

Wydarzenie: RUNMAGEDDON WARSZAWA SUNTAGO
Organizator: Extreme Events, Runmageddon
Data: 2023-05-28
Miejsce: Warszawa
Dystans: 12 km

Klasyfikacja: Open Kobiet

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	PERON Anita	4676		Open Kobiet	1	09:15	00:41:10	01:54:07.40	01:54:07.40		9:30	6.3 (100%)
2	STYŚ Marta	4683		Open Kobiet	2	09:15	00:42:16	01:54:48.20	01:54:48.20	+00:00:40 (0.6%)	9:34	6.3 (100%)
3	BUDNIK Dominika	4660		Open Kobiet	3	09:15	00:42:15	01:54:50.80	01:54:50.80	+00:00:43 (0.6%)	9:34	6.3 (100%)
4	GAŁUSZYŃSKA Katarzyna	4182	ACTIVE FLOW	Open Kobiet	4	07:50	00:35:47	02:00:45.40	02:00:45.40	+00:06:38 (5.5%)	10:03	6 (95.2%)
5	DOMBKOWSKA Gabriela	4281		Open Kobiet	5	08:00	00:44:09	02:06:47.50	02:06:47.50	+00:12:40 (10.0%)	10:33	5.7 (90.5%)
6	MATIRKO Anastasiia	4306		Open Kobiet	6	08:00	00:46:13	02:06:54.30	02:06:54.30	+00:12:46 (10.1%)	10:34	5.7 (90.5%)
7	WOLAŃSKA Monika	4249	MI I DZ	Open Kobiet	7	08:00	00:44:58	02:07:27.80	02:07:27.80	+00:13:20 (10.5%)	10:37	5.6 (88.9%)
8	SZYMAŃSKA Dorota	4225	FIT PODZIEMIE	Open Masters Kobiet	1	08:00	00:48:22	02:10:48.00	02:10:48.00	+00:16:40 (12.7%)	10:54	5.5 (87.3%)
9	PIERZYNOWSKA Magdalena	4367	TEAMBALONA	Open Kobiet	8	08:15	00:47:45	02:11:13.55	02:11:13.55	+00:17:06 (13.0%)	10:56	5.5 (87.3%)
10	KAŁAN Klaudia	4346	PIĘKNI I BESTIE	Open Kobiet	9	08:15	00:47:50	02:14:18.00	02:14:18.00	+00:20:10 (15.0%)	11:11	5.4 (85.7%)
11	MURDZEK Aleksandra	5087	WINKO SKŁAD DIMA TEAM	Open Kobiet	10	09:30	00:48:53	02:15:02.85	02:15:02.85	+00:20:55 (15.5%)	11:15	5.3 (84.1%)
12	MASENEK Aneta	5005		Open Kobiet	11	10:00	00:48:17	02:15:04.30	02:15:04.30	+00:20:56 (15.5%)	11:15	5.3 (84.1%)
13	KANCLERZ-MAZURCZUK Monika	4295		Open Masters Kobiet	2	08:00	00:49:35	02:15:12.60	02:15:12.60	+00:21:05 (15.6%)	11:16	5.3 (84.1%)
14	DROST Małgorzata	4353	R&G	Open Kobiet	12	08:15	00:52:11	02:16:32.50	02:16:32.50	+00:22:25 (16.4%)	11:22	5.3 (84.1%)
15	GÓRSKA Natalia	4405	UNITED RUNNERS	Open Kobiet	13	08:30	00:47:10	02:18:21.00	02:18:21.00	+00:24:13 (17.5%)	11:31	5.2 (82.5%)

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16	BORDZOŁ Izabela	4824	HEALTHAHEAD WARSAW	Open Kobiet	14	09:45	00:53:01	02:19:04.80	02:19:04.80	+00:24:57 (17.9%)	11:35	5.2 (82.5%)
17	WIŚNIEWSKA Nina	4240	HELL'S HEAVEN SZCZECIN	Open Masters Kobiet	3	08:00	00:48:21	02:21:01.70	02:21:01.70	+00:26:54 (19.1%)	11:45	5.1 (81.0%)
18	PAKUŁA Alicja	4894		Open Kobiet	15	09:45	00:49:39	02:21:09.15	02:21:09.15	+00:27:01 (19.1%)	11:45	5.1 (81.0%)
19	OWCZAREK Katarzyna	4893		Open Kobiet	16	09:45	00:49:39	02:21:09.70	02:21:09.70	+00:27:02 (19.2%)	11:45	5.1 (81.0%)
20	PIĘTOCHA Anna	5043	ADIDAS	Open Kobiet	17	10:15	00:50:18	02:22:23.30	02:22:23.30	+00:28:15 (19.9%)	11:51	5.1 (81.0%)
21	SOŁTYS Roksana	4328		Open Kobiet	18	08:00	00:56:36	02:25:24.00	02:25:24.00	+00:31:16 (21.5%)	12:07	5 (79.4%)
22	FUJAK Paulina	4285		Open Kobiet	19	08:00	00:54:01	02:25:29.15	02:25:29.15	+00:31:21 (21.6%)	12:07	4.9 (77.8%)
23	MAKAREVSKA Oleksandra	4365	TEAMBALONA	Open Kobiet	20	08:15	00:54:28	02:25:36.35	02:25:36.35	+00:31:28 (21.6%)	12:08	4.9 (77.8%)
24	SKOCZYLAS -KUJAWA Joanna	4787		Open Masters Kobiet	4	09:30	00:54:33	02:26:08.10	02:26:08.10	+00:32:00 (21.9%)	12:10	4.9 (77.8%)
24	ŚMIGIELSKA Jagoda	4934	EY OCR TEAM	Open Kobiet	21	09:00	00:55:42	02:26:08.10	02:26:08.10	+00:32:00 (21.9%)	12:10	4.9 (77.8%)
26	BIELECKA Aleksandra	4475	STC	Open Kobiet	22	08:45	00:57:02	02:26:15.65	02:26:15.65	+00:32:08 (22.0%)	12:11	4.9 (77.8%)
27	MECH Kinga	5209	SALES&MORE TEAM	Open Kobiet	23	10:30	00:47:22	02:26:58.50	02:26:58.50	+00:32:51 (22.4%)	12:14	4.9 (77.8%)
28	SUŁUJA Jagoda	4702	NIC KREATYWNEGO	Open Kobiet	24	09:30	00:56:12	02:28:10.40	02:28:10.40	+00:34:03 (23.0%)	12:20	4.9 (77.8%)
29	KŁUŚ Patrycja	4418		Open Kobiet	25	08:30	00:47:28	02:28:18.80	02:28:18.80	+00:34:11 (23.1%)	12:21	4.9 (77.8%)
30	SZYMANSKA Milena	5424		Open Kobiet	26	10:45	00:52:29	02:28:29.90	02:28:29.90	+00:34:22 (23.1%)	12:22	4.8 (76.2%)
31	KATOWICZ Joanna	5115		Open Kobiet	27	10:15	00:58:55	02:28:36.50	02:28:36.50	+00:34:29 (23.2%)	12:23	4.8 (76.2%)
32	ADACH Magdalena	5090		Open Masters Kobiet	5	10:15	00:59:27	02:29:22.15	02:29:22.15	+00:35:14 (23.6%)	12:26	4.8 (76.2%)
33	ŚWIERCZEK Natalia	4453	JANUSZE SURVIVALU 2.0	Open Kobiet	28	08:45	00:55:39	02:30:36.45	02:30:36.45	+00:36:29 (24.2%)	12:33	4.8 (76.2%)
34	BANDOSZ Anna	5366		Open Kobiet	29	10:45	00:53:55	02:31:12.30	02:31:12.30	+00:37:04 (24.5%)	12:36	4.8 (76.2%)
35	SZATKOWSKA Agnieszka	5026		Open Masters Kobiet	6	10:00	00:56:54	02:31:26.65	02:31:26.65	+00:37:19 (24.6%)	12:37	4.8 (76.2%)
