

**Wydarzenie:** Runmageddon Silesia JSW S.A.  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2019-09-01  
**Miejsce:** Knurów  
**Dystans:** 12 km

Klasyfikacja: Open Kobiet

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	<b>BAÑBOR Aleksandra</b>	<b>4001</b>		Open Kobiet	1	09:45	00:21:27	<b>01:43:03.05</b>	<b>01:43:03.05</b>		8:35	7 (100%)
2	<b>GORTEL-MACIUK Agnieszka</b>	<b>3270</b>	CF KUŹNIA DAMIANA	Open Masters Kobiet	1	08:15	00:24:49	<b>01:49:31.20</b>	<b>01:49:31.20</b>	+00:06:28 (5.9%)	9:07	6.6 (94.3%)
3	<b>JARAWKA Natalia</b>	<b>3340</b>		Open Kobiet	2	08:15	00:26:15	<b>02:04:39.85</b>	<b>02:04:39.85</b>	+00:21:36 (17.3%)	10:23	5.8 (82.9%)
4	<b>ŁABUZ Sabina</b>	<b>4195</b>	X-TEAM TARNÓW	Open Kobiet	3	10:15	00:27:20	<b>02:06:49.75</b>	<b>02:06:49.75</b>	+00:23:46 (18.7%)	10:34	5.7 (81.4%)
5	<b>KOCIOK Wioleta</b>	<b>4336</b>		Open Kobiet	4	10:30	00:28:16	<b>02:08:36.75</b>	<b>02:08:36.75</b>	+00:25:33 (19.9%)	10:43	5.6 (80.0%)
6	<b>LAPCZYK Dominika</b>	<b>3419</b>	TOTAL FREAK	Open Kobiet	5	08:30	00:28:46	<b>02:14:58.20</b>	<b>02:14:58.20</b>	+00:31:55 (23.6%)	11:14	5.3 (75.7%)
7	<b>KOWAL Faustyna</b>	<b>4057</b>	HELTON TEAM	Open Kobiet	6	10:00	00:33:39	<b>02:21:39.35</b>	<b>02:21:39.35</b>	+00:38:36 (27.3%)	11:48	5.1 (72.9%)
8	<b>BARCIK Karolina</b>	<b>3608</b>	KLUSKA ON THE TRACK	Open Kobiet	7	09:00	00:26:27	<b>02:21:48.90</b>	<b>02:21:48.90</b>	+00:38:45 (27.3%)	11:49	5.1 (72.9%)
9	<b>LOKAJ Stefania</b>	<b>3528</b>	ROSSMANN POZYTYWNIIE ZAKRĘCENI	Open Kobiet	8	08:45	00:29:01	<b>02:23:44.25</b>	<b>02:23:44.25</b>	+00:40:41 (28.3%)	11:58	5 (71.4%)
10	<b>KRAWCZYK Magdalena</b>	<b>3746</b>	SILNI BO ZAWZIĘCI	Open Kobiet	9	09:15	00:28:24	<b>02:24:29.15</b>	<b>02:24:29.15</b>	+00:41:26 (28.7%)	12:02	5 (71.4%)
11	<b>BURDA Bogusława</b>	<b>3974</b>	SILNI BO ZAWZIĘCI	Open Masters Kobiet	2	09:15	00:29:08	<b>02:24:30.55</b>	<b>02:24:30.55</b>	+00:41:27 (28.7%)	12:02	5 (71.4%)
12	<b>ROSIĄK Paulina</b>	<b>3506</b>	HARPAGAN BEAST	Open Kobiet	10	09:00	00:29:07	<b>02:27:30.50</b>	<b>02:27:30.50</b>	+00:44:27 (30.1%)	12:17	4.9 (70.0%)
13	<b>CIĄGŁO Danuta</b>	<b>3770</b>		Open Kobiet	11	09:15	00:30:14	<b>02:31:33.25</b>	<b>02:31:33.25</b>	+00:48:30 (32.0%)	12:37	4.8 (68.6%)
14	<b>FILUSZ Magdalena</b>	<b>4005</b>		Open Kobiet	12	09:45	00:31:39	<b>02:32:52.75</b>	<b>02:32:52.75</b>	+00:49:49 (32.6%)	12:44	4.7 (67.1%)
15	<b>CHĘCIŃSKA Anita</b>	<b>3265</b>	AJD	Open Kobiet	13	08:15	00:31:03	<b>02:33:00.45</b>	<b>02:33:00.45</b>	+00:49:57 (32.6%)	12:45	4.7 (67.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
16	<b>WIERZBOWSKA Magdalena</b>	<b>3169</b>	FABRYKA FORMY BYTOM	Open Kobiet	14	08:00	00:29:11	<b>02:34:12.75</b>	<b>02:34:12.75</b>	+00:51:09 (33.2%)	12:51	4.7 (67.1%)
17	<b>OCHWAT Aleksandra</b>	<b>3611</b>	KUŹNIA DAMIANA	Open Masters Kobiet	3	09:00	00:33:49	<b>02:34:42.50</b>	<b>02:34:42.50</b>	+00:51:39 (33.4%)	12:53	4.7 (67.1%)
18	<b>WAŁASZEK Iwona</b>	<b>4058</b>	HELTON TEAM	Open Kobiet	15	10:00	00:31:41	<b>02:36:22.05</b>	<b>02:36:22.05</b>	+00:53:19 (34.1%)	13:01	4.6 (65.7%)
19	<b>PAWELEC Aleksandra</b>	<b>3179</b>	HUSARIA RACE TEAM	Open Kobiet	16	08:00	00:33:20	<b>02:37:15.25</b>	<b>02:37:15.25</b>	+00:54:12 (34.5%)	13:06	4.6 (65.7%)
20	<b>JEDRUSZAK Milena</b>	<b>4219</b>		Open Kobiet	17	10:15	00:32:03	<b>02:37:38.65</b>	<b>02:37:38.65</b>	+00:54:35 (34.6%)	13:08	4.6 (65.7%)
21	<b>KRYSTA Klaudia</b>	<b>4373</b>		Open Kobiet	18	09:15	00:33:54	<b>02:37:58.15</b>	<b>02:37:58.15</b>	+00:54:55 (34.8%)	13:09	4.6 (65.7%)
22	<b>WRONA Agnieszka Michalina</b>	<b>3473</b>		Open Kobiet	19	08:30	00:32:54	<b>02:38:49.95</b>	<b>02:38:49.95</b>	+00:55:46 (35.1%)	13:14	4.5 (64.3%)
23	<b>REMSAK Katarzyna</b>	<b>3461</b>		Open Kobiet	20	08:30	00:32:53	<b>02:38:52.30</b>	<b>02:38:52.30</b>	+00:55:49 (35.1%)	13:14	4.5 (64.3%)
24	<b>NOWAKOWSKA-TRZASKA Joanna</b>	<b>4153</b>	CROSSFIT HELLWOOD	Open Kobiet	21	10:15	00:33:57	<b>02:39:24.30</b>	<b>02:39:24.30</b>	+00:56:21 (35.4%)	13:17	4.5 (64.3%)
25	<b>BIZOŃ-GLIŃSKA Aneta</b>	<b>3479</b>	BLACKSHEEP TEAM	Open Kobiet	22	08:45	00:30:46	<b>02:40:28.90</b>	<b>02:40:28.90</b>	+00:57:25 (35.8%)	13:22	4.5 (64.3%)
26	<b>BULIŃSKA Justyna</b>	<b>3426</b>		Open Masters Kobiet	4	08:30	00:33:25	<b>02:41:02.60</b>	<b>02:41:02.60</b>	+00:57:59 (36.0%)	13:25	4.5 (64.3%)
27	<b>RYGOŁ Sylwia</b>	<b>3272</b>	CF KUŹNIA DAMIANA	Open Masters Kobiet	5	08:15	00:33:06	<b>02:41:02.90</b>	<b>02:41:02.90</b>	+00:57:59 (36.0%)	13:25	4.5 (64.3%)
28	<b>ZDERSKA Aneta</b>	<b>3476</b>		Open Masters Kobiet	6	08:30	00:33:35	<b>02:41:16.15</b>	<b>02:41:16.15</b>	+00:58:13 (36.1%)	13:26	4.5 (64.3%)
29	<b>PTAK Patrycja</b>	<b>3181</b>	HUSARIA RACE TEAM	Open Kobiet	23	08:00	00:30:03	<b>02:41:51.30</b>	<b>02:41:51.30</b>	+00:58:48 (36.3%)	13:29	4.4 (62.9%)
30	<b>MACURA-TARGOSZ Sylwia</b>	<b>3493</b>	EXTREME TEAM	Open Kobiet	24	08:45	00:32:07	<b>02:42:13.90</b>	<b>02:42:13.90</b>	+00:59:10 (36.5%)	13:31	4.4 (62.9%)
31	<b>MÓL Marlena</b>	<b>3827</b>	CFNS TRAINING	Open Kobiet	25	09:30	00:32:48	<b>02:42:37.40</b>	<b>02:42:37.40</b>	+00:59:34 (36.6%)	13:33	4.4 (62.9%)
32	<b>MÜLLEROVÁ Kateřina</b>	<b>3568</b>		Open Kobiet	26	08:45	00:30:15	<b>02:42:55.95</b>	<b>02:42:55.95</b>	+00:59:52 (36.8%)	13:34	4.4 (62.9%)
33	<b>ŚWIERCZEK Anna</b>	<b>3589</b>	BOOT CAMP POLSKA	Open Kobiet	27	09:00	00:32:23	<b>02:43:25.20</b>	<b>02:43:25.20</b>	+01:00:22 (36.9%)	13:37	4.4 (62.9%)
34	<b>BIENIEK Gabriela</b>	<b>3490</b>	BYLE DO CELU	Open Masters Kobiet	7	08:45	00:33:24	<b>02:43:56.05</b>	<b>02:43:56.05</b>	+01:00:53 (37.1%)	13:39	4.4 (62.9%)
35	<b>BIENIEK Paulina</b>	<b>3491</b>	BYLE DO CELU	Open Kobiet	28	08:45	00:33:28	<b>02:44:01.05</b>	<b>02:44:01.05</b>	+01:00:58 (37.2%)	13:40	4.4 (62.9%)
36	<b>SZATKOWSKA Agnieszka</b>	<b>3394</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	29	08:30	00:33:26	<b>02:44:18.70</b>	<b>02:44:18.70</b>	+01:01:15 (37.3%)	13:41	4.4 (62.9%)
37	<b>SWIERC Magdalena</b>	<b>3403</b>	SPARTAN TEAM	Open Kobiet	30	08:30	00:33:53	<b>02:44:37.50</b>	<b>02:44:37.50</b>	+01:01:34 (37.4%)	13:43	4.4 (62.9%)
38	<b>ROZMYŚLAK Patrycja</b>	<b>3248</b>		Open Kobiet	31	08:00	00:33:52	<b>02:45:01.45</b>	<b>02:45:01.45</b>	+01:01:58 (37.6%)	13:45	4.4 (62.9%)

