

Wydarzenie: Runmageddon Ełk
Organizator: Extreme Events, Runmageddon
Data: 2021-06-27
Miejsce: Ełk
Dystans: 21 km

Klasyfikacja: Open Kobiet

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Poręcze Wąskie 7km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	KRAUSE Magda	1270		Open Kobiet	1	08:15	01:55:30	03:29:09.80	03:29:09.80		9:57	6 (100%)
2	BORUCKA Anna	1485		Open Masters Kobiet	1	09:00	02:04:12	03:33:58.35	03:33:58.35	+00:04:48 (2.2%)	10:11	5.9 (98.3%)
3	SROKA Karolina	1481	UNIT37	Open Kobiet	2	09:00	02:07:08	03:40:43.75	03:40:43.75	+00:11:33 (5.2%)	10:30	5.7 (95.0%)
4	SPRAWKA Marta	1174	DZIKISQUAD	Open Kobiet	3	08:00	02:01:57	03:45:11.30	03:45:11.30	+00:16:01 (7.1%)	10:43	5.6 (93.3%)
5	CYGANIK Magdalena	1976	GOOD LUCK PRUSZCZ GDAŃSKI	Open Kobiet	4	10:45	02:01:04	03:47:30.25	03:47:30.25	+00:18:20 (8.1%)	10:50	5.5 (91.7%)
6	SOKÓŁ Magdalena	1179	OUTDOOR TRAINING	Open Masters Kobiet	2	08:00	02:03:30	03:47:35.80	03:47:35.80	+00:18:26 (8.1%)	10:50	5.5 (91.7%)
7	GREIBIG Michaela	1425		Open Kobiet	5	08:15	02:09:34	03:49:39.25	03:49:39.25	+00:20:29 (8.9%)	10:56	5.5 (91.7%)
8	PIEKUT Anna	1682	CROSSELITE	Open Masters Kobiet	3	09:45	02:12:39	03:50:56.00	03:50:56.00	+00:21:46 (9.4%)	10:59	5.5 (91.7%)
9	DREKO Anna	1705	TURBOTEAM	Open Masters Kobiet	4	09:45	02:12:36	03:50:56.40	03:50:56.40	+00:21:46 (9.4%)	10:59	5.5 (91.7%)
10	STERNAL Eliza	1663		Open Kobiet	6	09:30	02:03:25	03:53:06.65	03:53:06.65	+00:23:56 (10.3%)	11:06	5.4 (90.0%)
11	MACIĄG Paula	1276		Open Kobiet	7	08:15	02:09:08	03:54:50.10	03:54:50.10	+00:25:40 (10.9%)	11:10	5.4 (90.0%)
12	DOLIŃSKA Joanna	1263		Open Kobiet	8	08:15	02:11:26	03:56:18.60	03:56:18.60	+00:27:08 (11.5%)	11:15	5.3 (88.3%)
13	MOREK Katarzyna	1507		Open Kobiet	9	09:00	02:22:23	03:58:01.50	03:58:01.50	+00:28:51 (12.1%)	11:20	5.3 (88.3%)
14	MATKOWSKA Martyna	1350		Open Kobiet	10	08:30	02:15:41	03:58:11.60	03:58:11.60	+00:29:01 (12.2%)	11:20	5.3 (88.3%)
15	KWILIŃSKA Weronika	1347		Open Kobiet	11	08:30	02:15:44	03:58:12.40	03:58:12.40	+00:29:02 (12.2%)	11:20	5.3 (88.3%)
16	OWCZARSKA Natalia	2029	MELVIT TEAM	Open Kobiet	12	10:45	02:19:35	03:58:57.10	03:58:57.10	+00:29:47 (12.5%)	11:22	5.3 (88.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Poręcze Wąskie 7km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
17	GOGOLA Agnieszka	1480	UNIT37	Open Masters Kobiet	5	09:00		03:59:41.20	03:59:41.20	+00:30:31 (12.7%)	11:24	5.3 (88.3%)
18	ZASADOWSKA Justyna	1295	BIEGOWE NYGUSY	Open Masters Kobiet	6	08:15	02:17:46	04:00:31.50	04:00:31.50	+00:31:21 (13.0%)	11:27	5.2 (86.7%)
19	MORA Elwira	1284		Open Masters Kobiet	7	08:15	02:17:28	04:01:06.35	04:01:06.35	+00:31:56 (13.2%)	11:28	5.2 (86.7%)
20	KOZIEŁ Katrzyna	1247	SAR-BSR KOŁOBRZEG MARATON TEAM	Open Kobiet	13	08:15	02:17:58	04:02:41.85	04:02:41.85	+00:33:32 (13.8%)	11:33	5.2 (86.7%)
21	SACZKA Aneta	1249	SAR-BSR KOŁOBRZEG MARATON TEAM	Open Masters Kobiet	8	08:15	02:17:29	04:02:43.05	04:02:43.05	+00:33:33 (13.8%)	11:33	5.2 (86.7%)
22	RUSIŃSKA Aleksandra	1688	DETERMINATORZY	Open Kobiet	14	09:45	02:06:57	04:02:45.35	04:02:45.35	+00:33:35 (13.8%)	11:33	5.2 (86.7%)
