

Wydarzenie: Runmageddon Wrocław
Organizator: Extreme Events, Runmageddon
Data: 2019-04-14
Miejsce: Wrocław
Dystans: 12 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RM 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	OŚLIZŁO Tomasz	5024	HUSARIA RACE TEAM	Elite Mężczyzn	1	11:20	00:36:07	01:04:47.00	01:04:47.00		5:23	11.1 (100%)
2	KRAWCZYK Tomasz	5178	HUSARIA RACE TEAM	Elite Mężczyzn	2	11:20	00:36:56	01:07:02.10	01:07:02.10	+00:02:15 (3.4%)	5:35	10.7 (96.4%)
3	SALAMON Mateusz	5169	POWER TRAINING	Elite Mężczyzn	3	11:20	00:35:45	01:07:57.90	01:07:57.90	+00:03:10 (4.7%)	5:39	10.6 (95.5%)
4	KOZŁOWSKI Artur	5179	HUSARIA RACE TEAM	Elite Mężczyzn	4	11:20	00:38:07	01:09:28.10	01:09:28.10	+00:04:41 (6.7%)	5:47	10.4 (93.7%)
5	KALININ Jarosław	5044	XRUNNERS	Elite Mężczyzn	5	11:20	00:40:09	01:11:58.35	01:11:58.35	+00:07:11 (10.0%)	5:59	10 (90.1%)
6	SPRUTTA Mateusz	5004	CARBON OCR RACING TEAM	Elite Mężczyzn	6	11:20	00:38:08	01:13:04.25	01:13:04.25	+00:08:17 (11.3%)	6:05	9.9 (89.2%)
7	TARKA Andrzej	5026	HUSARIA RACE TEAM	Elite Masters Mężczyzn	1	11:20	00:39:54	01:13:59.30	01:13:59.30	+00:09:12 (12.4%)	6:09	9.7 (87.4%)
8	TOMAKA Tomasz	5027	HUSARIA RACE TEAM	Elite Mężczyzn	7	11:20	00:40:07	01:14:11.90	01:14:11.90	+00:09:24 (12.7%)	6:10	9.7 (87.4%)
9	ŁUKASZEWSKI Jakub	5078	HUSARIA RACE TEAM	Elite Masters Mężczyzn	2	11:30	00:40:00	01:18:14.55	01:18:14.55	+00:13:27 (17.2%)	6:31	9.2 (82.9%)
10	WITEK Piotr	5092	HUSARIA RACE TEAM	Elite Mężczyzn	8	11:30	00:42:02	01:18:37.50	01:18:37.50	+00:13:50 (17.6%)	6:33	9.2 (82.9%)
11	OŚLIZŁO Marek	5033	SOCIOS SILESIA	Elite Mężczyzn	9	11:20	00:36:28	01:20:07.80	01:20:07.80	+00:15:20 (19.2%)	6:40	9 (81.1%)
12	GAWRON Marcin	6170		Open Mężczyzn	1	13:15	00:41:03	01:20:08.65	01:20:08.65	+00:15:21 (19.2%)	6:40	9 (81.1%)
13	WYPUKOŁ Jakub	5034	SOCIOS SILESIA	Elite Mężczyzn	10	11:20	00:41:56	01:20:32.15	01:20:32.15	+00:15:45 (19.6%)	6:42	8.9 (80.2%)
14	DOLATA Krzysztof	5030	SOCIOS SILESIA	Elite Mężczyzn	11	11:20	00:43:22	01:21:26.10	01:21:26.10	+00:16:39 (20.4%)	6:47	8.8 (79.3%)
15	JAKUBCZAK Marcin	5171	BEST BEASTS	Elite Mężczyzn	12	11:20	00:42:45	01:22:09.20	01:22:09.20	+00:17:22 (21.1%)	6:50	8.8 (79.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
16	PETELCZYC Piotr	5025	HUSARIA RACE TEAM	Elite Masters Mężczyzn	3	11:20	00:44:24	01:24:11.20	01:24:11.20	+00:19:24 (23.0%)	7:00	8.6 (77.5%)
17	MOSTKOWSKI Łukasz	6038		Open Mężczyzn	2	13:00	00:43:52	01:24:38.20	01:24:38.20	+00:19:51 (23.5%)	7:03	8.5 (76.6%)
18	HENDZEL Miłosz	5029	KONIUCHY OCR	Elite Mężczyzn	13	11:20	00:40:05	01:24:48.70	01:24:48.70	+00:20:01 (23.6%)	7:04	8.5 (76.6%)
19	LUDYNIA Marcin	5475		Open Mężczyzn	3	12:00	00:42:25	01:26:24.45	01:26:24.45	+00:21:37 (25.0%)	7:12	8.3 (74.8%)
20	ROSOCHACKI Marcin	5086	HUSARIA RACE TEAM	Elite Mężczyzn	14	11:30	00:43:12	01:29:44.80	01:29:44.80	+00:24:57 (27.8%)	7:28	8 (72.1%)
21	JENDRYCHOWSKI Łukasz	6826		Open Mężczyzn	4	13:45	00:47:18	01:29:54.15	01:29:54.15	+00:25:07 (27.9%)	7:29	8 (72.1%)
22	JÓZWIK Adrian	5099	NEXTREME	Elite Mężczyzn	15	11:30	00:40:48	01:30:36.70	01:30:36.70	+00:25:49 (28.5%)	7:33	7.9 (71.2%)
23	LEWANDOWSKI Dawid	6261	RTV EURO AGD	Open Mężczyzn	5	13:30	00:47:04	01:31:12.15	01:31:12.15	+00:26:25 (29.0%)	7:36	7.9 (71.2%)
24	PIETRAŚ Mariusz	5620		Open Masters Mężczyzn	1	12:15	00:50:11	01:31:34.35	01:31:34.35	+00:26:47 (29.3%)	7:37	7.9 (71.2%)
25	WOŹNIAK Grzegorz	6068	CROSFIT LUBIN	Open Mężczyzn	6	13:15	00:41:12	01:31:51.20	01:31:51.20	+00:27:04 (29.5%)	7:39	7.8 (70.3%)
26	STARZYCKI Przemysław	6532	HARPAGAN BEAST	Open Mężczyzn	7	14:00	00:41:18	01:32:13.90	01:32:13.90	+00:27:26 (29.8%)	7:41	7.8 (70.3%)
27	ZAJĄC Cezary	5165	HUSARIA RACE TEAM	Elite Masters Mężczyzn	4	11:30	00:45:32	01:32:37.40	01:32:37.40	+00:27:50 (30.1%)	7:43	7.8 (70.3%)
28	ZGUTKA Tomasz	5028	HUSARIA RACE TEAM	Elite Masters Mężczyzn	5	11:20	00:42:53	01:32:46.25	01:32:46.25	+00:27:59 (30.2%)	7:43	7.8 (70.3%)
29	JAŚNIEWSKI Artur	5603		Open Masters Mężczyzn	2	11:45	00:48:27	01:32:59.95	01:32:59.95	+00:28:12 (30.3%)	7:44	7.7 (69.4%)
30	TADUS Marcin	5497	ARMADOMERON	Open Mężczyzn	8	11:45	00:48:27	01:33:00.55	01:33:00.55	+00:28:13 (30.3%)	7:45	7.7 (69.4%)
31	URBAN Hubert	5090	HUSARIA RACE TEAM	Elite Mężczyzn	16	11:30	00:40:55	01:33:24.55	01:33:24.55	+00:28:37 (30.6%)	7:47	7.7 (69.4%)
32	MATUSIK Adam	5012	GRUBIORZE LOTAJOM	Elite Mężczyzn	17	11:20	00:45:23	01:33:28.15	01:33:28.15	+00:28:41 (30.7%)	7:47	7.7 (69.4%)
33	GAWRON Adam	6169		Open Mężczyzn	9	13:15	00:44:30	01:33:29.75	01:33:29.75	+00:28:42 (30.7%)	7:47	7.7 (69.4%)
34	GRABOWY Damian	5799	EKIPA BAŁAGAN	Open Mężczyzn	10	12:45	00:47:41	01:33:36.00	01:33:36.00	+00:28:49 (30.8%)	7:48	7.7 (69.4%)
35	KOŁPACZEK Krzysztof	5801	EKIPA BAŁAGAN	Open Mężczyzn	11	12:45	00:47:41	01:33:40.75	01:33:40.75	+00:28:53 (30.8%)	7:48	7.7 (69.4%)
36	KOZIOŁ Kamil	5016	HUSARIA RACE TEAM	Elite Mężczyzn	18	11:20	00:44:41	01:33:44.65	01:33:44.65	+00:28:57 (30.9%)	7:48	7.7 (69.4%)
37	SIENKIEWICZ Grzegorz	5353	AWENDŻERSI	Open Mężczyzn	12	12:00	00:42:57	01:33:45.00	01:33:45.00	+00:28:58 (30.9%)	7:48	7.7 (69.4%)
38	KAWALEC Oliwer	5038	WATAHA	Elite Mężczyzn	19	11:20	00:46:44	01:34:03.90	01:34:03.90	+00:29:16 (31.1%)	7:50	7.7 (69.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
39	KOSIŃSKI Jakub	5015	HUSARIA RACE TEAM	Elite Mężczyzn	20	11:20	00:48:25	01:34:28.55	01:34:28.55	+00:29:41 (31.4%)	7:52	7.6 (68.5%)
40	ZAWILIŃSKI Mateusz	5095	HUSARIA RACE TEAM	Elite Mężczyzn	21	11:30	00:45:24	01:34:32.00	01:34:32.00	+00:29:45 (31.5%)	7:52	7.6 (68.5%)
41	ZDEB Maciej	5170	HUSARIA RACE TEAM	Elite Mężczyzn	22	11:20	00:49:54	01:34:33.35	01:34:33.35	+00:29:46 (31.5%)	7:52	7.6 (68.5%)
42	GOMONOVYCH Vasyl	6721		Open Mężczyzn	13	14:00	00:44:38	01:34:58.30	01:34:58.30	+00:30:11 (31.8%)	7:54	7.6 (68.5%)
43	BOMBA Piotr	5071	HUSARIA RACE TEAM	Elite Mężczyzn	23	11:30	00:45:08	01:35:26.55	01:35:26.55	+00:30:39 (32.1%)	7:57	7.5 (67.6%)
44	MATYSIOK Rafał	5755		Open Mężczyzn	14	12:30	00:44:52	01:35:48.05	01:35:48.05	+00:31:01 (32.4%)	7:59	7.5 (67.6%)
45	BURBUL Przemysław	5100	NIE W SZCZEPIONKĘ TEAM	Elite Mężczyzn	24	11:30	00:47:49	01:35:49.30	01:35:49.30	+00:31:02 (32.4%)	7:59	7.5 (67.6%)
46	KOWALSKI Bartosz	5265	POSITIVE FREAKS TEAM	Open Mężczyzn	15	11:45	00:46:21	01:36:02.55	01:36:02.55	+00:31:15 (32.5%)	8:00	7.5 (67.6%)
47	JARZĄBEK Dawid	5177	SOCIOS SILESIA	Elite Mężczyzn	25	11:20	00:46:51	01:36:12.45	01:36:12.45	+00:31:25 (32.7%)	8:01	7.5 (67.6%)
48	FRANKOWSKI Damian	5597		Open Masters Mężczyzn	3	12:15	00:47:49	01:36:46.30	01:36:46.30	+00:31:59 (33.1%)	8:03	7.4 (66.7%)
49	DRAB Aleksander	5692	REGNARSTEAM	Open Mężczyzn	16	12:30	00:50:40	01:36:48.10	01:36:48.10	+00:32:01 (33.1%)	8:04	7.4 (66.7%)
50	BOLISĘGA Rafał	5689	REGNARSTEAM	Open Mężczyzn	17	12:30	00:50:36	01:36:48.35	01:36:48.35	+00:32:01 (33.1%)	8:04	7.4 (66.7%)
51	CHŁĄD Aleksander	5065	EX TEAM	Elite Mężczyzn	26	11:30	00:47:55	01:36:49.30	01:36:49.30	+00:32:02 (33.1%)	8:04	7.4 (66.7%)
52	SARWA Ryszard	5695	REGNARSTEAM	Open Masters Mężczyzn	4	12:30	00:49:32	01:37:26.20	01:37:26.20	+00:32:39 (33.5%)	8:07	7.4 (66.7%)
53	JAKUBOWSKI Michał	5461		Open Mężczyzn	18	12:00	00:49:46	01:37:27.35	01:37:27.35	+00:32:40 (33.5%)	8:07	7.4 (66.7%)
54	ORŁOWSKI Maciej	5619		Open Mężczyzn	19	12:15	00:44:19	01:37:33.20	01:37:33.20	+00:32:46 (33.6%)	8:07	7.4 (66.7%)
55	BOĆKO Krzysztof	5037	WATAHA	Elite Mężczyzn	27	11:20	00:47:14	01:37:43.70	01:37:43.70	+00:32:56 (33.7%)	8:08	7.4 (66.7%)
56	LANG Konrad	5612		Open Mężczyzn	20	12:15	00:48:39	01:37:59.05	01:37:59.05	+00:33:12 (33.9%)	8:09	7.3 (65.8%)
57	BUCZKOWSKI Krzysztof	6163		Open Mężczyzn	21	13:15	00:48:13	01:38:04.70	01:38:04.70	+00:33:17 (33.9%)	8:10	7.3 (65.8%)
58	ANDRZEJCZAK Filip	5994	TROSKLIWE MISIE	Open Mężczyzn	22	13:00	00:51:51	01:38:08.60	01:38:08.60	+00:33:21 (34.0%)	8:10	7.3 (65.8%)
59	KOWALSKI Józef	5266	POSITIVE FREAKS TEAM	Open Mężczyzn	23	11:45	00:47:30	01:38:08.80	01:38:08.80	+00:33:21 (34.0%)	8:10	7.3 (65.8%)
60	WNUCZEK Marek	5422	POWER TRAINING	Open Mężczyzn	24	12:00	00:46:44	01:38:09.65	01:38:09.65	+00:33:22 (34.0%)	8:10	7.3 (65.8%)
61	KACZOR Grzegorz	5822	KURCZAK W PANIERCE	Open Mężczyzn	25	12:45	00:50:38	01:38:11.45	01:38:11.45	+00:33:24 (34.0%)	8:10	7.3 (65.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
62	KOWALCZYK Piotr	5264	POSITIVE FREAKS TEAM	Open Mężczyzn	26	11:45	00:46:22	01:38:14.20	01:38:14.20	+00:33:27 (34.1%)	8:11	7.3 (65.8%)
63	RODZIEWICZ Bartosz	6389	MEDSERV TEAM	Open Mężczyzn	27	13:45	00:44:44	01:38:15.05	01:38:15.05	+00:33:28 (34.1%)	8:11	7.3 (65.8%)
64	HEINZE Mateusz	5821	KURCZAK W PANIERCE	Open Mężczyzn	28	12:45	00:50:39	01:38:27.00	01:38:27.00	+00:33:40 (34.2%)	8:12	7.3 (65.8%)
65	ŁUCZAK Tomasz	5098	MAD RUNNERS WAŁBRZYCH	Elite Mężczyzn	28	11:30	00:41:57	01:38:39.00	01:38:39.00	+00:33:52 (34.3%)	8:13	7.3 (65.8%)
66	PAŁKA Adam	6185		Open Mężczyzn	29	13:15	00:48:37	01:38:46.60	01:38:46.60	+00:33:59 (34.4%)	8:13	7.3 (65.8%)
67	KOGUT Dawid	6173		Open Mężczyzn	30	13:15	00:48:37	01:39:03.15	01:39:03.15	+00:34:16 (34.6%)	8:15	7.3 (65.8%)
68	JEZIORAŃSKI Bartosz	6579	TEAM HAIER	Open Masters Mężczyzn	5	14:00	00:51:35	01:39:06.30	01:39:06.30	+00:34:19 (34.6%)	8:15	7.3 (65.8%)
69	KOŚCIELNIAK Bartosz	5316		Open Mężczyzn	31	11:45	00:42:39	01:39:07.60	01:39:07.60	+00:34:20 (34.6%)	8:15	7.3 (65.8%)
70	WOJCIECH Mateusz	6563	NIEPOZORNI	Open Mężczyzn	32	14:00	00:47:06	01:39:19.20	01:39:19.20	+00:34:32 (34.8%)	8:16	7.2 (64.9%)
71	KOGUT Martin	5693	REGNARSTEAM	Open Mężczyzn	33	12:30	00:51:31	01:39:29.10	01:39:29.10	+00:34:42 (34.9%)	8:17	7.2 (64.9%)
72	ĆWIERTNIA Kamil	5885		Open Mężczyzn	34	12:45	00:45:46	01:40:05.00	01:40:05.00	+00:35:18 (35.3%)	8:20	7.2 (64.9%)
73	BATURO Artur	5875		Open Masters Mężczyzn	6	12:45	00:44:16	01:41:16.65	01:41:16.65	+00:36:29 (36.0%)	8:26	7.1 (64.0%)
74	OLEARNIK Wojciech	5481		Open Masters Mężczyzn	7	12:00	00:49:39	01:41:20.60	01:41:20.60	+00:36:33 (36.1%)	8:26	7.1 (64.0%)
75	PODSIADŁY Mariusz	6846	KACZANIAKI	Open Mężczyzn	35	12:30	00:50:16	01:41:37.25	01:41:37.25	+00:36:50 (36.2%)	8:28	7.1 (64.0%)
76	WRZUSZCZAK Irek	6556	MANTICORE FITNESS - LEGNICA	Open Masters Mężczyzn	8	14:00	00:48:33	01:41:45.75	01:41:45.75	+00:36:58 (36.3%)	8:28	7.1 (64.0%)
77	WLAŻŁAK Damian	5007	DROGA DO ULTRA	Elite Mężczyzn	29	11:20	00:41:57	01:41:47.00	01:41:47.00	+00:37:00 (36.4%)	8:28	7.1 (64.0%)
78	HURAS Michał	5649	CF KUŹNIA DAMIANA	Open Mężczyzn	36	12:30	00:46:51	01:41:52.15	01:41:52.15	+00:37:05 (36.4%)	8:29	7.1 (64.0%)
79	RYBSKI Marcin	6193		Open Mężczyzn	37	13:15	00:46:58	01:42:03.60	01:42:03.60	+00:37:16 (36.5%)	8:30	7.1 (64.0%)
80	SPILISZEWSKI Marcin	5984	POWER TRAINING	Open Mężczyzn	38	13:00	00:50:23	01:42:04.50	01:42:04.50	+00:37:17 (36.5%)	8:30	7.1 (64.0%)
81	GROBELNA Aleksandra	5159	XRUNNERS	Elite Kobiet	1	11:35	00:47:16	01:42:13.55	01:42:13.55	+00:37:26 (36.6%)	8:31	7 (63.1%)
82	SYPEK Piotr	6052		Open Mężczyzn	39	13:00	00:47:31	01:42:14.75	01:42:14.75	+00:37:27 (36.6%)	8:31	7 (63.1%)
83	KURCEWICZ Paweł	6741		Open Mężczyzn	40	14:15	00:49:54	01:42:44.85	01:42:44.85	+00:37:57 (36.9%)	8:33	7 (63.1%)
84	PEREGRYM Tobiasz	6755		Open Mężczyzn	41	14:15	00:49:55	01:42:45.95	01:42:45.95	+00:37:58 (37.0%)	8:33	7 (63.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
85	STOSZ Bartosz	5490		Open Masters Mężczyzn	9	12:00	00:56:35	01:42:49.35	01:42:49.35	+00:38:02 (37.0%)	8:34	7 (63.1%)
86	GROCHOCKI Piotr	6785		Open Mężczyzn	42	14:30	00:52:30	01:43:01.45	01:43:01.45	+00:38:14 (37.1%)	8:35	7 (63.1%)
87	KOWAL Jakub	5506	DRUG%TEAM	Open Mężczyzn	43	14:30	00:52:31	01:43:04.85	01:43:04.85	+00:38:17 (37.2%)	8:35	7 (63.1%)
88	PIOTROWSKI Bogdan	5577	STUDIO ENERGIA TEAM RYBNIK	Open Masters Mężczyzn	10	12:15	00:50:40	01:43:08.15	01:43:08.15	+00:38:21 (37.2%)	8:35	7 (63.1%)
89	NARWOJSZ Arkadiusz	5575	STUDIO ENERGIA TEAM RYBNIK	Open Masters Mężczyzn	11	12:15	00:50:35	01:43:09.05	01:43:09.05	+00:38:22 (37.2%)	8:35	7 (63.1%)
90	ŁUCZAK Ariel	5079	HUSARIA RACE TEAM	Elite Mężczyzn	30	11:30	00:47:32	01:43:09.55	01:43:09.55	+00:38:22 (37.2%)	8:35	7 (63.1%)
91	KRYSTOFIŃSKI Dawid	5983	POWER TRAINING	Open Mężczyzn	44	13:00	00:50:20	01:43:16.35	01:43:16.35	+00:38:29 (37.3%)	8:36	7 (63.1%)
92	CIEŚLAK Kinga	5729	WW TEAM LUBLIN	Open Kobiet	1	12:30	00:54:25	01:43:20.95	01:43:20.95	+00:38:33 (37.3%)	8:36	7 (63.1%)
93	OBOZA Dawid	6700	WISS RUNNING TEAM	Open Mężczyzn	45	14:15	00:48:11	01:43:21.30	01:43:21.30	+00:38:34 (37.3%)	8:36	7 (63.1%)
94	PODSIADŁY Rafał	5676	KACZANIAKI	Open Mężczyzn	46	12:30	00:50:16	01:43:22.10	01:43:22.10	+00:38:35 (37.3%)	8:36	7 (63.1%)
95	MUSIAŁ Krzysztof	5097	LOTAMS TEAM	Open Mężczyzn	47	11:30	00:44:04	01:43:31.00	01:43:31.00	+00:38:44 (37.4%)	8:37	7 (63.1%)
96	MOCHNAL Dawid	5320		Open Mężczyzn	48	11:45	00:49:01	01:43:35.75	01:43:35.75	+00:38:48 (37.5%)	8:37	7 (63.1%)
97	BORECKI Tomasz	5300		Open Mężczyzn	49	11:45	00:47:26	01:43:37.20	01:43:37.20	+00:38:50 (37.5%)	8:38	6.9 (62.2%)
98	KORULCZYK Marcin	5014	HUSARIA RACE TEAM	Elite Mężczyzn	31	11:20	00:42:14	01:43:38.95	01:43:38.95	+00:38:51 (37.5%)	8:38	6.9 (62.2%)
99	SZYDŁOWSKI Szymon	5770		Open Mężczyzn	50	12:30	00:47:43	01:43:51.95	01:43:51.95	+00:39:04 (37.6%)	8:39	6.9 (62.2%)
100	ŻARŁOK Kamil	5776		Open Mężczyzn	51	12:30	00:53:32	01:43:55.90	01:43:55.90	+00:39:08 (37.7%)	8:39	6.9 (62.2%)
101	PAŁUSKA Małgorzata	5662	CROSSTEAM ZGORZELEC	Open Kobiet	2	12:30	00:54:58	01:43:59.45	01:43:59.45	+00:39:12 (37.7%)	8:39	6.9 (62.2%)
102	SULŻYCKI Rafał	6492	ABY DO METY!	Open Mężczyzn	52	14:00	00:55:03	01:44:17.95	01:44:17.95	+00:39:30 (37.9%)	8:41	6.9 (62.2%)
103	WIERUCKI Jakub	5847	PANC01	Open Mężczyzn	53	12:45	00:49:25	01:44:21.95	01:44:21.95	+00:39:34 (37.9%)	8:41	6.9 (62.2%)
104	PACIOREK Piotr	5083	HUSARIA RACE TEAM	Elite Mężczyzn	32	11:30	00:50:28	01:44:26.75	01:44:26.75	+00:39:39 (38.0%)	8:42	6.9 (62.2%)
105	RÓG Sebastian	5228	HUSARIA RACE TEAM	Open Mężczyzn	54	11:45	00:50:47	01:44:31.80	01:44:31.80	+00:39:44 (38.0%)	8:42	6.9 (62.2%)
106	MALGIWSKI Włodzimierz	5476		Open Mężczyzn	55	12:00	00:47:34	01:44:35.90	01:44:35.90	+00:39:48 (38.1%)	8:42	6.9 (62.2%)
107	KAPUŚCIŃSKI Piotr	6787		Open Mężczyzn	56	14:30	00:52:27	01:44:43.25	01:44:43.25	+00:39:56 (38.1%)	8:43	6.9 (62.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
108	MATERNA Roman	6309		Open Masters Mężczyzn	12	13:30	00:50:55	01:44:43.60	01:44:43.60	+00:39:56 (38.1%)	8:43	6.9 (62.2%)
109	BUCK Dawid	6863		Open Mężczyzn	57	14:30	00:50:10	01:44:49.35	01:44:49.35	+00:40:02 (38.2%)	8:44	6.9 (62.2%)
110	KOWALSKI Adam	5469		Open Mężczyzn	58	12:00	00:50:49	01:45:35.45	01:45:35.45	+00:40:48 (38.6%)	8:47	6.8 (61.3%)
111	KUPCZYK Krzysztof	6454		Open Mężczyzn	59	13:45	00:50:37	01:45:37.65	01:45:37.65	+00:40:50 (38.7%)	8:48	6.8 (61.3%)
112	SZASTOK Rafał	6473		Open Mężczyzn	60	13:45	00:50:36	01:45:37.90	01:45:37.90	+00:40:50 (38.7%)	8:48	6.8 (61.3%)
113	BIEL Łukasz	6707		Open Mężczyzn	61	14:15	00:46:49	01:45:38.45	01:45:38.45	+00:40:51 (38.7%)	8:48	6.8 (61.3%)
114	JAREMCZUK Michał	6857		Open Mężczyzn	62	13:45	00:50:37	01:45:39.05	01:45:39.05	+00:40:52 (38.7%)	8:48	6.8 (61.3%)
115	PAKUZOVÁ Andrea	5869	UBRECENE PRINCEZNY	Open Masters Kobiet	1	12:45	00:52:35	01:45:41.75	01:45:41.75	+00:40:54 (38.7%)	8:48	6.8 (61.3%)
116	RYŁKO Kamil	6701	WISS RUNNING TEAM	Open Mężczyzn	63	14:15	00:51:18	01:45:50.70	01:45:50.70	+00:41:03 (38.8%)	8:49	6.8 (61.3%)
117	SZCZUREK Marcel	5951	GOVECS & FRIENDS	Open Mężczyzn	64	13:00	00:58:05	01:45:52.05	01:45:52.05	+00:41:05 (38.8%)	8:49	6.8 (61.3%)
118	PIERZCHAŁA Łukasz	5326		Open Mężczyzn	65	11:45	00:51:58	01:46:07.85	01:46:07.85	+00:41:20 (39.0%)	8:50	6.8 (61.3%)
119	ZIMOŃ Norbert	5042	WATAHA	Elite Mężczyzn	33	11:20	00:51:19	01:46:16.75	01:46:16.75	+00:41:29 (39.0%)	8:51	6.8 (61.3%)
120	KĘSEK Marcin	5744		Open Masters Mężczyzn	13	12:30	00:54:52	01:46:31.20	01:46:31.20	+00:41:44 (39.2%)	8:52	6.8 (61.3%)
121	MIKA Krzysztof	5694	REGNARSTEAM	Open Mężczyzn	66	12:30	00:50:40	01:46:34.20	01:46:34.20	+00:41:47 (39.2%)	8:52	6.8 (61.3%)
122	KOENIG Krzysztof	5403	HUSARIA RACE TEAM	Open Mężczyzn	67	12:00	00:53:48	01:46:35.15	01:46:35.15	+00:41:48 (39.2%)	8:52	6.8 (61.3%)
123	MIELCZAREK Jakub	5252	NIEDOZDARCIA	Open Masters Mężczyzn	14	11:45	00:51:06	01:46:50.50	01:46:50.50	+00:42:03 (39.4%)	8:54	6.7 (60.4%)
124	WOŁOWSKI Kacper	6199		Open Mężczyzn	68	13:15	00:49:39	01:46:58.60	01:46:58.60	+00:42:11 (39.4%)	8:54	6.7 (60.4%)
125	JATCZAK Patryk	5131		Open Mężczyzn	69	11:30	00:38:13	01:47:02.90	01:47:02.90	+00:42:15 (39.5%)	8:55	6.7 (60.4%)
126	MOGA Piotr	6312		Open Mężczyzn	70	13:30	00:53:40	01:47:15.70	01:47:15.70	+00:42:28 (39.6%)	8:56	6.7 (60.4%)
127	DĄBEK Mirosław	5455		Open Masters Mężczyzn	15	12:00	00:53:19	01:47:20.45	01:47:20.45	+00:42:33 (39.6%)	8:56	6.7 (60.4%)
128	KARCZEWSKI Grzegorz	5743		Open Mężczyzn	71	12:30	00:52:15	01:47:43.40	01:47:43.40	+00:42:56 (39.9%)	8:58	6.7 (60.4%)
129	GÓRA Dawid	6722		Open Mężczyzn	72	14:15	00:53:07	01:47:45.45	01:47:45.45	+00:42:58 (39.9%)	8:58	6.7 (60.4%)
130	PACURA Rafał	6753		Open Mężczyzn	73	14:15	00:53:03	01:47:46.15	01:47:46.15	+00:42:59 (39.9%)	8:58	6.7 (60.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
131	KOZAK Maciej	6735		Open Mężczyzn	74	14:15	00:52:14	01:48:21.85	01:48:21.85	+00:43:34 (40.2%)	9:01	6.6 (59.5%)
132	MAGDZIŃSKI Wojciech	6836		Open Mężczyzn	75	12:30	01:08:55	01:48:25.90	01:48:25.90	+00:43:38 (40.3%)	9:02	6.6 (59.5%)
133	WÓJCIK Mateusz	5914		Open Mężczyzn	76	12:45	00:44:15	01:48:27.85	01:48:27.85	+00:43:40 (40.3%)	9:02	6.6 (59.5%)
134	GANCZORZ Dawid	5277	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	77	11:45	00:52:55	01:48:31.25	01:48:31.25	+00:43:44 (40.3%)	9:02	6.6 (59.5%)
135	STEMPNIAK Paweł	6835	BIG RED ONE RUNNING TEAM	Open Masters Mężczyzn	16	12:00	00:49:15	01:48:34.05	01:48:34.05	+00:43:47 (40.3%)	9:02	6.6 (59.5%)
136	DĄBROWSKI Paweł	6284		Open Mężczyzn	78	12:15	00:48:25	01:48:34.25	01:48:34.25	+00:43:47 (40.3%)	9:02	6.6 (59.5%)
137	SZCZUCKI Hubert	6259	RASZKÓW I OKOLICZNE WIOSKI	Open Mężczyzn	79	13:30	00:50:44	01:48:37.15	01:48:37.15	+00:43:50 (40.4%)	9:03	6.6 (59.5%)
138	KSIĄŻAK Konrad	6608		Open Mężczyzn	80	14:00	00:48:52	01:48:43.20	01:48:43.20	+00:43:56 (40.4%)	9:03	6.6 (59.5%)
139	GRZEGORZYCA Damian	6598		Open Masters Mężczyzn	17	14:00	00:44:40	01:48:46.10	01:48:46.10	+00:43:59 (40.4%)	9:03	6.6 (59.5%)
140	HAJEWSKI Michał	5008	DZIADY OCR	Elite Masters Mężczyzn	6	11:20	00:54:06	01:48:46.45	01:48:46.45	+00:43:59 (40.4%)	9:03	6.6 (59.5%)
141	JANEČEK Miroslav	5886		Open Mężczyzn	81	12:45	00:50:14	01:48:53.55	01:48:53.55	+00:44:06 (40.5%)	9:04	6.6 (59.5%)
142	BYRTUS Józef	5072	HUSARIA RACE TEAM	Elite Mężczyzn	34	11:30	00:50:47	01:49:04.55	01:49:04.55	+00:44:17 (40.6%)	9:05	6.6 (59.5%)
143	NOWICKI Marcin	6351	ALKO NINJA	Open Mężczyzn	82	13:45	00:51:07	01:49:07.50	01:49:07.50	+00:44:20 (40.6%)	9:05	6.6 (59.5%)
144	GAŁĘZIEWSKI Marcin	6596		Open Mężczyzn	83	14:00	00:55:01	01:49:14.50	01:49:14.50	+00:44:27 (40.7%)	9:06	6.6 (59.5%)
145	GAŁĘZIEWSKI Mateusz	6597		Open Mężczyzn	84	14:00	00:55:02	01:49:15.40	01:49:15.40	+00:44:28 (40.7%)	9:06	6.6 (59.5%)
146	MICHROWSKI Sławomir	6612		Open Masters Mężczyzn	18	14:00	00:54:44	01:49:24.75	01:49:24.75	+00:44:37 (40.8%)	9:07	6.6 (59.5%)
147	TRZCIŃSKI Rafał	5913		Open Mężczyzn	85	12:45	00:54:29	01:49:25.20	01:49:25.20	+00:44:38 (40.8%)	9:07	6.6 (59.5%)
148	ZAKRZEWSKI Paweł	5917		Open Mężczyzn	86	12:45	00:54:34	01:49:25.85	01:49:25.85	+00:44:38 (40.8%)	9:07	6.6 (59.5%)
149	CHABIELSKI Marek	6588		Open Mężczyzn	87	14:00	00:56:44	01:49:26.60	01:49:26.60	+00:44:39 (40.8%)	9:07	6.6 (59.5%)
150	ŻOŁNIEREK Wojciech	5006	DIRTY SPARROWS	Elite Mężczyzn	35	11:20	00:50:35	01:49:40.25	01:49:40.25	+00:44:53 (40.9%)	9:08	6.6 (59.5%)
151	ZAJĄC Paweł	6064	BLACK GAME TEAM	Open Mężczyzn	88	13:15	00:53:18	01:49:45.55	01:49:45.55	+00:44:58 (41.0%)	9:08	6.6 (59.5%)
152	ZAGIERSKI Michał	5916		Open Mężczyzn	89	12:45	00:54:33	01:49:54.15	01:49:54.15	+00:45:07 (41.1%)	9:09	6.6 (59.5%)
153	PŁÓCIENNIK Maciej	6045		Open Mężczyzn	90	13:00	00:47:56	01:50:12.60	01:50:12.60	+00:45:25 (41.2%)	9:11	6.5 (58.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
154	KOWALSKI Kamil	6606		Open Mężczyzn	91	14:15	00:53:45	01:50:25.10	01:50:25.10	+00:45:38 (41.3%)	9:12	6.5 (58.6%)
155	PUDLISZEWSKI Mikołaj	5419	PIEROŻKI123	Open Mężczyzn	92	12:00	00:57:31	01:50:30.90	01:50:30.90	+00:45:43 (41.4%)	9:12	6.5 (58.6%)
156	DOMAGAŁA Mateusz	6507	BUNGEEKRAKOW	Open Mężczyzn	93	14:00	00:56:37	01:50:30.95	01:50:30.95	+00:45:43 (41.4%)	9:12	6.5 (58.6%)
157	JĘDRZYCHOWSKI Kamil	5415	PIEROŻKI123	Open Mężczyzn	94	12:00	00:57:32	01:50:31.65	01:50:31.65	+00:45:44 (41.4%)	9:12	6.5 (58.6%)
158	MITELA Daniel	5081	HUSARIA RACE TEAM	Elite Mężczyzn	36	11:30	00:53:30	01:50:41.95	01:50:41.95	+00:45:54 (41.5%)	9:13	6.5 (58.6%)
159	WRÓBEL Sebastian	6480		Open Mężczyzn	95	13:45	00:52:00	01:50:45.85	01:50:45.85	+00:45:58 (41.5%)	9:13	6.5 (58.6%)
160	WITKOWSKI Hubert	6198		Open Mężczyzn	96	13:15	00:47:49	01:50:47.15	01:50:47.15	+00:46:00 (41.5%)	9:13	6.5 (58.6%)
161	POLAŃSKI Piotr	5438	WATAHA	Open Masters Mężczyzn	19	12:00	00:56:11	01:50:48.40	01:50:48.40	+00:46:01 (41.5%)	9:14	6.5 (58.6%)
162	SKOŁUBOWICZ Wojciech	5333		Open Mężczyzn	97	11:45	00:51:25	01:50:53.05	01:50:53.05	+00:46:06 (41.6%)	9:14	6.5 (58.6%)
163	KACZOR Dawid	5416	PIEROŻKI123	Open Mężczyzn	98	12:00	00:57:33	01:50:53.90	01:50:53.90	+00:46:06 (41.6%)	9:14	6.5 (58.6%)
164	HUTNIK Tomasz	6725		Open Masters Mężczyzn	20	14:15	00:56:46	01:51:04.45	01:51:04.45	+00:46:17 (41.7%)	9:15	6.5 (58.6%)
165	PILARZ Tyberiusz	6756		Open Mężczyzn	99	14:15	00:56:45	01:51:05.10	01:51:05.10	+00:46:18 (41.7%)	9:15	6.5 (58.6%)
166	KNAPIK Zbigniew	6529	HARPAGAN BEAST	Open Mężczyzn	100	14:00	00:44:38	01:51:16.90	01:51:16.90	+00:46:29 (41.8%)	9:16	6.5 (58.6%)
167	OSTROUCH Sebastian	6777	PARANIENORMALNYCH	Open Masters Mężczyzn	21	13:15	00:54:02	01:51:33.05	01:51:33.05	+00:46:46 (41.9%)	9:17	6.5 (58.6%)
168	BRZOZOWSKI Konrad	5663	DIAMOND DOGS	Open Mężczyzn	101	12:30	00:51:05	01:51:40.15	01:51:40.15	+00:46:53 (42.0%)	9:18	6.4 (57.7%)
169	KYSILKA Wit	6742		Open Mężczyzn	102	14:15	00:56:29	01:51:43.25	01:51:43.25	+00:46:56 (42.0%)	9:18	6.4 (57.7%)
170	KONDRACIUK Łukasz	6448		Open Mężczyzn	103	13:45	00:52:03	01:51:54.50	01:51:54.50	+00:47:07 (42.1%)	9:19	6.4 (57.7%)
171	MARKIEWICZ Maksymilian	5021	HUSARIA RACE TEAM	Elite Mężczyzn	37	11:20	00:49:38	01:51:55.30	01:51:55.30	+00:47:08 (42.1%)	9:19	6.4 (57.7%)
172	NIŻNIK Borys	5957	HUSARIA RACE TEAM	Open Masters Mężczyzn	22	13:00	00:53:16	01:51:57.70	01:51:57.70	+00:47:10 (42.1%)	9:19	6.4 (57.7%)
173	TYCZYŃSKI Adrian	6578	SZTANGA I PRZYJACIELE	Open Mężczyzn	104	14:00	00:57:01	01:52:05.40	01:52:05.40	+00:47:18 (42.2%)	9:20	6.4 (57.7%)
174	KOLENDER Rafael	5314		Open Mężczyzn	105	11:45	00:51:47	01:52:06.95	01:52:06.95	+00:47:19 (42.2%)	9:20	6.4 (57.7%)
175	SUCHORSKI Arkadiusz	6577	SZTANGA I PRZYJACIELE	Open Mężczyzn	106	14:00	00:57:02	01:52:07.55	01:52:07.55	+00:47:20 (42.2%)	9:20	6.4 (57.7%)
176	BEJTKA Małgorzata	5532	LANIE WODY	Open Kobiet	3	12:15	00:57:48	01:52:13.50	01:52:13.50	+00:47:26 (42.3%)	9:21	6.4 (57.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
177	FEDNIK Bartosz	5364	GANG ŚWIEŻAKÓW WOŁCZYN	Open Mężczyzn	107	12:00	00:58:29	01:52:15.25	01:52:15.25	+00:47:28 (42.3%)	9:21	6.4 (57.7%)
178	KOWALEWSKI Kasper	5063	DIRTY SPARROWS	Open Mężczyzn	108	11:30	00:40:32	01:52:22.75	01:52:22.75	+00:47:35 (42.4%)	9:21	6.4 (57.7%)
179	HORÁK Martin	5723	UBRECENE PRINCEZNY	Open Masters Mężczyzn	23	12:30	00:59:02	01:52:23.15	01:52:23.15	+00:47:36 (42.4%)	9:21	6.4 (57.7%)
180	KOLACHA Patryk	6517	EDEN RUNNERS	Open Mężczyzn	109	14:00	00:52:55	01:52:23.60	01:52:23.60	+00:47:36 (42.4%)	9:21	6.4 (57.7%)
181	KĄDZIELSKI Mirosław	5210	DZIADY OCR	Open Masters Mężczyzn	24	11:45	00:55:10	01:52:30.55	01:52:30.55	+00:47:43 (42.4%)	9:22	6.4 (57.7%)
182	GORZKOWSKI Tomasz	5309		Open Mężczyzn	110	11:45	00:49:43	01:52:53.65	01:52:53.65	+00:48:06 (42.6%)	9:24	6.4 (57.7%)
183	PUDYSZ Jacek	5406	HUSARIA RACE TEAM	Open Mężczyzn	111	12:00	00:49:13	01:52:54.25	01:52:54.25	+00:48:07 (42.6%)	9:24	6.4 (57.7%)
184	KOWALIK Zbigniew	6031		Open Mężczyzn	112	13:00	00:51:55	01:52:57.75	01:52:57.75	+00:48:10 (42.7%)	9:24	6.4 (57.7%)
185	NEREK Paweł	5480		Open Mężczyzn	113	12:00	00:54:47	01:52:57.95	01:52:57.95	+00:48:10 (42.7%)	9:24	6.4 (57.7%)
186	DĘBSKI Robert	6433		Open Mężczyzn	114	13:45	00:51:42	01:53:12.95	01:53:12.95	+00:48:25 (42.8%)	9:26	6.4 (57.7%)
187	RZOŃCA Michał	5488		Open Mężczyzn	115	12:00	00:47:45	01:53:24.75	01:53:24.75	+00:48:37 (42.9%)	9:27	6.3 (56.8%)
188	DĄBROWSKI Igor	6711		Open Mężczyzn	116	14:15	00:54:31	01:53:26.70	01:53:26.70	+00:48:39 (42.9%)	9:27	6.3 (56.8%)
189	JĘDRZEJEK Krzysztof	5278	TRZEJ KRÓLOWIE	Open Masters Mężczyzn	25	11:45	00:59:47	01:53:27.90	01:53:27.90	+00:48:40 (42.9%)	9:27	6.3 (56.8%)
190	ŚWIDER Tomasz	6847		Open Mężczyzn	117	12:15	00:53:03	01:53:28.20	01:53:28.20	+00:48:41 (42.9%)	9:27	6.3 (56.8%)
191	LEBIODA Marcin	5032	SOCIOS SILESIA	Elite Mężczyzn	38	11:20	00:51:05	01:53:31.05	01:53:31.05	+00:48:44 (42.9%)	9:27	6.3 (56.8%)
192	WŁODARCZYK Bartosz	5634		Open Mężczyzn	118	12:15	00:51:34	01:53:46.95	01:53:46.95	+00:48:59 (43.1%)	9:28	6.3 (56.8%)
193	KOSMALA Tomasz	5203	ARMADOMERON	Open Mężczyzn	119	11:45	00:51:01	01:53:47.20	01:53:47.20	+00:49:00 (43.1%)	9:28	6.3 (56.8%)
194	RYDZYŃSKI Krzysztof	5510	DRUG%TEAM	Open Mężczyzn	120	12:15	00:59:13	01:53:52.30	01:53:52.30	+00:49:05 (43.1%)	9:29	6.3 (56.8%)
195	KOTECKA Julita	5468		Open Kobiet	4	12:00	00:54:45	01:54:07.85	01:54:07.85	+00:49:20 (43.2%)	9:30	6.3 (56.8%)
196	KAPEL Tomasz	5946	GOVECS & FRIENDS	Open Mężczyzn	121	13:00	00:56:59	01:54:20.70	01:54:20.70	+00:49:33 (43.3%)	9:31	6.3 (56.8%)
197	MOSKAL Przemysław	6458		Open Mężczyzn	122	13:45	00:56:33	01:54:24.25	01:54:24.25	+00:49:37 (43.4%)	9:32	6.3 (56.8%)
198	LEŚNIAK Łukasz	6819	RUN ATTACK	Open Mężczyzn	123	14:45		01:54:29.50	01:54:29.50	+00:49:42 (43.4%)	9:32	6.3 (56.8%)
199	ANDRUCHÓW Krzysiek	5411	NARCOS SQUAD	Open Mężczyzn	124	12:00	00:56:49	01:54:30.05	01:54:30.05	+00:49:43 (43.4%)	9:32	6.3 (56.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
200	JURKIEWICZ Wojtek	5232	IT EUCCO	Open Mężczyzn	125	11:45	01:01:34	01:54:38.55	01:54:38.55	+00:49:51 (43.5%)	9:33	6.3 (56.8%)
201	KRAUS Christian	5174		Open Mężczyzn	126	11:20	00:39:48	01:54:39.35	01:54:39.35	+00:49:52 (43.5%)	9:33	6.3 (56.8%)
202	CZARNOTA Mariusz	5231	IT EUCCO	Open Mężczyzn	127	11:45	01:01:37	01:54:39.85	01:54:39.85	+00:49:52 (43.5%)	9:33	6.3 (56.8%)
203	ANDRZEJEWSKI Drogosz	6818	RUN ATTACK	Open Mężczyzn	128	14:45	00:55:50	01:54:42.75	01:54:42.75	+00:49:55 (43.5%)	9:33	6.3 (56.8%)
204	WOJAS Jakub	5093	HUSARIA RACE TEAM	Elite Mężczyzn	39	11:30	00:52:39	01:54:51.15	01:54:51.15	+00:50:04 (43.6%)	9:34	6.3 (56.8%)
205	KUCHTA Sławek	5233	IT EUCCO	Open Mężczyzn	129	11:45	01:01:45	01:54:52.35	01:54:52.35	+00:50:05 (43.6%)	9:34	6.3 (56.8%)
206	KOPACZYŃSKI Michał	5315		Open Mężczyzn	130	11:45	00:51:17	01:55:01.05	01:55:01.05	+00:50:14 (43.7%)	9:35	6.3 (56.8%)
207	WÓJCIK Jarosław	6875	KABANY	Open Masters Mężczyzn	26	13:30	00:58:37	01:55:03.40	01:55:03.40	+00:50:16 (43.7%)	9:35	6.3 (56.8%)
208	GOŁĄBEK Ryszard	6233	KABANY	Open Masters Mężczyzn	27	13:30	00:58:38	01:55:06.55	01:55:06.55	+00:50:19 (43.7%)	9:35	6.3 (56.8%)
209	ŁASKAWIEC Krzysztof	6346	AKWA TEAM NYSA	Open Mężczyzn	131	13:45	01:02:12	01:55:07.05	01:55:07.05	+00:50:20 (43.7%)	9:35	6.3 (56.8%)
210	GADOMSKI Dawid	6437		Open Mężczyzn	132	13:45	00:52:09	01:55:10.15	01:55:10.15	+00:50:23 (43.7%)	9:35	6.3 (56.8%)
211	KRYWULT Mariusz	6253	PULL UP OR SHUT UP	Open Masters Mężczyzn	28	12:45	00:53:02	01:55:19.05	01:55:19.05	+00:50:32 (43.8%)	9:36	6.2 (55.9%)
212	MAKOWSKI Marcin	6457		Open Mężczyzn	133	13:45	00:57:02	01:55:37.45	01:55:37.45	+00:50:50 (44.0%)	9:38	6.2 (55.9%)
213	POPIOŁEK Magdalena	5975	NO LIMIT TEAM	Open Kobiet	5	12:15	00:56:49	01:55:38.80	01:55:38.80	+00:50:51 (44.0%)	9:38	6.2 (55.9%)
214	ŻUKOWSKA Anna	6350	AKWA TEAM NYSA	Open Masters Kobiet	2	13:45	01:02:04	01:55:53.15	01:55:53.15	+00:51:06 (44.1%)	9:39	6.2 (55.9%)
