

RUNMAGEDDON CLASSIC WARSZAWA

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Runmageddon WARSZAWA SUNTAGO
Organizator: Extreme Events, Runmageddon
Data: 2022-09-11
Miejsce: Gliwice
Dystans: 12 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Open Kobiet

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	RZONSIK Katarzyna	4342	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	1	08:30	00:48:52	01:48:20.80	01:48:20.80		9:01	6.6 (100%)
2	REPELEWSKA Krista	4995		Open Masters Kobiet	2	10:30	00:47:16	01:48:47.65	01:48:47.65	+00:00:26 (0.4%)	9:03	6.6 (100%)
3	MIROSZ Michalina	4788		Open Kobiet	1	10:00	00:44:28	01:49:29.15	01:49:29.15	+00:01:08 (1.0%)	9:07	6.6 (100%)
4	FETISOVA Katia	4196		Open Kobiet	2	08:00	00:47:11	01:52:50.05	01:52:50.05	+00:04:29 (4.0%)	9:24	6.4 (97.0%)
5	STAŃCZUK Kamila	4916	BESTRY TEAM	Open Kobiet	3	10:30	00:54:13	01:54:41.50	01:54:41.50	+00:06:20 (5.5%)	9:33	6.3 (95.5%)
6	KILIAN Marta	4911	BESTRY TEAM	Open Masters Kobiet	3	10:30	00:54:19	01:54:47.00	01:54:47.00	+00:06:26 (5.6%)	9:33	6.3 (95.5%)
7	MARCHEWKA Monika	4449	SROGIE PIGUŁY	Open Masters Kobiet	4	09:00	00:44:46	01:55:08.45	01:55:08.45	+00:06:47 (5.9%)	9:35	6.3 (95.5%)
8	MATWIEJCZYK Daria	4913	BESTRY TEAM	Open Kobiet	4	10:30	00:54:29	01:56:25.00	01:56:25.00	+00:08:04 (6.9%)	9:42	6.2 (93.9%)
9	DOS SANTOS TRINDADE Kamila	5041	CROSSFOX OCR	Open Kobiet	5	10:45	00:53:17	01:56:49.70	01:56:49.70	+00:08:28 (7.3%)	9:44	6.2 (93.9%)
10	MŁYNARCZAK Karolina	4808	„TO SIEDZI W GŁOWIE”	Open Masters Kobiet	5	10:15	00:46:03	01:57:44.30	01:57:44.30	+00:09:23 (8.0%)	9:48	6.1 (92.4%)
11	DYZMA Irmia	4805	„TO SIEDZI W GŁOWIE”	Open Kobiet	6	10:15	00:44:56	01:57:44.45	01:57:44.45	+00:09:23 (8.0%)	9:48	6.1 (92.4%)
12	IWANICKA Jolanta	4474		Open Kobiet	7	09:00	00:49:11	01:59:29.50	01:59:29.50	+00:11:08 (9.3%)	9:57	6 (90.9%)
13	MAJ Kamila	4274	TEAMBALONA	Open Kobiet	8	08:15	00:51:32	01:59:59.05	01:59:59.05	+00:11:38 (9.7%)	9:59	6 (90.9%)
14	MAJ Dominika	4273	TEAMBALONA	Open Kobiet	9	08:15	00:51:32	02:00:30.15	02:00:30.15	+00:12:09 (10.1%)	10:02	6 (90.9%)
15	TARCZYŃSKA Marta	5205		Open Kobiet	10	11:00	00:46:50	02:03:21.55	02:03:21.55	+00:15:00 (12.2%)	10:16	5.8 (87.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
16	WIŚNIEWSKA Arleta	4344	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	6	08:30	00:53:01	02:03:30.90	02:03:30.90	+00:15:10 (12.3%)	10:17	5.8 (87.9%)
17	ZASTAWNA Aneta	4247		Open Masters Kobiet	7	08:00	00:56:00	02:04:48.45	02:04:48.45	+00:16:27 (13.2%)	10:24	5.8 (87.9%)
18	JABŁOŃSKA Sylwia	4765		Open Kobiet	11	10:00	00:57:02	02:04:56.55	02:04:56.55	+00:16:35 (13.3%)	10:24	5.8 (87.9%)
19	ADAMCZYK Małgorzata	4334	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	12	08:30	00:54:39	02:05:31.05	02:05:31.05	+00:17:10 (13.7%)	10:27	5.7 (86.4%)
20	CHOMICKA Renata	4151		Open Kobiet	13	07:50	00:56:21	02:05:44.85	02:05:44.85	+00:17:24 (13.8%)	10:28	5.7 (86.4%)
21	SKRZYPEK Paulina	4365		Open Masters Kobiet	8	08:30	00:43:59	02:05:54.00	02:05:54.00	+00:17:33 (13.9%)	10:29	5.7 (86.4%)
22	TYŃSKA Martyna	4746	VECINOS DE CERVEZA	Open Kobiet	14	10:00	00:49:33	02:06:52.30	02:06:52.30	+00:18:31 (14.6%)	10:34	5.7 (86.4%)
23	ANTONIEWICZ Agnieszka	4348		Open Kobiet	15	08:30	00:51:28	02:06:56.65	02:06:56.65	+00:18:35 (14.7%)	10:34	5.7 (86.4%)
24	WNOROWSKA Magdalena	4140	OBSTACLE CENTER TEAM	Open Masters Kobiet	9	07:50	00:47:54	02:08:15.90	02:08:15.90	+00:19:55 (15.5%)	10:41	5.6 (84.8%)
25	PIKALA BEDUS Anna	4427	DZIKI	Open Kobiet	16	09:00	00:52:31	02:08:43.55	02:08:43.55	+00:20:22 (15.8%)	10:43	5.6 (84.8%)
