

Wydarzenie: Runmageddon Wrocław
Organizator: Extreme Events, Runmageddon
Data: 2019-04-14
Miejsce: Wrocław
Dystans: 12 km

Klasyfikacja: Open Kobiet

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RM 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	CIEŚLAK Kinga	5729	WW TEAM LUBLIN	Open Kobiet	1	12:30	00:54:25	01:43:20.95	01:43:20.95		8:36	7 (100%)
2	PAŁUSKA Małgorzata	5662	CROSSTEAM ZGORZELEC	Open Kobiet	2	12:30	00:54:58	01:43:59.45	01:43:59.45	+00:00:38 (0.6%)	8:39	6.9 (98.6%)
3	PAKUZOVÁ Andrea	5869	UBRECENE PRINCEZNY	Open Masters Kobiet	1	12:45	00:52:35	01:45:41.75	01:45:41.75	+00:02:20 (2.2%)	8:48	6.8 (97.1%)
4	BEJTKA Małgorzata	5532	LANIE WODY	Open Kobiet	3	12:15	00:57:48	01:52:13.50	01:52:13.50	+00:08:52 (7.9%)	9:21	6.4 (91.4%)
5	KOTECKA Julita	5468		Open Kobiet	4	12:00	00:54:45	01:54:07.85	01:54:07.85	+00:10:46 (9.4%)	9:30	6.3 (90.0%)
6	POPIOŁEK Magdalena	5975	NO LIMIT TEAM	Open Kobiet	5	12:15	00:56:49	01:55:38.80	01:55:38.80	+00:12:17 (10.6%)	9:38	6.2 (88.6%)
7	ŻUKOWSKA Anna	6350	AKWA TEAM NYSA	Open Masters Kobiet	2	13:45	01:02:04	01:55:53.15	01:55:53.15	+00:12:32 (10.8%)	9:39	6.2 (88.6%)
8	MIKICIUK Natalia	6408	TO TYLKO MIŁOŚĆ	Open Kobiet	6	13:45	01:04:34	01:57:46.30	01:57:46.30	+00:14:25 (12.2%)	9:48	6.1 (87.1%)
9	MIKUŁA Agnieszka	5319		Open Kobiet	7	11:45	01:00:11	01:58:29.25	01:58:29.25	+00:15:08 (12.8%)	9:52	6.1 (87.1%)
10	URBANIAK Natalia	5296	WYBRAŃCY NETTLE	Open Kobiet	8	11:45	01:01:14	02:00:48.60	02:00:48.60	+00:17:27 (14.5%)	10:04	6 (85.7%)
11	RYBKA Zuzanna	5523	HUSARIA RACE TEAM	Open Kobiet	9	12:15	00:58:45	02:02:02.80	02:02:02.80	+00:18:41 (15.3%)	10:10	5.9 (84.3%)
12	MŁYNARCZYK Tatiana	5225	HUSARIA RACE TEAM	Open Kobiet	10	11:45	01:00:53	02:02:08.40	02:02:08.40	+00:18:47 (15.4%)	10:10	5.9 (84.3%)
13	LUBICKA Magdalena	5896		Open Kobiet	11	12:45	00:58:42	02:02:25.35	02:02:25.35	+00:19:04 (15.6%)	10:12	5.9 (84.3%)
14	GREC Klaudia	5402	HUSARIA RACE TEAM	Open Kobiet	12	12:00	01:00:56	02:03:13.65	02:03:13.65	+00:19:52 (16.1%)	10:16	5.8 (82.9%)
15	RAK Alicja	5248	LAWYERS & ABC TEAM	Open Kobiet	13	11:45	01:06:45	02:04:24.70	02:04:24.70	+00:21:03 (16.9%)	10:22	5.8 (82.9%)
15	MASNY-JARMUNDOWICZ Marta	5247	LAWYERS & ABC TEAM	Open Kobiet	14	11:45	01:06:45	02:04:24.70	02:04:24.70	+00:21:03 (16.9%)	10:22	5.8 (82.9%)

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								netto 12km	brutto 12km			
17	KAMIŃSKA Marietta	5585	ZADYSZKA TEAM	Open Kobiet	15	12:15	01:01:36	02:05:57.30	02:05:57.30	+00:22:36 (17.9%)	10:29	5.7 (81.4%)
18	LOTEK Ela	6873	KOCIERZ TEAM	Open Kobiet	16	14:15	01:02:21	02:06:40.30	02:06:40.30	+00:23:19 (18.4%)	10:33	5.7 (81.4%)
19	SZLAGOWSKA-KAPITANOWICZ Monika	6799		Open Masters Kobiet	3	14:15		02:06:49.00	02:06:49.00	+00:23:28 (18.5%)	10:34	5.7 (81.4%)
20	FLOREK Katarzyna	5430	TURBOTEAM	Open Kobiet	17	12:00	01:04:32	02:07:48.65	02:07:48.65	+00:24:27 (19.1%)	10:39	5.6 (80.0%)
20	DREKO Anna	5428	TURBOTEAM	Open Kobiet	18	12:00	01:04:34	02:07:48.65	02:07:48.65	+00:24:27 (19.1%)	10:39	5.6 (80.0%)
22	GRYNBERG Urszula	6485	#SZPORTOWE ŚWIRY	Open Kobiet	19	14:00	01:05:48	02:09:04.15	02:09:04.15	+00:25:43 (19.9%)	10:45	5.6 (80.0%)
23	KULIGOWSKA Małgorzata	6304		Open Masters Kobiet	4	13:30	01:01:09	02:09:44.40	02:09:44.40	+00:26:23 (20.3%)	10:48	5.5 (78.6%)
24	PAŁASZEWSKA Karolina	5323		Open Kobiet	20	11:45	01:07:34	02:09:55.00	02:09:55.00	+00:26:34 (20.4%)	10:49	5.5 (78.6%)
25	PAWLACZEK Anna	5281	WATAHA	Open Masters Kobiet	5	11:45	01:06:57	02:09:58.95	02:09:58.95	+00:26:38 (20.5%)	10:49	5.5 (78.6%)
26	SOBCZYK Anna	6421	XXXX	Open Kobiet	21	13:45	01:06:29	02:10:20.70	02:10:20.70	+00:26:59 (20.7%)	10:51	5.5 (78.6%)
27	DOMBKOWSKA Gabriela	6227	JA I ONA	Open Kobiet	22	13:30	01:00:28	02:11:08.30	02:11:08.30	+00:27:47 (21.2%)	10:55	5.5 (78.6%)
28	BANCEREK Agata	6672	SMP TEAM	Open Kobiet	23	14:15	01:05:00	02:11:27.15	02:11:27.15	+00:28:06 (21.4%)	10:57	5.5 (78.6%)
29	MACHURA Ania	6530	HARPAGAN BEAST	Open Kobiet	24	14:00	01:06:39	02:11:41.75	02:11:41.75	+00:28:20 (21.5%)	10:58	5.5 (78.6%)
30	SZYMONOWICZ Renata	6196		Open Masters Kobiet	6	13:15	01:10:34	02:12:04.30	02:12:04.30	+00:28:43 (21.7%)	11:00	5.5 (78.6%)
31	BUKACKA Irena	5452		Open Kobiet	25	12:00	00:53:16	02:12:10.15	02:12:10.15	+00:28:49 (21.8%)	11:00	5.4 (77.1%)
32	POPIELA-KUKUŚ Katarzyna	5282	WATAHA	Open Kobiet	26	11:45	01:06:03	02:12:19.65	02:12:19.65	+00:28:58 (21.9%)	11:01	5.4 (77.1%)
33	KROCZEK Olga	5749		Open Kobiet	27	12:30	01:06:34	02:13:06.80	02:13:06.80	+00:29:45 (22.4%)	11:05	5.4 (77.1%)
34	BOĆKO Ewa	5279	WATAHA	Open Kobiet	28	11:45	01:06:41	02:13:36.70	02:13:36.70	+00:30:15 (22.6%)	11:08	5.4 (77.1%)
35	KILARSKA Barbara	6365	CROSS HEROES - OGIEŃ!	Open Kobiet	29	13:45	01:06:44	02:13:41.10	02:13:41.10	+00:30:20 (22.7%)	11:08	5.4 (77.1%)
36	KALETA Patrycja	6494	AKADEMIA ZDROWEGO CIAŁA	Open Kobiet	30	14:00	01:11:43	02:14:09.20	02:14:09.20	+00:30:48 (23.0%)	11:10	5.4 (77.1%)
37	STRZAŁKOWSKA Miłka	6498	AKADEMIA ZDROWEGO CIAŁA	Open Kobiet	31	14:00	01:07:08	02:14:10.10	02:14:10.10	+00:30:49 (23.0%)	11:10	5.4 (77.1%)
38	OLSZOWSKA Natalia	6497	AKADEMIA ZDROWEGO CIAŁA	Open Kobiet	32	14:00	01:11:43	02:14:10.60	02:14:10.60	+00:30:49 (23.0%)	11:10	5.4 (77.1%)
39	STELMACH Jowita	6049		Open Kobiet	33	13:00	01:12:24	02:14:19.85	02:14:19.85	+00:30:58 (23.1%)	11:11	5.4 (77.1%)

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40	IZDEBSKA Marzena	5921	BASTION	Open Masters Kobiet	7	13:00	01:13:48	02:14:22.15	02:14:22.15	+00:31:01 (23.1%)	11:11	5.4 (77.1%)
41	NIEZBECKA Mariola	5900		Open Kobiet	34	12:15	01:11:12	02:15:39.90	02:15:39.90	+00:32:18 (23.8%)	11:18	5.3 (75.7%)
42	JASIŃSKA Martyna	6444		Open Kobiet	35	13:45	01:07:15	02:16:26.95	02:16:26.95	+00:33:06 (24.3%)	11:22	5.3 (75.7%)
43	OSMAŃSKA Aneta	6462		Open Kobiet	36	13:45	01:14:39	02:17:02.45	02:17:02.45	+00:33:41 (24.6%)	11:25	5.3 (75.7%)
