 (53.9%)	12:44	4.7 (46.1%)
348	NAWOROL Konrad	3495		Open Masters Mężczyzn	28	01:46:17	02:32:41	02:32:54.60	02:32:54.60	+01:22:25 (53.9%)	12:44	4.7 (46.1%)
349	BŁAUT Mateusz	3540		Open Mężczyzn	192	01:40:21	02:32:48	02:32:58.35	02:32:58.35	+01:22:29 (53.9%)	12:44	4.7 (46.1%)
350	RAK Małgorzata	3616		Open Masters Kobiet	2	01:45:33	02:33:03	02:33:10.65	02:33:10.65	+01:22:41 (54.0%)	12:45	4.7 (46.1%)
351	LIPKA-KUMOR Nela	3606		Open Kobiet	9	01:45:35	02:33:03	02:33:10.75	02:33:10.75	+01:22:41 (54.0%)	12:45	4.7 (46.1%)
352	GASZCZYK Maciej	3373		Open Mężczyzn	193	01:44:17	02:33:09	02:33:16.00	02:33:16.00	+01:22:46 (54.0%)	12:46	4.7 (46.1%)
353	NIEMCZYK Wojciech	3389		Open Mężczyzn	194	01:44:18	02:33:09	02:33:16.15	02:33:16.15	+01:22:47 (54.0%)	12:46	4.7 (46.1%)
354	MAREK Patryk	3386		Open Mężczyzn	195	01:44:17	02:33:08	02:33:16.45	02:33:16.45	+01:22:47 (54.0%)	12:46	4.7 (46.1%)
355	HERNICKI Edgar	3562	BRUTE FORCE BROTHERS	Open Mężczyzn	196	01:42:36	02:33:15	02:33:23.80	02:33:23.80	+01:22:54 (54.1%)	12:46	4.7 (46.1%)
356	Dzejsdzejs	3561	BRUTE FORCE BROTHERS	Open Mężczyzn	197	01:42:35	02:33:16	02:33:24.10	02:33:24.10	+01:22:55 (54.1%)	12:47	4.7 (46.1%)
357	Mk312	3580	YAKOTAKO	Open Mężczyzn	198	01:47:42	02:33:20	02:33:26.30	02:33:26.30	+01:22:57 (54.1%)	12:47	4.7 (46.1%)
358	WRONA Martyna	3583	YAKOTAKO	Open Kobiet	10	01:47:42	02:33:20	02:33:26.55	02:33:26.55	+01:22:57 (54.1%)	12:47	4.7 (46.1%)
359	NOWAK Mariusz	3612		Open Masters Mężczyzn	29	01:46:05	02:33:20	02:33:28.20	02:33:28.20	+01:22:59 (54.1%)	12:47	4.7 (46.1%)
360	P Bartek	3390		Open Mężczyzn	199	01:46:13	02:33:21	02:33:32.50	02:33:32.50	+01:23:03 (54.1%)	12:47	4.7 (46.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
361	ZAJĄC Adam	3406		Open Mężczyzn	200	01:49:36	02:33:42	02:33:49.70	02:33:49.70	+01:23:20 (54.2%)	12:49	4.7 (46.1%)
362	ZAJĄC Jagoda	3407		Open Kobiet	11	01:49:36	02:33:42	02:33:50.10	02:33:50.10	+01:23:21 (54.2%)	12:49	4.7 (46.1%)
363	ZASADA Dominika	3874		Open Masters Kobiet	3	01:49:10	02:33:39	02:33:51.15	02:33:51.15	+01:23:22 (54.2%)	12:49	4.7 (46.1%)
364	LISOWICZ Tomasz	3138		Open Mężczyzn	201	01:51:30	02:34:36	02:34:44.30	02:34:44.30	+01:24:15 (54.4%)	12:53	4.7 (46.1%)
365	WITBRODT Jakub	3141		Open Mężczyzn	202	01:50:25	02:34:40	02:34:58.30	02:34:58.30	+01:24:29 (54.5%)	12:54	4.6 (45.1%)
366	ŻYCHOWICZ Rafał	3414	PARALIDZIKI	Open Mężczyzn	203	01:46:32	02:34:49	02:35:06.15	02:35:06.15	+01:24:37 (54.6%)	12:55	4.6 (45.1%)
367	SYNOWIEC Tomasz	3413	PARALIDZIKI	Open Masters Mężczyzn	30	01:46:31	02:34:56	02:35:06.65	02:35:06.65	+01:24:37 (54.6%)	12:55	4.6 (45.1%)
368	KUŹMA Marcin	3412	PARALIDZIKI	Open Mężczyzn	204	01:46:32	02:34:56	02:35:07.10	02:35:07.10	+01:24:38 (54.6%)	12:55	4.6 (45.1%)
369	CIEŚLIK Filip	3863		Open Mężczyzn	205	01:47:54	02:35:23	02:35:30.75	02:35:30.75	+01:25:01 (54.7%)	12:57	4.6 (45.1%)
370	ISHIMWE Etienne	3813		Open Mężczyzn	206	01:50:31	02:35:26	02:35:37.50	02:35:37.50	+01:25:08 (54.7%)	12:58	4.6 (45.1%)
371	KOZIOŁ Tomasz	3678	TMT	Open Masters Mężczyzn	31	01:44:34	02:35:34	02:35:43.80	02:35:43.80	+01:25:14 (54.7%)	12:58	4.6 (45.1%)
371	ZDEBSKI Marcin	3679	TMT	Open Masters Mężczyzn	31	01:44:36	02:35:34	02:35:43.80	02:35:43.80	+01:25:14 (54.7%)	12:58	4.6 (45.1%)
373	RABENDA Andrzej	3820		Open Mężczyzn	207	01:43:40	02:35:46	02:35:55.55	02:35:55.55	+01:25:26 (54.8%)	12:59	4.6 (45.1%)
374	CIUPEK Paweł	3071	BEFIT24TEAM	Elite Mężczyzn	81	01:53:58	02:36:16	02:36:26.30	02:36:26.30	+01:25:57 (54.9%)	13:02	4.6 (45.1%)
375	MODZELAN-PRZYBYŁO Jolanta	3493		Open Masters Kobiet	4	01:42:35	02:36:25	02:36:36.65	02:36:36.65	+01:26:07 (55.0%)	13:03	4.6 (45.1%)
375	GILARSKA Edyta	3454	NINJA CLUB KRAKOW	Open Masters Kobiet	4	01:42:30	02:36:18	02:36:36.65	02:36:36.65	+01:26:07 (55.0%)	13:03	4.6 (45.1%)
377	SKOTNICKI Bartosz	3289		Open Mężczyzn	208	01:49:22	02:36:19	02:36:38.25	02:36:38.25	+01:26:09 (55.0%)	13:03	4.6 (45.1%)
377	SZŁĄZAK Patryk	3299		Open Mężczyzn	208	01:49:22	02:36:19	02:36:38.25	02:36:38.25	+01:26:09 (55.0%)	13:03	4.6 (45.1%)
379	KSIĄŻEK Krzysztof	3484		Open Mężczyzn	210	01:44:51	02:36:33	02:36:41.40	02:36:41.40	+01:26:12 (55.0%)	13:03	4.6 (45.1%)
380	SZULC Adam	3455	POWER TRAINING	Open Masters Mężczyzn	33	01:42:33	02:36:37	02:36:47.00	02:36:47.00	+01:26:17 (55.0%)	13:03	4.6 (45.1%)
380	PRZYBYŁO Mateusz	3501		Open Masters Mężczyzn	33	01:42:27	02:36:39	02:36:47.00	02:36:47.00	+01:26:17 (55.0%)	13:03	4.6 (45.1%)
382	PAJĄK Anna	3994		Open Kobiet	12	01:38:02	02:35:01	02:35:13.20	02:37:10.50	+01:26:41 (55.2%)	12:56	4.6 (45.1%)
383	NOWAK Marcin	3995		Open Mężczyzn	211	01:38:00	02:35:00	02:35:12.65	02:37:10.90	+01:26:41 (55.2%)	12:56	4.6 (45.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
384	SIMON Adam	3169		Elite Mężczyzn	82	01:56:01	02:37:29	02:37:36.10	02:37:36.10	+01:27:07 (55.3%)	13:08	4.6 (45.1%)
385	Tomasz	3586		Open Mężczyzn	212	01:50:38	02:37:23	02:37:37.25	02:37:37.25	+01:27:08 (55.3%)	13:08	4.6 (45.1%)
386	MATŁĄG Robert	3608		Open Mężczyzn	213	01:50:38	02:37:24	02:37:38.75	02:37:38.75	+01:27:09 (55.3%)	13:08	4.6 (45.1%)
387	ROGUSZ Marcin	3769		Open Mężczyzn	214	01:50:17	02:37:30	02:37:45.85	02:37:45.85	+01:27:16 (55.3%)	13:08	4.6 (45.1%)
388	FAFEREK Mateusz	3745		Open Mężczyzn	215	01:50:32	02:37:31	02:37:46.50	02:37:46.50	+01:27:17 (55.3%)	13:08	4.6 (45.1%)
389	ZAWADZKI Rafał	3624		Open Mężczyzn	216	01:51:06	02:37:46	02:37:57.85	02:37:57.85	+01:27:28 (55.4%)	13:09	4.6 (45.1%)
390	JURKA Łukasz	3858		Open Mężczyzn	217	01:48:29	02:37:47	02:38:00.30	02:38:00.30	+01:27:31 (55.4%)	13:10	4.6 (45.1%)
391	DYRCZ Dominik	3212	SAMOLOTOWY	Open Mężczyzn	218	01:45:55	02:38:08	02:38:17.40	02:38:17.40	+01:27:48 (55.5%)	13:11	4.5 (44.1%)
392	WAȚTOR Piotr	3306		Open Mężczyzn	219	01:44:38	02:38:08	02:38:17.75	02:38:17.75	+01:27:48 (55.5%)	13:11	4.5 (44.1%)
393	SZEWCZUK Wiesław	3777		Open Mężczyzn	220	01:46:33	02:38:25	02:38:39.05	02:38:39.05	+01:28:10 (55.6%)	13:13	4.5 (44.1%)
394	CZOSNYKA Jakub	3453	KODZIKI	Open Mężczyzn	221	01:51:05	02:38:54	02:39:14.05	02:39:14.05	+01:28:45 (55.7%)	13:16	4.5 (44.1%)
395	KACHNIARZ Maciek	3201	BEFIT24TEAM	Open Masters Mężczyzn	35	01:48:51	02:39:08	02:39:19.50	02:39:19.50	+01:28:50 (55.8%)	13:16	4.5 (44.1%)
396	LUBNAU Beniamin	3547		Open Mężczyzn	222	01:51:26	02:39:20	02:39:32.55	02:39:32.55	+01:29:03 (55.8%)	13:17	4.5 (44.1%)
397	M Mistrz	3550		Open Mężczyzn	223	01:50:21	02:39:19	02:39:32.75	02:39:32.75	+01:29:03 (55.8%)	13:17	4.5 (44.1%)
398	WRONA Jakub	3560		Open Masters Mężczyzn	36	01:51:23	02:39:24	02:39:35.25	02:39:35.25	+01:29:06 (55.8%)	13:17	4.5 (44.1%)
399	KOSMAL Jacek	3603		Open Mężczyzn	224	01:49:13	02:39:33	02:39:39.10	02:39:39.10	+01:29:10 (55.9%)	13:18	4.5 (44.1%)
400	ANTOSIK Aleksander	3587		Open Mężczyzn	225	01:49:09	02:39:35	02:39:41.35	02:39:41.35	+01:29:12 (55.9%)	13:18	4.5 (44.1%)
401	SZYMAŃSKI Piotr	3724	Z PALCEM W DUPIE	Open Masters Mężczyzn	37	01:49:25	02:39:35	02:39:44.80	02:39:44.80	+01:29:15 (55.9%)	13:18	4.5 (44.1%)
402	SZYMAŃSKA Julia	3723	Z PALCEM W DUPIE	Open Kobiet	13	01:49:29	02:39:35	02:39:45.10	02:39:45.10	+01:29:16 (55.9%)	13:18	4.5 (44.1%)
403	ŚLIWA Tomasz	3506		Open Mężczyzn	226	01:49:43	02:39:39	02:39:48.55	02:39:48.55	+01:29:19 (55.9%)	13:19	4.5 (44.1%)
