

Wydarzenie: FINAŁ LIGI RUNMAGEDDONU NA POLANIE JAKUSZYCKIEJ
Organizator: Extreme Events, Runmageddon
Data: 2022-10-23
Miejsce: POLANA JAKUSZYCKA
Dystans: 21 km

Klasyfikacja: Elite Mężczyzn

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Serial	Punkt Rege 6km	Miasteczko 12km	Punkt Rege 18km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	FABIAN Marcel	1069	SOCIOS SILESIA	Elite Mężczyzn	1	10:00	00:27:13	00:56:47	01:21:47	01:55:38.70	01:55:38.70		5:30	10.9 (100%)
2	SERAFIŃSKI Maciej	1065	RUNMAGEDDON TEAM	Elite Mężczyzn	2	10:00	00:27:56	00:57:51	01:23:12	01:58:53.50	01:58:53.50	+00:03:14 (2.7%)	5:39	10.6 (97.2%)
3	TRYVASHKEVICH Yauhen	1099	OCR BALTIC WARRIORS	Elite Mężczyzn	3	10:00	00:27:19	00:58:01	01:23:19	01:59:37.40	01:59:37.40	+00:03:58 (3.3%)	5:41	10.5 (96.3%)
4	KRÓL Piotr	1071	SOCIOS SILESIA	Elite Mężczyzn	4	10:00	00:27:44	00:58:06	01:23:52	02:02:13.05	02:02:13.05	+00:06:34 (5.4%)	5:49	10.3 (94.5%)
5	BOROWSKI Michał	1084		Elite Mężczyzn	5	10:00	00:29:07	00:59:44	01:25:33	02:02:47.10	02:02:47.10	+00:07:08 (5.8%)	5:50	10.3 (94.5%)
6	JACIÓW Paweł	1075	WATAHA	Elite Mężczyzn	6	10:00	00:28:23	00:58:28	01:24:33	02:02:49.25	02:02:49.25	+00:07:10 (5.8%)	5:50	10.3 (94.5%)
7	BORYCZKA Mateusz	1030	FITPARK TEAM	Elite Mężczyzn	7	10:00	00:28:44	01:00:08	01:26:35	02:03:55.10	02:03:55.10	+00:08:16 (6.7%)	5:54	10.2 (93.6%)
8	OLICHOWSKI Mateusz	1083	WOLF TEAM	Elite Mężczyzn	8	10:00	00:28:28	00:59:05	01:25:58	02:04:59.00	02:04:59.00	+00:09:20 (7.5%)	5:57	10.1 (92.7%)
9	JANUSZEWSKI Bartosz	1043	OBSTACLE CENTER TEAM	Elite Mężczyzn	9	10:00	00:28:57	01:01:10	01:28:15	02:05:26.85	02:05:26.85	+00:09:48 (7.8%)	5:58	10 (91.7%)
10	LIUTKUS Dainius	1048	OCR BALTIC WARRIORS	Elite Mężczyzn	10	10:00	00:28:35	00:59:17	01:25:47	02:05:30.35	02:05:30.35	+00:09:51 (7.9%)	5:58	10 (91.7%)
11	PRYKOWSKI Tomasz	1032	GORĄCY POTOK TEAM	Elite Mężczyzn	11	10:00	00:29:21	01:02:22	01:29:09	02:06:02.75	02:06:02.75	+00:10:24 (8.3%)	6:00	10 (91.7%)
12	GRABOWIEC Arkadiusz	1051	POWER TRAINING	Elite Mężczyzn	12	10:00	00:29:03	01:00:58	01:27:33	02:07:29.00	02:07:29.00	+00:11:50 (9.3%)	6:04	9.9 (90.8%)
13	KALINOWSKI Krystian	1059	RUNMAGEDDON TEAM	Elite Mężczyzn	13	10:00	00:29:01	01:00:39		02:09:05.00	02:09:05.00	+00:13:26 (10.4%)	6:08	9.8 (89.9%)
14	KRZYSTYNIAK Robert	1153	GORĄCY POTOK TEAM	Elite Masters Mężczyzn	1	10:00	00:29:04	01:01:09	01:28:37	02:09:32.30	02:09:50.70	+00:14:12 (10.9%)	6:10	9.7 (89.0%)
15	SALATA Marcin	1064	RUNMAGEDDON TEAM	Elite Mężczyzn	14	10:00	00:30:17	01:03:48	01:31:21	02:10:05.50	02:10:05.50	+00:14:26 (11.1%)	6:11	9.7 (89.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 6km	Miasteczko 12km	Punkt Rege 18km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
16	MAŁYJUREK Rafał	1013	CARBON SILESIA SPORT	Elite Mężczyzn	15	10:00	00:30:23	01:02:58	01:30:36	02:10:41.80	02:10:41.80	+00:15:03 (11.5%)	6:13	9.6 (88.1%)
17	KRAWIECKI Mateusz	1061	RUNMAGEDDON TEAM	Elite Mężczyzn	16	10:00	00:28:45	01:01:26	01:30:00	02:11:29.30	02:11:29.30	+00:15:50 (12.0%)	6:15	9.6 (88.1%)
18	STOKOWSKI Dariusz	1066	RUNMAGEDDON TEAM	Elite Mężczyzn	17	10:00	00:30:13	01:03:00	01:30:20	02:11:41.60	02:11:41.60	+00:16:02 (12.2%)	6:16	9.6 (88.1%)
19	PRUSAK Piotr	1031	GORĄCY POTOK TEAM	Elite Mężczyzn	18	10:00	00:30:12	01:03:50	01:31:08	02:14:13.45	02:14:13.45	+00:18:34 (13.8%)	6:23	9.4 (86.2%)
20	MARKOWSKI Fabian	1079	WATAHA	Elite Mężczyzn	19	10:00	00:29:55	01:03:46	01:30:25	02:14:26.30	02:14:26.30	+00:18:47 (14.0%)	6:24	9.4 (86.2%)
21	SIKORA Adam	1040	MAD RUNNERS	Elite Mężczyzn	20	10:00	00:30:01	01:02:51	01:31:16	02:14:43.50	02:14:43.50	+00:19:04 (14.2%)	6:24	9.4 (86.2%)
22	CIEPIELA Dominik	1042	OBSTACLE CENTER TEAM	Elite Mężczyzn	21	10:00	00:30:55	01:06:29	01:34:47	02:15:43.25	02:15:43.25	+00:20:04 (14.8%)	6:27	9.3 (85.3%)
23	PULŠA Artür	1370	OCR BALTIC WARRIORS	Elite Mężczyzn	22	10:00	00:30:40	01:04:01	01:32:22	02:16:08.20	02:16:08.20	+00:20:29 (15.1%)	6:28	9.3 (85.3%)
24	IGNACZAK Rajmund	1174	LEGNICA POKONUJE PRZESZKODY	Elite Mężczyzn	23	10:10	00:31:43	01:05:39	01:34:26	02:17:16.10	02:17:16.10	+00:21:37 (15.8%)	6:32	9.2 (84.4%)
25	LORENC Łukasz	1082	WOLF TEAM	Elite Masters Mężczyzn	2	10:00	00:30:39	01:04:35	01:33:24	02:17:54.90	02:17:54.90	+00:22:16 (16.1%)	6:34	9.1 (83.5%)
26	FORMELA Piotr	1001	BIEGUN OCR TEAM	Elite Mężczyzn	24	10:00	00:31:34	01:05:48	01:34:34	02:18:00.10	02:18:00.10	+00:22:21 (16.2%)	6:34	9.1 (83.5%)
27	SAVANOVICH Vitali	1366		Elite Masters Mężczyzn	3	10:20	00:29:58	01:03:29	01:32:49	02:18:00.25	02:18:00.25	+00:22:21 (16.2%)	6:34	9.1 (83.5%)
28	JAŃCZUK Przemysław	1058	RUNMAGEDDON TEAM	Elite Mężczyzn	25	10:00	00:31:45	01:06:46	01:35:57	02:18:35.40	02:18:35.40	+00:22:56 (16.6%)	6:35	9.1 (83.5%)
29	BUDZISZ Krzysztof	1067	SOCIOS SILESIA	Elite Masters Mężczyzn	4	10:10	00:32:14	01:06:26	01:36:23	02:18:36.25	02:18:36.25	+00:22:57 (16.6%)	6:36	9.1 (83.5%)