44	ŚCIEBURA Agnieszka	6467		Open Kobiet	37	13:45	01:14:38	02:17:02.60	02:17:02.60	+00:33:41 (24.6%)	11:25	5.3 (75.7%)
45	SZEWCZYK Aleksandra	6220	CROSSANDACTIVE NYSA	Open Kobiet	38	13:30	01:07:06	02:17:11.30	02:17:11.30	+00:33:50 (24.7%)	11:25	5.2 (74.3%)
46	KOCHANEK Agata	6652	KONTENER FORMY	Open Kobiet	39	14:15	01:03:11	02:17:52.25	02:17:52.25	+00:34:31 (25.0%)	11:29	5.2 (74.3%)
47	ZAPRZAŁKA Klaudia	6644	HARPAGAN BEAST	Open Kobiet	40	14:15	01:04:44	02:18:04.90	02:18:04.90	+00:34:43 (25.2%)	11:30	5.2 (74.3%)
48	ŁASINSKA Joanna	5410	MORSIKI	Open Kobiet	41	12:00	00:58:11	02:18:46.05	02:18:46.05	+00:35:25 (25.5%)	11:33	5.2 (74.3%)
49	GAWLIKOWSKA Kinga	5647	CF KUŹNIA DAMIANA	Open Kobiet	42	12:30	01:07:30	02:18:52.70	02:18:52.70	+00:35:31 (25.6%)	11:34	5.2 (74.3%)
50	GAWLIKOWSKA Renata	5648	CF KUŹNIA DAMIANA	Open Masters Kobiet	8	12:30	01:07:33	02:18:53.10	02:18:53.10	+00:35:32 (25.6%)	11:34	5.2 (74.3%)
51	BANASIK Sylwia	5661	CF KUŹNIA DAMIANA	Open Masters Kobiet	9	12:30	01:09:29	02:19:21.85	02:19:21.85	+00:36:00 (25.8%)	11:36	5.2 (74.3%)
52	BARAN Paulina	5978	PIĘKNI I BESTIE	Open Kobiet	43	13:00	01:02:37	02:19:26.30	02:19:26.30	+00:36:05 (25.9%)	11:37	5.2 (74.3%)
53	DRAB Agnieszka	5691	REGNARSTEAM	Open Kobiet	44	12:30	01:09:01	02:20:07.55	02:20:07.55	+00:36:46 (26.2%)	11:40	5.1 (72.9%)
54	WITKOWSKA Anna	6225	HUSARIA RACE TEAM	Open Kobiet	45	13:00	01:05:22	02:20:12.55	02:20:12.55	+00:36:51 (26.3%)	11:41	5.1 (72.9%)
55	PIETRUSZKA-OROZCO Elisa	5794	DZIKIE GZIKI	Open Kobiet	46	12:45	01:07:00	02:21:07.50	02:21:07.50	+00:37:46 (26.8%)	11:45	5.1 (72.9%)
56	KOZŁOWSKA Sylwia	6176		Open Kobiet	47	13:15	01:13:17	02:21:13.75	02:21:13.75	+00:37:52 (26.8%)	11:46	5.1 (72.9%)
57	SMOTER Anna	6348	AKWA TEAM NYSA	Open Kobiet	48	13:45	01:15:57	02:21:39.65	02:21:39.65	+00:38:18 (27.0%)	11:48	5.1 (72.9%)
58	GOŁĘBIEWSKA Justyna	6345	AKWA TEAM NYSA	Open Kobiet	49	13:45	01:16:03	02:21:40.20	02:21:40.20	+00:38:19 (27.0%)	11:48	5.1 (72.9%)
59	KUTA Dominika	5955	HUSARIA RACE TEAM	Open Kobiet	50	13:00	01:02:32	02:21:48.45	02:21:48.45	+00:38:27 (27.1%)	11:49	5.1 (72.9%)
60	BIEGAŃSKA Agnieszka	5876		Open Kobiet	51	12:45	01:12:08	02:21:55.65	02:21:55.65	+00:38:34 (27.2%)	11:49	5.1 (72.9%)
61	SOŁTOWSKA Ewelina	5336		Open Masters Kobiet	10	11:45	01:09:31	02:22:19.30	02:22:19.30	+00:38:58 (27.4%)	11:51	5.1 (72.9%)
62	ZDUŃCZYK Sylwia	5962	HUSARIA RACE TEAM	Open Kobiet	52	13:00	01:04:17	02:22:20.55	02:22:20.55	+00:38:59 (27.4%)	11:51	5.1 (72.9%)

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								netto 12km	brutto 12km			
63	MISSALA Joanna	6182		Open Kobiet	53	13:15	01:08:30	02:22:23.55	02:22:23.55	+00:39:02 (27.4%)	11:51	5.1 (72.9%)
64	SIMINIAK Weronika	6061	BARDZO ŁADNIE 2/10 XD	Open Kobiet	54	13:15	01:15:46	02:22:49.80	02:22:49.80	+00:39:28 (27.6%)	11:54	5 (71.4%)
65	STOJANOWSKA Agata	6219	CROSSANDACTIVE	Open Kobiet	55	13:30	01:15:34	02:22:50.75	02:22:50.75	+00:39:29 (27.6%)	11:54	5 (71.4%)
66	LONCZAK Monika	5223	HUSARIA RACE TEAM	Open Kobiet	56	13:30	01:11:30	02:23:02.40	02:23:02.40	+00:39:41 (27.7%)	11:55	5 (71.4%)
67	MAJZELES Estera	6746		Open Kobiet	57	14:15	01:16:12	02:23:30.50	02:23:30.50	+00:40:09 (28.0%)	11:57	5 (71.4%)
68	PIETROŃ Monika	5966	LEMON TEAM	Open Kobiet	58	13:00	01:05:49	02:23:45.60	02:23:45.60	+00:40:24 (28.1%)	11:58	5 (71.4%)
69	MICHAŁOWSKA Katarzyna	6862	#OJAKFAJNIE	Open Kobiet	59	13:00	01:09:20	02:24:06.65	02:24:06.65	+00:40:45 (28.3%)	12:00	5 (71.4%)
70	KOSICKA Agata	6205	#OJAKFAJNIE	Open Kobiet	60	13:00	01:09:21	02:24:07.20	02:24:07.20	+00:40:46 (28.3%)	12:00	5 (71.4%)
71	KUBLA Agata	6206	#OJAKFAJNIE	Open Kobiet	61	13:00	01:09:23	02:24:08.30	02:24:08.30	+00:40:47 (28.3%)	12:00	5 (71.4%)
72	OJAK Magdalena	5919	#OJAKFAJNIE	Open Kobiet	62	13:00	01:07:23	02:24:08.65	02:24:08.65	+00:40:47 (28.3%)	12:00	5 (71.4%)
73	SKOTARCZYK Hanna	6097	GRAŻYNKI OCR	Open Masters Kobiet	11	13:15	01:09:47	02:24:17.30	02:24:17.30	+00:40:56 (28.4%)	12:01	5 (71.4%)
74	MAJ Magdalena	6084	DIRTY SPARROWS	Open Kobiet	63	13:15	01:09:47	02:24:18.00	02:24:18.00	+00:40:57 (28.4%)	12:01	5 (71.4%)
75	KODUR Anita	6095	GRAŻYNKI OCR	Open Kobiet	64	13:15	01:09:42	02:24:22.55	02:24:22.55	+00:41:01 (28.4%)	12:01	5 (71.4%)
76	ĆWIERTNIA Dominika	5454		Open Kobiet	65	12:00	01:16:00	02:24:27.95	02:24:27.95	+00:41:07 (28.5%)	12:02	5 (71.4%)
77	KŁĘCZEK Katarzyna	6094	GRAŻYNKI OCR	Open Kobiet	66	13:15	01:09:41	02:24:38.45	02:24:38.45	+00:41:17 (28.5%)	12:03	5 (71.4%)
78	MARSZAŁEK Magdalena	6096	GRAŻYNKI OCR	Open Masters Kobiet	12	13:15	01:09:43	02:24:38.65	02:24:38.65	+00:41:17 (28.5%)	12:03	5 (71.4%)
79	KOZŁOWSKA Alicja	6175		Open Masters Kobiet	13	13:15	01:15:25	02:24:45.55	02:24:52.90	+00:41:31 (28.7%)	12:03	5 (71.4%)
80	GOŁĄBEK Aleksandra	5945	GOVECS & FRIENDS	Open Kobiet	67	13:00	01:16:23	02:25:44.45	02:25:44.45	+00:42:23 (29.1%)	12:08	4.9 (70.0%)
81	KROKOSZ Ewa	6737		Open Kobiet	68	14:15	01:12:12	02:25:47.45	02:25:47.45	+00:42:26 (29.1%)	12:08	4.9 (70.0%)
82	KORDUS Izabela	6605		Open Masters Kobiet	14	13:00	01:15:37	02:25:53.70	02:25:53.70	+00:42:32 (29.2%)	12:09	4.9 (70.0%)
83	SOSZ Anna	5909		Open Masters Kobiet	15	12:45	01:14:14	02:25:54.45	02:25:54.45	+00:42:33 (29.2%)	12:09	4.9 (70.0%)
84	ZAWIDNIAK Nina	5496		Open Kobiet	69	12:00	01:16:39	02:26:05.05	02:26:05.05	+00:42:44 (29.3%)	12:10	4.9 (70.0%)
85	LITWIN Dorota	5474		Open Kobiet	70	12:00	01:16:41	02:26:05.75	02:26:05.75	+00:42:44 (29.3%)	12:10	4.9 (70.0%)

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								netto 12km	brutto 12km			
86	MAKLES Wioletta	6456		Open Kobiet	71	13:45	01:13:59	02:26:22.50	02:26:22.50	+00:43:01 (29.4%)	12:11	4.9 (70.0%)
87	JABŁOŃSKA Anna	6373	IDEA GETIN LEASING	Open Kobiet	72	13:45	01:14:30	02:26:28.85	02:26:28.85	+00:43:07 (29.4%)	12:12	4.9 (70.0%)
88	FRAŃCZAK Paulina	6719		Open Kobiet	73	14:15	01:03:20	02:26:38.70	02:26:38.70	+00:43:17 (29.5%)	12:13	4.9 (70.0%)