215	PRZYSTAŁ Arkadiusz	6347	AKWA TEAM NYSA	Open Masters Mężczyzn	29	13:45	01:02:17	01:55:53.75	01:55:53.75	+00:51:06 (44.1%)	9:39	6.2 (55.9%)
216	SZMYT Marcin	5769		Open Mężczyzn	134	12:30	00:53:11	01:55:57.45	01:55:57.45	+00:51:10 (44.1%)	9:39	6.2 (55.9%)
217	SZCZECH Szymon	6352	ALKO NINJA	Open Mężczyzn	135	13:45	00:57:14	01:55:59.85	01:55:59.85	+00:51:12 (44.2%)	9:39	6.2 (55.9%)
218	MOKSIK Jan	6367	FIT & MORE RYBNIK	Open Masters Mężczyzn	30	13:45	01:03:08	01:56:05.60	01:56:05.60	+00:51:18 (44.2%)	9:40	6.2 (55.9%)
219	MIELNIK Damian	6681	STARÓWKA	Open Mężczyzn	136	14:15	00:55:06	01:56:11.50	01:56:11.50	+00:51:24 (44.2%)	9:40	6.2 (55.9%)
220	OSIK Grzegorz	6241	MAZE IN THE MAZE	Open Mężczyzn	137	13:30	01:01:10	01:56:15.05	01:56:15.05	+00:51:28 (44.3%)	9:41	6.2 (55.9%)
221	KĘDZIOR Damian	5313		Open Mężczyzn	138	11:45	00:53:27	01:56:23.85	01:56:23.85	+00:51:36 (44.3%)	9:41	6.2 (55.9%)
222	BEŃKOWSKI Aleksander	6356	BLUE DOLPHIN TEAM	Open Mężczyzn	139	13:45	01:01:43	01:56:24.35	01:56:24.35	+00:51:37 (44.3%)	9:42	6.2 (55.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
223	GACH Damian	5646	CF KUŹNIA DAMIANA	Open Mężczyzn	140	12:30	00:46:13	01:56:33.25	01:56:33.25	+00:51:46 (44.4%)	9:42	6.2 (55.9%)
224	TRUMPAKAIS Bartosz	6333		Open Mężczyzn	141	13:30	00:54:49	01:56:40.75	01:56:40.75	+00:51:53 (44.5%)	9:43	6.2 (55.9%)
225	BEDNARCZYK Artur	6275		Open Mężczyzn	142	13:30	00:54:49	01:56:41.50	01:56:41.50	+00:51:54 (44.5%)	9:43	6.2 (55.9%)
226	FARRUGIA Ryan	5104	REFLEX OCR TEAM MALTA	Open Mężczyzn	143	11:30	00:41:56	01:56:42.45	01:56:42.45	+00:51:55 (44.5%)	9:43	6.2 (55.9%)
227	MOTYL Łukasz	6409	VINDEREN	Open Mężczyzn	144	13:45	01:01:31	01:56:42.90	01:56:42.90	+00:51:55 (44.5%)	9:43	6.2 (55.9%)
228	KRAWCZYK Jakub	5421	POWER TRAINING	Open Mężczyzn	145	12:00	00:56:35	01:56:49.85	01:56:49.85	+00:52:02 (44.5%)	9:44	6.2 (55.9%)
229	RYGOŁ Janusz	5659	CF KUŹNIA DAMIANA	Open Masters Mężczyzn	31	12:30	00:47:32	01:57:00.70	01:57:00.70	+00:52:13 (44.6%)	9:45	6.2 (55.9%)
230	DOBRSIAK Radosław	5362	GANG ŚWIEŻAKÓW WOŁCZYN	Open Mężczyzn	146	12:00	00:58:30	01:57:19.00	01:57:19.00	+00:52:32 (44.8%)	9:46	6.1 (55.0%)
231	DROP Łukasz	5113	WATAHA	Elite Mężczyzn	40	11:30	00:50:47	01:57:19.65	01:57:19.65	+00:52:32 (44.8%)	9:46	6.1 (55.0%)
232	HANEVYCH Dmytro	6724		Open Mężczyzn	147	14:15	00:58:59	01:57:21.30	01:57:21.30	+00:52:34 (44.8%)	9:46	6.1 (55.0%)
233	ROGUCKI Maciej	6242	MAZE IN THE MAZE	Open Mężczyzn	148	13:30	00:57:41	01:57:38.60	01:57:38.60	+00:52:51 (44.9%)	9:48	6.1 (55.0%)
234	PLĄŻALSKI Przemysław	6187		Open Mężczyzn	149	11:45	00:51:16	01:57:43.35	01:57:43.35	+00:52:56 (45.0%)	9:48	6.1 (55.0%)
235	MOTYL Mariusz	6410	VINDEREN	Open Mężczyzn	150	13:45	01:01:43	01:57:45.60	01:57:45.60	+00:52:58 (45.0%)	9:48	6.1 (55.0%)
236	MIKICIUK Natalia	6408	TO TYLKO MIŁOŚĆ	Open Kobiet	6	13:45	01:04:34	01:57:46.30	01:57:46.30	+00:52:59 (45.0%)	9:48	6.1 (55.0%)
237	KORZENIAK Wojciech	6407	TO TYLKO MIŁOŚĆ	Open Mężczyzn	151	13:45	01:04:34	01:57:46.40	01:57:46.40	+00:52:59 (45.0%)	9:48	6.1 (55.0%)
238	MARCZUK Dariusz	5292	WYBRAŃCY NETTLE	Open Masters Mężczyzn	32	11:45	01:00:20	01:57:49.80	01:57:49.80	+00:53:02 (45.0%)	9:49	6.1 (55.0%)
239	DRIZHERUK Vova	6716		Open Mężczyzn	152	14:15	00:59:17	01:57:51.45	01:57:51.45	+00:53:04 (45.0%)	9:49	6.1 (55.0%)
240	DENHAM Justin	5543	POWER TRAINING	Open Mężczyzn	153	12:15	00:56:19	01:57:52.05	01:57:52.05	+00:53:05 (45.0%)	9:49	6.1 (55.0%)
241	LASKOWSKI Tomasz	5102	PIĘKNI I BESTIE	Elite Mężczyzn	41	11:30	00:49:08	01:57:56.90	01:57:56.90	+00:53:09 (45.1%)	9:49	6.1 (55.0%)
242	MICHALSKI Kacper	5756		Open Mężczyzn	154	12:00	00:48:33	01:57:57.85	01:57:57.85	+00:53:10 (45.1%)	9:49	6.1 (55.0%)
243	KNAPPE Dawid	6603		Open Mężczyzn	155	14:00	00:58:22	01:57:58.50	01:57:58.50	+00:53:11 (45.1%)	9:49	6.1 (55.0%)
244	MECH Grzegorz	5412	NARCOS SQUAD	Open Mężczyzn	156	12:00	01:00:56	01:58:00.15	01:58:00.15	+00:53:13 (45.1%)	9:50	6.1 (55.0%)
245	MAZUREK Tomi	6747		Open Mężczyzn	157	14:15	00:55:10	01:58:05.20	01:58:05.20	+00:53:18 (45.1%)	9:50	6.1 (55.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
246	DAWID Bartek	6018		Open Mężczyzn	158	13:00	00:53:48	01:58:07.30	01:58:07.30	+00:53:20 (45.2%)	9:50	6.1 (55.0%)
247	KRASICKI Kacper	6032		Open Mężczyzn	159	13:00	00:50:19	01:58:08.50	01:58:08.50	+00:53:21 (45.2%)	9:50	6.1 (55.0%)
248	RYBKA Michał	5765		Open Mężczyzn	160	12:30	00:51:26	01:58:10.05	01:58:10.05	+00:53:23 (45.2%)	9:50	6.1 (55.0%)
249	MIKUŁA Agnieszka	5319		Open Kobiet	7	11:45	01:00:11	01:58:29.25	01:58:29.25	+00:53:42 (45.3%)	9:52	6.1 (55.0%)
250	MATUŠŮ Martin	5868	UBRECENE PRINCEZNY	Open Mężczyzn	161	12:45	00:53:08	01:58:42.10	01:58:42.10	+00:53:55 (45.4%)	9:53	6.1 (55.0%)
251	BOROCHOWSKI Łukasz	5732		Open Mężczyzn	162	12:30	00:58:15	01:58:44.75	01:58:44.75	+00:53:57 (45.4%)	9:53	6.1 (55.0%)
252	DZIERŻANOWSKI Mateusz	5096	LEGION DZIKÓW	Elite Mężczyzn	42	11:30	00:57:39	01:58:50.40	01:58:50.40	+00:54:03 (45.5%)	9:54	6.1 (55.0%)
253	WOJSŁAW Piotr	6236	KABANY	Open Mężczyzn	163	13:30	00:58:38	01:58:51.60	01:58:51.60	+00:54:04 (45.5%)	9:54	6.1 (55.0%)
254	KIERZYK Krzysztof	6861	KABANY	Open Mężczyzn	164	13:30	00:58:37	01:58:52.25	01:58:52.25	+00:54:05 (45.5%)	9:54	6.1 (55.0%)
255	SIWAK Kamil	6796		Open Mężczyzn	165	14:30	00:58:36	01:58:55.85	01:58:55.85	+00:54:08 (45.5%)	9:54	6.1 (55.0%)
256	WITEK Kamil	5091	HUSARIA RACE TEAM	Elite Mężczyzn	43	11:30	00:44:51	01:58:59.25	01:58:59.25	+00:54:12 (45.6%)	9:54	6.1 (55.0%)
257	BAŃKA Bartłomiej	5591		Open Mężczyzn	166	12:15	00:57:26	01:59:07.35	01:59:07.35	+00:54:20 (45.6%)	9:55	6 (54.1%)
258	WŁODARCZYK Krystian	5635		Open Mężczyzn	167	12:15	00:52:17	01:59:09.75	01:59:09.75	+00:54:22 (45.6%)	9:55	6 (54.1%)
259	CZERMAK Marek	6432		Open Mężczyzn	168	14:00	00:58:30	01:59:09.95	01:59:09.95	+00:54:22 (45.6%)	9:55	6 (54.1%)
260	MAJCHERCZYK Łukasz	5615		Open Masters Mężczyzn	33	12:15	00:52:17	01:59:10.35	01:59:10.35	+00:54:23 (45.6%)	9:55	6 (54.1%)
261	MISZKIEWICZ Aleksander	6748		Open Mężczyzn	169	14:15	00:56:44	01:59:30.65	01:59:30.65	+00:54:43 (45.8%)	9:57	6 (54.1%)
262	CYBIŃSKI Dawid	6634	CHUDE BYKI	Open Mężczyzn	170	14:15	00:52:50	01:59:33.50	01:59:33.50	+00:54:46 (45.8%)	9:57	6 (54.1%)
263	DZIEDZIC Krystian	6635	CHUDE BYKI	Open Mężczyzn	171	14:15	00:52:51	01:59:33.80	01:59:33.80	+00:54:46 (45.8%)	9:57	6 (54.1%)
264	BANDURKA Viktor	5062	CROSSANDACTIVE NYSA	Elite Masters Mężczyzn	7	11:30	00:47:07	01:59:35.10	01:59:35.10	+00:54:48 (45.8%)	9:57	6 (54.1%)
265	NOWAK Jakub	6124	SZTUKMISTRZE	Open Mężczyzn	172	13:15	00:53:05	01:59:38.35	01:59:38.35	+00:54:51 (45.9%)	9:58	6 (54.1%)
266	SEKUŁA Bartłomiej	6126	SZTUKMISTRZE	Open Mężczyzn	173	13:15	00:53:07	01:59:38.45	01:59:38.45	+00:54:51 (45.9%)	9:58	6 (54.1%)
267	PAZIK Marek	6637	CZARNE ŻUBRY	Open Mężczyzn	174	13:30	00:59:56	01:59:38.85	01:59:38.85	+00:54:51 (45.9%)	9:58	6 (54.1%)
268	ROMANOWSKI Łukasz	5085	HUSARIA RACE TEAM	Elite Mężczyzn	44	11:30	00:47:37	01:59:39.20	01:59:39.20	+00:54:52 (45.9%)	9:58	6 (54.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
269	WŁODARSKI Piotr	6337		Open Mężczyzn	175	13:30		01:59:40.00	01:59:40.00	+00:54:53 (45.9%)	9:58	6 (54.1%)
270	ZALEWSKI Artur	5142		Open Mężczyzn	176	11:30	00:49:02	01:59:40.55	01:59:40.55	+00:54:53 (45.9%)	9:58	6 (54.1%)
271	JASTRZĘBSKI Sławomir	5002	BRAVEHEARTS LEGIONOWO	Elite Masters Mężczyzn	8	11:20	00:53:52	01:59:44.60	01:59:44.60	+00:54:57 (45.9%)	9:58	6 (54.1%)
272	WISEŁKA Krzysztof	6801		Open Mężczyzn	177	14:30	00:58:35	01:59:45.50	01:59:45.50	+00:54:58 (45.9%)	9:58	6 (54.1%)
273	POLAK Paweł	5762		Open Mężczyzn	178	12:30	00:55:46	01:59:47.10	01:59:47.10	+00:55:00 (45.9%)	9:58	6 (54.1%)
274	MLYNARSKI Mateusz	5899		Open Mężczyzn	179	12:45	00:54:51	01:59:49.30	01:59:49.30	+00:55:02 (45.9%)	9:59	6 (54.1%)
275	NIKOLIN Andrzej	5901		Open Mężczyzn	180	12:45	00:54:52	01:59:49.55	01:59:49.55	+00:55:02 (45.9%)	9:59	6 (54.1%)
276	PECIO Oren	6614		Open Mężczyzn	181	12:30	00:56:30	01:59:49.90	01:59:49.90	+00:55:02 (45.9%)	9:59	6 (54.1%)
277	BULWAN Dawid	6123	SZTUKMISTRZE	Open Mężczyzn	182	13:15	00:53:04	01:59:52.45	01:59:52.45	+00:55:05 (46.0%)	9:59	6 (54.1%)
278	PALKA Jurand	5576	STUDIO ENERGIA TEAM RYBNIK	Open Masters Mężczyzn	34	12:15	01:03:09	02:00:00.75	02:00:00.75	+00:55:13 (46.0%)	10:00	6 (54.1%)
279	OSINSKI Łukasz	5986	RUN CARTEL	Open Mężczyzn	183	13:00	01:05:30	02:00:00.80	02:00:00.80	+00:55:13 (46.0%)	10:00	6 (54.1%)
280	MUSIOLIK Mateusz	5574	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	184	12:15	01:03:09	02:00:09.60	02:00:09.60	+00:55:22 (46.1%)	10:00	6 (54.1%)
281	KOMOROWSKI Łukasz	6661	OŁAWA	Open Mężczyzn	185	14:15	01:00:26	02:00:11.45	02:00:11.45	+00:55:24 (46.1%)	10:00	6 (54.1%)
282	OŻGA Mateusz	5903		Open Mężczyzn	186	12:45	00:53:21	02:00:14.35	02:00:14.35	+00:55:27 (46.1%)	10:01	6 (54.1%)
283	BURLIDIS Elefterios	5123		Open Mężczyzn	187	11:30	00:47:54	02:00:30.55	02:00:30.55	+00:55:43 (46.2%)	10:02	6 (54.1%)
284	IGNASZEWSKI Andrzej	6639	ELEMONT	Open Mężczyzn	188	14:00	00:57:45	02:00:31.55	02:00:31.55	+00:55:44 (46.2%)	10:02	6 (54.1%)
285	SOBIECKI Grzegorz	5579	STUDIO ENERGIA TEAM RYBNIK	Open Masters Mężczyzn	35	12:15	00:59:02	02:00:32.55	02:00:32.55	+00:55:45 (46.3%)	10:02	6 (54.1%)
286	WALENT Wojciech	5795	DZIKIE GZIKI	Open Mężczyzn	189	12:45	00:56:57	02:00:33.50	02:00:33.50	+00:55:46 (46.3%)	10:02	6 (54.1%)
287	MAZUR Michał	6180		Open Mężczyzn	190	13:15	00:56:43	02:00:34.50	02:00:34.50	+00:55:47 (46.3%)	10:02	6 (54.1%)
288	PIOTROWSKI Jacek	6186		Open Mężczyzn	191	13:15	00:56:42	02:00:35.20	02:00:35.20	+00:55:48 (46.3%)	10:02	6 (54.1%)
289	BAJZERT Filip	5447		Open Masters Mężczyzn	36	12:00	00:55:28	02:00:35.65	02:00:35.65	+00:55:48 (46.3%)	10:02	6 (54.1%)
290	URBANIAK Natalia	5296	WYBRAŃCY NETTLE	Open Kobiet	8	11:45	01:01:14	02:00:48.60	02:00:48.60	+00:56:01 (46.4%)	10:04	6 (54.1%)
291	FRKALA Jan	5722	UBRECENE PRINCEZNY	Open Mężczyzn	192	12:30	00:59:59	02:00:50.95	02:00:50.95	+00:56:03 (46.4%)	10:04	6 (54.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
292	GIBAŁA Arkadiusz	5271	REKINYBIZNESU	Open Mężczyzn	193	11:45	00:46:53	02:00:56.55	02:00:56.55	+00:56:09 (46.4%)	10:04	6 (54.1%)
293	GNIDA Krzysztof	5273	REKINYBIZNESU	Open Mężczyzn	194	11:45	00:46:54	02:00:57.70	02:00:57.70	+00:56:10 (46.4%)	10:04	6 (54.1%)
294	GNIDA Adrian	5272	REKINYBIZNESU	Open Mężczyzn	195	11:45	00:46:55	02:00:57.75	02:00:57.75	+00:56:10 (46.4%)	10:04	6 (54.1%)
295	BARAŃSKI Maciek	6274		Open Mężczyzn	196	13:30	00:49:19	02:00:58.05	02:00:58.05	+00:56:11 (46.4%)	10:04	6 (54.1%)
296	KREMER Piotr	6303		Open Mężczyzn	197	12:30	00:53:31	02:00:59.95	02:00:59.95	+00:56:12 (46.5%)	10:04	6 (54.1%)
297	KLAUZIŃSKI Marcin	5269	PREFABRYKATY	Open Mężczyzn	198	11:45	01:03:02	02:01:02.75	02:01:02.75	+00:56:15 (46.5%)	10:05	5.9 (53.2%)
298	KAROLCZAK Konrad	6602		Open Masters Mężczyzn	37	14:00	00:55:32	02:01:03.10	02:01:03.10	+00:56:16 (46.5%)	10:05	5.9 (53.2%)
299	JARCZYK Michał	6858	CF KUŹNIA DAMIANA	Open Mężczyzn	199	12:30	00:56:28	02:01:03.90	02:01:03.90	+00:56:16 (46.5%)	10:05	5.9 (53.2%)
300	GRUSZKA Michał	6287		Open Mężczyzn	200	12:30	00:53:31	02:01:10.20	02:01:10.20	+00:56:23 (46.5%)	10:05	5.9 (53.2%)
301	WAŃKOWICZ Adrian	5342		Open Mężczyzn	201	11:45	00:52:23	02:01:20.40	02:01:20.40	+00:56:33 (46.6%)	10:06	5.9 (53.2%)
302	MENDRELA Adrian	5616		Open Mężczyzn	202	12:15	00:54:58	02:01:22.30	02:01:22.30	+00:56:35 (46.6%)	10:06	5.9 (53.2%)
303	ORLAK Mariusz	5322		Open Masters Mężczyzn	38	11:45	01:01:12	02:01:24.70	02:01:24.70	+00:56:37 (46.6%)	10:07	5.9 (53.2%)
304	STASIEWICZ Grzegorz	6471		Open Mężczyzn	203	13:45	00:57:52	02:01:34.10	02:01:34.10	+00:56:47 (46.7%)	10:07	5.9 (53.2%)
305	KIRŻEJONEK Piotr	6447		Open Mężczyzn	204	13:45	01:00:37	02:01:34.20	02:01:34.20	+00:56:47 (46.7%)	10:07	5.9 (53.2%)
306	KLEINOWSKI Mateusz	6028		Open Mężczyzn	205	13:00	00:56:52	02:01:36.30	02:01:36.30	+00:56:49 (46.7%)	10:08	5.9 (53.2%)
307	PLAMIENIAK Maciej	5970	NIE DAMY PLAMY	Open Masters Mężczyzn	39	13:00	00:53:58	02:01:37.20	02:01:37.20	+00:56:50 (46.7%)	10:08	5.9 (53.2%)
308	MUSZYŃSKI-ŁANOWY Marcin	5969	NIE DAMY PLAMY	Open Masters Mężczyzn	40	13:00	00:53:56	02:01:37.50	02:01:37.50	+00:56:50 (46.7%)	10:08	5.9 (53.2%)
309	JARZYCKI Mateusz	5498	BANDA ŁYSEGO	Open Mężczyzn	206	12:15	00:59:44	02:01:37.90	02:01:37.90	+00:56:50 (46.7%)	10:08	5.9 (53.2%)
310	SMAGŁO Michał	6327		Open Mężczyzn	207	13:30	00:55:03	02:01:44.40	02:01:44.40	+00:56:57 (46.8%)	10:08	5.9 (53.2%)
311	RYBKA Zuzanna	5523	HUSARIA RACE TEAM	Open Kobiet	9	12:15	00:58:45	02:02:02.80	02:02:02.80	+00:57:15 (46.9%)	10:10	5.9 (53.2%)
312	MŁYNARCZYK Tatiana	5225	HUSARIA RACE TEAM	Open Kobiet	10	11:45	01:00:53	02:02:08.40	02:02:08.40	+00:57:21 (47.0%)	10:10	5.9 (53.2%)
313	JAHNS Adam	5043	WOLF TEAM	Elite Mężczyzn	45	11:20	00:58:27	02:02:08.85	02:02:08.85	+00:57:21 (47.0%)	10:10	5.9 (53.2%)
314	DĄBROWSKI Rafał	5110	STREFA GLADIATORÓW	Elite Mężczyzn	46	11:30	00:48:47	02:02:09.80	02:02:09.80	+00:57:22 (47.0%)	10:10	5.9 (53.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
315	SKLEPOWICZ Jacek	5505	CAPOEIRA WARSZAWA CPPA	Open Masters Mężczyzn	41	11:45	01:00:53	02:02:11.25	02:02:11.25	+00:57:24 (47.0%)	10:10	5.9 (53.2%)
316	MYŚKÓW Kamil	5758		Open Mężczyzn	208	12:30	00:58:15	02:02:16.05	02:02:16.05	+00:57:29 (47.0%)	10:11	5.9 (53.2%)
317	AUGUSTYNOWICZ Andrzej	6543	MANTICORE FITNESS - LEGNICA	Open Masters Mężczyzn	42	14:00	00:58:28	02:02:17.85	02:02:17.85	+00:57:30 (47.0%)	10:11	5.9 (53.2%)
318	ŁABIŃSKI Krzysztof	6874		Open Mężczyzn	209	14:00	00:57:48	02:02:18.00	02:02:18.00	+00:57:31 (47.0%)	10:11	5.9 (53.2%)
319	STRUZIK Wojciech	6472		Open Mężczyzn	210	13:45	01:05:34	02:02:19.45	02:02:19.45	+00:57:32 (47.0%)	10:11	5.9 (53.2%)
320	MACHURA Marcin	6402	SPEC INSTAL RUN	Open Mężczyzn	211	13:45	00:57:08	02:02:19.55	02:02:19.55	+00:57:32 (47.0%)	10:11	5.9 (53.2%)
321	LUBICKA Magdalena	5896		Open Kobiet	11	12:45	00:58:42	02:02:25.35	02:02:25.35	+00:57:38 (47.1%)	10:12	5.9 (53.2%)
322	LUBICKI Tomasz	5897		Open Mężczyzn	212	12:45	00:58:41	02:02:25.90	02:02:25.90	+00:57:38 (47.1%)	10:12	5.9 (53.2%)
323	GÓRECKI Krzysztof	5458		Open Mężczyzn	213	12:00	00:57:29	02:02:29.05	02:02:29.05	+00:57:42 (47.1%)	10:12	5.9 (53.2%)
324	KUL Paweł	5114	WATAHA	Elite Masters Mężczyzn	9	11:30	00:51:07	02:02:30.45	02:02:30.45	+00:57:43 (47.1%)	10:12	5.9 (53.2%)
325	MAŁEK Rafał	5039	WATAHA	Elite Mężczyzn	47	11:20	00:55:56	02:02:31.75	02:02:31.75	+00:57:44 (47.1%)	10:12	5.9 (53.2%)
326	DZIUBIŃSKI Paweł	5258	NUTREND TEAM	Open Mężczyzn	214	11:45	00:57:04	02:02:36.00	02:02:36.00	+00:57:49 (47.2%)	10:13	5.9 (53.2%)
327	PYSNO Arkadiusz	6762		Open Mężczyzn	215	14:15	00:59:05	02:02:36.75	02:02:36.75	+00:57:49 (47.2%)	10:13	5.9 (53.2%)
328	KINAL Łukasz	6150	VOESTALPINE	Open Mężczyzn	216	13:15	00:53:45	02:02:39.20	02:02:39.20	+00:57:52 (47.2%)	10:13	5.9 (53.2%)
329	WÓJCIK Piotr	6157	VOESTALPINE	Open Mężczyzn	217	13:15	00:53:49	02:02:39.45	02:02:39.45	+00:57:52 (47.2%)	10:13	5.9 (53.2%)
330	WOLSKI Adrian	5345		Open Mężczyzn	218	11:45	00:54:35	02:02:39.60	02:02:39.60	+00:57:52 (47.2%)	10:13	5.9 (53.2%)
330	SZWEDER Aleksander	5259	NUTREND TEAM	Open Mężczyzn	219	11:45	00:57:03	02:02:39.60	02:02:39.60	+00:57:52 (47.2%)	10:13	5.9 (53.2%)
332	KRAWCZYK Artur	6151	VOESTALPINE	Open Mężczyzn	220	13:15	00:53:50	02:02:39.70	02:02:39.70	+00:57:52 (47.2%)	10:13	5.9 (53.2%)
333	GRABOWY Krzysztof	5807	JAJA ZE STALI	Open Mężczyzn	221	12:45	00:54:24	02:02:47.35	02:02:47.35	+00:58:00 (47.2%)	10:13	5.9 (53.2%)
333	DUMA Bartłomiej	5806	JAJA ZE STALI	Open Mężczyzn	222	12:45	00:54:27	02:02:47.35	02:02:47.35	+00:58:00 (47.2%)	10:13	5.9 (53.2%)
335	LESZCZYŃSKI Karol	5808	JAJA ZE STALI	Open Masters Mężczyzn	43	12:45	00:54:28	02:02:47.50	02:02:47.50	+00:58:00 (47.2%)	10:13	5.9 (53.2%)
336	BLAIKKE Bartosz	5805	JAJA ZE STALI	Open Mężczyzn	223	12:45	00:54:25	02:02:47.95	02:02:47.95	+00:58:00 (47.2%)	10:13	5.9 (53.2%)
337	SZKARADZIŃSKI Piotr	6127	SZTUKMISTRZE	Open Mężczyzn	224	13:15	00:53:06	02:02:53.30	02:02:53.30	+00:58:06 (47.3%)	10:14	5.9 (53.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
338	PRZYBYCIEŃ Łukasz	6125	SZTUKMISTRZE	Open Mężczyzn	225	13:15	00:53:07	02:02:54.00	02:02:54.00	+00:58:07 (47.3%)	10:14	5.9 (53.2%)
339	LISOWSKI Damian	5925	BITE RYLE	Open Mężczyzn	226	13:00	01:00:01	02:03:01.85	02:03:01.85	+00:58:14 (47.3%)	10:15	5.9 (53.2%)
340	PIEŁA Szymon	5717	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	227	12:30	00:56:07	02:03:03.15	02:03:03.15	+00:58:16 (47.4%)	10:15	5.9 (53.2%)
341	DANEK Maciej	5923	BITE RYLE	Open Mężczyzn	228	13:00	01:00:02	02:03:03.30	02:03:03.30	+00:58:16 (47.4%)	10:15	5.9 (53.2%)
342	GŁOWACKI Maciej	5924	BITE RYLE	Open Mężczyzn	229	13:00	01:00:02	02:03:03.90	02:03:03.90	+00:58:16 (47.4%)	10:15	5.9 (53.2%)
343	HOWIS Jerzy	5965	KOMPANIA CIENI	Open Mężczyzn	230	13:00	00:58:01	02:03:05.85	02:03:05.85	+00:58:18 (47.4%)	10:15	5.8 (52.3%)
344	RAK Sebastian	5720	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	231	12:30	00:56:07	02:03:07.00	02:03:07.00	+00:58:20 (47.4%)	10:15	5.8 (52.3%)
345	SZYMAŃSKI Bartłomiej	5109	SPORTERA OCR	Elite Mężczyzn	48	11:30	00:54:40	02:03:07.70	02:03:07.70	+00:58:20 (47.4%)	10:15	5.8 (52.3%)
346	GREC Klaudia	5402	HUSARIA RACE TEAM	Open Kobiet	12	12:00	01:00:56	02:03:13.65	02:03:13.65	+00:58:26 (47.4%)	10:16	5.8 (52.3%)
347	CIEŚLARCZYK Przemysław	5884		Open Mężczyzn	232	12:45	00:58:37	02:03:18.75	02:03:18.75	+00:58:31 (47.5%)	10:16	5.8 (52.3%)
348	KARASEK Tomasz	5724	UBRECENE PRINCEZNY	Open Masters Mężczyzn	44	12:30	00:59:15	02:03:21.90	02:03:21.90	+00:58:34 (47.5%)	10:16	5.8 (52.3%)
349	ŁOBOCKI Andrzej	5267	POSITIVE FREAKS TEAM	Open Mężczyzn	233	11:45	00:55:24	02:03:23.55	02:03:23.55	+00:58:36 (47.5%)	10:16	5.8 (52.3%)
350	ROZMUS Marcin	5721	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	234	12:30	01:02:04	02:03:24.35	02:03:24.35	+00:58:37 (47.5%)	10:17	5.8 (52.3%)
351	ZNAJEWSKI Grzegorz	5348		Open Mężczyzn	235	11:45	00:57:06	02:03:29.65	02:03:29.65	+00:58:42 (47.5%)	10:17	5.8 (52.3%)
352	RUBINKOWSKI Krzysztof	6046		Open Mężczyzn	236	13:00	00:58:19	02:03:31.45	02:03:31.45	+00:58:44 (47.6%)	10:17	5.8 (52.3%)
353	NIEDZIELA Rafał	6794		Open Mężczyzn	237	14:30	00:57:49	02:03:35.90	02:03:35.90	+00:58:48 (47.6%)	10:17	5.8 (52.3%)
354	OZIEMSKI Arkadiusz	5483		Open Mężczyzn	238	12:00	00:57:29	02:03:37.65	02:03:37.65	+00:58:50 (47.6%)	10:18	5.8 (52.3%)
355	BARAN Grzegorz	6426		Open Masters Mężczyzn	45	12:00	00:59:28	02:03:40.50	02:03:40.50	+00:58:53 (47.6%)	10:18	5.8 (52.3%)
356	SZYPULSKI Mateusz	6128	SZTUKMISTRZE	Open Mężczyzn	239	13:15	00:53:03	02:03:40.70	02:03:40.70	+00:58:53 (47.6%)	10:18	5.8 (52.3%)
357	PYZALSKI Wojciech	6531	HARPAGAN BEAST	Open Mężczyzn	240	14:00	00:54:10	02:03:55.10	02:03:55.10	+00:59:08 (47.7%)	10:19	5.8 (52.3%)
358	BEZA Marcin	6842		Open Mężczyzn	241	11:45	01:00:14	02:03:55.85	02:03:55.85	+00:59:08 (47.7%)	10:19	5.8 (52.3%)
359	SZCZEPANIEC Lukasz	6390	MEDSERV TEAM	Open Mężczyzn	242	13:45	00:57:58	02:03:58.55	02:03:58.55	+00:59:11 (47.7%)	10:19	5.8 (52.3%)
360	DOBROWOLSKI Kamil	6434		Open Mężczyzn	243	13:45	01:01:04	02:04:14.00	02:04:14.00	+00:59:27 (47.9%)	10:21	5.8 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
361	BONK Andrzej	6014		Open Mężczyzn	244	13:00	00:51:21	02:04:19.65	02:04:19.65	+00:59:32 (47.9%)	10:21	5.8 (52.3%)
362	RAK Alicja	5248	LAWYERS & ABC TEAM	Open Kobiet	13	11:45	01:06:45	02:04:24.70	02:04:24.70	+00:59:37 (47.9%)	10:22	5.8 (52.3%)
362	MASNY-JARMUNDOWICZ Marta	5247	LAWYERS & ABC TEAM	Open Kobiet	14	11:45	01:06:45	02:04:24.70	02:04:24.70	+00:59:37 (47.9%)	10:22	5.8 (52.3%)
364	MOSKWA Łukasz	5715	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	245	12:30	00:56:08	02:04:26.00	02:04:26.00	+00:59:39 (47.9%)	10:22	5.8 (52.3%)
365	DOBKOWSKI Mateusz	6783		Open Mężczyzn	246	14:30	00:54:02	02:04:26.60	02:04:26.60	+00:59:39 (47.9%)	10:22	5.8 (52.3%)
366	CZERNIAK Wojciech	6782		Open Mężczyzn	247	14:30	00:54:02	02:04:26.95	02:04:26.95	+00:59:39 (47.9%)	10:22	5.8 (52.3%)
367	KOWALIK Karol	6297		Open Mężczyzn	248	13:30	01:03:59	02:04:33.80	02:04:33.80	+00:59:46 (48.0%)	10:22	5.8 (52.3%)
368	SIMON Adam	6469		Open Mężczyzn	249	13:45	01:03:07	02:04:36.15	02:04:36.15	+00:59:49 (48.0%)	10:23	5.8 (52.3%)
369	GIDELSKI Bartek	6784		Open Mężczyzn	250	14:45	01:03:37	02:04:36.85	02:04:36.85	+00:59:49 (48.0%)	10:23	5.8 (52.3%)
370	GALEJ Mateusz	6168		Open Mężczyzn	251	13:15	01:00:07	02:04:39.30	02:04:39.30	+00:59:52 (48.0%)	10:23	5.8 (52.3%)
371	MIERZYŃSKI Grzegorz	5204	ARTEMIS TEAM MIELEC	Open Mężczyzn	252	11:45	00:58:55	02:04:46.55	02:04:46.55	+00:59:59 (48.1%)	10:23	5.8 (52.3%)
372	ZIĘBACZEWSKI Robert	5777		Open Mężczyzn	253	12:30	01:04:31	02:04:52.75	02:04:52.75	+01:00:05 (48.1%)	10:24	5.8 (52.3%)
373	KOZAR Marcin	5746		Open Masters Mężczyzn	46	12:30	01:04:30	02:04:55.95	02:04:55.95	+01:00:08 (48.1%)	10:24	5.8 (52.3%)
374	RYBAŁTOWSKI Kamil	6191		Open Mężczyzn	254	13:15	01:00:07	02:05:01.05	02:05:01.05	+01:00:14 (48.2%)	10:25	5.8 (52.3%)
375	JAKUBOWICZ Patryk	6074	CROSSFIT LUBIN	Open Mężczyzn	255	13:15	00:52:30	02:05:03.95	02:05:03.95	+01:00:16 (48.2%)	10:25	5.8 (52.3%)
376	KUBIESA Jakub	5018	HUSARIA RACE TEAM	Elite Mężczyzn	49	11:20	00:48:07	02:05:10.65	02:05:10.65	+01:00:23 (48.2%)	10:25	5.8 (52.3%)
377	BALUTA Piotr	6013		Open Mężczyzn	256	13:00	00:58:02	02:05:12.55	02:05:12.55	+01:00:25 (48.3%)	10:26	5.8 (52.3%)
378	GRUSZCZYŃSKI Radek	6024		Open Mężczyzn	257	13:00	01:01:34	02:05:14.35	02:05:14.35	+01:00:27 (48.3%)	10:26	5.7 (51.4%)
379	PALAT Marek	6042		Open Mężczyzn	258	13:00	01:01:33	02:05:16.90	02:05:16.90	+01:00:29 (48.3%)	10:26	5.7 (51.4%)
380	NOWIŃSKI Marcin	5405	HUSARIA RACE TEAM	Open Mężczyzn	259	12:00	00:56:41	02:05:21.30	02:05:21.30	+01:00:34 (48.3%)	10:26	5.7 (51.4%)
381	SZTURO Marcin	6330		Open Mężczyzn	260	13:30	01:03:03	02:05:21.85	02:05:21.85	+01:00:34 (48.3%)	10:26	5.7 (51.4%)
382	PRZYBYSZ Paweł	6357	CARBON OCR RACING TEAM	Open Mężczyzn	261	13:45	01:01:52	02:05:31.65	02:05:31.65	+01:00:44 (48.4%)	10:27	5.7 (51.4%)
383	GĄGOL Marek	6508	CHEMICAL BROTHERS	Open Mężczyzn	262	14:00	00:58:59	02:05:33.60	02:05:33.60	+01:00:46 (48.4%)	10:27	5.7 (51.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
384	BRODA Dominik	5283	WILLY ŁONKA TEAM	Open Mężczyzn	263	11:45	01:05:55	02:05:35.20	02:05:35.20	+01:00:48 (48.4%)	10:27	5.7 (51.4%)
385	SZCZAP Bartosz	6474		Open Mężczyzn	264	13:00	01:03:55	02:05:36.05	02:05:36.05	+01:00:49 (48.4%)	10:28	5.7 (51.4%)
386	BRODA Marcin	5284	WILLY ŁONKA TEAM	Open Mężczyzn	265	11:45	01:06:00	02:05:36.55	02:05:36.55	+01:00:49 (48.4%)	10:28	5.7 (51.4%)
387	JURKIEWICZ Piotr	6026		Open Masters Mężczyzn	47	13:00	01:01:10	02:05:38.35	02:05:38.35	+01:00:51 (48.4%)	10:28	5.7 (51.4%)
388	NAPIWOCKI Filip	6039		Open Mężczyzn	266	13:00	00:59:43	02:05:39.75	02:05:39.75	+01:00:52 (48.4%)	10:28	5.7 (51.4%)
389	KURAL Łukasz	5285	WILLY ŁONKA TEAM	Open Mężczyzn	267	11:45	01:06:11	02:05:41.00	02:05:41.00	+01:00:54 (48.5%)	10:28	5.7 (51.4%)
390	KASPRZYCKI Wojciech	6296		Open Masters Mężczyzn	48	13:30	01:01:20	02:05:50.35	02:05:50.35	+01:01:03 (48.5%)	10:29	5.7 (51.4%)
391	HOŁYST Marcin	6289		Open Mężczyzn	268	13:30	01:01:25	02:05:51.55	02:05:51.55	+01:01:04 (48.5%)	10:29	5.7 (51.4%)
392	TĘCZA Krzysztof	5552	RATOWNICY ZG RUDNA	Open Mężczyzn	269	12:15	01:01:36	02:05:57.05	02:05:57.05	+01:01:10 (48.6%)	10:29	5.7 (51.4%)
393	KAMIŃSKA Marietta	5585	ZADYSZKA TEAM	Open Kobiet	15	12:15	01:01:36	02:05:57.30	02:05:57.30	+01:01:10 (48.6%)	10:29	5.7 (51.4%)
394	KOZŁOWSKI Dawid	6239	MAZE IN THE MAZE	Open Mężczyzn	270	13:30	00:57:40	02:05:59.10	02:05:59.10	+01:01:12 (48.6%)	10:29	5.7 (51.4%)
395	SZYMAŃSKI Adrian	6771		Open Mężczyzn	271	13:15	00:59:23	02:06:03.50	02:06:03.50	+01:01:16 (48.6%)	10:30	5.7 (51.4%)
396	JUDEK Łukasz	5742		Open Mężczyzn	272	12:30	00:51:34	02:06:04.65	02:06:04.65	+01:01:17 (48.6%)	10:30	5.7 (51.4%)
397	DĄBROWSKI Łukasz	6698	WISS RUNNING TEAM	Open Mężczyzn	273	14:15	01:06:03	02:06:06.85	02:06:06.85	+01:01:19 (48.6%)	10:30	5.7 (51.4%)
398	WOŹNIAK Wojciech	6702	WISS RUNNING TEAM	Open Masters Mężczyzn	49	14:15	01:06:05	02:06:07.70	02:06:07.70	+01:01:20 (48.6%)	10:30	5.7 (51.4%)
399	MLECZKO Tomasz	6699	WISS RUNNING TEAM	Open Masters Mężczyzn	50	14:15	01:05:21	02:06:08.20	02:06:08.20	+01:01:21 (48.6%)	10:30	5.7 (51.4%)
400	BOCZEK Rafał	6697	WISS RUNNING TEAM	Open Mężczyzn	274	14:15	01:05:24	02:06:08.80	02:06:08.80	+01:01:21 (48.6%)	10:30	5.7 (51.4%)
401	ZAWADZKI Łukasz	6640	ENTER AIR RUNNERS CLUB	Open Mężczyzn	275	14:15	00:53:44	02:06:09.80	02:06:09.80	+01:01:22 (48.7%)	10:30	5.7 (51.4%)
402	PATALAS Sławomir	6523	ELEMONT	Open Masters Mężczyzn	51	14:00	00:57:46	02:06:13.15	02:06:13.15	+01:01:26 (48.7%)	10:31	5.7 (51.4%)
403	ZAWADKA Tomasz	5398	GŁUSI-WROCŁAW	Open Mężczyzn	276	12:00	01:11:59	02:06:13.95	02:06:13.95	+01:01:26 (48.7%)	10:31	5.7 (51.4%)
404	KUCHARSKI Paweł	5389	GŁUSI-WROCŁAW	Open Mężczyzn	277	12:00	01:12:02	02:06:14.50	02:06:14.50	+01:01:27 (48.7%)	10:31	5.7 (51.4%)
405	WOJAS Michał	5812	KRAKOWSKIE CHLORY	Open Mężczyzn	278	12:45	00:51:23	02:06:21.80	02:06:21.80	+01:01:34 (48.7%)	10:31	5.7 (51.4%)
406	WILK Krystian	5811	KRAKOWSKIE CHLORY	Open Mężczyzn	279	12:45	00:51:23	02:06:22.45	02:06:22.45	+01:01:35 (48.7%)	10:31	5.7 (51.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
407	JARZĄB Jacek	5268	PREFABRYKATY	Open Mężczyzn	280	11:45	01:03:09	02:06:28.15	02:06:28.15	+01:01:41 (48.8%)	10:32	5.7 (51.4%)
408	WOJCIECH Krzysztof	6562	NIEPOZORNI	Open Mężczyzn	281	14:00	00:57:47	02:06:34.80	02:06:34.80	+01:01:47 (48.8%)	10:32	5.7 (51.4%)
409	ZOŁOŃSKI Łukasz	5035	SOCIOS SILESIA	Elite Masters Mężczyzn	10	11:20	00:47:10	02:06:35.40	02:06:35.40	+01:01:48 (48.8%)	10:32	5.7 (51.4%)
410	PACYGON Tomek	6519	EDEN RUNNERS	Open Mężczyzn	282	14:00	00:57:07	02:06:36.25	02:06:36.25	+01:01:49 (48.8%)	10:33	5.7 (51.4%)
411	KOZIEŁ Wojciech	6736		Open Mężczyzn	283	14:15	01:02:11	02:06:39.35	02:06:39.35	+01:01:52 (48.9%)	10:33	5.7 (51.4%)
412	LOTEK Ela	6873	KOCIERZ TEAM	Open Kobiet	16	14:15	01:02:21	02:06:40.30	02:06:40.30	+01:01:53 (48.9%)	10:33	5.7 (51.4%)
413	PAPUGA Kamil	6754		Open Mężczyzn	284	14:15	01:02:11	02:06:40.70	02:06:40.70	+01:01:53 (48.9%)	10:33	5.7 (51.4%)
414	ŁUCZAK Paweł	5224	HUSARIA RACE TEAM	Open Mężczyzn	285	11:45	01:00:18	02:06:44.55	02:06:44.55	+01:01:57 (48.9%)	10:33	5.7 (51.4%)
415	SZLAGOWSKA-KAPITANOWICZ Monika	6799		Open Masters Kobiet	3	14:15		02:06:49.00	02:06:49.00	+01:02:02 (48.9%)	10:34	5.7 (51.4%)
416	PACYGON Łukasz	6518	EDEN RUNNERS	Open Mężczyzn	286	14:00	00:57:10	02:06:50.15	02:06:50.15	+01:02:03 (48.9%)	10:34	5.7 (51.4%)
417	WĘGLARZ Waldemar	5055		Open Masters Mężczyzn	52	11:20	00:45:50	02:06:58.60	02:06:58.60	+01:02:11 (49.0%)	10:34	5.7 (51.4%)
418	KRUTOF Rafał	6655	KS OTMĘT KRAPKOWICE RUNMAGEDDON TEAM	Open Mężczyzn	287	14:15	01:01:01	02:06:59.30	02:06:59.30	+01:02:12 (49.0%)	10:34	5.7 (51.4%)
418	MEDWID Daniel	6885	KS OTMĘT KRAPKOWICE RUNMAGEDDON TEAM	Open Masters Mężczyzn	53	14:15	01:01:03	02:06:59.30	02:06:59.30	+01:02:12 (49.0%)	10:34	5.7 (51.4%)
420	KOWALSKI Rafał	6509	CHEMICAL BROTHERS	Open Mężczyzn	288	14:00	00:58:59	02:07:00.50	02:07:00.50	+01:02:13 (49.0%)	10:35	5.7 (51.4%)
421	GOLCZYK Eryk	6516	EDEN RUNNERS	Open Mężczyzn	289	14:00	00:57:07	02:07:01.65	02:07:01.65	+01:02:14 (49.0%)	10:35	5.7 (51.4%)
422	RYWACKI Karol	6864		Open Mężczyzn	290	14:00	00:59:01	02:07:03.65	02:07:03.65	+01:02:16 (49.0%)	10:35	5.7 (51.4%)
423	FEDIUK Fabian	5383	GŁUSI-WROCŁAW	Open Mężczyzn	291	12:00	01:12:20	02:07:09.05	02:07:09.05	+01:02:22 (49.1%)	10:35	5.7 (51.4%)
424	PIETROWSKI Miłosz	6617		Open Mężczyzn	292	14:00	01:01:37	02:07:09.60	02:07:09.60	+01:02:22 (49.1%)	10:35	5.7 (51.4%)
425	DWORCZAK Maciej	5108	RUNAWAY TEAM	Open Mężczyzn	293	11:30	00:47:28	02:07:09.75	02:07:09.75	+01:02:22 (49.1%)	10:35	5.7 (51.4%)
426	PIŁAT Piotr	5760		Open Mężczyzn	294	12:30	00:53:22	02:07:11.70	02:07:11.70	+01:02:24 (49.1%)	10:35	5.7 (51.4%)
427	NOWACZYK Patryk	6613		Open Mężczyzn	295	14:00	00:54:54	02:07:12.20	02:07:12.20	+01:02:25 (49.1%)	10:36	5.7 (51.4%)
