

**Wydarzenie:** Finał Ligi Runmageddonu  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2019-10-20  
**Miejsce:** Wrocław  
**Dystans:** 10 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>KASPRZYK Sebastian</b>	<b>2076</b>		Elite Mężczyzn	1	09:00	00:23:04	<b>00:57:27.95</b>	<b>00:57:27.95</b>		5:44	10.4 (100%)
2	<b>OŚLIZŁO Tomasz</b>	<b>2112</b>	OCRA POLAND	Elite Mężczyzn	2	09:00	00:23:34	<b>00:59:05.65</b>	<b>00:59:05.65</b>	+00:01:37 (2.8%)	5:54	10.2 (98.1%)
3	<b>HAJNOS Dawid</b>	<b>2013</b>	GORĄCY POTOK TEAM	Elite Mężczyzn	3	09:00	00:22:45	<b>01:00:19.40</b>	<b>01:00:19.40</b>	+00:02:51 (4.7%)	6:01	9.9 (95.2%)
4	<b>WOJTYSZYN Wojciech</b>	<b>2117</b>	XRUNNERS	Elite Mężczyzn	4	09:00	00:24:38	<b>01:00:43.90</b>	<b>01:00:43.90</b>	+00:03:15 (5.4%)	6:04	9.9 (95.2%)
5	<b>KRAWIECKI Mateusz</b>	<b>2019</b>	HUSARIA RACE TEAM	Elite Mężczyzn	5	09:00	00:23:11	<b>01:00:56.05</b>	<b>01:00:56.05</b>	+00:03:28 (5.7%)	6:05	9.8 (94.2%)
6	<b>SZCZECHLA Grzegorz</b>	<b>2004</b>	CARBON OCR RACING TEAM	Elite Mężczyzn	6	09:00	00:22:43	<b>01:03:00.60</b>	<b>01:03:00.60</b>	+00:05:32 (8.8%)	6:18	9.5 (91.3%)
7	<b>FILIP Bartosz</b>	<b>2046</b>	SOCIOS SILESIA	Elite Mężczyzn	7	09:00	00:24:25	<b>01:03:40.00</b>	<b>01:03:40.00</b>	+00:06:12 (9.7%)	6:22	9.4 (90.4%)
8	<b>KRAWCZYK Tomasz</b>	<b>2120</b>	HUSARIA RACE TEAM	Elite Mężczyzn	8	09:00	00:25:33	<b>01:03:51.80</b>	<b>01:03:51.80</b>	+00:06:23 (10.0%)	6:23	9.4 (90.4%)
9	<b>BRZOSKWINIA Wojciech</b>	<b>2015</b>	HUSARIA RACE TEAM	Elite Mężczyzn	9	09:00	00:24:36	<b>01:04:05.25</b>	<b>01:04:05.25</b>	+00:06:37 (10.3%)	6:24	9.4 (90.4%)
10	<b>MADEJSKI Krzysztof</b>	<b>2071</b>	XRUNNERS	Elite Mężczyzn	10	09:00	00:24:33	<b>01:04:28.55</b>	<b>01:04:28.55</b>	+00:07:00 (10.9%)	6:26	9.3 (89.4%)
11	<b>ORAWCZAK Kamil</b>	<b>2007</b>	DENISTEAM	Elite Mężczyzn	11	09:00	00:24:32	<b>01:05:29.65</b>	<b>01:05:29.65</b>	+00:08:01 (12.3%)	6:32	9.2 (88.5%)
12	<b>KAŁUŻNY Adam</b>	<b>2049</b>	SOCIOS SILESIA	Elite Mężczyzn	12	09:00	00:25:14	<b>01:06:06.40</b>	<b>01:06:06.40</b>	+00:08:38 (13.1%)	6:36	9.1 (87.5%)
13	<b>JACIÓW Paweł</b>	<b>2064</b>	WATAHA	Elite Mężczyzn	13	09:00	00:26:43	<b>01:06:15.45</b>	<b>01:06:15.45</b>	+00:08:47 (13.3%)	6:37	9.1 (87.5%)
14	<b>SALAMON Mateusz</b>	<b>2037</b>	POWER TRAINING	Elite Mężczyzn	14	09:00	00:24:16	<b>01:06:32.20</b>	<b>01:06:32.20</b>	+00:09:04 (13.6%)	6:39	9 (86.5%)
15	<b>SELIANIN Dmytro</b>	<b>2052</b>	SOCIOS SILESIA	Elite Mężczyzn	15	09:00	00:25:20	<b>01:06:47.80</b>	<b>01:06:47.80</b>	+00:09:19 (14.0%)	6:40	9 (86.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae	Czas	Czas	Różn	Tempo min/km	Tempo km/h
							Punkt 4.5km	netto 10km	brutto 10km			
16	<b>DOMAŃSKI Krystian</b>	<b>2043</b>	SMI EŁK	Elite Mężczyzn	16	09:00	00:25:11	<b>01:06:48.80</b>	<b>01:06:48.80</b>	+00:09:20 (14.0%)	6:40	9 (86.5%)
17	<b>BRZozowski Filip</b>	<b>2016</b>	HUSARIA RACE TEAM	Elite Mężczyzn	17	09:00	00:25:47	<b>01:07:12.60</b>	<b>01:07:12.60</b>	+00:09:44 (14.5%)	6:43	8.9 (85.6%)
18	<b>CEJKO Dawid</b>	<b>2001</b>	BALTIC SEALS	Elite Mężczyzn	18	09:00	00:26:57	<b>01:07:42.65</b>	<b>01:07:42.65</b>	+00:10:14 (15.1%)	6:46	8.9 (85.6%)
19	<b>KOWALCZYK Dawid</b>	<b>2058</b>	SZYDERA OCR	Elite Mężczyzn	19	09:00	00:25:48	<b>01:08:30.40</b>	<b>01:08:30.40</b>	+00:11:02 (16.1%)	6:51	8.8 (84.6%)
20	<b>PRYKOWSKI Tomasz</b>	<b>2072</b>	XRUNNERS	Elite Mężczyzn	20	09:00	00:25:45	<b>01:08:31.75</b>	<b>01:08:31.75</b>	+00:11:03 (16.1%)	6:51	8.8 (84.6%)
21	<b>CICHOCKI Filip</b>	<b>2034</b>	POWER TRAINING	Elite Mężczyzn	21	09:00	00:26:22	<b>01:09:32.15</b>	<b>01:09:32.15</b>	+00:12:04 (17.4%)	6:57	8.6 (82.7%)
22	<b>JASTRZĘBSKI Piotr</b>	<b>2048</b>	SOCIOS SILESIA	Elite Mężczyzn	22	09:00	00:26:41	<b>01:09:39.60</b>	<b>01:09:39.60</b>	+00:12:11 (17.5%)	6:57	8.6 (82.7%)
23	<b>MAZUR Damian</b>	<b>2051</b>	SOCIOS SILESIA	Elite Mężczyzn	23	09:00	00:26:51	<b>01:09:47.90</b>	<b>01:09:47.90</b>	+00:12:19 (17.7%)	6:58	8.6 (82.7%)
24	<b>WYPUKOŁ Jakub</b>	<b>2053</b>	SOCIOS SILESIA	Elite Mężczyzn	24	09:00	00:26:48	<b>01:10:11.40</b>	<b>01:10:11.40</b>	+00:12:43 (18.1%)	7:01	8.5 (81.7%)
25	<b>KALININ Jarosław</b>	<b>2069</b>	XRUNNERS	Elite Mężczyzn	25	09:00	00:27:12	<b>01:10:42.05</b>	<b>01:10:42.05</b>	+00:13:14 (18.7%)	7:04	8.5 (81.7%)
26	<b>TOMAKA Tomasz</b>	<b>2022</b>	HUSARIA RACE TEAM	Elite Mężczyzn	26	09:00	00:27:19	<b>01:11:07.60</b>	<b>01:11:07.60</b>	+00:13:39 (19.2%)	7:06	8.4 (80.8%)
27	<b>JANUSZEWSKI Bartosz</b>	<b>2024</b>	KONIUCHY OCR	Elite Mężczyzn	27	09:00	00:25:55	<b>01:11:22.60</b>	<b>01:11:22.60</b>	+00:13:54 (19.5%)	7:08	8.4 (80.8%)
28	<b>JAROSZ David</b>	<b>2122</b>	XRUNNERS	Elite Mężczyzn	28	09:00	00:27:31	<b>01:11:31.20</b>	<b>01:11:31.20</b>	+00:14:03 (19.7%)	7:09	8.4 (80.8%)
29	<b>PUPKOWSKI Kamil</b>	<b>2123</b>	XRUNNERS	Elite Mężczyzn	29	09:00	00:25:46	<b>01:11:57.10</b>	<b>01:11:57.10</b>	+00:14:29 (20.1%)	7:11	8.3 (79.8%)
30	<b>MARUSZEWSKI Marcin</b>	<b>2027</b>	NEXTREME	Elite Mężczyzn	30	09:00	00:27:18	<b>01:11:59.30</b>	<b>01:11:59.30</b>	+00:14:31 (20.2%)	7:11	8.3 (79.8%)
31	<b>LORENC Łukasz</b>	<b>2078</b>		Elite Masters Mężczyzn	1	09:00	00:26:15	<b>01:12:00.50</b>	<b>01:12:00.50</b>	+00:14:32 (20.2%)	7:12	8.3 (79.8%)
32	<b>BAK Daniel</b>	<b>2118</b>	SZYDERA OCR	Elite Mężczyzn	31	09:00	00:25:22	<b>01:13:06.55</b>	<b>01:13:06.55</b>	+00:15:38 (21.4%)	7:18	8.2 (78.8%)
33	<b>MACHULEC Sebastian</b>	<b>3180</b>		Open Mężczyzn	1	11:15	00:28:11	<b>01:13:06.75</b>	<b>01:13:06.75</b>	+00:15:38 (21.4%)	7:18	8.2 (78.8%)
34	<b>PISKAŁA Daniel</b>	<b>2036</b>	POWER TRAINING	Elite Mężczyzn	32	09:00	00:27:25	<b>01:13:14.20</b>	<b>01:13:14.20</b>	+00:15:46 (21.5%)	7:19	8.2 (78.8%)
35	<b>ZGUTKA Tomasz</b>	<b>2023</b>	HUSARIA RACE TEAM	Elite Masters Mężczyzn	2	09:00	00:28:16	<b>01:13:28.55</b>	<b>01:13:28.55</b>	+00:16:00 (21.8%)	7:20	8.2 (78.8%)
36	<b>BYRCZEK Michał</b>	<b>2062</b>	WATAHA	Elite Mężczyzn	33	09:00	00:28:38	<b>01:13:32.05</b>	<b>01:13:32.05</b>	+00:16:04 (21.9%)	7:21	8.2 (78.8%)
37	<b>WIKTOROWICZ Mariusz</b>	<b>2040</b>	RAJSPORT ACTIVE	Elite Masters Mężczyzn	3	09:00	00:28:13	<b>01:13:34.50</b>	<b>01:13:34.50</b>	+00:16:06 (21.9%)	7:21	8.2 (78.8%)
38	<b>FABIAN Marcel</b>	<b>2045</b>	SOCIOS SILESIA	Elite Mężczyzn	34	09:00	00:24:44	<b>01:13:44.10</b>	<b>01:13:44.10</b>	+00:16:16 (22.1%)	7:22	8.1 (77.9%)

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39	LISOWSKI Grzegorz	2050	SOCIOS SILESIA	Elite Mężczyzn	35	09:00	00:27:19	01:14:03.25	01:14:03.25	+00:16:35 (22.4%)	7:24	8.1 (77.9%)
40	JAGODZIŃSKI Karol	2035	POWER TRAINING	Elite Mężczyzn	36	09:00	00:28:34	01:14:23.00	01:14:23.00	+00:16:55 (22.7%)	7:26	8.1 (77.9%)
41	KORULCZYK Marcin	2017	HUSARIA RACE TEAM	Elite Mężczyzn	37	09:00	00:27:57	01:14:48.00	01:14:48.00	+00:17:20 (23.2%)	7:28	8 (76.9%)
42	ZIELIŃSKI Tomasz	2061	WARCHLAKI ADELAJDY	Elite Mężczyzn	38	09:00	00:27:50	01:14:54.25	01:14:54.25	+00:17:26 (23.3%)	7:29	8 (76.9%)
43	SŁODOWNIK Dominik	2074	XRUNNERS	Elite Mężczyzn	39	09:00	00:29:09	01:15:09.60	01:15:09.60	+00:17:41 (23.5%)	7:30	8 (76.9%)
44	GAGON Denis	2005	DENISTEAM	Elite Mężczyzn	40	09:00	00:27:48	01:15:56.90	01:15:56.90	+00:18:28 (24.3%)	7:35	7.9 (76.0%)
45	GUZ Grzegorz	2033	POSITIVE FREAKS TEAM	Elite Masters Mężczyzn	4	09:00	00:27:53	01:17:11.65	01:17:11.65	+00:19:43 (25.6%)	7:43	7.8 (75.0%)
46	JARZĄBEK Dawid	2047	SOCIOS SILESIA	Elite Mężczyzn	41	09:00	00:29:36	01:17:30.20	01:17:30.20	+00:20:02 (25.9%)	7:45	7.7 (74.0%)
47	LEWICKI Marcin	2026	NEXTREME	Elite Mężczyzn	42	09:00	00:28:42	01:17:38.15	01:17:38.15	+00:20:10 (26.0%)	7:45	7.7 (74.0%)
48	MĘDYGRAŁ Krystian	2066	WATAHA	Elite Mężczyzn	43	09:00	00:28:53	01:18:00.30	01:18:00.30	+00:20:32 (26.3%)	7:48	7.7 (74.0%)
49	BERYNC Fabian	2316	HUSARIA RACE TEAM	Open Mężczyzn	2	09:45	00:28:48	01:18:00.55	01:18:00.55	+00:20:32 (26.3%)	7:48	7.7 (74.0%)
50	SARZYŃSKI Arkadiusz	2059	SZYDERA OCR	Elite Mężczyzn	44	09:00	00:29:34	01:18:32.40	01:18:32.40	+00:21:04 (26.8%)	7:51	7.6 (73.1%)
51	ZIOBER Zbigniew	2075	XRUNNERS	Elite Mężczyzn	45	09:00	00:25:21	01:18:42.05	01:18:42.05	+00:21:14 (27.0%)	7:52	7.6 (73.1%)
52	BUGAJNY Marcin	2044	SOCIOS SILESIA	Elite Mężczyzn	46	09:00	00:29:50	01:19:01.30	01:19:01.30	+00:21:33 (27.3%)	7:54	7.6 (73.1%)
53	BURBUL Przemysław	2114	NIE W SZCZEPIONKĘ TEAM	Elite Mężczyzn	47	09:00	00:30:36	01:19:13.40	01:19:13.40	+00:21:45 (27.5%)	7:55	7.6 (73.1%)
54	MARKOWSKI Fabian	3064		Open Mężczyzn	3	11:00	00:29:29	01:19:48.10	01:19:48.10	+00:22:20 (28.0%)	7:58	7.5 (72.1%)
55	FRYDRYCH Maciek	2063	WATAHA	Elite Masters Mężczyzn	5	09:00	00:29:48	01:20:02.70	01:20:02.70	+00:22:34 (28.2%)	8:00	7.5 (72.1%)
56	LEJK Beniamin	2070	XRUNNERS	Elite Mężczyzn	48	09:00	00:30:54	01:20:05.15	01:20:05.15	+00:22:37 (28.2%)	8:00	7.5 (72.1%)
57	KĄKOL Kacper	2057	SZYDERA OCR	Elite Mężczyzn	49	09:00	00:23:34	01:20:23.50	01:20:23.50	+00:22:55 (28.5%)	8:02	7.5 (72.1%)
58	PETELCZYC Piotr	2080		Elite Masters Mężczyzn	6	09:00	00:30:25	01:20:44.20	01:20:44.20	+00:23:16 (28.8%)	8:04	7.4 (71.2%)
59	CZACHURSKI Mateusz	3459	XRUNNERS	Open Mężczyzn	4	09:30	00:30:47	01:20:53.00	01:20:53.00	+00:23:25 (29.0%)	8:05	7.4 (71.2%)
60	PAŁDYNA Mateusz	2079		Elite Mężczyzn	50	09:00	00:27:37	01:21:01.35	01:21:01.35	+00:23:33 (29.1%)	8:06	7.4 (71.2%)
61	RYNKIEWICZ Agnieszka	2092	OCRA POLAND	Elite Kobiet	1	09:15	00:29:55	01:21:10.75	01:21:10.75	+00:23:42 (29.2%)	8:07	7.4 (71.2%)

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62	<b>BRODA Tomasz</b>	<b>3494</b>		Open Mężczyzn	5	09:30	00:31:52	<b>01:21:16.00</b>	<b>01:21:16.00</b>	+00:23:48 (29.3%)	8:07	7.4 (71.2%)
63	<b>KAWALEC Oliwer</b>	<b>2065</b>	WATAHA	Elite Masters Mężczyzn	7	09:00	00:31:46	<b>01:22:11.10</b>	<b>01:22:11.10</b>	+00:24:43 (30.1%)	8:13	7.3 (70.2%)
64	<b>BRODA Mateusz</b>	<b>3493</b>		Open Mężczyzn	6	09:30	00:31:52	<b>01:22:17.00</b>	<b>01:22:17.00</b>	+00:24:49 (30.2%)	8:13	7.3 (70.2%)
65	<b>KUMOROWSKI Rafał</b>	<b>2077</b>		Elite Mężczyzn	51	09:00	00:30:54	<b>01:22:19.80</b>	<b>01:22:19.80</b>	+00:24:51 (30.2%)	8:13	7.3 (70.2%)
66	<b>POLAŃSKI Paweł</b>	<b>2256</b>	WATAHA	Open Mężczyzn	7	09:30	00:31:58	<b>01:22:39.45</b>	<b>01:22:39.45</b>	+00:25:11 (30.5%)	8:15	7.3 (70.2%)
67	<b>ŁOTOCKI Rafał Jerzy</b>	<b>2067</b>	WOLF TEAM	Elite Masters Mężczyzn	8	09:00	00:28:05	<b>01:22:41.05</b>	<b>01:22:41.05</b>	+00:25:13 (30.5%)	8:16	7.3 (70.2%)
68	<b>WITKA Patryk</b>	<b>2060</b>	SZYDERA OCR	Elite Mężczyzn	52	09:00	00:29:23	<b>01:22:44.45</b>	<b>01:22:44.45</b>	+00:25:16 (30.5%)	8:16	7.3 (70.2%)
69	<b>NAGLAK Hubert</b>	<b>3067</b>		Open Mężczyzn	8	11:00	00:28:42	<b>01:22:53.10</b>	<b>01:22:53.10</b>	+00:25:25 (30.7%)	8:17	7.2 (69.2%)
70	<b>KOZIOŁ Kamil</b>	<b>2018</b>	HUSARIA RACE TEAM	Elite Mężczyzn	53	09:00	00:30:13	<b>01:23:21.00</b>	<b>01:23:21.00</b>	+00:25:53 (31.1%)	8:20	7.2 (69.2%)
71	<b>POGORZELSKI Rafał</b>	<b>2313</b>	EŁK FORCE ONE	Open Mężczyzn	9	09:45	00:26:37	<b>01:23:41.95</b>	<b>01:23:41.95</b>	+00:26:14 (31.3%)	8:22	7.2 (69.2%)
72	<b>MROCZKA Mateusz</b>	<b>2032</b>	OSP WOLA FILIPOWSKA	Elite Mężczyzn	54	09:00	00:32:23	<b>01:23:43.65</b>	<b>01:23:43.65</b>	+00:26:15 (31.4%)	8:22	7.2 (69.2%)
73	<b>HENDZEL Miłosz</b>	<b>2055</b>	SZYDERA OCR	Elite Mężczyzn	55	09:00	00:30:11	<b>01:23:55.75</b>	<b>01:23:55.75</b>	+00:26:27 (31.5%)	8:23	7.1 (68.3%)
74	<b>ŁAWRENCZUK Paweł</b>	<b>2042</b>	RMF4RT GLADIATORS	Elite Mężczyzn	56	09:00	00:31:37	<b>01:24:16.40</b>	<b>01:24:16.40</b>	+00:26:48 (31.8%)	8:25	7.1 (68.3%)
75	<b>BURAS Radosław</b>	<b>3035</b>		Open Mężczyzn	10	11:00	00:29:50	<b>01:24:26.95</b>	<b>01:24:26.95</b>	+00:26:59 (32.0%)	8:26	7.1 (68.3%)
76	<b>DANILUK Grzegorz</b>	<b>2183</b>	BRAVEHEARTS LEGIONOWO	Open Masters Mężczyzn	1	09:30	00:30:52	<b>01:25:44.25</b>	<b>01:25:44.25</b>	+00:28:16 (33.0%)	8:34	7 (67.3%)
77	<b>SZCZEPANIAK Paweł</b>	<b>3457</b>	RMF 4RACING TEAM	Open Mężczyzn	11	10:00	00:29:26	<b>01:26:43.45</b>	<b>01:26:43.45</b>	+00:29:15 (33.7%)	8:40	6.9 (66.3%)
78	<b>BARANOWSKA Katarzyna</b>	<b>2087</b>	GORĄCY POTOK TEAM	Elite Kobiet	2	09:15	00:29:35	<b>01:27:04.90</b>	<b>01:27:04.90</b>	+00:29:36 (34.0%)	8:42	6.9 (66.3%)
79	<b>GROBELNA Aleksandra</b>	<b>2105</b>	XRUNNERS	Elite Kobiet	3	09:15	00:30:53	<b>01:27:07.00</b>	<b>01:27:07.00</b>	+00:29:39 (34.0%)	8:42	6.9 (66.3%)
80	<b>WAWRYK Huber</b>	<b>2950</b>		Open Mężczyzn	12	10:45	00:31:58	<b>01:27:38.80</b>	<b>01:27:38.80</b>	+00:30:10 (34.4%)	8:45	6.8 (65.4%)
81	<b>PACIOREK Piotr</b>	<b>2110</b>	HUSARIA RACE TEAM	Elite Mężczyzn	57	09:00	00:32:17	<b>01:28:20.50</b>	<b>01:28:20.50</b>	+00:30:52 (35.0%)	8:50	6.8 (65.4%)
82	<b>KUSAREK Piotr</b>	<b>2020</b>	HUSARIA RACE TEAM	Elite Mężczyzn	58	09:00	00:30:53	<b>01:28:30.95</b>	<b>01:28:30.95</b>	+00:31:03 (35.1%)	8:51	6.8 (65.4%)
83	<b>ŚLIWIŃSKI Bartosz</b>	<b>2282</b>		Open Mężczyzn	13	09:30	00:28:13	<b>01:28:48.05</b>	<b>01:28:48.05</b>	+00:31:20 (35.3%)	8:52	6.8 (65.4%)
84	<b>KURASIŃSKI Konrad</b>	<b>2372</b>	SOCIOS SILESIA	Open Mężczyzn	14	09:45	00:34:11	<b>01:29:15.20</b>	<b>01:29:15.20</b>	+00:31:47 (35.6%)	8:55	6.7 (64.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
85	<b>WOROBIEWA Jekatierina</b>	<b>2096</b>	POWER TRAINING	Elite Kobiet	4	09:15	00:33:30	<b>01:29:26.55</b>	<b>01:29:26.55</b>	+00:31:58 (35.8%)	8:56	6.7 (64.4%)
86	<b>PIOTROWSKI Sławomir</b>	<b>3308</b>		Open Mężczyzn	15	09:30	00:34:03	<b>01:30:00.40</b>	<b>01:30:00.40</b>	+00:32:32 (36.2%)	9:00	6.7 (64.4%)
87	<b>GUZIK Maksymilian</b>	<b>2184</b>	BUNGEEKRAKOW	Open Mężczyzn	16	09:30	00:36:09	<b>01:30:03.70</b>	<b>01:30:03.70</b>	+00:32:35 (36.2%)	9:00	6.7 (64.4%)
88	<b>KOPECKÝ Jakub</b>	<b>2397</b>		Open Mężczyzn	17	09:45	00:32:37	<b>01:30:07.90</b>	<b>01:30:07.90</b>	+00:32:39 (36.2%)	9:00	6.7 (64.4%)
89	<b>MACHURA Marcin</b>	<b>3458</b>	SPEC INSTAL RUN	Open Mężczyzn	18	09:30	00:31:56	<b>01:30:42.80</b>	<b>01:30:42.80</b>	+00:33:14 (36.7%)	9:04	6.6 (63.5%)
90	<b>WLAŻŁAK Damian</b>	<b>2831</b>	DROGA DO ULTRA	Open Mężczyzn	19	10:45	00:32:24	<b>01:31:07.10</b>	<b>01:31:07.10</b>	+00:33:39 (36.9%)	9:06	6.6 (63.5%)
91	<b>JEZIOŃEK Daniel</b>	<b>3399</b>		Open Mężczyzn	20	11:45	00:30:02	<b>01:31:28.05</b>	<b>01:31:28.05</b>	+00:34:00 (37.2%)	9:08	6.6 (63.5%)
92	<b>KOWALSKI Adam</b>	<b>2787</b>		Open Mężczyzn	21	10:30	00:33:05	<b>01:31:44.10</b>	<b>01:31:44.10</b>	+00:34:16 (37.4%)	9:10	6.5 (62.5%)
93	<b>PAWŁOWSKI Piotr</b>	<b>3307</b>		Open Mężczyzn	22	09:30	00:31:50	<b>01:31:46.35</b>	<b>01:31:46.35</b>	+00:34:18 (37.4%)	9:10	6.5 (62.5%)
94	<b>TOMCZAK Dariusz</b>	<b>2246</b>	RUNAWAY TEAM	Open Mężczyzn	23	09:30	00:34:06	<b>01:32:37.95</b>	<b>01:32:37.95</b>	+00:35:10 (38.0%)	9:15	6.5 (62.5%)
95	<b>KOŁODZIEJCZYK Dariusz</b>	<b>2252</b>	SOCIOS SILESIA	Open Masters Mężczyzn	2	09:30	00:31:31	<b>01:32:41.35</b>	<b>01:32:41.35</b>	+00:35:13 (38.0%)	9:16	6.5 (62.5%)
96	<b>JASTRZĘBSKI Sławomir</b>	<b>2002</b>	BESTIE OCR LEGIONOWO	Elite Masters Mężczyzn	9	09:00	00:33:56	<b>01:32:49.75</b>	<b>01:32:49.75</b>	+00:35:21 (38.1%)	9:16	6.5 (62.5%)
97	<b>KACZOR Grzegorz</b>	<b>2268</b>		Open Mężczyzn	24	09:30	00:32:26	<b>01:33:05.05</b>	<b>01:33:05.05</b>	+00:35:37 (38.3%)	9:18	6.4 (61.5%)
98	<b>MILEWICZ Dariusz</b>	<b>2182</b>	BOHAR PALETY RUNNERS	Open Mężczyzn	25	09:30	00:33:36	<b>01:33:15.15</b>	<b>01:33:15.15</b>	+00:35:47 (38.4%)	9:19	6.4 (61.5%)
99	<b>SZYMAŃSKI Łukasz</b>	<b>2287</b>		Open Mężczyzn	26	09:30	00:34:07	<b>01:33:22.15</b>	<b>01:33:22.15</b>	+00:35:54 (38.5%)	9:20	6.4 (61.5%)
100	<b>KARCZEWSKI Adam</b>	<b>2255</b>	SRK	Open Mężczyzn	27	09:30	00:31:14	<b>01:34:32.15</b>	<b>01:34:32.15</b>	+00:37:04 (39.2%)	9:27	6.3 (60.6%)
101	<b>BUCZKOWSKI Krzysztof</b>	<b>3034</b>		Open Mężczyzn	28	11:00	00:35:23	<b>01:35:18.30</b>	<b>01:35:18.30</b>	+00:37:50 (39.7%)	9:31	6.3 (60.6%)
102	<b>PRZĄDKA Marcin</b>	<b>2382</b>	WATAHA	Open Mężczyzn	29	09:45	00:34:32	<b>01:36:03.60</b>	<b>01:36:03.60</b>	+00:38:35 (40.2%)	9:36	6.2 (59.6%)
103	<b>MOCZKO Sebastian</b>	<b>3065</b>		Open Masters Mężczyzn	3	11:00	00:33:05	<b>01:36:09.10</b>	<b>01:36:09.10</b>	+00:38:41 (40.2%)	9:36	6.2 (59.6%)
104	<b>KURACH Stanisław</b>	<b>2011</b>	DZIADY OCR	Elite Masters Mężczyzn	10	09:00	00:36:13	<b>01:36:39.80</b>	<b>01:36:39.80</b>	+00:39:11 (40.6%)	9:39	6.2 (59.6%)
105	<b>MICHALSKI Dawid</b>	<b>2457</b>	I NEVER TURN BACK	Open Mężczyzn	30	10:00	00:35:19	<b>01:36:43.15</b>	<b>01:36:43.15</b>	+00:39:15 (40.6%)	9:40	6.2 (59.6%)
106	<b>RZEPKA Rafał</b>	<b>2452</b>	HUSARIA RACE TEAM	Open Mężczyzn	31	10:00	00:33:22	<b>01:36:52.80</b>	<b>01:36:52.80</b>	+00:39:24 (40.7%)	9:41	6.2 (59.6%)
107	<b>BURS Klaudia</b>	<b>2111</b>		Elite Kobiet	5	09:15	00:33:14	<b>01:36:53.20</b>	<b>01:36:53.20</b>	+00:39:25 (40.7%)	9:41	6.2 (59.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
108	<b>WITEK Paweł</b>	<b>2460</b>	NAPRZÓD BRWINÓW	Open Mężczyzn	32	10:00	00:34:09	<b>01:37:25.20</b>	<b>01:37:25.20</b>	+00:39:57 (41.0%)	9:44	6.2 (59.6%)
109	<b>MACHOWSKI Marek</b>	<b>2664</b>		Open Masters Mężczyzn	4	10:15	00:35:13	<b>01:37:41.55</b>	<b>01:37:41.55</b>	+00:40:13 (41.2%)	9:46	6.1 (58.7%)
110	<b>ZAWISTOWSKI Jakub</b>	<b>2083</b>	HUSARIA RACE TEAM	Elite Mężczyzn	59	09:00	00:36:38	<b>01:38:17.50</b>	<b>01:38:17.50</b>	+00:40:49 (41.5%)	9:49	6.1 (58.7%)
111	<b>JANOSZ Rafał</b>	<b>2707</b>	FUNKY GYM TEAM	Open Mężczyzn	33	10:30	00:33:26	<b>01:38:32.85</b>	<b>01:38:32.85</b>	+00:41:04 (41.7%)	9:51	6.1 (58.7%)
112	<b>MURYN Dawid</b>	<b>2608</b>	RAGNAROK SZCZECIN	Open Mężczyzn	34	10:15	00:33:00	<b>01:38:37.30</b>	<b>01:38:37.30</b>	+00:41:09 (41.7%)	9:51	6.1 (58.7%)
113	<b>DUSZYNSKI Igor</b>	<b>2317</b>	HUSARIA RACE TEAM	Open Mężczyzn	35	09:30	00:33:51	<b>01:38:45.30</b>	<b>01:38:45.30</b>	+00:41:17 (41.8%)	9:52	6.1 (58.7%)
114	<b>WOŹNIAK Paweł</b>	<b>2297</b>		Open Mężczyzn	36	09:30	00:36:40	<b>01:38:52.50</b>	<b>01:38:52.50</b>	+00:41:24 (41.9%)	9:53	6.1 (58.7%)
115	<b>SZANIAWSKI Marcin</b>	<b>2454</b>	HUSARIA RACE TEAM	Open Mężczyzn	37	10:00	00:32:23	<b>01:39:12.85</b>	<b>01:39:12.85</b>	+00:41:44 (42.1%)	9:55	6 (57.7%)
116	<b>GRZANECKI Marcin</b>	<b>3044</b>		Open Masters Mężczyzn	5	11:00	00:34:12	<b>01:39:20.90</b>	<b>01:39:20.90</b>	+00:41:52 (42.2%)	9:56	6 (57.7%)
117	<b>BIOLIK Marek</b>	<b>2351</b>	NIEPOZORNI	Open Mężczyzn	38	09:45	00:34:34	<b>01:39:35.10</b>	<b>01:39:35.10</b>	+00:42:07 (42.3%)	9:57	6 (57.7%)
118	<b>BODZIANNY Paweł</b>	<b>3032</b>		Open Mężczyzn	39	11:00	00:34:26	<b>01:39:53.30</b>	<b>01:39:53.30</b>	+00:42:25 (42.5%)	9:59	6 (57.7%)
119	<b>SURMACH Andrei</b>	<b>3320</b>		Open Mężczyzn	40	11:30	00:31:47	<b>01:39:57.75</b>	<b>01:39:57.75</b>	+00:42:29 (42.5%)	9:59	6 (57.7%)
120	<b>PASON Tomasz</b>	<b>3305</b>		Open Mężczyzn	41	11:30	00:32:14	<b>01:39:57.80</b>	<b>01:39:57.80</b>	+00:42:29 (42.5%)	9:59	6 (57.7%)
121	<b>URBANEK Adrian</b>	<b>3449</b>		Open Mężczyzn	42	12:00	00:36:51	<b>01:40:04.00</b>	<b>01:40:04.00</b>	+00:42:36 (42.6%)	10:00	6 (57.7%)
122	<b>KUBULUS Tomasz</b>	<b>2307</b>	DO PORZYGU OCR TEAM	Open Masters Mężczyzn	6	09:45	00:37:42	<b>01:40:08.60</b>	<b>01:40:08.60</b>	+00:42:40 (42.6%)	10:00	6 (57.7%)
123	<b>WEJKNIS Krzysztof</b>	<b>2873</b>	RMF4RT GLADIATORS	Open Mężczyzn	43	10:45	00:33:36	<b>01:40:36.35</b>	<b>01:40:36.35</b>	+00:43:08 (42.9%)	10:03	6 (57.7%)
124	<b>KOWALSKI Józef</b>	<b>2730</b>	POSITIVE FREAKS TEAM	Open Mężczyzn	44	10:30	00:34:34	<b>01:40:52.40</b>	<b>01:40:52.40</b>	+00:43:24 (43.0%)	10:05	5.9 (56.7%)
125	<b>TOMCZAK Artur</b>	<b>2289</b>		Open Mężczyzn	45	09:30	00:36:13	<b>01:41:13.05</b>	<b>01:41:13.05</b>	+00:43:45 (43.2%)	10:07	5.9 (56.7%)
126	<b>JUSZKIEWICZ Dominik</b>	<b>3492</b>		Open Mężczyzn	46	11:45	00:35:00	<b>01:41:14.05</b>	<b>01:41:14.05</b>	+00:43:46 (43.2%)	10:07	5.9 (56.7%)
127	<b>RYCHLEWSKI Wojciech</b>	<b>3240</b>	MASNY TEAM	Open Mężczyzn	47	11:30	00:31:27	<b>01:41:26.70</b>	<b>01:41:26.70</b>	+00:43:58 (43.4%)	10:08	5.9 (56.7%)
128	<b>JAJUGA Michał</b>	<b>2997</b>	RADAWAY TEAM	Open Mężczyzn	48	11:00	00:33:55	<b>01:41:30.30</b>	<b>01:41:30.30</b>	+00:44:02 (43.4%)	10:09	5.9 (56.7%)
129	<b>SZCZECH Szymon</b>	<b>2871</b>	RMF4RT GLADIATORS	Open Mężczyzn	49	10:45	00:33:35	<b>01:41:30.90</b>	<b>01:41:30.90</b>	+00:44:02 (43.4%)	10:09	5.9 (56.7%)
130	<b>MAKOWSKI Stanisław</b>	<b>2998</b>	RADAWAY TEAM	Open Mężczyzn	50	11:00	00:35:57	<b>01:41:33.00</b>	<b>01:41:33.00</b>	+00:44:05 (43.4%)	10:09	5.9 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
131	<b>KOMOROWSKA Aleksandra</b>	<b>2108</b>		Elite Kobiet	6	09:15	00:34:48	<b>01:41:40.45</b>	<b>01:41:40.45</b>	+00:44:12 (43.5%)	10:10	5.9 (56.7%)
132	<b>DZIURLA-NOWAK Patryk</b>	<b>2995</b>	RADAWAY TEAM	Open Mężczyzn	51	11:00	00:35:59	<b>01:42:00.50</b>	<b>01:42:00.50</b>	+00:44:32 (43.7%)	10:12	5.9 (56.7%)
133	<b>NOWAKOWSKI Krzysztof</b>	<b>2999</b>	RADAWAY TEAM	Open Mężczyzn	52	11:00	00:35:59	<b>01:42:01.50</b>	<b>01:42:01.50</b>	+00:44:33 (43.7%)	10:12	5.9 (56.7%)
134	<b>DUKIEWICZ Dariusz</b>	<b>2918</b>		Open Mężczyzn	53	10:45	00:36:07	<b>01:42:45.40</b>	<b>01:42:45.40</b>	+00:45:17 (44.1%)	10:16	5.8 (55.8%)
135	<b>GRZYBOWSKI Grzegorz</b>	<b>2980</b>	KRATOS TRZEBNICA	Open Mężczyzn	54	11:00	00:37:31	<b>01:43:29.55</b>	<b>01:43:29.55</b>	+00:46:01 (44.5%)	10:20	5.8 (55.8%)
136	<b>LEWANDOWSKI Mateusz</b>	<b>2271</b>		Open Mężczyzn	55	09:30	00:33:22	<b>01:43:52.15</b>	<b>01:43:52.15</b>	+00:46:24 (44.7%)	10:23	5.8 (55.8%)
137	<b>GIZAK Michał</b>	<b>2251</b>	SOCIOS SILESIA	Open Mężczyzn	56	09:30	00:32:02	<b>01:43:59.55</b>	<b>01:43:59.55</b>	+00:46:31 (44.7%)	10:23	5.8 (55.8%)
138	<b>GÓRKA Marcin</b>	<b>2320</b>	HUSARIA RACE TEAM	Open Mężczyzn	57	09:45	00:37:12	<b>01:44:22.15</b>	<b>01:44:22.15</b>	+00:46:54 (44.9%)	10:26	5.7 (54.8%)
139	<b>RZESZOTARSKI Jacek</b>	<b>2249</b>	SAR-BSR KOŁOBRZEG MARATON TEAM	Open Masters Mężczyzn	7	09:30	00:38:38	<b>01:44:34.30</b>	<b>01:44:34.30</b>	+00:47:06 (45.0%)	10:27	5.7 (54.8%)
140	<b>HAWEL Rafał</b>	<b>2602</b>	PORUNBANI	Open Masters Mężczyzn	8	10:15	00:41:25	<b>01:44:42.75</b>	<b>01:44:42.75</b>	+00:47:14 (45.1%)	10:28	5.7 (54.8%)
141	<b>JUSZCZYK Maciej</b>	<b>2660</b>		Open Mężczyzn	58	10:15	00:34:59	<b>01:44:46.55</b>	<b>01:44:46.55</b>	+00:47:18 (45.2%)	10:28	5.7 (54.8%)
142	<b>PIETRASZ Krzysztof</b>	<b>2938</b>		Open Mężczyzn	59	10:45	00:35:31	<b>01:44:57.80</b>	<b>01:44:57.80</b>	+00:47:29 (45.3%)	10:29	5.7 (54.8%)
143	<b>PLUCIK Rafał</b>	<b>3072</b>		Open Mężczyzn	60	11:00	00:37:40	<b>01:44:59.30</b>	<b>01:44:59.30</b>	+00:47:31 (45.3%)	10:29	5.7 (54.8%)
144	<b>HANDZLIK Tomasz</b>	<b>2006</b>	DENISTEAM	Elite Masters Mężczyzn	11	09:00	00:38:04	<b>01:45:24.20</b>	<b>01:45:24.20</b>	+00:47:56 (45.5%)	10:32	5.7 (54.8%)
145	<b>STRYCZEK Patryk</b>	<b>2413</b>		Open Mężczyzn	61	09:30	00:40:37	<b>01:45:41.40</b>	<b>01:45:41.40</b>	+00:48:13 (45.6%)	10:34	5.7 (54.8%)
146	<b>PABIN Paweł</b>	<b>2275</b>		Open Mężczyzn	62	09:30	00:35:45	<b>01:45:57.60</b>	<b>01:45:57.60</b>	+00:48:29 (45.8%)	10:35	5.7 (54.8%)
147	<b>JOSKOWSKI Marek</b>	<b>2334</b>	KASZUBSKIE AGENTY	Open Mężczyzn	63	09:45	00:37:09	<b>01:46:07.70</b>	<b>01:46:07.70</b>	+00:48:39 (45.9%)	10:36	5.7 (54.8%)
148	<b>WIECZOREK Dariusz</b>	<b>3483</b>		Open Mężczyzn	64	09:30	00:34:15	<b>01:46:09.75</b>	<b>01:46:09.75</b>	+00:48:41 (45.9%)	10:36	5.7 (54.8%)
149	<b>FARENHOLC Maciej</b>	<b>2833</b>	DZIKOZA	Open Mężczyzn	65	10:45	00:37:30	<b>01:46:19.10</b>	<b>01:46:19.10</b>	+00:48:51 (45.9%)	10:37	5.6 (53.8%)
150	<b>KAMYCZEK Adam</b>	<b>2309</b>	DZIADY OCR	Open Masters Mężczyzn	9	09:45	00:39:46	<b>01:46:20.95</b>	<b>01:46:20.95</b>	+00:48:53 (46.0%)	10:38	5.6 (53.8%)
151	<b>OKOŃ Adam</b>	<b>2335</b>	KASZUBSKIE AGENTY	Open Mężczyzn	66	09:45	00:37:31	<b>01:46:29.20</b>	<b>01:46:29.20</b>	+00:49:01 (46.0%)	10:38	5.6 (53.8%)
152	<b>SZCZOTOK Wiktor</b>	<b>2284</b>		Open Mężczyzn	67	09:30	00:36:33	<b>01:47:00.55</b>	<b>01:47:00.55</b>	+00:49:32 (46.3%)	10:42	5.6 (53.8%)
153	<b>KWIDZIŃSKI Robert</b>	<b>3405</b>		Open Mężczyzn	68	11:45	00:35:12	<b>01:47:21.95</b>	<b>01:47:21.95</b>	+00:49:54 (46.5%)	10:44	5.6 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
154	<b>SZYLKIN Wojciech</b>	<b>3356</b>	LECNICA TEAM	Open Mężczyzn	69	11:45	00:35:00	<b>01:47:22.60</b>	<b>01:47:22.60</b>	+00:49:54 (46.5%)	10:44	5.6 (53.8%)
155	<b>CZECHOWSKI Konrad</b>	<b>2199</b>	DRUŻYNA JEDNOROŻCA	Open Mężczyzn	70	09:30	00:36:06	<b>01:48:05.15</b>	<b>01:48:05.15</b>	+00:50:37 (46.8%)	10:48	5.6 (53.8%)
156	<b>OGIŃSKI Szymon</b>	<b>2673</b>		Open Mężczyzn	71	09:30	00:38:57	<b>01:48:07.50</b>	<b>01:48:07.50</b>	+00:50:39 (46.9%)	10:48	5.5 (52.9%)
157	<b>MIĘSOWICZ Mirosław</b>	<b>2200</b>	DRUŻYNA JEDNOROŻCA	Open Mężczyzn	72	09:30	00:36:27	<b>01:48:16.90</b>	<b>01:48:16.90</b>	+00:50:48 (46.9%)	10:49	5.5 (52.9%)
158	<b>JÓSKOWSKI Lucjan</b>	<b>2299</b>	AGENCY KASZUBSKIE	Open Mężczyzn	73	09:45	00:37:54	<b>01:48:29.45</b>	<b>01:48:29.45</b>	+00:51:01 (47.0%)	10:50	5.5 (52.9%)
159	<b>DUBIEL Monika</b>	<b>2853</b>	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	1	10:45	00:38:23	<b>01:48:43.70</b>	<b>01:48:43.70</b>	+00:51:15 (47.1%)	10:52	5.5 (52.9%)
160	<b>DOMORADZKI Łukasz</b>	<b>3452</b>		Open Mężczyzn	74	10:15	00:38:03	<b>01:48:48.65</b>	<b>01:48:48.65</b>	+00:51:20 (47.2%)	10:52	5.5 (52.9%)
161	<b>KOWALSKI Krzysztof</b>	<b>2213</b>	HUSARIA RACE TEAM	Open Masters Mężczyzn	10	09:30	00:38:11	<b>01:49:12.10</b>	<b>01:49:12.10</b>	+00:51:44 (47.4%)	10:55	5.5 (52.9%)
162	<b>SZAFRAN Jakub</b>	<b>2725</b>	PIĘKNI I BESTIE	Open Mężczyzn	75	09:30	00:40:09	<b>01:49:22.15</b>	<b>01:49:22.15</b>	+00:51:54 (47.5%)	10:56	5.5 (52.9%)
163	<b>KNIAŻ Tomasz</b>	<b>2855</b>	PRIME FITNESS RUNMAGEDDON TEAM	Open Mężczyzn	76	10:45	00:38:22	<b>01:49:25.10</b>	<b>01:49:25.10</b>	+00:51:57 (47.5%)	10:56	5.5 (52.9%)
164	<b>BOŚKA Patryk</b>	<b>2389</b>		Open Mężczyzn	77	09:30	00:38:57	<b>01:49:41.60</b>	<b>01:49:41.60</b>	+00:52:13 (47.6%)	10:58	5.5 (52.9%)
165	<b>PIETROSZEK Agata</b>	<b>2675</b>		Open Kobiet	2	10:15	00:38:02	<b>01:49:44.40</b>	<b>01:49:44.40</b>	+00:52:16 (47.6%)	10:58	5.5 (52.9%)
166	<b>CZERWONIEC Andrzej</b>	<b>2391</b>		Open Mężczyzn	78	09:45	00:41:08	<b>01:49:47.95</b>	<b>01:49:47.95</b>	+00:52:20 (47.7%)	10:58	5.5 (52.9%)
167	<b>MŁYNARCZYK Tatiana</b>	<b>2217</b>	HUSARIA RACE TEAM	Open Kobiet	3	10:15	00:37:55	<b>01:50:07.80</b>	<b>01:50:07.80</b>	+00:52:39 (47.8%)	11:00	5.4 (51.9%)
168	<b>DWORCZAK Maciej</b>	<b>2367</b>	RUNAWAY TEAM	Open Mężczyzn	79	09:45	00:32:45	<b>01:50:14.50</b>	<b>01:50:14.50</b>	+00:52:46 (47.9%)	11:01	5.4 (51.9%)
169	<b>LUTEREK Michał</b>	<b>2796</b>		Open Mężczyzn	80	10:30	00:36:32	<b>01:50:37.85</b>	<b>01:50:37.85</b>	+00:53:09 (48.1%)	11:03	5.4 (51.9%)
170	<b>KUCZYŃSKI Paweł</b>	<b>2180</b>	BIGYELLOWFOOT ADVENTUE TEAM	Open Mężczyzn	81	09:30	00:36:44	<b>01:50:46.70</b>	<b>01:50:46.70</b>	+00:53:18 (48.1%)	11:04	5.4 (51.9%)
171	<b>STAŃKO Jerzy</b>	<b>2810</b>		Open Mężczyzn	82	10:30	00:35:13	<b>01:50:53.25</b>	<b>01:50:53.25</b>	+00:53:25 (48.2%)	11:05	5.4 (51.9%)
172	<b>ZABOROWSKI Filip</b>	<b>3453</b>	OSP TEAM WĘGLOWICE	Open Mężczyzn	83	10:00	00:33:43	<b>01:51:01.30</b>	<b>01:51:01.30</b>	+00:53:33 (48.2%)	11:06	5.4 (51.9%)
173	<b>MOCHNAL Dawid</b>	<b>2272</b>		Open Mężczyzn	84	09:30	00:35:10	<b>01:51:04.45</b>	<b>01:51:04.45</b>	+00:53:36 (48.3%)	11:06	5.4 (51.9%)
174	<b>WĘGLARZ Waldemar</b>	<b>2082</b>		Elite Masters Mężczyzn	12	09:00	00:30:33	<b>01:51:07.30</b>	<b>01:51:07.30</b>	+00:53:39 (48.3%)	11:06	5.4 (51.9%)
175	<b>BARAN Grzegorz</b>	<b>3027</b>		Open Masters Mężczyzn	11	09:45	00:42:55	<b>01:51:10.25</b>	<b>01:51:10.25</b>	+00:53:42 (48.3%)	11:07	5.4 (51.9%)
176	<b>MARKIEWICZ Arkadiusz</b>	<b>2601</b>	PIĘKNI I BESTIE	Open Masters Mężczyzn	12	10:15	00:41:38	<b>01:51:13.45</b>	<b>01:51:13.45</b>	+00:53:45 (48.3%)	11:07	5.4 (51.9%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
177	<b>BORECKI Krzysztof</b>	<b>2203</b>	HUSARIA RACE TEAM	Open Masters Mężczyzn	13	09:30	00:35:39	<b>01:51:25.75</b>	<b>01:51:25.75</b>	+00:53:57 (48.4%)	11:08	5.4 (51.9%)
178	<b>BŁASZCZYK Łukasz</b>	<b>3031</b>		Open Mężczyzn	85	11:00	00:33:02	<b>01:51:29.30</b>	<b>01:51:29.30</b>	+00:54:01 (48.5%)	11:08	5.4 (51.9%)