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								netto 12km	brutto 12km			
39	<b>MAJWALD Marcela</b>	<b>3235</b>		Open Kobiet	32	08:00	00:33:53	<b>02:45:31.75</b>	<b>02:45:31.75</b>	+01:02:28 (37.7%)	13:47	4.4 (62.9%)
40	<b>WIĘCŁAW Mirosława</b>	<b>3263</b>	#SZMATERLOKIWSP	Open Kobiet	33	08:15	00:31:06	<b>02:46:53.15</b>	<b>02:46:53.15</b>	+01:03:50 (38.3%)	13:54	4.3 (61.4%)
41	<b>MARCOL Dominika</b>	<b>4380</b>		Open Kobiet	34	10:30	00:36:07	<b>02:47:26.35</b>	<b>02:47:26.35</b>	+01:04:23 (38.5%)	13:57	4.3 (61.4%)
42	<b>MAZUR Patrycja</b>	<b>3793</b>		Open Kobiet	35	09:15	00:34:01	<b>02:47:45.50</b>	<b>02:47:45.50</b>	+01:04:42 (38.6%)	13:58	4.3 (61.4%)
43	<b>SKIBA Agnieszka</b>	<b>4031</b>		Open Kobiet	36	09:45	00:31:16	<b>02:47:46.80</b>	<b>02:47:46.80</b>	+01:04:43 (38.6%)	13:58	4.3 (61.4%)
44	<b>DUERSCHLAG Iwona</b>	<b>3958</b>	HUSARIA RACE TEAM	Open Masters Kobiet	8	09:45	00:30:37	<b>02:48:23.45</b>	<b>02:48:23.45</b>	+01:05:20 (38.8%)	14:01	4.3 (61.4%)
45	<b>BRĄCZYK Ewa</b>	<b>3721</b>	HUSARIA RACE TEAM	Open Kobiet	37	09:15	00:33:59	<b>02:49:05.00</b>	<b>02:49:05.00</b>	+01:06:01 (39.1%)	14:05	4.3 (61.4%)
46	<b>CZARDYBON Laura</b>	<b>3492</b>	BYLE DO CELU	Open Masters Kobiet	9	08:45	00:33:27	<b>02:49:06.25</b>	<b>02:49:06.25</b>	+01:06:03 (39.1%)	14:05	4.3 (61.4%)
47	<b>PYDYCH Karolina</b>	<b>3630</b>	PARÓWCZAKI 3.0	Open Kobiet	38	09:00	00:34:24	<b>02:50:00.50</b>	<b>02:50:00.50</b>	+01:06:57 (39.4%)	14:10	4.2 (60.0%)
48	<b>WYKRĘT Renata</b>	<b>3631</b>	PARÓWCZAKI 3.0	Open Kobiet	39	09:00	00:34:15	<b>02:50:00.65</b>	<b>02:50:00.65</b>	+01:06:57 (39.4%)	14:10	4.2 (60.0%)
49	<b>SURDEL Aleksandra</b>	<b>3533</b>	SPARTAN TEAM KNURÓW	Open Masters Kobiet	10	08:45	00:32:17	<b>02:50:59.35</b>	<b>02:50:59.35</b>	+01:07:56 (39.7%)	14:14	4.2 (60.0%)
50	<b>SAWICKA Anna</b>	<b>3532</b>	SPARTAN TEAM KNURÓW	Open Kobiet	40	08:45	00:32:53	<b>02:51:27.75</b>	<b>02:51:27.75</b>	+01:08:24 (39.9%)	14:17	4.2 (60.0%)
51	<b>KRAWCZYK Joanna</b>	<b>3848</b>	HUSARIA RACE TEAM	Open Kobiet	41	09:30	00:39:32	<b>02:52:00.55</b>	<b>02:52:00.55</b>	+01:08:57 (40.1%)	14:20	4.2 (60.0%)
52	<b>GODULA Edyta</b>	<b>3641</b>	RUNMAGEDDONOWE ŚWIRY	Open Masters Kobiet	11	09:00	00:36:56	<b>02:53:40.65</b>	<b>02:53:40.65</b>	+01:10:37 (40.7%)	14:28	4.1 (58.6%)
53	<b>KNOT Martyna</b>	<b>3196</b>	PIĘKNI I BESTIE	Open Kobiet	42	08:00	00:34:16	<b>02:54:49.55</b>	<b>02:54:49.55</b>	+01:11:46 (41.1%)	14:34	4.1 (58.6%)
54	<b>LUTAK Agnieszka</b>	<b>4258</b>	DECATHLON RZESZÓW/FITNESS FOR LIFE	Open Kobiet	43	10:30	00:38:07	<b>02:55:06.45</b>	<b>02:55:06.45</b>	+01:12:03 (41.1%)	14:35	4.1 (58.6%)
55	<b>HANDZLIK Barbara</b>	<b>3161</b>	DENISTEAM	Open Masters Kobiet	12	08:00	00:36:16	<b>02:55:25.30</b>	<b>02:55:25.30</b>	+01:12:22 (41.3%)	14:37	4.1 (58.6%)
56	<b>DUŻNIAK Urszula</b>	<b>3160</b>	DENISTEAM	Open Kobiet	44	08:00	00:36:06	<b>02:55:27.35</b>	<b>02:55:27.35</b>	+01:12:24 (41.3%)	14:37	4.1 (58.6%)
57	<b>SZOPA Patrycja</b>	<b>4035</b>		Open Kobiet	45	09:45	00:34:11	<b>02:55:28.55</b>	<b>02:55:28.55</b>	+01:12:25 (41.3%)	14:37	4.1 (58.6%)
58	<b>KOZŁOWSKA Joanna</b>	<b>4012</b>		Open Kobiet	46	09:45	00:34:16	<b>02:56:04.60</b>	<b>02:56:04.60</b>	+01:13:01 (41.5%)	14:40	4.1 (58.6%)
59	<b>PARTYKA Magdalena</b>	<b>3622</b>	NIEWIDZĘPRZESZKÓD	Open Kobiet	47	09:00	00:44:37	<b>02:56:22.45</b>	<b>02:56:22.45</b>	+01:13:19 (41.6%)	14:41	4.1 (58.6%)
60	<b>RAK Aleksandra</b>	<b>3812</b>	ANANAS SQUAD	Open Kobiet	48	09:30	00:33:07	<b>02:56:36.30</b>	<b>02:56:36.30</b>	+01:13:33 (41.6%)	14:43	4.1 (58.6%)
61	<b>ROGOWSKA Anna</b>	<b>4253</b>	DECATHLON RZESZÓW	Open Kobiet	49	10:30	00:38:06	<b>02:56:57.00</b>	<b>02:56:57.00</b>	+01:13:53 (41.8%)	14:44	4.1 (58.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
62	<b>CYPRYŚ Joanna</b>	<b>4255</b>	DECATHLON RZESZÓW/FITNESS FOR LIFE	Open Kobiet	50	10:30	00:39:52	<b>02:57:00.40</b>	<b>02:57:00.40</b>	+01:13:57 (41.8%)	14:45	4.1 (58.6%)
63	<b>WYSOCKA Klaudia</b>	<b>3123</b>	CARBON OCR RACING TEAM	Open Kobiet	51	07:50	00:28:28	<b>02:42:08.90</b>	<b>02:57:59.25</b>	+01:14:56 (42.1%)	13:30	4.4 (62.9%)
64	<b>CHODKOWSKA Patrycja</b>	<b>4322</b>		Open Kobiet	52	10:30	00:37:06	<b>02:58:13.30</b>	<b>02:58:13.30</b>	+01:15:10 (42.2%)	14:51	4 (57.1%)
65	<b>MROZIK Magdalena</b>	<b>3309</b>	POWER TRAINING	Open Kobiet	53	08:15	00:34:20	<b>02:59:34.20</b>	<b>02:59:34.20</b>	+01:16:31 (42.6%)	14:57	4 (57.1%)
66	<b>KRÓLIKOWSKA Agnieszka</b>	<b>3515</b>	KOŁCZU TEAM	Open Kobiet	54	08:45	00:40:01	<b>02:59:47.95</b>	<b>02:59:47.95</b>	+01:16:44 (42.7%)	14:58	4 (57.1%)
67	<b>NOWICKA Iwona</b>	<b>3487</b>	BOOT CAMP POLSKA	Open Kobiet	55	08:45	00:33:52	<b>02:59:55.25</b>	<b>02:59:55.25</b>	+01:16:52 (42.7%)	14:59	4 (57.1%)
68	<b>GÓRKA Magdalena</b>	<b>3823</b>	CFNS TRAINING	Open Kobiet	56	09:30	00:35:03	<b>02:59:57.55</b>	<b>02:59:57.55</b>	+01:16:54 (42.7%)	14:59	4 (57.1%)
69	<b>LIGOCKA Karolina</b>	<b>3486</b>	BOOT CAMP POLSKA	Open Kobiet	57	08:45	00:33:47	<b>02:59:57.70</b>	<b>02:59:57.70</b>	+01:16:54 (42.7%)	14:59	4 (57.1%)
70	<b>STERNAL Eliza</b>	<b>3923</b>		Open Kobiet	58	09:30	00:35:02	<b>02:59:59.00</b>	<b>02:59:59.00</b>	+01:16:55 (42.7%)	14:59	4 (57.1%)
71	<b>WAŚCIŃSKA Dominika</b>	<b>3489</b>	BOOT CAMP POLSKA	Open Kobiet	59	08:45	00:33:49	<b>03:00:10.70</b>	<b>03:00:10.70</b>	+01:17:07 (42.8%)	15:00	4 (57.1%)
72	<b>ULICKA Marlena</b>	<b>3374</b>	BEFIT24TEAM	Open Kobiet	60	08:30	00:35:58	<b>03:00:15.30</b>	<b>03:00:15.30</b>	+01:17:12 (42.8%)	15:01	4 (57.1%)
73	<b>ŁABUZ Edyta</b>	<b>4194</b>	X-TEAM TARNÓW	Open Kobiet	61	10:15	00:34:59	<b>03:00:19.25</b>	<b>03:00:19.25</b>	+01:17:16 (42.9%)	15:01	4 (57.1%)
74	<b>KOCISZEWSKA Maria</b>	<b>3709</b>	DZIKIE ŻUBRY	Open Kobiet	62	09:15	00:37:11	<b>03:00:20.80</b>	<b>03:00:20.80</b>	+01:17:17 (42.9%)	15:01	4 (57.1%)
75	<b>NATKANIEC Karolina</b>	<b>3946</b>	BEFIT24TEAM	Open Kobiet	63	09:45	00:37:58	<b>03:00:26.95</b>	<b>03:00:26.95</b>	+01:17:23 (42.9%)	15:02	4 (57.1%)
76	<b>TWARKOWSKA Anna</b>	<b>3880</b>	MOMO TEAM	Open Masters Kobiet	13	09:30	00:39:27	<b>03:00:28.60</b>	<b>03:00:28.60</b>	+01:17:25 (42.9%)	15:02	4 (57.1%)
77	<b>CHĘTKIEWICZ Sandra</b>	<b>3867</b>	MOMO TEAM	Open Kobiet	64	09:30	00:39:19	<b>03:00:41.80</b>	<b>03:00:41.80</b>	+01:17:38 (43.0%)	15:03	4 (57.1%)
