

Wydarzenie: Runmageddon Wrocław
Organizator: Extreme Events, Runmageddon
Data: 2022-08-21
Miejsce: Wrocław
Dystans: 12 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	LIUTKUS Dainius	3030	OCR BALTIC WARRIORS	Elite Mężczyzn	1	07:30	00:34:35	01:08:26.65	01:08:26.65		5:42	10.5 (100%)
2	OLICHOWSKI Mateusz	3056	WOLF TEAM	Elite Mężczyzn	2	07:30	00:35:42	01:11:16.55	01:11:16.55	+00:02:49 (4.0%)	5:56	10.1 (96.2%)
3	MARKOWSKI Fabian	3036	RAJSPORT ACTIVE	Elite Mężczyzn	3	07:30	00:36:20	01:11:30.55	01:11:30.55	+00:03:03 (4.3%)	5:57	10.1 (96.2%)
4	KATOLIKAU Raman	3064		Elite Mężczyzn	4	07:30	00:35:40	01:12:12.05	01:12:12.05	+00:03:45 (5.2%)	6:01	10 (95.2%)
5	JANUSZEWSKI Bartosz	3028	OBSTACLE CENTER TEAM	Elite Mężczyzn	5	07:30	00:36:22	01:12:13.65	01:12:13.65	+00:03:47 (5.2%)	6:01	10 (95.2%)
6	JACIÓW Paweł	3050	WATAHA	Elite Mężczyzn	6	07:30	00:36:37	01:12:50.15	01:12:50.15	+00:04:23 (6.0%)	6:04	9.9 (94.3%)
7	KRAWIECKI Mateusz	3040	RUNMAGEDDON TEAM	Elite Mężczyzn	7	07:30	00:35:58	01:13:16.45	01:13:16.45	+00:04:49 (6.6%)	6:06	9.8 (93.3%)
8	KALINOWSKI Krystian	3039	RUNMAGEDDON TEAM	Elite Mężczyzn	8	07:30	00:35:41	01:13:41.05	01:13:41.05	+00:05:14 (7.1%)	6:08	9.8 (93.3%)
9	BOROWSKI Michał	3059		Open Mężczyzn	1	07:30	00:36:56	01:14:36.40	01:14:36.40	+00:06:09 (8.3%)	6:13	9.7 (92.4%)
10	JAŃCZUK Przemysław	3038	RUNMAGEDDON TEAM	Elite Mężczyzn	9	07:30	00:39:50	01:16:54.15	01:16:54.15	+00:08:27 (11.0%)	6:24	9.4 (89.5%)
11	MAZUR Damian	3043	SOCIOS SILESIA	Elite Mężczyzn	10	07:30	00:38:00	01:17:17.65	01:17:17.65	+00:08:51 (11.4%)	6:26	9.3 (88.6%)
12	MOSTKOWSKI Łukasz	3053	WATAHA	Elite Mężczyzn	11	07:30	00:38:25	01:17:21.65	01:17:21.65	+00:08:55 (11.5%)	6:26	9.3 (88.6%)
13	ŚLOTAŁA Karol	3010	CARBON SILESIA SPORT	Elite Mężczyzn	12	07:30	00:39:12	01:17:50.65	01:17:50.65	+00:09:24 (12.1%)	6:29	9.3 (88.6%)
14	KALININ Jarosław	3035	RAJSPORT ACTIVE	Elite Mężczyzn	13	07:30	00:38:40	01:18:18.30	01:18:18.30	+00:09:51 (12.6%)	6:31	9.2 (87.6%)
15	BYRCZEK Michał	3049	WATAHA	Elite Mężczyzn	14	07:30	00:39:42	01:20:37.95	01:20:37.95	+00:12:11 (15.1%)	6:43	8.9 (84.8%)

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16	BANDURKA Viktor	3017	EX TEAM	Elite Masters Mężczyzn	1	07:30	00:45:21	01:21:08.30	01:21:08.30	+00:12:41 (15.6%)	6:45	8.9 (84.8%)
17	KACPERSKI Jacek	3034	RAJSPORT ACTIVE	Elite Masters Mężczyzn	2	07:30	00:39:58	01:21:19.15	01:21:19.15	+00:12:52 (15.8%)	6:46	8.9 (84.8%)
18	BRZEZIŃSKI Bartosz	3037	RUNMAGEDDON TEAM	Elite Mężczyzn	15	07:30	00:38:31	01:23:28.80	01:23:28.80	+00:15:02 (18.0%)	6:57	8.6 (81.9%)
19	JUSZKIEWICZ Dominik	3063		Elite Mężczyzn	16	07:30	00:41:03	01:23:30.45	01:23:30.45	+00:15:03 (18.0%)	6:57	8.6 (81.9%)
20	MIŁOŚ Tomasz	3003	BIEGUN OCR TEAM	Elite Mężczyzn	17	07:30	00:39:33	01:24:08.95	01:24:08.95	+00:15:42 (18.7%)	7:00	8.6 (81.9%)
21	KOTALA Arkadiusz	3052	WATAHA	Elite Mężczyzn	18	07:30	00:40:36	01:24:10.85	01:24:10.85	+00:15:44 (18.7%)	7:00	8.6 (81.9%)
22	KMIEĆ Adam	3006	CARBON SILESIA SPORT	Elite Mężczyzn	19	07:30	00:42:35	01:25:16.70	01:25:16.70	+00:16:50 (19.7%)	7:06	8.4 (80.0%)
23	VEPŘEK Martin	3070		Elite Mężczyzn	20	07:30	00:42:39	01:25:51.65	01:25:51.65	+00:17:25 (20.3%)	7:09	8.4 (80.0%)
24	KARCZ Oskar	3025	LEMON TEAM	Elite Mężczyzn	21	07:30	00:43:10	01:26:34.05	01:26:34.05	+00:18:07 (20.9%)	7:12	8.3 (79.0%)
25	KLEWANIEC Jakub	3005	CARBON SILESIA SPORT	Elite Mężczyzn	22	07:30	00:42:40	01:27:07.40	01:27:07.40	+00:18:40 (21.4%)	7:15	8.3 (79.0%)
26	FEDYK Patryk	3107		Elite Mężczyzn	23	07:40	00:40:46	01:27:14.05	01:27:14.05	+00:18:47 (21.5%)	7:16	8.3 (79.0%)
27	MACIEJEWSKI Łukasz	3042	SOCIOS SILESIA	Elite Mężczyzn	24	07:30	00:40:04	01:27:16.55	01:27:16.55	+00:18:49 (21.6%)	7:16	8.3 (79.0%)
28	KUBRYCHT Michal	3119		Elite Mężczyzn	25	07:40	00:41:50	01:28:32.90	01:28:32.90	+00:20:06 (22.7%)	7:22	8.1 (77.1%)
29	PSUT Kamil	3009	CARBON SILESIA SPORT	Elite Mężczyzn	26	07:30	00:43:13	01:28:38.60	01:28:38.60	+00:20:11 (22.8%)	7:23	8.1 (77.1%)
30	CHOJECKI Arkadiusz	3061		Elite Masters Mężczyzn	3	07:30	00:44:38	01:28:47.95	01:28:47.95	+00:20:21 (22.9%)	7:23	8.1 (77.1%)
31	TRACZYŃSKI Daniel	3164	MAD RUNNERS	Elite Mężczyzn	27	07:30	00:40:23	01:29:45.40	01:29:45.40	+00:21:18 (23.7%)	7:28	8 (76.2%)
32	WYSZYŃSKI Dominik	3161		Elite Mężczyzn	28	07:40	00:45:05	01:30:51.45	01:30:51.45	+00:22:24 (24.7%)	7:34	7.9 (75.2%)
33	WYLĘŻEK Mateusz	3012	CARBON SILESIA SPORT	Open Mężczyzn	2	07:30	00:42:30	01:31:00.30	01:31:00.30	+00:22:33 (24.8%)	7:35	7.9 (75.2%)
34	HANUSIAK Leszek	3024	KONIU SQUAD	Elite Mężczyzn	29	07:30	00:44:53	01:31:13.95	01:31:13.95	+00:22:47 (25.0%)	7:36	7.9 (75.2%)
35	FALEJCZYK Marcin	3397	13 ŚBOT	Open Mężczyzn	3	09:30	00:46:24	01:32:36.35	01:32:36.35	+00:24:09 (26.1%)	7:43	7.8 (74.3%)
36	HANDZLIK Wojciech	3076	DENISTEAM	Elite Mężczyzn	30	07:40	00:43:36	01:33:00.70	01:33:00.70	+00:24:34 (26.4%)	7:45	7.7 (73.3%)
37	TYCZYNO Wojciech	3101	WATAHA	Elite Masters Mężczyzn	4	07:40	00:43:53	01:33:39.15	01:33:39.15	+00:25:12 (26.9%)	7:48	7.7 (73.3%)
38	SŁADEK Patryk	3018	EX TEAM	Open Mężczyzn	4	07:30	00:40:22	01:34:02.55	01:34:02.55	+00:25:35 (27.2%)	7:50	7.7 (73.3%)

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39	ŁOSIN Marta	3134	BIEGUN OCR TEAM	Elite Kobiet	1	07:50	00:44:13	01:34:05.80	01:34:05.80	+00:25:39 (27.3%)	7:50	7.7 (73.3%)
40	DUKIEWICZ Dariusz	3055	WOLF TEAM	Elite Mężczyzn	31	07:30	00:47:51	01:34:16.50	01:34:16.50	+00:25:49 (27.4%)	7:51	7.6 (72.4%)
41	JUDEK Łukasz	3062		Elite Masters Mężczyzn	5	07:30	00:44:47	01:35:10.55	01:35:10.55	+00:26:43 (28.1%)	7:55	7.6 (72.4%)
42	RAKOWSKA Marta	3275	RYBKI Z LUBLINA	Open Kobiet	1	08:30		01:35:12.50	01:35:12.50	+00:26:45 (28.1%)	7:56	7.6 (72.4%)
43	MŁYŃSKI Mariusz	3029	OBSTACLE CENTER TEAM	Open Mężczyzn	5	07:30	00:39:52	01:35:25.70	01:35:25.70	+00:26:59 (28.3%)	7:57	7.5 (71.4%)
44	SZKLARSKI Przemysław	3075	CARBON SILESIA SPORT	Elite Masters Mężczyzn	6	07:40	00:47:27	01:36:22.10	01:36:22.10	+00:27:55 (29.0%)	8:01	7.5 (71.4%)
45	GINALSKI Igor	3706	CARBON SILESIA SPORT	Open Mężczyzn	6	11:00	00:48:52	01:36:25.85	01:36:25.85	+00:27:59 (29.0%)	8:02	7.5 (71.4%)
46	CEREMUGA Robert	3004	CARBON SILESIA SPORT	Elite Mężczyzn	32	07:30	00:47:57	01:36:38.90	01:36:38.90	+00:28:12 (29.2%)	8:03	7.5 (71.4%)
47	OGIŃSKI Szymon	3048	WARRIORS ŁÓDŹ	Elite Mężczyzn	33	07:30	00:46:27	01:37:28.30	01:37:28.30	+00:29:01 (29.8%)	8:07	7.4 (70.5%)
48	KAWALEC Oliwer	3051	WATAHA	Elite Masters Mężczyzn	7	07:30	00:46:32	01:37:52.25	01:37:52.25	+00:29:25 (30.1%)	8:09	7.4 (70.5%)
49	MAKARSKI Siarhei	3162		Elite Mężczyzn	34	07:30	00:46:39	01:38:05.95	01:38:05.95	+00:29:39 (30.2%)	8:10	7.3 (69.5%)
50	MONTVILÉ Sandra	3150	OCR BALTIC WARRIORS	Open Kobiet	2	07:50	00:40:32	01:38:56.30	01:38:56.30	+00:30:29 (30.8%)	8:14	7.3 (69.5%)
51	KITALA Radosław	3097	WARRIORS ŁÓDŹ	Open Mężczyzn	7	07:40	00:50:34	01:38:57.60	01:38:57.60	+00:30:30 (30.8%)	8:14	7.3 (69.5%)
52	PABIN Paweł	3014	DIRTY SPARROWS	Elite Mężczyzn	35	07:30	00:44:50	01:38:57.85	01:38:57.85	+00:30:31 (30.8%)	8:14	7.3 (69.5%)
53	KMIECIAK Grzegorz	3047	WARRIORS ŁÓDŹ	Elite Mężczyzn	36	07:30	00:48:49	01:39:12.25	01:39:12.25	+00:30:45 (31.0%)	8:16	7.3 (69.5%)
54	KURTYKA Przemysław	3077	FIT MORE RYBNIK	Elite Mężczyzn	37	07:40	00:47:30	01:39:43.25	01:39:43.25	+00:31:16 (31.4%)	8:18	7.2 (68.6%)
55	KUBIESA Jakub	3008	CARBON SILESIA SPORT	Elite Masters Mężczyzn	8	07:30	00:43:08	01:39:46.20	01:39:46.20	+00:31:19 (31.4%)	8:18	7.2 (68.6%)
56	SHCHUTSKYY Marko	3289		Open Mężczyzn	8	08:30	00:47:56	01:39:55.25	01:39:55.25	+00:31:28 (31.5%)	8:19	7.2 (68.6%)
57	WITKOWSKI Rafał	3054	WATAHA	Elite Mężczyzn	38	07:30	00:51:28	01:41:53.80	01:41:53.80	+00:33:27 (32.8%)	8:29	7.1 (67.6%)
58	SZARY Michał	3216		Open Mężczyzn	9	08:00	00:50:19	01:42:08.70	01:42:08.70	+00:33:42 (33.0%)	8:30	7 (66.7%)
59	STAROSZYŃSKI Dawid	3011	CARBON SILESIA SPORT	Elite Mężczyzn	39	07:30	00:48:12	01:43:11.15	01:43:11.15	+00:34:44 (33.7%)	8:35	7 (66.7%)
60	MICHALCZYK Tomasz	3207		Open Mężczyzn	10	08:00	00:47:23	01:43:14.55	01:43:14.55	+00:34:47 (33.7%)	8:36	7 (66.7%)
61	ATACHIM Łukasz	3184	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	11	08:00	00:49:52	01:43:18.70	01:43:18.70	+00:34:52 (33.7%)	8:36	7 (66.7%)

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62	DYKAS Adam	3281		Open Masters Mężczyzn	1	08:30	00:50:30	01:43:55.75	01:43:55.75	+00:35:29 (34.1%)	8:39	6.9 (65.7%)
63	GÓRECKI Krzysztof	3229		Open Mężczyzn	12	08:15	00:45:40	01:44:10.05	01:44:10.05	+00:35:43 (34.3%)	8:40	6.9 (65.7%)
64	BUKOWIEC Patryk	3307		Open Mężczyzn	13	08:45	00:54:04	01:45:08.30	01:45:08.30	+00:36:41 (34.9%)	8:45	6.8 (64.8%)
65	PIERZGALSKI Piotr	3355		Open Mężczyzn	14	08:00	00:49:05	01:45:08.85	01:45:08.85	+00:36:42 (34.9%)	8:45	6.8 (64.8%)
66	KOZIELSKI Hubert	3697		Open Mężczyzn	15	10:45	00:54:29	01:45:18.70	01:45:18.70	+00:36:52 (35.0%)	8:46	6.8 (64.8%)
67	LEŻYŃSKI Jarosław	3206		Open Mężczyzn	16	08:00	00:50:32	01:45:46.35	01:45:46.35	+00:37:19 (35.3%)	8:48	6.8 (64.8%)
68	RAKOWSKI Przemysław	3027	MELVIT TEAM	Elite Mężczyzn	40	07:30	00:48:10	01:46:15.70	01:46:15.70	+00:37:49 (35.6%)	8:51	6.8 (64.8%)
69	BANDIAK Kamil	3416		Open Mężczyzn	17	09:30	00:50:57	01:46:29.75	01:46:29.75	+00:38:03 (35.7%)	8:52	6.8 (64.8%)
70	LEWANDOWSKI Mateusz	3427		Open Mężczyzn	18	09:30		01:46:40.20	01:46:40.20	+00:38:13 (35.8%)	8:53	6.8 (64.8%)
71	WAWRZYŃIAK Cezary	3437		Open Mężczyzn	19	09:30	00:51:15	01:47:01.90	01:47:01.90	+00:38:35 (36.1%)	8:55	6.7 (63.8%)
72	SLOMA Dawid	3765		Open Mężczyzn	20	08:30	00:50:25	01:47:25.55	01:47:25.55	+00:38:58 (36.3%)	8:57	6.7 (63.8%)
73	HOMAN Grzegorz	3199		Open Mężczyzn	21	08:00	00:52:27	01:47:49.60	01:47:49.60	+00:39:22 (36.5%)	8:59	6.7 (63.8%)
74	KUŚ Maciej	3473		Open Mężczyzn	22	09:45		01:48:19.30	01:48:19.30	+00:39:52 (36.8%)	9:01	6.6 (62.9%)
75	CHATYS Matesz	3466		Open Mężczyzn	23	09:45		01:48:19.40	01:48:19.40	+00:39:52 (36.8%)	9:01	6.6 (62.9%)
76	STAŃKO Jerzy	3214		Open Masters Mężczyzn	2	08:00	00:51:58	01:48:34.80	01:48:34.80	+00:40:08 (37.0%)	9:02	6.6 (62.9%)
77	ORDA Marcin	3789		Open Mężczyzn	24	11:00	00:52:02	01:49:00.60	01:49:00.60	+00:40:33 (37.2%)	9:05	6.6 (62.9%)
78	RUDOVICH Alexandr	3781		Open Mężczyzn	25	08:00	00:50:41	01:49:07.80	01:49:07.80	+00:40:41 (37.3%)	9:05	6.6 (62.9%)
79	ZAWADZKI Piotr	3002	ACTIVE FLOW	Elite Masters Mężczyzn	9	07:30	00:48:23	01:49:08.40	01:49:08.40	+00:40:41 (37.3%)	9:05	6.6 (62.9%)
80	BUDZYŃSKI Adam	3046	UNITED RUNNERS	Elite Masters Mężczyzn	10	07:30	00:52:12	01:49:31.25	01:49:31.25	+00:41:04 (37.5%)	9:07	6.6 (62.9%)
81	RUDNICKI Marcin	3067		Elite Masters Mężczyzn	11	07:30	00:42:57	01:49:48.75	01:49:48.75	+00:41:22 (37.7%)	9:09	6.6 (62.9%)
82	GROMOTKA Janusz	3310		Open Masters Mężczyzn	3	08:45	00:54:45	01:50:42.85	01:50:42.85	+00:42:16 (38.2%)	9:13	6.5 (61.9%)
83	KYSILKA Wit	3385		Open Mężczyzn	26	09:15	00:54:59	01:50:47.60	01:50:47.60	+00:42:20 (38.2%)	9:13	6.5 (61.9%)
84	REMISZEWSKI Paweł	3488	AKADEMIA SPORTU MEDYK	Open Mężczyzn	27	10:00	00:54:25	01:50:57.30	01:50:57.30	+00:42:30 (38.3%)	9:14	6.5 (61.9%)

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85	BE Lukasz	3104		Elite Mężczyzn	41	07:40	00:48:12	01:51:01.45	01:51:01.45	+00:42:34 (38.4%)	9:15	6.5 (61.9%)
86	KOCHANEK Paweł	3001	ACTIVE FLOW	Open Mężczyzn	28	07:30	00:50:34	01:51:12.30	01:51:12.30	+00:42:45 (38.5%)	9:16	6.5 (61.9%)
87	WOJCIECHOWSKI Kamil	3365		Open Masters Mężczyzn	4	09:00	00:54:33	01:51:29.70	01:51:29.70	+00:43:03 (38.6%)	9:17	6.5 (61.9%)
