

Wydarzenie: Finał Ligi Runmageddonu
Organizator: Extreme Events, Runmageddon
Data: 2019-10-20
Miejsce: Wrocław
Dystans: 10 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KASPRZYK Sebastian	2076		Elite Mężczyzn	1	09:00	00:23:04	00:57:27.95	00:57:27.95		5:44	10.4 (100%)
2	OŚLIZŁO Tomasz	2112	OCRA POLAND	Elite Mężczyzn	2	09:00	00:23:34	00:59:05.65	00:59:05.65	+00:01:37 (2.8%)	5:54	10.2 (98.1%)
3	HAJNOS Dawid	2013	GORĄCY POTOK TEAM	Elite Mężczyzn	3	09:00	00:22:45	01:00:19.40	01:00:19.40	+00:02:51 (4.7%)	6:01	9.9 (95.2%)
4	WOJTYSZYN Wojciech	2117	XRUNNERS	Elite Mężczyzn	4	09:00	00:24:38	01:00:43.90	01:00:43.90	+00:03:15 (5.4%)	6:04	9.9 (95.2%)
5	KRAWIECKI Mateusz	2019	HUSARIA RACE TEAM	Elite Mężczyzn	5	09:00	00:23:11	01:00:56.05	01:00:56.05	+00:03:28 (5.7%)	6:05	9.8 (94.2%)
6	SZCZECHLA Grzegorz	2004	CARBON OCR RACING TEAM	Elite Mężczyzn	6	09:00	00:22:43	01:03:00.60	01:03:00.60	+00:05:32 (8.8%)	6:18	9.5 (91.3%)
7	FILIP Bartosz	2046	SOCIOS SILESIA	Elite Mężczyzn	7	09:00	00:24:25	01:03:40.00	01:03:40.00	+00:06:12 (9.7%)	6:22	9.4 (90.4%)
8	KRAWCZYK Tomasz	2120	HUSARIA RACE TEAM	Elite Mężczyzn	8	09:00	00:25:33	01:03:51.80	01:03:51.80	+00:06:23 (10.0%)	6:23	9.4 (90.4%)
9	BRZOSKWINIA Wojciech	2015	HUSARIA RACE TEAM	Elite Mężczyzn	9	09:00	00:24:36	01:04:05.25	01:04:05.25	+00:06:37 (10.3%)	6:24	9.4 (90.4%)
10	MADEJSKI Krzysztof	2071	XRUNNERS	Elite Mężczyzn	10	09:00	00:24:33	01:04:28.55	01:04:28.55	+00:07:00 (10.9%)	6:26	9.3 (89.4%)
11	ORAWCZAK Kamil	2007	DENISTEAM	Elite Mężczyzn	11	09:00	00:24:32	01:05:29.65	01:05:29.65	+00:08:01 (12.3%)	6:32	9.2 (88.5%)
12	KAŁUŻNY Adam	2049	SOCIOS SILESIA	Elite Mężczyzn	12	09:00	00:25:14	01:06:06.40	01:06:06.40	+00:08:38 (13.1%)	6:36	9.1 (87.5%)
13	JACIÓW Paweł	2064	WATAHA	Elite Mężczyzn	13	09:00	00:26:43	01:06:15.45	01:06:15.45	+00:08:47 (13.3%)	6:37	9.1 (87.5%)
14	SALAMON Mateusz	2037	POWER TRAINING	Elite Mężczyzn	14	09:00	00:24:16	01:06:32.20	01:06:32.20	+00:09:04 (13.6%)	6:39	9 (86.5%)
15	SELIANIN Dmytro	2052	SOCIOS SILESIA	Elite Mężczyzn	15	09:00	00:25:20	01:06:47.80	01:06:47.80	+00:09:19 (14.0%)	6:40	9 (86.5%)

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							Punkt 4.5km	netto 10km	brutto 10km			
16	DOMAŃSKI Krystian	2043	SMI EŁK	Elite Mężczyzn	16	09:00	00:25:11	01:06:48.80	01:06:48.80	+00:09:20 (14.0%)	6:40	9 (86.5%)
17	BRZozowski Filip	2016	HUSARIA RACE TEAM	Elite Mężczyzn	17	09:00	00:25:47	01:07:12.60	01:07:12.60	+00:09:44 (14.5%)	6:43	8.9 (85.6%)
18	CEJKO Dawid	2001	BALTIC SEALS	Elite Mężczyzn	18	09:00	00:26:57	01:07:42.65	01:07:42.65	+00:10:14 (15.1%)	6:46	8.9 (85.6%)
19	KOWALCZYK Dawid	2058	SZYDERA OCR	Elite Mężczyzn	19	09:00	00:25:48	01:08:30.40	01:08:30.40	+00:11:02 (16.1%)	6:51	8.8 (84.6%)
20	PRYKOWSKI Tomasz	2072	XRUNNERS	Elite Mężczyzn	20	09:00	00:25:45	01:08:31.75	01:08:31.75	+00:11:03 (16.1%)	6:51	8.8 (84.6%)
21	CICHOCKI Filip	2034	POWER TRAINING	Elite Mężczyzn	21	09:00	00:26:22	01:09:32.15	01:09:32.15	+00:12:04 (17.4%)	6:57	8.6 (82.7%)
22	JASTRZĘBSKI Piotr	2048	SOCIOS SILESIA	Elite Mężczyzn	22	09:00	00:26:41	01:09:39.60	01:09:39.60	+00:12:11 (17.5%)	6:57	8.6 (82.7%)
23	MAZUR Damian	2051	SOCIOS SILESIA	Elite Mężczyzn	23	09:00	00:26:51	01:09:47.90	01:09:47.90	+00:12:19 (17.7%)	6:58	8.6 (82.7%)
24	WYPUKOŁ Jakub	2053	SOCIOS SILESIA	Elite Mężczyzn	24	09:00	00:26:48	01:10:11.40	01:10:11.40	+00:12:43 (18.1%)	7:01	8.5 (81.7%)
25	KALININ Jarosław	2069	XRUNNERS	Elite Mężczyzn	25	09:00	00:27:12	01:10:42.05	01:10:42.05	+00:13:14 (18.7%)	7:04	8.5 (81.7%)
26	TOMAKA Tomasz	2022	HUSARIA RACE TEAM	Elite Mężczyzn	26	09:00	00:27:19	01:11:07.60	01:11:07.60	+00:13:39 (19.2%)	7:06	8.4 (80.8%)
27	JANUSZEWSKI Bartosz	2024	KONIUCHY OCR	Elite Mężczyzn	27	09:00	00:25:55	01:11:22.60	01:11:22.60	+00:13:54 (19.5%)	7:08	8.4 (80.8%)
28	JAROSZ David	2122	XRUNNERS	Elite Mężczyzn	28	09:00	00:27:31	01:11:31.20	01:11:31.20	+00:14:03 (19.7%)	7:09	8.4 (80.8%)
29	PUPKOWSKI Kamil	2123	XRUNNERS	Elite Mężczyzn	29	09:00	00:25:46	01:11:57.10	01:11:57.10	+00:14:29 (20.1%)	7:11	8.3 (79.8%)
30	MARUSZEWSKI Marcin	2027	NEXTREME	Elite Mężczyzn	30	09:00	00:27:18	01:11:59.30	01:11:59.30	+00:14:31 (20.2%)	7:11	8.3 (79.8%)
31	LORENC Łukasz	2078		Elite Masters Mężczyzn	1	09:00	00:26:15	01:12:00.50	01:12:00.50	+00:14:32 (20.2%)	7:12	8.3 (79.8%)
32	BĄK Daniel	2118	SZYDERA OCR	Elite Mężczyzn	31	09:00	00:25:22	01:13:06.55	01:13:06.55	+00:15:38 (21.4%)	7:18	8.2 (78.8%)
33	MACHULEC Sebastian	3180		Open Mężczyzn	1	11:15	00:28:11	01:13:06.75	01:13:06.75	+00:15:38 (21.4%)	7:18	8.2 (78.8%)
34	PISKAŁA Daniel	2036	POWER TRAINING	Elite Mężczyzn	32	09:00	00:27:25	01:13:14.20	01:13:14.20	+00:15:46 (21.5%)	7:19	8.2 (78.8%)
35	ZGUTKA Tomasz	2023	HUSARIA RACE TEAM	Elite Masters Mężczyzn	2	09:00	00:28:16	01:13:28.55	01:13:28.55	+00:16:00 (21.8%)	7:20	8.2 (78.8%)
36	BYRCZEK Michał	2062	WATAHA	Elite Mężczyzn	33	09:00	00:28:38	01:13:32.05	01:13:32.05	+00:16:04 (21.9%)	7:21	8.2 (78.8%)
37	WIKTOROWICZ Mariusz	2040	RAJSPORT ACTIVE	Elite Masters Mężczyzn	3	09:00	00:28:13	01:13:34.50	01:13:34.50	+00:16:06 (21.9%)	7:21	8.2 (78.8%)
38	FABIAN Marcel	2045	SOCIOS SILESIA	Elite Mężczyzn	34	09:00	00:24:44	01:13:44.10	01:13:44.10	+00:16:16 (22.1%)	7:22	8.1 (77.9%)

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39	LISOWSKI Grzegorz	2050	SOCIOS SILESIA	Elite Mężczyzn	35	09:00	00:27:19	01:14:03.25	01:14:03.25	+00:16:35 (22.4%)	7:24	8.1 (77.9%)
40	JAGODZIŃSKI Karol	2035	POWER TRAINING	Elite Mężczyzn	36	09:00	00:28:34	01:14:23.00	01:14:23.00	+00:16:55 (22.7%)	7:26	8.1 (77.9%)
41	KORULCZYK Marcin	2017	HUSARIA RACE TEAM	Elite Mężczyzn	37	09:00	00:27:57	01:14:48.00	01:14:48.00	+00:17:20 (23.2%)	7:28	8 (76.9%)
42	ZIELIŃSKI Tomasz	2061	WARCHLAKI ADELAJDY	Elite Mężczyzn	38	09:00	00:27:50	01:14:54.25	01:14:54.25	+00:17:26 (23.3%)	7:29	8 (76.9%)
43	SŁODOWNIK Dominik	2074	XRUNNERS	Elite Mężczyzn	39	09:00	00:29:09	01:15:09.60	01:15:09.60	+00:17:41 (23.5%)	7:30	8 (76.9%)
44	GAGON Denis	2005	DENISTEAM	Elite Mężczyzn	40	09:00	00:27:48	01:15:56.90	01:15:56.90	+00:18:28 (24.3%)	7:35	7.9 (76.0%)
45	GUZ Grzegorz	2033	POSITIVE FREAKS TEAM	Elite Masters Mężczyzn	4	09:00	00:27:53	01:17:11.65	01:17:11.65	+00:19:43 (25.6%)	7:43	7.8 (75.0%)
46	JARZĄBEK Dawid	2047	SOCIOS SILESIA	Elite Mężczyzn	41	09:00	00:29:36	01:17:30.20	01:17:30.20	+00:20:02 (25.9%)	7:45	7.7 (74.0%)
47	LEWICKI Marcin	2026	NEXTREME	Elite Mężczyzn	42	09:00	00:28:42	01:17:38.15	01:17:38.15	+00:20:10 (26.0%)	7:45	7.7 (74.0%)
48	MĘDYGRAŁ Krystian	2066	WATAHA	Elite Mężczyzn	43	09:00	00:28:53	01:18:00.30	01:18:00.30	+00:20:32 (26.3%)	7:48	7.7 (74.0%)
49	BERYNC Fabian	2316	HUSARIA RACE TEAM	Open Mężczyzn	2	09:45	00:28:48	01:18:00.55	01:18:00.55	+00:20:32 (26.3%)	7:48	7.7 (74.0%)
50	SARZYŃSKI Arkadiusz	2059	SZYDERA OCR	Elite Mężczyzn	44	09:00	00:29:34	01:18:32.40	01:18:32.40	+00:21:04 (26.8%)	7:51	7.6 (73.1%)
51	ZIOBER Zbigniew	2075	XRUNNERS	Elite Mężczyzn	45	09:00	00:25:21	01:18:42.05	01:18:42.05	+00:21:14 (27.0%)	7:52	7.6 (73.1%)
52	BUGAJNY Marcin	2044	SOCIOS SILESIA	Elite Mężczyzn	46	09:00	00:29:50	01:19:01.30	01:19:01.30	+00:21:33 (27.3%)	7:54	7.6 (73.1%)
53	BURBUL Przemysław	2114	NIE W SZCZEPIONKĘ TEAM	Elite Mężczyzn	47	09:00	00:30:36	01:19:13.40	01:19:13.40	+00:21:45 (27.5%)	7:55	7.6 (73.1%)
54	MARKOWSKI Fabian	3064		Open Mężczyzn	3	11:00	00:29:29	01:19:48.10	01:19:48.10	+00:22:20 (28.0%)	7:58	7.5 (72.1%)
55	FRYDRYCH Maciek	2063	WATAHA	Elite Masters Mężczyzn	5	09:00	00:29:48	01:20:02.70	01:20:02.70	+00:22:34 (28.2%)	8:00	7.5 (72.1%)
56	LEJK Benjamin	2070	XRUNNERS	Elite Mężczyzn	48	09:00	00:30:54	01:20:05.15	01:20:05.15	+00:22:37 (28.2%)	8:00	7.5 (72.1%)
57	KĄKOL Kacper	2057	SZYDERA OCR	Elite Mężczyzn	49	09:00	00:23:34	01:20:23.50	01:20:23.50	+00:22:55 (28.5%)	8:02	7.5 (72.1%)
58	PETELCZYC Piotr	2080		Elite Masters Mężczyzn	6	09:00	00:30:25	01:20:44.20	01:20:44.20	+00:23:16 (28.8%)	8:04	7.4 (71.2%)
59	CZACHURSKI Mateusz	3459	XRUNNERS	Open Mężczyzn	4	09:30	00:30:47	01:20:53.00	01:20:53.00	+00:23:25 (29.0%)	8:05	7.4 (71.2%)
60	PAŁDYNA Mateusz	2079		Elite Mężczyzn	50	09:00	00:27:37	01:21:01.35	01:21:01.35	+00:23:33 (29.1%)	8:06	7.4 (71.2%)
61	RYNKIEWICZ Agnieszka	2092	OCRA POLAND	Elite Kobiet	1	09:15	00:29:55	01:21:10.75	01:21:10.75	+00:23:42 (29.2%)	8:07	7.4 (71.2%)

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62	BRODA Tomasz	3494		Open Mężczyzn	5	09:30	00:31:52	01:21:16.00	01:21:16.00	+00:23:48 (29.3%)	8:07	7.4 (71.2%)
63	KAWALEC Oliwer	2065	WATAHA	Elite Masters Mężczyzn	7	09:00	00:31:46	01:22:11.10	01:22:11.10	+00:24:43 (30.1%)	8:13	7.3 (70.2%)
64	BRODA Mateusz	3493		Open Mężczyzn	6	09:30	00:31:52	01:22:17.00	01:22:17.00	+00:24:49 (30.2%)	8:13	7.3 (70.2%)
65	KUMOROWSKI Rafał	2077		Elite Mężczyzn	51	09:00	00:30:54	01:22:19.80	01:22:19.80	+00:24:51 (30.2%)	8:13	7.3 (70.2%)
66	POLAŃSKI Paweł	2256	WATAHA	Open Mężczyzn	7	09:30	00:31:58	01:22:39.45	01:22:39.45	+00:25:11 (30.5%)	8:15	7.3 (70.2%)
67	ŁOTOCKI Rafał Jerzy	2067	WOLF TEAM	Elite Masters Mężczyzn	8	09:00	00:28:05	01:22:41.05	01:22:41.05	+00:25:13 (30.5%)	8:16	7.3 (70.2%)
68	WITKA Patryk	2060	SZYDERA OCR	Elite Mężczyzn	52	09:00	00:29:23	01:22:44.45	01:22:44.45	+00:25:16 (30.5%)	8:16	7.3 (70.2%)
69	NAGLAK Hubert	3067		Open Mężczyzn	8	11:00	00:28:42	01:22:53.10	01:22:53.10	+00:25:25 (30.7%)	8:17	7.2 (69.2%)
70	KOZIOŁ Kamil	2018	HUSARIA RACE TEAM	Elite Mężczyzn	53	09:00	00:30:13	01:23:21.00	01:23:21.00	+00:25:53 (31.1%)	8:20	7.2 (69.2%)
71	POGORZELSKI Rafał	2313	EŁK FORCE ONE	Open Mężczyzn	9	09:45	00:26:37	01:23:41.95	01:23:41.95	+00:26:14 (31.3%)	8:22	7.2 (69.2%)
72	MROCZKA Mateusz	2032	OSP WOLA FILIPOWSKA	Elite Mężczyzn	54	09:00	00:32:23	01:23:43.65	01:23:43.65	+00:26:15 (31.4%)	8:22	7.2 (69.2%)
73	HENDZEL Miłosz	2055	SZYDERA OCR	Elite Mężczyzn	55	09:00	00:30:11	01:23:55.75	01:23:55.75	+00:26:27 (31.5%)	8:23	7.1 (68.3%)
74	ŁAWRENCZUK Paweł	2042	RMF4RT GLADIATORS	Elite Mężczyzn	56	09:00	00:31:37	01:24:16.40	01:24:16.40	+00:26:48 (31.8%)	8:25	7.1 (68.3%)
75	BURAS Radosław	3035		Open Mężczyzn	10	11:00	00:29:50	01:24:26.95	01:24:26.95	+00:26:59 (32.0%)	8:26	7.1 (68.3%)
76	DANILUK Grzegorz	2183	BRAVEHEARTS LEGIONOWO	Open Masters Mężczyzn	1	09:30	00:30:52	01:25:44.25	01:25:44.25	+00:28:16 (33.0%)	8:34	7 (67.3%)
77	SZCZEPANIAK Paweł	3457	RMF 4RACING TEAM	Open Mężczyzn	11	10:00	00:29:26	01:26:43.45	01:26:43.45	+00:29:15 (33.7%)	8:40	6.9 (66.3%)
78	BARANOWSKA Katarzyna	2087	GORĄCY POTOK TEAM	Elite Kobiet	2	09:15	00:29:35	01:27:04.90	01:27:04.90	+00:29:36 (34.0%)	8:42	6.9 (66.3%)
79	GROBELNA Aleksandra	2105	XRUNNERS	Elite Kobiet	3	09:15	00:30:53	01:27:07.00	01:27:07.00	+00:29:39 (34.0%)	8:42	6.9 (66.3%)
80	WAWRYK Huber	2950		Open Mężczyzn	12	10:45	00:31:58	01:27:38.80	01:27:38.80	+00:30:10 (34.4%)	8:45	6.8 (65.4%)
81	PACIOREK Piotr	2110	HUSARIA RACE TEAM	Elite Mężczyzn	57	09:00	00:32:17	01:28:20.50	01:28:20.50	+00:30:52 (35.0%)	8:50	6.8 (65.4%)
82	KUSAREK Piotr	2020	HUSARIA RACE TEAM	Elite Mężczyzn	58	09:00	00:30:53	01:28:30.95	01:28:30.95	+00:31:03 (35.1%)	8:51	6.8 (65.4%)
83	ŚLIWIŃSKI Bartosz	2282		Open Mężczyzn	13	09:30	00:28:13	01:28:48.05	01:28:48.05	+00:31:20 (35.3%)	8:52	6.8 (65.4%)
84	KURASIŃSKI Konrad	2372	SOCIOS SILESIA	Open Mężczyzn	14	09:45	00:34:11	01:29:15.20	01:29:15.20	+00:31:47 (35.6%)	8:55	6.7 (64.4%)

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85	WOROBIEWA Jekatierina	2096	POWER TRAINING	Elite Kobiet	4	09:15	00:33:30	01:29:26.55	01:29:26.55	+00:31:58 (35.8%)	8:56	6.7 (64.4%)
86	PIOTROWSKI Sławomir	3308		Open Mężczyzn	15	09:30	00:34:03	01:30:00.40	01:30:00.40	+00:32:32 (36.2%)	9:00	6.7 (64.4%)
87	GUZIK Maksymilian	2184	BUNGEEKRAKOW	Open Mężczyzn	16	09:30	00:36:09	01:30:03.70	01:30:03.70	+00:32:35 (36.2%)	9:00	6.7 (64.4%)
88	KOPECKÝ Jakub	2397		Open Mężczyzn	17	09:45	00:32:37	01:30:07.90	01:30:07.90	+00:32:39 (36.2%)	9:00	6.7 (64.4%)
89	MACHURA Marcin	3458	SPEC INSTAL RUN	Open Mężczyzn	18	09:30	00:31:56	01:30:42.80	01:30:42.80	+00:33:14 (36.7%)	9:04	6.6 (63.5%)
90	WLAŻŁAK Damian	2831	DROGA DO ULTRA	Open Mężczyzn	19	10:45	00:32:24	01:31:07.10	01:31:07.10	+00:33:39 (36.9%)	9:06	6.6 (63.5%)
91	JEZIOŃEK Daniel	3399		Open Mężczyzn	20	11:45	00:30:02	01:31:28.05	01:31:28.05	+00:34:00 (37.2%)	9:08	6.6 (63.5%)
92	KOWALSKI Adam	2787		Open Mężczyzn	21	10:30	00:33:05	01:31:44.10	01:31:44.10	+00:34:16 (37.4%)	9:10	6.5 (62.5%)
93	PAWŁOWSKI Piotr	3307		Open Mężczyzn	22	09:30	00:31:50	01:31:46.35	01:31:46.35	+00:34:18 (37.4%)	9:10	6.5 (62.5%)
94	TOMCZAK Dariusz	2246	RUNAWAY TEAM	Open Mężczyzn	23	09:30	00:34:06	01:32:37.95	01:32:37.95	+00:35:10 (38.0%)	9:15	6.5 (62.5%)
95	KOŁODZIEJCZYK Dariusz	2252	SOCIOS SILESIA	Open Masters Mężczyzn	2	09:30	00:31:31	01:32:41.35	01:32:41.35	+00:35:13 (38.0%)	9:16	6.5 (62.5%)
96	JASTRZĘBSKI Sławomir	2002	BESTIE OCR LEGIONOWO	Elite Masters Mężczyzn	9	09:00	00:33:56	01:32:49.75	01:32:49.75	+00:35:21 (38.1%)	9:16	6.5 (62.5%)
97	KACZOR Grzegorz	2268		Open Mężczyzn	24	09:30	00:32:26	01:33:05.05	01:33:05.05	+00:35:37 (38.3%)	9:18	6.4 (61.5%)
98	MILEWICZ Dariusz	2182	BOHAR PALETY RUNNERS	Open Mężczyzn	25	09:30	00:33:36	01:33:15.15	01:33:15.15	+00:35:47 (38.4%)	9:19	6.4 (61.5%)
99	SZYMAŃSKI Łukasz	2287		Open Mężczyzn	26	09:30	00:34:07	01:33:22.15	01:33:22.15	+00:35:54 (38.5%)	9:20	6.4 (61.5%)
100	KARCZEWSKI Adam	2255	SRK	Open Mężczyzn	27	09:30	00:31:14	01:34:32.15	01:34:32.15	+00:37:04 (39.2%)	9:27	6.3 (60.6%)
101	BUCZKOWSKI Krzysztof	3034		Open Mężczyzn	28	11:00	00:35:23	01:35:18.30	01:35:18.30	+00:37:50 (39.7%)	9:31	6.3 (60.6%)
102	PRZĄDKA Marcin	2382	WATAHA	Open Mężczyzn	29	09:45	00:34:32	01:36:03.60	01:36:03.60	+00:38:35 (40.2%)	9:36	6.2 (59.6%)
103	MOCZKO Sebastian	3065		Open Masters Mężczyzn	3	11:00	00:33:05	01:36:09.10	01:36:09.10	+00:38:41 (40.2%)	9:36	6.2 (59.6%)
104	KURACH Stanisław	2011	DZIADY OCR	Elite Masters Mężczyzn	10	09:00	00:36:13	01:36:39.80	01:36:39.80	+00:39:11 (40.6%)	9:39	6.2 (59.6%)
105	MICHALSKI Dawid	2457	I NEVER TURN BACK	Open Mężczyzn	30	10:00	00:35:19	01:36:43.15	01:36:43.15	+00:39:15 (40.6%)	9:40	6.2 (59.6%)
106	RZEPKA Rafał	2452	HUSARIA RACE TEAM	Open Mężczyzn	31	10:00	00:33:22	01:36:52.80	01:36:52.80	+00:39:24 (40.7%)	9:41	6.2 (59.6%)
107	BURS Klaudia	2111		Elite Kobiet	5	09:15	00:33:14	01:36:53.20	01:36:53.20	+00:39:25 (40.7%)	9:41	6.2 (59.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
108	WITEK Paweł	2460	NAPRZÓD BRWINÓW	Open Mężczyzn	32	10:00	00:34:09	01:37:25.20	01:37:25.20	+00:39:57 (41.0%)	9:44	6.2 (59.6%)
109	MACHOWSKI Marek	2664		Open Masters Mężczyzn	4	10:15	00:35:13	01:37:41.55	01:37:41.55	+00:40:13 (41.2%)	9:46	6.1 (58.7%)
110	ZAWISTOWSKI Jakub	2083	HUSARIA RACE TEAM	Elite Mężczyzn	59	09:00	00:36:38	01:38:17.50	01:38:17.50	+00:40:49 (41.5%)	9:49	6.1 (58.7%)
111	JANOSZ Rafał	2707	FUNKY GYM TEAM	Open Mężczyzn	33	10:30	00:33:26	01:38:32.85	01:38:32.85	+00:41:04 (41.7%)	9:51	6.1 (58.7%)
112	MURYN Dawid	2608	RAGNAROK SZCZECIN	Open Mężczyzn	34	10:15	00:33:00	01:38:37.30	01:38:37.30	+00:41:09 (41.7%)	9:51	6.1 (58.7%)
113	DUSZYNSKI Igor	2317	HUSARIA RACE TEAM	Open Mężczyzn	35	09:30	00:33:51	01:38:45.30	01:38:45.30	+00:41:17 (41.8%)	9:52	6.1 (58.7%)
114	WOŹNIAK Paweł	2297		Open Mężczyzn	36	09:30	00:36:40	01:38:52.50	01:38:52.50	+00:41:24 (41.9%)	9:53	6.1 (58.7%)
115	SZANIAWSKI Marcin	2454	HUSARIA RACE TEAM	Open Mężczyzn	37	10:00	00:32:23	01:39:12.85	01:39:12.85	+00:41:44 (42.1%)	9:55	6 (57.7%)
116	GRZANECKI Marcin	3044		Open Masters Mężczyzn	5	11:00	00:34:12	01:39:20.90	01:39:20.90	+00:41:52 (42.2%)	9:56	6 (57.7%)
117	BIOLIK Marek	2351	NIEPOZORNI	Open Mężczyzn	38	09:45	00:34:34	01:39:35.10	01:39:35.10	+00:42:07 (42.3%)	9:57	6 (57.7%)
118	BODZIANNY Paweł	3032		Open Mężczyzn	39	11:00	00:34:26	01:39:53.30	01:39:53.30	+00:42:25 (42.5%)	9:59	6 (57.7%)
119	SURMACH Andrei	3320		Open Mężczyzn	40	11:30	00:31:47	01:39:57.75	01:39:57.75	+00:42:29 (42.5%)	9:59	6 (57.7%)
120	PASON Tomasz	3305		Open Mężczyzn	41	11:30	00:32:14	01:39:57.80	01:39:57.80	+00:42:29 (42.5%)	9:59	6 (57.7%)
121	URBANEK Adrian	3449		Open Mężczyzn	42	12:00	00:36:51	01:40:04.00	01:40:04.00	+00:42:36 (42.6%)	10:00	6 (57.7%)
122	KUBULUS Tomasz	2307	DO PORZYGU OCR TEAM	Open Masters Mężczyzn	6	09:45	00:37:42	01:40:08.60	01:40:08.60	+00:42:40 (42.6%)	10:00	6 (57.7%)
123	WEJKNIS Krzysztof	2873	RMF4RT GLADIATORS	Open Mężczyzn	43	10:45	00:33:36	01:40:36.35	01:40:36.35	+00:43:08 (42.9%)	10:03	6 (57.7%)
124	KOWALSKI Józef	2730	POSITIVE FREAKS TEAM	Open Mężczyzn	44	10:30	00:34:34	01:40:52.40	01:40:52.40	+00:43:24 (43.0%)	10:05	5.9 (56.7%)
125	TOMCZAK Artur	2289		Open Mężczyzn	45	09:30	00:36:13	01:41:13.05	01:41:13.05	+00:43:45 (43.2%)	10:07	5.9 (56.7%)
126	JUSZKIEWICZ Dominik	3492		Open Mężczyzn	46	11:45	00:35:00	01:41:14.05	01:41:14.05	+00:43:46 (43.2%)	10:07	5.9 (56.7%)
127	RYCHLEWSKI Wojciech	3240	MASNY TEAM	Open Mężczyzn	47	11:30	00:31:27	01:41:26.70	01:41:26.70	+00:43:58 (43.4%)	10:08	5.9 (56.7%)
128	JAJUGA Michał	2997	RADAWAY TEAM	Open Mężczyzn	48	11:00	00:33:55	01:41:30.30	01:41:30.30	+00:44:02 (43.4%)	10:09	5.9 (56.7%)
129	SZCZECH Szymon	2871	RMF4RT GLADIATORS	Open Mężczyzn	49	10:45	00:33:35	01:41:30.90	01:41:30.90	+00:44:02 (43.4%)	10:09	5.9 (56.7%)
130	MAKOWSKI Stanisław	2998	RADAWAY TEAM	Open Mężczyzn	50	11:00	00:35:57	01:41:33.00	01:41:33.00	+00:44:05 (43.4%)	10:09	5.9 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
131	KOMOROWSKA Aleksandra	2108		Elite Kobiet	6	09:15	00:34:48	01:41:40.45	01:41:40.45	+00:44:12 (43.5%)	10:10	5.9 (56.7%)
132	DZIURLA-NOWAK Patryk	2995	RADAWAY TEAM	Open Mężczyzn	51	11:00	00:35:59	01:42:00.50	01:42:00.50	+00:44:32 (43.7%)	10:12	5.9 (56.7%)
133	NOWAKOWSKI Krzysztof	2999	RADAWAY TEAM	Open Mężczyzn	52	11:00	00:35:59	01:42:01.50	01:42:01.50	+00:44:33 (43.7%)	10:12	5.9 (56.7%)
134	DUKIEWICZ Dariusz	2918		Open Mężczyzn	53	10:45	00:36:07	01:42:45.40	01:42:45.40	+00:45:17 (44.1%)	10:16	5.8 (55.8%)
135	GRZYBOWSKI Grzegorz	2980	KRATOS TRZEBNICA	Open Mężczyzn	54	11:00	00:37:31	01:43:29.55	01:43:29.55	+00:46:01 (44.5%)	10:20	5.8 (55.8%)
136	LEWANDOWSKI Mateusz	2271		Open Mężczyzn	55	09:30	00:33:22	01:43:52.15	01:43:52.15	+00:46:24 (44.7%)	10:23	5.8 (55.8%)
137	GIZAK Michał	2251	SOCIOS SILESIA	Open Mężczyzn	56	09:30	00:32:02	01:43:59.55	01:43:59.55	+00:46:31 (44.7%)	10:23	5.8 (55.8%)
138	GÓRKA Marcin	2320	HUSARIA RACE TEAM	Open Mężczyzn	57	09:45	00:37:12	01:44:22.15	01:44:22.15	+00:46:54 (44.9%)	10:26	5.7 (54.8%)
139	RZESZOTARSKI Jacek	2249	SAR-BSR KOŁOBRZEG MARATON TEAM	Open Masters Mężczyzn	7	09:30	00:38:38	01:44:34.30	01:44:34.30	+00:47:06 (45.0%)	10:27	5.7 (54.8%)
140	HAWEL Rafał	2602	PORUNBANI	Open Masters Mężczyzn	8	10:15	00:41:25	01:44:42.75	01:44:42.75	+00:47:14 (45.1%)	10:28	5.7 (54.8%)
141	JUSZCZYK Maciej	2660		Open Mężczyzn	58	10:15	00:34:59	01:44:46.55	01:44:46.55	+00:47:18 (45.2%)	10:28	5.7 (54.8%)
142	PIETRASZ Krzysztof	2938		Open Mężczyzn	59	10:45	00:35:31	01:44:57.80	01:44:57.80	+00:47:29 (45.3%)	10:29	5.7 (54.8%)
143	PLUCIK Rafał	3072		Open Mężczyzn	60	11:00	00:37:40	01:44:59.30	01:44:59.30	+00:47:31 (45.3%)	10:29	5.7 (54.8%)
144	HANDZLIK Tomasz	2006	DENISTEAM	Elite Masters Mężczyzn	11	09:00	00:38:04	01:45:24.20	01:45:24.20	+00:47:56 (45.5%)	10:32	5.7 (54.8%)
145	STRYCZEK Patryk	2413		Open Mężczyzn	61	09:30	00:40:37	01:45:41.40	01:45:41.40	+00:48:13 (45.6%)	10:34	5.7 (54.8%)
146	PABIN Paweł	2275		Open Mężczyzn	62	09:30	00:35:45	01:45:57.60	01:45:57.60	+00:48:29 (45.8%)	10:35	5.7 (54.8%)
147	JOSKOWSKI Marek	2334	KASZUBSKIE AGENTY	Open Mężczyzn	63	09:45	00:37:09	01:46:07.70	01:46:07.70	+00:48:39 (45.9%)	10:36	5.7 (54.8%)
148	WIECZOREK Dariusz	3483		Open Mężczyzn	64	09:30	00:34:15	01:46:09.75	01:46:09.75	+00:48:41 (45.9%)	10:36	5.7 (54.8%)
149	FARENHOLC Maciej	2833	DZIKOZA	Open Mężczyzn	65	10:45	00:37:30	01:46:19.10	01:46:19.10	+00:48:51 (45.9%)	10:37	5.6 (53.8%)
150	KAMYCZEK Adam	2309	DZIADY OCR	Open Masters Mężczyzn	9	09:45	00:39:46	01:46:20.95	01:46:20.95	+00:48:53 (46.0%)	10:38	5.6 (53.8%)
151	OKOŃ Adam	2335	KASZUBSKIE AGENTY	Open Mężczyzn	66	09:45	00:37:31	01:46:29.20	01:46:29.20	+00:49:01 (46.0%)	10:38	5.6 (53.8%)
152	SZCZOTOK Wiktor	2284		Open Mężczyzn	67	09:30	00:36:33	01:47:00.55	01:47:00.55	+00:49:32 (46.3%)	10:42	5.6 (53.8%)
153	KWIDZIŃSKI Robert	3405		Open Mężczyzn	68	11:45	00:35:12	01:47:21.95	01:47:21.95	+00:49:54 (46.5%)	10:44	5.6 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
154	SZYLKIN Wojciech	3356	LECNICA TEAM	Open Mężczyzn	69	11:45	00:35:00	01:47:22.60	01:47:22.60	+00:49:54 (46.5%)	10:44	5.6 (53.8%)
155	CZECHOWSKI Konrad	2199	DRUŻYNA JEDNOROŻCA	Open Mężczyzn	70	09:30	00:36:06	01:48:05.15	01:48:05.15	+00:50:37 (46.8%)	10:48	5.6 (53.8%)
156	OGIŃSKI Szymon	2673		Open Mężczyzn	71	09:30	00:38:57	01:48:07.50	01:48:07.50	+00:50:39 (46.9%)	10:48	5.5 (52.9%)
157	MIĘSOWICZ Mirosław	2200	DRUŻYNA JEDNOROŻCA	Open Mężczyzn	72	09:30	00:36:27	01:48:16.90	01:48:16.90	+00:50:48 (46.9%)	10:49	5.5 (52.9%)
158	JÓSKOWSKI Lucjan	2299	AGENCY KASZUBSKIE	Open Mężczyzn	73	09:45	00:37:54	01:48:29.45	01:48:29.45	+00:51:01 (47.0%)	10:50	5.5 (52.9%)
159	DUBIEL Monika	2853	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	1	10:45	00:38:23	01:48:43.70	01:48:43.70	+00:51:15 (47.1%)	10:52	5.5 (52.9%)
160	DOMORADZKI Łukasz	3452		Open Mężczyzn	74	10:15	00:38:03	01:48:48.65	01:48:48.65	+00:51:20 (47.2%)	10:52	5.5 (52.9%)
161	KOWALSKI Krzysztof	2213	HUSARIA RACE TEAM	Open Masters Mężczyzn	10	09:30	00:38:11	01:49:12.10	01:49:12.10	+00:51:44 (47.4%)	10:55	5.5 (52.9%)
162	SZAFRAN Jakub	2725	PIĘKNI I BESTIE	Open Mężczyzn	75	09:30	00:40:09	01:49:22.15	01:49:22.15	+00:51:54 (47.5%)	10:56	5.5 (52.9%)
163	KNIAŻ Tomasz	2855	PRIME FITNESS RUNMAGEDDON TEAM	Open Mężczyzn	76	10:45	00:38:22	01:49:25.10	01:49:25.10	+00:51:57 (47.5%)	10:56	5.5 (52.9%)
164	BOŚKA Patryk	2389		Open Mężczyzn	77	09:30	00:38:57	01:49:41.60	01:49:41.60	+00:52:13 (47.6%)	10:58	5.5 (52.9%)
165	PIETROSZEK Agata	2675		Open Kobiet	2	10:15	00:38:02	01:49:44.40	01:49:44.40	+00:52:16 (47.6%)	10:58	5.5 (52.9%)
166	CZERWONIEC Andrzej	2391		Open Mężczyzn	78	09:45	00:41:08	01:49:47.95	01:49:47.95	+00:52:20 (47.7%)	10:58	5.5 (52.9%)
167	MŁYNARCZYK Tatiana	2217	HUSARIA RACE TEAM	Open Kobiet	3	10:15	00:37:55	01:50:07.80	01:50:07.80	+00:52:39 (47.8%)	11:00	5.4 (51.9%)
168	DWORCZAK Maciej	2367	RUNAWAY TEAM	Open Mężczyzn	79	09:45	00:32:45	01:50:14.50	01:50:14.50	+00:52:46 (47.9%)	11:01	5.4 (51.9%)
169	LUTEREK Michał	2796		Open Mężczyzn	80	10:30	00:36:32	01:50:37.85	01:50:37.85	+00:53:09 (48.1%)	11:03	5.4 (51.9%)
170	KUCZYŃSKI Paweł	2180	BIGYELLOWFOOT ADVENTUE TEAM	Open Mężczyzn	81	09:30	00:36:44	01:50:46.70	01:50:46.70	+00:53:18 (48.1%)	11:04	5.4 (51.9%)
171	STAŃKO Jerzy	2810		Open Mężczyzn	82	10:30	00:35:13	01:50:53.25	01:50:53.25	+00:53:25 (48.2%)	11:05	5.4 (51.9%)
172	ZABOROWSKI Filip	3453	OSP TEAM WĘGLOWICE	Open Mężczyzn	83	10:00	00:33:43	01:51:01.30	01:51:01.30	+00:53:33 (48.2%)	11:06	5.4 (51.9%)
173	MOCHNAL Dawid	2272		Open Mężczyzn	84	09:30	00:35:10	01:51:04.45	01:51:04.45	+00:53:36 (48.3%)	11:06	5.4 (51.9%)
174	WĘGLARZ Waldemar	2082		Elite Masters Mężczyzn	12	09:00	00:30:33	01:51:07.30	01:51:07.30	+00:53:39 (48.3%)	11:06	5.4 (51.9%)
175	BARAN Grzegorz	3027		Open Masters Mężczyzn	11	09:45	00:42:55	01:51:10.25	01:51:10.25	+00:53:42 (48.3%)	11:07	5.4 (51.9%)
176	MARKIEWICZ Arkadiusz	2601	PIĘKNI I BESTIE	Open Masters Mężczyzn	12	10:15	00:41:38	01:51:13.45	01:51:13.45	+00:53:45 (48.3%)	11:07	5.4 (51.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