36	JANUS Julia	4693	DZIK KOMANDO	Open Kobiet	30	09:30	00:49:45	02:32:14.80	02:32:14.80	+00:38:07 (25.0%)	12:41	4.7 (74.6%)
37	SIUDZIŃSKA Emilia	4324		Open Kobiet	31	08:00	00:54:17	02:33:37.70	02:33:37.70	+00:39:30 (25.7%)	12:48	4.7 (74.6%)
38	KRUPA-BURKIEWICZ Justyna	4420		Open Masters Kobiet	7	08:30	00:56:12	02:33:45.10	02:33:45.10	+00:39:37 (25.8%)	12:48	4.7 (74.6%)

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39	PIENIAŻEK Ewa	4487		Open Masters Kobiet	8	08:45	01:00:05	02:34:23.70	02:34:23.70	+00:40:16 (26.1%)	12:51	4.7 (74.6%)
40	SZCZEPANIK Marta	4582		Open Kobiet	32	09:00	00:53:56	02:34:45.35	02:34:45.35	+00:40:37 (26.3%)	12:53	4.7 (74.6%)
41	SYSKA Zofia	4581		Open Kobiet	33	09:00	00:54:01	02:34:57.65	02:34:57.65	+00:40:50 (26.4%)	12:54	4.6 (73.0%)
42	MICHOŃ Natalia	4673		Open Kobiet	34	09:15	00:53:11	02:35:00.30	02:35:00.30	+00:40:52 (26.4%)	12:55	4.6 (73.0%)
43	BUJACZ Ilona	5234		Open Kobiet	35	09:30	00:54:15	02:35:11.75	02:35:11.75	+00:41:04 (26.5%)	12:55	4.6 (73.0%)
44	KORZENIOWSKA Karolina	5045	CROSSFIT STOCZNIA GDAŃSK	Open Masters Kobiet	9	10:15	00:54:22	02:35:29.35	02:35:29.35	+00:41:21 (26.6%)	12:57	4.6 (73.0%)
45	WOZNIAK Magdalena	4839	LEŚNE DZIKI123	Open Kobiet	36	09:45	00:52:31	02:35:58.75	02:35:58.75	+00:41:51 (26.8%)	12:59	4.6 (73.0%)
46	PIROS Ilona	4566		Open Kobiet	37	09:00	01:01:47	02:36:21.35	02:36:21.35	+00:42:13 (27.0%)	13:01	4.6 (73.0%)
47	ŁUCZAK Monika	4835	LEŚNE DZIKI123	Open Kobiet	38	09:45	00:53:14	02:36:25.85	02:36:25.85	+00:42:18 (27.0%)	13:02	4.6 (73.0%)
48	WALCZEWSKA Katarzyna	4687		Open Kobiet	39	09:15	00:55:52	02:36:28.10	02:36:28.10	+00:42:20 (27.1%)	13:02	4.6 (73.0%)
49	CZAPLICKA Marta	5095		Open Masters Kobiet	10	10:15	00:59:41	02:36:41.30	02:36:41.30	+00:42:33 (27.2%)	13:03	4.6 (73.0%)
50	PAPIERSKA Aleksandra	4895		Open Kobiet	40	09:45	00:56:33	02:37:03.85	02:37:03.85	+00:42:56 (27.3%)	13:05	4.6 (73.0%)
51	KWIATKOWSKA-REHAN Anna	4885		Open Kobiet	41	09:45	00:56:33	02:37:24.70	02:37:24.70	+00:43:17 (27.5%)	13:07	4.6 (73.0%)
52	CHMURA-SKERCZYŃSKA Natalia	4822	EXTREME WAYS	Open Kobiet	42	09:45	00:54:17	02:38:06.75	02:38:06.75	+00:43:59 (27.8%)	13:10	4.6 (73.0%)
53	PIECHOCIŃSKA-NAPŁOSZEK Karolina	4512	MATKI ROKU	Open Kobiet	43	09:00	00:58:12	02:38:27.40	02:38:27.40	+00:44:20 (28.0%)	13:12	4.5 (71.4%)
54	WŁOCZEWSKA Joanna	4442		Open Masters Kobiet	11	08:30	01:10:38	02:38:31.40	02:38:31.40	+00:44:24 (28.0%)	13:12	4.5 (71.4%)
55	BUDEK Weronika	4276		Open Kobiet	44	08:00	01:21:26	02:38:46.60	02:38:46.60	+00:44:39 (28.1%)	13:13	4.5 (71.4%)
56	KOTOWICZ Dorota	4883		Open Kobiet	45	09:45	00:58:18	02:38:58.40	02:38:58.40	+00:44:51 (28.2%)	13:14	4.5 (71.4%)
57	KORDEL Zuzanna	4929	DELTASZWADRONSUPERCOOL	Open Kobiet	46	09:45	00:53:36	02:39:17.25	02:39:17.25	+00:45:09 (28.4%)	13:16	4.5 (71.4%)
58	POPŁAWSKA Aleksandra	4513	MATKI ROKU	Open Kobiet	47	09:00	00:58:12	02:39:50.15	02:39:50.15	+00:45:42 (28.6%)	13:19	4.5 (71.4%)
59	KAŻMIERCZAK Judyta	5075	ODDAJCIE HANDLOWIEC	Open Kobiet	48	10:15	00:56:54	02:39:55.15	02:39:55.15	+00:45:47 (28.6%)	13:19	4.5 (71.4%)
60	PIKALA BEDUS Anna	5143		Open Kobiet	49	10:15	00:54:56	02:39:56.15	02:39:56.15	+00:45:48 (28.6%)	13:19	4.5 (71.4%)
61	POJDA Zuzanna	5019		Open Kobiet	50	10:00	00:53:49	02:39:56.70	02:39:56.70	+00:45:49 (28.6%)	13:19	4.5 (71.4%)

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62	OBUDZIŃSKA Monika	4233	HARDER CIECHANÓW	Open Masters Kobiet	12	08:00	00:55:39	02:40:20.05	02:40:20.05	+00:46:12 (28.8%)	13:21	4.5 (71.4%)
63	BOBROWICZ Kaja	4375		Open Kobiet	51	08:15	01:07:05	02:40:20.95	02:40:20.95	+00:46:13 (28.8%)	13:21	4.5 (71.4%)
64	ANDRZEJAK Agnieszka	4227	HARDER CIECHANÓW	Open Kobiet	52	08:00	00:55:38	02:40:24.40	02:40:24.40	+00:46:17 (28.9%)	13:22	4.5 (71.4%)
65	KONOPLICKA Stella	4595	BSC SYSTEM TEAM	Open Masters Kobiet	13	09:15	01:00:17	02:41:17.50	02:41:17.50	+00:47:10 (29.2%)	13:26	4.5 (71.4%)
66	TCHÓRZ Patrycja	5570		Open Kobiet	53	09:15	01:04:21	02:41:23.50	02:41:23.50	+00:47:16 (29.3%)	13:26	4.5 (71.4%)
67	REMBISZ Żaneta	4608	DZIKI TH	Open Kobiet	54	09:15	01:04:22	02:41:23.70	02:41:23.70	+00:47:16 (29.3%)	13:26	4.5 (71.4%)
68	BUSIŁO Wiktoria	4530		Open Kobiet	55	09:15	00:59:06	02:41:36.30	02:41:36.30	+00:47:28 (29.4%)	13:28	4.5 (71.4%)
69	SZCZYGIEŁ Martyna	5291		Open Kobiet	56	10:30	01:08:07	02:41:42.60	02:41:42.60	+00:47:35 (29.4%)	13:28	4.5 (71.4%)
70	WŁODARSKA Małgorzata	4247	KULTOWE SZOPY	Open Kobiet	57	08:00	00:58:09	02:42:19.25	02:42:19.25	+00:48:11 (29.7%)	13:31	4.4 (69.8%)
