

**Wydarzenie:** Runmageddon Poznań  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2023-04-30  
**Miejsce:** Poznań  
**Dystans:** 12 km

Klasyfikacja: Elite Mężczyzn

| Msc | Zawodnik              | Numer | Klub                   | Kategoria              | Mkat | Seria | 6km      | Czas netto 12km | Czas brutto 12km | Różn              | Tempo min/km | Tempo km/h   |
|-----|-----------------------|-------|------------------------|------------------------|------|-------|----------|-----------------|------------------|-------------------|--------------|--------------|
| 1   | OLICHOWSKI Mateusz    | 3054  | WOLF TEAM              | Elite Mężczyzn         | 1    | 07:40 | 00:29:30 | 00:55:18.75     | 00:55:18.75      |                   | 4:36         | 13 (100%)    |
| 2   | MARKOWSKI Fabian      | 3049  | WATAHA                 | Elite Mężczyzn         | 2    | 07:40 | 00:30:31 | 00:56:46.10     | 00:56:46.10      | +00:01:27 (2.6%)  | 4:43         | 12.7 (97.7%) |
| 3   | OŚLIZŁO Tomasz        | 3040  | SOCIOS SILESIA         | Elite Mężczyzn         | 3    | 07:40 | 00:31:14 | 00:57:57.00     | 00:57:57.00      | +00:02:38 (4.6%)  | 4:49         | 12.4 (95.4%) |
| 4   | KALINOWSKI Krystian   | 3033  | RUNMAGEDDON TEAM       | Elite Mężczyzn         | 4    | 07:40 | 00:31:05 | 00:58:13.40     | 00:58:13.40      | +00:02:54 (5.0%)  | 4:51         | 12.4 (95.4%) |
| 5   | RUTKOWSKI Mariusz     | 3055  | WOLF TEAM              | Elite Masters Mężczyzn | 1    | 07:40 | 00:30:38 | 00:58:39.05     | 00:58:39.05      | +00:03:20 (5.7%)  | 4:53         | 12.3 (94.6%) |
| 6   | CHMIELORZ Józef       | 3006  | CARBON SILESIA SPORT   | Elite Mężczyzn         | 5    | 07:40 | 00:31:13 | 00:58:54.85     | 00:58:54.85      | +00:03:36 (6.1%)  | 4:54         | 12.2 (93.8%) |
| 7   | JACIÓW Paweł          | 3045  | WATAHA                 | Elite Mężczyzn         | 6    | 07:40 | 00:31:24 | 00:59:00.15     | 00:59:00.15      | +00:03:41 (6.3%)  | 4:55         | 12.2 (93.8%) |
| 8   | BOROWSKI Michał       | 3004  | ANONIMOWY ANCYMON      | Elite Mężczyzn         | 7    | 07:40 | 00:31:47 | 01:00:23.35     | 01:00:23.35      | +00:05:04 (8.4%)  | 5:01         | 11.9 (91.5%) |
| 9   | CWIRZEN Marcin        | 3050  | WOLF TEAM              | Elite Mężczyzn         | 8    | 07:40 | 00:32:07 | 01:00:28.80     | 01:00:28.80      | +00:05:10 (8.5%)  | 5:02         | 11.9 (91.5%) |
| 10  | STOKOWSKI Dariusz     | 3169  | RUNMAGEDDON TEAM       | Elite Mężczyzn         | 9    | 07:40 | 00:32:17 | 01:01:10.80     | 01:01:10.80      | +00:05:52 (9.6%)  | 5:05         | 11.8 (90.8%) |
| 11  | ŚLOTAŁA Karol         | 3175  | CARBON SILESIA SPORT   | Elite Mężczyzn         | 10   | 07:40 | 00:33:25 | 01:01:32.25     | 01:01:32.25      | +00:06:13 (10.1%) | 5:07         | 11.7 (90.0%) |
| 12  | BRZEZIŃSKI Bartosz    | 3031  | RUNMAGEDDON TEAM       | Elite Mężczyzn         | 11   | 07:40 | 00:32:41 | 01:01:54.90     | 01:01:54.90      | +00:06:36 (10.7%) | 5:09         | 11.6 (89.2%) |
| 13  | CHŁAD Aleksander      | 3023  | EX TEAM                | Elite Masters Mężczyzn | 2    | 07:40 | 00:33:17 | 01:02:17.95     | 01:02:17.95      | +00:06:59 (11.2%) | 5:11         | 11.6 (89.2%) |
| 14  | SIEKIERSKI Paweł      | 3021  | DYNAMIC STRONG GNIEZNO | Elite Mężczyzn         | 12   | 07:40 | 00:33:12 | 01:02:41.70     | 01:02:41.70      | +00:07:22 (11.8%) | 5:13         | 11.5 (88.5%) |
| 15  | KASIELSKI Rafał       | 3043  | SURVIWAŁ TEAM          | Elite Mężczyzn         | 13   | 07:40 | 00:33:21 | 01:02:53.45     | 01:02:53.45      | +00:07:34 (12.0%) | 5:14         | 11.4 (87.7%) |
| 16  | SZTYLKA Karol         | 3005  | BEST BEASTS            | Elite Mężczyzn         | 14   | 07:40 | 00:33:16 | 01:03:07.35     | 01:03:07.35      | +00:07:48 (12.4%) | 5:15         | 11.4 (87.7%) |
