

Wydarzenie: Runmageddon Kraków
Organizator: Extreme Events, Runmageddon
Data: 2019-05-12
Miejsce: Kraków
Dystans: 12 km

Klasyfikacja: Open Kobiet

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	OWCZARZAK Karolina	5693		Open Kobiet	1	09:45	00:27:59	02:16:56.60	02:16:56.60		11:24	5.3 (100%)
2	KUSZYK Natalia	5417		Open Kobiet	2	09:15	00:28:49	02:18:55.30	02:18:55.30	+00:01:58 (1.4%)	11:34	5.2 (98.1%)
3	MUSZYŃSKA Bożena	5424		Open Masters Kobiet	1	09:15	00:28:55	02:23:28.85	02:23:28.85	+00:06:32 (4.6%)	11:57	5 (94.3%)
4	TOMASIAK Klementyna	5957		Open Kobiet	3	10:15	00:27:07	02:24:00.90	02:24:00.90	+00:07:04 (4.9%)	12:00	5 (94.3%)
5	SZATKOWSKA Agnieszka	5526	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	4	09:30	00:27:10	02:28:21.85	02:28:21.85	+00:11:25 (7.7%)	12:21	4.9 (92.5%)
6	KAMIŃSKA Ewelina	5545		Open Kobiet	5	09:30	00:30:27	02:31:03.30	02:31:03.30	+00:14:06 (9.3%)	12:35	4.8 (90.6%)
7	JOB Ceecylia	5409		Open Masters Kobiet	2	09:15	00:29:29	02:31:28.85	02:31:28.85	+00:14:32 (9.6%)	12:37	4.8 (90.6%)
8	MŁYNARCZYK Tatiana	5232	HUSARIA RACE TEAM	Open Kobiet	6	09:00	00:30:51	02:34:03.30	02:34:03.30	+00:17:06 (11.1%)	12:50	4.7 (88.7%)
9	RUT Anna	6373	PLATINIUM CROSS ZAMOŚĆ	Open Kobiet	7	11:30	00:30:52	02:34:07.40	02:34:07.40	+00:17:10 (11.1%)	12:50	4.7 (88.7%)
10	ZDUŃCZYK Sylwia	5209	BIOSFERA	Open Kobiet	8	09:00	00:30:54	02:34:07.70	02:34:07.70	+00:17:11 (11.1%)	12:50	4.7 (88.7%)
11	KNOT Martyna	5267	PIĘKNI I BESTIE	Open Kobiet	9	09:00	00:32:50	02:34:39.45	02:34:39.45	+00:17:42 (11.5%)	12:53	4.7 (88.7%)
12	QUIRINI Ewa	6192		Open Kobiet	10	10:45	00:28:58	02:36:14.10	02:36:14.10	+00:19:17 (12.3%)	13:01	4.6 (86.8%)
13	QUIRINI Aleksandra	6191		Open Kobiet	11	10:45	00:28:58	02:36:16.85	02:36:16.85	+00:19:20 (12.4%)	13:01	4.6 (86.8%)
14	MICHALEC Marta	5900	SPARTANSKIE SWIRY	Open Kobiet	12	10:15	00:30:11	02:36:36.60	02:36:36.60	+00:19:40 (12.6%)	13:03	4.6 (86.8%)
15	KSIĘŻOPOLSKA Małgorzata	5611	HUSARIA RACE TEAM	Open Kobiet	13	09:45	00:33:01	02:37:30.60	02:37:30.60	+00:20:34 (13.1%)	13:07	4.6 (86.8%)
16	PIEKARCZYK Agata	6150	WATAHA	Open Kobiet	14	10:45	00:28:02	02:37:35.75	02:37:35.75	+00:20:39 (13.1%)	13:07	4.6 (86.8%)

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								netto 12km	brutto 12km			
17	LACH Agnieszka	5582	AUUUUU	Open Masters Kobiet	3	09:45	00:33:09	02:37:59.75	02:37:59.75	+00:21:03 (13.3%)	13:09	4.6 (86.8%)
18	KOHLER-KINDER Margarethe	6383	TECH STEROWNIKI	Open Kobiet	15	11:30	00:32:25	02:38:07.30	02:38:07.30	+00:21:10 (13.4%)	13:10	4.6 (86.8%)
19	GULATOWSKA Klaudia	5931		Open Kobiet	16	10:15	00:31:34	02:39:15.80	02:39:15.80	+00:22:19 (14.0%)	13:16	4.5 (84.9%)
20	OCIESA Marta	5985	HARPAGAN BEAST	Open Kobiet	17	10:30	00:27:34	02:39:40.00	02:39:40.00	+00:22:43 (14.2%)	13:18	4.5 (84.9%)
21	SZLACHTA-MYRLAK Maria	6313		Open Kobiet	18	11:00	00:32:28	02:39:53.90	02:39:53.90	+00:22:57 (14.4%)	13:19	4.5 (84.9%)
22	BACZYNSKA Paula	6253		Open Kobiet	19	11:00	00:34:34	02:39:58.30	02:39:58.30	+00:23:01 (14.4%)	13:19	4.5 (84.9%)
23	BOREK Paulina	5345	GORĄCY POTOK TEAM	Open Kobiet	20	09:15	00:31:29	02:41:42.30	02:41:42.30	+00:24:45 (15.3%)	13:28	4.5 (84.9%)
24	ROMAN Małgorzata	5563		Open Masters Kobiet	4	09:30	00:30:24	02:42:38.10	02:42:38.10	+00:25:41 (15.8%)	13:33	4.4 (83.0%)
25	WODZINSKA Edyta	6457	JANUSZE BŁOTNYCH BIEGÓW	Open Kobiet	21	12:00	00:31:49	02:42:46.00	02:42:46.00	+00:25:49 (15.9%)	13:33	4.4 (83.0%)
26	SENDEK Katarzyna	6109	HUSARIA RACE TEAM	Open Kobiet	22	10:45	00:27:12	02:43:16.20	02:43:16.20	+00:26:19 (16.1%)	13:36	4.4 (83.0%)
27	KUBICA Katarzyna	5656	STRONG STUFF	Open Kobiet	23	09:45	00:33:06	02:43:24.30	02:43:24.30	+00:26:27 (16.2%)	13:37	4.4 (83.0%)
28	GARNCZAREK Katarzyna	5895	SPARTANSKIE SWIRY	Open Kobiet	24	10:15	00:30:11	02:44:57.20	02:44:57.20	+00:28:00 (17.0%)	13:44	4.4 (83.0%)
29	KACZMARCZYK Małgorzata	5714	4F RUNNING TEAM	Open Kobiet	25	10:00	00:35:09	02:45:53.85	02:45:53.85	+00:28:57 (17.5%)	13:49	4.3 (81.1%)
30	BOROWICZ Marta	6395		Open Kobiet	26	11:30	00:34:36	02:45:55.40	02:45:55.40	+00:28:58 (17.5%)	13:49	4.3 (81.1%)
31	ŚWIDER Ewa	5439		Open Masters Kobiet	5	09:15	00:35:38	02:46:04.35	02:46:04.35	+00:29:07 (17.5%)	13:50	4.3 (81.1%)
32	WALKIEWICZ Karolina	6579		Open Kobiet	27	10:30	00:32:47	02:46:29.10	02:46:29.10	+00:29:32 (17.7%)	13:52	4.3 (81.1%)
33	TOMALAK-BORUŃ Monika	6074		Open Masters Kobiet	6	10:30	00:32:47	02:46:46.00	02:46:46.00	+00:29:49 (17.9%)	13:53	4.3 (81.1%)
34	STRZYŻEWSKA Karolina	6538		Open Kobiet	28	12:00	00:36:45	02:47:38.95	02:47:38.95	+00:30:42 (18.3%)	13:58	4.3 (81.1%)
35	SZAL Ewa	5906	SZALE NA BANI	Open Kobiet	29	10:15	00:30:36	02:47:39.65	02:47:39.65	+00:30:43 (18.3%)	13:58	4.3 (81.1%)
36	STAWOWY Magdalena	6439	EXTASY	Open Kobiet	30	12:00	00:35:40	02:47:44.65	02:47:44.65	+00:30:48 (18.4%)	13:58	4.3 (81.1%)