428	SITARSKI Marcin	6325		Open Mężczyzn	296	13:30	00:51:58	02:07:12.70	02:07:12.70	+01:02:25 (49.1%)	10:36	5.7 (51.4%)
429	JURGIEWICZ Konrad	6388	MEDSERV TEAM	Open Mężczyzn	297	13:45	00:56:14	02:07:14.30	02:07:14.30	+01:02:27 (49.1%)	10:36	5.7 (51.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
430	BANDZAREWICZ Michal	5297		Open Mężczyzn	298	11:45	00:52:22	02:07:14.65	02:07:14.65	+01:02:27 (49.1%)	10:36	5.7 (51.4%)
431	HAJDUK Arian	5385	GŁUSI-WROCŁAW	Open Masters Mężczyzn	54	12:00	01:12:00	02:07:15.10	02:07:15.10	+01:02:28 (49.1%)	10:36	5.7 (51.4%)
432	STAROSZYŃSKI Dawid	5489		Open Mężczyzn	299	12:00	00:55:34	02:07:17.15	02:07:17.15	+01:02:30 (49.1%)	10:36	5.7 (51.4%)
433	BAŃKA Jakub	5592		Open Mężczyzn	300	12:15	00:57:29	02:07:18.85	02:07:18.85	+01:02:31 (49.1%)	10:36	5.7 (51.4%)
434	BURY Mateusz	6522	ELEMENT	Open Mężczyzn	301	14:00	00:57:46	02:07:25.05	02:07:25.05	+01:02:38 (49.2%)	10:37	5.7 (51.4%)
435	MAJCHRZYK Szymon	5654	CF KUŹNIA DAMIANA	Open Mężczyzn	302	12:30	00:51:30	02:07:27.30	02:07:27.30	+01:02:40 (49.2%)	10:37	5.6 (50.5%)
436	GARBACIK Przemysław	6720		Open Mężczyzn	303	14:15	01:05:06	02:07:28.85	02:07:28.85	+01:02:41 (49.2%)	10:37	5.6 (50.5%)
437	PLUSKOTA Józef	6822		Open Mężczyzn	304	14:45	01:03:38	02:07:29.25	02:07:29.25	+01:02:42 (49.2%)	10:37	5.6 (50.5%)
438	JURCZYK Kamil	5463		Open Mężczyzn	305	12:00	01:00:09	02:07:32.65	02:07:32.65	+01:02:45 (49.2%)	10:37	5.6 (50.5%)
439	SKRĘTY Patryk	6520	EDEN RUNNERS	Open Mężczyzn	306	14:00	00:57:11	02:07:44.10	02:07:44.10	+01:02:57 (49.3%)	10:38	5.6 (50.5%)
440	FORNAL Jakub	6594		Open Mężczyzn	307	14:00	01:01:22	02:07:46.55	02:07:46.55	+01:02:59 (49.3%)	10:38	5.6 (50.5%)
441	FLOREK Katarzyna	5430	TURBOTEAM	Open Kobiet	17	12:00	01:04:32	02:07:48.65	02:07:48.65	+01:03:01 (49.3%)	10:39	5.6 (50.5%)
441	DREKO Anna	5428	TURBOTEAM	Open Kobiet	18	12:00	01:04:34	02:07:48.65	02:07:48.65	+01:03:01 (49.3%)	10:39	5.6 (50.5%)
443	DREKO Krzysztof	5429	TURBOTEAM	Open Masters Mężczyzn	55	12:00	01:04:28	02:07:49.50	02:07:49.50	+01:03:02 (49.3%)	10:39	5.6 (50.5%)
444	KOŁBUC Rafał	5437	WATAHA	Open Mężczyzn	308	12:00	01:01:41	02:07:51.30	02:07:51.30	+01:03:04 (49.3%)	10:39	5.6 (50.5%)
445	MRÓZ Zbigniew	5478		Open Mężczyzn	309	12:00	01:01:40	02:07:52.25	02:07:52.25	+01:03:05 (49.3%)	10:39	5.6 (50.5%)
446	BINIEK Piotr	6493	AKADEMIA ZDROWEGO CIAŁA	Open Mężczyzn	310	14:00	01:03:10	02:07:58.55	02:07:58.55	+01:03:11 (49.4%)	10:39	5.6 (50.5%)
447	ŁOTOCKI Łukasz	6495	AKADEMIA ZDROWEGO CIAŁA	Open Mężczyzn	311	14:00	01:03:04	02:07:59.00	02:07:59.00	+01:03:12 (49.4%)	10:39	5.6 (50.5%)
448	DUDEK Marek	6167		Open Mężczyzn	312	13:15	00:54:24	02:08:00.00	02:08:00.00	+01:03:13 (49.4%)	10:40	5.6 (50.5%)
449	MAZURKIEWICZ Mateusz	6496	AKADEMIA ZDROWEGO CIAŁA	Open Mężczyzn	313	14:00	01:03:03	02:08:17.90	02:08:17.90	+01:03:30 (49.5%)	10:41	5.6 (50.5%)
450	POLIT Bartłomiej	5101	NINJA TEAM	Elite Mężczyzn	50	11:20	00:56:03	02:08:18.80	02:08:18.80	+01:03:31 (49.5%)	10:41	5.6 (50.5%)
451	PANKIEWICZ Fabian	6366	EKIPA HAIER	Open Mężczyzn	314	13:45	01:07:01	02:08:21.05	02:08:21.05	+01:03:34 (49.5%)	10:41	5.6 (50.5%)
452	ANIOŁA Przemek	6704		Open Masters Mężczyzn	56	13:30	00:58:15	02:08:52.85	02:08:52.85	+01:04:05 (49.7%)	10:44	5.6 (50.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
453	KOMISAREK Krzysztof	5251	NIEDOZDARCIA	Open Mężczyzn	315	11:45	01:05:16	02:08:58.10	02:08:58.10	+01:04:11 (49.8%)	10:44	5.6 (50.5%)
454	GRYCZ Piotr	6288		Open Mężczyzn	316	13:30	01:07:42	02:08:59.00	02:08:59.00	+01:04:12 (49.8%)	10:44	5.6 (50.5%)
455	KUCHARCZYK Michał	6452		Open Mężczyzn	317	13:45	01:03:22	02:09:02.50	02:09:02.50	+01:04:15 (49.8%)	10:45	5.6 (50.5%)
456	GRYNBERG Urszula	6485	#SZPORTOWE ŚWIRY	Open Kobiet	19	14:00	01:05:48	02:09:04.15	02:09:04.15	+01:04:17 (49.8%)	10:45	5.6 (50.5%)
457	WIECZOREK Krzysztof	5633		Open Masters Mężczyzn	57	12:15	00:59:50	02:09:08.65	02:09:08.65	+01:04:21 (49.8%)	10:45	5.6 (50.5%)
458	SZOPA Andrzej	5539	PEZET TEAM	Open Mężczyzn	318	12:15	00:59:50	02:09:10.40	02:09:10.40	+01:04:23 (49.8%)	10:45	5.6 (50.5%)
459	SZCZEPAŃSKI Robert	5535	LANIE WODY	Open Masters Mężczyzn	58	12:15	01:04:23	02:09:15.25	02:09:15.25	+01:04:28 (49.9%)	10:46	5.6 (50.5%)
460	SUSZEK Mateusz	6499	AKADEMIA ZDROWEGO CIAŁA	Open Mężczyzn	319	14:00	01:03:03	02:09:27.10	02:09:27.10	+01:04:40 (50.0%)	10:47	5.6 (50.5%)
461	TROJAN Roman	5492		Open Masters Mężczyzn	59	12:00	01:02:00	02:09:28.15	02:09:28.15	+01:04:41 (50.0%)	10:47	5.6 (50.5%)
462	SIEWRUK Maksymilian	6642	GENIALNI WOJOWNICY	Open Mężczyzn	320	14:30	01:01:08	02:09:32.05	02:09:32.05	+01:04:45 (50.0%)	10:47	5.6 (50.5%)
463	LADDACH Piotr	6178		Open Mężczyzn	321	13:15	00:56:37	02:09:40.75	02:09:40.75	+01:04:53 (50.0%)	10:48	5.6 (50.5%)
464	KULIGOWSKA Małgorzata	6304		Open Masters Kobiet	4	13:30	01:01:09	02:09:44.40	02:09:44.40	+01:04:57 (50.1%)	10:48	5.5 (49.5%)
465	PAŁASZEWSKA Karolina	5323		Open Kobiet	20	11:45	01:07:34	02:09:55.00	02:09:55.00	+01:05:08 (50.1%)	10:49	5.5 (49.5%)
466	PONITKA Paweł	5623		Open Mężczyzn	322	11:45	01:06:50	02:09:55.65	02:09:55.65	+01:05:08 (50.1%)	10:49	5.5 (49.5%)
467	SCHMIDT Paweł	5211	DZIADY OCR	Open Masters Mężczyzn	60	11:45	00:57:54	02:09:56.70	02:09:56.70	+01:05:09 (50.1%)	10:49	5.5 (49.5%)
468	PAWLACZEK Anna	5281	WATAHA	Open Masters Kobiet	5	11:45	01:06:57	02:09:58.95	02:09:58.95	+01:05:11 (50.2%)	10:49	5.5 (49.5%)
469	BOSEK Mirosław	6545	MANTICORE FITNESS - LEGNICA	Open Masters Mężczyzn	61	14:45	01:03:41	02:10:01.80	02:10:01.80	+01:05:14 (50.2%)	10:50	5.5 (49.5%)
470	PERZYŃSKI Wojciech	6615		Open Masters Mężczyzn	62	14:00	01:13:48	02:10:02.15	02:10:02.15	+01:05:15 (50.2%)	10:50	5.5 (49.5%)
471	KRZYŻANOWSKI Julian	6450		Open Mężczyzn	323	12:15	01:03:57	02:10:02.45	02:10:02.45	+01:05:15 (50.2%)	10:50	5.5 (49.5%)
472	FIDOT Adam	6286		Open Mężczyzn	324	13:30	00:58:12	02:10:02.55	02:10:02.55	+01:05:15 (50.2%)	10:50	5.5 (49.5%)
473	FATYGA Łukasz	6226	ITACY BIEGACZE	Open Mężczyzn	325	13:30	00:58:10	02:10:03.00	02:10:03.00	+01:05:16 (50.2%)	10:50	5.5 (49.5%)
474	FEDEROWICZ Grzegorz	5583	WATAHA	Open Masters Mężczyzn	63	11:45	01:06:42	02:10:03.50	02:10:03.50	+01:05:16 (50.2%)	10:50	5.5 (49.5%)
475	KUKUŚ Rafał	5280	WATAHA	Open Masters Mężczyzn	64	11:45	01:06:49	02:10:05.05	02:10:05.05	+01:05:18 (50.2%)	10:50	5.5 (49.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
476	SOBCZYK Adam	6420	XXXX	Open Mężczyzn	326	13:45	01:06:30	02:10:20.55	02:10:20.55	+01:05:33 (50.3%)	10:51	5.5 (49.5%)
477	SOBCZYK Anna	6421	XXXX	Open Kobiet	21	13:45	01:06:29	02:10:20.70	02:10:20.70	+01:05:33 (50.3%)	10:51	5.5 (49.5%)
478	MICHAŚ Michał	6636	CZARNE ŻUBRY	Open Mężczyzn	327	14:15	01:04:58	02:10:20.90	02:10:20.90	+01:05:33 (50.3%)	10:51	5.5 (49.5%)
479	PONIECKI Jakub	6464		Open Mężczyzn	328	13:45	01:06:24	02:10:21.55	02:10:21.55	+01:05:34 (50.3%)	10:51	5.5 (49.5%)
480	SZMURŁO Piotr	6422	XXXX	Open Mężczyzn	329	13:45	01:06:28	02:10:22.15	02:10:22.15	+01:05:35 (50.3%)	10:51	5.5 (49.5%)
481	JUREK Tomasz	6419	XXXX	Open Masters Mężczyzn	65	13:45	01:06:29	02:10:23.05	02:10:23.05	+01:05:36 (50.3%)	10:51	5.5 (49.5%)
482	APRIASZ Jarosław	6705		Open Mężczyzn	330	14:15	00:57:54	02:10:27.70	02:10:27.70	+01:05:40 (50.3%)	10:52	5.5 (49.5%)
483	PAZIK Marek	6882	CZARNE ŻUBRY	Open Mężczyzn	331	14:15	01:04:58	02:10:29.30	02:10:29.30	+01:05:42 (50.4%)	10:52	5.5 (49.5%)
484	HAJŁASZ Paweł	6100	I <3 THIS GAME!	Open Mężczyzn	332	13:15	00:59:12	02:10:35.85	02:10:35.85	+01:05:48 (50.4%)	10:52	5.5 (49.5%)
485	HOMAN Grzegorz	6786		Open Mężczyzn	333	13:30	01:02:45	02:10:42.35	02:10:42.35	+01:05:55 (50.4%)	10:53	5.5 (49.5%)
486	JULIKOWSKI Karol	6103	OFF-ROAD RUNNERS BENEFIT SYSTEMS	Open Mężczyzn	334	11:45	01:12:49	02:10:42.90	02:10:42.90	+01:05:55 (50.4%)	10:53	5.5 (49.5%)
487	TRAWIŃSKI Jakub	5784	BOGOWIE DZIELNICY	Open Mężczyzn	335	12:45	01:01:30	02:10:47.65	02:10:47.65	+01:06:00 (50.5%)	10:53	5.5 (49.5%)
488	BOROWSKI Michał	5121		Open Mężczyzn	336	11:30	00:41:38	02:10:47.70	02:10:47.70	+01:06:00 (50.5%)	10:53	5.5 (49.5%)
489	MARCÓWKA Paweł	5020	HUSARIA RACE TEAM	Open Mężczyzn	337	11:20	00:55:18	02:10:48.30	02:10:48.30	+01:06:01 (50.5%)	10:54	5.5 (49.5%)
490	ZARZYCKI Tobiasz	5445	ZARAZ BĘDZIE CIEMNO!	Open Mężczyzn	338	12:15	01:06:55	02:10:49.75	02:10:49.75	+01:06:02 (50.5%)	10:54	5.5 (49.5%)
491	WAŚNIEWSKI Artur	6623		Open Mężczyzn	339	14:00	00:54:55	02:10:58.50	02:10:58.50	+01:06:11 (50.5%)	10:54	5.5 (49.5%)
492	DOMBKOWSKI Dawid	6228	JA I ONA	Open Mężczyzn	340	13:30	01:00:27	02:11:08.20	02:11:08.20	+01:06:21 (50.6%)	10:55	5.5 (49.5%)
493	DOMBKOWSKA Gabriela	6227	JA I ONA	Open Kobiet	22	13:30	01:00:28	02:11:08.30	02:11:08.30	+01:06:21 (50.6%)	10:55	5.5 (49.5%)
494	NOWAK Patryk	6752		Open Mężczyzn	341	14:15	00:58:58	02:11:15.50	02:11:15.50	+01:06:28 (50.6%)	10:56	5.5 (49.5%)
495	BIELECKI Karol	5013	HUSARIA RACE TEAM	Elite Mężczyzn	51	11:20	00:51:00	02:11:16.55	02:11:16.55	+01:06:29 (50.7%)	10:56	5.5 (49.5%)
496	PAWLIKOWSKI Kacper	6486	#SZPORTOWE ŚWIRY	Open Mężczyzn	342	14:00	01:05:52	02:11:16.95	02:11:16.95	+01:06:29 (50.7%)	10:56	5.5 (49.5%)
497	DOBROŃSKI Janusz	6673	SMP TEAM	Open Mężczyzn	343	14:15	01:05:00	02:11:26.90	02:11:26.90	+01:06:39 (50.7%)	10:57	5.5 (49.5%)
498	NIEZBECKI Łukasz	6676	SMP TEAM	Open Mężczyzn	344	14:15	01:05:24	02:11:27.00	02:11:27.00	+01:06:40 (50.7%)	10:57	5.5 (49.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
499	BANCEREK Agata	6672	SMP TEAM	Open Kobiet	23	14:15	01:05:00	02:11:27.15	02:11:27.15	+01:06:40 (50.7%)	10:57	5.5 (49.5%)
500	JAMIOŁKOWSKI Marcin	6674	SMP TEAM	Open Mężczyzn	345	14:15	01:04:57	02:11:27.40	02:11:27.40	+01:06:40 (50.7%)	10:57	5.5 (49.5%)
501	LASZCZKOWSKI Tomasz	6675	SMP TEAM	Open Mężczyzn	346	14:15	01:04:58	02:11:27.45	02:11:27.45	+01:06:40 (50.7%)	10:57	5.5 (49.5%)
502	BAK Przemysław	6425		Open Mężczyzn	347	13:45	01:07:08	02:11:31.10	02:11:31.10	+01:06:44 (50.7%)	10:57	5.5 (49.5%)
503	MARCZAK Przemysław	5898		Open Mężczyzn	348	12:45	01:07:41	02:11:32.95	02:11:32.95	+01:06:45 (50.8%)	10:57	5.5 (49.5%)
504	KRZYWICKI Stefan Kamil	5132		Open Masters Mężczyzn	66	11:30	00:43:31	02:11:41.25	02:11:41.25	+01:06:54 (50.8%)	10:58	5.5 (49.5%)
505	MACHURA Ania	6530	HARPAGAN BEAST	Open Kobiet	24	14:00	01:06:39	02:11:41.75	02:11:41.75	+01:06:54 (50.8%)	10:58	5.5 (49.5%)
506	WIŚNIEWSKI Tomasz	6852		Open Mężczyzn	349	13:15	00:56:59	02:11:45.05	02:11:45.05	+01:06:58 (50.8%)	10:58	5.5 (49.5%)
507	WÓJCICKI Mariusz	5344		Open Mężczyzn	350	11:45	01:05:24	02:11:47.85	02:11:47.85	+01:07:00 (50.8%)	10:58	5.5 (49.5%)
508	MUSZYŃSKI Grzegorz	6082	DANFOSS	Open Mężczyzn	351	13:15	01:05:27	02:11:55.65	02:11:55.65	+01:07:08 (50.9%)	10:59	5.5 (49.5%)
509	SZYMAŃSKI Damian	6083	DANFOSS	Open Mężczyzn	352	13:15	01:05:28	02:11:56.35	02:11:56.35	+01:07:09 (50.9%)	10:59	5.5 (49.5%)
510	ANTONIEWICZ Sławomir	5985	REBEL	Open Mężczyzn	353	13:00	01:02:00	02:11:56.50	02:11:56.50	+01:07:09 (50.9%)	10:59	5.5 (49.5%)
511	MURLOWSKI Karol	6313		Open Mężczyzn	354	13:30	01:06:48	02:12:01.65	02:12:01.65	+01:07:14 (50.9%)	11:00	5.5 (49.5%)
512	ŻURAWSKI Michał	6625		Open Mężczyzn	355	14:00	01:02:47	02:12:04.00	02:12:04.00	+01:07:17 (50.9%)	11:00	5.5 (49.5%)
513	SZYMONOWICZ Renata	6196		Open Masters Kobiet	6	13:15	01:10:34	02:12:04.30	02:12:04.30	+01:07:17 (50.9%)	11:00	5.5 (49.5%)
514	PIENIAŻEK Paweł	6616		Open Masters Mężczyzn	67	14:00	01:02:06	02:12:04.55	02:12:04.55	+01:07:17 (50.9%)	11:00	5.5 (49.5%)
515	MACIEJEWSKI Łukasz	6267	SOCIOS SILESIA	Open Mężczyzn	356	13:30	01:04:08	02:12:05.20	02:12:05.20	+01:07:18 (51.0%)	11:00	5.5 (49.5%)
516	CHACZKO Robert	5453		Open Mężczyzn	357	12:00	00:53:19	02:12:10.10	02:12:10.10	+01:07:23 (51.0%)	11:00	5.4 (48.6%)
517	BUKACKA Irena	5452		Open Kobiet	25	12:00	00:53:16	02:12:10.15	02:12:10.15	+01:07:23 (51.0%)	11:00	5.4 (48.6%)
518	TECŁAW Tadeusz	5054		Elite Mężczyzn	52	11:20	00:47:23	02:12:13.15	02:12:13.15	+01:07:26 (51.0%)	11:01	5.4 (48.6%)
519	SOMMER Paweł	5337		Open Masters Mężczyzn	68	11:45	01:02:55	02:12:15.15	02:12:15.15	+01:07:28 (51.0%)	11:01	5.4 (48.6%)
520	POPIELA-KUKUŚ Katarzyna	5282	WATAHA	Open Kobiet	26	11:45	01:06:03	02:12:19.65	02:12:19.65	+01:07:32 (51.0%)	11:01	5.4 (48.6%)
521	STELLMACH Wojciech	5105	REFLEX OCR TEAM MALTA	Open Mężczyzn	358	11:30	00:40:35	02:12:23.60	02:12:23.60	+01:07:36 (51.1%)	11:01	5.4 (48.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
522	PĘPEK Tomasz	5324		Open Mężczyzn	359	11:45	01:02:55	02:12:24.65	02:12:24.65	+01:07:37 (51.1%)	11:02	5.4 (48.6%)
523	OLEŚ Adrian	6418	WĘGLOJADY	Open Mężczyzn	360	13:45	00:58:21	02:12:28.65	02:12:28.65	+01:07:41 (51.1%)	11:02	5.4 (48.6%)
524	SOBIECH Piotr	6768		Open Masters Mężczyzn	69	14:15	00:58:58	02:12:29.00	02:12:29.00	+01:07:42 (51.1%)	11:02	5.4 (48.6%)
525	FRANKOWSKI Janusz	5598		Open Masters Mężczyzn	70	12:15	00:55:05	02:12:29.10	02:12:29.10	+01:07:42 (51.1%)	11:02	5.4 (48.6%)
526	DURAJSKI Ariel	6774	LECNICA TEAM	Open Mężczyzn	361	14:30	01:00:56	02:12:29.40	02:12:29.40	+01:07:42 (51.1%)	11:02	5.4 (48.6%)
527	SZYLKIN Wojciech	6775	LECNICA TEAM	Open Mężczyzn	362	14:30	01:00:55	02:12:30.15	02:12:30.15	+01:07:43 (51.1%)	11:02	5.4 (48.6%)
528	DAROWSKI Damian	6285		Open Mężczyzn	363	13:30	01:04:26	02:12:34.15	02:12:34.15	+01:07:47 (51.1%)	11:02	5.4 (48.6%)
529	SEKUŁA Wojciech	6619		Open Mężczyzn	364	14:00	01:02:06	02:12:34.95	02:12:34.95	+01:07:47 (51.1%)	11:02	5.4 (48.6%)
530	ŠVADLÁK Petr	5629		Open Masters Mężczyzn	71	12:15	00:55:02	02:12:39.85	02:12:39.85	+01:07:52 (51.2%)	11:03	5.4 (48.6%)
531	ZYCH Zbyszek	5785	CARBON OCR RACING TEAM	Open Masters Mężczyzn	72	12:45	00:56:17	02:12:40.50	02:12:40.50	+01:07:53 (51.2%)	11:03	5.4 (48.6%)
532	KACZOR Marcin	6446		Open Masters Mężczyzn	73	12:45	00:56:21	02:12:40.80	02:12:40.80	+01:07:53 (51.2%)	11:03	5.4 (48.6%)
533	MURAWSKI Mateusz	6417	WĘGLOJADY	Open Mężczyzn	365	13:45	00:58:22	02:12:42.45	02:12:42.45	+01:07:55 (51.2%)	11:03	5.4 (48.6%)
534	KWIATKOWSKI Marcin	6381	LIPNO TEAM	Open Mężczyzn	366	13:45	01:10:26	02:12:44.65	02:12:44.65	+01:07:57 (51.2%)	11:03	5.4 (48.6%)
535	MIKORSKI Alan	6662	OŁAWA	Open Mężczyzn	367	14:15	01:03:35	02:12:45.80	02:12:45.80	+01:07:58 (51.2%)	11:03	5.4 (48.6%)
536	MROZEK Kacper	6011	ZWYKLI SMAKOSZE PIWA	Open Mężczyzn	368	13:00	01:03:08	02:12:49.95	02:12:49.95	+01:08:02 (51.2%)	11:04	5.4 (48.6%)
537	KUBIK Jarosław	5894		Open Masters Mężczyzn	74	12:45	01:06:49	02:13:00.90	02:13:00.90	+01:08:13 (51.3%)	11:05	5.4 (48.6%)
538	KROCZEK Olga	5749		Open Kobiet	27	12:30	01:06:34	02:13:06.80	02:13:06.80	+01:08:19 (51.3%)	11:05	5.4 (48.6%)
539	ZBROSZCZYK Kamil	6012	ZWYKLI SMAKOSZE PIWA	Open Mężczyzn	369	13:00	01:03:09	02:13:07.85	02:13:07.85	+01:08:20 (51.3%)	11:05	5.4 (48.6%)
540	BUDA Mateusz	5953	HUSARIA RACE TEAM	Open Mężczyzn	370	13:00	01:03:07	02:13:13.00	02:13:13.00	+01:08:26 (51.4%)	11:06	5.4 (48.6%)
541	SZATKOWSKI Kamil	5631		Open Mężczyzn	371	12:15	00:58:50	02:13:15.75	02:13:15.75	+01:08:28 (51.4%)	11:06	5.4 (48.6%)
542	BŁĘDOWSKI Tomasz	5879		Open Masters Mężczyzn	75	12:45	01:02:35	02:13:20.05	02:13:20.05	+01:08:33 (51.4%)	11:06	5.4 (48.6%)
543	RYCHARSKI Damian	5276	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	372	11:45	01:03:53	02:13:22.90	02:13:22.90	+01:08:35 (51.4%)	11:06	5.4 (48.6%)
544	BOJARSKI Marcin	6248	POSZUKIWACZE BŁOTA	Open Mężczyzn	373	13:30	00:53:30	02:13:23.90	02:13:23.90	+01:08:36 (51.4%)	11:06	5.4 (48.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
545	KLINOWSKI Andrzej	6062	BLACK GAME TEAM	Open Mężczyzn	374	13:15	01:09:49	02:13:24.90	02:13:24.90	+01:08:37 (51.4%)	11:07	5.4 (48.6%)
546	PROCNER Marcin	6063	BLACK GAME TEAM	Open Masters Mężczyzn	76	13:15	01:09:50	02:13:25.30	02:13:25.30	+01:08:38 (51.4%)	11:07	5.4 (48.6%)
547	UCINEK Rafał	6081	CROSSFIT LUBIN	Open Mężczyzn	375	13:15	00:58:42	02:13:31.90	02:13:31.90	+01:08:44 (51.5%)	11:07	5.4 (48.6%)
548	BYKOWSKI Wojciech	5644	CF KUŹNIA DAMIANA	Open Mężczyzn	376	12:30	00:58:37	02:13:34.85	02:13:34.85	+01:08:47 (51.5%)	11:07	5.4 (48.6%)
549	BOĆKO Ewa	5279	WATAHA	Open Kobiet	28	11:45	01:06:41	02:13:36.70	02:13:36.70	+01:08:49 (51.5%)	11:08	5.4 (48.6%)
550	WITECKI Przemysław	6384	LIPNO TEAM	Open Mężczyzn	377	13:45	01:10:29	02:13:39.20	02:13:39.20	+01:08:52 (51.5%)	11:08	5.4 (48.6%)
551	WITECKI Filip	6869	LIPNO TEAM	Open Mężczyzn	378	13:45	01:10:28	02:13:39.75	02:13:39.75	+01:08:52 (51.5%)	11:08	5.4 (48.6%)
552	KILARSKA Barbara	6365	CROSS HEROES - OGIEŃ!	Open Kobiet	29	13:45	01:06:44	02:13:41.10	02:13:41.10	+01:08:54 (51.5%)	11:08	5.4 (48.6%)
553	HOLEWA Grzegorz	6364	CROSS HEROES - OGIEŃ!	Open Mężczyzn	379	13:45	01:06:44	02:13:41.20	02:13:41.20	+01:08:54 (51.5%)	11:08	5.4 (48.6%)
554	SZEWCZYK Paweł	6798		Open Masters Mężczyzn	77	14:30	00:58:51	02:13:45.20	02:13:45.20	+01:08:58 (51.6%)	11:08	5.4 (48.6%)
555	BUDZYŃSKI Paweł	5595		Open Mężczyzn	380	12:15	01:03:01	02:13:59.55	02:13:59.55	+01:09:12 (51.7%)	11:09	5.4 (48.6%)
556	PRZĄDKA Marcin	5584	WATAHA	Open Mężczyzn	381	12:15	00:52:42	02:14:02.60	02:14:02.60	+01:09:15 (51.7%)	11:10	5.4 (48.6%)
557	SOBCZYK Dariusz	5393	GŁUSI-WROCŁAW	Open Masters Mężczyzn	78	12:00	01:12:18	02:14:04.00	02:14:04.00	+01:09:17 (51.7%)	11:10	5.4 (48.6%)
558	WENNE Maciej	5396	GŁUSI-WROCŁAW	Open Mężczyzn	382	12:00	01:12:25	02:14:05.30	02:14:05.30	+01:09:18 (51.7%)	11:10	5.4 (48.6%)
559	KALETA Patrycja	6494	AKADEMIA ZDROWEGO CIAŁA	Open Kobiet	30	14:00	01:11:43	02:14:09.20	02:14:09.20	+01:09:22 (51.7%)	11:10	5.4 (48.6%)
560	STRZAŁKOWSKA Miłka	6498	AKADEMIA ZDROWEGO CIAŁA	Open Kobiet	31	14:00	01:07:08	02:14:10.10	02:14:10.10	+01:09:23 (51.7%)	11:10	5.4 (48.6%)
561	OLSZOWSKA Natalia	6497	AKADEMIA ZDROWEGO CIAŁA	Open Kobiet	32	14:00	01:11:43	02:14:10.60	02:14:10.60	+01:09:23 (51.7%)	11:10	5.4 (48.6%)
562	STELMACH Jowita	6049		Open Kobiet	33	13:00	01:12:24	02:14:19.85	02:14:19.85	+01:09:32 (51.8%)	11:11	5.4 (48.6%)
563	IZDEBSKA Marzena	5921	BASTION	Open Masters Kobiet	7	13:00	01:13:48	02:14:22.15	02:14:22.15	+01:09:35 (51.8%)	11:11	5.4 (48.6%)
564	DARGACZ Dominik	6386	MAD RUNNERS WAŁBRZYCH	Open Mężczyzn	383	13:45	01:04:22	02:14:25.95	02:14:25.95	+01:09:38 (51.8%)	11:12	5.4 (48.6%)
565	WARZECHA Adrian	5581	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	384	12:15	01:02:58	02:14:28.85	02:14:28.85	+01:09:41 (51.8%)	11:12	5.4 (48.6%)
566	ULEWSKI Maciej	6334		Open Mężczyzn	385	13:30	01:00:09	02:14:34.45	02:14:34.45	+01:09:47 (51.9%)	11:12	5.4 (48.6%)
567	OCHLIK Maciej	6314		Open Mężczyzn	386	13:30	01:00:09	02:14:34.60	02:14:34.60	+01:09:47 (51.9%)	11:12	5.4 (48.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGMG 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
568	KUZIOŁA Konrad	5610		Open Mężczyzn	387	12:15	01:07:00	02:14:41.00	02:14:41.00	+01:09:54 (51.9%)	11:13	5.3 (47.7%)
569	JANYK Jędrzej	6664	POCIULANI	Open Mężczyzn	388	14:00	01:02:38	02:14:41.85	02:14:41.85	+01:09:54 (51.9%)	11:13	5.3 (47.7%)
570	DRAŃKO Piotr	5596		Open Mężczyzn	389	12:15	01:06:58	02:14:42.05	02:14:42.05	+01:09:55 (51.9%)	11:13	5.3 (47.7%)
571	ZAMECKI Radosław	5637		Open Mężczyzn	390	12:15	01:07:00	02:14:43.65	02:14:43.65	+01:09:56 (51.9%)	11:13	5.3 (47.7%)
572	ZAJKO Rafał	5346		Open Mężczyzn	391	11:45	01:07:08	02:14:47.15	02:14:47.15	+01:10:00 (51.9%)	11:13	5.3 (47.7%)
573	MRÓZ Grzegorz	6218	CROSSANDACTIVE	Open Masters Mężczyzn	79	13:30	01:04:26	02:14:48.10	02:14:48.10	+01:10:01 (51.9%)	11:14	5.3 (47.7%)
574	DWORNICZAK Tomasz	6266	SOCIOS SILESIA	Open Mężczyzn	392	13:30	01:05:33	02:14:52.80	02:14:52.80	+01:10:05 (52.0%)	11:14	5.3 (47.7%)
575	JOCHIMCZYK Witold	6877	POCIULANI	Open Mężczyzn	393	14:00	01:02:39	02:14:56.65	02:14:56.65	+01:10:09 (52.0%)	11:14	5.3 (47.7%)
576	BARAN Michał	6114	RONAL POLSKA RUN	Open Mężczyzn	394	13:15	01:00:53	02:14:57.05	02:14:57.05	+01:10:10 (52.0%)	11:14	5.3 (47.7%)
577	PYPEĆ Krystian	6115	RONAL POLSKA RUN	Open Mężczyzn	395	13:15	01:00:54	02:14:58.35	02:14:58.35	+01:10:11 (52.0%)	11:14	5.3 (47.7%)
578	MICHALIK Rafał	5509	DRUG%TEAM	Open Mężczyzn	396	12:15	01:07:40	02:14:59.50	02:14:59.50	+01:10:12 (52.0%)	11:14	5.3 (47.7%)
579	KRZYŻANIAK Konrad	5508	DRUG%TEAM	Open Mężczyzn	397	12:15	01:07:27	02:14:59.55	02:14:59.55	+01:10:12 (52.0%)	11:14	5.3 (47.7%)
580	ŁUCZAK Radosław	6744		Open Masters Mężczyzn	80	14:15	01:05:19	02:15:02.05	02:15:02.05	+01:10:15 (52.0%)	11:15	5.3 (47.7%)
581	MORCINEK Marcin	5757		Open Masters Mężczyzn	81	12:30	01:04:45	02:15:05.10	02:15:05.10	+01:10:18 (52.0%)	11:15	5.3 (47.7%)
582	LATUSEK Maciej	5753		Open Mężczyzn	398	12:30	01:04:47	02:15:05.25	02:15:05.25	+01:10:18 (52.0%)	11:15	5.3 (47.7%)
583	WOŹNIAK Krzysztof	6879		Open Mężczyzn	399	13:45	01:00:09	02:15:05.45	02:15:05.45	+01:10:18 (52.0%)	11:15	5.3 (47.7%)
584	DYBOWSKI Bartosz	5735		Open Mężczyzn	400	12:30	01:04:45	02:15:05.55	02:15:05.55	+01:10:18 (52.0%)	11:15	5.3 (47.7%)
585	WYROSTEK Marcin	6845		Open Mężczyzn	401	12:30	01:04:45	02:15:05.65	02:15:05.65	+01:10:18 (52.0%)	11:15	5.3 (47.7%)
586	MECH Puotr	6666	PRZEKRĘTY-MENTY-CHACHMENTY	Open Mężczyzn	402	14:15	01:08:09	02:15:11.35	02:15:11.35	+01:10:24 (52.1%)	11:15	5.3 (47.7%)
587	FORNALSKI Irek	5126		Open Mężczyzn	403	11:30	00:53:20	02:15:12.35	02:15:12.35	+01:10:25 (52.1%)	11:16	5.3 (47.7%)
588	KAMUDA Kamil	6294		Open Mężczyzn	404	13:30	01:04:30	02:15:17.05	02:15:17.05	+01:10:30 (52.1%)	11:16	5.3 (47.7%)
589	GRYMA Rafał	6440		Open Mężczyzn	405	14:15	01:01:08	02:15:20.20	02:15:20.20	+01:10:33 (52.1%)	11:16	5.3 (47.7%)
590	WALKOWSKI Rafał	6335		Open Masters Mężczyzn	82	13:30	01:04:00	02:15:24.90	02:15:24.90	+01:10:37 (52.2%)	11:17	5.3 (47.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
591	MULLER Rafał	5861	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	406	12:45	01:03:01	02:15:25.90	02:15:25.90	+01:10:38 (52.2%)	11:17	5.3 (47.7%)
592	KACZYŃSKI Mateusz	5443	ZARAZ BĘDZIE CIEMNO!	Open Mężczyzn	407	12:00	01:11:16	02:15:33.65	02:15:33.65	+01:10:46 (52.2%)	11:17	5.3 (47.7%)
593	WESOŁOWSKI Grzegorz	5444	ZARAZ BĘDZIE CIEMNO!	Open Mężczyzn	408	12:00	01:11:17	02:15:34.35	02:15:34.35	+01:10:47 (52.2%)	11:17	5.3 (47.7%)
594	PILEWSKI Jacek	6382	LIPNO TEAM	Open Mężczyzn	409	13:45	01:10:32	02:15:34.65	02:15:34.65	+01:10:47 (52.2%)	11:17	5.3 (47.7%)
595	NIEZBECKA Mariola	5900		Open Kobiet	34	12:15	01:11:12	02:15:39.90	02:15:39.90	+01:10:52 (52.2%)	11:18	5.3 (47.7%)
596	SAK Marcin	5907		Open Mężczyzn	410	12:15	01:09:56	02:15:40.20	02:15:40.20	+01:10:53 (52.2%)	11:18	5.3 (47.7%)
597	KOMENDZIŃSKI Mateusz	5682	OMEGA SQUAD	Open Mężczyzn	411	12:30	00:55:02	02:15:49.55	02:15:49.55	+01:11:02 (52.3%)	11:19	5.3 (47.7%)
598	BEZA Marcin	5298		Open Mężczyzn	412	11:45	01:02:57	02:15:51.30	02:15:51.30	+01:11:04 (52.3%)	11:19	5.3 (47.7%)
599	BAJDAŁA Robert	6229	JEDZIEMY Z TYM KOKSEM	Open Mężczyzn	413	13:30	01:03:58	02:15:55.80	02:15:55.80	+01:11:08 (52.3%)	11:19	5.3 (47.7%)
600	SOCHA Krzysztof	6470		Open Masters Mężczyzn	83	13:45	01:10:19	02:15:58.40	02:15:58.40	+01:11:11 (52.4%)	11:19	5.3 (47.7%)
601	RADOŁA Marcin	5987	STG KATOWICE	Open Masters Mężczyzn	84	13:00	01:05:58	02:16:02.45	02:16:02.45	+01:11:15 (52.4%)	11:20	5.3 (47.7%)
602	WŁODARSKI Sebastian	6058		Open Mężczyzn	414	13:00	01:06:00	02:16:15.30	02:16:15.30	+01:11:28 (52.5%)	11:21	5.3 (47.7%)
603	CHRISTENSEN Michael	5163		Open Mężczyzn	415	11:30	00:56:49	02:16:15.50	02:16:15.50	+01:11:28 (52.5%)	11:21	5.3 (47.7%)
604	NOWAK Łukasz	5164		Open Mężczyzn	416	11:30	00:49:28	02:16:15.90	02:16:15.90	+01:11:28 (52.5%)	11:21	5.3 (47.7%)
605	KUBERA Piotr	6451		Open Masters Mężczyzn	85	13:45	00:59:16	02:16:24.70	02:16:24.70	+01:11:37 (52.5%)	11:22	5.3 (47.7%)
606	GĄSIENIEC Wojciech	6438		Open Mężczyzn	417	13:45	00:59:15	02:16:25.20	02:16:25.20	+01:11:38 (52.5%)	11:22	5.3 (47.7%)
607	WILCZYŃSKI Artur	6477		Open Masters Mężczyzn	86	13:45	01:10:20	02:16:26.55	02:16:26.55	+01:11:39 (52.5%)	11:22	5.3 (47.7%)
608	JASIŃSKA Martyna	6444		Open Kobiet	35	13:45	01:07:15	02:16:26.95	02:16:26.95	+01:11:39 (52.5%)	11:22	5.3 (47.7%)
609	FRANKOWSKI Mateusz	5599		Open Mężczyzn	418	12:15	00:54:56	02:16:27.25	02:16:27.25	+01:11:40 (52.5%)	11:22	5.3 (47.7%)
610	WALDMAJER Łukasz	6476		Open Mężczyzn	419	13:45	01:07:15	02:16:27.80	02:16:27.80	+01:11:40 (52.5%)	11:22	5.3 (47.7%)
611	POLAK Paweł	6839		Open Mężczyzn	420	12:15	01:08:47	02:11:51.15	02:16:28.50	+01:11:41 (52.5%)	10:59	5.5 (49.5%)
612	FRATCZAK Tomasz	6436		Open Mężczyzn	421	13:45	00:57:06	02:16:29.60	02:16:29.60	+01:11:42 (52.5%)	11:22	5.3 (47.7%)
613	JANKOWSKI Bartosz	5888		Open Mężczyzn	422	12:45	01:01:59	02:16:40.15	02:16:40.15	+01:11:53 (52.6%)	11:23	5.3 (47.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
614	CHYLIŃSKI Tomasz	5883		Open Mężczyzn	423	12:45	01:01:58	02:16:40.20	02:16:40.20	+01:11:53 (52.6%)	11:23	5.3 (47.7%)
615	MEDYGRAŁ Konrad	6667	PRZEKRĘTY-MENTY-CHACHMENTY	Open Mężczyzn	424	14:15	01:08:04	02:16:44.25	02:16:44.25	+01:11:57 (52.6%)	11:23	5.3 (47.7%)
616	ŻMINKOWSKI Bartosz	6668	PRZEKRĘTY-MENTY-CHACHMENTY	Open Mężczyzn	425	14:15	01:08:08	02:16:44.75	02:16:44.75	+01:11:57 (52.6%)	11:23	5.3 (47.7%)
617	PINKOWICZ Maciej	5658	CF KUŹNIA DAMIANA	Open Mężczyzn	426	12:30	00:58:37	02:16:50.35	02:16:50.35	+01:12:03 (52.7%)	11:24	5.3 (47.7%)
618	JURECZKO Artur	6293		Open Mężczyzn	427	13:30	01:09:41	02:16:51.90	02:16:51.90	+01:12:04 (52.7%)	11:24	5.3 (47.7%)
619	KOZINA Lukasz	6566	POSZUKIWACZE FEJMU	Open Mężczyzn	428	14:00	01:04:01	02:16:57.50	02:16:57.50	+01:12:10 (52.7%)	11:24	5.3 (47.7%)
620	GRZEBIENIOWSKI Bogumił	6565	POSZUKIWACZE FEJMU	Open Mężczyzn	429	14:00	01:04:02	02:16:57.95	02:16:57.95	+01:12:10 (52.7%)	11:24	5.3 (47.7%)
621	BUJKO Tomasz	6564	POSZUKIWACZE FEJMU	Open Mężczyzn	430	14:00	01:04:01	02:17:01.05	02:17:01.05	+01:12:14 (52.7%)	11:25	5.3 (47.7%)
622	SOBCZYK Maciej	6217	CROSS&ACTIVE	Open Mężczyzn	431	13:30	01:07:03	02:17:02.15	02:17:02.15	+01:12:15 (52.7%)	11:25	5.3 (47.7%)
623	OSMAŃSKA Aneta	6462		Open Kobiet	36	13:45	01:14:39	02:17:02.45	02:17:02.45	+01:12:15 (52.7%)	11:25	5.3 (47.7%)
624	ŚCIEBURA Agnieszka	6467		Open Kobiet	37	13:45	01:14:38	02:17:02.60	02:17:02.60	+01:12:15 (52.7%)	11:25	5.3 (47.7%)
625	KLIMASZEWSKI Michał	5555	RUN CARTEL	Open Mężczyzn	432	12:15	01:06:29	02:17:02.75	02:17:02.75	+01:12:15 (52.7%)	11:25	5.3 (47.7%)
626	NALEPKA Andrzej	6459		Open Mężczyzn	433	13:45	01:14:38	02:17:02.85	02:17:02.85	+01:12:15 (52.7%)	11:25	5.3 (47.7%)
627	WÓJCIK Michał	5094	HUSARIA RACE TEAM	Elite Mężczyzn	53	11:30	00:57:34	02:17:06.20	02:17:06.20	+01:12:19 (52.7%)	11:25	5.3 (47.7%)
628	MĘDRYKOWSKI Damian	5022	HUSARIA RACE TEAM	Open Mężczyzn	434	11:20	00:49:11	02:17:07.20	02:17:07.20	+01:12:20 (52.8%)	11:25	5.3 (47.7%)
629	SZEWczyk Aleksandra	6220	CROSSANDACTIVE NYSA	Open Kobiet	38	13:30	01:07:06	02:17:11.30	02:17:11.30	+01:12:24 (52.8%)	11:25	5.2 (46.8%)
630	JARZYCKI Michał	5499	BANDA ŁYSEGO	Open Mężczyzn	435	12:15	01:04:30	02:17:13.80	02:17:13.80	+01:12:26 (52.8%)	11:26	5.2 (46.8%)
631	STRZELECKI Kamil	6504	BIEGNIJ GRUBASIE!	Open Mężczyzn	436	14:00	01:05:39	02:17:13.85	02:17:13.85	+01:12:26 (52.8%)	11:26	5.2 (46.8%)
632	STĘPIEŃ Wojciech	6621		Open Mężczyzn	437	14:00	00:59:37	02:17:15.35	02:17:15.35	+01:12:28 (52.8%)	11:26	5.2 (46.8%)
633	SZCZOTOK Wiktor	5053		Elite Mężczyzn	54	11:20	01:06:55	02:17:17.60	02:17:17.60	+01:12:30 (52.8%)	11:26	5.2 (46.8%)
634	KOSSAK Konstanty	6503	BIEGNIJ GRUBASIE!	Open Mężczyzn	438	14:00	01:05:39	02:17:18.75	02:17:18.75	+01:12:31 (52.8%)	11:26	5.2 (46.8%)
635	RAKOWSKI Przemysław	6264	SAME KONIE #OLATEAM	Open Mężczyzn	439	13:30	01:10:49	02:17:21.20	02:17:21.20	+01:12:34 (52.8%)	11:26	5.2 (46.8%)
636	KRÓL Przemysław	6265	SAMEKONIE- TEAM OLA	Open Mężczyzn	440	13:30	01:10:48	02:17:21.85	02:17:21.85	+01:12:34 (52.8%)	11:26	5.2 (46.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
637	KRYSZAK Kazimierz	6387	MAD RUNNERS WAŁBRZYCH	Open Mężczyzn	441	13:45	01:04:21	02:17:23.95	02:17:23.95	+01:12:36 (52.9%)	11:26	5.2 (46.8%)
638	ROSA Arkadiusz	5988	STG KATOWICE	Open Mężczyzn	442	13:00	01:05:58	02:17:31.15	02:17:31.15	+01:12:44 (52.9%)	11:27	5.2 (46.8%)
639	BIENIASZEWSKI Karol	5731		Open Mężczyzn	443	12:30	01:06:01	02:17:32.65	02:17:32.65	+01:12:45 (52.9%)	11:27	5.2 (46.8%)
