

**Wydarzenie:** Zimowy Runmageddon Warszawa  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2024-02-04  
**Miejsce:** Tor Służewiec  
**Dystans:** 21 km



Klasyfikacja: 08:30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 5km	Punkt Rege 15km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	<b>KALWAS Mateusz</b>	<b>3137</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	1	08:30	00:32:18	01:03:30	<b>01:51:58.40</b>	<b>01:51:58.40</b>		5:19	11.3 (100%)
2	<b>BORYCZKA Mateusz</b>	<b>3018</b>	FITPARK TEAM	Elite Mężczyzn	2	08:30	00:32:52	01:04:44	<b>01:53:09.95</b>	<b>01:53:09.95</b>	+00:01:11 (1.1%)	5:23	11.1 (98.2%)
3	<b>KRAWIECKI Mateusz</b>	<b>3219</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	3	08:30	00:32:57	01:05:41	<b>01:53:54.20</b>	<b>01:53:54.20</b>	+00:01:55 (1.7%)	5:25	11.1 (98.2%)
4	<b>MAŁYJUREK Rafał</b>	<b>3006</b>	CARBON SILESIA SPORT	Elite Mężczyzn	4	08:30	00:33:09	01:05:42	<b>01:54:01.20</b>	<b>01:54:01.20</b>	+00:02:02 (1.8%)	5:25	11.1 (98.2%)
5	<b>BRZOSKWINIA Wojciech</b>	<b>3028</b>	LEMON TEAM	Elite Mężczyzn	5	08:30	00:32:54	01:05:40	<b>01:56:42.45</b>	<b>01:56:42.45</b>	+00:04:44 (4.1%)	5:33	10.8 (95.6%)
6	<b>BOROWSKI Michał</b>	<b>3001</b>	ANONIMOWY ANCYMON	Elite Mężczyzn	6	08:30	00:34:53	01:08:08	<b>01:57:17.15</b>	<b>01:57:17.15</b>	+00:05:18 (4.5%)	5:35	10.7 (94.7%)
7	<b>KALINOWSKI Krystian</b>	<b>3222</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	7	08:30	00:34:21	01:06:58	<b>01:58:11.35</b>	<b>01:58:11.35</b>	+00:06:12 (5.3%)	5:37	10.7 (94.7%)
8	<b>JACIÓW Paweł</b>	<b>3063</b>	WATAHA	Elite Mężczyzn	8	08:30	00:33:37	01:07:39	<b>01:58:36.45</b>	<b>01:58:36.45</b>	+00:06:38 (5.6%)	5:38	10.6 (93.8%)
9	<b>MARKOWSKI Fabian</b>	<b>3065</b>	WATAHA	Elite Mężczyzn	9	08:30	00:34:08	01:08:30	<b>02:00:56.35</b>	<b>02:00:56.35</b>	+00:08:57 (7.4%)	5:45	10.4 (92.0%)
10	<b>SEREDA Jakub</b>	<b>3066</b>	WATAHA	Elite Mężczyzn	10	08:30	00:35:33	01:10:45	<b>02:05:22.10</b>	<b>02:05:22.10</b>	+00:13:23 (10.7%)	5:58	10.1 (89.4%)
11	<b>VEPŘEK Martin</b>	<b>3087</b>		Open Mężczyzn	1	08:30	01:19:40		<b>02:05:49.00</b>	<b>02:05:49.00</b>	+00:13:50 (11.0%)	5:59	10 (88.5%)
12	<b>PISKAŁA Daniel</b>	<b>3050</b>	POWER TRAINING	Elite Masters Mężczyzn	1	08:30	00:35:57	01:11:07	<b>02:07:31.55</b>	<b>02:07:31.55</b>	+00:15:33 (12.2%)	6:04	9.9 (87.6%)
