

**Event:** Finał Ligi Runmageddonu  
**Organiser:** Extreme Events, Runmageddon  
**Date:** 2019-10-20  
**Place:** Wrocław  
**Distance:** 10 km

Classification: 11:15

| Place | Participant                | Number      | Club                  | Category              | MCat | Seria | Reggae Punkt 4.5km | Net time 10km      | Czas brutto 10km   | Gap               | Pace min/km | Pace km/h   |
|-------|----------------------------|-------------|-----------------------|-----------------------|------|-------|--------------------|--------------------|--------------------|-------------------|-------------|-------------|
| 1     | <b>MACHULEC Sebastian</b>  | <b>3180</b> |                       | Open Mężczyzn         | 1    | 11:15 | 00:28:11           | <b>01:13:06.75</b> | <b>01:13:06.75</b> |                   | 7:18        | 8.2 (100%)  |
| 2     | <b>GULATOWSKI Rafał</b>    | <b>3166</b> |                       | Open Mężczyzn         | 100  | 11:15 | 00:46:22           | <b>01:54:13.10</b> | <b>01:54:13.10</b> | +00:41:06 (36.0%) | 11:25       | 5.3 (64.6%) |
| 3     | <b>GULATOWSKA Klaudia</b>  | <b>3165</b> |                       | Open Kobiet           | 4    | 11:15 | 00:46:06           | <b>01:54:13.30</b> | <b>01:54:13.30</b> | +00:41:06 (36.0%) | 11:25       | 5.3 (64.6%) |
| 4     | <b>MICHROWSKI Sławomir</b> | <b>3191</b> |                       | Open Masters Mężczyzn | 30   | 11:15 | 00:34:39           | <b>02:01:01.30</b> | <b>02:01:01.30</b> | +00:47:54 (39.6%) | 12:06       | 5 (61.0%)   |
| 5     | <b>NAJDEREK Michał</b>     | <b>3193</b> |                       | Open Mężczyzn         | 141  | 11:15 | 00:39:20           | <b>02:01:10.45</b> | <b>02:01:10.45</b> | +00:48:03 (39.7%) | 12:07       | 5 (61.0%)   |
| 6     | <b>MROZIK Mariusz</b>      | <b>3100</b> | HUSARIA RACE TEAM     | Open Masters Mężczyzn | 31   | 11:15 | 00:40:01           | <b>02:02:27.20</b> | <b>02:02:27.20</b> | +00:49:20 (40.3%) | 12:14       | 4.9 (59.8%) |
| 7     | <b>KUCZERA Kazimierz</b>   | <b>3175</b> |                       | Open Mężczyzn         | 162  | 11:15 | 00:39:00           | <b>02:04:07.55</b> | <b>02:04:07.55</b> | +00:51:00 (41.1%) | 12:24       | 4.8 (58.5%) |
| 8     | <b>CZARNECKI Adam</b>      | <b>3158</b> |                       | Open Mężczyzn         | 166  | 11:15 | 00:38:44           | <b>02:04:26.50</b> | <b>02:04:26.50</b> | +00:51:19 (41.2%) | 12:26       | 4.8 (58.5%) |
| 9     | <b>WALKOWSKI Rafał</b>     | <b>3103</b> | JEDZIEMY Z TYM KOKSEM | Open Masters Mężczyzn | 38   | 11:15 | 00:44:44           | <b>02:06:05.25</b> | <b>02:06:05.25</b> | +00:52:58 (42.0%) | 12:36       | 4.8 (58.5%) |
| 10    | <b>WIECZOREK Jakub</b>     | <b>3210</b> |                       | Open Mężczyzn         | 175  | 11:15 | 00:37:30           | <b>02:06:22.00</b> | <b>02:06:22.00</b> | +00:53:15 (42.1%) | 12:38       | 4.7 (57.3%) |
| 11    | <b>BEDYK Maciej</b>        | <b>3095</b> | DRUŻYNA PANA MICHAŁA  | Open Masters Mężczyzn | 39   | 11:15 | 00:35:27           | <b>02:07:14.40</b> | <b>02:07:14.40</b> | +00:54:07 (42.5%) | 12:43       | 4.7 (57.3%) |
| 12    | <b>OGONOWSKI Dariusz</b>   | <b>3194</b> |                       | Open Mężczyzn         | 181  | 11:15 | 00:39:22           | <b>02:07:29.15</b> | <b>02:07:29.15</b> | +00:54:22 (42.7%) | 12:44       | 4.7 (57.3%) |
| 13    | <b>ŁUKASZEK Katarzyna</b>  | <b>3179</b> |                       | Open Masters Kobiet   | 5    | 11:15 | 00:47:26           | <b>02:09:29.00</b> | <b>02:09:29.00</b> | +00:56:22 (43.5%) | 12:56       | 4.6 (56.1%) |
| 14    | <b>JARUGA Grzegorz</b>     | <b>3168</b> |                       | Open Mężczyzn         | 201  | 11:15 | 00:38:44           | <b>02:09:46.10</b> | <b>02:09:46.10</b> | +00:56:39 (43.7%) | 12:58       | 4.6 (56.1%) |
| 15    | <b>SAWICKI Kacper</b>      | <b>3201</b> |                       | Open Mężczyzn         | 211  | 11:15 | 00:40:16           | <b>02:10:59.10</b> | <b>02:10:59.10</b> | +00:57:52 (44.2%) | 13:05       | 4.6 (56.1%) |