30	KEMPNY Paweł	1070	SOCIOS SILESIA	Elite Mężczyzn	26	10:00	00:31:42	01:06:27	01:36:13	02:19:28.85	02:19:28.85	+00:23:50 (17.1%)	6:38	9 (82.6%)
31	MŁYŃSKI Mariusz	1044	OBSTACLE CENTER TEAM	Elite Mężczyzn	27	10:00	00:31:04	01:06:54	01:36:03	02:19:29.80	02:19:29.80	+00:23:51 (17.1%)	6:38	9 (82.6%)
32	WIENDLOCHA Paweł	1073	SOCIOS SILESIA	Elite Masters Mężczyzn	5	10:00	00:30:56	01:06:17	01:34:06	02:19:47.55	02:19:47.55	+00:24:08 (17.3%)	6:39	9 (82.6%)
33	RACZEK Radosław	1033	GORĄCY POTOK TEAM	Elite Mężczyzn	28	10:00	00:31:48	01:06:50	01:36:03	02:20:02.35	02:20:02.35	+00:24:23 (17.4%)	6:40	9 (82.6%)
34	KONKOL Dominik	1011	CARBON SILESIA SPORT	Elite Mężczyzn	29	10:00	00:32:01	01:06:56	01:35:45	02:20:10.35	02:20:10.35	+00:24:31 (17.5%)	6:40	9 (82.6%)
35	PISKAŁA Daniel	1055	POWER TRAINING	Elite Masters Mężczyzn	6	10:00	00:31:37	01:07:26	01:36:06	02:20:45.90	02:20:45.90	+00:25:07 (17.8%)	6:42	9 (82.6%)
36	MENZIŃSKI Przemysław	1004	BSB BARCZEWO BIEGA	Elite Mężczyzn	30	10:00	00:31:14	01:06:05	01:35:14	02:20:46.40	02:20:46.40	+00:25:07 (17.9%)	6:42	9 (82.6%)
37	BRZEZIŃSKI Bartosz	1221	RUNMAGEDDON TEAM	Elite Mężczyzn	31	10:20	00:30:25	01:04:29	01:33:26	02:20:53.90	02:20:53.90	+00:25:15 (17.9%)	6:42	8.9 (81.7%)
38	SZKURŁAT Tomasz	1056	POWER TRAINING	Elite Mężczyzn	32	10:00	00:33:51	01:09:20	01:39:37	02:23:27.55	02:23:27.55	+00:27:48 (19.4%)	6:49	8.8 (80.7%)

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39	OBSZYNSKI Marcin	1094		Elite Mężczyzn	33	10:00	00:32:22	01:07:49	01:37:44	02:24:17.75	02:24:17.75	+00:28:39 (19.9%)	6:52	8.7 (79.8%)
40	RYBAK Dawid	1036	K.S. CROSS SPORT WODZISŁAW ŚLĄSKI	Elite Mężczyzn	34	10:00	00:31:28	01:10:59	01:42:17	02:26:52.05	02:26:52.05	+00:31:13 (21.3%)	6:59	8.6 (78.9%)
41	PODGORSKI Marek	1062	RUNMAGEDDON TEAM	Elite Masters Mężczyzn	7	10:00	00:32:01	01:08:04	01:38:34	02:27:00.35	02:27:00.35	+00:31:21 (21.3%)	7:00	8.6 (78.9%)
42	KMIEĆ Adam	1010	CARBON SILESIA SPORT	Elite Mężczyzn	35	10:00	00:33:18	01:10:02	01:41:39	02:27:15.15	02:27:15.15	+00:31:36 (21.5%)	7:00	8.6 (78.9%)
43	PASTUSZKA Michał	1096		Elite Mężczyzn	36	10:00	00:33:43	01:11:22	01:42:27	02:27:40.85	02:27:40.85	+00:32:02 (21.7%)	7:01	8.5 (78.0%)
44	VEPŘEK Martin	1100		Elite Mężczyzn	37	10:10	00:33:18	01:10:41	01:41:38	02:28:13.75	02:28:13.75	+00:32:35 (22.0%)	7:03	8.5 (78.0%)
45	MACIEJEWSKI Łukasz	1072	SOCIOS SILESIA	Elite Mężczyzn	38	10:00	00:33:23	01:10:21	01:41:45	02:28:16.00	02:28:16.00	+00:32:37 (22.0%)	7:03	8.5 (78.0%)
46	STANCLIK Krzysztof	1016	CARBON SILESIA SPORT	Elite Mężczyzn	39	10:00	00:34:39	01:14:28	01:44:07	02:28:20.70	02:28:20.70	+00:32:42 (22.0%)	7:03	8.5 (78.0%)
47	KĘDZIORA Bogumił	1038	KONIU SQUAD	Elite Mężczyzn	40	10:00	00:34:08	01:11:33	01:42:30	02:30:13.00	02:30:13.00	+00:34:34 (23.0%)	7:09	8.4 (77.1%)
48	GORYCKI Piotr	1089		Elite Mężczyzn	41	10:00	00:33:41	01:11:10	01:41:40	02:30:43.65	02:30:43.65	+00:35:04 (23.3%)	7:10	8.4 (77.1%)
49	KARCZ Oskar	1039	LEMON TEAM	Elite Mężczyzn	42	10:10	00:34:00	01:10:37	01:43:22	02:31:21.85	02:31:21.85	+00:35:43 (23.6%)	7:12	8.3 (76.1%)
50	GOŁĘBIOWSKI Konrad	1007	CARBON SILESIA SPORT	Elite Mężczyzn	43	10:00	00:34:39	01:13:49	01:44:32	02:31:42.20	02:31:42.20	+00:36:03 (23.8%)	7:13	8.3 (76.1%)
51	SZATA Łukasz	1317		Elite Mężczyzn	44	10:20	00:34:23	01:11:49	01:43:46	02:33:04.40	02:33:04.40	+00:37:25 (24.5%)	7:17	8.2 (75.2%)
52	KOTALA Arkadiusz	1078	WATAHA	Elite Mężczyzn	45	10:00	00:34:14	01:12:08	01:44:43	02:33:09.05	02:33:09.05	+00:37:30 (24.5%)	7:17	8.2 (75.2%)
53	PAZOŁA Korneliusz	1251	WATAHA	Elite Mężczyzn	46	10:20	00:36:05	01:16:11	01:48:14	02:33:24.80	02:33:24.80	+00:37:46 (24.6%)	7:18	8.2 (75.2%)
54	GĘBARA Łukasz	1049	OCR TEAM DĘBICA	Elite Mężczyzn	47	10:00	00:34:52	01:13:12	01:45:59	02:34:03.70	02:34:03.70	+00:38:25 (24.9%)	7:20	8.2 (75.2%)
55	LORYCH Krystian	1002	BIEGUN OCR TEAM	Elite Masters Mężczyzn	8	10:00	00:34:17	01:12:11	01:44:11	02:34:15.00	02:34:15.00	+00:38:36 (25.0%)	7:20	8.2 (75.2%)
56	CHMIELORZ Józef	1006	CARBON SILESIA SPORT	Elite Mężczyzn	48	10:00	00:30:13	01:07:31	01:35:38	02:34:31.55	02:34:31.55	+00:38:52 (25.2%)	7:21	8.2 (75.2%)
57	HANDZLIK Wojciech	1022	DENISTEAM	Elite Mężczyzn	49	10:00	00:33:54	01:11:55	01:44:35	02:34:42.05	02:34:42.05	+00:39:03 (25.2%)	7:22	8.1 (74.3%)
58	BORUŃ Kamil	1085		Elite Mężczyzn	50	10:00	00:33:10	01:11:41	01:43:53	02:36:29.00	02:36:29.00	+00:40:50 (26.1%)	7:27	8.1 (74.3%)
59	HANUSIAK Leszek	1037	KONIU SQUAD	Elite Mężczyzn	51	10:00	00:35:59	01:15:34	01:48:44	02:37:05.95	02:37:05.95	+00:41:27 (26.4%)	7:28	8 (73.4%)
60	CZARNECKI Piotr	1196	OBSTACLE CENTER TEAM	Elite Masters Mężczyzn	9	10:10	00:36:20	01:14:59	01:46:55	02:37:45.60	02:37:45.60	+00:42:06 (26.7%)	7:30	8 (73.4%)
61	KALININ Jarosław	1057	RAJSPOORT ACTIVE	Elite Mężczyzn	52	10:00	00:31:16	01:06:12	01:37:30	02:37:45.95	02:37:45.95	+00:42:07 (26.7%)	7:30	8 (73.4%)