13	<b>LIPIŃSKI Tomasz</b>	<b>3021</b>	IMPLOZJA CHEŁM	Elite Mężczyzn	11	08:30	00:36:06	01:11:33	<b>02:08:09.25</b>	<b>02:08:09.25</b>	+00:16:10 (12.6%)	6:06	9.8 (86.7%)
14	<b>SZKURŁAT Tomasz</b>	<b>3051</b>	POWER TRAINING	Elite Mężczyzn	12	08:30	00:36:18	01:12:05	<b>02:08:26.40</b>	<b>02:08:26.40</b>	+00:16:28 (12.8%)	6:06	9.8 (86.7%)
15	<b>WYSZYŃSKI Dominik</b>	<b>3038</b>	OBSTACLE CENTER TEAM	Elite Mężczyzn	13	08:30	00:36:46	01:13:58	<b>02:10:01.80</b>	<b>02:10:01.80</b>	+00:18:03 (13.9%)	6:11	9.7 (85.8%)

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16	<b>MAZUR Damian</b>	<b>3060</b>	SOCIOS SILESIA	Elite Mężczyzn	14	08:30	00:35:43	01:12:28	<b>02:10:20.40</b>	<b>02:10:20.40</b>	+00:18:22 (14.1%)	6:12	9.7 (85.8%)
17	<b>WIENDLOCHA Paweł</b>	<b>3061</b>	SOCIOS SILESIA	Elite Masters Mężczyzn	2	08:30	00:38:24	01:14:28	<b>02:10:23.15</b>	<b>02:10:23.15</b>	+00:18:24 (14.1%)	6:12	9.7 (85.8%)
18	<b>IVAŠKINS Aleksejs</b>	<b>3140</b>	RUNNINGCOACH.LV	Elite Mężczyzn	15	08:30	00:34:59	01:09:14	<b>02:10:28.75</b>	<b>02:10:28.75</b>	+00:18:30 (14.2%)	6:12	9.7 (85.8%)
19	<b>KĘDZIORA Bogumił</b>	<b>3023</b>	KONIU SQUAD	Elite Masters Mężczyzn	3	08:30	00:36:53	01:13:39	<b>02:11:45.75</b>	<b>02:11:45.75</b>	+00:19:47 (15.0%)	6:16	9.6 (85.0%)
20	<b>BUGAJ Mariusz</b>	<b>3043</b>	OSPRO OCR	Elite Mężczyzn	17	08:30	00:40:06	01:16:53	<b>02:13:00.65</b>	<b>02:13:00.65</b>	+00:21:02 (15.8%)	6:20	9.5 (84.1%)
21	<b>OBZYSKI Marcin</b>	<b>3042</b>	OCR TEAM BIŁGORAJ	Elite Mężczyzn	18	08:30	00:37:26	01:14:32	<b>02:13:43.10</b>	<b>02:13:43.10</b>	+00:21:44 (16.3%)	6:22	9.4 (83.2%)
22	<b>STANCLIK Krzysztof</b>	<b>3009</b>	CARBON SILESIA SPORT	Elite Mężczyzn	19	08:30	00:39:03	01:16:58	<b>02:13:49.95</b>	<b>02:13:49.95</b>	+00:21:51 (16.3%)	6:22	9.4 (83.2%)
23	<b>RUTKOWSKI Mariusz</b>	<b>3073</b>	WOLF TEAM	Elite Masters Mężczyzn	4	08:30	00:37:40	01:14:41	<b>02:14:58.30</b>	<b>02:14:58.30</b>	+00:22:59 (17.0%)	6:25	9.3 (82.3%)
24	<b>SAKNE Andis</b>	<b>3192</b>	ASK PATRIA OCR	Elite Mężczyzn	20	08:30	00:33:30	01:07:09	<b>02:15:22.30</b>	<b>02:15:22.30</b>	+00:23:23 (17.3%)	6:26	9.3 (82.3%)
25	<b>KUBRYCHT Michał</b>	<b>3082</b>		Elite Mężczyzn	21	08:30	00:40:14	01:17:14	<b>02:15:53.95</b>	<b>02:15:53.95</b>	+00:23:55 (17.6%)	6:28	9.3 (82.3%)