404	ŚLEZIAK Paweł	3505		Open Mężczyzn	227	01:49:25	02:39:58	02:40:07.85	02:40:07.85	+01:29:38 (56.0%)	13:20	4.5 (44.1%)
405	POŁĄCARZ Jakub	3500		Open Mężczyzn	228	01:46:00	02:39:58	02:40:08.40	02:40:08.40	+01:29:39 (56.0%)	13:20	4.5 (44.1%)
406	PŁAZA Artur	3279		Open Mężczyzn	229	01:55:17	02:39:55	02:40:09.30	02:40:09.30	+01:29:40 (56.0%)	13:20	4.5 (44.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
407	SERWATKA Patryk	3821		Open Mężczyzn	230	01:56:15	02:40:20	02:40:28.85	02:40:28.85	+01:29:59 (56.1%)	13:22	4.5 (44.1%)
408	STYRNA Marek	3666	SII RUNNING TEAM	Open Mężczyzn	231	01:56:48	02:40:49	02:40:59.55	02:40:59.55	+01:30:30 (56.2%)	13:24	4.5 (44.1%)
409	GAJEWSKA Joanna	3825		Open Kobiet	14	01:55:45	02:40:54	02:41:03.95	02:41:03.95	+01:30:34 (56.2%)	13:25	4.5 (44.1%)
410	PORĘBSKA Dorota	3661	NO CHYBA TY	Open Masters Kobiet	6	01:51:35	02:40:56	02:41:04.75	02:41:04.75	+01:30:35 (56.2%)	13:25	4.5 (44.1%)
411	MROŻEK Michał	3675	SUŁTANI FITNESSU	Open Masters Mężczyzn	38	01:51:36	02:40:55	02:41:04.85	02:41:04.85	+01:30:35 (56.2%)	13:25	4.5 (44.1%)
412	ŚWIAT Krzysztof	3662	NO CHYBA TY	Open Masters Mężczyzn	39	01:51:38	02:40:55	02:41:05.00	02:41:05.00	+01:30:35 (56.2%)	13:25	4.5 (44.1%)
413	JAMROZIK Adrian	3600		Open Mężczyzn	232	01:52:08	02:40:46	02:41:05.60	02:41:05.60	+01:30:36 (56.2%)	13:25	4.5 (44.1%)
414	KOSTORZ Magda	3690		Open Kobiet	15	01:54:08	02:41:01	02:41:10.50	02:41:10.50	+01:30:41 (56.3%)	13:25	4.5 (44.1%)
415	KOSTORZ Karol	3689		Open Mężczyzn	233	01:54:09	02:41:01	02:41:10.80	02:41:10.80	+01:30:41 (56.3%)	13:25	4.5 (44.1%)
416	JÓZEFOWSKI Tobiasz	3527	PUSTAKI	Open Masters Mężczyzn	40	01:49:35	02:41:07	02:41:17.65	02:41:17.65	+01:30:48 (56.3%)	13:26	4.5 (44.1%)
417	STANEK Małgorzata	3528	PUSTAKI	Open Kobiet	16	01:49:05	02:41:08	02:41:17.80	02:41:17.80	+01:30:48 (56.3%)	13:26	4.5 (44.1%)
417	MIKOŚ Łukasz	3522	FITPARK TEAM	Open Masters Mężczyzn	41	01:49:04	02:41:07	02:41:17.80	02:41:17.80	+01:30:48 (56.3%)	13:26	4.5 (44.1%)
419	BEDNARCZYK Przemysław	3461	WŚCIEKŁE PSZCZOŁY	Open Mężczyzn	234	01:51:45	02:41:05	02:41:24.85	02:41:24.85	+01:30:55 (56.3%)	13:27	4.5 (44.1%)
420	DYBKA Jan	3471		Open Mężczyzn	235	01:51:46	02:41:04	02:41:25.65	02:41:25.65	+01:30:56 (56.3%)	13:27	4.5 (44.1%)
421	GRZESIAKOWSKI Krystian	3665	SII RUNNING TEAM	Open Mężczyzn	236	01:56:48	02:41:47	02:41:55.15	02:41:55.15	+01:31:26 (56.5%)	13:29	4.4 (43.1%)
422	LARYSZ Paweł	3664	RUN OR FLY	Open Masters Mężczyzn	42	01:50:01	02:41:45	02:41:56.05	02:41:56.05	+01:31:27 (56.5%)	13:29	4.4 (43.1%)
423	LARYSZ Karolina	3663	RUN OR FLY	Open Kobiet	17	01:50:01	02:41:44	02:41:56.65	02:41:56.65	+01:31:27 (56.5%)	13:29	4.4 (43.1%)
424	KWIATKOWSKI Krzysztof	3761		Open Masters Mężczyzn	43	01:52:16	02:41:48	02:41:58.60	02:41:58.60	+01:31:29 (56.5%)	13:29	4.4 (43.1%)
425	BURZAWA Łukasz	3737		Open Masters Mężczyzn	44	01:52:16	02:41:48	02:41:58.70	02:41:58.70	+01:31:29 (56.5%)	13:29	4.4 (43.1%)
426	DZIEDZIC Rysiek	3880	RUN OR FLY	Open Masters Mężczyzn	45	01:50:24	02:41:44	02:42:00.30	02:42:00.30	+01:31:31 (56.5%)	13:30	4.4 (43.1%)
427	SIKORA Marek	3286		Open Mężczyzn	237	01:52:59	02:42:05	02:42:12.55	02:42:12.55	+01:31:43 (56.5%)	13:31	4.4 (43.1%)
428	KUNA Grzegorz	3816		Open Masters Mężczyzn	46	01:50:25	02:42:15	02:42:23.80	02:42:23.80	+01:31:54 (56.6%)	13:31	4.4 (43.1%)
429	KRÓL Paweł	3384		Open Masters Mężczyzn	47	01:57:54	02:42:20	02:42:29.20	02:42:29.20	+01:32:00 (56.6%)	13:32	4.4 (43.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
430	KOCUREK Dawid	3545		Open Masters Mężczyzn	48	01:45:53	02:43:23	02:43:33.90	02:43:33.90	+01:33:04 (56.9%)	13:37	4.4 (43.1%)
431	GAJEWSKI Tomasz	3542		Open Masters Mężczyzn	49	01:46:02	02:43:22	02:43:34.15	02:43:34.15	+01:33:05 (56.9%)	13:37	4.4 (43.1%)
432	KOPKA Łukasz	3429		Open Mężczyzn	238	01:53:07	02:43:39	02:43:47.85	02:43:47.85	+01:33:18 (57.0%)	13:38	4.4 (43.1%)
433	DZIEDZIC Marcin	3541		Open Mężczyzn	239	01:53:29	02:43:51	02:44:01.10	02:44:01.10	+01:33:32 (57.0%)	13:40	4.4 (43.1%)
434	KRÓL Monika	3797		Open Kobiet	18	01:50:31	02:43:55	02:44:05.30	02:44:05.30	+01:33:36 (57.0%)	13:40	4.4 (43.1%)
435	STERNAL Eliza	3799		Open Kobiet	19	01:47:18	02:43:54	02:44:05.60	02:44:05.60	+01:33:36 (57.0%)	13:40	4.4 (43.1%)
436	BUCZYNSKI Dariusz	3793		Open Mężczyzn	240	01:47:18	02:43:54	02:44:05.75	02:44:05.75	+01:33:36 (57.0%)	13:40	4.4 (43.1%)
437	POLYAKOV Dima	3869		Open Mężczyzn	241	01:56:12	02:44:00	02:44:10.55	02:44:10.55	+01:33:41 (57.1%)	13:40	4.4 (43.1%)
438	KOSIŃSKA Agnieszka	3602		Open Masters Kobiet	7	01:55:30	02:43:57	02:44:10.85	02:44:10.85	+01:33:41 (57.1%)	13:40	4.4 (43.1%)
439	POLYAKOVA Kasia	3870		Open Kobiet	20	01:56:12	02:44:00	02:44:10.90	02:44:10.90	+01:33:41 (57.1%)	13:40	4.4 (43.1%)
440	SCHODNIK Sławomir	3519	BIEGAMY Z KRANOWIANKĄ	Open Mężczyzn	242	01:57:29	02:43:59	02:44:11.45	02:44:11.45	+01:33:42 (57.1%)	13:40	4.4 (43.1%)
441	BERGEL Paweł	3539		Open Masters Mężczyzn	50	01:57:32	02:43:59	02:44:12.15	02:44:12.15	+01:33:43 (57.1%)	13:41	4.4 (43.1%)
442	GRUSZKA Maciej	3543		Open Masters Mężczyzn	51	01:57:32	02:43:59	02:44:12.65	02:44:12.65	+01:33:43 (57.1%)	13:41	4.4 (43.1%)
443	RZEPKA Julia	3396		Open Kobiet	21	01:50:42	02:44:12	02:44:21.55	02:44:21.55	+01:33:52 (57.1%)	13:41	4.4 (43.1%)
444	SIUDAK Aleksander	3398		Open Mężczyzn	243	01:50:43	02:44:12	02:44:21.70	02:44:21.70	+01:33:52 (57.1%)	13:41	4.4 (43.1%)
445	GROCHOWALSKA Agata	3316	JABOLE	Open Kobiet	22	01:53:57	02:44:33	02:44:43.20	02:44:43.20	+01:34:14 (57.2%)	13:43	4.4 (43.1%)
446	JABŁOŃSKI Kamil	3317	JABOLE	Open Mężczyzn	244	01:53:58	02:44:33	02:44:43.40	02:44:43.40	+01:34:14 (57.2%)	13:43	4.4 (43.1%)
447	KACZYCA Marek	3833		Open Mężczyzn	245	01:54:20	02:44:38	02:44:49.85	02:44:49.85	+01:34:20 (57.2%)	13:44	4.4 (43.1%)
448	KNICZ Wioletta	3834		Open Kobiet	23	01:54:22	02:44:38	02:44:50.25	02:44:50.25	+01:34:21 (57.2%)	13:44	4.4 (43.1%)
449	FORC Łukasz	3746		Open Mężczyzn	246	01:48:23	02:44:55	02:45:02.65	02:45:02.65	+01:34:33 (57.3%)	13:45	4.4 (43.1%)
450	KOŁOS Krystian	3481		Open Mężczyzn	247	01:57:29	02:45:02	02:45:14.80	02:45:14.80	+01:34:45 (57.3%)	13:46	4.4 (43.1%)
451	PINDYCH Marcin	3726	ZELAZO NIE KLEKA	Open Masters Mężczyzn	52	01:57:32	02:45:07	02:45:21.40	02:45:21.40	+01:34:52 (57.4%)	13:46	4.4 (43.1%)
452	PINDYCH Michał	3727	ZELAZO NIE KLEKA	Open Masters Mężczyzn	53	01:54:00	02:45:10	02:45:22.65	02:45:22.65	+01:34:53 (57.4%)	13:46	4.4 (43.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
453	KOŚMIDER Piotr	3725	ZELAZO NIE KLEKA	Open Mężczyzn	248	01:57:33	02:45:11	02:45:24.05	02:45:24.05	+01:34:55 (57.4%)	13:47	4.4 (43.1%)
454	GURAK-BRZOZOWSKI Artur	3458	RESPECT! POWER! BANANA!	Open Mężczyzn	249	01:57:01	02:45:22	02:45:32.75	02:45:32.75	+01:35:03 (57.4%)	13:47	4.3 (42.2%)
455	CZECHOWSKI Wojciech	3111	OCR KRAKÓW	Elite Mężczyzn	83	02:08:43	02:45:28	02:45:34.15	02:45:34.15	+01:35:05 (57.4%)	13:47	4.3 (42.2%)
456	DULIAN Łukasz	3593		Open Masters Mężczyzn	54	01:55:23	02:45:25	02:45:42.70	02:45:42.70	+01:35:13 (57.5%)	13:48	4.3 (42.2%)
457	BRYNIARSKA Sylwia	3786	FURIA TEAM	Open Kobiet	24	01:54:31	02:45:44	02:45:58.15	02:45:58.15	+01:35:29 (57.5%)	13:49	4.3 (42.2%)