37	FILIPIAK Iwona	6437	EXTASY	Open Kobiet	31	12:00	00:35:39	02:47:48.35	02:47:48.35	+00:30:51 (18.4%)	13:59	4.3 (81.1%)
38	MICHULEC Kinga	5811		Open Masters Kobiet	7	10:00	00:32:13	02:47:50.90	02:47:50.90	+00:30:54 (18.4%)	13:59	4.3 (81.1%)
39	JANKO Karolina	6469	ŁYSE LOLKI	Open Kobiet	32	12:00	00:34:30	02:47:58.50	02:47:58.50	+00:31:01 (18.5%)	13:59	4.3 (81.1%)

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								netto 12km	brutto 12km			
40	KRUKOWSKA Ewa	6370	PLATINIUM CROSS ZAMOŚĆ	Open Kobiet	33	11:30	00:36:38	02:49:36.15	02:49:36.15	+00:32:39 (19.3%)	14:08	4.2 (79.2%)
41	MICHULEC Oliwia	5812		Open Kobiet	34	10:00	00:32:14	02:50:03.65	02:50:03.65	+00:33:07 (19.5%)	14:10	4.2 (79.2%)
42	KRÓLIKOWSKA Katarzyna	6369	PLATINIUM CROSS ZAMOŚĆ	Open Kobiet	35	11:30	00:36:39	02:50:30.85	02:50:30.85	+00:33:34 (19.7%)	14:12	4.2 (79.2%)
43	POPIELA-KUKUŚ Katarzyna	5787	WATAHA	Open Kobiet	36	10:00	00:33:26	02:50:45.10	02:50:45.10	+00:33:48 (19.8%)	14:13	4.2 (79.2%)
44	PAWLACZEK Anna	5786	WATAHA	Open Masters Kobiet	8	10:00	00:33:28	02:50:47.40	02:50:47.40	+00:33:50 (19.8%)	14:13	4.2 (79.2%)
45	KOŃSKA Natalia	5413		Open Kobiet	37	09:15	00:36:26	02:51:07.10	02:51:07.10	+00:34:10 (20.0%)	14:15	4.2 (79.2%)
46	SANKIEWICZ Agnieszka	6503	ZOEE	Open Masters Kobiet	9	12:00	00:32:44	02:52:02.00	02:52:02.00	+00:35:05 (20.4%)	14:20	4.2 (79.2%)
47	TOMCZAK Joanna	6076		Open Kobiet	38	10:30	00:30:21	02:52:21.45	02:52:21.45	+00:35:24 (20.5%)	14:21	4.2 (79.2%)
48	ZWETLER Angelika	6547		Open Kobiet	39	12:00	00:34:03	02:52:34.60	02:52:34.60	+00:35:38 (20.6%)	14:22	4.2 (79.2%)
49	ZĄBEK Żaneta	6249	SIETNIOKI	Open Kobiet	40	11:00	00:32:10	02:52:38.35	02:52:38.35	+00:35:41 (20.7%)	14:23	4.2 (79.2%)
50	DULIAN Anna	6149	W KRĘGU FORMY	Open Kobiet	41	10:45	00:32:58	02:52:39.70	02:52:39.70	+00:35:43 (20.7%)	14:23	4.2 (79.2%)
51	DOBOSZ Monika	6157		Open Kobiet	42	10:45	00:32:58	02:52:44.70	02:52:44.70	+00:35:48 (20.7%)	14:23	4.2 (79.2%)
52	DŁUGOSZ Katarzyna	6152	WKURW_TEAM	Open Masters Kobiet	10	10:45	00:32:53	02:52:52.65	02:52:52.65	+00:35:56 (20.8%)	14:24	4.2 (79.2%)
53	OŻÓG Izabela	6473	PALARNIA KAWY JA-WA	Open Kobiet	43	12:00	00:36:28	02:52:55.45	02:52:55.45	+00:35:58 (20.8%)	14:24	4.2 (79.2%)
54	ABRAMCZYK Marta	6106	HUSARIA RACE TEAM	Open Kobiet	44	10:45	00:30:16	02:53:12.85	02:53:12.85	+00:36:16 (20.9%)	14:26	4.2 (79.2%)
55	DEMSKA Joanna	6020	TB LOGISTICS	Open Kobiet	45	10:30	00:32:14	02:53:18.55	02:53:18.55	+00:36:21 (21.0%)	14:26	4.2 (79.2%)
56	PIĄTEK Ewa	5428		Open Kobiet	46	09:15	00:31:35	02:53:29.00	02:53:29.00	+00:36:32 (21.1%)	14:27	4.2 (79.2%)
57	JASEK Agnieszka	5716	AGMAR TEAM	Open Masters Kobiet	11	10:00	00:33:31	02:54:12.65	02:54:12.65	+00:37:16 (21.4%)	14:31	4.1 (77.4%)
58	REJDYCH Katarzyna	5352	KRAB	Open Kobiet	47	09:15	00:36:31	02:54:19.95	02:54:19.95	+00:37:23 (21.4%)	14:31	4.1 (77.4%)
59	CHMIELOWSKA Anna	5347	HUSARIA RACE TEAM	Open Kobiet	48	09:15	00:36:30	02:54:21.15	02:54:21.15	+00:37:24 (21.5%)	14:31	4.1 (77.4%)
60	STAWOWCZYK-GNIZA Agnieszka	5670	VALEO TEAM	Open Kobiet	49	09:45	00:31:45	02:54:23.05	02:54:23.05	+00:37:26 (21.5%)	14:31	4.1 (77.4%)
61	KOWALCZYK Ewa	5487	HUSARIA RACE TEAM	Open Kobiet	50	09:30	00:33:50	02:54:25.75	02:54:25.75	+00:37:29 (21.5%)	14:32	4.1 (77.4%)
62	MIERNIK Izabela	6526		Open Kobiet	51	12:00	00:36:24	02:55:48.45	02:55:48.45	+00:38:51 (22.1%)	14:39	4.1 (77.4%)

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								netto 12km	brutto 12km			
63	HANDZLIK Barbara	5218	DENISTEAM	Open Masters Kobiet	12	09:00	00:35:53	02:55:57.90	02:55:57.90	+00:39:01 (22.2%)	14:39	4.1 (77.4%)
64	NOWAK Agnieszka	6055		Open Kobiet	52	10:30	00:35:06	02:56:27.10	02:56:27.10	+00:39:30 (22.4%)	14:42	4.1 (77.4%)
65	DUŻNIAK Urszula	5217	DENISTEAM	Open Kobiet	53	09:00	00:35:53	02:56:35.85	02:56:35.85	+00:39:39 (22.5%)	14:42	4.1 (77.4%)
66	RAŚ Agnieszka	5235	HUSARIA RACE TEAM	Open Masters Kobiet	13	09:00	00:34:38	02:56:51.00	02:56:51.00	+00:39:54 (22.6%)	14:44	4.1 (77.4%)
67	GAWLOWSKA Sara	6137	SALCESON TEAM	Open Kobiet	54	10:45	00:33:50	02:57:23.75	02:57:23.75	+00:40:27 (22.8%)	14:46	4.1 (77.4%)
68	MICHALSKA Joanna	5962	AMBITNI INACZEJ !	Open Masters Kobiet	14	10:30	00:36:51	02:57:30.05	02:57:30.05	+00:40:33 (22.8%)	14:47	4.1 (77.4%)
69	GEMBAROWSKA Dorota	6162		Open Kobiet	55	10:45	00:32:52	02:57:39.05	02:57:39.05	+00:40:42 (22.9%)	14:48	4.1 (77.4%)
70	OTFINOWSKA Magdalena	5234	HUSARIA RACE TEAM	Open Kobiet	56	09:00	00:35:41	02:58:09.35	02:58:09.35	+00:41:12 (23.1%)	14:50	4 (75.5%)
71	TRAVNICKOVA Jana	5779	SZ 01	Open Kobiet	57	10:00	00:32:12	02:58:44.20	02:58:44.20	+00:41:47 (23.4%)	14:53	4 (75.5%)
72	SZCZĘSNY Kinga	5991	HUSARIA RACE TEAM	Open Kobiet	58	10:00	00:31:22	02:59:22.20	02:59:22.20	+00:42:25 (23.7%)	14:56	4 (75.5%)
73	BEMBENEK Patrycja	6104	EKO-OKNA RUNNERS	Open Kobiet	59	10:45	00:34:18	02:59:30.30	02:59:30.30	+00:42:33 (23.7%)	14:57	4 (75.5%)