| 17  | KOTALA Arkadiusz      | 3048  | WATAHA                 | Elite Mężczyzn         | 15   | 07:40 | 00:34:16 | 01:03:21.90     | 01:03:21.90      | +00:08:03 (12.7%) | 5:16         | 11.4 (87.7%) |
| 18  | SKRZYSZOWSKI Janusz   | 3041  | SOCIOS SILESIA         | Elite Mężczyzn         | 16   | 07:40 | 00:34:03 | 01:03:30.90     | 01:03:30.90      | +00:08:12 (12.9%) | 5:17         | 11.3 (86.9%) |
| 19  | JAŃCZUK Przemysław    | 3032  | RUNMAGEDDON TEAM       | Elite Mężczyzn         | 17   | 07:40 | 00:34:24 | 01:04:08.95     | 01:04:08.95      | +00:08:50 (13.8%) | 5:20         | 11.2 (86.2%) |
| 20  | WÓJCIK Adam           | 3024  | EX TEAM                | Elite Mężczyzn         | 18   | 07:40 | 00:33:11 | 01:04:39.95     | 01:04:39.95      | +00:09:21 (14.5%) | 5:23         | 11.1 (85.4%) |
| 21  | PSUT Kamil            | 3010  | CARBON SILESIA SPORT   | Elite Mężczyzn         | 19   | 07:40 | 00:34:31 | 01:04:45.75     | 01:04:45.75      | +00:09:27 (14.6%) | 5:23         | 11.1 (85.4%) |
| 22  | KROPIDŁOWSKI Grzegorz | 3052  | WOLF TEAM              | Elite Masters Mężczyzn | 3    | 07:40 | 00:33:37 | 01:05:08.90     | 01:05:08.90      | +00:09:50 (15.1%) | 5:25         | 11.1 (85.4%) |
| 23  | IDCZAK Piotr          | 3020  | DYNAMIC STRONG GNIEZNO | Elite Mężczyzn         | 20   | 07:40 | 00:34:46 | 01:05:16.20     | 01:05:16.20      | +00:09:57 (15.3%) | 5:26         | 11 (84.6%)   |
| 24  | MORA Karol            | 3009  | CARBON SILESIA SPORT   | Elite Mężczyzn         | 21   | 07:40 | 00:35:05 | 01:05:32.90     | 01:05:32.90      | +00:10:14 (15.6%) | 5:27         | 11 (84.6%)   |
| 25  | ŚRÓBKA Mateusz        | 3015  | CFZ ŻARY               | Elite Mężczyzn         | 22   | 07:40 | 00:34:43 | 01:05:43.50     | 01:05:43.50      | +00:10:24 (15.8%) | 5:28         | 11 (84.6%)   |
| 26  | PAZOŁA Korneliusz     | 3113  | WATAHA                 | Elite Mężczyzn         | 23   | 07:50 | 00:35:21 | 01:05:43.80     | 01:05:43.80      | +00:10:25 (15.8%) | 5:28         | 11 (84.6%)   |
| 27  | ZIELIŃSKI Bartosz     | 3022  | DYNAMIC STRONG GNIEZNO | Elite Mężczyzn         | 24   | 07:40 | 00:35:06 | 01:05:46.75     | 01:05:46.75      | +00:10:28 (15.9%) | 5:28         | 10.9 (83.8%) |
| 28  | OBSZYŃSKI Marcin      | 3137  |                        | Elite Mężczyzn         | 25   | 07:50 | 00:35:04 | 01:06:10.25     | 01:06:10.25      | +00:10:51 (16.4%) | 5:30         | 10.9 (83.8%) |
| 29  | JAKUSZEK Piotr        | 3046  | WATAHA                 | Elite Mężczyzn         | 26   | 07:40 | 00:34:34 | 01:06:19.20     | 01:06:19.20      | +00:11:00 (16.6%) | 5:31         | 10.9 (83.8%) |

| Msc | Zawodnik             | Numer | Klub                         | Kategoria              | Mkat | Seria | 6km      | Czas netto  | Czas brutto | Różn              | Tempo min/km | Tempo km/h   |
|-----|----------------------|-------|------------------------------|------------------------|------|-------|----------|-------------|-------------|-------------------|--------------|--------------|
|     |                      |       |                              |                        |      |       |          | 12km        | 12km        |                   |              |              |
| 30  | RYBCZYŃSKI Michał    | 3079  | ATLAS RUNNING TEAM           | Elite Mężczyzn         | 27   | 07:50 | 00:36:11 | 01:07:33.50 | 01:07:33.50 | +00:12:14 (18.1%) | 5:37         | 10.7 (82.3%) |
| 31  | JUDEK Łukasz         | 3062  |                              | Elite Masters Mężczyzn | 4    | 07:40 | 00:36:57 | 01:08:22.20 | 01:08:22.20 | +00:13:03 (19.1%) | 5:41         | 10.5 (80.8%) |
| 32  | KLEWANIEC Jakub      | 3007  | CARBON SILESIA SPORT         | Elite Mężczyzn         | 28   | 07:40 | 00:36:48 | 01:08:42.90 | 01:08:42.90 | +00:13:24 (19.5%) | 5:43         | 10.5 (80.8%) |