179	<b>MOKWA Sebastian</b>	<b>2029</b>	NIE W SZCZEPIONKĘ TEAM	Elite Mężczyzn	60	09:00	00:31:59	<b>01:51:31.50</b>	<b>01:51:31.50</b>	+00:54:03 (48.5%)	11:09	5.4 (51.9%)
180	<b>MIŚKIEWICZ Konrad</b>	<b>3445</b>		Open Mężczyzn	86	12:00	00:36:22	<b>01:51:38.65</b>	<b>01:51:38.65</b>	+00:54:10 (48.5%)	11:09	5.4 (51.9%)
181	<b>KOLACHA Patryk</b>	<b>2212</b>	HUSARIA RACE TEAM	Open Mężczyzn	87	09:30	00:34:06	<b>01:51:48.85</b>	<b>01:51:48.85</b>	+00:54:20 (48.6%)	11:10	5.4 (51.9%)
182	<b>ZAPIÓR Marcin</b>	<b>2298</b>		Open Mężczyzn	88	09:30	00:35:31	<b>01:52:09.20</b>	<b>01:52:09.20</b>	+00:54:41 (48.8%)	11:12	5.3 (51.0%)
183	<b>PIOTROWSKI Kamil</b>	<b>2939</b>		Open Mężczyzn	89	10:45	00:37:12	<b>01:52:10.70</b>	<b>01:52:10.70</b>	+00:54:42 (48.8%)	11:13	5.3 (51.0%)
184	<b>GOŹDZIK Paweł</b>	<b>2920</b>		Open Mężczyzn	90	10:15	00:40:34	<b>01:52:18.55</b>	<b>01:52:18.55</b>	+00:54:50 (48.8%)	11:13	5.3 (51.0%)
185	<b>ŚMIAŁEK Robert</b>	<b>3245</b>	MOMO TEAM	Open Mężczyzn	91	11:30	00:31:20	<b>01:52:40.60</b>	<b>01:52:40.60</b>	+00:55:12 (49.0%)	11:16	5.3 (51.0%)
186	<b>STAROSZYŃSKI Dawid</b>	<b>3075</b>		Open Mężczyzn	92	11:00	00:39:18	<b>01:53:15.80</b>	<b>01:53:15.80</b>	+00:55:47 (49.3%)	11:19	5.3 (51.0%)
187	<b>MERGNER Rafał</b>	<b>3369</b>	POWER TRAINING	Open Mężczyzn	93	11:45	00:41:14	<b>01:53:18.65</b>	<b>01:53:18.65</b>	+00:55:50 (49.3%)	11:19	5.3 (51.0%)
188	<b>SZEWCZYK Paweł</b>	<b>2681</b>		Open Masters Mężczyzn	14	10:15	00:38:03	<b>01:53:20.65</b>	<b>01:53:20.65</b>	+00:55:52 (49.3%)	11:20	5.3 (51.0%)
189	<b>KLINOWSKI Andrzej</b>	<b>2428</b>	BLACK GAME TEAM	Open Mężczyzn	94	10:00	00:38:29	<b>01:53:29.05</b>	<b>01:53:29.05</b>	+00:56:01 (49.4%)	11:20	5.3 (51.0%)
190	<b>KULMIŃSKI Marcin</b>	<b>3368</b>	POWER TRAINING	Open Mężczyzn	95	11:45	00:41:02	<b>01:53:30.65</b>	<b>01:53:30.65</b>	+00:56:02 (49.4%)	11:21	5.3 (51.0%)
191	<b>KOGUT Dawid</b>	<b>2784</b>		Open Mężczyzn	96	10:30	00:37:51	<b>01:53:30.70</b>	<b>01:53:30.70</b>	+00:56:02 (49.4%)	11:21	5.3 (51.0%)
192	<b>ZAJĄC Paweł</b>	<b>2429</b>	BLACK GAME TEAM	Open Mężczyzn	97	10:00	00:38:21	<b>01:53:36.80</b>	<b>01:53:36.80</b>	+00:56:08 (49.4%)	11:21	5.3 (51.0%)
193	<b>KRAJNIAK Jarosław</b>	<b>2869</b>	RMF4RT GLADIATORS	Open Mężczyzn	98	09:45	00:39:29	<b>01:53:59.15</b>	<b>01:53:59.15</b>	+00:56:31 (49.6%)	11:23	5.3 (51.0%)
194	<b>PAŁKA Adam</b>	<b>2799</b>		Open Mężczyzn	99	10:30	00:37:52	<b>01:54:05.70</b>	<b>01:54:05.70</b>	+00:56:37 (49.6%)	11:24	5.3 (51.0%)
195	<b>SZOSTEK Patrycja</b>	<b>2091</b>	NIE W SZCZEPIONKĘ TEAM	Elite Kobiet	7	09:15	00:37:17	<b>01:54:08.75</b>	<b>01:54:08.75</b>	+00:56:40 (49.7%)	11:24	5.3 (51.0%)
196	<b>GULATOWSKI Rafal</b>	<b>3166</b>		Open Mężczyzn	100	11:15	00:46:22	<b>01:54:13.10</b>	<b>01:54:13.10</b>	+00:56:45 (49.7%)	11:25	5.3 (51.0%)
197	<b>GULATOWSKA Klaudia</b>	<b>3165</b>		Open Kobiet	4	11:15	00:46:06	<b>01:54:13.30</b>	<b>01:54:13.30</b>	+00:56:45 (49.7%)	11:25	5.3 (51.0%)
198	<b>KACZWIŃSKI Paweł</b>	<b>2527</b>		Open Masters Mężczyzn	15	10:00	00:40:50	<b>01:54:17.65</b>	<b>01:54:17.65</b>	+00:56:49 (49.7%)	11:25	5.3 (51.0%)
199	<b>BROŻEK Artur</b>	<b>2247</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	101	09:30	00:35:41	<b>01:54:18.60</b>	<b>01:54:18.60</b>	+00:56:50 (49.7%)	11:25	5.2 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
200	<b>PIERWOŁA Tomasz</b>	<b>2723</b>	ORGANIC TEAM	Open Mężczyzn	102	10:30	00:34:28	<b>01:54:27.50</b>	<b>01:54:27.50</b>	+00:56:59 (49.8%)	11:26	5.2 (50.0%)
201	<b>NOWACKI Rafał</b>	<b>3446</b>		Open Mężczyzn	103	12:00	00:36:21	<b>01:54:35.70</b>	<b>01:54:35.70</b>	+00:57:07 (49.9%)	11:27	5.2 (50.0%)
202	<b>CAREWICZ Kamil</b>	<b>2866</b>	RMF4RT GLADIATORS	Open Mężczyzn	104	10:45	00:42:12	<b>01:54:51.00</b>	<b>01:54:51.00</b>	+00:57:23 (50.0%)	11:29	5.2 (50.0%)
203	<b>BRODZIAK Andrzej</b>	<b>2646</b>		Open Masters Mężczyzn	16	10:15	00:40:53	<b>01:54:56.15</b>	<b>01:54:56.15</b>	+00:57:28 (50.0%)	11:29	5.2 (50.0%)
204	<b>KYSIAK Kamil</b>	<b>2789</b>		Open Mężczyzn	105	10:30	00:37:27	<b>01:54:57.70</b>	<b>01:54:57.70</b>	+00:57:29 (50.0%)	11:29	5.2 (50.0%)
205	<b>HANISZEWSKI Bartłomiej</b>	<b>2154</b>		Open Mężczyzn	106	12:00	00:39:15	<b>01:55:01.40</b>	<b>01:55:01.40</b>	+00:57:33 (50.0%)	11:30	5.2 (50.0%)
206	<b>LEBIODA Marcin</b>	<b>2253</b>	SOCIOS SILESIA	Open Mężczyzn	107	09:30	00:41:46	<b>01:55:02.90</b>	<b>01:55:02.90</b>	+00:57:34 (50.1%)	11:30	5.2 (50.0%)
207	<b>SZYPOWSKI Jakub</b>	<b>3456</b>	RAJSPORT ACTIVE	Open Mężczyzn	108	09:30	00:40:04	<b>01:55:06.95</b>	<b>01:55:06.95</b>	+00:57:39 (50.1%)	11:30	5.2 (50.0%)
208	<b>SZYMANSKI Jacek</b>	<b>2969</b>	ETERNIA	Open Mężczyzn	109	11:00	00:40:41	<b>01:55:54.95</b>	<b>01:55:54.95</b>	+00:58:27 (50.4%)	11:35	5.2 (50.0%)
209	<b>PSUT Kamil</b>	<b>2220</b>	HUSARIA RACE TEAM	Open Mężczyzn	110	09:30	00:38:02	<b>01:55:58.15</b>	<b>01:55:58.15</b>	+00:58:30 (50.4%)	11:35	5.2 (50.0%)
210	<b>TOMCZAK Joanna</b>	<b>2290</b>		Open Kobiet	5	09:30	00:38:57	<b>01:56:01.00</b>	<b>01:56:01.00</b>	+00:58:33 (50.5%)	11:36	5.2 (50.0%)
211	<b>MALEŃCZYK Sylwester</b>	<b>2665</b>		Open Mężczyzn	111	10:15	00:38:26	<b>01:56:16.10</b>	<b>01:56:16.10</b>	+00:58:48 (50.6%)	11:37	5.2 (50.0%)
212	<b>JAROSZ Adam</b>	<b>3434</b>	SPARTANSKIE SWIRY	Open Mężczyzn	112	12:00	00:39:18	<b>01:56:18.40</b>	<b>01:56:18.40</b>	+00:58:50 (50.6%)	11:37	5.2 (50.0%)
213	<b>PLEWKA Daniel</b>	<b>3309</b>		Open Mężczyzn	113	11:30	00:39:49	<b>01:56:24.30</b>	<b>01:56:24.30</b>	+00:58:56 (50.6%)	11:38	5.2 (50.0%)
214	<b>KACZMARCZYK Lucjan</b>	<b>2981</b>	KRATOS TRZEBNICA	Open Masters Mężczyzn	17	11:00	00:34:44	<b>01:56:25.00</b>	<b>01:56:25.00</b>	+00:58:57 (50.6%)	11:38	5.2 (50.0%)
215	<b>NOWAK Daniel</b>	<b>2672</b>		Open Mężczyzn	114	10:15		<b>01:56:30.10</b>	<b>01:56:30.10</b>	+00:59:02 (50.7%)	11:39	5.2 (50.0%)
216	<b>KORZENIOWSKI Mateusz</b>	<b>2355</b>	OCR TEAM BYDLAKI	Open Mężczyzn	115	09:45	00:38:45	<b>01:56:39.55</b>	<b>01:56:39.55</b>	+00:59:11 (50.7%)	11:39	5.1 (49.0%)
217	<b>KREMER Piotr</b>	<b>3342</b>	CROSTRENING RACIBÓRZ	Open Mężczyzn	116	11:45	00:37:46	<b>01:56:48.00</b>	<b>01:56:48.00</b>	+00:59:20 (50.8%)	11:40	5.1 (49.0%)
218	<b>SUCHCICKI Wojciech</b>	<b>3428</b>	NIE CHCĘ MIEĆ STEMI	Open Masters Mężczyzn	18	12:00	00:40:28	<b>01:56:53.20</b>	<b>01:56:53.20</b>	+00:59:25 (50.8%)	11:41	5.1 (49.0%)
219	<b>ŚWIĘTEK Paweł</b>	<b>2734</b>	POWER TRAINING	Open Mężczyzn	117	10:30	00:40:23	<b>01:56:56.00</b>	<b>01:56:56.00</b>	+00:59:28 (50.9%)	11:41	5.1 (49.0%)
220	<b>MICHALSKI Kacper</b>	<b>3410</b>		Open Mężczyzn	118	10:15	00:34:17	<b>01:57:15.85</b>	<b>01:57:15.85</b>	+00:59:47 (51.0%)	11:43	5.1 (49.0%)
221	<b>SERKIS Małgorzata</b>	<b>2942</b>		Open Masters Kobiet	1	10:45	00:44:39	<b>01:57:28.80</b>	<b>01:57:28.80</b>	+01:00:00 (51.1%)	11:44	5.1 (49.0%)
222	<b>KARPIŃSKI Bartłomiej</b>	<b>2607</b>	RAGNAROK SZCZECIN	Open Mężczyzn	119	10:15	00:39:42	<b>01:57:30.65</b>	<b>01:57:30.65</b>	+01:00:02 (51.1%)	11:45	5.1 (49.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
223	<b>GŁADYSZ Marcin</b>	<b>2257</b>	WILK TRENUJE	Open Mężczyzn	120	09:30	00:38:48	<b>01:57:32.40</b>	<b>01:57:32.40</b>	+01:00:04 (51.1%)	11:45	5.1 (49.0%)
224	<b>KUBIESA Jakub</b>	<b>2443</b>	HUSARIA RACE TEAM	Open Mężczyzn	121	10:00	00:31:28	<b>01:57:36.45</b>	<b>01:57:36.45</b>	+01:00:08 (51.1%)	11:45	5.1 (49.0%)
225	<b>DUDEK Jakub</b>	<b>2353</b>	OCR TEAM BYDLAKI	Open Mężczyzn	122	09:45	00:38:01	<b>01:57:44.70</b>	<b>01:57:44.70</b>	+01:00:16 (51.2%)	11:46	5.1 (49.0%)
226	<b>BEDNARZ Marcin</b>	<b>2645</b>		Open Masters Mężczyzn	19	10:15	00:39:39	<b>01:58:00.20</b>	<b>01:58:00.20</b>	+01:00:32 (51.3%)	11:48	5.1 (49.0%)
227	<b>MIKOŁAJEK Robert</b>	<b>2497</b>	TOYOTA RUNMATOR	Open Masters Mężczyzn	20	10:00	00:41:13	<b>01:58:04.70</b>	<b>01:58:04.70</b>	+01:00:36 (51.3%)	11:48	5.1 (49.0%)
228	<b>TELAŻKA Kacper</b>	<b>2499</b>	TOYOTA RUNMATOR	Open Mężczyzn	123	10:00	00:41:48	<b>01:58:07.15</b>	<b>01:58:07.15</b>	+01:00:39 (51.3%)	11:48	5.1 (49.0%)
229	<b>WŁODARCZYK Maciej</b>	<b>2501</b>	TOYOTA RUNMATOR	Open Mężczyzn	124	10:00	00:41:13	<b>01:58:15.00</b>	<b>01:58:15.00</b>	+01:00:47 (51.4%)	11:49	5.1 (49.0%)
230	<b>JASIŃSKI Marcin</b>	<b>2495</b>	TOYOTA RUNMATOR	Open Masters Mężczyzn	21	10:00	00:41:48	<b>01:58:15.40</b>	<b>01:58:15.40</b>	+01:00:47 (51.4%)	11:49	5.1 (49.0%)
231	<b>MATEJCZYK Marcin</b>	<b>2469</b>	OUTDOOR TRAINING	Open Masters Mężczyzn	22	10:00	00:39:43	<b>01:58:15.90</b>	<b>01:58:15.90</b>	+01:00:47 (51.4%)	11:49	5.1 (49.0%)
232	<b>MACIUSZEK Julia</b>	<b>2103</b>	WATAHA	Elite Kobiet	8	09:15	00:34:01	<b>01:58:39.70</b>	<b>01:58:39.70</b>	+01:01:11 (51.6%)	11:51	5.1 (49.0%)
233	<b>BIELA Grzegorz</b>	<b>2492</b>	TOYOTA RUNMATOR	Open Mężczyzn	125	10:00	00:41:14	<b>01:58:40.65</b>	<b>01:58:40.65</b>	+01:01:12 (51.6%)	11:52	5.1 (49.0%)
234	<b>WŁOCH Michał</b>	<b>3025</b>	ZABIEGANI CZĘSTOCHOWA	Open Mężczyzn	126	10:00	00:37:42	<b>01:58:53.95</b>	<b>01:58:53.95</b>	+01:01:26 (51.7%)	11:53	5 (48.1%)
235	<b>DERYŁO Mateusz</b>	<b>2876</b>	SOCIOS SILESIA	Open Mężczyzn	127	10:45	00:36:15	<b>01:59:13.80</b>	<b>01:59:13.80</b>	+01:01:45 (51.8%)	11:55	5 (48.1%)
236	<b>BIEGANSKI Bogumil</b>	<b>2181</b>	BIGYELLOWFOOT ADVENTURE TEAM	Open Mężczyzn	128	12:00	00:43:03	<b>01:59:22.70</b>	<b>01:59:22.70</b>	+01:01:54 (51.9%)	11:56	5 (48.1%)
237	<b>BIENIASZ Bogusław</b>	<b>2513</b>		Open Masters Mężczyzn	23	10:00	00:41:21	<b>01:59:23.40</b>	<b>01:59:23.40</b>	+01:01:55 (51.9%)	11:56	5 (48.1%)
238	<b>SKÓRA Wojciech</b>	<b>2968</b>	ETERNIA	Open Mężczyzn	129	11:00	00:40:39	<b>01:59:34.05</b>	<b>01:59:34.05</b>	+01:02:06 (51.9%)	11:57	5 (48.1%)
239	<b>CEGIELSKI Marcin</b>	<b>3271</b>		Open Masters Mężczyzn	24	11:30	00:42:39	<b>01:59:38.70</b>	<b>01:59:38.70</b>	+01:02:10 (52.0%)	11:57	5 (48.1%)
240	<b>KASPRZAK Paweł</b>	<b>3228</b>	GROBLA TEAM	Open Mężczyzn	130	11:30	00:36:39	<b>01:59:45.50</b>	<b>01:59:45.50</b>	+01:02:17 (52.0%)	11:58	5 (48.1%)
241	<b>KĘDZIORA Bogumił</b>	<b>2924</b>		Open Mężczyzn	131	10:45	00:36:44	<b>01:59:47.25</b>	<b>01:59:47.25</b>	+01:02:19 (52.0%)	11:58	5 (48.1%)
242	<b>PÓŁGĘSEK Bartosz</b>	<b>2314</b>	HARPAGAN RUNNERS	Open Mężczyzn	132	09:45	00:39:30	<b>01:59:51.10</b>	<b>01:59:51.10</b>	+01:02:23 (52.1%)	11:59	5 (48.1%)
243	<b>KOZDÓJ Ewa</b>	<b>2359</b>	OSWRIS	Open Masters Kobiet	2	09:45	00:42:56	<b>01:59:51.50</b>	<b>01:59:51.50</b>	+01:02:23 (52.1%)	11:59	5 (48.1%)
244	<b>RZOŃCA Michał</b>	<b>2507</b>	WATAHA	Open Mężczyzn	133	10:00	00:35:38	<b>01:59:58.95</b>	<b>01:59:58.95</b>	+01:02:31 (52.1%)	11:59	5 (48.1%)
245	<b>KUDŁA Grzegorz</b>	<b>2356</b>	OCR TEAM BYDLAKI	Open Masters Mężczyzn	25	09:45	00:38:46	<b>01:59:59.65</b>	<b>01:59:59.65</b>	+01:02:31 (52.1%)	11:59	5 (48.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
246	<b>KONICKI Grzegorz</b>	<b>3371</b>	RMF4RT GLADIATORS	Open Mężczyzn	134	11:45	00:36:01	<b>02:00:08.95</b>	<b>02:00:08.95</b>	+01:02:41 (52.2%)	12:00	5 (48.1%)
247	<b>ZELL Jacek</b>	<b>2573</b>	GLOBAL	Open Masters Mężczyzn	26	10:15	00:41:13	<b>02:00:26.00</b>	<b>02:00:26.00</b>	+01:02:58 (52.3%)	12:02	5 (48.1%)
248	<b>RAKOWSKI Przemysław</b>	<b>2173</b>	ALV AWENDZERS	Open Mężczyzn	135	09:30	00:41:36	<b>02:00:29.90</b>	<b>02:00:29.90</b>	+01:03:01 (52.3%)	12:02	5 (48.1%)
249	<b>ANDRZEJCZAK Filip</b>	<b>2510</b>		Open Mężczyzn	136	10:00	00:36:38	<b>02:00:30.25</b>	<b>02:00:30.25</b>	+01:03:02 (52.3%)	12:03	5 (48.1%)
250	<b>MARTUSZEWSKI Ryszard</b>	<b>2666</b>		Open Masters Mężczyzn	27	10:15	00:41:29	<b>02:00:45.45</b>	<b>02:00:45.45</b>	+01:03:17 (52.4%)	12:04	5 (48.1%)
251	<b>PIĘTKA Patryk</b>	<b>3365</b>	PERI SPARTAN TEAM	Open Mężczyzn	137	11:45	00:42:54	<b>02:00:50.40</b>	<b>02:00:50.40</b>	+01:03:22 (52.4%)	12:05	5 (48.1%)
252	<b>KĘSEK Marcin</b>	<b>2783</b>		Open Masters Mężczyzn	28	10:30	00:39:36	<b>02:00:55.65</b>	<b>02:00:55.65</b>	+01:03:27 (52.5%)	12:05	5 (48.1%)
253	<b>MATEJCZYK Artur</b>	<b>2468</b>	OUTDOOR TRAINING	Open Masters Mężczyzn	29	10:00	00:39:51	<b>02:00:58.20</b>	<b>02:00:58.20</b>	+01:03:30 (52.5%)	12:05	5 (48.1%)
254	<b>MICHROWSKI Sławomir</b>	<b>3191</b>		Open Masters Mężczyzn	30	11:15	00:34:39	<b>02:01:01.30</b>	<b>02:01:01.30</b>	+01:03:33 (52.5%)	12:06	5 (48.1%)
255	<b>KUBIAK Edyta</b>	<b>2629</b>	TEAM ŚWINIA	Open Kobiet	6	10:15	00:47:09	<b>02:01:04.00</b>	<b>02:01:04.00</b>	+01:03:36 (52.5%)	12:06	5 (48.1%)
256	<b>SZARY Michał</b>	<b>2837</b>	I2 GEOLAB	Open Mężczyzn	138	10:45	00:40:06	<b>02:01:05.50</b>	<b>02:01:05.50</b>	+01:03:37 (52.5%)	12:06	5 (48.1%)
257	<b>OGIERMAN Mariusz</b>	<b>2836</b>	I2 GEOLAB	Open Mężczyzn	139	10:45	00:40:07	<b>02:01:05.75</b>	<b>02:01:05.75</b>	+01:03:37 (52.5%)	12:06	5 (48.1%)
258	<b>WYRWIŃSKI Michał</b>	<b>2820</b>		Open Mężczyzn	140	10:30	00:40:11	<b>02:01:06.30</b>	<b>02:01:06.30</b>	+01:03:38 (52.5%)	12:06	5 (48.1%)
259	<b>NAJDEREK Michał</b>	<b>3193</b>		Open Mężczyzn	141	11:15	00:39:20	<b>02:01:10.45</b>	<b>02:01:10.45</b>	+01:03:42 (52.6%)	12:07	5 (48.1%)
260	<b>BURAKOWSKA Małgorzata</b>	<b>3231</b>	HUSARIA RACE TEAM	Open Masters Kobiet	3	11:30	00:48:33	<b>02:01:24.05</b>	<b>02:01:24.05</b>	+01:03:56 (52.7%)	12:08	4.9 (47.1%)
261	<b>OSIŃSKI Marcin</b>	<b>2744</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	142	10:30	00:46:58	<b>02:01:34.95</b>	<b>02:01:34.95</b>	+01:04:07 (52.7%)	12:09	4.9 (47.1%)
262	<b>KOWALCZYK Piotr</b>	<b>2603</b>	POSITIVE FREAKS TEAM	Open Mężczyzn	143	10:15	00:39:16	<b>02:01:36.70</b>	<b>02:01:36.70</b>	+01:04:08 (52.7%)	12:09	4.9 (47.1%)
263	<b>KRAWCZYK Rafał</b>	<b>2614</b>	ROSSMANN	Open Mężczyzn	144	10:15	00:43:06	<b>02:01:37.25</b>	<b>02:01:37.25</b>	+01:04:09 (52.8%)	12:09	4.9 (47.1%)
264	<b>KLAWCZYŃSKI Karol</b>	<b>2637</b>	WF KOSTRZYN	Open Mężczyzn	145	10:15	00:39:57	<b>02:01:39.20</b>	<b>02:01:39.20</b>	+01:04:11 (52.8%)	12:09	4.9 (47.1%)
265	<b>MĘDRYKOWSKI Damian</b>	<b>2579</b>	HUSARIA RACE TEAM	Open Mężczyzn	146	10:15	00:40:19	<b>02:01:50.30</b>	<b>02:01:50.30</b>	+01:04:22 (52.8%)	12:11	4.9 (47.1%)
266	<b>MURSZEWski Maciej</b>	<b>2932</b>		Open Mężczyzn	147	10:45	00:43:15	<b>02:01:54.10</b>	<b>02:01:54.10</b>	+01:04:26 (52.9%)	12:11	4.9 (47.1%)
267	<b>JÓŻWICKI Karol</b>	<b>2467</b>	OUTDOOR TRAINING	Open Mężczyzn	148	10:00	00:39:47	<b>02:02:01.10</b>	<b>02:02:01.10</b>	+01:04:33 (52.9%)	12:12	4.9 (47.1%)
268	<b>BUKOWSKI Marcin</b>	<b>2764</b>	TURBO ŁOSIE	Open Mężczyzn	149	10:30	00:33:37	<b>02:02:03.50</b>	<b>02:02:03.50</b>	+01:04:35 (52.9%)	12:12	4.9 (47.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
269	<b>PLAK Emil</b>	<b>2733</b>	POWER TRAINING	Open Mężczyzn	150	10:30	00:40:27	<b>02:02:04.90</b>	<b>02:02:04.90</b>	+01:04:36 (52.9%)	12:12	4.9 (47.1%)
270	<b>STANIEK Sławomir</b>	<b>3339</b>	BLACKSHEEP TEAM	Open Mężczyzn	151	11:45	00:42:08	<b>02:02:05.45</b>	<b>02:02:05.45</b>	+01:04:37 (52.9%)	12:12	4.9 (47.1%)
271	<b>MROZIK Mariusz</b>	<b>3100</b>	HUSARIA RACE TEAM	Open Masters Mężczyzn	31	11:15	00:40:01	<b>02:02:27.20</b>	<b>02:02:27.20</b>	+01:04:59 (53.1%)	12:14	4.9 (47.1%)
272	<b>KARCZMAR Kornelia</b>	<b>2636</b>	WF KOSTRZYN	Open Kobiet	7	10:15	00:39:57	<b>02:02:36.70</b>	<b>02:02:36.70</b>	+01:05:08 (53.1%)	12:15	4.9 (47.1%)
273	<b>PALKA Jurand</b>	<b>2491</b>	STUDIO ENERGIA TEAM RYBNIK	Open Masters Mężczyzn	32	10:00	00:44:52	<b>02:03:01.55</b>	<b>02:03:01.55</b>	+01:05:33 (53.3%)	12:18	4.9 (47.1%)
274	<b>GREŃ Andrzej</b>	<b>2625</b>	TABATA RADEK TEAM	Open Masters Mężczyzn	33	10:15	00:43:06	<b>02:03:04.60</b>	<b>02:03:04.60</b>	+01:05:36 (53.3%)	12:18	4.9 (47.1%)
275	<b>OLECH Grzegorz</b>	<b>2230</b>	LEMON TEAM	Open Mężczyzn	152	09:30	00:41:20	<b>02:03:17.80</b>	<b>02:03:17.80</b>	+01:05:49 (53.4%)	12:19	4.9 (47.1%)
276	<b>SAK Cezary</b>	<b>2229</b>	KTML -> KTMLSPORT.BLOGSPOT.COM	Open Mężczyzn	153	09:30	00:43:15	<b>02:03:21.05</b>	<b>02:03:21.05</b>	+01:05:53 (53.4%)	12:20	4.9 (47.1%)
277	<b>NOWICKI Marcin</b>	<b>3001</b>	RMF4RT GLADIATORS	Open Mężczyzn	154	11:00	00:37:31	<b>02:03:23.50</b>	<b>02:03:23.50</b>	+01:05:55 (53.4%)	12:20	4.9 (47.1%)
278	<b>SKRĘTY Patryk</b>	<b>2312</b>	EDEN RUNNERS	Open Mężczyzn	155	09:45	00:41:55	<b>02:03:34.85</b>	<b>02:03:34.85</b>	+01:06:06 (53.5%)	12:21	4.9 (47.1%)
279	<b>BANAŚ Krzysztof</b>	<b>2511</b>		Open Mężczyzn	156	10:00	00:43:59	<b>02:03:39.30</b>	<b>02:03:39.30</b>	+01:06:11 (53.5%)	12:21	4.9 (47.1%)
280	<b>HUK Mateusz</b>	<b>2310</b>	DZIKUSY W NATARCIU	Open Mężczyzn	157	09:45	00:42:58	<b>02:03:46.80</b>	<b>02:03:46.80</b>	+01:06:18 (53.6%)	12:22	4.8 (46.2%)
281	<b>JAHNS Adam</b>	<b>2627</b>	TEAM ŚWINIA	Open Mężczyzn	158	10:15	00:40:19	<b>02:03:53.50</b>	<b>02:03:53.50</b>	+01:06:25 (53.6%)	12:23	4.8 (46.2%)
282	<b>SOKOŁOWSKI Władysław</b>	<b>3233</b>	HUSARIA RACE TEAM	Open Mężczyzn	159	11:30	00:37:50	<b>02:03:55.30</b>	<b>02:03:55.30</b>	+01:06:27 (53.6%)	12:23	4.8 (46.2%)
283	<b>PACYGON Tomek</b>	<b>2311</b>	EDEN RUNNERS	Open Mężczyzn	160	09:45	00:41:53	<b>02:03:55.50</b>	<b>02:03:55.50</b>	+01:06:27 (53.6%)	12:23	4.8 (46.2%)
284	<b>BARAN Dawid</b>	<b>2306</b>	DO PORZYGU OCR TEAM	Open Mężczyzn	161	09:45	00:42:10	<b>02:04:06.65</b>	<b>02:04:06.65</b>	+01:06:38 (53.7%)	12:24	4.8 (46.2%)
285	<b>KUCZERA Kazimierz</b>	<b>3175</b>		Open Mężczyzn	162	11:15	00:39:00	<b>02:04:07.55</b>	<b>02:04:07.55</b>	+01:06:39 (53.7%)	12:24	4.8 (46.2%)
286	<b>KOZAK Arkadiusz</b>	<b>3443</b>		Open Mężczyzn	163	12:00	00:35:04	<b>02:04:10.40</b>	<b>02:04:10.40</b>	+01:06:42 (53.7%)	12:25	4.8 (46.2%)
287	<b>GIEMZA Michał</b>	<b>3162</b>		Open Mężczyzn	164	11:45	00:32:26	<b>02:04:13.85</b>	<b>02:04:13.85</b>	+01:06:45 (53.7%)	12:25	4.8 (46.2%)
288	<b>JANICKI Kamil</b>	<b>2609</b>	RMF4RT GLADIATORS	Open Mężczyzn	165	09:30	00:42:17	<b>02:04:14.25</b>	<b>02:04:14.25</b>	+01:06:46 (53.7%)	12:25	4.8 (46.2%)
289	<b>CZARNECKI Adam</b>	<b>3158</b>		Open Mężczyzn	166	11:15	00:38:44	<b>02:04:26.50</b>	<b>02:04:26.50</b>	+01:06:58 (53.8%)	12:26	4.8 (46.2%)
290	<b>KARCZYŃSKI Tomasz</b>	<b>2716</b>	JANUSZE I GRAŻYŃKI	Open Mężczyzn	167	10:30	00:44:37	<b>02:04:34.55</b>	<b>02:04:34.55</b>	+01:07:06 (53.9%)	12:27	4.8 (46.2%)
291	<b>WAŃKOWICZ Adrian</b>	<b>2293</b>		Open Mężczyzn	168	09:30	00:41:05	<b>02:04:47.95</b>	<b>02:04:47.95</b>	+01:07:20 (54.0%)	12:28	4.8 (46.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
292	<b>PACYGON Łukasz</b>	<b>3471</b>	EDEN RUNNERS	Open Mężczyzn	169	09:45	00:41:56	<b>02:04:58.40</b>	<b>02:04:58.40</b>	+01:07:30 (54.0%)	12:29	4.8 (46.2%)
293	<b>LANGIEWICZ Łukasz</b>	<b>3489</b>		Open Masters Mężczyzn	34	09:45	00:39:26	<b>02:05:11.80</b>	<b>02:05:11.80</b>	+01:07:43 (54.1%)	12:31	4.8 (46.2%)
294	<b>SPRAWKA Marta</b>	<b>2098</b>	STFSQUAD	Open Kobiet	8	09:15	00:40:50	<b>02:05:20.90</b>	<b>02:05:20.90</b>	+01:07:52 (54.2%)	12:32	4.8 (46.2%)
295	<b>STOSZ Bartosz</b>	<b>3319</b>		Open Masters Mężczyzn	35	11:30	00:39:12	<b>02:05:25.00</b>	<b>02:05:25.00</b>	+01:07:57 (54.2%)	12:32	4.8 (46.2%)
296	<b>GUSZCZA Łukasz</b>	<b>2776</b>		Open Mężczyzn	170	10:15	00:44:48	<b>02:05:28.90</b>	<b>02:05:28.90</b>	+01:08:00 (54.2%)	12:32	4.8 (46.2%)
297	<b>DRAŻKOWSKI Piotr</b>	<b>3275</b>		Open Masters Mężczyzn	36	11:30	00:39:11	<b>02:05:30.90</b>	<b>02:05:30.90</b>	+01:08:02 (54.2%)	12:33	4.8 (46.2%)
298	<b>KACPERSKI Radosław</b>	<b>2056</b>	SZYDERA OCR	Elite Masters Mężczyzn	13	09:00	00:36:39	<b>02:05:31.30</b>	<b>02:05:31.30</b>	+01:08:03 (54.2%)	12:33	4.8 (46.2%)
299	<b>TROJANOWSKI Artur</b>	<b>3329</b>		Open Mężczyzn	171	11:30	00:37:27	<b>02:05:36.05</b>	<b>02:05:36.05</b>	+01:08:08 (54.2%)	12:33	4.8 (46.2%)
300	<b>GROMADZIŃSKI Mateusz</b>	<b>2996</b>	RADAWAY TEAM	Open Mężczyzn	172	11:00	00:42:06	<b>02:05:43.90</b>	<b>02:05:43.90</b>	+01:08:15 (54.3%)	12:34	4.8 (46.2%)
301	<b>JÓZEFACIUK Marcin</b>	<b>2659</b>		Open Mężczyzn	173	10:15	00:40:10	<b>02:05:44.85</b>	<b>02:05:44.85</b>	+01:08:16 (54.3%)	12:34	4.8 (46.2%)
302	<b>GOŻUCH Kacper</b>	<b>3227</b>	GROBLA TEAM	Open Mężczyzn	174	11:30	00:38:42	<b>02:05:53.05</b>	<b>02:05:53.05</b>	+01:08:25 (54.4%)	12:35	4.8 (46.2%)
303	<b>NOWAKOWSKA-TRZASKA Joanna</b>	<b>3340</b>	CROSSFIT HELLWOOD	Open Masters Kobiet	4	11:45	00:45:10	<b>02:05:54.65</b>	<b>02:05:54.65</b>	+01:08:26 (54.4%)	12:35	4.8 (46.2%)
304	<b>TRZASKA Grzegorz</b>	<b>3341</b>	CROSSFIT HELLWOOD	Open Masters Mężczyzn	37	11:45	00:45:12	<b>02:05:57.90</b>	<b>02:05:57.90</b>	+01:08:29 (54.4%)	12:35	4.8 (46.2%)
305	<b>WALKOWSKI Rafał</b>	<b>3103</b>	JEDZIEMY Z TYM KOKSEM	Open Masters Mężczyzn	38	11:15	00:44:44	<b>02:06:05.25</b>	<b>02:06:05.25</b>	+01:08:37 (54.4%)	12:36	4.8 (46.2%)
306	<b>TUREK Amanda</b>	<b>2622</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	9	09:30	00:50:07	<b>02:06:07.30</b>	<b>02:06:07.30</b>	+01:08:39 (54.4%)	12:36	4.8 (46.2%)
307	<b>KYSILKA Vit</b>	<b>2663</b>		Open Mężczyzn	175	10:15	00:41:04	<b>02:06:22.00</b>	<b>02:06:22.00</b>	+01:08:54 (54.5%)	12:38	4.7 (45.2%)
307	<b>WIECZOREK Jakub</b>	<b>3210</b>		Open Mężczyzn	175	11:15	00:37:30	<b>02:06:22.00</b>	<b>02:06:22.00</b>	+01:08:54 (54.5%)	12:38	4.7 (45.2%)
309	<b>SIMON Adam</b>	<b>2714</b>	HUSARIA RACE TEAM	Open Mężczyzn	177	10:30	00:41:52	<b>02:06:34.80</b>	<b>02:06:34.80</b>	+01:09:06 (54.6%)	12:39	4.7 (45.2%)
310	<b>MIERZICKI Marcel</b>	<b>2732</b>	POWER TRAINING	Open Mężczyzn	178	10:30	00:39:46	<b>02:06:57.30</b>	<b>02:06:57.30</b>	+01:09:29 (54.7%)	12:41	4.7 (45.2%)
311	<b>JURECKI Adrian</b>	<b>2987</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	179	11:00	00:37:58	<b>02:07:12.65</b>	<b>02:07:12.65</b>	+01:09:44 (54.8%)	12:43	4.7 (45.2%)
312	<b>BEDYK Maciej</b>	<b>3095</b>	DRUŻYNA PANA MICHAŁA	Open Masters Mężczyzn	39	11:15	00:35:27	<b>02:07:14.40</b>	<b>02:07:14.40</b>	+01:09:46 (54.8%)	12:43	4.7 (45.2%)
313	<b>WALCZAK Maciej</b>	<b>2815</b>		Open Mężczyzn	180	10:30	00:38:41	<b>02:07:15.35</b>	<b>02:07:15.35</b>	+01:09:47 (54.8%)	12:43	4.7 (45.2%)
314	<b>ZYWER Urszula</b>	<b>2104</b>	WATAHA	Elite Kobiet	9	09:15	00:36:55	<b>02:07:20.70</b>	<b>02:07:20.70</b>	+01:09:52 (54.9%)	12:44	4.7 (45.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
315	<b>OGONOWSKI Dariusz</b>	<b>3194</b>		Open Mężczyzn	181	11:15	00:39:22	<b>02:07:29.15</b>	<b>02:07:29.15</b>	+01:10:01 (54.9%)	12:44	4.7 (45.2%)
316	<b>RYBACKI Błażej</b>	<b>3002</b>	RMF4RT GLADIATORS	Open Mężczyzn	182	10:00	00:42:35	<b>02:07:33.30</b>	<b>02:07:33.30</b>	+01:10:05 (54.9%)	12:45	4.7 (45.2%)
317	<b>DYKIER Krzysztof</b>	<b>2113</b>	DOMINATOR TEAM	Open Masters Mężczyzn	40	09:00	00:31:50	<b>02:07:36.00</b>	<b>02:07:36.00</b>	+01:10:08 (55.0%)	12:45	4.7 (45.2%)
318	<b>KULAGA Peter</b>	<b>2325</b>	HUSARIA RACE TEAM	Open Mężczyzn	183	09:45	00:37:31	<b>02:07:56.00</b>	<b>02:07:56.00</b>	+01:10:28 (55.1%)	12:47	4.7 (45.2%)
319	<b>LEZIAK Adam</b>	<b>3465</b>	SPARTANSKIE SWIRY	Open Mężczyzn	184	12:00	00:39:21	<b>02:08:11.00</b>	<b>02:08:11.00</b>	+01:10:43 (55.2%)	12:49	4.7 (45.2%)
320	<b>PTAK Patryk</b>	<b>3221</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	Open Mężczyzn	185	11:30	00:41:47	<b>02:08:11.30</b>	<b>02:08:11.30</b>	+01:10:43 (55.2%)	12:49	4.7 (45.2%)
321	<b>JASKÓLSKI Szymon</b>	<b>2565</b>	CARBON OCR RACING TEAM	Open Mężczyzn	186	10:15	00:39:37	<b>02:08:12.55</b>	<b>02:08:12.55</b>	+01:10:44 (55.2%)	12:49	4.7 (45.2%)
322	<b>BERNACKI Grzegorz</b>	<b>2913</b>		Open Mężczyzn	187	10:45	00:38:54	<b>02:08:13.55</b>	<b>02:08:13.55</b>	+01:10:45 (55.2%)	12:49	4.7 (45.2%)
323	<b>WŁODARSKI Piotr</b>	<b>3423</b>		Open Mężczyzn	188	10:15	00:43:19	<b>02:08:18.25</b>	<b>02:08:18.25</b>	+01:10:50 (55.2%)	12:49	4.7 (45.2%)
324	<b>WALOTEK Sebastian</b>	<b>3331</b>		Open Mężczyzn	189	11:30	00:48:37	<b>02:08:32.15</b>	<b>02:08:32.15</b>	+01:11:04 (55.3%)	12:51	4.7 (45.2%)
325	<b>KALISZ Adrian</b>	<b>3051</b>		Open Mężczyzn	190	11:00	00:38:29	<b>02:08:46.55</b>	<b>02:08:46.55</b>	+01:11:18 (55.4%)	12:52	4.7 (45.2%)
326	<b>KEMNITZ Maciek</b>	<b>3287</b>		Open Mężczyzn	191	11:30	00:42:14	<b>02:08:48.05</b>	<b>02:08:48.05</b>	+01:11:20 (55.4%)	12:52	4.7 (45.2%)
327	<b>HOŁYST Marcin</b>	<b>2346</b>	MAX.X TEAM	Open Mężczyzn	192	09:45	00:39:10	<b>02:09:01.95</b>	<b>02:09:01.95</b>	+01:11:34 (55.5%)	12:54	4.7 (45.2%)
328	<b>STASIEWICZ Grzegorz</b>	<b>2540</b>		Open Mężczyzn	193	11:45	00:39:42	<b>02:09:02.50</b>	<b>02:09:02.50</b>	+01:11:34 (55.5%)	12:54	4.6 (44.2%)
329	<b>LISIECKI Rajmund</b>	<b>3450</b>	BIEGOWE NYGUSY	Open Masters Mężczyzn	41	09:30	00:48:07	<b>02:09:03.80</b>	<b>02:09:03.80</b>	+01:11:35 (55.5%)	12:54	4.6 (44.2%)
330	<b>SAWICZ Michał</b>	<b>2536</b>		Open Mężczyzn	194	10:00	00:44:24	<b>02:09:07.90</b>	<b>02:09:07.90</b>	+01:11:39 (55.5%)	12:54	4.6 (44.2%)
331	<b>TOMASZEWICZ Adam</b>	<b>2543</b>		Open Mężczyzn	195	10:00	00:44:24	<b>02:09:08.00</b>	<b>02:09:08.00</b>	+01:11:40 (55.5%)	12:54	4.6 (44.2%)
332	<b>PAWLIŃSKI Łukasz</b>	<b>2802</b>		Open Mężczyzn	196	10:30	00:39:01	<b>02:09:08.40</b>	<b>02:09:08.40</b>	+01:11:40 (55.5%)	12:54	4.6 (44.2%)
333	<b>BAYGER Krystian</b>	<b>2379</b>	WATAHA	Open Mężczyzn	197	09:45	00:43:45	<b>02:09:13.00</b>	<b>02:09:13.00</b>	+01:11:45 (55.5%)	12:55	4.6 (44.2%)
334	<b>KORNAS Szymon</b>	<b>3016</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	198	11:00	00:37:36	<b>02:09:23.35</b>	<b>02:09:23.35</b>	+01:11:55 (55.6%)	12:56	4.6 (44.2%)
335	<b>BORKOWSKI Bartłomiej</b>	<b>2599</b>	NIE W SZCZEPIONKĘ TEAM	Open Mężczyzn	199	10:00	00:41:46	<b>02:09:28.45</b>	<b>02:09:28.45</b>	+01:12:00 (55.6%)	12:56	4.6 (44.2%)
336	<b>ŁUKASZEK Katarzyna</b>	<b>3179</b>		Open Masters Kobiet	5	11:15	00:47:26	<b>02:09:29.00</b>	<b>02:09:29.00</b>	+01:12:01 (55.6%)	12:56	4.6 (44.2%)
337	<b>GARBACZ Damian</b>	<b>2577</b>	HUSARIA RACE TEAM	Open Mężczyzn	200	10:15	00:44:34	<b>02:09:33.60</b>	<b>02:09:33.60</b>	+01:12:05 (55.6%)	12:57	4.6 (44.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
338	JARUGA Grzegorz	3168		Open Mężczyzn	201	11:15	00:38:44	02:09:46.10	02:09:46.10	+01:12:18 (55.7%)	12:58	4.6 (44.2%)
339	WITECKI Filip	3239	LIPNO TEAM	Open Mężczyzn	202	11:30	00:45:16	02:10:09.50	02:10:09.50	+01:12:41 (55.8%)	13:00	4.6 (44.2%)
340	DOMAGAŁA Patryk	2885	WKJ	Open Mężczyzn	203	10:45	00:40:41	02:10:15.80	02:10:15.80	+01:12:47 (55.9%)	13:01	4.6 (44.2%)
341	KOZICKI Paweł	3007	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	204	11:00	00:41:18	02:10:16.50	02:10:16.50	+01:12:48 (55.9%)	13:01	4.6 (44.2%)
342	DYBAŁA Konrad	3038		Open Mężczyzn	205	09:30	00:42:33	02:10:29.60	02:10:29.60	+01:13:01 (56.0%)	13:02	4.6 (44.2%)
343	KARNAK Daniel	3400		Open Masters Mężczyzn	42	11:45	00:44:34	02:10:37.10	02:10:37.10	+01:13:09 (56.0%)	13:03	4.6 (44.2%)
344	KWIATKOWSKI Marcin	3237	LIPNO TEAM	Open Mężczyzn	206	11:30	00:43:28	02:10:37.95	02:10:37.95	+01:13:10 (56.0%)	13:03	4.6 (44.2%)
345	JUDEK Łukasz	3050		Open Mężczyzn	207	11:00	00:35:14	02:10:43.80	02:10:43.80	+01:13:15 (56.0%)	13:04	4.6 (44.2%)
346	BURKIEWICZ Izabela	3270		Open Masters Kobiet	6	11:30	00:46:00	02:10:44.30	02:10:44.30	+01:13:16 (56.0%)	13:04	4.6 (44.2%)
347	PILEWSKI Jacek	3238	LIPNO TEAM	Open Mężczyzn	208	11:30	00:45:56	02:10:45.90	02:10:45.90	+01:13:17 (56.1%)	13:04	4.6 (44.2%)
348	MYSIEWICZ Radosław	3303		Open Mężczyzn	209	11:30	00:46:41	02:10:47.50	02:10:47.50	+01:13:19 (56.1%)	13:04	4.6 (44.2%)
349	MIELCARZ Tomasz	3298		Open Mężczyzn	210	11:30	00:42:21	02:10:54.15	02:10:54.15	+01:13:26 (56.1%)	13:05	4.6 (44.2%)
350	BISKUP Mariusz	2624	TABATA RADEK TEAM	Open Masters Mężczyzn	43	10:15	00:43:38	02:10:56.10	02:10:56.10	+01:13:28 (56.1%)	13:05	4.6 (44.2%)
351	SAWICKI Kacper	3201		Open Mężczyzn	211	11:15	00:40:16	02:10:59.10	02:10:59.10	+01:13:31 (56.1%)	13:05	4.6 (44.2%)
352	MERGNER Łukasz	2141	POWER TRAINING	Open Mężczyzn	212	11:45	00:45:22	02:10:59.25	02:10:59.25	+01:13:31 (56.1%)	13:05	4.6 (44.2%)
353	KAŁUŻNY Mateusz	3442		Open Mężczyzn	213	12:00	00:46:25	02:11:12.50	02:11:12.50	+01:13:44 (56.2%)	13:07	4.6 (44.2%)
354	KONOPACKI Grzegorz	3128	RÓŻOWE LANDRYNY	Open Mężczyzn	214	11:15	00:40:10	02:11:16.40	02:11:16.40	+01:13:48 (56.2%)	13:07	4.6 (44.2%)
355	KRZYŻAK Tomasz	2928		Open Mężczyzn	215	10:45	00:43:10	02:11:17.10	02:11:17.10	+01:13:49 (56.2%)	13:07	4.6 (44.2%)