| Place | Participant                     | Number      | Club                                 | Category              | MCat | Seria | Reggae Punkt 4.5km | Net time 10km      | Czas brutto 10km   | Gap               | Pace min/km | Pace km/h   |
|-------|---------------------------------|-------------|--------------------------------------|-----------------------|------|-------|--------------------|--------------------|--------------------|-------------------|-------------|-------------|
| 16    | <b>KONOPACKI Grzegorz</b>       | <b>3128</b> | RÓŻOWE LANDRYNY                      | Open Mężczyzn         | 214  | 11:15 | 00:40:10           | <b>02:11:16.40</b> | <b>02:11:16.40</b> | +00:58:09 (44.3%) | 13:07       | 4.6 (56.1%) |
| 17    | <b>MARCOL Dominika</b>          | <b>2149</b> |                                      | Open Kobiet           | 10   | 11:15 | 00:45:12           | <b>02:11:29.45</b> | <b>02:11:29.45</b> | +00:58:22 (44.4%) | 13:08       | 4.6 (56.1%) |
| 18    | <b>SZYWALSKI Krystian</b>       | <b>3110</b> | KS OTMĘT KRAPKOWICE RUNMAGEDDON TEAM | Open Mężczyzn         | 241  | 11:15 | 00:46:35           | <b>02:14:35.30</b> | <b>02:14:35.30</b> | +01:01:28 (45.7%) | 13:27       | 4.5 (54.9%) |
| 19    | <b>MATKOWSKA Martyna</b>        | <b>3186</b> |                                      | Open Kobiet           | 21   | 11:15 | 00:54:22           | <b>02:17:00.90</b> | <b>02:17:00.90</b> | +01:03:54 (46.6%) | 13:42       | 4.4 (53.7%) |
| 20    | <b>CIECIORSKI Sebastian</b>     | <b>3155</b> |                                      | Open Mężczyzn         | 280  | 11:15 | 00:46:35           | <b>02:18:50.45</b> | <b>02:18:50.45</b> | +01:05:43 (47.3%) | 13:53       | 4.3 (52.4%) |
| 21    | <b>MALCZEWSKI Tomasz</b>        | <b>3184</b> |                                      | Open Mężczyzn         | 294  | 11:15 | 00:42:07           | <b>02:20:57.00</b> | <b>02:20:57.00</b> | +01:07:50 (48.1%) | 14:05       | 4.3 (52.4%) |
| 22    | <b>MATYSIAK Anna</b>            | <b>3094</b> | DROGA DO ULTRA                       | Open Masters Kobiet   | 10   | 11:15 | 00:46:21           | <b>02:21:45.50</b> | <b>02:21:45.50</b> | +01:08:38 (48.4%) | 14:10       | 4.2 (51.2%) |
| 23    | <b>OLSZAK Wioleta</b>           | <b>3195</b> |                                      | Open Masters Kobiet   | 11   | 11:15 | 00:46:20           | <b>02:21:45.80</b> | <b>02:21:45.80</b> | +01:08:39 (48.4%) | 14:10       | 4.2 (51.2%) |
| 24    | <b>KLIK Paweł</b>               | <b>3150</b> | WATAHA                               | Open Mężczyzn         | 300  | 11:15 | 00:47:53           | <b>02:21:57.00</b> | <b>02:21:57.00</b> | +01:08:50 (48.5%) | 14:11       | 4.2 (51.2%) |
| 25    | <b>ŁUKASZYŃSKI Marek</b>        | <b>3104</b> | KB ODRA OPOLE                        | Open Mężczyzn         | 310  | 11:15 | 00:43:29           | <b>02:22:39.75</b> | <b>02:22:39.75</b> | +01:09:33 (48.8%) | 14:15       | 4.2 (51.2%) |
| 26    | <b>ŁUKASZCZYKIEWICZ Andrzej</b> | <b>3127</b> | RMF4RT GLADIATORS                    | Open Mężczyzn         | 350  | 11:15 | 00:38:48           | <b>02:26:52.45</b> | <b>02:26:52.45</b> | +01:13:45 (50.2%) | 14:41       | 4.1 (50.0%) |
| 27    | <b>BAJDAŁA Robert</b>           | <b>3101</b> | JEDZIEMY Z TYM KOKSEM                | Open Mężczyzn         | 356  | 11:15 | 00:44:59           | <b>02:27:19.10</b> | <b>02:27:19.10</b> | +01:14:12 (50.4%) | 14:43       | 4.1 (50.0%) |
| 28    | <b>RÓŻYCKI Adrian</b>           | <b>3102</b> | JEDZIEMY Z TYM KOKSEM                | Open Mężczyzn         | 358  | 11:15 | 00:47:17           | <b>02:27:20.60</b> | <b>02:27:20.60</b> | +01:14:13 (50.4%) | 14:44       | 4.1 (50.0%) |
| 29    | <b>KALNIUK Paweł</b>            | <b>3170</b> |                                      | Open Mężczyzn         | 372  | 11:15 | 00:36:30           | <b>02:28:39.60</b> | <b>02:28:39.60</b> | +01:15:32 (50.8%) | 14:51       | 4 (48.8%)   |
| 30    | <b>TRZASKA Anna</b>             | <b>3131</b> | RUNMAGEDDON POLICE TEAM BRZEG        | Open Masters Kobiet   | 15   | 11:15 | 00:55:34           | <b>02:29:29.35</b> | <b>02:29:29.35</b> | +01:16:22 (51.1%) | 14:56       | 4 (48.8%)   |