23	WIŚNIEWSKA Marta	1686	CROSSELITE	Open Masters Kobiet	9	09:45	02:18:47	04:02:52.55	04:02:52.55	+00:33:42 (13.9%)	11:33	5.2 (86.7%)
23	REKSYN Małgorzata	1683	CROSSELITE	Open Masters Kobiet	9	09:45	02:18:51	04:02:52.55	04:02:52.55	+00:33:42 (13.9%)	11:33	5.2 (86.7%)
25	SIKORSKA Aleksandra	1684	CROSSELITE	Open Masters Kobiet	11	09:45	02:18:53	04:02:52.60	04:02:52.60	+00:33:42 (13.9%)	11:33	5.2 (86.7%)
26	ŚWIĄTKOWSKA Monika	1665		Open Kobiet	15	09:30	02:14:42	04:05:23.80	04:05:23.80	+00:36:14 (14.8%)	11:41	5.1 (85.0%)
27	BURAKOWSKA Małgorzata	1760	HUSARIA RACE TEAM	Open Masters Kobiet	12	10:00	02:19:18	04:07:04.10	04:07:04.10	+00:37:54 (15.3%)	11:45	5.1 (85.0%)
28	CIĄGŁO Danuta	1869		Open Kobiet	16	10:15	02:19:34	04:16:07.40	04:16:07.40	+00:46:57 (18.3%)	12:11	4.9 (81.7%)
29	RUSZNICA Klaudia	1328	PATATAS BRAVAS	Open Kobiet	17	08:30	02:26:15	04:16:16.65	04:16:16.65	+00:47:06 (18.4%)	12:12	4.9 (81.7%)
30	SÓJKA Izabela	1690	DETERMINATORZY	Open Kobiet	18	09:45	02:17:59	04:16:40.85	04:16:40.85	+00:47:31 (18.5%)	12:13	4.9 (81.7%)
31	WILCZYŃSKA Dorota	1959	LACROIX TEAM	Open Masters Kobiet	13	09:15	02:17:54	04:18:16.45	04:18:16.45	+00:49:06 (19.0%)	12:17	4.9 (81.7%)
32	GUZDEK Jolanta	2012		Open Kobiet	19	09:15	02:22:37	04:19:25.90	04:19:25.90	+00:50:16 (19.4%)	12:21	4.9 (81.7%)
33	SERKIS Małgorzata	1744		Open Masters Kobiet	14	09:15	02:22:31	04:19:26.35	04:19:26.35	+00:50:16 (19.4%)	12:21	4.9 (81.7%)
34	LEWANDOWSKA Anna	1465	HELL'S HEAVEN SZCZECIN	Open Masters Kobiet	15	09:00	02:27:17	04:19:49.65	04:19:49.65	+00:50:39 (19.5%)	12:22	4.8 (80.0%)
35	BRZESKA Ewa	1464	HELL'S HEAVEN SZCZECIN	Open Kobiet	20	09:00	02:27:31	04:19:49.75	04:19:49.75	+00:50:39 (19.5%)	12:22	4.8 (80.0%)
36	SZCZYGIEŁ Karolina	1631	UNIT37	Open Kobiet	21	09:30	02:26:32	04:21:59.40	04:21:59.40	+00:52:49 (20.2%)	12:28	4.8 (80.0%)
37	REDLARSKA Malwina	1629	UNIT 37	Open Kobiet	22	09:30	02:26:54	04:21:59.60	04:21:59.60	+00:52:49 (20.2%)	12:28	4.8 (80.0%)
38	WIERZBA-KUREK Dominika	1630	UNIT 37	Open Kobiet	23	09:30	02:26:48	04:21:59.80	04:21:59.80	+00:52:50 (20.2%)	12:28	4.8 (80.0%)
39	MIRKOWICZ Aleksandra	1939		Open Kobiet	24	09:45	02:21:40	04:22:26.95	04:22:26.95	+00:53:17 (20.3%)	12:29	4.8 (80.0%)

							Poręcze Wąskie 7km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria						
40	PIETRAS Mariola	1171	CARBON SILESIA SPORT	Open Masters Kobiet	16	08:00	02:41:12	04:22:27.75	04:22:27.75	+00:53:17 (20.3%)	12:29	4.8 (80.0%)
41	WALENDOWSKA Patrycja	2005		Open Kobiet	25	11:00	02:31:13	04:24:56.55	04:24:56.55	+00:55:46 (21.1%)	12:36	4.8 (80.0%)
42	GAJEWSKA Natalia	1849	INVICTA POWER TEAM!	Open Kobiet	26	10:15	02:38:16	04:26:27.65	04:26:27.65	+00:57:17 (21.5%)	12:41	4.7 (78.3%)
43	KWIECIŃSKA Ewa	1850	INVICTA POWER TEAM!	Open Kobiet	27	10:15	02:38:17	04:26:27.85	04:26:27.85	+00:57:18 (21.5%)	12:41	4.7 (78.3%)
44	JODŁOWSKA Klaudia	1643		Open Kobiet	28	09:30	02:26:14	04:26:30.65	04:26:30.65	+00:57:20 (21.5%)	12:41	4.7 (78.3%)
45	SOSZ Anna	1512		Open Masters Kobiet	17	09:00	02:33:24	04:26:34.00	04:26:34.00	+00:57:24 (21.5%)	12:41	4.7 (78.3%)
46	PIŁAT Renata	1242	OBSTACLE CENTER TEAM	Open Masters Kobiet	18	08:15	02:27:46	04:27:18.00	04:27:18.00	+00:58:08 (21.7%)	12:43	4.7 (78.3%)