74	KITOWSKA Anna	5484	HUSARIA RACE TEAM	Open Masters Kobiet	15	09:30	00:30:06	02:59:42.65	02:59:42.65	+00:42:46 (23.8%)	14:58	4 (75.5%)
75	REGULSKA Ewa	5315		Open Kobiet	60	09:00	00:36:32	03:00:21.20	03:00:21.20	+00:43:24 (24.1%)	15:01	4 (75.5%)
76	ULICKA Marlena	5446		Open Kobiet	61	09:15	00:35:27	03:01:04.50	03:01:04.50	+00:44:07 (24.4%)	15:05	4 (75.5%)
77	JOB Agnieszka	5299		Open Kobiet	62	09:00	00:34:49	03:01:06.10	03:01:06.10	+00:44:09 (24.4%)	15:05	4 (75.5%)
78	NAPIÓRKOWSKA Kaja	5349	HUSARIA RACE TEAM	Open Kobiet	63	09:15	00:33:09	03:01:12.25	03:01:12.25	+00:44:15 (24.4%)	15:06	4 (75.5%)
79	SŁODOWSKA Paulina	5432		Open Kobiet	64	09:15	00:35:27	03:01:35.80	03:01:35.80	+00:44:39 (24.6%)	15:07	4 (75.5%)
80	PIOTROWICZ Małgorzata	5390	SRTG PROSZOWICE	Open Kobiet	65	09:15	00:35:27	03:01:46.30	03:01:46.30	+00:44:49 (24.7%)	15:08	4 (75.5%)
81	FIGARSKA Patrycja	6509		Open Kobiet	66	12:00	00:41:34	03:02:03.50	03:02:03.50	+00:45:06 (24.8%)	15:10	4 (75.5%)
82	WŁODARCZYK Dominika	6541		Open Kobiet	67	12:00	00:41:34	03:02:04.80	03:02:04.80	+00:45:08 (24.8%)	15:10	4 (75.5%)
83	ŁUSZCZAK Anna	6587		Open Kobiet	68	11:00	00:35:15	03:02:10.80	03:02:10.80	+00:45:14 (24.8%)	15:10	4 (75.5%)
84	ZACHARA Katarzyna	6323		Open Kobiet	69	11:00	00:35:15	03:02:11.00	03:02:11.00	+00:45:14 (24.8%)	15:10	4 (75.5%)
85	PŁONKA Julia	6002	RATOWNICY ENE	Open Kobiet	70	10:30	00:34:43	03:02:14.10	03:02:14.10	+00:45:17 (24.9%)	15:11	4 (75.5%)

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86	KORZENIOWSKA Paulina	6000	RATOWNICY ENE	Open Kobiet	71	10:30	00:34:42	03:02:16.20	03:02:16.20	+00:45:19 (24.9%)	15:11	4 (75.5%)
87	BĘC Olga	5599	ELECTROLUX ŚWIDNICA	Open Kobiet	72	09:45	00:37:05	03:02:24.20	03:02:24.20	+00:45:27 (24.9%)	15:12	3.9 (73.6%)
88	SOKOŁOWSKA Monika	5215	CROSS HEROES - OGIEŃ!	Open Kobiet	73	09:00	00:34:17	03:02:25.60	03:02:25.60	+00:45:29 (24.9%)	15:12	3.9 (73.6%)
89	SOŚNICKA Jolanta	5435		Open Kobiet	74	09:15	00:37:19	03:02:34.85	03:02:34.85	+00:45:38 (25.0%)	15:12	3.9 (73.6%)
90	TWARDOWSKA Karolina	6317		Open Kobiet	75	11:00	00:36:01	03:02:37.75	03:02:37.75	+00:45:41 (25.0%)	15:13	3.9 (73.6%)
91	ŚLIWA Kamila	6455	INPOST KRAKÓW	Open Kobiet	76	12:00	00:38:42	03:03:07.70	03:03:07.70	+00:46:11 (25.2%)	15:15	3.9 (73.6%)
92	MICHALCZYK Iwona	6453	INPOST KRAKÓW	Open Kobiet	77	12:00	00:38:40	03:03:08.20	03:03:08.20	+00:46:11 (25.2%)	15:15	3.9 (73.6%)
93	CYMERMAN Monika	6507		Open Kobiet	78	12:00	00:41:38	03:03:12.10	03:03:12.10	+00:46:15 (25.2%)	15:16	3.9 (73.6%)
94	PAPINA Monika	6185		Open Kobiet	79	10:45	00:35:08	03:03:21.05	03:03:21.05	+00:46:24 (25.3%)	15:16	3.9 (73.6%)
95	HERDZIK Izabela	6166		Open Kobiet	80	10:45	00:35:08	03:03:21.75	03:03:21.75	+00:46:25 (25.3%)	15:16	3.9 (73.6%)
96	BARSZCZ Dominika	6130	ROSSMANN	Open Kobiet	81	12:00	00:40:01	03:03:59.30	03:03:59.30	+00:47:02 (25.6%)	15:19	3.9 (73.6%)
97	LACHTARA Marta	6133	ROSSMANN	Open Kobiet	82	12:00	00:40:04	03:04:06.50	03:04:06.50	+00:47:09 (25.6%)	15:20	3.9 (73.6%)
98	LUKAS Małgorzata	5646	ROOKIES	Open Kobiet	83	09:45	00:34:37	03:04:29.60	03:04:29.60	+00:47:33 (25.8%)	15:22	3.9 (73.6%)
99	ZAJAC Patrycja	6223	GSB NOWY SĄCZ	Open Masters Kobiet	16	11:00	00:35:01	03:04:40.05	03:04:40.05	+00:47:43 (25.8%)	15:23	3.9 (73.6%)
100	MĄDRZYK Ewelina	6049		Open Kobiet	84	10:30	00:33:33	03:04:46.90	03:04:46.90	+00:47:50 (25.9%)	15:23	3.9 (73.6%)
101	REJDYCH Daria	5236	HUSARIA RACE TEAM	Open Kobiet	85	09:00	00:37:47	03:04:59.75	03:04:59.75	+00:48:03 (26.0%)	15:24	3.9 (73.6%)
102	GAJDAMOWICZ Beata	6404		Open Kobiet	86	11:30	00:41:12	03:05:04.10	03:05:04.10	+00:48:07 (26.0%)	15:25	3.9 (73.6%)
103	BUDEK Weronika	6397		Open Kobiet	87	11:30	00:35:48	03:05:04.20	03:05:04.20	+00:48:07 (26.0%)	15:25	3.9 (73.6%)
104	ZDANCEWICZ Paulina	5575		Open Kobiet	88	09:30	00:35:55	03:05:45.30	03:05:45.30	+00:48:48 (26.3%)	15:28	3.9 (73.6%)
105	STAROWICZ Elżbieta	5831		Open Kobiet	89	10:00	00:29:44	03:06:48.15	03:06:48.15	+00:49:51 (26.7%)	15:34	3.9 (73.6%)
106	CZAPLA Mariola	5657	STUDIO GTS KATOWICE	Open Kobiet	90	09:15	00:37:01	03:06:56.30	03:06:56.30	+00:49:59 (26.7%)	15:34	3.9 (73.6%)
107	ARCISZEWSKA Magda	6113	LPP TEAM	Open Kobiet	91	10:45	00:41:41	03:07:18.35	03:07:18.35	+00:50:21 (26.9%)	15:36	3.8 (71.7%)
108	PRENDOTA Anna	6098	BORSUKI, ANIE, GRZYBY	Open Kobiet	92	10:45	00:39:59	03:07:21.30	03:07:21.30	+00:50:24 (26.9%)	15:36	3.8 (71.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
109	KAWALEC Anna	5531	WIĘCEJ JEDZENIA I SPANIA!	Open Kobiet	93	09:30	00:37:42	03:07:23.00	03:07:23.00	+00:50:26 (26.9%)	15:36	3.8 (71.7%)
110	PIETRZYK Ewa	5532	WIĘCEJ JEDZENIA I SPANIA!	Open Kobiet	94	09:30	00:37:43	03:07:23.10	03:07:23.10	+00:50:26 (26.9%)	15:36	3.8 (71.7%)
111	BIAŁEK Katarzyna	5530	WIĘCEJ JEDZENIA I SPANIA!	Open Kobiet	95	09:30	00:37:44	03:07:23.35	03:07:23.35	+00:50:26 (26.9%)	15:36	3.8 (71.7%)