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62	SIKORA Grzegorz	1098		Elite Mężczyzn	53	10:00	00:33:55	01:12:45	01:45:24	02:38:21.65	02:38:21.65	+00:42:42 (27.0%)	7:32	8 (73.4%)
63	JUSZCZYK Piotr	1124	ĆPAJ_SPORT_WWA	Elite Mężczyzn	54	10:10	00:33:06	01:13:52	01:46:35	02:38:45.85	02:38:45.85	+00:43:07 (27.2%)	7:33	7.9 (72.5%)
64	ZAWILIŃSKI Mateusz	1024	DRAGON RUNNERS	Elite Mężczyzn	55	10:00	00:36:12		01:49:39	02:39:06.55	02:39:06.55	+00:43:27 (27.3%)	7:34	7.9 (72.5%)
65	KOŁAKOWSKI Krzysztof	1060	RUNMAGEDDON TEAM	Elite Mężczyzn	56	10:00	00:35:24	01:13:45	01:48:18	02:39:08.60	02:39:08.60	+00:43:29 (27.3%)	7:34	7.9 (72.5%)
66	KANIECKI Paweł	1208	WATAHA OCR PRZEMYŚL	Elite Masters Mężczyzn	10	10:10	00:36:20	01:15:51	01:47:58	02:40:34.10	02:40:34.10	+00:44:55 (28.0%)	7:38	7.8 (71.6%)
67	KORDIAK Rafał	1127	DENISTEAM	Elite Masters Mężczyzn	11	10:10	00:37:56	01:18:49	01:52:34	02:40:39.15	02:40:39.15	+00:45:00 (28.0%)	7:39	7.8 (71.6%)
68	DOMAGAŁA Dominik	1087		Elite Mężczyzn	57	10:00	00:34:04	01:14:04	01:47:38	02:41:05.40	02:41:05.40	+00:45:26 (28.2%)	7:40	7.8 (71.6%)
69	SEKERSKI Paweł	1134	DIRTY SPARROWS	Elite Mężczyzn	58	10:10	00:34:48	01:15:40	01:46:52	02:41:07.90	02:41:07.90	+00:45:29 (28.2%)	7:40	7.8 (71.6%)
70	JUSZKIEWICZ Dominik	1077	WATAHA	Elite Mężczyzn	59	10:10	00:34:28	01:11:46	01:44:45	02:41:35.90	02:41:35.90	+00:45:57 (28.4%)	7:41	7.8 (71.6%)
71	KUBRYCHT Michał	1212		Elite Mężczyzn	60	10:10	00:34:02	01:12:25	01:45:58	02:41:38.80	02:41:38.80	+00:46:00 (28.5%)	7:41	7.8 (71.6%)
72	TYCZYNO Wojciech	1252	WATAHA	Elite Masters Mężczyzn	12	10:20	00:36:12	01:16:04	01:48:41	02:41:58.35	02:41:58.35	+00:46:19 (28.6%)	7:42	7.8 (71.6%)
73	KLEWANIEC Jakub	1009	CARBON SILESIA SPORT	Elite Mężczyzn	61	10:00	00:34:57	01:14:36	01:48:14	02:42:06.80	02:42:06.80	+00:46:28 (28.7%)	7:43	7.8 (71.6%)
74	GAGON Denis	1020	DENISTEAM	Elite Mężczyzn	62	10:00	00:34:35	01:13:19	01:47:12	02:42:38.90	02:42:38.90	+00:47:00 (28.9%)	7:44	7.7 (70.6%)
75	PETELCZYC Piotr	1117	CARBON SILESIA SPORT	Elite Masters Mężczyzn	13	10:10	00:36:37	01:16:03	01:50:09	02:45:31.45	02:45:31.45	+00:49:52 (30.1%)	7:52	7.6 (69.7%)
76	PERKOWSKI Paweł	1054	POWER TRAINING	Elite Mężczyzn	63	10:00	00:37:29	01:18:03	01:52:03	02:46:15.85	02:46:15.85	+00:50:37 (30.4%)	7:55	7.6 (69.7%)
77	BUKAUSKAS Vidas	1047	OCR BALTIC WARRIORS	Elite Masters Mężczyzn	14	10:00	00:37:51	01:19:31	01:52:58	02:46:38.70	02:46:38.70	+00:51:00 (30.6%)	7:56	7.6 (69.7%)
78	GIZAK Michał	1228	SOCIOS SILESIA	Elite Mężczyzn	64	10:20	00:36:32	01:16:29	01:51:42	02:47:35.10	02:47:35.10	+00:51:56 (31.0%)	7:58	7.5 (68.8%)
79	ZIMIŃSKI Paweł	1261	WOLF TEAM	Elite Mężczyzn	65	10:20	00:38:09	01:19:48	01:54:44	02:47:55.10	02:47:55.10	+00:52:16 (31.1%)	7:59	7.5 (68.8%)
80	CIEŚLUKIEWICZ Damian	1050	OSPRO OCR	Elite Mężczyzn	66	10:00	00:36:33	01:18:07	01:52:24	02:48:15.00	02:48:15.00	+00:52:36 (31.3%)	8:00	7.5 (68.8%)
81	KARBOWSKI Sławomir	1125	CROSSFOX OCR	Elite Masters Mężczyzn	15	10:10	00:38:16	01:19:07	01:54:13	02:48:19.45	02:48:19.45	+00:52:40 (31.3%)	8:00	7.5 (68.8%)
82	JAŚKO Tomasz	1008	CARBON SILESIA SPORT	Elite Mężczyzn	67	10:00	00:38:01	01:21:35	01:54:57	02:48:46.70	02:48:46.70	+00:53:08 (31.5%)	8:02	7.5 (68.8%)
83	NAKREVIC Zbignev	1369	OCR BALTIC WARRIORS	Elite Mężczyzn	68	10:00	00:38:35	01:20:39	01:56:49	02:49:05.35	02:49:05.35	+00:53:26 (31.6%)	8:03	7.5 (68.8%)
84	CHOMICZ Krzysztof	1068	SOCIOS SILESIA	Elite Masters Mężczyzn	16	10:00	00:32:00	01:15:09	01:47:29	02:49:17.70	02:49:17.70	+00:53:39 (31.7%)	8:03	7.4 (67.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 6km	Miasteczko 12km	Punkt Rege 18km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
85	BARANAUSKAS Darius	1046	OCR BALTIC WARRIORS	Elite Mężczyzn	69	10:00	00:37:36	01:18:16	01:53:48	02:49:21.55	02:49:21.55	+00:53:42 (31.7%)	8:03	7.4 (67.9%)
86	JUDEK Łukasz	1091		Elite Masters Mężczyzn	17	10:00	00:36:22	01:17:04	01:53:16	02:50:58.50	02:50:58.50	+00:55:19 (32.4%)	8:08	7.4 (67.9%)
87	STAROSZYŃSKI Dawid	1017	CARBON SILESIA SPORT	Elite Mężczyzn	70	10:00	00:36:20	01:15:41	01:49:21	02:51:20.05	02:51:20.05	+00:55:41 (32.5%)	8:09	7.4 (67.9%)
88	MORA Karol	1014	CARBON SILESIA SPORT	Elite Mężczyzn	71	10:00	00:36:17	01:17:34	01:54:30	02:51:25.55	02:51:25.55	+00:55:46 (32.5%)	8:09	7.4 (67.9%)
89	BRZESKI Robert	1019	CROSSELITE	Elite Masters Mężczyzn	18	10:10	00:37:21	01:20:13	01:55:36	02:53:05.65	02:53:05.65	+00:57:26 (33.2%)	8:14	7.3 (67.0%)
90	ODWROT Mariusz	1301		Elite Masters Mężczyzn	19	10:20	00:39:12	01:21:15	01:57:55	02:53:12.25	02:53:12.25	+00:57:33 (33.2%)	8:14	7.3 (67.0%)
91	BARAN Dawid	1026	DZICY OGRODNICY	Elite Mężczyzn	72	10:00	00:39:10	01:20:29	01:55:31	02:53:23.30	02:53:23.30	+00:57:44 (33.3%)	8:15	7.3 (67.0%)
92	JAKUBIK Dawid	1090		Elite Mężczyzn	73	10:00	00:37:28	01:21:50	01:58:04	02:54:23.85	02:54:23.85	+00:58:45 (33.7%)	8:18	7.2 (66.1%)
93	KNOP Marcin	1176	LEMON TEAM	Elite Mężczyzn	74	10:10	00:37:14	01:18:16	01:51:58	02:55:07.35	02:55:07.35	+00:59:28 (34.0%)	8:20	7.2 (66.1%)
