

**Wydarzenie:** Runmageddon Silesia JSW S.A.  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2019-09-01  
**Miejsce:** Knurów  
**Dystans:** 12 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	<b>ORAWCZAK Kamil</b>	<b>3020</b>	DENISTEAM	Elite Mężczyzn	1	07:40	00:17:55	<b>01:21:28.30</b>	<b>01:21:28.30</b>		6:47	8.8 (100%)
2	<b>FILIP Bartosz</b>	<b>3065</b>	SOCIOS SILESIA	Elite Mężczyzn	2	07:40	00:16:45	<b>01:22:22.05</b>	<b>01:22:22.05</b>	+00:00:53 (1.1%)	6:51	8.7 (98.9%)
3	<b>KOWALCZYK Dawid</b>	<b>3120</b>		Elite Mężczyzn	3	07:40	00:18:24	<b>01:23:26.35</b>	<b>01:23:26.35</b>	+00:01:58 (2.4%)	6:57	8.6 (97.7%)
4	<b>ZIELIŃSKI Tomasz</b>	<b>3119</b>	WARCHLAKI ADELAJDY	Elite Mężczyzn	4	07:40	00:17:53	<b>01:28:06.60</b>	<b>01:28:06.60</b>	+00:06:38 (7.5%)	7:20	8.2 (93.2%)
5	<b>GOŁĘBIEWSKI Bogdan</b>	<b>3004</b>	CARBON OCR RACING TEAM	Elite Mężczyzn	5	07:40	00:18:04	<b>01:28:19.20</b>	<b>01:28:19.20</b>	+00:06:50 (7.8%)	7:21	8.2 (93.2%)
6	<b>OPOLON Y Ireneusz</b>	<b>3072</b>	SOCIOS SILESIA	Elite Mężczyzn	6	07:40	00:18:31	<b>01:28:46.80</b>	<b>01:28:46.80</b>	+00:07:18 (8.2%)	7:23	8.1 (92.0%)
7	<b>STARZYCKI Przemysław</b>	<b>3602</b>	HARPAGAN BEAST	Open Mężczyzn	1	09:00	00:19:10	<b>01:33:02.05</b>	<b>01:33:02.05</b>	+00:11:33 (12.4%)	7:45	7.7 (87.5%)
8	<b>LISOWSKI Adam</b>	<b>3070</b>	SOCIOS SILESIA	Elite Mężczyzn	7	07:40	00:18:26	<b>01:33:08.10</b>	<b>01:33:08.10</b>	+00:11:39 (12.5%)	7:45	7.7 (87.5%)
9	<b>POCZĄTKO Łukasz</b>	<b>3357</b>		Open Mężczyzn	2	08:15	00:18:45	<b>01:33:49.00</b>	<b>01:33:49.00</b>	+00:12:20 (13.2%)	7:49	7.7 (87.5%)
10	<b>DOLATA Krzysztof</b>	<b>3063</b>	SOCIOS SILESIA	Elite Mężczyzn	8	07:40	00:19:00	<b>01:34:27.15</b>	<b>01:34:27.15</b>	+00:12:58 (13.7%)	7:52	7.6 (86.4%)
11	<b>KALININ Jarosław</b>	<b>3087</b>	XRUNNERS	Elite Mężczyzn	9	07:40	00:18:24	<b>01:35:37.55</b>	<b>01:35:37.55</b>	+00:14:09 (14.8%)	7:58	7.5 (85.2%)
12	<b>LISOWSKI Grzegorz</b>	<b>3071</b>	SOCIOS SILESIA	Elite Mężczyzn	10	07:40	00:18:28	<b>01:36:15.50</b>	<b>01:36:15.50</b>	+00:14:47 (15.4%)	8:01	7.5 (85.2%)
13	<b>DĄBROWSKI Radek</b>	<b>3051</b>	OCR TEAM DĘBICA	Elite Mężczyzn	11	07:40	00:18:01	<b>01:37:46.40</b>	<b>01:37:46.40</b>	+00:16:18 (16.7%)	8:08	7.4 (84.1%)
14	<b>KOMARNICKI Tomasz</b>	<b>3118</b>	GRUBIORZE LOTAJOM	Elite Mężczyzn	12	07:40	00:21:20	<b>01:39:30.05</b>	<b>01:39:30.05</b>	+00:18:01 (18.1%)	8:17	7.2 (81.8%)
15	<b>FABIAN Marcel</b>	<b>3064</b>	SOCIOS SILESIA	Elite Mężczyzn	13	07:40	00:16:44	<b>01:39:36.50</b>	<b>01:39:36.50</b>	+00:18:08 (18.2%)	8:18	7.2 (81.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
16	WAWRYK Huber	3810		Open Mężczyzn	3	09:15	00:21:49	01:40:14.75	01:40:14.75	+00:18:46 (18.7%)	8:21	7.2 (81.8%)
17	WYPUKOŁ Jakub	3076	SOCIOS SILESIA	Elite Mężczyzn	14	07:40	00:19:47	01:41:22.50	01:41:22.50	+00:19:54 (19.6%)	8:26	7.1 (80.7%)
18	BARAN Maciej	3277	DZICY OGRODNICY	Open Mężczyzn	4	08:15	00:20:51	01:41:39.45	01:41:39.45	+00:20:11 (19.9%)	8:28	7.1 (80.7%)
19	FRYDRYCH Patryk	3092		Elite Mężczyzn	15	07:40	00:21:21	01:42:08.40	01:42:08.40	+00:20:40 (20.2%)	8:30	7 (79.5%)
20	BAÑBOR Aleksandra	4001		Open Kobiet	1	09:45	00:21:27	01:43:03.05	01:43:03.05	+00:21:34 (20.9%)	8:35	7 (79.5%)
21	JAŚKO Tomasz	3219		Open Mężczyzn	5	08:00	00:20:31	01:43:04.40	01:43:04.40	+00:21:36 (21.0%)	8:35	7 (79.5%)
22	PIOTROWSKI Grzegorz	3073	SOCIOS SILESIA	Elite Mężczyzn	16	07:40	00:20:57	01:43:23.95	01:43:23.95	+00:21:55 (21.2%)	8:36	7 (79.5%)
23	FIRLEJ Marek	3091		Elite Mężczyzn	17	07:40	00:17:06	01:44:09.70	01:44:09.70	+00:22:41 (21.8%)	8:40	6.9 (78.4%)
24	STAMATEL Sebastian	3075	SOCIOS SILESIA	Elite Mężczyzn	18	07:40	00:22:16	01:44:38.70	01:44:38.70	+00:23:10 (22.1%)	8:43	6.9 (78.4%)
25	MURYN Dawid	3198	RAGNAROK SZCZECIN	Open Mężczyzn	6	08:00	00:23:01	01:44:57.95	01:44:57.95	+00:23:29 (22.4%)	8:44	6.9 (78.4%)
26	WOJEWÓDKA Krystian	3028	ETRANS TEAM	Elite Mężczyzn	19	07:40	00:22:12	01:45:53.95	01:45:53.95	+00:24:25 (23.1%)	8:49	6.8 (77.3%)
27	GRYSIEWICZ Marcin	3057	POWER TRAINING	Elite Masters Mężczyzn	1	07:40	00:19:30	01:46:18.15	01:46:18.15	+00:24:49 (23.4%)	8:51	6.8 (77.3%)
28	PAŁKA Adam	3241		Open Mężczyzn	7	08:00	00:22:16	01:46:19.75	01:46:19.75	+00:24:51 (23.4%)	8:51	6.8 (77.3%)
29	STYLOK Dawid	3011	CARBON OCR RACING TEAM	Elite Mężczyzn	20	07:40	00:20:18	01:46:45.50	01:46:45.50	+00:25:17 (23.7%)	8:53	6.7 (76.1%)
30	BORZĘCKI Damian	3200	SOCIOS SILESIA	Open Mężczyzn	8	08:00	00:20:49	01:46:45.85	01:46:45.85	+00:25:17 (23.7%)	8:53	6.7 (76.1%)
31	ILNICKI Darek	3116		Elite Mężczyzn	21	07:40	00:19:55	01:47:11.25	01:47:11.25	+00:25:42 (24.0%)	8:55	6.7 (76.1%)
32	GRZEGORZYCA Szymon	3005	CARBON OCR RACING TEAM	Elite Mężczyzn	22	07:40	00:21:28	01:47:35.10	01:47:35.10	+00:26:06 (24.3%)	8:57	6.7 (76.1%)
33	KNAPIK Zbigniew	3030	HARPAGAN BEAST	Elite Mężczyzn	23	07:40	00:19:55	01:48:26.20	01:48:26.20	+00:26:57 (24.9%)	9:02	6.6 (75.0%)
34	BYRTUS Józef	3031	HUSARIA RACE TEAM	Elite Mężczyzn	24	07:40	00:21:41	01:48:35.95	01:48:35.95	+00:27:07 (25.0%)	9:02	6.6 (75.0%)
35	GACH Damian	3014	CF KUŹNIA DAMIANA	Elite Mężczyzn	25	07:40	00:23:54	01:49:24.70	01:49:24.70	+00:27:56 (25.5%)	9:07	6.6 (75.0%)
36	GORTEL-MACIUK Agnieszka	3270	CF KUŹNIA DAMIANA	Open Masters Kobiet	1	08:15	00:24:49	01:49:31.20	01:49:31.20	+00:28:02 (25.6%)	9:07	6.6 (75.0%)
37	NOWAKOWSKI Karol	3401	SPARTAN TEAM	Open Mężczyzn	9	08:30	00:24:12	01:49:41.05	01:49:41.05	+00:28:12 (25.7%)	9:08	6.6 (75.0%)
38	SKRZYSZOWSKI Janusz	3250		Open Mężczyzn	10	08:00	00:20:12	01:49:45.45	01:49:45.45	+00:28:17 (25.8%)	9:08	6.6 (75.0%)

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39	<b>DROGOSZ Damian</b>	<b>3033</b>	HUSARIA RACE TEAM	Elite Masters Mężczyzn	2	07:40	00:20:30	<b>01:49:49.70</b>	<b>01:49:49.70</b>	+00:28:21 (25.8%)	9:09	6.6 (75.0%)
40	<b>PIELA Mateusz</b>	<b>3313</b>	SZTURM	Open Mężczyzn	11	08:15	00:24:36	<b>01:49:55.55</b>	<b>01:49:55.55</b>	+00:28:27 (25.9%)	9:09	6.6 (75.0%)
41	<b>KOTOWICZ Sławomir</b>	<b>3261</b>	#SZMATERLOKIWSP	Open Masters Mężczyzn	1	08:15	00:27:58	<b>01:51:07.20</b>	<b>01:51:07.20</b>	+00:29:38 (26.7%)	9:15	6.5 (73.9%)
42	<b>TRELA Krzysztof</b>	<b>3256</b>		Open Mężczyzn	12	08:00	00:23:18	<b>01:51:37.60</b>	<b>01:51:37.60</b>	+00:30:09 (27.0%)	9:18	6.5 (73.9%)
43	<b>TRELA Lukasz</b>	<b>3257</b>		Open Mężczyzn	13	08:00	00:23:10	<b>01:51:37.75</b>	<b>01:51:37.75</b>	+00:30:09 (27.0%)	9:18	6.5 (73.9%)
44	<b>DOBOSZ Kamil</b>	<b>4324</b>		Open Mężczyzn	14	10:30	00:22:15	<b>01:52:54.65</b>	<b>01:52:54.65</b>	+00:31:26 (27.8%)	9:24	6.4 (72.7%)
45	<b>DOBRYNIECKI Tomasz</b>	<b>4326</b>		Open Masters Mężczyzn	2	10:30	00:22:31	<b>01:52:57.00</b>	<b>01:52:57.00</b>	+00:31:28 (27.9%)	9:24	6.4 (72.7%)
46	<b>KOGUT Dawid</b>	<b>3223</b>		Open Mężczyzn	15	08:00	00:22:25	<b>01:53:15.00</b>	<b>01:53:15.00</b>	+00:31:46 (28.1%)	9:26	6.4 (72.7%)
47	<b>ANTCZAK Borys</b>	<b>3083</b>	WATAHA	Elite Mężczyzn	26	07:40	00:23:40	<b>01:53:18.15</b>	<b>01:53:18.15</b>	+00:31:49 (28.1%)	9:26	6.4 (72.7%)
48	<b>KUDŁACIK Krzysztof</b>	<b>3562</b>		Open Masters Mężczyzn	3	08:45	00:21:25	<b>01:53:40.35</b>	<b>01:53:40.35</b>	+00:32:12 (28.3%)	9:28	6.3 (71.6%)
49	<b>JĄŁOWICZOR Michał</b>	<b>3093</b>		Elite Mężczyzn	27	07:40	00:22:13	<b>01:54:04.50</b>	<b>01:54:04.50</b>	+00:32:36 (28.6%)	9:30	6.3 (71.6%)
50	<b>DĄBROWSKI Daniel</b>	<b>3311</b>	SOCIOS SILESIA	Open Mężczyzn	16	08:15	00:23:45	<b>01:54:32.80</b>	<b>01:54:32.80</b>	+00:33:04 (28.9%)	9:32	6.3 (71.6%)
51	<b>WOCHNIK Marek</b>	<b>3013</b>	CARBON OCR RACING TEAM	Elite Mężczyzn	28	07:40	00:24:18	<b>01:55:04.10</b>	<b>01:55:04.10</b>	+00:33:35 (29.2%)	9:35	6.3 (71.6%)
52	<b>CHOJNA Zygmunt</b>	<b>3062</b>	SOCIOS SILESIA	Open Masters Mężczyzn	4	07:40	00:23:57	<b>01:55:08.95</b>	<b>01:55:08.95</b>	+00:33:40 (29.2%)	9:35	6.3 (71.6%)
53	<b>FARENHOLC Maciej</b>	<b>3278</b>	DZIKOZA	Open Mężczyzn	17	08:15	00:25:00	<b>01:55:13.65</b>	<b>01:55:13.65</b>	+00:33:45 (29.3%)	9:36	6.2 (70.5%)
54	<b>RUDZKI Michał</b>	<b>3537</b>	STREFA BYKÓW	Open Masters Mężczyzn	5	08:45	00:25:05	<b>01:56:03.55</b>	<b>01:56:03.55</b>	+00:34:35 (29.8%)	9:40	6.2 (70.5%)
55	<b>KURASIŃSKI Konrad</b>	<b>3068</b>	SOCIOS SILESIA	Elite Mężczyzn	29	07:40	00:23:53	<b>01:56:08.90</b>	<b>01:56:08.90</b>	+00:34:40 (29.9%)	9:40	6.2 (70.5%)
56	<b>SZYMAŃSKI Paweł</b>	<b>3323</b>	UTANI GRAN HUR	Open Mężczyzn	18	08:15	00:24:02	<b>01:56:19.85</b>	<b>01:56:19.85</b>	+00:34:51 (30.0%)	9:41	6.2 (70.5%)
57	<b>WIŚNIEWSKI Arkadiusz</b>	<b>3274</b>	CROSSFIT HELLWOOD	Open Mężczyzn	19	08:15	00:24:03	<b>01:56:24.00</b>	<b>01:56:24.00</b>	+00:34:55 (30.0%)	9:42	6.2 (70.5%)
58	<b>MITELA Damiel</b>	<b>4069</b>	KOCHAM SŁODKIE	Open Mężczyzn	20	10:00	00:22:52	<b>01:57:02.70</b>	<b>01:57:02.70</b>	+00:35:34 (30.4%)	9:45	6.2 (70.5%)
59	<b>WIECZOREK Dawid</b>	<b>3308</b>	PODNIEŚ KOTLETA	Open Mężczyzn	21	08:15	00:26:19	<b>01:57:24.25</b>	<b>01:57:24.25</b>	+00:35:55 (30.6%)	9:47	6.1 (69.3%)
60	<b>KACZWIŃSKI Paweł</b>	<b>3675</b>		Open Masters Mężczyzn	6	09:00	00:22:39	<b>01:57:46.35</b>	<b>01:57:46.35</b>	+00:36:18 (30.8%)	9:48	6.1 (69.3%)
61	<b>SZPAKIEWICZ Jarek</b>	<b>3185</b>	HUSARIA RACE TEAM	Open Mężczyzn	22	08:00	00:24:26	<b>01:57:58.95</b>	<b>01:57:58.95</b>	+00:36:30 (30.9%)	9:49	6.1 (69.3%)

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62	<b>PACYGON Tomek</b>	<b>3022</b>	EDEN RUNNERS	Elite Mężczyzn	30	07:40	00:23:37	<b>01:58:34.20</b>	<b>01:58:34.20</b>	+00:37:05 (31.3%)	9:52	6.1 (69.3%)
63	<b>SKRĘTY Patryk</b>	<b>3023</b>	EDEN RUNNERS	Elite Mężczyzn	31	07:40	00:23:35	<b>01:58:39.15</b>	<b>01:58:39.15</b>	+00:37:10 (31.3%)	9:53	6.1 (69.3%)
64	<b>GAGON Denis</b>	<b>3016</b>	DENISTEAM	Elite Mężczyzn	32	07:40	00:19:18	<b>01:58:45.50</b>	<b>01:58:45.50</b>	+00:37:17 (31.4%)	9:53	6.1 (69.3%)
65	<b>DĄBROWSKI Krzysztof</b>	<b>3312</b>	SOCIOS SILESIA	Open Masters Mężczyzn	7	08:15	00:24:10	<b>01:58:45.85</b>	<b>01:58:45.85</b>	+00:37:17 (31.4%)	9:53	6.1 (69.3%)
66	<b>MOSZYŃSKI Sebastian</b>	<b>3795</b>		Open Mężczyzn	23	09:15	00:24:30	<b>01:58:52.95</b>	<b>01:58:52.95</b>	+00:37:24 (31.5%)	9:54	6.1 (69.3%)
67	<b>KORCZYK Tomasz</b>	<b>3226</b>		Open Mężczyzn	24	08:00	00:24:02	<b>01:59:00.45</b>	<b>01:59:00.45</b>	+00:37:32 (31.5%)	9:55	6.1 (69.3%)
68	<b>SZÓSTAK Jarosław</b>	<b>3021</b>	DROGA DO ULTRA	Open Mężczyzn	25	07:40	00:20:39	<b>01:59:08.15</b>	<b>01:59:08.15</b>	+00:37:39 (31.6%)	9:55	6 (68.2%)
69	<b>ZAJĄC Paweł</b>	<b>3269</b>	BLACK GAME TEAM	Open Mężczyzn	26	08:15	00:23:42	<b>01:59:22.75</b>	<b>01:59:22.75</b>	+00:37:54 (31.8%)	9:56	6 (68.2%)
70	<b>KITA Sławomir</b>	<b>3194</b>	OLIMP TEAM - PERFECT BODY CENTER GALERIA KATOWICE	Open Mężczyzn	27	08:00	00:22:40	<b>01:59:29.45</b>	<b>01:59:29.45</b>	+00:38:01 (31.8%)	9:57	6 (68.2%)
71	<b>CZACHURSKI Mateusz</b>	<b>3086</b>	XRUNNERS	Elite Mężczyzn	33	07:40	00:22:47	<b>01:59:40.80</b>	<b>01:59:40.80</b>	+00:38:12 (31.9%)	9:58	6 (68.2%)
72	<b>ADAMCZEWSKI Filip</b>	<b>3896</b>	SWPRANGERS	Open Mężczyzn	28	09:30	00:23:14	<b>01:59:47.90</b>	<b>01:59:47.90</b>	+00:38:19 (32.0%)	9:58	6 (68.2%)
73	<b>KĘDZIOR Jarek</b>	<b>4334</b>		Open Masters Mężczyzn	8	10:30	00:23:45	<b>02:00:09.25</b>	<b>02:00:09.25</b>	+00:38:40 (32.2%)	10:00	6 (68.2%)
74	<b>JELEŃ Michał</b>	<b>3909</b>		Open Masters Mężczyzn	9	09:15	00:23:28	<b>02:00:19.10</b>	<b>02:00:19.10</b>	+00:38:50 (32.3%)	10:01	6 (68.2%)
75	<b>WITEK Wojciech</b>	<b>4039</b>		Open Mężczyzn	29	09:45	00:26:59	<b>02:00:31.10</b>	<b>02:00:31.10</b>	+00:39:02 (32.4%)	10:02	6 (68.2%)
76	<b>KUKLA Marcin</b>	<b>3626</b>	NIYWYSPORTOWANI	Open Mężczyzn	30	09:00	00:24:59	<b>02:00:31.15</b>	<b>02:00:31.15</b>	+00:39:02 (32.4%)	10:02	6 (68.2%)
77	<b>ŚWIĄTEK Damian</b>	<b>4034</b>		Open Mężczyzn	31	09:45	00:27:00	<b>02:00:33.30</b>	<b>02:00:33.30</b>	+00:39:05 (32.4%)	10:02	6 (68.2%)
78	<b>TRACZ Sławomir</b>	<b>3043</b>	HUSARIA RACE TEAM	Elite Masters Mężczyzn	3	07:40	00:23:02	<b>02:00:33.75</b>	<b>02:00:33.75</b>	+00:39:05 (32.4%)	10:02	6 (68.2%)
79	<b>NOWAK Borys</b>	<b>3874</b>	MOMO TEAM	Open Mężczyzn	32	09:30	00:23:15	<b>02:00:37.65</b>	<b>02:00:37.65</b>	+00:39:09 (32.5%)	10:03	6 (68.2%)
80	<b>LEPIARZ Michał</b>	<b>4068</b>	KOCHAM SŁODKIE	Open Mężczyzn	33	10:00	00:23:16	<b>02:01:00.85</b>	<b>02:01:00.85</b>	+00:39:32 (32.7%)	10:05	6 (68.2%)
81	<b>ŚMIAŁEK Robert</b>	<b>3877</b>	MOMO TEAM	Open Mężczyzn	34	09:30	00:22:54	<b>02:01:05.35</b>	<b>02:01:05.35</b>	+00:39:37 (32.7%)	10:05	5.9 (67.0%)
82	<b>ANDRZEJCZAK Filip</b>	<b>3897</b>	TROSKLIWE MISIE	Open Mężczyzn	35	09:30	00:23:00	<b>02:01:11.85</b>	<b>02:01:11.85</b>	+00:39:43 (32.8%)	10:05	5.9 (67.0%)
83	<b>NIKIEL Mariusz</b>	<b>3569</b>		Open Mężczyzn	36	08:45	00:24:26	<b>02:01:12.80</b>	<b>02:01:12.80</b>	+00:39:44 (32.8%)	10:06	5.9 (67.0%)
84	<b>ŁUKOSZ Patryk</b>	<b>3564</b>		Open Mężczyzn	37	08:45	00:24:26	<b>02:01:14.60</b>	<b>02:01:14.60</b>	+00:39:46 (32.8%)	10:06	5.9 (67.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
85	<b>GRABANIA Bartłomiej</b>	<b>3554</b>		Open Mężczyzn	38	08:45	00:21:57	<b>02:01:42.60</b>	<b>02:01:42.60</b>	+00:40:14 (33.1%)	10:08	5.9 (67.0%)
86	<b>BOĆKO Jakub</b>	<b>3541</b>	WŚCIEKŁE BOBRY	Open Mężczyzn	39	08:45	00:24:34	<b>02:01:50.95</b>	<b>02:01:50.95</b>	+00:40:22 (33.1%)	10:09	5.9 (67.0%)
87	<b>HELLER Szymon</b>	<b>3672</b>		Open Mężczyzn	40	09:00	00:22:50	<b>02:01:58.90</b>	<b>02:01:58.90</b>	+00:40:30 (33.2%)	10:09	5.9 (67.0%)
88	<b>KŁOSOK Wojciech</b>	<b>4152</b>	CROSS SPORT	Open Mężczyzn	41	10:15	00:24:55	<b>02:02:19.05</b>	<b>02:02:19.05</b>	+00:40:50 (33.4%)	10:11	5.9 (67.0%)
89	<b>RAJEWSKI Wojciech</b>	<b>3245</b>		Open Mężczyzn	42	08:00	00:23:04	<b>02:02:23.50</b>	<b>02:02:23.50</b>	+00:40:55 (33.4%)	10:11	5.9 (67.0%)
90	<b>PIOTROWSKI Sławomir</b>	<b>4236</b>		Open Mężczyzn	43	10:00	00:21:45	<b>02:02:34.30</b>	<b>02:02:34.30</b>	+00:41:06 (33.5%)	10:12	5.9 (67.0%)
91	<b>DOMINEK Grzegorz</b>	<b>3090</b>		Open Mężczyzn	44	07:40	00:24:37	<b>02:02:43.75</b>	<b>02:02:43.75</b>	+00:41:15 (33.6%)	10:13	5.9 (67.0%)
92	<b>SZCZEPANEK Paweł</b>	<b>3364</b>		Open Mężczyzn	45	08:15	00:25:37	<b>02:02:46.35</b>	<b>02:02:46.35</b>	+00:41:18 (33.6%)	10:13	5.9 (67.0%)
93	<b>KUPCZYK Krzysztof</b>	<b>3348</b>		Open Mężczyzn	46	08:15	00:26:14	<b>02:03:00.60</b>	<b>02:03:00.60</b>	+00:41:32 (33.8%)	10:15	5.9 (67.0%)
94	<b>WRÓBEL Paweł</b>	<b>3082</b>	TREE CREW	Elite Mężczyzn	34	07:40	00:21:49	<b>02:03:02.45</b>	<b>02:03:02.45</b>	+00:41:34 (33.8%)	10:15	5.9 (67.0%)
95	<b>GIZAK Michał</b>	<b>3612</b>	LUBIĘ BURPEES'Y	Open Mężczyzn	47	09:00	00:23:00	<b>02:03:12.40</b>	<b>02:03:12.40</b>	+00:41:44 (33.9%)	10:16	5.8 (65.9%)
96	<b>MOCZKO Sebastian</b>	<b>4230</b>		Open Masters Mężczyzn	10	10:15	00:23:58	<b>02:03:17.10</b>	<b>02:03:17.10</b>	+00:41:48 (33.9%)	10:16	5.8 (65.9%)
97	<b>VEČEŘA Jan</b>	<b>3809</b>		Open Mężczyzn	48	09:15	00:23:27	<b>02:03:48.00</b>	<b>02:03:48.00</b>	+00:42:19 (34.2%)	10:19	5.8 (65.9%)
98	<b>KUBISZYN Tadeusz</b>	<b>3097</b>		Open Masters Mężczyzn	11	07:40	00:23:43	<b>02:04:14.65</b>	<b>02:04:14.65</b>	+00:42:46 (34.4%)	10:21	5.8 (65.9%)
99	<b>WROBEL Daniel</b>	<b>3081</b>	TREE CREW	Open Mężczyzn	49	07:40	00:21:50	<b>02:04:18.25</b>	<b>02:04:18.25</b>	+00:42:49 (34.5%)	10:21	5.8 (65.9%)
100	<b>HANDZLIK Tomasz</b>	<b>3017</b>	DENISTEAM	Open Masters Mężczyzn	12	07:40	00:26:13	<b>02:04:22.15</b>	<b>02:04:22.15</b>	+00:42:53 (34.5%)	10:21	5.8 (65.9%)
101	<b>JARAWKA Natalia</b>	<b>3340</b>		Open Kobiet	2	08:15	00:26:15	<b>02:04:39.85</b>	<b>02:04:39.85</b>	+00:43:11 (34.6%)	10:23	5.8 (65.9%)
102	<b>NABAGŁO Marcin</b>	<b>4070</b>	KOCHAM SŁODKIE	Open Mężczyzn	50	10:00	00:23:44	<b>02:05:03.70</b>	<b>02:05:03.70</b>	+00:43:35 (34.9%)	10:25	5.8 (65.9%)
103	<b>LEBIODA Marcel</b>	<b>4158</b>	DZIKIE KOCIERSKIE BOBRY	Open Mężczyzn	51	10:15	00:22:15	<b>02:05:06.55</b>	<b>02:05:06.55</b>	+00:43:38 (34.9%)	10:25	5.8 (65.9%)
104	<b>OSOWSKI Krzysztof</b>	<b>4072</b>	KOCHAM SŁODKIE	Open Mężczyzn	52	10:00	00:23:41	<b>02:05:06.85</b>	<b>02:05:06.85</b>	+00:43:38 (34.9%)	10:25	5.8 (65.9%)
105	<b>GOŁOMBEK Marek</b>	<b>3593</b>	CROSSTEAM TARNOWSKIE GÓRY	Open Masters Mężczyzn	13	08:15	00:25:57	<b>02:05:28.40</b>	<b>02:05:28.40</b>	+00:44:00 (35.1%)	10:27	5.7 (64.8%)
106	<b>JAREMCZUK Michał</b>	<b>3341</b>		Open Mężczyzn	53	08:15	00:26:17	<b>02:05:33.20</b>	<b>02:05:33.20</b>	+00:44:04 (35.1%)	10:27	5.7 (64.8%)
107	<b>WITEK Kamil</b>	<b>3044</b>	HUSARIA RACE TEAM	Elite Mężczyzn	35	07:40	00:24:20	<b>02:05:34.75</b>	<b>02:05:34.75</b>	+00:44:06 (35.1%)	10:27	5.7 (64.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
108	<b>HANUS Piotr</b>	<b>3001</b>	AGRESYWNE MORSY :D	Elite Mężczyzn	36	07:40	00:23:18	<b>02:05:41.90</b>	<b>02:05:41.90</b>	+00:44:13 (35.2%)	10:28	5.7 (64.8%)
109	<b>MĘKAL Tomasz</b>	<b>3238</b>		Open Masters Mężczyzn	14	08:00	00:27:32	<b>02:05:47.45</b>	<b>02:05:47.45</b>	+00:44:19 (35.2%)	10:28	5.7 (64.8%)
110	<b>IZDEBSKI Michał</b>	<b>4331</b>		Open Mężczyzn	54	10:30	00:24:17	<b>02:05:53.40</b>	<b>02:05:53.40</b>	+00:44:25 (35.3%)	10:29	5.7 (64.8%)
111	<b>PLUCIK Rafał</b>	<b>3244</b>		Open Mężczyzn	55	08:00	00:25:46	<b>02:06:07.55</b>	<b>02:06:07.55</b>	+00:44:39 (35.4%)	10:30	5.7 (64.8%)
112	<b>PALLACH Adrian</b>	<b>4024</b>		Open Mężczyzn	56	09:45	00:25:22	<b>02:06:16.95</b>	<b>02:06:16.95</b>	+00:44:48 (35.5%)	10:31	5.7 (64.8%)
113	<b>BEDNARCZYK Mateusz</b>	<b>3544</b>		Open Mężczyzn	57	08:45	00:23:16	<b>02:06:17.05</b>	<b>02:06:17.05</b>	+00:44:48 (35.5%)	10:31	5.7 (64.8%)
114	<b>LISIAK Adam</b>	<b>3446</b>		Open Mężczyzn	58	08:30	00:28:03	<b>02:06:17.75</b>	<b>02:06:17.75</b>	+00:44:49 (35.5%)	10:31	5.7 (64.8%)
115	<b>KAMYCZEK Adam</b>	<b>3162</b>	DZIADY OCR	Open Masters Mężczyzn	15	08:00	00:27:15	<b>02:06:20.00</b>	<b>02:06:20.00</b>	+00:44:51 (35.5%)	10:31	5.7 (64.8%)
116	<b>ŁABUZ Sabina</b>	<b>4195</b>	X-TEAM TARNÓW	Open Kobiet	3	10:15	00:27:20	<b>02:06:49.75</b>	<b>02:06:49.75</b>	+00:45:21 (35.8%)	10:34	5.7 (64.8%)
117	<b>WALAK Kacper</b>	<b>3159</b>	CZERWONA DUPA SZATANA	Open Mężczyzn	59	08:00	00:25:59	<b>02:06:50.45</b>	<b>02:06:50.45</b>	+00:45:22 (35.8%)	10:34	5.7 (64.8%)
118	<b>ZIEMNICKI Tomasz</b>	<b>4149</b>		Open Masters Mężczyzn	16	10:00	00:25:46	<b>02:06:57.15</b>	<b>02:06:57.15</b>	+00:45:28 (35.8%)	10:34	5.7 (64.8%)
119	<b>HIMEL Adrian</b>	<b>3217</b>		Open Mężczyzn	60	08:00	00:24:07	<b>02:07:02.60</b>	<b>02:07:02.60</b>	+00:45:34 (35.9%)	10:35	5.7 (64.8%)
120	<b>SZWEDO Artur</b>	<b>3603</b>	HARPAGAN BEAST	Open Mężczyzn	61	09:00	00:24:55	<b>02:07:07.40</b>	<b>02:07:07.40</b>	+00:45:39 (35.9%)	10:35	5.7 (64.8%)
121	<b>GRANOWSKI Dawid</b>	<b>3597</b>	HARPAGAN BEAST	Open Mężczyzn	62	09:00	00:24:54	<b>02:07:07.80</b>	<b>02:07:07.80</b>	+00:45:39 (35.9%)	10:35	5.7 (64.8%)
122	<b>PTASZYŃSKI Tomasz</b>	<b>3310</b>	RUNMAGEDDON - STARY HANGAR	Open Mężczyzn	63	08:15	00:26:18	<b>02:07:49.15</b>	<b>02:07:49.15</b>	+00:46:20 (36.3%)	10:39	5.6 (63.6%)
123	<b>BEDNÁŘ Richard</b>	<b>3762</b>		Open Mężczyzn	64	09:15	00:20:54	<b>02:07:54.50</b>	<b>02:07:54.50</b>	+00:46:26 (36.3%)	10:39	5.6 (63.6%)
124	<b>KOCIOK Wioleta</b>	<b>4336</b>		Open Kobiet	4	10:30	00:28:16	<b>02:08:36.75</b>	<b>02:08:36.75</b>	+00:47:08 (36.7%)	10:43	5.6 (63.6%)
125	<b>PIELECKI Andrzej</b>	<b>3356</b>		Open Masters Mężczyzn	17	08:15	00:26:19	<b>02:08:43.95</b>	<b>02:08:43.95</b>	+00:47:15 (36.7%)	10:43	5.6 (63.6%)
126	<b>KORZUS Paweł</b>	<b>3286</b>	LUBIĘ BURPEES'Y	Open Mężczyzn	65	08:15	00:25:38	<b>02:09:03.75</b>	<b>02:09:03.75</b>	+00:47:35 (36.9%)	10:45	5.6 (63.6%)
127	<b>MELICH Tomasz</b>	<b>3477</b>	A.BERGER POLSKA	Open Mężczyzn	66	08:45	00:24:47	<b>02:09:04.30</b>	<b>02:09:04.30</b>	+00:47:36 (36.9%)	10:45	5.6 (63.6%)
128	<b>SZYMASZEK Tomasz</b>	<b>3881</b>	OCR TEAM DĘBICA	Open Mężczyzn	67	09:30	00:28:44	<b>02:09:11.15</b>	<b>02:09:11.15</b>	+00:47:42 (36.9%)	10:45	5.6 (63.6%)
129	<b>JANICKI Łukasz</b>	<b>3932</b>	AEROMOTOSPEED	Open Mężczyzn	68	09:45	00:25:13	<b>02:09:18.80</b>	<b>02:09:18.80</b>	+00:47:50 (37.0%)	10:46	5.6 (63.6%)
130	<b>FABIA Mateusz</b>	<b>3331</b>		Open Masters Mężczyzn	18	08:15	00:27:43	<b>02:09:21.35</b>	<b>02:09:21.35</b>	+00:47:53 (37.0%)	10:46	5.6 (63.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
131	<b>OPOKA Radek</b>	<b>3457</b>		Open Mężczyzn	69	08:30	00:26:59	<b>02:09:28.20</b>	<b>02:09:28.20</b>	+00:47:59 (37.1%)	10:47	5.6 (63.6%)
132	<b>MYRCIK Bernard</b>	<b>4126</b>		Open Masters Mężczyzn	19	10:00	00:25:33	<b>02:09:40.55</b>	<b>02:09:40.55</b>	+00:48:12 (37.2%)	10:48	5.6 (63.6%)
133	<b>GAJDA Sebastian</b>	<b>3551</b>		Open Mężczyzn	70	08:45	00:24:23	<b>02:10:08.95</b>	<b>02:10:08.95</b>	+00:48:40 (37.4%)	10:50	5.5 (62.5%)
134	<b>PALIGA Łukasz</b>	<b>3918</b>		Open Mężczyzn	71	09:30	00:24:20	<b>02:10:46.10</b>	<b>02:10:46.10</b>	+00:49:17 (37.7%)	10:53	5.5 (62.5%)
135	<b>BUJLIS Eugeniusz</b>	<b>4321</b>		Open Mężczyzn	72	10:30	00:23:01	<b>02:10:57.10</b>	<b>02:10:57.10</b>	+00:49:28 (37.8%)	10:54	5.5 (62.5%)
136	<b>ADAMCZYK Wojciech</b>	<b>3328</b>		Open Mężczyzn	73	08:15	00:27:46	<b>02:11:02.95</b>	<b>02:11:02.95</b>	+00:49:34 (37.8%)	10:55	5.5 (62.5%)
137	<b>LATOSI Adrian</b>	<b>3787</b>		Open Masters Mężczyzn	20	09:15	00:27:19	<b>02:11:04.30</b>	<b>02:11:04.30</b>	+00:49:36 (37.8%)	10:55	5.5 (62.5%)
138	<b>GÓRKA Marcin</b>	<b>3214</b>		Open Mężczyzn	74	08:00	00:22:21	<b>02:11:21.05</b>	<b>02:11:21.05</b>	+00:49:52 (38.0%)	10:56	5.5 (62.5%)
139	<b>CHMIELAK Radosław</b>	<b>3907</b>		Open Masters Mężczyzn	21	09:30	00:25:20	<b>02:11:24.90</b>	<b>02:11:24.90</b>	+00:49:56 (38.0%)	10:57	5.5 (62.5%)
140	<b>KUBISZYN Tobiasz</b>	<b>3098</b>		Open Mężczyzn	75	07:40	00:23:44	<b>02:11:26.60</b>	<b>02:11:26.60</b>	+00:49:58 (38.0%)	10:57	5.5 (62.5%)
141	<b>GŁYK Łukasz</b>	<b>3433</b>		Open Mężczyzn	76	08:30	00:27:14	<b>02:11:28.65</b>	<b>02:11:28.65</b>	+00:50:00 (38.0%)	10:57	5.5 (62.5%)
142	<b>SCHMIDT Paweł</b>	<b>3594</b>	DZIADY OCR	Open Masters Mężczyzn	22	09:00	00:25:07	<b>02:11:32.30</b>	<b>02:11:32.30</b>	+00:50:04 (38.1%)	10:57	5.5 (62.5%)
143	<b>JASKÓLSKI Szymon</b>	<b>3007</b>	CARBON OCR RACING TEAM	Elite Mężczyzn	37	07:40	00:26:54	<b>02:11:58.40</b>	<b>02:11:58.40</b>	+00:50:30 (38.3%)	10:59	5.5 (62.5%)
144	<b>JANKO Kamil</b>	<b>3283</b>	HUSARIA RACE TEAM	Open Mężczyzn	77	08:15	00:30:13	<b>02:12:10.00</b>	<b>02:12:10.00</b>	+00:50:41 (38.4%)	11:00	5.4 (61.4%)
145	<b>KUBALA Jan</b>	<b>3229</b>		Open Mężczyzn	78	08:00	00:27:31	<b>02:12:13.10</b>	<b>02:12:13.10</b>	+00:50:44 (38.4%)	11:01	5.4 (61.4%)
146	<b>GEBAUER Mariusz</b>	<b>3282</b>	HUSARIA RACE TEAM	Open Mężczyzn	79	08:15	00:30:14	<b>02:12:22.45</b>	<b>02:12:22.45</b>	+00:50:54 (38.5%)	11:01	5.4 (61.4%)
147	<b>CHRUŚCICKI Krzysztof</b>	<b>4060</b>	HUSARIA RACE TEAM	Open Masters Mężczyzn	23	10:00	00:24:42	<b>02:12:28.05</b>	<b>02:12:28.05</b>	+00:50:59 (38.5%)	11:02	5.4 (61.4%)
148	<b>POLAK Łukasz</b>	<b>3799</b>		Open Mężczyzn	80	09:15	00:26:32	<b>02:12:28.10</b>	<b>02:12:28.10</b>	+00:50:59 (38.5%)	11:02	5.4 (61.4%)
149	<b>KACZMARCZYK Tomasz</b>	<b>4386</b>		Open Mężczyzn	81	10:30	00:28:25	<b>02:12:32.25</b>	<b>02:12:32.25</b>	+00:51:03 (38.5%)	11:02	5.4 (61.4%)
150	<b>KOS Remigiusz</b>	<b>3397</b>	SOKÓŁ KNURÓW	Open Masters Mężczyzn	24	08:30	00:26:11	<b>02:13:03.05</b>	<b>02:13:03.05</b>	+00:51:34 (38.8%)	11:05	5.4 (61.4%)
151	<b>FROSZTĘGA Daniel</b>	<b>3774</b>		Open Mężczyzn	82	09:15	00:24:29	<b>02:13:05.50</b>	<b>02:13:05.50</b>	+00:51:37 (38.8%)	11:05	5.4 (61.4%)
152	<b>BLUSZCZ Dawid</b>	<b>3205</b>		Open Mężczyzn	83	08:00	00:27:21	<b>02:13:38.05</b>	<b>02:13:38.05</b>	+00:52:09 (39.0%)	11:08	5.4 (61.4%)
153	<b>GŁODEK Daniel</b>	<b>4358</b>		Open Mężczyzn	84	10:30	00:25:37	<b>02:14:11.85</b>	<b>02:14:11.85</b>	+00:52:43 (39.3%)	11:10	5.4 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
154	<b>MANDYS Marcin</b>	<b>4282</b>	KRAWACIKI	Open Mężczyzn	85	10:30	00:26:22	<b>02:14:21.95</b>	<b>02:14:21.95</b>	+00:52:53 (39.4%)	11:11	5.4 (61.4%)
155	<b>URYCH Adam</b>	<b>4283</b>	KRAWACIKI	Open Mężczyzn	86	10:30	00:26:24	<b>02:14:30.15</b>	<b>02:14:30.15</b>	+00:53:01 (39.4%)	11:12	5.4 (61.4%)
156	<b>ŚMIEJKA Seweryn</b>	<b>4032</b>		Open Mężczyzn	87	09:45	00:24:45	<b>02:14:43.35</b>	<b>02:14:43.35</b>	+00:53:15 (39.5%)	11:13	5.3 (60.2%)
157	<b>LAPCZYK Dominika</b>	<b>3419</b>	TOTAL FREAK	Open Kobiet	5	08:30	00:28:46	<b>02:14:58.20</b>	<b>02:14:58.20</b>	+00:53:29 (39.6%)	11:14	5.3 (60.2%)
158	<b>SIEMION Artur</b>	<b>3689</b>		Open Mężczyzn	88	09:00	00:27:47	<b>02:15:14.15</b>	<b>02:15:14.15</b>	+00:53:45 (39.8%)	11:16	5.3 (60.2%)
159	<b>TOMASZEK Piotr</b>	<b>3808</b>		Open Masters Mężczyzn	25	09:15	00:26:09	<b>02:15:28.25</b>	<b>02:15:28.25</b>	+00:53:59 (39.9%)	11:17	5.3 (60.2%)
160	<b>OŚLIZŁO Tomasz</b>	<b>3481</b>	BLACKSHEEP TEAM	Open Mężczyzn	89	08:45	00:29:37	<b>02:15:37.05</b>	<b>02:15:37.05</b>	+00:54:08 (39.9%)	11:18	5.3 (60.2%)
161	<b>STANIEK Sławomir</b>	<b>3482</b>	BLACKSHEEP TEAM	Open Mężczyzn	90	08:45	00:29:37	<b>02:15:48.60</b>	<b>02:15:48.60</b>	+00:54:20 (40.0%)	11:19	5.3 (60.2%)
162	<b>JÓZEFACIUK Marcin</b>	<b>3220</b>		Open Mężczyzn	91	08:00	00:28:24	<b>02:15:59.85</b>	<b>02:15:59.85</b>	+00:54:31 (40.1%)	11:19	5.3 (60.2%)
163	<b>KOŁODZIEJ Andrzej</b>	<b>3224</b>		Open Mężczyzn	92	08:00	00:28:13	<b>02:16:15.90</b>	<b>02:16:15.90</b>	+00:54:47 (40.2%)	11:21	5.3 (60.2%)
164	<b>PIETRAŚ Mariusz</b>	<b>4128</b>		Open Masters Mężczyzn	26	10:00	00:25:56	<b>02:16:27.90</b>	<b>02:16:27.90</b>	+00:54:59 (40.3%)	11:22	5.3 (60.2%)
165	<b>DUDZIK Rafał</b>	<b>3414</b>	TI FLUID SYSTEMS	Open Mężczyzn	93	08:30	00:27:25	<b>02:17:00.70</b>	<b>02:17:00.70</b>	+00:55:32 (40.5%)	11:25	5.3 (60.2%)
