

Event: Runmageddon Poznań
Organiser: Extreme Events, Runmageddon
Date: 2023-04-30
Place: Poznań
Distance: 12 km

Classification: Elite Masters Mężczyzn

Place	Participant	Number	Club	Category	MCat	Seria	6km	Net time 12km	Czas brutto 12km	Gap	Pace min/km	Pace km/h
1	RUTKOWSKI Mariusz	3055	WOLF TEAM	Elite Masters Mężczyzn	1	07:40	00:30:38	00:58:39.05	00:58:39.05		4:53	12.3 (100%)
2	CHŁAD Aleksander	3023	EX TEAM	Elite Masters Mężczyzn	2	07:40	00:33:17	01:02:17.95	01:02:17.95	+00:03:38 (5.9%)	5:11	11.6 (94.3%)
3	KROPIDŁOWSKI Grzegorz	3052	WOLF TEAM	Elite Masters Mężczyzn	3	07:40	00:33:37	01:05:08.90	01:05:08.90	+00:06:29 (10.0%)	5:25	11.1 (90.2%)
4	JUDEK Łukasz	3062		Elite Masters Mężczyzn	4	07:40	00:36:57	01:08:22.20	01:08:22.20	+00:09:43 (14.2%)	5:41	10.5 (85.4%)
5	SYLWANOWICZ Tomasz	3075		Elite Masters Mężczyzn	5	07:40	00:36:52	01:09:45.05	01:09:45.05	+00:11:06 (15.9%)	5:48	10.3 (83.7%)
6	ODWROT Mariusz	3070		Elite Masters Mężczyzn	6	07:40	00:35:46	01:09:55.10	01:09:55.10	+00:11:16 (16.1%)	5:49	10.3 (83.7%)
7	RUDNICKI Marcin	3071		Elite Masters Mężczyzn	7	07:50	00:37:08	01:10:08.65	01:10:08.65	+00:11:29 (16.4%)	5:50	10.3 (83.7%)
8	KARBOWSKI Sławomir	3089	CROSSFOX OCR	Elite Masters Mężczyzn	8	07:50	00:39:01	01:12:52.20	01:12:52.20	+00:14:13 (19.5%)	6:04	9.9 (80.5%)
9	CHOJECKI Arkadiusz	3122		Elite Masters Mężczyzn	9	07:50	00:39:38	01:13:04.05	01:13:04.05	+00:14:25 (19.7%)	6:05	9.9 (80.5%)
10	KUJAWA Marcin	3093	DYNAMIC STRONG GNIEZNO	Elite Masters Mężczyzn	10	07:50	00:39:42	01:14:22.85	01:14:22.85	+00:15:43 (21.1%)	6:11	9.7 (78.9%)
11	GAJOCHA Michał	3086	CARBON SILESIA SPORT	Elite Masters Mężczyzn	11	07:50	00:39:32	01:14:34.85	01:14:34.85	+00:15:55 (21.4%)	6:12	9.7 (78.9%)
12	KUBIESA Jakub	3171	CARBON SILESIA SPORT	Elite Masters Mężczyzn	12	07:50	00:39:31	01:15:28.00	01:15:28.00	+00:16:48 (22.3%)	6:17	9.5 (77.2%)
13	SZKLARSKI Przemysław	3013	CARBON SILESIA SPORT	Elite Masters Mężczyzn	13	07:40	00:41:00	01:15:47.75	01:15:47.75	+00:17:08 (22.6%)	6:18	9.5 (77.2%)
14	KUCHARSKI Łukasz	3082	BIGYELLOWFOOT ADVENTURE TEAM	Elite Masters Mężczyzn	14	07:50	00:40:03	01:16:11.70	01:16:11.70	+00:17:32 (23.0%)	6:20	9.5 (77.2%)
15	ZAWADZKI Piotr	3078	ACTIVE FLOW	Elite Masters Mężczyzn	15	07:50	00:40:03	01:16:12.00	01:16:12.00	+00:17:32 (23.0%)	6:21	9.4 (76.4%)

