

**Wydarzenie:** RUNMAGEDDON WARSZAWA SUNTAGO  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2023-05-28  
**Miejsce:** Warszawa  
**Dystans:** 12 km

Klasyfikacja: M25-29

| Msc                                       | Zawodnik                     | Numer       | Klub                 | Kategoria      | Mkat | Seria | 6km      | Czas netto 12km    | Czas brutto 12km   | Różn              | Tempo min/km | Tempo km/h   |
|---|------------------------------|-------------|----------------------|----------------|------|-------|----------|--------------------|--------------------|-------------------|--------------|--------------|
| 1   | <b>KASPRZYK Sebastian</b>    | <b>4074</b> |                      | Elite Mężczyzn | 1    | 07:30 | 00:27:45 | <b>01:05:50.80</b> | <b>01:05:50.80</b> |                   | 5:29         | 10.9 (100%)  |
| 2   | <b>ŚLOTAŁA Karol</b>         | <b>4010</b> | CARBON SILESIA SPORT | Elite Mężczyzn | 7    | 07:30 | 00:30:16 | <b>01:11:13.60</b> | <b>01:11:13.60</b> | +00:05:22 (7.6%)  | 5:56         | 10.1 (92.7%) |
| 3   | <b>BIGOS Daniel</b>          | <b>4038</b> | OSPRO OCR            | Elite Mężczyzn | 9    | 07:30 | 00:29:47 | <b>01:15:07.80</b> | <b>01:15:07.80</b> | +00:09:17 (12.4%) | 6:15         | 9.6 (88.1%)  |
| 4   | <b>SIKORA Grzegorz</b>       | <b>4081</b> |                      | Elite Mężczyzn | 12   | 07:30 | 00:31:59 | <b>01:17:25.10</b> | <b>01:17:25.10</b> | +00:11:34 (14.9%) | 6:27         | 9.3 (85.3%)  |
| 5   | <b>LIPIŃSKI Tomasz</b>       | <b>4025</b> | IMPLOZJA CHEŁM       | Elite Mężczyzn | 13   | 07:30 | 00:32:00 | <b>01:18:21.05</b> | <b>01:18:21.05</b> | +00:12:30 (16.0%) | 6:31         | 9.2 (84.4%)  |
| 6   | <b>BRZEZIŃSKI Bartosz</b>    | <b>4052</b> | RUNMAGEDDON TEAM     | Elite Mężczyzn | 16   | 07:30 | 00:30:42 | <b>01:19:50.80</b> | <b>01:19:50.80</b> | +00:14:00 (17.5%) | 6:39         | 9 (82.6%)    |
| 7   | <b>SZEGDA Michał</b>         | <b>4181</b> |                      | Elite Mężczyzn | 19   | 07:40 | 00:31:23 | <b>01:22:12.60</b> | <b>01:22:12.60</b> | +00:16:21 (19.9%) | 6:51         | 8.8 (80.7%)  |
| 8   | <b>LEWANDOWSKI Michał</b>    | <b>4034</b> | OBSTACLE CENTER TEAM | Elite Mężczyzn | 20   | 07:30 | 00:31:49 | <b>01:22:39.60</b> | <b>01:22:39.60</b> | +00:16:48 (20.3%) | 6:53         | 8.7 (79.8%)  |
| 9   | <b>KRUK Michał</b>           | <b>4040</b> | OSPRO OCR            | Elite Mężczyzn | 32   | 07:30 | 00:33:41 | <b>01:27:32.60</b> | <b>01:27:32.60</b> | +00:21:41 (24.8%) | 7:17         | 8.2 (75.2%)  |
| 10  | <b>ŁUKASIK Łukasz</b>        | <b>4122</b> | POWER TRAINING       | Elite Mężczyzn | 40   | 07:40 | 00:38:14 | <b>01:30:51.30</b> | <b>01:30:51.30</b> | +00:25:00 (27.5%) | 7:34         | 7.9 (72.5%)  |
| 11  | <b>JANISZEWSKI Dariusz</b>   | <b>4072</b> |                      | Elite Mężczyzn | 46   | 07:30 | 00:36:47 | <b>01:35:24.35</b> | <b>01:35:24.35</b> | +00:29:33 (31.0%) | 7:57         | 7.5 (68.8%)  |