166	<b>PAW Artur</b>	<b>3416</b>	TI FLUID SYSTEMS	Open Mężczyzn	94	08:30	00:27:21	<b>02:17:07.45</b>	<b>02:17:07.45</b>	+00:55:39 (40.6%)	11:25	5.3 (60.2%)
167	<b>ŻELAZKO Kamil</b>	<b>3045</b>	JAK ŻÓŁWIE W GALOPIE	Elite Mężczyzn	38	07:40	00:26:56	<b>02:17:33.50</b>	<b>02:17:33.50</b>	+00:56:05 (40.8%)	11:27	5.2 (59.1%)
168	<b>LEBIODA Marcin</b>	<b>3069</b>	SOCIOS SILESIA	Elite Mężczyzn	39	07:40	00:27:03	<b>02:17:57.10</b>	<b>02:17:57.10</b>	+00:56:28 (40.9%)	11:29	5.2 (59.1%)
169	<b>CHROBOK Michał</b>	<b>3664</b>		Open Mężczyzn	95	09:00	00:28:46	<b>02:17:58.40</b>	<b>02:17:58.40</b>	+00:56:30 (41.0%)	11:29	5.2 (59.1%)
170	<b>GIGLA Przemek</b>	<b>3908</b>		Open Mężczyzn	96	09:30	00:27:46	<b>02:18:05.90</b>	<b>02:18:05.90</b>	+00:56:37 (41.0%)	11:30	5.2 (59.1%)
171	<b>TRASKO Denis</b>	<b>3048</b>	LUBIĘ BURPEES'Y	Elite Mężczyzn	40	07:40	00:23:33	<b>02:18:36.85</b>	<b>02:18:36.85</b>	+00:57:08 (41.2%)	11:33	5.2 (59.1%)
172	<b>KOWALKOWSKI Tomasz</b>	<b>3527</b>	PRZEBIEŻKA TEAM	Open Masters Mężczyzn	27	09:30	00:25:13	<b>02:18:48.40</b>	<b>02:18:48.40</b>	+00:57:20 (41.3%)	11:34	5.2 (59.1%)
173	<b>WÓJCICKI Kamil</b>	<b>3928</b>		Open Mężczyzn	97	09:30	00:27:25	<b>02:18:54.75</b>	<b>02:18:54.75</b>	+00:57:26 (41.4%)	11:34	5.2 (59.1%)
174	<b>MARKIEWICZ Łukasz</b>	<b>4020</b>		Open Mężczyzn	98	09:45	00:26:30	<b>02:18:55.45</b>	<b>02:18:55.45</b>	+00:57:27 (41.4%)	11:34	5.2 (59.1%)
175	<b>ŁUKA Paweł</b>	<b>3052</b>	OCR TEAM DĘBICA	Open Mężczyzn	99	07:40	00:24:30	<b>02:19:10.60</b>	<b>02:19:10.60</b>	+00:57:42 (41.5%)	11:35	5.2 (59.1%)
176	<b>MAJCHRZYK Szymon</b>	<b>3015</b>	CF KUŹNIA DAMIANA	Elite Mężczyzn	41	07:40	00:21:30	<b>02:19:15.30</b>	<b>02:19:15.30</b>	+00:57:47 (41.5%)	11:36	5.2 (59.1%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
177	<b>WAŁASZEK Paweł</b>	<b>4059</b>	HELTON TEAM	Open Mężczyzn	100	10:00	00:25:57	<b>02:19:26.15</b>	<b>02:19:26.15</b>	+00:57:57 (41.6%)	11:37	5.2 (59.1%)
178	<b>BIK Piotr</b>	<b>3204</b>		Open Mężczyzn	101	08:00	00:28:02	<b>02:19:29.70</b>	<b>02:19:29.70</b>	+00:58:01 (41.6%)	11:37	5.2 (59.1%)
179	<b>NAREWSKI Mateusz</b>	<b>4164</b>	KNURÓW TEAM	Open Mężczyzn	102	10:15	00:27:13	<b>02:19:51.30</b>	<b>02:19:51.30</b>	+00:58:23 (41.7%)	11:39	5.1 (58.0%)
180	<b>KULASEK Michał</b>	<b>3230</b>		Open Mężczyzn	103	08:00	00:28:03	<b>02:20:01.65</b>	<b>02:20:01.65</b>	+00:58:33 (41.8%)	11:40	5.1 (58.0%)
181	<b>ŚWIDZIŃSKI Wojciech</b>	<b>3281</b>	EKO-OKNA RUNNERS	Open Mężczyzn	104	08:15	00:26:59	<b>02:20:08.95</b>	<b>02:20:08.95</b>	+00:58:40 (41.9%)	11:40	5.1 (58.0%)
182	<b>OLESIAK Rafał</b>	<b>3456</b>		Open Mężczyzn	105	08:30	00:26:56	<b>02:20:12.30</b>	<b>02:20:12.30</b>	+00:58:44 (41.9%)	11:41	5.1 (58.0%)
183	<b>LEBIODA Mateusz</b>	<b>3378</b>	BIEGNĄCY Z WIŚNIAMI	Open Mężczyzn	106	08:30	00:30:31	<b>02:20:15.75</b>	<b>02:20:15.75</b>	+00:58:47 (41.9%)	11:41	5.1 (58.0%)
184	<b>SZYCHALSKI Kamil</b>	<b>3470</b>		Open Mężczyzn	107	08:30	00:26:58	<b>02:20:22.35</b>	<b>02:20:22.35</b>	+00:58:54 (42.0%)	11:41	5.1 (58.0%)
185	<b>SEGA Mateusz</b>	<b>3465</b>		Open Mężczyzn	108	08:30	00:28:48	<b>02:20:43.80</b>	<b>02:20:43.80</b>	+00:59:15 (42.1%)	11:43	5.1 (58.0%)
186	<b>KOŁODZIEJCZYK Dariusz</b>	<b>3067</b>	SOCIOS SILESIA	Elite Masters Mężczyzn	4	07:40	00:22:35	<b>02:20:53.35</b>	<b>02:20:53.35</b>	+00:59:25 (42.2%)	11:44	5.1 (58.0%)
187	<b>KOŁACZ Jakub</b>	<b>3558</b>		Open Mężczyzn	109	08:45	00:28:55	<b>02:20:55.95</b>	<b>02:20:55.95</b>	+00:59:27 (42.2%)	11:44	5.1 (58.0%)
188	<b>KARLIK Paweł</b>	<b>3008</b>	CARBON OCR RACING TEAM	Elite Mężczyzn	42	07:40	00:27:17	<b>02:21:13.50</b>	<b>02:21:13.50</b>	+00:59:45 (42.3%)	11:46	5.1 (58.0%)
189	<b>FLIEGERT Szymon</b>	<b>3333</b>		Open Mężczyzn	110	08:15	00:30:01	<b>02:21:21.10</b>	<b>02:21:21.10</b>	+00:59:52 (42.4%)	11:46	5.1 (58.0%)
189	<b>FLIEGERT Paweł</b>	<b>3332</b>		Open Mężczyzn	111	08:15	00:30:02	<b>02:21:21.10</b>	<b>02:21:21.10</b>	+00:59:52 (42.4%)	11:46	5.1 (58.0%)
191	<b>JAWORSKI Bartłomiej</b>	<b>3959</b>	HUSARIA RACE TEAM	Open Masters Mężczyzn	28	09:45	00:27:31	<b>02:21:22.65</b>	<b>02:21:22.65</b>	+00:59:54 (42.4%)	11:46	5.1 (58.0%)
192	<b>GWIZDAŁA Marcin</b>	<b>3338</b>		Open Mężczyzn	112	08:15	00:30:30	<b>02:21:27.25</b>	<b>02:21:27.25</b>	+00:59:58 (42.4%)	11:47	5.1 (58.0%)
193	<b>MAKARA Krystian</b>	<b>3350</b>		Open Mężczyzn	113	08:15	00:30:30	<b>02:21:27.90</b>	<b>02:21:27.90</b>	+00:59:59 (42.4%)	11:47	5.1 (58.0%)
194	<b>HAUTON Marcin</b>	<b>4218</b>		Open Masters Mężczyzn	29	10:15	00:33:19	<b>02:21:28.05</b>	<b>02:21:28.05</b>	+00:59:59 (42.4%)	11:47	5.1 (58.0%)
195	<b>KYSIAK Kamil</b>	<b>3349</b>		Open Mężczyzn	114	08:15	00:29:59	<b>02:21:33.95</b>	<b>02:21:33.95</b>	+01:00:05 (42.4%)	11:47	5.1 (58.0%)
196	<b>JURCZYGA Maciej</b>	<b>4221</b>		Open Masters Mężczyzn	30	10:15	00:33:18	<b>02:21:36.15</b>	<b>02:21:36.15</b>	+01:00:07 (42.5%)	11:48	5.1 (58.0%)
197	<b>STARZYK Sebastian</b>	<b>3053</b>	OCR TEAM DĘBICA	Elite Mężczyzn	43	07:40	00:24:09	<b>02:21:38.55</b>	<b>02:21:38.55</b>	+01:00:10 (42.5%)	11:48	5.1 (58.0%)
198	<b>KOWAL Faustyna</b>	<b>4057</b>	HELTON TEAM	Open Kobiet	6	10:00	00:33:39	<b>02:21:39.35</b>	<b>02:21:39.35</b>	+01:00:11 (42.5%)	11:48	5.1 (58.0%)
199	<b>GALAS Marcin</b>	<b>4107</b>		Open Mężczyzn	115	10:00	00:30:14	<b>02:21:44.05</b>	<b>02:21:44.05</b>	+01:00:15 (42.5%)	11:48	5.1 (58.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
200	<b>PŁOCINIAK Adam</b>	<b>3287</b>	ŁOBDRZISTANI	Open Mężczyzn	116	08:15	00:28:39	<b>02:21:45.15</b>	<b>02:21:45.15</b>	+01:00:16 (42.5%)	11:48	5.1 (58.0%)
201	<b>WITKOWSKI Paweł</b>	<b>3259</b>		Open Mężczyzn	117	08:00	00:31:03	<b>02:21:47.05</b>	<b>02:21:47.05</b>	+01:00:18 (42.5%)	11:48	5.1 (58.0%)
202	<b>BARCIK Karolina</b>	<b>3608</b>	KLUSKA ON THE TRACK	Open Kobiet	7	09:00	00:26:27	<b>02:21:48.90</b>	<b>02:21:48.90</b>	+01:00:20 (42.6%)	11:49	5.1 (58.0%)
203	<b>ZAWADZKI Rafał</b>	<b>3609</b>	KLUSKA ON THE TRACK	Open Mężczyzn	118	09:00	00:26:17	<b>02:21:49.40</b>	<b>02:21:49.40</b>	+01:00:21 (42.6%)	11:49	5.1 (58.0%)
204	<b>OGONOWSKI Dariusz</b>	<b>3571</b>		Open Mężczyzn	119	08:45	00:26:02	<b>02:21:55.25</b>	<b>02:21:55.25</b>	+01:00:26 (42.6%)	11:49	5.1 (58.0%)
205	<b>BAŁDYGA Daniel</b>	<b>3061</b>	SOCIOS SILESIA	Elite Mężczyzn	44	07:40	00:24:25	<b>02:21:57.55</b>	<b>02:21:57.55</b>	+01:00:29 (42.6%)	11:49	5.1 (58.0%)
206	<b>MARTUSZEWSKI Ryszard</b>	<b>3236</b>		Open Masters Mężczyzn	31	08:00	00:33:13	<b>02:21:58.95</b>	<b>02:21:58.95</b>	+01:00:30 (42.6%)	11:49	5.1 (58.0%)
207	<b>HYDZIK Dawid</b>	<b>3026</b>	ELECTROLUX ŚWIDNICA	Open Mężczyzn	120	07:40	00:26:50	<b>02:21:59.20</b>	<b>02:21:59.20</b>	+01:00:30 (42.6%)	11:49	5.1 (58.0%)
208	<b>KULAGA Peter</b>	<b>3038</b>	HUSARIA RACE TEAM	Open Mężczyzn	121	07:40	00:25:21	<b>02:22:14.10</b>	<b>02:22:14.10</b>	+01:00:45 (42.7%)	11:51	5.1 (58.0%)
209	<b>SALWICZEK Adrian</b>	<b>3288</b>	ŁOBDRZISTANI	Open Masters Mężczyzn	32	08:15	00:30:11	<b>02:22:22.60</b>	<b>02:22:22.60</b>	+01:00:54 (42.8%)	11:51	5.1 (58.0%)
210	<b>HEBA Erwin</b>	<b>3187</b>	KOCHAM SŁODKIE	Open Mężczyzn	122	08:00	00:23:35	<b>02:22:34.55</b>	<b>02:22:34.55</b>	+01:01:06 (42.9%)	11:52	5.1 (58.0%)
211	<b>LEWANDOWSKI Mariusz</b>	<b>4226</b>		Open Mężczyzn	123	10:15	00:28:17	<b>02:22:37.45</b>	<b>02:22:37.45</b>	+01:01:09 (42.9%)	11:53	5 (56.8%)
212	<b>SPYRA Jacek</b>	<b>3289</b>	ŁOBDRZISTANI	Open Mężczyzn	124	08:15	00:30:12	<b>02:22:38.20</b>	<b>02:22:38.20</b>	+01:01:09 (42.9%)	11:53	5 (56.8%)
213	<b>MATERA Tomasz</b>	<b>3452</b>		Open Mężczyzn	125	08:30	00:31:47	<b>02:23:11.10</b>	<b>02:23:11.10</b>	+01:01:42 (43.1%)	11:55	5 (56.8%)
214	<b>DENKIEWICZ Robert</b>	<b>4323</b>		Open Mężczyzn	126	10:30	00:23:18	<b>02:23:37.85</b>	<b>02:23:37.85</b>	+01:02:09 (43.3%)	11:58	5 (56.8%)
215	<b>KONSEK Mateusz</b>	<b>3636</b>	ROSSMANN POZYTYWNIIE ZAKRĘCENI	Open Mężczyzn	127	09:00	00:28:41	<b>02:23:38.90</b>	<b>02:23:38.90</b>	+01:02:10 (43.3%)	11:58	5 (56.8%)
216	<b>LOKAJ Stefania</b>	<b>3528</b>	ROSSMANN POZYTYWNIIE ZAKRĘCENI	Open Kobiet	8	08:45	00:29:01	<b>02:23:44.25</b>	<b>02:23:44.25</b>	+01:02:15 (43.3%)	11:58	5 (56.8%)
217	<b>HOLEWA Michał</b>	<b>3478</b>	ACADEMIA GORILA	Open Mężczyzn	128	08:45	00:29:02	<b>02:23:45.80</b>	<b>02:23:45.80</b>	+01:02:17 (43.3%)	11:58	5 (56.8%)
218	<b>MURSZEWski Maciej</b>	<b>3454</b>		Open Mężczyzn	129	08:30	00:29:37	<b>02:23:47.00</b>	<b>02:23:47.00</b>	+01:02:18 (43.3%)	11:58	5 (56.8%)
219	<b>MICIŃSKI Paweł</b>	<b>3351</b>		Open Mężczyzn	130	08:15	00:26:49	<b>02:23:51.35</b>	<b>02:23:51.35</b>	+01:02:23 (43.4%)	11:59	5 (56.8%)
220	<b>KIĆ Tomasz</b>	<b>4114</b>		Open Mężczyzn	131	10:00	00:27:26	<b>02:23:57.45</b>	<b>02:23:57.45</b>	+01:02:29 (43.4%)	11:59	5 (56.8%)
221	<b>RADECKI Mariusz</b>	<b>3587</b>	BOLI MNIE KOLANO TEAM	Open Mężczyzn	132	09:00	00:27:59	<b>02:24:08.50</b>	<b>02:24:08.50</b>	+01:02:40 (43.5%)	12:00	5 (56.8%)
222	<b>SZUBERT Grzegorz</b>	<b>4361</b>		Open Masters Mężczyzn	33	10:00	00:26:45	<b>02:24:12.60</b>	<b>02:24:12.60</b>	+01:02:44 (43.5%)	12:01	5 (56.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
223	<b>MAŃKA Mateusz</b>	<b>3748</b>	SILNI BO ZAWZIĘCI	Open Mężczyzn	133	09:15	00:29:01	<b>02:24:18.25</b>	<b>02:24:18.25</b>	+01:02:49 (43.5%)	12:01	5 (56.8%)
224	<b>MAŃKA Dominik</b>	<b>3747</b>	SILNI BO ZAWZIĘCI	Open Mężczyzn	134	09:15	00:28:21	<b>02:24:25.55</b>	<b>02:24:25.55</b>	+01:02:57 (43.6%)	12:02	5 (56.8%)
225	<b>STASZEK Przemysław</b>	<b>3922</b>		Open Masters Mężczyzn	34	09:30	00:27:42	<b>02:24:27.90</b>	<b>02:24:27.90</b>	+01:02:59 (43.6%)	12:02	5 (56.8%)
226	<b>KRAWCZYK Magdalena</b>	<b>3746</b>	SILNI BO ZAWZIĘCI	Open Kobiet	9	09:15	00:28:24	<b>02:24:29.15</b>	<b>02:24:29.15</b>	+01:03:00 (43.6%)	12:02	5 (56.8%)
227	<b>BURDA Bogusława</b>	<b>3974</b>	SILNI BO ZAWZIĘCI	Open Masters Kobiet	2	09:15	00:29:08	<b>02:24:30.55</b>	<b>02:24:30.55</b>	+01:03:02 (43.6%)	12:02	5 (56.8%)
228	<b>SERWACZAK Paweł</b>	<b>3803</b>		Open Mężczyzn	135	09:15	00:32:35	<b>02:24:32.00</b>	<b>02:24:32.00</b>	+01:03:03 (43.6%)	12:02	5 (56.8%)
229	<b>ZIELONKA Grzegorz</b>	<b>4041</b>		Open Mężczyzn	136	09:45	00:30:09	<b>02:24:33.75</b>	<b>02:24:33.75</b>	+01:03:05 (43.6%)	12:02	5 (56.8%)
230	<b>KRAMORZ Michał</b>	<b>3586</b>	BOLI MNIE KOLANO TEAM	Open Mężczyzn	137	09:00	00:27:58	<b>02:24:45.60</b>	<b>02:24:45.60</b>	+01:03:17 (43.7%)	12:03	5 (56.8%)
231	<b>SOSNA Paweł</b>	<b>3400</b>	SOKÓŁ KNURÓW	Open Mężczyzn	138	08:30	00:29:42	<b>02:24:54.05</b>	<b>02:24:54.05</b>	+01:03:25 (43.8%)	12:04	5 (56.8%)
232	<b>DERYŁO Mateusz</b>	<b>3647</b>	SOCIOS SILESIA	Open Mężczyzn	139	09:00	00:27:28	<b>02:25:16.65</b>	<b>02:25:16.65</b>	+01:03:48 (43.9%)	12:06	5 (56.8%)
233	<b>BANASZCZAK Krzysztof</b>	<b>3968</b>	OFFICIAL POLISH DRINKING TEAM	Open Mężczyzn	140	09:45	00:28:55	<b>02:25:18.80</b>	<b>02:25:18.80</b>	+01:03:50 (43.9%)	12:06	5 (56.8%)
234	<b>KRAJEWSKI Michał</b>	<b>3911</b>		Open Mężczyzn	141	09:30	00:28:54	<b>02:25:27.70</b>	<b>02:25:27.70</b>	+01:03:59 (44.0%)	12:07	5 (56.8%)
235	<b>BEDNARZ Marcin</b>	<b>3642</b>	RUNPATOLA	Open Masters Mężczyzn	35	09:00	00:28:47	<b>02:25:30.20</b>	<b>02:25:30.20</b>	+01:04:01 (44.0%)	12:07	4.9 (55.7%)
236	<b>MORAWKA Dawid</b>	<b>3352</b>		Open Mężczyzn	142	08:15	00:29:46	<b>02:25:33.30</b>	<b>02:25:33.30</b>	+01:04:05 (44.0%)	12:07	4.9 (55.7%)
237	<b>CYPRIAN Dominik</b>	<b>3666</b>		Open Masters Mężczyzn	36	09:00	00:29:33	<b>02:25:43.35</b>	<b>02:25:43.35</b>	+01:04:15 (44.1%)	12:08	4.9 (55.7%)
238	<b>ZOCŁOŃSKI Łukasz</b>	<b>3077</b>	SOCIOS SILESIA	Elite Masters Mężczyzn	5	07:40	00:23:17	<b>02:25:44.40</b>	<b>02:25:44.40</b>	+01:04:16 (44.1%)	12:08	4.9 (55.7%)
239	<b>DE KEIJZER Marc</b>	<b>3975</b>	SILNI BO ZAWZIĘCI	Open Masters Mężczyzn	37	09:15	00:29:04	<b>02:25:48.70</b>	<b>02:25:48.70</b>	+01:04:20 (44.1%)	12:09	4.9 (55.7%)
240	<b>BERNACKI Krzysztof</b>	<b>3585</b>	BOLI MNIE KOLANO TEAM	Open Mężczyzn	143	09:00	00:27:59	<b>02:25:53.00</b>	<b>02:25:53.00</b>	+01:04:24 (44.2%)	12:09	4.9 (55.7%)
241	<b>GRUBA Andrzej</b>	<b>4364</b>		Open Mężczyzn	144	09:00	00:29:25	<b>02:26:03.80</b>	<b>02:26:03.80</b>	+01:04:35 (44.2%)	12:10	4.9 (55.7%)
242	<b>IWAŃSKI Przemysław</b>	<b>3035</b>	HUSARIA RACE TEAM	Elite Mężczyzn	45	07:40	00:25:38	<b>02:26:07.75</b>	<b>02:26:07.75</b>	+01:04:39 (44.2%)	12:10	4.9 (55.7%)
243	<b>PYSZNY Jakub</b>	<b>3985</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	145	09:45	00:27:48	<b>02:26:13.60</b>	<b>02:26:13.60</b>	+01:04:45 (44.3%)	12:11	4.9 (55.7%)
244	<b>DANEL Roman</b>	<b>3413</b>	TI FLUID SYSTEMS	Open Mężczyzn	146	08:30	00:28:46	<b>02:26:14.30</b>	<b>02:26:14.30</b>	+01:04:46 (44.3%)	12:11	4.9 (55.7%)
245	<b>PISAREK Szymon</b>	<b>4129</b>		Open Mężczyzn	147	10:00	00:26:35	<b>02:26:18.20</b>	<b>02:26:18.20</b>	+01:04:49 (44.3%)	12:11	4.9 (55.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
246	<b>RUDOLF Darek</b>	<b>4135</b>		Open Masters Mężczyzn	38	10:00	00:30:23	<b>02:26:18.35</b>	<b>02:26:18.35</b>	+01:04:50 (44.3%)	12:11	4.9 (55.7%)
247	<b>WAJDA Rafał</b>	<b>3697</b>		Open Mężczyzn	148	09:00	00:29:20	<b>02:26:33.95</b>	<b>02:26:33.95</b>	+01:05:05 (44.4%)	12:12	4.9 (55.7%)
248	<b>LEWANDOWSKI Łukasz</b>	<b>4341</b>		Open Mężczyzn	149	10:30	00:25:49	<b>02:26:43.65</b>	<b>02:26:43.65</b>	+01:05:15 (44.5%)	12:13	4.9 (55.7%)
249	<b>BIENIASZ Bogusław</b>	<b>3660</b>		Open Masters Mężczyzn	39	09:00	00:29:19	<b>02:26:51.25</b>	<b>02:26:51.25</b>	+01:05:22 (44.5%)	12:14	4.9 (55.7%)
250	<b>OCIEPA Piotr</b>	<b>3102</b>		Elite Mężczyzn	46	07:40	00:27:59	<b>02:26:53.80</b>	<b>02:26:53.80</b>	+01:05:25 (44.5%)	12:14	4.9 (55.7%)
251	<b>MECHTA Sebastian</b>	<b>3100</b>		Elite Masters Mężczyzn	6	07:40	00:23:46	<b>02:26:59.70</b>	<b>02:26:59.70</b>	+01:05:31 (44.6%)	12:14	4.9 (55.7%)
252	<b>PANDZICH Kamil</b>	<b>3155</b>	CARBON OCR RACING TEAM	Open Mężczyzn	150	08:00	00:28:10	<b>02:27:03.65</b>	<b>02:27:03.65</b>	+01:05:35 (44.6%)	12:15	4.9 (55.7%)
253	<b>WITEK Sławomir</b>	<b>4042</b>	AUUUUU	Open Mężczyzn	151	10:00	00:30:22	<b>02:27:04.25</b>	<b>02:27:04.25</b>	+01:05:35 (44.6%)	12:15	4.9 (55.7%)
254	<b>CHMIELORZ Kamil</b>	<b>3948</b>	CARBON OCR RACING TEAM	Open Mężczyzn	152	09:45	00:37:04	<b>02:27:09.15</b>	<b>02:27:09.15</b>	+01:05:40 (44.6%)	12:15	4.9 (55.7%)
255	<b>ŚANA Radek</b>	<b>3801</b>		Open Mężczyzn	153	09:15	00:28:30	<b>02:27:10.25</b>	<b>02:27:10.25</b>	+01:05:41 (44.6%)	12:15	4.9 (55.7%)
256	<b>MYNAREK Daniel</b>	<b>3239</b>		Open Mężczyzn	154	08:00	00:31:23	<b>02:27:10.55</b>	<b>02:27:10.55</b>	+01:05:42 (44.6%)	12:15	4.9 (55.7%)
257	<b>BŁĄKAŁA Damian</b>	<b>3059</b>	RMF 4RACING TEAM	Elite Mężczyzn	47	07:40	00:29:02	<b>02:27:13.60</b>	<b>02:27:13.60</b>	+01:05:45 (44.7%)	12:16	4.9 (55.7%)
258	<b>GORCZYCA Bartek</b>	<b>4008</b>		Open Mężczyzn	155	09:45	00:31:40	<b>02:27:17.40</b>	<b>02:27:17.40</b>	+01:05:49 (44.7%)	12:16	4.9 (55.7%)
259	<b>ŁĄCKI Wojciech</b>	<b>3233</b>		Open Mężczyzn	156	08:00	00:31:21	<b>02:27:29.45</b>	<b>02:27:29.45</b>	+01:06:01 (44.8%)	12:17	4.9 (55.7%)
260	<b>BARANOWSKI Łukasz</b>	<b>3659</b>		Open Mężczyzn	157	09:00	00:29:28	<b>02:27:29.60</b>	<b>02:27:29.60</b>	+01:06:01 (44.8%)	12:17	4.9 (55.7%)
261	<b>ROSIĄK Paulina</b>	<b>3506</b>	HARPAGAN BEAST	Open Kobiet	10	09:00	00:29:07	<b>02:27:30.50</b>	<b>02:27:30.50</b>	+01:06:02 (44.8%)	12:17	4.9 (55.7%)
262	<b>OLEŚ Adrian</b>	<b>4094</b>	WĘGLOJADY	Open Mężczyzn	158	10:00	00:30:12	<b>02:27:42.65</b>	<b>02:27:42.65</b>	+01:06:14 (44.8%)	12:18	4.9 (55.7%)
263	<b>MURAWSKI Mateusz</b>	<b>4093</b>	WĘGLOJADY	Open Mężczyzn	159	10:00	00:30:13	<b>02:27:42.95</b>	<b>02:27:42.95</b>	+01:06:14 (44.8%)	12:18	4.9 (55.7%)
264	<b>ŚLUSARCZYK Bartłomiej</b>	<b>4284</b>	LKS TĘCZA TENCZYNEK	Open Mężczyzn	160	10:30	00:25:11	<b>02:27:50.10</b>	<b>02:27:50.10</b>	+01:06:21 (44.9%)	12:19	4.9 (55.7%)
265	<b>RAPACZ Sebastian</b>	<b>3600</b>	HARPAGAN BEAST	Open Mężczyzn	161	09:00	00:29:01	<b>02:28:09.60</b>	<b>02:28:09.60</b>	+01:06:41 (45.0%)	12:20	4.9 (55.7%)
266	<b>KUŹNIK Paweł</b>	<b>4016</b>		Open Mężczyzn	162	09:45	00:30:18	<b>02:28:36.00</b>	<b>02:28:36.00</b>	+01:07:07 (45.2%)	12:23	4.8 (54.5%)
267	<b>RADEBERG Paweł</b>	<b>3417</b>	TI FLUID SYSTEMS	Open Mężczyzn	163	08:30	00:29:05	<b>02:28:37.80</b>	<b>02:28:37.80</b>	+01:07:09 (45.2%)	12:23	4.8 (54.5%)
268	<b>NOWAK Dariusz</b>	<b>3796</b>		Open Mężczyzn	164	09:15	00:32:31	<b>02:28:44.10</b>	<b>02:28:44.10</b>	+01:07:15 (45.2%)	12:23	4.8 (54.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
269	<b>PIASECKI Jakub</b>	<b>3919</b>		Open Mężczyzn	165	09:30	00:28:23	<b>02:28:44.55</b>	<b>02:28:44.55</b>	+01:07:16 (45.2%)	12:23	4.8 (54.5%)
270	<b>MIERZICKI Marcel</b>	<b>3058</b>	POWER TRAINING	Open Mężczyzn	166	07:40	00:27:23	<b>02:28:46.45</b>	<b>02:28:46.45</b>	+01:07:18 (45.2%)	12:23	4.8 (54.5%)
271	<b>GRYSZTAR Jakub</b>	<b>3337</b>		Open Mężczyzn	167	08:15	00:29:48	<b>02:29:01.95</b>	<b>02:29:01.95</b>	+01:07:33 (45.3%)	12:25	4.8 (54.5%)
272	<b>FAŁEK Krzysztof</b>	<b>3517</b>	ŁAMIGNATY	Open Masters Mężczyzn	40	08:45	00:30:36	<b>02:29:10.85</b>	<b>02:29:10.85</b>	+01:07:42 (45.4%)	12:25	4.8 (54.5%)
273	<b>ZARYCZNY Mateusz</b>	<b>3964</b>	LEWA W GÓRE NS	Open Mężczyzn	168	10:30	00:35:26	<b>02:29:15.05</b>	<b>02:29:15.05</b>	+01:07:46 (45.4%)	12:26	4.8 (54.5%)
274	<b>BIĄŁAS Krzysztof</b>	<b>3516</b>	ŁAMIGNATY	Open Masters Mężczyzn	41	08:45	00:30:34	<b>02:29:17.25</b>	<b>02:29:17.25</b>	+01:07:48 (45.4%)	12:26	4.8 (54.5%)
275	<b>GOMOLA Zbigniew</b>	<b>3518</b>	ŁAMIGNATY	Open Masters Mężczyzn	42	08:45	00:30:34	<b>02:29:17.60</b>	<b>02:29:17.60</b>	+01:07:49 (45.4%)	12:26	4.8 (54.5%)
276	<b>TREBUNIA Kamil</b>	<b>3814</b>	ANANAS SQUAD	Open Mężczyzn	169	09:30	00:25:52	<b>02:29:22.40</b>	<b>02:29:22.40</b>	+01:07:54 (45.5%)	12:26	4.8 (54.5%)
277	<b>KRÓL Przemysław</b>	<b>4014</b>		Open Mężczyzn	170	10:00	00:35:36	<b>02:22:20.30</b>	<b>02:29:22.50</b>	+01:07:54 (45.5%)	11:51	5.1 (58.0%)
278	<b>MANOWSKI Adrian</b>	<b>3381</b>	GRYFNE CHŁOPAKI	Open Mężczyzn	171	08:30	00:30:42	<b>02:29:32.35</b>	<b>02:29:32.35</b>	+01:08:04 (45.5%)	12:27	4.8 (54.5%)
279	<b>GRZYWA Michał</b>	<b>3435</b>		Open Mężczyzn	172	08:30	00:30:41	<b>02:29:33.45</b>	<b>02:29:33.45</b>	+01:08:05 (45.5%)	12:27	4.8 (54.5%)
280	<b>GAWINKOWSKI Janusz</b>	<b>3212</b>		Open Mężczyzn	173	08:00	00:29:28	<b>02:29:37.05</b>	<b>02:29:37.05</b>	+01:08:08 (45.5%)	12:28	4.8 (54.5%)
281	<b>PAWLICZEK Przemysław</b>	<b>3242</b>		Open Mężczyzn	174	08:00	00:29:41	<b>02:29:40.30</b>	<b>02:29:40.30</b>	+01:08:12 (45.6%)	12:28	4.8 (54.5%)
282	<b>BOBER Maciej</b>	<b>4098</b>		Open Mężczyzn	175	10:00	00:31:05	<b>02:29:43.25</b>	<b>02:29:43.25</b>	+01:08:14 (45.6%)	12:28	4.8 (54.5%)
283	<b>JUREK Kacper</b>	<b>3943</b>	ARTEMIS TEAM MIELEC	Open Mężczyzn	176	09:45	00:27:00	<b>02:29:45.20</b>	<b>02:29:45.20</b>	+01:08:16 (45.6%)	12:28	4.8 (54.5%)
284	<b>LEŚNIAK Kamil</b>	<b>3944</b>	ARTEMIS TEAM MIELEC	Open Mężczyzn	177	09:45	00:27:03	<b>02:29:45.55</b>	<b>02:29:45.55</b>	+01:08:17 (45.6%)	12:28	4.8 (54.5%)
285	<b>KUŹNIK Janusz</b>	<b>4015</b>		Open Mężczyzn	178	09:45	00:30:18	<b>02:29:48.35</b>	<b>02:29:48.35</b>	+01:08:20 (45.6%)	12:29	4.8 (54.5%)
286	<b>MAGOŃ Łukasz</b>	<b>3122</b>	HUSARIA RACE TEAM	Elite Mężczyzn	48	07:40	00:31:21	<b>02:29:49.15</b>	<b>02:29:49.15</b>	+01:08:20 (45.6%)	12:29	4.8 (54.5%)
287	<b>MAJKOWSKI Konrad</b>	<b>4123</b>		Open Mężczyzn	179	10:00	00:31:55	<b>02:29:49.40</b>	<b>02:29:49.40</b>	+01:08:21 (45.6%)	12:29	4.8 (54.5%)
288	<b>JANCEWICZ Rafał</b>	<b>3218</b>		Open Mężczyzn	180	08:00	00:31:39	<b>02:30:12.85</b>	<b>02:30:12.85</b>	+01:08:44 (45.8%)	12:31	4.8 (54.5%)
289	<b>KALEMBA Mateusz</b>	<b>4367</b>		Open Mężczyzn	181	10:15	00:28:11	<b>02:30:29.50</b>	<b>02:30:29.50</b>	+01:09:01 (45.9%)	12:32	4.8 (54.5%)
290	<b>GIERMEK Michał</b>	<b>3213</b>		Open Mężczyzn	182	08:00	00:29:39	<b>02:30:44.45</b>	<b>02:30:44.45</b>	+01:09:16 (46.0%)	12:33	4.8 (54.5%)
291	<b>KLINOWSKI Andrzej</b>	<b>3267</b>	BLACK GAME TEAM	Open Mężczyzn	183	08:15	00:31:52	<b>02:31:02.10</b>	<b>02:31:02.10</b>	+01:09:33 (46.1%)	12:35	4.8 (54.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
292	<b>KISZNIEWSKI Aleksander</b>	<b>3342</b>		Open Mężczyzn	184	08:15	00:30:08	<b>02:31:02.85</b>	<b>02:31:02.85</b>	+01:09:34 (46.1%)	12:35	4.8 (54.5%)
293	<b>PROCNER Marcin</b>	<b>3268</b>	BLACK GAME TEAM	Open Masters Mężczyzn	43	08:15	00:31:59	<b>02:31:04.60</b>	<b>02:31:04.60</b>	+01:09:36 (46.1%)	12:35	4.8 (54.5%)
294	<b>DENYSIUK Marek</b>	<b>4192</b>	WATAHA	Open Masters Mężczyzn	44	10:15	00:26:36	<b>02:31:06.55</b>	<b>02:31:06.55</b>	+01:09:38 (46.1%)	12:35	4.8 (54.5%)
295	<b>HERÓD Rafał</b>	<b>3314</b>	TS WIELICZANKA	Open Mężczyzn	185	08:15	00:27:51	<b>02:31:27.35</b>	<b>02:31:27.35</b>	+01:09:59 (46.2%)	12:37	4.8 (54.5%)
296	<b>ŻUREK Michał</b>	<b>3316</b>	TS WIELICZANKA	Open Mężczyzn	186	08:15	00:27:47	<b>02:31:29.05</b>	<b>02:31:29.05</b>	+01:10:00 (46.2%)	12:37	4.8 (54.5%)
297	<b>KORZENIOWSKI Mateusz</b>	<b>3315</b>	TS WIELICZANKA	Open Mężczyzn	187	08:15	00:28:00	<b>02:31:32.55</b>	<b>02:31:32.55</b>	+01:10:04 (46.2%)	12:37	4.8 (54.5%)
298	<b>CIĄGŁO Danuta</b>	<b>3770</b>		Open Kobiet	11	09:15	00:30:14	<b>02:31:33.25</b>	<b>02:31:33.25</b>	+01:10:04 (46.2%)	12:37	4.8 (54.5%)
299	<b>ŁUKASZCZYKIEWICZ Andrzej</b>	<b>4122</b>		Open Mężczyzn	188	10:00	00:32:23	<b>02:31:37.95</b>	<b>02:31:37.95</b>	+01:10:09 (46.3%)	12:38	4.7 (53.4%)
300	<b>GÓRKA Dominik</b>	<b>3670</b>		Open Mężczyzn	189	09:00	00:29:16	<b>02:31:39.25</b>	<b>02:31:39.25</b>	+01:10:10 (46.3%)	12:38	4.7 (53.4%)
301	<b>MANNESIEZ François</b>	<b>4263</b>	FEU DU DRAGON	Open Mężczyzn	190	10:15	00:27:33	<b>02:31:40.05</b>	<b>02:31:40.05</b>	+01:10:11 (46.3%)	12:38	4.7 (53.4%)
302	<b>MACZUGA Dawid</b>	<b>4301</b>	OCR TEAM DĘBICA	Open Mężczyzn	191	10:30	00:38:38	<b>02:31:40.85</b>	<b>02:31:40.85</b>	+01:10:12 (46.3%)	12:38	4.7 (53.4%)
303	<b>SANSONNET Clement</b>	<b>4054</b>	FEU DU DRAGON	Open Mężczyzn	192	10:15	00:27:32	<b>02:31:42.55</b>	<b>02:31:42.55</b>	+01:10:14 (46.3%)	12:38	4.7 (53.4%)
304	<b>SURMA Rafał</b>	<b>3519</b>	ŁAMIGNATY	Open Masters Mężczyzn	45	08:45	00:30:24	<b>02:31:49.15</b>	<b>02:31:49.15</b>	+01:10:20 (46.3%)	12:39	4.7 (53.4%)
305	<b>SKWAREK Tomasz</b>	<b>3010</b>	CARBON OCR RACING TEAM	Open Mężczyzn	193	07:40	00:26:02	<b>02:31:55.00</b>	<b>02:31:55.00</b>	+01:10:26 (46.4%)	12:39	4.7 (53.4%)
306	<b>KRZYSZPIEŃ Krzysztof</b>	<b>3228</b>		Open Mężczyzn	194	08:00	00:30:55	<b>02:32:00.60</b>	<b>02:32:00.60</b>	+01:10:32 (46.4%)	12:40	4.7 (53.4%)
307	<b>KASZOK Dawid</b>	<b>3222</b>		Open Mężczyzn	195	08:00	00:30:59	<b>02:32:00.75</b>	<b>02:32:00.75</b>	+01:10:32 (46.4%)	12:40	4.7 (53.4%)
308	<b>ŚLIWA Konrad</b>	<b>3251</b>		Open Mężczyzn	196	08:00	00:30:55	<b>02:32:00.80</b>	<b>02:32:00.80</b>	+01:10:32 (46.4%)	12:40	4.7 (53.4%)
309	<b>JAROSZ Bartłomiej</b>	<b>3415</b>	TI FLUID SYSTEMS	Open Mężczyzn	197	08:30	00:28:45	<b>02:32:15.55</b>	<b>02:32:15.55</b>	+01:10:47 (46.5%)	12:41	4.7 (53.4%)
310	<b>JURECZKA Łukasz</b>	<b>3066</b>	SOCIOS SILESIA	Elite Mężczyzn	49	07:40	00:25:26	<b>02:32:30.25</b>	<b>02:32:30.25</b>	+01:11:01 (46.6%)	12:42	4.7 (53.4%)
311	<b>GWÓZDŹ Dawid</b>	<b>3555</b>		Open Mężczyzn	198	08:45	00:35:22	<b>02:32:51.85</b>	<b>02:32:51.85</b>	+01:11:23 (46.7%)	12:44	4.7 (53.4%)
312	<b>FILUSZ Magdalena</b>	<b>4005</b>		Open Kobiet	12	09:45	00:31:39	<b>02:32:52.75</b>	<b>02:32:52.75</b>	+01:11:24 (46.7%)	12:44	4.7 (53.4%)
313	<b>AUGUSTYN Wojciech</b>	<b>4385</b>	W.A.	Open Mężczyzn	199	10:00	00:27:11	<b>02:32:57.70</b>	<b>02:32:57.70</b>	+01:11:29 (46.7%)	12:44	4.7 (53.4%)
314	<b>CHEĆIŃSKA Anita</b>	<b>3265</b>	AJD	Open Kobiet	13	08:15	00:31:03	<b>02:33:00.45</b>	<b>02:33:00.45</b>	+01:11:32 (46.8%)	12:45	4.7 (53.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
315	WOŹNICZKA Filip	3472		Open Mężczyzn	200	08:30	00:31:04	02:33:01.70	02:33:01.70	+01:11:33 (46.8%)	12:45	4.7 (53.4%)
316	BAJDAK Damian	3543		Open Mężczyzn	201	08:45	00:35:20	02:33:04.30	02:33:04.30	+01:11:36 (46.8%)	12:45	4.7 (53.4%)
317	PIESIURA Krzysztof	3202	SOCIOS SILESIA	Open Mężczyzn	202	08:00	00:27:13	02:33:05.65	02:33:05.65	+01:11:37 (46.8%)	12:45	4.7 (53.4%)
318	ŚWIEGODA Karol	3469		Open Masters Mężczyzn	46	08:30	00:31:05	02:33:07.50	02:33:07.50	+01:11:39 (46.8%)	12:45	4.7 (53.4%)
319	ANTOSZ Maciej	4000		Open Mężczyzn	203	09:45	00:31:41	02:33:24.35	02:33:24.35	+01:11:56 (46.9%)	12:47	4.7 (53.4%)
320	ROSIAK Sebastian	3601	HARPAGAN BEAST	Open Mężczyzn	204	09:00	00:29:04	02:33:25.60	02:33:25.60	+01:11:57 (46.9%)	12:47	4.7 (53.4%)
321	CEMPULIK Michał	3165	FABRYKA FORMY BYTOM	Open Mężczyzn	205	08:00	00:29:13	02:33:36.85	02:33:36.85	+01:12:08 (47.0%)	12:48	4.7 (53.4%)
322	MOSKWA Jakub	3298	ŁOWCY PIEROŻKÓW	Open Mężczyzn	206	08:15	00:37:27	02:33:48.95	02:33:48.95	+01:12:20 (47.0%)	12:49	4.7 (53.4%)
323	MASTALERZ Grzegorz	3451		Open Mężczyzn	207	08:30	00:28:07	02:33:57.70	02:33:57.70	+01:12:29 (47.1%)	12:49	4.7 (53.4%)
324	KANCZKOWSKI Janusz	3614	MIESZKO	Open Mężczyzn	208	09:00	00:30:39	02:34:09.60	02:34:09.60	+01:12:41 (47.2%)	12:50	4.7 (53.4%)
325	UDRO Przemysław	3649	SOCIOS SILESIA	Open Mężczyzn	209	09:45	00:34:37	02:34:10.05	02:34:10.05	+01:12:41 (47.2%)	12:50	4.7 (53.4%)
326	WIERZBOWSKA Magdalena	3169	FABRYKA FORMY BYTOM	Open Kobiet	14	08:00	00:29:11	02:34:12.75	02:34:12.75	+01:12:44 (47.2%)	12:51	4.7 (53.4%)
327	PIETRASZ Krzysztof	3684		Open Mężczyzn	210	09:00	00:30:27	02:34:21.35	02:34:21.35	+01:12:53 (47.2%)	12:51	4.7 (53.4%)
328	SAROSIEK Artur	3326	ZBÓJ TEAM	Open Mężczyzn	211	08:15	00:32:14	02:34:33.05	02:34:33.05	+01:13:04 (47.3%)	12:52	4.7 (53.4%)
329	DZIOBA Krystian	4186	SPARTAŃSKA DZICZ	Open Mężczyzn	212	10:15	00:29:53	02:34:35.60	02:34:35.60	+01:13:07 (47.3%)	12:52	4.7 (53.4%)
