

**Wydarzenie:** Runmageddon WARSZAWA TWIERDZA MODLIN  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2024-05-26  
**Miejsce:** Warszawa  
**Dystans:** 12 km

Klasyfikacja: Elite Mężczyzn

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	GEČAS Modestas	5032	OCR GARGŹDAI	Elite Mężczyzn	1	07:30	00:32:19	01:10:01.90	01:10:01.90		5:50	10.3 (100%)
2	BORYCZKA Mateusz	5019	FITPARK TEAM	Elite Mężczyzn	2	07:30	00:32:34	01:10:10.00	01:10:10.00	+00:00:08 (0.2%)	5:50	10.3 (100%)
3	KRAWIECKI Mateusz	5023	RUNMAGEDDON TEAM	Elite Mężczyzn	3	07:30	00:34:33	01:15:53.00	01:15:53.00	+00:05:51 (7.7%)	6:19	9.5 (92.2%)
4	ŚLOTAŁA Karol	5011	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	4	07:30	00:34:46	01:15:57.85	01:15:57.85	+00:05:55 (7.8%)	6:19	9.5 (92.2%)
5	MARUSZEWSKI Marcin	5008	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	1	07:30	00:36:06	01:20:12.30	01:20:12.30	+00:10:10 (12.7%)	6:41	9 (87.4%)
6	BOROWSKI Michał	5001	ANONIMOWY ANCYMON	Elite Mężczyzn	5	07:30	00:36:08	01:20:18.70	01:20:18.70	+00:10:16 (12.8%)	6:41	9 (87.4%)
7	SALAŁATA Marcin	5045	RUNMAGEDDON TEAM	Elite Mężczyzn	6	07:30	00:37:02	01:21:08.55	01:21:08.55	+00:11:06 (13.7%)	6:45	8.9 (86.4%)
8	BIGOS Daniel	5034	OSPRO OCR	Elite Mężczyzn	7	07:30	00:37:29	01:22:05.20	01:22:05.20	+00:12:03 (14.7%)	6:50	8.8 (85.4%)
9	MACIEJEWSKI Łukasz	5047	SOCIOS SILESIA	Elite Masters Mężczyzn	2	07:30	00:38:40	01:22:08.50	01:22:08.50	+00:12:06 (14.7%)	6:50	8.8 (85.4%)
10	RUDNICKI Marcin	5162	KONIU SQUAD	Elite Masters Mężczyzn	3	07:30	00:37:45	01:22:09.30	01:22:09.30	+00:12:07 (14.8%)	6:50	8.8 (85.4%)
11	BRZEZIŃSKI Bartosz	5043	RUNMAGEDDON TEAM	Elite Mężczyzn	8	07:30	00:36:34	01:22:14.45	01:22:14.45	+00:12:12 (14.8%)	6:51	8.8 (85.4%)
12	TALARKO Mateusz	5063		Elite Mężczyzn	9	07:30	00:37:29	01:22:16.40	01:22:16.40	+00:12:14 (14.9%)	6:51	8.8 (85.4%)
13	LIPIŃSKI Tomasz	5022	IMPLOZJA CHEŁM	Elite Mężczyzn	10	07:30	00:37:11	01:25:03.70	01:25:03.70	+00:15:01 (17.7%)	7:05	8.5 (82.5%)
14	PSUT Kamil	5010	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	11	07:30	00:38:29	01:25:34.45	01:25:34.45	+00:15:32 (18.2%)	7:07	8.4 (81.6%)
15	CHŁAD Aleksander	5014	EX TEAM	Elite Masters Mężczyzn	4	07:30	00:38:20	01:25:59.65	01:25:59.65	+00:15:57 (18.6%)	7:09	8.4 (81.6%)
