

**Wydarzenie:** Zimowy Runmageddon Warszawa  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2021-02-28  
**Miejsce:** Modlin  
**Dystans:** 21 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	<b>FABIAN Marcel</b>	<b>3130</b>	SOCIOS SILESIA	Elite Mężczyzn	1	07:40	00:51:06	<b>01:58:45.45</b>	<b>01:58:45.45</b>		5:39	10.6 (100%)
2	<b>KRAWIECKI Mateusz</b>	<b>3122</b>	RUNMAGEDDON	Elite Mężczyzn	2	07:40	00:52:34	<b>02:06:56.35</b>	<b>02:06:56.35</b>	+00:08:10 (6.4%)	6:02	9.9 (93.4%)
3	<b>SERAFIŃSKI Maciej</b>	<b>3120</b>	RAJSPOORT ACTIVE	Elite Mężczyzn	3	07:40	00:51:19	<b>02:08:03.45</b>	<b>02:08:03.45</b>	+00:09:18 (7.3%)	6:05	9.8 (92.5%)
4	<b>BRZOSKWINIA Wojciech</b>	<b>3174</b>	XRUNNERS	Elite Mężczyzn	4	07:40	00:54:02	<b>02:09:57.50</b>	<b>02:09:57.50</b>	+00:11:12 (8.6%)	6:11	9.7 (91.5%)
5	<b>CHMIELORZ Józef</b>	<b>3016</b>	CARBON SILESIA SPORT	Elite Mężczyzn	5	07:40	00:53:31	<b>02:11:42.35</b>	<b>02:11:42.35</b>	+00:12:56 (9.8%)	6:16	9.6 (90.6%)
6	<b>ZIOBER Zbigniew</b>	<b>3043</b>	EX TEAM	Elite Mężczyzn	6	07:40	00:52:49	<b>02:11:46.65</b>	<b>02:11:46.65</b>	+00:13:01 (9.9%)	6:16	9.6 (90.6%)
7	<b>JACIÓW Paweł</b>	<b>3161</b>	WATAHA	Elite Mężczyzn	7	07:40	00:55:15	<b>02:11:47.45</b>	<b>02:11:47.45</b>	+00:13:02 (9.9%)	6:16	9.6 (90.6%)
8	<b>RYNKIEWICZ Mateusz</b>	<b>3124</b>	RUNMAGEDDON	Elite Mężczyzn	8	07:40	00:56:21	<b>02:14:47.00</b>	<b>02:14:47.00</b>	+00:16:01 (11.9%)	6:25	9.3 (87.7%)
9	<b>STOKOWSKI Dariusz</b>	<b>3125</b>	RUNMAGEDDON	Elite Mężczyzn	9	07:40	00:55:20	<b>02:16:42.60</b>	<b>02:16:42.60</b>	+00:17:57 (13.1%)	6:30	9.2 (86.8%)
10	<b>BĄK Daniel</b>	<b>3009</b>	BIEGUN OCR TEAM	Elite Mężczyzn	10	07:50	00:57:29	<b>02:17:44.55</b>	<b>02:17:44.55</b>	+00:18:59 (13.8%)	6:33	9.1 (85.8%)
11	<b>DZIÓBEK Lech</b>	<b>3010</b>	BIEGUN OCR TEAM	Elite Mężczyzn	11	07:50	00:58:54	<b>02:19:07.00</b>	<b>02:19:07.00</b>	+00:20:21 (14.6%)	6:37	9.1 (85.8%)
12	<b>ZIELIŃSKI Tomasz</b>	<b>3156</b>	WARCHLAKI ADELAJDY	Open Mężczyzn	1	08:00	01:00:07	<b>02:19:16.55</b>	<b>02:19:16.55</b>	+00:20:31 (14.7%)	6:37	9 (84.9%)
13	<b>WÓJCIK Adam</b>	<b>3042</b>	EX TEAM	Elite Mężczyzn	12	07:40	01:06:11	<b>02:20:37.70</b>	<b>02:20:37.70</b>	+00:21:52 (15.6%)	6:41	9 (84.9%)
14	<b>FILIP Bartosz</b>	<b>3131</b>	SOCIOS SILESIA	Elite Mężczyzn	13	07:40	00:56:28	<b>02:21:30.55</b>	<b>02:21:30.55</b>	+00:22:45 (16.1%)	6:44	8.9 (84.0%)
15	<b>PISKAŁA Daniel</b>	<b>3111</b>	POWER TRAINING	Elite Masters Mężczyzn	1	07:40	00:56:47	<b>02:21:57.90</b>	<b>02:21:57.90</b>	+00:23:12 (16.3%)	6:45	8.9 (84.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
16	<b>CHOŁUJ Łukasz</b>	<b>3118</b>	PWPW S.A.	Elite Mężczyzn	14	08:00	00:59:50	<b>02:22:02.40</b>	<b>02:22:02.40</b>	+00:23:16 (16.4%)	6:45	8.9 (84.0%)
17	<b>KVEDARAVIČUS Ričards</b>	<b>3188</b>		Elite Masters Mężczyzn	2	08:00	00:56:56	<b>02:22:28.05</b>	<b>02:22:28.05</b>	+00:23:42 (16.6%)	6:47	8.8 (83.0%)
18	<b>LORENC Łukasz</b>	<b>3168</b>	WOLF TEAM	Elite Masters Mężczyzn	3	07:40	00:58:02	<b>02:24:16.00</b>	<b>02:24:16.00</b>	+00:25:30 (17.7%)	6:52	8.7 (82.1%)
19	<b>SAŁATA Marcin</b>	<b>3238</b>	RUNMAGEDDON	Elite Mężczyzn	15	07:40	01:01:44	<b>02:29:17.10</b>	<b>02:29:17.10</b>	+00:30:31 (20.4%)	7:06	8.4 (79.2%)
20	<b>MALEC Bartłomiej</b>	<b>3153</b>	WARCHLAKI ADELAJDY	Open Mężczyzn	2	08:00	01:02:09	<b>02:29:28.50</b>	<b>02:29:28.50</b>	+00:30:43 (20.6%)	7:07	8.4 (79.2%)
21	<b>OLICHOWSKI Mateusz</b>	<b>3170</b>	WOLF TEAM	Elite Mężczyzn	16	07:50	00:58:03	<b>02:29:34.90</b>	<b>02:29:34.90</b>	+00:30:49 (20.6%)	7:07	8.4 (79.2%)
22	<b>KURTA Rafał</b>	<b>3178</b>	XRUNNERS	Elite Mężczyzn	17	07:50	00:58:49	<b>02:30:12.20</b>	<b>02:30:12.20</b>	+00:31:26 (20.9%)	7:09	8.4 (79.2%)
23	<b>GAWLAK Damian</b>	<b>3092</b>	OBSTACLE CENTER TEAM	Elite Mężczyzn	18	07:40	01:00:42	<b>02:30:38.95</b>	<b>02:30:38.95</b>	+00:31:53 (21.2%)	7:10	8.4 (79.2%)
24	<b>KOŁAKOWSKI Krzysztof</b>	<b>3187</b>		Elite Mężczyzn	19	08:00	01:03:01	<b>02:31:09.80</b>	<b>02:31:09.80</b>	+00:32:24 (21.4%)	7:11	8.3 (78.3%)
25	<b>LORYCH Krystian</b>	<b>3012</b>	BIEGUN OCR TEAM	Elite Masters Mężczyzn	4	07:40	01:02:03	<b>02:31:51.75</b>	<b>02:31:51.75</b>	+00:33:06 (21.8%)	7:13	8.3 (78.3%)
26	<b>JAGIEŁO Michał</b>	<b>3028</b>	DRAGON RUNNERS	Open Mężczyzn	3	07:40	00:55:47	<b>02:32:00.10</b>	<b>02:32:00.10</b>	+00:33:14 (21.9%)	7:14	8.3 (78.3%)
27	<b>SKRZYSZOWSKI Janusz</b>	<b>3136</b>	SOCIOS SILESIA	Elite Mężczyzn	20	07:40	01:02:42	<b>02:32:40.65</b>	<b>02:32:40.65</b>	+00:33:55 (22.2%)	7:16	8.3 (78.3%)
28	<b>WASIELEWSKI Michał</b>	<b>3014</b>	BIEGUN OCR TEAM	Elite Masters Mężczyzn	5	07:40	00:59:35	<b>02:32:53.30</b>	<b>02:32:53.30</b>	+00:34:07 (22.3%)	7:16	8.2 (77.4%)
29	<b>PODGORSKI Marek</b>	<b>3123</b>	RUNMAGEDDON	Elite Mężczyzn	21	07:40	01:01:57	<b>02:33:22.85</b>	<b>02:33:22.85</b>	+00:34:37 (22.6%)	7:18	8.2 (77.4%)
30	<b>TOMAKA Tomasz</b>	<b>3121</b>	RAJSPOORT ACTIVE	Elite Mężczyzn	22	07:40	01:04:12	<b>02:33:39.80</b>	<b>02:33:39.80</b>	+00:34:54 (22.7%)	7:19	8.2 (77.4%)
31	<b>KUBIESA Jakub</b>	<b>3023</b>	CARBON SILESIA SPORT	Elite Mężczyzn	23	07:40	01:04:17	<b>02:34:05.25</b>	<b>02:34:05.25</b>	+00:35:19 (22.9%)	7:20	8.2 (77.4%)
