

Wydarzenie: Finał Ligi Runmageddonu
Organizator: Extreme Events, Runmageddon
Data: 2019-10-20
Miejsce: Wrocław
Dystans: 10 km

Klasyfikacja: Open Kobiet

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	DUBIEL Monika	2853	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	1	10:45	00:38:23	01:48:43.70	01:48:43.70		10:52	5.5 (100%)
2	PIETROSZEK Agata	2675		Open Kobiet	2	10:15	00:38:02	01:49:44.40	01:49:44.40	+00:01:00 (0.9%)	10:58	5.5 (100%)
3	MŁYNARCZYK Tatiana	2217	HUSARIA RACE TEAM	Open Kobiet	3	10:15	00:37:55	01:50:07.80	01:50:07.80	+00:01:24 (1.3%)	11:00	5.4 (98.2%)
4	GULATOWSKA Klaudia	3165		Open Kobiet	4	11:15	00:46:06	01:54:13.30	01:54:13.30	+00:05:29 (4.8%)	11:25	5.3 (96.4%)
5	TOMCZAK Joanna	2290		Open Kobiet	5	09:30	00:38:57	01:56:01.00	01:56:01.00	+00:07:17 (6.3%)	11:36	5.2 (94.5%)
6	SERKIS Małgorzata	2942		Open Masters Kobiet	1	10:45	00:44:39	01:57:28.80	01:57:28.80	+00:08:45 (7.4%)	11:44	5.1 (92.7%)
7	KOZDÓJ Ewa	2359	OSWRIS	Open Masters Kobiet	2	09:45	00:42:56	01:59:51.50	01:59:51.50	+00:11:07 (9.3%)	11:59	5 (90.9%)
8	KUBIAK Edyta	2629	TEAM ŚWINIA	Open Kobiet	6	10:15	00:47:09	02:01:04.00	02:01:04.00	+00:12:20 (10.2%)	12:06	5 (90.9%)
9	BURAKOWSKA Małgorzata	3231	HUSARIA RACE TEAM	Open Masters Kobiet	3	11:30	00:48:33	02:01:24.05	02:01:24.05	+00:12:40 (10.4%)	12:08	4.9 (89.1%)
10	KARCZMAR Kornelia	2636	WF KOSTRZYN	Open Kobiet	7	10:15	00:39:57	02:02:36.70	02:02:36.70	+00:13:53 (11.3%)	12:15	4.9 (89.1%)
11	SPRAWKA Marta	2098	STFSQUAD	Open Kobiet	8	09:15	00:40:50	02:05:20.90	02:05:20.90	+00:16:37 (13.3%)	12:32	4.8 (87.3%)
12	NOWAKOWSKA-TRZASKA Joanna	3340	CROSSFIT HELLWOOD	Open Masters Kobiet	4	11:45	00:45:10	02:05:54.65	02:05:54.65	+00:17:10 (13.6%)	12:35	4.8 (87.3%)
13	TUREK Amanda	2622	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	9	09:30	00:50:07	02:06:07.30	02:06:07.30	+00:17:23 (13.8%)	12:36	4.8 (87.3%)
14	ŁUKASZEK Katarzyna	3179		Open Masters Kobiet	5	11:15	00:47:26	02:09:29.00	02:09:29.00	+00:20:45 (16.0%)	12:56	4.6 (83.6%)
15	BURKIEWICZ Izabela	3270		Open Masters Kobiet	6	11:30	00:46:00	02:10:44.30	02:10:44.30	+00:22:00 (16.8%)	13:04	4.6 (83.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
16	MARCOL Dominika	2149		Open Kobiet	10	11:15	00:45:12	02:11:29.45	02:11:29.45	+00:22:45 (17.3%)	13:08	4.6 (83.6%)
17	JERECZEK Joanna	2696	FABRYKA ZDROWIA BYTÓW	Open Masters Kobiet	7	10:30	00:47:40	02:12:44.40	02:12:44.40	+00:24:00 (18.1%)	13:16	4.5 (81.8%)
18	KULIGOWSKA Małgorzata	2788		Open Masters Kobiet	8	10:30	00:41:58	02:13:07.10	02:13:07.10	+00:24:23 (18.3%)	13:18	4.5 (81.8%)
19	FLOREK Katarzyna	2504	TURBOTEAM	Open Kobiet	11	10:00	00:47:36	02:13:21.15	02:13:21.15	+00:24:37 (18.5%)	13:20	4.5 (81.8%)
20	DREKO Anna	2502	TURBOTEAM	Open Kobiet	12	10:00	00:47:20	02:13:21.45	02:13:21.45	+00:24:37 (18.5%)	13:20	4.5 (81.8%)
21	BINKOWSKA Nadia	3344	DIRTY SPARROWS	Open Kobiet	13	09:45	00:41:44	02:13:31.05	02:13:31.05	+00:24:47 (18.6%)	13:21	4.5 (81.8%)
22	ZDUŃCZYK Sylwia	2427	BIOSFERA	Open Kobiet	14	10:00	00:55:38	02:14:18.00	02:14:18.00	+00:25:34 (19.0%)	13:25	4.5 (81.8%)
23	BAGIŃSKA Laura	3388		Open Kobiet	15	10:15	00:45:52	02:14:33.05	02:14:33.05	+00:25:49 (19.2%)	13:27	4.5 (81.8%)
24	GRZEGORCZYK Dorota	3370	RMF4RT GLADIATORS	Open Kobiet	16	11:45	00:41:42	02:15:00.00	02:15:00.00	+00:26:16 (19.5%)	13:30	4.4 (80.0%)
25	ROZMYŚLAK Patrycja	2280		Open Kobiet	17	09:30	00:45:53	02:15:04.80	02:15:04.80	+00:26:21 (19.5%)	13:30	4.4 (80.0%)
26	NIEZBECKA Mariola	2671		Open Kobiet	18	09:30	00:45:31	02:15:25.00	02:15:25.00	+00:26:41 (19.7%)	13:32	4.4 (80.0%)
27	KASIŃSKA Małgorzata	3498		Open Kobiet	19	11:45	00:41:47	02:15:53.35	02:15:53.35	+00:27:09 (20.0%)	13:35	4.4 (80.0%)
28	GREIBIG Michaela	2234	OCR MUNICH	Open Kobiet	20	09:30	00:52:00	02:16:21.45	02:16:21.45	+00:27:37 (20.3%)	13:38	4.4 (80.0%)
29	KARAŚ Renata	2426	BIEGOWE NYGUSY	Open Masters Kobiet	9	09:30	00:48:20	02:16:28.70	02:16:28.70	+00:27:45 (20.3%)	13:38	4.4 (80.0%)
30	MATKOWSKA Martyna	3186		Open Kobiet	21	11:15	00:54:22	02:17:00.90	02:17:00.90	+00:28:17 (20.6%)	13:42	4.4 (80.0%)
31	KOLLAR Małgorzata	3350	GT ALIZKA TEAM :)	Open Kobiet	22	11:45	00:44:57	02:17:11.85	02:17:11.85	+00:28:28 (20.8%)	13:43	4.4 (80.0%)
32	PAWELEC Aleksandra	3487	HUSARIA RACE TEAM	Open Kobiet	23	09:30	00:41:36	02:17:49.95	02:17:49.95	+00:29:06 (21.1%)	13:46	4.4 (80.0%)
33	KOWALEWSKA Ewa	2982	KRATOS TRZEBNICA	Open Kobiet	24	11:00	00:46:56	02:18:39.95	02:18:39.95	+00:29:56 (21.6%)	13:51	4.3 (78.2%)
34	SITKO Krystyna	3437	SPARTANSKIE SWIRY	Open Kobiet	25	12:00	00:47:19	02:20:29.60	02:20:29.60	+00:31:45 (22.6%)	14:02	4.3 (78.2%)
35	SZATKOWSKA Agnieszka	2875	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	26	10:45	00:49:59	02:20:54.85	02:20:54.85	+00:32:11 (22.8%)	14:05	4.3 (78.2%)
36	GOŹDZIK Karolina	3379	SPARTAN SGX WARSAW	Open Kobiet	27	10:15	00:56:10	02:21:02.85	02:21:02.85	+00:32:19 (22.9%)	14:06	4.3 (78.2%)
37	WOJTAL Marta	3438	SPARTANSKIE SWIRY	Open Kobiet	28	12:00	00:47:29	02:21:25.10	02:21:25.10	+00:32:41 (23.1%)	14:08	4.2 (76.4%)
38	SZABAT Adrianna	2383	WATAHA	Open Kobiet	29	09:45	00:43:46	02:21:45.20	02:21:45.20	+00:33:01 (23.3%)	14:10	4.2 (76.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
39	MATYSIAK Anna	3094	DROGA DO ULTRA	Open Masters Kobiet	10	11:15	00:46:21	02:21:45.50	02:21:45.50	+00:33:01 (23.3%)	14:10	4.2 (76.4%)
40	OLSZAK Wioleta	3195		Open Masters Kobiet	11	11:15	00:46:20	02:21:45.80	02:21:45.80	+00:33:02 (23.3%)	14:10	4.2 (76.4%)
41	KALETA Anna	2323	HUSARIA RACE TEAM	Open Kobiet	30	09:45	00:37:18	02:22:24.90	02:22:24.90	+00:33:41 (23.7%)	14:14	4.2 (76.4%)
42	ZIMNA Izabela	2550		Open Kobiet	31	10:00	00:51:52	02:22:27.00	02:22:27.00	+00:33:43 (23.7%)	14:14	4.2 (76.4%)
43	BERNACKA Katarzyna	2912		Open Kobiet	32	10:45	00:39:11	02:23:01.05	02:23:01.05	+00:34:17 (24.0%)	14:18	4.2 (76.4%)
44	RUCKA Alicja	3415		Open Kobiet	33	11:45	00:42:25	02:23:54.35	02:23:54.35	+00:35:10 (24.4%)	14:23	4.2 (76.4%)
45	SADLAKOWSKA Kamila	2147		Open Kobiet	34	11:00	00:51:20	02:23:59.10	02:23:59.10	+00:35:15 (24.5%)	14:23	4.2 (76.4%)
46	MACKIEWICZ Emilia	3474		Open Kobiet	35	10:15	00:43:56	02:24:08.85	02:24:08.85	+00:35:25 (24.6%)	14:24	4.2 (76.4%)