26	TKACZYK Aneta	4447	ŚLE-DZIKI	Open Masters Kobiet	10	09:00	00:52:24	02:08:47.85	02:08:47.85	+00:20:27 (15.9%)	10:43	5.6 (84.8%)
27	BĄK Anna	4445	ŚLE-DZIKI	Open Kobiet	17	09:00	00:52:27	02:08:52.85	02:08:52.85	+00:20:32 (15.9%)	10:44	5.6 (84.8%)
28	BUCZAK Anna	4832	ŚLEDZIE	Open Kobiet	18	10:15	00:52:02	02:09:12.95	02:09:12.95	+00:20:52 (16.2%)	10:46	5.6 (84.8%)
29	KWIATKOWSKA Daria	4291	WARRIORS ŁÓDŹ	Open Kobiet	19	08:15	00:47:22	02:09:54.35	02:09:54.35	+00:21:33 (16.6%)	10:49	5.5 (83.3%)
30	GRZELA Urszula	4682		Open Kobiet	20	09:45	00:56:12	02:10:52.35	02:10:52.35	+00:22:31 (17.2%)	10:54	5.5 (83.3%)
31	MISZCZAK Elżbieta	4278	TEAMBALONA	Open Kobiet	21	08:15	00:53:07	02:11:25.55	02:11:25.55	+00:23:04 (17.6%)	10:57	5.5 (83.3%)
32	MAKAREVSKA Oleksandra	4275	TEAMBALONA	Open Kobiet	22	08:15	00:52:51	02:11:47.80	02:11:47.80	+00:23:27 (17.8%)	10:58	5.5 (83.3%)
33	DEPTA Kasia	4959		Open Kobiet	23	10:30	00:58:37	02:14:07.00	02:14:07.00	+00:25:46 (19.2%)	11:10	5.4 (81.8%)
34	BUTRUK Luiza	4750		Open Kobiet	24	10:15	00:54:16	02:16:43.20	02:16:43.20	+00:28:22 (20.8%)	11:23	5.3 (80.3%)
35	SADOWSKA Martyna	5230		Open Kobiet	25	08:00	00:55:47	02:16:55.20	02:16:55.20	+00:28:34 (20.9%)	11:24	5.3 (80.3%)
36	ALBIGOWSKA Magdalena	4263	ROSSMANN	Open Kobiet	26	10:45	01:02:21	02:17:29.55	02:17:29.55	+00:29:08 (21.2%)	11:27	5.2 (78.8%)
37	AMBROZIAK Katarzyna	4672		Open Kobiet	27	09:45	00:53:17	02:17:47.85	02:17:47.85	+00:29:27 (21.4%)	11:28	5.2 (78.8%)
38	SEROCKA Basia	4716	CSS SZAFA	Open Kobiet	28	10:00	00:59:05	02:18:56.45	02:18:56.45	+00:30:35 (22.0%)	11:34	5.2 (78.8%)

								Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km					
39	BESSER Olga	4842		Open Kobiet	29	10:15	00:54:15	02:20:11.70	02:20:11.70	+00:31:50 (22.7%)	11:40	5.1 (77.3%)
40	KELLER Izabela	4481		Open Kobiet	30	09:00	01:04:50	02:21:12.50	02:21:12.50	+00:32:51 (23.3%)	11:46	5.1 (77.3%)
41	Дария	4815	ETERIA	Open Kobiet	31	10:30	00:58:34	02:21:15.35	02:21:15.35	+00:32:54 (23.3%)	11:46	5.1 (77.3%)
42	IALI Nataliia	5246	ETERIA	Open Kobiet	32	10:30	00:58:33	02:21:28.15	02:21:28.15	+00:33:07 (23.4%)	11:47	5.1 (77.3%)
43	JELEŃ Monika	4967		Open Masters Kobiet	11	10:30	00:53:41	02:21:39.30	02:21:39.30	+00:33:18 (23.5%)	11:48	5.1 (77.3%)
44	PRZYBOROWSKA Bożena	4697		Open Masters Kobiet	12	09:45	00:59:44	02:22:38.70	02:22:38.70	+00:34:17 (24.0%)	11:53	5 (75.8%)
45	CIAĞŁO Danuta	5164		Open Masters Kobiet	13	11:00	00:53:21	02:22:45.00	02:22:45.00	+00:34:24 (24.1%)	11:53	5 (75.8%)
46	GVG Karolina	5153	SUPER KITKU	Open Kobiet	33	11:00	00:54:26	02:23:12.25	02:23:12.25	+00:34:51 (24.3%)	11:56	5 (75.8%)
47	BRZUZY- JĘDRZEJCZYK Ewa	4845		Open Kobiet	34	10:15	01:03:03	02:23:54.95	02:23:54.95	+00:35:34 (24.7%)	11:59	5 (75.8%)
48	WAŚ Beata	4289	TEAMBALONA	Open Masters Kobiet	14	08:15	00:54:50	02:24:05.60	02:24:05.60	+00:35:44 (24.8%)	12:00	5 (75.8%)
49	PUCHALSKA Klaudia	4286	TEAMBALONA	Open Kobiet	35	08:15	00:54:48	02:24:05.95	02:24:05.95	+00:35:45 (24.8%)	12:00	5 (75.8%)
50	WYSOCKA Magdalena	5107		Open Masters Kobiet	15	10:45	00:54:40	02:24:33.80	02:24:33.80	+00:36:13 (25.1%)	12:02	5 (75.8%)
51	KALINOWSKA Małgorzata	4560	UNITED RUNNERS	Open Kobiet	36	09:30	00:56:39	02:24:36.30	02:24:36.30	+00:36:15 (25.1%)	12:03	5 (75.8%)
52	BOŻEK Dominika	4460		Open Kobiet	37	09:00	00:55:34	02:24:56.25	02:24:56.25	+00:36:35 (25.2%)	12:04	5 (75.8%)
53	BALUKIEWICZ Anna	4345	TARCHOTERROR	Open Masters Kobiet	16	08:15	00:54:22	02:25:20.20	02:25:20.20	+00:36:59 (25.5%)	12:06	5 (75.8%)