32	<b>PASTUSZKA Paweł</b>	<b>3040</b>	EX TEAM	Elite Mężczyzn	24	07:40	01:01:34	<b>02:34:08.30</b>	<b>02:34:08.30</b>	+00:35:22 (23.0%)	7:20	8.2 (77.4%)
33	<b>ŁOSIN Marta</b>	<b>3774</b>	BIEGUN OCR TEAM	Elite Kobiet	1	08:15	01:06:55	<b>02:34:24.30</b>	<b>02:34:24.30</b>	+00:35:38 (23.1%)	7:21	8.2 (77.4%)
34	<b>CHŁAD Aleksander</b>	<b>3037</b>	EX TEAM	Elite Mężczyzn	25	07:40	01:03:00	<b>02:34:45.05</b>	<b>02:34:45.05</b>	+00:35:59 (23.3%)	7:22	8.1 (76.4%)
35	<b>DOBRYŃSKI Tomasz</b>	<b>3176</b>	XRUNNERS	Elite Masters Mężczyzn	6	07:40	01:01:55	<b>02:35:05.00</b>	<b>02:35:05.00</b>	+00:36:19 (23.4%)	7:23	8.1 (76.4%)
36	<b>BURAS Radosław</b>	<b>3061</b>	HELL'S HEAVEN SZCZECIN	Elite Mężczyzn	26	08:00	01:05:08	<b>02:35:26.05</b>	<b>02:35:26.05</b>	+00:36:40 (23.6%)	7:24	8.1 (76.4%)
37	<b>MATUSIK Adam</b>	<b>3047</b>	FIT & MORE RYBNIK	Elite Mężczyzn	27	07:50	01:04:41	<b>02:35:53.10</b>	<b>02:35:53.10</b>	+00:37:07 (23.8%)	7:25	8.1 (76.4%)
38	<b>KRZYŻOWSKI Grzegorz</b>	<b>3045</b>	FIT & MORE RYBNIK	Elite Mężczyzn	28	07:50	01:05:01	<b>02:36:02.35</b>	<b>02:36:02.35</b>	+00:37:16 (23.9%)	7:25	8.1 (76.4%)

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39	<b>KROPIDŁOWSKI Grzegorz</b>	<b>3167</b>	WOLF TEAM	Elite Mężczyzn	29	07:40	01:01:42	<b>02:37:06.70</b>	<b>02:37:06.70</b>	+00:38:21 (24.4%)	7:28	8 (75.5%)	
40	<b>WIŚNIEWSKI Michał</b>	<b>3007</b>	BEST BEASTS	Elite Mężczyzn	30	07:50	01:07:40	<b>02:37:29.85</b>	<b>02:37:29.85</b>	+00:38:44 (24.6%)	7:29	8 (75.5%)	
41	<b>BURBUL Przemysław</b>	<b>3112</b>	PRZEMO_FIZJOCR	Elite Mężczyzn	31	07:50	01:04:22	<b>02:38:09.20</b>	<b>02:38:09.20</b>	+00:39:23 (24.9%)	7:31	8 (75.5%)	
42	<b>KARCZEWSKI Piotr</b>	<b>3005</b>	BEST BEASTS	Elite Mężczyzn	32	07:50	01:04:49	<b>02:38:17.75</b>	<b>02:38:17.75</b>	+00:39:32 (25.0%)	7:32	8 (75.5%)	
43	<b>BOROWSKI Michał</b>	<b>3418</b>		Open Mężczyzn	4	09:15	01:04:57	<b>02:38:39.35</b>	<b>02:38:39.35</b>	+00:39:53 (25.1%)	7:33	7.9 (74.5%)	
44	<b>JÓŻWICKI Karol</b>	<b>3099</b>	OCR PARK CHRABOŁY	Elite Mężczyzn	33	08:00		<b>02:38:44.00</b>	<b>02:38:44.00</b>	+00:39:58 (25.2%)	7:33	7.9 (74.5%)	
45	<b>ZALEJASZ Sylwester</b>	<b>3179</b>	XRUNNERS	Elite Mężczyzn	34	07:50	01:06:35	<b>02:40:08.50</b>	<b>02:40:08.50</b>	+00:41:23 (25.8%)	7:37	7.9 (74.5%)	
46	<b>BUGAJ Mariusz</b>	<b>3058</b>	HARDCOROWE WYCHYLYLYBYMY	Elite Mężczyzn	35	07:40	01:07:45	<b>02:41:51.80</b>	<b>02:41:51.80</b>	+00:43:06 (26.6%)	7:42	7.8 (73.6%)	
47	<b>KĘDZIORA Bogumił</b>	<b>3071</b>	KONIU SQUAD	Elite Mężczyzn	36	07:50	01:07:32	<b>02:41:54.40</b>	<b>02:41:54.40</b>	+00:43:08 (26.7%)	7:42	7.8 (73.6%)	
48	<b>SKRZECZYŃSKI Sławomir</b>	<b>3078</b>	LEMON TEAM	Elite Masters Mężczyzn	7	07:50	01:05:58	<b>02:42:15.40</b>	<b>02:42:15.40</b>	+00:43:29 (26.8%)	7:43	7.8 (73.6%)	
49	<b>JANUSZEWSKI Andrzej</b>	<b>3094</b>	OBSTACLE CENTER TEAM	Elite Mężczyzn	37	07:40	01:09:32	<b>02:42:16.25</b>	<b>02:42:16.25</b>	+00:43:30 (26.8%)	7:43	7.8 (73.6%)	
50	<b>CWIRZEN Marcin</b>	<b>3163</b>	WOLF TEAM	Open Mężczyzn	5	07:40	00:56:16	<b>02:42:56.80</b>	<b>02:42:56.80</b>	+00:44:11 (27.1%)	7:45	7.7 (72.6%)	
51	<b>KORULCZYK Marcin</b>	<b>3211</b>	UNITED RUNNERS	Elite Mężczyzn	38	08:00	01:05:15	<b>02:43:12.80</b>	<b>02:43:12.80</b>	+00:44:27 (27.2%)	7:46	7.7 (72.6%)	
52	<b>NOWICKI Marcin</b>	<b>3169</b>	WOLF TEAM	Elite Mężczyzn	39	07:50	01:09:24	<b>02:43:29.60</b>	<b>02:43:29.60</b>	+00:44:44 (27.4%)	7:47	7.7 (72.6%)	
53	<b>MACHTYL Zygmunt</b>	<b>3006</b>	BEST BEASTS	Elite Masters Mężczyzn	8	07:40	01:08:27	<b>02:43:40.95</b>	<b>02:43:40.95</b>	+00:44:55 (27.4%)	7:47	7.7 (72.6%)	
54	<b>ŁOTOCKI Rafał Jerzy</b>	<b>3142</b>	TRZCIANKA	Elite Masters Mężczyzn	9	07:50	01:05:59	<b>02:43:49.95</b>	<b>02:43:49.95</b>	+00:45:04 (27.5%)	7:48	7.7 (72.6%)	
55	<b>KOMARNICKI Tomasz</b>	<b>3044</b>	FIT & MORE RYBNIK	Elite Mężczyzn	40	07:40	01:07:26	<b>02:44:44.85</b>	<b>02:44:44.85</b>	+00:45:59 (27.9%)	7:50	7.6 (71.7%)	
56	<b>BAGIŃSKI Michał</b>	<b>3619</b>		Open Mężczyzn	6	10:15	01:03:13	<b>02:44:49.70</b>	<b>02:44:49.70</b>	+00:46:04 (28.0%)	7:50	7.6 (71.7%)	
57	<b>MALEC Tomasz</b>	<b>3154</b>	WARCHLAKI ADELAJDY	Elite Mężczyzn	41	08:00	01:02:21	<b>02:45:15.70</b>	<b>02:45:15.70</b>	+00:46:30 (28.1%)	7:52	7.6 (71.7%)	
58	<b>BRZEZIŃSKI Bartosz</b>	<b>3052</b>	GLADIATORS BY RMF4RT	Open Mężczyzn	7	07:40	00:57:55	<b>02:45:22.45</b>	<b>02:45:22.45</b>	+00:46:37 (28.2%)	7:52	7.6 (71.7%)	
59	<b>CZAPRAN Marek</b>	<b>3175</b>	XRUNNERS	Elite Mężczyzn	42	07:40	01:05:49	<b>02:45:48.10</b>	<b>02:45:48.10</b>	+00:47:02 (28.4%)	7:53	7.6 (71.7%)	
60	<b>WAŁCERZ Łukasz</b>	<b>3205</b>		Elite Mężczyzn	43	08:00	01:07:08	<b>02:46:04.00</b>	<b>02:46:04.00</b>	+00:47:18 (28.5%)	7:54	7.6 (71.7%)	
61	<b>PASON Tomasz</b>	<b>3039</b>	EX TEAM	Elite Mężczyzn	44	07:40	01:07:43	<b>02:46:04.30</b>	<b>02:46:04.30</b>	+00:47:18 (28.5%)	7:54	7.6 (71.7%)	

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								netto 21km	brutto 21km			
62	ZDOŃCZYK Krzysztof	3209		Elite Mężczyzn	45	08:00	01:02:08	02:46:15.95	02:46:15.95	+00:47:30 (28.6%)	7:55	7.6 (71.7%)
63	CZACHURSKI Mateusz	3183		Open Mężczyzn	8	07:40	01:02:33	02:48:43.45	02:48:43.45	+00:49:58 (29.6%)	8:02	7.5 (70.8%)
64	FORMELA Piotr	3011	BIEGUN OCR TEAM	Open Mężczyzn	9	07:40	00:58:08	02:49:06.00	02:49:06.00	+00:50:20 (29.8%)	8:03	7.5 (70.8%)