26	<b>KOTALA Arkadiusz</b>	<b>3064</b>	WATAHA	Elite Mężczyzn	22	08:30	00:39:12		<b>02:17:15.75</b>	<b>02:17:15.75</b>	+00:25:17 (18.4%)	6:32	9.2 (81.4%)
27	<b>LEWANDOWSKI Michał</b>	<b>3037</b>	OBSTACLE CENTER TEAM	Elite Mężczyzn	23	08:30	00:37:55	01:16:33	<b>02:17:39.70</b>	<b>02:17:39.70</b>	+00:25:41 (18.7%)	6:33	9.2 (81.4%)
28	<b>PULŠA Artūr</b>	<b>3040</b>	OCR BALTIC WARRIORS	Elite Masters Mężczyzn	5	08:30	00:39:51	01:17:27	<b>02:18:34.75</b>	<b>02:18:34.75</b>	+00:26:36 (19.2%)	6:35	9.1 (80.5%)
29	<b>KROPIDŁOWSKI Grzegorz</b>	<b>3071</b>	WOLF TEAM	Elite Masters Mężczyzn	6	08:30	00:39:06	01:17:27	<b>02:20:08.00</b>	<b>02:20:08.00</b>	+00:28:09 (20.1%)	6:40	9 (79.6%)
30	<b>PSUT Kamil</b>	<b>3008</b>	CARBON SILESIA SPORT	Elite Mężczyzn	26	08:30	00:40:17	01:20:19	<b>02:20:53.55</b>	<b>02:20:53.55</b>	+00:28:55 (20.5%)	6:42	8.9 (78.8%)
31	<b>ČERKOVSKIS Timurs</b>	<b>3139</b>	RUNNINGCOACH.LV	Elite Mężczyzn	27	08:30	00:38:51	01:17:10	<b>02:21:02.85</b>	<b>02:21:02.85</b>	+00:29:04 (20.6%)	6:42	8.9 (78.8%)
32	<b>SZCZERBO Walerij</b>	<b>3041</b>	OCR BALTIC WARRIORS	Elite Mężczyzn	29	08:30	00:40:22	01:19:14	<b>02:22:05.10</b>	<b>02:22:05.10</b>	+00:30:06 (21.2%)	6:45	8.9 (78.8%)
33	<b>OZOLS Nils</b>	<b>3054</b>	RUNNINGCOACH.LV	Elite Mężczyzn	30	08:30	00:39:23	01:18:26	<b>02:22:41.15</b>	<b>02:22:41.15</b>	+00:30:42 (21.5%)	6:47	8.8 (77.9%)
34	<b>ROPELA Radosław</b>	<b>3072</b>	WOLF TEAM	Elite Masters Mężczyzn	7	08:30	00:42:54	01:23:24	<b>02:23:14.85</b>	<b>02:23:14.85</b>	+00:31:16 (21.8%)	6:49	8.8 (77.9%)
35	<b>MACIEJEWSKI Łukasz</b>	<b>3059</b>	SOCIOS SILESIA	Elite Masters Mężczyzn	8	08:30	00:39:10	01:18:37	<b>02:23:27.80</b>	<b>02:23:27.80</b>	+00:31:29 (21.9%)	6:49	8.8 (77.9%)
36	<b>BRZEZIŃSKI Bartosz</b>	<b>3053</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	32	08:30	00:36:39	01:16:57	<b>02:24:02.75</b>	<b>02:24:02.75</b>	+00:32:04 (22.3%)	6:51	8.7 (77.0%)
37	<b>MICHALSKI Sebastian</b>	<b>3007</b>	CARBON SILESIA SPORT	Elite Mężczyzn	33	08:30	00:40:34	01:21:19	<b>02:24:29.95</b>	<b>02:24:29.95</b>	+00:32:31 (22.5%)	6:52	8.7 (77.0%)
38	<b>FALKOWSKI Łukasz</b>	<b>3097</b>	CARBON SILESIA SPORT	Elite Mężczyzn	34	08:30	00:35:11	01:19:26	<b>02:25:48.85</b>	<b>02:25:48.85</b>	+00:33:50 (23.2%)	6:56	8.6 (76.1%)