| 33  | JUSZKIEWICZ Dominik  | 3047  | WATAHA                       | Elite Mężczyzn         | 29   | 07:40 | 00:36:43 | 01:09:24.00 | 01:09:24.00 | +00:14:05 (20.3%) | 5:47         | 10.4 (80.0%) |
| 34  | SYLWANOWICZ Tomasz   | 3075  |                              | Elite Masters Mężczyzn | 5    | 07:40 | 00:36:52 | 01:09:45.05 | 01:09:45.05 | +00:14:26 (20.7%) | 5:48         | 10.3 (79.2%) |
| 35  | ODWROT Mariusz       | 3070  |                              | Elite Masters Mężczyzn | 6    | 07:40 | 00:35:46 | 01:09:55.10 | 01:09:55.10 | +00:14:36 (20.9%) | 5:49         | 10.3 (79.2%) |
| 36  | DUKIEWICZ Dariusz    | 3051  | WOLF TEAM                    | Elite Mężczyzn         | 30   | 07:40 | 00:37:22 | 01:10:03.35 | 01:10:03.35 | +00:14:44 (21.0%) | 5:50         | 10.3 (79.2%) |
| 37  | RUDNICKI Marcin      | 3071  |                              | Elite Masters Mężczyzn | 7    | 07:50 | 00:37:08 | 01:10:08.65 | 01:10:08.65 | +00:14:49 (21.1%) | 5:50         | 10.3 (79.2%) |
| 38  | TOKAREK Jan          | 3076  |                              | Elite Mężczyzn         | 31   | 07:40 | 00:36:27 | 01:10:54.10 | 01:10:54.10 | +00:15:35 (22.0%) | 5:54         | 10.2 (78.5%) |
| 39  | SEREDA Jakub         | 3114  | WATAHA                       | Elite Mężczyzn         | 32   | 07:50 | 00:38:21 | 01:11:40.40 | 01:11:40.40 | +00:16:21 (22.8%) | 5:58         | 10 (76.9%)   |
| 40  | WIELOGÓRSKI Karol    | 3038  | SIH2023                      | Elite Mężczyzn         | 33   | 07:40 | 00:38:06 | 01:11:44.40 | 01:11:44.40 | +00:16:25 (22.9%) | 5:58         | 10 (76.9%)   |
| 41  | KRYSIAK Mateusz      | 3100  | LEŚNA DRUŻYNA                | Elite Mężczyzn         | 34   | 07:50 | 00:36:25 | 01:11:45.00 | 01:11:45.00 | +00:16:26 (22.9%) | 5:58         | 10 (76.9%)   |
| 42  | FIGURA Robert        | 3059  |                              | Elite Mężczyzn         | 35   | 07:40 | 00:35:50 | 01:12:15.60 | 01:12:15.60 | +00:16:56 (23.5%) | 6:01         | 10 (76.9%)   |
| 43  | KOZIOŁ Kamil         | 3008  | CARBON SILESIA SPORT         | Elite Mężczyzn         | 36   | 07:40 | 00:38:53 | 01:12:29.50 | 01:12:29.50 | +00:17:10 (23.7%) | 6:02         | 9.9 (76.2%)  |
| 44  | BIELICKI Wojciech    | 3027  | LACROIX TEAM                 | Elite Mężczyzn         | 37   | 07:40 | 00:39:39 | 01:12:35.35 | 01:12:35.35 | +00:17:16 (23.8%) | 6:02         | 9.9 (76.2%)  |
| 45  | KARBOWSKI Sławomir   | 3089  | CROSSFOX OCR                 | Elite Masters Mężczyzn | 8    | 07:50 | 00:39:01 | 01:12:52.20 | 01:12:52.20 | +00:17:33 (24.1%) | 6:04         | 9.9 (76.2%)  |
| 46  | CHOJECKI Arkadiusz   | 3122  |                              | Elite Masters Mężczyzn | 9    | 07:50 | 00:39:38 | 01:13:04.05 | 01:13:04.05 | +00:17:45 (24.3%) | 6:05         | 9.9 (76.2%)  |
| 47  | GIZAK Michał         | 3039  | SOCIOS SILESIA               | Elite Mężczyzn         | 38   | 07:40 | 00:38:21 | 01:13:23.80 | 01:13:23.80 | +00:18:05 (24.6%) | 6:06         | 9.8 (75.4%)  |
| 48  | KOWALCZYK Paweł      | 3112  | WATAHA                       | Elite Mężczyzn         | 39   | 07:50 | 00:38:21 | 01:13:54.70 | 01:13:54.70 | +00:18:35 (25.2%) | 6:09         | 9.7 (74.6%)  |
| 49  | KRACIŃSKI Adrian     | 3065  |                              | Elite Mężczyzn         | 40   | 07:40 | 00:35:40 | 01:13:58.80 | 01:13:58.80 | +00:18:40 (25.2%) | 6:09         | 9.7 (74.6%)  |
| 50  | KUJAWA Marcin        | 3093  | DYNAMIC STRONG GNIEZNO       | Elite Masters Mężczyzn | 10   | 07:50 | 00:39:42 | 01:14:22.85 | 01:14:22.85 | +00:19:04 (25.6%) | 6:11         | 9.7 (74.6%)  |
| 51  | MILEWSKI Szymon      | 3069  |                              | Elite Mężczyzn         | 41   | 07:40 | 00:39:07 | 01:14:27.50 | 01:14:27.50 | +00:19:08 (25.7%) | 6:12         | 9.7 (74.6%)  |
| 52  | ELLMANN Leszek       | 3016  | DIRTY SPARROWS               | Elite Mężczyzn         | 42   | 07:40 | 00:39:37 | 01:14:30.30 | 01:14:30.30 | +00:19:11 (25.8%) | 6:12         | 9.7 (74.6%)  |
