

**Wydarzenie:** Runmageddon WARSZAWA  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2024-10-06  
**Miejsce:** Warszawa  
**Dystans:** 12 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	<b>BORYCZKA Mateusz</b>	<b>4022</b>	FITPARK TEAM	Elite Mężczyzn	1	00:28:48	<b>01:10:01.55</b>	<b>01:10:01.55</b>		5:50	10.3 (100%)
2	<b>KALINOWSKI Krystian</b>	<b>4042</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	2	00:28:54	<b>01:12:31.35</b>	<b>01:12:31.35</b>	+00:02:29 (3.4%)	6:02	9.9 (96.1%)
3	<b>JACIÓW Paweł</b>	<b>4053</b>	WATAHA	Elite Mężczyzn	3	00:30:02	<b>01:12:41.50</b>	<b>01:12:41.50</b>	+00:02:39 (3.7%)	6:03	9.9 (96.1%)
4	<b>ŚLOTAŁA Karol</b>	<b>4012</b>	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	4	00:29:58	<b>01:12:42.10</b>	<b>01:12:42.10</b>	+00:02:40 (3.7%)	6:03	9.9 (96.1%)
5	<b>SEREDA Jakub</b>	<b>4055</b>	WATAHA	Elite Mężczyzn	5	00:30:33	<b>01:16:46.05</b>	<b>01:16:46.05</b>	+00:06:44 (8.8%)	6:23	9.4 (91.3%)
6	<b>SALAŁATA Marcin</b>	<b>4044</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	6	00:31:31	<b>01:18:08.95</b>	<b>01:18:08.95</b>	+00:08:07 (10.4%)	6:30	9.2 (89.3%)
7	<b>GOŁĘBIEWSKI Bogdan</b>	<b>4007</b>	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	7	00:31:24	<b>01:19:20.90</b>	<b>01:19:20.90</b>	+00:09:19 (11.7%)	6:36	9.1 (88.3%)
8	<b>SKRZYSZOWSKI Janusz</b>	<b>4049</b>	SOCIOS SILESIA	Elite Mężczyzn	8	00:31:45	<b>01:19:34.15</b>	<b>01:19:34.15</b>	+00:09:32 (12.0%)	6:37	9 (87.4%)
9	<b>BOROWSKI Michał</b>	<b>4004</b>	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	9	00:32:17	<b>01:19:40.60</b>	<b>01:19:40.60</b>	+00:09:39 (12.1%)	6:38	9 (87.4%)
10	<b>RUDNICKI Marcin</b>	<b>4024</b>	KONIU SQUAD	Elite Masters Mężczyzn	1	00:31:52	<b>01:19:46.80</b>	<b>01:19:46.80</b>	+00:09:45 (12.2%)	6:38	9 (87.4%)
11	<b>KALININ Jarosław</b>	<b>4019</b>	EX TEAM	Elite Mężczyzn	10	00:31:56	<b>01:19:52.60</b>	<b>01:19:52.60</b>	+00:09:51 (12.3%)	6:39	9 (87.4%)
12	<b>BRZEZIŃSKI Bartosz</b>	<b>4040</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	11	00:31:17	<b>01:20:42.05</b>	<b>01:20:42.05</b>	+00:10:40 (13.2%)	6:43	8.9 (86.4%)
13	<b>JAGODZIŃSKI Karol</b>	<b>4031</b>	OSPRO OCR	Elite Mężczyzn	12	00:33:08	<b>01:20:50.90</b>	<b>01:20:50.90</b>	+00:10:49 (13.4%)	6:44	8.9 (86.4%)
14	<b>CHMIELORZ Józef</b>	<b>4149</b>	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	13	00:32:22	<b>01:23:16.25</b>	<b>01:23:16.25</b>	+00:13:14 (15.9%)	6:56	8.6 (83.5%)
15	<b>WUDKOWSKI Filip</b>	<b>4050</b>	SOCIOS SILESIA	Elite Mężczyzn	14	00:31:20	<b>01:23:58.00</b>	<b>01:23:58.00</b>	+00:13:56 (16.6%)	6:59	8.6 (83.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
16	<b>KOTALA Arkadiusz</b>	<b>4054</b>	WATAHA	Elite Mężczyzn	15	00:32:55	<b>01:24:53.80</b>	<b>01:24:53.80</b>	+00:14:52 (17.5%)	7:04	8.5 (82.5%)
17	<b>MARUSZEWSKI Marcin</b>	<b>4009</b>	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	2	00:33:33	<b>01:25:05.25</b>	<b>01:25:05.25</b>	+00:15:03 (17.7%)	7:05	8.5 (82.5%)
18	<b>CHUDZIAK Sebastian</b>	<b>4045</b>	RUNMAGEDDONOWE ŚWIRY	Elite Mężczyzn	16	00:35:00	<b>01:26:23.35</b>	<b>01:26:23.35</b>	+00:16:21 (18.9%)	7:11	8.3 (80.6%)
19	<b>JAŃCZUK Przemysław</b>	<b>4041</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	17	00:34:55	<b>01:27:22.60</b>	<b>01:27:22.60</b>	+00:17:21 (19.9%)	7:16	8.2 (79.6%)
20	<b>WIŚNIEWSKI Tomasz</b>	<b>4039</b>	PRZEBIEGÓR	Elite Masters Mężczyzn	3	00:34:23	<b>01:27:50.15</b>	<b>01:27:50.15</b>	+00:17:48 (20.3%)	7:19	8.2 (79.6%)
21	<b>MISSALA Magdalena</b>	<b>4142</b>	POWER TRAINING	Elite Kobiet	1	00:35:18	<b>01:28:01.75</b>	<b>01:28:01.75</b>	+00:18:00 (20.5%)	7:20	8.2 (79.6%)
22	<b>WENTA Kamil</b>	<b>4069</b>		Elite Mężczyzn	18	00:35:43	<b>01:28:09.65</b>	<b>01:28:09.65</b>	+00:18:08 (20.6%)	7:20	8.2 (79.6%)
23	<b>KORZENNY Wojciech</b>	<b>4025</b>	LEMON TEAM	Elite Masters Mężczyzn	4	00:35:50	<b>01:28:34.70</b>	<b>01:28:34.70</b>	+00:18:33 (20.9%)	7:22	8.1 (78.6%)
24	<b>KALWAS Mateusz</b>	<b>4043</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	19	00:28:58	<b>01:28:44.90</b>	<b>01:28:44.90</b>	+00:18:43 (21.1%)	7:23	8.1 (78.6%)
25	<b>MICHALSKI Sebastian</b>	<b>4010</b>	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	20	00:34:19	<b>01:28:59.20</b>	<b>01:28:59.20</b>	+00:18:57 (21.3%)	7:24	8.1 (78.6%)
26	<b>JACHIMOWSKI Jarosław</b>	<b>4046</b>	SANOK BIEGA	Elite Masters Mężczyzn	5	00:34:46	<b>01:31:17.05</b>	<b>01:31:17.05</b>	+00:21:15 (23.3%)	7:36	7.9 (76.7%)
27	<b>GAJOCHA Michał</b>	<b>4006</b>	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	6	00:34:46	<b>01:31:51.30</b>	<b>01:31:51.30</b>	+00:21:49 (23.8%)	7:39	7.8 (75.7%)
28	<b>GRZEBUŁA Łukasz</b>	<b>4030</b>	OSPRO OCR	Elite Mężczyzn	21	00:36:25	<b>01:32:19.25</b>	<b>01:32:19.25</b>	+00:22:17 (24.1%)	7:41	7.8 (75.7%)
29	<b>DROGOSZ Damian</b>	<b>4005</b>	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	7	00:36:47	<b>01:32:24.65</b>	<b>01:32:24.65</b>	+00:22:23 (24.2%)	7:42	7.8 (75.7%)
30	<b>JUDEK Łukasz</b>	<b>4008</b>	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	8	00:36:34	<b>01:32:37.30</b>	<b>01:32:37.30</b>	+00:22:35 (24.4%)	7:43	7.8 (75.7%)
31	<b>CYBUL Bartłomiej</b>	<b>4026</b>	NIEOBLICZALNI	Elite Mężczyzn	22	00:36:57	<b>01:32:59.05</b>	<b>01:32:59.05</b>	+00:22:57 (24.7%)	7:44	7.7 (74.8%)
32	<b>GONDEK Oliwer</b>	<b>4439</b>		Open Mężczyzn	1	00:38:00	<b>01:33:15.00</b>	<b>01:33:15.00</b>	+00:23:13 (24.9%)	7:46	7.7 (74.8%)
33	<b>GOŁASZEWSKI Bartosz</b>	<b>4417</b>	OPTIMA EXTREME TEAM	Open Mężczyzn	2	00:38:04	<b>01:33:36.85</b>	<b>01:33:36.85</b>	+00:23:35 (25.2%)	7:48	7.7 (74.8%)
34	<b>SEKŚCIŃSKI Krzysztof</b>	<b>4535</b>		Open Mężczyzn	3	00:35:45	<b>01:33:53.80</b>	<b>01:33:53.80</b>	+00:23:52 (25.4%)	7:49	7.7 (74.8%)
35	<b>STANOCH Jarek</b>	<b>4082</b>	FITPARK TEAM	Elite Mężczyzn	23	00:37:55	<b>01:34:14.80</b>	<b>01:34:14.80</b>	+00:24:13 (25.7%)	7:51	7.6 (73.8%)
36	<b>ROZKOCHA Anna</b>	<b>4138</b>	FITPARK TEAM	Elite Kobiet	2	00:39:11	<b>01:34:17.40</b>	<b>01:34:17.40</b>	+00:24:15 (25.7%)	7:51	7.6 (73.8%)
37	<b>WOJTASIK Fabian</b>	<b>4148</b>		Open Mężczyzn	4	00:32:07	<b>01:36:04.00</b>	<b>01:36:04.00</b>	+00:26:02 (27.1%)	8:00	7.5 (72.8%)
38	<b>METELSKA Karolina</b>	<b>4144</b>	SOCIOS SILESIA	Elite Kobiet	3	00:37:55	<b>01:36:09.05</b>	<b>01:36:09.05</b>	+00:26:07 (27.2%)	8:00	7.5 (72.8%)

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39	<b>DASZKIEWICZ Małgorzata</b>	<b>4141</b>	POWER TRAINING	Elite Kobiet	4	00:36:25	<b>01:36:45.65</b>	<b>01:36:45.65</b>	+00:26:44 (27.6%)	8:03	7.4 (71.8%)
40	<b>MAZUREK Szymon</b>	<b>4656</b>		Open Mężczyzn	5	00:38:58	<b>01:36:51.10</b>	<b>01:36:51.10</b>	+00:26:49 (27.7%)	8:04	7.4 (71.8%)
41	<b>NOWAK Filip</b>	<b>4013</b>	CHEEKY MONKEY TEAM	Elite Mężczyzn	24	00:38:34	<b>01:37:00.40</b>	<b>01:37:00.40</b>	+00:26:58 (27.8%)	8:05	7.4 (71.8%)
42	<b>DEPO Wojciech</b>	<b>4078</b>	FITPARK TEAM	Elite Mężczyzn	25	00:38:32	<b>01:37:10.55</b>	<b>01:37:10.55</b>	+00:27:09 (27.9%)	8:05	7.4 (71.8%)
43	<b>WITKOWSKI Rafał</b>	<b>4056</b>	WATAHA	Elite Mężczyzn	26	00:40:20	<b>01:37:18.75</b>	<b>01:37:18.75</b>	+00:27:17 (28.0%)	8:06	7.4 (71.8%)
44	<b>WIECZOREK Mateusz</b>	<b>4113</b>	XRUNNERS	Elite Mężczyzn	27	00:40:23	<b>01:38:50.50</b>	<b>01:38:50.50</b>	+00:28:48 (29.2%)	8:14	7.3 (70.9%)
45	<b>PYTEL Piotr</b>	<b>4598</b>		Open Mężczyzn	6	00:36:37	<b>01:39:09.75</b>	<b>01:39:09.75</b>	+00:29:08 (29.4%)	8:15	7.3 (70.9%)
46	<b>KORNILUK Tomasz</b>	<b>4189</b>	OUTDOOR TRAINING	Open Mężczyzn	7	00:38:25	<b>01:39:23.20</b>	<b>01:39:23.20</b>	+00:29:21 (29.5%)	8:16	7.2 (69.9%)
47	<b>KOWALCZYK Rafał</b>	<b>4790</b>		Open Mężczyzn	8	00:35:02	<b>01:39:28.80</b>	<b>01:39:28.80</b>	+00:29:27 (29.6%)	8:17	7.2 (69.9%)
48	<b>KOŁACZKOWSKI Rafał</b>	<b>4215</b>		Open Mężczyzn	9	00:40:03	<b>01:39:29.90</b>	<b>01:39:29.90</b>	+00:29:28 (29.6%)	8:17	7.2 (69.9%)
49	<b>JENDRYCH Jakub</b>	<b>4643</b>		Open Mężczyzn	10	00:38:57	<b>01:40:01.35</b>	<b>01:40:01.35</b>	+00:29:59 (30.0%)	8:20	7.2 (69.9%)
50	<b>KOWALSKI Roman</b>	<b>4519</b>		Open Masters Mężczyzn	1	00:39:28	<b>01:40:24.05</b>	<b>01:40:24.05</b>	+00:30:22 (30.3%)	8:22	7.2 (69.9%)
51	<b>GREGOR Adam</b>	<b>4152</b>	EY OCR TEAM	Elite Mężczyzn	28	00:38:46	<b>01:40:50.20</b>	<b>01:40:50.20</b>	+00:30:48 (30.6%)	8:24	7.1 (68.9%)
52	<b>MIŚ Mateusz</b>	<b>4620</b>	INFLOW RZESZÓW	Open Mężczyzn	11	00:42:28	<b>01:41:08.85</b>	<b>01:41:08.85</b>	+00:31:07 (30.8%)	8:25	7.1 (68.9%)
53	<b>CZERSKI Grzegorz</b>	<b>4830</b>	JACK MAMONA CLUB	Open Mężczyzn	12	00:43:00	<b>01:42:09.80</b>	<b>01:42:09.80</b>	+00:32:08 (31.5%)	8:30	7 (68.0%)
54	<b>TERCJAK Dariusz</b>	<b>4034</b>	PODLASKIE KOCURY	Elite Mężczyzn	29	00:41:08	<b>01:43:03.10</b>	<b>01:43:03.10</b>	+00:33:01 (32.0%)	8:35	7 (68.0%)
55	<b>NOWIŃSKI Marcin</b>	<b>4016</b>	DRAGON RUNNERS	Elite Mężczyzn	30	00:37:49	<b>01:43:31.65</b>	<b>01:43:31.65</b>	+00:33:30 (32.4%)	8:37	7 (68.0%)
56	<b>BIEŃKOWSKI Arkadiusz</b>	<b>4359</b>		Open Masters Mężczyzn	2	00:38:35	<b>01:43:36.30</b>	<b>01:43:36.30</b>	+00:33:34 (32.4%)	8:38	6.9 (67.0%)
57	<b>MUGDA Sebastian</b>	<b>4294</b>		Open Masters Mężczyzn	3	00:39:02	<b>01:43:53.40</b>	<b>01:43:53.40</b>	+00:33:51 (32.6%)	8:39	6.9 (67.0%)
58	<b>SYPOSZ Marcin</b>	<b>4032</b>	OSPRO OCR	Elite Mężczyzn	31	00:37:30	<b>01:44:04.50</b>	<b>01:44:04.50</b>	+00:34:02 (32.7%)	8:40	6.9 (67.0%)
59	<b>NAPIERAJ Katarzyna</b>	<b>4154</b>	CARBON SILESIA SPORT BY VITARADE	Elite Kobiet	5	00:42:42	<b>01:44:05.85</b>	<b>01:44:05.85</b>	+00:34:04 (32.7%)	8:40	6.9 (67.0%)
60	<b>JAKUBOWSKI Mateusz</b>	<b>4487</b>	CHEEKY MONKEY TEAM	Open Mężczyzn	13	00:39:52	<b>01:44:10.00</b>	<b>01:44:10.00</b>	+00:34:08 (32.8%)	8:40	6.9 (67.0%)
61	<b>GIZAK Michał</b>	<b>4048</b>	SOCIOS SILESIA	Elite Mężczyzn	32	00:36:01	<b>01:44:13.10</b>	<b>01:44:13.10</b>	+00:34:11 (32.8%)	8:41	6.9 (67.0%)

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62	WIETESKA Łukasz	4033	OSPRO OCR	Elite Mężczyzn	33	00:40:46	01:44:18.50	01:44:18.50	+00:34:16 (32.9%)	8:41	6.9 (67.0%)
63	RZEKIECKI Michał	4616	CHEEKY MONKEY TEAM	Open Mężczyzn	14	00:39:24	01:44:21.60	01:44:21.60	+00:34:20 (32.9%)	8:41	6.9 (67.0%)
64	ŚWIDERSKI Paweł	4020	EY OCR TEAM	Elite Mężczyzn	34	00:38:01	01:44:21.90	01:44:21.90	+00:34:20 (32.9%)	8:41	6.9 (67.0%)
65	WOJTYNOWSKI Oskar	4319		Open Mężczyzn	15	01:12:18	01:44:44.55	01:44:44.55	+00:34:43 (33.1%)	8:43	6.9 (67.0%)
66	MORAWSKI Grzegorz	4066		Elite Masters Mężczyzn	9	00:40:08	01:44:48.95	01:44:48.95	+00:34:47 (33.2%)	8:44	6.9 (67.0%)
67	KUCHARSKI Łukasz	4003	BIGYELLOWFOOT ADVENTURE TEAM	Elite Masters Mężczyzn	10	00:41:48	01:44:57.35	01:44:57.35	+00:34:55 (33.3%)	8:44	6.9 (67.0%)
68	ZDRENKA Szymon	4088	KRAJNA OCR&NINJA TRENING	Elite Mężczyzn	35	00:39:48	01:45:02.25	01:45:02.25	+00:35:00 (33.3%)	8:45	6.9 (67.0%)
69	DYKAS Adam	4059		Elite Masters Mężczyzn	11	00:40:31	01:45:24.30	01:45:24.30	+00:35:22 (33.6%)	8:47	6.8 (66.0%)
70	WOŹNIAK Wiktor	4400		Open Mężczyzn	16	00:40:56	01:45:34.55	01:45:34.55	+00:35:33 (33.7%)	8:47	6.8 (66.0%)
71	LUBAŃSKI Michał	4065		Elite Mężczyzn	36	00:39:58	01:46:00.55	01:46:00.55	+00:35:59 (33.9%)	8:50	6.8 (66.0%)
72	DOBROWOLSKI Piotr	4203		Open Mężczyzn	17	00:42:30	01:46:21.65	01:46:21.65	+00:36:20 (34.2%)	8:51	6.8 (66.0%)
73	OGIŃSKI Szymon	4150	WARRIORS ŁÓDŹ	Elite Mężczyzn	37	00:41:46	01:46:37.40	01:46:37.40	+00:36:35 (34.3%)	8:53	6.8 (66.0%)
74	KLEJNA Patryk	4446		Open Mężczyzn	18	00:41:40	01:46:54.40	01:46:54.40	+00:36:52 (34.5%)	8:54	6.7 (65.0%)
75	KRZYŻAK Tomasz	4447		Open Masters Mężczyzn	4	00:42:50	01:47:14.65	01:47:14.65	+00:37:13 (34.7%)	8:56	6.7 (65.0%)
76	GANCARCZYK Michał	4930		Open Mężczyzn	19	00:40:13	01:47:18.85	01:47:18.85	+00:37:17 (34.7%)	8:56	6.7 (65.0%)
77	BACHURA Grzegorz	4114		Elite Masters Mężczyzn	12	00:39:42	01:47:38.30	01:47:38.30	+00:37:36 (34.9%)	8:58	6.7 (65.0%)
78	MORAWSKI Paweł	4894		Open Masters Mężczyzn	5	00:42:14	01:48:16.15	01:48:16.15	+00:38:14 (35.3%)	9:01	6.7 (65.0%)
79	SIODMIAK Mikołaj	4667		Open Mężczyzn	20	00:41:38	01:48:35.25	01:48:35.25	+00:38:33 (35.5%)	9:02	6.6 (64.1%)
80	KUPNIEWSKI Sebastian	4376		Open Mężczyzn	21	00:42:50	01:48:36.75	01:48:36.75	+00:38:35 (35.5%)	9:03	6.6 (64.1%)
81	POMIANEK Michał	4127		Elite Mężczyzn	38	00:44:45	01:48:54.10	01:48:54.10	+00:38:52 (35.7%)	9:04	6.6 (64.1%)
82	KRÓLASIK Aleksander	4647		Open Mężczyzn	22	00:41:06	01:48:58.75	01:48:58.75	+00:38:57 (35.7%)	9:04	6.6 (64.1%)
83	URBAŃCZYK Dariusz	4539		Open Mężczyzn	23	00:40:26	01:50:03.75	01:50:03.75	+00:40:02 (36.4%)	9:10	6.5 (63.1%)
84	PRZYWARA Paweł	4735		Open Masters Mężczyzn	6	00:41:18	01:50:06.35	01:50:06.35	+00:40:04 (36.4%)	9:10	6.5 (63.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
85	<b>SIDOR Tomasz</b>	<b>4393</b>		Open Masters Mężczyzn	7	00:44:26	<b>01:50:16.50</b>	<b>01:50:16.50</b>	+00:40:14 (36.5%)	9:11	6.5 (63.1%)
86	<b>TROJANOWSKI Rafał</b>	<b>4461</b>		Open Mężczyzn	24	00:43:54	<b>01:50:16.90</b>	<b>01:50:16.90</b>	+00:40:15 (36.5%)	9:11	6.5 (63.1%)
87	<b>WENTA Tadeusz</b>	<b>4241</b>		Open Masters Mężczyzn	8	00:43:53	<b>01:50:39.50</b>	<b>01:50:39.50</b>	+00:40:37 (36.7%)	9:13	6.5 (63.1%)
88	<b>KOŹBIAŁ Rafał</b>	<b>4375</b>		Open Mężczyzn	25	00:42:54	<b>01:50:42.15</b>	<b>01:50:42.15</b>	+00:40:40 (36.7%)	9:13	6.5 (63.1%)
89	<b>GARLEWICZ Bartosz</b>	<b>4080</b>	FITPARK TEAM	Elite Mężczyzn	39	00:43:37	<b>01:50:47.90</b>	<b>01:50:47.90</b>	+00:40:46 (36.8%)	9:13	6.5 (63.1%)
90	<b>KALINOWSKA Karolina</b>	<b>4143</b>	RUNMAGEDDON TEAM	Elite Kobiet	6	00:40:41	<b>01:51:14.10</b>	<b>01:51:14.10</b>	+00:41:12 (37.0%)	9:16	6.5 (63.1%)
91	<b>GAŁUSZYŃSKA Katarzyna</b>	<b>4134</b>	ACTIVE FLOW	Elite Kobiet	7	00:41:09	<b>01:51:14.20</b>	<b>01:51:14.20</b>	+00:41:12 (37.0%)	9:16	6.5 (63.1%)
92	<b>SERWATKA Mateusz</b>	<b>4014</b>	CHEEKY MONKEY TEAM	Elite Mężczyzn	40	00:41:39	<b>01:51:49.60</b>	<b>01:51:49.60</b>	+00:41:48 (37.4%)	9:19	6.4 (62.1%)
93	<b>KOŚCIELNIAK Barbara</b>	<b>4137</b>	FITPARK TEAM	Elite Masters Kobiet	1	00:46:18	<b>01:51:56.30</b>	<b>01:51:56.30</b>	+00:41:54 (37.4%)	9:19	6.4 (62.1%)
94	<b>KOZŁOWSKI Łukasz</b>	<b>4418</b>	OPTIMA EXTREME TEAM	Open Mężczyzn	26	00:45:23	<b>01:52:07.00</b>	<b>01:52:07.00</b>	+00:42:05 (37.5%)	9:20	6.4 (62.1%)
95	<b>ZARADNY Szymon</b>	<b>4132</b>		Elite Mężczyzn	41	00:43:56	<b>01:52:09.55</b>	<b>01:52:09.55</b>	+00:42:08 (37.6%)	9:20	6.4 (62.1%)
96	<b>PABIAN Karol</b>	<b>4067</b>		Elite Mężczyzn	42	00:45:26	<b>01:52:24.95</b>	<b>01:52:24.95</b>	+00:42:23 (37.7%)	9:22	6.4 (62.1%)
97	<b>CIESIELSKI Robert</b>	<b>5032</b>	7K CZ	Open Mężczyzn	27	00:43:45	<b>01:52:37.45</b>	<b>01:52:37.45</b>	+00:42:35 (37.8%)	9:23	6.4 (62.1%)
98	<b>FRAĆ Sebastian</b>	<b>4403</b>	7K CZ	Open Mężczyzn	28	00:43:24	<b>01:52:37.60</b>	<b>01:52:37.60</b>	+00:42:36 (37.8%)	9:23	6.4 (62.1%)
99	<b>GURDEK Maciej</b>	<b>4932</b>		Open Mężczyzn	29	00:46:15	<b>01:53:13.10</b>	<b>01:53:13.10</b>	+00:43:11 (38.1%)	9:26	6.4 (62.1%)
100	<b>ROSIĄK Bartosz</b>	<b>5001</b>		Open Mężczyzn	30	00:42:42	<b>01:53:13.30</b>	<b>01:53:13.30</b>	+00:43:11 (38.2%)	9:26	6.4 (62.1%)
101	<b>ROSIĄK Radosław</b>	<b>5002</b>		Open Mężczyzn	31	00:42:50	<b>01:53:13.65</b>	<b>01:53:13.65</b>	+00:43:12 (38.2%)	9:26	6.4 (62.1%)
102	<b>GRZEŚKOWIAK Tomasz</b>	<b>5046</b>		Open Masters Mężczyzn	9	00:42:11	<b>01:53:17.50</b>	<b>01:53:17.50</b>	+00:43:15 (38.2%)	9:26	6.4 (62.1%)
103	<b>MĘDELEWSKI Paweł</b>	<b>4027</b>	NINJA ELEMENTS	Elite Masters Mężczyzn	13	00:46:07	<b>01:53:28.40</b>	<b>01:53:28.40</b>	+00:43:26 (38.3%)	9:27	6.3 (61.2%)
104	<b>BRONZEL Dawid</b>	<b>4869</b>		Open Mężczyzn	32	00:44:16	<b>01:53:39.50</b>	<b>01:53:39.50</b>	+00:43:37 (38.4%)	9:28	6.3 (61.2%)
105	<b>PIETRZAK Tomek</b>	<b>4193</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	33	00:42:13	<b>01:53:39.70</b>	<b>01:53:39.70</b>	+00:43:38 (38.4%)	9:28	6.3 (61.2%)
106	<b>DZIURDA Krzysztof</b>	<b>4079</b>	FITPARK TEAM	Elite Mężczyzn	43	00:47:08	<b>01:53:41.80</b>	<b>01:53:41.80</b>	+00:43:40 (38.4%)	9:28	6.3 (61.2%)
107	<b>JUSIŃSKI Krystian</b>	<b>4214</b>		Open Mężczyzn	34	00:40:54	<b>01:53:46.90</b>	<b>01:53:46.90</b>	+00:43:45 (38.5%)	9:28	6.3 (61.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
108	<b>OGORZAŁEK Andrzej</b>	<b>4381</b>		Open Mężczyzn	35	00:47:01	<b>01:54:14.30</b>	<b>01:54:14.30</b>	+00:44:12 (38.7%)	9:31	6.3 (61.2%)
109	<b>LUPA Dariusz</b>	<b>4722</b>		Open Mężczyzn	36	00:43:34	<b>01:54:21.20</b>	<b>01:54:21.20</b>	+00:44:19 (38.8%)	9:31	6.3 (61.2%)
110	<b>CHODKOWSKI Adrian</b>	<b>4871</b>		Open Mężczyzn	37	00:43:40	<b>01:55:02.35</b>	<b>01:55:02.35</b>	+00:45:00 (39.1%)	9:35	6.3 (61.2%)
111	<b>DRAHUSZ Maciej</b>	<b>4413</b>	KMD POLAND	Open Mężczyzn	38	00:43:03	<b>01:55:08.75</b>	<b>01:55:08.75</b>	+00:45:07 (39.2%)	9:35	6.3 (61.2%)
112	<b>BĄK Damian</b>	<b>4166</b>	CHEEKY MONKEY TEAM	Open Mężczyzn	39	00:42:42	<b>01:55:09.90</b>	<b>01:55:09.90</b>	+00:45:08 (39.2%)	9:35	6.3 (61.2%)
113	<b>ABRAMCZYK Bernard</b>	<b>4073</b>	EY OCR TEAM	Elite Mężczyzn	44	00:41:00	<b>01:55:25.10</b>	<b>01:55:25.10</b>	+00:45:23 (39.3%)	9:37	6.2 (60.2%)
114	<b>SZAL Piotr</b>	<b>4101</b>		Open Mężczyzn	40	00:38:31	<b>01:56:06.95</b>	<b>01:56:06.95</b>	+00:46:05 (39.7%)	9:40	6.2 (60.2%)
115	<b>KINDEP Roman</b>	<b>4623</b>	KINDER WINNER TEAM	Open Mężczyzn	41	00:41:51	<b>01:56:10.90</b>	<b>01:56:10.90</b>	+00:46:09 (39.7%)	9:40	6.2 (60.2%)
116	<b>BUDZYŃSKI Adam</b>	<b>4052</b>	UNITED RUNNERS	Elite Masters Mężczyzn	14	00:44:05	<b>01:56:34.65</b>	<b>01:56:34.65</b>	+00:46:33 (39.9%)	9:42	6.2 (60.2%)