54	WRÓBLEWSKA Anna	4635	#TEAMFURIA	Open Kobiet	38	09:45	01:00:14	02:25:39.95	02:25:39.95	+00:37:19 (25.6%)	12:08	4.9 (74.2%)
55	PROSIŃSKA Magda	4629	#TEAMFURIA	Open Kobiet	39	09:45	01:00:14	02:25:49.65	02:25:49.65	+00:37:28 (25.7%)	12:09	4.9 (74.2%)
56	KOWALCZYK Joanna	5180		Open Kobiet	40	11:00	00:57:31	02:25:54.15	02:25:54.15	+00:37:33 (25.7%)	12:09	4.9 (74.2%)
57	KULAWCZUK Malgorzata	5181		Open Kobiet	41	11:00	00:55:05	02:26:13.45	02:26:13.45	+00:37:52 (25.9%)	12:11	4.9 (74.2%)
58	MAŁEK-MARCZUK Hanna	4455	UNITED RUNNERS	Open Kobiet	42	09:00	00:58:07	02:26:13.75	02:26:13.75	+00:37:52 (25.9%)	12:11	4.9 (74.2%)
59	HYRA Katarzyna	4966		Open Kobiet	43	09:00	00:58:16	02:26:14.25	02:26:14.25	+00:37:53 (25.9%)	12:11	4.9 (74.2%)
60	MIERZEJEWSKA Magdalena	4626	#TEAMFURIA	Open Masters Kobiet	17	09:45	01:00:12	02:26:29.75	02:26:29.75	+00:38:08 (26.0%)	12:12	4.9 (74.2%)
61	KUCISZ Martyna	4622	#TEAMFURIA	Open Kobiet	44	09:45	01:00:26	02:26:36.10	02:26:36.10	+00:38:15 (26.1%)	12:13	4.9 (74.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
62	WISZOWATA Marta	4634	#TEAMFURIA	Open Masters Kobiet	18	09:45	01:01:03	02:26:38.90	02:26:38.90	+00:38:18 (26.1%)	12:13	4.9 (74.2%)
63	MARKOWSKA Monika	4625	#TEAMFURIA	Open Kobiet	45	09:45	01:00:12	02:26:50.05	02:26:50.05	+00:38:29 (26.2%)	12:14	4.9 (74.2%)
64	BĄK Agnieszka	4293		Open Kobiet	46	08:15	01:05:11	02:27:00.60	02:27:00.60	+00:38:39 (26.3%)	12:15	4.9 (74.2%)
65	SARYUSZ-SZARSKA Jola	4232		Open Masters Kobiet	19	08:00	01:03:05	02:27:06.85	02:27:06.85	+00:38:46 (26.4%)	12:15	4.9 (74.2%)
66	SMOLARCZYK Kasia	4366		Open Masters Kobiet	20	08:30	00:59:32	02:27:21.45	02:27:21.45	+00:39:00 (26.5%)	12:16	4.9 (74.2%)
67	DURMA Anna	4570		Open Kobiet	47	09:30	00:53:13	02:27:31.35	02:27:31.35	+00:39:10 (26.6%)	12:17	4.9 (74.2%)
68	IWANOWSKA Sylwia	4205		Open Masters Kobiet	21	08:00	00:59:04	02:28:34.55	02:28:34.55	+00:40:13 (27.1%)	12:22	4.8 (72.7%)
69	PIETRAS Anna	5089		Open Kobiet	48	10:45	00:58:43	02:28:50.70	02:28:50.70	+00:40:29 (27.2%)	12:24	4.8 (72.7%)
70	WILCZYŃSKA Dorota	4653	LACROIX TEAM	Open Masters Kobiet	22	09:45	01:03:36	02:29:17.25	02:29:17.25	+00:40:56 (27.4%)	12:26	4.8 (72.7%)
71	KOKOTEK Alicja	4662	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	49	09:45	01:03:34	02:29:18.10	02:29:18.10	+00:40:57 (27.4%)	12:26	4.8 (72.7%)
72	ZNÓJ Agata	4930	DO RSZ	Open Kobiet	50	10:30	01:04:19	02:29:21.05	02:29:21.05	+00:41:00 (27.5%)	12:26	4.8 (72.7%)
73	JEZIORSKA Izabela	4538	JAPOŃSCY WOJOWNICY	Open Kobiet	51	09:30	01:03:40	02:29:47.60	02:29:47.60	+00:41:26 (27.7%)	12:28	4.8 (72.7%)
74	BACHURA Malwina	4190		Open Kobiet	52	08:00	01:00:10	02:29:51.50	02:29:51.50	+00:41:30 (27.7%)	12:29	4.8 (72.7%)
75	SADOWSKA Katarzyna	4541	JAPOŃSCY WOJOWNICY	Open Kobiet	53	09:30	01:03:38	02:29:53.10	02:29:53.10	+00:41:32 (27.7%)	12:29	4.8 (72.7%)
76	GOŚCINIAK Beata	4200		Open Kobiet	54	08:00	01:12:01	02:30:29.10	02:30:29.10	+00:42:08 (28.0%)	12:32	4.8 (72.7%)
77	ŁUKASIK Marta	5225		Open Kobiet	55	08:00	01:06:06	02:30:30.90	02:30:30.90	+00:42:10 (28.0%)	12:32	4.8 (72.7%)
78	RUDNICKA Anna	4231		Open Kobiet	56	08:00	01:00:06	02:30:38.85	02:30:38.85	+00:42:18 (28.1%)	12:33	4.8 (72.7%)
79	WILCZYŃSKA Agata	4186	WARRIORS ŁÓDŹ	Open Kobiet	57	08:00	01:00:00	02:30:39.00	02:30:39.00	+00:42:18 (28.1%)	12:33	4.8 (72.7%)
80	BUDEK Weronika	4192		Open Kobiet	58	08:00	01:12:02	02:30:47.10	02:30:47.10	+00:42:26 (28.1%)	12:33	4.8 (72.7%)
81	ZHOLOB Anzhelika	4143	ORANZH TEAM	Open Kobiet	59	07:50	00:47:53	02:31:10.45	02:31:10.45	+00:42:49 (28.3%)	12:35	4.8 (72.7%)
