

**Wydarzenie:** Runmageddon Silesia JSW S.A.  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2019-09-01  
**Miejsce:** Knurów  
**Dystans:** 12 km

Klasyfikacja: Open Masters Mężczyzn

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	<b>KOTOWICZ Sławomir</b>	<b>3261</b>	#SZMATERLOKIWSP	Open Masters Mężczyzn	1	08:15	00:27:58	<b>01:51:07.20</b>	<b>01:51:07.20</b>		9:15	6.5 (100%)
2	<b>DOBRZYNIECKI Tomasz</b>	<b>4326</b>		Open Masters Mężczyzn	2	10:30	00:22:31	<b>01:52:57.00</b>	<b>01:52:57.00</b>	+00:01:49 (1.6%)	9:24	6.4 (98.5%)
3	<b>KUDŁACIK Krzysztof</b>	<b>3562</b>		Open Masters Mężczyzn	3	08:45	00:21:25	<b>01:53:40.35</b>	<b>01:53:40.35</b>	+00:02:33 (2.2%)	9:28	6.3 (96.9%)
4	<b>CHOJNA Zygmunt</b>	<b>3062</b>	SOCIOS SILESIA	Open Masters Mężczyzn	4	07:40	00:23:57	<b>01:55:08.95</b>	<b>01:55:08.95</b>	+00:04:01 (3.5%)	9:35	6.3 (96.9%)
5	<b>RUDZKI Michał</b>	<b>3537</b>	STREFA BYKÓW	Open Masters Mężczyzn	5	08:45	00:25:05	<b>01:56:03.55</b>	<b>01:56:03.55</b>	+00:04:56 (4.3%)	9:40	6.2 (95.4%)
6	<b>KACZWIŃSKI Paweł</b>	<b>3675</b>		Open Masters Mężczyzn	6	09:00	00:22:39	<b>01:57:46.35</b>	<b>01:57:46.35</b>	+00:06:39 (5.6%)	9:48	6.1 (93.8%)
7	<b>DĄBROWSKI Krzysztof</b>	<b>3312</b>	SOCIOS SILESIA	Open Masters Mężczyzn	7	08:15	00:24:10	<b>01:58:45.85</b>	<b>01:58:45.85</b>	+00:07:38 (6.4%)	9:53	6.1 (93.8%)
8	<b>KĘDZIOR Jarek</b>	<b>4334</b>		Open Masters Mężczyzn	8	10:30	00:23:45	<b>02:00:09.25</b>	<b>02:00:09.25</b>	+00:09:02 (7.5%)	10:00	6 (92.3%)
9	<b>JELEŃ Michał</b>	<b>3909</b>		Open Masters Mężczyzn	9	09:15	00:23:28	<b>02:00:19.10</b>	<b>02:00:19.10</b>	+00:09:11 (7.6%)	10:01	6 (92.3%)
10	<b>MOCZKO Sebastian</b>	<b>4230</b>		Open Masters Mężczyzn	10	10:15	00:23:58	<b>02:03:17.10</b>	<b>02:03:17.10</b>	+00:12:09 (9.9%)	10:16	5.8 (89.2%)
11	<b>KUBISZYN Tadeusz</b>	<b>3097</b>		Open Masters Mężczyzn	11	07:40	00:23:43	<b>02:04:14.65</b>	<b>02:04:14.65</b>	+00:13:07 (10.6%)	10:21	5.8 (89.2%)
12	<b>HANDZLIK Tomasz</b>	<b>3017</b>	DENISTEAM	Open Masters Mężczyzn	12	07:40	00:26:13	<b>02:04:22.15</b>	<b>02:04:22.15</b>	+00:13:14 (10.7%)	10:21	5.8 (89.2%)
13	<b>GOŁOMBEK Marek</b>	<b>3593</b>	CROSSTEAM TARNOWSKIE GÓRY	Open Masters Mężczyzn	13	08:15	00:25:57	<b>02:05:28.40</b>	<b>02:05:28.40</b>	+00:14:21 (11.4%)	10:27	5.7 (87.7%)
14	<b>MĘKAL Tomasz</b>	<b>3238</b>		Open Masters Mężczyzn	14	08:00	00:27:32	<b>02:05:47.45</b>	<b>02:05:47.45</b>	+00:14:40 (11.7%)	10:28	5.7 (87.7%)
15	<b>KAMYCZEK Adam</b>	<b>3162</b>	DZIADY OCR	Open Masters Mężczyzn	15	08:00	00:27:15	<b>02:06:20.00</b>	<b>02:06:20.00</b>	+00:15:12 (12.0%)	10:31	5.7 (87.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
16	ZIEMNICKI Tomasz	4149		Open Masters Mężczyzn	16	10:00	00:25:46	02:06:57.15	02:06:57.15	+00:15:49 (12.5%)	10:34	5.7 (87.7%)
17	PIELECKI Andrzej	3356		Open Masters Mężczyzn	17	08:15	00:26:19	02:08:43.95	02:08:43.95	+00:17:36 (13.7%)	10:43	5.6 (86.2%)
18	FABIA Mateusz	3331		Open Masters Mężczyzn	18	08:15	00:27:43	02:09:21.35	02:09:21.35	+00:18:14 (14.1%)	10:46	5.6 (86.2%)
19	MYRCIK Bernard	4126		Open Masters Mężczyzn	19	10:00	00:25:33	02:09:40.55	02:09:40.55	+00:18:33 (14.3%)	10:48	5.6 (86.2%)
20	LATOSI Adrian	3787		Open Masters Mężczyzn	20	09:15	00:27:19	02:11:04.30	02:11:04.30	+00:19:57 (15.2%)	10:55	5.5 (84.6%)