88	KLYSZCZ Dawid	3231		Open Mężczyzn	29	08:15	00:55:38	01:51:40.40	01:51:40.40	+00:43:13 (38.7%)	9:18	6.4 (61.0%)
89	JAZ Ernest	3345		Open Mężczyzn	30	09:00	00:54:49	01:51:41.20	01:51:41.20	+00:43:14 (38.7%)	9:18	6.4 (61.0%)
90	PIETRZAK Konrad	3530		Open Mężczyzn	31	10:00	00:53:06	01:51:43.85	01:51:43.85	+00:43:17 (38.7%)	9:18	6.4 (61.0%)
91	KORZENNY Wojciech	3065		Elite Mężczyzn	42	07:30	00:52:09	01:51:48.45	01:51:48.45	+00:43:21 (38.8%)	9:19	6.4 (61.0%)
92	PIOSIK Tomasz	3241		Open Mężczyzn	32	08:15	00:54:14	01:51:54.65	01:51:54.65	+00:43:28 (38.8%)	9:19	6.4 (61.0%)
93	FILIPOWSKI Michał	3419		Open Mężczyzn	33	09:30	00:54:02	01:51:59.90	01:51:59.90	+00:43:33 (38.9%)	9:19	6.4 (61.0%)
94	DYKIER Krzysztof	3015	DOMINATOR TEAM	Elite Masters Mężczyzn	12	07:30	00:50:29	01:52:06.05	01:52:06.05	+00:43:39 (38.9%)	9:20	6.4 (61.0%)
95	DŁUGOSZ Michał	3627		Open Mężczyzn	34	10:30	00:55:56	01:52:14.75	01:52:14.75	+00:43:48 (39.0%)	9:21	6.4 (61.0%)
96	BŁOŃSKI Maciej	3712	HURAGAN LIGOTA	Open Masters Mężczyzn	5	11:00	00:51:37	01:52:15.75	01:52:15.75	+00:43:49 (39.0%)	9:21	6.4 (61.0%)
97	SZUKAŁA Krzysztof	3758		Open Mężczyzn	35	11:00	00:36:41	01:52:23.85	01:52:23.85	+00:43:57 (39.1%)	9:21	6.4 (61.0%)
98	RATAJCZYK Tomasz	3477		Open Mężczyzn	36	09:15	00:54:57	01:52:51.55	01:52:51.55	+00:44:24 (39.4%)	9:24	6.4 (61.0%)
99	KOŁODZIEJCZAK Łukasz	3093	POZNAŃTEAM	Elite Mężczyzn	43	07:40	00:52:48	01:52:54.40	01:52:54.40	+00:44:27 (39.4%)	9:24	6.4 (61.0%)
100	GAŁĘZIEWSKI Marcin	3691		Open Mężczyzn	37	10:45	00:57:44	01:52:56.05	01:52:56.05	+00:44:29 (39.4%)	9:24	6.4 (61.0%)
101	KOLASINSKI Przemek	3635		Open Mężczyzn	38	10:30	00:54:48	01:53:09.00	01:53:09.00	+00:44:42 (39.5%)	9:25	6.4 (61.0%)
102	WALCZAK Adrian	3292		Open Mężczyzn	39	08:30	00:53:28	01:53:09.65	01:53:09.65	+00:44:43 (39.5%)	9:25	6.4 (61.0%)
103	KARCZYŃSKI Tomasz	3737		Open Mężczyzn	40	11:00	00:57:21	01:53:23.60	01:53:23.60	+00:44:56 (39.6%)	9:26	6.4 (61.0%)
104	WIĘCEK Andrzej	3438		Open Masters Mężczyzn	6	09:30		01:53:44.25	01:53:44.25	+00:45:17 (39.8%)	9:28	6.3 (60.0%)
105	BORECKI Tomasz	3058		Open Mężczyzn	41	07:30	00:49:01	01:53:47.55	01:53:47.55	+00:45:20 (39.9%)	9:28	6.3 (60.0%)
106	ZAWARTKA Dominik	3402	DIAGNOSTYKA S.A.	Open Mężczyzn	42	09:30	00:57:18	01:53:55.45	01:53:55.45	+00:45:28 (39.9%)	9:29	6.3 (60.0%)
107	DĄBROWSKI Janusz	3707	DONT WORRY, BE HAPPY!	Open Mężczyzn	43	11:00	00:56:34	01:54:05.00	01:54:05.00	+00:45:38 (40.0%)	9:30	6.3 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
108	BŁĘDZKI Adam	3013	DIRTY SPARROWS	Elite Mężczyzn	44	07:30	00:49:48	01:54:23.75	01:54:23.75	+00:45:57 (40.2%)	9:31	6.3 (60.0%)
109	KOWAL Bartosz	3348		Open Mężczyzn	44	09:00	00:53:19	01:54:29.35	01:54:29.35	+00:46:02 (40.2%)	9:32	6.3 (60.0%)
110	GIZAK Michał	3041	SOCIOS SILESIA	Elite Mężczyzn	45	07:30	00:46:22	01:54:35.55	01:54:35.55	+00:46:08 (40.3%)	9:32	6.3 (60.0%)
111	GOLAŃSKI Piotr	3083	MAJUBA	Elite Mężczyzn	46	07:40	00:46:48	01:55:13.60	01:55:13.60	+00:46:46 (40.6%)	9:36	6.2 (59.0%)
112	MALEPSZAK Szymon	3474		Open Mężczyzn	45	09:45	00:54:44	01:55:25.20	01:55:25.20	+00:46:58 (40.7%)	9:37	6.2 (59.0%)
113	STEMPIN Adrian	3215		Open Mężczyzn	46	08:00	00:56:21	01:55:37.20	01:55:37.20	+00:47:10 (40.8%)	9:38	6.2 (59.0%)
114	WAŃKOWICZ Adrian	3218		Open Mężczyzn	47	08:00	00:56:04	01:55:46.80	01:55:46.80	+00:47:20 (40.9%)	9:38	6.2 (59.0%)
115	GUTOWICZ Marcin	3110		Elite Masters Mężczyzn	13	07:40	00:48:33	01:55:59.55	01:55:59.55	+00:47:32 (41.0%)	9:39	6.2 (59.0%)
116	DYKAS Piotr	3282		Open Mężczyzn	48	08:30	00:51:09	01:56:07.05	01:56:07.05	+00:47:40 (41.1%)	9:40	6.2 (59.0%)
117	ANTONIAK Kamil	3085	OBSTACLE CENTER TEAM	Elite Mężczyzn	47	07:40	00:44:23	01:56:10.75	01:56:10.75	+00:47:44 (41.1%)	9:40	6.2 (59.0%)
118	SIODMIAK Mikołaj	3356		Open Mężczyzn	49	09:00	00:55:28	01:56:14.20	01:56:14.20	+00:47:47 (41.1%)	9:41	6.2 (59.0%)
119	KONIK Łukasz	3516		Open Masters Mężczyzn	7	10:00	00:57:13	01:56:16.10	01:56:16.10	+00:47:49 (41.1%)	9:41	6.2 (59.0%)
120	WITCZAK Marcin	3220		Open Mężczyzn	50	08:00	00:53:57	01:56:16.95	01:56:16.95	+00:47:50 (41.1%)	9:41	6.2 (59.0%)
121	ZIELIŃSKI Mikołaj	3440		Open Mężczyzn	51	09:30	00:55:39	01:56:23.00	01:56:23.00	+00:47:56 (41.2%)	9:41	6.2 (59.0%)
122	ŻYTO Grzegorz	3102	WATAHA	Elite Mężczyzn	48	07:40	00:46:47	01:57:00.10	01:57:00.10	+00:48:33 (41.5%)	9:45	6.2 (59.0%)
123	BĄK Marcin	3191		Open Masters Mężczyzn	8	08:00	00:55:53	01:57:10.65	01:57:10.65	+00:48:44 (41.6%)	9:45	6.1 (58.1%)
124	BĄK Paweł	3192		Open Masters Mężczyzn	9	08:00	00:56:05	01:57:16.05	01:57:16.05	+00:48:49 (41.6%)	9:46	6.1 (58.1%)
125	DWÓRZNIK Mateusz	3557	3P	Open Mężczyzn	52	10:15	01:00:40	01:57:28.15	01:57:28.15	+00:49:01 (41.7%)	9:47	6.1 (58.1%)
126	SOBESTO Magdalena	3140	EX TEAM	Open Kobiet	3	07:50	00:53:22	01:57:30.70	01:57:30.70	+00:49:04 (41.8%)	9:47	6.1 (58.1%)
127	PRZYSUCHA Radosław	3210		Open Mężczyzn	53	08:00	00:52:26	01:57:37.65	01:57:37.65	+00:49:11 (41.8%)	9:48	6.1 (58.1%)
128	POSTEK Adam	3367	BAD FISH	Open Masters Mężczyzn	10	09:15	01:01:14	01:58:10.00	01:58:10.00	+00:49:43 (42.1%)	9:50	6.1 (58.1%)
129	ŁATA Kamil	3585		Open Mężczyzn	54	10:00	00:55:11	01:58:30.90	01:58:30.90	+00:50:04 (42.2%)	9:52	6.1 (58.1%)
130	PAWLIŃSKI Łukasz	3209		Open Mężczyzn	55	08:00	00:56:47	01:58:31.70	01:58:31.70	+00:50:05 (42.3%)	9:52	6.1 (58.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
131	MYRLAK Maciej	3081	KONIU SQUAD	Open Masters Mężczyzn	11	07:40	00:52:37	01:58:43.10	01:58:43.10	+00:50:16 (42.3%)	9:53	6.1 (58.1%)
132	KOZIOŁ Kamil	3007	CARBON SILESIA SPORT	Elite Mężczyzn	49	07:30	00:48:46	01:58:47.80	01:58:47.80	+00:50:21 (42.4%)	9:53	6.1 (58.1%)
133	LASAK Łukasz	3284		Open Mężczyzn	56	09:30		01:59:01.65	01:59:01.65	+00:50:35 (42.5%)	9:55	6 (57.1%)
134	JARAWKA Natalia	3423		Open Kobiet	4	09:30	01:01:13	01:59:16.15	01:59:16.15	+00:50:49 (42.6%)	9:56	6 (57.1%)
135	JAREMCZUK Michał	3424		Open Mężczyzn	57	09:30	01:00:50	01:59:19.55	01:59:19.55	+00:50:52 (42.6%)	9:56	6 (57.1%)
136	SEIFFERT Tomasz	3211		Open Mężczyzn	58	08:00	00:53:46	01:59:23.85	01:59:23.85	+00:50:57 (42.7%)	9:56	6 (57.1%)
137	KUPCZYK Krzysztof	3426		Open Mężczyzn	59	09:30	01:01:16	01:59:26.05	01:59:26.05	+00:50:59 (42.7%)	9:57	6 (57.1%)
138	BADRENKOU Ivan	3333		Open Masters Mężczyzn	12	08:00	00:56:13	01:59:33.40	01:59:33.40	+00:51:06 (42.8%)	9:57	6 (57.1%)
139	NIEMIEC Tomasz	3430		Open Mężczyzn	60	09:30	00:56:07	01:59:34.50	01:59:34.50	+00:51:07 (42.8%)	9:57	6 (57.1%)
140	DOICZMAN Karol	3338		Open Mężczyzn	61	09:00	01:02:03	01:59:40.80	01:59:40.80	+00:51:14 (42.8%)	9:58	6 (57.1%)
141	ŚRUBAS Adam	3321	CARBON SILESIA SPORT	Open Mężczyzn	62	09:00	00:54:23	01:59:43.75	01:59:43.75	+00:51:17 (42.8%)	9:58	6 (57.1%)
142	MICHALIK Marcin	3208		Open Masters Mężczyzn	13	08:00	00:57:22	01:59:47.50	01:59:47.50	+00:51:20 (42.9%)	9:58	6 (57.1%)
143	STAWSKI Łukasz	3358		Open Masters Mężczyzn	14	09:00	01:02:31	01:59:52.60	01:59:52.60	+00:51:25 (42.9%)	9:59	6 (57.1%)
144	KOSCIELSKI Damian	3233		Open Mężczyzn	63	08:15	00:54:15	02:00:00.45	02:00:00.45	+00:51:33 (43.0%)	10:00	6 (57.1%)
145	PAWŁOWSKI Piotr	3528		Open Mężczyzn	64	10:00	00:59:41	02:00:01.45	02:00:01.45	+00:51:34 (43.0%)	10:00	6 (57.1%)
146	KOSMALA Tomasz	3202		Open Masters Mężczyzn	15	08:00	00:58:07	02:00:13.65	02:00:13.65	+00:51:47 (43.1%)	10:01	6 (57.1%)
147	KOZŁOWSKI Sebastian	3447	PATO RODZINKA	Open Masters Mężczyzn	16	09:00	00:59:50	02:00:26.65	02:00:26.65	+00:52:00 (43.2%)	10:02	6 (57.1%)
148	METELSKA Karolina	3154	SOCIOS SILESIA	Open Kobiet	5	07:50	00:49:07	02:00:29.45	02:00:29.45	+00:52:02 (43.2%)	10:02	6 (57.1%)
149	KOŁODZIEJEK Kamil	3715	KUJONY Z MATFIZU	Open Mężczyzn	65	11:00	00:58:52	02:00:31.10	02:00:31.10	+00:52:04 (43.2%)	10:02	6 (57.1%)
150	KAŁUŻNY Dawid	3714	KUJONY Z MATFIZU	Open Mężczyzn	66	11:00	00:58:48	02:00:36.90	02:00:36.90	+00:52:10 (43.3%)	10:03	6 (57.1%)
151	JEZIORSKI Marcin	3113		Open Masters Mężczyzn	17	07:40	00:54:35	02:01:17.35	02:01:17.35	+00:52:50 (43.6%)	10:06	5.9 (56.2%)
152	ROSIŃSKI Kamil	3716	KUJONY Z MATFIZU	Open Mężczyzn	67	11:00	00:58:36	02:01:18.30	02:01:18.30	+00:52:51 (43.6%)	10:06	5.9 (56.2%)
153	RAWECKI Patryk	3591		Open Mężczyzn	68	10:15	00:58:38	02:01:27.55	02:01:27.55	+00:53:00 (43.6%)	10:07	5.9 (56.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
154	GAURA Rafał	3694		Open Mężczyzn	69	10:45	01:01:15	02:01:29.05	02:01:29.05	+00:53:02 (43.7%)	10:07	5.9 (56.2%)
155	KOSMALA Grzmot Grzegorz	3254	GRZMOT TEAM	Open Masters Mężczyzn	18	08:30	00:52:29	02:01:32.80	02:01:32.80	+00:53:06 (43.7%)	10:07	5.9 (56.2%)
156	KOCHANEK Agata	3132	ACTIVE FLOW	Open Kobiet	6	07:50	00:51:18	02:01:36.10	02:01:36.10	+00:53:09 (43.7%)	10:08	5.9 (56.2%)
157	WAJDA Rafał	3291		Open Mężczyzn	70	08:30	01:00:29	02:01:44.55	02:01:44.55	+00:53:17 (43.8%)	10:08	5.9 (56.2%)
158	IWAŃSKI Jacek	3342		Open Masters Mężczyzn	19	09:00	00:59:00	02:02:04.95	02:02:04.95	+00:53:38 (43.9%)	10:10	5.9 (56.2%)
159	KUĆMIERZ Ryszard	3519		Open Masters Mężczyzn	20	10:00	00:55:01	02:02:26.50	02:02:26.50	+00:53:59 (44.1%)	10:12	5.9 (56.2%)
160	ZAWADKA Mariusz	3131		Elite Masters Mężczyzn	14	07:40	00:49:03	02:02:35.45	02:02:35.45	+00:54:08 (44.2%)	10:12	5.9 (56.2%)
161	SZCZEPANOWSKI Roland	3247		Open Masters Mężczyzn	21	08:15	00:56:09	02:02:40.70	02:02:40.70	+00:54:14 (44.2%)	10:13	5.9 (56.2%)
162	BOGONOS Paweł	3502	OX WOŁÓW	Open Mężczyzn	71	09:00	00:57:36	02:02:43.15	02:02:43.15	+00:54:16 (44.2%)	10:13	5.9 (56.2%)
163	MILEWICZ Patryk	3495	CYKCYK	Open Mężczyzn	72	10:00	00:59:37	02:02:44.95	02:02:44.95	+00:54:18 (44.2%)	10:13	5.9 (56.2%)
164	GÓRECKI Marcin	3607	PŁOMIENNE BARANY I PASTERECZKA	Open Mężczyzn	73	10:30	01:01:01	02:02:53.15	02:02:53.15	+00:54:26 (44.3%)	10:14	5.9 (56.2%)
165	FILIP Jerzy	3329	SAME KONIE	Open Masters Mężczyzn	22	09:00	00:58:06	02:02:53.25	02:02:53.25	+00:54:26 (44.3%)	10:14	5.9 (56.2%)
166	GAJOCHA Michał	3159	CARBON SILESIA SPORT	Elite Masters Mężczyzn	15	07:40	00:56:14	02:03:12.65	02:03:12.65	+00:54:46 (44.4%)	10:16	5.8 (55.2%)
167	PETELA Krystian	3529		Open Mężczyzn	74	10:00	01:00:46	02:03:16.05	02:03:16.05	+00:54:49 (44.5%)	10:16	5.8 (55.2%)
168	RESPONDEK Leszek	3021	KLONO TEAM	Elite Masters Mężczyzn	16	07:30	00:51:51	02:03:36.90	02:03:36.90	+00:55:10 (44.6%)	10:18	5.8 (55.2%)
169	KALBRON Aleksander	3115		Open Masters Mężczyzn	23	07:40	00:55:48	02:03:46.45	02:03:46.45	+00:55:19 (44.7%)	10:18	5.8 (55.2%)
170	KOWALCZYK Daniel	3637		Open Mężczyzn	75	10:30	00:57:11	02:04:01.05	02:04:01.05	+00:55:34 (44.8%)	10:20	5.8 (55.2%)
171	BUCHOWSKI Andrzej	3379		Open Masters Mężczyzn	24	09:15		02:04:01.20	02:04:01.20	+00:55:34 (44.8%)	10:20	5.8 (55.2%)
172	PRZECHRZTA Jacek	3080	KLONO TEAM	Elite Mężczyzn	50	07:40	00:53:20	02:04:39.95	02:04:39.95	+00:56:13 (45.1%)	10:23	5.8 (55.2%)
173	BOCZULA Michał	3194		Open Mężczyzn	76	08:00	00:56:43	02:04:47.35	02:04:47.35	+00:56:20 (45.2%)	10:23	5.8 (55.2%)
174	SYCHOWSKI Dawid	3536		Open Mężczyzn	77	10:15	00:59:19	02:04:52.15	02:04:52.15	+00:56:25 (45.2%)	10:24	5.8 (55.2%)
175	MIERZICKI Marcel	3032	POWER TRAINING	Open Masters Mężczyzn	25	07:30	01:00:53	02:04:53.10	02:04:53.10	+00:56:26 (45.2%)	10:24	5.8 (55.2%)
175	KACZOROWSKI Dominik	3346		Open Masters Mężczyzn	25	09:00	01:01:59	02:04:53.10	02:04:53.10	+00:56:26 (45.2%)	10:24	5.8 (55.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
177	DEC Paweł	3337		Open Masters Mężczyzn	27	09:00	01:02:10	02:04:54.65	02:04:54.65	+00:56:28 (45.2%)	10:24	5.8 (55.2%)