47	IWANICKA Jolanta	1427		Open Kobiet	29	08:45	02:39:37	04:29:46.60	04:29:46.60	+01:00:36 (22.5%)	12:50	4.7 (78.3%)
48	JÓŻWICKA Wiktoria	1726		Open Kobiet	30	09:45	02:27:19	04:30:13.70	04:30:13.70	+01:01:03 (22.6%)	12:52	4.7 (78.3%)
49	WRÓBLEWSKA Judyta	1522		Open Kobiet	31	09:00	02:29:21	04:30:34.75	04:30:34.75	+01:01:24 (22.7%)	12:53	4.7 (78.3%)
50	BUDEK Weronika	1915		Open Kobiet	32	09:00	02:27:43	04:30:45.00	04:30:45.00	+01:01:35 (22.7%)	12:53	4.7 (78.3%)
51	ZEGAROWICZ Natalia	1674		Open Kobiet	33	09:30	02:33:52	04:32:04.60	04:32:04.60	+01:02:54 (23.1%)	12:57	4.6 (76.7%)
52	CZUBER Emilia	1844	GEEKKOKSY	Open Kobiet	34	10:15	02:36:28	04:33:11.90	04:33:11.90	+01:04:02 (23.4%)	13:00	4.6 (76.7%)
53	LISTWAN Ewelina	1506		Open Kobiet	35	09:00	02:35:17	04:34:20.55	04:34:20.55	+01:05:10 (23.8%)	13:03	4.6 (76.7%)
54	SZLACHTA-MYRLAK Maria	1745		Open Kobiet	36	09:45	02:24:25	04:34:21.25	04:34:21.25	+01:05:11 (23.8%)	13:03	4.6 (76.7%)
55	PŁOŃSKA Beata	1865	WILK TRENUJE FAMILY (WTF)	Open Masters Kobiet	19	08:30	02:27:59	04:34:26.70	04:34:26.70	+01:05:16 (23.8%)	13:04	4.6 (76.7%)
56	GUMINIAK Kamila	1640		Open Kobiet	37	09:30	02:30:13	04:35:57.20	04:35:57.20	+01:06:47 (24.2%)	13:08	4.6 (76.7%)
57	HAMMER Marcelina	1641		Open Kobiet	38	09:30	02:30:12	04:35:57.65	04:35:57.65	+01:06:47 (24.2%)	13:08	4.6 (76.7%)
58	SZCZYPEK Katarzyna	1541	HUSARIA RACE TEAM	Open Kobiet	39	08:15	02:37:23	04:36:55.20	04:36:55.20	+01:07:45 (24.5%)	13:11	4.6 (76.7%)
59	WILCZEK Marta	1978	RUNNERB	Open Kobiet	40	11:00	02:28:11	04:37:18.55	04:37:18.55	+01:08:08 (24.6%)	13:12	4.5 (75.0%)
60	REMUS Monika	1453	BEAST BEST	Open Masters Kobiet	20	08:15	02:38:56	04:37:32.95	04:37:32.95	+01:08:23 (24.6%)	13:12	4.5 (75.0%)
61	BRZUSZCZYŃSKA Karolina	1721		Open Kobiet	41	09:45	02:28:32	04:38:58.20	04:38:58.20	+01:09:48 (25.0%)	13:17	4.5 (75.0%)
62	KOWNACKA Ewelina	1787		Open Kobiet	42	09:30	02:42:05	04:39:00.10	04:39:00.10	+01:09:50 (25.0%)	13:17	4.5 (75.0%)

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63	KUĆ Anna	1503		Open Kobiet	43	09:00	02:29:32	04:39:09.50	04:39:09.50	+01:09:59 (25.1%)	13:17	4.5 (75.0%)
64	BAFELTOWSKA Olga	1390	POWER TRAINING	Open Kobiet	44	08:45	02:39:19	04:39:09.90	04:39:09.90	+01:10:00 (25.1%)	13:17	4.5 (75.0%)
65	ŻUCHOWSKA Karolina	1478	SZYDLOWIEC TEAM	Open Kobiet	45	09:00	02:25:51	04:39:27.95	04:39:27.95	+01:10:18 (25.2%)	13:18	4.5 (75.0%)
66	RZECZYCKA Beata	1463	EXTREME WARRIOR FAMILY	Open Kobiet	46	09:00	02:33:51	04:39:29.25	04:39:29.25	+01:10:19 (25.2%)	13:18	4.5 (75.0%)
67	PIASECZNA Sylwia	1461	EXTREME WARRIOR FAMILY	Open Masters Kobiet	21	09:00	02:33:12	04:39:29.30	04:39:29.30	+01:10:19 (25.2%)	13:18	4.5 (75.0%)
68	PORĘBSKA Sara	2013	EXTREME WARRIOR FAMILY	Open Kobiet	47	09:00	02:33:09	04:39:29.35	04:39:29.35	+01:10:19 (25.2%)	13:18	4.5 (75.0%)
69	GRABSKA Katarzyna	1922		Open Kobiet	48	10:30	02:37:46	04:40:15.70	04:40:15.70	+01:11:05 (25.4%)	13:20	4.5 (75.0%)
70	CHOMICKA Renata	1178	OUTDOOR TRAINING	Open Kobiet	49	08:00	01:57:28	04:40:16.70	04:40:16.70	+01:11:06 (25.4%)	13:20	4.5 (75.0%)
71	CIESIELSKA Katarzyna	1459	EXTREME WARRIOR FAMILY	Open Masters Kobiet	22	09:00	02:38:13	04:40:45.90	04:40:45.90	+01:11:36 (25.5%)	13:22	4.5 (75.0%)