65	DRZEWIECKI Marcin	3082	MAD RUNNERS	Elite Mężczyzn	46	08:00	01:06:51	02:49:45.75	02:49:45.75	+00:51:00 (30.0%)	8:05	7.4 (69.8%)
66	GOŁOŚ Mateusz	3495		Open Mężczyzn	10	09:30	01:10:52	02:49:48.35	02:49:48.35	+00:51:02 (30.1%)	8:05	7.4 (69.8%)
67	JASTRZĘBSKI Sławomir	3008	BESTIE OCR LEGIONOWO	Elite Masters Mężczyzn	10	07:50	01:14:36	02:50:23.00	02:50:23.00	+00:51:37 (30.3%)	8:06	7.4 (69.8%)
68	TOMSKI Marcin	3155	WARCHLAKI ADELAJDY	Elite Mężczyzn	47	08:00	01:10:06	02:52:20.85	02:52:20.85	+00:53:35 (31.1%)	8:12	7.3 (68.9%)
69	MIŁOŚ Tomasz	3013	BIEGUN OCR TEAM	Elite Mężczyzn	48	07:50	01:08:48	02:52:32.10	02:52:32.10	+00:53:46 (31.2%)	8:12	7.3 (68.9%)
70	PIWNIK Bartosz	3077	LEMON TEAM	Elite Mężczyzn	49	07:50	01:10:18	02:52:33.80	02:52:33.80	+00:53:48 (31.2%)	8:13	7.3 (68.9%)
71	GĄSIOROWSKI Karol	3143	UNIT37	Elite Mężczyzn	50	07:40	01:09:36	02:52:34.60	02:52:34.60	+00:53:49 (31.2%)	8:13	7.3 (68.9%)
72	GIZAK Michał	3152	WARCHLAKI ADELAJDY	Elite Mężczyzn	51	08:00	01:09:56	02:52:36.35	02:52:36.35	+00:53:50 (31.2%)	8:13	7.3 (68.9%)
73	JOSKOWSKI Marek	3592	AGENCY KASZUBSKIE	Open Mężczyzn	11	10:15	01:10:03	02:53:14.10	02:53:14.10	+00:54:28 (31.4%)	8:14	7.3 (68.9%)
74	MICHALCZYK Tomasz	3287		Open Mężczyzn	12	08:30	01:11:05	02:53:22.10	02:53:22.10	+00:54:36 (31.5%)	8:15	7.3 (68.9%)
75	GRABARCZYK Wojciech	3004	BEST BEASTS	Elite Masters Mężczyzn	11	07:50	01:11:20	02:53:51.30	02:53:51.30	+00:55:05 (31.7%)	8:16	7.2 (67.9%)
76	JANOSZ Rafał	3279		Open Mężczyzn	13	08:30	01:11:06	02:54:39.90	02:54:39.90	+00:55:54 (32.0%)	8:19	7.2 (67.9%)
77	SPRAWKA Marta	3215	DZIKISQUAD	Elite Kobiet	2	08:15	01:13:48	02:56:54.70	02:56:54.70	+00:58:09 (32.9%)	8:25	7.1 (67.0%)
78	KOZIOŁ Kamil	3022	CARBON SILESIA SPORT	Elite Mężczyzn	52	07:40	01:11:54	02:57:10.35	02:57:10.35	+00:58:24 (33.0%)	8:26	7.1 (67.0%)
79	TKACZYK Michał	3097	OBSTACLE CENTER TEAM	Elite Mężczyzn	53	07:40	01:10:11	02:57:29.35	02:57:29.35	+00:58:43 (33.1%)	8:27	7.1 (67.0%)
80	MACIEJEWSKI Łukasz	3135	SOCIOS SILESIA	Elite Mężczyzn	54	07:40	01:11:22	02:57:29.80	02:57:29.80	+00:58:44 (33.1%)	8:27	7.1 (67.0%)
81	DUKIEWICZ Dariusz	3164	WOLF TEAM	Elite Mężczyzn	55	07:40	01:09:56	02:59:37.80	02:59:37.80	+01:00:52 (33.9%)	8:33	7 (66.0%)
82	ŚLIZ Arkadiusz	3172	WOLF TEAM	Elite Mężczyzn	56	07:50	01:14:14	02:59:44.75	02:59:44.75	+01:00:59 (33.9%)	8:33	7 (66.0%)
83	KLIMEK Zbigniew	3741		Open Mężczyzn	14	11:00	01:07:34	03:00:02.80	03:00:02.80	+01:01:17 (34.0%)	8:34	7 (66.0%)
84	FILOCHOWSKI Krystian	3493		Open Mężczyzn	15	09:30	01:13:20	03:00:31.65	03:00:31.65	+01:01:46 (34.2%)	8:35	7 (66.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
85	<b>SIURNIK Sebastian</b>	<b>3775</b>		Open Mężczyzn	16	08:30	01:19:22	<b>03:00:50.70</b>	<b>03:00:50.70</b>	+01:02:05 (34.3%)	8:36	7 (66.0%)	
86	<b>WOCHNIK Dawid</b>	<b>3336</b>	SOCIOS SILESIA	Open Mężczyzn	17	09:00	01:15:44	<b>03:01:03.00</b>	<b>03:01:03.00</b>	+01:02:17 (34.4%)	8:37	7 (66.0%)	
87	<b>WOROBIEWA Jekatierina</b>	<b>3228</b>	POWER TRAINING	Elite Kobiet	3	08:15	01:14:45	<b>03:01:03.70</b>	<b>03:01:03.70</b>	+01:02:18 (34.4%)	8:37	7 (66.0%)	
88	<b>WAŚ Bartłomiej</b>	<b>3265</b>	STG WARSZAWA	Open Mężczyzn	18	08:30	01:18:34	<b>03:01:09.45</b>	<b>03:01:09.45</b>	+01:02:24 (34.4%)	8:37	7 (66.0%)	
89	<b>KŁOS Cezary</b>	<b>3029</b>	DRUŻYNA KITUSIA BAJGLUSIA	Elite Mężczyzn	57	07:40	01:15:02	<b>03:01:17.05</b>	<b>03:01:17.05</b>	+01:02:31 (34.5%)	8:37	7 (66.0%)	
90	<b>MIZGALSKI Jacek</b>	<b>3032</b>	DZIADY OCR	Elite Masters Mężczyzn	12	07:50	01:09:41	<b>03:01:25.65</b>	<b>03:01:25.65</b>	+01:02:40 (34.5%)	8:38	6.9 (65.1%)	
91	<b>WERYK Mateusz</b>	<b>3015</b>	BIEGUN OCR TEAM	Elite Masters Mężczyzn	13	07:50	01:12:42	<b>03:01:43.15</b>	<b>03:01:43.15</b>	+01:02:57 (34.6%)	8:39	6.9 (65.1%)	
92	<b>WIŚNIEWSKI Norbert</b>	<b>3207</b>		Elite Masters Mężczyzn	14	08:00	01:14:58	<b>03:02:08.80</b>	<b>03:02:08.80</b>	+01:03:23 (34.8%)	8:40	6.9 (65.1%)	
93	<b>KRÓL Przemysław</b>	<b>3668</b>	SAMEKONIE- TEAM OLA	Open Mężczyzn	19	11:00	01:20:51	<b>03:02:27.85</b>	<b>03:02:27.85</b>	+01:03:42 (34.9%)	8:41	6.9 (65.1%)	
94	<b>PASTUSZKA Michał</b>	<b>3191</b>		Elite Mężczyzn	58	08:00	01:14:51	<b>03:03:05.50</b>	<b>03:03:05.50</b>	+01:04:20 (35.1%)	8:43	6.9 (65.1%)	
95	<b>MACHNIO Bartosz Jan</b>	<b>3033</b>	DZIKISQUAD	Elite Mężczyzn	59	07:50	01:17:41	<b>03:03:21.10</b>	<b>03:03:21.10</b>	+01:04:35 (35.2%)	8:43	6.9 (65.1%)	
96	<b>MISSALA Michał</b>	<b>3110</b>	POWER TRAINING	Elite Masters Mężczyzn	15	07:40	01:14:45	<b>03:03:24.20</b>	<b>03:03:24.20</b>	+01:04:38 (35.2%)	8:44	6.9 (65.1%)	
97	<b>JANUS Leszek</b>	<b>3138</b>	SPEEDSTERS	Elite Mężczyzn	60	08:00	01:14:06	<b>03:03:41.55</b>	<b>03:03:41.55</b>	+01:04:56 (35.3%)	8:44	6.9 (65.1%)	
98	<b>OSOWSKI Krzysztof</b>	<b>3575</b>		Open Mężczyzn	20	10:00	01:14:07	<b>03:03:44.90</b>	<b>03:03:44.90</b>	+01:04:59 (35.4%)	8:44	6.9 (65.1%)	
99	<b>NIŻNIK Borys</b>	<b>3072</b>	KONIU SQUAD	Elite Masters Mężczyzn	16	07:50	01:14:18	<b>03:03:59.45</b>	<b>03:03:59.45</b>	+01:05:14 (35.5%)	8:45	6.8 (64.2%)	
100	<b>MACHURA Marcin</b>	<b>3137</b>	SPEC INSTAL RUN	Elite Mężczyzn	61	08:00	01:16:08	<b>03:04:00.80</b>	<b>03:04:00.80</b>	+01:05:15 (35.5%)	8:45	6.8 (64.2%)	