178	ZIAJA Marek	3324	GATNER CNC	Open Masters Mężczyzn	28	09:00	01:03:58	02:05:00.40	02:05:00.40	+00:56:33 (45.2%)	10:25	5.8 (55.2%)
179	SATRO Daniel	3479		Open Mężczyzn	78	09:45	00:58:24	02:05:02.70	02:05:02.70	+00:56:36 (45.3%)	10:25	5.8 (55.2%)
180	TRZECIAK Mateusz	3483		Open Mężczyzn	79	09:45	00:58:25	02:05:03.20	02:05:03.20	+00:56:36 (45.3%)	10:25	5.8 (55.2%)
181	GIEJŁO Monika	3143	KONTENER FORMY	Open Kobiet	7	07:50	00:58:46	02:05:06.05	02:05:06.05	+00:56:39 (45.3%)	10:25	5.8 (55.2%)
182	DĘBICKI Kamil	3467		Open Mężczyzn	80	09:45	01:00:20	02:05:16.80	02:05:16.80	+00:56:50 (45.4%)	10:26	5.7 (54.3%)
182	ROSIAK Maciek	3753		Open Mężczyzn	80	11:00	00:59:26	02:05:16.80	02:05:16.80	+00:56:50 (45.4%)	10:26	5.7 (54.3%)
184	ŚWIĄTEK Rafał	3068		Open Mężczyzn	82	07:30	00:48:13	02:05:17.40	02:05:17.40	+00:56:50 (45.4%)	10:26	5.7 (54.3%)
185	SZADY Dominik	3757		Open Mężczyzn	83	11:00	00:59:28	02:05:29.75	02:05:29.75	+00:57:03 (45.5%)	10:27	5.7 (54.3%)
186	KWIATKOWSKI Mateusz	3204		Open Mężczyzn	84	08:00	01:01:16	02:05:34.95	02:05:34.95	+00:57:08 (45.5%)	10:27	5.7 (54.3%)
187	WESOŁOWSKI Jerzy	3219		Open Masters Mężczyzn	29	08:00	01:01:07	02:05:36.80	02:05:36.80	+00:57:10 (45.5%)	10:28	5.7 (54.3%)
188	KRACZKOWSKI Przemek	3547	2WSZP WROCŁAW	Open Mężczyzn	85	10:15	01:06:01	02:05:48.65	02:05:48.65	+00:57:22 (45.6%)	10:29	5.7 (54.3%)
189	ŁAZOWSKI Paweł	3550	2WSZP WROCŁAW	Open Masters Mężczyzn	30	10:15	01:06:07	02:05:49.55	02:05:49.55	+00:57:22 (45.6%)	10:29	5.7 (54.3%)
190	POWAŻNY Marek	3779	2WSZP WROCŁAW	Open Mężczyzn	86	10:15	01:05:54	02:05:50.55	02:05:50.55	+00:57:23 (45.6%)	10:29	5.7 (54.3%)
191	MISZTAL Wojciech	3351		Open Mężczyzn	87	09:00	01:05:54	02:05:51.00	02:05:51.00	+00:57:24 (45.6%)	10:29	5.7 (54.3%)
192	KARBOWSKI Sławomir	3491	CROSSFOX OCR	Open Masters Mężczyzn	31	09:30	01:01:15	02:05:57.60	02:05:57.60	+00:57:30 (45.7%)	10:29	5.7 (54.3%)
193	DOS SANTOS TRINDADE Kamila	3490	CROSSFOX OCR	Open Kobiet	8	09:30	01:01:26	02:05:57.90	02:05:57.90	+00:57:31 (45.7%)	10:29	5.7 (54.3%)
194	PAWŁOWSKI Grzegorz	3390		Open Masters Mężczyzn	32	09:15	00:57:46	02:06:16.00	02:06:16.00	+00:57:49 (45.8%)	10:31	5.7 (54.3%)
195	PILUŚ Piotr	3240		Open Mężczyzn	88	08:15	01:00:48	02:06:16.50	02:06:16.50	+00:57:49 (45.8%)	10:31	5.7 (54.3%)
196	WRONA Piotr	3293		Open Mężczyzn	89	08:30	01:02:23	02:06:17.25	02:06:17.25	+00:57:50 (45.8%)	10:31	5.7 (54.3%)
197	MALICKI Tomasz	3746		Open Mężczyzn	90	11:00	00:54:43	02:06:18.45	02:06:18.45	+00:57:51 (45.8%)	10:31	5.7 (54.3%)
198	WEIS Michał	3089	OBSTACLE CENTER TEAM	Elite Mężczyzn	51	07:40	00:51:36	02:06:23.65	02:06:23.65	+00:57:57 (45.8%)	10:31	5.7 (54.3%)
199	PIETRAS Mariola	3137	CARBON SILESIA SPORT	Open Masters Kobiet	1	07:50	00:57:34	02:06:36.25	02:06:36.25	+00:58:09 (45.9%)	10:33	5.7 (54.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
200	KULIGOWSKA Małgorzata	3141	FIT MORE RYBNIK	Open Masters Kobiet	2	07:50	00:54:38	02:06:36.30	02:06:36.30	+00:58:09 (45.9%)	10:33	5.7 (54.3%)
201	BUCZYNSKI Dariusz	3060		Elite Mężczyzn	52	07:30	00:58:39	02:07:39.10	02:07:39.10	+00:59:12 (46.4%)	10:38	5.6 (53.3%)
202	NAPIERALSKI Krzysztof	3016	DZIKIE DZIKI GORZÓW	Elite Masters Mężczyzn	17	07:30	00:48:20	02:07:49.60	02:07:49.60	+00:59:22 (46.5%)	10:39	5.6 (53.3%)
203	FILAS Rafał	3072	BEFIT24TEAM	Elite Mężczyzn	53	07:40	00:55:47	02:08:08.60	02:08:08.60	+00:59:41 (46.6%)	10:40	5.6 (53.3%)
204	BRZEZIŃSKI Marek	3106		Elite Mężczyzn	54	07:40	00:57:00	02:08:17.65	02:08:17.65	+00:59:51 (46.7%)	10:41	5.6 (53.3%)
205	ŁUKASZEWSKI Bartosz	3123		Elite Mężczyzn	55	07:40	00:58:58	02:08:28.75	02:08:28.75	+01:00:02 (46.7%)	10:42	5.6 (53.3%)
206	JACHYM Maciek	3512		Open Mężczyzn	91	10:00	01:00:54	02:08:36.75	02:08:36.75	+01:00:10 (46.8%)	10:43	5.6 (53.3%)
207	ZAWADZKA Monika	3133	ACTIVE FLOW	Open Kobiet	9	07:50	01:06:52	02:08:45.55	02:08:45.55	+01:00:18 (46.8%)	10:43	5.6 (53.3%)
208	FRAŃCZEK Janusz	3108		Open Masters Mężczyzn	33	07:40	00:49:38	02:08:46.05	02:08:46.05	+01:00:19 (46.8%)	10:43	5.6 (53.3%)
209	BARTCZAK Andrzej	3193		Open Mężczyzn	92	08:00	01:04:13	02:08:47.35	02:08:47.35	+01:00:20 (46.9%)	10:43	5.6 (53.3%)
210	SOBONKIEWICZ Leszek	3357		Open Mężczyzn	93	09:00	01:04:15	02:08:48.40	02:08:48.40	+01:00:21 (46.9%)	10:44	5.6 (53.3%)
211	STAREGO Adam	3482		Open Masters Mężczyzn	34	09:45	01:02:46	02:08:50.15	02:08:50.15	+01:00:23 (46.9%)	10:44	5.6 (53.3%)
212	KIJAK Damian	3633		Open Mężczyzn	94	10:30	01:04:23	02:09:09.55	02:09:09.55	+01:00:42 (47.0%)	10:45	5.6 (53.3%)
213	KURYŁO Kamil	3121		Open Mężczyzn	95	07:40	00:57:38	02:09:11.65	02:09:11.65	+01:00:45 (47.0%)	10:45	5.6 (53.3%)
214	METZ Piotr	3494	CYKCYK	Open Mężczyzn	96	10:00	01:04:13	02:09:17.95	02:09:17.95	+01:00:51 (47.1%)	10:46	5.6 (53.3%)
215	BORUŃ Kamil	3105		Elite Mężczyzn	56	07:40	00:55:58	02:09:23.95	02:09:23.95	+01:00:57 (47.1%)	10:46	5.6 (53.3%)
216	JAROSINSKI Jakub	3563	FIZJOSPORTJAWOR	Open Mężczyzn	97	09:45	01:02:12	02:09:24.55	02:09:24.55	+01:00:57 (47.1%)	10:47	5.6 (53.3%)
217	ZAPAŚNIK Miłosz	3564	FIZJOSPORTJAWOR	Open Mężczyzn	98	09:45	01:02:13	02:09:29.90	02:09:29.90	+01:01:03 (47.1%)	10:47	5.6 (53.3%)
218	DUDAR Denys	3451	UKR	Open Mężczyzn	99	09:45	00:55:35	02:09:44.65	02:09:44.65	+01:01:18 (47.2%)	10:48	5.5 (52.4%)
219	BABENKO Maksym	3450	UKR	Open Mężczyzn	100	09:45	00:55:35	02:09:47.75	02:09:47.75	+01:01:21 (47.3%)	10:48	5.5 (52.4%)
220	HRYNIUK Volodymyr	3403	EKSY	Open Mężczyzn	101	09:30		02:09:53.00	02:09:53.00	+01:01:26 (47.3%)	10:49	5.5 (52.4%)
221	KUROWSKI Emil	3120		Elite Mężczyzn	57	07:40	00:53:42	02:09:55.50	02:09:55.50	+01:01:28 (47.3%)	10:49	5.5 (52.4%)
222	PALIGA-URBAŃSKI Mikołaj	3405	EKSY	Open Mężczyzn	102	09:30	00:59:07	02:10:06.00	02:10:06.00	+01:01:39 (47.4%)	10:50	5.5 (52.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
223	SOBCZAK Jakub	3481		Open Mężczyzn	103	09:45	01:01:49	02:10:06.45	02:10:06.45	+01:01:39 (47.4%)	10:50	5.5 (52.4%)
224	MIKOŁAJEK Robert	3096	TOYOTA RUNMATOR	Elite Masters Mężczyzn	18	07:40	00:55:29	02:10:09.10	02:10:09.10	+01:01:42 (47.4%)	10:50	5.5 (52.4%)
225	MIELCARZ Marcin	3350		Open Masters Mężczyzn	35	09:15	01:04:13	02:10:26.95	02:10:26.95	+01:02:00 (47.5%)	10:52	5.5 (52.4%)
226	GRAB Tomasz	3493	CYKCYK	Open Mężczyzn	104	10:00	01:04:16	02:10:28.15	02:10:28.15	+01:02:01 (47.5%)	10:52	5.5 (52.4%)
227	SKAŁKA Tymoteusz	660		Open Mężczyzn	105	10:15	01:05:48	02:11:01.10	02:11:01.10	+01:02:34 (47.8%)	10:55	5.5 (52.4%)
228	WRÓBLEWSKI Grzegorz	3323	DZIKIE TARZANY	Open Mężczyzn	106	09:00	01:02:57	02:11:05.15	02:11:05.15	+01:02:38 (47.8%)	10:55	5.5 (52.4%)
229	KRZYKAWSKI Wojciech	3549	2WSZP WROCŁAW	Open Masters Mężczyzn	36	10:15	01:08:14	02:11:07.40	02:11:07.40	+01:02:40 (47.8%)	10:55	5.5 (52.4%)
230	MARTYNIUK Katarzyna	3183	SAME KONIE	Open Kobiet	10	08:00	01:05:19	02:11:18.35	02:11:18.35	+01:02:51 (47.9%)	10:56	5.5 (52.4%)
231	GAŁĘZIEWSKI Artur	3690		Open Mężczyzn	107	10:45	00:57:52	02:11:23.05	02:11:23.05	+01:02:56 (47.9%)	10:56	5.5 (52.4%)
232	WACHOWSKI Piotr	3130		Elite Mężczyzn	58	07:40	00:53:40	02:11:29.00	02:11:29.00	+01:03:02 (47.9%)	10:57	5.5 (52.4%)
233	TOMASZEWSKI Michał	3129		Elite Mężczyzn	59	07:40	00:56:06	02:12:00.95	02:12:00.95	+01:03:34 (48.2%)	11:00	5.5 (52.4%)
234	PIETROŃ Łukasz	3087	OBSTACLE CENTER TEAM	Open Mężczyzn	108	07:40	01:07:10	02:12:10.00	02:12:10.00	+01:03:43 (48.2%)	11:00	5.4 (51.4%)
235	TOMASZEWSKI Wojciech	3361		Open Mężczyzn	109	09:00	01:03:46	02:12:11.20	02:12:11.20	+01:03:44 (48.2%)	11:00	5.4 (51.4%)
236	GIBEK Łukasz	3341		Open Mężczyzn	110	09:00	01:03:43	02:12:17.20	02:12:17.20	+01:03:50 (48.3%)	11:01	5.4 (51.4%)
237	WIECZORKIEWICZ Agnieszka	3363		Open Kobiet	11	09:00	01:06:31	02:12:26.25	02:12:26.25	+01:03:59 (48.3%)	11:02	5.4 (51.4%)
238	WIECZORKIEWICZ Krzysztof	3364		Open Mężczyzn	111	09:00	01:06:32	02:12:37.20	02:12:37.20	+01:04:10 (48.4%)	11:03	5.4 (51.4%)
239	ORŁOWSKI Maciej	3128		Elite Mężczyzn	60	07:40	00:42:24	02:12:54.05	02:12:54.05	+01:04:27 (48.5%)	11:04	5.4 (51.4%)
240	CZERNICKI Piotr	3783		Open Mężczyzn	112	08:00	01:04:10	02:12:54.25	02:12:54.25	+01:04:27 (48.5%)	11:04	5.4 (51.4%)
241	PAWLAK Kamil	3751		Open Mężczyzn	113	11:00	01:03:19	02:12:57.05	02:12:57.05	+01:04:30 (48.5%)	11:04	5.4 (51.4%)
242	ŚWIĄTKOWSKI Michał	3246		Open Mężczyzn	114	08:15	01:07:03	02:12:57.20	02:12:57.20	+01:04:30 (48.5%)	11:04	5.4 (51.4%)
243	KOWALCZYK Tomasz	3234		Open Mężczyzn	115	08:15	01:07:03	02:12:57.85	02:12:57.85	+01:04:31 (48.5%)	11:04	5.4 (51.4%)
244	RYBCZYŃSKI Michał	3071	ATLAS RUNNING TEAM	Open Mężczyzn	116	07:40	00:46:52	02:13:07.45	02:13:07.45	+01:04:40 (48.6%)	11:05	5.4 (51.4%)
245	DENDRA Beata	3174	CARBON SILESIA SPORT	Open Masters Kobiet	3	08:00	01:07:44	02:13:36.85	02:13:36.85	+01:05:10 (48.8%)	11:08	5.4 (51.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
246	FERENS Dominik	3297	KSW VATAHA	Open Mężczyzn	117	08:45	01:08:25	02:14:11.15	02:14:11.15	+01:05:44 (49.0%)	11:10	5.4 (51.4%)
247	JEŻEWSKI Sławomir	3383		Open Masters Mężczyzn	37	09:15		02:14:21.80	02:14:21.80	+01:05:55 (49.1%)	11:11	5.4 (51.4%)
248	CIEŚLIK-ŚLUSAREK Ewa	3277	SAMEKONIE	Open Kobiet	12	08:30	01:06:44	02:14:52.25	02:14:52.25	+01:06:25 (49.3%)	11:14	5.3 (50.5%)
249	MUSZYŃSKI Kacper	3523		Open Mężczyzn	118	10:00	01:07:26	02:15:07.65	02:15:07.65	+01:06:41 (49.3%)	11:15	5.3 (50.5%)
250	SZKODZIŃSKI Łukasz	3274	ROZKŁAD JAZDY- JAZDA Z WEEBAMI	Open Mężczyzn	119	08:30	01:07:05	02:15:25.35	02:15:25.35	+01:06:58 (49.5%)	11:17	5.3 (50.5%)
251	URBANOWICZ Jarek	3435		Open Mężczyzn	120	09:30	00:55:12	02:15:59.20	02:15:59.20	+01:07:32 (49.7%)	11:19	5.3 (50.5%)
252	URBANOWICZ Krystian	3436		Open Mężczyzn	121	09:30	00:55:14	02:16:04.50	02:16:04.50	+01:07:37 (49.7%)	11:20	5.3 (50.5%)
253	WEJKNIS Krzysztof	3031	OCR SPORT GRIP KRZYSZTOF WEJKNIS	Elite Masters Mężczyzn	19	07:30	00:56:33	02:16:25.60	02:16:25.60	+01:07:58 (49.8%)	11:22	5.3 (50.5%)
254	GIZIEWSKI Sebastian	3628		Open Mężczyzn	122	10:30	00:58:14	02:16:27.20	02:16:27.20	+01:08:00 (49.8%)	11:22	5.3 (50.5%)
255	WNOROWSKA Magdalena	3149	OBSTACLE CENTER TEAM	Open Masters Kobiet	4	07:50	00:59:27	02:16:30.00	02:16:30.00	+01:08:03 (49.9%)	11:22	5.3 (50.5%)
256	MACIEJEWSKA Agnieszka	3147	OBSTACLE CENTER TEAM	Open Masters Kobiet	5	07:50	01:02:20	02:16:30.05	02:16:30.05	+01:08:03 (49.9%)	11:22	5.3 (50.5%)
257	ROSOŁOWSKA Katarzyna	3288		Open Kobiet	13	08:30	01:08:36	02:16:33.75	02:16:33.75	+01:08:07 (49.9%)	11:22	5.3 (50.5%)
258	WARDAK Jakub	3595	(A)D(A)SIE	Open Mężczyzn	123	10:30	01:04:03	02:16:50.70	02:16:50.70	+01:08:24 (50.0%)	11:24	5.3 (50.5%)
259	KAPUSTA Jakub	3632		Open Mężczyzn	124	10:30	01:04:44	02:16:57.40	02:16:57.40	+01:08:30 (50.0%)	11:24	5.3 (50.5%)
260	BUŁA Mariusz	3078	FURIA TEAM	Elite Mężczyzn	61	07:40	01:02:35	02:17:14.85	02:17:14.85	+01:08:48 (50.1%)	11:26	5.2 (49.5%)
261	RYBARCZYK Dariusz	3317		Open Masters Mężczyzn	38	08:45	01:09:43	02:17:32.50	02:17:32.50	+01:09:05 (50.2%)	11:27	5.2 (49.5%)
262	GROSEL Mateusz	3421		Open Mężczyzn	125	09:30	01:01:28	02:17:35.20	02:17:35.20	+01:09:08 (50.3%)	11:27	5.2 (49.5%)
263	GWÓZDŹ Szymon	3304	SAMEKONIE	Open Mężczyzn	126	08:45	01:05:13	02:17:36.20	02:17:36.20	+01:09:09 (50.3%)	11:28	5.2 (49.5%)
264	PAPROTNY Adrian	3526		Open Mężczyzn	127	10:00	01:08:12	02:17:53.40	02:17:53.40	+01:09:26 (50.4%)	11:29	5.2 (49.5%)
265	ŁUKASIK Łukasz	3091	POWER TRAINING	Elite Mężczyzn	62	07:40	00:52:28	02:17:54.25	02:17:54.25	+01:09:27 (50.4%)	11:29	5.2 (49.5%)
266	NAWROT Dawid	3326	MIRAZ RACE TEAM	Open Mężczyzn	128	09:00	01:00:51	02:18:09.15	02:18:09.15	+01:09:42 (50.5%)	11:30	5.2 (49.5%)