21	CHMIELAK Radosław	3907		Open Masters Mężczyzn	21	09:30	00:25:20	02:11:24.90	02:11:24.90	+00:20:17 (15.4%)	10:57	5.5 (84.6%)
22	SCHMIDT Paweł	3594	DZIADY OCR	Open Masters Mężczyzn	22	09:00	00:25:07	02:11:32.30	02:11:32.30	+00:20:25 (15.5%)	10:57	5.5 (84.6%)
23	CHRUŚCICKI Krzysztof	4060	HUSARIA RACE TEAM	Open Masters Mężczyzn	23	10:00	00:24:42	02:12:28.05	02:12:28.05	+00:21:20 (16.1%)	11:02	5.4 (83.1%)
24	KOS Remigiusz	3397	SOKÓŁ KNURÓW	Open Masters Mężczyzn	24	08:30	00:26:11	02:13:03.05	02:13:03.05	+00:21:55 (16.5%)	11:05	5.4 (83.1%)
25	TOMASZEK Piotr	3808		Open Masters Mężczyzn	25	09:15	00:26:09	02:15:28.25	02:15:28.25	+00:24:21 (18.0%)	11:17	5.3 (81.5%)
26	PIETRAŚ Mariusz	4128		Open Masters Mężczyzn	26	10:00	00:25:56	02:16:27.90	02:16:27.90	+00:25:20 (18.6%)	11:22	5.3 (81.5%)
27	KOWALKOWSKI Tomasz	3527	PRZEBIEŻKA TEAM	Open Masters Mężczyzn	27	09:30	00:25:13	02:18:48.40	02:18:48.40	+00:27:41 (19.9%)	11:34	5.2 (80.0%)
28	JAWORSKI Bartłomiej	3959	HUSARIA RACE TEAM	Open Masters Mężczyzn	28	09:45	00:27:31	02:21:22.65	02:21:22.65	+00:30:15 (21.4%)	11:46	5.1 (78.5%)
29	HAUTON Marcin	4218		Open Masters Mężczyzn	29	10:15	00:33:19	02:21:28.05	02:21:28.05	+00:30:20 (21.5%)	11:47	5.1 (78.5%)
30	JURCZYGA Maciej	4221		Open Masters Mężczyzn	30	10:15	00:33:18	02:21:36.15	02:21:36.15	+00:30:28 (21.5%)	11:48	5.1 (78.5%)
31	MARTUSZEWSKI Ryszard	3236		Open Masters Mężczyzn	31	08:00	00:33:13	02:21:58.95	02:21:58.95	+00:30:51 (21.7%)	11:49	5.1 (78.5%)
32	SALWICZEK Adrian	3288	ŁOBDRZISTANI	Open Masters Mężczyzn	32	08:15	00:30:11	02:22:22.60	02:22:22.60	+00:31:15 (22.0%)	11:51	5.1 (78.5%)
33	SZUBERT Grzegorz	4361		Open Masters Mężczyzn	33	10:00	00:26:45	02:24:12.60	02:24:12.60	+00:33:05 (22.9%)	12:01	5 (76.9%)
34	STASZEK Przemysław	3922		Open Masters Mężczyzn	34	09:30	00:27:42	02:24:27.90	02:24:27.90	+00:33:20 (23.1%)	12:02	5 (76.9%)
35	BEDNARZ Marcin	3642	RUNPATOLA	Open Masters Mężczyzn	35	09:00	00:28:47	02:25:30.20	02:25:30.20	+00:34:23 (23.6%)	12:07	4.9 (75.4%)
36	CYPRIAN Dominik	3666		Open Masters Mężczyzn	36	09:00	00:29:33	02:25:43.35	02:25:43.35	+00:34:36 (23.7%)	12:08	4.9 (75.4%)
37	DE KEIJZER Marc	3975	SILNI BO ZAWZIĘCI	Open Masters Mężczyzn	37	09:15	00:29:04	02:25:48.70	02:25:48.70	+00:34:41 (23.8%)	12:09	4.9 (75.4%)
38	RUDOLF Darek	4135		Open Masters Mężczyzn	38	10:00	00:30:23	02:26:18.35	02:26:18.35	+00:35:11 (24.0%)	12:11	4.9 (75.4%)

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								netto 12km	brutto 12km			
39	<b>BIENIASZ Bogusław</b>	<b>3660</b>		Open Masters Mężczyzn	39	09:00	00:29:19	<b>02:26:51.25</b>	<b>02:26:51.25</b>	+00:35:44 (24.3%)	12:14	4.9 (75.4%)
40	<b>FAŁEK Krzysztof</b>	<b>3517</b>	ŁAMIGNATY	Open Masters Mężczyzn	40	08:45	00:30:36	<b>02:29:10.85</b>	<b>02:29:10.85</b>	+00:38:03 (25.5%)	12:25	4.8 (73.8%)
41	<b>BIAŁAS Krzysztof</b>	<b>3516</b>	ŁAMIGNATY	Open Masters Mężczyzn	41	08:45	00:30:34	<b>02:29:17.25</b>	<b>02:29:17.25</b>	+00:38:10 (25.6%)	12:26	4.8 (73.8%)
42	<b>GOMOLA Zbigniew</b>	<b>3518</b>	ŁAMIGNATY	Open Masters Mężczyzn	42	08:45	00:30:34	<b>02:29:17.60</b>	<b>02:29:17.60</b>	+00:38:10 (25.6%)	12:26	4.8 (73.8%)
43	<b>PROCNER Marcin</b>	<b>3268</b>	BLACK GAME TEAM	Open Masters Mężczyzn	43	08:15	00:31:59	<b>02:31:04.60</b>	<b>02:31:04.60</b>	+00:39:57 (26.4%)	12:35	4.8 (73.8%)