112	KRÓLIKOWSKA Agnieszka	5867	KOŁCZU TEAM	Open Kobiet	96	10:15	00:35:11	03:07:37.95	03:07:37.95	+00:50:41 (27.0%)	15:38	3.8 (71.7%)
113	KOTUŁA Magdalena	5804		Open Kobiet	97	10:00	00:35:35	03:08:15.90	03:08:15.90	+00:51:19 (27.3%)	15:41	3.8 (71.7%)
114	BĄK Paulina	5792		Open Kobiet	98	10:00	00:35:35	03:08:16.90	03:08:16.90	+00:51:20 (27.3%)	15:41	3.8 (71.7%)
115	OŁOWNIA Joanna	5815		Open Kobiet	99	10:00	00:35:35	03:08:17.05	03:08:17.05	+00:51:20 (27.3%)	15:41	3.8 (71.7%)
116	DOBOSZ Agnieszka	5502	OCR TEAM DĘBICA	Open Kobiet	100	09:30	00:43:03	03:08:23.70	03:08:23.70	+00:51:27 (27.3%)	15:41	3.8 (71.7%)
117	WOJTASZEK Anna	5504	OCR TEAM DĘBICA	Open Kobiet	101	09:30	00:43:03	03:08:23.90	03:08:23.90	+00:51:27 (27.3%)	15:41	3.8 (71.7%)
118	GALAS Anna	6131	ROSSMANN	Open Kobiet	102	10:45	00:35:07	03:08:39.20	03:08:39.20	+00:51:42 (27.4%)	15:43	3.8 (71.7%)
119	SIEMEK Marzena	6093	ARTEMIS TEAM MIELEC	Open Masters Kobiet	17	10:45	00:37:06	03:08:44.20	03:08:44.20	+00:51:47 (27.4%)	15:43	3.8 (71.7%)
120	FOKS Ewelina	6263		Open Kobiet	103	11:00	00:37:05	03:08:54.70	03:08:54.70	+00:51:58 (27.5%)	15:44	3.8 (71.7%)
121	LEWIŃSKA Anna	5500	MAŁE DZIKI	Open Kobiet	104	09:30	00:39:26	03:09:05.50	03:09:05.50	+00:52:08 (27.6%)	15:45	3.8 (71.7%)
122	STARZEC Joanna	6095	ARTEMIS TEAM MIELEC	Open Masters Kobiet	18	10:45	00:37:01	03:09:12.45	03:09:12.45	+00:52:15 (27.6%)	15:46	3.8 (71.7%)
123	SKOWROŃSKA Maja	5205	AROO	Open Kobiet	105	09:00	00:37:57	03:09:18.95	03:09:18.95	+00:52:22 (27.7%)	15:46	3.8 (71.7%)
124	TWARKOWSKA Aleksandra	5364	MOMO TEAM	Open Kobiet	106	09:15	00:38:16	03:09:50.40	03:09:50.40	+00:52:53 (27.9%)	15:49	3.8 (71.7%)
125	MIERZYŃSKA Katarzyna	6088	ARTEMIS TEAM MIELEC	Open Kobiet	107	10:45	00:37:12	03:10:01.75	03:10:01.75	+00:53:05 (27.9%)	15:50	3.8 (71.7%)
126	KARCZ Joanna	5411		Open Kobiet	108	09:15	00:37:14	03:10:26.00	03:10:26.00	+00:53:29 (28.1%)	15:52	3.8 (71.7%)
127	KOWALCZYK Marlena	6376	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	109	11:30	00:42:56	03:11:02.50	03:11:02.50	+00:54:05 (28.3%)	15:55	3.8 (71.7%)
128	KUSZNIERUK Agnieszka	5747	HELL(A)S GUNNERS	Open Kobiet	110	10:00	00:40:01	03:11:05.25	03:11:05.25	+00:54:08 (28.3%)	15:55	3.8 (71.7%)
129	JASTRZĘBSKA Agnieszka	6232	LEBEŁT	Open Kobiet	111	11:00	00:36:47	03:11:25.00	03:11:25.00	+00:54:28 (28.5%)	15:57	3.8 (71.7%)
130	JASTRZĘBSKA Joanna	6233	LEBEŁT	Open Kobiet	112	11:00	00:36:47	03:11:26.30	03:11:26.30	+00:54:29 (28.5%)	15:57	3.8 (71.7%)
131	WILK Ewelina	6320		Open Kobiet	113	11:00	00:37:22	03:11:29.30	03:11:29.30	+00:54:32 (28.5%)	15:57	3.8 (71.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
132	SIELSKA Dagmara	5698		Open Kobiet	114	09:45	00:38:32	03:12:09.70	03:12:09.70	+00:55:13 (28.7%)	16:00	3.7 (69.8%)
133	GRYMEK Dagmara	5971	BEFIT24TEAM	Open Kobiet	115	10:30	00:33:23	03:12:15.00	03:12:15.00	+00:55:18 (28.8%)	16:01	3.7 (69.8%)
134	TWARKOWSKA Anna	5365	MOMO TEAM	Open Masters Kobiet	19	09:15	00:38:28	03:12:39.05	03:12:39.05	+00:55:42 (28.9%)	16:03	3.7 (69.8%)
135	WITKOWSKA Ewa	5710		Open Kobiet	116	09:45	00:41:14	03:13:00.80	03:13:00.80	+00:56:04 (29.0%)	16:05	3.7 (69.8%)
136	MASIER Katarzyna	6583		Open Kobiet	117	11:00	00:40:37	03:13:17.95	03:13:17.95	+00:56:21 (29.2%)	16:06	3.7 (69.8%)
137	PAPROCKA Karolina	6186		Open Kobiet	118	10:45	00:36:19	03:13:18.00	03:13:18.00	+00:56:21 (29.2%)	16:06	3.7 (69.8%)
138	GIERLACH Ewa	5987	HEALTHAHEAD	Open Kobiet	119	10:30	00:38:00	03:13:25.45	03:13:25.45	+00:56:28 (29.2%)	16:07	3.7 (69.8%)
139	HORĘZGA Dorota	6512		Open Kobiet	120	09:00	00:42:08	03:13:46.40	03:13:46.40	+00:56:49 (29.3%)	16:08	3.7 (69.8%)
140	TKACZYŃSKA Dominika	6315		Open Kobiet	121	11:00	00:37:22	03:13:55.50	03:13:55.50	+00:56:58 (29.4%)	16:09	3.7 (69.8%)
141	CHĘTKIEWICZ Sandra	5357	MOMO TEAM	Open Kobiet	122	09:15	00:38:14	03:13:59.80	03:13:59.80	+00:57:03 (29.4%)	16:09	3.7 (69.8%)
142	NOWAK Joanna	5742	FUNKY GYM TEAM	Open Kobiet	123	10:00	00:37:57	03:14:15.15	03:14:15.15	+00:57:18 (29.5%)	16:11	3.7 (69.8%)
143	TUZINKIEWICZ Jagoda	5221	EX TEAM	Open Kobiet	124	09:00	00:42:09	03:14:21.50	03:14:21.50	+00:57:24 (29.5%)	16:11	3.7 (69.8%)
144	KOZIOŁ Aneta	5306		Open Kobiet	125	09:00	00:40:49	03:14:51.65	03:14:51.65	+00:57:55 (29.7%)	16:14	3.7 (69.8%)
145	KIEŁTYKA Laura	5972	BEFIT24TEAM	Open Kobiet	126	10:30	00:34:27	03:14:52.90	03:14:52.90	+00:57:56 (29.7%)	16:14	3.7 (69.8%)
146	KADYKAŁO Natalia	5617	NIE W SZCZEPIONKĘ TEAM	Open Kobiet	127	09:45	00:41:02	03:15:35.60	03:15:35.60	+00:58:39 (30.0%)	16:17	3.7 (69.8%)
147	KOBYLARZ Barbara	6175		Open Kobiet	128	10:45	00:41:06	03:15:50.80	03:15:50.80	+00:58:54 (30.1%)	16:19	3.7 (69.8%)
148	KOBYLARZ Anna	6174		Open Masters Kobiet	20	10:45	00:41:06	03:15:52.40	03:15:52.40	+00:58:55 (30.1%)	16:19	3.7 (69.8%)
149	GALBAVÁ Sára	5681		Open Kobiet	129	09:45	00:39:36	03:16:02.35	03:16:02.35	+00:59:05 (30.1%)	16:20	3.7 (69.8%)