72	CHUŚCIŃSKA Patrycja	1603	BRYGIERY OCR	Open Kobiet	50	09:30	02:41:03	04:42:32.65	04:42:32.65	+01:13:22 (26.0%)	13:27	4.5 (75.0%)
73	JANIAK Inez	1395	PURPUR	Open Kobiet	51	08:45	02:38:05	04:42:34.95	04:42:34.95	+01:13:25 (26.0%)	13:27	4.5 (75.0%)
74	KWIATKOWSKA Daria	1604	BRYGIERY OCR	Open Kobiet	52	09:30	02:41:03	04:43:18.95	04:43:18.95	+01:14:09 (26.2%)	13:29	4.4 (73.3%)
75	NIKOŁAJUK Julia	1992		Open Kobiet	53	11:00	02:28:25	04:43:39.00	04:43:39.00	+01:14:29 (26.3%)	13:30	4.4 (73.3%)
76	GŁAZ Magdalena	1697	HUSARIA RACE TEAM	Open Kobiet	54	09:45	02:31:39	04:45:57.20	04:45:57.20	+01:16:47 (26.9%)	13:37	4.4 (73.3%)
77	PŁACZEK Anna	1172	CARBON SILESIA SPORT	Open Kobiet	55	08:00	01:51:21	04:46:04.20	04:46:04.20	+01:16:54 (26.9%)	13:37	4.4 (73.3%)
78	HUDZIAK Sabina	1305	FITPARK TEAM	Open Kobiet	56	08:30	02:41:48	04:47:13.65	04:47:13.65	+01:18:03 (27.2%)	13:40	4.4 (73.3%)
79	MAZURKIEWICZ Anna	1312	FITPARK TEAM	Open Kobiet	57	08:30	02:41:07	04:47:14.00	04:47:14.00	+01:18:04 (27.2%)	13:40	4.4 (73.3%)
80	KOŚCIELNIAK Barbara	1308	FITPARK TEAM	Open Kobiet	58	08:30	02:41:19	04:47:14.30	04:47:14.30	+01:18:04 (27.2%)	13:40	4.4 (73.3%)
81	SANETRA Bożena	1315	FITPARK TEAM	Open Masters Kobiet	23	08:30	02:41:48	04:47:14.50	04:47:14.50	+01:18:04 (27.2%)	13:40	4.4 (73.3%)
82	JURCZAK Joanna	1306	FITPARK TEAM	Open Kobiet	59	08:30	02:41:43	04:47:14.90	04:47:14.90	+01:18:05 (27.2%)	13:40	4.4 (73.3%)
83	OTFINOWSKA Magdalena	1415	UNIT37	Open Masters Kobiet	24	08:15	02:41:38	04:47:42.00	04:47:42.00	+01:18:32 (27.3%)	13:42	4.4 (73.3%)
84	POGORZELSKA Magdalena	2015		Open Kobiet	60	10:15	02:37:28	04:48:25.75	04:48:25.75	+01:19:15 (27.5%)	13:44	4.4 (73.3%)
85	NEUMANN Kamila	2014		Open Kobiet	61	10:15	02:38:39	04:48:25.80	04:48:25.80	+01:19:16 (27.5%)	13:44	4.4 (73.3%)

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86	KRZEMYK Beata	1345		Open Masters Kobiet	25	08:30	02:38:09	04:48:58.40	04:48:58.40	+01:19:48 (27.6%)	13:45	4.4 (73.3%)
87	SZELAĞ Justyna	1363		Open Kobiet	62	08:30	02:38:44	04:48:58.65	04:48:58.65	+01:19:48 (27.6%)	13:45	4.4 (73.3%)
88	REBELKA Joanna	1443		Open Kobiet	63	08:45	02:44:08	04:49:01.40	04:49:01.40	+01:19:51 (27.6%)	13:45	4.4 (73.3%)
89	BIGA Małgorzata	1420		Open Kobiet	64	08:45	02:39:41	04:49:10.60	04:49:10.60	+01:20:00 (27.7%)	13:46	4.4 (73.3%)
90	WIĘCEK Urszula	1819		Open Masters Kobiet	26	10:00	02:44:12	04:50:02.00	04:50:02.00	+01:20:52 (27.9%)	13:48	4.3 (71.7%)
91	DAMPS Katarzyna	1168	BIEGUN OCR TEAM	Open Masters Kobiet	27	08:00	02:35:18	04:50:59.80	04:50:59.80	+01:21:50 (28.1%)	13:51	4.3 (71.7%)
92	WOLNA Patrycja	1534	BOTY	Open Kobiet	65	09:15	02:44:56	04:51:06.90	04:51:06.90	+01:21:57 (28.2%)	13:51	4.3 (71.7%)
93	WOLNA Natalia	1533	BOTY	Open Kobiet	66	09:15	02:44:55	04:51:07.25	04:51:07.25	+01:21:57 (28.2%)	13:51	4.3 (71.7%)
94	KOCOŃ Justyna	1529	BOTY	Open Kobiet	67	09:15	02:44:57	04:51:07.75	04:51:07.75	+01:21:57 (28.2%)	13:51	4.3 (71.7%)
95	WOLNA Klaudia	1532	BOTY	Open Kobiet	68	09:15	02:44:58	04:51:08.35	04:51:08.35	+01:21:58 (28.2%)	13:51	4.3 (71.7%)
96	ZBRZYŻNA Katarzyna	2007		Open Kobiet	69	11:00	02:45:02	04:51:09.35	04:51:09.35	+01:21:59 (28.2%)	13:51	4.3 (71.7%)