47	ZASADOWSKA Justyna	2825	BIEGOWE NYGUSY	Open Masters Kobiet	12	09:30	00:48:24	02:24:25.10	02:24:25.10	+00:35:41 (24.7%)	14:26	4.2 (76.4%)
48	BŁASIAK Martyna	3265		Open Kobiet	36	11:30	00:50:25	02:25:23.65	02:25:23.65	+00:36:39 (25.2%)	14:32	4.1 (74.5%)
49	SERSISKO Dagmara	3436	SPARTANSKIE SWIRY	Open Kobiet	37	12:00	00:47:20	02:25:49.70	02:25:49.70	+00:37:06 (25.4%)	14:34	4.1 (74.5%)
50	JAROSZ Agnieszka	3435	SPARTANSKIE SWIRY	Open Kobiet	38	12:00	00:47:19	02:25:49.85	02:25:49.85	+00:37:06 (25.4%)	14:34	4.1 (74.5%)
51	RODZIK Joanna	2242	RMF4RT GLADIATORS	Open Kobiet	39	09:30	00:51:11	02:26:31.30	02:26:31.30	+00:37:47 (25.8%)	14:39	4.1 (74.5%)
52	GURAN Agnieszka	2524		Open Kobiet	40	10:00	00:48:34	02:26:37.50	02:26:37.50	+00:37:53 (25.8%)	14:39	4.1 (74.5%)
53	KUREK Anna	2532		Open Kobiet	41	10:00	00:48:31	02:26:37.60	02:26:37.60	+00:37:53 (25.8%)	14:39	4.1 (74.5%)
54	DUDA Małgorzata	2519		Open Kobiet	42	10:00	00:48:31	02:26:37.80	02:26:37.80	+00:37:54 (25.8%)	14:39	4.1 (74.5%)
55	FORTUNA-CZMOK Jolanta	2727	POGROMCY	Open Masters Kobiet	13	10:30	01:01:31	02:27:00.55	02:27:00.55	+00:38:16 (26.0%)	14:42	4.1 (74.5%)
56	LITWIN Dorota	2401		Open Kobiet	43	09:45	00:53:40	02:27:06.20	02:27:06.20	+00:38:22 (26.1%)	14:42	4.1 (74.5%)
57	ZAWIDNIAK Nina	2423		Open Kobiet	44	09:45	00:53:39	02:27:06.30	02:27:06.30	+00:38:22 (26.1%)	14:42	4.1 (74.5%)
58	KORZEŃ Dajana	3359	NIE BYŁO CIASTEK WIĘC KUPIŁEM ZAPRAWĘ MURARSKĄ	Open Kobiet	45	11:45	00:46:31	02:27:19.75	02:27:19.75	+00:38:36 (26.2%)	14:43	4.1 (74.5%)
59	SMOLUCH Magdalena	3448		Open Kobiet	46	12:00	00:51:51	02:27:33.20	02:27:33.20	+00:38:49 (26.3%)	14:45	4.1 (74.5%)
60	KACHEL Agata	2376	SZTURM	Open Kobiet	47	09:45	00:46:02	02:27:53.40	02:27:53.40	+00:39:09 (26.5%)	14:47	4.1 (74.5%)
61	KOZŁOWSKA Małgorzata	3056		Open Kobiet	48	11:00	00:54:23	02:28:03.35	02:28:03.35	+00:39:19 (26.6%)	14:48	4.1 (74.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
62	KSIĘŻOPOLSKA Małgorzata	2822	#BLUES BROTHERS#	Open Kobiet	49	10:45	00:52:41	02:28:07.90	02:28:07.90	+00:39:24 (26.6%)	14:48	4.1 (74.5%)
63	WIDZIŃSKA Agnieszka	2463	NINJA LUDKI	Open Kobiet	50	10:00	00:51:41	02:28:39.50	02:28:39.50	+00:39:55 (26.9%)	14:51	4 (72.7%)
64	SZLACHTA-MYRLAK Maria	3078		Open Kobiet	51	11:00	00:45:42	02:29:12.00	02:29:12.00	+00:40:28 (27.1%)	14:55	4 (72.7%)
65	HOMEL Joanna	2605	PROFI PATO TEAM	Open Masters Kobiet	14	10:15	00:47:24	02:29:15.90	02:29:15.90	+00:40:32 (27.2%)	14:55	4 (72.7%)
66	BIELA Anna	2914		Open Kobiet	52	10:45	00:47:00	02:29:27.90	02:29:27.90	+00:40:44 (27.3%)	14:56	4 (72.7%)
67	TRZASKA Anna	3131	RUNMAGEDDON POLICE TEAM BRZEG	Open Masters Kobiet	15	11:15	00:55:34	02:29:29.35	02:29:29.35	+00:40:45 (27.3%)	14:56	4 (72.7%)
68	JAKUBOWSKA Edyta	2525		Open Masters Kobiet	16	10:00	00:51:24	02:29:44.45	02:29:44.45	+00:41:00 (27.4%)	14:58	4 (72.7%)
69	NAMYŚŁOWSKA Karolina	2638	WF KOSTRZYN	Open Kobiet	53	10:15	00:50:01	02:29:53.00	02:29:53.00	+00:41:09 (27.5%)	14:59	4 (72.7%)
70	CIEŚLA Agnieszka	2632	WF KOSTRZYN	Open Kobiet	54	10:15	00:54:36	02:29:53.70	02:29:53.70	+00:41:10 (27.5%)	14:59	4 (72.7%)
71	WAWRZYNIAK Monika	2640	WF KOSTRZYN	Open Kobiet	55	10:15	00:49:47	02:29:54.75	02:29:54.75	+00:41:11 (27.5%)	14:59	4 (72.7%)
72	NAWROCKA Elżbieta	2616	ROSSMANN	Open Kobiet	56	10:15	00:49:48	02:30:02.45	02:30:02.45	+00:41:18 (27.5%)	15:00	4 (72.7%)
73	KILARSKA Barbara	3427	CROSS HEROES - OGIEŃ!	Open Kobiet	57	12:00	00:45:44	02:30:38.35	02:30:38.35	+00:41:54 (27.8%)	15:03	4 (72.7%)
74	BOŻEK Dominika	3390		Open Kobiet	58	11:45	00:49:28	02:30:44.25	02:30:44.25	+00:42:00 (27.9%)	15:04	4 (72.7%)
75	ROSTKOWSKA Olga	3464		Open Kobiet	59	09:30	00:47:41	02:30:48.20	02:30:48.20	+00:42:04 (27.9%)	15:04	4 (72.7%)
76	WALCZAK Danuta	2418		Open Kobiet	60	09:45	00:50:17	02:30:54.65	02:30:54.65	+00:42:10 (28.0%)	15:05	4 (72.7%)
77	GAWRON Ewelina	2897	X-TEAM TARNÓW	Open Kobiet	61	10:45	00:50:16	02:31:25.05	02:31:25.05	+00:42:41 (28.2%)	15:08	4 (72.7%)
78	OBAL Anna	2904	X-TEAM TARNÓW	Open Kobiet	62	10:45	00:50:18	02:31:33.10	02:31:33.10	+00:42:49 (28.3%)	15:09	4 (72.7%)
79	KOTARSKA Ewa	2697	FABRYKA ZDROWIA BYTÓW	Open Masters Kobiet	17	10:30	00:54:41	02:31:33.90	02:31:33.90	+00:42:50 (28.3%)	15:09	4 (72.7%)
80	CHWARZYNSKA Aldona	2695	FABRYKA ZDROWIA BYTÓW	Open Kobiet	63	10:30	00:54:40	02:31:34.00	02:31:34.00	+00:42:50 (28.3%)	15:09	4 (72.7%)
81	ŁOSIN Marta	2109		Open Kobiet	64	09:15	00:31:22	02:31:35.80	02:31:35.80	+00:42:52 (28.3%)	15:09	4 (72.7%)
82	ANDRJANIK Iwona	2848	PONIEDZIAŁEK 20	Open Kobiet	65	10:45	00:46:15	02:31:41.75	02:31:41.75	+00:42:58 (28.3%)	15:10	4 (72.7%)
83	RODAK Agnieszka	2472	RMF4RT GLADIATORS	Open Masters Kobiet	18	10:00	00:58:24	02:32:02.25	02:32:02.25	+00:43:18 (28.5%)	15:12	3.9 (70.9%)
84	STANKIEWICZ Karolina	2581	HUSARIA RACE TEAM	Open Kobiet	66	09:30	00:52:35	02:32:05.10	02:32:05.10	+00:43:21 (28.5%)	15:12	3.9 (70.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
85	KNOT Martyna	2235	PIĘKNI I BESTIE	Open Kobiet	67	09:30	00:52:04	02:32:32.40	02:32:32.40	+00:43:48 (28.7%)	15:15	3.9 (70.9%)
86	KRAWCZYK Karina	3143	SKOŃCZENI OCR	Open Kobiet	68	11:15	00:57:49	02:32:45.35	02:32:45.35	+00:44:01 (28.8%)	15:16	3.9 (70.9%)
87	JASIŃSKA Patrycja	2656		Open Masters Kobiet	19	10:15	00:53:19	02:32:47.60	02:32:47.60	+00:44:03 (28.8%)	15:16	3.9 (70.9%)
88	BARSUKOVA Daria	3264		Open Kobiet	69	11:30	00:49:17	02:33:09.30	02:33:09.30	+00:44:25 (29.0%)	15:18	3.9 (70.9%)
89	JASKÓŁA Izabela	2778		Open Kobiet	70	10:30	00:58:00	02:33:52.30	02:33:52.30	+00:45:08 (29.3%)	15:23	3.9 (70.9%)
90	CIERNIAK Agata	2647		Open Masters Kobiet	20	10:15	00:56:46	02:34:05.45	02:34:05.45	+00:45:21 (29.4%)	15:24	3.9 (70.9%)
91	STRANSPICH Anna	2591	KOPALNIAKI	Open Kobiet	71	10:15	00:55:36	02:34:38.15	02:34:38.15	+00:45:54 (29.7%)	15:27	3.9 (70.9%)
92	PAŚ Klaudia	3413		Open Kobiet	72	11:45	00:46:53	02:34:59.45	02:34:59.45	+00:46:15 (29.8%)	15:29	3.9 (70.9%)
93	KRAWCZYK Joanna	2214	HUSARIA RACE TEAM	Open Kobiet	73	09:30	00:50:51	02:35:11.40	02:35:11.40	+00:46:27 (29.9%)	15:31	3.9 (70.9%)