267	BOCZKOWSKI Patryk	3787		Open Mężczyzn	129	10:45	01:07:19	02:18:22.35	02:18:22.35	+01:09:55 (50.5%)	11:31	5.2 (49.5%)
268	ZYGMUNT Rafał	3778		Open Masters Mężczyzn	39	08:00	01:08:40	02:18:28.65	02:18:28.65	+01:10:02 (50.6%)	11:32	5.2 (49.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
269	ANTOŚ Karel	3190		Open Mężczyzn	130	08:00	01:08:34	02:18:34.65	02:18:34.65	+01:10:08 (50.6%)	11:32	5.2 (49.5%)
270	NGUYEN CANH Oskar	3124		Elite Mężczyzn	63	07:40	01:04:40	02:18:41.90	02:18:41.90	+01:10:15 (50.7%)	11:33	5.2 (49.5%)
271	KŘENEK Jakub	3203		Open Mężczyzn	131	08:00	01:08:51	02:18:43.35	02:18:43.35	+01:10:16 (50.7%)	11:33	5.2 (49.5%)
272	KOŚCIELNIAK Barbara	3142	FITPARK TEAM	Elite Kobiet	2	07:50	01:06:21	02:19:23.25	02:19:23.25	+01:10:56 (50.9%)	11:36	5.2 (49.5%)
273	DĄBROWSKA Natalia	3776		Open Kobiet	14	09:00	01:09:45	02:19:32.45	02:19:32.45	+01:11:05 (51.0%)	11:37	5.2 (49.5%)
274	BILEWICZ Kacper	3492	CYKCYK	Open Mężczyzn	132	10:00	01:09:19	02:19:32.65	02:19:32.65	+01:11:06 (51.0%)	11:37	5.2 (49.5%)
275	NIEWIADOMSKI Marcin	3125		Open Mężczyzn	133	07:40	00:49:10	02:19:42.45	02:19:42.45	+01:11:15 (51.0%)	11:38	5.2 (49.5%)
276	KOWALIK Karol	3349		Open Mężczyzn	134	08:30	01:06:47	02:19:51.85	02:19:51.85	+01:11:25 (51.1%)	11:39	5.1 (48.6%)
277	FILOZOF Kamil	3094	SAME KONIE	Elite Mężczyzn	64	07:40	01:01:08	02:19:53.25	02:19:53.25	+01:11:26 (51.1%)	11:39	5.1 (48.6%)
278	BINDUGA Piotr	3160		Elite Mężczyzn	65	07:40	01:01:07	02:19:58.00	02:19:58.00	+01:11:31 (51.1%)	11:39	5.1 (48.6%)
279	JANIKOWSKI Krzysztof	3112		Open Mężczyzn	135	07:40	00:48:46	02:20:05.70	02:20:05.70	+01:11:39 (51.1%)	11:40	5.1 (48.6%)
280	SKOCZEK Anna	3730	WATAHA	Open Masters Kobiet	6	11:00	01:10:51	02:20:08.10	02:20:08.10	+01:11:41 (51.2%)	11:40	5.1 (48.6%)
281	POPIELA-KUKUŚ Katarzyna	3729	WATAHA	Open Masters Kobiet	7	11:00	01:10:56	02:20:11.45	02:20:11.45	+01:11:44 (51.2%)	11:40	5.1 (48.6%)
282	CHMIELEWSKI Miłosz	3687		Open Mężczyzn	136	10:45	01:04:16	02:20:29.05	02:20:29.05	+01:12:02 (51.3%)	11:42	5.1 (48.6%)
283	ROJEWSKI Piotr	3023	KOJOTY OCR TEAM	Elite Mężczyzn	66	07:30	00:54:17	02:20:41.25	02:20:41.25	+01:12:14 (51.4%)	11:43	5.1 (48.6%)
284	MRÓWKA Mariusz	3588		Open Mężczyzn	137	10:15	01:04:32	02:20:58.85	02:20:58.85	+01:12:32 (51.5%)	11:44	5.1 (48.6%)
285	OCZKO Adam	3126		Open Mężczyzn	138	07:40	01:04:11	02:21:04.35	02:21:04.35	+01:12:37 (51.5%)	11:45	5.1 (48.6%)
286	JARZYCKI Michał	3584		Open Mężczyzn	139	10:15	01:09:59	02:21:05.20	02:21:05.20	+01:12:38 (51.5%)	11:45	5.1 (48.6%)
287	HANISZEWSKI Bartłomiej	3582		Open Mężczyzn	140	10:15	01:09:55	02:21:17.75	02:21:17.75	+01:12:51 (51.6%)	11:46	5.1 (48.6%)
287	SOLIWODA Tomasz	3596	AMATORY	Open Masters Mężczyzn	40	10:30	01:04:56	02:21:17.75	02:21:17.75	+01:12:51 (51.6%)	11:46	5.1 (48.6%)
289	GÓRKA Krzysztof	3420		Open Mężczyzn	141	09:30		02:21:17.85	02:21:17.85	+01:12:51 (51.6%)	11:46	5.1 (48.6%)
290	WAWRUCH Rafał	3319		Open Mężczyzn	142	08:45	01:11:43	02:21:20.35	02:21:20.35	+01:12:53 (51.6%)	11:46	5.1 (48.6%)
291	JARZYCKI Mateusz	3583		Open Mężczyzn	143	10:15	01:10:02	02:21:26.25	02:21:26.25	+01:12:59 (51.6%)	11:47	5.1 (48.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
292	WARDAK Arek	3594	(A)D(A)SIE	Open Mężczyzn	144	10:30	01:04:02	02:21:30.40	02:21:30.40	+01:13:03 (51.6%)	11:47	5.1 (48.6%)
293	PORKUSZEWSKI Konrad	3066		Open Mężczyzn	145	07:30	00:57:01	02:21:51.30	02:21:51.30	+01:13:24 (51.8%)	11:49	5.1 (48.6%)
294	MARCISZEWSKI Michał	3586		Open Mężczyzn	146	10:15	01:04:33	02:22:00.75	02:22:00.75	+01:13:34 (51.8%)	11:50	5.1 (48.6%)
295	WITKOWICZ Bartłomiej	3224	MAJUBA	Open Mężczyzn	147	08:15	01:10:33	02:22:01.60	02:22:01.60	+01:13:34 (51.8%)	11:50	5.1 (48.6%)
296	JURKIEWICZ Paweł	3780		Open Mężczyzn	148	09:45	01:03:11	02:22:02.45	02:22:02.45	+01:13:35 (51.8%)	11:50	5.1 (48.6%)
297	MILER Paulina	3313		Open Kobiet	15	08:45	01:11:49	02:22:07.20	02:22:07.20	+01:13:40 (51.8%)	11:50	5.1 (48.6%)
298	KOZIOŁ Konrad	3223	MAJUBA	Open Mężczyzn	149	08:15	01:10:30	02:22:11.05	02:22:11.05	+01:13:44 (51.9%)	11:50	5.1 (48.6%)
299	KRZEMIEN Śławomir	3462	WATAHA	Open Masters Mężczyzn	41	09:45	01:06:49	02:22:18.60	02:22:18.60	+01:13:51 (51.9%)	11:51	5.1 (48.6%)
300	CZECHOWSKI Wojciech	3599	CRACOW WARRIORS	Open Mężczyzn	150	10:30	01:04:46	02:22:22.20	02:22:22.20	+01:13:55 (51.9%)	11:51	5.1 (48.6%)
301	SOJKA Krzysztof	3755		Open Mężczyzn	151	11:00	01:10:17	02:22:25.15	02:22:25.15	+01:13:58 (51.9%)	11:52	5.1 (48.6%)
302	WALIGÓRA Stefan	3322	DZIKIE TARZANY	Open Mężczyzn	152	09:00	01:13:04	02:22:34.10	02:22:34.10	+01:14:07 (52.0%)	11:52	5.1 (48.6%)
303	WYPYCH Bogdan	3774		Open Mężczyzn	153	11:00	01:10:48	02:22:35.75	02:22:35.75	+01:14:09 (52.0%)	11:52	5 (47.6%)
304	KWIECIEN Jakub	3788		Open Mężczyzn	154	11:00	01:10:49	02:22:44.80	02:22:44.80	+01:14:18 (52.1%)	11:53	5 (47.6%)
305	ORZECZ Bartosz	3476		Open Mężczyzn	155	09:45	01:10:53	02:22:47.55	02:22:47.55	+01:14:20 (52.1%)	11:53	5 (47.6%)
306	HUDASZEK Przemysław	3471		Open Mężczyzn	156	09:45	01:10:52	02:22:49.55	02:22:49.55	+01:14:22 (52.1%)	11:54	5 (47.6%)
307	OLCHAWA Jacek	3750		Open Mężczyzn	157	11:00	01:08:12	02:22:52.45	02:22:52.45	+01:14:25 (52.1%)	11:54	5 (47.6%)
308	CHOWAŃSKI Patryk	3335		Open Mężczyzn	158	08:45	01:08:14	02:22:58.15	02:22:58.15	+01:14:31 (52.1%)	11:54	5 (47.6%)
309	SIENKIEWICZ Michał	3754		Open Mężczyzn	159	11:00	01:07:54	02:23:08.00	02:23:08.00	+01:14:41 (52.2%)	11:55	5 (47.6%)
310	SKWIERCZAK Michał	3414	ZADYSZKA RUDNIKI	Open Mężczyzn	160	09:30	00:55:58	02:23:25.75	02:23:25.75	+01:14:59 (52.3%)	11:57	5 (47.6%)
311	MULARCZYK Michał	3413	ZADYSZKA RUDNIKI	Open Mężczyzn	161	09:30		02:23:29.60	02:23:29.60	+01:15:02 (52.3%)	11:57	5 (47.6%)
312	CZYŻEWSKI Bartłomiej	3280		Open Mężczyzn	162	08:30	01:06:53	02:23:59.25	02:23:59.25	+01:15:32 (52.5%)	11:59	5 (47.6%)
313	PASIECZNY Bartosz	3353		Open Mężczyzn	163	09:00	01:11:18	02:24:03.00	02:24:03.00	+01:15:36 (52.5%)	12:00	5 (47.6%)
314	TOKARCZYK Marcin	3169	BAD WATER	Open Mężczyzn	164	08:00	01:04:57	02:24:06.55	02:24:06.55	+01:15:39 (52.5%)	12:00	5 (47.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
315	KOSITSYN Ruslan	3168	BAD WATER	Open Mężczyzn	165	08:00	01:04:51	02:24:11.45	02:24:11.45	+01:15:44 (52.5%)	12:00	5 (47.6%)
315	GABRYSIAK Tomasz	3734		Open Mężczyzn	165	11:00	01:11:48	02:24:11.45	02:24:11.45	+01:15:44 (52.5%)	12:00	5 (47.6%)
317	PIETRZYKOWSKI Tomasz	3407	POGOTOWIE MEDICOVER	Open Masters Mężczyzn	42	09:30	01:15:39	02:24:12.65	02:24:12.65	+01:15:46 (52.5%)	12:01	5 (47.6%)
318	ZDUŃSKI Jarosław	3408	POGOTOWIE MEDICOVER	Open Masters Mężczyzn	43	09:30	01:16:19	02:24:16.65	02:24:16.65	+01:15:50 (52.6%)	12:01	5 (47.6%)
319	PASIECZNY Mirosław	3354		Open Masters Mężczyzn	44	09:00	01:11:19	02:24:20.90	02:24:20.90	+01:15:54 (52.6%)	12:01	5 (47.6%)
320	ŻOŁNIERUK Izabela	3761		Open Kobiet	16	11:00	01:11:49	02:24:22.15	02:24:22.15	+01:15:55 (52.6%)	12:01	5 (47.6%)
321	STEFAN Grzegorz	3251	CARBON SILESIA SPORT	Open Masters Mężczyzn	45	08:30	01:13:17	02:24:32.00	02:24:32.00	+01:16:05 (52.6%)	12:02	5 (47.6%)
322	KAŻMIERCZAK Daniel	3283		Open Mężczyzn	167	08:30	01:14:44	02:24:46.25	02:24:46.25	+01:16:19 (52.7%)	12:03	5 (47.6%)
323	CHUDZICKI Cezary	3576		Open Mężczyzn	168	10:15	01:04:29	02:24:47.80	02:24:47.80	+01:16:21 (52.7%)	12:03	5 (47.6%)
324	FIEDLER Franziska	3196		Open Kobiet	17	08:00	01:15:50	02:24:50.85	02:24:50.85	+01:16:24 (52.7%)	12:04	5 (47.6%)
325	GREIBIG Michaela	3198		Open Kobiet	18	08:00	01:15:48	02:24:52.15	02:24:52.15	+01:16:25 (52.8%)	12:04	5 (47.6%)
326	STANISZEWSKI Stanisław	3276	RYBKI Z LUBLINA	Open Mężczyzn	169	08:30	01:17:28	02:25:06.20	02:25:06.20	+01:16:39 (52.8%)	12:05	5 (47.6%)
327	MICHALSKI Mateusz	3294	BYLE PRZEŻYĆ TEAM	Open Mężczyzn	170	08:45	01:11:26	02:25:14.25	02:25:14.25	+01:16:47 (52.9%)	12:06	5 (47.6%)
328	OGIERMAN Mariusz	3095	SOCIOS SILESIA	Open Mężczyzn	171	07:40	01:03:17	02:25:14.95	02:25:14.95	+01:16:48 (52.9%)	12:06	5 (47.6%)
329	ZIMNOL Jakub	3295	BYLE PRZEŻYĆ TEAM	Open Mężczyzn	172	08:45	01:11:26	02:25:15.70	02:25:15.70	+01:16:49 (52.9%)	12:06	5 (47.6%)
330	KARPIŃSKA Emilia	3514		Open Masters Kobiet	8	10:00	01:14:14	02:25:32.15	02:25:32.15	+01:17:05 (53.0%)	12:07	4.9 (46.7%)
331	ADAMSKA Klaudia	3411	RAIDOTILLVALHALLA	Open Kobiet	19	09:30	01:10:16	02:25:32.25	02:25:32.25	+01:17:05 (53.0%)	12:07	4.9 (46.7%)
332	KARPIŃSKI Paweł	3515		Open Masters Mężczyzn	46	10:00	01:13:41	02:25:32.35	02:25:32.35	+01:17:05 (53.0%)	12:07	4.9 (46.7%)
333	DYLEWSKI Grzegorz	3409	RAIDOTILLVALHALLA	Open Masters Mężczyzn	47	09:30	01:09:46	02:25:36.75	02:25:36.75	+01:17:10 (53.0%)	12:08	4.9 (46.7%)
334	BAHRYNOWSKI Daniel	3540	2WSZP WROCŁAW	Open Mężczyzn	173	10:15	01:11:42	02:26:23.80	02:26:23.80	+01:17:57 (53.2%)	12:11	4.9 (46.7%)
335	PONSKI Cezary	3242		Open Mężczyzn	174	08:00	01:25:08	02:26:29.10	02:26:29.10	+01:18:02 (53.3%)	12:12	4.9 (46.7%)
336	SZOSTEK Wojciech	3177	HARPAGAN BEAST	Open Mężczyzn	175	08:00	01:25:50	02:26:33.50	02:26:33.50	+01:18:06 (53.3%)	12:12	4.9 (46.7%)
337	BUDEK Weronika	3195		Open Kobiet	20	08:00	01:24:41	02:26:38.35	02:26:38.35	+01:18:11 (53.3%)	12:13	4.9 (46.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
338	KUROWSKI Rafał	3237		Open Mężczyzn	176	08:00	01:26:57	02:26:46.15	02:26:46.15	+01:18:19 (53.4%)	12:13	4.9 (46.7%)
339	GOŚCINIAK Beata	3230		Open Kobiet	21	08:00	01:26:57	02:26:47.10	02:26:47.10	+01:18:20 (53.4%)	12:13	4.9 (46.7%)
340	WINCASZEK Marek	3724	REMBARZ_TEAM	Open Masters Mężczyzn	48	11:00	01:11:32	02:26:54.95	02:26:54.95	+01:18:28 (53.4%)	12:14	4.9 (46.7%)
341	MORNINGSTAR Mefistofeles	3700		Open Mężczyzn	177	10:45	01:13:11	02:26:59.50	02:26:59.50	+01:18:32 (53.4%)	12:14	4.9 (46.7%)
342	ZIELIŃSKI Łukasz	3167	ACTIVE FLOW	Open Mężczyzn	178	08:00	01:10:25	02:27:01.30	02:27:01.30	+01:18:34 (53.4%)	12:15	4.9 (46.7%)
343	KACZMAREK Maciej	3721	REMBARZ_TEAM	Open Masters Mężczyzn	49	11:00	01:12:07	02:27:04.45	02:27:04.45	+01:18:37 (53.5%)	12:15	4.9 (46.7%)
344	KOPCIUCH Karol	3696		Open Mężczyzn	179	10:45	01:14:00	02:27:08.60	02:27:08.60	+01:18:41 (53.5%)	12:15	4.9 (46.7%)
345	ILOWSKA-REMBARZ Karolina	3720	REMBARZ_TEAM	Open Kobiet	22	11:00	01:12:31	02:27:12.90	02:27:12.90	+01:18:46 (53.5%)	12:16	4.9 (46.7%)
346	MARKOWSKI Robert	3640		Open Masters Mężczyzn	50	10:30	01:14:14	02:27:19.35	02:27:19.35	+01:18:52 (53.5%)	12:16	4.9 (46.7%)
347	REMBARZ Łukasz	3723	REMBARZ_TEAM	Open Masters Mężczyzn	51	11:00	01:12:11	02:27:20.15	02:27:20.15	+01:18:53 (53.5%)	12:16	4.9 (46.7%)
348	ŁYSKAWA Aleksander	3722	REMBARZ_TEAM	Open Masters Mężczyzn	52	11:00	01:11:56	02:27:21.45	02:27:21.45	+01:18:54 (53.6%)	12:16	4.9 (46.7%)
349	BOBYK Paweł	3611	SANOK BIEGA	Open Masters Mężczyzn	53	10:30	01:10:04	02:27:26.25	02:27:26.25	+01:18:59 (53.6%)	12:17	4.9 (46.7%)
350	LABUDA Adam	3205		Open Mężczyzn	180	08:30	01:09:11	02:27:29.05	02:27:29.05	+01:19:02 (53.6%)	12:17	4.9 (46.7%)
351	JAKUBECKI Michał	3344		Open Mężczyzn	181	09:00	01:06:52	02:27:34.75	02:27:34.75	+01:19:08 (53.6%)	12:17	4.9 (46.7%)
352	CHŁOPEK Karol	3605	ŁAPSERDAKI	Open Mężczyzn	182	10:30	01:05:50	02:27:35.45	02:27:35.45	+01:19:08 (53.6%)	12:17	4.9 (46.7%)
353	SZUBERT Mateusz	3537		Open Mężczyzn	183	10:00	01:10:22	02:27:46.45	02:27:46.45	+01:19:19 (53.7%)	12:18	4.9 (46.7%)
354	JUREK Karol	3114		Open Mężczyzn	184	07:40	00:54:05	02:27:50.65	02:27:50.65	+01:19:24 (53.7%)	12:19	4.9 (46.7%)
355	HORN Rafał	3200		Open Masters Mężczyzn	54	08:00	01:14:51	02:28:00.60	02:28:00.60	+01:19:33 (53.8%)	12:20	4.9 (46.7%)