78	<b>TWARKOWSKA Aleksandra</b>	<b>3879</b>	MOMO TEAM	Open Kobiet	65	09:30	00:39:21	<b>03:00:45.15</b>	<b>03:00:45.15</b>	+01:17:42 (43.0%)	15:03	4 (57.1%)
79	<b>KUREK Roksana</b>	<b>4340</b>		Open Kobiet	66	10:30	00:34:17	<b>03:00:53.35</b>	<b>03:00:53.35</b>	+01:17:50 (43.0%)	15:04	4 (57.1%)
80	<b>WAGSTYL Mirela</b>	<b>3696</b>		Open Kobiet	67	09:00	00:38:36	<b>03:01:43.65</b>	<b>03:01:43.65</b>	+01:18:40 (43.3%)	15:08	4 (57.1%)
81	<b>MIKŁUSZKA Doris</b>	<b>3711</b>	DZIKIE ŻUBRY	Open Masters Kobiet	14	09:15	00:37:05	<b>03:02:07.35</b>	<b>03:02:07.35</b>	+01:19:04 (43.4%)	15:10	4 (57.1%)
82	<b>MAJĘTNY Karina</b>	<b>3449</b>		Open Kobiet	68	08:30	00:34:07	<b>03:02:15.30</b>	<b>03:02:15.30</b>	+01:19:12 (43.5%)	15:11	4 (57.1%)
83	<b>LUSTIG Nicol</b>	<b>3883</b>	PREZES TEAM SP. Z O. O.	Open Kobiet	69	09:30	00:39:22	<b>03:02:39.25</b>	<b>03:02:39.25</b>	+01:19:36 (43.6%)	15:13	3.9 (55.7%)
84	<b>SYCH Monika</b>	<b>4382</b>		Open Kobiet	70	10:00	00:36:21	<b>03:02:41.35</b>	<b>03:02:41.35</b>	+01:19:38 (43.6%)	15:13	3.9 (55.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
								12km	12km			
85	<b>KOWALCZYK Grażyna</b>	<b>4381</b>		Open Kobiet	71	10:00	00:36:23	<b>03:02:44.65</b>	<b>03:02:44.65</b>	+01:19:41 (43.6%)	15:13	3.9 (55.7%)
86	<b>OKÓLSKA Katarzyna</b>	<b>4050</b>	DIRTY CHEWBACCA	Open Kobiet	72	10:00	00:37:41	<b>03:03:02.65</b>	<b>03:03:02.65</b>	+01:19:59 (43.7%)	15:15	3.9 (55.7%)
87	<b>BLAROWSKA Monika</b>	<b>3856</b>	KRÓLICZKI WOLASA	Open Kobiet	73	09:30	00:36:53	<b>03:03:18.95</b>	<b>03:03:18.95</b>	+01:20:15 (43.8%)	15:16	3.9 (55.7%)
88	<b>KACZMARCZYK Anna</b>	<b>3388</b>	NDE	Open Kobiet	74	08:30	00:35:50	<b>03:03:27.65</b>	<b>03:03:27.65</b>	+01:20:24 (43.8%)	15:17	3.9 (55.7%)
89	<b>PAWLUS Martyna</b>	<b>3858</b>	KRÓLICZKI WOLASA	Open Kobiet	75	09:30	00:36:35	<b>03:03:43.55</b>	<b>03:03:43.55</b>	+01:20:40 (43.9%)	15:18	3.9 (55.7%)
90	<b>GARBACZ Edyta</b>	<b>4193</b>	X-TEAM TARNÓW	Open Kobiet	76	10:15	00:34:58	<b>03:04:03.10</b>	<b>03:04:03.10</b>	+01:21:00 (44.0%)	15:20	3.9 (55.7%)
91	<b>MURA Karolina</b>	<b>4231</b>		Open Kobiet	77	10:15	00:36:10	<b>03:04:07.25</b>	<b>03:04:07.25</b>	+01:21:04 (44.0%)	15:20	3.9 (55.7%)
92	<b>KUMALA Agnieszka</b>	<b>3618</b>	NIEWIDZĘPRZESZKÓD	Open Kobiet	78	09:00	00:44:37	<b>03:05:04.05</b>	<b>03:05:04.05</b>	+01:22:01 (44.3%)	15:25	3.9 (55.7%)
93	<b>JASTRZĘBSKA Agnieszka</b>	<b>3851</b>	KOZOGROM	Open Kobiet	79	09:30	00:39:23	<b>03:05:23.50</b>	<b>03:05:23.50</b>	+01:22:20 (44.4%)	15:26	3.9 (55.7%)
94	<b>JASTRZĘBSKA Joanna</b>	<b>3852</b>	KOZOGROM	Open Kobiet	80	09:30	00:39:28	<b>03:05:33.75</b>	<b>03:05:33.75</b>	+01:22:30 (44.5%)	15:27	3.9 (55.7%)
95	<b>SKWARA Anna</b>	<b>3921</b>		Open Kobiet	81	09:30	00:34:16	<b>03:05:39.80</b>	<b>03:05:39.80</b>	+01:22:36 (44.5%)	15:28	3.9 (55.7%)
96	<b>WOLAK Ania</b>	<b>4080</b>	PANCERNE FRELKI	Open Kobiet	82	09:45	00:37:26	<b>03:05:52.25</b>	<b>03:05:52.25</b>	+01:22:49 (44.6%)	15:29	3.9 (55.7%)
97	<b>KORDZIKOWSKA Anna</b>	<b>3617</b>	NIEWIDZĘPRZESZKÓD	Open Kobiet	83	09:00	00:45:27	<b>03:06:08.15</b>	<b>03:06:08.15</b>	+01:23:05 (44.6%)	15:30	3.9 (55.7%)
98	<b>MENDAKIEWICZ Magdalena</b>	<b>3620</b>	NIEWIDZĘPRZESZKÓD	Open Masters Kobiet	15	09:00	00:45:01	<b>03:06:08.25</b>	<b>03:06:08.25</b>	+01:23:05 (44.6%)	15:30	3.9 (55.7%)
99	<b>LISZKA-JEZIERSKA Agata</b>	<b>3789</b>		Open Masters Kobiet	16	09:15	00:32:19	<b>03:06:29.05</b>	<b>03:06:29.05</b>	+01:23:26 (44.7%)	15:32	3.9 (55.7%)
100	<b>MANISTA Aneta</b>	<b>3855</b>	KOZOGROM	Open Kobiet	84	09:30	00:39:50	<b>03:06:58.05</b>	<b>03:06:58.05</b>	+01:23:55 (44.9%)	15:34	3.9 (55.7%)
101	<b>RZONSIK Katarzyna</b>	<b>3987</b>	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	17	09:45	00:33:18	<b>03:07:01.40</b>	<b>03:07:01.40</b>	+01:23:58 (44.9%)	15:35	3.8 (54.3%)
102	<b>CHMIELORZ Magdalena</b>	<b>3949</b>	CARBON OCR RACING TEAM	Open Kobiet	85	09:45	00:40:58	<b>03:07:13.55</b>	<b>03:07:13.55</b>	+01:24:10 (45.0%)	15:36	3.8 (54.3%)
103	<b>CHRAPKIEWICZ Agnieszka</b>	<b>3961</b>	KOCIERZ TEAM	Open Kobiet	86	09:45	00:37:10	<b>03:07:18.75</b>	<b>03:07:18.75</b>	+01:24:15 (45.0%)	15:36	3.8 (54.3%)
104	<b>GADOMSKA Martyna</b>	<b>3702</b>	CIENIASY TEAM	Open Kobiet	87	09:15	00:34:51	<b>03:08:02.95</b>	<b>03:08:02.95</b>	+01:24:59 (45.2%)	15:40	3.8 (54.3%)
104	<b>GADOMSKA Natalia</b>	<b>3703</b>	CIENIASY TEAM	Open Kobiet	88	09:15	00:34:51	<b>03:08:02.95</b>	<b>03:08:02.95</b>	+01:24:59 (45.2%)	15:40	3.8 (54.3%)
106	<b>NOWAK Joanna</b>	<b>4023</b>		Open Masters Kobiet	18	09:45	00:37:33	<b>03:08:09.15</b>	<b>03:08:09.15</b>	+01:25:06 (45.2%)	15:40	3.8 (54.3%)
107	<b>BADURA Basia</b>	<b>3866</b>	MOMO TEAM	Open Kobiet	89	09:30	00:39:26	<b>03:08:12.30</b>	<b>03:08:12.30</b>	+01:25:09 (45.2%)	15:41	3.8 (54.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
108	<b>JANKOWSKA Bacia</b>	<b>3869</b>	MOMO TEAM	Open Masters Kobiet	19	09:30	00:40:41	<b>03:08:20.65</b>	<b>03:08:20.65</b>	+01:25:17 (45.3%)	15:41	3.8 (54.3%)
109	<b>MOKSIK Agnieszka</b>	<b>3495</b>	FIT & MORE RYBNIK	Open Masters Kobiet	20	08:45	00:38:29	<b>03:08:58.05</b>	<b>03:08:58.05</b>	+01:25:55 (45.5%)	15:44	3.8 (54.3%)
110	<b>WARDENGA Michalina</b>	<b>3988</b>	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	90	09:45	00:33:15	<b>03:09:03.10</b>	<b>03:09:03.10</b>	+01:26:00 (45.5%)	15:45	3.8 (54.3%)
111	<b>MRZYK Magdalena</b>	<b>3599</b>	HARPAGAN BEAST	Open Kobiet	91	09:00	00:35:35	<b>03:09:03.60</b>	<b>03:09:03.60</b>	+01:26:00 (45.5%)	15:45	3.8 (54.3%)
112	<b>ZIELIŃSKA Magdalena</b>	<b>3639</b>	RUN BITCHES RUN	Open Kobiet	92	09:00	00:35:57	<b>03:09:20.35</b>	<b>03:09:20.35</b>	+01:26:17 (45.6%)	15:46	3.8 (54.3%)
113	<b>POPŁAWSKA Aleksandra</b>	<b>3638</b>	RUN BITCHES RUN	Open Kobiet	93	09:00	00:36:23	<b>03:09:20.55</b>	<b>03:09:20.55</b>	+01:26:17 (45.6%)	15:46	3.8 (54.3%)
114	<b>PAWŁOWSKA Dorota</b>	<b>3983</b>	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	21	09:45	00:38:00	<b>03:09:40.15</b>	<b>03:09:40.15</b>	+01:26:37 (45.7%)	15:48	3.8 (54.3%)
115	<b>KWOKA Ewa</b>	<b>3306</b>	PODNIĘŚ KOTLETA	Open Kobiet	94	08:15	00:45:15	<b>03:10:05.60</b>	<b>03:10:05.60</b>	+01:27:02 (45.8%)	15:50	3.8 (54.3%)