117	<b>LUBECKI Grzegorz</b>	<b>4991</b>		Open Masters Mężczyzn	10	00:41:07	<b>01:57:03.65</b>	<b>01:57:03.65</b>	+00:47:02 (40.2%)	9:45	6.2 (60.2%)
118	<b>GAC Mariusz</b>	<b>4255</b>	STOPKA PILAWA	Open Masters Mężczyzn	11	00:40:13	<b>01:57:05.50</b>	<b>01:57:05.50</b>	+00:47:03 (40.2%)	9:45	6.1 (59.2%)
119	<b>GŁOGOWSKI Jakub</b>	<b>4259</b>	TARCZYŃSKI ACTIVE TEAM	Open Mężczyzn	42	00:48:15	<b>01:57:11.80</b>	<b>01:57:11.80</b>	+00:47:10 (40.2%)	9:45	6.1 (59.2%)
120	<b>ŁUSZCZYNA Robert</b>	<b>4077</b>	EY OCR TEAM	Elite Mężczyzn	45	00:44:19	<b>01:57:22.30</b>	<b>01:57:22.30</b>	+00:47:20 (40.3%)	9:46	6.1 (59.2%)
121	<b>YHYM Dave</b>	<b>5012</b>		Open Mężczyzn	43	00:47:24	<b>01:57:22.85</b>	<b>01:57:22.85</b>	+00:47:21 (40.3%)	9:46	6.1 (59.2%)
122	<b>POTEMPA Rafał</b>	<b>4081</b>	FITPARK TEAM	Elite Mężczyzn	46	00:45:07	<b>01:57:25.55</b>	<b>01:57:25.55</b>	+00:47:24 (40.4%)	9:47	6.1 (59.2%)
123	<b>GALL Kacper</b>	<b>4157</b>		Open Mężczyzn	44	00:45:16	<b>01:57:47.90</b>	<b>01:57:47.90</b>	+00:47:46 (40.6%)	9:48	6.1 (59.2%)
124	<b>BABYCH Sergiy</b>	<b>4766</b>		Open Masters Mężczyzn	12	00:44:12	<b>01:57:50.95</b>	<b>01:57:50.95</b>	+00:47:49 (40.6%)	9:49	6.1 (59.2%)
125	<b>ZIMNY Adam</b>	<b>4133</b>		Open Mężczyzn	45	00:41:08	<b>01:57:53.60</b>	<b>01:57:53.60</b>	+00:47:52 (40.6%)	9:49	6.1 (59.2%)
126	<b>MIELCZAREK Mikołaj</b>	<b>4520</b>		Open Mężczyzn	46	00:44:33	<b>01:58:38.95</b>	<b>01:58:38.95</b>	+00:48:37 (41.0%)	9:53	6.1 (59.2%)
127	<b>CZAPLICKI Piotr</b>	<b>4571</b>		Open Mężczyzn	47	00:47:02	<b>01:58:42.00</b>	<b>01:58:42.00</b>	+00:48:40 (41.0%)	9:53	6.1 (59.2%)
128	<b>JANISZEWSKI Grzegorz</b>	<b>4017</b>	DZIADY OCR	Elite Masters Mężczyzn	15	00:45:03	<b>01:58:52.50</b>	<b>01:58:52.50</b>	+00:48:50 (41.1%)	9:54	6.1 (59.2%)
129	<b>KOWALIK Karol</b>	<b>4988</b>		Open Mężczyzn	48	00:43:31	<b>01:58:59.00</b>	<b>01:58:59.00</b>	+00:48:57 (41.1%)	9:54	6.1 (59.2%)
130	<b>KWAŚNIAK Bartłomiej</b>	<b>4063</b>		Elite Mężczyzn	47	00:40:13	<b>01:59:22.40</b>	<b>01:59:22.40</b>	+00:49:20 (41.3%)	9:56	6 (58.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
131	<b>RYDYGIER Kacper</b>	<b>4816</b>		Open Mężczyzn	49	00:43:57	<b>01:59:36.40</b>	<b>01:59:36.40</b>	+00:49:34 (41.5%)	9:58	6 (58.3%)
132	<b>DZBUK Jakub</b>	<b>4776</b>		Open Mężczyzn	50	00:43:06	<b>01:59:38.60</b>	<b>01:59:38.60</b>	+00:49:37 (41.5%)	9:58	6 (58.3%)
133	<b>BIEGAJ Marcin</b>	<b>4567</b>		Open Masters Mężczyzn	13	00:45:06	<b>02:00:00.80</b>	<b>02:00:00.80</b>	+00:49:59 (41.7%)	10:00	6 (58.3%)
134	<b>SAJECKI Kacper</b>	<b>4972</b>	ZIELONE LWIĘTA	Open Mężczyzn	51	00:49:16	<b>02:00:18.95</b>	<b>02:00:18.95</b>	+00:50:17 (41.8%)	10:01	6 (58.3%)
135	<b>BĄCZEK Jan</b>	<b>4267</b>		Open Mężczyzn	52	00:44:50	<b>02:00:24.10</b>	<b>02:00:24.10</b>	+00:50:22 (41.8%)	10:02	6 (58.3%)
136	<b>PIŻUCH Łukasz</b>	<b>4387</b>		Open Mężczyzn	53	00:48:01	<b>02:00:24.90</b>	<b>02:00:24.90</b>	+00:50:23 (41.8%)	10:02	6 (58.3%)
137	<b>CHUDZIK Kamil</b>	<b>4361</b>		Open Mężczyzn	54	00:41:04	<b>02:00:36.80</b>	<b>02:00:36.80</b>	+00:50:35 (41.9%)	10:03	6 (58.3%)
138	<b>CYWINSKI Kamil</b>	<b>4872</b>		Open Mężczyzn	55	00:44:51	<b>02:00:44.80</b>	<b>02:00:44.80</b>	+00:50:43 (42.0%)	10:03	6 (58.3%)
139	<b>WARTOŃ Daniel</b>	<b>4240</b>		Open Mężczyzn	56	00:46:36	<b>02:00:49.70</b>	<b>02:00:49.70</b>	+00:50:48 (42.0%)	10:04	6 (58.3%)
140	<b>BANDZEREWICZ Paweł</b>	<b>4265</b>	ZIELONE LWIĘTA	Open Mężczyzn	57	00:47:44	<b>02:00:51.40</b>	<b>02:00:51.40</b>	+00:50:49 (42.1%)	10:04	6 (58.3%)
141	<b>PRUSKO Paulina</b>	<b>4146</b>	WATAHA	Elite Kobiet	8	00:47:01	<b>02:01:04.90</b>	<b>02:01:04.90</b>	+00:51:03 (42.2%)	10:05	5.9 (57.3%)
142	<b>MUCHA Piotr</b>	<b>4524</b>		Open Mężczyzn	58	00:43:57	<b>02:01:12.95</b>	<b>02:01:12.95</b>	+00:51:11 (42.2%)	10:06	5.9 (57.3%)
143	<b>MRÓWCZYŃSKI Artur</b>	<b>4521</b>		Open Masters Mężczyzn	14	00:44:02	<b>02:01:23.25</b>	<b>02:01:23.25</b>	+00:51:21 (42.3%)	10:06	5.9 (57.3%)
144	<b>MUCHA Kamil</b>	<b>4523</b>		Open Mężczyzn	59	00:44:22	<b>02:01:26.90</b>	<b>02:01:26.90</b>	+00:51:25 (42.3%)	10:07	5.9 (57.3%)
145	<b>OLKOWSKI Mateusz</b>	<b>4527</b>		Open Mężczyzn	60	00:44:08	<b>02:01:27.30</b>	<b>02:01:27.30</b>	+00:51:25 (42.3%)	10:07	5.9 (57.3%)
146	<b>CHODORSKI Łukasz</b>	<b>4156</b>		Elite Mężczyzn	48	00:44:24	<b>02:01:37.50</b>	<b>02:01:37.50</b>	+00:51:35 (42.4%)	10:08	5.9 (57.3%)
147	<b>MAZGAJSKI Jarosław</b>	<b>4125</b>		Elite Mężczyzn	49	00:46:29	<b>02:01:54.35</b>	<b>02:01:54.35</b>	+00:51:52 (42.6%)	10:09	5.9 (57.3%)
148	<b>ROGAŁA Paweł</b>	<b>4999</b>		Open Mężczyzn	61	00:47:40	<b>02:01:54.80</b>	<b>02:01:54.80</b>	+00:51:53 (42.6%)	10:09	5.9 (57.3%)
149	<b>POKRANT Dariusz</b>	<b>4324</b>	CROSSFOX OCR	Open Masters Mężczyzn	15	00:51:48	<b>02:02:09.15</b>	<b>02:02:09.15</b>	+00:52:07 (42.7%)	10:10	5.9 (57.3%)
150	<b>RUSEK Bernard</b>	<b>5003</b>		Open Mężczyzn	62	00:49:08	<b>02:02:33.40</b>	<b>02:02:33.40</b>	+00:52:31 (42.9%)	10:12	5.9 (57.3%)
151	<b>ADAMIAK Kasia</b>	<b>5026</b>		Open Kobiet	1	00:42:50	<b>02:02:33.80</b>	<b>02:02:33.80</b>	+00:52:32 (42.9%)	10:12	5.9 (57.3%)
152	<b>SUSKI Mariusz</b>	<b>4862</b>	ZDROWO KLEPNIĘCI	Open Masters Mężczyzn	16	00:47:46	<b>02:02:40.30</b>	<b>02:02:40.30</b>	+00:52:38 (42.9%)	10:13	5.9 (57.3%)
153	<b>NAROŻNIAK Łukasz</b>	<b>4897</b>		Open Mężczyzn	63	00:46:58	<b>02:02:41.20</b>	<b>02:02:41.20</b>	+00:52:39 (42.9%)	10:13	5.9 (57.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
154	<b>KOŁODZIEJ Jakub</b>	<b>4517</b>		Open Mężczyzn	64	00:44:12	<b>02:02:51.40</b>	<b>02:02:51.40</b>	+00:52:49 (43.0%)	10:14	5.9 (57.3%)
155	<b>KERZENKOWSKI Maciej</b>	<b>4644</b>		Open Mężczyzn	65	00:46:15	<b>02:03:15.45</b>	<b>02:03:15.45</b>	+00:53:13 (43.2%)	10:16	5.8 (56.3%)
156	<b>DUŻ Dominik</b>	<b>4422</b>	SPARTAŃSKA DZICZ	Open Mężczyzn	66	00:49:03	<b>02:03:15.65</b>	<b>02:03:15.65</b>	+00:53:14 (43.2%)	10:16	5.8 (56.3%)
157	<b>KOPIEC Mateusz</b>	<b>4986</b>		Open Mężczyzn	67	00:48:06	<b>02:03:23.15</b>	<b>02:03:23.15</b>	+00:53:21 (43.2%)	10:16	5.8 (56.3%)
158	<b>SMALERA Nikodem</b>	<b>4395</b>		Open Mężczyzn	68	00:45:49	<b>02:03:40.10</b>	<b>02:03:40.10</b>	+00:53:38 (43.4%)	10:18	5.8 (56.3%)
159	<b>KOPKA Radosław</b>	<b>4583</b>		Open Mężczyzn	69	00:45:52	<b>02:03:54.60</b>	<b>02:03:54.60</b>	+00:53:53 (43.5%)	10:19	5.8 (56.3%)
160	<b>NOWAKOWSKI Antoni</b>	<b>4858</b>	ZDROFIT	Open Masters Mężczyzn	17	00:49:20	<b>02:03:56.00</b>	<b>02:03:56.00</b>	+00:53:54 (43.5%)	10:19	5.8 (56.3%)
161	<b>SITEK Bolesław</b>	<b>4311</b>		Open Mężczyzn	70	00:46:37	<b>02:03:56.60</b>	<b>02:03:56.60</b>	+00:53:55 (43.5%)	10:19	5.8 (56.3%)
162	<b>CHAŁUPCZAK Magdalena</b>	<b>4360</b>		Open Masters Kobiet	1	00:51:46	<b>02:04:01.65</b>	<b>02:04:01.65</b>	+00:54:00 (43.5%)	10:20	5.8 (56.3%)
163	<b>ŚNIEŻEK Karol</b>	<b>4602</b>		Open Mężczyzn	71	00:47:37	<b>02:04:08.80</b>	<b>02:04:08.80</b>	+00:54:07 (43.6%)	10:20	5.8 (56.3%)
164	<b>WOJNAROWSKI Adam</b>	<b>5047</b>		Open Masters Mężczyzn	18	00:46:06	<b>02:04:22.05</b>	<b>02:04:22.05</b>	+00:54:20 (43.7%)	10:21	5.8 (56.3%)
165	<b>KARWOWSKI Paweł</b>	<b>4000</b>	#SOŁTYSMUSISZTEAM	Elite Mężczyzn	50	00:43:39	<b>02:04:22.55</b>	<b>02:04:22.55</b>	+00:54:21 (43.7%)	10:21	5.8 (56.3%)
166	<b>KUDŁA Grzegorz</b>	<b>4096</b>	OCR TEAM BYDLAKI	Elite Masters Mężczyzn	16	00:51:13	<b>02:04:23.90</b>	<b>02:04:23.90</b>	+00:54:22 (43.7%)	10:21	5.8 (56.3%)
167	<b>PAKUŁA Alicja</b>	<b>4384</b>		Open Kobiet	2	00:50:20	<b>02:04:27.35</b>	<b>02:04:27.35</b>	+00:54:25 (43.7%)	10:22	5.8 (56.3%)
168	<b>SERAFIN Antoni</b>	<b>4106</b>	TEAM PRIMABIOTIC	Open Mężczyzn	72	00:44:32	<b>02:04:40.95</b>	<b>02:04:40.95</b>	+00:54:39 (43.8%)	10:23	5.8 (56.3%)
169	<b>KOŁOMYJSKI Damian</b>	<b>4332</b>	HELPEDESKI	Open Mężczyzn	73	00:47:13	<b>02:04:55.10</b>	<b>02:04:55.10</b>	+00:54:53 (43.9%)	10:24	5.8 (56.3%)
170	<b>MARKIEWICZ Arkadiusz</b>	<b>4290</b>		Open Masters Mężczyzn	19	00:47:23	<b>02:04:56.60</b>	<b>02:04:56.60</b>	+00:54:55 (44.0%)	10:24	5.8 (56.3%)
171	<b>WDOWIAK Daniel</b>	<b>4607</b>		Open Mężczyzn	74	00:54:33	<b>02:05:06.90</b>	<b>02:05:06.90</b>	+00:55:05 (44.0%)	10:25	5.8 (56.3%)
172	<b>JUNDZIŁ Jakub</b>	<b>4213</b>		Open Masters Mężczyzn	20	00:47:07	<b>02:05:19.60</b>	<b>02:05:19.60</b>	+00:55:18 (44.1%)	10:26	5.7 (55.3%)
173	<b>KIEŁTYKA Artur</b>	<b>4373</b>		Open Masters Mężczyzn	21	00:47:11	<b>02:05:21.70</b>	<b>02:05:21.70</b>	+00:55:20 (44.1%)	10:26	5.7 (55.3%)
174	<b>ZAWADZKI Rafal</b>	<b>4747</b>		Open Mężczyzn	75	00:48:35	<b>02:05:29.55</b>	<b>02:05:29.55</b>	+00:55:28 (44.2%)	10:27	5.7 (55.3%)
175	<b>ТИМОШЕНКО Александр</b>	<b>4543</b>		Open Mężczyzn	76	00:47:38	<b>02:05:38.00</b>	<b>02:05:38.00</b>	+00:55:36 (44.3%)	10:28	5.7 (55.3%)
176	<b>CURYŁO Norbert</b>	<b>4421</b>	SPARTAŃSKA DZICZ	Open Mężczyzn	77	00:48:57	<b>02:05:51.90</b>	<b>02:05:51.90</b>	+00:55:50 (44.4%)	10:29	5.7 (55.3%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
177	<b>KĘDZIERSKI Maciej</b>	<b>4372</b>		Open Mężczyzn	78	00:47:22	<b>02:06:02.85</b>	<b>02:06:02.85</b>	+00:56:01 (44.4%)	10:30	5.7 (55.3%)
178	<b>MATERA Paweł</b>	<b>4378</b>		Open Mężczyzn	79	00:40:32	<b>02:06:15.70</b>	<b>02:06:15.70</b>	+00:56:14 (44.5%)	10:31	5.7 (55.3%)
179	<b>ŻUREK Michał</b>	<b>4097</b>	OCR TEAM BYDLAKI	Elite Mężczyzn	51	00:53:12	<b>02:06:21.30</b>	<b>02:06:21.30</b>	+00:56:19 (44.6%)	10:31	5.7 (55.3%)
180	<b>MARZEC Patryk</b>	<b>4918</b>	ZIELONE LWIĘTA	Open Mężczyzn	80	00:48:13	<b>02:06:39.60</b>	<b>02:06:39.60</b>	+00:56:38 (44.7%)	10:33	5.7 (55.3%)
181	<b>MERGNER Rafał</b>	<b>4727</b>		Open Mężczyzn	81	00:47:41	<b>02:06:50.70</b>	<b>02:06:50.70</b>	+00:56:49 (44.8%)	10:34	5.7 (55.3%)
182	<b>MERGNER Daniel</b>	<b>4726</b>		Open Mężczyzn	82	00:51:43	<b>02:06:52.35</b>	<b>02:06:52.35</b>	+00:56:50 (44.8%)	10:34	5.7 (55.3%)
183	<b>HUK Mateusz</b>	<b>4936</b>		Open Mężczyzn	83	00:46:40	<b>02:06:53.10</b>	<b>02:06:53.10</b>	+00:56:51 (44.8%)	10:34	5.7 (55.3%)
183	<b>GUMIŃSKI Marek</b>	<b>4931</b>		Open Mężczyzn	83	00:46:22	<b>02:06:53.10</b>	<b>02:06:53.10</b>	+00:56:51 (44.8%)	10:34	5.7 (55.3%)
185	<b>LENART Krzysztof</b>	<b>4070</b>	#ARMIAWOJCIECHOWSKIEGO ACTIVITY SPORT ELBLĄG	Elite Mężczyzn	52	00:46:15	<b>02:06:54.50</b>	<b>02:06:54.50</b>	+00:56:52 (44.8%)	10:34	5.7 (55.3%)
186	<b>ROWICKI Marcin</b>	<b>4391</b>		Open Masters Mężczyzn	22	00:48:50	<b>02:07:11.30</b>	<b>02:07:11.30</b>	+00:57:09 (44.9%)	10:35	5.7 (55.3%)
187	<b>KOZIOŁ Grzegorz</b>	<b>1653</b>		Open Masters Mężczyzn	23	00:50:34	<b>02:07:12.35</b>	<b>02:07:12.35</b>	+00:57:10 (45.0%)	10:36	5.7 (55.3%)
188	<b>ELGALAL Maciej</b>	<b>4365</b>		Open Mężczyzn	85	00:51:41	<b>02:07:14.90</b>	<b>02:07:14.90</b>	+00:57:13 (45.0%)	10:36	5.7 (55.3%)
189	<b>MULAK Artur</b>	<b>4379</b>		Open Masters Mężczyzn	24	00:48:56	<b>02:07:28.05</b>	<b>02:07:28.05</b>	+00:57:26 (45.1%)	10:37	5.6 (54.4%)
190	<b>KURACH Stanisław</b>	<b>4018</b>	DZIADY OCR	Elite Masters Mężczyzn	17	00:52:15	<b>02:07:33.35</b>	<b>02:07:33.35</b>	+00:57:31 (45.1%)	10:37	5.6 (54.4%)
191	<b>MATVIJENKO Angelika</b>	<b>4451</b>		Open Masters Mężczyzn	25	00:49:22	<b>02:07:56.65</b>	<b>02:07:56.65</b>	+00:57:55 (45.3%)	10:39	5.6 (54.4%)
192	<b>WOŁOWIK Krzysztof</b>	<b>4463</b>		Open Mężczyzn	86	00:49:31	<b>02:07:57.30</b>	<b>02:07:57.30</b>	+00:57:55 (45.3%)	10:39	5.6 (54.4%)
193	<b>DZBUK Grzegorz</b>	<b>4775</b>		Open Mężczyzn	87	00:46:04	<b>02:08:09.45</b>	<b>02:08:09.45</b>	+00:58:07 (45.4%)	10:40	5.6 (54.4%)
194	<b>RZEPECKA Inez</b>	<b>4531</b>		Open Kobiet	3	00:51:21	<b>02:08:21.30</b>	<b>02:08:21.30</b>	+00:58:19 (45.4%)	10:41	5.6 (54.4%)
195	<b>SEWERYNOWICZ Michał</b>	<b>4086</b>	HARDBOX OTWOCK	Elite Mężczyzn	53	00:49:20	<b>02:08:34.75</b>	<b>02:08:34.75</b>	+00:58:33 (45.5%)	10:42	5.6 (54.4%)
196	<b>KUREK Andrzej</b>	<b>4085</b>	HARDBOX OTWOCK	Elite Masters Mężczyzn	18	00:49:42	<b>02:08:34.90</b>	<b>02:08:34.90</b>	+00:58:33 (45.5%)	10:42	5.6 (54.4%)
197	<b>FILIPOWICZ Michał</b>	<b>4072</b>	BIEGAJĄCE ZĄBKI	Elite Mężczyzn	54	00:47:31	<b>02:08:36.90</b>	<b>02:08:36.90</b>	+00:58:35 (45.6%)	10:43	5.6 (54.4%)
198	<b>ZARADKIEWICZ Daniel</b>	<b>4614</b>		Open Mężczyzn	88	00:51:00	<b>02:08:47.45</b>	<b>02:08:47.45</b>	+00:58:45 (45.6%)	10:43	5.6 (54.4%)
199	<b>MALINOWSKI Bartłomiej</b>	<b>5044</b>		Open Mężczyzn	89	00:51:07	<b>02:08:55.10</b>	<b>02:08:55.10</b>	+00:58:53 (45.7%)	10:44	5.6 (54.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
200	<b>ORZECHOWSKI Patryk</b>	<b>4804</b>		Open Mężczyzn	90	00:55:07	<b>02:08:55.15</b>	<b>02:08:55.15</b>	+00:58:53 (45.7%)	10:44	5.6 (54.4%)
201	<b>FILIPEK Grzegorz</b>	<b>4207</b>		Open Masters Mężczyzn	26	00:50:23	<b>02:09:09.60</b>	<b>02:09:09.60</b>	+00:59:08 (45.8%)	10:45	5.6 (54.4%)
202	<b>GAJEWSKI Jacek</b>	<b>4572</b>		Open Masters Mężczyzn	27	00:49:48	<b>02:09:17.40</b>	<b>02:09:17.40</b>	+00:59:15 (45.8%)	10:46	5.6 (54.4%)
203	<b>OGIERMAN Mariusz</b>	<b>4105</b>	SOCIOS SILESIA	Elite Mężczyzn	55	00:50:05	<b>02:09:22.15</b>	<b>02:09:22.15</b>	+00:59:20 (45.9%)	10:46	5.6 (54.4%)
204	<b>STACHYRA Radosław</b>	<b>4835</b>	NAŁĘCZOWIANKOWI	Open Mężczyzn	91	00:52:07	<b>02:09:22.90</b>	<b>02:09:22.90</b>	+00:59:21 (45.9%)	10:46	5.6 (54.4%)
205	<b>KARPIŃSKI Marek</b>	<b>4516</b>		Open Mężczyzn	92	00:49:10	<b>02:09:33.95</b>	<b>02:09:33.95</b>	+00:59:32 (46.0%)	10:47	5.6 (54.4%)
206	<b>SAJDUDA Łukasz</b>	<b>4940</b>		Open Mężczyzn	93	00:47:22	<b>02:09:47.15</b>	<b>02:09:47.15</b>	+00:59:45 (46.0%)	10:48	5.5 (53.4%)
207	<b>SARBINOWSKK Piotr</b>	<b>4922</b>	ZWIERZAKI	Open Mężczyzn	94	00:55:24	<b>02:09:56.00</b>	<b>02:09:56.00</b>	+00:59:54 (46.1%)	10:49	5.5 (53.4%)
208	<b>OSTAPIUK Marek</b>	<b>4806</b>		Open Masters Mężczyzn	28	00:51:39	<b>02:10:01.95</b>	<b>02:10:01.95</b>	+01:00:00 (46.1%)	10:50	5.5 (53.4%)
209	<b>KOWALCZYK Mateusz</b>	<b>4987</b>		Open Mężczyzn	95	00:48:55	<b>02:10:04.70</b>	<b>02:10:04.70</b>	+01:00:03 (46.2%)	10:50	5.5 (53.4%)
210	<b>PACHNIK Michał</b>	<b>4383</b>		Open Mężczyzn	96	00:43:11	<b>02:10:10.00</b>	<b>02:10:10.00</b>	+01:00:08 (46.2%)	10:50	5.5 (53.4%)
211	<b>LEWANDOWSKI Mariusz</b>	<b>4938</b>		Open Mężczyzn	97	00:49:52	<b>02:10:16.40</b>	<b>02:10:16.40</b>	+01:00:14 (46.2%)	10:51	5.5 (53.4%)
212	<b>BRZEZIŃSKI Szymon</b>	<b>4103</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	56	00:37:49	<b>02:10:16.65</b>	<b>02:10:16.65</b>	+01:00:15 (46.2%)	10:51	5.5 (53.4%)
213	<b>STANIK Jakub</b>	<b>4603</b>		Open Mężczyzn	98	00:50:35	<b>02:10:27.75</b>	<b>02:10:27.75</b>	+01:00:26 (46.3%)	10:52	5.5 (53.4%)
214	<b>BIAŁĘCKI Adam</b>	<b>4867</b>		Open Mężczyzn	99	00:46:28	<b>02:10:31.35</b>	<b>02:10:31.35</b>	+01:00:29 (46.3%)	10:52	5.5 (53.4%)
215	<b>SPADŁO Kamil</b>	<b>4537</b>		Open Masters Mężczyzn	29	00:49:25	<b>02:10:33.20</b>	<b>02:10:33.20</b>	+01:00:31 (46.4%)	10:52	5.5 (53.4%)
216	<b>OJDANA Aleksandra</b>	<b>4994</b>		Open Kobiet	4	00:48:57	<b>02:10:39.65</b>	<b>02:10:39.65</b>	+01:00:38 (46.4%)	10:53	5.5 (53.4%)
217	<b>TURAKIEWICZ Rafał</b>	<b>4083</b>	FITPARK TEAM	Elite Mężczyzn	57	00:51:28	<b>02:10:42.40</b>	<b>02:10:42.40</b>	+01:00:40 (46.4%)	10:53	5.5 (53.4%)
218	<b>GÓRECKI Jacek</b>	<b>4778</b>		Open Masters Mężczyzn	30	00:49:04	<b>02:10:47.60</b>	<b>02:10:47.60</b>	+01:00:46 (46.5%)	10:53	5.5 (53.4%)
219	<b>KAŁUŻA Sebastian</b>	<b>4782</b>		Open Mężczyzn	100	00:52:31	<b>02:10:54.65</b>	<b>02:10:54.65</b>	+01:00:53 (46.5%)	10:54	5.5 (53.4%)
220	<b>PRZĄDKA Kamil</b>	<b>4458</b>		Open Mężczyzn	101	00:52:34	<b>02:10:55.15</b>	<b>02:10:55.15</b>	+01:00:53 (46.5%)	10:54	5.5 (53.4%)
221	<b>DEINEKA Artem</b>	<b>4928</b>		Open Mężczyzn	102	00:49:08	<b>02:10:55.25</b>	<b>02:10:55.25</b>	+01:00:53 (46.5%)	10:54	5.5 (53.4%)
222	<b>GAJOWNIK Przemysław</b>	<b>4208</b>		Open Mężczyzn	103	00:48:02	<b>02:10:57.75</b>	<b>02:10:57.75</b>	+01:00:56 (46.5%)	10:54	5.5 (53.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
223	<b>BARCIKOWSKI Jarosław</b>	<b>4431</b>		Open Masters Mężczyzn	31	00:49:16	<b>02:11:02.90</b>	<b>02:11:02.90</b>	+01:01:01 (46.6%)	10:55	5.5 (53.4%)
224	<b>GWIAZDA Damian</b>	<b>4933</b>		Open Mężczyzn	104	00:47:07	<b>02:11:12.95</b>	<b>02:11:12.95</b>	+01:01:11 (46.6%)	10:56	5.5 (53.4%)
225	<b>GROMOTKA Janusz</b>	<b>4441</b>		Open Masters Mężczyzn	32	00:50:54	<b>02:11:13.65</b>	<b>02:11:13.65</b>	+01:01:12 (46.6%)	10:56	5.5 (53.4%)
226	<b>KAŻYSZKA Patryk</b>	<b>4617</b>	GROW UP	Open Mężczyzn	105	00:50:10	<b>02:11:14.80</b>	<b>02:11:14.80</b>	+01:01:13 (46.6%)	10:56	5.5 (53.4%)
227	<b>SCHARMACH Tomasz</b>	<b>4618</b>	GROW UP	Open Mężczyzn	106	00:50:01	<b>02:11:15.70</b>	<b>02:11:15.70</b>	+01:01:14 (46.7%)	10:56	5.5 (53.4%)
228	<b>RYBUS Piotr</b>	<b>4228</b>		Open Masters Mężczyzn	33	00:51:59	<b>02:11:36.25</b>	<b>02:11:36.25</b>	+01:01:34 (46.8%)	10:58	5.5 (53.4%)
229	<b>GROSZYŃSKI Mateusz</b>	<b>4576</b>		Open Mężczyzn	107	00:48:21	<b>02:11:50.50</b>	<b>02:11:50.50</b>	+01:01:48 (46.9%)	10:59	5.5 (53.4%)
230	<b>KRZYŻANOWSKI Julian</b>	<b>4100</b>	POWER TRAINING	Elite Masters Mężczyzn	19	00:44:02	<b>02:12:17.25</b>	<b>02:12:17.25</b>	+01:02:15 (47.1%)	11:01	5.4 (52.4%)
231	<b>KAMECKI Krystian</b>	<b>4962</b>	ROSSMANN	Open Mężczyzn	108	00:49:26	<b>02:12:21.00</b>	<b>02:12:21.00</b>	+01:02:19 (47.1%)	11:01	5.4 (52.4%)
232	<b>KRYSTAŁOWICZ Adam</b>	<b>4989</b>		Open Masters Mężczyzn	34	00:49:21	<b>02:12:21.20</b>	<b>02:12:21.20</b>	+01:02:19 (47.1%)	11:01	5.4 (52.4%)
233	<b>PIWKO Artur</b>	<b>4813</b>		Open Masters Mężczyzn	35	00:52:34	<b>02:12:25.70</b>	<b>02:12:25.70</b>	+01:02:24 (47.1%)	11:02	5.4 (52.4%)