71	SZYSZKA Natalia	4838	LEŚNE DZIKI123	Open Kobiet	58	09:45	01:04:23	02:42:57.25	02:42:57.25	+00:48:49 (30.0%)	13:34	4.4 (69.8%)
72	LORENOWICZ Agnieszka	4268	UNIT37	Open Kobiet	59	08:00	01:05:12	02:43:24.15	02:43:24.15	+00:49:16 (30.2%)	13:37	4.4 (69.8%)
73	CIĄGŁO Danuta	5238		Open Masters Kobiet	14	10:30	00:56:52	02:43:26.85	02:43:26.85	+00:49:19 (30.2%)	13:37	4.4 (69.8%)
74	JOCHEMSKA Karolina	4379		Open Kobiet	60	08:15	00:59:44	02:43:40.80	02:43:40.80	+00:49:33 (30.3%)	13:38	4.4 (69.8%)
75	WENGER Marta	5556		Open Kobiet	61	10:00	01:02:00	02:44:16.15	02:44:16.15	+00:50:08 (30.5%)	13:41	4.4 (69.8%)
76	KUCHARSKA Ewelina	5259		Open Kobiet	62	10:30	00:57:49	02:45:11.20	02:45:11.20	+00:51:03 (30.9%)	13:45	4.4 (69.8%)
77	RAŁOWSKA Iwona	4320		Open Masters Kobiet	15	08:00	01:05:06	02:45:43.80	02:45:43.80	+00:51:36 (31.1%)	13:48	4.3 (68.3%)
78	ZGORZAŁA Katarzyna	5548		Open Kobiet	63	11:00	01:05:40	02:45:45.45	02:45:45.45	+00:51:38 (31.2%)	13:48	4.3 (68.3%)
79	PIELAK Katarzyna	5530		Open Kobiet	64	11:00	01:05:42	02:45:45.65	02:45:45.65	+00:51:38 (31.2%)	13:48	4.3 (68.3%)
80	ZWOLIŃSKA Marta	4516	NCWGM	Open Kobiet	65	09:00	00:59:06	02:46:31.90	02:46:31.90	+00:52:24 (31.5%)	13:52	4.3 (68.3%)
81	WOIŃSKA Weronika	5331	EY OCR TEAM	Open Kobiet	66	09:00	00:57:59	02:47:24.85	02:47:24.85	+00:53:17 (31.8%)	13:57	4.3 (68.3%)
82	PARAFINIUK Sylwia	4896		Open Kobiet	67	09:45	01:05:18	02:47:32.05	02:47:32.05	+00:53:24 (31.9%)	13:57	4.3 (68.3%)
83	ĆWIEK Karolina	4864		Open Kobiet	68	09:45	01:00:46	02:47:41.70	02:47:41.70	+00:53:34 (31.9%)	13:58	4.3 (68.3%)
84	MICHALSKA Nikola	4386		Open Kobiet	69	08:15	00:58:18	02:47:59.95	02:47:59.95	+00:53:52 (32.1%)	13:59	4.3 (68.3%)

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85	KWIATKOWSKA Ewa	4650	SENSOWARSZTAT	Open Kobiet	70	09:15	01:05:40	02:48:03.60	02:48:03.60	+00:53:56 (32.1%)	14:00	4.3 (68.3%)
86	TRENDA Magdalena	5295		Open Kobiet	71	10:30	00:49:24	02:48:20.40	02:48:20.40	+00:54:13 (32.2%)	14:01	4.3 (68.3%)
87	KROTECKA Agnieszka	5610		Open Kobiet	72	11:00	01:16:26	02:48:21.40	02:48:21.40	+00:54:14 (32.2%)	14:01	4.3 (68.3%)
88	KILKA Dorota	5116		Open Kobiet	73	10:15	01:06:02	02:49:05.30	02:49:05.30	+00:54:57 (32.5%)	14:05	4.3 (68.3%)
89	STAROSTA-TRELA Patrycja	4950	NA PRZYPALE ALBO WCALE	Open Kobiet	74	10:00	01:08:50	02:50:34.75	02:50:34.75	+00:56:27 (33.1%)	14:12	4.2 (66.7%)
90	PĘDZIK-NOWAK Izabela	4959	UNIT37	Open Kobiet	75	10:00	00:50:56	02:50:36.80	02:50:36.80	+00:56:29 (33.1%)	14:13	4.2 (66.7%)
91	ZARĘBSKA Joanna	4370	VITARADE TEAM	Open Kobiet	76	08:15	00:59:24	02:51:11.55	02:51:11.55	+00:57:04 (33.3%)	14:15	4.2 (66.7%)
92	PRUSIŃSKA Izabela	4429		Open Kobiet	77	08:30	01:07:11	02:51:16.05	02:51:16.05	+00:57:08 (33.4%)	14:16	4.2 (66.7%)
93	STACHOWICZ Sylwia	4846	RUNMAGEDDONOWE ŚWIRY	Open Masters Kobiet	16	09:45	01:08:09	02:51:28.35	02:51:28.35	+00:57:20 (33.4%)	14:17	4.2 (66.7%)
94	PIETRZAK Julia	4242	KULKI ŻABULKI	Open Kobiet	78	08:00	01:04:29	02:51:31.00	02:51:31.00	+00:57:23 (33.5%)	14:17	4.2 (66.7%)
95	BESSER Olga	4741		Open Kobiet	79	09:30	00:59:27	02:52:12.25	02:52:12.25	+00:58:04 (33.7%)	14:21	4.2 (66.7%)
96	SZCZESIAK Anna	5336	KARTON TEAM	Open Kobiet	80	11:00	01:00:25	02:53:34.10	02:53:34.10	+00:59:26 (34.2%)	14:27	4.1 (65.1%)
97	STĘPLEWSKA Patrycja	5418		Open Kobiet	81	10:45	00:58:06	02:53:35.20	02:53:35.20	+00:59:27 (34.3%)	14:27	4.1 (65.1%)
98	STEFAŃSKA Aleksandra	4790		Open Kobiet	82	09:30	00:57:21	02:53:38.75	02:53:38.75	+00:59:31 (34.3%)	14:28	4.1 (65.1%)
99	KAMIŃSKA Katarzyna	4669		Open Kobiet	83	09:15	01:03:03	02:53:44.40	02:53:44.40	+00:59:37 (34.3%)	14:28	4.1 (65.1%)
100	KAMIŃSKA Patrycja	4670		Open Kobiet	84	09:15	01:03:05	02:53:46.95	02:53:46.95	+00:59:39 (34.3%)	14:28	4.1 (65.1%)
101	DOPYTAŁA Marta	4663		Open Kobiet	85	09:15	01:03:59	02:53:53.75	02:53:53.75	+00:59:46 (34.4%)	14:29	4.1 (65.1%)
102	PRZYBYŁ-MAKOWSKA Natalia	4677		Open Kobiet	86	09:15	01:01:07	02:54:10.35	02:54:10.35	+01:00:02 (34.5%)	14:30	4.1 (65.1%)
103	PATON Iwona	5141		Open Masters Kobiet	17	09:30	00:59:33	02:54:14.85	02:54:14.85	+01:00:07 (34.5%)	14:31	4.1 (65.1%)
104	KRÓLIK Kamila	5393		Open Kobiet	87	10:45	00:56:51	02:54:25.55	02:54:25.55	+01:00:18 (34.6%)	14:32	4.1 (65.1%)
105	BIELAK Agnieszka	4504	HORNYSZONY	Open Kobiet	88	09:00	01:00:42	02:55:08.80	02:55:08.80	+01:01:01 (34.8%)	14:35	4.1 (65.1%)
106	CZEKIEL Martyna	5503		Open Kobiet	89	11:00	00:52:31	02:55:43.75	02:55:43.75	+01:01:36 (35.1%)	14:38	4.1 (65.1%)