457	SOBOCZYŃSKI Bartosz	3787	FURIA TEAM	Open Mężczyzn	250	01:54:39	02:45:47	02:45:58.15	02:45:58.15	+01:35:29 (57.5%)	13:49	4.3 (42.2%)
459	KRAKOWSKA Arleta	3759		Open Kobiet	25	01:54:40	02:45:48	02:46:02.15	02:46:02.15	+01:35:33 (57.5%)	13:50	4.3 (42.2%)
460	PASZKIEWICZ Patryk	3767		Open Masters Mężczyzn	55	01:53:09	02:45:49	02:46:04.65	02:46:04.65	+01:35:35 (57.6%)	13:50	4.3 (42.2%)
461	GANCARZ Dariusz	3595		Open Mężczyzn	251	01:55:25	02:45:59	02:46:08.30	02:46:08.30	+01:35:39 (57.6%)	13:50	4.3 (42.2%)
462	WÓJCIK Grzegorz	3515		Open Mężczyzn	252	01:57:01	02:46:05	02:46:14.65	02:46:14.65	+01:35:45 (57.6%)	13:51	4.3 (42.2%)
463	KĘDRA Marcin	3381		Open Masters Mężczyzn	56	01:57:56	02:46:06	02:46:15.20	02:46:15.20	+01:35:46 (57.6%)	13:51	4.3 (42.2%)
464	ORSECH Katharina	3694		Open Kobiet	26	01:56:38	02:46:07	02:46:15.25	02:46:15.25	+01:35:46 (57.6%)	13:51	4.3 (42.2%)
465	KORONA Daniel	3382		Open Masters Mężczyzn	57	01:57:57	02:46:06	02:46:16.30	02:46:16.30	+01:35:47 (57.6%)	13:51	4.3 (42.2%)
466	KANIA Marcin	3687		Open Mężczyzn	253	01:56:37	02:46:08	02:46:18.10	02:46:18.10	+01:35:49 (57.6%)	13:51	4.3 (42.2%)
467	WALIGÓRA Dariusz	3788	FURIA TEAM	Open Masters Mężczyzn	58	01:54:41	02:46:13	02:46:25.90	02:46:25.90	+01:35:56 (57.6%)	13:52	4.3 (42.2%)
468	DOBOSZ Damian	3338		Open Mężczyzn	254	01:56:36	02:46:22	02:46:33.15	02:46:33.15	+01:36:04 (57.7%)	13:52	4.3 (42.2%)
469	GADZIAŁA Sylwester	3372		Open Masters Mężczyzn	59	01:57:55	02:47:09	02:47:20.15	02:47:20.15	+01:36:51 (57.9%)	13:56	4.3 (42.2%)
470	LIGOCKA Natalia	3328	TEAM LIGOCCY	Open Kobiet	27	01:52:59	02:47:16	02:47:26.30	02:47:26.30	+01:36:57 (57.9%)	13:57	4.3 (42.2%)
471	LIGOCKA Karolina	3327	TEAM LIGOCCY	Open Kobiet	28	01:52:57	02:47:16	02:47:26.45	02:47:26.45	+01:36:57 (57.9%)	13:57	4.3 (42.2%)
472	TROJAK Maciej	3533	SPIESZSIEPOWOLI	Open Mężczyzn	255	01:58:27	02:47:47	02:47:52.60	02:47:52.60	+01:37:23 (58.0%)	13:59	4.3 (42.2%)
473	WARDECKI Piotr	3534	SPIESZSIEPOWOLI	Open Mężczyzn	256	01:58:35	02:47:47	02:47:53.25	02:47:53.25	+01:37:24 (58.0%)	13:59	4.3 (42.2%)
474	MATUSZCZAK Maciej	3551		Open Mężczyzn	257	01:58:35	02:47:47	02:47:54.00	02:47:54.00	+01:37:24 (58.0%)	13:59	4.3 (42.2%)
475	OLENDER Przemysław	3347		Open Mężczyzn	258	01:59:38	02:47:52	02:47:58.75	02:47:58.75	+01:37:29 (58.0%)	13:59	4.3 (42.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
476	RABIASZ Urszula	3615		Open Kobiet	29	01:51:47	02:47:50	02:48:00.75	02:48:00.75	+01:37:31 (58.0%)	14:00	4.3 (42.2%)
477	SOBOLEWSKI Robert	3573	SPARTAŃSKA DZICZ	Open Mężczyzn	259	01:51:47	02:47:51	02:48:01.25	02:48:01.25	+01:37:32 (58.1%)	14:00	4.3 (42.2%)
478	BAŁCHANOWSKI Krzysztof	3843		Open Masters Mężczyzn	60	01:53:37	02:47:52	02:48:03.00	02:48:03.00	+01:37:33 (58.1%)	14:00	4.3 (42.2%)
479	BAŁCHANOWSKI Piotr	3838		Open Mężczyzn	260	01:53:34	02:47:52	02:48:03.05	02:48:03.05	+01:37:34 (58.1%)	14:00	4.3 (42.2%)
480	GRABOWSKI Andrzej	3376		Open Mężczyzn	261	01:49:56	02:47:53	02:48:03.10	02:48:03.10	+01:37:34 (58.1%)	14:00	4.3 (42.2%)
481	LABOCHA Kaja	3385		Open Kobiet	30	01:49:56	02:47:54	02:48:03.15	02:48:03.15	+01:37:34 (58.1%)	14:00	4.3 (42.2%)
482	СЕЛЮТИН Владимир	3142		Open Mężczyzn	262	01:23:33	02:48:00	02:48:12.00	02:48:12.00	+01:37:42 (58.1%)	14:01	4.3 (42.2%)
483	SPAŁEK Szymon	3291		Open Mężczyzn	263	01:55:29	02:48:07	02:48:13.20	02:48:13.20	+01:37:44 (58.1%)	14:01	4.3 (42.2%)
484	STACH Gabriel	3292		Open Mężczyzn	264	01:55:45	02:48:07	02:48:13.30	02:48:13.30	+01:37:44 (58.1%)	14:01	4.3 (42.2%)
485	STACH Kamil	3293		Open Mężczyzn	265	01:55:17	02:48:06	02:48:13.40	02:48:13.40	+01:37:44 (58.1%)	14:01	4.3 (42.2%)
486	RAŁOWSKA Iwona	3281		Open Masters Kobiet	8	01:56:32	02:48:06	02:48:15.65	02:48:15.65	+01:37:46 (58.1%)	14:01	4.3 (42.2%)
487	ŁUKASZUK Kinga	3871	GYM LUBLIN	Open Kobiet	31	01:55:05	02:48:14	02:48:22.50	02:48:22.50	+01:37:53 (58.1%)	14:01	4.3 (42.2%)
488	FLEJTUCH Tobiasz	3810		Open Mężczyzn	266	01:51:40	02:48:27	02:48:38.65	02:48:38.65	+01:38:09 (58.2%)	14:03	4.3 (42.2%)
489	KLIMASZEWSKI Jakub	3477		Open Mężczyzn	267	01:52:37	02:48:37	02:48:47.65	02:48:47.65	+01:38:18 (58.2%)	14:03	4.3 (42.2%)
490	KUBICKI Hubert	3430		Open Mężczyzn	268	01:54:16	02:48:39	02:48:50.00	02:48:50.00	+01:38:20 (58.3%)	14:04	4.3 (42.2%)
491	BUFF Jan	3465		Open Mężczyzn	269	01:51:38	02:48:39	02:48:50.25	02:48:50.25	+01:38:21 (58.3%)	14:04	4.3 (42.2%)
492	WICIŃSKI Michał	3443	MMM - RMG SAN	Open Mężczyzn	270	01:57:41	02:48:42	02:48:52.80	02:48:52.80	+01:38:23 (58.3%)	14:04	4.3 (42.2%)
493	CHUDY Wojtek	3739		Open Mężczyzn	271	01:52:52	02:48:53	02:48:59.45	02:48:59.45	+01:38:30 (58.3%)	14:04	4.3 (42.2%)
494	BAZIAK Mateusz	3847		Open Mężczyzn	272	01:52:50	02:48:53	02:48:59.95	02:48:59.95	+01:38:30 (58.3%)	14:04	4.3 (42.2%)
495	LADEMAN Patrycja	3656	GRUPA IMPEL	Open Kobiet	32	01:54:12	02:48:50	02:49:00.75	02:49:00.75	+01:38:31 (58.3%)	14:05	4.3 (42.2%)
496	LADEMAN Aneta	3691		Open Masters Kobiet	9	01:54:17	02:48:52	02:49:02.60	02:49:02.60	+01:38:33 (58.3%)	14:05	4.3 (42.2%)
497	NIZIOŁEK Michał	3763		Open Mężczyzn	273	01:52:52	02:48:53	02:49:03.75	02:49:03.75	+01:38:34 (58.3%)	14:05	4.3 (42.2%)
498	GRZYB Mikołaj	3855		Open Mężczyzn	274	01:50:35	02:49:35	02:49:42.15	02:49:42.15	+01:39:13 (58.5%)	14:08	4.2 (41.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
499	GĄGOLSKI Wojciech	3748		Open Mężczyzn	275	01:56:07	02:50:14	02:50:23.50	02:50:23.50	+01:39:54 (58.6%)	14:11	4.2 (41.2%)
500	CISŁO Patrycja	3740		Open Kobiet	33	01:57:31	02:50:16	02:50:26.60	02:50:26.60	+01:39:57 (58.6%)	14:12	4.2 (41.2%)
501	KOCHANEK Jarosław	3131		Open Mężczyzn	276	02:06:08	02:50:16	02:50:26.70	02:50:26.70	+01:39:57 (58.6%)	14:12	4.2 (41.2%)
502	KOMRAUS Maciej	3757		Open Mężczyzn	277	01:57:32	02:50:16	02:50:26.90	02:50:26.90	+01:39:57 (58.6%)	14:12	4.2 (41.2%)
503	URBAŃCZYK Wojciech	3403		Open Mężczyzn	278	01:59:02	02:50:45	02:50:55.50	02:50:55.50	+01:40:26 (58.8%)	14:14	4.2 (41.2%)
504	MIŚ Paweł	3609		Open Mężczyzn	279	01:56:07	02:50:38	02:50:58.85	02:50:58.85	+01:40:29 (58.8%)	14:14	4.2 (41.2%)
505	PRZYBYŚ Paweł	3451	INFLOW RZESZÓW	Open Mężczyzn	280	01:59:08	02:50:56	02:51:13.30	02:51:13.30	+01:40:44 (58.8%)	14:16	4.2 (41.2%)
506	ŻEGLEŃ Kamil	3517		Open Mężczyzn	281	01:59:09	02:50:55	02:51:15.25	02:51:15.25	+01:40:46 (58.8%)	14:16	4.2 (41.2%)
507	MAKAROWSKI Adam	3433		Open Mężczyzn	282	01:57:47	02:50:56	02:51:17.70	02:51:17.70	+01:40:48 (58.9%)	14:16	4.2 (41.2%)
508	CHŁUD Patryk	3420		Open Mężczyzn	283	02:01:33	02:51:14	02:51:19.50	02:51:19.50	+01:40:50 (58.9%)	14:16	4.2 (41.2%)
509	KUROWSKI Daniel	3431		Open Mężczyzn	284	02:01:34	02:51:10	02:51:20.80	02:51:20.80	+01:40:51 (58.9%)	14:16	4.2 (41.2%)
510	BŁONIAK Piotr	3708	CHEMICAL BROTHERS TEAM	Open Masters Mężczyzn	61	01:55:34	02:50:38	02:51:37.90	02:51:37.90	+01:41:08 (58.9%)	14:18	4.2 (41.2%)
511	Paweł	3707	CHEMICAL BROTHERS TEAM	Open Masters Mężczyzn	62	01:55:35	02:51:28	02:51:39.10	02:51:39.10	+01:41:10 (58.9%)	14:18	4.2 (41.2%)
512	SZUMIGALSKI Tomasz	3836		Open Masters Mężczyzn	63	01:55:39	02:52:40	02:52:48.95	02:52:48.95	+01:42:19 (59.2%)	14:24	4.2 (41.2%)
513	SCHAB Igor	3660	MORDERCZE OPONY	Open Mężczyzn	285	02:02:40	02:53:01	02:53:14.80	02:53:14.80	+01:42:45 (59.3%)	14:26	4.2 (41.2%)