234	<b>KŁAK Marcin</b>	<b>4501</b>	TRIPPLE MUFFIN	Open Mężczyzn	109	00:51:45	<b>02:12:37.15</b>	<b>02:12:37.15</b>	+01:02:35 (47.2%)	11:03	5.4 (52.4%)
235	<b>ZARZECKI Emanuel</b>	<b>4504</b>	TRIPPLE MUFFIN	Open Mężczyzn	110	00:51:25	<b>02:12:37.20</b>	<b>02:12:37.20</b>	+01:02:35 (47.2%)	11:03	5.4 (52.4%)
236	<b>STĘPIEŃ Janusz</b>	<b>4669</b>		Open Masters Mężczyzn	36	00:55:55	<b>02:12:44.75</b>	<b>02:12:44.75</b>	+01:02:43 (47.2%)	11:03	5.4 (52.4%)
237	<b>LEWANDOWSKI Kamil</b>	<b>4450</b>		Open Mężczyzn	111	00:52:53	<b>02:12:53.35</b>	<b>02:12:53.35</b>	+01:02:51 (47.3%)	11:04	5.4 (52.4%)
238	<b>PIOTROWIAK Rafał</b>	<b>4920</b>	ZWIERZAKI	Open Mężczyzn	112	00:55:53	<b>02:13:02.30</b>	<b>02:13:02.30</b>	+01:03:00 (47.4%)	11:05	5.4 (52.4%)
239	<b>OBUDZIŃSKI Marcin</b>	<b>4093</b>	OCR CROSSFIT CIECHANÓW	Elite Masters Mężczyzn	20	00:52:01	<b>02:13:05.35</b>	<b>02:13:05.35</b>	+01:03:03 (47.4%)	11:05	5.4 (52.4%)
239	<b>IWAŃSKI Mateusz</b>	<b>4210</b>		Open Mężczyzn	113	00:47:38	<b>02:13:05.35</b>	<b>02:13:05.35</b>	+01:03:03 (47.4%)	11:05	5.4 (52.4%)
241	<b>KOWALCZYK Marcin</b>	<b>4076</b>	EY OCR TEAM	Elite Mężczyzn	58	00:49:47	<b>02:13:14.40</b>	<b>02:13:14.40</b>	+01:03:12 (47.4%)	11:06	5.4 (52.4%)
242	<b>IWAŃSKI Jacek</b>	<b>4511</b>		Open Masters Mężczyzn	37	00:54:10	<b>02:13:15.40</b>	<b>02:13:15.40</b>	+01:03:13 (47.5%)	11:06	5.4 (52.4%)
243	<b>LASZCZKOWSKI Tomasz</b>	<b>4348</b>	SMP TEAM	Open Mężczyzn	114	00:46:10	<b>02:13:15.50</b>	<b>02:13:15.50</b>	+01:03:13 (47.5%)	11:06	5.4 (52.4%)
244	<b>JAMIOŁKOWSKI Marcin</b>	<b>4347</b>	SMP TEAM	Open Mężczyzn	115	00:45:37	<b>02:13:15.60</b>	<b>02:13:15.60</b>	+01:03:14 (47.5%)	11:06	5.4 (52.4%)
245	<b>ZAWARTKA Dominik</b>	<b>4015</b>	DIAGNOSTYKA S.A.	Open Masters Mężczyzn	38	00:39:52	<b>02:13:23.40</b>	<b>02:13:23.40</b>	+01:03:21 (47.5%)	11:06	5.4 (52.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
246	<b>CUDNY Marcin</b>	<b>4362</b>		Open Mężczyzn	116	00:47:20	<b>02:13:29.20</b>	<b>02:13:29.20</b>	+01:03:27 (47.5%)	11:07	5.4 (52.4%)
247	<b>NALBORSKI Marcel</b>	<b>4896</b>		Open Mężczyzn	117	00:46:32	<b>02:13:29.45</b>	<b>02:13:29.45</b>	+01:03:27 (47.5%)	11:07	5.4 (52.4%)
248	<b>STAWSKI Lukasz</b>	<b>4904</b>		Open Masters Mężczyzn	39	00:52:15	<b>02:13:33.45</b>	<b>02:13:33.45</b>	+01:03:31 (47.6%)	11:07	5.4 (52.4%)
249	<b>RYBIŃSKI Marcin</b>	<b>4600</b>		Open Mężczyzn	118	00:44:55	<b>02:13:42.15</b>	<b>02:13:42.15</b>	+01:03:40 (47.6%)	11:08	5.4 (52.4%)
250	<b>BIEŃ Jan</b>	<b>4186</b>	ORZEŁ 1	Open Mężczyzn	119	00:53:08	<b>02:13:55.40</b>	<b>02:13:55.40</b>	+01:03:53 (47.7%)	11:09	5.4 (52.4%)
251	<b>GRUDZIŃSKI Sebastian</b>	<b>4187</b>	ORZEŁ 1	Open Mężczyzn	120	00:53:19	<b>02:13:55.45</b>	<b>02:13:55.45</b>	+01:03:53 (47.7%)	11:09	5.4 (52.4%)
252	<b>SZYMCZYK Adam</b>	<b>4907</b>		Open Mężczyzn	121	00:49:58	<b>02:13:56.75</b>	<b>02:13:56.75</b>	+01:03:55 (47.7%)	11:09	5.4 (52.4%)
253	<b>SZELAG Sebastian</b>	<b>4906</b>		Open Mężczyzn	122	00:49:53	<b>02:13:56.85</b>	<b>02:13:56.85</b>	+01:03:55 (47.7%)	11:09	5.4 (52.4%)
254	<b>MĄDRY Jan</b>	<b>5045</b>	DAMYRAD3	Open Mężczyzn	123	00:50:13	<b>02:02:58.50</b>	<b>02:13:58.50</b>	+01:03:56 (47.7%)	10:14	5.9 (57.3%)
255	<b>KOBYLIANSKYI Valentyn</b>	<b>5033</b>		Open Mężczyzn	124	00:48:13	<b>02:02:03.30</b>	<b>02:13:59.30</b>	+01:03:57 (47.7%)	10:10	5.9 (57.3%)
256	<b>CZOPOR Artur</b>	<b>4926</b>		Open Mężczyzn	125	00:47:40	<b>02:14:03.15</b>	<b>02:14:03.15</b>	+01:04:01 (47.8%)	11:10	5.4 (52.4%)
257	<b>CZOPOR Przemysław</b>	<b>4927</b>		Open Mężczyzn	126	00:47:41	<b>02:14:03.40</b>	<b>02:14:03.40</b>	+01:04:01 (47.8%)	11:10	5.4 (52.4%)
258	<b>PIERŚCIŃSKI Maksymilian</b>	<b>4592</b>		Open Mężczyzn	127	00:46:47	<b>02:14:15.10</b>	<b>02:14:15.10</b>	+01:04:13 (47.8%)	11:11	5.4 (52.4%)
259	<b>SAŁEK Piotr</b>	<b>4129</b>		Elite Mężczyzn	59	00:54:02	<b>02:14:16.65</b>	<b>02:14:16.65</b>	+01:04:15 (47.8%)	11:11	5.4 (52.4%)
260	<b>RZĄP Sylwia</b>	<b>4901</b>		Open Kobiet	5	00:56:06	<b>02:14:19.00</b>	<b>02:14:19.00</b>	+01:04:17 (47.9%)	11:11	5.4 (52.4%)
261	<b>MACIEJEWSKI Wojciech</b>	<b>4889</b>		Open Mężczyzn	128	00:56:10	<b>02:14:19.25</b>	<b>02:14:19.25</b>	+01:04:17 (47.9%)	11:11	5.4 (52.4%)
262	<b>JARMOC Kamil</b>	<b>4061</b>		Elite Mężczyzn	60	00:43:20	<b>02:14:16.10</b>	<b>02:14:25.30</b>	+01:04:23 (47.9%)	11:11	5.4 (52.4%)
263	<b>OKOŃ Patryk</b>	<b>4098</b>	OSPRO OCR	Elite Mężczyzn	61	00:49:14	<b>02:14:33.55</b>	<b>02:14:33.55</b>	+01:04:32 (48.0%)	11:12	5.4 (52.4%)
264	<b>STĘCHŁY Wojciech</b>	<b>4831</b>	KSIĘŻYCOWE ŚWIRY	Open Mężczyzn	129	00:51:58	<b>02:14:51.00</b>	<b>02:14:51.00</b>	+01:04:49 (48.1%)	11:14	5.3 (51.5%)
265	<b>ZAREMBA Marcin</b>	<b>5016</b>	KSIĘŻYCOWE ŚWIRY	Open Mężczyzn	130	00:51:42	<b>02:14:51.10</b>	<b>02:14:51.10</b>	+01:04:49 (48.1%)	11:14	5.3 (51.5%)
266	<b>ZAREMBA Mateusz</b>	<b>4832</b>	KSIĘŻYCOWE ŚWIRY	Open Mężczyzn	131	00:51:11	<b>02:14:51.40</b>	<b>02:14:51.40</b>	+01:04:49 (48.1%)	11:14	5.3 (51.5%)
267	<b>GAŃKO Mateusz</b>	<b>4416</b>	OPTIMA EXTREME TEAM	Open Mężczyzn	132	00:54:09	<b>02:14:52.40</b>	<b>02:14:52.40</b>	+01:04:50 (48.1%)	11:14	5.3 (51.5%)
268	<b>SZOLKA Iwo</b>	<b>4834</b>	MINI	Open Mężczyzn	133	00:45:00	<b>02:14:54.30</b>	<b>02:14:54.30</b>	+01:04:52 (48.1%)	11:14	5.3 (51.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
269	<b>PRASEK Grzegorz</b>	<b>4833</b>	MINI	Open Mężczyzn	134	00:45:09	<b>02:14:56.15</b>	<b>02:14:56.15</b>	+01:04:54 (48.1%)	11:14	5.3 (51.5%)
270	<b>SOBUSIAK Iwo</b>	<b>4028</b>	NINJA ELEMENTS	Open Mężczyzn	135	00:46:37	<b>02:14:56.25</b>	<b>02:14:56.25</b>	+01:04:54 (48.1%)	11:14	5.3 (51.5%)
271	<b>JAMROŻY Adam</b>	<b>4919</b>	ZWIERZAKI	Open Mężczyzn	136	00:55:44	<b>02:15:01.40</b>	<b>02:15:01.40</b>	+01:04:59 (48.1%)	11:15	5.3 (51.5%)
272	<b>PACEK Wojciech</b>	<b>4223</b>		Open Mężczyzn	137	00:46:07	<b>02:15:04.95</b>	<b>02:15:04.95</b>	+01:05:03 (48.2%)	11:15	5.3 (51.5%)
273	<b>KONERA Maciej</b>	<b>4789</b>		Open Mężczyzn	138	00:52:46	<b>02:15:31.05</b>	<b>02:15:31.05</b>	+01:05:29 (48.3%)	11:17	5.3 (51.5%)
274	<b>LEP Marek</b>	<b>4064</b>		Elite Mężczyzn	62	00:40:04	<b>02:15:31.85</b>	<b>02:15:31.85</b>	+01:05:30 (48.3%)	11:17	5.3 (51.5%)
275	<b>GAŃKO Karolina</b>	<b>4140</b>	OBSTACLE CENTER TEAM	Elite Kobiet	9	00:47:54	<b>02:15:32.45</b>	<b>02:15:32.45</b>	+01:05:30 (48.3%)	11:17	5.3 (51.5%)
276	<b>PRONIEWICZ Marcin</b>	<b>5041</b>		Open Mężczyzn	139	00:47:57	<b>02:15:35.25</b>	<b>02:15:35.25</b>	+01:05:33 (48.4%)	11:17	5.3 (51.5%)
277	<b>KRAWCZYK Miłosz</b>	<b>4792</b>		Open Mężczyzn	140	00:52:28	<b>02:15:43.15</b>	<b>02:15:43.15</b>	+01:05:41 (48.4%)	11:18	5.3 (51.5%)
278	<b>RUCKI Bartosz</b>	<b>4068</b>		Elite Mężczyzn	63	00:49:36	<b>02:15:46.20</b>	<b>02:15:46.20</b>	+01:05:44 (48.4%)	11:18	5.3 (51.5%)
279	<b>BORAŃSKI Michał</b>	<b>5019</b>		Open Mężczyzn	141	00:51:09	<b>02:15:52.55</b>	<b>02:15:52.55</b>	+01:05:51 (48.5%)	11:19	5.3 (51.5%)
280	<b>BORAŃSKI Kamil</b>	<b>4344</b>	PRACOWNIA FORMY	Open Mężczyzn	142	00:51:15	<b>02:15:53.20</b>	<b>02:15:53.20</b>	+01:05:51 (48.5%)	11:19	5.3 (51.5%)
281	<b>WALCZAK Jacek</b>	<b>4412</b>	INSTYTUT LOTNICTWA	Open Masters Mężczyzn	40	00:50:45	<b>02:15:54.30</b>	<b>02:15:54.30</b>	+01:05:52 (48.5%)	11:19	5.3 (51.5%)
282	<b>BEDNARZAK Tomek</b>	<b>4415</b>	OPTIMA EXTREME TEAM	Open Mężczyzn	143	00:54:35	<b>02:16:05.00</b>	<b>02:16:05.00</b>	+01:06:03 (48.5%)	11:20	5.3 (51.5%)
283	<b>STRZEŻEK Mateusz</b>	<b>5009</b>		Open Mężczyzn	144	00:49:32	<b>02:16:14.30</b>	<b>02:16:14.30</b>	+01:06:12 (48.6%)	11:21	5.3 (51.5%)
284	<b>JAKUBIAK Michał</b>	<b>4981</b>		Open Mężczyzn	145	00:49:38	<b>02:16:15.45</b>	<b>02:16:15.45</b>	+01:06:13 (48.6%)	11:21	5.3 (51.5%)
285	<b>PIASECKI Krzysztof</b>	<b>4627</b>	SKN BESTIALSTWA	Open Mężczyzn	146	01:04:31	<b>02:16:30.25</b>	<b>02:16:30.25</b>	+01:06:28 (48.7%)	11:22	5.3 (51.5%)
286	<b>ŻAROWSKI Adam</b>	<b>4615</b>		Open Mężczyzn	147	00:48:46	<b>02:16:35.20</b>	<b>02:16:35.20</b>	+01:06:33 (48.7%)	11:22	5.3 (51.5%)
287	<b>GACH Michał</b>	<b>4929</b>		Open Mężczyzn	148	00:51:36	<b>02:16:37.80</b>	<b>02:16:37.80</b>	+01:06:36 (48.7%)	11:23	5.3 (51.5%)
288	<b>KWIATKOWSKI Bartosz</b>	<b>4377</b>		Open Mężczyzn	149	00:48:19	<b>02:16:39.50</b>	<b>02:16:39.50</b>	+01:06:37 (48.8%)	11:23	5.3 (51.5%)
289	<b>DĘBSKI Robert</b>	<b>4363</b>		Open Mężczyzn	150	00:42:43	<b>02:16:54.00</b>	<b>02:16:54.00</b>	+01:06:52 (48.8%)	11:24	5.3 (51.5%)
290	<b>SARBINOWSKI Paweł</b>	<b>4921</b>	ZWIERZAKI	Open Mężczyzn	151	00:55:49	<b>02:16:55.90</b>	<b>02:16:55.90</b>	+01:06:54 (48.9%)	11:24	5.3 (51.5%)
291	<b>ŻUKOWSKI Artur</b>	<b>4951</b>	BRAVEHEARTS LEGIONOWO	Open Masters Mężczyzn	41	00:55:17	<b>02:17:23.80</b>	<b>02:17:23.80</b>	+01:07:22 (49.0%)	11:26	5.2 (50.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
292	<b>HULBÓJ Kamil</b>	<b>4578</b>		Open Mężczyzn	152	00:47:51	<b>02:17:39.75</b>	<b>02:17:39.75</b>	+01:07:38 (49.1%)	11:28	5.2 (50.5%)
293	<b>HUDASZEK Przemysław</b>	<b>4443</b>		Open Mężczyzn	153	00:54:50	<b>02:17:41.25</b>	<b>02:17:41.25</b>	+01:07:39 (49.1%)	11:28	5.2 (50.5%)
294	<b>GIRTLER Kacper</b>	<b>4573</b>		Open Mężczyzn	154	00:48:09	<b>02:17:45.85</b>	<b>02:17:45.85</b>	+01:07:44 (49.2%)	11:28	5.2 (50.5%)
295	<b>KOZIŃSKI Eugeniusz</b>	<b>4645</b>		Open Masters Mężczyzn	42	00:45:08	<b>02:17:51.60</b>	<b>02:17:51.60</b>	+01:07:50 (49.2%)	11:29	5.2 (50.5%)
296	<b>BROŻEK Michał</b>	<b>4411</b>	DIAGNOSTYKA S.A.	Open Masters Mężczyzn	43	00:53:18	<b>02:18:02.25</b>	<b>02:18:02.25</b>	+01:08:00 (49.3%)	11:30	5.2 (50.5%)
297	<b>FERENS Dominik</b>	<b>4247</b>	OCR TROPEM WILKA	Open Mężczyzn	155	00:55:04	<b>02:18:10.00</b>	<b>02:18:10.00</b>	+01:08:08 (49.3%)	11:30	5.2 (50.5%)
298	<b>M Jakub</b>	<b>4652</b>		Open Mężczyzn	156	00:52:36	<b>02:18:16.05</b>	<b>02:18:16.05</b>	+01:08:14 (49.4%)	11:31	5.2 (50.5%)
299	<b>BORDZOŁ Izabela</b>	<b>4244</b>	HEALTHAHEAD WARSAW	Open Kobiet	6	00:57:36	<b>02:18:23.20</b>	<b>02:18:23.20</b>	+01:08:21 (49.4%)	11:31	5.2 (50.5%)
300	<b>DULKO Dominik</b>	<b>4342</b>	POGOTOWIE MEDICOVER	Open Mężczyzn	157	00:56:11	<b>02:18:33.90</b>	<b>02:18:33.90</b>	+01:08:32 (49.5%)	11:32	5.2 (50.5%)
301	<b>NESTOROWICZ Adam</b>	<b>4051</b>	SPD ALARM	Elite Mężczyzn	64	00:40:24	<b>02:18:40.50</b>	<b>02:18:40.50</b>	+01:08:38 (49.5%)	11:33	5.2 (50.5%)
302	<b>PAWLUCZUK Szymon</b>	<b>4296</b>		Open Mężczyzn	158	00:54:10	<b>02:18:43.20</b>	<b>02:18:43.20</b>	+01:08:41 (49.5%)	11:33	5.2 (50.5%)
303	<b>MIRKA Adrian</b>	<b>4292</b>		Open Mężczyzn	159	00:54:12	<b>02:18:44.40</b>	<b>02:18:44.40</b>	+01:08:42 (49.5%)	11:33	5.2 (50.5%)
304	<b>KSIĘŻAK Ewelina</b>	<b>4217</b>		Open Kobiet	7	00:53:25	<b>02:19:05.20</b>	<b>02:19:05.20</b>	+01:09:03 (49.7%)	11:35	5.2 (50.5%)
305	<b>KASPEREK Bartek</b>	<b>4985</b>		Open Mężczyzn	160	00:57:53	<b>02:19:28.70</b>	<b>02:19:28.70</b>	+01:09:27 (49.8%)	11:37	5.2 (50.5%)
306	<b>KAPISZ Michał</b>	<b>4245</b>	KNIGHTS OF NIGHTSKATING WARSZAWA	Open Mężczyzn	161	00:49:04	<b>02:20:02.25</b>	<b>02:20:02.25</b>	+01:10:00 (50.0%)	11:40	5.1 (49.5%)
307	<b>ZAWISTOWSKI Konrad</b>	<b>4957</b>	IKONKA	Open Masters Mężczyzn	44	00:52:59	<b>02:20:06.20</b>	<b>02:20:06.20</b>	+01:10:04 (50.0%)	11:40	5.1 (49.5%)
308	<b>WNUK Tymoteusz</b>	<b>4619</b>	GULERMAK	Open Mężczyzn	162	01:03:15	<b>02:20:08.70</b>	<b>02:20:08.70</b>	+01:10:07 (50.0%)	11:40	5.1 (49.5%)
309	<b>KULMINSKI Rafał</b>	<b>4691</b>	POWER TRAINING	Open Mężczyzn	163	00:57:41	<b>02:20:19.55</b>	<b>02:20:19.55</b>	+01:10:18 (50.1%)	11:41	5.1 (49.5%)
310	<b>JAWORSKI Sebastian</b>	<b>4102</b>	R.AMBO DRUGA CREW	Elite Mężczyzn	65	00:50:37	<b>02:20:23.20</b>	<b>02:20:23.20</b>	+01:10:21 (50.1%)	11:41	5.1 (49.5%)
311	<b>TUCHOWSKI Jan</b>	<b>4238</b>		Open Mężczyzn	164	00:53:40	<b>02:20:37.20</b>	<b>02:20:37.20</b>	+01:10:35 (50.2%)	11:43	5.1 (49.5%)
312	<b>WYSOCKI Paweł</b>	<b>4242</b>		Open Mężczyzn	165	00:53:31	<b>02:20:38.25</b>	<b>02:20:38.25</b>	+01:10:36 (50.2%)	11:43	5.1 (49.5%)
313	<b>OŁDAKOWSKI Hubert</b>	<b>4094</b>	OCR CROSSFIT CIECHANÓW	Elite Mężczyzn	66	00:53:28	<b>02:21:00.35</b>	<b>02:21:00.35</b>	+01:10:58 (50.3%)	11:45	5.1 (49.5%)
314	<b>DĄBROWSKI Jarosław</b>	<b>4329</b>	GE HEALTHAHEAD	Open Masters Mężczyzn	45	00:57:48	<b>02:21:10.90</b>	<b>02:21:10.90</b>	+01:11:09 (50.4%)	11:45	5.1 (49.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
314	<b>SENCZENKO Waldemar</b>	<b>4331</b>	HEALTHAHEAD WARSAW	Open Masters Mężczyzn	45	00:57:59	<b>02:21:10.90</b>	<b>02:21:10.90</b>	+01:11:09 (50.4%)	11:45	5.1 (49.5%)
316	<b>BOROWIEC Krzysztof</b>	<b>4330</b>	HEALTHAHEAD WARSAW	Open Masters Mężczyzn	47	00:57:42	<b>02:21:11.55</b>	<b>02:21:11.55</b>	+01:11:10 (50.4%)	11:45	5.1 (49.5%)
317	<b>KOCOŃ Michał</b>	<b>4326</b>	FENIX SPEDYCJA	Open Mężczyzn	166	00:52:44	<b>02:21:11.90</b>	<b>02:21:11.90</b>	+01:11:10 (50.4%)	11:45	5.1 (49.5%)
318	<b>PODKOWIŃSKI Kamil</b>	<b>4327</b>	FENIX SPEDYCJA	Open Mężczyzn	167	00:52:58	<b>02:21:12.70</b>	<b>02:21:12.70</b>	+01:11:11 (50.4%)	11:46	5.1 (49.5%)
319	<b>PORAZIŃSKI Dawid</b>	<b>4328</b>	FENIX SPEDYCJA	Open Mężczyzn	168	00:53:04	<b>02:21:13.40</b>	<b>02:21:13.40</b>	+01:11:11 (50.4%)	11:46	5.1 (49.5%)
320	<b>BRODZIAK Andrzej</b>	<b>4772</b>		Open Masters Mężczyzn	48	00:56:16	<b>02:21:15.70</b>	<b>02:21:15.70</b>	+01:11:14 (50.4%)	11:46	5.1 (49.5%)
321	<b>ADENUGA Femi</b>	<b>4325</b>	FENIX SPEDYCJA	Open Mężczyzn	169	00:53:10	<b>02:21:16.05</b>	<b>02:21:16.05</b>	+01:11:14 (50.4%)	11:46	5.1 (49.5%)
322	<b>ROGAŁA Michał</b>	<b>4530</b>		Open Mężczyzn	170	00:57:21	<b>02:21:24.60</b>	<b>02:21:24.60</b>	+01:11:23 (50.5%)	11:47	5.1 (49.5%)
323	<b>CICHECKI Łukasz</b>	<b>4433</b>		Open Masters Mężczyzn	49	00:50:27	<b>02:22:02.85</b>	<b>02:22:02.85</b>	+01:12:01 (50.7%)	11:50	5.1 (49.5%)
324	<b>CICHECKI Dominik</b>	<b>4432</b>		Open Mężczyzn	171	00:50:32	<b>02:22:03.75</b>	<b>02:22:03.75</b>	+01:12:02 (50.7%)	11:50	5.1 (49.5%)
325	<b>JAKUBIAK Dominik</b>	<b>4444</b>		Open Mężczyzn	172	00:52:53	<b>02:22:08.10</b>	<b>02:22:08.10</b>	+01:12:06 (50.7%)	11:50	5.1 (49.5%)
326	<b>WIECZOREK Łukasz</b>	<b>4462</b>		Open Masters Mężczyzn	50	00:53:36	<b>02:22:08.20</b>	<b>02:22:08.20</b>	+01:12:06 (50.7%)	11:50	5.1 (49.5%)
327	<b>WILBIK Norbert</b>	<b>4399</b>		Open Masters Mężczyzn	51	00:54:58	<b>02:22:09.15</b>	<b>02:22:09.15</b>	+01:12:07 (50.7%)	11:50	5.1 (49.5%)
328	<b>RĘKAWEK Mariusz</b>	<b>4388</b>		Open Mężczyzn	173	00:54:48	<b>02:22:09.50</b>	<b>02:22:09.50</b>	+01:12:07 (50.7%)	11:50	5.1 (49.5%)
329	<b>SAWIAK Janusz</b>	<b>4392</b>		Open Mężczyzn	174	00:56:46	<b>02:22:11.40</b>	<b>02:22:11.40</b>	+01:12:09 (50.8%)	11:50	5.1 (49.5%)
330	<b>ŁAWNICZAK Justyna</b>	<b>4139</b>	KRAJNA OCR&NINJA TRENING	Open Masters Kobiet	2	00:44:16	<b>02:22:20.30</b>	<b>02:22:20.30</b>	+01:12:18 (50.8%)	11:51	5.1 (49.5%)
331	<b>JANISZEWSKI Rafał</b>	<b>4982</b>		Open Mężczyzn	175	00:56:21	<b>02:22:29.25</b>	<b>02:22:29.25</b>	+01:12:27 (50.9%)	11:52	5.1 (49.5%)
332	<b>GAŁKOWSKI Eryk</b>	<b>4703</b>	ZADYMIARZE	Open Mężczyzn	176	00:48:08	<b>02:22:31.60</b>	<b>02:22:31.60</b>	+01:12:30 (50.9%)	11:52	5.1 (49.5%)
333	<b>SŁODKOWSKI Marek</b>	<b>4087</b>	HARDCORY	Elite Mężczyzn	67	00:56:12	<b>02:22:33.95</b>	<b>02:22:33.95</b>	+01:12:32 (50.9%)	11:52	5.1 (49.5%)
334	<b>PIROS Ilona</b>	<b>4734</b>		Open Kobiet	8	00:55:54	<b>02:22:37.50</b>	<b>02:22:37.50</b>	+01:12:35 (50.9%)	11:53	5 (48.5%)
335	<b>JEZIORSKI Marcin</b>	<b>4121</b>		Elite Masters Mężczyzn	21	00:44:54	<b>02:22:40.80</b>	<b>02:22:40.80</b>	+01:12:39 (50.9%)	11:53	5 (48.5%)
336	<b>KORDYŚ Piotr</b>	<b>4584</b>		Open Mężczyzn	177	00:53:15	<b>02:22:54.35</b>	<b>02:22:54.35</b>	+01:12:52 (51.0%)	11:54	5 (48.5%)
337	<b>KRASA Marcin</b>	<b>4123</b>		Elite Mężczyzn	68	00:55:30	<b>02:22:56.10</b>	<b>02:22:56.10</b>	+01:12:54 (51.0%)	11:54	5 (48.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
338	<b>SZEWczyk Marta</b>	<b>4314</b>		Open Kobiet	9	00:52:36	<b>02:23:00.60</b>	<b>02:23:00.60</b>	+01:12:59 (51.0%)	11:55	5 (48.5%)
339	<b>SZEWczyk Tomasz</b>	<b>4315</b>		Open Mężczyzn	178	00:53:13	<b>02:23:00.95</b>	<b>02:23:00.95</b>	+01:12:59 (51.0%)	11:55	5 (48.5%)
340	<b>PALAO Nacho</b>	<b>4357</b>	THE PACHANGAS	Open Mężczyzn	179	00:45:27	<b>02:23:01.40</b>	<b>02:23:01.40</b>	+01:12:59 (51.0%)	11:55	5 (48.5%)
341	<b>SCHOENEICH Grzegorz</b>	<b>4968</b>	ZDROFIT HQ	Open Masters Mężczyzn	52	00:50:25	<b>02:23:15.30</b>	<b>02:23:15.30</b>	+01:13:13 (51.1%)	11:56	5 (48.5%)
342	<b>NIEŚŁUCHOWSKI Łukasz</b>	<b>4380</b>		Open Mężczyzn	180	00:55:17	<b>02:23:22.80</b>	<b>02:23:22.80</b>	+01:13:21 (51.2%)	11:56	5 (48.5%)
343	<b>JACKOWSKI Piotr</b>	<b>4345</b>	ROCKFIN	Open Mężczyzn	181	00:53:21	<b>02:23:31.20</b>	<b>02:23:31.20</b>	+01:13:29 (51.2%)	11:57	5 (48.5%)
344	<b>PUNIEWSKI Dominik</b>	<b>4459</b>		Open Mężczyzn	182	00:56:39	<b>02:23:33.05</b>	<b>02:23:33.05</b>	+01:13:31 (51.2%)	11:57	5 (48.5%)
345	<b>KLUGE Jan</b>	<b>4346</b>	ROCKFIN	Open Mężczyzn	183	00:53:07	<b>02:23:40.25</b>	<b>02:23:40.25</b>	+01:13:38 (51.3%)	11:58	5 (48.5%)
346	<b>KULAWIK Łukasz</b>	<b>4405</b>	ADHD TEAM!	Open Mężczyzn	184	00:55:41	<b>02:23:53.10</b>	<b>02:23:53.10</b>	+01:13:51 (51.3%)	11:59	5 (48.5%)
347	<b>BURZAWA Karol</b>	<b>4404</b>	ADHD TEAM!	Open Mężczyzn	185	00:55:32	<b>02:23:53.20</b>	<b>02:23:53.20</b>	+01:13:51 (51.3%)	11:59	5 (48.5%)
347	<b>KUDELA Miłosz</b>	<b>4448</b>		Open Mężczyzn	185	00:55:37	<b>02:23:53.20</b>	<b>02:23:53.20</b>	+01:13:51 (51.3%)	11:59	5 (48.5%)
349	<b>PARADECKI Konrad</b>	<b>4528</b>		Open Mężczyzn	187	00:49:14	<b>02:24:17.50</b>	<b>02:24:17.50</b>	+01:14:15 (51.5%)	12:01	5 (48.5%)