101	<b>KRAJNIAK Jarosław</b>	<b>3166</b>	WOLF TEAM	Elite Mężczyzn	62	07:40	01:12:38	<b>03:04:13.60</b>	<b>03:04:13.60</b>	+01:05:28 (35.5%)	8:46	6.8 (64.2%)	
102	<b>WAJDA Rafał</b>	<b>3514</b>		Open Mężczyzn	21	09:30	01:18:41	<b>03:05:46.75</b>	<b>03:05:46.75</b>	+01:07:01 (36.1%)	8:50	6.8 (64.2%)	
103	<b>CHILCZUK Kamil</b>	<b>3731</b>		Open Mężczyzn	22	11:00	01:11:33	<b>03:07:01.35</b>	<b>03:07:01.35</b>	+01:08:15 (36.5%)	8:54	6.7 (63.2%)	
104	<b>HANUSIAK Leszek</b>	<b>3070</b>	KONIU SQUAD	Elite Mężczyzn	63	07:50	01:16:02	<b>03:08:06.15</b>	<b>03:08:06.15</b>	+01:09:20 (36.9%)	8:57	6.7 (63.2%)	
105	<b>GÓRNIAK Robert</b>	<b>3038</b>	EX TEAM	Elite Masters Mężczyzn	17	07:40	01:20:04	<b>03:08:25.85</b>	<b>03:08:25.85</b>	+01:09:40 (37.0%)	8:58	6.7 (63.2%)	
106	<b>DĄBROWSKI Krzysztof</b>	<b>3129</b>	SOCIOS SILESIA	Elite Masters Mężczyzn	18	07:40	01:16:04	<b>03:08:47.15</b>	<b>03:08:47.15</b>	+01:10:01 (37.1%)	8:59	6.7 (63.2%)	
107	<b>BRUSIŁO Bartosz</b>	<b>3149</b>	UNITED RUNNERS	Elite Mężczyzn	64	07:40	01:15:39	<b>03:09:01.75</b>	<b>03:09:01.75</b>	+01:10:16 (37.2%)	9:00	6.7 (63.2%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
108	<b>RUDNICKI Krzysztof</b>	<b>3578</b>		Open Mężczyzn	23	10:00	01:13:56	<b>03:09:04.70</b>	<b>03:09:04.70</b>	+01:10:19 (37.2%)	9:00	6.7 (63.2%)
109	<b>LEPIARZ Michał</b>	<b>3075</b>	LEMON TEAM	Elite Mężczyzn	65	07:50	01:09:40	<b>03:09:27.05</b>	<b>03:09:27.05</b>	+01:10:41 (37.3%)	9:01	6.7 (63.2%)
110	<b>MISSALA Mateusz</b>	<b>3109</b>	POWER TRAINING	Elite Masters Mężczyzn	19	07:40	01:14:52	<b>03:09:29.35</b>	<b>03:09:29.35</b>	+01:10:43 (37.3%)	9:01	6.6 (62.3%)
111	<b>PRZYBYLSKI Krzysztof</b>	<b>3026</b>	CROSSFIT STOCZNIA GDAŃSK	Open Masters Mężczyzn	1	07:50	01:04:51	<b>03:09:38.40</b>	<b>03:09:38.40</b>	+01:10:52 (37.4%)	9:01	6.6 (62.3%)
112	<b>KLANOWSKI Marcin</b>	<b>3021</b>	CARBON SILESIA SPORT	Elite Mężczyzn	66	07:50	01:19:46	<b>03:10:14.60</b>	<b>03:10:14.60</b>	+01:11:29 (37.6%)	9:03	6.6 (62.3%)
113	<b>SZARY Michał</b>	<b>3398</b>	I2 GEOLAB	Open Mężczyzn	24	09:15	01:20:59	<b>03:10:53.65</b>	<b>03:10:53.65</b>	+01:12:08 (37.8%)	9:05	6.6 (62.3%)
114	<b>SŁADEK Patryk</b>	<b>3041</b>	EX TEAM	Elite Mężczyzn	67	07:40	01:13:32	<b>03:10:54.15</b>	<b>03:10:54.15</b>	+01:12:08 (37.8%)	9:05	6.6 (62.3%)
115	<b>MUSIELSKI Sebastian</b>	<b>3507</b>		Open Mężczyzn	25	09:30	01:21:49	<b>03:11:27.05</b>	<b>03:11:27.05</b>	+01:12:41 (38.0%)	9:07	6.6 (62.3%)
116	<b>MACHERA Rafał</b>	<b>3430</b>		Open Mężczyzn	26	09:15	01:20:41	<b>03:11:41.60</b>	<b>03:11:41.60</b>	+01:12:56 (38.0%)	9:07	6.6 (62.3%)
117	<b>STAROSZYŃSKI Dawid</b>	<b>3200</b>		Elite Mężczyzn	68	08:00	01:18:10	<b>03:11:45.95</b>	<b>03:11:45.95</b>	+01:13:00 (38.1%)	9:07	6.6 (62.3%)
118	<b>TROSHKIN Sergei</b>	<b>3001</b>	39RUS	Elite Masters Mężczyzn	20	07:40	01:20:17	<b>03:11:56.65</b>	<b>03:11:56.65</b>	+01:13:11 (38.1%)	9:08	6.6 (62.3%)
119	<b>NALEPKA Piotr</b>	<b>3147</b>	UNIT37	Elite Mężczyzn	69	07:40	01:15:48	<b>03:12:02.25</b>	<b>03:12:02.25</b>	+01:13:16 (38.2%)	9:08	6.6 (62.3%)
120	<b>JAKUBOWSKI Michał</b>	<b>3347</b>		Open Mężczyzn	27	09:00	01:15:20	<b>03:13:32.80</b>	<b>03:13:32.80</b>	+01:14:47 (38.6%)	9:12	6.5 (61.3%)
121	<b>KALININ Jarosław</b>	<b>3177</b>	XRUNNERS	Elite Mężczyzn	70	07:40	01:06:10	<b>03:13:54.05</b>	<b>03:13:54.05</b>	+01:15:08 (38.8%)	9:14	6.5 (61.3%)
122	<b>MACIUSZEK Julia</b>	<b>3234</b>	RUNMAGEDDON	Elite Kobiet	4	08:15	01:31:23	<b>03:13:57.90</b>	<b>03:13:57.90</b>	+01:15:12 (38.8%)	9:14	6.5 (61.3%)
123	<b>GRUDZIŃSKI Jacek</b>	<b>3690</b>		Open Mężczyzn	28	10:30	01:25:43	<b>03:14:19.55</b>	<b>03:14:19.55</b>	+01:15:34 (38.9%)	9:15	6.5 (61.3%)
124	<b>JEZIORSKI Paweł</b>	<b>3054</b>	GLADIATORS BY RMF4RT	Elite Mężczyzn	71	07:50	01:16:29	<b>03:14:43.65</b>	<b>03:14:43.65</b>	+01:15:58 (39.0%)	9:16	6.5 (61.3%)
125	<b>ODEJEWSKI Dariusz</b>	<b>3696</b>		Open Mężczyzn	29	10:30	01:24:51	<b>03:14:51.80</b>	<b>03:14:51.80</b>	+01:16:06 (39.1%)	9:16	6.5 (61.3%)
126	<b>WRÓBLEWSKI Michał</b>	<b>3079</b>	LIFE4FIT	Elite Masters Mężczyzn	21	08:00	01:12:12	<b>03:14:53.95</b>	<b>03:14:53.95</b>	+01:16:08 (39.1%)	9:16	6.5 (61.3%)
127	<b>BOĆKO Jakub</b>	<b>3410</b>	WŚCIEKŁE BOBRY	Open Mężczyzn	30	09:15	01:24:13	<b>03:15:01.30</b>	<b>03:15:01.30</b>	+01:16:15 (39.1%)	9:17	6.5 (61.3%)
128	<b>TALAREK Patryk</b>	<b>3771</b>	WOLF TEAM	Elite Mężczyzn	72	08:00	01:12:32	<b>03:15:37.75</b>	<b>03:15:37.75</b>	+01:16:52 (39.3%)	9:18	6.4 (60.4%)
129	<b>WIDZ Robert</b>	<b>3759</b>		Open Mężczyzn	31	11:00	01:11:35	<b>03:15:55.80</b>	<b>03:15:55.80</b>	+01:17:10 (39.4%)	9:19	6.4 (60.4%)
130	<b>WOJCIECHOWSKI Adam</b>	<b>3589</b>		Open Mężczyzn	32	10:00	01:19:12	<b>03:15:57.25</b>	<b>03:15:57.25</b>	+01:17:11 (39.4%)	9:19	6.4 (60.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
131	MUSZYŃSKI Piotr	3571		Open Masters Mężczyzn	2	10:00	01:14:19	03:16:14.00	03:16:14.00	+01:17:28 (39.5%)	9:20	6.4 (60.4%)	
132	WOJAS Michał	3208		Elite Mężczyzn	73	08:00	01:20:37	03:16:46.10	03:16:46.10	+01:18:00 (39.6%)	9:22	6.4 (60.4%)	
133	DUDA Grzegorz	3003	BEST BEASTS	Elite Masters Mężczyzn	22	07:50	01:04:33	03:16:48.90	03:16:48.90	+01:18:03 (39.7%)	9:22	6.4 (60.4%)	