44	<b>DENYSIUK Marek</b>	<b>4192</b>	WATAHA	Open Masters Mężczyzn	44	10:15	00:26:36	<b>02:31:06.55</b>	<b>02:31:06.55</b>	+00:39:59 (26.5%)	12:35	4.8 (73.8%)
45	<b>SURMA Rafał</b>	<b>3519</b>	ŁAMIGNATY	Open Masters Mężczyzn	45	08:45	00:30:24	<b>02:31:49.15</b>	<b>02:31:49.15</b>	+00:40:41 (26.8%)	12:39	4.7 (72.3%)
46	<b>ŚWIEGODA Karol</b>	<b>3469</b>		Open Masters Mężczyzn	46	08:30	00:31:05	<b>02:33:07.50</b>	<b>02:33:07.50</b>	+00:42:00 (27.4%)	12:45	4.7 (72.3%)
47	<b>KMIECIAK Bogdan</b>	<b>3678</b>		Open Masters Mężczyzn	47	09:00	00:30:26	<b>02:34:51.25</b>	<b>02:34:51.25</b>	+00:43:44 (28.2%)	12:54	4.6 (70.8%)
48	<b>TOKARSKI Lukasz</b>	<b>3695</b>		Open Masters Mężczyzn	48	09:00	00:28:38	<b>02:35:07.30</b>	<b>02:35:07.30</b>	+00:44:00 (28.4%)	12:55	4.6 (70.8%)
49	<b>BRZOZOWSKI Zbigniew</b>	<b>3765</b>		Open Masters Mężczyzn	49	09:15	00:29:03	<b>02:35:16.70</b>	<b>02:35:16.70</b>	+00:44:09 (28.4%)	12:56	4.6 (70.8%)
50	<b>RZESZOWSKI Tomasz</b>	<b>3464</b>		Open Masters Mężczyzn	50	08:30	00:35:03	<b>02:36:00.60</b>	<b>02:36:00.60</b>	+00:44:53 (28.8%)	13:00	4.6 (70.8%)
51	<b>PIWOWAR Jacek</b>	<b>4238</b>		Open Masters Mężczyzn	51	10:15	00:31:50	<b>02:37:50.45</b>	<b>02:37:50.45</b>	+00:46:43 (29.6%)	13:09	4.6 (70.8%)
52	<b>JANDA Sebastian</b>	<b>3758</b>	WISS RUNNING TEAM	Open Masters Mężczyzn	52	09:15	00:33:55	<b>02:37:58.15</b>	<b>02:37:58.15</b>	+00:46:50 (29.7%)	13:09	4.6 (70.8%)
53	<b>WOŹNIAK Wojciech</b>	<b>3759</b>	WISS RUNNING TEAM	Open Masters Mężczyzn	53	09:15	00:33:53	<b>02:37:58.30</b>	<b>02:37:58.30</b>	+00:46:51 (29.7%)	13:09	4.6 (70.8%)
54	<b>KANIEWSKI Artur</b>	<b>4222</b>		Open Masters Mężczyzn	54	10:15	00:30:17	<b>02:38:34.15</b>	<b>02:38:34.15</b>	+00:47:26 (29.9%)	13:12	4.5 (69.2%)
55	<b>TRZASKA Grzegorz</b>	<b>4154</b>	CROSSFIT HELLWOOD	Open Masters Mężczyzn	55	10:15	00:33:55	<b>02:39:22.85</b>	<b>02:39:22.85</b>	+00:48:15 (30.3%)	13:16	4.5 (69.2%)
56	<b>PAJĄK Dominik</b>	<b>4378</b>	BORSUKI, ANIE, GRZYBY	Open Masters Mężczyzn	56	09:15	00:30:41	<b>02:39:27.60</b>	<b>02:39:27.60</b>	+00:48:20 (30.3%)	13:17	4.5 (69.2%)
57	<b>PAWŁOWSKI Michał</b>	<b>4234</b>		Open Masters Mężczyzn	57	10:15	00:30:16	<b>02:39:54.85</b>	<b>02:39:54.85</b>	+00:48:47 (30.5%)	13:19	4.5 (69.2%)
58	<b>STANCLIK Grzegorz</b>	<b>3466</b>		Open Masters Mężczyzn	58	08:30	00:33:14	<b>02:40:53.85</b>	<b>02:40:53.85</b>	+00:49:46 (30.9%)	13:24	4.5 (69.2%)
59	<b>RYGOŁ Janusz</b>	<b>3271</b>	CF KUŹNIA DAMIANA	Open Masters Mężczyzn	59	08:15	00:33:26	<b>02:41:01.05</b>	<b>02:41:01.05</b>	+00:49:53 (31.0%)	13:25	4.5 (69.2%)
60	<b>GIBAS Dawid</b>	<b>3529</b>	SOCIOS SILESIA	Open Masters Mężczyzn	60	08:45	00:28:50	<b>02:44:32.35</b>	<b>02:44:32.35</b>	+00:53:25 (32.5%)	13:42	4.4 (67.7%)
61	<b>KUŚNIERSKI Andrzej</b>	<b>4155</b>	CROSSTRENING RACIBÓRZ	Open Masters Mężczyzn	61	10:15	00:35:30	<b>02:44:51.80</b>	<b>02:44:51.80</b>	+00:53:44 (32.6%)	13:44	4.4 (67.7%)

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								netto 12km	brutto 12km			
62	<b>ZIARKOWSKI Mirosław</b>	<b>3990</b>	STUDIO ENERGIA TEAM RYBNIK	Open Masters Mężczyzn	62	09:45	00:30:35	<b>02:46:01.20</b>	<b>02:46:01.20</b>	+00:54:54 (33.1%)	13:50	4.3 (66.2%)
63	<b>SZYBIAK Paweł</b>	<b>4308</b>	RUNMAGEDDONOWE ŚWIRY	Open Masters Mężczyzn	63	10:30	00:31:08	<b>02:46:01.30</b>	<b>02:46:01.30</b>	+00:54:54 (33.1%)	13:50	4.3 (66.2%)