329	SARAD Krzysztof	4187	SPARTAŃSKA DZICZ	Open Mężczyzn	213	10:15	00:29:56	02:34:35.60	02:34:35.60	+01:13:07 (47.3%)	12:52	4.7 (53.4%)
331	CZARNIK Marek	4185	SPARTAŃSKA DZICZ	Open Mężczyzn	214	10:15	00:29:51	02:34:36.45	02:34:36.45	+01:13:08 (47.3%)	12:53	4.7 (53.4%)
332	POTOCZEK Dawid	4350		Open Mężczyzn	215	10:30	00:30:39	02:34:37.20	02:34:37.20	+01:13:08 (47.3%)	12:53	4.7 (53.4%)
333	GILEWSKI Mateusz	3552		Open Mężczyzn	216	08:45	00:28:28	02:34:38.90	02:34:38.90	+01:13:10 (47.3%)	12:53	4.7 (53.4%)
334	OCHWAT Aleksandra	3611	KUŹNIA DAMIANA	Open Masters Kobiet	3	09:00	00:33:49	02:34:42.50	02:34:42.50	+01:13:14 (47.3%)	12:53	4.7 (53.4%)
335	KMIECIAK Bogdan	3678		Open Masters Mężczyzn	47	09:00	00:30:26	02:34:51.25	02:34:51.25	+01:13:22 (47.4%)	12:54	4.6 (52.3%)
336	LEWICKI Mateusz	4257	DECATHLON RZESZÓW/FITNESS FOR LIFE	Open Mężczyzn	217	10:30	00:38:03	02:34:51.65	02:34:51.65	+01:13:23 (47.4%)	12:54	4.6 (52.3%)
337	PETRAŻYCKI Sebastian	4349		Open Mężczyzn	218	10:30	00:30:40	02:34:58.55	02:34:58.55	+01:13:30 (47.4%)	12:54	4.6 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
338	<b>KASPERCZYK Damian</b>	<b>3295</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	219	08:15	00:37:31	<b>02:35:00.65</b>	<b>02:35:00.65</b>	+01:13:32 (47.4%)	12:55	4.6 (52.3%)
339	<b>LEWCZUK Jakub</b>	<b>3266</b>	AJD	Open Mężczyzn	220	08:15	00:31:03	<b>02:35:02.00</b>	<b>02:35:02.00</b>	+01:13:33 (47.4%)	12:55	4.6 (52.3%)
340	<b>TOKARSKI Lukasz</b>	<b>3695</b>		Open Masters Mężczyzn	48	09:00	00:28:38	<b>02:35:07.30</b>	<b>02:35:07.30</b>	+01:13:39 (47.5%)	12:55	4.6 (52.3%)
341	<b>BRZOZOWSKI Zbigniew</b>	<b>3765</b>		Open Masters Mężczyzn	49	09:15	00:29:03	<b>02:35:16.70</b>	<b>02:35:16.70</b>	+01:13:48 (47.5%)	12:56	4.6 (52.3%)
342	<b>KUCZERA Piotr</b>	<b>3785</b>		Open Mężczyzn	221	09:15	00:31:21	<b>02:35:23.45</b>	<b>02:35:23.45</b>	+01:13:55 (47.6%)	12:56	4.6 (52.3%)
343	<b>OLEJNIK Konrad</b>	<b>3121</b>		Open Mężczyzn	222	07:40	00:26:25	<b>02:35:26.80</b>	<b>02:35:26.80</b>	+01:13:58 (47.6%)	12:57	4.6 (52.3%)
344	<b>SZULC Piotr</b>	<b>4036</b>		Open Mężczyzn	223	09:45	00:28:51	<b>02:35:51.40</b>	<b>02:35:51.40</b>	+01:14:23 (47.7%)	12:59	4.6 (52.3%)
345	<b>RZESZOWSKI Tomasz</b>	<b>3464</b>		Open Masters Mężczyzn	50	08:30	00:35:03	<b>02:36:00.60</b>	<b>02:36:00.60</b>	+01:14:32 (47.8%)	13:00	4.6 (52.3%)
346	<b>PARAFINIUK Michał</b>	<b>3573</b>		Open Mężczyzn	224	08:45	00:27:25	<b>02:36:08.65</b>	<b>02:36:08.65</b>	+01:14:40 (47.8%)	13:00	4.6 (52.3%)
347	<b>KACPRZAK Konrad</b>	<b>3884</b>	ROSSMANN	Open Mężczyzn	225	09:30	00:34:05	<b>02:36:12.20</b>	<b>02:36:12.20</b>	+01:14:43 (47.8%)	13:01	4.6 (52.3%)
348	<b>WAŁASZEK Iwona</b>	<b>4058</b>	HELTON TEAM	Open Kobiet	15	10:00	00:31:41	<b>02:36:22.05</b>	<b>02:36:22.05</b>	+01:14:53 (47.9%)	13:01	4.6 (52.3%)
349	<b>KOBLUK Jakub</b>	<b>3816</b>	BIAŁY_MIŚ	Open Mężczyzn	226	09:30	00:33:33	<b>02:36:26.40</b>	<b>02:36:26.40</b>	+01:14:58 (47.9%)	13:02	4.6 (52.3%)
350	<b>JANOSZ Rafał</b>	<b>4160</b>	FUNKY GYM TEAM	Open Mężczyzn	227	10:15	00:28:09	<b>02:36:28.70</b>	<b>02:36:28.70</b>	+01:15:00 (47.9%)	13:02	4.6 (52.3%)
351	<b>JAGIELSKI Andrzej</b>	<b>3815</b>	BIAŁY_MIŚ	Open Mężczyzn	228	09:30	00:33:32	<b>02:36:29.95</b>	<b>02:36:29.95</b>	+01:15:01 (47.9%)	13:02	4.6 (52.3%)
352	<b>BIELENIN Wojciech</b>	<b>3632</b>	PĘDZĄCE MAMUTY	Open Mężczyzn	229	09:00	00:32:40	<b>02:36:33.20</b>	<b>02:36:33.20</b>	+01:15:04 (48.0%)	13:02	4.6 (52.3%)
353	<b>KURIATA Marcin</b>	<b>4161</b>	FUNKY GYM TEAM	Open Mężczyzn	230	10:15	00:28:09	<b>02:36:37.75</b>	<b>02:36:37.75</b>	+01:15:09 (48.0%)	13:03	4.6 (52.3%)
354	<b>KAPLER Tomasz</b>	<b>4333</b>		Open Mężczyzn	231	10:30	00:34:55	<b>02:36:38.00</b>	<b>02:36:38.00</b>	+01:15:09 (48.0%)	13:03	4.6 (52.3%)
355	<b>WÓJCIAK Kamil</b>	<b>3927</b>		Open Mężczyzn	232	09:30	00:28:33	<b>02:36:46.30</b>	<b>02:36:46.30</b>	+01:15:18 (48.0%)	13:03	4.6 (52.3%)
356	<b>ŚWIĄDER Adam</b>	<b>3633</b>	PĘDZĄCE MAMUTY	Open Mężczyzn	233	09:00	00:32:44	<b>02:36:51.15</b>	<b>02:36:51.15</b>	+01:15:22 (48.1%)	13:04	4.6 (52.3%)
357	<b>JAMRÓZ Kamil</b>	<b>3285</b>	LUBIĘ BURPEES'Y	Open Mężczyzn	234	08:15	00:34:48	<b>02:37:02.80</b>	<b>02:37:02.80</b>	+01:15:34 (48.1%)	13:05	4.6 (52.3%)
358	<b>PAWELEC Aleksandra</b>	<b>3179</b>	HUSARIA RACE TEAM	Open Kobiet	16	08:00	00:33:20	<b>02:37:15.25</b>	<b>02:37:15.25</b>	+01:15:46 (48.2%)	13:06	4.6 (52.3%)
359	<b>MODELSKI Piotr</b>	<b>4360</b>		Open Mężczyzn	235	10:30	00:31:45	<b>02:37:16.90</b>	<b>02:37:16.90</b>	+01:15:48 (48.2%)	13:06	4.6 (52.3%)
360	<b>WOŹNIAK Przemysław</b>	<b>4356</b>		Open Mężczyzn	236	10:30	00:29:49	<b>02:37:22.65</b>	<b>02:37:22.65</b>	+01:15:54 (48.2%)	13:06	4.6 (52.3%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
361	<b>KOZIEŁ Wojciech</b>	<b>4011</b>		Open Mężczyzn	237	09:45	00:34:03	<b>02:37:33.35</b>	<b>02:37:33.35</b>	+01:16:05 (48.3%)	13:07	4.6 (52.3%)
362	<b>JEDRUSZAK Milena</b>	<b>4219</b>		Open Kobiet	17	10:15	00:32:03	<b>02:37:38.65</b>	<b>02:37:38.65</b>	+01:16:10 (48.3%)	13:08	4.6 (52.3%)
363	<b>MATYSEK Marcin</b>	<b>3237</b>		Open Mężczyzn	238	08:00	00:32:35	<b>02:37:39.00</b>	<b>02:37:39.00</b>	+01:16:10 (48.3%)	13:08	4.6 (52.3%)
364	<b>POPIK Szymon</b>	<b>3760</b>	ZLOT MIŁOŚNIKÓW PEŁNEGO KIELISZKA	Open Mężczyzn	239	09:15	00:30:49	<b>02:37:48.35</b>	<b>02:37:48.35</b>	+01:16:20 (48.4%)	13:09	4.6 (52.3%)
365	<b>PIWOWAR Jacek</b>	<b>4238</b>		Open Masters Mężczyzn	51	10:15	00:31:50	<b>02:37:50.45</b>	<b>02:37:50.45</b>	+01:16:22 (48.4%)	13:09	4.6 (52.3%)
366	<b>BARAN Dawid</b>	<b>3276</b>	DZICY OGRODNICY	Open Mężczyzn	240	08:15	00:30:33	<b>02:37:54.45</b>	<b>02:37:54.45</b>	+01:16:26 (48.4%)	13:09	4.6 (52.3%)
367	<b>KRYSTA Klaudia</b>	<b>4373</b>		Open Kobiet	18	09:15	00:33:54	<b>02:37:58.15</b>	<b>02:37:58.15</b>	+01:16:29 (48.4%)	13:09	4.6 (52.3%)
367	<b>JANDA Sebastian</b>	<b>3758</b>	WISS RUNNING TEAM	Open Masters Mężczyzn	52	09:15	00:33:55	<b>02:37:58.15</b>	<b>02:37:58.15</b>	+01:16:29 (48.4%)	13:09	4.6 (52.3%)
369	<b>WOŹNIAK Wojciech</b>	<b>3759</b>	WISS RUNNING TEAM	Open Masters Mężczyzn	53	09:15	00:33:53	<b>02:37:58.30</b>	<b>02:37:58.30</b>	+01:16:30 (48.4%)	13:09	4.6 (52.3%)
370	<b>NOWAK Mateusz</b>	<b>3915</b>		Open Mężczyzn	241	09:30	00:33:41	<b>02:38:29.15</b>	<b>02:38:29.15</b>	+01:17:00 (48.6%)	13:12	4.5 (51.1%)
371	<b>BANACH Mariusz</b>	<b>3905</b>		Open Mężczyzn	242	09:30	00:33:40	<b>02:38:29.65</b>	<b>02:38:29.65</b>	+01:17:01 (48.6%)	13:12	4.5 (51.1%)
372	<b>NOWOTARSKI Jakub</b>	<b>3916</b>		Open Mężczyzn	243	09:30	00:33:42	<b>02:38:29.70</b>	<b>02:38:29.70</b>	+01:17:01 (48.6%)	13:12	4.5 (51.1%)
373	<b>KANIEWSKI Artur</b>	<b>4222</b>		Open Masters Mężczyzn	54	10:15	00:30:17	<b>02:38:34.15</b>	<b>02:38:34.15</b>	+01:17:05 (48.6%)	13:12	4.5 (51.1%)
374	<b>BORTLIK Przemysław</b>	<b>3089</b>		Elite Mężczyzn	50	07:40	00:22:46	<b>02:38:36.25</b>	<b>02:38:36.25</b>	+01:17:07 (48.6%)	13:13	4.5 (51.1%)
375	<b>MROZIŃSKI Zbigniew</b>	<b>3914</b>		Open Mężczyzn	244	09:30	00:34:06	<b>02:38:40.30</b>	<b>02:38:40.30</b>	+01:17:12 (48.7%)	13:13	4.5 (51.1%)
376	<b>WRONA Agnieszka Michalina</b>	<b>3473</b>		Open Kobiet	19	08:30	00:32:54	<b>02:38:49.95</b>	<b>02:38:49.95</b>	+01:17:21 (48.7%)	13:14	4.5 (51.1%)
377	<b>REMSAK Katarzyna</b>	<b>3461</b>		Open Kobiet	20	08:30	00:32:53	<b>02:38:52.30</b>	<b>02:38:52.30</b>	+01:17:24 (48.7%)	13:14	4.5 (51.1%)
378	<b>TRZASKA Grzegorz</b>	<b>4154</b>	CROSSFIT HELLWOOD	Open Masters Mężczyzn	55	10:15	00:33:55	<b>02:39:22.85</b>	<b>02:39:22.85</b>	+01:17:54 (48.9%)	13:16	4.5 (51.1%)
379	<b>NOWAKOWSKA-TRZASKA Joanna</b>	<b>4153</b>	CROSSFIT HELLWOOD	Open Kobiet	21	10:15	00:33:57	<b>02:39:24.30</b>	<b>02:39:24.30</b>	+01:17:56 (48.9%)	13:17	4.5 (51.1%)
380	<b>DZIEDZIC Dorian</b>	<b>4004</b>		Open Mężczyzn	245	09:45	00:29:00	<b>02:39:25.15</b>	<b>02:39:25.15</b>	+01:17:56 (48.9%)	13:17	4.5 (51.1%)
381	<b>PAJĄK Dominik</b>	<b>4378</b>	BORSUKI, ANIE, GRZYBY	Open Masters Mężczyzn	56	09:15	00:30:41	<b>02:39:27.60</b>	<b>02:39:27.60</b>	+01:17:59 (48.9%)	13:17	4.5 (51.1%)
382	<b>PRENDOTA Grzegorz</b>	<b>4377</b>	BORSUKI, ANIE, GRZYBY	Open Mężczyzn	246	09:15	00:30:40	<b>02:39:29.75</b>	<b>02:39:29.75</b>	+01:18:01 (48.9%)	13:17	4.5 (51.1%)
383	<b>SZYMAŃSKI Krzysztof</b>	<b>3254</b>		Open Mężczyzn	247	08:00	00:32:37	<b>02:39:30.90</b>	<b>02:39:30.90</b>	+01:18:02 (48.9%)	13:17	4.5 (51.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
384	<b>NOWACKI Marek</b>	<b>3570</b>		Open Mężczyzn	248	08:45	00:32:02	<b>02:39:48.55</b>	<b>02:39:48.55</b>	+01:18:20 (49.0%)	13:19	4.5 (51.1%)
385	<b>PAWŁOWSKI Michał</b>	<b>4234</b>		Open Masters Mężczyzn	57	10:15	00:30:16	<b>02:39:54.85</b>	<b>02:39:54.85</b>	+01:18:26 (49.1%)	13:19	4.5 (51.1%)
386	<b>PLINKIEWICZ Kacper</b>	<b>3685</b>		Open Mężczyzn	249	09:00	00:32:30	<b>02:40:08.85</b>	<b>02:40:08.85</b>	+01:18:40 (49.1%)	13:20	4.5 (51.1%)
387	<b>PASON Tomasz</b>	<b>3104</b>		Open Mężczyzn	250	07:40	00:24:27	<b>02:40:10.80</b>	<b>02:40:10.80</b>	+01:18:42 (49.1%)	13:20	4.5 (51.1%)
388	<b>SKWARA Dariusz</b>	<b>4250</b>	CFNS TRAINING	Open Mężczyzn	251	10:30	00:38:39	<b>02:40:13.65</b>	<b>02:40:13.65</b>	+01:18:45 (49.2%)	13:21	4.5 (51.1%)
389	<b>KARPIŃSKI Bartłomiej</b>	<b>3197</b>	RAGNAROK SZCZECIN	Open Mężczyzn	252	08:00	00:29:56	<b>02:40:23.90</b>	<b>02:40:23.90</b>	+01:18:55 (49.2%)	13:21	4.5 (51.1%)
390	<b>MĘKAL Dariusz</b>	<b>3101</b>		Open Mężczyzn	253	07:40	00:29:04	<b>02:40:25.55</b>	<b>02:40:25.55</b>	+01:18:57 (49.2%)	13:22	4.5 (51.1%)
391	<b>BIZOŃ-GLIŃSKA Aneta</b>	<b>3479</b>	BLACKSHEEP TEAM	Open Kobiet	22	08:45	00:30:46	<b>02:40:28.90</b>	<b>02:40:28.90</b>	+01:19:00 (49.2%)	13:22	4.5 (51.1%)
392	<b>GLIŃSKI Tomasz</b>	<b>3480</b>	BLACKSHEEP TEAM	Open Mężczyzn	254	08:45	00:30:48	<b>02:40:30.80</b>	<b>02:40:30.80</b>	+01:19:02 (49.2%)	13:22	4.5 (51.1%)
393	<b>STANCLIK Grzegorz</b>	<b>3466</b>		Open Masters Mężczyzn	58	08:30	00:33:14	<b>02:40:53.85</b>	<b>02:40:53.85</b>	+01:19:25 (49.4%)	13:24	4.5 (51.1%)
394	<b>DUMAŃSKI Mateusz</b>	<b>4102</b>		Open Mężczyzn	255	10:00	00:32:22	<b>02:40:55.65</b>	<b>02:40:55.65</b>	+01:19:27 (49.4%)	13:24	4.5 (51.1%)
395	<b>RYGOŁ Janusz</b>	<b>3271</b>	CF KUŹNIA DAMIANA	Open Masters Mężczyzn	59	08:15	00:33:26	<b>02:41:01.05</b>	<b>02:41:01.05</b>	+01:19:32 (49.4%)	13:25	4.5 (51.1%)
396	<b>BULIŃSKA Justyna</b>	<b>3426</b>		Open Masters Kobiet	4	08:30	00:33:25	<b>02:41:02.60</b>	<b>02:41:02.60</b>	+01:19:34 (49.4%)	13:25	4.5 (51.1%)
397	<b>RYGOŁ Sylwia</b>	<b>3272</b>	CF KUŹNIA DAMIANA	Open Masters Kobiet	5	08:15	00:33:06	<b>02:41:02.90</b>	<b>02:41:02.90</b>	+01:19:34 (49.4%)	13:25	4.5 (51.1%)
398	<b>ZDERSKA Aneta</b>	<b>3476</b>		Open Masters Kobiet	6	08:30	00:33:35	<b>02:41:16.15</b>	<b>02:41:16.15</b>	+01:19:47 (49.5%)	13:26	4.5 (51.1%)
399	<b>KOWALEWSKI Remigiusz</b>	<b>3910</b>		Open Mężczyzn	256	09:30	00:34:45	<b>02:41:31.00</b>	<b>02:41:31.00</b>	+01:20:02 (49.6%)	13:27	4.5 (51.1%)
400	<b>ŁACIAK Dawid</b>	<b>3321</b>	UTANI GRAN HUR	Open Mężczyzn	257	08:15	00:31:50	<b>02:41:32.45</b>	<b>02:41:32.45</b>	+01:20:04 (49.6%)	13:27	4.5 (51.1%)
401	<b>WRANIK Krzysztof</b>	<b>4174</b>	NIEOKIEŁZNANI	Open Mężczyzn	258	10:15	00:30:59	<b>02:41:44.45</b>	<b>02:41:44.45</b>	+01:20:16 (49.6%)	13:28	4.5 (51.1%)
402	<b>RACZYŃSKI Piotr</b>	<b>4133</b>		Open Mężczyzn	259	10:00	00:35:00	<b>02:41:50.20</b>	<b>02:41:50.20</b>	+01:20:21 (49.7%)	13:29	4.4 (50.0%)
403	<b>PTAK Patrycja</b>	<b>3181</b>	HUSARIA RACE TEAM	Open Kobiet	23	08:00	00:30:03	<b>02:41:51.30</b>	<b>02:41:51.30</b>	+01:20:23 (49.7%)	13:29	4.4 (50.0%)
404	<b>PTAK Daniel</b>	<b>3180</b>	HUSARIA RACE TEAM	Open Mężczyzn	260	08:00	00:30:04	<b>02:41:52.45</b>	<b>02:41:52.45</b>	+01:20:24 (49.7%)	13:29	4.4 (50.0%)
405	<b>SZABŁOWSKI Adam</b>	<b>3003</b>	BASTION	Open Mężczyzn	261	07:40	00:27:56	<b>02:41:54.55</b>	<b>02:41:54.55</b>	+01:20:26 (49.7%)	13:29	4.4 (50.0%)
406	<b>NIEWRZOŁ Tomasz</b>	<b>4173</b>	NIEOKIEŁZNANI	Open Mężczyzn	262	10:15	00:30:46	<b>02:41:54.65</b>	<b>02:41:54.65</b>	+01:20:26 (49.7%)	13:29	4.4 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
407	<b>SZWAN Patryk</b>	<b>3168</b>	FABRYKA FORMY BYTOM	Open Mężczyzn	263	08:00	00:33:09	<b>02:41:55.85</b>	<b>02:41:55.85</b>	+01:20:27 (49.7%)	13:29	4.4 (50.0%)
408	<b>TARGOSZ Wojciech</b>	<b>3494</b>	EXTREME TEAM	Open Mężczyzn	264	08:45	00:32:08	<b>02:42:03.00</b>	<b>02:42:03.00</b>	+01:20:34 (49.7%)	13:30	4.4 (50.0%)
409	<b>MACURA-TARGOSZ Sylwia</b>	<b>3493</b>	EXTREME TEAM	Open Kobiet	24	08:45	00:32:07	<b>02:42:13.90</b>	<b>02:42:13.90</b>	+01:20:45 (49.8%)	13:31	4.4 (50.0%)
410	<b>BOROWIEC Miłosz</b>	<b>3164</b>	FABRYKA FORMY BYTOM	Open Mężczyzn	265	08:00	00:33:10	<b>02:42:14.20</b>	<b>02:42:14.20</b>	+01:20:45 (49.8%)	13:31	4.4 (50.0%)
411	<b>KOTLARZ Dawid</b>	<b>3824</b>	CFNS TRAINING	Open Mężczyzn	266	09:30	00:32:30	<b>02:42:24.20</b>	<b>02:42:24.20</b>	+01:20:55 (49.8%)	13:32	4.4 (50.0%)
412	<b>KOTOŃSKI Jan</b>	<b>4118</b>		Open Mężczyzn	267	10:00	00:32:21	<b>02:42:28.05</b>	<b>02:42:28.05</b>	+01:20:59 (49.9%)	13:32	4.4 (50.0%)
413	<b>ASENDRYCH Konrad</b>	<b>4095</b>		Open Mężczyzn	268	10:00	00:32:21	<b>02:42:32.05</b>	<b>02:42:32.05</b>	+01:21:03 (49.9%)	13:32	4.4 (50.0%)
414	<b>SZKLARSKI Przemysław</b>	<b>3012</b>	CARBON OCR RACING TEAM	Elite Mężczyzn	51	07:40	00:26:54	<b>02:42:35.85</b>	<b>02:42:35.85</b>	+01:21:07 (49.9%)	13:32	4.4 (50.0%)
415	<b>MÓL Marlena</b>	<b>3827</b>	CFNS TRAINING	Open Kobiet	25	09:30	00:32:48	<b>02:42:37.40</b>	<b>02:42:37.40</b>	+01:21:09 (49.9%)	13:33	4.4 (50.0%)
416	<b>GARGAS Paweł</b>	<b>3822</b>	CFNS TRAINING	Open Mężczyzn	269	09:30	00:32:45	<b>02:42:42.35</b>	<b>02:42:42.35</b>	+01:21:14 (49.9%)	13:33	4.4 (50.0%)
417	<b>MÜLLEROVÁ Kateřina</b>	<b>3568</b>		Open Kobiet	26	08:45	00:30:15	<b>02:42:55.95</b>	<b>02:42:55.95</b>	+01:21:27 (50.0%)	13:34	4.4 (50.0%)
418	<b>GAWLAS Marcin</b>	<b>4384</b>		Open Mężczyzn	270	10:15	00:32:18	<b>02:43:07.30</b>	<b>02:43:07.30</b>	+01:21:39 (50.1%)	13:35	4.4 (50.0%)
419	<b>CAREWICZ Marek</b>	<b>3060</b>	RMF4RT GLADIATORS	Elite Masters Mężczyzn	7	07:40	00:29:27	<b>02:43:14.95</b>	<b>02:43:14.95</b>	+01:21:46 (50.1%)	13:36	4.4 (50.0%)
420	<b>WOŹNIAKOWSKI Jan</b>	<b>3739</b>	OPEL ACTIVE TEAM	Open Mężczyzn	271	09:15	00:31:49	<b>02:43:16.10</b>	<b>02:43:16.10</b>	+01:21:47 (50.1%)	13:36	4.4 (50.0%)
421	<b>ŚWIERCZEK Anna</b>	<b>3589</b>	BOOT CAMP POLSKA	Open Kobiet	27	09:00	00:32:23	<b>02:43:25.20</b>	<b>02:43:25.20</b>	+01:21:56 (50.1%)	13:37	4.4 (50.0%)
422	<b>BUCZAK Łukasz</b>	<b>3584</b>	ALKO TEAM RYBNIK	Open Mężczyzn	272	09:00	00:32:07	<b>02:43:30.65</b>	<b>02:43:30.65</b>	+01:22:02 (50.2%)	13:37	4.4 (50.0%)
423	<b>BUBA Mateusz</b>	<b>3969</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	273	09:45	00:34:12	<b>02:43:41.30</b>	<b>02:43:41.30</b>	+01:22:13 (50.2%)	13:38	4.4 (50.0%)
424	<b>BIELICH Adrian</b>	<b>3583</b>	ALKO TEAM RYBNIK	Open Mężczyzn	274	09:00	00:32:15	<b>02:43:46.00</b>	<b>02:43:46.00</b>	+01:22:17 (50.3%)	13:38	4.4 (50.0%)
425	<b>BIENIEK Gabriela</b>	<b>3490</b>	BYLE DO CELU	Open Masters Kobiet	7	08:45	00:33:24	<b>02:43:56.05</b>	<b>02:43:56.05</b>	+01:22:27 (50.3%)	13:39	4.4 (50.0%)
426	<b>BIENIEK Paulina</b>	<b>3491</b>	BYLE DO CELU	Open Kobiet	28	08:45	00:33:28	<b>02:44:01.05</b>	<b>02:44:01.05</b>	+01:22:32 (50.3%)	13:40	4.4 (50.0%)
427	<b>SWIERC Damian</b>	<b>3402</b>	SPARTAN TEAM	Open Mężczyzn	275	08:30	00:33:51	<b>02:44:08.85</b>	<b>02:44:08.85</b>	+01:22:40 (50.4%)	13:40	4.4 (50.0%)
428	<b>SZATKOWSKA Agnieszka</b>	<b>3394</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	29	08:30	00:33:26	<b>02:44:18.70</b>	<b>02:44:18.70</b>	+01:22:50 (50.4%)	13:41	4.4 (50.0%)
429	<b>WILCZYŃSKI Andrzej</b>	<b>3938</b>	ALASKAŃSKIE SMOKI	Open Mężczyzn	276	09:45	00:31:10	<b>02:44:27.85</b>	<b>02:44:27.85</b>	+01:22:59 (50.5%)	13:42	4.4 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
430	<b>PYKA Arkadiusz</b>	<b>4131</b>		Open Mężczyzn	277	10:00	00:30:03	<b>02:44:29.05</b>	<b>02:44:29.05</b>	+01:23:00 (50.5%)	13:42	4.4 (50.0%)
431	<b>GIBAS Dawid</b>	<b>3529</b>	SOCIOS SILESIA	Open Masters Mężczyzn	60	08:45	00:28:50	<b>02:44:32.35</b>	<b>02:44:32.35</b>	+01:23:04 (50.5%)	13:42	4.4 (50.0%)
432	<b>HIBNER Łukasz</b>	<b>3216</b>		Open Mężczyzn	278	08:00	00:33:54	<b>02:44:32.45</b>	<b>02:44:32.45</b>	+01:23:04 (50.5%)	13:42	4.4 (50.0%)
433	<b>SWIERC Magdalena</b>	<b>3403</b>	SPARTAN TEAM	Open Kobiet	30	08:30	00:33:53	<b>02:44:37.50</b>	<b>02:44:37.50</b>	+01:23:09 (50.5%)	13:43	4.4 (50.0%)
434	<b>KUŚNIERSKI Andrzej</b>	<b>4155</b>	CROSTRENING RACIBÓRZ	Open Masters Mężczyzn	61	10:15	00:35:30	<b>02:44:51.80</b>	<b>02:44:51.80</b>	+01:23:23 (50.6%)	13:44	4.4 (50.0%)
435	<b>KASICKI Marcin</b>	<b>4265</b>	FIT PRO EXTREME TEAM	Open Mężczyzn	279	10:30	00:30:56	<b>02:45:00.95</b>	<b>02:45:00.95</b>	+01:23:32 (50.6%)	13:45	4.4 (50.0%)
436	<b>ROZMYŚLAK Patrycja</b>	<b>3248</b>		Open Kobiet	31	08:00	00:33:52	<b>02:45:01.45</b>	<b>02:45:01.45</b>	+01:23:33 (50.6%)	13:45	4.4 (50.0%)
437	<b>GARBOWSKI Maciej</b>	<b>4264</b>	FIT PRO EXTREME TEAM	Open Mężczyzn	280	10:30	00:30:56	<b>02:45:02.90</b>	<b>02:45:02.90</b>	+01:23:34 (50.6%)	13:45	4.4 (50.0%)
438	<b>MAJWALD Marcela</b>	<b>3235</b>		Open Kobiet	32	08:00	00:33:53	<b>02:45:31.75</b>	<b>02:45:31.75</b>	+01:24:03 (50.8%)	13:47	4.4 (50.0%)
439	<b>DUNAJSKI Adrian</b>	<b>4327</b>		Open Mężczyzn	281	10:30	00:30:49	<b>02:45:45.05</b>	<b>02:45:45.05</b>	+01:24:16 (50.8%)	13:48	4.3 (48.9%)
440	<b>ROBAK Sylwester</b>	<b>3247</b>		Open Mężczyzn	282	08:00	00:32:56	<b>02:45:49.20</b>	<b>02:45:49.20</b>	+01:24:20 (50.9%)	13:49	4.3 (48.9%)
441	<b>ZIARKOWSKI Mirosław</b>	<b>3990</b>	STUDIO ENERGIA TEAM RYBNIK	Open Masters Mężczyzn	62	09:45	00:30:35	<b>02:46:01.20</b>	<b>02:46:01.20</b>	+01:24:32 (50.9%)	13:50	4.3 (48.9%)
442	<b>SZYBIAK Paweł</b>	<b>4308</b>	RUNMAGEDDONOWE ŚWIRY	Open Masters Mężczyzn	63	10:30	00:31:08	<b>02:46:01.30</b>	<b>02:46:01.30</b>	+01:24:33 (50.9%)	13:50	4.3 (48.9%)
443	<b>ŁASZCZYCH Krzysztof</b>	<b>4225</b>		Open Mężczyzn	283	10:15	00:33:16	<b>02:46:20.75</b>	<b>02:46:20.75</b>	+01:24:52 (51.0%)	13:51	4.3 (48.9%)
444	<b>CHODZIDŁO Rafał</b>	<b>4211</b>		Open Mężczyzn	284	10:15	00:33:15	<b>02:46:22.10</b>	<b>02:46:22.10</b>	+01:24:53 (51.0%)	13:51	4.3 (48.9%)
445	<b>PAWLIK Krystian</b>	<b>3963</b>	LEWA W GÓRE NS	Open Mężczyzn	285	10:30	00:35:28	<b>02:46:24.50</b>	<b>02:46:24.50</b>	+01:24:56 (51.0%)	13:52	4.3 (48.9%)
446	<b>FRĄCZEK Janusz</b>	<b>4106</b>		Open Mężczyzn	286	10:00	00:30:22	<b>02:46:47.10</b>	<b>02:46:47.10</b>	+01:25:18 (51.2%)	13:53	4.3 (48.9%)
447	<b>WIĘCŁAW Dawid</b>	<b>3262</b>	#SZMATERLOKIWSP	Open Mężczyzn	287	08:15	00:31:04	<b>02:46:50.65</b>	<b>02:46:50.65</b>	+01:25:22 (51.2%)	13:54	4.3 (48.9%)
448	<b>WIĘCŁAW Mirosława</b>	<b>3263</b>	#SZMATERLOKIWSP	Open Kobiet	33	08:15	00:31:06	<b>02:46:53.15</b>	<b>02:46:53.15</b>	+01:25:24 (51.2%)	13:54	4.3 (48.9%)
449	<b>MARCOL Dominika</b>	<b>4380</b>		Open Kobiet	34	10:30	00:36:07	<b>02:47:26.35</b>	<b>02:47:26.35</b>	+01:25:58 (51.3%)	13:57	4.3 (48.9%)
450	<b>KUCHARSKI Rafał</b>	<b>4082</b>	PATUS TEAM	Open Mężczyzn	288	10:00	00:34:57	<b>02:47:39.40</b>	<b>02:47:39.40</b>	+01:26:11 (51.4%)	13:58	4.3 (48.9%)
451	<b>KORDEK Dawid</b>	<b>4081</b>	PATUS TEAM	Open Mężczyzn	289	10:00	00:34:58	<b>02:47:44.55</b>	<b>02:47:44.55</b>	+01:26:16 (51.4%)	13:58	4.3 (48.9%)
452	<b>OWCZAREK Adam</b>	<b>3103</b>		Open Mężczyzn	290	07:40	00:24:14	<b>02:47:44.85</b>	<b>02:47:44.85</b>	+01:26:16 (51.4%)	13:58	4.3 (48.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
453	<b>MAZUR Patrycja</b>	<b>3793</b>		Open Kobiet	35	09:15	00:34:01	<b>02:47:45.50</b>	<b>02:47:45.50</b>	+01:26:17 (51.4%)	13:58	4.3 (48.9%)
454	<b>SKIBA Agnieszka</b>	<b>4031</b>		Open Kobiet	36	09:45	00:31:16	<b>02:47:46.80</b>	<b>02:47:46.80</b>	+01:26:18 (51.4%)	13:58	4.3 (48.9%)
455	<b>PLUTA Krzysztof</b>	<b>3937</b>	ALASKAŃSKIE SMOKI	Open Mężczyzn	291	09:45	00:31:10	<b>02:47:47.10</b>	<b>02:47:47.10</b>	+01:26:18 (51.4%)	13:58	4.3 (48.9%)
456	<b>OSOWSKI Karol</b>	<b>4071</b>	KOCHAM SŁODKIE	Open Mężczyzn	292	10:00	00:32:54	<b>02:47:48.80</b>	<b>02:47:48.80</b>	+01:26:20 (51.5%)	13:59	4.3 (48.9%)
457	<b>FRAS Piotr</b>	<b>4366</b>		Open Masters Mężczyzn	64	10:00	00:31:27	<b>02:47:55.45</b>	<b>02:47:55.45</b>	+01:26:27 (51.5%)	13:59	4.3 (48.9%)
458	<b>DUNAT Robert</b>	<b>4303</b>	PATOSKŁAD	Open Mężczyzn	293	10:30	00:31:39	<b>02:48:05.25</b>	<b>02:48:05.25</b>	+01:26:36 (51.5%)	14:00	4.3 (48.9%)
459	<b>STANASZEK Waldemar</b>	<b>3363</b>		Open Masters Mężczyzn	65	08:15	00:32:48	<b>02:48:05.50</b>	<b>02:48:05.50</b>	+01:26:37 (51.5%)	14:00	4.3 (48.9%)
460	<b>AUGUSTYNIAK Piotr</b>	<b>4157</b>	DZIKIE KOCIERSKIE BOBRY	Open Mężczyzn	294	10:15	00:34:36	<b>02:48:05.85</b>	<b>02:48:05.85</b>	+01:26:37 (51.5%)	14:00	4.3 (48.9%)
461	<b>SKRZYPEK Krzysztof</b>	<b>4137</b>		Open Mężczyzn	295	10:00	00:37:35	<b>02:48:14.65</b>	<b>02:48:14.65</b>	+01:26:46 (51.6%)	14:01	4.3 (48.9%)
462	<b>KRUK Kamil</b>	<b>3346</b>		Open Mężczyzn	296	08:15	00:33:00	<b>02:48:15.00</b>	<b>02:48:15.00</b>	+01:26:46 (51.6%)	14:01	4.3 (48.9%)
463	<b>WALICZEK Kacper</b>	<b>3737</b>	NIEPOZORNI	Open Mężczyzn	297	09:15	00:30:38	<b>02:48:18.15</b>	<b>02:48:18.15</b>	+01:26:49 (51.6%)	14:01	4.3 (48.9%)
464	<b>MĘDRYSA Michał</b>	<b>3735</b>	NIEPOZORNI	Open Mężczyzn	298	09:15	00:30:40	<b>02:48:18.20</b>	<b>02:48:18.20</b>	+01:26:49 (51.6%)	14:01	4.3 (48.9%)
465	<b>SKAMAJ Krzysztof</b>	<b>3736</b>	NIEPOZORNI	Open Mężczyzn	299	09:15	00:30:39	<b>02:48:18.40</b>	<b>02:48:18.40</b>	+01:26:50 (51.6%)	14:01	4.3 (48.9%)
466	<b>DUERSCHLAG Iwona</b>	<b>3958</b>	HUSARIA RACE TEAM	Open Masters Kobiet	8	09:45	00:30:37	<b>02:48:23.45</b>	<b>02:48:23.45</b>	+01:26:55 (51.6%)	14:01	4.3 (48.9%)
467	<b>SKUPIEŃ Lech</b>	<b>3501</b>	FIT & MORE RYBNIK	Open Mężczyzn	300	08:45	00:38:31	<b>02:48:28.70</b>	<b>02:48:28.70</b>	+01:27:00 (51.6%)	14:02	4.3 (48.9%)
468	<b>MICHEL Mateusz</b>	<b>3565</b>		Open Mężczyzn	301	08:45	00:31:27	<b>02:48:32.95</b>	<b>02:48:32.95</b>	+01:27:04 (51.7%)	14:02	4.3 (48.9%)
469	<b>BIGAS Maciej</b>	<b>4097</b>		Open Mężczyzn	302	10:00	00:37:36	<b>02:48:38.95</b>	<b>02:48:38.95</b>	+01:27:10 (51.7%)	14:03	4.3 (48.9%)
470	<b>ŚWIĄTEK Karol</b>	<b>3722</b>	HUSARIA RACE TEAM	Open Mężczyzn	303	09:15	00:33:59	<b>02:48:40.25</b>	<b>02:48:40.25</b>	+01:27:11 (51.7%)	14:03	4.3 (48.9%)
471	<b>BUŁAWA Mariusz</b>	<b>4065</b>	KOCHAM SŁODKIE	Open Masters Mężczyzn	66	10:00	00:32:51	<b>02:48:47.45</b>	<b>02:48:47.45</b>	+01:27:19 (51.7%)	14:03	4.3 (48.9%)
472	<b>KRYBUS Mateusz</b>	<b>3347</b>		Open Mężczyzn	304	08:15	00:33:01	<b>02:48:56.55</b>	<b>02:48:56.55</b>	+01:27:28 (51.8%)	14:04	4.3 (48.9%)
473	<b>CHMURA Bartłomiej</b>	<b>3427</b>		Open Mężczyzn	305	08:30	00:32:39	<b>02:48:57.80</b>	<b>02:48:57.80</b>	+01:27:29 (51.8%)	14:04	4.3 (48.9%)
474	<b>BRĄCZYK Ewa</b>	<b>3721</b>	HUSARIA RACE TEAM	Open Kobiet	37	09:15	00:33:59	<b>02:49:05.00</b>	<b>02:49:05.00</b>	+01:27:36 (51.8%)	14:05	4.3 (48.9%)
475	<b>CHMIEL Daniel</b>	<b>4210</b>		Open Mężczyzn	306	10:15	00:33:44	<b>02:49:05.05</b>	<b>02:49:05.05</b>	+01:27:36 (51.8%)	14:05	4.3 (48.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
476	<b>CZARDYBON Laura</b>	<b>3492</b>	BYLE DO CELU	Open Masters Kobiet	9	08:45	00:33:27	<b>02:49:06.25</b>	<b>02:49:06.25</b>	+01:27:37 (51.8%)	14:05	4.3 (48.9%)
477	<b>POTEMPA Jonasz</b>	<b>4177</b>	RMF4RT GLADIATORS	Open Mężczyzn	307	10:15	00:34:37	<b>02:49:06.45</b>	<b>02:49:06.45</b>	+01:27:38 (51.8%)	14:05	4.3 (48.9%)
478	<b>PRÓBAN Robert</b>	<b>3575</b>		Open Mężczyzn	308	08:45	00:33:27	<b>02:49:07.25</b>	<b>02:49:07.25</b>	+01:27:38 (51.8%)	14:05	4.3 (48.9%)
479	<b>CZERWIŃSKI Wojciech</b>	<b>4302</b>	PATOSKŁAD	Open Mężczyzn	309	10:30	00:31:38	<b>02:49:11.35</b>	<b>02:49:11.35</b>	+01:27:43 (51.8%)	14:05	4.3 (48.9%)
480	<b>AUGUSTYNIAK Kamil</b>	<b>4156</b>	DZIKIE KOCIERSKIE BOBRY	Open Mężczyzn	310	10:15	00:34:38	<b>02:49:32.05</b>	<b>02:49:32.05</b>	+01:28:03 (51.9%)	14:07	4.2 (47.7%)
481	<b>KOIS Mateusz</b>	<b>3783</b>		Open Mężczyzn	311	09:15	00:33:59	<b>02:49:41.75</b>	<b>02:49:41.75</b>	+01:28:13 (52.0%)	14:08	4.2 (47.7%)
482	<b>JAWORSKI Jakub</b>	<b>3960</b>	HUSARIA RACE TEAM	Open Mężczyzn	312	09:45	00:28:49	<b>02:49:46.30</b>	<b>02:49:46.30</b>	+01:28:18 (52.0%)	14:08	4.2 (47.7%)
483	<b>MARKOWICZ Ewelina</b>	<b>3115</b>	HUSARIA RACE TEAM	Elite Kobiet	1	07:50	00:28:28	<b>02:49:51.85</b>	<b>02:49:51.85</b>	+01:28:23 (52.0%)	14:09	4.2 (47.7%)
484	<b>LEGIĘŃ Jakub</b>	<b>3788</b>		Open Mężczyzn	313	09:15	00:31:18	<b>02:49:56.15</b>	<b>02:49:56.15</b>	+01:28:27 (52.1%)	14:09	4.2 (47.7%)
485	<b>BŁOŃSKI Maciej</b>	<b>3764</b>		Open Masters Mężczyzn	67	09:15	00:31:19	<b>02:49:56.35</b>	<b>02:49:56.35</b>	+01:28:28 (52.1%)	14:09	4.2 (47.7%)
486	<b>PYDYCH Karolina</b>	<b>3630</b>	PARÓWCZAKI 3.0	Open Kobiet	38	09:00	00:34:24	<b>02:50:00.50</b>	<b>02:50:00.50</b>	+01:28:32 (52.1%)	14:10	4.2 (47.7%)
487	<b>WYKRĘT Renata</b>	<b>3631</b>	PARÓWCZAKI 3.0	Open Kobiet	39	09:00	00:34:15	<b>02:50:00.65</b>	<b>02:50:00.65</b>	+01:28:32 (52.1%)	14:10	4.2 (47.7%)
488	<b>DYMAREK Łukasz</b>	<b>3627</b>	PARÓWCZAKI 3.0	Open Mężczyzn	314	09:00	00:34:12	<b>02:50:00.75</b>	<b>02:50:00.75</b>	+01:28:32 (52.1%)	14:10	4.2 (47.7%)
489	<b>JANTA Tomasz</b>	<b>3628</b>	PARÓWCZAKI 3.0	Open Mężczyzn	315	09:00	00:34:19	<b>02:50:00.95</b>	<b>02:50:00.95</b>	+01:28:32 (52.1%)	14:10	4.2 (47.7%)
490	<b>NOWAK Tomasz</b>	<b>3629</b>	PARÓWCZAKI 3.0	Open Mężczyzn	316	09:00	00:34:14	<b>02:50:01.05</b>	<b>02:50:01.05</b>	+01:28:32 (52.1%)	14:10	4.2 (47.7%)