16	OBSZYŃSKI Marcin	5059		Elite Mężczyzn	12	07:30	00:36:49	01:26:14.30	01:26:14.30	+00:16:12 (18.8%)	7:11	8.3 (80.6%)
17	BIAŁOŃ Kamil	5018	FITPARK TEAM	Elite Mężczyzn	13	07:30	00:39:41	01:26:37.00	01:26:37.00	+00:16:35 (19.1%)	7:13	8.3 (80.6%)
18	FORMELA Piotr	5067	ACTIVE FLOW	Elite Mężczyzn	14	07:30	00:36:07	01:27:09.35	01:27:09.35	+00:17:07 (19.6%)	7:15	8.3 (80.6%)
19	CHUDZIAK Sebastian	5046	RUNMAGEDDONOWE ŚWIRY	Elite Mężczyzn	15	07:30	00:39:29	01:27:28.50	01:27:28.50	+00:17:26 (19.9%)	7:17	8.2 (79.6%)
20	KOŁAKOWSKI Krzysztof	5175	RUNMAGEDDON TEAM	Elite Mężczyzn	16	07:30	00:40:12	01:27:57.80	01:27:57.80	+00:17:55 (20.4%)	7:19	8.2 (79.6%)
21	KASIELSKI Rafał	5028	NOTEĆ OCR CZARNKÓW	Elite Mężczyzn	17	07:30	00:38:53	01:28:28.65	01:28:28.65	+00:18:26 (20.8%)	7:22	8.1 (78.6%)
22	ODWROT Mariusz	5026	LEŚNA DRUŻYNA	Elite Masters Mężczyzn	5	07:30	00:38:59	01:28:39.30	01:28:39.30	+00:18:37 (21.0%)	7:23	8.1 (78.6%)
23	GLIŃSKI Adrian	5166		Elite Mężczyzn	18	07:40	00:40:34	01:31:22.50	01:31:22.50	+00:21:20 (23.4%)	7:36	7.9 (76.7%)
24	MEISSNER Jan	5072	BIEGUN OCR TEAM	Elite Mężczyzn	19	07:40	00:39:46	01:32:10.90	01:32:10.90	+00:22:09 (24.0%)	7:40	7.8 (75.7%)
25	WIELOGÓRSKI Karol	5003	BIEGUN OCR TEAM	Elite Mężczyzn	20	07:30	00:41:38	01:32:22.50	01:32:22.50	+00:22:20 (24.2%)	7:41	7.8 (75.7%)
26	FIGURA Robert	5054		Elite Mężczyzn	21	07:30	00:41:03	01:33:24.00	01:33:24.00	+00:23:22 (25.0%)	7:47	7.7 (74.8%)
27	SKOWRON Bartosz	5048	SZWAGRY OCR TEAM	Elite Mężczyzn	22	07:40	00:41:12	01:33:33.40	01:33:33.40	+00:23:31 (25.1%)	7:47	7.7 (74.8%)
28	MORA Karol	5009	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	6	07:30	00:41:34	01:34:29.70	01:34:29.70	+00:24:27 (25.9%)	7:52	7.6 (73.8%)
29	KRYSTOFIAK Damian	5106	UNITED RUNNERS	Elite Masters Mężczyzn	7	07:40	00:41:55	01:34:39.70	01:34:39.70	+00:24:37 (26.0%)	7:53	7.6 (73.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
30	<b>WIŚNIEWSKI Tomasz</b>	<b>5065</b>		Elite Masters Mężczyzn	8	07:30	00:39:22	<b>01:34:59.55</b>	<b>01:34:59.55</b>	+00:24:57 (26.3%)	7:54	7.6 (73.8%)
31	<b>GIZAK Michał</b>	<b>5103</b>	SOCIOS SILESIA	Elite Mężczyzn	23	07:30	00:43:36	<b>01:35:02.20</b>	<b>01:35:02.20</b>	+00:25:00 (26.3%)	7:55	7.6 (73.8%)