97	KOZEK Natalia	1644		Open Kobiet	70	09:30	02:42:06	04:51:30.65	04:51:30.65	+01:22:20 (28.2%)	13:52	4.3 (71.7%)
98	LORENOWICZ Agnieszka	1412	UNIT37	Open Kobiet	71	08:45	02:30:00	04:51:53.25	04:51:53.25	+01:22:43 (28.3%)	13:53	4.3 (71.7%)
99	KUCZEK Kasia	1837	GANG ZAKRĘCONYCH MASTERSÓW	Open Kobiet	72	10:15	02:45:37	04:52:09.40	04:52:09.40	+01:22:59 (28.4%)	13:54	4.3 (71.7%)
100	WAŚNIEWSKA Magdalena	1842	GANG ZAKRĘCONYCH MASTERSÓW	Open Kobiet	73	10:15	02:45:57	04:52:12.10	04:52:12.10	+01:23:02 (28.4%)	13:54	4.3 (71.7%)
101	CZARNECKA Magdalena	1843	GEEKKOKSY	Open Kobiet	74	10:15	02:41:15	04:52:58.55	04:52:58.55	+01:23:48 (28.6%)	13:57	4.3 (71.7%)
102	BOROWSKA Jadwiga	1421	RADZIU PŁACI	Open Kobiet	75	08:45	02:41:49	04:53:37.20	04:53:37.20	+01:24:27 (28.8%)	13:58	4.3 (71.7%)
103	DROZD Anna	1424	RADZIU PŁACI	Open Masters Kobiet	28	08:45	02:40:44	04:53:37.40	04:53:37.40	+01:24:27 (28.8%)	13:58	4.3 (71.7%)
104	OPALIŃSKA Katarzyna	1400	RADZIU PŁACI	Open Kobiet	76	08:45	02:42:08	04:53:37.90	04:53:37.90	+01:24:28 (28.8%)	13:58	4.3 (71.7%)
105	MAŁEK Hanna	1186	UNITED RUNNERS	Open Kobiet	77	08:00	03:12:22	04:53:41.20	04:53:41.20	+01:24:31 (28.8%)	13:59	4.3 (71.7%)
106	SZEWCZUN Anna	2003		Open Kobiet	78	11:00	02:36:28	04:53:46.95	04:53:46.95	+01:24:37 (28.8%)	13:59	4.3 (71.7%)
107	STEFANIAK Kamila	1813		Open Kobiet	79	10:00	02:39:41	04:53:52.40	04:53:52.40	+01:24:42 (28.8%)	13:59	4.3 (71.7%)
108	EHRlich Marta	1402	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	80	08:45	02:37:05	04:55:56.20	04:55:56.20	+01:26:46 (29.3%)	14:05	4.3 (71.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Poręcze Wąskie 7km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
109	KOTAS Patrycja	1476	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	81	09:45	02:46:58	04:57:29.15	04:57:29.15	+01:28:19 (29.7%)	14:09	4.2 (70.0%)
110	MALISZEWSKA Agnieszka	1540	GLADIATORS BY RMF4RT	Open Masters Kobiet	29	09:15	02:57:32	04:58:02.65	04:58:02.65	+01:28:52 (29.8%)	14:11	4.2 (70.0%)
111	CZERNIAKIEWICZ Anna	1551	OUTDOOR TRAINING	Open Masters Kobiet	30	09:15	02:57:33	04:58:03.00	04:58:03.00	+01:28:53 (29.8%)	14:11	4.2 (70.0%)
112	KOWALCZEWSKA Anna	1930		Open Kobiet	82	10:30	02:54:34	04:59:09.60	04:59:09.60	+01:29:59 (30.1%)	14:14	4.2 (70.0%)
113	KLIMEK Paulina	1981	THE Q-BROTHERS TEAM	Open Kobiet	83	11:00	02:34:03	04:59:45.50	04:59:45.50	+01:30:35 (30.2%)	14:16	4.2 (70.0%)
114	RATAJCZAK Agata	1977	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	84	11:00	02:34:06	04:59:48.95	04:59:48.95	+01:30:39 (30.2%)	14:16	4.2 (70.0%)
115	GREMBOWSKA Justyna	1456	DIRTY SPARROWS	Open Kobiet	85	09:00	02:47:55	05:00:40.55	05:00:40.55	+01:31:30 (30.4%)	14:19	4.2 (70.0%)
116	KUKUŁKA Natalia	1436		Open Kobiet	86	08:45	02:43:32	05:02:20.90	05:02:20.90	+01:33:11 (30.8%)	14:23	4.2 (70.0%)
117	WITKOWSKA Anna	1291		Open Kobiet	87	08:15	02:42:23	05:02:39.60	05:02:39.60	+01:33:29 (30.9%)	14:24	4.2 (70.0%)
118	GRABARCZYK Marta	1623	ROOKIES	Open Masters Kobiet	31	09:30	02:48:25	05:02:47.30	05:02:47.30	+01:33:37 (30.9%)	14:25	4.2 (70.0%)
119	KOŁPA Marzena	1709	UNIT37	Open Kobiet	88	08:30	02:54:00	05:04:24.15	05:04:24.15	+01:35:14 (31.3%)	14:29	4.1 (68.3%)