107	KROMER-SKIBIŃSKA Karolina	4936	FIT PODZIEMIE	Open Masters Kobiet	18	10:00	01:04:10	02:55:44.90	02:55:44.90	+01:01:37 (35.1%)	14:38	4.1 (65.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
108	OZGA Patrycja	5088	WINKO SKŁAD DIMA TEAM	Open Masters Kobiet	19	09:30	00:59:38	02:55:51.00	02:55:51.00	+01:01:43 (35.1%)	14:39	4.1 (65.1%)
109	GORAJ Dominika	5322	DELOITTE ADVENTURE TEAM	Open Kobiet	90	10:45	01:03:48	02:55:58.25	02:55:58.25	+01:01:50 (35.1%)	14:39	4.1 (65.1%)
110	POPOWSKA Basia	4938	FIT PODZIEMIE	Open Kobiet	91	10:00	01:04:10	02:56:08.05	02:56:08.05	+01:02:00 (35.2%)	14:40	4.1 (65.1%)
111	MAC Magdalena	4937	FIT PODZIEMIE	Open Kobiet	92	10:00		02:56:18.95	02:56:18.95	+01:02:11 (35.3%)	14:41	4.1 (65.1%)
112	KIESZEK Agnieszka	4935	FIT PODZIEMIE	Open Masters Kobiet	20	10:00	01:04:10	02:56:19.90	02:56:19.90	+01:02:12 (35.3%)	14:41	4.1 (65.1%)
113	SALAMEH Natalia	5538		Open Kobiet	93	11:00	00:56:41	02:56:22.10	02:56:22.10	+01:02:14 (35.3%)	14:41	4.1 (65.1%)
114	STĘPIEŃ Magdalena	4792		Open Masters Kobiet	21	09:30	01:00:29	02:56:22.20	02:56:22.20	+01:02:14 (35.3%)	14:41	4.1 (65.1%)
115	BŁASZCZYK Anna	4743		Open Masters Kobiet	22	09:30	01:00:29	02:56:23.00	02:56:23.00	+01:02:15 (35.3%)	14:41	4.1 (65.1%)
116	ĶAMRAD Źaneta	5086	WINKO SKŁAD DIMA TEAM	Open Masters Kobiet	23	09:30	00:59:50	02:56:39.30	02:56:39.30	+01:02:31 (35.4%)	14:43	4.1 (65.1%)
117	GOSCINIAK Anna	4289		Open Masters Kobiet	24	08:00	01:11:25	02:57:07.30	02:57:07.30	+01:02:59 (35.6%)	14:45	4.1 (65.1%)
118	PACZKOWSKA Karina	5015		Open Kobiet	94	10:30	00:54:32	02:57:16.25	02:57:16.25	+01:03:08 (35.6%)	14:46	4.1 (65.1%)
119	JAWORSKA Anna	5463	OBSTACLE CENTER TEAM	Open Kobiet	95	11:00	01:02:07	02:57:47.40	02:57:47.40	+01:03:40 (35.8%)	14:48	4 (63.5%)
120	KRUPA-RACZKOWSKA Joanna	4300		Open Kobiet	96	08:00	00:57:11	02:58:23.45	02:58:23.45	+01:04:16 (36.0%)	14:51	4 (63.5%)
121	SKWARSKA Angelika	4899		Open Kobiet	97	09:45	01:14:42	02:58:28.45	02:58:28.45	+01:04:21 (36.1%)	14:52	4 (63.5%)
122	KIERZKOWSKA Ilona	4755		Open Masters Kobiet	25	09:30	01:05:53	02:58:55.05	02:58:55.05	+01:04:47 (36.2%)	14:54	4 (63.5%)
123	KRZYŹANOWSKA Magdalena	4239	HELL'S HEAVEN SZCZECIN	Open Kobiet	98	08:00	01:03:34	02:59:00.15	02:59:00.15	+01:04:52 (36.2%)	14:55	4 (63.5%)
124	WALISZKIEWICZ Gabriela	5425		Open Kobiet	99	10:45	01:10:20	02:59:03.25	02:59:03.25	+01:04:55 (36.3%)	14:55	4 (63.5%)
125	RYMKIEWICZ Dorota	5337	ŁÓDZKIE FITNESSIARY	Open Masters Kobiet	26	10:45	01:10:13	02:59:03.30	02:59:03.30	+01:04:55 (36.3%)	14:55	4 (63.5%)
126	SMYRSKA Magdalena	5338	ŁÓDZKIE FITNESSIARY	Open Masters Kobiet	27	10:45	01:10:19	02:59:03.55	02:59:03.55	+01:04:56 (36.3%)	14:55	4 (63.5%)
127	KOWALSKA Aleksandra	5391		Open Kobiet	100	10:45	01:10:19	02:59:04.40	02:59:04.40	+01:04:57 (36.3%)	14:55	4 (63.5%)
128	ILINA Iryna	4357	SII RUNNING TEAM	Open Kobiet	101	08:15	00:59:33	02:59:47.00	02:59:47.00	+01:05:39 (36.5%)	14:58	4 (63.5%)
129	ŚMIESZEK-BEŃKO Katarzyna	4466	LEGNICA POKONUJE PRZESZKODY	Open Kobiet	102	08:45	01:08:11	02:59:48.25	02:59:48.25	+01:05:40 (36.5%)	14:59	4 (63.5%)
130	RUTKOWSKA Aleksandra	4785		Open Kobiet	103	09:30	01:05:52	03:00:59.60	03:00:59.60	+01:06:52 (36.9%)	15:04	4 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
131	SKWAREK-CYLKE Marta	5569		Open Kobiet	104	10:45	01:01:06	03:01:18.45	03:01:18.45	+01:07:11 (37.1%)	15:06	4 (63.5%)
131	PIOTROWSKA Małgorzata	4933	EY OCR TEAM	Open Kobiet	104	10:45	01:01:12	03:01:18.45	03:01:18.45	+01:07:11 (37.1%)	15:06	4 (63.5%)
133	SZLACHTA-MYRLAK Maria	4241	KONIU SQUAD	Open Masters Kobiet	28	08:00	00:58:25	03:01:42.60	03:01:42.60	+01:07:35 (37.2%)	15:08	4 (63.5%)
134	ULEWICZ Mariola Ulewicz Vanilla	5485	VANILLA RUN	Open Kobiet	106	11:00	00:50:02	03:02:30.85	03:02:30.85	+01:08:23 (37.5%)	15:12	3.9 (61.9%)
135	ЛЕСЕЧКО Алена	5159		Open Kobiet	107	10:15	01:03:30	03:02:41.90	03:02:41.90	+01:08:34 (37.5%)	15:13	3.9 (61.9%)
136	POPINSKA Natalia	5407		Open Kobiet	108	10:45	01:01:11	03:03:13.10	03:03:13.10	+01:09:05 (37.7%)	15:16	3.9 (61.9%)
137	KUJAWIŃSKA Wiktoria	5591		Open Kobiet	109	08:30	01:16:01	03:03:40.80	03:03:40.80	+01:09:33 (37.9%)	15:18	3.9 (61.9%)
138	CZERNAKIEWICZ Anna	4343	OUTDOOR TRAINING	Open Masters Kobiet	29	08:15	01:09:56	03:04:06.80	03:04:06.80	+01:09:59 (38.0%)	15:20	3.9 (61.9%)
139	SZYMCZYK Joanna	4602	C&F RUNNING TEAM	Open Kobiet	110	09:15	01:03:15	03:04:13.10	03:04:13.10	+01:10:05 (38.0%)	15:21	3.9 (61.9%)
140	MALISZEWSKA Agnieszka	4344	OUTDOOR TRAINING	Open Masters Kobiet	30	08:15	01:09:58	03:04:44.55	03:04:44.55	+01:10:37 (38.2%)	15:23	3.9 (61.9%)
