

Wydarzenie: FINAŁ LIGI RUNMAGEDDONU POZNAŃ
Organizator: Extreme Events, Runmageddon
Data: 2021-05-09
Miejsce: POZNAŃ
Dystans: 10 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Split 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	FABIAN Marcel	2062	SOCIOS SILESIA	Elite Mężczyzn	1	07:40	00:27:23	00:54:56.25	00:54:56.25		5:29	10.9 (100%)
2	SZCZECHLA Grzegorz	2014	CARBON SILESIA SPORT	Elite Mężczyzn	2	07:40	00:27:27	00:56:09.80	00:56:09.80	+00:01:13 (2.2%)	5:36	10.7 (98.2%)
3	OŚLIZŁO Tomasz	2071	SOCIOS SILESIA	Elite Mężczyzn	3	07:40	00:29:23	00:58:00.75	00:58:00.75	+00:03:04 (5.3%)	5:48	10.3 (94.5%)
4	WOJTYSZYN Wojciech	2028	EX TEAM	Elite Mężczyzn	4	07:40	00:29:41	00:59:19.15	00:59:19.15	+00:04:22 (7.4%)	5:55	10.1 (92.7%)
5	KRÓL Piotr	2068	SOCIOS SILESIA	Elite Mężczyzn	5	07:40	00:29:44	00:59:55.55	00:59:55.55	+00:04:59 (8.3%)	5:59	10 (91.7%)
6	KRAWIECKI Mateusz	2055	RUNMAGEDDON	Elite Mężczyzn	6	07:40	00:29:08	01:00:03.15	01:00:03.15	+00:05:06 (8.5%)	6:00	10 (91.7%)
7	JACIÓW Paweł	2081	WATAHA	Elite Mężczyzn	7	07:40	00:30:01	01:00:10.85	01:00:10.85	+00:05:14 (8.7%)	6:01	10 (91.7%)
8	ORAWCZAK Kamil	2010	CARBON SILESIA SPORT	Elite Mężczyzn	8	07:40	00:29:47	01:00:27.00	01:00:27.00	+00:05:30 (9.1%)	6:02	9.9 (90.8%)
9	KALUŻNY Adam	2066	SOCIOS SILESIA	Elite Mężczyzn	9	07:40	00:29:41	01:01:08.35	01:01:08.35	+00:06:12 (10.1%)	6:06	9.8 (89.9%)
10	CHMIELORZ Józef	2006	CARBON SILESIA SPORT	Elite Mężczyzn	10	07:40	00:29:41	01:01:26.00	01:01:26.00	+00:06:29 (10.6%)	6:08	9.8 (89.9%)
11	ZIOBER Zbigniew	2029	EX TEAM	Elite Mężczyzn	11	07:40	00:30:41	01:01:39.25	01:01:39.25	+00:06:43 (10.9%)	6:09	9.7 (89.0%)
12	RYNKIEWICZ Mateusz	2057	RUNMAGEDDON	Elite Mężczyzn	12	07:40	00:30:33	01:02:04.05	01:02:04.05	+00:07:07 (11.5%)	6:12	9.7 (89.0%)
13	FILIP Bartosz	2063	SOCIOS SILESIA	Elite Mężczyzn	13	07:40	00:30:44	01:02:22.15	01:02:22.15	+00:07:25 (11.9%)	6:14	9.6 (88.1%)
14	BĄK Daniel	2003	BIEGUN OCR TEAM	Elite Mężczyzn	14	07:45	00:30:14	01:02:38.70	01:02:38.70	+00:07:42 (12.3%)	6:15	9.6 (88.1%)
15	SALAMON Mateusz	2048	POWER TRAINING	Elite Mężczyzn	15	07:40	00:32:13	01:02:47.05	01:02:47.05	+00:07:50 (12.5%)	6:16	9.6 (88.1%)

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16	STOKOWSKI Dariusz	2059	RUNMAGEDDON	Elite Mężczyzn	16	07:40	00:31:10	01:03:15.25	01:03:15.25	+00:08:19 (13.1%)	6:19	9.5 (87.2%)
17	OLICHOWSKI Mateusz	2086	WOLF TEAM	Elite Mężczyzn	17	07:45	00:30:43	01:04:05.35	01:04:05.35	+00:09:09 (14.3%)	6:24	9.4 (86.2%)
18	BRZOSKWINIA Wojciech	2042	LEMON TEAM	Elite Mężczyzn	18	07:40	00:34:04	01:05:29.25	01:05:29.25	+00:10:33 (16.1%)	6:32	9.2 (84.4%)
19	TRAPKOWSKI Przemysław	2088	XRUNNERS	Elite Mężczyzn	19	07:40	00:32:42	01:06:01.85	01:06:01.85	+00:11:05 (16.8%)	6:36	9.1 (83.5%)
20	KALININ Jarosław	2129	RAJSPOORT ACTIVE	Elite Mężczyzn	20	07:40	00:32:33	01:06:25.95	01:06:25.95	+00:11:29 (17.3%)	6:38	9 (82.6%)
21	ŻURAWIK Rafał	2130	LEMON TEAM	Elite Mężczyzn	21	07:45	00:32:15	01:06:33.95	01:06:33.95	+00:11:37 (17.5%)	6:39	9 (82.6%)
22	JASTRZĘBSKI Piotr	2065	SOCIOS SILESIA	Elite Mężczyzn	22	07:40	00:32:59	01:07:18.95	01:07:18.95	+00:12:22 (18.4%)	6:43	8.9 (81.7%)
23	SALAŁATA Marcin	2058	RUNMAGEDDON	Elite Mężczyzn	23	07:40	00:33:08	01:07:24.05	01:07:24.05	+00:12:27 (18.5%)	6:44	8.9 (81.7%)
24	BUDZISZ Krzysztof	2060	SOCIOS SILESIA	Elite Masters Mężczyzn	1	07:40	00:32:40	01:07:39.10	01:07:39.10	+00:12:42 (18.8%)	6:45	8.9 (81.7%)
25	MAZUR Damian	2069	SOCIOS SILESIA	Elite Mężczyzn	24	07:40	00:33:46	01:08:01.15	01:08:01.15	+00:13:04 (19.2%)	6:48	8.8 (80.7%)
26	STANCLIK Krzysztof	2013	CARBON SILESIA SPORT	Elite Mężczyzn	25	07:45	00:33:11	01:08:21.65	01:08:21.65	+00:13:25 (19.6%)	6:50	8.8 (80.7%)
27	WÓJCIK Adam	2027	EX TEAM	Elite Mężczyzn	26	07:45	00:36:51	01:08:35.50	01:08:35.50	+00:13:39 (19.9%)	6:51	8.7 (79.8%)
28	WAŁDOWSKI Dominik	2089	XRUNNERS	Elite Masters Mężczyzn	2	07:40	00:33:57	01:09:19.65	01:09:19.65	+00:14:23 (20.8%)	6:55	8.7 (79.8%)
29	PODGORSKI Marek	2056	RUNMAGEDDON	Elite Mężczyzn	27	07:40	00:33:21	01:09:33.15	01:09:33.15	+00:14:36 (21.0%)	6:57	8.6 (78.9%)
30	FARKOWSKI Konrad	2023	EX TEAM	Elite Mężczyzn	28	07:40	00:34:13	01:09:33.65	01:09:33.65	+00:14:37 (21.0%)	6:57	8.6 (78.9%)
31	JAŃCZUK Przemysław	2082	WATAHA	Elite Mężczyzn	29	07:45	00:33:59	01:10:19.65	01:10:19.65	+00:15:23 (21.9%)	7:01	8.5 (78.0%)
32	MARCINKOWSKI Adam	2092		Elite Masters Mężczyzn	3	07:45	00:33:39	01:10:37.90	01:10:37.90	+00:15:41 (22.2%)	7:03	8.5 (78.0%)
33	BYRCZEK Michał	2079	WATAHA	Elite Mężczyzn	30	07:45	00:35:18	01:10:48.55	01:10:48.55	+00:15:52 (22.4%)	7:04	8.5 (78.0%)
34	DOBRYŃSKI Tomasz	2087	XRUNNERS	Elite Masters Mężczyzn	4	07:40	00:35:45	01:11:25.25	01:11:25.25	+00:16:29 (23.1%)	7:08	8.4 (77.1%)
35	PETELCZYC Piotr	2011	CARBON SILESIA SPORT	Elite Masters Mężczyzn	5	07:40	00:34:05	01:11:34.10	01:11:34.10	+00:16:37 (23.2%)	7:09	8.4 (77.1%)
36	TOMAKA Tomasz	2052	RAJSPOORT ACTIVE	Elite Mężczyzn	31	07:40	00:36:06	01:12:22.60	01:12:22.60	+00:17:26 (24.1%)	7:14	8.3 (76.1%)
37	RÓŻAŃSKI Rafal	2075	TSUNAMI SZCZECINEK	Open Masters Mężczyzn	1	07:45	00:32:17	01:12:32.15	01:12:32.15	+00:17:35 (24.3%)	7:15	8.3 (76.1%)
38	CZACHURSKI Mateusz	2022	EX TEAM	Elite Mężczyzn	32	07:40	00:36:31	01:12:46.90	01:12:46.90	+00:17:50 (24.5%)	7:16	8.2 (75.2%)

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								netto 10km	brutto 10km			
39	CHŁAD Aleksander	2021	EX TEAM	Elite Mężczyzn	33	07:40	00:35:55	01:12:55.35	01:12:55.35	+00:17:59 (24.7%)	7:17	8.2 (75.2%)
40	WASIELEWSKI Michał	2004	BIEGUN OCR TEAM	Elite Masters Mężczyzn	6	07:40	00:34:59	01:13:09.80	01:13:09.80	+00:18:13 (24.9%)	7:18	8.2 (75.2%)
41	PAPIÓR Jolanta	2123	WATAHA	Elite Kobiet	1	07:50	00:36:06	01:13:57.60	01:13:57.60	+00:19:01 (25.7%)	7:23	8.1 (74.3%)
42	PASTUSZKA Paweł	2026	EX TEAM	Elite Mężczyzn	34	07:45	00:38:16	01:15:24.60	01:15:24.60	+00:20:28 (27.1%)	7:32	8 (73.4%)
43	RYNKIEWICZ Agnieszka	2109	GORĄCY POTOK TEAM	Elite Kobiet	2	07:50	00:38:30	01:15:47.25	01:15:47.25	+00:20:51 (27.5%)	7:34	7.9 (72.5%)
44	SZARUGA Małgorzata	2119	SOCIOS SILESIA	Elite Kobiet	3	07:50	00:38:05	01:15:53.90	01:15:53.90	+00:20:57 (27.6%)	7:35	7.9 (72.5%)
45	JAKUSZEK Piotr	2032	HELL'S GYM OCR PĘPOWO	Elite Mężczyzn	35	07:45	00:36:47	01:15:58.20	01:15:58.20	+00:21:01 (27.7%)	7:35	7.9 (72.5%)
46	SKRZECZYŃSKI Sławomir	2044	LEMON TEAM	Elite Masters Mężczyzn	7	07:45	00:37:49	01:16:16.45	01:16:16.45	+00:21:20 (28.0%)	7:37	7.9 (72.5%)
47	PASON Tomasz	2025	EX TEAM	Elite Mężczyzn	36	07:40	00:36:20	01:16:27.30	01:16:27.30	+00:21:31 (28.1%)	7:38	7.8 (71.6%)
48	SKWAREK Tomasz	2012	CARBON SILESIA SPORT	Elite Mężczyzn	37	07:40	00:37:09	01:16:36.85	01:16:36.85	+00:21:40 (28.3%)	7:39	7.8 (71.6%)
49	KOMARNICKI Tomasz	2030	FIT & MORE RYBNIK	Elite Mężczyzn	38	07:45	00:38:11	01:17:10.95	01:17:10.95	+00:22:14 (28.8%)	7:43	7.8 (71.6%)
50	GAGON Denis	2016	DENISTEAM	Elite Mężczyzn	39	07:45	00:37:49	01:17:37.50	01:17:37.50	+00:22:41 (29.2%)	7:45	7.7 (70.6%)
51	BERNACKI Grzegorz	2084	WOLF TEAM	Elite Masters Mężczyzn	8	07:45	00:38:29	01:17:54.50	01:17:54.50	+00:22:58 (29.5%)	7:47	7.7 (70.6%)
52	KOŁAKOWSKI Krzysztof	2091		Open Mężczyzn	1	08:30	00:40:19	01:17:55.40	01:17:55.40	+00:22:59 (29.5%)	7:47	7.7 (70.6%)
53	BRZEZIŃSKI Bartosz	2054	RUNMAGEDDON	Elite Mężczyzn	40	07:40	00:40:20	01:18:23.30	01:18:23.30	+00:23:27 (29.9%)	7:50	7.7 (70.6%)
54	KUBIESA Jakub	2008	CARBON SILESIA SPORT	Elite Masters Mężczyzn	9	07:40	00:40:55	01:18:45.55	01:18:45.55	+00:23:49 (30.2%)	7:52	7.6 (69.7%)
55	MELNYK Oleksandr	2093		Open Mężczyzn	2	08:00	00:36:26	01:19:16.05	01:19:16.05	+00:24:19 (30.7%)	7:55	7.6 (69.7%)
56	MIZGALSKI Jacek	2020	DZIADY OCR	Elite Masters Mężczyzn	10	07:40	00:39:35	01:20:06.85	01:20:06.85	+00:25:10 (31.4%)	8:00	7.5 (68.8%)
57	KURACH Stanisław	2019	DZIADY OCR	Elite Masters Mężczyzn	11	07:40	00:39:37	01:20:36.60	01:20:36.60	+00:25:40 (31.8%)	8:03	7.4 (67.9%)
58	KORDIAK Rafał	2017	DENISTEAM	Elite Masters Mężczyzn	12	07:45	00:41:54	01:21:09.40	01:21:09.40	+00:26:13 (32.3%)	8:06	7.4 (67.9%)
59	DUKIEWICZ Dariusz	2185	WOLF TEAM	Open Mężczyzn	3	08:00	00:40:09	01:21:44.30	01:21:44.30	+00:26:48 (32.8%)	8:10	7.3 (67.0%)
60	SADOWSKI Michał	2047	POWER TRAINING	Elite Mężczyzn	41	07:40	00:41:13	01:22:26.35	01:22:26.35	+00:27:30 (33.4%)	8:14	7.3 (67.0%)