| 31    | <b>WITKOWSKI Marek</b>          | <b>3145</b> | SKOŃCZENI OCR                        | Open Masters Mężczyzn | 96   | 11:15 | 00:57:47           | <b>02:30:51.65</b> | <b>02:30:51.65</b> | +01:17:44 (51.5%) | 15:05       | 4 (48.8%)   |
| 32    | <b>KRAWCZYK Karina</b>          | <b>3143</b> | SKOŃCZENI OCR                        | Open Kobiet           | 68   | 11:15 | 00:57:49           | <b>02:32:45.35</b> | <b>02:32:45.35</b> | +01:19:38 (52.1%) | 15:16       | 3.9 (47.6%) |
| 33    | <b>GÓRNIACZYK Krystian</b>      | <b>3142</b> | SKOŃCZENI OCR                        | Open Mężczyzn         | 399  | 11:15 | 00:57:48           | <b>02:32:52.55</b> | <b>02:32:52.55</b> | +01:19:45 (52.2%) | 15:17       | 3.9 (47.6%) |
| 34    | <b>SADŁO Gracjan</b>            | <b>3144</b> | SKOŃCZENI OCR                        | Open Mężczyzn         | 402  | 11:15 | 00:57:49           | <b>02:33:13.20</b> | <b>02:33:13.20</b> | +01:20:06 (52.3%) | 15:19       | 3.9 (47.6%) |
| 35    | <b>SKÓRKA Dawid</b>             | <b>3109</b> | KS OTMĘT KRAPKOWICE RUNMAGEDDON TEAM | Open Mężczyzn         | 407  | 11:15 | 00:57:03           | <b>02:33:55.35</b> | <b>02:33:55.35</b> | +01:20:48 (52.5%) | 15:23       | 3.9 (47.6%) |
| 36    | <b>BIELECKA Magdalena</b>       | <b>3129</b> | RUNMAGEDDON POLICE TEAM BRZEG        | Open Masters Kobiet   | 21   | 11:15 | 00:55:29           | <b>02:35:20.10</b> | <b>02:35:20.10</b> | +01:22:13 (52.9%) | 15:32       | 3.9 (47.6%) |
| 37    | <b>KRUTOF Rafał</b>             | <b>3106</b> | KS OTMĘT KRAPKOWICE RUNMAGEDDON TEAM | Open Masters Mężczyzn | 100  | 11:15 | 00:57:07           | <b>02:35:20.75</b> | <b>02:35:20.75</b> | +01:22:14 (52.9%) | 15:32       | 3.9 (47.6%) |
| 38    | <b>PILCH Marek</b>              | <b>3130</b> | RUNMAGEDDON POLICE TEAM BRZEG        | Open Mężczyzn         | 424  | 11:15 | 00:55:32           | <b>02:35:20.90</b> | <b>02:35:20.90</b> | +01:22:14 (52.9%) | 15:32       | 3.9 (47.6%) |

| Place | Participant                  | Number      | Club                                 | Category              | MCat | Seria | Reggae Punkt 4.5km | Net time 10km      | Czas brutto 10km   | Gap               | Pace min/km | Pace km/h   |
|-------|------------------------------|-------------|--------------------------------------|-----------------------|------|-------|--------------------|--------------------|--------------------|-------------------|-------------|-------------|
| 39    | <b>MEDWID Katarzyna</b>      | <b>3108</b> | KS OTMĘT KRAPKOWICE RUNMAGEDDON TEAM | Open Masters Kobiet   | 22   | 11:15 | 00:56:52           | <b>02:35:21.15</b> | <b>02:35:21.15</b> | +01:22:14 (52.9%) | 15:32       | 3.9 (47.6%) |
| 40    | <b>MEDWID Daniel</b>         | <b>3107</b> | KS OTMĘT KRAPKOWICE RUNMAGEDDON TEAM | Open Masters Mężczyzn | 101  | 11:15 | 00:56:58           | <b>02:35:21.90</b> | <b>02:35:21.90</b> | +01:22:15 (52.9%) | 15:32       | 3.9 (47.6%) |
| 41    | <b>DOMOŃ Piotr</b>           | <b>3159</b> |                                      | Open Mężczyzn         | 432  | 11:15 | 00:44:25           | <b>02:36:03.25</b> | <b>02:36:03.25</b> | +01:22:56 (53.1%) | 15:36       | 3.8 (46.3%) |
| 42    | <b>KOZŁOWSKA Alicja</b>      | <b>3174</b> |                                      | Open Masters Kobiet   | 24   | 11:15 | 00:51:40           | <b>02:37:20.55</b> | <b>02:37:20.55</b> | +01:24:13 (53.5%) | 15:44       | 3.8 (46.3%) |
| 43    | <b>KUCHARSKI Rafał</b>       | <b>3123</b> | PATUS TEAM                           | Open Mężczyzn         | 459  | 11:15 | 00:54:20           | <b>02:39:14.15</b> | <b>02:39:14.15</b> | +01:26:07 (54.1%) | 15:55       | 3.8 (46.3%) |
| 44    | <b>ŁĄCZYKOWSKI Sylwester</b> | <b>3177</b> |                                      | Open Mężczyzn         | 460  | 11:15 | 00:48:28           | <b>02:39:25.35</b> | <b>02:39:25.35</b> | +01:26:18 (54.1%) | 15:56       | 3.8 (46.3%) |
| 45    | <b>GŁADYSZ Leszek</b>        | <b>3163</b> |                                      | Open Mężczyzn         | 463  | 11:15 | 01:01:26           | <b>02:39:39.05</b> | <b>02:39:39.05</b> | +01:26:32 (54.2%) | 15:57       | 3.8 (46.3%) |