141	TARCZYŃSKA Marta	5565		Open Kobiet	111	11:00	00:50:40	03:04:47.20	03:04:47.20	+01:10:39 (38.2%)	15:23	3.9 (61.9%)
142	BĄŁAZY Beata	4342	OUTDOOR TRAINING	Open Masters Kobiet	31	08:15	01:09:59	03:04:51.05	03:04:51.05	+01:10:43 (38.3%)	15:24	3.9 (61.9%)
143	MATVIJENKO Angelika	5266		Open Masters Kobiet	32	10:30	00:56:46	03:05:05.05	03:05:05.05	+01:10:57 (38.3%)	15:25	3.9 (61.9%)
144	HOLZ-KALIŃSKA Justyna	5251		Open Kobiet	112	10:30	00:56:27	03:05:11.60	03:05:11.60	+01:11:04 (38.4%)	15:25	3.9 (61.9%)
145	GAJEWSKA Marta	4414		Open Kobiet	113	08:30	01:01:37	03:05:17.75	03:05:17.75	+01:11:10 (38.4%)	15:26	3.9 (61.9%)
146	BIEŃKOWSKA Magdalena	5232		Open Kobiet	114	11:00	01:07:04	03:05:24.40	03:05:24.40	+01:11:17 (38.4%)	15:27	3.9 (61.9%)
147	ZWOLIŃSKA Wioleta	5475	PROSPER CAPITAL DOM MAKLERSKI	Open Kobiet	115	11:00	01:16:44	03:05:30.95	03:05:30.95	+01:11:23 (38.5%)	15:27	3.9 (61.9%)
148	SZEFER Dominika	5542		Open Kobiet	116	11:00	01:05:37	03:05:34.30	03:05:34.30	+01:11:26 (38.5%)	15:27	3.9 (61.9%)
149	NERC Karolina	5269		Open Kobiet	117	10:30	01:03:38	03:05:39.95	03:05:39.95	+01:11:32 (38.5%)	15:28	3.9 (61.9%)
150	Madzi_Karp	4611	GETOUTDATA	Open Kobiet	118	09:15	01:06:24	03:05:45.65	03:05:45.65	+01:11:38 (38.6%)	15:28	3.9 (61.9%)
151	BOUAZIZ Linda	4727	WITC - WARSZAWA	Open Kobiet	119	09:30	00:58:17	03:06:04.15	03:06:04.15	+01:11:56 (38.7%)	15:30	3.9 (61.9%)
152	CZARNECKA Anna	5597	WITC - WARSZAWA	Open Masters Kobiet	33	09:30	00:58:18	03:06:04.75	03:06:04.75	+01:11:57 (38.7%)	15:30	3.9 (61.9%)
153	KALINCA Amalia	4728	WITC - WARSZAWA	Open Kobiet	120	09:30	00:58:18	03:06:05.45	03:06:05.45	+01:11:58 (38.7%)	15:30	3.9 (61.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
154	JACOSZEK Justyna	5511		Open Kobiet	121	11:00	01:08:46	03:06:39.70	03:06:39.70	+01:12:32 (38.9%)	15:33	3.9 (61.9%)
155	GRACZYK Karolina	4521	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	122	09:00	01:08:10	03:06:39.90	03:06:39.90	+01:12:32 (38.9%)	15:33	3.9 (61.9%)
156	FLOREK Agnieszka	4975		Open Kobiet	123	10:00	01:07:24	03:07:08.35	03:07:08.35	+01:13:00 (39.0%)	15:35	3.8 (60.3%)
157	VU DINH Sara	4391		Open Kobiet	124	08:15	01:05:07	03:07:32.70	03:07:32.70	+01:13:25 (39.1%)	15:37	3.8 (60.3%)
158	STĘPNIEWSKA Emilia	5606		Open Kobiet	125	10:45	01:00:44	03:07:48.90	03:07:48.90	+01:13:41 (39.2%)	15:39	3.8 (60.3%)
159	MARSZAŁEK Sylwia	4736	WYTRWALI2023	Open Kobiet	126	09:30	01:07:02	03:08:00.30	03:08:00.30	+01:13:52 (39.3%)	15:40	3.8 (60.3%)
160	SOBOLEWSKA Aleksandra	4939	FIT PODZIEMIE	Open Kobiet	127	11:00	01:06:58	03:09:00.40	03:09:00.40	+01:14:53 (39.6%)	15:45	3.8 (60.3%)
161	JARNICKA Joanna	4542		Open Kobiet	128	09:00	01:08:32	03:09:43.00	03:09:43.00	+01:15:35 (39.8%)	15:48	3.8 (60.3%)
162	MAGIELNICKA Justyna	5176	LUMA MILANÓWEK	Open Kobiet	129	10:30	01:13:28	03:10:34.20	03:10:34.20	+01:16:26 (40.1%)	15:52	3.8 (60.3%)
163	JEDNORAŁEK Anna	5174	LUMA MILANÓWEK	Open Masters Kobiet	34	10:30	01:13:09	03:10:38.00	03:10:38.00	+01:16:30 (40.1%)	15:53	3.8 (60.3%)
164	NAGLIK Renata	4775		Open Masters Kobiet	35	09:30	01:06:19	03:10:54.25	03:10:54.25	+01:16:46 (40.2%)	15:54	3.8 (60.3%)
165	CYGAN Bożena	5469	PROSPER CAPITAL DOM MAKLERSKI	Open Masters Kobiet	36	11:00	01:17:55	03:11:25.30	03:11:25.30	+01:17:17 (40.4%)	15:57	3.8 (60.3%)
166	KOSSAKOWSKA Joanna	5256		Open Masters Kobiet	37	10:30	01:13:09	03:11:30.00	03:11:30.00	+01:17:22 (40.4%)	15:57	3.8 (60.3%)
167	NOWAKOWSKA Sylwia	5271		Open Kobiet	130	10:30	01:10:42	03:12:01.55	03:12:01.55	+01:17:54 (40.6%)	16:00	3.7 (58.7%)
168	POPOWICZ Angelika	4784		Open Kobiet	131	09:30	01:04:41	03:13:08.85	03:13:08.85	+01:19:01 (40.9%)	16:05	3.7 (58.7%)
169	MUNDT Ewa	4655	WARRIORS ŁÓDŹ	Open Kobiet	132	09:15	01:06:47	03:13:30.60	03:13:30.60	+01:19:23 (41.0%)	16:07	3.7 (58.7%)
170	JASTRZĘBSKA Klaudia	5110		Open Kobiet	133	10:15	01:06:48	03:14:12.60	03:14:12.60	+01:20:05 (41.2%)	16:11	3.7 (58.7%)
171	NAGLIK Zosia	4776		Open Kobiet	134	09:30	01:07:58	03:14:50.40	03:14:50.40	+01:20:43 (41.4%)	16:14	3.7 (58.7%)
172	TOBIŚ Żaneta	5474	PROSPER CAPITAL DOM MAKLERSKI	Open Kobiet	135	11:00	01:17:51	03:14:58.45	03:14:58.45	+01:20:51 (41.5%)	16:14	3.7 (58.7%)
173	PŁOSAREK Dominika	5471	PROSPER CAPITAL DOM MAKLERSKI	Open Kobiet	136	11:00	01:16:35	03:15:01.75	03:15:01.75	+01:20:54 (41.5%)	16:15	3.7 (58.7%)
174	TSYMBAL Snizhana	5453	DZIQ TEAM	Open Kobiet	137	11:00	01:09:21	03:15:08.50	03:15:08.50	+01:21:01 (41.5%)	16:15	3.7 (58.7%)
175	MIZIŃSKA Agnieszka	4449	DZIKIE MRUCZKI	Open Kobiet	138	09:00	01:07:54	03:15:17.20	03:15:17.20	+01:21:09 (41.6%)	16:16	3.7 (58.7%)