356	WYPYCH Bartłomiej	2951		Open Masters Mężczyzn	44	10:45	00:52:21	02:11:22.70	02:11:22.70	+01:13:54 (56.3%)	13:08	4.6 (44.2%)
357	PIENIAŻEK Mariusz	2935		Open Masters Mężczyzn	45	10:45	00:52:15	02:11:23.20	02:11:23.20	+01:13:55 (56.3%)	13:08	4.6 (44.2%)
358	MARCOL Dominika	2149		Open Kobiet	10	11:15	00:45:12	02:11:29.45	02:11:29.45	+01:14:01 (56.3%)	13:08	4.6 (44.2%)
359	ROZWANDOWICZ Piotr	2626	TABATA RADEK TEAM	Open Masters Mężczyzn	46	10:15	00:43:41	02:11:34.10	02:11:34.10	+01:14:06 (56.3%)	13:09	4.6 (44.2%)
360	ROCHALSKI Kamil	3348	FABRYKA FORMY BYTOM	Open Mężczyzn	216	11:45	00:40:42	02:11:36.85	02:11:36.85	+01:14:08 (56.3%)	13:09	4.6 (44.2%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
361	<b>DASZCZYK Dawid</b>	<b>2517</b>		Open Mężczyzn	217	10:00	00:31:54	<b>02:11:41.05</b>	<b>02:11:41.05</b>	+01:14:13 (56.4%)	13:10	4.6 (44.2%)
362	<b>KORDUBA Kamil</b>	<b>3291</b>		Open Mężczyzn	218	11:30	00:45:58	<b>02:11:42.70</b>	<b>02:11:42.70</b>	+01:14:14 (56.4%)	13:10	4.6 (44.2%)
363	<b>MALINA Przemysław</b>	<b>3294</b>		Open Mężczyzn	219	11:30	00:41:15	<b>02:11:45.80</b>	<b>02:11:45.80</b>	+01:14:17 (56.4%)	13:10	4.6 (44.2%)
364	<b>CAŁKA Krzysztof</b>	<b>2350</b>	NAPĘDZANI PROCENTEM	Open Mężczyzn	220	09:45	00:43:07	<b>02:11:50.90</b>	<b>02:11:50.90</b>	+01:14:22 (56.4%)	13:11	4.6 (44.2%)
365	<b>OSIK Grzegorz</b>	<b>2461</b>	NIE W SZCZEPIONKĘ TEAM	Open Mężczyzn	221	10:00	00:42:43	<b>02:12:00.85</b>	<b>02:12:00.85</b>	+01:14:32 (56.5%)	13:12	4.5 (43.3%)
366	<b>CUBER Adrian</b>	<b>3355</b>	KAK	Open Mężczyzn	222	11:45	00:42:30	<b>02:12:04.65</b>	<b>02:12:04.65</b>	+01:14:36 (56.5%)	13:12	4.5 (43.3%)
367	<b>SARMAK Ireneusz</b>	<b>3225</b>	EKO-OKNA RUNNERS	Open Mężczyzn	223	11:30	00:44:19	<b>02:12:05.40</b>	<b>02:12:05.40</b>	+01:14:37 (56.5%)	13:12	4.5 (43.3%)
368	<b>BRODA Wojciech</b>	<b>3391</b>		Open Masters Mężczyzn	47	11:45	00:42:08	<b>02:12:11.05</b>	<b>02:12:11.05</b>	+01:14:43 (56.5%)	13:13	4.5 (43.3%)
369	<b>STACH Robert</b>	<b>3468</b>	DRUZYNA PUERTO RICKO	Open Masters Mężczyzn	48	12:00	00:43:04	<b>02:12:27.50</b>	<b>02:12:27.50</b>	+01:14:59 (56.6%)	13:14	4.5 (43.3%)
370	<b>ZDEBEL Dariusz</b>	<b>2756</b>	STG KATOWICE	Open Masters Mężczyzn	49	10:30	00:48:19	<b>02:12:29.95</b>	<b>02:12:29.95</b>	+01:15:02 (56.6%)	13:14	4.5 (43.3%)
371	<b>REITMAJER Bartosz</b>	<b>3447</b>		Open Mężczyzn	224	12:00	00:39:09	<b>02:12:39.05</b>	<b>02:12:39.05</b>	+01:15:11 (56.7%)	13:15	4.5 (43.3%)
372	<b>KWAŚNIAK Emil</b>	<b>2877</b>	SPORTERA OCR	Open Mężczyzn	225	09:30	00:45:00	<b>02:12:40.65</b>	<b>02:12:40.65</b>	+01:15:12 (56.7%)	13:16	4.5 (43.3%)
373	<b>JERCZEK Joanna</b>	<b>2696</b>	FABRYKA ZDROWIA BYTÓW	Open Masters Kobiet	7	10:30	00:47:40	<b>02:12:44.40</b>	<b>02:12:44.40</b>	+01:15:16 (56.7%)	13:16	4.5 (43.3%)
374	<b>WIŚNIEWSKI Konrad</b>	<b>2878</b>	SZALONE DZIKI!	Open Mężczyzn	226	10:45	00:39:59	<b>02:12:54.55</b>	<b>02:12:54.55</b>	+01:15:26 (56.8%)	13:17	4.5 (43.3%)
375	<b>JEZIORSKI Paweł</b>	<b>2210</b>	HUSARIA RACE TEAM	Open Mężczyzn	227	09:30	00:36:09	<b>02:12:57.10</b>	<b>02:12:57.10</b>	+01:15:29 (56.8%)	13:17	4.5 (43.3%)
376	<b>ZYGMUNT Rafał</b>	<b>2687</b>		Open Masters Mężczyzn	50	10:15	00:44:26	<b>02:13:02.70</b>	<b>02:13:02.70</b>	+01:15:34 (56.8%)	13:18	4.5 (43.3%)
377	<b>KULIGOWSKA Małgorzata</b>	<b>2788</b>		Open Masters Kobiet	8	10:30	00:41:58	<b>02:13:07.10</b>	<b>02:13:07.10</b>	+01:15:39 (56.8%)	13:18	4.5 (43.3%)
378	<b>FLOREK Katarzyna</b>	<b>2504</b>	TURBOTEAM	Open Kobiet	11	10:00	00:47:36	<b>02:13:21.15</b>	<b>02:13:21.15</b>	+01:15:53 (56.9%)	13:20	4.5 (43.3%)
379	<b>DREKO Anna</b>	<b>2502</b>	TURBOTEAM	Open Kobiet	12	10:00	00:47:20	<b>02:13:21.45</b>	<b>02:13:21.45</b>	+01:15:53 (56.9%)	13:20	4.5 (43.3%)
380	<b>DREKO Krzysztof</b>	<b>2503</b>	TURBOTEAM	Open Masters Mężczyzn	51	10:00	00:47:36	<b>02:13:21.55</b>	<b>02:13:21.55</b>	+01:15:53 (56.9%)	13:20	4.5 (43.3%)
381	<b>BINKOWSKA Nadia</b>	<b>3344</b>	DIRTY SPARROWS	Open Kobiet	13	09:45	00:41:44	<b>02:13:31.05</b>	<b>02:13:31.05</b>	+01:16:03 (57.0%)	13:21	4.5 (43.3%)
382	<b>GRAJEK Ivo</b>	<b>3397</b>		Open Mężczyzn	228	09:45	00:41:41	<b>02:13:31.45</b>	<b>02:13:31.45</b>	+01:16:03 (57.0%)	13:21	4.5 (43.3%)
383	<b>MAZUR Michał</b>	<b>3444</b>		Open Mężczyzn	229	12:00	00:48:20	<b>02:13:31.80</b>	<b>02:13:31.80</b>	+01:16:03 (57.0%)	13:21	4.5 (43.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
384	<b>KULCZAK Paweł</b>	<b>3256</b>	RMF4RT GLADIATORS	Open Masters Mężczyzn	52	11:30	00:45:31	<b>02:13:48.30</b>	<b>02:13:48.30</b>	+01:16:20 (57.1%)	13:22	4.5 (43.3%)
385	<b>MARZEC Paweł</b>	<b>2797</b>		Open Mężczyzn	230	10:30	00:45:33	<b>02:13:50.80</b>	<b>02:13:50.80</b>	+01:16:22 (57.1%)	13:23	4.5 (43.3%)
386	<b>BEDNARSKI Rafał</b>	<b>3249</b>	PARTACZE	Open Mężczyzn	231	11:30	00:43:10	<b>02:13:50.85</b>	<b>02:13:50.85</b>	+01:16:22 (57.1%)	13:23	4.5 (43.3%)
387	<b>WOJSŁAW Piotr</b>	<b>2978</b>	KABANY	Open Mężczyzn	232	11:00	00:39:26	<b>02:13:51.95</b>	<b>02:13:51.95</b>	+01:16:24 (57.1%)	13:23	4.5 (43.3%)
388	<b>KAŁUŻA Robert</b>	<b>3250</b>	PARTACZE	Open Mężczyzn	233	11:30	00:43:10	<b>02:13:52.00</b>	<b>02:13:52.00</b>	+01:16:24 (57.1%)	13:23	4.5 (43.3%)
389	<b>WAJDA Rafał</b>	<b>2546</b>		Open Mężczyzn	234	10:00	00:50:00	<b>02:14:08.45</b>	<b>02:14:08.45</b>	+01:16:40 (57.2%)	13:24	4.5 (43.3%)
390	<b>WIELICZKO Andrzej Zdzich</b>	<b>2347</b>	MAX.X TEAM	Open Mężczyzn	235	09:45	00:42:57	<b>02:14:13.05</b>	<b>02:14:13.05</b>	+01:16:45 (57.2%)	13:25	4.5 (43.3%)
391	<b>GORSKI Dariusz</b>	<b>3019</b>	TURBO DROŹDŹE	Open Masters Mężczyzn	53	11:00	00:44:46	<b>02:14:14.70</b>	<b>02:14:14.70</b>	+01:16:46 (57.2%)	13:25	4.5 (43.3%)
392	<b>SZCZENDZINA Mariusz</b>	<b>2542</b>		Open Mężczyzn	236	10:00	00:44:50	<b>02:14:14.75</b>	<b>02:14:14.75</b>	+01:16:46 (57.2%)	13:25	4.5 (43.3%)
393	<b>KOHSEK Tomasz</b>	<b>2231</b>	LEPIEJ WOLNO, NIŻ WCALE ;)	Open Mężczyzn	237	09:30	00:44:06	<b>02:14:16.40</b>	<b>02:14:16.40</b>	+01:16:48 (57.2%)	13:25	4.5 (43.3%)
394	<b>RUBINKOWSKI Krzysztof</b>	<b>2281</b>		Open Mężczyzn	238	09:30	00:41:46	<b>02:14:17.30</b>	<b>02:14:17.30</b>	+01:16:49 (57.2%)	13:25	4.5 (43.3%)
395	<b>ZDUŃCZYK Sylwia</b>	<b>2427</b>	BIOSFERA	Open Kobiet	14	10:00	00:55:38	<b>02:14:18.00</b>	<b>02:14:18.00</b>	+01:16:50 (57.2%)	13:25	4.5 (43.3%)
396	<b>GŁYK Łukasz</b>	<b>3041</b>		Open Mężczyzn	239	11:00	00:42:33	<b>02:14:18.85</b>	<b>02:14:18.85</b>	+01:16:50 (57.2%)	13:25	4.5 (43.3%)
397	<b>KOMORNICKI Krzysiek</b>	<b>3020</b>	TURBO DROŹDŹE	Open Masters Mężczyzn	54	11:00	00:44:47	<b>02:14:19.75</b>	<b>02:14:19.75</b>	+01:16:51 (57.2%)	13:25	4.5 (43.3%)
398	<b>HOLEC Miłosz</b>	<b>3441</b>		Open Mężczyzn	240	12:00	00:48:22	<b>02:14:23.00</b>	<b>02:14:23.00</b>	+01:16:55 (57.2%)	13:26	4.5 (43.3%)
399	<b>KRYSTOFIŃSKI Dawid</b>	<b>3372</b>	RMF4RT GLADIATORS	Open Masters Mężczyzn	55	11:45	00:41:42	<b>02:14:31.40</b>	<b>02:14:31.40</b>	+01:17:03 (57.3%)	13:27	4.5 (43.3%)
400	<b>BAGIŃSKA Laura</b>	<b>3388</b>		Open Kobiet	15	10:15	00:45:52	<b>02:14:33.05</b>	<b>02:14:33.05</b>	+01:17:05 (57.3%)	13:27	4.5 (43.3%)
401	<b>SZYWALSKI Krystian</b>	<b>3110</b>	KS OTMĘT KRAPKOWICE RUNMAGEDDON TEAM	Open Mężczyzn	241	11:15	00:46:35	<b>02:14:35.30</b>	<b>02:14:35.30</b>	+01:17:07 (57.3%)	13:27	4.5 (43.3%)
402	<b>ŁUCZYŃSKI Tomasz</b>	<b>3147</b>	TABATA RADEK TEAM	Open Masters Mężczyzn	56	10:15	01:00:36	<b>02:14:36.00</b>	<b>02:14:36.00</b>	+01:17:08 (57.3%)	13:27	4.5 (43.3%)
403	<b>GRUBA Andrzej</b>	<b>2654</b>		Open Mężczyzn	242	10:15	00:43:36	<b>02:14:44.80</b>	<b>02:14:44.80</b>	+01:17:16 (57.4%)	13:28	4.5 (43.3%)
404	<b>NACHOWICZ Tomasz</b>	<b>2273</b>		Open Mężczyzn	243	09:30	00:48:02	<b>02:14:48.40</b>	<b>02:14:48.40</b>	+01:17:20 (57.4%)	13:28	4.5 (43.3%)
405	<b>KAMECKI Krystian</b>	<b>2612</b>	ROSSMANN	Open Mężczyzn	244	10:15	00:43:07	<b>02:14:48.95</b>	<b>02:14:48.95</b>	+01:17:21 (57.4%)	13:28	4.5 (43.3%)
406	<b>GRZEGORCZYK Dorota</b>	<b>3370</b>	RMF4RT GLADIATORS	Open Kobiet	16	11:45	00:41:42	<b>02:15:00.00</b>	<b>02:15:00.00</b>	+01:17:32 (57.4%)	13:30	4.4 (42.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
407	<b>ROZMYŚLAK Patrycja</b>	<b>2280</b>		Open Kobiet	17	09:30	00:45:53	<b>02:15:04.80</b>	<b>02:15:04.80</b>	+01:17:36 (57.5%)	13:30	4.4 (42.3%)
408	<b>SZYMCZAK Piotr</b>	<b>3325</b>		Open Mężczyzn	245	11:30	00:45:50	<b>02:15:15.15</b>	<b>02:15:15.15</b>	+01:17:47 (57.5%)	13:31	4.4 (42.3%)
409	<b>MERGNER Daniel</b>	<b>3409</b>		Open Mężczyzn	246	11:45	00:45:23	<b>02:15:23.45</b>	<b>02:15:23.45</b>	+01:17:55 (57.6%)	13:32	4.4 (42.3%)
410	<b>NIEZBECKA Mariola</b>	<b>2671</b>		Open Kobiet	18	09:30	00:45:31	<b>02:15:25.00</b>	<b>02:15:25.00</b>	+01:17:57 (57.6%)	13:32	4.4 (42.3%)
411	<b>CHOMA Krzysztof</b>	<b>2436</b>	DIRTY SPARROWS	Open Mężczyzn	247	10:00	00:34:46	<b>02:15:28.60</b>	<b>02:15:28.60</b>	+01:18:00 (57.6%)	13:32	4.4 (42.3%)
412	<b>KIERZYK Krzysztof</b>	<b>3052</b>		Open Mężczyzn	248	11:00	00:39:25	<b>02:15:32.55</b>	<b>02:15:32.55</b>	+01:18:04 (57.6%)	13:33	4.4 (42.3%)
413	<b>PACEK Kuba</b>	<b>3304</b>		Open Mężczyzn	249	11:30	00:46:23	<b>02:15:39.75</b>	<b>02:15:39.75</b>	+01:18:11 (57.6%)	13:33	4.4 (42.3%)
414	<b>KOZIOŁ Krzysztof</b>	<b>2399</b>		Open Mężczyzn	250	09:45	00:47:30	<b>02:15:46.30</b>	<b>02:15:46.30</b>	+01:18:18 (57.7%)	13:34	4.4 (42.3%)
415	<b>SŁODKOWSKI Marek</b>	<b>3230</b>	HARDCORY	Open Mężczyzn	251	11:30	00:47:47	<b>02:15:48.10</b>	<b>02:15:48.10</b>	+01:18:20 (57.7%)	13:34	4.4 (42.3%)
416	<b>POPCZYŃSKI Krystian</b>	<b>3229</b>	HARDCORY	Open Masters Mężczyzn	57	11:30	00:47:47	<b>02:15:48.60</b>	<b>02:15:48.60</b>	+01:18:20 (57.7%)	13:34	4.4 (42.3%)
417	<b>KASIŃSKI Łukasz</b>	<b>3499</b>		Open Masters Mężczyzn	58	11:45	00:41:37	<b>02:15:53.35</b>	<b>02:15:53.35</b>	+01:18:25 (57.7%)	13:35	4.4 (42.3%)
417	<b>KASIŃSKA Małgorzata</b>	<b>3498</b>		Open Kobiet	19	11:45	00:41:47	<b>02:15:53.35</b>	<b>02:15:53.35</b>	+01:18:25 (57.7%)	13:35	4.4 (42.3%)
419	<b>CAREWICZ Marek</b>	<b>2867</b>	RMF4RT GLADIATORS	Open Masters Mężczyzn	59	10:45	00:43:02	<b>02:15:57.10</b>	<b>02:15:57.10</b>	+01:18:29 (57.7%)	13:35	4.4 (42.3%)
420	<b>KALNIUK Tomasz</b>	<b>2241</b>	RMF4RT GLADIATORS	Open Mężczyzn	252	09:30	00:51:55	<b>02:15:57.50</b>	<b>02:15:57.50</b>	+01:18:29 (57.7%)	13:35	4.4 (42.3%)
421	<b>WOŹNIAK Michał</b>	<b>2819</b>		Open Mężczyzn	253	10:30	00:44:03	<b>02:16:13.20</b>	<b>02:16:13.20</b>	+01:18:45 (57.8%)	13:37	4.4 (42.3%)
422	<b>DYLEWSKI Damian</b>	<b>2265</b>		Open Mężczyzn	254	09:30	00:43:14	<b>02:16:18.50</b>	<b>02:16:18.50</b>	+01:18:50 (57.8%)	13:37	4.4 (42.3%)
423	<b>DUDEK Piotr</b>	<b>2358</b>	OGIEŃ Z DUPY	Open Mężczyzn	255	09:45	00:47:30	<b>02:16:21.35</b>	<b>02:16:21.35</b>	+01:18:53 (57.9%)	13:38	4.4 (42.3%)
424	<b>GREIBIG Michaela</b>	<b>2234</b>	OCR MUNICH	Open Kobiet	20	09:30	00:52:00	<b>02:16:21.45</b>	<b>02:16:21.45</b>	+01:18:53 (57.9%)	13:38	4.4 (42.3%)
425	<b>CZAJKOWSKI Dawid</b>	<b>2606</b>	RAGNAROK SZCZECIN	Open Mężczyzn	256	10:15	00:47:30	<b>02:16:22.60</b>	<b>02:16:22.60</b>	+01:18:54 (57.9%)	13:38	4.4 (42.3%)
426	<b>KARAŚ Renata</b>	<b>2426</b>	BIEGOWE NYGUSY	Open Masters Kobiet	9	09:30	00:48:20	<b>02:16:28.70</b>	<b>02:16:28.70</b>	+01:19:00 (57.9%)	13:38	4.4 (42.3%)
427	<b>WIDUCH Ryszard</b>	<b>3081</b>		Open Masters Mężczyzn	60	11:00	00:54:03	<b>02:16:34.30</b>	<b>02:16:34.30</b>	+01:19:06 (57.9%)	13:39	4.4 (42.3%)
428	<b>OLSZEWSKI Marek</b>	<b>2967</b>	DWÓCH ŁYSYCH I RESZTA...	Open Masters Mężczyzn	61	11:00	00:41:44	<b>02:16:36.50</b>	<b>02:16:36.50</b>	+01:19:08 (57.9%)	13:39	4.4 (42.3%)
429	<b>PRYGA Hubert</b>	<b>3485</b>		Open Mężczyzn	257	12:00	00:48:24	<b>02:16:46.65</b>	<b>02:16:46.65</b>	+01:19:18 (58.0%)	13:40	4.4 (42.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
430	<b>WAŻNY Łukasz</b>	<b>2419</b>		Open Mężczyzn	258	09:30	00:53:37	<b>02:16:49.45</b>	<b>02:16:49.45</b>	+01:19:21 (58.0%)	13:40	4.4 (42.3%)
431	<b>GOLAŃSKI Piotr</b>	<b>2458</b>	MAJUBA	Open Mężczyzn	259	10:00	00:43:54	<b>02:16:50.70</b>	<b>02:16:50.70</b>	+01:19:22 (58.0%)	13:41	4.4 (42.3%)
432	<b>WITKOWICZ Bartłomiej</b>	<b>2459</b>	MAJUBA	Open Mężczyzn	260	10:00	00:43:55	<b>02:16:51.05</b>	<b>02:16:51.05</b>	+01:19:23 (58.0%)	13:41	4.4 (42.3%)
433	<b>CZAJKA Marcin</b>	<b>2583</b>	IPPON TEAM	Open Masters Mężczyzn	62	10:15	00:42:38	<b>02:16:56.00</b>	<b>02:16:56.00</b>	+01:19:28 (58.0%)	13:41	4.4 (42.3%)
434	<b>MATKOWSKA Martyna</b>	<b>3186</b>		Open Kobiet	21	11:15	00:54:22	<b>02:17:00.90</b>	<b>02:17:00.90</b>	+01:19:32 (58.1%)	13:42	4.4 (42.3%)
435	<b>KOLLAR Małgorzata</b>	<b>3350</b>	GT ALIZKA TEAM :)	Open Kobiet	22	11:45	00:44:57	<b>02:17:11.85</b>	<b>02:17:11.85</b>	+01:19:43 (58.1%)	13:43	4.4 (42.3%)
436	<b>DROST Rafał</b>	<b>3349</b>	GT ALIZKA TEAM :)	Open Masters Mężczyzn	63	11:45	00:44:57	<b>02:17:12.10</b>	<b>02:17:12.10</b>	+01:19:44 (58.1%)	13:43	4.4 (42.3%)
437	<b>RATAJCZAK Grzegorz</b>	<b>2410</b>		Open Masters Mężczyzn	64	09:45	00:43:03	<b>02:17:12.35</b>	<b>02:17:12.35</b>	+01:19:44 (58.1%)	13:43	4.4 (42.3%)
438	<b>KIEŁBASA Grzegorz</b>	<b>3288</b>		Open Mężczyzn	261	11:30	00:42:15	<b>02:17:31.00</b>	<b>02:17:31.00</b>	+01:20:03 (58.2%)	13:45	4.4 (42.3%)
439	<b>KOPP-OSTROWSKI Jarosław</b>	<b>2966</b>	DWÓCH ŁYSYCH I RESZTA...	Open Masters Mężczyzn	65	11:00	00:41:45	<b>02:17:32.90</b>	<b>02:17:32.90</b>	+01:20:04 (58.2%)	13:45	4.4 (42.3%)
440	<b>DYBA Przemysław</b>	<b>2708</b>	HUSARIA RACE TEAM	Open Mężczyzn	262	10:30	00:51:49	<b>02:17:33.45</b>	<b>02:17:33.45</b>	+01:20:05 (58.2%)	13:45	4.4 (42.3%)
441	<b>MARZEC Paweł</b>	<b>2216</b>	HUSARIA RACE TEAM	Open Mężczyzn	263	09:30	00:45:37	<b>02:17:34.20</b>	<b>02:17:34.20</b>	+01:20:06 (58.2%)	13:45	4.4 (42.3%)
442	<b>RUDUCHA Piotr</b>	<b>3380</b>	UNITED RUNNERS	Open Mężczyzn	264	11:45	00:39:01	<b>02:17:43.85</b>	<b>02:17:43.85</b>	+01:20:15 (58.3%)	13:46	4.4 (42.3%)
443	<b>MYRLAK Maciej</b>	<b>3066</b>		Open Masters Mężczyzn	66	11:00	00:40:58	<b>02:17:44.40</b>	<b>02:17:44.40</b>	+01:20:16 (58.3%)	13:46	4.4 (42.3%)
444	<b>FIGÓRSKI Paweł</b>	<b>2520</b>		Open Mężczyzn	265	10:00	00:49:26	<b>02:17:48.55</b>	<b>02:17:48.55</b>	+01:20:20 (58.3%)	13:46	4.4 (42.3%)
445	<b>NIŻNIK Borys</b>	<b>2713</b>	HUSARIA RACE TEAM	Open Masters Mężczyzn	67	09:30	00:41:35	<b>02:17:49.90</b>	<b>02:17:49.90</b>	+01:20:21 (58.3%)	13:46	4.4 (42.3%)
446	<b>PAWELEC Aleksandra</b>	<b>3487</b>	HUSARIA RACE TEAM	Open Kobiet	23	09:30	00:41:36	<b>02:17:49.95</b>	<b>02:17:49.95</b>	+01:20:22 (58.3%)	13:46	4.4 (42.3%)
447	<b>DYKO Bartosz</b>	<b>2567</b>	ELECTROLUX ŚWIDNICA	Open Mężczyzn	266	10:15	00:41:56	<b>02:17:57.90</b>	<b>02:17:57.90</b>	+01:20:29 (58.3%)	13:47	4.3 (41.3%)
448	<b>GOŁĄB Marcin</b>	<b>2345</b>	MAX.X TEAM	Open Mężczyzn	267	09:45	00:42:58	<b>02:17:59.85</b>	<b>02:17:59.85</b>	+01:20:31 (58.4%)	13:47	4.3 (41.3%)
449	<b>SYCHOWSKI Dawid</b>	<b>2541</b>		Open Mężczyzn	268	10:00	00:45:01	<b>02:18:00.30</b>	<b>02:18:00.30</b>	+01:20:32 (58.4%)	13:48	4.3 (41.3%)
450	<b>GAŃKO Aleksander</b>	<b>2207</b>	HUSARIA RACE TEAM	Open Mężczyzn	269	09:30	00:50:15	<b>02:18:04.90</b>	<b>02:18:04.90</b>	+01:20:36 (58.4%)	13:48	4.3 (41.3%)
451	<b>RATAJCZAK Rafał</b>	<b>2411</b>		Open Masters Mężczyzn	68	09:45	00:43:04	<b>02:18:23.80</b>	<b>02:18:23.80</b>	+01:20:55 (58.5%)	13:50	4.3 (41.3%)
452	<b>NIEMCZYK Paweł</b>	<b>2743</b>	ROSSMANN	Open Mężczyzn	270	10:30	00:51:26	<b>02:18:24.00</b>	<b>02:18:24.00</b>	+01:20:56 (58.5%)	13:50	4.3 (41.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
453	<b>SUKIENNIK Adrian</b>	<b>3417</b>		Open Mężczyzn	271	11:45	00:42:19	<b>02:18:24.25</b>	<b>02:18:24.25</b>	+01:20:56 (58.5%)	13:50	4.3 (41.3%)
454	<b>WOJCIECHOWSKI Adam</b>	<b>3424</b>		Open Mężczyzn	272	11:45	00:42:21	<b>02:18:32.05</b>	<b>02:18:32.05</b>	+01:21:04 (58.5%)	13:51	4.3 (41.3%)
455	<b>WALKIEWICZ Michał</b>	<b>2984</b>	KRATOS TRZEBNICA	Open Mężczyzn	273	11:00	00:46:55	<b>02:18:38.95</b>	<b>02:18:38.95</b>	+01:21:11 (58.6%)	13:51	4.3 (41.3%)
456	<b>KOWALEWSKA Ewa</b>	<b>2982</b>	KRATOS TRZEBNICA	Open Kobiet	24	11:00	00:46:56	<b>02:18:39.95</b>	<b>02:18:39.95</b>	+01:21:12 (58.6%)	13:51	4.3 (41.3%)
457	<b>STUDZIŃSKI Mateusz</b>	<b>2414</b>		Open Mężczyzn	274	09:45	00:33:11	<b>02:18:41.70</b>	<b>02:18:41.70</b>	+01:21:13 (58.6%)	13:52	4.3 (41.3%)
458	<b>BŁONIAK Piotr</b>	<b>2979</b>	KRATOS TRZEBNICA	Open Masters Mężczyzn	69	11:00	00:46:34	<b>02:18:43.05</b>	<b>02:18:43.05</b>	+01:21:15 (58.6%)	13:52	4.3 (41.3%)
459	<b>KASCHE Denny</b>	<b>2269</b>		Open Mężczyzn	275	09:30	00:52:00	<b>02:18:43.75</b>	<b>02:18:43.75</b>	+01:21:15 (58.6%)	13:52	4.3 (41.3%)
460	<b>TYNDA Przemysław</b>	<b>3080</b>		Open Mężczyzn	276	09:45	00:45:11	<b>02:18:45.75</b>	<b>02:18:45.75</b>	+01:21:17 (58.6%)	13:52	4.3 (41.3%)
461	<b>TEKIELA Przemysław</b>	<b>2983</b>	KRATOS TRZEBNICA	Open Mężczyzn	277	11:00	00:46:34	<b>02:18:46.05</b>	<b>02:18:46.05</b>	+01:21:18 (58.6%)	13:52	4.3 (41.3%)
462	<b>POMETUN Aleksander</b>	<b>3105</b>	KRATOS TRZEBNICA	Open Mężczyzn	278	11:00	00:39:47	<b>02:18:48.70</b>	<b>02:18:48.70</b>	+01:21:20 (58.6%)	13:52	4.3 (41.3%)
463	<b>ŻEBROWSKI Daniel</b>	<b>2977</b>	HUSARIA RACE TEAM	Open Mężczyzn	279	11:00	00:45:02	<b>02:18:49.55</b>	<b>02:18:49.55</b>	+01:21:21 (58.6%)	13:52	4.3 (41.3%)
464	<b>CIECIORSKI Sebastian</b>	<b>3155</b>		Open Mężczyzn	280	11:15	00:46:35	<b>02:18:50.45</b>	<b>02:18:50.45</b>	+01:21:22 (58.6%)	13:53	4.3 (41.3%)
465	<b>CHYLIŃSKI Bartek</b>	<b>2915</b>		Open Mężczyzn	281	10:45	00:41:39	<b>02:18:50.80</b>	<b>02:18:50.80</b>	+01:21:22 (58.6%)	13:53	4.3 (41.3%)
466	<b>ROSA Arkadiusz</b>	<b>2740</b>	RMF4RT GLADIATORS	Open Mężczyzn	282	10:30	00:48:19	<b>02:18:53.00</b>	<b>02:18:53.00</b>	+01:21:25 (58.6%)	13:53	4.3 (41.3%)
467	<b>MATYSEK Ireneusz</b>	<b>3296</b>		Open Masters Mężczyzn	70	11:30	00:45:09	<b>02:18:54.70</b>	<b>02:18:54.70</b>	+01:21:26 (58.6%)	13:53	4.3 (41.3%)
468	<b>CZAJKOWSKI Kamil</b>	<b>2516</b>		Open Mężczyzn	283	10:00	00:49:24	<b>02:18:55.00</b>	<b>02:18:55.00</b>	+01:21:27 (58.6%)	13:53	4.3 (41.3%)
469	<b>KAPLER Tomasz</b>	<b>3286</b>		Open Mężczyzn	284	11:30	00:45:14	<b>02:19:10.15</b>	<b>02:19:10.15</b>	+01:21:42 (58.7%)	13:55	4.3 (41.3%)
470	<b>OBUKHOVSKYI Maksym</b>	<b>3412</b>		Open Mężczyzn	285	11:45	00:41:43	<b>02:19:24.55</b>	<b>02:19:24.55</b>	+01:21:56 (58.8%)	13:56	4.3 (41.3%)
471	<b>BAJCZYK Adrian</b>	<b>2767</b>		Open Mężczyzn	286	10:30	00:36:10	<b>02:19:33.50</b>	<b>02:19:33.50</b>	+01:22:05 (58.8%)	13:57	4.3 (41.3%)
472	<b>SŁUPIK Tomasz</b>	<b>2435</b>	CROSSFIT BLACK GROUND RYBNIK	Open Mężczyzn	287	10:00	00:45:36	<b>02:19:45.40</b>	<b>02:19:45.40</b>	+01:22:17 (58.9%)	13:58	4.3 (41.3%)
473	<b>ŁOBOCKI Andrzej</b>	<b>2731</b>	POSITIVE FREAKS TEAM	Open Mężczyzn	288	10:30	00:39:09	<b>02:19:55.40</b>	<b>02:19:55.40</b>	+01:22:27 (58.9%)	13:59	4.3 (41.3%)
474	<b>RYBAK Piotr</b>	<b>3376</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	289	11:45	00:47:36	<b>02:20:10.55</b>	<b>02:20:10.55</b>	+01:22:42 (59.0%)	14:01	4.3 (41.3%)
475	<b>MYKYTA Tomasz</b>	<b>3411</b>		Open Mężczyzn	290	11:45	00:53:30	<b>02:20:15.10</b>	<b>02:20:15.10</b>	+01:22:47 (59.0%)	14:01	4.3 (41.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
476	<b>HERÓD Rafał</b>	<b>2354</b>	OCR TEAM BYDLAKI	Open Mężczyzn	291	09:45	00:39:35	<b>02:20:16.35</b>	<b>02:20:16.35</b>	+01:22:48 (59.0%)	14:01	4.3 (41.3%)
477	<b>PAWEŁEK Denis</b>	<b>3306</b>		Open Mężczyzn	292	11:30	00:42:24	<b>02:20:17.30</b>	<b>02:20:17.30</b>	+01:22:49 (59.0%)	14:01	4.3 (41.3%)
478	<b>BŁOŃSKI Robert</b>	<b>3491</b>		Open Masters Mężczyzn	71	10:00	00:57:00	<b>02:20:22.45</b>	<b>02:20:22.45</b>	+01:22:54 (59.1%)	14:02	4.3 (41.3%)
479	<b>PRZYBYTEK Sławomir</b>	<b>3490</b>		Open Masters Mężczyzn	72	10:00	00:56:59	<b>02:20:24.80</b>	<b>02:20:24.80</b>	+01:22:56 (59.1%)	14:02	4.3 (41.3%)
480	<b>SITKO Krystyna</b>	<b>3437</b>	SPARTANSKIE SWIRY	Open Kobiet	25	12:00	00:47:19	<b>02:20:29.60</b>	<b>02:20:29.60</b>	+01:23:01 (59.1%)	14:02	4.3 (41.3%)
481	<b>SZYMANEK Marcin</b>	<b>2682</b>		Open Mężczyzn	293	10:15	00:47:12	<b>02:20:39.25</b>	<b>02:20:39.25</b>	+01:23:11 (59.1%)	14:03	4.3 (41.3%)
482	<b>SZATKOWSKA Agnieszka</b>	<b>2875</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	26	10:45	00:49:59	<b>02:20:54.85</b>	<b>02:20:54.85</b>	+01:23:26 (59.2%)	14:05	4.3 (41.3%)
483	<b>MALCZEWSKI Tomasz</b>	<b>3184</b>		Open Mężczyzn	294	11:15	00:42:07	<b>02:20:57.00</b>	<b>02:20:57.00</b>	+01:23:29 (59.2%)	14:05	4.3 (41.3%)
484	<b>RADOŁA Marcin</b>	<b>2736</b>	RMF 4RACING TEAM	Open Masters Mężczyzn	73	10:30	00:48:20	<b>02:20:58.00</b>	<b>02:20:58.00</b>	+01:23:30 (59.2%)	14:05	4.3 (41.3%)
485	<b>ŻUREK Michał</b>	<b>2357</b>	OCR TEAM BYDLAKI	Open Mężczyzn	295	09:45	00:35:05	<b>02:21:00.70</b>	<b>02:21:00.70</b>	+01:23:32 (59.2%)	14:06	4.3 (41.3%)
486	<b>GOŹDZIK Edward</b>	<b>2919</b>		Open Masters Mężczyzn	74	10:15	00:56:11	<b>02:21:02.85</b>	<b>02:21:02.85</b>	+01:23:34 (59.3%)	14:06	4.3 (41.3%)
486	<b>GOŹDZIK Karolina</b>	<b>3379</b>	SPARTAN SGX WARSAW	Open Kobiet	27	10:15	00:56:10	<b>02:21:02.85</b>	<b>02:21:02.85</b>	+01:23:34 (59.3%)	14:06	4.3 (41.3%)
488	<b>ŻYŁA Arkadiusz</b>	<b>2835</b>	HUSARIA RACE TEAM	Open Mężczyzn	296	10:45	00:42:57	<b>02:21:06.10</b>	<b>02:21:06.10</b>	+01:23:38 (59.3%)	14:06	4.3 (41.3%)
489	<b>WICHEREK Mateusz</b>	<b>2548</b>		Open Mężczyzn	297	10:00	00:55:37	<b>02:21:16.90</b>	<b>02:21:16.90</b>	+01:23:48 (59.3%)	14:07	4.2 (40.4%)
490	<b>PTAK Marcin</b>	<b>2805</b>		Open Mężczyzn	298	10:30	00:41:41	<b>02:21:20.60</b>	<b>02:21:20.60</b>	+01:23:52 (59.3%)	14:08	4.2 (40.4%)
491	<b>WOJTAL Marta</b>	<b>3438</b>	SPARTANSKIE SWIRY	Open Kobiet	28	12:00	00:47:29	<b>02:21:25.10</b>	<b>02:21:25.10</b>	+01:23:57 (59.4%)	14:08	4.2 (40.4%)
492	<b>AMBROZIAK Sebastian</b>	<b>2742</b>	ROSSMANN	Open Mężczyzn	299	10:30	00:51:30	<b>02:21:26.40</b>	<b>02:21:26.40</b>	+01:23:58 (59.4%)	14:08	4.2 (40.4%)
493	<b>SZABAT Adrianna</b>	<b>2383</b>	WATAHA	Open Kobiet	29	09:45	00:43:46	<b>02:21:45.20</b>	<b>02:21:45.20</b>	+01:24:17 (59.5%)	14:10	4.2 (40.4%)
494	<b>MATYSIAK Anna</b>	<b>3094</b>	DROGA DO ULTRA	Open Masters Kobiet	10	11:15	00:46:21	<b>02:21:45.50</b>	<b>02:21:45.50</b>	+01:24:17 (59.5%)	14:10	4.2 (40.4%)
495	<b>OLSZAK Wioleta</b>	<b>3195</b>		Open Masters Kobiet	11	11:15	00:46:20	<b>02:21:45.80</b>	<b>02:21:45.80</b>	+01:24:17 (59.5%)	14:10	4.2 (40.4%)
496	<b>KLIK Paweł</b>	<b>3150</b>	WATAHA	Open Mężczyzn	300	11:15	00:47:53	<b>02:21:57.00</b>	<b>02:21:57.00</b>	+01:24:29 (59.5%)	14:11	4.2 (40.4%)
497	<b>KOWALIK Karol</b>	<b>2530</b>		Open Mężczyzn	301	10:00	00:53:12	<b>02:21:57.05</b>	<b>02:21:57.05</b>	+01:24:29 (59.5%)	14:11	4.2 (40.4%)
498	<b>SOCHA Michał</b>	<b>2839</b>	JUNGHEINRICH	Open Mężczyzn	302	11:45	00:43:21	<b>02:22:08.25</b>	<b>02:22:08.25</b>	+01:24:40 (59.6%)	14:12	4.2 (40.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
499	<b>NOWICKI Maciej</b>	<b>2838</b>	JUNGHEINRICH	Open Mężczyzn	303	11:45	00:43:20	<b>02:22:08.30</b>	<b>02:22:08.30</b>	+01:24:40 (59.6%)	14:12	4.2 (40.4%)
500	<b>KLIN Robert</b>	<b>3263</b>	WATAHA	Open Masters Mężczyzn	75	11:30	00:49:33	<b>02:22:09.65</b>	<b>02:22:09.65</b>	+01:24:41 (59.6%)	14:12	4.2 (40.4%)
501	<b>JEZIORSKI Marcin</b>	<b>3047</b>		Open Mężczyzn	304	11:00	00:39:42	<b>02:22:14.70</b>	<b>02:22:14.70</b>	+01:24:46 (59.6%)	14:13	4.2 (40.4%)
502	<b>KALETA Anna</b>	<b>2323</b>	HUSARIA RACE TEAM	Open Kobiet	30	09:45	00:37:18	<b>02:22:24.90</b>	<b>02:22:24.90</b>	+01:24:56 (59.6%)	14:14	4.2 (40.4%)
503	<b>DĄBROWSKI Bogusław</b>	<b>2562</b>	BSB INDUSTRY	Open Mężczyzn	305	10:15	00:52:51	<b>02:22:26.00</b>	<b>02:22:26.00</b>	+01:24:58 (59.7%)	14:14	4.2 (40.4%)
504	<b>ZIMNA Izabela</b>	<b>2550</b>		Open Kobiet	31	10:00	00:51:52	<b>02:22:27.00</b>	<b>02:22:27.00</b>	+01:24:59 (59.7%)	14:14	4.2 (40.4%)
505	<b>RYBAKOWSKI Patryk</b>	<b>2563</b>	BSB INDUSTRY	Open Mężczyzn	306	10:15	00:52:54	<b>02:22:30.75</b>	<b>02:22:30.75</b>	+01:25:02 (59.7%)	14:15	4.2 (40.4%)
506	<b>KULAK Dariusz</b>	<b>3403</b>		Open Mężczyzn	307	11:45	00:46:59	<b>02:22:33.50</b>	<b>02:22:33.50</b>	+01:25:05 (59.7%)	14:15	4.2 (40.4%)
507	<b>ZAWADZKI Jakub</b>	<b>2953</b>	8E	Open Mężczyzn	308	11:00	00:46:21	<b>02:22:36.60</b>	<b>02:22:36.60</b>	+01:25:08 (59.7%)	14:15	4.2 (40.4%)
508	<b>FOLLENDORF Oskar</b>	<b>3395</b>		Open Mężczyzn	309	11:45	00:47:00	<b>02:22:39.35</b>	<b>02:22:39.35</b>	+01:25:11 (59.7%)	14:15	4.2 (40.4%)
509	<b>ŁUKASZYŃSKI Marek</b>	<b>3104</b>	KB ODRA OPOLE	Open Mężczyzn	310	11:15	00:43:29	<b>02:22:39.75</b>	<b>02:22:39.75</b>	+01:25:11 (59.7%)	14:15	4.2 (40.4%)
510	<b>RACKI Tomasz</b>	<b>3500</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	311	10:15	00:51:39	<b>02:22:46.20</b>	<b>02:22:46.20</b>	+01:25:18 (59.7%)	14:16	4.2 (40.4%)
511	<b>KOSTUCHA Damian</b>	<b>2661</b>		Open Mężczyzn	312	10:15	00:46:17	<b>02:22:49.05</b>	<b>02:22:49.05</b>	+01:25:21 (59.8%)	14:16	4.2 (40.4%)
512	<b>NOWACZYK Patryk</b>	<b>3068</b>		Open Mężczyzn	313	11:00	00:42:23	<b>02:22:58.80</b>	<b>02:22:58.80</b>	+01:25:30 (59.8%)	14:17	4.2 (40.4%)
513	<b>BERNACKA Katarzyna</b>	<b>2912</b>		Open Kobiet	32	10:45	00:39:11	<b>02:23:01.05</b>	<b>02:23:01.05</b>	+01:25:33 (59.8%)	14:18	4.2 (40.4%)
514	<b>MACIASZEK Grzegorz</b>	<b>3063</b>		Open Mężczyzn	314	11:00	00:47:19	<b>02:23:12.60</b>	<b>02:23:12.60</b>	+01:25:44 (59.9%)	14:19	4.2 (40.4%)
515	<b>RULAK Jerzy</b>	<b>2806</b>		Open Mężczyzn	315	10:30		<b>02:23:24.00</b>	<b>02:23:24.00</b>	+01:25:56 (59.9%)	14:20	4.2 (40.4%)
516	<b>PASIWIEC Krzysztof</b>	<b>2801</b>		Open Mężczyzn	316	10:30	00:42:07	<b>02:23:24.55</b>	<b>02:23:24.55</b>	+01:25:56 (59.9%)	14:20	4.2 (40.4%)
517	<b>SZYMANIAK Bartosz</b>	<b>3366</b>	PERI SPARTAN TEAM	Open Mężczyzn	317	11:45	00:51:33	<b>02:23:24.75</b>	<b>02:23:24.75</b>	+01:25:56 (59.9%)	14:20	4.2 (40.4%)
518	<b>ŁUDZIEJEWSKI Arnold</b>	<b>3363</b>	PERI SPARTAN TEAM	Open Mężczyzn	318	11:45	00:51:33	<b>02:23:25.40</b>	<b>02:23:25.40</b>	+01:25:57 (59.9%)	14:20	4.2 (40.4%)
519	<b>MAJKOWSKI Łukasz</b>	<b>3364</b>	PERI SPARTAN TEAM	Open Mężczyzn	319	11:45	00:52:00	<b>02:23:26.60</b>	<b>02:23:26.60</b>	+01:25:58 (59.9%)	14:20	4.2 (40.4%)
519	<b>KASZUB Marcin</b>	<b>3362</b>	PERI SPARTAN TEAM	Open Masters Mężczyzn	76	11:45	00:51:49	<b>02:23:26.60</b>	<b>02:23:26.60</b>	+01:25:58 (59.9%)	14:20	4.2 (40.4%)
521	<b>BERNAT Dorian</b>	<b>3028</b>		Open Mężczyzn	320	11:00	00:46:23	<b>02:23:31.25</b>	<b>02:23:31.25</b>	+01:26:03 (60.0%)	14:21	4.2 (40.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
522	<b>SŁONIEWSKI Rafał</b>	<b>2874</b>	RMF4RT OCR	Open Mężczyzn	321	10:15	00:44:02	<b>02:23:35.60</b>	<b>02:23:35.60</b>	+01:26:07 (60.0%)	14:21	4.2 (40.4%)
523	<b>URBAN Jarosław</b>	<b>2482</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	322	10:00	00:47:44	<b>02:23:46.50</b>	<b>02:23:46.50</b>	+01:26:18 (60.0%)	14:22	4.2 (40.4%)
524	<b>GANSZCZYK Piotr</b>	<b>3396</b>		Open Mężczyzn	323	11:45	00:47:04	<b>02:23:46.80</b>	<b>02:23:46.80</b>	+01:26:18 (60.0%)	14:22	4.2 (40.4%)
525	<b>PRZEDPEŁSKI Mariusz</b>	<b>2823</b>	#BLUES BROTHERS#	Open Mężczyzn	324	10:45	00:50:22	<b>02:23:52.85</b>	<b>02:23:52.85</b>	+01:26:24 (60.1%)	14:23	4.2 (40.4%)
526	<b>RUCKA Alicja</b>	<b>3415</b>		Open Kobiet	33	11:45	00:42:25	<b>02:23:54.35</b>	<b>02:23:54.35</b>	+01:26:26 (60.1%)	14:23	4.2 (40.4%)
527	<b>SADLAKOWSKA Kamila</b>	<b>2147</b>		Open Kobiet	34	11:00	00:51:20	<b>02:23:59.10</b>	<b>02:23:59.10</b>	+01:26:31 (60.1%)	14:23	4.2 (40.4%)
528	<b>LEWANDOWSKI Michał</b>	<b>2794</b>		Open Mężczyzn	325	10:30	00:42:18	<b>02:24:00.95</b>	<b>02:24:00.95</b>	+01:26:33 (60.1%)	14:24	4.2 (40.4%)
529	<b>MACKIEWICZ Emilia</b>	<b>3474</b>		Open Kobiet	35	10:15	00:43:56	<b>02:24:08.85</b>	<b>02:24:08.85</b>	+01:26:40 (60.1%)	14:24	4.2 (40.4%)
530	<b>COP Kacper</b>	<b>3273</b>		Open Mężczyzn	326	11:30	00:42:24	<b>02:24:11.00</b>	<b>02:24:11.00</b>	+01:26:43 (60.1%)	14:25	4.2 (40.4%)
531	<b>KONSEK Mateusz</b>	<b>3374</b>	ROSSMANN POZYTYWNIIE ZAKRĘCENI	Open Mężczyzn	327	11:45	00:43:45	<b>02:24:16.45</b>	<b>02:24:16.45</b>	+01:26:48 (60.2%)	14:25	4.2 (40.4%)