177	BORECKI Krzysztof	2203	HUSARIA RACE TEAM	Open Masters Mężczyzn	13	09:30	00:35:39	01:51:25.75	01:51:25.75	+00:53:57 (48.4%)	11:08	5.4 (51.9%)
178	BŁASZCZYK Łukasz	3031		Open Mężczyzn	85	11:00	00:33:02	01:51:29.30	01:51:29.30	+00:54:01 (48.5%)	11:08	5.4 (51.9%)
179	MOKWA Sebastian	2029	NIE W SZCZEPIONKĘ TEAM	Elite Mężczyzn	60	09:00	00:31:59	01:51:31.50	01:51:31.50	+00:54:03 (48.5%)	11:09	5.4 (51.9%)
180	MIŚKIEWICZ Konrad	3445		Open Mężczyzn	86	12:00	00:36:22	01:51:38.65	01:51:38.65	+00:54:10 (48.5%)	11:09	5.4 (51.9%)
181	KOLACHA Patryk	2212	HUSARIA RACE TEAM	Open Mężczyzn	87	09:30	00:34:06	01:51:48.85	01:51:48.85	+00:54:20 (48.6%)	11:10	5.4 (51.9%)
182	ZAPIÓR Marcin	2298		Open Mężczyzn	88	09:30	00:35:31	01:52:09.20	01:52:09.20	+00:54:41 (48.8%)	11:12	5.3 (51.0%)
183	PIOTROWSKI Kamil	2939		Open Mężczyzn	89	10:45	00:37:12	01:52:10.70	01:52:10.70	+00:54:42 (48.8%)	11:13	5.3 (51.0%)
184	GOŹDZIK Paweł	2920		Open Mężczyzn	90	10:15	00:40:34	01:52:18.55	01:52:18.55	+00:54:50 (48.8%)	11:13	5.3 (51.0%)
185	ŚMIAŁEK Robert	3245	MOMO TEAM	Open Mężczyzn	91	11:30	00:31:20	01:52:40.60	01:52:40.60	+00:55:12 (49.0%)	11:16	5.3 (51.0%)
186	STAROSZYŃSKI Dawid	3075		Open Mężczyzn	92	11:00	00:39:18	01:53:15.80	01:53:15.80	+00:55:47 (49.3%)	11:19	5.3 (51.0%)
187	MERGNER Rafał	3369	POWER TRAINING	Open Mężczyzn	93	11:45	00:41:14	01:53:18.65	01:53:18.65	+00:55:50 (49.3%)	11:19	5.3 (51.0%)
188	SZEWCZYK Paweł	2681		Open Masters Mężczyzn	14	10:15	00:38:03	01:53:20.65	01:53:20.65	+00:55:52 (49.3%)	11:20	5.3 (51.0%)
189	KLINOWSKI Andrzej	2428	BLACK GAME TEAM	Open Mężczyzn	94	10:00	00:38:29	01:53:29.05	01:53:29.05	+00:56:01 (49.4%)	11:20	5.3 (51.0%)
190	KULMIŃSKI Marcin	3368	POWER TRAINING	Open Mężczyzn	95	11:45	00:41:02	01:53:30.65	01:53:30.65	+00:56:02 (49.4%)	11:21	5.3 (51.0%)
191	KOGUT Dawid	2784		Open Mężczyzn	96	10:30	00:37:51	01:53:30.70	01:53:30.70	+00:56:02 (49.4%)	11:21	5.3 (51.0%)
192	ZAJĄC Paweł	2429	BLACK GAME TEAM	Open Mężczyzn	97	10:00	00:38:21	01:53:36.80	01:53:36.80	+00:56:08 (49.4%)	11:21	5.3 (51.0%)
193	KRAJNIAK Jarosław	2869	RMF4RT GLADIATORS	Open Mężczyzn	98	09:45	00:39:29	01:53:59.15	01:53:59.15	+00:56:31 (49.6%)	11:23	5.3 (51.0%)
194	PAŁKA Adam	2799		Open Mężczyzn	99	10:30	00:37:52	01:54:05.70	01:54:05.70	+00:56:37 (49.6%)	11:24	5.3 (51.0%)
195	SZOSTEK Patrycja	2091	NIE W SZCZEPIONKĘ TEAM	Elite Kobiet	7	09:15	00:37:17	01:54:08.75	01:54:08.75	+00:56:40 (49.7%)	11:24	5.3 (51.0%)
196	GULATOWSKI Rafal	3166		Open Mężczyzn	100	11:15	00:46:22	01:54:13.10	01:54:13.10	+00:56:45 (49.7%)	11:25	5.3 (51.0%)
197	GULATOWSKA Klaudia	3165		Open Kobiet	4	11:15	00:46:06	01:54:13.30	01:54:13.30	+00:56:45 (49.7%)	11:25	5.3 (51.0%)
198	KACZWIŃSKI Paweł	2527		Open Masters Mężczyzn	15	10:00	00:40:50	01:54:17.65	01:54:17.65	+00:56:49 (49.7%)	11:25	5.3 (51.0%)
199	BROŻEK Artur	2247	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	101	09:30	00:35:41	01:54:18.60	01:54:18.60	+00:56:50 (49.7%)	11:25	5.2 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
200	PIERWOŁA Tomasz	2723	ORGANIC TEAM	Open Mężczyzn	102	10:30	00:34:28	01:54:27.50	01:54:27.50	+00:56:59 (49.8%)	11:26	5.2 (50.0%)
201	NOWACKI Rafał	3446		Open Mężczyzn	103	12:00	00:36:21	01:54:35.70	01:54:35.70	+00:57:07 (49.9%)	11:27	5.2 (50.0%)
202	CAREWICZ Kamil	2866	RMF4RT GLADIATORS	Open Mężczyzn	104	10:45	00:42:12	01:54:51.00	01:54:51.00	+00:57:23 (50.0%)	11:29	5.2 (50.0%)
203	BRODZIAK Andrzej	2646		Open Masters Mężczyzn	16	10:15	00:40:53	01:54:56.15	01:54:56.15	+00:57:28 (50.0%)	11:29	5.2 (50.0%)
204	KYSIAK Kamil	2789		Open Mężczyzn	105	10:30	00:37:27	01:54:57.70	01:54:57.70	+00:57:29 (50.0%)	11:29	5.2 (50.0%)
205	HANISZEWSKI Bartłomiej	2154		Open Mężczyzn	106	12:00	00:39:15	01:55:01.40	01:55:01.40	+00:57:33 (50.0%)	11:30	5.2 (50.0%)
206	LEBIODA Marcin	2253	SOCIOS SILESIA	Open Mężczyzn	107	09:30	00:41:46	01:55:02.90	01:55:02.90	+00:57:34 (50.1%)	11:30	5.2 (50.0%)
207	SZYPOWSKI Jakub	3456	RAJSPORT ACTIVE	Open Mężczyzn	108	09:30	00:40:04	01:55:06.95	01:55:06.95	+00:57:39 (50.1%)	11:30	5.2 (50.0%)
208	SZYMANSKI Jacek	2969	ETERNIA	Open Mężczyzn	109	11:00	00:40:41	01:55:54.95	01:55:54.95	+00:58:27 (50.4%)	11:35	5.2 (50.0%)
209	PSUT Kamil	2220	HUSARIA RACE TEAM	Open Mężczyzn	110	09:30	00:38:02	01:55:58.15	01:55:58.15	+00:58:30 (50.4%)	11:35	5.2 (50.0%)
210	TOMCZAK Joanna	2290		Open Kobiet	5	09:30	00:38:57	01:56:01.00	01:56:01.00	+00:58:33 (50.5%)	11:36	5.2 (50.0%)
211	MALEŃCZYK Sylwester	2665		Open Mężczyzn	111	10:15	00:38:26	01:56:16.10	01:56:16.10	+00:58:48 (50.6%)	11:37	5.2 (50.0%)
212	JAROSZ Adam	3434	SPARTANSKIE SWIRY	Open Mężczyzn	112	12:00	00:39:18	01:56:18.40	01:56:18.40	+00:58:50 (50.6%)	11:37	5.2 (50.0%)
213	PLEWKA Daniel	3309		Open Mężczyzn	113	11:30	00:39:49	01:56:24.30	01:56:24.30	+00:58:56 (50.6%)	11:38	5.2 (50.0%)
214	KACZMARCZYK Lucjan	2981	KRATOS TRZEBNICA	Open Masters Mężczyzn	17	11:00	00:34:44	01:56:25.00	01:56:25.00	+00:58:57 (50.6%)	11:38	5.2 (50.0%)
215	NOWAK Daniel	2672		Open Mężczyzn	114	10:15		01:56:30.10	01:56:30.10	+00:59:02 (50.7%)	11:39	5.2 (50.0%)
216	KORZENIOWSKI Mateusz	2355	OCR TEAM BYDLAKI	Open Mężczyzn	115	09:45	00:38:45	01:56:39.55	01:56:39.55	+00:59:11 (50.7%)	11:39	5.1 (49.0%)
217	KREMER Piotr	3342	CROSTRENING RACIBÓRZ	Open Mężczyzn	116	11:45	00:37:46	01:56:48.00	01:56:48.00	+00:59:20 (50.8%)	11:40	5.1 (49.0%)
218	SUCHCICKI Wojciech	3428	NIE CHCĘ MIEĆ STEMI	Open Masters Mężczyzn	18	12:00	00:40:28	01:56:53.20	01:56:53.20	+00:59:25 (50.8%)	11:41	5.1 (49.0%)
219	ŚWIĘTEK Paweł	2734	POWER TRAINING	Open Mężczyzn	117	10:30	00:40:23	01:56:56.00	01:56:56.00	+00:59:28 (50.9%)	11:41	5.1 (49.0%)
220	MICHALSKI Kacper	3410		Open Mężczyzn	118	10:15	00:34:17	01:57:15.85	01:57:15.85	+00:59:47 (51.0%)	11:43	5.1 (49.0%)
221	SERKIS Małgorzata	2942		Open Masters Kobiet	1	10:45	00:44:39	01:57:28.80	01:57:28.80	+01:00:00 (51.1%)	11:44	5.1 (49.0%)
222	KARPIŃSKI Bartłomiej	2607	RAGNAROK SZCZECIN	Open Mężczyzn	119	10:15	00:39:42	01:57:30.65	01:57:30.65	+01:00:02 (51.1%)	11:45	5.1 (49.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
223	GŁADYSZ Marcin	2257	WILK TRENUJE	Open Mężczyzn	120	09:30	00:38:48	01:57:32.40	01:57:32.40	+01:00:04 (51.1%)	11:45	5.1 (49.0%)
224	KUBIESA Jakub	2443	HUSARIA RACE TEAM	Open Mężczyzn	121	10:00	00:31:28	01:57:36.45	01:57:36.45	+01:00:08 (51.1%)	11:45	5.1 (49.0%)
225	DUDEK Jakub	2353	OCR TEAM BYDLAKI	Open Mężczyzn	122	09:45	00:38:01	01:57:44.70	01:57:44.70	+01:00:16 (51.2%)	11:46	5.1 (49.0%)
226	BEDNARZ Marcin	2645		Open Masters Mężczyzn	19	10:15	00:39:39	01:58:00.20	01:58:00.20	+01:00:32 (51.3%)	11:48	5.1 (49.0%)
227	MIKOŁAJEK Robert	2497	TOYOTA RUNMATOR	Open Masters Mężczyzn	20	10:00	00:41:13	01:58:04.70	01:58:04.70	+01:00:36 (51.3%)	11:48	5.1 (49.0%)
228	TELAŻKA Kacper	2499	TOYOTA RUNMATOR	Open Mężczyzn	123	10:00	00:41:48	01:58:07.15	01:58:07.15	+01:00:39 (51.3%)	11:48	5.1 (49.0%)
229	WŁODARCZYK Maciej	2501	TOYOTA RUNMATOR	Open Mężczyzn	124	10:00	00:41:13	01:58:15.00	01:58:15.00	+01:00:47 (51.4%)	11:49	5.1 (49.0%)
230	JASIŃSKI Marcin	2495	TOYOTA RUNMATOR	Open Masters Mężczyzn	21	10:00	00:41:48	01:58:15.40	01:58:15.40	+01:00:47 (51.4%)	11:49	5.1 (49.0%)
231	MATEJCZYK Marcin	2469	OUTDOOR TRAINING	Open Masters Mężczyzn	22	10:00	00:39:43	01:58:15.90	01:58:15.90	+01:00:47 (51.4%)	11:49	5.1 (49.0%)
232	MACIUSZEK Julia	2103	WATAHA	Elite Kobiet	8	09:15	00:34:01	01:58:39.70	01:58:39.70	+01:01:11 (51.6%)	11:51	5.1 (49.0%)
233	BIELA Grzegorz	2492	TOYOTA RUNMATOR	Open Mężczyzn	125	10:00	00:41:14	01:58:40.65	01:58:40.65	+01:01:12 (51.6%)	11:52	5.1 (49.0%)
234	WŁOCH Michał	3025	ZABIEGANI CZĘSTOCHOWA	Open Mężczyzn	126	10:00	00:37:42	01:58:53.95	01:58:53.95	+01:01:26 (51.7%)	11:53	5 (48.1%)
235	DERYŁO Mateusz	2876	SOCIOS SILESIA	Open Mężczyzn	127	10:45	00:36:15	01:59:13.80	01:59:13.80	+01:01:45 (51.8%)	11:55	5 (48.1%)
236	BIEGANSKI Bogumil	2181	BIGYELLOWFOOT ADVENTURE TEAM	Open Mężczyzn	128	12:00	00:43:03	01:59:22.70	01:59:22.70	+01:01:54 (51.9%)	11:56	5 (48.1%)
237	BIENIASZ Bogusław	2513		Open Masters Mężczyzn	23	10:00	00:41:21	01:59:23.40	01:59:23.40	+01:01:55 (51.9%)	11:56	5 (48.1%)
238	SKÓRA Wojciech	2968	ETERNIA	Open Mężczyzn	129	11:00	00:40:39	01:59:34.05	01:59:34.05	+01:02:06 (51.9%)	11:57	5 (48.1%)
239	CEGIELSKI Marcin	3271		Open Masters Mężczyzn	24	11:30	00:42:39	01:59:38.70	01:59:38.70	+01:02:10 (52.0%)	11:57	5 (48.1%)
240	KASPRZAK Paweł	3228	GROBLA TEAM	Open Mężczyzn	130	11:30	00:36:39	01:59:45.50	01:59:45.50	+01:02:17 (52.0%)	11:58	5 (48.1%)
241	KĘDZIORA Bogumił	2924		Open Mężczyzn	131	10:45	00:36:44	01:59:47.25	01:59:47.25	+01:02:19 (52.0%)	11:58	5 (48.1%)
242	PÓŁGĘSEK Bartosz	2314	HARPAGAN RUNNERS	Open Mężczyzn	132	09:45	00:39:30	01:59:51.10	01:59:51.10	+01:02:23 (52.1%)	11:59	5 (48.1%)
243	KOZDÓJ Ewa	2359	OSWRIS	Open Masters Kobiet	2	09:45	00:42:56	01:59:51.50	01:59:51.50	+01:02:23 (52.1%)	11:59	5 (48.1%)
244	RZOŃCA Michał	2507	WATAHA	Open Mężczyzn	133	10:00	00:35:38	01:59:58.95	01:59:58.95	+01:02:31 (52.1%)	11:59	5 (48.1%)
245	KUDŁA Grzegorz	2356	OCR TEAM BYDLAKI	Open Masters Mężczyzn	25	09:45	00:38:46	01:59:59.65	01:59:59.65	+01:02:31 (52.1%)	11:59	5 (48.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
246	KONICKI Grzegorz	3371	RMF4RT GLADIATORS	Open Mężczyzn	134	11:45	00:36:01	02:00:08.95	02:00:08.95	+01:02:41 (52.2%)	12:00	5 (48.1%)
247	ZELL Jacek	2573	GLOBAL	Open Masters Mężczyzn	26	10:15	00:41:13	02:00:26.00	02:00:26.00	+01:02:58 (52.3%)	12:02	5 (48.1%)
248	RAKOWSKI Przemysław	2173	ALV AWENDZERS	Open Mężczyzn	135	09:30	00:41:36	02:00:29.90	02:00:29.90	+01:03:01 (52.3%)	12:02	5 (48.1%)
249	ANDRZEJCZAK Filip	2510		Open Mężczyzn	136	10:00	00:36:38	02:00:30.25	02:00:30.25	+01:03:02 (52.3%)	12:03	5 (48.1%)
250	MARTUSZEWSKI Ryszard	2666		Open Masters Mężczyzn	27	10:15	00:41:29	02:00:45.45	02:00:45.45	+01:03:17 (52.4%)	12:04	5 (48.1%)
251	PIĘTKA Patryk	3365	PERI SPARTAN TEAM	Open Mężczyzn	137	11:45	00:42:54	02:00:50.40	02:00:50.40	+01:03:22 (52.4%)	12:05	5 (48.1%)
252	KĘSEK Marcin	2783		Open Masters Mężczyzn	28	10:30	00:39:36	02:00:55.65	02:00:55.65	+01:03:27 (52.5%)	12:05	5 (48.1%)
253	MATEJCZYK Artur	2468	OUTDOOR TRAINING	Open Masters Mężczyzn	29	10:00	00:39:51	02:00:58.20	02:00:58.20	+01:03:30 (52.5%)	12:05	5 (48.1%)
254	MICHROWSKI Sławomir	3191		Open Masters Mężczyzn	30	11:15	00:34:39	02:01:01.30	02:01:01.30	+01:03:33 (52.5%)	12:06	5 (48.1%)
255	KUBIAK Edyta	2629	TEAM ŚWINIA	Open Kobiet	6	10:15	00:47:09	02:01:04.00	02:01:04.00	+01:03:36 (52.5%)	12:06	5 (48.1%)
256	SZARY Michał	2837	I2 GEOLAB	Open Mężczyzn	138	10:45	00:40:06	02:01:05.50	02:01:05.50	+01:03:37 (52.5%)	12:06	5 (48.1%)
257	OGIERMAN Mariusz	2836	I2 GEOLAB	Open Mężczyzn	139	10:45	00:40:07	02:01:05.75	02:01:05.75	+01:03:37 (52.5%)	12:06	5 (48.1%)
258	WYRWIŃSKI Michał	2820		Open Mężczyzn	140	10:30	00:40:11	02:01:06.30	02:01:06.30	+01:03:38 (52.5%)	12:06	5 (48.1%)
259	NAJDEREK Michał	3193		Open Mężczyzn	141	11:15	00:39:20	02:01:10.45	02:01:10.45	+01:03:42 (52.6%)	12:07	5 (48.1%)
260	BURAKOWSKA Małgorzata	3231	HUSARIA RACE TEAM	Open Masters Kobiet	3	11:30	00:48:33	02:01:24.05	02:01:24.05	+01:03:56 (52.7%)	12:08	4.9 (47.1%)
261	OSIŃSKI Marcin	2744	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	142	10:30	00:46:58	02:01:34.95	02:01:34.95	+01:04:07 (52.7%)	12:09	4.9 (47.1%)
262	KOWALCZYK Piotr	2603	POSITIVE FREAKS TEAM	Open Mężczyzn	143	10:15	00:39:16	02:01:36.70	02:01:36.70	+01:04:08 (52.7%)	12:09	4.9 (47.1%)
263	KRAWCZYK Rafał	2614	ROSSMANN	Open Mężczyzn	144	10:15	00:43:06	02:01:37.25	02:01:37.25	+01:04:09 (52.8%)	12:09	4.9 (47.1%)
264	KLAWCZYŃSKI Karol	2637	WF KOSTRZYN	Open Mężczyzn	145	10:15	00:39:57	02:01:39.20	02:01:39.20	+01:04:11 (52.8%)	12:09	4.9 (47.1%)
265	MĘDRYKOWSKI Damian	2579	HUSARIA RACE TEAM	Open Mężczyzn	146	10:15	00:40:19	02:01:50.30	02:01:50.30	+01:04:22 (52.8%)	12:11	4.9 (47.1%)
266	MURSZEWski Maciej	2932		Open Mężczyzn	147	10:45	00:43:15	02:01:54.10	02:01:54.10	+01:04:26 (52.9%)	12:11	4.9 (47.1%)
267	JÓŻWICKI Karol	2467	OUTDOOR TRAINING	Open Mężczyzn	148	10:00	00:39:47	02:02:01.10	02:02:01.10	+01:04:33 (52.9%)	12:12	4.9 (47.1%)
268	BUKOWSKI Marcin	2764	TURBO ŁOSIE	Open Mężczyzn	149	10:30	00:33:37	02:02:03.50	02:02:03.50	+01:04:35 (52.9%)	12:12	4.9 (47.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
269	PLAK Emil	2733	POWER TRAINING	Open Mężczyzn	150	10:30	00:40:27	02:02:04.90	02:02:04.90	+01:04:36 (52.9%)	12:12	4.9 (47.1%)
270	STANIEK Sławomir	3339	BLACKSHEEP TEAM	Open Mężczyzn	151	11:45	00:42:08	02:02:05.45	02:02:05.45	+01:04:37 (52.9%)	12:12	4.9 (47.1%)
271	MROZIK Mariusz	3100	HUSARIA RACE TEAM	Open Masters Mężczyzn	31	11:15	00:40:01	02:02:27.20	02:02:27.20	+01:04:59 (53.1%)	12:14	4.9 (47.1%)
272	KARCZMAR Kornelia	2636	WF KOSTRZYN	Open Kobiet	7	10:15	00:39:57	02:02:36.70	02:02:36.70	+01:05:08 (53.1%)	12:15	4.9 (47.1%)
273	PALKA Jurand	2491	STUDIO ENERGIA TEAM RYBNIK	Open Masters Mężczyzn	32	10:00	00:44:52	02:03:01.55	02:03:01.55	+01:05:33 (53.3%)	12:18	4.9 (47.1%)
274	GREŃ Andrzej	2625	TABATA RADEK TEAM	Open Masters Mężczyzn	33	10:15	00:43:06	02:03:04.60	02:03:04.60	+01:05:36 (53.3%)	12:18	4.9 (47.1%)
275	OLECH Grzegorz	2230	LEMON TEAM	Open Mężczyzn	152	09:30	00:41:20	02:03:17.80	02:03:17.80	+01:05:49 (53.4%)	12:19	4.9 (47.1%)
276	SAK Cezary	2229	KTML -> KTMLSPORT.BLOGSPOT.COM	Open Mężczyzn	153	09:30	00:43:15	02:03:21.05	02:03:21.05	+01:05:53 (53.4%)	12:20	4.9 (47.1%)
277	NOWICKI Marcin	3001	RMF4RT GLADIATORS	Open Mężczyzn	154	11:00	00:37:31	02:03:23.50	02:03:23.50	+01:05:55 (53.4%)	12:20	4.9 (47.1%)
278	SKRĘTY Patryk	2312	EDEN RUNNERS	Open Mężczyzn	155	09:45	00:41:55	02:03:34.85	02:03:34.85	+01:06:06 (53.5%)	12:21	4.9 (47.1%)
279	BANAŚ Krzysztof	2511		Open Mężczyzn	156	10:00	00:43:59	02:03:39.30	02:03:39.30	+01:06:11 (53.5%)	12:21	4.9 (47.1%)
280	HUK Mateusz	2310	DZIKUSY W NATARCIU	Open Mężczyzn	157	09:45	00:42:58	02:03:46.80	02:03:46.80	+01:06:18 (53.6%)	12:22	4.8 (46.2%)
281	JAHNS Adam	2627	TEAM ŚWINIA	Open Mężczyzn	158	10:15	00:40:19	02:03:53.50	02:03:53.50	+01:06:25 (53.6%)	12:23	4.8 (46.2%)
282	SOKOŁOWSKI Władysław	3233	HUSARIA RACE TEAM	Open Mężczyzn	159	11:30	00:37:50	02:03:55.30	02:03:55.30	+01:06:27 (53.6%)	12:23	4.8 (46.2%)
283	PACYGON Tomek	2311	EDEN RUNNERS	Open Mężczyzn	160	09:45	00:41:53	02:03:55.50	02:03:55.50	+01:06:27 (53.6%)	12:23	4.8 (46.2%)
284	BARAN Dawid	2306	DO PORZYGU OCR TEAM	Open Mężczyzn	161	09:45	00:42:10	02:04:06.65	02:04:06.65	+01:06:38 (53.7%)	12:24	4.8 (46.2%)
285	KUCZERA Kazimierz	3175		Open Mężczyzn	162	11:15	00:39:00	02:04:07.55	02:04:07.55	+01:06:39 (53.7%)	12:24	4.8 (46.2%)
286	KOZAK Arkadiusz	3443		Open Mężczyzn	163	12:00	00:35:04	02:04:10.40	02:04:10.40	+01:06:42 (53.7%)	12:25	4.8 (46.2%)
287	GIEMZA Michał	3162		Open Mężczyzn	164	11:45	00:32:26	02:04:13.85	02:04:13.85	+01:06:45 (53.7%)	12:25	4.8 (46.2%)
288	JANICKI Kamil	2609	RMF4RT GLADIATORS	Open Mężczyzn	165	09:30	00:42:17	02:04:14.25	02:04:14.25	+01:06:46 (53.7%)	12:25	4.8 (46.2%)
289	CZARNECKI Adam	3158		Open Mężczyzn	166	11:15	00:38:44	02:04:26.50	02:04:26.50	+01:06:58 (53.8%)	12:26	4.8 (46.2%)
290	KARCZYŃSKI Tomasz	2716	JANUSZE I GRAŻYŃKI	Open Mężczyzn	167	10:30	00:44:37	02:04:34.55	02:04:34.55	+01:07:06 (53.9%)	12:27	4.8 (46.2%)
291	WAŃKOWICZ Adrian	2293		Open Mężczyzn	168	09:30	00:41:05	02:04:47.95	02:04:47.95	+01:07:20 (54.0%)	12:28	4.8 (46.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
292	PACYGON Łukasz	3471	EDEN RUNNERS	Open Mężczyzn	169	09:45	00:41:56	02:04:58.40	02:04:58.40	+01:07:30 (54.0%)	12:29	4.8 (46.2%)
293	LANGIEWICZ Łukasz	3489		Open Masters Mężczyzn	34	09:45	00:39:26	02:05:11.80	02:05:11.80	+01:07:43 (54.1%)	12:31	4.8 (46.2%)
294	SPRAWKA Marta	2098	STFSQUAD	Open Kobiet	8	09:15	00:40:50	02:05:20.90	02:05:20.90	+01:07:52 (54.2%)	12:32	4.8 (46.2%)
295	STOSZ Bartosz	3319		Open Masters Mężczyzn	35	11:30	00:39:12	02:05:25.00	02:05:25.00	+01:07:57 (54.2%)	12:32	4.8 (46.2%)
296	GUSZCZA Łukasz	2776		Open Mężczyzn	170	10:15	00:44:48	02:05:28.90	02:05:28.90	+01:08:00 (54.2%)	12:32	4.8 (46.2%)
297	DRAŻKOWSKI Piotr	3275		Open Masters Mężczyzn	36	11:30	00:39:11	02:05:30.90	02:05:30.90	+01:08:02 (54.2%)	12:33	4.8 (46.2%)
298	KACPERSKI Radosław	2056	SZYDERA OCR	Elite Masters Mężczyzn	13	09:00	00:36:39	02:05:31.30	02:05:31.30	+01:08:03 (54.2%)	12:33	4.8 (46.2%)
299	TROJANOWSKI Artur	3329		Open Mężczyzn	171	11:30	00:37:27	02:05:36.05	02:05:36.05	+01:08:08 (54.2%)	12:33	4.8 (46.2%)
300	GROMADZIŃSKI Mateusz	2996	RADAWAY TEAM	Open Mężczyzn	172	11:00	00:42:06	02:05:43.90	02:05:43.90	+01:08:15 (54.3%)	12:34	4.8 (46.2%)
301	JÓZEFACIUK Marcin	2659		Open Mężczyzn	173	10:15	00:40:10	02:05:44.85	02:05:44.85	+01:08:16 (54.3%)	12:34	4.8 (46.2%)
302	GOŻUCH Kacper	3227	GROBLA TEAM	Open Mężczyzn	174	11:30	00:38:42	02:05:53.05	02:05:53.05	+01:08:25 (54.4%)	12:35	4.8 (46.2%)
303	NOWAKOWSKA-TRZASKA Joanna	3340	CROSSFIT HELLWOOD	Open Masters Kobiet	4	11:45	00:45:10	02:05:54.65	02:05:54.65	+01:08:26 (54.4%)	12:35	4.8 (46.2%)
304	TRZASKA Grzegorz	3341	CROSSFIT HELLWOOD	Open Masters Mężczyzn	37	11:45	00:45:12	02:05:57.90	02:05:57.90	+01:08:29 (54.4%)	12:35	4.8 (46.2%)
305	WALKOWSKI Rafał	3103	JEDZIEMY Z TYM KOKSEM	Open Masters Mężczyzn	38	11:15	00:44:44	02:06:05.25	02:06:05.25	+01:08:37 (54.4%)	12:36	4.8 (46.2%)
306	TUREK Amanda	2622	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	9	09:30	00:50:07	02:06:07.30	02:06:07.30	+01:08:39 (54.4%)	12:36	4.8 (46.2%)
307	KYSILKA Vit	2663		Open Mężczyzn	175	10:15	00:41:04	02:06:22.00	02:06:22.00	+01:08:54 (54.5%)	12:38	4.7 (45.2%)
307	WIECZOREK Jakub	3210		Open Mężczyzn	175	11:15	00:37:30	02:06:22.00	02:06:22.00	+01:08:54 (54.5%)	12:38	4.7 (45.2%)
309	SIMON Adam	2714	HUSARIA RACE TEAM	Open Mężczyzn	177	10:30	00:41:52	02:06:34.80	02:06:34.80	+01:09:06 (54.6%)	12:39	4.7 (45.2%)
310	MIERZICKI Marcel	2732	POWER TRAINING	Open Mężczyzn	178	10:30	00:39:46	02:06:57.30	02:06:57.30	+01:09:29 (54.7%)	12:41	4.7 (45.2%)
311	JURECKI Adrian	2987	ŁOWCY PIEROŻKÓW	Open Mężczyzn	179	11:00	00:37:58	02:07:12.65	02:07:12.65	+01:09:44 (54.8%)	12:43	4.7 (45.2%)
312	BEDYK Maciej	3095	DRUŻYNA PANA MICHAŁA	Open Masters Mężczyzn	39	11:15	00:35:27	02:07:14.40	02:07:14.40	+01:09:46 (54.8%)	12:43	4.7 (45.2%)
313	WALCZAK Maciej	2815		Open Mężczyzn	180	10:30	00:38:41	02:07:15.35	02:07:15.35	+01:09:47 (54.8%)	12:43	4.7 (45.2%)
314	ZYWER Urszula	2104	WATAHA	Elite Kobiet	9	09:15	00:36:55	02:07:20.70	02:07:20.70	+01:09:52 (54.9%)	12:44	4.7 (45.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
315	OGONOWSKI Dariusz	3194		Open Mężczyzn	181	11:15	00:39:22	02:07:29.15	02:07:29.15	+01:10:01 (54.9%)	12:44	4.7 (45.2%)
316	RYBACKI Błażej	3002	RMF4RT GLADIATORS	Open Mężczyzn	182	10:00	00:42:35	02:07:33.30	02:07:33.30	+01:10:05 (54.9%)	12:45	4.7 (45.2%)
317	DYKIER Krzysztof	2113	DOMINATOR TEAM	Open Masters Mężczyzn	40	09:00	00:31:50	02:07:36.00	02:07:36.00	+01:10:08 (55.0%)	12:45	4.7 (45.2%)
318	KULAGA Peter	2325	HUSARIA RACE TEAM	Open Mężczyzn	183	09:45	00:37:31	02:07:56.00	02:07:56.00	+01:10:28 (55.1%)	12:47	4.7 (45.2%)
319	LEZIAK Adam	3465	SPARTANSKIE SWIRY	Open Mężczyzn	184	12:00	00:39:21	02:08:11.00	02:08:11.00	+01:10:43 (55.2%)	12:49	4.7 (45.2%)
320	PTAK Patryk	3221	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	Open Mężczyzn	185	11:30	00:41:47	02:08:11.30	02:08:11.30	+01:10:43 (55.2%)	12:49	4.7 (45.2%)
321	JASKÓLSKI Szymon	2565	CARBON OCR RACING TEAM	Open Mężczyzn	186	10:15	00:39:37	02:08:12.55	02:08:12.55	+01:10:44 (55.2%)	12:49	4.7 (45.2%)
322	BERNACKI Grzegorz	2913		Open Mężczyzn	187	10:45	00:38:54	02:08:13.55	02:08:13.55	+01:10:45 (55.2%)	12:49	4.7 (45.2%)
323	WŁODARSKI Piotr	3423		Open Mężczyzn	188	10:15	00:43:19	02:08:18.25	02:08:18.25	+01:10:50 (55.2%)	12:49	4.7 (45.2%)
324	WALOTEK Sebastian	3331		Open Mężczyzn	189	11:30	00:48:37	02:08:32.15	02:08:32.15	+01:11:04 (55.3%)	12:51	4.7 (45.2%)
325	KALISZ Adrian	3051		Open Mężczyzn	190	11:00	00:38:29	02:08:46.55	02:08:46.55	+01:11:18 (55.4%)	12:52	4.7 (45.2%)
326	KEMNITZ Maciek	3287		Open Mężczyzn	191	11:30	00:42:14	02:08:48.05	02:08:48.05	+01:11:20 (55.4%)	12:52	4.7 (45.2%)
327	HOŁYST Marcin	2346	MAX.X TEAM	Open Mężczyzn	192	09:45	00:39:10	02:09:01.95	02:09:01.95	+01:11:34 (55.5%)	12:54	4.7 (45.2%)
328	STASIEWICZ Grzegorz	2540		Open Mężczyzn	193	11:45	00:39:42	02:09:02.50	02:09:02.50	+01:11:34 (55.5%)	12:54	4.6 (44.2%)
329	LISIECKI Rajmund	3450	BIEGOWE NYGUSY	Open Masters Mężczyzn	41	09:30	00:48:07	02:09:03.80	02:09:03.80	+01:11:35 (55.5%)	12:54	4.6 (44.2%)
330	SAWICZ Michał	2536		Open Mężczyzn	194	10:00	00:44:24	02:09:07.90	02:09:07.90	+01:11:39 (55.5%)	12:54	4.6 (44.2%)
331	TOMASZEWICZ Adam	2543		Open Mężczyzn	195	10:00	00:44:24	02:09:08.00	02:09:08.00	+01:11:40 (55.5%)	12:54	4.6 (44.2%)
332	PAWLIŃSKI Łukasz	2802		Open Mężczyzn	196	10:30	00:39:01	02:09:08.40	02:09:08.40	+01:11:40 (55.5%)	12:54	4.6 (44.2%)
333	BAYGER Krystian	2379	WATAHA	Open Mężczyzn	197	09:45	00:43:45	02:09:13.00	02:09:13.00	+01:11:45 (55.5%)	12:55	4.6 (44.2%)
334	KORNAS Szymon	3016	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	198	11:00	00:37:36	02:09:23.35	02:09:23.35	+01:11:55 (55.6%)	12:56	4.6 (44.2%)
335	BORKOWSKI Bartłomiej	2599	NIE W SZCZEPIONKĘ TEAM	Open Mężczyzn	199	10:00	00:41:46	02:09:28.45	02:09:28.45	+01:12:00 (55.6%)	12:56	4.6 (44.2%)
336	ŁUKASZEK Katarzyna	3179		Open Masters Kobiet	5	11:15	00:47:26	02:09:29.00	02:09:29.00	+01:12:01 (55.6%)	12:56	4.6 (44.2%)
337	GARBACZ Damian	2577	HUSARIA RACE TEAM	Open Mężczyzn	200	10:15	00:44:34	02:09:33.60	02:09:33.60	+01:12:05 (55.6%)	12:57	4.6 (44.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
338	JARUGA Grzegorz	3168		Open Mężczyzn	201	11:15	00:38:44	02:09:46.10	02:09:46.10	+01:12:18 (55.7%)	12:58	4.6 (44.2%)
339	WITECKI Filip	3239	LIPNO TEAM	Open Mężczyzn	202	11:30	00:45:16	02:10:09.50	02:10:09.50	+01:12:41 (55.8%)	13:00	4.6 (44.2%)
340	DOMAGAŁA Patryk	2885	WKJ	Open Mężczyzn	203	10:45	00:40:41	02:10:15.80	02:10:15.80	+01:12:47 (55.9%)	13:01	4.6 (44.2%)
341	KOZICKI Paweł	3007	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	204	11:00	00:41:18	02:10:16.50	02:10:16.50	+01:12:48 (55.9%)	13:01	4.6 (44.2%)
342	DYBAŁA Konrad	3038		Open Mężczyzn	205	09:30	00:42:33	02:10:29.60	02:10:29.60	+01:13:01 (56.0%)	13:02	4.6 (44.2%)
343	KARNAK Daniel	3400		Open Masters Mężczyzn	42	11:45	00:44:34	02:10:37.10	02:10:37.10	+01:13:09 (56.0%)	13:03	4.6 (44.2%)
344	KWIATKOWSKI Marcin	3237	LIPNO TEAM	Open Mężczyzn	206	11:30	00:43:28	02:10:37.95	02:10:37.95	+01:13:10 (56.0%)	13:03	4.6 (44.2%)
345	JUDEK Łukasz	3050		Open Mężczyzn	207	11:00	00:35:14	02:10:43.80	02:10:43.80	+01:13:15 (56.0%)	13:04	4.6 (44.2%)
346	BURKIEWICZ Izabela	3270		Open Masters Kobiet	6	11:30	00:46:00	02:10:44.30	02:10:44.30	+01:13:16 (56.0%)	13:04	4.6 (44.2%)
347	PILEWSKI Jacek	3238	LIPNO TEAM	Open Mężczyzn	208	11:30	00:45:56	02:10:45.90	02:10:45.90	+01:13:17 (56.1%)	13:04	4.6 (44.2%)
348	MYSIEWICZ Radosław	3303		Open Mężczyzn	209	11:30	00:46:41	02:10:47.50	02:10:47.50	+01:13:19 (56.1%)	13:04	4.6 (44.2%)
349	MIELCARZ Tomasz	3298		Open Mężczyzn	210	11:30	00:42:21	02:10:54.15	02:10:54.15	+01:13:26 (56.1%)	13:05	4.6 (44.2%)
350	BISKUP Mariusz	2624	TABATA RADEK TEAM	Open Masters Mężczyzn	43	10:15	00:43:38	02:10:56.10	02:10:56.10	+01:13:28 (56.1%)	13:05	4.6 (44.2%)
351	SAWICKI Kacper	3201		Open Mężczyzn	211	11:15	00:40:16	02:10:59.10	02:10:59.10	+01:13:31 (56.1%)	13:05	4.6 (44.2%)