61	PACIOREK Piotr	2043	LEMON TEAM	Elite Mężczyzn	42	07:40	00:41:55	01:22:35.10	01:22:35.10	+00:27:38 (33.5%)	8:15	7.3 (67.0%)

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62	PRZĄDKA Marcin	2083	WATAHA	Elite Mężczyzn	43	07:45	00:39:54	01:22:36.65	01:22:36.65	+00:27:40 (33.5%)	8:15	7.3 (67.0%)
63	KĘDZIORA Bogumił	2039	KONIU SQUAD	Elite Mężczyzn	44	07:45	00:41:36	01:22:58.55	01:22:58.55	+00:28:02 (33.8%)	8:17	7.2 (66.1%)
64	WITKA Patryk	2045	MAD RUNNERS	Elite Mężczyzn	45	07:40	00:41:17	01:23:07.50	01:23:07.50	+00:28:11 (33.9%)	8:18	7.2 (66.1%)
65	BURAS Radosław	2033	HELL'S HEAVEN SZCZECIN	Elite Mężczyzn	46	07:45	00:47:56	01:23:11.50	01:23:11.50	+00:28:15 (34.0%)	8:19	7.2 (66.1%)
66	MACIUSZEK Julia	2115	RUNMAGEDDON	Elite Kobiet	4	07:50	00:43:21	01:23:32.15	01:23:32.15	+00:28:35 (34.2%)	8:21	7.2 (66.1%)
67	KULAGA Peter	2212	DRAGON RUNNERS	Open Mężczyzn	4	08:15	00:43:41	01:24:03.25	01:24:03.25	+00:29:07 (34.6%)	8:24	7.1 (65.1%)
68	CIESLAK Ryszard	2015	DENISTEAM	Elite Masters Mężczyzn	13	07:45	00:42:17	01:24:12.25	01:24:12.25	+00:29:16 (34.8%)	8:25	7.1 (65.1%)
69	MENZIŃSKI Przemysław	2522	BSB BARCZEWO BIEGA	Open Mężczyzn	5	08:15	00:42:29	01:24:29.20	01:24:29.20	+00:29:32 (35.0%)	8:26	7.1 (65.1%)
70	TROJANOWSKI Artur	2468	BIEGOWE DZIKI OCR	Open Mężczyzn	6	11:00	00:40:53	01:25:12.30	01:25:12.30	+00:30:16 (35.5%)	8:31	7 (64.2%)
71	MACIEJEWSKI Łukasz	2223	SOCIOS SILESIA	Open Mężczyzn	7	08:15	00:43:56	01:25:19.45	01:25:19.45	+00:30:23 (35.6%)	8:31	7 (64.2%)
72	GĄSIOROWSKI Karol	2076	UNIT37	Elite Mężczyzn	47	07:45	00:41:46	01:25:44.05	01:25:44.05	+00:30:47 (35.9%)	8:34	7 (64.2%)
73	POPCZYŃSKI Krystian	2483	HARDCORY	Open Masters Mężczyzn	2	11:00	00:09:40	01:26:04.20	01:26:04.20	+00:31:07 (36.2%)	8:36	7 (64.2%)
74	BARAŃSKI Marcin	2482	HARDCORY	Open Masters Mężczyzn	3	11:00	00:09:39	01:26:04.35	01:26:04.35	+00:31:08 (36.2%)	8:36	7 (64.2%)
75	SŁODKOWSKI Marek	2484	HARDCORY	Open Mężczyzn	8	11:00		01:26:04.70	01:26:04.70	+00:31:08 (36.2%)	8:36	7 (64.2%)
76	JURECKI Adrian	2172	ŁOWCY PIEROŻKÓW	Open Mężczyzn	9	08:00	00:45:46	01:26:05.20	01:26:05.20	+00:31:08 (36.2%)	8:36	7 (64.2%)
77	SZAŁATA Piotr	2467	BIEGOWE DZIKI OCR	Open Mężczyzn	10	11:00	00:40:57	01:26:08.35	01:26:08.35	+00:31:12 (36.2%)	8:36	7 (64.2%)
78	ADAMCZEWSKI Filip	2405	SWPRANGERS	Open Mężczyzn	11	10:30	00:46:52	01:27:22.25	01:27:22.25	+00:32:26 (37.1%)	8:44	6.9 (63.3%)
79	KALNIUK Paweł	2354	WOLF TEAM	Open Mężczyzn	12	10:00	00:46:13	01:27:49.55	01:27:49.55	+00:32:53 (37.4%)	8:46	6.8 (62.4%)
80	WĘGLARZ Waldemar	2095	LEMON TEAM	Elite Masters Mężczyzn	14	07:45	00:38:01	01:30:38.35	01:30:38.35	+00:35:42 (39.4%)	9:03	6.6 (60.6%)
81	KRYSZTOFIŃSKI Dawid	2085	WOLF TEAM	Elite Masters Mężczyzn	15	07:45	00:45:26	01:31:05.45	01:31:05.45	+00:36:09 (39.7%)	9:06	6.6 (60.6%)
82	GIZAK Michał	2064	SOCIOS SILESIA	Elite Mężczyzn	48	07:45	00:47:14	01:32:16.45	01:32:16.45	+00:37:20 (40.5%)	9:13	6.5 (59.6%)
83	DROP Łukasz	2080	WATAHA	Elite Masters Mężczyzn	16	07:45	00:49:32	01:32:27.70	01:32:27.70	+00:37:31 (40.6%)	9:14	6.5 (59.6%)
84	GARLACZ Justyna	2113	POWER TRAINING	Elite Kobiet	5	07:50	00:48:18	01:32:36.05	01:32:36.05	+00:37:39 (40.7%)	9:15	6.5 (59.6%)

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85	SZULC Artur	2334		Open Mężczyzn	13	09:00	00:47:06	01:33:07.00	01:33:07.00	+00:38:10 (41.0%)	9:18	6.4 (58.7%)
86	PIĘTA Łukasz	2268	UNITED RUNNERS	Open Mężczyzn	14	08:30	00:46:53	01:34:26.60	01:34:26.60	+00:39:30 (41.8%)	9:26	6.4 (58.7%)
87	WOŁCZEK Paulina	2107	EX TEAM	Elite Kobiet	6	07:50	00:50:12	01:34:35.40	01:34:35.40	+00:39:39 (41.9%)	9:27	6.3 (57.8%)
88	KOŁODZIEJCZYK Dariusz	2067	SOCIOS SILESIA	Elite Masters Mężczyzn	17	07:45	00:43:02	01:34:41.75	01:34:41.75	+00:39:45 (42.0%)	9:28	6.3 (57.8%)
89	BURBUL Przemysław	2049	PRZEMO_FIZJOCR	Open Mężczyzn	15	08:00	00:53:05	01:36:03.60	01:36:03.60	+00:41:07 (42.8%)	9:36	6.2 (56.9%)
90	STAROSZYŃSKI Dawid	2509		Open Mężczyzn	16	11:00	00:49:07	01:36:44.65	01:36:44.65	+00:41:48 (43.2%)	9:40	6.2 (56.9%)
91	DZIURLEJA Mateusz	2239		Open Mężczyzn	17	08:15	00:46:58	01:36:58.05	01:36:58.05	+00:42:01 (43.3%)	9:41	6.2 (56.9%)
92	HANUSIAK Leszek	2167	KONIU SQUAD	Open Mężczyzn	18	08:00	00:53:10	01:36:58.55	01:36:58.55	+00:42:02 (43.3%)	9:41	6.2 (56.9%)
93	ŁĄCKI Wojciech	2177	SOCIOS SILESIA	Open Mężczyzn	19	08:00	00:51:39	01:37:09.45	01:37:09.45	+00:42:13 (43.5%)	9:42	6.2 (56.9%)
94	KRYSZTOFIAK Damian	2078	UNITED RUNNERS	Open Mężczyzn	20	08:00	00:53:28	01:37:41.85	01:37:41.85	+00:42:45 (43.8%)	9:46	6.1 (56.0%)
95	BEDNAREK Przemysław	2497		Open Mężczyzn	21	11:00	00:43:42	01:38:10.35	01:38:10.35	+00:43:14 (44.0%)	9:49	6.1 (56.0%)
96	WAŚ Łukasz	2335		Open Mężczyzn	22	09:00	00:47:06	01:39:06.90	01:39:06.90	+00:44:10 (44.6%)	9:54	6.1 (56.0%)
97	PIĘŁA Szymon	2072	SOCIOS SILESIA	Elite Mężczyzn	49	07:45	00:51:08	01:39:18.70	01:39:18.70	+00:44:22 (44.7%)	9:55	6 (55.0%)
98	MAŚLANKIEWICZ Dawid	2035	HUSARIA RACE TEAM	Open Mężczyzn	23	08:15	00:51:25	01:39:26.25	01:39:26.25	+00:44:30 (44.8%)	9:56	6 (55.0%)
99	PAPLICKA Katarzyna	2105	DZIKIE DZIKI GORZÓW	Elite Kobiet	7	07:50	00:53:18	01:39:33.05	01:39:33.05	+00:44:36 (44.8%)	9:57	6 (55.0%)
100	MICHALSKI Dawid	2037	I NEVER TURN BACK	Open Mężczyzn	24	08:00	00:56:53	01:40:18.10	01:40:18.10	+00:45:21 (45.2%)	10:01	6 (55.0%)
101	MACHURA Marcin	2073	SPEC INSTAL RUN	Open Mężczyzn	25	07:45	00:44:07	01:40:24.95	01:40:24.95	+00:45:28 (45.3%)	10:02	6 (55.0%)
102	HUK Mateusz	2263	MORDERCZE PIELMIENOE	Open Mężczyzn	26	08:30	00:55:54	01:40:44.70	01:40:44.70	+00:45:48 (45.5%)	10:04	6 (55.0%)
103	HAWEL Rafał	2215	ONE TEAM ONE DREAM	Open Masters Mężczyzn	4	08:00	00:53:32	01:41:24.60	01:41:24.60	+00:46:28 (45.8%)	10:08	5.9 (54.1%)
104	ZASADOWSKI Bartosz	2002	BIEGOWE NYGUSY	Open Masters Mężczyzn	5	08:00	00:51:23	01:42:08.00	01:42:08.00	+00:47:11 (46.2%)	10:12	5.9 (54.1%)
105	ZAJĄC Paweł	2266	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	27	08:30	00:49:53	01:42:19.30	01:42:19.30	+00:47:23 (46.3%)	10:13	5.9 (54.1%)
106	KOSTUCHA Damian	2034	HUSARIA RACE TEAM	Open Mężczyzn	28	08:30	00:55:42	01:42:27.20	01:42:27.20	+00:47:30 (46.4%)	10:14	5.9 (54.1%)
107	DRAŹKOWSKI Piotr	2411		Open Masters Mężczyzn	6	10:30	00:50:30	01:42:35.45	01:42:35.45	+00:47:39 (46.4%)	10:15	5.8 (53.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Split 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
108	RUDNICKI Krzysztof	2284		Open Mężczyzn	29	08:30	00:53:32	01:42:41.20	01:42:41.20	+00:47:44 (46.5%)	10:16	5.8 (53.2%)
109	BRASZKA Robert	2451		Open Mężczyzn	30	10:45	00:53:18	01:42:47.30	01:42:47.30	+00:47:51 (46.6%)	10:16	5.8 (53.2%)
109	BANACH Mateusz	2450		Open Mężczyzn	30	10:45	00:53:18	01:42:47.30	01:42:47.30	+00:47:51 (46.6%)	10:16	5.8 (53.2%)
111	KURA Arkadiusz	2503		Open Mężczyzn	32	11:00	00:50:56	01:42:58.25	01:42:58.25	+00:48:02 (46.6%)	10:17	5.8 (53.2%)
112	PILAWSKI Ryszard	2186	WOLF TEAM	Open Masters Mężczyzn	7	08:00	00:51:14	01:44:01.85	01:44:01.85	+00:49:05 (47.2%)	10:24	5.8 (53.2%)
113	SOLIWODA Tomasz	2252	AMATORY	Open Masters Mężczyzn	8	09:00	00:51:10	01:44:27.20	01:44:27.20	+00:49:30 (47.4%)	10:26	5.7 (52.3%)
114	OGIŃSKI Szymon	2422		Open Mężczyzn	33	10:30	00:50:59	01:44:27.95	01:44:27.95	+00:49:31 (47.4%)	10:26	5.7 (52.3%)
115	SLIWA Krzysztof	2041	LACROIX TEAM	Open Mężczyzn	34	08:00	00:53:00	01:44:37.75	01:44:37.75	+00:49:41 (47.5%)	10:27	5.7 (52.3%)
116	MIELCARZ Tomasz	2466	BIEGOWE DZIKI OCR	Open Mężczyzn	35	11:00	00:53:28	01:44:46.35	01:44:46.35	+00:49:50 (47.6%)	10:28	5.7 (52.3%)
117	PABIN Paweł	2159	HASZTAGPABINY	Open Mężczyzn	36	08:00	01:02:15	01:44:51.10	01:44:51.10	+00:49:54 (47.6%)	10:29	5.7 (52.3%)
118	KRZYŻAK Tomasz	2194		Open Mężczyzn	37	08:00	00:49:14	01:45:19.50	01:45:19.50	+00:50:23 (47.8%)	10:31	5.7 (52.3%)
119	GÓRNIAK Robert	2024	EX TEAM	Elite Masters Mężczyzn	18	07:45	00:55:48	01:45:46.35	01:45:46.35	+00:50:50 (48.1%)	10:34	5.7 (52.3%)
120	NAGLAK Hubert	2214	HELL'S GYM OCR PĘPOWO	Open Mężczyzn	38	08:15	00:55:49	01:45:51.80	01:45:51.80	+00:50:55 (48.1%)	10:35	5.7 (52.3%)
121	MAZEPA Izabela	2128		Elite Kobiet	8	07:50	00:46:35	01:46:16.35	01:46:16.35	+00:51:20 (48.3%)	10:37	5.6 (51.4%)
122	JUDEK Łukasz	2192		Open Mężczyzn	39	08:00	00:55:58	01:46:53.10	01:46:53.10	+00:51:56 (48.6%)	10:41	5.6 (51.4%)