514	LOCH Rafał	3873		Open Mężczyzn	286	02:02:34	02:52:26	02:53:22.60	02:53:22.60	+01:42:53 (59.3%)	14:26	4.2 (41.2%)
515	OLSZOWY Joanna	3659	MORDERCZE OPONY	Open Kobiet	34	02:02:16	02:52:35	02:53:29.55	02:53:29.55	+01:43:00 (59.4%)	14:27	4.2 (41.2%)
516	LOCH Dawid	3658	MORDERCZE OPONY	Open Mężczyzn	287	02:02:36	02:53:24	02:53:34.90	02:53:34.90	+01:43:05 (59.4%)	14:27	4.1 (40.2%)
517	LOCH Mirosław	3872		Open Masters Mężczyzn	64	02:02:14	02:53:27	02:53:45.25	02:53:45.25	+01:43:16 (59.4%)	14:28	4.1 (40.2%)
518	ŚLĘZAK Agnieszka	3173	LEMON TEAM	Open Kobiet	35	01:39:49	02:54:18	02:54:24.00	02:54:24.00	+01:43:54 (59.6%)	14:32	4.1 (40.2%)
519	ZAWADA Borys	3882		Open Mężczyzn	288	02:07:32	02:54:11	02:54:26.00	02:54:26.00	+01:43:56 (59.6%)	14:32	4.1 (40.2%)
520	BORECKI Tomasz	3240		Open Mężczyzn	289	02:03:53	02:54:17	02:54:27.05	02:54:27.05	+01:43:58 (59.6%)	14:32	4.1 (40.2%)
521	UBYSZ Malwina	3304		Open Kobiet	36	02:02:54	02:54:17	02:54:27.50	02:54:27.50	+01:43:58 (59.6%)	14:32	4.1 (40.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
522	MACIEJNY Lukasz	3856	SIMPLY THE WORST	Open Mężczyzn	290	02:04:22	02:54:18	02:54:27.85	02:54:27.85	+01:43:58 (59.6%)	14:32	4.1 (40.2%)
523	MACIEJNY Michal	3842	SIMPLY THE WORST	Open Mężczyzn	291		02:54:17	02:54:27.90	02:54:27.90	+01:43:58 (59.6%)	14:32	4.1 (40.2%)
524	NOWAK Adrian	3273		Open Mężczyzn	292	02:03:06	02:54:18	02:54:28.45	02:54:28.45	+01:43:59 (59.6%)	14:32	4.1 (40.2%)
525	ŁUCKI Kamil	3548		Open Mężczyzn	293	01:58:18	02:54:35	02:54:49.35	02:54:49.35	+01:44:20 (59.7%)	14:34	4.1 (40.2%)
526	SZYMONEK Adam	3140		Open Masters Mężczyzn	65	01:49:04	02:54:55	02:55:07.15	02:55:07.15	+01:44:38 (59.8%)	14:35	4.1 (40.2%)
527	MAJKA Kacper	3491		Open Mężczyzn	294	01:58:30	02:54:02	02:55:14.05	02:55:14.05	+01:44:45 (59.8%)	14:36	4.1 (40.2%)
528	KOZALA Paweł	3604		Open Mężczyzn	295	02:03:37	02:55:08	02:55:16.10	02:55:16.10	+01:44:47 (59.8%)	14:36	4.1 (40.2%)
529	MARCZYK Kamil	3607		Open Mężczyzn	296	02:03:12	02:55:07	02:55:16.25	02:55:16.25	+01:44:47 (59.8%)	14:36	4.1 (40.2%)
530	Michał	3584		Open Mężczyzn	297	02:03:24	02:55:07	02:55:16.35	02:55:16.35	+01:44:47 (59.8%)	14:36	4.1 (40.2%)
531	FLORKOWSKI Rafał	3594		Open Mężczyzn	298	02:03:31	02:55:08	02:55:16.75	02:55:16.75	+01:44:47 (59.8%)	14:36	4.1 (40.2%)
532	MARMOL Dariusz	3434		Open Mężczyzn	299	01:56:31	02:55:20	02:55:32.85	02:55:32.85	+01:45:03 (59.8%)	14:37	4.1 (40.2%)
533	TUREK Łukasz	3441		Open Mężczyzn	300	01:56:32	02:55:20	02:55:33.05	02:55:33.05	+01:45:04 (59.8%)	14:37	4.1 (40.2%)
534	SALWACH Adrian	3439		Open Mężczyzn	301	01:56:31	02:55:22	02:55:34.15	02:55:34.15	+01:45:05 (59.9%)	14:37	4.1 (40.2%)
535	GROCHAL Magdalena	3473		Open Kobiet	37	01:57:48	02:55:29	02:55:37.10	02:55:37.10	+01:45:08 (59.9%)	14:38	4.1 (40.2%)
535	Sylwia	3463		Open Kobiet	37		02:55:29	02:55:37.10	02:55:37.10	+01:45:08 (59.9%)	14:38	4.1 (40.2%)
537	BURNOS Bartosz	3466		Open Mężczyzn	302	01:57:49	02:55:39	02:55:45.80	02:55:45.80	+01:45:16 (59.9%)	14:38	4.1 (40.2%)
538	WĘGRZYN Grzegorz	3511		Open Mężczyzn	303	01:57:47	02:55:30	02:55:47.50	02:55:47.50	+01:45:18 (59.9%)	14:38	4.1 (40.2%)
539	Karol	3462		Open Mężczyzn	304	01:58:07	02:56:04	02:56:12.55	02:56:12.55	+01:45:43 (60.0%)	14:41	4.1 (40.2%)
540	KARAŚ Piotr	3804	WIELKOLUDY	Open Mężczyzn	305	01:59:30	02:56:05	02:56:15.70	02:56:15.70	+01:45:46 (60.0%)	14:41	4.1 (40.2%)
541	BEDNARCZYK Ewa	3867	FITPARK TEAM	Open Masters Kobiet	10	01:59:10	02:56:10	02:56:22.10	02:56:22.10	+01:45:53 (60.0%)	14:41	4.1 (40.2%)
542	BOROWIAK Katarzyna	3203	FITPARK TEAM	Open Kobiet	39	01:59:09	02:56:12	02:56:23.00	02:56:23.00	+01:45:53 (60.0%)	14:41	4.1 (40.2%)
543	KULIG-KARKOSZKA Agata	3204	FITPARK TEAM	Open Kobiet	40	01:59:00	02:56:14	02:56:24.05	02:56:24.05	+01:45:55 (60.0%)	14:42	4.1 (40.2%)
544	PRZECHERKA Patrycja	3206	FITPARK TEAM	Open Kobiet	41	02:01:59	02:56:15	02:56:24.45	02:56:24.45	+01:45:55 (60.0%)	14:42	4.1 (40.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
545	LIBICKI Michał	3817		Open Mężczyzn	306	01:58:08	02:56:21	02:56:31.05	02:56:31.05	+01:46:02 (60.1%)	14:42	4.1 (40.2%)
546	MICHALSKI Wiktor	3716	MOCNII GAS	Open Mężczyzn	307	01:59:57	02:56:40	02:56:49.20	02:56:49.20	+01:46:20 (60.1%)	14:44	4.1 (40.2%)
547	TERELAK Łukasz	3717	MOCNII GAS	Open Mężczyzn	308	01:59:56	02:56:41	02:56:49.90	02:56:49.90	+01:46:20 (60.1%)	14:44	4.1 (40.2%)
548	KOŁODZIEJ Magdalena	3158	LEMON TEAM	Open Kobiet	42	01:29:03	02:57:36	02:57:44.45	02:57:44.45	+01:47:15 (60.3%)	14:48	4.1 (40.2%)
549	NOWAK Marcin	3496		Open Mężczyzn	309	01:55:00	02:58:00	02:58:12.80	02:58:12.80	+01:47:43 (60.4%)	14:51	4 (39.2%)
550	MALADA Sebastian	3492		Open Mężczyzn	310	01:55:01	02:58:01	02:58:15.05	02:58:15.05	+01:47:46 (60.5%)	14:51	4 (39.2%)
551	SZTAFIŃSKA Monika	3778		Open Kobiet	43	01:57:18	02:58:05	02:58:15.15	02:58:15.15	+01:47:46 (60.5%)	14:51	4 (39.2%)
552	WŁODARCZYK Łukasz	3559		Open Mężczyzn	311	02:02:14	02:57:55	02:58:16.25	02:58:16.25	+01:47:47 (60.5%)	14:51	4 (39.2%)
553	SZTAFIŃSKI Piotr	3779		Open Mężczyzn	312	01:57:13	02:58:05	02:58:16.40	02:58:16.40	+01:47:47 (60.5%)	14:51	4 (39.2%)
554	ГАРHOVСКАЯ Антонина	3163		Open Kobiet	44	01:15:39	02:59:05	02:59:14.35	02:59:14.35	+01:48:45 (60.7%)	14:56	4 (39.2%)
555	CYBULSKI Mateusz	3446	COBRAKAI	Open Mężczyzn	313	02:05:03	02:59:15	02:59:21.90	02:59:21.90	+01:48:52 (60.7%)	14:56	4 (39.2%)
556	MISZ Maciej	3447	COBRAKAI	Open Mężczyzn	314	02:05:25	02:59:16	02:59:25.05	02:59:25.05	+01:48:56 (60.7%)	14:57	4 (39.2%)
557	KURCON Patryk	3457	PUSZCZONA KIEROWNICA	Open Mężczyzn	315	02:01:28	02:59:17	02:59:26.25	02:59:26.25	+01:48:57 (60.7%)	14:57	4 (39.2%)
558	CHROBAK Adrian	3456	PUSZCZONA KIEROWNICA	Open Mężczyzn	316	02:01:29	02:59:18	02:59:27.60	02:59:27.60	+01:48:58 (60.7%)	14:57	4 (39.2%)
559	WRÓBEL Mateusz	3824		Open Mężczyzn	317	02:04:58	02:59:33	02:59:43.75	02:59:43.75	+01:49:14 (60.8%)	14:58	4 (39.2%)
560	ZASADA Łukasz	3417	ZASADA D&Ł	Open Masters Mężczyzn	66	02:01:36	02:59:40	02:59:52.85	02:59:52.85	+01:49:23 (60.8%)	14:59	4 (39.2%)
561	CYGAN Filip	3207	HUNTERS OCR TEAM	Open Mężczyzn	318	02:00:49	03:00:07	03:00:18.60	03:00:18.60	+01:49:49 (60.9%)	15:01	4 (39.2%)
562	MIERZICKI Marcel	3117	POWER TRAINING	Open Masters Mężczyzn	67	02:10:10	03:00:38	03:00:46.20	03:00:46.20	+01:50:17 (61.0%)	15:03	4 (39.2%)
563	KLONOWICZ Stanisław	3103	HUNTERS OCR TEAM	Open Masters Mężczyzn	68	01:32:24	03:00:43	03:00:53.85	03:00:53.85	+01:50:24 (61.0%)	15:04	4 (39.2%)
564	JANKOWSKI Łukasz	3752		Open Mężczyzn	319	01:57:22	03:00:45	03:00:54.70	03:00:54.70	+01:50:25 (61.0%)	15:04	4 (39.2%)
565	BIELECKA Katarzyna	3460	SPARTAN TRAINING GROUP SOSNOWIEC	Open Kobiet	45	02:07:33	03:00:49	03:00:57.00	03:00:57.00	+01:50:27 (61.0%)	15:04	4 (39.2%)
566	IT Hype	3750		Open Mężczyzn	320	01:57:29	03:00:46	03:00:59.10	03:00:59.10	+01:50:30 (61.1%)	15:04	4 (39.2%)
567	ROSA Katarzyna	3283		Open Masters Kobiet	11	02:01:10	03:01:21	03:01:32.60	03:01:32.60	+01:51:03 (61.2%)	15:07	4 (39.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
568	WIATROS Sebastian	3307		Open Mężczyzn	321	02:01:10	03:01:21	03:01:32.70	03:01:32.70	+01:51:03 (61.2%)	15:07	4 (39.2%)