82	JAKUBIK Patrycja	4685		Open Kobiet	60	09:45	01:07:01	02:31:13.40	02:31:13.40	+00:42:52 (28.4%)	12:36	4.8 (72.7%)
83	ADAMKIEWICZ Natalia	4138	NINJA ELEMENTS	Open Kobiet	61	07:50	01:00:48	02:32:05.70	02:32:05.70	+00:43:44 (28.8%)	12:40	4.7 (71.2%)
84	KOZŁOWSKA Paulina	4580		Open Kobiet	62	09:30	01:02:03	02:32:13.70	02:32:13.70	+00:43:52 (28.8%)	12:41	4.7 (71.2%)

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85	MICHONŃ Natalia	4593		Open Kobiet	63	09:30	01:02:10	02:32:19.25	02:32:19.25	+00:43:58 (28.9%)	12:41	4.7 (71.2%)
86	KOWALSKA Maja	4391	STC	Open Kobiet	64	08:45	01:01:57	02:32:27.25	02:32:27.25	+00:44:06 (28.9%)	12:42	4.7 (71.2%)
87	FORNAL Karolina	4758		Open Kobiet	65	10:00	01:02:59	02:32:32.85	02:32:32.85	+00:44:12 (29.0%)	12:42	4.7 (71.2%)
88	KOWALSKA Monika	4392	STC	Open Masters Kobiet	23	08:45	01:01:55	02:32:48.75	02:32:48.75	+00:44:27 (29.1%)	12:44	4.7 (71.2%)
89	POPOWSKA Basia	5134	FIT PODZIEMIE	Open Kobiet	66	11:00	00:58:54	02:32:58.50	02:32:58.50	+00:44:37 (29.2%)	12:44	4.7 (71.2%)
90	MAC Magdalena	5133	FIT PODZIEMIE	Open Kobiet	67	11:00	00:59:29	02:32:58.65	02:32:58.65	+00:44:37 (29.2%)	12:44	4.7 (71.2%)
91	SOBOLEWSKA Aleksandra	5202		Open Kobiet	68	11:00	00:59:05	02:33:05.10	02:33:05.10	+00:44:44 (29.2%)	12:45	4.7 (71.2%)
92	NOWAKOWSKA Natalia	5084		Open Kobiet	69	10:45	01:03:59	02:33:08.50	02:33:08.50	+00:44:47 (29.3%)	12:45	4.7 (71.2%)
93	PORĘBSKA Katarzyna	4713	BAYWATCHOCR	Open Kobiet	70	10:00	00:52:02	02:33:10.70	02:33:10.70	+00:44:49 (29.3%)	12:45	4.7 (71.2%)
94	SZYMCZYK Joanna	4526	C&F RUNNING TEAM	Open Kobiet	71	09:30	00:58:10	02:33:18.30	02:33:18.30	+00:44:57 (29.3%)	12:46	4.7 (71.2%)
95	KROMER-SKIBIŃSKA Karolina	5132	FIT PODZIEMIE	Open Masters Kobiet	24	11:00	00:59:30	02:33:32.05	02:33:32.05	+00:45:11 (29.4%)	12:47	4.7 (71.2%)
96	KWIATKOWSKA Ewa	4386	SENSOWARSZTAT	Open Kobiet	72	08:45	01:07:28	02:33:33.85	02:33:33.85	+00:45:13 (29.4%)	12:47	4.7 (71.2%)
97	SZYMAŃSKA Dorota	5137	FIT PODZIEMIE	Open Kobiet	73	11:00	00:59:11	02:33:34.95	02:33:34.95	+00:45:14 (29.5%)	12:47	4.7 (71.2%)
98	KIESZEK Agnieszka	5131	FIT PODZIEMIE	Open Masters Kobiet	25	11:00	00:59:39	02:33:35.75	02:33:35.75	+00:45:14 (29.5%)	12:47	4.7 (71.2%)
99	KROCZAK Marta	4406		Open Kobiet	74	08:45	01:04:46	02:34:02.30	02:34:02.30	+00:45:41 (29.7%)	12:50	4.7 (71.2%)
100	SACZUK Magda	4555	SOCIOS SILESIA	Open Kobiet	75	09:30	01:00:23	02:34:12.65	02:34:12.65	+00:45:51 (29.7%)	12:51	4.7 (71.2%)
101	WISIŃSKA-JAROSZEWICZ Aleksandra	4389	SENSOWARSZTAT	Open Kobiet	76	08:45	01:08:08	02:34:20.40	02:34:20.40	+00:45:59 (29.8%)	12:51	4.7 (71.2%)
102	MORAWSKA Katarzyna	5253	MOVE. FUCK THE PESEL	Open Masters Kobiet	26	10:00	01:06:09	02:34:45.30	02:34:45.30	+00:46:24 (30.0%)	12:53	4.7 (71.2%)
103	SROKA Monika	5254	FUCK THE PESEL	Open Masters Kobiet	27	10:00	01:06:15	02:34:45.35	02:34:45.35	+00:46:24 (30.0%)	12:53	4.7 (71.2%)
103	GWIZDALSKA Marta	5275	MOVE. TEAM	Open Kobiet	77	10:00	01:06:07	02:34:45.35	02:34:45.35	+00:46:24 (30.0%)	12:53	4.7 (71.2%)
105	KRZYTEK Iga	4976		Open Kobiet	78	10:30	00:53:00	02:34:57.65	02:34:57.65	+00:46:36 (30.1%)	12:54	4.6 (69.7%)
106	KONOPLICKA Stella	5034	BSC SYSTEM TEAM	Open Kobiet	79	10:45	01:04:04	02:35:39.80	02:35:39.80	+00:47:19 (30.4%)	12:58	4.6 (69.7%)
107	CECH-CUBER Patrycja	5120	CITYFIT FIGHTERS	Open Masters Kobiet	28	11:00		02:36:30.25	02:36:30.25	+00:48:09 (30.8%)	13:02	4.6 (69.7%)

								Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km					