532	<b>CHMIELEWSKI Józef</b>	<b>2261</b>		Open Mężczyzn	328	09:30	00:44:34	<b>02:24:20.85</b>	<b>02:24:20.85</b>	+01:26:52 (60.2%)	14:26	4.2 (40.4%)
533	<b>MILCZARCZYK Artur</b>	<b>2844</b>	MAZE IN THE MAZE	Open Masters Mężczyzn	77	10:00	00:55:14	<b>02:24:22.60</b>	<b>02:24:22.60</b>	+01:26:54 (60.2%)	14:26	4.2 (40.4%)
534	<b>ZASADOWSKA Justyna</b>	<b>2825</b>	BIEGOWE NYGUSY	Open Masters Kobiet	12	09:30	00:48:24	<b>02:24:25.10</b>	<b>02:24:25.10</b>	+01:26:57 (60.2%)	14:26	4.2 (40.4%)
534	<b>DZIUBA Andrzej</b>	<b>3394</b>		Open Mężczyzn	329	11:45	00:41:29	<b>02:24:25.10</b>	<b>02:24:25.10</b>	+01:26:57 (60.2%)	14:26	4.2 (40.4%)
536	<b>CZERWIŃSKI Roman</b>	<b>3488</b>		Open Masters Mężczyzn	78	09:45	00:40:04	<b>02:24:28.65</b>	<b>02:24:28.65</b>	+01:27:00 (60.2%)	14:26	4.2 (40.4%)
537	<b>MACHOWSKI Arkadiusz</b>	<b>3062</b>		Open Mężczyzn	330	11:00	00:46:23	<b>02:24:30.60</b>	<b>02:24:30.60</b>	+01:27:02 (60.2%)	14:27	4.2 (40.4%)
538	<b>GĄCZEŹEWICZ Piotr</b>	<b>2651</b>		Open Masters Mężczyzn	79	10:15	00:49:44	<b>02:24:36.30</b>	<b>02:24:36.30</b>	+01:27:08 (60.3%)	14:27	4.1 (39.4%)
539	<b>HYDZIK Dawid</b>	<b>2568</b>	ELECTROLUX ŚWIDNICA	Open Mężczyzn	331	10:15	00:41:58	<b>02:24:36.45</b>	<b>02:24:36.45</b>	+01:27:08 (60.3%)	14:27	4.1 (39.4%)
540	<b>CUDNIEWICZ Damian</b>	<b>2917</b>		Open Mężczyzn	332	10:45	00:44:44	<b>02:24:39.25</b>	<b>02:24:39.25</b>	+01:27:11 (60.3%)	14:27	4.1 (39.4%)
541	<b>MLECZKO Tomasz</b>	<b>2642</b>	WISS RUNNING TEAM	Open Masters Mężczyzn	80	10:15	00:49:33	<b>02:24:42.65</b>	<b>02:24:42.65</b>	+01:27:14 (60.3%)	14:28	4.1 (39.4%)
542	<b>DĄBROWSKI Łukasz</b>	<b>2641</b>	WISS RUNNING TEAM	Open Mężczyzn	333	10:15	00:49:42	<b>02:24:43.25</b>	<b>02:24:43.25</b>	+01:27:15 (60.3%)	14:28	4.1 (39.4%)
543	<b>WOŹNIAK Wojciech</b>	<b>2643</b>	WISS RUNNING TEAM	Open Masters Mężczyzn	81	10:15	00:49:33	<b>02:24:43.95</b>	<b>02:24:43.95</b>	+01:27:16 (60.3%)	14:28	4.1 (39.4%)
544	<b>JAROSZ Bartłomiej</b>	<b>2923</b>		Open Mężczyzn	334	10:45	00:46:08	<b>02:24:52.10</b>	<b>02:24:52.10</b>	+01:27:24 (60.3%)	14:29	4.1 (39.4%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
545	<b>SZUMILAS Maciej</b>	<b>2417</b>		Open Mężczyzn	335	09:45	00:55:36	<b>02:24:57.10</b>	<b>02:24:57.10</b>	+01:27:29 (60.4%)	14:29	4.1 (39.4%)
546	<b>GÓRSKI Bartłomiej</b>	<b>2395</b>		Open Mężczyzn	336	09:45	00:55:37	<b>02:24:57.15</b>	<b>02:24:57.15</b>	+01:27:29 (60.4%)	14:29	4.1 (39.4%)
547	<b>FIBIC Damian</b>	<b>2266</b>		Open Mężczyzn	337	09:30	00:51:57	<b>02:25:00.45</b>	<b>02:25:00.45</b>	+01:27:32 (60.4%)	14:30	4.1 (39.4%)
548	<b>KUBINA Kornel</b>	<b>3059</b>		Open Mężczyzn	338	11:00	00:44:52	<b>02:25:14.00</b>	<b>02:25:14.00</b>	+01:27:46 (60.4%)	14:31	4.1 (39.4%)
549	<b>BŁASIAK Martyna</b>	<b>3265</b>		Open Kobiet	36	11:30	00:50:25	<b>02:25:23.65</b>	<b>02:25:23.65</b>	+01:27:55 (60.5%)	14:32	4.1 (39.4%)
550	<b>KLANOWSKI Marcin</b>	<b>2961</b>	CARBON OCR RACING TEAM	Open Mężczyzn	339	11:00	00:42:34	<b>02:25:29.60</b>	<b>02:25:29.60</b>	+01:28:01 (60.5%)	14:32	4.1 (39.4%)
551	<b>TOMAKA Bartłomiej</b>	<b>3327</b>		Open Mężczyzn	340	11:30	00:46:54	<b>02:25:35.25</b>	<b>02:25:35.25</b>	+01:28:07 (60.5%)	14:33	4.1 (39.4%)
552	<b>WIŚNIEWSKI Arkadiusz</b>	<b>2243</b>	RMF4RT GLADIATORS	Open Mężczyzn	341	09:30	00:51:12	<b>02:25:44.50</b>	<b>02:25:44.50</b>	+01:28:16 (60.6%)	14:34	4.1 (39.4%)
553	<b>SERSISKO Dagmara</b>	<b>3436</b>	SPARTANSKIE SWIRY	Open Kobiet	37	12:00	00:47:20	<b>02:25:49.70</b>	<b>02:25:49.70</b>	+01:28:21 (60.6%)	14:34	4.1 (39.4%)
554	<b>JAROSZ Agnieszka</b>	<b>3435</b>	SPARTANSKIE SWIRY	Open Kobiet	38	12:00	00:47:19	<b>02:25:49.85</b>	<b>02:25:49.85</b>	+01:28:21 (60.6%)	14:34	4.1 (39.4%)
555	<b>BĘBENEK Artur</b>	<b>3358</b>	NIE BYŁO CIASTEK WIĘC KUPIŁEM ZAPRAWĘ MURARSKĄ	Open Mężczyzn	342	11:45	00:46:31	<b>02:25:57.40</b>	<b>02:25:57.40</b>	+01:28:29 (60.6%)	14:35	4.1 (39.4%)
556	<b>GORZEŃ Krzysztof</b>	<b>2986</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	343	11:00	00:44:51	<b>02:26:01.30</b>	<b>02:26:01.30</b>	+01:28:33 (60.6%)	14:36	4.1 (39.4%)
557	<b>CEBULA Szymon</b>	<b>2883</b>	WKJ	Open Mężczyzn	344	10:45	00:44:44	<b>02:26:05.65</b>	<b>02:26:05.65</b>	+01:28:37 (60.7%)	14:36	4.1 (39.4%)
558	<b>MACURA Marek</b>	<b>3346</b>	EXTREME WARRIOR FAMILY	Open Mężczyzn	345	11:45	00:43:46	<b>02:26:25.10</b>	<b>02:26:25.10</b>	+01:28:57 (60.8%)	14:38	4.1 (39.4%)
559	<b>RODZIK Joanna</b>	<b>2242</b>	RMF4RT GLADIATORS	Open Kobiet	39	09:30	00:51:11	<b>02:26:31.30</b>	<b>02:26:31.30</b>	+01:29:03 (60.8%)	14:39	4.1 (39.4%)
560	<b>SKIERKA Patryk</b>	<b>2564</b>	BSB INDUSTRY	Open Mężczyzn	346	10:15	00:52:55	<b>02:26:33.20</b>	<b>02:26:33.20</b>	+01:29:05 (60.8%)	14:39	4.1 (39.4%)
561	<b>JURKIEWICZ Piotr</b>	<b>3285</b>		Open Masters Mężczyzn	82	11:30	00:44:05	<b>02:26:35.40</b>	<b>02:26:35.40</b>	+01:29:07 (60.8%)	14:39	4.1 (39.4%)
562	<b>TOMANA Marcin</b>	<b>2288</b>		Open Masters Mężczyzn	83	09:30	00:43:18	<b>02:26:36.80</b>	<b>02:26:36.80</b>	+01:29:08 (60.8%)	14:39	4.1 (39.4%)
563	<b>GURAN Agnieszka</b>	<b>2524</b>		Open Kobiet	40	10:00	00:48:34	<b>02:26:37.50</b>	<b>02:26:37.50</b>	+01:29:09 (60.8%)	14:39	4.1 (39.4%)
564	<b>KUREK Anna</b>	<b>2532</b>		Open Kobiet	41	10:00	00:48:31	<b>02:26:37.60</b>	<b>02:26:37.60</b>	+01:29:09 (60.8%)	14:39	4.1 (39.4%)
565	<b>DUDA Małgorzata</b>	<b>2519</b>		Open Kobiet	42	10:00	00:48:31	<b>02:26:37.80</b>	<b>02:26:37.80</b>	+01:29:09 (60.8%)	14:39	4.1 (39.4%)
566	<b>KOCIOK Adrian</b>	<b>3006</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	347	11:00	00:47:07	<b>02:26:47.60</b>	<b>02:26:47.60</b>	+01:29:19 (60.9%)	14:40	4.1 (39.4%)
567	<b>BAGROWSKI Mariusz</b>	<b>3003</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	348	11:00	00:47:09	<b>02:26:47.85</b>	<b>02:26:47.85</b>	+01:29:19 (60.9%)	14:40	4.1 (39.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
568	<b>FIBIC Tomasz</b>	<b>2267</b>		Open Mężczyzn	349	09:30	00:52:03	<b>02:26:48.50</b>	<b>02:26:48.50</b>	+01:29:20 (60.9%)	14:40	4.1 (39.4%)
569	<b>RADWAN Bartłomiej</b>	<b>3074</b>		Open Masters Mężczyzn	84	11:00	00:45:42	<b>02:26:51.80</b>	<b>02:26:51.80</b>	+01:29:23 (60.9%)	14:41	4.1 (39.4%)
570	<b>ŁUKASZCZYKIEWICZ Andrzej</b>	<b>3127</b>	RMF4RT GLADIATORS	Open Mężczyzn	350	11:15	00:38:48	<b>02:26:52.45</b>	<b>02:26:52.45</b>	+01:29:24 (60.9%)	14:41	4.1 (39.4%)
571	<b>DĘBICKI Kamil</b>	<b>2769</b>		Open Mężczyzn	351	10:30	00:44:38	<b>02:26:53.85</b>	<b>02:26:53.85</b>	+01:29:25 (60.9%)	14:41	4.1 (39.4%)
572	<b>WISKI Przemysław</b>	<b>2604</b>	POWER TRAINING	Open Mężczyzn	352	10:15	00:56:20	<b>02:26:57.35</b>	<b>02:26:57.35</b>	+01:29:29 (60.9%)	14:41	4.1 (39.4%)
573	<b>GIERCZAK Michał</b>	<b>2653</b>		Open Mężczyzn	353	10:15	00:56:22	<b>02:26:59.55</b>	<b>02:26:59.55</b>	+01:29:31 (60.9%)	14:41	4.1 (39.4%)
574	<b>FORTUNA-CZMOK Jolanta</b>	<b>2727</b>	POGROMCY	Open Masters Kobiet	13	10:30	01:01:31	<b>02:27:00.55</b>	<b>02:27:00.55</b>	+01:29:32 (60.9%)	14:42	4.1 (39.4%)
575	<b>MOSKWA Jakub</b>	<b>2990</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	354	11:00	00:44:51	<b>02:27:03.60</b>	<b>02:27:03.60</b>	+01:29:35 (60.9%)	14:42	4.1 (39.4%)
576	<b>LITWIN Dorota</b>	<b>2401</b>		Open Kobiet	43	09:45	00:53:40	<b>02:27:06.20</b>	<b>02:27:06.20</b>	+01:29:38 (60.9%)	14:42	4.1 (39.4%)
577	<b>ZAWIDNIAK Nina</b>	<b>2423</b>		Open Kobiet	44	09:45	00:53:39	<b>02:27:06.30</b>	<b>02:27:06.30</b>	+01:29:38 (60.9%)	14:42	4.1 (39.4%)
578	<b>TABAKA Piotr</b>	<b>3326</b>		Open Mężczyzn	355	11:30	00:42:47	<b>02:27:09.10</b>	<b>02:27:09.10</b>	+01:29:41 (60.9%)	14:42	4.1 (39.4%)
579	<b>BAJDAŁA Robert</b>	<b>3101</b>	JEDZIEMY Z TYM KOKSEM	Open Mężczyzn	356	11:15	00:44:59	<b>02:27:19.10</b>	<b>02:27:19.10</b>	+01:29:51 (61.0%)	14:43	4.1 (39.4%)
580	<b>KORZEŃ Dajana</b>	<b>3359</b>	NIE BYŁO CIASTEK WIĘC KUPIŁEM ZAPRAWĘ MURARSKĄ	Open Kobiet	45	11:45	00:46:31	<b>02:27:19.75</b>	<b>02:27:19.75</b>	+01:29:51 (61.0%)	14:43	4.1 (39.4%)
581	<b>FRĄCKOWIAK Jacek</b>	<b>3361</b>	PERI SPARTAN TEAM	Open Mężczyzn	357	11:45	00:51:45	<b>02:27:19.90</b>	<b>02:27:19.90</b>	+01:29:51 (61.0%)	14:43	4.1 (39.4%)
582	<b>RÓŻYCKI Adrian</b>	<b>3102</b>	JEDZIEMY Z TYM KOKSEM	Open Mężczyzn	358	11:15	00:47:17	<b>02:27:20.60</b>	<b>02:27:20.60</b>	+01:29:52 (61.0%)	14:44	4.1 (39.4%)
583	<b>KUKIEŁKA Marcin</b>	<b>3469</b>		Open Mężczyzn	359	11:45	00:46:30	<b>02:27:21.50</b>	<b>02:27:21.50</b>	+01:29:53 (61.0%)	14:44	4.1 (39.4%)
584	<b>MODERSKI Mateusz</b>	<b>2694</b>	ESSITY	Open Masters Mężczyzn	85	10:30	00:51:33	<b>02:27:23.70</b>	<b>02:27:23.70</b>	+01:29:55 (61.0%)	14:44	4.1 (39.4%)
585	<b>DOMIŃSKI Marcin</b>	<b>3037</b>		Open Mężczyzn	360	11:00	00:56:58	<b>02:27:30.05</b>	<b>02:27:30.05</b>	+01:30:02 (61.0%)	14:45	4.1 (39.4%)
586	<b>KRYSTKIEWICZ Krystian</b>	<b>3058</b>		Open Mężczyzn	361	11:00	00:56:58	<b>02:27:30.70</b>	<b>02:27:30.70</b>	+01:30:02 (61.0%)	14:45	4.1 (39.4%)
587	<b>SMOLUCH Magdalena</b>	<b>3448</b>		Open Kobiet	46	12:00	00:51:51	<b>02:27:33.20</b>	<b>02:27:33.20</b>	+01:30:05 (61.1%)	14:45	4.1 (39.4%)
588	<b>HABDAS Patryk</b>	<b>3440</b>		Open Mężczyzn	362	12:00	00:51:51	<b>02:27:35.45</b>	<b>02:27:35.45</b>	+01:30:07 (61.1%)	14:45	4.1 (39.4%)
589	<b>KŁOSOWSKI Karol</b>	<b>2211</b>	HUSARIA RACE TEAM	Open Mężczyzn	363	09:30	00:38:17	<b>02:27:38.00</b>	<b>02:27:38.00</b>	+01:30:10 (61.1%)	14:45	4.1 (39.4%)
590	<b>MAJEWSKI Damian</b>	<b>2989</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	364	11:00		<b>02:27:39.00</b>	<b>02:27:39.00</b>	+01:30:11 (61.1%)	14:45	4.1 (39.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
591	<b>PINOCY Szymon</b>	<b>2189</b>	CARBON OCR RACING TEAM	Open Mężczyzn	365	09:30	00:48:06	<b>02:27:40.60</b>	<b>02:27:40.60</b>	+01:30:12 (61.1%)	14:46	4.1 (39.4%)
592	<b>PASTUSZKA Artur</b>	<b>2276</b>		Open Mężczyzn	366	09:30	00:48:22	<b>02:27:43.30</b>	<b>02:27:43.30</b>	+01:30:15 (61.1%)	14:46	4.1 (39.4%)
593	<b>KACHEL Agata</b>	<b>2376</b>	SZTURM	Open Kobiet	47	09:45	00:46:02	<b>02:27:53.40</b>	<b>02:27:53.40</b>	+01:30:25 (61.1%)	14:47	4.1 (39.4%)
594	<b>DEPA Łukasz</b>	<b>2263</b>		Open Mężczyzn	367	09:30	00:53:17	<b>02:28:03.00</b>	<b>02:28:03.00</b>	+01:30:35 (61.2%)	14:48	4.1 (39.4%)
595	<b>KOZŁOWSKA Małgorzata</b>	<b>3056</b>		Open Kobiet	48	11:00	00:54:23	<b>02:28:03.35</b>	<b>02:28:03.35</b>	+01:30:35 (61.2%)	14:48	4.1 (39.4%)
596	<b>LEŚNIAK Łukasz</b>	<b>2245</b>	RUNATTACK / OLAWS ZŁOTORYJA	Open Mężczyzn	368	09:30	00:53:16	<b>02:28:03.95</b>	<b>02:28:03.95</b>	+01:30:36 (61.2%)	14:48	4.1 (39.4%)
597	<b>KSIĘŻOPOLSKA Małgorzata</b>	<b>2822</b>	#BLUES BROTHERS#	Open Kobiet	49	10:45	00:52:41	<b>02:28:07.90</b>	<b>02:28:07.90</b>	+01:30:39 (61.2%)	14:48	4.1 (39.4%)
598	<b>LIBERADZKI Marcin</b>	<b>3338</b>	ATHLETIC APOLLO	Open Masters Mężczyzn	86	10:45	00:50:51	<b>02:28:13.40</b>	<b>02:28:13.40</b>	+01:30:45 (61.2%)	14:49	4 (38.5%)
599	<b>FEDYCKI Mariusz</b>	<b>2770</b>		Open Mężczyzn	369	10:30	00:44:38	<b>02:28:15.90</b>	<b>02:28:15.90</b>	+01:30:47 (61.2%)	14:49	4 (38.5%)
600	<b>CZMOK Robert</b>	<b>2726</b>	POGROMCY	Open Masters Mężczyzn	87	10:30	01:01:30	<b>02:28:25.60</b>	<b>02:28:25.60</b>	+01:30:57 (61.3%)	14:50	4 (38.5%)
601	<b>SCHULZ Jędrzej</b>	<b>2728</b>	POGROMCY	Open Mężczyzn	370	10:30	01:00:57	<b>02:28:25.80</b>	<b>02:28:25.80</b>	+01:30:57 (61.3%)	14:50	4 (38.5%)
602	<b>ZASADOWSKI Bartosz</b>	<b>2826</b>	BIEGOWE NYGUSY	Open Masters Mężczyzn	88	09:30	00:49:20	<b>02:28:31.20</b>	<b>02:28:31.20</b>	+01:31:03 (61.3%)	14:51	4 (38.5%)
603	<b>CUDNIEWICZ Bartosz</b>	<b>2884</b>	WKJ	Open Mężczyzn	371	10:45	00:44:49	<b>02:28:37.35</b>	<b>02:28:37.35</b>	+01:31:09 (61.3%)	14:51	4 (38.5%)
604	<b>WIDZIŃSKA Agnieszka</b>	<b>2463</b>	NINJA LUDKI	Open Kobiet	50	10:00	00:51:41	<b>02:28:39.50</b>	<b>02:28:39.50</b>	+01:31:11 (61.3%)	14:51	4 (38.5%)
605	<b>KALNIUK Paweł</b>	<b>3170</b>		Open Mężczyzn	372	11:15	00:36:30	<b>02:28:39.60</b>	<b>02:28:39.60</b>	+01:31:11 (61.3%)	14:51	4 (38.5%)
606	<b>ŁUCZAK Radosław</b>	<b>3293</b>		Open Masters Mężczyzn	89	11:30	00:46:17	<b>02:28:43.90</b>	<b>02:28:43.90</b>	+01:31:15 (61.4%)	14:52	4 (38.5%)
607	<b>PIĄTEK Przemysław</b>	<b>2834</b>	HUSARIA RACE TEAM	Open Mężczyzn	373	10:45	00:51:55	<b>02:28:49.95</b>	<b>02:28:49.95</b>	+01:31:22 (61.4%)	14:52	4 (38.5%)
608	<b>FIEDOR Tomasz</b>	<b>2319</b>	HUSARIA RACE TEAM	Open Mężczyzn	374	09:45	00:41:01	<b>02:28:51.20</b>	<b>02:28:51.20</b>	+01:31:23 (61.4%)	14:53	4 (38.5%)
609	<b>TORBUS Marcin</b>	<b>2148</b>		Open Mężczyzn	375	10:45	00:52:02	<b>02:28:51.70</b>	<b>02:28:51.70</b>	+01:31:23 (61.4%)	14:53	4 (38.5%)
610	<b>HOJKA Jakub</b>	<b>2886</b>	WKJ	Open Mężczyzn	376	10:45	00:44:45	<b>02:28:53.15</b>	<b>02:28:53.15</b>	+01:31:25 (61.4%)	14:53	4 (38.5%)
611	<b>PETELA Krystian</b>	<b>3069</b>		Open Mężczyzn	377	11:00	00:49:30	<b>02:29:04.85</b>	<b>02:29:04.85</b>	+01:31:36 (61.5%)	14:54	4 (38.5%)
612	<b>KOZŁOWSKI Marcin</b>	<b>3057</b>		Open Mężczyzn	378	11:00	00:54:20	<b>02:29:09.40</b>	<b>02:29:09.40</b>	+01:31:41 (61.5%)	14:54	4 (38.5%)
613	<b>SZLACHTA-MYRLAK Maria</b>	<b>3078</b>		Open Kobiet	51	11:00	00:45:42	<b>02:29:12.00</b>	<b>02:29:12.00</b>	+01:31:44 (61.5%)	14:55	4 (38.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
614	<b>URBACZKA Bogdan</b>	<b>2545</b>		Open Masters Mężczyzn	90	10:00	00:50:34	<b>02:29:13.90</b>	<b>02:29:13.90</b>	+01:31:45 (61.5%)	14:55	4 (38.5%)
615	<b>TREFON Beniamin</b>	<b>2683</b>		Open Masters Mężczyzn	91	10:15	00:47:19	<b>02:29:15.80</b>	<b>02:29:15.80</b>	+01:31:47 (61.5%)	14:55	4 (38.5%)
616	<b>HOMEL Joanna</b>	<b>2605</b>	PROFI PATO TEAM	Open Masters Kobiet	14	10:15	00:47:24	<b>02:29:15.90</b>	<b>02:29:15.90</b>	+01:31:47 (61.5%)	14:55	4 (38.5%)
617	<b>LATOSI Adrian</b>	<b>2790</b>		Open Masters Mężczyzn	92	10:30	00:49:25	<b>02:29:22.40</b>	<b>02:29:22.40</b>	+01:31:54 (61.5%)	14:56	4 (38.5%)
618	<b>BIELA Anna</b>	<b>2914</b>		Open Kobiet	52	10:45	00:47:00	<b>02:29:27.90</b>	<b>02:29:27.90</b>	+01:31:59 (61.6%)	14:56	4 (38.5%)
619	<b>TRZASKA Anna</b>	<b>3131</b>	RUNMAGEDDON POLICE TEAM BRZEG	Open Masters Kobiet	15	11:15	00:55:34	<b>02:29:29.35</b>	<b>02:29:29.35</b>	+01:32:01 (61.6%)	14:56	4 (38.5%)
620	<b>DUBIS Jarosław</b>	<b>2649</b>		Open Masters Mężczyzn	93	10:15	00:44:31	<b>02:29:43.10</b>	<b>02:29:43.10</b>	+01:32:15 (61.6%)	14:58	4 (38.5%)
621	<b>JAKUBOWSKA Edyta</b>	<b>2525</b>		Open Masters Kobiet	16	10:00	00:51:24	<b>02:29:44.45</b>	<b>02:29:44.45</b>	+01:32:16 (61.6%)	14:58	4 (38.5%)
622	<b>KUMAŃSKI Arek</b>	<b>3404</b>		Open Mężczyzn	379	11:45	00:32:12	<b>02:29:47.05</b>	<b>02:29:47.05</b>	+01:32:19 (61.6%)	14:58	4 (38.5%)
623	<b>NAMYŚŁOWSKA Karolina</b>	<b>2638</b>	WF KOSTRZYŃ	Open Kobiet	53	10:15	00:50:01	<b>02:29:53.00</b>	<b>02:29:53.00</b>	+01:32:25 (61.7%)	14:59	4 (38.5%)
624	<b>CIEŚLA Agnieszka</b>	<b>2632</b>	WF KOSTRZYŃ	Open Kobiet	54	10:15	00:54:36	<b>02:29:53.70</b>	<b>02:29:53.70</b>	+01:32:25 (61.7%)	14:59	4 (38.5%)
625	<b>WAWRZYŃIAK Monika</b>	<b>2640</b>	WF KOSTRZYŃ	Open Kobiet	55	10:15	00:49:47	<b>02:29:54.75</b>	<b>02:29:54.75</b>	+01:32:26 (61.7%)	14:59	4 (38.5%)
626	<b>STAWIŃSKI Jakub</b>	<b>2811</b>		Open Mężczyzn	380	10:30	00:49:43	<b>02:29:58.30</b>	<b>02:29:58.30</b>	+01:32:30 (61.7%)	14:59	4 (38.5%)
627	<b>GILARSKI Paweł</b>	<b>2561</b>	BIEGOWE NYGUSY	Open Masters Mężczyzn	94	09:30	00:48:07	<b>02:29:59.50</b>	<b>02:29:59.50</b>	+01:32:31 (61.7%)	14:59	4 (38.5%)
628	<b>NAWROCKA Elżbieta</b>	<b>2616</b>	ROSSMANN	Open Kobiet	56	10:15	00:49:48	<b>02:30:02.45</b>	<b>02:30:02.45</b>	+01:32:34 (61.7%)	15:00	4 (38.5%)
629	<b>PAŃCZYK Ariel</b>	<b>2639</b>	WF KOSTRZYŃ	Open Mężczyzn	381	10:15	00:49:53	<b>02:30:03.00</b>	<b>02:30:03.00</b>	+01:32:35 (61.7%)	15:00	4 (38.5%)
630	<b>NOWAK Łukasz</b>	<b>2480</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	382	09:30	00:48:19	<b>02:30:20.65</b>	<b>02:30:20.65</b>	+01:32:52 (61.8%)	15:02	4 (38.5%)
631	<b>WIDZIŃSKI Daniel</b>	<b>2464</b>	NINJA LUDKI	Open Mężczyzn	383	10:00	00:51:24	<b>02:30:25.35</b>	<b>02:30:25.35</b>	+01:32:57 (61.8%)	15:02	4 (38.5%)
632	<b>HOLEWA Grzegorz</b>	<b>3426</b>	CROSS HEROES - OGIEŃ!	Open Mężczyzn	384	12:00	00:45:41	<b>02:30:38.35</b>	<b>02:30:38.35</b>	+01:33:10 (61.9%)	15:03	4 (38.5%)
632	<b>KILARSKA Barbara</b>	<b>3427</b>	CROSS HEROES - OGIEŃ!	Open Kobiet	57	12:00	00:45:44	<b>02:30:38.35</b>	<b>02:30:38.35</b>	+01:33:10 (61.9%)	15:03	4 (38.5%)
634	<b>SZCZĘSNY Bartek</b>	<b>2224</b>	HUSARIA RACE TEAM	Open Mężczyzn	385	09:30	00:44:04	<b>02:30:40.40</b>	<b>02:30:40.40</b>	+01:33:12 (61.9%)	15:04	4 (38.5%)
635	<b>BOŻEK Dominika</b>	<b>3390</b>		Open Kobiet	58	11:45	00:49:28	<b>02:30:44.25</b>	<b>02:30:44.25</b>	+01:33:16 (61.9%)	15:04	4 (38.5%)
636	<b>WYDRA Robert</b>	<b>3021</b>	TURBO DROŹDŻE	Open Masters Mężczyzn	95	11:00	00:44:48	<b>02:30:47.65</b>	<b>02:30:47.65</b>	+01:33:19 (61.9%)	15:04	4 (38.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
637	<b>ROSTKOWSKA Olga</b>	<b>3464</b>		Open Kobiet	59	09:30	00:47:41	<b>02:30:48.20</b>	<b>02:30:48.20</b>	+01:33:20 (61.9%)	15:04	4 (38.5%)
638	<b>KAMIŃSKI Marcin</b>	<b>2845</b>	MELVIT TEAM	Open Mężczyzn	386	09:30	00:47:41	<b>02:30:48.60</b>	<b>02:30:48.60</b>	+01:33:20 (61.9%)	15:04	4 (38.5%)
639	<b>WITKOWSKI Marek</b>	<b>3145</b>	SKOŃCZENI OCR	Open Masters Mężczyzn	96	11:15	00:57:47	<b>02:30:51.65</b>	<b>02:30:51.65</b>	+01:33:23 (61.9%)	15:05	4 (38.5%)
640	<b>WALCZAK Danuta</b>	<b>2418</b>		Open Kobiet	60	09:45	00:50:17	<b>02:30:54.65</b>	<b>02:30:54.65</b>	+01:33:26 (61.9%)	15:05	4 (38.5%)
641	<b>WAWRZYŃCZAK Norbert</b>	<b>3462</b>	MELVIT TEAM	Open Mężczyzn	387	09:30	00:47:42	<b>02:30:58.55</b>	<b>02:30:58.55</b>	+01:33:30 (61.9%)	15:05	4 (38.5%)
642	<b>KONISIEWICZ Konrad</b>	<b>3054</b>		Open Mężczyzn	388	11:00	00:45:13	<b>02:31:04.50</b>	<b>02:31:04.50</b>	+01:33:36 (62.0%)	15:06	4 (38.5%)
643	<b>POKORA Tomasz</b>	<b>2940</b>		Open Mężczyzn	389	10:45	00:38:00	<b>02:31:14.55</b>	<b>02:31:14.55</b>	+01:33:46 (62.0%)	15:07	4 (38.5%)
644	<b>GAWRON Ewelina</b>	<b>2897</b>	X-TEAM TARNÓW	Open Kobiet	61	10:45	00:50:16	<b>02:31:25.05</b>	<b>02:31:25.05</b>	+01:33:57 (62.0%)	15:08	4 (38.5%)
645	<b>MRÓZ Adrian</b>	<b>3463</b>	MELVIT TEAM	Open Mężczyzn	390	09:30	00:47:44	<b>02:31:26.00</b>	<b>02:31:26.00</b>	+01:33:58 (62.1%)	15:08	4 (38.5%)
646	<b>PAZIK Marek</b>	<b>3343</b>	CZARNE ŻUBRY	Open Mężczyzn	391	11:45	00:54:41	<b>02:31:28.00</b>	<b>02:31:28.00</b>	+01:34:00 (62.1%)	15:08	4 (38.5%)
647	<b>OBAL Anna</b>	<b>2904</b>	X-TEAM TARNÓW	Open Kobiet	62	10:45	00:50:18	<b>02:31:33.10</b>	<b>02:31:33.10</b>	+01:34:05 (62.1%)	15:09	4 (38.5%)
648	<b>KOTARSKA Ewa</b>	<b>2697</b>	FABRYKA ZDROWIA BYTÓW	Open Masters Kobiet	17	10:30	00:54:41	<b>02:31:33.90</b>	<b>02:31:33.90</b>	+01:34:05 (62.1%)	15:09	4 (38.5%)
649	<b>CHWARZYNSKA Aldona</b>	<b>2695</b>	FABRYKA ZDROWIA BYTÓW	Open Kobiet	63	10:30	00:54:40	<b>02:31:34.00</b>	<b>02:31:34.00</b>	+01:34:06 (62.1%)	15:09	4 (38.5%)
650	<b>ŁOSIN Marta</b>	<b>2109</b>		Open Kobiet	64	09:15	00:31:22	<b>02:31:35.80</b>	<b>02:31:35.80</b>	+01:34:07 (62.1%)	15:09	4 (38.5%)
651	<b>SIEWIOR Piotr</b>	<b>2679</b>		Open Mężczyzn	392	10:15	00:46:23	<b>02:31:36.20</b>	<b>02:31:36.20</b>	+01:34:08 (62.1%)	15:09	4 (38.5%)
652	<b>ANDRJANIK Iwona</b>	<b>2848</b>	PONIEDZIAŁEK 20	Open Kobiet	65	10:45	00:46:15	<b>02:31:41.75</b>	<b>02:31:41.75</b>	+01:34:13 (62.1%)	15:10	4 (38.5%)
653	<b>ŁASKI Mikołaj</b>	<b>2215</b>	HUSARIA RACE TEAM	Open Mężczyzn	393	09:30	00:38:03	<b>02:31:54.45</b>	<b>02:31:54.45</b>	+01:34:26 (62.2%)	15:11	3.9 (37.5%)
654	<b>SULKOWSKI Dominik</b>	<b>2582</b>	HUSARIA RACE TEAM	Open Mężczyzn	394	10:15	00:44:18	<b>02:31:59.35</b>	<b>02:31:59.35</b>	+01:34:31 (62.2%)	15:11	3.9 (37.5%)
655	<b>RODAK Agnieszka</b>	<b>2472</b>	RMF4RT GLADIATORS	Open Masters Kobiet	18	10:00	00:58:24	<b>02:32:02.25</b>	<b>02:32:02.25</b>	+01:34:34 (62.2%)	15:12	3.9 (37.5%)
656	<b>GRZEGORZEWSKI Krzysztof</b>	<b>2470</b>	RMF4RT GLADIATORS	Open Masters Mężczyzn	97	10:00	00:58:29	<b>02:32:03.40</b>	<b>02:32:03.40</b>	+01:34:35 (62.2%)	15:12	3.9 (37.5%)
657	<b>STANKIEWICZ Karolina</b>	<b>2581</b>	HUSARIA RACE TEAM	Open Kobiet	66	09:30	00:52:35	<b>02:32:05.10</b>	<b>02:32:05.10</b>	+01:34:37 (62.2%)	15:12	3.9 (37.5%)
658	<b>DRASZAWKA Łukasz</b>	<b>2362</b>	POWER TRAINING	Open Mężczyzn	395	09:45	00:43:06	<b>02:32:07.15</b>	<b>02:32:07.15</b>	+01:34:39 (62.2%)	15:12	3.9 (37.5%)
659	<b>WÓJTOWICZ Dawid</b>	<b>2384</b>	WATAHA	Open Mężczyzn	396	09:45	00:46:37	<b>02:32:07.35</b>	<b>02:32:07.35</b>	+01:34:39 (62.2%)	15:12	3.9 (37.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
660	<b>GADOWSKI Patryk</b>	<b>2652</b>		Open Mężczyzn	397	09:45	00:48:12	<b>02:32:17.30</b>	<b>02:32:17.30</b>	+01:34:49 (62.3%)	15:13	3.9 (37.5%)
661	<b>KNOT Martyna</b>	<b>2235</b>	PIĘKNI I BESTIE	Open Kobiet	67	09:30	00:52:04	<b>02:32:32.40</b>	<b>02:32:32.40</b>	+01:35:04 (62.3%)	15:15	3.9 (37.5%)
662	<b>KRAWCZYK Karina</b>	<b>3143</b>	SKOŃCZENI OCR	Open Kobiet	68	11:15	00:57:49	<b>02:32:45.35</b>	<b>02:32:45.35</b>	+01:35:17 (62.4%)	15:16	3.9 (37.5%)
663	<b>ZIELIŃSKI Dominik</b>	<b>2686</b>		Open Mężczyzn	398	10:15	00:53:19	<b>02:32:46.00</b>	<b>02:32:46.00</b>	+01:35:18 (62.4%)	15:16	3.9 (37.5%)
664	<b>JASIŃSKA Patrycja</b>	<b>2656</b>		Open Masters Kobiet	19	10:15	00:53:19	<b>02:32:47.60</b>	<b>02:32:47.60</b>	+01:35:19 (62.4%)	15:16	3.9 (37.5%)
665	<b>GÓRNIACZYK Krystian</b>	<b>3142</b>	SKOŃCZENI OCR	Open Mężczyzn	399	11:15	00:57:48	<b>02:32:52.55</b>	<b>02:32:52.55</b>	+01:35:24 (62.4%)	15:17	3.9 (37.5%)
666	<b>GRUSZKIEWICZ Przemysław</b>	<b>3278</b>		Open Mężczyzn	400	11:30	00:43:39	<b>02:33:00.50</b>	<b>02:33:00.50</b>	+01:35:32 (62.4%)	15:18	3.9 (37.5%)
667	<b>TYTOŃ Jakub</b>	<b>2948</b>		Open Mężczyzn	401	10:45	00:46:23	<b>02:33:01.50</b>	<b>02:33:01.50</b>	+01:35:33 (62.4%)	15:18	3.9 (37.5%)
668	<b>BARSUKOVA Daria</b>	<b>3264</b>		Open Kobiet	69	11:30	00:49:17	<b>02:33:09.30</b>	<b>02:33:09.30</b>	+01:35:41 (62.5%)	15:18	3.9 (37.5%)
669	<b>SADŁO Gracjan</b>	<b>3144</b>	SKOŃCZENI OCR	Open Mężczyzn	402	11:15	00:57:49	<b>02:33:13.20</b>	<b>02:33:13.20</b>	+01:35:45 (62.5%)	15:19	3.9 (37.5%)
670	<b>SZPAKOWSKI Jacek</b>	<b>3079</b>		Open Mężczyzn	403	11:00	00:42:30	<b>02:33:16.75</b>	<b>02:33:16.75</b>	+01:35:48 (62.5%)	15:19	3.9 (37.5%)
671	<b>WARDZAŁA Jakub</b>	<b>2547</b>		Open Mężczyzn	404	10:00	00:56:56	<b>02:33:18.70</b>	<b>02:33:18.70</b>	+01:35:50 (62.5%)	15:19	3.9 (37.5%)
672	<b>JANISZEWSKI Grzegorz</b>	<b>2010</b>	DZIADY OCR	Elite Masters Mężczyzn	14	09:00	00:33:20	<b>02:33:47.15</b>	<b>02:33:47.15</b>	+01:36:19 (62.6%)	15:22	3.9 (37.5%)
673	<b>JASKÓŁA Izabela</b>	<b>2778</b>		Open Kobiet	70	10:30	00:58:00	<b>02:33:52.30</b>	<b>02:33:52.30</b>	+01:36:24 (62.7%)	15:23	3.9 (37.5%)
674	<b>JANOWICZ Robert</b>	<b>2227</b>	KRA KARLINO	Open Mężczyzn	405	09:30	00:53:56	<b>02:33:53.25</b>	<b>02:33:53.25</b>	+01:36:25 (62.7%)	15:23	3.9 (37.5%)
675	<b>JASKÓŁA Łukasz</b>	<b>2779</b>		Open Mężczyzn	406	10:30	00:58:00	<b>02:33:54.50</b>	<b>02:33:54.50</b>	+01:36:26 (62.7%)	15:23	3.9 (37.5%)
676	<b>SKÓRKA Dawid</b>	<b>3109</b>	KS OTMĘT KRAPKOWICE RUNMAGEDDON TEAM	Open Mężczyzn	407	11:15	00:57:03	<b>02:33:55.35</b>	<b>02:33:55.35</b>	+01:36:27 (62.7%)	15:23	3.9 (37.5%)
677	<b>SZATKOWSKI Tomasz</b>	<b>3496</b>		Open Mężczyzn	408	09:30	00:53:54	<b>02:33:56.80</b>	<b>02:33:56.80</b>	+01:36:28 (62.7%)	15:23	3.9 (37.5%)
678	<b>SZOŁA Szymon</b>	<b>3009</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	409	11:00	00:54:39	<b>02:33:58.15</b>	<b>02:33:58.15</b>	+01:36:30 (62.7%)	15:23	3.9 (37.5%)
679	<b>CIERNIAK Agata</b>	<b>2647</b>		Open Masters Kobiet	20	10:15	00:56:46	<b>02:34:05.45</b>	<b>02:34:05.45</b>	+01:36:37 (62.7%)	15:24	3.9 (37.5%)
680	<b>WIT Krystian</b>	<b>3011</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	410	11:00	00:54:39	<b>02:34:07.55</b>	<b>02:34:07.55</b>	+01:36:39 (62.7%)	15:24	3.9 (37.5%)
681	<b>PIĄTEK Łukasz</b>	<b>2934</b>		Open Mężczyzn	411	10:45	00:52:03	<b>02:34:18.80</b>	<b>02:34:18.80</b>	+01:36:50 (62.8%)	15:25	3.9 (37.5%)
682	<b>CZAJKOWSKI Sebastian</b>	<b>2590</b>	KOPALNIAKI	Open Masters Mężczyzn	98	10:15	00:55:17	<b>02:34:21.80</b>	<b>02:34:21.80</b>	+01:36:53 (62.8%)	15:26	3.9 (37.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
683	<b>KOSIŃSKI Tomasz</b>	<b>2970</b>	EXTREME WAYS	Open Mężczyzn	412	11:00	00:42:35	<b>02:34:33.00</b>	<b>02:34:33.00</b>	+01:37:05 (62.8%)	15:27	3.9 (37.5%)
684	<b>STRANSPICH Anna</b>	<b>2591</b>	KOPALNIAKI	Open Kobiet	71	10:15	00:55:36	<b>02:34:38.15</b>	<b>02:34:38.15</b>	+01:37:10 (62.8%)	15:27	3.9 (37.5%)
685	<b>KRAKOWIAK Patryk</b>	<b>3262</b>	TGV CLUB	Open Mężczyzn	413	11:30	00:47:46	<b>02:34:39.25</b>	<b>02:34:39.25</b>	+01:37:11 (62.8%)	15:27	3.9 (37.5%)
686	<b>MUSIAŁ Robert</b>	<b>3302</b>		Open Mężczyzn	414	11:30	00:49:59	<b>02:34:40.90</b>	<b>02:34:40.90</b>	+01:37:12 (62.8%)	15:28	3.9 (37.5%)
687	<b>CZERECH Łukasz</b>	<b>2868</b>	RMF4RT GLADIATORS	Open Mężczyzn	415	10:45	00:52:11	<b>02:34:42.80</b>	<b>02:34:42.80</b>	+01:37:14 (62.9%)	15:28	3.9 (37.5%)
688	<b>PRZESŁAŃSKI Mateusz</b>	<b>2846</b>	MIKAMIK CZEWA	Open Masters Mężczyzn	99	10:45	00:42:57	<b>02:34:45.25</b>	<b>02:34:45.25</b>	+01:37:17 (62.9%)	15:28	3.9 (37.5%)
689	<b>BŁĘDOWSKI Michał</b>	<b>3223</b>	BŁĘDOWSCY TEAM	Open Mężczyzn	416	11:30	00:44:27	<b>02:34:59.25</b>	<b>02:34:59.25</b>	+01:37:31 (62.9%)	15:29	3.9 (37.5%)
690	<b>BŁĘDOWSKI Artur</b>	<b>3222</b>	BŁĘDOWSCY TEAM	Open Mężczyzn	417	11:30	00:44:27	<b>02:34:59.45</b>	<b>02:34:59.45</b>	+01:37:31 (62.9%)	15:29	3.9 (37.5%)
690	<b>PAŚ Klaudia</b>	<b>3413</b>		Open Kobiet	72	11:45	00:46:53	<b>02:34:59.45</b>	<b>02:34:59.45</b>	+01:37:31 (62.9%)	15:29	3.9 (37.5%)
692	<b>PIETRUSZKA Artur</b>	<b>3414</b>		Open Mężczyzn	418	11:45	00:47:01	<b>02:34:59.50</b>	<b>02:34:59.50</b>	+01:37:31 (62.9%)	15:29	3.9 (37.5%)
693	<b>ŁOWIGUS Łukasz</b>	<b>2363</b>	POZNAŃ RACE TEAM	Open Mężczyzn	419	09:45	00:50:17	<b>02:35:01.45</b>	<b>02:35:01.45</b>	+01:37:33 (62.9%)	15:30	3.9 (37.5%)
694	<b>GRZELA Sylwester</b>	<b>3280</b>		Open Mężczyzn	420	11:30	00:48:14	<b>02:35:05.55</b>	<b>02:35:05.55</b>	+01:37:37 (62.9%)	15:30	3.9 (37.5%)
695	<b>GRZELA Krystian</b>	<b>3279</b>		Open Mężczyzn	421	11:30	00:48:14	<b>02:35:06.35</b>	<b>02:35:06.35</b>	+01:37:38 (63.0%)	15:30	3.9 (37.5%)
696	<b>DZIDO Zbigniew</b>	<b>2318</b>	HUSARIA RACE TEAM	Open Mężczyzn	422	09:45	00:51:08	<b>02:35:07.95</b>	<b>02:35:07.95</b>	+01:37:40 (63.0%)	15:30	3.9 (37.5%)
697	<b>KRAWCZYK Joanna</b>	<b>2214</b>	HUSARIA RACE TEAM	Open Kobiet	73	09:30	00:50:51	<b>02:35:11.40</b>	<b>02:35:11.40</b>	+01:37:43 (63.0%)	15:31	3.9 (37.5%)
698	<b>POWSIŃSKI Martin</b>	<b>3354</b>	HUSARIA RACE TEAM	Open Mężczyzn	423	11:45	00:46:11	<b>02:35:13.00</b>	<b>02:35:13.00</b>	+01:37:45 (63.0%)	15:31	3.9 (37.5%)
699	<b>BIELECKA Magdalena</b>	<b>3129</b>	RUNMAGEDDON POLICE TEAM BRZEG	Open Masters Kobiet	21	11:15	00:55:29	<b>02:35:20.10</b>	<b>02:35:20.10</b>	+01:37:52 (63.0%)	15:32	3.9 (37.5%)
700	<b>KRUTOF Rafał</b>	<b>3106</b>	KS OTMĘT KRAPKOWICE RUNMAGEDDON TEAM	Open Masters Mężczyzn	100	11:15	00:57:07	<b>02:35:20.75</b>	<b>02:35:20.75</b>	+01:37:52 (63.0%)	15:32	3.9 (37.5%)
701	<b>PILCH Marek</b>	<b>3130</b>	RUNMAGEDDON POLICE TEAM BRZEG	Open Mężczyzn	424	11:15	00:55:32	<b>02:35:20.90</b>	<b>02:35:20.90</b>	+01:37:52 (63.0%)	15:32	3.9 (37.5%)
702	<b>MEDWID Katarzyna</b>	<b>3108</b>	KS OTMĘT KRAPKOWICE RUNMAGEDDON TEAM	Open Masters Kobiet	22	11:15	00:56:52	<b>02:35:21.15</b>	<b>02:35:21.15</b>	+01:37:53 (63.0%)	15:32	3.9 (37.5%)
703	<b>MEDWID Daniel</b>	<b>3107</b>	KS OTMĘT KRAPKOWICE RUNMAGEDDON TEAM	Open Masters Mężczyzn	101	11:15	00:56:58	<b>02:35:21.90</b>	<b>02:35:21.90</b>	+01:37:53 (63.0%)	15:32	3.9 (37.5%)
704	<b>WODKA Dawid</b>	<b>2509</b>	WW TEAM	Open Mężczyzn	425	10:00	00:51:52	<b>02:35:30.00</b>	<b>02:35:30.00</b>	+01:38:02 (63.0%)	15:33	3.9 (37.5%)
705	<b>JANAS Rafał</b>	<b>2462</b>	NINJA LUDKI	Open Mężczyzn	426	10:00	00:51:08	<b>02:35:31.85</b>	<b>02:35:31.85</b>	+01:38:03 (63.1%)	15:33	3.9 (37.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