32	<b>PURZYCKI Remigiusz</b>	<b>5060</b>		Elite Mężczyzn	24	07:30	00:40:26	<b>01:35:21.35</b>	<b>01:35:21.35</b>	+00:25:19 (26.6%)	7:56	7.6 (73.8%)
33	<b>KOWALCZYK Daniel</b>	<b>5056</b>		Elite Mężczyzn	25	07:30	00:42:34	<b>01:35:40.30</b>	<b>01:35:40.30</b>	+00:25:38 (26.8%)	7:58	7.5 (72.8%)
34	<b>GAJOCHA Michał</b>	<b>5170</b>	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	9	07:40	00:42:09	<b>01:35:49.50</b>	<b>01:35:49.50</b>	+00:25:47 (26.9%)	7:59	7.5 (72.8%)
35	<b>KLEWANIEC Jakub</b>	<b>5006</b>	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	26	07:30	00:42:54	<b>01:36:21.30</b>	<b>01:36:21.30</b>	+00:26:19 (27.3%)	8:01	7.5 (72.8%)
36	<b>PERKOWSKI Paweł</b>	<b>5039</b>	POWER TRAINING	Elite Masters Mężczyzn	10	07:30	00:43:42	<b>01:37:04.80</b>	<b>01:37:04.80</b>	+00:27:02 (27.9%)	8:05	7.4 (71.8%)
37	<b>LIS Tomasz</b>	<b>5057</b>		Elite Mężczyzn	27	07:30	00:43:57	<b>01:39:11.00</b>	<b>01:39:11.00</b>	+00:29:09 (29.4%)	8:15	7.3 (70.9%)
38	<b>PULŠA Artūr</b>	<b>5031</b>	OCR BALTIC WARRIORS	Elite Masters Mężczyzn	11	07:30	00:39:15	<b>01:39:11.20</b>	<b>01:39:11.20</b>	+00:29:09 (29.4%)	8:15	7.3 (70.9%)
39	<b>JUDEK Łukasz</b>	<b>5005</b>	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	12	07:30	00:44:04	<b>01:39:48.50</b>	<b>01:39:48.50</b>	+00:29:46 (29.8%)	8:19	7.2 (69.9%)
40	<b>PORCZYK Zbigniew</b>	<b>5040</b>	POWER TRAINING	Elite Mężczyzn	28	07:30	00:44:22	<b>01:41:50.00</b>	<b>01:41:50.00</b>	+00:31:48 (31.2%)	8:29	7.1 (68.9%)
41	<b>ANOWSKI Adrian</b>	<b>5029</b>	OBSTACLE CENTER TEAM	Elite Mężczyzn	29	07:30	00:42:40	<b>01:41:56.05</b>	<b>01:41:56.05</b>	+00:31:54 (31.3%)	8:29	7.1 (68.9%)
42	<b>CHOJECKI Arkadiusz</b>	<b>5168</b>		Elite Masters Mężczyzn	13	07:40	00:46:35	<b>01:41:58.35</b>	<b>01:41:58.35</b>	+00:31:56 (31.3%)	8:29	7.1 (68.9%)
43	<b>BRZESKI Robert</b>	<b>5161</b>	CROSSELITE	Elite Masters Mężczyzn	14	07:40	00:43:34	<b>01:41:58.40</b>	<b>01:41:58.40</b>	+00:31:56 (31.3%)	8:29	7.1 (68.9%)
44	<b>MATUSZEK Jacek</b>	<b>5076</b>	DOKTOROSTWO	Elite Mężczyzn	30	07:40	00:44:00	<b>01:43:28.10</b>	<b>01:43:28.10</b>	+00:33:26 (32.3%)	8:37	7 (68.0%)
45	<b>GRUBKAJTYS Henryk</b>	<b>5125</b>		Elite Mężczyzn	31	07:40	00:45:39	<b>01:44:05.00</b>	<b>01:44:05.00</b>	+00:34:03 (32.7%)	8:40	6.9 (67.0%)