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16	BACHURA Grzegorz	3119		Elite Masters Mężczyzn	16	07:50	00:44:04	01:21:48.50	01:21:48.50	+00:23:09 (28.3%)	6:49	8.8 (71.5%)
17	DĄBROWSKI Krzysztof	3108	SOCIOS SILESIA	Elite Masters Mężczyzn	17	07:50	00:44:20	01:22:43.80	01:22:43.80	+00:24:04 (29.1%)	6:53	8.7 (70.7%)
18	NIKIEL Dariusz	3094	DYNAMIC STRONG GNIEZNO	Elite Masters Mężczyzn	18	07:50	00:45:48	01:26:20.15	01:26:20.15	+00:27:41 (32.1%)	7:11	8.3 (67.5%)
19	JEZIORSKI Marcin	3173		Elite Masters Mężczyzn	19	07:50	00:45:37	01:26:32.85	01:26:32.85	+00:27:53 (32.2%)	7:12	8.3 (67.5%)
20	SZCZUKOWSKI Michał	3144		Elite Masters Mężczyzn	20	07:50	00:45:01	01:27:15.90	01:27:15.90	+00:28:36 (32.8%)	7:16	8.3 (67.5%)
21	DYKIER Krzysztof	3090	DOMINATOR TEAM	Elite Masters Mężczyzn	21	07:50	00:46:07	01:27:48.70	01:27:48.70	+00:29:09 (33.2%)	7:19	8.2 (66.7%)
22	MŁYNARCZAK Jakub	3002	„TO SIEDZI W GŁOWIE”	Elite Masters Mężczyzn	22	07:40	00:46:45	01:30:05.20	01:30:05.20	+00:31:26 (34.9%)	7:30	8 (65.0%)
23	DYZMA Krzysztof	3001	„TO SIEDZI W GŁOWIE"	Elite Masters Mężczyzn	23	07:40	00:51:17	01:34:35.35	01:34:35.35	+00:35:56 (38.0%)	7:52	7.6 (61.8%)
24	JESKA Tomasz	3017	DYNAMIC STRONG GNIEZNO	Elite Masters Mężczyzn	24	07:40	00:40:06	01:35:16.95	01:35:16.95	+00:36:37 (38.4%)	7:56	7.6 (61.8%)
25	KWIATKOWSKI Jacek	3133		Elite Masters Mężczyzn	25	07:50	00:47:46	01:35:19.15	01:35:19.15	+00:36:40 (38.5%)	7:56	7.6 (61.8%)
26	DYKAS Adam	3057		Elite Masters Mężczyzn	26	07:40	00:41:32	01:37:06.35	01:37:06.35	+00:38:27 (39.6%)	8:05	7.4 (60.2%)
27	MIKOŚ Łukasz	3107	PUSTAKI	Elite Masters Mężczyzn	27	07:50	00:49:58	01:38:24.00	01:38:24.00	+00:39:44 (40.4%)	8:12	7.3 (59.3%)
28	GICZAN Mariusz	3088	CARDIO HEROES	Elite Masters Mężczyzn	28	07:50	00:51:27	01:40:50.00	01:40:50.00	+00:42:10 (41.8%)	8:24	7.1 (57.7%)
29	MIERZICKI Marcel	3028	POWER TRAINING	Elite Masters Mężczyzn	29	07:40	00:50:58	01:44:42.85	01:44:42.85	+00:46:03 (44.0%)	8:43	6.9 (56.1%)
30	ANDRZEJEWSKI Maciej	3117		Elite Masters Mężczyzn	30	07:50	01:12:29	03:03:47.85	03:03:47.85	+02:05:08 (68.1%)	15:18	3.9 (31.7%)
31	KRZYŻANOWSKI Krzysztof	3132		Elite Masters Mężczyzn	31	07:50	01:00:25	03:34:24.90	03:34:24.90	+02:35:45 (72.6%)	17:52	3.4 (27.6%)

Total 31 results.