64	<b>FRAS Piotr</b>	<b>4366</b>		Open Masters Mężczyzn	64	10:00	00:31:27	<b>02:47:55.45</b>	<b>02:47:55.45</b>	+00:56:48 (33.8%)	13:59	4.3 (66.2%)
65	<b>STANASZEK Waldemar</b>	<b>3363</b>		Open Masters Mężczyzn	65	08:15	00:32:48	<b>02:48:05.50</b>	<b>02:48:05.50</b>	+00:56:58 (33.9%)	14:00	4.3 (66.2%)
66	<b>BUŁAWA Mariusz</b>	<b>4065</b>	KOCHAM SŁODKIE	Open Masters Mężczyzn	66	10:00	00:32:51	<b>02:48:47.45</b>	<b>02:48:47.45</b>	+00:57:40 (34.2%)	14:03	4.3 (66.2%)
67	<b>BŁOŃSKI Maciej</b>	<b>3764</b>		Open Masters Mężczyzn	67	09:15	00:31:19	<b>02:49:56.35</b>	<b>02:49:56.35</b>	+00:58:49 (34.6%)	14:09	4.2 (64.6%)
68	<b>WASIK Marcin</b>	<b>3471</b>		Open Masters Mężczyzn	68	08:30	00:33:29	<b>02:50:21.50</b>	<b>02:50:21.50</b>	+00:59:14 (34.8%)	14:11	4.2 (64.6%)
69	<b>JACHOWSKI Andrzej</b>	<b>3395</b>	SOCIOS SILESIA	Open Masters Mężczyzn	69	08:30	00:33:29	<b>02:50:29.15</b>	<b>02:50:29.15</b>	+00:59:21 (34.8%)	14:12	4.2 (64.6%)
70	<b>IMIOŁEK Arkadiusz</b>	<b>3534</b>	SPARTAN TEAM KNURÓW!	Open Masters Mężczyzn	70	08:45	00:32:21	<b>02:50:30.95</b>	<b>02:50:30.95</b>	+00:59:23 (34.8%)	14:12	4.2 (64.6%)
71	<b>SKORUPA Adam</b>	<b>3385</b>	MIRAZ RACE TEAM	Open Masters Mężczyzn	71	08:30	00:35:05	<b>02:50:53.80</b>	<b>02:50:53.80</b>	+00:59:46 (35.0%)	14:14	4.2 (64.6%)
72	<b>ŻYLSKI Janusz</b>	<b>4248</b>		Open Masters Mężczyzn	72	10:15	00:31:53	<b>02:51:33.95</b>	<b>02:51:33.95</b>	+01:00:26 (35.2%)	14:17	4.2 (64.6%)
73	<b>CHMURA Bogdan</b>	<b>3428</b>		Open Masters Mężczyzn	73	08:30	00:32:35	<b>02:51:47.65</b>	<b>02:51:47.65</b>	+01:00:40 (35.3%)	14:18	4.2 (64.6%)
74	<b>NOWAK Rafał</b>	<b>3536</b>	STREFA BYKÓW	Open Masters Mężczyzn	74	08:45	00:34:22	<b>02:52:45.25</b>	<b>02:52:45.25</b>	+01:01:38 (35.7%)	14:23	4.2 (64.6%)
75	<b>ROSŁON Rafał</b>	<b>3463</b>		Open Masters Mężczyzn	75	08:30	00:32:45	<b>02:53:23.25</b>	<b>02:53:23.25</b>	+01:02:16 (35.9%)	14:26	4.2 (64.6%)
76	<b>GODULA Adam</b>	<b>3640</b>	RUNMAGEDDONOWE ŚWIRY	Open Masters Mężczyzn	76	09:00	00:36:57	<b>02:53:40.95</b>	<b>02:53:40.95</b>	+01:02:33 (36.0%)	14:28	4.1 (63.1%)
77	<b>HOLONA Maciej</b>	<b>4110</b>		Open Masters Mężczyzn	77	10:00	00:25:10	<b>02:54:16.50</b>	<b>02:54:16.50</b>	+01:03:09 (36.2%)	14:31	4.1 (63.1%)
78	<b>ZOWIERUCHA Adam</b>	<b>4150</b>		Open Masters Mężczyzn	78	10:00	00:31:13	<b>02:54:48.65</b>	<b>02:54:48.65</b>	+01:03:41 (36.4%)	14:34	4.1 (63.1%)
79	<b>STEFAN Grzegorz</b>	<b>3157</b>	CARBON OCR RACING TEAM	Open Masters Mężczyzn	79	08:00	00:37:42	<b>02:55:53.90</b>	<b>02:55:53.90</b>	+01:04:46 (36.8%)	14:39	4.1 (63.1%)
80	<b>SZCZECIŃSKI Mariusz</b>	<b>3484</b>	BOMBOWI INACZEJ	Open Masters Mężczyzn	80	08:45	00:31:58	<b>02:55:59.85</b>	<b>02:55:59.85</b>	+01:04:52 (36.9%)	14:39	4.1 (63.1%)
81	<b>WIDUCH Ryszard</b>	<b>3698</b>		Open Masters Mężczyzn	81	09:15	00:36:05	<b>02:56:29.25</b>	<b>02:56:29.25</b>	+01:05:22 (37.0%)	14:42	4.1 (63.1%)
82	<b>HOLECZEK Damian</b>	<b>3201</b>	SOCIOS SILESIA	Open Masters Mężczyzn	82	08:00	00:33:12	<b>02:56:39.80</b>	<b>02:56:39.80</b>	+01:05:32 (37.1%)	14:43	4.1 (63.1%)
83	<b>RYBARSKI Przemysław</b>	<b>3686</b>		Open Masters Mężczyzn	83	09:00	00:33:32	<b>02:57:54.60</b>	<b>02:57:54.60</b>	+01:06:47 (37.5%)	14:49	4 (61.5%)