352	MERGNER Łukasz	2141	POWER TRAINING	Open Mężczyzn	212	11:45	00:45:22	02:10:59.25	02:10:59.25	+01:13:31 (56.1%)	13:05	4.6 (44.2%)
353	KAŁUŻNY Mateusz	3442		Open Mężczyzn	213	12:00	00:46:25	02:11:12.50	02:11:12.50	+01:13:44 (56.2%)	13:07	4.6 (44.2%)
354	KONOPACKI Grzegorz	3128	RÓŻOWE LANDRYNY	Open Mężczyzn	214	11:15	00:40:10	02:11:16.40	02:11:16.40	+01:13:48 (56.2%)	13:07	4.6 (44.2%)
355	KRZYŻAK Tomasz	2928		Open Mężczyzn	215	10:45	00:43:10	02:11:17.10	02:11:17.10	+01:13:49 (56.2%)	13:07	4.6 (44.2%)
356	WYPYCH Bartłomiej	2951		Open Masters Mężczyzn	44	10:45	00:52:21	02:11:22.70	02:11:22.70	+01:13:54 (56.3%)	13:08	4.6 (44.2%)
357	PIENIAŻEK Mariusz	2935		Open Masters Mężczyzn	45	10:45	00:52:15	02:11:23.20	02:11:23.20	+01:13:55 (56.3%)	13:08	4.6 (44.2%)
358	MARCOL Dominika	2149		Open Kobiet	10	11:15	00:45:12	02:11:29.45	02:11:29.45	+01:14:01 (56.3%)	13:08	4.6 (44.2%)
359	ROZWANDOWICZ Piotr	2626	TABATA RADEK TEAM	Open Masters Mężczyzn	46	10:15	00:43:41	02:11:34.10	02:11:34.10	+01:14:06 (56.3%)	13:09	4.6 (44.2%)
360	ROCHALSKI Kamil	3348	FABRYKA FORMY BYTOM	Open Mężczyzn	216	11:45	00:40:42	02:11:36.85	02:11:36.85	+01:14:08 (56.3%)	13:09	4.6 (44.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
361	DASZCZYK Dawid	2517		Open Mężczyzn	217	10:00	00:31:54	02:11:41.05	02:11:41.05	+01:14:13 (56.4%)	13:10	4.6 (44.2%)
362	KORDUBA Kamil	3291		Open Mężczyzn	218	11:30	00:45:58	02:11:42.70	02:11:42.70	+01:14:14 (56.4%)	13:10	4.6 (44.2%)
363	MALINA Przemysław	3294		Open Mężczyzn	219	11:30	00:41:15	02:11:45.80	02:11:45.80	+01:14:17 (56.4%)	13:10	4.6 (44.2%)
364	CAŁKA Krzysztof	2350	NAPĘDZANI PROCENTEM	Open Mężczyzn	220	09:45	00:43:07	02:11:50.90	02:11:50.90	+01:14:22 (56.4%)	13:11	4.6 (44.2%)
365	OSIK Grzegorz	2461	NIE W SZCZEPIONKĘ TEAM	Open Mężczyzn	221	10:00	00:42:43	02:12:00.85	02:12:00.85	+01:14:32 (56.5%)	13:12	4.5 (43.3%)
366	CUBER Adrian	3355	KAK	Open Mężczyzn	222	11:45	00:42:30	02:12:04.65	02:12:04.65	+01:14:36 (56.5%)	13:12	4.5 (43.3%)
367	SARMAK Ireneusz	3225	EKO-OKNA RUNNERS	Open Mężczyzn	223	11:30	00:44:19	02:12:05.40	02:12:05.40	+01:14:37 (56.5%)	13:12	4.5 (43.3%)
368	BRODA Wojciech	3391		Open Masters Mężczyzn	47	11:45	00:42:08	02:12:11.05	02:12:11.05	+01:14:43 (56.5%)	13:13	4.5 (43.3%)
369	STACH Robert	3468	DRUZYNA PUERTO RICKO	Open Masters Mężczyzn	48	12:00	00:43:04	02:12:27.50	02:12:27.50	+01:14:59 (56.6%)	13:14	4.5 (43.3%)
370	ZDEBEL Dariusz	2756	STG KATOWICE	Open Masters Mężczyzn	49	10:30	00:48:19	02:12:29.95	02:12:29.95	+01:15:02 (56.6%)	13:14	4.5 (43.3%)
371	REITMAJER Bartosz	3447		Open Mężczyzn	224	12:00	00:39:09	02:12:39.05	02:12:39.05	+01:15:11 (56.7%)	13:15	4.5 (43.3%)
372	KWAŚNIAK Emil	2877	SPORTERA OCR	Open Mężczyzn	225	09:30	00:45:00	02:12:40.65	02:12:40.65	+01:15:12 (56.7%)	13:16	4.5 (43.3%)
373	JERCZEK Joanna	2696	FABRYKA ZDROWIA BYTÓW	Open Masters Kobiet	7	10:30	00:47:40	02:12:44.40	02:12:44.40	+01:15:16 (56.7%)	13:16	4.5 (43.3%)
374	WIŚNIEWSKI Konrad	2878	SZALONE DZIKI!	Open Mężczyzn	226	10:45	00:39:59	02:12:54.55	02:12:54.55	+01:15:26 (56.8%)	13:17	4.5 (43.3%)
375	JEZIORSKI Paweł	2210	HUSARIA RACE TEAM	Open Mężczyzn	227	09:30	00:36:09	02:12:57.10	02:12:57.10	+01:15:29 (56.8%)	13:17	4.5 (43.3%)
376	ZYGMUNT Rafał	2687		Open Masters Mężczyzn	50	10:15	00:44:26	02:13:02.70	02:13:02.70	+01:15:34 (56.8%)	13:18	4.5 (43.3%)
377	KULIGOWSKA Małgorzata	2788		Open Masters Kobiet	8	10:30	00:41:58	02:13:07.10	02:13:07.10	+01:15:39 (56.8%)	13:18	4.5 (43.3%)
378	FLOREK Katarzyna	2504	TURBOTEAM	Open Kobiet	11	10:00	00:47:36	02:13:21.15	02:13:21.15	+01:15:53 (56.9%)	13:20	4.5 (43.3%)
379	DREKO Anna	2502	TURBOTEAM	Open Kobiet	12	10:00	00:47:20	02:13:21.45	02:13:21.45	+01:15:53 (56.9%)	13:20	4.5 (43.3%)
380	DREKO Krzysztof	2503	TURBOTEAM	Open Masters Mężczyzn	51	10:00	00:47:36	02:13:21.55	02:13:21.55	+01:15:53 (56.9%)	13:20	4.5 (43.3%)
381	BINKOWSKA Nadia	3344	DIRTY SPARROWS	Open Kobiet	13	09:45	00:41:44	02:13:31.05	02:13:31.05	+01:16:03 (57.0%)	13:21	4.5 (43.3%)
382	GRAJEK Ivo	3397		Open Mężczyzn	228	09:45	00:41:41	02:13:31.45	02:13:31.45	+01:16:03 (57.0%)	13:21	4.5 (43.3%)
383	MAZUR Michał	3444		Open Mężczyzn	229	12:00	00:48:20	02:13:31.80	02:13:31.80	+01:16:03 (57.0%)	13:21	4.5 (43.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
384	KULCZAK Paweł	3256	RMF4RT GLADIATORS	Open Masters Mężczyzn	52	11:30	00:45:31	02:13:48.30	02:13:48.30	+01:16:20 (57.1%)	13:22	4.5 (43.3%)
385	MARZEC Paweł	2797		Open Mężczyzn	230	10:30	00:45:33	02:13:50.80	02:13:50.80	+01:16:22 (57.1%)	13:23	4.5 (43.3%)
386	BEDNARSKI Rafał	3249	PARTACZE	Open Mężczyzn	231	11:30	00:43:10	02:13:50.85	02:13:50.85	+01:16:22 (57.1%)	13:23	4.5 (43.3%)
387	WOJSŁAW Piotr	2978	KABANY	Open Mężczyzn	232	11:00	00:39:26	02:13:51.95	02:13:51.95	+01:16:24 (57.1%)	13:23	4.5 (43.3%)
388	KAŁUŻA Robert	3250	PARTACZE	Open Mężczyzn	233	11:30	00:43:10	02:13:52.00	02:13:52.00	+01:16:24 (57.1%)	13:23	4.5 (43.3%)
389	WAJDA Rafał	2546		Open Mężczyzn	234	10:00	00:50:00	02:14:08.45	02:14:08.45	+01:16:40 (57.2%)	13:24	4.5 (43.3%)
390	WIELICZKO Andrzej Zdzich	2347	MAX.X TEAM	Open Mężczyzn	235	09:45	00:42:57	02:14:13.05	02:14:13.05	+01:16:45 (57.2%)	13:25	4.5 (43.3%)
391	GORSKI Dariusz	3019	TURBO DROŹDŹE	Open Masters Mężczyzn	53	11:00	00:44:46	02:14:14.70	02:14:14.70	+01:16:46 (57.2%)	13:25	4.5 (43.3%)
392	SZCZENDZINA Mariusz	2542		Open Mężczyzn	236	10:00	00:44:50	02:14:14.75	02:14:14.75	+01:16:46 (57.2%)	13:25	4.5 (43.3%)
393	KOHSEK Tomasz	2231	LEPIEJ WOLNO, NIŻ WCALE ;)	Open Mężczyzn	237	09:30	00:44:06	02:14:16.40	02:14:16.40	+01:16:48 (57.2%)	13:25	4.5 (43.3%)
394	RUBINKOWSKI Krzysztof	2281		Open Mężczyzn	238	09:30	00:41:46	02:14:17.30	02:14:17.30	+01:16:49 (57.2%)	13:25	4.5 (43.3%)
395	ZDUŃCZYK Sylwia	2427	BIOSFERA	Open Kobiet	14	10:00	00:55:38	02:14:18.00	02:14:18.00	+01:16:50 (57.2%)	13:25	4.5 (43.3%)
396	GŁYK Łukasz	3041		Open Mężczyzn	239	11:00	00:42:33	02:14:18.85	02:14:18.85	+01:16:50 (57.2%)	13:25	4.5 (43.3%)
397	KOMORNICKI Krzysiek	3020	TURBO DROŹDŹE	Open Masters Mężczyzn	54	11:00	00:44:47	02:14:19.75	02:14:19.75	+01:16:51 (57.2%)	13:25	4.5 (43.3%)
398	HOLEC Miłosz	3441		Open Mężczyzn	240	12:00	00:48:22	02:14:23.00	02:14:23.00	+01:16:55 (57.2%)	13:26	4.5 (43.3%)
399	KRYSZTOFIŃSKI Dawid	3372	RMF4RT GLADIATORS	Open Masters Mężczyzn	55	11:45	00:41:42	02:14:31.40	02:14:31.40	+01:17:03 (57.3%)	13:27	4.5 (43.3%)
400	BAGIŃSKA Laura	3388		Open Kobiet	15	10:15	00:45:52	02:14:33.05	02:14:33.05	+01:17:05 (57.3%)	13:27	4.5 (43.3%)
401	SZYWALSKI Krystian	3110	KS OTMĘT KRAPKOWICE RUNMAGEDDON TEAM	Open Mężczyzn	241	11:15	00:46:35	02:14:35.30	02:14:35.30	+01:17:07 (57.3%)	13:27	4.5 (43.3%)
402	ŁUCZYŃSKI Tomasz	3147	TABATA RADEK TEAM	Open Masters Mężczyzn	56	10:15	01:00:36	02:14:36.00	02:14:36.00	+01:17:08 (57.3%)	13:27	4.5 (43.3%)
403	GRUBA Andrzej	2654		Open Mężczyzn	242	10:15	00:43:36	02:14:44.80	02:14:44.80	+01:17:16 (57.4%)	13:28	4.5 (43.3%)
404	NACHOWICZ Tomasz	2273		Open Mężczyzn	243	09:30	00:48:02	02:14:48.40	02:14:48.40	+01:17:20 (57.4%)	13:28	4.5 (43.3%)
405	KAMECKI Krystian	2612	ROSSMANN	Open Mężczyzn	244	10:15	00:43:07	02:14:48.95	02:14:48.95	+01:17:21 (57.4%)	13:28	4.5 (43.3%)
406	GRZEGORCZYK Dorota	3370	RMF4RT GLADIATORS	Open Kobiet	16	11:45	00:41:42	02:15:00.00	02:15:00.00	+01:17:32 (57.4%)	13:30	4.4 (42.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
407	ROZMYŚLAK Patrycja	2280		Open Kobiet	17	09:30	00:45:53	02:15:04.80	02:15:04.80	+01:17:36 (57.5%)	13:30	4.4 (42.3%)
408	SZYMCZAK Piotr	3325		Open Mężczyzn	245	11:30	00:45:50	02:15:15.15	02:15:15.15	+01:17:47 (57.5%)	13:31	4.4 (42.3%)
409	MERGNER Daniel	3409		Open Mężczyzn	246	11:45	00:45:23	02:15:23.45	02:15:23.45	+01:17:55 (57.6%)	13:32	4.4 (42.3%)
410	NIEZBECKA Mariola	2671		Open Kobiet	18	09:30	00:45:31	02:15:25.00	02:15:25.00	+01:17:57 (57.6%)	13:32	4.4 (42.3%)
411	CHOMA Krzysztof	2436	DIRTY SPARROWS	Open Mężczyzn	247	10:00	00:34:46	02:15:28.60	02:15:28.60	+01:18:00 (57.6%)	13:32	4.4 (42.3%)
412	KIERZYK Krzysztof	3052		Open Mężczyzn	248	11:00	00:39:25	02:15:32.55	02:15:32.55	+01:18:04 (57.6%)	13:33	4.4 (42.3%)
413	PACEK Kuba	3304		Open Mężczyzn	249	11:30	00:46:23	02:15:39.75	02:15:39.75	+01:18:11 (57.6%)	13:33	4.4 (42.3%)
414	KOZIOŁ Krzysztof	2399		Open Mężczyzn	250	09:45	00:47:30	02:15:46.30	02:15:46.30	+01:18:18 (57.7%)	13:34	4.4 (42.3%)
415	SŁODKOWSKI Marek	3230	HARDCORY	Open Mężczyzn	251	11:30	00:47:47	02:15:48.10	02:15:48.10	+01:18:20 (57.7%)	13:34	4.4 (42.3%)
416	POPCZYŃSKI Krystian	3229	HARDCORY	Open Masters Mężczyzn	57	11:30	00:47:47	02:15:48.60	02:15:48.60	+01:18:20 (57.7%)	13:34	4.4 (42.3%)
417	KASIŃSKI Łukasz	3499		Open Masters Mężczyzn	58	11:45	00:41:37	02:15:53.35	02:15:53.35	+01:18:25 (57.7%)	13:35	4.4 (42.3%)
417	KASIŃSKA Małgorzata	3498		Open Kobiet	19	11:45	00:41:47	02:15:53.35	02:15:53.35	+01:18:25 (57.7%)	13:35	4.4 (42.3%)
419	CAREWICZ Marek	2867	RMF4RT GLADIATORS	Open Masters Mężczyzn	59	10:45	00:43:02	02:15:57.10	02:15:57.10	+01:18:29 (57.7%)	13:35	4.4 (42.3%)
420	KALNIUK Tomasz	2241	RMF4RT GLADIATORS	Open Mężczyzn	252	09:30	00:51:55	02:15:57.50	02:15:57.50	+01:18:29 (57.7%)	13:35	4.4 (42.3%)
421	WOŹNIAK Michał	2819		Open Mężczyzn	253	10:30	00:44:03	02:16:13.20	02:16:13.20	+01:18:45 (57.8%)	13:37	4.4 (42.3%)
422	DYLEWSKI Damian	2265		Open Mężczyzn	254	09:30	00:43:14	02:16:18.50	02:16:18.50	+01:18:50 (57.8%)	13:37	4.4 (42.3%)
423	DUDEK Piotr	2358	OGIEŃ Z DUPY	Open Mężczyzn	255	09:45	00:47:30	02:16:21.35	02:16:21.35	+01:18:53 (57.9%)	13:38	4.4 (42.3%)
424	GREIBIG Michaela	2234	OCR MUNICH	Open Kobiet	20	09:30	00:52:00	02:16:21.45	02:16:21.45	+01:18:53 (57.9%)	13:38	4.4 (42.3%)
425	CZAJKOWSKI Dawid	2606	RAGNAROK SZCZECIN	Open Mężczyzn	256	10:15	00:47:30	02:16:22.60	02:16:22.60	+01:18:54 (57.9%)	13:38	4.4 (42.3%)
426	KARAŚ Renata	2426	BIEGOWE NYGUSY	Open Masters Kobiet	9	09:30	00:48:20	02:16:28.70	02:16:28.70	+01:19:00 (57.9%)	13:38	4.4 (42.3%)
427	WIDUCH Ryszard	3081		Open Masters Mężczyzn	60	11:00	00:54:03	02:16:34.30	02:16:34.30	+01:19:06 (57.9%)	13:39	4.4 (42.3%)
428	OLSZEWSKI Marek	2967	DWÓCH ŁYSYCH I RESZTA...	Open Masters Mężczyzn	61	11:00	00:41:44	02:16:36.50	02:16:36.50	+01:19:08 (57.9%)	13:39	4.4 (42.3%)
429	PRYGA Hubert	3485		Open Mężczyzn	257	12:00	00:48:24	02:16:46.65	02:16:46.65	+01:19:18 (58.0%)	13:40	4.4 (42.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
430	WAŻNY Łukasz	2419		Open Mężczyzn	258	09:30	00:53:37	02:16:49.45	02:16:49.45	+01:19:21 (58.0%)	13:40	4.4 (42.3%)
431	GOLAŃSKI Piotr	2458	MAJUBA	Open Mężczyzn	259	10:00	00:43:54	02:16:50.70	02:16:50.70	+01:19:22 (58.0%)	13:41	4.4 (42.3%)
432	WITKOWICZ Bartłomiej	2459	MAJUBA	Open Mężczyzn	260	10:00	00:43:55	02:16:51.05	02:16:51.05	+01:19:23 (58.0%)	13:41	4.4 (42.3%)
433	CZAJKA Marcin	2583	IPPON TEAM	Open Masters Mężczyzn	62	10:15	00:42:38	02:16:56.00	02:16:56.00	+01:19:28 (58.0%)	13:41	4.4 (42.3%)
434	MATKOWSKA Martyna	3186		Open Kobiet	21	11:15	00:54:22	02:17:00.90	02:17:00.90	+01:19:32 (58.1%)	13:42	4.4 (42.3%)
435	KOLLAR Małgorzata	3350	GT ALIZKA TEAM :)	Open Kobiet	22	11:45	00:44:57	02:17:11.85	02:17:11.85	+01:19:43 (58.1%)	13:43	4.4 (42.3%)
436	DROST Rafał	3349	GT ALIZKA TEAM :)	Open Masters Mężczyzn	63	11:45	00:44:57	02:17:12.10	02:17:12.10	+01:19:44 (58.1%)	13:43	4.4 (42.3%)
437	RATAJCZAK Grzegorz	2410		Open Masters Mężczyzn	64	09:45	00:43:03	02:17:12.35	02:17:12.35	+01:19:44 (58.1%)	13:43	4.4 (42.3%)
438	KIEŁBASA Grzegorz	3288		Open Mężczyzn	261	11:30	00:42:15	02:17:31.00	02:17:31.00	+01:20:03 (58.2%)	13:45	4.4 (42.3%)
439	KOPP-OSTROWSKI Jarosław	2966	DWÓCH ŁYSYCH I RESZTA...	Open Masters Mężczyzn	65	11:00	00:41:45	02:17:32.90	02:17:32.90	+01:20:04 (58.2%)	13:45	4.4 (42.3%)
440	DYBA Przemysław	2708	HUSARIA RACE TEAM	Open Mężczyzn	262	10:30	00:51:49	02:17:33.45	02:17:33.45	+01:20:05 (58.2%)	13:45	4.4 (42.3%)
441	MARZEC Paweł	2216	HUSARIA RACE TEAM	Open Mężczyzn	263	09:30	00:45:37	02:17:34.20	02:17:34.20	+01:20:06 (58.2%)	13:45	4.4 (42.3%)
442	RUDUCHA Piotr	3380	UNITED RUNNERS	Open Mężczyzn	264	11:45	00:39:01	02:17:43.85	02:17:43.85	+01:20:15 (58.3%)	13:46	4.4 (42.3%)
443	MYRLAK Maciej	3066		Open Masters Mężczyzn	66	11:00	00:40:58	02:17:44.40	02:17:44.40	+01:20:16 (58.3%)	13:46	4.4 (42.3%)
444	FIGÓRSKI Paweł	2520		Open Mężczyzn	265	10:00	00:49:26	02:17:48.55	02:17:48.55	+01:20:20 (58.3%)	13:46	4.4 (42.3%)
445	NIŻNIK Borys	2713	HUSARIA RACE TEAM	Open Masters Mężczyzn	67	09:30	00:41:35	02:17:49.90	02:17:49.90	+01:20:21 (58.3%)	13:46	4.4 (42.3%)
446	PAWELEC Aleksandra	3487	HUSARIA RACE TEAM	Open Kobiet	23	09:30	00:41:36	02:17:49.95	02:17:49.95	+01:20:22 (58.3%)	13:46	4.4 (42.3%)
447	DYKO Bartosz	2567	ELECTROLUX ŚWIDNICA	Open Mężczyzn	266	10:15	00:41:56	02:17:57.90	02:17:57.90	+01:20:29 (58.3%)	13:47	4.3 (41.3%)
448	GOŁĄB Marcin	2345	MAX.X TEAM	Open Mężczyzn	267	09:45	00:42:58	02:17:59.85	02:17:59.85	+01:20:31 (58.4%)	13:47	4.3 (41.3%)
449	SYCHOWSKI Dawid	2541		Open Mężczyzn	268	10:00	00:45:01	02:18:00.30	02:18:00.30	+01:20:32 (58.4%)	13:48	4.3 (41.3%)
450	GAŃKO Aleksander	2207	HUSARIA RACE TEAM	Open Mężczyzn	269	09:30	00:50:15	02:18:04.90	02:18:04.90	+01:20:36 (58.4%)	13:48	4.3 (41.3%)
451	RATAJCZAK Rafał	2411		Open Masters Mężczyzn	68	09:45	00:43:04	02:18:23.80	02:18:23.80	+01:20:55 (58.5%)	13:50	4.3 (41.3%)
452	NIEMCZYK Paweł	2743	ROSSMANN	Open Mężczyzn	270	10:30	00:51:26	02:18:24.00	02:18:24.00	+01:20:56 (58.5%)	13:50	4.3 (41.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
453	SUKIENNIK Adrian	3417		Open Mężczyzn	271	11:45	00:42:19	02:18:24.25	02:18:24.25	+01:20:56 (58.5%)	13:50	4.3 (41.3%)
454	WOJCIECHOWSKI Adam	3424		Open Mężczyzn	272	11:45	00:42:21	02:18:32.05	02:18:32.05	+01:21:04 (58.5%)	13:51	4.3 (41.3%)
455	WALKIEWICZ Michał	2984	KRATOS TRZEBNICA	Open Mężczyzn	273	11:00	00:46:55	02:18:38.95	02:18:38.95	+01:21:11 (58.6%)	13:51	4.3 (41.3%)
456	KOWALEWSKA Ewa	2982	KRATOS TRZEBNICA	Open Kobiet	24	11:00	00:46:56	02:18:39.95	02:18:39.95	+01:21:12 (58.6%)	13:51	4.3 (41.3%)
457	STUDZIŃSKI Mateusz	2414		Open Mężczyzn	274	09:45	00:33:11	02:18:41.70	02:18:41.70	+01:21:13 (58.6%)	13:52	4.3 (41.3%)
458	BŁONIAK Piotr	2979	KRATOS TRZEBNICA	Open Masters Mężczyzn	69	11:00	00:46:34	02:18:43.05	02:18:43.05	+01:21:15 (58.6%)	13:52	4.3 (41.3%)
459	KASCHE Denny	2269		Open Mężczyzn	275	09:30	00:52:00	02:18:43.75	02:18:43.75	+01:21:15 (58.6%)	13:52	4.3 (41.3%)
460	TYNDA Przemysław	3080		Open Mężczyzn	276	09:45	00:45:11	02:18:45.75	02:18:45.75	+01:21:17 (58.6%)	13:52	4.3 (41.3%)
461	TEKIELA Przemysław	2983	KRATOS TRZEBNICA	Open Mężczyzn	277	11:00	00:46:34	02:18:46.05	02:18:46.05	+01:21:18 (58.6%)	13:52	4.3 (41.3%)
462	POMETUN Aleksander	3105	KRATOS TRZEBNICA	Open Mężczyzn	278	11:00	00:39:47	02:18:48.70	02:18:48.70	+01:21:20 (58.6%)	13:52	4.3 (41.3%)
463	ŻEBROWSKI Daniel	2977	HUSARIA RACE TEAM	Open Mężczyzn	279	11:00	00:45:02	02:18:49.55	02:18:49.55	+01:21:21 (58.6%)	13:52	4.3 (41.3%)
464	CIECIORSKI Sebastian	3155		Open Mężczyzn	280	11:15	00:46:35	02:18:50.45	02:18:50.45	+01:21:22 (58.6%)	13:53	4.3 (41.3%)
465	CHYLIŃSKI Bartek	2915		Open Mężczyzn	281	10:45	00:41:39	02:18:50.80	02:18:50.80	+01:21:22 (58.6%)	13:53	4.3 (41.3%)
466	ROSA Arkadiusz	2740	RMF4RT GLADIATORS	Open Mężczyzn	282	10:30	00:48:19	02:18:53.00	02:18:53.00	+01:21:25 (58.6%)	13:53	4.3 (41.3%)
467	MATYSEK Ireneusz	3296		Open Masters Mężczyzn	70	11:30	00:45:09	02:18:54.70	02:18:54.70	+01:21:26 (58.6%)	13:53	4.3 (41.3%)
468	CZAJKOWSKI Kamil	2516		Open Mężczyzn	283	10:00	00:49:24	02:18:55.00	02:18:55.00	+01:21:27 (58.6%)	13:53	4.3 (41.3%)
469	KAPLER Tomasz	3286		Open Mężczyzn	284	11:30	00:45:14	02:19:10.15	02:19:10.15	+01:21:42 (58.7%)	13:55	4.3 (41.3%)
470	OBUKHOVSKYI Maksym	3412		Open Mężczyzn	285	11:45	00:41:43	02:19:24.55	02:19:24.55	+01:21:56 (58.8%)	13:56	4.3 (41.3%)
471	BAJCZYK Adrian	2767		Open Mężczyzn	286	10:30	00:36:10	02:19:33.50	02:19:33.50	+01:22:05 (58.8%)	13:57	4.3 (41.3%)
472	SŁUPIK Tomasz	2435	CROSSFIT BLACK GROUND RYBNIK	Open Mężczyzn	287	10:00	00:45:36	02:19:45.40	02:19:45.40	+01:22:17 (58.9%)	13:58	4.3 (41.3%)
473	ŁOBOCKI Andrzej	2731	POSITIVE FREAKS TEAM	Open Mężczyzn	288	10:30	00:39:09	02:19:55.40	02:19:55.40	+01:22:27 (58.9%)	13:59	4.3 (41.3%)
474	RYBAK Piotr	3376	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	289	11:45	00:47:36	02:20:10.55	02:20:10.55	+01:22:42 (59.0%)	14:01	4.3 (41.3%)
475	MYKYTA Tomasz	3411		Open Mężczyzn	290	11:45	00:53:30	02:20:15.10	02:20:15.10	+01:22:47 (59.0%)	14:01	4.3 (41.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
476	HERÓD Rafał	2354	OCR TEAM BYDLAKI	Open Mężczyzn	291	09:45	00:39:35	02:20:16.35	02:20:16.35	+01:22:48 (59.0%)	14:01	4.3 (41.3%)
477	PAWEŁEK Denis	3306		Open Mężczyzn	292	11:30	00:42:24	02:20:17.30	02:20:17.30	+01:22:49 (59.0%)	14:01	4.3 (41.3%)
478	BŁOŃSKI Robert	3491		Open Masters Mężczyzn	71	10:00	00:57:00	02:20:22.45	02:20:22.45	+01:22:54 (59.1%)	14:02	4.3 (41.3%)
479	PRZYBYTEK Sławomir	3490		Open Masters Mężczyzn	72	10:00	00:56:59	02:20:24.80	02:20:24.80	+01:22:56 (59.1%)	14:02	4.3 (41.3%)
480	SITKO Krystyna	3437	SPARTANSKIE SWIRY	Open Kobiet	25	12:00	00:47:19	02:20:29.60	02:20:29.60	+01:23:01 (59.1%)	14:02	4.3 (41.3%)
481	SZYMANEK Marcin	2682		Open Mężczyzn	293	10:15	00:47:12	02:20:39.25	02:20:39.25	+01:23:11 (59.1%)	14:03	4.3 (41.3%)
482	SZATKOWSKA Agnieszka	2875	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	26	10:45	00:49:59	02:20:54.85	02:20:54.85	+01:23:26 (59.2%)	14:05	4.3 (41.3%)
483	MALCZEWSKI Tomasz	3184		Open Mężczyzn	294	11:15	00:42:07	02:20:57.00	02:20:57.00	+01:23:29 (59.2%)	14:05	4.3 (41.3%)
484	RADOŁA Marcin	2736	RMF 4RACING TEAM	Open Masters Mężczyzn	73	10:30	00:48:20	02:20:58.00	02:20:58.00	+01:23:30 (59.2%)	14:05	4.3 (41.3%)
485	ŻUREK Michał	2357	OCR TEAM BYDLAKI	Open Mężczyzn	295	09:45	00:35:05	02:21:00.70	02:21:00.70	+01:23:32 (59.2%)	14:06	4.3 (41.3%)
486	GOŹDZIK Edward	2919		Open Masters Mężczyzn	74	10:15	00:56:11	02:21:02.85	02:21:02.85	+01:23:34 (59.3%)	14:06	4.3 (41.3%)
486	GOŹDZIK Karolina	3379	SPARTAN SGX WARSAW	Open Kobiet	27	10:15	00:56:10	02:21:02.85	02:21:02.85	+01:23:34 (59.3%)	14:06	4.3 (41.3%)
488	ŻYŁA Arkadiusz	2835	HUSARIA RACE TEAM	Open Mężczyzn	296	10:45	00:42:57	02:21:06.10	02:21:06.10	+01:23:38 (59.3%)	14:06	4.3 (41.3%)
489	WICHEREK Mateusz	2548		Open Mężczyzn	297	10:00	00:55:37	02:21:16.90	02:21:16.90	+01:23:48 (59.3%)	14:07	4.2 (40.4%)
490	PTAK Marcin	2805		Open Mężczyzn	298	10:30	00:41:41	02:21:20.60	02:21:20.60	+01:23:52 (59.3%)	14:08	4.2 (40.4%)
491	WOJTAL Marta	3438	SPARTANSKIE SWIRY	Open Kobiet	28	12:00	00:47:29	02:21:25.10	02:21:25.10	+01:23:57 (59.4%)	14:08	4.2 (40.4%)
492	AMBROZIAK Sebastian	2742	ROSSMANN	Open Mężczyzn	299	10:30	00:51:30	02:21:26.40	02:21:26.40	+01:23:58 (59.4%)	14:08	4.2 (40.4%)
493	SZABAT Adrianna	2383	WATAHA	Open Kobiet	29	09:45	00:43:46	02:21:45.20	02:21:45.20	+01:24:17 (59.5%)	14:10	4.2 (40.4%)
494	MATYSIAK Anna	3094	DROGA DO ULTRA	Open Masters Kobiet	10	11:15	00:46:21	02:21:45.50	02:21:45.50	+01:24:17 (59.5%)	14:10	4.2 (40.4%)
495	OLSZAK Wioleta	3195		Open Masters Kobiet	11	11:15	00:46:20	02:21:45.80	02:21:45.80	+01:24:17 (59.5%)	14:10	4.2 (40.4%)
496	KLIK Paweł	3150	WATAHA	Open Mężczyzn	300	11:15	00:47:53	02:21:57.00	02:21:57.00	+01:24:29 (59.5%)	14:11	4.2 (40.4%)
497	KOWALIK Karol	2530		Open Mężczyzn	301	10:00	00:53:12	02:21:57.05	02:21:57.05	+01:24:29 (59.5%)	14:11	4.2 (40.4%)
498	SOCHA Michał	2839	JUNGHEINRICH	Open Mężczyzn	302	11:45	00:43:21	02:22:08.25	02:22:08.25	+01:24:40 (59.6%)	14:12	4.2 (40.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
499	NOWICKI Maciej	2838	JUNGHEINRICH	Open Mężczyzn	303	11:45	00:43:20	02:22:08.30	02:22:08.30	+01:24:40 (59.6%)	14:12	4.2 (40.4%)
500	KLIN Robert	3263	WATAHA	Open Masters Mężczyzn	75	11:30	00:49:33	02:22:09.65	02:22:09.65	+01:24:41 (59.6%)	14:12	4.2 (40.4%)
501	JEZIORSKI Marcin	3047		Open Mężczyzn	304	11:00	00:39:42	02:22:14.70	02:22:14.70	+01:24:46 (59.6%)	14:13	4.2 (40.4%)
502	KALETA Anna	2323	HUSARIA RACE TEAM	Open Kobiet	30	09:45	00:37:18	02:22:24.90	02:22:24.90	+01:24:56 (59.6%)	14:14	4.2 (40.4%)
503	DĄBROWSKI Bogusław	2562	BSB INDUSTRY	Open Mężczyzn	305	10:15	00:52:51	02:22:26.00	02:22:26.00	+01:24:58 (59.7%)	14:14	4.2 (40.4%)
504	ZIMNA Izabela	2550		Open Kobiet	31	10:00	00:51:52	02:22:27.00	02:22:27.00	+01:24:59 (59.7%)	14:14	4.2 (40.4%)
505	RYBAKOWSKI Patryk	2563	BSB INDUSTRY	Open Mężczyzn	306	10:15	00:52:54	02:22:30.75	02:22:30.75	+01:25:02 (59.7%)	14:15	4.2 (40.4%)
506	KULAK Dariusz	3403		Open Mężczyzn	307	11:45	00:46:59	02:22:33.50	02:22:33.50	+01:25:05 (59.7%)	14:15	4.2 (40.4%)
507	ZAWADZKI Jakub	2953	8E	Open Mężczyzn	308	11:00	00:46:21	02:22:36.60	02:22:36.60	+01:25:08 (59.7%)	14:15	4.2 (40.4%)
508	FOLLENDORF Oskar	3395		Open Mężczyzn	309	11:45	00:47:00	02:22:39.35	02:22:39.35	+01:25:11 (59.7%)	14:15	4.2 (40.4%)
509	ŁUKASZYŃSKI Marek	3104	KB ODRA OPOLE	Open Mężczyzn	310	11:15	00:43:29	02:22:39.75	02:22:39.75	+01:25:11 (59.7%)	14:15	4.2 (40.4%)
510	RACKI Tomasz	3500	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	311	10:15	00:51:39	02:22:46.20	02:22:46.20	+01:25:18 (59.7%)	14:16	4.2 (40.4%)
511	KOSTUCHA Damian	2661		Open Mężczyzn	312	10:15	00:46:17	02:22:49.05	02:22:49.05	+01:25:21 (59.8%)	14:16	4.2 (40.4%)
512	NOWACZYK Patryk	3068		Open Mężczyzn	313	11:00	00:42:23	02:22:58.80	02:22:58.80	+01:25:30 (59.8%)	14:17	4.2 (40.4%)
513	BERNACKA Katarzyna	2912		Open Kobiet	32	10:45	00:39:11	02:23:01.05	02:23:01.05	+01:25:33 (59.8%)	14:18	4.2 (40.4%)
514	MACIASZEK Grzegorz	3063		Open Mężczyzn	314	11:00	00:47:19	02:23:12.60	02:23:12.60	+01:25:44 (59.9%)	14:19	4.2 (40.4%)
515	RULAK Jerzy	2806		Open Mężczyzn	315	10:30		02:23:24.00	02:23:24.00	+01:25:56 (59.9%)	14:20	4.2 (40.4%)
516	PASIWIEC Krzysztof	2801		Open Mężczyzn	316	10:30	00:42:07	02:23:24.55	02:23:24.55	+01:25:56 (59.9%)	14:20	4.2 (40.4%)
517	SZYMANIAK Bartosz	3366	PERI SPARTAN TEAM	Open Mężczyzn	317	11:45	00:51:33	02:23:24.75	02:23:24.75	+01:25:56 (59.9%)	14:20	4.2 (40.4%)
518	ŁUDZIEJEWSKI Arnold	3363	PERI SPARTAN TEAM	Open Mężczyzn	318	11:45	00:51:33	02:23:25.40	02:23:25.40	+01:25:57 (59.9%)	14:20	4.2 (40.4%)
519	MAJKOWSKI Łukasz	3364	PERI SPARTAN TEAM	Open Mężczyzn	319	11:45	00:52:00	02:23:26.60	02:23:26.60	+01:25:58 (59.9%)	14:20	4.2 (40.4%)
519	KASZUB Marcin	3362	PERI SPARTAN TEAM	Open Masters Mężczyzn	76	11:45	00:51:49	02:23:26.60	02:23:26.60	+01:25:58 (59.9%)	14:20	4.2 (40.4%)
521	BERNAT Dorian	3028		Open Mężczyzn	320	11:00	00:46:23	02:23:31.25	02:23:31.25	+01:26:03 (60.0%)	14:21	4.2 (40.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
522	SŁONIEWSKI Rafał	2874	RMF4RT OCR	Open Mężczyzn	321	10:15	00:44:02	02:23:35.60	02:23:35.60	+01:26:07 (60.0%)	14:21	4.2 (40.4%)
523	URBAN Jarosław	2482	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	322	10:00	00:47:44	02:23:46.50	02:23:46.50	+01:26:18 (60.0%)	14:22	4.2 (40.4%)
524	GANSZCZYK Piotr	3396		Open Mężczyzn	323	11:45	00:47:04	02:23:46.80	02:23:46.80	+01:26:18 (60.0%)	14:22	4.2 (40.4%)
525	PRZEDPEŁSKI Mariusz	2823	#BLUES BROTHERS#	Open Mężczyzn	324	10:45	00:50:22	02:23:52.85	02:23:52.85	+01:26:24 (60.1%)	14:23	4.2 (40.4%)
526	RUCKA Alicja	3415		Open Kobiet	33	11:45	00:42:25	02:23:54.35	02:23:54.35	+01:26:26 (60.1%)	14:23	4.2 (40.4%)
527	SADLAKOWSKA Kamila	2147		Open Kobiet	34	11:00	00:51:20	02:23:59.10	02:23:59.10	+01:26:31 (60.1%)	14:23	4.2 (40.4%)
528	LEWANDOWSKI Michał	2794		Open Mężczyzn	325	10:30	00:42:18	02:24:00.95	02:24:00.95	+01:26:33 (60.1%)	14:24	4.2 (40.4%)