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39	<b>WIELOGÓRSKI Karol</b>	<b>3057</b>	SII RUNNING TEAM	Elite Mężczyzn	35	08:30	00:43:12	01:24:42	<b>02:27:45.95</b>	<b>02:27:45.95</b>	+00:35:47 (24.2%)	7:02	8.5 (75.2%)
40	<b>WITKOWSKI Rafał</b>	<b>3067</b>	WATAHA	Elite Mężczyzn	36	08:30	00:43:07	01:23:09	<b>02:28:10.10</b>	<b>02:28:10.10</b>	+00:36:11 (24.4%)	7:03	8.5 (75.2%)
41	<b>JUSZCZYK Piotr</b>	<b>3011</b>	ĆPAJ_SPORT_WWA	Elite Mężczyzn	38	08:30	00:41:39	01:22:15	<b>02:29:08.05</b>	<b>02:29:08.05</b>	+00:37:09 (24.9%)	7:06	8.4 (74.3%)
42	<b>MIZGALSKI Jacek</b>	<b>3017</b>	DZIADY OCR	Elite Masters Mężczyzn	11	08:30	00:42:04	01:24:03	<b>02:30:21.40</b>	<b>02:30:21.40</b>	+00:38:23 (25.5%)	7:09	8.4 (74.3%)
43	<b>KLEWANIEC Jakub</b>	<b>3005</b>	CARBON SILESIA SPORT	Elite Mężczyzn	40	08:30	00:41:26	01:22:28	<b>02:30:54.10</b>	<b>02:30:54.10</b>	+00:38:55 (25.8%)	7:11	8.3 (73.5%)
44	<b>JUDEK Łukasz</b>	<b>3004</b>	CARBON SILESIA SPORT	Elite Masters Mężczyzn	12	08:30	00:42:37	01:25:34	<b>02:31:57.15</b>	<b>02:31:57.15</b>	+00:39:58 (26.3%)	7:14	8.3 (73.5%)
45	<b>GRZEGORZYCA Damian</b>	<b>3015</b>	DZIADY OCR	Elite Masters Mężczyzn	13	08:30	00:43:54	01:25:34	<b>02:32:29.80</b>	<b>02:32:29.80</b>	+00:40:31 (26.6%)	7:15	8.3 (73.5%)
46	<b>RUDNICKI Marcin</b>	<b>3025</b>	KONIU SQUAD	Elite Masters Mężczyzn	14	08:30	00:41:28	01:21:40	<b>02:34:04.20</b>	<b>02:34:04.20</b>	+00:42:05 (27.3%)	7:20	8.2 (72.6%)
47	<b>GIZAK Michał</b>	<b>3058</b>	SOCIOS SILESIA	Elite Mężczyzn	42	08:30	00:41:23	01:21:43	<b>02:34:18.85</b>	<b>02:34:18.85</b>	+00:42:20 (27.4%)	7:20	8.2 (72.6%)
48	<b>PIWNIK Bartosz</b>	<b>3029</b>	LEMON TEAM	Elite Mężczyzn	43	08:30	00:42:55	01:24:53	<b>02:34:30.75</b>	<b>02:34:30.75</b>	+00:42:32 (27.5%)	7:21	8.2 (72.6%)
49	<b>DUNAJ Kamil</b>	<b>3022</b>	JASZCZOMP OCR	Elite Mężczyzn	44	08:30	00:43:20	01:25:54	<b>02:37:33.10</b>	<b>02:37:33.10</b>	+00:45:34 (28.9%)	7:30	8 (70.8%)
50	<b>DRZEWIECKI Marcin</b>	<b>3030</b>	MAD RUNNERS	Elite Mężczyzn	45	08:30	00:42:05	01:23:49	<b>02:38:35.75</b>	<b>02:38:35.75</b>	+00:46:37 (29.4%)	7:33	7.9 (69.9%)
51	<b>STAROSZYŃSKI Dawid</b>	<b>3010</b>	CARBON SILESIA SPORT	Elite Mężczyzn	46	08:30	00:43:13	01:25:45	<b>02:38:50.35</b>	<b>02:38:50.35</b>	+00:46:51 (29.5%)	7:33	7.9 (69.9%)