108	LANGER Marta	4152		Open Kobiet	80	07:50	01:00:49	02:36:41.40	02:36:41.40	+00:48:20 (30.9%)	13:03	4.6 (69.7%)
109	KRÓLAK Klaudyna	4215		Open Kobiet	81	08:00	01:06:09	02:37:35.65	02:37:35.65	+00:49:14 (31.2%)	13:07	4.6 (69.7%)
110	POLAK Angelika	4501		Open Kobiet	82	09:00	01:08:27	02:37:47.45	02:37:47.45	+00:49:26 (31.3%)	13:08	4.6 (69.7%)
111	NOWAK Natalia	4548	ROSSMANN	Open Kobiet	83	08:00	01:07:19	02:37:53.20	02:37:53.20	+00:49:32 (31.4%)	13:09	4.6 (69.7%)
112	ZBRZYŻNA Katarzyna	4612		Open Kobiet	84	09:30	01:06:19	02:38:08.05	02:38:08.05	+00:49:47 (31.5%)	13:10	4.6 (69.7%)
113	MROZIEWICZ Aleksandra	4552	SII RUNNING TEAM	Open Kobiet	85	09:30	01:04:13	02:39:06.90	02:39:06.90	+00:50:46 (31.9%)	13:15	4.5 (68.2%)
114	KULIGOWSKA Małgorzata	4135	FIT MORE RYBNIK	Open Masters Kobiet	29	07:50	00:47:25	02:39:16.40	02:39:16.40	+00:50:55 (32.0%)	13:16	4.5 (68.2%)
114	MACIEJEWSKA Agnieszka	4139	OBSTACLE CENTER TEAM	Open Masters Kobiet	29	07:50	00:55:04	02:39:16.40	02:39:16.40	+00:50:55 (32.0%)	13:16	4.5 (68.2%)
116	CZUBER Emilia	4370	CARBON SILESIA SPORT	Open Kobiet	86	08:45	00:58:57	02:39:37.20	02:39:37.20	+00:51:16 (32.1%)	13:18	4.5 (68.2%)
117	KIERZKOWSKA Ilona	5178		Open Masters Kobiet	31	11:00	01:03:15	02:39:41.10	02:39:41.10	+00:51:20 (32.1%)	13:18	4.5 (68.2%)
118	TUORA-SZOST Dominika	4510		Open Kobiet	87	09:00	01:09:10	02:40:10.60	02:40:10.60	+00:51:49 (32.4%)	13:20	4.5 (68.2%)
119	SZCZESIAK Anna	4825	KARTON TEAM	Open Kobiet	88	10:45	01:05:08	02:40:28.40	02:40:28.40	+00:52:07 (32.5%)	13:22	4.5 (68.2%)
120	DYL Żaneta	4467		Open Kobiet	89	09:00	01:09:11	02:40:32.30	02:40:32.30	+00:52:11 (32.5%)	13:22	4.5 (68.2%)
121	RUBAJ Patrycja	4996		Open Kobiet	90	10:30	00:54:04	02:40:52.05	02:40:52.05	+00:52:31 (32.6%)	13:24	4.5 (68.2%)
122	OLSZANKA Aneta	4281	TEAMBALONA	Open Kobiet	91	08:15	00:56:02	02:41:18.90	02:41:18.90	+00:52:58 (32.8%)	13:26	4.5 (68.2%)
123	BIELECKA Katarzyna	5051		Open Kobiet	92	10:45	00:56:18	02:41:33.15	02:41:33.15	+00:53:12 (32.9%)	13:27	4.5 (68.2%)
124	RUTKOWSKA Aleksandra	5198		Open Kobiet	93	11:00	01:03:14	02:41:46.40	02:41:46.40	+00:53:25 (33.0%)	13:28	4.5 (68.2%)
125	NAPIERAJ Katarzyna	4132	CARBON SILESIA SPORT	Open Kobiet	94	07:50	00:42:07	02:41:49.80	02:41:49.80	+00:53:29 (33.0%)	13:29	4.4 (66.7%)
126	WARSICKA Daria	4610		Open Kobiet	95	09:30	01:03:00	02:41:55.35	02:41:55.35	+00:53:34 (33.1%)	13:29	4.4 (66.7%)
127	WALICKA Ania	4918	BESTRY TEAM	Open Kobiet	96	10:30	01:10:13	02:41:56.75	02:41:56.75	+00:53:35 (33.1%)	13:29	4.4 (66.7%)
128	BOMBOR Antonina	4336	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	32	08:30	01:07:01	02:42:00.45	02:42:00.45	+00:53:39 (33.1%)	13:30	4.4 (66.7%)
129	WINIAREK Agnieszka	4421		Open Kobiet	97	08:45	01:01:40	02:42:00.85	02:42:00.85	+00:53:40 (33.1%)	13:30	4.4 (66.7%)
130	WICHER NOWICKA Mira	5222		Open Masters Kobiet	33	10:15	01:10:19	02:42:12.40	02:42:12.40	+00:53:51 (33.2%)	13:31	4.4 (66.7%)

								Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km					
131	ZIÓŁKOWSKA Monika	4897		Open Masters Kobiet	34	10:15	01:09:49	02:42:14.00	02:42:14.00	+00:53:53 (33.2%)	13:31	4.4 (66.7%)
132	SZERSZUNOWICZ Sandra	4917	BESTRY TEAM	Open Kobiet	98	10:30	01:09:37	02:42:23.70	02:42:23.70	+00:54:02 (33.3%)	13:31	4.4 (66.7%)
133	MARSZOLIK Angela	4340	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	35	08:30	01:07:01	02:42:30.45	02:42:30.45	+00:54:09 (33.3%)	13:32	4.4 (66.7%)
134	MACIASZEK Paulina	4710	40+	Open Kobiet	99	10:00	01:09:19	02:42:38.25	02:42:38.25	+00:54:17 (33.4%)	13:33	4.4 (66.7%)