134	GOLON Paweł	3345		Open Masters Mężczyzn	3	09:00	01:18:35	03:17:00.50	03:17:00.50	+01:18:15 (39.7%)	9:22	6.4 (60.4%)	
135	MICHROWSKI Sławomir	3568		Open Masters Mężczyzn	4	10:00	01:19:10	03:17:34.65	03:17:34.65	+01:18:49 (39.9%)	9:24	6.4 (60.4%)	
136	GRZEGORZYCA Damian	3134	SOCIOS SILESIA	Elite Masters Mężczyzn	23	07:40	01:16:57	03:17:48.20	03:17:48.20	+01:19:02 (40.0%)	9:25	6.4 (60.4%)	
137	KURACH Stanisław	3031	DZIADY OCR	Elite Masters Mężczyzn	24	07:40	01:18:12	03:18:34.20	03:18:34.20	+01:19:48 (40.2%)	9:27	6.3 (59.4%)	
138	TRESKA Jakub	3305		Open Mężczyzn	33	08:30	01:24:39	03:18:55.85	03:18:55.85	+01:20:10 (40.3%)	9:28	6.3 (59.4%)	
139	ROPELA Radek	3171	WOLF TEAM	Open Mężczyzn	34	07:50	01:41:55	03:19:09.45	03:19:09.45	+01:20:24 (40.4%)	9:29	6.3 (59.4%)	
140	DANILUK Grzegorz	3237	BESTIE OCR LEGIONOWO	Elite Masters Mężczyzn	25	07:40	01:22:41	03:19:51.50	03:19:51.50	+01:21:06 (40.6%)	9:31	6.3 (59.4%)	
141	STĘPIEŃ Kacper	3653		Open Mężczyzn	35	10:15	01:19:35	03:20:07.55	03:20:07.55	+01:21:22 (40.7%)	9:31	6.3 (59.4%)	
142	BORECKI Tomasz	3270		Open Mężczyzn	36	08:30	01:22:41	03:20:17.70	03:20:17.70	+01:21:32 (40.7%)	9:32	6.3 (59.4%)	
143	PAWEŁCZAK Damian	3576		Open Mężczyzn	37	10:00	01:24:03	03:20:40.95	03:20:40.95	+01:21:55 (40.8%)	9:33	6.3 (59.4%)	
144	MORA Karol	3435		Open Mężczyzn	38	09:15	01:30:47	03:20:49.25	03:20:49.25	+01:22:03 (40.9%)	9:33	6.3 (59.4%)	
145	GONSIOR Krzysztof	3132	SOCIOS SILESIA	Elite Mężczyzn	74	07:40	01:25:08	03:20:56.60	03:20:56.60	+01:22:11 (40.9%)	9:34	6.3 (59.4%)	
146	LAUKS Jan	3604	DZIK KOMANDO	Open Mężczyzn	39	10:15	01:17:28	03:21:33.05	03:21:33.05	+01:22:47 (41.1%)	9:35	6.3 (59.4%)	
147	KURTYKA Przemysław	3046	FIT & MORE RYBNIK	Elite Mężczyzn	75	07:50	01:19:12	03:22:58.25	03:22:58.25	+01:24:12 (41.5%)	9:39	6.2 (58.5%)	
148	ŚLIWIŃSKI Kamil	3652		Open Mężczyzn	40	10:15	01:23:54	03:23:10.85	03:23:10.85	+01:24:25 (41.6%)	9:40	6.2 (58.5%)	
149	RAKOWSKI Przemysław	3084	MELVIT TEAM	Open Mężczyzn	41	07:40	01:13:55	03:23:14.10	03:23:14.10	+01:24:28 (41.6%)	9:40	6.2 (58.5%)	
150	KMIECIAK Grzegorz	3242	BRYGIERY OCR	Open Mężczyzn	42	08:30	01:22:39	03:23:57.80	03:23:57.80	+01:25:12 (41.8%)	9:42	6.2 (58.5%)	
151	DRAŻKOWSKI Piotr	3732		Open Masters Mężczyzn	5	11:00	01:22:47	03:24:05.80	03:24:05.80	+01:25:20 (41.8%)	9:43	6.2 (58.5%)	
152	JENTSCH Marcin	3631		Open Mężczyzn	43	10:15	01:23:21	03:24:08.60	03:24:08.60	+01:25:23 (41.8%)	9:43	6.2 (58.5%)	
153	ZIĘBA Ernest	3380		Open Mężczyzn	44	09:00	01:24:15	03:24:16.10	03:24:16.10	+01:25:30 (41.9%)	9:43	6.2 (58.5%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
154	<b>KARBOWSKI Sławomir</b>	<b>3086</b>	NEXTREME VIKINGS RUN	Elite Masters Mężczyzn	26	08:00	01:18:24	<b>03:24:47.15</b>	<b>03:24:47.15</b>	+01:26:01 (42.0%)	9:45	6.2 (58.5%)	
155	<b>ZIARKOWSKI Mirosław</b>	<b>3048</b>	FIT & MORE RYBNIK	Elite Masters Mężczyzn	27	07:50	01:21:09	<b>03:25:25.25</b>	<b>03:25:25.25</b>	+01:26:39 (42.2%)	9:46	6.1 (57.5%)	
156	<b>GRABOWICZ Robert</b>	<b>3386</b>	FIREFIGHTER TEAM WWA	Open Mężczyzn	45	09:15	01:28:37	<b>03:25:27.40</b>	<b>03:25:27.40</b>	+01:26:41 (42.2%)	9:47	6.1 (57.5%)	
157	<b>MICHALAK Damian</b>	<b>3388</b>	FIREFIGHTER TEAM WWA	Open Mężczyzn	46	09:15	01:28:36	<b>03:25:28.60</b>	<b>03:25:28.60</b>	+01:26:43 (42.2%)	9:47	6.1 (57.5%)	
158	<b>HAJZLER Michał</b>	<b>3629</b>		Open Mężczyzn	47	10:15	01:22:19	<b>03:25:36.55</b>	<b>03:25:36.55</b>	+01:26:51 (42.2%)	9:47	6.1 (57.5%)	
159	<b>HOMAN Grzegorz</b>	<b>3425</b>		Open Mężczyzn	48	09:15	01:30:46	<b>03:25:40.75</b>	<b>03:25:40.75</b>	+01:26:55 (42.3%)	9:47	6.1 (57.5%)	
160	<b>OLENDER Marcin</b>	<b>3573</b>		Open Masters Mężczyzn	6	10:00	01:26:26	<b>03:25:55.80</b>	<b>03:25:55.80</b>	+01:27:10 (42.3%)	9:48	6.1 (57.5%)	
161	<b>JÓSKOWSKI Lucjan</b>	<b>3591</b>	AGENCY KASZUBSKIE	Open Mężczyzn	49	10:15	01:28:40	<b>03:26:01.55</b>	<b>03:26:01.55</b>	+01:27:16 (42.4%)	9:48	6.1 (57.5%)	
162	<b>BARAŃSKI Maciek</b>	<b>3126</b>	SKURCZYBYKI	Elite Mężczyzn	76	08:00	01:30:57	<b>03:26:20.65</b>	<b>03:26:20.65</b>	+01:27:35 (42.4%)	9:49	6.1 (57.5%)	
163	<b>PREDYGIER Antoni</b>	<b>3769</b>	BLAME IT ON THE BOOGIE	Open Mężczyzn	50	11:00	01:24:23	<b>03:12:36.45</b>	<b>03:27:02.15</b>	+01:28:16 (42.6%)	9:10	6.5 (61.3%)	
164	<b>MASTELA Mateusz</b>	<b>3359</b>		Open Mężczyzn	51	09:00	01:27:12	<b>03:27:30.00</b>	<b>03:27:30.00</b>	+01:28:44 (42.8%)	9:52	6.1 (57.5%)	
165	<b>SZKODA Bartłomiej</b>	<b>3374</b>		Open Mężczyzn	52	09:00	01:27:12	<b>03:27:31.20</b>	<b>03:27:31.20</b>	+01:28:45 (42.8%)	9:52	6.1 (57.5%)	
166	<b>KUDLIŃSKI Leszek</b>	<b>3383</b>	CARBON SILESIA SPORT	Open Mężczyzn	53	09:15	01:28:31	<b>03:27:42.45</b>	<b>03:27:42.45</b>	+01:28:57 (42.8%)	9:53	6.1 (57.5%)	
167	<b>GARLACZ Justyna</b>	<b>3225</b>	POWER TRAINING	Elite Kobiet	5	08:15	01:16:55	<b>03:28:05.35</b>	<b>03:28:05.35</b>	+01:29:19 (42.9%)	9:54	6.1 (57.5%)	
168	<b>DUDEK Julian</b>	<b>3768</b>	CROSS SKC	Open Mężczyzn	54	11:00	01:23:07	<b>03:28:17.95</b>	<b>03:28:17.95</b>	+01:29:32 (43.0%)	9:55	6 (56.6%)	
169	<b>WAŃKOWICZ Adrian</b>	<b>3306</b>		Open Mężczyzn	55	08:30	01:24:38	<b>03:28:19.85</b>	<b>03:28:19.85</b>	+01:29:34 (43.0%)	9:55	6 (56.6%)	