| 53  | GAJOCHA Michał       | 3086  | CARBON SILESIA SPORT         | Elite Masters Mężczyzn | 11   | 07:50 | 00:39:32 | 01:14:34.85 | 01:14:34.85 | +00:19:16 (25.8%) | 6:12         | 9.7 (74.6%)  |
| 54  | KUBIESA Jakub        | 3171  | CARBON SILESIA SPORT         | Elite Masters Mężczyzn | 12   | 07:50 | 00:39:31 | 01:15:28.00 | 01:15:28.00 | +00:20:09 (26.7%) | 6:17         | 9.5 (73.1%)  |
| 55  | DUNAJ Kamil          | 3096  | JASZCZOMP OCR                | Elite Mężczyzn         | 43   | 07:50 | 00:39:38 | 01:15:36.85 | 01:15:36.85 | +00:20:18 (26.8%) | 6:18         | 9.5 (73.1%)  |
| 56  | SZKLARSKI Przemysław | 3013  | CARBON SILESIA SPORT         | Elite Masters Mężczyzn | 13   | 07:40 | 00:41:00 | 01:15:47.75 | 01:15:47.75 | +00:20:29 (27.0%) | 6:18         | 9.5 (73.1%)  |
| 57  | MACHONIAK Jakub      | 3067  |                              | Elite Mężczyzn         | 44   | 07:40 | 00:39:44 | 01:15:53.55 | 01:15:53.55 | +00:20:34 (27.1%) | 6:19         | 9.5 (73.1%)  |
| 58  | KUCHARSKI Łukasz     | 3082  | BIGYELLOWFOOT ADVENTURE TEAM | Elite Masters Mężczyzn | 14   | 07:50 | 00:40:03 | 01:16:11.70 | 01:16:11.70 | +00:20:52 (27.4%) | 6:20         | 9.5 (73.1%)  |
| 59  | ZAWADZKI Piotr       | 3078  | ACTIVE FLOW                  | Elite Masters Mężczyzn | 15   | 07:50 | 00:40:03 | 01:16:12.00 | 01:16:12.00 | +00:20:53 (27.4%) | 6:21         | 9.4 (72.3%)  |
| 60  | MAZURKIEWICZ Kamil   | 3135  |                              | Elite Mężczyzn         | 45   | 07:50 | 00:39:26 | 01:16:13.40 | 01:16:13.40 | +00:20:54 (27.4%) | 6:21         | 9.4 (72.3%)  |
| 61  | STAROSZYŃSKI Dawid   | 3012  | CARBON SILESIA SPORT         | Elite Mężczyzn         | 46   | 07:40 | 00:41:34 | 01:16:31.05 | 01:16:31.05 | +00:21:12 (27.7%) | 6:22         | 9.4 (72.3%)  |
| 62  | HANUSIAK Leszek      | 3026  | KONIU SQUAD                  | Elite Mężczyzn         | 47   | 07:40 | 00:41:09 | 01:17:33.40 | 01:17:33.40 | +00:22:14 (28.7%) | 6:27         | 9.3 (71.5%)  |
| 63  | ADAMCZAK Łukasz      | 3116  |                              | Elite Mężczyzn         | 48   | 07:50 | 00:37:17 | 01:17:53.65 | 01:17:53.65 | +00:22:34 (29.0%) | 6:29         | 9.2 (70.8%)  |
| 64  | WYROBEK Michał       | 3037  | SAME KONIE                   | Elite Mężczyzn         | 49   | 07:40 | 00:40:37 | 01:18:01.90 | 01:18:01.90 | +00:22:43 (29.1%) | 6:30         | 9.2 (70.8%)  |
| 64  | SZCZOTOK Wiktor      | 3087  | CARBON SILESIA SPORT         | Elite Mężczyzn         | 49   | 07:50 | 00:42:54 | 01:18:01.90 | 01:18:01.90 | +00:22:43 (29.1%) | 6:30         | 9.2 (70.8%)  |
| 66  | CZECH Tomasz         | 3124  |                              | Elite Mężczyzn         | 51   | 07:50 | 00:42:37 | 01:18:45.60 | 01:18:45.60 | +00:23:26 (29.8%) | 6:33         | 9.1 (70.0%)  |
| 67  | FALEJCZYK Marcin     | 3003  | 13 ŚLĄSKA BRYGADA OT         | Elite Mężczyzn         | 52   | 07:40 | 00:41:45 | 01:19:52.90 | 01:19:52.90 | +00:24:34 (30.8%) | 6:39         | 9 (69.2%)    |
| 68  | KAŻMIERCZAK Dawid    | 3064  |                              | Elite Mężczyzn         | 53   | 07:40 | 00:41:43 | 01:20:26.60 | 01:20:26.60 | +00:25:07 (31.2%) | 6:42         | 9 (69.2%)    |
| 69  | MALICKI Tomasz       | 3068  |                              | Elite Mężczyzn         | 54   | 07:40 | 00:41:34 | 01:21:10.60 | 01:21:10.60 | +00:25:51 (31.9%) | 6:45         | 8.9 (68.5%)  |
| 70  | WIETESKA Łukasz      | 3077  |                              | Elite Mężczyzn         | 55   | 07:40 | 00:42:50 | 01:21:17.50 | 01:21:17.50 | +00:25:58 (32.0%) | 6:46         | 8.9 (68.5%)  |
| 71  | DYBICH Igor          | 3128  |                              | Elite Mężczyzn         | 56   | 07:50 | 00:41:18 | 01:21:18.50 | 01:21:18.50 | +00:25:59 (32.0%) | 6:46         | 8.9 (68.5%)  |