135	ZIEMBA Katarzyna	5237		Open Kobiet	100	08:00	01:03:50	02:42:41.95	02:42:41.95	+00:54:21 (33.4%)	13:33	4.4 (66.7%)
136	SAHATELYAN Hasmik	4915	BESTRY TEAM	Open Masters Kobiet	36	10:30	01:10:41	02:42:43.55	02:42:43.55	+00:54:22 (33.4%)	13:33	4.4 (66.7%)
137	JOCHEMCZAK Iwona	4908	BESTRY TEAM	Open Kobiet	101	10:30	01:10:01	02:43:07.70	02:43:07.70	+00:54:46 (33.6%)	13:35	4.4 (66.7%)
138	TEPPER-BARTKOWSKA Natalia	5009		Open Kobiet	102	10:30	01:12:08	02:44:18.95	02:44:18.95	+00:55:58 (34.1%)	13:41	4.4 (66.7%)
139	BEDNARCZYK Edyta	5256	DRUŻYNA BIAŁEGO NIEDŹWIEDZIA	Open Kobiet	103	10:00	01:11:35	02:44:49.40	02:44:49.40	+00:56:28 (34.3%)	13:44	4.4 (66.7%)
140	KUROWSKA Edyta	4218		Open Masters Kobiet	37	08:00	01:12:28	02:45:01.25	02:45:01.25	+00:56:40 (34.3%)	13:45	4.4 (66.7%)
141	SABITOV Nadia	4308		Open Kobiet	104	08:15	00:58:16	02:45:12.00	02:45:12.00	+00:56:51 (34.4%)	13:46	4.4 (66.7%)
142	SKWARSKA Angelika	5001		Open Kobiet	105	10:30	01:13:39	02:45:28.65	02:45:28.65	+00:57:07 (34.5%)	13:47	4.4 (66.7%)
143	MACIAK Sylwia	5038	CROSSBOX OKA	Open Masters Kobiet	38	10:45	01:12:49	02:45:39.35	02:45:39.35	+00:57:18 (34.6%)	13:48	4.3 (65.2%)
144	GREC Klaudia	4149	UNITED RUNNERS	Open Kobiet	106	07:50	00:52:05	02:45:48.50	02:45:48.50	+00:57:27 (34.7%)	13:49	4.3 (65.2%)
145	SZLACHTA Karolina	5100		Open Kobiet	107	10:45	01:01:06	02:45:57.30	02:45:57.30	+00:57:36 (34.7%)	13:49	4.3 (65.2%)
146	GRABOWSKA-TOFEL Sara	4402		Open Kobiet	108	08:45	01:15:04	02:46:10.00	02:46:10.00	+00:57:49 (34.8%)	13:50	4.3 (65.2%)
147	CHMURA-SKERCZYŃSKA Natalia	4938	EXTREME WAYS	Open Kobiet	109	10:30	01:07:27	02:46:19.70	02:46:19.70	+00:57:58 (34.9%)	13:51	4.3 (65.2%)
148	KWIATKOWSKA Paulina	4689		Open Kobiet	110	09:45	01:07:12	02:47:31.00	02:47:31.00	+00:59:10 (35.3%)	13:57	4.3 (65.2%)
149	PORWAT Sabina	4884		Open Kobiet	111	10:15	01:13:40	02:48:02.45	02:48:02.45	+00:59:41 (35.5%)	14:00	4.3 (65.2%)
150	ŚCIBEK Joanna	5039	CROSSBOX OKA	Open Kobiet	112	10:45	01:12:39	02:48:04.30	02:48:04.30	+00:59:43 (35.5%)	14:00	4.3 (65.2%)
151	ŚMIGIELSKA Jagoda	4532	EY OCR TEAM	Open Kobiet	113	09:30	01:01:24	02:48:04.90	02:48:04.90	+00:59:44 (35.5%)	14:00	4.3 (65.2%)
152	PIATNYTSKA Oleksandra	4530	EY OCR TEAM	Open Kobiet	114	09:30	01:01:25	02:48:20.05	02:48:20.05	+00:59:59 (35.6%)	14:01	4.3 (65.2%)
153	ŁAMRAD Żaneta	4578		Open Masters Kobiet	39	08:45	01:07:02	02:49:10.45	02:49:10.45	+01:00:49 (36.0%)	14:05	4.3 (65.2%)

								Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km					
154	LEWICKA Katarzyna	4516	#ZGINIEMY	Open Kobiet	115	08:45	01:07:11	02:49:12.80	02:49:12.80	+01:00:52 (36.0%)	14:06	4.3 (65.2%)
155	SZAFRAŃSKA Oliwia	5285		Open Kobiet	116	10:45	01:09:11	02:49:13.25	02:49:13.25	+01:00:52 (36.0%)	14:06	4.3 (65.2%)
156	FIKUS Anna	5276		Open Kobiet	117	10:30	01:11:50	02:49:19.65	02:49:19.65	+01:00:58 (36.0%)	14:06	4.3 (65.2%)
157	BRZozowska Aleksandra	4646	GTB	Open Kobiet	118	09:45	01:05:07	02:49:24.10	02:49:24.10	+01:01:03 (36.0%)	14:07	4.3 (65.2%)
158	MAŚLEJ Monika	4657	PIERWIASTKI Z CIASTKA	Open Kobiet	119	09:45	01:14:37	02:50:36.10	02:50:36.10	+01:02:15 (36.5%)	14:13	4.2 (63.6%)
159	NAPORA Joanna	4517	#ZGINIEMY	Open Kobiet	120	08:45	01:06:42	02:51:24.05	02:51:24.05	+01:03:03 (36.8%)	14:17	4.2 (63.6%)
160	SUCHAR Sara	5244		Open Kobiet	121	09:00	01:15:27	02:52:26.30	02:52:26.30	+01:04:05 (37.2%)	14:22	4.2 (63.6%)
161	MINCEWICZ Katarzyna	4496		Open Kobiet	122	09:00	01:15:24	02:52:35.30	02:52:35.30	+01:04:14 (37.2%)	14:22	4.2 (63.6%)