123	ANDRZEJEWSKI Jakub	2162	HUSARIA RACE TEAM	Open Mężczyzn	40	08:00	01:00:17	01:47:18.30	01:47:18.30	+00:52:22 (48.8%)	10:43	5.6 (51.4%)
124	ZIMIŃSKI Paweł	2270	WOLF TEAM	Open Mężczyzn	41	08:30	00:54:56	01:47:34.05	01:47:34.05	+00:52:37 (48.9%)	10:45	5.6 (51.4%)
125	PSUT Kamil	2346	MELVIT TEAM	Open Mężczyzn	42	10:00	00:50:28	01:48:00.35	01:48:00.35	+00:53:04 (49.1%)	10:48	5.6 (51.4%)
126	PLUCIŃSKI Jakub	2213	DRAGON RUNNERS	Open Mężczyzn	43	08:15	00:58:29	01:48:15.70	01:48:15.70	+00:53:19 (49.3%)	10:49	5.5 (50.5%)
127	WIŚNIEWSKI Leszek	2513		Open Mężczyzn	44	11:00	00:55:32	01:48:24.65	01:48:24.65	+00:53:28 (49.3%)	10:50	5.5 (50.5%)
128	RAKOWSKI Przemysław	2046	MELVIT TEAM	Elite Mężczyzn	50	07:45	00:45:46	01:48:34.00	01:48:34.00	+00:53:37 (49.4%)	10:51	5.5 (50.5%)
129	TRUBIŁOWICZ Mateusz	2469	BIEGOWE DZIKI OCR	Open Mężczyzn	45	11:00	00:51:49	01:48:34.35	01:48:34.35	+00:53:38 (49.4%)	10:51	5.5 (50.5%)
130	ZYCH Zbyszek	2471	CARBON SILESIA SPORT	Open Masters Mężczyzn	9	11:00	00:53:26	01:48:43.70	01:48:43.70	+00:53:47 (49.5%)	10:52	5.5 (50.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Split 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
131	SZCZEPANIK Michał	2511		Open Mężczyzn	46	11:00	00:59:54	01:48:56.85	01:48:56.85	+00:54:00 (49.6%)	10:53	5.5 (50.5%)
132	ŚLIWIŃSKI Marcin	2508		Open Mężczyzn	47	11:00	00:58:05	01:48:59.05	01:48:59.05	+00:54:02 (49.6%)	10:53	5.5 (50.5%)
133	GRUDZIŃSKI Tomek	2493	TEAM SPIRIT NOWA SÓL	Open Masters Mężczyzn	10	11:00	00:57:06	01:49:58.75	01:49:58.75	+00:55:02 (50.0%)	10:59	5.5 (50.5%)
134	DYLEWSKI Sławomir	2492	TEAM SPIRIT NOWA SÓL	Open Mężczyzn	48	11:00	00:57:04	01:49:59.05	01:49:59.05	+00:55:02 (50.0%)	10:59	5.5 (50.5%)
135	KRÓLIKOWSKI Szymon	2458		Open Mężczyzn	49	10:45	00:56:07	01:50:16.45	01:50:16.45	+00:55:20 (50.2%)	11:01	5.4 (49.5%)
136	KORALEWSKI Bartek	2457		Open Mężczyzn	50	10:45	00:56:11	01:50:16.85	01:50:16.85	+00:55:20 (50.2%)	11:01	5.4 (49.5%)
137	BRUSIŁO Bartosz	2353	UNITED RUNNERS	Open Mężczyzn	51	10:00	01:00:28	01:51:04.50	01:51:04.50	+00:56:08 (50.5%)	11:06	5.4 (49.5%)
138	BARAŃSKI Maciek	2496		Open Mężczyzn	52	11:00	00:58:38	01:51:04.60	01:51:04.60	+00:56:08 (50.5%)	11:06	5.4 (49.5%)
139	HOMAN Grzegorz	2243		Open Mężczyzn	53	08:15	00:54:44	01:51:07.40	01:51:07.40	+00:56:11 (50.6%)	11:06	5.4 (49.5%)
140	CZAJA Piotr	2343	CROSSTEAM SZCZECINEK	Open Masters Mężczyzn	11	10:00	00:58:02	01:51:35.85	01:51:35.85	+00:56:39 (50.8%)	11:09	5.4 (49.5%)
141	DUBIS Jarosław	2238		Open Masters Mężczyzn	12	08:15	00:59:15	01:51:57.25	01:51:57.25	+00:57:01 (50.9%)	11:11	5.4 (49.5%)
142	TOMCZAK Dariusz	2161	HELL'S GYM OCR PEPOWO	Open Mężczyzn	54	08:00	01:05:05	01:52:44.40	01:52:44.40	+00:57:48 (51.3%)	11:16	5.3 (48.6%)
143	RYŚ Marzena	2110	KONIU SQUAD	Elite Kobiet	9	07:50	00:56:35	01:52:58.75	01:52:58.75	+00:58:02 (51.4%)	11:17	5.3 (48.6%)
144	JEZIORSKI Marcin	2501		Open Masters Mężczyzn	13	11:00	00:37:30	01:53:11.60	01:53:11.60	+00:58:15 (51.5%)	11:19	5.3 (48.6%)
145	WRÓBLEWSKI Tomasz	2251		Open Masters Mężczyzn	14	08:15	00:59:04	01:53:44.80	01:53:44.80	+00:58:48 (51.7%)	11:22	5.3 (48.6%)
146	MALEŃCZYK Sylwester	2418		Open Masters Mężczyzn	15	10:30	00:56:14	01:54:02.75	01:54:02.75	+00:59:06 (51.8%)	11:24	5.3 (48.6%)
147	WIECZOREK Wojciech	2211	DENISTEAM	Open Mężczyzn	55	08:15	01:00:17	01:54:09.75	01:54:09.75	+00:59:13 (51.9%)	11:24	5.3 (48.6%)
148	DOBROWOLSKI Piotr	2190		Open Mężczyzn	56	08:00	00:53:10	01:54:23.30	01:54:23.30	+00:59:27 (52.0%)	11:26	5.2 (47.7%)
149	KOWALCZYK Piotr	2267	SKURCZYBYKI	Open Mężczyzn	57	08:30	00:50:53	01:54:43.60	01:54:43.60	+00:59:47 (52.1%)	11:28	5.2 (47.7%)
150	BARTKOWIAK Artur	2188		Open Mężczyzn	58	08:00	00:52:07	01:54:52.15	01:54:52.15	+00:59:55 (52.2%)	11:29	5.2 (47.7%)
151	WAJDA Rafał	2378		Open Mężczyzn	59	10:00	00:58:08	01:55:38.95	01:55:38.95	+01:00:42 (52.5%)	11:33	5.2 (47.7%)
152	BERNACKA Katarzyna	2124	WOLF TEAM	Elite Kobiet	10	07:50	01:05:47	01:55:44.60	01:55:44.60	+01:00:48 (52.5%)	11:34	5.2 (47.7%)
153	ŁABUZ Sabina	2121	UNIT37	Elite Kobiet	11	07:50	00:56:42	01:55:46.15	01:55:46.15	+01:00:49 (52.5%)	11:34	5.2 (47.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Split 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
154	BIENIASZ Bogusław	2355		Open Masters Mężczyzn	16	10:00	00:58:09	01:55:53.95	01:55:53.95	+01:00:57 (52.6%)	11:35	5.2 (47.7%)
155	WEJKNIS Krzysztof	2174	OCR SPORT GRIP KRZYSZTOF WEJKNIS	Open Masters Mężczyzn	17	08:00	01:06:08	01:56:17.15	01:56:17.15	+01:01:20 (52.8%)	11:37	5.2 (47.7%)
156	KALETA Anna	2127	LEMON TEAM	Elite Kobiet	12	07:50	01:01:26	01:56:42.20	01:56:42.20	+01:01:45 (52.9%)	11:40	5.1 (46.8%)
157	RATAJSZCZAK Dominik	2269	UNITED RUNNERS	Open Mężczyzn	60	08:30	00:49:51	01:57:14.90	01:57:14.90	+01:02:18 (53.1%)	11:43	5.1 (46.8%)
158	BRODZIAK Andrzej	2409		Open Masters Mężczyzn	18	10:00	00:58:06	01:57:26.85	01:57:26.85	+01:02:30 (53.2%)	11:44	5.1 (46.8%)
159	WOLAŃSKI Michał	2291		Open Mężczyzn	61	08:30	01:03:06	01:57:53.05	01:57:53.05	+01:02:56 (53.4%)	11:47	5.1 (46.8%)
160	KUZNICKI Pawel	2416		Open Mężczyzn	62	10:30	00:58:32	01:58:19.95	01:58:19.95	+01:03:23 (53.6%)	11:49	5.1 (46.8%)
161	PIETROWSKI Karol	2424		Open Mężczyzn	63	10:30	01:02:04	01:58:20.10	01:58:20.10	+01:03:23 (53.6%)	11:50	5.1 (46.8%)
162	OLDENBURG Tim	2282		Open Masters Mężczyzn	19	08:30	00:56:19	01:59:00.20	01:59:00.20	+01:04:03 (53.8%)	11:54	5 (45.9%)
163	KARCZYŃSKI Tomasz	2365		Open Mężczyzn	64	10:00	00:58:17	02:00:06.85	02:00:06.85	+01:05:10 (54.3%)	12:00	5 (45.9%)
164	GONSIOR Krzysztof	2491	SOCIOS SILESIA	Open Mężczyzn	65	11:00	01:04:08	02:00:21.20	02:00:21.20	+01:05:24 (54.4%)	12:02	5 (45.9%)
165	JANISZEWSKI Grzegorz	2018	DZIADY OCR	Elite Masters Mężczyzn	19	07:40	00:50:58	02:00:28.25	02:00:28.25	+01:05:32 (54.4%)	12:02	5 (45.9%)
166	JULIKOWSKI Karol	2217	POWER TRAINING	Open Mężczyzn	66	08:15	00:56:32	02:00:32.95	02:00:32.95	+01:05:36 (54.4%)	12:03	5 (45.9%)
167	JARZĄBEK Victoria	2099	CARBON SILESIA SPORT	Elite Kobiet	13	07:50	01:01:21	02:00:44.30	02:00:44.30	+01:05:48 (54.5%)	12:04	5 (45.9%)
168	LISIECKI Rajmund	2001	BIEGOWE NYGUSY	Elite Masters Mężczyzn	20	07:45	01:02:41	02:01:38.40	02:01:38.40	+01:06:42 (54.8%)	12:09	4.9 (45.0%)
169	SZCZOTOK Wiktor	2156	CARBON SILESIA SPORT	Open Mężczyzn	67	08:00	01:02:58	02:01:39.50	02:01:39.50	+01:06:43 (54.8%)	12:09	4.9 (45.0%)
170	GRZECH Mateusz	2153	BESTIE OCR LEGIONOWO	Open Mężczyzn	68	08:00	01:02:59	02:01:39.75	02:01:39.75	+01:06:43 (54.8%)	12:09	4.9 (45.0%)
171	SITKO Krystyna	2118	SOCIOS SILESIA	Elite Kobiet	14	07:50	01:05:47	02:01:39.90	02:01:39.90	+01:06:43 (54.8%)	12:09	4.9 (45.0%)
172	KURAN Halina	2122	WATAHA	Elite Kobiet	15	07:50	01:11:24	02:02:08.35	02:02:08.35	+01:07:12 (55.0%)	12:12	4.9 (45.0%)
173	MIĘSOWICZ Mirosław	2182	WATAHA	Open Mężczyzn	69	08:00	00:55:42	02:02:12.20	02:02:12.20	+01:07:15 (55.0%)	12:13	4.9 (45.0%)
174	ANDRZEJCZAK Filip	2494	TROSKLIWE MISIE	Open Mężczyzn	70	11:00	00:55:53	02:02:23.90	02:02:23.90	+01:07:27 (55.1%)	12:14	4.9 (45.0%)
175	WICHEREK Mateusz	2379		Open Mężczyzn	71	10:00	00:59:36	02:03:41.45	02:03:41.45	+01:08:45 (55.6%)	12:22	4.9 (45.0%)
176	SZAFRAN Jakub	2050	PSYCHIATRYK KOPERNIKA	Elite Mężczyzn	51	07:45	00:56:20	02:03:55.50	02:03:55.50	+01:08:59 (55.7%)	12:23	4.8 (44.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Split 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
177	SZCZECH Szymon	2199		Open Mężczyzn	72	08:00	01:09:42	02:04:16.65	02:04:16.65	+01:09:20 (55.8%)	12:25	4.8 (44.0%)
178	CZECHOWSKI Konrad	2237		Open Mężczyzn	73	08:00	00:55:20	02:04:19.25	02:04:19.25	+01:09:23 (55.8%)	12:25	4.8 (44.0%)
179	CHODKOWSKA Patrycja	2410		Open Kobiet	1	10:30	01:02:03	02:04:25.50	02:04:25.50	+01:09:29 (55.8%)	12:26	4.8 (44.0%)
180	FILIPCZAK Kamil	2412		Open Masters Mężczyzn	20	10:30	01:02:03	02:04:25.55	02:04:25.55	+01:09:29 (55.8%)	12:26	4.8 (44.0%)
181		2524					01:06:58	02:04:28.10	02:04:28.10	+01:09:31 (55.9%)	12:26	4.8 (44.0%)
182	RYBACKI Błażej	2305	OBSTACLE CENTER TEAM	Open Mężczyzn	74	09:00	00:52:30	02:04:30.25	02:04:30.25	+01:09:34 (55.9%)	12:27	4.8 (44.0%)
183	JANKOWSKI Dominik	2304	OBSTACLE CENTER TEAM	Open Masters Mężczyzn	21	09:00	00:55:01	02:04:39.95	02:04:39.95	+01:09:43 (55.9%)	12:27	4.8 (44.0%)