150	ŁUSZCZAK Anna	6282		Open Kobiet	130	11:00	00:35:34	03:16:02.65	03:16:02.65	+00:59:06 (30.1%)	16:20	3.7 (69.8%)
151	SOBCZYK Sabina	6225	HUSARIA RACE TEAM	Open Kobiet	131	11:00	00:36:16	03:17:47.05	03:17:47.05	+01:00:50 (30.8%)	16:28	3.6 (67.9%)
152	CZYŻ Anna	5798		Open Kobiet	132	10:00	00:35:13	03:17:49.45	03:17:49.45	+01:00:52 (30.8%)	16:29	3.6 (67.9%)
153	SZUSTER Aleksandra	6238	ŁO PANIE PRZE... !	Open Kobiet	133	11:00	00:46:24	03:17:55.20	03:17:55.20	+01:00:58 (30.8%)	16:29	3.6 (67.9%)
154	MIKŁUSZKA Doris	6103	DZIKIE ŻUBRY	Open Masters Kobiet	21	10:45	00:37:21	03:18:03.40	03:18:03.40	+01:01:06 (30.9%)	16:30	3.6 (67.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RM 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
155	MARKIEWICZ Dagmara	5359	MOMO TEAM	Open Kobiet	134	09:15	00:39:03	03:18:38.60	03:18:38.60	+01:01:42 (31.1%)	16:33	3.6 (67.9%)
156	POŚNIK Karolina	6008	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	135	10:30	00:41:21	03:18:55.15	03:18:55.15	+01:01:58 (31.2%)	16:34	3.6 (67.9%)
157	BOBER Aneta	6026		Open Kobiet	136	10:30	00:42:55	03:18:58.50	03:18:58.50	+01:02:01 (31.2%)	16:34	3.6 (67.9%)
158	SADOWSKA Emilia	5983	DELOITTE ADVENTURE TEAM	Open Kobiet	137	10:30	00:39:10	03:18:58.70	03:18:58.70	+01:02:02 (31.2%)	16:34	3.6 (67.9%)
159	PIELESZ Małgorzata	6578		Open Kobiet	138	10:30	00:42:56	03:19:01.20	03:19:01.20	+01:02:04 (31.2%)	16:35	3.6 (67.9%)
160	JEWUŁA Klaudia	6005	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	139	10:30	00:41:22	03:19:01.60	03:19:01.60	+01:02:05 (31.2%)	16:35	3.6 (67.9%)
161	PIETRAS Mariola	5876	PIĘKNE&BESTIE	Open Kobiet	140	09:30	00:39:46	03:19:07.00	03:19:07.00	+01:02:10 (31.2%)	16:35	3.6 (67.9%)
162	HUS Natalia	5874	PIĘKNE&BESTIE	Open Kobiet	141	09:30	00:39:50	03:19:08.00	03:19:08.00	+01:02:11 (31.2%)	16:35	3.6 (67.9%)
163	SOBCZYK Ligia	5774	PACZKOŚWIRY	Open Kobiet	142	10:00	00:38:26	03:19:08.55	03:19:08.55	+01:02:11 (31.2%)	16:35	3.6 (67.9%)
164	SERDIUK Ruzana	6309		Open Kobiet	143	11:00		03:19:12.00	03:19:12.00	+01:02:15 (31.3%)	16:36	3.6 (67.9%)
165	KUCHTA Anna	5516	POWER STUDIO	Open Masters Kobiet	22	09:30	00:37:57	03:19:16.05	03:19:16.05	+01:02:19 (31.3%)	16:36	3.6 (67.9%)
166	JARNO Anna	5512	POWER STUDIO	Open Kobiet	144	09:30	00:38:47	03:19:16.75	03:19:16.75	+01:02:20 (31.3%)	16:36	3.6 (67.9%)
167	ZIÓŁKOWSKA Katarzyna	6545		Open Kobiet	145	09:30	00:38:49	03:19:16.80	03:19:16.80	+01:02:20 (31.3%)	16:36	3.6 (67.9%)
168	SMUŁA Magdalena	6128	POWER STUDIO	Open Kobiet	146	09:30	00:37:56	03:19:17.65	03:19:17.65	+01:02:21 (31.3%)	16:36	3.6 (67.9%)
169	MATYKIEWICZ Natalia	5849	BOX88	Open Kobiet	147	09:30	00:43:51	03:19:21.30	03:19:21.30	+01:02:24 (31.3%)	16:36	3.6 (67.9%)
170	OŻÓG Katarzyna	5463	BOX88	Open Kobiet	148	09:30	00:43:51	03:19:21.75	03:19:21.75	+01:02:25 (31.3%)	16:36	3.6 (67.9%)
171	GRUSZOWSKA Marta	5541		Open Kobiet	149	09:30	00:43:05	03:19:27.40	03:19:27.40	+01:02:30 (31.3%)	16:37	3.6 (67.9%)
172	GAŚIOR Monika	5503	OCR TEAM DĘBICA	Open Kobiet	150	09:30	00:43:03	03:19:27.90	03:19:27.90	+01:02:31 (31.3%)	16:37	3.6 (67.9%)
173	GRZEGÓRZEK Anna	5930		Open Kobiet	151	10:15	00:43:18	03:19:35.40	03:19:35.40	+01:02:38 (31.4%)	16:37	3.6 (67.9%)
174	PYZIAK Agnieszka	5955		Open Kobiet	152	10:15	00:38:46	03:19:40.05	03:19:40.05	+01:02:43 (31.4%)	16:38	3.6 (67.9%)
175	MACIĄG Iwona	5875	PIĘKNE&BESTIE	Open Kobiet	153	09:30	00:39:47	03:19:55.95	03:19:55.95	+01:02:59 (31.5%)	16:39	3.6 (67.9%)
176	ĆWIERTNIA Justyna	5922		Open Kobiet	154	10:15	00:37:56	03:19:58.00	03:19:58.00	+01:03:01 (31.5%)	16:39	3.6 (67.9%)
177	ŁUSZCZKIEWICZ Ewelina	5944		Open Kobiet	155	10:15	00:37:57	03:19:58.40	03:19:58.40	+01:03:01 (31.5%)	16:39	3.6 (67.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
178	NAPIERAJ Katarzyna	5850	CARBON OCR RACING TEAM	Open Kobiet	156	09:30	00:39:50	03:19:59.80	03:19:59.80	+01:03:03 (31.5%)	16:39	3.6 (67.9%)
179	ZAŁUPSKA Agata	6082		Open Masters Kobiet	23	10:30	00:40:47	03:20:37.65	03:20:37.65	+01:03:41 (31.7%)	16:43	3.6 (67.9%)
180	ZAUCHA Agnieszka	6083		Open Kobiet	157	10:30	00:42:51	03:20:41.15	03:20:41.15	+01:03:44 (31.8%)	16:43	3.6 (67.9%)
181	BIENIAS Emilia	5637	RAGNAROK SZCZECIN	Open Kobiet	158	09:45	00:38:25	03:20:52.60	03:20:52.60	+01:03:56 (31.8%)	16:44	3.6 (67.9%)
182	GARBACZ Sara	5481	HUSARIA RACE TEAM	Open Kobiet	159	09:30	00:43:19	03:21:28.00	03:21:28.00	+01:04:31 (32.0%)	16:47	3.6 (67.9%)
183	ŁĄCKA Agata	5645	ROOKIES	Open Kobiet	160	09:45	00:38:44	03:21:31.00	03:21:31.00	+01:04:34 (32.0%)	16:47	3.6 (67.9%)
184	KIELAR Aleksandra	5644	ROOKIES	Open Kobiet	161	09:45	00:38:45	03:21:32.10	03:21:32.10	+01:04:35 (32.0%)	16:47	3.6 (67.9%)
185	PAWLAK Angelina	5648	ROOKIES	Open Kobiet	162	09:45	00:38:47	03:21:33.35	03:21:33.35	+01:04:36 (32.1%)	16:47	3.6 (67.9%)