162	RYŚ - HANUSIAK Marzena	4137	KONIU SQUAD	Open Kobiet	123	07:50	00:41:12	02:52:40.05	02:52:40.05	+01:04:19 (37.3%)	14:23	4.2 (63.6%)
163	MICHALSKA Nikola	4222		Open Kobiet	124	08:00	01:09:57	02:53:02.35	02:53:02.35	+01:04:41 (37.4%)	14:25	4.2 (63.6%)
164	BARAN Paulina	4144	OSPRO OCR	Open Kobiet	125	07:50	01:00:41	02:53:26.05	02:53:26.05	+01:05:05 (37.5%)	14:27	4.2 (63.6%)
165	CZAJKOWSK Patrycja	4954		Open Kobiet	126	10:30	01:08:27	02:53:35.10	02:53:35.10	+01:05:14 (37.6%)	14:27	4.1 (62.1%)
166	DOLIŃSKA Joanna	4676		Open Kobiet	127	09:45	01:14:40	02:53:45.75	02:53:45.75	+01:05:24 (37.6%)	14:28	4.1 (62.1%)
167	PIERWOŁA Elżbieta	5087		Open Masters Kobiet	40	10:45	01:07:02	02:54:27.25	02:54:27.25	+01:06:06 (37.9%)	14:32	4.1 (62.1%)
168	PIETROW Aleksandra	4283	TEAMBALONA	Open Kobiet	128	08:15	01:10:01	02:54:31.60	02:54:31.60	+01:06:10 (37.9%)	14:32	4.1 (62.1%)
169	BODASIŃSKA Marta	4659	PLATINUM	Open Kobiet	129	09:45	01:18:50	02:55:37.00	02:55:37.00	+01:07:16 (38.3%)	14:38	4.1 (62.1%)
170	ROSA Jolanta	4133	CF ŁUKÓW	Open Kobiet	130	07:50	00:42:22	02:55:40.05	02:55:40.05	+01:07:19 (38.3%)	14:38	4.1 (62.1%)
171	ŚWIERKO Monika	4661	PLATINUM DENTAL TEAM	Open Masters Kobiet	41	09:45	01:18:51	02:55:45.65	02:55:45.65	+01:07:24 (38.4%)	14:38	4.1 (62.1%)
172	BIELECKA Karolina	4543	NIEBEZPIECZNIE UŚMIECHNIĘCI	Open Kobiet	131	09:30	01:18:23	02:56:16.75	02:56:16.75	+01:07:55 (38.5%)	14:41	4.1 (62.1%)
173	LESZCZYNSKA Aneta	4545	NIEBEZPIECZNIE UŚMIECHNIĘCI	Open Kobiet	132	09:30	01:18:18	02:56:22.90	02:56:22.90	+01:08:02 (38.6%)	14:41	4.1 (62.1%)
174	SYGOCKA Katarzyna	5270		Open Kobiet	133	10:30	01:08:01	02:56:40.30	02:56:40.30	+01:08:19 (38.7%)	14:43	4.1 (62.1%)
175	GODZINA Agnieszka	4473		Open Kobiet	134	09:00	01:18:38	02:57:03.85	02:57:03.85	+01:08:43 (38.8%)	14:45	4.1 (62.1%)
176	DULĘBA Natalia	4960		Open Kobiet	135	10:30	01:10:48	02:57:15.50	02:57:15.50	+01:08:54 (38.9%)	14:46	4.1 (62.1%)

								Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km					
177	ŻMIGRODZKA Małgorzata	5024	BEERFORCEONE	Open Kobiet	136	10:45	01:16:22	02:57:36.20	02:57:36.20	+01:09:15 (39.0%)	14:48	4.1 (62.1%)
178	OPASIŃSKA Martyna	4185	WARRIORS ŁÓDŹ	Open Kobiet	137	08:00	01:07:01	02:58:01.45	02:58:01.45	+01:09:40 (39.1%)	14:50	4 (60.6%)
179	SKAŁOŃ Sylwia	5092		Open Kobiet	138	10:45	01:09:57	02:58:17.15	02:58:17.15	+01:09:56 (39.2%)	14:51	4 (60.6%)
180	GACEK Aleksandra	4199		Open Kobiet	139	08:00	01:07:07	02:58:36.40	02:58:36.40	+01:10:15 (39.3%)	14:53	4 (60.6%)
181	WINIARSKA Marcelina	5266		Open Kobiet	140	09:45	01:13:55	03:00:14.80	03:00:14.80	+01:11:54 (39.9%)	15:01	4 (60.6%)
182	BANDYK Izabela	4258	HUSARIA RACE TEAM	Open Kobiet	141	08:15	01:16:26	03:00:37.80	03:00:37.80	+01:12:17 (40.0%)	15:03	4 (60.6%)
183	BAŃKOWSKA Alicja	4562		Open Kobiet	142	09:30	01:12:38	03:03:51.30	03:03:51.30	+01:15:30 (41.1%)	15:19	3.9 (59.1%)
184	KAMIŃSKA Natalia	4577		Open Kobiet	143	09:30	01:12:55	03:04:00.50	03:04:00.50	+01:15:39 (41.1%)	15:20	3.9 (59.1%)
185	REGUŁA Ania	4601		Open Kobiet	144	09:30	01:12:53	03:04:10.00	03:04:10.00	+01:15:49 (41.2%)	15:20	3.9 (59.1%)
186	MIROTA Dominika	5022	BEERFORCEONE	Open Kobiet	145	10:45	01:16:45	03:06:54.65	03:06:54.65	+01:18:33 (42.0%)	15:34	3.9 (59.1%)
187	OŁDAK Natalia	4829	OBSTACLE CENTER TEAM	Open Kobiet	146	10:15	01:22:00	03:07:35.40	03:07:35.40	+01:19:14 (42.2%)	15:37	3.8 (57.6%)
188	JAWORSKA Marta	4768		Open Kobiet	147	10:00	01:14:38	03:08:55.05	03:08:55.05	+01:20:34 (42.6%)	15:44	3.8 (57.6%)