491	<b>MADEJSKI Kamil</b>	<b>3682</b>		Open Mężczyzn	317	09:00	00:34:15	<b>02:50:01.15</b>	<b>02:50:01.15</b>	+01:28:32 (52.1%)	14:10	4.2 (47.7%)
492	<b>METERA Kamil</b>	<b>3531</b>	SPARTAN TEAM KNURÓW	Open Mężczyzn	318	08:45	00:32:50	<b>02:50:09.10</b>	<b>02:50:09.10</b>	+01:28:40 (52.1%)	14:10	4.2 (47.7%)
493	<b>STYCZEN Mariusz</b>	<b>3305</b>	PKM TEAM	Open Mężczyzn	319	08:15	00:40:40	<b>02:50:16.20</b>	<b>02:50:16.20</b>	+01:28:47 (52.2%)	14:11	4.2 (47.7%)
494	<b>KOZAK Wojciech</b>	<b>3598</b>	HARPAGAN BEAST	Open Mężczyzn	320	09:00	00:32:00	<b>02:50:17.95</b>	<b>02:50:17.95</b>	+01:28:49 (52.2%)	14:11	4.2 (47.7%)
495	<b>OCIEPA Kamil</b>	<b>3240</b>		Open Mężczyzn	321	08:00	00:33:31	<b>02:50:19.25</b>	<b>02:50:19.25</b>	+01:28:50 (52.2%)	14:11	4.2 (47.7%)
496	<b>WASIK Marcin</b>	<b>3471</b>		Open Masters Mężczyzn	68	08:30	00:33:29	<b>02:50:21.50</b>	<b>02:50:21.50</b>	+01:28:53 (52.2%)	14:11	4.2 (47.7%)
497	<b>ZDUŃCZYK Patryk</b>	<b>3929</b>		Open Mężczyzn	322	09:30	00:34:49	<b>02:50:22.85</b>	<b>02:50:22.85</b>	+01:28:54 (52.2%)	14:11	4.2 (47.7%)
498	<b>OLESIŃSKI Maciej</b>	<b>3572</b>		Open Mężczyzn	323	08:45	00:31:38	<b>02:50:24.65</b>	<b>02:50:24.65</b>	+01:28:56 (52.2%)	14:12	4.2 (47.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
499	<b>JACHOWSKI Andrzej</b>	<b>3395</b>	SOCIOS SILESIA	Open Masters Mężczyzn	69	08:30	00:33:29	<b>02:50:29.15</b>	<b>02:50:29.15</b>	+01:29:00 (52.2%)	14:12	4.2 (47.7%)
500	<b>IMIOŁEK Arkadiusz</b>	<b>3534</b>	SPARTAN TEAM KNURÓW!	Open Masters Mężczyzn	70	08:45	00:32:21	<b>02:50:30.95</b>	<b>02:50:30.95</b>	+01:29:02 (52.2%)	14:12	4.2 (47.7%)
501	<b>GARBACZ Damian</b>	<b>3117</b>		Elite Mężczyzn	52	07:40	00:29:34	<b>02:50:51.25</b>	<b>02:50:51.25</b>	+01:29:22 (52.3%)	14:14	4.2 (47.7%)
502	<b>SKORUPA Adam</b>	<b>3385</b>	MIRAZ RACE TEAM	Open Masters Mężczyzn	71	08:30	00:35:05	<b>02:50:53.80</b>	<b>02:50:53.80</b>	+01:29:25 (52.3%)	14:14	4.2 (47.7%)
503	<b>ŁYSIEN Mateusz</b>	<b>4343</b>		Open Mężczyzn	324	10:15	00:33:17	<b>02:50:58.95</b>	<b>02:50:58.95</b>	+01:29:30 (52.4%)	14:14	4.2 (47.7%)
504	<b>SURDEL Aleksandra</b>	<b>3533</b>	SPARTAN TEAM KNURÓW	Open Masters Kobiet	10	08:45	00:32:17	<b>02:50:59.35</b>	<b>02:50:59.35</b>	+01:29:31 (52.4%)	14:14	4.2 (47.7%)
505	<b>JENIEC Rafał</b>	<b>4010</b>		Open Mężczyzn	325	09:45	00:42:30	<b>02:51:08.00</b>	<b>02:51:08.00</b>	+01:29:39 (52.4%)	14:15	4.2 (47.7%)
506	<b>STALMACH Mateusz</b>	<b>4304</b>	PATOSKŁAD	Open Mężczyzn	326	10:30	00:31:40	<b>02:51:21.35</b>	<b>02:51:21.35</b>	+01:29:53 (52.5%)	14:16	4.2 (47.7%)
507	<b>KOŚNIEWSKI Paweł</b>	<b>3227</b>		Open Mężczyzn	327	08:00	00:32:55	<b>02:51:24.90</b>	<b>02:51:24.90</b>	+01:29:56 (52.5%)	14:17	4.2 (47.7%)
508	<b>SAWICKA Anna</b>	<b>3532</b>	SPARTAN TEAM KNURÓW	Open Kobiet	40	08:45	00:32:53	<b>02:51:27.75</b>	<b>02:51:27.75</b>	+01:29:59 (52.5%)	14:17	4.2 (47.7%)
509	<b>NOWOWIEJSKI Jakub</b>	<b>3798</b>		Open Mężczyzn	328	09:30	00:33:03	<b>02:51:29.20</b>	<b>02:51:29.20</b>	+01:30:00 (52.5%)	14:17	4.2 (47.7%)
510	<b>ŻYLSKI Janusz</b>	<b>4248</b>		Open Masters Mężczyzn	72	10:15	00:31:53	<b>02:51:33.95</b>	<b>02:51:33.95</b>	+01:30:05 (52.5%)	14:17	4.2 (47.7%)
511	<b>RUTKOWSKI Konrad</b>	<b>3199</b>	RAGNAROK SZCZECIN	Open Mężczyzn	329	08:00	00:33:25	<b>02:51:46.55</b>	<b>02:51:46.55</b>	+01:30:18 (52.6%)	14:18	4.2 (47.7%)
512	<b>CHMURA Bogdan</b>	<b>3428</b>		Open Masters Mężczyzn	73	08:30	00:32:35	<b>02:51:47.65</b>	<b>02:51:47.65</b>	+01:30:19 (52.6%)	14:18	4.2 (47.7%)
513	<b>JAKUBCZYK Jarosław</b>	<b>4332</b>		Open Mężczyzn	330	10:30	00:54:56	<b>02:51:52.40</b>	<b>02:51:52.40</b>	+01:30:24 (52.6%)	14:19	4.2 (47.7%)
514	<b>KRAWCZYK Joanna</b>	<b>3848</b>	HUSARIA RACE TEAM	Open Kobiet	41	09:30	00:39:32	<b>02:52:00.55</b>	<b>02:52:00.55</b>	+01:30:32 (52.6%)	14:20	4.2 (47.7%)
515	<b>TOMCZYK Paweł</b>	<b>4037</b>		Open Mężczyzn	331	09:45	00:35:14	<b>02:52:08.25</b>	<b>02:52:08.25</b>	+01:30:39 (52.7%)	14:20	4.2 (47.7%)
516	<b>BIGDA Paweł</b>	<b>3763</b>		Open Mężczyzn	332	09:15	00:29:59	<b>02:52:13.95</b>	<b>02:52:13.95</b>	+01:30:45 (52.7%)	14:21	4.2 (47.7%)
517	<b>MAJ Piotr</b>	<b>3792</b>		Open Mężczyzn	333	09:15	00:32:25	<b>02:52:19.10</b>	<b>02:52:19.10</b>	+01:30:50 (52.7%)	14:21	4.2 (47.7%)
518	<b>PANKIEWICZ Wojciech</b>	<b>3972</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	334	09:45	00:36:37	<b>02:52:24.50</b>	<b>02:52:24.50</b>	+01:30:56 (52.7%)	14:22	4.2 (47.7%)
519	<b>WÓJCIK Rafał</b>	<b>3939</b>	ALASKAŃSKIE SMOKI	Open Mężczyzn	335	09:45	00:31:15	<b>02:52:41.90</b>	<b>02:52:41.90</b>	+01:31:13 (52.8%)	14:23	4.2 (47.7%)
520	<b>NOWAK Rafał</b>	<b>3536</b>	STREFA BYKÓW	Open Masters Mężczyzn	74	08:45	00:34:22	<b>02:52:45.25</b>	<b>02:52:45.25</b>	+01:31:16 (52.8%)	14:23	4.2 (47.7%)
521	<b>ŁĘŻNIAK Paweł</b>	<b>4159</b>	DZIKIE KOCIERSKIE BOBRY	Open Mężczyzn	336	10:15	00:34:35	<b>02:52:51.00</b>	<b>02:52:51.00</b>	+01:31:22 (52.9%)	14:24	4.2 (47.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
522	<b>WRÓBLEWSKI Michał</b>	<b>3050</b>	MIESZANKA GŁOGOWSKA	Open Mężczyzn	337	07:40	00:29:43	<b>02:53:22.95</b>	<b>02:53:22.95</b>	+01:31:54 (53.0%)	14:26	4.2 (47.7%)
523	<b>ROSŁON Rafał</b>	<b>3463</b>		Open Masters Mężczyzn	75	08:30	00:32:45	<b>02:53:23.25</b>	<b>02:53:23.25</b>	+01:31:54 (53.0%)	14:26	4.2 (47.7%)
524	<b>MALCZEWSKI Tomasz</b>	<b>3483</b>	BOMBOWI INACZEJ	Open Mężczyzn	338	08:45	00:32:05	<b>02:53:40.10</b>	<b>02:53:40.10</b>	+01:32:11 (53.1%)	14:28	4.1 (46.6%)
525	<b>GODULA Edyta</b>	<b>3641</b>	RUNMAGEDDONOWE ŚWIRY	Open Masters Kobiet	11	09:00	00:36:56	<b>02:53:40.65</b>	<b>02:53:40.65</b>	+01:32:12 (53.1%)	14:28	4.1 (46.6%)
526	<b>GODULA Adam</b>	<b>3640</b>	RUNMAGEDDONOWE ŚWIRY	Open Masters Mężczyzn	76	09:00	00:36:57	<b>02:53:40.95</b>	<b>02:53:40.95</b>	+01:32:12 (53.1%)	14:28	4.1 (46.6%)
527	<b>MAKSYMOWICZ Jacek</b>	<b>4019</b>		Open Mężczyzn	339	09:45	00:34:17	<b>02:53:42.90</b>	<b>02:53:42.90</b>	+01:32:14 (53.1%)	14:28	4.1 (46.6%)
528	<b>DYMECKI Dawid</b>	<b>3049</b>	MIESZANKA GŁOGOWSKA	Open Mężczyzn	340	07:40	00:29:44	<b>02:53:50.55</b>	<b>02:53:50.55</b>	+01:32:22 (53.1%)	14:29	4.1 (46.6%)
529	<b>JAWORSKI Michał</b>	<b>3954</b>	GRUPA POŚCIGOWA ULANYCH PATUSÓW	Open Mężczyzn	341	09:45	00:35:09	<b>02:53:54.60</b>	<b>02:53:54.60</b>	+01:32:26 (53.2%)	14:29	4.1 (46.6%)
530	<b>WODECKI Dariusz</b>	<b>3957</b>	GRUPA POŚCIGOWA ULANYCH PATUSÓW	Open Mężczyzn	342	09:45	00:35:10	<b>02:53:55.40</b>	<b>02:53:55.40</b>	+01:32:27 (53.2%)	14:29	4.1 (46.6%)
531	<b>HOLONA Maciej</b>	<b>4110</b>		Open Masters Mężczyzn	77	10:00	00:25:10	<b>02:54:16.50</b>	<b>02:54:16.50</b>	+01:32:48 (53.3%)	14:31	4.1 (46.6%)
532	<b>JAGIELSKI Paweł</b>	<b>4112</b>		Open Mężczyzn	343	10:00	00:32:10	<b>02:54:18.95</b>	<b>02:54:18.95</b>	+01:32:50 (53.3%)	14:31	4.1 (46.6%)
533	<b>KOPALA Karol</b>	<b>4337</b>		Open Mężczyzn	344	10:30	00:39:40	<b>02:54:36.60</b>	<b>02:54:36.60</b>	+01:33:08 (53.3%)	14:33	4.1 (46.6%)
534	<b>ZOWIERUCHA Adam</b>	<b>4150</b>		Open Masters Mężczyzn	78	10:00	00:31:13	<b>02:54:48.65</b>	<b>02:54:48.65</b>	+01:33:20 (53.4%)	14:34	4.1 (46.6%)
535	<b>KNOT Martyna</b>	<b>3196</b>	PIĘKNI I BESTIE	Open Kobiet	42	08:00	00:34:16	<b>02:54:49.55</b>	<b>02:54:49.55</b>	+01:33:21 (53.4%)	14:34	4.1 (46.6%)
536	<b>ŁANOCHA Michał</b>	<b>3085</b>	X-TEAM TARNÓW	Open Mężczyzn	345	07:40	00:28:10	<b>02:54:55.75</b>	<b>02:54:55.75</b>	+01:33:27 (53.4%)	14:34	4.1 (46.6%)
537	<b>CHMURA Wojciech</b>	<b>3429</b>		Open Mężczyzn	346	08:30	00:32:38	<b>02:54:57.05</b>	<b>02:54:57.05</b>	+01:33:28 (53.4%)	14:34	4.1 (46.6%)
538	<b>DYMIŃSKI Piotr</b>	<b>4103</b>		Open Mężczyzn	347	10:00	00:31:19	<b>02:54:57.40</b>	<b>02:54:57.40</b>	+01:33:29 (53.4%)	14:34	4.1 (46.6%)
539	<b>NIEDZIELA Arkadiusz</b>	<b>4022</b>		Open Mężczyzn	348	09:45	00:36:21	<b>02:54:58.40</b>	<b>02:54:58.40</b>	+01:33:30 (53.4%)	14:34	4.1 (46.6%)
540	<b>LUTAK Agnieszka</b>	<b>4258</b>	DECATHLON RZESZÓW/FITNESS FOR LIFE	Open Kobiet	43	10:30	00:38:07	<b>02:55:06.45</b>	<b>02:55:06.45</b>	+01:33:38 (53.5%)	14:35	4.1 (46.6%)
541	<b>LASOTA Dusan</b>	<b>3444</b>		Open Mężczyzn	349	08:30	00:36:16	<b>02:55:08.80</b>	<b>02:55:08.80</b>	+01:33:40 (53.5%)	14:35	4.1 (46.6%)
542	<b>BARTCZAK Andrzej</b>	<b>3203</b>		Open Mężczyzn	350	08:00	00:36:09	<b>02:55:09.30</b>	<b>02:55:09.30</b>	+01:33:41 (53.5%)	14:35	4.1 (46.6%)
543	<b>MARZEC Marcin</b>	<b>3683</b>		Open Mężczyzn	351	09:00	00:33:02	<b>02:55:20.45</b>	<b>02:55:20.45</b>	+01:33:52 (53.5%)	14:36	4.1 (46.6%)
544	<b>HANDZLIK Barbara</b>	<b>3161</b>	DENISTEAM	Open Masters Kobiet	12	08:00	00:36:16	<b>02:55:25.30</b>	<b>02:55:25.30</b>	+01:33:57 (53.6%)	14:37	4.1 (46.6%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
545	<b>DUŻNIAK Urszula</b>	<b>3160</b>	DENISTEAM	Open Kobiet	44	08:00	00:36:06	<b>02:55:27.35</b>	<b>02:55:27.35</b>	+01:33:59 (53.6%)	14:37	4.1 (46.6%)
546	<b>SZOPA Patrycja</b>	<b>4035</b>		Open Kobiet	45	09:45	00:34:11	<b>02:55:28.55</b>	<b>02:55:28.55</b>	+01:34:00 (53.6%)	14:37	4.1 (46.6%)
547	<b>MACIEJEWICZ Dawid</b>	<b>3681</b>		Open Mężczyzn	352	09:00	00:33:54	<b>02:55:34.10</b>	<b>02:55:34.10</b>	+01:34:05 (53.6%)	14:37	4.1 (46.6%)
548	<b>KOZŁOWSKI Krzysztof</b>	<b>4013</b>		Open Mężczyzn	353	09:45	00:34:10	<b>02:55:51.10</b>	<b>02:55:51.10</b>	+01:34:22 (53.7%)	14:39	4.1 (46.6%)
549	<b>STEFAN Grzegorz</b>	<b>3157</b>	CARBON OCR RACING TEAM	Open Masters Mężczyzn	79	08:00	00:37:42	<b>02:55:53.90</b>	<b>02:55:53.90</b>	+01:34:25 (53.7%)	14:39	4.1 (46.6%)
550	<b>SZCZECIŃSKI Mariusz</b>	<b>3484</b>	BOMBOWI INACZEJ	Open Masters Mężczyzn	80	08:45	00:31:58	<b>02:55:59.85</b>	<b>02:55:59.85</b>	+01:34:31 (53.7%)	14:39	4.1 (46.6%)
551	<b>KOZŁOWSKA Joanna</b>	<b>4012</b>		Open Kobiet	46	09:45	00:34:16	<b>02:56:04.60</b>	<b>02:56:04.60</b>	+01:34:36 (53.7%)	14:40	4.1 (46.6%)
552	<b>BAJDAK Adrian</b>	<b>3542</b>		Open Mężczyzn	354	08:45	00:37:32	<b>02:56:14.35</b>	<b>02:56:14.35</b>	+01:34:46 (53.8%)	14:41	4.1 (46.6%)
553	<b>PARTYKA Magdalena</b>	<b>3622</b>	NIEWIDZĘPRZESZKÓD	Open Kobiet	47	09:00	00:44:37	<b>02:56:22.45</b>	<b>02:56:22.45</b>	+01:34:54 (53.8%)	14:41	4.1 (46.6%)
554	<b>RADNY Michał</b>	<b>3624</b>	NIEWIDZĘPRZESZKÓD	Open Mężczyzn	355	09:00	00:44:38	<b>02:56:22.95</b>	<b>02:56:22.95</b>	+01:34:54 (53.8%)	14:41	4.1 (46.6%)
555	<b>DURAJ Patryk</b>	<b>3668</b>		Open Mężczyzn	356	09:00	00:33:57	<b>02:56:23.75</b>	<b>02:56:23.75</b>	+01:34:55 (53.8%)	14:41	4.1 (46.6%)
556	<b>GÓRALCZYK Paweł</b>	<b>4172</b>	NIEOKIEŁZNANI	Open Mężczyzn	357	10:15	00:32:29	<b>02:56:28.95</b>	<b>02:56:28.95</b>	+01:35:00 (53.8%)	14:42	4.1 (46.6%)
557	<b>WIDUCH Ryszard</b>	<b>3698</b>		Open Masters Mężczyzn	81	09:15	00:36:05	<b>02:56:29.25</b>	<b>02:56:29.25</b>	+01:35:00 (53.8%)	14:42	4.1 (46.6%)
558	<b>KAMIEŃ Grzegorz</b>	<b>3556</b>		Open Mężczyzn	358	08:45	00:32:45	<b>02:56:32.70</b>	<b>02:56:32.70</b>	+01:35:04 (53.9%)	14:42	4.1 (46.6%)
559	<b>KUBIŃSKI Rafał</b>	<b>3561</b>		Open Mężczyzn	359	08:45	00:32:47	<b>02:56:33.65</b>	<b>02:56:33.65</b>	+01:35:05 (53.9%)	14:42	4.1 (46.6%)
560	<b>RAK Aleksandra</b>	<b>3812</b>	ANANAS SQUAD	Open Kobiet	48	09:30	00:33:07	<b>02:56:36.30</b>	<b>02:56:36.30</b>	+01:35:08 (53.9%)	14:43	4.1 (46.6%)
561	<b>NOWAK Łukasz</b>	<b>4307</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	360	10:15	00:34:02	<b>02:56:39.55</b>	<b>02:56:39.55</b>	+01:35:11 (53.9%)	14:43	4.1 (46.6%)
562	<b>HOLECZEK Damian</b>	<b>3201</b>	SOCIOS SILESIA	Open Masters Mężczyzn	82	08:00	00:33:12	<b>02:56:39.80</b>	<b>02:56:39.80</b>	+01:35:11 (53.9%)	14:43	4.1 (46.6%)
563	<b>SZCZENDZINA Mariusz</b>	<b>4138</b>		Open Mężczyzn	361	10:00	00:27:21	<b>02:56:40.05</b>	<b>02:56:40.05</b>	+01:35:11 (53.9%)	14:43	4.1 (46.6%)
564	<b>KUBIESA Jakub</b>	<b>3037</b>	HUSARIA RACE TEAM	Elite Mężczyzn	53	07:40	00:21:19	<b>02:56:47.90</b>	<b>02:56:47.90</b>	+01:35:19 (53.9%)	14:43	4.1 (46.6%)
565	<b>ROGOWSKA Anna</b>	<b>4253</b>	DECATHLON RZESZÓW	Open Kobiet	49	10:30	00:38:06	<b>02:56:57.00</b>	<b>02:56:57.00</b>	+01:35:28 (54.0%)	14:44	4.1 (46.6%)
566	<b>CYPRYŚ Joanna</b>	<b>4255</b>	DECATHLON RZESZÓW/FITNESS FOR LIFE	Open Kobiet	50	10:30	00:39:52	<b>02:57:00.40</b>	<b>02:57:00.40</b>	+01:35:32 (54.0%)	14:45	4.1 (46.6%)
567	<b>BURDA Paweł</b>	<b>4208</b>		Open Mężczyzn	362	10:15	00:34:04	<b>02:57:00.95</b>	<b>02:57:00.95</b>	+01:35:32 (54.0%)	14:45	4.1 (46.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
568	<b>PISAREK Tomasz</b>	<b>4237</b>		Open Mężczyzn	363	10:15	00:34:03	<b>02:57:01.80</b>	<b>02:57:01.80</b>	+01:35:33 (54.0%)	14:45	4.1 (46.6%)
569	<b>DURAJ Dominik</b>	<b>3667</b>		Open Mężczyzn	364	09:00	00:33:59	<b>02:57:11.20</b>	<b>02:57:11.20</b>	+01:35:42 (54.0%)	14:45	4.1 (46.6%)
570	<b>PAWELA Bartosz</b>	<b>3623</b>	NIEWIDZĘPRZESZKÓD	Open Mężczyzn	365	09:00	00:44:48	<b>02:57:24.15</b>	<b>02:57:24.15</b>	+01:35:55 (54.1%)	14:47	4.1 (46.6%)
571	<b>HANUSIAK Leszek</b>	<b>3034</b>	HUSARIA RACE TEAM	Open Mężczyzn	366	07:40	00:27:38	<b>02:57:27.85</b>	<b>02:57:27.85</b>	+01:35:59 (54.1%)	14:47	4.1 (46.6%)
572	<b>TEICHGRÄBER Damian</b>	<b>3255</b>		Open Mężczyzn	367	08:00	00:33:40	<b>02:57:39.35</b>	<b>02:57:39.35</b>	+01:36:11 (54.1%)	14:48	4.1 (46.6%)
573	<b>OCHMAN Marek</b>	<b>3019</b>	DENISTEAM	Open Mężczyzn	368	07:40	00:30:34	<b>02:57:44.05</b>	<b>02:57:44.05</b>	+01:36:15 (54.2%)	14:48	4.1 (46.6%)
574	<b>RYBARSKI Przemysław</b>	<b>3686</b>		Open Masters Mężczyzn	83	09:00	00:33:32	<b>02:57:54.60</b>	<b>02:57:54.60</b>	+01:36:26 (54.2%)	14:49	4 (45.5%)
575	<b>WYSOCKA Klaudia</b>	<b>3123</b>	CARBON OCR RACING TEAM	Open Kobiet	51	07:50	00:28:28	<b>02:42:08.90</b>	<b>02:57:59.25</b>	+01:36:30 (54.2%)	13:30	4.4 (50.0%)
576	<b>LIS Tomasz</b>	<b>4262</b>	ESKY.PL	Open Mężczyzn	369	10:30	00:32:12	<b>02:57:59.50</b>	<b>02:57:59.50</b>	+01:36:31 (54.2%)	14:49	4 (45.5%)
577	<b>FILIPCZAK Kamil</b>	<b>4329</b>		Open Masters Mężczyzn	84	10:30	00:37:06	<b>02:58:12.85</b>	<b>02:58:12.85</b>	+01:36:44 (54.3%)	14:51	4 (45.5%)
578	<b>CHODKOWSKA Patrycja</b>	<b>4322</b>		Open Kobiet	52	10:30	00:37:06	<b>02:58:13.30</b>	<b>02:58:13.30</b>	+01:36:45 (54.3%)	14:51	4 (45.5%)
579	<b>MARSZAŁEK Wojciech</b>	<b>3166</b>	FABRYKA FORMY BYTOM	Open Masters Mężczyzn	85	08:00	00:36:04	<b>02:58:19.60</b>	<b>02:58:19.60</b>	+01:36:51 (54.3%)	14:51	4 (45.5%)
580	<b>LIPIŃSKI Łukasz</b>	<b>3854</b>	KOZOGROM	Open Mężczyzn	370	09:30	00:39:19	<b>02:58:20.90</b>	<b>02:58:20.90</b>	+01:36:52 (54.3%)	14:51	4 (45.5%)
581	<b>SZECHIŃSKI Marcin</b>	<b>4259</b>	DECATHLON RZESZÓW/FITNESS FOR LIFE	Open Mężczyzn	371	10:30	00:38:08	<b>02:58:23.55</b>	<b>02:58:23.55</b>	+01:36:55 (54.3%)	14:51	4 (45.5%)
582	<b>ROCHALSKI Kamil</b>	<b>3167</b>	FABRYKA FORMY BYTOM	Open Mężczyzn	372	08:00	00:36:02	<b>02:58:28.75</b>	<b>02:58:28.75</b>	+01:37:00 (54.4%)	14:52	4 (45.5%)
583	<b>JASKÓLSKI Piotr</b>	<b>3006</b>	CARBON OCR RACING TEAM	Open Mężczyzn	373	07:40	00:27:26	<b>02:58:29.20</b>	<b>02:58:29.20</b>	+01:37:00 (54.4%)	14:52	4 (45.5%)
584	<b>ZENDEROWSKI Przemysław</b>	<b>4062</b>	I TAK WSZYSCY UMRZEMY (:	Open Mężczyzn	374	10:00	00:40:23	<b>02:58:46.05</b>	<b>02:58:46.05</b>	+01:37:17 (54.4%)	14:53	4 (45.5%)
585	<b>OLEKSY Adam</b>	<b>3170</b>	GATNER CNC	Open Masters Mężczyzn	86	08:00	00:33:44	<b>02:58:46.25</b>	<b>02:58:46.25</b>	+01:37:17 (54.4%)	14:53	4 (45.5%)
586	<b>SPUTOWSKI Krzysztof</b>	<b>3577</b>		Open Mężczyzn	375	08:45	00:31:56	<b>02:59:02.55</b>	<b>02:59:02.55</b>	+01:37:34 (54.5%)	14:55	4 (45.5%)
587	<b>RACHWALSKI Rafał</b>	<b>4132</b>		Open Mężczyzn	376	10:00	00:38:47	<b>02:59:03.10</b>	<b>02:59:03.10</b>	+01:37:34 (54.5%)	14:55	4 (45.5%)
588	<b>MUSIL Tymoteusz</b>	<b>4372</b>		Open Mężczyzn	377	08:00	00:38:23	<b>02:59:13.45</b>	<b>02:59:13.45</b>	+01:37:45 (54.5%)	14:56	4 (45.5%)
589	<b>WODECKI Dawid</b>	<b>3382</b>	HUSARIA RACE TEAM	Open Mężczyzn	378	08:30	00:37:43	<b>02:59:20.80</b>	<b>02:59:20.80</b>	+01:37:52 (54.6%)	14:56	4 (45.5%)
590	<b>FRĄCZYK Jędrzej</b>	<b>3210</b>		Open Mężczyzn	379	08:00	00:38:47	<b>02:59:22.45</b>	<b>02:59:22.45</b>	+01:37:54 (54.6%)	14:56	4 (45.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
591	<b>OLSZAR Andrzej</b>	<b>3383</b>	LEBER TEAM	Open Mężczyzn	380	08:30	00:37:41	<b>02:59:23.05</b>	<b>02:59:23.05</b>	+01:37:54 (54.6%)	14:56	4 (45.5%)
592	<b>TOMECKI Grzegorz</b>	<b>3172</b>	GATNER CNC	Open Mężczyzn	381	08:00	00:33:59	<b>02:59:24.35</b>	<b>02:59:24.35</b>	+01:37:56 (54.6%)	14:57	4 (45.5%)
593	<b>PROMNY Maciej</b>	<b>3171</b>	GATNER CNC	Open Mężczyzn	382	08:00	00:33:58	<b>02:59:30.80</b>	<b>02:59:30.80</b>	+01:38:02 (54.6%)	14:57	4 (45.5%)
594	<b>MROZIK Magdalena</b>	<b>3309</b>	POWER TRAINING	Open Kobiet	53	08:15	00:34:20	<b>02:59:34.20</b>	<b>02:59:34.20</b>	+01:38:05 (54.6%)	14:57	4 (45.5%)
595	<b>MACIEJOWSKI Grzegorz</b>	<b>3619</b>	NIEWIDZĘPRZESZKÓD	Open Mężczyzn	383	09:00	00:44:40	<b>02:59:34.50</b>	<b>02:59:34.50</b>	+01:38:06 (54.6%)	14:57	4 (45.5%)
596	<b>ZIEBA Bogumul</b>	<b>3369</b>		Open Masters Mężczyzn	87	08:15	00:34:12	<b>02:59:36.20</b>	<b>02:59:36.20</b>	+01:38:07 (54.6%)	14:58	4 (45.5%)
597	<b>GÓRNY Adrian</b>	<b>3485</b>	BOOT CAMP POLSKA	Open Mężczyzn	384	08:45	00:33:46	<b>02:59:38.60</b>	<b>02:59:38.60</b>	+01:38:10 (54.6%)	14:58	4 (45.5%)
598	<b>BUCHAŁA Arkadiusz</b>	<b>3970</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	385	09:45	00:34:11	<b>02:59:43.65</b>	<b>02:59:43.65</b>	+01:38:15 (54.7%)	14:58	4 (45.5%)
599	<b>KORSZEWSKI Patrycjusz</b>	<b>4339</b>		Open Masters Mężczyzn	88	10:30	00:40:24	<b>02:59:44.85</b>	<b>02:59:44.85</b>	+01:38:16 (54.7%)	14:58	4 (45.5%)
600	<b>BOCHRA Paweł</b>	<b>3513</b>	KOŁCZU TEAM	Open Mężczyzn	386	08:45	00:39:48	<b>02:59:47.50</b>	<b>02:59:47.50</b>	+01:38:19 (54.7%)	14:58	4 (45.5%)
600	<b>KIDAWA Grzegorz</b>	<b>3514</b>	KOŁCZU TEAM	Open Masters Mężczyzn	89	08:45	00:39:52	<b>02:59:47.50</b>	<b>02:59:47.50</b>	+01:38:19 (54.7%)	14:58	4 (45.5%)
602	<b>KRÓLIKOWSKA Agnieszka</b>	<b>3515</b>	KOŁCZU TEAM	Open Kobiet	54	08:45	00:40:01	<b>02:59:47.95</b>	<b>02:59:47.95</b>	+01:38:19 (54.7%)	14:58	4 (45.5%)
603	<b>RADWAŃSKI Patryk</b>	<b>3876</b>	MOMO TEAM	Open Mężczyzn	387	09:30	00:39:42	<b>02:59:51.25</b>	<b>02:59:51.25</b>	+01:38:22 (54.7%)	14:59	4 (45.5%)
604	<b>PIONTEK Krzysztof</b>	<b>4026</b>		Open Masters Mężczyzn	90	09:45	00:31:21	<b>02:59:53.30</b>	<b>02:59:53.30</b>	+01:38:25 (54.7%)	14:59	4 (45.5%)
605	<b>HAWRYLUK Dawid</b>	<b>3396</b>	SOKÓŁ KNURÓW	Open Mężczyzn	388	08:30	00:34:31	<b>02:59:54.00</b>	<b>02:59:54.00</b>	+01:38:25 (54.7%)	14:59	4 (45.5%)
606	<b>NOWICKA Iwona</b>	<b>3487</b>	BOOT CAMP POLSKA	Open Kobiet	55	08:45	00:33:52	<b>02:59:55.25</b>	<b>02:59:55.25</b>	+01:38:26 (54.7%)	14:59	4 (45.5%)
607	<b>NARECKI Marek</b>	<b>4232</b>		Open Masters Mężczyzn	91	10:15	00:33:26	<b>02:59:55.85</b>	<b>02:59:55.85</b>	+01:38:27 (54.7%)	14:59	4 (45.5%)
608	<b>ZAJĄC Stanisław</b>	<b>4147</b>		Open Mężczyzn	389	10:00	00:32:11	<b>02:59:55.90</b>	<b>02:59:55.90</b>	+01:38:27 (54.7%)	14:59	4 (45.5%)
609	<b>GÓRKA Magdalena</b>	<b>3823</b>	CFNS TRAINING	Open Kobiet	56	09:30	00:35:03	<b>02:59:57.55</b>	<b>02:59:57.55</b>	+01:38:29 (54.7%)	14:59	4 (45.5%)
610	<b>LIGOCKA Karolina</b>	<b>3486</b>	BOOT CAMP POLSKA	Open Kobiet	57	08:45	00:33:47	<b>02:59:57.70</b>	<b>02:59:57.70</b>	+01:38:29 (54.7%)	14:59	4 (45.5%)
611	<b>STERNAL Eliza</b>	<b>3923</b>		Open Kobiet	58	09:30	00:35:02	<b>02:59:59.00</b>	<b>02:59:59.00</b>	+01:38:30 (54.7%)	14:59	4 (45.5%)
612	<b>PIĘKOSZ Łukasz</b>	<b>3488</b>	BOOT CAMP POLSKA	Open Mężczyzn	390	08:45	00:33:45	<b>02:59:59.35</b>	<b>02:59:59.35</b>	+01:38:31 (54.7%)	14:59	4 (45.5%)
613	<b>MIELNICZUK Bartłomiej</b>	<b>4368</b>		Open Mężczyzn	391	10:15	00:36:48	<b>02:59:59.90</b>	<b>02:59:59.90</b>	+01:38:31 (54.7%)	14:59	4 (45.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
614	<b>OGÓREK Sebastian</b>	<b>3828</b>	CFNS TRAINING	Open Mężczyzn	392	09:30	00:35:05	<b>03:00:00.80</b>	<b>03:00:00.80</b>	+01:38:32 (54.7%)	15:00	4 (45.5%)
615	<b>WAŚCIŃSKA Dominika</b>	<b>3489</b>	BOOT CAMP POLSKA	Open Kobiet	59	08:45	00:33:49	<b>03:00:10.70</b>	<b>03:00:10.70</b>	+01:38:42 (54.8%)	15:00	4 (45.5%)
616	<b>SZYMKOWIAK Paweł</b>	<b>4140</b>		Open Mężczyzn	393	10:00	00:35:43	<b>03:00:13.10</b>	<b>03:00:13.10</b>	+01:38:44 (54.8%)	15:01	4 (45.5%)
617	<b>ŁUKASIK Bartosz</b>	<b>3177</b>	HUSARIA RACE TEAM	Open Mężczyzn	394	08:00	00:36:57	<b>03:00:13.90</b>	<b>03:00:13.90</b>	+01:38:45 (54.8%)	15:01	4 (45.5%)
618	<b>ULICKA Marlena</b>	<b>3374</b>	BEFIT24TEAM	Open Kobiet	60	08:30	00:35:58	<b>03:00:15.30</b>	<b>03:00:15.30</b>	+01:38:47 (54.8%)	15:01	4 (45.5%)
619	<b>KĘDZIORA Bogumił</b>	<b>3095</b>		Open Mężczyzn	395	07:40	00:26:30	<b>03:00:15.90</b>	<b>03:00:15.90</b>	+01:38:47 (54.8%)	15:01	4 (45.5%)
620	<b>WOJCIECHOWSKI Kamil</b>	<b>3193</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	396	08:00	00:37:14	<b>03:00:17.00</b>	<b>03:00:17.00</b>	+01:38:48 (54.8%)	15:01	4 (45.5%)
621	<b>ŁABUZ Edyta</b>	<b>4194</b>	X-TEAM TARNÓW	Open Kobiet	61	10:15	00:34:59	<b>03:00:19.25</b>	<b>03:00:19.25</b>	+01:38:50 (54.8%)	15:01	4 (45.5%)
622	<b>NAGAS Paweł</b>	<b>3047</b>	LUBIĘ BURPEES'Y	Elite Masters Mężczyzn	8	07:40	00:29:19	<b>03:00:19.80</b>	<b>03:00:19.80</b>	+01:38:51 (54.8%)	15:01	4 (45.5%)
623	<b>KOCISZEWSKA Maria</b>	<b>3709</b>	DZIKIE ŻUBRY	Open Kobiet	62	09:15	00:37:11	<b>03:00:20.80</b>	<b>03:00:20.80</b>	+01:38:52 (54.8%)	15:01	4 (45.5%)
624	<b>MACHLOWSKI Mateusz</b>	<b>3945</b>	BEFIT24TEAM	Open Mężczyzn	397	09:45	00:37:59	<b>03:00:22.50</b>	<b>03:00:22.50</b>	+01:38:54 (54.8%)	15:01	4 (45.5%)
625	<b>SKOWRON Wojciech</b>	<b>3738</b>	OCR TEAM DĘBICA	Open Mężczyzn	398	09:15	00:31:49	<b>03:00:24.00</b>	<b>03:00:24.00</b>	+01:38:55 (54.8%)	15:02	4 (45.5%)
626	<b>ŁASKAWSKI Michał</b>	<b>3372</b>	BEFIT24TEAM	Open Mężczyzn	399	08:30	00:35:54	<b>03:00:26.90</b>	<b>03:00:26.90</b>	+01:38:58 (54.9%)	15:02	4 (45.5%)
627	<b>NATKANIEC Karolina</b>	<b>3946</b>	BEFIT24TEAM	Open Kobiet	63	09:45	00:37:58	<b>03:00:26.95</b>	<b>03:00:26.95</b>	+01:38:58 (54.9%)	15:02	4 (45.5%)
628	<b>TWARKOWSKA Anna</b>	<b>3880</b>	MOMO TEAM	Open Masters Kobiet	13	09:30	00:39:27	<b>03:00:28.60</b>	<b>03:00:28.60</b>	+01:39:00 (54.9%)	15:02	4 (45.5%)
629	<b>BALWIERZ Krystian</b>	<b>3371</b>	BEFIT24TEAM	Open Mężczyzn	400	08:30	00:36:01	<b>03:00:32.25</b>	<b>03:00:32.25</b>	+01:39:03 (54.9%)	15:02	4 (45.5%)
630	<b>CHĘTKIEWICZ Sandra</b>	<b>3867</b>	MOMO TEAM	Open Kobiet	64	09:30	00:39:19	<b>03:00:41.80</b>	<b>03:00:41.80</b>	+01:39:13 (54.9%)	15:03	4 (45.5%)
631	<b>WUJCZAK Łukasz</b>	<b>3707</b>	DIRTY SPARROWS	Open Mężczyzn	401	09:15	00:34:55	<b>03:00:42.65</b>	<b>03:00:42.65</b>	+01:39:14 (54.9%)	15:03	4 (45.5%)
632	<b>TWARKOWSKA Aleksandra</b>	<b>3879</b>	MOMO TEAM	Open Kobiet	65	09:30	00:39:21	<b>03:00:45.15</b>	<b>03:00:45.15</b>	+01:39:16 (54.9%)	15:03	4 (45.5%)
633	<b>CZAJKA Kamil</b>	<b>4256</b>	DECATHLON RZESZÓW/FITNESS FOR LIFE	Open Mężczyzn	402	10:30	00:38:04	<b>03:00:49.00</b>	<b>03:00:49.00</b>	+01:39:20 (54.9%)	15:04	4 (45.5%)
634	<b>KONOBRODZKI Łukasz</b>	<b>3734</b>	MOMO TEAM	Open Mężczyzn	403	09:30	00:40:20	<b>03:00:52.15</b>	<b>03:00:52.15</b>	+01:39:23 (55.0%)	15:04	4 (45.5%)
635	<b>KUREK Rokšana</b>	<b>4340</b>		Open Kobiet	66	10:30	00:34:17	<b>03:00:53.35</b>	<b>03:00:53.35</b>	+01:39:25 (55.0%)	15:04	4 (45.5%)
636	<b>KOCISZEWSKI Łukasz</b>	<b>3710</b>	DZIKIE ŻUBRY	Open Mężczyzn	404	09:15	00:36:54	<b>03:01:00.40</b>	<b>03:01:00.40</b>	+01:39:32 (55.0%)	15:05	4 (45.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
637	<b>MIZIOŁEK Patryk</b>	<b>4345</b>		Open Mężczyzn	405	10:30	00:34:20	<b>03:01:03.55</b>	<b>03:01:03.55</b>	+01:39:35 (55.0%)	15:05	4 (45.5%)
638	<b>OLESKOWICZ Sebastian</b>	<b>4347</b>		Open Mężczyzn	406	10:30	00:34:32	<b>03:01:03.70</b>	<b>03:01:03.70</b>	+01:39:35 (55.0%)	15:05	4 (45.5%)
639	<b>OSTROWSKI Maciej</b>	<b>3398</b>	SOKÓŁ KNURÓW	Open Mężczyzn	407	08:30	00:34:28	<b>03:01:07.05</b>	<b>03:01:07.05</b>	+01:39:38 (55.0%)	15:05	4 (45.5%)
640	<b>FIECH Michał</b>	<b>4328</b>		Open Mężczyzn	408	10:30	00:31:21	<b>03:01:09.60</b>	<b>03:01:09.60</b>	+01:39:41 (55.0%)	15:05	4 (45.5%)
641	<b>BIZOŃ Albert</b>	<b>4319</b>		Open Mężczyzn	409	10:30	00:34:23	<b>03:01:10.80</b>	<b>03:01:10.80</b>	+01:39:42 (55.0%)	15:05	4 (45.5%)
642	<b>SAWALA Eryk</b>	<b>3687</b>		Open Mężczyzn	410	09:00	00:30:41	<b>03:01:11.15</b>	<b>03:01:11.15</b>	+01:39:42 (55.0%)	15:05	4 (45.5%)
643	<b>SAWALA Sławomir</b>	<b>3688</b>		Open Masters Mężczyzn	92	09:00	00:30:41	<b>03:01:12.25</b>	<b>03:01:12.25</b>	+01:39:43 (55.0%)	15:06	4 (45.5%)
644	<b>PAUL Tibor</b>	<b>3373</b>	BEFIT24TEAM	Open Mężczyzn	411	08:30	00:35:54	<b>03:01:16.15</b>	<b>03:01:16.15</b>	+01:39:47 (55.1%)	15:06	4 (45.5%)
645	<b>SZYMAŃSKI Kamil</b>	<b>4246</b>		Open Mężczyzn	412	10:15	00:36:34	<b>03:01:19.40</b>	<b>03:01:19.40</b>	+01:39:51 (55.1%)	15:06	4 (45.5%)
646	<b>ZACZYK Mateusz</b>	<b>4247</b>		Open Mężczyzn	413	10:15	00:36:32	<b>03:01:21.90</b>	<b>03:01:21.90</b>	+01:39:53 (55.1%)	15:06	4 (45.5%)
647	<b>KALETA Patryk</b>	<b>3192</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	414	08:00	00:36:53	<b>03:01:27.70</b>	<b>03:01:27.70</b>	+01:39:59 (55.1%)	15:07	4 (45.5%)
648	<b>BIAŁAS Damian</b>	<b>3980</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	415	09:45	00:31:22	<b>03:01:29.00</b>	<b>03:01:29.00</b>	+01:40:00 (55.1%)	15:07	4 (45.5%)
649	<b>MICHALSKI Damian</b>	<b>4316</b>	VINCENT POWER	Open Mężczyzn	416	10:30	00:31:36	<b>03:01:30.15</b>	<b>03:01:30.15</b>	+01:40:01 (55.1%)	15:07	4 (45.5%)