184	GRALEC Dariusz	2036	I NEVER TURN BACK	Elite Masters Mężczyzn	21	07:45	01:07:49	02:04:41.55	02:04:41.55	+01:09:45 (55.9%)	12:28	4.8 (44.0%)
185	WITKOWSKI Marek	2470	BIEGOWE DZIKI OCR	Open Masters Mężczyzn	22	11:00	01:05:37	02:04:57.15	02:04:57.15	+01:10:00 (56.0%)	12:29	4.8 (44.0%)
186	POLAK Jarosław	2425		Open Mężczyzn	75	10:30	01:01:49	02:05:00.65	02:05:00.65	+01:10:04 (56.1%)	12:30	4.8 (44.0%)
187	TOMASZEWICZ Adam	2166	KLONO TEAM	Open Mężczyzn	76	08:00	01:05:51	02:05:01.75	02:05:01.75	+01:10:05 (56.1%)	12:30	4.8 (44.0%)
188	SAWICKI Kacper	2094		Elite Mężczyzn	52	07:45	01:07:30	02:05:12.45	02:05:12.45	+01:10:16 (56.1%)	12:31	4.8 (44.0%)
189	KRAKOWIAK Patryk	2309	TGV CLUB	Open Mężczyzn	77	09:00	01:04:18	02:05:20.95	02:05:20.95	+01:10:24 (56.2%)	12:32	4.8 (44.0%)
190	KULINKOWSKI Rafal	2488	KULINKOWSKI TEAM	Open Mężczyzn	78	11:00	01:03:49	02:05:29.40	02:05:29.40	+01:10:33 (56.2%)	12:32	4.8 (44.0%)
191	MALCZEWSKI Tomasz	2279		Open Mężczyzn	79	08:30	01:02:34	02:05:47.55	02:05:47.55	+01:10:51 (56.3%)	12:34	4.8 (44.0%)
192	WITKOWSKI Kuba	2074	SZARKI OCR	Elite Mężczyzn	53	07:45	00:56:20	02:06:16.75	02:06:16.75	+01:11:20 (56.5%)	12:37	4.8 (44.0%)
193	BARCZYK Łukasz	2408		Open Mężczyzn	80	10:30	00:57:52	02:06:26.85	02:06:26.85	+01:11:30 (56.6%)	12:38	4.7 (43.1%)
194	GENDERA Dawid	2274		Open Mężczyzn	81	08:30	01:04:10	02:07:22.30	02:07:22.30	+01:12:26 (56.9%)	12:44	4.7 (43.1%)
195	GRUBA Andrzej	2360		Open Masters Mężczyzn	23	10:00	01:04:05	02:07:34.55	02:07:34.55	+01:12:38 (56.9%)	12:45	4.7 (43.1%)
196	SZYMAŃSKI Marcin	2344	CROSSTEAM SZCZECINEK	Open Mężczyzn	82	10:00	01:05:06	02:07:41.20	02:07:41.20	+01:12:44 (57.0%)	12:46	4.7 (43.1%)
197	GŁUSZAK Piotr	2499		Open Masters Mężczyzn	24	11:00	01:04:00	02:08:03.30	02:08:03.30	+01:13:07 (57.1%)	12:48	4.7 (43.1%)
198	SCHMIDT Paweł	2152	BEFIT24TEAM	Open Masters Mężczyzn	25	08:00	01:08:49	02:08:04.75	02:08:04.75	+01:13:08 (57.1%)	12:48	4.7 (43.1%)
199	MAZGAJ Konrad	2246		Open Mężczyzn	83	08:15	01:11:02	02:08:05.25	02:08:05.25	+01:13:09 (57.1%)	12:48	4.7 (43.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Split 5km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 10km	brutto 10km			
200	WALCZAK Julian	2200		Open Mężczyzn	84	08:00	00:51:38	02:08:15.85	02:08:15.85	+01:13:19 (57.2%)	12:49	4.7 (43.1%)
201	SAJDAK Mateusz	2221	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	85	08:15	01:02:48	02:08:23.10	02:08:23.10	+01:13:26 (57.2%)	12:50	4.7 (43.1%)
202	CZARDYBON Dominik	2168	ŁOWCY PIEROŻKÓW	Open Mężczyzn	86	08:00	01:00:09	02:08:42.75	02:08:42.75	+01:13:46 (57.3%)	12:52	4.7 (43.1%)
203	PASIEWIEC Krzysztof	2328		Open Mężczyzn	87	09:00	00:56:38	02:08:48.30	02:08:48.30	+01:13:52 (57.3%)	12:52	4.7 (43.1%)
204	JEDRASZYK Klaudia	2231	ZJEBKI BEZ EPKI	Open Kobiet	2	08:15	01:09:22	02:08:52.00	02:08:52.00	+01:13:55 (57.4%)	12:53	4.7 (43.1%)
205	RYBAK Paulina	2114	POWER TRAINING	Elite Kobiet	16	07:50	01:01:26	02:08:58.55	02:08:58.55	+01:14:02 (57.4%)	12:53	4.7 (43.1%)
206	KMIECIK Justyna	2261	HUSARIA RACE TEAM	Open Masters Kobiet	1	08:00		02:09:11.20	02:09:11.20	+01:14:14 (57.5%)	12:55	4.6 (42.2%)
207	KMIECIK Marcin	2262	HUSARIA RACE TEAM	Open Mężczyzn	88	08:00		02:09:11.35	02:09:11.35	+01:14:15 (57.5%)	12:55	4.6 (42.2%)
208	RATAJCZAK Grzegorz	2197		Open Masters Mężczyzn	26	08:00	01:03:17	02:09:35.45	02:09:35.45	+01:14:39 (57.6%)	12:57	4.6 (42.2%)
209	WYSOCZAŃSKI Tomek	2382		Open Masters Mężczyzn	27	10:00	01:04:03	02:09:40.35	02:09:40.35	+01:14:44 (57.6%)	12:58	4.6 (42.2%)
210	MAJEWSKI Damian	2183	WILK TRENUJE FAMILY (WTF)	Open Mężczyzn	89	08:00	01:00:41	02:09:50.00	02:09:50.00	+01:14:53 (57.7%)	12:59	4.6 (42.2%)
211	ŻEBROWSKI Daniel	2306	POWER TRAINING	Open Mężczyzn	90	09:00	01:03:04	02:09:53.65	02:09:53.65	+01:14:57 (57.7%)	12:59	4.6 (42.2%)
212	CHOMICZ Rafał	2383	8E	Open Mężczyzn	91	10:30	01:03:59	02:10:04.25	02:10:04.25	+01:15:08 (57.8%)	13:00	4.6 (42.2%)
213	ZAWADZKI Jakub	2384	8E	Open Mężczyzn	92	10:30	01:04:15	02:10:04.80	02:10:04.80	+01:15:08 (57.8%)	13:00	4.6 (42.2%)
214	TADYCH Marcin	2445	SAW TEAM	Open Mężczyzn	93	10:45	01:08:13	02:10:13.50	02:10:13.50	+01:15:17 (57.8%)	13:01	4.6 (42.2%)
215	RATAJCZAK Rafał	2198		Open Masters Mężczyzn	28	08:00	01:03:18	02:10:16.65	02:10:16.65	+01:15:20 (57.8%)	13:01	4.6 (42.2%)
216	CZYŻEWSKI Bartłomiej	2319		Open Mężczyzn	94	09:00	01:05:02	02:10:21.20	02:10:21.20	+01:15:24 (57.9%)	13:02	4.6 (42.2%)
217	HUSAKOU Valiantsin	2444	SAW TEAM	Open Mężczyzn	95	10:45	01:08:02	02:10:29.50	02:10:29.50	+01:15:33 (57.9%)	13:02	4.6 (42.2%)
218	HOŁOWACZ Kamil	2362		Open Mężczyzn	96	10:00	01:03:46	02:10:38.30	02:10:38.30	+01:15:42 (57.9%)	13:03	4.6 (42.2%)
219	GAŁAN Tomasz	2486	KOJOTY	Open Masters Mężczyzn	29	11:00	01:07:16	02:10:44.40	02:10:44.40	+01:15:48 (58.0%)	13:04	4.6 (42.2%)
220	ŁUSZCZYNA Robert	2370		Open Mężczyzn	97	10:00	01:04:30	02:10:46.95	02:10:46.95	+01:15:50 (58.0%)	13:04	4.6 (42.2%)
221	CHUDY Dariusz	2452		Open Mężczyzn	98	10:45	01:08:49	02:10:47.15	02:10:47.15	+01:15:50 (58.0%)	13:04	4.6 (42.2%)
222	MANTHEY Paweł	2460		Open Mężczyzn	99	10:45	01:08:49	02:10:51.45	02:10:51.45	+01:15:55 (58.0%)	13:05	4.6 (42.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Split 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
223	FISCHER Filip	2413		Open Mężczyzn	100	10:30	01:07:07	02:10:54.00	02:10:54.00	+01:15:57 (58.0%)	13:05	4.6 (42.2%)
224	WAŃKOWICZ Adrian	2201		Open Mężczyzn	101	08:00	01:09:00	02:11:03.70	02:11:03.70	+01:16:07 (58.1%)	13:06	4.6 (42.2%)
225	ŁĄTKA Robert	2227	UNIT37	Open Masters Mężczyzn	30	08:15	01:12:43	02:11:09.40	02:11:09.40	+01:16:13 (58.1%)	13:06	4.6 (42.2%)
226	RYBAK Radosław	2285		Open Mężczyzn	102	08:30	00:58:35	02:11:20.85	02:11:20.85	+01:16:24 (58.2%)	13:08	4.6 (42.2%)
227	BURY Mariusz	2272		Open Mężczyzn	103	08:30	00:58:34	02:11:21.10	02:11:21.10	+01:16:24 (58.2%)	13:08	4.6 (42.2%)
228	ŁANOCHA Michał	2226	UNIT37	Open Mężczyzn	104	08:15	01:12:44	02:11:47.85	02:11:47.85	+01:16:51 (58.3%)	13:10	4.6 (42.2%)
229	PŁACZEK Anna	2101	CARBON SILESIA SPORT	Elite Kobiet	17	07:50	00:54:49	02:12:12.35	02:12:12.35	+01:17:16 (58.4%)	13:13	4.5 (41.3%)
230	CHMIELEWSKI Józef	2189		Open Masters Mężczyzn	31	08:00	01:04:34	02:12:31.25	02:12:31.25	+01:17:35 (58.5%)	13:15	4.5 (41.3%)
231	DĘBICKI Kamil	2357		Open Mężczyzn	105	10:00	01:05:58	02:12:41.20	02:12:41.20	+01:17:44 (58.6%)	13:16	4.5 (41.3%)
232	POHLAND Paweł	2507		Open Mężczyzn	106	11:00	01:01:34	02:13:10.25	02:13:10.25	+01:18:14 (58.7%)	13:19	4.5 (41.3%)
233	FEDYCKI Mariusz	2358		Open Mężczyzn	107	10:00	01:05:42	02:13:16.70	02:13:16.70	+01:18:20 (58.8%)	13:19	4.5 (41.3%)
234	JAGLIŃSKI Rafał	2363		Open Mężczyzn	108	10:00	01:01:26	02:13:21.10	02:13:21.10	+01:18:24 (58.8%)	13:20	4.5 (41.3%)
235	LATOSI Adrian	2244		Open Masters Mężczyzn	32	08:15	01:10:53	02:13:50.80	02:13:50.80	+01:18:54 (59.0%)	13:23	4.5 (41.3%)
236	ZAJĄC Paweł	2487	KOJOTY	Open Mężczyzn	109	11:00	01:12:45	02:14:52.45	02:14:52.45	+01:19:56 (59.3%)	13:29	4.4 (40.4%)
237	KAŻMIERCZAK Daniel	2502		Open Mężczyzn	110	11:00	00:54:09	02:14:54.45	02:14:54.45	+01:19:58 (59.3%)	13:29	4.4 (40.4%)
238	SIMON Adam	2391	HUSARIA RACE TEAM	Open Mężczyzn	111	10:30	01:09:07	02:15:02.75	02:15:02.75	+01:20:06 (59.3%)	13:30	4.4 (40.4%)
239	KŁYK Łukasz	2390	HUSARIA RACE TEAM	Open Mężczyzn	112	10:30	01:09:10	02:15:02.95	02:15:02.95	+01:20:06 (59.3%)	13:30	4.4 (40.4%)
240	BIELICKI Paweł	2498		Open Mężczyzn	113	11:00	00:54:10	02:15:14.45	02:15:14.45	+01:20:18 (59.4%)	13:31	4.4 (40.4%)
241	ŚLIFIŃSKI Patryk	2374		Open Mężczyzn	114	10:00	01:05:21	02:15:38.50	02:15:38.50	+01:20:42 (59.5%)	13:33	4.4 (40.4%)
242	KACZMAREK Arkadiusz	2515		Open Mężczyzn	115	11:00	01:11:54	02:16:13.65	02:16:13.65	+01:21:17 (59.7%)	13:37	4.4 (40.4%)
243	KOTALA Arkadiusz	2415		Open Mężczyzn	116	10:30	01:01:41	02:16:30.65	02:16:30.65	+01:21:34 (59.8%)	13:39	4.4 (40.4%)
244	KLINOWSKI Andrzej	2264	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	117	08:30	01:07:45	02:16:51.95	02:16:51.95	+01:21:55 (59.9%)	13:41	4.4 (40.4%)
245	MALCZEWSKI Tomasz	2220	RAJSPOORT ACTIVE	Open Mężczyzn	118	08:15	01:14:10	02:16:58.40	02:16:58.40	+01:22:02 (59.9%)	13:41	4.4 (40.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Split 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