84	<b>FILIPCZAK Kamil</b>	<b>4329</b>		Open Masters Mężczyzn	84	10:30	00:37:06	<b>02:58:12.85</b>	<b>02:58:12.85</b>	+01:07:05 (37.6%)	14:51	4 (61.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
85	<b>MARSZAŁEK Wojciech</b>	<b>3166</b>	FABRYKA FORMY BYTOM	Open Masters Mężczyzn	85	08:00	00:36:04	<b>02:58:19.60</b>	<b>02:58:19.60</b>	+01:07:12 (37.7%)	14:51	4 (61.5%)
86	<b>OLEKSY Adam</b>	<b>3170</b>	GATNER CNC	Open Masters Mężczyzn	86	08:00	00:33:44	<b>02:58:46.25</b>	<b>02:58:46.25</b>	+01:07:39 (37.8%)	14:53	4 (61.5%)
87	<b>ZIEBA Bogumul</b>	<b>3369</b>		Open Masters Mężczyzn	87	08:15	00:34:12	<b>02:59:36.20</b>	<b>02:59:36.20</b>	+01:08:29 (38.1%)	14:58	4 (61.5%)
88	<b>KORSZEWSKI Patrycjusz</b>	<b>4339</b>		Open Masters Mężczyzn	88	10:30	00:40:24	<b>02:59:44.85</b>	<b>02:59:44.85</b>	+01:08:37 (38.2%)	14:58	4 (61.5%)
89	<b>KIDAWA Grzegorz</b>	<b>3514</b>	KOŁCZU TEAM	Open Masters Mężczyzn	89	08:45	00:39:52	<b>02:59:47.50</b>	<b>02:59:47.50</b>	+01:08:40 (38.2%)	14:58	4 (61.5%)
90	<b>PIONTEK Krzysztof</b>	<b>4026</b>		Open Masters Mężczyzn	90	09:45	00:31:21	<b>02:59:53.30</b>	<b>02:59:53.30</b>	+01:08:46 (38.2%)	14:59	4 (61.5%)
91	<b>NARECKI Marek</b>	<b>4232</b>		Open Masters Mężczyzn	91	10:15	00:33:26	<b>02:59:55.85</b>	<b>02:59:55.85</b>	+01:08:48 (38.2%)	14:59	4 (61.5%)
92	<b>SAWALA Sławomir</b>	<b>3688</b>		Open Masters Mężczyzn	92	09:00	00:30:41	<b>03:01:12.25</b>	<b>03:01:12.25</b>	+01:10:05 (38.7%)	15:06	4 (61.5%)
93	<b>ŁUCZAK Radosław</b>	<b>4227</b>		Open Masters Mężczyzn	93	10:15	00:35:08	<b>03:03:33.40</b>	<b>03:03:33.40</b>	+01:12:26 (39.5%)	15:17	3.9 (60.0%)
94	<b>KOSSOWSKI Paweł</b>	<b>4117</b>		Open Masters Mężczyzn	94	10:00	00:32:38	<b>03:04:22.05</b>	<b>03:04:22.05</b>	+01:13:14 (39.7%)	15:21	3.9 (60.0%)
95	<b>ANUSZCZYK Mariusz</b>	<b>3088</b>		Open Masters Mężczyzn	95	07:40	00:24:31	<b>03:05:21.55</b>	<b>03:05:21.55</b>	+01:14:14 (40.1%)	15:26	3.9 (60.0%)
96	<b>STACHAŃCZYK Dariusz</b>	<b>3692</b>		Open Masters Mężczyzn	96	09:00	00:34:11	<b>03:05:57.20</b>	<b>03:05:57.20</b>	+01:14:50 (40.2%)	15:29	3.9 (60.0%)
97	<b>CZECHOWSKI Piotr</b>	<b>3046</b>	LUBIĘ BURPEES'Y	Open Masters Mężczyzn	97	07:40	00:22:52	<b>03:06:15.35</b>	<b>03:06:15.35</b>	+01:15:08 (40.3%)	15:31	3.9 (60.0%)
98	<b>OLEJNICZAK Patryk</b>	<b>4233</b>		Open Masters Mężczyzn	98	10:15	00:36:12	<b>03:06:17.90</b>	<b>03:06:17.90</b>	+01:15:10 (40.4%)	15:31	3.9 (60.0%)
99	<b>ŁUSZCZ Mirosław</b>	<b>3791</b>		Open Masters Mężczyzn	99	09:15	00:32:11	<b>03:06:29.65</b>	<b>03:06:29.65</b>	+01:15:22 (40.4%)	15:32	3.9 (60.0%)
100	<b>SKIBA Mirosław</b>	<b>3749</b>	STREFA BYKÓW	Open Masters Mężczyzn	100	09:15	00:35:56	<b>03:06:45.60</b>	<b>03:06:45.60</b>	+01:15:38 (40.5%)	15:33	3.9 (60.0%)
101	<b>CYGAN Tomasz</b>	<b>3708</b>	DZIKIE ŻUBRY	Open Masters Mężczyzn	101	09:15	00:36:51	<b>03:07:24.35</b>	<b>03:07:24.35</b>	+01:16:17 (40.7%)	15:37	3.8 (58.5%)
102	<b>LORANC Paweł</b>	<b>3018</b>	DENISTEAM	Open Masters Mężczyzn	102	07:40	00:24:36	<b>03:07:37.75</b>	<b>03:07:37.75</b>	+01:16:30 (40.8%)	15:38	3.8 (58.5%)
103	<b>MUSIL Mike</b>	<b>3455</b>		Open Masters Mężczyzn	103	08:00	00:38:25	<b>03:07:45.85</b>	<b>03:07:45.85</b>	+01:16:38 (40.8%)	15:38	3.8 (58.5%)
104	<b>STOPKA Daniel</b>	<b>3705</b>	CIENIASY TEAM	Open Masters Mężczyzn	104	09:15	00:34:52	<b>03:08:02.95</b>	<b>03:08:02.95</b>	+01:16:55 (40.9%)	15:40	3.8 (58.5%)