640	WIDUCH Ryszard	6773		Open Masters Mężczyzn	87	14:15	01:10:00	02:17:36.05	02:17:36.05	+01:12:49 (52.9%)	11:28	5.2 (46.8%)
641	KITA Daniel	6528	HARPAGAN BEAST	Open Mężczyzn	444	14:00	01:15:18	02:17:36.15	02:17:36.15	+01:12:49 (52.9%)	11:28	5.2 (46.8%)
642	KROCZEK Łukasz	5748		Open Mężczyzn	445	12:30	01:06:34	02:17:43.05	02:17:43.05	+01:12:56 (53.0%)	11:28	5.2 (46.8%)
643	KOCHANEK Agata	6652	KONTENER FORMY	Open Kobiet	39	14:15	01:03:11	02:17:52.25	02:17:52.25	+01:13:05 (53.0%)	11:29	5.2 (46.8%)
644	KOCHANEK Paweł	6694	TA DRUŻYNA JEST BEZ NAZWY	Open Mężczyzn	446	14:15	01:03:12	02:17:52.35	02:17:52.35	+01:13:05 (53.0%)	11:29	5.2 (46.8%)
645	JARMUNDOWICZ Michał	5242	LAWYERS & ABC TEAM	Open Mężczyzn	447	11:45	01:12:13	02:17:53.05	02:17:53.05	+01:13:06 (53.0%)	11:29	5.2 (46.8%)
646	PIERZCHAŁA Mateusz	5084	HUSARIA RACE TEAM	Elite Mężczyzn	55	11:30	00:55:44	02:17:58.30	02:17:58.30	+01:13:11 (53.0%)	11:29	5.2 (46.8%)
647	NICIEJEWSKI Tomasz	5759		Open Masters Mężczyzn	88	12:30	01:03:33	02:18:00.00	02:18:00.00	+01:13:13 (53.1%)	11:30	5.2 (46.8%)
648	ZAPRZAŁKA Klaudia	6644	HARPAGAN BEAST	Open Kobiet	40	14:15	01:04:44	02:18:04.90	02:18:04.90	+01:13:17 (53.1%)	11:30	5.2 (46.8%)
649	CIUPIK Marcin	6643	HARPAGAN BEAST	Open Mężczyzn	448	14:15	01:04:44	02:18:06.05	02:18:06.05	+01:13:19 (53.1%)	11:30	5.2 (46.8%)
650	GRUBKAJTYS Henryk	6439		Open Mężczyzn	449	13:45	00:58:07	02:18:08.90	02:18:08.90	+01:13:21 (53.1%)	11:30	5.2 (46.8%)
651	GRZEGORCZYK Krzysztof	6678	STARÓWKA	Open Mężczyzn	450	14:15	01:07:53	02:18:09.20	02:18:09.20	+01:13:22 (53.1%)	11:30	5.2 (46.8%)
652	GROS Dawid	6118	SOCIOS SILESIA	Open Mężczyzn	451	13:15	00:59:13	02:18:11.05	02:18:11.05	+01:13:24 (53.1%)	11:30	5.2 (46.8%)
653	LASKOWSKI Wojciech	6821		Open Mężczyzn	452	14:45	00:56:23	02:18:13.90	02:18:13.90	+01:13:26 (53.1%)	11:31	5.2 (46.8%)
654	GŁOWACZ Grzegorz	6223	HUSARIA RACE TEAM	Open Masters Mężczyzn	89	13:30		02:18:20.00	02:18:20.00	+01:13:33 (53.2%)	11:31	5.2 (46.8%)
655	SOJKA Krzysztof	5335		Open Mężczyzn	453	11:45	01:01:30	02:18:24.20	02:18:24.20	+01:13:37 (53.2%)	11:32	5.2 (46.8%)
656	PASIERBIŃSKI Damian	5669	EKO-OKNA RUNNERS	Open Mężczyzn	454	12:15	01:08:44	02:13:48.45	02:18:28.35	+01:13:41 (53.2%)	11:09	5.4 (48.6%)
657	MIELNIK Jarosław	6682	STARÓWKA	Open Mężczyzn	455	14:15	01:07:49	02:18:28.55	02:18:28.55	+01:13:41 (53.2%)	11:32	5.2 (46.8%)
658	MARCHLEWICZ Mirek	6308		Open Masters Mężczyzn	90	13:30	01:11:30	02:18:32.25	02:18:32.25	+01:13:45 (53.2%)	11:32	5.2 (46.8%)
659	ŁASKI Michał	5827	LASEROWE BIEDRONKI	Open Mężczyzn	456	12:45	01:01:48	02:18:39.65	02:18:39.65	+01:13:52 (53.3%)	11:33	5.2 (46.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
660	CHRZANOWSKI Łukasz	6589		Open Mężczyzn	457	14:00	01:06:36	02:18:43.05	02:18:43.05	+01:13:56 (53.3%)	11:33	5.2 (46.8%)
661	ŁASINSKA Joanna	5410	MORSIKI	Open Kobiet	41	12:00	00:58:11	02:18:46.05	02:18:46.05	+01:13:59 (53.3%)	11:33	5.2 (46.8%)
662	CHOMA Krzysztof	5409	MORSIKI	Open Mężczyzn	458	12:00	00:58:11	02:18:46.30	02:18:46.30	+01:13:59 (53.3%)	11:33	5.2 (46.8%)
663	DRWAL Mariusz	6166		Open Mężczyzn	459	13:15	01:02:12	02:18:49.60	02:18:49.60	+01:14:02 (53.3%)	11:34	5.2 (46.8%)
664	KOŁACZYK Paweł	6733		Open Mężczyzn	460	14:15	01:00:50	02:18:51.60	02:18:51.60	+01:14:04 (53.3%)	11:34	5.2 (46.8%)
665	GAWLIKOWSKA Kinga	5647	CF KUŹNIA DAMIANA	Open Kobiet	42	12:30	01:07:30	02:18:52.70	02:18:52.70	+01:14:05 (53.4%)	11:34	5.2 (46.8%)
666	GAWLIKOWSKA Renata	5648	CF KUŹNIA DAMIANA	Open Masters Kobiet	8	12:30	01:07:33	02:18:53.10	02:18:53.10	+01:14:06 (53.4%)	11:34	5.2 (46.8%)
667	MATYJA Rafał	5137		Elite Mężczyzn	56	11:30	00:38:29	02:18:54.85	02:18:54.85	+01:14:07 (53.4%)	11:34	5.2 (46.8%)
668	OZARCZUK Rafał	6184		Open Mężczyzn	461	13:15	01:02:16	02:18:56.45	02:18:56.45	+01:14:09 (53.4%)	11:34	5.2 (46.8%)
669	NOGALSKI Mateusz	5558	RUN CARTEL	Open Masters Mężczyzn	91	12:15	01:08:21	02:18:59.35	02:18:59.35	+01:14:12 (53.4%)	11:34	5.2 (46.8%)
670	PLICHA Sebastian	5559	RUN CARTEL	Open Mężczyzn	462	12:15	01:08:22	02:19:01.55	02:19:01.55	+01:14:14 (53.4%)	11:35	5.2 (46.8%)
671	JEZIORSKI Marcin	6445		Open Mężczyzn	463	13:45	00:54:53	02:19:01.80	02:19:01.80	+01:14:14 (53.4%)	11:35	5.2 (46.8%)
672	ZUBER Sebastian	6340		Open Mężczyzn	464	13:30	01:09:43	02:19:06.35	02:19:06.35	+01:14:19 (53.4%)	11:35	5.2 (46.8%)
673	FURTAK Jarosław	5553	RUN CARTEL	Open Mężczyzn	465	12:15	01:07:02	02:19:07.70	02:19:07.70	+01:14:20 (53.4%)	11:35	5.2 (46.8%)
674	JAROSIŃSKI Ryszard	6726		Open Mężczyzn	466	14:15	01:00:49	02:19:15.95	02:19:15.95	+01:14:28 (53.5%)	11:36	5.2 (46.8%)
675	BANASIK Sylwia	5661	CF KUŹNIA DAMIANA	Open Masters Kobiet	9	12:30	01:09:29	02:19:21.85	02:19:21.85	+01:14:34 (53.5%)	11:36	5.2 (46.8%)
676	BARAN Paulina	5978	PIĘKNI I BESTIE	Open Kobiet	43	13:00	01:02:37	02:19:26.30	02:19:26.30	+01:14:39 (53.5%)	11:37	5.2 (46.8%)
677	KMIEC Marek	5865	TUKI	Open Mężczyzn	467	12:45	01:06:17	02:19:28.25	02:19:28.25	+01:14:41 (53.6%)	11:37	5.2 (46.8%)
678	HAWRYLOW Przemysław	5864	TUKI	Open Mężczyzn	468	12:45	01:06:12	02:19:29.85	02:19:29.85	+01:14:42 (53.6%)	11:37	5.2 (46.8%)
679	TAŚMIŃSKI Patryk	5782	AKADEMIA BOHATERÓW	Open Mężczyzn	469	12:45	01:02:26	02:19:30.00	02:19:30.00	+01:14:43 (53.6%)	11:37	5.2 (46.8%)
680	RAWECKI Patryk	5781	AKADEMIA BOHATERÓW	Open Mężczyzn	470	12:45	01:02:27	02:19:30.85	02:19:30.85	+01:14:43 (53.6%)	11:37	5.2 (46.8%)
681	KRZYŻAŃSKI Artur	5866	TUKI	Open Mężczyzn	471	12:45	01:06:17	02:19:31.35	02:19:31.35	+01:14:44 (53.6%)	11:37	5.2 (46.8%)
682	MACIUK Łukasz	6353	BEER TEAM	Open Masters Mężczyzn	92	13:45	01:00:26	02:19:31.95	02:19:31.95	+01:14:44 (53.6%)	11:37	5.2 (46.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
682	RYRYCH Łukasz	6354	BEER TEAM	Open Mężczyzn	472	13:45	01:00:27	02:19:31.95	02:19:31.95	+01:14:44 (53.6%)	11:37	5.2 (46.8%)
684	MOŁOŃ Piotr	5867	TUKI	Open Mężczyzn	473	12:45	01:06:19	02:19:32.15	02:19:32.15	+01:14:45 (53.6%)	11:37	5.2 (46.8%)
685	RYRYCH Ryszard	6355	BEER TEAM	Open Mężczyzn	474	13:45	01:00:28	02:19:32.25	02:19:32.25	+01:14:45 (53.6%)	11:37	5.2 (46.8%)
686	PASZKO Wojciech	5665	DRUŻYNA BIAŁEGO NIEDŹWIEDZIA	Open Mężczyzn	475	12:30	01:05:57	02:19:33.15	02:19:33.15	+01:14:46 (53.6%)	11:37	5.2 (46.8%)
687	LORENC Kacper	5614		Open Mężczyzn	476	12:15	00:59:44	02:19:39.70	02:19:39.70	+01:14:52 (53.6%)	11:38	5.2 (46.8%)
688	DOBRZAŃSKI Jarosław	5456		Open Mężczyzn	477	12:00	00:58:03	02:19:43.15	02:19:43.15	+01:14:56 (53.6%)	11:38	5.2 (46.8%)
689	KLIK Paweł	5745		Open Mężczyzn	478	12:45	01:01:05	02:19:46.85	02:19:46.85	+01:14:59 (53.7%)	11:38	5.2 (46.8%)
690	CZEKAŃSKI Damian	5863	TUKI	Open Mężczyzn	479	12:45	01:06:16	02:19:51.85	02:19:51.85	+01:15:04 (53.7%)	11:39	5.1 (45.9%)
691	CAŁKA Maciej	6780	WATAHA	Open Masters Mężczyzn	93	14:30	00:59:07	02:19:52.95	02:19:52.95	+01:15:05 (53.7%)	11:39	5.1 (45.9%)
692	TELISZEWSKI Maciej	6580	TEAM HAIER	Open Masters Mężczyzn	94	14:00	01:12:36	02:20:04.40	02:20:04.40	+01:15:17 (53.8%)	11:40	5.1 (45.9%)
693	PETRUK Marcin	6829	DRUŻYNA BIAŁEGO NIEDŹWIEDZIA	Open Mężczyzn	480	12:30	01:05:58	02:20:06.60	02:20:06.60	+01:15:19 (53.8%)	11:40	5.1 (45.9%)
694	DRAB Agnieszka	5691	REGNARSTEAM	Open Kobiet	44	12:30	01:09:01	02:20:07.55	02:20:07.55	+01:15:20 (53.8%)	11:40	5.1 (45.9%)
695	WITKOWSKA Anna	6225	HUSARIA RACE TEAM	Open Kobiet	45	13:00	01:05:22	02:20:12.55	02:20:12.55	+01:15:25 (53.8%)	11:41	5.1 (45.9%)
696	OSTROUCH Sebastian	6889	PARANIENORMALNYCH	Open Masters Mężczyzn	95	14:30	01:04:24	02:20:13.05	02:20:13.05	+01:15:26 (53.8%)	11:41	5.1 (45.9%)
697	GURGUL Adrian	5780	AKADEMIA BOHATERÓW	Open Mężczyzn	481	12:45	01:02:27	02:20:13.25	02:20:13.25	+01:15:26 (53.8%)	11:41	5.1 (45.9%)
698	FISZER Daniel	6776	PARANIEMORALNI	Open Mężczyzn	482	14:30	01:04:23	02:20:13.80	02:20:13.80	+01:15:26 (53.8%)	11:41	5.1 (45.9%)
699	DRAŃSKI Dominik	5778	AKADEMIA BOHATERÓW	Open Mężczyzn	483	12:45	01:02:28	02:20:14.45	02:20:14.45	+01:15:27 (53.8%)	11:41	5.1 (45.9%)
700	KAZUBEK Michał	6027		Open Mężczyzn	484	13:00	01:07:36	02:20:20.75	02:20:20.75	+01:15:33 (53.8%)	11:41	5.1 (45.9%)
701	SIDORKO Tomasz	6131	TABATA RADEK TEAM	Open Mężczyzn	485	13:15	00:57:58	02:20:21.20	02:20:21.20	+01:15:34 (53.8%)	11:41	5.1 (45.9%)
701	MERK Mariusz	6130	TABATA RADEK TEAM	Open Mężczyzn	486	13:15	00:57:59	02:20:21.20	02:20:21.20	+01:15:34 (53.8%)	11:41	5.1 (45.9%)
703	GRABOWY Mateusz	5800	EKIPA BAŁAGAN	Open Mężczyzn	487	12:45	01:08:13	02:20:28.00	02:20:28.00	+01:15:41 (53.9%)	11:42	5.1 (45.9%)
704	ŚWIĘTEK Paweł	6250	POWER TRAINING	Open Mężczyzn	488	13:30	01:11:30	02:20:43.25	02:20:43.25	+01:15:56 (54.0%)	11:43	5.1 (45.9%)
705	MAJCHRZAK Dawid	5947	GOVECS & FRIENDS	Open Mężczyzn	489	13:00	01:06:24	02:20:46.15	02:20:46.15	+01:15:59 (54.0%)	11:43	5.1 (45.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
706	JANIK Michał	6600		Open Mężczyzn	490	14:00	00:59:55	02:20:46.55	02:20:46.55	+01:15:59 (54.0%)	11:43	5.1 (45.9%)
707	DUBANIEWICZ Michał	6411	WARCHLAK	Open Mężczyzn	491	13:45	01:00:43	02:20:51.75	02:20:51.75	+01:16:04 (54.0%)	11:44	5.1 (45.9%)
708	STĘPNIEWSKI Tomasz	6214	BRACTWO BIEGOWE BGK	Open Mężczyzn	492	13:30	01:18:02	02:20:55.35	02:20:55.35	+01:16:08 (54.0%)	11:44	5.1 (45.9%)
709	JENDRASZEK Patryk	6213	BRACTWO BIEGOWE BGK	Open Mężczyzn	493	13:30	01:18:02	02:20:55.55	02:20:55.55	+01:16:08 (54.0%)	11:44	5.1 (45.9%)
710	IGNASIAK Przemysław	5936	FC BIEC SIĘ NIE CHCĘ	Open Mężczyzn	494	13:00	00:50:19	02:20:59.30	02:20:59.30	+01:16:12 (54.1%)	11:44	5.1 (45.9%)
711	PIETRUSZKA-OROZCO Elisa	5794	DZIKIE GZIKI	Open Kobiet	46	12:45	01:07:00	02:21:07.50	02:21:07.50	+01:16:20 (54.1%)	11:45	5.1 (45.9%)
712	KUSAREK Piotr	5019	HUSARIA RACE TEAM	Open Mężczyzn	495	11:20	00:49:40	02:21:07.75	02:21:07.75	+01:16:20 (54.1%)	11:45	5.1 (45.9%)
713	BIELECKI Darek	6201	#BLUES BROTHERS#	Open Masters Mężczyzn	96	13:30	01:17:31	02:21:12.65	02:21:12.65	+01:16:25 (54.1%)	11:46	5.1 (45.9%)
714	KOZŁOWSKA Sylwia	6176		Open Kobiet	47	13:15	01:13:17	02:21:13.75	02:21:13.75	+01:16:26 (54.1%)	11:46	5.1 (45.9%)
715	WOŹNIAK Krzysztof	6479		Open Mężczyzn	496	13:15	01:13:26	02:21:18.60	02:21:18.60	+01:16:31 (54.2%)	11:46	5.1 (45.9%)
716	RAWSKI Szymon	6010	ZGÓRMYSYNY	Open Mężczyzn	497	13:00	01:08:41	02:21:20.10	02:21:20.10	+01:16:33 (54.2%)	11:46	5.1 (45.9%)
717	BUKOWIEC Rafał	6883		Open Masters Mężczyzn	97	13:45	01:07:33	02:21:24.10	02:21:24.10	+01:16:37 (54.2%)	11:47	5.1 (45.9%)
718	BARTOSIEWICZ Dominik	6427		Open Mężczyzn	498	13:45	01:02:33	02:21:24.85	02:21:24.85	+01:16:37 (54.2%)	11:47	5.1 (45.9%)
719	PLEWKA Daniel	6463		Open Mężczyzn	499	13:45	01:02:32	02:21:25.20	02:21:25.20	+01:16:38 (54.2%)	11:47	5.1 (45.9%)
720	MARCISZEWSKI Radek	6890	GENIALNI WOJOWNICY	Open Mężczyzn	500	14:30	01:01:10	02:21:27.00	02:21:27.00	+01:16:40 (54.2%)	11:47	5.1 (45.9%)
721	KOKOSZKIEWICZ Jarosław	6830		Open Mężczyzn	501	14:30	01:08:42	02:21:28.85	02:21:28.85	+01:16:41 (54.2%)	11:47	5.1 (45.9%)
722	PTAK Krzysztof	6761		Open Mężczyzn	502	12:45	01:08:14	02:21:35.70	02:21:35.70	+01:16:48 (54.2%)	11:47	5.1 (45.9%)
723	OTOLIŃSKI Tomasz	6696	TURECKIE ŁYSE DZIKIE ŚWINIE	Open Mężczyzn	503	14:15	01:06:24	02:21:38.85	02:21:38.85	+01:16:51 (54.3%)	11:48	5.1 (45.9%)
724	SMOTER Anna	6348	AKWA TEAM NYSA	Open Kobiet	48	13:45	01:15:57	02:21:39.65	02:21:39.65	+01:16:52 (54.3%)	11:48	5.1 (45.9%)
725	KAWECKI Bartłomiej	6695	TURECKIE ŁYSE DZIKIE ŚWINIE	Open Mężczyzn	504	14:15	01:06:24	02:21:39.80	02:21:39.80	+01:16:52 (54.3%)	11:48	5.1 (45.9%)
726	GOŁĘBIEWSKA Justyna	6345	AKWA TEAM NYSA	Open Kobiet	49	13:45	01:16:03	02:21:40.20	02:21:40.20	+01:16:53 (54.3%)	11:48	5.1 (45.9%)
727	PETRUSIEWICZ Paweł	6317		Open Mężczyzn	505	13:30	01:18:11	02:21:42.60	02:21:42.60	+01:16:55 (54.3%)	11:48	5.1 (45.9%)
728	KOBIELSKI Kamil	6380	LIPNO TEAM	Open Mężczyzn	506	13:45	01:10:55	02:21:45.00	02:21:45.00	+01:16:58 (54.3%)	11:48	5.1 (45.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
729	GOLANOWSKI Dawid	6088	GEO ŚWIRY	Open Mężczyzn	507	13:15	01:02:44	02:21:46.75	02:21:46.75	+01:16:59 (54.3%)	11:48	5.1 (45.9%)
730	GOLANOWSKI Remigiusz	6089	GEO ŚWIRY	Open Mężczyzn	508	13:15	01:02:44	02:21:47.85	02:21:47.85	+01:17:00 (54.3%)	11:48	5.1 (45.9%)
731	KUTA Dominika	5955	HUSARIA RACE TEAM	Open Kobiet	50	13:00	01:02:32	02:21:48.45	02:21:48.45	+01:17:01 (54.3%)	11:49	5.1 (45.9%)
732	KOŚCIELNIAK Konrad	6413	WARCZLAK	Open Mężczyzn	509	13:45	01:00:38	02:21:52.90	02:21:52.90	+01:17:05 (54.3%)	11:49	5.1 (45.9%)
733	BIEGAŃSKA Agnieszka	5876		Open Kobiet	51	12:45	01:12:08	02:21:55.65	02:21:55.65	+01:17:08 (54.4%)	11:49	5.1 (45.9%)
734	BIEGAŃSKI Marcin	5877		Open Mężczyzn	510	12:45	01:12:10	02:21:55.95	02:21:55.95	+01:17:08 (54.4%)	11:49	5.1 (45.9%)
735	PRZEDPEŁSKI Mariusz	6203	#BLUES BROTHERS#	Open Mężczyzn	511	13:30	01:14:57	02:21:59.95	02:21:59.95	+01:17:12 (54.4%)	11:49	5.1 (45.9%)
736	GOSZTYŁA Mateusz	6412	WARCZLAK	Open Mężczyzn	512	13:45	01:00:37	02:22:00.10	02:22:00.10	+01:17:13 (54.4%)	11:50	5.1 (45.9%)
737	RZEPKA Rafał	5087	HUSARIA RACE TEAM	Elite Mężczyzn	57	11:30	00:53:14	02:22:05.85	02:22:05.85	+01:17:18 (54.4%)	11:50	5.1 (45.9%)
738	FRĄCZYK Jędrzej	5736		Open Mężczyzn	513	12:30	01:13:59	02:22:06.30	02:22:06.30	+01:17:19 (54.4%)	11:50	5.1 (45.9%)
739	PUZON Mirek	6318		Open Mężczyzn	514	13:30	01:10:34	02:22:08.10	02:22:08.10	+01:17:21 (54.4%)	11:50	5.1 (45.9%)
740	KANICKI Piotr	5604		Open Masters Mężczyzn	98	12:15	01:06:32	02:22:13.00	02:22:13.00	+01:17:26 (54.4%)	11:51	5.1 (45.9%)
741	SOŁTOWSKA Ewelina	5336		Open Masters Kobiet	10	11:45	01:09:31	02:22:19.30	02:22:19.30	+01:17:32 (54.5%)	11:51	5.1 (45.9%)
742	KUCZAWSKI Mikołaj	6453		Open Mężczyzn	515	13:45	01:04:38	02:22:20.40	02:22:20.40	+01:17:33 (54.5%)	11:51	5.1 (45.9%)
743	ZDUŃCZYK Sylwia	5962	HUSARIA RACE TEAM	Open Kobiet	52	13:00	01:04:17	02:22:20.55	02:22:20.55	+01:17:33 (54.5%)	11:51	5.1 (45.9%)
744	WICHEREK Mateusz	6057		Open Mężczyzn	516	13:00	01:03:56	02:22:23.05	02:22:23.05	+01:17:36 (54.5%)	11:51	5.1 (45.9%)
745	MISSALA Mateusz	6183		Open Mężczyzn	517	13:15	01:08:25	02:22:23.35	02:22:23.35	+01:17:36 (54.5%)	11:51	5.1 (45.9%)
746	MISSALA Joanna	6182		Open Kobiet	53	13:15	01:08:30	02:22:23.55	02:22:23.55	+01:17:36 (54.5%)	11:51	5.1 (45.9%)
747	KRYJAK Michał	5751		Open Mężczyzn	518	12:30	01:08:03	02:22:37.90	02:22:37.90	+01:17:50 (54.6%)	11:53	5 (45.0%)
748	KRYJAK Maciej	5750		Open Mężczyzn	519	12:30	01:07:57	02:22:39.85	02:22:39.85	+01:17:52 (54.6%)	11:53	5 (45.0%)
749	SZCZĘSNY Andrzej	5089	HUSARIA RACE TEAM	Open Mężczyzn	520	11:30	00:50:22	02:22:43.75	02:22:43.75	+01:17:56 (54.6%)	11:53	5 (45.0%)
750	BIERNACKI Maciej	6428		Open Mężczyzn	521	13:45	01:04:57	02:22:49.75	02:22:49.75	+01:18:02 (54.6%)	11:54	5 (45.0%)
751	SIMINIAK Weronika	6061	BARDZO ŁADNIE 2/10 XD	Open Kobiet	54	13:15	01:15:46	02:22:49.80	02:22:49.80	+01:18:02 (54.6%)	11:54	5 (45.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
752	STOJANOWSKA Agata	6219	CROSSANDACTIVE	Open Kobiet	55	13:30	01:15:34	02:22:50.75	02:22:50.75	+01:18:03 (54.6%)	11:54	5 (45.0%)
753	SIEWIOR Piotr	6324		Open Mężczyzn	522	13:30	01:09:15	02:23:01.20	02:23:01.20	+01:18:14 (54.7%)	11:55	5 (45.0%)
754	LONCZAK Monika	5223	HUSARIA RACE TEAM	Open Kobiet	56	13:30	01:11:30	02:23:02.40	02:23:02.40	+01:18:15 (54.7%)	11:55	5 (45.0%)
755	STRAK Tomek	6001	WIEDŹMIŃSKI CECH KACZKI	Open Mężczyzn	523	13:00	01:08:28	02:23:07.75	02:23:07.75	+01:18:20 (54.7%)	11:55	5 (45.0%)
756	GARYCKI Maciej	5998	WIEDŹMIŃSKI CECH KACZKI	Open Mężczyzn	524	13:00	01:08:28	02:23:08.50	02:23:08.50	+01:18:21 (54.7%)	11:55	5 (45.0%)
757	BOGDAŁ Adam	5208	CLONE ATTACK	Open Mężczyzn	525	11:45	01:03:32	02:23:09.65	02:23:09.65	+01:18:22 (54.7%)	11:55	5 (45.0%)
758	BOGDAŁ Michał	5209	CLONE ATTACK	Open Mężczyzn	526	11:45	01:03:34	02:23:10.50	02:23:10.50	+01:18:23 (54.8%)	11:55	5 (45.0%)
759	BANAŚ Krzysztof	6706		Open Mężczyzn	527	14:15	00:58:55	02:23:13.10	02:23:13.10	+01:18:26 (54.8%)	11:56	5 (45.0%)
760	POLANSKI Pawel	5622		Open Mężczyzn	528	12:15	01:02:51	02:23:14.85	02:23:14.85	+01:18:27 (54.8%)	11:56	5 (45.0%)
761	ŁACH Tomasz	5611		Open Masters Mężczyzn	99	12:15	00:53:33	02:23:15.40	02:23:15.40	+01:18:28 (54.8%)	11:56	5 (45.0%)
762	NOGALSKI Dominik	5557	RUN CARTEL	Open Mężczyzn	529	12:15	01:08:18	02:23:22.35	02:23:22.35	+01:18:35 (54.8%)	11:56	5 (45.0%)
763	MAJZELES Estera	6746		Open Kobiet	57	14:15	01:16:12	02:23:30.50	02:23:30.50	+01:18:43 (54.9%)	11:57	5 (45.0%)
764	LASECKI Patryk	6033		Open Mężczyzn	530	13:00	00:56:50	02:23:30.75	02:23:30.75	+01:18:43 (54.9%)	11:57	5 (45.0%)
765	DOBOSZ Tomasz	6714		Open Mężczyzn	531	14:15	01:16:19	02:23:31.25	02:23:31.25	+01:18:44 (54.9%)	11:57	5 (45.0%)
766	JUENGLING Andreas	6888		Open Mężczyzn	532	14:30	01:03:35	02:23:43.85	02:23:43.85	+01:18:56 (54.9%)	11:58	5 (45.0%)
767	PIETROŃ Monika	5966	LEMON TEAM	Open Kobiet	58	13:00	01:05:49	02:23:45.60	02:23:45.60	+01:18:58 (54.9%)	11:58	5 (45.0%)
768	GRZYBIŃSKI Dawid	6171		Open Mężczyzn	533	13:15	01:13:17	02:23:45.85	02:23:45.85	+01:18:58 (54.9%)	11:58	5 (45.0%)
769	BOGDANOWSKI Łukasz	6343	AKWA TEAM NYSA	Open Mężczyzn	534	13:45	01:15:58	02:23:53.65	02:23:53.65	+01:19:06 (55.0%)	11:59	5 (45.0%)
770	PIELICHOWSKI Mariusz	6361	CF CZĘSTOCHOWA	Open Mężczyzn	535	13:45	01:10:02	02:23:58.35	02:23:58.35	+01:19:11 (55.0%)	11:59	5 (45.0%)
771	PUZON Tomasz	6319		Open Masters Mężczyzn	100	13:30	01:10:27	02:24:00.50	02:24:00.50	+01:19:13 (55.0%)	12:00	5 (45.0%)
772	IWANOWSKI Kamil	6290		Open Mężczyzn	536	13:30	01:10:30	02:24:00.75	02:24:00.75	+01:19:13 (55.0%)	12:00	5 (45.0%)
773	SMOTER Krzysztof	6349	AKWA TEAM NYSA	Open Masters Mężczyzn	101	13:45	01:16:00	02:24:01.25	02:24:01.25	+01:19:14 (55.0%)	12:00	5 (45.0%)
774	ANTECKI Kamil	6586		Open Mężczyzn	537	14:00	01:03:59	02:24:01.70	02:24:01.70	+01:19:14 (55.0%)	12:00	5 (45.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
775	SITEK Damian	6362	CF CZĘSTOCHOWA	Open Mężczyzn	538	13:45	01:10:01	02:24:02.35	02:24:02.35	+01:19:15 (55.0%)	12:00	5 (45.0%)
776	MAZGAJ Konrad	6611		Open Mężczyzn	539	14:00	01:03:59	02:24:03.00	02:24:03.00	+01:19:16 (55.0%)	12:00	5 (45.0%)
777	ŁABIŃSKI Krzysztof	6609		Open Mężczyzn	540	14:00	01:03:59	02:24:04.35	02:24:04.35	+01:19:17 (55.0%)	12:00	5 (45.0%)
778	MICHAŁOWSKA Katarzyna	6862	#OJAKFAJNIE	Open Kobiet	59	13:00	01:09:20	02:24:06.65	02:24:06.65	+01:19:19 (55.0%)	12:00	5 (45.0%)
779	KOSICKA Agata	6205	#OJAKFAJNIE	Open Kobiet	60	13:00	01:09:21	02:24:07.20	02:24:07.20	+01:19:20 (55.0%)	12:00	5 (45.0%)
780	KUREK Tomasz	5471		Open Mężczyzn	541	11:45	01:03:25	02:24:07.70	02:24:07.70	+01:19:20 (55.1%)	12:00	5 (45.0%)
781	KUBLA Agata	6206	#OJAKFAJNIE	Open Kobiet	61	13:00	01:09:23	02:24:08.30	02:24:08.30	+01:19:21 (55.1%)	12:00	5 (45.0%)
782	OJAK Magdalena	5919	#OJAKFAJNIE	Open Kobiet	62	13:00	01:07:23	02:24:08.65	02:24:08.65	+01:19:21 (55.1%)	12:00	5 (45.0%)
783	KUBLA Mateusz	6207	#OJAKFAJNIE	Open Mężczyzn	542	13:00	01:07:22	02:24:08.85	02:24:08.85	+01:19:21 (55.1%)	12:00	5 (45.0%)
784	DANILUK Mateusz	6712		Open Mężczyzn	543	14:15	01:03:52	02:24:10.85	02:24:10.85	+01:19:23 (55.1%)	12:00	5 (45.0%)
785	SKOTARCZYK Hanna	6097	GRAŻYŃKI OCR	Open Masters Kobiet	11	13:15	01:09:47	02:24:17.30	02:24:17.30	+01:19:30 (55.1%)	12:01	5 (45.0%)
786	MAJ Magdalena	6084	DIRTY SPARROWS	Open Kobiet	63	13:15	01:09:47	02:24:18.00	02:24:18.00	+01:19:31 (55.1%)	12:01	5 (45.0%)
787	KOWALIK Kamil	6358	CF CZĘSTOCHOWA	Open Mężczyzn	544	13:45	01:10:00	02:24:19.35	02:24:19.35	+01:19:32 (55.1%)	12:01	5 (45.0%)
788	RATAJCZAK Maciej	6161	ZSZOKOWANI BOJANOWO	Open Masters Mężczyzn	102	13:15	01:15:16	02:24:05.00	02:24:21.10	+01:19:34 (55.1%)	12:00	5 (45.0%)
789	KODUR Anita	6095	GRAŻYŃKI OCR	Open Kobiet	64	13:15	01:09:42	02:24:22.55	02:24:22.55	+01:19:35 (55.1%)	12:01	5 (45.0%)
790	ĆWIERTNIA Dominika	5454		Open Kobiet	65	12:00	01:16:00	02:24:27.95	02:24:27.95	+01:19:40 (55.2%)	12:02	5 (45.0%)
791	KŁĘCZEK Katarzyna	6094	GRAŻYŃKI OCR	Open Kobiet	66	13:15	01:09:41	02:24:38.45	02:24:38.45	+01:19:51 (55.2%)	12:03	5 (45.0%)
792	MARSZAŁEK Magdalena	6096	GRAŻYŃKI OCR	Open Masters Kobiet	12	13:15	01:09:43	02:24:38.65	02:24:38.65	+01:19:51 (55.2%)	12:03	5 (45.0%)
793	ZWARDOŃ Marcin	6087	EX TEAM	Open Mężczyzn	545	13:15	01:09:48	02:24:39.20	02:24:39.20	+01:19:52 (55.2%)	12:03	5 (45.0%)
794	KLAUZIŃSKI Michał	6392	MONAR JARZĘBINOWA	Open Mężczyzn	546	13:45	01:08:33	02:24:39.55	02:24:39.55	+01:19:52 (55.2%)	12:03	5 (45.0%)
795	HAREMZA Marcin	6391	MONAR JARZĘBINOWA	Open Mężczyzn	547	13:45	01:08:32	02:24:39.85	02:24:39.85	+01:19:52 (55.2%)	12:03	5 (45.0%)
796	CHORAŻYK Marek	5798	EKIPA BAŁAGAN	Open Mężczyzn	548	12:45	01:11:37	02:24:50.95	02:24:50.95	+01:20:03 (55.3%)	12:04	5 (45.0%)
797	KOZŁOWSKI Artur	5017	HUSARIA RACE TEAM	Open Mężczyzn	549	11:30	00:57:08	02:24:52.75	02:24:52.75	+01:20:05 (55.3%)	12:04	5 (45.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RM	Czas	Czas	Różn	Tempo min/km	Tempo km/h
							7km	netto 12km	brutto 12km			
798	KOZŁOWSKA Alicja	6175		Open Masters Kobiet	13	13:15	01:15:25	02:24:45.55	02:24:52.90	+01:20:05 (55.3%)	12:03	5 (45.0%)
799	DAROSZEWSKI Adam	6713		Open Masters Mężczyzn	103	14:15	01:11:43	02:25:09.20	02:25:09.20	+01:20:22 (55.4%)	12:05	5 (45.0%)
800	RATLIŃSKI Przemysław	6855	DRUŻYNA BIAŁEGO NIEDŹWIEDZIA	Open Mężczyzn	550	12:30	01:05:57	02:25:10.55	02:25:10.55	+01:20:23 (55.4%)	12:05	5 (45.0%)
801	SZYMULA Grzegorz	6823		Open Mężczyzn	551	14:45	01:11:06	02:25:18.15	02:25:18.15	+01:20:31 (55.4%)	12:06	5 (45.0%)
802	SHTYPULIAK Sergii	5051		Open Mężczyzn	552	11:20	00:52:24	02:25:20.80	02:25:20.80	+01:20:33 (55.4%)	12:06	5 (45.0%)
803	SZYMULA Marcin	6804	BRACIA TESTOSTERON	Open Mężczyzn	553	14:45	01:11:05	02:25:21.35	02:25:21.35	+01:20:34 (55.4%)	12:06	5 (45.0%)
804	ŚWIĄTEK Mateusz	5260	ONEFAMILY GRUPA BIEGOWA	Open Mężczyzn	554	11:45	01:13:47	02:25:28.15	02:25:28.15	+01:20:41 (55.5%)	12:07	4.9 (44.1%)
805	OLEKSY Adam	5217	GATNER CNC	Open Masters Mężczyzn	104	11:45	01:06:22	02:25:29.50	02:25:29.50	+01:20:42 (55.5%)	12:07	4.9 (44.1%)
806	ZYGADLO Rafal	5118	WATAHA	Open Mężczyzn	555	11:30	00:51:09	02:25:34.00	02:25:34.00	+01:20:47 (55.5%)	12:07	4.9 (44.1%)
807	WOJDYŁA Wojciech	5935	ESSITY	Open Mężczyzn	556	13:00	01:15:37	02:25:38.40	02:25:38.40	+01:20:51 (55.5%)	12:08	4.9 (44.1%)
808	WYRWAL Krzysztof	5057		Open Masters Mężczyzn	105	11:20	01:06:26	02:25:42.55	02:25:42.55	+01:20:55 (55.5%)	12:08	4.9 (44.1%)
809	GOŁĄBEK Aleksandra	5945	GOVECS & FRIENDS	Open Kobiet	67	13:00	01:16:23	02:25:44.45	02:25:44.45	+01:20:57 (55.5%)	12:08	4.9 (44.1%)
810	JAWIEŃ Sławomir	5929	DRURZYNA A2	Open Mężczyzn	557	13:00	01:08:19	02:25:45.15	02:25:45.15	+01:20:58 (55.6%)	12:08	4.9 (44.1%)
811	STELMACH Łukasz	6050		Open Mężczyzn	558	13:00	01:08:59	02:25:45.80	02:25:45.80	+01:20:58 (55.6%)	12:08	4.9 (44.1%)
812	KROKOSZ Ewa	6737		Open Kobiet	68	14:15	01:12:12	02:25:47.45	02:25:47.45	+01:21:00 (55.6%)	12:08	4.9 (44.1%)
813	BŁĘDOWSKI Artur	6505	BŁĘDOWSCY	Open Mężczyzn	559	14:00	01:06:56	02:25:52.70	02:25:52.70	+01:21:05 (55.6%)	12:09	4.9 (44.1%)
814	KORDUS Izabela	6605		Open Masters Kobiet	14	13:00	01:15:37	02:25:53.70	02:25:53.70	+01:21:06 (55.6%)	12:09	4.9 (44.1%)
815	MODERSKI Mateusz	5933	ESSITY	Open Masters Mężczyzn	106	13:00	01:15:37	02:25:53.85	02:25:53.85	+01:21:06 (55.6%)	12:09	4.9 (44.1%)
816	BŁĘDOWSKI Michał	6506	BŁĘDOWSCY	Open Mężczyzn	560	14:00	01:06:58	02:25:54.00	02:25:54.00	+01:21:07 (55.6%)	12:09	4.9 (44.1%)
817	SOSZ Anna	5909		Open Masters Kobiet	15	12:45	01:14:14	02:25:54.45	02:25:54.45	+01:21:07 (55.6%)	12:09	4.9 (44.1%)
818	SOSZ Sebastian	5910		Open Masters Mężczyzn	107	12:45	01:14:14	02:25:56.70	02:25:56.70	+01:21:09 (55.6%)	12:09	4.9 (44.1%)
819	BAK Konrad	5927	DRURZYNA A2	Open Mężczyzn	561	13:00	01:08:17	02:26:00.60	02:26:00.60	+01:21:13 (55.6%)	12:10	4.9 (44.1%)
820	CZYŻEWSKI Szymon	6710		Open Mężczyzn	562	14:15	01:04:20	02:26:03.65	02:26:03.65	+01:21:16 (55.6%)	12:10	4.9 (44.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
821	PISZCZAŁKA Bartosz	6757		Open Mężczyzn	563	14:15	01:04:51	02:26:03.80	02:26:03.80	+01:21:16 (55.6%)	12:10	4.9 (44.1%)
822	ZAWIDNIAK Nina	5496		Open Kobiet	69	12:00	01:16:39	02:26:05.05	02:26:05.05	+01:21:18 (55.7%)	12:10	4.9 (44.1%)
823	LITWIN Dorota	5474		Open Kobiet	70	12:00	01:16:41	02:26:05.75	02:26:05.75	+01:21:18 (55.7%)	12:10	4.9 (44.1%)
824	STANCLIK Krzysztof	5005	CARBON OCR RACING TEAM	Open Mężczyzn	564	11:20	00:42:41	02:26:08.15	02:26:08.15	+01:21:21 (55.7%)	12:10	4.9 (44.1%)
825	SZEWCZYK Jarosław	6816	MY FITNESS PLACE OPOLE	Open Masters Mężczyzn	108	14:45	01:13:04	02:26:11.10	02:26:11.10	+01:21:24 (55.7%)	12:10	4.9 (44.1%)
826	KUDLIŃSKI Leszek	6177		Open Mężczyzn	565	13:15	01:03:01	02:26:17.55	02:26:17.55	+01:21:30 (55.7%)	12:11	4.9 (44.1%)
827	SZYMAŃSKI Dawid	5771		Open Masters Mężczyzn	109	12:30	01:20:42	02:26:17.65	02:26:17.65	+01:21:30 (55.7%)	12:11	4.9 (44.1%)
828	PEŚLA Tobiasz	6512	CZŁOPOKI	Open Mężczyzn	566	14:00	01:17:28	02:26:17.70	02:26:17.70	+01:21:30 (55.7%)	12:11	4.9 (44.1%)
829	MAKOWSKI Radomir	5754		Open Mężczyzn	567	12:30	01:19:27	02:26:18.80	02:26:18.80	+01:21:31 (55.7%)	12:11	4.9 (44.1%)
830	KOMPAŁA Marcel	6174		Open Mężczyzn	568	13:15	01:03:02	02:26:19.05	02:26:19.05	+01:21:32 (55.7%)	12:11	4.9 (44.1%)
831	IWAŃSKI Kacper	6091	GEO ŚWIRY	Open Mężczyzn	569	13:15	01:08:29	02:26:20.65	02:26:20.65	+01:21:33 (55.7%)	12:11	4.9 (44.1%)
832	ZARZYCKI Michał	5347		Open Mężczyzn	570	11:45	01:03:23	02:26:21.45	02:26:21.45	+01:21:34 (55.7%)	12:11	4.9 (44.1%)
833	MAKLES Wioletta	6456		Open Kobiet	71	13:45	01:13:59	02:26:22.50	02:26:22.50	+01:21:35 (55.7%)	12:11	4.9 (44.1%)
834	LINDE Adam	5318		Open Mężczyzn	571	11:45	01:03:24	02:26:23.20	02:26:23.20	+01:21:36 (55.7%)	12:11	4.9 (44.1%)
834	KITEK Marcin	6511	CZŁOPOKI	Open Mężczyzn	572	14:00	01:17:55	02:26:23.20	02:26:23.20	+01:21:36 (55.7%)	12:11	4.9 (44.1%)
836	LEŚNIAK Jakub	5930	DRURZYNA A2	Open Mężczyzn	573	13:00	01:08:20	02:26:25.00	02:26:25.00	+01:21:38 (55.8%)	12:12	4.9 (44.1%)
837	TYBOROWSKI Filip	6514	CZŁOPOKI	Open Mężczyzn	574	14:00	01:17:22	02:26:27.75	02:26:27.75	+01:21:40 (55.8%)	12:12	4.9 (44.1%)
838	JABŁOŃSKA Anna	6373	IDEA GETIN LEASING	Open Kobiet	72	13:45	01:14:30	02:26:28.85	02:26:28.85	+01:21:41 (55.8%)	12:12	4.9 (44.1%)
839	WITKOWSKI Marek	6121	SOMSIADY OCR	Open Masters Mężczyzn	110	13:15	01:12:07	02:26:29.75	02:26:29.75	+01:21:42 (55.8%)	12:12	4.9 (44.1%)
840	JAROŚKA Krzysztof	5928	DRURZYNA A2	Open Mężczyzn	575	13:00	01:08:20	02:26:33.50	02:26:33.50	+01:21:46 (55.8%)	12:12	4.9 (44.1%)
841	PŁACZEK Grzegorz	5931	DRURZYNA A2	Open Mężczyzn	576	13:00	01:08:16	02:26:34.05	02:26:34.05	+01:21:47 (55.8%)	12:12	4.9 (44.1%)
842	FRĄTCZAK Paulina	6719		Open Kobiet	73	14:15	01:03:20	02:26:38.70	02:26:38.70	+01:21:51 (55.8%)	12:13	4.9 (44.1%)
843	RUM Maciej	6764		Open Mężczyzn	577	14:15	01:03:20	02:26:38.80	02:26:38.80	+01:21:51 (55.8%)	12:13	4.9 (44.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
844	ŚLAZAK Kamil	5668	DRUŻYNA BIAŁEGO NIEDŹWIEDZIA	Open Mężczyzn	578	12:30	01:05:56	02:26:40.85	02:26:40.85	+01:21:53 (55.8%)	12:13	4.9 (44.1%)
845	BOCHNIARZ Anna	6371	IDEA GETIN LEASING	Open Kobiet	74	13:45	01:14:34	02:26:42.35	02:26:42.35	+01:21:55 (55.8%)	12:13	4.9 (44.1%)
846	KACZMAREK Artur	5216	GATNER CNC	Open Masters Mężczyzn	111	11:45	01:06:19	02:26:44.55	02:26:44.55	+01:21:57 (55.9%)	12:13	4.9 (44.1%)
847	ZŁOTT Eryk	5920	#OJAKFAJNIE	Open Mężczyzn	579	13:00		02:26:52.60	02:26:52.60	+01:22:05 (55.9%)	12:14	4.9 (44.1%)
848	SOBOTA Oskar	6209	#OJAKFAJNIE	Open Mężczyzn	580	13:00	01:09:21	02:26:52.85	02:26:52.85	+01:22:05 (55.9%)	12:14	4.9 (44.1%)
849	NOSZCZYK Tomasz	6825	#OJAKFAJNIE	Open Mężczyzn	581	13:00	01:09:18	02:26:53.55	02:26:53.55	+01:22:06 (55.9%)	12:14	4.9 (44.1%)
850	OLEŚ Rafał	5082	HUSARIA RACE TEAM	Open Mężczyzn	582	11:30	00:44:15	02:26:54.80	02:26:54.80	+01:22:07 (55.9%)	12:14	4.9 (44.1%)
851	SIUDA Krzysztof	5627		Open Mężczyzn	583	12:15	01:02:52	02:26:57.45	02:26:57.45	+01:22:10 (55.9%)	12:14	4.9 (44.1%)
851	BŁOŃSKI Jowita	5449		Open Kobiet	75	12:00	01:12:35	02:26:57.45	02:26:57.45	+01:22:10 (55.9%)	12:14	4.9 (44.1%)
853	BŁOŃSKI Mateusz	5450		Open Mężczyzn	584	12:00	01:12:34	02:26:57.85	02:26:57.85	+01:22:10 (55.9%)	12:14	4.9 (44.1%)