89	BOCHNIARZ Anna	6371	IDEA GETIN LEASING	Open Kobiet	74	13:45	01:14:34	02:26:42.35	02:26:42.35	+00:43:21 (29.6%)	12:13	4.9 (70.0%)
90	BŁOŃSKI Jowita	5449		Open Kobiet	75	12:00	01:12:35	02:26:57.45	02:26:57.45	+00:43:36 (29.7%)	12:14	4.9 (70.0%)
91	NIEMCZYK Monika	6751		Open Kobiet	76	14:30	01:01:30	02:27:53.90	02:27:53.90	+00:44:32 (30.1%)	12:19	4.9 (70.0%)
92	GABRUŚ Iwona	5536	LAWYERS & ABC TEAM	Open Masters Kobiet	16	12:15	01:13:39	02:28:03.65	02:28:03.65	+00:44:42 (30.2%)	12:20	4.9 (70.0%)
93	MIESZCZOK-PASZENDA Anna	5537	LAWYERS & ABC TEAM	Open Kobiet	77	12:15	01:13:36	02:28:03.70	02:28:03.70	+00:44:42 (30.2%)	12:20	4.9 (70.0%)
94	KUREK Anna	5752		Open Kobiet	78	12:30	01:14:00	02:28:06.05	02:28:06.05	+00:44:45 (30.2%)	12:20	4.9 (70.0%)
95	DUDA Małgorzata	5733		Open Kobiet	79	12:30	01:14:00	02:28:07.80	02:28:07.80	+00:44:46 (30.2%)	12:20	4.9 (70.0%)
96	BŁASIAK Martyna	5414	PANC01	Open Kobiet	80	12:00	01:15:56	02:28:10.50	02:28:10.50	+00:44:49 (30.3%)	12:20	4.9 (70.0%)
97	SZCZUREK Dominika	5950	GOVECS & FRIENDS	Open Kobiet	81	13:00	01:15:44	02:28:28.45	02:28:28.45	+00:45:07 (30.4%)	12:22	4.8 (68.6%)
98	KOWNACKA Ewelina	6298		Open Kobiet	82	13:30	01:17:45	02:28:53.75	02:28:53.75	+00:45:32 (30.6%)	12:24	4.8 (68.6%)
99	RACZYCKA Beata	5816	KRATOS TRZEBNICA	Open Masters Kobiet	17	12:45	01:15:39	02:29:03.95	02:29:03.95	+00:45:43 (30.7%)	12:25	4.8 (68.6%)
100	WASILEC Katarzyna	6054		Open Kobiet	83	13:00	01:14:12	02:29:09.65	02:29:09.65	+00:45:48 (30.7%)	12:25	4.8 (68.6%)
101	STOJANOW Wiktoria	6051		Open Kobiet	84	13:00	01:14:13	02:29:10.20	02:29:10.20	+00:45:49 (30.7%)	12:25	4.8 (68.6%)
102	PACH Katarzyna	6360	CF CZĘSTOCHOWA	Open Kobiet	85	13:45	01:16:39	02:29:41.85	02:29:41.85	+00:46:20 (31.0%)	12:28	4.8 (68.6%)
103	WOJTASIK Babara	6363	CF CZĘSTOCHOWA	Open Kobiet	86	13:45	01:16:39	02:29:42.70	02:29:42.70	+00:46:21 (31.0%)	12:28	4.8 (68.6%)
104	BIEGAŃSKA Joanna	6805	CF KUŹNIA DAMIANA	Open Kobiet	87	14:45	01:08:28	02:29:43.65	02:29:43.65	+00:46:22 (31.0%)	12:28	4.8 (68.6%)
105	MAJ Monika	6806	CF KUŹNIA DAMIANA	Open Kobiet	88	14:45	01:08:28	02:29:44.05	02:29:44.05	+00:46:23 (31.0%)	12:28	4.8 (68.6%)
106	KORYTNICKA Marlena	5221	HUSARIA RACE TEAM	Open Kobiet	89	11:45	01:09:45	02:29:46.85	02:29:46.85	+00:46:25 (31.0%)	12:28	4.8 (68.6%)
107	NIZIURSKA Marzanna	5226	HUSARIA RACE TEAM	Open Masters Kobiet	18	11:45	01:09:37	02:29:47.25	02:29:47.25	+00:46:26 (31.0%)	12:28	4.8 (68.6%)
108	OSTAFIN Joanna	5227	HUSARIA RACE TEAM	Open Kobiet	90	11:45	01:09:46	02:29:47.35	02:29:47.35	+00:46:26 (31.0%)	12:28	4.8 (68.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
109	KLAPP Anna	5703	SALAMON TEAM	Open Masters Kobiet	19	12:30	01:12:18	02:29:49.65	02:29:49.65	+00:46:28 (31.0%)	12:29	4.8 (68.6%)
110	PASZEK Ewa	5706	SALAMON TEAM	Open Masters Kobiet	20	12:30	01:14:11	02:29:50.55	02:29:50.55	+00:46:29 (31.0%)	12:29	4.8 (68.6%)
111	NICPOŃ Monika	6263	SALAMON TEAM	Open Masters Kobiet	21	12:30	01:12:19	02:29:51.30	02:29:51.30	+00:46:30 (31.0%)	12:29	4.8 (68.6%)
112	BURACZYŃSKA Sandra	6848		Open Kobiet	91	12:45	01:01:09	02:29:56.25	02:29:56.25	+00:46:35 (31.1%)	12:29	4.8 (68.6%)
113	HANDZLIK Agnieszka	6866	SALAMON TEAM	Open Kobiet	92	13:45	01:15:19	02:30:19.50	02:30:19.50	+00:46:58 (31.2%)	12:31	4.8 (68.6%)
114	LENARTOWICZ Anna	5176		Open Masters Kobiet	22	11:35	01:17:39	02:30:24.75	02:30:24.75	+00:47:03 (31.3%)	12:32	4.8 (68.6%)
115	KRÓLIKOWSKA Anna	5222	HUSARIA RACE TEAM	Open Kobiet	93	11:45	01:11:03	02:30:29.20	02:30:29.20	+00:47:08 (31.3%)	12:32	4.8 (68.6%)
116	GRYMEK Dagmara	5783	BEFIT24TEAM	Open Kobiet	94	12:45	01:09:22	02:30:35.10	02:30:35.10	+00:47:14 (31.4%)	12:32	4.8 (68.6%)
117	ORŁOWSKA Renata	6691	SZARAŃCZA	Open Kobiet	95	14:15	01:15:12	02:31:03.90	02:31:03.90	+00:47:42 (31.6%)	12:35	4.8 (68.6%)
118	BIERZA Alina	5274	RUNMAGEDDONOWE ŚWIRY	Open Masters Kobiet	23	11:45	01:19:33	02:31:06.05	02:31:06.05	+00:47:45 (31.6%)	12:35	4.8 (68.6%)
119	KUCHARSKA Aleksandra	6739		Open Kobiet	96	14:15	01:16:25	02:31:06.15	02:31:06.15	+00:47:45 (31.6%)	12:35	4.8 (68.6%)
120	KUCHARSKA Monika	6740		Open Kobiet	97	14:15	01:16:25	02:31:06.70	02:31:06.70	+00:47:45 (31.6%)	12:35	4.8 (68.6%)
121	MICHNO Agata	6633	CF KUŹNIA DAMIANA	Open Kobiet	98	14:15	01:20:05	02:31:10.25	02:31:10.25	+00:47:49 (31.6%)	12:35	4.8 (68.6%)
122	KINEL Agnieszka	6632	CF KUŹNIA DAMIANA	Open Kobiet	99	14:15	01:20:06	02:31:10.40	02:31:10.40	+00:47:49 (31.6%)	12:35	4.8 (68.6%)
123	KANTEK Katarzyna	6295		Open Kobiet	100	13:30	01:09:38	02:31:18.85	02:31:18.85	+00:47:57 (31.7%)	12:36	4.8 (68.6%)
124	KAŹMIERCZAK Agnieszka	5681	OMEGA SQUAD	Open Masters Kobiet	24	12:30	01:16:29	02:31:27.30	02:31:27.30	+00:48:06 (31.8%)	12:37	4.8 (68.6%)
125	WIĘCEK Urszula	5775		Open Kobiet	101	12:30	01:17:01	02:31:30.60	02:31:30.60	+00:48:09 (31.8%)	12:37	4.8 (68.6%)
126	SIWA Aleksandra	6066	CROSFIT LUBIN	Open Kobiet	102	13:15	01:15:22	02:31:45.45	02:31:45.45	+00:48:24 (31.9%)	12:38	4.7 (67.1%)
127	STARZYK Klaudia	6079	CROSFIT LUBIN	Open Kobiet	103	13:15	01:15:21	02:31:45.90	02:31:45.90	+00:48:24 (31.9%)	12:38	4.7 (67.1%)
128	WALCZAK Aleksandra	6475		Open Kobiet	104	13:45	01:15:19	02:31:54.35	02:31:54.35	+00:48:33 (32.0%)	12:39	4.7 (67.1%)
129	KOWALEWSKA Ewa	5815	KRATOS TRZEBNICA	Open Kobiet	105	12:45	01:16:40	02:31:55.55	02:31:55.55	+00:48:34 (32.0%)	12:39	4.7 (67.1%)
130	KSIĘŻOPOLSKA Małgorzata	6224	HUSARIA RACE TEAM	Open Kobiet	106	13:30	01:21:01	02:32:19.40	02:32:19.40	+00:48:58 (32.2%)	12:41	4.7 (67.1%)
131	GANCARZ Małgorzata	5672	HUSARIA RACE TEAM	Open Masters Kobiet	25	12:30	01:15:50	02:32:34.25	02:32:34.25	+00:49:13 (32.3%)	12:42	4.7 (67.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
132	WODZINSKA Edyta	5964	JANUSZE BŁOTNYCH BIEGÓW	Open Kobiet	107	13:00		02:32:38.00	02:32:38.00	+00:49:17 (32.3%)	12:43	4.7 (67.1%)