170	<b>KIWAŁA Szymon</b>	<b>3765</b>	CROSS SKC	Open Mężczyzn	56	11:00	01:23:05	<b>03:28:39.10</b>	<b>03:28:39.10</b>	+01:29:53 (43.1%)	9:56	6 (56.6%)	
171	<b>BIELIŃSKI Przemysław</b>	<b>3704</b>	CROSS SKC	Open Mężczyzn	57	11:00	01:23:05	<b>03:28:40.15</b>	<b>03:28:40.15</b>	+01:29:54 (43.1%)	9:56	6 (56.6%)	
172	<b>SZYMKIEWICZ Albert</b>	<b>3681</b>	ZWŁASZCZA TEAM	Open Mężczyzn	58	10:30	01:32:50	<b>03:29:06.50</b>	<b>03:29:06.50</b>	+01:30:21 (43.2%)	9:57	6 (56.6%)	
173	<b>JARZĄBEK Kacper</b>	<b>3680</b>	ZWŁASZCZA TEAM	Open Mężczyzn	59	10:30	01:32:51	<b>03:29:07.25</b>	<b>03:29:07.25</b>	+01:30:21 (43.2%)	9:57	6 (56.6%)	
174	<b>DOMAGAŁA Kamil</b>	<b>3679</b>	ZWŁASZCZA TEAM	Open Mężczyzn	60	10:30	01:32:49	<b>03:29:07.55</b>	<b>03:29:07.55</b>	+01:30:22 (43.2%)	9:57	6 (56.6%)	
175	<b>ZAJĄC Paweł</b>	<b>3408</b>	ŚWIRY RUNMAGEDDON	Open Mężczyzn	61	09:15	01:20:49	<b>03:29:11.40</b>	<b>03:29:11.40</b>	+01:30:25 (43.2%)	9:57	6 (56.6%)	
176	<b>GRABOWIEC Arkadiusz</b>	<b>3180</b>	ZALATANI TEAM	Elite Mężczyzn	77	08:00	01:19:33	<b>03:29:45.40</b>	<b>03:29:45.40</b>	+01:30:59 (43.4%)	9:59	6 (56.6%)	



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
177	<b>WOLNY Krzysztof</b>	<b>3050</b>	FORBET RUNNERS	Elite Mężczyzn	78	07:50	01:14:24	<b>03:29:50.65</b>	<b>03:29:50.65</b>	+01:31:05 (43.4%)	9:59	6 (56.6%)	
178	<b>WIECZOREK Mariusz</b>	<b>3654</b>		Open Masters Mężczyzn	7	10:15	01:24:08	<b>03:29:58.70</b>	<b>03:29:58.70</b>	+01:31:13 (43.4%)	9:59	6 (56.6%)	
179	<b>POŁĘĆ Leszek</b>	<b>3162</b>	WATAHA	Elite Mężczyzn	79	07:40	01:25:39	<b>03:30:01.30</b>	<b>03:30:01.30</b>	+01:31:15 (43.5%)	10:00	6 (56.6%)	
180	<b>TOMANA Przemek</b>	<b>3582</b>		Open Mężczyzn	62	10:00	01:23:35	<b>03:30:21.45</b>	<b>03:30:21.45</b>	+01:31:36 (43.5%)	10:01	6 (56.6%)	
181	<b>SALSKI Wojtek</b>	<b>3770</b>	BLAME IT ON THE BOOGIE	Open Mężczyzn	63	11:00	01:24:47	<b>03:16:22.90</b>	<b>03:30:25.15</b>	+01:31:39 (43.6%)	9:21	6.4 (60.4%)	
182	<b>SOCHACZEWSKI Korneliusz</b>	<b>3300</b>		Open Mężczyzn	64	08:30	01:24:59	<b>03:30:28.30</b>	<b>03:30:28.30</b>	+01:31:42 (43.6%)	10:01	6 (56.6%)	
183	<b>HADRIAN Szymon</b>	<b>3017</b>	CARBON SILESIA SPORT	Elite Mężczyzn	80	07:50	01:23:45	<b>03:30:48.65</b>	<b>03:30:48.65</b>	+01:32:03 (43.7%)	10:02	6 (56.6%)	
184	<b>SOBUTKOWSKI Piotr</b>	<b>3699</b>		Open Masters Mężczyzn	8	10:30	01:24:39	<b>03:31:06.65</b>	<b>03:31:06.65</b>	+01:32:21 (43.7%)	10:03	6 (56.6%)	
185	<b>BORKOWSKI Bartłomiej</b>	<b>3181</b>		Elite Mężczyzn	81	08:00	01:30:34	<b>03:32:45.10</b>	<b>03:32:45.10</b>	+01:33:59 (44.2%)	10:07	5.9 (55.7%)	
186	<b>SPRUTTA Mateusz</b>	<b>3025</b>	CARBON SILESIA SPORT	Elite Mężczyzn	82	07:40	01:17:21	<b>03:32:47.65</b>	<b>03:32:47.65</b>	+01:34:02 (44.2%)	10:07	5.9 (55.7%)	
187	<b>BIELICKI Wojciech</b>	<b>3073</b>	LACROIX TEAM	Elite Mężczyzn	83	08:00	01:25:16	<b>03:33:44.65</b>	<b>03:33:44.65</b>	+01:34:59 (44.4%)	10:10	5.9 (55.7%)	
188	<b>SLIWA Krzysztof</b>	<b>3074</b>	LACROIX TEAM	Elite Mężczyzn	84	08:00	01:25:25	<b>03:33:44.70</b>	<b>03:33:44.70</b>	+01:34:59 (44.4%)	10:10	5.9 (55.7%)	
189	<b>PASZEK Dawid</b>	<b>3521</b>	CSTORE	Open Mężczyzn	65	10:00	01:22:43	<b>03:33:51.55</b>	<b>03:33:51.55</b>	+01:35:06 (44.5%)	10:11	5.9 (55.7%)	
190	<b>GRZEBUŁA Łukasz</b>	<b>3106</b>	OSPRO TEAM	Elite Mężczyzn	85	07:40	01:27:45	<b>03:34:21.50</b>	<b>03:34:21.50</b>	+01:35:36 (44.6%)	10:12	5.9 (55.7%)	
191	<b>KALNIUK Paweł</b>	<b>3165</b>	WOLF TEAM	Elite Mężczyzn	86	07:40	01:26:46	<b>03:34:22.85</b>	<b>03:34:22.85</b>	+01:35:37 (44.6%)	10:12	5.9 (55.7%)	
192	<b>ZIMIŃSKI Paweł</b>	<b>3057</b>	GLADIATORS BY RMF4RT	Elite Mężczyzn	87	07:50	01:21:28	<b>03:34:38.50</b>	<b>03:34:38.50</b>	+01:35:53 (44.7%)	10:13	5.9 (55.7%)	
193	<b>JEZIORAŃSKI Bartosz</b>	<b>3520</b>	AGDPRO.PL	Open Masters Mężczyzn	9	10:00	01:27:08	<b>03:34:45.35</b>	<b>03:34:45.35</b>	+01:35:59 (44.7%)	10:13	5.9 (55.7%)	
194	<b>BIERNACKI Maciej</b>	<b>3334</b>	SKRZYDLATE ŚWINIE	Open Mężczyzn	66	09:15	01:29:15	<b>03:34:56.65</b>	<b>03:34:56.65</b>	+01:36:11 (44.7%)	10:14	5.9 (55.7%)	
195	<b>MICHALSKI Dawid</b>	<b>3066</b>	I NEVER TURN BACK	Elite Mężczyzn	88	07:50	01:21:25	<b>03:35:04.10</b>	<b>03:35:04.10</b>	+01:36:18 (44.8%)	10:14	5.9 (55.7%)	
196	<b>FILIPIAK Krzysztof</b>	<b>3714</b>	MR.TEAM	Open Mężczyzn	67	11:00	01:21:57	<b>03:35:25.35</b>	<b>03:35:25.35</b>	+01:36:39 (44.9%)	10:15	5.8 (54.7%)	
197	<b>MWENDELA Filip</b>	<b>3436</b>		Open Mężczyzn	68	09:15	01:26:27	<b>03:35:34.00</b>	<b>03:35:34.00</b>	+01:36:48 (44.9%)	10:15	5.8 (54.7%)	
198	<b>DĘBOWSKI Damian</b>	<b>3686</b>		Open Mężczyzn	69	10:30	01:25:38	<b>03:35:37.75</b>	<b>03:35:37.75</b>	+01:36:52 (44.9%)	10:16	5.8 (54.7%)	
199	<b>GOŁĘBIEWSKI Tomasz</b>	<b>3494</b>		Open Masters Mężczyzn	10	09:30	01:25:24	<b>03:35:40.05</b>	<b>03:35:40.05</b>	+01:36:54 (44.9%)	10:16	5.8 (54.7%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
200	<b>OGIERMAN Mariusz</b>	<b>3397</b>	I2 GEOLAB	Open Mężczyzn	70	09:15	01:30:57	<b>03:35:40.30</b>	<b>03:35:40.30</b>	+01:36:54 (44.9%)	10:16	5.8 (54.7%)	
201	<b>GŁAZ Jacek</b>	<b>3396</b>	HUSARIA RACE TEAM	Open Masters Mężczyzn	11	09:15	01:29:07	<b>03:35:42.00</b>	<b>03:35:42.00</b>	+01:36:56 (44.9%)	10:16	5.8 (54.7%)	