854	ZOZULA Artur	6204	#BLUES BROTHERS#	Open Masters Mężczyzn	112	13:30	01:16:30	02:26:59.55	02:26:59.55	+01:22:12 (55.9%)	12:14	4.9 (44.1%)
855	SZTURO Adrian	6513	CZŁOPOKI	Open Mężczyzn	585	14:00	01:17:30	02:27:00.80	02:27:00.80	+01:22:13 (55.9%)	12:15	4.9 (44.1%)
856	SĘK Dariusz	6468		Open Masters Mężczyzn	113	12:45	01:07:49	02:27:01.25	02:27:01.25	+01:22:14 (55.9%)	12:15	4.9 (44.1%)
857	MOKRAS Adrian	6120	SOMSIADY OCR	Open Mężczyzn	586	13:15	01:12:12	02:27:01.55	02:27:01.55	+01:22:14 (55.9%)	12:15	4.9 (44.1%)
858	RUBACH Rafał	5932	DRURZYNA A2	Open Mężczyzn	587	13:00	01:08:14	02:27:03.05	02:27:03.05	+01:22:16 (55.9%)	12:15	4.9 (44.1%)
859	JACIÓW Paweł	6249	POSZUKIWACZE BŁOTA	Open Mężczyzn	588	13:30	00:53:30	02:27:08.70	02:27:08.70	+01:22:21 (56.0%)	12:15	4.9 (44.1%)
860	PARYŚ Łukasz	5904		Open Masters Mężczyzn	114	12:45	01:07:47	02:27:14.10	02:27:14.10	+01:22:27 (56.0%)	12:16	4.9 (44.1%)
861	SZMIDT Tomasz	5804	HUSARIA RACE TEAM	Open Mężczyzn	589	12:45	01:11:09	02:27:17.45	02:27:17.45	+01:22:30 (56.0%)	12:16	4.9 (44.1%)
862	STANISŁAWSKI Fabian	5103	POSITIVE FREAKS TEAM	Open Mężczyzn	590	11:30	01:03:32	02:27:21.45	02:27:21.45	+01:22:34 (56.0%)	12:16	4.9 (44.1%)
863	BIAŁONOGA Michał	6510	CZŁOPOKI	Open Mężczyzn	591	14:00	01:17:26	02:27:21.90	02:27:21.90	+01:22:34 (56.0%)	12:16	4.9 (44.1%)
864	SŁOMIŃSKI Błażej	5803	HUSARIA RACE TEAM	Open Mężczyzn	592	12:45	01:11:10	02:27:22.15	02:27:22.15	+01:22:35 (56.0%)	12:16	4.9 (44.1%)
865	MROZEK Artur	6686	STONERIDGE POLSKA	Open Masters Mężczyzn	115	14:15	01:18:23	02:27:23.40	02:27:23.40	+01:22:36 (56.0%)	12:16	4.9 (44.1%)
866	GACHOWSKI Łukasz	6372	IDEA GETIN LEASING	Open Masters Mężczyzn	116	13:45	01:14:30	02:27:26.10	02:27:26.10	+01:22:39 (56.1%)	12:17	4.9 (44.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
867	MUDRECKI Mateusz	6374	IDEA GETIN LEASING	Open Mężczyzn	593	13:45	01:14:36	02:27:26.85	02:27:26.85	+01:22:39 (56.1%)	12:17	4.9 (44.1%)
868	KUROWSKI Łukasz	6104	OJEJQEJQ	Open Mężczyzn	594	13:15	01:13:38	02:27:31.90	02:27:31.90	+01:22:44 (56.1%)	12:17	4.9 (44.1%)
869	NADOLSKI Marcin	6105	OJEJQEJQ	Open Mężczyzn	595	13:15	01:13:40	02:27:33.35	02:27:33.35	+01:22:46 (56.1%)	12:17	4.9 (44.1%)
870	GLASER Kamil	5308		Open Mężczyzn	596	11:45	01:03:52	02:27:42.70	02:27:42.70	+01:22:55 (56.1%)	12:18	4.9 (44.1%)
871	NIEMCZYK Monika	6751		Open Kobiet	76	14:30	01:01:30	02:27:53.90	02:27:53.90	+01:23:06 (56.2%)	12:19	4.9 (44.1%)
872	KARDASZ Kamil	6732		Open Mężczyzn	597	14:30	01:01:31	02:27:54.50	02:27:54.50	+01:23:07 (56.2%)	12:19	4.9 (44.1%)
873	NIEMCZYK Grzegorz	6750		Open Mężczyzn	598	14:30	01:01:31	02:27:54.65	02:27:54.65	+01:23:07 (56.2%)	12:19	4.9 (44.1%)
874	BŁASZCZYK Fabian	6341	AKWA TEAM NYSA	Open Mężczyzn	599	13:45	01:15:55	02:27:55.75	02:27:55.75	+01:23:08 (56.2%)	12:19	4.9 (44.1%)
875	GUĆ Arkadiusz	6881		Open Mężczyzn	600	13:45	01:07:33	02:27:59.65	02:27:59.65	+01:23:12 (56.2%)	12:19	4.9 (44.1%)
876	GABRUŚ Iwona	5536	LAWYERS & ABC TEAM	Open Masters Kobiet	16	12:15	01:13:39	02:28:03.65	02:28:03.65	+01:23:16 (56.2%)	12:20	4.9 (44.1%)
877	MIESZCZOK-PASZENDA Anna	5537	LAWYERS & ABC TEAM	Open Kobiet	77	12:15	01:13:36	02:28:03.70	02:28:03.70	+01:23:16 (56.2%)	12:20	4.9 (44.1%)
878	KUREK Anna	5752		Open Kobiet	78	12:30	01:14:00	02:28:06.05	02:28:06.05	+01:23:19 (56.3%)	12:20	4.9 (44.1%)
879	DUDA Małgorzata	5733		Open Kobiet	79	12:30	01:14:00	02:28:07.80	02:28:07.80	+01:23:20 (56.3%)	12:20	4.9 (44.1%)
880	BŁASIAK Martyna	5414	PANC01	Open Kobiet	80	12:00	01:15:56	02:28:10.50	02:28:10.50	+01:23:23 (56.3%)	12:20	4.9 (44.1%)
881	HUBISZ Tomasz	6395	NIENASYCENI	Open Masters Mężczyzn	117	13:45	01:14:03	02:28:16.25	02:28:16.25	+01:23:29 (56.3%)	12:21	4.9 (44.1%)
882	WOLNIAK Sylwester	6868		Open Masters Mężczyzn	118	13:45	01:14:02	02:28:16.50	02:28:16.50	+01:23:29 (56.3%)	12:21	4.9 (44.1%)
882	KACZOROWSKI Tomasz	6396	NIENASYCENI	Open Mężczyzn	601	13:45	01:14:04	02:28:16.50	02:28:16.50	+01:23:29 (56.3%)	12:21	4.9 (44.1%)
884	BILEWICZ Kacper	6394	NIENASYCENI	Open Mężczyzn	602	13:45	01:14:03	02:28:16.60	02:28:16.60	+01:23:29 (56.3%)	12:21	4.9 (44.1%)
885	BILEWICZ Jan	6393	NIENASYCENI	Open Masters Mężczyzn	119	13:45	01:14:05	02:28:16.70	02:28:16.70	+01:23:29 (56.3%)	12:21	4.9 (44.1%)
886	JANY Filip	5972	NIWDYMACZE	Open Mężczyzn	603	13:00	01:21:10	02:28:21.60	02:28:21.60	+01:23:34 (56.3%)	12:21	4.9 (44.1%)
887	MICHALCZYK Tomasz	6359	CF CZĘSTOCHOWA	Open Mężczyzn	604	13:45	01:09:54	02:28:26.25	02:28:26.25	+01:23:39 (56.4%)	12:22	4.9 (44.1%)
888	SZAŁATA Szymon	5140		Open Mężczyzn	605	11:30	00:53:36	02:28:27.40	02:28:27.40	+01:23:40 (56.4%)	12:22	4.9 (44.1%)
889	SZCZUREK Dominika	5950	GOVECS & FRIENDS	Open Kobiet	81	13:00	01:15:44	02:28:28.45	02:28:28.45	+01:23:41 (56.4%)	12:22	4.8 (43.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
890	JAMRÓZ Kamil	5408	LUBIĘ BURPEES'Y	Open Mężczyzn	606	12:00	01:12:16	02:28:30.80	02:28:30.80	+01:23:43 (56.4%)	12:22	4.8 (43.2%)
891	BRYCHCY Paweł	6230	JOLAOS GYM	Open Mężczyzn	607	13:30	01:12:50	02:28:41.25	02:28:41.25	+01:23:54 (56.4%)	12:23	4.8 (43.2%)
892	ROMKOWSKI Łukasz	6375	JOLAOS GYM	Open Mężczyzn	608	13:30	01:12:50	02:28:41.55	02:28:41.55	+01:23:54 (56.4%)	12:23	4.8 (43.2%)
893	LEPSZY Bartosz	6576	SZTANGA I PRZYJACIELE	Open Mężczyzn	609	14:00	01:06:34	02:28:44.00	02:28:44.00	+01:23:57 (56.4%)	12:23	4.8 (43.2%)
894	KRAKOWIAK Damian	5937	FC BIEC SIĘ NIE CHCĘ	Open Mężczyzn	610	13:00	00:50:18	02:28:44.55	02:28:44.55	+01:23:57 (56.4%)	12:23	4.8 (43.2%)
895	SZCZUREK Roman	5952	GOVECS & FRIENDS	Open Masters Mężczyzn	120	13:00	01:15:42	02:28:45.80	02:28:45.80	+01:23:58 (56.5%)	12:23	4.8 (43.2%)
896	JĘDRZEJCZYK Adam	6730		Open Mężczyzn	611	14:15	01:02:59	02:28:49.90	02:28:49.90	+01:24:02 (56.5%)	12:24	4.8 (43.2%)
897	SYGIET Wiktor	5088	HUSARIA RACE TEAM	Open Mężczyzn	612	11:30	00:46:23	02:28:51.20	02:28:51.20	+01:24:04 (56.5%)	12:24	4.8 (43.2%)
898	KOWNACKA Ewelina	6298		Open Kobiet	82	13:30	01:17:45	02:28:53.75	02:28:53.75	+01:24:06 (56.5%)	12:24	4.8 (43.2%)
899	SZYMAŃSKI Adam	5511	DZIADY OCR	Open Masters Mężczyzn	121	12:15	01:12:01	02:28:59.35	02:28:59.35	+01:24:12 (56.5%)	12:24	4.8 (43.2%)
900	GRZYBOWSKI Grzegorz	5814	KRATOS TRZEBNICA	Open Mężczyzn	613	12:45	01:15:53	02:29:01.25	02:29:01.25	+01:24:14 (56.5%)	12:25	4.8 (43.2%)
901	RACZYCKA Beata	5816	KRATOS TRZEBNICA	Open Masters Kobiet	17	12:45	01:15:39	02:29:03.95	02:29:03.95	+01:24:16 (56.5%)	12:25	4.8 (43.2%)
902	POLOMSKI Dawid	5906		Open Mężczyzn	614	12:45	01:07:01	02:29:05.90	02:29:05.90	+01:24:18 (56.5%)	12:25	4.8 (43.2%)
903	CHAJEC Przemysław	5302		Open Masters Mężczyzn	122	11:45	01:09:07	02:29:06.35	02:29:06.35	+01:24:19 (56.6%)	12:25	4.8 (43.2%)
904	WASILEC Katarzyna	6054		Open Kobiet	83	13:00	01:14:12	02:29:09.65	02:29:09.65	+01:24:22 (56.6%)	12:25	4.8 (43.2%)
905	SKOCZEK Marcin	5040	WATAHA	Open Masters Mężczyzn	123	11:20	01:01:48	02:29:10.05	02:29:10.05	+01:24:23 (56.6%)	12:25	4.8 (43.2%)
906	STOJANOW Wiktoria	6051		Open Kobiet	84	13:00	01:14:13	02:29:10.20	02:29:10.20	+01:24:23 (56.6%)	12:25	4.8 (43.2%)
907	WANKIEWICZ Paweł	6687	STONERIDGE POLSKA	Open Mężczyzn	615	14:15	01:18:49	02:29:14.50	02:29:14.50	+01:24:27 (56.6%)	12:26	4.8 (43.2%)
908	CIEŚLAK Paweł	6684	STONERIDGE POLSKA	Open Mężczyzn	616	14:15	01:18:49	02:29:14.55	02:29:14.55	+01:24:27 (56.6%)	12:26	4.8 (43.2%)
909	KOSMALA Marcin	6734		Open Masters Mężczyzn	124	14:15	01:18:50	02:29:14.85	02:29:14.85	+01:24:27 (56.6%)	12:26	4.8 (43.2%)
910	DRZEWIECKI Paweł	6575	STONERIDGE POLSKA	Open Mężczyzn	617	14:15	01:18:14	02:29:15.15	02:29:15.15	+01:24:28 (56.6%)	12:26	4.8 (43.2%)
911	KOBIERSKI Hubert	5388	GŁUSI-WROCŁAW	Open Mężczyzn	618	12:00	01:18:43	02:29:21.45	02:29:21.45	+01:24:34 (56.6%)	12:26	4.8 (43.2%)
912	DYMALSKI Dariusz	5638	8E	Open Mężczyzn	619	12:30	01:09:35	02:29:28.95	02:29:28.95	+01:24:41 (56.7%)	12:27	4.8 (43.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
913	ZAWADZKI Jakub	5639	8E	Open Mężczyzn	620	12:30	01:09:30	02:29:29.25	02:29:29.25	+01:24:42 (56.7%)	12:27	4.8 (43.2%)
914	PILSZEK Marek	5959	HUSARIA RACE TEAM	Open Mężczyzn	621	13:00	01:11:36	02:29:36.75	02:29:36.75	+01:24:49 (56.7%)	12:28	4.8 (43.2%)
915	WŁODARCZYK Jan	5961	HUSARIA RACE TEAM	Open Mężczyzn	622	13:00	01:02:28	02:29:41.15	02:29:41.15	+01:24:54 (56.7%)	12:28	4.8 (43.2%)
916	PACH Katarzyna	6360	CF CZĘSTOCHOWA	Open Kobiet	85	13:45	01:16:39	02:29:41.85	02:29:41.85	+01:24:54 (56.7%)	12:28	4.8 (43.2%)
917	WOJTASIK Babara	6363	CF CZĘSTOCHOWA	Open Kobiet	86	13:45	01:16:39	02:29:42.70	02:29:42.70	+01:24:55 (56.7%)	12:28	4.8 (43.2%)
918	BIEGAŃSKA Joanna	6805	CF KUŹNIA DAMIANA	Open Kobiet	87	14:45	01:08:28	02:29:43.65	02:29:43.65	+01:24:56 (56.7%)	12:28	4.8 (43.2%)
919	MAJ Monika	6806	CF KUŹNIA DAMIANA	Open Kobiet	88	14:45	01:08:28	02:29:44.05	02:29:44.05	+01:24:57 (56.7%)	12:28	4.8 (43.2%)
920	FIGUŁA Sławomir	6718		Open Mężczyzn	623	14:15	01:12:03	02:29:45.00	02:29:45.00	+01:24:58 (56.7%)	12:28	4.8 (43.2%)
921	CZERWONKA Zbigniew	6709		Open Mężczyzn	624	14:15	01:12:04	02:29:45.20	02:29:45.20	+01:24:58 (56.7%)	12:28	4.8 (43.2%)
922	LEMANIK Dariusz	6743		Open Masters Mężczyzn	125	14:15	01:13:37	02:29:46.45	02:29:46.45	+01:24:59 (56.7%)	12:28	4.8 (43.2%)
923	KORYTNICKA Marlena	5221	HUSARIA RACE TEAM	Open Kobiet	89	11:45	01:09:45	02:29:46.85	02:29:46.85	+01:24:59 (56.7%)	12:28	4.8 (43.2%)
923	KRYŚCIAK Krzysztof	6738		Open Masters Mężczyzn	126	14:15	01:13:36	02:29:46.85	02:29:46.85	+01:24:59 (56.7%)	12:28	4.8 (43.2%)
925	NIZIURSKA Marzanna	5226	HUSARIA RACE TEAM	Open Masters Kobiet	18	11:45	01:09:37	02:29:47.25	02:29:47.25	+01:25:00 (56.7%)	12:28	4.8 (43.2%)
926	OSTAFIN Joanna	5227	HUSARIA RACE TEAM	Open Kobiet	90	11:45	01:09:46	02:29:47.35	02:29:47.35	+01:25:00 (56.8%)	12:28	4.8 (43.2%)
927	JANY Jarosław	5973	NIEWDYMACZE	Open Masters Mężczyzn	127	13:00	01:20:21	02:29:48.15	02:29:48.15	+01:25:01 (56.8%)	12:29	4.8 (43.2%)
928	BŁONIAK Piotr	5813	KRATOS TRZEBNICA	Open Masters Mężczyzn	128	12:45	01:16:40	02:29:48.20	02:29:48.20	+01:25:01 (56.8%)	12:29	4.8 (43.2%)
929	WALKIEWICZ Michał	5819	KRATOS TRZEBNICA	Open Mężczyzn	625	12:45	01:15:44	02:29:48.70	02:29:48.70	+01:25:01 (56.8%)	12:29	4.8 (43.2%)
930	KLAPP Anna	5703	SALAMON TEAM	Open Masters Kobiet	19	12:30	01:12:18	02:29:49.65	02:29:49.65	+01:25:02 (56.8%)	12:29	4.8 (43.2%)
931	PASZEK Ewa	5706	SALAMON TEAM	Open Masters Kobiet	20	12:30	01:14:11	02:29:50.55	02:29:50.55	+01:25:03 (56.8%)	12:29	4.8 (43.2%)
932	MACIOCHA Krzysztof	6745		Open Mężczyzn	626	14:15	01:03:28	02:29:50.90	02:29:50.90	+01:25:03 (56.8%)	12:29	4.8 (43.2%)
933	WASIEWICZ Daniel	5820	KRATOS TRZEBNICA	Open Mężczyzn	627	12:45	01:17:20	02:29:51.25	02:29:51.25	+01:25:04 (56.8%)	12:29	4.8 (43.2%)
934	NICPOŃ Monika	6263	SALAMON TEAM	Open Masters Kobiet	21	12:30	01:12:19	02:29:51.30	02:29:51.30	+01:25:04 (56.8%)	12:29	4.8 (43.2%)
935	KORCZYŃSKI Paweł	5892		Open Mężczyzn	628	12:45	01:01:09	02:29:56.15	02:29:56.15	+01:25:09 (56.8%)	12:29	4.8 (43.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
936	BURACZYŃSKA Sandra	6848		Open Kobiet	91	12:45	01:01:09	02:29:56.25	02:29:56.25	+01:25:09 (56.8%)	12:29	4.8 (43.2%)
937	PODGÓRNI Dawid	5802	EKIPA BAŁAGAN	Open Mężczyzn	629	12:45	01:10:16	02:30:01.50	02:30:01.50	+01:25:14 (56.8%)	12:30	4.8 (43.2%)
938	WARDZAŁA Jakub	5774		Open Mężczyzn	630	12:30	01:16:44	02:30:03.95	02:30:03.95	+01:25:16 (56.8%)	12:30	4.8 (43.2%)
939	ŁUKASIEWICZ Marcin	6210	ANAL TERROR	Open Mężczyzn	631	13:30	01:01:11	02:30:11.50	02:30:11.50	+01:25:24 (56.9%)	12:30	4.8 (43.2%)
940	OLEKSIAK Marek	6211	ANAL TERROR	Open Mężczyzn	632	13:30	01:01:12	02:30:12.85	02:30:12.85	+01:25:25 (56.9%)	12:31	4.8 (43.2%)
941	MACIEJEWSKI Mariusz	6255	RASZKÓW I OKOLICZNE WIOSKI	Open Mężczyzn	633	13:30	01:08:17	02:30:15.50	02:30:15.50	+01:25:28 (56.9%)	12:31	4.8 (43.2%)
942	KRZEMIEŃ Sławomir	6101	KRATOS TRZEBNICA	Open Masters Mężczyzn	129	12:45	01:14:46	02:30:19.50	02:30:19.50	+01:25:32 (56.9%)	12:31	4.8 (43.2%)
942	HANDZLIK Agnieszka	6866	SALAMON TEAM	Open Kobiet	92	13:45	01:15:19	02:30:19.50	02:30:19.50	+01:25:32 (56.9%)	12:31	4.8 (43.2%)
944	STEMPNIAK Paweł	5357	BIG RED ONE RUNNING TEAM	Open Masters Mężczyzn	130	12:00	01:10:45	02:30:20.60	02:30:20.60	+01:25:33 (56.9%)	12:31	4.8 (43.2%)
945	KEBLESZ Adam	6149	VOESTALPINE	Open Masters Mężczyzn	131	13:45	01:10:04	02:30:21.00	02:30:21.00	+01:25:34 (56.9%)	12:31	4.8 (43.2%)
946	ŻUREK Michał	5997	TS WIELICZANKA	Open Mężczyzn	634	13:00	01:00:18	02:30:23.05	02:30:23.05	+01:25:36 (56.9%)	12:31	4.8 (43.2%)
947	HERÓD Rafał	5995	TS WIELICZANKA	Open Mężczyzn	635	13:00	01:00:27	02:30:23.80	02:30:23.80	+01:25:36 (56.9%)	12:31	4.8 (43.2%)
948	KORZENIOWSKI Mateusz	5996	TS WIELICZANKA	Open Mężczyzn	636	13:00	01:00:25	02:30:24.35	02:30:24.35	+01:25:37 (56.9%)	12:32	4.8 (43.2%)
949	LENARTOWICZ Anna	5176		Open Masters Kobiet	22	11:35	01:17:39	02:30:24.75	02:30:24.75	+01:25:37 (56.9%)	12:32	4.8 (43.2%)
950	PAWLAK Tomasz	5948	GOVECS & FRIENDS	Open Masters Mężczyzn	132	13:00	01:16:19	02:30:26.45	02:30:26.45	+01:25:39 (56.9%)	12:32	4.8 (43.2%)
951	KRÓLIKOWSKA Anna	5222	HUSARIA RACE TEAM	Open Kobiet	93	11:45	01:11:03	02:30:29.20	02:30:29.20	+01:25:42 (57.0%)	12:32	4.8 (43.2%)
952	NIEMCZYK Błażej	6040		Open Mężczyzn	637	13:00	01:03:52	02:30:34.65	02:30:34.65	+01:25:47 (57.0%)	12:32	4.8 (43.2%)
953	GRYMEK Dagmara	5783	BEFIT24TEAM	Open Kobiet	94	12:45	01:09:22	02:30:35.10	02:30:35.10	+01:25:48 (57.0%)	12:32	4.8 (43.2%)
954	KOZŁOWSKI Łukasz	6232	JOLAOS GYM	Open Mężczyzn	638	13:30	01:12:51	02:30:41.45	02:30:41.45	+01:25:54 (57.0%)	12:33	4.8 (43.2%)
955	DRAŻKOWSKI Grzegorz	6231	JOLAOS GYM	Open Mężczyzn	639	13:30	01:12:48	02:30:41.95	02:30:41.95	+01:25:54 (57.0%)	12:33	4.8 (43.2%)
956	SZEWczyk Paweł	5295	WYBRAŃCY NETTLE	Open Masters Mężczyzn	133	11:45	01:11:23	02:30:42.85	02:30:42.85	+01:25:55 (57.0%)	12:33	4.8 (43.2%)
957	NASTIUK Bartosz	5293	WYBRAŃCY NETTLE	Open Masters Mężczyzn	134	11:45	01:11:24	02:30:46.10	02:30:46.10	+01:25:59 (57.0%)	12:33	4.8 (43.2%)
958	GEMBAL Marek	6020		Open Mężczyzn	640	13:00	01:01:18	02:30:46.25	02:30:46.25	+01:25:59 (57.0%)	12:33	4.8 (43.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
959	SZEWCZUK Michał	6329		Open Mężczyzn	641	13:30	01:13:52	02:30:47.35	02:30:47.35	+01:26:00 (57.0%)	12:33	4.8 (43.2%)
960	SKRZYPEK Mateusz	5817	KRATOS TRZEBNICA	Open Mężczyzn	642	12:45	01:13:58	02:30:53.95	02:30:53.95	+01:26:06 (57.1%)	12:34	4.8 (43.2%)
961	TEKIELA Przemysław	5818	KRATOS TRZEBNICA	Open Mężczyzn	643	12:45	01:15:53	02:30:55.20	02:30:55.20	+01:26:08 (57.1%)	12:34	4.8 (43.2%)
962	ORŁOWSKA Renata	6691	SZARAŃCZA	Open Kobiet	95	14:15	01:15:12	02:31:03.90	02:31:03.90	+01:26:16 (57.1%)	12:35	4.8 (43.2%)
963	BIERZA Alina	5274	RUNMAGEDDONOWE ŚWIRY	Open Masters Kobiet	23	11:45	01:19:33	02:31:06.05	02:31:06.05	+01:26:19 (57.1%)	12:35	4.8 (43.2%)
964	KUCHARSKA Aleksandra	6739		Open Kobiet	96	14:15	01:16:25	02:31:06.15	02:31:06.15	+01:26:19 (57.1%)	12:35	4.8 (43.2%)
965	KUCHARSKA Monika	6740		Open Kobiet	97	14:15	01:16:25	02:31:06.70	02:31:06.70	+01:26:19 (57.1%)	12:35	4.8 (43.2%)
966	MICHNO Agata	6633	CF KUŹNIA DAMIANA	Open Kobiet	98	14:15	01:20:05	02:31:10.25	02:31:10.25	+01:26:23 (57.1%)	12:35	4.8 (43.2%)
967	KINEL Agnieszka	6632	CF KUŹNIA DAMIANA	Open Kobiet	99	14:15	01:20:06	02:31:10.40	02:31:10.40	+01:26:23 (57.1%)	12:35	4.8 (43.2%)
968	TOMASZEWSKI Karol	6772		Open Mężczyzn	644	14:15	00:59:16	02:31:10.75	02:31:10.75	+01:26:23 (57.1%)	12:35	4.8 (43.2%)
969	PUPKA Rafał	5375	GANG ŚWIEŻAKÓW WOŁCZYN	Open Mężczyzn	645	12:00	01:13:37	02:31:14.10	02:31:14.10	+01:26:27 (57.2%)	12:36	4.8 (43.2%)
970	KOŚCIUK Kacper	6030		Open Mężczyzn	646	13:00	01:14:14	02:31:15.00	02:31:15.00	+01:26:28 (57.2%)	12:36	4.8 (43.2%)
971	RZĄDKOWSKI Robert	5376	GANG ŚWIEŻAKÓW WOŁCZYN	Open Masters Mężczyzn	135	12:00	01:13:37	02:31:15.85	02:31:15.85	+01:26:28 (57.2%)	12:36	4.8 (43.2%)
972	MNICH Krystian	6037		Open Mężczyzn	647	13:00	01:14:13	02:31:17.00	02:31:17.00	+01:26:30 (57.2%)	12:36	4.8 (43.2%)
973	KANTEK Katarzyna	6295		Open Kobiet	100	13:30	01:09:38	02:31:18.85	02:31:18.85	+01:26:31 (57.2%)	12:36	4.8 (43.2%)
974	MICHALSKI Tomasz	6311		Open Masters Mężczyzn	136	13:30	01:07:47	02:31:19.10	02:31:19.10	+01:26:32 (57.2%)	12:36	4.8 (43.2%)
975	KAŹMIERCZAK Agnieszka	5681	OMEGA SQUAD	Open Masters Kobiet	24	12:30	01:16:29	02:31:27.30	02:31:27.30	+01:26:40 (57.2%)	12:37	4.8 (43.2%)
976	WIĘCEK Urszula	5775		Open Kobiet	101	12:30	01:17:01	02:31:30.60	02:31:30.60	+01:26:43 (57.2%)	12:37	4.8 (43.2%)
977	ŁASKAWSKI Michał	5860	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	648	12:45	01:09:21	02:31:33.35	02:31:33.35	+01:26:46 (57.3%)	12:37	4.8 (43.2%)
978	KNOPIK Łukasz	6202	#BLUES BROTHERS#	Open Masters Mężczyzn	137	13:30	01:19:00	02:31:37.75	02:31:37.75	+01:26:50 (57.3%)	12:38	4.7 (42.3%)
979	SZEPIELAK Jacek	6328		Open Masters Mężczyzn	138	13:30	01:09:44	02:31:38.75	02:31:38.75	+01:26:51 (57.3%)	12:38	4.7 (42.3%)
980	KOWALSKI Piotr	5368	GANG ŚWIEŻAKÓW WOŁCZYN	Open Mężczyzn	649	12:00	01:13:37	02:31:44.55	02:31:44.55	+01:26:57 (57.3%)	12:38	4.7 (42.3%)
981	SIWA Aleksandra	6066	CROSFIT LUBIN	Open Kobiet	102	13:15	01:15:22	02:31:45.45	02:31:45.45	+01:26:58 (57.3%)	12:38	4.7 (42.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
982	RADTKE Maciej	6065	CROSFIT LUBIN	Open Masters Mężczyzn	139	13:15	01:15:12	02:31:45.60	02:31:45.60	+01:26:58 (57.3%)	12:38	4.7 (42.3%)
983	SIWY Piotr	6067	CROSFIT LUBIN	Open Masters Mężczyzn	140	13:15	01:15:18	02:31:45.90	02:31:45.90	+01:26:58 (57.3%)	12:38	4.7 (42.3%)
983	STARZYK Klaudia	6079	CROSSFIT LUBIN	Open Kobiet	103	13:15	01:15:21	02:31:45.90	02:31:45.90	+01:26:58 (57.3%)	12:38	4.7 (42.3%)
985	STADNICKI Kacper	6853		Open Mężczyzn	650	13:15	01:15:15	02:31:46.40	02:31:46.40	+01:26:59 (57.3%)	12:38	4.7 (42.3%)
986	SYGNATOWICZ Kamil	6080	CROSSFIT LUBIN	Open Mężczyzn	651	13:15	01:15:12	02:31:46.55	02:31:46.55	+01:26:59 (57.3%)	12:38	4.7 (42.3%)
987	MARCZAN Patryk	6690	SZARAŃCZA	Open Masters Mężczyzn	141	14:15	01:15:17	02:31:50.45	02:31:50.45	+01:27:03 (57.3%)	12:39	4.7 (42.3%)
988	CZUBASZEWSKI Kamil	6645	HUSARIA RACE TEAM	Open Mężczyzn	652	14:15	01:12:12	02:31:50.80	02:31:50.80	+01:27:03 (57.3%)	12:39	4.7 (42.3%)
989	KOWALIK Krystian	6689	SZARAŃCZA	Open Mężczyzn	653	14:15	01:15:22	02:31:53.35	02:31:53.35	+01:27:06 (57.3%)	12:39	4.7 (42.3%)
990	ŻONTOW Maciej	6638	DELOITTE ADVENTURE TEAM	Open Mężczyzn	654	14:15	01:06:35	02:31:53.95	02:31:53.95	+01:27:06 (57.4%)	12:39	4.7 (42.3%)
991	WALCZAK Aleksandra	6475		Open Kobiet	104	13:45	01:15:19	02:31:54.35	02:31:54.35	+01:27:07 (57.4%)	12:39	4.7 (42.3%)
992	ORŁOWSKI Lesław	6884	SZARAŃCZA	Open Masters Mężczyzn	142	14:15	01:15:20	02:31:55.15	02:31:55.15	+01:27:08 (57.4%)	12:39	4.7 (42.3%)
993	WODOWSKI Przemek	6693	SZARAŃCZA	Open Masters Mężczyzn	143	14:15	01:15:14	02:31:55.55	02:31:55.55	+01:27:08 (57.4%)	12:39	4.7 (42.3%)
993	KOWALEWSKA Ewa	5815	KRATOS TRZEBNICA	Open Kobiet	105	12:45	01:16:40	02:31:55.55	02:31:55.55	+01:27:08 (57.4%)	12:39	4.7 (42.3%)
995	WÓJCIK Jarosław	6235	KABANY	Open Masters Mężczyzn	144	13:30	01:20:59	02:31:56.35	02:31:56.35	+01:27:09 (57.4%)	12:39	4.7 (42.3%)
996	DORAK Kacper	6688	SZARAŃCZA	Open Mężczyzn	655	14:15	01:15:21	02:31:56.90	02:31:56.90	+01:27:09 (57.4%)	12:39	4.7 (42.3%)
997	KUMAŃSKI Arek	5134		Elite Mężczyzn	58	11:30	00:47:39	02:32:01.40	02:32:01.40	+01:27:14 (57.4%)	12:40	4.7 (42.3%)
998	ZACHWIEJA Dawid	5670	GANG PODHALE	Open Mężczyzn	656	12:30	01:18:40	02:32:03.15	02:32:03.15	+01:27:16 (57.4%)	12:40	4.7 (42.3%)
999	SĘPEK Konrad	5766		Open Mężczyzn	657	12:30	01:18:40	02:32:04.20	02:32:04.20	+01:27:17 (57.4%)	12:40	4.7 (42.3%)
1000	ZASADA Dominik	5926	CONTENDER TEAM	Open Mężczyzn	658	13:00	01:00:52	02:32:18.95	02:32:18.95	+01:27:31 (57.5%)	12:41	4.7 (42.3%)
1001	KSIĘŻOPOLSKA Małgorzata	6224	HUSARIA RACE TEAM	Open Kobiet	106	13:30	01:21:01	02:32:19.40	02:32:19.40	+01:27:32 (57.5%)	12:41	4.7 (42.3%)
1002	PATEREK Bartosz	6315		Open Mężczyzn	659	13:30	01:14:21	02:32:29.15	02:32:29.15	+01:27:42 (57.5%)	12:42	4.7 (42.3%)
1003	GANCARZ Małgorzata	5672	HUSARIA RACE TEAM	Open Masters Kobiet	25	12:30	01:15:50	02:32:34.25	02:32:34.25	+01:27:47 (57.5%)	12:42	4.7 (42.3%)
1004	WODZINSKA Edyta	5964	JANUSZE BŁOTNYCH BIEGÓW	Open Kobiet	107	13:00		02:32:38.00	02:32:38.00	+01:27:51 (57.6%)	12:43	4.7 (42.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1005	ŁANOCHA Mikołaj	5473		Open Mężczyzn	660	12:00	01:02:06	02:32:38.40	02:32:38.40	+01:27:51 (57.6%)	12:43	4.7 (42.3%)
1006	TRZOS Daria	5249	LAWYERS & ABC TEAM	Open Kobiet	108	11:45	01:14:06	02:32:39.40	02:32:39.40	+01:27:52 (57.6%)	12:43	4.7 (42.3%)
1007	GÓRECKI Wojciech	5241	LAWYERS & ABC TEAM	Open Mężczyzn	661	11:45	01:14:03	02:32:39.45	02:32:39.45	+01:27:52 (57.6%)	12:43	4.7 (42.3%)
1007	GAMZA Barbara	5239	LAWYERS & ABC TEAM	Open Kobiet	109	11:45	01:14:06	02:32:39.45	02:32:39.45	+01:27:52 (57.6%)	12:43	4.7 (42.3%)
1009	JEZUSEK Grzegorz	5244	LAWYERS & ABC TEAM	Open Masters Mężczyzn	145	11:45	01:14:03	02:32:39.70	02:32:39.70	+01:27:52 (57.6%)	12:43	4.7 (42.3%)
1009	JEZUSEK Edyta	5243	LAWYERS & ABC TEAM	Open Masters Kobiet	26	11:45	01:14:05	02:32:39.70	02:32:39.70	+01:27:52 (57.6%)	12:43	4.7 (42.3%)
1011	GAMZA Mariusz	5240	LAWYERS & ABC TEAM	Open Mężczyzn	662	11:45	01:14:03	02:32:40.25	02:32:40.25	+01:27:53 (57.6%)	12:43	4.7 (42.3%)
1012	WITKOWSKI Paweł	6336		Open Mężczyzn	663	12:30	01:03:51	02:33:05.10	02:33:05.10	+01:28:18 (57.7%)	12:45	4.7 (42.3%)
1013	KAPUSTKA Łukasz	5501	BORSUKI, ANIE, GRZYBY	Open Mężczyzn	664	12:15	01:14:05	02:33:07.95	02:33:07.95	+01:28:20 (57.7%)	12:45	4.7 (42.3%)
1014	AUGUSTYNIAK Artur	5873		Open Mężczyzn	665	12:45	01:09:48	02:33:12.15	02:33:12.15	+01:28:25 (57.7%)	12:46	4.7 (42.3%)
1015	KĘDZIOR Paweł	5465		Open Masters Mężczyzn	146	12:00	01:18:07	02:33:13.30	02:33:13.30	+01:28:26 (57.7%)	12:46	4.7 (42.3%)
1016	LENARTOWICZ Maciej	6406	SZUKAMY SPONSORÓW	Open Mężczyzn	666	13:45	01:08:26	02:33:15.30	02:33:15.30	+01:28:28 (57.7%)	12:46	4.7 (42.3%)
1017	WILCZAK Jakub	6525	ELEMONT	Open Mężczyzn	667	14:00	01:18:55	02:33:17.00	02:33:17.00	+01:28:30 (57.7%)	12:46	4.7 (42.3%)
1018	BROS Mateusz	6834		Open Mężczyzn	668	13:45	01:15:15	02:33:18.00	02:33:18.00	+01:28:31 (57.7%)	12:46	4.7 (42.3%)
1019	CZEKAJ Mateusz	5671	HUSARIA RACE TEAM	Open Mężczyzn	669	12:30	01:15:51	02:33:19.75	02:33:19.75	+01:28:32 (57.7%)	12:46	4.7 (42.3%)
1020	KILKA Dorota	6405	SZUKAMY SPONSORÓW	Open Kobiet	110	13:45	01:08:27	02:33:21.50	02:33:21.50	+01:28:34 (57.8%)	12:46	4.7 (42.3%)
1021	JANKOWIAK Piotr	5077	HUSARIA RACE TEAM	Elite Mężczyzn	59	11:30	00:55:31	02:33:23.65	02:33:23.65	+01:28:36 (57.8%)	12:46	4.7 (42.3%)
1022	PODSIADŁO Bartosz	6618		Open Mężczyzn	670	14:00	01:14:08	02:33:33.45	02:33:33.45	+01:28:46 (57.8%)	12:47	4.7 (42.3%)
1023	ZIMNIAK Marika	6526	ENTER AIR RUNNERS CLUB	Open Kobiet	111	14:00	01:14:12	02:33:34.65	02:33:34.65	+01:28:47 (57.8%)	12:47	4.7 (42.3%)
1024	METZ Piotr	6181		Open Mężczyzn	671	13:15	01:16:10	02:33:37.20	02:33:37.20	+01:28:50 (57.8%)	12:48	4.7 (42.3%)
1025	CHODYNIECKA Agnieszka	5289	WYBRAŃCY NETTLE	Open Masters Kobiet	27	11:45	01:15:50	02:33:39.90	02:33:39.90	+01:28:52 (57.8%)	12:48	4.7 (42.3%)
1026	KOWALIK Karolina	5290	WYBRAŃCY NETTLE	Open Kobiet	112	11:45	01:15:50	02:33:41.40	02:33:41.40	+01:28:54 (57.8%)	12:48	4.7 (42.3%)
1027	FABIA Marcin	6591		Open Mężczyzn	672	14:00	01:12:46	02:33:42.15	02:33:42.15	+01:28:55 (57.9%)	12:48	4.7 (42.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
1028	BLUM Rafał	5288	WYBRAŃCY NETTLE	Open Masters Mężczyzn	147	11:45	01:15:47	02:33:45.80	02:33:45.80	+01:28:58 (57.9%)	12:48	4.7 (42.3%)
1029	ŁĄCKI Wojciech	6791		Open Mężczyzn	673	14:30	01:14:12	02:33:46.90	02:33:46.90	+01:28:59 (57.9%)	12:48	4.7 (42.3%)
1030	LUS Tomasz	6792		Open Mężczyzn	674	14:30	01:14:13	02:33:47.60	02:33:47.60	+01:29:00 (57.9%)	12:48	4.7 (42.3%)
1031	PATEREK Kacper	6316		Open Mężczyzn	675	13:30	01:14:23	02:33:52.75	02:33:52.75	+01:29:05 (57.9%)	12:49	4.7 (42.3%)
1032	LORENZ Dariusz	5705	SALAMON TEAM	Open Masters Mężczyzn	148	12:30	01:12:22	02:33:57.75	02:33:57.75	+01:29:10 (57.9%)	12:49	4.7 (42.3%)
1033	BŁASZCZYK Mateusz	6649	JOLAOS GYM	Open Mężczyzn	676	13:30	01:12:53	02:33:59.60	02:33:59.60	+01:29:12 (57.9%)	12:49	4.7 (42.3%)
1034	TRĘDA Cezary	5963	JANUSZE BŁOTNYCH BIEGÓW	Open Mężczyzn	677	13:00	01:05:31	02:34:02.50	02:34:02.50	+01:29:15 (57.9%)	12:50	4.7 (42.3%)
1035	PURCHALAK Paweł	6102	NO LIMIT TEAM	Open Mężczyzn	678	13:15	01:21:20	02:34:02.90	02:34:02.90	+01:29:15 (57.9%)	12:50	4.7 (42.3%)
1036	JAROSZEK Julia	6400	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	113	13:45	01:16:30	02:34:13.10	02:34:13.10	+01:29:26 (58.0%)	12:51	4.7 (42.3%)
1037	WIECZOREK Mateusz	6401	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	679	13:45	01:16:30	02:34:13.70	02:34:13.70	+01:29:26 (58.0%)	12:51	4.7 (42.3%)
1038	PAJĄK Dominik	5502	BORSUKI, ANIE, GRZYBY	Open Masters Mężczyzn	149	12:15	01:14:05	02:34:15.45	02:34:15.45	+01:29:28 (58.0%)	12:51	4.7 (42.3%)
1039	PRENDOTA Anna	5503	BORSUKI, ANIE, GRZYBY	Open Kobiet	114	12:15	01:14:12	02:34:16.20	02:34:16.20	+01:29:29 (58.0%)	12:51	4.7 (42.3%)
1040	PRENDOTA Grzegorz	5504	BORSUKI, ANIE, GRZYBY	Open Mężczyzn	680	12:15	01:14:12	02:34:16.35	02:34:16.35	+01:29:29 (58.0%)	12:51	4.7 (42.3%)
1041	MARTYNA Aleksander	6679	STARÓWKA	Open Mężczyzn	681	14:15	01:17:04	02:34:24.75	02:34:24.75	+01:29:37 (58.0%)	12:52	4.7 (42.3%)
1042	PUSTELNIK Dawid	6683	STARÓWKA	Open Mężczyzn	682	14:15	01:17:10	02:34:27.60	02:34:27.60	+01:29:40 (58.1%)	12:52	4.7 (42.3%)
1043	MARTYNA Artur	6680	STARÓWKA	Open Mężczyzn	683	14:15	01:17:01	02:34:29.20	02:34:29.20	+01:29:42 (58.1%)	12:52	4.7 (42.3%)
1044	BRYK Michał	6521	ELEMONT	Open Mężczyzn	684	14:00	01:18:57	02:34:30.40	02:34:30.40	+01:29:43 (58.1%)	12:52	4.7 (42.3%)
1045	BIEŃKOWSKI Radosław	5286	WYBRAŃCY NETTLE	Open Mężczyzn	685	11:45	01:15:53	02:34:36.30	02:34:36.30	+01:29:49 (58.1%)	12:53	4.7 (42.3%)
1046	CŁAPA Kamil	5971	NIEWDYMACZE	Open Mężczyzn	686	13:00	01:21:06	02:34:45.15	02:34:45.15	+01:29:58 (58.1%)	12:53	4.7 (42.3%)
1047	MICHALAK Przemysław	5871	X- FORCE TEAM	Open Mężczyzn	687	12:45	01:13:06	02:34:51.75	02:34:51.75	+01:30:04 (58.2%)	12:54	4.6 (41.4%)
1048	WANDYCZ Marcin	6251	PROGRESS GŁOGÓW	Open Mężczyzn	688	13:30	01:15:06	02:34:52.95	02:34:52.95	+01:30:05 (58.2%)	12:54	4.6 (41.4%)
1049	KOZŁOWSKI Przemysław	5893		Open Mężczyzn	689	12:45	01:13:05	02:34:53.50	02:34:53.50	+01:30:06 (58.2%)	12:54	4.6 (41.4%)
1050	ZIELIŃSKI Łukasz	6252	PROGRESS GŁOGÓW	Open Masters Mężczyzn	150	13:30	01:14:34	02:34:53.70	02:34:53.70	+01:30:06 (58.2%)	12:54	4.6 (41.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
1051	KOŁPAK Magdalena	5870	X- FORCE TEAM	Open Kobiet	115	12:45	01:13:08	02:34:54.50	02:34:54.50	+01:30:07 (58.2%)	12:54	4.6 (41.4%)
1052	BRODA Wojciech	5881		Open Mężczyzn	690	12:45	01:20:11	02:35:01.55	02:35:01.55	+01:30:14 (58.2%)	12:55	4.6 (41.4%)
1053	OCHMAN-SIATKA Sylwia	5902		Open Kobiet	116	12:45	01:20:10	02:35:01.90	02:35:01.90	+01:30:14 (58.2%)	12:55	4.6 (41.4%)
1054	ANDRZEJEWSKI Marcin	5872		Open Mężczyzn	691	12:45	01:19:55	02:35:02.20	02:35:02.20	+01:30:15 (58.2%)	12:55	4.6 (41.4%)
1055	KRZESZOWIEC Jacek	5678	KATORITEAM	Open Masters Mężczyzn	151	12:30	01:18:25	02:35:26.45	02:35:26.45	+01:30:39 (58.3%)	12:57	4.6 (41.4%)
1056	NAZARUK Katarzyna	5809	KATORITEAM	Open Kobiet	117	12:30	01:18:30	02:35:28.40	02:35:28.40	+01:30:41 (58.3%)	12:57	4.6 (41.4%)
1057	PAWŁOWSKI Krzysztof	6044		Open Mężczyzn	692	13:00		02:35:38.00	02:35:38.00	+01:30:51 (58.4%)	12:58	4.6 (41.4%)
1058	TARNAWSKA Joanna	5547	PREFABRYKATY	Open Kobiet	118	12:15	01:13:06	02:35:41.25	02:35:41.25	+01:30:54 (58.4%)	12:58	4.6 (41.4%)
1059	PASZEK Grzegorz	5862	SALAMON TEAM	Open Masters Mężczyzn	152	12:30	01:14:10	02:35:41.90	02:35:41.90	+01:30:54 (58.4%)	12:58	4.6 (41.4%)
1060	SUCHY Tomasz	6647	HUSARIA RACE TEAM	Open Mężczyzn	693	14:15	01:12:08	02:35:42.85	02:35:42.85	+01:30:55 (58.4%)	12:58	4.6 (41.4%)
1061	BOLANOWSKA Aleksandra	6429		Open Kobiet	119	12:15	01:13:23	02:35:42.90	02:35:42.90	+01:30:55 (58.4%)	12:58	4.6 (41.4%)