105	<b>MOKSIK Jan</b>	<b>3496</b>	FIT & MORE RYBNIK	Open Masters Mężczyzn	105	08:45	00:38:28	<b>03:08:56.30</b>	<b>03:08:56.30</b>	+01:17:49 (41.2%)	15:44	3.8 (58.5%)
106	<b>LIPIŃSKI Grzegorz</b>	<b>3637</b>	RUN BITCHES RUN	Open Masters Mężczyzn	106	09:00	00:35:48	<b>03:09:20.90</b>	<b>03:09:20.90</b>	+01:18:13 (41.3%)	15:46	3.8 (58.5%)
107	<b>KAWECKI Marek</b>	<b>4113</b>		Open Masters Mężczyzn	107	10:00	00:38:58	<b>03:09:25.40</b>	<b>03:09:25.40</b>	+01:18:18 (41.3%)	15:47	3.8 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
108	<b>DAMEK Przemysław</b>	<b>4235</b>	PKM TEAM	Open Masters Mężczyzn	108	08:15	00:41:55	<b>03:11:46.90</b>	<b>03:11:46.90</b>	+01:20:39 (42.1%)	15:58	3.8 (58.5%)
109	<b>POPCZYK Grzegorz</b>	<b>3875</b>	MOMO TEAM	Open Masters Mężczyzn	109	09:30	00:39:53	<b>03:13:32.85</b>	<b>03:13:32.85</b>	+01:22:25 (42.6%)	16:07	3.7 (56.9%)
110	<b>ŚWIĘCH Rafał</b>	<b>3925</b>		Open Masters Mężczyzn	110	09:30	00:41:40	<b>03:14:00.20</b>	<b>03:14:00.20</b>	+01:22:53 (42.7%)	16:10	3.7 (56.9%)
111	<b>FRANIA Andrzej</b>	<b>4290</b>	MASTERS JUDO TEAM GLIWICE	Open Masters Mężczyzn	111	10:30	00:41:52	<b>03:14:03.70</b>	<b>03:14:03.70</b>	+01:22:56 (42.7%)	16:10	3.7 (56.9%)
112	<b>TOBOR Michał</b>	<b>3325</b>	VINDEREN	Open Masters Mężczyzn	112	08:15	00:40:29	<b>03:14:10.85</b>	<b>03:14:10.85</b>	+01:23:03 (42.8%)	16:10	3.7 (56.9%)
113	<b>KRUK Krzysztof</b>	<b>3409</b>	SRTG GLIWICE	Open Masters Mężczyzn	113	08:30	00:38:32	<b>03:14:22.05</b>	<b>03:14:22.05</b>	+01:23:14 (42.8%)	16:11	3.7 (56.9%)
114	<b>PRZYBYSZ Krzysztof</b>	<b>3324</b>	VINDEREN	Open Masters Mężczyzn	114	08:15	00:40:29	<b>03:14:24.55</b>	<b>03:14:24.55</b>	+01:23:17 (42.8%)	16:12	3.7 (56.9%)
115	<b>JUNKA Piotr</b>	<b>3438</b>		Open Masters Mężczyzn	115	10:00	00:36:51	<b>03:14:32.95</b>	<b>03:14:32.95</b>	+01:23:25 (42.9%)	16:12	3.7 (56.9%)
116	<b>ADAMUS Wojciech</b>	<b>4285</b>	MASTERS JUDO TEAM GLIWICE	Open Masters Mężczyzn	116	10:30	00:41:39	<b>03:14:49.85</b>	<b>03:14:49.85</b>	+01:23:42 (43.0%)	16:14	3.7 (56.9%)
117	<b>IMIOŁCZYK Tomasz</b>	<b>4079</b>	KOMANDOS	Open Masters Mężczyzn	117	10:00	00:38:02	<b>03:15:15.60</b>	<b>03:15:15.60</b>	+01:24:08 (43.1%)	16:16	3.7 (56.9%)
118	<b>STATKIEWICZ Ireneusz</b>	<b>3468</b>		Open Masters Mężczyzn	118	08:30	00:43:50	<b>03:15:43.95</b>	<b>03:15:43.95</b>	+01:24:36 (43.2%)	16:18	3.7 (56.9%)
119	<b>GOLEC Jarosław</b>	<b>3404</b>	SRTG GLIWICE	Open Masters Mężczyzn	119	08:30	00:38:33	<b>03:16:39.95</b>	<b>03:16:39.95</b>	+01:25:32 (43.5%)	16:23	3.7 (56.9%)
120	<b>FORNAGIEL Mariusz</b>	<b>3821</b>	CFNS TRAINING	Open Masters Mężczyzn	120	09:30	00:41:54	<b>03:18:18.85</b>	<b>03:18:18.85</b>	+01:27:11 (44.0%)	16:31	3.6 (55.4%)
121	<b>ZEIDLER Aleksander</b>	<b>3387</b>	MIRAZ RACE TEAM	Open Masters Mężczyzn	121	08:30	00:38:44	<b>03:18:49.20</b>	<b>03:18:49.20</b>	+01:27:42 (44.1%)	16:34	3.6 (55.4%)
122	<b>POPŁAWSKI Ireneusz</b>	<b>4268</b>	FIT PRO EXTREME TEAM	Open Masters Mężczyzn	122	10:30	00:39:12	<b>03:19:16.35</b>	<b>03:19:16.35</b>	+01:28:09 (44.2%)	16:36	3.6 (55.4%)
123	<b>KACPRZAK Marcin</b>	<b>4274</b>	HARTOWNIA TEAM	Open Masters Mężczyzn	123	10:30	00:40:09	<b>03:19:24.05</b>	<b>03:19:24.05</b>	+01:28:16 (44.3%)	16:37	3.6 (55.4%)