176	DROZDOWICZ Jowita	4283		Open Kobiet	139	08:00	01:06:04	03:16:29.85	03:16:29.85	+01:22:22 (41.9%)	16:22	3.7 (58.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
177	KOWALCZYK Sylwia	5121		Open Masters Kobiet	38	10:15	01:05:52	03:16:42.00	03:16:42.00	+01:22:34 (42.0%)	16:23	3.7 (58.7%)
178	ORNOCH Agata	4779		Open Kobiet	140	09:30	01:05:36	03:17:22.10	03:17:22.10	+01:23:14 (42.2%)	16:26	3.6 (57.1%)
179	PŁÓCIENNIK Lena	5276		Open Kobiet	141	10:30	01:01:33	03:17:35.80	03:17:35.80	+01:23:28 (42.2%)	16:27	3.6 (57.1%)
180	LUDWA - SZYMAŃSKA Monika	5127		Open Kobiet	142	10:15	01:05:51	03:17:43.30	03:17:43.30	+01:23:35 (42.3%)	16:28	3.6 (57.1%)
181	PUŁA Milena	4352	PSYCHIATRYK KOPERNIKA	Open Kobiet	143	08:15	01:12:45	03:19:07.10	03:19:07.10	+01:24:59 (42.7%)	16:35	3.6 (57.1%)
182	PUŁA Karolina	4351	PSYCHIATRYK KOPERNIKA	Open Kobiet	144	08:15	01:12:45	03:19:07.30	03:19:07.30	+01:24:59 (42.7%)	16:35	3.6 (57.1%)
183	BASEK Kasia	4965		Open Kobiet	145	10:00	01:03:26	03:19:09.00	03:19:09.00	+01:25:01 (42.7%)	16:35	3.6 (57.1%)
184	HABA Karolina	5608		Open Kobiet	146	11:00	01:02:08	03:19:23.30	03:19:23.30	+01:25:15 (42.8%)	16:36	3.6 (57.1%)
185	BIEGLUK Marta	4626	KASZTANIAKII	Open Kobiet	147	09:15	01:05:30	03:20:08.25	03:20:08.25	+01:26:00 (43.0%)	16:40	3.6 (57.1%)
186	SALIŃSKA Barbara	4628	KASZTANIAKII	Open Kobiet	148	09:15	01:05:33	03:20:09.60	03:20:09.60	+01:26:02 (43.0%)	16:40	3.6 (57.1%)
187	TRZEBUNIAK Julia	5451	DZIQ TEAM	Open Kobiet	149	11:00	01:09:20	03:20:57.10	03:20:57.10	+01:26:49 (43.2%)	16:44	3.6 (57.1%)
188	SKORUPSKA Aleksandra	4490		Open Kobiet	150	08:45	01:08:31	03:20:59.00	03:20:59.00	+01:26:51 (43.2%)	16:44	3.6 (57.1%)
189	BASIAK Nicola	5447	DZIQ TEAM	Open Kobiet	151	11:00	01:09:21	03:21:02.25	03:21:02.25	+01:26:54 (43.2%)	16:45	3.6 (57.1%)
190	KOŚCIELECKA Anna	5056	GŁODNE FOKI	Open Kobiet	152	10:15	01:05:02	03:22:07.60	03:22:07.60	+01:28:00 (43.5%)	16:50	3.6 (57.1%)
191	ZAPISEK Paulina	5304		Open Kobiet	153	10:30	01:00:42	03:23:13.00	03:23:13.00	+01:29:05 (43.8%)	16:56	3.5 (55.6%)
192	STARZYŃSKA Dagmara	5472	PROSPER CAPITAL DOM MAKLERSKI	Open Kobiet	154	11:00	01:17:53	03:23:14.60	03:23:14.60	+01:29:07 (43.8%)	16:56	3.5 (55.6%)
193	BIELECKA Katarzyna	5231		Open Masters Kobiet	39	10:30	01:06:10	03:24:04.20	03:24:04.20	+01:29:56 (44.1%)	17:00	3.5 (55.6%)
194	SŁAWIŃSKA Sylwia	4696	ERGO TECHNOLOGY&SERVICES	Open Kobiet	155	09:45	01:08:46	03:24:38.85	03:24:38.85	+01:30:31 (44.2%)	17:03	3.5 (55.6%)
195	PIŁAT Renata	4845	OBSTACLE CENTER TEAM	Open Masters Kobiet	40	10:45	01:01:25	03:24:39.90	03:24:39.90	+01:30:32 (44.2%)	17:03	3.5 (55.6%)
196	DMYTROWSKA Małgorzata	4844	OBSTACLE CENTER TEAM	Open Kobiet	156	10:45	01:01:26	03:24:42.50	03:24:42.50	+01:30:35 (44.3%)	17:03	3.5 (55.6%)
197	WSZOŁEK Zuzanna	5301		Open Kobiet	157	10:30	01:00:56	03:26:16.10	03:26:16.10	+01:32:08 (44.7%)	17:11	3.5 (55.6%)
198	ROSA Karolina	4340	DEFIT TEAM	Open Kobiet	158	08:15	01:19:43	03:27:39.95	03:27:39.95	+01:33:32 (45.0%)	17:18	3.5 (55.6%)
199	BROŻYNA Aneta	5448	DZIQ TEAM	Open Kobiet	159	11:00	01:09:18	03:27:48.05	03:27:48.05	+01:33:40 (45.1%)	17:19	3.5 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
200	SZYMONEK Joanna	5443	D.Z.I.K.I.	Open Kobiet	160	11:00	01:09:19	03:27:48.70	03:27:48.70	+01:33:41 (45.1%)	17:19	3.5 (55.6%)
201	BARANOWSKA Justyna	5229		Open Kobiet	161	10:30	01:01:17	03:28:00.55	03:28:00.55	+01:33:53 (45.1%)	17:20	3.5 (55.6%)
202	BOSZCZYK Monika	5486	WIŚNIA-TEAM	Open Kobiet	162	11:00	01:09:24	03:28:53.20	03:28:53.20	+01:34:45 (45.4%)	17:24	3.4 (54.0%)
203	KACZMARSKA Alicja	4523	TI HEALTH CLUB	Open Masters Kobiet	41	08:45	01:10:48	03:30:24.55	03:30:24.55	+01:36:17 (45.8%)	17:32	3.4 (54.0%)
204	ZWOLIŃSKA Magdalena	5321	BOS PRIMIGENII	Open Kobiet	163	10:45	01:08:36	03:31:23.75	03:31:23.75	+01:37:16 (46.0%)	17:36	3.4 (54.0%)
205	KSIĘŻAK Ewelina	5123		Open Kobiet	164	10:15	01:21:34	03:31:28.50	03:31:28.50	+01:37:21 (46.0%)	17:37	3.4 (54.0%)
206	MAJ Patrycja	5438	BOS PRIMIGENII	Open Kobiet	165	11:00	01:16:50	03:33:51.40	03:33:51.40	+01:39:44 (46.6%)	17:49	3.4 (54.0%)
207	CHOROŚ Lucyna	5435	BOS PRIMIGENII	Open Kobiet	166	11:00	01:16:53	03:33:55.10	03:33:55.10	+01:39:47 (46.7%)	17:49	3.4 (54.0%)
208	DALECKA Magdalena	4700	MISIEPYSIE	Open Kobiet	167	09:30	01:15:26	03:35:08.15	03:35:08.15	+01:41:00 (47.0%)	17:55	3.3 (52.4%)
209	DOLIBÓG Ewa	5064	ŁOWCY PIEROŻKÓW	Open Kobiet	168	10:15	01:10:42	03:35:45.90	03:35:45.90	+01:41:38 (47.1%)	17:58	3.3 (52.4%)