| 46    | <b>KULISZEWSKI Maciej</b>    | <b>3176</b> |                                      | Open Mężczyzn         | 464  | 11:15 | 01:00:57           | <b>02:39:39.35</b> | <b>02:39:39.35</b> | +01:26:32 (54.2%) | 15:57       | 3.8 (46.3%) |
| 47    | <b>POLAK Michał</b>          | <b>3197</b> |                                      | Open Mężczyzn         | 465  | 11:15 | 01:01:09           | <b>02:39:41.05</b> | <b>02:39:41.05</b> | +01:26:34 (54.2%) | 15:58       | 3.8 (46.3%) |
| 48    | <b>GROBELNY Roger</b>        | <b>3146</b> | SPONSOROWANY PRZEZ BEZDOMNEGO        | Open Mężczyzn         | 466  | 11:15 | 00:46:41           | <b>02:39:49.40</b> | <b>02:39:49.40</b> | +01:26:42 (54.3%) | 15:58       | 3.8 (46.3%) |
| 49    | <b>DYBA Mikołaj</b>          | <b>3160</b> |                                      | Open Mężczyzn         | 467  | 11:15 | 00:46:41           | <b>02:39:49.45</b> | <b>02:39:49.45</b> | +01:26:42 (54.3%) | 15:58       | 3.8 (46.3%) |
| 50    | <b>MIELNICKI Krystian</b>    | <b>3192</b> |                                      | Open Mężczyzn         | 475  | 11:15 | 00:48:34           | <b>02:40:36.45</b> | <b>02:40:36.45</b> | +01:27:29 (54.5%) | 16:03       | 3.7 (45.1%) |
| 51    | <b>PORĘBSKI Jarosław</b>     | <b>3198</b> |                                      | Open Mężczyzn         | 485  | 11:15 | 01:00:09           | <b>02:42:03.85</b> | <b>02:42:03.85</b> | +01:28:57 (54.9%) | 16:12       | 3.7 (45.1%) |
| 52    | <b>KARCZ Paweł</b>           | <b>3171</b> |                                      | Open Mężczyzn         | 487  | 11:15 | 01:00:08           | <b>02:42:05.20</b> | <b>02:42:05.20</b> | +01:28:58 (54.9%) | 16:12       | 3.7 (45.1%) |
| 53    | <b>DUKAT Sandra</b>          | <b>3114</b> | LEMON TEAM                           | Open Kobiet           | 99   | 11:15 | 00:57:05           | <b>02:42:12.15</b> | <b>02:42:12.15</b> | +01:29:05 (54.9%) | 16:13       | 3.7 (45.1%) |
| 54    | <b>FRAĆKOWIAK Kinga</b>      | <b>3121</b> | PATUS TEAM                           | Open Kobiet           | 100  | 11:15 | 00:54:21           | <b>02:42:12.70</b> | <b>02:42:12.70</b> | +01:29:05 (54.9%) | 16:13       | 3.7 (45.1%) |
| 55    | <b>CŁAPA Mateusz</b>         | <b>3156</b> |                                      | Open Mężczyzn         | 490  | 11:15 | 00:46:35           | <b>02:42:16.65</b> | <b>02:42:16.65</b> | +01:29:09 (54.9%) | 16:13       | 3.7 (45.1%) |
| 56    | <b>ZYCH Zbyszek</b>          | <b>3093</b> | CARBON OCR RACING TEAM               | Open Masters Mężczyzn | 114  | 11:15 | 00:39:21           | <b>02:42:23.05</b> | <b>02:42:23.05</b> | +01:29:16 (55.0%) | 16:14       | 3.7 (45.1%) |
| 57    | <b>KORDEK Dawid</b>          | <b>3122</b> | PATUS TEAM                           | Open Mężczyzn         | 493  | 11:15 | 00:54:20           | <b>02:43:01.20</b> | <b>02:43:01.20</b> | +01:29:54 (55.2%) | 16:18       | 3.7 (45.1%) |
| 58    | <b>STELMACH Grzegorz</b>     | <b>3208</b> |                                      | Open Mężczyzn         | 500  | 11:15 | 00:39:24           | <b>02:44:16.35</b> | <b>02:44:16.35</b> | +01:31:09 (55.5%) | 16:25       | 3.7 (45.1%) |
| 59    | <b>HAC Łukasz</b>            | <b>3167</b> |                                      | Open Mężczyzn         | 504  | 11:15 | 00:46:56           | <b>02:44:53.30</b> | <b>02:44:53.30</b> | +01:31:46 (55.7%) | 16:29       | 3.6 (43.9%) |
| 60    | <b>CZAJKA Grzegorz</b>       | <b>3157</b> |                                      | Open Mężczyzn         | 510  | 11:15 | 00:46:58           | <b>02:45:24.90</b> | <b>02:45:24.90</b> | +01:32:18 (55.8%) | 16:32       | 3.6 (43.9%) |
| 61    | <b>MAJWALD Marcela</b>       | <b>3183</b> |                                      | Open Kobiet           | 112  | 11:15 | 00:56:31           | <b>02:45:29.20</b> | <b>02:45:29.20</b> | +01:32:22 (55.8%) | 16:32       | 3.6 (43.9%) |