133	TRZOS Daria	5249	LAWYERS & ABC TEAM	Open Kobiet	108	11:45	01:14:06	02:32:39.40	02:32:39.40	+00:49:18 (32.3%)	12:43	4.7 (67.1%)
134	GAMZA Barbara	5239	LAWYERS & ABC TEAM	Open Kobiet	109	11:45	01:14:06	02:32:39.45	02:32:39.45	+00:49:18 (32.3%)	12:43	4.7 (67.1%)
135	JEZUSEK Edyta	5243	LAWYERS & ABC TEAM	Open Masters Kobiet	26	11:45	01:14:05	02:32:39.70	02:32:39.70	+00:49:18 (32.3%)	12:43	4.7 (67.1%)
136	KILKA Dorota	6405	SZUKAMY SPONSORÓW	Open Kobiet	110	13:45	01:08:27	02:33:21.50	02:33:21.50	+00:50:00 (32.6%)	12:46	4.7 (67.1%)
137	ZIMNIAK Marika	6526	ENTER AIR RUNNERS CLUB	Open Kobiet	111	14:00	01:14:12	02:33:34.65	02:33:34.65	+00:50:13 (32.7%)	12:47	4.7 (67.1%)
138	CHODYNIECKA Agnieszka	5289	WYBRAŃCY NETTLE	Open Masters Kobiet	27	11:45	01:15:50	02:33:39.90	02:33:39.90	+00:50:18 (32.7%)	12:48	4.7 (67.1%)
139	KOWALIK Karolina	5290	WYBRAŃCY NETTLE	Open Kobiet	112	11:45	01:15:50	02:33:41.40	02:33:41.40	+00:50:20 (32.8%)	12:48	4.7 (67.1%)
140	JAROSZEK Julia	6400	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	113	13:45	01:16:30	02:34:13.10	02:34:13.10	+00:50:52 (33.0%)	12:51	4.7 (67.1%)
141	PRENDOTA Anna	5503	BORSUKI, ANIE, GRZYBY	Open Kobiet	114	12:15	01:14:12	02:34:16.20	02:34:16.20	+00:50:55 (33.0%)	12:51	4.7 (67.1%)
142	KOŁPAK Magdalena	5870	X- FORCE TEAM	Open Kobiet	115	12:45	01:13:08	02:34:54.50	02:34:54.50	+00:51:33 (33.3%)	12:54	4.6 (65.7%)
143	OCHMAN-SIATKA Sylwia	5902		Open Kobiet	116	12:45	01:20:10	02:35:01.90	02:35:01.90	+00:51:40 (33.3%)	12:55	4.6 (65.7%)
144	NAZARUK Katarzyna	5809	KATORITEAM	Open Kobiet	117	12:30	01:18:30	02:35:28.40	02:35:28.40	+00:52:07 (33.5%)	12:57	4.6 (65.7%)
145	TARNAWSKA Joanna	5547	PREFABRYKATY	Open Kobiet	118	12:15	01:13:06	02:35:41.25	02:35:41.25	+00:52:20 (33.6%)	12:58	4.6 (65.7%)
146	BOLANOWSKA Aleksandra	6429		Open Kobiet	119	12:15	01:13:23	02:35:42.90	02:35:42.90	+00:52:21 (33.6%)	12:58	4.6 (65.7%)
147	MAICHER Nicola	6036		Open Kobiet	120	13:00	01:15:12	02:35:43.40	02:35:43.40	+00:52:22 (33.6%)	12:58	4.6 (65.7%)
148	RYBORZ Iwona	6047		Open Kobiet	121	13:00	01:15:12	02:35:43.55	02:35:43.55	+00:52:22 (33.6%)	12:58	4.6 (65.7%)
149	BRONIECKA Aleksandra	5526	KONDZIO TEAM	Open Kobiet	122	12:15	01:07:08	02:36:07.60	02:36:07.60	+00:52:46 (33.8%)	13:00	4.6 (65.7%)
150	WOŹNIAK Michelle	5588	ZRZUCAMY BRZUCHY	Open Kobiet	123	12:15	01:07:07	02:36:07.65	02:36:07.65	+00:52:46 (33.8%)	13:00	4.6 (65.7%)
151	WIDZIŃSKA Agnieszka	5255	NINJA LUDKI	Open Kobiet	124	11:45	01:10:56	02:36:08.95	02:36:08.95	+00:52:48 (33.8%)	13:00	4.6 (65.7%)
152	JAKUBOWSKA Edyta	6841	NINJA LUDKI	Open Masters Kobiet	28	11:45	01:11:39	02:36:10.35	02:36:10.35	+00:52:49 (33.8%)	13:00	4.6 (65.7%)
153	BIŁKA Kinga	5702	SALAMON TEAM	Open Kobiet	125	12:30	01:13:23	02:36:11.35	02:36:11.35	+00:52:50 (33.8%)	13:00	4.6 (65.7%)
154	KRAWCZYK Karina	6119	SOMSIADY OCR	Open Kobiet	126	13:00	01:18:56	02:33:47.35	02:36:24.90	+00:53:03 (33.9%)	12:48	4.7 (67.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RM 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
155	JAGŁA Michalina	6811	MY FITNESS PLACE OPOLE	Open Kobiet	127	14:45	01:16:41	02:36:31.20	02:36:31.20	+00:53:10 (34.0%)	13:02	4.6 (65.7%)
156	KOZŁOWSKA Malgorzata	6301		Open Kobiet	128	13:30	01:19:18	02:36:32.70	02:36:32.70	+00:53:11 (34.0%)	13:02	4.6 (65.7%)
157	OLĘDZKA Joanna	6560	NICETECH	Open Kobiet	129	14:00	01:18:19	02:36:44.00	02:36:44.00	+00:53:23 (34.1%)	13:03	4.6 (65.7%)
158	JANISZEWSKA Katarzyna	5887		Open Masters Kobiet	29	12:45	01:18:55	02:36:48.35	02:36:48.35	+00:53:27 (34.1%)	13:04	4.6 (65.7%)
159	BIELECKA Magdalena	5696	RUNMAGEDDON POLICE TEAM BRZEG	Open Masters Kobiet	30	12:30	01:16:47	02:36:49.65	02:36:49.65	+00:53:28 (34.1%)	13:04	4.6 (65.7%)
160	TRZASKA Anna	5701	RUNMAGEDDON POLICE TEAM BRZEG	Open Masters Kobiet	31	12:30	01:17:12	02:36:50.20	02:36:50.20	+00:53:29 (34.1%)	13:04	4.6 (65.7%)
161	JAKUBOWSKA Edyta	5253	NINJA LUDKI	Open Masters Kobiet	32	11:45	01:10:51	02:37:48.95	02:37:48.95	+00:54:28 (34.5%)	13:09	4.6 (65.7%)
162	KASPERSKA Wiktoria	5417	PIEROŻKI123	Open Kobiet	130	12:00	01:18:13	02:37:54.55	02:37:54.55	+00:54:33 (34.6%)	13:09	4.6 (65.7%)
163	MAĆKÓW Klaudia	6306		Open Kobiet	131	13:30	01:16:37	02:38:05.05	02:38:05.05	+00:54:44 (34.6%)	13:10	4.6 (65.7%)
164	WIŚNIEWSKA Paulina	6502	BASTION	Open Kobiet	132	14:15	01:26:10	02:38:17.55	02:38:17.55	+00:54:56 (34.7%)	13:11	4.5 (64.3%)
165	STANKIEWICZ Monika	6194		Open Kobiet	133	13:15	01:16:00	02:38:26.40	02:38:26.40	+00:55:05 (34.8%)	13:12	4.5 (64.3%)
166	SZABAT Adrianna	5727	WATAHA	Open Kobiet	134	12:30	01:09:23	02:38:34.10	02:38:34.10	+00:55:13 (34.8%)	13:12	4.5 (64.3%)
167	CICHA Emilia	6283		Open Kobiet	135	13:30	01:22:06	02:38:53.90	02:38:53.90	+00:55:32 (35.0%)	13:14	4.5 (64.3%)
168	KOWOL Anita	6299		Open Kobiet	136	13:30	01:30:46	02:39:09.95	02:39:09.95	+00:55:49 (35.1%)	13:15	4.5 (64.3%)
169	TRONINA Sylwia	5395	GŁUSI-WROCŁAW	Open Kobiet	137	12:00	01:21:19	02:39:52.60	02:39:52.60	+00:56:31 (35.4%)	13:19	4.5 (64.3%)
170	TOMALA Ewelina	5394	GŁUSI-WROCŁAW	Open Kobiet	138	12:00	01:21:06	02:39:52.95	02:39:52.95	+00:56:32 (35.4%)	13:19	4.5 (64.3%)
171	PISKOR Angelika	5621		Open Kobiet	139	12:15	01:10:20	02:40:09.45	02:40:09.45	+00:56:48 (35.5%)	13:20	4.5 (64.3%)
172	SKRZYNECKA Agnieszka	5831	LASEROWE BIEDRONKI	Open Kobiet	140	12:45	01:12:26	02:40:20.40	02:40:20.40	+00:56:59 (35.5%)	13:21	4.5 (64.3%)
173	WAWRZYNIAK Dorota	5229	HUSARIA RACE TEAM	Open Masters Kobiet	33	11:45	01:10:50	02:40:24.80	02:40:24.80	+00:57:03 (35.6%)	13:22	4.5 (64.3%)
173	WITECKA Izabela	5230	HUSARIA RACE TEAM	Open Kobiet	141	11:45	01:10:53	02:40:24.80	02:40:24.80	+00:57:03 (35.6%)	13:22	4.5 (64.3%)
175	ZIELINSKA Anna	6246	ODDAM SIOSTRĘ W DOBRE RĘCE	Open Kobiet	142	13:30	01:24:08	02:40:54.50	02:40:54.50	+00:57:33 (35.8%)	13:24	4.5 (64.3%)