350	<b>KOŻUSZEK Norbert</b>	<b>4147</b>		Elite Mężczyzn	69	00:51:57	<b>02:24:23.05</b>	<b>02:24:23.05</b>	+01:14:21 (51.5%)	12:01	5 (48.5%)
351	<b>MOSTOWSKI Radosław</b>	<b>4108</b>	WARRIORS ŁÓDŹ	Elite Masters Mężczyzn	22	00:58:48	<b>02:24:24.75</b>	<b>02:24:24.75</b>	+01:14:23 (51.5%)	12:02	5 (48.5%)
352	<b>WIŚNIEWSKI Arkadiusz</b>	<b>4109</b>	WARRIORS ŁÓDŹ	Elite Mężczyzn	70	00:59:00	<b>02:24:24.80</b>	<b>02:24:24.80</b>	+01:14:23 (51.5%)	12:02	5 (48.5%)
353	<b>UMIASTOWSKI Sławek</b>	<b>4239</b>		Open Mężczyzn	188	00:53:03	<b>02:24:28.70</b>	<b>02:24:28.70</b>	+01:14:27 (51.5%)	12:02	5 (48.5%)
354	<b>WRZOS Sebastian</b>	<b>4611</b>		Open Mężczyzn	189	00:52:44	<b>02:24:32.25</b>	<b>02:24:32.25</b>	+01:14:30 (51.6%)	12:02	5 (48.5%)
355	<b>CZARNECKI Przemysław</b>	<b>4434</b>		Open Mężczyzn	190	00:43:10	<b>02:24:34.50</b>	<b>02:24:34.50</b>	+01:14:32 (51.6%)	12:02	5 (48.5%)
356	<b>SZELAGOWSKI Wojtek</b>	<b>4427</b>	SZTABUCHY	Open Mężczyzn	191	00:52:52	<b>02:24:35.25</b>	<b>02:24:35.25</b>	+01:14:33 (51.6%)	12:02	5 (48.5%)
357	<b>1234 Karlik</b>	<b>1699</b>	DAMYRAD3	Open Mężczyzn	192	01:14:56	<b>02:24:35.35</b>	<b>02:24:35.35</b>	+01:14:33 (51.6%)	12:02	5 (48.5%)
358	<b>ZIELIŃSKI Łukasz</b>	<b>4071</b>	ACTIVE FLOW	Elite Mężczyzn	71	00:59:02	<b>02:24:42.75</b>	<b>02:24:42.75</b>	+01:14:41 (51.6%)	12:03	5 (48.5%)
359	<b>KANOWNIK Kuba</b>	<b>4716</b>		Open Mężczyzn	193	00:42:33	<b>02:24:46.30</b>	<b>02:24:46.30</b>	+01:14:44 (51.6%)	12:03	5 (48.5%)
360	<b>Kano0X</b>	<b>4707</b>		Open Mężczyzn	194	00:42:27	<b>02:24:46.50</b>	<b>02:24:46.50</b>	+01:14:44 (51.6%)	12:03	5 (48.5%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
361	KRASZEWSKI Adam	4646		Open Masters Mężczyzn	53	00:56:09	02:24:53.50	02:24:53.50	+01:14:51 (51.7%)	12:04	5 (48.5%)
362	OSZCZEPALSKI Krzysztof	4126		Open Mężczyzn	195	00:47:17	02:24:56.80	02:24:56.80	+01:14:55 (51.7%)	12:04	5 (48.5%)
363	GALBARCZYK Bartosz	4438		Open Mężczyzn	196	00:57:16	02:25:02.30	02:25:02.30	+01:15:00 (51.7%)	12:05	5 (48.5%)
364	CZERNIKOWSKI Daniel	4761	RUNMAGEDDONOWE ŚWIRY	Open Masters Mężczyzn	54	00:59:19	02:25:05.45	02:25:05.45	+01:15:03 (51.7%)	12:05	5 (48.5%)
365	ZARAŚ Adrian	4746		Open Mężczyzn	197	00:56:13	02:25:26.50	02:25:26.50	+01:15:24 (51.9%)	12:07	5 (48.5%)
366	POLAK Bartłomiej	4225		Open Mężczyzn	198	00:52:21	02:25:40.95	02:25:40.95	+01:15:39 (51.9%)	12:08	4.9 (47.6%)
367	WYSKIEL Sławomir	4956	DZOSZUA	Open Mężczyzn	199	00:55:14	02:25:50.25	02:25:50.25	+01:15:48 (52.0%)	12:09	4.9 (47.6%)
368	DRELICH Sebastian	4955	DZOSZUA	Open Mężczyzn	200	00:55:26	02:25:50.60	02:25:50.60	+01:15:49 (52.0%)	12:09	4.9 (47.6%)
369	BECKHAUS Krzysztof	4770		Open Mężczyzn	201	00:58:25	02:26:17.15	02:26:17.15	+01:16:15 (52.1%)	12:11	4.9 (47.6%)
370	SYPIEWSKI Kamil`	4195	SAINT-GOBAIN SQUAD	Open Masters Mężczyzn	55	00:57:50	02:26:23.65	02:26:23.65	+01:16:22 (52.2%)	12:11	4.9 (47.6%)
371	ROZBICKI Kamil	4337	KAMIL TEAM XD	Open Mężczyzn	202	00:57:19	02:26:25.65	02:26:25.65	+01:16:24 (52.2%)	12:12	4.9 (47.6%)
372	MOŻEJKO Michał	4453		Open Masters Mężczyzn	56	00:56:24	02:26:27.10	02:26:27.10	+01:16:25 (52.2%)	12:12	4.9 (47.6%)
373	GRUSZNIŚ Paweł	4442		Open Mężczyzn	203	00:56:33	02:26:28.55	02:26:28.55	+01:16:27 (52.2%)	12:12	4.9 (47.6%)
374	Dudziu	4414	OPTIMA EXTREME TEAM	Open Mężczyzn	204	00:54:05	02:26:35.45	02:26:35.45	+01:16:33 (52.2%)	12:12	4.9 (47.6%)
375	OLIJNYK Jarosław	4419	OPTIMA EXTREME TEAM	Open Mężczyzn	205	00:54:37	02:26:36.25	02:26:36.25	+01:16:34 (52.2%)	12:13	4.9 (47.6%)
376	REMBELSKI Marcin	4227		Open Mężczyzn	206	00:51:09	02:26:54.60	02:26:54.60	+01:16:53 (52.3%)	12:14	4.9 (47.6%)
377	HAWRYLUK Marcin	4713		Open Masters Mężczyzn	57	00:58:20	02:26:59.85	02:26:59.85	+01:16:58 (52.4%)	12:14	4.9 (47.6%)
378	LATOSI Adrian	4651		Open Masters Mężczyzn	58	00:54:52	02:27:09.10	02:27:09.10	+01:17:07 (52.4%)	12:15	4.9 (47.6%)
379	STAWSKI Piotr	4312		Open Mężczyzn	207	00:54:17	02:27:09.15	02:27:09.15	+01:17:07 (52.4%)	12:15	4.9 (47.6%)
380	DUDEK Kacper	4275		Open Mężczyzn	208	00:54:32	02:27:09.20	02:27:09.20	+01:17:07 (52.4%)	12:15	4.9 (47.6%)
381	SZCZUREK Piotr	4313		Open Mężczyzn	209	00:54:21	02:27:09.25	02:27:09.25	+01:17:07 (52.4%)	12:15	4.9 (47.6%)
382	NOWAK Krzysztof	4455		Open Mężczyzn	210	00:54:47	02:27:11.95	02:27:11.95	+01:17:10 (52.4%)	12:15	4.9 (47.6%)
383	SIEKIERA Adam	4310		Open Mężczyzn	211	00:54:27	02:27:12.30	02:27:12.30	+01:17:10 (52.4%)	12:16	4.9 (47.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
384	JAROSINSKI Piotr	4500	TRIPPLE MUFFIN	Open Mężczyzn	212	00:53:26	02:27:12.60	02:27:12.60	+01:17:11 (52.4%)	12:16	4.9 (47.6%)
385	WOJEWODA Michał	4503	TRIPPLE MUFFIN	Open Mężczyzn	213	00:53:34	02:27:12.75	02:27:12.75	+01:17:11 (52.4%)	12:16	4.9 (47.6%)
386	TUCHOWSKI Łukasz	4317		Open Mężczyzn	214	00:53:58	02:27:13.00	02:27:13.00	+01:17:11 (52.4%)	12:16	4.9 (47.6%)
387	FABISIAK Wojciech	4163	ABSTRAKCJA	Open Mężczyzn	215	00:50:37	02:27:13.30	02:27:13.30	+01:17:11 (52.4%)	12:16	4.9 (47.6%)
388	LEBIDA Krzysiek	4502	TRIPPLE MUFFIN	Open Mężczyzn	216	00:51:30	02:27:14.45	02:27:14.45	+01:17:12 (52.4%)	12:16	4.9 (47.6%)
389	KUCHARZ Robert	4963	ROSSMANN	Open Mężczyzn	217	00:56:01	02:27:31.85	02:27:31.85	+01:17:30 (52.5%)	12:17	4.9 (47.6%)
390	IWAŃSKI Mariusz	4370		Open Mężczyzn	218	00:56:58	02:27:40.50	02:27:40.50	+01:17:38 (52.6%)	12:18	4.9 (47.6%)
391	RĘKAS Bartosz	4737		Open Mężczyzn	219	00:52:26	02:27:41.90	02:27:41.90	+01:17:40 (52.6%)	12:18	4.9 (47.6%)
392	RĘKAS Michał	4738		Open Masters Mężczyzn	59	00:52:23	02:27:42.20	02:27:42.20	+01:17:40 (52.6%)	12:18	4.9 (47.6%)
393	ZAWADZKI Robert	4626	ROSSMANN	Open Mężczyzn	220	00:56:57	02:27:45.15	02:27:45.15	+01:17:43 (52.6%)	12:18	4.9 (47.6%)
394	WALICHNOWSKI Konrad	4745		Open Mężczyzn	221	00:53:50	02:27:46.40	02:27:46.40	+01:17:44 (52.6%)	12:18	4.9 (47.6%)
395	PURWIN Tomasz	4736		Open Mężczyzn	222	00:58:19	02:27:49.55	02:27:49.55	+01:17:48 (52.6%)	12:19	4.9 (47.6%)
396	KOSIŃSKI Tomasz	4180	EXTREME WAYS	Open Mężczyzn	223	00:52:34	02:27:50.25	02:27:50.25	+01:17:48 (52.6%)	12:19	4.9 (47.6%)
396	SZPAKOWSKI Jacek	4235		Open Masters Mężczyzn	60	00:52:32	02:27:50.25	02:27:50.25	+01:17:48 (52.6%)	12:19	4.9 (47.6%)
398	KRAWCZAK Emil	4216		Open Mężczyzn	224	00:52:27	02:27:50.40	02:27:50.40	+01:17:48 (52.6%)	12:19	4.9 (47.6%)
399	TYMIŃSKI Dariusz	4743		Open Masters Mężczyzn	61	00:50:23	02:27:57.90	02:27:57.90	+01:17:56 (52.7%)	12:19	4.9 (47.6%)
400	KAMIŃSKA Karolina	1627	FIT STACJA IŁAWA	Open Kobiet	10	00:57:43	02:28:04.45	02:28:04.45	+01:18:02 (52.7%)	12:20	4.9 (47.6%)
401	WIŚNIEWSKI Włodzimierz	4828		Open Masters Mężczyzn	62	01:00:13	02:28:15.60	02:28:15.60	+01:18:14 (52.8%)	12:21	4.9 (47.6%)
402	DYBAŁA Grzegorz	4979		Open Mężczyzn	225	00:58:10	02:28:41.25	02:28:41.25	+01:18:39 (52.9%)	12:23	4.8 (46.6%)
403	OLSZEWSKI Rafał	4731		Open Masters Mężczyzn	63	00:56:37	02:29:20.35	02:29:20.35	+01:19:18 (53.1%)	12:26	4.8 (46.6%)
404	NOWAK Michał	4730		Open Mężczyzn	226	00:56:50	02:29:20.55	02:29:20.55	+01:19:19 (53.1%)	12:26	4.8 (46.6%)
405	HOMENDA Michał	4369		Open Mężczyzn	227	00:52:43	02:29:20.65	02:29:20.65	+01:19:19 (53.1%)	12:26	4.8 (46.6%)
406	MADEJ Marcin	4724		Open Mężczyzn	228	00:56:26	02:29:20.70	02:29:20.70	+01:19:19 (53.1%)	12:26	4.8 (46.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
407	<b>BALCER Tomasz</b>	<b>4323</b>	BYLI BIEGLI	Open Mężczyzn	229	00:52:38	<b>02:29:23.00</b>	<b>02:29:23.00</b>	+01:19:21 (53.1%)	12:26	4.8 (46.6%)
408	<b>OLEK Artur</b>	<b>4382</b>		Open Mężczyzn	230	00:52:48	<b>02:29:23.65</b>	<b>02:29:23.65</b>	+01:19:22 (53.1%)	12:26	4.8 (46.6%)
409	<b>HARMATA Adrianna</b>	<b>5017</b>	ZIELONE LWIĘTA	Open Kobiet	11	00:56:44	<b>02:29:38.05</b>	<b>02:29:38.05</b>	+01:19:36 (53.2%)	12:28	4.8 (46.6%)
410	<b>BRACICHOWICZ Filip</b>	<b>4266</b>	ZIELONE LWIĘTA	Open Mężczyzn	231	00:56:48	<b>02:29:40.80</b>	<b>02:29:40.80</b>	+01:19:39 (53.2%)	12:28	4.8 (46.6%)
411	<b>MRÓZ Damian</b>	<b>4728</b>		Open Mężczyzn	232	00:56:53	<b>02:30:12.95</b>	<b>02:30:12.95</b>	+01:20:11 (53.4%)	12:31	4.8 (46.6%)
412	<b>MAZUR Dariusz</b>	<b>4892</b>		Open Mężczyzn	233	00:56:12	<b>02:30:17.05</b>	<b>02:30:17.05</b>	+01:20:15 (53.4%)	12:31	4.8 (46.6%)
413	<b>KANCZUGOWSKI Jakub</b>	<b>4582</b>		Open Mężczyzn	234	00:54:07	<b>02:30:34.25</b>	<b>02:30:34.25</b>	+01:20:32 (53.5%)	12:32	4.8 (46.6%)
414	<b>KOPTYŃSKA Alesandra</b>	<b>4499</b>	THE UNDEFEATED	Open Kobiet	12	00:57:49	<b>02:30:38.75</b>	<b>02:30:38.75</b>	+01:20:37 (53.5%)	12:33	4.8 (46.6%)
415	<b>GURDAK Damian</b>	<b>4498</b>	THE UNDEFEATED	Open Mężczyzn	235	00:58:55	<b>02:30:38.95</b>	<b>02:30:38.95</b>	+01:20:37 (53.5%)	12:33	4.8 (46.6%)
416	<b>NAST Paweł</b>	<b>4260</b>	ŻGPT	Open Mężczyzn	236	01:01:53	<b>02:30:43.55</b>	<b>02:30:43.55</b>	+01:20:42 (53.5%)	12:33	4.8 (46.6%)
417	<b>SÓJKA Jakub</b>	<b>4264</b>	ŻGPT	Open Mężczyzn	237	01:01:42	<b>02:30:44.55</b>	<b>02:30:44.55</b>	+01:20:43 (53.5%)	12:33	4.8 (46.6%)
418	<b>RUSIŃSKI Szymon</b>	<b>4262</b>	ŻGPT	Open Mężczyzn	238	01:01:45	<b>02:30:44.60</b>	<b>02:30:44.60</b>	+01:20:43 (53.5%)	12:33	4.8 (46.6%)
419	<b>BARCIKOWSKI Lucjan</b>	<b>4268</b>		Open Mężczyzn	239	00:59:36	<b>02:30:49.30</b>	<b>02:30:49.30</b>	+01:20:47 (53.6%)	12:34	4.8 (46.6%)
419	<b>MAJSTEREK Katarzyna</b>	<b>4288</b>		Open Kobiet	13	00:59:52	<b>02:30:49.30</b>	<b>02:30:49.30</b>	+01:20:47 (53.6%)	12:34	4.8 (46.6%)
421	<b>MAJSTEREK Kuba</b>	<b>4289</b>		Open Mężczyzn	240	00:59:20	<b>02:30:50.00</b>	<b>02:30:50.00</b>	+01:20:48 (53.6%)	12:34	4.8 (46.6%)
422	<b>ZAWADA Piotr</b>	<b>4322</b>		Open Mężczyzn	241	00:58:55	<b>02:30:50.40</b>	<b>02:30:50.40</b>	+01:20:48 (53.6%)	12:34	4.8 (46.6%)
423	<b>MĄDRY Mateusz</b>	<b>4124</b>		Elite Mężczyzn	72	00:52:53	<b>02:30:51.60</b>	<b>02:30:51.60</b>	+01:20:50 (53.6%)	12:34	4.8 (46.6%)
424	<b>SADOCH Sebastian</b>	<b>4305</b>		Open Mężczyzn	242	00:58:49	<b>02:31:09.15</b>	<b>02:31:09.15</b>	+01:21:07 (53.7%)	12:35	4.8 (46.6%)
425	<b>ROMANOWSKI Mateusz</b>	<b>4301</b>		Open Mężczyzn	243	00:54:56	<b>02:31:25.90</b>	<b>02:31:25.90</b>	+01:21:24 (53.8%)	12:37	4.8 (46.6%)
426	<b>BADOWSKI Dominik</b>	<b>4767</b>		Open Mężczyzn	244	00:54:31	<b>02:31:36.30</b>	<b>02:31:36.30</b>	+01:21:34 (53.8%)	12:38	4.7 (45.6%)
427	<b>BADOWSKI Patryk</b>	<b>4757</b>	EXPERIMENTAL DREAM TEAM	Open Mężczyzn	245	00:54:29	<b>02:31:36.45</b>	<b>02:31:36.45</b>	+01:21:34 (53.8%)	12:38	4.7 (45.6%)
428	<b>MOSZKOWICZ Paweł</b>	<b>4591</b>		Open Mężczyzn	246	00:56:08	<b>02:31:46.00</b>	<b>02:31:46.00</b>	+01:21:44 (53.9%)	12:38	4.7 (45.6%)
429	<b>GARGULA Bartłomiej</b>	<b>4278</b>		Open Mężczyzn	247	00:51:01	<b>02:31:53.35</b>	<b>02:31:53.35</b>	+01:21:51 (53.9%)	12:39	4.7 (45.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
430	<b>LESZEK Krzysztof</b>	<b>4565</b>	WIEDŹMIŃSKA SZKOŁA ŻUBRA	Open Mężczyzn	248	01:00:34	<b>02:32:27.55</b>	<b>02:32:27.55</b>	+01:22:26 (54.1%)	12:42	4.7 (45.6%)
431	<b>ROSALSKI Paweł Łukasz</b>	<b>4739</b>		Open Masters Mężczyzn	64	01:01:05	<b>02:32:32.90</b>	<b>02:32:32.90</b>	+01:22:31 (54.1%)	12:42	4.7 (45.6%)
432	<b>KUDENIEC Kamil</b>	<b>4690</b>	PERŁY Z LUBELSZCZYZNY	Open Mężczyzn	249	00:52:41	<b>02:32:55.40</b>	<b>02:32:55.40</b>	+01:22:53 (54.2%)	12:44	4.7 (45.6%)
433	<b>KLIMIUK Radosław</b>	<b>4720</b>		Open Mężczyzn	250	00:52:45	<b>02:32:56.10</b>	<b>02:32:56.10</b>	+01:22:54 (54.2%)	12:44	4.7 (45.6%)
434	<b>BRZOZOWSKI Marek</b>	<b>4270</b>		Open Mężczyzn	251	00:59:25	<b>02:32:57.10</b>	<b>02:32:57.10</b>	+01:22:55 (54.2%)	12:44	4.7 (45.6%)
435	<b>GAJOWNICZEK Dawid</b>	<b>4277</b>		Open Mężczyzn	252	00:59:16	<b>02:32:57.55</b>	<b>02:32:57.55</b>	+01:22:56 (54.2%)	12:44	4.7 (45.6%)
436	<b>MAJKUT Sebastian</b>	<b>4799</b>		Open Mężczyzn	253	00:52:23	<b>02:33:09.25</b>	<b>02:33:09.25</b>	+01:23:07 (54.3%)	12:45	4.7 (45.6%)
437	<b>ZAPOTOCZNY Mateusz</b>	<b>4613</b>		Open Masters Mężczyzn	65	00:55:34	<b>02:33:20.35</b>	<b>02:33:20.35</b>	+01:23:18 (54.3%)	12:46	4.7 (45.6%)
438	<b>KWIATKOWSKI Konrad</b>	<b>4586</b>		Open Mężczyzn	254	00:55:29	<b>02:33:20.50</b>	<b>02:33:20.50</b>	+01:23:18 (54.3%)	12:46	4.7 (45.6%)
439	<b>GORCZYCA Karol</b>	<b>4575</b>		Open Mężczyzn	255	00:53:56	<b>02:33:26.40</b>	<b>02:33:26.40</b>	+01:23:24 (54.4%)	12:47	4.7 (45.6%)
440	<b>MACIEJEWSKI Jan</b>	<b>4589</b>		Open Mężczyzn	256	00:53:44	<b>02:33:27.55</b>	<b>02:33:27.55</b>	+01:23:26 (54.4%)	12:47	4.7 (45.6%)
441	<b>DANIELAK Krzysiek</b>	<b>4709</b>		Open Mężczyzn	257	00:59:37	<b>02:33:29.30</b>	<b>02:33:29.30</b>	+01:23:27 (54.4%)	12:47	4.7 (45.6%)
442	<b>MAZUREK Michał</b>	<b>4725</b>		Open Mężczyzn	258	00:57:15	<b>02:33:37.85</b>	<b>02:33:37.85</b>	+01:23:36 (54.4%)	12:48	4.7 (45.6%)
443	<b>MAKSYMOW Filip</b>	<b>4590</b>		Open Mężczyzn	259	00:53:40	<b>02:33:37.90</b>	<b>02:33:37.90</b>	+01:23:36 (54.4%)	12:48	4.7 (45.6%)
444	<b>WIĘCH Aleksandra</b>	<b>4756</b>	DRUŻYNA PIERŚCIENIC	Open Kobiet	14	00:52:57	<b>02:33:47.80</b>	<b>02:33:47.80</b>	+01:23:46 (54.5%)	12:48	4.7 (45.6%)
445	<b>KIELAK Maciej</b>	<b>4762</b>	TARCHOTERROR	Open Mężczyzn	260	00:52:48	<b>02:34:23.45</b>	<b>02:34:23.45</b>	+01:24:21 (54.6%)	12:51	4.7 (45.6%)
446	<b>MRÓZ Emma</b>	<b>4522</b>		Open Kobiet	15	00:58:29	<b>02:34:34.90</b>	<b>02:34:34.90</b>	+01:24:33 (54.7%)	12:52	4.7 (45.6%)
447	<b>PIECZONKA Jakub</b>	<b>4198</b>	WF TEAM	Open Mężczyzn	261	00:51:18	<b>02:34:39.85</b>	<b>02:34:39.85</b>	+01:24:38 (54.7%)	12:53	4.7 (45.6%)
448	<b>LISIAK Julia</b>	<b>4886</b>		Open Kobiet	16	00:59:35	<b>02:34:52.30</b>	<b>02:34:52.30</b>	+01:24:50 (54.8%)	12:54	4.6 (44.7%)
449	<b>LISIAK Sebastian</b>	<b>4887</b>		Open Masters Mężczyzn	66	00:59:31	<b>02:34:57.10</b>	<b>02:34:57.10</b>	+01:24:55 (54.8%)	12:54	4.6 (44.7%)
450	<b>CICHON Robert</b>	<b>4978</b>		Open Masters Mężczyzn	67	00:57:57	<b>02:35:03.20</b>	<b>02:35:03.20</b>	+01:25:01 (54.8%)	12:55	4.6 (44.7%)
451	<b>KRUPA-BURKIEWICZ Justyna</b>	<b>4793</b>		Open Masters Kobiet	3	01:01:26	<b>02:35:14.70</b>	<b>02:35:14.70</b>	+01:25:13 (54.9%)	12:56	4.6 (44.7%)
452	<b>WIECZOREK Paweł</b>	<b>4398</b>		Open Mężczyzn	262	01:00:27	<b>02:35:16.50</b>	<b>02:35:16.50</b>	+01:25:14 (54.9%)	12:56	4.6 (44.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
453	KONDRASZUK Anna	4788		Open Kobiet	17		02:35:36.40	02:35:36.40	+01:25:34 (55.0%)	12:58	4.6 (44.7%)
454	KONECKI Michał	4880		Open Mężczyzn	263	00:57:50	02:35:43.75	02:35:43.75	+01:25:42 (55.0%)	12:58	4.6 (44.7%)
455	KONECKI Marcin	4879		Open Mężczyzn	264	00:57:49	02:35:44.05	02:35:44.05	+01:25:42 (55.0%)	12:58	4.6 (44.7%)
456	A. Magda	4973		Open Kobiet	18	00:55:52	02:35:45.20	02:35:45.20	+01:25:43 (55.0%)	12:58	4.6 (44.7%)
457	TONKIEL Adam	4671		Open Mężczyzn	265	01:01:47	02:35:48.45	02:35:48.45	+01:25:46 (55.1%)	12:59	4.6 (44.7%)
458	GRZYB Tomasz	4577		Open Mężczyzn	266	00:58:33	02:35:57.40	02:35:57.40	+01:25:55 (55.1%)	12:59	4.6 (44.7%)
459	DELEKTA Emilian	4488	GTV	Open Mężczyzn	267	01:01:17	02:36:19.55	02:36:19.55	+01:26:18 (55.2%)	13:01	4.6 (44.7%)
460	TARCZYŃSKA Marta	4820		Open Kobiet	19	00:56:07	02:36:19.70	02:36:19.70	+01:26:18 (55.2%)	13:01	4.6 (44.7%)
461	ZBICIAK Rafał	4491	GTV	Open Mężczyzn	268	01:01:13	02:36:20.30	02:36:20.30	+01:26:18 (55.2%)	13:01	4.6 (44.7%)
462	GROCHOWSKI Kamil	4489	GTV	Open Mężczyzn	269	01:01:20	02:36:20.40	02:36:20.40	+01:26:18 (55.2%)	13:01	4.6 (44.7%)
463	PIEKART Hubert	4490	GTV	Open Mężczyzn	270	01:01:28	02:36:20.70	02:36:20.70	+01:26:19 (55.2%)	13:01	4.6 (44.7%)
464	TARCZYŃSKI Konrad	4821		Open Mężczyzn	271	00:56:20	02:36:20.80	02:36:20.80	+01:26:19 (55.2%)	13:01	4.6 (44.7%)
465	PIWOWAREK Grzegorz	4561	PRZEPIÓRKI WIKTORA	Open Mężczyzn	272	00:59:03	02:36:26.80	02:36:26.80	+01:26:25 (55.2%)	13:02	4.6 (44.7%)
466	GROSS Sebastian	1598	HELIX JUMPERS	Open Mężczyzn	273	00:59:51	02:36:32.65	02:36:32.65	+01:26:31 (55.3%)	13:02	4.6 (44.7%)
467	GROSS Oskar	1597	DMTX	Open Masters Mężczyzn	68	00:59:31	02:36:36.75	02:36:36.75	+01:26:35 (55.3%)	13:03	4.6 (44.7%)
468	KLIMCZAK Maciej	4002	BIGYELLOWFOOT ADVENTURE TEAM	Open Mężczyzn	274	00:41:55	02:36:39.55	02:36:39.55	+01:26:38 (55.3%)	13:03	4.6 (44.7%)
469	STARZEC Aneta	4396		Open Kobiet	20	00:59:58	02:36:41.15	02:36:41.15	+01:26:39 (55.3%)	13:03	4.6 (44.7%)
470	KOBALCZYK Maciej	4721		Open Mężczyzn	275	00:51:19	02:36:44.35	02:36:44.35	+01:26:42 (55.3%)	13:03	4.6 (44.7%)
471	WOCHOWSKI Piotr	4540		Open Mężczyzn	276	00:58:47	02:36:56.60	02:36:56.60	+01:26:55 (55.4%)	13:04	4.6 (44.7%)
472	ROGOWSKI Kamil	4151	OCR CROSSFIT CIECHANÓW	Elite Masters Mężczyzn	23	00:52:32	02:37:01.80	02:37:01.80	+01:27:00 (55.4%)	13:05	4.6 (44.7%)
473	MACIĄG Krzysztof	4798		Open Masters Mężczyzn	69	01:01:01	02:37:09.75	02:37:09.75	+01:27:08 (55.4%)	13:05	4.6 (44.7%)
474	JABŁOŃSKA Sylwia	4779		Open Kobiet	21	01:00:47	02:37:10.70	02:37:10.70	+01:27:09 (55.4%)	13:05	4.6 (44.7%)
475	TEJCHMAN Tomasz	4822		Open Masters Mężczyzn	70	01:00:54	02:37:11.60	02:37:11.60	+01:27:10 (55.5%)	13:05	4.6 (44.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
476	<b>CYBULSKI Marcin</b>	<b>4547</b>	EKIPA RUMIANA	Open Mężczyzn	277	00:57:33	<b>02:37:26.20</b>	<b>02:37:26.20</b>	+01:27:24 (55.5%)	13:07	4.6 (44.7%)
477	<b>WÓJCIK Grzegorz</b>	<b>4084</b>	FITPARK TEAM	Open Masters Mężczyzn	71	01:02:29	<b>02:37:52.35</b>	<b>02:37:52.35</b>	+01:27:50 (55.6%)	13:09	4.6 (44.7%)
478	<b>MICHALSKI Daniel</b>	<b>4155</b>	RUNMAGEDDON TEAM	Open Mężczyzn	278	00:53:20	<b>02:38:00.60</b>	<b>02:38:00.60</b>	+01:27:59 (55.7%)	13:10	4.6 (44.7%)
479	<b>KWOSKA Łukasz</b>	<b>4423</b>	SWINGDEV	Open Masters Mężczyzn	72	01:02:57	<b>02:38:06.20</b>	<b>02:38:06.20</b>	+01:28:04 (55.7%)	13:10	4.6 (44.7%)