1062	JARECKI Jakub	5544	PREFABRYKATY	Open Mężczyzn	694	12:15	01:13:05	02:35:43.20	02:35:43.20	+01:30:56 (58.4%)	12:58	4.6 (41.4%)
1063	MAICHER Nicola	6036		Open Kobiet	120	13:00	01:15:12	02:35:43.40	02:35:43.40	+01:30:56 (58.4%)	12:58	4.6 (41.4%)
1064	RYBORZ Iwona	6047		Open Kobiet	121	13:00	01:15:12	02:35:43.55	02:35:43.55	+01:30:56 (58.4%)	12:58	4.6 (41.4%)
1065	KULIG Łukasz	5704	SALAMON TEAM	Open Mężczyzn	695	12:30	01:13:19	02:35:43.70	02:35:43.70	+01:30:56 (58.4%)	12:58	4.6 (41.4%)
1066	BRZEZINKA Robert	6015		Open Mężczyzn	696	13:00	01:15:13	02:35:43.95	02:35:43.95	+01:30:56 (58.4%)	12:58	4.6 (41.4%)
1067	DUSZYNSKI Igor	5734		Open Mężczyzn	697	12:30	01:07:05	02:35:44.55	02:35:44.55	+01:30:57 (58.4%)	12:58	4.6 (41.4%)
1068	ROCH Miłosz	5763		Open Mężczyzn	698	12:30	01:07:06	02:35:44.95	02:35:44.95	+01:30:57 (58.4%)	12:58	4.6 (41.4%)
1069	BATRA Sumit	5119		Elite Mężczyzn	60	11:30	00:45:48	02:35:45.15	02:35:45.15	+01:30:58 (58.4%)	12:58	4.6 (41.4%)
1070	ANTCZAK Borys	5112	WATAHA	Open Mężczyzn	699	11:20	00:45:21	02:35:54.35	02:35:54.35	+01:31:07 (58.4%)	12:59	4.6 (41.4%)
1071	TYPKIEWICZ Piotr	5529	KONDZIO TEAM	Open Mężczyzn	700	12:15	01:07:12	02:36:07.10	02:36:07.10	+01:31:20 (58.5%)	13:00	4.6 (41.4%)
1072	SZMELTER Konrad	5528	KONDZIO TEAM	Open Mężczyzn	701	12:15	01:07:14	02:36:07.35	02:36:07.35	+01:31:20 (58.5%)	13:00	4.6 (41.4%)
1073	BRONIECKA Aleksandra	5526	KONDZIO TEAM	Open Kobiet	122	12:15	01:07:08	02:36:07.60	02:36:07.60	+01:31:20 (58.5%)	13:00	4.6 (41.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
1074	WOŹNIAK Michelle	5588	ZRZUCAMY BRZUCHY	Open Kobiet	123	12:15	01:07:07	02:36:07.65	02:36:07.65	+01:31:20 (58.5%)	13:00	4.6 (41.4%)
1075	SZYGULSKI Kamil	5810	KONDZIO TEAM	Open Mężczyzn	702	12:15	01:07:08	02:36:08.05	02:36:08.05	+01:31:21 (58.5%)	13:00	4.6 (41.4%)
1075	MYŚLIWIEC Paweł	5527	KONDZIO TEAM	Open Mężczyzn	703	12:15	01:07:09	02:36:08.05	02:36:08.05	+01:31:21 (58.5%)	13:00	4.6 (41.4%)
1077	WIDZIŃSKA Agnieszka	5255	NINJA LUDKI	Open Kobiet	124	11:45	01:10:56	02:36:08.95	02:36:08.95	+01:31:21 (58.5%)	13:00	4.6 (41.4%)
1078	JAKUBOWSKA Edyta	6841	NINJA LUDKI	Open Masters Kobiet	28	11:45	01:11:39	02:36:10.35	02:36:10.35	+01:31:23 (58.5%)	13:00	4.6 (41.4%)
1079	ZIĘCINA Kamil	5977	ORDAIW TEAM	Open Mężczyzn	704	13:00	01:17:39	02:36:10.55	02:36:10.55	+01:31:23 (58.5%)	13:00	4.6 (41.4%)
1080	BIŁKA Kinga	5702	SALAMON TEAM	Open Kobiet	125	12:30	01:13:23	02:36:11.35	02:36:11.35	+01:31:24 (58.5%)	13:00	4.6 (41.4%)
1081	STEFANIUK Konrad	5976	ORDAIW TEAM	Open Mężczyzn	705	13:00	01:17:40	02:36:11.75	02:36:11.75	+01:31:24 (58.5%)	13:00	4.6 (41.4%)
1082	WIDZIŃSKI Piotr	5257	NINJA LUDKI	Open Mężczyzn	706	11:45	01:13:39	02:36:16.60	02:36:16.60	+01:31:29 (58.5%)	13:01	4.6 (41.4%)
1083	KRAWCZYK Karina	6119	SOMSIADY OCR	Open Kobiet	126	13:00	01:18:56	02:33:47.35	02:36:24.90	+01:31:37 (58.6%)	12:48	4.7 (42.3%)
1084	CHWIEJA Patryk	6809	MY FITNESS PLACE OPOLE	Open Mężczyzn	707	14:45	01:16:40	02:36:29.80	02:36:29.80	+01:31:42 (58.6%)	13:02	4.6 (41.4%)
1085	KOZŁOWSKI Marcin	6302		Open Mężczyzn	708	13:30	01:19:19	02:36:31.05	02:36:31.05	+01:31:44 (58.6%)	13:02	4.6 (41.4%)
1086	JAGŁA Michalina	6811	MY FITNESS PLACE OPOLE	Open Kobiet	127	14:45	01:16:41	02:36:31.20	02:36:31.20	+01:31:44 (58.6%)	13:02	4.6 (41.4%)
1087	GÓRNIACZYK Krystian	6117	SKOŃCZENI OCR	Open Mężczyzn	709	13:00	01:18:59	02:33:55.70	02:36:32.60	+01:31:45 (58.6%)	12:49	4.7 (42.3%)
1088	KOZŁOWSKA Malgorzata	6301		Open Kobiet	128	13:30	01:19:18	02:36:32.70	02:36:32.70	+01:31:45 (58.6%)	13:02	4.6 (41.4%)
1089	URBACZKA Bogdan	5772		Open Masters Mężczyzn	153	12:30	01:11:10	02:36:36.05	02:36:36.05	+01:31:49 (58.6%)	13:03	4.6 (41.4%)
1090	OLĘDZKI Rafał	6561	NICETECH	Open Mężczyzn	710	14:00	01:18:15	02:36:44.00	02:36:44.00	+01:31:57 (58.7%)	13:03	4.6 (41.4%)
1090	OLĘDZKA Joanna	6560	NICETECH	Open Kobiet	129	14:00	01:18:19	02:36:44.00	02:36:44.00	+01:31:57 (58.7%)	13:03	4.6 (41.4%)
1092	HARWACKI Jacek	6559	NICETECH	Open Mężczyzn	711	14:00	01:18:06	02:36:44.10	02:36:44.10	+01:31:57 (58.7%)	13:03	4.6 (41.4%)
1093	JANISZEWSKA Katarzyna	5887		Open Masters Kobiet	29	12:45	01:18:55	02:36:48.35	02:36:48.35	+01:32:01 (58.7%)	13:04	4.6 (41.4%)
1094	BIELECKA Magdalena	5696	RUNMAGEDDON POLICE TEAM BRZEG	Open Masters Kobiet	30	12:30	01:16:47	02:36:49.65	02:36:49.65	+01:32:02 (58.7%)	13:04	4.6 (41.4%)
1095	TRZASKA Anna	5701	RUNMAGEDDON POLICE TEAM BRZEG	Open Masters Kobiet	31	12:30	01:17:12	02:36:50.20	02:36:50.20	+01:32:03 (58.7%)	13:04	4.6 (41.4%)
1095	ZGARDOWSKI Mateusz	5918		Open Mężczyzn	712	12:45	01:18:55	02:36:50.20	02:36:50.20	+01:32:03 (58.7%)	13:04	4.6 (41.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
1097	SZRENIAWA-SZTAJNERT Artur	5911		Open Mężczyzn	713	12:45	01:18:56	02:36:50.25	02:36:50.25	+01:32:03 (58.7%)	13:04	4.6 (41.4%)
1098	TKACZENKO Artur	5677	KACZANIAKI	Open Mężczyzn	714	12:30	01:07:00	02:36:53.00	02:36:53.00	+01:32:06 (58.7%)	13:04	4.6 (41.4%)
1099	GALAR Grzegorz	5697	RUNMAGEDDON POLICE TEAM BRZEG	Open Mężczyzn	715	12:30	01:16:49	02:36:55.60	02:36:55.60	+01:32:08 (58.7%)	13:04	4.6 (41.4%)
1100	GRZECH Mateusz	5059	BESTIE OCR LEGIONOWO	Open Mężczyzn	716	11:30	00:54:45	02:37:00.00	02:37:00.00	+01:32:13 (58.7%)	13:05	4.6 (41.4%)
1101	WIDZIŃSKI Daniel	5256	NINJA LUDKI	Open Mężczyzn	717	11:45	01:11:40	02:37:02.50	02:37:02.50	+01:32:15 (58.7%)	13:05	4.6 (41.4%)
1102	ROMAN Michał	5700	RUNMAGEDDON POLICE TEAM BRZEG	Open Mężczyzn	718	12:30	01:17:20	02:37:04.35	02:37:04.35	+01:32:17 (58.8%)	13:05	4.6 (41.4%)
1103	BORKOWSKI Bartłomiej	5120		Elite Mężczyzn	61	11:30	00:59:17	02:37:17.20	02:37:17.20	+01:32:30 (58.8%)	13:06	4.6 (41.4%)
1104	GABOR Karol	5737		Open Mężczyzn	719	12:30	00:59:14	02:37:22.55	02:37:22.55	+01:32:35 (58.8%)	13:06	4.6 (41.4%)
1105	BRATKOWSKI Radosław	5880		Open Mężczyzn	720	12:45	01:08:38	02:37:23.95	02:37:23.95	+01:32:36 (58.8%)	13:06	4.6 (41.4%)
1106	SKRZYNIARZ Rafał	6646	HUSARIA RACE TEAM	Open Mężczyzn	721	12:30	01:01:40	02:37:39.65	02:37:39.65	+01:32:52 (58.9%)	13:08	4.6 (41.4%)
1107	KOŚCIAŃSKI Łukasz	6628	BABAYAGA SPORT	Open Mężczyzn	722	13:00	01:18:23	02:37:40.15	02:37:40.15	+01:32:53 (58.9%)	13:08	4.6 (41.4%)
1108	NOWACKI Filip	6630	BABAYAGA SPORT	Open Mężczyzn	723	13:00	01:18:16	02:37:41.25	02:37:41.25	+01:32:54 (58.9%)	13:08	4.6 (41.4%)
1109	ŁĘGOWSKI Jarosław	6629	BABAYAGA SPORT	Open Masters Mężczyzn	154	13:00	01:18:19	02:37:41.30	02:37:41.30	+01:32:54 (58.9%)	13:08	4.6 (41.4%)
1110	PŁÓCIENNIK Szymon	6631	BABAYAGA SPORT	Open Mężczyzn	724	13:00	01:18:15	02:37:41.80	02:37:41.80	+01:32:54 (58.9%)	13:08	4.6 (41.4%)
1111	GRACZYKOWSKI Patryk	6569	SPIZGANI "SOMSIEDZI"	Open Mężczyzn	725	14:00	01:12:44	02:37:45.85	02:37:45.85	+01:32:58 (58.9%)	13:08	4.6 (41.4%)
1112	JAKUBOWSKA Edyta	5253	NINJA LUDKI	Open Masters Kobiet	32	11:45	01:10:51	02:37:48.95	02:37:48.95	+01:33:01 (59.0%)	13:09	4.6 (41.4%)
1113	NYCZKE Eryk	5418	PIEROŻKI123	Open Mężczyzn	726	12:00	01:18:12	02:37:53.05	02:37:53.05	+01:33:06 (59.0%)	13:09	4.6 (41.4%)
1114	KASPERSKA Wiktoria	5417	PIEROŻKI123	Open Kobiet	130	12:00	01:18:13	02:37:54.55	02:37:54.55	+01:33:07 (59.0%)	13:09	4.6 (41.4%)
1115	INDRYKA Grzegorz	6808	MFP ŚLĄSK	Open Mężczyzn	727	14:45	01:18:02	02:37:58.10	02:37:58.10	+01:33:11 (59.0%)	13:09	4.6 (41.4%)
1116	MAĆKÓW Klaudia	6306		Open Kobiet	131	13:30	01:16:37	02:38:05.05	02:38:05.05	+01:33:18 (59.0%)	13:10	4.6 (41.4%)
1117	SŁOMSKI Tomasz	6326		Open Mężczyzn	728	13:30	01:16:37	02:38:05.70	02:38:05.70	+01:33:18 (59.0%)	13:10	4.6 (41.4%)
1118	KULBA Rafał	5133		Open Mężczyzn	729	11:30	00:47:48	02:38:12.55	02:38:12.55	+01:33:25 (59.1%)	13:11	4.6 (41.4%)
1119	WIŚNIEWSKA Paulina	6502	BASTION	Open Kobiet	132	14:15	01:26:10	02:38:17.55	02:38:17.55	+01:33:30 (59.1%)	13:11	4.5 (40.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
1120	DUDEK Dawid	6717		Open Mężczyzn	730	14:15	01:26:11	02:38:18.90	02:38:18.90	+01:33:31 (59.1%)	13:11	4.5 (40.5%)
1121	KŁOSOWSKI Karol	5673	HUSARIA RACE TEAM	Open Mężczyzn	731	12:30	01:01:39	02:38:19.45	02:38:19.45	+01:33:32 (59.1%)	13:11	4.5 (40.5%)
1122	NOWAK Mateusz	6813	MY FITNESS PLACE OPOLE	Open Mężczyzn	732	14:45	01:18:03	02:38:23.90	02:38:23.90	+01:33:36 (59.1%)	13:11	4.5 (40.5%)
1123	SZATKOWSKI Tomasz	6815	MY FITNESS PLACE OPOLE	Open Mężczyzn	733	14:45	01:18:01	02:38:24.15	02:38:24.15	+01:33:37 (59.1%)	13:12	4.5 (40.5%)
1124	STANKIEWICZ Monika	6194		Open Kobiet	133	13:15	01:16:00	02:38:26.40	02:38:26.40	+01:33:39 (59.1%)	13:12	4.5 (40.5%)
1125	PIWKO Piotr	5699	RUNMAGEDDON POLICE TEAM BRZEG	Open Masters Mężczyzn	155	12:30	01:17:10	02:38:33.20	02:38:33.20	+01:33:46 (59.1%)	13:12	4.5 (40.5%)
1126	PILCH Marek	5698	RUNMAGEDDON POLICE TEAM BRZEG	Open Mężczyzn	734	12:30	01:16:54	02:38:33.70	02:38:33.70	+01:33:46 (59.1%)	13:12	4.5 (40.5%)
1127	SZABAT Adrianna	5727	WATAHA	Open Kobiet	134	12:30	01:09:23	02:38:34.10	02:38:34.10	+01:33:47 (59.1%)	13:12	4.5 (40.5%)
1128	GŁAZOWSKI Karol	5442	ZARAZ BĘDZIE CIEMNO!	Open Mężczyzn	735	12:00	01:16:36	02:38:45.45	02:38:45.45	+01:33:58 (59.2%)	13:13	4.5 (40.5%)
1129	MILCZAREK Paweł	5586	ZARAZ BĘDZIE CIEMNO!	Open Mężczyzn	736	12:00	01:16:30	02:38:47.55	02:38:47.55	+01:34:00 (59.2%)	13:13	4.5 (40.5%)
1130	CICHA Emilia	6283		Open Kobiet	135	13:30	01:22:06	02:38:53.90	02:38:53.90	+01:34:06 (59.2%)	13:14	4.5 (40.5%)
1131	RYCKO Marcin	5330		Open Mężczyzn	737	11:45	00:56:27	02:38:54.20	02:38:54.20	+01:34:07 (59.2%)	13:14	4.5 (40.5%)
1132	BRZOSTOWSKI Artur	5382	GŁUSI-WROCŁAW	Open Mężczyzn	738	12:00	01:20:50	02:39:03.85	02:39:03.85	+01:34:16 (59.3%)	13:15	4.5 (40.5%)
1133	KOWOL Aron	6300		Open Mężczyzn	739	13:30	01:30:39	02:39:09.10	02:39:09.10	+01:34:22 (59.3%)	13:15	4.5 (40.5%)
1134	KOWOL Anita	6299		Open Kobiet	136	13:30	01:30:46	02:39:09.95	02:39:09.95	+01:34:22 (59.3%)	13:15	4.5 (40.5%)
1135	MĘDROWSKI Łukasz	6310		Open Mężczyzn	740	13:30	01:00:30	02:39:14.55	02:39:14.55	+01:34:27 (59.3%)	13:16	4.5 (40.5%)
1136	DUDEK Kamil	5512	FRYWOLNE ROSOMAKI	Open Mężczyzn	741	12:15	01:11:49	02:39:14.65	02:39:14.65	+01:34:27 (59.3%)	13:16	4.5 (40.5%)
1137	KINAS Michał	5513	FRYWOLNE ROSOMAKI	Open Mężczyzn	742	12:15	01:11:49	02:39:14.85	02:39:14.85	+01:34:27 (59.3%)	13:16	4.5 (40.5%)
1138	PAWŁOWSKI Jakub	6849	FRYWOLNE ROSOMAKI	Open Mężczyzn	743	12:15	01:04:05	02:39:15.30	02:39:15.30	+01:34:28 (59.3%)	13:16	4.5 (40.5%)
1139	SAWICZ Michał	6323		Open Mężczyzn	744	13:30	01:11:38	02:39:18.65	02:39:18.65	+01:34:31 (59.3%)	13:16	4.5 (40.5%)
1140	TOMASZEWICZ Adam	6332		Open Mężczyzn	745	13:30	01:11:38	02:39:22.20	02:39:22.20	+01:34:35 (59.4%)	13:16	4.5 (40.5%)
1141	DUDKIEWICZ Piotr	6435		Open Mężczyzn	746	13:30	01:17:21	02:39:24.80	02:39:24.80	+01:34:37 (59.4%)	13:17	4.5 (40.5%)
1142	SZYMANSKI Patryk	6331		Open Mężczyzn	747	13:30	01:17:21	02:39:26.75	02:39:26.75	+01:34:39 (59.4%)	13:17	4.5 (40.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1142	MĄDRY Mateusz	6307		Open Mężczyzn	748	13:30	01:22:01	02:39:26.75	02:39:26.75	+01:34:39 (59.4%)	13:17	4.5 (40.5%)
1144	CIEMAŁA Szczepan	6567	SPEED RUNNERS	Open Mężczyzn	749	14:00	01:13:21	02:39:27.55	02:39:27.55	+01:34:40 (59.4%)	13:17	4.5 (40.5%)
1145	GIEDRYS Adam	5128		Open Mężczyzn	750	11:30	00:50:41	02:39:28.95	02:39:28.95	+01:34:41 (59.4%)	13:17	4.5 (40.5%)
1146	RYBICKI Marcin	6192		Open Mężczyzn	751	13:15	01:15:59	02:39:35.25	02:39:35.25	+01:34:48 (59.4%)	13:17	4.5 (40.5%)
1147	POSPIESZYŃSKI Bartosz	6758		Open Mężczyzn	752	14:15	01:07:16	02:39:42.55	02:39:42.55	+01:34:55 (59.4%)	13:18	4.5 (40.5%)
1148	REJNIAK Dawid	6763		Open Mężczyzn	753	14:15	01:07:15	02:39:43.15	02:39:43.15	+01:34:56 (59.4%)	13:18	4.5 (40.5%)
1149	STEMPIEŃ Marcin	6769		Open Mężczyzn	754	14:15	01:07:17	02:39:43.25	02:39:43.25	+01:34:56 (59.4%)	13:18	4.5 (40.5%)
1150	TRONINA Sylwia	5395	GŁUSI-WROCŁAW	Open Kobiet	137	12:00	01:21:19	02:39:52.60	02:39:52.60	+01:35:05 (59.5%)	13:19	4.5 (40.5%)
1151	TOMALA Ewelina	5394	GŁUSI-WROCŁAW	Open Kobiet	138	12:00	01:21:06	02:39:52.95	02:39:52.95	+01:35:05 (59.5%)	13:19	4.5 (40.5%)
1152	ADAMEK Marcin	5379	GLUSI-WROCLAW	Open Mężczyzn	755	12:00	01:20:49	02:39:53.35	02:39:53.35	+01:35:06 (59.5%)	13:19	4.5 (40.5%)
1153	ANTONIAK Jarosław	5381	GŁUSI-WROCŁAW	Open Mężczyzn	756	12:00	01:20:56	02:39:53.55	02:39:53.55	+01:35:06 (59.5%)	13:19	4.5 (40.5%)
1154	BIEŃKOWSKI Radosław	6837	WYBRAŃCY NETTLE	Open Mężczyzn	757	11:45	01:15:48	02:39:56.35	02:39:56.35	+01:35:09 (59.5%)	13:19	4.5 (40.5%)
1155	ŻABOKLIICKI Piotr	6339		Open Mężczyzn	758	13:30	01:22:03	02:40:07.80	02:40:07.80	+01:35:20 (59.5%)	13:20	4.5 (40.5%)
1156	SZYMKOWIAK Maciej	5632		Open Mężczyzn	759	12:15	01:10:19	02:40:09.45	02:40:09.45	+01:35:22 (59.6%)	13:20	4.5 (40.5%)
1156	PISKOR Angelika	5621		Open Kobiet	139	12:15	01:10:20	02:40:09.45	02:40:09.45	+01:35:22 (59.6%)	13:20	4.5 (40.5%)
1158	HRYNIEWIECKI Paweł	5602		Open Mężczyzn	760	12:15	01:09:53	02:40:09.85	02:40:09.85	+01:35:22 (59.6%)	13:20	4.5 (40.5%)
1159	SERAFIN Piotr	5625		Open Mężczyzn	761	12:15	01:10:19	02:40:09.95	02:40:09.95	+01:35:22 (59.6%)	13:20	4.5 (40.5%)
1160	BROŻA Sebastian	5594		Open Mężczyzn	762	12:15	01:10:21	02:40:10.45	02:40:10.45	+01:35:23 (59.6%)	13:20	4.5 (40.5%)
1161	KOZULA Marcin	5747		Open Mężczyzn	763	12:30	01:09:22	02:40:18.45	02:40:18.45	+01:35:31 (59.6%)	13:21	4.5 (40.5%)
1162	SKRZYNECKA Agnieszka	5831	LASEROWE BIEDRONKI	Open Kobiet	140	12:45	01:12:26	02:40:20.40	02:40:20.40	+01:35:33 (59.6%)	13:21	4.5 (40.5%)
1163	WAWRZYŃIAK Dorota	5229	HUSARIA RACE TEAM	Open Masters Kobiet	33	11:45	01:10:50	02:40:24.80	02:40:24.80	+01:35:37 (59.6%)	13:22	4.5 (40.5%)
1163	WITECKA Izabela	5230	HUSARIA RACE TEAM	Open Kobiet	141	11:45	01:10:53	02:40:24.80	02:40:24.80	+01:35:37 (59.6%)	13:22	4.5 (40.5%)
1165	PIECYK Armand	5830	LASEROWE BIEDRONKI	Open Mężczyzn	764	12:45	01:12:22	02:40:29.05	02:40:29.05	+01:35:42 (59.6%)	13:22	4.5 (40.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
1166	GALICKI Sławomir	5127		Elite Mężczyzn	62	11:30		02:40:39.00	02:40:39.00	+01:35:52 (59.7%)	13:23	4.5 (40.5%)
1167	DOPIERALSKI Dariusz	6715		Open Mężczyzn	765	14:15	01:03:58	02:40:42.25	02:40:42.25	+01:35:55 (59.7%)	13:23	4.5 (40.5%)
1168	GIERA Marcin	6871		Open Mężczyzn	766	14:15	01:04:00	02:40:43.30	02:40:43.30	+01:35:56 (59.7%)	13:23	4.5 (40.5%)
1169	AL-THABET Jafar	6414	WATAHA	Open Mężczyzn	767	13:45	01:12:22	02:40:50.25	02:40:50.25	+01:36:03 (59.7%)	13:24	4.5 (40.5%)
1170	BUCHALSKI Rafał	6238	MAFIA Z GORUKLE	Open Mężczyzn	768	13:30	01:22:01	02:40:51.90	02:40:51.90	+01:36:04 (59.7%)	13:24	4.5 (40.5%)
1171	HARENDA Oskar	5825	LASEROWE BIEDRONKI	Open Mężczyzn	769	12:45	01:12:25	02:40:53.65	02:40:53.65	+01:36:06 (59.7%)	13:24	4.5 (40.5%)
1172	ZIELIŃSKI Andrzej	6247	ODDAM SIOSTRĘ W DOBRE RĘCE	Open Mężczyzn	770	13:30	01:24:04	02:40:54.10	02:40:54.10	+01:36:07 (59.7%)	13:24	4.5 (40.5%)
1173	ZIELINSKA Anna	6246	ODDAM SIOSTRĘ W DOBRE RĘCE	Open Kobiet	142	13:30	01:24:08	02:40:54.50	02:40:54.50	+01:36:07 (59.7%)	13:24	4.5 (40.5%)
1174	KLUZA Wiktor	6245	ODDAM SIOSTRĘ W DOBRE RĘCE	Open Mężczyzn	771	13:30	01:24:10	02:40:55.30	02:40:55.30	+01:36:08 (59.7%)	13:24	4.5 (40.5%)
1175	WOŚ Krzysztof	5238	KRWAWA ZEMSTA TEŚCIOWEJ	Open Mężczyzn	772	11:45	01:09:51	02:41:03.10	02:41:03.10	+01:36:16 (59.8%)	13:25	4.5 (40.5%)
1176	GRABIEC Łukasz	5234	KRWAWA ZEMSTA TEŚCIOWEJ	Open Mężczyzn	773	11:45	01:09:47	02:41:03.40	02:41:03.40	+01:36:16 (59.8%)	13:25	4.5 (40.5%)
1177	MROZEK Tomasz	5236	KRWAWA ZEMSTA TEŚCIOWEJ	Open Mężczyzn	774	11:45	01:09:47	02:41:03.75	02:41:03.75	+01:36:16 (59.8%)	13:25	4.5 (40.5%)
1177	WEISSENSTEINER Dawid	5237	KRWAWA ZEMSTA TEŚCIOWEJ	Open Mężczyzn	775	11:45	01:09:47	02:41:03.75	02:41:03.75	+01:36:16 (59.8%)	13:25	4.5 (40.5%)
1179	LOBODA Vladyslav	5135		Open Mężczyzn	776	11:30	00:52:44	02:41:07.25	02:41:07.25	+01:36:20 (59.8%)	13:25	4.5 (40.5%)
1180	BUNIKOWSKA Emilia	5954	HUSARIA RACE TEAM	Open Kobiet	143	13:00	01:16:30	02:41:11.30	02:41:11.30	+01:36:24 (59.8%)	13:25	4.5 (40.5%)
1181	PAWELEC Aleksandra	5958	HUSARIA RACE TEAM	Open Kobiet	144	13:00	01:16:29	02:41:13.35	02:41:13.35	+01:36:26 (59.8%)	13:26	4.5 (40.5%)
1182	JANKOWSKI Amadeusz	6441		Open Mężczyzn	777	13:45	01:09:39	02:41:13.40	02:41:13.40	+01:36:26 (59.8%)	13:26	4.5 (40.5%)
1183	MAJEWSKI Tomasz	6455		Open Mężczyzn	778	13:45	01:09:40	02:41:15.85	02:41:15.85	+01:36:28 (59.8%)	13:26	4.5 (40.5%)
1184	RETELEWSKI Marcin	5713	SPORTERA OCR	Open Mężczyzn	779	12:15	01:07:19	02:41:18.75	02:41:18.75	+01:36:31 (59.8%)	13:26	4.5 (40.5%)
1185	DYBA Małgorzata	6072	CROSSFIT LUBIN	Open Masters Kobiet	34	13:15	01:25:16	02:41:25.30	02:41:25.30	+01:36:38 (59.9%)	13:27	4.5 (40.5%)
1186	DYBA Jacek	6071	CROSSFIT LUBIN	Open Masters Mężczyzn	156	13:15	01:25:00	02:41:25.45	02:41:25.45	+01:36:38 (59.9%)	13:27	4.5 (40.5%)
1187	WÓJTOWICZ Anna	6216	CROSSFIT LUBIN	Open Masters Kobiet	35	13:15	01:25:25	02:41:26.00	02:41:26.00	+01:36:39 (59.9%)	13:27	4.5 (40.5%)
1188	RODAK Agnieszka	6078	CROSSFIT LUBIN	Open Masters Kobiet	36	13:15	01:25:17	02:41:26.35	02:41:26.35	+01:36:39 (59.9%)	13:27	4.5 (40.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point	RMG	Czas	Czas	Różn	Tempo	Tempo
							7km	12km	brutto	12km			
1189	JARZĘBSKA Marta	6075	CROSSFIT LUBIN	Open Masters Kobiet	37	13:15	01:23:14	02:41:27.25	02:41:27.25	+01:36:40 (59.9%)	13:27	4.5 (40.5%)	
1189	CZERNIEC Barbara	6069	CROSSFIT LUBIN	Open Kobiet	145	13:15	01:24:55	02:41:27.25	02:41:27.25	+01:36:40 (59.9%)	13:27	4.5 (40.5%)	
1191	GRZEGORZEWSKI Krzysztof	6073	CROSSFIT LUBIN	Open Masters Mężczyzn	157	13:15	01:25:17	02:41:27.75	02:41:27.75	+01:36:40 (59.9%)	13:27	4.5 (40.5%)	
1192	LEWANDOWSKI Grzegorz	6077	CROSSFIT LUBIN	Open Masters Mężczyzn	158	13:15	01:23:17	02:41:28.40	02:41:28.40	+01:36:41 (59.9%)	13:27	4.5 (40.5%)	
1193	JAŚKIEWICZ Krzysztof	6076	CROSSFIT LUBIN	Open Masters Mężczyzn	159	13:15	01:23:09	02:41:28.45	02:41:28.45	+01:36:41 (59.9%)	13:27	4.5 (40.5%)	
1194	JUROC Bartłomiej	5652	CF KUŹNIA DAMIANA	Open Mężczyzn	780	12:30	01:09:00	02:41:31.05	02:41:31.05	+01:36:44 (59.9%)	13:27	4.5 (40.5%)	
1195	JUROC Tomasz	5653	CF KUŹNIA DAMIANA	Open Masters Mężczyzn	160	12:30	01:08:49	02:41:33.70	02:41:33.70	+01:36:46 (59.9%)	13:27	4.5 (40.5%)	
1196	ŚWICA Alicja	6500	AKADEMIA ZDROWEGO CIAŁA	Open Kobiet	146	14:00	01:21:24	02:41:36.30	02:41:36.30	+01:36:49 (59.9%)	13:28	4.5 (40.5%)	
1197	MAROŃSKI Piotr	6423	ZAKOCHAŃCE	Open Mężczyzn	781	13:45	01:13:29	02:41:42.05	02:41:42.05	+01:36:55 (59.9%)	13:28	4.5 (40.5%)	
1198	POMIETŁO Małgorzata	6424	ZAKOCHAŃCE	Open Kobiet	147	13:45	01:13:29	02:41:42.25	02:41:42.25	+01:36:55 (59.9%)	13:28	4.5 (40.5%)	
1199	MOTOWIDELKO-PUSTELAK Iwona	5404	HUSARIA RACE TEAM	Open Kobiet	148	12:00	01:08:41	02:41:43.95	02:41:43.95	+01:36:56 (59.9%)	13:28	4.5 (40.5%)	
1200	CHOŁOMEK Krzysztof	6708		Open Mężczyzn	782	14:15	01:15:09	02:41:45.95	02:41:45.95	+01:36:58 (60.0%)	13:28	4.5 (40.5%)	
1201	MOL Wojtek	6568	SPEED RUNNERS	Open Mężczyzn	783	14:00	01:13:21	02:41:47.65	02:41:47.65	+01:37:00 (60.0%)	13:28	4.5 (40.5%)	
1202	TRACZYK Norbert	6501	AKADEMIA ZDROWEGO CIAŁA	Open Mężczyzn	784	14:00	01:21:24	02:41:54.85	02:41:54.85	+01:37:07 (60.0%)	13:29	4.4 (39.6%)	
1203	JANKOWSKI Paweł	6548	MANTICORE FITNESS - LEGNICA	Open Masters Mężczyzn	161	14:00	01:18:40	02:41:56.00	02:41:56.00	+01:37:09 (60.0%)	13:29	4.4 (39.6%)	
1204	WÓJCIK Michał	6156	VOESTALPINE	Open Mężczyzn	785	13:15	01:29:38	02:42:00.15	02:42:00.15	+01:37:13 (60.0%)	13:30	4.4 (39.6%)	
1205	ROGOWSKI Oskar	6571	SPIZGANI "SOMSIEDZI"	Open Mężczyzn	786	14:00	01:12:41	02:42:13.15	02:42:13.15	+01:37:26 (60.1%)	13:31	4.4 (39.6%)	
1206	MILCZARCZYK Artur	6240	MAZE IN THE MAZE	Open Masters Mężczyzn	162	13:30	01:26:53	02:42:15.65	02:42:15.65	+01:37:28 (60.1%)	13:31	4.4 (39.6%)	
1207	POLIT Filip	5413	NINJA TEAM	Open Mężczyzn	787	12:00	01:04:17	02:42:18.35	02:42:18.35	+01:37:31 (60.1%)	13:31	4.4 (39.6%)	
1208	HANDZIAK Marta	5460		Open Kobiet	149	12:00	01:21:44	02:42:18.75	02:42:18.75	+01:37:31 (60.1%)	13:31	4.4 (39.6%)	
1209	MOKRZYCKA Weronika	5477		Open Kobiet	150	12:00	01:21:40	02:42:19.10	02:42:19.10	+01:37:32 (60.1%)	13:31	4.4 (39.6%)	
1210	WITKOWSKA Anna	6833	HUSARIA RACE TEAM	Open Kobiet	151	12:30	01:11:24	02:42:23.50	02:42:23.50	+01:37:36 (60.1%)	13:31	4.4 (39.6%)	
1211	MARCHLEWICZ Dawid	5521	HUSARIA RACE TEAM	Open Mężczyzn	788	12:15	00:59:26	02:42:29.20	02:42:29.20	+01:37:42 (60.1%)	13:32	4.4 (39.6%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
1212	MUCHA Jarosław	5956	HUSARIA RACE TEAM	Open Mężczyzn	789	13:00	01:16:11	02:42:32.45	02:42:32.45	+01:37:45 (60.1%)	13:32	4.4 (39.6%)
1213	TOCHOWICZ Barbara	5960	HUSARIA RACE TEAM	Open Kobiet	152	13:00	01:16:29	02:42:32.65	02:42:32.65	+01:37:45 (60.1%)	13:32	4.4 (39.6%)
1214	URBANIAK Mateusz	6053		Open Mężczyzn	790	13:00	00:58:17	02:42:38.05	02:42:38.05	+01:37:51 (60.2%)	13:33	4.4 (39.6%)
1215	ZAJKOWSKI Piotr	5835	LATAJĄCE CHOMICZKI	Open Mężczyzn	791	12:45	01:13:46	02:42:40.80	02:42:40.80	+01:37:53 (60.2%)	13:33	4.4 (39.6%)
1216	BAK Ilona	5834	LATAJĄCE CHOMICZKI	Open Kobiet	153	12:45	01:13:47	02:42:40.90	02:42:40.90	+01:37:53 (60.2%)	13:33	4.4 (39.6%)
1217	ŚCIUK Jakub	6765		Open Mężczyzn	792	14:15	01:15:02	02:42:44.00	02:42:44.00	+01:37:57 (60.2%)	13:33	4.4 (39.6%)
1217	KAMIŃSKI Mariusz	6731		Open Masters Mężczyzn	163	14:15	01:15:04	02:42:44.00	02:42:44.00	+01:37:57 (60.2%)	13:33	4.4 (39.6%)
1219	TOMANA Ewa	6659	MORSIKI	Open Masters Kobiet	38	14:15	01:11:37	02:42:46.40	02:42:46.40	+01:37:59 (60.2%)	13:33	4.4 (39.6%)
1220	TOMANA Marcin	6660	MORSIKI	Open Masters Mężczyzn	164	14:15	01:11:39	02:42:46.80	02:42:46.80	+01:37:59 (60.2%)	13:33	4.4 (39.6%)
1221	OSTROWSKA Katarzyna	6551	MANTICORE FITNESS - LEGNICA	Open Kobiet	154	14:00	01:18:42	02:42:48.70	02:42:48.70	+01:38:01 (60.2%)	13:34	4.4 (39.6%)
1222	WAJDA Anna	6554	MANTICORE FITNESS - LEGNICA	Open Kobiet	155	14:00	01:19:06	02:42:48.85	02:42:48.85	+01:38:01 (60.2%)	13:34	4.4 (39.6%)
1223	BIELAS Joanna	6368	FORMA CROSS TEAM CZĘSTOCHOWA	Open Kobiet	156	13:45	01:20:48	02:42:52.55	02:42:52.55	+01:38:05 (60.2%)	13:34	4.4 (39.6%)
1224	SIARA Krzysztof	6370	FORMA CROSS TEAM CZĘSTOCHOWA	Open Mężczyzn	793	13:45	01:20:48	02:42:53.50	02:42:53.50	+01:38:06 (60.2%)	13:34	4.4 (39.6%)
1225	PĘCZEK Adrian	6369	FORMA CROSS TEAM CZĘSTOCHOWA	Open Mężczyzn	794	13:45	01:20:47	02:42:53.55	02:42:53.55	+01:38:06 (60.2%)	13:34	4.4 (39.6%)
1226	SKRZYPIEC Paweł	6524	ELEMONT	Open Mężczyzn	795	14:00	01:19:03	02:43:09.50	02:43:09.50	+01:38:22 (60.3%)	13:35	4.4 (39.6%)
1227	KMIECIK Justyna	6533	HUSARIA RACE TEAM	Open Kobiet	157	14:00	01:28:17	02:43:12.35	02:43:12.35	+01:38:25 (60.3%)	13:36	4.4 (39.6%)
1228	KMIECIK Marcin	6534	HUSARIA RACE TEAM	Open Mężczyzn	796	14:00	01:28:14	02:43:13.15	02:43:13.15	+01:38:26 (60.3%)	13:36	4.4 (39.6%)
1229	JAROSZYŃSKA Joanna	6727		Open Kobiet	158	14:15	01:06:16	02:43:24.40	02:43:24.40	+01:38:37 (60.4%)	13:37	4.4 (39.6%)
1230	JAROSZYŃSKI Tomasz	6728		Open Mężczyzn	797	14:15	01:06:16	02:43:25.25	02:43:25.25	+01:38:38 (60.4%)	13:37	4.4 (39.6%)
1231	ŁONIEWSKI Jakub	5788	DREAM_TEAM 69	Open Mężczyzn	798	12:45	01:19:08	02:43:27.00	02:43:27.00	+01:38:40 (60.4%)	13:37	4.4 (39.6%)
1232	WRZOSEK Karol	5436	WARIATY Z KOŚCIANA	Open Mężczyzn	799	12:00	01:11:08	02:43:30.20	02:43:30.20	+01:38:43 (60.4%)	13:37	4.4 (39.6%)
1233	WIŚNIEWSKA Justyna	5943	FEMFIT5+	Open Kobiet	159	13:00	01:23:58	02:43:31.15	02:43:31.15	+01:38:44 (60.4%)	13:37	4.4 (39.6%)
1234	MAJCHERSKA Marcelina	5940	FEMFIT5+	Open Kobiet	160	13:00	01:23:56	02:43:31.75	02:43:31.75	+01:38:44 (60.4%)	13:37	4.4 (39.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
1235	MICHALSKI Michał	6850	WARIATY Z KOŚCIANA	Open Mężczyzn	800	12:00	01:11:10	02:43:31.95	02:43:31.95	+01:38:44 (60.4%)	13:37	4.4 (39.6%)
1236	MAJCHERSKI Tomasz	5941	FEMFIT5+	Open Mężczyzn	801	13:00	01:24:04	02:43:32.15	02:43:32.15	+01:38:45 (60.4%)	13:37	4.4 (39.6%)
1237	DROST Szymon	5433	WARIATY Z KOŚCIANA	Open Mężczyzn	802	12:00	01:11:09	02:43:32.35	02:43:32.35	+01:38:45 (60.4%)	13:37	4.4 (39.6%)
1237	KAŁUŻA Aleksandra	5939	FEMFIT5+	Open Kobiet	161	13:00	01:24:03	02:43:32.35	02:43:32.35	+01:38:45 (60.4%)	13:37	4.4 (39.6%)
1239	MIKOŁAJCZAK Andrzej	5435	WARIATY Z KOŚCIANA	Open Mężczyzn	803	12:00	01:11:10	02:43:32.55	02:43:32.55	+01:38:45 (60.4%)	13:37	4.4 (39.6%)
1240	HUBA Agnieszka	5938	FEMFIT5+	Open Kobiet	162	13:00	01:23:54	02:43:32.80	02:43:32.80	+01:38:45 (60.4%)	13:37	4.4 (39.6%)
1241	TRZCIŃSKA Joanna	5942	FEMFIT5+	Open Kobiet	163	13:00	01:23:55	02:43:33.20	02:43:33.20	+01:38:46 (60.4%)	13:37	4.4 (39.6%)
1242	URBANIAK Grzegorz	5341		Open Mężczyzn	804	11:45	01:24:11	02:43:36.95	02:43:36.95	+01:38:49 (60.4%)	13:38	4.4 (39.6%)
1243	CZEPIEC Alicja	6840	HUSARIA RACE TEAM	Open Kobiet	164	13:00	01:16:28	02:43:39.45	02:43:39.45	+01:38:52 (60.4%)	13:38	4.4 (39.6%)
1244	DENYSIUK Marek	5726	WATAHA	Open Masters Mężczyzn	165	12:30	00:50:47	02:43:39.65	02:43:39.65	+01:38:52 (60.4%)	13:38	4.4 (39.6%)
1245	HANDZIAK Bartosz	5459		Open Mężczyzn	805	12:00	01:21:38	02:43:43.15	02:43:43.15	+01:38:56 (60.4%)	13:38	4.4 (39.6%)
1246	BOŹEK Marcin	5451		Open Masters Mężczyzn	166	12:00	01:21:43	02:43:44.30	02:43:44.30	+01:38:57 (60.4%)	13:38	4.4 (39.6%)
1247	NADOBNIK Bartosz	6060	BARDZO ŁADNIE 2/10 XD	Open Mężczyzn	806	13:15	01:26:53	02:43:51.05	02:43:51.05	+01:39:04 (60.5%)	13:39	4.4 (39.6%)
1248	SUDÓŁ Daniel	6573	SPIZGANI "SOMSIEDZI"	Open Mężczyzn	807	14:00	01:12:42	02:44:25.15	02:44:25.15	+01:39:38 (60.6%)	13:42	4.4 (39.6%)
1249	JAGIEŁŁO Marcel	5741		Open Mężczyzn	808	12:30	01:12:07	02:44:36.10	02:44:36.10	+01:39:49 (60.6%)	13:43	4.4 (39.6%)
1250	CHOJAK Piotr	6282		Open Mężczyzn	809	13:30	01:09:26	02:44:37.55	02:44:37.55	+01:39:50 (60.6%)	13:43	4.4 (39.6%)
1251	ZARZECZNY Marcin	5525	HUSARIA RACE TEAM	Open Mężczyzn	810	12:15	01:13:22	02:44:38.70	02:44:38.70	+01:39:51 (60.7%)	13:43	4.4 (39.6%)
1252	WALIGÓRA Albert	5773		Open Masters Mężczyzn	167	12:30	01:17:40	02:44:40.95	02:44:40.95	+01:39:53 (60.7%)	13:43	4.4 (39.6%)
1253	BERGIER Rafał	5725	WATAHA	Open Masters Mężczyzn	168	12:30	01:17:41	02:44:41.80	02:44:41.80	+01:39:54 (60.7%)	13:43	4.4 (39.6%)
1254	PLICH Janusx	5050		Elite Masters Mężczyzn	11	11:20	01:16:54	02:44:45.40	02:44:45.40	+01:39:58 (60.7%)	13:43	4.4 (39.6%)
1255	BONECKI Mariusz	6544	MANTICORE FITNESS - LEGNICA	Open Mężczyzn	811	14:00	01:14:42	02:44:54.45	02:44:54.45	+01:40:07 (60.7%)	13:44	4.4 (39.6%)
1256	ZĘBACKI Paweł	6558	MANTICORE FITNESS - LEGNICA	Open Masters Mężczyzn	169	14:00	01:14:43	02:44:54.75	02:44:54.75	+01:40:07 (60.7%)	13:44	4.4 (39.6%)
1257	MAĆZKA Paweł	6550	MANTICORE FITNESS - LEGNICA	Open Mężczyzn	812	14:00	01:18:53	02:44:57.65	02:44:57.65	+01:40:10 (60.7%)	13:44	4.4 (39.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
1258	PIETROWSKI Błażej	6552	MANTICORE FITNESS - LEGNICA	Open Mężczyzn	813	14:00	01:14:38	02:44:57.85	02:44:57.85	+01:40:10 (60.7%)	13:44	4.4 (39.6%)
1259	ZĘBACKI Marek	6557	MANTICORE FITNESS - LEGNICA	Open Mężczyzn	814	14:00	01:14:38	02:44:58.30	02:44:58.30	+01:40:11 (60.7%)	13:44	4.4 (39.6%)
1260	DAJEK Adam	5787	DREAM_TEAM 69	Open Mężczyzn	815	12:45	01:19:04	02:44:58.35	02:44:58.35	+01:40:11 (60.7%)	13:44	4.4 (39.6%)
1261	ERKIERT Jarek	6546	MANTICORE FITNESS - LEGNICA	Open Mężczyzn	816	14:00	01:14:39	02:44:58.60	02:44:58.60	+01:40:11 (60.7%)	13:44	4.4 (39.6%)
1262	JAKUBOWSKA Angelika	6651	KONIUCHY OCR	Open Kobiet	165	14:15	01:15:10	02:44:58.90	02:44:58.90	+01:40:11 (60.7%)	13:44	4.4 (39.6%)
1263	PIETROWSKI Łukasz	6553	MANTICORE FITNESS - LEGNICA	Open Mężczyzn	817	14:00	01:14:40	02:44:59.00	02:44:59.00	+01:40:12 (60.7%)	13:44	4.4 (39.6%)
1264	KARPIAK Krzysiek	6549	MANTICORE FITNESS - LEGNICA	Open Mężczyzn	818	14:00	01:18:58	02:44:59.10	02:44:59.10	+01:40:12 (60.7%)	13:44	4.4 (39.6%)
1265	KACZMAREK Andrzej	5464		Open Masters Mężczyzn	170	12:00	01:19:41	02:45:01.60	02:45:01.60	+01:40:14 (60.7%)	13:45	4.4 (39.6%)
1266	PACZKOWSKI Tomasz	5484		Open Masters Mężczyzn	171	12:00	01:16:47	02:45:02.55	02:45:02.55	+01:40:15 (60.7%)	13:45	4.4 (39.6%)
1267	DAWLEWICZ Adrianna	5349	4 PORY ROKU	Open Kobiet	166	12:00	01:07:01	02:45:15.00	02:45:15.00	+01:40:28 (60.8%)	13:46	4.4 (39.6%)