176	BUNIKOWSKA Emilia	5954	HUSARIA RACE TEAM	Open Kobiet	143	13:00	01:16:30	02:41:11.30	02:41:11.30	+00:57:50 (35.9%)	13:25	4.5 (64.3%)
177	PAWELEC Aleksandra	5958	HUSARIA RACE TEAM	Open Kobiet	144	13:00	01:16:29	02:41:13.35	02:41:13.35	+00:57:52 (35.9%)	13:26	4.5 (64.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
178	DYBA Małgorzata	6072	CROSSFIT LUBIN	Open Masters Kobiet	34	13:15	01:25:16	02:41:25.30	02:41:25.30	+00:58:04 (36.0%)	13:27	4.5 (64.3%)
179	WÓJTOWICZ Anna	6216	CROSSFIT LUBIN	Open Masters Kobiet	35	13:15	01:25:25	02:41:26.00	02:41:26.00	+00:58:05 (36.0%)	13:27	4.5 (64.3%)
180	RODAK Agnieszka	6078	CROSSFIT LUBIN	Open Masters Kobiet	36	13:15	01:25:17	02:41:26.35	02:41:26.35	+00:58:05 (36.0%)	13:27	4.5 (64.3%)
181	JARZĘBSKA Marta	6075	CROSSFIT LUBIN	Open Masters Kobiet	37	13:15	01:23:14	02:41:27.25	02:41:27.25	+00:58:06 (36.0%)	13:27	4.5 (64.3%)
181	CZERNIEC Barbara	6069	CROSSFIT LUBIN	Open Kobiet	145	13:15	01:24:55	02:41:27.25	02:41:27.25	+00:58:06 (36.0%)	13:27	4.5 (64.3%)
183	ŚWICA Alicja	6500	AKADEMIA ZDROWEGO CIAŁA	Open Kobiet	146	14:00	01:21:24	02:41:36.30	02:41:36.30	+00:58:15 (36.0%)	13:28	4.5 (64.3%)
184	POMIETŁO Małgorzata	6424	ZAKOCHAŃCE	Open Kobiet	147	13:45	01:13:29	02:41:42.25	02:41:42.25	+00:58:21 (36.1%)	13:28	4.5 (64.3%)
185	MOTOWIDELKO-PUSTELAK Iwona	5404	HUSARIA RACE TEAM	Open Kobiet	148	12:00	01:08:41	02:41:43.95	02:41:43.95	+00:58:23 (36.1%)	13:28	4.5 (64.3%)
186	HANDZIAK Marta	5460		Open Kobiet	149	12:00	01:21:44	02:42:18.75	02:42:18.75	+00:58:57 (36.3%)	13:31	4.4 (62.9%)
187	MOKRZYCKA Weronika	5477		Open Kobiet	150	12:00	01:21:40	02:42:19.10	02:42:19.10	+00:58:58 (36.3%)	13:31	4.4 (62.9%)
188	WITKOWSKA Anna	6833	HUSARIA RACE TEAM	Open Kobiet	151	12:30	01:11:24	02:42:23.50	02:42:23.50	+00:59:02 (36.4%)	13:31	4.4 (62.9%)
189	TOCHOWICZ Barbara	5960	HUSARIA RACE TEAM	Open Kobiet	152	13:00	01:16:29	02:42:32.65	02:42:32.65	+00:59:11 (36.4%)	13:32	4.4 (62.9%)
190	BAK Ilona	5834	LATAJĄCE CHOMICZKI	Open Kobiet	153	12:45	01:13:47	02:42:40.90	02:42:40.90	+00:59:19 (36.5%)	13:33	4.4 (62.9%)
191	TOMANA Ewa	6659	MORSIKI	Open Masters Kobiet	38	14:15	01:11:37	02:42:46.40	02:42:46.40	+00:59:25 (36.5%)	13:33	4.4 (62.9%)
192	OSTROWSKA Katarzyna	6551	MANTICORE FITNESS - LEGNICA	Open Kobiet	154	14:00	01:18:42	02:42:48.70	02:42:48.70	+00:59:27 (36.5%)	13:34	4.4 (62.9%)
193	WAJDA Anna	6554	MANTICORE FITNESS - LEGNICA	Open Kobiet	155	14:00	01:19:06	02:42:48.85	02:42:48.85	+00:59:27 (36.5%)	13:34	4.4 (62.9%)
194	BIELAS Joanna	6368	FORMA CROSS TEAM CZĘSTOCHOWA	Open Kobiet	156	13:45	01:20:48	02:42:52.55	02:42:52.55	+00:59:31 (36.5%)	13:34	4.4 (62.9%)
195	KMIECIK Justyna	6533	HUSARIA RACE TEAM	Open Kobiet	157	14:00	01:28:17	02:43:12.35	02:43:12.35	+00:59:51 (36.7%)	13:36	4.4 (62.9%)
196	JAROSZYŃSKA Joanna	6727		Open Kobiet	158	14:15	01:06:16	02:43:24.40	02:43:24.40	+01:00:03 (36.8%)	13:37	4.4 (62.9%)
197	WIŚNIEWSKA Justyna	5943	FEMFIT5+	Open Kobiet	159	13:00	01:23:58	02:43:31.15	02:43:31.15	+01:00:10 (36.8%)	13:37	4.4 (62.9%)
198	MAJCHERSKA Marcelina	5940	FEMFIT5+	Open Kobiet	160	13:00	01:23:56	02:43:31.75	02:43:31.75	+01:00:10 (36.8%)	13:37	4.4 (62.9%)
199	KAŁUŻA Aleksandra	5939	FEMFIT5+	Open Kobiet	161	13:00	01:24:03	02:43:32.35	02:43:32.35	+01:00:11 (36.8%)	13:37	4.4 (62.9%)
200	HUBA Agnieszka	5938	FEMFIT5+	Open Kobiet	162	13:00	01:23:54	02:43:32.80	02:43:32.80	+01:00:11 (36.8%)	13:37	4.4 (62.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
201	TRZCIŃSKA Joanna	5942	FEMFIT5+	Open Kobiet	163	13:00	01:23:55	02:43:33.20	02:43:33.20	+01:00:12 (36.8%)	13:37	4.4 (62.9%)
202	CZEPIEC Alicja	6840	HUSARIA RACE TEAM	Open Kobiet	164	13:00	01:16:28	02:43:39.45	02:43:39.45	+01:00:18 (36.9%)	13:38	4.4 (62.9%)
203	JAKUBOWSKA Angelika	6651	KONIUCHY OCR	Open Kobiet	165	14:15	01:15:10	02:44:58.90	02:44:58.90	+01:01:37 (37.4%)	13:44	4.4 (62.9%)
204	DAWLEWICZ Adrianna	5349	4 PORY ROKU	Open Kobiet	166	12:00	01:07:01	02:45:15.00	02:45:15.00	+01:01:54 (37.5%)	13:46	4.4 (62.9%)
205	PTAK Magda	6262	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	167	12:00	01:20:20	02:45:15.25	02:45:15.25	+01:01:54 (37.5%)	13:46	4.4 (62.9%)
206	KOSACKA Ola	6029		Open Kobiet	168	13:00	01:25:16	02:45:16.85	02:45:16.85	+01:01:55 (37.5%)	13:46	4.4 (62.9%)
207	DUERSCHLAG Iwona	5520	HUSARIA RACE TEAM	Open Masters Kobiet	39	12:15	01:13:20	02:45:44.00	02:45:44.00	+01:02:23 (37.6%)	13:48	4.3 (61.4%)
208	SIMONI-KRAMARZ Alicja	5993	TABREW	Open Masters Kobiet	40	13:00	01:20:54	02:45:44.95	02:45:44.95	+01:02:24 (37.6%)	13:48	4.3 (61.4%)
209	OGORZELEC Katarzyna	5990	TABREW	Open Kobiet	169	13:00	01:20:53	02:45:45.60	02:45:45.60	+01:02:24 (37.7%)	13:48	4.3 (61.4%)
210	PĘKALA Renata	5991	TABREW	Open Masters Kobiet	41	13:00	01:20:54	02:45:46.10	02:45:46.10	+01:02:25 (37.7%)	13:48	4.3 (61.4%)
211	RADWAŃSKA Zuzanna	6320		Open Kobiet	170	13:30	01:17:58	02:46:01.70	02:46:01.70	+01:02:40 (37.8%)	13:50	4.3 (61.4%)
212	SZYMKIEWICZ Daria	6215	CF ŻARY	Open Kobiet	171	13:30	01:17:59	02:46:01.75	02:46:01.75	+01:02:40 (37.8%)	13:50	4.3 (61.4%)
213	PIETRZAK Anna	6133	TIGRES DEL PAPA	Open Kobiet	172	13:15	01:21:03	02:46:33.55	02:46:33.55	+01:03:12 (38.0%)	13:52	4.3 (61.4%)
214	BABICH Maria	6781		Open Kobiet	173	14:30	01:17:22	02:46:35.15	02:46:35.15	+01:03:14 (38.0%)	13:52	4.3 (61.4%)
215	CHOLEWA Beata	5519	HUSARIA RACE TEAM	Open Kobiet	174	12:15	01:22:51	02:46:53.70	02:46:53.70	+01:03:32 (38.1%)	13:54	4.3 (61.4%)
216	GIBNER Dagmara	6403	STRONG SIDE	Open Kobiet	175	13:45	01:17:47	02:48:02.15	02:48:02.15	+01:04:41 (38.5%)	14:00	4.3 (61.4%)
217	PROCHOWSKA Sylwia	6759		Open Kobiet	176	14:15	01:08:35	02:48:42.15	02:48:42.15	+01:05:21 (38.7%)	14:03	4.3 (61.4%)
218	FRIEBE Agnieszka	5306		Open Kobiet	177	11:45	01:22:45	02:48:59.70	02:48:59.70	+01:05:38 (38.8%)	14:04	4.3 (61.4%)
219	WIŚNIEWSKA Arleta	5582	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	42	12:15	01:19:19	02:48:59.85	02:48:59.85	+01:05:38 (38.8%)	14:04	4.3 (61.4%)