116	<b>SERWACZAK Martyna</b>	<b>3802</b>		Open Kobiet	95	09:15	00:36:14	<b>03:10:07.05</b>	<b>03:10:07.05</b>	+01:27:04 (45.8%)	15:50	3.8 (54.3%)
117	<b>KUCZERA Agata</b>	<b>3871</b>	MOMO TEAM	Open Kobiet	96	09:30	00:39:55	<b>03:10:09.75</b>	<b>03:10:09.75</b>	+01:27:06 (45.8%)	15:50	3.8 (54.3%)
118	<b>GONTARZ Agnieszka</b>	<b>3992</b>	ZIMNA WÓDKA	Open Kobiet	97	09:45	00:35:23	<b>03:10:43.35</b>	<b>03:10:43.35</b>	+01:27:40 (46.0%)	15:53	3.8 (54.3%)
119	<b>GROBORZ Anita</b>	<b>4009</b>		Open Masters Kobiet	22	09:45	00:38:56	<b>03:10:48.35</b>	<b>03:10:48.35</b>	+01:27:45 (46.0%)	15:54	3.8 (54.3%)
120	<b>FURMAN Sylwia</b>	<b>3868</b>	MOMO TEAM	Open Masters Kobiet	23	09:30	00:41:20	<b>03:10:49.00</b>	<b>03:10:49.00</b>	+01:27:45 (46.0%)	15:54	3.8 (54.3%)
121	<b>WILK Anna</b>	<b>3423</b>	WOŁOŚWIRY	Open Kobiet	98	08:30	00:40:52	<b>03:10:49.65</b>	<b>03:10:49.65</b>	+01:27:46 (46.0%)	15:54	3.8 (54.3%)
122	<b>SKOWRONEK Dagmara</b>	<b>3967</b>	MOMO TEAM	Open Kobiet	99	09:30	00:40:45	<b>03:10:56.90</b>	<b>03:10:56.90</b>	+01:27:53 (46.0%)	15:54	3.8 (54.3%)
123	<b>ORZECZOWSKA Żaneta</b>	<b>3411</b>	SRTG GLIWICE	Open Kobiet	100	08:30	00:39:09	<b>03:11:03.40</b>	<b>03:11:03.40</b>	+01:28:00 (46.1%)	15:55	3.8 (54.3%)
124	<b>STĘPAK Patrycja</b>	<b>3412</b>	SRTG GLIWICE	Open Kobiet	101	08:30	00:39:08	<b>03:11:07.05</b>	<b>03:11:07.05</b>	+01:28:04 (46.1%)	15:55	3.8 (54.3%)
125	<b>SKOCZEK Anna</b>	<b>4067</b>	KOCHAM SŁODKIE	Open Kobiet	102	10:00	00:37:49	<b>03:11:09.85</b>	<b>03:11:09.85</b>	+01:28:06 (46.1%)	15:55	3.8 (54.3%)
126	<b>GRONEK Marta</b>	<b>3336</b>		Open Kobiet	103	08:15	00:43:56	<b>03:11:33.70</b>	<b>03:11:33.70</b>	+01:28:30 (46.2%)	15:57	3.8 (54.3%)
127	<b>WIŚNIEWSKA Arleta</b>	<b>3989</b>	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	24	09:45	00:37:13	<b>03:11:46.05</b>	<b>03:11:46.05</b>	+01:28:43 (46.3%)	15:58	3.8 (54.3%)
128	<b>FICEK Agnieszka</b>	<b>3773</b>		Open Kobiet	104	09:15	00:39:10	<b>03:12:30.95</b>	<b>03:12:30.95</b>	+01:29:27 (46.5%)	16:02	3.7 (52.9%)
129	<b>WALIGÓRA Agata</b>	<b>3158</b>	CARBON OCR RACING TEAM	Open Kobiet	105	08:00	00:37:54	<b>03:13:12.05</b>	<b>03:13:12.05</b>	+01:30:09 (46.7%)	16:06	3.7 (52.9%)
130	<b>MAGNUSZEWSKA Izabela</b>	<b>3152</b>	CARBON OCR RACING TEAM	Open Masters Kobiet	25	08:00	00:37:56	<b>03:13:15.15</b>	<b>03:13:15.15</b>	+01:30:12 (46.7%)	16:06	3.7 (52.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
131	<b>MEDAJ Aneta</b>	<b>3965</b>	MISTRZ I MAŁGORZATA	Open Kobiet	106	09:45	00:37:33	<b>03:13:19.15</b>	<b>03:13:19.15</b>	+01:30:16 (46.7%)	16:06	3.7 (52.9%)
132	<b>WIKTOROWSKA Anna</b>	<b>4142</b>		Open Kobiet	107	10:00	00:38:04	<b>03:14:12.10</b>	<b>03:14:12.10</b>	+01:31:09 (46.9%)	16:11	3.7 (52.9%)
133	<b>LUKSA Dominika</b>	<b>4342</b>		Open Kobiet	108	10:30	00:39:11	<b>03:14:24.65</b>	<b>03:14:24.65</b>	+01:31:21 (47.0%)	16:12	3.7 (52.9%)
134	<b>PAPROCKA Karolina</b>	<b>3354</b>		Open Kobiet	109	08:15	00:34:21	<b>03:14:30.30</b>	<b>03:14:30.30</b>	+01:31:27 (47.0%)	16:12	3.7 (52.9%)
135	<b>JUNKA Marta</b>	<b>3437</b>		Open Kobiet	110	10:00	00:37:00	<b>03:14:31.90</b>	<b>03:14:31.90</b>	+01:31:28 (47.0%)	16:12	3.7 (52.9%)
136	<b>DOBOSZ Monika</b>	<b>4272</b>	HARPAGAN BEAST	Open Kobiet	111	10:30	00:38:41	<b>03:14:37.15</b>	<b>03:14:37.15</b>	+01:31:34 (47.1%)	16:13	3.7 (52.9%)
137	<b>DULIAN Anna</b>	<b>4318</b>	W KRĘGU FORMY	Open Kobiet	112	10:30	00:38:42	<b>03:14:39.05</b>	<b>03:14:39.05</b>	+01:31:36 (47.1%)	16:13	3.7 (52.9%)
138	<b>DOBRZYNIECKA Natalia</b>	<b>4325</b>		Open Kobiet	113	10:30	00:39:15	<b>03:14:45.25</b>	<b>03:14:45.25</b>	+01:31:42 (47.1%)	16:13	3.7 (52.9%)
139	<b>BIENIEK Beata</b>	<b>4287</b>	MASTERS JUDO TEAM GLIWICE	Open Kobiet	114	10:30	00:44:34	<b>03:14:48.70</b>	<b>03:14:48.70</b>	+01:31:45 (47.1%)	16:14	3.7 (52.9%)
140	<b>BRODALA Agnieszka</b>	<b>4288</b>	MASTERS JUDO TEAM GLIWICE	Open Kobiet	115	10:30	00:44:33	<b>03:14:49.00</b>	<b>03:14:49.00</b>	+01:31:45 (47.1%)	16:14	3.7 (52.9%)
141	<b>KOBA Urszula</b>	<b>3728</b>	LECYMY DURŚ	Open Kobiet	116	09:15	00:39:41	<b>03:14:49.85</b>	<b>03:14:49.85</b>	+01:31:46 (47.1%)	16:14	3.7 (52.9%)
142	<b>MUSIALIK Sabina</b>	<b>3729</b>	LECYMY DURŚ	Open Masters Kobiet	26	09:15	00:39:38	<b>03:14:51.90</b>	<b>03:14:51.90</b>	+01:31:48 (47.1%)	16:14	3.7 (52.9%)
143	<b>SŁABY Karolina</b>	<b>3832</b>	CFNS TRAINING	Open Kobiet	117	09:30	00:41:23	<b>03:14:52.55</b>	<b>03:14:52.55</b>	+01:31:49 (47.1%)	16:14	3.7 (52.9%)
144	<b>TOKARZ Joanna</b>	<b>3731</b>	LECYMY DURŚ	Open Kobiet	118	09:15	00:39:39	<b>03:14:58.95</b>	<b>03:14:58.95</b>	+01:31:55 (47.1%)	16:14	3.7 (52.9%)
145	<b>SENDEK Sylwia</b>	<b>3361</b>		Open Kobiet	119	08:15	00:37:52	<b>03:15:40.10</b>	<b>03:15:40.10</b>	+01:32:37 (47.3%)	16:18	3.7 (52.9%)
145	<b>ADAMCZYK Paulina</b>	<b>3327</b>		Open Kobiet	120	08:15	00:38:06	<b>03:15:40.10</b>	<b>03:15:40.10</b>	+01:32:37 (47.3%)	16:18	3.7 (52.9%)
147	<b>ŻYWCZYK Karolina</b>	<b>3370</b>		Open Kobiet	121	08:15	00:37:52	<b>03:15:40.15</b>	<b>03:15:40.15</b>	+01:32:37 (47.3%)	16:18	3.7 (52.9%)
148	<b>OCIESA Jagoda</b>	<b>3917</b>		Open Kobiet	122	09:30	00:40:46	<b>03:15:44.20</b>	<b>03:15:44.20</b>	+01:32:41 (47.4%)	16:18	3.7 (52.9%)
149	<b>ROGOWSKA Aleksandra</b>	<b>3920</b>		Open Kobiet	123	09:30	00:40:46	<b>03:15:44.65</b>	<b>03:15:44.65</b>	+01:32:41 (47.4%)	16:18	3.7 (52.9%)
150	<b>GNAŚ Anna</b>	<b>4007</b>		Open Kobiet	124	09:45	00:42:42	<b>03:16:23.50</b>	<b>03:16:23.50</b>	+01:33:20 (47.5%)	16:21	3.7 (52.9%)
151	<b>PIWISZKIS Barbara</b>	<b>4027</b>		Open Kobiet	125	09:45	00:42:38	<b>03:16:23.80</b>	<b>03:16:23.80</b>	+01:33:20 (47.5%)	16:21	3.7 (52.9%)
152	<b>KLOC Sabina</b>	<b>3407</b>	SRTG GLIWICE	Open Kobiet	126	08:30	00:39:21	<b>03:16:40.25</b>	<b>03:16:40.25</b>	+01:33:37 (47.6%)	16:23	3.7 (52.9%)
153	<b>KOŃCZA Izabela</b>	<b>3343</b>		Open Masters Kobiet	27	08:30	00:40:02	<b>03:16:49.60</b>	<b>03:16:49.60</b>	+01:33:46 (47.6%)	16:24	3.7 (52.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
154	<b>LESZCZYŃSKA</b> Wirginia	<b>4170</b>	MUSZE LECIEĆ	Open Kobiet	127	10:15	00:39:27	<b>03:17:15.15</b>	<b>03:17:15.15</b>	+01:34:12 (47.8%)	16:26	3.7 (52.9%)
