

**Wydarzenie:** Zimowy Runmageddon Warszawa  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2024-02-03  
**Miejsce:** Tor Służewiec  
**Dystans:** 12 km

Klasyfikacja: M35-39

| Msc | Zawodnik                     | Numer      | Klub                  | Kategoria      | Mkat | Seria | 6km      | Czas netto 12km    | Czas brutto 12km   | Różn              | Tempo min/km | Tempo km/h   |
|-----|------------------------------|------------|-----------------------|----------------|------|-------|----------|--------------------|--------------------|-------------------|--------------|--------------|
| 1   | <b>GEČAS Modestas</b>        | <b>21</b>  | OCR GARGŹDAI          | Elite Mężczyzn | 1    | 08:00 | 00:31:41 | <b>01:04:13.40</b> | <b>01:04:13.40</b> |                   | 5:21         | 11.2 (100%)  |
| 2   | <b>KRAWIECKI Mateusz</b>     | <b>137</b> | RUNMAGEDDON TEAM      | Elite Mężczyzn | 3    | 08:00 | 00:32:47 | <b>01:06:25.30</b> | <b>01:06:25.30</b> | +00:02:11 (3.3%)  | 5:32         | 10.8 (96.4%) |
| 3   | <b>MARKOWSKI Fabian</b>      | <b>40</b>  | WATAHA                | Elite Mężczyzn | 4    | 08:00 | 00:33:13 | <b>01:06:32.20</b> | <b>01:06:32.20</b> | +00:02:18 (3.5%)  | 5:32         | 10.8 (96.4%) |
| 4   | <b>SAŁATA Marcin</b>         | <b>31</b>  | RUNMAGEDDON TEAM      | Elite Mężczyzn | 8    | 08:00 | 00:36:05 | <b>01:12:32.80</b> | <b>01:12:32.80</b> | +00:08:19 (11.5%) | 6:02         | 9.9 (88.4%)  |
| 5   | <b>SZCZERBO Walerij</b>      | <b>20</b>  | OCR BALTIC WARRIORS   | Elite Mężczyzn | 12   | 08:00 | 00:39:11 | <b>01:18:34.05</b> | <b>01:18:34.05</b> | +00:14:20 (18.3%) | 6:32         | 9.2 (82.1%)  |
| 6   | <b>LANGER Piotr</b>          | <b>96</b>  | WARRIORS ŁÓDŹ         | Elite Mężczyzn | 13   | 08:10 | 00:40:58 | <b>01:19:41.95</b> | <b>01:19:41.95</b> | +00:15:28 (19.4%) | 6:38         | 9 (80.4%)    |
| 7   | <b>CHROSTOWSKI Krzysztof</b> | <b>51</b>  |                       | Elite Mężczyzn | 16   | 08:00 | 00:39:28 | <b>01:22:51.85</b> | <b>01:22:51.85</b> | +00:18:38 (22.5%) | 6:54         | 8.7 (77.7%)  |
| 8   | <b>GIZAK Michał</b>          | <b>35</b>  | SOCIOS SILESIA        | Elite Mężczyzn | 19   | 08:00 | 00:41:09 | <b>01:24:11.55</b> | <b>01:24:11.55</b> | +00:19:58 (23.7%) | 7:00         | 8.6 (76.8%)  |
| 9   | <b>STAROSZYŃSKI Dawid</b>    | <b>8</b>   | CARBON SILESIA SPORT  | Elite Mężczyzn | 22   | 08:00 | 00:41:05 | <b>01:24:54.75</b> | <b>01:24:54.75</b> | +00:20:41 (24.4%) | 7:04         | 8.5 (75.9%)  |
| 10  | <b>GEMBUTAS Antanas</b>      | <b>22</b>  | OCR GARGŹDAI          | Elite Mężczyzn | 23   | 08:00 | 00:41:42 | <b>01:25:26.25</b> | <b>01:25:26.25</b> | +00:21:12 (24.8%) | 7:07         | 8.4 (75.0%)  |
| 11  | <b>STANOCH Jarek</b>         | <b>79</b>  | FITPARK TEAM          | Elite Mężczyzn | 29   | 08:10 | 00:45:05 | <b>01:30:43.10</b> | <b>01:30:43.10</b> | +00:26:29 (29.2%) | 7:33         | 7.9 (70.5%)  |