| 72  | TARGOWSKI Michał     | 3092  | DRUŻYNA PANA MICHAŁA         | Elite Mężczyzn         | 57   | 07:50 | 00:44:48 | 01:21:33.95 | 01:21:33.95 | +00:26:15 (32.2%) | 6:47         | 8.8 (67.7%)  |
| 73  | BACHURA Grzegorz     | 3119  |                              | Elite Masters Mężczyzn | 16   | 07:50 | 00:44:04 | 01:21:48.50 | 01:21:48.50 | +00:26:29 (32.4%) | 6:49         | 8.8 (67.7%)  |

| Msc | Zawodnik              | Numer | Klub                         | Kategoria              | Mkat | Seria | 6km      | Czas netto  | Czas brutto | Różn              | Tempo min/km | Tempo km/h  |
|-----|-----------------------|-------|------------------------------|------------------------|------|-------|----------|-------------|-------------|-------------------|--------------|-------------|
|     |                       |       |                              |                        |      |       |          | 12km        | 12km        |                   |              |             |
| 74  | POLAK Jarosław        | 3083  | BIGYELLOWFOOT ADVENTURE TEAM | Elite Mężczyzn         | 58   | 07:50 | 00:44:08 | 01:21:59.65 | 01:21:59.65 | +00:26:40 (32.5%) | 6:49         | 8.8 (67.7%) |
| 75  | PONTUS Piotr          | 3105  | OSPRO OCR                    | Elite Mężczyzn         | 59   | 07:50 | 00:43:58 | 01:22:01.85 | 01:22:01.85 | +00:26:43 (32.6%) | 6:50         | 8.8 (67.7%) |
| 76  | MIESZCZANIN Adrian    | 3136  |                              | Elite Mężczyzn         | 60   | 07:50 | 00:44:02 | 01:22:39.40 | 01:22:39.40 | +00:27:20 (33.1%) | 6:53         | 8.7 (66.9%) |
| 77  | DĄBROWSKI Krzysztof   | 3108  | SOCIOS SILESIA               | Elite Masters Mężczyzn | 17   | 07:50 | 00:44:20 | 01:22:43.80 | 01:22:43.80 | +00:27:25 (33.1%) | 6:53         | 8.7 (66.9%) |
| 78  | ZIÓŁEK Krzysztof      | 3029  | POWER TRAINING               | Elite Mężczyzn         | 61   | 07:40 | 00:45:07 | 01:23:12.55 | 01:23:12.55 | +00:27:53 (33.5%) | 6:56         | 8.7 (66.9%) |
| 79  | BAK Łukasz            | 3019  | DYNAMIC STRONG GNIEZNO       | Elite Mężczyzn         | 62   | 07:40 | 00:43:21 | 01:24:29.55 | 01:24:29.55 | +00:29:10 (34.5%) | 7:02         | 8.5 (65.4%) |
| 80  | SI Ja                 | 3072  |                              | Elite Mężczyzn         | 63   | 07:40 | 00:40:39 | 01:24:55.35 | 01:24:55.35 | +00:29:36 (34.9%) | 7:04         | 8.5 (65.4%) |
| 81  | TROJANOWSKI Artur     | 3014  | CARBON SILESIA SPORT         | Elite Mężczyzn         | 64   | 07:40 | 00:36:18 | 01:25:09.05 | 01:25:09.05 | +00:29:50 (35.0%) | 7:05         | 8.5 (65.4%) |
| 82  | KASPRZAK Paweł        | 3129  |                              | Elite Mężczyzn         | 65   | 07:50 | 00:45:19 | 01:26:15.45 | 01:26:15.45 | +00:30:56 (35.9%) | 7:11         | 8.3 (63.8%) |
| 83  | NIKIEL Dariusz        | 3094  | DYNAMIC STRONG GNIEZNO       | Elite Masters Mężczyzn | 18   | 07:50 | 00:45:48 | 01:26:20.15 | 01:26:20.15 | +00:31:01 (35.9%) | 7:11         | 8.3 (63.8%) |
| 84  | JEZIORSKI Marcin      | 3173  |                              | Elite Masters Mężczyzn | 19   | 07:50 | 00:45:37 | 01:26:32.85 | 01:26:32.85 | +00:31:14 (36.1%) | 7:12         | 8.3 (63.8%) |
| 85  | ŚMIGIELSKI Piotr      | 3095  | EXTREMALNI MOGILNO           | Elite Mężczyzn         | 66   | 07:50 | 00:45:09 | 01:26:40.00 | 01:26:40.00 | +00:31:21 (36.2%) | 7:13         | 8.3 (63.8%) |
| 86  | KALUŻNY Michał        | 3018  | DIRTY SPARROWS               | Elite Mężczyzn         | 67   | 07:40 | 00:46:00 | 01:26:55.45 | 01:26:55.45 | +00:31:36 (36.4%) | 7:14         | 8.3 (63.8%) |
| 87  | SZCZUKOWSKI Michał    | 3144  |                              | Elite Masters Mężczyzn | 20   | 07:50 | 00:45:01 | 01:27:15.90 | 01:27:15.90 | +00:31:57 (36.6%) | 7:16         | 8.3 (63.8%) |
| 88  | ROLNIK Tomasz         | 3115  | WIELUŃ BIEGA                 | Elite Mężczyzn         | 68   | 07:50 | 00:45:36 | 01:27:18.60 | 01:27:18.60 | +00:31:59 (36.6%) | 7:16         | 8.2 (63.1%) |