155	<b>WASONG</b> Agata	<b>4171</b>	MUSZE LECIEĆ	Open Kobiet	128	10:15	00:39:27	<b>03:17:15.65</b>	<b>03:17:15.65</b>	+01:34:12 (47.8%)	16:26	3.7 (52.9%)
156	<b>KULIGOWSKA</b> Agata	<b>3443</b>		Open Masters Kobiet	28	08:30	00:40:54	<b>03:17:17.55</b>	<b>03:17:17.55</b>	+01:34:14 (47.8%)	16:26	3.6 (51.4%)
157	<b>POPOWICZ</b> Angelika	<b>3460</b>		Open Kobiet	129	08:30	00:41:57	<b>03:17:32.75</b>	<b>03:17:32.75</b>	+01:34:29 (47.8%)	16:27	3.6 (51.4%)
158	<b>KACZMAREK</b> Katarzyna	<b>3406</b>	SRTG GLIWICE	Open Masters Kobiet	29	08:30	00:39:17	<b>03:17:43.65</b>	<b>03:17:43.65</b>	+01:34:40 (47.9%)	16:28	3.6 (51.4%)
159	<b>ZAŁUBSKA</b> Małgorzata	<b>3834</b>	CFNS TRAINING	Open Masters Kobiet	30	09:30	00:42:32	<b>03:17:54.35</b>	<b>03:17:54.35</b>	+01:34:51 (47.9%)	16:29	3.6 (51.4%)
160	<b>SACZKA</b> Zosia	<b>3831</b>	CFNS TRAINING	Open Kobiet	130	09:30	00:42:38	<b>03:18:18.60</b>	<b>03:18:18.60</b>	+01:35:15 (48.0%)	16:31	3.6 (51.4%)
161	<b>LEŚNIAK</b> Andżelika	<b>3825</b>	CFNS TRAINING	Open Kobiet	131	09:30	00:42:36	<b>03:18:20.60</b>	<b>03:18:20.60</b>	+01:35:17 (48.0%)	16:31	3.6 (51.4%)
162	<b>REMES</b> Natalia	<b>4055</b>	GO APTIV!	Open Kobiet	132	10:00	00:33:39	<b>03:18:32.70</b>	<b>03:18:32.70</b>	+01:35:29 (48.1%)	16:32	3.6 (51.4%)
163	<b>CIUPKA</b> Agata	<b>3835</b>	DO PORZYGU OCR TEAM	Open Kobiet	133	09:30	00:40:26	<b>03:18:51.75</b>	<b>03:18:51.75</b>	+01:35:48 (48.2%)	16:34	3.6 (51.4%)
164	<b>BOREK</b> Paulina	<b>3545</b>		Open Kobiet	134	08:45	00:39:22	<b>03:18:54.65</b>	<b>03:18:54.65</b>	+01:35:51 (48.2%)	16:34	3.6 (51.4%)
165	<b>POPŁAWSKA</b> Karolina	<b>4267</b>	FIT PRO EXTREME TEAM	Open Kobiet	135	10:30	00:39:04	<b>03:18:55.50</b>	<b>03:18:55.50</b>	+01:35:52 (48.2%)	16:34	3.6 (51.4%)
166	<b>SZOSTOK</b> Marta	<b>4269</b>	FIT PRO EXTREME TEAM	Open Kobiet	136	10:30	00:39:11	<b>03:18:56.35</b>	<b>03:18:56.35</b>	+01:35:53 (48.2%)	16:34	3.6 (51.4%)
167	<b>OPALA</b> Karolina	<b>4182</b>	SMOKASYNY	Open Kobiet	137	10:15	00:40:34	<b>03:19:15.50</b>	<b>03:19:15.50</b>	+01:36:12 (48.3%)	16:36	3.6 (51.4%)
168	<b>BURZYŃSKA</b> Żaneta	<b>3906</b>		Open Kobiet	138	09:30	00:43:27	<b>03:19:17.15</b>	<b>03:19:17.15</b>	+01:36:14 (48.3%)	16:36	3.6 (51.4%)
169	<b>BUCKA</b> Magdalena	<b>3206</b>		Open Masters Kobiet	31	08:00	00:39:31	<b>03:19:20.95</b>	<b>03:19:20.95</b>	+01:36:17 (48.3%)	16:36	3.6 (51.4%)
170	<b>WITKOWSKA</b> Anna	<b>3186</b>	HUSARIA RACE TEAM	Open Kobiet	139	08:00	00:37:43	<b>03:19:53.30</b>	<b>03:19:53.30</b>	+01:36:50 (48.4%)	16:39	3.6 (51.4%)
171	<b>BARAŃSKA</b> Ania	<b>3538</b>	TOMB RAIDERS	Open Kobiet	140	08:45	00:43:48	<b>03:19:55.60</b>	<b>03:19:55.60</b>	+01:36:52 (48.5%)	16:39	3.6 (51.4%)
172	<b>GADEK-SERWIN</b> Karolina	<b>3539</b>	TOMB RAIDERS	Open Kobiet	141	08:45	00:43:47	<b>03:19:55.65</b>	<b>03:19:55.65</b>	+01:36:52 (48.5%)	16:39	3.6 (51.4%)
173	<b>ZANDECKA</b> Magdalena	<b>3475</b>		Open Kobiet	142	08:30	00:38:57	<b>03:20:05.90</b>	<b>03:20:05.90</b>	+01:37:02 (48.5%)	16:40	3.6 (51.4%)
174	<b>PUZOŃ</b> Aleksandra	<b>4376</b>	DO PORZYGU OCR TEAM	Open Masters Kobiet	32	09:30	00:40:31	<b>03:20:21.00</b>	<b>03:20:21.00</b>	+01:37:17 (48.6%)	16:41	3.6 (51.4%)
175	<b>PASZYŃSKA</b> Anna	<b>4278</b>	HARTOWNIA TEAM	Open Kobiet	143	10:30	00:40:20	<b>03:20:44.45</b>	<b>03:20:44.45</b>	+01:37:41 (48.7%)	16:43	3.6 (51.4%)
176	<b>LEWIŃSKA</b> Anna	<b>3445</b>		Open Kobiet	144	08:30	00:40:49	<b>03:21:05.70</b>	<b>03:21:05.70</b>	+01:38:02 (48.8%)	16:45	3.6 (51.4%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							3km	12km	12km			
177	<b>KUREK Małgorzata</b>	<b>3231</b>		Open Kobiet	145	08:00	00:42:49	<b>03:22:13.75</b>	<b>03:22:13.75</b>	+01:39:10 (49.0%)	16:51	3.6 (51.4%)
178	<b>KUROWSKA Edyta</b>	<b>4224</b>		Open Kobiet	146	10:15	00:42:46	<b>03:22:15.75</b>	<b>03:22:15.75</b>	+01:39:12 (49.1%)	16:51	3.6 (51.4%)
179	<b>ZARZYCKA Magdalena</b>	<b>4168</b>	MULTIFITT	Open Masters Kobiet	33	10:15	00:38:10	<b>03:22:49.90</b>	<b>03:22:49.90</b>	+01:39:46 (49.2%)	16:54	3.6 (51.4%)
180	<b>ŚWIĘTEK Agnieszka</b>	<b>4167</b>	MULTIFITT	Open Kobiet	147	10:15	00:38:11	<b>03:22:50.15</b>	<b>03:22:50.15</b>	+01:39:47 (49.2%)	16:54	3.5 (50.0%)
181	<b>SZYDLOWSKA Magdalena</b>	<b>3725</b>	KOCHAMY LEYSA	Open Kobiet	148	09:15	00:43:03	<b>03:24:13.15</b>	<b>03:24:13.15</b>	+01:41:10 (49.5%)	17:01	3.5 (50.0%)
182	<b>KROCZEK Aleksandra</b>	<b>3723</b>	KOCHAMY LEYSA	Open Kobiet	149	09:15	00:43:00	<b>03:24:32.25</b>	<b>03:24:32.25</b>	+01:41:29 (49.6%)	17:02	3.5 (50.0%)
183	<b>KUTYBA Natalia</b>	<b>4275</b>	HARTOWNIA TEAM	Open Kobiet	150	10:30	00:40:04	<b>03:24:34.45</b>	<b>03:24:34.45</b>	+01:41:31 (49.6%)	17:02	3.5 (50.0%)
184	<b>MIKULA Daria</b>	<b>4276</b>	HARTOWNIA TEAM	Open Kobiet	151	10:30	00:40:22	<b>03:24:36.55</b>	<b>03:24:36.55</b>	+01:41:33 (49.6%)	17:03	3.5 (50.0%)
185	<b>KAROLAK Karina</b>	<b>3885</b>	ROSSMANN	Open Kobiet	152	09:30	00:39:20	<b>03:24:45.60</b>	<b>03:24:45.60</b>	+01:41:42 (49.7%)	17:03	3.5 (50.0%)
186	<b>ŚMIECH Joanna</b>	<b>4239</b>		Open Kobiet	153	10:15	00:42:53	<b>03:25:08.60</b>	<b>03:25:08.60</b>	+01:42:05 (49.8%)	17:05	3.5 (50.0%)
187	<b>OGAZA Anna</b>	<b>3154</b>	CARBON OCR RACING TEAM	Open Kobiet	154	08:00	00:42:49	<b>03:25:25.10</b>	<b>03:25:25.10</b>	+01:42:22 (49.8%)	17:07	3.5 (50.0%)
188	<b>PRZEKLASA Katarzyna</b>	<b>4196</b>	X-TEAM TARNÓW	Open Kobiet	155	10:15	00:45:13	<b>03:25:37.25</b>	<b>03:25:37.25</b>	+01:42:34 (49.9%)	17:08	3.5 (50.0%)
189	<b>DUDA Agata</b>	<b>4188</b>	STG-TARNÓW	Open Kobiet	156	10:15	00:45:12	<b>03:25:47.90</b>	<b>03:25:47.90</b>	+01:42:44 (49.9%)	17:08	3.5 (50.0%)
190	<b>CYGAN Katarzyna</b>	<b>3188</b>	KONTENER FORMY	Open Kobiet	157	08:00	00:41:20	<b>03:26:47.70</b>	<b>03:26:47.70</b>	+01:43:44 (50.2%)	17:13	3.5 (50.0%)
191	<b>MICUŁA Katarzyna</b>	<b>3794</b>		Open Kobiet	158	09:15	00:37:12	<b>03:27:05.85</b>	<b>03:27:05.85</b>	+01:44:02 (50.2%)	17:15	3.5 (50.0%)
192	<b>JAKUBIAK Natalia</b>	<b>3292</b>	ŁOWCY PIEROŻKÓW	Open Kobiet	159	08:15	00:47:35	<b>03:27:25.85</b>	<b>03:27:25.85</b>	+01:44:22 (50.3%)	17:17	3.5 (50.0%)
193	<b>ŁUKASIK Zuzanna</b>	<b>3297</b>	ŁOWCY PIEROŻKÓW	Open Kobiet	160	08:15	00:47:36	<b>03:27:57.60</b>	<b>03:27:57.60</b>	+01:44:54 (50.4%)	17:19	3.5 (50.0%)