| Place | Participant                | Number      | Club                  | Category              | MCat | Seria | Reggae   | Net                | Czas               | Gap                  | Pace  | Pace           |
|-------|----------------------------|-------------|-----------------------|-----------------------|------|-------|----------|--------------------|--------------------|----------------------|-------|----------------|
|       |                            |             |                       |                       |      |       | Punkt    | time               | brutto             |                      |       |                |
|       |                            |             |                       |                       |      |       | 4.5km    | 10km               | 10km               |                      |       |                |
| 62    | <b>BUDNER Justyna</b>      | <b>3153</b> |                       | Open Kobiet           | 113  | 11:15 | 00:53:32 | <b>02:45:40.65</b> | <b>02:45:40.65</b> | +01:32:33<br>(55.9%) | 16:34 | 3.6<br>(43.9%) |
| 63    | <b>BAK Piotr</b>           | <b>3151</b> |                       | Open Mężczyzn         | 514  | 11:15 | 00:53:32 | <b>02:45:41.85</b> | <b>02:45:41.85</b> | +01:32:35<br>(55.9%) | 16:34 | 3.6<br>(43.9%) |
| 64    | <b>METELSKA Justyna</b>    | <b>3187</b> |                       | Open Kobiet           | 117  | 11:15 | 00:57:29 | <b>02:46:55.65</b> | <b>02:46:55.65</b> | +01:33:48<br>(56.2%) | 16:41 | 3.6<br>(43.9%) |
| 65    | <b>METELSKA Paulina</b>    | <b>3189</b> |                       | Open Kobiet           | 118  | 11:15 | 00:57:27 | <b>02:46:55.90</b> | <b>02:46:55.90</b> | +01:33:49<br>(56.2%) | 16:41 | 3.6<br>(43.9%) |
| 66    | <b>METELSKA Karolina</b>   | <b>3188</b> |                       | Open Kobiet           | 119  | 11:15 | 00:57:26 | <b>02:46:56.00</b> | <b>02:46:56.00</b> | +01:33:49<br>(56.2%) | 16:41 | 3.6<br>(43.9%) |
| 67    | <b>NOWAK Łukasz</b>        | <b>3096</b> | FF RED TEAM           | Open Mężczyzn         | 527  | 11:15 | 00:56:21 | <b>02:47:31.40</b> | <b>02:47:31.40</b> | +01:34:24<br>(56.4%) | 16:45 | 3.6<br>(43.9%) |
| 68    | <b>MAJWALD Janusz</b>      | <b>3182</b> |                       | Open Masters Mężczyzn | 121  | 11:15 | 00:56:30 | <b>02:47:34.50</b> | <b>02:47:34.50</b> | +01:34:27<br>(56.4%) | 16:45 | 3.6<br>(43.9%) |
| 69    | <b>JURKOW Pawel</b>        | <b>3169</b> |                       | Open Mężczyzn         | 530  | 11:15 | 00:59:35 | <b>02:47:38.35</b> | <b>02:47:38.35</b> | +01:34:31<br>(56.4%) | 16:45 | 3.6<br>(43.9%) |
| 70    | <b>BURDZY Magdalena</b>    | <b>3154</b> |                       | Open Kobiet           | 122  | 11:15 | 00:59:38 | <b>02:47:38.70</b> | <b>02:47:38.70</b> | +01:34:31<br>(56.4%) | 16:45 | 3.6<br>(43.9%) |
| 71    | <b>KISIELEWSKI Rafal</b>   | <b>3173</b> |                       | Open Masters Mężczyzn | 124  | 11:15 | 00:59:40 | <b>02:47:50.65</b> | <b>02:47:50.65</b> | +01:34:43<br>(56.4%) | 16:47 | 3.6<br>(43.9%) |
| 72    | <b>SZWED Marek</b>         | <b>3097</b> | FF RED TEAM           | Open Mężczyzn         | 540  | 11:15 | 00:56:39 | <b>02:48:29.00</b> | <b>02:48:29.00</b> | +01:35:22<br>(56.6%) | 16:50 | 3.6<br>(43.9%) |
| 73    | <b>MIELNIK Natalia</b>     | <b>3119</b> | ORGANIC FITNESS       | Open Kobiet           | 129  | 11:15 | 00:59:29 | <b>02:49:42.30</b> | <b>02:49:42.30</b> | +01:36:35<br>(56.9%) | 16:58 | 3.5<br>(42.7%) |
| 74    | <b>POHLAND Paweł</b>       | <b>3120</b> | ORGANIC FITNESS       | Open Mężczyzn         | 546  | 11:15 | 00:59:29 | <b>02:49:42.60</b> | <b>02:49:42.60</b> | +01:36:35<br>(56.9%) | 16:58 | 3.5<br>(42.7%) |
| 75    | <b>GÓRNIAK Kamil</b>       | <b>3148</b> | TME RUNNERS           | Open Mężczyzn         | 547  | 11:15 | 00:58:22 | <b>02:49:48.50</b> | <b>02:49:48.50</b> | +01:36:41<br>(56.9%) | 16:58 | 3.5<br>(42.7%) |
| 76    | <b>RUDZIŃSKI Paweł</b>     | <b>3200</b> |                       | Open Mężczyzn         | 561  | 11:15 | 00:50:32 | <b>02:51:15.75</b> | <b>02:51:15.75</b> | +01:38:09<br>(57.3%) | 17:07 | 3.5<br>(42.7%) |