94	LANGER Piotr	1074	WARRIORS ŁÓDŹ	Elite Mężczyzn	75	10:00	00:41:09	01:21:32	01:58:08	02:55:15.40	02:55:15.40	+00:59:36 (34.0%)	8:20	7.2 (66.1%)
95	KUBIESA Jakub	1012	CARBON SILESIA SPORT	Elite Masters Mężczyzn	20	10:00	00:37:26	01:19:44	01:54:50	02:55:19.60	02:55:19.60	+00:59:40 (34.0%)	8:20	7.2 (66.1%)
96	KRYSZTOFIAK Damian	1243	UNITED RUNNERS	Elite Masters Mężczyzn	21	10:20	00:39:08	01:23:02	02:01:40	02:55:27.70	02:55:27.70	+00:59:49 (34.1%)	8:21	7.2 (66.1%)
97	KABAJ Przemysław	1104	BEFIT24TEAM	Elite Mężczyzn	76	10:10	00:36:12	01:18:05	01:54:27	02:56:09.95	02:56:09.95	+01:00:31 (34.4%)	8:23	7.2 (66.1%)
98	PIOTROWSKI Kamil	1133	DIRTY SPARROWS	Elite Mężczyzn	77	10:10	00:37:32	01:18:23	01:54:01	02:56:17.70	02:56:17.70	+01:00:39 (34.4%)	8:23	7.1 (65.1%)
99	SZKLARSKI Przemysław	1119	CARBON SILESIA SPORT	Elite Masters Mężczyzn	22	10:10	00:38:25	01:20:55	01:57:35	02:56:26.40	02:56:26.40	+01:00:47 (34.5%)	8:24	7.1 (65.1%)
100	KORNAS Szymon	1029	FIT MORE RYBNIK	Elite Mężczyzn	78	10:00	00:37:51	01:20:57	02:00:27	02:57:01.40	02:57:01.40	+01:01:22 (34.7%)	8:25	7.1 (65.1%)
101	ZACHAREK Piotr	1326		Elite Mężczyzn	79	10:20	00:39:27	01:22:26	01:58:11	02:57:14.35	02:57:14.35	+01:01:35 (34.8%)	8:26	7.1 (65.1%)
102	GUTOWICZ Marcin	1281		Elite Masters Mężczyzn	23	10:20	00:38:40	01:19:33	01:53:30	02:57:21.50	02:57:21.50	+01:01:42 (34.8%)	8:26	7.1 (65.1%)
103	GORSIAK Jacek	1160	HUSARIA RACE TEAM	Elite Mężczyzn	80	10:10	00:38:33	01:23:28	02:00:00	02:57:21.80	02:57:21.80	+01:01:43 (34.8%)	8:26	7.1 (65.1%)
104	PODSIADŁY Paweł	1118	CARBON SILESIA SPORT	Elite Mężczyzn	81	10:10	00:37:58	01:21:10	01:59:09	02:58:05.25	02:58:05.25	+01:02:26 (35.1%)	8:28	7.1 (65.1%)
105	CIASTOŃ Bartłomiej	1272		Elite Mężczyzn	82	10:20	00:40:24	01:23:43	02:01:48	02:59:18.90	02:59:18.90	+01:03:40 (35.5%)	8:32	7 (64.2%)
106	ZIARKOWSKI Mirosław	1145	FIT MORE RYBNIK	Elite Masters Mężczyzn	24	10:10	00:38:44	01:22:57	01:59:59	02:59:56.70	02:59:56.70	+01:04:18 (35.7%)	8:34	7 (64.2%)
107	NOWIŃSKI Marcin	1135	DRAGON RUNNERS	Elite Mężczyzn	83	10:10	00:38:19	01:19:27	01:53:35	03:00:15.65	03:00:15.65	+01:04:36 (35.8%)	8:35	7 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 6km	Miasteczko 12km	Punkt Rege 18km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
108	RYBSZLEGER Piotr	1313		Elite Mężczyzn	84	10:20	00:37:23	01:18:12	01:54:14	03:00:49.60	03:00:49.60	+01:05:10 (36.0%)	8:36	7 (64.2%)
109	SKUPIEŃ Michał	1144	FIT MORE RYBNIK	Elite Mężczyzn	85	10:10	00:39:45	01:22:52	01:58:32	03:00:49.70	03:00:49.70	+01:05:11 (36.0%)	8:36	7 (64.2%)
110	PABIN Paweł	1132	DIRTY SPARROWS	Elite Mężczyzn	86	10:10	00:38:07	01:21:56	01:58:10	03:01:02.45	03:01:02.45	+01:05:23 (36.1%)	8:37	7 (64.2%)
111	KURTYKA Przemysław	1143	FIT MORE RYBNIK	Elite Mężczyzn	87	10:10	00:40:58	01:27:50	02:03:24	03:01:12.35	03:01:12.35	+01:05:33 (36.2%)	8:37	7 (64.2%)
112	RADNY Michał	1168	KONIU SQUAD	Elite Mężczyzn	88	10:10	00:40:39	01:24:48	02:00:33	03:01:16.90	03:01:16.90	+01:05:38 (36.2%)	8:37	7 (64.2%)
113	DUKIEWICZ Dariusz	1081	WOLF TEAM	Elite Mężczyzn	89	10:00	00:37:16	01:17:05	01:51:32	03:01:27.10	03:01:27.10	+01:05:48 (36.3%)	8:38	6.9 (63.3%)
114	OGIŃSKI Szymon	1207	WARRIORS ŁÓDŹ	Elite Mężczyzn	90	10:10	00:41:28	01:26:44	02:01:28	03:02:00.90	03:02:00.90	+01:06:22 (36.5%)	8:40	6.9 (63.3%)
115	NAPIERAŁSKI Krzysztof	1027	DZIKIE DZIKI GORZÓW	Elite Masters Mężczyzn	25	10:00	00:39:24	01:24:19	02:02:50	03:02:15.40	03:02:15.40	+01:06:36 (36.5%)	8:40	6.9 (63.3%)
116	TROJANOWSKI Artur	1018	CARBON SILESIA SPORT	Elite Mężczyzn	91	10:00	00:32:04	01:13:40	01:45:50	03:02:46.20	03:02:46.20	+01:07:07 (36.7%)	8:42	6.9 (63.3%)
117	CEREMUGA Robert	1005	CARBON SILESIA SPORT	Elite Mężczyzn	92	10:00	00:42:42	01:28:41	02:07:18	03:03:10.35	03:03:10.35	+01:07:31 (36.9%)	8:43	6.9 (63.3%)
118	WŁODARCZYK Jan	1169	KONIU SQUAD	Elite Mężczyzn	93	10:10	00:41:38	01:25:19	02:00:23	03:04:05.55	03:04:05.55	+01:08:26 (37.2%)	8:45	6.8 (62.4%)
119	MORAWSKI Grzegorz	1295		Elite Mężczyzn	94	10:20	00:40:51	01:27:44	02:05:37	03:04:14.35	03:04:14.35	+01:08:35 (37.2%)	8:46	6.8 (62.4%)
120	PAWLICKI Rafał	1148	FITPARK TEAM	Elite Mężczyzn	95	10:10	00:40:03	01:28:56	02:06:21	03:05:00.80	03:05:00.80	+01:09:22 (37.5%)	8:48	6.8 (62.4%)
121	DUNAJ Kamil	1275		Elite Mężczyzn	96	10:20	00:37:07	01:17:51	01:55:06	03:05:03.55	03:05:03.55	+01:09:24 (37.5%)	8:48	6.8 (62.4%)
122	KŁOS Cezary	1288		Elite Mężczyzn	97	10:20	00:38:02	01:25:24	02:03:07	03:05:23.15	03:05:23.15	+01:09:44 (37.6%)	8:49	6.8 (62.4%)
123	MACHURA Marcin	1213		Elite Mężczyzn	98	10:10	00:39:01	01:24:36	02:02:52	03:05:56.60	03:05:56.60	+01:10:17 (37.8%)	8:51	6.8 (62.4%)
124	MECHTA Sebastian	1234	STUDIO ENERGIA TEAM RYBNIK	Elite Masters Mężczyzn	26	10:20	00:41:18	01:26:17	02:05:56	03:06:17.10	03:06:17.10	+01:10:38 (37.9%)	8:52	6.8 (62.4%)
125	MAROŃ Tomasz	1165	KLONO TEAM	Elite Mężczyzn	99	10:10	00:38:46	01:23:53	02:02:54	03:06:43.10	03:06:43.10	+01:11:04 (38.1%)	8:53	6.7 (61.5%)