194	<b>DRABCZYK Martyna</b>	<b>4214</b>		Open Kobiet	161	10:15	00:47:20	<b>03:29:02.30</b>	<b>03:29:02.30</b>	+01:45:59 (50.7%)	17:25	3.4 (48.6%)
195	<b>BARTLOMIEJCZYK Sylwia</b>	<b>3646</b>	SOCIOS SILESIA	Open Kobiet	162	09:00	00:43:36	<b>03:29:04.85</b>	<b>03:29:04.85</b>	+01:46:01 (50.7%)	17:25	3.4 (48.6%)
196	<b>KAMIONKA Martyna</b>	<b>4053</b>	ESKY.PL	Open Kobiet	163	10:00	00:49:35	<b>03:29:13.80</b>	<b>03:29:13.80</b>	+01:46:10 (50.7%)	17:26	3.4 (48.6%)
197	<b>SLADECZEK Iza</b>	<b>4165</b>	KWK PNIÓWEK	Open Kobiet	164	10:15	00:44:54	<b>03:29:54.95</b>	<b>03:29:54.95</b>	+01:46:51 (50.9%)	17:29	3.4 (48.6%)
198	<b>GRABOWSKA Anita</b>	<b>3434</b>		Open Masters Kobiet	34	08:30	00:40:44	<b>03:30:39.60</b>	<b>03:30:39.60</b>	+01:47:36 (51.1%)	17:33	3.4 (48.6%)
199	<b>SYC Joanna</b>	<b>3578</b>		Open Kobiet	165	08:30	00:40:47	<b>03:30:43.45</b>	<b>03:30:43.45</b>	+01:47:40 (51.1%)	17:33	3.4 (48.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
200	<b>SZELAŃGOWSKA Aleksandra</b>	<b>3878</b>	MOMO TEAM	Open Kobiet	166	09:30	00:40:38	<b>03:30:44.40</b>	<b>03:30:44.40</b>	+01:47:41 (51.1%)	17:33	3.4 (48.6%)
201	<b>GAŃCZARSKA Monika</b>	<b>3432</b>		Open Kobiet	167	08:30	00:40:45	<b>03:30:44.45</b>	<b>03:30:44.45</b>	+01:47:41 (51.1%)	17:33	3.4 (48.6%)
202	<b>WYKURZ Lilana</b>	<b>3474</b>		Open Masters Kobiet	35	08:30		<b>03:31:06.00</b>	<b>03:31:06.00</b>	+01:48:02 (51.2%)	17:35	3.4 (48.6%)
203	<b>NOWICKA Izabela</b>	<b>4252</b>	DECATHLON RZESZÓW	Open Kobiet	168	10:30	00:44:08	<b>03:31:29.25</b>	<b>03:31:29.25</b>	+01:48:26 (51.3%)	17:37	3.4 (48.6%)
204	<b>KSIĘŻOPOLSKA Małgorzata</b>	<b>4163</b>	HUSARIA RACE TEAM	Open Kobiet	169	10:15	00:45:00	<b>03:32:16.95</b>	<b>03:32:16.95</b>	+01:49:13 (51.5%)	17:41	3.4 (48.6%)
205	<b>KUMOREK Agnieszka</b>	<b>3786</b>		Open Kobiet	170	09:15	00:41:25	<b>03:32:20.35</b>	<b>03:32:20.35</b>	+01:49:17 (51.5%)	17:41	3.4 (48.6%)
206	<b>BŁASZKIEWICZ Marta</b>	<b>3751</b>	ULANE PATUSY	Open Kobiet	171	09:15	00:47:10	<b>03:32:40.50</b>	<b>03:32:40.50</b>	+01:49:37 (51.5%)	17:43	3.4 (48.6%)
207	<b>SPANDEL Katarzyna</b>	<b>3753</b>	ULANE PATUSY	Open Kobiet	172	09:15	00:47:16	<b>03:32:40.90</b>	<b>03:32:40.90</b>	+01:49:37 (51.5%)	17:43	3.4 (48.6%)
208	<b>WERKOWSKA Maria</b>	<b>3926</b>		Open Kobiet	173	09:30	00:42:48	<b>03:32:47.90</b>	<b>03:32:47.90</b>	+01:49:44 (51.6%)	17:43	3.4 (48.6%)
209	<b>DOLATA Magdalena</b>	<b>3648</b>	SOCIOS SILESIA	Open Kobiet	174	09:00	00:43:35	<b>03:33:12.25</b>	<b>03:33:12.25</b>	+01:50:09 (51.7%)	17:46	3.4 (48.6%)
210	<b>MARKIEWICZ Dagmara</b>	<b>3872</b>	MOMO TEAM	Open Kobiet	175	09:30	00:40:38	<b>03:33:45.75</b>	<b>03:33:45.75</b>	+01:50:42 (51.8%)	17:48	3.4 (48.6%)
211	<b>SALWA Agnieszka</b>	<b>3716</b>	GRUPA TRENINGOWA LEŚNE LUDKI	Open Kobiet	176	09:15	00:47:35	<b>03:35:35.65</b>	<b>03:35:35.65</b>	+01:52:32 (52.2%)	17:57	3.3 (47.1%)
212	<b>BIELECKA Katarzyna</b>	<b>3604</b>	HUSARIA RACE TEAM	Open Kobiet	177	09:00	00:46:44	<b>03:35:39.15</b>	<b>03:35:39.15</b>	+01:52:36 (52.2%)	17:58	3.3 (47.1%)
213	<b>LASS Ewelina</b>	<b>3714</b>	GRUPA TRENINGOWA LEŚNE LUDKI	Open Kobiet	178	09:15	00:47:36	<b>03:35:39.20</b>	<b>03:35:39.20</b>	+01:52:36 (52.2%)	17:58	3.3 (47.1%)
214	<b>BERNAŚ Monika</b>	<b>3713</b>	GRUPA TRENINGOWA LEŚNE LUDKI	Open Masters Kobiet	36	09:15	00:44:09	<b>03:36:45.60</b>	<b>03:36:45.60</b>	+01:53:42 (52.5%)	18:03	3.3 (47.1%)
215	<b>ŚCIGA Anna</b>	<b>3718</b>	GRUPA TRENINGOWA LEŚNE LUDKI	Open Masters Kobiet	37	09:15	00:47:53	<b>03:36:46.90</b>	<b>03:36:46.90</b>	+01:53:43 (52.5%)	18:03	3.3 (47.1%)
216	<b>SŁUPIK Barbara</b>	<b>3362</b>		Open Masters Kobiet	38	08:15	00:44:54	<b>03:36:48.10</b>	<b>03:36:48.10</b>	+01:53:45 (52.5%)	18:04	3.3 (47.1%)
217	<b>MAJCHRZYK Katarzyna</b>	<b>4249</b>	CF KUŹNIA DAMIANA	Open Kobiet	179	10:30	00:43:05	<b>03:36:57.65</b>	<b>03:36:57.65</b>	+01:53:54 (52.5%)	18:04	3.3 (47.1%)
218	<b>SMOLARCZYK Kasia</b>	<b>3720</b>	GRUPA TRENINGOWA LEŚNE LUDKI	Open Masters Kobiet	39	09:15	00:47:58	<b>03:37:03.10</b>	<b>03:37:03.10</b>	+01:54:00 (52.5%)	18:05	3.3 (47.1%)
219	<b>GOLA Karolina</b>	<b>4298</b>	MATKI WARIATKI I MICHAŁ :)	Open Kobiet	180	10:30	00:45:21	<b>03:37:48.20</b>	<b>03:37:48.20</b>	+01:54:45 (52.7%)	18:09	3.3 (47.1%)
220	<b>OŁOWNIA Joanna</b>	<b>4300</b>	MATKI WARIATKI I MICHAŁ :)	Open Kobiet	181	10:30	00:45:19	<b>03:37:49.35</b>	<b>03:37:49.35</b>	+01:54:46 (52.7%)	18:09	3.3 (47.1%)
221	<b>WOJTASIK Natalia</b>	<b>3260</b>		Open Kobiet	182	08:00	00:45:18	<b>03:38:24.60</b>	<b>03:38:24.60</b>	+01:55:21 (52.8%)	18:12	3.3 (47.1%)
222	<b>REJDYCH Daria</b>	<b>3183</b>	HUSARIA RACE TEAM	Open Kobiet	183	08:00	00:44:52	<b>03:38:39.25</b>	<b>03:38:39.25</b>	+01:55:36 (52.9%)	18:13	3.3 (47.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
223	<b>GÓRALSKA Marta</b>	<b>3291</b>	ŁOWCY PIEROŻKÓW	Open Kobiet	184	08:15	00:45:30	<b>03:38:42.65</b>	<b>03:38:42.65</b>	+01:55:39 (52.9%)	18:13	3.3 (47.1%)
224	<b>FELEDYK Anna</b>	<b>4198</b>	ZGRANA EKIPA LIDLA	Open Kobiet	185	10:15	00:44:45	<b>03:41:10.90</b>	<b>03:41:10.90</b>	+01:58:07 (53.4%)	18:25	3.3 (47.1%)
225	<b>KĘPA Dorota</b>	<b>4199</b>	ZGRANA EKIPA LIDLA	Open Kobiet	186	10:15	00:44:50	<b>03:41:36.40</b>	<b>03:41:36.40</b>	+01:58:33 (53.5%)	18:28	3.2 (45.7%)
226	<b>SZLAPA Anna</b>	<b>3693</b>		Open Kobiet	187	09:00	00:47:52	<b>03:41:52.10</b>	<b>03:41:52.10</b>	+01:58:49 (53.6%)	18:29	3.2 (45.7%)
227	<b>SKWAREK Magdalena</b>	<b>3156</b>	CARBON OCR RACING TEAM	Open Kobiet	188	08:00	00:45:48	<b>03:43:24.60</b>	<b>03:43:24.60</b>	+02:00:21 (53.9%)	18:37	3.2 (45.7%)
228	<b>JAROSZ Aleksandra</b>	<b>4270</b>	FORMA CROSS TEAM CZĘSTOCHOWA	Open Kobiet	189	10:30	00:48:28	<b>03:43:54.25</b>	<b>03:43:54.25</b>	+02:00:51 (54.0%)	18:39	3.2 (45.7%)
229	<b>NOWAKOWSKA Aleksandra</b>	<b>4092</b>	SZYBKIE PIERNIKI	Open Kobiet	190	10:00	00:47:27	<b>03:43:55.35</b>	<b>03:43:55.35</b>	+02:00:52 (54.0%)	18:39	3.2 (45.7%)
230	<b>KORNILUK Marlena</b>	<b>3560</b>		Open Kobiet	191	08:45	00:45:46	<b>03:44:24.45</b>	<b>03:44:24.45</b>	+02:01:21 (54.1%)	18:42	3.2 (45.7%)
231	<b>UHEREK Ewa</b>	<b>3579</b>		Open Kobiet	192	08:45	00:45:45	<b>03:44:24.70</b>	<b>03:44:24.70</b>	+02:01:21 (54.1%)	18:42	3.2 (45.7%)