46	<b>RYBCZYŃSKI Michał</b>	<b>5002</b>	ATLAS RUNNING TEAM	Elite Mężczyzn	32	07:30	00:44:56	<b>01:44:43.20</b>	<b>01:44:43.20</b>	+00:34:41 (33.1%)	8:43	6.9 (67.0%)
47	<b>NIŹNIK Borys</b>	<b>5024</b>	KONIU SQUAD	Elite Masters Mężczyzn	15	07:30	00:48:08	<b>01:45:26.95</b>	<b>01:45:26.95</b>	+00:35:25 (33.6%)	8:47	6.8 (66.0%)
48	<b>JAKUBOWSKU Mateusz</b>	<b>5074</b>	CHEEKY MONKEY TEAM	Elite Mężczyzn	33	07:40	00:46:31	<b>01:46:17.00</b>	<b>01:46:17.00</b>	+00:36:15 (34.1%)	8:51	6.8 (66.0%)
49	<b>MORAWSKI Grzegorz</b>	<b>5058</b>		Elite Masters Mężczyzn	16	07:30	00:45:36	<b>01:48:16.35</b>	<b>01:48:16.35</b>	+00:38:14 (35.3%)	9:01	6.7 (65.0%)
50	<b>PLICH Marcin</b>	<b>5050</b>	WOLF TEAM	Elite Mężczyzn	34	07:30	00:46:37	<b>01:48:35.60</b>	<b>01:48:35.60</b>	+00:38:33 (35.5%)	9:02	6.6 (64.1%)
51	<b>KOWALSKI Tomek</b>	<b>5164</b>	SZWAGRY OCR TEAM	Elite Mężczyzn	35	07:40	00:45:36	<b>01:49:00.30</b>	<b>01:49:00.30</b>	+00:38:58 (35.8%)	9:05	6.6 (64.1%)
52	<b>ŚWIDERSKI Paweł</b>	<b>5017</b>	EY OCR TEAM	Elite Mężczyzn	36	07:30	00:46:50	<b>01:49:07.45</b>	<b>01:49:07.45</b>	+00:39:05 (35.8%)	9:05	6.6 (64.1%)
53	<b>KALINOWSKI Adam</b>	<b>5042</b>	PRUSZKOWSKI TEAM	Elite Masters Mężczyzn	17	07:30	00:48:10	<b>01:50:11.10</b>	<b>01:50:11.10</b>	+00:40:09 (36.4%)	9:10	6.5 (63.1%)
54	<b>DYKAS Adam</b>	<b>5053</b>		Elite Masters Mężczyzn	18	07:30	00:48:04	<b>01:50:15.25</b>	<b>01:50:15.25</b>	+00:40:13 (36.5%)	9:11	6.5 (63.1%)
55	<b>MACIEJEWSKI Mateusz</b>	<b>5132</b>		Elite Mężczyzn	37	07:40	00:50:45	<b>01:50:41.50</b>	<b>01:50:41.50</b>	+00:40:39 (36.7%)	9:13	6.5 (63.1%)
56	<b>STAROSZYŃSKI Dawid</b>	<b>5013</b>	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	38	07:30	00:45:43	<b>01:50:44.00</b>	<b>01:50:44.00</b>	+00:40:42 (36.8%)	9:13	6.5 (63.1%)
57	<b>TOKAREK Jan</b>	<b>5027</b>	LEŚNA DRUŻYNA	Elite Mężczyzn	39	07:30	00:43:28	<b>01:51:56.45</b>	<b>01:51:56.45</b>	+00:41:54 (37.4%)	9:19	6.4 (62.1%)
58	<b>GARCZYŃSKI Radosław</b>	<b>5037</b>	POWER TRAINING	Elite Mężczyzn	40	07:30	00:48:36	<b>01:52:05.00</b>	<b>01:52:05.00</b>	+00:42:03 (37.5%)	9:20	6.4 (62.1%)