| 89  | DYKIER Krzysztof      | 3090  | DOMINATOR TEAM               | Elite Masters Mężczyzn | 21   | 07:50 | 00:46:07 | 01:27:48.70 | 01:27:48.70 | +00:32:29 (37.0%) | 7:19         | 8.2 (63.1%) |
| 90  | STERNA Maciej         | 3143  |                              | Elite Mężczyzn         | 69   | 07:50 | 00:46:18 | 01:27:53.50 | 01:27:53.50 | +00:32:34 (37.1%) | 7:19         | 8.2 (63.1%) |
| 91  | KUROWSKI Emil         | 3097  | KŁĄTWA FASOLEK               | Elite Mężczyzn         | 70   | 07:50 | 00:43:48 | 01:28:05.50 | 01:28:05.50 | +00:32:46 (37.2%) | 7:20         | 8.2 (63.1%) |
| 92  | WACHOWSKI Piotr       | 3098  | KŁĄTWA FASOLEK               | Elite Mężczyzn         | 71   | 07:50 | 00:43:47 | 01:28:05.60 | 01:28:05.60 | +00:32:46 (37.2%) | 7:20         | 8.2 (63.1%) |
| 93  | WUCZKO Dariusz        | 3042  | STALOWE ŻYLETY               | Elite Mężczyzn         | 72   | 07:40 | 00:47:01 | 01:29:13.10 | 01:29:13.10 | +00:33:54 (38.0%) | 7:26         | 8.1 (62.3%) |
| 94  | MAJOWSKI Michał       | 3134  |                              | Elite Mężczyzn         | 73   | 07:50 | 00:47:53 | 01:29:16.90 | 01:29:16.90 | +00:33:58 (38.0%) | 7:26         | 8.1 (62.3%) |
| 95  | JANISZEWSKI Marcin    | 3061  |                              | Elite Mężczyzn         | 74   | 07:40 | 00:50:12 | 01:29:37.05 | 01:29:37.05 | +00:34:18 (38.3%) | 7:28         | 8 (61.5%)   |
| 96  | NOWICKI Marcin        | 3103  | NOTEĆ STEICO OCR             | Elite Mężczyzn         | 75   | 07:50 | 00:47:14 | 01:29:55.20 | 01:29:55.20 | +00:34:36 (38.5%) | 7:29         | 8 (61.5%)   |
| 97  | OKOŃ Patryk           | 3104  | OSPRO OCR                    | Elite Mężczyzn         | 76   | 07:50 | 00:47:51 | 01:30:03.35 | 01:30:03.35 | +00:34:44 (38.6%) | 7:30         | 8 (61.5%)   |
| 98  | MŁYNARZAK Jakub       | 3002  | „TO SIEDZI W GŁOWIE”         | Elite Masters Mężczyzn | 22   | 07:40 | 00:46:45 | 01:30:05.20 | 01:30:05.20 | +00:34:46 (38.6%) | 7:30         | 8 (61.5%)   |
| 99  | DEMBOWSKI Rafał       | 3125  |                              | Elite Mężczyzn         | 77   | 07:50 | 00:47:33 | 01:32:26.40 | 01:32:26.40 | +00:37:07 (40.2%) | 7:42         | 7.8 (60.0%) |
| 100 | ALEKSANDROWICZ Daniel | 3084  | CARBON SILESIA SPORT         | Elite Mężczyzn         | 78   | 07:50 | 00:47:20 | 01:33:05.25 | 01:33:05.25 | +00:37:46 (40.6%) | 7:45         | 7.7 (59.2%) |
| 101 | FILIPIAK Krzysztof    | 3102  | MR.TEAM                      | Elite Mężczyzn         | 79   | 07:50 | 00:48:55 | 01:33:31.35 | 01:33:31.35 | +00:38:12 (40.9%) | 7:47         | 7.7 (59.2%) |
| 102 | BATURA Adrian         | 3101  | MR.TEAM                      | Elite Mężczyzn         | 80   | 07:50 | 00:48:58 | 01:33:36.70 | 01:33:36.70 | +00:38:17 (40.9%) | 7:48         | 7.7 (59.2%) |
| 103 | CEREMUGA Robert       | 3085  | CARBON SILESIA SPORT         | Elite Mężczyzn         | 81   | 07:50 | 00:49:41 | 01:34:18.60 | 01:34:18.60 | +00:38:59 (41.4%) | 7:51         | 7.6 (58.5%) |
| 104 | DYZMA Krzysztof       | 3001  | „TO SIEDZI W GŁOWIE"         | Elite Masters Mężczyzn | 23   | 07:40 | 00:51:17 | 01:34:35.35 | 01:34:35.35 | +00:39:16 (41.5%) | 7:52         | 7.6 (58.5%) |
| 105 | SOWINSKI Daniel       | 3074  |                              | Elite Mężczyzn         | 82   | 07:40 | 00:48:07 | 01:35:02.35 | 01:35:02.35 | +00:39:43 (41.8%) | 7:55         | 7.6 (58.5%) |
| 106 | DUROK Przemysław      | 3109  | SOCIOS SILESIA               | Elite Mężczyzn         | 83   | 07:50 | 00:48:00 | 01:35:15.05 | 01:35:15.05 | +00:39:56 (41.9%) | 7:56         | 7.6 (58.5%) |
| 107 | JESKA Tomasz          | 3017  | DYNAMIC STRONG GNIEZNO       | Elite Masters Mężczyzn | 24   | 07:40 | 00:40:06 | 01:35:16.95 | 01:35:16.95 | +00:39:58 (41.9%) | 7:56         | 7.6 (58.5%) |