480	<b>PIOTROWSKI Rafał</b>	<b>4424</b>	SWINGDEV	Open Mężczyzn	279	01:03:05	<b>02:38:06.50</b>	<b>02:38:06.50</b>	+01:28:04 (55.7%)	13:10	4.6 (44.7%)
481	<b>WRONA Michał</b>	<b>4426</b>	SWINGDEV	Open Mężczyzn	280	01:02:51	<b>02:38:09.85</b>	<b>02:38:09.85</b>	+01:28:08 (55.7%)	13:10	4.6 (44.7%)
482	<b>CYGAN Olga</b>	<b>4273</b>		Open Kobiet	22	01:04:25	<b>02:38:29.20</b>	<b>02:38:29.20</b>	+01:28:27 (55.8%)	13:12	4.5 (43.7%)
483	<b>GÓRSKI Karol</b>	<b>4281</b>		Open Mężczyzn	281	01:04:22	<b>02:38:29.50</b>	<b>02:38:29.50</b>	+01:28:27 (55.8%)	13:12	4.5 (43.7%)
484	<b>KUNIK Mateusz</b>	<b>5042</b>	BIKINI BOTTOM	Open Mężczyzn	282	01:00:36	<b>02:38:35.10</b>	<b>02:38:35.10</b>	+01:28:33 (55.8%)	13:12	4.5 (43.7%)
485	<b>ZIELIŃSKI Damian</b>	<b>4254</b>	STOPKA	Open Masters Mężczyzn	73	01:05:44	<b>02:38:41.45</b>	<b>02:38:41.45</b>	+01:28:39 (55.9%)	13:13	4.5 (43.7%)
486	<b>LASOTA Michał</b>	<b>4334</b>	JEDYNA PANCERNA	Open Mężczyzn	283	00:58:12	<b>02:38:43.15</b>	<b>02:38:43.15</b>	+01:28:41 (55.9%)	13:13	4.5 (43.7%)
487	<b>SKRZYPCZAK Renart</b>	<b>4336</b>	JEDYNA PANCERNA	Open Masters Mężczyzn	74	00:58:06	<b>02:38:43.45</b>	<b>02:38:43.45</b>	+01:28:41 (55.9%)	13:13	4.5 (43.7%)
488	<b>RUTKOWSKI Emil</b>	<b>4335</b>	JEDYNA PANCERNA	Open Mężczyzn	284	00:58:08	<b>02:38:43.65</b>	<b>02:38:43.65</b>	+01:28:42 (55.9%)	13:13	4.5 (43.7%)
489	<b>JAWORSKI Filip</b>	<b>4409</b>	BIKINI BOTTOM	Open Mężczyzn	285	01:00:53	<b>02:38:44.40</b>	<b>02:38:44.40</b>	+01:28:42 (55.9%)	13:13	4.5 (43.7%)
490	<b>BORAWSKI Daniel</b>	<b>4116</b>		Open Mężczyzn	286	00:56:18	<b>02:38:45.35</b>	<b>02:38:45.35</b>	+01:28:43 (55.9%)	13:13	4.5 (43.7%)
491	<b>JAWORSKI Kacper</b>	<b>5048</b>	BIKINI BOTTOM	Open Mężczyzn	287	01:00:52	<b>02:38:50.70</b>	<b>02:38:50.70</b>	+01:28:49 (55.9%)	13:14	4.5 (43.7%)
492	<b>MACURA Marek</b>	<b>4089</b>	LENIWCE Z MAGNOLII	Elite Masters Mężczyzn	24	00:59:26	<b>02:39:07.05</b>	<b>02:39:07.05</b>	+01:29:05 (56.0%)	13:15	4.5 (43.7%)
493	<b>URBANIAK Edyta</b>	<b>4744</b>		Open Masters Kobiet	4	00:56:21	<b>02:39:07.35</b>	<b>02:39:07.35</b>	+01:29:05 (56.0%)	13:15	4.5 (43.7%)
494	<b>ZDUNEK Paweł</b>	<b>4057</b>	WOJOWNICY THORA	Elite Mężczyzn	73	00:46:11	<b>02:39:13.15</b>	<b>02:39:13.15</b>	+01:29:11 (56.0%)	13:16	4.5 (43.7%)
495	<b>STOJEK Jakub</b>	<b>4629</b>	SKN BESTIALSTWA	Open Mężczyzn	288	00:59:46	<b>02:39:20.30</b>	<b>02:39:20.30</b>	+01:29:18 (56.1%)	13:16	4.5 (43.7%)
496	<b>ZAŁĘCKI Damian</b>	<b>4749</b>	BASH-BASH	Open Mężczyzn	289	00:58:57	<b>02:39:27.15</b>	<b>02:39:27.15</b>	+01:29:25 (56.1%)	13:17	4.5 (43.7%)
497	<b>GRZYWACZEWSKI Paweł</b>	<b>4689</b>	PERŁY Z LUBELSZCZYZNY	Open Mężczyzn	290	00:52:33	<b>02:39:47.10</b>	<b>02:39:47.10</b>	+01:29:45 (56.2%)	13:18	4.5 (43.7%)
498	<b>SKŁODOWSKI Piotr</b>	<b>4668</b>		Open Masters Mężczyzn	75	00:53:10	<b>02:39:53.70</b>	<b>02:39:53.70</b>	+01:29:52 (56.2%)	13:19	4.5 (43.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
499	<b>MAKOWSKI Maciej</b>	<b>4653</b>		Open Mężczyzn	291	00:52:46	<b>02:39:53.80</b>	<b>02:39:53.80</b>	+01:29:52 (56.2%)	13:19	4.5 (43.7%)
500	<b>BANACH Piotr</b>	<b>4768</b>		Open Mężczyzn	292	01:05:26	<b>02:39:59.40</b>	<b>02:39:59.40</b>	+01:29:57 (56.2%)	13:19	4.5 (43.7%)
501	<b>KWIATKOWSKI Karol</b>	<b>4693</b>	SHURIKENY	Open Mężczyzn	293	00:50:20	<b>02:40:08.70</b>	<b>02:40:08.70</b>	+01:30:07 (56.3%)	13:20	4.5 (43.7%)
502	<b>KARCZMARCZYK Kacper</b>	<b>4717</b>	SZURIKENY	Open Mężczyzn	294	00:50:38	<b>02:40:10.05</b>	<b>02:40:10.05</b>	+01:30:08 (56.3%)	13:20	4.5 (43.7%)
503	<b>ŚLEDŹ Artur</b>	<b>4394</b>		Open Mężczyzn	295	00:55:21	<b>02:40:37.25</b>	<b>02:40:37.25</b>	+01:30:35 (56.4%)	13:23	4.5 (43.7%)
504	<b>PACAK Paulina</b>	<b>4913</b>	EY OCR TEAM	Open Kobiet	23	01:02:04	<b>02:40:51.90</b>	<b>02:40:51.90</b>	+01:30:50 (56.5%)	13:24	4.5 (43.7%)
505	<b>ILUKOWICZ Dagmara</b>	<b>4912</b>	EY OCR TEAM	Open Kobiet	24	01:01:56	<b>02:40:52.05</b>	<b>02:40:52.05</b>	+01:30:50 (56.5%)	13:24	4.5 (43.7%)
506	<b>SVARYCHEVSKYI Dmytro</b>	<b>5028</b>	EY OCR TEAM	Open Mężczyzn	296	01:02:09	<b>02:40:52.35</b>	<b>02:40:52.35</b>	+01:30:50 (56.5%)	13:24	4.5 (43.7%)
507	<b>GACICHA Denis</b>	<b>4119</b>		Elite Masters Mężczyzn	25	00:52:21	<b>02:41:02.75</b>	<b>02:41:02.75</b>	+01:31:01 (56.5%)	13:25	4.5 (43.7%)
508	<b>ZBROŹEK Jacek</b>	<b>4758</b>	FIZJO JACK	Open Mężczyzn	297	00:55:50	<b>02:41:10.10</b>	<b>02:41:10.10</b>	+01:31:08 (56.6%)	13:25	4.5 (43.7%)
509	<b>KOWALSKI Paweł</b>	<b>4407</b>	BIEGUNKA_TEAM	Open Masters Mężczyzn	76	00:58:56	<b>02:41:42.85</b>	<b>02:41:42.85</b>	+01:31:41 (56.7%)	13:28	4.5 (43.7%)
510	<b>MUZYKA Sławomir</b>	<b>4408</b>	BIEGUNKA_TEAM	Open Masters Mężczyzn	77	00:58:28	<b>02:41:43.05</b>	<b>02:41:43.05</b>	+01:31:41 (56.7%)	13:28	4.5 (43.7%)
511	<b>LEBIODA Tomasz</b>	<b>4588</b>		Open Mężczyzn	298	01:02:04	<b>02:42:01.10</b>	<b>02:42:01.10</b>	+01:31:59 (56.8%)	13:30	4.4 (42.7%)
512	<b>LEBIODA Krzysztof</b>	<b>4587</b>		Open Mężczyzn	299	01:02:06	<b>02:42:02.40</b>	<b>02:42:02.40</b>	+01:32:00 (56.8%)	13:30	4.4 (42.7%)
513	<b>MATUSZCZYK Mateusz</b>	<b>4686</b>	GIBKIE HAHARY	Open Mężczyzn	300	01:06:57	<b>02:42:11.00</b>	<b>02:42:11.00</b>	+01:32:09 (56.8%)	13:30	4.4 (42.7%)
514	<b>CHOJNOWSKI Kamil</b>	<b>4569</b>		Open Mężczyzn	301	00:59:38	<b>02:42:11.30</b>	<b>02:42:11.30</b>	+01:32:09 (56.8%)	13:30	4.4 (42.7%)
515	<b>OLCZYK Aleksander</b>	<b>4661</b>		Open Mężczyzn	302	01:02:02	<b>02:42:20.85</b>	<b>02:42:20.85</b>	+01:32:19 (56.9%)	13:31	4.4 (42.7%)
516	<b>RUSIŃSKA Aleksandra</b>	<b>4261</b>	ŻGPT	Open Kobiet	25	01:03:54	<b>02:42:58.25</b>	<b>02:42:58.25</b>	+01:32:56 (57.0%)	13:34	4.4 (42.7%)
516	<b>SÓJKA Izabela</b>	<b>4263</b>	ŻGPT	Open Kobiet	25	01:03:49	<b>02:42:58.25</b>	<b>02:42:58.25</b>	+01:32:56 (57.0%)	13:34	4.4 (42.7%)
518	<b>BOL Se</b>	<b>4976</b>		Open Mężczyzn	303	01:01:11	<b>02:43:00.60</b>	<b>02:43:00.60</b>	+01:32:59 (57.0%)	13:35	4.4 (42.7%)
519	<b>BETCHER Adam</b>	<b>4974</b>		Open Masters Mężczyzn	78	01:01:08	<b>02:43:00.80</b>	<b>02:43:00.80</b>	+01:32:59 (57.0%)	13:35	4.4 (42.7%)
520	<b>JAŚKIEWICZ Grzegorz</b>	<b>4983</b>		Open Mężczyzn	304	00:55:34	<b>02:43:04.65</b>	<b>02:43:04.65</b>	+01:33:03 (57.1%)	13:35	4.4 (42.7%)
521	<b>JURKA Paweł</b>	<b>4371</b>		Open Mężczyzn	305	01:02:16	<b>02:43:08.95</b>	<b>02:43:08.95</b>	+01:33:07 (57.1%)	13:35	4.4 (42.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
522	<b>LEWICKI Arkadiusz</b>	<b>4860</b>	ZDROWO KLEPNIĘCI	Open Masters Mężczyzn	79	01:01:07	<b>02:43:29.00</b>	<b>02:43:29.00</b>	+01:33:27 (57.2%)	13:37	4.4 (42.7%)
523	<b>POGŁODZIŃSKA Anna</b>	<b>4224</b>		Open Masters Kobiet	5	01:03:17	<b>02:43:32.30</b>	<b>02:43:32.30</b>	+01:33:30 (57.2%)	13:37	4.4 (42.7%)
524	<b>SMOLIŃSKI Krzysztof</b>	<b>4231</b>		Open Mężczyzn	306	01:01:39	<b>02:43:36.80</b>	<b>02:43:36.80</b>	+01:33:35 (57.2%)	13:38	4.4 (42.7%)
525	<b>KONOPACKI Piotr</b>	<b>4420</b>	ROYALE	Open Mężczyzn	307	01:01:31	<b>02:43:37.15</b>	<b>02:43:37.15</b>	+01:33:35 (57.2%)	13:38	4.4 (42.7%)
526	<b>JEZIOŃEK Daniel</b>	<b>4112</b>	WOLO TEAM	Elite Mężczyzn	74	01:01:02	<b>02:43:52.25</b>	<b>02:43:52.25</b>	+01:33:50 (57.3%)	13:39	4.4 (42.7%)
527	<b>DZIEWA Katarzyna</b>	<b>4711</b>		Open Kobiet	27	00:59:15	<b>02:44:00.85</b>	<b>02:44:00.85</b>	+01:33:59 (57.3%)	13:40	4.4 (42.7%)
527	<b>DZIEWA Krzysiek</b>	<b>4712</b>		Open Mężczyzn	308	00:59:14	<b>02:44:00.85</b>	<b>02:44:00.85</b>	+01:33:59 (57.3%)	13:40	4.4 (42.7%)
529	<b>ŚWIĄTKOWSKI Tadeusz</b>	<b>4605</b>		Open Mężczyzn	309	00:59:18	<b>02:44:10.45</b>	<b>02:44:10.45</b>	+01:34:08 (57.3%)	13:40	4.4 (42.7%)
530	<b>KOWALSKA Maja</b>	<b>4284</b>		Open Kobiet	28	01:06:11	<b>02:44:14.70</b>	<b>02:44:14.70</b>	+01:34:13 (57.4%)	13:41	4.4 (42.7%)
531	<b>BIELECKA Aleksandra</b>	<b>4269</b>		Open Kobiet	29	01:06:07	<b>02:44:15.15</b>	<b>02:44:15.15</b>	+01:34:13 (57.4%)	13:41	4.4 (42.7%)
532	<b>MARUSZAK Anna</b>	<b>4291</b>		Open Kobiet	30	01:06:21	<b>02:44:28.50</b>	<b>02:44:28.50</b>	+01:34:26 (57.4%)	13:42	4.4 (42.7%)
533	<b>TROJANEK Kinga</b>	<b>4316</b>		Open Kobiet	31	01:06:29	<b>02:44:28.95</b>	<b>02:44:28.95</b>	+01:34:27 (57.4%)	13:42	4.4 (42.7%)
534	<b>HINCA Mikołaj</b>	<b>4935</b>		Open Mężczyzn	310	01:02:25	<b>02:44:29.85</b>	<b>02:44:29.85</b>	+01:34:28 (57.4%)	13:42	4.4 (42.7%)
535	<b>BIEGALESKI Łukasz</b>	<b>4975</b>		Open Mężczyzn	311	00:56:52	<b>02:44:41.30</b>	<b>02:44:41.30</b>	+01:34:39 (57.5%)	13:43	4.4 (42.7%)
536	<b>DEMIANOWICZ Kamil</b>	<b>4710</b>		Open Mężczyzn	312	01:02:24	<b>02:44:42.30</b>	<b>02:44:42.30</b>	+01:34:40 (57.5%)	13:43	4.4 (42.7%)
537	<b>KOŁCZ-OTWINOWSKI Miłosz</b>	<b>4358</b>	ZIELONE LWIĘTA	Open Mężczyzn	313	01:00:46	<b>02:44:46.25</b>	<b>02:44:46.25</b>	+01:34:44 (57.5%)	13:43	4.4 (42.7%)
538	<b>HERÓD Rafał</b>	<b>4095</b>	OCR TEAM BYDLAKI	Open Mężczyzn	314	01:00:57	<b>02:44:46.65</b>	<b>02:44:46.65</b>	+01:34:45 (57.5%)	13:43	4.4 (42.7%)
539	<b>WÓJCIK Tomasz</b>	<b>4318</b>		Open Mężczyzn	315	01:05:53	<b>02:45:11.30</b>	<b>02:45:11.30</b>	+01:35:09 (57.6%)	13:45	4.4 (42.7%)
540	<b>STAŃCZYK Bartłomiej</b>	<b>4903</b>		Open Mężczyzn	316	01:02:48	<b>02:45:13.45</b>	<b>02:45:13.45</b>	+01:35:11 (57.6%)	13:46	4.4 (42.7%)
541	<b>SADURSKI Maciej</b>	<b>4308</b>		Open Mężczyzn	317	01:05:16	<b>02:45:24.15</b>	<b>02:45:24.15</b>	+01:35:22 (57.7%)	13:47	4.4 (42.7%)
542	<b>GOLEWSKA Maja</b>	<b>4280</b>		Open Kobiet	32	01:05:48	<b>02:45:35.00</b>	<b>02:45:35.00</b>	+01:35:33 (57.7%)	13:47	4.3 (41.7%)
543	<b>GOLEWSKA Kornelia</b>	<b>4279</b>		Open Kobiet	33	01:05:53	<b>02:45:35.80</b>	<b>02:45:35.80</b>	+01:35:34 (57.7%)	13:47	4.3 (41.7%)
544	<b>SADURSKA Katarzyna</b>	<b>4307</b>		Open Kobiet	34	01:05:06	<b>02:45:54.40</b>	<b>02:45:54.40</b>	+01:35:52 (57.8%)	13:49	4.3 (41.7%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
545	<b>RASZTAR Bartłomiej</b>	<b>4998</b>		Open Mężczyzn	318	00:47:59	<b>02:46:02.30</b>	<b>02:46:02.30</b>	+01:36:00 (57.8%)	13:50	4.3 (41.7%)
546	<b>ŻUK Marcin</b>	<b>4677</b>		Open Mężczyzn	319	00:55:10	<b>02:46:21.40</b>	<b>02:46:21.40</b>	+01:36:19 (57.9%)	13:51	4.3 (41.7%)
547	<b>WITKE Jakub</b>	<b>4674</b>		Open Mężczyzn	320	00:55:15	<b>02:46:21.90</b>	<b>02:46:21.90</b>	+01:36:20 (57.9%)	13:51	4.3 (41.7%)
548	<b>KRUPA-RACZKOWSKA Joanna</b>	<b>4794</b>		Open Kobiet	35	01:01:30	<b>02:46:31.80</b>	<b>02:46:31.80</b>	+01:36:30 (58.0%)	13:52	4.3 (41.7%)
549	<b>RACZKOWSKI Kamil</b>	<b>4814</b>		Open Masters Mężczyzn	80	01:01:34	<b>02:46:31.95</b>	<b>02:46:31.95</b>	+01:36:30 (58.0%)	13:52	4.3 (41.7%)
550	<b>OBSTAWSKI Daniel</b>	<b>4456</b>		Open Mężczyzn	321	01:04:03	<b>02:46:45.65</b>	<b>02:46:45.65</b>	+01:36:44 (58.0%)	13:53	4.3 (41.7%)
551	<b>RUTKOWSKI Tomasz</b>	<b>4001</b>	BEFIT24TEAM	Open Masters Mężczyzn	81	01:04:04	<b>02:46:52.30</b>	<b>02:46:52.30</b>	+01:36:50 (58.0%)	13:54	4.3 (41.7%)
552	<b>BAJDAK Adrian</b>	<b>4115</b>		Elite Mężczyzn	75	00:57:01	<b>02:47:00.80</b>	<b>02:47:00.80</b>	+01:36:59 (58.1%)	13:55	4.3 (41.7%)
553	<b>CEZAK Jakub</b>	<b>4925</b>		Open Mężczyzn	322	00:56:14	<b>02:47:04.70</b>	<b>02:47:04.70</b>	+01:37:03 (58.1%)	13:55	4.3 (41.7%)
554	<b>OŁÓW Magdalena</b>	<b>4995</b>		Open Kobiet	36	01:04:25	<b>02:47:06.00</b>	<b>02:47:06.00</b>	+01:37:04 (58.1%)	13:55	4.3 (41.7%)
555	<b>PLUTA Kacper</b>	<b>5030</b>		Open Mężczyzn	323	01:03:38	<b>02:47:08.85</b>	<b>02:47:08.85</b>	+01:37:07 (58.1%)	13:55	4.3 (41.7%)
556	<b>SZEKALSKI Mateusz</b>	<b>4234</b>		Open Mężczyzn	324	01:02:11	<b>02:47:23.55</b>	<b>02:47:23.55</b>	+01:37:22 (58.2%)	13:56	4.3 (41.7%)
557	<b>SOBCZAK Aleksander</b>	<b>4685</b>	COCO JAMBO ALBATROZ	Open Mężczyzn	325	01:01:25	<b>02:47:23.65</b>	<b>02:47:23.65</b>	+01:37:22 (58.2%)	13:56	4.3 (41.7%)
558	<b>SZEKALSKI Łukasz</b>	<b>4233</b>		Open Mężczyzn	326	01:02:37	<b>02:47:25.15</b>	<b>02:47:25.15</b>	+01:37:23 (58.2%)	13:57	4.3 (41.7%)
559	<b>ROGALSKI Jakub</b>	<b>4684</b>	COCO JAMBO ALBATROZ	Open Mężczyzn	327	01:01:21	<b>02:47:28.25</b>	<b>02:47:28.25</b>	+01:37:26 (58.2%)	13:57	4.3 (41.7%)
560	<b>LEŚNY Franciszek</b>	<b>4181</b>	KOŹMIŃSKI	Open Mężczyzn	328	00:56:20	<b>02:47:29.05</b>	<b>02:47:29.05</b>	+01:37:27 (58.2%)	13:57	4.3 (41.7%)
561	<b>PAWŁOWICZ Aleksandra</b>	<b>4385</b>		Open Kobiet	37	01:02:40	<b>02:47:34.25</b>	<b>02:47:34.25</b>	+01:37:32 (58.2%)	13:57	4.3 (41.7%)
562	<b>ROŹKO Daniel</b>	<b>4665</b>		Open Mężczyzn	329	01:02:53	<b>02:47:38.95</b>	<b>02:47:38.95</b>	+01:37:37 (58.2%)	13:58	4.3 (41.7%)
563	<b>ROŹKO Sylwia</b>	<b>4666</b>		Open Kobiet	38	01:03:00	<b>02:47:39.15</b>	<b>02:47:39.15</b>	+01:37:37 (58.2%)	13:58	4.3 (41.7%)
564	<b>KULKA Mateusz</b>	<b>4649</b>		Open Mężczyzn	330	01:00:28	<b>02:47:40.90</b>	<b>02:47:40.90</b>	+01:37:39 (58.2%)	13:58	4.3 (41.7%)
565	<b>SZACHOWSKI Grzegorz</b>	<b>4130</b>		Open Mężczyzn	331	01:01:18	<b>02:47:47.70</b>	<b>02:47:47.70</b>	+01:37:46 (58.3%)	13:58	4.3 (41.7%)
566	<b>JÓŹWICKI Mateusz</b>	<b>4513</b>		Open Mężczyzn	332	00:59:52	<b>02:47:54.55</b>	<b>02:47:54.55</b>	+01:37:53 (58.3%)	13:59	4.3 (41.7%)
566	<b>NAGIEL Oskar</b>	<b>4526</b>		Open Mężczyzn	332	00:59:58	<b>02:47:54.55</b>	<b>02:47:54.55</b>	+01:37:53 (58.3%)	13:59	4.3 (41.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
568	<b>SOBCZYK Kamil</b>	<b>5006</b>		Open Mężczyzn	334	01:03:44	<b>02:48:04.95</b>	<b>02:48:04.95</b>	+01:38:03 (58.3%)	14:00	4.3 (41.7%)
569	<b>ŚLUSARCZYK Adam</b>	<b>4536</b>	CALIPROJECT RUN	Open Mężczyzn	335	01:12:34	<b>02:48:06.10</b>	<b>02:48:06.10</b>	+01:38:04 (58.3%)	14:00	4.3 (41.7%)
570	<b>KAŹMIERCZAK Marcin</b>	<b>4351</b>	SZTYWNA SZTYCA	Open Mężczyzn	336	01:07:23	<b>02:48:47.70</b>	<b>02:48:47.70</b>	+01:38:46 (58.5%)	14:03	4.3 (41.7%)
571	<b>FIJAŁKOWSKI Michał</b>	<b>4349</b>	SZTYWNA SZTYCA	Open Mężczyzn	337	01:07:19	<b>02:48:47.80</b>	<b>02:48:47.80</b>	+01:38:46 (58.5%)	14:03	4.3 (41.7%)
572	<b>SKOWRON Filip</b>	<b>4352</b>	SZTYWNA SZTYCA	Open Mężczyzn	338	01:06:31	<b>02:48:48.30</b>	<b>02:48:48.30</b>	+01:38:46 (58.5%)	14:04	4.3 (41.7%)
573	<b>FIJAŁKOWSKI Szymon</b>	<b>4350</b>	SZTYWNA SZTYCA	Open Mężczyzn	339	01:07:09	<b>02:48:48.35</b>	<b>02:48:48.35</b>	+01:38:46 (58.5%)	14:04	4.3 (41.7%)
574	<b>PRZYBYŁO Mateusz</b>	<b>4597</b>		Open Masters Mężczyzn	82	00:58:18	<b>02:49:13.15</b>	<b>02:49:13.15</b>	+01:39:11 (58.6%)	14:06	4.3 (41.7%)
575	<b>HORYZA Borys</b>	<b>4429</b>	ZIELONE LWIĘTA	Open Mężczyzn	340	01:00:58	<b>02:49:21.90</b>	<b>02:49:21.90</b>	+01:39:20 (58.7%)	14:06	4.3 (41.7%)
576	<b>PAŹ Patryk</b>	<b>4952</b>	DAMYRAD3	Open Mężczyzn	341	00:59:26	<b>02:37:34.35</b>	<b>02:49:38.35</b>	+01:39:36 (58.7%)	13:07	4.6 (44.7%)
577	<b>NOWAK Kacper</b>	<b>511</b>	PĘDZĄCE KOMBINERKI	Open Mężczyzn	342	01:11:22	<b>02:49:39.70</b>	<b>02:49:39.70</b>	+01:39:38 (58.7%)	14:08	4.2 (40.8%)
578	<b>MOSKAL Daniel</b>	<b>4128</b>		Open Mężczyzn	343	01:04:46	<b>02:28:31.35</b>	<b>02:49:53.05</b>	+01:39:51 (58.8%)	12:22	4.8 (46.6%)
579	<b>MIKOŁAJEWSKI Maksymilian</b>	<b>4993</b>		Open Mężczyzn	344	01:04:29	<b>02:49:54.60</b>	<b>02:49:54.60</b>	+01:39:53 (58.8%)	14:09	4.2 (40.8%)
580	<b>STANIO Krystian</b>	<b>4110</b>	WOJOWNICY THORA	Open Mężczyzn	345	01:06:17	<b>02:50:10.05</b>	<b>02:50:10.05</b>	+01:40:08 (58.8%)	14:10	4.2 (40.8%)
580	<b>TRZMIELEWSKI Damian</b>	<b>4111</b>	WOJOWNICY THORA	Open Mężczyzn	345	01:06:01	<b>02:50:10.05</b>	<b>02:50:10.05</b>	+01:40:08 (58.8%)	14:10	4.2 (40.8%)
582	<b>PILSAK Agnieszka</b>	<b>4135</b>	CARBON SILESIA SPORT BY VITARADE	Open Kobiet	39	00:54:48	<b>02:50:13.90</b>	<b>02:50:13.90</b>	+01:40:12 (58.9%)	14:11	4.2 (40.8%)
583	<b>KRÓLIKOWSKI Mateusz</b>	<b>4285</b>		Open Mężczyzn	347	01:03:26	<b>02:50:18.85</b>	<b>02:50:18.85</b>	+01:40:17 (58.9%)	14:11	4.2 (40.8%)
584	<b>WIELGUS Jolanta</b>	<b>4608</b>		Open Kobiet	40	01:03:30	<b>02:50:19.75</b>	<b>02:50:19.75</b>	+01:40:18 (58.9%)	14:11	4.2 (40.8%)
585	<b>WIELGUS Marcin</b>	<b>4609</b>		Open Masters Mężczyzn	83	01:03:31	<b>02:50:20.05</b>	<b>02:50:20.05</b>	+01:40:18 (58.9%)	14:11	4.2 (40.8%)
586	<b>SAKOWSKA Zuzanna</b>	<b>4533</b>		Open Kobiet	41	01:06:49	<b>02:50:30.80</b>	<b>02:50:30.80</b>	+01:40:29 (58.9%)	14:12	4.2 (40.8%)
587	<b>DAŁKOWSKI Paweł</b>	<b>4058</b>		Open Masters Mężczyzn	84	00:55:17	<b>02:50:36.65</b>	<b>02:50:36.65</b>	+01:40:35 (59.0%)	14:13	4.2 (40.8%)
588	<b>N. Ewelina</b>	<b>4961</b>	PO PROSTU BIEGNIJ.	Open Kobiet	42	01:04:53	<b>02:50:47.95</b>	<b>02:50:47.95</b>	+01:40:46 (59.0%)	14:13	4.2 (40.8%)
589	<b>CEGIEŁKA Kamil</b>	<b>4977</b>		Open Mężczyzn	348	01:05:07	<b>02:50:48.40</b>	<b>02:50:48.40</b>	+01:40:46 (59.0%)	14:14	4.2 (40.8%)
590	<b>KITA Grzegorz</b>	<b>4719</b>		Open Masters Mężczyzn	85	01:01:04	<b>02:50:49.90</b>	<b>02:50:49.90</b>	+01:40:48 (59.0%)	14:14	4.2 (40.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
591	<b>SOKOŁOWSKI Kacper</b>	<b>5007</b>		Open Mężczyzn	349	01:06:04	<b>02:51:01.50</b>	<b>02:51:01.50</b>	+01:40:59 (59.1%)	14:15	4.2 (40.8%)
592	<b>GLEGOŁA Aleksander</b>	<b>4574</b>		Open Mężczyzn	350	01:04:46	<b>02:51:15.30</b>	<b>02:51:15.30</b>	+01:41:13 (59.1%)	14:16	4.2 (40.8%)
593	<b>GÓRSKI Karol</b>	<b>4440</b>		Open Mężczyzn	351	01:04:34	<b>02:51:15.40</b>	<b>02:51:15.40</b>	+01:41:13 (59.1%)	14:16	4.2 (40.8%)
594	<b>SOKOŁOWSKI Zbyszek</b>	<b>5008</b>		Open Masters Mężczyzn	86	01:05:52	<b>02:51:18.05</b>	<b>02:51:18.05</b>	+01:41:16 (59.1%)	14:16	4.2 (40.8%)
595	<b>PRUŚ Patrycja</b>	<b>4299</b>		Open Kobiet	43	01:12:46	<b>02:51:40.25</b>	<b>02:51:40.25</b>	+01:41:38 (59.2%)	14:18	4.2 (40.8%)