52	<b>MIKULEWICZ Przemysław</b>	<b>3032</b>	MOVE.TEAM	Elite Mężczyzn	47	08:30	00:40:58	01:25:38	<b>02:38:57.15</b>	<b>02:38:57.15</b>	+00:46:58 (29.6%)	7:34	7.9 (69.9%)
53	<b>SZEGDA Michał</b>	<b>3085</b>		Open Mężczyzn	4	08:30	00:40:24	01:20:56	<b>02:39:47.60</b>	<b>02:39:47.60</b>	+00:47:49 (29.9%)	7:36	7.9 (69.9%)
54	<b>CIEPLIŃSKI Tomasz</b>	<b>3075</b>		Elite Masters Mężczyzn	15	08:30	00:43:12	01:25:32	<b>02:41:51.80</b>	<b>02:41:51.80</b>	+00:49:53 (30.8%)	7:42	7.8 (69.0%)
55	<b>KOLASINSKI Przemek</b>	<b>3079</b>		Elite Mężczyzn	48	08:30	00:43:05	01:26:11	<b>02:42:21.55</b>	<b>02:42:21.55</b>	+00:50:23 (31.0%)	7:43	7.8 (69.0%)
56	<b>REKUNENKO Artjoms</b>	<b>3055</b>	RUNNINGCOACH.LV	Elite Mężczyzn	49	08:30	00:38:56	01:17:47	<b>02:43:02.10</b>	<b>02:43:02.10</b>	+00:51:03 (31.3%)	7:45	7.7 (68.1%)
57	<b>KANIECKI Paweł</b>	<b>3068</b>	WATAHA OCR PRZEMYSŁ	Open Masters Mężczyzn	1	08:30	00:42:55	01:22:47	<b>02:43:24.55</b>	<b>02:43:24.55</b>	+00:51:26 (31.5%)	7:46	7.7 (68.1%)
58	<b>KORSUNAS Sergejus</b>	<b>3039</b>	OCR BALTIC WARRIORS	Open Masters Mężczyzn	2	08:30	00:47:02	01:31:08	<b>02:45:12.15</b>	<b>02:45:12.15</b>	+00:53:13 (32.2%)	7:52	7.6 (67.3%)
59	<b>NOWIŃSKI Marcin</b>	<b>3013</b>	DRAGON RUNNERS	Elite Mężczyzn	53	08:30	00:43:40	01:30:12	<b>02:45:58.15</b>	<b>02:45:58.15</b>	+00:53:59 (32.5%)	7:54	7.6 (67.3%)
60	<b>MORAWSKI Grzegorz</b>	<b>3083</b>		Elite Masters Mężczyzn	19	08:30	00:46:52	01:33:51	<b>02:49:17.75</b>	<b>02:49:17.75</b>	+00:57:19 (33.9%)	8:03	7.4 (65.5%)
61	<b>SIENKIEWICZ Kamil</b>	<b>3020</b>	HUSARIA RACE TEAM	Elite Mężczyzn	54	08:30	00:46:15	01:34:04	<b>02:50:02.30</b>	<b>02:50:02.30</b>	+00:58:03 (34.1%)	8:05	7.4 (65.5%)

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62	<b>KRAJNIAK Jarosław</b>	<b>3070</b>	WOLF TEAM	Elite Mężczyzn	55	08:30	00:45:34	01:32:06	<b>02:50:16.55</b>	<b>02:50:16.55</b>	+00:58:18 (34.2%)	8:06	7.4 (65.5%)
63	<b>RUTKOWSKI Szymon</b>	<b>3026</b>	KONIU SQUAD	Elite Masters Mężczyzn	20	08:30	00:48:12	01:35:06	<b>02:50:22.55</b>	<b>02:50:22.55</b>	+00:58:24 (34.3%)	8:06	7.4 (65.5%)
64	<b>JACHIMOWSKI Jarosław</b>	<b>3056</b>	SANOK BIEGA	Elite Masters Mężczyzn	21	08:30	00:46:35	01:32:55	<b>02:51:03.60</b>	<b>02:51:03.60</b>	+00:59:05 (34.5%)	8:08	7.4 (65.5%)