569	SKOCZEK Krzysztof	3538	UCIEKAJĄCE PROMILE	Open Mężczyzn	322	02:09:34	03:01:45	03:01:57.30	03:01:57.30	+01:51:28 (61.3%)	15:09	4 (39.2%)
570	STRAŚ Krystian	3507		Open Mężczyzn	323	01:59:26	03:01:47	03:01:57.85	03:01:57.85	+01:51:28 (61.3%)	15:09	4 (39.2%)
571	KASPERCZYK Kacper	3536	UCIEKAJĄCE PROMILE	Open Mężczyzn	324	02:09:43	03:01:45	03:01:57.90	03:01:57.90	+01:51:28 (61.3%)	15:09	4 (39.2%)
572	KRÓL Piotr	3537	UCIEKAJĄCE PROMILE	Open Mężczyzn	325	02:09:32	03:02:09	03:02:19.80	03:02:19.80	+01:51:50 (61.3%)	15:11	3.9 (38.2%)
573	CZAICKI Jakub	3535	UCIEKAJĄCE PROMILE	Open Mężczyzn	326	02:09:31	03:02:09	03:02:20.15	03:02:20.15	+01:51:51 (61.3%)	15:11	3.9 (38.2%)
574	WOJDA Damian	3326	TEAM IDEA	Open Mężczyzn	327	02:10:55	03:02:17	03:02:28.60	03:02:28.60	+01:51:59 (61.4%)	15:12	3.9 (38.2%)
575	BALAS Paweł	3325	TEAM IDEA	Open Mężczyzn	328	02:10:54	03:02:17	03:02:28.70	03:02:28.70	+01:51:59 (61.4%)	15:12	3.9 (38.2%)
576	SOLECKI Jerzy	3822		Open Mężczyzn	329	02:04:59	03:02:44	03:02:53.35	03:02:53.35	+01:52:24 (61.5%)	15:14	3.9 (38.2%)
577	MIKLUSZKA Filip	3719	PRINCESKI PREZESA SP. Z O.O.	Open Mężczyzn	330	01:54:07	03:02:53	03:03:02.25	03:03:02.25	+01:52:33 (61.5%)	15:15	3.9 (38.2%)
578	GUBERNAT Mikołaj	3718	PRINCESKI PREZESA SP. Z O.O.	Open Mężczyzn	331	01:54:08	03:02:53	03:03:02.55	03:03:02.55	+01:52:33 (61.5%)	15:15	3.9 (38.2%)
579	POTEMPA Rafał	3098	FITPARK TEAM	Open Mężczyzn	332	01:19:23	03:02:59	03:03:05.20	03:03:05.20	+01:52:36 (61.5%)	15:15	3.9 (38.2%)
580	WODECKI Tomasz	3621		Open Mężczyzn	333	02:08:38	03:02:54	03:03:10.85	03:03:10.85	+01:52:41 (61.5%)	15:15	3.9 (38.2%)
581	RUGAŁA Konrad	3284		Open Mężczyzn	334	01:59:22		03:03:39.00	03:03:39.00	+01:53:09 (61.6%)	15:18	3.9 (38.2%)
582	YAROTSKI Uladzislau	3311		Open Mężczyzn	335	01:59:15	03:03:33	03:03:39.90	03:03:39.90	+01:53:10 (61.6%)	15:18	3.9 (38.2%)
583	LELUK Radosław	3269		Open Mężczyzn	336	01:59:16	03:03:34	03:03:42.35	03:03:42.35	+01:53:13 (61.6%)	15:18	3.9 (38.2%)
584	RUGAŁA Ewelina	3868		Open Kobiet	46	01:59:23	03:03:33	03:03:42.65	03:03:42.65	+01:53:13 (61.6%)	15:18	3.9 (38.2%)
585	RUDY Przemysław	3109	LEMON TEAM	Open Mężczyzn	337	01:38:22	03:03:43	03:03:53.60	03:03:53.60	+01:53:24 (61.7%)	15:19	3.9 (38.2%)
586	TARNECKI Daniel	3780		Open Mężczyzn	338	01:57:58	03:04:16	03:04:24.30	03:04:24.30	+01:53:55 (61.8%)	15:22	3.9 (38.2%)
587	BRYNDAL Anita	3591		Open Kobiet	47	02:05:11	03:05:07	03:05:15.90	03:05:15.90	+01:54:46 (62.0%)	15:26	3.9 (38.2%)
588	AUGUSTYN Magdalena	3588		Open Kobiet	48	02:05:11	03:05:07	03:05:16.20	03:05:16.20	+01:54:47 (62.0%)	15:26	3.9 (38.2%)
589	OGÓREK Jakub	3526	MAMEZI	Open Mężczyzn	339	02:06:59	03:05:03	03:05:18.70	03:05:18.70	+01:54:49 (62.0%)	15:26	3.9 (38.2%)
590	OGÓREK Agnieszka	3861	MAMEZI	Open Kobiet	49	02:06:58	03:05:18	03:05:26.15	03:05:26.15	+01:54:57 (62.0%)	15:27	3.9 (38.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
591	CYRANEK Dominik	3449	HARD&CORE	Open Mężczyzn	340	02:06:13	03:05:41	03:05:51.05	03:05:51.05	+01:55:22 (62.1%)	15:29	3.9 (38.2%)
592	WRÓBLEWSKI Patryk	3450	HARD&CORE	Open Mężczyzn	341	02:06:15	03:05:41	03:05:51.60	03:05:51.60	+01:55:22 (62.1%)	15:29	3.9 (38.2%)
593	KRZYCHU Krzychu	3482		Open Mężczyzn	342	01:55:49	03:05:44	03:05:54.85	03:05:54.85	+01:55:25 (62.1%)	15:29	3.9 (38.2%)
594	KRZYZOWSKA Maja	3483		Open Kobiet	50	01:55:54	03:05:44	03:05:55.05	03:05:55.05	+01:55:26 (62.1%)	15:29	3.9 (38.2%)
595	SZKABRAT Katarzyna	3509		Open Kobiet	51		03:05:46	03:05:56.30	03:05:56.30	+01:55:27 (62.1%)	15:29	3.9 (38.2%)
596	LASZCZAK Michał	3489		Open Mężczyzn	343	02:12:18	03:05:45	03:05:56.35	03:05:56.35	+01:55:27 (62.1%)	15:29	3.9 (38.2%)
597	SIKORA Jacek	3504		Open Mężczyzn	344	02:11:46	03:05:45	03:05:56.65	03:05:56.65	+01:55:27 (62.1%)	15:29	3.9 (38.2%)
598	WAGSTYL Mirela	3147	CARBON SILESIA SPORT BY VITARADE	Open Kobiet	52	02:16:01	03:06:01	03:06:12.00	03:06:12.00	+01:55:42 (62.1%)	15:31	3.9 (38.2%)
599	KWAPISZ Paulina	3524	MAMEZI	Open Kobiet	53	02:11:05	03:06:03	03:06:13.50	03:06:13.50	+01:55:44 (62.2%)	15:31	3.9 (38.2%)
600	MANDRELA Patryk	3525	MAMEZI	Open Mężczyzn	345	02:10:36	03:06:04	03:06:17.20	03:06:17.20	+01:55:48 (62.2%)	15:31	3.9 (38.2%)
601	GARA Mirosław	3650	DZIKI Z WĄSEM	Open Mężczyzn	346	02:02:52	03:06:36	03:06:46.70	03:06:46.70	+01:56:17 (62.3%)	15:33	3.9 (38.2%)
601	GARA Grzegorz	3649	DZIKI Z WĄSEM	Open Mężczyzn	346	02:02:56	03:06:36	03:06:46.70	03:06:46.70	+01:56:17 (62.3%)	15:33	3.9 (38.2%)
603	KUKLIS Marek	3651	DZIKI Z WĄSEM	Open Mężczyzn	348	02:02:48	03:06:36	03:06:47.15	03:06:47.15	+01:56:18 (62.3%)	15:33	3.9 (38.2%)
604	OJEDA FALCÓN Aythami	3274		Open Mężczyzn	349	02:04:36	03:07:09	03:07:19.60	03:07:19.60	+01:56:50 (62.4%)	15:36	3.8 (37.3%)
605	SOBCZYK Kamil	3617		Open Mężczyzn	350	01:59:51	03:07:15	03:07:22.00	03:07:22.00	+01:56:52 (62.4%)	15:36	3.8 (37.3%)
605	SIEJK Łukasz	3503		Open Mężczyzn	350	01:59:52	03:07:15	03:07:22.00	03:07:22.00	+01:56:52 (62.4%)	15:36	3.8 (37.3%)
607	SZYMANOWSKA Agnieszka	3646	DIAGNOSTYKA S.A.	Open Masters Kobiet	12	02:10:24	03:07:12	03:07:31.70	03:07:31.70	+01:57:02 (62.4%)	15:37	3.8 (37.3%)
608	RYZNAR Piotr	3438		Open Mężczyzn	352	02:02:53	03:07:19	03:07:36.55	03:07:36.55	+01:57:07 (62.4%)	15:38	3.8 (37.3%)
609	PODGÓRSKA Karolina	3209	PSYCHIATRYK KOPERNIKA	Open Kobiet	54	02:04:53	03:07:40	03:07:47.65	03:07:47.65	+01:57:18 (62.5%)	15:38	3.8 (37.3%)
610	PODGÓRSKI Michał	3210	PSYCHIATRYK KOPERNIKA	Open Mężczyzn	353	02:04:54	03:07:41	03:07:47.85	03:07:47.85	+01:57:18 (62.5%)	15:38	3.8 (37.3%)
611	ARZL Simon	3410	DADDIES ON FIRE	Open Mężczyzn	354	02:09:16	03:07:37	03:07:48.55	03:07:48.55	+01:57:19 (62.5%)	15:39	3.8 (37.3%)
612	WODZYŃSKA Paula	3354	BIEG DLA HANI	Open Kobiet	55	02:03:31	03:07:36	03:07:50.55	03:07:50.55	+01:57:21 (62.5%)	15:39	3.8 (37.3%)
613	RYS Łukasz	3395		Open Mężczyzn	355	02:03:26	03:07:27	03:07:50.95	03:07:50.95	+01:57:21 (62.5%)	15:39	3.8 (37.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
614	WODZYŃSKI Adam	3355	BIEG DLA HANI	Open Mężczyzn	356	02:03:22	03:07:34	03:07:55.95	03:07:55.95	+01:57:26 (62.5%)	15:39	3.8 (37.3%)
615	BARAN Przemysław	3353	BIEG DLA HANI	Open Mężczyzn	357	02:03:23	03:07:35	03:07:57.20	03:07:57.20	+01:57:28 (62.5%)	15:39	3.8 (37.3%)
616	KUPŚ Weronika	3853	BOLA MNIE KOLANA	Open Kobiet	56	02:03:40	03:08:07	03:08:16.85	03:08:16.85	+01:57:47 (62.6%)	15:41	3.8 (37.3%)
617	JUCHNOWICZ Mateusz	3852	BOLA MNIE KOLANA	Open Mężczyzn	358	02:03:33	03:08:06	03:08:16.95	03:08:16.95	+01:57:47 (62.6%)	15:41	3.8 (37.3%)
618	BOROWIEC Rafał	3411	DADDIES ON FIRE	Open Mężczyzn	359	02:09:17	03:08:12	03:08:21.90	03:08:21.90	+01:57:52 (62.6%)	15:41	3.8 (37.3%)
619	SZWAJA Roger	3302		Open Mężczyzn	360	02:18:05	03:09:07	03:09:22.15	03:09:22.15	+01:58:53 (62.8%)	15:46	3.8 (37.3%)
620	SZWAJA Iwona	3301		Open Masters Kobiet	13	02:18:04	03:09:09	03:09:22.25	03:09:22.25	+01:58:53 (62.8%)	15:46	3.8 (37.3%)
621	WAWAK Kamil	3823		Open Mężczyzn	361	02:08:35	03:09:46	03:09:55.85	03:09:55.85	+01:59:26 (62.9%)	15:49	3.8 (37.3%)
622	CHMIELNIAK Patryk	3826		Open Mężczyzn	362	02:08:31	03:09:56	03:10:10.60	03:10:10.60	+01:59:41 (62.9%)	15:50	3.8 (37.3%)