210	BIERNACKA Agata	5434	BOS PRIMIGENII	Open Kobiet	169	11:00	01:16:50	03:36:12.70	03:36:12.70	+01:42:05 (47.2%)	18:01	3.3 (52.4%)
211	NABIAŁKOWSKA Julia	5568	BOS PRIMIGENII	Open Kobiet	170	11:00	01:16:54	03:36:16.15	03:36:16.15	+01:42:08 (47.2%)	18:01	3.3 (52.4%)
212	LISZEWSKA Maria	4999		Open Kobiet	171	10:00	01:18:52	03:36:19.60	03:36:19.60	+01:42:12 (47.2%)	18:01	3.3 (52.4%)
213	DEKA Patrycja	5100		Open Kobiet	172	10:30	01:29:39	03:37:41.60	03:37:41.60	+01:43:34 (47.6%)	18:08	3.3 (52.4%)
214	BOŻEK Marlena	5233		Open Kobiet	173	10:30	01:29:37	03:37:41.95	03:37:41.95	+01:43:34 (47.6%)	18:08	3.3 (52.4%)
215	WOCH Dominika	4191	LEMON TEAM	Open Kobiet	174	07:50	00:57:52	03:38:03.05	03:38:03.05	+01:43:55 (47.7%)	18:10	3.3 (52.4%)
216	STAWIARCZYK Veronika	4643	OCHK MUD-CLUB	Open Kobiet	175	09:15	01:21:06	03:38:05.55	03:38:05.55	+01:43:58 (47.7%)	18:10	3.3 (52.4%)
217	DRABIK Katarzyna	4633	OCHK MUD-CLUB	Open Kobiet	176	09:15	01:20:56	03:38:06.60	03:38:06.60	+01:43:59 (47.7%)	18:10	3.3 (52.4%)
218	IGNATIUK Paulina	5555		Open Kobiet	177	09:15	01:21:01	03:38:07.00	03:38:07.00	+01:43:59 (47.7%)	18:10	3.3 (52.4%)
219	EFENBERG Kamila	4974		Open Kobiet	178	10:00	01:18:56	03:38:08.15	03:38:08.15	+01:44:00 (47.7%)	18:10	3.3 (52.4%)
220	LAMEK Klaudia	4188	CROSSELITE	Open Kobiet	179	07:50	00:59:45	03:38:22.50	03:38:22.50	+01:44:15 (47.7%)	18:11	3.3 (52.4%)
221	CZAJKA Patrycja	4968		Open Kobiet	180	10:00	01:18:57	03:39:01.15	03:39:01.15	+01:44:53 (47.9%)	18:15	3.3 (52.4%)
222	DROZD PASZEWSKA Marta	4971		Open Kobiet	181	10:00	01:19:23	03:39:02.40	03:39:02.40	+01:44:55 (47.9%)	18:15	3.3 (52.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
223	OSTASZEWSKA Weronika	5273		Open Kobiet	182	10:30	01:10:36	03:39:03.00	03:39:03.00	+01:44:55 (47.9%)	18:15	3.3 (52.4%)
224	ROŚLONIEC Karolina	5282		Open Kobiet	183	10:30	01:10:37	03:39:03.60	03:39:03.60	+01:44:56 (47.9%)	18:15	3.3 (52.4%)
225	MARCZUK Iwona	5002		Open Kobiet	184	10:00	01:18:47	03:39:21.35	03:39:21.35	+01:45:13 (48.0%)	18:16	3.3 (52.4%)
226	WESOŁOWSKA Adrianna	4914		Open Kobiet	185	10:30	01:10:42	03:39:49.50	03:39:49.50	+01:45:42 (48.1%)	18:19	3.3 (52.4%)
227	KOZŁOWSKA Aleksandra	5595		Open Kobiet	186	10:00	01:18:56	03:40:14.70	03:40:14.70	+01:46:07 (48.2%)	18:21	3.3 (52.4%)
228	SYGOCKA Katarzyna	4903		Open Kobiet	187	09:45	01:11:33	03:41:01.75	03:41:01.75	+01:46:54 (48.4%)	18:25	3.3 (52.4%)
229	MŁODZIŃSKA Nina	4309		Open Kobiet	188	08:00	01:06:53	03:41:11.60	03:41:11.60	+01:47:04 (48.4%)	18:25	3.3 (52.4%)
230	KLUCZYŃSKA Maja	4991		Open Kobiet	189	10:00	01:18:46	03:41:42.45	03:41:42.45	+01:47:35 (48.5%)	18:28	3.2 (50.8%)
231	KOWALCZYK Joanna	4250	OBSTACLE CENTER TEAM	Open Kobiet	190	08:00	01:06:53	03:41:47.85	03:41:47.85	+01:47:40 (48.5%)	18:28	3.2 (50.8%)
232	MIROTA Dominika	5314	BEERFORCEONE	Open Kobiet	191	10:45	01:12:58	03:43:10.30	03:43:10.30	+01:49:02 (48.9%)	18:35	3.2 (50.8%)
233	WOŹNIAK Katarzyna	5349	OSTRA BARANINA NA GRUBYM	Open Kobiet	192	10:45	01:24:30	03:44:10.95	03:44:10.95	+01:50:03 (49.1%)	18:40	3.2 (50.8%)
234	KOSTECKA Magda	5347	OSTRA BARANINA NA GRUBYM	Open Kobiet	193	10:45	01:25:23	03:44:13.80	03:44:13.80	+01:50:06 (49.1%)	18:41	3.2 (50.8%)
235	JAWORSKA Marta	4875		Open Kobiet	194	09:45	01:19:01	03:46:59.90	03:46:59.90	+01:52:52 (49.7%)	18:54	3.2 (50.8%)
236	POSTEK Żaneta	5278		Open Kobiet	195	10:30	01:07:41	03:48:20.20	03:48:20.20	+01:54:12 (50.0%)	19:01	3.2 (50.8%)
237	ALEKSANDROWICZ Justyna	5228		Open Kobiet	196	10:30	01:07:37	03:48:22.05	03:48:22.05	+01:54:14 (50.0%)	19:01	3.2 (50.8%)
238	SZYMAŃSKA Olga	4907		Open Kobiet	197	09:45	01:14:42	03:50:01.10	03:50:01.10	+01:55:53 (50.4%)	19:10	3.1 (49.2%)
239	LE RUDULIER Apolline	5073	MAŁPY RAZEM SILNE	Open Kobiet	198	10:15	01:14:38	03:50:01.75	03:50:01.75	+01:55:54 (50.4%)	19:10	3.1 (49.2%)
240	KOTARSKA Katarzyna	5072	MAŁPY RAZEM SILNE	Open Kobiet	199	10:15	01:14:37	03:50:03.35	03:50:03.35	+01:55:55 (50.4%)	19:10	3.1 (49.2%)
241	JANAS Roksana	5071	MAŁPY RAZEM SILNE	Open Kobiet	200	10:15	01:14:46	03:50:06.95	03:50:06.95	+01:55:59 (50.4%)	19:10	3.1 (49.2%)
242	GRABOWIECKA Roksana	4724	SYJON	Open Kobiet	201	09:30	01:12:09	03:51:12.15	03:51:12.15	+01:57:04 (50.6%)	19:16	3.1 (49.2%)
243	BIELA Anna	4722	SYJON	Open Kobiet	202	09:30	01:12:10	03:51:22.90	03:51:22.90	+01:57:15 (50.7%)	19:16	3.1 (49.2%)
244	KAMIŃSKA Oliwia	4880		Open Kobiet	203	09:45	01:14:28	03:51:54.45	03:51:54.45	+01:57:47 (50.8%)	19:19	3.1 (49.2%)
245	KĄDZIELA Karina	4708	PRUSZKOWSKI TEAM	Open Masters Kobiet	42	09:30	01:13:16	03:52:30.35	03:52:30.35	+01:58:22 (50.9%)	19:22	3.1 (49.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