120	BUDZIK Jolanta	1329	UNIT37	Open Masters Kobiet	32	08:15	02:49:24	05:05:34.90	05:05:34.90	+01:36:25 (31.6%)	14:33	4.1 (68.3%)
121	BIELA Anna	1973	DA SANDAŁ	Open Kobiet	89	10:30	02:55:06	05:07:30.70	05:07:30.70	+01:38:20 (32.0%)	14:38	4.1 (68.3%)
122	WRUK Agata	1367		Open Kobiet	90	08:30	02:42:04	05:07:32.65	05:07:32.65	+01:38:22 (32.0%)	14:38	4.1 (68.3%)
123	WRZALSKA Weronika	1368		Open Kobiet	91	08:30	02:54:45	05:08:42.75	05:08:42.75	+01:39:32 (32.2%)	14:42	4.1 (68.3%)
124	PATON Iwona	1947		Open Kobiet	92	10:30	02:54:12	05:09:06.60	05:09:06.60	+01:39:56 (32.3%)	14:43	4.1 (68.3%)
125	CYGANEK Agnieszka	1677	BEFIT24TEAM	Open Masters Kobiet	33	09:45	02:38:32	05:11:10.10	05:11:10.10	+01:42:00 (32.8%)	14:49	4 (66.7%)
126	MACIEJEWSKA Agnieszka	1198		Open Masters Kobiet	34	08:00	02:22:20	05:12:33.45	05:12:33.45	+01:43:23 (33.1%)	14:53	4 (66.7%)
127	BROMA Alicja	1330	WILK TRENUJE FAMILY (WTF)	Open Kobiet	93	08:30	03:04:45	05:15:54.70	05:15:54.70	+01:46:44 (33.8%)	15:02	4 (66.7%)
128	BRZOZOWSKA Agnieszka	1983	TRICKSILESLIA	Open Kobiet	94	11:00	02:53:06	05:16:02.35	05:16:02.35	+01:46:52 (33.8%)	15:02	4 (66.7%)
129	PREWYSZ-KWINTO Marta	1177	OBSTACLE CENTER TEAM	Open Kobiet	95	08:00	03:14:56	05:16:30.95	05:16:30.95	+01:47:21 (33.9%)	15:04	4 (66.7%)
130	ŻUCHOWSKA Oliwia	1749		Open Kobiet	96	08:30	02:52:47	05:16:54.50	05:16:54.50	+01:47:44 (34.0%)	15:05	4 (66.7%)
131	MATRACKA Magdalena	1862	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	97	10:15	02:58:15	05:19:25.25	05:19:25.25	+01:50:15 (34.5%)	15:12	3.9 (65.0%)

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132	KOZAK Gabriela	1553	PSYCHIATRYK KOPERNIKA	Open Kobiet	98	09:15	02:58:10	05:20:58.20	05:20:58.20	+01:51:48 (34.8%)	15:17	3.9 (65.0%)
133	PUŁA Karolina	1555	PSYCHIATRYK KOPERNIKA	Open Kobiet	99	09:15	02:57:16	05:20:58.30	05:20:58.30	+01:51:48 (34.8%)	15:17	3.9 (65.0%)
134	KOZAK Katarzyna	1299	DRUŻYNA PANA MICHAŁA	Open Masters Kobiet	35	08:30	03:01:59	05:22:07.20	05:22:07.20	+01:52:57 (35.1%)	15:20	3.9 (65.0%)
135	LEŚNIAK Natalia	1582		Open Kobiet	100	09:15	03:03:12	05:22:27.10	05:22:27.10	+01:53:17 (35.1%)	15:21	3.9 (65.0%)
136	KARPIŃSKA Małgorzata	1297	DRUŻYNA PANA MICHAŁA	Open Kobiet	101	08:30	03:02:58	05:22:48.50	05:22:48.50	+01:53:38 (35.2%)	15:22	3.9 (65.0%)
137	JACHNA-SAWICKA Katarzyna	1296	DRUŻYNA PANA MICHAŁA	Open Masters Kobiet	36	08:30	03:02:58	05:22:49.05	05:22:49.05	+01:53:39 (35.2%)	15:22	3.9 (65.0%)
138	ŁUSZCZEWSKA Weronika	1730		Open Kobiet	102	09:45	03:16:27	05:23:45.85	05:23:45.85	+01:54:36 (35.4%)	15:25	3.9 (65.0%)
139	RUGIEŃ Dorota	1738		Open Kobiet	103	09:45	03:15:54	05:23:53.25	05:23:53.25	+01:54:43 (35.4%)	15:25	3.9 (65.0%)
140	REGULSKA Ewa	1655		Open Kobiet	104	09:30	02:59:50	05:24:04.50	05:24:04.50	+01:54:54 (35.5%)	15:25	3.9 (65.0%)
141	FILIPOWICZ Natalia	1636		Open Kobiet	105	09:30	02:59:49	05:24:05.25	05:24:05.25	+01:54:55 (35.5%)	15:25	3.9 (65.0%)
142	SŁODOWNIK Ania	1538	FREE SOLO	Open Kobiet	106	09:15	03:04:44	05:24:48.30	05:24:48.30	+01:55:38 (35.6%)	15:28	3.9 (65.0%)
143	BANASZEWSKA Sandra	1537	FREE SOLO	Open Kobiet	107	09:15	03:04:44	05:24:48.95	05:24:48.95	+01:55:39 (35.6%)	15:28	3.9 (65.0%)