623	HUDY Dawid	3474		Open Mężczyzn	363	02:07:34	03:09:00	03:10:31.00	03:10:31.00	+02:00:01 (63.0%)	15:52	3.8 (37.3%)
624	ZGONDEK Maciej	3704		Open Mężczyzn	364	02:08:40	03:10:25	03:10:33.75	03:10:33.75	+02:00:04 (63.0%)	15:52	3.8 (37.3%)
625	ZAWADZKA Marlena	3703		Open Kobiet	57	02:08:37	03:10:25	03:10:34.05	03:10:34.05	+02:00:05 (63.0%)	15:52	3.8 (37.3%)
626	ZAWILIŃSKA-CHRAPKA Bożena	3626	#DIAGTEAM	Open Kobiet	58	02:10:02	03:10:26	03:10:35.70	03:10:35.70	+02:00:06 (63.0%)	15:52	3.8 (37.3%)
627	ZNYK Teresa	3627	#DIAGTEAM	Open Kobiet	59	02:10:01	03:10:26	03:10:36.05	03:10:36.05	+02:00:07 (63.0%)	15:53	3.8 (37.3%)
628	CHYTRY Klaudia	3625	#DIAGTEAM	Open Kobiet	60	02:10:26	03:10:26	03:10:36.50	03:10:36.50	+02:00:07 (63.0%)	15:53	3.8 (37.3%)
629	KOPEĆ Magdalena	3312	BEFIT24TEAM	Open Kobiet	61	02:15:26	03:10:36	03:10:52.30	03:10:52.30	+02:00:23 (63.1%)	15:54	3.8 (37.3%)
630	SMÓŁKA Dominika	3313	BEFIT24TEAM	Open Kobiet	62	02:15:27	03:10:36	03:10:52.40	03:10:52.40	+02:00:23 (63.1%)	15:54	3.8 (37.3%)
631	PIECHOWSKI Michał	3391		Open Mężczyzn	365	02:05:38	03:10:50	03:10:54.80	03:10:54.80	+02:00:25 (63.1%)	15:54	3.8 (37.3%)
631	DEMCZUK Tomasz	3370		Open Mężczyzn	365	02:05:39	03:10:49	03:10:54.80	03:10:54.80	+02:00:25 (63.1%)	15:54	3.8 (37.3%)
633	KOWALSKI Jędrzej	3383		Open Mężczyzn	367	02:05:39	03:10:50	03:10:57.55	03:10:57.55	+02:00:28 (63.1%)	15:54	3.8 (37.3%)
634	INDYK Kamil	3084	CARPATHIAN RUNNERS	Open Mężczyzn	368	02:16:37	03:11:08	03:11:17.70	03:11:17.70	+02:00:48 (63.2%)	15:56	3.8 (37.3%)
635	JABŁOŃSKI Michał	3332	WIELORYB-USIE	Open Mężczyzn	369	02:00:55	03:12:10	03:12:21.50	03:12:21.50	+02:01:52 (63.4%)	16:01	3.7 (36.3%)
636	HOJDA Konrad	3331	WIELORYB-USIE	Open Mężczyzn	370	02:00:52	03:12:11	03:12:22.20	03:12:22.20	+02:01:53 (63.4%)	16:01	3.7 (36.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
636	NIEWIAROWSKI Jakub	3333	WIELORYB-USIE	Open Mężczyzn	370	02:00:55	03:12:12	03:12:22.20	03:12:22.20	+02:01:53 (63.4%)	16:01	3.7 (36.3%)
638	KASPROWICZ Jakub	3832	WIELORYB-USIE	Open Mężczyzn	372	02:00:53	03:12:12	03:12:22.40	03:12:22.40	+02:01:53 (63.4%)	16:01	3.7 (36.3%)
639	CYGLER Robert	3680		Open Mężczyzn	373	02:05:30	03:12:59	03:13:04.65	03:13:04.65	+02:02:35 (63.5%)	16:05	3.7 (36.3%)
640	DIEBEL Maciej	3683		Open Mężczyzn	374	02:05:30	03:13:01	03:13:10.00	03:13:10.00	+02:02:40 (63.5%)	16:05	3.7 (36.3%)
641	PAJĄK Marcin	3205	FITPARK TEAM	Open Mężczyzn	375	02:17:09	03:12:59	03:13:12.45	03:13:12.45	+02:02:43 (63.5%)	16:06	3.7 (36.3%)
642	PIECZYKURA Tomasz	3278		Open Mężczyzn	376	02:01:14	03:13:45	03:13:57.45	03:13:57.45	+02:03:28 (63.7%)	16:09	3.7 (36.3%)
643	KASPERCZYK Damian	3380		Open Mężczyzn	377	02:12:20	03:13:47	03:14:00.65	03:14:00.65	+02:03:31 (63.7%)	16:10	3.7 (36.3%)
644	SZYDŁOWSKA Justyna	3365	ROCK THAT BODY	Open Kobiet	63	02:12:18	03:13:53	03:14:01.25	03:14:01.25	+02:03:32 (63.7%)	16:10	3.7 (36.3%)
644	BULAK Jakub	3369		Open Mężczyzn	378	02:12:15	03:13:51	03:14:01.25	03:14:01.25	+02:03:32 (63.7%)	16:10	3.7 (36.3%)
646	REGDOS Kamil	3393		Open Mężczyzn	379	02:14:33	03:13:50	03:14:01.55	03:14:01.55	+02:03:32 (63.7%)	16:10	3.7 (36.3%)
647	KOZIOŁ Jakub	3264		Open Mężczyzn	380	02:01:13	03:14:18	03:14:30.00	03:14:30.00	+02:04:00 (63.8%)	16:12	3.7 (36.3%)
648	GRAJNY Grzegorz	3252		Open Mężczyzn	381	02:01:15	03:14:20	03:14:32.15	03:14:32.15	+02:04:03 (63.8%)	16:12	3.7 (36.3%)
649	DRAŹEK Grzegorz	3057		Open Mężczyzn	382	02:28:12	03:14:41	03:14:52.35	03:14:52.35	+02:04:23 (63.8%)	16:14	3.7 (36.3%)
650	WÓJCIK Ewa	3315	EY OCR TEAM	Open Kobiet	64	02:12:25	03:14:58	03:15:06.55	03:15:06.55	+02:04:37 (63.9%)	16:15	3.7 (36.3%)
651	GŁOWACKA Anna	3340		Open Kobiet	65	02:12:26	03:14:58	03:15:06.85	03:15:06.85	+02:04:37 (63.9%)	16:15	3.7 (36.3%)
652	WALERCZUK Maciej	3783	PIESKI PIORUNKI	Open Mężczyzn	383	02:08:03	03:14:57	03:15:09.40	03:15:09.40	+02:04:40 (63.9%)	16:15	3.7 (36.3%)
653	ORZOŁ Mateusz	3765	PIESKI PIORUNKI	Open Mężczyzn	384	02:08:04	03:14:57	03:15:09.80	03:15:09.80	+02:04:40 (63.9%)	16:15	3.7 (36.3%)
654	SOWA Marlena	3850		Open Kobiet	66	02:12:26	03:15:20	03:15:31.30	03:15:31.30	+02:05:02 (64.0%)	16:17	3.7 (36.3%)
655	Karolgitan	3864		Open Masters Mężczyzn	69	02:12:36	03:15:22	03:15:32.20	03:15:32.20	+02:05:03 (64.0%)	16:17	3.7 (36.3%)
656	OSOWSKA Anna	3865		Open Kobiet	67	02:12:37	03:15:21	03:15:32.95	03:15:32.95	+02:05:03 (64.0%)	16:17	3.7 (36.3%)
657	ŚWIĘCH Magdalena	3866		Open Kobiet	68	02:12:38	03:15:22	03:15:33.35	03:15:33.35	+02:05:04 (64.0%)	16:17	3.7 (36.3%)
658	BIEŃKOWSKA Aleksandra	3336		Open Kobiet	69	02:22:07	03:15:51	03:16:00.20	03:16:00.20	+02:05:31 (64.0%)	16:20	3.7 (36.3%)
659	ŻUREK Marcin	3785		Open Mężczyzn	385	01:56:25	03:15:50	03:16:02.70	03:16:02.70	+02:05:33 (64.0%)	16:20	3.7 (36.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
660	FRYDA Paweł	3747		Open Mężczyzn	386	01:56:25	03:15:52	03:16:03.10	03:16:03.10	+02:05:34 (64.0%)	16:20	3.7 (36.3%)
661	DZIEDZIC Klaudia	3150	FITPARK TEAM	Open Kobiet	70	01:38:07	03:15:57	03:16:17.70	03:16:17.70	+02:05:48 (64.1%)	16:21	3.7 (36.3%)
662	ALEKSANDROWICZ Magdalena	3334		Open Kobiet	71	02:22:10	03:16:11	03:16:24.50	03:16:24.50	+02:05:55 (64.1%)	16:22	3.7 (36.3%)
663	KONCZA Norbert	3428		Open Mężczyzn	387	02:16:05	03:18:16	03:18:28.55	03:18:28.55	+02:07:59 (64.5%)	16:32	3.6 (35.3%)
664	KOŃCZA Izabela	3427		Open Masters Kobiet	14	02:15:55	03:18:16	03:18:29.05	03:18:29.05	+02:08:00 (64.5%)	16:32	3.6 (35.3%)
665	KUREK Monika	3487		Open Kobiet	72	02:19:10	03:19:16	03:19:22.95	03:19:22.95	+02:08:53 (64.6%)	16:36	3.6 (35.3%)
666	BUCHTA Julia	3881		Open Kobiet	73	02:25:53		03:19:55.40	03:19:55.40	+02:09:26 (64.7%)	16:39	3.6 (35.3%)
667	GOŁĘBIOWSKI Jacek	3424	CANARKI	Open Mężczyzn	388	02:10:55	03:19:40	03:20:04.65	03:20:04.65	+02:09:35 (64.8%)	16:40	3.6 (35.3%)
668	GOLEBIOWSKI Patryk	3851	CANARKI	Open Mężczyzn	389	02:11:10	03:19:41	03:20:06.55	03:20:06.55	+02:09:37 (64.8%)	16:40	3.6 (35.3%)
669	WISŁAWSKI Mariusz	3110	MIASTECZKO POLUSA	Open Mężczyzn	390	01:57:36	03:20:36	03:20:46.05	03:20:46.05	+02:10:17 (64.9%)	16:43	3.6 (35.3%)
670	GRYGIEREK Jan	3812		Open Mężczyzn	391	02:08:46	03:21:23	03:21:35.25	03:21:35.25	+02:11:06 (65.0%)	16:47	3.6 (35.3%)
671	KOPIEC Mateusz	3814		Open Mężczyzn	392	02:08:36	03:21:27	03:21:35.80	03:21:35.80	+02:11:06 (65.0%)	16:47	3.6 (35.3%)
672	ŚWIĘTEK Agnieszka	3674	SOCIOS SILESIA	Open Masters Kobiet	15	02:10:21	03:21:26	03:21:39.90	03:21:39.90	+02:11:10 (65.0%)	16:48	3.6 (35.3%)
673	MOHAMMAD Faiz	3628	ACTIV TEAM ARCELORMITTAL POLAND	Open Masters Mężczyzn	70	02:10:10	03:21:27	03:21:40.35	03:21:40.35	+02:11:11 (65.1%)	16:48	3.6 (35.3%)
674	PRZEOR Iwona	3673	SOCIOS SILESIA	Open Masters Kobiet	16	02:10:28	03:21:28	03:21:40.50	03:21:40.50	+02:11:11 (65.1%)	16:48	3.6 (35.3%)
674	PRZEOR Rafał	3633	ACTIVE TEAM ARCELORMITTAL POLAND	Open Masters Mężczyzn	71	02:10:21	03:21:30	03:21:40.50	03:21:40.50	+02:11:11 (65.1%)	16:48	3.6 (35.3%)
676	JÓZEFOWICZ Katarzyna	3671	SOCIOS SILESIA	Open Masters Kobiet	17	02:10:24	03:21:30	03:21:40.65	03:21:40.65	+02:11:11 (65.1%)	16:48	3.6 (35.3%)
677	PAWLAK Oliwia	3672	SOCIOS SILESIA	Open Kobiet	74	02:10:32	03:21:30	03:21:40.70	03:21:40.70	+02:11:11 (65.1%)	16:48	3.6 (35.3%)