126	DOBROWOLSKI Piotr	1274		Elite Mężczyzn	100	10:20	00:40:40	01:25:22	02:01:58	03:06:43.80	03:06:43.80	+01:11:05 (38.1%)	8:53	6.7 (61.5%)
127	KULICA Tomasz	1115	CARBON SILESIA SPORT	Elite Mężczyzn	101	10:10	00:40:17	01:23:36	02:02:24	03:07:08.30	03:07:08.30	+01:11:29 (38.2%)	8:54	6.7 (61.5%)
128	SURMACH Andrei	1199	OBSTACLE CENTER TEAM	Elite Mężczyzn	102	10:10	00:41:16	01:28:06	02:07:26	03:07:20.40	03:07:20.40	+01:11:41 (38.3%)	8:55	6.7 (61.5%)
129	KOVAL Vasyl	1289		Elite Mężczyzn	103	10:20	00:42:52	01:25:52	01:59:55	03:07:23.90	03:07:23.90	+01:11:45 (38.3%)	8:55	6.7 (61.5%)
130	GĄSZCZ Krzysztof	1278		Elite Mężczyzn	104	10:20	00:39:55	01:25:12	02:06:24	03:08:25.15	03:08:25.15	+01:12:46 (38.6%)	8:58	6.7 (61.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 6km	Miasteczko 12km	Punkt Rege 18km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
131	PREWYSZ-KWINTO Mateusz	1045	OBSTACLE CENTER TEAM	Elite Mężczyzn	105	10:00	00:46:03	01:32:55	02:09:01	03:08:45.80	03:08:45.80	+01:13:07 (38.7%)	8:59	6.7 (61.5%)
132	ALEKSANDROWICZ Daniel	1107	CARBON SILESIA SPORT	Elite Mężczyzn	106	10:10	00:41:08	01:26:32	02:05:12	03:08:51.80	03:08:51.80	+01:13:13 (38.8%)	8:59	6.7 (61.5%)
133	WITKOWSKI Rafał	1253	WATAHA	Elite Mężczyzn	107	10:20	00:39:18	01:24:36	02:03:57	03:09:32.80	03:09:32.80	+01:13:54 (39.0%)	9:01	6.6 (60.6%)
134	JAKUSZEK Piotr	1076	WATAHA	Elite Mężczyzn	108	10:00	00:35:04	01:15:10	01:58:55	03:09:41.45	03:09:41.45	+01:14:02 (39.0%)	9:01	6.6 (60.6%)
135	SIENKIEWICZ Kamil	1161	HUSARIA RACE TEAM	Elite Mężczyzn	109	10:10	00:39:31	01:24:23	02:04:31	03:09:57.80	03:09:57.80	+01:14:19 (39.1%)	9:02	6.6 (60.6%)
136	WOŁOSZYN Tomasz	1205	SOCIOS SILESIA	Elite Mężczyzn	110	10:10	00:48:36	01:36:59	02:15:53	03:10:34.45	03:10:34.45	+01:14:55 (39.3%)	9:04	6.6 (60.6%)
137	RUDNICKI Marcin	1097		Elite Masters Mężczyzn	27	10:00	00:37:22	01:20:30	01:59:05	03:10:38.00	03:10:38.00	+01:14:59 (39.3%)	9:04	6.6 (60.6%)
138	MIZGALSKI Jacek	1025	DZIADY OCR	Elite Masters Mężczyzn	28	10:00	00:39:12	01:23:17	01:57:59	03:11:02.05	03:11:02.05	+01:15:23 (39.5%)	9:05	6.6 (60.6%)
139	PIONK Tadeusz	1170	KONTENER FORMY	Elite Masters Mężczyzn	29	10:10	00:40:24	01:22:43	01:59:47	03:11:36.50	03:11:36.50	+01:15:57 (39.6%)	9:07	6.6 (60.6%)
140	CIESLAK Ryszard	1126	DENISTEAM	Elite Masters Mężczyzn	30	10:10	00:43:01	01:29:45	02:09:01	03:11:54.30	03:11:54.30	+01:16:15 (39.7%)	9:08	6.6 (60.6%)
141	LIPIEC Paweł	1292		Elite Mężczyzn	111	10:20	00:41:18	01:25:24	02:02:23	03:11:57.90	03:11:57.90	+01:16:19 (39.8%)	9:08	6.6 (60.6%)
142	KARCZEWSKI Adam	1034	HOLDTHELINE	Elite Mężczyzn	112	10:00	00:37:57	01:23:42	02:02:01	03:12:17.30	03:12:17.30	+01:16:38 (39.9%)	9:09	6.6 (60.6%)
143	WYLĘŻEK Mateusz	1121	CARBON SILESIA SPORT	Elite Mężczyzn	113	10:10	00:36:07	01:19:29	01:53:31	03:13:30.70	03:13:30.70	+01:17:52 (40.2%)	9:12	6.5 (59.6%)
144	MOSTOWSKI Radosław	1206	WARRIORS ŁÓDŹ	Elite Mężczyzn	114	10:10	00:42:46	01:35:06	02:14:25	03:14:15.70	03:14:15.70	+01:18:37 (40.5%)	9:15	6.5 (59.6%)
145	KMIECIAK Grzegorz	1247	WARRIORS ŁÓDŹ	Elite Mężczyzn	115	10:20	00:42:03	01:30:30	02:09:40	03:14:57.10	03:14:57.10	+01:19:18 (40.7%)	9:17	6.5 (59.6%)
146	KNIAŹ Tomasz	1157	HELL'S HEAVEN SZCZECIN	Elite Masters Mężczyzn	31	10:10	00:40:03	01:27:55	02:09:58	03:15:18.25	03:15:18.25	+01:19:39 (40.8%)	9:18	6.5 (59.6%)
147	KOZIOŁ Kamil	1114	CARBON SILESIA SPORT	Elite Mężczyzn	116	10:10	00:36:22	01:17:17	01:51:31	03:15:27.65	03:15:27.65	+01:19:48 (40.8%)	9:18	6.4 (58.7%)
148	RAKOWSKI Przemysław	1179	MELVIT TEAM	Elite Mężczyzn	117	10:10	00:40:48	01:27:44	02:04:05	03:16:07.85	03:16:07.85	+01:20:29 (41.0%)	9:20	6.4 (58.7%)
149	HAJEWSKI Michał	1112	CARBON SILESIA SPORT	Elite Masters Mężczyzn	32	10:10	00:42:42	01:30:33	02:09:15	03:16:20.90	03:16:20.90	+01:20:42 (41.1%)	9:20	6.4 (58.7%)
150	JANISZEWSKI Grzegorz	1139	DZIADY OCR	Elite Masters Mężczyzn	33	10:10	00:43:11	01:31:13	02:09:39	03:19:39.30	03:19:39.30	+01:24:00 (42.1%)	9:30	6.3 (57.8%)
151	CHODORSKI Łukasz	1195	OBSTACLE CENTER TEAM	Elite Mężczyzn	118	10:10	00:46:26	01:31:22	02:14:58	03:19:43.00	03:19:43.00	+01:24:04 (42.1%)	9:30	6.3 (57.8%)
152	PABIAN Karol	1303		Elite Mężczyzn	119	10:20	00:41:22	01:30:31	02:09:57	03:20:07.50	03:20:07.50	+01:24:28 (42.2%)	9:31	6.3 (57.8%)
153	ROJEWSKI Piotr	1149	FITPARK TEAM	Elite Mężczyzn	120	10:10	00:42:05	01:27:50	02:04:04	03:20:56.00	03:20:56.00	+01:25:17 (42.4%)	9:34	6.3 (57.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 6km	Miasteczko 12km	Punkt Rege 18km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
154	MIESZCZANIN Adrian	1294		Elite Mężczyzn	121	10:20	00:42:25	01:29:09	02:07:34	03:22:53.15	03:22:53.15	+01:27:14 (43.0%)	9:39	6.2 (56.9%)
155	DĄBROWSKI Krzysztof	1224	SOCIOS SILESIA	Elite Masters Mężczyzn	34	10:20	00:45:26	01:32:42	02:17:26	03:22:58.15	03:22:58.15	+01:27:19 (43.0%)	9:39	6.2 (56.9%)