246	WIECZOREK Krzysztof	2463		Open Mężczyzn	119	10:45	01:07:32	02:17:03.90	02:17:03.90	+01:22:07 (59.9%)	13:42	4.4 (40.4%)
247	KWIATKOWSKI Mateusz	2417		Open Mężczyzn	120	10:30	01:10:51	02:17:30.20	02:17:30.20	+01:22:33 (60.0%)	13:45	4.4 (40.4%)
248	BOIŃSKA Agnieszka	2184	WOLF TEAM	Open Masters Kobiet	2	08:00	01:10:06	02:17:31.65	02:17:31.65	+01:22:35 (60.1%)	13:45	4.4 (40.4%)
249	SŁABASZEWSKI Kamil	2257	HARPAGAN BEAST	Open Mężczyzn	121	08:30	01:11:40	02:17:38.65	02:17:38.65	+01:22:42 (60.1%)	13:45	4.4 (40.4%)
250	NIEDZIELA Sebastian	2256	HARPAGAN BEAST	Open Mężczyzn	122	08:30	01:11:41	02:17:50.95	02:17:50.95	+01:22:54 (60.1%)	13:47	4.4 (40.4%)
251	HUBERT Artur	2455		Open Masters Mężczyzn	33	10:45	01:09:19	02:17:52.65	02:17:52.65	+01:22:56 (60.2%)	13:47	4.4 (40.4%)
252	STEFAŃSKI Łukasz	2462		Open Mężczyzn	123	10:45	01:09:19	02:17:57.10	02:17:57.10	+01:23:00 (60.2%)	13:47	4.3 (39.4%)
253	ZALEWSKI Sebastian	2514		Open Mężczyzn	124	11:00	01:12:09	02:18:56.95	02:18:56.95	+01:24:00 (60.5%)	13:53	4.3 (39.4%)
254	SERÓWKA Jakub	2373		Open Mężczyzn	125	10:00	01:03:59	02:19:01.55	02:19:01.55	+01:24:05 (60.5%)	13:54	4.3 (39.4%)
255	SZPYRA Darek	2377		Open Mężczyzn	126	10:00	01:05:23	02:19:04.15	02:19:04.15	+01:24:07 (60.5%)	13:54	4.3 (39.4%)
256	TRĘDA Cezary	2393	JANUSZE BŁOTNYCH BIEGÓW	Open Mężczyzn	127	10:30	01:14:02	02:19:06.80	02:19:06.80	+01:24:10 (60.5%)	13:54	4.3 (39.4%)
257	MUSIAŁ Robert	2505		Open Mężczyzn	128	11:00	01:08:10	02:19:28.00	02:19:28.00	+01:24:31 (60.6%)	13:56	4.3 (39.4%)
258	WITKOWSKI Arkadiusz	2208	BRYGIERY OCR	Open Mężczyzn	129	08:15	01:14:09	02:19:39.15	02:19:39.15	+01:24:42 (60.7%)	13:57	4.3 (39.4%)
259	JĄSKIEWICZ Krzysztof	2500		Open Masters Mężczyzn	34	11:00	01:09:18	02:20:17.75	02:20:17.75	+01:25:21 (60.8%)	14:01	4.3 (39.4%)
260	KRZYŻANOWSKI Julian	2399	POWER TRAINING	Open Mężczyzn	130	10:00	01:00:24	02:20:59.85	02:20:59.85	+01:26:03 (61.0%)	14:05	4.3 (39.4%)
261	RESPONDEK Leszek	2038	KLONO TEAM	Elite Masters Mężczyzn	22	07:45	01:25:24	02:21:05.20	02:21:05.20	+01:26:08 (61.1%)	14:06	4.3 (39.4%)
262	MŁYNARCZAK Jakub	2419		Open Masters Mężczyzn	35	10:30	01:10:38	02:21:30.20	02:21:30.20	+01:26:33 (61.2%)	14:09	4.2 (38.5%)
263	MŁYNARCZAK Karolina	2420		Open Masters Kobiet	3	10:30	01:10:40	02:21:30.30	02:21:30.30	+01:26:34 (61.2%)	14:09	4.2 (38.5%)
264	JASIŃSKI Jacek	2171	ŁOWCY PIEROŻKÓW	Open Mężczyzn	131	08:00	01:15:38	02:21:34.45	02:21:34.45	+01:26:38 (61.2%)	14:09	4.2 (38.5%)
265	SĘK Dariusz	2461		Open Masters Mężczyzn	36	10:45	01:10:12	02:21:51.05	02:21:51.05	+01:26:54 (61.3%)	14:11	4.2 (38.5%)
266	KUTYŁA Marek	2504		Open Mężczyzn	132	11:00	01:09:52	02:22:00.05	02:22:00.05	+01:27:03 (61.3%)	14:12	4.2 (38.5%)
267	GIETKO Piotr	2454		Open Masters Mężczyzn	37	10:45	01:10:23	02:22:00.20	02:22:00.20	+01:27:03 (61.3%)	14:12	4.2 (38.5%)
268	NOWAK Piotr	2372		Open Mężczyzn	133	10:00	01:18:10	02:22:38.40	02:22:38.40	+01:27:42 (61.5%)	14:15	4.2 (38.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Split 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
269	LEWANDOWSKI Jarosław	2369		Open Mężczyzn	134	10:00	01:04:56	02:23:03.15	02:23:03.15	+01:28:06 (61.6%)	14:18	4.2 (38.5%)
270	WUCZKO Dariusz	2381		Open Mężczyzn	135	10:00	01:05:20	02:23:03.30	02:23:03.30	+01:28:07 (61.6%)	14:18	4.2 (38.5%)
271	KWILIŃSKA Weronika	2278		Open Kobiet	3	08:30	01:19:33	02:23:03.75	02:23:03.75	+01:28:07 (61.6%)	14:18	4.2 (38.5%)
272	KANCIRUK Paweł	2520		Open Mężczyzn	136	08:30	01:11:03	02:23:14.35	02:23:14.35	+01:28:18 (61.6%)	14:19	4.2 (38.5%)
273	ZAJĄC Magdalena	2464		Open Kobiet	4	10:45	01:12:58	02:23:54.40	02:23:54.40	+01:28:58 (61.8%)	14:23	4.2 (38.5%)
274	TUTAJ Jakub	2077	UNIT37	Elite Masters Mężczyzn	23	07:45	01:03:59	02:24:00.90	02:24:00.90	+01:29:04 (61.9%)	14:24	4.2 (38.5%)
275	KULCZAK Paweł	2277		Open Masters Mężczyzn	38	08:30	01:06:22	02:24:06.45	02:24:06.45	+01:29:10 (61.9%)	14:24	4.2 (38.5%)
276	KOKOTEK Alicja	2351	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	5	10:00	01:11:07	02:24:09.55	02:24:09.55	+01:29:13 (61.9%)	14:24	4.2 (38.5%)
277	LIBERADZKI Marcin	2385	ATHLETIC APOLLO	Open Masters Mężczyzn	39	10:30	01:15:41	02:24:11.75	02:24:11.75	+01:29:15 (61.9%)	14:25	4.2 (38.5%)
278	SEŃ Agata	2286		Open Kobiet	6	08:30	01:15:26	02:24:49.60	02:24:49.60	+01:29:53 (62.1%)	14:28	4.1 (37.6%)
279	MIZGIER Filip	2478	EKIPA Z OGÓRKA!	Open Mężczyzn	137	11:00	01:11:45	02:24:57.95	02:24:57.95	+01:30:01 (62.1%)	14:29	4.1 (37.6%)
280	DUSZCZAK Bartosz	2476	EKIPA Z OGÓRKA!	Open Mężczyzn	138	11:00	01:11:56	02:25:17.55	02:25:17.55	+01:30:21 (62.2%)	14:31	4.1 (37.6%)
281	ROBAK Sylwester	2427		Open Mężczyzn	139	10:30	01:08:34	02:25:27.00	02:25:27.00	+01:30:30 (62.2%)	14:32	4.1 (37.6%)
282	KRAJEWSKI Michał	2204	BRYGIERY OCR	Open Mężczyzn	140	08:15	01:08:42	02:25:56.75	02:25:56.75	+01:31:00 (62.4%)	14:35	4.1 (37.6%)
283	DYOLOG Sergiy	2320		Open Mężczyzn	141	09:00	01:07:01	02:25:57.30	02:25:57.30	+01:31:01 (62.4%)	14:35	4.1 (37.6%)
284	POLUS Piotr Peter	2400	POWER TRAINING	Open Mężczyzn	142	08:30	01:13:18	02:26:12.10	02:26:12.10	+01:31:15 (62.4%)	14:37	4.1 (37.6%)
285	TROJAN Anna	2096	BEFIT24TEAM	Elite Masters Kobiet	1	07:50	01:03:48	02:26:12.85	02:26:12.85	+01:31:16 (62.4%)	14:37	4.1 (37.6%)
286	MIZGIER Krzysztof	2479	EKIPA Z OGÓRKA!	Open Mężczyzn	143	11:00	01:11:51	02:26:38.85	02:26:38.85	+01:31:42 (62.5%)	14:39	4.1 (37.6%)
287	SERKIS Małgorzata	2331		Open Masters Kobiet	4	09:00	01:18:57	02:26:48.10	02:26:48.10	+01:31:51 (62.6%)	14:40	4.1 (37.6%)
287	GUZDEK Jolanta	2296	DZIADEK I WNUKI	Open Kobiet	7	09:00	01:19:28	02:26:48.10	02:26:48.10	+01:31:51 (62.6%)	14:40	4.1 (37.6%)
289	MADAJCZAK Weronika	2477	EKIPA Z OGÓRKA!	Open Kobiet	8	11:00	01:11:55	02:26:52.30	02:26:52.30	+01:31:56 (62.6%)	14:41	4.1 (37.6%)
290	GASIOR Rafał	2191		Open Mężczyzn	144	08:00	01:09:56	02:27:19.25	02:27:19.25	+01:32:23 (62.7%)	14:43	4.1 (37.6%)
291	BANASZEK Tomasz	2187		Open Mężczyzn	145	08:00	01:10:09	02:27:28.30	02:27:28.30	+01:32:32 (62.7%)	14:44	4.1 (37.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Split 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
292	CZUBAŁA Jakub	2475	EKIPA Z OGÓRKA!	Open Mężczyzn	146	11:00	01:11:59	02:27:33.45	02:27:33.45	+01:32:37 (62.8%)	14:45	4.1 (37.6%)
293	TRZASKALIK Ireneusz	2517		Open Masters Mężczyzn	40	08:15	01:12:58	02:27:35.30	02:27:35.30	+01:32:39 (62.8%)	14:45	4.1 (37.6%)
294	WÓJCICKA Anna	2260	HELL'S HEAVEN SZCZECIN	Open Kobiet	9	08:15	01:16:46	02:28:05.25	02:28:05.25	+01:33:09 (62.9%)	14:48	4.1 (37.6%)
295	LEWANDOWSKA Anna	2259	HELL'S HEAVEN SZCZECIN	Open Masters Kobiet	5	08:15	01:16:46	02:28:05.30	02:28:05.30	+01:33:09 (62.9%)	14:48	4.1 (37.6%)
296	KULIGOWSKA Małgorzata	2108	FIT & MORE RYBNIK	Elite Masters Kobiet	2	07:50	00:55:48	02:28:11.15	02:28:11.15	+01:33:14 (62.9%)	14:49	4 (36.7%)
297	SZPAKOWSKI Jacek	2481	EXTREME WAYS	Open Mężczyzn	147	11:00	01:07:02	02:28:25.15	02:28:25.15	+01:33:28 (63.0%)	14:50	4 (36.7%)
298	KOSIŃSKI Tomasz	2480	EXTREME WAYS	Open Mężczyzn	148	11:00	01:07:45	02:28:34.25	02:28:34.25	+01:33:38 (63.0%)	14:51	4 (36.7%)
299	KRAWCZAK Emil	2490	PWPW S.A.	Open Mężczyzn	149	11:00	01:07:59	02:28:34.70	02:28:34.70	+01:33:38 (63.0%)	14:51	4 (36.7%)
300	BRZESKA Ewa	2258	HELL'S HEAVEN SZCZECIN	Open Kobiet	10	08:15	01:16:50	02:28:55.45	02:28:55.45	+01:33:59 (63.1%)	14:53	4 (36.7%)
301	BŁASIŃSKI Piotr	2236		Open Masters Mężczyzn	41	08:15	01:14:07	02:28:55.85	02:28:55.85	+01:33:59 (63.1%)	14:53	4 (36.7%)
302	ZAGRODZKA Magdalena	2103	CARBON SILESIA SPORT	Elite Kobiet	18	07:50	01:30:21	02:29:49.90	02:29:49.90	+01:34:53 (63.3%)	14:58	4 (36.7%)
303	LEWANDOWSKI Przemysław	2394	NIE W SZCZEPIONKĘ TEAM	Open Masters Mężczyzn	42	10:30	01:17:42	02:30:01.70	02:30:01.70	+01:35:05 (63.4%)	15:00	4 (36.7%)
304	SZOSTEK Patrycja	2395	NIE W SZCZEPIONKĘ TEAM	Open Kobiet	11	10:30	01:17:42	02:30:03.05	02:30:03.05	+01:35:06 (63.4%)	15:00	4 (36.7%)
305	WIDUCH Ryszard	2380		Open Masters Mężczyzn	43	10:00	01:18:24	02:30:10.10	02:30:10.10	+01:35:13 (63.4%)	15:01	4 (36.7%)
306	GAJDAMOWICZ Beata	2359		Open Kobiet	12	10:00	01:20:46	02:30:23.25	02:30:23.25	+01:35:27 (63.5%)	15:02	4 (36.7%)