356	KOZULA Marcin	3698		Open Mężczyzn	185	10:45	01:03:55	02:28:03.00	02:28:03.00	+01:19:36 (53.8%)	12:20	4.9 (46.7%)
357	KOWALSKI Marcin	3189		Open Mężczyzn	186	08:30	01:09:08	02:28:10.65	02:28:10.65	+01:19:44 (53.8%)	12:20	4.9 (46.7%)
358	CZERSKI Grzegorz	3578		Open Mężczyzn	187	10:15	01:11:04	02:28:30.50	02:28:30.50	+01:20:03 (53.9%)	12:22	4.8 (45.7%)
359	GUT Kacper	3227	REJW EKIPA	Open Mężczyzn	188	08:15	01:13:08	02:28:33.95	02:28:33.95	+01:20:07 (53.9%)	12:22	4.8 (45.7%)
360	WOJTASIK Marta	3158		Open Kobiet	23	07:50	01:18:03	02:28:39.00	02:28:39.00	+01:20:12 (54.0%)	12:23	4.8 (45.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
361	WARZECHA Rafał	3305	SAMEKONIE	Open Masters Mężczyzn	55	08:45	01:13:17	02:29:06.05	02:29:06.05	+01:20:39 (54.1%)	12:25	4.8 (45.7%)
362	HABERKA Kacper	3331	ZAKOLAKI	Open Mężczyzn	189	09:00	01:05:41	02:29:11.65	02:29:11.65	+01:20:45 (54.1%)	12:25	4.8 (45.7%)
363	KWIATKOWSKI Adrian	3332	ZAKOLAKI	Open Mężczyzn	190	09:00	01:05:42	02:29:19.65	02:29:19.65	+01:20:53 (54.2%)	12:26	4.8 (45.7%)
364	FJOŁEK Piotr	3330	ZAKOLAKI	Open Mężczyzn	191	09:00	01:05:47	02:29:24.55	02:29:24.55	+01:20:57 (54.2%)	12:27	4.8 (45.7%)
365	WIEWIÓRA Katarzyna	3178	KOJOTY OCR TEAM	Open Kobiet	24	08:00	01:13:41	02:29:25.45	02:29:25.45	+01:20:58 (54.2%)	12:27	4.8 (45.7%)
366	WROŃSKI Mateusz	3760		Open Mężczyzn	192	11:00	01:07:01	02:29:30.55	02:29:30.55	+01:21:03 (54.2%)	12:27	4.8 (45.7%)
367	KONOPKA Sebastian	3741		Open Mężczyzn	193	11:00	01:06:40	02:29:32.00	02:29:32.00	+01:21:05 (54.2%)	12:27	4.8 (45.7%)
368	KORALEWSKI Paweł	3100	WATAHA	Elite Mężczyzn	67	07:40	00:53:09	02:29:32.90	02:29:32.90	+01:21:06 (54.2%)	12:27	4.8 (45.7%)
369	STRÓŻYK Adam	3359		Open Mężczyzn	194	09:00	01:11:40	02:29:37.10	02:29:37.10	+01:21:10 (54.3%)	12:28	4.8 (45.7%)
370	TOMCZEWSKI Rafał	3181	MIŁOŚNICY	Open Masters Mężczyzn	56	08:00	01:12:10	02:29:46.55	02:29:46.55	+01:21:19 (54.3%)	12:28	4.8 (45.7%)
371	TOMCZEWSKA Anna	3180	MIŁOŚNICY	Open Masters Kobiet	9	08:00	01:12:03	02:29:46.90	02:29:46.90	+01:21:20 (54.3%)	12:28	4.8 (45.7%)
372	WARDZAŁA Jakub	3538		Open Mężczyzn	195	10:00	01:15:54	02:29:59.40	02:29:59.40	+01:21:32 (54.4%)	12:29	4.8 (45.7%)
373	FIEDOROWICZ Damian	3339		Open Mężczyzn	196	09:00	01:16:27	02:30:21.45	02:30:21.45	+01:21:54 (54.5%)	12:31	4.8 (45.7%)
374	SIECZKOWSKI Łukasz	3212		Open Masters Mężczyzn	57	08:00	01:13:36	02:30:23.20	02:30:23.20	+01:21:56 (54.5%)	12:31	4.8 (45.7%)
375	STEFANIAK Marek	3245		Open Masters Mężczyzn	58	09:15	01:13:20	02:30:30.15	02:30:30.15	+01:22:03 (54.5%)	12:32	4.8 (45.7%)
376	BREJNAK Agnieszka	3152	ROSSMANN	Open Kobiet	25	07:50	00:58:39	02:30:30.40	02:30:30.40	+01:22:03 (54.5%)	12:32	4.8 (45.7%)
377	KRAWCZYK Sebastian	3118		Elite Mężczyzn	68	07:40	01:07:32	02:30:31.15	02:30:31.15	+01:22:04 (54.5%)	12:32	4.8 (45.7%)
378	MŁYŃSKI Bartłomiej	3352		Open Mężczyzn	197	09:00	01:16:28	02:30:31.35	02:30:31.35	+01:22:04 (54.5%)	12:32	4.8 (45.7%)
379	KOZŁOWSKI Grzegorz	3116		Elite Mężczyzn	69	07:40	01:04:50	02:30:41.20	02:30:41.20	+01:22:14 (54.6%)	12:33	4.8 (45.7%)
380	CZERWONKA Piotr	3336		Open Mężczyzn	198	08:45	01:08:26	02:30:42.25	02:30:42.25	+01:22:15 (54.6%)	12:33	4.8 (45.7%)
381	CHOWAŃSKI Artur	3334		Open Mężczyzn	199	08:45	01:08:24	02:30:53.20	02:30:53.20	+01:22:26 (54.6%)	12:34	4.8 (45.7%)
382	KWIATKOWSKI Jacek	3122		Elite Masters Mężczyzn	20	07:40	00:56:12	02:30:54.75	02:30:54.75	+01:22:28 (54.6%)	12:34	4.8 (45.7%)
383	NIKULSHYN Oleksandr	3166	2RUNNING MAN	Open Mężczyzn	200	08:00	01:07:26	02:30:58.55	02:30:58.55	+01:22:31 (54.7%)	12:34	4.8 (45.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
384	JELEŃ Paulina	3401	DIAGNOSTYKA S.A.	Open Kobiet	26	09:30	01:15:28	02:31:10.25	02:31:10.25	+01:22:43 (54.7%)	12:35	4.8 (45.7%)
385	DUDEK Robert	3400	DIAGNOSTYKA S.A.	Open Mężczyzn	201	09:30	01:15:28	02:31:15.90	02:31:15.90	+01:22:49 (54.8%)	12:36	4.8 (45.7%)
386	BAKOWSKI Romuald	3415		Open Masters Mężczyzn	59	09:15	01:14:00	02:31:43.75	02:31:43.75	+01:23:17 (54.9%)	12:38	4.7 (44.8%)
387	SKOWROŃSKI Sebastian	3273	PROFESJONALNI AMATORZY Z GÓRNEJ PÓŁKI	Open Mężczyzn	202	08:30	01:08:21	02:31:51.15	02:31:51.15	+01:23:24 (54.9%)	12:39	4.7 (44.8%)
388	OWSIANY Piotr	3525		Open Mężczyzn	203	10:00	01:17:34	02:31:59.95	02:31:59.95	+01:23:33 (55.0%)	12:39	4.7 (44.8%)
389	DOMINIAK Damian	3579		Open Mężczyzn	204	10:15	01:08:40	02:32:07.75	02:32:07.75	+01:23:41 (55.0%)	12:40	4.7 (44.8%)
390	MAZGAJ Mateusz	3587		Open Mężczyzn	205	10:15	01:08:39	02:32:08.05	02:32:08.05	+01:23:41 (55.0%)	12:40	4.7 (44.8%)
391	CZAJA Łukasz	3505	TURBO MIETKI	Open Mężczyzn	206	10:00	01:12:04	02:32:11.40	02:32:11.40	+01:23:44 (55.0%)	12:40	4.7 (44.8%)
392	PORĘBSKI Robert	3506	TURBO MIETKI	Open Masters Mężczyzn	60	10:00	01:12:02	02:32:21.60	02:32:21.60	+01:23:54 (55.1%)	12:41	4.7 (44.8%)
393	JANKOWSKI Piotr	3271	PROFESJONALNI AMATORZY Z GÓRNEJ PÓŁKI	Open Mężczyzn	207	08:30	01:08:32	02:32:22.15	02:32:22.15	+01:23:55 (55.1%)	12:41	4.7 (44.8%)
394	WOŁOCH Dawid	3258	INTER GROUP	Open Mężczyzn	208	08:30	01:18:43	02:32:35.85	02:32:35.85	+01:24:09 (55.1%)	12:42	4.7 (44.8%)
395	DĘBSKA Beata	3544	2WSZP WROCŁAW	Open Masters Kobiet	10	10:15	01:22:09	02:32:41.95	02:32:41.95	+01:24:15 (55.2%)	12:43	4.7 (44.8%)
396	RADECKA Karolina	3553	2WSZP WROCŁAW	Open Kobiet	27	10:15	01:21:53	02:32:42.50	02:32:42.50	+01:24:15 (55.2%)	12:43	4.7 (44.8%)
397	CIOCH Krzysztof	3625		Open Mężczyzn	209	10:30	01:14:10	02:32:56.95	02:32:56.95	+01:24:30 (55.3%)	12:44	4.7 (44.8%)
398	FRAŚ Przemysław	3381		Open Mężczyzn	210	09:15	01:04:17	02:32:57.65	02:32:57.65	+01:24:31 (55.3%)	12:44	4.7 (44.8%)
399	TRACIKOWSKI Karol	3290		Open Mężczyzn	211	08:30	01:10:25	02:33:04.55	02:33:04.55	+01:24:37 (55.3%)	12:45	4.7 (44.8%)
400	POCHODAJ Jakub	3762		Open Mężczyzn	212	08:15	01:02:03	02:33:14.55	02:33:14.55	+01:24:47 (55.3%)	12:46	4.7 (44.8%)
401	BEŃKO Kamil	3504	TURBO MIETKI	Open Mężczyzn	213	10:00	01:12:05	02:33:15.05	02:33:15.05	+01:24:48 (55.3%)	12:46	4.7 (44.8%)
402	TOMASZEWICZ Adam	3022	KLONO TEAM	Open Mężczyzn	214	07:30	01:04:49	02:33:16.10	02:33:16.10	+01:24:49 (55.3%)	12:46	4.7 (44.8%)
403	SAJA Jacek	3243		Open Masters Mężczyzn	61	08:15	01:11:50	02:33:22.55	02:33:22.55	+01:24:55 (55.4%)	12:46	4.7 (44.8%)
404	SAJA Martyna	3222	LEGNICA POKONUJE PRZESZKODY	Open Kobiet	28	08:15	01:12:24	02:33:43.05	02:33:43.05	+01:25:16 (55.5%)	12:48	4.7 (44.8%)
405	PROŃKO Kamil	3221	LEGNICA POKONUJE PRZESZKODY	Open Mężczyzn	215	08:15	01:12:02	02:33:43.70	02:33:43.70	+01:25:17 (55.5%)	12:48	4.7 (44.8%)
406	DRAŻKOWSKI Grzegorz	3498	LEWIN BIEGA	Open Mężczyzn	216	10:00	01:16:03	02:33:49.05	02:33:49.05	+01:25:22 (55.5%)	12:49	4.7 (44.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
407	KOWALSKI Mateusz	3496	DIRTY SPARROWS	Open Mężczyzn	217	10:00	01:12:00	02:33:55.25	02:33:55.25	+01:25:28 (55.5%)	12:49	4.7 (44.8%)
408	GAŚIOR Michał	3340		Open Mężczyzn	218	09:00	01:08:22	02:33:56.00	02:33:56.00	+01:25:29 (55.5%)	12:49	4.7 (44.8%)
409	MAŃKOWSKI Michał	3328	NATEMAT	Open Mężczyzn	219	09:00	01:08:24	02:34:03.60	02:34:03.60	+01:25:36 (55.6%)	12:50	4.7 (44.8%)
410	MICHALSKA Beata	3503	STAN UMYSŁU LEWIN BIEGA	Open Masters Kobiet	11	10:00	01:16:25	02:34:13.70	02:34:13.70	+01:25:47 (55.6%)	12:51	4.7 (44.8%)
411	CZERWONKA Dawid	3327	NATEMAT	Open Mężczyzn	220	09:00	01:08:23	02:34:14.00	02:34:14.00	+01:25:47 (55.6%)	12:51	4.7 (44.8%)
412	KUNICKI Robert	3250	ANIELSKI ORSZAK	Open Masters Mężczyzn	62	08:30	01:12:46	02:34:17.00	02:34:17.00	+01:25:50 (55.6%)	12:51	4.7 (44.8%)
413	WOŹNIAK Marcin	3539		Open Mężczyzn	221	10:00	01:12:01	02:34:18.70	02:34:18.70	+01:25:52 (55.6%)	12:51	4.7 (44.8%)
414	GAWEŁ Krzysztof	3248	ANIELSKI ORSZAK	Open Mężczyzn	222	08:30	01:12:45	02:34:25.85	02:34:25.85	+01:25:59 (55.7%)	12:52	4.7 (44.8%)
415	JAGIELUK Jaromir	3249	ANIELSKI ORSZAK	Open Masters Mężczyzn	63	08:30	01:12:49	02:34:26.50	02:34:26.50	+01:25:59 (55.7%)	12:52	4.7 (44.8%)
416	WOŹNIAK Michał	3439		Open Mężczyzn	223	09:30	01:10:52	02:34:32.35	02:34:32.35	+01:26:05 (55.7%)	12:52	4.7 (44.8%)
417	MIEJSKI Adam	3428		Open Mężczyzn	224	09:30	01:10:56	02:34:33.55	02:34:33.55	+01:26:06 (55.7%)	12:52	4.7 (44.8%)
418	KIĆ Tomasz	3739		Open Mężczyzn	225	11:00	01:10:39	02:34:34.70	02:34:34.70	+01:26:08 (55.7%)	12:52	4.7 (44.8%)
419	SZATAN Rafał	3555	2WSZP WROCŁAW	Open Mężczyzn	226	10:15	01:16:53	02:34:37.80	02:34:37.80	+01:26:11 (55.7%)	12:53	4.7 (44.8%)
420	ZBRZYŻNA Katarzyna	3768		Open Kobiet	29	09:30	01:20:00	02:34:39.20	02:34:39.20	+01:26:12 (55.7%)	12:53	4.7 (44.8%)
421	CHISIŃSKI Marek	3418		Open Mężczyzn	227	09:30	01:20:36	02:34:39.40	02:34:39.40	+01:26:12 (55.7%)	12:53	4.7 (44.8%)
422	WOJTKOWIAK-SCHMIDT Agnieszka	3299	MISS FIT	Open Kobiet	30	08:45	01:16:17	02:34:47.95	02:34:47.95	+01:26:21 (55.8%)	12:53	4.7 (44.8%)
423	K Kamila	3298	MISS FIT	Open Kobiet	31	08:45	01:16:18	02:34:48.15	02:34:48.15	+01:26:21 (55.8%)	12:54	4.7 (44.8%)
424	MOSZYK Mariusz	3566	PSI PATOL	Open Mężczyzn	228	10:15	01:22:52	02:35:07.75	02:35:07.75	+01:26:41 (55.9%)	12:55	4.6 (43.8%)
425	MORTKA Piotr	3226	POŻAR STOP	Open Mężczyzn	229	08:00	01:14:19	02:35:08.80	02:35:08.80	+01:26:42 (55.9%)	12:55	4.6 (43.8%)
426	PŁOŃSKA Beata	3145	NINJA ELEMENTS	Open Masters Kobiet	12	07:50	01:13:33	02:35:33.50	02:35:33.50	+01:27:06 (56.0%)	12:57	4.6 (43.8%)
427	GAŃKO Mateusz	3086	OBSTACLE CENTER TEAM	Elite Mężczyzn	70	07:40	01:17:02	02:35:38.35	02:35:38.35	+01:27:11 (56.0%)	12:58	4.6 (43.8%)
428	KULIG Krystian	3236		Open Mężczyzn	230	08:15	01:02:14	02:35:48.45	02:35:48.45	+01:27:21 (56.1%)	12:59	4.6 (43.8%)
429	PIESZKO Krzysztof	3239		Open Mężczyzn	231	08:15	01:02:02	02:35:48.70	02:35:48.70	+01:27:22 (56.1%)	12:59	4.6 (43.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
430	ŚLIWA Mateusz	3480		Open Mężczyzn	232	09:45	01:08:33	02:36:08.65	02:36:08.65	+01:27:42 (56.2%)	13:00	4.6 (43.8%)
431	GUMNY Maciej	3109		Elite Mężczyzn	71	07:40	00:54:24	02:36:28.50	02:36:28.50	+01:28:01 (56.3%)	13:02	4.6 (43.8%)
432	OCHA Beata	3672	UNITED KRAV MAGA WROCŁAW	Open Masters Kobiet	13	10:45	01:14:31	02:37:06.35	02:37:06.35	+01:28:39 (56.4%)	13:05	4.6 (43.8%)
433	WAGSTYL Mirela	3176	CARBON SILESIA SPORT	Open Kobiet	32	08:00	01:09:39	02:37:36.35	02:37:36.35	+01:29:09 (56.6%)	13:08	4.6 (43.8%)
434	GRZEŚKIEWICZ Jarosław	3278	UNIT 37	Open Masters Mężczyzn	64	08:30	01:17:56	02:38:06.00	02:38:06.00	+01:29:39 (56.7%)	13:10	4.6 (43.8%)
435	MUSIAŁ Małgorzata	3286		Open Masters Kobiet	14	08:30	01:17:20	02:38:06.30	02:38:06.30	+01:29:39 (56.7%)	13:10	4.6 (43.8%)
436	BOIŃSKA Agnieszka	3157	WOLF TEAM	Open Masters Kobiet	15	07:50	01:12:12	02:38:20.15	02:38:20.15	+01:29:53 (56.8%)	13:11	4.5 (42.9%)
437	KOMOROWSKI Maciej	3253	CROSSELITE	Open Masters Mężczyzn	65	08:30	01:19:58	02:38:43.00	02:38:43.00	+01:30:16 (56.9%)	13:13	4.5 (42.9%)
438	KOMOROWSKA Karolina	3252	CROSSELITE	Open Kobiet	33	08:30	01:19:57	02:38:51.00	02:38:51.00	+01:30:24 (56.9%)	13:14	4.5 (42.9%)
439	KRÓTKA Diana	3235		Open Kobiet	34	08:15	01:21:30	02:38:51.50	02:38:51.50	+01:30:24 (56.9%)	13:14	4.5 (42.9%)
440	KOKOT Dorota	3232		Open Masters Kobiet	16	08:15	01:21:29	02:38:53.65	02:38:53.65	+01:30:27 (56.9%)	13:14	4.5 (42.9%)
441	KARCZEWSKI Grzegorz	3616	WATAHA	Open Mężczyzn	233	10:30	01:06:06	02:39:00.85	02:39:00.85	+01:30:34 (57.0%)	13:15	4.5 (42.9%)
442	KOZIOŁ Michał	3574	ZAJAWKACREW	Open Mężczyzn	234	10:15	01:16:56	02:39:06.15	02:39:06.15	+01:30:39 (57.0%)	13:15	4.5 (42.9%)