| 12  | <b>ANOWSKI Adrian</b>        | <b>4030</b> | OBSTACLE CENTER TEAM | Elite Mężczyzn | 51   | 07:30 | 00:36:32 | <b>01:36:20.00</b> | <b>01:36:20.00</b> | +00:30:29 (31.6%) | 8:01         | 7.5 (68.8%)  |
| 13  | <b>NOWIŃSKI Marcin</b>       | <b>4020</b> | DRAGON RUNNERS       | Elite Mężczyzn | 53   | 07:30 | 00:37:51 | <b>01:37:28.40</b> | <b>01:37:28.40</b> | +00:31:37 (32.4%) | 8:07         | 7.4 (67.9%)  |
| 14  | <b>KWAŚNIAK Bartłomiej</b>   | <b>4077</b> |                      | Elite Mężczyzn | 59   | 07:30 | 00:36:17 | <b>01:42:32.40</b> | <b>01:42:32.40</b> | +00:36:41 (35.8%) | 8:32         | 7 (64.2%)    |
| 15  | <b>KOWALSKI Tomek</b>        | <b>4159</b> |                      | Elite Mężczyzn | 64   | 07:40 | 00:40:50 | <b>01:44:59.00</b> | <b>01:44:59.00</b> | +00:39:08 (37.3%) | 8:44         | 6.9 (63.3%)  |
| 16  | <b>DYKAS Piotr</b>           | <b>4037</b> | OCR RZESZÓW          | Elite Mężczyzn | 65   | 07:30 | 00:38:16 | <b>01:45:03.15</b> | <b>01:45:03.15</b> | +00:39:12 (37.3%) | 8:45         | 6.9 (63.3%)  |
| 17  | <b>KUŚMIERCZYK Łukasz</b>    | <b>4127</b> | R.AMBO DRUGA CREW    | Elite Mężczyzn | 73   | 07:40 | 00:44:09 | <b>01:53:04.40</b> | <b>01:53:04.40</b> | +00:47:13 (41.8%) | 9:25         | 6.4 (58.7%)  |
| 18  | <b>EHRLICH Przemysław</b>    | <b>4130</b> | RUNMAGEDDONOWE ŚWIRY | Elite Mężczyzn | 83   | 07:40 | 00:43:43 | <b>01:58:54.60</b> | <b>01:58:54.60</b> | +00:53:03 (44.6%) | 9:54         | 6.1 (56.0%)  |
| 19  | <b>ŁĄCZYKOWSKI Sylwester</b> | <b>4121</b> | POWER TRAINING       | Elite Mężczyzn | 85   | 07:40 | 00:43:36 | <b>02:00:51.55</b> | <b>02:00:51.55</b> | +00:55:00 (45.5%) | 10:04        | 6 (55.0%)    |
| 20  | <b>MAZGAJSKI Jarosław</b>    | <b>4166</b> |                      | Elite Mężczyzn | 90   | 07:40 | 00:44:34 | <b>02:03:20.25</b> | <b>02:03:20.25</b> | +00:57:29 (46.6%) | 10:16        | 5.8 (53.2%)  |
| 21  | <b>ANTOLIK Arkadiusz</b>     | <b>4120</b> | POWER TRAINING       | Elite Mężczyzn | 101  | 07:40 | 00:42:01 | <b>02:40:14.55</b> | <b>02:40:14.55</b> | +01:34:23 (58.9%) | 13:21        | 4.5 (41.3%)  |
| 22  | <b>RUMIŃSKI Mariusz</b>      | <b>4134</b> | VOULEZ-VOUS          | Elite Mężczyzn | 108  | 07:40 | 00:57:37 | <b>03:19:54.70</b> | <b>03:19:54.70</b> | +02:14:03 (67.1%) | 16:39        | 3.6 (33.0%)  |
| <b>Przekroczony limit czasu: 04:00:00</b> |                              |             |                      |                |      |       |          |                    |                    |                   |              |              |
| 23  | <b>JAWORSKI Sebastian</b>    | <b>4126</b> | R.AMBO DRUGA CREW    | Elite Mężczyzn | 111  | 07:40 | 00:44:14 | <b>04:12:48.85</b> | <b>04:12:48.85</b> | +03:06:58 (74.0%) | 21:04        | 2.8 (25.7%)  |

Znaleziono 23 wynik(ów)