156	GÓRKA Marcin	1023	DRAGON RUNNERS	Elite Mężczyzn	122	10:00	00:46:00	01:38:14	02:19:33	03:23:05.60	03:23:05.60	+01:27:26 (43.1%)	9:40	6.2 (56.9%)
157	DOMAŃSKI Karol	1210		Elite Mężczyzn	123	10:10	00:43:15	01:30:30	02:11:01	03:23:11.80	03:23:11.80	+01:27:33 (43.1%)	9:40	6.2 (56.9%)
158	RYBCZYŃSKI Michał	1102	ATLAS RUNNING TEAM	Elite Mężczyzn	124	10:10	00:42:51	01:29:29	02:11:37	03:24:09.20	03:24:09.20	+01:28:30 (43.4%)	9:43	6.2 (56.9%)
159	ŁUKASIK Łukasz	1053	POWER TRAINING	Elite Mężczyzn	125	10:00	00:45:57	01:34:55	02:17:58	03:25:15.50	03:25:15.50	+01:29:36 (43.7%)	9:46	6.1 (56.0%)
160	PAWLIKOWSKI Piotrek	1255	WATAHA OCR PRZEMYŚL	Elite Mężczyzn	126	10:20	00:45:11	01:31:25	02:13:36	03:25:21.10	03:25:21.10	+01:29:42 (43.7%)	9:46	6.1 (56.0%)
161	PELC Hubert	1256	WATAHA OCR PRZEMYŚL	Elite Mężczyzn	127	10:20	00:45:19	01:31:25	02:13:44	03:25:31.85	03:25:31.85	+01:29:53 (43.7%)	9:47	6.1 (56.0%)
162	BUDZYŃSKI Adam	1242	UNITED RUNNERS	Elite Masters Mężczyzn	35	10:20	00:44:15	01:31:47	02:15:27	03:26:08.45	03:26:08.45	+01:30:29 (43.9%)	9:48	6.1 (56.0%)
163	JANISZEWSKI Dariusz	1282		Elite Mężczyzn	128	10:20	00:43:42	01:33:19	02:10:27	03:27:35.10	03:27:35.10	+01:31:56 (44.3%)	9:53	6.1 (56.0%)
164	LATOPOLSKI Piotr	1235	TEAM OCR - KWIDZYN	Elite Masters Mężczyzn	36	10:20	00:44:36	01:32:16	02:11:34	03:27:35.40	03:27:35.40	+01:31:56 (44.3%)	9:53	6.1 (56.0%)
165	ANOWSKI Adrian	1041	OBSTACLE CENTER TEAM	Elite Mężczyzn	129	10:00	00:46:02	01:32:42	02:16:53	03:28:07.95	03:28:07.95	+01:32:29 (44.4%)	9:54	6.1 (56.0%)
166	BOGUSKI Adam	1268		Elite Mężczyzn	130	10:20	00:43:01	01:28:32	02:08:08	03:28:10.45	03:28:10.45	+01:32:31 (44.4%)	9:54	6.1 (56.0%)
167	WALICKI Michał	1214		Elite Masters Mężczyzn	37	10:10	00:41:25	01:32:13	02:11:22	03:29:06.45	03:29:06.45	+01:33:27 (44.7%)	9:57	6 (55.0%)
168	WIECZOREK Mateusz	1373	XRUNNERS	Elite Mężczyzn	131	10:10	00:42:09	01:28:38	02:09:16	03:17:58.90	03:29:48.75	+01:34:10 (44.9%)	9:25	6.4 (58.7%)
169	KOLASIŃSKI Jakub	1131	DIRTY SPARROWS	Elite Mężczyzn	132	10:10	00:44:23	01:34:06	02:17:07	03:30:16.05	03:30:16.05	+01:34:37 (45.0%)	10:00	6 (55.0%)
170	SZOT Maksymilian	1319		Elite Mężczyzn	133	10:20	00:47:58	01:40:33	02:22:33	03:30:45.15	03:30:45.15	+01:35:06 (45.1%)	10:02	6 (55.0%)
171	NIKIEL Dariusz	1368	SKLEP NIKIEL	Elite Masters Mężczyzn	38	10:20	00:48:03	01:45:04	02:28:14	03:33:37.15	03:33:37.15	+01:37:58 (45.9%)	10:10	5.9 (54.1%)
172	WISNIEWSKI Daniel	1158	HELLS HEAVEN OCR SZCZECIN	Elite Masters Mężczyzn	39	10:10	00:41:46	01:31:25	02:13:48	03:34:02.45	03:34:02.45	+01:38:23 (46.0%)	10:11	5.9 (54.1%)
173	PIETROŃ Łukasz	1197	OBSTACLE CENTER TEAM	Elite Mężczyzn	134	10:10	00:45:03	01:40:10	02:29:15	03:34:11.20	03:34:11.20	+01:38:32 (46.0%)	10:11	5.9 (54.1%)
174	MAZGAJ Konrad	1166	KONIU SQUAD	Elite Mężczyzn	135	10:10	00:47:21	01:40:20	02:23:53	03:34:12.10	03:34:12.10	+01:38:33 (46.0%)	10:12	5.9 (54.1%)
175	KOWALSKI Dominik	1113	CARBON SILESIA SPORT	Elite Masters Mężczyzn	40	10:10	00:38:02	01:22:13	01:58:26	03:34:45.75	03:34:45.75	+01:39:07 (46.2%)	10:13	5.9 (54.1%)
176	GERSTNER Tomasz	1111	CARBON SILESIA SPORT	Elite Mężczyzn	136	10:10	00:50:22	01:40:52	02:24:51	03:35:57.05	03:35:57.05	+01:40:18 (46.4%)	10:17	5.8 (53.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 6km	Miasteczko 12km	Punkt Rege 18km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
177	MIKULEWICZ Przemysław	1183	MOVE. TEAM	Elite Mężczyzn	137	10:10	00:44:25	01:33:41	02:12:50	03:42:38.70	03:42:38.70	+01:47:00 (48.1%)	10:36	5.7 (52.3%)
178	BAGDZIŃSKI Daniel	1182	MOVE. TEAM	Elite Masters Mężczyzn	41	10:10	00:44:25	01:33:50	02:12:54	03:42:38.75	03:42:38.75	+01:47:00 (48.1%)	10:36	5.7 (52.3%)
179	GÓRNIAK Robert	1141	EX TEAM	Elite Masters Mężczyzn	42	10:10	00:49:18	01:42:16	02:26:52	03:42:52.60	03:42:52.60	+01:47:13 (48.1%)	10:36	5.7 (52.3%)
180	MIERZICKI Marcel	1220	POWER TRAINING	Elite Masters Mężczyzn	43	10:20	00:49:13	01:45:21	02:31:41	03:45:12.00	03:45:12.00	+01:49:33 (48.6%)	10:43	5.6 (51.4%)
181	FACISZEWSKI Adam	1175	LEMON TEAM	Elite Mężczyzn	138	10:10	00:46:33	01:44:09	02:29:21	03:45:26.30	03:45:26.30	+01:49:47 (48.7%)	10:44	5.6 (51.4%)
182	SYPOSZ Marcin	1217	OSPRO OCR	Elite Mężczyzn	139	10:20	00:48:20	01:43:58	02:29:34	03:47:34.30	03:47:34.30	+01:51:55 (49.2%)	10:50	5.5 (50.5%)
183	TUTAJ Jakub	1241	UNIT37	Elite Masters Mężczyzn	44	10:20	00:47:57	01:40:31	02:24:37	03:47:37.75	03:47:37.75	+01:51:59 (49.2%)	10:50	5.5 (50.5%)
184	PAWŁOWSKI Piotr	1304		Elite Mężczyzn	140	10:20	00:41:54	01:25:43	02:04:20	03:47:48.80	03:47:48.80	+01:52:10 (49.2%)	10:50	5.5 (50.5%)
185	SIEWIERSKI Maciej	1216	OSPRO OCR	Elite Mężczyzn	141	10:20	00:50:19	01:43:45	02:28:17	03:48:06.30	03:48:06.30	+01:52:27 (49.3%)	10:51	5.5 (50.5%)
186	WĘCLEWSKI Wojciech	1194	NORMALNY ZWIĄZEK	Elite Mężczyzn	142	10:10	00:46:49	01:39:00	02:27:52	03:48:48.40	03:48:48.40	+01:53:09 (49.5%)	10:53	5.5 (50.5%)