220	WARDENGA Michalina	5580	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	178	12:15	01:19:29	02:49:00.20	02:49:00.20	+01:05:39 (38.8%)	14:05	4.3 (61.4%)
221	PAWŁOWSKA Dorota	5716	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	43	12:15	01:19:18	02:49:00.65	02:49:00.65	+01:05:39 (38.9%)	14:05	4.3 (61.4%)
222	GÓRNAŚ Anna	5569	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	179	12:15	01:19:28	02:49:01.00	02:49:01.00	+01:05:40 (38.9%)	14:05	4.3 (61.4%)
223	PASTUSZENKO Paulina	5261	PASTUSZENKI	Open Kobiet	180	12:30	01:21:19	02:49:13.55	02:49:13.55	+01:05:52 (38.9%)	14:06	4.3 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
224	SMOLAĞ Agata	5517	FRYWOLNE ROSOMAKI	Open Kobiet	181	12:15	01:18:01	02:49:15.70	02:49:15.70	+01:05:54 (38.9%)	14:06	4.3 (61.4%)
225	SKRZYPNIAK Anna	6620		Open Kobiet	182	14:00	01:15:56	02:49:23.95	02:49:23.95	+01:06:03 (39.0%)	14:06	4.3 (61.4%)
226	LEWANDOWSKA Elżbieta	5549	PSYCHOPOGO	Open Kobiet	183	12:15	01:18:53	02:50:49.25	02:50:49.25	+01:07:28 (39.5%)	14:14	4.2 (60.0%)
227	SZCZERBAL Joanna	5786	DIRTY SPARROWS	Open Kobiet	184	12:45	01:08:00	02:51:00.60	02:51:00.60	+01:07:39 (39.6%)	14:15	4.2 (60.0%)
228	MALINOWSKA-DACH Mariola	6085	EMERYTANY	Open Kobiet	185	13:15	01:27:07	02:51:36.45	02:51:36.45	+01:08:15 (39.8%)	14:18	4.2 (60.0%)
229	STĘPIEŃ Alicja	5979	PITBULIERY	Open Kobiet	186	13:00	01:17:00	02:51:59.20	02:51:59.20	+01:08:38 (39.9%)	14:19	4.2 (60.0%)
230	ZARZYCKA Anita	6648	HUSARIA RACE TEAM	Open Kobiet	187	13:00	01:17:06	02:51:59.30	02:51:59.30	+01:08:38 (39.9%)	14:19	4.2 (60.0%)
231	PASTERNAK Joanna	6043		Open Kobiet	188	13:00	01:16:51	02:51:59.35	02:51:59.35	+01:08:38 (39.9%)	14:19	4.2 (60.0%)
231	HANYŻ Kornela	5740		Open Kobiet	189	13:00	01:17:00	02:51:59.35	02:51:59.35	+01:08:38 (39.9%)	14:19	4.2 (60.0%)
233	LOREK Magdalena	5793	DZIKIE GZIKI	Open Kobiet	190	12:45	01:25:00	02:52:03.10	02:52:03.10	+01:08:42 (39.9%)	14:20	4.2 (60.0%)
234	LONCZAK Monika	6851	HUSARIA RACE TEAM	Open Kobiet	191	12:00	01:22:10	02:52:07.95	02:52:07.95	+01:08:47 (40.0%)	14:20	4.2 (60.0%)
235	SARZYŃSKA Monika	5331		Open Kobiet	192	12:00	01:22:12	02:52:08.15	02:52:08.15	+01:08:47 (40.0%)	14:20	4.2 (60.0%)
236	KREFT Marta	5609		Open Kobiet	193	12:15	01:18:07	02:52:14.00	02:52:14.00	+01:08:53 (40.0%)	14:21	4.2 (60.0%)
237	SAWICKA - WERS Urszula	5332		Open Kobiet	194	11:45	01:29:15	02:52:41.10	02:52:41.10	+01:09:20 (40.2%)	14:23	4.2 (60.0%)
238	MIZERA Beata	5655	CF KUŹNIA DAMIANA	Open Masters Kobiet	44	12:30	01:23:40	02:53:24.45	02:53:24.45	+01:10:03 (40.4%)	14:27	4.2 (60.0%)
239	DŁUGOSZEWSKA Aleksandra	5645	CF KUŹNIA DAMIANA	Open Masters Kobiet	45	12:30	01:23:33	02:53:24.55	02:53:24.55	+01:10:03 (40.4%)	14:27	4.2 (60.0%)
240	WALCZAK Halina	5378	GANG ŚWIEŻAKÓW WOŁCZYN	Open Masters Kobiet	46	12:00	01:19:33	02:53:40.40	02:53:40.40	+01:10:19 (40.5%)	14:28	4.1 (58.6%)
241	HERMANOWICZ Alicja	6106	OSPAŁE KLOCE	Open Kobiet	195	13:15	01:19:48	02:53:40.70	02:53:40.70	+01:10:19 (40.5%)	14:28	4.1 (58.6%)
242	HANUSZEWICZ Weronika	5366	GANG ŚWIEŻAKÓW WOŁCZYN	Open Kobiet	196	12:00	01:19:31	02:53:41.95	02:53:41.95	+01:10:21 (40.5%)	14:28	4.1 (58.6%)
243	KACZANEK Katarzyna	5531	KROPEK TEMIDY	Open Masters Kobiet	47	12:15	01:25:55	02:53:48.10	02:53:48.10	+01:10:27 (40.5%)	14:29	4.1 (58.6%)
244	WOŹNIAK Joanna	5173	HUSARIA RACE TEAM	Open Kobiet	197	11:35	00:55:56	02:53:57.65	02:53:57.65	+01:10:36 (40.6%)	14:29	4.1 (58.6%)
245	OLANISZYN Beata	5373	GANG ŚWIEŻAKÓW WOŁCZYN	Open Masters Kobiet	48	12:00	01:19:34	02:53:59.95	02:53:59.95	+01:10:39 (40.6%)	14:29	4.1 (58.6%)
246	PASTERNAK Magdalena	5374	GANG ŚWIEŻAKÓW WOŁCZYN	Open Kobiet	198	12:00	01:19:32	02:54:00.70	02:54:00.70	+01:10:39 (40.6%)	14:30	4.1 (58.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RM 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
247	KLARZYNSKA Ilona	6788		Open Kobiet	199	14:30	01:26:45	02:54:55.15	02:54:55.15	+01:11:34 (40.9%)	14:34	4.1 (58.6%)
248	WITOWSKA Agata	6583	WINNE BABECZKI	Open Kobiet	200	14:00	01:20:50	02:54:58.60	02:54:58.60	+01:11:37 (40.9%)	14:34	4.1 (58.6%)
249	GUZIKOWSKA Barbara	6582	WINNE BABECZKI	Open Kobiet	201	14:00	01:20:51	02:54:58.65	02:54:58.65	+01:11:37 (40.9%)	14:34	4.1 (58.6%)
250	SOBCZAK Monika	5843	MORSIKI	Open Kobiet	202	12:45	01:14:29	02:55:11.45	02:55:11.45	+01:11:50 (41.0%)	14:35	4.1 (58.6%)
251	WAWRZY尼亚K Zuzanna	5844	MORSIKI	Open Kobiet	203	12:45	01:15:46	02:55:11.90	02:55:11.90	+01:11:50 (41.0%)	14:35	4.1 (58.6%)
252	BONAWENTURCZYK Kamila	5839	MORSIKI	Open Kobiet	204	12:45	01:13:54	02:55:12.40	02:55:12.40	+01:11:51 (41.0%)	14:36	4.1 (58.6%)
252	KALISKA Joanna	5841	MORSIKI	Open Kobiet	205	12:45	01:15:40	02:55:12.40	02:55:12.40	+01:11:51 (41.0%)	14:36	4.1 (58.6%)
254	MANTUR Dominika	6377	KIRASJERZY	Open Kobiet	206	13:45	01:24:07	02:55:20.10	02:55:20.10	+01:11:59 (41.1%)	14:36	4.1 (58.6%)
255	KORNAS Karolina	5570	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	207	12:15	01:27:06	02:55:22.80	02:55:22.80	+01:12:01 (41.1%)	14:36	4.1 (58.6%)
256	ZARACH Ewelina	6802		Open Kobiet	208	14:30	01:26:45	02:55:30.55	02:55:30.55	+01:12:09 (41.1%)	14:37	4.1 (58.6%)
257	STRAMOWSKA-JARCZEWSKA Sandra	5377	GANG ŚWIEŻAKÓW WOŁCZYN	Open Kobiet	209	12:00	01:19:37	02:55:57.75	02:55:57.75	+01:12:36 (41.3%)	14:39	4.1 (58.6%)
258	BEDNARCZYK Dagmara	5358	CROSSANDACTIVE NYSA	Open Kobiet	210	12:45	01:34:10	02:56:26.80	02:56:26.80	+01:13:05 (41.4%)	14:42	4.1 (58.6%)
259	PILARSKA Dominika	6008	ZBŁĄKANI KAJAKARZE	Open Kobiet	211	13:00	01:26:57	02:56:37.05	02:56:37.05	+01:13:16 (41.5%)	14:43	4.1 (58.6%)
260	WITKOWSKA Magdalena	5711	SOCIOS SILESIA	Open Kobiet	212	12:30	01:25:09	02:56:52.05	02:56:52.05	+01:13:31 (41.6%)	14:44	4.1 (58.6%)
261	STEFAŃSKA Magdalena	6244	MUR BETON	Open Kobiet	213	13:30	01:29:27	02:57:04.25	02:57:04.25	+01:13:43 (41.6%)	14:45	4.1 (58.6%)