| 108 | BOROWSKI Maciej       | 3080  | BIEGOWE DZIKI OCR            | Elite Mężczyzn         | 84   | 07:50 | 00:50:58 | 01:35:17.80 | 01:35:17.80 | +00:39:59 (42.0%) | 7:56         | 7.6 (58.5%) |
| 109 | KWIATKOWSKI Jacek     | 3133  |                              | Elite Masters Mężczyzn | 25   | 07:50 | 00:47:46 | 01:35:19.15 | 01:35:19.15 | +00:40:00 (42.0%) | 7:56         | 7.6 (58.5%) |
| 110 | MIELCARZ Tomasz       | 3081  | BIEGOWE DZIKI OCR            | Elite Mężczyzn         | 85   | 07:50 | 00:50:08 | 01:35:26.55 | 01:35:26.55 | +00:40:07 (42.0%) | 7:57         | 7.5 (57.7%) |
| 111 | KACZMAREK Andrzej     | 3170  |                              | Elite Mężczyzn         | 86   | 07:50 | 00:51:42 | 01:36:06.55 | 01:36:06.55 | +00:40:47 (42.4%) | 8:00         | 7.5 (57.7%) |
| 112 | DYKAS Piotr           | 3058  |                              | Elite Mężczyzn         | 87   | 07:40 | 00:45:23 | 01:36:54.00 | 01:36:54.00 | +00:41:35 (42.9%) | 8:04         | 7.4 (56.9%) |
| 113 | KURYŁO Kamil          | 3066  |                              | Elite Mężczyzn         | 88   | 07:40 | 00:50:48 | 01:36:59.70 | 01:36:59.70 | +00:41:40 (43.0%) | 8:04         | 7.4 (56.9%) |
| 114 | DYKAS Adam            | 3057  |                              | Elite Masters Mężczyzn | 26   | 07:40 | 00:41:32 | 01:37:06.35 | 01:37:06.35 | +00:41:47 (43.0%) | 8:05         | 7.4 (56.9%) |
| 115 | MIKOŚ Łukasz          | 3107  | PUSTAKI                      | Elite Masters Mężczyzn | 27   | 07:50 | 00:49:58 | 01:38:24.00 | 01:38:24.00 | +00:43:05 (43.8%) | 8:12         | 7.3 (56.2%) |
| 116 | JÓZEFOWSKI Tobiasz    | 3030  | PUSTAKI                      | Elite Mężczyzn         | 89   | 07:50 | 00:49:59 | 01:38:24.25 | 01:38:24.25 | +00:43:05 (43.8%) | 8:12         | 7.3 (56.2%) |
| 117 | DŁUGOKĘCKI Michał     | 3127  |                              | Elite Mężczyzn         | 90   | 07:50 | 00:45:18 | 01:40:31.05 | 01:40:31.05 | +00:45:12 (45.0%) | 8:22         | 7.2 (55.4%) |

| Msc | Zawodnik               | Numer | Klub                           | Kategoria              | Mkat | Seria | 6km      | Czas netto 12km | Czas brutto 12km | Różn              | Tempo min/km | Tempo km/h  |
|-----|------------------------|-------|--------------------------------|------------------------|------|-------|----------|-----------------|------------------|-------------------|--------------|-------------|
| 118 | GICZAN Mariusz         | 3088  | CARDIO HEROES                  | Elite Masters Mężczyzn | 28   | 07:50 | 00:51:27 | 01:40:50.00     | 01:40:50.00      | +00:45:31 (45.1%) | 8:24         | 7.1 (54.6%) |
| 119 | MOSTOWSKI Radosław     | 3110  | WARRIORS ŁÓDŹ                  | Elite Mężczyzn         | 91   | 07:40 | 00:51:27 | 01:41:12.95     | 01:41:12.95      | +00:45:54 (45.4%) | 8:26         | 7.1 (54.6%) |
| 120 | RUCKI Bartosz          | 3140  |                                | Elite Mężczyzn         | 92   | 07:50 | 00:52:33 | 01:42:33.10     | 01:42:33.10      | +00:47:14 (46.1%) | 8:32         | 7 (53.8%)   |
| 121 | KUCZBORSKI Jacek       | 3025  | GREEN GOBLINS                  | Elite Mężczyzn         | 93   | 07:40 | 00:52:13 | 01:43:59.25     | 01:43:59.25      | +00:48:40 (46.8%) | 8:39         | 6.9 (53.1%) |
| 122 | BARTOSIEWICZ Dominik   | 3120  |                                | Elite Mężczyzn         | 94   | 07:50 | 00:55:09 | 01:44:02.30     | 01:44:02.30      | +00:48:43 (46.8%) | 8:40         | 6.9 (53.1%) |
| 123 | MIERZICKI Marcel       | 3028  | POWER TRAINING                 | Elite Masters Mężczyzn | 29   | 07:40 | 00:50:58 | 01:44:42.85     | 01:44:42.85      | +00:49:24 (47.2%) | 8:43         | 6.9 (53.1%) |
| 124 | WYSOCZAŃSKI Mikołaj    | 3168  |                                | Elite Mężczyzn         | 95   | 07:50 | 00:54:46 | 01:44:56.50     | 01:44:56.50      | +00:49:37 (47.3%) | 8:44         | 6.9 (53.1%) |