529	MACKIEWICZ Emilia	3474		Open Kobiet	35	10:15	00:43:56	02:24:08.85	02:24:08.85	+01:26:40 (60.1%)	14:24	4.2 (40.4%)
530	COP Kacper	3273		Open Mężczyzn	326	11:30	00:42:24	02:24:11.00	02:24:11.00	+01:26:43 (60.1%)	14:25	4.2 (40.4%)
531	KONSEK Mateusz	3374	ROSSMANN POZYTYWNIIE ZAKRĘCENI	Open Mężczyzn	327	11:45	00:43:45	02:24:16.45	02:24:16.45	+01:26:48 (60.2%)	14:25	4.2 (40.4%)
532	CHMIELEWSKI Józef	2261		Open Mężczyzn	328	09:30	00:44:34	02:24:20.85	02:24:20.85	+01:26:52 (60.2%)	14:26	4.2 (40.4%)
533	MILCZARCZYK Artur	2844	MAZE IN THE MAZE	Open Masters Mężczyzn	77	10:00	00:55:14	02:24:22.60	02:24:22.60	+01:26:54 (60.2%)	14:26	4.2 (40.4%)
534	ZASADOWSKA Justyna	2825	BIEGOWE NYGUSY	Open Masters Kobiet	12	09:30	00:48:24	02:24:25.10	02:24:25.10	+01:26:57 (60.2%)	14:26	4.2 (40.4%)
534	DZIUBA Andrzej	3394		Open Mężczyzn	329	11:45	00:41:29	02:24:25.10	02:24:25.10	+01:26:57 (60.2%)	14:26	4.2 (40.4%)
536	CZERWIŃSKI Roman	3488		Open Masters Mężczyzn	78	09:45	00:40:04	02:24:28.65	02:24:28.65	+01:27:00 (60.2%)	14:26	4.2 (40.4%)
537	MACHOWSKI Arkadiusz	3062		Open Mężczyzn	330	11:00	00:46:23	02:24:30.60	02:24:30.60	+01:27:02 (60.2%)	14:27	4.2 (40.4%)
538	GĄCZEŹEWICZ Piotr	2651		Open Masters Mężczyzn	79	10:15	00:49:44	02:24:36.30	02:24:36.30	+01:27:08 (60.3%)	14:27	4.1 (39.4%)
539	HYDZIK Dawid	2568	ELECTROLUX ŚWIDNICA	Open Mężczyzn	331	10:15	00:41:58	02:24:36.45	02:24:36.45	+01:27:08 (60.3%)	14:27	4.1 (39.4%)
540	CUDNIEWICZ Damian	2917		Open Mężczyzn	332	10:45	00:44:44	02:24:39.25	02:24:39.25	+01:27:11 (60.3%)	14:27	4.1 (39.4%)
541	MLECZKO Tomasz	2642	WISS RUNNING TEAM	Open Masters Mężczyzn	80	10:15	00:49:33	02:24:42.65	02:24:42.65	+01:27:14 (60.3%)	14:28	4.1 (39.4%)
542	DĄBROWSKI Łukasz	2641	WISS RUNNING TEAM	Open Mężczyzn	333	10:15	00:49:42	02:24:43.25	02:24:43.25	+01:27:15 (60.3%)	14:28	4.1 (39.4%)
543	WOŹNIAK Wojciech	2643	WISS RUNNING TEAM	Open Masters Mężczyzn	81	10:15	00:49:33	02:24:43.95	02:24:43.95	+01:27:16 (60.3%)	14:28	4.1 (39.4%)
544	JAROSZ Bartłomiej	2923		Open Mężczyzn	334	10:45	00:46:08	02:24:52.10	02:24:52.10	+01:27:24 (60.3%)	14:29	4.1 (39.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
545	SZUMILAS Maciej	2417		Open Mężczyzn	335	09:45	00:55:36	02:24:57.10	02:24:57.10	+01:27:29 (60.4%)	14:29	4.1 (39.4%)
546	GÓRSKI Bartłomiej	2395		Open Mężczyzn	336	09:45	00:55:37	02:24:57.15	02:24:57.15	+01:27:29 (60.4%)	14:29	4.1 (39.4%)
547	FIBIC Damian	2266		Open Mężczyzn	337	09:30	00:51:57	02:25:00.45	02:25:00.45	+01:27:32 (60.4%)	14:30	4.1 (39.4%)
548	KUBINA Kornel	3059		Open Mężczyzn	338	11:00	00:44:52	02:25:14.00	02:25:14.00	+01:27:46 (60.4%)	14:31	4.1 (39.4%)
549	BŁASIAK Martyna	3265		Open Kobiet	36	11:30	00:50:25	02:25:23.65	02:25:23.65	+01:27:55 (60.5%)	14:32	4.1 (39.4%)
550	KLANOWSKI Marcin	2961	CARBON OCR RACING TEAM	Open Mężczyzn	339	11:00	00:42:34	02:25:29.60	02:25:29.60	+01:28:01 (60.5%)	14:32	4.1 (39.4%)
551	TOMAKA Bartłomiej	3327		Open Mężczyzn	340	11:30	00:46:54	02:25:35.25	02:25:35.25	+01:28:07 (60.5%)	14:33	4.1 (39.4%)
552	WIŚNIEWSKI Arkadiusz	2243	RMF4RT GLADIATORS	Open Mężczyzn	341	09:30	00:51:12	02:25:44.50	02:25:44.50	+01:28:16 (60.6%)	14:34	4.1 (39.4%)
553	SERSISKO Dagmara	3436	SPARTANSKIE ŚWIRY	Open Kobiet	37	12:00	00:47:20	02:25:49.70	02:25:49.70	+01:28:21 (60.6%)	14:34	4.1 (39.4%)
554	JAROSZ Agnieszka	3435	SPARTANSKIE ŚWIRY	Open Kobiet	38	12:00	00:47:19	02:25:49.85	02:25:49.85	+01:28:21 (60.6%)	14:34	4.1 (39.4%)
555	BĘBENEK Artur	3358	NIE BYŁO CIASTEK WIĘC KUPIŁEM ZAPRAWĘ MURARSKĄ	Open Mężczyzn	342	11:45	00:46:31	02:25:57.40	02:25:57.40	+01:28:29 (60.6%)	14:35	4.1 (39.4%)
556	GORZEŃ Krzysztof	2986	ŁOWCY PIEROŻKÓW	Open Mężczyzn	343	11:00	00:44:51	02:26:01.30	02:26:01.30	+01:28:33 (60.6%)	14:36	4.1 (39.4%)
557	CEBULA Szymon	2883	WKJ	Open Mężczyzn	344	10:45	00:44:44	02:26:05.65	02:26:05.65	+01:28:37 (60.7%)	14:36	4.1 (39.4%)
558	MACURA Marek	3346	EXTREME WARRIOR FAMILY	Open Mężczyzn	345	11:45	00:43:46	02:26:25.10	02:26:25.10	+01:28:57 (60.8%)	14:38	4.1 (39.4%)
559	RODZIK Joanna	2242	RMF4RT GLADIATORS	Open Kobiet	39	09:30	00:51:11	02:26:31.30	02:26:31.30	+01:29:03 (60.8%)	14:39	4.1 (39.4%)
560	SKIERKA Patryk	2564	BSB INDUSTRY	Open Mężczyzn	346	10:15	00:52:55	02:26:33.20	02:26:33.20	+01:29:05 (60.8%)	14:39	4.1 (39.4%)
561	JURKIEWICZ Piotr	3285		Open Masters Mężczyzn	82	11:30	00:44:05	02:26:35.40	02:26:35.40	+01:29:07 (60.8%)	14:39	4.1 (39.4%)
562	TOMANA Marcin	2288		Open Masters Mężczyzn	83	09:30	00:43:18	02:26:36.80	02:26:36.80	+01:29:08 (60.8%)	14:39	4.1 (39.4%)
563	GURAN Agnieszka	2524		Open Kobiet	40	10:00	00:48:34	02:26:37.50	02:26:37.50	+01:29:09 (60.8%)	14:39	4.1 (39.4%)
564	KUREK Anna	2532		Open Kobiet	41	10:00	00:48:31	02:26:37.60	02:26:37.60	+01:29:09 (60.8%)	14:39	4.1 (39.4%)
565	DUDA Małgorzata	2519		Open Kobiet	42	10:00	00:48:31	02:26:37.80	02:26:37.80	+01:29:09 (60.8%)	14:39	4.1 (39.4%)
566	KOCIOK Adrian	3006	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	347	11:00	00:47:07	02:26:47.60	02:26:47.60	+01:29:19 (60.9%)	14:40	4.1 (39.4%)
567	BAGROWSKI Mariusz	3003	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	348	11:00	00:47:09	02:26:47.85	02:26:47.85	+01:29:19 (60.9%)	14:40	4.1 (39.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
568	FIBIC Tomasz	2267		Open Mężczyzn	349	09:30	00:52:03	02:26:48.50	02:26:48.50	+01:29:20 (60.9%)	14:40	4.1 (39.4%)
569	RADWAN Bartłomiej	3074		Open Masters Mężczyzn	84	11:00	00:45:42	02:26:51.80	02:26:51.80	+01:29:23 (60.9%)	14:41	4.1 (39.4%)
570	ŁUKASZCZYKIEWICZ Andrzej	3127	RMF4RT GLADIATORS	Open Mężczyzn	350	11:15	00:38:48	02:26:52.45	02:26:52.45	+01:29:24 (60.9%)	14:41	4.1 (39.4%)
571	DĘBICKI Kamil	2769		Open Mężczyzn	351	10:30	00:44:38	02:26:53.85	02:26:53.85	+01:29:25 (60.9%)	14:41	4.1 (39.4%)
572	WISKI Przemysław	2604	POWER TRAINING	Open Mężczyzn	352	10:15	00:56:20	02:26:57.35	02:26:57.35	+01:29:29 (60.9%)	14:41	4.1 (39.4%)
573	GIERCZAK Michał	2653		Open Mężczyzn	353	10:15	00:56:22	02:26:59.55	02:26:59.55	+01:29:31 (60.9%)	14:41	4.1 (39.4%)
574	FORTUNA-CZMOK Jolanta	2727	POGROMCY	Open Masters Kobiet	13	10:30	01:01:31	02:27:00.55	02:27:00.55	+01:29:32 (60.9%)	14:42	4.1 (39.4%)
575	MOSKWA Jakub	2990	ŁOWCY PIEROŻKÓW	Open Mężczyzn	354	11:00	00:44:51	02:27:03.60	02:27:03.60	+01:29:35 (60.9%)	14:42	4.1 (39.4%)
576	LITWIN Dorota	2401		Open Kobiet	43	09:45	00:53:40	02:27:06.20	02:27:06.20	+01:29:38 (60.9%)	14:42	4.1 (39.4%)
577	ZAWIDNIAK Nina	2423		Open Kobiet	44	09:45	00:53:39	02:27:06.30	02:27:06.30	+01:29:38 (60.9%)	14:42	4.1 (39.4%)
578	TABAKA Piotr	3326		Open Mężczyzn	355	11:30	00:42:47	02:27:09.10	02:27:09.10	+01:29:41 (60.9%)	14:42	4.1 (39.4%)
579	BAJDAŁA Robert	3101	JEDZIEMY Z TYM KOKSEM	Open Mężczyzn	356	11:15	00:44:59	02:27:19.10	02:27:19.10	+01:29:51 (61.0%)	14:43	4.1 (39.4%)
580	KORZEŃ Dajana	3359	NIE BYŁO CIASTEK WIĘC KUPIŁEM ZAPRAWĘ MURARSKĄ	Open Kobiet	45	11:45	00:46:31	02:27:19.75	02:27:19.75	+01:29:51 (61.0%)	14:43	4.1 (39.4%)
581	FRĄCKOWIAK Jacek	3361	PERI SPARTAN TEAM	Open Mężczyzn	357	11:45	00:51:45	02:27:19.90	02:27:19.90	+01:29:51 (61.0%)	14:43	4.1 (39.4%)
582	RÓŻYCKI Adrian	3102	JEDZIEMY Z TYM KOKSEM	Open Mężczyzn	358	11:15	00:47:17	02:27:20.60	02:27:20.60	+01:29:52 (61.0%)	14:44	4.1 (39.4%)
583	KUKIEŁKA Marcin	3469		Open Mężczyzn	359	11:45	00:46:30	02:27:21.50	02:27:21.50	+01:29:53 (61.0%)	14:44	4.1 (39.4%)
584	MODERSKI Mateusz	2694	ESSITY	Open Masters Mężczyzn	85	10:30	00:51:33	02:27:23.70	02:27:23.70	+01:29:55 (61.0%)	14:44	4.1 (39.4%)
585	DOMIŃSKI Marcin	3037		Open Mężczyzn	360	11:00	00:56:58	02:27:30.05	02:27:30.05	+01:30:02 (61.0%)	14:45	4.1 (39.4%)
586	KRYSTKIEWICZ Krystian	3058		Open Mężczyzn	361	11:00	00:56:58	02:27:30.70	02:27:30.70	+01:30:02 (61.0%)	14:45	4.1 (39.4%)
587	SMOLUCH Magdalena	3448		Open Kobiet	46	12:00	00:51:51	02:27:33.20	02:27:33.20	+01:30:05 (61.1%)	14:45	4.1 (39.4%)
588	HABDAS Patryk	3440		Open Mężczyzn	362	12:00	00:51:51	02:27:35.45	02:27:35.45	+01:30:07 (61.1%)	14:45	4.1 (39.4%)
589	KŁOSOWSKI Karol	2211	HUSARIA RACE TEAM	Open Mężczyzn	363	09:30	00:38:17	02:27:38.00	02:27:38.00	+01:30:10 (61.1%)	14:45	4.1 (39.4%)
590	MAJEWSKI Damian	2989	ŁOWCY PIEROŻKÓW	Open Mężczyzn	364	11:00		02:27:39.00	02:27:39.00	+01:30:11 (61.1%)	14:45	4.1 (39.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
591	PINOCY Szymon	2189	CARBON OCR RACING TEAM	Open Mężczyzn	365	09:30	00:48:06	02:27:40.60	02:27:40.60	+01:30:12 (61.1%)	14:46	4.1 (39.4%)
592	PASTUSZKA Artur	2276		Open Mężczyzn	366	09:30	00:48:22	02:27:43.30	02:27:43.30	+01:30:15 (61.1%)	14:46	4.1 (39.4%)
593	KACHEL Agata	2376	SZTURM	Open Kobiet	47	09:45	00:46:02	02:27:53.40	02:27:53.40	+01:30:25 (61.1%)	14:47	4.1 (39.4%)
594	DEPA Łukasz	2263		Open Mężczyzn	367	09:30	00:53:17	02:28:03.00	02:28:03.00	+01:30:35 (61.2%)	14:48	4.1 (39.4%)
595	KOZŁOWSKA Małgorzata	3056		Open Kobiet	48	11:00	00:54:23	02:28:03.35	02:28:03.35	+01:30:35 (61.2%)	14:48	4.1 (39.4%)
596	LEŚNIAK Łukasz	2245	RUNATTACK / OLAWS ZŁOTORYJA	Open Mężczyzn	368	09:30	00:53:16	02:28:03.95	02:28:03.95	+01:30:36 (61.2%)	14:48	4.1 (39.4%)
597	KSIĘŻOPOLSKA Małgorzata	2822	#BLUES BROTHERS#	Open Kobiet	49	10:45	00:52:41	02:28:07.90	02:28:07.90	+01:30:39 (61.2%)	14:48	4.1 (39.4%)
598	LIBERADZKI Marcin	3338	ATHLETIC APOLLO	Open Masters Mężczyzn	86	10:45	00:50:51	02:28:13.40	02:28:13.40	+01:30:45 (61.2%)	14:49	4 (38.5%)
599	FEDYCKI Mariusz	2770		Open Mężczyzn	369	10:30	00:44:38	02:28:15.90	02:28:15.90	+01:30:47 (61.2%)	14:49	4 (38.5%)
600	CZMOK Robert	2726	POGROMCY	Open Masters Mężczyzn	87	10:30	01:01:30	02:28:25.60	02:28:25.60	+01:30:57 (61.3%)	14:50	4 (38.5%)
601	SCHULZ Jędrzej	2728	POGROMCY	Open Mężczyzn	370	10:30	01:00:57	02:28:25.80	02:28:25.80	+01:30:57 (61.3%)	14:50	4 (38.5%)
602	ZASADOWSKI Bartosz	2826	BIEGOWE NYGUSY	Open Masters Mężczyzn	88	09:30	00:49:20	02:28:31.20	02:28:31.20	+01:31:03 (61.3%)	14:51	4 (38.5%)
603	CUDNIEWICZ Bartosz	2884	WKJ	Open Mężczyzn	371	10:45	00:44:49	02:28:37.35	02:28:37.35	+01:31:09 (61.3%)	14:51	4 (38.5%)
604	WIDZIŃSKA Agnieszka	2463	NINJA LUDKI	Open Kobiet	50	10:00	00:51:41	02:28:39.50	02:28:39.50	+01:31:11 (61.3%)	14:51	4 (38.5%)
605	KALNIUK Paweł	3170		Open Mężczyzn	372	11:15	00:36:30	02:28:39.60	02:28:39.60	+01:31:11 (61.3%)	14:51	4 (38.5%)
606	ŁUCZAK Radosław	3293		Open Masters Mężczyzn	89	11:30	00:46:17	02:28:43.90	02:28:43.90	+01:31:15 (61.4%)	14:52	4 (38.5%)
607	PIĄTEK Przemysław	2834	HUSARIA RACE TEAM	Open Mężczyzn	373	10:45	00:51:55	02:28:49.95	02:28:49.95	+01:31:22 (61.4%)	14:52	4 (38.5%)
608	FIEDOR Tomasz	2319	HUSARIA RACE TEAM	Open Mężczyzn	374	09:45	00:41:01	02:28:51.20	02:28:51.20	+01:31:23 (61.4%)	14:53	4 (38.5%)
609	TORBUS Marcin	2148		Open Mężczyzn	375	10:45	00:52:02	02:28:51.70	02:28:51.70	+01:31:23 (61.4%)	14:53	4 (38.5%)
610	HOJKA Jakub	2886	WKJ	Open Mężczyzn	376	10:45	00:44:45	02:28:53.15	02:28:53.15	+01:31:25 (61.4%)	14:53	4 (38.5%)
611	PETELA Krystian	3069		Open Mężczyzn	377	11:00	00:49:30	02:29:04.85	02:29:04.85	+01:31:36 (61.5%)	14:54	4 (38.5%)
612	KOZŁOWSKI Marcin	3057		Open Mężczyzn	378	11:00	00:54:20	02:29:09.40	02:29:09.40	+01:31:41 (61.5%)	14:54	4 (38.5%)
613	SZLACHTA-MYRLAK Maria	3078		Open Kobiet	51	11:00	00:45:42	02:29:12.00	02:29:12.00	+01:31:44 (61.5%)	14:55	4 (38.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
614	URBACZKA Bogdan	2545		Open Masters Mężczyzn	90	10:00	00:50:34	02:29:13.90	02:29:13.90	+01:31:45 (61.5%)	14:55	4 (38.5%)
615	TREFON Beniamin	2683		Open Masters Mężczyzn	91	10:15	00:47:19	02:29:15.80	02:29:15.80	+01:31:47 (61.5%)	14:55	4 (38.5%)
616	HOMEL Joanna	2605	PROFI PATO TEAM	Open Masters Kobiet	14	10:15	00:47:24	02:29:15.90	02:29:15.90	+01:31:47 (61.5%)	14:55	4 (38.5%)
617	LATOSI Adrian	2790		Open Masters Mężczyzn	92	10:30	00:49:25	02:29:22.40	02:29:22.40	+01:31:54 (61.5%)	14:56	4 (38.5%)
618	BIELA Anna	2914		Open Kobiet	52	10:45	00:47:00	02:29:27.90	02:29:27.90	+01:31:59 (61.6%)	14:56	4 (38.5%)
619	TRZASKA Anna	3131	RUNMAGEDDON POLICE TEAM BRZEG	Open Masters Kobiet	15	11:15	00:55:34	02:29:29.35	02:29:29.35	+01:32:01 (61.6%)	14:56	4 (38.5%)
620	DUBIS Jarosław	2649		Open Masters Mężczyzn	93	10:15	00:44:31	02:29:43.10	02:29:43.10	+01:32:15 (61.6%)	14:58	4 (38.5%)
621	JAKUBOWSKA Edyta	2525		Open Masters Kobiet	16	10:00	00:51:24	02:29:44.45	02:29:44.45	+01:32:16 (61.6%)	14:58	4 (38.5%)
622	KUMAŃSKI Arek	3404		Open Mężczyzn	379	11:45	00:32:12	02:29:47.05	02:29:47.05	+01:32:19 (61.6%)	14:58	4 (38.5%)
623	NAMYŚŁOWSKA Karolina	2638	WF KOSTRZYN	Open Kobiet	53	10:15	00:50:01	02:29:53.00	02:29:53.00	+01:32:25 (61.7%)	14:59	4 (38.5%)
624	CIEŚLA Agnieszka	2632	WF KOSTRZYN	Open Kobiet	54	10:15	00:54:36	02:29:53.70	02:29:53.70	+01:32:25 (61.7%)	14:59	4 (38.5%)
625	WAWRZY尼亚K Monika	2640	WF KOSTRZYN	Open Kobiet	55	10:15	00:49:47	02:29:54.75	02:29:54.75	+01:32:26 (61.7%)	14:59	4 (38.5%)
626	STAWIŃSKI Jakub	2811		Open Mężczyzn	380	10:30	00:49:43	02:29:58.30	02:29:58.30	+01:32:30 (61.7%)	14:59	4 (38.5%)
627	GILARSKI Paweł	2561	BIEGOWE NYGUSY	Open Masters Mężczyzn	94	09:30	00:48:07	02:29:59.50	02:29:59.50	+01:32:31 (61.7%)	14:59	4 (38.5%)
628	NAWROCKA Elżbieta	2616	ROSSMANN	Open Kobiet	56	10:15	00:49:48	02:30:02.45	02:30:02.45	+01:32:34 (61.7%)	15:00	4 (38.5%)
629	PAŃCZYK Ariel	2639	WF KOSTRZYN	Open Mężczyzn	381	10:15	00:49:53	02:30:03.00	02:30:03.00	+01:32:35 (61.7%)	15:00	4 (38.5%)
630	NOWAK Łukasz	2480	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	382	09:30	00:48:19	02:30:20.65	02:30:20.65	+01:32:52 (61.8%)	15:02	4 (38.5%)
631	WIDZIŃSKI Daniel	2464	NINJA LUDKI	Open Mężczyzn	383	10:00	00:51:24	02:30:25.35	02:30:25.35	+01:32:57 (61.8%)	15:02	4 (38.5%)
632	HOLEWA Grzegorz	3426	CROSS HEROES - OGIEŃ!	Open Mężczyzn	384	12:00	00:45:41	02:30:38.35	02:30:38.35	+01:33:10 (61.9%)	15:03	4 (38.5%)
632	KILARSKA Barbara	3427	CROSS HEROES - OGIEŃ!	Open Kobiet	57	12:00	00:45:44	02:30:38.35	02:30:38.35	+01:33:10 (61.9%)	15:03	4 (38.5%)
634	SZCZĘSNY Bartek	2224	HUSARIA RACE TEAM	Open Mężczyzn	385	09:30	00:44:04	02:30:40.40	02:30:40.40	+01:33:12 (61.9%)	15:04	4 (38.5%)
635	BOŻEK Dominika	3390		Open Kobiet	58	11:45	00:49:28	02:30:44.25	02:30:44.25	+01:33:16 (61.9%)	15:04	4 (38.5%)
636	WYDRA Robert	3021	TURBO DROŹDŹE	Open Masters Mężczyzn	95	11:00	00:44:48	02:30:47.65	02:30:47.65	+01:33:19 (61.9%)	15:04	4 (38.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
637	ROSTKOWSKA Olga	3464		Open Kobiet	59	09:30	00:47:41	02:30:48.20	02:30:48.20	+01:33:20 (61.9%)	15:04	4 (38.5%)
638	KAMIŃSKI Marcin	2845	MELVIT TEAM	Open Mężczyzn	386	09:30	00:47:41	02:30:48.60	02:30:48.60	+01:33:20 (61.9%)	15:04	4 (38.5%)
639	WITKOWSKI Marek	3145	SKOŃCZENI OCR	Open Masters Mężczyzn	96	11:15	00:57:47	02:30:51.65	02:30:51.65	+01:33:23 (61.9%)	15:05	4 (38.5%)
640	WALCZAK Danuta	2418		Open Kobiet	60	09:45	00:50:17	02:30:54.65	02:30:54.65	+01:33:26 (61.9%)	15:05	4 (38.5%)
641	WAWRZYŃCZAK Norbert	3462	MELVIT TEAM	Open Mężczyzn	387	09:30	00:47:42	02:30:58.55	02:30:58.55	+01:33:30 (61.9%)	15:05	4 (38.5%)
642	KONISIEWICZ Konrad	3054		Open Mężczyzn	388	11:00	00:45:13	02:31:04.50	02:31:04.50	+01:33:36 (62.0%)	15:06	4 (38.5%)
643	POKORA Tomasz	2940		Open Mężczyzn	389	10:45	00:38:00	02:31:14.55	02:31:14.55	+01:33:46 (62.0%)	15:07	4 (38.5%)
644	GAWRON Ewelina	2897	X-TEAM TARNÓW	Open Kobiet	61	10:45	00:50:16	02:31:25.05	02:31:25.05	+01:33:57 (62.0%)	15:08	4 (38.5%)
645	MRÓZ Adrian	3463	MELVIT TEAM	Open Mężczyzn	390	09:30	00:47:44	02:31:26.00	02:31:26.00	+01:33:58 (62.1%)	15:08	4 (38.5%)
646	PAZIK Marek	3343	CZARNE ŻUBRY	Open Mężczyzn	391	11:45	00:54:41	02:31:28.00	02:31:28.00	+01:34:00 (62.1%)	15:08	4 (38.5%)
647	OBAL Anna	2904	X-TEAM TARNÓW	Open Kobiet	62	10:45	00:50:18	02:31:33.10	02:31:33.10	+01:34:05 (62.1%)	15:09	4 (38.5%)
648	KOTARSKA Ewa	2697	FABRYKA ZDROWIA BYTÓW	Open Masters Kobiet	17	10:30	00:54:41	02:31:33.90	02:31:33.90	+01:34:05 (62.1%)	15:09	4 (38.5%)
649	CHWARZYNSKA Aldona	2695	FABRYKA ZDROWIA BYTÓW	Open Kobiet	63	10:30	00:54:40	02:31:34.00	02:31:34.00	+01:34:06 (62.1%)	15:09	4 (38.5%)
650	ŁOSIN Marta	2109		Open Kobiet	64	09:15	00:31:22	02:31:35.80	02:31:35.80	+01:34:07 (62.1%)	15:09	4 (38.5%)
651	SIEWIOR Piotr	2679		Open Mężczyzn	392	10:15	00:46:23	02:31:36.20	02:31:36.20	+01:34:08 (62.1%)	15:09	4 (38.5%)
652	ANDRJANIK Iwona	2848	PONIEDZIAŁEK 20	Open Kobiet	65	10:45	00:46:15	02:31:41.75	02:31:41.75	+01:34:13 (62.1%)	15:10	4 (38.5%)
653	ŁASKI Mikołaj	2215	HUSARIA RACE TEAM	Open Mężczyzn	393	09:30	00:38:03	02:31:54.45	02:31:54.45	+01:34:26 (62.2%)	15:11	3.9 (37.5%)
654	SULKOWSKI Dominik	2582	HUSARIA RACE TEAM	Open Mężczyzn	394	10:15	00:44:18	02:31:59.35	02:31:59.35	+01:34:31 (62.2%)	15:11	3.9 (37.5%)
655	RODAK Agnieszka	2472	RMF4RT GLADIATORS	Open Masters Kobiet	18	10:00	00:58:24	02:32:02.25	02:32:02.25	+01:34:34 (62.2%)	15:12	3.9 (37.5%)
656	GRZEGORZEWSKI Krzysztof	2470	RMF4RT GLADIATORS	Open Masters Mężczyzn	97	10:00	00:58:29	02:32:03.40	02:32:03.40	+01:34:35 (62.2%)	15:12	3.9 (37.5%)
657	STANKIEWICZ Karolina	2581	HUSARIA RACE TEAM	Open Kobiet	66	09:30	00:52:35	02:32:05.10	02:32:05.10	+01:34:37 (62.2%)	15:12	3.9 (37.5%)
658	DRASZAWKA Łukasz	2362	POWER TRAINING	Open Mężczyzn	395	09:45	00:43:06	02:32:07.15	02:32:07.15	+01:34:39 (62.2%)	15:12	3.9 (37.5%)
659	WÓJTOWICZ Dawid	2384	WATAHA	Open Mężczyzn	396	09:45	00:46:37	02:32:07.35	02:32:07.35	+01:34:39 (62.2%)	15:12	3.9 (37.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
660	GADOWSKI Patryk	2652		Open Mężczyzn	397	09:45	00:48:12	02:32:17.30	02:32:17.30	+01:34:49 (62.3%)	15:13	3.9 (37.5%)
661	KNOT Martyna	2235	PIĘKNI I BESTIE	Open Kobiet	67	09:30	00:52:04	02:32:32.40	02:32:32.40	+01:35:04 (62.3%)	15:15	3.9 (37.5%)
662	KRAWCZYK Karina	3143	SKOŃCZENI OCR	Open Kobiet	68	11:15	00:57:49	02:32:45.35	02:32:45.35	+01:35:17 (62.4%)	15:16	3.9 (37.5%)
663	ZIELIŃSKI Dominik	2686		Open Mężczyzn	398	10:15	00:53:19	02:32:46.00	02:32:46.00	+01:35:18 (62.4%)	15:16	3.9 (37.5%)
664	JASIŃSKA Patrycja	2656		Open Masters Kobiet	19	10:15	00:53:19	02:32:47.60	02:32:47.60	+01:35:19 (62.4%)	15:16	3.9 (37.5%)
665	GÓRNIACZYK Krystian	3142	SKOŃCZENI OCR	Open Mężczyzn	399	11:15	00:57:48	02:32:52.55	02:32:52.55	+01:35:24 (62.4%)	15:17	3.9 (37.5%)
666	GRUSZKIEWICZ Przemysław	3278		Open Mężczyzn	400	11:30	00:43:39	02:33:00.50	02:33:00.50	+01:35:32 (62.4%)	15:18	3.9 (37.5%)
667	TYTOŃ Jakub	2948		Open Mężczyzn	401	10:45	00:46:23	02:33:01.50	02:33:01.50	+01:35:33 (62.4%)	15:18	3.9 (37.5%)
668	BARSUKOVA Daria	3264		Open Kobiet	69	11:30	00:49:17	02:33:09.30	02:33:09.30	+01:35:41 (62.5%)	15:18	3.9 (37.5%)
669	SADŁO Gracjan	3144	SKOŃCZENI OCR	Open Mężczyzn	402	11:15	00:57:49	02:33:13.20	02:33:13.20	+01:35:45 (62.5%)	15:19	3.9 (37.5%)
670	SZPAKOWSKI Jacek	3079		Open Mężczyzn	403	11:00	00:42:30	02:33:16.75	02:33:16.75	+01:35:48 (62.5%)	15:19	3.9 (37.5%)
671	WARDZAŁA Jakub	2547		Open Mężczyzn	404	10:00	00:56:56	02:33:18.70	02:33:18.70	+01:35:50 (62.5%)	15:19	3.9 (37.5%)
672	JANISZEWSKI Grzegorz	2010	DZIADY OCR	Elite Masters Mężczyzn	14	09:00	00:33:20	02:33:47.15	02:33:47.15	+01:36:19 (62.6%)	15:22	3.9 (37.5%)
673	JASKÓŁA Izabela	2778		Open Kobiet	70	10:30	00:58:00	02:33:52.30	02:33:52.30	+01:36:24 (62.7%)	15:23	3.9 (37.5%)
674	JANOWICZ Robert	2227	KRA KARLINO	Open Mężczyzn	405	09:30	00:53:56	02:33:53.25	02:33:53.25	+01:36:25 (62.7%)	15:23	3.9 (37.5%)
675	JASKÓŁA Łukasz	2779		Open Mężczyzn	406	10:30	00:58:00	02:33:54.50	02:33:54.50	+01:36:26 (62.7%)	15:23	3.9 (37.5%)
676	SKÓRKA Dawid	3109	KS OTMĘT KRAPKOWICE RUNMAGEDDON TEAM	Open Mężczyzn	407	11:15	00:57:03	02:33:55.35	02:33:55.35	+01:36:27 (62.7%)	15:23	3.9 (37.5%)
677	SZATKOWSKI Tomasz	3496		Open Mężczyzn	408	09:30	00:53:54	02:33:56.80	02:33:56.80	+01:36:28 (62.7%)	15:23	3.9 (37.5%)
678	SZOŁA Szymon	3009	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	409	11:00	00:54:39	02:33:58.15	02:33:58.15	+01:36:30 (62.7%)	15:23	3.9 (37.5%)
679	CIERNIAK Agata	2647		Open Masters Kobiet	20	10:15	00:56:46	02:34:05.45	02:34:05.45	+01:36:37 (62.7%)	15:24	3.9 (37.5%)
680	WIT Krystian	3011	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	410	11:00	00:54:39	02:34:07.55	02:34:07.55	+01:36:39 (62.7%)	15:24	3.9 (37.5%)
681	PIĄTEK Łukasz	2934		Open Mężczyzn	411	10:45	00:52:03	02:34:18.80	02:34:18.80	+01:36:50 (62.8%)	15:25	3.9 (37.5%)
682	CZAJKOWSKI Sebastian	2590	KOPALNIAKI	Open Masters Mężczyzn	98	10:15	00:55:17	02:34:21.80	02:34:21.80	+01:36:53 (62.8%)	15:26	3.9 (37.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
683	KOSIŃSKI Tomasz	2970	EXTREME WAYS	Open Mężczyzn	412	11:00	00:42:35	02:34:33.00	02:34:33.00	+01:37:05 (62.8%)	15:27	3.9 (37.5%)
684	STRANSPICH Anna	2591	KOPALNIAKI	Open Kobiet	71	10:15	00:55:36	02:34:38.15	02:34:38.15	+01:37:10 (62.8%)	15:27	3.9 (37.5%)
685	KRAKOWIAK Patryk	3262	TGV CLUB	Open Mężczyzn	413	11:30	00:47:46	02:34:39.25	02:34:39.25	+01:37:11 (62.8%)	15:27	3.9 (37.5%)
686	MUSIAŁ Robert	3302		Open Mężczyzn	414	11:30	00:49:59	02:34:40.90	02:34:40.90	+01:37:12 (62.8%)	15:28	3.9 (37.5%)
687	CZERECH Łukasz	2868	RMF4RT GLADIATORS	Open Mężczyzn	415	10:45	00:52:11	02:34:42.80	02:34:42.80	+01:37:14 (62.9%)	15:28	3.9 (37.5%)
688	PRZESŁAŃSKI Mateusz	2846	MIKAMIK CZEWA	Open Masters Mężczyzn	99	10:45	00:42:57	02:34:45.25	02:34:45.25	+01:37:17 (62.9%)	15:28	3.9 (37.5%)
689	BŁĘDOWSKI Michał	3223	BŁĘDOWSCY TEAM	Open Mężczyzn	416	11:30	00:44:27	02:34:59.25	02:34:59.25	+01:37:31 (62.9%)	15:29	3.9 (37.5%)
690	BŁĘDOWSKI Artur	3222	BŁĘDOWSCY TEAM	Open Mężczyzn	417	11:30	00:44:27	02:34:59.45	02:34:59.45	+01:37:31 (62.9%)	15:29	3.9 (37.5%)
690	PAŚ Klaudia	3413		Open Kobiet	72	11:45	00:46:53	02:34:59.45	02:34:59.45	+01:37:31 (62.9%)	15:29	3.9 (37.5%)
692	PIETRUSZKA Artur	3414		Open Mężczyzn	418	11:45	00:47:01	02:34:59.50	02:34:59.50	+01:37:31 (62.9%)	15:29	3.9 (37.5%)
693	ŁOWIGUS Łukasz	2363	POZNAŃ RACE TEAM	Open Mężczyzn	419	09:45	00:50:17	02:35:01.45	02:35:01.45	+01:37:33 (62.9%)	15:30	3.9 (37.5%)
694	GRZELA Sylwester	3280		Open Mężczyzn	420	11:30	00:48:14	02:35:05.55	02:35:05.55	+01:37:37 (62.9%)	15:30	3.9 (37.5%)
695	GRZELA Krystian	3279		Open Mężczyzn	421	11:30	00:48:14	02:35:06.35	02:35:06.35	+01:37:38 (63.0%)	15:30	3.9 (37.5%)
696	DZIDO Zbigniew	2318	HUSARIA RACE TEAM	Open Mężczyzn	422	09:45	00:51:08	02:35:07.95	02:35:07.95	+01:37:40 (63.0%)	15:30	3.9 (37.5%)
697	KRAWCZYK Joanna	2214	HUSARIA RACE TEAM	Open Kobiet	73	09:30	00:50:51	02:35:11.40	02:35:11.40	+01:37:43 (63.0%)	15:31	3.9 (37.5%)
698	POWSIŃSKI Martin	3354	HUSARIA RACE TEAM	Open Mężczyzn	423	11:45	00:46:11	02:35:13.00	02:35:13.00	+01:37:45 (63.0%)	15:31	3.9 (37.5%)
699	BIELECKA Magdalena	3129	RUNMAGEDDON POLICE TEAM BRZEG	Open Masters Kobiet	21	11:15	00:55:29	02:35:20.10	02:35:20.10	+01:37:52 (63.0%)	15:32	3.9 (37.5%)
700	KRUTOF Rafał	3106	KS OTMĘT KRAPKOWICE RUNMAGEDDON TEAM	Open Masters Mężczyzn	100	11:15	00:57:07	02:35:20.75	02:35:20.75	+01:37:52 (63.0%)	15:32	3.9 (37.5%)
701	PILCH Marek	3130	RUNMAGEDDON POLICE TEAM BRZEG	Open Mężczyzn	424	11:15	00:55:32	02:35:20.90	02:35:20.90	+01:37:52 (63.0%)	15:32	3.9 (37.5%)
702	MEDWID Katarzyna	3108	KS OTMĘT KRAPKOWICE RUNMAGEDDON TEAM	Open Masters Kobiet	22	11:15	00:56:52	02:35:21.15	02:35:21.15	+01:37:53 (63.0%)	15:32	3.9 (37.5%)
703	MEDWID Daniel	3107	KS OTMĘT KRAPKOWICE RUNMAGEDDON TEAM	Open Masters Mężczyzn	101	11:15	00:56:58	02:35:21.90	02:35:21.90	+01:37:53 (63.0%)	15:32	3.9 (37.5%)
704	WODKA Dawid	2509	WW TEAM	Open Mężczyzn	425	10:00	00:51:52	02:35:30.00	02:35:30.00	+01:38:02 (63.0%)	15:33	3.9 (37.5%)