144	JĘDRYKA Anna	1781		Open Kobiet	108	10:00	03:07:49	05:26:05.80	05:26:05.80	+01:56:56 (35.9%)	15:31	3.9 (65.0%)
145	KUMANOWICZ Magdalena	1790		Open Kobiet	109	10:00	03:07:05	05:26:06.55	05:26:06.55	+01:56:56 (35.9%)	15:31	3.9 (65.0%)
146	WALIGÓRA Agata	1372	CARBON SILESIA SPORT	Open Kobiet	110	08:30	03:01:40	05:26:29.20	05:26:29.20	+01:57:19 (35.9%)	15:32	3.9 (65.0%)
147	DADELEWSKA Joanna	1180	PIĘKNI I BESTIE	Open Masters Kobiet	37	08:00	02:13:17	05:27:30.40	05:27:30.40	+01:58:20 (36.1%)	15:35	3.8 (63.3%)
148	GRABSKA Karolina	1572		Open Kobiet	111	09:15	03:00:25	05:29:07.30	05:29:07.30	+01:59:57 (36.4%)	15:40	3.8 (63.3%)
149	POPOWICZ Angelika	1588		Open Kobiet	112	09:15	03:00:47	05:29:07.90	05:29:07.90	+01:59:58 (36.4%)	15:40	3.8 (63.3%)
150	PAWLAK Urszula	1654		Open Masters Kobiet	38	09:30	03:07:42	05:32:50.85	05:32:50.85	+02:03:41 (37.2%)	15:50	3.8 (63.3%)
151	KOZAK Cornelia	1185	UNITED RUNNERS	Open Kobiet	113	08:00	02:56:42	05:34:18.50	05:34:18.50	+02:05:08 (37.4%)	15:55	3.8 (63.3%)
152	MŁYNARCZYK Dorota	1827	BIEGAM WOLNO, BO MI WOLNO	Open Kobiet	114	10:15	03:12:11	05:35:22.25	05:35:22.25	+02:06:12 (37.6%)	15:58	3.8 (63.3%)
152	BUŁMAN Jagoda	1826	BIEGAM WOLNO, BO MI WOLNO	Open Kobiet	114	10:15	03:12:15	05:35:22.25	05:35:22.25	+02:06:12 (37.6%)	15:58	3.8 (63.3%)
152	BIAŁACH Paulina	1825	BIEGAM WOLNO, BO MI WOLNO	Open Kobiet	114	10:15	03:12:31	05:35:22.25	05:35:22.25	+02:06:12 (37.6%)	15:58	3.8 (63.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Poręcze Wąskie 7km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
155	ZARZYCKA Paulina	1828	BIEGAM WOLNO, BO MI WOLNO	Open Kobiet	117	10:15	03:12:32	05:35:22.40	05:35:22.40	+02:06:12 (37.6%)	15:58	3.8 (63.3%)
156	MOKSIK Agnieszka	1232	FIT & MORE RYBNIK	Open Masters Kobiet	39	08:15	03:20:10	05:41:37.15	05:41:37.15	+02:12:27 (38.8%)	16:16	3.7 (61.7%)
157	PIKALA Natalia	2023		Open Kobiet	118	09:45	03:05:53	05:42:18.75	05:42:18.75	+02:13:08 (38.9%)	16:18	3.7 (61.7%)
158	ADAMCZYK Aneta	1233	GIRLS POWER KRAKÓW	Open Masters Kobiet	40	08:15	03:08:08	05:42:55.95	05:42:55.95	+02:13:46 (39.0%)	16:19	3.7 (61.7%)
158	MIGAS Urszula	1234	GIRLS POWER KRAKÓW	Open Kobiet	119	08:15	03:08:02	05:42:55.95	05:42:55.95	+02:13:46 (39.0%)	16:19	3.7 (61.7%)
160	NECEL Dorota	1235	GIRLS POWER KRAKÓW	Open Masters Kobiet	41	08:15	03:07:24	05:42:56.00	05:42:56.00	+02:13:46 (39.0%)	16:19	3.7 (61.7%)
161	ADAMCZYK Aleksandra	1236	GIRLSPOWER KRAKÓW	Open Kobiet	120	08:15	03:07:59	05:42:56.15	05:42:56.15	+02:13:46 (39.0%)	16:19	3.7 (61.7%)
162	ORENCZAK Aleksandra	1239	GIRLSPOWER KRAKÓW	Open Kobiet	121	08:15	03:08:02	05:42:56.30	05:42:56.30	+02:13:46 (39.0%)	16:19	3.7 (61.7%)
163	MOSTOWIK-WLACH Joanna	1238	GIRLSPOWER KRAKÓW	Open Masters Kobiet	42	08:15	03:07:48	05:42:56.35	05:42:56.35	+02:13:46 (39.0%)	16:19	3.7 (61.7%)
164	HANDZLIK Barbara	1229	DENISTEAM	Open Masters Kobiet	43	08:15	03:08:01	05:42:56.75	05:42:56.75	+02:13:46 (39.0%)	16:19	3.7 (61.7%)
165	WÓJCIK Anna	1230	DENISTEAM	Open Kobiet	122	08:15	03:08:09	05:42:56.85	05:42:56.85	+02:13:47 (39.0%)	16:19	3.7 (61.7%)
166	ŁOPATOWSKA Monika	1237	GIRLSPOWER KRAKÓW	Open Kobiet	123	08:15	03:08:01	05:42:56.95	05:42:56.95	+02:13:47 (39.0%)	16:19	3.7 (61.7%)