596	<b>GAJDZIK Kuba</b>	<b>4642</b>		Open Mężczyzn	352	01:00:29	<b>02:51:44.15</b>	<b>02:51:44.15</b>	+01:41:42 (59.2%)	14:18	4.2 (40.8%)
597	<b>GAŚIOR Michał</b>	<b>4510</b>		Open Masters Mężczyzn	87	01:12:23	<b>02:51:46.05</b>	<b>02:51:46.05</b>	+01:41:44 (59.2%)	14:18	4.2 (40.8%)
598	<b>GAŚIOR Dominika</b>	<b>4509</b>		Open Kobiet	44	01:12:29	<b>02:51:46.20</b>	<b>02:51:46.20</b>	+01:41:44 (59.2%)	14:18	4.2 (40.8%)
599	<b>ORSZAK Bartłomiej</b>	<b>4732</b>		Open Mężczyzn	353	01:00:24	<b>02:51:48.50</b>	<b>02:51:48.50</b>	+01:41:46 (59.2%)	14:19	4.2 (40.8%)
600	<b>SKOWRONEK Tomasz</b>	<b>5005</b>		Open Mężczyzn	354	01:03:20	<b>02:51:50.30</b>	<b>02:51:50.30</b>	+01:41:48 (59.2%)	14:19	4.2 (40.8%)
601	<b>CZYCZYN Alicja</b>	<b>5035</b>		Open Kobiet	45	01:03:53	<b>02:52:06.75</b>	<b>02:52:06.75</b>	+01:42:05 (59.3%)	14:20	4.2 (40.8%)
602	<b>STANISZEWSKI Daniel</b>	<b>4604</b>		Open Mężczyzn	355	01:03:59	<b>02:52:07.65</b>	<b>02:52:07.65</b>	+01:42:06 (59.3%)	14:20	4.2 (40.8%)
603	<b>KOSTYŁA Kamil</b>	<b>5022</b>	DAMYRAD3	Open Mężczyzn	356	00:50:54	<b>02:42:45.40</b>	<b>02:52:20.40</b>	+01:42:18 (59.4%)	13:33	4.4 (42.7%)
604	<b>JANCZAK-NOWECKA Aleksandra</b>	<b>4211</b>		Open Kobiet	46	01:09:12	<b>02:52:24.25</b>	<b>02:52:24.25</b>	+01:42:22 (59.4%)	14:22	4.2 (40.8%)
605	<b>PAKUŁA Bartosz</b>	<b>4192</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	357	01:08:22	<b>02:52:35.80</b>	<b>02:52:35.80</b>	+01:42:34 (59.4%)	14:22	4.2 (40.8%)
606	<b>CICHECKA Wiktoria</b>	<b>4272</b>		Open Kobiet	47	01:06:49	<b>02:52:44.05</b>	<b>02:52:44.05</b>	+01:42:42 (59.5%)	14:23	4.2 (40.8%)
607	<b>MICHALCZYK Tomasz</b>	<b>4688</b>	JURA CLUB	Open Mężczyzn	358	00:58:30	<b>02:52:53.75</b>	<b>02:52:53.75</b>	+01:42:52 (59.5%)	14:24	4.2 (40.8%)
607	<b>NOWAK Justyna</b>	<b>4729</b>		Open Kobiet	48	00:58:31	<b>02:52:53.75</b>	<b>02:52:53.75</b>	+01:42:52 (59.5%)	14:24	4.2 (40.8%)
609	<b>PELC Karol</b>	<b>4997</b>		Open Mężczyzn	359	01:03:31	<b>02:53:58.05</b>	<b>02:53:58.05</b>	+01:43:56 (59.7%)	14:29	4.1 (39.8%)
610	<b>BARTNICKI Michał</b>	<b>4769</b>		Open Mężczyzn	360	01:06:23	<b>02:54:20.70</b>	<b>02:54:20.70</b>	+01:44:19 (59.8%)	14:31	4.1 (39.8%)
611	<b>ZARZECKI Radosław</b>	<b>5013</b>		Open Mężczyzn	361	01:06:52	<b>02:54:21.05</b>	<b>02:54:21.05</b>	+01:44:19 (59.8%)	14:31	4.1 (39.8%)
612	<b>MATEJA Grzegorz</b>	<b>4958</b>	KOJOTY	Open Mężczyzn	362	01:06:49	<b>02:54:21.30</b>	<b>02:54:21.30</b>	+01:44:19 (59.8%)	14:31	4.1 (39.8%)
613	<b>ZABORSKI Bartłomiej</b>	<b>4402</b>		Open Mężczyzn	363	01:01:08	<b>02:54:29.25</b>	<b>02:54:29.25</b>	+01:44:27 (59.9%)	14:32	4.1 (39.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
614	<b>KORDAS Adrian</b>	<b>4374</b>		Open Mężczyzn	364	01:00:59	<b>02:54:29.95</b>	<b>02:54:29.95</b>	+01:44:28 (59.9%)	14:32	4.1 (39.8%)
615	<b>KUCZBORSKI Jacek</b>	<b>4107</b>	THE WOOWS	Open Mężczyzn	365	01:01:13	<b>02:54:47.15</b>	<b>02:54:47.15</b>	+01:44:45 (59.9%)	14:33	4.1 (39.8%)
616	<b>ŁABANOWSKI Michał</b>	<b>4884</b>		Open Mężczyzn	366	01:06:09	<b>02:55:04.45</b>	<b>02:55:04.45</b>	+01:45:02 (60.0%)	14:35	4.1 (39.8%)
617	<b>KĄDZIELSKA Magdalena</b>	<b>4580</b>		Open Masters Kobiet	6	01:06:22	<b>02:55:08.80</b>	<b>02:55:08.80</b>	+01:45:07 (60.0%)	14:35	4.1 (39.8%)
617	<b>PODOLAK Ewelina</b>	<b>4595</b>		Open Kobiet	49	01:06:35	<b>02:55:08.80</b>	<b>02:55:08.80</b>	+01:45:07 (60.0%)	14:35	4.1 (39.8%)
619	<b>KALWARCZYK Mariusz</b>	<b>4581</b>		Open Mężczyzn	367	01:06:35	<b>02:55:09.10</b>	<b>02:55:09.10</b>	+01:45:07 (60.0%)	14:35	4.1 (39.8%)
620	<b>JADWISZCZAK Anna</b>	<b>4750</b>	BNI ONE	Open Kobiet	50	01:07:47	<b>02:55:13.85</b>	<b>02:55:13.85</b>	+01:45:12 (60.0%)	14:36	4.1 (39.8%)
621	<b>ADAMKIEWICZ Natalia</b>	<b>5014</b>	DIRECT SPORT	Open Kobiet	51	01:07:51	<b>02:55:14.35</b>	<b>02:55:14.35</b>	+01:45:12 (60.0%)	14:36	4.1 (39.8%)
621	<b>DORYCKA Magdalena</b>	<b>4773</b>		Open Kobiet	51	01:07:42	<b>02:55:14.35</b>	<b>02:55:14.35</b>	+01:45:12 (60.0%)	14:36	4.1 (39.8%)
623	<b>ŁEBEK Arkadiusz</b>	<b>4449</b>		Open Masters Mężczyzn	88	01:09:48	<b>02:55:37.30</b>	<b>02:55:37.30</b>	+01:45:35 (60.1%)	14:38	4.1 (39.8%)
624	<b>MIKA Sebastian</b>	<b>4452</b>		Open Mężczyzn	368	01:09:43	<b>02:55:38.60</b>	<b>02:55:38.60</b>	+01:45:37 (60.1%)	14:38	4.1 (39.8%)
625	<b>SZYMCZAK Jacek</b>	<b>4406</b>	BIEGAJĄCE ZĄBKI	Open Masters Mężczyzn	89	01:09:54	<b>02:55:41.10</b>	<b>02:55:41.10</b>	+01:45:39 (60.1%)	14:38	4.1 (39.8%)
626	<b>MAJCZYNA Przemysław</b>	<b>4339</b>	NESTEAM	Open Mężczyzn	369	01:07:39	<b>02:55:41.90</b>	<b>02:55:41.90</b>	+01:45:40 (60.1%)	14:38	4.1 (39.8%)
627	<b>MISZTAL Oskar</b>	<b>4341</b>	NESTEAM	Open Mężczyzn	370	01:07:28	<b>02:55:43.65</b>	<b>02:55:43.65</b>	+01:45:42 (60.2%)	14:38	4.1 (39.8%)
628	<b>MISIAK Emil</b>	<b>4340</b>	NESTEAM	Open Mężczyzn	371	01:06:31	<b>02:55:43.95</b>	<b>02:55:43.95</b>	+01:45:42 (60.2%)	14:38	4.1 (39.8%)
629	<b>ZIÓŁEK Krzysztof</b>	<b>4343</b>	POWER TRAINING	Open Mężczyzn	372	01:07:02	<b>02:55:44.05</b>	<b>02:55:44.05</b>	+01:45:42 (60.2%)	14:38	4.1 (39.8%)
630	<b>FISCHBACH Barbara</b>	<b>4338</b>	NESTEAM	Open Kobiet	53	01:07:14	<b>02:55:44.70</b>	<b>02:55:44.70</b>	+01:45:43 (60.2%)	14:38	4.1 (39.8%)
631	<b>PIECH Wojciech</b>	<b>4812</b>		Open Mężczyzn	373	01:01:35	<b>02:56:10.30</b>	<b>02:56:10.30</b>	+01:46:08 (60.3%)	14:40	4.1 (39.8%)
632	<b>KUTYŁA Kamil</b>	<b>4753</b>	CAP ONE	Open Mężczyzn	374	01:03:57	<b>02:56:14.20</b>	<b>02:56:14.20</b>	+01:46:12 (60.3%)	14:41	4.1 (39.8%)
633	<b>URBANIAK Aleksandra</b>	<b>4755</b>	CAP ONE	Open Kobiet	54	01:04:02	<b>02:56:14.25</b>	<b>02:56:14.25</b>	+01:46:12 (60.3%)	14:41	4.1 (39.8%)
634	<b>BUJALSKI Piotr</b>	<b>4752</b>	CAP ONE	Open Mężczyzn	375	01:04:16	<b>02:56:14.65</b>	<b>02:56:14.65</b>	+01:46:13 (60.3%)	14:41	4.1 (39.8%)
635	<b>WIELECHOWSKI Maciek</b>	<b>4826</b>	CAP ONE	Open Mężczyzn	376	01:04:34	<b>02:56:15.05</b>	<b>02:56:15.05</b>	+01:46:13 (60.3%)	14:41	4.1 (39.8%)
636	<b>KAPŁAN Paweł</b>	<b>4785</b>	CAP ONE	Open Mężczyzn	377	01:04:27	<b>02:56:15.10</b>	<b>02:56:15.10</b>	+01:46:13 (60.3%)	14:41	4.1 (39.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
637	<b>BELNIAK Krzysztof</b>	<b>4751</b>	CAP ONE	Open Mężczyzn	378	01:04:31	<b>02:56:15.15</b>	<b>02:56:15.15</b>	+01:46:13 (60.3%)	14:41	4.1 (39.8%)
638	<b>ŚWIERCZYŃSKI Karol</b>	<b>4754</b>	CAP ONE	Open Mężczyzn	379	01:04:18	<b>02:56:16.25</b>	<b>02:56:16.25</b>	+01:46:14 (60.3%)	14:41	4.1 (39.8%)
639	<b>WINIARSKI Maciej</b>	<b>4036</b>	POSZ	Open Mężczyzn	380	00:58:19	<b>02:56:54.10</b>	<b>02:56:54.10</b>	+01:46:52 (60.4%)	14:44	4.1 (39.8%)
640	<b>HRYNIEWICZ Eryk</b>	<b>4035</b>	POSZ	Open Mężczyzn	381	00:58:36	<b>02:56:54.25</b>	<b>02:56:54.25</b>	+01:46:52 (60.4%)	14:44	4.1 (39.8%)
641	<b>OKUNIEWSKI Krzysztof</b>	<b>4634</b>	ZUPY	Open Mężczyzn	382	01:02:40	<b>02:57:02.70</b>	<b>02:57:02.70</b>	+01:47:01 (60.4%)	14:45	4.1 (39.8%)
642	<b>CHOLEWA Bartosz</b>	<b>4632</b>	ZUPY	Open Mężczyzn	383	01:02:45	<b>02:57:03.00</b>	<b>02:57:03.00</b>	+01:47:01 (60.4%)	14:45	4.1 (39.8%)
643	<b>LAMMEL Leszek</b>	<b>4633</b>	ZUPY	Open Mężczyzn	384	01:02:42	<b>02:57:03.30</b>	<b>02:57:03.30</b>	+01:47:01 (60.4%)	14:45	4.1 (39.8%)
644	<b>TRACIKOWSKI Karol</b>	<b>4672</b>		Open Mężczyzn	385	01:04:51	<b>02:57:32.65</b>	<b>02:57:32.65</b>	+01:47:31 (60.6%)	14:47	4.1 (39.8%)
645	<b>DOWGWIŁŁOWICZ Natalia</b>	<b>4428</b>	ZIELONE LWIĘTA	Open Kobiet	55	01:11:52	<b>02:57:49.75</b>	<b>02:57:49.75</b>	+01:47:48 (60.6%)	14:49	4 (38.8%)
646	<b>WLIZŁO Milena</b>	<b>4430</b>	ZIELONE LWIĘTA	Open Kobiet	56	01:11:51	<b>02:57:49.95</b>	<b>02:57:49.95</b>	+01:47:48 (60.6%)	14:49	4 (38.8%)
647	<b>PIETROWSKI Robert</b>	<b>4706</b>	ZIELONE LWIĘTA	Open Mężczyzn	386	01:11:18	<b>02:57:52.10</b>	<b>02:57:52.10</b>	+01:47:50 (60.6%)	14:49	4 (38.8%)
648	<b>D Konrad</b>	<b>4435</b>		Open Mężczyzn	387	01:00:18	<b>02:57:59.20</b>	<b>02:57:59.20</b>	+01:47:57 (60.7%)	14:49	4 (38.8%)
649	<b>JASIUK Maciek</b>	<b>4579</b>		Open Mężczyzn	388	00:58:01	<b>02:58:01.75</b>	<b>02:58:01.75</b>	+01:48:00 (60.7%)	14:50	4 (38.8%)
650	<b>L4Him</b>	<b>4465</b>	CALIPROJECT RUN	Open Mężczyzn	389	01:19:37	<b>02:58:21.10</b>	<b>02:58:21.10</b>	+01:48:19 (60.7%)	14:51	4 (38.8%)
651	<b>KUCHARSKI Mikołaj</b>	<b>4648</b>		Open Mężczyzn	390	01:02:09	<b>02:58:46.40</b>	<b>02:58:46.40</b>	+01:48:44 (60.8%)	14:53	4 (38.8%)
652	<b>TRIGO REGUERO Adrian</b>	<b>4557</b>	HISZPANIA CF	Open Mężczyzn	391	01:02:56	<b>02:58:55.45</b>	<b>02:58:55.45</b>	+01:48:53 (60.9%)	14:54	4 (38.8%)
653	<b>JORGE Oscar</b>	<b>4556</b>	HISZPANIA CF	Open Mężczyzn	392	01:02:48	<b>02:58:56.85</b>	<b>02:58:56.85</b>	+01:48:55 (60.9%)	14:54	4 (38.8%)
654	<b>KOSIŃSKI Marcin</b>	<b>4092</b>	OCR CROSSFIT CIECHANÓW	Elite Mężczyzn	76	00:53:32	<b>02:58:58.50</b>	<b>02:58:58.50</b>	+01:48:56 (60.9%)	14:54	4 (38.8%)
655	<b>ZAHORODNII Bohdan</b>	<b>4764</b>	TRANSFORMATORY 2	Open Mężczyzn	393	00:57:30	<b>02:59:17.95</b>	<b>02:59:17.95</b>	+01:49:16 (60.9%)	14:56	4 (38.8%)
656	<b>KUŹNICKI Mariusz</b>	<b>4763</b>	TRANSFORMATORY 2	Open Mężczyzn	394	00:57:20	<b>02:59:18.10</b>	<b>02:59:18.10</b>	+01:49:16 (60.9%)	14:56	4 (38.8%)
657	<b>ZIEMBIŃSKI Adrian</b>	<b>4197</b>	WARRIORS ŁÓDŹ	Open Mężczyzn	395	01:10:39	<b>02:59:24.85</b>	<b>02:59:24.85</b>	+01:49:23 (61.0%)	14:57	4 (38.8%)
658	<b>JANICKA Kamila</b>	<b>4196</b>	WARRIORS ŁÓDŹ	Open Kobiet	57	01:11:18	<b>02:59:25.15</b>	<b>02:59:25.15</b>	+01:49:23 (61.0%)	14:57	4 (38.8%)
659	<b>HONCZAR Michał</b>	<b>4875</b>		Open Mężczyzn	396	01:07:14	<b>02:59:38.60</b>	<b>02:59:38.60</b>	+01:49:37 (61.0%)	14:58	4 (38.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
660	<b>SAWCZUK Jakub</b>	<b>4601</b>		Open Mężczyzn	397	00:59:22	<b>03:00:08.65</b>	<b>03:00:08.65</b>	+01:50:07 (61.1%)	15:00	4 (38.8%)
661	<b>NIEDBAŁKA Jakub</b>	<b>4474</b>	CALIPROJECT RUN	Open Mężczyzn	398	01:10:35	<b>03:00:49.30</b>	<b>03:00:49.30</b>	+01:50:47 (61.3%)	15:04	4 (38.8%)
662	<b>OLECHOWSKI Robert</b>	<b>4475</b>	CALIPROJECT RUN	Open Mężczyzn	399	01:10:26	<b>03:00:50.45</b>	<b>03:00:50.45</b>	+01:50:48 (61.3%)	15:04	4 (38.8%)
663	<b>SKARŻYŃSKI Grzesiek</b>	<b>5004</b>		Open Mężczyzn	400	00:57:37	<b>02:54:36.80</b>	<b>03:01:08.80</b>	+01:51:07 (61.3%)	14:33	4.1 (39.8%)
664	<b>ROGULSKA Sara</b>	<b>4300</b>		Open Kobiet	58	01:10:24	<b>03:02:17.90</b>	<b>03:02:17.90</b>	+01:52:16 (61.6%)	15:11	3.9 (37.9%)
665	<b>PACZUSKI Artur</b>	<b>4295</b>		Open Mężczyzn	401	01:11:47	<b>03:02:18.40</b>	<b>03:02:18.40</b>	+01:52:16 (61.6%)	15:11	3.9 (37.9%)
666	<b>PIĘTKA Dariusz</b>	<b>4297</b>		Open Masters Mężczyzn	90	01:10:38	<b>03:02:23.40</b>	<b>03:02:23.40</b>	+01:52:21 (61.6%)	15:11	3.9 (37.9%)
667	<b>CZERNIK Artur</b>	<b>4274</b>		Open Masters Mężczyzn	91	01:09:43	<b>03:02:24.35</b>	<b>03:02:24.35</b>	+01:52:22 (61.6%)	15:12	3.9 (37.9%)
668	<b>KUBACKI Marcin</b>	<b>4795</b>		Open Mężczyzn	402	01:05:33	<b>03:02:33.20</b>	<b>03:02:33.20</b>	+01:52:31 (61.6%)	15:12	3.9 (37.9%)
669	<b>PAWŁOWSKI Cezary</b>	<b>4996</b>		Open Masters Mężczyzn	92	01:02:54	<b>03:02:38.00</b>	<b>03:02:38.00</b>	+01:52:36 (61.7%)	15:13	3.9 (37.9%)
670	<b>BOLC Kamil</b>	<b>4548</b>	ENIGMA SOI	Open Mężczyzn	403	01:12:21	<b>03:03:34.70</b>	<b>03:03:34.70</b>	+01:53:33 (61.9%)	15:17	3.9 (37.9%)
671	<b>SZYMAŃSKI Filip</b>	<b>4553</b>	ENIGMA SOI	Open Mężczyzn	404	01:12:11	<b>03:03:36.35</b>	<b>03:03:36.35</b>	+01:53:34 (61.9%)	15:18	3.9 (37.9%)
672	<b>WALDEK Mateusz</b>	<b>4554</b>	ENIGMA SOI	Open Mężczyzn	405	01:12:24	<b>03:03:43.25</b>	<b>03:03:43.25</b>	+01:53:41 (61.9%)	15:18	3.9 (37.9%)
673	<b>MAJDER Kacper</b>	<b>4550</b>	ENIGMA SOI	Open Mężczyzn	406	01:12:31	<b>03:03:50.30</b>	<b>03:03:50.30</b>	+01:53:48 (61.9%)	15:19	3.9 (37.9%)
674	<b>KYCIA Daniel</b>	<b>4797</b>		Open Mężczyzn	407	01:11:08	<b>03:03:57.75</b>	<b>03:03:57.75</b>	+01:53:56 (61.9%)	15:19	3.9 (37.9%)
675	<b>SZYMANEK Mateusz</b>	<b>4819</b>		Open Mężczyzn	408	01:11:13	<b>03:03:57.85</b>	<b>03:03:57.85</b>	+01:53:56 (61.9%)	15:19	3.9 (37.9%)
676	<b>SZYDLIK Adrian</b>	<b>4964</b>	SZURNIĘTA RODZINKA	Open Mężczyzn	409	01:00:49	<b>03:04:14.60</b>	<b>03:04:14.60</b>	+01:54:13 (62.0%)	15:21	3.9 (37.9%)
676	<b>SZYDLIK Aleksandra</b>	<b>4965</b>	SZURNIĘTA RODZINKA	Open Kobiet	59	01:00:42	<b>03:04:14.60</b>	<b>03:04:14.60</b>	+01:54:13 (62.0%)	15:21	3.9 (37.9%)
678	<b>WOŁCZYK Klaudia</b>	<b>4759</b>	PARABEZGRANIC	Open Kobiet	60	01:13:22	<b>03:05:14.00</b>	<b>03:05:14.00</b>	+01:55:12 (62.2%)	15:26	3.9 (37.9%)
679	<b>BERETELI Ihor</b>	<b>4760</b>	PARABEZGRANIC	Open Mężczyzn	410	01:13:28	<b>03:05:15.30</b>	<b>03:05:15.30</b>	+01:55:13 (62.2%)	15:26	3.9 (37.9%)
680	<b>ZADOROZHNIИ Dmytro</b>	<b>4612</b>		Open Mężczyzn	411	01:08:06	<b>03:05:21.15</b>	<b>03:05:21.15</b>	+01:55:19 (62.2%)	15:26	3.9 (37.9%)
681	<b>IVANKO Valentyna</b>	<b>4555</b>	EY OCR TEAM	Open Kobiet	61	01:07:58	<b>03:05:22.00</b>	<b>03:05:22.00</b>	+01:55:20 (62.2%)	15:26	3.9 (37.9%)
682	<b>KIEDA Patryk</b>	<b>4122</b>		Open Mężczyzn	412	01:13:21	<b>03:05:36.10</b>	<b>03:05:36.10</b>	+01:55:34 (62.3%)	15:28	3.9 (37.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
683	<b>MODZELAN-PRZYBYŁO Jolanta</b>	<b>4893</b>		Open Masters Kobiet	7	00:58:26	<b>03:05:38.75</b>	<b>03:05:38.75</b>	+01:55:37 (62.3%)	15:28	3.9 (37.9%)
684	<b>GILARSKA Edyta</b>	<b>4836</b>	NINJA CLUB KRAKOW	Open Masters Kobiet	8	00:58:34	<b>03:05:39.50</b>	<b>03:05:39.50</b>	+01:55:37 (62.3%)	15:28	3.9 (37.9%)
685	<b>DUDKO Marcin</b>	<b>4205</b>		Open Mężczyzn	413	01:10:25	<b>03:05:39.85</b>	<b>03:05:39.85</b>	+01:55:38 (62.3%)	15:28	3.9 (37.9%)
686	<b>LITKE Jakub</b>	<b>4171</b>	CIEŻKI SZPITAL	Open Mężczyzn	414	01:10:27	<b>03:05:40.10</b>	<b>03:05:40.10</b>	+01:55:38 (62.3%)	15:28	3.9 (37.9%)
687	<b>MELONIK Maciej</b>	<b>1661</b>	PRZYBYŁKI	Open Mężczyzn	415	00:58:46	<b>03:05:40.15</b>	<b>03:05:40.15</b>	+01:55:38 (62.3%)	15:28	3.9 (37.9%)
688	<b>SZULC Adam</b>	<b>4839</b>	POWER TRAINING	Open Masters Mężczyzn	93	00:58:31	<b>03:05:40.60</b>	<b>03:05:40.60</b>	+01:55:39 (62.3%)	15:28	3.9 (37.9%)
689	<b>TYCHMANOWICZ Maurycy</b>	<b>4173</b>	CIEŻKI SZPITAL	Open Mężczyzn	416	01:11:23	<b>03:05:40.70</b>	<b>03:05:40.70</b>	+01:55:39 (62.3%)	15:28	3.9 (37.9%)
690	<b>BIELIŃSKI Bartek</b>	<b>4169</b>	CIEŻKI SZPITAL	Open Mężczyzn	417	01:10:56	<b>03:05:41.50</b>	<b>03:05:41.50</b>	+01:55:39 (62.3%)	15:28	3.9 (37.9%)
691	<b>GORECKI Lukasz</b>	<b>4367</b>		Open Masters Mężczyzn	94	01:09:12	<b>03:05:44.15</b>	<b>03:05:44.15</b>	+01:55:42 (62.3%)	15:28	3.9 (37.9%)
692	<b>DRZEWIECKA Natalia</b>	<b>4170</b>	CIEŻKI SZPITAL	Open Kobiet	62	01:10:42	<b>03:05:45.00</b>	<b>03:05:45.00</b>	+01:55:43 (62.3%)	15:28	3.9 (37.9%)
693	<b>MICHALAK Mikołaj</b>	<b>4172</b>	CIEŻKI SZPITAL	Open Mężczyzn	418	01:10:22	<b>03:05:46.85</b>	<b>03:05:46.85</b>	+01:55:45 (62.3%)	15:28	3.9 (37.9%)
694	<b>CHOJNACKI Norbert</b>	<b>4202</b>		Open Mężczyzn	419	01:11:29	<b>03:05:47.15</b>	<b>03:05:47.15</b>	+01:55:45 (62.3%)	15:28	3.9 (37.9%)
695	<b>WIELĄDEK Mateusz</b>	<b>4354</b>	TECHNIK INFORMATYK	Open Mężczyzn	420	01:10:44	<b>03:05:59.10</b>	<b>03:05:59.10</b>	+01:55:57 (62.3%)	15:29	3.9 (37.9%)
696	<b>HABRYCH Martyna</b>	<b>4368</b>		Open Kobiet	63	01:10:30	<b>03:06:00.35</b>	<b>03:06:00.35</b>	+01:55:58 (62.4%)	15:30	3.9 (37.9%)
697	<b>ZDULSKI Jan</b>	<b>4355</b>	TECHNIK INFORMATYK	Open Mężczyzn	421		<b>03:06:00.65</b>	<b>03:06:00.65</b>	+01:55:59 (62.4%)	15:30	3.9 (37.9%)
697	<b>BEDNARSKI Arkadiusz</b>	<b>4353</b>	TECHNIK INFORMATYK	Open Mężczyzn	421	01:10:38	<b>03:06:00.65</b>	<b>03:06:00.65</b>	+01:55:59 (62.4%)	15:30	3.9 (37.9%)
699	<b>OGRODOWSKI Blazej</b>	<b>4164</b>	BAŚNIOWY OGRÓD MIĘDZYBORÓW	Open Masters Mężczyzn	95	01:22:59	<b>03:06:12.80</b>	<b>03:06:12.80</b>	+01:56:11 (62.4%)	15:31	3.9 (37.9%)
700	<b>SZCZYPEK Katarzyna</b>	<b>4397</b>		Open Kobiet	64	01:08:50	<b>03:06:13.30</b>	<b>03:06:13.30</b>	+01:56:11 (62.4%)	15:31	3.9 (37.9%)
701	<b>GÓRECKA Ewa</b>	<b>4366</b>		Open Kobiet	65	01:09:04	<b>03:06:13.55</b>	<b>03:06:13.55</b>	+01:56:12 (62.4%)	15:31	3.9 (37.9%)
702	<b>WOJCIECHOWSKI Karol</b>	<b>4091</b>	MIASTECZKO POLUSA	Open Mężczyzn	423	01:01:41	<b>03:06:33.95</b>	<b>03:06:33.95</b>	+01:56:32 (62.5%)	15:32	3.9 (37.9%)
703	<b>TKACZUK Karolina</b>	<b>4606</b>		Open Kobiet	66	01:07:17	<b>03:06:59.60</b>	<b>03:06:59.60</b>	+01:56:58 (62.6%)	15:34	3.9 (37.9%)
704	<b>JARZĄBEK Mateusz</b>	<b>4781</b>		Open Mężczyzn	424	01:11:16	<b>03:07:33.10</b>	<b>03:07:33.10</b>	+01:57:31 (62.7%)	15:37	3.8 (36.9%)
705	<b>ROMANIUK Natalia</b>	<b>4815</b>		Open Kobiet	67	01:10:53	<b>03:07:33.90</b>	<b>03:07:33.90</b>	+01:57:32 (62.7%)	15:37	3.8 (36.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
706	<b>MAKARUK Michał</b>	<b>4800</b>		Open Mężczyzn	425	01:11:01	<b>03:07:34.20</b>	<b>03:07:34.20</b>	+01:57:32 (62.7%)	15:37	3.8 (36.9%)
707	<b>DUDEK Paweł</b>	<b>5020</b>	BKB CZARNA PERŁA	Open Mężczyzn	426	01:06:32	<b>03:07:42.75</b>	<b>03:07:42.75</b>	+01:57:41 (62.7%)	15:38	3.8 (36.9%)
708	<b>LUŻNY Adrian</b>	<b>4464</b>	BYKOWNIA DZ	Open Mężczyzn	427	00:59:44	<b>03:08:08.85</b>	<b>03:08:08.85</b>	+01:58:07 (62.8%)	15:40	3.8 (36.9%)
709	<b>OBIEDZIŃSKA Anna</b>	<b>4179</b>	DZIK KOMANDO	Open Kobiet	68	01:11:11	<b>03:08:55.35</b>	<b>03:08:55.35</b>	+01:58:53 (62.9%)	15:44	3.8 (36.9%)
710	<b>MAJCHROWICZ Michał</b>	<b>4178</b>	DZIK KOMANDO	Open Mężczyzn	428	01:11:11	<b>03:08:55.65</b>	<b>03:08:55.65</b>	+01:58:54 (62.9%)	15:44	3.8 (36.9%)
711	<b>ATTIYA Lidia</b>	<b>4199</b>		Open Masters Kobiet	9	01:11:10	<b>03:08:55.85</b>	<b>03:08:55.85</b>	+01:58:54 (62.9%)	15:44	3.8 (36.9%)