706	<b>MANIA Piotr</b>	<b>3295</b>		Open Mężczyzn	427	11:30	00:47:57	<b>02:35:49.75</b>	<b>02:35:49.75</b>	+01:38:21 (63.1%)	15:34	3.9 (37.5%)
707	<b>CHERNIAK Artem</b>	<b>2757</b>	SZWARCENEGERY	Open Mężczyzn	428	10:30	00:48:34	<b>02:35:50.60</b>	<b>02:35:50.60</b>	+01:38:22 (63.1%)	15:35	3.9 (37.5%)
708	<b>JAŚKO Sebastian</b>	<b>3284</b>		Open Mężczyzn	429	11:30	00:50:09	<b>02:35:51.85</b>	<b>02:35:51.85</b>	+01:38:23 (63.1%)	15:35	3.8 (36.5%)
709	<b>BRĄCZYK Ewa</b>	<b>2204</b>	HUSARIA RACE TEAM	Open Kobiet	74	09:30	00:53:45	<b>02:35:56.35</b>	<b>02:35:56.35</b>	+01:38:28 (63.1%)	15:35	3.8 (36.5%)
710	<b>BOJAR Jarosław</b>	<b>3268</b>		Open Mężczyzn	430	11:30	00:50:55	<b>02:35:57.15</b>	<b>02:35:57.15</b>	+01:38:29 (63.2%)	15:35	3.8 (36.5%)
711	<b>SKOKOWSKA Anna</b>	<b>3314</b>		Open Kobiet	75	11:30	00:50:55	<b>02:35:58.30</b>	<b>02:35:58.30</b>	+01:38:30 (63.2%)	15:35	3.8 (36.5%)
712	<b>SZYMICZEK Marian</b>	<b>2849</b>	POWER TRAINING	Open Mężczyzn	431	10:45	00:47:15	<b>02:35:58.50</b>	<b>02:35:58.50</b>	+01:38:30 (63.2%)	15:35	3.8 (36.5%)
713	<b>DOMOŃ Piotr</b>	<b>3159</b>		Open Mężczyzn	432	11:15	00:44:25	<b>02:36:03.25</b>	<b>02:36:03.25</b>	+01:38:35 (63.2%)	15:36	3.8 (36.5%)
714	<b>WOLAŃSKI Michał</b>	<b>3335</b>		Open Mężczyzn	433	11:30	00:50:32	<b>02:36:14.65</b>	<b>02:36:14.65</b>	+01:38:46 (63.2%)	15:37	3.8 (36.5%)
715	<b>MUSIAŁ Karol</b>	<b>2228</b>	KTML -> KTMLSPORT.BLOGSPOT.COM	Open Mężczyzn	434	09:30	00:55:37	<b>02:36:14.70</b>	<b>02:36:14.70</b>	+01:38:46 (63.2%)	15:37	3.8 (36.5%)
716	<b>RYŃ-SOBALA Renata</b>	<b>2741</b>	RMF4RT GLADIATORS	Open Masters Kobiet	23	10:30	00:54:52	<b>02:36:22.90</b>	<b>02:36:22.90</b>	+01:38:54 (63.3%)	15:38	3.8 (36.5%)
717	<b>POPŁAWSKI Krystian</b>	<b>2739</b>	RMF4RT GLADIATORS	Open Mężczyzn	435	10:30	00:54:53	<b>02:36:22.95</b>	<b>02:36:22.95</b>	+01:38:55 (63.3%)	15:38	3.8 (36.5%)
718	<b>KOPEĆ Kamil</b>	<b>2737</b>	RMF4RT GLADIATORS	Open Masters Mężczyzn	102	10:30	00:54:52	<b>02:36:23.00</b>	<b>02:36:23.00</b>	+01:38:55 (63.3%)	15:38	3.8 (36.5%)
719	<b>CHORZELEWSKI Michał</b>	<b>2390</b>		Open Mężczyzn	436	09:45	00:58:42	<b>02:36:23.15</b>	<b>02:36:23.15</b>	+01:38:55 (63.3%)	15:38	3.8 (36.5%)
720	<b>HYRA Katarzyna</b>	<b>3045</b>		Open Kobiet	76	11:00	00:53:31	<b>02:36:41.40</b>	<b>02:36:41.40</b>	+01:39:13 (63.3%)	15:40	3.8 (36.5%)
721	<b>PIĄTEK Marek</b>	<b>2277</b>		Open Mężczyzn	437	09:30	00:53:54	<b>02:36:41.50</b>	<b>02:36:41.50</b>	+01:39:13 (63.3%)	15:40	3.8 (36.5%)
722	<b>WERLE Norbert</b>	<b>2198</b>	DIRTY SPARROWS	Open Mężczyzn	438	09:30	00:53:55	<b>02:36:41.60</b>	<b>02:36:41.60</b>	+01:39:13 (63.3%)	15:40	3.8 (36.5%)
723	<b>GADEK-SERWIN Karolina</b>	<b>2880</b>	TOMB RAIDERS	Open Kobiet	77	10:45	01:02:45	<b>02:37:09.90</b>	<b>02:37:09.90</b>	+01:39:41 (63.4%)	15:42	3.8 (36.5%)
724	<b>BARAŃSKA Ania</b>	<b>2879</b>	TOMB RAIDERS	Open Kobiet	78	10:45	01:02:44	<b>02:37:10.00</b>	<b>02:37:10.00</b>	+01:39:42 (63.4%)	15:43	3.8 (36.5%)
725	<b>STRANSPICH Łukasz</b>	<b>2592</b>	KOPALNIAKI	Open Mężczyzn	439	10:15	00:55:42	<b>02:37:12.15</b>	<b>02:37:12.15</b>	+01:39:44 (63.4%)	15:43	3.8 (36.5%)
726	<b>SYKUŁA Maciej</b>	<b>2223</b>	HUSARIA RACE TEAM	Open Mężczyzn	440	09:30	00:46:39	<b>02:37:15.65</b>	<b>02:37:15.65</b>	+01:39:47 (63.5%)	15:43	3.8 (36.5%)
727	<b>KOZŁOWSKA Alicja</b>	<b>3174</b>		Open Masters Kobiet	24	11:15	00:51:40	<b>02:37:20.55</b>	<b>02:37:20.55</b>	+01:39:52 (63.5%)	15:44	3.8 (36.5%)
728	<b>MOL Paweł</b>	<b>2254</b>	SPEED RUNNERS	Open Mężczyzn	441	09:30	00:56:11	<b>02:37:21.60</b>	<b>02:37:21.60</b>	+01:39:53 (63.5%)	15:44	3.8 (36.5%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
729	<b>BEDNARCZYK Sebastian</b>	<b>2512</b>		Open Mężczyzn	442	10:00	00:51:06	<b>02:37:23.10</b>	<b>02:37:23.10</b>	+01:39:55 (63.5%)	15:44	3.8 (36.5%)
730	<b>CERANOWSKI Radosław</b>	<b>2515</b>		Open Mężczyzn	443	10:00	00:52:42	<b>02:37:29.55</b>	<b>02:37:29.55</b>	+01:40:01 (63.5%)	15:44	3.8 (36.5%)
731	<b>SKRZYPCZYŃSKA Agata</b>	<b>2434</b>	CHERRY AND BANANA	Open Kobiet	79	10:00	00:56:59	<b>02:37:30.35</b>	<b>02:37:30.35</b>	+01:40:02 (63.5%)	15:45	3.8 (36.5%)
732	<b>RASEK Jakub</b>	<b>3312</b>		Open Mężczyzn	444	11:30	00:50:08	<b>02:37:32.90</b>	<b>02:37:32.90</b>	+01:40:04 (63.5%)	15:45	3.8 (36.5%)
733	<b>ORZECH Patryk Mateusz</b>	<b>2933</b>		Open Mężczyzn	445	09:30	00:58:02	<b>02:37:34.90</b>	<b>02:37:34.90</b>	+01:40:06 (63.5%)	15:45	3.8 (36.5%)
734	<b>ŁUCZAK Marcin</b>	<b>2025</b>	MUNDUROWY KLUB MOTOROWY RZECZPOSPOLITEJ POLSKI	Open Masters Mężczyzn	103	09:00	00:34:05	<b>02:37:49.55</b>	<b>02:37:49.55</b>	+01:40:21 (63.6%)	15:46	3.8 (36.5%)
735	<b>PRENDOTA Anna</b>	<b>2828</b>	BORSUKI, ANIE, GRZYBY	Open Kobiet	80	10:45	00:50:20	<b>02:37:53.00</b>	<b>02:37:53.00</b>	+01:40:25 (63.6%)	15:47	3.8 (36.5%)
736	<b>PRENDOTA Grzegorz</b>	<b>2829</b>	BORSUKI, ANIE, GRZYBY	Open Mężczyzn	446	10:45	00:50:21	<b>02:37:53.10</b>	<b>02:37:53.10</b>	+01:40:25 (63.6%)	15:47	3.8 (36.5%)
737	<b>PAJĄK Dominik</b>	<b>2827</b>	BORSUKI, ANIE, GRZYBY	Open Masters Mężczyzn	104	10:45	00:50:19	<b>02:37:53.25</b>	<b>02:37:53.25</b>	+01:40:25 (63.6%)	15:47	3.8 (36.5%)
738	<b>CZUBASZEWSKI Kamil</b>	<b>2206</b>	HUSARIA RACE TEAM	Open Mężczyzn	447	10:45	00:50:12	<b>02:37:54.00</b>	<b>02:37:54.00</b>	+01:40:26 (63.6%)	15:47	3.8 (36.5%)
739	<b>WOŹNIAK Konrad</b>	<b>2549</b>		Open Mężczyzn	448	10:00	00:51:54	<b>02:37:54.55</b>	<b>02:37:54.55</b>	+01:40:26 (63.6%)	15:47	3.8 (36.5%)
740	<b>KUŚMIERZ Michał</b>	<b>2994</b>	POMPA	Open Mężczyzn	449	11:00	00:48:26	<b>02:37:58.40</b>	<b>02:37:58.40</b>	+01:40:30 (63.6%)	15:47	3.8 (36.5%)
741	<b>KOSTORZ Tomasz</b>	<b>2993</b>	POMPA	Open Mężczyzn	450	11:00	00:48:29	<b>02:38:00.15</b>	<b>02:38:00.15</b>	+01:40:32 (63.6%)	15:48	3.8 (36.5%)
742	<b>ŚWIATOWIEC Adrian</b>	<b>2375</b>	SRS RATEL	Open Mężczyzn	451	09:45	00:44:44	<b>02:38:04.40</b>	<b>02:38:04.40</b>	+01:40:36 (63.6%)	15:48	3.8 (36.5%)
743	<b>ZALEWSKI Sebastian</b>	<b>3336</b>		Open Mężczyzn	452	11:30	00:50:39	<b>02:38:15.95</b>	<b>02:38:15.95</b>	+01:40:48 (63.7%)	15:49	3.8 (36.5%)
744	<b>JARZYCKI Mateusz</b>	<b>2453</b>	HUSARIA RACE TEAM	Open Mężczyzn	453	10:00	00:51:10	<b>02:38:23.55</b>	<b>02:38:23.55</b>	+01:40:55 (63.7%)	15:50	3.8 (36.5%)
745	<b>JAŚKIEWICZ Krzysztof</b>	<b>2566</b>	CROSSFIT LUBIN	Open Masters Mężczyzn	105	10:15	00:53:17	<b>02:38:28.40</b>	<b>02:38:28.40</b>	+01:41:00 (63.7%)	15:50	3.8 (36.5%)
746	<b>JEDYNAK Mateusz</b>	<b>2658</b>		Open Mężczyzn	454	10:15	00:53:17	<b>02:38:30.00</b>	<b>02:38:30.00</b>	+01:41:02 (63.7%)	15:51	3.8 (36.5%)
747	<b>GOŁĘDZINOWSKI Paweł</b>	<b>2425</b>	#GOLONTEAM	Open Mężczyzn	455	10:15	00:44:33	<b>02:38:31.45</b>	<b>02:38:31.45</b>	+01:41:03 (63.7%)	15:51	3.8 (36.5%)
748	<b>GOTKIEWICZ Arkadiusz</b>	<b>2171</b>	ALPAKA	Open Mężczyzn	456	09:30	00:46:11	<b>02:38:37.10</b>	<b>02:38:37.10</b>	+01:41:09 (63.8%)	15:51	3.8 (36.5%)
749	<b>KUŚMIEREK Tomasz</b>	<b>3060</b>		Open Masters Mężczyzn	106	11:00	00:55:41	<b>02:38:37.35</b>	<b>02:38:37.35</b>	+01:41:09 (63.8%)	15:51	3.8 (36.5%)
750	<b>JESKA Tomasz</b>	<b>2009</b>	DIRTY SPARROWS	Elite Masters Mężczyzn	15	09:00	00:32:56	<b>02:38:38.40</b>	<b>02:38:38.40</b>	+01:41:10 (63.8%)	15:51	3.8 (36.5%)
751	<b>TARAS Michał</b>	<b>2248</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	457	09:30	00:48:40	<b>02:38:48.80</b>	<b>02:38:48.80</b>	+01:41:20 (63.8%)	15:52	3.8 (36.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
752	<b>GOLĘDZINOWSKA Marzena</b>	<b>2424</b>	#GOLONTEAM	Open Kobiet	81	10:15	00:44:26	<b>02:39:03.80</b>	<b>02:39:03.80</b>	+01:41:35 (63.9%)	15:54	3.8 (36.5%)
753	<b>WYCHADAŃCZUK Ewelina</b>	<b>3083</b>		Open Kobiet	82	11:00	00:57:13	<b>02:39:11.40</b>	<b>02:39:11.40</b>	+01:41:43 (63.9%)	15:55	3.8 (36.5%)
754	<b>GAZDA Roman</b>	<b>3040</b>		Open Mężczyzn	458	11:00	00:57:13	<b>02:39:11.50</b>	<b>02:39:11.50</b>	+01:41:43 (63.9%)	15:55	3.8 (36.5%)
755	<b>KUCHARSKI Rafał</b>	<b>3123</b>	PATUS TEAM	Open Mężczyzn	459	11:15	00:54:20	<b>02:39:14.15</b>	<b>02:39:14.15</b>	+01:41:46 (63.9%)	15:55	3.8 (36.5%)
756	<b>ŁĄCZYKOWSKI Sylwester</b>	<b>3177</b>		Open Mężczyzn	460	11:15	00:48:28	<b>02:39:25.35</b>	<b>02:39:25.35</b>	+01:41:57 (64.0%)	15:56	3.8 (36.5%)
757	<b>BORSUKIEWICZ Paweł</b>	<b>3033</b>		Open Mężczyzn	461	11:00	00:58:15	<b>02:39:31.05</b>	<b>02:39:31.05</b>	+01:42:03 (64.0%)	15:57	3.8 (36.5%)
758	<b>ŁUKASIK Bartosz</b>	<b>2326</b>	HUSARIA RACE TEAM	Open Mężczyzn	462	10:00	00:55:58	<b>02:39:37.75</b>	<b>02:39:37.75</b>	+01:42:09 (64.0%)	15:57	3.8 (36.5%)
759	<b>GŁADYSZ Leszek</b>	<b>3163</b>		Open Mężczyzn	463	11:15	01:01:26	<b>02:39:39.05</b>	<b>02:39:39.05</b>	+01:42:11 (64.0%)	15:57	3.8 (36.5%)
760	<b>KULISZEWSKI Maciej</b>	<b>3176</b>		Open Mężczyzn	464	11:15	01:00:57	<b>02:39:39.35</b>	<b>02:39:39.35</b>	+01:42:11 (64.0%)	15:57	3.8 (36.5%)
761	<b>POLAK Michał</b>	<b>3197</b>		Open Mężczyzn	465	11:15	01:01:09	<b>02:39:41.05</b>	<b>02:39:41.05</b>	+01:42:13 (64.0%)	15:58	3.8 (36.5%)
762	<b>WYSOCKA Edyta</b>	<b>3425</b>		Open Kobiet	83	10:15	00:53:31	<b>02:39:43.95</b>	<b>02:39:43.95</b>	+01:42:16 (64.0%)	15:58	3.8 (36.5%)
763	<b>GROBELNY Roger</b>	<b>3146</b>	SPONSOROWANY PRZEZ BEZDOMNEGO	Open Mężczyzn	466	11:15	00:46:41	<b>02:39:49.40</b>	<b>02:39:49.40</b>	+01:42:21 (64.0%)	15:58	3.8 (36.5%)
764	<b>DYBA Mikołaj</b>	<b>3160</b>		Open Mężczyzn	467	11:15	00:46:41	<b>02:39:49.45</b>	<b>02:39:49.45</b>	+01:42:21 (64.0%)	15:58	3.8 (36.5%)
765	<b>KURCZYNA- GŁUSZCZAK Magdalena</b>	<b>3257</b>	RUN4GOLD	Open Kobiet	84	11:30	00:56:59	<b>02:39:54.00</b>	<b>02:39:54.00</b>	+01:42:26 (64.1%)	15:59	3.8 (36.5%)
766	<b>SIEKIERSKA Liwia</b>	<b>2808</b>		Open Kobiet	85	10:30	00:53:41	<b>02:39:54.35</b>	<b>02:39:54.35</b>	+01:42:26 (64.1%)	15:59	3.8 (36.5%)
767	<b>SIEKIERSKA Klaudia</b>	<b>2807</b>		Open Kobiet	86	10:30	00:53:52	<b>02:39:54.95</b>	<b>02:39:54.95</b>	+01:42:27 (64.1%)	15:59	3.8 (36.5%)
768	<b>KRASOŃ Rafał</b>	<b>2738</b>	RMF4RT GLADIATORS	Open Mężczyzn	468	10:30	00:49:30	<b>02:40:01.20</b>	<b>02:40:01.20</b>	+01:42:33 (64.1%)	16:00	3.7 (35.6%)
769	<b>MUCHA Jarosław</b>	<b>2218</b>	HUSARIA RACE TEAM	Open Mężczyzn	469	09:30	00:41:37	<b>02:40:06.15</b>	<b>02:40:06.15</b>	+01:42:38 (64.1%)	16:00	3.7 (35.6%)
770	<b>LIPIECKI Jacek</b>	<b>3451</b>	PRZESZKODOWO.PL	Open Mężczyzn	470	09:45	00:44:18	<b>02:40:06.45</b>	<b>02:40:06.45</b>	+01:42:38 (64.1%)	16:00	3.7 (35.6%)
771	<b>FRONCZAK Agata</b>	<b>2439</b>	HUSARIA RACE TEAM	Open Kobiet	87	10:00	00:52:49	<b>02:40:07.15</b>	<b>02:40:07.15</b>	+01:42:39 (64.1%)	16:00	3.7 (35.6%)
772	<b>JAS Artur</b>	<b>2485</b>	SOCIOS SILESIA	Open Mężczyzn	471	10:00	00:49:28	<b>02:40:10.10</b>	<b>02:40:10.10</b>	+01:42:42 (64.1%)	16:01	3.7 (35.6%)
773	<b>MAJKA Leszek</b>	<b>3386</b>	X-TEAM SPECIAL FORCES	Open Mężczyzn	472	10:15	00:53:32	<b>02:40:12.45</b>	<b>02:40:12.45</b>	+01:42:44 (64.1%)	16:01	3.7 (35.6%)
774	<b>MARCHLEWICZ Mirek</b>	<b>2930</b>		Open Masters Mężczyzn	107	10:45	00:51:34	<b>02:40:24.30</b>	<b>02:40:24.30</b>	+01:42:56 (64.2%)	16:02	3.7 (35.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
775	<b>GRZEŚKA Magnus</b>	<b>3398</b>		Open Mężczyzn	473	11:45	00:57:42	<b>02:40:28.55</b>	<b>02:40:28.55</b>	+01:43:00 (64.2%)	16:02	3.7 (35.6%)
776	<b>LASZCZYK Julia</b>	<b>3347</b>	FABRYKA FORMY BYTOM	Open Kobiet	88	11:45	00:57:40	<b>02:40:29.45</b>	<b>02:40:29.45</b>	+01:43:01 (64.2%)	16:02	3.7 (35.6%)
777	<b>CZECHOWSKI Marcin</b>	<b>3360</b>	PERI SPARTAN TEAM	Open Mężczyzn	474	11:45	01:01:19	<b>02:40:31.30</b>	<b>02:40:31.30</b>	+01:43:03 (64.2%)	16:03	3.7 (35.6%)
778	<b>MIELNICKI Krystian</b>	<b>3192</b>		Open Mężczyzn	475	11:15	00:48:34	<b>02:40:36.45</b>	<b>02:40:36.45</b>	+01:43:08 (64.2%)	16:03	3.7 (35.6%)
779	<b>MIKULA Daria</b>	<b>2595</b>	KULTURA SPORTU - DZIKI Z FREESTYLEPARKU	Open Kobiet	89	10:15	00:52:56	<b>02:40:39.70</b>	<b>02:40:39.70</b>	+01:43:11 (64.2%)	16:03	3.7 (35.6%)
780	<b>KACPRZAK Marcin</b>	<b>2594</b>	KULTURA SPORTU - DZIKI Z FREESTYLEPARKU	Open Masters Mężczyzn	108	10:15	00:52:55	<b>02:40:40.20</b>	<b>02:40:40.20</b>	+01:43:12 (64.2%)	16:04	3.7 (35.6%)
781	<b>BIENIEK Natalia</b>	<b>2746</b>	SOCIOS SILESIA	Open Kobiet	90	10:30	00:51:37	<b>02:40:44.65</b>	<b>02:40:44.65</b>	+01:43:16 (64.3%)	16:04	3.7 (35.6%)
782	<b>MACIEJEWSKI Łukasz</b>	<b>2749</b>	SOCIOS SILESIA	Open Mężczyzn	476	10:30	00:51:42	<b>02:40:44.75</b>	<b>02:40:44.75</b>	+01:43:16 (64.3%)	16:04	3.7 (35.6%)
783	<b>ILOWSKA-REMBARZ Karolina</b>	<b>2555</b>	BARNABAS TEAM	Open Kobiet	91	10:15	00:55:17	<b>02:41:00.30</b>	<b>02:41:00.30</b>	+01:43:32 (64.3%)	16:06	3.7 (35.6%)
784	<b>REMBARZ Łukasz</b>	<b>2556</b>	BARNABAS TEAM	Open Masters Mężczyzn	109	10:15	00:54:18	<b>02:41:00.80</b>	<b>02:41:00.80</b>	+01:43:32 (64.3%)	16:06	3.7 (35.6%)
785	<b>DOBOSZ Monika</b>	<b>3351</b>	HARPAGAN BEAST	Open Kobiet	92	11:45	00:57:11	<b>02:41:01.05</b>	<b>02:41:01.05</b>	+01:43:33 (64.3%)	16:06	3.7 (35.6%)
786	<b>DULIAN Anna</b>	<b>3392</b>		Open Kobiet	93	11:45	00:57:12	<b>02:41:01.25</b>	<b>02:41:01.25</b>	+01:43:33 (64.3%)	16:06	3.7 (35.6%)
787	<b>ŁAKOMIEC Karolina</b>	<b>3406</b>		Open Kobiet	94	11:45	00:57:14	<b>02:41:01.55</b>	<b>02:41:01.55</b>	+01:43:33 (64.3%)	16:06	3.7 (35.6%)
788	<b>DZIURDZIA Daniel</b>	<b>3276</b>		Open Mężczyzn	477	11:30	00:54:30	<b>02:41:03.60</b>	<b>02:41:03.60</b>	+01:43:35 (64.3%)	16:06	3.7 (35.6%)
789	<b>OFIERSKI Krzysztof</b>	<b>2553</b>	#NDGTEAM	Open Mężczyzn	478	10:15	00:51:44	<b>02:41:03.75</b>	<b>02:41:03.75</b>	+01:43:35 (64.3%)	16:06	3.7 (35.6%)
790	<b>CZEBOTAR Paula</b>	<b>2758</b>	SZWARCENEGERY	Open Kobiet	95	10:30	00:48:34	<b>02:41:04.45</b>	<b>02:41:04.45</b>	+01:43:36 (64.3%)	16:06	3.7 (35.6%)
791	<b>KLESZCZ Marcin</b>	<b>2551</b>	#NDGTEAM	Open Mężczyzn	479	10:15	00:51:51	<b>02:41:06.30</b>	<b>02:41:06.30</b>	+01:43:38 (64.3%)	16:06	3.7 (35.6%)
792	<b>SORBJAN Kamil</b>	<b>3317</b>		Open Mężczyzn	480	11:30	00:54:31	<b>02:41:07.20</b>	<b>02:41:07.20</b>	+01:43:39 (64.3%)	16:06	3.7 (35.6%)
793	<b>PŁOSAJ Przemysław</b>	<b>2804</b>		Open Mężczyzn	481	10:30	00:49:02	<b>02:41:21.05</b>	<b>02:41:21.05</b>	+01:43:53 (64.4%)	16:08	3.7 (35.6%)
794	<b>MALISZEWSKA Agnieszka</b>	<b>2360</b>	OUTDOOR TRAINING	Open Masters Kobiet	25	09:45	01:10:38	<b>02:41:21.95</b>	<b>02:41:21.95</b>	+01:43:54 (64.4%)	16:08	3.7 (35.6%)
795	<b>PŁOSAJ Kamila</b>	<b>2803</b>		Open Kobiet	96	10:30	00:49:13	<b>02:41:23.60</b>	<b>02:41:23.60</b>	+01:43:55 (64.4%)	16:08	3.7 (35.6%)
796	<b>OSTAFIN Adam</b>	<b>2274</b>		Open Mężczyzn	482	09:30	00:49:18	<b>02:41:28.25</b>	<b>02:41:28.25</b>	+01:44:00 (64.4%)	16:08	3.7 (35.6%)
797	<b>PONTUS Piotr</b>	<b>3073</b>		Open Mężczyzn	483	11:00	00:40:52	<b>02:41:44.75</b>	<b>02:41:44.75</b>	+01:44:16 (64.5%)	16:10	3.7 (35.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
798	<b>GRALEC Dariusz</b>	<b>2456</b>	I NEVER TURN BACK	Open Masters Mężczyzn	110	10:00	00:44:57	<b>02:41:51.65</b>	<b>02:41:51.65</b>	+01:44:23 (64.5%)	16:11	3.7 (35.6%)
799	<b>OLSZAK Agnieszka</b>	<b>2447</b>	HUSARIA RACE TEAM	Open Kobiet	97	10:00	00:52:51	<b>02:41:56.85</b>	<b>02:41:56.85</b>	+01:44:28 (64.5%)	16:11	3.7 (35.6%)
800	<b>HEREDA Tomasz</b>	<b>2630</b>	TUPTAJACY ZWIERZYNIEC TEAM	Open Mężczyzn	484	09:30	00:53:37	<b>02:42:00.10</b>	<b>02:42:00.10</b>	+01:44:32 (64.5%)	16:12	3.7 (35.6%)
801	<b>PORĘBSKI Jarosław</b>	<b>3198</b>		Open Mężczyzn	485	11:15	01:00:09	<b>02:42:03.85</b>	<b>02:42:03.85</b>	+01:44:35 (64.5%)	16:12	3.7 (35.6%)
802	<b>RUDZIŃSKI Radosław</b>	<b>3220</b>	BIAŁOGARD RUN	Open Mężczyzn	486	11:30	00:56:36	<b>02:42:04.00</b>	<b>02:42:04.00</b>	+01:44:36 (64.5%)	16:12	3.7 (35.6%)
803	<b>KARCZ Paweł</b>	<b>3171</b>		Open Mężczyzn	487	11:15	01:00:08	<b>02:42:05.20</b>	<b>02:42:05.20</b>	+01:44:37 (64.5%)	16:12	3.7 (35.6%)
804	<b>BOSZKO Dominik</b>	<b>3218</b>	BIAŁOGARD RUN	Open Mężczyzn	488	11:30	00:56:35	<b>02:42:05.75</b>	<b>02:42:05.75</b>	+01:44:37 (64.5%)	16:12	3.7 (35.6%)
805	<b>KNOPIK Łukasz</b>	<b>2821</b>	#BLUES BROTHERS#	Open Masters Mężczyzn	111	10:45	00:57:53	<b>02:42:08.40</b>	<b>02:42:08.40</b>	+01:44:40 (64.6%)	16:12	3.7 (35.6%)
806	<b>RUDZIŃSKA Marlena</b>	<b>3219</b>	BIAŁOGARD RUN	Open Kobiet	98	11:30	00:56:39	<b>02:42:10.75</b>	<b>02:42:10.75</b>	+01:44:42 (64.6%)	16:13	3.7 (35.6%)
807	<b>DUKAT Sandra</b>	<b>3114</b>	LEMON TEAM	Open Kobiet	99	11:15	00:57:05	<b>02:42:12.15</b>	<b>02:42:12.15</b>	+01:44:44 (64.6%)	16:13	3.7 (35.6%)
808	<b>FRĄCKOWIAK Kinga</b>	<b>3121</b>	PATUS TEAM	Open Kobiet	100	11:15	00:54:21	<b>02:42:12.70</b>	<b>02:42:12.70</b>	+01:44:44 (64.6%)	16:13	3.7 (35.6%)
809	<b>ZARĘBA Justyna</b>	<b>2755</b>	SPORTERA OCR	Open Kobiet	101	10:30	01:04:01	<b>02:42:13.00</b>	<b>02:42:13.00</b>	+01:44:45 (64.6%)	16:13	3.7 (35.6%)
810	<b>WAŻNY Mateusz</b>	<b>2684</b>		Open Mężczyzn	489	09:30	00:53:37	<b>02:42:15.10</b>	<b>02:42:15.10</b>	+01:44:47 (64.6%)	16:13	3.7 (35.6%)
811	<b>CŁAPA Mateusz</b>	<b>3156</b>		Open Mężczyzn	490	11:15	00:46:35	<b>02:42:16.65</b>	<b>02:42:16.65</b>	+01:44:48 (64.6%)	16:13	3.7 (35.6%)
812	<b>KUNICKI Robert</b>	<b>2175</b>	ANIELSKI ORSZAK	Open Masters Mężczyzn	112	09:30	00:58:22	<b>02:42:17.30</b>	<b>02:42:17.30</b>	+01:44:49 (64.6%)	16:13	3.7 (35.6%)
813	<b>JAGIELUK Jurand</b>	<b>2174</b>	ANIELSKI ORSZAK	Open Masters Mężczyzn	113	09:30	00:58:20	<b>02:42:17.40</b>	<b>02:42:17.40</b>	+01:44:49 (64.6%)	16:13	3.7 (35.6%)
814	<b>BŁASZKIEWICZ Paulina</b>	<b>3267</b>		Open Kobiet	102	11:30	00:53:54	<b>02:42:21.45</b>	<b>02:42:21.45</b>	+01:44:53 (64.6%)	16:14	3.7 (35.6%)
815	<b>ZYCH Zbyszek</b>	<b>3093</b>	CARBON OCR RACING TEAM	Open Masters Mężczyzn	114	11:15	00:39:21	<b>02:42:23.05</b>	<b>02:42:23.05</b>	+01:44:55 (64.6%)	16:14	3.7 (35.6%)
816	<b>RADWAŃSKI Patryk</b>	<b>3244</b>	MOMO TEAM	Open Mężczyzn	491	11:30	00:52:03	<b>02:42:23.70</b>	<b>02:42:23.70</b>	+01:44:55 (64.6%)	16:14	3.7 (35.6%)
817	<b>SIEKIERSKI Tomasz</b>	<b>2809</b>		Open Masters Mężczyzn	115	10:30	00:53:38	<b>02:42:26.10</b>	<b>02:42:26.10</b>	+01:44:58 (64.6%)	16:14	3.7 (35.6%)
818	<b>PIONTEK Krzysztof</b>	<b>2489</b>	SOCIOS SILESIA	Open Masters Mężczyzn	116	10:00	00:49:33	<b>02:42:47.60</b>	<b>02:42:47.60</b>	+01:45:19 (64.7%)	16:16	3.7 (35.6%)
819	<b>POLAK Dawid</b>	<b>2971</b>	GRINGOS	Open Mężczyzn	492	11:00	00:54:00	<b>02:42:59.90</b>	<b>02:42:59.90</b>	+01:45:31 (64.7%)	16:17	3.7 (35.6%)
820	<b>KORDEK Dawid</b>	<b>3122</b>	PATUS TEAM	Open Mężczyzn	493	11:15	00:54:20	<b>02:43:01.20</b>	<b>02:43:01.20</b>	+01:45:33 (64.7%)	16:18	3.7 (35.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
821	<b>SZCZĘCH Damian</b>	<b>3484</b>		Open Mężczyzn	494	09:30	00:52:32	<b>02:43:02.15</b>	<b>02:43:02.15</b>	+01:45:34 (64.8%)	16:18	3.7 (35.6%)
822	<b>JAS Mariusz</b>	<b>2486</b>	SOCIOS SILESIA	Open Mężczyzn	495	10:00	00:49:28	<b>02:43:02.80</b>	<b>02:43:02.80</b>	+01:45:34 (64.8%)	16:18	3.7 (35.6%)
823	<b>KĘDZIA Przemysław</b>	<b>2172</b>	ALPAKA	Open Mężczyzn	496	09:30	00:46:11	<b>02:43:14.80</b>	<b>02:43:14.80</b>	+01:45:46 (64.8%)	16:19	3.7 (35.6%)
824	<b>SZYROKI Henryk</b>	<b>2490</b>	SOCIOS SILESIA	Open Masters Mężczyzn	117	10:00	00:53:39	<b>02:43:30.30</b>	<b>02:43:30.30</b>	+01:46:02 (64.9%)	16:21	3.7 (35.6%)
824	<b>REGUŁA Małgorzata</b>	<b>2533</b>		Open Kobiet	103	10:00	00:54:02	<b>02:43:30.30</b>	<b>02:43:30.30</b>	+01:46:02 (64.9%)	16:21	3.7 (35.6%)
826	<b>MOŁDRZYK Kinga</b>	<b>2487</b>	SOCIOS SILESIA	Open Kobiet	104	10:00	00:54:01	<b>02:43:30.90</b>	<b>02:43:30.90</b>	+01:46:02 (64.9%)	16:21	3.7 (35.6%)
826	<b>REGUŁA Zbigniew</b>	<b>2534</b>		Open Mężczyzn	497	10:00	00:54:03	<b>02:43:30.90</b>	<b>02:43:30.90</b>	+01:46:02 (64.9%)	16:21	3.7 (35.6%)
828	<b>PAŁAŻY Nina</b>	<b>2488</b>	SOCIOS SILESIA	Open Kobiet	105	10:00	00:54:03	<b>02:43:31.10</b>	<b>02:43:31.10</b>	+01:46:03 (64.9%)	16:21	3.7 (35.6%)
829	<b>BORCHERT Marcin</b>	<b>2483</b>	SOCIOS SILESIA	Open Mężczyzn	498	10:00	00:53:57	<b>02:43:31.30</b>	<b>02:43:31.30</b>	+01:46:03 (64.9%)	16:21	3.7 (35.6%)
830	<b>TRYBUŚ Kamil</b>	<b>2291</b>		Open Mężczyzn	499	09:30	00:54:28	<b>02:44:15.65</b>	<b>02:44:15.65</b>	+01:46:47 (65.0%)	16:25	3.7 (35.6%)
831	<b>STELMACH Grzegorz</b>	<b>3208</b>		Open Mężczyzn	500	11:15	00:39:24	<b>02:44:16.35</b>	<b>02:44:16.35</b>	+01:46:48 (65.0%)	16:25	3.7 (35.6%)
832	<b>KRASKA Justyna</b>	<b>2348</b>	MODZAJTO	Open Kobiet	106	09:45	00:59:13	<b>02:44:18.20</b>	<b>02:44:18.20</b>	+01:46:50 (65.0%)	16:25	3.7 (35.6%)
833	<b>PAZIKOWSKI Robert</b>	<b>2349</b>	MODZAJTO	Open Mężczyzn	501	09:45	00:59:13	<b>02:44:19.10</b>	<b>02:44:19.10</b>	+01:46:51 (65.0%)	16:25	3.7 (35.6%)
834	<b>IGNACIUK Jacek</b>	<b>2593</b>	KULTURA SPORTU - DZIKI Z FREESTYLEPARKU	Open Masters Mężczyzn	118	10:15	00:52:55	<b>02:44:31.25</b>	<b>02:44:31.25</b>	+01:47:03 (65.1%)	16:27	3.6 (34.6%)
835	<b>OWCZAREK Grzegorz</b>	<b>2596</b>	KULTURA SPORTU - DZIKI Z FREESTYLEPARKU	Open Masters Mężczyzn	119	10:15	00:52:57	<b>02:44:31.80</b>	<b>02:44:31.80</b>	+01:47:03 (65.1%)	16:27	3.6 (34.6%)
836	<b>TUROWSKA Anna</b>	<b>2947</b>		Open Kobiet	107	10:45	00:55:21	<b>02:44:41.75</b>	<b>02:44:41.75</b>	+01:47:13 (65.1%)	16:28	3.6 (34.6%)
837	<b>JANISZEWSKA Katarzyna</b>	<b>3283</b>		Open Masters Kobiet	26	11:30	00:59:37	<b>02:44:43.95</b>	<b>02:44:43.95</b>	+01:47:16 (65.1%)	16:28	3.6 (34.6%)
838	<b>ZGARDOWSKI Mateusz</b>	<b>3337</b>		Open Mężczyzn	502	11:30	00:59:38	<b>02:44:44.75</b>	<b>02:44:44.75</b>	+01:47:16 (65.1%)	16:28	3.6 (34.6%)
839	<b>PACEK Cezary</b>	<b>2830</b>	CROSS HEROES - OGIEŃ!	Open Mężczyzn	503	10:45	00:55:21	<b>02:44:45.35</b>	<b>02:44:45.35</b>	+01:47:17 (65.1%)	16:28	3.6 (34.6%)
840	<b>HAĆ Łukasz</b>	<b>3167</b>		Open Mężczyzn	504	11:15	00:46:56	<b>02:44:53.30</b>	<b>02:44:53.30</b>	+01:47:25 (65.1%)	16:29	3.6 (34.6%)
841	<b>SOBCZYK Sabina</b>	<b>2222</b>	HUSARIA RACE TEAM	Open Kobiet	108	09:30	00:52:27	<b>02:44:54.90</b>	<b>02:44:54.90</b>	+01:47:26 (65.2%)	16:29	3.6 (34.6%)
842	<b>POŚNIK Jan</b>	<b>3199</b>		Open Mężczyzn	505	09:30	00:52:27	<b>02:44:55.20</b>	<b>02:44:55.20</b>	+01:47:27 (65.2%)	16:29	3.6 (34.6%)
843	<b>GARBACKI Maciej</b>	<b>2718</b>	MAŁE DZIKI	Open Mężczyzn	506	10:30	00:48:35	<b>02:44:57.25</b>	<b>02:44:57.25</b>	+01:47:29 (65.2%)	16:29	3.6 (34.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
844	<b>GRABEK Maciej</b>	<b>3226</b>	FABRYKA FORMY GORZÓW WLKP.	Open Mężczyzn	507	11:30	00:52:11	<b>02:45:11.50</b>	<b>02:45:11.50</b>	+01:47:43 (65.2%)	16:31	3.6 (34.6%)
845	<b>CZAJKOWSKI Andrzej</b>	<b>2760</b>	TIIMBO	Open Mężczyzn	508	10:30	01:05:38	<b>02:45:11.75</b>	<b>02:45:11.75</b>	+01:47:43 (65.2%)	16:31	3.6 (34.6%)
846	<b>PAWLIKOWSKA Zuzanna</b>	<b>2752</b>	SPORTERA OCR	Open Kobiet	109	10:30	00:54:36	<b>02:45:14.40</b>	<b>02:45:14.40</b>	+01:47:46 (65.2%)	16:31	3.6 (34.6%)
847	<b>ŚLĘCZKOWSKI Błażej</b>	<b>2753</b>	SPORTERA OCR	Open Mężczyzn	509	10:30	00:55:13	<b>02:45:14.60</b>	<b>02:45:14.60</b>	+01:47:46 (65.2%)	16:31	3.6 (34.6%)
848	<b>SPYCHALSKA Justyna</b>	<b>2754</b>	SPORTERA OCR	Open Kobiet	110	10:30	00:54:13	<b>02:45:14.65</b>	<b>02:45:14.65</b>	+01:47:46 (65.2%)	16:31	3.6 (34.6%)
849	<b>CZAJKA Grzegorz</b>	<b>3157</b>		Open Mężczyzn	510	11:15	00:46:58	<b>02:45:24.90</b>	<b>02:45:24.90</b>	+01:47:56 (65.3%)	16:32	3.6 (34.6%)
850	<b>CHWALISZ Anna</b>	<b>2142</b>	FABRYKA FORMY GORZÓW WLKP.	Open Kobiet	111	11:30	00:52:18	<b>02:45:25.05</b>	<b>02:45:25.05</b>	+01:47:57 (65.3%)	16:32	3.6 (34.6%)
851	<b>BOGDAŁ Michał</b>	<b>2751</b>	SPINKI I DRABINKI	Open Mężczyzn	511	10:30	00:47:05	<b>02:45:29.10</b>	<b>02:45:29.10</b>	+01:48:01 (65.3%)	16:32	3.6 (34.6%)
852	<b>MAJWALD Marcela</b>	<b>3183</b>		Open Kobiet	112	11:15	00:56:31	<b>02:45:29.20</b>	<b>02:45:29.20</b>	+01:48:01 (65.3%)	16:32	3.6 (34.6%)
853	<b>BOGDAŁ Adam</b>	<b>2750</b>	SPINKI I DRABINKI	Open Mężczyzn	512	10:30	00:47:05	<b>02:45:29.25</b>	<b>02:45:29.25</b>	+01:48:01 (65.3%)	16:32	3.6 (34.6%)
854	<b>SZATKOWSKI Kamil</b>	<b>2283</b>		Open Mężczyzn	513	09:30	00:45:06	<b>02:45:35.65</b>	<b>02:45:35.65</b>	+01:48:07 (65.3%)	16:33	3.6 (34.6%)
855	<b>BUDNER Justyna</b>	<b>3153</b>		Open Kobiet	113	11:15	00:53:32	<b>02:45:40.65</b>	<b>02:45:40.65</b>	+01:48:12 (65.3%)	16:34	3.6 (34.6%)
856	<b>BAK Piotr</b>	<b>3151</b>		Open Mężczyzn	514	11:15	00:53:32	<b>02:45:41.85</b>	<b>02:45:41.85</b>	+01:48:13 (65.3%)	16:34	3.6 (34.6%)
857	<b>WIDUTO Andrzej</b>	<b>2571</b>	ELECTROLUX ŚWIDNICA	Open Mężczyzn	515	10:15	01:00:56	<b>02:45:52.65</b>	<b>02:45:52.65</b>	+01:48:24 (65.4%)	16:35	3.6 (34.6%)
858	<b>ZARZECZNY Marcin</b>	<b>2715</b>	HUSARIA RACE TEAM	Open Mężczyzn	516	10:30	00:45:16	<b>02:45:58.55</b>	<b>02:45:58.55</b>	+01:48:30 (65.4%)	16:35	3.6 (34.6%)
859	<b>PAPROCKI Bartłomiej</b>	<b>2674</b>		Open Masters Mężczyzn	120	10:15	00:44:45	<b>02:46:06.45</b>	<b>02:46:06.45</b>	+01:48:38 (65.4%)	16:36	3.6 (34.6%)
860	<b>OGRODOWCZYK Krzysztof</b>	<b>2404</b>		Open Mężczyzn	517	09:45	00:55:39	<b>02:46:06.80</b>	<b>02:46:06.80</b>	+01:48:38 (65.4%)	16:36	3.6 (34.6%)
861	<b>KRÓLAK Kornel</b>	<b>2531</b>		Open Mężczyzn	518	09:45	00:55:38	<b>02:46:11.00</b>	<b>02:46:11.00</b>	+01:48:43 (65.4%)	16:37	3.6 (34.6%)
862	<b>KOZŁOWSKI Dawid</b>	<b>2600</b>	NIE W SZCZEPIONKĘ TEAM	Open Mężczyzn	519	10:00	00:42:54	<b>02:46:15.45</b>	<b>02:46:15.45</b>	+01:48:47 (65.4%)	16:37	3.6 (34.6%)
863	<b>OTOMAŃSKI Daniel</b>	<b>2798</b>		Open Mężczyzn	520	10:30	00:53:57	<b>02:46:20.20</b>	<b>02:46:20.20</b>	+01:48:52 (65.5%)	16:38	3.6 (34.6%)
864	<b>TROJANOWSKA Dominika</b>	<b>3328</b>		Open Kobiet	114	11:30	00:58:35	<b>02:46:22.75</b>	<b>02:46:22.75</b>	+01:48:54 (65.5%)	16:38	3.6 (34.6%)
865	<b>MRÓWCZYŃSKI Paweł</b>	<b>3301</b>		Open Mężczyzn	521	11:30	00:58:36	<b>02:46:23.95</b>	<b>02:46:23.95</b>	+01:48:56 (65.5%)	16:38	3.6 (34.6%)
866	<b>DWORNICZAK Tomasz</b>	<b>2748</b>	SOCIOS SILESIA	Open Mężczyzn	522	10:30	00:52:02	<b>02:46:29.15</b>	<b>02:46:29.15</b>	+01:49:01 (65.5%)	16:38	3.6 (34.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
867	<b>WIĘCEK Urszula</b>	<b>3333</b>		Open Kobiet	115	11:30	00:58:35	<b>02:46:30.40</b>	<b>02:46:30.40</b>	+01:49:02 (65.5%)	16:39	3.6 (34.6%)
868	<b>TARNOWSKA Dorota</b>	<b>2554</b>	#NDGTEAM	Open Kobiet	116	10:15	00:51:47	<b>02:46:30.50</b>	<b>02:46:30.50</b>	+01:49:02 (65.5%)	16:39	3.6 (34.6%)
869	<b>SULSKI Łukasz</b>	<b>2692</b>	EKO-OKNA RUNNERS	Open Mężczyzn	523	10:30	01:02:57	<b>02:46:51.60</b>	<b>02:46:51.60</b>	+01:49:23 (65.6%)	16:41	3.6 (34.6%)
870	<b>CZARNOTA Grzegorz</b>	<b>2648</b>		Open Mężczyzn	524	10:15	00:45:47	<b>02:46:53.40</b>	<b>02:46:53.40</b>	+01:49:25 (65.6%)	16:41	3.6 (34.6%)
871	<b>IWANOWSKI Kamil</b>	<b>2655</b>		Open Mężczyzn	525	10:15	00:45:53	<b>02:46:54.05</b>	<b>02:46:54.05</b>	+01:49:26 (65.6%)	16:41	3.6 (34.6%)
872	<b>METELSKA Justyna</b>	<b>3187</b>		Open Kobiet	117	11:15	00:57:29	<b>02:46:55.65</b>	<b>02:46:55.65</b>	+01:49:27 (65.6%)	16:41	3.6 (34.6%)
873	<b>METELSKA Paulina</b>	<b>3189</b>		Open Kobiet	118	11:15	00:57:27	<b>02:46:55.90</b>	<b>02:46:55.90</b>	+01:49:27 (65.6%)	16:41	3.6 (34.6%)
874	<b>METELSKA Karolina</b>	<b>3188</b>		Open Kobiet	119	11:15	00:57:26	<b>02:46:56.00</b>	<b>02:46:56.00</b>	+01:49:28 (65.6%)	16:41	3.6 (34.6%)
875	<b>SZEWCZYK Katarzyna</b>	<b>2144</b>		Open Masters Kobiet	27	11:45	00:55:51	<b>02:47:20.30</b>	<b>02:47:20.30</b>	+01:49:52 (65.7%)	16:44	3.6 (34.6%)
876	<b>SURDACKA Edyta</b>	<b>2145</b>		Open Kobiet	120	11:45	00:55:52	<b>02:47:20.75</b>	<b>02:47:20.75</b>	+01:49:52 (65.7%)	16:44	3.6 (34.6%)
877	<b>HAN Kamilla</b>	<b>2368</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	121	09:45	00:59:28	<b>02:47:21.75</b>	<b>02:47:21.75</b>	+01:49:53 (65.7%)	16:44	3.6 (34.6%)
878	<b>JAGLIŃSKI Rafał</b>	<b>2369</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	526	09:45	00:59:28	<b>02:47:22.15</b>	<b>02:47:22.15</b>	+01:49:54 (65.7%)	16:44	3.6 (34.6%)
879	<b>NOWAK Łukasz</b>	<b>3096</b>	FF RED TEAM	Open Mężczyzn	527	11:15	00:56:21	<b>02:47:31.40</b>	<b>02:47:31.40</b>	+01:50:03 (65.7%)	16:45	3.6 (34.6%)