59	<b>WOŁYNIEC Wojciech</b>	<b>5079</b>	EX TEAM	Elite Masters Mężczyzn	19	07:40	00:49:16	<b>01:53:52.55</b>	<b>01:53:52.55</b>	+00:43:50 (38.5%)	9:29	6.3 (61.2%)
60	<b>PIETROŃ Łukasz</b>	<b>5091</b>	OBSTACLE CENTER TEAM	Elite Mężczyzn	41	07:40	00:49:09	<b>01:54:57.35</b>	<b>01:54:57.35</b>	+00:44:55 (39.1%)	9:34	6.3 (61.2%)
61	<b>POTEMPA Rafał</b>	<b>5083</b>	FITPARK TEAM	Elite Mężczyzn	42	07:40	00:48:55	<b>01:55:02.75</b>	<b>01:55:02.75</b>	+00:45:00 (39.1%)	9:35	6.3 (61.2%)
62	<b>ŻAK Kamil</b>	<b>5066</b>		Elite Mężczyzn	43	07:30	00:52:09	<b>01:56:22.45</b>	<b>01:56:22.45</b>	+00:46:20 (39.8%)	9:41	6.2 (60.2%)
63	<b>LATOPOLSKI Piotr</b>	<b>5104</b>	TEAMOCRKWARDZYN	Elite Masters Mężczyzn	20	07:40	00:47:53	<b>01:56:53.95</b>	<b>01:56:53.95</b>	+00:46:52 (40.1%)	9:44	6.2 (60.2%)
64	<b>MAJOWSKI Michał</b>	<b>5173</b>	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	44	07:40	00:49:59	<b>01:56:54.00</b>	<b>01:56:54.00</b>	+00:46:52 (40.1%)	9:44	6.2 (60.2%)
65	<b>ZIÓŁEK Krzysztof</b>	<b>5101</b>	POWER TRAINING	Elite Mężczyzn	45	07:40	00:52:21	<b>01:57:15.00</b>	<b>01:57:15.00</b>	+00:47:13 (40.3%)	9:46	6.1 (59.2%)
66	<b>JANISZEWSKI Grzegorz</b>	<b>5077</b>	DZIADY OCR	Elite Masters Mężczyzn	21	07:40	00:51:22	<b>01:57:34.10</b>	<b>01:57:34.10</b>	+00:47:32 (40.4%)	9:47	6.1 (59.2%)
67	<b>CZYŻEWSKI Dominik</b>	<b>5118</b>		Elite Mężczyzn	46	07:40	00:50:58	<b>01:58:23.00</b>	<b>01:58:23.00</b>	+00:48:21 (40.8%)	9:51	6.1 (59.2%)
68	<b>BURZYŃSKI Jarek</b>	<b>5117</b>		Elite Masters Mężczyzn	22	07:40	00:48:20	<b>01:58:30.15</b>	<b>01:58:30.15</b>	+00:48:28 (40.9%)	9:52	6.1 (59.2%)
69	<b>POMIANEK Michał</b>	<b>5135</b>		Elite Mężczyzn	47	07:40	00:51:19	<b>01:58:38.90</b>	<b>01:58:38.90</b>	+00:48:37 (41.0%)	9:53	6.1 (59.2%)
70	<b>GAŁUSZYŃSKI Łukasz</b>	<b>5171</b>	ACTIVE FLOW	Elite Mężczyzn	48	07:40	00:52:30	<b>01:59:10.20</b>	<b>01:59:10.20</b>	+00:49:08 (41.2%)	9:55	6 (58.3%)
71	<b>PABIAN Karol</b>	<b>5134</b>		Elite Mężczyzn	49	07:40	00:51:18	<b>01:59:18.15</b>	<b>01:59:18.15</b>	+00:49:16 (41.3%)	9:56	6 (58.3%)
72	<b>WAȚOR Bartłomiej</b>	<b>5064</b>		Elite Mężczyzn	50	07:30	00:52:18	<b>01:59:26.90</b>	<b>01:59:26.90</b>	+00:49:25 (41.4%)	9:57	6 (58.3%)