232	<b>KOŁODZIEJ Monika</b>	<b>3524</b>	NIEOKRZESANE BARANY	Open Kobiet	193	08:45	00:45:32	<b>03:44:29.15</b>	<b>03:44:29.15</b>	+02:01:26 (54.1%)	18:42	3.2 (45.7%)
233	<b>KUZIĄK Aleksandra</b>	<b>4120</b>		Open Kobiet	194	10:00	00:42:35	<b>03:44:37.30</b>	<b>03:44:37.30</b>	+02:01:34 (54.1%)	18:43	3.2 (45.7%)
234	<b>WRÓBEL Mariola</b>	<b>3526</b>	NIEOKRZESANE BARANY	Open Kobiet	195	08:45	00:45:33	<b>03:44:41.75</b>	<b>03:44:41.75</b>	+02:01:38 (54.1%)	18:43	3.2 (45.7%)
235	<b>JAROSZYŃSKA Joanna</b>	<b>4089</b>	SZYBKIE PIERNIKI	Open Kobiet	196	10:00	00:47:28	<b>03:45:03.95</b>	<b>03:45:03.95</b>	+02:02:00 (54.2%)	18:45	3.2 (45.7%)
236	<b>BOBA Kamila</b>	<b>3662</b>		Open Kobiet	197	09:00	00:48:10	<b>03:45:45.00</b>	<b>03:45:45.00</b>	+02:02:41 (54.4%)	18:48	3.2 (45.7%)
237	<b>KABAŁA Monika</b>	<b>3780</b>		Open Kobiet	198	09:15	00:42:01	<b>03:46:01.95</b>	<b>03:46:01.95</b>	+02:02:58 (54.4%)	18:50	3.2 (45.7%)
238	<b>MANTUR Dominika</b>	<b>3509</b>	KIRASJERZY	Open Kobiet	199	08:45	00:47:44	<b>03:46:13.10</b>	<b>03:46:13.10</b>	+02:03:10 (54.4%)	18:51	3.2 (45.7%)
239	<b>PAŁOSZ Anna</b>	<b>3893</b>	SKURCZEBYKI	Open Masters Kobiet	40	09:30	00:44:08	<b>03:46:27.05</b>	<b>03:46:27.05</b>	+02:03:24 (54.5%)	18:52	3.2 (45.7%)
240	<b>PISZCZOŁA Maria</b>	<b>3952</b>	DIRTY SPARROWS	Open Kobiet	200	08:45	00:42:11	<b>03:46:52.45</b>	<b>03:46:52.45</b>	+02:03:49 (54.6%)	18:54	3.2 (45.7%)
241	<b>BORSZCZ Julia</b>	<b>4088</b>	SZYBKIE PIERNIKI	Open Kobiet	201	10:00	00:48:19	<b>03:48:15.60</b>	<b>03:48:15.60</b>	+02:05:12 (54.9%)	19:01	3.2 (45.7%)
242	<b>ANTONCZENKO Ewa</b>	<b>4043</b>	CROSS - ŚWIONY	Open Masters Kobiet	41	10:00	00:48:21	<b>03:48:19.75</b>	<b>03:48:19.75</b>	+02:05:16 (54.9%)	19:01	3.2 (45.7%)
243	<b>KUNKA Magdalena</b>	<b>4044</b>	CROSS - ŚWIONY	Open Kobiet	202	10:00	00:48:27	<b>03:48:31.60</b>	<b>03:48:31.60</b>	+02:05:28 (54.9%)	19:02	3.2 (45.7%)
244	<b>KUNKA Sonia</b>	<b>4045</b>	CROSS - ŚWIONY	Open Masters Kobiet	42	10:00	00:48:25	<b>03:48:31.95</b>	<b>03:48:31.95</b>	+02:05:28 (54.9%)	19:02	3.2 (45.7%)
245	<b>MATUNIN Alina</b>	<b>3978</b>	SOCIOS SILESIA	Open Kobiet	203	09:45		<b>03:48:57.90</b>	<b>03:48:57.90</b>	+02:05:54 (55.0%)	19:04	3.1 (44.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
246	<b>TRZOP Aneta</b>	<b>3367</b>		Open Kobiet	204	08:15	00:46:51	<b>03:49:16.85</b>	<b>03:49:16.85</b>	+02:06:13 (55.1%)	19:06	3.1 (44.3%)
247	<b>KOWALSKA Daria</b>	<b>4292</b>	MASTERS JUDO TEAM GLIWICE	Open Kobiet	205	10:30	00:48:20	<b>03:49:54.50</b>	<b>03:49:54.50</b>	+02:06:51 (55.2%)	19:09	3.1 (44.3%)
248	<b>BALICKA-SULIK Ewa</b>	<b>4286</b>	MASTERS JUDO TEAM GLIWICE	Open Kobiet	206	10:30	00:48:33	<b>03:50:07.40</b>	<b>03:50:07.40</b>	+02:07:04 (55.2%)	19:10	3.1 (44.3%)
249	<b>TOMAN Karolina</b>	<b>3502</b>	FIT & MORE RYBNIK	Open Kobiet	207	08:45	00:43:47	<b>03:50:31.40</b>	<b>03:50:31.40</b>	+02:07:28 (55.3%)	19:12	3.1 (44.3%)
250	<b>MICHNA Magdalena</b>	<b>3113</b>	RMF4RT GLADIATORS	Open Kobiet	208	07:50	00:30:57	<b>03:34:49.65</b>	<b>03:50:31.45</b>	+02:07:28 (55.3%)	17:54	3.4 (48.6%)
251	<b>PIOTROWSKA Alicja</b>	<b>3498</b>	FIT & MORE RYBNIK	Open Masters Kobiet	43	08:45	00:44:30	<b>03:50:31.55</b>	<b>03:50:31.55</b>	+02:07:28 (55.3%)	19:12	3.1 (44.3%)
252	<b>HOFMAN Małgorzata</b>	<b>3977</b>	SOCIOS SILESIA	Open Masters Kobiet	44	09:45	00:43:25	<b>03:50:44.85</b>	<b>03:50:44.85</b>	+02:07:41 (55.3%)	19:13	3.1 (44.3%)
253	<b>DOBROWOLSKA Roksana</b>	<b>4002</b>		Open Kobiet	209	09:45	00:43:37	<b>03:50:45.25</b>	<b>03:50:45.25</b>	+02:07:42 (55.3%)	19:13	3.1 (44.3%)
254	<b>JANICKA Alicja</b>	<b>3931</b>	AEROMOTOSPEED	Open Kobiet	210	09:45	00:46:48	<b>03:51:27.65</b>	<b>03:51:27.65</b>	+02:08:24 (55.5%)	19:17	3.1 (44.3%)
255	<b>GARBACZ Joanna</b>	<b>3930</b>	AEROMOTOSPEED	Open Kobiet	211	09:45	00:46:50	<b>03:51:27.75</b>	<b>03:51:27.75</b>	+02:08:24 (55.5%)	19:17	3.1 (44.3%)
255	<b>JONDA Izabela</b>	<b>3933</b>	AEROMOTOSPEED	Open Kobiet	212	09:45	00:47:00	<b>03:51:27.75</b>	<b>03:51:27.75</b>	+02:08:24 (55.5%)	19:17	3.1 (44.3%)
257	<b>KAPINOS Justyna</b>	<b>4191</b>	TIME JUMPERS	Open Kobiet	213	10:30	00:50:05	<b>03:54:06.80</b>	<b>03:54:06.80</b>	+02:11:03 (56.0%)	19:30	3.1 (44.3%)
258	<b>GOŹDZIK Klaudia</b>	<b>3114</b>		Open Kobiet	214	07:50	00:29:58	<b>03:38:56.20</b>	<b>03:54:40.95</b>	+02:11:37 (56.1%)	18:14	3.3 (47.1%)
259	<b>BURNAT Emilia</b>	<b>3522</b>	NIEOKRZESANE BARANY	Open Kobiet	215	08:45	00:45:43	<b>03:54:58.20</b>	<b>03:54:58.20</b>	+02:11:55 (56.1%)	19:34	3.1 (44.3%)
260	<b>BAŁAZY Julia</b>	<b>3520</b>	NIEOKRZESANE BARANY	Open Kobiet	216	08:45	00:45:44	<b>03:55:11.10</b>	<b>03:55:11.10</b>	+02:12:08 (56.2%)	19:35	3.1 (44.3%)
261	<b>TROJAN Anna</b>	<b>3112</b>	HUSARIA RACE TEAM	Open Masters Kobiet	45	07:50	00:31:17	<b>03:40:44.20</b>	<b>03:56:19.25</b>	+02:13:16 (56.4%)	18:23	3.3 (47.1%)
262	<b>BAJSAROWICZ Marta</b>	<b>3425</b>		Open Kobiet	217	08:30	00:44:41	<b>03:56:42.50</b>	<b>03:56:42.50</b>	+02:13:39 (56.5%)	19:43	3 (42.9%)
263	<b>BAJSAROWICZ Zuzanna</b>	<b>3380</b>	CF KUŹNIA DAMIANA	Open Kobiet	218	08:30	00:44:56	<b>03:56:43.10</b>	<b>03:56:43.10</b>	+02:13:40 (56.5%)	19:43	3 (42.9%)
264	<b>KLAJNERT Katarzyna</b>	<b>4115</b>		Open Kobiet	219	10:00	00:45:40	<b>03:57:11.25</b>	<b>03:57:11.25</b>	+02:14:08 (56.6%)	19:45	3 (42.9%)
265	<b>DRABIK Aleksandra</b>	<b>3742</b>	POWER STUDIO	Open Kobiet	220	09:15	00:50:21	<b>03:57:19.35</b>	<b>03:57:19.35</b>	+02:14:16 (56.6%)	19:46	3 (42.9%)
266	<b>BAŁUCKA Gabriela</b>	<b>3761</b>		Open Kobiet	221	09:15	00:52:42	<b>03:57:25.00</b>	<b>03:57:25.00</b>	+02:14:21 (56.6%)	19:47	3 (42.9%)
267	<b>CHABINSKA Ewa</b>	<b>3767</b>		Open Masters Kobiet	46	09:45	00:55:03	<b>03:58:12.25</b>	<b>03:58:12.25</b>	+02:15:09 (56.7%)	19:51	3 (42.9%)
268	<b>KOZAKOWSKA-CZURYŁO Patrycja</b>	<b>3842</b>	FRIKI	Open Kobiet	222	09:30	00:52:14	<b>03:59:41.00</b>	<b>03:59:41.00</b>	+02:16:37 (57.0%)	19:58	3 (42.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
269	<b>CHMIELORZ Donata</b>	<b>3106</b>	CARBON OCR RACING TEAM	Open Kobiet	223	07:50	00:37:20	<b>03:44:35.55</b>	<b>03:59:46.15</b>	+02:16:43 (57.0%)	18:43	3.2 (45.7%)
270	<b>RUDNICKA Anna</b>	<b>3844</b>	FRIKI	Open Kobiet	224	09:30	00:50:00	<b>03:59:49.70</b>	<b>03:59:49.70</b>	+02:16:46 (57.0%)	19:59	3 (42.9%)