187	GRUBKAJTYS Henryk	1233	SPORTOWE ZAKAPIORY	Elite Mężczyzn	143	10:20	00:46:02	01:38:09	02:26:56	03:50:42.40	03:50:42.40	+01:55:03 (49.9%)	10:59	5.5 (50.5%)
188	GUMNY Maciej	1280		Elite Mężczyzn	144	10:20	00:46:11	01:43:12	02:27:45	03:51:47.50	03:51:47.50	+01:56:08 (50.1%)	11:02	5.4 (49.5%)
189	BACHURA Grzegorz	1266		Elite Mężczyzn	145	10:20	00:46:31	01:36:03	02:22:03	03:52:43.80	03:52:43.80	+01:57:05 (50.3%)	11:04	5.4 (49.5%)
190	JESKA Tomasz	1130	DIRTY SPARROWS	Elite Masters Mężczyzn	45	10:10	00:38:08	01:22:13	01:56:38	03:52:51.20	03:52:51.20	+01:57:12 (50.3%)	11:05	5.4 (49.5%)
191	GIEMZA Michał	1264	ZESTAW ZEGARKÓW MARKI ADRIATICA	Elite Mężczyzn	146	10:20	00:52:33	01:49:19	02:38:14	03:53:49.30	03:53:49.30	+01:58:10 (50.5%)	11:08	5.4 (49.5%)
192	WEJKNIS Krzysztof	1203	OCR SPORT GRIP KRZYSZTOF WEJKNIS	Elite Masters Mężczyzn	46	10:10	00:49:17	01:43:43	02:30:30	03:55:02.90	03:55:02.90	+01:59:24 (50.8%)	11:11	5.4 (49.5%)
193	PURZYCKI Remigiusz	1309		Elite Mężczyzn	147	10:20	00:45:08	01:37:55	02:23:20	03:55:50.55	03:55:50.55	+02:00:11 (51.0%)	11:13	5.3 (48.6%)
194	GREGOR Adam	1142	EY OCR TEAM	Elite Mężczyzn	148	10:10	00:47:03	01:36:30	02:23:38	03:56:21.00	03:56:21.00	+02:00:42 (51.1%)	11:15	5.3 (48.6%)
195	KRAWCZAK Emil	1290		Elite Mężczyzn	149	10:20	00:48:26	01:45:53	02:33:51	03:59:12.35	03:59:12.35	+02:03:33 (51.7%)	11:23	5.3 (48.6%)
196	JEZIORSKI Marcin	1283		Elite Masters Mężczyzn	47	10:20	00:44:07	01:31:48	02:15:01	04:00:08.65	04:00:08.65	+02:04:29 (51.8%)	11:26	5.2 (47.7%)
197	POMIANEK Michał	1306		Elite Mężczyzn	150	10:20	00:50:26	01:46:52	02:32:43	04:00:09.90	04:00:09.90	+02:04:31 (51.8%)	11:26	5.2 (47.7%)
198	DERA Grzegorz	1273		Elite Mężczyzn	151	10:20	00:41:20	01:26:10	02:04:55	04:01:24.90	04:01:24.90	+02:05:46 (52.1%)	11:29	5.2 (47.7%)
199	OSZCZEPALSKI Krzysztof	1302		Elite Mężczyzn	152	10:20	00:46:56	01:38:41	02:23:45	04:01:46.55	04:01:46.55	+02:06:07 (52.2%)	11:30	5.2 (47.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 6km	Miasteczko 12km	Punkt Rege 18km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
200	KACZMAREK Andrzej	1092		Elite Mężczyzn	153	10:00	00:48:54	01:41:53	02:28:14	04:04:17.65	04:04:17.65	+02:08:38 (52.7%)	11:37	5.2 (47.7%)
201	ROLNIK Tomasz	1259	WIELUŃ BIEGA	Elite Mężczyzn	154	10:20	00:50:47	01:51:41	02:39:07	04:05:26.85	04:05:26.85	+02:09:48 (52.9%)	11:41	5.1 (46.8%)
202	ŚLIWA Krzysztof	1173	LACROIX TEAM	Elite Mężczyzn	155	10:10	01:04:04	02:01:04	02:48:58	04:05:34.10	04:05:34.10	+02:09:55 (52.9%)	11:41	5.1 (46.8%)
203	BIELICKI Wojciech	1172	LACROIX TEAM	Elite Mężczyzn	156	10:10	01:04:04	02:01:04	02:49:59	04:05:34.20	04:05:34.20	+02:09:55 (52.9%)	11:41	5.1 (46.8%)
204	PORKUSZEWSKI Konrad	1308		Elite Mężczyzn	157	10:20	00:47:41	01:40:07	02:36:06	04:07:45.20	04:07:45.20	+02:12:06 (53.3%)	11:47	5.1 (46.8%)
205	JESSWEIN Filip	1218	POWER TRAINING	Elite Mężczyzn	158	10:20	00:49:21	01:48:57	02:36:15	04:07:50.35	04:07:50.35	+02:12:11 (53.3%)	11:48	5.1 (46.8%)
206	KOŚCIELNY Jacek	1238	UNIT37	Elite Mężczyzn	159	10:20	00:48:46	01:50:21	02:40:18	04:08:07.35	04:08:07.35	+02:12:28 (53.4%)	11:48	5.1 (46.8%)
207	FERDYNAND Mateusz	1185	MR.TEAM	Elite Mężczyzn	160	10:10	01:06:23	02:09:17	02:55:55	04:08:40.20	04:08:40.20	+02:13:01 (53.5%)	11:50	5.1 (46.8%)
208	MIELCARZ Tomasz	1105	BIEGOWE DZIKI OCR	Elite Mężczyzn	161	10:10	00:46:28	01:41:02	02:32:22	04:13:51.30	04:13:51.30	+02:18:12 (54.4%)	12:05	5 (45.9%)
209	POLIT Bartłomiej	1191	NINJA TEAM	Elite Mężczyzn	162	10:10	00:52:36	01:50:12	02:39:24	04:16:07.10	04:16:07.10	+02:20:28 (54.8%)	12:11	4.9 (45.0%)
210	BUŁA Mariusz	1151	FURIA TEAM	Elite Mężczyzn	163	10:10	00:52:59	01:55:24	02:44:48	04:16:17.70	04:16:17.70	+02:20:39 (54.9%)	12:12	4.9 (45.0%)
211	STACHURSKI Bartosz	1240	UNIT37	Elite Masters Mężczyzn	48	10:20	00:48:46	01:50:24	02:40:16	04:17:27.80	04:17:27.80	+02:21:49 (55.1%)	12:15	4.9 (45.0%)
212	FILIPIAK Krzysztof	1186	MR.TEAM	Elite Mężczyzn	164	10:10	01:06:25	02:09:19	02:55:53	04:17:37.65	04:17:37.65	+02:21:58 (55.1%)	12:16	4.9 (45.0%)
213	ADAMCZEWSKI Arkadiusz	1181	MOVE. TEAM	Elite Masters Mężczyzn	49	10:10	00:44:24	01:35:22	02:17:58	04:17:58.15	04:17:58.15	+02:22:19 (55.2%)	12:17	4.9 (45.0%)
214	ZAWADKA Mariusz	1223	SAME KONIE	Elite Masters Mężczyzn	50	10:20	00:43:13	01:29:03	02:08:38	04:25:07.20	04:25:07.20	+02:29:28 (56.4%)	12:37	4.8 (44.0%)
215	JURKIEWICZ Krzysztof	1137	DRUNK	Elite Mężczyzn	165	10:10	00:59:51	02:16:02	03:14:02	04:25:20.80	04:25:20.80	+02:29:42 (56.4%)	12:38	4.7 (43.1%)
216	BOGOBOWICZ Marek	1193	NORMALNY ZWIĄZEK	Elite Mężczyzn	166	10:10	00:46:50	01:37:25	02:28:10	04:28:20.60	04:28:20.60	+02:32:41 (56.9%)	12:46	4.7 (43.1%)
217	LORANC Paweł	1128	DENISTEAM	Elite Masters Mężczyzn	51	10:10	00:49:57	01:48:58	02:46:08	04:29:27.10	04:29:27.10	+02:33:48 (57.1%)	12:49	4.7 (43.1%)
217	GORZEŃ Krzysztof	1178	ŁOWCY PIEROŻKÓW	Elite Mężczyzn	167	10:10	00:52:36	01:50:12	02:39:23	04:29:27.10	04:29:27.10	+02:33:48 (57.1%)	12:49	4.7 (43.1%)