202	<b>ORLIŃSKI Karol</b>	<b>3365</b>		Open Mężczyzn	71	09:00	01:29:11	<b>03:35:58.05</b>	<b>03:35:58.05</b>	+01:37:12 (45.0%)	10:17	5.8 (54.7%)	
203	<b>KURAN Halina</b>	<b>3230</b>	WATAHA	Elite Kobiet	6	08:15	01:27:25	<b>03:36:11.50</b>	<b>03:36:11.50</b>	+01:37:26 (45.1%)	10:17	5.8 (54.7%)	
204	<b>CECCARELLI Luca</b>	<b>3271</b>		Open Mężczyzn	72	08:30	01:48:27	<b>03:36:21.85</b>	<b>03:36:21.85</b>	+01:37:36 (45.1%)	10:18	5.8 (54.7%)	
205	<b>KOWALEWSKI Filip</b>	<b>3095</b>	OBSTACLE CENTER TEAM	Open Mężczyzn	73	08:00		<b>03:36:28.00</b>	<b>03:36:28.00</b>	+01:37:42 (45.1%)	10:18	5.8 (54.7%)	
206	<b>KANIECKI Paweł</b>	<b>3085</b>	MIEJSCE BLOK B	Elite Masters Mężczyzn	28	08:00	01:14:43	<b>03:36:32.45</b>	<b>03:36:32.45</b>	+01:37:47 (45.2%)	10:18	5.8 (54.7%)	
207	<b>FERDYNAND Mateusz</b>	<b>3713</b>	MR.TEAM	Open Mężczyzn	74	11:00	01:21:58	<b>03:36:37.70</b>	<b>03:36:37.70</b>	+01:37:52 (45.2%)	10:18	5.8 (54.7%)	
208	<b>JASKÓLSKI Szymon</b>	<b>3019</b>	CARBON SILESIA SPORT	Open Mężczyzn	75	07:40	01:23:58	<b>03:36:55.05</b>	<b>03:36:55.05</b>	+01:38:09 (45.3%)	10:19	5.8 (54.7%)	
209	<b>KOCZOROWSKI Paweł</b>	<b>3002</b>	BALTIC SEALS	Elite Masters Mężczyzn	29	07:50	01:18:27	<b>03:37:21.15</b>	<b>03:37:21.15</b>	+01:38:35 (45.4%)	10:21	5.8 (54.7%)	
210	<b>MATYSIAK Sławomir</b>	<b>3432</b>		Open Mężczyzn	76	09:15	01:28:49	<b>03:37:24.00</b>	<b>03:37:24.00</b>	+01:38:38 (45.4%)	10:21	5.8 (54.7%)	
211	<b>GRUDZIŃSKI Tomek</b>	<b>3477</b>	TEAM SPIRIT NOWA SÓL	Open Masters Mężczyzn	12	09:30	01:32:08	<b>03:37:26.75</b>	<b>03:37:26.75</b>	+01:38:41 (45.4%)	10:21	5.8 (54.7%)	
212	<b>BIENIASZ Bogusław</b>	<b>3486</b>		Open Masters Mężczyzn	13	09:30	01:28:40	<b>03:37:40.65</b>	<b>03:37:40.65</b>	+01:38:55 (45.4%)	10:21	5.8 (54.7%)	
213	<b>RYMARCZYK Paulina</b>	<b>3441</b>		Open Kobiet	1	09:15	01:29:13	<b>03:37:42.30</b>	<b>03:37:42.30</b>	+01:38:56 (45.5%)	10:22	5.8 (54.7%)	
214	<b>HOROSZCZAK Adrian</b>	<b>3278</b>		Open Mężczyzn	77	08:30	01:35:57	<b>03:37:49.75</b>	<b>03:37:49.75</b>	+01:39:04 (45.5%)	10:22	5.8 (54.7%)	
215	<b>GRUBA Andrzej</b>	<b>3496</b>		Open Masters Mężczyzn	14	09:30	01:28:36	<b>03:38:00.25</b>	<b>03:38:00.25</b>	+01:39:14 (45.5%)	10:22	5.8 (54.7%)	
216	<b>SZCZECH Szymon</b>	<b>3173</b>	WOLF TEAM	Open Mężczyzn	78	07:50	01:25:28	<b>03:38:46.15</b>	<b>03:38:46.15</b>	+01:40:00 (45.7%)	10:25	5.8 (54.7%)	
217	<b>WOLENTARSKI Przemysław</b>	<b>3447</b>		Open Mężczyzn	79	09:15	01:27:05	<b>03:38:47.55</b>	<b>03:38:47.55</b>	+01:40:02 (45.7%)	10:25	5.8 (54.7%)	
218	<b>SZCZEPAŃSKI Bogdan</b>	<b>3700</b>		Open Masters Mężczyzn	15	10:30	01:29:59	<b>03:39:14.00</b>	<b>03:39:14.00</b>	+01:40:28 (45.8%)	10:26	5.7 (53.8%)	
219	<b>MAJOWSKI Michał</b>	<b>3024</b>	CARBON SILESIA SPORT	Elite Mężczyzn	89	07:40	01:26:42	<b>03:39:22.65</b>	<b>03:39:22.65</b>	+01:40:37 (45.9%)	10:26	5.7 (53.8%)	
220	<b>CZPAK Tobiasz</b>	<b>3624</b>		Open Mężczyzn	80	10:15	01:22:37	<b>03:39:36.15</b>	<b>03:39:36.15</b>	+01:40:50 (45.9%)	10:27	5.7 (53.8%)	
221	<b>LIPIEC Paweł</b>	<b>3746</b>		Open Mężczyzn	81	11:00	01:23:56	<b>03:39:42.90</b>	<b>03:39:42.90</b>	+01:40:57 (45.9%)	10:27	5.7 (53.8%)	
222	<b>DYKIER Krzysztof</b>	<b>3027</b>	DOMINATOR TEAM	Elite Masters Mężczyzn	30	07:50	01:30:45	<b>03:39:43.20</b>	<b>03:39:43.20</b>	+01:40:57 (46.0%)	10:27	5.7 (53.8%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
223	<b>WLAZŁOWSKI Rafał</b>	<b>3409</b>	WLAZŁOWSKI TRANSPORT	Open Mężczyzn	82	09:15	01:32:35	<b>03:40:08.10</b>	<b>03:40:08.10</b>	+01:41:22 (46.1%)	10:28	5.7 (53.8%)	
224	<b>WASIEWICZ Michał</b>	<b>3445</b>		Open Mężczyzn	83	09:15	01:32:40	<b>03:40:08.60</b>	<b>03:40:08.60</b>	+01:41:23 (46.1%)	10:28	5.7 (53.8%)	
225	<b>MACIEJEWSKA Agnieszka</b>	<b>3457</b>	GLADIATORS BY RMF4RT	Open Masters Kobiet	1	09:30	01:32:01	<b>03:41:22.00</b>	<b>03:41:22.00</b>	+01:42:36 (46.4%)	10:32	5.7 (53.8%)	
226	<b>KANCELARZ Rafał</b>	<b>3281</b>		Open Mężczyzn	84	08:30		<b>03:41:23.00</b>	<b>03:41:23.00</b>	+01:42:37 (46.4%)	10:32	5.7 (53.8%)	
227	<b>WASĄG Dawid</b>	<b>3515</b>		Open Mężczyzn	85	09:30	01:36:48	<b>03:41:41.20</b>	<b>03:41:41.20</b>	+01:42:55 (46.4%)	10:33	5.7 (53.8%)	
228	<b>ANDRZEJEWSKI Kamil</b>	<b>3241</b>	BEYE KOHANE	Open Mężczyzn	86	08:30	01:30:52	<b>03:41:52.90</b>	<b>03:41:52.90</b>	+01:43:07 (46.5%)	10:33	5.7 (53.8%)	
229	<b>SUCHOCKA Monika</b>	<b>3779</b>		Open Kobiet	2	10:15	01:35:14	<b>03:42:12.25</b>	<b>03:42:12.25</b>	+01:43:26 (46.6%)	10:34	5.7 (53.8%)	
230	<b>MORELOWSKA Maria</b>	<b>3778</b>	RUNMAGEDDONOWE ŚWIRY	Open Masters Kobiet	2	10:15	01:35:13	<b>03:42:14.20</b>	<b>03:42:14.20</b>	+01:43:28 (46.6%)	10:34	5.7 (53.8%)	
231	<b>ROSZAK Piotr</b>	<b>3369</b>		Open Masters Mężczyzn	16	09:00	01:33:05	<b>03:42:25.55</b>	<b>03:42:25.55</b>	+01:43:40 (46.6%)	10:35	5.7 (53.8%)	
232	<b>CIEŚLAK Piotr</b>	<b>3480</b>	TEAM TITO	Open Mężczyzn	87	09:30	01:36:47	<b>03:42:49.70</b>	<b>03:42:49.70</b>	+01:44:04 (46.7%)	10:36	5.7 (53.8%)	
233	<b>HAWEL Rafał</b>	<b>3257</b>	ONE TEAM ONE DREAM	Open Masters Mężczyzn	17	08:30	01:33:30	<b>03:43:04.15</b>	<b>03:43:04.15</b>	+01:44:18 (46.8%)	10:37	5.6 (52.8%)	
234	<b>JANUS Grzegorz</b>	<b>3710</b>	KOŁOBRZESKIE MOŹDZIERZE	Open Mężczyzn	88	11:00	01:32:41	<b>03:43:30.25</b>	<b>03:43:30.25</b>	+01:44:44 (46.9%)	10:38	5.6 (52.8%)	