705	JANAS Rafał	2462	NINJA LUDKI	Open Mężczyzn	426	10:00	00:51:08	02:35:31.85	02:35:31.85	+01:38:03 (63.1%)	15:33	3.9 (37.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
706	MANIA Piotr	3295		Open Mężczyzn	427	11:30	00:47:57	02:35:49.75	02:35:49.75	+01:38:21 (63.1%)	15:34	3.9 (37.5%)
707	CHERNIAK Artem	2757	SZWARCENEGERY	Open Mężczyzn	428	10:30	00:48:34	02:35:50.60	02:35:50.60	+01:38:22 (63.1%)	15:35	3.9 (37.5%)
708	JAŚKO Sebastian	3284		Open Mężczyzn	429	11:30	00:50:09	02:35:51.85	02:35:51.85	+01:38:23 (63.1%)	15:35	3.8 (36.5%)
709	BRĄCZYK Ewa	2204	HUSARIA RACE TEAM	Open Kobiet	74	09:30	00:53:45	02:35:56.35	02:35:56.35	+01:38:28 (63.1%)	15:35	3.8 (36.5%)
710	BOJAR Jarosław	3268		Open Mężczyzn	430	11:30	00:50:55	02:35:57.15	02:35:57.15	+01:38:29 (63.2%)	15:35	3.8 (36.5%)
711	SKOKOWSKA Anna	3314		Open Kobiet	75	11:30	00:50:55	02:35:58.30	02:35:58.30	+01:38:30 (63.2%)	15:35	3.8 (36.5%)
712	SZYMICZEK Marian	2849	POWER TRAINING	Open Mężczyzn	431	10:45	00:47:15	02:35:58.50	02:35:58.50	+01:38:30 (63.2%)	15:35	3.8 (36.5%)
713	DOMOŃ Piotr	3159		Open Mężczyzn	432	11:15	00:44:25	02:36:03.25	02:36:03.25	+01:38:35 (63.2%)	15:36	3.8 (36.5%)
714	WOLAŃSKI Michał	3335		Open Mężczyzn	433	11:30	00:50:32	02:36:14.65	02:36:14.65	+01:38:46 (63.2%)	15:37	3.8 (36.5%)
715	MUSIAŁ Karol	2228	KTML -> KTMLSPORT.BLOGSPOT.COM	Open Mężczyzn	434	09:30	00:55:37	02:36:14.70	02:36:14.70	+01:38:46 (63.2%)	15:37	3.8 (36.5%)
716	RYŃ-SOBALA Renata	2741	RMF4RT GLADIATORS	Open Masters Kobiet	23	10:30	00:54:52	02:36:22.90	02:36:22.90	+01:38:54 (63.3%)	15:38	3.8 (36.5%)
717	POPŁAWSKI Krystian	2739	RMF4RT GLADIATORS	Open Mężczyzn	435	10:30	00:54:53	02:36:22.95	02:36:22.95	+01:38:55 (63.3%)	15:38	3.8 (36.5%)
718	KOPEĆ Kamil	2737	RMF4RT GLADIATORS	Open Masters Mężczyzn	102	10:30	00:54:52	02:36:23.00	02:36:23.00	+01:38:55 (63.3%)	15:38	3.8 (36.5%)
719	CHORZELEWSKI Michał	2390		Open Mężczyzn	436	09:45	00:58:42	02:36:23.15	02:36:23.15	+01:38:55 (63.3%)	15:38	3.8 (36.5%)
720	HYRA Katarzyna	3045		Open Kobiet	76	11:00	00:53:31	02:36:41.40	02:36:41.40	+01:39:13 (63.3%)	15:40	3.8 (36.5%)
721	PIĄTEK Marek	2277		Open Mężczyzn	437	09:30	00:53:54	02:36:41.50	02:36:41.50	+01:39:13 (63.3%)	15:40	3.8 (36.5%)
722	WERLE Norbert	2198	DIRTY SPARROWS	Open Mężczyzn	438	09:30	00:53:55	02:36:41.60	02:36:41.60	+01:39:13 (63.3%)	15:40	3.8 (36.5%)
723	GADEK-SERWIN Karolina	2880	TOMB RAIDERS	Open Kobiet	77	10:45	01:02:45	02:37:09.90	02:37:09.90	+01:39:41 (63.4%)	15:42	3.8 (36.5%)
724	BARAŃSKA Ania	2879	TOMB RAIDERS	Open Kobiet	78	10:45	01:02:44	02:37:10.00	02:37:10.00	+01:39:42 (63.4%)	15:43	3.8 (36.5%)
725	STRANSPICH Łukasz	2592	KOPALNIAKI	Open Mężczyzn	439	10:15	00:55:42	02:37:12.15	02:37:12.15	+01:39:44 (63.4%)	15:43	3.8 (36.5%)
726	SYKUŁA Maciej	2223	HUSARIA RACE TEAM	Open Mężczyzn	440	09:30	00:46:39	02:37:15.65	02:37:15.65	+01:39:47 (63.5%)	15:43	3.8 (36.5%)
727	KOZŁOWSKA Alicja	3174		Open Masters Kobiet	24	11:15	00:51:40	02:37:20.55	02:37:20.55	+01:39:52 (63.5%)	15:44	3.8 (36.5%)
728	MOL Paweł	2254	SPEED RUNNERS	Open Mężczyzn	441	09:30	00:56:11	02:37:21.60	02:37:21.60	+01:39:53 (63.5%)	15:44	3.8 (36.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
729	BEDNARCZYK Sebastian	2512		Open Mężczyzn	442	10:00	00:51:06	02:37:23.10	02:37:23.10	+01:39:55 (63.5%)	15:44	3.8 (36.5%)
730	CERANOWSKI Radosław	2515		Open Mężczyzn	443	10:00	00:52:42	02:37:29.55	02:37:29.55	+01:40:01 (63.5%)	15:44	3.8 (36.5%)
731	SKRZYPCZYŃSKA Agata	2434	CHERRY AND BANANA	Open Kobiet	79	10:00	00:56:59	02:37:30.35	02:37:30.35	+01:40:02 (63.5%)	15:45	3.8 (36.5%)
732	RASEK Jakub	3312		Open Mężczyzn	444	11:30	00:50:08	02:37:32.90	02:37:32.90	+01:40:04 (63.5%)	15:45	3.8 (36.5%)
733	ORZECH Patryk Mateusz	2933		Open Mężczyzn	445	09:30	00:58:02	02:37:34.90	02:37:34.90	+01:40:06 (63.5%)	15:45	3.8 (36.5%)
734	ŁUCZAK Marcin	2025	MUNDUROWY KLUB MOTOROWY RZECZPOSPOLITEJ POLSKI	Open Masters Mężczyzn	103	09:00	00:34:05	02:37:49.55	02:37:49.55	+01:40:21 (63.6%)	15:46	3.8 (36.5%)
735	PRENDOTA Anna	2828	BORSUKI, ANIE, GRZYBY	Open Kobiet	80	10:45	00:50:20	02:37:53.00	02:37:53.00	+01:40:25 (63.6%)	15:47	3.8 (36.5%)
736	PRENDOTA Grzegorz	2829	BORSUKI, ANIE, GRZYBY	Open Mężczyzn	446	10:45	00:50:21	02:37:53.10	02:37:53.10	+01:40:25 (63.6%)	15:47	3.8 (36.5%)
737	PAJĄK Dominik	2827	BORSUKI, ANIE, GRZYBY	Open Masters Mężczyzn	104	10:45	00:50:19	02:37:53.25	02:37:53.25	+01:40:25 (63.6%)	15:47	3.8 (36.5%)
738	CZUBASZEWSKI Kamil	2206	HUSARIA RACE TEAM	Open Mężczyzn	447	10:45	00:50:12	02:37:54.00	02:37:54.00	+01:40:26 (63.6%)	15:47	3.8 (36.5%)
739	WOŹNIAK Konrad	2549		Open Mężczyzn	448	10:00	00:51:54	02:37:54.55	02:37:54.55	+01:40:26 (63.6%)	15:47	3.8 (36.5%)
740	KUŚMIERZ Michał	2994	POMPA	Open Mężczyzn	449	11:00	00:48:26	02:37:58.40	02:37:58.40	+01:40:30 (63.6%)	15:47	3.8 (36.5%)
741	KOSTORZ Tomasz	2993	POMPA	Open Mężczyzn	450	11:00	00:48:29	02:38:00.15	02:38:00.15	+01:40:32 (63.6%)	15:48	3.8 (36.5%)
742	ŚWIATOWIEC Adrian	2375	SRS RATEL	Open Mężczyzn	451	09:45	00:44:44	02:38:04.40	02:38:04.40	+01:40:36 (63.6%)	15:48	3.8 (36.5%)
743	ZALEWSKI Sebastian	3336		Open Mężczyzn	452	11:30	00:50:39	02:38:15.95	02:38:15.95	+01:40:48 (63.7%)	15:49	3.8 (36.5%)
744	JARZYCKI Mateusz	2453	HUSARIA RACE TEAM	Open Mężczyzn	453	10:00	00:51:10	02:38:23.55	02:38:23.55	+01:40:55 (63.7%)	15:50	3.8 (36.5%)
745	JAŚKIEWICZ Krzysztof	2566	CROSSFIT LUBIN	Open Masters Mężczyzn	105	10:15	00:53:17	02:38:28.40	02:38:28.40	+01:41:00 (63.7%)	15:50	3.8 (36.5%)
746	JEDYNAK Mateusz	2658		Open Mężczyzn	454	10:15	00:53:17	02:38:30.00	02:38:30.00	+01:41:02 (63.7%)	15:51	3.8 (36.5%)
747	GOŁĘDZINOWSKI Paweł	2425	#GOLONTEAM	Open Mężczyzn	455	10:15	00:44:33	02:38:31.45	02:38:31.45	+01:41:03 (63.7%)	15:51	3.8 (36.5%)
748	GOTKIEWICZ Arkadiusz	2171	ALPAKA	Open Mężczyzn	456	09:30	00:46:11	02:38:37.10	02:38:37.10	+01:41:09 (63.8%)	15:51	3.8 (36.5%)
749	KUŚMIEREK Tomasz	3060		Open Masters Mężczyzn	106	11:00	00:55:41	02:38:37.35	02:38:37.35	+01:41:09 (63.8%)	15:51	3.8 (36.5%)
750	JESKA Tomasz	2009	DIRTY SPARROWS	Elite Masters Mężczyzn	15	09:00	00:32:56	02:38:38.40	02:38:38.40	+01:41:10 (63.8%)	15:51	3.8 (36.5%)
751	TARAS Michał	2248	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	457	09:30	00:48:40	02:38:48.80	02:38:48.80	+01:41:20 (63.8%)	15:52	3.8 (36.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
752	GOLĘDZINOWSKA Marzena	2424	#GOLONTEAM	Open Kobiet	81	10:15	00:44:26	02:39:03.80	02:39:03.80	+01:41:35 (63.9%)	15:54	3.8 (36.5%)
753	WYCHADAŃCZUK Ewelina	3083		Open Kobiet	82	11:00	00:57:13	02:39:11.40	02:39:11.40	+01:41:43 (63.9%)	15:55	3.8 (36.5%)
754	GAZDA Roman	3040		Open Mężczyzn	458	11:00	00:57:13	02:39:11.50	02:39:11.50	+01:41:43 (63.9%)	15:55	3.8 (36.5%)
755	KUCHARSKI Rafał	3123	PATUS TEAM	Open Mężczyzn	459	11:15	00:54:20	02:39:14.15	02:39:14.15	+01:41:46 (63.9%)	15:55	3.8 (36.5%)
756	ŁĄCZYKOWSKI Sylwester	3177		Open Mężczyzn	460	11:15	00:48:28	02:39:25.35	02:39:25.35	+01:41:57 (64.0%)	15:56	3.8 (36.5%)
757	BORSUKIEWICZ Paweł	3033		Open Mężczyzn	461	11:00	00:58:15	02:39:31.05	02:39:31.05	+01:42:03 (64.0%)	15:57	3.8 (36.5%)
758	ŁUKASIK Bartosz	2326	HUSARIA RACE TEAM	Open Mężczyzn	462	10:00	00:55:58	02:39:37.75	02:39:37.75	+01:42:09 (64.0%)	15:57	3.8 (36.5%)
759	GŁADYSZ Leszek	3163		Open Mężczyzn	463	11:15	01:01:26	02:39:39.05	02:39:39.05	+01:42:11 (64.0%)	15:57	3.8 (36.5%)
760	KULISZEWSKI Maciej	3176		Open Mężczyzn	464	11:15	01:00:57	02:39:39.35	02:39:39.35	+01:42:11 (64.0%)	15:57	3.8 (36.5%)
761	POLAK Michał	3197		Open Mężczyzn	465	11:15	01:01:09	02:39:41.05	02:39:41.05	+01:42:13 (64.0%)	15:58	3.8 (36.5%)
762	WYSOCKA Edyta	3425		Open Kobiet	83	10:15	00:53:31	02:39:43.95	02:39:43.95	+01:42:16 (64.0%)	15:58	3.8 (36.5%)
763	GROBELNY Roger	3146	SPONSOROWANY PRZEZ BEZDOMNEGO	Open Mężczyzn	466	11:15	00:46:41	02:39:49.40	02:39:49.40	+01:42:21 (64.0%)	15:58	3.8 (36.5%)
764	DYBA Mikołaj	3160		Open Mężczyzn	467	11:15	00:46:41	02:39:49.45	02:39:49.45	+01:42:21 (64.0%)	15:58	3.8 (36.5%)
765	KURCZYNA- GŁUSZCZAK Magdalena	3257	RUN4GOLD	Open Kobiet	84	11:30	00:56:59	02:39:54.00	02:39:54.00	+01:42:26 (64.1%)	15:59	3.8 (36.5%)
766	SIEKIERSKA Liwia	2808		Open Kobiet	85	10:30	00:53:41	02:39:54.35	02:39:54.35	+01:42:26 (64.1%)	15:59	3.8 (36.5%)
767	SIEKIERSKA Klaudia	2807		Open Kobiet	86	10:30	00:53:52	02:39:54.95	02:39:54.95	+01:42:27 (64.1%)	15:59	3.8 (36.5%)
768	KRASOŃ Rafał	2738	RMF4RT GLADIATORS	Open Mężczyzn	468	10:30	00:49:30	02:40:01.20	02:40:01.20	+01:42:33 (64.1%)	16:00	3.7 (35.6%)
769	MUCHA Jarosław	2218	HUSARIA RACE TEAM	Open Mężczyzn	469	09:30	00:41:37	02:40:06.15	02:40:06.15	+01:42:38 (64.1%)	16:00	3.7 (35.6%)
770	LIPIECKI Jacek	3451	PRZESZKODOWO.PL	Open Mężczyzn	470	09:45	00:44:18	02:40:06.45	02:40:06.45	+01:42:38 (64.1%)	16:00	3.7 (35.6%)
771	FRONCZAK Agata	2439	HUSARIA RACE TEAM	Open Kobiet	87	10:00	00:52:49	02:40:07.15	02:40:07.15	+01:42:39 (64.1%)	16:00	3.7 (35.6%)
772	JAS Artur	2485	SOCIOS SILESIA	Open Mężczyzn	471	10:00	00:49:28	02:40:10.10	02:40:10.10	+01:42:42 (64.1%)	16:01	3.7 (35.6%)
773	MAJKA Leszek	3386	X-TEAM SPECIAL FORCES	Open Mężczyzn	472	10:15	00:53:32	02:40:12.45	02:40:12.45	+01:42:44 (64.1%)	16:01	3.7 (35.6%)
774	MARCHLEWICZ Mirek	2930		Open Masters Mężczyzn	107	10:45	00:51:34	02:40:24.30	02:40:24.30	+01:42:56 (64.2%)	16:02	3.7 (35.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
775	GRZEŚKA Magnus	3398		Open Mężczyzn	473	11:45	00:57:42	02:40:28.55	02:40:28.55	+01:43:00 (64.2%)	16:02	3.7 (35.6%)
776	LASZCZYK Julia	3347	FABRYKA FORMY BYTOM	Open Kobiet	88	11:45	00:57:40	02:40:29.45	02:40:29.45	+01:43:01 (64.2%)	16:02	3.7 (35.6%)
777	CZECHOWSKI Marcin	3360	PERI SPARTAN TEAM	Open Mężczyzn	474	11:45	01:01:19	02:40:31.30	02:40:31.30	+01:43:03 (64.2%)	16:03	3.7 (35.6%)
778	MIELNICKI Krystian	3192		Open Mężczyzn	475	11:15	00:48:34	02:40:36.45	02:40:36.45	+01:43:08 (64.2%)	16:03	3.7 (35.6%)
779	MIKULA Daria	2595	KULTURA SPORTU - DZIKI Z FREESTYLEPARKU	Open Kobiet	89	10:15	00:52:56	02:40:39.70	02:40:39.70	+01:43:11 (64.2%)	16:03	3.7 (35.6%)
780	KACPRZAK Marcin	2594	KULTURA SPORTU - DZIKI Z FREESTYLEPARKU	Open Masters Mężczyzn	108	10:15	00:52:55	02:40:40.20	02:40:40.20	+01:43:12 (64.2%)	16:04	3.7 (35.6%)
781	BIENIEK Natalia	2746	SOCIOS SILESIA	Open Kobiet	90	10:30	00:51:37	02:40:44.65	02:40:44.65	+01:43:16 (64.3%)	16:04	3.7 (35.6%)
782	MACIEJEWSKI Łukasz	2749	SOCIOS SILESIA	Open Mężczyzn	476	10:30	00:51:42	02:40:44.75	02:40:44.75	+01:43:16 (64.3%)	16:04	3.7 (35.6%)
783	ILOWSKA-REMBARZ Karolina	2555	BARNABAS TEAM	Open Kobiet	91	10:15	00:55:17	02:41:00.30	02:41:00.30	+01:43:32 (64.3%)	16:06	3.7 (35.6%)
784	REMBARZ Łukasz	2556	BARNABAS TEAM	Open Masters Mężczyzn	109	10:15	00:54:18	02:41:00.80	02:41:00.80	+01:43:32 (64.3%)	16:06	3.7 (35.6%)
785	DOBOSZ Monika	3351	HARPAGAN BEAST	Open Kobiet	92	11:45	00:57:11	02:41:01.05	02:41:01.05	+01:43:33 (64.3%)	16:06	3.7 (35.6%)
786	DULIAN Anna	3392		Open Kobiet	93	11:45	00:57:12	02:41:01.25	02:41:01.25	+01:43:33 (64.3%)	16:06	3.7 (35.6%)
787	ŁAKOMIEC Karolina	3406		Open Kobiet	94	11:45	00:57:14	02:41:01.55	02:41:01.55	+01:43:33 (64.3%)	16:06	3.7 (35.6%)
788	DZIURDZIA Daniel	3276		Open Mężczyzn	477	11:30	00:54:30	02:41:03.60	02:41:03.60	+01:43:35 (64.3%)	16:06	3.7 (35.6%)
789	OFIERSKI Krzysztof	2553	#NDGTEAM	Open Mężczyzn	478	10:15	00:51:44	02:41:03.75	02:41:03.75	+01:43:35 (64.3%)	16:06	3.7 (35.6%)
790	CZEBOTAR Paula	2758	SZWARCENEGERY	Open Kobiet	95	10:30	00:48:34	02:41:04.45	02:41:04.45	+01:43:36 (64.3%)	16:06	3.7 (35.6%)
791	KLESZCZ Marcin	2551	#NDGTEAM	Open Mężczyzn	479	10:15	00:51:51	02:41:06.30	02:41:06.30	+01:43:38 (64.3%)	16:06	3.7 (35.6%)
792	SORBJAN Kamil	3317		Open Mężczyzn	480	11:30	00:54:31	02:41:07.20	02:41:07.20	+01:43:39 (64.3%)	16:06	3.7 (35.6%)
793	PŁOSAJ Przemysław	2804		Open Mężczyzn	481	10:30	00:49:02	02:41:21.05	02:41:21.05	+01:43:53 (64.4%)	16:08	3.7 (35.6%)
794	MALISZEWSKA Agnieszka	2360	OUTDOOR TRAINING	Open Masters Kobiet	25	09:45	01:10:38	02:41:21.95	02:41:21.95	+01:43:54 (64.4%)	16:08	3.7 (35.6%)
795	PŁOSAJ Kamila	2803		Open Kobiet	96	10:30	00:49:13	02:41:23.60	02:41:23.60	+01:43:55 (64.4%)	16:08	3.7 (35.6%)
796	OSTAFIN Adam	2274		Open Mężczyzn	482	09:30	00:49:18	02:41:28.25	02:41:28.25	+01:44:00 (64.4%)	16:08	3.7 (35.6%)
797	PONTUS Piotr	3073		Open Mężczyzn	483	11:00	00:40:52	02:41:44.75	02:41:44.75	+01:44:16 (64.5%)	16:10	3.7 (35.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
798	GRALEC Dariusz	2456	I NEVER TURN BACK	Open Masters Mężczyzn	110	10:00	00:44:57	02:41:51.65	02:41:51.65	+01:44:23 (64.5%)	16:11	3.7 (35.6%)
799	OLSZAK Agnieszka	2447	HUSARIA RACE TEAM	Open Kobiet	97	10:00	00:52:51	02:41:56.85	02:41:56.85	+01:44:28 (64.5%)	16:11	3.7 (35.6%)
800	HEREDA Tomasz	2630	TUPTAJACY ZWIERZYNIEC TEAM	Open Mężczyzn	484	09:30	00:53:37	02:42:00.10	02:42:00.10	+01:44:32 (64.5%)	16:12	3.7 (35.6%)
801	PORĘBSKI Jarosław	3198		Open Mężczyzn	485	11:15	01:00:09	02:42:03.85	02:42:03.85	+01:44:35 (64.5%)	16:12	3.7 (35.6%)
802	RUDZIŃSKI Radosław	3220	BIAŁOGARD RUN	Open Mężczyzn	486	11:30	00:56:36	02:42:04.00	02:42:04.00	+01:44:36 (64.5%)	16:12	3.7 (35.6%)
803	KARCZ Paweł	3171		Open Mężczyzn	487	11:15	01:00:08	02:42:05.20	02:42:05.20	+01:44:37 (64.5%)	16:12	3.7 (35.6%)
804	BOSZKO Dominik	3218	BIAŁOGARD RUN	Open Mężczyzn	488	11:30	00:56:35	02:42:05.75	02:42:05.75	+01:44:37 (64.5%)	16:12	3.7 (35.6%)
805	KNOPIK Łukasz	2821	#BLUES BROTHERS#	Open Masters Mężczyzn	111	10:45	00:57:53	02:42:08.40	02:42:08.40	+01:44:40 (64.6%)	16:12	3.7 (35.6%)
806	RUDZIŃSKA Marlena	3219	BIAŁOGARD RUN	Open Kobiet	98	11:30	00:56:39	02:42:10.75	02:42:10.75	+01:44:42 (64.6%)	16:13	3.7 (35.6%)
807	DUKAT Sandra	3114	LEMON TEAM	Open Kobiet	99	11:15	00:57:05	02:42:12.15	02:42:12.15	+01:44:44 (64.6%)	16:13	3.7 (35.6%)
808	FRĄCKOWIAK Kinga	3121	PATUS TEAM	Open Kobiet	100	11:15	00:54:21	02:42:12.70	02:42:12.70	+01:44:44 (64.6%)	16:13	3.7 (35.6%)
809	ZARĘBA Justyna	2755	SPORTERA OCR	Open Kobiet	101	10:30	01:04:01	02:42:13.00	02:42:13.00	+01:44:45 (64.6%)	16:13	3.7 (35.6%)
810	WAŻNY Mateusz	2684		Open Mężczyzn	489	09:30	00:53:37	02:42:15.10	02:42:15.10	+01:44:47 (64.6%)	16:13	3.7 (35.6%)
811	CŁAPA Mateusz	3156		Open Mężczyzn	490	11:15	00:46:35	02:42:16.65	02:42:16.65	+01:44:48 (64.6%)	16:13	3.7 (35.6%)
812	KUNICKI Robert	2175	ANIELSKI ORSZAK	Open Masters Mężczyzn	112	09:30	00:58:22	02:42:17.30	02:42:17.30	+01:44:49 (64.6%)	16:13	3.7 (35.6%)
813	JAGIELUK Jurand	2174	ANIELSKI ORSZAK	Open Masters Mężczyzn	113	09:30	00:58:20	02:42:17.40	02:42:17.40	+01:44:49 (64.6%)	16:13	3.7 (35.6%)
814	BŁASZKIEWICZ Paulina	3267		Open Kobiet	102	11:30	00:53:54	02:42:21.45	02:42:21.45	+01:44:53 (64.6%)	16:14	3.7 (35.6%)
815	ZYCH Zbyszek	3093	CARBON OCR RACING TEAM	Open Masters Mężczyzn	114	11:15	00:39:21	02:42:23.05	02:42:23.05	+01:44:55 (64.6%)	16:14	3.7 (35.6%)
816	RADWAŃSKI Patryk	3244	MOMO TEAM	Open Mężczyzn	491	11:30	00:52:03	02:42:23.70	02:42:23.70	+01:44:55 (64.6%)	16:14	3.7 (35.6%)
817	SIEKIERSKI Tomasz	2809		Open Masters Mężczyzn	115	10:30	00:53:38	02:42:26.10	02:42:26.10	+01:44:58 (64.6%)	16:14	3.7 (35.6%)
818	PIONTEK Krzysztof	2489	SOCIOS SILESIA	Open Masters Mężczyzn	116	10:00	00:49:33	02:42:47.60	02:42:47.60	+01:45:19 (64.7%)	16:16	3.7 (35.6%)
819	POLAK Dawid	2971	GRINGOS	Open Mężczyzn	492	11:00	00:54:00	02:42:59.90	02:42:59.90	+01:45:31 (64.7%)	16:17	3.7 (35.6%)
820	KORDEK Dawid	3122	PATUS TEAM	Open Mężczyzn	493	11:15	00:54:20	02:43:01.20	02:43:01.20	+01:45:33 (64.7%)	16:18	3.7 (35.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
821	SZCZĘCH Damian	3484		Open Mężczyzn	494	09:30	00:52:32	02:43:02.15	02:43:02.15	+01:45:34 (64.8%)	16:18	3.7 (35.6%)
822	JAS Mariusz	2486	SOCIOS SILESIA	Open Mężczyzn	495	10:00	00:49:28	02:43:02.80	02:43:02.80	+01:45:34 (64.8%)	16:18	3.7 (35.6%)
823	KĘDZIA Przemysław	2172	ALPAKA	Open Mężczyzn	496	09:30	00:46:11	02:43:14.80	02:43:14.80	+01:45:46 (64.8%)	16:19	3.7 (35.6%)
824	SZYROKI Henryk	2490	SOCIOS SILESIA	Open Masters Mężczyzn	117	10:00	00:53:39	02:43:30.30	02:43:30.30	+01:46:02 (64.9%)	16:21	3.7 (35.6%)
824	REGUŁA Małgorzata	2533		Open Kobiet	103	10:00	00:54:02	02:43:30.30	02:43:30.30	+01:46:02 (64.9%)	16:21	3.7 (35.6%)
826	MOŁDRZYK Kinga	2487	SOCIOS SILESIA	Open Kobiet	104	10:00	00:54:01	02:43:30.90	02:43:30.90	+01:46:02 (64.9%)	16:21	3.7 (35.6%)
826	REGUŁA Zbigniew	2534		Open Mężczyzn	497	10:00	00:54:03	02:43:30.90	02:43:30.90	+01:46:02 (64.9%)	16:21	3.7 (35.6%)
828	PAŁAŻY Nina	2488	SOCIOS SILESIA	Open Kobiet	105	10:00	00:54:03	02:43:31.10	02:43:31.10	+01:46:03 (64.9%)	16:21	3.7 (35.6%)
829	BORCHERT Marcin	2483	SOCIOS SILESIA	Open Mężczyzn	498	10:00	00:53:57	02:43:31.30	02:43:31.30	+01:46:03 (64.9%)	16:21	3.7 (35.6%)
830	TRYBUŚ Kamil	2291		Open Mężczyzn	499	09:30	00:54:28	02:44:15.65	02:44:15.65	+01:46:47 (65.0%)	16:25	3.7 (35.6%)
831	STELMACH Grzegorz	3208		Open Mężczyzn	500	11:15	00:39:24	02:44:16.35	02:44:16.35	+01:46:48 (65.0%)	16:25	3.7 (35.6%)
832	KRASKA Justyna	2348	MODZAJTO	Open Kobiet	106	09:45	00:59:13	02:44:18.20	02:44:18.20	+01:46:50 (65.0%)	16:25	3.7 (35.6%)
833	PAZIKOWSKI Robert	2349	MODZAJTO	Open Mężczyzn	501	09:45	00:59:13	02:44:19.10	02:44:19.10	+01:46:51 (65.0%)	16:25	3.7 (35.6%)
834	IGNACIUK Jacek	2593	KULTURA SPORTU - DZIKI Z FREESTYLEPARKU	Open Masters Mężczyzn	118	10:15	00:52:55	02:44:31.25	02:44:31.25	+01:47:03 (65.1%)	16:27	3.6 (34.6%)
835	OWCZAREK Grzegorz	2596	KULTURA SPORTU - DZIKI Z FREESTYLEPARKU	Open Masters Mężczyzn	119	10:15	00:52:57	02:44:31.80	02:44:31.80	+01:47:03 (65.1%)	16:27	3.6 (34.6%)
836	TUROWSKA Anna	2947		Open Kobiet	107	10:45	00:55:21	02:44:41.75	02:44:41.75	+01:47:13 (65.1%)	16:28	3.6 (34.6%)
837	JANISZEWSKA Katarzyna	3283		Open Masters Kobiet	26	11:30	00:59:37	02:44:43.95	02:44:43.95	+01:47:16 (65.1%)	16:28	3.6 (34.6%)
838	ZGARDOWSKI Mateusz	3337		Open Mężczyzn	502	11:30	00:59:38	02:44:44.75	02:44:44.75	+01:47:16 (65.1%)	16:28	3.6 (34.6%)
839	PACEK Cezary	2830	CROSS HEROES - OGIEŃ!	Open Mężczyzn	503	10:45	00:55:21	02:44:45.35	02:44:45.35	+01:47:17 (65.1%)	16:28	3.6 (34.6%)
840	HĄC Łukasz	3167		Open Mężczyzn	504	11:15	00:46:56	02:44:53.30	02:44:53.30	+01:47:25 (65.1%)	16:29	3.6 (34.6%)
841	SOBCZYK Sabina	2222	HUSARIA RACE TEAM	Open Kobiet	108	09:30	00:52:27	02:44:54.90	02:44:54.90	+01:47:26 (65.2%)	16:29	3.6 (34.6%)
842	POŚNIK Jan	3199		Open Mężczyzn	505	09:30	00:52:27	02:44:55.20	02:44:55.20	+01:47:27 (65.2%)	16:29	3.6 (34.6%)
843	GARBACKI Maciej	2718	MAŁE DZIKI	Open Mężczyzn	506	10:30	00:48:35	02:44:57.25	02:44:57.25	+01:47:29 (65.2%)	16:29	3.6 (34.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
844	GRABEK Maciej	3226	FABRYKA FORMY GORZÓW WLKP.	Open Mężczyzn	507	11:30	00:52:11	02:45:11.50	02:45:11.50	+01:47:43 (65.2%)	16:31	3.6 (34.6%)
845	CZAJKOWSKI Andrzej	2760	TIIMBO	Open Mężczyzn	508	10:30	01:05:38	02:45:11.75	02:45:11.75	+01:47:43 (65.2%)	16:31	3.6 (34.6%)
846	PAWLIKOWSKA Zuzanna	2752	SPORTERA OCR	Open Kobiet	109	10:30	00:54:36	02:45:14.40	02:45:14.40	+01:47:46 (65.2%)	16:31	3.6 (34.6%)
847	ŚLĘCZKOWSKI Błażej	2753	SPORTERA OCR	Open Mężczyzn	509	10:30	00:55:13	02:45:14.60	02:45:14.60	+01:47:46 (65.2%)	16:31	3.6 (34.6%)
848	SPYCHALSKA Justyna	2754	SPORTERA OCR	Open Kobiet	110	10:30	00:54:13	02:45:14.65	02:45:14.65	+01:47:46 (65.2%)	16:31	3.6 (34.6%)
849	CZAJKA Grzegorz	3157		Open Mężczyzn	510	11:15	00:46:58	02:45:24.90	02:45:24.90	+01:47:56 (65.3%)	16:32	3.6 (34.6%)
850	CHWALISZ Anna	2142	FABRYKA FORMY GORZÓW WLKP.	Open Kobiet	111	11:30	00:52:18	02:45:25.05	02:45:25.05	+01:47:57 (65.3%)	16:32	3.6 (34.6%)
851	BOGDAŁ Michał	2751	SPINKI I DRABINKI	Open Mężczyzn	511	10:30	00:47:05	02:45:29.10	02:45:29.10	+01:48:01 (65.3%)	16:32	3.6 (34.6%)
852	MAJWALD Marcela	3183		Open Kobiet	112	11:15	00:56:31	02:45:29.20	02:45:29.20	+01:48:01 (65.3%)	16:32	3.6 (34.6%)
853	BOGDAŁ Adam	2750	SPINKI I DRABINKI	Open Mężczyzn	512	10:30	00:47:05	02:45:29.25	02:45:29.25	+01:48:01 (65.3%)	16:32	3.6 (34.6%)
854	SZATKOWSKI Kamil	2283		Open Mężczyzn	513	09:30	00:45:06	02:45:35.65	02:45:35.65	+01:48:07 (65.3%)	16:33	3.6 (34.6%)
855	BUDNER Justyna	3153		Open Kobiet	113	11:15	00:53:32	02:45:40.65	02:45:40.65	+01:48:12 (65.3%)	16:34	3.6 (34.6%)
856	BĄK Piotr	3151		Open Mężczyzn	514	11:15	00:53:32	02:45:41.85	02:45:41.85	+01:48:13 (65.3%)	16:34	3.6 (34.6%)
857	WIDUTO Andrzej	2571	ELECTROLUX ŚWIDNICA	Open Mężczyzn	515	10:15	01:00:56	02:45:52.65	02:45:52.65	+01:48:24 (65.4%)	16:35	3.6 (34.6%)
858	ZARZECZNY Marcin	2715	HUSARIA RACE TEAM	Open Mężczyzn	516	10:30	00:45:16	02:45:58.55	02:45:58.55	+01:48:30 (65.4%)	16:35	3.6 (34.6%)
859	PAPROCKI Bartłomiej	2674		Open Masters Mężczyzn	120	10:15	00:44:45	02:46:06.45	02:46:06.45	+01:48:38 (65.4%)	16:36	3.6 (34.6%)
860	OGRODOWCZYK Krzysztof	2404		Open Mężczyzn	517	09:45	00:55:39	02:46:06.80	02:46:06.80	+01:48:38 (65.4%)	16:36	3.6 (34.6%)
861	KRÓLAK Kornel	2531		Open Mężczyzn	518	09:45	00:55:38	02:46:11.00	02:46:11.00	+01:48:43 (65.4%)	16:37	3.6 (34.6%)
862	KOZŁOWSKI Dawid	2600	NIE W SZCZEPIONKĘ TEAM	Open Mężczyzn	519	10:00	00:42:54	02:46:15.45	02:46:15.45	+01:48:47 (65.4%)	16:37	3.6 (34.6%)
863	OTOMAŃSKI Daniel	2798		Open Mężczyzn	520	10:30	00:53:57	02:46:20.20	02:46:20.20	+01:48:52 (65.5%)	16:38	3.6 (34.6%)
864	TROJANOWSKA Dominika	3328		Open Kobiet	114	11:30	00:58:35	02:46:22.75	02:46:22.75	+01:48:54 (65.5%)	16:38	3.6 (34.6%)
865	MRÓWCZYŃSKI Paweł	3301		Open Mężczyzn	521	11:30	00:58:36	02:46:23.95	02:46:23.95	+01:48:56 (65.5%)	16:38	3.6 (34.6%)
866	DWORNICZAK Tomasz	2748	SOCIOS SILESIA	Open Mężczyzn	522	10:30	00:52:02	02:46:29.15	02:46:29.15	+01:49:01 (65.5%)	16:38	3.6 (34.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
867	WIĘCEK Urszula	3333		Open Kobiet	115	11:30	00:58:35	02:46:30.40	02:46:30.40	+01:49:02 (65.5%)	16:39	3.6 (34.6%)
868	TARNOWSKA Dorota	2554	#NDGTEAM	Open Kobiet	116	10:15	00:51:47	02:46:30.50	02:46:30.50	+01:49:02 (65.5%)	16:39	3.6 (34.6%)
869	SULSKI Łukasz	2692	EKO-OKNA RUNNERS	Open Mężczyzn	523	10:30	01:02:57	02:46:51.60	02:46:51.60	+01:49:23 (65.6%)	16:41	3.6 (34.6%)
870	CZARNOTA Grzegorz	2648		Open Mężczyzn	524	10:15	00:45:47	02:46:53.40	02:46:53.40	+01:49:25 (65.6%)	16:41	3.6 (34.6%)
871	IWANOWSKI Kamil	2655		Open Mężczyzn	525	10:15	00:45:53	02:46:54.05	02:46:54.05	+01:49:26 (65.6%)	16:41	3.6 (34.6%)
872	METELSKA Justyna	3187		Open Kobiet	117	11:15	00:57:29	02:46:55.65	02:46:55.65	+01:49:27 (65.6%)	16:41	3.6 (34.6%)
873	METELSKA Paulina	3189		Open Kobiet	118	11:15	00:57:27	02:46:55.90	02:46:55.90	+01:49:27 (65.6%)	16:41	3.6 (34.6%)
874	METELSKA Karolina	3188		Open Kobiet	119	11:15	00:57:26	02:46:56.00	02:46:56.00	+01:49:28 (65.6%)	16:41	3.6 (34.6%)
875	SZEWCZYK Katarzyna	2144		Open Masters Kobiet	27	11:45	00:55:51	02:47:20.30	02:47:20.30	+01:49:52 (65.7%)	16:44	3.6 (34.6%)
876	SURDACKA Edyta	2145		Open Kobiet	120	11:45	00:55:52	02:47:20.75	02:47:20.75	+01:49:52 (65.7%)	16:44	3.6 (34.6%)
877	HAN Kamilla	2368	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	121	09:45	00:59:28	02:47:21.75	02:47:21.75	+01:49:53 (65.7%)	16:44	3.6 (34.6%)
878	JAGLIŃSKI Rafał	2369	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	526	09:45	00:59:28	02:47:22.15	02:47:22.15	+01:49:54 (65.7%)	16:44	3.6 (34.6%)
879	NOWAK Łukasz	3096	FF RED TEAM	Open Mężczyzn	527	11:15	00:56:21	02:47:31.40	02:47:31.40	+01:50:03 (65.7%)	16:45	3.6 (34.6%)
880	STOLARCZYK Jarosław	3076		Open Mężczyzn	528	11:00	00:55:16	02:47:32.50	02:47:32.50	+01:50:04 (65.7%)	16:45	3.6 (34.6%)