880	<b>STOLARCZYK Jarosław</b>	<b>3076</b>		Open Mężczyzn	528	11:00	00:55:16	<b>02:47:32.50</b>	<b>02:47:32.50</b>	+01:50:04 (65.7%)	16:45	3.6 (34.6%)
881	<b>MAJWALD Janusz</b>	<b>3182</b>		Open Masters Mężczyzn	121	11:15	00:56:30	<b>02:47:34.50</b>	<b>02:47:34.50</b>	+01:50:06 (65.7%)	16:45	3.6 (34.6%)
882	<b>SZWUGIER Radosław</b>	<b>3324</b>		Open Mężczyzn	529	11:30	00:53:14	<b>02:47:35.55</b>	<b>02:47:35.55</b>	+01:50:07 (65.7%)	16:45	3.6 (34.6%)
883	<b>JURKOW Paweł</b>	<b>3169</b>		Open Mężczyzn	530	11:15	00:59:35	<b>02:47:38.35</b>	<b>02:47:38.35</b>	+01:50:10 (65.7%)	16:45	3.6 (34.6%)
884	<b>BURDZY Magdalena</b>	<b>3154</b>		Open Kobiet	122	11:15	00:59:38	<b>02:47:38.70</b>	<b>02:47:38.70</b>	+01:50:10 (65.7%)	16:45	3.6 (34.6%)
885	<b>KRYSTOFIAK Damian</b>	<b>2442</b>	HUSARIA RACE TEAM	Open Mężczyzn	531	10:00	00:52:56	<b>02:47:39.55</b>	<b>02:47:39.55</b>	+01:50:11 (65.7%)	16:45	3.6 (34.6%)
886	<b>JANCZEWSKI Marcin</b>	<b>2440</b>	HUSARIA RACE TEAM	Open Mężczyzn	532	10:00	00:53:06	<b>02:47:39.70</b>	<b>02:47:39.70</b>	+01:50:11 (65.7%)	16:45	3.6 (34.6%)
887	<b>TAPEREK Mariusz</b>	<b>2455</b>	HUSARIA RACE TEAM	Open Masters Mężczyzn	122	10:00	00:53:06	<b>02:47:39.95</b>	<b>02:47:39.95</b>	+01:50:12 (65.7%)	16:45	3.6 (34.6%)
887	<b>WITKOWSKA Anna</b>	<b>2505</b>	UNDER ARMOUR	Open Kobiet	123	10:00	00:52:45	<b>02:47:39.95</b>	<b>02:47:39.95</b>	+01:50:12 (65.7%)	16:45	3.6 (34.6%)
889	<b>WITKOWSKI Paweł</b>	<b>2506</b>	UNDER ARMOUR	Open Mężczyzn	533	10:00	00:52:45	<b>02:47:40.10</b>	<b>02:47:40.10</b>	+01:50:12 (65.7%)	16:46	3.6 (34.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
890	<b>ABRAMCZYK Marta</b>	<b>2437</b>	HUSARIA RACE TEAM	Open Kobiet	124	10:00	00:53:01	<b>02:47:40.30</b>	<b>02:47:40.30</b>	+01:50:12 (65.7%)	16:46	3.6 (34.6%)
891	<b>DOMAN Łukasz</b>	<b>2484</b>	SOCIOS SILESIA	Open Masters Mężczyzn	123	10:00	00:53:59	<b>02:47:44.25</b>	<b>02:47:44.25</b>	+01:50:16 (65.7%)	16:46	3.6 (34.6%)
892	<b>KISIELEWSKI Rafal</b>	<b>3173</b>		Open Masters Mężczyzn	124	11:15	00:59:40	<b>02:47:50.65</b>	<b>02:47:50.65</b>	+01:50:22 (65.8%)	16:47	3.6 (34.6%)
893	<b>ŚWIĘCH Rafał</b>	<b>3322</b>		Open Masters Mężczyzn	125	11:30	00:57:21	<b>02:47:53.00</b>	<b>02:47:53.00</b>	+01:50:25 (65.8%)	16:47	3.6 (34.6%)
894	<b>ŚWIĘCH Michał</b>	<b>3321</b>		Open Mężczyzn	534	11:30	00:57:22	<b>02:47:53.80</b>	<b>02:47:53.80</b>	+01:50:25 (65.8%)	16:47	3.6 (34.6%)
895	<b>ŚWIĘCICKI Mateusz</b>	<b>3418</b>		Open Mężczyzn	535	11:45	00:50:36	<b>02:47:54.15</b>	<b>02:47:54.15</b>	+01:50:26 (65.8%)	16:47	3.6 (34.6%)
896	<b>MIROWICZ Tomasz</b>	<b>2570</b>	ELECTROLUX ŚWIDNICA	Open Mężczyzn	536	10:15	00:46:39	<b>02:48:05.25</b>	<b>02:48:05.25</b>	+01:50:37 (65.8%)	16:48	3.6 (34.6%)
897	<b>WOŹNIAK Joanna</b>	<b>2089</b>	HUSARIA RACE TEAM	Elite Kobiet	10	09:15	00:33:30	<b>02:48:12.85</b>	<b>02:48:12.85</b>	+01:50:44 (65.8%)	16:49	3.6 (34.6%)
898	<b>RAPIOR Piotr</b>	<b>2150</b>		Open Mężczyzn	537	12:00	01:07:42	<b>02:48:24.40</b>	<b>02:48:24.40</b>	+01:50:56 (65.9%)	16:50	3.6 (34.6%)
899	<b>RUCZEWSKA Klaudia</b>	<b>2339</b>	LUDKI JAGÓDKI	Open Kobiet	125	09:45	01:01:47	<b>02:48:25.80</b>	<b>02:48:25.80</b>	+01:50:57 (65.9%)	16:50	3.6 (34.6%)
900	<b>WEBER Patryk</b>	<b>2341</b>	LUDKI JAGÓDKI	Open Mężczyzn	538	09:45	01:01:48	<b>02:48:27.00</b>	<b>02:48:27.00</b>	+01:50:59 (65.9%)	16:50	3.6 (34.6%)
901	<b>WEBER Jakub</b>	<b>2340</b>	LUDKI JAGÓDKI	Open Mężczyzn	539	09:45	01:01:49	<b>02:48:28.30</b>	<b>02:48:28.30</b>	+01:51:00 (65.9%)	16:50	3.6 (34.6%)
902	<b>SZWED Marek</b>	<b>3097</b>	FF RED TEAM	Open Mężczyzn	540	11:15	00:56:39	<b>02:48:29.00</b>	<b>02:48:29.00</b>	+01:51:01 (65.9%)	16:50	3.6 (34.6%)
903	<b>DYDUCH Dominika</b>	<b>3393</b>		Open Kobiet	126	09:30	00:56:09	<b>02:48:29.55</b>	<b>02:48:29.55</b>	+01:51:01 (65.9%)	16:50	3.6 (34.6%)
904	<b>DMITRZAK Dominik</b>	<b>2338</b>	LUDKI JAGÓDKI	Open Mężczyzn	541	09:45	01:01:47	<b>02:48:31.00</b>	<b>02:48:31.00</b>	+01:51:03 (65.9%)	16:51	3.6 (34.6%)
905	<b>WILCZEK Lukasz</b>	<b>2296</b>		Open Mężczyzn	542	09:30	00:47:58	<b>02:48:38.35</b>	<b>02:48:38.35</b>	+01:51:10 (65.9%)	16:51	3.6 (34.6%)
906	<b>BANACZKOWSKA Marta</b>	<b>2386</b>	WILK TRENUJE	Open Kobiet	127	09:45	00:59:33	<b>02:48:45.40</b>	<b>02:48:45.40</b>	+01:51:17 (65.9%)	16:52	3.6 (34.6%)
907	<b>BANACZKOWSKI Tomasz</b>	<b>2315</b>	HUSARIA RACE TEAM	Open Mężczyzn	543	09:45	00:59:34	<b>02:48:45.60</b>	<b>02:48:45.60</b>	+01:51:17 (65.9%)	16:52	3.6 (34.6%)
908	<b>DOBROWOLSKI Piotr</b>	<b>3274</b>		Open Mężczyzn	544	11:30	00:53:59	<b>02:48:50.60</b>	<b>02:48:50.60</b>	+01:51:22 (66.0%)	16:53	3.6 (34.6%)
909	<b>SOLARZ Michał</b>	<b>2537</b>		Open Masters Mężczyzn	126	10:00	00:58:28	<b>02:48:55.15</b>	<b>02:48:55.15</b>	+01:51:27 (66.0%)	16:53	3.6 (34.6%)
910	<b>ADAMSKI-HEIN Andrzej</b>	<b>3387</b>		Open Masters Mężczyzn	127	11:45	00:46:46	<b>02:49:08.60</b>	<b>02:49:08.60</b>	+01:51:40 (66.0%)	16:54	3.5 (33.7%)
911	<b>PRASKI Rafał</b>	<b>2407</b>		Open Masters Mężczyzn	128	09:45	00:42:49	<b>02:49:19.65</b>	<b>02:49:19.65</b>	+01:51:51 (66.1%)	16:55	3.5 (33.7%)
912	<b>REDEK Damian</b>	<b>2976</b>	HUSARIA RACE TEAM	Open Mężczyzn	545	11:00	00:50:34	<b>02:49:26.10</b>	<b>02:49:26.10</b>	+01:51:58 (66.1%)	16:56	3.5 (33.7%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
913	<b>KRZYŻANIAK-DUL Bernadeta</b>	<b>2552</b>	#NDGTEAM	Open Kobiet	128	10:15	00:51:52	<b>02:49:34.50</b>	<b>02:49:34.50</b>	+01:52:06 (66.1%)	16:57	3.5 (33.7%)
914	<b>MIELNIK Natalia</b>	<b>3119</b>	ORGANIC FITNESS	Open Kobiet	129	11:15	00:59:29	<b>02:49:42.30</b>	<b>02:49:42.30</b>	+01:52:14 (66.1%)	16:58	3.5 (33.7%)
915	<b>POHLAND Paweł</b>	<b>3120</b>	ORGANIC FITNESS	Open Mężczyzn	546	11:15	00:59:29	<b>02:49:42.60</b>	<b>02:49:42.60</b>	+01:52:14 (66.1%)	16:58	3.5 (33.7%)
916	<b>JASIŃSKA Alicja</b>	<b>2088</b>	GORĄCY POTOK TEAM	Elite Kobiet	11	09:15	00:31:12	<b>02:49:42.75</b>	<b>02:49:42.75</b>	+01:52:14 (66.1%)	16:58	3.5 (33.7%)
917	<b>PIĘTKA Grzegorz</b>	<b>3071</b>		Open Masters Mężczyzn	129	11:00	00:46:27	<b>02:49:44.80</b>	<b>02:49:44.80</b>	+01:52:16 (66.1%)	16:58	3.5 (33.7%)
918	<b>GÓRNIAK Kamil</b>	<b>3148</b>	TME RUNNERS	Open Mężczyzn	547	11:15	00:58:22	<b>02:49:48.50</b>	<b>02:49:48.50</b>	+01:52:20 (66.2%)	16:58	3.5 (33.7%)
919	<b>RUŁA Tomasz</b>	<b>2535</b>		Open Mężczyzn	548	09:30	00:56:10	<b>02:49:50.00</b>	<b>02:49:50.00</b>	+01:52:22 (66.2%)	16:59	3.5 (33.7%)
920	<b>MARKIEWICZ Dagmara</b>	<b>3243</b>	MOMO TEAM	Open Kobiet	130	11:30	00:52:05	<b>02:49:55.65</b>	<b>02:49:55.65</b>	+01:52:27 (66.2%)	16:59	3.5 (33.7%)
921	<b>POSIEWKA Jacek</b>	<b>3310</b>		Open Mężczyzn	549	11:30	00:53:59	<b>02:50:01.65</b>	<b>02:50:01.65</b>	+01:52:33 (66.2%)	17:00	3.5 (33.7%)
922	<b>KOŁODZIEJ Agata</b>	<b>3290</b>		Open Kobiet	131	11:30	00:49:57	<b>02:50:03.90</b>	<b>02:50:03.90</b>	+01:52:35 (66.2%)	17:00	3.5 (33.7%)
923	<b>MAZGAJ Konrad</b>	<b>3297</b>		Open Mężczyzn	550	11:30	00:49:56	<b>02:50:04.45</b>	<b>02:50:04.45</b>	+01:52:36 (66.2%)	17:00	3.5 (33.7%)
924	<b>MORDALSKI Jakub</b>	<b>3018</b>	TEAM ULANI	Open Mężczyzn	551	11:00	00:49:57	<b>02:50:08.10</b>	<b>02:50:08.10</b>	+01:52:40 (66.2%)	17:00	3.5 (33.7%)
925	<b>MASTALERZ Jakub</b>	<b>3017</b>	TEAM ULANI	Open Mężczyzn	552	11:00	00:49:57	<b>02:50:11.80</b>	<b>02:50:11.80</b>	+01:52:43 (66.2%)	17:01	3.5 (33.7%)
926	<b>WIDZIŃSKI Piotr</b>	<b>2352</b>	NINJA LUDKI	Open Mężczyzn	553	10:00	00:53:17	<b>02:50:18.50</b>	<b>02:50:18.50</b>	+01:52:50 (66.3%)	17:01	3.5 (33.7%)
927	<b>PIOTROWSKI Jerzy</b>	<b>2237</b>	POWER TRAINING	Open Masters Mężczyzn	130	09:30	00:57:04	<b>02:50:21.55</b>	<b>02:50:21.55</b>	+01:52:53 (66.3%)	17:02	3.5 (33.7%)
928	<b>JERSAK Jakub</b>	<b>2780</b>		Open Mężczyzn	554	10:30	00:53:55	<b>02:50:29.65</b>	<b>02:50:29.65</b>	+01:53:01 (66.3%)	17:02	3.5 (33.7%)
929	<b>GRUBBA Rafał</b>	<b>2921</b>		Open Mężczyzn	555	10:45	00:55:47	<b>02:50:39.95</b>	<b>02:50:39.95</b>	+01:53:12 (66.3%)	17:03	3.5 (33.7%)
930	<b>GRYMEK Dagmara</b>	<b>2557</b>	BEFIT24TEAM	Open Kobiet	132	10:15	00:43:40	<b>02:50:40.65</b>	<b>02:50:40.65</b>	+01:53:12 (66.3%)	17:04	3.5 (33.7%)
931	<b>KRUPA Kamil</b>	<b>2361</b>	PALMA TEAM POLSKA	Open Mężczyzn	556	09:45	00:55:43	<b>02:50:44.90</b>	<b>02:50:44.90</b>	+01:53:16 (66.3%)	17:04	3.5 (33.7%)
932	<b>MROCZKA Szymon</b>	<b>3480</b>	OSP WOLA FILIPOWSKA	Open Mężczyzn	557	11:45	00:49:18	<b>02:50:53.05</b>	<b>02:50:53.05</b>	+01:53:25 (66.4%)	17:05	3.5 (33.7%)
933	<b>CZAJKOWSKA Agnieszka</b>	<b>2759</b>	TIIMBO	Open Kobiet	133	10:30	01:05:37	<b>02:51:02.50</b>	<b>02:51:02.50</b>	+01:53:34 (66.4%)	17:06	3.5 (33.7%)
934	<b>JANIK Paweł</b>	<b>2300</b>	AMFEPAMINA	Open Mężczyzn	558	09:45	00:52:50	<b>02:51:07.15</b>	<b>02:51:07.15</b>	+01:53:39 (66.4%)	17:06	3.5 (33.7%)
935	<b>JACKOWSKI Dawid</b>	<b>3046</b>		Open Mężczyzn	559	11:00	00:56:36	<b>02:51:09.30</b>	<b>02:51:09.30</b>	+01:53:41 (66.4%)	17:06	3.5 (33.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
936	<b>SAJDAK Mateusz</b>	<b>2370</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	560	09:45	00:55:53	<b>02:51:13.20</b>	<b>02:51:13.20</b>	+01:53:45 (66.4%)	17:07	3.5 (33.7%)
937	<b>RUDZIŃSKI Paweł</b>	<b>3200</b>		Open Mężczyzn	561	11:15	00:50:32	<b>02:51:15.75</b>	<b>02:51:15.75</b>	+01:53:47 (66.4%)	17:07	3.5 (33.7%)
938	<b>WIENER Szymon</b>	<b>3098</b>	FF RED TEAM	Open Mężczyzn	562	11:15	00:56:44	<b>02:51:18.55</b>	<b>02:51:18.55</b>	+01:53:50 (66.5%)	17:07	3.5 (33.7%)
939	<b>FRĄCZYK Jędrzej</b>	<b>2650</b>		Open Mężczyzn	563	10:15	00:50:04	<b>02:51:20.20</b>	<b>02:51:20.20</b>	+01:53:52 (66.5%)	17:08	3.5 (33.7%)
940	<b>BUCZNY Bernard</b>	<b>3269</b>		Open Mężczyzn	564	11:30	00:54:15	<b>02:51:28.00</b>	<b>02:51:28.00</b>	+01:54:00 (66.5%)	17:08	3.5 (33.7%)
941	<b>MALINOWSKA Katarzyna</b>	<b>2233</b>	OBY NIE OSTATNI	Open Kobiet	134	09:30	01:11:31	<b>02:51:30.70</b>	<b>02:51:30.70</b>	+01:54:02 (66.5%)	17:09	3.5 (33.7%)
942	<b>ŚWIĘTONIOWSKA Marta</b>	<b>3323</b>		Open Kobiet	135	11:30	00:54:15	<b>02:51:31.65</b>	<b>02:51:31.65</b>	+01:54:03 (66.5%)	17:09	3.5 (33.7%)
943	<b>KUCZERA Agata</b>	<b>3242</b>	MOMO TEAM	Open Kobiet	136	11:30	00:52:04	<b>02:51:47.25</b>	<b>02:51:47.25</b>	+01:54:19 (66.5%)	17:10	3.5 (33.7%)
944	<b>POCH Gabriela</b>	<b>2676</b>		Open Kobiet	137	10:15	00:58:24	<b>02:51:47.30</b>	<b>02:51:47.30</b>	+01:54:19 (66.5%)	17:10	3.5 (33.7%)
945	<b>MUSIOŁ Sonja</b>	<b>2670</b>		Open Kobiet	138	10:15	00:58:24	<b>02:51:47.50</b>	<b>02:51:47.50</b>	+01:54:19 (66.5%)	17:10	3.5 (33.7%)
946	<b>ŁOPAT Łukasz</b>	<b>2795</b>		Open Mężczyzn	565	10:30	00:48:39	<b>02:51:52.00</b>	<b>02:51:52.00</b>	+01:54:24 (66.6%)	17:11	3.5 (33.7%)
947	<b>SCHMIDT Paweł</b>	<b>2560</b>	BEFIT24TEAM	Open Masters Mężczyzn	131	10:15	00:43:40	<b>02:51:53.40</b>	<b>02:51:53.40</b>	+01:54:25 (66.6%)	17:11	3.5 (33.7%)
948	<b>PURCHALAK Paweł</b>	<b>2408</b>		Open Mężczyzn	566	09:45	01:02:15	<b>02:51:56.15</b>	<b>02:51:56.15</b>	+01:54:28 (66.6%)	17:11	3.5 (33.7%)
949	<b>CIEŚLA Krzysztof</b>	<b>2633</b>	WF KOSTRZYN	Open Mężczyzn	567	10:15	00:54:36	<b>02:51:57.25</b>	<b>02:51:57.25</b>	+01:54:29 (66.6%)	17:11	3.5 (33.7%)
950	<b>KOZŁOWSKA Dagmara</b>	<b>3383</b>	WF KOSTRZYN	Open Kobiet	139	10:15	00:50:01	<b>02:52:01.10</b>	<b>02:52:01.10</b>	+01:54:33 (66.6%)	17:12	3.5 (33.7%)
951	<b>WOZNIAK Marzena</b>	<b>3385</b>	WF KOSTRZYN	Open Kobiet	140	10:15	00:50:05	<b>02:52:04.25</b>	<b>02:52:04.25</b>	+01:54:36 (66.6%)	17:12	3.5 (33.7%)
952	<b>SOBCZYK Michał</b>	<b>2680</b>		Open Mężczyzn	568	10:30	00:53:15	<b>02:52:09.40</b>	<b>02:52:09.40</b>	+01:54:41 (66.6%)	17:12	3.5 (33.7%)
953	<b>KŁOSIŃSKA Wiktoria</b>	<b>2691</b>	DRUNKMAGEDOŃCZYCY	Open Kobiet	141	10:30	00:52:48	<b>02:52:10.85</b>	<b>02:52:10.85</b>	+01:54:42 (66.6%)	17:13	3.5 (33.7%)
954	<b>SOBCZYK Barbara</b>	<b>2690</b>	DROGA DO ULTRA	Open Kobiet	142	10:30	00:53:00	<b>02:52:12.15</b>	<b>02:52:12.15</b>	+01:54:44 (66.6%)	17:13	3.5 (33.7%)
955	<b>BENDINGER Krystian</b>	<b>3124</b>	RAZEM TRENUJEMY SPORT	Open Mężczyzn	569	11:15	00:56:18	<b>02:52:14.65</b>	<b>02:52:14.65</b>	+01:54:46 (66.6%)	17:13	3.5 (33.7%)
956	<b>MAZERANT Karolina</b>	<b>3126</b>	RAZEM TRENUJEMY SPORT	Open Kobiet	143	11:15	00:56:19	<b>02:52:15.50</b>	<b>02:52:15.50</b>	+01:54:47 (66.6%)	17:13	3.5 (33.7%)
957	<b>BENDINGER Krzysztof</b>	<b>3125</b>	RAZEM TRENUJEMY SPORT	Open Masters Mężczyzn	132	11:15	00:56:29	<b>02:52:16.10</b>	<b>02:52:16.10</b>	+01:54:48 (66.6%)	17:13	3.5 (33.7%)
958	<b>GORTAT Agnieszka</b>	<b>3164</b>		Open Masters Kobiet	28	11:15	00:56:11	<b>02:52:24.10</b>	<b>02:52:24.10</b>	+01:54:56 (66.7%)	17:14	3.5 (33.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
959	<b>SŁUPIK Barbara</b>	<b>2944</b>		Open Masters Kobiet	29	10:45	01:00:57	<b>02:52:25.20</b>	<b>02:52:25.20</b>	+01:54:57 (66.7%)	17:14	3.5 (33.7%)
960	<b>SKRZYNECKA Agnieszka</b>	<b>2842</b>	LASEROWE BIEDRONKI	Open Kobiet	144	10:45	01:00:57	<b>02:52:25.75</b>	<b>02:52:25.75</b>	+01:54:57 (66.7%)	17:14	3.5 (33.7%)
961	<b>KOSSOWSKI Wojciech</b>	<b>3292</b>		Open Mężczyzn	570	11:30	00:53:16	<b>02:52:30.85</b>	<b>02:52:30.85</b>	+01:55:02 (66.7%)	17:15	3.5 (33.7%)
962	<b>BARAN Konrad</b>	<b>2974</b>	HUMAN OCR	Open Mężczyzn	571	11:00	00:50:40	<b>02:52:31.75</b>	<b>02:52:31.75</b>	+01:55:03 (66.7%)	17:15	3.5 (33.7%)
963	<b>CHĘTKIEWICZ Sandra</b>	<b>3241</b>	MOMO TEAM	Open Kobiet	145	11:30	00:52:05	<b>02:52:35.05</b>	<b>02:52:35.05</b>	+01:55:07 (66.7%)	17:15	3.5 (33.7%)
964	<b>WALENTUKIEWICZ Natalia</b>	<b>3384</b>	WF KOSTRZYŃ	Open Kobiet	146	10:15	00:50:07	<b>02:52:54.50</b>	<b>02:52:54.50</b>	+01:55:26 (66.8%)	17:17	3.5 (33.7%)
965	<b>GUMPERT Mateusz</b>	<b>2635</b>	WF KOSTRZYŃ	Open Mężczyzn	572	10:15		<b>02:52:59.55</b>	<b>02:52:59.55</b>	+01:55:31 (66.8%)	17:17	3.5 (33.7%)
966	<b>MAJKUT Daniel</b>	<b>2301</b>	AMFEPAMINA	Open Masters Mężczyzn	133	09:45	00:53:00	<b>02:53:06.30</b>	<b>02:53:06.30</b>	+01:55:38 (66.8%)	17:18	3.5 (33.7%)
967	<b>SOKÓŁ Dawid</b>	<b>2303</b>	AMFEPAMINA	Open Mężczyzn	573	09:45	00:53:05	<b>02:53:06.80</b>	<b>02:53:06.80</b>	+01:55:38 (66.8%)	17:18	3.5 (33.7%)
968	<b>ZUBIK Waldemar</b>	<b>2305</b>	AMFEPAMINA	Open Mężczyzn	574	09:45	00:52:50	<b>02:53:07.00</b>	<b>02:53:07.00</b>	+01:55:39 (66.8%)	17:18	3.5 (33.7%)
969	<b>MIKOS Marta</b>	<b>2302</b>	AMFEPAMINA	Open Kobiet	147	09:45	00:53:05	<b>02:53:07.60</b>	<b>02:53:07.60</b>	+01:55:39 (66.8%)	17:18	3.5 (33.7%)
970	<b>SOKOŁOWSKA Ewa</b>	<b>2304</b>	AMFEPAMINA	Open Kobiet	148	09:45	00:53:06	<b>02:53:07.90</b>	<b>02:53:07.90</b>	+01:55:39 (66.8%)	17:18	3.5 (33.7%)
971	<b>BENSCH Michał</b>	<b>3152</b>		Open Masters Mężczyzn	134	11:15	00:51:07	<b>02:53:43.40</b>	<b>02:53:43.40</b>	+01:56:15 (66.9%)	17:22	3.5 (33.7%)
972	<b>KANIOWSKI Kamil</b>	<b>2613</b>	ROSSMANN	Open Mężczyzn	575	10:15	00:56:56	<b>02:53:48.30</b>	<b>02:53:48.30</b>	+01:56:20 (66.9%)	17:22	3.5 (33.7%)
973	<b>LACHTARA Marta</b>	<b>2615</b>	ROSSMANN	Open Kobiet	149	10:15	00:56:57	<b>02:53:48.80</b>	<b>02:53:48.80</b>	+01:56:20 (66.9%)	17:22	3.5 (33.7%)
974	<b>BARSZCZ Dominika</b>	<b>2611</b>	ROSSMANN	Open Kobiet	150	10:15	00:56:55	<b>02:53:48.95</b>	<b>02:53:48.95</b>	+01:56:21 (66.9%)	17:22	3.5 (33.7%)
975	<b>ŻYLEWICZ Patrycja</b>	<b>2952</b>		Open Mężczyzn	576	10:45	00:52:44	<b>02:53:52.90</b>	<b>02:53:52.90</b>	+01:56:24 (67.0%)	17:23	3.5 (33.7%)
976	<b>SZADZEWICZ Monika</b>	<b>2946</b>		Open Masters Kobiet	30	10:45	00:52:00	<b>02:53:53.10</b>	<b>02:53:53.10</b>	+01:56:25 (67.0%)	17:23	3.5 (33.7%)
977	<b>MADERA Kamil</b>	<b>3181</b>		Open Mężczyzn	577	11:15	00:55:36	<b>02:53:54.10</b>	<b>02:53:54.10</b>	+01:56:26 (67.0%)	17:23	3.5 (33.7%)
978	<b>JÓZWIAKOWSKA Weronika</b>	<b>2781</b>		Open Kobiet	151	10:30	00:56:52	<b>02:54:06.10</b>	<b>02:54:06.10</b>	+01:56:38 (67.0%)	17:24	3.4 (32.7%)
979	<b>GRUNDKOWSKI Oskar</b>	<b>2775</b>		Open Mężczyzn	578	10:30	00:56:52	<b>02:54:06.30</b>	<b>02:54:06.30</b>	+01:56:38 (67.0%)	17:24	3.4 (32.7%)
980	<b>WYSOCKA Klaudia</b>	<b>2195</b>	CARBON OCR RACING TEAM	Open Kobiet	152	09:30	00:51:23	<b>02:54:26.65</b>	<b>02:54:26.65</b>	+01:56:58 (67.1%)	17:26	3.4 (32.7%)
981	<b>SZKLARSKI Przemysław</b>	<b>2192</b>	CARBON OCR RACING TEAM	Open Mężczyzn	579	09:30	00:52:18	<b>02:54:26.80</b>	<b>02:54:26.80</b>	+01:56:58 (67.1%)	17:26	3.4 (32.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
981	<b>PTAK Daniel</b>	<b>2329</b>	HUSARIA RACE TEAM	Open Mężczyzn	579	09:45	00:51:20	<b>02:54:26.80</b>	<b>02:54:26.80</b>	+01:56:58 (67.1%)	17:26	3.4 (32.7%)
983	<b>PTAK Patrycja</b>	<b>2330</b>	HUSARIA RACE TEAM	Open Kobiet	153	09:45	00:51:15	<b>02:54:26.85</b>	<b>02:54:26.85</b>	+01:56:58 (67.1%)	17:26	3.4 (32.7%)
984	<b>MAJOWSKI Michał</b>	<b>2186</b>	CARBON OCR RACING TEAM	Open Mężczyzn	581	09:30	00:51:45	<b>02:54:26.95</b>	<b>02:54:26.95</b>	+01:56:59 (67.1%)	17:26	3.4 (32.7%)
985	<b>WRZOSEK Patryk</b>	<b>2194</b>	CARBON OCR RACING TEAM	Open Mężczyzn	582	09:30	00:52:09	<b>02:54:27.00</b>	<b>02:54:27.00</b>	+01:56:59 (67.1%)	17:26	3.4 (32.7%)
986	<b>SKWAREK Tomasz</b>	<b>2190</b>	CARBON OCR RACING TEAM	Open Mężczyzn	583	09:30	00:51:39	<b>02:54:27.25</b>	<b>02:54:27.25</b>	+01:56:59 (67.1%)	17:26	3.4 (32.7%)
986	<b>WRZOSEK Karolina</b>	<b>2193</b>	CARBON OCR RACING TEAM	Open Kobiet	154	09:30	00:52:09	<b>02:54:27.25</b>	<b>02:54:27.25</b>	+01:56:59 (67.1%)	17:26	3.4 (32.7%)
986	<b>PIETRAS Mariola</b>	<b>2433</b>	CARBON OCR RACING TEAM	Open Kobiet	154	09:30	00:51:22	<b>02:54:27.25</b>	<b>02:54:27.25</b>	+01:56:59 (67.1%)	17:26	3.4 (32.7%)
989	<b>STANCLIK Krzysztof</b>	<b>2191</b>	CARBON OCR RACING TEAM	Open Mężczyzn	584	09:30	00:51:46	<b>02:54:27.30</b>	<b>02:54:27.30</b>	+01:56:59 (67.1%)	17:26	3.4 (32.7%)
990	<b>HUS Natalia</b>	<b>2432</b>	CARBON OCR RACING TEAM	Open Kobiet	156	09:30	00:52:04	<b>02:54:27.60</b>	<b>02:54:27.60</b>	+01:56:59 (67.1%)	17:26	3.4 (32.7%)
991	<b>WUJEK Tobiasz</b>	<b>3012</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	585	11:00	00:54:10	<b>02:54:40.40</b>	<b>02:54:40.40</b>	+01:57:12 (67.1%)	17:28	3.4 (32.7%)
992	<b>CZAJKOWSKI Marek</b>	<b>2761</b>	TIIMBO	Open Mężczyzn	586	10:30	01:05:38	<b>02:54:50.20</b>	<b>02:54:50.20</b>	+01:57:22 (67.1%)	17:29	3.4 (32.7%)
993	<b>WITKOWSKI Arkadiusz</b>	<b>2975</b>	HUMAN OCR	Open Mężczyzn	587	11:00	00:50:34	<b>02:54:51.80</b>	<b>02:54:51.80</b>	+01:57:23 (67.1%)	17:29	3.4 (32.7%)
994	<b>POMORSKI Paweł</b>	<b>3214</b>	ABB RUN 1.0	Open Mężczyzn	588	11:30	00:58:22	<b>02:55:08.20</b>	<b>02:55:08.20</b>	+01:57:40 (67.2%)	17:30	3.4 (32.7%)
995	<b>CHWIAŁKOWSKI Artur</b>	<b>3211</b>	ABB RUN 1.0	Open Mężczyzn	589	11:30	00:58:16	<b>02:55:08.30</b>	<b>02:55:08.30</b>	+01:57:40 (67.2%)	17:30	3.4 (32.7%)
995	<b>DAJCZER Jakub</b>	<b>3212</b>	ABB RUN 1.0	Open Mężczyzn	589	11:30	00:57:45	<b>02:55:08.30</b>	<b>02:55:08.30</b>	+01:57:40 (67.2%)	17:30	3.4 (32.7%)
997	<b>JÓŻWIK Martyna</b>	<b>3213</b>	ABB RUN 1.0	Open Kobiet	157	11:30	00:57:57	<b>02:55:08.45</b>	<b>02:55:08.45</b>	+01:57:40 (67.2%)	17:30	3.4 (32.7%)
997	<b>WALKIEWICZ Bogusław</b>	<b>3215</b>	ABB RUN 1.0	Open Masters Mężczyzn	135	11:30	00:57:55	<b>02:55:08.45</b>	<b>02:55:08.45</b>	+01:57:40 (67.2%)	17:30	3.4 (32.7%)
999	<b>WITEK Marcin</b>	<b>3216</b>	ABB RUN 1.0	Open Mężczyzn	591	11:30	00:58:15	<b>02:55:08.50</b>	<b>02:55:08.50</b>	+01:57:40 (67.2%)	17:30	3.4 (32.7%)
999	<b>WYRZYKOWSKI Maciej</b>	<b>3217</b>	ABB RUN 1.0	Open Mężczyzn	591	11:30	00:58:15	<b>02:55:08.50</b>	<b>02:55:08.50</b>	+01:57:40 (67.2%)	17:30	3.4 (32.7%)
1001	<b>RYBKA Zuzanna</b>	<b>2101</b>	UNITED RUNNERS	Open Kobiet	158	09:15	00:44:24	<b>02:55:15.05</b>	<b>02:55:15.05</b>	+01:57:47 (67.2%)	17:31	3.4 (32.7%)
1002	<b>ROMAN Damian</b>	<b>3313</b>		Open Mężczyzn	593	11:30	00:54:04	<b>02:55:18.35</b>	<b>02:55:18.35</b>	+01:57:50 (67.2%)	17:31	3.4 (32.7%)
1003	<b>STASIAK Piotr</b>	<b>3206</b>		Open Mężczyzn	594	11:15	00:47:30	<b>02:55:23.65</b>	<b>02:55:23.65</b>	+01:57:55 (67.2%)	17:32	3.4 (32.7%)
1004	<b>ANUSZCZYK Mariusz</b>	<b>3026</b>		Open Masters Mężczyzn	136	11:15	00:37:29	<b>02:55:41.70</b>	<b>02:55:41.70</b>	+01:58:13 (67.3%)	17:34	3.4 (32.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1005	<b>GRACZYK Jacek</b>	<b>2321</b>	HUSARIA RACE TEAM	Open Mężczyzn	595	09:30	00:39:38	<b>02:55:56.15</b>	<b>02:55:56.15</b>	+01:58:28 (67.3%)	17:35	3.4 (32.7%)
1006	<b>KOŃSKI Maciej</b>	<b>2151</b>		Open Mężczyzn	596	11:45	00:55:52	<b>02:56:02.75</b>	<b>02:56:02.75</b>	+01:58:34 (67.4%)	17:36	3.4 (32.7%)
1007	<b>ŚLESZYŃSKI Jan</b>	<b>2960</b>	BURPEES BROTHERS	Open Mężczyzn	597	11:45	00:55:44	<b>02:56:03.10</b>	<b>02:56:03.10</b>	+01:58:35 (67.4%)	17:36	3.4 (32.7%)
1008	<b>SOBCZYK Alicja</b>	<b>2765</b>	WATAHA	Open Kobiet	159	10:30	00:53:22	<b>02:56:06.40</b>	<b>02:56:06.40</b>	+01:58:38 (67.4%)	17:36	3.4 (32.7%)
1009	<b>MIELCZAREK Adam</b>	<b>2569</b>	ELECTROLUX ŚWIDNICA	Open Mężczyzn	598	10:15	00:46:40	<b>02:56:25.85</b>	<b>02:56:25.85</b>	+01:58:57 (67.4%)	17:38	3.4 (32.7%)
1010	<b>MUSIAŁ-ŁOKIETEK Katarzyna</b>	<b>2669</b>		Open Masters Kobiet	31	09:45	01:05:25	<b>02:56:29.00</b>	<b>02:56:29.00</b>	+01:59:01 (67.4%)	17:38	3.4 (32.7%)
1011	<b>KILKA Dorota</b>	<b>3172</b>		Open Kobiet	160	11:15	00:54:13	<b>02:56:29.55</b>	<b>02:56:29.55</b>	+01:59:01 (67.4%)	17:38	3.4 (32.7%)
1012	<b>NAPIERAJ Katarzyna</b>	<b>2188</b>	CARBON OCR RACING TEAM	Open Kobiet	161	09:30	00:51:24	<b>02:56:33.00</b>	<b>02:56:33.00</b>	+01:59:05 (67.5%)	17:39	3.4 (32.7%)
1013	<b>TUREK Bartek</b>	<b>2544</b>		Open Mężczyzn	599	09:45	01:01:44	<b>02:56:38.75</b>	<b>02:56:38.75</b>	+01:59:10 (67.5%)	17:39	3.4 (32.7%)
1014	<b>LASKOWSKA Angelika</b>	<b>2478</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	162	09:45	01:01:44	<b>02:56:39.60</b>	<b>02:56:39.60</b>	+01:59:11 (67.5%)	17:39	3.4 (32.7%)
1015	<b>STANISŁAWSKI Karol</b>	<b>3205</b>		Open Mężczyzn	600	11:15	00:59:55	<b>02:56:43.50</b>	<b>02:56:43.50</b>	+01:59:15 (67.5%)	17:40	3.4 (32.7%)
1016	<b>STANISŁAWSKA Agata</b>	<b>3204</b>		Open Kobiet	163	11:15	00:59:55	<b>02:56:43.80</b>	<b>02:56:43.80</b>	+01:59:15 (67.5%)	17:40	3.4 (32.7%)
1017	<b>WALASZEK Maciej</b>	<b>2872</b>	RMF4RT GLADIATORS	Open Mężczyzn	601	10:15	00:53:12	<b>02:56:48.00</b>	<b>02:56:48.00</b>	+01:59:20 (67.5%)	17:40	3.4 (32.7%)
1018	<b>WNOROWSKA Magdalena</b>	<b>2473</b>	RMF4RT GLADIATORS	Open Masters Kobiet	32	10:00	00:54:53	<b>02:56:49.05</b>	<b>02:56:49.05</b>	+01:59:21 (67.5%)	17:40	3.4 (32.7%)
1019	<b>AMBROŻY Arkadiusz</b>	<b>2387</b>		Open Mężczyzn	602	09:45	00:49:08	<b>02:56:50.90</b>	<b>02:56:50.90</b>	+01:59:22 (67.5%)	17:41	3.4 (32.7%)
1020	<b>ZARZYCKI Konrad</b>	<b>3248</b>	MULTIFITT	Open Masters Mężczyzn	137	11:30	00:52:22	<b>02:57:01.75</b>	<b>02:57:01.75</b>	+01:59:33 (67.5%)	17:42	3.4 (32.7%)
1021	<b>ŚWIĘTEK Agnieszka</b>	<b>2143</b>		Open Kobiet	164	11:30	00:52:23	<b>02:57:01.80</b>	<b>02:57:01.80</b>	+01:59:33 (67.5%)	17:42	3.4 (32.7%)
1022	<b>SUCHOCKA Monika</b>	<b>3246</b>	MULTIFITT	Open Kobiet	165	11:30	00:52:22	<b>02:57:01.85</b>	<b>02:57:01.85</b>	+01:59:33 (67.5%)	17:42	3.4 (32.7%)
1022	<b>ZARZYCKA Magdalena</b>	<b>3247</b>	MULTIFITT	Open Masters Kobiet	33	11:30	00:52:27	<b>02:57:01.85</b>	<b>02:57:01.85</b>	+01:59:33 (67.5%)	17:42	3.4 (32.7%)
1024	<b>ALEKSANDROWICZ Rafał</b>	<b>2850</b>	PRIME FITNESS RUNMAGEDDON TEAM	Open Masters Mężczyzn	138	10:45	01:05:58	<b>02:57:16.25</b>	<b>02:57:16.25</b>	+01:59:48 (67.6%)	17:43	3.4 (32.7%)
1025	<b>KRAWCZYK Sebastian</b>	<b>3478</b>		Open Mężczyzn	603	09:45	01:05:24	<b>02:57:35.30</b>	<b>02:57:35.30</b>	+02:00:07 (67.6%)	17:45	3.4 (32.7%)
1026	<b>MAŁOLEPSZA Paulina</b>	<b>2403</b>		Open Kobiet	166	09:45	01:05:29	<b>02:57:36.45</b>	<b>02:57:36.45</b>	+02:00:08 (67.6%)	17:45	3.4 (32.7%)
1027	<b>BUNIKOWSKA Emilia</b>	<b>2576</b>	HUSARIA RACE TEAM	Open Kobiet	167	10:15	01:02:22	<b>02:57:55.10</b>	<b>02:57:55.10</b>	+02:00:27 (67.7%)	17:47	3.4 (32.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1028	<b>GAJO Natalia</b>	<b>3161</b>		Open Kobiet	168	11:15	00:59:44	<b>02:57:59.15</b>	<b>02:57:59.15</b>	+02:00:31 (67.7%)	17:47	3.4 (32.7%)
1029	<b>SKUPIEŃ Lech</b>	<b>2705</b>	FIT & MORE RYBNIK	Open Mężczyzn	604	10:30	00:55:23	<b>02:58:08.60</b>	<b>02:58:08.60</b>	+02:00:40 (67.7%)	17:48	3.4 (32.7%)
1030	<b>SIKORA Mateusz</b>	<b>3203</b>		Open Mężczyzn	605	11:15	00:52:27	<b>02:58:27.30</b>	<b>02:58:27.30</b>	+02:00:59 (67.8%)	17:50	3.4 (32.7%)
1031	<b>STARĘGA Paulina</b>	<b>2539</b>		Open Kobiet	169	10:00	00:57:41	<b>02:58:27.75</b>	<b>02:58:27.75</b>	+02:00:59 (67.8%)	17:50	3.4 (32.7%)
1032	<b>SOCHA Kamil</b>	<b>2824</b>	ANONYGO	Open Mężczyzn	606	10:45	00:50:29	<b>02:58:28.35</b>	<b>02:58:28.35</b>	+02:01:00 (67.8%)	17:50	3.4 (32.7%)
1033	<b>PAROŃ Krzysztof</b>	<b>3196</b>		Open Mężczyzn	607	11:15	00:52:29	<b>02:58:28.60</b>	<b>02:58:28.60</b>	+02:01:00 (67.8%)	17:50	3.4 (32.7%)
1034	<b>LEŚNIK Damian</b>	<b>3178</b>		Open Mężczyzn	608	11:15	00:52:28	<b>02:58:30.10</b>	<b>02:58:30.10</b>	+02:01:02 (67.8%)	17:51	3.4 (32.7%)
1035	<b>MROCZKA Tadeusz</b>	<b>2724</b>	OSP WOLA FILIPOWSKA	Open Masters Mężczyzn	139	11:45	00:45:27	<b>02:58:34.00</b>	<b>02:58:34.00</b>	+02:01:06 (67.8%)	17:51	3.4 (32.7%)
1036	<b>GREGORCZYK Krzysztof</b>	<b>3454</b>	OSP WOLA FILIPOWSKA	Open Mężczyzn	609	11:45	00:45:24	<b>02:58:34.30</b>	<b>02:58:34.30</b>	+02:01:06 (67.8%)	17:51	3.4 (32.7%)
1037	<b>MROCZKA Joanna</b>	<b>3481</b>	OSP WOLA FILIPOWSKA	Open Kobiet	170	11:45	00:45:20	<b>02:58:35.10</b>	<b>02:58:35.10</b>	+02:01:07 (67.8%)	17:51	3.4 (32.7%)
1038	<b>GAWLIK Karolina</b>	<b>2896</b>	X-TEAM TARNÓW	Open Kobiet	171	10:45	00:50:34	<b>02:58:37.35</b>	<b>02:58:37.35</b>	+02:01:09 (67.8%)	17:51	3.4 (32.7%)
1039	<b>KMIECIK Marcin</b>	<b>2711</b>	HUSARIA RACE TEAM	Open Mężczyzn	610	10:30	01:06:10	<b>02:58:43.90</b>	<b>02:58:43.90</b>	+02:01:15 (67.8%)	17:52	3.4 (32.7%)
1040	<b>KMIECIK Justyna</b>	<b>2710</b>	HUSARIA RACE TEAM	Open Kobiet	172	10:30	01:06:10	<b>02:58:44.45</b>	<b>02:58:44.45</b>	+02:01:16 (67.8%)	17:52	3.4 (32.7%)
1041	<b>MOKSIK Agnieszka</b>	<b>2699</b>	FIT & MORE RYBNIK	Open Masters Kobiet	34	10:30	00:55:14	<b>02:58:45.20</b>	<b>02:58:45.20</b>	+02:01:17 (67.9%)	17:52	3.4 (32.7%)
1042	<b>GRZYWACZ Aurelia</b>	<b>2523</b>		Open Kobiet	173	10:00	01:00:25	<b>02:58:59.70</b>	<b>02:58:59.70</b>	+02:01:31 (67.9%)	17:53	3.4 (32.7%)
1043	<b>WYRZYKIEWICZ Jakub</b>	<b>2422</b>		Open Mężczyzn	611	09:45	01:09:36	<b>02:59:00.85</b>	<b>02:59:00.85</b>	+02:01:32 (67.9%)	17:54	3.4 (32.7%)
1044	<b>BENDLEWSKA Sandra</b>	<b>2388</b>		Open Kobiet	174	09:45	01:09:36	<b>02:59:01.15</b>	<b>02:59:01.15</b>	+02:01:33 (67.9%)	17:54	3.4 (32.7%)
1045	<b>KUNCE Daniel</b>	<b>2956</b>	BEERS FORCE ONE	Open Mężczyzn	612	11:00	00:56:56	<b>02:59:02.60</b>	<b>02:59:02.60</b>	+02:01:34 (67.9%)	17:54	3.4 (32.7%)
1045	<b>KRZAK Łukasz</b>	<b>2988</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	612	11:00	00:55:27	<b>02:59:02.60</b>	<b>02:59:02.60</b>	+02:01:34 (67.9%)	17:54	3.4 (32.7%)
1047	<b>SOBCZYK Ligia</b>	<b>3429</b>	PACZKOŚWIRY	Open Kobiet	175	12:00	01:07:50	<b>02:59:08.15</b>	<b>02:59:08.15</b>	+02:01:40 (67.9%)	17:54	3.3 (31.7%)
1048	<b>KITA Grzegorz</b>	<b>3053</b>		Open Masters Mężczyzn	140	11:00	00:59:27	<b>02:59:17.30</b>	<b>02:59:17.30</b>	+02:01:49 (67.9%)	17:55	3.3 (31.7%)
1049	<b>PODMAGÓRSKI Krzysztof</b>	<b>2378</b>	UTANI GRAN HUR	Open Mężczyzn	614	09:45	00:47:50	<b>02:59:25.40</b>	<b>02:59:25.40</b>	+02:01:57 (68.0%)	17:56	3.3 (31.7%)
1050	<b>KOŚCIELNIAK Paulina</b>	<b>3112</b>	KUŁASÓWKA	Open Kobiet	176	11:15	01:04:01	<b>02:59:33.00</b>	<b>02:59:33.00</b>	+02:02:05 (68.0%)	17:57	3.3 (31.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1051	<b>KOZIEŁ Tomasz</b>	<b>3113</b>	KUŁASÓWKA	Open Mężczyzn	615	11:15	01:04:02	<b>02:59:33.15</b>	<b>02:59:33.15</b>	+02:02:05 (68.0%)	17:57	3.3 (31.7%)
1052	<b>UBYSZ Malwina</b>	<b>3330</b>		Open Kobiet	177	11:15	01:04:00	<b>02:59:34.00</b>	<b>02:59:34.00</b>	+02:02:06 (68.0%)	17:57	3.3 (31.7%)
1053	<b>HODANA Paweł</b>	<b>3111</b>	KUŁASÓWKA	Open Mężczyzn	616	11:15	01:04:02	<b>02:59:35.45</b>	<b>02:59:35.45</b>	+02:02:07 (68.0%)	17:57	3.3 (31.7%)