443	KLISIEWICZ Damian	3573	ZAJAWKACREW	Open Mężczyzn	235	10:15	01:16:59	02:39:06.50	02:39:06.50	+01:30:39 (57.0%)	13:15	4.5 (42.9%)
444	PROSZEK Adam	3575	ZAJAWKACREW	Open Mężczyzn	236	10:15	01:16:58	02:39:06.75	02:39:06.75	+01:30:40 (57.0%)	13:15	4.5 (42.9%)
445	MARTYNOWICZ Maciej	3747		Open Mężczyzn	237	11:00	01:23:32	02:39:22.00	02:39:22.00	+01:30:55 (57.1%)	13:16	4.5 (42.9%)
446	KOMISARCZYK Krzysiek	3617	WILKI MIĘDZYLESIE	Open Mężczyzn	238	10:30	01:19:29	02:39:39.05	02:39:39.05	+01:31:12 (57.1%)	13:18	4.5 (42.9%)
447	PRZYSTARZ Grzegorz	3531		Open Masters Mężczyzn	66	10:00	01:16:05	02:39:40.70	02:39:40.70	+01:31:14 (57.1%)	13:18	4.5 (42.9%)
448	NAPORA Mateusz	3429		Open Mężczyzn	239	09:30	01:11:26	02:39:48.15	02:39:48.15	+01:31:21 (57.2%)	13:19	4.5 (42.9%)
449	CICHAŃSKI Marek	3613	THE CORE CREW	Open Mężczyzn	240	10:30	01:19:30	02:39:49.55	02:39:49.55	+01:31:22 (57.2%)	13:19	4.5 (42.9%)
450	KOZŁOWSKI Robert	3425		Open Mężczyzn	241	09:30	01:11:27	02:39:52.80	02:39:52.80	+01:31:26 (57.2%)	13:19	4.5 (42.9%)
451	BRZOSTEK Michał	3465		Open Mężczyzn	242	09:45	01:13:55	02:39:53.25	02:39:53.25	+01:31:26 (57.2%)	13:19	4.5 (42.9%)
452	HUCZEK Katarzyna	3470		Open Masters Kobiet	17	09:45	01:13:55	02:39:53.55	02:39:53.55	+01:31:26 (57.2%)	13:19	4.5 (42.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
453	ŚCISŁOWSKA Kamila	3534		Open Kobiet	35	10:00	01:16:22	02:39:57.30	02:39:57.30	+01:31:30 (57.2%)	13:19	4.5 (42.9%)
454	JASIŃSKI Marcin	3375	TOYOTA RUNMATOR	Open Masters Mężczyzn	67	09:15	01:20:39	02:40:03.95	02:40:03.95	+01:31:37 (57.2%)	13:20	4.5 (42.9%)
455	KACZEMBA Emil	3513		Open Mężczyzn	243	10:00	01:08:29	02:40:06.55	02:40:06.55	+01:31:39 (57.3%)	13:20	4.5 (42.9%)
456	LEŚNIAK Dorota	3665	UNITED KRAV MAGA WROCŁAW	Open Kobiet	36	10:45	01:14:27	02:40:10.40	02:40:10.40	+01:31:43 (57.3%)	13:20	4.5 (42.9%)
457	PRZYSTARZ Maciej	3532		Open Mężczyzn	244	10:00	01:16:20	02:40:23.30	02:40:23.30	+01:31:56 (57.3%)	13:21	4.5 (42.9%)
458	ŁOZOWSKI Norbert	3376	TOYOTA RUNMATOR	Open Mężczyzn	245	09:15		02:40:37.00	02:40:37.00	+01:32:10 (57.4%)	13:23	4.5 (42.9%)
459	NOWAKOWSKI Błażej	3558	3P	Open Mężczyzn	246	10:15	01:23:59	02:40:38.45	02:40:38.45	+01:32:11 (57.4%)	13:23	4.5 (42.9%)
460	ZAROŚLIŃSKA Patrycja	3559	3P	Open Kobiet	37	10:15	01:23:56	02:40:38.55	02:40:38.55	+01:32:11 (57.4%)	13:23	4.5 (42.9%)
461	GRABOWSKI Bartosz	3197		Open Mężczyzn	247	08:00	01:13:11	02:40:53.35	02:40:53.35	+01:32:26 (57.5%)	13:24	4.5 (42.9%)
462	KUKUŁA Marcin	3766	MIEJMY TO Z GŁOWY	Open Mężczyzn	248	09:15		02:41:35.25	02:41:35.25	+01:33:08 (57.6%)	13:27	4.5 (42.9%)
463	GERLICH Olga	3581		Open Kobiet	38	10:15	01:17:22	02:41:40.45	02:41:40.45	+01:33:13 (57.7%)	13:28	4.5 (42.9%)
464	KORYCIŃSKI Maciej	3372	MIEJMY TO Z GŁOWY	Open Mężczyzn	249	09:15	01:19:50	02:41:46.65	02:41:46.65	+01:33:20 (57.7%)	13:28	4.5 (42.9%)
465	GĘBALA Marcin	3371	MIEJMY TO Z GŁOWY	Open Mężczyzn	250	09:15	01:19:48	02:41:56.60	02:41:56.60	+01:33:29 (57.7%)	13:29	4.4 (41.9%)
466	KUPCZAK Katarzyna	3472		Open Kobiet	39	09:45	01:18:53	02:42:15.85	02:42:15.85	+01:33:49 (57.8%)	13:31	4.4 (41.9%)
467	FURGAŁ Monika	3469		Open Kobiet	40	09:45	01:19:40	02:42:16.15	02:42:16.15	+01:33:49 (57.8%)	13:31	4.4 (41.9%)
468	SURUDO Szymon	3373	MIEJMY TO Z GŁOWY	Open Mężczyzn	251	09:15	01:20:00	02:42:18.50	02:42:18.50	+01:33:51 (57.8%)	13:31	4.4 (41.9%)
469	ADAMIEC Grzegorz	3624		Open Masters Mężczyzn	68	10:30	01:12:23	02:42:25.95	02:42:25.95	+01:33:59 (57.9%)	13:32	4.4 (41.9%)
470	GAURA Daria	3693		Open Kobiet	41	10:45	01:22:32	02:42:29.40	02:42:29.40	+01:34:02 (57.9%)	13:32	4.4 (41.9%)
471	FRACKOWIAK Dawid	3689		Open Mężczyzn	252	10:45	01:24:08	02:42:35.35	02:42:35.35	+01:34:08 (57.9%)	13:32	4.4 (41.9%)
472	KASCHE Denny	3201		Open Mężczyzn	253	08:00	01:23:10	02:43:28.85	02:43:28.85	+01:35:02 (58.1%)	13:37	4.4 (41.9%)
473	KRÓL Daniel	3460	WARYJOTY	Open Mężczyzn	254	09:45	01:15:00	02:43:39.85	02:43:39.85	+01:35:13 (58.2%)	13:38	4.4 (41.9%)
474	FIAŁKOWSKI Przemysław	3256	INTER GROUP	Open Mężczyzn	255	08:30	01:18:46	02:43:43.35	02:43:43.35	+01:35:16 (58.2%)	13:38	4.4 (41.9%)
475	CHOWAŃSKI Sławomir	3255	INTER GROUP	Open Mężczyzn	256	08:30	01:18:44	02:43:43.50	02:43:43.50	+01:35:16 (58.2%)	13:38	4.4 (41.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
476	RUSINIAK Karol	3461	WARYJOTY	Open Mężczyzn	257	09:45	01:14:58	02:43:45.55	02:43:45.55	+01:35:18 (58.2%)	13:38	4.4 (41.9%)
477	CYTERA Barbara	3577		Open Masters Kobiet	18	10:15	01:21:55	02:43:55.15	02:43:55.15	+01:35:28 (58.2%)	13:39	4.4 (41.9%)
478	KASZA Kacper	3500	MŁODE KONIE	Open Mężczyzn	258	10:00	01:16:31	02:43:59.30	02:43:59.30	+01:35:32 (58.3%)	13:39	4.4 (41.9%)
479	KANIK Tomasz	3499	MŁODE KONIE	Open Mężczyzn	259	10:00	01:16:33	02:44:04.45	02:44:04.45	+01:35:37 (58.3%)	13:40	4.4 (41.9%)
480	WOJEWODA Grzegorz	3501	MŁODE KONIE	Open Mężczyzn	260	10:00	01:16:35	02:44:15.40	02:44:15.40	+01:35:48 (58.3%)	13:41	4.4 (41.9%)
481	GAJDAMOWICZ Beata	3580		Open Masters Kobiet	19	10:15	01:24:26	02:44:17.90	02:44:17.90	+01:35:51 (58.3%)	13:41	4.4 (41.9%)
482	SZŁĘZAK Mateusz	3592		Open Mężczyzn	261	10:15	01:24:26	02:44:23.75	02:44:23.75	+01:35:57 (58.4%)	13:41	4.4 (41.9%)
483	DULEWICZ Anna	3442	EY OCR TEAM	Open Kobiet	42	10:15	01:17:23	02:44:30.30	02:44:30.30	+01:36:03 (58.4%)	13:42	4.4 (41.9%)
484	BOROWSKI Bartosz	3732		Open Mężczyzn	262	11:00	01:20:53	02:44:43.80	02:44:43.80	+01:36:17 (58.5%)	13:43	4.4 (41.9%)
485	KAWALIR Michał	3738		Open Mężczyzn	263	11:00	01:20:52	02:44:44.00	02:44:44.00	+01:36:17 (58.5%)	13:43	4.4 (41.9%)
486	SOSNOWSKI Arkadiusz	3756		Open Mężczyzn	264	11:00	01:20:49	02:44:44.05	02:44:44.05	+01:36:17 (58.5%)	13:43	4.4 (41.9%)
487	ŁUSZCZYNA Robert	3444	EY OCR TEAM	Open Mężczyzn	265	10:15	01:15:45	02:44:46.45	02:44:46.45	+01:36:19 (58.5%)	13:43	4.4 (41.9%)
488	OLEJNIK Maciej	3431		Open Mężczyzn	266	10:45	01:20:20	02:44:48.85	02:44:48.85	+01:36:22 (58.5%)	13:44	4.4 (41.9%)
489	SKOWRON Mariusz	3244		Open Mężczyzn	267	08:15	01:16:22	02:45:00.85	02:45:00.85	+01:36:34 (58.5%)	13:45	4.4 (41.9%)
490	SZCZEPEK Michał	3088	OBSTACLE CENTER TEAM	Open Mężczyzn	268	07:40	01:11:48	02:45:04.65	02:45:04.65	+01:36:38 (58.5%)	13:45	4.4 (41.9%)
491	BATOR Norbert	3228		Open Mężczyzn	269	08:15	01:16:24	02:45:07.40	02:45:07.40	+01:36:40 (58.5%)	13:45	4.4 (41.9%)
492	ANDRZEJEWSKI Maciej	3092	POZNAŃTEAM	Elite Mężczyzn	72	07:40	01:07:12	02:45:10.60	02:45:10.60	+01:36:43 (58.6%)	13:45	4.4 (41.9%)
493	ZHOLOB Anzhelika	3270	ORANZH TEAM	Open Kobiet	43	08:30	01:25:52	02:45:17.65	02:45:17.65	+01:36:51 (58.6%)	13:46	4.4 (41.9%)
494	ŁUKASIK Marta	3268	ORANZH TEAM	Open Kobiet	44	08:30	01:25:52	02:45:27.70	02:45:27.70	+01:37:01 (58.6%)	13:47	4.4 (41.9%)
495	ŚLĘCZKOWSKI Błażej	3186	WARRIORS ŁÓDŹ	Open Mężczyzn	270	08:00	01:16:07	02:45:30.65	02:45:30.65	+01:37:04 (58.6%)	13:47	4.4 (41.9%)
496	URBANIAK Agata	3265	OR.ANZH	Open Kobiet	45	08:30	01:25:58	02:45:32.30	02:45:32.30	+01:37:05 (58.7%)	13:47	4.3 (41.0%)
497	SZUFNAROWSKA Kinga	3269	ORANZH TEAM	Open Kobiet	46	08:30	01:25:54	02:45:34.75	02:45:34.75	+01:37:08 (58.7%)	13:47	4.3 (41.0%)
498	KONIECZNA Żaneta	3138	DRAGON RUNNERS	Open Kobiet	47	07:50	01:17:27	02:45:38.20	02:45:38.20	+01:37:11 (58.7%)	13:48	4.3 (41.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
499	SIEDLIK Rafał	3213		Open Mężczyzn	271	08:00	01:15:33	02:46:16.95	02:46:16.95	+01:37:50 (58.8%)	13:51	4.3 (41.0%)
500	TOMASZEWSKI Sławomir	3179	MAXIMUS SMT	Open Mężczyzn	272	08:00	01:19:30	02:46:36.60	02:46:36.60	+01:38:09 (58.9%)	13:53	4.3 (41.0%)
501	BLASZCZYK Wojciech	3306		Open Mężczyzn	273	08:45	01:13:15	02:47:03.05	02:47:03.05	+01:38:36 (59.0%)	13:55	4.3 (41.0%)
502	MAJSNEROWSKI Krystian	3311		Open Mężczyzn	274	08:45	01:13:18	02:47:03.35	02:47:03.35	+01:38:36 (59.0%)	13:55	4.3 (41.0%)
503	HARASIMOWICZ Kamil	3629		Open Mężczyzn	275	10:30	01:03:21	02:47:12.20	02:47:12.20	+01:38:45 (59.1%)	13:56	4.3 (41.0%)
504	DUL Krzysztof	3610	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	276	10:30	01:25:17	02:47:20.15	02:47:20.15	+01:38:53 (59.1%)	13:56	4.3 (41.0%)
505	HEREDA Tomasz	3622	ZBÓJ TEAM	Open Mężczyzn	277	10:30	01:25:19	02:47:28.75	02:47:28.75	+01:39:02 (59.1%)	13:57	4.3 (41.0%)
506	JUSZCZAK Patrycja	3267	ORANZH TEAM	Open Kobiet	48	08:30	01:25:14	02:48:02.75	02:48:02.75	+01:39:36 (59.3%)	14:00	4.3 (41.0%)
507	JEDNORÓG Mateusz	3266	ORANZH TEAM	Open Mężczyzn	278	08:30	01:24:47	02:48:06.40	02:48:06.40	+01:39:39 (59.3%)	14:00	4.3 (41.0%)
508	PYSZNY Patryk	3570	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	279	10:15	01:13:24	02:48:39.80	02:48:39.80	+01:40:13 (59.4%)	14:03	4.3 (41.0%)
509	MIKOLAJSKA Weronika	3522		Open Kobiet	49	10:00	01:15:28	02:49:02.40	02:49:02.40	+01:40:35 (59.5%)	14:05	4.3 (41.0%)
510	KRÓLAK Margarita	3517		Open Kobiet	50	10:00	01:15:26	02:49:02.45	02:49:02.45	+01:40:35 (59.5%)	14:05	4.3 (41.0%)
511	ŁYSIAK Michał	3521		Open Mężczyzn	280	10:00	01:13:56	02:49:02.70	02:49:02.70	+01:40:36 (59.5%)	14:05	4.3 (41.0%)
512	STANKIEWICZ Marta	3704		Open Kobiet	51	10:45	01:15:41	02:49:27.95	02:49:27.95	+01:41:01 (59.6%)	14:07	4.2 (40.0%)
513	MŁYNARCZYK Bartłomiej	3699		Open Mężczyzn	281	10:45	01:14:52	02:49:50.20	02:49:50.20	+01:41:23 (59.7%)	14:09	4.2 (40.0%)
514	PRZYTOCKI Wiktor	3701		Open Mężczyzn	282	10:45	01:15:40	02:49:57.95	02:49:57.95	+01:41:31 (59.7%)	14:09	4.2 (40.0%)
515	ŚLĘCZKOWSKI Karol	3703		Open Mężczyzn	283	10:45	01:14:57	02:50:04.15	02:50:04.15	+01:41:37 (59.8%)	14:10	4.2 (40.0%)
516	NOWAK Norbert	3314		Open Mężczyzn	284	08:45	01:19:04	02:50:04.65	02:50:04.65	+01:41:38 (59.8%)	14:10	4.2 (40.0%)
517	WYBRAŃCZYK Michał Piotr	3320		Open Mężczyzn	285	08:45	01:19:05	02:50:16.05	02:50:16.05	+01:41:49 (59.8%)	14:11	4.2 (40.0%)
518	BESSER Olga	3377		Open Kobiet	52	09:15	01:23:27	02:51:00.05	02:51:00.05	+01:42:33 (60.0%)	14:15	4.2 (40.0%)
519	WIŚNIEWSKA Anna	3395		Open Kobiet	53	09:15	01:23:28	02:51:07.70	02:51:07.70	+01:42:41 (60.0%)	14:15	4.2 (40.0%)
520	DĘBSKI Andrzej	3565	PSI PATOL	Open Mężczyzn	286	10:15	01:20:56	02:51:30.50	02:51:30.50	+01:43:03 (60.1%)	14:17	4.2 (40.0%)
521	WOJTUŃ Marcelina	3569	PSI PATOL	Open Kobiet	54	10:15	01:20:37	02:51:30.60	02:51:30.60	+01:43:03 (60.1%)	14:17	4.2 (40.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
522	SOBALA Mariusz	3172	BUCE Z KRONKSU	Open Mężczyzn	287	08:00	01:21:45	02:51:49.85	02:51:49.85	+01:43:23 (60.2%)	14:19	4.2 (40.0%)
523	WIŚNIEWSKA Ola	3173	BUCE Z KRONKSU	Open Kobiet	55	08:00	01:22:22	02:52:03.95	02:52:03.95	+01:43:37 (60.2%)	14:20	4.2 (40.0%)
524	SOBALA Arkadiusz	3171	BUCE Z KRONKSU	Open Mężczyzn	288	08:00	01:22:36	02:52:12.75	02:52:12.75	+01:43:46 (60.3%)	14:21	4.2 (40.0%)
525	GILARSKA Edyta	3300	PRZYBYŁKI	Open Kobiet	56	08:45	01:15:50	02:52:25.60	02:52:25.60	+01:43:58 (60.3%)	14:22	4.2 (40.0%)
526	KAJDA Marcin	3170	BUCE Z KRONKSU	Open Mężczyzn	289	08:00	01:22:53	02:52:27.50	02:52:27.50	+01:44:00 (60.3%)	14:22	4.2 (40.0%)
527	SZULC Adam	3303	PRZYBYŁKI	Open Masters Mężczyzn	69	08:45	01:15:31	02:52:27.60	02:52:27.60	+01:44:00 (60.3%)	14:22	4.2 (40.0%)
528	PRZYBYŁO Mateusz	3302	PRZYBYŁKI	Open Masters Mężczyzn	70	08:45	01:15:27	02:52:27.65	02:52:27.65	+01:44:01 (60.3%)	14:22	4.2 (40.0%)
529	MODZELAN-PRZYBYŁO Jolanta	3301	PRZYBYŁKI	Open Masters Kobiet	20	08:45	01:15:33	02:52:28.00	02:52:28.00	+01:44:01 (60.3%)	14:22	4.2 (40.0%)
530	RUDKIEWICZ Paweł	3433		Open Mężczyzn	290	10:15	01:20:33	02:53:13.05	02:53:13.05	+01:44:46 (60.5%)	14:26	4.2 (40.0%)