262	GRUSZCZYŃSKA Kinga	6865	MUR BETON	Open Kobiet	214	13:30	01:29:28	02:57:07.20	02:57:07.20	+01:13:46 (41.7%)	14:45	4.1 (58.6%)
263	WARZYC Aleksandra	6399	OMO	Open Kobiet	215	14:00	01:20:24	02:57:11.75	02:57:11.75	+01:13:50 (41.7%)	14:45	4.1 (58.6%)
264	HURNA-RABCZUK Magdalena	6398	OMO	Open Kobiet	216	14:00	01:19:42	02:57:12.85	02:57:12.85	+01:13:51 (41.7%)	14:46	4.1 (58.6%)
265	KEMPIŃSKA Magdalena	5467		Open Kobiet	217	12:00	01:35:24	02:57:25.05	02:57:25.05	+01:14:04 (41.7%)	14:47	4.1 (58.6%)
266	KEMPIŃSKA Izabela	5466		Open Kobiet	218	12:00	01:35:24	02:57:26.25	02:57:26.25	+01:14:05 (41.8%)	14:47	4.1 (58.6%)
267	JARAWKA Karolina	6601		Open Kobiet	219	14:00	01:18:24	02:57:29.95	02:57:29.95	+01:14:09 (41.8%)	14:47	4.1 (58.6%)
268	TRZEPIÓRA Barbara	6622		Open Kobiet	220	14:00	01:18:23	02:57:30.05	02:57:30.05	+01:14:09 (41.8%)	14:47	4.1 (58.6%)
269	FIELEK Kinga	6592		Open Kobiet	221	14:00	01:18:40	02:57:30.60	02:57:30.60	+01:14:09 (41.8%)	14:47	4.1 (58.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
270	MAŚNICA Anna	6610		Open Kobiet	222	14:00	01:18:59	02:57:39.95	02:57:39.95	+01:14:19 (41.8%)	14:48	4.1 (58.6%)
271	DOLATA Magdalena	5708	SOCIOS SILESIA	Open Kobiet	223	12:30	01:25:07	02:57:52.45	02:57:52.45	+01:14:31 (41.9%)	14:49	4 (57.1%)
272	CISZEK Alicja	6017		Open Kobiet	224	13:00	01:26:49	02:57:53.30	02:57:53.30	+01:14:32 (41.9%)	14:49	4 (57.1%)
273	PAŃCZYK Monika	6152	VOESTALPINE	Open Kobiet	225	13:15	01:37:52	02:58:17.45	02:58:17.45	+01:14:56 (42.0%)	14:51	4 (57.1%)
274	STASIAK-SMOLSKA Małgorzata	6153	VOESTALPINE	Open Kobiet	226	13:15	01:37:52	02:58:25.00	02:58:25.00	+01:15:04 (42.1%)	14:52	4 (57.1%)
275	HOŁDA Anna	5710	SOCIOS SILESIA	Open Kobiet	227	12:30	01:25:42	02:59:21.10	02:59:21.10	+01:16:00 (42.4%)	14:56	4 (57.1%)
276	R Klaudia	5685	OMEGA SQUAD	Open Kobiet	228	12:30	01:22:03	03:00:02.15	03:00:02.15	+01:16:41 (42.6%)	15:00	4 (57.1%)
277	SZPAKOWSKA Emilia	5688	OMEGA SQUAD	Open Kobiet	229	12:30	01:24:28	03:00:04.25	03:00:04.25	+01:16:43 (42.6%)	15:00	4 (57.1%)
278	ZAJĄC Julia	5567	SPORTERA OCR	Open Kobiet	230	12:15	01:07:36	03:00:08.70	03:00:08.70	+01:16:47 (42.6%)	15:00	4 (57.1%)
279	CICHA Judyta	5218	HUSARIA RACE TEAM	Open Kobiet	231	11:45	01:10:51	03:00:28.25	03:00:28.25	+01:17:07 (42.7%)	15:02	4 (57.1%)
280	DROB Aleksandra	6136	TRANS.EU	Open Kobiet	232	13:00	01:35:59	02:58:41.75	03:00:53.05	+01:17:32 (42.9%)	14:53	4 (57.1%)
281	KOZIOŁ Barbara	6449		Open Kobiet	233	13:45	01:23:51	03:00:53.20	03:00:53.20	+01:17:32 (42.9%)	15:04	4 (57.1%)
282	KUMOSÓ Marcelina	6140	TRANS.EU	Open Kobiet	234	13:00	01:38:11	03:00:53.75	03:00:53.75	+01:17:32 (42.9%)	15:04	4 (57.1%)
283	CHOMICKA Renata	5156	OUTDOOR TRAINING	Open Kobiet	235	11:35	00:58:06	03:01:02.45	03:01:02.45	+01:17:41 (42.9%)	15:05	4 (57.1%)
284	WAWRZOS Marlena	6055		Open Kobiet	236	13:00	01:24:16	03:01:06.40	03:01:06.40	+01:17:45 (42.9%)	15:05	4 (57.1%)
285	WAWRZOS Martyna	6056		Open Kobiet	237	13:00	01:24:15	03:01:07.80	03:01:07.80	+01:17:46 (42.9%)	15:05	4 (57.1%)
286	GRABARA Dorota	6023		Open Kobiet	238	13:00	01:24:15	03:01:09.05	03:01:09.05	+01:17:48 (42.9%)	15:05	4 (57.1%)
287	KOLORZ Blanka	5245	LAWYERS & ABC TEAM	Open Kobiet	239	11:45	01:28:33	03:01:10.95	03:01:10.95	+01:17:50 (43.0%)	15:05	4 (57.1%)
288	KRASSOWSKA Joanna	5607		Open Kobiet	240	12:15	01:07:51	03:01:34.65	03:01:34.65	+01:18:13 (43.1%)	15:07	4 (57.1%)
289	BARWICKA Sonia	5448		Open Kobiet	241	12:00	01:21:12	03:01:54.85	03:01:54.85	+01:18:33 (43.2%)	15:09	4 (57.1%)
290	KRYSIŃSKA Adrianna	6790		Open Kobiet	242	14:30	01:25:57	03:02:13.35	03:02:13.35	+01:18:52 (43.3%)	15:11	4 (57.1%)
291	SOBCZYK Ligia	6113	PACZKOŚWIRY	Open Kobiet	243	13:15	01:40:00	03:02:16.60	03:02:16.60	+01:18:55 (43.3%)	15:11	4 (57.1%)
292	JANDA Paulina	6291		Open Kobiet	244	13:15	01:35:32	03:02:18.35	03:02:18.35	+01:18:57 (43.3%)	15:11	3.9 (55.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RM 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
293	KOZIEŁŁO-POKLEWSKA Agnieszka	6268	TBS KATOWICE	Open Masters Kobiet	49	13:30	01:39:01	03:03:16.55	03:03:16.55	+01:19:55 (43.6%)	15:16	3.9 (55.7%)
293	SIBIELAK Marta	6272	TBS KATOWICE	Open Kobiet	245	13:30	01:39:01	03:03:16.55	03:03:16.55	+01:19:55 (43.6%)	15:16	3.9 (55.7%)
295	KACZOR Edyta	5213	DZIEŃ DOBRY 2.0	Open Kobiet	246	11:45	01:17:40	03:03:17.85	03:03:17.85	+01:19:56 (43.6%)	15:16	3.9 (55.7%)
296	GAJDA Kinga	5425	SILESIA TEAM	Open Kobiet	247	12:00	01:22:52	03:04:23.75	03:04:23.75	+01:21:02 (44.0%)	15:21	3.9 (55.7%)
297	PAPIEROK Magdalena	5426	SILESIA TEAM	Open Kobiet	248	12:00	01:22:39	03:04:23.85	03:04:23.85	+01:21:02 (44.0%)	15:21	3.9 (55.7%)
298	KUCHARSKA Sylwia	6110	PACZKOŚWIRY	Open Kobiet	249	13:15	01:36:02	03:04:32.50	03:04:32.50	+01:21:11 (44.0%)	15:22	3.9 (55.7%)
299	STALSKA Magdalena	5686	OMEGA SQUAD	Open Kobiet	250	12:30	01:22:03	03:05:38.55	03:05:38.55	+01:22:17 (44.3%)	15:28	3.9 (55.7%)
300	SOBALA Marta	6767		Open Kobiet	251	14:15	01:23:37	03:07:08.95	03:07:08.95	+01:23:48 (44.8%)	15:35	3.8 (54.3%)
301	CWYNAR Marta	6415	WATAHA	Open Kobiet	252	13:45	01:17:16	03:07:14.05	03:07:14.05	+01:23:53 (44.8%)	15:36	3.8 (54.3%)
302	MAŁKIEWICZ Marta	5202	#GDYBYNIEJAREK	Open Kobiet	253	11:45	01:32:16	03:07:35.15	03:07:35.15	+01:24:14 (44.9%)	15:37	3.8 (54.3%)
303	RYBARCZYK Ilona	5153	HUSARIA RACE TEAM	Open Kobiet	254	11:35	00:51:09	03:08:28.10	03:08:28.10	+01:25:07 (45.2%)	15:42	3.8 (54.3%)
304	ROSOCHACKA Natalia Anna	5180	HUSARIA RACE TEAM	Open Kobiet	255	11:35	01:03:41	03:08:34.70	03:08:34.70	+01:25:13 (45.2%)	15:42	3.8 (54.3%)
305	SIEMIENIUK Justyna	6814	MY FITNESS PLACE OPOLE	Open Kobiet	256	14:45	01:22:33	03:09:38.85	03:09:38.85	+01:26:17 (45.5%)	15:48	3.8 (54.3%)
306	MALINOWSKA Katarzyna	5680	OBY NIE OSTATNI	Open Kobiet	257	11:45	01:32:33	03:09:59.65	03:09:59.65	+01:26:38 (45.6%)	15:49	3.8 (54.3%)