271	<b>GAMRACKA Katarzyna</b>	<b>3841</b>	FRIKI	Open Kobiet	225	09:30	00:52:09	<b>03:59:56.10</b>	<b>03:59:56.10</b>	+02:16:53 (57.1%)	19:59	3 (42.9%)
272	<b>ZAGOCKA Kamila</b>	<b>3275</b>	CZARNA KOMPANIA	Open Kobiet	226	09:15	00:45:42	<b>04:01:30.25</b>	<b>04:01:30.25</b>	+02:18:27 (57.3%)	20:07	3 (42.9%)
273	<b>KEMPIŃSKA Izabela</b>	<b>3108</b>	ELECTROLUX ŚWIDNICA	Open Kobiet	227	07:50	01:09:27	<b>03:47:06.55</b>	<b>04:02:27.40</b>	+02:19:24 (57.5%)	18:55	3.2 (45.7%)
274	<b>MAŁYJUREK Ola</b>	<b>3111</b>	HUSARIA RACE TEAM	Open Kobiet	228	07:50	00:36:20	<b>03:47:37.40</b>	<b>04:03:11.45</b>	+02:20:08 (57.6%)	18:58	3.2 (45.7%)
275	<b>ŻYCIŃSKA Karolina</b>	<b>4151</b>		Open Kobiet	229	10:00	00:49:53	<b>04:03:21.90</b>	<b>04:03:21.90</b>	+02:20:18 (57.7%)	20:16	3 (42.9%)
276	<b>ZUB Małgorzata</b>	<b>3846</b>	FRIKI	Open Kobiet	230	09:30	00:49:55	<b>04:04:17.95</b>	<b>04:04:17.95</b>	+02:21:14 (57.8%)	20:21	2.9 (41.4%)
277	<b>PIEGZA Natalia</b>	<b>3843</b>	FRIKI	Open Kobiet	231	09:30	00:51:37	<b>04:04:21.60</b>	<b>04:04:21.60</b>	+02:21:18 (57.8%)	20:21	2.9 (41.4%)
278	<b>BARAŃSKA Adrianna</b>	<b>3174</b>	HUSARIA RACE TEAM	Open Kobiet	232	08:00	00:45:20	<b>04:04:32.55</b>	<b>04:04:32.55</b>	+02:21:29 (57.9%)	20:22	2.9 (41.4%)
279	<b>SZYMANOWSKA Paulina</b>	<b>3658</b>	UNKNOWN	Open Kobiet	233	09:00	00:47:02	<b>04:04:36.70</b>	<b>04:04:36.70</b>	+02:21:33 (57.9%)	20:23	2.9 (41.4%)
280	<b>SUROWANIEC Katarzyna</b>	<b>3595</b>	FORMA CROSS TEAM CZĘSTOCHOWA	Open Kobiet	234	09:00	00:50:43	<b>04:04:50.00</b>	<b>04:04:50.00</b>	+02:21:46 (57.9%)	20:24	2.9 (41.4%)
281	<b>TŁUSTOWSKA Karolina</b>	<b>3596</b>	FORMA CROSS TEAM CZĘSTOCHOWA	Open Kobiet	235	09:00	00:50:42	<b>04:04:51.50</b>	<b>04:04:51.50</b>	+02:21:48 (57.9%)	20:24	2.9 (41.4%)
282	<b>SKRZYPIŃSKA Marta</b>	<b>4261</b>	DZIKI	Open Kobiet	236	10:30	00:47:36	<b>04:05:22.80</b>	<b>04:05:22.80</b>	+02:22:19 (58.0%)	20:26	2.9 (41.4%)
283	<b>KOZANECKA Anna</b>	<b>3817</b>	BORUCIARZE	Open Kobiet	237	09:30	00:45:42	<b>04:05:50.80</b>	<b>04:05:50.80</b>	+02:22:47 (58.1%)	20:29	2.9 (41.4%)
284	<b>JARZĄBEK Victoria</b>	<b>3107</b>	CARBON OCR RACING TEAM	Open Kobiet	238	07:50	00:28:17	<b>03:52:09.25</b>	<b>04:07:24.75</b>	+02:24:21 (58.3%)	19:20	3.1 (44.3%)
285	<b>SELL Joanna</b>	<b>3719</b>	GRUPA TRENINGOWA LEŚNE LUDKI	Open Kobiet	239	09:15	00:48:04	<b>04:08:07.25</b>	<b>04:08:07.25</b>	+02:25:04 (58.5%)	20:40	2.9 (41.4%)
286	<b>KONIECZNY Marta</b>	<b>3225</b>		Open Kobiet	240	08:00	00:47:58	<b>04:09:55.60</b>	<b>04:09:55.60</b>	+02:26:52 (58.8%)	20:49	2.9 (41.4%)
287	<b>PORTASIŃSKA Agata</b>	<b>4130</b>		Open Kobiet	241	10:00	00:47:06	<b>04:11:33.10</b>	<b>04:11:33.10</b>	+02:28:30 (59.0%)	20:57	2.9 (41.4%)
288	<b>SOBCZYK Ligia</b>	<b>3195</b>	PACZKOŚWIRY	Open Kobiet	242	08:00	00:48:57	<b>04:14:49.70</b>	<b>04:14:49.70</b>	+02:31:46 (59.6%)	21:14	2.8 (40.0%)
289	<b>BANDYK Izabela</b>	<b>3173</b>	HUSARIA RACE TEAM	Open Kobiet	243	08:00	00:50:07	<b>04:14:56.25</b>	<b>04:14:56.25</b>	+02:31:53 (59.6%)	21:14	2.8 (40.0%)
290	<b>KACZANEK Katarzyna</b>	<b>3673</b>		Open Masters Kobiet	47	09:00	00:53:01	<b>04:16:53.65</b>	<b>04:16:53.65</b>	+02:33:50 (59.9%)	21:24	2.8 (40.0%)
291	<b>KOZAKOWSKA Anna</b>	<b>3679</b>		Open Kobiet	244	09:00	00:52:26	<b>04:18:22.50</b>	<b>04:18:22.50</b>	+02:35:19 (60.1%)	21:31	2.8 (40.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
292	<b>HORNIG Katarzyna</b>	<b>4370</b>	PKM TEAM	Open Masters Kobiet	48	08:15	01:02:07	<b>04:21:43.90</b>	<b>04:21:43.90</b>	+02:38:40 (60.6%)	21:48	2.8 (40.0%)
293	<b>KALETA Anna</b>	<b>3109</b>	HUSARIA RACE TEAM	Open Kobiet	245	07:50	00:27:59	<b>04:13:37.65</b>	<b>04:29:04.50</b>	+02:46:01 (61.7%)	21:08	2.8 (40.0%)
294	<b>STACHOWIAK-BRZAZGOŃ Magdalena</b>	<b>3733</b>	LUKSUSOWE	Open Masters Kobiet	49	09:15	00:54:51	<b>04:29:29.35</b>	<b>04:29:29.35</b>	+02:46:26 (61.8%)	22:27	2.7 (38.6%)
294	<b>MENDROK Dominika</b>	<b>3732</b>	LUKSUSOWE	Open Masters Kobiet	50	09:15	00:54:52	<b>04:29:29.35</b>	<b>04:29:29.35</b>	+02:46:26 (61.8%)	22:27	2.7 (38.6%)
296	<b>LEISZNER Izabela</b>	<b>3110</b>	HUSARIA RACE TEAM	Open Kobiet	246	07:50	00:36:24	<b>04:19:10.65</b>	<b>04:34:39.20</b>	+02:51:36 (62.5%)	21:35	2.8 (40.0%)
297	<b>STEFANIAK Ada</b>	<b>4241</b>		Open Kobiet	247	10:15	00:57:33	<b>04:36:19.25</b>	<b>04:36:19.25</b>	+02:53:16 (62.7%)	23:01	2.6 (37.1%)
298	<b>CHRZANOWSKA Agnieszka</b>	<b>4309</b>	SUPER WOMEN	Open Kobiet	248	10:30	01:01:04	<b>04:36:39.25</b>	<b>04:36:39.25</b>	+02:53:36 (62.8%)	23:03	2.6 (37.1%)
299	<b>CZARNECKA Monika</b>	<b>4310</b>	SUPER WOMEN	Open Kobiet	249	10:30	01:01:11	<b>04:36:43.00</b>	<b>04:36:43.00</b>	+02:53:39 (62.8%)	23:03	2.6 (37.1%)
300	<b>ROZKOSZ Ewa</b>	<b>4313</b>	SUPER WOMEN	Open Kobiet	250	10:30	01:01:16	<b>04:36:45.10</b>	<b>04:36:45.10</b>	+02:53:42 (62.8%)	23:03	2.6 (37.1%)
301	<b>ZIEMBA Katarzyna</b>	<b>4315</b>	SUPER WOMEN	Open Kobiet	251	10:30	01:01:21	<b>04:37:01.70</b>	<b>04:37:01.70</b>	+02:53:58 (62.8%)	23:05	2.6 (37.1%)
302	<b>WYSZATYCKA Żaneta</b>	<b>4314</b>	SUPER WOMEN	Open Masters Kobiet	51	10:30	01:01:17	<b>04:37:03.65</b>	<b>04:37:03.65</b>	+02:54:00 (62.8%)	23:05	2.6 (37.1%)
303	<b>WOLARCZYK Gabriela</b>	<b>3635</b>	PLATINIUM TEAM	Open Kobiet	252	09:00	00:45:32	<b>04:37:04.50</b>	<b>04:37:04.50</b>	+02:54:01 (62.8%)	23:05	2.6 (37.1%)
304	<b>MIKOŁAJCZYK Anna</b>	<b>3862</b>	MASNE DZBANY	Open Kobiet	253	10:00	01:08:24	<b>04:42:03.20</b>	<b>04:42:03.20</b>	+02:59:00 (63.5%)	23:30	2.6 (37.1%)
305	<b>KUREK Anna</b>	<b>3861</b>	MASNE DZBANY	Open Kobiet	254	10:00	01:08:25	<b>04:42:04.80</b>	<b>04:42:04.80</b>	+02:59:01 (63.5%)	23:30	2.6 (37.1%)
306	<b>LORENCZYK Żaneta</b>	<b>3447</b>		Open Kobiet	255	08:30	01:02:54	<b>04:50:06.25</b>	<b>04:50:06.25</b>	+03:07:03 (64.5%)	24:10	2.5 (35.7%)
307	<b>PODGÓRSKA Karolina</b>	<b>4375</b>		Open Kobiet	256	08:30	01:02:55	<b>04:50:06.70</b>	<b>04:50:06.70</b>	+03:07:03 (64.5%)	24:10	2.5 (35.7%)
308	<b>KIEŁKOWSKA Ismena</b>	<b>4335</b>		Open Kobiet	257	10:30						(0.0%)
309	<b>KINEL Agnieszka</b>	<b>3591</b>	CF KUŹNIA DAMIANA	Open Kobiet	258	09:00						(0.0%)
	<b>TRZYBULSKA Dorota</b>	<b>3865</b>	MASNE DZBANY	Open Kobiet		10:00	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 310 wynik(ów)