531	IŻYKOWSKA Marta	3343		Open Kobiet	57	09:00	01:25:10	02:53:13.90	02:53:13.90	+01:44:47 (60.5%)	14:26	4.2 (40.0%)
532	KRAJEWSKI Tomasz	3117		Elite Mężczyzn	73	07:40	01:06:44	02:53:15.75	02:53:15.75	+01:44:49 (60.5%)	14:26	4.2 (40.0%)
533	SKUZIAK Mateusz	3434		Open Mężczyzn	291	10:15	01:20:35	02:53:23.70	02:53:23.70	+01:44:57 (60.5%)	14:26	4.2 (40.0%)
534	RATAJCZAK Agata	3533		Open Kobiet	58	10:00	01:20:30	02:53:27.20	02:53:27.20	+01:45:00 (60.5%)	14:27	4.2 (40.0%)
535	ŚMIGIELSKA Jagoda	3445	EY OCR TEAM	Open Kobiet	59	10:15	01:20:27	02:53:38.35	02:53:38.35	+01:45:11 (60.6%)	14:28	4.1 (39.0%)
536	FIGAS Jarosław	3733		Open Masters Mężczyzn	71	11:00	01:13:40	02:53:47.70	02:53:47.70	+01:45:21 (60.6%)	14:28	4.1 (39.0%)
537	KUCZBORSKI Jacek	3497	GREEN GOBLINS	Open Mężczyzn	292	10:00	01:20:47	02:54:03.65	02:54:03.65	+01:45:37 (60.7%)	14:30	4.1 (39.0%)
538	ABRAMCZYK Bernard	3441	EY OCR TEAM	Open Mężczyzn	293	10:15	01:20:17	02:54:06.75	02:54:06.75	+01:45:40 (60.7%)	14:30	4.1 (39.0%)
539	PASZEK Paweł	3561	AKS PROMIL	Open Mężczyzn	294	10:15	01:23:14	02:54:13.90	02:54:13.90	+01:45:47 (60.7%)	14:31	4.1 (39.0%)
540	MYTNIK Dawid	3589		Open Mężczyzn	295	10:15	01:09:45	02:54:23.65	02:54:23.65	+01:45:57 (60.8%)	14:31	4.1 (39.0%)
541	LEMIROWSKI Maciej	3560	AKS PROMIL	Open Mężczyzn	296	10:15	01:23:41	02:54:27.80	02:54:27.80	+01:46:01 (60.8%)	14:32	4.1 (39.0%)
542	PLUCHA Grzegorz	3432		Open Mężczyzn	297	09:00	01:25:12	02:56:32.50	02:56:32.50	+01:48:05 (61.2%)	14:42	4.1 (39.0%)
543	RODEK Karolina	3726	SAMEKONIE	Open Kobiet	60	11:00	01:20:48	02:58:04.15	02:58:04.15	+01:49:37 (61.6%)	14:50	4 (38.1%)
544	WYROBEK Michał	3728	SAMEKONIE	Open Mężczyzn	298	11:00	01:19:10	02:58:05.00	02:58:05.00	+01:49:38 (61.6%)	14:50	4 (38.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
545	WYROBEK Katarzyna	3727	SAMEKONIE	Open Kobiet	61	11:00	01:19:12	02:58:06.70	02:58:06.70	+01:49:40 (61.6%)	14:50	4 (38.1%)
546	NOGA Sławomir	3749		Open Mężczyzn	299	11:00	01:19:16	02:58:08.80	02:58:08.80	+01:49:42 (61.6%)	14:50	4 (38.1%)
547	LETKA Barbara	3551	2WSZP WROCŁAW	Open Masters Kobiet	21	10:15	01:24:17	02:59:06.00	02:59:06.00	+01:50:39 (61.8%)	14:55	4 (38.1%)
548	OTAWA Łukasz	3552	2WSZP WROCŁAW	Open Mężczyzn	300	10:15	01:27:54	02:59:28.20	02:59:28.20	+01:51:01 (61.9%)	14:57	4 (38.1%)
549	KASPRZYCKA-PYRA Justyna	3546	2WSZP WROCŁAW	Open Kobiet	62	10:15	01:23:23	02:59:28.40	02:59:28.40	+01:51:01 (61.9%)	14:57	4 (38.1%)
550	KRYGIER Mateusz	3548	2WSZP WROCŁAW	Open Mężczyzn	301	10:15	01:27:52	02:59:28.50	02:59:28.50	+01:51:01 (61.9%)	14:57	4 (38.1%)
551	ORLAK Dawid	3315		Open Mężczyzn	302	08:45	01:27:11	02:59:38.35	02:59:38.35	+01:51:11 (61.9%)	14:58	4 (38.1%)
552	MATUSZEWSKA Julia	3312		Open Kobiet	63	08:45	01:27:10	02:59:39.90	02:59:39.90	+01:51:13 (61.9%)	14:58	4 (38.1%)
553	GORTYCH Emil	3309		Open Mężczyzn	303	08:45	01:27:11	02:59:44.85	02:59:44.85	+01:51:18 (61.9%)	14:58	4 (38.1%)
554	SOWA Wojciech	3718	RED HOT CZYLI RUNNERS	Open Mężczyzn	304	11:00	01:21:46	02:59:59.75	02:59:59.75	+01:51:33 (62.0%)	14:59	4 (38.1%)
555	RÓŻEWSKA Martyna	3567	PSI PATOL	Open Kobiet	64	10:15	01:23:26	03:00:10.35	03:00:10.35	+01:51:43 (62.0%)	15:00	4 (38.1%)
556	PATON Iwona	3527		Open Kobiet	65	10:00	01:28:12	03:00:13.75	03:00:13.75	+01:51:47 (62.0%)	15:01	4 (38.1%)
557	WACHOWICZ Michał	3719	RED HOT CZYLI RUNNERS	Open Mężczyzn	305	11:00	01:21:55	03:00:21.05	03:00:21.05	+01:51:54 (62.0%)	15:01	4 (38.1%)
558	RÓŻEWSKI Michał	3568	PSI PATOL	Open Mężczyzn	306	10:15	01:25:33	03:00:22.05	03:00:22.05	+01:51:55 (62.1%)	15:01	4 (38.1%)
559	ŁAMRAD Żaneta	3485	#ZGINIEMY	Open Masters Kobiet	22	10:00	01:28:13	03:01:18.05	03:01:18.05	+01:52:51 (62.2%)	15:06	4 (38.1%)
560	MICHALIK Paula	3296	DON'T FOLLOW ME! I'M LOST TOO.	Open Kobiet	66	08:45	01:19:00	03:01:33.05	03:01:33.05	+01:53:06 (62.3%)	15:07	4 (38.1%)
561	NAKWASKI Bartek	3475		Open Masters Mężczyzn	72	09:45	01:25:38	03:01:45.15	03:01:45.15	+01:53:18 (62.3%)	15:08	4 (38.1%)
562	RYBIŃSKA Iwona	3478		Open Masters Kobiet	23	09:45	01:25:40	03:01:46.65	03:01:46.65	+01:53:20 (62.3%)	15:08	4 (38.1%)
563	GIERACKA Kasis	3446	PATO RODZINKA	Open Masters Kobiet	24	10:00	01:26:47	03:01:48.10	03:01:48.10	+01:53:21 (62.4%)	15:09	4 (38.1%)
564	SZCZEPANEK Beata	3449	PATO RODZINKA	Open Kobiet	67	10:00	01:26:42	03:01:48.30	03:01:48.30	+01:53:21 (62.4%)	15:09	4 (38.1%)
565	RAJKOWSKI Przemysław	3448	PATO RODZINKA	Open Masters Mężczyzn	73	10:00	01:26:56	03:01:50.15	03:01:50.15	+01:53:23 (62.4%)	15:09	4 (38.1%)
566	CHYB Daniel	3308		Open Mężczyzn	307	08:45	01:19:16	03:01:55.45	03:01:55.45	+01:53:28 (62.4%)	15:09	4 (38.1%)
567	KORONKIEWICZ-HUPAJŁO Małgorzata	3636		Open Kobiet	68	10:30	01:27:39	03:02:01.25	03:02:01.25	+01:53:34 (62.4%)	15:10	4 (38.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
568	LEWICKA Katarzyna	3486	#ZGINIEMY	Open Kobiet	69	08:45	01:25:55	03:02:02.35	03:02:02.35	+01:53:35 (62.4%)	15:10	4 (38.1%)
569	NAPORA Joanna	3487	#ZGINIEMY	Open Kobiet	70	08:45	01:25:57	03:02:02.45	03:02:02.45	+01:53:35 (62.4%)	15:10	4 (38.1%)
570	HUDECKI Andrzej	3511		Open Mężczyzn	308	10:00	01:26:51	03:02:05.10	03:02:05.10	+01:53:38 (62.4%)	15:10	4 (38.1%)
571	SAKAŁUS Paweł	3318		Open Mężczyzn	309	08:45	01:26:02	03:02:06.55	03:02:06.55	+01:53:39 (62.4%)	15:10	4 (38.1%)
572	HUPAJŁO Kamil	3630		Open Mężczyzn	310	10:30	01:27:33	03:02:11.35	03:02:11.35	+01:53:44 (62.4%)	15:10	4 (38.1%)
573	SIWY Tomasz	3535		Open Mężczyzn	311	10:00	01:26:53	03:02:14.85	03:02:14.85	+01:53:48 (62.4%)	15:11	4 (38.1%)
574	JEZELA Marcin	3074	CARBON SILESIA SPORT	Elite Mężczyzn	74	07:40	01:05:11	03:02:19.05	03:02:19.05	+01:53:52 (62.5%)	15:11	3.9 (37.1%)
575	SKARUPIŃSKI Mariusz	3784		Open Masters Mężczyzn	74	08:45	01:26:24	03:02:34.15	03:02:34.15	+01:54:07 (62.5%)	15:12	3.9 (37.1%)
576	CHOROBINSKI Adrian	3688		Open Mężczyzn	312	10:45	01:22:23	03:03:13.75	03:03:13.75	+01:54:47 (62.6%)	15:16	3.9 (37.1%)
577	HIC Sara	3736		Open Kobiet	71	11:00	01:30:11	03:03:15.30	03:03:15.30	+01:54:48 (62.7%)	15:16	3.9 (37.1%)
578	MILCZAREK Patryk	3748		Open Mężczyzn	313	11:00	01:27:14	03:03:18.70	03:03:18.70	+01:54:52 (62.7%)	15:16	3.9 (37.1%)
579	ROGOWSKI Kacper	3316		Open Mężczyzn	314	08:45	01:26:04	03:03:39.40	03:03:39.40	+01:55:12 (62.7%)	15:18	3.9 (37.1%)
580	SIERPIŃSKA Monika	3148	OBSTACLE CENTER TEAM	Elite Kobiet	3	07:50	01:21:20	03:03:45.35	03:03:45.35	+01:55:18 (62.8%)	15:18	3.9 (37.1%)
581	GAŃKO Karolina	3146	OBSTACLE CENTER TEAM	Open Kobiet	72	07:50	01:04:15	03:03:45.50	03:03:45.50	+01:55:18 (62.8%)	15:18	3.9 (37.1%)
582	WIECZORKIEWICZ Lech	3084	NIE W SZCZEPIONKĘ TEAM	Elite Masters Mężczyzn	21	07:40	01:08:10	03:03:53.15	03:03:53.15	+01:55:26 (62.8%)	15:19	3.9 (37.1%)
583	FRAĆKOWIAK Maciek	3380		Open Mężczyzn	315	09:15	01:25:16	03:03:58.05	03:03:58.05	+01:55:31 (62.8%)	15:19	3.9 (37.1%)
584	ŁADYKO Dawid	3386		Open Mężczyzn	316	09:15	01:24:30	03:04:08.65	03:04:08.65	+01:55:42 (62.8%)	15:20	3.9 (37.1%)
585	ŁADYKO Kamil	3792		Open Mężczyzn	317	09:15	01:25:14	03:04:13.70	03:04:13.70	+01:55:47 (62.8%)	15:21	3.9 (37.1%)
586	GWÓZDŹ-MARAS Weronika	3257	INTER GROUP	Open Kobiet	73	08:30		03:04:55.00	03:04:55.00	+01:56:28 (63.0%)	15:24	3.9 (37.1%)
587	MACIEJEWSKI Mateusz	3608	PŁOMIENNE BARANY I PASTERECZKA	Open Mężczyzn	318	10:30	01:15:19	03:05:19.50	03:05:19.50	+01:56:52 (63.1%)	15:26	3.9 (37.1%)
588	DYKO Bartosz	3026	MAD RUNNERS	Elite Mężczyzn	75	07:30	00:53:55	03:05:21.80	03:05:21.80	+01:56:55 (63.1%)	15:26	3.9 (37.1%)
589	MATERA Łukasz	3606	ŁAPSERDAKI	Open Mężczyzn	319	10:30	01:05:46	03:05:24.60	03:05:24.60	+01:56:57 (63.1%)	15:27	3.9 (37.1%)
590	DABRYNEUSKI Dzmitry	3626		Open Mężczyzn	320	10:30	01:09:34	03:06:02.70	03:06:02.70	+01:57:36 (63.2%)	15:30	3.9 (37.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
591	MARKOWICZ Ewelina	3135	CARBON SILESIA SPORT	Open Kobiet	74	07:50	01:07:06	03:08:11.10	03:08:11.10	+01:59:44 (63.6%)	15:40	3.8 (36.2%)
592	PAWLIKOWSKA-ŚLĘCZKOWSKA Zuzanna	3155	WARRIORS ŁÓDŹ	Open Kobiet	75	07:50	01:12:11	03:08:31.15	03:08:31.15	+02:00:04 (63.7%)	15:42	3.8 (36.2%)
593	CHABROWSKA Joanna	3182	OBSTACLE CENTER TEAM	Open Kobiet	76	08:00	01:31:00	03:09:15.15	03:09:15.15	+02:00:48 (63.8%)	15:46	3.8 (36.2%)
594	GAŃKO Katarzyna	3225	OBSTACLE CENTER TEAM	Open Masters Kobiet	25	08:00	01:30:51	03:09:30.65	03:09:30.65	+02:01:04 (63.9%)	15:47	3.8 (36.2%)
595	MARDZYŃSKI Igor	3638		Open Mężczyzn	321	10:30	01:35:29	03:12:35.55	03:12:35.55	+02:04:08 (64.5%)	16:02	3.7 (35.2%)
596	MARKIEWICZ Łukasz	3639		Open Mężczyzn	322	10:30	01:35:28	03:12:50.95	03:12:50.95	+02:04:24 (64.5%)	16:04	3.7 (35.2%)
597	LUKAS Małgorzata	3374	OSPRO OCR	Open Kobiet	77	09:15	01:32:37	03:12:52.35	03:12:52.35	+02:04:25 (64.5%)	16:04	3.7 (35.2%)
598	LUKAS Mateusz	3388		Open Mężczyzn	323	09:15	01:32:24	03:13:08.65	03:13:08.65	+02:04:42 (64.6%)	16:05	3.7 (35.2%)
599	ZIMOŃ Adam	3370	BŁOTNE ŚWIRY	Open Mężczyzn	324	09:15	01:51:13	03:13:35.10	03:13:35.10	+02:05:08 (64.6%)	16:07	3.7 (35.2%)
600	STOBIERSKA Wiktoria	3369	BŁOTNE ŚWIRY	Open Kobiet	78	09:15	01:51:12	03:13:36.00	03:13:36.00	+02:05:09 (64.6%)	16:08	3.7 (35.2%)
601	KUCZAJ Mateusz	3597	BOMBELKOWY SKŁAD	Open Mężczyzn	325	10:30	01:36:15	03:13:36.95	03:13:36.95	+02:05:10 (64.6%)	16:08	3.7 (35.2%)
602	MITKA Karolina	3598	BOMBELKOWY SKŁAD	Open Kobiet	79	10:30		03:13:46.10	03:13:46.10	+02:05:19 (64.7%)	16:08	3.7 (35.2%)
603	DUTKIEWICZ Bogusz	3545	2WSZP WROCŁAW	Open Mężczyzn	326	10:15	01:34:58	03:13:56.30	03:13:56.30	+02:05:29 (64.7%)	16:09	3.7 (35.2%)
604	BANIK Mateusz	3541	2WSZP WROCŁAW	Open Mężczyzn	327	10:15	01:34:55	03:13:59.95	03:13:59.95	+02:05:33 (64.7%)	16:09	3.7 (35.2%)
605	NAPIERAJ Katarzyna	3136	CARBON SILESIA SPORT	Open Kobiet	80	07:50	00:57:11	03:14:16.30	03:14:16.30	+02:05:49 (64.8%)	16:11	3.7 (35.2%)
606	ŁĘPICKI Mateusz	3601	LEMON TEAM	Open Mężczyzn	328	10:30	01:17:03	03:14:49.80	03:14:49.80	+02:06:23 (64.9%)	16:14	3.7 (35.2%)
607	SZADY Aga	3554	2WSZP WROCŁAW	Open Kobiet	81	10:15	01:38:28	03:15:02.55	03:15:02.55	+02:06:35 (64.9%)	16:15	3.7 (35.2%)
608	MOWCZAN Alicja	3619	ŻAGAŃSKIE BOBERKI B)	Open Kobiet	82	10:30	01:35:47	03:15:50.40	03:15:50.40	+02:07:23 (65.1%)	16:19	3.7 (35.2%)
609	SUĆKO Marcel	3103	WF TEAM	Open Mężczyzn	329	07:40	01:18:11	03:16:01.55	03:16:01.55	+02:07:34 (65.1%)	16:20	3.7 (35.2%)
610	SKIBA Oliwia	3621	ŻAGAŃSKIE BOBERKI B)	Open Kobiet	83	10:30	01:36:01	03:16:09.45	03:16:09.45	+02:07:42 (65.1%)	16:20	3.7 (35.2%)
611	SIKORA Konstanty	3620	ŻAGAŃSKIE BOBERKI B)	Open Mężczyzn	330	10:30	01:36:04	03:16:15.75	03:16:15.75	+02:07:49 (65.1%)	16:21	3.7 (35.2%)
612	WRONECKA Paulina	3556	2WSZP WROCŁAW	Open Kobiet	84	10:15		03:16:59.00	03:16:59.00	+02:08:32 (65.3%)	16:24	3.7 (35.2%)
613	PIOTROWSKI Bartosz	3399	BARY KAPIBARY	Open Mężczyzn	331	09:30	01:19:52	03:17:01.55	03:17:01.55	+02:08:34 (65.3%)	16:25	3.7 (35.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
614	CYBULSKA Katarzyna	3279		Open Kobiet	85	08:30	01:26:34	03:17:10.30	03:17:10.30	+02:08:43 (65.3%)	16:25	3.7 (35.2%)
615	KRÓLIKOWSKI Jakub	3398	BARY KAPIBARY	Open Mężczyzn	332	09:30	01:20:07	03:17:30.50	03:17:30.50	+02:09:03 (65.3%)	16:27	3.6 (34.3%)
616	OSTROWSKA Martyna	3264	MOVEMENT ARENA SUWAŁKI	Open Kobiet	86	08:30	01:26:33	03:17:34.80	03:17:34.80	+02:09:08 (65.4%)	16:27	3.6 (34.3%)
617	ŁADYKO Kamil	3387		Open Mężczyzn	333	08:30	01:26:32	03:17:49.65	03:17:49.65	+02:09:23 (65.4%)	16:29	3.6 (34.3%)
618	NOWICKI Maciej	3389		Open Mężczyzn	334	09:15	01:35:08	03:17:50.50	03:17:50.50	+02:09:23 (65.4%)	16:29	3.6 (34.3%)