1268	PTAK Magda	6262	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	167	12:00	01:20:20	02:45:15.25	02:45:15.25	+01:40:28 (60.8%)	13:46	4.4 (39.6%)
1269	KUPCZYK Kamil	5350	4 PORY ROKU	Open Mężczyzn	819	12:00	01:07:02	02:45:16.15	02:45:16.15	+01:40:29 (60.8%)	13:46	4.4 (39.6%)
1270	KOSACKA Ola	6029		Open Kobiet	168	13:00	01:25:16	02:45:16.85	02:45:16.85	+01:40:29 (60.8%)	13:46	4.4 (39.6%)
1271	WISNIEWSKI Mirosław	5205	BRONOWICKIE CENTRUM UBEZPIECZENIOWE	Open Masters Mężczyzn	172	11:45	01:12:24	02:45:21.90	02:45:21.90	+01:40:34 (60.8%)	13:46	4.4 (39.6%)
1272	DUERSCHLAG Iwona	5520	HUSARIA RACE TEAM	Open Masters Kobiet	39	12:15	01:13:20	02:45:44.00	02:45:44.00	+01:40:57 (60.9%)	13:48	4.3 (38.7%)
1273	SIMONI-KRAMARZ Alicja	5993	TABREW	Open Masters Kobiet	40	13:00	01:20:54	02:45:44.95	02:45:44.95	+01:40:57 (60.9%)	13:48	4.3 (38.7%)
1274	OGORZELEC Katarzyna	5990	TABREW	Open Kobiet	169	13:00	01:20:53	02:45:45.60	02:45:45.60	+01:40:58 (60.9%)	13:48	4.3 (38.7%)
1275	PĘKALA Renata	5991	TABREW	Open Masters Kobiet	41	13:00	01:20:54	02:45:46.10	02:45:46.10	+01:40:59 (60.9%)	13:48	4.3 (38.7%)
1276	GUMIELA Adam	6098	GRYF TEAM	Open Mężczyzn	820	13:15	01:29:57	02:45:50.05	02:45:50.05	+01:41:03 (60.9%)	13:49	4.3 (38.7%)
1277	RADWAŃSKA Zuzanna	6320		Open Kobiet	170	13:30	01:17:58	02:46:01.70	02:46:01.70	+01:41:14 (61.0%)	13:50	4.3 (38.7%)
1278	SZYMKIEWICZ Daria	6215	CF ŻARY	Open Kobiet	171	13:30	01:17:59	02:46:01.75	02:46:01.75	+01:41:14 (61.0%)	13:50	4.3 (38.7%)
1279	LIPIŃSKI Kamil	6034		Open Mężczyzn	821	13:00	01:25:17	02:46:32.85	02:46:32.85	+01:41:45 (61.1%)	13:52	4.3 (38.7%)
1280	PIETRZAK Anna	6133	TIGRES DEL PAPA	Open Kobiet	172	13:15	01:21:03	02:46:33.55	02:46:33.55	+01:41:46 (61.1%)	13:52	4.3 (38.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1281	RUDOLF Arkadiusz	5764		Open Mężczyzn	822	12:30	01:17:12	02:46:34.40	02:46:34.40	+01:41:47 (61.1%)	13:52	4.3 (38.7%)
1282	BABICH Maria	6781		Open Kobiet	173	14:30	01:17:22	02:46:35.15	02:46:35.15	+01:41:48 (61.1%)	13:52	4.3 (38.7%)
1283	SAMARAU Arkadzi	6795		Open Mężczyzn	823	14:30	01:17:22	02:46:36.25	02:46:36.25	+01:41:49 (61.1%)	13:53	4.3 (38.7%)
1284	BIENIAS Marcin	6278		Open Mężczyzn	824	13:30	01:31:34	02:46:51.30	02:46:51.30	+01:42:04 (61.2%)	13:54	4.3 (38.7%)
1285	STRZYŻ Dominik	5768		Open Mężczyzn	825	12:30	01:12:04	02:46:52.10	02:46:52.10	+01:42:05 (61.2%)	13:54	4.3 (38.7%)
1286	BINDUGA Piotr	5399	HOLD MY BEER!	Open Mężczyzn	826	12:00	01:15:19	02:46:52.75	02:46:52.75	+01:42:05 (61.2%)	13:54	4.3 (38.7%)
1287	SKOCZEK Cyprian	5628		Open Mężczyzn	827	12:15	01:22:50	02:46:53.45	02:46:53.45	+01:42:06 (61.2%)	13:54	4.3 (38.7%)
1288	KUBIN Marcin	5400	HOLD MY BEER!	Open Mężczyzn	828	12:00	01:15:20	02:46:53.55	02:46:53.55	+01:42:06 (61.2%)	13:54	4.3 (38.7%)
1289	CHOLEWA Beata	5519	HUSARIA RACE TEAM	Open Kobiet	174	12:15	01:22:51	02:46:53.70	02:46:53.70	+01:42:06 (61.2%)	13:54	4.3 (38.7%)
1290	WOŁOCH Dawid	6538	JAJAMIOBETON	Open Mężczyzn	829	14:00	01:06:41	02:46:57.90	02:46:57.90	+01:42:10 (61.2%)	13:54	4.3 (38.7%)
1291	KULIG Krystian	6535	JAJAMIOBETON	Open Mężczyzn	830	14:00	01:06:40	02:46:59.90	02:46:59.90	+01:42:12 (61.2%)	13:54	4.3 (38.7%)
1292	SZKUDLAREK Marcin	6537	JAJAMIOBETON	Open Mężczyzn	831	14:00	01:06:38	02:47:00.20	02:47:00.20	+01:42:13 (61.2%)	13:55	4.3 (38.7%)
1293	RYDZ Kacper	6536	JAJAMIOBETON	Open Mężczyzn	832	14:00	01:06:47	02:47:00.75	02:47:00.75	+01:42:13 (61.2%)	13:55	4.3 (38.7%)
1294	KARPOWICZ Marek	6570	SPIZGANI "SOMSIEDZI"	Open Mężczyzn	833	14:00	01:12:42	02:47:06.35	02:47:06.35	+01:42:19 (61.2%)	13:55	4.3 (38.7%)
1295	STRZYŻEWSKI Marcin	6572	SPIZGANI "SOMSIEDZI"	Open Mężczyzn	834	14:00	01:12:44	02:47:07.30	02:47:07.30	+01:42:20 (61.2%)	13:55	4.3 (38.7%)
1296	PAWLAK Krzysztof	5486		Open Mężczyzn	835	12:00	01:18:32	02:47:16.55	02:47:16.55	+01:42:29 (61.3%)	13:56	4.3 (38.7%)
1297	MYRCIK Bernard	5479		Open Masters Mężczyzn	173	12:00	01:18:55	02:47:19.80	02:47:19.80	+01:42:32 (61.3%)	13:56	4.3 (38.7%)
1298	SZYMUAR Andrzej	5491		Open Masters Mężczyzn	174	12:00	01:18:56	02:47:21.85	02:47:21.85	+01:42:34 (61.3%)	13:56	4.3 (38.7%)
1299	TOMCZAK Dariusz	5423	RUNAWAY TEAM	Open Mężczyzn	836	12:00	00:59:13	02:47:39.90	02:47:39.90	+01:42:52 (61.4%)	13:58	4.3 (38.7%)
1300	BAJON Przemysław	5789	DZIKIE GZIKI	Open Mężczyzn	837	12:45	01:09:31	02:47:40.10	02:47:40.10	+01:42:53 (61.4%)	13:58	4.3 (38.7%)
1301	GIBNER Dagmara	6403	STRONG SIDE	Open Kobiet	175	13:45	01:17:47	02:48:02.15	02:48:02.15	+01:43:15 (61.4%)	14:00	4.3 (38.7%)
1302	SIEMONEK Damian	6404	STRONG SIDE	Open Mężczyzn	838	13:45	01:17:47	02:48:03.00	02:48:03.00	+01:43:16 (61.4%)	14:00	4.3 (38.7%)
1303	MICHEL Mateusz	5617		Open Mężczyzn	839	12:15	01:04:00	02:48:11.70	02:48:11.70	+01:43:24 (61.5%)	14:00	4.3 (38.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
1304	OLESIŃSKI Maciej	5618		Open Mężczyzn	840	12:15	01:04:28	02:48:11.85	02:48:11.85	+01:43:24 (61.5%)	14:00	4.3 (38.7%)
1305	POSTAWA Kamil	5624		Open Mężczyzn	841	12:15	01:04:01	02:48:12.15	02:48:12.15	+01:43:25 (61.5%)	14:01	4.3 (38.7%)
1305	POPIOŁEK Rafał	5522	HUSARIA RACE TEAM	Open Mężczyzn	842	12:15	01:22:51	02:48:12.15	02:48:12.15	+01:43:25 (61.5%)	14:01	4.3 (38.7%)
1307	JASTRZĘBSKI Sebastian	6092	GEO ŚWIRY	Open Mężczyzn	843	13:15	01:08:35	02:48:38.35	02:48:38.35	+01:43:51 (61.6%)	14:03	4.3 (38.7%)
1308	SKUT Daniel	6766		Open Mężczyzn	844	14:15	01:08:25	02:48:38.60	02:48:38.60	+01:43:51 (61.6%)	14:03	4.3 (38.7%)
1309	GRUSZCZYŃSKI Kacper	6090	GEO ŚWIRY	Open Mężczyzn	845	13:15	01:08:29	02:48:38.80	02:48:38.80	+01:43:51 (61.6%)	14:03	4.3 (38.7%)
1310	BARCZYCKI Piotr	6134	TRANS.EU	Open Mężczyzn	846	13:15	01:15:53	02:48:39.85	02:48:39.85	+01:43:52 (61.6%)	14:03	4.3 (38.7%)
1311	PARSZEWSKI Bartłomiej	6541	KASKADERZY	Open Mężczyzn	847	14:00	01:12:24	02:48:40.40	02:48:40.40	+01:43:53 (61.6%)	14:03	4.3 (38.7%)
1312	RUDNICKI Dominik	6144	TRANS.EU	Open Mężczyzn	848	13:15	01:16:23	02:48:40.85	02:48:40.85	+01:43:53 (61.6%)	14:03	4.3 (38.7%)
1313	OLCZYK Piotr	6142	TRANS.EU	Open Masters Mężczyzn	175	13:15	01:28:25	02:48:41.60	02:48:41.60	+01:43:54 (61.6%)	14:03	4.3 (38.7%)
1314	MALMON Michał	6540	KASKADERZY	Open Mężczyzn	849	14:00	01:12:27	02:48:41.90	02:48:41.90	+01:43:54 (61.6%)	14:03	4.3 (38.7%)
1315	PROCHOWSKA Sylwia	6759		Open Kobiet	176	14:15	01:08:35	02:48:42.15	02:48:42.15	+01:43:55 (61.6%)	14:03	4.3 (38.7%)
1316	ADAMIEC Grzegorz	6703		Open Mężczyzn	850	14:15	01:08:36	02:48:42.30	02:48:42.30	+01:43:55 (61.6%)	14:03	4.3 (38.7%)
1317	SZEWczyk Dawid	6542	KASKADERZY	Open Mężczyzn	851	14:00	01:12:23	02:48:42.45	02:48:42.45	+01:43:55 (61.6%)	14:03	4.3 (38.7%)
1318	URLIK Szczepan	6147	TRANS.EU	Open Mężczyzn	852	13:15	01:18:03	02:48:47.60	02:48:47.60	+01:44:00 (61.6%)	14:03	4.3 (38.7%)
1319	KAMIŃSKI Zbigniew	5069	GRUBIORZE LOTAJOM	Open Mężczyzn	853	11:20	00:53:33	02:48:53.55	02:48:53.55	+01:44:06 (61.6%)	14:04	4.3 (38.7%)
1320	PODLEŚNY Michał	5718	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	854	12:15	01:19:22	02:48:59.70	02:48:59.70	+01:44:12 (61.7%)	14:04	4.3 (38.7%)
1320	FRIEBE Agnieszka	5306		Open Kobiet	177	11:45	01:22:45	02:48:59.70	02:48:59.70	+01:44:12 (61.7%)	14:04	4.3 (38.7%)
1322	WIŚNIEWSKA Arleta	5582	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	42	12:15	01:19:19	02:48:59.85	02:48:59.85	+01:44:12 (61.7%)	14:04	4.3 (38.7%)
1323	WARDENGA Michalina	5580	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	178	12:15	01:19:29	02:49:00.20	02:49:00.20	+01:44:13 (61.7%)	14:05	4.3 (38.7%)
1324	FILUSZ Dawid	5568	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	855	12:15	01:19:17	02:49:00.30	02:49:00.30	+01:44:13 (61.7%)	14:05	4.3 (38.7%)
1324	OŚLIZŁO Marcin	5989	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	856	12:15	01:19:22	02:49:00.30	02:49:00.30	+01:44:13 (61.7%)	14:05	4.3 (38.7%)
1326	SKRABEL Artur	5578	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	857	12:15	01:19:20	02:49:00.50	02:49:00.50	+01:44:13 (61.7%)	14:05	4.3 (38.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
1327	MICHALCZEWSKI Sławomir	5572	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	858	12:15	01:19:18	02:49:00.65	02:49:00.65	+01:44:13 (61.7%)	14:05	4.3 (38.7%)
1327	PAWŁOWSKA Dorota	5716	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	43	12:15	01:19:18	02:49:00.65	02:49:00.65	+01:44:13 (61.7%)	14:05	4.3 (38.7%)
1327	PYSZNY Patryk	5719	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	859	12:15	01:19:20	02:49:00.65	02:49:00.65	+01:44:13 (61.7%)	14:05	4.3 (38.7%)
1330	GÓRNAŚ Anna	5569	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	179	12:15	01:19:28	02:49:01.00	02:49:01.00	+01:44:14 (61.7%)	14:05	4.3 (38.7%)
1331	LEONARSKI Sebastian	5714	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	860	12:15	01:19:21	02:49:01.30	02:49:01.30	+01:44:14 (61.7%)	14:05	4.3 (38.7%)
1332	BUKAŃSKI Mateusz	6281		Open Mężczyzn	861	13:30	01:13:33	02:49:06.00	02:49:06.00	+01:44:19 (61.7%)	14:05	4.3 (38.7%)
1333	MUSKALSKI Tomasz	6141	TRANS.EU	Open Mężczyzn	862	13:15	01:16:22	02:49:10.45	02:49:10.45	+01:44:23 (61.7%)	14:05	4.3 (38.7%)
1334	PASTUSZENKO Paulina	5261	PASTUSZENKI	Open Kobiet	180	12:30	01:21:19	02:49:13.55	02:49:13.55	+01:44:26 (61.7%)	14:06	4.3 (38.7%)
1335	PASTUSZENKO Robert	5262	PASTUSZENKI	Open Mężczyzn	863	12:30	01:21:32	02:49:14.25	02:49:14.25	+01:44:27 (61.7%)	14:06	4.3 (38.7%)
1336	SMOLAĞ Agata	5517	FRYWOLNE ROSOMAKI	Open Kobiet	181	12:15	01:18:01	02:49:15.70	02:49:15.70	+01:44:28 (61.7%)	14:06	4.3 (38.7%)
1337	KRAKOWIAK Artur	5514	FRYWOLNE ROSOMAKI	Open Mężczyzn	864	12:15	01:18:02	02:49:19.20	02:49:19.20	+01:44:32 (61.7%)	14:06	4.3 (38.7%)
1338	OLBERT Piotr	5515	FRYWOLNE ROSOMAKI	Open Mężczyzn	865	12:15	01:18:04	02:49:20.50	02:49:20.50	+01:44:33 (61.7%)	14:06	4.3 (38.7%)
1339	SKRZYPNIAK Anna	6620		Open Kobiet	182	14:00	01:15:56	02:49:23.95	02:49:23.95	+01:44:36 (61.8%)	14:06	4.3 (38.7%)
1340	HOFFGUNST Kacper	6599		Open Mężczyzn	866	14:00	01:15:56	02:49:24.20	02:49:24.20	+01:44:37 (61.8%)	14:07	4.3 (38.7%)
1341	KĘDZIA Przemysław	5361	DUET	Open Mężczyzn	867	12:00	01:11:16	02:49:50.15	02:49:50.15	+01:45:03 (61.9%)	14:09	4.2 (37.8%)
1342	GOTKIEWICZ Arkadiusz	5360	DUET	Open Mężczyzn	868	12:00	01:11:15	02:49:51.10	02:49:51.10	+01:45:04 (61.9%)	14:09	4.2 (37.8%)
1343	TABAK Damian	6856		Open Mężczyzn	869	12:45	01:12:49	02:49:51.50	02:49:51.50	+01:45:04 (61.9%)	14:09	4.2 (37.8%)
1344	BIZAŃSKI Bartosz	5878		Open Mężczyzn	870	12:45	01:12:49	02:49:51.70	02:49:51.70	+01:45:04 (61.9%)	14:09	4.2 (37.8%)
1345	ZIMOŃ Adam	6200		Open Mężczyzn	871	13:15	01:27:12	02:50:11.55	02:50:11.55	+01:45:24 (61.9%)	14:10	4.2 (37.8%)
1346	BULARZ Mateusz	6164		Open Mężczyzn	872	13:15	01:27:04	02:50:18.65	02:50:18.65	+01:45:31 (62.0%)	14:11	4.2 (37.8%)
1347	BRZAŁAŁA Szymon	6344	AKWA TEAM NYSA	Open Masters Mężczyzn	176	13:45	01:20:26	02:50:20.25	02:50:20.25	+01:45:33 (62.0%)	14:11	4.2 (37.8%)
1348	BONIKOWSKI Lukasz	6280		Open Mężczyzn	873	13:30	01:17:58	02:50:21.40	02:50:21.40	+01:45:34 (62.0%)	14:11	4.2 (37.8%)
1348	BOBAK Piitr	6342	AKWA TEAM NYSA	Open Masters Mężczyzn	177	13:45	01:20:25	02:50:21.40	02:50:21.40	+01:45:34 (62.0%)	14:11	4.2 (37.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1350	PAWŁOWSKI Jakub	5516	FRYWOLNE ROSOMAKI	Open Mężczyzn	874	12:15	01:20:38	02:50:31.40	02:50:31.40	+01:45:44 (62.0%)	14:12	4.2 (37.8%)
1351	LEWANDOWSKA Elżbieta	5549	PSYCHOPOGO	Open Kobiet	183	12:15	01:18:53	02:50:49.25	02:50:49.25	+01:46:02 (62.1%)	14:14	4.2 (37.8%)
1352	KURZAWA Adam	6132	TIGRES DEL PAPA	Open Mężczyzn	875	13:15	01:21:09	02:50:56.55	02:50:56.55	+01:46:09 (62.1%)	14:14	4.2 (37.8%)
1353	SZCZERBAL Joanna	5786	DIRTY SPARROWS	Open Kobiet	184	12:45	01:08:00	02:51:00.60	02:51:00.60	+01:46:13 (62.1%)	14:15	4.2 (37.8%)
1354	STADNIK Jakub	5551	PSYCHOPOGO	Open Mężczyzn	876	12:15	01:18:51	02:51:21.30	02:51:21.30	+01:46:34 (62.2%)	14:16	4.2 (37.8%)
1355	GRZEGORZEK Robert	6138	TRANS.EU	Open Mężczyzn	877	13:15	01:28:27	02:51:26.75	02:51:26.75	+01:46:39 (62.2%)	14:17	4.2 (37.8%)
1356	CENTKOWSKI Łukasz	6135	TRANS.EU	Open Mężczyzn	878	13:15	01:28:46	02:51:27.05	02:51:27.05	+01:46:40 (62.2%)	14:17	4.2 (37.8%)
1357	HAŁADUS Grzegorz	6870	TRANS.EU	Open Mężczyzn	879	13:15	01:28:25	02:51:27.15	02:51:27.15	+01:46:40 (62.2%)	14:17	4.2 (37.8%)
1358	ROCZNIK Piotr	6143	TRANS.EU	Open Mężczyzn	880	13:15	01:28:43	02:51:27.35	02:51:27.35	+01:46:40 (62.2%)	14:17	4.2 (37.8%)
1359	MUCHA Robert	5355	BESTIE OCR LEGIONOWO	Open Masters Mężczyzn	178	12:00	01:26:01	02:51:30.15	02:51:30.15	+01:46:43 (62.2%)	14:17	4.2 (37.8%)
1360	SZCZEPAŃSKI Marcin	5922	BESTIE OCR LEGIONOWO	Open Mężczyzn	881	12:00	01:26:04	02:51:31.30	02:51:31.30	+01:46:44 (62.2%)	14:17	4.2 (37.8%)
1361	WOJTYRA Sławomir	6086	EMERYTANY	Open Mężczyzn	882	13:15	01:27:07	02:51:36.30	02:51:36.30	+01:46:49 (62.2%)	14:18	4.2 (37.8%)
1362	MALINOWSKA-DACH Mariola	6085	EMERYTANY	Open Kobiet	185	13:15	01:27:07	02:51:36.45	02:51:36.45	+01:46:49 (62.2%)	14:18	4.2 (37.8%)
1363	CENDER Maciej	6539	KASKADERZY	Open Mężczyzn	883	14:00	01:12:25	02:51:39.25	02:51:39.25	+01:46:52 (62.3%)	14:18	4.2 (37.8%)
1364	WYPYCH Zbigniew	5168	WATAHA	Elite Mężczyzn	63	11:20	01:02:08	02:51:52.85	02:51:52.85	+01:47:05 (62.3%)	14:19	4.2 (37.8%)
1365	ŻÓŁTEK Filip	5981	PITBULIERY	Open Mężczyzn	884	13:00	01:16:52	02:51:58.75	02:51:58.75	+01:47:11 (62.3%)	14:19	4.2 (37.8%)
1366	STĘPIEŃ Alicja	5979	PITBULIERY	Open Kobiet	186	13:00	01:17:00	02:51:59.20	02:51:59.20	+01:47:12 (62.3%)	14:19	4.2 (37.8%)
1367	STĘPIEŃ Damian	5980	PITBULIERY	Open Mężczyzn	885	13:00	01:17:06	02:51:59.30	02:51:59.30	+01:47:12 (62.3%)	14:19	4.2 (37.8%)
1367	ZARZYCKA Anita	6648	HUSARIA RACE TEAM	Open Kobiet	187	13:00	01:17:06	02:51:59.30	02:51:59.30	+01:47:12 (62.3%)	14:19	4.2 (37.8%)
1369	PASTERNAK Joanna	6043		Open Kobiet	188	13:00	01:16:51	02:51:59.35	02:51:59.35	+01:47:12 (62.3%)	14:19	4.2 (37.8%)
1369	HANYŻ Kornela	5740		Open Kobiet	189	13:00	01:17:00	02:51:59.35	02:51:59.35	+01:47:12 (62.3%)	14:19	4.2 (37.8%)
1371	LOREK Magdalena	5793	DZIKIE GZIKI	Open Kobiet	190	12:45	01:25:00	02:52:03.10	02:52:03.10	+01:47:16 (62.3%)	14:20	4.2 (37.8%)
1372	CHUDY Jakub	5790	DZIKIE GZIKI	Open Mężczyzn	886	12:45	01:25:02	02:52:03.40	02:52:03.40	+01:47:16 (62.3%)	14:20	4.2 (37.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
1373	LONCZAK Monika	6851	HUSARIA RACE TEAM	Open Kobiet	191	12:00	01:22:10	02:52:07.95	02:52:07.95	+01:47:20 (62.4%)	14:20	4.2 (37.8%)
1374	SARZYŃSKA Monika	5331		Open Kobiet	192	12:00	01:22:12	02:52:08.15	02:52:08.15	+01:47:21 (62.4%)	14:20	4.2 (37.8%)
1375	WIŚNIEWSKI Tomasz	6197		Open Mężczyzn	887	13:15	01:28:31	02:52:13.15	02:52:13.15	+01:47:26 (62.4%)	14:21	4.2 (37.8%)
1376	KREFT Marta	5609		Open Kobiet	193	12:15	01:18:07	02:52:14.00	02:52:14.00	+01:47:27 (62.4%)	14:21	4.2 (37.8%)
1377	ANDRUSZKÓW Patryk	6273		Open Mężczyzn	888	13:30	01:25:35	02:52:22.65	02:52:22.65	+01:47:35 (62.4%)	14:21	4.2 (37.8%)
1378	KURASIŃSKI Mateusz	6305		Open Mężczyzn	889	13:30	01:25:36	02:52:23.95	02:52:23.95	+01:47:36 (62.4%)	14:21	4.2 (37.8%)
1379	TURCZYK Krzysztof	5833	LASEROWE BIEDRONKI	Open Mężczyzn	890	12:45	01:21:54	02:52:33.85	02:52:33.85	+01:47:46 (62.5%)	14:22	4.2 (37.8%)
1380	SAWICKA - WERS Urszula	5332		Open Kobiet	194	11:45	01:29:15	02:52:41.10	02:52:41.10	+01:47:54 (62.5%)	14:23	4.2 (37.8%)
1381	STAFIJOWSKI Maciej	6000	WIEDŹMIŃSKI CECH KACZKI	Open Mężczyzn	891	13:00	01:16:06	02:52:43.95	02:52:43.95	+01:47:56 (62.5%)	14:23	4.2 (37.8%)
1382	KOPER Dawid	5999	WIEDŹMIŃSKI CECH KACZKI	Open Mężczyzn	892	13:00	01:16:05	02:52:49.15	02:52:49.15	+01:48:02 (62.5%)	14:24	4.2 (37.8%)
1383	WITECKI Filip	6383	LIPNO TEAM	Open Mężczyzn	893	12:30	01:16:28	02:53:06.80	02:53:06.80	+01:48:19 (62.6%)	14:25	4.2 (37.8%)
1384	BOŻYK Sebastian	6587		Open Mężczyzn	894	14:00	01:18:42	02:53:12.25	02:53:12.25	+01:48:25 (62.6%)	14:26	4.2 (37.8%)
1385	KRASOŃ Rafał	6607		Open Mężczyzn	895	14:00	01:18:34	02:53:20.65	02:53:20.65	+01:48:33 (62.6%)	14:26	4.2 (37.8%)
1386	SKIBICKI Maks	5052		Open Mężczyzn	896	11:20	00:58:56	02:53:22.00	02:53:22.00	+01:48:35 (62.6%)	14:26	4.2 (37.8%)
1387	STACHOWICZ Szymon	5660	CF KUŹNIA DAMIANA	Open Mężczyzn	897	12:30	01:23:32	02:53:24.05	02:53:24.05	+01:48:37 (62.6%)	14:27	4.2 (37.8%)
1388	MIZERA Robert	5657	CF KUŹNIA DAMIANA	Open Masters Mężczyzn	179	12:30	01:23:32	02:53:24.30	02:53:24.30	+01:48:37 (62.6%)	14:27	4.2 (37.8%)
1389	MIZERA Beata	5655	CF KUŹNIA DAMIANA	Open Masters Kobiet	44	12:30	01:23:40	02:53:24.45	02:53:24.45	+01:48:37 (62.6%)	14:27	4.2 (37.8%)
1390	DŁUGOSZEWSKA Aleksandra	5645	CF KUŹNIA DAMIANA	Open Masters Kobiet	45	12:30	01:23:33	02:53:24.55	02:53:24.55	+01:48:37 (62.6%)	14:27	4.2 (37.8%)
1391	MIZERA Mateusz	5656	CF KUŹNIA DAMIANA	Open Mężczyzn	898	12:30	01:23:41	02:53:24.60	02:53:24.60	+01:48:37 (62.6%)	14:27	4.2 (37.8%)
1392	SOWIŃSKI Kamil	5550	PSYCHOPOGO	Open Mężczyzn	899	12:15	01:19:34	02:53:35.65	02:53:35.65	+01:48:48 (62.7%)	14:27	4.1 (36.9%)
1393	WALCZAK Halina	5378	GANG ŚWIEŻAKÓW WOŁCZYN	Open Masters Kobiet	46	12:00	01:19:33	02:53:40.40	02:53:40.40	+01:48:53 (62.7%)	14:28	4.1 (36.9%)
1394	HERMANOWICZ Alicja	6106	OSPAŁE KŁOCE	Open Kobiet	195	13:15	01:19:48	02:53:40.70	02:53:40.70	+01:48:53 (62.7%)	14:28	4.1 (36.9%)
1395	SKŁADZIEŃ Bartosz	6108	OSPAŁE KŁOCE	Open Mężczyzn	900	13:15	01:19:49	02:53:41.65	02:53:41.65	+01:48:54 (62.7%)	14:28	4.1 (36.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
1396	HERMANOWICZ Dariusz	6107	OSPAŁE KŁOCE	Open Mężczyzn	901	13:15	01:19:50	02:53:41.75	02:53:41.75	+01:48:54 (62.7%)	14:28	4.1 (36.9%)
1397	HANUSZEWICZ Weronika	5366	GANG ŚWIEŻAKÓW WOŁCZYN	Open Kobiet	196	12:00	01:19:31	02:53:41.95	02:53:41.95	+01:48:54 (62.7%)	14:28	4.1 (36.9%)
1398	GAWEŁ Grzegorz	5530	KROPEK TEMIDY	Open Mężczyzn	902	12:15	01:25:52	02:53:45.50	02:53:45.50	+01:48:58 (62.7%)	14:28	4.1 (36.9%)
1399	KULEJ Krystian	5369	GANG ŚWIEŻAKÓW WOŁCZYN	Open Mężczyzn	903	12:00	01:19:39	02:53:46.15	02:53:46.15	+01:48:59 (62.7%)	14:28	4.1 (36.9%)
1400	KACZANEK Katarzyna	5531	KROPEK TEMIDY	Open Masters Kobiet	47	12:15	01:25:55	02:53:48.10	02:53:48.10	+01:49:01 (62.7%)	14:29	4.1 (36.9%)
1401	WOŹNIAK Joanna	5173	HUSARIA RACE TEAM	Open Kobiet	197	11:35	00:55:56	02:53:57.65	02:53:57.65	+01:49:10 (62.8%)	14:29	4.1 (36.9%)
1402	ORZECH Szymon	6041		Open Mężczyzn	904	13:00	01:20:11	02:53:58.75	02:53:58.75	+01:49:11 (62.8%)	14:29	4.1 (36.9%)
1403	MANOWITA Grzegorz	5371	GANG ŚWIEŻAKÓW WOŁCZYN	Open Mężczyzn	905	12:00	01:19:37	02:53:59.80	02:53:59.80	+01:49:12 (62.8%)	14:29	4.1 (36.9%)
1404	OLANISZYN Beata	5373	GANG ŚWIEŻAKÓW WOŁCZYN	Open Masters Kobiet	48	12:00	01:19:34	02:53:59.95	02:53:59.95	+01:49:12 (62.8%)	14:29	4.1 (36.9%)
1405	GUGUŁA Andrzej	5365	GANG ŚWIEŻAKÓW WOŁCZYN	Open Mężczyzn	906	12:00	01:19:38	02:54:00.45	02:54:00.45	+01:49:13 (62.8%)	14:30	4.1 (36.9%)
1406	PASTERNAK Magdalena	5374	GANG ŚWIEŻAKÓW WOŁCZYN	Open Kobiet	198	12:00	01:19:32	02:54:00.70	02:54:00.70	+01:49:13 (62.8%)	14:30	4.1 (36.9%)
1407	MANOWITA Dariusz	5370	GANG ŚWIEŻAKÓW WOŁCZYN	Open Masters Mężczyzn	180	12:00	01:19:32	02:54:01.35	02:54:01.35	+01:49:14 (62.8%)	14:30	4.1 (36.9%)
1408	MOFINA Marcin	5372	GANG ŚWIEŻAKÓW WOŁCZYN	Open Mężczyzn	907	12:00	01:19:33	02:54:02.15	02:54:02.15	+01:49:15 (62.8%)	14:30	4.1 (36.9%)
1409	DUDZIEC Bartłomiej	5363	GANG ŚWIEŻAKÓW WOŁCZYN	Open Mężczyzn	908	12:00	01:19:36	02:54:02.25	02:54:02.25	+01:49:15 (62.8%)	14:30	4.1 (36.9%)
1410	WYBIERAŁA Kacper	5797	DZIKIE GZIKI	Open Mężczyzn	909	12:45	01:25:17	02:54:07.65	02:54:07.65	+01:49:20 (62.8%)	14:30	4.1 (36.9%)
1411	KARWOWSKI Sebastian	5605		Open Mężczyzn	910	12:15	01:18:06	02:54:15.85	02:54:15.85	+01:49:28 (62.8%)	14:31	4.1 (36.9%)
1412	LEJCZAK Krzysztof	6827	WIELKA BEKA PŁONĄCEGO SPIRYTUSU	Open Mężczyzn	911	14:30	01:22:24	02:54:50.65	02:54:50.65	+01:50:03 (62.9%)	14:34	4.1 (36.9%)
1413	ROSIĄK Jakub	6778	SPIRIT	Open Mężczyzn	912	14:30	01:22:22	02:54:52.00	02:54:52.00	+01:50:05 (63.0%)	14:34	4.1 (36.9%)
1414	KLARZYNSKA Ilona	6788		Open Kobiet	199	14:30	01:26:45	02:54:55.15	02:54:55.15	+01:50:08 (63.0%)	14:34	4.1 (36.9%)
1415	WITOWSKA Agata	6583	WINNE BABECZKI	Open Kobiet	200	14:00	01:20:50	02:54:58.60	02:54:58.60	+01:50:11 (63.0%)	14:34	4.1 (36.9%)
1416	GUZIKOWSKA Barbara	6582	WINNE BABECZKI	Open Kobiet	201	14:00	01:20:51	02:54:58.65	02:54:58.65	+01:50:11 (63.0%)	14:34	4.1 (36.9%)
1417	SOBCZAK Monika	5843	MORSIKI	Open Kobiet	202	12:45	01:14:29	02:55:11.45	02:55:11.45	+01:50:24 (63.0%)	14:35	4.1 (36.9%)
1418	WAWRZYNIAK Zuzanna	5844	MORSIKI	Open Kobiet	203	12:45	01:15:46	02:55:11.90	02:55:11.90	+01:50:24 (63.0%)	14:35	4.1 (36.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
1419	BONAWENTURCZYK Kamila	5839	MORSIKI	Open Kobiet	204	12:45	01:13:54	02:55:12.40	02:55:12.40	+01:50:25 (63.0%)	14:36	4.1 (36.9%)
1419	KALISKA Joanna	5841	MORSIKI	Open Kobiet	205	12:45	01:15:40	02:55:12.40	02:55:12.40	+01:50:25 (63.0%)	14:36	4.1 (36.9%)
1421	KUROWSKI Witold	6376	KIRASJERZY	Open Masters Mężczyzn	181	13:45	01:24:08	02:55:18.90	02:55:18.90	+01:50:31 (63.0%)	14:36	4.1 (36.9%)
1422	SKRZYDŁO Marcin	6378	KIRASJERZY	Open Masters Mężczyzn	182	13:45	01:24:07	02:55:19.25	02:55:19.25	+01:50:32 (63.0%)	14:36	4.1 (36.9%)
1423	MANTUR Dominika	6377	KIRASJERZY	Open Kobiet	206	13:45	01:24:07	02:55:20.10	02:55:20.10	+01:50:33 (63.1%)	14:36	4.1 (36.9%)
1424	KORNAS Karolina	5570	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	207	12:15	01:27:06	02:55:22.80	02:55:22.80	+01:50:35 (63.1%)	14:36	4.1 (36.9%)
1425	SMOLIŃSKI Damian	6048		Open Mężczyzn	913	13:00	01:20:12	02:55:27.45	02:55:27.45	+01:50:40 (63.1%)	14:37	4.1 (36.9%)
1426	ZARACH Ewelina	6802		Open Kobiet	208	14:30	01:26:45	02:55:30.55	02:55:30.55	+01:50:43 (63.1%)	14:37	4.1 (36.9%)
1427	KLARZYŃSKI Cezary	6789		Open Mężczyzn	914	14:30	01:26:45	02:55:30.95	02:55:30.95	+01:50:43 (63.1%)	14:37	4.1 (36.9%)
1428	KRZYSZTOFOWICZ Korneliusz	5470		Open Mężczyzn	915	12:00	01:14:49	02:55:43.55	02:55:43.55	+01:50:56 (63.1%)	14:38	4.1 (36.9%)
1429	JAWORSKI Michał	5560	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	916	12:15	01:06:57	02:55:43.60	02:55:43.60	+01:50:56 (63.1%)	14:38	4.1 (36.9%)
1430	WOŹNIAK Rafał	5495		Open Mężczyzn	917	12:00	01:20:41	02:55:50.20	02:55:50.20	+01:51:03 (63.2%)	14:39	4.1 (36.9%)
1431	PAJĄK Adam	5485		Open Mężczyzn	918	12:00	01:20:42	02:55:51.05	02:55:51.05	+01:51:04 (63.2%)	14:39	4.1 (36.9%)
1432	CISEK Arkadiusz	5837	MAKRELE	Open Mężczyzn	919	12:45	01:18:27	02:55:56.10	02:55:56.10	+01:51:09 (63.2%)	14:39	4.1 (36.9%)
1433	STRAMOWSKA-JARCZEWSKA Sandra	5377	GANG ŚWIEŻAKÓW WOŁCZYN	Open Kobiet	209	12:00	01:19:37	02:55:57.75	02:55:57.75	+01:51:10 (63.2%)	14:39	4.1 (36.9%)
1434	JARCZEWSKI Łukasz	5367	GANG ŚWIEŻAKÓW WOŁCZYN	Open Mężczyzn	920	12:00	01:19:35	02:55:59.00	02:55:59.00	+01:51:12 (63.2%)	14:39	4.1 (36.9%)
1435	LASZECKI Wojciech	5838	MAKRELE	Open Mężczyzn	921	12:45	01:18:28	02:56:06.35	02:56:06.35	+01:51:19 (63.2%)	14:40	4.1 (36.9%)
1436	BEDNARCZYK Dagmara	5358	CROSSANDACTIVE NYSA	Open Kobiet	210	12:45	01:34:10	02:56:26.80	02:56:26.80	+01:51:39 (63.3%)	14:42	4.1 (36.9%)
1437	SODOMLAK Piotr	5359	CROSSANDACTIVE NYSA	Open Mężczyzn	922	12:45	01:34:10	02:56:27.15	02:56:27.15	+01:51:40 (63.3%)	14:42	4.1 (36.9%)
1438	PACZKOWSKI Damiano	6490	50 TWARZY ZŁOMIARZY	Open Mężczyzn	923	14:00	01:35:23	02:56:29.80	02:56:29.80	+01:51:42 (63.3%)	14:42	4.1 (36.9%)
1439	KUBIACZYK Mariusz	6488	50 TWARZY ZŁOMIARZY	Open Mężczyzn	924	14:00	01:35:23	02:56:29.85	02:56:29.85	+01:51:42 (63.3%)	14:42	4.1 (36.9%)
1440	FILIPIAK Krzysztof	6487	50 TWARZY ZŁOMIARZY	Open Masters Mężczyzn	183	14:00	01:35:29	02:56:30.20	02:56:30.20	+01:51:43 (63.3%)	14:42	4.1 (36.9%)
1441	NIEDBAŁ Marek	6489	50 TWARZY ZŁOMIARZY	Open Masters Mężczyzn	184	14:00	01:35:31	02:56:30.85	02:56:30.85	+01:51:43 (63.3%)	14:42	4.1 (36.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1442	SZCZEPANIK Paweł	6009	ZBŁĄKANI KAJAKARZE	Open Mężczyzn	925	13:00	01:26:58	02:56:37.00	02:56:37.00	+01:51:50 (63.3%)	14:43	4.1 (36.9%)
1443	PILARSKA Dominika	6008	ZBŁĄKANI KAJAKARZE	Open Kobiet	211	13:00	01:26:57	02:56:37.05	02:56:37.05	+01:51:50 (63.3%)	14:43	4.1 (36.9%)
1444	WOJTASIK Tomasz	5915		Open Mężczyzn	926	12:45	01:15:09	02:56:41.05	02:56:41.05	+01:51:54 (63.3%)	14:43	4.1 (36.9%)
1445	WITKOWSKA Magdalena	5711	SOCIOS SILESIA	Open Kobiet	212	12:30	01:25:09	02:56:52.05	02:56:52.05	+01:52:05 (63.4%)	14:44	4.1 (36.9%)
1446	STEFAŃSKA Magdalena	6244	MUR BETON	Open Kobiet	213	13:30	01:29:27	02:57:04.25	02:57:04.25	+01:52:17 (63.4%)	14:45	4.1 (36.9%)
1447	GRUSZCZYŃSKA Kinga	6865	MUR BETON	Open Kobiet	214	13:30	01:29:28	02:57:07.20	02:57:07.20	+01:52:20 (63.4%)	14:45	4.1 (36.9%)
1448	KAMIŃSKI Mikołaj	5275	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	927	11:45	00:56:26	02:57:07.55	02:57:07.55	+01:52:20 (63.4%)	14:45	4.1 (36.9%)
1449	WARZYC Aleksandra	6399	OMO	Open Kobiet	215	14:00	01:20:24	02:57:11.75	02:57:11.75	+01:52:24 (63.4%)	14:45	4.1 (36.9%)
1450	GRZYB Radosław	6878		Open Mężczyzn	928	14:00	01:19:18	02:57:11.95	02:57:11.95	+01:52:24 (63.4%)	14:45	4.1 (36.9%)
1451	HURNA-RABCZUK Magdalena	6398	OMO	Open Kobiet	216	14:00	01:19:42	02:57:12.85	02:57:12.85	+01:52:25 (63.4%)	14:46	4.1 (36.9%)
1452	KEMPIŃSKA Magdalena	5467		Open Kobiet	217	12:00	01:35:24	02:57:25.05	02:57:25.05	+01:52:38 (63.5%)	14:47	4.1 (36.9%)
1453	KEMPIŃSKA Izabela	5466		Open Kobiet	218	12:00	01:35:24	02:57:26.25	02:57:26.25	+01:52:39 (63.5%)	14:47	4.1 (36.9%)
1454	JARAWKA Karolina	6601		Open Kobiet	219	14:00	01:18:24	02:57:29.95	02:57:29.95	+01:52:42 (63.5%)	14:47	4.1 (36.9%)
1455	TRZEPIÓRA Barbara	6622		Open Kobiet	220	14:00	01:18:23	02:57:30.05	02:57:30.05	+01:52:43 (63.5%)	14:47	4.1 (36.9%)
1456	FIELEK Kinga	6592		Open Kobiet	221	14:00	01:18:40	02:57:30.60	02:57:30.60	+01:52:43 (63.5%)	14:47	4.1 (36.9%)
1457	DROZD Dariusz	5064	EICHHÖRNCHEN	Elite Mężczyzn	64	11:30	00:52:07	02:57:37.40	02:57:37.40	+01:52:50 (63.5%)	14:48	4.1 (36.9%)
1458	MAŚNICA Anna	6610		Open Kobiet	222	14:00	01:18:59	02:57:39.95	02:57:39.95	+01:52:52 (63.5%)	14:48	4.1 (36.9%)
1459	BANACZKOWSKI Tomasz	6626	ARMONY	Open Mężczyzn	929	14:15	01:18:17	02:57:49.75	02:57:49.75	+01:53:02 (63.6%)	14:49	4 (36.0%)
1460	DOLATA Magdalena	5708	SOCIOS SILESIA	Open Kobiet	223	12:30	01:25:07	02:57:52.45	02:57:52.45	+01:53:05 (63.6%)	14:49	4 (36.0%)
1461	CISZEK Alicja	6017		Open Kobiet	224	13:00	01:26:49	02:57:53.30	02:57:53.30	+01:53:06 (63.6%)	14:49	4 (36.0%)
1462	LUDWIKOWSKI Damian	6035		Open Mężczyzn	930	13:00	01:26:47	02:57:53.65	02:57:53.65	+01:53:06 (63.6%)	14:49	4 (36.0%)
1463	KORNAS Szymon	5571	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	931	12:15	01:27:02	02:57:56.55	02:57:56.55	+01:53:09 (63.6%)	14:49	4 (36.0%)
1464	BOK Jakub	5352	AWENDŻERSI	Open Mężczyzn	932	12:00	01:26:52	02:57:59.55	02:57:59.55	+01:53:12 (63.6%)	14:49	4 (36.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
1465	PAŃCZYK Monika	6152	VOESTALPINE	Open Kobiet	225	13:15	01:37:52	02:58:17.45	02:58:17.45	+01:53:30 (63.7%)	14:51	4 (36.0%)
1466	ŚWIDER Paweł	6155	VOESTALPINE	Open Mężczyzn	933	13:15	01:37:53	02:58:19.25	02:58:19.25	+01:53:32 (63.7%)	14:51	4 (36.0%)
1467	STASIAK-SMOLSKA Małgorzata	6153	VOESTALPINE	Open Kobiet	226	13:15	01:37:52	02:58:25.00	02:58:25.00	+01:53:38 (63.7%)	14:52	4 (36.0%)
1468	SZYSZKA Piotr	5431	TURBOTEAM	Open Mężczyzn	934	12:00	01:29:16	02:58:33.05	02:58:33.05	+01:53:46 (63.7%)	14:52	4 (36.0%)
1469	BIAŁEK Marcin	6277		Open Mężczyzn	935	13:30	01:23:56	02:58:49.25	02:58:49.25	+01:54:02 (63.8%)	14:54	4 (36.0%)
1470	LEWANDOWSKI Linus	6779	SZUKAM CHŁOPAKA	Open Mężczyzn	936	14:30	01:26:55	02:58:49.35	02:58:49.35	+01:54:02 (63.8%)	14:54	4 (36.0%)
1471	BIAŁEK Kuba	6276		Open Mężczyzn	937	13:30	01:23:56	02:58:49.95	02:58:49.95	+01:54:02 (63.8%)	14:54	4 (36.0%)
1472	GŁADYSZ Marcin	6627	ARMONY	Open Mężczyzn	938	14:15	01:18:17	02:59:04.20	02:59:04.20	+01:54:17 (63.8%)	14:55	4 (36.0%)
1473	JAKUBOWSKI Kamil	5067	GRUBIORZE LOTAJOM	Open Mężczyzn	939	11:20	01:07:31	02:59:11.80	02:59:11.80	+01:54:24 (63.8%)	14:55	4 (36.0%)