1054	<b>CZARDYBON Dominik</b>	<b>2985</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	617	11:00	00:55:26	<b>02:59:39.70</b>	<b>02:59:39.70</b>	+02:02:11 (68.0%)	17:57	3.3 (31.7%)
1055	<b>NAPIÓRKOWSKA Kaja</b>	<b>2327</b>	HUSARIA RACE TEAM	Open Kobiet	178	09:45	00:47:31	<b>02:59:42.95</b>	<b>02:59:42.95</b>	+02:02:15 (68.0%)	17:58	3.3 (31.7%)
1056	<b>HLEBKO Albin</b>	<b>2881</b>	WATAHA	Open Mężczyzn	618	10:45	00:45:18	<b>02:59:59.30</b>	<b>02:59:59.30</b>	+02:02:31 (68.1%)	17:59	3.3 (31.7%)
1057	<b>PRUS Michał</b>	<b>2882</b>	WATAHA	Open Mężczyzn	619	10:45	00:45:18	<b>03:00:00.60</b>	<b>03:00:00.60</b>	+02:02:32 (68.1%)	18:00	3.3 (31.7%)
1058	<b>BISKUPSKI Karol</b>	<b>3389</b>		Open Mężczyzn	620	11:45	01:05:10	<b>03:00:02.40</b>	<b>03:00:02.40</b>	+02:02:34 (68.1%)	18:00	3.3 (31.7%)
1059	<b>SZYMCZYK Agnieszka</b>	<b>3420</b>		Open Kobiet	179	11:45	01:05:11	<b>03:00:02.55</b>	<b>03:00:02.55</b>	+02:02:34 (68.1%)	18:00	3.3 (31.7%)
1060	<b>MANIEWSKI Maciej</b>	<b>2631</b>	WATAHA	Open Mężczyzn	621	10:15	00:43:35	<b>03:00:03.25</b>	<b>03:00:03.25</b>	+02:02:35 (68.1%)	18:00	3.3 (31.7%)
1061	<b>ŁASKAWSKI Michał</b>	<b>2558</b>	BEFIT24TEAM	Open Mężczyzn	622	10:15	00:43:51	<b>03:00:13.00</b>	<b>03:00:13.00</b>	+02:02:45 (68.1%)	18:01	3.3 (31.7%)
1062	<b>MULLER Rafał</b>	<b>2559</b>	BEFIT24TEAM	Open Mężczyzn	623	10:15	00:44:22	<b>03:00:25.95</b>	<b>03:00:25.95</b>	+02:02:58 (68.2%)	18:02	3.3 (31.7%)
1063	<b>WÓJCICKA Anna</b>	<b>2817</b>		Open Kobiet	180	10:30	00:51:58	<b>03:00:33.75</b>	<b>03:00:33.75</b>	+02:03:05 (68.2%)	18:03	3.3 (31.7%)
1064	<b>JACHIRA Krzysztof</b>	<b>2202</b>	GRYF TEAM	Open Mężczyzn	624	09:30	01:04:43	<b>03:00:41.45</b>	<b>03:00:41.45</b>	+02:03:13 (68.2%)	18:04	3.3 (31.7%)
1065	<b>SENIUK Dawid</b>	<b>2906</b>	X-TEAM TARNÓW	Open Mężczyzn	625	10:45	00:50:35	<b>03:00:46.85</b>	<b>03:00:46.85</b>	+02:03:18 (68.2%)	18:04	3.3 (31.7%)
1066	<b>DUDEK Krzysztof</b>	<b>2574</b>	HIROŁSROMY	Open Mężczyzn	626	10:15	00:54:20	<b>03:00:54.00</b>	<b>03:00:54.00</b>	+02:03:26 (68.2%)	18:05	3.3 (31.7%)
1067	<b>JAWOROWSKA Magdalena</b>	<b>2657</b>		Open Kobiet	181	10:15	00:54:21	<b>03:00:54.50</b>	<b>03:00:54.50</b>	+02:03:26 (68.2%)	18:05	3.3 (31.7%)
1068	<b>ŚWIĘCZKOWSKA Marzanna</b>	<b>2575</b>	HIROŁSROMY	Open Masters Kobiet	35	10:15	00:54:37	<b>03:00:54.70</b>	<b>03:00:54.70</b>	+02:03:26 (68.2%)	18:05	3.3 (31.7%)
1069	<b>PYSZNY Mariusz</b>	<b>2704</b>	FIT & MORE RYBNIK	Open Masters Mężczyzn	141	10:30	00:54:54	<b>03:01:00.45</b>	<b>03:01:00.45</b>	+02:03:32 (68.3%)	18:06	3.3 (31.7%)
1070	<b>GĄSIOROWSKI Miłosz</b>	<b>2895</b>	X-TEAM TARNÓW	Open Mężczyzn	627	10:45	00:53:51	<b>03:01:08.50</b>	<b>03:01:08.50</b>	+02:03:40 (68.3%)	18:06	3.3 (31.7%)
1071	<b>ŁUGOWSKI Łukasz</b>	<b>2957</b>	BEERS FORCE ONE	Open Mężczyzn	628	11:00	00:57:06	<b>03:01:22.30</b>	<b>03:01:22.30</b>	+02:03:54 (68.3%)	18:08	3.3 (31.7%)
1072	<b>ĆWIERTNIA Piotr</b>	<b>2954</b>	BEERS FORCE ONE	Open Mężczyzn	629	11:00	00:57:17	<b>03:01:24.60</b>	<b>03:01:24.60</b>	+02:03:56 (68.3%)	18:08	3.3 (31.7%)
1073	<b>RATAJ Sylwia</b>	<b>2958</b>	BEERS FORCE ONE	Open Kobiet	182	11:00	00:57:17	<b>03:01:24.75</b>	<b>03:01:24.75</b>	+02:03:56 (68.3%)	18:08	3.3 (31.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1074	<b>SZCZYPKOWSKI Łukasz</b>	<b>2959</b>	BEERS FORCE ONE	Open Mężczyzn	630	11:00	00:57:16	<b>03:01:26.90</b>	<b>03:01:26.90</b>	+02:03:58 (68.3%)	18:08	3.3 (31.7%)
1075	<b>KOKOTEK Alicja</b>	<b>3402</b>		Open Kobiet	183	11:45	01:01:10	<b>03:01:39.30</b>	<b>03:01:39.30</b>	+02:04:11 (68.4%)	18:09	3.3 (31.7%)
1076	<b>MOTYLEWSKA Natalia</b>	<b>2701</b>	FIT & MORE RYBNIK	Open Kobiet	184	10:30	00:55:16	<b>03:02:21.25</b>	<b>03:02:21.25</b>	+02:04:53 (68.5%)	18:14	3.3 (31.7%)
1077	<b>MOKSIK Jan</b>	<b>2700</b>	FIT & MORE RYBNIK	Open Masters Mężczyzn	142	10:30	00:54:57	<b>03:02:33.85</b>	<b>03:02:33.85</b>	+02:05:05 (68.5%)	18:15	3.3 (31.7%)
1078	<b>JAKUBOWSKA Angelika</b>	<b>2720</b>	MUSTANGI KOBYLANKA	Open Kobiet	185	10:30	00:59:29	<b>03:02:36.15</b>	<b>03:02:36.15</b>	+02:05:08 (68.5%)	18:15	3.3 (31.7%)
1079	<b>RODEK Karolina</b>	<b>3132</b>	SAME KONIE #OLATEAM	Open Kobiet	186	11:15	01:07:03	<b>03:02:40.15</b>	<b>03:02:40.15</b>	+02:05:12 (68.5%)	18:16	3.3 (31.7%)
1080	<b>KARP Ireneusz</b>	<b>2578</b>	HUSARIA RACE TEAM	Open Mężczyzn	631	10:15	00:53:11	<b>03:02:51.10</b>	<b>03:02:51.10</b>	+02:05:23 (68.6%)	18:17	3.3 (31.7%)
1081	<b>RACHWAŁ Marcin</b>	<b>2409</b>		Open Mężczyzn	632	09:45	01:08:14	<b>03:02:55.90</b>	<b>03:02:55.90</b>	+02:05:27 (68.6%)	18:17	3.3 (31.7%)
1082	<b>KIERES Adam</b>	<b>2927</b>		Open Mężczyzn	633	10:45	00:57:46	<b>03:02:57.15</b>	<b>03:02:57.15</b>	+02:05:29 (68.6%)	18:17	3.3 (31.7%)
1083	<b>STEFAŃSKA Magdalena</b>	<b>2412</b>		Open Kobiet	187	09:45	00:58:53	<b>03:03:00.35</b>	<b>03:03:00.35</b>	+02:05:32 (68.6%)	18:18	3.3 (31.7%)
1084	<b>WARZECHA Rafał</b>	<b>3236</b>	LEŻAKI	Open Masters Mężczyzn	143	11:30	00:55:29	<b>03:03:04.75</b>	<b>03:03:04.75</b>	+02:05:36 (68.6%)	18:18	3.3 (31.7%)
1085	<b>JULIKOWSKI Karol</b>	<b>2465</b>	OFF-ROAD RUNNERS BENEFIT SYSTEMS	Open Mężczyzn	634	10:00	00:56:57	<b>03:03:27.50</b>	<b>03:03:27.50</b>	+02:05:59 (68.7%)	18:20	3.3 (31.7%)
1086	<b>RYBAK Paulina</b>	<b>2466</b>	OFF-ROAD RUNNERS BENEFIT SYSTEMS	Open Kobiet	188	10:00	00:56:58	<b>03:03:28.00</b>	<b>03:03:28.00</b>	+02:06:00 (68.7%)	18:20	3.3 (31.7%)
1087	<b>SERKIS Bartosz</b>	<b>3202</b>		Open Mężczyzn	635	11:15	01:00:48	<b>03:03:44.15</b>	<b>03:03:44.15</b>	+02:06:16 (68.7%)	18:22	3.3 (31.7%)
1088	<b>TOKARCZYK Karolina</b>	<b>3209</b>		Open Kobiet	189	11:15	01:00:20	<b>03:03:45.95</b>	<b>03:03:45.95</b>	+02:06:18 (68.7%)	18:22	3.3 (31.7%)
1089	<b>WÓJCICKI Łukasz</b>	<b>2818</b>		Open Mężczyzn	636	10:30	00:52:00	<b>03:03:47.15</b>	<b>03:03:47.15</b>	+02:06:19 (68.7%)	18:22	3.3 (31.7%)
1090	<b>JAKUBOWSKA Anna</b>	<b>2396</b>		Open Kobiet	190	10:00	01:01:20	<b>03:04:03.80</b>	<b>03:04:03.80</b>	+02:06:35 (68.8%)	18:24	3.3 (31.7%)
1091	<b>KRÓL Przemysław</b>	<b>2623</b>	SAMEKONIE- TEAM OLA	Open Mężczyzn	637	11:15	01:07:10	<b>03:04:05.75</b>	<b>03:04:05.75</b>	+02:06:37 (68.8%)	18:24	3.3 (31.7%)
1092	<b>ROROT Dominik</b>	<b>3133</b>	SAME KONIE #OLATEAM	Open Masters Mężczyzn	144	11:15	01:07:03	<b>03:04:06.00</b>	<b>03:04:06.00</b>	+02:06:38 (68.8%)	18:24	3.3 (31.7%)
1093	<b>SOŁTYS Radosław</b>	<b>2431</b>	BOBRY WOJNY	Open Mężczyzn	638	10:00	01:01:30	<b>03:04:07.10</b>	<b>03:04:07.10</b>	+02:06:39 (68.8%)	18:24	3.3 (31.7%)
1094	<b>FRANASZEK Tomasz</b>	<b>2430</b>	BOBRY WOJNY	Open Mężczyzn	639	10:00	01:01:21	<b>03:04:08.25</b>	<b>03:04:08.25</b>	+02:06:40 (68.8%)	18:24	3.3 (31.7%)
1095	<b>BAGIŃSKI Marcin</b>	<b>2719</b>	MUSTANGI KOBYLANKA	Open Mężczyzn	640	10:30	00:59:29	<b>03:04:11.55</b>	<b>03:04:11.55</b>	+02:06:43 (68.8%)	18:25	3.3 (31.7%)
1096	<b>PUCIŁOWSKI Sławomir</b>	<b>3234</b>	LEŻAKI	Open Masters Mężczyzn	145	11:30	00:55:31	<b>03:04:23.85</b>	<b>03:04:23.85</b>	+02:06:55 (68.8%)	18:26	3.3 (31.7%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1097	<b>KRAKOWIAK Maciej</b>	<b>2477</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	641	10:00	00:58:02	<b>03:04:29.15</b>	<b>03:04:29.15</b>	+02:07:01 (68.9%)	18:26	3.3 (31.7%)
1098	<b>KRAKOWIAK Ewelina</b>	<b>2476</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	191	10:00	00:58:03	<b>03:04:29.25</b>	<b>03:04:29.25</b>	+02:07:01 (68.9%)	18:26	3.3 (31.7%)
1099	<b>KAZUBEK Michał</b>	<b>2528</b>		Open Mężczyzn	642	10:00	01:00:26	<b>03:04:38.95</b>	<b>03:04:38.95</b>	+02:07:11 (68.9%)	18:27	3.2 (30.8%)
1099	<b>ŁĘPICKI Mateusz</b>	<b>2717</b>	LEMON TEAM	Open Mężczyzn	642	10:30	00:57:37	<b>03:04:38.95</b>	<b>03:04:38.95</b>	+02:07:11 (68.9%)	18:27	3.2 (30.8%)
1101	<b>ŁĘPICKA Marta</b>	<b>2791</b>		Open Kobiet	192	10:30	00:57:37	<b>03:04:39.05</b>	<b>03:04:39.05</b>	+02:07:11 (68.9%)	18:27	3.2 (30.8%)
1102	<b>PIOTROWSKA Agnieszka</b>	<b>3432</b>	SIUSIAKI	Open Kobiet	193	12:00	01:13:40	<b>03:05:06.75</b>	<b>03:05:06.75</b>	+02:07:38 (69.0%)	18:30	3.2 (30.8%)
1102	<b>BIAŁOSZEWSKA Martyna</b>	<b>3486</b>	SIUSIAKI	Open Kobiet	193	12:00	01:13:28	<b>03:05:06.75</b>	<b>03:05:06.75</b>	+02:07:38 (69.0%)	18:30	3.2 (30.8%)
1104	<b>WALCZAK Julian</b>	<b>2292</b>		Open Mężczyzn	644	12:00	01:13:24	<b>03:05:07.20</b>	<b>03:05:07.20</b>	+02:07:39 (69.0%)	18:30	3.2 (30.8%)
1105	<b>NADOLNY Kamil</b>	<b>3224</b>	BORATOCR	Open Mężczyzn	645	12:00	01:13:29	<b>03:05:07.50</b>	<b>03:05:07.50</b>	+02:07:39 (69.0%)	18:30	3.2 (30.8%)
1106	<b>WZOREK Małgorzata</b>	<b>2146</b>	SIUSIAKI	Open Kobiet	195	12:00	01:13:23	<b>03:05:08.45</b>	<b>03:05:08.45</b>	+02:07:40 (69.0%)	18:30	3.2 (30.8%)
1107	<b>CHODOWSKI Łukasz</b>	<b>3232</b>	HUSARIA RACE TEAM	Open Mężczyzn	646	12:00	01:13:23	<b>03:05:08.50</b>	<b>03:05:08.50</b>	+02:07:40 (69.0%)	18:30	3.2 (30.8%)
1108	<b>MACIĄG Karolina</b>	<b>3431</b>	SIUSIAKI	Open Kobiet	196	12:00	01:13:40	<b>03:05:09.90</b>	<b>03:05:09.90</b>	+02:07:41 (69.0%)	18:30	3.2 (30.8%)
1109	<b>KAFLOWSKI Artur</b>	<b>2377</b>	UTANI GRAN HUR	Open Mężczyzn	647	09:45	00:47:45	<b>03:05:11.40</b>	<b>03:05:11.40</b>	+02:07:43 (69.0%)	18:31	3.2 (30.8%)
1110	<b>KORNAS Karolina</b>	<b>3015</b>	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	197	11:00	01:03:07	<b>03:05:20.10</b>	<b>03:05:20.10</b>	+02:07:52 (69.0%)	18:32	3.2 (30.8%)
1111	<b>KALIŃSKA Janina</b>	<b>2854</b>	PRIME FITNESS RUNMAGEDDON TEAM	Open Masters Kobiet	36	10:45	01:05:59	<b>03:05:26.10</b>	<b>03:05:26.10</b>	+02:07:58 (69.0%)	18:32	3.2 (30.8%)
1112	<b>MARTYNÓW Katarzyna</b>	<b>2856</b>	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	198	10:45	00:56:48	<b>03:05:26.90</b>	<b>03:05:26.90</b>	+02:07:58 (69.0%)	18:32	3.2 (30.8%)
1113	<b>WŁODARCZYK Jan</b>	<b>2226</b>	HUSARIA RACE TEAM	Open Mężczyzn	648	09:30	00:41:37	<b>03:05:46.60</b>	<b>03:05:46.60</b>	+02:08:18 (69.1%)	18:34	3.2 (30.8%)
1114	<b>KACZOROWSKI Tomasz</b>	<b>2526</b>		Open Mężczyzn	649	10:00	00:57:46	<b>03:05:53.80</b>	<b>03:05:53.80</b>	+02:08:25 (69.1%)	18:35	3.2 (30.8%)
1115	<b>BILEWICZ Kacper</b>	<b>2514</b>		Open Mężczyzn	650	10:00	00:58:14	<b>03:06:07.90</b>	<b>03:06:07.90</b>	+02:08:39 (69.1%)	18:36	3.2 (30.8%)
1116	<b>PURCHALAK Karolina</b>	<b>2279</b>		Open Kobiet	199	09:30	00:57:20	<b>03:06:17.10</b>	<b>03:06:17.10</b>	+02:08:49 (69.2%)	18:37	3.2 (30.8%)
1117	<b>WOJTASIK Natalia</b>	<b>3082</b>		Open Kobiet	200	11:00	01:03:07	<b>03:06:20.80</b>	<b>03:06:20.80</b>	+02:08:52 (69.2%)	18:38	3.2 (30.8%)
1118	<b>HOREŻGA Dorota</b>	<b>2322</b>	HUSARIA RACE TEAM	Open Kobiet	201	09:30	01:03:25	<b>03:06:24.85</b>	<b>03:06:24.85</b>	+02:08:56 (69.2%)	18:38	3.2 (30.8%)
1119	<b>TUZINKIEWICZ Jagoda</b>	<b>3345</b>	EX TEAM	Open Kobiet	202	09:30	01:03:26	<b>03:06:25.20</b>	<b>03:06:25.20</b>	+02:08:57 (69.2%)	18:38	3.2 (30.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1120	<b>ANTOS Dominik</b>	<b>2438</b>	HUSARIA RACE TEAM	Open Mężczyzn	651	10:00	00:57:41	<b>03:06:31.15</b>	<b>03:06:31.15</b>	+02:09:03 (69.2%)	18:39	3.2 (30.8%)
1121	<b>WILCZEK Marcin</b>	<b>2420</b>		Open Mężczyzn	652	09:45	00:49:05	<b>03:06:33.80</b>	<b>03:06:33.80</b>	+02:09:05 (69.2%)	18:39	3.2 (30.8%)
1122	<b>PIOTROWSKA Alicja</b>	<b>2702</b>	FIT & MORE RYBNIK	Open Masters Kobiet	37	10:30	00:55:14	<b>03:06:40.40</b>	<b>03:06:40.40</b>	+02:09:12 (69.2%)	18:40	3.2 (30.8%)
1123	<b>PIOTROWSKI Adam</b>	<b>2703</b>	FIT & MORE RYBNIK	Open Mężczyzn	653	10:30	00:55:17	<b>03:06:41.25</b>	<b>03:06:41.25</b>	+02:09:13 (69.2%)	18:40	3.2 (30.8%)
1124	<b>TADYCH Marcin</b>	<b>2841</b>	L3RO PIŁA	Open Mężczyzn	654	10:45	00:52:17	<b>03:07:12.25</b>	<b>03:07:12.25</b>	+02:09:44 (69.3%)	18:43	3.2 (30.8%)
1125	<b>LEŚNIAK Natalia</b>	<b>2792</b>		Open Kobiet	203	10:30	01:07:44	<b>03:07:54.10</b>	<b>03:07:54.10</b>	+02:10:26 (69.4%)	18:47	3.2 (30.8%)
1126	<b>KIERZKOWSKI Radosław</b>	<b>3373</b>	ROSSMANN	Open Mężczyzn	655	11:45	01:08:08	<b>03:07:54.75</b>	<b>03:07:54.75</b>	+02:10:26 (69.4%)	18:47	3.2 (30.8%)
1127	<b>BAŁUCKA Gabriela</b>	<b>2768</b>		Open Kobiet	204	10:30	01:07:45	<b>03:07:57.65</b>	<b>03:07:57.65</b>	+02:10:29 (69.4%)	18:47	3.2 (30.8%)
1128	<b>PAWLAK Rafał</b>	<b>2745</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	656	10:30	00:49:41	<b>03:08:01.20</b>	<b>03:08:01.20</b>	+02:10:33 (69.4%)	18:48	3.2 (30.8%)
1129	<b>BERNADY Magdalena</b>	<b>2887</b>	X-TEAM TARNÓW	Open Kobiet	205	10:45	00:57:14	<b>03:08:13.35</b>	<b>03:08:13.35</b>	+02:10:45 (69.5%)	18:49	3.2 (30.8%)
1130	<b>PACZKOWSKI Tomasz</b>	<b>2481</b>	RUNMAGEDDONOWE ŚWIRY	Open Masters Mężczyzn	146	10:00	00:59:08	<b>03:08:14.50</b>	<b>03:08:14.50</b>	+02:10:46 (69.5%)	18:49	3.2 (30.8%)
1131	<b>JEWUŁA Klaudia</b>	<b>2617</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	206	10:15	01:02:28	<b>03:08:15.85</b>	<b>03:08:15.85</b>	+02:10:47 (69.5%)	18:49	3.2 (30.8%)
1132	<b>PIRZAŃSKI Tomasz</b>	<b>2618</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	657	10:15	01:02:30	<b>03:08:19.50</b>	<b>03:08:19.50</b>	+02:10:51 (69.5%)	18:49	3.2 (30.8%)
1133	<b>POŚNIK Karolina</b>	<b>2619</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	207	10:15	01:02:21	<b>03:08:19.80</b>	<b>03:08:19.80</b>	+02:10:51 (69.5%)	18:49	3.2 (30.8%)
1134	<b>SZUSTER Aleksandra</b>	<b>3116</b>	ŁO PANIE PRZE... !	Open Kobiet	208	11:15	01:03:06	<b>03:08:37.25</b>	<b>03:08:37.25</b>	+02:11:09 (69.5%)	18:51	3.2 (30.8%)
1135	<b>KAŹMIERCZAK Sylwia</b>	<b>3115</b>	ŁO PANIE PRZE... !	Open Kobiet	209	11:15	01:03:07	<b>03:08:37.60</b>	<b>03:08:37.60</b>	+02:11:09 (69.5%)	18:51	3.2 (30.8%)
1136	<b>MIKUŚKIEWICZ Michał</b>	<b>3299</b>		Open Mężczyzn	658	11:30	00:55:03	<b>03:08:38.70</b>	<b>03:08:38.70</b>	+02:11:10 (69.5%)	18:51	3.2 (30.8%)
1137	<b>MIKUŚKIEWICZ Robson</b>	<b>3300</b>		Open Mężczyzn	659	11:30	00:55:05	<b>03:08:40.35</b>	<b>03:08:40.35</b>	+02:11:12 (69.5%)	18:52	3.2 (30.8%)
1138	<b>WSZOLA Lukasz</b>	<b>2152</b>		Open Mężczyzn	660	11:45	00:43:53	<b>03:08:46.90</b>	<b>03:08:46.90</b>	+02:11:18 (69.6%)	18:52	3.2 (30.8%)
1139	<b>MUCHA Robert</b>	<b>2471</b>	RMF4RT GLADIATORS	Open Masters Mężczyzn	147	10:00	01:02:34	<b>03:08:54.10</b>	<b>03:08:54.10</b>	+02:11:26 (69.6%)	18:53	3.2 (30.8%)
1140	<b>BIAŁEK Marcin</b>	<b>3030</b>		Open Mężczyzn	661	11:00	00:54:55	<b>03:08:55.90</b>	<b>03:08:55.90</b>	+02:11:27 (69.6%)	18:53	3.2 (30.8%)
1141	<b>BIAŁEK Krzysztof</b>	<b>3029</b>		Open Mężczyzn	662	11:00	00:55:20	<b>03:08:57.30</b>	<b>03:08:57.30</b>	+02:11:29 (69.6%)	18:53	3.2 (30.8%)
1142	<b>KMERA Rafał</b>	<b>2628</b>	TEAM ŚWINIA	Open Masters Mężczyzn	148	10:15	01:00:19	<b>03:08:57.50</b>	<b>03:08:57.50</b>	+02:11:29 (69.6%)	18:53	3.2 (30.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1143	<b>WOŹNIAK Krzysztof</b>	<b>3382</b>	UNITED RUNNERS	Open Mężczyzn	663	11:45	00:56:57	<b>03:08:59.70</b>	<b>03:08:59.70</b>	+02:11:31 (69.6%)	18:53	3.2 (30.8%)
1144	<b>SZUSTER Kamil</b>	<b>3117</b>	ŁO PANIE PRZE... !	Open Mężczyzn	664	11:15	01:03:06	<b>03:09:18.60</b>	<b>03:09:18.60</b>	+02:11:50 (69.6%)	18:55	3.2 (30.8%)
1145	<b>WALCZAK Dawid</b>	<b>3118</b>	ŁO PANIE PRZE... !	Open Mężczyzn	665	11:15	01:03:04	<b>03:09:21.00</b>	<b>03:09:21.00</b>	+02:11:53 (69.7%)	18:56	3.2 (30.8%)
1146	<b>MATUSZEWICZ Jakub</b>	<b>2668</b>		Open Mężczyzn	666	10:15	01:03:13	<b>03:09:22.85</b>	<b>03:09:22.85</b>	+02:11:54 (69.7%)	18:56	3.2 (30.8%)
1147	<b>KWIATKOWSKA Oliwia</b>	<b>2572</b>	FITFABRIC	Open Kobiet	210	10:15	01:03:13	<b>03:09:23.10</b>	<b>03:09:23.10</b>	+02:11:55 (69.7%)	18:56	3.2 (30.8%)
1148	<b>MICHALIK Kamil</b>	<b>2445</b>	HUSARIA RACE TEAM	Open Mężczyzn	667	10:00	00:51:18	<b>03:09:44.35</b>	<b>03:09:44.35</b>	+02:12:16 (69.7%)	18:58	3.2 (30.8%)
1149	<b>TOMCZYK Anna</b>	<b>3482</b>		Open Kobiet	211	11:45	01:07:54	<b>03:09:45.20</b>	<b>03:09:45.20</b>	+02:12:17 (69.7%)	18:58	3.2 (30.8%)
1150	<b>MIKIELSKI Paweł</b>	<b>3357</b>	MNIEJ MYŚL WIĘCEJ ŻYJ	Open Mężczyzn	668	11:45	01:07:54	<b>03:09:46.50</b>	<b>03:09:46.50</b>	+02:12:18 (69.7%)	18:58	3.2 (30.8%)
1151	<b>JAKUBASZEK Krzysztof</b>	<b>3282</b>		Open Mężczyzn	669	11:30	00:55:02	<b>03:09:55.80</b>	<b>03:09:55.80</b>	+02:12:27 (69.7%)	18:59	3.2 (30.8%)
1152	<b>GŁAZ Jacek</b>	<b>2208</b>	HUSARIA RACE TEAM	Open Masters Mężczyzn	149	09:30	00:55:27	<b>03:10:04.95</b>	<b>03:10:04.95</b>	+02:12:37 (69.8%)	19:00	3.2 (30.8%)
1153	<b>GĄSIOROWSKI Karol</b>	<b>2894</b>	X-TEAM TARNÓW	Open Mężczyzn	670	10:45	00:52:58	<b>03:10:14.30</b>	<b>03:10:14.30</b>	+02:12:46 (69.8%)	19:01	3.2 (30.8%)
1154	<b>LORENOWICZ Agnieszka</b>	<b>2902</b>	X-TEAM TARNÓW	Open Kobiet	212	10:45	00:54:42	<b>03:10:25.90</b>	<b>03:10:25.90</b>	+02:12:57 (69.8%)	19:02	3.2 (30.8%)
1155	<b>BRZEZINKA Mariusz</b>	<b>2747</b>	SOCIOS SILESIA	Open Mężczyzn	671	10:30	00:41:08	<b>03:10:31.70</b>	<b>03:10:31.70</b>	+02:13:03 (69.8%)	19:03	3.1 (29.8%)
1156	<b>RAJ Tomasz</b>	<b>2580</b>	HUSARIA RACE TEAM	Open Masters Mężczyzn	150	10:15	01:02:26	<b>03:10:32.70</b>	<b>03:10:32.70</b>	+02:13:04 (69.8%)	19:03	3.1 (29.8%)
1157	<b>GAJEWSKA Aneta</b>	<b>3470</b>	RMF4RT GLADIATORS	Open Kobiet	213	10:00	01:02:32	<b>03:10:39.65</b>	<b>03:10:39.65</b>	+02:13:11 (69.9%)	19:03	3.1 (29.8%)
1157	<b>MIĘKINA Edyta</b>	<b>2903</b>	X-TEAM TARNÓW	Open Kobiet	213	10:45	00:54:42	<b>03:10:39.65</b>	<b>03:10:39.65</b>	+02:13:11 (69.9%)	19:03	3.1 (29.8%)
1159	<b>PRZYBYSZ Katarzyna</b>	<b>3014</b>	STAMINABOX	Open Kobiet	215	11:00	00:59:08	<b>03:10:42.10</b>	<b>03:10:42.10</b>	+02:13:14 (69.9%)	19:04	3.1 (29.8%)
1160	<b>PIASECKI Hubert</b>	<b>3070</b>		Open Mężczyzn	672	11:00	00:59:08	<b>03:10:42.25</b>	<b>03:10:42.25</b>	+02:13:14 (69.9%)	19:04	3.1 (29.8%)
1161	<b>OŻÓG Ewelina</b>	<b>2859</b>	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	216	10:45	01:06:02	<b>03:10:42.90</b>	<b>03:10:42.90</b>	+02:13:14 (69.9%)	19:04	3.1 (29.8%)
1162	<b>SZYMAŃSKI Adam</b>	<b>2832</b>	DZIADY OCR	Open Masters Mężczyzn	151	10:45	00:57:59	<b>03:10:43.55</b>	<b>03:10:43.55</b>	+02:13:15 (69.9%)	19:04	3.1 (29.8%)
1163	<b>SADZIK-DURKA Marta</b>	<b>2863</b>	PRIME FITNESS RUNMAGEDDON TEAM	Open Masters Kobiet	38	10:45	01:05:57	<b>03:10:43.90</b>	<b>03:10:43.90</b>	+02:13:15 (69.9%)	19:04	3.1 (29.8%)
1164	<b>WIŚNIEWSKA Marta</b>	<b>2706</b>	FIT WORKOUT	Open Kobiet	217	10:30	01:08:43	<b>03:10:55.80</b>	<b>03:10:55.80</b>	+02:13:27 (69.9%)	19:05	3.1 (29.8%)
1165	<b>GUMIELA Adam</b>	<b>2014</b>	GRYF TEAM	Open Mężczyzn	673	09:00	00:43:47	<b>03:11:18.00</b>	<b>03:11:18.00</b>	+02:13:50 (70.0%)	19:07	3.1 (29.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1166	<b>ŁUKASIK Zuzanna</b>	<b>2344</b>	ŁOWCY PIEROŻKÓW	Open Kobiet	218	09:45	01:01:38	<b>03:11:19.40</b>	<b>03:11:19.40</b>	+02:13:51 (70.0%)	19:07	3.1 (29.8%)
1167	<b>KWIATKOWSKI Robert</b>	<b>2400</b>		Open Mężczyzn	674	09:45	00:59:02	<b>03:11:23.25</b>	<b>03:11:23.25</b>	+02:13:55 (70.0%)	19:08	3.1 (29.8%)
1168	<b>JARZĄBEK Victoria</b>	<b>2085</b>	CARBON OCR RACING TEAM	Open Kobiet	219	09:15	00:43:14	<b>03:11:30.00</b>	<b>03:11:30.00</b>	+02:14:02 (70.0%)	19:09	3.1 (29.8%)
1169	<b>PIESIURA Izabela</b>	<b>2937</b>		Open Masters Kobiet	39	10:45	00:57:59	<b>03:11:48.40</b>	<b>03:11:48.40</b>	+02:14:20 (70.0%)	19:10	3.1 (29.8%)
1170	<b>PIESIURA Eugeniusz</b>	<b>2936</b>		Open Masters Mężczyzn	152	10:45	00:58:00	<b>03:11:48.55</b>	<b>03:11:48.55</b>	+02:14:20 (70.0%)	19:10	3.1 (29.8%)
1171	<b>BRZEZIŃSKI Jacek</b>	<b>2889</b>	X-TEAM TARNÓW	Open Mężczyzn	675	10:45	00:54:22	<b>03:11:52.00</b>	<b>03:11:52.00</b>	+02:14:24 (70.0%)	19:11	3.1 (29.8%)
1172	<b>ROHDE Rafał</b>	<b>2862</b>	PRIME FITNESS RUNMAGEDDON TEAM	Open Masters Mężczyzn	153	10:45	00:56:48	<b>03:12:09.70</b>	<b>03:12:09.70</b>	+02:14:41 (70.1%)	19:12	3.1 (29.8%)
1173	<b>WIĘCEK Sebastian</b>	<b>3495</b>	SOCIOS SILESIA	Open Mężczyzn	676	09:30	01:11:49	<b>03:12:23.95</b>	<b>03:12:23.95</b>	+02:14:56 (70.1%)	19:14	3.1 (29.8%)
1174	<b>PAWŁOWSKI Krzysztof</b>	<b>3024</b>	WILK TRENUJE	Open Mężczyzn	677	11:00	01:00:43	<b>03:12:38.15</b>	<b>03:12:38.15</b>	+02:15:10 (70.2%)	19:15	3.1 (29.8%)
1175	<b>ROSKIEWICZ Wojciech</b>	<b>2763</b>	TORTUREYOURSELFMF	Open Mężczyzn	678	10:30	01:03:39	<b>03:12:39.90</b>	<b>03:12:39.90</b>	+02:15:11 (70.2%)	19:15	3.1 (29.8%)
1176	<b>PIETRASZEK Andre</b>	<b>2762</b>	TORTUREYOURSELFMF	Open Masters Mężczyzn	154	10:30	01:03:39	<b>03:12:41.55</b>	<b>03:12:41.55</b>	+02:15:13 (70.2%)	19:16	3.1 (29.8%)
1177	<b>GAŁAN Tomasz</b>	<b>2585</b>	KOJOTY	Open Mężczyzn	679	10:15	00:56:50	<b>03:12:50.45</b>	<b>03:12:50.45</b>	+02:15:22 (70.2%)	19:17	3.1 (29.8%)
1178	<b>ZAJĄC Magdalena</b>	<b>2588</b>	KOJOTY	Open Kobiet	220	10:15	00:56:53	<b>03:12:51.25</b>	<b>03:12:51.25</b>	+02:15:23 (70.2%)	19:17	3.1 (29.8%)
1179	<b>MICHALAK Daniel</b>	<b>2587</b>	KOJOTY	Open Mężczyzn	680	10:15	00:56:45	<b>03:12:51.60</b>	<b>03:12:51.60</b>	+02:15:23 (70.2%)	19:17	3.1 (29.8%)
1180	<b>MATEJA Grzegorz</b>	<b>2586</b>	KOJOTY	Open Mężczyzn	681	10:15	00:56:58	<b>03:12:51.70</b>	<b>03:12:51.70</b>	+02:15:23 (70.2%)	19:17	3.1 (29.8%)
1181	<b>ZAJĄC Paweł</b>	<b>2589</b>	KOJOTY	Open Mężczyzn	682	10:15	00:56:44	<b>03:12:51.85</b>	<b>03:12:51.85</b>	+02:15:23 (70.2%)	19:17	3.1 (29.8%)
1182	<b>GAŁAN Barbara</b>	<b>2584</b>	KOJOTY	Open Kobiet	221	10:15		<b>03:12:59.10</b>	<b>03:12:59.10</b>	+02:15:31 (70.2%)	19:17	3.1 (29.8%)
1183	<b>ZIEMBA Katarzyna</b>	<b>3378</b>	SAMOTNE WILKI	Open Kobiet	222	11:45	01:08:00	<b>03:13:00.25</b>	<b>03:13:00.25</b>	+02:15:32 (70.2%)	19:18	3.1 (29.8%)
1184	<b>MACHOWSKI Mirosław</b>	<b>3377</b>	SAMOTNE WILKI	Open Masters Mężczyzn	155	11:45	01:08:08	<b>03:13:01.60</b>	<b>03:13:01.60</b>	+02:15:33 (70.2%)	19:18	3.1 (29.8%)
1185	<b>MAJEWSKI Robert</b>	<b>3407</b>		Open Masters Mężczyzn	156	11:45	01:13:51	<b>03:13:02.30</b>	<b>03:13:02.30</b>	+02:15:34 (70.2%)	19:18	3.1 (29.8%)
1186	<b>LITWIN Paweł</b>	<b>3254</b>	PITKA MATKA	Open Mężczyzn	683	11:30	01:00:18	<b>03:13:22.00</b>	<b>03:13:22.00</b>	+02:15:54 (70.3%)	19:20	3.1 (29.8%)
1187	<b>POLAK Iwona</b>	<b>3255</b>	PITKA MATKA	Open Kobiet	223	11:30	01:00:39	<b>03:13:25.90</b>	<b>03:13:25.90</b>	+02:15:57 (70.3%)	19:20	3.1 (29.8%)
1188	<b>KRAMEK Paweł</b>	<b>3251</b>	PITKA MATKA	Open Mężczyzn	684	11:30	01:00:12	<b>03:13:26.80</b>	<b>03:13:26.80</b>	+02:15:58 (70.3%)	19:20	3.1 (29.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1189	LITWIN Marek	3252	PITKA MATKA	Open Mężczyzn	685	11:30	01:00:19	03:13:26.85	03:13:26.85	+02:15:58 (70.3%)	19:20	3.1 (29.8%)
1190	LITWIN Marta	3253	PITKA MATKA	Open Kobiet	224	11:30	01:00:39	03:13:27.20	03:13:27.20	+02:15:59 (70.3%)	19:20	3.1 (29.8%)
1191	SIERECKI Zbigniew	2678		Open Masters Mężczyzn	157	10:15	01:00:15	03:13:29.15	03:13:29.15	+02:16:01 (70.3%)	19:20	3.1 (29.8%)
1192	KULECZKA Jacek	2662		Open Mężczyzn	686	10:15	01:00:14	03:13:29.20	03:13:29.20	+02:16:01 (70.3%)	19:20	3.1 (29.8%)
1193	SKLEPOWICZ Jacek	2621	RUNMAGEDDONOWE ŚWIRY	Open Masters Mężczyzn	158	10:15	01:00:17	03:13:29.30	03:13:29.30	+02:16:01 (70.3%)	19:20	3.1 (29.8%)
1194	SZYMAŃSKI Bartłomiej	2366	RMF4RT GLADIATORS	Open Mężczyzn	687	09:45	00:58:53	03:13:29.40	03:13:29.40	+02:16:01 (70.3%)	19:20	3.1 (29.8%)
1194	ALBIGOWSKA Magdalena	2610	ROSSMANN	Open Kobiet	225	10:15	01:00:23	03:13:29.40	03:13:29.40	+02:16:01 (70.3%)	19:20	3.1 (29.8%)
1196	POPLAWSKA Ewelina	2677		Open Kobiet	226	10:15	01:00:26	03:13:29.60	03:13:29.60	+02:16:01 (70.3%)	19:20	3.1 (29.8%)
1197	KUBICKA Magdalena	2929		Open Kobiet	227	10:45	00:59:05	03:13:40.00	03:13:40.00	+02:16:12 (70.3%)	19:22	3.1 (29.8%)
1198	JĄŁTUSZYK Ewelina	2922		Open Kobiet	228	10:45	00:59:07	03:13:40.35	03:13:40.35	+02:16:12 (70.3%)	19:22	3.1 (29.8%)
1199	NOVIKOVA Julia	3136	SAMEKONIE- TEAM OLA	Open Kobiet	229	11:15	01:07:12	03:13:41.60	03:13:41.60	+02:16:13 (70.3%)	19:22	3.1 (29.8%)
1200	KAZIMIERCZAK Paweł	2374	SPORTERA OCR	Open Mężczyzn	688	09:45	00:59:20	03:13:58.55	03:13:58.55	+02:16:30 (70.4%)	19:23	3.1 (29.8%)
1201	CYGLER Robert	2205	HUSARIA RACE TEAM	Open Mężczyzn	689	09:30	01:01:55	03:14:08.40	03:14:08.40	+02:16:40 (70.4%)	19:24	3.1 (29.8%)
1202	CHUCHERKO Karol	2262		Open Mężczyzn	690	09:30	01:02:02	03:14:08.90	03:14:08.90	+02:16:40 (70.4%)	19:24	3.1 (29.8%)
1203	WOJTAS Konrad	3334		Open Mężczyzn	691	11:30	00:55:16	03:14:17.50	03:14:17.50	+02:16:49 (70.4%)	19:25	3.1 (29.8%)
1204	KLUSKA Rafał	3289		Open Mężczyzn	692	11:30	00:55:14	03:14:17.65	03:14:17.65	+02:16:49 (70.4%)	19:25	3.1 (29.8%)
1205	STASIAK Marta	3318		Open Kobiet	230	11:30	00:55:15	03:14:18.50	03:14:18.50	+02:16:50 (70.4%)	19:25	3.1 (29.8%)
1206	LEWANDOWSKA Elżbieta	2239	PSYCHOPOGO	Open Kobiet	231	09:30	00:56:36	03:14:29.80	03:14:29.80	+02:17:01 (70.5%)	19:26	3.1 (29.8%)
1207	JAKUBIAK Natalia	2342	ŁOWCY PIEROŻKÓW	Open Kobiet	232	09:45	01:01:38	03:14:30.80	03:14:30.80	+02:17:02 (70.5%)	19:27	3.1 (29.8%)
1208	GÓRNIAK Robert	2238	PSYCHOPOGO	Open Mężczyzn	693	09:30	00:56:36	03:14:31.00	03:14:31.00	+02:17:03 (70.5%)	19:27	3.1 (29.8%)
1209	SOWIŃSKI Kamil	2240	PSYCHOPOGO	Open Mężczyzn	694	09:30	00:56:45	03:14:32.05	03:14:32.05	+02:17:04 (70.5%)	19:27	3.1 (29.8%)
1210	JASIŃSKI Jacek	2343	ŁOWCY PIEROŻKÓW	Open Mężczyzn	695	09:45	01:01:44	03:14:41.70	03:14:41.70	+02:17:13 (70.5%)	19:28	3.1 (29.8%)
1211	BUDZIK Jolanta	2891	X-TEAM TARNÓW	Open Masters Kobiet	40	10:45	00:58:09	03:14:43.75	03:14:43.75	+02:17:15 (70.5%)	19:28	3.1 (29.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1212	<b>JANKOWIAK Piotr</b>	<b>2441</b>	HUSARIA RACE TEAM	Open Mężczyzn	696	10:00	00:47:41	<b>03:14:47.85</b>	<b>03:14:47.85</b>	+02:17:19 (70.5%)	19:28	3.1 (29.8%)
1213	<b>SZYMKOWIAK Arek</b>	<b>3466</b>	HUSARIA RACE TEAM	Open Mężczyzn	697	10:00	00:47:42	<b>03:14:48.95</b>	<b>03:14:48.95</b>	+02:17:21 (70.5%)	19:28	3.1 (29.8%)
1214	<b>GRYŻEWSKI Karol</b>	<b>3000</b>	RMF4RT GLADIATORS	Open Mężczyzn	698	10:00	00:53:27	<b>03:14:49.80</b>	<b>03:14:49.80</b>	+02:17:21 (70.5%)	19:28	3.1 (29.8%)
1215	<b>GIERMEK Anna</b>	<b>2771</b>		Open Kobiet	233	10:30	00:58:12	<b>03:15:00.25</b>	<b>03:15:00.25</b>	+02:17:32 (70.5%)	19:30	3.1 (29.8%)
1216	<b>GIERMEK Michał</b>	<b>2772</b>		Open Mężczyzn	699	10:30	00:58:11	<b>03:15:01.40</b>	<b>03:15:01.40</b>	+02:17:33 (70.5%)	19:30	3.1 (29.8%)
1217	<b>KWIATKOWSKI Mateusz</b>	<b>3061</b>		Open Mężczyzn	700	11:00	00:57:46	<b>03:15:06.60</b>	<b>03:15:06.60</b>	+02:17:38 (70.5%)	19:30	3.1 (29.8%)
1218	<b>RÓŻYCKA Hanna</b>	<b>3475</b>	SIUSIAKI	Open Kobiet	234	09:30	01:27:04	<b>03:15:10.50</b>	<b>03:15:10.50</b>	+02:17:42 (70.6%)	19:31	3.1 (29.8%)
1219	<b>MARUSZAK Mateusz</b>	<b>2667</b>		Open Mężczyzn	701	10:15	01:00:13	<b>03:15:10.95</b>	<b>03:15:10.95</b>	+02:17:43 (70.6%)	19:31	3.1 (29.8%)
1220	<b>ULDYNOWICZ Bartosz</b>	<b>2965</b>	DIRTY SPARROWS	Open Mężczyzn	702	11:00	00:54:40	<b>03:15:14.40</b>	<b>03:15:14.40</b>	+02:17:46 (70.6%)	19:31	3.1 (29.8%)
1221	<b>BLASZKIEWICZ-TUTJ Beata</b>	<b>2888</b>	X-TEAM TARNÓW	Open Masters Kobiet	41	10:45	00:53:49	<b>03:15:22.75</b>	<b>03:15:22.75</b>	+02:17:54 (70.6%)	19:32	3.1 (29.8%)
1222	<b>DADELEWSKA Oliwia</b>	<b>3455</b>	PIĘKNI I BESTIE	Open Kobiet	235	09:30	00:52:05	<b>03:15:26.00</b>	<b>03:15:26.00</b>	+02:17:58 (70.6%)	19:32	3.1 (29.8%)
1223	<b>STASZCZYK Bartłomiej</b>	<b>2908</b>	X-TEAM TARNÓW	Open Mężczyzn	703	10:45	00:50:54	<b>03:15:27.80</b>	<b>03:15:27.80</b>	+02:17:59 (70.6%)	19:32	3.1 (29.8%)
1224	<b>SZYCHUŁDA Joanna</b>	<b>3381</b>	UNITED RUNNERS	Open Kobiet	236	11:45	00:56:57	<b>03:15:31.90</b>	<b>03:15:31.90</b>	+02:18:03 (70.6%)	19:33	3.1 (29.8%)
1225	<b>LEWANDOWSKI Linus</b>	<b>2973</b>	HOMOKOMANDO	Open Mężczyzn	704	11:00	00:56:06	<b>03:15:43.40</b>	<b>03:15:43.40</b>	+02:18:15 (70.6%)	19:34	3.1 (29.8%)
1226	<b>BIEL Marta</b>	<b>2260</b>		Open Kobiet	237	09:30	01:11:30	<b>03:15:47.40</b>	<b>03:15:47.40</b>	+02:18:19 (70.6%)	19:34	3.1 (29.8%)
1227	<b>DRĄG Tomasz</b>	<b>2518</b>		Open Mężczyzn	705	10:00	01:00:16	<b>03:15:55.10</b>	<b>03:15:55.10</b>	+02:18:27 (70.7%)	19:35	3.1 (29.8%)
1228	<b>GADOWSKA Aleksandra</b>	<b>2521</b>		Open Kobiet	238	09:45	01:06:05	<b>03:15:58.65</b>	<b>03:15:58.65</b>	+02:18:30 (70.7%)	19:35	3.1 (29.8%)
1229	<b>GADOWSKI Paweł</b>	<b>2522</b>		Open Mężczyzn	706	09:45	01:06:05	<b>03:16:01.05</b>	<b>03:16:01.05</b>	+02:18:33 (70.7%)	19:36	3.1 (29.8%)