73	<b>ČEČKAUSKAS Gytis</b>	<b>5030</b>	OCR BALTIC WARRIORS	Elite Mężczyzn	51	07:30	00:44:15	<b>01:59:38.10</b>	<b>01:59:38.10</b>	+00:49:36 (41.5%)	9:58	6 (58.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
								12km	12km			
74	KATINAS Andrius	5128		Elite Masters Mężczyzn	23	07:40	00:51:15	02:01:10.65	02:01:10.65	+00:51:08 (42.2%)	10:05	5.9 (57.3%)
75	NALEPA Leon	5094	OSPRO OCR	Elite Mężczyzn	52	07:40	00:53:12	02:01:34.30	02:01:34.30	+00:51:32 (42.4%)	10:07	5.9 (57.3%)
76	GAWLIKOWSKI Marcin	5123		Elite Mężczyzn	53	07:40	00:49:05	02:01:51.40	02:01:51.40	+00:51:49 (42.5%)	10:09	5.9 (57.3%)
77	FIRER Radosław	5122		Elite Mężczyzn	54	07:40	00:52:48	02:02:16.50	02:02:16.50	+00:52:14 (42.7%)	10:11	5.9 (57.3%)
78	KOPIEC Michał	5082	FITPARK TEAM	Elite Mężczyzn	55	07:40	00:55:15	02:02:47.15	02:02:47.15	+00:52:45 (43.0%)	10:13	5.9 (57.3%)
79	NESTOROWICZ Grzegorz	5070	ACTIVITY SPORT ELBLĄG	Elite Mężczyzn	56	07:40	00:52:55	02:03:08.95	02:03:08.95	+00:53:07 (43.1%)	10:15	5.8 (56.3%)
80	ŚRUBAS Adam	5012	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	57	07:30	00:42:30	02:04:14.80	02:04:14.80	+00:54:12 (43.6%)	10:21	5.8 (56.3%)
81	KOWALSKI Dominik	5007	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	24	07:30	00:53:45	02:04:47.50	02:04:47.50	+00:54:45 (43.9%)	10:23	5.8 (56.3%)
82	BIELICKI Wojciech	5004	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	58	07:30	00:53:48	02:04:49.95	02:04:49.95	+00:54:48 (43.9%)	10:24	5.8 (56.3%)
83	KORSUNAS Sergejus	5159		Elite Masters Mężczyzn	25	07:40	00:53:28	02:05:30.40	02:05:30.40	+00:55:28 (44.2%)	10:27	5.7 (55.3%)
84	NOJEK Arkadiusz	5075	CHEEKY MONKEY TEAM	Elite Mężczyzn	59	07:40	00:56:37	02:05:49.50	02:05:49.50	+00:55:47 (44.3%)	10:29	5.7 (55.3%)
85	WIETESKA Łukasz	5035	OSPRO OCR	Elite Mężczyzn	60	07:30	00:49:21	02:06:10.70	02:06:10.70	+00:56:08 (44.5%)	10:30	5.7 (55.3%)
86	OPALUCH Rafał	5020	FITPARK TEAM	Elite Mężczyzn	61	07:30	00:48:40	02:06:24.45	02:06:24.45	+00:56:22 (44.6%)	10:32	5.7 (55.3%)
87	USZYŃSKI Adam	5036	OUTDOOR TRAINING	Elite Masters Mężczyzn	26	07:30	00:49:03	02:06:58.80	02:06:58.80	+00:56:56 (44.8%)	10:34	5.7 (55.3%)
88	JABŁOŃSKI Bogusław	5068	ACTIVE FLOW	Elite Mężczyzn	62	07:40	00:59:26	02:09:18.30	02:09:18.30	+00:59:16 (45.8%)	10:46	5.6 (54.4%)