307	CENKOWSKA Małgorzata	5301		Open Kobiet	258	11:45	01:32:29	03:10:16.75	03:10:16.75	+01:26:55 (45.7%)	15:51	3.8 (54.3%)
308	PERZANOWSKA Karolina	5325		Open Kobiet	259	11:45	01:32:29	03:10:16.85	03:10:16.85	+01:26:55 (45.7%)	15:51	3.8 (54.3%)
309	ONYSKO Viktoriia	5482		Open Kobiet	260	11:45	01:32:33	03:10:20.60	03:10:20.60	+01:26:59 (45.7%)	15:51	3.8 (54.3%)
310	ZARĘBA Justyna	6574	SPORTERA OCR	Open Kobiet	261	13:15	01:20:28	03:10:51.75	03:10:51.75	+01:27:30 (45.9%)	15:54	3.8 (54.3%)
311	SZYMAŃSKA Aleksandra	5339		Open Kobiet	262	11:45	01:42:35	03:12:11.50	03:12:11.50	+01:28:50 (46.2%)	16:00	3.7 (52.9%)
312	PĘCZERZ Izabela	5857	RGB TEAM	Open Kobiet	263	12:45	01:28:47	03:12:43.70	03:12:43.70	+01:29:22 (46.4%)	16:03	3.7 (52.9%)
313	LITWINOWICZ Barbara	5855	RGB TEAM	Open Kobiet	264	12:45	01:29:38	03:12:46.40	03:12:46.40	+01:29:25 (46.4%)	16:03	3.7 (52.9%)
314	BIEL Marta	5593		Open Kobiet	265	12:15	01:38:35	03:13:04.15	03:13:04.15	+01:29:43 (46.5%)	16:05	3.7 (52.9%)
315	CHAJEC Patrycja	6221	DIRTY SPARROWS	Open Kobiet	266	13:30	01:27:17	03:14:06.55	03:14:06.55	+01:30:45 (46.8%)	16:10	3.7 (52.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RMGS 7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 12km	brutto 12km			
316	BARTOSIŃSKA Katarzyna	5146	HUSARIA RACE TEAM	Open Kobiet	267	11:35	01:06:11	03:14:26.85	03:14:26.85	+01:31:05 (46.8%)	16:12	3.7 (52.9%)
317	MARKOWICZ Ewelina	5149	HUSARIA RACE TEAM	Open Kobiet	268	11:35	01:14:48	03:14:40.05	03:14:40.05	+01:31:19 (46.9%)	16:13	3.7 (52.9%)
318	KOMORNICKA Sabina	5854	RGB TEAM	Open Kobiet	269	12:45	01:29:39	03:15:16.35	03:15:16.35	+01:31:55 (47.1%)	16:16	3.7 (52.9%)
319	BOŹEK Marlena	6162		Open Kobiet	270	13:15	01:38:02	03:15:35.70	03:15:35.70	+01:32:14 (47.2%)	16:17	3.7 (52.9%)
320	DEKA Patrycja	6165		Open Kobiet	271	13:15	01:38:02	03:15:36.00	03:15:36.00	+01:32:15 (47.2%)	16:18	3.7 (52.9%)
321	KOZIAK Agnieszka	5155	KB ODRA OPOLE	Open Kobiet	272	11:35	01:17:06	03:15:46.10	03:15:46.10	+01:32:25 (47.2%)	16:18	3.7 (52.9%)
322	POKORSKA Kasia	5150	HUSARIA RACE TEAM	Open Kobiet	273	11:35	01:13:45	03:15:47.80	03:15:47.80	+01:32:26 (47.2%)	16:18	3.7 (52.9%)
323	STAWIARZ Małgorzata	6195		Open Kobiet	274	12:15	01:38:19	03:16:03.30	03:16:03.30	+01:32:42 (47.3%)	16:20	3.7 (52.9%)
324	PURCHALAK Karolina	6093	GOVECS & FRIENDS	Open Kobiet	275	13:15	01:41:35	03:16:07.35	03:16:07.35	+01:32:46 (47.3%)	16:20	3.7 (52.9%)
325	KOŁTKO Daria	5891		Open Kobiet	276	12:45	01:24:58	03:16:22.30	03:16:22.30	+01:33:01 (47.4%)	16:21	3.7 (52.9%)
326	GIERMEK Anna	6021		Open Kobiet	277	13:00	01:20:16	03:17:23.40	03:17:23.40	+01:34:02 (47.6%)	16:26	3.6 (51.4%)
327	BAK Oliwia	5730		Open Kobiet	278	12:30	01:23:04	03:18:30.65	03:18:30.65	+01:35:09 (47.9%)	16:32	3.6 (51.4%)
328	TERLECKA Katarzyna	5207	CENTRUM KETTLEBELL ZĄBKOWICE ŚLĄSKIE	Open Kobiet	279	11:45	01:12:58	03:18:57.15	03:18:57.15	+01:35:36 (48.1%)	16:34	3.6 (51.4%)
329	STOLARSKA Julia	6670	QRDEMOLE	Open Kobiet	280	14:15	01:37:03	03:21:31.45	03:21:31.45	+01:38:10 (48.7%)	16:47	3.6 (51.4%)
330	ROGALIŃSKA Joanna	5642	BIJĘ TEŚCIA	Open Masters Kobiet	50	12:30	01:28:54	03:25:06.45	03:25:06.45	+01:41:45 (49.6%)	17:05	3.5 (50.0%)
331	VASYLENKO Margaryta	6006	WŚCIEKŁE CHOMIKI	Open Kobiet	281	13:00	01:27:34	03:25:49.50	03:25:49.50	+01:42:28 (49.8%)	17:09	3.5 (50.0%)
332	PALIBOREK Monika	6004	WŚCIEKŁE CHOMIKI	Open Kobiet	282	13:00	01:27:36	03:25:51.30	03:25:51.30	+01:42:30 (49.8%)	17:09	3.5 (50.0%)
333	KRÓLAK Margarita	5148	HUSARIA RACE TEAM	Open Kobiet	283	11:35	00:52:24	03:27:25.70	03:27:25.70	+01:44:04 (50.2%)	17:17	3.5 (50.0%)
334	ROGALIŃSKA Alicja	5641	BIJĘ TEŚCIA	Open Kobiet	284	12:30	01:28:55	03:29:20.35	03:29:20.35	+01:45:59 (50.6%)	17:26	3.4 (48.6%)
335	RYPNIEWSKA-MOGIŁA Magdalena	5643	BIJĘ TEŚCIA	Open Kobiet	285	12:30	01:28:54	03:29:20.65	03:29:20.65	+01:45:59 (50.6%)	17:26	3.4 (48.6%)
336	PODDEBNIAK Małgorzata	5761		Open Kobiet	286	12:30	01:23:00	03:30:47.90	03:30:47.90	+01:47:26 (51.0%)	17:33	3.4 (48.6%)
337	RYCHLICKA Ines	6653	KRÓĆARMIA	Open Kobiet	287	14:15	01:48:30	03:34:16.00	03:34:16.00	+01:50:55 (51.8%)	17:51	3.4 (48.6%)
338	CHERNIAVSKA Anna	5882		Open Kobiet	288	12:15	02:01:08	04:25:58.95	04:25:58.95	+02:42:38 (61.1%)	22:09	2.7 (38.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_RM 7km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
339	KAMINSKA Dorota	5144	GRUBIORZE LOTAJOM	Open Kobiet	289	11:35	02:50:29	04:30:34.65	04:30:34.65	+02:47:13 (61.8%)	22:32	2.7 (38.6%)
340	KURAN Halina	5158	WATAHA	Open Kobiet	290	11:35	01:12:17	04:30:49.00	04:30:49.00	+02:47:28 (61.8%)	22:34	2.7 (38.6%)
341	RODZIK Joanna	5565	SPORTERA OCR	Open Kobiet	291	12:15	02:00:59	04:40:11.95	04:40:11.95	+02:56:51 (63.1%)	23:20	2.6 (37.1%)
342	PTASIŃSKA Kinga	5564	SPORTERA OCR	Open Kobiet	292	12:15	02:01:10	04:42:45.85	04:42:45.85	+02:59:24 (63.5%)	23:33	2.5 (35.7%)
343	MAREK Anna	5143	EICHHÖRNCHEN	Open Kobiet	293	11:35	00:53:51	04:55:13.25	04:55:13.25	+03:11:52 (65.0%)	24:36	2.4 (34.3%)
344	KLONOWICZ Patrycja	5162		Open Masters Kobiet	51	11:35	01:05:11	06:10:37.45	06:10:37.45	+04:27:16 (72.1%)	30:53	1.9 (27.1%)
345	KLUCZKA Aleksandra	5145	HUSARIA RACE TEAM	Open Kobiet	294	11:35	00:45:28			+	6:29	9.2 (131.4%)
346	PASTUSCHKA Lisa	6887		Open Kobiet	295	14:30	01:03:35			+02:11:09	9:05	6.6 (94.3%)
347	HORĘZGA Dorota	5440	WATAHA- ŁĄCZY NAS BIEGANIE	Open Kobiet	296	12:00	01:26:00			+00:02:12	12:17	4.9 (70.0%)
348	KOSTRUBIEC-MAŁKIEWICZ Marta	5201	#GDYBYNIEJAREK	Open Kobiet	297	11:45	01:32:16			+	13:10	4.6 (65.7%)
349	STĘPIEŃ Agnieszka	6154	VOESTALPINE	Open Kobiet	298	13:15						(0.0%)
350	SZAWŁOWSKA Agnieszka	6146	TRANS.EU	Open Kobiet	299	13:15						(0.0%)
351	ROŻEK Sandra	5152	HUSARIA RACE TEAM	Open Kobiet	300	11:35						(0.0%)
	FRIEBE Kinga	5307		Open Kobiet		11:45	01:22:45 DNF	DNF	DNF		-	- (0.0%)

Znaleziono 352 wynik(ów)