219	BATURA Adrian	1184	MR.TEAM	Elite Mężczyzn	168	10:10	01:06:26	02:09:18	02:55:49	04:30:18.75	04:30:18.75	+02:34:40 (57.2%)	12:52	4.7 (43.1%)
220	SZOPA Beniamin	1152	FURIA TEAM	Elite Masters Mężczyzn	52	10:10	00:59:29	02:11:54	03:06:51	04:33:18.80	04:33:18.80	+02:37:40 (57.7%)	13:00	4.6 (42.2%)
221	WITKOWSKI Arkadiusz	1248	WARRIORS ŁÓDŹ	Elite Mężczyzn	169	10:20	00:50:32	01:48:38	02:36:23	04:35:03.55	04:35:03.55	+02:39:24 (58.0%)	13:05	4.6 (42.2%)
222	ZAWADZKI Piotr	1101	ACTIVE FLOW	Elite Masters Mężczyzn	53	10:10	01:12:49	02:19:56	03:14:29	04:35:09.30	04:35:09.30	+02:39:30 (58.0%)	13:06	4.6 (42.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 6km	Miasteczko 12km	Punkt Rege 18km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
223	BUCZYNSKI Dariusz	1269		Elite Mężczyzn	170	10:20	00:49:50	01:48:41	02:32:54	04:26:15.45	04:35:19.90	+02:39:41 (58.0%)	12:40	4.7 (43.1%)
224	OGIERMAN Mariusz	1229	SOCIOS SILESIA	Elite Mężczyzn	171	10:20	00:50:38	02:04:53	02:56:10	04:36:47.65	04:36:47.65	+02:41:08 (58.2%)	13:10	4.6 (42.2%)
225	NGUYEN CANH Oskar	1298		Elite Mężczyzn	172	10:20	00:56:12	02:00:40	02:50:11	04:41:09.50	04:41:09.50	+02:45:30 (58.9%)	13:23	4.5 (41.3%)
226	KARWOWSKI Paweł	1284		Elite Mężczyzn	173	10:20	00:51:11	01:58:08	02:48:18	04:44:17.70	04:44:17.70	+02:48:39 (59.3%)	13:32	4.4 (40.4%)
227	HANDZLIK Tomasz	1021	DENISTEAM	Elite Masters Mężczyzn	54	10:00	00:58:19	02:04:58	03:01:55	04:45:02.50	04:45:02.50	+02:49:23 (59.4%)	13:34	4.4 (40.4%)
228	SIMON Adam	1314		Elite Mężczyzn	174	10:20	01:09:39	02:17:27	03:14:49	04:47:15.45	04:47:15.45	+02:51:36 (59.7%)	13:40	4.4 (40.4%)
229	WOJAS Michał	1150	FITPARK TEAM	Elite Mężczyzn	175	10:10	00:42:44	01:36:39	02:16:50	04:50:31.40	04:50:31.40	+02:54:52 (60.2%)	13:50	4.3 (39.4%)
230	ŁĄCZYKOWSKI Sylwester	1219	POWER TRAINING	Elite Mężczyzn	176	10:20	00:50:45	02:00:13	02:52:27	04:54:24.20	04:54:24.20	+02:58:45 (60.7%)	14:01	4.3 (39.4%)
231	FETLIŃSKI Grzegorz	1159	HUSARIA RACE TEAM	Elite Masters Mężczyzn	55	10:10	00:51:26	01:51:49	02:43:08	04:57:04.35	04:57:04.35	+03:01:25 (61.1%)	14:08	4.2 (38.5%)
232	PAWŁOWSKI Krzysztof	1244	UNITED RUNNERS	Elite Mężczyzn	177	10:20	00:54:15	02:06:50	03:03:33	05:02:17.40	05:02:17.40	+03:06:38 (61.7%)	14:23	4.2 (38.5%)
233	TĄSKI Michał	1263	XRUNNERS	Elite Masters Mężczyzn	56	10:20	00:55:04	02:14:59	03:12:02	05:03:42.70	05:03:42.70	+03:08:04 (61.9%)	14:27	4.1 (37.6%)
234	GRZANECKI Marcin	1279		Elite Masters Mężczyzn	57	10:20	00:48:52	02:05:39	02:53:18	05:06:25.50	05:06:25.50	+03:10:46 (62.3%)	14:35	4.1 (37.6%)
235	DOBRZAŃSKI Tomasz	1225	SOCIOS SILESIA	Elite Masters Mężczyzn	58	10:20	00:54:47	02:13:04	03:13:56	05:12:06.55	05:12:06.55	+03:16:27 (62.9%)	14:51	4 (36.7%)
236	EHRlich Przemysław	1222	RUNMAGEDDONOWE ŚWIRY	Elite Mężczyzn	178	10:20	00:55:08	02:00:46	02:52:18	05:12:41.00	05:12:41.00	+03:17:02 (63.0%)	14:53	4 (36.7%)
237	CIEŚLA Krzysztof	1372		Elite Mężczyzn	179	10:20	00:49:09	01:47:56	02:33:54	05:16:30.40	05:16:30.40	+03:20:51 (63.5%)	15:04	4 (36.7%)
238	PLUCIŃSKI Jakub	1136	DRAGON RUNNERS	Elite Mężczyzn	180	10:50	01:18:41	02:28:09	03:31:28	05:16:46.60	05:16:46.60	+03:21:07 (63.5%)	15:05	4 (36.7%)
239	SZWAJKOWSKI Karol	1320		Elite Mężczyzn	181	10:20	01:02:20	02:05:03	02:55:25	05:22:50.30	05:22:50.30	+03:27:11 (64.2%)	15:22	3.9 (35.8%)
240	KULPIŃSKI Bartosz	1254	WATAHA OCR PRZEMYSŁ	Elite Masters Mężczyzn	59	10:20	01:00:30	02:48:14	03:49:20	05:31:01.75	05:31:01.75	+03:35:23 (65.1%)	15:45	3.8 (34.9%)
241	JASTRZĘBSKI Rafał	1232	SPORTOWE DUSZE	Elite Mężczyzn	182	10:20	00:55:20	02:10:55	03:12:13	05:42:08.35	05:42:08.35	+03:46:29 (66.2%)	16:17	3.7 (33.9%)
242	SIDORCZUK Dariusz	1123	CARDIO HEROES	Elite Masters Mężczyzn	60	10:10	00:56:11	02:10:15	03:51:33	05:42:45.70	05:42:45.70	+03:47:07 (66.3%)	16:19	3.7 (33.9%)
243	DZINDZIO Jakub	1227	SOCIOS SILESIA	Elite Mężczyzn	183	10:20	00:58:42	02:14:28	03:17:45	05:45:41.60	05:45:41.60	+03:50:02 (66.5%)	16:27	3.6 (33.0%)
244	MAZUR Michał	1093		Elite Mężczyzn	184	10:00	01:16:19	02:33:20	03:36:28	05:45:43.95	05:45:43.95	+03:50:05 (66.6%)	16:27	3.6 (33.0%)
245	GĄSIOR Tomasz	1110	CARBON SILESIA SPORT	Elite Mężczyzn	185	10:10	01:01:03	02:13:41	03:09:53	05:48:09.15	05:48:09.15	+03:52:30 (66.8%)	16:34	3.6 (33.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 6km	Miasteczko 12km	Punkt Rege 18km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
246	PRZYBYTEK Sławomir	1367		Elite Masters Mężczyzn	61	10:20	01:22:26	02:46:15	03:44:07	05:49:56.15	05:49:56.15	+03:54:17 (67.0%)	16:39	3.6 (33.0%)
247	CHMIEL Dominik	1271		Elite Mężczyzn	186	10:20	00:56:10	02:00:42	02:50:10	05:55:12.25	05:55:12.25	+03:59:33 (67.4%)	16:54	3.5 (32.1%)
248	FILAS Rafał	1103	BEFIT24TEAM	Elite Mężczyzn	187	10:10	01:28:41	02:57:29	04:07:04	05:57:33.90	05:57:33.90	+04:01:55 (67.7%)	17:01	3.5 (32.1%)

Znaleziono 248 wynik(ów)