186	BAKOWSKA Monika	5641	ROOKIES	Open Kobiet	163	09:45	00:38:46	03:21:35.40	03:21:35.40	+01:04:38 (32.1%)	16:47	3.6 (67.9%)
187	CHOJNACKA Agnieszka	5789	ZNISZCZALNI	Open Kobiet	164	10:00	00:37:50	03:21:38.55	03:21:38.55	+01:04:41 (32.1%)	16:48	3.6 (67.9%)
188	DOMINIAK-WYCZYNSKA Ewa	6443	HELL(A)S GUNNERS	Open Kobiet	165	10:00	00:40:01	03:21:39.35	03:21:39.35	+01:04:42 (32.1%)	16:48	3.6 (67.9%)
189	DANYLCHENKO Yuliia	5290		Open Kobiet	166	09:00	00:42:32	03:22:14.10	03:22:14.10	+01:05:17 (32.3%)	16:51	3.6 (67.9%)
190	MAGNUSZEWSKA Izabela	5588	CARBON OCR RACING TEAM	Open Masters Kobiet	24	09:15	00:35:36	03:22:47.35	03:22:47.35	+01:05:50 (32.5%)	16:53	3.6 (67.9%)
191	KOTRA Aneta	5348	HUSARIA RACE TEAM	Open Kobiet	167	09:15	00:38:43	03:23:04.20	03:23:04.20	+01:06:07 (32.6%)	16:55	3.5 (66.0%)
192	DZIERŻAK Elżbieta	5477	HUSARIA RACE TEAM	Open Masters Kobiet	25	09:30	00:30:05	03:23:19.30	03:23:19.30	+01:06:22 (32.6%)	16:56	3.5 (66.0%)
193	STAWIŃSKA Agnieszka	6198		Open Kobiet	168	10:45	00:41:12	03:23:25.55	03:23:25.55	+01:06:28 (32.7%)	16:57	3.5 (66.0%)
194	ŻAK - DUDA Anna	6207		Open Kobiet	169	10:45	00:41:10	03:23:26.80	03:23:26.80	+01:06:30 (32.7%)	16:57	3.5 (66.0%)
195	MAJĘTNY Karina	6416		Open Kobiet	170	11:30	00:41:15	03:23:33.85	03:23:33.85	+01:06:37 (32.7%)	16:57	3.5 (66.0%)
196	LORENCZYK Żaneta	6415		Open Kobiet	171	11:30	00:41:16	03:23:34.25	03:23:34.25	+01:06:37 (32.7%)	16:57	3.5 (66.0%)
197	KULIGOWSKA Agata	5553		Open Masters Kobiet	26	09:30	00:44:39	03:23:57.75	03:23:57.75	+01:07:01 (32.9%)	16:59	3.5 (66.0%)
198	WRONA Katarzyna	6430		Open Kobiet	172	11:30	00:43:15	03:23:59.15	03:23:59.15	+01:07:02 (32.9%)	16:59	3.5 (66.0%)
199	SZASTOK Katarzyna	5263	MATEO DREAM TEAM	Open Masters Kobiet	27	09:00	00:44:32	03:24:03.80	03:24:03.80	+01:07:07 (32.9%)	17:00	3.5 (66.0%)
200	CICHY Maria	5251	MATEO DREAM TEAM	Open Kobiet	173	09:00	00:44:35	03:24:04.40	03:24:04.40	+01:07:07 (32.9%)	17:00	3.5 (66.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RM 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
201	FARON Koralina	5528	TOFU TEAM	Open Kobiet	174	09:30	00:43:12	03:24:06.15	03:24:06.15	+01:07:09 (32.9%)	17:00	3.5 (66.0%)
202	MARKER-DZIUBOSZ Agnieszka	5258	MATEO DREAM TEAM	Open Kobiet	175	09:00	00:44:31	03:24:07.35	03:24:07.35	+01:07:10 (32.9%)	17:00	3.5 (66.0%)
203	MACIEJEWSKA SIWY Ela	5256	MATEO DREAM TEAM	Open Kobiet	176	09:00	00:44:30	03:24:09.30	03:24:09.30	+01:07:12 (32.9%)	17:00	3.5 (66.0%)
204	SŁOWIK Natalia	6421		Open Kobiet	177	11:30	00:43:16	03:24:15.40	03:24:15.40	+01:07:18 (33.0%)	17:01	3.5 (66.0%)
205	JUSZCZUK Katarzyna	5643	ROOKIES	Open Kobiet	178	09:45	00:38:45	03:24:17.50	03:24:17.50	+01:07:20 (33.0%)	17:01	3.5 (66.0%)
206	PRZEBINDA Anna	5892	SP.PL TEAM	Open Kobiet	179	10:15	00:45:28	03:25:01.25	03:25:01.25	+01:08:04 (33.2%)	17:05	3.5 (66.0%)
207	ŁĄGIEWKA Karolina	5891	SP.PL TEAM	Open Kobiet	180	10:15	00:45:29	03:25:02.75	03:25:02.75	+01:08:06 (33.2%)	17:05	3.5 (66.0%)
208	SITKO Krystyna	5902	SPARTANSKIE SWIRY	Open Kobiet	181	10:15	00:37:50	03:25:16.85	03:25:16.85	+01:08:20 (33.3%)	17:06	3.5 (66.0%)
209	JAROSZ Agnieszka	5897	SPARTANSKIE SWIRY	Open Kobiet	182	10:15	00:37:51	03:25:30.90	03:25:30.90	+01:08:34 (33.4%)	17:07	3.5 (66.0%)
210	WOJTAL Marta	5903	SPARTANSKIE SWIRY	Open Kobiet	183	10:15	00:37:51	03:25:37.60	03:25:37.60	+01:08:41 (33.4%)	17:08	3.5 (66.0%)
211	FEDEROWICZ Beata	5881	RED GANG	Open Kobiet	184	10:15	00:42:03	03:26:34.70	03:26:34.70	+01:09:38 (33.7%)	17:12	3.5 (66.0%)
212	SERSISKO Dagmara	5901	SPARTANSKIE SWIRY	Open Kobiet	185	10:15	00:37:52	03:26:43.15	03:26:43.15	+01:09:46 (33.8%)	17:13	3.5 (66.0%)
213	ŁOBODA Agnieszka	5244	LEMON TEAM	Open Masters Kobiet	28	09:00	00:35:39	03:27:18.55	03:27:18.55	+01:10:21 (33.9%)	17:16	3.5 (66.0%)
214	POWAŻKA Patrycja	6337	ADLER PELZER TEAM	Open Kobiet	186	11:30	00:46:37	03:27:57.40	03:27:57.40	+01:11:00 (34.1%)	17:19	3.5 (66.0%)
215	KOWALEK Agnieszka	6335	ADLER PELZER TEAM	Open Kobiet	187	11:30	00:46:38	03:28:00.35	03:28:00.35	+01:11:03 (34.2%)	17:20	3.5 (66.0%)
216	TILLES Anna	5756	HUSARIA RACE TEAM	Open Kobiet	188	10:00	00:37:04	03:28:10.95	03:28:10.95	+01:11:14 (34.2%)	17:20	3.5 (66.0%)
217	WŁÓKA Ewelina	6081		Open Kobiet	189	10:30	00:42:27	03:28:30.35	03:28:30.35	+01:11:33 (34.3%)	17:22	3.5 (66.0%)
218	BOGATY Gabriela	5242	LEMON TEAM	Open Masters Kobiet	29	09:00	00:35:40	03:28:42.45	03:28:42.45	+01:11:45 (34.4%)	17:23	3.4 (64.2%)
219	PIKANIA Elżbieta	5694		Open Kobiet	190	09:45	00:43:19	03:28:54.25	03:28:54.25	+01:11:57 (34.4%)	17:24	3.4 (64.2%)
220	DZIEŃ Sabina	6031		Open Kobiet	191	10:30	00:40:43	03:29:34.10	03:29:34.10	+01:12:37 (34.7%)	17:27	3.4 (64.2%)
221	SAWALA Aneta	5318		Open Masters Kobiet	30	09:00	00:39:32	03:29:34.70	03:29:34.70	+01:12:38 (34.7%)	17:27	3.4 (64.2%)
222	STAPÓR Lucyna	5846	BŁOTNE ŚWIRY	Open Kobiet	192	10:15	00:41:37	03:29:37.95	03:29:37.95	+01:12:41 (34.7%)	17:28	3.4 (64.2%)