| 125 | KRAWCZAK Emil          | 3131  |                                | Elite Mężczyzn         | 96   | 07:50 | 00:54:41 | 01:45:25.50     | 01:45:25.50      | +00:50:06 (47.5%) | 8:47         | 6.8 (52.3%) |
| 126 | KAIM Adam              | 3176  | SII RUNNING TEAM               | Elite Mężczyzn         | 97   | 07:50 | 00:50:54 | 01:45:55.95     | 01:45:55.95      | +00:50:37 (47.8%) | 8:49         | 6.8 (52.3%) |
| 127 | AUGUSTYNIAK Bartosz    | 3118  |                                | Elite Mężczyzn         | 98   | 07:50 | 00:51:46 | 01:46:04.25     | 01:46:04.25      | +00:50:45 (47.9%) | 8:50         | 6.8 (52.3%) |
| 128 | KOMOROWSKI Mateusz     | 3106  | POWER TRAINING                 | Elite Mężczyzn         | 99   | 07:50 | 00:51:45 | 01:46:04.30     | 01:46:04.30      | +00:50:45 (47.9%) | 8:50         | 6.8 (52.3%) |
| 129 | CHYB Daniel            | 3091  | DON'T FOLLOW ME! I'M LOST TOO. | Elite Mężczyzn         | 100  | 07:50 | 00:57:30 | 01:46:53.75     | 01:46:53.75      | +00:51:35 (48.3%) | 8:54         | 6.7 (51.5%) |
| 130 | STASIAK Jakub          | 3142  |                                | Elite Mężczyzn         | 101  | 07:50 | 00:47:59 | 01:47:42.20     | 01:47:42.20      | +00:52:23 (48.6%) | 8:58         | 6.7 (51.5%) |
| 131 | SZWAJKOWSKI Karol      | 3172  |                                | Elite Mężczyzn         | 102  | 07:50 | 00:55:13 | 01:47:52.80     | 01:47:52.80      | +00:52:34 (48.7%) | 8:59         | 6.7 (51.5%) |
| 132 | DZIURŁAJ Rafał         | 3099  | KSW VATAHA - OCR TROPEM WILKA  | Elite Mężczyzn         | 103  | 07:50 | 00:52:30 | 01:47:58.60     | 01:47:58.60      | +00:52:39 (48.8%) | 8:59         | 6.7 (51.5%) |
| 133 | SKROBAŁA Marek         | 3073  |                                | Elite Mężczyzn         | 104  | 07:40 | 00:53:36 | 01:49:07.15     | 01:49:07.15      | +00:53:48 (49.3%) | 9:05         | 6.6 (50.8%) |
| 134 | SAWICKI Kacper         | 3141  |                                | Elite Mężczyzn         | 105  | 07:50 | 00:47:02 | 01:53:16.70     | 01:53:16.70      | +00:57:57 (51.2%) | 9:26         | 6.4 (49.2%) |
| 135 | GOSTROWSKI Patryk      | 3060  |                                | Elite Mężczyzn         | 106  | 07:40 | 00:50:46 | 01:53:56.35     | 01:53:56.35      | +00:58:37 (51.5%) | 9:29         | 6.3 (48.5%) |
| 136 | JABŁOŃSKI Bogusław     | 3174  | ACTIVE FLOW                    | Elite Mężczyzn         | 107  | 07:50 | 00:51:57 | 01:58:23.55     | 01:58:23.55      | +01:03:04 (53.3%) | 9:51         | 6.1 (46.9%) |
| 137 | TARNAWSKI Maciej       | 3145  |                                | Elite Mężczyzn         | 108  | 07:50 | 01:06:55 | 02:10:16.25     | 02:10:16.25      | +01:14:57 (57.5%) | 10:51        | 5.5 (42.3%) |
| 138 | PAŁCZYŃSKI Bartłomiej  | 3138  |                                | Elite Mężczyzn         | 109  | 07:50 | 00:39:32 | 02:13:02.80     | 02:13:02.80      | +01:17:44 (58.4%) | 11:05        | 5.4 (41.5%) |
| 139 | BOROWY Wojciech        | 3121  |                                | Elite Mężczyzn         | 110  | 07:50 | 01:01:28 | 02:21:30.70     | 02:21:30.70      | +01:26:11 (60.9%) | 11:47        | 5.1 (39.2%) |
| 140 | WUDKOWSKI Filip        | 3146  |                                | Elite Mężczyzn         | 111  | 07:50 | 01:00:26 | 02:30:09.35     | 02:30:09.35      | +01:34:50 (63.2%) | 12:30        | 4.8 (36.9%) |
| 141 | ANDRZEJEWSKI Maciej    | 3117  |                                | Elite Masters Mężczyzn | 30   | 07:50 | 01:12:29 | 03:03:47.85     | 03:03:47.85      | +02:08:29 (69.9%) | 15:18        | 3.9 (30.0%) |
| 142 | KRZYŻANOWSKI Krzysztof | 3132  |                                | Elite Masters Mężczyzn | 31   | 07:50 | 01:00:25 | 03:34:24.90     | 03:34:24.90      | +02:39:06 (74.2%) | 17:52        | 3.4 (26.2%) |

Znaleziono 142 wynik(ów)