94	BIELECKA Magdalena	3129	RUNMAGEDDON POLICE TEAM BRZEG	Open Masters Kobiet	21	11:15	00:55:29	02:35:20.10	02:35:20.10	+00:46:36 (30.0%)	15:32	3.9 (70.9%)
95	MEDWID Katarzyna	3108	KS OTMĘT KRAPKOWICE RUNMAGEDDON TEAM	Open Masters Kobiet	22	11:15	00:56:52	02:35:21.15	02:35:21.15	+00:46:37 (30.0%)	15:32	3.9 (70.9%)
96	BRĄCZYK Ewa	2204	HUSARIA RACE TEAM	Open Kobiet	74	09:30	00:53:45	02:35:56.35	02:35:56.35	+00:47:12 (30.3%)	15:35	3.8 (69.1%)
97	SKOKOWSKA Anna	3314		Open Kobiet	75	11:30	00:50:55	02:35:58.30	02:35:58.30	+00:47:14 (30.3%)	15:35	3.8 (69.1%)
98	RYŃ-SOBALA Renata	2741	RMF4RT GLADIATORS	Open Masters Kobiet	23	10:30	00:54:52	02:36:22.90	02:36:22.90	+00:47:39 (30.5%)	15:38	3.8 (69.1%)
99	HYRA Katarzyna	3045		Open Kobiet	76	11:00	00:53:31	02:36:41.40	02:36:41.40	+00:47:57 (30.6%)	15:40	3.8 (69.1%)
100	GĄDEK-SERWIN Karolina	2880	TOMB RAIDERS	Open Kobiet	77	10:45	01:02:45	02:37:09.90	02:37:09.90	+00:48:26 (30.8%)	15:42	3.8 (69.1%)
101	BARAŃSKA Ania	2879	TOMB RAIDERS	Open Kobiet	78	10:45	01:02:44	02:37:10.00	02:37:10.00	+00:48:26 (30.8%)	15:43	3.8 (69.1%)
102	KOZŁOWSKA Alicja	3174		Open Masters Kobiet	24	11:15	00:51:40	02:37:20.55	02:37:20.55	+00:48:36 (30.9%)	15:44	3.8 (69.1%)
103	SKRZYPCZYŃSKA Agata	2434	CHERRY AND BANANA	Open Kobiet	79	10:00	00:56:59	02:37:30.35	02:37:30.35	+00:48:46 (31.0%)	15:45	3.8 (69.1%)
104	PRENDOTA Anna	2828	BORSUKI, ANIE, GRZYBY	Open Kobiet	80	10:45	00:50:20	02:37:53.00	02:37:53.00	+00:49:09 (31.1%)	15:47	3.8 (69.1%)
105	GOŁĘDZINOWSKA Marzena	2424	#GOLONTEAM	Open Kobiet	81	10:15	00:44:26	02:39:03.80	02:39:03.80	+00:50:20 (31.6%)	15:54	3.8 (69.1%)
106	WYCHADAŃCZUK Ewelina	3083		Open Kobiet	82	11:00	00:57:13	02:39:11.40	02:39:11.40	+00:50:27 (31.7%)	15:55	3.8 (69.1%)
107	WYSOCKA Edyta	3425		Open Kobiet	83	10:15	00:53:31	02:39:43.95	02:39:43.95	+00:51:00 (31.9%)	15:58	3.8 (69.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
108	KURCZYNA- GŁUSZCZAK Magdalena	3257	RUN4GOLD	Open Kobiet	84	11:30	00:56:59	02:39:54.00	02:39:54.00	+00:51:10 (32.0%)	15:59	3.8 (69.1%)
109	SIEKIERSKA Liwia	2808		Open Kobiet	85	10:30	00:53:41	02:39:54.35	02:39:54.35	+00:51:10 (32.0%)	15:59	3.8 (69.1%)
110	SIEKIERSKA Klaudia	2807		Open Kobiet	86	10:30	00:53:52	02:39:54.95	02:39:54.95	+00:51:11 (32.0%)	15:59	3.8 (69.1%)
111	FRONCZAK Agata	2439	HUSARIA RACE TEAM	Open Kobiet	87	10:00	00:52:49	02:40:07.15	02:40:07.15	+00:51:23 (32.1%)	16:00	3.7 (67.3%)
112	LASZCZYK Julia	3347	FABRYKA FORMY BYTOM	Open Kobiet	88	11:45	00:57:40	02:40:29.45	02:40:29.45	+00:51:45 (32.3%)	16:02	3.7 (67.3%)
113	MIKULA Daria	2595	KULTURA SPORTU - DZIKI Z FREESTYLEPARKU	Open Kobiet	89	10:15	00:52:56	02:40:39.70	02:40:39.70	+00:51:56 (32.3%)	16:03	3.7 (67.3%)
114	BIENIEK Natalia	2746	SOCIOS SILESIA	Open Kobiet	90	10:30	00:51:37	02:40:44.65	02:40:44.65	+00:52:00 (32.4%)	16:04	3.7 (67.3%)
115	ILOWSKA-REMBARZ Karolina	2555	BARNABAS TEAM	Open Kobiet	91	10:15	00:55:17	02:41:00.30	02:41:00.30	+00:52:16 (32.5%)	16:06	3.7 (67.3%)
116	DOBOSZ Monika	3351	HARPAGAN BEAST	Open Kobiet	92	11:45	00:57:11	02:41:01.05	02:41:01.05	+00:52:17 (32.5%)	16:06	3.7 (67.3%)
117	DULIAN Anna	3392		Open Kobiet	93	11:45	00:57:12	02:41:01.25	02:41:01.25	+00:52:17 (32.5%)	16:06	3.7 (67.3%)
118	ŁAKOMIEC Karolina	3406		Open Kobiet	94	11:45	00:57:14	02:41:01.55	02:41:01.55	+00:52:17 (32.5%)	16:06	3.7 (67.3%)
119	CZEBOTAR Paula	2758	SZWARCENEGERY	Open Kobiet	95	10:30	00:48:34	02:41:04.45	02:41:04.45	+00:52:20 (32.5%)	16:06	3.7 (67.3%)
120	MALISZEWSKA Agnieszka	2360	OUTDOOR TRAINING	Open Masters Kobiet	25	09:45	01:10:38	02:41:21.95	02:41:21.95	+00:52:38 (32.6%)	16:08	3.7 (67.3%)
121	PŁOSAJ Kamila	2803		Open Kobiet	96	10:30	00:49:13	02:41:23.60	02:41:23.60	+00:52:39 (32.6%)	16:08	3.7 (67.3%)
122	OLSZAK Agnieszka	2447	HUSARIA RACE TEAM	Open Kobiet	97	10:00	00:52:51	02:41:56.85	02:41:56.85	+00:53:13 (32.9%)	16:11	3.7 (67.3%)
123	RUDZIŃSKA Marlena	3219	BIAŁOGARD RUN	Open Kobiet	98	11:30	00:56:39	02:42:10.75	02:42:10.75	+00:53:27 (33.0%)	16:13	3.7 (67.3%)
124	DUKAT Sandra	3114	LEMON TEAM	Open Kobiet	99	11:15	00:57:05	02:42:12.15	02:42:12.15	+00:53:28 (33.0%)	16:13	3.7 (67.3%)
125	FRAĆKOWIAK Kinga	3121	PATUS TEAM	Open Kobiet	100	11:15	00:54:21	02:42:12.70	02:42:12.70	+00:53:29 (33.0%)	16:13	3.7 (67.3%)
126	ZARĘBA Justyna	2755	SPORTERA OCR	Open Kobiet	101	10:30	01:04:01	02:42:13.00	02:42:13.00	+00:53:29 (33.0%)	16:13	3.7 (67.3%)
127	BŁASZKIEWICZ Paulina	3267		Open Kobiet	102	11:30	00:53:54	02:42:21.45	02:42:21.45	+00:53:37 (33.0%)	16:14	3.7 (67.3%)
128	REGUŁA Małgorzata	2533		Open Kobiet	103	10:00	00:54:02	02:43:30.30	02:43:30.30	+00:54:46 (33.5%)	16:21	3.7 (67.3%)
129	MOŁDRZYK Kinga	2487	SOCIOS SILESIA	Open Kobiet	104	10:00	00:54:01	02:43:30.90	02:43:30.90	+00:54:47 (33.5%)	16:21	3.7 (67.3%)
130	PAŁAŻY Nina	2488	SOCIOS SILESIA	Open Kobiet	105	10:00	00:54:03	02:43:31.10	02:43:31.10	+00:54:47 (33.5%)	16:21	3.7 (67.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
131	KRASKA Justyna	2348	MODZAJTO	Open Kobiet	106	09:45	00:59:13	02:44:18.20	02:44:18.20	+00:55:34 (33.8%)	16:25	3.7 (67.3%)
132	TUROWSKA Anna	2947		Open Kobiet	107	10:45	00:55:21	02:44:41.75	02:44:41.75	+00:55:58 (34.0%)	16:28	3.6 (65.5%)
133	JANISZEWSKA Katarzyna	3283		Open Masters Kobiet	26	11:30	00:59:37	02:44:43.95	02:44:43.95	+00:56:00 (34.0%)	16:28	3.6 (65.5%)
134	SOBCZYK Sabina	2222	HUSARIA RACE TEAM	Open Kobiet	108	09:30	00:52:27	02:44:54.90	02:44:54.90	+00:56:11 (34.1%)	16:29	3.6 (65.5%)
135	PAWLIKOWSKA Zuzanna	2752	SPORTERA OCR	Open Kobiet	109	10:30	00:54:36	02:45:14.40	02:45:14.40	+00:56:30 (34.2%)	16:31	3.6 (65.5%)
136	SPYCHALSKA Justyna	2754	SPORTERA OCR	Open Kobiet	110	10:30	00:54:13	02:45:14.65	02:45:14.65	+00:56:30 (34.2%)	16:31	3.6 (65.5%)
137	CHWALISZ Anna	2142	FABRYKA FORMY GORZÓW WLKP.	Open Kobiet	111	11:30	00:52:18	02:45:25.05	02:45:25.05	+00:56:41 (34.3%)	16:32	3.6 (65.5%)
138	MAJWALD Marcela	3183		Open Kobiet	112	11:15	00:56:31	02:45:29.20	02:45:29.20	+00:56:45 (34.3%)	16:32	3.6 (65.5%)
139	BUDNER Justyna	3153		Open Kobiet	113	11:15	00:53:32	02:45:40.65	02:45:40.65	+00:56:56 (34.4%)	16:34	3.6 (65.5%)
140	TROJANOWSKA Dominika	3328		Open Kobiet	114	11:30	00:58:35	02:46:22.75	02:46:22.75	+00:57:39 (34.7%)	16:38	3.6 (65.5%)