650	<b>KOPKOWICZ Ireneusz</b>	<b>4383</b>	LEWA W GÓRE NS	Open Mężczyzn	417	10:30	00:38:36	<b>03:01:32.60</b>	<b>03:01:32.60</b>	+01:40:04 (55.1%)	15:07	4 (45.5%)
651	<b>MICHALSKI Krzysztof</b>	<b>4317</b>	VINCENT POWER	Open Mężczyzn	418	10:30	00:31:34	<b>03:01:37.10</b>	<b>03:01:37.10</b>	+01:40:08 (55.1%)	15:08	4 (45.5%)
652	<b>GRĘŻLIKOWSKI Jakub</b>	<b>3335</b>		Open Mężczyzn	419	08:15	00:32:59	<b>03:01:40.15</b>	<b>03:01:40.15</b>	+01:40:11 (55.2%)	15:08	4 (45.5%)
653	<b>KLICH Maciej</b>	<b>3756</b>	WARANY Z KOMODĄ	Open Mężczyzn	420	09:15	00:32:54	<b>03:01:42.10</b>	<b>03:01:42.10</b>	+01:40:13 (55.2%)	15:08	4 (45.5%)
654	<b>WAGSTYL Mirela</b>	<b>3696</b>		Open Kobiet	67	09:00	00:38:36	<b>03:01:43.65</b>	<b>03:01:43.65</b>	+01:40:15 (55.2%)	15:08	4 (45.5%)
655	<b>CIEPŁY Daniel</b>	<b>3665</b>		Open Mężczyzn	421	09:00	00:38:38	<b>03:01:43.95</b>	<b>03:01:43.95</b>	+01:40:15 (55.2%)	15:08	4 (45.5%)
656	<b>ŁOPAT Łukasz</b>	<b>3790</b>		Open Mężczyzn	422	09:15	00:31:28	<b>03:01:49.15</b>	<b>03:01:49.15</b>	+01:40:20 (55.2%)	15:09	4 (45.5%)
657	<b>LASOŃCZYK Kamil</b>	<b>3234</b>		Open Mężczyzn	423	08:00	00:35:35	<b>03:01:50.15</b>	<b>03:01:50.15</b>	+01:40:21 (55.2%)	15:09	4 (45.5%)
658	<b>SZAFRANIEC Mateusz</b>	<b>3253</b>		Open Mężczyzn	424	08:00	00:35:34	<b>03:01:50.85</b>	<b>03:01:50.85</b>	+01:40:22 (55.2%)	15:09	4 (45.5%)
659	<b>WIRKUS Łukasz</b>	<b>3386</b>	MIRAZ RACE TEAM	Open Mężczyzn	425	08:30	00:35:04	<b>03:02:03.20</b>	<b>03:02:03.20</b>	+01:40:34 (55.2%)	15:10	4 (45.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
660	<b>MIKŁUSZKA Doris</b>	<b>3711</b>	DZIKIE ŻUBRY	Open Masters Kobiet	14	09:15	00:37:05	<b>03:02:07.35</b>	<b>03:02:07.35</b>	+01:40:39 (55.3%)	15:10	4 (45.5%)
661	<b>MAGDZIK Maciej</b>	<b>3009</b>	CARBON OCR RACING TEAM	Elite Mężczyzn	54	07:40	00:34:43	<b>03:02:13.95</b>	<b>03:02:13.95</b>	+01:40:45 (55.3%)	15:11	4 (45.5%)
662	<b>KACZMARCZYK Krzysztof</b>	<b>3674</b>		Open Mężczyzn	426	09:00	00:35:39	<b>03:02:14.75</b>	<b>03:02:14.75</b>	+01:40:46 (55.3%)	15:11	4 (45.5%)
663	<b>MAJĘTNY Karina</b>	<b>3449</b>		Open Kobiet	68	08:30	00:34:07	<b>03:02:15.30</b>	<b>03:02:15.30</b>	+01:40:47 (55.3%)	15:11	4 (45.5%)
663	<b>URBANIAK Mateusz</b>	<b>3706</b>	DIRTY SPARROWS	Open Mężczyzn	427	09:15	00:34:58	<b>03:02:15.30</b>	<b>03:02:15.30</b>	+01:40:47 (55.3%)	15:11	4 (45.5%)
665	<b>DRACZ Mikołaj</b>	<b>3431</b>		Open Mężczyzn	428	08:30	00:34:09	<b>03:02:15.35</b>	<b>03:02:15.35</b>	+01:40:47 (55.3%)	15:11	4 (45.5%)
666	<b>AUGUSTYNIAK Dawid</b>	<b>3424</b>		Open Mężczyzn	429	08:30	00:34:04	<b>03:02:15.45</b>	<b>03:02:15.45</b>	+01:40:47 (55.3%)	15:11	4 (45.5%)
667	<b>PIEUCH Szymon</b>	<b>3421</b>	UMOWA ZLECENIE	Open Mężczyzn	430	08:30	00:34:02	<b>03:02:24.75</b>	<b>03:02:24.75</b>	+01:40:56 (55.3%)	15:12	3.9 (44.3%)
668	<b>RESPONDEK Leszek</b>	<b>3507</b>	HUSARIA RACE TEAM	Open Mężczyzn	431	08:45	00:35:43	<b>03:02:26.60</b>	<b>03:02:26.60</b>	+01:40:58 (55.3%)	15:12	3.9 (44.3%)
669	<b>SOBCZUK Mateusz</b>	<b>4353</b>		Open Mężczyzn	432	10:30	00:37:10	<b>03:02:27.50</b>	<b>03:02:27.50</b>	+01:40:59 (55.3%)	15:12	3.9 (44.3%)
670	<b>BOROŃ Marcin</b>	<b>4320</b>		Open Mężczyzn	433	10:30	00:37:09	<b>03:02:28.90</b>	<b>03:02:28.90</b>	+01:41:00 (55.4%)	15:12	3.9 (44.3%)
671	<b>GORAUS Karol</b>	<b>3420</b>	UMOWA ZLECENIE	Open Mężczyzn	434	08:30	00:34:03	<b>03:02:29.50</b>	<b>03:02:29.50</b>	+01:41:01 (55.4%)	15:12	3.9 (44.3%)
672	<b>WILUSZ Aleksander</b>	<b>3422</b>	UMOWA ZLECENIE	Open Mężczyzn	435	08:30	00:34:00	<b>03:02:29.75</b>	<b>03:02:29.75</b>	+01:41:01 (55.4%)	15:12	3.9 (44.3%)
673	<b>GĘSTY Łukasz</b>	<b>4109</b>		Open Mężczyzn	436	10:00	00:36:21	<b>03:02:30.65</b>	<b>03:02:30.65</b>	+01:41:02 (55.4%)	15:12	3.9 (44.3%)
674	<b>MOTAK Tomasz</b>	<b>3567</b>		Open Mężczyzn	437	08:45	00:30:19	<b>03:02:36.15</b>	<b>03:02:36.15</b>	+01:41:07 (55.4%)	15:13	3.9 (44.3%)
675	<b>MIKOŚ Jarosław</b>	<b>3566</b>		Open Mężczyzn	438	08:45	00:30:19	<b>03:02:36.45</b>	<b>03:02:36.45</b>	+01:41:08 (55.4%)	15:13	3.9 (44.3%)
676	<b>RESPONDEK Szymon</b>	<b>3576</b>		Open Mężczyzn	439	08:45	00:35:47	<b>03:02:39.10</b>	<b>03:02:39.10</b>	+01:41:10 (55.4%)	15:13	3.9 (44.3%)
676	<b>EDER Wolfgang</b>	<b>3882</b>	PREZES TEAM SP. Z O. O.	Open Mężczyzn	440	09:30	00:39:32	<b>03:02:39.10</b>	<b>03:02:39.10</b>	+01:41:10 (55.4%)	15:13	3.9 (44.3%)
678	<b>LUSTIG Nicol</b>	<b>3883</b>	PREZES TEAM SP. Z O. O.	Open Kobiet	69	09:30	00:39:22	<b>03:02:39.25</b>	<b>03:02:39.25</b>	+01:41:10 (55.4%)	15:13	3.9 (44.3%)
679	<b>SYCH Monika</b>	<b>4382</b>		Open Kobiet	70	10:00	00:36:21	<b>03:02:41.35</b>	<b>03:02:41.35</b>	+01:41:13 (55.4%)	15:13	3.9 (44.3%)
680	<b>KOWALCZYK Grażyna</b>	<b>4381</b>		Open Kobiet	71	10:00	00:36:23	<b>03:02:44.65</b>	<b>03:02:44.65</b>	+01:41:16 (55.4%)	15:13	3.9 (44.3%)
681	<b>GRUBA Bartek</b>	<b>3754</b>	WARANY Z KOMODĄ	Open Mężczyzn	441	09:15	00:33:05	<b>03:02:44.85</b>	<b>03:02:44.85</b>	+01:41:16 (55.4%)	15:13	3.9 (44.3%)
682	<b>SUKIENNIK Marcin</b>	<b>4355</b>		Open Mężczyzn	442	10:30	00:32:02	<b>03:02:53.10</b>	<b>03:02:53.10</b>	+01:41:24 (55.5%)	15:14	3.9 (44.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
683	<b>PARZĘCZEWSKI Zbigniew</b>	<b>4348</b>		Open Mężczyzn	443	10:30	00:32:02	<b>03:02:53.85</b>	<b>03:02:53.85</b>	+01:41:25 (55.5%)	15:14	3.9 (44.3%)
684	<b>KLICH Wojciech</b>	<b>3757</b>	WARANY Z KOMODĄ	Open Mężczyzn	444	09:15	00:33:07	<b>03:02:58.95</b>	<b>03:02:58.95</b>	+01:41:30 (55.5%)	15:14	3.9 (44.3%)
685	<b>MARECIK Dawid</b>	<b>3099</b>		Open Mężczyzn	445	07:40	00:28:12	<b>03:03:00.05</b>	<b>03:03:00.05</b>	+01:41:31 (55.5%)	15:15	3.9 (44.3%)
686	<b>OKÓLSKA Katarzyna</b>	<b>4050</b>	DIRTY CHEWBACCA	Open Kobiet	72	10:00	00:37:41	<b>03:03:02.65</b>	<b>03:03:02.65</b>	+01:41:34 (55.5%)	15:15	3.9 (44.3%)
687	<b>CZARNOTA Grzegorz</b>	<b>4049</b>	DIRTY CHEWBACCA	Open Mężczyzn	446	10:00	00:37:40	<b>03:03:03.30</b>	<b>03:03:03.30</b>	+01:41:35 (55.5%)	15:15	3.9 (44.3%)
688	<b>KLICH Bartosz</b>	<b>3755</b>	WARANY Z KOMODĄ	Open Mężczyzn	447	09:15	00:33:06	<b>03:03:09.45</b>	<b>03:03:09.45</b>	+01:41:41 (55.5%)	15:15	3.9 (44.3%)
689	<b>BLAROWSKA Monika</b>	<b>3856</b>	KRÓLICZKI WOLASA	Open Kobiet	73	09:30	00:36:53	<b>03:03:18.95</b>	<b>03:03:18.95</b>	+01:41:50 (55.6%)	15:16	3.9 (44.3%)
690	<b>ZDAŃKOWSKI Mateusz</b>	<b>3582</b>		Open Mężczyzn	448	08:45	00:37:29	<b>03:03:22.80</b>	<b>03:03:22.80</b>	+01:41:54 (55.6%)	15:16	3.9 (44.3%)
691	<b>KACZMARCZYK Anna</b>	<b>3388</b>	NDE	Open Kobiet	74	08:30	00:35:50	<b>03:03:27.65</b>	<b>03:03:27.65</b>	+01:41:59 (55.6%)	15:17	3.9 (44.3%)
692	<b>KACZMARCZYK Krzysztof</b>	<b>3389</b>	NDE	Open Mężczyzn	449	08:30	00:35:48	<b>03:03:29.00</b>	<b>03:03:29.00</b>	+01:42:00 (55.6%)	15:17	3.9 (44.3%)
693	<b>SENIUK Dawid</b>	<b>4197</b>	X-TEAM TARNÓW	Open Mężczyzn	450	10:15	00:34:56	<b>03:03:29.50</b>	<b>03:03:29.50</b>	+01:42:01 (55.6%)	15:17	3.9 (44.3%)
694	<b>ŁUCZAK Radosław</b>	<b>4227</b>		Open Masters Mężczyzn	93	10:15	00:35:08	<b>03:03:33.40</b>	<b>03:03:33.40</b>	+01:42:05 (55.6%)	15:17	3.9 (44.3%)
695	<b>HATALA Ignacy</b>	<b>3857</b>	KRÓLICZKI WOLASA	Open Mężczyzn	451	09:30	00:36:17	<b>03:03:41.15</b>	<b>03:03:41.15</b>	+01:42:12 (55.6%)	15:18	3.9 (44.3%)
696	<b>PAWLUS Martyna</b>	<b>3858</b>	KRÓLICZKI WOLASA	Open Kobiet	75	09:30	00:36:35	<b>03:03:43.55</b>	<b>03:03:43.55</b>	+01:42:15 (55.7%)	15:18	3.9 (44.3%)
697	<b>ROGUSKI Adam</b>	<b>3002</b>	BASTION	Open Mężczyzn	452	07:40	00:27:53	<b>03:03:47.95</b>	<b>03:03:47.95</b>	+01:42:19 (55.7%)	15:18	3.9 (44.3%)
698	<b>SALAMON Maateusz</b>	<b>3625</b>	NIEWIDZĘPRZESZKÓD	Open Mężczyzn	453	09:00	00:44:38	<b>03:03:48.40</b>	<b>03:03:48.40</b>	+01:42:20 (55.7%)	15:19	3.9 (44.3%)
699	<b>GARBACZ Edyta</b>	<b>4193</b>	X-TEAM TARNÓW	Open Kobiet	76	10:15	00:34:58	<b>03:04:03.10</b>	<b>03:04:03.10</b>	+01:42:34 (55.7%)	15:20	3.9 (44.3%)
700	<b>KOSSOWSKI Jarek</b>	<b>4116</b>		Open Mężczyzn	454	10:00	00:32:40	<b>03:04:04.70</b>	<b>03:04:04.70</b>	+01:42:36 (55.7%)	15:20	3.9 (44.3%)
701	<b>MURA Karolina</b>	<b>4231</b>		Open Kobiet	77	10:15	00:36:10	<b>03:04:07.25</b>	<b>03:04:07.25</b>	+01:42:38 (55.8%)	15:20	3.9 (44.3%)
702	<b>KLOS Daniel</b>	<b>4223</b>		Open Mężczyzn	455	10:15	00:36:10	<b>03:04:13.15</b>	<b>03:04:13.15</b>	+01:42:44 (55.8%)	15:21	3.9 (44.3%)
703	<b>PODMAGÓRSKI Krzysztof</b>	<b>3322</b>	UTANI GRAN HUR	Open Mężczyzn	456	08:15	00:34:33	<b>03:04:20.40</b>	<b>03:04:20.40</b>	+01:42:52 (55.8%)	15:21	3.9 (44.3%)
704	<b>KOSSOWSKI Paweł</b>	<b>4117</b>		Open Masters Mężczyzn	94	10:00	00:32:38	<b>03:04:22.05</b>	<b>03:04:22.05</b>	+01:42:53 (55.8%)	15:21	3.9 (44.3%)
705	<b>WILCZEK Lukasz</b>	<b>3258</b>		Open Mężczyzn	457	08:00	00:32:45	<b>03:04:27.45</b>	<b>03:04:27.45</b>	+01:42:59 (55.8%)	15:22	3.9 (44.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
706	<b>SKUPIEŃ Patryk</b>	<b>3105</b>		Elite Masters Mężczyzn	9	07:40	00:27:06	<b>03:04:34.20</b>	<b>03:04:34.20</b>	+01:43:05 (55.9%)	15:22	3.9 (44.3%)
707	<b>MAŁCZAK Piotr</b>	<b>4175</b>	OINKOINK	Open Mężczyzn	458	10:15	00:34:08	<b>03:04:36.35</b>	<b>03:04:36.35</b>	+01:43:08 (55.9%)	15:23	3.9 (44.3%)
708	<b>MAŁCZAK Szymon</b>	<b>4176</b>	OINKOINK	Open Mężczyzn	459	10:15	00:34:09	<b>03:04:38.80</b>	<b>03:04:38.80</b>	+01:43:10 (55.9%)	15:23	3.9 (44.3%)
709	<b>MIERZWA Kamil</b>	<b>3971</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	460	09:45	00:34:14	<b>03:04:38.90</b>	<b>03:04:38.90</b>	+01:43:10 (55.9%)	15:23	3.9 (44.3%)
710	<b>GŁADYSZ Marcin</b>	<b>3902</b>	WILK TRENUJE	Open Mężczyzn	461	09:30	00:33:49	<b>03:04:47.65</b>	<b>03:04:47.65</b>	+01:43:19 (55.9%)	15:23	3.9 (44.3%)
711	<b>KUMALA Agnieszka</b>	<b>3618</b>	NIEWIDZĘPRZESZKÓD	Open Kobiet	78	09:00	00:44:37	<b>03:05:04.05</b>	<b>03:05:04.05</b>	+01:43:35 (56.0%)	15:25	3.9 (44.3%)
712	<b>ANUSZCZYK Mariusz</b>	<b>3088</b>		Open Masters Mężczyzn	95	07:40	00:24:31	<b>03:05:21.55</b>	<b>03:05:21.55</b>	+01:43:53 (56.0%)	15:26	3.9 (44.3%)
713	<b>JASTRZĘBSKA Agnieszka</b>	<b>3851</b>	KOZOGROM	Open Kobiet	79	09:30	00:39:23	<b>03:05:23.50</b>	<b>03:05:23.50</b>	+01:43:55 (56.1%)	15:26	3.9 (44.3%)
714	<b>CEGLARZ Grzegorz</b>	<b>3849</b>	KOZOGROM	Open Mężczyzn	462	09:30	00:39:18	<b>03:05:25.00</b>	<b>03:05:25.00</b>	+01:43:56 (56.1%)	15:27	3.9 (44.3%)
715	<b>CZAJKA Tomasz</b>	<b>4212</b>		Open Mężczyzn	463	10:15	00:35:07	<b>03:05:31.50</b>	<b>03:05:31.50</b>	+01:44:03 (56.1%)	15:27	3.9 (44.3%)
716	<b>JASTRZĘBSKA Joanna</b>	<b>3852</b>	KOZOGROM	Open Kobiet	80	09:30	00:39:28	<b>03:05:33.75</b>	<b>03:05:33.75</b>	+01:44:05 (56.1%)	15:27	3.9 (44.3%)
717	<b>LIS Maciej</b>	<b>3410</b>	SRTG GLIWICE	Open Mężczyzn	464	08:30	00:32:11	<b>03:05:39.00</b>	<b>03:05:39.00</b>	+01:44:10 (56.1%)	15:28	3.9 (44.3%)
718	<b>SKWARA Anna</b>	<b>3921</b>		Open Kobiet	81	09:30	00:34:16	<b>03:05:39.80</b>	<b>03:05:39.80</b>	+01:44:11 (56.1%)	15:28	3.9 (44.3%)
719	<b>MATŁOKA Bartłomiej</b>	<b>3913</b>		Open Mężczyzn	465	09:30	00:34:17	<b>03:05:41.20</b>	<b>03:05:41.20</b>	+01:44:12 (56.1%)	15:28	3.9 (44.3%)
720	<b>SZEPIECIŃSKI Jakub</b>	<b>3973</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	466	09:45	00:37:29	<b>03:05:42.35</b>	<b>03:05:42.35</b>	+01:44:14 (56.1%)	15:28	3.9 (44.3%)
721	<b>BANASZAK Paweł</b>	<b>4207</b>		Open Mężczyzn	467	10:15	00:33:07	<b>03:05:49.65</b>	<b>03:05:49.65</b>	+01:44:21 (56.2%)	15:29	3.9 (44.3%)
722	<b>WOLAK Ania</b>	<b>4080</b>	PANCERNE FRELKI	Open Kobiet	82	09:45	00:37:26	<b>03:05:52.25</b>	<b>03:05:52.25</b>	+01:44:23 (56.2%)	15:29	3.9 (44.3%)
723	<b>BARANOWSKI Dawid</b>	<b>3190</b>	LA BOCA DE LA COCA	Open Mężczyzn	468	08:00	00:37:00	<b>03:05:56.50</b>	<b>03:05:56.50</b>	+01:44:28 (56.2%)	15:29	3.9 (44.3%)
724	<b>STACHAŃCZYK Dariusz</b>	<b>3692</b>		Open Masters Mężczyzn	96	09:00	00:34:11	<b>03:05:57.20</b>	<b>03:05:57.20</b>	+01:44:28 (56.2%)	15:29	3.9 (44.3%)
725	<b>HAJDUK Krzysztof</b>	<b>4216</b>		Open Mężczyzn	469	10:15	00:37:03	<b>03:06:02.15</b>	<b>03:06:02.15</b>	+01:44:33 (56.2%)	15:30	3.9 (44.3%)
726	<b>KORDZIKOWSKA Anna</b>	<b>3617</b>	NIEWIDZĘPRZESZKÓD	Open Kobiet	83	09:00	00:45:27	<b>03:06:08.15</b>	<b>03:06:08.15</b>	+01:44:39 (56.2%)	15:30	3.9 (44.3%)
727	<b>MENDAKIEWICZ Magdalena</b>	<b>3620</b>	NIEWIDZĘPRZESZKÓD	Open Masters Kobiet	15	09:00	00:45:01	<b>03:06:08.25</b>	<b>03:06:08.25</b>	+01:44:39 (56.2%)	15:30	3.9 (44.3%)
728	<b>ŁASKAWIEC Rafał</b>	<b>3853</b>	KOZOGROM	Open Mężczyzn	470	09:30	00:39:28	<b>03:06:11.10</b>	<b>03:06:11.10</b>	+01:44:42 (56.2%)	15:30	3.9 (44.3%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
729	<b>GÓRSKI Wojciech</b>	<b>3962</b>	KOZOGROM	Open Mężczyzn	471	09:30	00:39:18	<b>03:06:11.25</b>	<b>03:06:11.25</b>	+01:44:42 (56.2%)	15:30	3.9 (44.3%)
730	<b>CZECHOWSKI Piotr</b>	<b>3046</b>	LUBIĘ BURPEES'Y	Open Masters Mężczyzn	97	07:40	00:22:52	<b>03:06:15.35</b>	<b>03:06:15.35</b>	+01:44:47 (56.3%)	15:31	3.9 (44.3%)
731	<b>OLEJNICZAK Patryk</b>	<b>4233</b>		Open Masters Mężczyzn	98	10:15	00:36:12	<b>03:06:17.90</b>	<b>03:06:17.90</b>	+01:44:49 (56.3%)	15:31	3.9 (44.3%)
732	<b>MUSIOLIK Mateusz</b>	<b>3982</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	472	09:45	00:33:21	<b>03:06:19.55</b>	<b>03:06:19.55</b>	+01:44:51 (56.3%)	15:31	3.9 (44.3%)
733	<b>LISZKA-JEZIERSKA Agata</b>	<b>3789</b>		Open Masters Kobiet	16	09:15	00:32:19	<b>03:06:29.05</b>	<b>03:06:29.05</b>	+01:45:00 (56.3%)	15:32	3.9 (44.3%)
734	<b>ŁUSZCZ Mirosław</b>	<b>3791</b>		Open Masters Mężczyzn	99	09:15	00:32:11	<b>03:06:29.65</b>	<b>03:06:29.65</b>	+01:45:01 (56.3%)	15:32	3.9 (44.3%)
735	<b>DĄBROWSKI Tomasz</b>	<b>3032</b>	HUSARIA RACE TEAM	Open Mężczyzn	473	07:40	00:25:14	<b>03:06:42.55</b>	<b>03:06:42.55</b>	+01:45:14 (56.4%)	15:33	3.9 (44.3%)
736	<b>SKIBA Mirosław</b>	<b>3749</b>	STREFA BYKÓW	Open Masters Mężczyzn	100	09:15	00:35:56	<b>03:06:45.60</b>	<b>03:06:45.60</b>	+01:45:17 (56.4%)	15:33	3.9 (44.3%)
737	<b>JUDEK Łukasz</b>	<b>3094</b>		Open Mężczyzn	474	07:40	00:22:48	<b>03:06:50.40</b>	<b>03:06:50.40</b>	+01:45:22 (56.4%)	15:34	3.9 (44.3%)
738	<b>DZIOMBEK Marcin</b>	<b>3550</b>		Open Mężczyzn	475	08:45	00:37:33	<b>03:06:50.65</b>	<b>03:06:50.65</b>	+01:45:22 (56.4%)	15:34	3.9 (44.3%)
739	<b>DZIOMBEK Artur</b>	<b>3549</b>		Open Mężczyzn	476	08:45	00:37:37	<b>03:06:51.95</b>	<b>03:06:51.95</b>	+01:45:23 (56.4%)	15:34	3.9 (44.3%)
740	<b>MANISTA Aneta</b>	<b>3855</b>	KOZOGROM	Open Kobiet	84	09:30	00:39:50	<b>03:06:58.05</b>	<b>03:06:58.05</b>	+01:45:29 (56.4%)	15:34	3.9 (44.3%)
741	<b>SABATOWSKI Krzysztof</b>	<b>4030</b>		Open Mężczyzn	477	09:45	00:37:28	<b>03:06:58.35</b>	<b>03:06:58.35</b>	+01:45:30 (56.4%)	15:34	3.9 (44.3%)
742	<b>RZONSIK Katarzyna</b>	<b>3987</b>	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	17	09:45	00:33:18	<b>03:07:01.40</b>	<b>03:07:01.40</b>	+01:45:33 (56.4%)	15:35	3.8 (43.2%)
743	<b>CHORAŻY Dariusz</b>	<b>3329</b>		Open Mężczyzn	478	08:15	00:33:40	<b>03:07:12.35</b>	<b>03:07:12.35</b>	+01:45:44 (56.5%)	15:36	3.8 (43.2%)
744	<b>CHMIELORZ Magdalena</b>	<b>3949</b>	CARBON OCR RACING TEAM	Open Kobiet	85	09:45	00:40:58	<b>03:07:13.55</b>	<b>03:07:13.55</b>	+01:45:45 (56.5%)	15:36	3.8 (43.2%)
745	<b>DUCH Dawid</b>	<b>4083</b>	PWC SDC RUNNERS TEAM	Open Mężczyzn	479	10:00	00:41:23	<b>03:07:14.50</b>	<b>03:07:14.50</b>	+01:45:46 (56.5%)	15:36	3.8 (43.2%)
746	<b>TORMA Zsolt</b>	<b>4084</b>	PWC SDC RUNNERS TEAM	Open Mężczyzn	480	10:00	00:41:24	<b>03:07:15.05</b>	<b>03:07:15.05</b>	+01:45:46 (56.5%)	15:36	3.8 (43.2%)
747	<b>CHRAPKIEWICZ Agnieszka</b>	<b>3961</b>	KOCIERZ TEAM	Open Kobiet	86	09:45	00:37:10	<b>03:07:18.75</b>	<b>03:07:18.75</b>	+01:45:50 (56.5%)	15:36	3.8 (43.2%)
748	<b>CYGAN Tomasz</b>	<b>3708</b>	DZIKIE ŻUBRY	Open Masters Mężczyzn	101	09:15	00:36:51	<b>03:07:24.35</b>	<b>03:07:24.35</b>	+01:45:56 (56.5%)	15:37	3.8 (43.2%)
749	<b>KANCLERZ Tomasz</b>	<b>4051</b>	EKO-OKNA RUNNERS	Open Mężczyzn	481	10:00	00:37:10	<b>03:07:27.80</b>	<b>03:07:27.80</b>	+01:45:59 (56.5%)	15:37	3.8 (43.2%)
750	<b>SARMAK Ireneusz</b>	<b>4052</b>	EKO-OKNA RUNNERS	Open Mężczyzn	482	10:00	00:37:10	<b>03:07:29.10</b>	<b>03:07:29.10</b>	+01:46:00 (56.5%)	15:37	3.8 (43.2%)
751	<b>RABIN Szymon</b>	<b>3182</b>	HUSARIA RACE TEAM	Open Mężczyzn	483	08:00	00:35:40	<b>03:07:29.40</b>	<b>03:07:29.40</b>	+01:46:01 (56.5%)	15:37	3.8 (43.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
752	<b>LORANC Paweł</b>	<b>3018</b>	DENISTEAM	Open Masters Mężczyzn	102	07:40	00:24:36	<b>03:07:37.75</b>	<b>03:07:37.75</b>	+01:46:09 (56.6%)	15:38	3.8 (43.2%)
753	<b>MUSIL Mike</b>	<b>3455</b>		Open Masters Mężczyzn	103	08:00	00:38:25	<b>03:07:45.85</b>	<b>03:07:45.85</b>	+01:46:17 (56.6%)	15:38	3.8 (43.2%)
754	<b>GADOMSKA Martyna</b>	<b>3702</b>	CIENIASY TEAM	Open Kobiet	87	09:15	00:34:51	<b>03:08:02.95</b>	<b>03:08:02.95</b>	+01:46:34 (56.7%)	15:40	3.8 (43.2%)
754	<b>GADOMSKA Natalia</b>	<b>3703</b>	CIENIASY TEAM	Open Kobiet	88	09:15	00:34:51	<b>03:08:02.95</b>	<b>03:08:02.95</b>	+01:46:34 (56.7%)	15:40	3.8 (43.2%)
754	<b>STOPKA Daniel</b>	<b>3705</b>	CIENIASY TEAM	Open Masters Mężczyzn	104	09:15	00:34:52	<b>03:08:02.95</b>	<b>03:08:02.95</b>	+01:46:34 (56.7%)	15:40	3.8 (43.2%)
757	<b>NOWAK Joanna</b>	<b>4023</b>		Open Masters Kobiet	18	09:45	00:37:33	<b>03:08:09.15</b>	<b>03:08:09.15</b>	+01:46:40 (56.7%)	15:40	3.8 (43.2%)
758	<b>BADURA Basia</b>	<b>3866</b>	MOMO TEAM	Open Kobiet	89	09:30	00:39:26	<b>03:08:12.30</b>	<b>03:08:12.30</b>	+01:46:44 (56.7%)	15:41	3.8 (43.2%)
759	<b>JANKOWSKA Becia</b>	<b>3869</b>	MOMO TEAM	Open Masters Kobiet	19	09:30	00:40:41	<b>03:08:20.65</b>	<b>03:08:20.65</b>	+01:46:52 (56.7%)	15:41	3.8 (43.2%)
760	<b>HAŁAT Aleksander</b>	<b>3339</b>		Open Mężczyzn	484	08:15	00:33:39	<b>03:08:23.50</b>	<b>03:08:23.50</b>	+01:46:55 (56.8%)	15:41	3.8 (43.2%)
761	<b>GUCIK Piotr</b>	<b>3024</b>	EKO-OKNA RUNNERS	Open Mężczyzn	485	07:40	00:22:50	<b>03:08:39.80</b>	<b>03:08:39.80</b>	+01:47:11 (56.8%)	15:43	3.8 (43.2%)
762	<b>DRĄG Tomasz</b>	<b>3588</b>	BOOT CAMP POLSKA	Open Mężczyzn	486	09:00	00:38:22	<b>03:08:44.75</b>	<b>03:08:44.75</b>	+01:47:16 (56.8%)	15:43	3.8 (43.2%)
763	<b>CHANEK Maciej</b>	<b>3663</b>		Open Mężczyzn	487	09:00	00:39:22	<b>03:08:54.80</b>	<b>03:08:54.80</b>	+01:47:26 (56.9%)	15:44	3.8 (43.2%)
764	<b>MOKSIK Jan</b>	<b>3496</b>	FIT & MORE RYBNIK	Open Masters Mężczyzn	105	08:45	00:38:28	<b>03:08:56.30</b>	<b>03:08:56.30</b>	+01:47:28 (56.9%)	15:44	3.8 (43.2%)
765	<b>MOKSIK Agnieszka</b>	<b>3495</b>	FIT & MORE RYBNIK	Open Masters Kobiet	20	08:45	00:38:29	<b>03:08:58.05</b>	<b>03:08:58.05</b>	+01:47:29 (56.9%)	15:44	3.8 (43.2%)
766	<b>WARDENGA Michalina</b>	<b>3988</b>	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	90	09:45	00:33:15	<b>03:09:03.10</b>	<b>03:09:03.10</b>	+01:47:34 (56.9%)	15:45	3.8 (43.2%)
767	<b>MRZYK Magdalena</b>	<b>3599</b>	HARPAGAN BEAST	Open Kobiet	91	09:00	00:35:35	<b>03:09:03.60</b>	<b>03:09:03.60</b>	+01:47:35 (56.9%)	15:45	3.8 (43.2%)
768	<b>KRZĄKAŁA Michał</b>	<b>4119</b>		Open Mężczyzn	488	10:00	00:34:24	<b>03:09:13.30</b>	<b>03:09:13.30</b>	+01:47:45 (56.9%)	15:46	3.8 (43.2%)
769	<b>RAK Sebastian</b>	<b>3986</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	489	09:45	00:33:13	<b>03:09:18.40</b>	<b>03:09:18.40</b>	+01:47:50 (57.0%)	15:46	3.8 (43.2%)
770	<b>ZIELIŃSKA Magdalena</b>	<b>3639</b>	RUN BITCHES RUN	Open Kobiet	92	09:00	00:35:57	<b>03:09:20.35</b>	<b>03:09:20.35</b>	+01:47:52 (57.0%)	15:46	3.8 (43.2%)
771	<b>POPŁAWSKA Aleksandra</b>	<b>3638</b>	RUN BITCHES RUN	Open Kobiet	93	09:00	00:36:23	<b>03:09:20.55</b>	<b>03:09:20.55</b>	+01:47:52 (57.0%)	15:46	3.8 (43.2%)
772	<b>LIPIŃSKI Grzegorz</b>	<b>3637</b>	RUN BITCHES RUN	Open Masters Mężczyzn	106	09:00	00:35:48	<b>03:09:20.90</b>	<b>03:09:20.90</b>	+01:47:52 (57.0%)	15:46	3.8 (43.2%)
773	<b>PORĘBSKI Jarosław</b>	<b>3574</b>		Open Mężczyzn	490	08:45	00:44:14	<b>03:09:24.90</b>	<b>03:09:24.90</b>	+01:47:56 (57.0%)	15:47	3.8 (43.2%)
774	<b>KAWECKI Marek</b>	<b>4113</b>		Open Masters Mężczyzn	107	10:00	00:38:58	<b>03:09:25.40</b>	<b>03:09:25.40</b>	+01:47:57 (57.0%)	15:47	3.8 (43.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
775	<b>BUREK Marek</b>	<b>3546</b>		Open Mężczyzn	491	08:45	00:43:50	<b>03:09:27.35</b>	<b>03:09:27.35</b>	+01:47:59 (57.0%)	15:47	3.8 (43.2%)
776	<b>DYMEK Marek</b>	<b>3208</b>		Open Mężczyzn	492	08:00	00:40:16	<b>03:09:39.25</b>	<b>03:09:39.25</b>	+01:48:10 (57.0%)	15:48	3.8 (43.2%)
777	<b>PAWŁOWSKA Dorota</b>	<b>3983</b>	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	21	09:45	00:38:00	<b>03:09:40.15</b>	<b>03:09:40.15</b>	+01:48:11 (57.0%)	15:48	3.8 (43.2%)
778	<b>IZBA Damian</b>	<b>3176</b>	HUSARIA RACE TEAM	Open Mężczyzn	493	08:00	00:38:08	<b>03:09:45.70</b>	<b>03:09:45.70</b>	+01:48:17 (57.1%)	15:48	3.8 (43.2%)
779	<b>KARCZ Paweł</b>	<b>3557</b>		Open Mężczyzn	494	08:45	00:43:51	<b>03:09:58.05</b>	<b>03:09:58.05</b>	+01:48:29 (57.1%)	15:49	3.8 (43.2%)
780	<b>ORŁOWSKI Michał</b>	<b>3307</b>	PODNIĘŚ KOTLETA	Open Mężczyzn	495	08:15	00:45:16	<b>03:10:05.50</b>	<b>03:10:05.50</b>	+01:48:37 (57.1%)	15:50	3.8 (43.2%)
781	<b>KWOKA Ewa</b>	<b>3306</b>	PODNIĘŚ KOTLETA	Open Kobiet	94	08:15	00:45:15	<b>03:10:05.60</b>	<b>03:10:05.60</b>	+01:48:37 (57.1%)	15:50	3.8 (43.2%)
782	<b>SERWACZAK Martyna</b>	<b>3802</b>		Open Kobiet	95	09:15	00:36:14	<b>03:10:07.05</b>	<b>03:10:07.05</b>	+01:48:38 (57.1%)	15:50	3.8 (43.2%)
783	<b>KUCZERA Agata</b>	<b>3871</b>	MOMO TEAM	Open Kobiet	96	09:30	00:39:55	<b>03:10:09.75</b>	<b>03:10:09.75</b>	+01:48:41 (57.2%)	15:50	3.8 (43.2%)
784	<b>MUSZKIET Waldemar</b>	<b>3995</b>	ZIMNA WÓDKA	Open Mężczyzn	496	09:45	00:35:12	<b>03:10:14.90</b>	<b>03:10:14.90</b>	+01:48:46 (57.2%)	15:51	3.8 (43.2%)
785	<b>SZYGUŁA Damian</b>	<b>3998</b>	ZIMNA WÓDKA	Open Mężczyzn	497	09:45	00:35:24	<b>03:10:21.15</b>	<b>03:10:21.15</b>	+01:48:52 (57.2%)	15:51	3.8 (43.2%)
786	<b>PIELA Michał</b>	<b>3997</b>	ZIMNA WÓDKA	Open Mężczyzn	498	09:45	00:35:11	<b>03:10:22.50</b>	<b>03:10:22.50</b>	+01:48:54 (57.2%)	15:51	3.8 (43.2%)
787	<b>GRANDYS Mariusz</b>	<b>4162</b>	GT ALEX TEAM	Open Mężczyzn	499	10:15	00:36:42	<b>03:10:25.10</b>	<b>03:10:25.10</b>	+01:48:56 (57.2%)	15:52	3.8 (43.2%)
788	<b>HEREDA Tomasz</b>	<b>3436</b>		Open Mężczyzn	500	08:30	00:40:15	<b>03:10:36.75</b>	<b>03:10:36.75</b>	+01:49:08 (57.3%)	15:53	3.8 (43.2%)
789	<b>WILCZEK Mateusz</b>	<b>3999</b>	ZIMNA WÓDKA	Open Mężczyzn	501	09:45	00:35:16	<b>03:10:37.45</b>	<b>03:10:37.45</b>	+01:49:09 (57.3%)	15:53	3.8 (43.2%)
790	<b>MATUSZEK Jan</b>	<b>3994</b>	ZIMNA WÓDKA	Open Mężczyzn	502	09:45	00:35:15	<b>03:10:37.85</b>	<b>03:10:37.85</b>	+01:49:09 (57.3%)	15:53	3.8 (43.2%)
791	<b>GONTARZ Agnieszka</b>	<b>3992</b>	ZIMNA WÓDKA	Open Kobiet	97	09:45	00:35:23	<b>03:10:43.35</b>	<b>03:10:43.35</b>	+01:49:15 (57.3%)	15:53	3.8 (43.2%)
792	<b>GROBORZ Anita</b>	<b>4009</b>		Open Masters Kobiet	22	09:45	00:38:56	<b>03:10:48.35</b>	<b>03:10:48.35</b>	+01:49:20 (57.3%)	15:54	3.8 (43.2%)
793	<b>FURMAN Sylwia</b>	<b>3868</b>	MOMO TEAM	Open Masters Kobiet	23	09:30	00:41:20	<b>03:10:49.00</b>	<b>03:10:49.00</b>	+01:49:20 (57.3%)	15:54	3.8 (43.2%)
794	<b>WILK Anna</b>	<b>3423</b>	WOŁOŚWIRY	Open Kobiet	98	08:30	00:40:52	<b>03:10:49.65</b>	<b>03:10:49.65</b>	+01:49:21 (57.3%)	15:54	3.8 (43.2%)
795	<b>SKOWRONEK Dagmara</b>	<b>3967</b>	MOMO TEAM	Open Kobiet	99	09:30	00:40:45	<b>03:10:56.90</b>	<b>03:10:56.90</b>	+01:49:28 (57.3%)	15:54	3.8 (43.2%)
796	<b>ORZECHOWSKA Żaneta</b>	<b>3411</b>	SRTG GLIWICE	Open Kobiet	100	08:30	00:39:09	<b>03:11:03.40</b>	<b>03:11:03.40</b>	+01:49:35 (57.4%)	15:55	3.8 (43.2%)
797	<b>PODLEŚNY Michał</b>	<b>3984</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	503	09:45	00:33:16	<b>03:11:05.60</b>	<b>03:11:05.60</b>	+01:49:37 (57.4%)	15:55	3.8 (43.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
798	<b>STĘPAK Patrycja</b>	<b>3412</b>	SRTG GLIWICE	Open Kobiet	101	08:30	00:39:08	<b>03:11:07.05</b>	<b>03:11:07.05</b>	+01:49:38 (57.4%)	15:55	3.8 (43.2%)
799	<b>MARZEC Rafał</b>	<b>3393</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	504	08:30	00:33:51	<b>03:11:07.40</b>	<b>03:11:07.40</b>	+01:49:39 (57.4%)	15:55	3.8 (43.2%)
800	<b>SKOCZEK Anna</b>	<b>4067</b>	KOCHAM SŁODKIE	Open Kobiet	102	10:00	00:37:49	<b>03:11:09.85</b>	<b>03:11:09.85</b>	+01:49:41 (57.4%)	15:55	3.8 (43.2%)
801	<b>STOPIAK Rafał</b>	<b>4183</b>	SMOKASYNY	Open Mężczyzn	505	10:15	00:40:19	<b>03:11:10.05</b>	<b>03:11:10.05</b>	+01:49:41 (57.4%)	15:55	3.8 (43.2%)
802	<b>CHRAPEK Szczepan</b>	<b>4179</b>	SMOKASYNY	Open Mężczyzn	506	10:15	00:39:59	<b>03:11:15.35</b>	<b>03:11:15.35</b>	+01:49:47 (57.4%)	15:56	3.8 (43.2%)
803	<b>PAWLUS Grzegorz</b>	<b>3355</b>		Open Mężczyzn	507	08:15	00:32:15	<b>03:11:24.95</b>	<b>03:11:24.95</b>	+01:49:56 (57.4%)	15:57	3.8 (43.2%)
804	<b>LABUS Grzegorz</b>	<b>4121</b>		Open Mężczyzn	508	10:00	00:34:26	<b>03:11:26.40</b>	<b>03:11:26.40</b>	+01:49:58 (57.4%)	15:57	3.8 (43.2%)
805	<b>KOLANKO Grzegorz</b>	<b>4066</b>	KOCHAM SŁODKIE	Open Mężczyzn	509	10:00	00:37:49	<b>03:11:31.45</b>	<b>03:11:31.45</b>	+01:50:03 (57.5%)	15:57	3.8 (43.2%)
806	<b>RUCZYNSKI Damian</b>	<b>3359</b>		Open Mężczyzn	510	08:15	00:44:02	<b>03:11:33.35</b>	<b>03:11:33.35</b>	+01:50:05 (57.5%)	15:57	3.8 (43.2%)
807	<b>GRONEK Marta</b>	<b>3336</b>		Open Kobiet	103	08:15	00:43:56	<b>03:11:33.70</b>	<b>03:11:33.70</b>	+01:50:05 (57.5%)	15:57	3.8 (43.2%)
808	<b>DAŃCZURA Rafał</b>	<b>3330</b>		Open Mężczyzn	511	08:15	00:43:59	<b>03:11:34.55</b>	<b>03:11:34.55</b>	+01:50:06 (57.5%)	15:57	3.8 (43.2%)
809	<b>ZNISZCZOŁ Łukasz</b>	<b>3991</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	512	09:45	00:38:55	<b>03:11:39.90</b>	<b>03:11:39.90</b>	+01:50:11 (57.5%)	15:58	3.8 (43.2%)