881	MAJWALD Janusz	3182		Open Masters Mężczyzn	121	11:15	00:56:30	02:47:34.50	02:47:34.50	+01:50:06 (65.7%)	16:45	3.6 (34.6%)
882	SZWUGIER Radosław	3324		Open Mężczyzn	529	11:30	00:53:14	02:47:35.55	02:47:35.55	+01:50:07 (65.7%)	16:45	3.6 (34.6%)
883	JURKOW Paweł	3169		Open Mężczyzn	530	11:15	00:59:35	02:47:38.35	02:47:38.35	+01:50:10 (65.7%)	16:45	3.6 (34.6%)
884	BURDZY Magdalena	3154		Open Kobiet	122	11:15	00:59:38	02:47:38.70	02:47:38.70	+01:50:10 (65.7%)	16:45	3.6 (34.6%)
885	KRYSZTOFIAK Damian	2442	HUSARIA RACE TEAM	Open Mężczyzn	531	10:00	00:52:56	02:47:39.55	02:47:39.55	+01:50:11 (65.7%)	16:45	3.6 (34.6%)
886	JANCZEWSKI Marcin	2440	HUSARIA RACE TEAM	Open Mężczyzn	532	10:00	00:53:06	02:47:39.70	02:47:39.70	+01:50:11 (65.7%)	16:45	3.6 (34.6%)
887	TAPEREK Mariusz	2455	HUSARIA RACE TEAM	Open Masters Mężczyzn	122	10:00	00:53:06	02:47:39.95	02:47:39.95	+01:50:12 (65.7%)	16:45	3.6 (34.6%)
887	WITKOWSKA Anna	2505	UNDER ARMOUR	Open Kobiet	123	10:00	00:52:45	02:47:39.95	02:47:39.95	+01:50:12 (65.7%)	16:45	3.6 (34.6%)
889	WITKOWSKI Paweł	2506	UNDER ARMOUR	Open Mężczyzn	533	10:00	00:52:45	02:47:40.10	02:47:40.10	+01:50:12 (65.7%)	16:46	3.6 (34.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
890	ABRAMCZYK Marta	2437	HUSARIA RACE TEAM	Open Kobiet	124	10:00	00:53:01	02:47:40.30	02:47:40.30	+01:50:12 (65.7%)	16:46	3.6 (34.6%)
891	DOMAN Łukasz	2484	SOCIOS SILESIA	Open Masters Mężczyzn	123	10:00	00:53:59	02:47:44.25	02:47:44.25	+01:50:16 (65.7%)	16:46	3.6 (34.6%)
892	KISIELEWSKI Rafal	3173		Open Masters Mężczyzn	124	11:15	00:59:40	02:47:50.65	02:47:50.65	+01:50:22 (65.8%)	16:47	3.6 (34.6%)
893	ŚWIĘCH Rafał	3322		Open Masters Mężczyzn	125	11:30	00:57:21	02:47:53.00	02:47:53.00	+01:50:25 (65.8%)	16:47	3.6 (34.6%)
894	ŚWIĘCH Michał	3321		Open Mężczyzn	534	11:30	00:57:22	02:47:53.80	02:47:53.80	+01:50:25 (65.8%)	16:47	3.6 (34.6%)
895	ŚWIĘCICKI Mateusz	3418		Open Mężczyzn	535	11:45	00:50:36	02:47:54.15	02:47:54.15	+01:50:26 (65.8%)	16:47	3.6 (34.6%)
896	MIROWICZ Tomasz	2570	ELECTROLUX ŚWIDNICA	Open Mężczyzn	536	10:15	00:46:39	02:48:05.25	02:48:05.25	+01:50:37 (65.8%)	16:48	3.6 (34.6%)
897	WOŹNIAK Joanna	2089	HUSARIA RACE TEAM	Elite Kobiet	10	09:15	00:33:30	02:48:12.85	02:48:12.85	+01:50:44 (65.8%)	16:49	3.6 (34.6%)
898	RAPIOR Piotr	2150		Open Mężczyzn	537	12:00	01:07:42	02:48:24.40	02:48:24.40	+01:50:56 (65.9%)	16:50	3.6 (34.6%)
899	RUCZEWSKA Klaudia	2339	LUDKI JAGÓDKI	Open Kobiet	125	09:45	01:01:47	02:48:25.80	02:48:25.80	+01:50:57 (65.9%)	16:50	3.6 (34.6%)
900	WEBER Patryk	2341	LUDKI JAGÓDKI	Open Mężczyzn	538	09:45	01:01:48	02:48:27.00	02:48:27.00	+01:50:59 (65.9%)	16:50	3.6 (34.6%)
901	WEBER Jakub	2340	LUDKI JAGÓDKI	Open Mężczyzn	539	09:45	01:01:49	02:48:28.30	02:48:28.30	+01:51:00 (65.9%)	16:50	3.6 (34.6%)
902	SZWED Marek	3097	FF RED TEAM	Open Mężczyzn	540	11:15	00:56:39	02:48:29.00	02:48:29.00	+01:51:01 (65.9%)	16:50	3.6 (34.6%)
903	DYDUCH Dominika	3393		Open Kobiet	126	09:30	00:56:09	02:48:29.55	02:48:29.55	+01:51:01 (65.9%)	16:50	3.6 (34.6%)
904	DMITRZAK Dominik	2338	LUDKI JAGÓDKI	Open Mężczyzn	541	09:45	01:01:47	02:48:31.00	02:48:31.00	+01:51:03 (65.9%)	16:51	3.6 (34.6%)
905	WILCZEK Lukasz	2296		Open Mężczyzn	542	09:30	00:47:58	02:48:38.35	02:48:38.35	+01:51:10 (65.9%)	16:51	3.6 (34.6%)
906	BANACZKOWSKA Marta	2386	WILK TRENUJE	Open Kobiet	127	09:45	00:59:33	02:48:45.40	02:48:45.40	+01:51:17 (65.9%)	16:52	3.6 (34.6%)
907	BANACZKOWSKI Tomasz	2315	HUSARIA RACE TEAM	Open Mężczyzn	543	09:45	00:59:34	02:48:45.60	02:48:45.60	+01:51:17 (65.9%)	16:52	3.6 (34.6%)
908	DOBROWOLSKI Piotr	3274		Open Mężczyzn	544	11:30	00:53:59	02:48:50.60	02:48:50.60	+01:51:22 (66.0%)	16:53	3.6 (34.6%)
909	SOLARZ Michał	2537		Open Masters Mężczyzn	126	10:00	00:58:28	02:48:55.15	02:48:55.15	+01:51:27 (66.0%)	16:53	3.6 (34.6%)
910	ADAMSKI-HEIN Andrzej	3387		Open Masters Mężczyzn	127	11:45	00:46:46	02:49:08.60	02:49:08.60	+01:51:40 (66.0%)	16:54	3.5 (33.7%)
911	PRASKI Rafał	2407		Open Masters Mężczyzn	128	09:45	00:42:49	02:49:19.65	02:49:19.65	+01:51:51 (66.1%)	16:55	3.5 (33.7%)
912	REDEK Damian	2976	HUSARIA RACE TEAM	Open Mężczyzn	545	11:00	00:50:34	02:49:26.10	02:49:26.10	+01:51:58 (66.1%)	16:56	3.5 (33.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
913	KRZYŻANIAK-DUL Bernadeta	2552	#NDGTEAM	Open Kobiet	128	10:15	00:51:52	02:49:34.50	02:49:34.50	+01:52:06 (66.1%)	16:57	3.5 (33.7%)
914	MIELNIK Natalia	3119	ORGANIC FITNESS	Open Kobiet	129	11:15	00:59:29	02:49:42.30	02:49:42.30	+01:52:14 (66.1%)	16:58	3.5 (33.7%)
915	POHLAND Paweł	3120	ORGANIC FITNESS	Open Mężczyzn	546	11:15	00:59:29	02:49:42.60	02:49:42.60	+01:52:14 (66.1%)	16:58	3.5 (33.7%)
916	JASIŃSKA Alicja	2088	GORĄCY POTOK TEAM	Elite Kobiet	11	09:15	00:31:12	02:49:42.75	02:49:42.75	+01:52:14 (66.1%)	16:58	3.5 (33.7%)
917	PIĘTKA Grzegorz	3071		Open Masters Mężczyzn	129	11:00	00:46:27	02:49:44.80	02:49:44.80	+01:52:16 (66.1%)	16:58	3.5 (33.7%)
918	GÓRNIAK Kamil	3148	TME RUNNERS	Open Mężczyzn	547	11:15	00:58:22	02:49:48.50	02:49:48.50	+01:52:20 (66.2%)	16:58	3.5 (33.7%)
919	RUŁA Tomasz	2535		Open Mężczyzn	548	09:30	00:56:10	02:49:50.00	02:49:50.00	+01:52:22 (66.2%)	16:59	3.5 (33.7%)
920	MARKIEWICZ Dagmara	3243	MOMO TEAM	Open Kobiet	130	11:30	00:52:05	02:49:55.65	02:49:55.65	+01:52:27 (66.2%)	16:59	3.5 (33.7%)
921	POSIEWKA Jacek	3310		Open Mężczyzn	549	11:30	00:53:59	02:50:01.65	02:50:01.65	+01:52:33 (66.2%)	17:00	3.5 (33.7%)
922	KOŁODZIEJ Agata	3290		Open Kobiet	131	11:30	00:49:57	02:50:03.90	02:50:03.90	+01:52:35 (66.2%)	17:00	3.5 (33.7%)
923	MAZGAJ Konrad	3297		Open Mężczyzn	550	11:30	00:49:56	02:50:04.45	02:50:04.45	+01:52:36 (66.2%)	17:00	3.5 (33.7%)
924	MORDALSKI Jakub	3018	TEAM ULANI	Open Mężczyzn	551	11:00	00:49:57	02:50:08.10	02:50:08.10	+01:52:40 (66.2%)	17:00	3.5 (33.7%)
925	MASTALERZ Jakub	3017	TEAM ULANI	Open Mężczyzn	552	11:00	00:49:57	02:50:11.80	02:50:11.80	+01:52:43 (66.2%)	17:01	3.5 (33.7%)
926	WIDZIŃSKI Piotr	2352	NINJA LUDKI	Open Mężczyzn	553	10:00	00:53:17	02:50:18.50	02:50:18.50	+01:52:50 (66.3%)	17:01	3.5 (33.7%)
927	PIOTROWSKI Jerzy	2237	POWER TRAINING	Open Masters Mężczyzn	130	09:30	00:57:04	02:50:21.55	02:50:21.55	+01:52:53 (66.3%)	17:02	3.5 (33.7%)
928	JERSAK Jakub	2780		Open Mężczyzn	554	10:30	00:53:55	02:50:29.65	02:50:29.65	+01:53:01 (66.3%)	17:02	3.5 (33.7%)
929	GRUBBA Rafał	2921		Open Mężczyzn	555	10:45	00:55:47	02:50:39.95	02:50:39.95	+01:53:12 (66.3%)	17:03	3.5 (33.7%)
930	GRYMEK Dagmara	2557	BEFIT24TEAM	Open Kobiet	132	10:15	00:43:40	02:50:40.65	02:50:40.65	+01:53:12 (66.3%)	17:04	3.5 (33.7%)
931	KRUPA Kamil	2361	PALMA TEAM POLSKA	Open Mężczyzn	556	09:45	00:55:43	02:50:44.90	02:50:44.90	+01:53:16 (66.3%)	17:04	3.5 (33.7%)
932	MROCZKA Szymon	3480	OSP WOLA FILIPOWSKA	Open Mężczyzn	557	11:45	00:49:18	02:50:53.05	02:50:53.05	+01:53:25 (66.4%)	17:05	3.5 (33.7%)
933	CZAJKOWSKA Agnieszka	2759	TIIMBO	Open Kobiet	133	10:30	01:05:37	02:51:02.50	02:51:02.50	+01:53:34 (66.4%)	17:06	3.5 (33.7%)
934	JANIK Paweł	2300	AMFEPAMINA	Open Mężczyzn	558	09:45	00:52:50	02:51:07.15	02:51:07.15	+01:53:39 (66.4%)	17:06	3.5 (33.7%)
935	JACKOWSKI Dawid	3046		Open Mężczyzn	559	11:00	00:56:36	02:51:09.30	02:51:09.30	+01:53:41 (66.4%)	17:06	3.5 (33.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
936	SAJDAK Mateusz	2370	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	560	09:45	00:55:53	02:51:13.20	02:51:13.20	+01:53:45 (66.4%)	17:07	3.5 (33.7%)
937	RUDZIŃSKI Paweł	3200		Open Mężczyzn	561	11:15	00:50:32	02:51:15.75	02:51:15.75	+01:53:47 (66.4%)	17:07	3.5 (33.7%)
938	WIENER Szymon	3098	FF RED TEAM	Open Mężczyzn	562	11:15	00:56:44	02:51:18.55	02:51:18.55	+01:53:50 (66.5%)	17:07	3.5 (33.7%)
939	FRĄCZYK Jędrzej	2650		Open Mężczyzn	563	10:15	00:50:04	02:51:20.20	02:51:20.20	+01:53:52 (66.5%)	17:08	3.5 (33.7%)
940	BUCZNY Bernard	3269		Open Mężczyzn	564	11:30	00:54:15	02:51:28.00	02:51:28.00	+01:54:00 (66.5%)	17:08	3.5 (33.7%)
941	MALINOWSKA Katarzyna	2233	OBY NIE OSTATNI	Open Kobiet	134	09:30	01:11:31	02:51:30.70	02:51:30.70	+01:54:02 (66.5%)	17:09	3.5 (33.7%)
942	ŚWIĘTONIOWSKA Marta	3323		Open Kobiet	135	11:30	00:54:15	02:51:31.65	02:51:31.65	+01:54:03 (66.5%)	17:09	3.5 (33.7%)
943	KUCZERA Agata	3242	MOMO TEAM	Open Kobiet	136	11:30	00:52:04	02:51:47.25	02:51:47.25	+01:54:19 (66.5%)	17:10	3.5 (33.7%)
944	POCH Gabriela	2676		Open Kobiet	137	10:15	00:58:24	02:51:47.30	02:51:47.30	+01:54:19 (66.5%)	17:10	3.5 (33.7%)
945	MUSIOŁ Sonja	2670		Open Kobiet	138	10:15	00:58:24	02:51:47.50	02:51:47.50	+01:54:19 (66.5%)	17:10	3.5 (33.7%)
946	ŁOPAT Łukasz	2795		Open Mężczyzn	565	10:30	00:48:39	02:51:52.00	02:51:52.00	+01:54:24 (66.6%)	17:11	3.5 (33.7%)
947	SCHMIDT Paweł	2560	BEFIT24TEAM	Open Masters Mężczyzn	131	10:15	00:43:40	02:51:53.40	02:51:53.40	+01:54:25 (66.6%)	17:11	3.5 (33.7%)
948	PURCHALAK Paweł	2408		Open Mężczyzn	566	09:45	01:02:15	02:51:56.15	02:51:56.15	+01:54:28 (66.6%)	17:11	3.5 (33.7%)
949	CIEŚLA Krzysztof	2633	WF KOSTRZYN	Open Mężczyzn	567	10:15	00:54:36	02:51:57.25	02:51:57.25	+01:54:29 (66.6%)	17:11	3.5 (33.7%)
950	KOZŁOWSKA Dagmara	3383	WF KOSTRZYN	Open Kobiet	139	10:15	00:50:01	02:52:01.10	02:52:01.10	+01:54:33 (66.6%)	17:12	3.5 (33.7%)
951	WOZNIAK Marzena	3385	WF KOSTRZYN	Open Kobiet	140	10:15	00:50:05	02:52:04.25	02:52:04.25	+01:54:36 (66.6%)	17:12	3.5 (33.7%)
952	SOBCZYK Michał	2680		Open Mężczyzn	568	10:30	00:53:15	02:52:09.40	02:52:09.40	+01:54:41 (66.6%)	17:12	3.5 (33.7%)
953	KŁOSIŃSKA Wiktoria	2691	DRUNKMAGEDOŃCZYCY	Open Kobiet	141	10:30	00:52:48	02:52:10.85	02:52:10.85	+01:54:42 (66.6%)	17:13	3.5 (33.7%)
954	SOBCZYK Barbara	2690	DROGA DO ULTRA	Open Kobiet	142	10:30	00:53:00	02:52:12.15	02:52:12.15	+01:54:44 (66.6%)	17:13	3.5 (33.7%)
955	BENDINGER Krystian	3124	RAZEM TRENUJEMY SPORT	Open Mężczyzn	569	11:15	00:56:18	02:52:14.65	02:52:14.65	+01:54:46 (66.6%)	17:13	3.5 (33.7%)
956	MAZERANT Karolina	3126	RAZEM TRENUJEMY SPORT	Open Kobiet	143	11:15	00:56:19	02:52:15.50	02:52:15.50	+01:54:47 (66.6%)	17:13	3.5 (33.7%)
957	BENDINGER Krzysztof	3125	RAZEM TRENUJEMY SPORT	Open Masters Mężczyzn	132	11:15	00:56:29	02:52:16.10	02:52:16.10	+01:54:48 (66.6%)	17:13	3.5 (33.7%)
958	GORTAT Agnieszka	3164		Open Masters Kobiet	28	11:15	00:56:11	02:52:24.10	02:52:24.10	+01:54:56 (66.7%)	17:14	3.5 (33.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
959	SŁUPIK Barbara	2944		Open Masters Kobiet	29	10:45	01:00:57	02:52:25.20	02:52:25.20	+01:54:57 (66.7%)	17:14	3.5 (33.7%)
960	SKRZYNECKA Agnieszka	2842	LASEROWE BIEDRONKI	Open Kobiet	144	10:45	01:00:57	02:52:25.75	02:52:25.75	+01:54:57 (66.7%)	17:14	3.5 (33.7%)
961	KOSSOWSKI Wojciech	3292		Open Mężczyzn	570	11:30	00:53:16	02:52:30.85	02:52:30.85	+01:55:02 (66.7%)	17:15	3.5 (33.7%)
962	BARAN Konrad	2974	HUMAN OCR	Open Mężczyzn	571	11:00	00:50:40	02:52:31.75	02:52:31.75	+01:55:03 (66.7%)	17:15	3.5 (33.7%)
963	CHĘTKIEWICZ Sandra	3241	MOMO TEAM	Open Kobiet	145	11:30	00:52:05	02:52:35.05	02:52:35.05	+01:55:07 (66.7%)	17:15	3.5 (33.7%)
964	WALENTUKIEWICZ Natalia	3384	WF KOSTRZYŃ	Open Kobiet	146	10:15	00:50:07	02:52:54.50	02:52:54.50	+01:55:26 (66.8%)	17:17	3.5 (33.7%)
965	GUMPERT Mateusz	2635	WF KOSTRZYŃ	Open Mężczyzn	572	10:15		02:52:59.55	02:52:59.55	+01:55:31 (66.8%)	17:17	3.5 (33.7%)
966	MAJKUT Daniel	2301	AMFEPAMINA	Open Masters Mężczyzn	133	09:45	00:53:00	02:53:06.30	02:53:06.30	+01:55:38 (66.8%)	17:18	3.5 (33.7%)
967	SOKÓŁ Dawid	2303	AMFEPAMINA	Open Mężczyzn	573	09:45	00:53:05	02:53:06.80	02:53:06.80	+01:55:38 (66.8%)	17:18	3.5 (33.7%)
968	ZUBIK Waldemar	2305	AMFEPAMINA	Open Mężczyzn	574	09:45	00:52:50	02:53:07.00	02:53:07.00	+01:55:39 (66.8%)	17:18	3.5 (33.7%)
969	MIKOS Marta	2302	AMFEPAMINA	Open Kobiet	147	09:45	00:53:05	02:53:07.60	02:53:07.60	+01:55:39 (66.8%)	17:18	3.5 (33.7%)
970	SOKOŁOWSKA Ewa	2304	AMFEPAMINA	Open Kobiet	148	09:45	00:53:06	02:53:07.90	02:53:07.90	+01:55:39 (66.8%)	17:18	3.5 (33.7%)
971	BENSCH Michał	3152		Open Masters Mężczyzn	134	11:15	00:51:07	02:53:43.40	02:53:43.40	+01:56:15 (66.9%)	17:22	3.5 (33.7%)
972	KANIOWSKI Kamil	2613	ROSSMANN	Open Mężczyzn	575	10:15	00:56:56	02:53:48.30	02:53:48.30	+01:56:20 (66.9%)	17:22	3.5 (33.7%)
973	LACHTARA Marta	2615	ROSSMANN	Open Kobiet	149	10:15	00:56:57	02:53:48.80	02:53:48.80	+01:56:20 (66.9%)	17:22	3.5 (33.7%)
974	BARSZCZ Dominika	2611	ROSSMANN	Open Kobiet	150	10:15	00:56:55	02:53:48.95	02:53:48.95	+01:56:21 (66.9%)	17:22	3.5 (33.7%)
975	ŻYLEWICZ Patrycja	2952		Open Mężczyzn	576	10:45	00:52:44	02:53:52.90	02:53:52.90	+01:56:24 (67.0%)	17:23	3.5 (33.7%)
976	SZADZEWICZ Monika	2946		Open Masters Kobiet	30	10:45	00:52:00	02:53:53.10	02:53:53.10	+01:56:25 (67.0%)	17:23	3.5 (33.7%)
977	MADERA Kamil	3181		Open Mężczyzn	577	11:15	00:55:36	02:53:54.10	02:53:54.10	+01:56:26 (67.0%)	17:23	3.5 (33.7%)
978	JÓZWIAKOWSKA Weronika	2781		Open Kobiet	151	10:30	00:56:52	02:54:06.10	02:54:06.10	+01:56:38 (67.0%)	17:24	3.4 (32.7%)
979	GRUNDKOWSKI Oskar	2775		Open Mężczyzn	578	10:30	00:56:52	02:54:06.30	02:54:06.30	+01:56:38 (67.0%)	17:24	3.4 (32.7%)
980	WYSOCKA Klaudia	2195	CARBON OCR RACING TEAM	Open Kobiet	152	09:30	00:51:23	02:54:26.65	02:54:26.65	+01:56:58 (67.1%)	17:26	3.4 (32.7%)
981	SZKLARSKI Przemysław	2192	CARBON OCR RACING TEAM	Open Mężczyzn	579	09:30	00:52:18	02:54:26.80	02:54:26.80	+01:56:58 (67.1%)	17:26	3.4 (32.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
981	PTAK Daniel	2329	HUSARIA RACE TEAM	Open Mężczyzn	579	09:45	00:51:20	02:54:26.80	02:54:26.80	+01:56:58 (67.1%)	17:26	3.4 (32.7%)
983	PTAK Patrycja	2330	HUSARIA RACE TEAM	Open Kobiet	153	09:45	00:51:15	02:54:26.85	02:54:26.85	+01:56:58 (67.1%)	17:26	3.4 (32.7%)
984	MAJOWSKI Michał	2186	CARBON OCR RACING TEAM	Open Mężczyzn	581	09:30	00:51:45	02:54:26.95	02:54:26.95	+01:56:59 (67.1%)	17:26	3.4 (32.7%)
985	WRZOSEK Patryk	2194	CARBON OCR RACING TEAM	Open Mężczyzn	582	09:30	00:52:09	02:54:27.00	02:54:27.00	+01:56:59 (67.1%)	17:26	3.4 (32.7%)
986	SKWAREK Tomasz	2190	CARBON OCR RACING TEAM	Open Mężczyzn	583	09:30	00:51:39	02:54:27.25	02:54:27.25	+01:56:59 (67.1%)	17:26	3.4 (32.7%)
986	WRZOSEK Karolina	2193	CARBON OCR RACING TEAM	Open Kobiet	154	09:30	00:52:09	02:54:27.25	02:54:27.25	+01:56:59 (67.1%)	17:26	3.4 (32.7%)
986	PIETRAS Mariola	2433	CARBON OCR RACING TEAM	Open Kobiet	154	09:30	00:51:22	02:54:27.25	02:54:27.25	+01:56:59 (67.1%)	17:26	3.4 (32.7%)
989	STANCLIK Krzysztof	2191	CARBON OCR RACING TEAM	Open Mężczyzn	584	09:30	00:51:46	02:54:27.30	02:54:27.30	+01:56:59 (67.1%)	17:26	3.4 (32.7%)
990	HUS Natalia	2432	CARBON OCR RACING TEAM	Open Kobiet	156	09:30	00:52:04	02:54:27.60	02:54:27.60	+01:56:59 (67.1%)	17:26	3.4 (32.7%)
991	WUJEK Tobiasz	3012	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	585	11:00	00:54:10	02:54:40.40	02:54:40.40	+01:57:12 (67.1%)	17:28	3.4 (32.7%)
992	CZAJKOWSKI Marek	2761	TIIMBO	Open Mężczyzn	586	10:30	01:05:38	02:54:50.20	02:54:50.20	+01:57:22 (67.1%)	17:29	3.4 (32.7%)
993	WITKOWSKI Arkadiusz	2975	HUMAN OCR	Open Mężczyzn	587	11:00	00:50:34	02:54:51.80	02:54:51.80	+01:57:23 (67.1%)	17:29	3.4 (32.7%)
994	POMORSKI Paweł	3214	ABB RUN 1.0	Open Mężczyzn	588	11:30	00:58:22	02:55:08.20	02:55:08.20	+01:57:40 (67.2%)	17:30	3.4 (32.7%)
995	CHWIAŁKOWSKI Artur	3211	ABB RUN 1.0	Open Mężczyzn	589	11:30	00:58:16	02:55:08.30	02:55:08.30	+01:57:40 (67.2%)	17:30	3.4 (32.7%)
995	DAJCZER Jakub	3212	ABB RUN 1.0	Open Mężczyzn	589	11:30	00:57:45	02:55:08.30	02:55:08.30	+01:57:40 (67.2%)	17:30	3.4 (32.7%)
997	JÓŻWIK Martyna	3213	ABB RUN 1.0	Open Kobiet	157	11:30	00:57:57	02:55:08.45	02:55:08.45	+01:57:40 (67.2%)	17:30	3.4 (32.7%)
997	WALKIEWICZ Bogusław	3215	ABB RUN 1.0	Open Masters Mężczyzn	135	11:30	00:57:55	02:55:08.45	02:55:08.45	+01:57:40 (67.2%)	17:30	3.4 (32.7%)
999	WITEK Marcin	3216	ABB RUN 1.0	Open Mężczyzn	591	11:30	00:58:15	02:55:08.50	02:55:08.50	+01:57:40 (67.2%)	17:30	3.4 (32.7%)
999	WYRZYKOWSKI Maciej	3217	ABB RUN 1.0	Open Mężczyzn	591	11:30	00:58:15	02:55:08.50	02:55:08.50	+01:57:40 (67.2%)	17:30	3.4 (32.7%)
1001	RYBKA Zuzanna	2101	UNITED RUNNERS	Open Kobiet	158	09:15	00:44:24	02:55:15.05	02:55:15.05	+01:57:47 (67.2%)	17:31	3.4 (32.7%)
1002	ROMAN Damian	3313		Open Mężczyzn	593	11:30	00:54:04	02:55:18.35	02:55:18.35	+01:57:50 (67.2%)	17:31	3.4 (32.7%)
1003	STASIAK Piotr	3206		Open Mężczyzn	594	11:15	00:47:30	02:55:23.65	02:55:23.65	+01:57:55 (67.2%)	17:32	3.4 (32.7%)
1004	ANUSZCZYK Mariusz	3026		Open Masters Mężczyzn	136	11:15	00:37:29	02:55:41.70	02:55:41.70	+01:58:13 (67.3%)	17:34	3.4 (32.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1005	GRACZYK Jacek	2321	HUSARIA RACE TEAM	Open Mężczyzn	595	09:30	00:39:38	02:55:56.15	02:55:56.15	+01:58:28 (67.3%)	17:35	3.4 (32.7%)
1006	KOŃSKI Maciej	2151		Open Mężczyzn	596	11:45	00:55:52	02:56:02.75	02:56:02.75	+01:58:34 (67.4%)	17:36	3.4 (32.7%)
1007	ŚLESZYŃSKI Jan	2960	BURPEES BROTHERS	Open Mężczyzn	597	11:45	00:55:44	02:56:03.10	02:56:03.10	+01:58:35 (67.4%)	17:36	3.4 (32.7%)
1008	SOBCZYK Alicja	2765	WATAHA	Open Kobiet	159	10:30	00:53:22	02:56:06.40	02:56:06.40	+01:58:38 (67.4%)	17:36	3.4 (32.7%)
1009	MIELCZAREK Adam	2569	ELECTROLUX ŚWIDNICA	Open Mężczyzn	598	10:15	00:46:40	02:56:25.85	02:56:25.85	+01:58:57 (67.4%)	17:38	3.4 (32.7%)
1010	MUSIAŁ-ŁOKIETEK Katarzyna	2669		Open Masters Kobiet	31	09:45	01:05:25	02:56:29.00	02:56:29.00	+01:59:01 (67.4%)	17:38	3.4 (32.7%)
1011	KILKA Dorota	3172		Open Kobiet	160	11:15	00:54:13	02:56:29.55	02:56:29.55	+01:59:01 (67.4%)	17:38	3.4 (32.7%)
1012	NAPIERAJ Katarzyna	2188	CARBON OCR RACING TEAM	Open Kobiet	161	09:30	00:51:24	02:56:33.00	02:56:33.00	+01:59:05 (67.5%)	17:39	3.4 (32.7%)
1013	TUREK Bartek	2544		Open Mężczyzn	599	09:45	01:01:44	02:56:38.75	02:56:38.75	+01:59:10 (67.5%)	17:39	3.4 (32.7%)
1014	LASKOWSKA Angelika	2478	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	162	09:45	01:01:44	02:56:39.60	02:56:39.60	+01:59:11 (67.5%)	17:39	3.4 (32.7%)
1015	STANISŁAWSKI Karol	3205		Open Mężczyzn	600	11:15	00:59:55	02:56:43.50	02:56:43.50	+01:59:15 (67.5%)	17:40	3.4 (32.7%)
1016	STANISŁAWSKA Agata	3204		Open Kobiet	163	11:15	00:59:55	02:56:43.80	02:56:43.80	+01:59:15 (67.5%)	17:40	3.4 (32.7%)
1017	WALASZEK Maciej	2872	RMF4RT GLADIATORS	Open Mężczyzn	601	10:15	00:53:12	02:56:48.00	02:56:48.00	+01:59:20 (67.5%)	17:40	3.4 (32.7%)
1018	WNOROWSKA Magdalena	2473	RMF4RT GLADIATORS	Open Masters Kobiet	32	10:00	00:54:53	02:56:49.05	02:56:49.05	+01:59:21 (67.5%)	17:40	3.4 (32.7%)
1019	AMBROŻY Arkadiusz	2387		Open Mężczyzn	602	09:45	00:49:08	02:56:50.90	02:56:50.90	+01:59:22 (67.5%)	17:41	3.4 (32.7%)
1020	ZARZYCKI Konrad	3248	MULTIFITT	Open Masters Mężczyzn	137	11:30	00:52:22	02:57:01.75	02:57:01.75	+01:59:33 (67.5%)	17:42	3.4 (32.7%)
1021	ŚWIĘTEK Agnieszka	2143		Open Kobiet	164	11:30	00:52:23	02:57:01.80	02:57:01.80	+01:59:33 (67.5%)	17:42	3.4 (32.7%)
1022	SUCHOCKA Monika	3246	MULTIFITT	Open Kobiet	165	11:30	00:52:22	02:57:01.85	02:57:01.85	+01:59:33 (67.5%)	17:42	3.4 (32.7%)
1022	ZARZYCKA Magdalena	3247	MULTIFITT	Open Masters Kobiet	33	11:30	00:52:27	02:57:01.85	02:57:01.85	+01:59:33 (67.5%)	17:42	3.4 (32.7%)
1024	ALEKSANDROWICZ Rafał	2850	PRIME FITNESS RUNMAGEDDON TEAM	Open Masters Mężczyzn	138	10:45	01:05:58	02:57:16.25	02:57:16.25	+01:59:48 (67.6%)	17:43	3.4 (32.7%)
1025	KRAWCZYK Sebastian	3478		Open Mężczyzn	603	09:45	01:05:24	02:57:35.30	02:57:35.30	+02:00:07 (67.6%)	17:45	3.4 (32.7%)
1026	MAŁOLEPSZA Paulina	2403		Open Kobiet	166	09:45	01:05:29	02:57:36.45	02:57:36.45	+02:00:08 (67.6%)	17:45	3.4 (32.7%)
1027	BUNIKOWSKA Emilia	2576	HUSARIA RACE TEAM	Open Kobiet	167	10:15	01:02:22	02:57:55.10	02:57:55.10	+02:00:27 (67.7%)	17:47	3.4 (32.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1028	GAJO Natalia	3161		Open Kobiet	168	11:15	00:59:44	02:57:59.15	02:57:59.15	+02:00:31 (67.7%)	17:47	3.4 (32.7%)
1029	SKUPIEŃ Lech	2705	FIT & MORE RYBNIK	Open Mężczyzn	604	10:30	00:55:23	02:58:08.60	02:58:08.60	+02:00:40 (67.7%)	17:48	3.4 (32.7%)
1030	SIKORA Mateusz	3203		Open Mężczyzn	605	11:15	00:52:27	02:58:27.30	02:58:27.30	+02:00:59 (67.8%)	17:50	3.4 (32.7%)
1031	STARĘGA Paulina	2539		Open Kobiet	169	10:00	00:57:41	02:58:27.75	02:58:27.75	+02:00:59 (67.8%)	17:50	3.4 (32.7%)
1032	SOCHA Kamil	2824	ANONYGO	Open Mężczyzn	606	10:45	00:50:29	02:58:28.35	02:58:28.35	+02:01:00 (67.8%)	17:50	3.4 (32.7%)
1033	PAROŃ Krzysztof	3196		Open Mężczyzn	607	11:15	00:52:29	02:58:28.60	02:58:28.60	+02:01:00 (67.8%)	17:50	3.4 (32.7%)
1034	LEŚNIK Damian	3178		Open Mężczyzn	608	11:15	00:52:28	02:58:30.10	02:58:30.10	+02:01:02 (67.8%)	17:51	3.4 (32.7%)
1035	MROCZKA Tadeusz	2724	OSP WOLA FILIPOWSKA	Open Masters Mężczyzn	139	11:45	00:45:27	02:58:34.00	02:58:34.00	+02:01:06 (67.8%)	17:51	3.4 (32.7%)
1036	GREGORCZYK Krzysztof	3454	OSP WOLA FILIPOWSKA	Open Mężczyzn	609	11:45	00:45:24	02:58:34.30	02:58:34.30	+02:01:06 (67.8%)	17:51	3.4 (32.7%)
1037	MROCZKA Joanna	3481	OSP WOLA FILIPOWSKA	Open Kobiet	170	11:45	00:45:20	02:58:35.10	02:58:35.10	+02:01:07 (67.8%)	17:51	3.4 (32.7%)
1038	GAWLIK Karolina	2896	X-TEAM TARNÓW	Open Kobiet	171	10:45	00:50:34	02:58:37.35	02:58:37.35	+02:01:09 (67.8%)	17:51	3.4 (32.7%)
1039	KMIECIK Marcin	2711	HUSARIA RACE TEAM	Open Mężczyzn	610	10:30	01:06:10	02:58:43.90	02:58:43.90	+02:01:15 (67.8%)	17:52	3.4 (32.7%)
1040	KMIECIK Justyna	2710	HUSARIA RACE TEAM	Open Kobiet	172	10:30	01:06:10	02:58:44.45	02:58:44.45	+02:01:16 (67.8%)	17:52	3.4 (32.7%)
1041	MOKSIK Agnieszka	2699	FIT & MORE RYBNIK	Open Masters Kobiet	34	10:30	00:55:14	02:58:45.20	02:58:45.20	+02:01:17 (67.9%)	17:52	3.4 (32.7%)
1042	GRZYWACZ Aurelia	2523		Open Kobiet	173	10:00	01:00:25	02:58:59.70	02:58:59.70	+02:01:31 (67.9%)	17:53	3.4 (32.7%)
1043	WYRZYKIEWICZ Jakub	2422		Open Mężczyzn	611	09:45	01:09:36	02:59:00.85	02:59:00.85	+02:01:32 (67.9%)	17:54	3.4 (32.7%)
1044	BENDLEWSKA Sandra	2388		Open Kobiet	174	09:45	01:09:36	02:59:01.15	02:59:01.15	+02:01:33 (67.9%)	17:54	3.4 (32.7%)
1045	KUNCE Daniel	2956	BEERS FORCE ONE	Open Mężczyzn	612	11:00	00:56:56	02:59:02.60	02:59:02.60	+02:01:34 (67.9%)	17:54	3.4 (32.7%)
1045	KRZAK Łukasz	2988	ŁOWCY PIEROŻKÓW	Open Mężczyzn	612	11:00	00:55:27	02:59:02.60	02:59:02.60	+02:01:34 (67.9%)	17:54	3.4 (32.7%)
1047	SOBCZYK Ligia	3429	PACZKOŚWIRY	Open Kobiet	175	12:00	01:07:50	02:59:08.15	02:59:08.15	+02:01:40 (67.9%)	17:54	3.3 (31.7%)
1048	KITA Grzegorz	3053		Open Masters Mężczyzn	140	11:00	00:59:27	02:59:17.30	02:59:17.30	+02:01:49 (67.9%)	17:55	3.3 (31.7%)
1049	PODMAGÓRSKI Krzysztof	2378	UTANI GRAN HUR	Open Mężczyzn	614	09:45	00:47:50	02:59:25.40	02:59:25.40	+02:01:57 (68.0%)	17:56	3.3 (31.7%)
1050	KOŚCIELNIAK Paulina	3112	KUŁASÓWKA	Open Kobiet	176	11:15	01:04:01	02:59:33.00	02:59:33.00	+02:02:05 (68.0%)	17:57	3.3 (31.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1051	KOZIEŁ Tomasz	3113	KUŁASÓWKA	Open Mężczyzn	615	11:15	01:04:02	02:59:33.15	02:59:33.15	+02:02:05 (68.0%)	17:57	3.3 (31.7%)
1052	UBYSZ Malwina	3330		Open Kobiet	177	11:15	01:04:00	02:59:34.00	02:59:34.00	+02:02:06 (68.0%)	17:57	3.3 (31.7%)
1053	HODANA Paweł	3111	KUŁASÓWKA	Open Mężczyzn	616	11:15	01:04:02	02:59:35.45	02:59:35.45	+02:02:07 (68.0%)	17:57	3.3 (31.7%)
1054	CZARDYBON Dominik	2985	ŁOWCY PIEROŻKÓW	Open Mężczyzn	617	11:00	00:55:26	02:59:39.70	02:59:39.70	+02:02:11 (68.0%)	17:57	3.3 (31.7%)
1055	NAPIÓRKOWSKA Kaja	2327	HUSARIA RACE TEAM	Open Kobiet	178	09:45	00:47:31	02:59:42.95	02:59:42.95	+02:02:15 (68.0%)	17:58	3.3 (31.7%)
1056	HLEBKO Albin	2881	WATAHA	Open Mężczyzn	618	10:45	00:45:18	02:59:59.30	02:59:59.30	+02:02:31 (68.1%)	17:59	3.3 (31.7%)