167	BAJOREK Monika	1231	FIT & MORE RYBNIK	Open Masters Kobiet	44	08:15	03:20:15	05:43:26.05	05:43:26.05	+02:14:16 (39.1%)	16:21	3.7 (61.7%)
168	JAKUBIK Anna	1755	HELL'S HEAVEN SZCZECIN	Open Kobiet	124	10:00	03:32:06	05:44:07.90	05:44:07.90	+02:14:58 (39.2%)	16:23	3.7 (61.7%)
169	WINAND Megan	1671		Open Kobiet	125	09:30	02:54:33	05:44:54.00	05:44:54.00	+02:15:44 (39.4%)	16:25	3.7 (61.7%)
170	KRUGLAK Anna	1757	HELL'S HEAVEN SZCZECIN	Open Masters Kobiet	45	10:00	03:31:58	05:45:51.50	05:45:51.50	+02:16:41 (39.5%)	16:28	3.6 (60.0%)
171	BUDNER Aleksandra	2022	WARRIORS ŁÓDŹ	Open Kobiet	126	08:15	03:21:35	05:47:35.30	05:47:35.30	+02:18:25 (39.8%)	16:33	3.6 (60.0%)
172	SAWICKA Agnieszka	1325	NIE W SZCZEPIONKĘ TEAM	Open Masters Kobiet	46	08:30	03:08:40	05:50:01.85	05:50:01.85	+02:20:52 (40.2%)	16:40	3.6 (60.0%)
173	JASIŃSKA Monika	1253	UNIT37	Open Kobiet	127	08:15	03:17:37	05:50:45.30	05:50:45.30	+02:21:35 (40.4%)	16:42	3.6 (60.0%)
174	DADELEWSKA Oliwia	1181	PIĘKNI I BESTIE	Open Kobiet	128	08:00	02:30:59	05:51:16.30	05:51:16.30	+02:22:06 (40.5%)	16:43	3.6 (60.0%)
175	RODZIK Joanna	1711	WARRIORS ŁÓDŹ	Open Kobiet	129	08:15	03:21:27	05:53:21.40	05:53:21.40	+02:24:11 (40.8%)	16:49	3.6 (60.0%)
176	SZAŁKUCKA Karolina	1564	WARRIORS ŁÓDŹ	Open Kobiet	130	08:15	03:22:07	05:53:21.70	05:53:21.70	+02:24:11 (40.8%)	16:49	3.6 (60.0%)
177	KUBIAK Małgorzata	1271		Open Kobiet	131	08:15	03:16:14	05:53:33.10	05:53:33.10	+02:24:23 (40.8%)	16:50	3.6 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Poręcze Wąskie 7km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
178	KSIĄŻEK Anna	1681	BIEGAJĄCE CHLORY	Open Kobiet	132	09:45	03:18:48	05:54:08.60	05:54:08.60	+02:24:58 (40.9%)	16:51	3.6 (60.0%)
179	PĄCZEK Weronika	1256	WATAHA - ŁĄCZY NAS BIEGANIE	Open Kobiet	133	08:15	03:16:55	06:04:31.35	06:04:31.35	+02:35:21 (42.6%)	17:21	3.5 (58.3%)
180	SZADZEWICZ Monika	1548	NA PRZYPALE ALBO WCALE 2021	Open Masters Kobiet	47	09:15	03:26:45	06:10:16.00	06:10:16.00	+02:41:06 (43.5%)	17:37	3.4 (56.7%)
180	KRYSA Magda	1545	NA PRZYPALE ALBO WCALE 2021	Open Kobiet	134	09:15	03:26:45	06:10:16.00	06:10:16.00	+02:41:06 (43.5%)	17:37	3.4 (56.7%)
182	MIĘKINA Edyta	1413	UNIT37	Open Kobiet	135	08:15	03:17:08	06:16:04.00	06:16:04.00	+02:46:54 (44.4%)	17:54	3.4 (56.7%)
183	SZYMAŃSKA Kinga	1189	WARRIORS ŁÓDŹ	Open Kobiet	136	08:00	02:51:17	06:31:37.30	06:31:37.30	+03:02:27 (46.6%)	18:38	3.2 (53.3%)
184	PAWLIKOWSKA Zuzanna	1188	WARRIORS ŁÓDŹ	Open Kobiet	137	08:00	02:40:29	06:31:37.60	06:31:37.60	+03:02:27 (46.6%)	18:38	3.2 (53.3%)
185	ZIEMBA Katarzyna	1370		Open Kobiet	138	09:00	03:46:50	06:37:17.65	06:37:17.65	+03:08:07 (47.4%)	18:55	3.2 (53.3%)
186	DRZEŹDŻON Emilia	1474	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	139	09:00	03:57:28	06:51:42.70	06:51:42.70	+03:22:32 (49.2%)	19:36	3.1 (51.7%)
187	CYTERA Barbara	1763	SAME KONIE #OLATEAM	Open Masters Kobiet	48	10:00	02:44:43			+02:34:04	23:31	2.5 (41.7%)
188	JABŁOŃSKA Sylwia	1338		Open Kobiet	140	08:30						(0.0%)
189	BONARSKA-GUŁA Ksenia	1625	ŚWINKI NINJA	Open Kobiet	141	09:30						(0.0%)
190	FRYD Krzysztofa	1622	ROOKIES	Open Kobiet	142	09:30						(0.0%)

Znalezione 190 wynik(ów)