810	<b>GORCZEWSKI Maciej</b>	<b>3317</b>	UTANI GRAN HUR	Open Mężczyzn	513	08:15	00:34:21	<b>03:11:41.60</b>	<b>03:11:41.60</b>	+01:50:13 (57.5%)	15:58	3.8 (43.2%)
811	<b>RYDZEWSKI Grzegorz</b>	<b>4136</b>		Open Mężczyzn	514	10:00	00:34:25	<b>03:11:45.55</b>	<b>03:11:45.55</b>	+01:50:17 (57.5%)	15:58	3.8 (43.2%)
812	<b>WIŚNIEWSKA Arleta</b>	<b>3989</b>	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	24	09:45	00:37:13	<b>03:11:46.05</b>	<b>03:11:46.05</b>	+01:50:17 (57.5%)	15:58	3.8 (43.2%)
813	<b>DAMEK Przemysław</b>	<b>4235</b>	PKM TEAM	Open Masters Mężczyzn	108	08:15	00:41:55	<b>03:11:46.90</b>	<b>03:11:46.90</b>	+01:50:18 (57.5%)	15:58	3.8 (43.2%)
814	<b>KORDUŁA Michał</b>	<b>3981</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	515	09:45	00:38:01	<b>03:11:48.85</b>	<b>03:11:48.85</b>	+01:50:20 (57.5%)	15:59	3.8 (43.2%)
815	<b>CHOŁOMEK Krzysztof</b>	<b>4099</b>		Open Mężczyzn	516	10:00	00:37:18	<b>03:11:50.45</b>	<b>03:11:50.45</b>	+01:50:22 (57.5%)	15:59	3.8 (43.2%)
816	<b>STAWSKI Paweł</b>	<b>4354</b>		Open Mężczyzn	517	10:30	00:40:26	<b>03:11:52.55</b>	<b>03:11:52.55</b>	+01:50:24 (57.5%)	15:59	3.8 (43.2%)
817	<b>SŁUPIK Tomasz</b>	<b>3191</b>	LA BOCA DE LA COCA	Open Mężczyzn	518	08:00	00:36:59	<b>03:12:07.05</b>	<b>03:12:07.05</b>	+01:50:38 (57.6%)	16:00	3.7 (42.0%)
818	<b>ROSIN Mateusz</b>	<b>3074</b>	SOCIOS SILESIA	Open Mężczyzn	519	07:40	00:24:22	<b>03:12:09.90</b>	<b>03:12:09.90</b>	+01:50:41 (57.6%)	16:00	3.7 (42.0%)
819	<b>HAJDAS Marcin</b>	<b>4215</b>		Open Mężczyzn	520	10:15	00:39:25	<b>03:12:17.10</b>	<b>03:12:17.10</b>	+01:50:48 (57.6%)	16:01	3.7 (42.0%)
820	<b>KAŁUŻA Łukasz</b>	<b>3781</b>		Open Mężczyzn	521	09:15	00:39:08	<b>03:12:27.25</b>	<b>03:12:27.25</b>	+01:50:58 (57.7%)	16:02	3.7 (42.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
821	<b>FICEK Agnieszka</b>	<b>3773</b>		Open Kobiet	104	09:15	00:39:10	<b>03:12:30.95</b>	<b>03:12:30.95</b>	+01:51:02 (57.7%)	16:02	3.7 (42.0%)
822	<b>GROCHAL Tomasz</b>	<b>3318</b>	UTANI GRAN HUR	Open Mężczyzn	522	08:15	00:34:10	<b>03:12:41.40</b>	<b>03:12:41.40</b>	+01:51:13 (57.7%)	16:03	3.7 (42.0%)
823	<b>SYK Wojciech</b>	<b>3894</b>	SKURCZEBYKI	Open Mężczyzn	523	09:30	00:38:18	<b>03:12:43.85</b>	<b>03:12:43.85</b>	+01:51:15 (57.7%)	16:03	3.7 (42.0%)
824	<b>DOBIJA Mateusz</b>	<b>4213</b>		Open Mężczyzn	524	10:15	00:40:48	<b>03:12:58.70</b>	<b>03:12:58.70</b>	+01:51:30 (57.8%)	16:04	3.7 (42.0%)
825	<b>JASZCZYNSKI Łukasz</b>	<b>3890</b>	SKURCZEBYKI	Open Mężczyzn	525	09:30	00:38:20	<b>03:13:00.75</b>	<b>03:13:00.75</b>	+01:51:32 (57.8%)	16:05	3.7 (42.0%)
826	<b>KOZAK Marcin</b>	<b>3891</b>	SKURCZEBYKI	Open Mężczyzn	526	09:30	00:38:19	<b>03:13:03.25</b>	<b>03:13:03.25</b>	+01:51:34 (57.8%)	16:05	3.7 (42.0%)
827	<b>WALIGÓRA Agata</b>	<b>3158</b>	CARBON OCR RACING TEAM	Open Kobiet	105	08:00	00:37:54	<b>03:13:12.05</b>	<b>03:13:12.05</b>	+01:51:43 (57.8%)	16:06	3.7 (42.0%)
828	<b>MAGNUSZEWSKA Izabela</b>	<b>3152</b>	CARBON OCR RACING TEAM	Open Masters Kobiet	25	08:00	00:37:56	<b>03:13:15.15</b>	<b>03:13:15.15</b>	+01:51:46 (57.8%)	16:06	3.7 (42.0%)
829	<b>RADWAŃSKI Marek</b>	<b>3966</b>	MISTRZ I MAŁGORZATA	Open Mężczyzn	527	09:45	00:37:35	<b>03:13:18.40</b>	<b>03:13:18.40</b>	+01:51:50 (57.9%)	16:06	3.7 (42.0%)
830	<b>MEDAJ Aneta</b>	<b>3965</b>	MISTRZ I MAŁGORZATA	Open Kobiet	106	09:45	00:37:33	<b>03:13:19.15</b>	<b>03:13:19.15</b>	+01:51:50 (57.9%)	16:06	3.7 (42.0%)
831	<b>KAFLOWSKI Artur</b>	<b>3319</b>	UTANI GRAN HUR	Open Mężczyzn	528	08:15	00:34:35	<b>03:13:21.80</b>	<b>03:13:21.80</b>	+01:51:53 (57.9%)	16:06	3.7 (42.0%)
832	<b>POPCZYK Grzegorz</b>	<b>3875</b>	MOMO TEAM	Open Masters Mężczyzn	109	09:30	00:39:53	<b>03:13:32.85</b>	<b>03:13:32.85</b>	+01:52:04 (57.9%)	16:07	3.7 (42.0%)
833	<b>DZIAŁO Grzegorz</b>	<b>3079</b>	ŚWIROKRYPTY	Open Mężczyzn	529	07:40	00:29:27	<b>03:13:34.05</b>	<b>03:13:34.05</b>	+01:52:05 (57.9%)	16:07	3.7 (42.0%)
834	<b>KRZANICKI Dariusz</b>	<b>3080</b>	ŚWIROKRYPTY	Open Mężczyzn	530	07:40	00:29:35	<b>03:13:44.60</b>	<b>03:13:44.60</b>	+01:52:16 (57.9%)	16:08	3.7 (42.0%)
835	<b>MASEVYC Vitalii</b>	<b>4344</b>		Open Mężczyzn	531	10:30	00:36:28	<b>03:13:55.00</b>	<b>03:13:55.00</b>	+01:52:26 (58.0%)	16:09	3.7 (42.0%)
836	<b>ŚWIĘCH Rafał</b>	<b>3925</b>		Open Masters Mężczyzn	110	09:30	00:41:40	<b>03:14:00.20</b>	<b>03:14:00.20</b>	+01:52:31 (58.0%)	16:10	3.7 (42.0%)
837	<b>ŚWIĘCH Michał</b>	<b>3924</b>		Open Mężczyzn	532	09:30	00:41:43	<b>03:14:01.95</b>	<b>03:14:01.95</b>	+01:52:33 (58.0%)	16:10	3.7 (42.0%)
838	<b>SEMENYUK Andriy</b>	<b>4351</b>		Open Mężczyzn	533	10:30	00:36:18	<b>03:14:03.00</b>	<b>03:14:03.00</b>	+01:52:34 (58.0%)	16:10	3.7 (42.0%)
839	<b>FRANIA Andrzej</b>	<b>4290</b>	MASTERS JUDO TEAM GLIWICE	Open Masters Mężczyzn	111	10:30	00:41:52	<b>03:14:03.70</b>	<b>03:14:03.70</b>	+01:52:35 (58.0%)	16:10	3.7 (42.0%)
840	<b>TOBOR Michał</b>	<b>3325</b>	VINDEREN	Open Masters Mężczyzn	112	08:15	00:40:29	<b>03:14:10.85</b>	<b>03:14:10.85</b>	+01:52:42 (58.0%)	16:10	3.7 (42.0%)
841	<b>KOZUBSKI Marcin</b>	<b>4063</b>	ICHEM-VITADIET	Open Mężczyzn	534	10:00	00:37:57	<b>03:14:11.50</b>	<b>03:14:11.50</b>	+01:52:43 (58.0%)	16:10	3.7 (42.0%)
842	<b>KUROWSKI Przemysław</b>	<b>4064</b>	ICHEM-VITADIET	Open Mężczyzn	535	10:00	00:38:05	<b>03:14:11.55</b>	<b>03:14:11.55</b>	+01:52:43 (58.0%)	16:10	3.7 (42.0%)
843	<b>WIKTOROWSKA Anna</b>	<b>4142</b>		Open Kobiet	107	10:00	00:38:04	<b>03:14:12.10</b>	<b>03:14:12.10</b>	+01:52:43 (58.0%)	16:11	3.7 (42.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
844	<b>KALINIAK Paweł</b>	<b>3676</b>		Open Mężczyzn	536	09:00	00:37:33	<b>03:14:17.05</b>	<b>03:14:17.05</b>	+01:52:48 (58.1%)	16:11	3.7 (42.0%)
845	<b>KRUK Krzysztof</b>	<b>3409</b>	SRTG GLIWICE	Open Masters Mężczyzn	113	08:30	00:38:32	<b>03:14:22.05</b>	<b>03:14:22.05</b>	+01:52:53 (58.1%)	16:11	3.7 (42.0%)
846	<b>PRZYBYSZ Krzysztof</b>	<b>3324</b>	VINDEREN	Open Masters Mężczyzn	114	08:15	00:40:29	<b>03:14:24.55</b>	<b>03:14:24.55</b>	+01:52:56 (58.1%)	16:12	3.7 (42.0%)
847	<b>LUKSA Dominika</b>	<b>4342</b>		Open Kobiet	108	10:30	00:39:11	<b>03:14:24.65</b>	<b>03:14:24.65</b>	+01:52:56 (58.1%)	16:12	3.7 (42.0%)
848	<b>SIWIŃSKI Michał</b>	<b>4352</b>		Open Mężczyzn	537	10:30	00:39:13	<b>03:14:24.95</b>	<b>03:14:24.95</b>	+01:52:56 (58.1%)	16:12	3.7 (42.0%)
849	<b>SZYMAŃSKI Hubert</b>	<b>3807</b>		Open Mężczyzn	538	09:15	00:37:15	<b>03:14:27.45</b>	<b>03:14:27.45</b>	+01:52:59 (58.1%)	16:12	3.7 (42.0%)
850	<b>FAFIŃSKI Sebastian</b>	<b>4104</b>		Open Mężczyzn	539	10:00	00:36:51	<b>03:14:29.25</b>	<b>03:14:29.25</b>	+01:53:00 (58.1%)	16:12	3.7 (42.0%)
851	<b>PAPROCKA Karolina</b>	<b>3354</b>		Open Kobiet	109	08:15	00:34:21	<b>03:14:30.30</b>	<b>03:14:30.30</b>	+01:53:02 (58.1%)	16:12	3.7 (42.0%)
852	<b>BALDY Jakub</b>	<b>3610</b>	KUDOWIANKA RUN	Open Mężczyzn	540	09:00	00:37:33	<b>03:14:30.90</b>	<b>03:14:30.90</b>	+01:53:02 (58.1%)	16:12	3.7 (42.0%)
853	<b>JUNKA Marta</b>	<b>3437</b>		Open Kobiet	110	10:00	00:37:00	<b>03:14:31.90</b>	<b>03:14:31.90</b>	+01:53:03 (58.1%)	16:12	3.7 (42.0%)
854	<b>JUNKA Piotr</b>	<b>3438</b>		Open Masters Mężczyzn	115	10:00	00:36:51	<b>03:14:32.95</b>	<b>03:14:32.95</b>	+01:53:04 (58.1%)	16:12	3.7 (42.0%)
855	<b>HORN Artur</b>	<b>3776</b>		Open Mężczyzn	541	09:15	00:37:14	<b>03:14:34.15</b>	<b>03:14:34.15</b>	+01:53:05 (58.1%)	16:12	3.7 (42.0%)
856	<b>DOBOSZ Monika</b>	<b>4272</b>	HARPAGAN BEAST	Open Kobiet	111	10:30	00:38:41	<b>03:14:37.15</b>	<b>03:14:37.15</b>	+01:53:08 (58.1%)	16:13	3.7 (42.0%)
857	<b>DULIAN Anna</b>	<b>4318</b>	W KRĘGU FORMY	Open Kobiet	112	10:30	00:38:42	<b>03:14:39.05</b>	<b>03:14:39.05</b>	+01:53:10 (58.1%)	16:13	3.7 (42.0%)
858	<b>DOBRZYŃIECKA Natalia</b>	<b>4325</b>		Open Kobiet	113	10:30	00:39:15	<b>03:14:45.25</b>	<b>03:14:45.25</b>	+01:53:16 (58.2%)	16:13	3.7 (42.0%)
859	<b>KAFŁOWSKI Rafał</b>	<b>3320</b>	UTANI GRAN HUR	Open Mężczyzn	542	08:15	00:35:16	<b>03:14:46.50</b>	<b>03:14:46.50</b>	+01:53:18 (58.2%)	16:13	3.7 (42.0%)
860	<b>BIENIEK Beata</b>	<b>4287</b>	MASTERS JUDO TEAM GLIWICE	Open Kobiet	114	10:30	00:44:34	<b>03:14:48.70</b>	<b>03:14:48.70</b>	+01:53:20 (58.2%)	16:14	3.7 (42.0%)
861	<b>SZOŁTYSIK Bartosz</b>	<b>3730</b>	LECZYMY DURŚ	Open Mężczyzn	543	09:15	00:39:36	<b>03:14:48.75</b>	<b>03:14:48.75</b>	+01:53:20 (58.2%)	16:14	3.7 (42.0%)
862	<b>BRODALA Agnieszka</b>	<b>4288</b>	MASTERS JUDO TEAM GLIWICE	Open Kobiet	115	10:30	00:44:33	<b>03:14:49.00</b>	<b>03:14:49.00</b>	+01:53:20 (58.2%)	16:14	3.7 (42.0%)
863	<b>BRODALA Maciej</b>	<b>4289</b>	MASTERS JUDO TEAM GLIWICE	Open Mężczyzn	544	10:30	00:44:36	<b>03:14:49.05</b>	<b>03:14:49.05</b>	+01:53:20 (58.2%)	16:14	3.7 (42.0%)
864	<b>KOBA Urszula</b>	<b>3728</b>	LECZYMY DURŚ	Open Kobiet	116	09:15	00:39:41	<b>03:14:49.85</b>	<b>03:14:49.85</b>	+01:53:21 (58.2%)	16:14	3.7 (42.0%)
864	<b>ADAMUS Wojciech</b>	<b>4285</b>	MASTERS JUDO TEAM GLIWICE	Open Masters Mężczyzn	116	10:30	00:41:39	<b>03:14:49.85</b>	<b>03:14:49.85</b>	+01:53:21 (58.2%)	16:14	3.7 (42.0%)
866	<b>MUSIALIK Sabina</b>	<b>3729</b>	LECZYMY DURŚ	Open Masters Kobiet	26	09:15	00:39:38	<b>03:14:51.90</b>	<b>03:14:51.90</b>	+01:53:23 (58.2%)	16:14	3.7 (42.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
867	<b>ROLKA Kamil</b>	<b>3830</b>	CFNS TRAINING	Open Mężczyzn	545	09:30	00:41:23	<b>03:14:52.25</b>	<b>03:14:52.25</b>	+01:53:23 (58.2%)	16:14	3.7 (42.0%)
868	<b>SŁABY Karolina</b>	<b>3832</b>	CFNS TRAINING	Open Kobiet	117	09:30	00:41:23	<b>03:14:52.55</b>	<b>03:14:52.55</b>	+01:53:24 (58.2%)	16:14	3.7 (42.0%)
869	<b>TOKARZ Joanna</b>	<b>3731</b>	LECYMY DURŚ	Open Kobiet	118	09:15	00:39:39	<b>03:14:58.95</b>	<b>03:14:58.95</b>	+01:53:30 (58.2%)	16:14	3.7 (42.0%)
870	<b>JACHNIEWICZ Remigiusz</b>	<b>4291</b>	MASTERS JUDO TEAM GLIWICE	Open Mężczyzn	546	10:30	00:44:30	<b>03:15:00.75</b>	<b>03:15:00.75</b>	+01:53:32 (58.2%)	16:15	3.7 (42.0%)
871	<b>MATUSZ Jakub</b>	<b>3453</b>		Open Mężczyzn	547	08:30	00:37:38	<b>03:15:08.20</b>	<b>03:15:08.20</b>	+01:53:39 (58.2%)	16:15	3.7 (42.0%)
872	<b>SZPYTMA Bernard</b>	<b>3895</b>	SKURCZEBYKI	Open Mężczyzn	548	09:30	00:38:20	<b>03:15:09.25</b>	<b>03:15:09.25</b>	+01:53:40 (58.3%)	16:15	3.7 (42.0%)
873	<b>ROMAŃCZYK Przemysław</b>	<b>3462</b>		Open Mężczyzn	549	08:30	00:37:48	<b>03:15:09.60</b>	<b>03:15:09.60</b>	+01:53:41 (58.3%)	16:15	3.7 (42.0%)
874	<b>KAŁUŻNY Krzysztof</b>	<b>3439</b>		Open Mężczyzn	550	08:30	00:37:36	<b>03:15:11.00</b>	<b>03:15:11.00</b>	+01:53:42 (58.3%)	16:15	3.7 (42.0%)
875	<b>IMIOŁCZYK Przemysław</b>	<b>4078</b>	KOMANDOS	Open Mężczyzn	551	10:00	00:38:03	<b>03:15:15.50</b>	<b>03:15:15.50</b>	+01:53:47 (58.3%)	16:16	3.7 (42.0%)
876	<b>IMIOŁCZYK Tomasz</b>	<b>4079</b>	KOMANDOS	Open Masters Mężczyzn	117	10:00	00:38:02	<b>03:15:15.60</b>	<b>03:15:15.60</b>	+01:53:47 (58.3%)	16:16	3.7 (42.0%)
877	<b>MANIURA Adrian</b>	<b>3450</b>		Open Mężczyzn	552	08:30	00:43:52	<b>03:15:35.25</b>	<b>03:15:35.25</b>	+01:54:06 (58.3%)	16:17	3.7 (42.0%)
878	<b>ZOGŁOWEK Jarosław</b>	<b>4296</b>	MASTERS JUDO TEAM GLIWICE	Open Mężczyzn	553	10:30	00:41:42	<b>03:15:36.10</b>	<b>03:15:36.10</b>	+01:54:07 (58.3%)	16:18	3.7 (42.0%)
879	<b>SENDEK Sylwia</b>	<b>3361</b>		Open Kobiet	119	08:15	00:37:52	<b>03:15:40.10</b>	<b>03:15:40.10</b>	+01:54:11 (58.4%)	16:18	3.7 (42.0%)
879	<b>GAJDA Dawid</b>	<b>3334</b>		Open Mężczyzn	554	08:15	00:38:05	<b>03:15:40.10</b>	<b>03:15:40.10</b>	+01:54:11 (58.4%)	16:18	3.7 (42.0%)
879	<b>ADAMCZYK Paulina</b>	<b>3327</b>		Open Kobiet	120	08:15	00:38:06	<b>03:15:40.10</b>	<b>03:15:40.10</b>	+01:54:11 (58.4%)	16:18	3.7 (42.0%)
882	<b>ŻYWCZYK Karolina</b>	<b>3370</b>		Open Kobiet	121	08:15	00:37:52	<b>03:15:40.15</b>	<b>03:15:40.15</b>	+01:54:11 (58.4%)	16:18	3.7 (42.0%)
883	<b>STATKIEWICZ Ireneusz</b>	<b>3468</b>		Open Masters Mężczyzn	118	08:30	00:43:50	<b>03:15:43.95</b>	<b>03:15:43.95</b>	+01:54:15 (58.4%)	16:18	3.7 (42.0%)
884	<b>OCIESA Jagoda</b>	<b>3917</b>		Open Kobiet	122	09:30	00:40:46	<b>03:15:44.20</b>	<b>03:15:44.20</b>	+01:54:15 (58.4%)	16:18	3.7 (42.0%)
885	<b>ROGOWSKA Aleksandra</b>	<b>3920</b>		Open Kobiet	123	09:30	00:40:46	<b>03:15:44.65</b>	<b>03:15:44.65</b>	+01:54:16 (58.4%)	16:18	3.7 (42.0%)
886	<b>RYŚ Łukasz</b>	<b>3304</b>	PKM TEAM	Open Mężczyzn	555	08:15	00:42:07	<b>03:15:52.15</b>	<b>03:15:52.15</b>	+01:54:23 (58.4%)	16:19	3.7 (42.0%)
887	<b>WASILUK Mateusz</b>	<b>3901</b>	ULANI BEZ AMBICJI	Open Mężczyzn	556	09:45	00:41:46	<b>03:16:01.90</b>	<b>03:16:01.90</b>	+01:54:33 (58.4%)	16:20	3.7 (42.0%)
888	<b>JURECKI Adrian</b>	<b>3294</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	557	08:15	00:45:25	<b>03:16:23.10</b>	<b>03:16:23.10</b>	+01:54:54 (58.5%)	16:21	3.7 (42.0%)
889	<b>PIWISZKIS Sebastian</b>	<b>4028</b>		Open Mężczyzn	558	09:45	00:42:43	<b>03:16:23.25</b>	<b>03:16:23.25</b>	+01:54:54 (58.5%)	16:21	3.7 (42.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
890	<b>ZWIERZCHOWSKI Łukasz</b>	<b>3301</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	559	08:15	00:45:26	<b>03:16:23.45</b>	<b>03:16:23.45</b>	+01:54:55 (58.5%)	16:21	3.7 (42.0%)
891	<b>GNAŚ Anna</b>	<b>4007</b>		Open Kobiet	124	09:45	00:42:42	<b>03:16:23.50</b>	<b>03:16:23.50</b>	+01:54:55 (58.5%)	16:21	3.7 (42.0%)
892	<b>PIWISZKIS Barbara</b>	<b>4027</b>		Open Kobiet	125	09:45	00:42:38	<b>03:16:23.80</b>	<b>03:16:23.80</b>	+01:54:55 (58.5%)	16:21	3.7 (42.0%)
893	<b>LASKOWSKI Łukasz</b>	<b>4294</b>	MASTERS JUDO TEAM GLIWICE	Open Mężczyzn	560	10:30	00:44:27	<b>03:16:24.95</b>	<b>03:16:24.95</b>	+01:54:56 (58.5%)	16:22	3.7 (42.0%)
894	<b>KARP Ireneusz</b>	<b>3605</b>	HUSARIA RACE TEAM	Open Mężczyzn	561	09:00	00:39:39	<b>03:16:28.25</b>	<b>03:16:28.25</b>	+01:54:59 (58.5%)	16:22	3.7 (42.0%)
895	<b>GOLEC Jarosław</b>	<b>3404</b>	SRTG GLIWICE	Open Masters Mężczyzn	119	08:30	00:38:33	<b>03:16:39.95</b>	<b>03:16:39.95</b>	+01:55:11 (58.6%)	16:23	3.7 (42.0%)
896	<b>KLOC Sabina</b>	<b>3407</b>	SRTG GLIWICE	Open Kobiet	126	08:30	00:39:21	<b>03:16:40.25</b>	<b>03:16:40.25</b>	+01:55:11 (58.6%)	16:23	3.7 (42.0%)
897	<b>FORYTEK Daniel</b>	<b>3209</b>		Open Mężczyzn	562	08:00	00:38:27	<b>03:16:40.75</b>	<b>03:16:40.75</b>	+01:55:12 (58.6%)	16:23	3.7 (42.0%)
898	<b>KONCZA Norbert</b>	<b>3344</b>		Open Mężczyzn	563	08:30	00:39:59	<b>03:16:46.70</b>	<b>03:16:46.70</b>	+01:55:18 (58.6%)	16:23	3.7 (42.0%)
899	<b>KOŃCZA Izabela</b>	<b>3343</b>		Open Masters Kobiet	27	08:30	00:40:02	<b>03:16:49.60</b>	<b>03:16:49.60</b>	+01:55:21 (58.6%)	16:24	3.7 (42.0%)
900	<b>OMIECIŃSKI Krzysztof</b>	<b>3280</b>	EKO-OKNA RUNNERS	Open Mężczyzn	564	08:15	00:35:47	<b>03:17:05.30</b>	<b>03:17:05.30</b>	+01:55:37 (58.7%)	16:25	3.7 (42.0%)
901	<b>LESZCZYŃSKA Wirginia</b>	<b>4170</b>	MUSZE LECIEĆ	Open Kobiet	127	10:15	00:39:27	<b>03:17:15.15</b>	<b>03:17:15.15</b>	+01:55:46 (58.7%)	16:26	3.7 (42.0%)
902	<b>WASONG Agata</b>	<b>4171</b>	MUSZE LECIEĆ	Open Kobiet	128	10:15	00:39:27	<b>03:17:15.65</b>	<b>03:17:15.65</b>	+01:55:47 (58.7%)	16:26	3.7 (42.0%)
903	<b>KULIGOWSKA Agata</b>	<b>3443</b>		Open Masters Kobiet	28	08:30	00:40:54	<b>03:17:17.55</b>	<b>03:17:17.55</b>	+01:55:49 (58.7%)	16:26	3.6 (40.9%)
904	<b>POPOWICZ Angelika</b>	<b>3460</b>		Open Kobiet	129	08:30	00:41:57	<b>03:17:32.75</b>	<b>03:17:32.75</b>	+01:56:04 (58.8%)	16:27	3.6 (40.9%)
905	<b>LATEK Artur</b>	<b>3377</b>	BIEGNĄCY Z WIŚNIAMI	Open Mężczyzn	565	08:30	00:42:03	<b>03:17:39.20</b>	<b>03:17:39.20</b>	+01:56:10 (58.8%)	16:28	3.6 (40.9%)
906	<b>SKRZYP Daniel</b>	<b>4369</b>		Open Mężczyzn	566	08:00	00:46:29	<b>03:17:41.70</b>	<b>03:17:41.70</b>	+01:56:13 (58.8%)	16:28	3.6 (40.9%)
907	<b>KACZMAREK Katarzyna</b>	<b>3406</b>	SRTG GLIWICE	Open Masters Kobiet	29	08:30	00:39:17	<b>03:17:43.65</b>	<b>03:17:43.65</b>	+01:56:15 (58.8%)	16:28	3.6 (40.9%)
908	<b>ZAŁUBSKA Małgorzata</b>	<b>3834</b>	CFNS TRAINING	Open Masters Kobiet	30	09:30	00:42:32	<b>03:17:54.35</b>	<b>03:17:54.35</b>	+01:56:26 (58.8%)	16:29	3.6 (40.9%)
909	<b>JURCZYGA Leszek</b>	<b>4220</b>		Open Mężczyzn	567	10:15	00:34:55	<b>03:18:14.95</b>	<b>03:18:14.95</b>	+01:56:46 (58.9%)	16:31	3.6 (40.9%)
910	<b>SACZKA Zosia</b>	<b>3831</b>	CFNS TRAINING	Open Kobiet	130	09:30	00:42:38	<b>03:18:18.60</b>	<b>03:18:18.60</b>	+01:56:50 (58.9%)	16:31	3.6 (40.9%)
911	<b>FORNAGIEL Mariusz</b>	<b>3821</b>	CFNS TRAINING	Open Masters Mężczyzn	120	09:30	00:41:54	<b>03:18:18.85</b>	<b>03:18:18.85</b>	+01:56:50 (58.9%)	16:31	3.6 (40.9%)
912	<b>LEŚNIAK Andżelika</b>	<b>3825</b>	CFNS TRAINING	Open Kobiet	131	09:30	00:42:36	<b>03:18:20.60</b>	<b>03:18:20.60</b>	+01:56:52 (58.9%)	16:31	3.6 (40.9%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
913	<b>WYGAS Mateusz</b>	<b>4061</b>	HUSARIA RACE TEAM	Open Mężczyzn	568	10:00	00:33:39	<b>03:18:21.85</b>	<b>03:18:21.85</b>	+01:56:53 (58.9%)	16:31	3.6 (40.9%)
914	<b>KOSTORZ Tomasz</b>	<b>3740</b>	POMPA	Open Mężczyzn	569	09:15	00:36:40	<b>03:18:22.45</b>	<b>03:18:22.45</b>	+01:56:54 (58.9%)	16:31	3.6 (40.9%)
915	<b>KUŚMIERZ Michał</b>	<b>3741</b>	POMPA	Open Mężczyzn	570	09:15	00:36:42	<b>03:18:23.35</b>	<b>03:18:23.35</b>	+01:56:55 (58.9%)	16:31	3.6 (40.9%)
916	<b>MARZEC Bartosz</b>	<b>3379</b>	BIEGNAJĄCY Z WIŚNIAMI	Open Mężczyzn	571	08:30	00:45:57	<b>03:18:23.50</b>	<b>03:18:23.50</b>	+01:56:55 (58.9%)	16:31	3.6 (40.9%)
917	<b>GALAS Michał</b>	<b>4108</b>		Open Mężczyzn	572	10:00	00:35:09	<b>03:18:30.25</b>	<b>03:18:30.25</b>	+01:57:01 (59.0%)	16:32	3.6 (40.9%)
918	<b>REMES Natalia</b>	<b>4055</b>	GO APTIV!	Open Kobiet	132	10:00	00:33:39	<b>03:18:32.70</b>	<b>03:18:32.70</b>	+01:57:04 (59.0%)	16:32	3.6 (40.9%)
919	<b>POKRYSZKA Bartosz</b>	<b>3942</b>	AMBASADORZY	Open Mężczyzn	573	09:45	00:41:59	<b>03:18:40.00</b>	<b>03:18:40.00</b>	+01:57:11 (59.0%)	16:33	3.6 (40.9%)
920	<b>JANKOWSKI Krzysztof</b>	<b>3940</b>	AMBASADORZY	Open Mężczyzn	574	09:45	00:41:57	<b>03:18:47.85</b>	<b>03:18:47.85</b>	+01:57:19 (59.0%)	16:33	3.6 (40.9%)
921	<b>ZEIDLER Aleksander</b>	<b>3387</b>	MIRAZ RACE TEAM	Open Masters Mężczyzn	121	08:30	00:38:44	<b>03:18:49.20</b>	<b>03:18:49.20</b>	+01:57:20 (59.0%)	16:34	3.6 (40.9%)
922	<b>CIUPKA Agata</b>	<b>3835</b>	DO PORZYGU OCR TEAM	Open Kobiet	133	09:30	00:40:26	<b>03:18:51.75</b>	<b>03:18:51.75</b>	+01:57:23 (59.0%)	16:34	3.6 (40.9%)
923	<b>OBEL Sebastian</b>	<b>3941</b>	AMBASADORZY	Open Mężczyzn	575	09:45	00:42:01	<b>03:18:52.95</b>	<b>03:18:52.95</b>	+01:57:24 (59.0%)	16:34	3.6 (40.9%)
924	<b>BOREK Paulina</b>	<b>3545</b>		Open Kobiet	134	08:45	00:39:22	<b>03:18:54.65</b>	<b>03:18:54.65</b>	+01:57:26 (59.0%)	16:34	3.6 (40.9%)
925	<b>ŁABUDA Marcin</b>	<b>3563</b>		Open Mężczyzn	576	08:45	00:39:20	<b>03:18:54.70</b>	<b>03:18:54.70</b>	+01:57:26 (59.0%)	16:34	3.6 (40.9%)
926	<b>POPŁAWSKA Karolina</b>	<b>4267</b>	FIT PRO EXTREME TEAM	Open Kobiet	135	10:30	00:39:04	<b>03:18:55.50</b>	<b>03:18:55.50</b>	+01:57:27 (59.0%)	16:34	3.6 (40.9%)
927	<b>SZOSTOK Marta</b>	<b>4269</b>	FIT PRO EXTREME TEAM	Open Kobiet	136	10:30	00:39:11	<b>03:18:56.35</b>	<b>03:18:56.35</b>	+01:57:28 (59.0%)	16:34	3.6 (40.9%)
928	<b>KOSIBA Mateusz</b>	<b>4181</b>	SMOKASYNY	Open Mężczyzn	577	10:15	00:40:24	<b>03:19:14.55</b>	<b>03:19:14.55</b>	+01:57:46 (59.1%)	16:36	3.6 (40.9%)
929	<b>OPALA Karolina</b>	<b>4182</b>	SMOKASYNY	Open Kobiet	137	10:15	00:40:34	<b>03:19:15.50</b>	<b>03:19:15.50</b>	+01:57:47 (59.1%)	16:36	3.6 (40.9%)
930	<b>POPŁAWSKI Ireneusz</b>	<b>4268</b>	FIT PRO EXTREME TEAM	Open Masters Mężczyzn	122	10:30	00:39:12	<b>03:19:16.35</b>	<b>03:19:16.35</b>	+01:57:48 (59.1%)	16:36	3.6 (40.9%)
931	<b>BURZYŃSKA Żaneta</b>	<b>3906</b>		Open Kobiet	138	09:30	00:43:27	<b>03:19:17.15</b>	<b>03:19:17.15</b>	+01:57:48 (59.1%)	16:36	3.6 (40.9%)
932	<b>BUCKA Magdalena</b>	<b>3206</b>		Open Masters Kobiet	31	08:00	00:39:31	<b>03:19:20.95</b>	<b>03:19:20.95</b>	+01:57:52 (59.1%)	16:36	3.6 (40.9%)
933	<b>ZUBOWICZ Łukasz</b>	<b>4362</b>		Open Mężczyzn	578	08:30	00:39:23	<b>03:19:22.10</b>	<b>03:19:22.10</b>	+01:57:53 (59.1%)	16:36	3.6 (40.9%)
934	<b>KACPRZAK Marcin</b>	<b>4274</b>	HARTOWNIA TEAM	Open Masters Mężczyzn	123	10:30	00:40:09	<b>03:19:24.05</b>	<b>03:19:24.05</b>	+01:57:55 (59.1%)	16:37	3.6 (40.9%)
935	<b>GARBACKI Maciej</b>	<b>3384</b>	MAŁE DZIKI	Open Mężczyzn	579	08:30	00:40:49	<b>03:19:52.30</b>	<b>03:19:52.30</b>	+01:58:24 (59.2%)	16:39	3.6 (40.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
936	<b>WITKOWSKA Anna</b>	<b>3186</b>	HUSARIA RACE TEAM	Open Kobiet	139	08:00	00:37:43	<b>03:19:53.30</b>	<b>03:19:53.30</b>	+01:58:25 (59.2%)	16:39	3.6 (40.9%)
937	<b>BARAŃSKA Ania</b>	<b>3538</b>	TOMB RAIDERS	Open Kobiet	140	08:45	00:43:48	<b>03:19:55.60</b>	<b>03:19:55.60</b>	+01:58:27 (59.2%)	16:39	3.6 (40.9%)
938	<b>GADEK-SERWIN Karolina</b>	<b>3539</b>	TOMB RAIDERS	Open Kobiet	141	08:45	00:43:47	<b>03:19:55.65</b>	<b>03:19:55.65</b>	+01:58:27 (59.2%)	16:39	3.6 (40.9%)
939	<b>GÓRA Darek</b>	<b>3836</b>	DO PORZYGU OCR TEAM	Open Mężczyzn	580	09:30	00:40:32	<b>03:20:00.70</b>	<b>03:20:00.70</b>	+01:58:32 (59.3%)	16:40	3.6 (40.9%)
940	<b>ZANDECKA Magdalena</b>	<b>3475</b>		Open Kobiet	142	08:30	00:38:57	<b>03:20:05.90</b>	<b>03:20:05.90</b>	+01:58:37 (59.3%)	16:40	3.6 (40.9%)
941	<b>OSTASZEWSKI Piotr</b>	<b>3458</b>		Open Mężczyzn	581	08:30	00:38:58	<b>03:20:06.55</b>	<b>03:20:06.55</b>	+01:58:38 (59.3%)	16:40	3.6 (40.9%)
942	<b>PUZOŃ Aleksandra</b>	<b>4376</b>	DO PORZYGU OCR TEAM	Open Masters Kobiet	32	09:30	00:40:31	<b>03:20:21.00</b>	<b>03:20:21.00</b>	+01:58:52 (59.3%)	16:41	3.6 (40.9%)
943	<b>BESSER Tomasz</b>	<b>3643</b>	RYCERZE SREBRNEJ PIERSIÓWKI SPOD MONOPOLOWEGO	Open Mężczyzn	582	09:00	00:43:43	<b>03:20:33.60</b>	<b>03:20:33.60</b>	+01:59:05 (59.4%)	16:42	3.6 (40.9%)
944	<b>KLIMAS Robert</b>	<b>4281</b>	KRAWACIKI	Open Masters Mężczyzn	124	10:30	00:31:30	<b>03:20:40.70</b>	<b>03:20:40.70</b>	+01:59:12 (59.4%)	16:43	3.6 (40.9%)
945	<b>PASZYŃSKA Anna</b>	<b>4278</b>	HARTOWNIA TEAM	Open Kobiet	143	10:30	00:40:20	<b>03:20:44.45</b>	<b>03:20:44.45</b>	+01:59:16 (59.4%)	16:43	3.6 (40.9%)
946	<b>CIEŚLAR Paweł</b>	<b>4180</b>	SMOKASYNY	Open Mężczyzn	583	10:15	00:40:20	<b>03:20:58.10</b>	<b>03:20:58.10</b>	+01:59:29 (59.5%)	16:44	3.6 (40.9%)
947	<b>LEWIŃSKA Anna</b>	<b>3445</b>		Open Kobiet	144	08:30	00:40:49	<b>03:21:05.70</b>	<b>03:21:05.70</b>	+01:59:37 (59.5%)	16:45	3.6 (40.9%)
948	<b>BARCEWICZ Adam</b>	<b>3302</b>	P O T Ę Ż N Y OTWUR	Open Mężczyzn	584	08:15	00:40:02	<b>03:19:42.10</b>	<b>03:21:06.65</b>	+01:59:38 (59.5%)	16:38	3.6 (40.9%)
949	<b>ŻYMEŁKA Krzysztof</b>	<b>3701</b>		Open Mężczyzn	585	09:00	00:47:22	<b>03:21:09.00</b>	<b>03:21:09.00</b>	+01:59:40 (59.5%)	16:45	3.6 (40.9%)
950	<b>DITRICH Adrian</b>	<b>4363</b>		Open Mężczyzn	586	08:30	00:39:24	<b>03:21:12.90</b>	<b>03:21:12.90</b>	+01:59:44 (59.5%)	16:46	3.6 (40.9%)
951	<b>DYLSKI Jacek</b>	<b>3303</b>	P O T Ę Ż N Y OTWUR	Open Mężczyzn	587	08:15	00:41:23	<b>03:21:23.95</b>	<b>03:21:23.95</b>	+01:59:55 (59.5%)	16:46	3.6 (40.9%)
952	<b>CZWAKIEL Krzysiek</b>	<b>3820</b>	CFNS TRAINING	Open Mężczyzn	588	09:30	00:43:28	<b>03:21:34.70</b>	<b>03:21:34.70</b>	+02:00:06 (59.6%)	16:47	3.6 (40.9%)
953	<b>LEŚNIAK Marcin</b>	<b>3826</b>	CFNS TRAINING	Open Mężczyzn	589	09:30	00:43:28	<b>03:21:38.45</b>	<b>03:21:38.45</b>	+02:00:10 (59.6%)	16:48	3.6 (40.9%)
954	<b>NOWAK Łukasz</b>	<b>3040</b>	HUSARIA RACE TEAM	Open Mężczyzn	590	07:40	00:29:01	<b>03:21:50.90</b>	<b>03:21:50.90</b>	+02:00:22 (59.6%)	16:49	3.6 (40.9%)
955	<b>WAŃCZYK Jarosław</b>	<b>3833</b>	CFNS TRAINING	Open Mężczyzn	591	09:30	00:42:21	<b>03:22:04.35</b>	<b>03:22:04.35</b>	+02:00:36 (59.7%)	16:50	3.6 (40.9%)
956	<b>MADERA Kamil</b>	<b>3448</b>		Open Mężczyzn	592	08:45	00:40:19	<b>03:22:09.65</b>	<b>03:22:09.65</b>	+02:00:41 (59.7%)	16:50	3.6 (40.9%)
957	<b>KUREK Małgorzata</b>	<b>3231</b>		Open Kobiet	145	08:00	00:42:49	<b>03:22:13.75</b>	<b>03:22:13.75</b>	+02:00:45 (59.7%)	16:51	3.6 (40.9%)
958	<b>HAŚKIEWICZ Kamil</b>	<b>4217</b>		Open Mężczyzn	593	10:15	00:42:46	<b>03:22:15.05</b>	<b>03:22:15.05</b>	+02:00:46 (59.7%)	16:51	3.6 (40.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
959	<b>KUROWSKA Edyta</b>	<b>4224</b>		Open Kobiet	146	10:15	00:42:46	<b>03:22:15.75</b>	<b>03:22:15.75</b>	+02:00:47 (59.7%)	16:51	3.6 (40.9%)
960	<b>ZARZYCKI Konrad</b>	<b>4169</b>	MULTIFITT	Open Masters Mężczyzn	125	10:15	00:38:09	<b>03:22:40.70</b>	<b>03:22:40.70</b>	+02:01:12 (59.8%)	16:53	3.6 (40.9%)
961	<b>ZARZYCKA Magdalena</b>	<b>4168</b>	MULTIFITT	Open Masters Kobiet	33	10:15	00:38:10	<b>03:22:49.90</b>	<b>03:22:49.90</b>	+02:01:21 (59.8%)	16:54	3.6 (40.9%)
962	<b>ŚWIĘTEK Agnieszka</b>	<b>4167</b>	MULTIFITT	Open Kobiet	147	10:15	00:38:11	<b>03:22:50.15</b>	<b>03:22:50.15</b>	+02:01:21 (59.8%)	16:54	3.5 (39.8%)
963	<b>STAWARZ Łukasz</b>	<b>3806</b>		Open Mężczyzn	594	09:15	00:34:03	<b>03:23:00.65</b>	<b>03:23:00.65</b>	+02:01:32 (59.9%)	16:55	3.5 (39.8%)
964	<b>ŁUCZAK Paweł</b>	<b>3039</b>	HUSARIA RACE TEAM	Open Mężczyzn	595	07:40	00:29:53	<b>03:23:21.05</b>	<b>03:23:21.05</b>	+02:01:52 (59.9%)	16:56	3.5 (39.8%)
965	<b>KRUPNIK Wojciech</b>	<b>3096</b>		Open Mężczyzn	596	07:40	00:24:23	<b>03:23:26.00</b>	<b>03:23:26.00</b>	+02:01:57 (60.0%)	16:57	3.5 (39.8%)
966	<b>SAWICKI Dariusz</b>	<b>3644</b>	RYCERZE SREBRNEJ PIERSIÓWKI SPOD MONOPOLOWEGO	Open Mężczyzn	597	09:00	00:43:45	<b>03:23:44.90</b>	<b>03:23:44.90</b>	+02:02:16 (60.0%)	16:58	3.5 (39.8%)
967	<b>HUDECKI Andrzej</b>	<b>4047</b>	CROSSFIT HELLWOOD	Open Mężczyzn	598	08:30	00:41:59	<b>03:23:50.65</b>	<b>03:23:50.65</b>	+02:02:22 (60.0%)	16:59	3.5 (39.8%)