1057	PRUS Michał	2882	WATAHA	Open Mężczyzn	619	10:45	00:45:18	03:00:00.60	03:00:00.60	+02:02:32 (68.1%)	18:00	3.3 (31.7%)
1058	BISKUPSKI Karol	3389		Open Mężczyzn	620	11:45	01:05:10	03:00:02.40	03:00:02.40	+02:02:34 (68.1%)	18:00	3.3 (31.7%)
1059	SZYMCZYK Agnieszka	3420		Open Kobiet	179	11:45	01:05:11	03:00:02.55	03:00:02.55	+02:02:34 (68.1%)	18:00	3.3 (31.7%)
1060	MANIEWSKI Maciej	2631	WATAHA	Open Mężczyzn	621	10:15	00:43:35	03:00:03.25	03:00:03.25	+02:02:35 (68.1%)	18:00	3.3 (31.7%)
1061	ŁASKAWSKI Michał	2558	BEFIT24TEAM	Open Mężczyzn	622	10:15	00:43:51	03:00:13.00	03:00:13.00	+02:02:45 (68.1%)	18:01	3.3 (31.7%)
1062	MULLER Rafał	2559	BEFIT24TEAM	Open Mężczyzn	623	10:15	00:44:22	03:00:25.95	03:00:25.95	+02:02:58 (68.2%)	18:02	3.3 (31.7%)
1063	WÓJCICKA Anna	2817		Open Kobiet	180	10:30	00:51:58	03:00:33.75	03:00:33.75	+02:03:05 (68.2%)	18:03	3.3 (31.7%)
1064	JACHIRA Krzysztof	2202	GRYF TEAM	Open Mężczyzn	624	09:30	01:04:43	03:00:41.45	03:00:41.45	+02:03:13 (68.2%)	18:04	3.3 (31.7%)
1065	SENIUK Dawid	2906	X-TEAM TARNÓW	Open Mężczyzn	625	10:45	00:50:35	03:00:46.85	03:00:46.85	+02:03:18 (68.2%)	18:04	3.3 (31.7%)
1066	DUDEK Krzysztof	2574	HIROŁSROMY	Open Mężczyzn	626	10:15	00:54:20	03:00:54.00	03:00:54.00	+02:03:26 (68.2%)	18:05	3.3 (31.7%)
1067	JAWOROWSKA Magdalena	2657		Open Kobiet	181	10:15	00:54:21	03:00:54.50	03:00:54.50	+02:03:26 (68.2%)	18:05	3.3 (31.7%)
1068	ŚWIĘCZKOWSKA Marzanna	2575	HIROŁSROMY	Open Masters Kobiet	35	10:15	00:54:37	03:00:54.70	03:00:54.70	+02:03:26 (68.2%)	18:05	3.3 (31.7%)
1069	PYSZNY Mariusz	2704	FIT & MORE RYBNIK	Open Masters Mężczyzn	141	10:30	00:54:54	03:01:00.45	03:01:00.45	+02:03:32 (68.3%)	18:06	3.3 (31.7%)
1070	GAŚSIOROWSKI Miłosz	2895	X-TEAM TARNÓW	Open Mężczyzn	627	10:45	00:53:51	03:01:08.50	03:01:08.50	+02:03:40 (68.3%)	18:06	3.3 (31.7%)
1071	ŁUGOWSKI Łukasz	2957	BEERS FORCE ONE	Open Mężczyzn	628	11:00	00:57:06	03:01:22.30	03:01:22.30	+02:03:54 (68.3%)	18:08	3.3 (31.7%)
1072	ĆWIERTNIA Piotr	2954	BEERS FORCE ONE	Open Mężczyzn	629	11:00	00:57:17	03:01:24.60	03:01:24.60	+02:03:56 (68.3%)	18:08	3.3 (31.7%)
1073	RATAJ Sylwia	2958	BEERS FORCE ONE	Open Kobiet	182	11:00	00:57:17	03:01:24.75	03:01:24.75	+02:03:56 (68.3%)	18:08	3.3 (31.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1074	SZCZYPKOWSKI Łukasz	2959	BEERS FORCE ONE	Open Mężczyzn	630	11:00	00:57:16	03:01:26.90	03:01:26.90	+02:03:58 (68.3%)	18:08	3.3 (31.7%)
1075	KOKOTEK Alicja	3402		Open Kobiet	183	11:45	01:01:10	03:01:39.30	03:01:39.30	+02:04:11 (68.4%)	18:09	3.3 (31.7%)
1076	MOTYLEWSKA Natalia	2701	FIT & MORE RYBNIK	Open Kobiet	184	10:30	00:55:16	03:02:21.25	03:02:21.25	+02:04:53 (68.5%)	18:14	3.3 (31.7%)
1077	MOKSIK Jan	2700	FIT & MORE RYBNIK	Open Masters Mężczyzn	142	10:30	00:54:57	03:02:33.85	03:02:33.85	+02:05:05 (68.5%)	18:15	3.3 (31.7%)
1078	JAKUBOWSKA Angelika	2720	MUSTANGI KOBYLANKA	Open Kobiet	185	10:30	00:59:29	03:02:36.15	03:02:36.15	+02:05:08 (68.5%)	18:15	3.3 (31.7%)
1079	RODEK Karolina	3132	SAME KONIE #OLATEAM	Open Kobiet	186	11:15	01:07:03	03:02:40.15	03:02:40.15	+02:05:12 (68.5%)	18:16	3.3 (31.7%)
1080	KARP Ireneusz	2578	HUSARIA RACE TEAM	Open Mężczyzn	631	10:15	00:53:11	03:02:51.10	03:02:51.10	+02:05:23 (68.6%)	18:17	3.3 (31.7%)
1081	RACHWAŁ Marcin	2409		Open Mężczyzn	632	09:45	01:08:14	03:02:55.90	03:02:55.90	+02:05:27 (68.6%)	18:17	3.3 (31.7%)
1082	KIERES Adam	2927		Open Mężczyzn	633	10:45	00:57:46	03:02:57.15	03:02:57.15	+02:05:29 (68.6%)	18:17	3.3 (31.7%)
1083	STEFAŃSKA Magdalena	2412		Open Kobiet	187	09:45	00:58:53	03:03:00.35	03:03:00.35	+02:05:32 (68.6%)	18:18	3.3 (31.7%)
1084	WARZECHA Rafał	3236	LEŻAKI	Open Masters Mężczyzn	143	11:30	00:55:29	03:03:04.75	03:03:04.75	+02:05:36 (68.6%)	18:18	3.3 (31.7%)
1085	JULIKOWSKI Karol	2465	OFF-ROAD RUNNERS BENEFIT SYSTEMS	Open Mężczyzn	634	10:00	00:56:57	03:03:27.50	03:03:27.50	+02:05:59 (68.7%)	18:20	3.3 (31.7%)
1086	RYBAK Paulina	2466	OFF-ROAD RUNNERS BENEFIT SYSTEMS	Open Kobiet	188	10:00	00:56:58	03:03:28.00	03:03:28.00	+02:06:00 (68.7%)	18:20	3.3 (31.7%)
1087	SERKIS Bartosz	3202		Open Mężczyzn	635	11:15	01:00:48	03:03:44.15	03:03:44.15	+02:06:16 (68.7%)	18:22	3.3 (31.7%)
1088	TOKARCZYK Karolina	3209		Open Kobiet	189	11:15	01:00:20	03:03:45.95	03:03:45.95	+02:06:18 (68.7%)	18:22	3.3 (31.7%)
1089	WÓJCICKI Łukasz	2818		Open Mężczyzn	636	10:30	00:52:00	03:03:47.15	03:03:47.15	+02:06:19 (68.7%)	18:22	3.3 (31.7%)
1090	JAKUBOWSKA Anna	2396		Open Kobiet	190	10:00	01:01:20	03:04:03.80	03:04:03.80	+02:06:35 (68.8%)	18:24	3.3 (31.7%)
1091	KRÓL Przemysław	2623	SAMEKONIE- TEAM OLA	Open Mężczyzn	637	11:15	01:07:10	03:04:05.75	03:04:05.75	+02:06:37 (68.8%)	18:24	3.3 (31.7%)
1092	ROROT Dominik	3133	SAME KONIE #OLATEAM	Open Masters Mężczyzn	144	11:15	01:07:03	03:04:06.00	03:04:06.00	+02:06:38 (68.8%)	18:24	3.3 (31.7%)
1093	SOŁTYS Radosław	2431	BOBRY WOJNY	Open Mężczyzn	638	10:00	01:01:30	03:04:07.10	03:04:07.10	+02:06:39 (68.8%)	18:24	3.3 (31.7%)
1094	FRANASZEK Tomasz	2430	BOBRY WOJNY	Open Mężczyzn	639	10:00	01:01:21	03:04:08.25	03:04:08.25	+02:06:40 (68.8%)	18:24	3.3 (31.7%)
1095	BAGIŃSKI Marcin	2719	MUSTANGI KOBYLANKA	Open Mężczyzn	640	10:30	00:59:29	03:04:11.55	03:04:11.55	+02:06:43 (68.8%)	18:25	3.3 (31.7%)
1096	PUCIŁOWSKI Sławomir	3234	LEŻAKI	Open Masters Mężczyzn	145	11:30	00:55:31	03:04:23.85	03:04:23.85	+02:06:55 (68.8%)	18:26	3.3 (31.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1097	KRAKOWIAK Maciej	2477	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	641	10:00	00:58:02	03:04:29.15	03:04:29.15	+02:07:01 (68.9%)	18:26	3.3 (31.7%)
1098	KRAKOWIAK Ewelina	2476	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	191	10:00	00:58:03	03:04:29.25	03:04:29.25	+02:07:01 (68.9%)	18:26	3.3 (31.7%)
1099	KAZUBEK Michał	2528		Open Mężczyzn	642	10:00	01:00:26	03:04:38.95	03:04:38.95	+02:07:11 (68.9%)	18:27	3.2 (30.8%)
1099	ŁĘPICKI Mateusz	2717	LEMON TEAM	Open Mężczyzn	642	10:30	00:57:37	03:04:38.95	03:04:38.95	+02:07:11 (68.9%)	18:27	3.2 (30.8%)
1101	ŁĘPICKA Marta	2791		Open Kobiet	192	10:30	00:57:37	03:04:39.05	03:04:39.05	+02:07:11 (68.9%)	18:27	3.2 (30.8%)
1102	PIOTROWSKA Agnieszka	3432	SIUSIAKI	Open Kobiet	193	12:00	01:13:40	03:05:06.75	03:05:06.75	+02:07:38 (69.0%)	18:30	3.2 (30.8%)
1102	BIAŁOSZEWSKA Martyna	3486	SIUSIAKI	Open Kobiet	193	12:00	01:13:28	03:05:06.75	03:05:06.75	+02:07:38 (69.0%)	18:30	3.2 (30.8%)
1104	WALCZAK Julian	2292		Open Mężczyzn	644	12:00	01:13:24	03:05:07.20	03:05:07.20	+02:07:39 (69.0%)	18:30	3.2 (30.8%)
1105	NADOLNY Kamil	3224	BORATOCR	Open Mężczyzn	645	12:00	01:13:29	03:05:07.50	03:05:07.50	+02:07:39 (69.0%)	18:30	3.2 (30.8%)
1106	WZOREK Małgorzata	2146	SIUSIAKI	Open Kobiet	195	12:00	01:13:23	03:05:08.45	03:05:08.45	+02:07:40 (69.0%)	18:30	3.2 (30.8%)
1107	CHODOWSKI Łukasz	3232	HUSARIA RACE TEAM	Open Mężczyzn	646	12:00	01:13:23	03:05:08.50	03:05:08.50	+02:07:40 (69.0%)	18:30	3.2 (30.8%)
1108	MACIĄG Karolina	3431	SIUSIAKI	Open Kobiet	196	12:00	01:13:40	03:05:09.90	03:05:09.90	+02:07:41 (69.0%)	18:30	3.2 (30.8%)
1109	KAFLOWSKI Artur	2377	UTANI GRAN HUR	Open Mężczyzn	647	09:45	00:47:45	03:05:11.40	03:05:11.40	+02:07:43 (69.0%)	18:31	3.2 (30.8%)
1110	KORNAS Karolina	3015	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	197	11:00	01:03:07	03:05:20.10	03:05:20.10	+02:07:52 (69.0%)	18:32	3.2 (30.8%)
1111	KALIŃSKA Janina	2854	PRIME FITNESS RUNMAGEDDON TEAM	Open Masters Kobiet	36	10:45	01:05:59	03:05:26.10	03:05:26.10	+02:07:58 (69.0%)	18:32	3.2 (30.8%)
1112	MARTYNÓW Katarzyna	2856	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	198	10:45	00:56:48	03:05:26.90	03:05:26.90	+02:07:58 (69.0%)	18:32	3.2 (30.8%)
1113	WŁODARCZYK Jan	2226	HUSARIA RACE TEAM	Open Mężczyzn	648	09:30	00:41:37	03:05:46.60	03:05:46.60	+02:08:18 (69.1%)	18:34	3.2 (30.8%)
1114	KACZOROWSKI Tomasz	2526		Open Mężczyzn	649	10:00	00:57:46	03:05:53.80	03:05:53.80	+02:08:25 (69.1%)	18:35	3.2 (30.8%)
1115	BILEWICZ Kacper	2514		Open Mężczyzn	650	10:00	00:58:14	03:06:07.90	03:06:07.90	+02:08:39 (69.1%)	18:36	3.2 (30.8%)
1116	PURCHALAK Karolina	2279		Open Kobiet	199	09:30	00:57:20	03:06:17.10	03:06:17.10	+02:08:49 (69.2%)	18:37	3.2 (30.8%)
1117	WOJTASIK Natalia	3082		Open Kobiet	200	11:00	01:03:07	03:06:20.80	03:06:20.80	+02:08:52 (69.2%)	18:38	3.2 (30.8%)
1118	HOREŻGA Dorota	2322	HUSARIA RACE TEAM	Open Kobiet	201	09:30	01:03:25	03:06:24.85	03:06:24.85	+02:08:56 (69.2%)	18:38	3.2 (30.8%)
1119	TUZINKIEWICZ Jagoda	3345	EX TEAM	Open Kobiet	202	09:30	01:03:26	03:06:25.20	03:06:25.20	+02:08:57 (69.2%)	18:38	3.2 (30.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1120	ANTOS Dominik	2438	HUSARIA RACE TEAM	Open Mężczyzn	651	10:00	00:57:41	03:06:31.15	03:06:31.15	+02:09:03 (69.2%)	18:39	3.2 (30.8%)
1121	WILCZEK Marcin	2420		Open Mężczyzn	652	09:45	00:49:05	03:06:33.80	03:06:33.80	+02:09:05 (69.2%)	18:39	3.2 (30.8%)
1122	PIOTROWSKA Alicja	2702	FIT & MORE RYBNIK	Open Masters Kobiet	37	10:30	00:55:14	03:06:40.40	03:06:40.40	+02:09:12 (69.2%)	18:40	3.2 (30.8%)
1123	PIOTROWSKI Adam	2703	FIT & MORE RYBNIK	Open Mężczyzn	653	10:30	00:55:17	03:06:41.25	03:06:41.25	+02:09:13 (69.2%)	18:40	3.2 (30.8%)
1124	TADYCH Marcin	2841	L3RO PIŁA	Open Mężczyzn	654	10:45	00:52:17	03:07:12.25	03:07:12.25	+02:09:44 (69.3%)	18:43	3.2 (30.8%)
1125	LEŚNIAK Natalia	2792		Open Kobiet	203	10:30	01:07:44	03:07:54.10	03:07:54.10	+02:10:26 (69.4%)	18:47	3.2 (30.8%)
1126	KIERZKOWSKI Radosław	3373	ROSSMANN	Open Mężczyzn	655	11:45	01:08:08	03:07:54.75	03:07:54.75	+02:10:26 (69.4%)	18:47	3.2 (30.8%)
1127	BAŁUCKA Gabriela	2768		Open Kobiet	204	10:30	01:07:45	03:07:57.65	03:07:57.65	+02:10:29 (69.4%)	18:47	3.2 (30.8%)
1128	PAWLAK Rafał	2745	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	656	10:30	00:49:41	03:08:01.20	03:08:01.20	+02:10:33 (69.4%)	18:48	3.2 (30.8%)
1129	BERNADY Magdalena	2887	X-TEAM TARNÓW	Open Kobiet	205	10:45	00:57:14	03:08:13.35	03:08:13.35	+02:10:45 (69.5%)	18:49	3.2 (30.8%)
1130	PACZKOWSKI Tomasz	2481	RUNMAGEDDONOWE ŚWIRY	Open Masters Mężczyzn	146	10:00	00:59:08	03:08:14.50	03:08:14.50	+02:10:46 (69.5%)	18:49	3.2 (30.8%)
1131	JEWUŁA Klaudia	2617	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	206	10:15	01:02:28	03:08:15.85	03:08:15.85	+02:10:47 (69.5%)	18:49	3.2 (30.8%)
1132	PIRZAŃSKI Tomasz	2618	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	657	10:15	01:02:30	03:08:19.50	03:08:19.50	+02:10:51 (69.5%)	18:49	3.2 (30.8%)
1133	POŚNIK Karolina	2619	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	207	10:15	01:02:21	03:08:19.80	03:08:19.80	+02:10:51 (69.5%)	18:49	3.2 (30.8%)
1134	SZUSTER Aleksandra	3116	ŁO PANIE PRZE... !	Open Kobiet	208	11:15	01:03:06	03:08:37.25	03:08:37.25	+02:11:09 (69.5%)	18:51	3.2 (30.8%)
1135	KAŹMIERCZAK Sylwia	3115	ŁO PANIE PRZE... !	Open Kobiet	209	11:15	01:03:07	03:08:37.60	03:08:37.60	+02:11:09 (69.5%)	18:51	3.2 (30.8%)
1136	MIKUŚKIEWICZ Michał	3299		Open Mężczyzn	658	11:30	00:55:03	03:08:38.70	03:08:38.70	+02:11:10 (69.5%)	18:51	3.2 (30.8%)
1137	MIKUŚKIEWICZ Robson	3300		Open Mężczyzn	659	11:30	00:55:05	03:08:40.35	03:08:40.35	+02:11:12 (69.5%)	18:52	3.2 (30.8%)
1138	WSZOLA Lukasz	2152		Open Mężczyzn	660	11:45	00:43:53	03:08:46.90	03:08:46.90	+02:11:18 (69.6%)	18:52	3.2 (30.8%)
1139	MUCHA Robert	2471	RMF4RT GLADIATORS	Open Masters Mężczyzn	147	10:00	01:02:34	03:08:54.10	03:08:54.10	+02:11:26 (69.6%)	18:53	3.2 (30.8%)
1140	BIAŁEK Marcin	3030		Open Mężczyzn	661	11:00	00:54:55	03:08:55.90	03:08:55.90	+02:11:27 (69.6%)	18:53	3.2 (30.8%)
1141	BIAŁEK Krzysztof	3029		Open Mężczyzn	662	11:00	00:55:20	03:08:57.30	03:08:57.30	+02:11:29 (69.6%)	18:53	3.2 (30.8%)
1142	KMERA Rafał	2628	TEAM ŚWINIA	Open Masters Mężczyzn	148	10:15	01:00:19	03:08:57.50	03:08:57.50	+02:11:29 (69.6%)	18:53	3.2 (30.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1143	WOŹNIAK Krzysztof	3382	UNITED RUNNERS	Open Mężczyzn	663	11:45	00:56:57	03:08:59.70	03:08:59.70	+02:11:31 (69.6%)	18:53	3.2 (30.8%)
1144	SZUSTER Kamil	3117	ŁO PANIE PRZE... !	Open Mężczyzn	664	11:15	01:03:06	03:09:18.60	03:09:18.60	+02:11:50 (69.6%)	18:55	3.2 (30.8%)
1145	WALCZAK Dawid	3118	ŁO PANIE PRZE... !	Open Mężczyzn	665	11:15	01:03:04	03:09:21.00	03:09:21.00	+02:11:53 (69.7%)	18:56	3.2 (30.8%)
1146	MATUSZEWICZ Jakub	2668		Open Mężczyzn	666	10:15	01:03:13	03:09:22.85	03:09:22.85	+02:11:54 (69.7%)	18:56	3.2 (30.8%)
1147	KWIATKOWSKA Oliwia	2572	FITFABRIC	Open Kobiet	210	10:15	01:03:13	03:09:23.10	03:09:23.10	+02:11:55 (69.7%)	18:56	3.2 (30.8%)
1148	MICHALIK Kamil	2445	HUSARIA RACE TEAM	Open Mężczyzn	667	10:00	00:51:18	03:09:44.35	03:09:44.35	+02:12:16 (69.7%)	18:58	3.2 (30.8%)
1149	TOMCZYK Anna	3482		Open Kobiet	211	11:45	01:07:54	03:09:45.20	03:09:45.20	+02:12:17 (69.7%)	18:58	3.2 (30.8%)
1150	MIKIELSKI Paweł	3357	MNIEJ MYŚL WIĘCEJ ŻYJ	Open Mężczyzn	668	11:45	01:07:54	03:09:46.50	03:09:46.50	+02:12:18 (69.7%)	18:58	3.2 (30.8%)
1151	JAKUBASZEK Krzysztof	3282		Open Mężczyzn	669	11:30	00:55:02	03:09:55.80	03:09:55.80	+02:12:27 (69.7%)	18:59	3.2 (30.8%)
1152	GŁAZ Jacek	2208	HUSARIA RACE TEAM	Open Masters Mężczyzn	149	09:30	00:55:27	03:10:04.95	03:10:04.95	+02:12:37 (69.8%)	19:00	3.2 (30.8%)
1153	GĄSIOROWSKI Karol	2894	X-TEAM TARNÓW	Open Mężczyzn	670	10:45	00:52:58	03:10:14.30	03:10:14.30	+02:12:46 (69.8%)	19:01	3.2 (30.8%)
1154	LORENOWICZ Agnieszka	2902	X-TEAM TARNÓW	Open Kobiet	212	10:45	00:54:42	03:10:25.90	03:10:25.90	+02:12:57 (69.8%)	19:02	3.2 (30.8%)
1155	BRZEZINKA Mariusz	2747	SOCIOS SILESIA	Open Mężczyzn	671	10:30	00:41:08	03:10:31.70	03:10:31.70	+02:13:03 (69.8%)	19:03	3.1 (29.8%)
1156	RAJ Tomasz	2580	HUSARIA RACE TEAM	Open Masters Mężczyzn	150	10:15	01:02:26	03:10:32.70	03:10:32.70	+02:13:04 (69.8%)	19:03	3.1 (29.8%)
1157	GAJEWSKA Aneta	3470	RMF4RT GLADIATORS	Open Kobiet	213	10:00	01:02:32	03:10:39.65	03:10:39.65	+02:13:11 (69.9%)	19:03	3.1 (29.8%)
1157	MIĘKINA Edyta	2903	X-TEAM TARNÓW	Open Kobiet	213	10:45	00:54:42	03:10:39.65	03:10:39.65	+02:13:11 (69.9%)	19:03	3.1 (29.8%)
1159	PRZYBYSZ Katarzyna	3014	STAMINABOX	Open Kobiet	215	11:00	00:59:08	03:10:42.10	03:10:42.10	+02:13:14 (69.9%)	19:04	3.1 (29.8%)
1160	PIASECKI Hubert	3070		Open Mężczyzn	672	11:00	00:59:08	03:10:42.25	03:10:42.25	+02:13:14 (69.9%)	19:04	3.1 (29.8%)
1161	OŻÓG Ewelina	2859	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	216	10:45	01:06:02	03:10:42.90	03:10:42.90	+02:13:14 (69.9%)	19:04	3.1 (29.8%)
1162	SZYMAŃSKI Adam	2832	DZIADY OCR	Open Masters Mężczyzn	151	10:45	00:57:59	03:10:43.55	03:10:43.55	+02:13:15 (69.9%)	19:04	3.1 (29.8%)
1163	SADZIK-DURKA Marta	2863	PRIME FITNESS RUNMAGEDDON TEAM	Open Masters Kobiet	38	10:45	01:05:57	03:10:43.90	03:10:43.90	+02:13:15 (69.9%)	19:04	3.1 (29.8%)
1164	WIŚNIEWSKA Marta	2706	FIT WORKOUT	Open Kobiet	217	10:30	01:08:43	03:10:55.80	03:10:55.80	+02:13:27 (69.9%)	19:05	3.1 (29.8%)
1165	GUMIELA Adam	2014	GRYF TEAM	Open Mężczyzn	673	09:00	00:43:47	03:11:18.00	03:11:18.00	+02:13:50 (70.0%)	19:07	3.1 (29.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1166	ŁUKASIK Zuzanna	2344	ŁOWCY PIEROŻKÓW	Open Kobiet	218	09:45	01:01:38	03:11:19.40	03:11:19.40	+02:13:51 (70.0%)	19:07	3.1 (29.8%)
1167	KWIATKOWSKI Robert	2400		Open Mężczyzn	674	09:45	00:59:02	03:11:23.25	03:11:23.25	+02:13:55 (70.0%)	19:08	3.1 (29.8%)
1168	JARZĄBEK Victoria	2085	CARBON OCR RACING TEAM	Open Kobiet	219	09:15	00:43:14	03:11:30.00	03:11:30.00	+02:14:02 (70.0%)	19:09	3.1 (29.8%)
1169	PIESIURA Izabela	2937		Open Masters Kobiet	39	10:45	00:57:59	03:11:48.40	03:11:48.40	+02:14:20 (70.0%)	19:10	3.1 (29.8%)
1170	PIESIURA Eugeniusz	2936		Open Masters Mężczyzn	152	10:45	00:58:00	03:11:48.55	03:11:48.55	+02:14:20 (70.0%)	19:10	3.1 (29.8%)
1171	BRZEZIŃSKI Jacek	2889	X-TEAM TARNÓW	Open Mężczyzn	675	10:45	00:54:22	03:11:52.00	03:11:52.00	+02:14:24 (70.0%)	19:11	3.1 (29.8%)
1172	ROHDE Rafał	2862	PRIME FITNESS RUNMAGEDDON TEAM	Open Masters Mężczyzn	153	10:45	00:56:48	03:12:09.70	03:12:09.70	+02:14:41 (70.1%)	19:12	3.1 (29.8%)
1173	WIĘCEK Sebastian	3495	SOCIOS SILESIA	Open Mężczyzn	676	09:30	01:11:49	03:12:23.95	03:12:23.95	+02:14:56 (70.1%)	19:14	3.1 (29.8%)
1174	PAWŁOWSKI Krzysztof	3024	WILK TRENUJE	Open Mężczyzn	677	11:00	01:00:43	03:12:38.15	03:12:38.15	+02:15:10 (70.2%)	19:15	3.1 (29.8%)
1175	ROSKIEWICZ Wojciech	2763	TORTUREYOURSELFMF	Open Mężczyzn	678	10:30	01:03:39	03:12:39.90	03:12:39.90	+02:15:11 (70.2%)	19:15	3.1 (29.8%)
1176	PIETRASZEK Andre	2762	TORTUREYOURSELFMF	Open Masters Mężczyzn	154	10:30	01:03:39	03:12:41.55	03:12:41.55	+02:15:13 (70.2%)	19:16	3.1 (29.8%)
1177	GAŁAN Tomasz	2585	KOJOTY	Open Mężczyzn	679	10:15	00:56:50	03:12:50.45	03:12:50.45	+02:15:22 (70.2%)	19:17	3.1 (29.8%)
1178	ZAJĄC Magdalena	2588	KOJOTY	Open Kobiet	220	10:15	00:56:53	03:12:51.25	03:12:51.25	+02:15:23 (70.2%)	19:17	3.1 (29.8%)
1179	MICHALAK Daniel	2587	KOJOTY	Open Mężczyzn	680	10:15	00:56:45	03:12:51.60	03:12:51.60	+02:15:23 (70.2%)	19:17	3.1 (29.8%)
1180	MATEJA Grzegorz	2586	KOJOTY	Open Mężczyzn	681	10:15	00:56:58	03:12:51.70	03:12:51.70	+02:15:23 (70.2%)	19:17	3.1 (29.8%)
1181	ZAJĄC Paweł	2589	KOJOTY	Open Mężczyzn	682	10:15	00:56:44	03:12:51.85	03:12:51.85	+02:15:23 (70.2%)	19:17	3.1 (29.8%)
1182	GAŁAN Barbara	2584	KOJOTY	Open Kobiet	221	10:15		03:12:59.10	03:12:59.10	+02:15:31 (70.2%)	19:17	3.1 (29.8%)
1183	ZIEMBA Katarzyna	3378	SAMOTNE WILKI	Open Kobiet	222	11:45	01:08:00	03:13:00.25	03:13:00.25	+02:15:32 (70.2%)	19:18	3.1 (29.8%)
1184	MACHOWSKI Mirosław	3377	SAMOTNE WILKI	Open Masters Mężczyzn	155	11:45	01:08:08	03:13:01.60	03:13:01.60	+02:15:33 (70.2%)	19:18	3.1 (29.8%)
1185	MAJEWSKI Robert	3407		Open Masters Mężczyzn	156	11:45	01:13:51	03:13:02.30	03:13:02.30	+02:15:34 (70.2%)	19:18	3.1 (29.8%)
1186	LITWIN Paweł	3254	PITKA MATKA	Open Mężczyzn	683	11:30	01:00:18	03:13:22.00	03:13:22.00	+02:15:54 (70.3%)	19:20	3.1 (29.8%)
1187	POLAK Iwona	3255	PITKA MATKA	Open Kobiet	223	11:30	01:00:39	03:13:25.90	03:13:25.90	+02:15:57 (70.3%)	19:20	3.1 (29.8%)
1188	KRAMEK Paweł	3251	PITKA MATKA	Open Mężczyzn	684	11:30	01:00:12	03:13:26.80	03:13:26.80	+02:15:58 (70.3%)	19:20	3.1 (29.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1189	LITWIN Marek	3252	PITKA MATKA	Open Mężczyzn	685	11:30	01:00:19	03:13:26.85	03:13:26.85	+02:15:58 (70.3%)	19:20	3.1 (29.8%)
1190	LITWIN Marta	3253	PITKA MATKA	Open Kobiet	224	11:30	01:00:39	03:13:27.20	03:13:27.20	+02:15:59 (70.3%)	19:20	3.1 (29.8%)
1191	SIERECKI Zbigniew	2678		Open Masters Mężczyzn	157	10:15	01:00:15	03:13:29.15	03:13:29.15	+02:16:01 (70.3%)	19:20	3.1 (29.8%)
1192	KULECZKA Jacek	2662		Open Mężczyzn	686	10:15	01:00:14	03:13:29.20	03:13:29.20	+02:16:01 (70.3%)	19:20	3.1 (29.8%)
1193	SKLEPOWICZ Jacek	2621	RUNMAGEDDONOWE ŚWIRY	Open Masters Mężczyzn	158	10:15	01:00:17	03:13:29.30	03:13:29.30	+02:16:01 (70.3%)	19:20	3.1 (29.8%)
1194	SZYMAŃSKI Bartłomiej	2366	RMF4RT GLADIATORS	Open Mężczyzn	687	09:45	00:58:53	03:13:29.40	03:13:29.40	+02:16:01 (70.3%)	19:20	3.1 (29.8%)
1194	ALBIGOWSKA Magdalena	2610	ROSSMANN	Open Kobiet	225	10:15	01:00:23	03:13:29.40	03:13:29.40	+02:16:01 (70.3%)	19:20	3.1 (29.8%)
1196	POPLAWSKA Ewelina	2677		Open Kobiet	226	10:15	01:00:26	03:13:29.60	03:13:29.60	+02:16:01 (70.3%)	19:20	3.1 (29.8%)
1197	KUBICKA Magdalena	2929		Open Kobiet	227	10:45	00:59:05	03:13:40.00	03:13:40.00	+02:16:12 (70.3%)	19:22	3.1 (29.8%)
1198	JĄŁTUSZYK Ewelina	2922		Open Kobiet	228	10:45	00:59:07	03:13:40.35	03:13:40.35	+02:16:12 (70.3%)	19:22	3.1 (29.8%)
1199	NOVIKOVA Julia	3136	SAMEKONIE- TEAM OLA	Open Kobiet	229	11:15	01:07:12	03:13:41.60	03:13:41.60	+02:16:13 (70.3%)	19:22	3.1 (29.8%)
1200	KAZIMIERCZAK Paweł	2374	SPORTERA OCR	Open Mężczyzn	688	09:45	00:59:20	03:13:58.55	03:13:58.55	+02:16:30 (70.4%)	19:23	3.1 (29.8%)
1201	CYGLER Robert	2205	HUSARIA RACE TEAM	Open Mężczyzn	689	09:30	01:01:55	03:14:08.40	03:14:08.40	+02:16:40 (70.4%)	19:24	3.1 (29.8%)
1202	CHUCHERKO Karol	2262		Open Mężczyzn	690	09:30	01:02:02	03:14:08.90	03:14:08.90	+02:16:40 (70.4%)	19:24	3.1 (29.8%)
1203	WOJTAS Konrad	3334		Open Mężczyzn	691	11:30	00:55:16	03:14:17.50	03:14:17.50	+02:16:49 (70.4%)	19:25	3.1 (29.8%)
1204	KLUSKA Rafał	3289		Open Mężczyzn	692	11:30	00:55:14	03:14:17.65	03:14:17.65	+02:16:49 (70.4%)	19:25	3.1 (29.8%)
1205	STASIAK Marta	3318		Open Kobiet	230	11:30	00:55:15	03:14:18.50	03:14:18.50	+02:16:50 (70.4%)	19:25	3.1 (29.8%)
1206	LEWANDOWSKA Elżbieta	2239	PSYCHOPOGO	Open Kobiet	231	09:30	00:56:36	03:14:29.80	03:14:29.80	+02:17:01 (70.5%)	19:26	3.1 (29.8%)
1207	JAKUBIAK Natalia	2342	ŁOWCY PIEROŻKÓW	Open Kobiet	232	09:45	01:01:38	03:14:30.80	03:14:30.80	+02:17:02 (70.5%)	19:27	3.1 (29.8%)
1208	GÓRNIAK Robert	2238	PSYCHOPOGO	Open Mężczyzn	693	09:30	00:56:36	03:14:31.00	03:14:31.00	+02:17:03 (70.5%)	19:27	3.1 (29.8%)
1209	SOWIŃSKI Kamil	2240	PSYCHOPOGO	Open Mężczyzn	694	09:30	00:56:45	03:14:32.05	03:14:32.05	+02:17:04 (70.5%)	19:27	3.1 (29.8%)
1210	JASIŃSKI Jacek	2343	ŁOWCY PIEROŻKÓW	Open Mężczyzn	695	09:45	01:01:44	03:14:41.70	03:14:41.70	+02:17:13 (70.5%)	19:28	3.1 (29.8%)
1211	BUDZIK Jolanta	2891	X-TEAM TARNÓW	Open Masters Kobiet	40	10:45	00:58:09	03:14:43.75	03:14:43.75	+02:17:15 (70.5%)	19:28	3.1 (29.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae	Czas	Czas	Różn	Tempo min/km	Tempo km/h
							Punkt 4.5km	netto 10km	brutto 10km			
1212	JANKOWIAK Piotr	2441	HUSARIA RACE TEAM	Open Mężczyzn	696	10:00	00:47:41	03:14:47.85	03:14:47.85	+02:17:19 (70.5%)	19:28	3.1 (29.8%)
1213	SZYMKOWIAK Arek	3466	HUSARIA RACE TEAM	Open Mężczyzn	697	10:00	00:47:42	03:14:48.95	03:14:48.95	+02:17:21 (70.5%)	19:28	3.1 (29.8%)
1214	GRYŻEWSKI Karol	3000	RMF4RT GLADIATORS	Open Mężczyzn	698	10:00	00:53:27	03:14:49.80	03:14:49.80	+02:17:21 (70.5%)	19:28	3.1 (29.8%)
1215	GIERMEK Anna	2771		Open Kobiet	233	10:30	00:58:12	03:15:00.25	03:15:00.25	+02:17:32 (70.5%)	19:30	3.1 (29.8%)
1216	GIERMEK Michał	2772		Open Mężczyzn	699	10:30	00:58:11	03:15:01.40	03:15:01.40	+02:17:33 (70.5%)	19:30	3.1 (29.8%)
1217	KWIATKOWSKI Mateusz	3061		Open Mężczyzn	700	11:00	00:57:46	03:15:06.60	03:15:06.60	+02:17:38 (70.5%)	19:30	3.1 (29.8%)
1218	RÓŻYCKA Hanna	3475	SIUSIAKI	Open Kobiet	234	09:30	01:27:04	03:15:10.50	03:15:10.50	+02:17:42 (70.6%)	19:31	3.1 (29.8%)
1219	MARUSZAK Mateusz	2667		Open Mężczyzn	701	10:15	01:00:13	03:15:10.95	03:15:10.95	+02:17:43 (70.6%)	19:31	3.1 (29.8%)
1220	ULDYNOWICZ Bartosz	2965	DIRTY SPARROWS	Open Mężczyzn	702	11:00	00:54:40	03:15:14.40	03:15:14.40	+02:17:46 (70.6%)	19:31	3.1 (29.8%)
1221	BLASZKIEWICZ-TUTJ Beata	2888	X-TEAM TARNÓW	Open Masters Kobiet	41	10:45	00:53:49	03:15:22.75	03:15:22.75	+02:17:54 (70.6%)	19:32	3.1 (29.8%)
1222	DADELEWSKA Oliwia	3455	PIĘKNI I BESTIE	Open Kobiet	235	09:30	00:52:05	03:15:26.00	03:15:26.00	+02:17:58 (70.6%)	19:32	3.1 (29.8%)
1223	STASZCZYK Bartłomiej	2908	X-TEAM TARNÓW	Open Mężczyzn	703	10:45	00:50:54	03:15:27.80	03:15:27.80	+02:17:59 (70.6%)	19:32	3.1 (29.8%)
1224	SZYCHUŁDA Joanna	3381	UNITED RUNNERS	Open Kobiet	236	11:45	00:56:57	03:15:31.90	03:15:31.90	+02:18:03 (70.6%)	19:33	3.1 (29.8%)
1225	LEWANDOWSKI Linus	2973	HOMOKOMANDO	Open Mężczyzn	704	11:00	00:56:06	03:15:43.40	03:15:43.40	+02:18:15 (70.6%)	19:34	3.1 (29.8%)
1226	BIEL Marta	2260		Open Kobiet	237	09:30	01:11:30	03:15:47.40	03:15:47.40	+02:18:19 (70.6%)	19:34	3.1 (29.8%)
1227	DRĄG Tomasz	2518		Open Mężczyzn	705	10:00	01:00:16	03:15:55.10	03:15:55.10	+02:18:27 (70.7%)	19:35	3.1 (29.8%)
1228	GADOWSKA Aleksandra	2521		Open Kobiet	238	09:45	01:06:05	03:15:58.65	03:15:58.65	+02:18:30 (70.7%)	19:35	3.1 (29.8%)