141	WIĘCEK Urszula	3333		Open Kobiet	115	11:30	00:58:35	02:46:30.40	02:46:30.40	+00:57:46 (34.7%)	16:39	3.6 (65.5%)
142	TARNOWSKA Dorota	2554	#NDGTEAM	Open Kobiet	116	10:15	00:51:47	02:46:30.50	02:46:30.50	+00:57:46 (34.7%)	16:39	3.6 (65.5%)
143	METELSKA Justyna	3187		Open Kobiet	117	11:15	00:57:29	02:46:55.65	02:46:55.65	+00:58:11 (34.9%)	16:41	3.6 (65.5%)
144	METELSKA Paulina	3189		Open Kobiet	118	11:15	00:57:27	02:46:55.90	02:46:55.90	+00:58:12 (34.9%)	16:41	3.6 (65.5%)
145	METELSKA Karolina	3188		Open Kobiet	119	11:15	00:57:26	02:46:56.00	02:46:56.00	+00:58:12 (34.9%)	16:41	3.6 (65.5%)
146	SZEWCZYK Katarzyna	2144		Open Masters Kobiet	27	11:45	00:55:51	02:47:20.30	02:47:20.30	+00:58:36 (35.0%)	16:44	3.6 (65.5%)
147	SURDACKA Edyta	2145		Open Kobiet	120	11:45	00:55:52	02:47:20.75	02:47:20.75	+00:58:37 (35.0%)	16:44	3.6 (65.5%)
148	HAN Kamilla	2368	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	121	09:45	00:59:28	02:47:21.75	02:47:21.75	+00:58:38 (35.0%)	16:44	3.6 (65.5%)
149	BURDZY Magdalena	3154		Open Kobiet	122	11:15	00:59:38	02:47:38.70	02:47:38.70	+00:58:55 (35.1%)	16:45	3.6 (65.5%)
150	WITKOWSKA Anna	2505	UNDER ARMOUR	Open Kobiet	123	10:00	00:52:45	02:47:39.95	02:47:39.95	+00:58:56 (35.2%)	16:45	3.6 (65.5%)
151	ABRAMCZYK Marta	2437	HUSARIA RACE TEAM	Open Kobiet	124	10:00	00:53:01	02:47:40.30	02:47:40.30	+00:58:56 (35.2%)	16:46	3.6 (65.5%)
152	RUCZEWSKA Klaudia	2339	LUDKI JAGÓDKI	Open Kobiet	125	09:45	01:01:47	02:48:25.80	02:48:25.80	+00:59:42 (35.4%)	16:50	3.6 (65.5%)
153	DYDUCH Dominika	3393		Open Kobiet	126	09:30	00:56:09	02:48:29.55	02:48:29.55	+00:59:45 (35.5%)	16:50	3.6 (65.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
154	BANACZKOWSKA Marta	2386	WILK TRENUJE	Open Kobiet	127	09:45	00:59:33	02:48:45.40	02:48:45.40	+01:00:01 (35.6%)	16:52	3.6 (65.5%)
155	KRZYŻANIAK-DUL Bernadeta	2552	#NDGTEAM	Open Kobiet	128	10:15	00:51:52	02:49:34.50	02:49:34.50	+01:00:50 (35.9%)	16:57	3.5 (63.6%)
156	MIELNIK Natalia	3119	ORGANIC FITNESS	Open Kobiet	129	11:15	00:59:29	02:49:42.30	02:49:42.30	+01:00:58 (35.9%)	16:58	3.5 (63.6%)
157	MARKIEWICZ Dagmara	3243	MOMO TEAM	Open Kobiet	130	11:30	00:52:05	02:49:55.65	02:49:55.65	+01:01:11 (36.0%)	16:59	3.5 (63.6%)
158	KOŁODZIEJ Agata	3290		Open Kobiet	131	11:30	00:49:57	02:50:03.90	02:50:03.90	+01:01:20 (36.1%)	17:00	3.5 (63.6%)
159	GRYMEK Dagmara	2557	BEFIT24TEAM	Open Kobiet	132	10:15	00:43:40	02:50:40.65	02:50:40.65	+01:01:56 (36.3%)	17:04	3.5 (63.6%)
160	CZAJKOWSKA Agnieszka	2759	TIIMBO	Open Kobiet	133	10:30	01:05:37	02:51:02.50	02:51:02.50	+01:02:18 (36.4%)	17:06	3.5 (63.6%)
161	MALINOWSKA Katarzyna	2233	OBY NIE OSTATNI	Open Kobiet	134	09:30	01:11:31	02:51:30.70	02:51:30.70	+01:02:47 (36.6%)	17:09	3.5 (63.6%)
162	ŚWIĘTONIOWSKA Marta	3323		Open Kobiet	135	11:30	00:54:15	02:51:31.65	02:51:31.65	+01:02:47 (36.6%)	17:09	3.5 (63.6%)
163	KUCZERA Agata	3242	MOMO TEAM	Open Kobiet	136	11:30	00:52:04	02:51:47.25	02:51:47.25	+01:03:03 (36.7%)	17:10	3.5 (63.6%)
164	POCH Gabriela	2676		Open Kobiet	137	10:15	00:58:24	02:51:47.30	02:51:47.30	+01:03:03 (36.7%)	17:10	3.5 (63.6%)
165	MUSIOŁ Sonja	2670		Open Kobiet	138	10:15	00:58:24	02:51:47.50	02:51:47.50	+01:03:03 (36.7%)	17:10	3.5 (63.6%)
166	KOZŁOWSKA Dagmara	3383	WF KOSTRZYN	Open Kobiet	139	10:15	00:50:01	02:52:01.10	02:52:01.10	+01:03:17 (36.8%)	17:12	3.5 (63.6%)
167	WOZNIAK Marzena	3385	WF KOSTRZYN	Open Kobiet	140	10:15	00:50:05	02:52:04.25	02:52:04.25	+01:03:20 (36.8%)	17:12	3.5 (63.6%)
168	KŁOSIŃSKA Wiktoria	2691	DRUNKMAGEDOŃCZYCY	Open Kobiet	141	10:30	00:52:48	02:52:10.85	02:52:10.85	+01:03:27 (36.9%)	17:13	3.5 (63.6%)
169	SOBCZYK Barbara	2690	DROGA DO ULTRA	Open Kobiet	142	10:30	00:53:00	02:52:12.15	02:52:12.15	+01:03:28 (36.9%)	17:13	3.5 (63.6%)
170	MAZERANT Karolina	3126	RAZEM TRENUJEMY SPORT	Open Kobiet	143	11:15	00:56:19	02:52:15.50	02:52:15.50	+01:03:31 (36.9%)	17:13	3.5 (63.6%)
171	GORTAT Agnieszka	3164		Open Masters Kobiet	28	11:15	00:56:11	02:52:24.10	02:52:24.10	+01:03:40 (36.9%)	17:14	3.5 (63.6%)
172	SŁUPIK Barbara	2944		Open Masters Kobiet	29	10:45	01:00:57	02:52:25.20	02:52:25.20	+01:03:41 (36.9%)	17:14	3.5 (63.6%)
173	SKRZYNECKA Agnieszka	2842	LASEROWE BIEDRONKI	Open Kobiet	144	10:45	01:00:57	02:52:25.75	02:52:25.75	+01:03:42 (36.9%)	17:14	3.5 (63.6%)
174	CHĘTKIEWICZ Sandra	3241	MOMO TEAM	Open Kobiet	145	11:30	00:52:05	02:52:35.05	02:52:35.05	+01:03:51 (37.0%)	17:15	3.5 (63.6%)
175	WALENTUKIEWICZ Natalia	3384	WF KOSTRZYN	Open Kobiet	146	10:15	00:50:07	02:52:54.50	02:52:54.50	+01:04:10 (37.1%)	17:17	3.5 (63.6%)
176	MIKOS Marta	2302	AMFEPAMINA	Open Kobiet	147	09:45	00:53:05	02:53:07.60	02:53:07.60	+01:04:23 (37.2%)	17:18	3.5 (63.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae	Czas	Czas	Różn	Tempo min/km	Tempo km/h
							Punkt 4.5km	netto 10km	brutto 10km			
177	SOKOŁOWSKA Ewa	2304	AMFEPAMINA	Open Kobiet	148	09:45	00:53:06	02:53:07.90	02:53:07.90	+01:04:24 (37.2%)	17:18	3.5 (63.6%)
178	LACHTARA Marta	2615	ROSSMANN	Open Kobiet	149	10:15	00:56:57	02:53:48.80	02:53:48.80	+01:05:05 (37.4%)	17:22	3.5 (63.6%)
179	BARSZCZ Dominika	2611	ROSSMANN	Open Kobiet	150	10:15	00:56:55	02:53:48.95	02:53:48.95	+01:05:05 (37.4%)	17:22	3.5 (63.6%)
180	SZADZEWICZ Monika	2946		Open Masters Kobiet	30	10:45	00:52:00	02:53:53.10	02:53:53.10	+01:05:09 (37.5%)	17:23	3.5 (63.6%)
181	JÓŻWIAKOWSKA Weronika	2781		Open Kobiet	151	10:30	00:56:52	02:54:06.10	02:54:06.10	+01:05:22 (37.5%)	17:24	3.4 (61.8%)
182	WYSOCKA Klaudia	2195	CARBON OCR RACING TEAM	Open Kobiet	152	09:30	00:51:23	02:54:26.65	02:54:26.65	+01:05:42 (37.7%)	17:26	3.4 (61.8%)
183	PTAK Patrycja	2330	HUSARIA RACE TEAM	Open Kobiet	153	09:45	00:51:15	02:54:26.85	02:54:26.85	+01:05:43 (37.7%)	17:26	3.4 (61.8%)
184	WRZOSEK Karolina	2193	CARBON OCR RACING TEAM	Open Kobiet	154	09:30	00:52:09	02:54:27.25	02:54:27.25	+01:05:43 (37.7%)	17:26	3.4 (61.8%)
184	PIETRAS Mariola	2433	CARBON OCR RACING TEAM	Open Kobiet	154	09:30	00:51:22	02:54:27.25	02:54:27.25	+01:05:43 (37.7%)	17:26	3.4 (61.8%)
186	HUS Natalia	2432	CARBON OCR RACING TEAM	Open Kobiet	156	09:30	00:52:04	02:54:27.60	02:54:27.60	+01:05:43 (37.7%)	17:26	3.4 (61.8%)