712	<b>JUSZCZYK Piotr</b>	<b>4174</b>	ĆPAJ_SPORT_WWA	Open Mężczyzn	429	01:14:22	<b>03:10:06.25</b>	<b>03:10:06.25</b>	+02:00:04 (63.2%)	15:50	3.8 (36.9%)
713	<b>PIOTROWSKA Monika</b>	<b>4175</b>	ĆPAJ_SPORT_WWA	Open Kobiet	69	01:14:31	<b>03:10:06.90</b>	<b>03:10:06.90</b>	+02:00:05 (63.2%)	15:50	3.8 (36.9%)
714	<b>SZCZEPAŃSKI Jarosław</b>	<b>4905</b>		Open Masters Mężczyzn	96	01:17:28	<b>03:10:48.40</b>	<b>03:10:48.40</b>	+02:00:46 (63.3%)	15:54	3.8 (36.9%)
715	<b>JEZIORSKA Joanna</b>	<b>4877</b>		Open Masters Kobiet	10	01:17:05	<b>03:10:48.45</b>	<b>03:10:48.45</b>	+02:00:46 (63.3%)	15:54	3.8 (36.9%)
716	<b>KAPICZYŃSKI-BOREJKO Michał</b>	<b>4784</b>		Open Mężczyzn	430	01:02:38	<b>03:10:57.95</b>	<b>03:10:57.95</b>	+02:00:56 (63.3%)	15:54	3.8 (36.9%)
717	<b>ORZOŁ Mateusz</b>	<b>4805</b>		Open Mężczyzn	431	01:02:52	<b>03:11:01.05</b>	<b>03:11:01.05</b>	+02:00:59 (63.3%)	15:55	3.8 (36.9%)
718	<b>SOKOŁOWSKI Maciej</b>	<b>4942</b>		Open Mężczyzn	432	01:12:06	<b>03:11:02.75</b>	<b>03:11:02.75</b>	+02:01:01 (63.3%)	15:55	3.8 (36.9%)
719	<b>DOMAGAŁA Sylwia</b>	<b>5036</b>		Open Kobiet	70	01:11:55	<b>03:11:05.95</b>	<b>03:11:05.95</b>	+02:01:04 (63.4%)	15:55	3.8 (36.9%)
720	<b>OBREŃSKI Artur</b>	<b>4177</b>	DREAM TEAM WWL	Open Mężczyzn	433	01:06:29	<b>03:11:45.05</b>	<b>03:11:45.05</b>	+02:01:43 (63.5%)	15:58	3.8 (36.9%)
721	<b>JANUS Dominik</b>	<b>4212</b>		Open Mężczyzn	434	01:06:39	<b>03:11:45.15</b>	<b>03:11:45.15</b>	+02:01:43 (63.5%)	15:58	3.8 (36.9%)
722	<b>SZADKOWSKI Dawid</b>	<b>4232</b>		Open Mężczyzn	435	01:06:23	<b>03:11:45.40</b>	<b>03:11:45.40</b>	+02:01:43 (63.5%)	15:58	3.8 (36.9%)
723	<b>SUSZCZENKO Łukasz</b>	<b>4191</b>	RAJSKA TEAM	Open Mężczyzn	436	01:06:47	<b>03:11:49.45</b>	<b>03:11:49.45</b>	+02:01:47 (63.5%)	15:59	3.8 (36.9%)
724	<b>MENTOWSKI Jakub</b>	<b>4222</b>		Open Mężczyzn	437	01:09:17	<b>03:11:50.85</b>	<b>03:11:50.85</b>	+02:01:49 (63.5%)	15:59	3.8 (36.9%)
725	<b>KUKLIK Jeremiasz</b>	<b>4176</b>	DREAM TEAM WWL	Open Mężczyzn	438	01:09:37	<b>03:11:52.05</b>	<b>03:11:52.05</b>	+02:01:50 (63.5%)	15:59	3.8 (36.9%)
726	<b>GUZY Mateusz</b>	<b>4980</b>		Open Mężczyzn	439	01:09:00	<b>03:11:55.00</b>	<b>03:11:55.00</b>	+02:01:53 (63.5%)	15:59	3.8 (36.9%)
727	<b>PREWYSZ-KWINTO Mateusz</b>	<b>4960</b>	OBSTACLE CENTER TEAM	Open Mężczyzn	440	01:08:59	<b>03:11:55.40</b>	<b>03:11:55.40</b>	+02:01:53 (63.5%)	15:59	3.8 (36.9%)
728	<b>LEWANDOWSKI Marcin</b>	<b>4885</b>		Open Mężczyzn	441	01:07:10	<b>03:12:19.05</b>	<b>03:12:19.05</b>	+02:02:17 (63.6%)	16:01	3.7 (35.9%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
729	<b>ŚLIZAK Dawid</b>	<b>4818</b>		Open Mężczyzn	442	01:11:36	<b>03:12:28.45</b>	<b>03:12:28.45</b>	+02:02:26 (63.6%)	16:02	3.7 (35.9%)
729	<b>TRELA Wojciech</b>	<b>4823</b>		Open Mężczyzn	442	01:11:30	<b>03:12:28.45</b>	<b>03:12:28.45</b>	+02:02:26 (63.6%)	16:02	3.7 (35.9%)
731	<b>ZAWADKA Karolina</b>	<b>4258</b>	STOPKA PILAWA	Open Kobiet	71	01:10:07	<b>03:12:39.20</b>	<b>03:12:39.20</b>	+02:02:37 (63.7%)	16:03	3.7 (35.9%)
732	<b>ZAWADKA Kamil</b>	<b>4257</b>	STOPKA PILAWA	Open Mężczyzn	444	01:10:11	<b>03:12:39.30</b>	<b>03:12:39.30</b>	+02:02:37 (63.7%)	16:03	3.7 (35.9%)
733	<b>KARABON Tomasz</b>	<b>4515</b>		Open Masters Mężczyzn	97	01:12:58	<b>03:12:41.05</b>	<b>03:12:41.05</b>	+02:02:39 (63.7%)	16:03	3.7 (35.9%)
734	<b>HAWRASZ Gniewomir</b>	<b>4704</b>	ZDROFIT	Open Mężczyzn	445	01:05:56	<b>03:13:18.10</b>	<b>03:13:18.10</b>	+02:03:16 (63.8%)	16:06	3.7 (35.9%)
735	<b>TOMICKI Mirosław</b>	<b>4705</b>	ZDROFIT	Open Masters Mężczyzn	98	01:05:50	<b>03:13:18.40</b>	<b>03:13:18.40</b>	+02:03:16 (63.8%)	16:06	3.7 (35.9%)
736	<b>ROŻUK Paweł</b>	<b>5027</b>		Open Mężczyzn	446	01:09:16	<b>03:13:45.00</b>	<b>03:13:45.00</b>	+02:03:43 (63.9%)	16:08	3.7 (35.9%)
737	<b>MALESZEWSKA Gabi</b>	<b>4801</b>		Open Kobiet	72	01:09:15	<b>03:13:45.40</b>	<b>03:13:45.40</b>	+02:03:43 (63.9%)	16:08	3.7 (35.9%)
738	<b>MYSZKA Hubert</b>	<b>4659</b>		Open Mężczyzn	447	01:10:20	<b>03:13:52.65</b>	<b>03:13:52.65</b>	+02:03:51 (63.9%)	16:09	3.7 (35.9%)
738	<b>DANKOWSKA Wiktoria</b>	<b>4639</b>		Open Kobiet	73	01:10:16	<b>03:13:52.65</b>	<b>03:13:52.65</b>	+02:03:51 (63.9%)	16:09	3.7 (35.9%)
740	<b>TOMORI Juraj</b>	<b>4237</b>		Open Mężczyzn	448	01:11:38	<b>03:14:16.50</b>	<b>03:14:16.50</b>	+02:04:14 (64.0%)	16:11	3.7 (35.9%)
741	<b>DUCH Joanna</b>	<b>4641</b>		Open Masters Kobiet	11	01:16:36	<b>03:14:48.80</b>	<b>03:14:48.80</b>	+02:04:47 (64.1%)	16:14	3.7 (35.9%)
742	<b>CSAVAJDA Edit</b>	<b>4638</b>		Open Kobiet	74	01:16:40	<b>03:14:49.45</b>	<b>03:14:49.45</b>	+02:04:47 (64.1%)	16:14	3.7 (35.9%)
743	<b>MACIEJEWSKA Natalia</b>	<b>4842</b>	SOCIOS SILESIA	Open Kobiet	75	01:10:58	<b>03:14:57.40</b>	<b>03:14:57.40</b>	+02:04:55 (64.1%)	16:14	3.7 (35.9%)
744	<b>MURAWSKI Paweł</b>	<b>4895</b>		Open Mężczyzn	449	01:11:13	<b>03:15:00.80</b>	<b>03:15:00.80</b>	+02:04:59 (64.1%)	16:15	3.7 (35.9%)
745	<b>BORUC Tomasz</b>	<b>4868</b>		Open Masters Mężczyzn	99	01:11:08	<b>03:15:01.10</b>	<b>03:15:01.10</b>	+02:04:59 (64.1%)	16:15	3.7 (35.9%)
746	<b>PREWYSZ-KWINTO Marta</b>	<b>4838</b>	OBSTACLE CENTER TEAM	Open Kobiet	76	01:11:14	<b>03:15:01.60</b>	<b>03:15:01.60</b>	+02:05:00 (64.1%)	16:15	3.7 (35.9%)
747	<b>ŁUKASIK Tomasz</b>	<b>4837</b>	NINJA ELEMENTS	Open Masters Mężczyzn	100	01:11:17	<b>03:15:01.75</b>	<b>03:15:01.75</b>	+02:05:00 (64.1%)	16:15	3.7 (35.9%)
748	<b>SCHUBERT Tomasz</b>	<b>4941</b>		Open Masters Mężczyzn	101	01:11:27	<b>03:15:01.80</b>	<b>03:15:01.80</b>	+02:05:00 (64.1%)	16:15	3.7 (35.9%)
749	<b>STĘPIEŃ Paulina</b>	<b>4914</b>	OBSTACLE CENTER TEAM	Open Kobiet	77	01:10:59	<b>03:15:02.10</b>	<b>03:15:02.10</b>	+02:05:00 (64.1%)	16:15	3.7 (35.9%)
750	<b>BILŃSKI Bartosz</b>	<b>4568</b>		Open Mężczyzn	450	00:59:51	<b>03:15:02.90</b>	<b>03:15:02.90</b>	+02:05:01 (64.1%)	16:15	3.7 (35.9%)
751	<b>RADOMSKA Anna</b>	<b>4861</b>	ZDROWO KLEPNIĘCI	Open Kobiet	78	01:15:54	<b>03:15:11.90</b>	<b>03:15:11.90</b>	+02:05:10 (64.1%)	16:15	3.7 (35.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
752	<b>DE ALMEIDA Monika</b>	<b>4859</b>	ZDROWO KLEPNIĘCI	Open Masters Kobiet	12	01:16:04	<b>03:15:12.15</b>	<b>03:15:12.15</b>	+02:05:10 (64.1%)	16:16	3.7 (35.9%)
753	<b>NOWAK Michał</b>	<b>4153</b>	SOCIOS SILESIA	Open Mężczyzn	451	00:52:27	<b>03:15:22.30</b>	<b>03:15:22.30</b>	+02:05:20 (64.2%)	16:16	3.7 (35.9%)
754	<b>ZAWADZKI Kamil</b>	<b>4848</b>	Z CZWÓRKI LWY	Open Mężczyzn	452	01:07:46	<b>03:15:33.20</b>	<b>03:15:33.20</b>	+02:05:31 (64.2%)	16:17	3.7 (35.9%)
755	<b>RÓŻYCKI Kacper</b>	<b>4845</b>	Z CZWÓRKI LWY	Open Mężczyzn	453	01:07:37	<b>03:15:34.40</b>	<b>03:15:34.40</b>	+02:05:32 (64.2%)	16:17	3.7 (35.9%)
756	<b>BILSKI Dariusz</b>	<b>4843</b>	Z CZWÓRKI LWY	Open Mężczyzn	454	01:08:08	<b>03:15:34.90</b>	<b>03:15:34.90</b>	+02:05:33 (64.2%)	16:17	3.7 (35.9%)
757	<b>PODOLSKI Sylwester</b>	<b>4663</b>		Open Mężczyzn	455	01:09:57	<b>03:15:35.45</b>	<b>03:15:35.45</b>	+02:05:33 (64.2%)	16:17	3.7 (35.9%)
758	<b>BŁASZCZYK Jakub</b>	<b>4844</b>	Z CZWÓRKI LWY	Open Mężczyzn	456	01:08:24	<b>03:15:35.50</b>	<b>03:15:35.50</b>	+02:05:33 (64.2%)	16:17	3.7 (35.9%)
759	<b>MALEC Kacper</b>	<b>4655</b>		Open Mężczyzn	457	01:09:45	<b>03:15:35.55</b>	<b>03:15:35.55</b>	+02:05:34 (64.2%)	16:17	3.7 (35.9%)
760	<b>RUTKOWSKI Jarosław</b>	<b>4846</b>	Z CZWÓRKI LWY	Open Mężczyzn	458	01:08:05	<b>03:15:35.75</b>	<b>03:15:35.75</b>	+02:05:34 (64.2%)	16:17	3.7 (35.9%)
761	<b>BRZANA Bogdan</b>	<b>4870</b>	Z CZWÓRKI LWY	Open Mężczyzn	459	01:07:56	<b>03:15:38.40</b>	<b>03:15:38.40</b>	+02:05:36 (64.2%)	16:18	3.7 (35.9%)
762	<b>PIETRUCHA Paweł</b>	<b>4386</b>		Open Mężczyzn	460	01:04:18	<b>03:15:54.35</b>	<b>03:15:54.35</b>	+02:05:52 (64.3%)	16:19	3.7 (35.9%)
762	<b>WYSOTA Anna</b>	<b>4401</b>		Open Kobiet	79	01:04:13	<b>03:15:54.35</b>	<b>03:15:54.35</b>	+02:05:52 (64.3%)	16:19	3.7 (35.9%)
764	<b>GORZEŃ Krzysztof</b>	<b>5025</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	461	01:10:48	<b>03:17:02.20</b>	<b>03:17:02.20</b>	+02:07:00 (64.5%)	16:25	3.7 (35.9%)
765	<b>GORZEŃ Ewa</b>	<b>5040</b>	ŁOWCY PIEROŻKÓW	Open Kobiet	80	01:11:44	<b>03:17:02.40</b>	<b>03:17:02.40</b>	+02:07:00 (64.5%)	16:25	3.7 (35.9%)
766	<b>KOWALCZYK Daniel</b>	<b>4937</b>		Open Mężczyzn	462	01:09:37	<b>03:17:12.65</b>	<b>03:17:12.65</b>	+02:07:11 (64.5%)	16:26	3.7 (35.9%)
767	<b>ŻUKOWSKA Aleksandra</b>	<b>4945</b>		Open Masters Kobiet	13	01:19:26	<b>03:17:14.40</b>	<b>03:17:14.40</b>	+02:07:12 (64.5%)	16:26	3.7 (35.9%)
768	<b>ŻUKOWSKI Roman</b>	<b>4946</b>		Open Masters Mężczyzn	102	01:19:35	<b>03:17:14.55</b>	<b>03:17:14.55</b>	+02:07:13 (64.5%)	16:26	3.7 (35.9%)
769	<b>BODZON Zuzanna</b>	<b>4909</b>	0,7 ZGŁOŚ SIĘ	Open Kobiet	81	01:20:47	<b>03:17:21.15</b>	<b>03:17:21.15</b>	+02:07:19 (64.5%)	16:26	3.6 (35.0%)
770	<b>BARSZCZ Dominika</b>	<b>4841</b>	ROSSMANN	Open Kobiet	82	01:20:55	<b>03:17:21.30</b>	<b>03:17:21.30</b>	+02:07:19 (64.5%)	16:26	3.6 (35.0%)
770	<b>SZYMAŃCZAK Monika</b>	<b>4910</b>	0,7 ZGŁOŚ SIĘ	Open Masters Kobiet	14	01:19:31	<b>03:17:21.30</b>	<b>03:17:21.30</b>	+02:07:19 (64.5%)	16:26	3.6 (35.0%)
772	<b>SZYMANCZAK Dariusz</b>	<b>4911</b>	07 ZGŁOŚ SIĘ	Open Masters Mężczyzn	103	01:19:11	<b>03:17:21.50</b>	<b>03:17:21.50</b>	+02:07:19 (64.5%)	16:26	3.6 (35.0%)
773	<b>REY Patryk</b>	<b>4390</b>		Open Mężczyzn	463	01:13:58	<b>03:17:38.95</b>	<b>03:17:38.95</b>	+02:07:37 (64.6%)	16:28	3.6 (35.0%)
774	<b>REY Andrzej</b>	<b>4389</b>		Open Masters Mężczyzn	104	01:14:05	<b>03:17:39.20</b>	<b>03:17:39.20</b>	+02:07:37 (64.6%)	16:28	3.6 (35.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
775	KONCEWICZ Aleksander	4787		Open Mężczyzn	464	01:15:44	03:18:14.75	03:18:14.75	+02:08:13 (64.7%)	16:31	3.6 (35.0%)
776	Vertigca	4765		Open Mężczyzn	465	01:15:44	03:18:16.05	03:18:16.05	+02:08:14 (64.7%)	16:31	3.6 (35.0%)
777	JABŁOŃSKI Patryk	4876		Open Mężczyzn	466	01:11:38	03:18:30.20	03:18:30.20	+02:08:28 (64.7%)	16:32	3.6 (35.0%)
778	KWAŚNY Maciej	4883		Open Mężczyzn	467	01:11:32	03:18:30.80	03:18:30.80	+02:08:29 (64.7%)	16:32	3.6 (35.0%)
779	BOGUSZ Patryk	4507		Open Mężczyzn	468	01:18:01	03:19:46.40	03:19:46.40	+02:09:44 (64.9%)	16:38	3.6 (35.0%)
780	SABAK Emilia	4532		Open Kobiet	83	01:18:02	03:19:46.55	03:19:46.55	+02:09:45 (64.9%)	16:38	3.6 (35.0%)
781	MICHON Ewelina	4917	UJEBANI BŁOTEM	Open Kobiet	84	01:14:25	03:20:40.00	03:20:40.00	+02:10:38 (65.1%)	16:43	3.6 (35.0%)
782	DROŹDZIOK Aleksandra	4916	UJEBANI BŁOTEM	Open Kobiet	85	01:14:06	03:20:40.10	03:20:40.10	+02:10:38 (65.1%)	16:43	3.6 (35.0%)
783	MATERA Łukasz	4939		Open Mężczyzn	469	01:14:32	03:20:40.20	03:20:40.20	+02:10:38 (65.1%)	16:43	3.6 (35.0%)
784	B Karolina	4915	UJEBANI BŁOTEM	Open Kobiet	86	01:14:10	03:20:40.60	03:20:40.60	+02:10:39 (65.1%)	16:43	3.6 (35.0%)
785	SZYMAŃSKA Agata	4954	DZIEWCZYNY Z SIŁOWNI	Open Kobiet	87	01:20:22	03:21:09.90	03:21:09.90	+02:11:08 (65.2%)	16:45	3.6 (35.0%)
786	KACZMARSKA Alicja	4445		Open Masters Kobiet	15	01:10:51	03:21:24.00	03:21:24.00	+02:11:22 (65.2%)	16:47	3.6 (35.0%)
787	SIUDZIŃSKA Emilia	4460		Open Kobiet	88	01:10:54	03:21:24.65	03:21:24.65	+02:11:23 (65.2%)	16:47	3.6 (35.0%)
788	NIVETTE Jakub	4454		Open Mężczyzn	470	01:10:23	03:21:27.20	03:21:27.20	+02:11:25 (65.2%)	16:47	3.6 (35.0%)
789	PAZIO Przemysław	4457		Open Masters Mężczyzn	105	01:11:14	03:21:29.90	03:21:29.90	+02:11:28 (65.2%)	16:47	3.6 (35.0%)
790	KUROWSKI Rafał	4218		Open Mężczyzn	471	01:09:48	03:21:31.40	03:21:31.40	+02:11:29 (65.3%)	16:47	3.6 (35.0%)
791	PRYMEK Karolina	5021	UJEBANI BŁOTEM	Open Kobiet	89	01:14:28	03:21:41.00	03:21:41.00	+02:11:39 (65.3%)	16:48	3.6 (35.0%)
792	JÓZWIK Paweł	4075	EY OCR TEAM	Open Mężczyzn	472	00:55:52	03:24:12.20	03:24:12.20	+02:14:10 (65.7%)	17:01	3.5 (34.0%)
793	WOCH Kinga	4194	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	90	00:59:14	03:24:40.20	03:24:40.20	+02:14:38 (65.8%)	17:03	3.5 (34.0%)
794	ŁOKAJ Krzysztof 'Wokay'	4287		Open Mężczyzn	473	01:17:52	03:24:41.75	03:24:41.75	+02:14:40 (65.8%)	17:03	3.5 (34.0%)
795	RYBARCZYK Daniel	4303		Open Mężczyzn	474	01:17:50	03:24:41.95	03:24:41.95	+02:14:40 (65.8%)	17:03	3.5 (34.0%)
796	DŁUGOŁECKI Adam	4074	EY OCR TEAM	Open Mężczyzn	475	00:57:30	03:25:41.70	03:25:41.70	+02:15:40 (66.0%)	17:08	3.5 (34.0%)
797	BEDNARSKA Oliwia	4866		Open Kobiet	91	01:11:44	03:25:49.45	03:25:49.45	+02:15:47 (66.0%)	17:09	3.5 (34.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
798	<b>MAKOWSKA Alicja</b>	<b>4891</b>		Open Kobiet	92	01:11:55	<b>03:25:51.10</b>	<b>03:25:51.10</b>	+02:15:49 (66.0%)	17:09	3.5 (34.0%)
799	<b>WIERGOWSKA Anna</b>	<b>4908</b>		Open Kobiet	93	01:11:49	<b>03:25:51.95</b>	<b>03:25:51.95</b>	+02:15:50 (66.0%)	17:09	3.5 (34.0%)
800	<b>OBUCHOWICZ Michał</b>	<b>4899</b>		Open Mężczyzn	476	01:12:08	<b>03:25:52.50</b>	<b>03:25:52.50</b>	+02:15:50 (66.0%)	17:09	3.5 (34.0%)
801	<b>POPIELCZYK Patryk</b>	<b>4298</b>		Open Mężczyzn	477	01:18:10	<b>03:26:28.10</b>	<b>03:26:28.10</b>	+02:16:26 (66.1%)	17:12	3.5 (34.0%)
802	<b>WIŚNIEWSKI Marcin</b>	<b>4827</b>		Open Mężczyzn	478	01:21:27	<b>03:26:31.05</b>	<b>03:26:31.05</b>	+02:16:29 (66.1%)	17:12	3.5 (34.0%)
803	<b>ŚWIST Agnieszka</b>	<b>4480</b>	CALIPROJECT RUN	Open Kobiet	94	01:30:57	<b>03:27:21.15</b>	<b>03:27:21.15</b>	+02:17:19 (66.2%)	17:16	3.5 (34.0%)
804	<b>OLEJNICZAK Adrian</b>	<b>4829</b>	2DOORSLESSWHORES	Open Mężczyzn	479	01:17:25	<b>03:27:35.40</b>	<b>03:27:35.40</b>	+02:17:33 (66.3%)	17:17	3.5 (34.0%)
805	<b>JAROCH Michał</b>	<b>4563</b>	TRZECH KRULI	Open Mężczyzn	480	01:12:52	<b>03:27:37.00</b>	<b>03:27:37.00</b>	+02:17:35 (66.3%)	17:18	3.5 (34.0%)
806	<b>SZYMCZAK Maciej</b>	<b>4564</b>	TRZECH KRULI	Open Mężczyzn	481	01:12:37	<b>03:27:37.20</b>	<b>03:27:37.20</b>	+02:17:35 (66.3%)	17:18	3.5 (34.0%)
807	<b>GWIAZDA Dagmara</b>	<b>4874</b>		Open Kobiet	95	01:17:44	<b>03:27:40.70</b>	<b>03:27:40.70</b>	+02:17:39 (66.3%)	17:18	3.5 (34.0%)
808	<b>PRZELAŻŁA Weronika</b>	<b>4900</b>		Open Kobiet	96	01:17:45	<b>03:27:41.45</b>	<b>03:27:41.45</b>	+02:17:39 (66.3%)	17:18	3.5 (34.0%)
809	<b>KRUPA Franciszek</b>	<b>4621</b>	JONKLER SIGMAS	Open Mężczyzn	482	01:10:46	<b>03:27:47.45</b>	<b>03:27:47.45</b>	+02:17:45 (66.3%)	17:18	3.5 (34.0%)
810	<b>KUKLA Mateusz</b>	<b>4622</b>	JONKLER SIGMAS	Open Mężczyzn	483	01:10:43	<b>03:27:47.75</b>	<b>03:27:47.75</b>	+02:17:46 (66.3%)	17:18	3.5 (34.0%)
811	<b>BUERKLE Anna</b>	<b>5034</b>		Open Kobiet	97	01:15:44	<b>03:27:53.40</b>	<b>03:27:53.40</b>	+02:17:51 (66.3%)	17:19	3.5 (34.0%)
812	<b>DYMOWSKI Kacper</b>	<b>4437</b>		Open Mężczyzn	484	01:15:52	<b>03:27:53.65</b>	<b>03:27:53.65</b>	+02:17:52 (66.3%)	17:19	3.5 (34.0%)
813	<b>BOŻYK Katarzyna</b>	<b>4410</b>	CALIPROJECT RUN	Open Kobiet	98	01:25:10	<b>03:28:07.80</b>	<b>03:28:07.80</b>	+02:18:06 (66.4%)	17:20	3.5 (34.0%)
814	<b>MAJEWSKI Mateusz</b>	<b>4473</b>	CALIPROJECT RUN	Open Mężczyzn	485	01:25:34	<b>03:28:09.00</b>	<b>03:28:09.00</b>	+02:18:07 (66.4%)	17:20	3.5 (34.0%)
815	<b>GĘBICKA Adrianna</b>	<b>4469</b>	CALIPROJECT RUN	Open Kobiet	99	01:25:48	<b>03:28:10.10</b>	<b>03:28:10.10</b>	+02:18:08 (66.4%)	17:20	3.5 (34.0%)
816	<b>WALEWSKA Agata</b>	<b>4485</b>	CALIPROJECT RUN	Open Kobiet	100	01:29:51	<b>03:28:29.95</b>	<b>03:28:29.95</b>	+02:18:28 (66.4%)	17:22	3.5 (34.0%)
817	<b>ZAJĄC Aleksandra</b>	<b>4542</b>		Open Kobiet	101	01:30:33	<b>03:29:00.55</b>	<b>03:29:00.55</b>	+02:18:59 (66.5%)	17:25	3.4 (33.0%)
818	<b>ŚWIRYDOWICZ Grzegorz</b>	<b>4538</b>		Open Mężczyzn	486	01:30:47	<b>03:29:00.95</b>	<b>03:29:00.95</b>	+02:18:59 (66.5%)	17:25	3.4 (33.0%)
819	<b>ZAWISTOWSKI Jakub</b>	<b>4748</b>		Open Mężczyzn	487	01:10:06	<b>03:29:01.55</b>	<b>03:29:01.55</b>	+02:19:00 (66.5%)	17:25	3.4 (33.0%)
819	<b>ŁUKASZ Jabłoński</b>	<b>4888</b>		Open Mężczyzn	487	01:18:39	<b>03:29:01.55</b>	<b>03:29:01.55</b>	+02:19:00 (66.5%)	17:25	3.4 (33.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
821	<b>JASTRZĘBSKI Jakub</b>	<b>4857</b>	ZDROFIT	Open Masters Mężczyzn	106	01:18:31	<b>03:29:01.85</b>	<b>03:29:01.85</b>	+02:19:00 (66.5%)	17:25	3.4 (33.0%)
822	<b>KALETA Adrian</b>	<b>4470</b>	CALIPROJECT RUN	Open Mężczyzn	489	01:28:46	<b>03:29:08.00</b>	<b>03:29:08.00</b>	+02:19:06 (66.5%)	17:25	3.4 (33.0%)
823	<b>CELMER Nela</b>	<b>4467</b>	CALIPROJECT RUN	Open Kobiet	102	01:25:10	<b>03:29:08.25</b>	<b>03:29:08.25</b>	+02:19:06 (66.5%)	17:25	3.4 (33.0%)
824	<b>KORYCKA Kamila</b>	<b>4953</b>	DZIEWCZYNY Z SIŁOWNI	Open Kobiet	103	01:20:37	<b>03:29:28.15</b>	<b>03:29:28.15</b>	+02:19:26 (66.6%)	17:27	3.4 (33.0%)
825	<b>POGONOWSKI Hubert</b>	<b>4529</b>	CALIPROJECT RUN	Open Mężczyzn	490	01:29:24	<b>03:29:29.70</b>	<b>03:29:29.70</b>	+02:19:28 (66.6%)	17:27	3.4 (33.0%)
826	<b>KACZOROWSKA Monika</b>	<b>4878</b>		Open Kobiet	104	01:19:38	<b>03:29:38.30</b>	<b>03:29:38.30</b>	+02:19:36 (66.6%)	17:28	3.4 (33.0%)
827	<b>HADAŚ Tomasz</b>	<b>4934</b>		Open Mężczyzn	491	01:12:47	<b>03:30:19.75</b>	<b>03:30:19.75</b>	+02:20:18 (66.7%)	17:31	3.4 (33.0%)
828	<b>PUŚCIAN Paulina</b>	<b>4477</b>	CALIPROJECT RUN	Open Kobiet	105	01:30:12	<b>03:30:20.85</b>	<b>03:30:20.85</b>	+02:20:19 (66.7%)	17:31	3.4 (33.0%)
829	<b>SZYDŁOWSKA Patrycja</b>	<b>4483</b>	CALIPROJECT RUN	Open Kobiet	106	01:29:59	<b>03:30:21.00</b>	<b>03:30:21.00</b>	+02:20:19 (66.7%)	17:31	3.4 (33.0%)
830	<b>SZYDŁOWSKI Maciej</b>	<b>4484</b>	CALIPROJECT RUN	Open Mężczyzn	492	01:30:06	<b>03:30:21.10</b>	<b>03:30:21.10</b>	+02:20:19 (66.7%)	17:31	3.4 (33.0%)