223	KOSTKA Karina	5844	BŁOTNE ŚWIRY	Open Kobiet	193	10:15	00:41:38	03:29:38.35	03:29:38.35	+01:12:41 (34.7%)	17:28	3.4 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
224	SZUMAR Marina	5467	BOX88	Open Kobiet	194	09:30	00:44:50	03:29:54.40	03:29:54.40	+01:12:57 (34.8%)	17:29	3.4 (64.2%)
225	GAWLAS Magdalena	5458	BOX88	Open Kobiet	195	09:30	00:44:47	03:29:54.60	03:29:54.60	+01:12:58 (34.8%)	17:29	3.4 (64.2%)
226	CIOŁCZYK Sylwia	6570	POWERSTUDIO	Open Masters Kobiet	31	09:30	00:41:34	03:30:58.00	03:30:58.00	+01:14:01 (35.1%)	17:34	3.4 (64.2%)
227	BŁASZCZAK Małgorzata	6571		Open Kobiet	196	09:30	00:41:35	03:30:59.90	03:30:59.90	+01:14:03 (35.1%)	17:34	3.4 (64.2%)
228	LAKSA Agnieszka	6354	CROSSFIT HELLWOOD	Open Kobiet	197	11:30	00:48:15	03:31:00.50	03:31:00.50	+01:14:03 (35.1%)	17:35	3.4 (64.2%)
229	JANICKA Joanna	6408		Open Kobiet	198	11:30	00:48:02	03:31:01.15	03:31:01.15	+01:14:04 (35.1%)	17:35	3.4 (64.2%)
230	PAWUK Marzena	5491	HUSARIA RACE TEAM	Open Masters Kobiet	32	09:30	00:39:01	03:31:10.00	03:31:10.00	+01:14:13 (35.1%)	17:35	3.4 (64.2%)
231	GRYBOŚ Patrycja	5254	MATEO DREAM TEAM	Open Kobiet	199	09:00	00:44:33	03:31:15.70	03:31:15.70	+01:14:19 (35.2%)	17:36	3.4 (64.2%)
232	LIZUREK Agnieszka	5255	MATEO DREAM TEAM	Open Kobiet	200	09:00	00:44:34	03:31:15.95	03:31:15.95	+01:14:19 (35.2%)	17:36	3.4 (64.2%)
233	OSADNIK Magdalena	5259	MATEO DREAM TEAM	Open Kobiet	201	09:00	00:44:35	03:31:16.00	03:31:16.00	+01:14:19 (35.2%)	17:36	3.4 (64.2%)
234	GŁOWACKA Katarzyna	5870	KRAKUSKI	Open Kobiet	202	10:15	00:46:45	03:31:49.55	03:31:49.55	+01:14:52 (35.4%)	17:39	3.4 (64.2%)
235	HARATYK Roksana	5932		Open Kobiet	203	10:15	00:47:09	03:31:53.50	03:31:53.50	+01:14:56 (35.4%)	17:39	3.4 (64.2%)
236	JANDA Paulina	6167		Open Kobiet	204	10:15	00:47:07	03:31:57.55	03:31:57.55	+01:15:00 (35.4%)	17:39	3.4 (64.2%)
237	ŻELAZKO Paulina	5523	POWER STUDIO	Open Kobiet	205	09:30	00:41:26	03:32:00.50	03:32:00.50	+01:15:03 (35.4%)	17:40	3.4 (64.2%)
238	PAŁKA Magdalena	5311		Open Kobiet	206	09:00	00:48:49	03:32:27.70	03:32:27.70	+01:15:31 (35.5%)	17:42	3.4 (64.2%)
239	BOROWIECKA-GRZYMKOWSKA Agata	5585	CARBON OCR RACING TEAM	Open Kobiet	207	09:45	00:44:36	03:32:53.70	03:32:53.70	+01:15:57 (35.7%)	17:44	3.4 (64.2%)
240	HANUSZ Aneta	5586	CARBON OCR RACING TEAM	Open Kobiet	208	09:45	00:44:42	03:32:57.50	03:32:57.50	+01:16:00 (35.7%)	17:44	3.4 (64.2%)
241	DYMOPULOS-KUSTO Nela	6349	CROSSFIT HELLWOOD	Open Kobiet	209	11:30	00:48:05	03:33:04.70	03:33:04.70	+01:16:08 (35.7%)	17:45	3.4 (64.2%)
242	GÓRSKA Marta	5977	BIEGUNKA_TEAM	Open Kobiet	210	10:30	00:39:41	03:34:31.35	03:34:31.35	+01:17:34 (36.2%)	17:52	3.4 (64.2%)
243	WOŚ Marta	6322		Open Kobiet	211	11:00	00:36:45	03:35:19.40	03:35:19.40	+01:18:22 (36.4%)	17:56	3.3 (62.3%)
244	OTTO Weronika	6292		Open Kobiet	212	11:00	00:36:46	03:35:22.20	03:35:22.20	+01:18:25 (36.4%)	17:56	3.3 (62.3%)
245	KACZOR Beata	5119	OCR TEAM DĘBICA	Open Masters Kobiet	33	08:50	00:46:43	03:22:14.80	03:36:37.25	+01:19:40 (36.8%)	16:51	3.6 (67.9%)
246	TOME CZKO Angelika	5444		Open Masters Kobiet	34	09:15	00:44:11	03:38:58.15	03:38:58.15	+01:22:01 (37.5%)	18:14	3.3 (62.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
247	KOZŁOWSKA Malwina	5471	DIRTY SPARROWS	Open Kobiet	213	09:30	00:40:29	03:39:04.50	03:39:04.50	+01:22:07 (37.5%)	18:15	3.3 (62.3%)
248	IBROM Agnieszka	5658	TARNOGÓRSCY BIEGACZE	Open Kobiet	214	09:45	00:40:48	03:39:43.50	03:39:43.50	+01:22:46 (37.7%)	18:18	3.3 (62.3%)
249	LASOŃ Katarzyna	5635	OJOJOJ TEAM	Open Kobiet	215	09:45	00:44:31	03:41:31.50	03:41:31.50	+01:24:34 (38.2%)	18:27	3.3 (62.3%)
250	SZCZYGIELSKA Julia	5118	KONIUCHY OCR	Open Kobiet	216	08:50	00:45:14	03:27:18.15	03:41:38.10	+01:24:41 (38.2%)	17:16	3.5 (66.0%)
251	KOSTĘPSKA Dominika	6116	MY TU PRZEZ POMYŁKĘ	Open Kobiet	217	10:45	00:43:58	03:41:53.40	03:41:53.40	+01:24:56 (38.3%)	18:29	3.2 (60.4%)
252	RUBIK Anna	5965	AMBITNI INACZEJ !	Open Masters Kobiet	35	10:30	00:42:31	03:42:11.60	03:42:11.60	+01:25:15 (38.4%)	18:30	3.2 (60.4%)
253	DOLUK Katarzyna	5960	AMBITNI INACZEJ !	Open Kobiet	218	10:30	00:42:32	03:42:17.10	03:42:17.10	+01:25:20 (38.4%)	18:31	3.2 (60.4%)
254	WANTUŁA Alicja	5570		Open Kobiet	219	09:30	00:44:44	03:42:37.95	03:42:37.95	+01:25:41 (38.5%)	18:33	3.2 (60.4%)
255	ZDANCEWICZ Paulina	6564		Open Kobiet	220	09:30	00:44:44	03:42:39.35	03:42:39.35	+01:25:42 (38.5%)	18:33	3.2 (60.4%)
256	CYGANEK Agnieszka	5331	BEFIT24TEAM	Open Masters Kobiet	36	09:15	00:39:37	03:43:02.90	03:43:02.90	+01:26:06 (38.6%)	18:35	3.2 (60.4%)
256	KOCON Katarzyna	5332	BEFIT24TEAM	Open Kobiet	221	09:15	00:39:38	03:43:02.90	03:43:02.90	+01:26:06 (38.6%)	18:35	3.2 (60.4%)
258	CZEPIEC Alicja	5223	HUSARIA RACE TEAM	Open Kobiet	222	09:00	00:48:23	03:43:09.20	03:43:09.20	+01:26:12 (38.6%)	18:35	3.2 (60.4%)