187	JÓŻWIK Martyna	3213	ABB RUN 1.0	Open Kobiet	157	11:30	00:57:57	02:55:08.45	02:55:08.45	+01:06:24 (37.9%)	17:30	3.4 (61.8%)
188	RYBKA Zuzanna	2101	UNITED RUNNERS	Open Kobiet	158	09:15	00:44:24	02:55:15.05	02:55:15.05	+01:06:31 (38.0%)	17:31	3.4 (61.8%)
189	SOBCZYK Alicja	2765	WATAHA	Open Kobiet	159	10:30	00:53:22	02:56:06.40	02:56:06.40	+01:07:22 (38.3%)	17:36	3.4 (61.8%)
190	MUSIAŁ-ŁOKIETEK Katarzyna	2669		Open Masters Kobiet	31	09:45	01:05:25	02:56:29.00	02:56:29.00	+01:07:45 (38.4%)	17:38	3.4 (61.8%)
191	KILKA Dorota	3172		Open Kobiet	160	11:15	00:54:13	02:56:29.55	02:56:29.55	+01:07:45 (38.4%)	17:38	3.4 (61.8%)
192	NAPIERAJ Katarzyna	2188	CARBON OCR RACING TEAM	Open Kobiet	161	09:30	00:51:24	02:56:33.00	02:56:33.00	+01:07:49 (38.4%)	17:39	3.4 (61.8%)
193	LASKOWSKA Angelika	2478	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	162	09:45	01:01:44	02:56:39.60	02:56:39.60	+01:07:55 (38.5%)	17:39	3.4 (61.8%)
194	STANISŁAWSKA Agata	3204		Open Kobiet	163	11:15	00:59:55	02:56:43.80	02:56:43.80	+01:08:00 (38.5%)	17:40	3.4 (61.8%)
195	WNOROWSKA Magdalena	2473	RMF4RT GLADIATORS	Open Masters Kobiet	32	10:00	00:54:53	02:56:49.05	02:56:49.05	+01:08:05 (38.5%)	17:40	3.4 (61.8%)
196	ŚWIĘTEK Agnieszka	2143		Open Kobiet	164	11:30	00:52:23	02:57:01.80	02:57:01.80	+01:08:18 (38.6%)	17:42	3.4 (61.8%)
197	SUCHOCKA Monika	3246	MULTIFITT	Open Kobiet	165	11:30	00:52:22	02:57:01.85	02:57:01.85	+01:08:18 (38.6%)	17:42	3.4 (61.8%)
197	ZARZYCKA Magdalena	3247	MULTIFITT	Open Masters Kobiet	33	11:30	00:52:27	02:57:01.85	02:57:01.85	+01:08:18 (38.6%)	17:42	3.4 (61.8%)
199	MAŁOLEPSZA Paulina	2403		Open Kobiet	166	09:45	01:05:29	02:57:36.45	02:57:36.45	+01:08:52 (38.8%)	17:45	3.4 (61.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
200	BUNIKOWSKA Emilia	2576	HUSARIA RACE TEAM	Open Kobiet	167	10:15	01:02:22	02:57:55.10	02:57:55.10	+01:09:11 (38.9%)	17:47	3.4 (61.8%)
201	GAJO Natalia	3161		Open Kobiet	168	11:15	00:59:44	02:57:59.15	02:57:59.15	+01:09:15 (38.9%)	17:47	3.4 (61.8%)
202	STARĘGA Paulina	2539		Open Kobiet	169	10:00	00:57:41	02:58:27.75	02:58:27.75	+01:09:44 (39.1%)	17:50	3.4 (61.8%)
203	MROCZKA Joanna	3481	OSP WOLA FILIPOWSKA	Open Kobiet	170	11:45	00:45:20	02:58:35.10	02:58:35.10	+01:09:51 (39.1%)	17:51	3.4 (61.8%)
204	GAWLIK Karolina	2896	X-TEAM TARNÓW	Open Kobiet	171	10:45	00:50:34	02:58:37.35	02:58:37.35	+01:09:53 (39.1%)	17:51	3.4 (61.8%)
205	KMIECIK Justyna	2710	HUSARIA RACE TEAM	Open Kobiet	172	10:30	01:06:10	02:58:44.45	02:58:44.45	+01:10:00 (39.2%)	17:52	3.4 (61.8%)
206	MOKSIK Agnieszka	2699	FIT & MORE RYBNIK	Open Masters Kobiet	34	10:30	00:55:14	02:58:45.20	02:58:45.20	+01:10:01 (39.2%)	17:52	3.4 (61.8%)
207	GRZYWACZ Aurelia	2523		Open Kobiet	173	10:00	01:00:25	02:58:59.70	02:58:59.70	+01:10:16 (39.3%)	17:53	3.4 (61.8%)
208	BENDLEWSKA Sandra	2388		Open Kobiet	174	09:45	01:09:36	02:59:01.15	02:59:01.15	+01:10:17 (39.3%)	17:54	3.4 (61.8%)
209	SOBCZYK Ligia	3429	PACZKOŚWIRY	Open Kobiet	175	12:00	01:07:50	02:59:08.15	02:59:08.15	+01:10:24 (39.3%)	17:54	3.3 (60.0%)
210	KOŚCIELNIAK Paulina	3112	KUŁASÓWKA	Open Kobiet	176	11:15	01:04:01	02:59:33.00	02:59:33.00	+01:10:49 (39.4%)	17:57	3.3 (60.0%)
211	UBYSZ Malwina	3330		Open Kobiet	177	11:15	01:04:00	02:59:34.00	02:59:34.00	+01:10:50 (39.4%)	17:57	3.3 (60.0%)
212	NAPIÓRKOWSKA Kaja	2327	HUSARIA RACE TEAM	Open Kobiet	178	09:45	00:47:31	02:59:42.95	02:59:42.95	+01:10:59 (39.5%)	17:58	3.3 (60.0%)
213	SZYMCZYK Agnieszka	3420		Open Kobiet	179	11:45	01:05:11	03:00:02.55	03:00:02.55	+01:11:18 (39.6%)	18:00	3.3 (60.0%)
214	WÓJCICKA Anna	2817		Open Kobiet	180	10:30	00:51:58	03:00:33.75	03:00:33.75	+01:11:50 (39.8%)	18:03	3.3 (60.0%)
215	JAWOROWSKA Magdalena	2657		Open Kobiet	181	10:15	00:54:21	03:00:54.50	03:00:54.50	+01:12:10 (39.9%)	18:05	3.3 (60.0%)
216	ŚWIĘCZKOWSKA Marzanna	2575	HIROŁSROMY	Open Masters Kobiet	35	10:15	00:54:37	03:00:54.70	03:00:54.70	+01:12:11 (39.9%)	18:05	3.3 (60.0%)
217	RATAJ Sylwia	2958	BEERS FORCE ONE	Open Kobiet	182	11:00	00:57:17	03:01:24.75	03:01:24.75	+01:12:41 (40.1%)	18:08	3.3 (60.0%)
218	KOKOTEK Alicja	3402		Open Kobiet	183	11:45	01:01:10	03:01:39.30	03:01:39.30	+01:12:55 (40.1%)	18:09	3.3 (60.0%)
219	MOTYLEWSKA Natalia	2701	FIT & MORE RYBNIK	Open Kobiet	184	10:30	00:55:16	03:02:21.25	03:02:21.25	+01:13:37 (40.4%)	18:14	3.3 (60.0%)
220	JAKUBOWSKA Angelika	2720	MUSTANGI KOBYLANKA	Open Kobiet	185	10:30	00:59:29	03:02:36.15	03:02:36.15	+01:13:52 (40.5%)	18:15	3.3 (60.0%)
221	RODEK Karolina	3132	SAME KONIE #OLATEAM	Open Kobiet	186	11:15	01:07:03	03:02:40.15	03:02:40.15	+01:13:56 (40.5%)	18:16	3.3 (60.0%)
222	STEFAŃSKA Magdalena	2412		Open Kobiet	187	09:45	00:58:53	03:03:00.35	03:03:00.35	+01:14:16 (40.6%)	18:18	3.3 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
223	RYBAK Paulina	2466	OFF-ROAD RUNNERS BENEFIT SYSTEMS	Open Kobiet	188	10:00	00:56:58	03:03:28.00	03:03:28.00	+01:14:44 (40.7%)	18:20	3.3 (60.0%)
224	TOKARCZYK Karolina	3209		Open Kobiet	189	11:15	01:00:20	03:03:45.95	03:03:45.95	+01:15:02 (40.8%)	18:22	3.3 (60.0%)
225	JAKUBOWSKA Anna	2396		Open Kobiet	190	10:00	01:01:20	03:04:03.80	03:04:03.80	+01:15:20 (40.9%)	18:24	3.3 (60.0%)
226	KRAKOWIAK Ewelina	2476	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	191	10:00	00:58:03	03:04:29.25	03:04:29.25	+01:15:45 (41.1%)	18:26	3.3 (60.0%)
227	ŁĘPICKA Marta	2791		Open Kobiet	192	10:30	00:57:37	03:04:39.05	03:04:39.05	+01:15:55 (41.1%)	18:27	3.2 (58.2%)
228	PIOTROWSKA Agnieszka	3432	SIUSIAKI	Open Kobiet	193	12:00	01:13:40	03:05:06.75	03:05:06.75	+01:16:23 (41.3%)	18:30	3.2 (58.2%)
228	BIAŁOSZEWSKA Martyna	3486	SIUSIAKI	Open Kobiet	193	12:00	01:13:28	03:05:06.75	03:05:06.75	+01:16:23 (41.3%)	18:30	3.2 (58.2%)
230	WZOREK Małgorzata	2146	SIUSIAKI	Open Kobiet	195	12:00	01:13:23	03:05:08.45	03:05:08.45	+01:16:24 (41.3%)	18:30	3.2 (58.2%)
231	MACIĄG Karolina	3431	SIUSIAKI	Open Kobiet	196	12:00	01:13:40	03:05:09.90	03:05:09.90	+01:16:26 (41.3%)	18:30	3.2 (58.2%)
232	KORNAS Karolina	3015	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	197	11:00	01:03:07	03:05:20.10	03:05:20.10	+01:16:36 (41.3%)	18:32	3.2 (58.2%)
