

**Wydarzenie:** Runmageddon Poznań  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2023-04-30  
**Miejsce:** Poznań  
**Dystans:** 12 km

Klasyfikacja: M40-44

| Msc | Zawodnik              | Numer | Klub                         | Kategoria              | Mkat | Seria | 6km      | Czas netto 12km | Czas brutto 12km | Różn              | Tempo min/km | Tempo km/h   |
|-----|-----------------------|-------|------------------------------|------------------------|------|-------|----------|-----------------|------------------|-------------------|--------------|--------------|
| 1   | CHŁAD Aleksander      | 3023  | EX TEAM                      | Elite Masters Mężczyzn | 2    | 07:40 | 00:33:17 | 01:02:17.95     | 01:02:17.95      |                   | 5:11         | 11.6 (100%)  |
| 2   | KROPIDŁOWSKI Grzegorz | 3052  | WOLF TEAM                    | Elite Masters Mężczyzn | 3    | 07:40 | 00:33:37 | 01:05:08.90     | 01:05:08.90      | +00:02:50 (4.4%)  | 5:25         | 11.1 (95.7%) |
| 3   | MORA Karol            | 3009  | CARBON SILESIA SPORT         | Elite Mężczyzn         | 21   | 07:40 | 00:35:05 | 01:05:32.90     | 01:05:32.90      | +00:03:14 (5.0%)  | 5:27         | 11 (94.8%)   |
| 4   | JUDEK Łukasz          | 3062  |                              | Elite Masters Mężczyzn | 4    | 07:40 | 00:36:57 | 01:08:22.20     | 01:08:22.20      | +00:06:04 (8.9%)  | 5:41         | 10.5 (90.5%) |
| 5   | SYLWANOWICZ Tomasz    | 3075  |                              | Elite Masters Mężczyzn | 5    | 07:40 | 00:36:52 | 01:09:45.05     | 01:09:45.05      | +00:07:27 (10.7%) | 5:48         | 10.3 (88.8%) |
| 6   | KARBOWSKI Sławomir    | 3089  | CROSSFOX OCR                 | Elite Masters Mężczyzn | 8    | 07:50 | 00:39:01 | 01:12:52.20     | 01:12:52.20      | +00:10:34 (14.5%) | 6:04         | 9.9 (85.3%)  |
| 7   | CHOJECKI Arkadiusz    | 3122  |                              | Elite Masters Mężczyzn | 9    | 07:50 | 00:39:38 | 01:13:04.05     | 01:13:04.05      | +00:10:46 (14.7%) | 6:05         | 9.9 (85.3%)  |
| 8   | GAJOCHA Michał        | 3086  | CARBON SILESIA SPORT         | Elite Masters Mężczyzn | 11   | 07:50 | 00:39:32 | 01:14:34.85     | 01:14:34.85      | +00:12:16 (16.5%) | 6:12         | 9.7 (83.6%)  |
| 9   | KUBIESA Jakub         | 3171  | CARBON SILESIA SPORT         | Elite Masters Mężczyzn | 12   | 07:50 | 00:39:31 | 01:15:28.00     | 01:15:28.00      | +00:13:10 (17.4%) | 6:17         | 9.5 (81.9%)  |
| 10  | SZKLARSKI Przemysław  | 3013  | CARBON SILESIA SPORT         | Elite Masters Mężczyzn | 13   | 07:40 | 00:41:00 | 01:15:47.75     | 01:15:47.75      | +00:13:29 (17.8%) | 6:18         | 9.5 (81.9%)  |
| 11  | KUCHARSKI Łukasz      | 3082  | BIGYELLOWFOOT ADVENTURE TEAM | Elite Masters Mężczyzn | 14   | 07:50 | 00:40:03 | 01:16:11.70     | 01:16:11.70      | +00:13:53 (18.2%) | 6:20         | 9.5 (81.9%)  |
| 12  | ZAWADZKI Piotr        | 3078  | ACTIVE FLOW                  | Elite Masters Mężczyzn | 15   | 07:50 | 00:40:03 | 01:16:12.00     | 01:16:12.00      | +00:13:54 (18.2%) | 6:21         | 9.4 (81.0%)  |
| 13  | BACHURA Grzegorz      | 3119  |                              | Elite Masters Mężczyzn | 16   | 07:50 | 00:44:04 | 01:21:48.50     | 01:21:48.50      | +00:19:30 (23.8%) | 6:49         | 8.8 (75.9%)  |
| 14  | SI Ja                 | 3072  |                              | Elite Mężczyzn         | 63   | 07:40 | 00:40:39 | 01:24:55.35     | 01:24:55.35      | +00:22:37 (26.6%) | 7:04         | 8.5 (73.3%)  |
| 15  | NIKIEL Dariusz        | 3094  | DYNAMIC STRONG GNIEZNO       | Elite Masters Mężczyzn | 18   | 07:50 | 00:45:48 | 01:26:20.15     | 01:26:20.15      | +00:24:02 (27.8%) | 7:11         | 8.3 (71.6%)  |
| 16  | JEZIORSKI Marcin      | 3173  |                              | Elite Masters Mężczyzn | 19   | 07:50 | 00:45:37 | 01:26:32.85     | 01:26:32.85      | +00:24:14 (28.0%) | 7:12         | 8.3 (71.6%)  |
| 17  | SZCZUKOWSKI Michał    | 3144  |                              | Elite Masters Mężczyzn | 20   | 07:50 | 00:45:01 | 01:27:15.90     | 01:27:15.90      | +00:24:57 (28.6%) | 7:16         | 8.3 (71.6%)  |
| 18  | DYZMA Krzysztof       | 3001  | „TO SIEDZI W GŁOWIE"         | Elite Masters Mężczyzn | 23   | 07:40 | 00:51:17 | 01:34:35.35     | 01:34:35.35      | +00:32:17 (34.1%) | 7:52         | 7.6 (65.5%)  |
| 19  | JÓZEFOWSKI Tobiasz    | 3030  | PUSTAKI                      | Elite Mężczyzn         | 89   | 07:50 | 00:49:59 | 01:38:24.25     | 01:38:24.25      | +00:36:06 (36.7%) | 8:12         | 7.3 (62.9%)  |
| 20  | MOSTOWSKI Radosław    | 3110  | WARRIORS ŁÓDŹ                | Elite Mężczyzn         | 91   | 07:40 | 00:51:27 | 01:41:12.95     | 01:41:12.95      | +00:38:55 (38.4%) | 8:26         | 7.1 (61.2%)  |
| 21  | MIERZICKI Marcel      | 3028  | POWER TRAINING               | Elite Masters Mężczyzn | 29   | 07:40 | 00:50:58 | 01:44:42.85     | 01:44:42.85      | +00:42:24 (40.5%) | 8:43         | 6.9 (59.5%)  |
| 22  | ANDRZEJEWSKI Maciej   | 3117  |                              | Elite Masters Mężczyzn | 30   | 07:50 | 01:12:29 | 03:03:47.85     | 03:03:47.85      | +02:01:29 (66.1%) | 15:18        | 3.9 (33.6%)  |

Znaleziono 22 wynik(ów)