124	<b>KLIMAS Robert</b>	<b>4281</b>	KRAWACIKI	Open Masters Mężczyzn	124	10:30	00:31:30	<b>03:20:40.70</b>	<b>03:20:40.70</b>	+01:29:33 (44.6%)	16:43	3.6 (55.4%)
125	<b>ZARZYCKI Konrad</b>	<b>4169</b>	MULTIFITT	Open Masters Mężczyzn	125	10:15	00:38:09	<b>03:22:40.70</b>	<b>03:22:40.70</b>	+01:31:33 (45.2%)	16:53	3.6 (55.4%)
126	<b>JARZYNKA Robert</b>	<b>3953</b>	FIT & MORE	Open Masters Mężczyzn	126	08:45	00:43:55	<b>03:24:04.25</b>	<b>03:24:04.25</b>	+01:32:57 (45.5%)	17:00	3.5 (53.8%)
127	<b>GARBACZ Kazimierz</b>	<b>3175</b>	HUSARIA RACE TEAM	Open Masters Mężczyzn	127	08:00	00:38:53	<b>03:24:17.20</b>	<b>03:24:17.20</b>	+01:33:10 (45.6%)	17:01	3.5 (53.8%)
128	<b>IGNACIUK Jacek</b>	<b>4273</b>	HARTOWNIA TEAM	Open Masters Mężczyzn	128	10:30	00:40:14	<b>03:24:29.95</b>	<b>03:24:29.95</b>	+01:33:22 (45.7%)	17:02	3.5 (53.8%)
129	<b>KOŁODZIEJ Artur</b>	<b>3559</b>		Open Masters Mężczyzn	129	08:45	00:45:25	<b>03:25:51.50</b>	<b>03:25:51.50</b>	+01:34:44 (46.0%)	17:09	3.5 (53.8%)
130	<b>SURY Adrian</b>	<b>4243</b>		Open Masters Mężczyzn	130	10:15	00:41:27	<b>03:28:03.15</b>	<b>03:28:03.15</b>	+01:36:55 (46.6%)	17:20	3.5 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
131	<b>NIECIAĞ Grzegorz</b>	<b>4346</b>		Open Masters Mężczyzn	131	10:30	00:36:10	<b>03:28:18.15</b>	<b>03:28:18.15</b>	+01:37:10 (46.7%)	17:21	3.5 (53.8%)
132	<b>SLADECZEK Jarosław</b>	<b>4166</b>	KWK PNIÓWEK	Open Masters Mężczyzn	132	10:15	00:44:55	<b>03:29:15.45</b>	<b>03:29:15.45</b>	+01:38:08 (46.9%)	17:26	3.4 (52.3%)
133	<b>KĘDZIOR Jacek</b>	<b>4306</b>	PĘDZĄCE ŚLIMAKI DĘBICA	Open Masters Mężczyzn	133	10:30	00:44:09	<b>03:31:29.10</b>	<b>03:31:29.10</b>	+01:40:21 (47.5%)	17:37	3.4 (52.3%)
134	<b>MIAIARZ Bogusław</b>	<b>4229</b>		Open Masters Mężczyzn	134	10:15	00:42:43	<b>03:32:20.85</b>	<b>03:32:20.85</b>	+01:41:13 (47.7%)	17:41	3.4 (52.3%)
135	<b>WISNIEWSKI Mirosław</b>	<b>3151</b>	BRONOWICKIE CENTRUM UBEZPIECZENIOWE	Open Masters Mężczyzn	135	08:00	00:37:09	<b>03:33:40.15</b>	<b>03:33:40.15</b>	+01:42:32 (48.0%)	17:48	3.4 (52.3%)
136	<b>COFAŁA Andrzej</b>	<b>3547</b>		Open Masters Mężczyzn	136	08:45	00:44:11	<b>03:34:19.20</b>	<b>03:34:19.20</b>	+01:43:12 (48.2%)	17:51	3.4 (52.3%)
137	<b>DAWICKI Piotr Grzegorz</b>	<b>3548</b>		Open Masters Mężczyzn	137	08:45	00:44:13	<b>03:34:26.55</b>	<b>03:34:26.55</b>	+01:43:19 (48.2%)	17:52	3.4 (52.3%)
138	<b>DOMINIK Robert</b>	<b>3772</b>		Open Masters Mężczyzn	138	09:15	00:42:17	<b>03:34:36.35</b>	<b>03:34:36.35</b>	+01:43:29 (48.2%)	17:53	3.4 (52.3%)
139	<b>BEDNARSKI Dominik</b>	<b>3712</b>	GRUPA TRENINGOWA LEŚNE LUDKI	Open Masters Mężczyzn	139	09:15	00:43:39	<b>03:37:13.95</b>	<b>03:37:13.95</b>	+01:46:06 (48.8%)	18:06	3.3 (50.8%)
140	<b>POLACZKIEWICZ Marcin</b>	<b>4266</b>	FIT PRO EXTREME TEAM	Open Masters Mężczyzn	140	10:30	00:38:01	<b>03:37:59.75</b>	<b>03:37:59.75</b>	+01:46:52 (49.0%)	18:09	3.3 (50.8%)
141	<b>RADOM Adam</b>	<b>3829</b>	CFNS TRAINING	Open Masters Mężczyzn	141	09:30	00:42:01	<b>03:38:20.25</b>	<b>03:38:20.25</b>	+01:47:13 (49.1%)	18:11	3.3 (50.8%)
142	<b>HĄSKO Sergiusz</b>	<b>3671</b>		Open Masters Mężczyzn	142	09:00	00:43:01	<b>03:38:26.70</b>	<b>03:38:26.70</b>	+01:47:19 (49.1%)	18:12	3.3 (50.8%)
143	<b>KOMANIECKI Przemysław</b>	<b>4201</b>	ZGRANA EKIPA LIDLA	Open Masters Mężczyzn	143	10:15	00:44:49	<b>03:41:41.70</b>	<b>03:41:41.70</b>	+01:50:34 (49.9%)	18:28	3.2 (49.2%)