233	KALIŃSKA Janina	2854	PRIME FITNESS RUNMAGEDDON TEAM	Open Masters Kobiet	36	10:45	01:05:59	03:05:26.10	03:05:26.10	+01:16:42 (41.4%)	18:32	3.2 (58.2%)
234	MARTYNÓW Katarzyna	2856	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	198	10:45	00:56:48	03:05:26.90	03:05:26.90	+01:16:43 (41.4%)	18:32	3.2 (58.2%)
235	PURCHALAK Karolina	2279		Open Kobiet	199	09:30	00:57:20	03:06:17.10	03:06:17.10	+01:17:33 (41.6%)	18:37	3.2 (58.2%)
236	WOJTASIK Natalia	3082		Open Kobiet	200	11:00	01:03:07	03:06:20.80	03:06:20.80	+01:17:37 (41.7%)	18:38	3.2 (58.2%)
237	HOREŻGA Dorota	2322	HUSARIA RACE TEAM	Open Kobiet	201	09:30	01:03:25	03:06:24.85	03:06:24.85	+01:17:41 (41.7%)	18:38	3.2 (58.2%)
238	TUZINKIEWICZ Jagoda	3345	EX TEAM	Open Kobiet	202	09:30	01:03:26	03:06:25.20	03:06:25.20	+01:17:41 (41.7%)	18:38	3.2 (58.2%)
239	PIOTROWSKA Alicja	2702	FIT & MORE RYBNIK	Open Masters Kobiet	37	10:30	00:55:14	03:06:40.40	03:06:40.40	+01:17:56 (41.8%)	18:40	3.2 (58.2%)
240	LEŚNIAK Natalia	2792		Open Kobiet	203	10:30	01:07:44	03:07:54.10	03:07:54.10	+01:19:10 (42.1%)	18:47	3.2 (58.2%)
241	BAŁUCKA Gabriela	2768		Open Kobiet	204	10:30	01:07:45	03:07:57.65	03:07:57.65	+01:19:13 (42.2%)	18:47	3.2 (58.2%)
242	BERNADY Magdalena	2887	X-TEAM TARNÓW	Open Kobiet	205	10:45	00:57:14	03:08:13.35	03:08:13.35	+01:19:29 (42.2%)	18:49	3.2 (58.2%)
243	JEWUŁA Klaudia	2617	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	206	10:15	01:02:28	03:08:15.85	03:08:15.85	+01:19:32 (42.2%)	18:49	3.2 (58.2%)
244	POŚNIK Karolina	2619	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	207	10:15	01:02:21	03:08:19.80	03:08:19.80	+01:19:36 (42.3%)	18:49	3.2 (58.2%)
245	SZUSTER Aleksandra	3116	ŁO PANIE PRZE... !	Open Kobiet	208	11:15	01:03:06	03:08:37.25	03:08:37.25	+01:19:53 (42.4%)	18:51	3.2 (58.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
246	KAŻMIERCZAK Sylwia	3115	ŁO PANIE PRZE... !	Open Kobiet	209	11:15	01:03:07	03:08:37.60	03:08:37.60	+01:19:53 (42.4%)	18:51	3.2 (58.2%)
247	KWIATKOWSKA Oliwia	2572	FITFABRIC	Open Kobiet	210	10:15	01:03:13	03:09:23.10	03:09:23.10	+01:20:39 (42.6%)	18:56	3.2 (58.2%)
248	TOMCZYK Anna	3482		Open Kobiet	211	11:45	01:07:54	03:09:45.20	03:09:45.20	+01:21:01 (42.7%)	18:58	3.2 (58.2%)
249	LORENOWICZ Agnieszka	2902	X-TEAM TARNÓW	Open Kobiet	212	10:45	00:54:42	03:10:25.90	03:10:25.90	+01:21:42 (42.9%)	19:02	3.2 (58.2%)
250	GAJEWSKA Aneta	3470	RMF4RT GLADIATORS	Open Kobiet	213	10:00	01:02:32	03:10:39.65	03:10:39.65	+01:21:55 (43.0%)	19:03	3.1 (56.4%)
250	MIĘKINA Edyta	2903	X-TEAM TARNÓW	Open Kobiet	213	10:45	00:54:42	03:10:39.65	03:10:39.65	+01:21:55 (43.0%)	19:03	3.1 (56.4%)
252	PRZYBYSZ Katarzyna	3014	STAMINABOX	Open Kobiet	215	11:00	00:59:08	03:10:42.10	03:10:42.10	+01:21:58 (43.0%)	19:04	3.1 (56.4%)
253	OŻÓG Ewelina	2859	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	216	10:45	01:06:02	03:10:42.90	03:10:42.90	+01:21:59 (43.0%)	19:04	3.1 (56.4%)
254	SADZIK-DURKA Marta	2863	PRIME FITNESS RUNMAGEDDON TEAM	Open Masters Kobiet	38	10:45	01:05:57	03:10:43.90	03:10:43.90	+01:22:00 (43.0%)	19:04	3.1 (56.4%)
255	WIŚNIEWSKA Marta	2706	FIT WORKOUT	Open Kobiet	217	10:30	01:08:43	03:10:55.80	03:10:55.80	+01:22:12 (43.1%)	19:05	3.1 (56.4%)
256	ŁUKASIK Zuzanna	2344	ŁOWCY PIEROŻKÓW	Open Kobiet	218	09:45	01:01:38	03:11:19.40	03:11:19.40	+01:22:35 (43.2%)	19:07	3.1 (56.4%)
257	JARZĄBEK Victoria	2085	CARBON OCR RACING TEAM	Open Kobiet	219	09:15	00:43:14	03:11:30.00	03:11:30.00	+01:22:46 (43.2%)	19:09	3.1 (56.4%)
258	PIESIURA Izabela	2937		Open Masters Kobiet	39	10:45	00:57:59	03:11:48.40	03:11:48.40	+01:23:04 (43.3%)	19:10	3.1 (56.4%)
259	ZAJĄC Magdalena	2588	KOJOTY	Open Kobiet	220	10:15	00:56:53	03:12:51.25	03:12:51.25	+01:24:07 (43.6%)	19:17	3.1 (56.4%)
260	GAŁAN Barbara	2584	KOJOTY	Open Kobiet	221	10:15		03:12:59.10	03:12:59.10	+01:24:15 (43.7%)	19:17	3.1 (56.4%)
261	ZIEMBA Katarzyna	3378	SAMOTNE WILKI	Open Kobiet	222	11:45	01:08:00	03:13:00.25	03:13:00.25	+01:24:16 (43.7%)	19:18	3.1 (56.4%)
262	POLAK Iwona	3255	PITKA MATKA	Open Kobiet	223	11:30	01:00:39	03:13:25.90	03:13:25.90	+01:24:42 (43.8%)	19:20	3.1 (56.4%)
263	LITWIN Marta	3253	PITKA MATKA	Open Kobiet	224	11:30	01:00:39	03:13:27.20	03:13:27.20	+01:24:43 (43.8%)	19:20	3.1 (56.4%)
264	ALBIGOWSKA Magdalena	2610	ROSSMANN	Open Kobiet	225	10:15	01:00:23	03:13:29.40	03:13:29.40	+01:24:45 (43.8%)	19:20	3.1 (56.4%)
265	POPLAWSKA Ewelina	2677		Open Kobiet	226	10:15	01:00:26	03:13:29.60	03:13:29.60	+01:24:45 (43.8%)	19:20	3.1 (56.4%)
266	KUBICKA Magdalena	2929		Open Kobiet	227	10:45	00:59:05	03:13:40.00	03:13:40.00	+01:24:56 (43.9%)	19:22	3.1 (56.4%)
267	JAŁTUSZYK Ewelina	2922		Open Kobiet	228	10:45	00:59:07	03:13:40.35	03:13:40.35	+01:24:56 (43.9%)	19:22	3.1 (56.4%)
268	NOVIKOVA Julia	3136	SAMEKONIE- TEAM OLA	Open Kobiet	229	11:15	01:07:12	03:13:41.60	03:13:41.60	+01:24:57 (43.9%)	19:22	3.1 (56.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
269	STASIAK Marta	3318		Open Kobiet	230	11:30	00:55:15	03:14:18.50	03:14:18.50	+01:25:34 (44.0%)	19:25	3.1 (56.4%)
270	LEWANDOWSKA Elżbieta	2239	PSYCHOPOGO	Open Kobiet	231	09:30	00:56:36	03:14:29.80	03:14:29.80	+01:25:46 (44.1%)	19:26	3.1 (56.4%)
271	JAKUBIAK Natalia	2342	ŁOWCY PIEROŻKÓW	Open Kobiet	232	09:45	01:01:38	03:14:30.80	03:14:30.80	+01:25:47 (44.1%)	19:27	3.1 (56.4%)
272	BUDZIK Jolanta	2891	X-TEAM TARNÓW	Open Masters Kobiet	40	10:45	00:58:09	03:14:43.75	03:14:43.75	+01:26:00 (44.2%)	19:28	3.1 (56.4%)
273	GIERMEK Anna	2771		Open Kobiet	233	10:30	00:58:12	03:15:00.25	03:15:00.25	+01:26:16 (44.2%)	19:30	3.1 (56.4%)
274	RÓŻYCKA Hanna	3475	SIUSIAKI	Open Kobiet	234	09:30	01:27:04	03:15:10.50	03:15:10.50	+01:26:26 (44.3%)	19:31	3.1 (56.4%)
275	BLASZKIEWICZ-TUTJ Beata	2888	X-TEAM TARNÓW	Open Masters Kobiet	41	10:45	00:53:49	03:15:22.75	03:15:22.75	+01:26:39 (44.4%)	19:32	3.1 (56.4%)
276	DADELEWSKA Oliwia	3455	PIĘKNI I BESTIE	Open Kobiet	235	09:30	00:52:05	03:15:26.00	03:15:26.00	+01:26:42 (44.4%)	19:32	3.1 (56.4%)
277	SZYCHUŁDA Joanna	3381	UNITED RUNNERS	Open Kobiet	236	11:45	00:56:57	03:15:31.90	03:15:31.90	+01:26:48 (44.4%)	19:33	3.1 (56.4%)