968	<b>SIWY Tomasz</b>	<b>4048</b>	CROSSFIT HELLWOOD	Open Mężczyzn	599	08:30	00:41:58	<b>03:23:56.00</b>	<b>03:23:56.00</b>	+02:02:27 (60.0%)	16:59	3.5 (39.8%)
969	<b>JARZYŃKA Robert</b>	<b>3953</b>	FIT & MORE	Open Masters Mężczyzn	126	08:45	00:43:55	<b>03:24:04.25</b>	<b>03:24:04.25</b>	+02:02:35 (60.1%)	17:00	3.5 (39.8%)
970	<b>KURPANIK Karol</b>	<b>3724</b>	KOCHAMY LEYSA	Open Mężczyzn	600	09:15	00:42:57	<b>03:24:11.00</b>	<b>03:24:11.00</b>	+02:02:42 (60.1%)	17:00	3.5 (39.8%)
971	<b>SZYDŁOWSKA Magdalena</b>	<b>3725</b>	KOCHAMY LEYSA	Open Kobiet	148	09:15	00:43:03	<b>03:24:13.15</b>	<b>03:24:13.15</b>	+02:02:44 (60.1%)	17:01	3.5 (39.8%)
972	<b>GARBACZ Kazimierz</b>	<b>3175</b>	HUSARIA RACE TEAM	Open Masters Mężczyzn	127	08:00	00:38:53	<b>03:24:17.20</b>	<b>03:24:17.20</b>	+02:02:48 (60.1%)	17:01	3.5 (39.8%)
973	<b>SZYDŁOWSKI Bartłomiej</b>	<b>3726</b>	KOCHAMY LEYSA	Open Mężczyzn	601	09:15	00:43:00	<b>03:24:26.05</b>	<b>03:24:26.05</b>	+02:02:57 (60.1%)	17:02	3.5 (39.8%)
974	<b>IGNACIUK Jacek</b>	<b>4273</b>	HARTOWNIA TEAM	Open Masters Mężczyzn	128	10:30	00:40:14	<b>03:24:29.95</b>	<b>03:24:29.95</b>	+02:03:01 (60.2%)	17:02	3.5 (39.8%)
975	<b>KLIMEK Michał</b>	<b>4371</b>		Open Mężczyzn	602	08:45	00:43:54	<b>03:24:30.05</b>	<b>03:24:30.05</b>	+02:03:01 (60.2%)	17:02	3.5 (39.8%)
976	<b>KROCZEK Aleksandra</b>	<b>3723</b>	KOCHAMY LEYSA	Open Kobiet	149	09:15	00:43:00	<b>03:24:32.25</b>	<b>03:24:32.25</b>	+02:03:03 (60.2%)	17:02	3.5 (39.8%)
977	<b>KUTYBA Natalia</b>	<b>4275</b>	HARTOWNIA TEAM	Open Kobiet	150	10:30	00:40:04	<b>03:24:34.45</b>	<b>03:24:34.45</b>	+02:03:06 (60.2%)	17:02	3.5 (39.8%)
978	<b>MIKULA Daria</b>	<b>4276</b>	HARTOWNIA TEAM	Open Kobiet	151	10:30	00:40:22	<b>03:24:36.55</b>	<b>03:24:36.55</b>	+02:03:08 (60.2%)	17:03	3.5 (39.8%)
979	<b>GUMIELA Adam</b>	<b>4056</b>	GRYF TEAM	Open Mężczyzn	603	10:00	00:37:56	<b>03:24:44.55</b>	<b>03:24:44.55</b>	+02:03:16 (60.2%)	17:03	3.5 (39.8%)
980	<b>WOJCIECHOWSKI Piotr</b>	<b>3886</b>	ROSSMANN	Open Mężczyzn	604	09:30	00:39:18	<b>03:24:45.50</b>	<b>03:24:45.50</b>	+02:03:17 (60.2%)	17:03	3.5 (39.8%)
981	<b>KAROLAK Karina</b>	<b>3885</b>	ROSSMANN	Open Kobiet	152	09:30	00:39:20	<b>03:24:45.60</b>	<b>03:24:45.60</b>	+02:03:17 (60.2%)	17:03	3.5 (39.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
982	<b>ŚMIECH Joanna</b>	<b>4239</b>		Open Kobiet	153	10:15	00:42:53	<b>03:25:08.60</b>	<b>03:25:08.60</b>	+02:03:40 (60.3%)	17:05	3.5 (39.8%)
983	<b>SZYDŁOWSKI Michał</b>	<b>3727</b>	KOCHAMY LEYSA	Open Mężczyzn	605	09:15	00:42:58	<b>03:25:18.60</b>	<b>03:25:18.60</b>	+02:03:50 (60.3%)	17:06	3.5 (39.8%)
984	<b>OGAZA Anna</b>	<b>3154</b>	CARBON OCR RACING TEAM	Open Kobiet	154	08:00	00:42:49	<b>03:25:25.10</b>	<b>03:25:25.10</b>	+02:03:56 (60.3%)	17:07	3.5 (39.8%)
985	<b>KRAWCZYK Mateusz</b>	<b>3912</b>		Open Mężczyzn	606	09:30	00:43:33	<b>03:25:30.60</b>	<b>03:25:30.60</b>	+02:04:02 (60.4%)	17:07	3.5 (39.8%)
986	<b>PRZEKLASA Katarzyna</b>	<b>4196</b>	X-TEAM TARNÓW	Open Kobiet	155	10:15	00:45:13	<b>03:25:37.25</b>	<b>03:25:37.25</b>	+02:04:08 (60.4%)	17:08	3.5 (39.8%)
987	<b>DUDA Agata</b>	<b>4188</b>	STG-TARNÓW	Open Kobiet	156	10:15	00:45:12	<b>03:25:47.90</b>	<b>03:25:47.90</b>	+02:04:19 (60.4%)	17:08	3.5 (39.8%)
988	<b>JACHIMOWICZ Jarosław</b>	<b>4189</b>	STG-TARNÓW	Open Mężczyzn	607	10:15	00:45:12	<b>03:25:50.60</b>	<b>03:25:50.60</b>	+02:04:22 (60.4%)	17:09	3.5 (39.8%)
989	<b>MALISZEWSKI Dariusz</b>	<b>3540</b>	WATAHA	Open Mężczyzn	608	08:45	00:45:22	<b>03:25:50.65</b>	<b>03:25:50.65</b>	+02:04:22 (60.4%)	17:09	3.5 (39.8%)
990	<b>KOŁODZIEJ Artur</b>	<b>3559</b>		Open Masters Mężczyzn	129	08:45	00:45:25	<b>03:25:51.50</b>	<b>03:25:51.50</b>	+02:04:23 (60.4%)	17:09	3.5 (39.8%)
991	<b>KRAWCZYK Karol</b>	<b>3899</b>	ULANI BEZ AMBICJI	Open Mężczyzn	609	09:45	00:41:47	<b>03:26:05.25</b>	<b>03:26:05.25</b>	+02:04:36 (60.5%)	17:10	3.5 (39.8%)
992	<b>PLEBAŃCZYK Adrian</b>	<b>3900</b>	ULANI BEZ AMBICJI	Open Mężczyzn	610	09:45	00:41:47	<b>03:26:12.30</b>	<b>03:26:12.30</b>	+02:04:44 (60.5%)	17:11	3.5 (39.8%)
993	<b>PAPUGA Kamil</b>	<b>4025</b>		Open Mężczyzn	611	09:45	00:44:08	<b>03:26:19.05</b>	<b>03:26:19.05</b>	+02:04:50 (60.5%)	17:11	3.5 (39.8%)
994	<b>CZARNIAWSKI Paweł</b>	<b>4086</b>	SKF	Open Mężczyzn	612	10:00	00:39:24	<b>03:26:46.25</b>	<b>03:26:46.25</b>	+02:05:17 (60.6%)	17:13	3.5 (39.8%)
995	<b>KUCIAPSKI Adrian</b>	<b>3189</b>	KONTENER FORMY	Open Mężczyzn	613	08:00	00:41:21	<b>03:26:47.65</b>	<b>03:26:47.65</b>	+02:05:19 (60.6%)	17:13	3.5 (39.8%)
996	<b>CYGAN Katarzyna</b>	<b>3188</b>	KONTENER FORMY	Open Kobiet	157	08:00	00:41:20	<b>03:26:47.70</b>	<b>03:26:47.70</b>	+02:05:19 (60.6%)	17:13	3.5 (39.8%)
997	<b>MICUŁA Katarzyna</b>	<b>3794</b>		Open Kobiet	158	09:15	00:37:12	<b>03:27:05.85</b>	<b>03:27:05.85</b>	+02:05:37 (60.7%)	17:15	3.5 (39.8%)
998	<b>KANIA Paweł</b>	<b>3782</b>		Open Mężczyzn	614	09:15	00:37:19	<b>03:27:12.45</b>	<b>03:27:12.45</b>	+02:05:44 (60.7%)	17:16	3.5 (39.8%)
999	<b>NOWICKI Przemysław</b>	<b>3797</b>		Open Mężczyzn	615	09:15	00:37:16	<b>03:27:14.90</b>	<b>03:27:14.90</b>	+02:05:46 (60.7%)	17:16	3.5 (39.8%)
1000	<b>JAKUBIAK Natalia</b>	<b>3292</b>	ŁOWCY PIEROŻKÓW	Open Kobiet	159	08:15	00:47:35	<b>03:27:25.85</b>	<b>03:27:25.85</b>	+02:05:57 (60.7%)	17:17	3.5 (39.8%)
1001	<b>JASIŃSKI Jacek</b>	<b>3293</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	616	08:15	00:47:35	<b>03:27:40.20</b>	<b>03:27:40.20</b>	+02:06:11 (60.8%)	17:18	3.5 (39.8%)
1002	<b>ŁUKASIK Zuzanna</b>	<b>3297</b>	ŁOWCY PIEROŻKÓW	Open Kobiet	160	08:15	00:47:36	<b>03:27:57.60</b>	<b>03:27:57.60</b>	+02:06:29 (60.8%)	17:19	3.5 (39.8%)
1003	<b>INGARDEN Mateusz</b>	<b>3850</b>	KOZOGROM	Open Mężczyzn	617	09:30	00:39:07	<b>03:28:02.50</b>	<b>03:28:02.50</b>	+02:06:34 (60.8%)	17:20	3.5 (39.8%)
1004	<b>SURY Adrian</b>	<b>4243</b>		Open Masters Mężczyzn	130	10:15	00:41:27	<b>03:28:03.15</b>	<b>03:28:03.15</b>	+02:06:34 (60.8%)	17:20	3.5 (39.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1005	<b>CHMIELORZ Józef</b>	<b>3947</b>	CARBON OCR RACING TEAM	Open Mężczyzn	618	09:45	00:42:51	<b>03:28:03.75</b>	<b>03:28:03.75</b>	+02:06:35 (60.8%)	17:20	3.5 (39.8%)
1006	<b>CHMIELORZ Mateusz</b>	<b>3950</b>	CARBON OCR RACING TEAM	Open Mężczyzn	619	09:45	00:42:52	<b>03:28:04.95</b>	<b>03:28:04.95</b>	+02:06:36 (60.8%)	17:20	3.5 (39.8%)
1007	<b>SURY Kamil</b>	<b>4244</b>		Open Mężczyzn	620	10:15	00:41:29	<b>03:28:08.10</b>	<b>03:28:08.10</b>	+02:06:39 (60.9%)	17:20	3.5 (39.8%)
1008	<b>MACIEJEWSKI Łukasz</b>	<b>4018</b>		Open Mężczyzn	621	09:45	00:36:36	<b>03:28:13.15</b>	<b>03:28:13.15</b>	+02:06:44 (60.9%)	17:21	3.5 (39.8%)
1009	<b>NIECIAĞ Grzegorz</b>	<b>4346</b>		Open Masters Mężczyzn	131	10:30	00:36:10	<b>03:28:18.15</b>	<b>03:28:18.15</b>	+02:06:49 (60.9%)	17:21	3.5 (39.8%)
1010	<b>OBARA Marcel</b>	<b>4087</b>	SKF	Open Mężczyzn	622	10:00	00:39:22	<b>03:28:49.65</b>	<b>03:28:49.65</b>	+02:07:21 (61.0%)	17:24	3.4 (38.6%)
1011	<b>CHLEBOWSKI Grzegorz</b>	<b>4209</b>		Open Mężczyzn	623	10:15	00:47:14	<b>03:28:52.25</b>	<b>03:28:52.25</b>	+02:07:23 (61.0%)	17:24	3.4 (38.6%)
1012	<b>DRABCZYK Martyna</b>	<b>4214</b>		Open Kobiet	161	10:15	00:47:20	<b>03:29:02.30</b>	<b>03:29:02.30</b>	+02:07:34 (61.0%)	17:25	3.4 (38.6%)
1013	<b>BARTLOMIEJCZYK Sylwia</b>	<b>3646</b>	SOCIOS SILESIA	Open Kobiet	162	09:00	00:43:36	<b>03:29:04.85</b>	<b>03:29:04.85</b>	+02:07:36 (61.0%)	17:25	3.4 (38.6%)
1014	<b>KAMIONKA Martyna</b>	<b>4053</b>	ESKY.PL	Open Kobiet	163	10:00	00:49:35	<b>03:29:13.80</b>	<b>03:29:13.80</b>	+02:07:45 (61.1%)	17:26	3.4 (38.6%)
1015	<b>SLADECZEK Jarosław</b>	<b>4166</b>	KWK PNIÓWEK	Open Masters Mężczyzn	132	10:15	00:44:55	<b>03:29:15.45</b>	<b>03:29:15.45</b>	+02:07:47 (61.1%)	17:26	3.4 (38.6%)
1016	<b>JACKOWSKI Dawid</b>	<b>4111</b>		Open Mężczyzn	624	10:00	00:39:17	<b>03:29:25.45</b>	<b>03:29:25.45</b>	+02:07:57 (61.1%)	17:27	3.4 (38.6%)
1017	<b>SLADECZEK Iza</b>	<b>4165</b>	KWK PNIÓWEK	Open Kobiet	164	10:15	00:44:54	<b>03:29:54.95</b>	<b>03:29:54.95</b>	+02:08:26 (61.2%)	17:29	3.4 (38.6%)
1018	<b>GRABOWSKA Anita</b>	<b>3434</b>		Open Masters Kobiet	34	08:30	00:40:44	<b>03:30:39.60</b>	<b>03:30:39.60</b>	+02:09:11 (61.3%)	17:33	3.4 (38.6%)
1019	<b>SYC Joanna</b>	<b>3578</b>		Open Kobiet	165	08:30	00:40:47	<b>03:30:43.45</b>	<b>03:30:43.45</b>	+02:09:15 (61.3%)	17:33	3.4 (38.6%)
1020	<b>KOZŁOWSKI Adam</b>	<b>3441</b>		Open Mężczyzn	625	08:30	00:39:46	<b>03:30:43.55</b>	<b>03:30:43.55</b>	+02:09:15 (61.3%)	17:33	3.4 (38.6%)
1021	<b>SZELAĞOWSKA Aleksandra</b>	<b>3878</b>	MOMO TEAM	Open Kobiet	166	09:30	00:40:38	<b>03:30:44.40</b>	<b>03:30:44.40</b>	+02:09:16 (61.3%)	17:33	3.4 (38.6%)
1022	<b>GAŃCZARSKA Monika</b>	<b>3432</b>		Open Kobiet	167	08:30	00:40:45	<b>03:30:44.45</b>	<b>03:30:44.45</b>	+02:09:16 (61.3%)	17:33	3.4 (38.6%)
1023	<b>SZLOSAREK Rafał</b>	<b>4139</b>		Open Mężczyzn	626	10:00	00:39:19	<b>03:30:46.10</b>	<b>03:30:46.10</b>	+02:09:17 (61.3%)	17:33	3.4 (38.6%)
1024	<b>GAŁAN Tomasz</b>	<b>4074</b>	KOJOTY	Open Mężczyzn	627	10:00	00:40:44	<b>03:30:46.15</b>	<b>03:30:46.15</b>	+02:09:17 (61.3%)	17:33	3.4 (38.6%)
1025	<b>MATEJA Grzegorz</b>	<b>4075</b>	KOJOTY	Open Mężczyzn	628	10:00	00:40:45	<b>03:30:46.80</b>	<b>03:30:46.80</b>	+02:09:18 (61.3%)	17:33	3.4 (38.6%)
1026	<b>RAK Marcin</b>	<b>4134</b>		Open Mężczyzn	629	10:00	00:39:19	<b>03:30:47.20</b>	<b>03:30:47.20</b>	+02:09:18 (61.3%)	17:33	3.4 (38.6%)
1027	<b>ZAJĄC Paweł</b>	<b>4077</b>	KOJOTY	Open Mężczyzn	630	10:00	00:40:52	<b>03:30:49.25</b>	<b>03:30:49.25</b>	+02:09:20 (61.4%)	17:34	3.4 (38.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1028	<b>MORKA Miron</b>	<b>3873</b>	MOMO TEAM	Open Mężczyzn	631	09:30	00:40:01	<b>03:30:50.45</b>	<b>03:30:50.45</b>	+02:09:22 (61.4%)	17:34	3.4 (38.6%)
1029	<b>CIOCH Damian</b>	<b>3430</b>		Open Mężczyzn	632	08:30	00:40:24	<b>03:31:03.00</b>	<b>03:31:03.00</b>	+02:09:34 (61.4%)	17:35	3.4 (38.6%)
1030	<b>SMUŁA Przemysław</b>	<b>3055</b>	POWER STUDIO	Open Mężczyzn	633	07:40	00:29:42	<b>03:30:19.05</b>	<b>03:31:04.00</b>	+02:09:35 (61.4%)	17:31	3.4 (38.6%)
1031	<b>VESELOV Artem</b>	<b>4254</b>	DECATHLON RZESZÓW	Open Mężczyzn	634	10:30	00:42:49	<b>03:31:05.70</b>	<b>03:31:05.70</b>	+02:09:37 (61.4%)	17:35	3.4 (38.6%)
1032	<b>WYKURZ Lilana</b>	<b>3474</b>		Open Masters Kobiet	35	08:30		<b>03:31:06.00</b>	<b>03:31:06.00</b>	+02:09:37 (61.4%)	17:35	3.4 (38.6%)
1033	<b>GĘBARA Łukasz</b>	<b>4251</b>	DECATHLON RZESZÓW	Open Mężczyzn	635	10:30	00:44:10	<b>03:31:28.95</b>	<b>03:31:28.95</b>	+02:10:00 (61.5%)	17:37	3.4 (38.6%)
1034	<b>KĘDZIOR Jacek</b>	<b>4306</b>	PĘDZĄCE ŚLIMAKI DĘBICA	Open Masters Mężczyzn	133	10:30	00:44:09	<b>03:31:29.10</b>	<b>03:31:29.10</b>	+02:10:00 (61.5%)	17:37	3.4 (38.6%)
1035	<b>NOWICKA Izabela</b>	<b>4252</b>	DECATHLON RZESZÓW	Open Kobiet	168	10:30	00:44:08	<b>03:31:29.25</b>	<b>03:31:29.25</b>	+02:10:00 (61.5%)	17:37	3.4 (38.6%)
1036	<b>MILCZAREK Paweł</b>	<b>3178</b>	HUSARIA RACE TEAM	Open Mężczyzn	636	09:00	00:37:28	<b>03:32:06.00</b>	<b>03:32:06.00</b>	+02:10:37 (61.6%)	17:40	3.4 (38.6%)
1037	<b>ZARZYCKI Tobiasz</b>	<b>3607</b>	HUSARIA RACE TEAM	Open Mężczyzn	637	09:00	00:34:05	<b>03:32:09.35</b>	<b>03:32:09.35</b>	+02:10:41 (61.6%)	17:40	3.4 (38.6%)
1038	<b>KSIĘŻOPOLSKA Małgorzata</b>	<b>4163</b>	HUSARIA RACE TEAM	Open Kobiet	169	10:15	00:45:00	<b>03:32:16.95</b>	<b>03:32:16.95</b>	+02:10:48 (61.6%)	17:41	3.4 (38.6%)
1039	<b>KUMOREK Agnieszka</b>	<b>3786</b>		Open Kobiet	170	09:15	00:41:25	<b>03:32:20.35</b>	<b>03:32:20.35</b>	+02:10:52 (61.6%)	17:41	3.4 (38.6%)
1040	<b>KRZYŻOWSKI Jarosław</b>	<b>3784</b>		Open Mężczyzn	638	09:15	00:41:25	<b>03:32:20.65</b>	<b>03:32:20.65</b>	+02:10:52 (61.6%)	17:41	3.4 (38.6%)
1041	<b>MIAIARZ Bogusław</b>	<b>4229</b>		Open Masters Mężczyzn	134	10:15	00:42:43	<b>03:32:20.85</b>	<b>03:32:20.85</b>	+02:10:52 (61.6%)	17:41	3.4 (38.6%)
1042	<b>BŁASZKIEWICZ Marta</b>	<b>3751</b>	ULANE PATUSY	Open Kobiet	171	09:15	00:47:10	<b>03:32:40.50</b>	<b>03:32:40.50</b>	+02:11:12 (61.7%)	17:43	3.4 (38.6%)
1043	<b>SPANDEL Katarzyna</b>	<b>3753</b>	ULANE PATUSY	Open Kobiet	172	09:15	00:47:16	<b>03:32:40.90</b>	<b>03:32:40.90</b>	+02:11:12 (61.7%)	17:43	3.4 (38.6%)
1044	<b>PILLER Adrian</b>	<b>3752</b>	ULANE PATUSY	Open Mężczyzn	639	09:15	00:47:13	<b>03:32:41.60</b>	<b>03:32:41.60</b>	+02:11:13 (61.7%)	17:43	3.4 (38.6%)
1045	<b>BŁASZKIEWICZ Krzysztof</b>	<b>3750</b>	ULANE PATUSY	Open Mężczyzn	640	09:15	00:47:17	<b>03:32:42.05</b>	<b>03:32:42.05</b>	+02:11:13 (61.7%)	17:43	3.4 (38.6%)
1046	<b>WERKOWSKA Maria</b>	<b>3926</b>		Open Kobiet	173	09:30	00:42:48	<b>03:32:47.90</b>	<b>03:32:47.90</b>	+02:11:19 (61.7%)	17:43	3.4 (38.6%)
1047	<b>DOLATA Magdalena</b>	<b>3648</b>	SOCIOS SILESIA	Open Kobiet	174	09:00	00:43:35	<b>03:33:12.25</b>	<b>03:33:12.25</b>	+02:11:43 (61.8%)	17:46	3.4 (38.6%)
1048	<b>JAMROZIK Adrian</b>	<b>3847</b>	HUSARIA RACE TEAM	Open Mężczyzn	641	09:30	00:38:30	<b>03:33:15.45</b>	<b>03:33:15.45</b>	+02:11:47 (61.8%)	17:46	3.4 (38.6%)
1049	<b>WISNIEWSKI Mirosław</b>	<b>3151</b>	BRONOWICKIE CENTRUM UBEZPIECZENIOWE	Open Masters Mężczyzn	135	08:00	00:37:09	<b>03:33:40.15</b>	<b>03:33:40.15</b>	+02:12:11 (61.9%)	17:48	3.4 (38.6%)
1050	<b>MIKOŁAJCZYK Michał</b>	<b>4312</b>	SUPER WOMEN	Open Mężczyzn	642	10:30	01:00:57	<b>03:33:41.25</b>	<b>03:33:41.25</b>	+02:12:12 (61.9%)	17:48	3.4 (38.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1051	<b>MARKIEWICZ Dagmara</b>	<b>3872</b>	MOMO TEAM	Open Kobiet	175	09:30	00:40:38	<b>03:33:45.75</b>	<b>03:33:45.75</b>	+02:12:17 (61.9%)	17:48	3.4 (38.6%)
1052	<b>GONSIOR Krzysztof</b>	<b>4330</b>		Open Mężczyzn	643	10:30	01:00:58	<b>03:33:46.15</b>	<b>03:33:46.15</b>	+02:12:17 (61.9%)	17:48	3.4 (38.6%)
1053	<b>COFAŁA Andrzej</b>	<b>3547</b>		Open Masters Mężczyzn	136	08:45	00:44:11	<b>03:34:19.20</b>	<b>03:34:19.20</b>	+02:12:50 (62.0%)	17:51	3.4 (38.6%)
1054	<b>DAWICKI Piotr Grzegorz</b>	<b>3548</b>		Open Masters Mężczyzn	137	08:45	00:44:13	<b>03:34:26.55</b>	<b>03:34:26.55</b>	+02:12:58 (62.0%)	17:52	3.4 (38.6%)
1055	<b>KEPA Rafał</b>	<b>3870</b>	MOMO TEAM	Open Mężczyzn	644	09:30	00:40:00	<b>03:34:33.20</b>	<b>03:34:33.20</b>	+02:13:04 (62.0%)	17:52	3.4 (38.6%)
1056	<b>BŹDZIUCH Łukasz</b>	<b>3766</b>		Open Mężczyzn	645	09:15	00:42:13	<b>03:34:33.55</b>	<b>03:34:33.55</b>	+02:13:05 (62.0%)	17:52	3.4 (38.6%)
1057	<b>DOMINIK Robert</b>	<b>3772</b>		Open Masters Mężczyzn	138	09:15	00:42:17	<b>03:34:36.35</b>	<b>03:34:36.35</b>	+02:13:08 (62.0%)	17:53	3.4 (38.6%)
1058	<b>NOWAK Tadeusz</b>	<b>3887</b>	RUNANYWHERE	Open Mężczyzn	646	09:30	00:44:53	<b>03:35:22.30</b>	<b>03:35:22.30</b>	+02:13:54 (62.2%)	17:56	3.3 (37.5%)
1059	<b>SAWICZ Michał</b>	<b>3360</b>		Open Mężczyzn	647	08:15	00:44:49	<b>03:35:23.60</b>	<b>03:35:23.60</b>	+02:13:55 (62.2%)	17:56	3.3 (37.5%)
1060	<b>TOMASZEWICZ Adam</b>	<b>3366</b>		Open Mężczyzn	648	08:15	00:44:53	<b>03:35:24.70</b>	<b>03:35:24.70</b>	+02:13:56 (62.2%)	17:57	3.3 (37.5%)
1061	<b>MIROWICZ Tomasz</b>	<b>3027</b>	ELECTROLUX ŚWIDNICA	Elite Mężczyzn	55	07:40	00:54:27	<b>03:35:27.15</b>	<b>03:35:27.15</b>	+02:13:58 (62.2%)	17:57	3.3 (37.5%)
1062	<b>DYKO Bartosz</b>	<b>3025</b>	ELECTROLUX ŚWIDNICA	Open Mężczyzn	649	07:40	00:54:24	<b>03:35:31.40</b>	<b>03:35:31.40</b>	+02:14:03 (62.2%)	17:57	3.3 (37.5%)
1063	<b>SALWA Agnieszka</b>	<b>3716</b>	GRUPA TRENINGOWA LEŚNE LUDKI	Open Kobiet	176	09:15	00:47:35	<b>03:35:35.65</b>	<b>03:35:35.65</b>	+02:14:07 (62.2%)	17:57	3.3 (37.5%)
1064	<b>KOSMAŁA Sebastian</b>	<b>3606</b>	HUSARIA RACE TEAM	Open Mężczyzn	650	09:00	00:46:45	<b>03:35:38.55</b>	<b>03:35:38.55</b>	+02:14:10 (62.2%)	17:58	3.3 (37.5%)
1065	<b>BIELECKA Katarzyna</b>	<b>3604</b>	HUSARIA RACE TEAM	Open Kobiet	177	09:00	00:46:44	<b>03:35:39.15</b>	<b>03:35:39.15</b>	+02:14:10 (62.2%)	17:58	3.3 (37.5%)
1066	<b>LASS Ewelina</b>	<b>3714</b>	GRUPA TRENINGOWA LEŚNE LUDKI	Open Kobiet	178	09:15	00:47:36	<b>03:35:39.20</b>	<b>03:35:39.20</b>	+02:14:10 (62.2%)	17:58	3.3 (37.5%)
1067	<b>OLJASZ Paweł</b>	<b>3054</b>	POWER STUDIO	Open Mężczyzn	651	07:40	00:30:24	<b>03:35:50.60</b>	<b>03:35:50.60</b>	+02:14:22 (62.3%)	17:59	3.3 (37.5%)
1068	<b>KASZTA Michał</b>	<b>3376</b>	BESTIE OCR LEGIONOWO	Open Mężczyzn	652	08:30	00:43:41	<b>03:36:02.55</b>	<b>03:36:02.55</b>	+02:14:34 (62.3%)	18:00	3.3 (37.5%)
1069	<b>BUCHALIK Konrad</b>	<b>3375</b>	BESTIE OCR LEGIONOWO	Open Mężczyzn	653	08:30	00:43:53	<b>03:36:35.00</b>	<b>03:36:35.00</b>	+02:15:06 (62.4%)	18:02	3.3 (37.5%)
1070	<b>WĘGRECKI Kamil</b>	<b>3819</b>	BORUCIARZE	Open Mężczyzn	654	09:30	00:45:30	<b>03:36:38.55</b>	<b>03:36:38.55</b>	+02:15:10 (62.4%)	18:03	3.3 (37.5%)
1071	<b>BERNAŚ Monika</b>	<b>3713</b>	GRUPA TRENINGOWA LEŚNE LUDKI	Open Masters Kobiet	36	09:15	00:44:09	<b>03:36:45.60</b>	<b>03:36:45.60</b>	+02:15:17 (62.4%)	18:03	3.3 (37.5%)
1072	<b>ŚCIGA Anna</b>	<b>3718</b>	GRUPA TRENINGOWA LEŚNE LUDKI	Open Masters Kobiet	37	09:15	00:47:53	<b>03:36:46.90</b>	<b>03:36:46.90</b>	+02:15:18 (62.4%)	18:03	3.3 (37.5%)
1073	<b>SŁUPIK Barbara</b>	<b>3362</b>		Open Masters Kobiet	38	08:15	00:44:54	<b>03:36:48.10</b>	<b>03:36:48.10</b>	+02:15:19 (62.4%)	18:04	3.3 (37.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1074	<b>MAJCHRZYK Katarzyna</b>	<b>4249</b>	CF KUŹNIA DAMIANA	Open Kobiet	179	10:30	00:43:05	<b>03:36:57.65</b>	<b>03:36:57.65</b>	+02:15:29 (62.4%)	18:04	3.3 (37.5%)
1075	<b>SMOLARCZYK Kasia</b>	<b>3720</b>	GRUPA TRENINGOWA LEŚNE LUDKI	Open Masters Kobiet	39	09:15	00:47:58	<b>03:37:03.10</b>	<b>03:37:03.10</b>	+02:15:34 (62.5%)	18:05	3.3 (37.5%)
1076	<b>BEDNARSKI Dominik</b>	<b>3712</b>	GRUPA TRENINGOWA LEŚNE LUDKI	Open Masters Mężczyzn	139	09:15	00:43:39	<b>03:37:13.95</b>	<b>03:37:13.95</b>	+02:15:45 (62.5%)	18:06	3.3 (37.5%)
1077	<b>SALWA Paweł</b>	<b>3717</b>	GRUPA TRENINGOWA LEŚNE LUDKI	Open Mężczyzn	655	09:15	00:47:32	<b>03:37:47.95</b>	<b>03:37:47.95</b>	+02:16:19 (62.6%)	18:08	3.3 (37.5%)
1078	<b>GOLA Karolina</b>	<b>4298</b>	MATKI WARIATKI I MICHAŁ :)	Open Kobiet	180	10:30	00:45:21	<b>03:37:48.20</b>	<b>03:37:48.20</b>	+02:16:19 (62.6%)	18:09	3.3 (37.5%)
1079	<b>OŁOWNIA Joanna</b>	<b>4300</b>	MATKI WARIATKI I MICHAŁ :)	Open Kobiet	181	10:30	00:45:19	<b>03:37:49.35</b>	<b>03:37:49.35</b>	+02:16:21 (62.6%)	18:09	3.3 (37.5%)
1080	<b>PIŁAT Przemysław</b>	<b>3715</b>	GRUPA TRENINGOWA LEŚNE LUDKI	Open Mężczyzn	656	09:15	00:43:44	<b>03:37:52.25</b>	<b>03:37:52.25</b>	+02:16:23 (62.6%)	18:09	3.3 (37.5%)
1081	<b>POLACZKIEWICZ Marcin</b>	<b>4266</b>	FIT PRO EXTREME TEAM	Open Masters Mężczyzn	140	10:30	00:38:01	<b>03:37:59.75</b>	<b>03:37:59.75</b>	+02:16:31 (62.6%)	18:09	3.3 (37.5%)
1082	<b>DŁUGOSZ Michał</b>	<b>4297</b>	MATKI WARIATKI I MICHAŁ :)	Open Mężczyzn	657	10:30	00:45:20	<b>03:38:12.90</b>	<b>03:38:12.90</b>	+02:16:44 (62.7%)	18:11	3.3 (37.5%)
1083	<b>RADOM Adam</b>	<b>3829</b>	CFNS TRAINING	Open Masters Mężczyzn	141	09:30	00:42:01	<b>03:38:20.25</b>	<b>03:38:20.25</b>	+02:16:51 (62.7%)	18:11	3.3 (37.5%)
1084	<b>DOBOSZ Damian</b>	<b>3207</b>		Open Mężczyzn	658	08:00	00:45:18	<b>03:38:24.20</b>	<b>03:38:24.20</b>	+02:16:55 (62.7%)	18:12	3.3 (37.5%)
1085	<b>WOJTASIK Natalia</b>	<b>3260</b>		Open Kobiet	182	08:00	00:45:18	<b>03:38:24.60</b>	<b>03:38:24.60</b>	+02:16:56 (62.7%)	18:12	3.3 (37.5%)
1086	<b>WITEK Michał</b>	<b>3699</b>		Open Mężczyzn	659	09:00	00:42:54	<b>03:38:25.20</b>	<b>03:38:25.20</b>	+02:16:56 (62.7%)	18:12	3.3 (37.5%)
1087	<b>HAŚKO Sergiusz</b>	<b>3671</b>		Open Masters Mężczyzn	142	09:00	00:43:01	<b>03:38:26.70</b>	<b>03:38:26.70</b>	+02:16:58 (62.7%)	18:12	3.3 (37.5%)
1088	<b>REJDYCH Tomasz</b>	<b>3184</b>	HUSARIA RACE TEAM	Open Mężczyzn	660	08:00	00:44:51	<b>03:38:39.20</b>	<b>03:38:39.20</b>	+02:17:10 (62.7%)	18:13	3.3 (37.5%)
1089	<b>REJDYCH Daria</b>	<b>3183</b>	HUSARIA RACE TEAM	Open Kobiet	183	08:00	00:44:52	<b>03:38:39.25</b>	<b>03:38:39.25</b>	+02:17:10 (62.7%)	18:13	3.3 (37.5%)
1090	<b>CZARDYBON Dominik</b>	<b>3290</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	661	08:15	00:46:15	<b>03:38:41.95</b>	<b>03:38:41.95</b>	+02:17:13 (62.7%)	18:13	3.3 (37.5%)
1091	<b>GÓRALSKA Marta</b>	<b>3291</b>	ŁOWCY PIEROŻKÓW	Open Kobiet	184	08:15	00:45:30	<b>03:38:42.65</b>	<b>03:38:42.65</b>	+02:17:14 (62.7%)	18:13	3.3 (37.5%)
1092	<b>PATELSKI Tomasz</b>	<b>4127</b>		Open Mężczyzn	662	10:00	00:41:53	<b>03:39:02.20</b>	<b>03:39:02.20</b>	+02:17:33 (62.8%)	18:15	3.3 (37.5%)
1093	<b>BARCZYK Piotr</b>	<b>4096</b>		Open Mężczyzn	663	10:00	00:41:51	<b>03:39:03.45</b>	<b>03:39:03.45</b>	+02:17:35 (62.8%)	18:15	3.3 (37.5%)
1094	<b>KRZAK Łukasz</b>	<b>3296</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	664	08:15	00:46:18	<b>03:39:05.30</b>	<b>03:39:05.30</b>	+02:17:37 (62.8%)	18:15	3.3 (37.5%)
1095	<b>FELEDYK Anna</b>	<b>4198</b>	ZGRANA EKIPA LIDLA	Open Kobiet	185	10:15	00:44:45	<b>03:41:10.90</b>	<b>03:41:10.90</b>	+02:19:42 (63.2%)	18:25	3.3 (37.5%)
1096	<b>MICHALAK Przemek</b>	<b>4124</b>		Open Mężczyzn	665	10:00	00:39:29	<b>03:41:12.50</b>	<b>03:41:12.50</b>	+02:19:44 (63.2%)	18:26	3.3 (37.5%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1097	<b>WOJNOWSKI Wojciech</b>	<b>3392</b>	RUNANYWHERE	Open Mężczyzn	666	08:30	00:44:55	<b>03:41:26.45</b>	<b>03:41:26.45</b>	+02:19:58 (63.2%)	18:27	3.3 (37.5%)
1098	<b>SIKORA Krzysztof</b>	<b>3691</b>		Open Mężczyzn	667	09:00	00:47:24	<b>03:41:34.25</b>	<b>03:41:34.25</b>	+02:20:05 (63.2%)	18:27	3.2 (36.4%)
1099	<b>KĘPA Dorota</b>	<b>4199</b>	ZGRANA EKIPA LIDLA	Open Kobiet	186	10:15	00:44:50	<b>03:41:36.40</b>	<b>03:41:36.40</b>	+02:20:08 (63.2%)	18:28	3.2 (36.4%)
1100	<b>KOMANIECKI Przemysław</b>	<b>4201</b>	ZGRANA EKIPA LIDLA	Open Masters Mężczyzn	143	10:15	00:44:49	<b>03:41:41.70</b>	<b>03:41:41.70</b>	+02:20:13 (63.3%)	18:28	3.2 (36.4%)
1101	<b>MAŁYSA Leszek</b>	<b>4203</b>	ZGRANA EKIPA LIDLA	Open Mężczyzn	668	10:15	00:44:51	<b>03:41:42.95</b>	<b>03:41:42.95</b>	+02:20:14 (63.3%)	18:28	3.2 (36.4%)
1102	<b>SIENIAWSKI Kamil</b>	<b>3690</b>		Open Mężczyzn	669	09:00	00:40:17	<b>03:41:48.45</b>	<b>03:41:48.45</b>	+02:20:20 (63.3%)	18:29	3.2 (36.4%)
1103	<b>DROZDOWSKI Karol</b>	<b>3592</b>	CIPECZKI	Open Mężczyzn	670	09:00	00:40:30	<b>03:41:48.55</b>	<b>03:41:48.55</b>	+02:20:20 (63.3%)	18:29	3.2 (36.4%)
1104	<b>KUŚ Michał</b>	<b>4202</b>	ZGRANA EKIPA LIDLA	Open Mężczyzn	671	10:15	00:44:52	<b>03:41:50.90</b>	<b>03:41:50.90</b>	+02:20:22 (63.3%)	18:29	3.2 (36.4%)
1105	<b>SZLAPA Anna</b>	<b>3693</b>		Open Kobiet	187	09:00	00:47:52	<b>03:41:52.10</b>	<b>03:41:52.10</b>	+02:20:23 (63.3%)	18:29	3.2 (36.4%)
1106	<b>NIEZGODA Marcin</b>	<b>3153</b>	CARBON OCR RACING TEAM	Open Mężczyzn	672	08:00	00:45:47	<b>03:42:43.80</b>	<b>03:42:43.80</b>	+02:21:15 (63.4%)	18:33	3.2 (36.4%)
1107	<b>JURKOWSKI Marcin</b>	<b>3221</b>		Open Masters Mężczyzn	144	08:00	00:40:42	<b>03:43:07.40</b>	<b>03:43:07.40</b>	+02:21:39 (63.5%)	18:35	3.2 (36.4%)
1108	<b>SKWAREK Magdalena</b>	<b>3156</b>	CARBON OCR RACING TEAM	Open Kobiet	188	08:00	00:45:48	<b>03:43:24.60</b>	<b>03:43:24.60</b>	+02:21:56 (63.5%)	18:37	3.2 (36.4%)
1109	<b>KARBOWNIK Marcin</b>	<b>4091</b>	SZYBKIE PIERNIKI	Open Mężczyzn	673	10:00	00:47:28	<b>03:43:49.60</b>	<b>03:43:49.60</b>	+02:22:21 (63.6%)	18:39	3.2 (36.4%)
1110	<b>JAROSZ Aleksandra</b>	<b>4270</b>	FORMA CROSS TEAM CZĘSTOCHOWA	Open Kobiet	189	10:30	00:48:28	<b>03:43:54.25</b>	<b>03:43:54.25</b>	+02:22:25 (63.6%)	18:39	3.2 (36.4%)
1111	<b>SOBOTA Michał</b>	<b>4271</b>	FORMA CROSS TEAM CZĘSTOCHOWA	Open Mężczyzn	674	10:30	00:48:28	<b>03:43:54.50</b>	<b>03:43:54.50</b>	+02:22:26 (63.6%)	18:39	3.2 (36.4%)
1112	<b>NOWAKOWSKA Aleksandra</b>	<b>4092</b>	SZYBKIE PIERNIKI	Open Kobiet	190	10:00	00:47:27	<b>03:43:55.35</b>	<b>03:43:55.35</b>	+02:22:27 (63.6%)	18:39	3.2 (36.4%)
1113	<b>MAŃKA Marcin</b>	<b>4204</b>	ZGRANA EKIPA LIDLA	Open Mężczyzn	675	10:15	00:44:47	<b>03:44:15.35</b>	<b>03:44:15.35</b>	+02:22:47 (63.7%)	18:41	3.2 (36.4%)
1114	<b>WOJAK Adam</b>	<b>3581</b>		Open Mężczyzn	676	08:45	00:45:45	<b>03:44:23.05</b>	<b>03:44:23.05</b>	+02:22:54 (63.7%)	18:41	3.2 (36.4%)
1115	<b>KORNILUK Marlena</b>	<b>3560</b>		Open Kobiet	191	08:45	00:45:46	<b>03:44:24.45</b>	<b>03:44:24.45</b>	+02:22:56 (63.7%)	18:42	3.2 (36.4%)
1116	<b>UHEREK Ewa</b>	<b>3579</b>		Open Kobiet	192	08:45	00:45:45	<b>03:44:24.70</b>	<b>03:44:24.70</b>	+02:22:56 (63.7%)	18:42	3.2 (36.4%)
1117	<b>KOŁODZIEJ Monika</b>	<b>3524</b>	NIEOKRZESANE BARANY	Open Kobiet	193	08:45	00:45:32	<b>03:44:29.15</b>	<b>03:44:29.15</b>	+02:23:00 (63.7%)	18:42	3.2 (36.4%)
1118	<b>SNOPEK Wojciech</b>	<b>3525</b>	NIEOKRZESANE BARANY	Open Mężczyzn	677	08:45	00:45:36	<b>03:44:30.85</b>	<b>03:44:30.85</b>	+02:23:02 (63.7%)	18:42	3.2 (36.4%)
1119	<b>DUDA Wojciech</b>	<b>3523</b>	NIEOKRZESANE BARANY	Open Mężczyzn	678	08:45	00:45:37	<b>03:44:32.10</b>	<b>03:44:32.10</b>	+02:23:03 (63.7%)	18:42	3.2 (36.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1120	<b>CZECH Wojciech</b>	<b>4101</b>		Open Mężczyzn	679	10:00	00:42:35	<b>03:44:37.00</b>	<b>03:44:37.00</b>	+02:23:08 (63.7%)	18:43	3.2 (36.4%)
1121	<b>KUZIĄK Aleksandra</b>	<b>4120</b>		Open Kobiet	194	10:00	00:42:35	<b>03:44:37.30</b>	<b>03:44:37.30</b>	+02:23:09 (63.7%)	18:43	3.2 (36.4%)
1122	<b>WRÓBEL Mariola</b>	<b>3526</b>	NIEOKRZESANE BARANY	Open Kobiet	195	08:45	00:45:33	<b>03:44:41.75</b>	<b>03:44:41.75</b>	+02:23:13 (63.7%)	18:43	3.2 (36.4%)
1123	<b>JAROSZYŃSKA Joanna</b>	<b>4089</b>	SZYBKIE PIERNIKI	Open Kobiet	196	10:00	00:47:28	<b>03:45:03.95</b>	<b>03:45:03.95</b>	+02:23:35 (63.8%)	18:45	3.2 (36.4%)
1124	<b>WZOREK Bartłomiej</b>	<b>4040</b>		Open Mężczyzn	680	09:45	00:43:38	<b>03:45:09.90</b>	<b>03:45:09.90</b>	+02:23:41 (63.8%)	18:45	3.2 (36.4%)