307	SZŁĘZAK Mateusz	2376		Open Mężczyzn	150	10:00	01:20:46	02:30:24.05	02:30:24.05	+01:35:27 (63.5%)	15:02	4 (36.7%)
308	GUMIELA Adam	2489	MELVIT TEAM	Open Mężczyzn	151	11:00	01:03:38	02:31:16.25	02:31:16.25	+01:36:20 (63.7%)	15:07	4 (36.7%)
309	STOSIK Krzysztof	2375		Open Mężczyzn	152	10:00	01:19:34	02:31:17.15	02:31:17.15	+01:36:20 (63.7%)	15:07	4 (36.7%)
310	HILLER Fabian	2361		Open Mężczyzn	153	10:00	01:19:34	02:31:17.45	02:31:17.45	+01:36:21 (63.7%)	15:07	4 (36.7%)
311	PODDĘBNIAK Małgorzata	2206	BRYGIERY OCR	Open Kobiet	13	08:15	01:14:11	02:31:41.95	02:31:41.95	+01:36:45 (63.8%)	15:10	4 (36.7%)
312	ANDRYCH Mateusz	2233		Open Mężczyzn	154	08:15	01:14:26	02:31:42.30	02:31:42.30	+01:36:46 (63.8%)	15:10	4 (36.7%)
313	BUDEK Weronika	2318		Open Kobiet	14	09:00	01:15:58	02:31:43.30	02:31:43.30	+01:36:47 (63.8%)	15:10	4 (36.7%)
314	OLĘDZKI Marcin	2423		Open Mężczyzn	155	10:30	01:17:59	02:32:18.80	02:32:18.80	+01:37:22 (63.9%)	15:13	3.9 (35.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Split 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
315	BILYI Dmytro	2316		Open Mężczyzn	156	09:00	01:17:45	02:32:27.30	02:32:27.30	+01:37:31 (64.0%)	15:14	3.9 (35.8%)
315	SZELAĞ Sebastian	2333		Open Mężczyzn	156	09:00	01:17:45	02:32:27.30	02:32:27.30	+01:37:31 (64.0%)	15:14	3.9 (35.8%)
317	ABRAMCZYK Bernard	2521		Open Mężczyzn	158	10:00	01:20:10	02:33:25.15	02:33:25.15	+01:38:28 (64.2%)	15:20	3.9 (35.8%)
318	FILAS Rafał	2321		Open Mężczyzn	159	09:00	01:15:58	02:34:01.95	02:34:01.95	+01:39:05 (64.3%)	15:24	3.9 (35.8%)
319	KLIK Paweł	2366		Open Mężczyzn	160	10:00	01:20:48	02:34:24.95	02:34:24.95	+01:39:28 (64.4%)	15:26	3.9 (35.8%)
320	STANEK Jakub	2288		Open Mężczyzn	161	08:30	01:01:27	02:34:40.25	02:34:40.25	+01:39:44 (64.5%)	15:28	3.9 (35.8%)
321	KWIATKOWSKA Daria	2205	BRYGIERY OCR	Open Kobiet	15	08:15	01:24:36	02:35:48.50	02:35:48.50	+01:40:52 (64.7%)	15:34	3.9 (35.8%)
322	PONSKI Cezary	2330		Open Mężczyzn	162	10:30	01:14:30	02:35:59.75	02:35:59.75	+01:41:03 (64.8%)	15:35	3.8 (34.9%)
323	ŁYŻWA Stanisław	2195		Open Mężczyzn	163	08:00	01:16:31	02:36:00.30	02:36:00.30	+01:41:04 (64.8%)	15:36	3.8 (34.9%)
324	BARAN Konrad	2203	BRYGIERY OCR	Open Mężczyzn	164	08:15	01:24:08	02:36:09.40	02:36:09.40	+01:41:13 (64.8%)	15:36	3.8 (34.9%)
325	KOWALCZYK Tomasz	2324		Open Mężczyzn	165	10:30	01:14:31	02:36:14.75	02:36:14.75	+01:41:18 (64.8%)	15:37	3.8 (34.9%)
326	SASINOWSKI Krzysztof	2207	BRYGIERY OCR	Open Mężczyzn	166	08:15	01:16:19	02:36:32.35	02:36:32.35	+01:41:36 (64.9%)	15:39	3.8 (34.9%)
327	KRAUSE Magda	2352	SIUSIAKI	Open Kobiet	16	09:00	01:20:52	02:36:32.70	02:36:32.70	+01:41:36 (64.9%)	15:39	3.8 (34.9%)
328	KARBOWSKA Karolina	2364		Open Kobiet	17	09:00	01:20:52	02:36:32.80	02:36:32.80	+01:41:36 (64.9%)	15:39	3.8 (34.9%)
329	MANIA Piotr	2310	TGV CLUB	Open Mężczyzn	167	09:00	01:19:52	02:36:35.05	02:36:35.05	+01:41:38 (64.9%)	15:39	3.8 (34.9%)
330	BUCZYNSKI Dariusz	2271		Open Mężczyzn	168	08:30	01:19:41	02:36:49.80	02:36:49.80	+01:41:53 (65.0%)	15:40	3.8 (34.9%)
331	BONIAKOWSKA Ilona	2317		Open Kobiet	18	09:00	01:16:52	02:36:53.60	02:36:53.60	+01:41:57 (65.0%)	15:41	3.8 (34.9%)
332	MIŚKIEWICZ Konrad	2325		Open Mężczyzn	169	09:00	01:16:47	02:36:53.80	02:36:53.80	+01:41:57 (65.0%)	15:41	3.8 (34.9%)
333	MOLKA Kamil	2371		Open Mężczyzn	170	10:00	01:19:38	02:36:55.30	02:36:55.30	+01:41:59 (65.0%)	15:41	3.8 (34.9%)
334	FEDĘNCZAK Rafał	2342	CHŁOPAKI Z POMORZA	Open Mężczyzn	171	10:00	01:19:38	02:36:55.80	02:36:55.80	+01:41:59 (65.0%)	15:41	3.8 (34.9%)
335	PACEK Kuba	2327		Open Mężczyzn	172	09:00	01:15:54	02:38:56.20	02:38:56.20	+01:43:59 (65.4%)	15:53	3.8 (34.9%)
336	MRÓZ Dawid	2326		Open Mężczyzn	173	09:00	01:15:55	02:38:56.40	02:38:56.40	+01:44:00 (65.4%)	15:53	3.8 (34.9%)
337	CERAJEWSKA Hanna	2230	ZJEBKI BEZ EPKI	Open Kobiet	19	08:15	01:24:03	02:38:58.80	02:38:58.80	+01:44:02 (65.4%)	15:53	3.8 (34.9%)

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338	MAJEWSKA Nicola	2232	ZJEBKI BEZ EPKI	Open Kobiet	20	08:15	01:17:10	02:39:01.65	02:39:01.65	+01:44:05 (65.5%)	15:54	3.8 (34.9%)
339	PECIAK Kamil	2329		Open Mężczyzn	174	09:00	01:04:28	02:39:13.70	02:39:13.70	+01:44:17 (65.5%)	15:55	3.8 (34.9%)
340	WAŻNY Łukasz	2289		Open Mężczyzn	175	08:30	01:15:25	02:39:51.45	02:39:51.45	+01:44:55 (65.6%)	15:59	3.8 (34.9%)
341	LASZCZYK Julia	2446	SZTURM	Open Kobiet	21	10:45	01:22:33	02:39:51.95	02:39:51.95	+01:44:55 (65.6%)	15:59	3.8 (34.9%)
342	ROCHALSKI Kamil	2447	SZTURM	Open Mężczyzn	176	10:45	01:23:58	02:40:35.75	02:40:35.75	+01:45:39 (65.8%)	16:03	3.7 (33.9%)
343	ZADROŻNY Krzysztof	2485	KLUB BIEGACZA RTV EURO AGD	Open Mężczyzn	177	11:00	01:24:51	02:44:34.70	02:44:34.70	+01:49:38 (66.6%)	16:27	3.6 (33.0%)
344	OBUDZIŃSKA Monika	2472	CROSS TRENING MAZOVIA CIECHANÓW	Open Masters Kobiet	6	11:00	01:25:40	02:44:34.75	02:44:34.75	+01:49:38 (66.6%)	16:27	3.6 (33.0%)
345	OBUDZIŃSKI Marcin	2473	CROSS TRENING MAZOVIA CIECHANÓW	Open Masters Mężczyzn	44	11:00	01:25:08	02:44:34.80	02:44:34.80	+01:49:38 (66.6%)	16:27	3.6 (33.0%)
346	ZADROŻNA Olga	2474	CROSS TRENING MAZOVIA CIECHANÓW	Open Kobiet	22	11:00	01:25:39	02:44:35.00	02:44:35.00	+01:49:38 (66.6%)	16:27	3.6 (33.0%)
347	KLIMEK Paulina	2414		Open Kobiet	23	10:30	01:20:32	02:44:46.70	02:44:46.70	+01:49:50 (66.7%)	16:28	3.6 (33.0%)
348	KUCZBORSKI Jacek	2459		Open Mężczyzn	178	10:30	01:20:32	02:44:47.10	02:44:47.10	+01:49:50 (66.7%)	16:28	3.6 (33.0%)
349	PIOTROWSKI Jerzy	2350	OBSTACLE CENTER TEAM	Open Masters Mężczyzn	45	10:00	01:21:30	02:45:09.95	02:45:09.95	+01:50:13 (66.7%)	16:30	3.6 (33.0%)
350	JOP Mateusz	2322		Open Mężczyzn	179	09:00	01:07:12	02:45:49.35	02:45:49.35	+01:50:53 (66.9%)	16:34	3.6 (33.0%)
351	STEFAN Grzegorz	2341	CARBON SILESIA SPORT	Open Masters Mężczyzn	46	10:00	01:25:36	02:47:00.45	02:47:00.45	+01:52:04 (67.1%)	16:42	3.6 (33.0%)
352	JOCHEMSKI Mikołaj	2276		Open Mężczyzn	180	08:30	01:23:41	02:47:10.85	02:47:10.85	+01:52:14 (67.1%)	16:43	3.6 (33.0%)
353	JOCHEMSKA Karolina	2275		Open Kobiet	24	08:30	01:23:41	02:47:11.25	02:47:11.25	+01:52:15 (67.1%)	16:43	3.6 (33.0%)
354	PRZYBYTEK Sławomir	2426		Open Masters Mężczyzn	47	10:30	01:28:12	02:48:16.60	02:48:16.60	+01:53:20 (67.4%)	16:49	3.6 (33.0%)
355	AUGUŚCIK Marcin	2234		Open Mężczyzn	181	08:15	01:31:58	02:48:16.95	02:48:16.95	+01:53:20 (67.4%)	16:49	3.6 (33.0%)
356	MATKOWSKA Martyna	2280		Open Kobiet	25	08:30	01:27:57	02:49:23.60	02:49:23.60	+01:54:27 (67.6%)	16:56	3.5 (32.1%)
357	PŁAZA Artur	2283		Open Mężczyzn	182	08:30	01:27:58	02:49:24.25	02:49:24.25	+01:54:28 (67.6%)	16:56	3.5 (32.1%)
358	WIŚNIEWSKA Katarzyna	2290		Open Kobiet	26	08:30	01:27:56	02:49:24.60	02:49:24.60	+01:54:28 (67.6%)	16:56	3.5 (32.1%)
359	BAJSAROWICZ Marta	2104	DRAGON RUNNERS	Elite Kobiet	19	07:50	01:45:29	02:50:13.20	02:50:13.20	+01:55:16 (67.7%)	17:01	3.5 (32.1%)
360	PIETRAS Mariola	2155	CARBON SILESIA SPORT	Open Kobiet	27	08:00	01:26:04	02:51:21.95	02:51:21.95	+01:56:25 (67.9%)	17:08	3.5 (32.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Split 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
361	LEISZNER Izabela	2154	CARBON SILESIA SPORT	Open Kobiet	28	08:00	01:26:36	02:51:22.05	02:51:22.05	+01:56:25 (67.9%)	17:08	3.5 (32.1%)
361	MAJOWSKI Michał	2009	CARBON SILESIA SPORT	Open Mężczyzn	183	08:00	01:34:21	02:51:22.05	02:51:22.05	+01:56:25 (67.9%)	17:08	3.5 (32.1%)
363	HADRIAN Szymon	2007	CARBON SILESIA SPORT	Open Mężczyzn	184	08:00	01:34:22	02:51:22.95	02:51:22.95	+01:56:26 (67.9%)	17:08	3.5 (32.1%)
364	KOTAS Patrycja	2307	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	29	10:00	01:31:20	02:52:19.05	02:52:19.05	+01:57:22 (68.1%)	17:13	3.5 (32.1%)
365	OWCZAREK Adam	2176	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	185	08:00	01:29:20	02:53:08.15	02:53:08.15	+01:58:11 (68.3%)	17:18	3.5 (32.1%)
366		2525					01:40:01	02:53:18.75	02:53:18.75	+01:58:22 (68.3%)	17:19	3.5 (32.1%)
367		2526					01:40:04	02:53:59.50	02:53:59.50	+01:59:03 (68.4%)	17:23	3.4 (31.2%)
368	LECH Rafał	2430	CSS SZAFA	Open Mężczyzn	186	10:45	01:34:32	02:54:28.60	02:54:28.60	+01:59:32 (68.5%)	17:26	3.4 (31.2%)
369	SEROCKA Basia	2433	CSS SZAFA	Open Kobiet	30	10:45	01:34:33	02:54:29.15	02:54:29.15	+01:59:32 (68.5%)	17:26	3.4 (31.2%)
370	PIANKOWSKA Marta	2432	CSS SZAFA	Open Kobiet	31	10:45	01:34:33	02:54:30.05	02:54:30.05	+01:59:33 (68.5%)	17:27	3.4 (31.2%)