278	BIEL Marta	2260		Open Kobiet	237	09:30	01:11:30	03:15:47.40	03:15:47.40	+01:27:03 (44.5%)	19:34	3.1 (56.4%)
279	GADOWSKA Aleksandra	2521		Open Kobiet	238	09:45	01:06:05	03:15:58.65	03:15:58.65	+01:27:14 (44.5%)	19:35	3.1 (56.4%)
280	POKORSKA Kasia	2450	HUSARIA RACE TEAM	Open Kobiet	239	09:45	01:06:04	03:16:23.50	03:16:23.50	+01:27:39 (44.6%)	19:38	3.1 (56.4%)
281	ORYGA Milena	2858	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	240	10:45	01:06:02	03:16:49.50	03:16:49.50	+01:28:05 (44.8%)	19:40	3 (54.5%)
282	MISZCZUK Ewelina	2931		Open Masters Kobiet	42	10:45	01:08:41	03:17:03.45	03:17:03.45	+01:28:19 (44.8%)	19:42	3 (54.5%)
283	PĄCZEK Weronika	2766	WATAHA - ŁĄCZY NAS BIEGANIE	Open Kobiet	241	09:30	01:11:33	03:17:04.55	03:17:04.55	+01:28:20 (44.8%)	19:42	3 (54.5%)
284	WILK Anna	2685		Open Kobiet	242	09:30	01:11:34	03:17:04.75	03:17:04.75	+01:28:21 (44.8%)	19:42	3 (54.5%)
285	WIERUCKA Beata	2865	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	243	10:45	01:05:56	03:17:13.65	03:17:13.65	+01:28:29 (44.9%)	19:43	3 (54.5%)
286	CICHA Judyta	2916		Open Kobiet	244	09:45	01:06:07	03:18:16.90	03:18:16.90	+01:29:33 (45.2%)	19:49	3 (54.5%)
287	KOTAS Patrycja	2475	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	245	10:00	01:06:28	03:18:49.75	03:18:49.75	+01:30:06 (45.3%)	19:52	3 (54.5%)
288	SKOWROŃSKA Maja	2689	CR-LISKI	Open Kobiet	246	10:30	01:05:49	03:19:03.60	03:19:03.60	+01:30:19 (45.4%)	19:54	3 (54.5%)
289	GRUDZIŃSKA Ania	3013	SAME KONIE #OLATEAM	Open Masters Kobiet	43	11:15	01:07:07	03:19:17.60	03:19:17.60	+01:30:33 (45.4%)	19:55	3 (54.5%)
290	MALARA Dalia	2187	CARBON OCR RACING TEAM	Open Kobiet	247	09:30	01:02:44	03:19:45.20	03:19:45.20	+01:31:01 (45.6%)	19:58	3 (54.5%)
291	VOYTOVYCH Halyna	3010	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	248	11:00	01:01:07	03:19:47.95	03:19:47.95	+01:31:04 (45.6%)	19:58	3 (54.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
292	SMAGACZ Renata	2907	X-TEAM TARNÓW	Open Kobiet	249	10:45	00:52:51	03:19:52.65	03:19:52.65	+01:31:08 (45.6%)	19:59	3 (54.5%)
293	OLSZEWSKA Kamila	2857	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	250	10:45	01:06:07	03:20:10.50	03:20:10.50	+01:31:26 (45.7%)	20:01	3 (54.5%)
294	TEODORCZUK Dorota	2864	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	251	10:45	01:06:27	03:20:11.25	03:20:11.25	+01:31:27 (45.7%)	20:01	3 (54.5%)
295	NOWAK Anna	2446	HUSARIA RACE TEAM	Open Kobiet	252	10:30	01:02:52	03:20:27.30	03:20:27.30	+01:31:43 (45.8%)	20:02	3 (54.5%)
296	KRUGLAK Anna	2712	HUSARIA RACE TEAM	Open Masters Kobiet	44	10:30	01:02:52	03:20:28.75	03:20:28.75	+01:31:45 (45.8%)	20:02	3 (54.5%)
297	RECKO Elwira	2860	PRIME FITNESS RUNMAGEDDON TEAM	Open Kobiet	253	10:45	01:06:04	03:20:28.90	03:20:28.90	+01:31:45 (45.8%)	20:02	3 (54.5%)
298	KANTOR Aleksandra	2898	X-TEAM TARNÓW	Open Kobiet	254	10:45	00:54:44	03:20:35.65	03:20:35.65	+01:31:51 (45.8%)	20:03	3 (54.5%)
299	SZOPIŃSKA Katarzyna	2693	EMEL ATHLETIC TEAM	Open Kobiet	255	10:30	01:02:54	03:20:45.70	03:20:45.70	+01:32:02 (45.8%)	20:04	3 (54.5%)
300	WOŹNICKA Lucyna	3140	SAMEKONIE- TEAM OLA	Open Kobiet	256	11:15	01:07:08	03:21:05.20	03:21:05.20	+01:32:21 (45.9%)	20:06	3 (54.5%)
301	KEMPIŃSKA Magdalena	2926		Open Kobiet	257	10:45	01:08:41	03:21:31.45	03:21:31.45	+01:32:47 (46.0%)	20:09	3 (54.5%)
302	JAKUBIK Anna	2709	HUSARIA RACE TEAM	Open Kobiet	258	10:30	01:02:52	03:21:31.90	03:21:31.90	+01:32:48 (46.0%)	20:09	3 (54.5%)
303	KEMPIŃSKA Izabela	2925		Open Kobiet	259	10:45	01:08:41	03:21:31.95	03:21:31.95	+01:32:48 (46.0%)	20:09	3 (54.5%)
304	JĘDROSZ Aleksandra	3135	SAMEKONIE- TEAM OLA	Open Kobiet	260	11:15	01:07:18	03:22:09.55	03:22:09.55	+01:33:25 (46.2%)	20:12	3 (54.5%)
305	TRATKOWSKA Brygida	3138	SAMEKONIE- TEAM OLA	Open Masters Kobiet	45	11:15	01:07:05	03:22:11.20	03:22:11.20	+01:33:27 (46.2%)	20:13	3 (54.5%)
306	ŚWIERKOSZ Aleksandra	2812		Open Kobiet	261	10:30	01:08:02	03:22:20.70	03:22:20.70	+01:33:37 (46.3%)	20:14	3 (54.5%)
307	GŁAZ Magdalena	2209	HUSARIA RACE TEAM	Open Kobiet	262	09:30	00:55:27	03:22:44.15	03:22:44.15	+01:34:00 (46.4%)	20:16	3 (54.5%)
308	SZKUDLARZ Aleksandra	2964	DIRTY SPARROWS	Open Kobiet	263	11:00	00:55:12	03:23:00.80	03:23:00.80	+01:34:17 (46.4%)	20:18	3 (54.5%)
309	OŹMINKOWSKA Aleksandra	2963	DIRTY SPARROWS	Open Kobiet	264	11:00	00:54:44	03:23:01.10	03:23:01.10	+01:34:17 (46.4%)	20:18	3 (54.5%)
310	KOZŁOWSKA Malwina	2196	DIRTY SPARROWS	Open Kobiet	265	11:00	00:54:07	03:23:02.60	03:23:02.60	+01:34:18 (46.5%)	20:18	3 (54.5%)
311	LUBELSKA Dominika	3085	#LEJDISSTUDIO_ZGIERZ_CHYBA_TY_2.0	Open Kobiet	266	11:15	01:00:52	03:23:26.25	03:23:26.25	+01:34:42 (46.6%)	20:20	2.9 (52.7%)
312	SZCZEŚNIAK Katarzyna	2416		Open Kobiet	267	09:45	01:00:03	03:23:49.05	03:23:49.05	+01:35:05 (46.7%)	20:22	2.9 (52.7%)
313	MROCZEK Katarzyna	2364	RMF4RT GLADIATORS	Open Kobiet	268	09:45	01:00:03	03:23:51.90	03:23:51.90	+01:35:08 (46.7%)	20:23	2.9 (52.7%)
314	JOCHEMSKA Karolina	3048		Open Kobiet	269	11:00	01:04:57	03:23:52.80	03:23:52.80	+01:35:09 (46.7%)	20:23	2.9 (52.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
315	GRUSZFELD Agnieszka	3042		Open Kobiet	270	11:00	01:05:15	03:23:59.70	03:23:59.70	+01:35:16 (46.7%)	20:23	2.9 (52.7%)
316	SOBOLEWSKA Beata	3473		Open Kobiet	271	11:00	01:04:58	03:23:59.75	03:23:59.75	+01:35:16 (46.7%)	20:23	2.9 (52.7%)
317	KAROLIŃSKA Aleksandra	2380	WATAHA	Open Kobiet	272	09:45	00:59:53	03:24:21.00	03:24:21.00	+01:35:37 (46.8%)	20:26	2.9 (52.7%)
318	MIŁOWICKA Karolina	2479	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	273	10:00	01:10:38	03:24:32.80	03:24:32.80	+01:35:49 (46.8%)	20:27	2.9 (52.7%)
319	PTASIŃSKA Kinga	2365	RMF4RT GLADIATORS	Open Kobiet	274	09:45	00:58:54	03:24:33.85	03:24:33.85	+01:35:50 (46.8%)	20:27	2.9 (52.7%)
320	WÓJCIAK Ewelina	2421		Open Kobiet	275	09:45	00:58:56	03:25:02.20	03:25:02.20	+01:36:18 (47.0%)	20:30	2.9 (52.7%)
321	LEWANDOWSKA Joanna	2991	NIE W SZCZEPIONKĘ TEAM	Open Kobiet	276	10:00	01:01:41	03:26:12.65	03:26:12.65	+01:37:28 (47.3%)	20:37	2.9 (52.7%)
322	HORNIG Patrycja	3472		Open Kobiet	277	09:45	01:12:57	03:27:31.00	03:27:31.00	+01:38:47 (47.6%)	20:45	2.9 (52.7%)