678	PAWIŃSKI Paweł	3631	ACTIVE TEAM ARCELORMITTAL POLAND	Open Mężczyzn	393	02:10:10	03:21:30	03:21:40.95	03:21:40.95	+02:11:11 (65.1%)	16:48	3.6 (35.3%)
679	JÓZEFOWICZ Marcin	3630	ACTIVE TEAM ARCELORMITTAL POLAND	Open Masters Mężczyzn	72	02:10:39	03:21:31	03:21:41.55	03:21:41.55	+02:11:12 (65.1%)	16:48	3.6 (35.3%)
680	PAWLAK Rafał	3632	ACTIVE TEAM ARCELORMITTAL POLAND	Open Mężczyzn	394	02:10:38	03:21:31	03:21:42.55	03:21:42.55	+02:11:13 (65.1%)	16:48	3.6 (35.3%)
681	DAŁKOWSKI Paweł	3055		Open Masters Mężczyzn	73	01:52:10	03:23:02	03:23:13.75	03:23:13.75	+02:12:44 (65.3%)	16:56	3.5 (34.3%)
682	PIOTROWSKI Mateszu	3368	WIECZNIE ZMĘCENI	Open Mężczyzn	395	02:15:32	03:23:31	03:23:42.40	03:23:42.40	+02:13:13 (65.4%)	16:58	3.5 (34.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
683	DRĄDZEWSKA Karolina	3367	WIECZNIE ZMĘCENI	Open Kobiet	75	02:15:11	03:23:31	03:23:43.00	03:23:43.00	+02:13:13 (65.4%)	16:58	3.5 (34.3%)
684	CHUCHERKO Karol	3421		Open Mężczyzn	396	02:15:39	03:23:54	03:24:06.20	03:24:06.20	+02:13:37 (65.5%)	17:00	3.5 (34.3%)
685	DOLUK Katarzyna	3408	BLAZY	Open Masters Kobiet	18	02:15:39	03:23:56	03:24:07.75	03:24:07.75	+02:13:38 (65.5%)	17:00	3.5 (34.3%)
685	FRANIEL Mateusz	3409	BLAZY	Open Mężczyzn	397	02:15:39	03:23:56	03:24:07.75	03:24:07.75	+02:13:38 (65.5%)	17:00	3.5 (34.3%)
687	KROK Mateusz	3566	OUT OF STRENGTH EXCEPTION	Open Mężczyzn	398	02:12:40	03:24:43	03:24:57.95	03:24:57.95	+02:14:28 (65.6%)	17:04	3.5 (34.3%)
688	MASIAREK Oliwia	3567	OUT OF STRENGTH EXCEPTION	Open Kobiet	76	02:13:05	03:24:45	03:25:00.10	03:25:00.10	+02:14:31 (65.6%)	17:05	3.5 (34.3%)
689	ZAJĄC Krzysztof	3568	OUT OF STRENGTH EXCEPTION	Open Mężczyzn	399	02:12:41	03:24:46	03:25:01.00	03:25:01.00	+02:14:31 (65.6%)	17:05	3.5 (34.3%)
690	BOGNACKA Marlena	3705	ACCIO PROSECCO!	Open Kobiet	77	02:18:58	03:25:14	03:25:21.50	03:25:21.50	+02:14:52 (65.7%)	17:06	3.5 (34.3%)
691	ŚWIERCZYŃSKI Kacper	3706	ACCIO PROSECCO!	Open Mężczyzn	400	02:18:58	03:25:14	03:25:21.60	03:25:21.60	+02:14:52 (65.7%)	17:06	3.5 (34.3%)
692	MALCHARCZYK Katarzyna	3322	KLONO TEAM	Open Masters Kobiet	19	02:17:00	03:25:39	03:25:49.95	03:25:49.95	+02:15:20 (65.8%)	17:09	3.5 (34.3%)
693	MALCHARCZYK Damian	3321	KLONO TEAM	Open Masters Mężczyzn	74	02:17:36	03:25:39	03:25:50.05	03:25:50.05	+02:15:21 (65.8%)	17:09	3.5 (34.3%)
694	CYMBOR Małgorzata	3741		Open Kobiet	78	02:13:59	03:25:59	03:26:11.15	03:26:11.15	+02:15:42 (65.8%)	17:10	3.5 (34.3%)
695	GRYGLICKI Dawid	3636	APEXFUNMAGEDDON	Open Mężczyzn	401	02:21:19	03:26:34	03:26:40.95	03:26:40.95	+02:16:11 (65.9%)	17:13	3.5 (34.3%)
696	BRONASZEWSKI Michał	3635	APEXFUNMAGEDDON	Open Mężczyzn	402	02:21:11	03:26:35	03:26:42.80	03:26:42.80	+02:16:13 (65.9%)	17:13	3.5 (34.3%)
697	KOŁODZIEJ Wojciech	3639	APEXFUNMAGEDDON	Open Mężczyzn	403	02:21:24	03:26:36	03:26:44.20	03:26:44.20	+02:16:15 (65.9%)	17:13	3.5 (34.3%)
698	ŁOSOŃ Agnieszka	3643	APEXFUNMAGEDDON	Open Masters Kobiet	20	02:21:37	03:26:35	03:26:44.50	03:26:44.50	+02:16:15 (65.9%)	17:13	3.5 (34.3%)
699	LEWANDOWSKI Piotr	3642	APEXFUNMAGEDDON	Open Masters Mężczyzn	75	02:21:38	03:26:35	03:26:44.60	03:26:44.60	+02:16:15 (65.9%)	17:13	3.5 (34.3%)
700	KOTLARSKI Mateusz	3640	APEXFUNMAGEDDON	Open Mężczyzn	404	02:21:38	03:26:34	03:26:44.80	03:26:44.80	+02:16:15 (65.9%)	17:13	3.5 (34.3%)
701	Adamhash	3634	APEXFUNMAGEDDON	Open Mężczyzn	405	02:21:25	03:26:35	03:26:44.95	03:26:44.95	+02:16:15 (65.9%)	17:13	3.5 (34.3%)
702	O Paweł	3644	APEXFUNMAGEDDON	Open Mężczyzn	406	02:21:14	03:26:37	03:26:45.40	03:26:45.40	+02:16:16 (65.9%)	17:13	3.5 (34.3%)
703	WYSOCKA Agnieszka	3645	APEXFUNMAGEDDON	Open Masters Kobiet	21	02:21:39	03:26:36	03:26:45.55	03:26:45.55	+02:16:16 (65.9%)	17:13	3.5 (34.3%)
704	GRZEGOREK Marta	3637	APEXFUNMAGEDDON	Open Masters Kobiet	22	02:21:24	03:26:35	03:26:45.75	03:26:45.75	+02:16:16 (65.9%)	17:13	3.5 (34.3%)
705	JANUSZ Wojciech	3518	APEXFUNMAGEDDON	Open Mężczyzn	407	02:21:38	03:26:38	03:26:46.25	03:26:46.25	+02:16:17 (65.9%)	17:13	3.5 (34.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
706	KOŁODZIEJSKA Katarzyna	3480		Open Kobiet	79	02:23:18	03:26:49	03:27:02.45	03:27:02.45	+02:16:33 (66.0%)	17:15	3.5 (34.3%)
707	CYNKIEWICZ Sergiusz	3468		Open Mężczyzn	408	02:23:18	03:26:50	03:27:03.45	03:27:03.45	+02:16:34 (66.0%)	17:15	3.5 (34.3%)
708	KARGUL Grzegorz	3102	HUNTERS OCR TEAM	Open Mężczyzn	409	01:46:42	03:27:03	03:27:15.25	03:27:15.25	+02:16:46 (66.0%)	17:16	3.5 (34.3%)
709	NOWAK Aleksandra	3652	DZIKI_ORLINSKIEGO	Open Kobiet	80	02:21:49	03:32:07	03:32:16.10	03:32:16.10	+02:21:47 (66.8%)	17:41	3.4 (33.3%)
710	SYGNAROWICZ Magdalena	3647	DZIKI_ORLINSKIEGO	Open Kobiet	81	02:21:49	03:32:07	03:32:16.30	03:32:16.30	+02:21:47 (66.8%)	17:41	3.4 (33.3%)
711	HOSANIAK Alicja	3875		Open Kobiet	82	02:19:06	03:32:13	03:32:20.55	03:32:20.55	+02:21:51 (66.8%)	17:41	3.4 (33.3%)
712	CIĘCIWA Julita	3467		Open Kobiet	83	02:19:07	03:32:03	03:32:20.60	03:32:20.60	+02:21:51 (66.8%)	17:41	3.4 (33.3%)
713	SŁABASZEWSKI Kamil	3290		Open Mężczyzn	410	02:30:17	03:34:56	03:35:24.85	03:35:24.85	+02:24:55 (67.3%)	17:57	3.3 (32.4%)
714	BUDEK Weronika	3242		Open Kobiet	84	02:30:17	03:34:57	03:35:24.90	03:35:24.90	+02:24:55 (67.3%)	17:57	3.3 (32.4%)
715	WILCZYŃSKI Mariusz	3308		Open Mężczyzn	411	02:30:15	03:35:21	03:35:26.55	03:35:26.55	+02:24:57 (67.3%)	17:57	3.3 (32.4%)
716	SZOSTEK Wojciech	3214	TRUCK CARE	Open Mężczyzn	412	02:30:15	03:35:21	03:35:26.60	03:35:26.60	+02:24:57 (67.3%)	17:57	3.3 (32.4%)
717	SZPAK Filip	3115	OCR ŻARNÓWKA	Open Mężczyzn	413	02:47:47	03:35:35	03:35:47.20	03:35:47.20	+02:25:18 (67.3%)	17:58	3.3 (32.4%)
718	GAWLIKOWSKI Marcin	3374		Open Mężczyzn	414	02:33:24	03:35:44	03:35:54.60	03:35:54.60	+02:25:25 (67.4%)	17:59	3.3 (32.4%)
719	ŚLEZIAK Julia	3399		Open Kobiet	85	02:33:23	03:35:45	03:35:54.90	03:35:54.90	+02:25:25 (67.4%)	17:59	3.3 (32.4%)
720	SZALA Dominika	3557		Open Kobiet	86	02:23:19	03:36:55	03:37:15.25	03:37:15.25	+02:26:46 (67.6%)	18:06	3.3 (32.4%)
721	KUKIEŁA Norbert	3520	BLONDIEPOWER	Open Mężczyzn	415	02:23:21	03:37:00	03:37:16.75	03:37:16.75	+02:26:47 (67.6%)	18:06	3.3 (32.4%)
722	WIECZOREK Kamila	3521	BLONDIEPOWER	Open Kobiet	87	02:23:22	03:37:06	03:37:18.25	03:37:18.25	+02:26:49 (67.6%)	18:06	3.3 (32.4%)
723	RYNDUCH Natalia	3556		Open Kobiet	88	02:19:52	03:37:50	03:37:58.65	03:37:58.65	+02:27:29 (67.7%)	18:09	3.3 (32.4%)
724	WOJCIECHOWSKA Aleksandra	3532	SFORA Z MENTORA	Open Kobiet	89	02:19:54	03:37:50	03:37:58.75	03:37:58.75	+02:27:29 (67.7%)	18:09	3.3 (32.4%)
724	SUPCZIŃSKI Tomasz	3531	SFORA Z MENTORA	Open Masters Mężczyzn	76	02:19:52	03:37:50	03:37:58.75	03:37:58.75	+02:27:29 (67.7%)	18:09	3.3 (32.4%)
726	KLACZKOWSKI Tomasz	3529	SFORA Z MENTORA	Open Masters Mężczyzn	77	02:19:55	03:37:48	03:37:58.95	03:37:58.95	+02:27:29 (67.7%)	18:09	3.3 (32.4%)
727	NOVIKOV Yan	3552		Open Mężczyzn	416		03:38:53	03:39:07.95	03:39:07.95	+02:28:38 (67.8%)	18:15	3.3 (32.4%)
728	PAKHOMOV Yevhen	3553		Open Mężczyzn	417		03:38:51	03:39:09.35	03:39:09.35	+02:28:40 (67.8%)	18:15	3.3 (32.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
729	SOBIES Teresa	3570	PARALITYK TEAM	Open Kobiet	90	02:32:03	03:39:47	03:39:54.60	03:39:54.60	+02:29:25 (67.9%)	18:19	3.3 (32.4%)
