

**Event:** Runmageddon Ełk  
**Organiser:** Extreme Events, Runmageddon  
**Date:** 2020-08-22  
**Place:** Ełk  
**Distance:** 21 km

Classification: 11:00

Place	Participant	Number	Club	Category	MCat	Seria	Net time 21km	Czas brutto 21km	Gap	Pace min/km	Pace km/h
1	<b>GADULA Jakub</b>	<b>636</b>		Open Mężczyzn	27	11:00	<b>03:07:01.30</b>	<b>03:07:01.30</b>		8:54	6.7 (100%)
2	<b>KOSIŃSKI Marcin</b>	<b>642</b>		Open Mężczyzn	40	11:00	<b>03:13:51.50</b>	<b>03:13:51.50</b>	+00:06:50 (3.5%)	9:13	6.5 (97.0%)
3	<b>KARNAK Daniel</b>	<b>595</b>		Open Masters Mężczyzn	11	11:00	<b>03:24:00.20</b>	<b>03:24:00.20</b>	+00:16:58 (8.3%)	9:42	6.2 (92.5%)
4	<b>ŁYJAK Piotr</b>	<b>645</b>		Open Masters Mężczyzn	13	11:00	<b>03:27:26.80</b>	<b>03:27:26.80</b>	+00:20:25 (9.8%)	9:52	6.1 (91.0%)
5	<b>ADAMIAK Paweł</b>	<b>635</b>		Open Mężczyzn	74	11:00	<b>03:32:43.10</b>	<b>03:32:43.10</b>	+00:25:41 (12.1%)	10:07	5.9 (88.1%)
6	<b>CYGANIK Magdalena</b>	<b>679</b>		Open Kobiet	6	11:00	<b>03:36:09.90</b>	<b>03:36:09.90</b>	+00:29:08 (13.5%)	10:17	5.8 (86.6%)
7	<b>ANTOSIK Igor</b>	<b>676</b>		Open Mężczyzn	82	11:00	<b>03:36:11.60</b>	<b>03:36:11.60</b>	+00:29:10 (13.5%)	10:17	5.8 (86.6%)
8	<b>MACIOL Piotr</b>	<b>646</b>		Open Mężczyzn	111	11:00	<b>03:47:36.40</b>	<b>03:47:36.40</b>	+00:40:35 (17.8%)	10:50	5.5 (82.1%)
9	<b>SZCZERBA Tomasz</b>	<b>651</b>		Open Mężczyzn	112	11:00	<b>03:47:44.60</b>	<b>03:47:44.60</b>	+00:40:43 (17.9%)	10:50	5.5 (82.1%)
10	<b>ORCZYK Kamil</b>	<b>634</b>	UŚMIECH KOMBAJNISTY	Open Mężczyzn	117	11:00	<b>03:48:54.30</b>	<b>03:48:54.30</b>	+00:41:53 (18.3%)	10:54	5.5 (82.1%)
11	<b>LUDWICZAK Krzysztof</b>	<b>630</b>	SPORTOWA BANDA	Open Mężczyzn	136	11:00	<b>03:54:26.80</b>	<b>03:54:26.80</b>	+00:47:25 (20.2%)	11:09	5.4 (80.6%)
12	<b>ORCZYK Dawid</b>	<b>633</b>	UŚMIECH KOMBAJNISTY	Open Mężczyzn	137	11:00	<b>03:54:28.70</b>	<b>03:54:28.70</b>	+00:47:27 (20.2%)	11:09	5.4 (80.6%)
13	<b>GRABEK Maciej</b>	<b>623</b>	FABRYKA FORMY GORZÓW WLKP.	Open Mężczyzn	138	11:00	<b>03:54:29.70</b>	<b>03:54:29.70</b>	+00:47:28 (20.2%)	11:09	5.4 (80.6%)
14	<b>SZYDLIK Sebastian</b>	<b>652</b>		Open Mężczyzn	158	11:00	<b>04:02:29.05</b>	<b>04:02:29.05</b>	+00:55:27 (22.9%)	11:32	5.2 (77.6%)
15	<b>SZYBIAK Paweł</b>	<b>629</b>	RUNMAGEDDONOWE ŚWIRY	Open Masters Mężczyzn	34	11:00	<b>04:02:29.15</b>	<b>04:02:29.15</b>	+00:55:27 (22.9%)	11:32	5.2 (77.6%)
16	<b>KRAWCZYK Mateusz</b>	<b>644</b>		Open Mężczyzn	229	11:00	<b>04:25:25.05</b>	<b>04:25:25.05</b>	+01:18:23 (29.5%)	12:38	4.7 (70.1%)
17	<b>KOWALIK Karol</b>	<b>643</b>		Open Mężczyzn	230	11:00	<b>04:25:41.65</b>	<b>04:25:41.65</b>	+01:18:40 (29.6%)	12:39	4.7 (70.1%)
18	<b>ZIELINSKI Tomasz</b>	<b>620</b>	BIGYELLOWFOOT ADVENTURE TEAM	Open Masters Mężczyzn	55	11:00	<b>04:36:23.90</b>	<b>04:36:23.90</b>	+01:29:22 (32.3%)	13:09	4.6 (68.7%)
19	<b>OLSZEWSKI Cezary</b>	<b>647</b>		Open Mężczyzn	291	11:00	<b>04:52:44.05</b>	<b>04:52:44.05</b>	+01:45:42 (36.1%)	13:56	4.3 (64.2%)
20	<b>OLSZEWSKI Lesław</b>	<b>648</b>		Open Masters Mężczyzn	64	11:00	<b>04:52:44.25</b>	<b>04:52:44.25</b>	+01:45:42 (36.1%)	13:56	4.3 (64.2%)
21	<b>SYNOWIEC Jarosław</b>	<b>650</b>		Open Masters Mężczyzn	65	11:00	<b>04:54:34.75</b>	<b>04:54:34.75</b>	+01:47:33 (36.5%)	14:01	4.3 (64.2%)
22	<b>ROSMANOWSKI Rafał</b>	<b>649</b>		Open Mężczyzn	296	11:00	<b>04:54:35.05</b>	<b>04:54:35.05</b>	+01:47:33 (36.5%)	14:01	4.3 (64.2%)
23	<b>BENDINGER Krystian</b>	<b>625</b>	RAZEM TRENUJEMY SPORT	Open Mężczyzn	297	11:00	<b>04:55:18.20</b>	<b>04:55:18.20</b>	+01:48:16 (36.7%)	14:03	4.3 (64.2%)
24	<b>MAZERANT Karolina</b>	<b>627</b>	RAZEM TRENUJEMY SPORT	Open Kobiet	37	11:00	<b>04:55:18.45</b>	<b>04:55:18.45</b>	+01:48:17 (36.7%)	14:03	4.3 (64.2%)
25	<b>BENDINGER Krzysztof</b>	<b>626</b>	RAZEM TRENUJEMY SPORT	Open Masters Mężczyzn	66	11:00	<b>04:55:19.80</b>	<b>04:55:19.80</b>	+01:48:18 (36.7%)	14:03	4.3 (64.2%)
26	<b>PADEWSKI Zenon</b>	<b>729</b>		Open Masters Mężczyzn	71	11:00	<b>05:12:49.45</b>	<b>05:12:49.45</b>	+02:05:48 (40.2%)	14:53	4 (59.7%)
27	<b>WOJTYNOWSKI Oskar</b>	<b>653</b>		Open Mężczyzn	326	11:00	<b>05:26:02.65</b>	<b>05:26:02.65</b>	+02:19:01 (42.6%)	15:31	3.9 (58.2%)