1230	<b>BUDZIK Artur</b>	<b>2890</b>	X-TEAM TARNÓW	Open Masters Mężczyzn	159	10:45	00:58:15	<b>03:16:11.70</b>	<b>03:16:11.70</b>	+02:18:43 (70.7%)	19:37	3.1 (29.8%)
1231	<b>POKORSKA Kasia</b>	<b>2450</b>	HUSARIA RACE TEAM	Open Kobiet	239	09:45	01:06:04	<b>03:16:23.50</b>	<b>03:16:23.50</b>	+02:18:55 (70.7%)	19:38	3.1 (29.8%)
1232	<b>DEMBIŃSKI Artur</b>	<b>2852</b>	PRIME FITNESS RUNMAGEDDON TEAM	Open Masters Mężczyzn	160	10:45	01:06:01	<b>03:16:33.45</b>	<b>03:16:33.45</b>	+02:19:05 (70.8%)	19:39	3.1 (29.8%)
1233	<b>ORYGA Milena</b>	<b>2858</b>	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	240	10:45	01:06:02	<b>03:16:49.50</b>	<b>03:16:49.50</b>	+02:19:21 (70.8%)	19:40	3 (28.8%)
1234	<b>MISZCZUK Ewelina</b>	<b>2931</b>		Open Masters Kobiet	42	10:45	01:08:41	<b>03:17:03.45</b>	<b>03:17:03.45</b>	+02:19:35 (70.8%)	19:42	3 (28.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1235	<b>PAĆZEK Weronika</b>	<b>2766</b>	WATAHA - ŁĄCZY NAS BIEGANIE	Open Kobiet	241	09:30	01:11:33	<b>03:17:04.55</b>	<b>03:17:04.55</b>	+02:19:36 (70.8%)	19:42	3 (28.8%)
1236	<b>WILK Anna</b>	<b>2685</b>		Open Kobiet	242	09:30	01:11:34	<b>03:17:04.75</b>	<b>03:17:04.75</b>	+02:19:36 (70.8%)	19:42	3 (28.8%)
1237	<b>FURGAŁ Ryszard</b>	<b>2392</b>		Open Mężczyzn	707	09:30	01:12:38	<b>03:17:05.35</b>	<b>03:17:05.35</b>	+02:19:37 (70.8%)	19:42	3 (28.8%)
1238	<b>KAMIŃSKI Maciej</b>	<b>2847</b>	NIE W SZCZEPIONKĘ TEAM	Open Mężczyzn	708	10:00	01:02:34	<b>03:17:07.90</b>	<b>03:17:07.90</b>	+02:19:39 (70.8%)	19:42	3 (28.8%)
1239	<b>WIERUCKA Beata</b>	<b>2865</b>	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	243	10:45	01:05:56	<b>03:17:13.65</b>	<b>03:17:13.65</b>	+02:19:45 (70.9%)	19:43	3 (28.8%)
1240	<b>PLUCIŃSKI Jakub</b>	<b>3353</b>	HUSARIA RACE TEAM	Open Mężczyzn	709	09:45	00:37:10	<b>03:17:52.15</b>	<b>03:17:52.15</b>	+02:20:24 (71.0%)	19:47	3 (28.8%)
1241	<b>DĄBROWSKI Natan</b>	<b>3005</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	710	11:00	00:55:42	<b>03:17:58.10</b>	<b>03:17:58.10</b>	+02:20:30 (71.0%)	19:47	3 (28.8%)
1242	<b>POKORSKI Jędrzej</b>	<b>2508</b>	WŚCIEJLIZNA GG+	Open Mężczyzn	711	09:45	01:06:05	<b>03:18:16.60</b>	<b>03:18:16.60</b>	+02:20:48 (71.0%)	19:49	3 (28.8%)
1243	<b>CICHA Judyta</b>	<b>2916</b>		Open Kobiet	244	09:45	01:06:07	<b>03:18:16.90</b>	<b>03:18:16.90</b>	+02:20:48 (71.0%)	19:49	3 (28.8%)
1244	<b>POKORSKI Rafał</b>	<b>2451</b>	HUSARIA RACE TEAM	Open Masters Mężczyzn	161	09:45	01:05:54	<b>03:18:17.00</b>	<b>03:18:17.00</b>	+02:20:49 (71.0%)	19:49	3 (28.8%)
1245	<b>WEGNER Patryk</b>	<b>3332</b>		Open Mężczyzn	712	09:30	01:09:29	<b>03:18:19.05</b>	<b>03:18:19.05</b>	+02:20:51 (71.0%)	19:49	3 (28.8%)
1246	<b>DUDA Kamil</b>	<b>2892</b>	X-TEAM TARNÓW	Open Mężczyzn	713	10:45	00:57:15	<b>03:18:42.05</b>	<b>03:18:42.05</b>	+02:21:14 (71.1%)	19:52	3 (28.8%)
1247	<b>HRYNCZYSZYN Jacek</b>	<b>2494</b>	TOYOTA RUNMATOR	Open Mężczyzn	714	10:00	00:53:04	<b>03:18:48.25</b>	<b>03:18:48.25</b>	+02:21:20 (71.1%)	19:52	3 (28.8%)
1248	<b>KOTAS Patrycja</b>	<b>2475</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	245	10:00	01:06:28	<b>03:18:49.75</b>	<b>03:18:49.75</b>	+02:21:21 (71.1%)	19:52	3 (28.8%)
1249	<b>URBAŃSKI Dariusz</b>	<b>2500</b>	TOYOTA RUNMATOR	Open Mężczyzn	715	10:00	00:52:59	<b>03:18:50.50</b>	<b>03:18:50.50</b>	+02:21:22 (71.1%)	19:53	3 (28.8%)
1250	<b>SKOWROŃSKA Maja</b>	<b>2689</b>	CR-LISKI	Open Kobiet	246	10:30	01:05:49	<b>03:19:03.60</b>	<b>03:19:03.60</b>	+02:21:35 (71.1%)	19:54	3 (28.8%)
1251	<b>GRUDZIŃSKA Ania</b>	<b>3013</b>	SAME KONIE #OLATEAM	Open Masters Kobiet	43	11:15	01:07:07	<b>03:19:17.60</b>	<b>03:19:17.60</b>	+02:21:49 (71.2%)	19:55	3 (28.8%)
1252	<b>MALARA Dalia</b>	<b>2187</b>	CARBON OCR RACING TEAM	Open Kobiet	247	09:30	01:02:44	<b>03:19:45.20</b>	<b>03:19:45.20</b>	+02:22:17 (71.2%)	19:58	3 (28.8%)
1253	<b>VOYTOVYCH Halyna</b>	<b>3010</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	248	11:00	01:01:07	<b>03:19:47.95</b>	<b>03:19:47.95</b>	+02:22:20 (71.2%)	19:58	3 (28.8%)
1254	<b>NORWA Michał</b>	<b>3008</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	716	11:00	01:01:08	<b>03:19:49.65</b>	<b>03:19:49.65</b>	+02:22:21 (71.2%)	19:58	3 (28.8%)
1255	<b>SMAGACZ Renata</b>	<b>2907</b>	X-TEAM TARNÓW	Open Kobiet	249	10:45	00:52:51	<b>03:19:52.65</b>	<b>03:19:52.65</b>	+02:22:24 (71.2%)	19:59	3 (28.8%)
1256	<b>OLSZEWSKA Kamila</b>	<b>2857</b>	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	250	10:45	01:06:07	<b>03:20:10.50</b>	<b>03:20:10.50</b>	+02:22:42 (71.3%)	20:01	3 (28.8%)
1257	<b>TEODORCZUK Dorota</b>	<b>2864</b>	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	251	10:45	01:06:27	<b>03:20:11.25</b>	<b>03:20:11.25</b>	+02:22:43 (71.3%)	20:01	3 (28.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1258	<b>NOWAK Anna</b>	<b>2446</b>	HUSARIA RACE TEAM	Open Kobiet	252	10:30	01:02:52	<b>03:20:27.30</b>	<b>03:20:27.30</b>	+02:22:59 (71.3%)	20:02	3 (28.8%)
1259	<b>KRUGLAK Anna</b>	<b>2712</b>	HUSARIA RACE TEAM	Open Masters Kobiet	44	10:30	01:02:52	<b>03:20:28.75</b>	<b>03:20:28.75</b>	+02:23:00 (71.3%)	20:02	3 (28.8%)
1260	<b>RECKO Elwira</b>	<b>2860</b>	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	253	10:45	01:06:04	<b>03:20:28.90</b>	<b>03:20:28.90</b>	+02:23:00 (71.3%)	20:02	3 (28.8%)
1261	<b>BOGUSŁAWSKI Łukasz</b>	<b>2851</b>	PRIME FITNESS RUNMAGEDDON TEAM	Open Mężczyzn	717	10:45	01:05:44	<b>03:20:33.20</b>	<b>03:20:33.20</b>	+02:23:05 (71.3%)	20:03	3 (28.8%)
1262	<b>KANTOR Aleksandra</b>	<b>2898</b>	X-TEAM TARNÓW	Open Kobiet	254	10:45	00:54:44	<b>03:20:35.65</b>	<b>03:20:35.65</b>	+02:23:07 (71.4%)	20:03	3 (28.8%)
1263	<b>KORGOL Fabian</b>	<b>2398</b>		Open Mężczyzn	718	09:45	00:57:10	<b>03:20:42.80</b>	<b>03:20:42.80</b>	+02:23:14 (71.4%)	20:04	3 (28.8%)
1264	<b>SZOPIŃSKA Katarzyna</b>	<b>2693</b>	EMEL ATHLETIC TEAM	Open Kobiet	255	10:30	01:02:54	<b>03:20:45.70</b>	<b>03:20:45.70</b>	+02:23:17 (71.4%)	20:04	3 (28.8%)
1265	<b>SIKORA Kamil</b>	<b>2943</b>		Open Mężczyzn	719	10:45	01:13:47	<b>03:20:58.05</b>	<b>03:20:58.05</b>	+02:23:30 (71.4%)	20:05	3 (28.8%)
1266	<b>RECKO Michał</b>	<b>2861</b>	PRIME FITNESS RUNMAGEDDON TEAM	Open Mężczyzn	720	10:45	01:06:04	<b>03:21:01.65</b>	<b>03:21:01.65</b>	+02:23:33 (71.4%)	20:06	3 (28.8%)
1267	<b>ŁANOCHA Michał</b>	<b>2901</b>	X-TEAM TARNÓW	Open Mężczyzn	721	10:45	00:50:36	<b>03:21:03.05</b>	<b>03:21:03.05</b>	+02:23:35 (71.4%)	20:06	3 (28.8%)
1268	<b>WOŹNICKA Lucyna</b>	<b>3140</b>	SAMEKONIE- TEAM OLA	Open Kobiet	256	11:15	01:07:08	<b>03:21:05.20</b>	<b>03:21:05.20</b>	+02:23:37 (71.4%)	20:06	3 (28.8%)
1269	<b>ORŁOWSKI Wojciech</b>	<b>2498</b>	TOYOTA RUNMATOR	Open Mężczyzn	722	10:00	00:52:58	<b>03:21:27.25</b>	<b>03:21:27.25</b>	+02:23:59 (71.5%)	20:08	3 (28.8%)
1270	<b>KEMPIŃSKA Magdalena</b>	<b>2926</b>		Open Kobiet	257	10:45	01:08:41	<b>03:21:31.45</b>	<b>03:21:31.45</b>	+02:24:03 (71.5%)	20:09	3 (28.8%)
1271	<b>JAKUBIK Anna</b>	<b>2709</b>	HUSARIA RACE TEAM	Open Kobiet	258	10:30	01:02:52	<b>03:21:31.90</b>	<b>03:21:31.90</b>	+02:24:03 (71.5%)	20:09	3 (28.8%)
1272	<b>KEMPIŃSKA Izabela</b>	<b>2925</b>		Open Kobiet	259	10:45	01:08:41	<b>03:21:31.95</b>	<b>03:21:31.95</b>	+02:24:04 (71.5%)	20:09	3 (28.8%)
1273	<b>JĘDROSZ Aleksandra</b>	<b>3135</b>	SAMEKONIE- TEAM OLA	Open Kobiet	260	11:15	01:07:18	<b>03:22:09.55</b>	<b>03:22:09.55</b>	+02:24:41 (71.6%)	20:12	3 (28.8%)
1274	<b>TRATKOWSKI Grzegorz</b>	<b>3139</b>	SAMEKONIE- TEAM OLA	Open Mężczyzn	723	11:15	01:07:05	<b>03:22:10.20</b>	<b>03:22:10.20</b>	+02:24:42 (71.6%)	20:13	3 (28.8%)
1275	<b>TRATKOWSKA Brygida</b>	<b>3138</b>	SAMEKONIE- TEAM OLA	Open Masters Kobiet	45	11:15	01:07:05	<b>03:22:11.20</b>	<b>03:22:11.20</b>	+02:24:43 (71.6%)	20:13	3 (28.8%)
1276	<b>OSTRASZ Piotr</b>	<b>3137</b>	SAMEKONIE- TEAM OLA	Open Mężczyzn	724	11:15	01:07:03	<b>03:22:11.35</b>	<b>03:22:11.35</b>	+02:24:43 (71.6%)	20:13	3 (28.8%)
1277	<b>ŚWIERKOSZ Mirosław</b>	<b>2814</b>		Open Masters Mężczyzn	162	10:30	01:07:43	<b>03:22:19.90</b>	<b>03:22:19.90</b>	+02:24:51 (71.6%)	20:13	3 (28.8%)
1278	<b>ŚWIERKOSZ Aleksandra</b>	<b>2812</b>		Open Kobiet	261	10:30	01:08:02	<b>03:22:20.70</b>	<b>03:22:20.70</b>	+02:24:52 (71.6%)	20:14	3 (28.8%)
1279	<b>ŚWIERKOSZ Andrzej</b>	<b>2813</b>		Open Mężczyzn	725	10:30	01:08:03	<b>03:22:21.60</b>	<b>03:22:21.60</b>	+02:24:53 (71.6%)	20:14	3 (28.8%)
1280	<b>GŁAZ Magdalena</b>	<b>2209</b>	HUSARIA RACE TEAM	Open Kobiet	262	09:30	00:55:27	<b>03:22:44.15</b>	<b>03:22:44.15</b>	+02:25:16 (71.7%)	20:16	3 (28.8%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1281	<b>SKUDLARZ Aleksandra</b>	<b>2964</b>	DIRTY SPARROWS	Open Kobiet	263	11:00	00:55:12	<b>03:23:00.80</b>	<b>03:23:00.80</b>	+02:25:32 (71.7%)	20:18	3 (28.8%)
1282	<b>OŹMINKOWSKA Aleksandra</b>	<b>2963</b>	DIRTY SPARROWS	Open Kobiet	264	11:00	00:54:44	<b>03:23:01.10</b>	<b>03:23:01.10</b>	+02:25:33 (71.7%)	20:18	3 (28.8%)
1283	<b>KOREK Krzysztof</b>	<b>3055</b>		Open Mężczyzn	726	11:00	00:55:12	<b>03:23:02.55</b>	<b>03:23:02.55</b>	+02:25:34 (71.7%)	20:18	3 (28.8%)
1284	<b>KOZŁOWSKA Malwina</b>	<b>2196</b>	DIRTY SPARROWS	Open Kobiet	265	11:00	00:54:07	<b>03:23:02.60</b>	<b>03:23:02.60</b>	+02:25:34 (71.7%)	20:18	3 (28.8%)
1285	<b>SZTACHELSKI Krzysztof</b>	<b>3419</b>		Open Masters Mężczyzn	163	11:45	00:39:23	<b>03:23:08.70</b>	<b>03:23:08.70</b>	+02:25:40 (71.7%)	20:18	3 (28.8%)
1286	<b>LUBELSKA Dominika</b>	<b>3085</b>	#LEJDISSTUDIO_ZGIERZ_CHYBA_TY_2.0	Open Kobiet	266	11:15	01:00:52	<b>03:23:26.25</b>	<b>03:23:26.25</b>	+02:25:58 (71.8%)	20:20	2.9 (27.9%)
1287	<b>SKAWIŃSKI Konrad</b>	<b>3086</b>	#LEJDISSTUDIO_ZGIERZ_CHYBA_TY_2.0	Open Mężczyzn	727	11:15	01:00:36	<b>03:23:26.35</b>	<b>03:23:26.35</b>	+02:25:58 (71.8%)	20:20	2.9 (27.9%)
1288	<b>KOŁODZIEJCZAK Jakub</b>	<b>3084</b>	#LEJDISSTUDIO_ZGIERZ_CHYBA_TY_2.0	Open Mężczyzn	728	11:15	01:00:52	<b>03:23:26.80</b>	<b>03:23:26.80</b>	+02:25:58 (71.8%)	20:20	2.9 (27.9%)
1289	<b>CZYŻEWSKI Bartłomiej</b>	<b>2688</b>	CR-LISKI	Open Mężczyzn	729	10:30	01:05:48	<b>03:23:42.10</b>	<b>03:23:42.10</b>	+02:26:14 (71.8%)	20:22	2.9 (27.9%)
1290	<b>TYMIŃSKI Michał</b>	<b>3422</b>		Open Mężczyzn	730	09:45	01:02:43	<b>03:23:44.40</b>	<b>03:23:44.40</b>	+02:26:16 (71.8%)	20:22	2.9 (27.9%)
1291	<b>SZCZEŚNIAK Katarzyna</b>	<b>2416</b>		Open Kobiet	267	09:45	01:00:03	<b>03:23:49.05</b>	<b>03:23:49.05</b>	+02:26:21 (71.8%)	20:22	2.9 (27.9%)
1292	<b>JOCHEMSKI Mikołaj</b>	<b>3049</b>		Open Mężczyzn	731	11:00	01:04:27	<b>03:23:51.55</b>	<b>03:23:51.55</b>	+02:26:23 (71.8%)	20:23	2.9 (27.9%)
1293	<b>MROCZEK Katarzyna</b>	<b>2364</b>	RMF4RT GLADIATORS	Open Kobiet	268	09:45	01:00:03	<b>03:23:51.90</b>	<b>03:23:51.90</b>	+02:26:23 (71.8%)	20:23	2.9 (27.9%)
1294	<b>JOCHEMSKA Karolina</b>	<b>3048</b>		Open Kobiet	269	11:00	01:04:57	<b>03:23:52.80</b>	<b>03:23:52.80</b>	+02:26:24 (71.8%)	20:23	2.9 (27.9%)
1295	<b>GRUSZFELD Agnieszka</b>	<b>3042</b>		Open Kobiet	270	11:00	01:05:15	<b>03:23:59.70</b>	<b>03:23:59.70</b>	+02:26:31 (71.8%)	20:23	2.9 (27.9%)
1296	<b>SOBOLEWSKA Beata</b>	<b>3473</b>		Open Kobiet	271	11:00	01:04:58	<b>03:23:59.75</b>	<b>03:23:59.75</b>	+02:26:31 (71.8%)	20:23	2.9 (27.9%)
1297	<b>GRUSZFELD Przemek</b>	<b>3043</b>		Open Mężczyzn	732	11:00	01:05:15	<b>03:24:00.85</b>	<b>03:24:00.85</b>	+02:26:32 (71.8%)	20:24	2.9 (27.9%)
1298	<b>STAŃCZAK Łukasz</b>	<b>2538</b>		Open Mężczyzn	733	10:00	01:10:37	<b>03:24:08.45</b>	<b>03:24:08.45</b>	+02:26:40 (71.8%)	20:24	2.9 (27.9%)
1299	<b>PANDER Marek</b>	<b>2800</b>		Open Mężczyzn	734	10:30	01:08:02	<b>03:24:13.65</b>	<b>03:24:13.65</b>	+02:26:45 (71.9%)	20:25	2.9 (27.9%)
1300	<b>KAROLIŃSKA Aleksandra</b>	<b>2380</b>	WATAHA	Open Kobiet	272	09:45	00:59:53	<b>03:24:21.00</b>	<b>03:24:21.00</b>	+02:26:53 (71.9%)	20:26	2.9 (27.9%)
1301	<b>GRAJEWSKI Olgierd</b>	<b>2474</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	735	10:00	01:10:39	<b>03:24:32.60</b>	<b>03:24:32.60</b>	+02:27:04 (71.9%)	20:27	2.9 (27.9%)
1302	<b>MIŁOWICKA Karolina</b>	<b>2479</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	273	10:00	01:10:38	<b>03:24:32.80</b>	<b>03:24:32.80</b>	+02:27:04 (71.9%)	20:27	2.9 (27.9%)
1303	<b>PTASIŃSKA Kinga</b>	<b>2365</b>	RMF4RT GLADIATORS	Open Kobiet	274	09:45	00:58:54	<b>03:24:33.85</b>	<b>03:24:33.85</b>	+02:27:05 (71.9%)	20:27	2.9 (27.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1304	<b>WÓJCIAK Ewelina</b>	<b>2421</b>		Open Kobiet	275	09:45	00:58:56	<b>03:25:02.20</b>	<b>03:25:02.20</b>	+02:27:34 (72.0%)	20:30	2.9 (27.9%)
1305	<b>LEWANDOWSKA Joanna</b>	<b>2991</b>	NIE W SZCZEPIONKĘ TEAM	Open Kobiet	276	10:00	01:01:41	<b>03:26:12.65</b>	<b>03:26:12.65</b>	+02:28:44 (72.1%)	20:37	2.9 (27.9%)
1306	<b>LEWANDOWSKI Przemysław</b>	<b>2992</b>	NIE W SZCZEPIONKĘ TEAM	Open Masters Mężczyzn	164	10:00	01:01:41	<b>03:26:13.00</b>	<b>03:26:13.00</b>	+02:28:45 (72.1%)	20:37	2.9 (27.9%)
1307	<b>FRĄCZYK Kamil</b>	<b>2258</b>	ZNOWU BIEGNIEMY PO BROWARY	Open Mężczyzn	736	09:30	00:57:33	<b>03:26:47.55</b>	<b>03:26:47.55</b>	+02:29:19 (72.2%)	20:40	2.9 (27.9%)
1308	<b>TOREBKO Patryk</b>	<b>2179</b>	BIEGNIEMY PO BROWARY	Open Mężczyzn	737	09:30	00:58:13	<b>03:26:50.50</b>	<b>03:26:50.50</b>	+02:29:22 (72.2%)	20:41	2.9 (27.9%)
1309	<b>HORNIG Patrycja</b>	<b>3472</b>		Open Kobiet	277	09:45	01:12:57	<b>03:27:31.00</b>	<b>03:27:31.00</b>	+02:30:03 (72.3%)	20:45	2.9 (27.9%)
1310	<b>WĄSAK Waldek</b>	<b>2225</b>	HUSARIA RACE TEAM	Open Mężczyzn	738	09:30	00:57:42	<b>03:28:16.20</b>	<b>03:28:16.20</b>	+02:30:48 (72.4%)	20:49	2.9 (27.9%)
1311	<b>HEIN Ewelina</b>	<b>2177</b>	BIEGNIEMY PO BROWARY	Open Kobiet	278	09:30	00:58:12	<b>03:28:25.35</b>	<b>03:28:25.35</b>	+02:30:57 (72.4%)	20:50	2.9 (27.9%)
1312	<b>RYCHLEWSKI Marcin</b>	<b>3416</b>		Open Mężczyzn	739	11:45	00:52:30	<b>03:28:35.60</b>	<b>03:28:35.60</b>	+02:31:07 (72.5%)	20:51	2.9 (27.9%)
1313	<b>FLIEGER Dawid</b>	<b>2332</b>	JANUSZEJG	Open Mężczyzn	740	09:45	01:04:12	<b>03:28:58.55</b>	<b>03:28:58.55</b>	+02:31:30 (72.5%)	20:53	2.9 (27.9%)
1314	<b>IDZIAK Dominika</b>	<b>2333</b>	JANUSZEJG	Open Kobiet	279	09:45	01:04:06	<b>03:28:58.75</b>	<b>03:28:58.75</b>	+02:31:30 (72.5%)	20:53	2.9 (27.9%)
1315	<b>NEJMAN Luiza</b>	<b>2328</b>	HUSARIA RACE TEAM	Open Kobiet	280	09:45	01:01:58	<b>03:29:06.50</b>	<b>03:29:06.50</b>	+02:31:38 (72.5%)	20:54	2.9 (27.9%)
1316	<b>STOLAREK Sebastian</b>	<b>2331</b>	HUSARIA RACE TEAM	Open Mężczyzn	741	09:45	01:01:58	<b>03:29:07.05</b>	<b>03:29:07.05</b>	+02:31:39 (72.5%)	20:54	2.9 (27.9%)
1317	<b>MICHALIK Agata</b>	<b>3190</b>		Open Kobiet	281	11:15	01:01:28	<b>03:29:49.50</b>	<b>03:29:49.50</b>	+02:32:21 (72.6%)	20:58	2.9 (27.9%)
1318	<b>STASZAK Adam Jacek</b>	<b>3207</b>		Open Masters Mężczyzn	165	11:15	01:01:24	<b>03:29:55.25</b>	<b>03:29:55.25</b>	+02:32:27 (72.6%)	20:59	2.9 (27.9%)
1319	<b>MARTKO Agnieszka</b>	<b>3185</b>		Open Kobiet	282	11:15	01:01:25	<b>03:29:55.35</b>	<b>03:29:55.35</b>	+02:32:27 (72.6%)	20:59	2.9 (27.9%)
1320	<b>SZUKALSKI Maciej</b>	<b>2286</b>		Open Mężczyzn	742	09:30	01:09:28	<b>03:30:01.00</b>	<b>03:30:01.00</b>	+02:32:33 (72.6%)	21:00	2.9 (27.9%)
1321	<b>MATUNIN Alina</b>	<b>3260</b>	SOCIOS SILESIA	Open Kobiet	283	11:30	01:02:54	<b>03:30:24.85</b>	<b>03:30:24.85</b>	+02:32:56 (72.7%)	21:02	2.9 (27.9%)
1322	<b>HOFMAN Małgorzata</b>	<b>3259</b>	SOCIOS SILESIA	Open Masters Kobiet	46	11:30	01:02:54	<b>03:30:24.95</b>	<b>03:30:24.95</b>	+02:32:57 (72.7%)	21:02	2.9 (27.9%)
1323	<b>WZOREK Marcin</b>	<b>3261</b>	SOCIOS SILESIA	Open Masters Mężczyzn	166	11:30	01:03:00	<b>03:30:25.20</b>	<b>03:30:25.20</b>	+02:32:57 (72.7%)	21:02	2.9 (27.9%)
1324	<b>SZKURŁAT Tomasz</b>	<b>2735</b>	POWER TRAINING	Open Mężczyzn	743	10:30	00:40:33	<b>03:30:46.65</b>	<b>03:30:46.65</b>	+02:33:18 (72.7%)	21:04	2.8 (26.9%)
1325	<b>DUDEK Kamila</b>	<b>3367</b>	POWER TRAINING	Open Kobiet	284	10:30	00:49:12	<b>03:30:47.30</b>	<b>03:30:47.30</b>	+02:33:19 (72.7%)	21:04	2.8 (26.9%)
1326	<b>JANKOWSKI Michal</b>	<b>2371</b>	SOCIOS SILESIA	Open Mężczyzn	744	09:45	01:02:04	<b>03:31:59.40</b>	<b>03:31:59.40</b>	+02:34:31 (72.9%)	21:11	2.8 (26.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1327	<b>SIELSKA Dagmara</b>	<b>2373</b>	SOCIOS SILESIA	Open Kobiet	285	09:45	01:01:58	<b>03:31:59.80</b>	<b>03:31:59.80</b>	+02:34:31 (72.9%)	21:11	2.8 (26.9%)
1328	<b>ROŻEK Sandra</b>	<b>2221</b>	HUSARIA RACE TEAM	Open Kobiet	286	09:30	01:02:44	<b>03:32:15.40</b>	<b>03:32:15.40</b>	+02:34:47 (72.9%)	21:13	2.8 (26.9%)
1329	<b>GANCZAREK Ewelina</b>	<b>2393</b>		Open Kobiet	287	09:45	01:14:08	<b>03:32:20.20</b>	<b>03:32:20.20</b>	+02:34:52 (72.9%)	21:14	2.8 (26.9%)
1330	<b>LEWANDOWSKI Artur</b>	<b>2178</b>	BIEGNIEMY PO BROWARY	Open Mężczyzn	745	09:30	00:58:14	<b>03:34:02.10</b>	<b>03:34:02.10</b>	+02:36:34 (73.2%)	21:24	2.8 (26.9%)
1331	<b>GANCZAREK Rafał</b>	<b>2394</b>		Open Mężczyzn	746	09:45	01:13:55	<b>03:34:20.95</b>	<b>03:34:20.95</b>	+02:36:53 (73.2%)	21:26	2.8 (26.9%)
1332	<b>ROCHEWICZ Daniel</b>	<b>2250</b>	SKLEP BASENOWY POOLPOOL.PL	Open Mężczyzn	747	09:30	00:50:40	<b>03:34:45.60</b>	<b>03:34:45.60</b>	+02:37:17 (73.2%)	21:28	2.8 (26.9%)
1333	<b>WOCHNIAK Michał</b>	<b>2244</b>	RMF4RT GLADIATORS	Open Mężczyzn	748	09:30	01:09:31	<b>03:35:14.10</b>	<b>03:35:14.10</b>	+02:37:46 (73.3%)	21:31	2.8 (26.9%)
1334	<b>MATCZUK Weronika</b>	<b>3408</b>		Open Kobiet	288	09:30	01:09:29	<b>03:35:14.55</b>	<b>03:35:14.55</b>	+02:37:46 (73.3%)	21:31	2.8 (26.9%)
1335	<b>SOBOLEWSKA - BRUNDA Karolina</b>	<b>2336</b>	LIFE4FIT	Open Kobiet	289	09:45	01:13:22	<b>03:35:38.95</b>	<b>03:35:38.95</b>	+02:38:11 (73.4%)	21:33	2.8 (26.9%)
1336	<b>KAPICA Wojciech</b>	<b>2236</b>	POWER TRAINING	Open Mężczyzn	749	09:30	00:42:50	<b>03:36:22.40</b>	<b>03:36:22.40</b>	+02:38:54 (73.4%)	21:38	2.8 (26.9%)
1337	<b>ŚWIĘCICKI Mariusz</b>	<b>3077</b>		Open Mężczyzn	750	11:00	01:10:58	<b>03:36:45.70</b>	<b>03:36:45.70</b>	+02:39:17 (73.5%)	21:40	2.8 (26.9%)
1338	<b>GARBACZ Edyta</b>	<b>2893</b>	X-TEAM TARNÓW	Open Kobiet	290	10:45	00:53:00	<b>03:37:13.80</b>	<b>03:37:13.80</b>	+02:39:45 (73.5%)	21:43	2.8 (26.9%)
1339	<b>PAROL Diana</b>	<b>2115</b>	NIE W SZCZEPIONKĘ TEAM	Elite Kobiet	12	09:15	00:46:37	<b>03:37:27.20</b>	<b>03:37:27.20</b>	+02:39:59 (73.6%)	21:44	2.8 (26.9%)
1340	<b>WYPYCH Zbigniew</b>	<b>2385</b>	WATAHA	Open Mężczyzn	751	09:45	00:59:52	<b>03:37:45.60</b>	<b>03:37:45.60</b>	+02:40:17 (73.6%)	21:46	2.8 (26.9%)
1341	<b>DĄBROWSKA Daria</b>	<b>3022</b>	WILD TEAM	Open Kobiet	291	09:30	01:11:50	<b>03:38:17.25</b>	<b>03:38:17.25</b>	+02:40:49 (73.7%)	21:49	2.7 (26.0%)
1342	<b>DOBOSZ Damian</b>	<b>2264</b>		Open Mężczyzn	752	09:30	01:12:02	<b>03:38:17.55</b>	<b>03:38:17.55</b>	+02:40:49 (73.7%)	21:49	2.7 (26.0%)
1343	<b>PŁAŻALSKI Przemysław</b>	<b>2448</b>	HUSARIA RACE TEAM	Open Mężczyzn	753	09:45	01:13:22	<b>03:38:22.95</b>	<b>03:38:22.95</b>	+02:40:55 (73.7%)	21:50	2.7 (26.0%)
1344	<b>WĄSIK Nina</b>	<b>2816</b>		Open Kobiet	292	10:30	01:03:56	<b>03:39:01.90</b>	<b>03:39:01.90</b>	+02:41:33 (73.8%)	21:54	2.7 (26.0%)
1345	<b>GRAMACKI Piotr</b>	<b>2773</b>		Open Mężczyzn	754	10:30	01:03:56	<b>03:39:02.30</b>	<b>03:39:02.30</b>	+02:41:34 (73.8%)	21:54	2.7 (26.0%)
1346	<b>GRAMACKI Wojciech</b>	<b>2774</b>		Open Mężczyzn	755	10:30	01:03:57	<b>03:39:03.30</b>	<b>03:39:03.30</b>	+02:41:35 (73.8%)	21:54	2.7 (26.0%)
1347	<b>HĘĆKA Katarzyna</b>	<b>2777</b>		Open Kobiet	293	10:30	01:03:55	<b>03:39:03.50</b>	<b>03:39:03.50</b>	+02:41:35 (73.8%)	21:54	2.7 (26.0%)
1348	<b>KOT Ada</b>	<b>2786</b>		Open Kobiet	294	10:30	01:14:20	<b>03:39:18.50</b>	<b>03:39:18.50</b>	+02:41:50 (73.8%)	21:55	2.7 (26.0%)
1349	<b>KANAK Michał</b>	<b>2782</b>		Open Mężczyzn	756	10:30	01:14:21	<b>03:39:18.85</b>	<b>03:39:18.85</b>	+02:41:50 (73.8%)	21:55	2.7 (26.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1350	<b>PODGÓRSKI Marcin</b>	<b>2598</b>	LIFE4FIT	Open Mężczyzn	757	09:45	01:13:20	<b>03:39:25.75</b>	<b>03:39:25.75</b>	+02:41:57 (73.8%)	21:56	2.7 (26.0%)
1351	<b>PRAŁAT Arkadiusz</b>	<b>2028</b>	NEXTREME	Open Mężczyzn	758	09:00	00:27:32	<b>03:39:34.40</b>	<b>03:39:34.40</b>	+02:42:06 (73.8%)	21:57	2.7 (26.0%)
1352	<b>SYLWIA Płażalska</b>	<b>2415</b>		Open Kobiet	295	09:45	01:13:19	<b>03:40:07.80</b>	<b>03:40:07.80</b>	+02:42:39 (73.9%)	22:00	2.7 (26.0%)
1353	<b>TOMIAŁOJĆ-BIWOJNO Ewelina</b>	<b>2337</b>	LIFE4FIT	Open Kobiet	296	09:45	01:13:22	<b>03:40:21.40</b>	<b>03:40:21.40</b>	+02:42:53 (73.9%)	22:02	2.7 (26.0%)
1354	<b>BODNAR Magdalena</b>	<b>2597</b>	LIFE4FIT	Open Kobiet	297	09:45	01:13:21	<b>03:40:24.60</b>	<b>03:40:24.60</b>	+02:42:56 (73.9%)	22:02	2.7 (26.0%)
1355	<b>WADAS Natalia</b>	<b>2949</b>		Open Kobiet	298	09:45	01:13:22	<b>03:40:43.35</b>	<b>03:40:43.35</b>	+02:43:15 (74.0%)	22:04	2.7 (26.0%)
1356	<b>ŚMIGIELSKA Jagoda</b>	<b>2945</b>		Open Kobiet	299	09:30	01:09:31	<b>03:40:56.15</b>	<b>03:40:56.15</b>	+02:43:28 (74.0%)	22:05	2.7 (26.0%)
1357	<b>ŁABUZ Edyta</b>	<b>2899</b>	X-TEAM TARNÓW	Open Kobiet	300	10:45	00:52:59	<b>03:42:29.10</b>	<b>03:42:29.10</b>	+02:45:01 (74.2%)	22:14	2.7 (26.0%)
1358	<b>OSTROWSK Aneta</b>	<b>2405</b>		Open Kobiet	301	09:45	01:13:23	<b>03:43:15.10</b>	<b>03:43:15.10</b>	+02:45:47 (74.3%)	22:19	2.7 (26.0%)
1359	<b>BANDYK Izabela</b>	<b>3099</b>	HUSARIA RACE TEAM	Open Kobiet	302	11:15	01:07:57	<b>03:46:37.85</b>	<b>03:46:37.85</b>	+02:49:09 (74.6%)	22:39	2.6 (25.0%)
1360	<b>CHOJNOWSKA Karolina</b>	<b>3272</b>		Open Kobiet	303	09:30	01:27:05	<b>03:47:32.55</b>	<b>03:47:32.55</b>	+02:50:04 (74.7%)	22:45	2.6 (25.0%)
1361	<b>WALCZYŃSKI Michał</b>	<b>3235</b>	LEŻAKI	Open Mężczyzn	759	11:30	00:55:31	<b>03:47:38.00</b>	<b>03:47:38.00</b>	+02:50:10 (74.8%)	22:45	2.6 (25.0%)
1362	<b>KUTYŁA Marek</b>	<b>2721</b>	OD ZERA DO WETERANA	Open Mężczyzn	760	10:30	01:15:43	<b>03:48:01.45</b>	<b>03:48:01.45</b>	+02:50:33 (74.8%)	22:48	2.6 (25.0%)
1363	<b>ŻWIRECKI Łukasz</b>	<b>2722</b>	OD ZERA DO WETERANA	Open Mężczyzn	761	10:30	01:15:43	<b>03:48:01.90</b>	<b>03:48:01.90</b>	+02:50:33 (74.8%)	22:48	2.6 (25.0%)
1364	<b>MARKOWICZ Ewelina</b>	<b>2097</b>	ŚLUNSKIE DZIKI	Open Kobiet	304	09:15	00:46:07	<b>03:49:18.70</b>	<b>03:49:18.70</b>	+02:51:50 (74.9%)	22:55	2.6 (25.0%)
1365	<b>BAJSAROWICZ Marta</b>	<b>2107</b>		Open Kobiet	305	09:15	00:41:54	<b>03:49:18.80</b>	<b>03:49:18.80</b>	+02:51:50 (74.9%)	22:55	2.6 (25.0%)
1366	<b>NIKIEL Dariusz</b>	<b>2962</b>	DIRTY SPARROWS	Open Mężczyzn	762	11:00	00:55:13	<b>03:49:50.65</b>	<b>03:49:50.65</b>	+02:52:22 (75.0%)	22:59	2.6 (25.0%)
1367	<b>CIEŚLAK Adrian</b>	<b>3089</b>	AVENGERSIPRO	Open Mężczyzn	763	11:15	01:12:55	<b>03:53:44.90</b>	<b>03:53:44.90</b>	+02:56:16 (75.4%)	23:22	2.6 (25.0%)
1368	<b>NIŻNIKIEWICZ Dorota</b>	<b>3091</b>	AVENGERSIPRO	Open Kobiet	306	11:15	01:12:53	<b>03:53:45.05</b>	<b>03:53:45.05</b>	+02:56:17 (75.4%)	23:22	2.6 (25.0%)
1369	<b>OSTROWSKA Magdalena</b>	<b>3092</b>	AVENGERSIPRO	Open Kobiet	307	11:15	01:12:55	<b>03:53:45.20</b>	<b>03:53:45.20</b>	+02:56:17 (75.4%)	23:22	2.6 (25.0%)
1370	<b>BARYCZKA Aleksandra</b>	<b>3088</b>	AVENGERSIPRO	Open Kobiet	308	11:15	01:12:54	<b>03:53:45.30</b>	<b>03:53:45.30</b>	+02:56:17 (75.4%)	23:22	2.6 (25.0%)
1371	<b>KALETA Artur</b>	<b>3090</b>	AVENGERSIPRO	Open Mężczyzn	764	11:15	01:12:44	<b>03:53:45.65</b>	<b>03:53:45.65</b>	+02:56:17 (75.4%)	23:22	2.6 (25.0%)
1372	<b>BAŃSKI Krzysztof</b>	<b>3087</b>	AVENGERSIPRO	Open Mężczyzn	765	11:15	01:12:33	<b>03:53:46.35</b>	<b>03:53:46.35</b>	+02:56:18 (75.4%)	23:22	2.6 (25.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1373	<b>KURAŚ Beata</b>	<b>2106</b>	XRUNNERS	Elite Kobiet	13	09:15	00:44:26	<b>03:55:21.85</b>	<b>03:55:21.85</b>	+02:57:53 (75.6%)	23:32	2.5 (24.0%)
1374	<b>GAŃKO Mateusz</b>	<b>3375</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	766	10:00	00:53:27	<b>03:56:21.85</b>	<b>03:56:21.85</b>	+02:58:53 (75.7%)	23:38	2.5 (24.0%)
1375	<b>GARNUSZEK Anita</b>	<b>2094</b>	POWER TRAINING	Open Kobiet	309	09:15	00:42:40	<b>03:57:05.65</b>	<b>03:57:05.65</b>	+02:59:37 (75.8%)	23:42	2.5 (24.0%)
1376	<b>TUTAJ Jakub</b>	<b>2910</b>	X-TEAM TARNÓW	Open Masters Mężczyzn	167	10:45	01:04:29	<b>03:57:16.65</b>	<b>03:57:16.65</b>	+02:59:48 (75.8%)	23:43	2.5 (24.0%)
1377	<b>POWROŹNIK Justyna</b>	<b>2905</b>	X-TEAM TARNÓW	Open Kobiet	310	10:45	01:04:15	<b>03:59:26.30</b>	<b>03:59:26.30</b>	+03:01:58 (76.0%)	23:56	2.5 (24.0%)
1378	<b>PŁUSKA Michał</b>	<b>2449</b>	HUSARIA RACE TEAM	Open Mężczyzn	767	10:00	00:53:51	<b>04:00:24.55</b>	<b>04:00:24.55</b>	+03:02:56 (76.1%)	24:02	2.5 (24.0%)
1379	<b>SADOWSKI Tomasz</b>	<b>3479</b>		Open Mężczyzn	768	10:00	01:02:36	<b>04:01:35.55</b>	<b>04:01:35.55</b>	+03:04:07 (76.2%)	24:09	2.5 (24.0%)
1380	<b>GILARSKA Marta</b>	<b>2084</b>	BIEGOWE NYGUSY	Open Kobiet	311	09:15	00:48:24	<b>04:08:08.10</b>	<b>04:08:08.10</b>	+03:10:40 (76.8%)	24:48	2.4 (23.1%)
1381	<b>GRZECH Mateusz</b>	<b>2176</b>	BESTIE OCR LEGIONOWO	Open Mężczyzn	769	09:30	01:02:21	<b>04:10:50.35</b>	<b>04:10:50.35</b>	+03:13:22 (77.1%)	25:05	2.4 (23.1%)
1382	<b>KURAN Halina</b>	<b>2381</b>	WATAHA	Open Kobiet	312	09:30	01:02:21	<b>04:10:51.60</b>	<b>04:10:51.60</b>	+03:13:23 (77.1%)	25:05	2.4 (23.1%)
1383	<b>ŁABUZ Sabina</b>	<b>2900</b>	X-TEAM TARNÓW	Open Kobiet	313	10:45	01:04:15	<b>04:12:12.55</b>	<b>04:12:12.55</b>	+03:14:44 (77.2%)	25:13	2.4 (23.1%)
1384	<b>GREC Klaudia</b>	<b>2100</b>	UNITED RUNNERS	Open Kobiet	314	09:15	00:39:44	<b>04:14:11.45</b>	<b>04:14:11.45</b>	+03:16:43 (77.4%)	25:25	2.4 (23.1%)
1385	<b>NITECKA Marta</b>	<b>2086</b>	DENISTEAM	Open Masters Kobiet	47	09:15	00:41:37	<b>04:30:42.35</b>	<b>04:30:42.35</b>	+03:33:14 (78.8%)	27:04	2.2 (21.2%)
1386	<b>ZONTEK Andrzej</b>	<b>2008</b>	DENISTEAM	Elite Masters Mężczyzn	16	09:00	00:29:18	<b>04:40:12.40</b>	<b>04:40:12.40</b>	+03:42:44 (79.5%)	28:01	2.1 (20.2%)
1387	<b>GAŃKO Karolina</b>	<b>2090</b>	NIE W SZCZEPIONKĘ TEAM	Open Kobiet	315	09:15	00:46:38	<b>04:42:06.75</b>	<b>04:42:06.75</b>	+03:44:38 (79.6%)	28:12	2.1 (20.2%)
1388	<b>FILIPEK Carolina</b>	<b>2099</b>	UNITED RUNNERS	Open Kobiet	316	09:15	00:54:16	<b>04:45:34.30</b>	<b>04:45:34.30</b>	+03:48:06 (79.9%)	28:33	2.1 (20.2%)
1389	<b>TÁNCZOS Weronika</b>	<b>2102</b>	UNITED RUNNERS	Open Kobiet	317	09:15	00:54:16	<b>04:46:42.35</b>	<b>04:46:42.35</b>	+03:49:14 (80.0%)	28:40	2.1 (20.2%)
1390	<b>JERMAKOWICZ Anna</b>	<b>2121</b>	POWER TRAINING	Open Kobiet	318	09:15	00:43:17	<b>04:52:39.65</b>	<b>04:52:39.65</b>	+03:55:11 (80.4%)	29:15	2.1 (20.2%)
1391	<b>DADELEWSKA Joanna</b>	<b>2116</b>	PIĘKNI I BESTIE	Elite Kobiet	14	09:15	00:53:19	<b>04:58:12.20</b>	<b>04:58:12.20</b>	+04:00:44 (80.7%)	29:49	2 (19.2%)
1392	<b>MIZGALSKI Jacek</b>	<b>2012</b>	DZIADY OCR	Open Masters Mężczyzn	168	09:00	00:34:09	<b>05:18:51.95</b>	<b>05:18:51.95</b>	+04:21:24 (82.0%)	31:53	1.9 (18.3%)
1393		<b>2153</b>					00:45:22	<b>02:00:51.60</b>	<b>05:39:13.30</b>	+04:41:45 (83.1%)	12:05	5 (48.1%)
1394	<b>PINDEL Piotr</b>	<b>2843</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	770	11:00	00:37:45			+02:07:32	8:23	7.2 (69.2%)
1395	<b>KURKA Sebastian</b>	<b>2444</b>	HUSARIA RACE TEAM	Open Mężczyzn	771	10:00	00:51:07			+01:24:19	11:21	5.3 (51.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1396	<b>FORREITER Przemek</b>	<b>2698</b>	FIT & MORE	Open Masters Mężczyzn	169	10:30	00:55:15			+01:57:14	12:16	4.9 (47.1%)
1397	<b>JASKÓŁA Izabela</b>	<b>2778</b>		Open Kobiet	319	10:30	00:58:00			+01:59:59	12:53	4.7 (45.2%)
1398	<b>WALCZAK Julian</b>	<b>2155</b>		Open Mężczyzn	772	12:00	01:13:23			+04:23:59	16:18	3.7 (35.6%)
1399	<b>HOFMAN-DWOJAK Agnieszka</b>	<b>3281</b>		Open Masters Kobiet	48	11:30						(0.0%)
1400	<b>CIERSON Aneta</b>	<b>3497</b>		Open Masters Kobiet	49	10:30						(0.0%)
1401	<b>LEWANDOWSKI Bartosz</b>	<b>2793</b>		Open Mężczyzn	773	10:30						(0.0%)
1402	<b>KULIG Marta</b>	<b>2955</b>	BEERS FORCE ONE	Open Kobiet	320	11:00						(0.0%)
	<b>GRUDKOWSKI Artur</b>	<b>3149</b>	TME RUNNERS	Open Mężczyzn		11:15	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 1403 wynik(ów)