189	HOŁOWACZ-PYT Weronika	4203		Open Kobiet	148	08:00	01:17:55	03:09:49.20	03:09:49.20	+01:21:28 (42.9%)	15:49	3.8 (57.6%)
190	MACIEJEWSKA Natalia	4179	SOCIOS SILESIA	Open Kobiet	149	08:00	01:18:09	03:10:04.55	03:10:04.55	+01:21:43 (43.0%)	15:50	3.8 (57.6%)
191	SADKOWSKA Anna	4180	SOCIOS SILESIA	Open Kobiet	150	08:00	01:18:07	03:10:04.80	03:10:04.80	+01:21:44 (43.0%)	15:50	3.8 (57.6%)
192	RATAJCZAK Agata	4830	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	151	10:15	01:22:06	03:10:28.75	03:10:28.75	+01:22:07 (43.1%)	15:52	3.8 (57.6%)
193	ZAVATSKA Milena	4933	ESN-EYE	Open Kobiet	152	10:30	01:18:53	03:10:32.35	03:10:32.35	+01:22:11 (43.1%)	15:52	3.8 (57.6%)
194	CHABROWSKA Joanna	4173	OBSTACLE CENTER TEAM	Open Kobiet	153	08:00	01:25:04	03:11:25.10	03:11:25.10	+01:23:04 (43.4%)	15:57	3.8 (57.6%)
195	BERGMANN Karina	4518	ACTIVITY SPORT ELBLĄG	Open Kobiet	154	09:30	01:09:57	03:11:29.30	03:11:29.30	+01:23:08 (43.4%)	15:57	3.8 (57.6%)
196	KARPIŃSKA Marzena	4519	ACTIVITY SPORT ELBLĄG	Open Kobiet	155	09:30	01:10:00	03:11:30.55	03:11:30.55	+01:23:09 (43.4%)	15:57	3.8 (57.6%)
197	JAWORSKA Anna	4174	OBSTACLE CENTER TEAM	Open Kobiet	156	08:00	01:25:56	03:13:02.50	03:13:02.50	+01:24:41 (43.9%)	16:05	3.7 (56.1%)
198	WYSOCKA Aleksandra	4170	KSW VATAHA	Open Kobiet	157	08:00	01:31:10	03:14:05.90	03:14:05.90	+01:25:45 (44.2%)	16:10	3.7 (56.1%)
199	SZAŁKOWSKA Agnieszka	4153		Open Kobiet	158	07:50	01:50:35	03:14:40.70	03:14:40.70	+01:26:19 (44.3%)	16:13	3.7 (56.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
200	KACZMARSKA Alicja	4837	TI HEALTH CLUB	Open Masters Kobiet	42	10:15	01:23:21	03:21:50.65	03:21:50.65	+01:33:29 (46.3%)	16:49	3.6 (54.5%)
201	DI FOLCO Veronica	4835	TI HEALTH CLUB	Open Masters Kobiet	43	10:15	01:22:24	03:22:05.00	03:22:05.00	+01:33:44 (46.4%)	16:50	3.6 (54.5%)
202	JELENIIEWSKA Magdalena	4836	TI HEALTH CLUB	Open Masters Kobiet	44	10:15	01:22:48	03:22:07.85	03:22:07.85	+01:33:47 (46.4%)	16:50	3.6 (54.5%)
203	BIŃKOWSKA Magda	5162		Open Kobiet	159	11:00	01:16:26	03:24:38.35	03:24:38.35	+01:36:17 (47.1%)	17:03	3.5 (53.0%)
204	WOJDAT Natalia	5213		Open Kobiet	160	11:00	01:16:26	03:24:49.50	03:24:49.50	+01:36:28 (47.1%)	17:04	3.5 (53.0%)
205	KUMANOWICZ Magdalena	4359		Open Kobiet	161	08:30	01:38:20	03:26:32.35	03:26:32.35	+01:38:11 (47.5%)	17:12	3.5 (53.0%)
206	CIEŚLEWICZ Maria	5165		Open Kobiet	162	11:00	01:17:42	03:27:36.60	03:27:36.60	+01:39:15 (47.8%)	17:18	3.5 (53.0%)
207	JABLONSKA Aleksandra	5173		Open Kobiet	163	11:00	01:17:45	03:27:37.85	03:27:37.85	+01:39:17 (47.8%)	17:18	3.5 (53.0%)
208	JURKOWSKA Barbara	4968		Open Kobiet	164	10:45	01:28:35	03:41:35.55	03:41:35.55	+01:53:14 (51.1%)	18:27	3.2 (48.5%)
209	PIASECZNA Sylwia	4988		Open Masters Kobiet	45	10:30	01:36:25	03:45:34.35	03:45:34.35	+01:57:13 (52.0%)	18:47	3.2 (48.5%)
210	RZECZYCKA Beata	4997		Open Masters Kobiet	46	10:30	01:36:24	03:45:34.85	03:45:34.85	+01:57:14 (52.0%)	18:47	3.2 (48.5%)
211	ŻYŚKO Marta	4141	OBSTACLE CENTER TEAM	Open Kobiet	165	07:50	01:44:28	03:54:54.20	03:54:54.20	+02:06:33 (53.9%)	19:34	3.1 (47.0%)
212	ŁOPATKIEWICZ Anna	4166	FITPARK TEAM	Open Kobiet	166	08:00		04:48:41.00	04:48:41.00	+03:00:20 (62.5%)	24:03	2.5 (37.9%)
213	GÓRNIAK Katarzyna	4854		Open Kobiet	167	10:15						(0.0%)
214	ŁUCZAK Katarzyna	4871		Open Kobiet	168	10:15						(0.0%)
DNC	MICHALSKA Małgorzata	4875		Open Masters Kobiet		10:15		01:09:29.05	01:09:29.05		0:00	10.4 (157.6%)
	MONTVILÉ Sandra	4142	OCR BALTIC WARRIORS	Open Kobiet		07:50	00:36:45 DNF	DNF	DNF		-	- (0.0%)

Znaleziono 216 wynik(ów)