1229	GADOWSKI Paweł	2522		Open Mężczyzn	706	09:45	01:06:05	03:16:01.05	03:16:01.05	+02:18:33 (70.7%)	19:36	3.1 (29.8%)
1230	BUDZIK Artur	2890	X-TEAM TARNÓW	Open Masters Mężczyzn	159	10:45	00:58:15	03:16:11.70	03:16:11.70	+02:18:43 (70.7%)	19:37	3.1 (29.8%)
1231	POKORSKA Kasia	2450	HUSARIA RACE TEAM	Open Kobiet	239	09:45	01:06:04	03:16:23.50	03:16:23.50	+02:18:55 (70.7%)	19:38	3.1 (29.8%)
1232	DEMBIŃSKI Artur	2852	PRIME FITNESS RUNMAGEDDON TEAM	Open Masters Mężczyzn	160	10:45	01:06:01	03:16:33.45	03:16:33.45	+02:19:05 (70.8%)	19:39	3.1 (29.8%)
1233	ORYGA Milena	2858	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	240	10:45	01:06:02	03:16:49.50	03:16:49.50	+02:19:21 (70.8%)	19:40	3 (28.8%)
1234	MISZCZUK Ewelina	2931		Open Masters Kobiet	42	10:45	01:08:41	03:17:03.45	03:17:03.45	+02:19:35 (70.8%)	19:42	3 (28.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1235	PAĆZEK Weronika	2766	WATAHA - ŁĄCZY NAS BIEGANIE	Open Kobiet	241	09:30	01:11:33	03:17:04.55	03:17:04.55	+02:19:36 (70.8%)	19:42	3 (28.8%)
1236	WILK Anna	2685		Open Kobiet	242	09:30	01:11:34	03:17:04.75	03:17:04.75	+02:19:36 (70.8%)	19:42	3 (28.8%)
1237	FURGAŁ Ryszard	2392		Open Mężczyzn	707	09:30	01:12:38	03:17:05.35	03:17:05.35	+02:19:37 (70.8%)	19:42	3 (28.8%)
1238	KAMIŃSKI Maciej	2847	NIE W SZCZEPIONKĘ TEAM	Open Mężczyzn	708	10:00	01:02:34	03:17:07.90	03:17:07.90	+02:19:39 (70.8%)	19:42	3 (28.8%)
1239	WIERUCKA Beata	2865	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	243	10:45	01:05:56	03:17:13.65	03:17:13.65	+02:19:45 (70.9%)	19:43	3 (28.8%)
1240	PLUCIŃSKI Jakub	3353	HUSARIA RACE TEAM	Open Mężczyzn	709	09:45	00:37:10	03:17:52.15	03:17:52.15	+02:20:24 (71.0%)	19:47	3 (28.8%)
1241	DĄBROWSKI Natan	3005	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	710	11:00	00:55:42	03:17:58.10	03:17:58.10	+02:20:30 (71.0%)	19:47	3 (28.8%)
1242	POKORSKI Jędrzej	2508	WŚCIEJLIZNA GG+	Open Mężczyzn	711	09:45	01:06:05	03:18:16.60	03:18:16.60	+02:20:48 (71.0%)	19:49	3 (28.8%)
1243	CICHA Judyta	2916		Open Kobiet	244	09:45	01:06:07	03:18:16.90	03:18:16.90	+02:20:48 (71.0%)	19:49	3 (28.8%)
1244	POKORSKI Rafał	2451	HUSARIA RACE TEAM	Open Masters Mężczyzn	161	09:45	01:05:54	03:18:17.00	03:18:17.00	+02:20:49 (71.0%)	19:49	3 (28.8%)
1245	WEGNER Patryk	3332		Open Mężczyzn	712	09:30	01:09:29	03:18:19.05	03:18:19.05	+02:20:51 (71.0%)	19:49	3 (28.8%)
1246	DUDA Kamil	2892	X-TEAM TARNÓW	Open Mężczyzn	713	10:45	00:57:15	03:18:42.05	03:18:42.05	+02:21:14 (71.1%)	19:52	3 (28.8%)
1247	HRYNCZYSZYN Jacek	2494	TOYOTA RUNMATOR	Open Mężczyzn	714	10:00	00:53:04	03:18:48.25	03:18:48.25	+02:21:20 (71.1%)	19:52	3 (28.8%)
1248	KOTAS Patrycja	2475	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	245	10:00	01:06:28	03:18:49.75	03:18:49.75	+02:21:21 (71.1%)	19:52	3 (28.8%)
1249	URBAŃSKI Dariusz	2500	TOYOTA RUNMATOR	Open Mężczyzn	715	10:00	00:52:59	03:18:50.50	03:18:50.50	+02:21:22 (71.1%)	19:53	3 (28.8%)
1250	SKOWROŃSKA Maja	2689	CR-LISKI	Open Kobiet	246	10:30	01:05:49	03:19:03.60	03:19:03.60	+02:21:35 (71.1%)	19:54	3 (28.8%)
1251	GRUDZIŃSKA Ania	3013	SAME KONIE #OLATEAM	Open Masters Kobiet	43	11:15	01:07:07	03:19:17.60	03:19:17.60	+02:21:49 (71.2%)	19:55	3 (28.8%)
1252	MALARA Dalia	2187	CARBON OCR RACING TEAM	Open Kobiet	247	09:30	01:02:44	03:19:45.20	03:19:45.20	+02:22:17 (71.2%)	19:58	3 (28.8%)
1253	VOYTOVYCH Halyna	3010	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	248	11:00	01:01:07	03:19:47.95	03:19:47.95	+02:22:20 (71.2%)	19:58	3 (28.8%)
1254	NORWA Michał	3008	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	716	11:00	01:01:08	03:19:49.65	03:19:49.65	+02:22:21 (71.2%)	19:58	3 (28.8%)
1255	SMAGACZ Renata	2907	X-TEAM TARNÓW	Open Kobiet	249	10:45	00:52:51	03:19:52.65	03:19:52.65	+02:22:24 (71.2%)	19:59	3 (28.8%)
1256	OLSZEWSKA Kamila	2857	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	250	10:45	01:06:07	03:20:10.50	03:20:10.50	+02:22:42 (71.3%)	20:01	3 (28.8%)
1257	TEODORCZUK Dorota	2864	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	251	10:45	01:06:27	03:20:11.25	03:20:11.25	+02:22:43 (71.3%)	20:01	3 (28.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1258	NOWAK Anna	2446	HUSARIA RACE TEAM	Open Kobiet	252	10:30	01:02:52	03:20:27.30	03:20:27.30	+02:22:59 (71.3%)	20:02	3 (28.8%)
1259	KRUGLAK Anna	2712	HUSARIA RACE TEAM	Open Masters Kobiet	44	10:30	01:02:52	03:20:28.75	03:20:28.75	+02:23:00 (71.3%)	20:02	3 (28.8%)
1260	RECKO Elwira	2860	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	253	10:45	01:06:04	03:20:28.90	03:20:28.90	+02:23:00 (71.3%)	20:02	3 (28.8%)
1261	BOGUSŁAWSKI Łukasz	2851	PRIME FITNESS RUNMAGEDDON TEAM	Open Mężczyzn	717	10:45	01:05:44	03:20:33.20	03:20:33.20	+02:23:05 (71.3%)	20:03	3 (28.8%)
1262	KANTOR Aleksandra	2898	X-TEAM TARNÓW	Open Kobiet	254	10:45	00:54:44	03:20:35.65	03:20:35.65	+02:23:07 (71.4%)	20:03	3 (28.8%)
1263	KORGOL Fabian	2398		Open Mężczyzn	718	09:45	00:57:10	03:20:42.80	03:20:42.80	+02:23:14 (71.4%)	20:04	3 (28.8%)
1264	SZOPIŃSKA Katarzyna	2693	EMEL ATHLETIC TEAM	Open Kobiet	255	10:30	01:02:54	03:20:45.70	03:20:45.70	+02:23:17 (71.4%)	20:04	3 (28.8%)
1265	SIKORA Kamil	2943		Open Mężczyzn	719	10:45	01:13:47	03:20:58.05	03:20:58.05	+02:23:30 (71.4%)	20:05	3 (28.8%)
1266	RECKO Michał	2861	PRIME FITNESS RUNMAGEDDON TEAM	Open Mężczyzn	720	10:45	01:06:04	03:21:01.65	03:21:01.65	+02:23:33 (71.4%)	20:06	3 (28.8%)
1267	ŁANOCHA Michał	2901	X-TEAM TARNÓW	Open Mężczyzn	721	10:45	00:50:36	03:21:03.05	03:21:03.05	+02:23:35 (71.4%)	20:06	3 (28.8%)
1268	WOŹNICKA Lucyna	3140	SAMEKONIE- TEAM OLA	Open Kobiet	256	11:15	01:07:08	03:21:05.20	03:21:05.20	+02:23:37 (71.4%)	20:06	3 (28.8%)
1269	ORŁOWSKI Wojciech	2498	TOYOTA RUNMATOR	Open Mężczyzn	722	10:00	00:52:58	03:21:27.25	03:21:27.25	+02:23:59 (71.5%)	20:08	3 (28.8%)
1270	KEMPIŃSKA Magdalena	2926		Open Kobiet	257	10:45	01:08:41	03:21:31.45	03:21:31.45	+02:24:03 (71.5%)	20:09	3 (28.8%)
1271	JAKUBIK Anna	2709	HUSARIA RACE TEAM	Open Kobiet	258	10:30	01:02:52	03:21:31.90	03:21:31.90	+02:24:03 (71.5%)	20:09	3 (28.8%)
1272	KEMPIŃSKA Izabela	2925		Open Kobiet	259	10:45	01:08:41	03:21:31.95	03:21:31.95	+02:24:04 (71.5%)	20:09	3 (28.8%)
1273	JĘDROSZ Aleksandra	3135	SAMEKONIE- TEAM OLA	Open Kobiet	260	11:15	01:07:18	03:22:09.55	03:22:09.55	+02:24:41 (71.6%)	20:12	3 (28.8%)
1274	TRATKOWSKI Grzegorz	3139	SAMEKONIE- TEAM OLA	Open Mężczyzn	723	11:15	01:07:05	03:22:10.20	03:22:10.20	+02:24:42 (71.6%)	20:13	3 (28.8%)
1275	TRATKOWSKA Brygida	3138	SAMEKONIE- TEAM OLA	Open Masters Kobiet	45	11:15	01:07:05	03:22:11.20	03:22:11.20	+02:24:43 (71.6%)	20:13	3 (28.8%)
1276	OSTRASZ Piotr	3137	SAMEKONIE- TEAM OLA	Open Mężczyzn	724	11:15	01:07:03	03:22:11.35	03:22:11.35	+02:24:43 (71.6%)	20:13	3 (28.8%)
1277	ŚWIERKOSZ Mirosław	2814		Open Masters Mężczyzn	162	10:30	01:07:43	03:22:19.90	03:22:19.90	+02:24:51 (71.6%)	20:13	3 (28.8%)
1278	ŚWIERKOSZ Aleksandra	2812		Open Kobiet	261	10:30	01:08:02	03:22:20.70	03:22:20.70	+02:24:52 (71.6%)	20:14	3 (28.8%)
1279	ŚWIERKOSZ Andrzej	2813		Open Mężczyzn	725	10:30	01:08:03	03:22:21.60	03:22:21.60	+02:24:53 (71.6%)	20:14	3 (28.8%)
1280	GŁAZ Magdalena	2209	HUSARIA RACE TEAM	Open Kobiet	262	09:30	00:55:27	03:22:44.15	03:22:44.15	+02:25:16 (71.7%)	20:16	3 (28.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1281	SZKUDLARZ Aleksandra	2964	DIRTY SPARROWS	Open Kobiet	263	11:00	00:55:12	03:23:00.80	03:23:00.80	+02:25:32 (71.7%)	20:18	3 (28.8%)
1282	OŹMINKOWSKA Aleksandra	2963	DIRTY SPARROWS	Open Kobiet	264	11:00	00:54:44	03:23:01.10	03:23:01.10	+02:25:33 (71.7%)	20:18	3 (28.8%)
1283	KOREK Krzysztof	3055		Open Mężczyzn	726	11:00	00:55:12	03:23:02.55	03:23:02.55	+02:25:34 (71.7%)	20:18	3 (28.8%)
1284	KOZŁOWSKA Malwina	2196	DIRTY SPARROWS	Open Kobiet	265	11:00	00:54:07	03:23:02.60	03:23:02.60	+02:25:34 (71.7%)	20:18	3 (28.8%)
1285	SZTACHELSKI Krzysztof	3419		Open Masters Mężczyzn	163	11:45	00:39:23	03:23:08.70	03:23:08.70	+02:25:40 (71.7%)	20:18	3 (28.8%)
1286	LUBELSKA Dominika	3085	#LEJDISSTUDIO_ZGIERZ_CHYBA_TY_2.0	Open Kobiet	266	11:15	01:00:52	03:23:26.25	03:23:26.25	+02:25:58 (71.8%)	20:20	2.9 (27.9%)
1287	SKAWIŃSKI Konrad	3086	#LEJDISSTUDIO_ZGIERZ_CHYBA_TY_2.0	Open Mężczyzn	727	11:15	01:00:36	03:23:26.35	03:23:26.35	+02:25:58 (71.8%)	20:20	2.9 (27.9%)
1288	KOŁODZIEJCZAK Jakub	3084	#LEJDISSTUDIO_ZGIERZ_CHYBA_TY_2.0	Open Mężczyzn	728	11:15	01:00:52	03:23:26.80	03:23:26.80	+02:25:58 (71.8%)	20:20	2.9 (27.9%)
1289	CZYŻEWSKI Bartłomiej	2688	CR-LISKI	Open Mężczyzn	729	10:30	01:05:48	03:23:42.10	03:23:42.10	+02:26:14 (71.8%)	20:22	2.9 (27.9%)
1290	TYMIŃSKI Michał	3422		Open Mężczyzn	730	09:45	01:02:43	03:23:44.40	03:23:44.40	+02:26:16 (71.8%)	20:22	2.9 (27.9%)
1291	SZCZEŚNIAK Katarzyna	2416		Open Kobiet	267	09:45	01:00:03	03:23:49.05	03:23:49.05	+02:26:21 (71.8%)	20:22	2.9 (27.9%)
1292	JOCHEMSKI Mikołaj	3049		Open Mężczyzn	731	11:00	01:04:27	03:23:51.55	03:23:51.55	+02:26:23 (71.8%)	20:23	2.9 (27.9%)
1293	MROCZEK Katarzyna	2364	RMF4RT GLADIATORS	Open Kobiet	268	09:45	01:00:03	03:23:51.90	03:23:51.90	+02:26:23 (71.8%)	20:23	2.9 (27.9%)
1294	JOCHEMSKA Karolina	3048		Open Kobiet	269	11:00	01:04:57	03:23:52.80	03:23:52.80	+02:26:24 (71.8%)	20:23	2.9 (27.9%)
1295	GRUSZFELD Agnieszka	3042		Open Kobiet	270	11:00	01:05:15	03:23:59.70	03:23:59.70	+02:26:31 (71.8%)	20:23	2.9 (27.9%)
1296	SOBOLEWSKA Beata	3473		Open Kobiet	271	11:00	01:04:58	03:23:59.75	03:23:59.75	+02:26:31 (71.8%)	20:23	2.9 (27.9%)
1297	GRUSZFELD Przemek	3043		Open Mężczyzn	732	11:00	01:05:15	03:24:00.85	03:24:00.85	+02:26:32 (71.8%)	20:24	2.9 (27.9%)
1298	STAŃCZAK Łukasz	2538		Open Mężczyzn	733	10:00	01:10:37	03:24:08.45	03:24:08.45	+02:26:40 (71.8%)	20:24	2.9 (27.9%)
1299	PANDER Marek	2800		Open Mężczyzn	734	10:30	01:08:02	03:24:13.65	03:24:13.65	+02:26:45 (71.9%)	20:25	2.9 (27.9%)
1300	KAROLIŃSKA Aleksandra	2380	WATAHA	Open Kobiet	272	09:45	00:59:53	03:24:21.00	03:24:21.00	+02:26:53 (71.9%)	20:26	2.9 (27.9%)
1301	GRAJEWSKI Olgierd	2474	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	735	10:00	01:10:39	03:24:32.60	03:24:32.60	+02:27:04 (71.9%)	20:27	2.9 (27.9%)
1302	MIŁOWICKA Karolina	2479	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	273	10:00	01:10:38	03:24:32.80	03:24:32.80	+02:27:04 (71.9%)	20:27	2.9 (27.9%)
1303	PTASIŃSKA Kinga	2365	RMF4RT GLADIATORS	Open Kobiet	274	09:45	00:58:54	03:24:33.85	03:24:33.85	+02:27:05 (71.9%)	20:27	2.9 (27.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1304	WÓJCIAK Ewelina	2421		Open Kobiet	275	09:45	00:58:56	03:25:02.20	03:25:02.20	+02:27:34 (72.0%)	20:30	2.9 (27.9%)
1305	LEWANDOWSKA Joanna	2991	NIE W SZCZEPIONKĘ TEAM	Open Kobiet	276	10:00	01:01:41	03:26:12.65	03:26:12.65	+02:28:44 (72.1%)	20:37	2.9 (27.9%)
1306	LEWANDOWSKI Przemysław	2992	NIE W SZCZEPIONKĘ TEAM	Open Masters Mężczyzn	164	10:00	01:01:41	03:26:13.00	03:26:13.00	+02:28:45 (72.1%)	20:37	2.9 (27.9%)
1307	FRĄCZYK Kamil	2258	ZNOWU BIEGNIEMY PO BROWARY	Open Mężczyzn	736	09:30	00:57:33	03:26:47.55	03:26:47.55	+02:29:19 (72.2%)	20:40	2.9 (27.9%)
1308	TOREBKO Patryk	2179	BIEGNIEMY PO BROWARY	Open Mężczyzn	737	09:30	00:58:13	03:26:50.50	03:26:50.50	+02:29:22 (72.2%)	20:41	2.9 (27.9%)
1309	HORNIG Patrycja	3472		Open Kobiet	277	09:45	01:12:57	03:27:31.00	03:27:31.00	+02:30:03 (72.3%)	20:45	2.9 (27.9%)
1310	WĄSAK Waldek	2225	HUSARIA RACE TEAM	Open Mężczyzn	738	09:30	00:57:42	03:28:16.20	03:28:16.20	+02:30:48 (72.4%)	20:49	2.9 (27.9%)
1311	HEIN Ewelina	2177	BIEGNIEMY PO BROWARY	Open Kobiet	278	09:30	00:58:12	03:28:25.35	03:28:25.35	+02:30:57 (72.4%)	20:50	2.9 (27.9%)
1312	RYCHLEWSKI Marcin	3416		Open Mężczyzn	739	11:45	00:52:30	03:28:35.60	03:28:35.60	+02:31:07 (72.5%)	20:51	2.9 (27.9%)
1313	FLIEGER Dawid	2332	JANUSZEJG	Open Mężczyzn	740	09:45	01:04:12	03:28:58.55	03:28:58.55	+02:31:30 (72.5%)	20:53	2.9 (27.9%)
1314	IDZIAK Dominika	2333	JANUSZEJG	Open Kobiet	279	09:45	01:04:06	03:28:58.75	03:28:58.75	+02:31:30 (72.5%)	20:53	2.9 (27.9%)
1315	NEJMAN Luiza	2328	HUSARIA RACE TEAM	Open Kobiet	280	09:45	01:01:58	03:29:06.50	03:29:06.50	+02:31:38 (72.5%)	20:54	2.9 (27.9%)
1316	STOLAREK Sebastian	2331	HUSARIA RACE TEAM	Open Mężczyzn	741	09:45	01:01:58	03:29:07.05	03:29:07.05	+02:31:39 (72.5%)	20:54	2.9 (27.9%)
1317	MICHALIK Agata	3190		Open Kobiet	281	11:15	01:01:28	03:29:49.50	03:29:49.50	+02:32:21 (72.6%)	20:58	2.9 (27.9%)
1318	STASZAK Adam Jacek	3207		Open Masters Mężczyzn	165	11:15	01:01:24	03:29:55.25	03:29:55.25	+02:32:27 (72.6%)	20:59	2.9 (27.9%)
1319	MARTKO Agnieszka	3185		Open Kobiet	282	11:15	01:01:25	03:29:55.35	03:29:55.35	+02:32:27 (72.6%)	20:59	2.9 (27.9%)
1320	SZUKALSKI Maciej	2286		Open Mężczyzn	742	09:30	01:09:28	03:30:01.00	03:30:01.00	+02:32:33 (72.6%)	21:00	2.9 (27.9%)
1321	MATUNIN Alina	3260	SOCIOS SILESIA	Open Kobiet	283	11:30	01:02:54	03:30:24.85	03:30:24.85	+02:32:56 (72.7%)	21:02	2.9 (27.9%)
1322	HOFMAN Małgorzata	3259	SOCIOS SILESIA	Open Masters Kobiet	46	11:30	01:02:54	03:30:24.95	03:30:24.95	+02:32:57 (72.7%)	21:02	2.9 (27.9%)
1323	WZOREK Marcin	3261	SOCIOS SILESIA	Open Masters Mężczyzn	166	11:30	01:03:00	03:30:25.20	03:30:25.20	+02:32:57 (72.7%)	21:02	2.9 (27.9%)
1324	SZKURŁAT Tomasz	2735	POWER TRAINING	Open Mężczyzn	743	10:30	00:40:33	03:30:46.65	03:30:46.65	+02:33:18 (72.7%)	21:04	2.8 (26.9%)
1325	DUDEK Kamila	3367	POWER TRAINING	Open Kobiet	284	10:30	00:49:12	03:30:47.30	03:30:47.30	+02:33:19 (72.7%)	21:04	2.8 (26.9%)
1326	JANKOWSKI Michal	2371	SOCIOS SILESIA	Open Mężczyzn	744	09:45	01:02:04	03:31:59.40	03:31:59.40	+02:34:31 (72.9%)	21:11	2.8 (26.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1327	SIELSKA Dagmara	2373	SOCIOS SILESIA	Open Kobiet	285	09:45	01:01:58	03:31:59.80	03:31:59.80	+02:34:31 (72.9%)	21:11	2.8 (26.9%)
1328	ROŻEK Sandra	2221	HUSARIA RACE TEAM	Open Kobiet	286	09:30	01:02:44	03:32:15.40	03:32:15.40	+02:34:47 (72.9%)	21:13	2.8 (26.9%)
1329	GANCZAREK Ewelina	2393		Open Kobiet	287	09:45	01:14:08	03:32:20.20	03:32:20.20	+02:34:52 (72.9%)	21:14	2.8 (26.9%)
1330	LEWANDOWSKI Artur	2178	BIEGNIEMY PO BROWARY	Open Mężczyzn	745	09:30	00:58:14	03:34:02.10	03:34:02.10	+02:36:34 (73.2%)	21:24	2.8 (26.9%)
1331	GANCZAREK Rafał	2394		Open Mężczyzn	746	09:45	01:13:55	03:34:20.95	03:34:20.95	+02:36:53 (73.2%)	21:26	2.8 (26.9%)
1332	ROCHEWICZ Daniel	2250	SKLEP BASENOWY POOLPOOL.PL	Open Mężczyzn	747	09:30	00:50:40	03:34:45.60	03:34:45.60	+02:37:17 (73.2%)	21:28	2.8 (26.9%)
1333	WOCHNIAK Michał	2244	RMF4RT GLADIATORS	Open Mężczyzn	748	09:30	01:09:31	03:35:14.10	03:35:14.10	+02:37:46 (73.3%)	21:31	2.8 (26.9%)
1334	MATCZUK Weronika	3408		Open Kobiet	288	09:30	01:09:29	03:35:14.55	03:35:14.55	+02:37:46 (73.3%)	21:31	2.8 (26.9%)
1335	SOBOLEWSKA - BRUNDA Karolina	2336	LIFE4FIT	Open Kobiet	289	09:45	01:13:22	03:35:38.95	03:35:38.95	+02:38:11 (73.4%)	21:33	2.8 (26.9%)
1336	KAPICA Wojciech	2236	POWER TRAINING	Open Mężczyzn	749	09:30	00:42:50	03:36:22.40	03:36:22.40	+02:38:54 (73.4%)	21:38	2.8 (26.9%)
1337	ŚWIĘCICKI Mariusz	3077		Open Mężczyzn	750	11:00	01:10:58	03:36:45.70	03:36:45.70	+02:39:17 (73.5%)	21:40	2.8 (26.9%)
1338	GARBACZ Edyta	2893	X-TEAM TARNÓW	Open Kobiet	290	10:45	00:53:00	03:37:13.80	03:37:13.80	+02:39:45 (73.5%)	21:43	2.8 (26.9%)
1339	PAROL Diana	2115	NIE W SZCZEPIONKĘ TEAM	Elite Kobiet	12	09:15	00:46:37	03:37:27.20	03:37:27.20	+02:39:59 (73.6%)	21:44	2.8 (26.9%)
1340	WYPYCH Zbigniew	2385	WATAHA	Open Mężczyzn	751	09:45	00:59:52	03:37:45.60	03:37:45.60	+02:40:17 (73.6%)	21:46	2.8 (26.9%)
1341	DĄBROWSKA Daria	3022	WILD TEAM	Open Kobiet	291	09:30	01:11:50	03:38:17.25	03:38:17.25	+02:40:49 (73.7%)	21:49	2.7 (26.0%)
1342	DOBOSZ Damian	2264		Open Mężczyzn	752	09:30	01:12:02	03:38:17.55	03:38:17.55	+02:40:49 (73.7%)	21:49	2.7 (26.0%)
1343	PŁAŻAŁSKI Przemysław	2448	HUSARIA RACE TEAM	Open Mężczyzn	753	09:45	01:13:22	03:38:22.95	03:38:22.95	+02:40:55 (73.7%)	21:50	2.7 (26.0%)
1344	WĄSIK Nina	2816		Open Kobiet	292	10:30	01:03:56	03:39:01.90	03:39:01.90	+02:41:33 (73.8%)	21:54	2.7 (26.0%)
1345	GRAMACKI Piotr	2773		Open Mężczyzn	754	10:30	01:03:56	03:39:02.30	03:39:02.30	+02:41:34 (73.8%)	21:54	2.7 (26.0%)
1346	GRAMACKI Wojciech	2774		Open Mężczyzn	755	10:30	01:03:57	03:39:03.30	03:39:03.30	+02:41:35 (73.8%)	21:54	2.7 (26.0%)
1347	HĘĆKA Katarzyna	2777		Open Kobiet	293	10:30	01:03:55	03:39:03.50	03:39:03.50	+02:41:35 (73.8%)	21:54	2.7 (26.0%)
1348	KOT Ada	2786		Open Kobiet	294	10:30	01:14:20	03:39:18.50	03:39:18.50	+02:41:50 (73.8%)	21:55	2.7 (26.0%)
1349	KANAK Michał	2782		Open Mężczyzn	756	10:30	01:14:21	03:39:18.85	03:39:18.85	+02:41:50 (73.8%)	21:55	2.7 (26.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1350	PODGÓRSKI Marcin	2598	LIFE4FIT	Open Mężczyzn	757	09:45	01:13:20	03:39:25.75	03:39:25.75	+02:41:57 (73.8%)	21:56	2.7 (26.0%)
1351	PRAŁAT Arkadiusz	2028	NEXTREME	Open Mężczyzn	758	09:00	00:27:32	03:39:34.40	03:39:34.40	+02:42:06 (73.8%)	21:57	2.7 (26.0%)
1352	SYLWIA Płażalska	2415		Open Kobiet	295	09:45	01:13:19	03:40:07.80	03:40:07.80	+02:42:39 (73.9%)	22:00	2.7 (26.0%)
1353	TOMIAŁOJĆ-BIWOJNO Ewelina	2337	LIFE4FIT	Open Kobiet	296	09:45	01:13:22	03:40:21.40	03:40:21.40	+02:42:53 (73.9%)	22:02	2.7 (26.0%)
1354	BODNAR Magdalena	2597	LIFE4FIT	Open Kobiet	297	09:45	01:13:21	03:40:24.60	03:40:24.60	+02:42:56 (73.9%)	22:02	2.7 (26.0%)
1355	WADAS Natalia	2949		Open Kobiet	298	09:45	01:13:22	03:40:43.35	03:40:43.35	+02:43:15 (74.0%)	22:04	2.7 (26.0%)
1356	ŚMIGIELSKA Jagoda	2945		Open Kobiet	299	09:30	01:09:31	03:40:56.15	03:40:56.15	+02:43:28 (74.0%)	22:05	2.7 (26.0%)
1357	ŁABUZ Edyta	2899	X-TEAM TARNÓW	Open Kobiet	300	10:45	00:52:59	03:42:29.10	03:42:29.10	+02:45:01 (74.2%)	22:14	2.7 (26.0%)
1358	OSTROWSK Aneta	2405		Open Kobiet	301	09:45	01:13:23	03:43:15.10	03:43:15.10	+02:45:47 (74.3%)	22:19	2.7 (26.0%)
1359	BANDYK Izabela	3099	HUSARIA RACE TEAM	Open Kobiet	302	11:15	01:07:57	03:46:37.85	03:46:37.85	+02:49:09 (74.6%)	22:39	2.6 (25.0%)
1360	CHOJNOWSKA Karolina	3272		Open Kobiet	303	09:30	01:27:05	03:47:32.55	03:47:32.55	+02:50:04 (74.7%)	22:45	2.6 (25.0%)
1361	WALCZYŃSKI Michał	3235	LEŻAKI	Open Mężczyzn	759	11:30	00:55:31	03:47:38.00	03:47:38.00	+02:50:10 (74.8%)	22:45	2.6 (25.0%)
1362	KUTYŁA Marek	2721	OD ZERA DO WETERANA	Open Mężczyzn	760	10:30	01:15:43	03:48:01.45	03:48:01.45	+02:50:33 (74.8%)	22:48	2.6 (25.0%)
1363	ŻWIRECKI Łukasz	2722	OD ZERA DO WETERANA	Open Mężczyzn	761	10:30	01:15:43	03:48:01.90	03:48:01.90	+02:50:33 (74.8%)	22:48	2.6 (25.0%)
1364	MARKOWICZ Ewelina	2097	ŚLUNSKIE DZIKI	Open Kobiet	304	09:15	00:46:07	03:49:18.70	03:49:18.70	+02:51:50 (74.9%)	22:55	2.6 (25.0%)
1365	BAJSAROWICZ Marta	2107		Open Kobiet	305	09:15	00:41:54	03:49:18.80	03:49:18.80	+02:51:50 (74.9%)	22:55	2.6 (25.0%)
1366	NIKIEL Dariusz	2962	DIRTY SPARROWS	Open Mężczyzn	762	11:00	00:55:13	03:49:50.65	03:49:50.65	+02:52:22 (75.0%)	22:59	2.6 (25.0%)
1367	CIEŚLAK Adrian	3089	AVENGERSIPRO	Open Mężczyzn	763	11:15	01:12:55	03:53:44.90	03:53:44.90	+02:56:16 (75.4%)	23:22	2.6 (25.0%)
1368	NIŻNIKIEWICZ Dorota	3091	AVENGERSIPRO	Open Kobiet	306	11:15	01:12:53	03:53:45.05	03:53:45.05	+02:56:17 (75.4%)	23:22	2.6 (25.0%)
1369	OSTROWSKA Magdalena	3092	AVENGERSIPRO	Open Kobiet	307	11:15	01:12:55	03:53:45.20	03:53:45.20	+02:56:17 (75.4%)	23:22	2.6 (25.0%)
1370	BARYCZKA Aleksandra	3088	AVENGERSIPRO	Open Kobiet	308	11:15	01:12:54	03:53:45.30	03:53:45.30	+02:56:17 (75.4%)	23:22	2.6 (25.0%)
1371	KALETA Artur	3090	AVENGERSIPRO	Open Mężczyzn	764	11:15	01:12:44	03:53:45.65	03:53:45.65	+02:56:17 (75.4%)	23:22	2.6 (25.0%)
1372	BAŃSKI Krzysztof	3087	AVENGERSIPRO	Open Mężczyzn	765	11:15	01:12:33	03:53:46.35	03:53:46.35	+02:56:18 (75.4%)	23:22	2.6 (25.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1373	KURAŚ Beata	2106	XRUNNERS	Elite Kobiet	13	09:15	00:44:26	03:55:21.85	03:55:21.85	+02:57:53 (75.6%)	23:32	2.5 (24.0%)
1374	GAŃKO Mateusz	3375	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	766	10:00	00:53:27	03:56:21.85	03:56:21.85	+02:58:53 (75.7%)	23:38	2.5 (24.0%)
1375	GARNUSZEK Anita	2094	POWER TRAINING	Open Kobiet	309	09:15	00:42:40	03:57:05.65	03:57:05.65	+02:59:37 (75.8%)	23:42	2.5 (24.0%)
1376	TUTAJ Jakub	2910	X-TEAM TARNÓW	Open Masters Mężczyzn	167	10:45	01:04:29	03:57:16.65	03:57:16.65	+02:59:48 (75.8%)	23:43	2.5 (24.0%)
1377	POWROŹNIK Justyna	2905	X-TEAM TARNÓW	Open Kobiet	310	10:45	01:04:15	03:59:26.30	03:59:26.30	+03:01:58 (76.0%)	23:56	2.5 (24.0%)
1378	PŁUSKA Michał	2449	HUSARIA RACE TEAM	Open Mężczyzn	767	10:00	00:53:51	04:00:24.55	04:00:24.55	+03:02:56 (76.1%)	24:02	2.5 (24.0%)
1379	SADOWSKI Tomasz	3479		Open Mężczyzn	768	10:00	01:02:36	04:01:35.55	04:01:35.55	+03:04:07 (76.2%)	24:09	2.5 (24.0%)
1380	GILARSKA Marta	2084	BIEGOWE NYGUSY	Open Kobiet	311	09:15	00:48:24	04:08:08.10	04:08:08.10	+03:10:40 (76.8%)	24:48	2.4 (23.1%)
1381	GRZECH Mateusz	2176	BESTIE OCR LEGIONOWO	Open Mężczyzn	769	09:30	01:02:21	04:10:50.35	04:10:50.35	+03:13:22 (77.1%)	25:05	2.4 (23.1%)
1382	KURAN Halina	2381	WATAHA	Open Kobiet	312	09:30	01:02:21	04:10:51.60	04:10:51.60	+03:13:23 (77.1%)	25:05	2.4 (23.1%)
1383	ŁABUZ Sabina	2900	X-TEAM TARNÓW	Open Kobiet	313	10:45	01:04:15	04:12:12.55	04:12:12.55	+03:14:44 (77.2%)	25:13	2.4 (23.1%)
1384	GREC Klaudia	2100	UNITED RUNNERS	Open Kobiet	314	09:15	00:39:44	04:14:11.45	04:14:11.45	+03:16:43 (77.4%)	25:25	2.4 (23.1%)
1385	NITECKA Marta	2086	DENISTEAM	Open Masters Kobiet	47	09:15	00:41:37	04:30:42.35	04:30:42.35	+03:33:14 (78.8%)	27:04	2.2 (21.2%)
1386	ZONTEK Andrzej	2008	DENISTEAM	Elite Masters Mężczyzn	16	09:00	00:29:18	04:40:12.40	04:40:12.40	+03:42:44 (79.5%)	28:01	2.1 (20.2%)
1387	GAŃKO Karolina	2090	NIE W SZCZEPIONKĘ TEAM	Open Kobiet	315	09:15	00:46:38	04:42:06.75	04:42:06.75	+03:44:38 (79.6%)	28:12	2.1 (20.2%)
1388	FILIPEK Carolina	2099	UNITED RUNNERS	Open Kobiet	316	09:15	00:54:16	04:45:34.30	04:45:34.30	+03:48:06 (79.9%)	28:33	2.1 (20.2%)
1389	TÁNCZOS Weronika	2102	UNITED RUNNERS	Open Kobiet	317	09:15	00:54:16	04:46:42.35	04:46:42.35	+03:49:14 (80.0%)	28:40	2.1 (20.2%)
1390	JERMAKOWICZ Anna	2121	POWER TRAINING	Open Kobiet	318	09:15	00:43:17	04:52:39.65	04:52:39.65	+03:55:11 (80.4%)	29:15	2.1 (20.2%)
1391	DADELEWSKA Joanna	2116	PIĘKNI I BESTIE	Elite Kobiet	14	09:15	00:53:19	04:58:12.20	04:58:12.20	+04:00:44 (80.7%)	29:49	2 (19.2%)
1392	MIZGALSKI Jacek	2012	DZIADY OCR	Open Masters Mężczyzn	168	09:00	00:34:09	05:18:51.95	05:18:51.95	+04:21:24 (82.0%)	31:53	1.9 (18.3%)
1393		2153					00:45:22	02:00:51.60	05:39:13.30	+04:41:45 (83.1%)	12:05	5 (48.1%)
1394	PINDEL Piotr	2843	ŁOWCY PIEROŻKÓW	Open Mężczyzn	770	11:00	00:37:45			+02:07:32	8:23	7.2 (69.2%)
1395	KURKA Sebastian	2444	HUSARIA RACE TEAM	Open Mężczyzn	771	10:00	00:51:07			+01:24:19	11:21	5.3 (51.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1396	FORREITER Przemek	2698	FIT & MORE	Open Masters Mężczyzn	169	10:30	00:55:15			+01:57:14	12:16	4.9 (47.1%)
1397	JASKÓŁA Izabela	2778		Open Kobiet	319	10:30	00:58:00			+01:59:59	12:53	4.7 (45.2%)
1398	WALCZAK Julian	2155		Open Mężczyzn	772	12:00	01:13:23			+04:23:59	16:18	3.7 (35.6%)
1399	HOFMAN-DWOJAK Agnieszka	3281		Open Masters Kobiet	48	11:30						(0.0%)
1400	CIERSON Aneta	3497		Open Masters Kobiet	49	10:30						(0.0%)
1401	LEWANDOWSKI Bartosz	2793		Open Mężczyzn	773	10:30						(0.0%)
1402	KULIG Marta	2955	BEERS FORCE ONE	Open Kobiet	320	11:00						(0.0%)
	GRUDKOWSKI Artur	3149	TME RUNNERS	Open Mężczyzn		11:15	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 1403 wynik(ów)