371	NAPIERAJ Katarzyna	2100	CARBON SILESIA SPORT	Elite Kobiet	20	07:50	01:45:29	02:54:36.90	02:54:36.90	+01:59:40 (68.5%)	17:27	3.4 (31.2%)
372	NOWIŃSKI Paweł	2506		Open Mężczyzn	187	11:00	01:36:41	02:55:02.50	02:55:02.50	+02:00:06 (68.6%)	17:30	3.4 (31.2%)
373	MADEJAK Anna	2245		Open Kobiet	32	08:15	01:31:58	02:55:05.50	02:55:05.50	+02:00:09 (68.6%)	17:30	3.4 (31.2%)
374	NURKIEWICZ Szymon	2349	MILFHUNTERS	Open Mężczyzn	188	10:00	01:21:33	02:55:12.45	02:55:12.45	+02:00:16 (68.6%)	17:31	3.4 (31.2%)
375	AMBROŻY Łukasz	2347	MILF HUNTERS	Open Mężczyzn	189	10:00	01:21:31	02:55:12.75	02:55:12.75	+02:00:16 (68.6%)	17:31	3.4 (31.2%)
376	TURZYŃSKI Maciek	2345	GLADIATORS BY RMF4RT	Open Mężczyzn	190	10:00	01:21:32	02:55:13.25	02:55:13.25	+02:00:17 (68.6%)	17:31	3.4 (31.2%)
377	MALARCZYK Maciej	2348	MILFHUNTERS	Open Mężczyzn	191	10:00	01:21:29	02:55:13.55	02:55:13.55	+02:00:17 (68.6%)	17:31	3.4 (31.2%)
378	PACZKOWSKI Tomasz	2265	RUNMAGEDDONOWE ŚWIRY	Open Masters Mężczyzn	48	08:30	01:22:54	02:55:16.65	02:55:16.65	+02:00:20 (68.7%)	17:31	3.4 (31.2%)
379	DANEK Mariusz	2273		Open Mężczyzn	192	08:30	01:28:21	02:55:49.95	02:55:49.95	+02:00:53 (68.8%)	17:34	3.4 (31.2%)
380	GAWEŁ Małgorzata	2339	CARBON SILESIA SPORT	Open Kobiet	33	10:00	01:38:23	02:56:52.20	02:56:52.20	+02:01:55 (68.9%)	17:41	3.4 (31.2%)
381	KOWALSKI Mateusz	2293	DIRTY SPARROWS	Open Mężczyzn	193	09:00	01:28:32	02:57:02.00	02:57:02.00	+02:02:05 (69.0%)	17:42	3.4 (31.2%)
382	LATUSZEK Wioletta	2340	CARBON SILESIA SPORT	Open Kobiet	34	10:00	01:38:33	02:59:28.85	02:59:28.85	+02:04:32 (69.4%)	17:56	3.3 (30.3%)
383	WOŹNIAK Marcin	2338		Open Mężczyzn	194	09:00	01:29:27	02:59:39.80	02:59:39.80	+02:04:43 (69.4%)	17:57	3.3 (30.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Split 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
384	MULLER Rafał	2151	BEFIT24TEAM	Open Mężczyzn	195	08:00	01:12:10	03:01:22.00	03:01:22.00	+02:06:25 (69.7%)	18:08	3.3 (30.3%)
385	SAK Cezary	2209	CZAKISPORT.BLOGSPOT.COM	Open Mężczyzn	196	08:15	01:33:39	03:01:47.85	03:01:47.85	+02:06:51 (69.8%)	18:10	3.3 (30.3%)
386	URBANOWICZ Magdalena	2210	CZAKISPORT.BLOGSPOT.COM	Open Kobiet	35	08:15	01:33:56	03:01:48.80	03:01:48.80	+02:06:52 (69.8%)	18:10	3.3 (30.3%)
387	BIAŁKOWSKI Bartosz	2314		Open Mężczyzn	197	09:00	01:22:37	03:01:49.90	03:01:49.90	+02:06:53 (69.8%)	18:10	3.3 (30.3%)
388	ŚLĘCZKOWSKI Błażej	2449	WARRIORS ŁÓDŹ	Open Mężczyzn	198	10:30	01:32:11	03:02:11.85	03:02:11.85	+02:07:15 (69.8%)	18:13	3.3 (30.3%)
389	SYKUŁA Maciej	2332		Open Mężczyzn	199	09:00	01:26:08	03:02:32.15	03:02:32.15	+02:07:35 (69.9%)	18:15	3.3 (30.3%)
390	MOCEK Bartosz	2421		Open Mężczyzn	200	10:30	01:25:07	03:02:43.05	03:02:43.05	+02:07:46 (69.9%)	18:16	3.3 (30.3%)
391	SKRZYPCZAK Karol	2388	BOMBELMENI	Open Mężczyzn	201	10:30	01:25:02	03:02:43.15	03:02:43.15	+02:07:46 (69.9%)	18:16	3.3 (30.3%)
392	MOKSIK Agnieszka	2389	FIT & MORE RYBNIK	Open Masters Kobiet	7	09:00	01:33:22	03:03:47.35	03:03:47.35	+02:08:51 (70.1%)	18:22	3.3 (30.3%)
393	SKUPIEŃ Lech	2287		Open Mężczyzn	202	09:00	01:33:21	03:03:47.55	03:03:47.55	+02:08:51 (70.1%)	18:22	3.3 (30.3%)
394	MOKSIK Jan	2031	FIT & MORE RYBNIK	Open Masters Mężczyzn	49	09:00	01:33:21	03:03:47.80	03:03:47.80	+02:08:51 (70.1%)	18:22	3.3 (30.3%)
395	FURMAŃCZUK Mateusz	2299	GLADIATORS BY RMF4RT	Open Mężczyzn	203	09:00	01:37:53	03:04:13.25	03:04:13.25	+02:09:17 (70.2%)	18:25	3.3 (30.3%)
396	STĘPIEŃ Krzysztof	2303	MONKEYS' TEAM	Open Masters Mężczyzn	50	09:00	01:37:26	03:04:14.65	03:04:14.65	+02:09:18 (70.2%)	18:25	3.3 (30.3%)
397	SKOKOWSKA Anna	2295	DYNAMIC STRONG GNIEZNO	Open Kobiet	36	09:00	01:28:36	03:04:47.65	03:04:47.65	+02:09:51 (70.3%)	18:28	3.2 (29.4%)
398	KOLASIŃSKI Jakub	2292	DIRTY SPARROWS	Open Mężczyzn	204	09:00	01:28:36	03:04:49.65	03:04:49.65	+02:09:53 (70.3%)	18:28	3.2 (29.4%)
399	HANDZLIK Barbara	2254	DENISTEAM	Open Masters Kobiet	8	08:30	01:44:36	03:05:29.00	03:05:29.00	+02:10:32 (70.4%)	18:32	3.2 (29.4%)
400	NIKIEL Dariusz	2294	DIRTY SPARROWS	Open Masters Mężczyzn	51	09:00	01:29:22	03:05:40.25	03:05:40.25	+02:10:44 (70.4%)	18:34	3.2 (29.4%)
401	SZOKALAK Milena	2218	PSYCHIATRYK KOPERNIKA	Open Kobiet	37	08:15	01:28:42	03:05:45.65	03:05:45.65	+02:10:49 (70.4%)	18:34	3.2 (29.4%)
402	HANDZLIK Tomasz	2255	DENISTEAM	Open Masters Mężczyzn	52	08:30	01:44:39	03:06:13.35	03:06:13.35	+02:11:17 (70.5%)	18:37	3.2 (29.4%)
403	REDEK Damian	2164	HUSARIA RACE TEAM	Open Mężczyzn	205	08:00	01:27:36	03:06:39.40	03:06:39.40	+02:11:43 (70.6%)	18:39	3.2 (29.4%)
404	KOWALIK Karol	2193		Open Mężczyzn	206	08:00	01:28:12	03:06:39.90	03:06:39.90	+02:11:43 (70.6%)	18:39	3.2 (29.4%)
405	ZASADOWSKA Justyna	2253	BIEGOWE NYGUSY	Open Masters Kobiet	9	08:00	01:34:16	03:07:54.30	03:07:54.30	+02:12:58 (70.8%)	18:47	3.2 (29.4%)
406	KUCZKOWSKA Marta	2106	EX TEAM	Elite Kobiet	21	07:50	01:36:14	03:08:54.40	03:08:54.40	+02:13:58 (70.9%)	18:53	3.2 (29.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Split 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
407	WITKOWSKI Paweł	2337		Open Mężczyzn	207	09:00	01:26:17	03:08:58.75	03:08:58.75	+02:14:02 (70.9%)	18:53	3.2 (29.4%)
408	WITKOWSKA Anna	2336		Open Kobiet	38	09:00	01:26:17	03:08:59.40	03:08:59.40	+02:14:03 (70.9%)	18:53	3.2 (29.4%)
409	BRĄCZYK Ewa	2356		Open Kobiet	39	09:00	01:26:18	03:08:59.45	03:08:59.45	+02:14:03 (70.9%)	18:53	3.2 (29.4%)
410	KOIS Mateusz	2367		Open Mężczyzn	208	09:00	01:26:20	03:08:59.75	03:08:59.75	+02:14:03 (70.9%)	18:53	3.2 (29.4%)
411	GORZEŃ Krzysztof	2170	ŁOWCY PIEROŻKÓW	Open Mężczyzn	209	08:00	01:31:07	03:09:00.95	03:09:00.95	+02:14:04 (70.9%)	18:54	3.2 (29.4%)
412	MICHALCZYK Patryk	2173	ŁOWCY PIEROŻKÓW	Open Mężczyzn	210	08:00	01:31:04	03:09:01.30	03:09:01.30	+02:14:05 (70.9%)	18:54	3.2 (29.4%)
413	MATRACKA Magdalena	2404	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	40	10:30	01:36:28	03:09:15.85	03:09:15.85	+02:14:19 (71.0%)	18:55	3.2 (29.4%)
414	CZERNIKOWSKI Daniel	2403	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	211	10:30	01:36:27	03:09:15.90	03:09:15.90	+02:14:19 (71.0%)	18:55	3.2 (29.4%)
415	WILCZEK Lukasz	2308	SOCIOS SILESIA	Open Mężczyzn	212	09:00	01:27:12	03:09:26.60	03:09:26.60	+02:14:30 (71.0%)	18:56	3.2 (29.4%)
416	WÓJCIK Rafał	2219	PSYCHIATRYK KOPERNIKA	Open Mężczyzn	213	08:15	01:30:03	03:11:24.75	03:11:24.75	+02:16:28 (71.3%)	19:08	3.1 (28.4%)
417	CHODORSKI Łukasz	2222	SIUSIAKI	Open Mężczyzn	214	08:15	01:30:04	03:11:24.90	03:11:24.90	+02:16:28 (71.3%)	19:08	3.1 (28.4%)
418	WIELGAT-KOJDECKA Magdalena	2102	CARBON SILESIA SPORT	Elite Kobiet	22	07:50	01:31:52	03:12:05.55	03:12:05.55	+02:17:09 (71.4%)	19:12	3.1 (28.4%)
419	BAGROWSKA Agata	2396	OSPRO NINJA TEAM	Open Kobiet	41	10:30	01:28:09	03:13:25.70	03:13:25.70	+02:18:29 (71.6%)	19:20	3.1 (28.4%)
420	RYCHLEWSKI Wojciech	2398	OSPRO NINJA TEAM	Open Mężczyzn	215	10:30	01:28:29	03:13:27.95	03:13:27.95	+02:18:31 (71.6%)	19:20	3.1 (28.4%)
421	WAWRZYNIAK Monika	2428		Open Kobiet	42	10:30	01:28:23	03:13:57.75	03:13:57.75	+02:19:01 (71.7%)	19:23	3.1 (28.4%)
422	KITALA Radosław	2495	WILK TRENUJE FAMILY (WTF)	Open Mężczyzn	216	10:30	01:34:24	03:13:58.60	03:13:58.60	+02:19:02 (71.7%)	19:23	3.1 (28.4%)
423	MĘDELEWSKI Paweł	2519		Open Mężczyzn	217	10:30	01:34:24	03:13:58.85	03:13:58.85	+02:19:02 (71.7%)	19:23	3.1 (28.4%)
424	ROGUSKI Rafał	2406	WILK TRENUJE FAMILY (WTF)	Open Mężczyzn	218	10:30	01:34:32	03:14:30.45	03:14:30.45	+02:19:34 (71.8%)	19:27	3.1 (28.4%)
425	ROGUSKA Kasia	2407	WTF WIELCY TRENERZY FANTASTYCZNOŚCI	Open Kobiet	43	10:30	01:34:31	03:14:31.25	03:14:31.25	+02:19:35 (71.8%)	19:27	3.1 (28.4%)
426	KAMIŃSKA Justyna	2523		Open Kobiet	44	09:00	01:28:32	03:16:27.15	03:16:27.15	+02:21:30 (72.0%)	19:38	3.1 (28.4%)
427	NARÓG Aleksandra	2247		Open Kobiet	45	08:15	01:42:59	03:17:32.55	03:17:32.55	+02:22:36 (72.2%)	19:45	3 (27.5%)
428	SUZIN Nikodem	2402	RAZOR RACING TEAM	Open Mężczyzn	219	10:30	01:23:04	03:18:39.35	03:18:39.35	+02:23:43 (72.3%)	19:51	3 (27.5%)
429	PIKALA Natalia	2401	RAZOR RACING TEAM	Open Kobiet	46	10:30	01:23:00	03:18:40.00	03:18:40.00	+02:23:43 (72.3%)	19:52	3 (27.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Split 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