65	<b>PIÓRKOWSKI Adrian</b>	<b>3044</b>	OSPRO OCR	Elite Mężczyzn	56	08:30	00:45:34	01:33:06	<b>02:51:04.05</b>	<b>02:51:04.05</b>	+00:59:05 (34.5%)	8:08	7.4 (65.5%)
66	<b>ZDOŃCZYK Krzysztof</b>	<b>3088</b>		Open Mężczyzn	16	08:30	00:38:36	01:20:16	<b>02:56:01.05</b>	<b>02:56:01.05</b>	+01:04:02 (36.4%)	8:22	7.2 (63.7%)
67	<b>KOWALCZYK Daniel</b>	<b>3080</b>		Open Mężczyzn	17	08:30	00:42:59	01:26:03	<b>02:57:04.75</b>	<b>02:57:04.75</b>	+01:05:06 (36.8%)	8:25	7.1 (62.8%)
68	<b>RADNY Michał</b>	<b>3024</b>	KONIU SQUAD	Elite Mężczyzn	62	08:30	00:48:18	01:35:36	<b>02:58:01.75</b>	<b>02:58:01.75</b>	+01:06:03 (37.1%)	8:28	7.1 (62.8%)
69	<b>ADAMCZEWSKI Arkadiusz</b>	<b>3031</b>	MOVE. TEAM	Elite Masters Mężczyzn	23	08:30	00:47:48	01:34:59	<b>02:58:51.45</b>	<b>02:58:51.45</b>	+01:06:53 (37.4%)	8:31	7 (61.9%)
70	<b>SZYMEL Jacek</b>	<b>3086</b>		Elite Mężczyzn	65	08:30	00:49:32	01:38:30	<b>02:59:10.55</b>	<b>02:59:10.55</b>	+01:07:12 (37.5%)	8:31	7 (61.9%)
71	<b>DZIURDA Adam</b>	<b>3046</b>	POWER TRAINING	Elite Masters Mężczyzn	26	08:30	00:46:10	01:31:46	<b>03:01:51.35</b>	<b>03:01:51.35</b>	+01:09:52 (38.4%)	8:39	6.9 (61.1%)
72	<b>DARGA Marcin</b>	<b>3069</b>	WOLF TEAM	Elite Mężczyzn	67	08:30	00:49:36	01:39:17	<b>03:02:16.45</b>	<b>03:02:16.45</b>	+01:10:18 (38.6%)	8:40	6.9 (61.1%)
73	<b>KALINOWSKI Adam</b>	<b>3052</b>	PRUSZKOWSKI TEAM	Elite Masters Mężczyzn	27	08:30	00:47:09	01:40:10	<b>03:02:42.95</b>	<b>03:02:42.95</b>	+01:10:44 (38.7%)	8:42	6.9 (61.1%)
74	<b>USZYŃSKI Adam</b>	<b>3045</b>	OUTDOOR TRAINING	Open Masters Mężczyzn	5	08:30	00:47:22	01:34:20	<b>03:08:40.95</b>	<b>03:08:40.95</b>	+01:16:42 (40.7%)	8:59	6.7 (59.3%)
75	<b>JASTRZĘBSKI Sławomir</b>	<b>3002</b>	BESTIE OCR LEGIONOWO	Elite Masters Mężczyzn	28	08:30	00:49:22	01:42:15	<b>03:11:15.90</b>	<b>03:11:15.90</b>	+01:19:17 (41.5%)	9:06	6.6 (58.4%)
76	<b>KIEŚ Damian</b>	<b>3078</b>		Elite Masters Mężczyzn	29	08:30	00:55:31	01:46:26	<b>03:11:24.30</b>	<b>03:11:24.30</b>	+01:19:25 (41.5%)	9:06	6.6 (58.4%)
77	<b>ZIELIŃSKI Michał</b>	<b>3089</b>		Elite Mężczyzn	78	08:30	00:53:53	01:48:33	<b>03:15:54.35</b>	<b>03:15:54.35</b>	+01:23:55 (42.8%)	9:19	6.4 (56.6%)
78	<b>JANISZEWSKI Grzegorz</b>	<b>3016</b>	DZIADY OCR	Elite Masters Mężczyzn	31	08:30	00:54:53	01:47:40	<b>03:16:10.05</b>	<b>03:16:10.05</b>	+01:24:11 (42.9%)	9:20	6.4 (56.6%)