246	LIPIŃSKA Renata	4714	PRUSZKOWSKI TEAM	Open Kobiet	204	09:30	01:13:05	03:52:30.40	03:52:30.40	+01:58:23 (50.9%)	19:22	3.1 (49.2%)
247	LEWANDOWSKA Agnieszka	4713	PRUSZKOWSKI TEAM	Open Kobiet	205	09:30	01:13:33	03:52:30.65	03:52:30.65	+01:58:23 (50.9%)	19:22	3.1 (49.2%)
248	KALINOWSKA Monika	4709	PRUSZKOWSKI TEAM	Open Masters Kobiet	43	09:30	01:13:28	03:52:31.55	03:52:31.55	+01:58:24 (50.9%)	19:22	3.1 (49.2%)
249	WIECZOREK Malgorzata	4718	PRUSZKOWSKI TEAM	Open Masters Kobiet	44	09:30	01:13:29	03:52:32.60	03:52:32.60	+01:58:25 (50.9%)	19:22	3.1 (49.2%)
250	ŻUKOWSKA Katarzyna	4720	PRUSZKOWSKI TEAM	Open Kobiet	206	09:30	01:13:28	03:52:33.20	03:52:33.20	+01:58:25 (50.9%)	19:22	3.1 (49.2%)
251	OKNIŃSKA Magdalena	4715	PRUSZKOWSKI TEAM	Open Masters Kobiet	45	09:30	01:13:27	03:52:34.75	03:52:34.75	+01:58:27 (50.9%)	19:22	3.1 (49.2%)
252	KOWALSKA Alicja	4711	PRUSZKOWSKI TEAM	Open Kobiet	207	09:30	01:13:26	03:52:34.95	03:52:34.95	+01:58:27 (50.9%)	19:22	3.1 (49.2%)
253	WASZKIELIS Marzena	4717	PRUSZKOWSKI TEAM	Open Kobiet	208	09:30	01:13:13	03:52:36.50	03:52:36.50	+01:58:29 (50.9%)	19:23	3.1 (49.2%)
254	DOMINIAK Lidia	5046	DZIKI Z GARAŻU	Open Kobiet	209	10:15	01:18:00	03:52:39.60	03:52:39.60	+01:58:32 (50.9%)	19:23	3.1 (49.2%)
255	WIĘCŁAWSKA Magdalena	4183	BIEGUN OCR TEAM	Open Kobiet	210	07:50	00:40:24	03:54:09.25	03:54:09.25	+02:00:01 (51.3%)	19:30	3.1 (49.2%)
256	DUBIELESKA Aleksandra	5047	DZIKI Z GARAŻU	Open Kobiet	211	10:15	01:17:59	03:54:17.45	03:54:17.45	+02:00:10 (51.3%)	19:31	3.1 (49.2%)
257	KNAPIK Martyna	5049	DZIKI Z GARAŻU	Open Kobiet	212	10:15		03:54:18.15	03:54:18.15	+02:00:10 (51.3%)	19:31	3.1 (49.2%)
258	KOBUS Iwona	5050	DZIKI Z GARAŻU	Open Masters Kobiet	46	10:15	01:18:00	03:54:18.30	03:54:18.30	+02:00:10 (51.3%)	19:31	3.1 (49.2%)
259	KOPCIUCH Zuzanna	5598		Open Kobiet	213	09:45	01:14:33	03:54:21.50	03:54:21.50	+02:00:14 (51.3%)	19:31	3.1 (49.2%)
260	KUCHARYK Izabela	5395		Open Kobiet	214	10:45	01:15:25	03:54:28.35	03:54:28.35	+02:00:20 (51.3%)	19:32	3.1 (49.2%)
261	JELONEK Aleksandra	4988		Open Kobiet	215	10:15	01:09:13	03:57:01.40	03:57:01.40	+02:02:54 (51.9%)	19:45	3 (47.6%)
Przekroczony limit czasu: 04:00:00												
262	JAKUBOWSKA Angelika	4843	MUSTANGI KOBYLANKA	Open Kobiet	216	09:45	01:00:00	04:00:37.55	04:00:37.55	+02:06:30 (52.6%)	20:03	3 (47.6%)
263	NIESIOBĘDZKA Kinga	5139		Open Kobiet	217	10:15	01:23:52	04:09:51.25	04:09:51.25	+02:15:43 (54.3%)	20:49	2.9 (46.0%)
264	SEKUŁA Katarzyna	5066	ŁOWCY PIEROŻKÓW	Open Kobiet	218	10:15	01:23:51	04:09:51.65	04:09:51.65	+02:15:44 (54.3%)	20:49	2.9 (46.0%)
265	OPARA Maja	4812	BRAVEHEARTS LEGIONOWO	Open Masters Kobiet	47	09:45	01:14:59	04:09:52.05	04:09:52.05	+02:15:44 (54.3%)	20:49	2.9 (46.0%)
266	BONISŁAWSKA Anna	4810	BRAVEHEARTS LEGIONOWO	Open Masters Kobiet	48	09:45	01:15:01	04:09:52.35	04:09:52.35	+02:15:44 (54.3%)	20:49	2.9 (46.0%)
267	WYPYCH Justyna	4692	BRAVEHEARTS LEGIONOWO	Open Kobiet	219	09:45	01:15:05	04:09:53.20	04:09:53.20	+02:15:45 (54.3%)	20:49	2.9 (46.0%)
268	MASKIEWICZ Magdalena	4811	BRAVEHEARTS LEGIONOWO	Open Masters Kobiet	49	09:45	01:15:00	04:11:26.30	04:11:26.30	+02:17:18 (54.6%)	20:57	2.9 (46.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
269	KSIĄŻEK Anna	4589	BIEGAJĄCE CHLORY	Open Kobiet	220	09:15	01:20:39	04:12:30.45	04:12:30.45	+02:18:23 (54.8%)	21:02	2.9 (46.0%)
270	KUBIAK Anna	4590	BIEGAJĄCE CHLORY	Open Kobiet	221	09:15	01:20:38	04:12:31.20	04:12:31.20	+02:18:23 (54.8%)	21:02	2.9 (46.0%)
271	KOZŁOWSKA Marta	4621	KALEKINY	Open Kobiet	222	09:15	01:35:20	04:21:57.15	04:21:57.15	+02:27:49 (56.4%)	21:49	2.7 (42.9%)
272	WIŚNIEWSKA Wiktoria	5583	KAŻDY LUBI WODĘ	Open Kobiet	223	09:45	01:13:40	04:23:00.45	04:23:00.45	+02:28:53 (56.6%)	21:55	2.7 (42.9%)
273	MASTEJ Izabela	4833	KAŻDY LUBI WODĘ	Open Kobiet	224	09:45	01:13:40	04:23:00.65	04:23:00.65	+02:28:53 (56.6%)	21:55	2.7 (42.9%)
274	STELMAKH Liubov	4624	KALEKINY	Open Masters Kobiet	50	09:15	01:35:29	04:30:16.40	04:30:16.40	+02:36:09 (57.8%)	22:31	2.7 (42.9%)
275	IWANOWICZ Aleksandra	4618	KALEKINY	Open Kobiet	225	09:15	01:35:27	04:30:18.40	04:30:18.40	+02:36:11 (57.8%)	22:31	2.7 (42.9%)
276	MARSZAŁ Justyna	4623	KALEKINY	Open Kobiet	226	09:15	01:35:23	04:30:18.90	04:30:18.90	+02:36:11 (57.8%)	22:31	2.7 (42.9%)
277	KOZŁOWSKA Dorota	4620	KALEKINY	Open Masters Kobiet	51	09:15						(0.0%)
278	PAŁCZYŃSKA Aneta	4848	SKROBIĘ CI PIĘTY	Open Kobiet	227	09:45						(0.0%)

Znaleziono 278 wynik(ów)