323	HEIN Ewelina	2177	BIEGNIEMY PO BROWARY	Open Kobiet	278	09:30	00:58:12	03:28:25.35	03:28:25.35	+01:39:41 (47.8%)	20:50	2.9 (52.7%)
324	IDZIAK Dominika	2333	JANUSZEJG	Open Kobiet	279	09:45	01:04:06	03:28:58.75	03:28:58.75	+01:40:15 (48.0%)	20:53	2.9 (52.7%)
325	NEJMAN Luiza	2328	HUSARIA RACE TEAM	Open Kobiet	280	09:45	01:01:58	03:29:06.50	03:29:06.50	+01:40:22 (48.0%)	20:54	2.9 (52.7%)
326	MICHALIK Agata	3190		Open Kobiet	281	11:15	01:01:28	03:29:49.50	03:29:49.50	+01:41:05 (48.2%)	20:58	2.9 (52.7%)
327	MARTKO Agnieszka	3185		Open Kobiet	282	11:15	01:01:25	03:29:55.35	03:29:55.35	+01:41:11 (48.2%)	20:59	2.9 (52.7%)
328	MATUNIN Alina	3260	SOCIOS SILESIA	Open Kobiet	283	11:30	01:02:54	03:30:24.85	03:30:24.85	+01:41:41 (48.3%)	21:02	2.9 (52.7%)
329	HOFMAN Małgorzata	3259	SOCIOS SILESIA	Open Masters Kobiet	46	11:30	01:02:54	03:30:24.95	03:30:24.95	+01:41:41 (48.3%)	21:02	2.9 (52.7%)
330	DUDEK Kamila	3367	POWER TRAINING	Open Kobiet	284	10:30	00:49:12	03:30:47.30	03:30:47.30	+01:42:03 (48.4%)	21:04	2.8 (50.9%)
331	SIELSKA Dagmara	2373	SOCIOS SILESIA	Open Kobiet	285	09:45	01:01:58	03:31:59.80	03:31:59.80	+01:43:16 (48.7%)	21:11	2.8 (50.9%)
332	ROŻEK Sandra	2221	HUSARIA RACE TEAM	Open Kobiet	286	09:30	01:02:44	03:32:15.40	03:32:15.40	+01:43:31 (48.8%)	21:13	2.8 (50.9%)
333	GANCZAREK Ewelina	2393		Open Kobiet	287	09:45	01:14:08	03:32:20.20	03:32:20.20	+01:43:36 (48.8%)	21:14	2.8 (50.9%)
334	MATCZUK Weronika	3408		Open Kobiet	288	09:30	01:09:29	03:35:14.55	03:35:14.55	+01:46:30 (49.5%)	21:31	2.8 (50.9%)
335	SOBOLEWSKA - BRUNDA Karolina	2336	LIFE4FIT	Open Kobiet	289	09:45	01:13:22	03:35:38.95	03:35:38.95	+01:46:55 (49.6%)	21:33	2.8 (50.9%)
336	GARBACZ Edyta	2893	X-TEAM TARNÓW	Open Kobiet	290	10:45	00:53:00	03:37:13.80	03:37:13.80	+01:48:30 (49.9%)	21:43	2.8 (50.9%)
337	DĄBROWSKA Daria	3022	WILD TEAM	Open Kobiet	291	09:30	01:11:50	03:38:17.25	03:38:17.25	+01:49:33 (50.2%)	21:49	2.7 (49.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae	Czas	Czas	Różn	Tempo min/km	Tempo km/h
							Punkt 4.5km	netto 10km	brutto 10km			
338	WAŚIK Nina	2816		Open Kobiet	292	10:30	01:03:56	03:39:01.90	03:39:01.90	+01:50:18 (50.4%)	21:54	2.7 (49.1%)
339	HĘĆKA Katarzyna	2777		Open Kobiet	293	10:30	01:03:55	03:39:03.50	03:39:03.50	+01:50:19 (50.4%)	21:54	2.7 (49.1%)
340	KOT Ada	2786		Open Kobiet	294	10:30	01:14:20	03:39:18.50	03:39:18.50	+01:50:34 (50.4%)	21:55	2.7 (49.1%)
341	SYLWIA Płażalska	2415		Open Kobiet	295	09:45	01:13:19	03:40:07.80	03:40:07.80	+01:51:24 (50.6%)	22:00	2.7 (49.1%)
342	TOMIAŁOJĆ-BIWOJNO Ewelina	2337	LIFE4FIT	Open Kobiet	296	09:45	01:13:22	03:40:21.40	03:40:21.40	+01:51:37 (50.7%)	22:02	2.7 (49.1%)
343	BODNAR Magdalena	2597	LIFE4FIT	Open Kobiet	297	09:45	01:13:21	03:40:24.60	03:40:24.60	+01:51:40 (50.7%)	22:02	2.7 (49.1%)
344	WADAS Natalia	2949		Open Kobiet	298	09:45	01:13:22	03:40:43.35	03:40:43.35	+01:51:59 (50.7%)	22:04	2.7 (49.1%)
345	ŚMIGIELSKA Jagoda	2945		Open Kobiet	299	09:30	01:09:31	03:40:56.15	03:40:56.15	+01:52:12 (50.8%)	22:05	2.7 (49.1%)
346	ŁABUZ Edyta	2899	X-TEAM TARNÓW	Open Kobiet	300	10:45	00:52:59	03:42:29.10	03:42:29.10	+01:53:45 (51.1%)	22:14	2.7 (49.1%)
347	OSTROWSK Aneta	2405		Open Kobiet	301	09:45	01:13:23	03:43:15.10	03:43:15.10	+01:54:31 (51.3%)	22:19	2.7 (49.1%)
348	BANDYK Izabela	3099	HUSARIA RACE TEAM	Open Kobiet	302	11:15	01:07:57	03:46:37.85	03:46:37.85	+01:57:54 (52.0%)	22:39	2.6 (47.3%)
349	CHOJNOWSKA Karolina	3272		Open Kobiet	303	09:30	01:27:05	03:47:32.55	03:47:32.55	+01:58:48 (52.2%)	22:45	2.6 (47.3%)
350	MARKOWICZ Ewelina	2097	ŚLUNSKIE DZIKI	Open Kobiet	304	09:15	00:46:07	03:49:18.70	03:49:18.70	+02:00:35 (52.6%)	22:55	2.6 (47.3%)
351	BAJSAROWICZ Marta	2107		Open Kobiet	305	09:15	00:41:54	03:49:18.80	03:49:18.80	+02:00:35 (52.6%)	22:55	2.6 (47.3%)
352	NIŻNIKIEWICZ Dorota	3091	AVENGERSIPRO	Open Kobiet	306	11:15	01:12:53	03:53:45.05	03:53:45.05	+02:05:01 (53.5%)	23:22	2.6 (47.3%)
353	OSTROWSKA Magdalena	3092	AVENGERSIPRO	Open Kobiet	307	11:15	01:12:55	03:53:45.20	03:53:45.20	+02:05:01 (53.5%)	23:22	2.6 (47.3%)
354	BARYCZKA Aleksandra	3088	AVENGERSIPRO	Open Kobiet	308	11:15	01:12:54	03:53:45.30	03:53:45.30	+02:05:01 (53.5%)	23:22	2.6 (47.3%)
355	GARNUSZEK Anita	2094	POWER TRAINING	Open Kobiet	309	09:15	00:42:40	03:57:05.65	03:57:05.65	+02:08:21 (54.1%)	23:42	2.5 (45.5%)
356	POWROŹNIK Justyna	2905	X-TEAM TARNÓW	Open Kobiet	310	10:45	01:04:15	03:59:26.30	03:59:26.30	+02:10:42 (54.6%)	23:56	2.5 (45.5%)
357	GILARSKA Marta	2084	BIEGOWE NYGUSY	Open Kobiet	311	09:15	00:48:24	04:08:08.10	04:08:08.10	+02:19:24 (56.2%)	24:48	2.4 (43.6%)
358	KURAN Halina	2381	WATAHA	Open Kobiet	312	09:30	01:02:21	04:10:51.60	04:10:51.60	+02:22:07 (56.7%)	25:05	2.4 (43.6%)
359	ŁABUZ Sabina	2900	X-TEAM TARNÓW	Open Kobiet	313	10:45	01:04:15	04:12:12.55	04:12:12.55	+02:23:28 (56.9%)	25:13	2.4 (43.6%)
360	GREC Klaudia	2100	UNITED RUNNERS	Open Kobiet	314	09:15	00:39:44	04:14:11.45	04:14:11.45	+02:25:27 (57.2%)	25:25	2.4 (43.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Reggae Punkt 4.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
361	NITECKA Marta	2086	DENISTEAM	Open Masters Kobiet	47	09:15	00:41:37	04:30:42.35	04:30:42.35	+02:41:58 (59.8%)	27:04	2.2 (40.0%)
362	GAŃKO Karolina	2090	NIE W SZCZEPIONKĘ TEAM	Open Kobiet	315	09:15	00:46:38	04:42:06.75	04:42:06.75	+02:53:23 (61.5%)	28:12	2.1 (38.2%)
363	FILIPEK Carolina	2099	UNITED RUNNERS	Open Kobiet	316	09:15	00:54:16	04:45:34.30	04:45:34.30	+02:56:50 (61.9%)	28:33	2.1 (38.2%)
364	TÁNCZOS Weronika	2102	UNITED RUNNERS	Open Kobiet	317	09:15	00:54:16	04:46:42.35	04:46:42.35	+02:57:58 (62.1%)	28:40	2.1 (38.2%)
365	JERMAKOWICZ Anna	2121	POWER TRAINING	Open Kobiet	318	09:15	00:43:17	04:52:39.65	04:52:39.65	+03:03:55 (62.8%)	29:15	2.1 (38.2%)
366	JASKÓŁA Izabela	2778		Open Kobiet	319	10:30	00:58:00			+00:03:56	12:53	4.7 (85.5%)
367	HOFMAN-DWOJAK Agnieszka	3281		Open Masters Kobiet	48	11:30						(0.0%)
368	CIERSON Aneta	3497		Open Masters Kobiet	49	10:30						(0.0%)
369	KULIG Marta	2955	BEERS FORCE ONE	Open Kobiet	320	11:00						(0.0%)

Znaleziono 369 wynik(ów)