430	KITA Grzegorz	2323		Open Masters Mężczyzn	53	09:00	01:33:54	03:18:41.05	03:18:41.05	+02:23:44 (72.3%)	19:52	3 (27.5%)
431	DOLIBÓG Ewa	2169	ŁOWCY PIEROŻKÓW	Open Kobiet	47	08:00	01:31:11	03:19:02.95	03:19:02.95	+02:24:06 (72.4%)	19:54	3 (27.5%)
432	GAŃKO Karolina	2111	OBSTACLE CENTER TEAM	Elite Kobiet	23	07:50	01:49:50	03:21:50.80	03:21:50.80	+02:26:54 (72.8%)	20:11	3 (27.5%)
433	NOWAK Natalia	2228	UNIT37	Open Kobiet	48	08:15	01:42:00	03:21:57.75	03:21:57.75	+02:27:01 (72.8%)	20:11	3 (27.5%)
434	KOŁPA Łukasz	2225	UNIT37	Open Mężczyzn	220	08:15	01:41:43	03:21:57.80	03:21:57.80	+02:27:01 (72.8%)	20:11	3 (27.5%)
434	ORLIŃSKI Artur	2229	UNIT37	Open Mężczyzn	220	08:15	01:41:55	03:21:57.80	03:21:57.80	+02:27:01 (72.8%)	20:11	3 (27.5%)
434	BERNADY Magdalena	2224	UNIT37	Open Kobiet	49	08:15	01:42:02	03:21:57.80	03:21:57.80	+02:27:01 (72.8%)	20:11	3 (27.5%)
437	KONIECZNA Żaneta	2456		Open Kobiet	50	10:45	01:36:50	03:23:15.00	03:23:15.00	+02:28:18 (73.0%)	20:19	3 (27.5%)
438	PODGÓRSKI Michał	2443	PSYCHIATRYK KOPERNIKA	Open Mężczyzn	222	10:45	01:36:52	03:23:15.30	03:23:15.30	+02:28:19 (73.0%)	20:19	3 (27.5%)
439	JANIAK Łukasz	2387	BIEGAJĄCE CHLORY	Open Mężczyzn	223	10:30	01:34:16	03:23:29.95	03:23:29.95	+02:28:33 (73.0%)	20:20	2.9 (26.6%)
440	BIAŁOBLÓCKI Kacper	2386	BIEGAJĄCE CHLORY	Open Mężczyzn	224	10:30	01:34:14	03:23:30.45	03:23:30.45	+02:28:34 (73.0%)	20:21	2.9 (26.6%)
441	BIEDALAK Krzysztof	2315		Open Mężczyzn	225	09:00	01:26:58	03:26:01.85	03:26:01.85	+02:31:05 (73.3%)	20:36	2.9 (26.6%)
442	SKOWROŃSKA Maja	2435	FLYING RUNNERS	Open Kobiet	51	10:45	01:48:32	03:26:28.45	03:26:28.45	+02:31:32 (73.4%)	20:38	2.9 (26.6%)
443	GAWRON Monika	2453		Open Kobiet	52	10:45	01:48:37	03:26:28.65	03:26:28.65	+02:31:32 (73.4%)	20:38	2.9 (26.6%)
444	MATYSZKIEWICZ Agnieszka	2434	FLYING RUNNERS	Open Masters Kobiet	10	10:45	01:49:06	03:26:28.85	03:26:28.85	+02:31:32 (73.4%)	20:38	2.9 (26.6%)
445	GILARSKA Marta	2098	BIEGOWE NYGUSY	Elite Kobiet	24	07:50	01:53:51	03:27:12.65	03:27:12.65	+02:32:16 (73.5%)	20:43	2.9 (26.6%)
446	MOSTOWSKI Radosław	2180	WARRIORS ŁÓDŹ	Open Mężczyzn	226	08:00	01:54:57	03:29:27.45	03:29:27.45	+02:34:31 (73.8%)	20:56	2.9 (26.6%)
447	MIERZICKI Marcel	2175	POWER TRAINING	Open Mężczyzn	227	08:00	01:54:54	03:29:27.55	03:29:27.55	+02:34:31 (73.8%)	20:56	2.9 (26.6%)
448	KWIATKOWSKI Robert	2179	WARRIORS ŁÓDŹ	Open Mężczyzn	228	08:00	01:54:58	03:29:27.60	03:29:27.60	+02:34:31 (73.8%)	20:56	2.9 (26.6%)
449	GUZEK Kamil	2178	WARRIORS ŁÓDŹ	Open Mężczyzn	229	08:00	01:55:00	03:29:27.70	03:29:27.70	+02:34:31 (73.8%)	20:56	2.9 (26.6%)
449	WIŚNIEWSKI Arkadiusz	2181	WARRIORS ŁÓDŹ	Open Mężczyzn	229	08:00	01:55:01	03:29:27.70	03:29:27.70	+02:34:31 (73.8%)	20:56	2.9 (26.6%)
451	BUDNER Aleksandra	2518		Open Kobiet	53	08:00	01:52:23	03:29:27.90	03:29:27.90	+02:34:31 (73.8%)	20:56	2.9 (26.6%)
452	REGULSKA Ewa	2249		Open Kobiet	54	08:15	01:39:03	03:31:18.40	03:31:18.40	+02:36:22 (74.0%)	21:07	2.8 (25.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Split 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
453	FILIPOWICZ Natalia	2240		Open Kobiet	55	08:15	01:39:03	03:31:18.70	03:31:18.70	+02:36:22 (74.0%)	21:07	2.8 (25.7%)
454	DRASZAWKA Łukasz	2216	POWER TRAINING	Open Mężczyzn	231	08:15	01:39:05	03:31:19.35	03:31:19.35	+02:36:23 (74.0%)	21:07	2.8 (25.7%)
455	WOJTEK Kamil	2298	DZIADEK I WNUKI	Open Mężczyzn	232	09:00	01:46:53	03:32:26.45	03:32:26.45	+02:37:30 (74.1%)	21:14	2.8 (25.7%)
455	PĄCZEK Weronika	2312	WATAHA - ŁĄCZY NAS BIEGANIE	Open Kobiet	56	09:00	01:52:57	03:32:26.45	03:32:26.45	+02:37:30 (74.1%)	21:14	2.8 (25.7%)
457	WILK Anna	2297	DZIADEK I WNUKI	Open Kobiet	57	09:00	01:46:54	03:32:26.75	03:32:26.75	+02:37:30 (74.1%)	21:14	2.8 (25.7%)
458	CHWALISZ Anna	2438	GANG MACIEJA	Open Kobiet	58	10:45	01:48:36	03:32:46.05	03:32:46.05	+02:37:49 (74.2%)	21:16	2.8 (25.7%)
459	WOŹNIAK Elżbieta	2440	GANG MACIEJA	Open Kobiet	59	10:45	01:49:48	03:32:51.05	03:32:51.05	+02:37:54 (74.2%)	21:17	2.8 (25.7%)
460	WAWRZY尼亚K Monika	2439	GANG MACIEJA	Open Kobiet	60	10:45	01:50:45	03:32:59.60	03:32:59.60	+02:38:03 (74.2%)	21:17	2.8 (25.7%)
461	CHANDRYSIAK Maciej	2437	GANG MACIEJA	Open Mężczyzn	233	10:45	01:48:38	03:33:00.70	03:33:00.70	+02:38:04 (74.2%)	21:18	2.8 (25.7%)
462	JAKUBIK Anna	2300	HELL'S HEAVEN SZCZECIN	Open Kobiet	61	09:00	01:53:43	03:36:49.45	03:36:49.45	+02:41:53 (74.7%)	21:40	2.8 (25.7%)
463	KRUGLAK Anna	2301	HELL'S HEAVEN SZCZECIN	Open Masters Kobiet	11	09:00	01:53:39	03:36:53.75	03:36:53.75	+02:41:57 (74.7%)	21:41	2.8 (25.7%)
464	PIĘTKA Grzegorz	2302	HELL'S HEAVEN SZCZECIN	Open Masters Mężczyzn	54	09:00	01:54:06	03:37:32.65	03:37:32.65	+02:42:36 (74.7%)	21:45	2.8 (25.7%)
465	GRUBBA Rafał	2242		Open Mężczyzn	234	08:15	01:50:27	03:40:11.35	03:40:11.35	+02:45:15 (75.0%)	22:01	2.7 (24.8%)
466	WĘGLARCZYK Łukasz	2250		Open Mężczyzn	235	08:15	01:41:21	03:42:37.70	03:42:37.70	+02:47:41 (75.3%)	22:15	2.7 (24.8%)
467	OŻÓG Mateusz	2392	JAK ŻÓŁWIE W GALOPIE	Open Mężczyzn	236	10:30	01:36:15	03:52:52.25	03:52:52.25	+02:57:56 (76.4%)	23:17	2.6 (23.9%)
468	PAWLIKOWSKA Zuzanna	2448	WARRIORS ŁÓDŹ	Open Kobiet	62	10:30	01:35:05	03:55:33.55	03:55:33.55	+03:00:37 (76.7%)	23:33	2.5 (22.9%)
469	DOMAN Łukasz	2061	SOCIOS SILESIA	Elite Masters Mężczyzn	24	07:45	01:56:15	03:56:01.20	03:56:01.20	+03:01:04 (76.7%)	23:36	2.5 (22.9%)
470	SZCZYPEK Katarzyna	2165	HUSARIA RACE TEAM	Open Kobiet	63	08:00	01:57:47	03:57:43.95	03:57:43.95	+03:02:47 (76.9%)	23:46	2.5 (22.9%)
471	KIELISIAK Marek	2163	HUSARIA RACE TEAM	Open Mężczyzn	237	08:00	01:57:47	03:57:44.20	03:57:44.20	+03:02:47 (76.9%)	23:46	2.5 (22.9%)
472	STANISZEWSKI Tomasz	2442	OSPRO OCR	Open Mężczyzn	238	10:45	01:55:47	03:58:51.80	03:58:51.80	+03:03:55 (77.0%)	23:53	2.5 (22.9%)
473	MACIAK Grzegorz	2441	OSPRO OCR	Open Mężczyzn	239	10:45	01:55:48	03:58:54.60	03:58:54.60	+03:03:58 (77.0%)	23:53	2.5 (22.9%)
474	FURGAŁ Ryszard	2241		Open Mężczyzn	240	08:00	02:02:26	03:58:57.35	03:58:57.35	+03:04:01 (77.0%)	23:53	2.5 (22.9%)
474	CHWESIUK Izabella	2157	DIRTY SPARROWS	Open Kobiet	64	08:00	02:02:26	03:58:57.35	03:58:57.35	+03:04:01 (77.0%)	23:53	2.5 (22.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Split 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
476	PRAHL Alicja	2248		Open Kobiet	65	10:45	01:55:51	03:59:49.60	03:59:49.60	+03:04:53 (77.1%)	23:58	2.5 (22.9%)
477	BOŻEK Dominika	2465	5'3" TEAM	Open Kobiet	66	11:00	02:17:10	04:11:25.10	04:11:25.10	+03:16:28 (78.1%)	25:08	2.4 (22.0%)
478	ŚWIĘCICKI Mateusz	2510		Open Mężczyzn	241	11:00	02:17:10	04:11:25.70	04:11:25.70	+03:16:29 (78.1%)	25:08	2.4 (22.0%)
479	URBAŃSKA-KULON Katarzyna	2097	BEFIT24TEAM	Elite Masters Kobiet	3	07:50	01:06:25	04:19:46.25	04:19:46.25	+03:24:50 (78.9%)	25:58	2.3 (21.1%)
480	LEONIAK Łucja	2120	TSUNAMI SZCZECINEK	Elite Kobiet	25	07:50	02:35:09	04:40:44.10	04:40:44.10	+03:45:47 (80.4%)	28:04	2.1 (19.3%)
481	DADELEWSKA Oliwia	2112	PIĘKNI I BESTIE	Open Kobiet	67	07:50	01:53:50	04:59:47.75	04:59:47.75	+04:04:51 (81.7%)	29:58	2 (18.3%)
481	DADELEWSKA Joanna	2126		Open Masters Kobiet	12	07:50	01:53:49	04:59:47.75	04:59:47.75	+04:04:51 (81.7%)	29:58	2 (18.3%)
483	KOZIOŁ Kamil	2131	CARBON SILESIA SPORT	Elite Mężczyzn	54	07:40	00:52:26	05:01:05.75	05:01:05.75	+04:06:09 (81.8%)	30:06	2 (18.3%)
484	ŁAWNICZAK Justyna	2125	WOLF TEAM	Elite Kobiet	26	07:50	01:50:17	05:14:11.35	05:14:11.35	+04:19:15 (82.5%)	31:25	1.9 (17.4%)
485	WYSOCZAŃSKI Mikołaj	2202		Open Mężczyzn	242	08:00	01:33:50	06:00:42.75	06:00:42.75	+05:05:46 (84.8%)	36:04	1.7 (15.6%)
486	KAMINSKA Dorota	2117	SOCIOS SILESIA	Open Kobiet	68	07:50	01:43:35	06:33:23.05	06:33:23.05	+05:38:26 (86.0%)	39:20	1.5 (13.8%)
487	BIELICKI Wojciech	2040	LACROIX TEAM	Open Mężczyzn	243	08:00	00:52:46			+01:11:16	10:33	5.7 (52.3%)
488	NAPIERAJ Katarzyna	2100	CARBON SILESIA SPORT	Elite Kobiet	27	07:50	01:45:29			+01:44:40	21:05	2.8 (25.7%)
489	ŻUCHOWSKA Aleksandra	2436	FLYING RUNNERS	Open Kobiet	69	10:45	01:51:02			+04:29:39	22:12	2.7 (24.8%)
490	WAJSZCZYK Tomasz	2512		Open Mężczyzn	244	11:00						(0.0%)
491	MISIUKIEWICZ Arkadiusz	2281		Open Mężczyzn	245	08:30						(0.0%)
492	PAWŁOWSKI Krzysztof	2311	UNITED RUNNERS	Open Mężczyzn	246	08:30						(0.0%)

Znaleziono 492 wynik(ów)