

**Wydarzenie:** Runmageddon WARSZAWA TWIERDZA MODLIN  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2024-05-26  
**Miejsce:** Warszawa  
**Dystans:** 12 km



Klasyfikacja: M40-44

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	<b>MARUSZEWSKI Marcin</b>	<b>5008</b>	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	1	07:30	00:36:06	<b>01:20:12.30</b>	<b>01:20:12.30</b>		6:41	9 (100%)
2	<b>MACIEJEWSKI Łukasz</b>	<b>5047</b>	SOCIOS SILESIA	Elite Masters Mężczyzn	2	07:30	00:38:40	<b>01:22:08.50</b>	<b>01:22:08.50</b>	+00:01:56 (2.4%)	6:50	8.8 (97.8%)
3	<b>CHŁAD Aleksander</b>	<b>5014</b>	EX TEAM	Elite Masters Mężczyzn	4	07:30	00:38:20	<b>01:25:59.65</b>	<b>01:25:59.65</b>	+00:05:47 (6.7%)	7:09	8.4 (93.3%)
4	<b>OBSZYNSKI Marcin</b>	<b>5059</b>		Elite Mężczyzn	12	07:30	00:36:49	<b>01:26:14.30</b>	<b>01:26:14.30</b>	+00:06:02 (7.0%)	7:11	8.3 (92.2%)
5	<b>MORA Karol</b>	<b>5009</b>	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	6	07:30	00:41:34	<b>01:34:29.70</b>	<b>01:34:29.70</b>	+00:14:17 (15.1%)	7:52	7.6 (84.4%)
6	<b>KRYSZTOFIAK Damian</b>	<b>5106</b>	UNITED RUNNERS	Elite Masters Mężczyzn	7	07:40	00:41:55	<b>01:34:39.70</b>	<b>01:34:39.70</b>	+00:14:27 (15.3%)	7:53	7.6 (84.4%)
7	<b>GAJOCHA Michał</b>	<b>5170</b>	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	9	07:40	00:42:09	<b>01:35:49.50</b>	<b>01:35:49.50</b>	+00:15:37 (16.3%)	7:59	7.5 (83.3%)
8	<b>PERKOWSKI Paweł</b>	<b>5039</b>	POWER TRAINING	Elite Masters Mężczyzn	10	07:30	00:43:42	<b>01:37:04.80</b>	<b>01:37:04.80</b>	+00:16:52 (17.4%)	8:05	7.4 (82.2%)
9	<b>PULŚA Artúr</b>	<b>5031</b>	OCR BALTIC WARRIORS	Elite Masters Mężczyzn	11	07:30	00:39:15	<b>01:39:11.20</b>	<b>01:39:11.20</b>	+00:18:58 (19.1%)	8:15	7.3 (81.1%)
10	<b>JUDEK Łukasz</b>	<b>5005</b>	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	12	07:30	00:44:04	<b>01:39:48.50</b>	<b>01:39:48.50</b>	+00:19:36 (19.6%)	8:19	7.2 (80.0%)
11	<b>MORAWSKI Grzegorz</b>	<b>5058</b>		Elite Masters Mężczyzn	16	07:30	00:45:36	<b>01:48:16.35</b>	<b>01:48:16.35</b>	+00:28:04 (25.9%)	9:01	6.7 (74.4%)
12	<b>KALINOWSKI Adam</b>	<b>5042</b>	PRUSZKOWSKI TEAM	Elite Masters Mężczyzn	17	07:30	00:48:10	<b>01:50:11.10</b>	<b>01:50:11.10</b>	+00:29:58 (27.2%)	9:10	6.5 (72.2%)
13	<b>MAJOWSKI Michał</b>	<b>5173</b>	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	44	07:40	00:49:59	<b>01:56:54.00</b>	<b>01:56:54.00</b>	+00:36:41 (31.4%)	9:44	6.2 (68.9%)
14	<b>BURZYŃSKI Jarek</b>	<b>5117</b>		Elite Masters Mężczyzn	22	07:40	00:48:20	<b>01:58:30.15</b>	<b>01:58:30.15</b>	+00:38:17 (32.3%)	9:52	6.1 (67.8%)
15	<b>FIRER Radosław</b>	<b>5122</b>		Elite Mężczyzn	54	07:40	00:52:48	<b>02:02:16.50</b>	<b>02:02:16.50</b>	+00:42:04 (34.4%)	10:11	5.9 (65.6%)
16	<b>KOWALSKI Dominik</b>	<b>5007</b>	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	24	07:30	00:53:45	<b>02:04:47.50</b>	<b>02:04:47.50</b>	+00:44:35 (35.7%)	10:23	5.8 (64.4%)
17	<b>DZIURDA Adam</b>	<b>5098</b>	POWER TRAINING	Elite Masters Mężczyzn	27	07:40	00:53:07	<b>02:15:11.40</b>	<b>02:15:11.40</b>	+00:54:59 (40.7%)	11:15	5.3 (58.9%)
18	<b>ADAMCZYK Paweł</b>	<b>5114</b>		Elite Masters Mężczyzn	28	07:40	00:59:14	<b>02:15:16.45</b>	<b>02:15:16.45</b>	+00:55:04 (40.7%)	11:16	5.3 (58.9%)
19	<b>KARAŚ Karol</b>	<b>5021</b>	HARDBOX OTWOCK	Elite Masters Mężczyzn	29	07:30	00:58:34	<b>02:16:48.60</b>	<b>02:16:48.60</b>	+00:56:36 (41.4%)	11:24	5.3 (58.9%)
20	<b>MOSTOWSKI Radosław</b>	<b>5111</b>	WARRIORS ŁÓDŹ	Elite Masters Mężczyzn	30	08:00	01:02:29	<b>02:20:06.90</b>	<b>02:20:06.90</b>	+00:59:54 (42.8%)	11:40	5.1 (56.7%)
21	<b>KRZYŻANOWSKI Julian</b>	<b>5099</b>	POWER TRAINING	Elite Masters Mężczyzn	31	07:40	01:01:00	<b>02:21:51.65</b>	<b>02:21:51.65</b>	+01:01:39 (43.5%)	11:49	5.1 (56.7%)
22	<b>JEZIORSKI Marcin</b>	<b>5126</b>		Elite Masters Mężczyzn	32	07:40	01:02:22	<b>02:29:04.40</b>	<b>02:29:04.40</b>	+01:08:52 (46.2%)	12:25	4.8 (53.3%)
23	<b>KOŚCIELNY Jacek</b>	<b>5130</b>		Elite Masters Mężczyzn	33	07:40	01:06:55	<b>02:43:13.65</b>	<b>02:43:13.65</b>	+01:23:01 (50.9%)	13:36	4.4 (48.9%)
24	<b>GORSIAK Jacek</b>	<b>5038</b>	POWER TRAINING	Elite Masters Mężczyzn	34	07:30	00:57:27	<b>02:48:36.95</b>	<b>02:48:36.95</b>	+01:28:24 (52.4%)	14:03	4.3 (47.8%)
25	<b>KUREK Andrzej</b>	<b>5084</b>	HARDBOX OTWOCK	Elite Masters Mężczyzn	35	07:40	01:16:07	<b>02:59:30.75</b>	<b>02:59:30.75</b>	+01:39:18 (55.3%)	14:57	4 (44.4%)

Znaleziono 25 wynik(ów)