| 77    | <b>WIENER Szymon</b>       | <b>3098</b> | FF RED TEAM           | Open Mężczyzn         | 562  | 11:15 | 00:56:44 | <b>02:51:18.55</b> | <b>02:51:18.55</b> | +01:38:11<br>(57.3%) | 17:07 | 3.5<br>(42.7%) |
| 78    | <b>BENDINGER Krystian</b>  | <b>3124</b> | RAZEM TRENUJEMY SPORT | Open Mężczyzn         | 569  | 11:15 | 00:56:18 | <b>02:52:14.65</b> | <b>02:52:14.65</b> | +01:39:07<br>(57.6%) | 17:13 | 3.5<br>(42.7%) |
| 79    | <b>MAZERANT Karolina</b>   | <b>3126</b> | RAZEM TRENUJEMY SPORT | Open Kobiet           | 143  | 11:15 | 00:56:19 | <b>02:52:15.50</b> | <b>02:52:15.50</b> | +01:39:08<br>(57.6%) | 17:13 | 3.5<br>(42.7%) |
| 80    | <b>BENDINGER Krzysztof</b> | <b>3125</b> | RAZEM TRENUJEMY SPORT | Open Masters Mężczyzn | 132  | 11:15 | 00:56:29 | <b>02:52:16.10</b> | <b>02:52:16.10</b> | +01:39:09<br>(57.6%) | 17:13 | 3.5<br>(42.7%) |
| 81    | <b>GORTAT Agnieszka</b>    | <b>3164</b> |                       | Open Masters Kobiet   | 28   | 11:15 | 00:56:11 | <b>02:52:24.10</b> | <b>02:52:24.10</b> | +01:39:17<br>(57.6%) | 17:14 | 3.5<br>(42.7%) |
| 82    | <b>BENSCH Michal</b>       | <b>3152</b> |                       | Open Masters Mężczyzn | 134  | 11:15 | 00:51:07 | <b>02:53:43.40</b> | <b>02:53:43.40</b> | +01:40:36<br>(57.9%) | 17:22 | 3.5<br>(42.7%) |
| 83    | <b>MADERA Kamil</b>        | <b>3181</b> |                       | Open Mężczyzn         | 577  | 11:15 | 00:55:36 | <b>02:53:54.10</b> | <b>02:53:54.10</b> | +01:40:47<br>(58.0%) | 17:23 | 3.5<br>(42.7%) |
| 84    | <b>STASIAK Piotr</b>       | <b>3206</b> |                       | Open Mężczyzn         | 594  | 11:15 | 00:47:30 | <b>02:55:23.65</b> | <b>02:55:23.65</b> | +01:42:16<br>(58.3%) | 17:32 | 3.4<br>(41.5%) |

| Place | Participant                | Number      | Club                | Category              | MCat | Seria | Reggae Punkt 4.5km | Net time 10km      | Czas brutto 10km   | Gap               | Pace min/km | Pace km/h   |
|-------|----------------------------|-------------|---------------------|-----------------------|------|-------|--------------------|--------------------|--------------------|-------------------|-------------|-------------|
| 85    | <b>ANUSZCZYK Mariusz</b>   | <b>3026</b> |                     | Open Masters Mężczyzn | 136  | 11:15 | 00:37:29           | <b>02:55:41.70</b> | <b>02:55:41.70</b> | +01:42:34 (58.4%) | 17:34       | 3.4 (41.5%) |
| 86    | <b>KILKA Dorota</b>        | <b>3172</b> |                     | Open Kobiet           | 160  | 11:15 | 00:54:13           | <b>02:56:29.55</b> | <b>02:56:29.55</b> | +01:43:22 (58.6%) | 17:38       | 3.4 (41.5%) |
| 87    | <b>STANISŁAWSKI Karol</b>  | <b>3205</b> |                     | Open Mężczyzn         | 600  | 11:15 | 00:59:55           | <b>02:56:43.50</b> | <b>02:56:43.50</b> | +01:43:36 (58.6%) | 17:40       | 3.4 (41.5%) |
| 88    | <b>STANISŁAWSKA Agata</b>  | <b>3204</b> |                     | Open Kobiet           | 163  | 11:15 | 00:59:55           | <b>02:56:43.80</b> | <b>02:56:43.80</b> | +01:43:37 (58.6%) | 17:40       | 3.4 (41.5%) |
| 89    | <b>GAJO Natalia</b>        | <b>3161</b> |                     | Open Kobiet           | 168  | 11:15 | 00:59:44           | <b>02:57:59.15</b> | <b>02:57:59.15</b> | +01:44:52 (58.9%) | 17:47       | 3.4 (41.5%) |
| 90    | <b>SIKORA Mateusz</b>      | <b>3203</b> |                     | Open Mężczyzn         | 605  | 11:15 | 00:52:27           | <b>02:58:27.30</b> | <b>02:58:27.30</b> | +01:45:20 (59.0%) | 17:50       | 3.4 (41.5%) |
| 91    | <b>PAROŃ Krzysztof</b>     | <b>3196</b> |                     | Open Mężczyzn         | 607  | 11:15 | 00:52:29           | <b>02:58:28.60</b> | <b>02:58:28.60</b> | +01:45:21 (59.0%) | 17:50       | 3.4 (41.5%) |
| 92    | <b>LEŚNIK Damian</b>       | <b>3178</b> |                     | Open Mężczyzn         | 608  | 11:15 | 00:52:28           | <b>02:58:30.10</b> | <b>02:58:30.10</b> | +01:45:23 (59.0%) | 17:51       | 3.4 (41.5%) |
| 93    | <b>KOŚCIELNIAK Paulina</b> | <b>3112</b> | KUŁASÓWKA           | Open Kobiet           | 176  | 11:15 | 01:04:01           | <b>02:59:33.00</b> | <b>02:59:33.00</b> | +01:46:26 (59.3%) | 17:57       | 3.3 (40.2%) |