619	TROJANOWSKA Maria	3394		Open Kobiet	87	09:15	01:35:44	03:18:04.50	03:18:04.50	+02:09:37 (65.4%)	16:30	3.6 (34.3%)
620	BRZEZIŃSKI Piotr	3378		Open Mężczyzn	335	09:15	01:35:06	03:18:19.85	03:18:19.85	+02:09:53 (65.5%)	16:31	3.6 (34.3%)
621	KUCHARSKA Katarzyna	3384		Open Kobiet	88	09:15	01:35:34	03:18:27.75	03:18:27.75	+02:10:01 (65.5%)	16:32	3.6 (34.3%)
622	RASZCZYK Zuzanna	3391		Open Kobiet	89	09:15	01:35:39	03:18:40.25	03:18:40.25	+02:10:13 (65.5%)	16:33	3.6 (34.3%)
623	SAJBURA Adam	3392		Open Mężczyzn	336	09:15	01:35:38	03:18:51.20	03:18:51.20	+02:10:24 (65.6%)	16:34	3.6 (34.3%)
624	KOZIOŁ Barbara	3743		Open Kobiet	90	11:00	01:45:00	03:19:48.80	03:19:48.80	+02:11:22 (65.7%)	16:39	3.6 (34.3%)
625	JANISZEWSKI Jeremiasz	3695		Open Mężczyzn	337	10:45	01:25:57	03:20:46.20	03:20:46.20	+02:12:19 (65.9%)	16:43	3.6 (34.3%)
626	GARSTECKI Jan	3692		Open Mężczyzn	338	10:45	01:25:58	03:20:54.90	03:20:54.90	+02:12:28 (65.9%)	16:44	3.6 (34.3%)
627	BARAŃSKA Ania	3614	TOMB RAIDERS	Open Kobiet	91	10:30	01:44:53	03:21:37.65	03:21:37.65	+02:13:11 (66.1%)	16:48	3.6 (34.3%)
628	GĄDEK-SERWIN Karolina	3615	TOMB RAIDERS	Open Kobiet	92	10:30	01:44:49	03:21:38.10	03:21:38.10	+02:13:11 (66.1%)	16:48	3.6 (34.3%)
629	PIETRZYKOWSKI Michał	3674	UNITED KRAV MAGA WROCŁAW	Open Mężczyzn	339	10:45	01:41:39	03:21:58.10	03:21:58.10	+02:13:31 (66.1%)	16:49	3.6 (34.3%)
630	KUBASIK Łukasz	3664	UNITED KRAV MAGA WROCŁAW	Open Masters Mężczyzn	75	10:45	01:40:54	03:22:04.60	03:22:04.60	+02:13:37 (66.1%)	16:50	3.6 (34.3%)
631	GREGOR Adam	3443	EY OCR TEAM	Open Mężczyzn	340	09:45	01:53:54	03:23:28.85	03:23:28.85	+02:15:02 (66.4%)	16:57	3.5 (33.3%)
632	ŻUKOWSKA Karolina	3406	EKSY	Open Kobiet	93	09:30	01:13:22	03:26:04.05	03:26:04.05	+02:17:37 (66.8%)	17:10	3.5 (33.3%)
633	LESIAK Aleksandra	3404	EKSY	Open Kobiet	94	09:30	01:13:30	03:26:10.75	03:26:10.75	+02:17:44 (66.8%)	17:10	3.5 (33.3%)
634	RADUCKI Błażej	3677	UNITED KRAV MAGA WROCŁAW	Open Mężczyzn	341	10:45	01:41:19	03:26:42.95	03:26:42.95	+02:18:16 (66.9%)	17:13	3.5 (33.3%)
635	JANKOWSKA Marta	3658	UNITED KRAV MAGA WROCŁAW	Open Kobiet	95	10:45	01:42:06	03:26:50.05	03:26:50.05	+02:18:23 (66.9%)	17:14	3.5 (33.3%)
636	JUŚ Piotr	3713	KUJONY Z MATFIZU	Open Mężczyzn	342	11:00	01:36:20	03:27:33.75	03:27:33.75	+02:19:07 (67.0%)	17:17	3.5 (33.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
637	MEŁECH Sławomir	3770		Open Mężczyzn	343	11:00	01:44:24	03:27:47.85	03:27:47.85	+02:19:21 (67.1%)	17:18	3.5 (33.3%)
638	PŁUSA Adam	3676	UNITED KRAV MAGA WROCŁAW	Open Mężczyzn	344	10:45	01:41:47	03:28:52.45	03:28:52.45	+02:20:25 (67.2%)	17:24	3.4 (32.4%)
639	TUCHYK Dmytro	3685	UNITED KRAV MAGA WROCŁAW	Open Mężczyzn	345	10:45	01:40:27	03:28:58.35	03:28:58.35	+02:20:31 (67.2%)	17:24	3.4 (32.4%)
640	GOŁĘBIEWSKA Anna	3653	UNITED KRAV MAGA WROCŁAW	Open Kobiet	96	10:45	01:40:24	03:28:59.00	03:28:59.00	+02:20:32 (67.2%)	17:24	3.4 (32.4%)
641	CHRUSZCZ Dariusz	3453	UNITED KRAV MAGA WROCŁAW	Open Masters Mężczyzn	76	10:45	01:38:32	03:28:59.15	03:28:59.15	+02:20:32 (67.2%)	17:24	3.4 (32.4%)
642	WOJNAR Mateusz	3686	UNITED KRAV MAGA WROCŁAW	Open Mężczyzn	346	10:45	01:40:23	03:28:59.30	03:28:59.30	+02:20:32 (67.2%)	17:24	3.4 (32.4%)
642	HARAJ Małgorzata	3655	UNITED KRAV MAGA WROCŁAW	Open Masters Kobiet	26	10:45	01:42:48	03:28:59.30	03:28:59.30	+02:20:32 (67.2%)	17:24	3.4 (32.4%)
644	SZYSZKA Joanna	3683	UNITED KRAV MAGA WROCŁAW	Open Masters Kobiet	27	10:45	01:38:29	03:28:59.60	03:28:59.60	+02:20:32 (67.3%)	17:24	3.4 (32.4%)
645	NOWICKA Katarzyna	3671	UNITED KRAV MAGA WROCŁAW	Open Kobiet	97	10:45	01:40:45	03:28:59.90	03:28:59.90	+02:20:33 (67.3%)	17:24	3.4 (32.4%)
646	BOBIKAU Dzianis	3452	UNITED KRAV MAGA WROCŁAW	Open Masters Mężczyzn	77	10:45	01:40:06	03:29:00.25	03:29:00.25	+02:20:33 (67.3%)	17:25	3.4 (32.4%)
647	SUSZKIEWICZ Marcin	3681	UNITED KRAV MAGA WROCŁAW	Open Masters Mężczyzn	78	10:45	01:40:02	03:29:00.35	03:29:00.35	+02:20:33 (67.3%)	17:25	3.4 (32.4%)
648	KRASZEWSKA Małgorzata	3661	UNITED KRAV MAGA WROCŁAW	Open Masters Kobiet	28	10:45	01:37:25	03:29:00.70	03:29:00.70	+02:20:34 (67.3%)	17:25	3.4 (32.4%)
649	MISIAK Piotr	3670	UNITED KRAV MAGA WROCŁAW	Open Masters Mężczyzn	79	10:45	01:38:48	03:29:00.80	03:29:00.80	+02:20:34 (67.3%)	17:25	3.4 (32.4%)
650	MIKOŁAJCZYK Aleksandra	3669	UNITED KRAV MAGA WROCŁAW	Open Kobiet	98	10:45	01:42:57	03:29:01.25	03:29:01.25	+02:20:34 (67.3%)	17:25	3.4 (32.4%)
651	BARNAŚ Sandra	3571	UNITED KRAV MAGA WROCŁAW	Open Kobiet	99	10:45	01:39:48	03:29:01.30	03:29:01.30	+02:20:34 (67.3%)	17:25	3.4 (32.4%)
651	LUBOWIECKA Kamila	3454	UNITED KRAV MAGA WROCŁAW	Open Masters Kobiet	29	10:45	01:42:20	03:29:01.30	03:29:01.30	+02:20:34 (67.3%)	17:25	3.4 (32.4%)
651	ŚCISŁOWSKA Marta	3679	UNITED KRAV MAGA WROCŁAW	Open Kobiet	99	10:45	01:41:51	03:29:01.30	03:29:01.30	+02:20:34 (67.3%)	17:25	3.4 (32.4%)
654	WOJNAR Sandra	3459	UNITED KRAV MAGA WROCŁAW	Open Kobiet	101	10:45	01:42:42	03:29:02.00	03:29:02.00	+02:20:35 (67.3%)	17:25	3.4 (32.4%)
655	SEGODIN Oleksii	3457	UNITED KRAV MAGA WROCŁAW	Open Mężczyzn	347	10:45	01:37:45	03:29:02.05	03:29:02.05	+02:20:35 (67.3%)	17:25	3.4 (32.4%)
656	ŁUKOWIAK Jakub	3666	UNITED KRAV MAGA WROCŁAW	Open Mężczyzn	348	10:45	01:40:34	03:29:02.40	03:29:02.40	+02:20:35 (67.3%)	17:25	3.4 (32.4%)
657	HARATYK Daniel	3656	UNITED KRAV MAGA WROCŁAW	Open Masters Mężczyzn	80	10:45	01:40:28	03:29:02.75	03:29:02.75	+02:20:36 (67.3%)	17:25	3.4 (32.4%)
658	OTTA Marcin	3455	UNITED KRAV MAGA WROCŁAW	Open Masters Mężczyzn	81	10:45	01:38:30	03:29:03.05	03:29:03.05	+02:20:36 (67.3%)	17:25	3.4 (32.4%)
659	GŁOWIENKOWSKI Paweł	3652	UNITED KRAV MAGA WROCŁAW	Open Masters Mężczyzn	82	10:45	01:39:42	03:29:03.35	03:29:03.35	+02:20:36 (67.3%)	17:25	3.4 (32.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
660	KRASZEWSKI-RZEPA Adrian	3662	UNITED KRAV MAGA WROCLAW	Open Masters Mężczyzn	83	10:45	01:41:03	03:29:03.40	03:29:03.40	+02:20:36 (67.3%)	17:25	3.4 (32.4%)
661	JAGODZIŃSKI Marcin	3657	UNITED KRAV MAGA WROCLAW	Open Mężczyzn	349	10:45	01:41:18	03:29:03.65	03:29:03.65	+02:20:37 (67.3%)	17:25	3.4 (32.4%)
662	MATOGA Magdalena	3667	UNITED KRAV MAGA WROCLAW	Open Kobiet	102	10:45	01:40:41	03:29:04.00	03:29:04.00	+02:20:37 (67.3%)	17:25	3.4 (32.4%)
662	GROCHMAL Tomasz	3654	UNITED KRAV MAGA WROCLAW	Open Mężczyzn	350	10:45	01:40:25	03:29:04.00	03:29:04.00	+02:20:37 (67.3%)	17:25	3.4 (32.4%)
664	SOJKA Krzysztof	3680	UNITED KRAV MAGA WROCLAW	Open Masters Mężczyzn	84	10:45	01:42:02	03:29:04.25	03:29:04.25	+02:20:37 (67.3%)	17:25	3.4 (32.4%)
665	KRUK Wiktoria	3663	UNITED KRAV MAGA WROCLAW	Open Kobiet	103	10:45		03:29:05.10	03:29:05.10	+02:20:38 (67.3%)	17:25	3.4 (32.4%)
666	TARCZYŃSKI Kamil	3684	UNITED KRAV MAGA WROCLAW	Open Mężczyzn	351	10:45	01:37:06	03:29:05.25	03:29:05.25	+02:20:38 (67.3%)	17:25	3.4 (32.4%)
667	RZYSKI Patrycjusz	3678	UNITED KRAV MAGA WROCLAW	Open Masters Mężczyzn	85	10:45	01:41:15	03:29:05.40	03:29:05.40	+02:20:38 (67.3%)	17:25	3.4 (32.4%)
668	KOWALSKI Jacek	3572	UNITED KRAV MAGA WROCLAW	Open Masters Mężczyzn	86	10:45	01:42:25	03:29:05.55	03:29:05.55	+02:20:38 (67.3%)	17:25	3.4 (32.4%)
669	NOWAK Patryk	3590		Open Mężczyzn	352	10:15	01:30:35	03:29:39.35	03:29:39.35	+02:21:12 (67.4%)	17:28	3.4 (32.4%)
670	TUREK Patryk	3593		Open Mężczyzn	353	10:15	01:30:34	03:29:39.65	03:29:39.65	+02:21:13 (67.4%)	17:28	3.4 (32.4%)
671	KOZOK Michalina	3262	KLONO TEAM	Open Kobiet	104	08:30	01:34:06	03:29:40.45	03:29:40.45	+02:21:13 (67.4%)	17:28	3.4 (32.4%)
672	RYK Rafał	3609	ROYAL	Open Mężczyzn	354	10:30	01:39:59	03:29:45.60	03:29:45.60	+02:21:18 (67.4%)	17:28	3.4 (32.4%)
673	JAMRO Krzysztof	3259	KLONO TEAM	Open Mężczyzn	355	08:30	01:35:01	03:29:57.75	03:29:57.75	+02:21:31 (67.4%)	17:29	3.4 (32.4%)
674	KARWAT Robert	3260	KLONO TEAM	Open Masters Mężczyzn	87	08:30	01:30:22	03:31:05.45	03:31:05.45	+02:22:38 (67.6%)	17:35	3.4 (32.4%)
675	KLUSKA Zuzanna	3261	KLONO TEAM	Open Kobiet	105	08:30	01:33:18	03:32:17.95	03:32:17.95	+02:23:51 (67.8%)	17:41	3.4 (32.4%)
676	DĄBROWSKI Igor	3612	STRACH I CIERPIENIE	Open Mężczyzn	356	10:30	01:39:41	03:32:22.75	03:32:22.75	+02:23:56 (67.8%)	17:41	3.4 (32.4%)
677	ŚWITECKA Paula	3682	UNITED KRAV MAGA WROCLAW	Open Kobiet	106	10:45		03:32:48.25	03:32:48.25	+02:24:21 (67.8%)	17:44	3.4 (32.4%)
678	LUBERT Grzegorz	3263	KLONO TEAM	Open Mężczyzn	357	08:30	01:33:38	03:33:15.50	03:33:15.50	+02:24:48 (67.9%)	17:46	3.4 (32.4%)
679	MARZEC Karol	3285		Open Mężczyzn	358	08:30	01:26:21	03:33:58.30	03:33:58.30	+02:25:31 (68.0%)	17:49	3.4 (32.4%)
680	WOJTAS Konrad	3711	GANG DZIKICH DZBANIORÓW	Open Mężczyzn	359	10:00	01:33:11	03:37:45.75	03:37:45.75	+02:29:19 (68.6%)	18:08	3.3 (31.4%)
681	ŚLIWIŃSKA Patrycja	3710	GANG DZIKICH DZBANIORÓW	Open Kobiet	107	10:00	01:32:58	03:37:51.10	03:37:51.10	+02:29:24 (68.6%)	18:09	3.3 (31.4%)
682	GADOMSKI Łukasz	3709	GANG DZIKICH DZBANIORÓW	Open Mężczyzn	360	10:00	01:32:59	03:37:54.45	03:37:54.45	+02:29:27 (68.6%)	18:09	3.3 (31.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
683	DADELEWSKA Joanna	3165	PIĘKNI I BESTIE	Open Masters Kobiet	30	07:50	01:40:15	03:45:52.05	03:45:52.05	+02:37:25 (69.7%)	18:49	3.2 (30.5%)
684	KUCZKOWSKA Marta	3139	EX TEAM	Open Kobiet	108	07:50	01:40:15	03:46:02.05	03:46:02.05	+02:37:35 (69.7%)	18:50	3.2 (30.5%)
685	OLEŃDZKI Marcin	3127		Elite Mężczyzn	76	07:40	01:19:13	03:50:08.15	03:50:08.15	+02:41:41 (70.3%)	19:10	3.1 (29.5%)
686	PODDEBNIAK Małgorzata	3156	WARRIORS ŁÓDŹ	Open Kobiet	109	07:50	01:40:03	03:54:10.50	03:54:10.50	+02:45:43 (70.8%)	19:30	3.1 (29.5%)
687	OŹÓG Mateusz	3600	JAK ŻÓŁWIE W GALOPIE	Open Mężczyzn	361	10:30	01:53:54	04:02:06.10	04:02:06.10	+02:53:39 (71.7%)	20:10	3 (28.6%)
688	RĄPAŁA Anna	3777		Open Kobiet	110	10:30	01:53:57	04:02:07.35	04:02:07.35	+02:53:40 (71.7%)	20:10	3 (28.6%)
689	POLUS Piotr Peter	3033	POWER TRAINING	Open Mężczyzn	362	10:30	01:53:28	04:03:05.50	04:03:05.50	+02:54:38 (71.8%)	20:15	3 (28.6%)
690	BUCHOWSKA Joanna Alicja	3417		Open Kobiet	111	10:15	01:58:59	04:08:14.60	04:08:14.60	+02:59:47 (72.4%)	20:41	2.9 (27.6%)
691	DITRICH Adrian	3073	CARBON SILESIA SPORT	Open Mężczyzn	363	07:40	01:05:14	04:31:36.10	04:31:36.10	+03:23:09 (74.8%)	22:38	2.7 (25.7%)
692	RYBAK Dawid	3020	K.S. CROSS SPORT WODZISŁAW ŚLĄSKI	Open Mężczyzn	364	07:30	00:37:31			+00:02:55	6:15	9.6 (91.4%)
693	MACIUSZEK Julia	3153	RUNMAGEDDON TEAM	Open Kobiet	112	07:50	00:48:36			+00:37:03	8:06	7.4 (70.5%)
694	PODOBINSKI Wiesław	3163	MAD RUNNERS	Open Mężczyzn	365	07:30	00:49:12			+00:14:37	8:12	7.3 (69.5%)
695	SZCZUKOWSKI Michał	3069		Open Masters Mężczyzn	88	07:30	00:54:36			+00:20:00	9:06	6.6 (62.9%)
696	JAKUBOWSKI Rafał	3111		Open Mężczyzn	366	07:40	00:54:39			+00:30:15	9:06	6.6 (62.9%)
697	TARABUŁA Jan	3791		Open Mężczyzn	367	09:00	01:00:16			+01:49:54	10:02	6 (57.1%)
698	DORUŻYŃSKI Paweł	3510		Open Mężczyzn	368	10:00	01:00:21			+02:48:46	10:03	6 (57.1%)
699	ŻURAWIK Filip	3717	KUJONY Z MATFIZU	Open Mężczyzn	369	11:00	01:02:43			+03:56:30	10:27	5.7 (54.3%)
700	PINKAS Paweł	3675	UNITED KRAV MAGA WROCŁAW	Open Mężczyzn	370	10:45	01:14:35			+03:52:29	12:25	4.8 (45.7%)
701	MAZUREK Mariusz	3668	UNITED KRAV MAGA WROCŁAW	Open Masters Mężczyzn	89	10:45	01:40:10			+04:18:04	16:41	3.6 (34.3%)
702	KAJSTURA Justyna	3631		Open Kobiet	113	10:30						(0.0%)
703	MITRASZEWSKI Maciej	3790		Open Mężczyzn	371	09:00						(0.0%)
704	TANIUKIEWICZ Krzysztof	3759		Open Mężczyzn	372	11:00						(0.0%)
705	SZEWCZAK Patryk	3393		Open Mężczyzn	373	09:15						(0.0%)

Znaleziono 705 wynik(ów)