89	ROŚLANIEC Piotr	5136		Elite Mężczyzn	63	07:40	00:55:16	02:09:53.15	02:09:53.15	+00:59:51 (46.1%)	10:49	5.5 (53.4%)
90	DZIURDA Adam	5098	POWER TRAINING	Elite Masters Mężczyzn	27	07:40	00:53:07	02:15:11.40	02:15:11.40	+01:05:09 (48.2%)	11:15	5.3 (51.5%)
91	ADAMCZYK Paweł	5114		Elite Masters Mężczyzn	28	07:40	00:59:14	02:15:16.45	02:15:16.45	+01:05:14 (48.2%)	11:16	5.3 (51.5%)
92	GOLIŃSKI Szczepan	5124		Elite Mężczyzn	64	07:40	01:05:01	02:15:24.60	02:15:24.60	+01:05:22 (48.3%)	11:17	5.3 (51.5%)
93	KARAŚ Karol	5021	HARDBOX OTWOCK	Elite Masters Mężczyzn	29	07:30	00:58:34	02:16:48.60	02:16:48.60	+01:06:46 (48.8%)	11:24	5.3 (51.5%)
94	SŁODKOWSKI Marek	5085	HARCORY	Elite Mężczyzn	65	07:40	00:56:52	02:17:27.90	02:17:27.90	+01:07:26 (49.1%)	11:27	5.2 (50.5%)
95	MOSTOWSKI Radosław	5111	WARRIORS ŁÓDŹ	Elite Masters Mężczyzn	30	08:00	01:02:29	02:20:06.90	02:20:06.90	+01:10:05 (50.0%)	11:40	5.1 (49.5%)
96	KRZYŻANOWSKI Julian	5099	POWER TRAINING	Elite Masters Mężczyzn	31	07:40	01:01:00	02:21:51.65	02:21:51.65	+01:11:49 (50.6%)	11:49	5.1 (49.5%)
97	MISIURA Wiktor	5093	OCR SHARKS OKUNINKA TEAM	Elite Mężczyzn	66	07:40	01:05:22	02:24:37.80	02:24:37.80	+01:14:35 (51.6%)	12:03	5 (48.5%)
98	GREGOR Adam	5015	EY OCR TEAM	Elite Mężczyzn	67	07:30	00:59:07	02:24:56.70	02:24:56.70	+01:14:54 (51.7%)	12:04	5 (48.5%)
99	ŚMIAŁKOWSKI Kamil	5062		Elite Mężczyzn	68	07:30	01:04:59	02:25:20.80	02:25:20.80	+01:15:18 (51.8%)	12:06	5 (48.5%)
100	LENART Krzysztof	5069	ACTIVITY SPORT ELBLĄG	Elite Mężczyzn	69	07:40	00:58:59	02:27:49.10	02:27:49.10	+01:17:47 (52.6%)	12:19	4.9 (47.6%)
101	JEZIORSKI Marcin	5126		Elite Masters Mężczyzn	32	07:40	01:02:22	02:29:04.40	02:29:04.40	+01:19:02 (53.0%)	12:25	4.8 (46.6%)
102	BERLIŃSKI Marcin	5115		Elite Mężczyzn	70	07:40	01:06:43	02:29:52.60	02:29:52.60	+01:19:50 (53.3%)	12:29	4.8 (46.6%)
103	KOSEK Krzysiek	5102	SII RUNNING TEAM	Elite Mężczyzn	71	07:40	00:44:30	02:30:56.85	02:30:56.85	+01:20:54 (53.6%)	12:34	4.8 (46.6%)
104	BLICHARSKI Michał	5071	BEFIT24TEAM	Elite Mężczyzn	72	07:40	01:05:45	02:33:58.45	02:33:58.45	+01:23:56 (54.5%)	12:49	4.7 (45.6%)
105	ZAREMBA Norbert	5141		Elite Mężczyzn	73	07:40	01:06:37	02:35:54.20	02:35:54.20	+01:25:52 (55.1%)	12:59	4.6 (44.7%)