| 94    | <b>KOZIEŁ Tomasz</b>       | <b>3113</b> | KUŁASÓWKA           | Open Mężczyzn         | 615  | 11:15 | 01:04:02           | <b>02:59:33.15</b> | <b>02:59:33.15</b> | +01:46:26 (59.3%) | 17:57       | 3.3 (40.2%) |
| 95    | <b>UBYSZ Malwina</b>       | <b>3330</b> |                     | Open Kobiet           | 177  | 11:15 | 01:04:00           | <b>02:59:34.00</b> | <b>02:59:34.00</b> | +01:46:27 (59.3%) | 17:57       | 3.3 (40.2%) |
| 96    | <b>HODANA Paweł</b>        | <b>3111</b> | KUŁASÓWKA           | Open Mężczyzn         | 616  | 11:15 | 01:04:02           | <b>02:59:35.45</b> | <b>02:59:35.45</b> | +01:46:28 (59.3%) | 17:57       | 3.3 (40.2%) |
| 97    | <b>RODEK Karolina</b>      | <b>3132</b> | SAME KONIE #OLATEAM | Open Kobiet           | 186  | 11:15 | 01:07:03           | <b>03:02:40.15</b> | <b>03:02:40.15</b> | +01:49:33 (60.0%) | 18:16       | 3.3 (40.2%) |
| 98    | <b>SERKIS Bartosz</b>      | <b>3202</b> |                     | Open Mężczyzn         | 635  | 11:15 | 01:00:48           | <b>03:03:44.15</b> | <b>03:03:44.15</b> | +01:50:37 (60.2%) | 18:22       | 3.3 (40.2%) |
| 99    | <b>TOKARCZYK Karolina</b>  | <b>3209</b> |                     | Open Kobiet           | 189  | 11:15 | 01:00:20           | <b>03:03:45.95</b> | <b>03:03:45.95</b> | +01:50:39 (60.2%) | 18:22       | 3.3 (40.2%) |
| 100   | <b>KRÓL Przemysław</b>     | <b>2623</b> | SAMEKONIE- TEAM OLA | Open Mężczyzn         | 637  | 11:15 | 01:07:10           | <b>03:04:05.75</b> | <b>03:04:05.75</b> | +01:50:59 (60.3%) | 18:24       | 3.3 (40.2%) |
| 101   | <b>ROROT Dominik</b>       | <b>3133</b> | SAME KONIE #OLATEAM | Open Masters Mężczyzn | 144  | 11:15 | 01:07:03           | <b>03:04:06.00</b> | <b>03:04:06.00</b> | +01:50:59 (60.3%) | 18:24       | 3.3 (40.2%) |
| 102   | <b>SZUSTER Aleksandra</b>  | <b>3116</b> | ŁO PANIE PRZE... !  | Open Kobiet           | 208  | 11:15 | 01:03:06           | <b>03:08:37.25</b> | <b>03:08:37.25</b> | +01:55:30 (61.2%) | 18:51       | 3.2 (39.0%) |
| 103   | <b>KAŻMIERCZAK Sylwia</b>  | <b>3115</b> | ŁO PANIE PRZE... !  | Open Kobiet           | 209  | 11:15 | 01:03:07           | <b>03:08:37.60</b> | <b>03:08:37.60</b> | +01:55:30 (61.2%) | 18:51       | 3.2 (39.0%) |
| 104   | <b>SZUSTER Kamil</b>       | <b>3117</b> | ŁO PANIE PRZE... !  | Open Mężczyzn         | 664  | 11:15 | 01:03:06           | <b>03:09:18.60</b> | <b>03:09:18.60</b> | +01:56:11 (61.4%) | 18:55       | 3.2 (39.0%) |
| 105   | <b>WALCZAK Dawid</b>       | <b>3118</b> | ŁO PANIE PRZE... !  | Open Mężczyzn         | 665  | 11:15 | 01:03:04           | <b>03:09:21.00</b> | <b>03:09:21.00</b> | +01:56:14 (61.4%) | 18:56       | 3.2 (39.0%) |
| 106   | <b>NOVIKOVA Julia</b>      | <b>3136</b> | SAMEKONIE- TEAM OLA | Open Kobiet           | 229  | 11:15 | 01:07:12           | <b>03:13:41.60</b> | <b>03:13:41.60</b> | +02:00:34 (62.3%) | 19:22       | 3.1 (37.8%) |
| 107   | <b>GRUDZIŃSKA Ania</b>     | <b>3013</b> | SAME KONIE #OLATEAM | Open Masters Kobiet   | 43   | 11:15 | 01:07:07           | <b>03:19:17.60</b> | <b>03:19:17.60</b> | +02:06:10 (63.3%) | 19:55       | 3 (36.6%)   |

| Place | Participant                | Number      | Club                              | Category              | MCat | Seria | Reggae Punkt 4.5km | Net time 10km      | Czas brutto 10km   | Gap               | Pace min/km | Pace km/h   |
|-------|----------------------------|-------------|-----------------------------------|-----------------------|------|-------|--------------------|--------------------|--------------------|-------------------|-------------|-------------|
| 108   | <b>WOŹNICKA Lucyna</b>     | <b>3140</b> | SAMEKONIE- TEAM OLA               | Open Kobiet           | 256  | 11:15 | 01:07:08           | <b>03:21:05.20</b> | <b>03:21:05.20</b> | +02:07:58 (63.6%) | 20:06       | 3 (36.6%)   |
| 109   | <b>JĘDROSZ Aleksandra</b>  | <b>3135</b> | SAMEKONIE- TEAM OLA               | Open Kobiet           | 260  | 11:15 | 01:07:18           | <b>03:22:09.55</b> | <b>03:22:09.55</b> | +02:09:02 (63.8%) | 20:12       | 3 (36.6%)   |