79	<b>KRUK Stanisław</b>	<b>3081</b>		Open Mężczyzn	45	08:30	00:40:09	01:27:27	<b>03:17:15.95</b>	<b>03:17:15.95</b>	+01:25:17 (43.2%)	9:23	6.4 (56.6%)
80	<b>ŁUKASIK Łukasz</b>	<b>3048</b>	POWER TRAINING	Elite Mężczyzn	80	08:30	00:52:50	01:44:52	<b>03:18:03.25</b>	<b>03:18:03.25</b>	+01:26:04 (43.5%)	9:25	6.4 (56.6%)
81	<b>OGIŃSKI Szymon</b>	<b>3062</b>	WARRIORS ŁÓDŹ	Elite Mężczyzn	82	08:30	00:53:06	01:44:58	<b>03:19:28.20</b>	<b>03:19:28.20</b>	+01:27:29 (43.9%)	9:29	6.3 (55.8%)
82	<b>WIŚNIEWSKI Arkadiusz</b>	<b>3149</b>	WARRIORS ŁÓDŹ	Elite Mężczyzn	83	08:30	00:53:06	01:45:04	<b>03:19:28.25</b>	<b>03:19:28.25</b>	+01:27:29 (43.9%)	9:29	6.3 (55.8%)
83	<b>PASZEK Dawid</b>	<b>3012</b>	CSTORE	Elite Mężczyzn	84	08:30	00:44:33	01:33:39	<b>03:20:20.85</b>	<b>03:20:20.85</b>	+01:28:22 (44.1%)	9:32	6.3 (55.8%)
84	<b>JOŃCA Kajetan</b>	<b>3077</b>		Elite Mężczyzn	85	08:30	00:50:58	01:40:33	<b>03:21:27.10</b>	<b>03:21:27.10</b>	+01:29:28 (44.4%)	9:35	6.3 (55.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 5km	Punkt Rege 15km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
85	<b>NESTOROWICZ Adam</b>	<b>3084</b>		Elite Mężczyzn	87	08:30	00:46:49	01:35:30	<b>03:29:14.95</b>	<b>03:29:14.95</b>	+01:37:16 (46.5%)	9:57	6 (53.1%)
86	<b>PRZYWARA Paweł</b>	<b>3027</b>	KS KRASZKOWICE	Elite Masters Mężczyzn	37	08:30	00:58:19	01:58:57	<b>03:34:17.05</b>	<b>03:34:17.05</b>	+01:42:18 (47.7%)	10:12	5.9 (52.2%)
87	<b>LEDUCHOWSKI Kuba</b>	<b>3231</b>		Elite Mężczyzn	97	08:30	00:50:58	01:41:22	<b>03:45:36.00</b>	<b>03:45:36.00</b>	+01:53:37 (50.4%)	10:44	5.6 (49.6%)
88	<b>KRZYŻANOWSKI Julian</b>	<b>3047</b>	POWER TRAINING	Open Masters Mężczyzn	51	08:30	00:51:26	01:43:13	<b>03:51:58.80</b>	<b>03:51:58.80</b>	+02:00:00 (51.7%)	11:02	5.4 (47.8%)
89	<b>SAWICKI Kacper</b>	<b>3847</b>		Open Mężczyzn	157	08:30	01:17:16	02:10:43	<b>03:53:39.95</b>	<b>03:53:39.95</b>	+02:01:41 (52.1%)	11:07	5.4 (47.8%)
90	<b>MIERZICKI Marcel</b>	<b>3049</b>	POWER TRAINING	Open Masters Mężczyzn	59	08:30	01:03:34	02:08:33	<b>03:55:10.65</b>	<b>03:55:10.65</b>	+02:03:12 (52.4%)	11:11	5.4 (47.8%)
91	<b>MISZTAL Sebastian</b>	<b>3019</b>	GYM LUBLIN	Open Mężczyzn	236	08:30	00:54:47	01:52:37	<b>04:14:01.35</b>	<b>04:14:01.35</b>	+02:22:02 (55.9%)	12:05	5 (44.2%)

Znaleziono 91 wynik(ów)