1474	STOPYRA Patryk	5338		Open Mężczyzn	940	11:45	00:56:26	02:59:13.35	02:59:13.35	+01:54:26 (63.9%)	14:56	4 (36.0%)
1475	HOŁDA Anna	5710	SOCIOS SILESIA	Open Kobiet	227	12:30	01:25:42	02:59:21.10	02:59:21.10	+01:54:34 (63.9%)	14:56	4 (36.0%)
1476	WODECKI Dawid	5407	LEBER TEAM	Open Mężczyzn	941	12:00	01:22:35	02:59:29.80	02:59:29.80	+01:54:42 (63.9%)	14:57	4 (36.0%)
1477	JARCZYK Paweł	5651	CF KUŹNIA DAMIANA	Open Mężczyzn	942	12:30	01:09:24	02:59:30.45	02:59:30.45	+01:54:43 (63.9%)	14:57	4 (36.0%)
1478	OLSZAR Andrzej	5836	LEBER TEAM	Open Mężczyzn	943	12:00	01:22:59	02:59:35.35	02:59:35.35	+01:54:48 (63.9%)	14:57	4 (36.0%)
1479	KARACZYN Bartłomiej	5842	MORSIKI	Open Mężczyzn	944	12:45	01:14:30	02:59:51.25	02:59:51.25	+01:55:04 (64.0%)	14:59	4 (36.0%)
1480	GRACZYK Paweł	5840	MORSIKI	Open Mężczyzn	945	12:45	01:14:31	02:59:51.70	02:59:51.70	+01:55:04 (64.0%)	14:59	4 (36.0%)
1481	LEWANDOWSKI Maciej	5250	MORSIKI	Open Mężczyzn	946	12:45	01:13:55	02:59:53.15	02:59:53.15	+01:55:06 (64.0%)	14:59	4 (36.0%)
1482	R Klaudia	5685	OMEGA SQUAD	Open Kobiet	228	12:30	01:22:03	03:00:02.15	03:00:02.15	+01:55:15 (64.0%)	15:00	4 (36.0%)
1483	SZPAKOWSKA Emilia	5688	OMEGA SQUAD	Open Kobiet	229	12:30	01:24:28	03:00:04.25	03:00:04.25	+01:55:17 (64.0%)	15:00	4 (36.0%)
1484	ZAJĄC Julia	5567	SPORTERA OCR	Open Kobiet	230	12:15	01:07:36	03:00:08.70	03:00:08.70	+01:55:21 (64.0%)	15:00	4 (36.0%)
1485	GARCORZ Tomasz	5709	SOCIOS SILESIA	Open Mężczyzn	947	12:30	01:25:42	03:00:13.45	03:00:13.45	+01:55:26 (64.1%)	15:01	4 (36.0%)
1486	SZABŁOWSKI Adam	5058	BASTION	Elite Mężczyzn	65	11:30	01:02:16	03:00:16.35	03:00:16.35	+01:55:29 (64.1%)	15:01	4 (36.0%)
1487	MOSKA Tadeusz	5048		Open Mężczyzn	948	11:20	01:12:21	03:00:19.75	03:00:19.75	+01:55:32 (64.1%)	15:01	4 (36.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1488	CICHY Łukasz	5219	HUSARIA RACE TEAM	Open Mężczyzn	949	11:45	01:10:49	03:00:27.60	03:00:27.60	+01:55:40 (64.1%)	15:02	4 (36.0%)
1489	CICHA Judyta	5218	HUSARIA RACE TEAM	Open Kobiet	231	11:45	01:10:51	03:00:28.25	03:00:28.25	+01:55:41 (64.1%)	15:02	4 (36.0%)
1490	NOWAKOWSKI Dawid	5321		Open Mężczyzn	950	11:45	00:56:18	03:00:30.10	03:00:30.10	+01:55:43 (64.1%)	15:02	4 (36.0%)
1491	DROB Aleksandra	6136	TRANS.EU	Open Kobiet	232	13:00	01:35:59	02:58:41.75	03:00:53.05	+01:56:06 (64.2%)	14:53	4 (36.0%)
1492	KOZIOŁ Barbara	6449		Open Kobiet	233	13:45	01:23:51	03:00:53.20	03:00:53.20	+01:56:06 (64.2%)	15:04	4 (36.0%)
1493	KUMOŚ Marcelina	6140	TRANS.EU	Open Kobiet	234	13:00	01:38:11	03:00:53.75	03:00:53.75	+01:56:06 (64.2%)	15:04	4 (36.0%)
1494	CHOMICKA Renata	5156	OUTDOOR TRAINING	Open Kobiet	235	11:35	00:58:06	03:01:02.45	03:01:02.45	+01:56:15 (64.2%)	15:05	4 (36.0%)
1495	WAWRZOS Marlena	6055		Open Kobiet	236	13:00	01:24:16	03:01:06.40	03:01:06.40	+01:56:19 (64.2%)	15:05	4 (36.0%)
1496	WAWRZOS Martyna	6056		Open Kobiet	237	13:00	01:24:15	03:01:07.80	03:01:07.80	+01:56:20 (64.2%)	15:05	4 (36.0%)
1497	GARLIŃSKI Daniel	6019		Open Mężczyzn	951	13:00	01:24:15	03:01:07.85	03:01:07.85	+01:56:20 (64.2%)	15:05	4 (36.0%)
1498	GRABARA Dorota	6023		Open Kobiet	238	13:00	01:24:15	03:01:09.05	03:01:09.05	+01:56:22 (64.2%)	15:05	4 (36.0%)
1499	KOLORZ Blanka	5245	LAWYERS & ABC TEAM	Open Kobiet	239	11:45	01:28:33	03:01:10.95	03:01:10.95	+01:56:23 (64.2%)	15:05	4 (36.0%)
1500	KOLORZ Jarosław	5246	LAWYERS & ABC TEAM	Open Mężczyzn	952	11:45	01:28:31	03:01:11.55	03:01:11.55	+01:56:24 (64.2%)	15:05	4 (36.0%)
1501	KRASSOWSKI Maciej	5608		Open Mężczyzn	953	12:15	01:07:50	03:01:34.55	03:01:34.55	+01:56:47 (64.3%)	15:07	4 (36.0%)
1502	KRASSOWSKA Joanna	5607		Open Kobiet	240	12:15	01:07:51	03:01:34.65	03:01:34.65	+01:56:47 (64.3%)	15:07	4 (36.0%)
1503	BARWICKA Sonia	5448		Open Kobiet	241	12:00	01:21:12	03:01:54.85	03:01:54.85	+01:57:07 (64.4%)	15:09	4 (36.0%)
1504	WOŹNIAK Konrad	5494		Open Mężczyzn	954	12:00	01:22:08	03:01:54.95	03:01:54.95	+01:57:07 (64.4%)	15:09	4 (36.0%)
1505	GABRYŚ Wojciech	5457		Open Mężczyzn	955	12:00	01:22:08	03:01:55.05	03:01:55.05	+01:57:08 (64.4%)	15:09	4 (36.0%)
1506	STASZKIEWICZ Krzysztof	6797		Open Mężczyzn	956	14:30	01:25:56	03:02:12.20	03:02:12.20	+01:57:25 (64.4%)	15:11	4 (36.0%)
1507	KRYSIŃSKA Adrianna	6790		Open Kobiet	242	14:30	01:25:57	03:02:13.35	03:02:13.35	+01:57:26 (64.4%)	15:11	4 (36.0%)
1508	JASICKI Szymon	6292		Open Mężczyzn	957	14:30	01:26:42	03:02:15.95	03:02:15.95	+01:57:28 (64.5%)	15:11	4 (36.0%)
1509	SOBCZYK Ligia	6113	PACZKOŚWIRY	Open Kobiet	243	13:15	01:40:00	03:02:16.60	03:02:16.60	+01:57:29 (64.5%)	15:11	4 (36.0%)
1510	SARNECKI Łukasz	6112	PACZKOŚWIRY	Open Mężczyzn	958	13:15	01:35:48	03:02:17.55	03:02:17.55	+01:57:30 (64.5%)	15:11	3.9 (35.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1511	JANDA Paulina	6291		Open Kobiet	244	13:15	01:35:32	03:02:18.35	03:02:18.35	+01:57:31 (64.5%)	15:11	3.9 (35.1%)
1512	WIECZOREK Dariusz	5056		Open Mężczyzn	959	11:20	00:59:18	03:02:56.75	03:02:56.75	+01:58:09 (64.6%)	15:14	3.9 (35.1%)
1513	KOZUBOWSKI Paweł	6269	TBS KATOWICE	Open Masters Mężczyzn	185	13:30	01:39:26	03:03:15.55	03:03:15.55	+01:58:28 (64.6%)	15:16	3.9 (35.1%)
1514	ŁASKAWIEC Patryk	6270	TBS KATOWICE	Open Mężczyzn	960	13:30	01:38:46	03:03:16.25	03:03:16.25	+01:58:29 (64.7%)	15:16	3.9 (35.1%)
1515	MAJEWSKI Robert	6271	TBS KATOWICE	Open Masters Mężczyzn	186	13:30	01:39:29	03:03:16.35	03:03:16.35	+01:58:29 (64.7%)	15:16	3.9 (35.1%)
1516	KOZIEŁŁO-POKLEWSKA Agnieszka	6268	TBS KATOWICE	Open Masters Kobiet	49	13:30	01:39:01	03:03:16.55	03:03:16.55	+01:58:29 (64.7%)	15:16	3.9 (35.1%)
1516	SIBIELAK Marta	6272	TBS KATOWICE	Open Kobiet	245	13:30	01:39:01	03:03:16.55	03:03:16.55	+01:58:29 (64.7%)	15:16	3.9 (35.1%)
1518	KACZOR Edyta	5213	DZIEŃ DOBRY 2.0	Open Kobiet	246	11:45	01:17:40	03:03:17.85	03:03:17.85	+01:58:30 (64.7%)	15:16	3.9 (35.1%)
1519	MARZEC Dawid	5214	DZIEŃ DOBRY 2.0	Open Mężczyzn	961	11:45	01:17:28	03:03:19.75	03:03:19.75	+01:58:32 (64.7%)	15:16	3.9 (35.1%)
1520	MYŚLIWIEC Adam	5215	DZIEŃ DOBRY 2.0	Open Mężczyzn	962	11:45	01:17:27	03:03:20.20	03:03:20.20	+01:58:33 (64.7%)	15:16	3.9 (35.1%)
1521	CUDEK Piotr	5212	DZIEŃ DOBRY 2.0	Open Mężczyzn	963	11:45	01:17:26	03:03:21.10	03:03:21.10	+01:58:34 (64.7%)	15:16	3.9 (35.1%)
1522	SIERAKOWSKI Ireneusz	5626		Open Mężczyzn	964	11:45	01:17:40	03:03:29.35	03:03:29.35	+01:58:42 (64.7%)	15:17	3.9 (35.1%)
1523	KURCZYŃSKI Grzegorz	5712	SPORTERA OCR	Open Mężczyzn	965	12:15	01:07:35	03:03:57.90	03:03:57.90	+01:59:10 (64.8%)	15:19	3.9 (35.1%)
1524	GAJDA Daniel	5424	SILESIA TEAM	Open Mężczyzn	966	12:00	01:22:37	03:04:23.55	03:04:23.55	+01:59:36 (64.9%)	15:21	3.9 (35.1%)
1525	GAJDA Kinga	5425	SILESIA TEAM	Open Kobiet	247	12:00	01:22:52	03:04:23.75	03:04:23.75	+01:59:36 (64.9%)	15:21	3.9 (35.1%)
1526	PAPIEROK Magdalena	5426	SILESIA TEAM	Open Kobiet	248	12:00	01:22:39	03:04:23.85	03:04:23.85	+01:59:36 (64.9%)	15:21	3.9 (35.1%)
1527	BYLICA Michał	5824	LASEROWE BIEDRONKI	Open Mężczyzn	967	12:45	01:16:53	03:04:28.45	03:04:28.45	+01:59:41 (64.9%)	15:22	3.9 (35.1%)
1528	KRASZEWSKI Mariusz	5826	LASEROWE BIEDRONKI	Open Mężczyzn	968	12:45	01:21:54	03:04:28.70	03:04:28.70	+01:59:41 (64.9%)	15:22	3.9 (35.1%)
1529	KUCHARSKA Sylwia	6110	PACZKOŚWIRY	Open Kobiet	249	13:15	01:36:02	03:04:32.50	03:04:32.50	+01:59:45 (64.9%)	15:22	3.9 (35.1%)
1530	MIELCARZ Marcin	6111	PACZKOŚWIRY	Open Mężczyzn	969	13:15	01:36:03	03:04:33.00	03:04:33.00	+01:59:46 (64.9%)	15:22	3.9 (35.1%)
1531	PAC Wojciech	5829	LASEROWE BIEDRONKI	Open Mężczyzn	970	12:45	01:16:52	03:04:58.05	03:04:58.05	+02:00:11 (65.0%)	15:24	3.9 (35.1%)
1532	ODWROT Łukasz	5828	LASEROWE BIEDRONKI	Open Mężczyzn	971	12:45	01:16:51	03:04:58.10	03:04:58.10	+02:00:11 (65.0%)	15:24	3.9 (35.1%)
1533	GÓRNIAK Robert	5548	PSYCHOPOGO	Open Mężczyzn	972	12:15	01:19:33	03:05:03.75	03:05:03.75	+02:00:16 (65.0%)	15:25	3.9 (35.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1534	MITURA Filip	5683	OMEGA SQUAD	Open Mężczyzn	973	12:30	01:22:02	03:05:38.15	03:05:38.15	+02:00:51 (65.1%)	15:28	3.9 (35.1%)
1535	STALSKA Magdalena	5686	OMEGA SQUAD	Open Kobiet	250	12:30	01:22:03	03:05:38.55	03:05:38.55	+02:00:51 (65.1%)	15:28	3.9 (35.1%)
1536	MROWIEC Dawid	5684	OMEGA SQUAD	Open Mężczyzn	974	12:30	01:22:03	03:05:39.35	03:05:39.35	+02:00:52 (65.1%)	15:28	3.9 (35.1%)
1537	STALSKI Pawel	5687	OMEGA SQUAD	Open Mężczyzn	975	12:30	01:22:05	03:05:39.80	03:05:39.80	+02:00:52 (65.1%)	15:28	3.9 (35.1%)
1538	WODECKI Tomasz	5493		Open Mężczyzn	976	12:00	01:22:49	03:05:48.45	03:05:48.45	+02:01:01 (65.1%)	15:29	3.9 (35.1%)
1539	JĘDRZEJCZAK Michał	6729		Open Mężczyzn	977	14:15	01:23:36	03:06:48.40	03:06:48.40	+02:02:01 (65.3%)	15:34	3.9 (35.1%)
1540	SOBALA Marta	6767		Open Kobiet	251	14:15	01:23:37	03:07:08.95	03:07:08.95	+02:02:21 (65.4%)	15:35	3.8 (34.2%)
1541	CWYNAR Tomasz	6416	WATAHA	Open Mężczyzn	978	13:45	01:17:14	03:07:13.75	03:07:13.75	+02:02:26 (65.4%)	15:36	3.8 (34.2%)
1542	CWYNAR Marta	6415	WATAHA	Open Kobiet	252	13:45	01:17:16	03:07:14.05	03:07:14.05	+02:02:27 (65.4%)	15:36	3.8 (34.2%)
1543	KOZŁOWSKI Radosław	5172	BEST BEASTS	Open Mężczyzn	979	11:20	00:54:34	03:07:17.50	03:07:17.50	+02:02:30 (65.4%)	15:36	3.8 (34.2%)
1544	MAŁKIEWICZ Marta	5202	#GDYBYNIEJAREK	Open Kobiet	253	11:45	01:32:16	03:07:35.15	03:07:35.15	+02:02:48 (65.5%)	15:37	3.8 (34.2%)
1545	POKORSKI Rafał	6099	HUSARIA RACE TEAM	Open Masters Mężczyzn	187	11:45	01:10:49	03:07:41.60	03:07:41.60	+02:02:54 (65.5%)	15:38	3.8 (34.2%)
1546	BUGAJNY Mateusz	5823	LASEROWE BIEDRONKI	Open Mężczyzn	980	12:45	01:16:54	03:07:49.35	03:07:49.35	+02:03:02 (65.5%)	15:39	3.8 (34.2%)
1547	KAPICA Wojciech	5982	POWER TRAINING	Open Mężczyzn	981	13:00	01:04:42	03:07:52.30	03:07:52.30	+02:03:05 (65.5%)	15:39	3.8 (34.2%)
1548	MALICKI Dawid	5115	WATAHA	Open Mężczyzn	982	11:20	00:43:05	03:08:19.10	03:08:19.10	+02:03:32 (65.6%)	15:41	3.8 (34.2%)
1549	RYBARCZYK Ilona	5153	HUSARIA RACE TEAM	Open Kobiet	254	11:35	00:51:09	03:08:28.10	03:08:28.10	+02:03:41 (65.6%)	15:42	3.8 (34.2%)
1550	ROSOCHACKA Natalia Anna	5180	HUSARIA RACE TEAM	Open Kobiet	255	11:35	01:03:41	03:08:34.70	03:08:34.70	+02:03:47 (65.6%)	15:42	3.8 (34.2%)
1551	KALISZEWSKI Dawid	6657	M@NKEY TEAM	Open Mężczyzn	983	14:15	01:20:07	03:08:56.50	03:08:56.50	+02:04:09 (65.7%)	15:44	3.8 (34.2%)
1552	DZIAŁACH Piotr	6810	MY FITNESS PLACE OPOLE	Open Mężczyzn	984	14:45	01:22:32	03:09:09.15	03:09:09.15	+02:04:22 (65.8%)	15:45	3.8 (34.2%)
1553	SIEMIENIUK Justyna	6814	MY FITNESS PLACE OPOLE	Open Kobiet	256	14:45	01:22:33	03:09:38.85	03:09:38.85	+02:04:51 (65.8%)	15:48	3.8 (34.2%)
1554	MRÓZ Bartłomiej	6658	M@NKEY TEAM	Open Mężczyzn	985	14:15	01:20:13	03:09:42.45	03:09:42.45	+02:04:55 (65.9%)	15:48	3.8 (34.2%)
1555	MALINOWSKA Katarzyna	5680	OBY NIE OSTATNI	Open Kobiet	257	11:45	01:32:33	03:09:59.65	03:09:59.65	+02:05:12 (65.9%)	15:49	3.8 (34.2%)
1556	KOLWICZ Patryk	6812	MY FITNESS PLACE OPOLE	Open Mężczyzn	986	14:45	01:22:30	03:10:00.30	03:10:00.30	+02:05:13 (65.9%)	15:50	3.8 (34.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point RMG 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1557	CENKOWSKA Małgorzata	5301		Open Kobiet	258	11:45	01:32:29	03:10:16.75	03:10:16.75	+02:05:29 (66.0%)	15:51	3.8 (34.2%)
1558	PERZANOWSKA Karolina	5325		Open Kobiet	259	11:45	01:32:29	03:10:16.85	03:10:16.85	+02:05:29 (66.0%)	15:51	3.8 (34.2%)
1559	ONYSKO Viktoriia	5482		Open Kobiet	260	11:45	01:32:33	03:10:20.60	03:10:20.60	+02:05:33 (66.0%)	15:51	3.8 (34.2%)
1560	WRÓBLEWSKI Robert	6817	MY FITNESS PLACE OPOLE	Open Mężczyzn	987	14:45	01:22:31	03:10:42.95	03:10:42.95	+02:05:55 (66.0%)	15:53	3.8 (34.2%)
1561	SKORUPIŃSKI Mateusz	6832		Open Mężczyzn	988	14:45	01:22:57	03:10:44.15	03:10:44.15	+02:05:57 (66.0%)	15:53	3.8 (34.2%)
1562	ZARĘBA Justyna	6574	SPORTERA OCR	Open Kobiet	261	13:15	01:20:28	03:10:51.75	03:10:51.75	+02:06:04 (66.1%)	15:54	3.8 (34.2%)
1563	WŁOCH Michał	6584	ZABIEGANI CZĘSTOCHOWA	Open Mężczyzn	989	14:00	01:18:43	03:11:17.75	03:11:17.75	+02:06:30 (66.1%)	15:56	3.8 (34.2%)
1564	WILCZEK Lukasz	5343		Open Mężczyzn	990	11:45	01:19:36	03:11:29.25	03:11:29.25	+02:06:42 (66.2%)	15:57	3.8 (34.2%)
1565	WIĘCEK Mateusz	5859	RGB TEAM	Open Mężczyzn	991	12:45	01:28:45	03:11:55.85	03:11:55.85	+02:07:08 (66.2%)	15:59	3.8 (34.2%)
1566	SZYMAŃSKA Aleksandra	5339		Open Kobiet	262	11:45	01:42:35	03:12:11.50	03:12:11.50	+02:07:24 (66.3%)	16:00	3.7 (33.3%)
1567	MINTA Amadeusz	5856	RGB TEAM	Open Mężczyzn	992	12:45	01:28:47	03:12:16.60	03:12:16.60	+02:07:29 (66.3%)	16:01	3.7 (33.3%)
1568	KALNIUK Tomasz	5538	NIE W SZCZEPIONKĘ TEAM	Open Mężczyzn	993	12:15	01:38:38	03:12:21.15	03:12:21.15	+02:07:34 (66.3%)	16:01	3.7 (33.3%)
1569	CIELOSZYK Filip	6590		Open Mężczyzn	994	14:00	01:19:51	03:12:30.75	03:12:30.75	+02:07:43 (66.3%)	16:02	3.7 (33.3%)
1570	PĘCHERZ Izabela	5857	RGB TEAM	Open Kobiet	263	12:45	01:28:47	03:12:43.70	03:12:43.70	+02:07:56 (66.4%)	16:03	3.7 (33.3%)
1571	KLONOWSKI Oskar	5853	RGB TEAM	Open Mężczyzn	995	12:45	01:28:46	03:12:43.75	03:12:43.75	+02:07:56 (66.4%)	16:03	3.7 (33.3%)
1572	ADAMSON Mateusz	5848	RGB TEAM	Open Mężczyzn	996	12:45	01:29:40	03:12:44.95	03:12:44.95	+02:07:57 (66.4%)	16:03	3.7 (33.3%)
1573	LITWINOWICZ Barbara	5855	RGB TEAM	Open Kobiet	264	12:45	01:29:38	03:12:46.40	03:12:46.40	+02:07:59 (66.4%)	16:03	3.7 (33.3%)
1574	BIEL Marta	5593		Open Kobiet	265	12:15	01:38:35	03:13:04.15	03:13:04.15	+02:08:17 (66.4%)	16:05	3.7 (33.3%)
1575	BALICKI Miłosz	5850	RGB TEAM	Open Masters Mężczyzn	188	12:45	01:28:08	03:13:14.25	03:13:14.25	+02:08:27 (66.5%)	16:06	3.7 (33.3%)
1576	HELLMANN Marcin	5310		Open Mężczyzn	997	11:45	01:42:35	03:13:17.55	03:13:17.55	+02:08:30 (66.5%)	16:06	3.7 (33.3%)
1577	CHLEBOŚ Jakub	6222	DIRTY SPARROWS	Open Mężczyzn	998	13:30	01:27:16	03:14:06.10	03:14:06.10	+02:09:19 (66.6%)	16:10	3.7 (33.3%)
1578	CHAJEC Patrycja	6221	DIRTY SPARROWS	Open Kobiet	266	13:30	01:27:17	03:14:06.55	03:14:06.55	+02:09:19 (66.6%)	16:10	3.7 (33.3%)
1579	BARTOSIŃSKA Katarzyna	5146	HUSARIA RACE TEAM	Open Kobiet	267	11:35	01:06:11	03:14:26.85	03:14:26.85	+02:09:39 (66.7%)	16:12	3.7 (33.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
1580	MARKOWICZ Ewelina	5149	HUSARIA RACE TEAM	Open Kobiet	268	11:35	01:14:48	03:14:40.05	03:14:40.05	+02:09:53 (66.7%)	16:13	3.7 (33.3%)
1581	KOMORNICKA Sabina	5854	RGB TEAM	Open Kobiet	269	12:45	01:29:39	03:15:16.35	03:15:16.35	+02:10:29 (66.8%)	16:16	3.7 (33.3%)
1582	TWARDAK Dariusz	5858	RGB TEAM	Open Mężczyzn	999	12:45	01:29:39	03:15:16.50	03:15:16.50	+02:10:29 (66.8%)	16:16	3.7 (33.3%)
1583	GOLICKI Przemysław	6880		Open Mężczyzn	1000	14:00	01:20:57	03:15:17.25	03:15:17.25	+02:10:30 (66.8%)	16:16	3.7 (33.3%)
1584	GŁAZ Karol	5851	RGB TEAM	Open Mężczyzn	1001	12:45	01:28:48	03:15:18.45	03:15:18.45	+02:10:31 (66.8%)	16:16	3.7 (33.3%)
1585	WYSŁUCH Iza	5160	XRUNNERS	Elite Kobiet	2	11:35	01:00:12	03:15:23.95	03:15:23.95	+02:10:36 (66.8%)	16:16	3.7 (33.3%)
1586	MARZEC Rafał	6179		Open Mężczyzn	1002	13:15	01:38:04	03:15:35.55	03:15:35.55	+02:10:48 (66.9%)	16:17	3.7 (33.3%)
1587	BOŹEK Marlena	6162		Open Kobiet	270	13:15	01:38:02	03:15:35.70	03:15:35.70	+02:10:48 (66.9%)	16:17	3.7 (33.3%)
1588	DEKA Patrycja	6165		Open Kobiet	271	13:15	01:38:02	03:15:36.00	03:15:36.00	+02:10:49 (66.9%)	16:18	3.7 (33.3%)
1589	KOZIAK Agnieszka	5155	KB ODRA OPOLE	Open Kobiet	272	11:35	01:17:06	03:15:46.10	03:15:46.10	+02:10:59 (66.9%)	16:18	3.7 (33.3%)
1590	POKORSKA Kasia	5150	HUSARIA RACE TEAM	Open Kobiet	273	11:35	01:13:45	03:15:47.80	03:15:47.80	+02:11:00 (66.9%)	16:18	3.7 (33.3%)
1591	STAWIARZ Małgorzata	6195		Open Kobiet	274	12:15	01:38:19	03:16:03.30	03:16:03.30	+02:11:16 (67.0%)	16:20	3.7 (33.3%)
1592	PURCHALAK Karolina	6093	GOVECS & FRIENDS	Open Kobiet	275	13:15	01:41:35	03:16:07.35	03:16:07.35	+02:11:20 (67.0%)	16:20	3.7 (33.3%)
1593	KOŁTKO Daria	5891		Open Kobiet	276	12:45	01:24:58	03:16:22.30	03:16:22.30	+02:11:35 (67.0%)	16:21	3.7 (33.3%)
1594	BAK Piotr	5874		Open Mężczyzn	1003	12:45	01:25:01	03:16:22.60	03:16:22.60	+02:11:35 (67.0%)	16:21	3.7 (33.3%)
1595	GIERMEK Anna	6021		Open Kobiet	277	13:00	01:20:16	03:17:23.40	03:17:23.40	+02:12:36 (67.2%)	16:26	3.6 (32.4%)
1596	GIERMEK Michał	6022		Open Mężczyzn	1004	13:00	01:20:15	03:17:23.70	03:17:23.70	+02:12:36 (67.2%)	16:26	3.6 (32.4%)
1597	HUDZIAK Dariusz	5130		Open Mężczyzn	1005	11:30	01:00:23	03:17:24.15	03:17:24.15	+02:12:37 (67.2%)	16:27	3.6 (32.4%)
1598	MATYSEK Ireneusz	5047		Elite Masters Mężczyzn	12	11:20	01:19:31	03:17:35.25	03:17:35.25	+02:12:48 (67.2%)	16:27	3.6 (32.4%)
1599	DĄBROWSKI Daniel	5106	RUN PRAGA TEAM	Open Mężczyzn	1006	11:30	01:09:31	03:17:40.65	03:17:40.65	+02:12:53 (67.2%)	16:28	3.6 (32.4%)
1600	SIWIASZCZYK Mateusz	5949	GOVECS & FRIENDS	Open Mężczyzn	1007	13:00	01:28:02	03:18:19.45	03:18:19.45	+02:13:32 (67.3%)	16:31	3.6 (32.4%)
1601	BUDZIŃSKI Robert	5944	GOVECS & FRIENDS	Open Mężczyzn	1008	13:00	01:28:03	03:18:20.30	03:18:20.30	+02:13:33 (67.3%)	16:31	3.6 (32.4%)
1602	BAK Oliwia	5730		Open Kobiet	278	12:30	01:23:04	03:18:30.65	03:18:30.65	+02:13:43 (67.4%)	16:32	3.6 (32.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1603	SOBALA Błażej	5206	CENTRUM KETTLEBELL ZĄBKOWICE ŚLĄSKIE	Open Mężczyzn	1009	11:45	01:12:57	03:18:57.05	03:18:57.05	+02:14:10 (67.4%)	16:34	3.6 (32.4%)
1604	TERLECKA Katarzyna	5207	CENTRUM KETTLEBELL ZĄBKOWICE ŚLĄSKIE	Open Kobiet	279	11:45	01:12:58	03:18:57.15	03:18:57.15	+02:14:10 (67.4%)	16:34	3.6 (32.4%)
1605	MATUSZCZAK Emil	5540	POOLPOOL SKLEP BASENOWY	Open Mężczyzn	1010	12:15	01:23:44	03:19:21.85	03:19:21.85	+02:14:34 (67.5%)	16:36	3.6 (32.4%)
1606	SURDYKA Konrad	6770		Open Mężczyzn	1011	14:15	01:18:01	03:19:39.75	03:19:39.75	+02:14:52 (67.6%)	16:38	3.6 (32.4%)
1607	BAGIŃSKI Marcin	6650	KONIUCHY OCR	Open Mężczyzn	1012	14:15	01:15:08	03:20:21.95	03:20:21.95	+02:15:34 (67.7%)	16:41	3.6 (32.4%)
1608	FURGAŁ Ryszard	5600		Open Mężczyzn	1013	12:15	01:38:46	03:20:35.55	03:20:35.55	+02:15:48 (67.7%)	16:42	3.6 (32.4%)
1609	SOBOTA Kamil	6838	HUSARIA RACE TEAM	Open Mężczyzn	1014	11:45	00:47:16	03:21:07.55	03:21:07.55	+02:16:20 (67.8%)	16:45	3.6 (32.4%)
1610	LIPIŃSKI Michał	6671	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	1015	14:15	01:31:18	03:21:18.10	03:21:18.10	+02:16:31 (67.8%)	16:46	3.6 (32.4%)
1611	STOLARSKA Julia	6670	QRDEMOLE	Open Kobiet	280	14:15	01:37:03	03:21:31.45	03:21:31.45	+02:16:44 (67.9%)	16:47	3.6 (32.4%)
1612	POSIEWKA Jacek	6465		Open Mężczyzn	1016	13:45	01:08:05	03:21:45.20	03:21:45.20	+02:16:58 (67.9%)	16:48	3.6 (32.4%)
1613	SZULIŃSKI Mateusz	5141		Elite Mężczyzn	66	11:30	00:46:17	03:21:51.95	03:21:51.95	+02:17:04 (67.9%)	16:49	3.6 (32.4%)
1614	GOERIG Michał	5401	HUSARIA RACE TEAM	Open Mężczyzn	1017	12:00	01:26:04	03:21:57.30	03:21:57.30	+02:17:10 (67.9%)	16:49	3.6 (32.4%)
1615	KAMIŃSKI Maciej	6669	QRDEMOLE	Open Mężczyzn	1018	14:15	01:37:04	03:22:00.65	03:22:00.65	+02:17:13 (67.9%)	16:50	3.6 (32.4%)
1616	ZABOROWSKI Filip	6624		Open Mężczyzn	1019	14:00	01:18:37	03:22:31.35	03:22:31.35	+02:17:44 (68.0%)	16:52	3.6 (32.4%)
1617	PORĘBSKI Jarosław	6188		Open Mężczyzn	1020	13:15	01:40:05	03:23:13.35	03:23:13.35	+02:18:26 (68.1%)	16:56	3.5 (31.5%)
1618	KARCZ Paweł	6172		Open Mężczyzn	1021	13:15	01:40:04	03:23:13.40	03:23:13.40	+02:18:26 (68.1%)	16:56	3.5 (31.5%)
1619	WYDRZYCKI Michał	6481		Open Mężczyzn	1022	12:30	01:23:03	03:23:20.05	03:23:20.05	+02:18:33 (68.1%)	16:56	3.5 (31.5%)
1620	ŻUCHOWSKI Jacek	5674	HUSARIA RACE TEAM	Open Mężczyzn	1023	12:30	01:29:13	03:24:45.35	03:24:45.35	+02:19:58 (68.4%)	17:03	3.5 (31.5%)
1621	SZCZĘCH Damian	5166	HUSARIA RACE TEAM	Open Mężczyzn	1024	11:30	00:57:35	03:24:47.95	03:24:47.95	+02:20:00 (68.4%)	17:03	3.5 (31.5%)
1622	ROGALIŃSKA Joanna	5642	BIJĘ TEŚCIA	Open Masters Kobiet	50	12:30	01:28:54	03:25:06.45	03:25:06.45	+02:20:19 (68.4%)	17:05	3.5 (31.5%)
1623	WIELGUS Jacek	6007	WŚCIEKŁE CHOMIKI	Open Masters Mężczyzn	189	13:00	01:27:32	03:25:48.65	03:25:48.65	+02:21:01 (68.5%)	17:09	3.5 (31.5%)
1624	VASYLENKO Margaryta	6006	WŚCIEKŁE CHOMIKI	Open Kobiet	281	13:00	01:27:34	03:25:49.50	03:25:49.50	+02:21:02 (68.5%)	17:09	3.5 (31.5%)
1625	KAWULKA Robert	6002	WŚCIEKŁE CHOMIKI	Open Mężczyzn	1025	13:00	01:27:32	03:25:50.75	03:25:50.75	+02:21:03 (68.5%)	17:09	3.5 (31.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1626	PALIBOREK Monika	6004	WŚCIEKŁE CHOMIKI	Open Kobiet	282	13:00	01:27:36	03:25:51.30	03:25:51.30	+02:21:04 (68.5%)	17:09	3.5 (31.5%)
1626	TOMASZ Przewięźlikowski	6005	WŚCIEKŁE CHOMIKI	Open Mężczyzn	1026	13:00	01:27:38	03:25:51.30	03:25:51.30	+02:21:04 (68.5%)	17:09	3.5 (31.5%)
1628	KOSEK Przemysław	6003	WŚCIEKŁE CHOMIKI	Open Mężczyzn	1027	13:00	01:27:31	03:25:51.95	03:25:51.95	+02:21:04 (68.5%)	17:09	3.5 (31.5%)
1629	KRÓLAK Margarita	5148	HUSARIA RACE TEAM	Open Kobiet	283	11:35	00:52:24	03:27:25.70	03:27:25.70	+02:22:38 (68.8%)	17:17	3.5 (31.5%)
1630	BAYGER Krystian	5036	WATAHA	Open Mężczyzn	1028	11:20	00:59:38	03:28:28.35	03:28:28.35	+02:23:41 (68.9%)	17:22	3.5 (31.5%)
1631	CAREWICZ Marek	5124		Elite Masters Mężczyzn	13	11:30	00:57:58	03:29:11.40	03:29:11.40	+02:24:24 (69.0%)	17:25	3.4 (30.6%)
1632	ROGALIŃSKA Alicja	5641	BIJĘ TEŚCIA	Open Kobiet	284	12:30	01:28:55	03:29:20.35	03:29:20.35	+02:24:33 (69.1%)	17:26	3.4 (30.6%)
1633	RYPNIEWSKA-MOGIŁA Magdalena	5643	BIJĘ TEŚCIA	Open Kobiet	285	12:30	01:28:54	03:29:20.65	03:29:20.65	+02:24:33 (69.1%)	17:26	3.4 (30.6%)
1634	ADAMCZYK Marcin	5640	BIJĘ TEŚCIA	Open Masters Mężczyzn	190	12:30	01:28:56	03:29:21.25	03:29:21.25	+02:24:34 (69.1%)	17:26	3.4 (30.6%)
1635	CIERPIŃSKI Patryk	6016		Open Mężczyzn	1029	13:00	01:43:37	03:29:27.15	03:29:27.15	+02:24:40 (69.1%)	17:27	3.4 (30.6%)
1636	KUDRA Dominik	5167	WATAHA	Open Mężczyzn	1030	11:20	00:56:11	03:30:42.30	03:30:42.30	+02:25:55 (69.3%)	17:33	3.4 (30.6%)
1637	PODDEBNIAK Małgorzata	5761		Open Kobiet	286	12:30	01:23:00	03:30:47.90	03:30:47.90	+02:26:00 (69.3%)	17:33	3.4 (30.6%)
1638	GOMULARZ Sebastian	5076	HUSARIA RACE TEAM	Open Mężczyzn	1031	11:30	00:45:52	03:31:17.40	03:31:17.40	+02:26:30 (69.3%)	17:36	3.4 (30.6%)
1639	SIEROCIŃSKI Szymon	5908		Open Mężczyzn	1032	12:30	01:31:55	03:23:22.05	03:31:44.85	+02:26:57 (69.4%)	16:56	3.5 (31.5%)
1640	WILCZEK Marcin	6654	KRÓĆARMIA	Open Mężczyzn	1033	14:15	01:48:29	03:34:15.35	03:34:15.35	+02:29:28 (69.8%)	17:51	3.4 (30.6%)
1641	RYCHLIICKA Ines	6653	KRÓĆARMIA	Open Kobiet	287	14:15	01:48:30	03:34:16.00	03:34:16.00	+02:29:29 (69.8%)	17:51	3.4 (30.6%)
1642	MICHALSKI Michał	5541	POOLPOOL SKLEP BASENOWY	Open Mężczyzn	1034	12:15	01:23:42	03:36:00.10	03:36:00.10	+02:31:13 (70.0%)	18:00	3.3 (29.7%)
1643	ROCHEWICZ Daniel	5542	POOLPOOL SKLEP BASENOWY	Open Mężczyzn	1035	12:15	01:23:37	03:36:48.40	03:36:48.40	+02:32:01 (70.1%)	18:04	3.3 (29.7%)
1644	KOMARNICKI Tomasz	5010	GRUBIORZE LOTAJOM	Open Mężczyzn	1036	11:20	00:43:22	03:38:18.70	03:38:18.70	+02:33:31 (70.3%)	18:11	3.3 (29.7%)
1645	PAWLIŃSKI Łukasz	5138		Open Mężczyzn	1037	11:30	01:01:42	03:39:20.75	03:39:20.75	+02:34:33 (70.5%)	18:16	3.3 (29.7%)
1646	CHŁAP Ireneusz	5073	HUSARIA RACE TEAM	Open Mężczyzn	1038	11:30	00:52:31	03:40:10.55	03:40:10.55	+02:35:23 (70.6%)	18:20	3.3 (29.7%)
1647	DOMINIK Paweł	5125		Open Mężczyzn	1039	11:30	00:57:05	03:40:41.80	03:40:41.80	+02:35:54 (70.6%)	18:23	3.3 (29.7%)
1648	ŚNIEŻKO-BŁOCKI Błażej	5139		Open Mężczyzn	1040	11:30	00:50:32	03:45:55.15	03:45:55.15	+02:41:08 (71.3%)	18:49	3.2 (28.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1649	KRZYŻOWSKI Grzegorz	5011	GRUBIORZE LOTAJOM	Elite Mężczyzn	67	11:20	00:52:44	03:49:28.65	03:49:28.65	+02:44:41 (71.8%)	19:07	3.1 (27.9%)
1650	FIEDOR Tomasz	5075	HUSARIA RACE TEAM	Open Mężczyzn	1041	11:30	00:54:39	03:56:44.50	03:56:44.50	+02:51:57 (72.6%)	19:43	3 (27.0%)
1651	OLEJNIK Franciszek	5023	HUSARIA RACE TEAM	Open Mężczyzn	1042	11:20	00:47:27	03:59:06.50	03:59:06.50	+02:54:19 (72.9%)	19:55	3 (27.0%)
1652		6982					01:03:53	02:00:33.95	04:25:32.15	+03:20:45 (75.6%)	10:02	6 (54.1%)
1653	CHERNIAVSKA Anna	5882		Open Kobiet	288	12:15	02:01:08	04:25:58.95	04:25:58.95	+03:21:11 (75.6%)	22:09	2.7 (24.3%)
1654	BUCZEK Łukasz	5122		Open Mężczyzn	1043	11:30	00:49:26	04:26:49.65	04:26:49.65	+03:22:02 (75.7%)	22:14	2.7 (24.3%)
1655	GIEMZA Michał	5129		Open Mężczyzn	1044	11:30	00:49:51	04:28:29.25	04:28:29.25	+03:23:42 (75.9%)	22:22	2.7 (24.3%)
1656	KAMINSKA Dorota	5144	GRUBIORZE LOTAJOM	Open Kobiet	289	11:35	02:50:29	04:30:34.65	04:30:34.65	+03:25:47 (76.1%)	22:32	2.7 (24.3%)
1657	KURAN Halina	5158	WATAHA	Open Kobiet	290	11:35	01:12:17	04:30:49.00	04:30:49.00	+03:26:02 (76.1%)	22:34	2.7 (24.3%)
1658	FIJALKOWSKI Kamil	5107	RUN PRAGA TEAM	Open Mężczyzn	1045	11:30	02:59:43	04:34:21.60	04:34:21.60	+03:29:34 (76.4%)	22:51	2.6 (23.4%)
1659	WOCHNIAK Michał	5636		Open Mężczyzn	1046	12:15	02:01:05	04:35:59.45	04:35:59.45	+03:31:12 (76.5%)	22:59	2.6 (23.4%)
1660	JAGODZIŃSKI Damian	5175	WATAHA	Open Mężczyzn	1047	11:30	01:07:48	04:36:38.15	04:36:38.15	+03:31:51 (76.6%)	23:03	2.6 (23.4%)
1661	MANIEWSKI Maciej	5116	WATAHA	Open Mężczyzn	1048	11:30	01:07:47	04:38:08.85	04:38:08.85	+03:33:21 (76.7%)	23:10	2.6 (23.4%)
1662	KWIATKOWSKI Robert	5563	SPORTERA OCR	Open Mężczyzn	1049	12:15	02:01:00	04:38:12.60	04:38:12.60	+03:33:25 (76.7%)	23:11	2.6 (23.4%)
1663	RODZIK Joanna	5565	SPORTERA OCR	Open Kobiet	291	12:15	02:00:59	04:40:11.95	04:40:11.95	+03:35:24 (76.9%)	23:20	2.6 (23.4%)
1664	GUZEK Kamil	5561	SPORTERA OCR	Open Mężczyzn	1050	12:15	02:01:10	04:40:12.40	04:40:12.40	+03:35:25 (76.9%)	23:21	2.6 (23.4%)
1665	PTASIŃSKA Kinga	5564	SPORTERA OCR	Open Kobiet	292	12:15	02:01:10	04:42:45.85	04:42:45.85	+03:37:58 (77.1%)	23:33	2.5 (22.5%)
1666	WIŚNIEWSKI Arkadiusz	5566	SPORTERA OCR	Open Mężczyzn	1051	12:15	02:01:08	04:42:46.75	04:42:46.75	+03:37:59 (77.1%)	23:33	2.5 (22.5%)
1667	KAZIMIERCZAK Paweł	5562	SPORTERA OCR	Open Mężczyzn	1052	12:15	02:01:02	04:50:31.00	04:50:31.00	+03:45:44 (77.7%)	24:12	2.5 (22.5%)
1668	MAREK Anna	5143	EICHHÖRNCHEN	Open Kobiet	293	11:35	00:53:51	04:55:13.25	04:55:13.25	+03:50:26 (78.1%)	24:36	2.4 (21.6%)
1669	BODZIANNY Paweł	5046		Open Mężczyzn	1053	11:20	00:50:55	04:56:18.05	04:56:18.05	+03:51:31 (78.1%)	24:41	2.4 (21.6%)
1670	GULACZ Michał	5111	SUDECKIE WYCIECZKI BIEGOWE	Open Mężczyzn	1054	11:30	00:38:15	05:01:02.55	05:01:02.55	+03:56:15 (78.5%)	25:05	2.4 (21.6%)
1671	PYSZNIAK Paweł	5001	BEFIT24TEAM	Open Mężczyzn	1055	11:20	00:45:09	05:33:25.15	05:33:25.15	+04:28:38 (80.6%)	27:47	2.2 (19.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RM 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1672	KLONOWICZ Patrycja	5162		Open Masters Kobiet	51	11:35	01:05:11	06:10:37.45	06:10:37.45	+05:05:50 (82.5%)	30:53	1.9 (17.1%)
1673	KLUCZKA Aleksandra	5145	HUSARIA RACE TEAM	Open Kobiet	294	11:35	00:45:28			+00:26:11	6:29	9.2 (82.9%)
1674	MILEWICZ Dariusz	5061	BOHAR PALETY RUNNERS	Open Mężczyzn	1056	11:30	00:46:19			+00:21:13	6:37	9.1 (82.0%)
1675	PASTUSCHKA Lisa	6887		Open Kobiet	295	14:30	01:03:35			+03:37:11	9:05	6.6 (59.5%)
1676	BOCHENEK Dawid	6527	HARPAGAN BEAST	Open Mężczyzn	1057	14:00	01:06:30			+03:09:36	9:30	6.3 (56.8%)
1677	WAJDA Klaudiusz	6555	MANTICORE FITNESS - LEGNICA	Open Masters Mężczyzn	191	14:00	01:19:06			+03:22:11	11:18	5.3 (47.7%)
1678	KLATKA Mariusz	5387	GŁUSI-WROCŁAW	Open Mężczyzn	1058	12:00	01:21:05			+01:23:19	11:35	5.2 (46.8%)
1679	HOREŻGA Dorota	5440	WATAHA- ŁĄCZY NAS BIEGANIE	Open Kobiet	296	12:00	01:26:00			+01:28:14	12:17	4.9 (44.1%)
1680	MRULA Marek	5573	STUDIO ENERGIA TEAM RYBNIK	Open Masters Mężczyzn	192	12:15	01:27:07			+01:45:04	12:26	4.8 (43.2%)
1681	KOSTRUBIEC-MAŁKIEWICZ Marta	5201	#GDYBYNIEJAREK	Open Kobiet	297	11:45	01:32:16			+01:21:06	13:10	4.6 (41.4%)
1682	STĘPIEŃ Agnieszka	6154	VOESTALPINE	Open Kobiet	298	13:15						(0.0%)
1683	DERYŁO Mateusz	5707	SOCIOS SILESIA	Open Mężczyzn	1059	12:30						(0.0%)
1684	RADWAŃSKI Grzegorz	6321		Open Mężczyzn	1060	13:30						(0.0%)
1685	SZAWŁOWSKA Agnieszka	6146	TRANS.EU	Open Kobiet	299	13:15						(0.0%)
1686	ROŻEK Sandra	5152	HUSARIA RACE TEAM	Open Kobiet	300	11:35						(0.0%)
	FRIEBE Kinga	5307		Open Kobiet		11:45	01:22:45 DNF	DNF	DNF		-	- (0.0%)
	KOŁACZEK Hubert	5045	XRUNNERS	Elite Mężczyzn		11:20	00:40:23 DNF	DNF	DNF		-	- (0.0%)

Znaleziono 1688 wynik(ów)