| 12  | <b>ZIÓŁEK Krzysztof</b>      | <b>90</b>  | POWER TRAINING        | Elite Mężczyzn | 34   | 08:10 | 00:47:18 | <b>01:36:06.45</b> | <b>01:36:06.45</b> | +00:31:53 (33.2%) | 8:00         | 7.5 (67.0%)  |
| 13  | <b>STANEK Mirek</b>          | <b>72</b>  | BEFIT24TEAM           | Elite Mężczyzn | 37   | 08:10 | 00:47:07 | <b>01:36:43.95</b> | <b>01:36:43.95</b> | +00:32:30 (33.6%) | 8:03         | 7.4 (66.1%)  |
| 14  | <b>MUIŽĖ Simonas</b>         | <b>23</b>  | OCR GARGŹDAI          | Elite Mężczyzn | 38   | 08:00 | 00:47:31 | <b>01:37:04.65</b> | <b>01:37:04.65</b> | +00:32:51 (33.8%) | 8:05         | 7.4 (66.1%)  |
| 15  | <b>SOKÓŁ Roman</b>           | <b>66</b>  |                       | Elite Mężczyzn | 46   | 08:00 | 00:46:59 | <b>01:41:53.80</b> | <b>01:41:53.80</b> | +00:37:40 (37.0%) | 8:29         | 7.1 (63.4%)  |
| 16  | <b>CZECH Tomasz</b>          | <b>52</b>  |                       | Elite Mężczyzn | 49   | 08:00 | 00:50:23 | <b>01:42:55.40</b> | <b>01:42:55.40</b> | +00:38:42 (37.6%) | 8:34         | 7 (62.5%)    |
| 17  | <b>GOŁASZEWSKI Jacek</b>     | <b>108</b> |                       | Elite Mężczyzn | 51   | 08:10 | 00:51:52 | <b>01:47:48.95</b> | <b>01:47:48.95</b> | +00:43:35 (40.4%) | 8:59         | 6.7 (59.8%)  |
| 18  | <b>TERCJAK Dariusz</b>       | <b>87</b>  | OUTDOOR TRAINING      | Elite Mężczyzn | 52   | 08:10 | 00:50:24 | <b>01:49:53.75</b> | <b>01:49:53.75</b> | +00:45:40 (41.6%) | 9:09         | 6.6 (58.9%)  |
| 19  | <b>WIŚNIEWSKI Arkadiusz</b>  | <b>98</b>  | WARRIORS ŁÓDŹ         | Elite Mężczyzn | 53   | 08:10 | 00:56:00 | <b>01:51:00.65</b> | <b>01:51:00.65</b> | +00:46:47 (42.1%) | 9:15         | 6.5 (58.0%)  |
| 20  | <b>ŚMIAŁKOWSKI Kamil</b>     | <b>65</b>  |                       | Elite Mężczyzn | 55   | 08:00 | 00:52:13 | <b>01:53:37.95</b> | <b>01:53:37.95</b> | +00:49:24 (43.5%) | 9:28         | 6.3 (56.3%)  |
| 21  | <b>MUDLAFF Przemysław</b>    | <b>101</b> | WOLF TEAM             | Elite Mężczyzn | 56   | 08:10 | 00:53:21 | <b>01:54:06.70</b> | <b>01:54:06.70</b> | +00:49:53 (43.7%) | 9:30         | 6.3 (56.3%)  |
| 22  | <b>SKOWROŃSKI Andrzej</b>    | <b>71</b>  | ACTIVITY SPORT ELBLĄG | Elite Mężczyzn | 58   | 08:10 | 00:51:41 | <b>01:55:04.80</b> | <b>01:55:04.80</b> | +00:50:51 (44.2%) | 9:35         | 6.3 (56.3%)  |
| 23  | <b>JABŁOŃSKI Bogusław</b>    | <b>70</b>  | ACTIVE FLOW           | Elite Mężczyzn | 63   | 08:10 | 00:56:22 | <b>01:58:40.10</b> | <b>01:58:40.10</b> | +00:54:26 (45.9%) | 9:53         | 6.1 (54.5%)  |
| 24  | <b>KUCZBORSKI Jacek</b>      | <b>95</b>  | THE WOOWS             | Elite Mężczyzn | 66   | 08:10 | 00:56:09 | <b>02:03:45.80</b> | <b>02:03:45.80</b> | +00:59:32 (48.1%) | 10:18        | 5.8 (51.8%)  |
| 25  | <b>ROMAN Krzysztof</b>       | <b>93</b>  | SANOK BIEGA           | Elite Mężczyzn | 69   | 08:10 | 00:59:38 | <b>02:08:13.90</b> | <b>02:08:13.90</b> | +01:04:00 (49.9%) | 10:41        | 5.6 (50.0%)  |

Znaleziono 25 wynik(ów)