144	<b>JURKOWSKI Marcin</b>	<b>3221</b>		Open Masters Mężczyzn	144	08:00	00:40:42	<b>03:43:07.40</b>	<b>03:43:07.40</b>	+01:52:00 (50.2%)	18:35	3.2 (49.2%)
145	<b>WZOREK Marcin</b>	<b>3979</b>	SOCIOS SILESIA	Open Masters Mężczyzn	145	09:45	00:43:39	<b>03:45:11.60</b>	<b>03:45:11.60</b>	+01:54:04 (50.7%)	18:45	3.2 (49.2%)
146	<b>SKRZYPEK Miłosz</b>	<b>3512</b>	KIRASJERZY	Open Masters Mężczyzn	146	08:45	00:48:14	<b>03:46:12.15</b>	<b>03:46:12.15</b>	+01:55:04 (50.9%)	18:51	3.2 (49.2%)
147	<b>SKRZYDŁO Marcin</b>	<b>3511</b>	KIRASJERZY	Open Masters Mężczyzn	147	08:45	00:47:48	<b>03:46:39.75</b>	<b>03:46:39.75</b>	+01:55:32 (51.0%)	18:53	3.2 (49.2%)
148	<b>PIETRZYK Gracjan</b>	<b>3510</b>	KIRASJERZY	Open Masters Mężczyzn	148	08:45	00:47:47	<b>03:47:09.85</b>	<b>03:47:09.85</b>	+01:56:02 (51.1%)	18:55	3.2 (49.2%)
149	<b>KUROWSKI Witold</b>	<b>3508</b>	KIRASJERZY	Open Masters Mężczyzn	149	08:45	00:48:12	<b>03:47:11.40</b>	<b>03:47:11.40</b>	+01:56:04 (51.1%)	18:55	3.2 (49.2%)
150	<b>SZERSZEŃ Adam</b>	<b>4046</b>	CROSS - ŚWIONY	Open Masters Mężczyzn	150	10:00	00:48:22	<b>03:48:29.30</b>	<b>03:48:29.30</b>	+01:57:22 (51.4%)	19:02	3.2 (49.2%)
151	<b>FORREITER Przemek</b>	<b>3505</b>	FIT&MORE	Open Masters Mężczyzn	151	08:45	00:44:29	<b>03:50:31.35</b>	<b>03:50:31.35</b>	+01:59:24 (51.8%)	19:12	3.1 (47.7%)
152	<b>PYSZNY Mariusz</b>	<b>3500</b>	FIT & MORE RYBNIK	Open Masters Mężczyzn	152	08:45	00:43:50	<b>03:50:31.60</b>	<b>03:50:31.60</b>	+01:59:24 (51.8%)	19:12	3.1 (47.7%)
153	<b>OKRĘT Tomasz</b>	<b>3497</b>	FIT & MORE RYBNIK	Open Masters Mężczyzn	153	08:45	00:43:54	<b>03:50:31.95</b>	<b>03:50:31.95</b>	+01:59:24 (51.8%)	19:12	3.1 (47.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	3km 3km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
154	<b>HOFMAN Kamil</b>	<b>3976</b>	SOCIOS SILESIA	Open Masters Mężczyzn	154	09:45	00:43:34	<b>03:50:44.75</b>	<b>03:50:44.75</b>	+01:59:37 (51.8%)	19:13	3.1 (47.7%)
155	<b>SULIK Bogdan</b>	<b>4295</b>	MASTERS JUDO TEAM GLIWICE	Open Masters Mężczyzn	155	10:30	00:48:34	<b>03:51:41.55</b>	<b>03:51:41.55</b>	+02:00:34 (52.0%)	19:18	3.1 (47.7%)
156	<b>ORDON Paweł</b>	<b>3621</b>	NIEWIDZĘPRZESZKÓD	Open Masters Mężczyzn	156	09:00	00:49:30	<b>03:59:26.50</b>	<b>03:59:26.50</b>	+02:08:19 (53.6%)	19:57	3 (46.2%)
157	<b>PALUCH Arkadiusz</b>	<b>4374</b>	LUBIĘ BURPEES'Y	Open Masters Mężczyzn	157	09:30	00:45:00	<b>04:01:38.25</b>	<b>04:01:38.25</b>	+02:10:31 (54.0%)	20:08	3 (46.2%)
158	<b>STEFANIAK Marek</b>	<b>4242</b>		Open Masters Mężczyzn	158	10:15	00:57:35	<b>04:36:03.80</b>	<b>04:36:03.80</b>	+02:44:56 (59.7%)	23:00	2.6 (40.0%)
159	<b>MACHOWSKI Mirosław</b>	<b>4311</b>	SUPER WOMEN	Open Masters Mężczyzn	159	10:30	01:01:11	<b>04:36:08.75</b>	<b>04:36:08.75</b>	+02:45:01 (59.8%)	23:00	2.6 (40.0%)
160	<b>CHABINSKI Sebastian</b>	<b>3768</b>		Open Masters Mężczyzn	160	09:45	00:55:03	<b>04:42:47.10</b>	<b>04:42:47.10</b>	+02:51:39 (60.7%)	23:33	2.5 (38.5%)
161	<b>PACAK Mariusz</b>	<b>3553</b>		Open Masters Mężczyzn	161	08:15	00:56:39	<b>05:04:02.85</b>	<b>05:04:02.85</b>	+03:12:55 (63.5%)	25:20	2.4 (36.9%)
	<b>OWCZAREK Grzegorz</b>	<b>4277</b>	HARTOWNIA TEAM	Open Masters Mężczyzn		10:30	00:40:22 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 162 wynik(ów)