831	<b>JAKOWSKI Marcin</b>	<b>4512</b>	CALIPROJECT RUN	Open Mężczyzn	493	01:29:14	<b>03:30:31.10</b>	<b>03:30:31.10</b>	+02:20:29 (66.7%)	17:32	3.4 (33.0%)
832	<b>ILSKA Ewa</b>	<b>5038</b>	DZIKA SARNA	Open Kobiet	107	01:07:31	<b>03:30:36.70</b>	<b>03:30:36.70</b>	+02:20:35 (66.8%)	17:33	3.4 (33.0%)
832	<b>SOBÓTKA Rafał</b>	<b>5039</b>	DZIKA SARNA	Open Mężczyzn	494	01:07:37	<b>03:30:36.70</b>	<b>03:30:36.70</b>	+02:20:35 (66.8%)	17:33	3.4 (33.0%)
834	<b>SPYTKOWSKA Katarzyna</b>	<b>4902</b>		Open Kobiet	108	01:20:06	<b>03:30:44.25</b>	<b>03:30:44.25</b>	+02:20:42 (66.8%)	17:33	3.4 (33.0%)
835	<b>RYNSKI Mateusz</b>	<b>4741</b>		Open Mężczyzn	495	01:12:29	<b>03:31:16.80</b>	<b>03:31:16.80</b>	+02:21:15 (66.9%)	17:36	3.4 (33.0%)
836	<b>MAĆKOWIAK Maksymilian</b>	<b>4723</b>		Open Mężczyzn	496	01:12:37	<b>03:31:16.90</b>	<b>03:31:16.90</b>	+02:21:15 (66.9%)	17:36	3.4 (33.0%)
837	<b>KAŻMIEROWSKI Oliwier</b>	<b>4718</b>		Open Mężczyzn	497	01:12:33	<b>03:31:17.10</b>	<b>03:31:17.10</b>	+02:21:15 (66.9%)	17:36	3.4 (33.0%)
838	<b>KWIATKOWSKI Paweł</b>	<b>4699</b>	SPD ALARM	Open Mężczyzn	498	01:18:02	<b>03:31:24.85</b>	<b>03:31:24.85</b>	+02:21:23 (66.9%)	17:37	3.4 (33.0%)
839	<b>KUŹMICKI Maciej</b>	<b>4698</b>	SPD ALARM	Open Mężczyzn	499	01:18:52	<b>03:31:27.25</b>	<b>03:31:27.25</b>	+02:21:25 (66.9%)	17:37	3.4 (33.0%)
840	<b>ŻUREK Urszula</b>	<b>4253</b>	PIERWIASTKI Z CIASTKA	Open Kobiet	109	01:18:30	<b>03:31:40.10</b>	<b>03:31:40.10</b>	+02:21:38 (66.9%)	17:38	3.4 (33.0%)
841	<b>KRAKOWIAK Bartek</b>	<b>4251</b>	PIERWIASTKI Z CIASTKA	Open Mężczyzn	500	01:18:09	<b>03:31:40.50</b>	<b>03:31:40.50</b>	+02:21:38 (66.9%)	17:38	3.4 (33.0%)
842	<b>GAJEWSKI Jakub Arnold</b>	<b>4856</b>	ZDROFIT	Open Mężczyzn	501	01:20:00	<b>03:32:15.75</b>	<b>03:32:15.75</b>	+02:22:14 (67.0%)	17:41	3.4 (33.0%)
843	<b>DADELEWSKA Oliwia</b>	<b>5018</b>	WOLF TEAM	Open Kobiet	110	01:16:13	<b>03:32:31.00</b>	<b>03:32:31.00</b>	+02:22:29 (67.0%)	17:42	3.4 (33.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
844	<b>DADELEWSKA Joanna</b>	<b>5015</b>	PIĘKNI I BESTIE	Open Masters Kobiet	16	01:16:20	<b>03:32:31.15</b>	<b>03:32:31.15</b>	+02:22:29 (67.0%)	17:42	3.4 (33.0%)
845	<b>SITAREK Bartosz</b>	<b>4852</b>	ZARZĄD BEJI	Open Mężczyzn	502	01:16:48	<b>03:32:45.70</b>	<b>03:32:45.70</b>	+02:22:44 (67.1%)	17:43	3.4 (33.0%)
846	<b>KOWALSKI Andrzej</b>	<b>4882</b>		Open Mężczyzn	503	01:18:54	<b>03:33:16.60</b>	<b>03:33:16.60</b>	+02:23:15 (67.2%)	17:46	3.4 (33.0%)
847	<b>TYTOŃ Jakub</b>	<b>4673</b>		Open Mężczyzn	504	01:19:29	<b>03:34:18.25</b>	<b>03:34:18.25</b>	+02:24:16 (67.3%)	17:51	3.4 (33.0%)
848	<b>STĘPNIAK Sebastian</b>	<b>4670</b>		Open Mężczyzn	505	01:19:19	<b>03:34:18.30</b>	<b>03:34:18.30</b>	+02:24:16 (67.3%)	17:51	3.4 (33.0%)
849	<b>MELON Dominik</b>	<b>4657</b>		Open Mężczyzn	506	01:19:36	<b>03:34:19.10</b>	<b>03:34:19.10</b>	+02:24:17 (67.3%)	17:51	3.4 (33.0%)
849	<b>ROGOWIENKO Michał</b>	<b>4664</b>		Open Mężczyzn	506	01:19:22	<b>03:34:19.10</b>	<b>03:34:19.10</b>	+02:24:17 (67.3%)	17:51	3.4 (33.0%)
851	<b>MILLER Adam</b>	<b>4658</b>		Open Mężczyzn	508	01:19:15	<b>03:34:19.60</b>	<b>03:34:19.60</b>	+02:24:18 (67.3%)	17:51	3.4 (33.0%)
852	<b>ZUBALEWICZ Jan</b>	<b>4701</b>	SPD ALARM	Open Mężczyzn	509	01:19:11	<b>03:34:34.70</b>	<b>03:34:34.70</b>	+02:24:33 (67.4%)	17:52	3.4 (33.0%)
853	<b>BORUSZEWSKI Karol</b>	<b>4771</b>		Open Mężczyzn	510	01:10:02	<b>03:34:58.30</b>	<b>03:34:58.30</b>	+02:24:56 (67.4%)	17:54	3.3 (32.0%)
854	<b>NEDZELSKA Nelia</b>	<b>4898</b>		Open Kobiet	111	01:19:26	<b>03:35:46.70</b>	<b>03:35:46.70</b>	+02:25:45 (67.5%)	17:58	3.3 (32.0%)
855	<b>MAJDA Remi</b>	<b>4890</b>		Open Masters Mężczyzn	107	01:19:50	<b>03:35:46.95</b>	<b>03:35:46.95</b>	+02:25:45 (67.5%)	17:58	3.3 (32.0%)
856	<b>DĘBNIAK Filip</b>	<b>4855</b>	ZDROFIT	Open Masters Mężczyzn	108	01:19:12	<b>03:35:57.15</b>	<b>03:35:57.15</b>	+02:25:55 (67.6%)	17:59	3.3 (32.0%)
857	<b>SIEJK Łukasz</b>	<b>4309</b>		Open Mężczyzn	511	01:19:03	<b>03:36:27.60</b>	<b>03:36:27.60</b>	+02:26:26 (67.6%)	18:02	3.3 (32.0%)
858	<b>KOZAK Sebastian</b>	<b>4472</b>	CALIPROJECT RUN	Open Mężczyzn	512	01:29:47	<b>03:36:40.95</b>	<b>03:36:40.95</b>	+02:26:39 (67.7%)	18:03	3.3 (32.0%)
859	<b>SZPAK Piotr</b>	<b>4481</b>	CALIPROJECT RUN	Open Mężczyzn	513	01:29:40	<b>03:36:42.80</b>	<b>03:36:42.80</b>	+02:26:41 (67.7%)	18:03	3.3 (32.0%)
860	<b>SZURAWSKA Patrycja</b>	<b>4482</b>	CALIPROJECT RUN	Open Kobiet	112	01:30:28	<b>03:36:45.45</b>	<b>03:36:45.45</b>	+02:26:43 (67.7%)	18:03	3.3 (32.0%)
861	<b>SAWKO Kasia</b>	<b>4479</b>	CALIPROJECT RUN	Open Masters Kobiet	17	01:31:42	<b>03:36:45.55</b>	<b>03:36:45.55</b>	+02:26:44 (67.7%)	18:03	3.3 (32.0%)
862	<b>BUCZEK Jakub</b>	<b>4466</b>	CALIPROJECT RUN	Open Mężczyzn	514	01:30:17	<b>03:36:46.05</b>	<b>03:36:46.05</b>	+02:26:44 (67.7%)	18:03	3.3 (32.0%)
863	<b>WORWA Piotr</b>	<b>4610</b>		Open Mężczyzn	515	01:15:33	<b>03:38:03.30</b>	<b>03:38:03.30</b>	+02:28:01 (67.9%)	18:10	3.3 (32.0%)
864	<b>DYNER Sebastian</b>	<b>4468</b>	CALIPROJECT RUN	Open Mężczyzn	516	01:31:26	<b>03:38:16.80</b>	<b>03:38:16.80</b>	+02:28:15 (67.9%)	18:11	3.3 (32.0%)
865	<b>WALKOWSKI Bartłomiej</b>	<b>4486</b>	CALIPROJECT RUN	Open Mężczyzn	517	01:31:13	<b>03:38:17.40</b>	<b>03:38:17.40</b>	+02:28:15 (67.9%)	18:11	3.3 (32.0%)
866	<b>FALENTA Marcin</b>	<b>4508</b>		Open Mężczyzn	518	01:30:39	<b>03:38:18.40</b>	<b>03:38:18.40</b>	+02:28:16 (67.9%)	18:11	3.3 (32.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
867	<b>MUSZYŃSKI Sebastian</b>	<b>4525</b>	CALIPROJECT RUN	Open Mężczyzn	519	01:31:03	<b>03:38:30.80</b>	<b>03:38:30.80</b>	+02:28:29 (68.0%)	18:12	3.3 (32.0%)
868	<b>ŻUK Wiktoria</b>	<b>4145</b>	WARRIORS ŁÓDŹ	Open Kobiet	113	00:59:13	<b>03:38:35.15</b>	<b>03:38:35.15</b>	+02:28:33 (68.0%)	18:12	3.3 (32.0%)
869	<b>PAKUSZEWSKA Natalia</b>	<b>4810</b>		Open Kobiet	114	01:17:33	<b>03:38:38.50</b>	<b>03:38:38.50</b>	+02:28:36 (68.0%)	18:13	3.3 (32.0%)
870	<b>KAMIŃSKA Magdalena</b>	<b>4783</b>		Open Kobiet	115	01:17:40	<b>03:38:38.85</b>	<b>03:38:38.85</b>	+02:28:37 (68.0%)	18:13	3.3 (32.0%)
871	<b>PLICHTA Julia</b>	<b>4594</b>		Open Kobiet	116	01:19:08	<b>03:42:00.85</b>	<b>03:42:00.85</b>	+02:31:59 (68.5%)	18:30	3.2 (31.1%)
872	<b>RUTKOWSKI Mateusza</b>	<b>4599</b>		Open Mężczyzn	520	01:19:14	<b>03:42:01.05</b>	<b>03:42:01.05</b>	+02:31:59 (68.5%)	18:30	3.2 (31.1%)
873	<b>GRZEGORZEWSKI Kamil</b>	<b>4697</b>	SPD ALARM	Open Mężczyzn	521	01:19:02	<b>03:43:13.95</b>	<b>03:43:13.95</b>	+02:33:12 (68.6%)	18:36	3.2 (31.1%)
874	<b>GODLEWSKI Karol</b>	<b>4696</b>	SPD ALARM	Open Mężczyzn	522	01:18:42	<b>03:43:14.55</b>	<b>03:43:14.55</b>	+02:33:13 (68.6%)	18:36	3.2 (31.1%)
875	<b>LEBUDA Kinga</b>	<b>4700</b>	SPD ALARM	Open Kobiet	117	01:19:15	<b>03:43:14.85</b>	<b>03:43:14.85</b>	+02:33:13 (68.6%)	18:36	3.2 (31.1%)
876	<b>Zuzanna</b>	<b>4694</b>	SPD ALARM	Open Kobiet	118	01:18:48	<b>03:43:15.65</b>	<b>03:43:15.65</b>	+02:33:14 (68.6%)	18:36	3.2 (31.1%)
877	<b>KUBUJ Kamil</b>	<b>4990</b>		Open Mężczyzn	523	01:13:47	<b>03:38:32.10</b>	<b>03:44:59.10</b>	+02:34:57 (68.9%)	18:12	3.3 (32.0%)
878	<b>WORWA Dawid</b>	<b>4158</b>		Open Mężczyzn	524	01:15:11	<b>03:45:12.85</b>	<b>03:45:12.85</b>	+02:35:11 (68.9%)	18:46	3.2 (31.1%)
878	<b>BESZCZYŃSKI Robert</b>	<b>4159</b>		Open Mężczyzn	524	01:15:06	<b>03:45:12.85</b>	<b>03:45:12.85</b>	+02:35:11 (68.9%)	18:46	3.2 (31.1%)
880	<b>GOLBA Karolina</b>	<b>4969</b>	ZESPÓŁ SPECJALNEJ TROSKI	Open Kobiet	119	01:22:09	<b>03:45:16.70</b>	<b>03:45:16.70</b>	+02:35:15 (68.9%)	18:46	3.2 (31.1%)
880	<b>MIKKE Włodzimierz</b>	<b>4992</b>		Open Mężczyzn	526	01:22:26	<b>03:45:16.70</b>	<b>03:45:16.70</b>	+02:35:15 (68.9%)	18:46	3.2 (31.1%)
882	<b>WILCZEK Mateusz</b>	<b>4971</b>	ZESPÓŁ SPECJALNEJ TROSKI	Open Mężczyzn	527	01:22:13	<b>03:45:17.75</b>	<b>03:45:17.75</b>	+02:35:16 (68.9%)	18:46	3.2 (31.1%)
883	<b>TOMANEK Sonia</b>	<b>5010</b>		Open Kobiet	120	01:22:07	<b>03:45:17.90</b>	<b>03:45:17.90</b>	+02:35:16 (68.9%)	18:46	3.2 (31.1%)
884	<b>ROLIŃSKI Adrian</b>	<b>5000</b>		Open Mężczyzn	528	01:22:37	<b>03:45:18.65</b>	<b>03:45:18.65</b>	+02:35:17 (68.9%)	18:46	3.2 (31.1%)
885	<b>LASKOWSKI Michał</b>	<b>4970</b>	ZESPÓŁ SPECJALNEJ TROSKI	Open Mężczyzn	529	01:22:19	<b>03:45:18.80</b>	<b>03:45:18.80</b>	+02:35:17 (68.9%)	18:46	3.2 (31.1%)
886	<b>STAWIŃSKI Adam</b>	<b>4853</b>	ZARZĄD BEJI	Open Mężczyzn	530	01:16:31	<b>03:45:46.70</b>	<b>03:45:46.70</b>	+02:35:45 (69.0%)	18:48	3.2 (31.1%)
887	<b>JUSZCZYK Xavier</b>	<b>4850</b>	ZARZĄD BEJI	Open Mężczyzn	531	01:16:36	<b>03:45:46.75</b>	<b>03:45:46.75</b>	+02:35:45 (69.0%)	18:48	3.2 (31.1%)
887	<b>NURZYŃSKI Jakub</b>	<b>4851</b>	ZARZĄD BEJI	Open Mężczyzn	531	01:16:15	<b>03:45:46.75</b>	<b>03:45:46.75</b>	+02:35:45 (69.0%)	18:48	3.2 (31.1%)
889	<b>DĄBROWSKI Stanisław</b>	<b>4849</b>	ZARZĄD BEJI	Open Mężczyzn	533	01:16:52	<b>03:45:46.85</b>	<b>03:45:46.85</b>	+02:35:45 (69.0%)	18:48	3.2 (31.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
890	SZEREMETA Aureliusz	4854	ZARZĄD BEJI	Open Mężczyzn	534	01:16:27	03:45:47.10	03:45:47.10	+02:35:45 (69.0%)	18:48	3.2 (31.1%)
891	KARPIŃSKA Weronika	4282		Open Kobiet	121	01:22:23	03:46:13.70	03:46:13.70	+02:36:12 (69.0%)	18:51	3.2 (31.1%)
892	ŁAJEWSKI Piotr	4286		Open Mężczyzn	535	01:23:06	03:46:14.60	03:46:14.60	+02:36:13 (69.0%)	18:51	3.2 (31.1%)
893	TOBIASZ Karol	4131		Open Mężczyzn	536	00:52:38	03:46:42.45	03:46:42.45	+02:36:40 (69.1%)	18:53	3.2 (31.1%)
894	POLUS Piotr Peter	4090	MIASTECZKO POLUSA	Open Masters Mężczyzn	109	01:17:09	03:47:48.30	03:47:48.30	+02:37:46 (69.3%)	18:59	3.2 (31.1%)
895	OSTASZEWSKA Aleksandra	4807		Open Kobiet	122	01:21:54	03:49:26.00	03:49:26.00	+02:39:24 (69.5%)	19:07	3.1 (30.1%)
896	OSTASZEWSKA Natalia	4808		Open Kobiet	123	01:21:48	03:49:26.20	03:49:26.20	+02:39:24 (69.5%)	19:07	3.1 (30.1%)
897	PHAM TRONG Hiep	4811		Open Mężczyzn	537	01:21:58	03:49:27.30	03:49:27.30	+02:39:25 (69.5%)	19:07	3.1 (30.1%)
898	KAMIŃSKI Filip	4558	MAMY PROBLEMY ZDROWOTNE	Open Mężczyzn	538	01:24:12	03:51:17.80	03:51:17.80	+02:41:16 (69.7%)	19:16	3.1 (30.1%)
899	SZYMAŃSKI Marcin	4559	MAMY PROBLEMY ZDROWOTNE	Open Mężczyzn	539	01:24:25	03:51:24.90	03:51:24.90	+02:41:23 (69.7%)	19:17	3.1 (30.1%)
900	WOJTACKI Bartosz	4560	MAMY PROBLEMY ZDROWOTNE	Open Mężczyzn	540	01:24:10	03:51:37.30	03:51:37.30	+02:41:35 (69.8%)	19:18	3.1 (30.1%)
901	KOCIEUCHO Jendremen	1580	BOMBA & FRIENDS	Open Mężczyzn	541	01:23:58	03:45:00.15	03:52:39.50	+02:42:37 (69.9%)	18:45	3.2 (31.1%)
902	BUDEK Maciek	4201		Open Mężczyzn	542	01:29:33	03:55:00.35	03:55:00.35	+02:44:58 (70.2%)	19:35	3.1 (30.1%)
903	DWORAKOWSKI Patrycy	4364		Open Mężczyzn	543	01:13:11	03:59:04.20	03:59:04.20	+02:49:02 (70.7%)	19:55	3 (29.1%)
<b>Przekroczony limit czasu: 04:00:00</b>											
904	WROŃSKA Weronika	4541		Open Kobiet	124	01:42:48	04:00:33.35	04:00:33.35	+02:50:31 (70.9%)	20:02	3 (29.1%)
905	K Kacper	4514		Open Mężczyzn	544	01:42:56	04:00:33.65	04:00:33.65	+02:50:32 (70.9%)	20:02	3 (29.1%)
906	Wiktor Kosewski	4506		Open Mężczyzn	545	01:43:04	04:00:33.80	04:00:33.80	+02:50:32 (70.9%)	20:02	3 (29.1%)
907	MALINOWSKA Natalia	4802		Open Kobiet	125	01:22:42	03:50:19.25	04:03:23.20	+02:53:21 (71.2%)	19:11	3.1 (30.1%)
908	FEDERCZYK Sebastian	4118		Open Mężczyzn	546	01:36:37	04:12:03.00	04:12:03.00	+03:02:01 (72.2%)	21:00	2.9 (28.2%)
909	LENART Sławomir	4682	#ARMIAWOJCIECHOWSKIEGO ACTIVITY SPORT ELBLĄG	Open Mężczyzn	547	01:24:00	04:12:23.55	04:12:23.55	+03:02:22 (72.3%)	21:01	2.9 (28.2%)
910	JASEK-KRUPA Aleksandra	4679	#ARMIAWOJCIECHOWSKIEGO ACTIVITY SPORT ELBLĄG	Open Kobiet	126	01:24:31	04:12:23.60	04:12:23.60	+03:02:22 (72.3%)	21:01	2.9 (28.2%)
911	GRABARCZYK Zuzanna	4678	#ARMIAWOJCIECHOWSKIEGO ACTIVITY SPORT ELBLĄG	Open Kobiet	127	01:24:11	04:12:23.70	04:12:23.70	+03:02:22 (72.3%)	21:01	2.9 (28.2%)
912	LENART Anna	4681	#ARMIAWOJCIECHOWSKIEGO ACTIVITY SPORT ELBLĄG	Open Kobiet	128	01:24:04	04:12:24.20	04:12:24.20	+03:02:22 (72.3%)	21:02	2.9 (28.2%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
913	<b>KARPIŃSKA Marzena</b>	<b>4680</b>	#ARMIAWOJCIECHOWSKIEGO ACTIVITY SPORT ELBLĄG	Open Kobiet	129	01:24:28	<b>04:12:24.95</b>	<b>04:12:24.95</b>	+03:02:23 (72.3%)	21:02	2.9 (28.2%)
914	<b>MARKOWSKI Łukasz</b>	<b>4683</b>	#ARMIAWOJCIECHOWSKIEGO ACTIVITY SPORT ELBLĄG	Open Mężczyzn	548	01:24:23	<b>04:12:25.00</b>	<b>04:12:25.00</b>	+03:02:23 (72.3%)	21:02	2.9 (28.2%)
915	<b>MILCZARCZYK Dawid</b>	<b>4252</b>	PIERWIASTKI Z CIASTKA	Open Mężczyzn	549	01:26:55	<b>04:13:36.75</b>	<b>04:13:36.75</b>	+03:03:35 (72.4%)	21:08	2.8 (27.2%)
916	<b>RUMIŃSKI Michał</b>	<b>4302</b>		Open Mężczyzn	550	01:26:38	<b>04:13:36.80</b>	<b>04:13:36.80</b>	+03:03:35 (72.4%)	21:08	2.8 (27.2%)
916	<b>MIERZICKI Marcel</b>	<b>5024</b>	POWER TRAINING	Open Masters Mężczyzn	110	01:26:41	<b>04:13:36.80</b>	<b>04:13:36.80</b>	+03:03:35 (72.4%)	21:08	2.8 (27.2%)
918	<b>KALBARCZYK Beata</b>	<b>4250</b>	PIERWIASTKI Z CIASTKA	Open Kobiet	130	01:26:45	<b>04:13:36.95</b>	<b>04:13:36.95</b>	+03:03:35 (72.4%)	21:08	2.8 (27.2%)
918	<b>TRADOWSKA Katarzyna</b>	<b>4249</b>	OSPRO OCR	Open Kobiet	130	01:26:50	<b>04:13:36.95</b>	<b>04:13:36.95</b>	+03:03:35 (72.4%)	21:08	2.8 (27.2%)
920	<b>SADOWSKI Tomasz</b>	<b>4306</b>		Open Mężczyzn	551	01:26:58	<b>04:13:37.00</b>	<b>04:13:37.00</b>	+03:03:35 (72.4%)	21:08	2.8 (27.2%)
921	<b>GOŁASZEWSKI Jacek</b>	<b>4120</b>		Elite Mężczyzn	77	00:48:38	<b>04:15:11.15</b>	<b>04:15:11.15</b>	+03:05:09 (72.6%)	21:15	2.8 (27.2%)
922	<b>KUREK Hubert</b>	<b>4495</b>	PROJEKTANT FORMY	Open Mężczyzn	552	01:37:17	<b>04:16:42.55</b>	<b>04:16:42.55</b>	+03:06:41 (72.7%)	21:23	2.8 (27.2%)
922	<b>TOKAREK Justyna</b>	<b>4497</b>	PROJEKTANT FORMY	Open Kobiet	132	01:36:56	<b>04:16:42.55</b>	<b>04:16:42.55</b>	+03:06:41 (72.7%)	21:23	2.8 (27.2%)
922	<b>KALISZEWSKI Paweł</b>	<b>4493</b>	PROJEKTANT FORMY	Open Mężczyzn	552	01:37:22	<b>04:16:42.55</b>	<b>04:16:42.55</b>	+03:06:41 (72.7%)	21:23	2.8 (27.2%)
925	<b>MILEWSKA Marta</b>	<b>4496</b>	PROJEKTANT FORMY	Open Kobiet	133	01:37:14	<b>04:16:42.60</b>	<b>04:16:42.60</b>	+03:06:41 (72.7%)	21:23	2.8 (27.2%)
926	<b>GRONIECKA Aneta</b>	<b>4492</b>	PROJEKTANT FORMY	Open Masters Kobiet	18	01:37:07	<b>04:16:42.85</b>	<b>04:16:42.85</b>	+03:06:41 (72.7%)	21:23	2.8 (27.2%)
927	<b>KORCZYK Justyna</b>	<b>4494</b>	PROJEKTANT FORMY	Open Masters Kobiet	19	01:36:44	<b>04:16:43.35</b>	<b>04:16:43.35</b>	+03:06:41 (72.7%)	21:23	2.8 (27.2%)
928	<b>WISŁAWSKI Mariusz</b>	<b>4184</b>	MIASTECZKO POLUSA	Open Mężczyzn	554	01:05:28	<b>04:17:18.20</b>	<b>04:17:18.20</b>	+03:07:16 (72.8%)	21:26	2.8 (27.2%)
929	<b>KOT Łukasz</b>	<b>4248</b>	OSP GROTKI	Open Mężczyzn	555	01:05:41	<b>04:17:18.75</b>	<b>04:17:18.75</b>	+03:07:17 (72.8%)	21:26	2.8 (27.2%)
930	<b>OŻÓG Mateusz</b>	<b>4182</b>	MIASTECZKO POLUSA	Open Mężczyzn	556	01:29:43	<b>04:46:14.60</b>	<b>04:46:14.60</b>	+03:36:13 (75.5%)	23:51	2.5 (24.3%)
931	<b>PĘKALA Aleksandra</b>	<b>4183</b>	MIASTECZKO POLUSA	Open Kobiet	134	01:29:28	<b>04:46:14.70</b>	<b>04:46:14.70</b>	+03:36:13 (75.5%)	23:51	2.5 (24.3%)
932	<b>SARNACKI Kacper</b>	<b>4534</b>		Open Mężczyzn	557	01:55:23	<b>04:55:47.90</b>	<b>04:55:47.90</b>	+03:45:46 (76.3%)	24:38	2.4 (23.3%)
933	<b>KOPERA Tomasz</b>	<b>4518</b>		Open Mężczyzn	558	01:55:23	<b>04:55:48.25</b>	<b>04:55:48.25</b>	+03:45:46 (76.3%)	24:39	2.4 (23.3%)
934	<b>TUWALSKI Bernard</b>	<b>4099</b>	OSPRO OCR	Elite Masters Mężczyzn	26	00:56:17	<b>02:24:47.65</b>	<b>04:59:23.20</b>	+03:49:21 (76.6%)	12:03	5 (48.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
935	<b>DYOLOG Sergiy</b>	<b>4117</b>		Elite Mężczyzn	78	00:59:48	<b>02:28:27.05</b>	<b>05:02:13.80</b>	+03:52:12 (76.8%)	12:22	4.9 (47.6%)
936	<b>PSUT Kamil</b>	<b>4011</b>	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	79	00:59:44	<b>02:28:29.40</b>	<b>05:14:11.10</b>	+04:04:09 (77.7%)	12:22	4.8 (46.6%)
937	<b>KASPRZYK Sebastian</b>	<b>4062</b>		Elite Mężczyzn	80	01:18:38	<b>03:33:11.05</b>	<b>05:17:07.90</b>	+04:07:06 (77.9%)	17:45	3.4 (33.0%)
938	<b>KOSEK Krzysiek</b>	<b>4047</b>	SII RUNNING TEAM	Elite Mężczyzn	81	01:18:44	<b>04:04:31.70</b>	<b>05:19:44.95</b>	+04:09:43 (78.1%)	20:22	2.9 (28.2%)
939	<b>ŻAMOJDA Piotr</b>	<b>4675</b>		Open Mężczyzn	559	00:54:23			+03:25:47	12:43	4.7 (45.6%)
940	<b>WOŁYNIEC Michał</b>	<b>5011</b>		Open Mężczyzn	560	00:55:43			+04:32:26	13:01	4.6 (44.7%)
941	<b>GONTARZ Paweł</b>	<b>4060</b>		Open Mężczyzn	561	00:41:24			+00:12:36	6:54	8.7 (84.5%)
942	<b>PĄCZEK Albert</b>	<b>4356</b>	THE PACHANGAS	Open Mężczyzn	562	00:45:43			+01:22:09	7:37	7.9 (76.7%)
943	<b>URBAŃSKI Mateusz</b>	<b>4864</b>	ZDROWO KLEPNIĘCI	Open Mężczyzn	563	00:48:00			+03:11:21	8:00	7.5 (72.8%)
944	<b>BUDZIŃSKI Piotr</b>	<b>4271</b>		Open Mężczyzn	564	00:51:04			+01:12:17	8:30	7 (68.0%)
945	<b>CHOJNOWSKI Mariusz</b>	<b>4570</b>		Open Mężczyzn	565	00:59:34			+02:20:17	9:55	6 (58.3%)
946	<b>RADNY Michał</b>	<b>4628</b>	SKN BESTIALSTWA	Open Mężczyzn	566	01:04:40			+03:00:07	10:46	5.6 (54.4%)
947	<b>SKIBICKI Gabriel</b>	<b>4544</b>	CALIPROJECT RUN	Open Mężczyzn	567	01:25:47			+02:30:27	14:17	4.2 (40.8%)
948	<b>JAROŃ Mateusz</b>	<b>4333</b>	JEDYNA PANCERNA	Open Mężczyzn	568						(0.0%)
949	<b>R Karol</b>	<b>5031</b>	SKN BESTIALSTWA	Open Mężczyzn	569						(0.0%)
950	<b>KWIECIŃSKI Waldemar</b>	<b>4796</b>		Open Mężczyzn	570						(0.0%)
951	<b>MAKOWSKI Kamil</b>	<b>4635</b>		Open Mężczyzn	571						(0.0%)
DNC	<b>PIECYK Piotr</b>	<b>4662</b>		Open Masters Mężczyzn		00:46:32	<b>01:05:14.70</b>	<b>01:05:14.70</b>		0:00	11 (106.8%)

Znaleziono 952 wynik(ów)