730	OFLUS Marek	3569	PARALITYK TEAM	Open Mężczyzn	418	02:32:01	03:39:47	03:39:54.90	03:39:54.90	+02:29:25 (67.9%)	18:19	3.3 (32.4%)
731	GROMALA Paulina	3597		Open Kobiet	91	02:33:30	03:39:48	03:39:59.50	03:39:59.50	+02:29:30 (68.0%)	18:19	3.3 (32.4%)
732	GOLEC Justyna	3596		Open Kobiet	92	02:33:14	03:39:48	03:39:59.65	03:39:59.65	+02:29:30 (68.0%)	18:19	3.3 (32.4%)
733	GOSCINIAK Anna	3341		Open Masters Kobiet	23	02:30:17	03:40:23	03:41:00.10	03:41:00.10	+02:30:31 (68.1%)	18:25	3.3 (32.4%)
734	MIKULSKA Małgorzata	3358	FRYWOLNE FARFOCLE	Open Kobiet	93	02:28:32	03:41:58	03:42:10.95	03:42:10.95	+02:31:41 (68.3%)	18:30	3.2 (31.4%)
735	CZESAK Anna	3844	FRYWOLNE FARFOCLE	Open Kobiet	94	02:28:06	03:41:57	03:42:11.00	03:42:11.00	+02:31:41 (68.3%)	18:30	3.2 (31.4%)
736	PERIY Magdalena	3359	FRYWOLNE FARFOCLE	Open Kobiet	95	02:28:02	03:41:58	03:42:11.05	03:42:11.05	+02:31:42 (68.3%)	18:30	3.2 (31.4%)
737	MIKULSKI Jakub	3179	FRYWOLNE FARFOCLE	Open Masters Mężczyzn	78	02:28:32	03:41:59	03:42:11.25	03:42:11.25	+02:31:42 (68.3%)	18:30	3.2 (31.4%)
738	DUDZIAK Damian	3360	HOP HOP HOP	Open Mężczyzn	419	02:34:54	03:47:46	03:47:57.50	03:47:57.50	+02:37:28 (69.1%)	18:59	3.2 (31.4%)
739	DUDZIAK Karol	3371	HOP HOP HOP	Open Mężczyzn	420	02:35:20	03:47:47	03:47:59.15	03:47:59.15	+02:37:30 (69.1%)	18:59	3.2 (31.4%)
740	SZCZYGIEŁ Kamil	3618		Open Mężczyzn	421	02:33:00	03:52:20	03:52:27.90	03:52:27.90	+02:41:58 (69.7%)	19:22	3.1 (30.4%)
741	ZAMORSKI Krzysztof	3234	ZAWADZKA-TEAM	Open Mężczyzn	422	02:35:07	03:52:21	03:52:29.50	03:52:29.50	+02:42:00 (69.7%)	19:22	3.1 (30.4%)
742	ZAMORSKA Renata	3233	ZAWADZKA-TEAM	Open Kobiet	96	02:33:44	03:52:19	03:52:29.55	03:52:29.55	+02:42:00 (69.7%)	19:22	3.1 (30.4%)
743	BIJOŚ Agata	3218	ZAWADZKA-TEAM	Open Masters Kobiet	24	02:34:49	03:52:19	03:52:29.85	03:52:29.85	+02:42:00 (69.7%)	19:22	3.1 (30.4%)
744	MUCHYCHKA Dominika	3610		Open Kobiet	97	02:33:03	03:52:21	03:52:29.95	03:52:29.95	+02:42:00 (69.7%)	19:22	3.1 (30.4%)
745	FELINIAK Elżbieta	3219	ZAWADZKA-TEAM	Open Kobiet	98	02:34:22	03:52:20	03:52:30.15	03:52:30.15	+02:42:01 (69.7%)	19:22	3.1 (30.4%)
746	FRAŃCZ Sebastian	3221	ZAWADZKA-TEAM	Open Mężczyzn	423	02:34:54	03:52:21	03:52:30.30	03:52:30.30	+02:42:01 (69.7%)	19:22	3.1 (30.4%)
747	WRONA Justyna	3232	ZAWADZKA-TEAM	Open Masters Kobiet	25	02:33:44	03:52:20	03:52:30.60	03:52:30.60	+02:42:01 (69.7%)	19:22	3.1 (30.4%)
747	ZAWADZKA Agnieszka	3235	ZAWADZKA-TEAM	Open Masters Kobiet	25	02:35:01	03:52:20	03:52:30.60	03:52:30.60	+02:42:01 (69.7%)	19:22	3.1 (30.4%)
749	KOGUT Magdalena	3223	ZAWADZKA-TEAM	Open Masters Kobiet	27	02:33:58	03:52:21	03:52:31.05	03:52:31.05	+02:42:02 (69.7%)	19:22	3.1 (30.4%)
750	TERPIN Anna	3229	ZAWADZKA-TEAM	Open Kobiet	99	02:33:49	03:52:21	03:52:31.60	03:52:31.60	+02:42:02 (69.7%)	19:22	3.1 (30.4%)
751	RZAŚA-SKÓRKA Magdalena	3226	ZAWADZKA-TEAM	Open Masters Kobiet	28	02:33:56	03:52:21	03:52:31.70	03:52:31.70	+02:42:02 (69.7%)	19:22	3.1 (30.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
752	TERPIN Anna	3230	ZAWADZKA-TEAM	Open Kobiet	100	02:34:06	03:52:20	03:52:32.15	03:52:32.15	+02:42:03 (69.7%)	19:22	3.1 (30.4%)
752	MAZUR Małgorzata	3224	ZAWADZKA-TEAM	Open Masters Kobiet	29	02:34:09	03:52:21	03:52:32.15	03:52:32.15	+02:42:03 (69.7%)	19:22	3.1 (30.4%)
754	TERPIN Michał	3231	ZAWADZKA-TEAM	Open Masters Mężczyzn	79	02:34:07	03:52:18	03:52:32.50	03:52:32.50	+02:42:03 (69.7%)	19:22	3.1 (30.4%)
755	JAWORSKA Sylwia	3222	ZAWADZKA-TEAM	Open Masters Kobiet	30	02:34:54	03:52:23	03:52:32.75	03:52:32.75	+02:42:03 (69.7%)	19:22	3.1 (30.4%)
756	SKOWROŃSKI Łukasz	3227	ZAWADZKA-TEAM	Open Masters Mężczyzn	80	02:34:56	03:52:23	03:52:33.05	03:52:33.05	+02:42:04 (69.7%)	19:22	3.1 (30.4%)
757	PRZYDZIAŁ Marta	3225	ZAWADZKA-TEAM	Open Masters Kobiet	31	02:35:00	03:52:24	03:52:33.55	03:52:33.55	+02:42:04 (69.7%)	19:22	3.1 (30.4%)
758	FRAĆZ Beata	3220	ZAWADZKA-TEAM	Open Kobiet	101	02:33:44	03:52:22	03:52:33.95	03:52:33.95	+02:42:04 (69.7%)	19:22	3.1 (30.4%)
759	Olia	3585		Open Kobiet	102	02:33:21	03:52:23	03:52:35.75	03:52:35.75	+02:42:06 (69.7%)	19:22	3.1 (30.4%)
760	MUSIALIK Dawid	3611		Open Mężczyzn	424	02:33:22	03:52:26	03:52:36.85	03:52:36.85	+02:42:07 (69.7%)	19:23	3.1 (30.4%)
Przekroczony limit czasu: 04:00:00												
761	PRZYBYTEK Sławomir	3168		Open Masters Mężczyzn	81	02:52:50	04:02:55	04:03:30.40	04:03:30.40	+02:53:01 (71.1%)	20:17	3 (29.4%)
762	BAŁYS Aleksander	3318	KAŻDY ORZE JAK MOŻE	Open Masters Mężczyzn	82	03:03:12	04:20:39	04:21:04.90	04:21:04.90	+03:10:35 (73.0%)	21:45	2.8 (27.5%)
763	PONIEDZIAŁEK Piotr	3320	KAŻDY ORZE JAK MOŻE	Open Masters Mężczyzn	83	03:03:38	04:20:40	04:21:05.05	04:21:05.05	+03:10:36 (73.0%)	21:45	2.8 (27.5%)
764	PONIEDZIAŁEK Henryk	3319	KAŻDY ORZE JAK MOŻE	Open Mężczyzn	425	03:03:39	04:20:40	04:21:09.80	04:21:09.80	+03:10:40 (73.0%)	21:45	2.8 (27.5%)
765	GŁĄBIŃSKA Kinga	3523	MAMEZI	Open Kobiet	103	03:12:24	04:39:27	04:39:39.40	04:39:39.40	+03:29:10 (74.8%)	23:18	2.6 (25.5%)
766	GAWLIK Norbert	3860	MAMEZI	Open Mężczyzn	426	03:12:24	04:39:28	04:39:40.20	04:39:40.20	+03:29:11 (74.8%)	23:18	2.6 (25.5%)
767	PIRAS Jakub	3578	UCIEKAMY PRZED MARYSIĄ	Open Mężczyzn	427	03:08:53	04:39:37	04:39:44.90	04:39:44.90	+03:29:15 (74.8%)	23:18	2.6 (25.5%)
768	BRONISZEWSKA Maja	3589		Open Kobiet	104	03:07:21	04:39:32	04:39:45.55	04:39:45.55	+03:29:16 (74.8%)	23:18	2.6 (25.5%)
769	Z Kamil	3579	UCIEKAMY PRZED MARYSIĄ	Open Mężczyzn	428	03:07:31	04:39:32	04:39:45.90	04:39:45.90	+03:29:16 (74.8%)	23:18	2.6 (25.5%)
770	MULARCZYK Martyna	3577	UCIEKAMY PRZED MARYSIĄ	Open Kobiet	105	03:08:53	04:39:35	04:39:46.80	04:39:46.80	+03:29:17 (74.8%)	23:18	2.6 (25.5%)
771	GANSZCZYK Maria	3576	UCIEKAMY PRZED MARYSIĄ	Open Kobiet	106	03:07:20	04:39:36	04:39:46.90	04:39:46.90	+03:29:17 (74.8%)	23:18	2.6 (25.5%)
772	PIRAS Mateusz	3415	UCIEKAMY PRZED MARYSIĄ	Open Mężczyzn	429	03:07:16	04:39:38	04:39:52.50	04:39:52.50	+03:29:23 (74.8%)	23:19	2.6 (25.5%)
773	OŻÓG Mateusz	3105	MIASTECZKO POLUSA	Open Mężczyzn	430	02:59:20	04:56:11	04:56:18.05	04:56:18.05	+03:45:49 (76.2%)	24:41	2.4 (23.5%)
774	NOWOCIN Radosław	3022	GORĄCY POTOK TEAM	Open Mężczyzn	431	01:05:29				+00:15:17	10:54	5.5 (53.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	11.95km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
775	DELEGIEWICZ Mateusz	3681		Open Mężczyzn	432	01:39:05				+03:07:54	16:30	3.6 (35.3%)
776	KRÓL Oliwia	3884		Open Kobiet	107	02:25:53				+04:11:25	24:18	2.5 (24.5%)
777	SZWAJA Angelika	3300		Open Kobiet	108							(0.0%)
778	TRYSTUŁA Daniel	3303		Open Mężczyzn	433							(0.0%)
779	DUSZA Julita	3245		Open Kobiet	109							(0.0%)
780	PUTRA Anna	3614		Open Kobiet	110							(0.0%)
781	FAJFER Michał	3025	HYDRO ZASAPANI	Open Mężczyzn	434							(0.0%)
782	JOCHYMEK Jarosław	3686		Open Masters Mężczyzn	84							(0.0%)
783	ETRYCH Karol	3809		Open Mężczyzn	435							(0.0%)
784	CZENCZEK Daniel	3653	EPOKA	Open Mężczyzn	436							(0.0%)
785	KULIGOWSKA Małgorzata	3146	CARBON SILESIA SPORT BY VITARADE	Open Masters Kobiet	32							(0.0%)
786	SEKULSKA Anna	3835		Open Kobiet	111							(0.0%)
787	JUROWICZ Grzegorz	3638	APEXFUNMAGEDDON	Open Mężczyzn	437							(0.0%)

Znaleziono 787 wynik(ów)