1125	<b>KRZYMIŃSKI Seweryn</b>	<b>3904</b>	ZŁOTY MALCZIK	Open Mężczyzn	681	09:30	00:37:23	<b>03:45:11.05</b>	<b>03:45:11.05</b>	+02:23:42 (63.8%)	18:45	3.2 (36.4%)
1126	<b>WZOREK Marcin</b>	<b>3979</b>	SOCIOS SILESIA	Open Masters Mężczyzn	145	09:45	00:43:39	<b>03:45:11.60</b>	<b>03:45:11.60</b>	+02:23:43 (63.8%)	18:45	3.2 (36.4%)
1127	<b>KOŁAKOWSKI Andrzej</b>	<b>3903</b>	ZŁOTY MALCZIK	Open Mężczyzn	682	09:30	00:37:25	<b>03:45:11.65</b>	<b>03:45:11.65</b>	+02:23:43 (63.8%)	18:45	3.2 (36.4%)
1128	<b>KABALA Mariusz</b>	<b>3778</b>		Open Mężczyzn	683	09:15	00:41:58	<b>03:45:21.85</b>	<b>03:45:21.85</b>	+02:23:53 (63.8%)	18:46	3.2 (36.4%)
1129	<b>BOBA Kamila</b>	<b>3662</b>		Open Kobiet	197	09:00	00:48:10	<b>03:45:45.00</b>	<b>03:45:45.00</b>	+02:24:16 (63.9%)	18:48	3.2 (36.4%)
1130	<b>KABAŁA Michał</b>	<b>3779</b>		Open Mężczyzn	684	09:15	00:41:59	<b>03:45:46.45</b>	<b>03:45:46.45</b>	+02:24:18 (63.9%)	18:48	3.2 (36.4%)
1131	<b>KABAŁA Monika</b>	<b>3780</b>		Open Kobiet	198	09:15	00:42:01	<b>03:46:01.95</b>	<b>03:46:01.95</b>	+02:24:33 (64.0%)	18:50	3.2 (36.4%)
1132	<b>SKRZYPEK Miłosz</b>	<b>3512</b>	KIRASJERZY	Open Masters Mężczyzn	146	08:45	00:48:14	<b>03:46:12.15</b>	<b>03:46:12.15</b>	+02:24:43 (64.0%)	18:51	3.2 (36.4%)
1133	<b>MANTUR Dominika</b>	<b>3509</b>	KIRASJERZY	Open Kobiet	199	08:45	00:47:44	<b>03:46:13.10</b>	<b>03:46:13.10</b>	+02:24:44 (64.0%)	18:51	3.2 (36.4%)
1134	<b>PAŁOSZ Anna</b>	<b>3893</b>	SKURCZEBYKI	Open Masters Kobiet	40	09:30	00:44:08	<b>03:46:27.05</b>	<b>03:46:27.05</b>	+02:24:58 (64.0%)	18:52	3.2 (36.4%)
1135	<b>SKRZYDŁO Marcin</b>	<b>3511</b>	KIRASJERZY	Open Masters Mężczyzn	147	08:45	00:47:48	<b>03:46:39.75</b>	<b>03:46:39.75</b>	+02:25:11 (64.1%)	18:53	3.2 (36.4%)
1136	<b>PISZCZOŁA Maria</b>	<b>3952</b>	DIRTY SPARROWS	Open Kobiet	200	08:45	00:42:11	<b>03:46:52.45</b>	<b>03:46:52.45</b>	+02:25:24 (64.1%)	18:54	3.2 (36.4%)
1137	<b>GRABOWSKI Andrzej</b>	<b>3889</b>	SKURCZEBYKI	Open Mężczyzn	685	09:30	00:43:50	<b>03:46:59.40</b>	<b>03:46:59.40</b>	+02:25:31 (64.1%)	18:54	3.2 (36.4%)
1138	<b>PIETRZYK Gracjan</b>	<b>3510</b>	KIRASJERZY	Open Masters Mężczyzn	148	08:45	00:47:47	<b>03:47:09.85</b>	<b>03:47:09.85</b>	+02:25:41 (64.1%)	18:55	3.2 (36.4%)
1139	<b>KUROWSKI Witold</b>	<b>3508</b>	KIRASJERZY	Open Masters Mężczyzn	149	08:45	00:48:12	<b>03:47:11.40</b>	<b>03:47:11.40</b>	+02:25:43 (64.1%)	18:55	3.2 (36.4%)
1140	<b>JAROSZYŃSKI Tomasz</b>	<b>4090</b>	SZYBKIE PIERNIKI	Open Mężczyzn	686	10:00	00:48:11	<b>03:47:11.55</b>	<b>03:47:11.55</b>	+02:25:43 (64.1%)	18:55	3.2 (36.4%)
1141	<b>MATUNIN Paweł</b>	<b>4021</b>		Open Mężczyzn	687	09:45	00:48:32	<b>03:47:32.00</b>	<b>03:47:32.00</b>	+02:26:03 (64.2%)	18:57	3.2 (36.4%)
1142	<b>BORSZCZ Julia</b>	<b>4088</b>	SZYBKIE PIERNIKI	Open Kobiet	201	10:00	00:48:19	<b>03:48:15.60</b>	<b>03:48:15.60</b>	+02:26:47 (64.3%)	19:01	3.2 (36.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1143	<b>ANTONCZENKO Ewa</b>	<b>4043</b>	CROSS - ŚWIONY	Open Masters Kobiet	41	10:00	00:48:21	<b>03:48:19.75</b>	<b>03:48:19.75</b>	+02:26:51 (64.3%)	19:01	3.2 (36.4%)
1144	<b>SZERSZEŃ Adam</b>	<b>4046</b>	CROSS - ŚWIONY	Open Masters Mężczyzn	150	10:00	00:48:22	<b>03:48:29.30</b>	<b>03:48:29.30</b>	+02:27:01 (64.3%)	19:02	3.2 (36.4%)
1145	<b>KUNKA Magdalena</b>	<b>4044</b>	CROSS - ŚWIONY	Open Kobiet	202	10:00	00:48:27	<b>03:48:31.60</b>	<b>03:48:31.60</b>	+02:27:03 (64.3%)	19:02	3.2 (36.4%)
1146	<b>KUNKA Sonia</b>	<b>4045</b>	CROSS - ŚWIONY	Open Masters Kobiet	42	10:00	00:48:25	<b>03:48:31.95</b>	<b>03:48:31.95</b>	+02:27:03 (64.4%)	19:02	3.2 (36.4%)
1147	<b>MATUNIN Alina</b>	<b>3978</b>	SOCIOS SILESIA	Open Kobiet	203	09:45		<b>03:48:57.90</b>	<b>03:48:57.90</b>	+02:27:29 (64.4%)	19:04	3.1 (35.2%)
1148	<b>TRZOP Aneta</b>	<b>3367</b>		Open Kobiet	204	08:15	00:46:51	<b>03:49:16.85</b>	<b>03:49:16.85</b>	+02:27:48 (64.5%)	19:06	3.1 (35.2%)
1148	<b>TRZOP Mariusz</b>	<b>3368</b>		Open Mężczyzn	688	08:15	00:46:52	<b>03:49:16.85</b>	<b>03:49:16.85</b>	+02:27:48 (64.5%)	19:06	3.1 (35.2%)
1150	<b>KOWALSKA Daria</b>	<b>4292</b>	MASTERS JUDO TEAM GLIWICE	Open Kobiet	205	10:30	00:48:20	<b>03:49:54.50</b>	<b>03:49:54.50</b>	+02:28:26 (64.6%)	19:09	3.1 (35.2%)
1151	<b>KOWALSKI Włodzimierz</b>	<b>4293</b>	MASTERS JUDO TEAM GLIWICE	Open Mężczyzn	689	10:30	00:48:19	<b>03:50:04.40</b>	<b>03:50:04.40</b>	+02:28:36 (64.6%)	19:10	3.1 (35.2%)
1152	<b>BALICKA-SULIK Ewa</b>	<b>4286</b>	MASTERS JUDO TEAM GLIWICE	Open Kobiet	206	10:30	00:48:33	<b>03:50:07.40</b>	<b>03:50:07.40</b>	+02:28:39 (64.6%)	19:10	3.1 (35.2%)
1153	<b>FORREITER Przemek</b>	<b>3505</b>	FIT&MORE	Open Masters Mężczyzn	151	08:45	00:44:29	<b>03:50:31.35</b>	<b>03:50:31.35</b>	+02:29:03 (64.7%)	19:12	3.1 (35.2%)
1154	<b>TOMAN Karolina</b>	<b>3502</b>	FIT & MORE RYBNIK	Open Kobiet	207	08:45	00:43:47	<b>03:50:31.40</b>	<b>03:50:31.40</b>	+02:29:03 (64.7%)	19:12	3.1 (35.2%)
1155	<b>MICHNA Magdalena</b>	<b>3113</b>	RMF4RT GLADIATORS	Open Kobiet	208	07:50	00:30:57	<b>03:34:49.65</b>	<b>03:50:31.45</b>	+02:29:03 (64.7%)	17:54	3.4 (38.6%)
1156	<b>PIOTROWSKA Alicja</b>	<b>3498</b>	FIT & MORE RYBNIK	Open Masters Kobiet	43	08:45	00:44:30	<b>03:50:31.55</b>	<b>03:50:31.55</b>	+02:29:03 (64.7%)	19:12	3.1 (35.2%)
1157	<b>PYSZNY Mariusz</b>	<b>3500</b>	FIT & MORE RYBNIK	Open Masters Mężczyzn	152	08:45	00:43:50	<b>03:50:31.60</b>	<b>03:50:31.60</b>	+02:29:03 (64.7%)	19:12	3.1 (35.2%)
1158	<b>WĘGRZYK Marcin</b>	<b>3504</b>	FIT & MORE RYBNIK	Open Mężczyzn	690	08:45	00:44:31	<b>03:50:31.75</b>	<b>03:50:31.75</b>	+02:29:03 (64.7%)	19:12	3.1 (35.2%)
1159	<b>OKRĘT Tomasz</b>	<b>3497</b>	FIT & MORE RYBNIK	Open Masters Mężczyzn	153	08:45	00:43:54	<b>03:50:31.95</b>	<b>03:50:31.95</b>	+02:29:03 (64.7%)	19:12	3.1 (35.2%)
1160	<b>PIOTROWSKI Adam</b>	<b>3499</b>	FIT & MORE RYBNIK	Open Mężczyzn	691	08:45	00:44:30	<b>03:50:32.25</b>	<b>03:50:32.25</b>	+02:29:03 (64.7%)	19:12	3.1 (35.2%)
1161	<b>HOFMAN Kamil</b>	<b>3976</b>	SOCIOS SILESIA	Open Masters Mężczyzn	154	09:45	00:43:34	<b>03:50:44.75</b>	<b>03:50:44.75</b>	+02:29:16 (64.7%)	19:13	3.1 (35.2%)
1162	<b>HOFMAN Małgorzata</b>	<b>3977</b>	SOCIOS SILESIA	Open Masters Kobiet	44	09:45	00:43:25	<b>03:50:44.85</b>	<b>03:50:44.85</b>	+02:29:16 (64.7%)	19:13	3.1 (35.2%)
1163	<b>DOBROWOLSKA Roksana</b>	<b>4002</b>		Open Kobiet	209	09:45	00:43:37	<b>03:50:45.25</b>	<b>03:50:45.25</b>	+02:29:16 (64.7%)	19:13	3.1 (35.2%)
1164	<b>KALISZ Piotr</b>	<b>3935</b>	AEROMOTOSPEED	Open Mężczyzn	692	09:45	00:46:51	<b>03:51:26.60</b>	<b>03:51:26.60</b>	+02:29:58 (64.8%)	19:17	3.1 (35.2%)
1165	<b>MACHAJ Michał</b>	<b>3936</b>	AEROMOTOSPEED	Open Mężczyzn	693	09:45	00:46:45	<b>03:51:26.95</b>	<b>03:51:26.95</b>	+02:29:58 (64.8%)	19:17	3.1 (35.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1166	<b>JONDA Krzysztof</b>	<b>3934</b>	AEROMOTOSPEED	Open Mężczyzn	694	09:45	00:46:58	<b>03:51:27.50</b>	<b>03:51:27.50</b>	+02:29:59 (64.8%)	19:17	3.1 (35.2%)
1167	<b>JANICKA Alicja</b>	<b>3931</b>	AEROMOTOSPEED	Open Kobiet	210	09:45	00:46:48	<b>03:51:27.65</b>	<b>03:51:27.65</b>	+02:29:59 (64.8%)	19:17	3.1 (35.2%)
1168	<b>GARBACZ Joanna</b>	<b>3930</b>	AEROMOTOSPEED	Open Kobiet	211	09:45	00:46:50	<b>03:51:27.75</b>	<b>03:51:27.75</b>	+02:29:59 (64.8%)	19:17	3.1 (35.2%)
1168	<b>JONDA Izabela</b>	<b>3933</b>	AEROMOTOSPEED	Open Kobiet	212	09:45	00:47:00	<b>03:51:27.75</b>	<b>03:51:27.75</b>	+02:29:59 (64.8%)	19:17	3.1 (35.2%)
1170	<b>SULIK Bogdan</b>	<b>4295</b>	MASTERS JUDO TEAM GLIWICE	Open Masters Mężczyzn	155	10:30	00:48:34	<b>03:51:41.55</b>	<b>03:51:41.55</b>	+02:30:13 (64.8%)	19:18	3.1 (35.2%)
1171	<b>SOBOCZYŃSKI Bartosz</b>	<b>3056</b>	POWER STUDIO	Open Mężczyzn	695	07:40	00:30:21	<b>03:52:44.45</b>	<b>03:52:44.45</b>	+02:31:16 (65.0%)	19:23	3.1 (35.2%)
1172	<b>KOZIOŁ Kamil</b>	<b>3036</b>	HUSARIA RACE TEAM	Open Mężczyzn	696	07:40	00:26:18	<b>03:53:33.65</b>	<b>03:53:33.65</b>	+02:32:05 (65.1%)	19:27	3.1 (35.2%)
1173	<b>KAPINOS Justyna</b>	<b>4191</b>	TIME JUMPERS	Open Kobiet	213	10:30	00:50:05	<b>03:54:06.80</b>	<b>03:54:06.80</b>	+02:32:38 (65.2%)	19:30	3.1 (35.2%)
1174	<b>GOŹDZIK Klaudia</b>	<b>3114</b>		Open Kobiet	214	07:50	00:29:58	<b>03:38:56.20</b>	<b>03:54:40.95</b>	+02:33:12 (65.3%)	18:14	3.3 (37.5%)
1175	<b>BURNAT Emilia</b>	<b>3522</b>	NIEOKRZESANE BARANY	Open Kobiet	215	08:45	00:45:43	<b>03:54:58.20</b>	<b>03:54:58.20</b>	+02:33:29 (65.3%)	19:34	3.1 (35.2%)
1176	<b>URBAŃSKI Michał</b>	<b>4038</b>		Open Mężczyzn	697	09:45	00:41:48	<b>03:55:04.45</b>	<b>03:55:04.45</b>	+02:33:36 (65.3%)	19:35	3.1 (35.2%)
1177	<b>BAŁAZY Julia</b>	<b>3520</b>	NIEOKRZESANE BARANY	Open Kobiet	216	08:45	00:45:44	<b>03:55:11.10</b>	<b>03:55:11.10</b>	+02:33:42 (65.4%)	19:35	3.1 (35.2%)
1178	<b>BAŁAZY Łukasz</b>	<b>3521</b>	NIEOKRZESANE BARANY	Open Mężczyzn	698	08:45	00:45:42	<b>03:55:11.80</b>	<b>03:55:11.80</b>	+02:33:43 (65.4%)	19:35	3.1 (35.2%)
1179	<b>JĘCZALIK Michał</b>	<b>3391</b>	RUNANYWHERE	Open Mężczyzn	699	08:30	00:44:54	<b>03:55:21.50</b>	<b>03:55:21.50</b>	+02:33:53 (65.4%)	19:36	3.1 (35.2%)
1180	<b>TROJAN Anna</b>	<b>3112</b>	HUSARIA RACE TEAM	Open Masters Kobiet	45	07:50	00:31:17	<b>03:40:44.20</b>	<b>03:56:19.25</b>	+02:34:50 (65.5%)	18:23	3.3 (37.5%)
1181	<b>BAJSAROWICZ Marta</b>	<b>3425</b>		Open Kobiet	217	08:30	00:44:41	<b>03:56:42.50</b>	<b>03:56:42.50</b>	+02:35:14 (65.6%)	19:43	3 (34.1%)
1182	<b>BAJSAROWICZ Zuzanna</b>	<b>3380</b>	CF KUŹNIA DAMIANA	Open Kobiet	218	08:30	00:44:56	<b>03:56:43.10</b>	<b>03:56:43.10</b>	+02:35:14 (65.6%)	19:43	3 (34.1%)
1183	<b>GŁOWACZ Tomasz</b>	<b>3745</b>	POWERSTUDIO	Open Mężczyzn	700	09:15	00:49:59	<b>03:56:46.00</b>	<b>03:56:46.00</b>	+02:35:17 (65.6%)	19:43	3 (34.1%)
1184	<b>KLAJNERT Katarzyna</b>	<b>4115</b>		Open Kobiet	219	10:00	00:45:40	<b>03:57:11.25</b>	<b>03:57:11.25</b>	+02:35:42 (65.7%)	19:45	3 (34.1%)
1185	<b>SŁOWIŃSKI Kamil</b>	<b>3744</b>	POWER STUDIO	Open Mężczyzn	701	09:15	00:50:15	<b>03:57:19.35</b>	<b>03:57:19.35</b>	+02:35:51 (65.7%)	19:46	3 (34.1%)
1185	<b>DRABIK Aleksandra</b>	<b>3742</b>	POWER STUDIO	Open Kobiet	220	09:15	00:50:21	<b>03:57:19.35</b>	<b>03:57:19.35</b>	+02:35:51 (65.7%)	19:46	3 (34.1%)
1187	<b>PLUTA Bartłomiej</b>	<b>3743</b>	POWER STUDIO	Open Mężczyzn	702	09:15	00:49:57	<b>03:57:20.85</b>	<b>03:57:20.85</b>	+02:35:52 (65.7%)	19:46	3 (34.1%)
1188	<b>BAŁUCKA Gabriela</b>	<b>3761</b>		Open Kobiet	221	09:15	00:52:42	<b>03:57:25.00</b>	<b>03:57:25.00</b>	+02:35:56 (65.7%)	19:47	3 (34.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1189	<b>WOJACZEK Paweł</b>	<b>4143</b>		Open Mężczyzn	703	10:00	00:45:34	<b>03:57:37.40</b>	<b>03:57:37.40</b>	+02:36:09 (65.7%)	19:48	3 (34.1%)
1190	<b>BOCZ Dawid</b>	<b>3084</b>	WATAHA	Open Mężczyzn	704	07:40	00:35:10	<b>03:57:43.20</b>	<b>03:57:43.20</b>	+02:36:14 (65.7%)	19:48	3 (34.1%)
1191	<b>ZIELNIK Tomasz</b>	<b>4148</b>		Open Mężczyzn	705	10:00	00:48:20	<b>03:57:54.30</b>	<b>03:57:54.30</b>	+02:36:26 (65.8%)	19:49	3 (34.1%)
1192	<b>CHABINSKA Ewa</b>	<b>3767</b>		Open Masters Kobiet	46	09:45	00:55:03	<b>03:58:12.25</b>	<b>03:58:12.25</b>	+02:36:43 (65.8%)	19:51	3 (34.1%)
1193	<b>AKSAMIT Paweł</b>	<b>3615</b>	NIEWIDZĘPRZESZKÓD	Open Mężczyzn	706	09:00	00:49:28	<b>03:59:19.65</b>	<b>03:59:19.65</b>	+02:37:51 (66.0%)	19:56	3 (34.1%)
1194	<b>ORDON Paweł</b>	<b>3621</b>	NIEWIDZĘPRZESZKÓD	Open Masters Mężczyzn	156	09:00	00:49:30	<b>03:59:26.50</b>	<b>03:59:26.50</b>	+02:37:58 (66.0%)	19:57	3 (34.1%)
1195	<b>KOZAKOWSKA-CZURYŁO Patrycja</b>	<b>3842</b>	FRIKI	Open Kobiet	222	09:30	00:52:14	<b>03:59:41.00</b>	<b>03:59:41.00</b>	+02:38:12 (66.0%)	19:58	3 (34.1%)
1196	<b>CHMIELORZ Donata</b>	<b>3106</b>	CARBON OCR RACING TEAM	Open Kobiet	223	07:50	00:37:20	<b>03:44:35.55</b>	<b>03:59:46.15</b>	+02:38:17 (66.0%)	18:43	3.2 (36.4%)
1197	<b>RUDNICKA Anna</b>	<b>3844</b>	FRIKI	Open Kobiet	224	09:30	00:50:00	<b>03:59:49.70</b>	<b>03:59:49.70</b>	+02:38:21 (66.0%)	19:59	3 (34.1%)
1198	<b>WĘGLARSKI Jacek</b>	<b>3845</b>	FRIKI	Open Mężczyzn	707	09:30	00:52:17	<b>03:59:55.50</b>	<b>03:59:55.50</b>	+02:38:27 (66.0%)	19:59	3 (34.1%)
1199	<b>GAMRACKA Katarzyna</b>	<b>3841</b>	FRIKI	Open Kobiet	225	09:30	00:52:09	<b>03:59:56.10</b>	<b>03:59:56.10</b>	+02:38:27 (66.0%)	19:59	3 (34.1%)
1200	<b>HORNIK Łukasz</b>	<b>3777</b>		Open Mężczyzn	708	09:45	00:55:05	<b>04:00:01.05</b>	<b>04:00:01.05</b>	+02:38:32 (66.1%)	20:00	3 (34.1%)
1201	<b>BAŁUT Mateusz</b>	<b>3839</b>	FRIKI	Open Mężczyzn	709	09:30	00:49:54	<b>04:00:52.85</b>	<b>04:00:52.85</b>	+02:39:24 (66.2%)	20:04	3 (34.1%)
1202	<b>OLEJNIK Tomek</b>	<b>4085</b>	RMF4RT GLADIATORS	Open Mężczyzn	710	10:00	00:49:53	<b>04:00:54.55</b>	<b>04:00:54.55</b>	+02:39:26 (66.2%)	20:04	3 (34.1%)
1203	<b>ŚLÓSAREK Marcin</b>	<b>3805</b>		Open Mężczyzn	711	09:15	00:45:40	<b>04:01:30.05</b>	<b>04:01:30.05</b>	+02:40:01 (66.3%)	20:07	3 (34.1%)
1204	<b>ZAGOCKA Kamila</b>	<b>3275</b>	CZARNA KOMPANIA	Open Kobiet	226	09:15	00:45:42	<b>04:01:30.25</b>	<b>04:01:30.25</b>	+02:40:01 (66.3%)	20:07	3 (34.1%)
1205	<b>CZURYŁO Michał</b>	<b>3840</b>	FRIKI	Open Mężczyzn	712	09:30	00:52:16	<b>04:01:30.80</b>	<b>04:01:30.80</b>	+02:40:02 (66.3%)	20:07	3 (34.1%)
1206	<b>PALUCH Arkadiusz</b>	<b>4374</b>	LUBIĘ BURPEES'Y	Open Masters Mężczyzn	157	09:30	00:45:00	<b>04:01:38.25</b>	<b>04:01:38.25</b>	+02:40:09 (66.3%)	20:08	3 (34.1%)
1207	<b>KEMPIŃSKA Izabela</b>	<b>3108</b>	ELECTROLUX ŚWIDNICA	Open Kobiet	227	07:50	01:09:27	<b>03:47:06.55</b>	<b>04:02:27.40</b>	+02:40:59 (66.4%)	18:55	3.2 (36.4%)
1208	<b>MAŁYJUREK Ola</b>	<b>3111</b>	HUSARIA RACE TEAM	Open Kobiet	228	07:50	00:36:20	<b>03:47:37.40</b>	<b>04:03:11.45</b>	+02:41:43 (66.5%)	18:58	3.2 (36.4%)
1209	<b>ŻYCIŃSKA Karolina</b>	<b>4151</b>		Open Kobiet	229	10:00	00:49:53	<b>04:03:21.90</b>	<b>04:03:21.90</b>	+02:41:53 (66.5%)	20:16	3 (34.1%)
1210	<b>CHODACKI Michał</b>	<b>3616</b>	NIEWIDZĘPRZESZKÓD	Open Mężczyzn	713	09:00	00:49:31	<b>04:03:50.40</b>	<b>04:03:50.40</b>	+02:42:22 (66.6%)	20:19	3 (34.1%)
1211	<b>ŚLĘZAK Michał</b>	<b>3804</b>		Open Mężczyzn	714	09:15	00:45:41	<b>04:03:58.25</b>	<b>04:03:58.25</b>	+02:42:29 (66.6%)	20:19	3 (34.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1212	<b>ANIOŁ Marcin</b>	<b>3838</b>	FRIKI	Open Mężczyzn	715	09:30	00:52:10	<b>04:04:17.25</b>	<b>04:04:17.25</b>	+02:42:48 (66.6%)	20:21	2.9 (33.0%)
1213	<b>ZUB Małgorzata</b>	<b>3846</b>	FRIKI	Open Kobiet	230	09:30	00:49:55	<b>04:04:17.95</b>	<b>04:04:17.95</b>	+02:42:49 (66.7%)	20:21	2.9 (33.0%)
1214	<b>PIEGZA Natalia</b>	<b>3843</b>	FRIKI	Open Kobiet	231	09:30	00:51:37	<b>04:04:21.60</b>	<b>04:04:21.60</b>	+02:42:53 (66.7%)	20:21	2.9 (33.0%)
1215	<b>ADAMSKI Tomasz</b>	<b>3837</b>	FRIKI	Open Mężczyzn	716	09:30	00:51:37	<b>04:04:26.00</b>	<b>04:04:26.00</b>	+02:42:57 (66.7%)	20:22	2.9 (33.0%)
1216	<b>BARAŃSKA Adrianna</b>	<b>3174</b>	HUSARIA RACE TEAM	Open Kobiet	232	08:00	00:45:20	<b>04:04:32.55</b>	<b>04:04:32.55</b>	+02:43:04 (66.7%)	20:22	2.9 (33.0%)
1217	<b>LIPIŃSKI Jakub</b>	<b>3654</b>	UNKNOWN	Open Mężczyzn	717	09:00	00:47:19	<b>04:04:36.15</b>	<b>04:04:36.15</b>	+02:43:07 (66.7%)	20:23	2.9 (33.0%)
1218	<b>SZYMANOWSKA Paulina</b>	<b>3658</b>	UNKNOWN	Open Kobiet	233	09:00	00:47:02	<b>04:04:36.70</b>	<b>04:04:36.70</b>	+02:43:08 (66.7%)	20:23	2.9 (33.0%)
1218	<b>BLANIK Łukasz</b>	<b>3651</b>	UNKNOWN	Open Mężczyzn	718	09:00	00:47:03	<b>04:04:36.70</b>	<b>04:04:36.70</b>	+02:43:08 (66.7%)	20:23	2.9 (33.0%)
1220	<b>KAMIENIECKI Paweł</b>	<b>3653</b>	UNKNOWN	Open Mężczyzn	719	09:00	00:46:59	<b>04:04:41.95</b>	<b>04:04:41.95</b>	+02:43:13 (66.7%)	20:23	2.9 (33.0%)
1221	<b>JARCZYK Krystian</b>	<b>3652</b>	UNKNOWN	Open Mężczyzn	720	09:00	00:47:05	<b>04:04:43.00</b>	<b>04:04:43.00</b>	+02:43:14 (66.7%)	20:23	2.9 (33.0%)
1222	<b>SUROWANIEC Katarzyna</b>	<b>3595</b>	FORMA CROSS TEAM CZĘSTOCHOWA	Open Kobiet	234	09:00	00:50:43	<b>04:04:50.00</b>	<b>04:04:50.00</b>	+02:43:21 (66.7%)	20:24	2.9 (33.0%)
1223	<b>TŁUSTOWSKA Karolina</b>	<b>3596</b>	FORMA CROSS TEAM CZĘSTOCHOWA	Open Kobiet	235	09:00	00:50:42	<b>04:04:51.50</b>	<b>04:04:51.50</b>	+02:43:23 (66.7%)	20:24	2.9 (33.0%)
1224	<b>SARAPATA Szymon</b>	<b>3818</b>	BORUCIARZE	Open Mężczyzn	721	09:30	00:45:30	<b>04:05:14.05</b>	<b>04:05:14.05</b>	+02:43:45 (66.8%)	20:26	2.9 (33.0%)
1225	<b>SKRZYPIŃSKA Marta</b>	<b>4261</b>	DZIKI	Open Kobiet	236	10:30	00:47:36	<b>04:05:22.80</b>	<b>04:05:22.80</b>	+02:43:54 (66.8%)	20:26	2.9 (33.0%)
1226	<b>KĘDZIERSKI Patryk</b>	<b>4260</b>	DZIKI	Open Mężczyzn	722	10:30	00:47:36	<b>04:05:26.10</b>	<b>04:05:26.10</b>	+02:43:57 (66.8%)	20:27	2.9 (33.0%)
1227	<b>KOZANECKA Anna</b>	<b>3817</b>	BORUCIARZE	Open Kobiet	237	09:30	00:45:42	<b>04:05:50.80</b>	<b>04:05:50.80</b>	+02:44:22 (66.9%)	20:29	2.9 (33.0%)
1228	<b>NIMCZ Paweł</b>	<b>3656</b>	UNKNOWN	Open Mężczyzn	723	09:00	00:47:15	<b>04:06:25.70</b>	<b>04:06:25.70</b>	+02:44:57 (66.9%)	20:32	2.9 (33.0%)
1229	<b>JARZĄBEK Victoria</b>	<b>3107</b>	CARBON OCR RACING TEAM	Open Kobiet	238	07:50	00:28:17	<b>03:52:09.25</b>	<b>04:07:24.75</b>	+02:45:56 (67.1%)	19:20	3.1 (35.2%)
1230	<b>WRZESIEŃ Adrian</b>	<b>4146</b>		Open Mężczyzn	724	10:00	00:41:46	<b>04:07:50.65</b>	<b>04:07:50.65</b>	+02:46:22 (67.1%)	20:39	2.9 (33.0%)
1231	<b>SELL Joanna</b>	<b>3719</b>	GRUPA TRENINGOWA LEŚNE LUDKI	Open Kobiet	239	09:15	00:48:04	<b>04:08:07.25</b>	<b>04:08:07.25</b>	+02:46:38 (67.2%)	20:40	2.9 (33.0%)
1232	<b>GURGUL Łukasz</b>	<b>3215</b>		Open Mężczyzn	725	08:00	00:47:53	<b>04:09:55.05</b>	<b>04:09:55.05</b>	+02:48:26 (67.4%)	20:49	2.9 (33.0%)
1233	<b>KONIECZNY Marta</b>	<b>3225</b>		Open Kobiet	240	08:00	00:47:58	<b>04:09:55.60</b>	<b>04:09:55.60</b>	+02:48:27 (67.4%)	20:49	2.9 (33.0%)
1234	<b>NAROLSKI Michał</b>	<b>3655</b>	UNKNOWN	Open Mężczyzn	726	09:00	00:47:05	<b>04:10:01.60</b>	<b>04:10:01.60</b>	+02:48:33 (67.4%)	20:50	2.9 (33.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1235	ZAMOJSKI Dawid	4357		Open Mężczyzn	727	10:15	01:03:50	04:10:38.05	04:10:38.05	+02:49:09 (67.5%)	20:53	2.9 (33.0%)
1236	TYMIŃSKI Jan	3888	RUNANYWHERE	Open Mężczyzn	728	09:30	00:44:58	04:11:08.20	04:11:08.20	+02:49:39 (67.6%)	20:55	2.9 (33.0%)
1237	WÓJCIK Mateusz	4379		Open Mężczyzn	729	10:00	00:47:07	04:11:26.75	04:11:26.75	+02:49:58 (67.6%)	20:57	2.9 (33.0%)
1238	PORTASIŃSKA Agata	4130		Open Kobiet	241	10:00	00:47:06	04:11:33.10	04:11:33.10	+02:50:04 (67.6%)	20:57	2.9 (33.0%)
1239	SKROBOL Wojtek	3657	UNKNOWN	Open Mężczyzn	730	09:00	00:47:17	04:14:38.45	04:14:38.45	+02:53:10 (68.0%)	21:13	2.8 (31.8%)
1240	SOBCZYK Ligia	3195	PACZKOŚWIRY	Open Kobiet	242	08:00	00:48:57	04:14:49.70	04:14:49.70	+02:53:21 (68.0%)	21:14	2.8 (31.8%)
1241	BANDYK Izabela	3173	HUSARIA RACE TEAM	Open Kobiet	243	08:00	00:50:07	04:14:56.25	04:14:56.25	+02:53:27 (68.0%)	21:14	2.8 (31.8%)
1242	GAWEŁ Grzegorz	3669		Open Mężczyzn	731	09:00	00:52:56	04:16:53.45	04:16:53.45	+02:55:25 (68.3%)	21:24	2.8 (31.8%)
1243	KACZANEK Katarzyna	3673		Open Masters Kobiet	47	09:00	00:53:01	04:16:53.65	04:16:53.65	+02:55:25 (68.3%)	21:24	2.8 (31.8%)
1244	KOZAKOWSKA Anna	3679		Open Kobiet	244	09:00	00:52:26	04:18:22.50	04:18:22.50	+02:56:54 (68.5%)	21:31	2.8 (31.8%)
1245	HORNIG Katarzyna	4370	PKM TEAM	Open Masters Kobiet	48	08:15	01:02:07	04:21:43.90	04:21:43.90	+03:00:15 (68.9%)	21:48	2.8 (31.8%)
1246	ZDON Paweł	3700		Open Mężczyzn	732	09:00	00:52:26	04:22:17.80	04:22:17.80	+03:00:49 (68.9%)	21:51	2.7 (30.7%)
1247	MYŚLIWIEC Paweł	3299	ŁOWCY PIEROŻKÓW	Open Mężczyzn	733	08:15	00:52:44	04:26:41.10	04:26:41.10	+03:05:12 (69.5%)	22:13	2.7 (30.7%)
1248	KALETA Anna	3109	HUSARIA RACE TEAM	Open Kobiet	245	07:50	00:27:59	04:13:37.65	04:29:04.50	+03:07:36 (69.7%)	21:08	2.8 (31.8%)
1249	STACHOWIAK-BRZAZGOŃ Magdalena	3733	LUKSUSOWE	Open Masters Kobiet	49	09:15	00:54:51	04:29:29.35	04:29:29.35	+03:08:01 (69.8%)	22:27	2.7 (30.7%)
1249	MENDROK Dominika	3732	LUKSUSOWE	Open Masters Kobiet	50	09:15	00:54:52	04:29:29.35	04:29:29.35	+03:08:01 (69.8%)	22:27	2.7 (30.7%)
1251	STAŃCZAK Łukasz	3467		Open Mężczyzn	734	08:30	00:52:07	04:30:30.55	04:30:30.55	+03:09:02 (69.9%)	22:32	2.7 (30.7%)
1252	BROŻYNA Damian	3078	ŚWIROKRYPTY	Open Mężczyzn	735	07:40	00:29:26	04:32:54.00	04:32:54.00	+03:11:25 (70.1%)	22:44	2.6 (29.5%)
1253	LEISZNER Izabela	3110	HUSARIA RACE TEAM	Open Kobiet	246	07:50	00:36:24	04:19:10.65	04:34:39.20	+03:13:10 (70.3%)	21:35	2.8 (31.8%)
1254	STEFANIAK Marek	4242		Open Masters Mężczyzn	158	10:15	00:57:35	04:36:03.80	04:36:03.80	+03:14:35 (70.5%)	23:00	2.6 (29.5%)
1255	MACHOWSKI Mirosław	4311	SUPER WOMEN	Open Masters Mężczyzn	159	10:30	01:01:11	04:36:08.75	04:36:08.75	+03:14:40 (70.5%)	23:00	2.6 (29.5%)
1256	STEFANIAK Ada	4241		Open Kobiet	247	10:15	00:57:33	04:36:19.25	04:36:19.25	+03:14:50 (70.5%)	23:01	2.6 (29.5%)
1257	CHRZANOWSKA Agnieszka	4309	SUPER WOMEN	Open Kobiet	248	10:30	01:01:04	04:36:39.25	04:36:39.25	+03:15:10 (70.6%)	23:03	2.6 (29.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1258	<b>CZARNECKA Monika</b>	<b>4310</b>	SUPER WOMEN	Open Kobiet	249	10:30	01:01:11	<b>04:36:43.00</b>	<b>04:36:43.00</b>	+03:15:14 (70.6%)	23:03	2.6 (29.5%)
1259	<b>ROZKOSZ Ewa</b>	<b>4313</b>	SUPER WOMEN	Open Kobiet	250	10:30	01:01:16	<b>04:36:45.10</b>	<b>04:36:45.10</b>	+03:15:16 (70.6%)	23:03	2.6 (29.5%)
1260	<b>ZIEMBA Katarzyna</b>	<b>4315</b>	SUPER WOMEN	Open Kobiet	251	10:30	01:01:21	<b>04:37:01.70</b>	<b>04:37:01.70</b>	+03:15:33 (70.6%)	23:05	2.6 (29.5%)
1261	<b>WYSZATYCKA Żaneta</b>	<b>4314</b>	SUPER WOMEN	Open Masters Kobiet	51	10:30	01:01:17	<b>04:37:03.65</b>	<b>04:37:03.65</b>	+03:15:35 (70.6%)	23:05	2.6 (29.5%)
1262	<b>WOLARCZYK Gabriela</b>	<b>3635</b>	PLATINIUM TEAM	Open Kobiet	252	09:00	00:45:32	<b>04:37:04.50</b>	<b>04:37:04.50</b>	+03:15:36 (70.6%)	23:05	2.6 (29.5%)
1263	<b>BARCZ Bartłomiej</b>	<b>3634</b>	PLATINIUM TEAM	Open Mężczyzn	736	09:00	00:45:33	<b>04:37:13.90</b>	<b>04:37:13.90</b>	+03:15:45 (70.6%)	23:06	2.6 (29.5%)
1264	<b>MIKOŁAJCZYK Anna</b>	<b>3862</b>	MASNE DZBANY	Open Kobiet	253	10:00	01:08:24	<b>04:42:03.20</b>	<b>04:42:03.20</b>	+03:20:34 (71.1%)	23:30	2.6 (29.5%)
1265	<b>CZUBAK Wojciech</b>	<b>3859</b>	MASNE DZBANY	Open Mężczyzn	737	10:00	01:08:26	<b>04:42:04.20</b>	<b>04:42:04.20</b>	+03:20:35 (71.1%)	23:30	2.6 (29.5%)
1266	<b>KUREK Anna</b>	<b>3861</b>	MASNE DZBANY	Open Kobiet	254	10:00	01:08:25	<b>04:42:04.80</b>	<b>04:42:04.80</b>	+03:20:36 (71.1%)	23:30	2.6 (29.5%)
1267	<b>SIEMIENIEC Łukasz</b>	<b>3864</b>	MASNE DZBANY	Open Mężczyzn	738	10:00	01:08:21	<b>04:42:10.10</b>	<b>04:42:10.10</b>	+03:20:41 (71.1%)	23:30	2.6 (29.5%)
1268	<b>JEZIOR Bartosz</b>	<b>3860</b>	MASNE DZBANY	Open Mężczyzn	739	10:00	01:08:24	<b>04:42:10.85</b>	<b>04:42:10.85</b>	+03:20:42 (71.1%)	23:30	2.6 (29.5%)
1269	<b>CHABINSKI Sebastian</b>	<b>3768</b>		Open Masters Mężczyzn	160	09:45	00:55:03	<b>04:42:47.10</b>	<b>04:42:47.10</b>	+03:21:18 (71.2%)	23:33	2.5 (28.4%)
1270	<b>LORENCZYK Żaneta</b>	<b>3447</b>		Open Kobiet	255	08:30	01:02:54	<b>04:50:06.25</b>	<b>04:50:06.25</b>	+03:28:37 (71.9%)	24:10	2.5 (28.4%)
1271	<b>PODGÓRSKA Karolina</b>	<b>4375</b>		Open Kobiet	256	08:30	01:02:55	<b>04:50:06.70</b>	<b>04:50:06.70</b>	+03:28:38 (71.9%)	24:10	2.5 (28.4%)
1272	<b>SIKORA Kamil</b>	<b>3249</b>		Open Mężczyzn	740	08:30	01:02:59	<b>05:02:58.25</b>	<b>05:02:58.25</b>	+03:41:29 (73.1%)	25:14	2.4 (27.3%)
1273	<b>PACAK Mariusz</b>	<b>3553</b>		Open Masters Mężczyzn	161	08:15	00:56:39	<b>05:04:02.85</b>	<b>05:04:02.85</b>	+03:42:34 (73.2%)	25:20	2.4 (27.3%)
1274	<b>RATAJ Łukasz</b>	<b>3358</b>		Open Mężczyzn	741	08:15	00:56:36	<b>05:04:04.25</b>	<b>05:04:04.25</b>	+03:42:35 (73.2%)	25:20	2.4 (27.3%)
1275	<b>CHABINSKI Wojciech</b>	<b>3769</b>		Open Mężczyzn	742	09:45	00:55:12	<b>05:04:27.80</b>	<b>05:04:27.80</b>	+03:42:59 (73.2%)	25:22	2.4 (27.3%)
1276	<b>MARKIEWICZ Łukasz</b>	<b>4020</b>		Open Mężczyzn	743	09:45	00:26:30			+02:13:03	8:50	6.8 (77.3%)
1277	<b>ŚWIĘTOŃ Adrian</b>	<b>4245</b>		Open Mężczyzn	744	10:00	00:32:04			+02:35:07	10:41	5.6 (63.6%)
1278	<b>DUSZA Piotr</b>	<b>4190</b>	TDR	Open Mężczyzn	745	10:15	00:33:58			+02:52:33	11:19	5.3 (60.2%)
1279	<b>CHMIELORZ Paweł</b>	<b>3951</b>	CARBON OCR RACING TEAM	Open Mężczyzn	746	09:45	00:42:47			+02:29:20	14:15	4.2 (47.7%)
1280	<b>PASZEK Przemek</b>	<b>3996</b>	ZIMNA WÓDKA	Open Mężczyzn	747	09:45	01:04:48			+02:51:20	21:36	2.8 (31.8%)
1281	<b>KIEŁKOWSKA Ismena</b>	<b>4335</b>		Open Kobiet	257	10:30						(0.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1282	<b>OŻÓG Mateusz</b>	<b>4279</b>	JAK ŻÓŁWIE W GALOPIE	Open Mężczyzn	748	10:30						(0.0%)
1283	<b>SOLAREK Michał</b>	<b>3645</b>	RYCERZE SREBRNEJ PIERSIÓWKI SPOD MONOPOLOWEGO	Open Mężczyzn	749	09:00						(0.0%)
1284	<b>KINEL Agnieszka</b>	<b>3591</b>	CF KUŹNIA DAMIANA	Open Kobiet	258	09:00						(0.0%)
1285	<b>KRZYŻANOWSKI Przemysław</b>	<b>4365</b>		Open Mężczyzn	750	09:00						(0.0%)
DQ	<b>PISZCZEK Grzegorz</b>	<b>3399</b>	SOKÓŁ KNURÓW	Elite Masters Mężczyzn		08:30	00:34:33 DQ	<b>DQ</b>	<b>DQ</b>	-	-	(0.0%)
	<b>SROKA Agnieszka</b>	<b>4240</b>		Elite Masters Kobiet		08:15	01:02:19 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>OWCZAREK Grzegorz</b>	<b>4277</b>	HARTOWNIA TEAM	Open Masters Mężczyzn		10:30	00:40:22 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>WOJNOWSKI Bartosz</b>	<b>4144</b>		Open Mężczyzn		10:00	00:41:54 DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ŚLÓSZARZ Mateusz</b>	<b>3284</b>	HUSARIA RACE TEAM	Open Mężczyzn		08:15	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>TRZEBULSKA Dorota</b>	<b>3865</b>	MASNE DZBANY	Open Kobiet		10:00	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)

Znaleziono 1291 wynik(ów)