259	RADWAŃSKA Agnieszka	5511	POGROMCY BŁOTA	Open Kobiet	223	09:30	00:45:38	03:46:35.40	03:46:35.40	+01:29:38 (39.6%)	18:52	3.2 (60.4%)
260	KOSIŃSKA Anna	5509	POGROMCY BŁOTA	Open Kobiet	224	09:30	00:45:39	03:47:28.45	03:47:28.45	+01:30:31 (39.8%)	18:57	3.2 (60.4%)
261	ZMYŚLONY-PLEŚNIAK Magdalena	6119	MY TU PRZEZ POMYŁKĘ	Open Kobiet	225	10:45	00:45:53	03:47:47.95	03:47:47.95	+01:30:51 (39.9%)	18:58	3.2 (60.4%)
262	MARKIEWICZ Patrycja	5911	WARM TEAM	Open Kobiet	226	10:15	00:43:33	03:48:42.10	03:48:42.10	+01:31:45 (40.1%)	19:03	3.1 (58.5%)
263	PRZENIOSŁO Joanna	5913	WARM TEAM	Open Kobiet	227	10:15	00:43:33	03:48:43.45	03:48:43.45	+01:31:46 (40.1%)	19:03	3.1 (58.5%)
264	STAROŃ Marta	5111	EDEN RUNNERS	Open Kobiet	228	08:50	00:38:40	03:44:32.15	03:48:44.10	+01:31:47 (40.1%)	18:42	3.2 (60.4%)
265	SADOWSKA Martyna	5596	ECOLAB	Open Kobiet	229	09:45	00:47:31	03:49:30.90	03:49:30.90	+01:32:34 (40.3%)	19:07	3.1 (58.5%)
266	KLIMEK Magdalena	5592	ECOLAB	Open Kobiet	230	09:45	00:47:31	03:51:01.65	03:51:01.65	+01:34:05 (40.7%)	19:15	3.1 (58.5%)
267	DAVIS Lindsey	5591	ECOLAB	Open Kobiet	231	09:45	00:47:33	03:51:02.50	03:51:02.50	+01:34:05 (40.7%)	19:15	3.1 (58.5%)
268	PIDEK Paulina	5595	ECOLAB	Open Kobiet	232	09:45	00:47:32	03:51:03.70	03:51:03.70	+01:34:07 (40.7%)	19:15	3.1 (58.5%)
269	KOTAS Patrycja	6006	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	233	09:45	00:40:54	03:51:34.20	03:51:34.20	+01:34:37 (40.9%)	19:17	3.1 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RM 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
270	MATEJA Aleksandra	6285		Open Kobiet	234	11:00	00:59:08	03:52:44.85	03:52:44.85	+01:35:48 (41.2%)	19:23	3.1 (58.5%)
271	MATUSIŃSKA Justyna	5517	POWER STUDIO	Open Kobiet	235	09:30	00:48:58	03:55:01.15	03:55:01.15	+01:38:04 (41.7%)	19:35	3.1 (58.5%)
272	KASAK Agnieszka	6236	ŁO PANIE PRZE... !	Open Kobiet	236	11:00	00:47:59	03:56:37.25	03:56:37.25	+01:39:40 (42.1%)	19:43	3 (56.6%)
273	SZLACHETKA Monika	5520	POWER STUDIO	Open Kobiet	237	09:30	00:48:48	03:57:31.80	03:57:31.80	+01:40:35 (42.3%)	19:47	3 (56.6%)
274	SZAFLARSKA Basia	5213	CREDENDO VIDES	Open Kobiet	238	09:00	00:47:10	03:58:05.80	03:58:05.80	+01:41:09 (42.5%)	19:50	3 (56.6%)
275	STANISŁAWSKA Sandra	5212	CREDENDO VIDES	Open Kobiet	239	09:00	00:47:11	03:58:07.20	03:58:07.20	+01:41:10 (42.5%)	19:50	3 (56.6%)
276	DEKA Patrycja	5995	KRAKOWSKI SPLEEN	Open Kobiet	240	10:30	00:51:28	03:58:11.40	03:58:11.40	+01:41:14 (42.5%)	19:50	3 (56.6%)
277	BOŻEK Marlena	5994	KRAKOWSKI SPLEEN	Open Kobiet	241	10:30	00:51:28	03:58:11.80	03:58:11.80	+01:41:15 (42.5%)	19:50	3 (56.6%)
278	RUDNICKA Anna	5608	FRIKI	Open Kobiet	242	09:45	00:51:17	03:59:38.55	03:59:38.55	+01:42:41 (42.9%)	19:58	3 (56.6%)
279	GAMRACKA Katarzyna	5607	FRIKI	Open Kobiet	243	09:45	00:51:18	03:59:39.85	03:59:39.85	+01:42:43 (42.9%)	19:58	3 (56.6%)
280	CHAIEB Natalia	5243	LEMON TEAM	Open Kobiet	244	09:00	00:41:20	04:03:55.55	04:03:55.55	+01:46:58 (43.9%)	20:19	3 (56.6%)
281	STASZEL-ŁATAS Katarzyna	5238	HUSARIA RACE TEAM	Open Kobiet	245	09:00	00:41:20	04:03:55.70	04:03:55.70	+01:46:59 (43.9%)	20:19	3 (56.6%)
282	KLEJNOWSKA Katarzyna	5121	SOCIOS SILESIA	Open Kobiet	246	08:50	01:13:57	03:50:09.45	04:04:46.20	+01:47:49 (44.1%)	19:10	3.1 (58.5%)
283	TOPOLSKA Ewa	6016	SŁODKIE TRUSKAWKI	Open Kobiet	247	10:30	00:50:36	04:05:09.70	04:05:09.70	+01:48:13 (44.1%)	20:25	2.9 (54.7%)
284	WOJTANOWICZ Monika	6017	SŁODKIE TRUSKAWKI	Open Kobiet	248	10:30	00:50:28	04:05:10.90	04:05:10.90	+01:48:14 (44.1%)	20:25	2.9 (54.7%)
285	MATUSIK Aleksandra	6012	SŁODKIE TRUSKAWKI	Open Kobiet	249	10:30	00:50:48	04:05:18.75	04:05:18.75	+01:48:22 (44.2%)	20:26	2.9 (54.7%)
286	KNAUER Magdalena	6010	SŁODKIE TRUSKAWKI	Open Masters Kobiet	37	10:30	00:50:50	04:05:21.90	04:05:21.90	+01:48:25 (44.2%)	20:26	2.9 (54.7%)
287	KLIMCZYK Karolina	6009	SŁODKIE TRUSKAWKI	Open Kobiet	250	10:30	00:50:28	04:05:24.30	04:05:24.30	+01:48:27 (44.2%)	20:27	2.9 (54.7%)
288	ŚWIĄTKOWSKA Marta	6015	SŁODKIE TRUSKAWKI	Open Kobiet	251	10:30	00:50:06	04:05:26.70	04:05:26.70	+01:48:30 (44.2%)	20:27	2.9 (54.7%)
289	STRZELEC Oliwia	6014	SŁODKIE TRUSKAWKI	Open Kobiet	252	10:30	00:50:45	04:05:33.25	04:05:33.25	+01:48:36 (44.2%)	20:27	2.9 (54.7%)
290	KOTARBA Iwona	5485	HUSARIA RACE TEAM	Open Masters Kobiet	38	09:30	00:39:01	04:07:25.05	04:07:25.05	+01:50:28 (44.7%)	20:37	2.9 (54.7%)
291	GREC Klaudia	5116	HUSARIA RACE TEAM	Open Kobiet	253	08:50	01:24:27	04:03:15.15	04:17:23.60	+02:00:27 (46.8%)	20:16	3 (56.6%)
292	BAŁAMUT Marta	5114	HUSARIA RACE TEAM	Open Kobiet	254	08:50		04:17:35.45	04:31:36.75	+02:14:40 (49.6%)	21:27	2.8 (52.8%)
293	ARCISZEWSKA Agnieszka	6105	FORNIR TEAM	Open Kobiet	255	10:45						(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMG 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
	SOBCZYK Ligia	6575	PACZKOŚWIRY	Open Kobiet	10:15	DNF		DNF	DNF		-	- (0.0%)

Znaleziono 294 wynik(ów)