106	KOWALEWSKI Filip	5088	OBSTACLE CENTER TEAM	Elite Mężczyzn	74	07:40	01:09:15	02:38:27.45	02:38:27.45	+01:28:25 (55.8%)	13:12	4.5 (43.7%)
107	KLASA Aleksander	5129		Elite Mężczyzn	75	07:40	01:05:58	02:40:34.95	02:40:34.95	+01:30:33 (56.4%)	13:22	4.5 (43.7%)
108	KOŚCIELNY Jacek	5130		Elite Masters Mężczyzn	33	07:40	01:06:55	02:43:13.65	02:43:13.65	+01:33:11 (57.1%)	13:36	4.4 (42.7%)
109	WIŚNIEWSKI Arkadiusz	5112	WARRIORS ŁÓDŹ	Elite Mężczyzn	76	07:40	01:06:55	02:43:13.75	02:43:13.75	+01:33:11 (57.1%)	13:36	4.4 (42.7%)
110	MAZGAJSKI Jarosław	5133		Elite Mężczyzn	77	07:40	00:59:32	02:47:12.40	02:47:12.40	+01:37:10 (58.1%)	13:56	4.3 (41.7%)
111	GORSIAK Jacek	5038	POWER TRAINING	Elite Masters Mężczyzn	34	07:30	00:57:27	02:48:36.95	02:48:36.95	+01:38:35 (58.5%)	14:03	4.3 (41.7%)
112	KONDEJ Michał	5172	ACTIVE FLOW	Elite Mężczyzn	78	07:40	01:12:44	02:52:11.50	02:52:11.50	+01:42:09 (59.3%)	14:20	4.2 (40.8%)
113	PAWŁOWSKI Krzysztof	5107	UNITED RUNNERS	Elite Mężczyzn	79	07:40	01:07:05	02:53:36.80	02:53:36.80	+01:43:34 (59.7%)	14:28	4.1 (39.8%)
114	KUREK Andrzej	5084	HARDBOX OTWOCK	Elite Masters Mężczyzn	35	07:40	01:16:07	02:59:30.75	02:59:30.75	+01:49:28 (61.0%)	14:57	4 (38.8%)
115	JEZIONEK Daniel	5113	WOLO TEAM	Elite Mężczyzn	80	07:40	01:16:06	02:59:31.60	02:59:31.60	+01:49:29 (61.0%)	14:57	4 (38.8%)
115	KUCZBORSKI Jacek	5105	THE WOOWS	Elite Mężczyzn	80	07:40	01:16:08	02:59:31.60	02:59:31.60	+01:49:29 (61.0%)	14:57	4 (38.8%)
117	KOŹUSZEK Norbert	5160		Elite Mężczyzn	82	07:40	01:17:08	02:59:31.70	02:59:31.70	+01:49:29 (61.0%)	14:57	4 (38.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
118	<b>DROZDALSKI Mateusz</b>	<b>5119</b>		Elite Mężczyzn	83	07:40	01:07:45	<b>03:00:00.55</b>	<b>03:00:00.55</b>	+01:49:58 (61.1%)	15:00	4 (38.8%)
119	<b>KAWĘCKI Artur</b>	<b>5096</b>	POPRAW KORONĘ I ZASUWAJ !	Elite Mężczyzn	84	07:40	01:13:04	<b>03:00:25.40</b>	<b>03:00:25.40</b>	+01:50:23 (61.2%)	15:02	4 (38.8%)
120	<b>RUMIŃSKI Mariusz</b>	<b>5108</b>	VOULEZ-VOUS	Elite Mężczyzn	85	07:40	01:18:44	<b>03:03:50.10</b>	<b>03:03:50.10</b>	+01:53:48 (61.9%)	15:19	3.9 (37.9%)
121	<b>ANUSZCZYK Mariusz</b>	<b>5158</b>		Elite Masters Mężczyzn	36	07:40	01:13:23	<b>03:08:49.60</b>	<b>03:08:49.60</b>	+01:58:47 (62.9%)	15:44	3.8 (36.9%)

Znaleziono 121 wynik(ów)