| 110   | <b>TRATKOWSKI Grzegorz</b> | <b>3139</b> | SAMEKONIE- TEAM OLA               | Open Mężczyzn         | 723  | 11:15 | 01:07:05           | <b>03:22:10.20</b> | <b>03:22:10.20</b> | +02:09:03 (63.8%) | 20:13       | 3 (36.6%)   |
| 111   | <b>TRATKOWSKA Brygida</b>  | <b>3138</b> | SAMEKONIE- TEAM OLA               | Open Masters Kobiet   | 45   | 11:15 | 01:07:05           | <b>03:22:11.20</b> | <b>03:22:11.20</b> | +02:09:04 (63.8%) | 20:13       | 3 (36.6%)   |
| 112   | <b>OSTRASZ Piotr</b>       | <b>3137</b> | SAMEKONIE- TEAM OLA               | Open Mężczyzn         | 724  | 11:15 | 01:07:03           | <b>03:22:11.35</b> | <b>03:22:11.35</b> | +02:09:04 (63.8%) | 20:13       | 3 (36.6%)   |
| 113   | <b>LUBELSKA Dominika</b>   | <b>3085</b> | #LEJDISSTUDIO_ZGIERZ_CHYBA_TY_2.0 | Open Kobiet           | 266  | 11:15 | 01:00:52           | <b>03:23:26.25</b> | <b>03:23:26.25</b> | +02:10:19 (64.1%) | 20:20       | 2.9 (35.4%) |
| 114   | <b>SKAWIŃSKI Konrad</b>    | <b>3086</b> | #LEJDISSTUDIO_ZGIERZ_CHYBA_TY_2.0 | Open Mężczyzn         | 727  | 11:15 | 01:00:36           | <b>03:23:26.35</b> | <b>03:23:26.35</b> | +02:10:19 (64.1%) | 20:20       | 2.9 (35.4%) |
| 115   | <b>KOŁODZIEJCZAK Jakub</b> | <b>3084</b> | #LEJDISSTUDIO_ZGIERZ_CHYBA_TY_2.0 | Open Mężczyzn         | 728  | 11:15 | 01:00:52           | <b>03:23:26.80</b> | <b>03:23:26.80</b> | +02:10:20 (64.1%) | 20:20       | 2.9 (35.4%) |
| 116   | <b>MICHALIK Agata</b>      | <b>3190</b> |                                   | Open Kobiet           | 281  | 11:15 | 01:01:28           | <b>03:29:49.50</b> | <b>03:29:49.50</b> | +02:16:42 (65.2%) | 20:58       | 2.9 (35.4%) |
| 117   | <b>STASZAK Adam Jacek</b>  | <b>3207</b> |                                   | Open Masters Mężczyzn | 165  | 11:15 | 01:01:24           | <b>03:29:55.25</b> | <b>03:29:55.25</b> | +02:16:48 (65.2%) | 20:59       | 2.9 (35.4%) |
| 118   | <b>MARTKO Agnieszka</b>    | <b>3185</b> |                                   | Open Kobiet           | 282  | 11:15 | 01:01:25           | <b>03:29:55.35</b> | <b>03:29:55.35</b> | +02:16:48 (65.2%) | 20:59       | 2.9 (35.4%) |
| 119   | <b>BANDYK Izabela</b>      | <b>3099</b> | HUSARIA RACE TEAM                 | Open Kobiet           | 302  | 11:15 | 01:07:57           | <b>03:46:37.85</b> | <b>03:46:37.85</b> | +02:33:31 (67.7%) | 22:39       | 2.6 (31.7%) |
| 120   | <b>CIEŚLAK Adrian</b>      | <b>3089</b> | AVENGERSIPRO                      | Open Mężczyzn         | 763  | 11:15 | 01:12:55           | <b>03:53:44.90</b> | <b>03:53:44.90</b> | +02:40:38 (68.7%) | 23:22       | 2.6 (31.7%) |
| 121   | <b>NIŹNIKIEWICZ Dorota</b> | <b>3091</b> | AVENGERSIPRO                      | Open Kobiet           | 306  | 11:15 | 01:12:53           | <b>03:53:45.05</b> | <b>03:53:45.05</b> | +02:40:38 (68.7%) | 23:22       | 2.6 (31.7%) |
| 122   | <b>OSTROWSKA Magdalena</b> | <b>3092</b> | AVENGERSIPRO                      | Open Kobiet           | 307  | 11:15 | 01:12:55           | <b>03:53:45.20</b> | <b>03:53:45.20</b> | +02:40:38 (68.7%) | 23:22       | 2.6 (31.7%) |
| 123   | <b>BARYCZKA Aleksandra</b> | <b>3088</b> | AVENGERSIPRO                      | Open Kobiet           | 308  | 11:15 | 01:12:54           | <b>03:53:45.30</b> | <b>03:53:45.30</b> | +02:40:38 (68.7%) | 23:22       | 2.6 (31.7%) |
| 124   | <b>KALETA Artur</b>        | <b>3090</b> | AVENGERSIPRO                      | Open Mężczyzn         | 764  | 11:15 | 01:12:44           | <b>03:53:45.65</b> | <b>03:53:45.65</b> | +02:40:38 (68.7%) | 23:22       | 2.6 (31.7%) |
| 125   | <b>BAŃSKI Krzysztof</b>    | <b>3087</b> | AVENGERSIPRO                      | Open Mężczyzn         | 765  | 11:15 | 01:12:33           | <b>03:53:46.35</b> | <b>03:53:46.35</b> | +02:40:39 (68.7%) | 23:22       | 2.6 (31.7%) |
|       | <b>GRUDKOWSKI Artur</b>    | <b>3149</b> | TME RUNNERS                       | Open Mężczyzn         |      | 11:15 | DNF                | <b>DNF</b>         | <b>DNF</b>         |                   | -           | - (0.0%)    |

Total 126 results.