235	<b>MŁYNARCZYK Tatiana</b>	<b>3290</b>		Open Kobiet	3	08:30	01:33:29	<b>03:43:37.45</b>	<b>03:43:37.45</b>	+01:44:52 (46.9%)	10:38	5.6 (52.8%)	
236	<b>WANDZIK Tomasz</b>	<b>3711</b>	KOŁOBRZESKIE MOŹDZIERZE	Open Mężczyzn	89	11:00	01:32:41	<b>03:43:43.80</b>	<b>03:43:43.80</b>	+01:44:58 (46.9%)	10:39	5.6 (52.8%)	
237	<b>FORNALSKI Irek</b>	<b>3090</b>	OBSTACLE CENTER TEAM	Elite Mężczyzn	90	07:40	01:26:11	<b>03:43:46.85</b>	<b>03:43:46.85</b>	+01:45:01 (46.9%)	10:39	5.6 (52.8%)	
238	<b>LEWIKOWSKI Marcin</b>	<b>3565</b>		Open Mężczyzn	90	10:00	01:33:55	<b>03:43:55.40</b>	<b>03:43:55.40</b>	+01:45:09 (47.0%)	10:39	5.6 (52.8%)	
239	<b>BAJOR Krystian</b>	<b>3620</b>		Open Mężczyzn	91	10:15	01:35:21	<b>03:44:00.10</b>	<b>03:44:00.10</b>	+01:45:14 (47.0%)	10:40	5.6 (52.8%)	
240	<b>KARCZYŃSKI Tomasz</b>	<b>3635</b>		Open Mężczyzn	92	10:15	01:30:29	<b>03:44:03.45</b>	<b>03:44:03.45</b>	+01:45:18 (47.0%)	10:40	5.6 (52.8%)	
241	<b>ASTRASZEWSKI Rusłan</b>	<b>3543</b>		Open Mężczyzn	93	10:15	01:27:20	<b>03:44:23.20</b>	<b>03:44:23.20</b>	+01:45:37 (47.1%)	10:41	5.6 (52.8%)	
242	<b>TUZ Bartosz</b>	<b>3470</b>	MODRZYCA WARRIORS	Open Mężczyzn	94	09:30	01:32:06	<b>03:44:31.60</b>	<b>03:44:31.60</b>	+01:45:46 (47.1%)	10:41	5.6 (52.8%)	
243	<b>GÓRSKI Tomasz</b>	<b>3469</b>	MODRZYCA WARRIORS	Open Masters Mężczyzn	18	09:30	01:32:08	<b>03:44:31.85</b>	<b>03:44:31.85</b>	+01:45:46 (47.1%)	10:41	5.6 (52.8%)	
244	<b>ŚLIWIŃSKI Marcin</b>	<b>3478</b>	TEAM SPIRIT NOWA SÓL	Open Mężczyzn	95	09:30	01:33:52	<b>03:44:54.05</b>	<b>03:44:54.05</b>	+01:46:08 (47.2%)	10:42	5.6 (52.8%)	
245	<b>FILIPCZAK Kamil</b>	<b>3687</b>		Open Masters Mężczyzn	19	10:30	01:33:36	<b>03:44:54.50</b>	<b>03:44:54.50</b>	+01:46:09 (47.2%)	10:42	5.6 (52.8%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
246	<b>CHODKOWSKA Patrycja</b>	<b>3684</b>		Open Kobiet	4	10:30	01:33:38		<b>03:44:55.00</b>	<b>03:44:55.00</b>	+01:46:09 (47.2%)	10:42	5.6 (52.8%)
247	<b>KARLIK Paweł</b>	<b>3020</b>	CARBON SILESIA SPORT	Open Mężczyzn	96	07:50	01:19:04		<b>03:45:11.55</b>	<b>03:45:11.55</b>	+01:46:26 (47.3%)	10:43	5.6 (52.8%)
248	<b>DYKO Bartosz</b>	<b>3083</b>	MAD RUNNERS	Open Mężczyzn	97	08:00	01:21:31		<b>03:45:14.10</b>	<b>03:45:14.10</b>	+01:46:28 (47.3%)	10:43	5.6 (52.8%)
249	<b>GAŁĘZIEWSKI Marcin</b>	<b>3689</b>		Open Mężczyzn	98	10:30	01:30:40		<b>03:45:18.35</b>	<b>03:45:18.35</b>	+01:46:32 (47.3%)	10:43	5.6 (52.8%)
250	<b>AUGUSTYNIAK Robert</b>	<b>3723</b>		Open Mężczyzn	99	11:00	01:27:27		<b>03:45:33.60</b>	<b>03:45:33.60</b>	+01:46:48 (47.3%)	10:44	5.6 (52.8%)
251	<b>GADOMSKI Tomasz</b>	<b>3688</b>		Open Mężczyzn	100	10:30	01:30:42		<b>03:45:34.45</b>	<b>03:45:34.45</b>	+01:46:49 (47.4%)	10:44	5.6 (52.8%)
252	<b>DYLEWSKI Sławomir</b>	<b>3476</b>	TEAM SPIRIT NOWA SÓL	Open Mężczyzn	101	09:30	01:33:59		<b>03:45:38.70</b>	<b>03:45:38.70</b>	+01:46:53 (47.4%)	10:44	5.6 (52.8%)
253	<b>BŁOŃSKI Maciej</b>	<b>3708</b>	HURAGAN LIGOTA	Open Masters Mężczyzn	20	11:00	01:36:28		<b>03:45:45.45</b>	<b>03:45:45.45</b>	+01:47:00 (47.4%)	10:45	5.6 (52.8%)
254	<b>MIETŁA Łukasz</b>	<b>3709</b>	HURAGAN LIGOTA	Open Masters Mężczyzn	21	11:00	01:36:32		<b>03:45:46.00</b>	<b>03:45:46.00</b>	+01:47:00 (47.4%)	10:45	5.6 (52.8%)
255	<b>BUCZKOWSKI Krzysztof</b>	<b>3182</b>		Elite Mężczyzn	91	08:00	01:30:20		<b>03:48:01.75</b>	<b>03:48:01.75</b>	+01:49:16 (47.9%)	10:51	5.5 (51.9%)
256	<b>ZDANUCZYK Mateusz</b>	<b>3310</b>		Open Mężczyzn	102	08:30	01:32:09		<b>03:48:27.10</b>	<b>03:48:27.10</b>	+01:49:41 (48.0%)	10:52	5.5 (51.9%)
257	<b>GAPSA Franek</b>	<b>3767</b>		Open Mężczyzn	103	10:30	01:28:59		<b>03:48:34.80</b>	<b>03:48:34.80</b>	+01:49:49 (48.0%)	10:53	5.5 (51.9%)
257	<b>HOŁTYN Filip</b>	<b>3692</b>		Open Mężczyzn	103	10:30	01:29:01		<b>03:48:34.80</b>	<b>03:48:34.80</b>	+01:49:49 (48.0%)	10:53	5.5 (51.9%)
259	<b>BARAN Dawid</b>	<b>3248</b>	DO PORZYGU OCR TEAM	Open Mężczyzn	105	08:30	01:33:33		<b>03:48:46.90</b>	<b>03:48:46.90</b>	+01:50:01 (48.1%)	10:53	5.5 (51.9%)
260	<b>KLIPO Mateusz</b>	<b>3454</b>	DELOITTE ADVENTURE TEAM	Open Mężczyzn	106	09:30	01:29:51		<b>03:48:51.30</b>	<b>03:48:51.30</b>	+01:50:05 (48.1%)	10:53	5.5 (51.9%)
261	<b>SADOWSKI Tomasz</b>	<b>3087</b>	NIE W SZCZEPIONKĘ TEAM	Elite Mężczyzn	92	07:40	01:33:00		<b>03:49:23.20</b>	<b>03:49:23.20</b>	+01:50:37 (48.2%)	10:55	5.5 (51.9%)
262	<b>PARAFINIUK Michał</b>	<b>3292</b>		Open Mężczyzn	107	08:30	01:36:38		<b>03:49:23.90</b>	<b>03:49:23.90</b>	+01:50:38 (48.2%)	10:55	5.5 (51.9%)
263	<b>OBUDZIŃSKI Marcin</b>	<b>3572</b>		Open Masters Mężczyzn	22	10:00	01:20:18		<b>03:49:34.90</b>	<b>03:49:34.90</b>	+01:50:49 (48.3%)	10:55	5.5 (51.9%)
264	<b>WRÓBEL Andrzej</b>	<b>3655</b>		Open Masters Mężczyzn	23	10:15	01:25:13		<b>03:49:45.40</b>	<b>03:49:45.40</b>	+01:50:59 (48.3%)	10:56	5.5 (51.9%)
265	<b>SZWAJKOWSKI Karol</b>	<b>3717</b>	SPORTOWE ŚWIRY Z KALISZA	Open Mężczyzn	108	11:00	01:29:38		<b>03:50:08.65</b>	<b>03:50:08.65</b>	+01:51:23 (48.4%)	10:57	5.5 (51.9%)
266	<b>BARCIKOWSKI Jarosław</b>	<b>3545</b>		Open Masters Mężczyzn	24	10:00	01:34:05		<b>03:50:12.60</b>	<b>03:50:12.60</b>	+01:51:27 (48.4%)	10:57	5.5 (51.9%)
267	<b>POPIOŁEK Piotr</b>	<b>3716</b>	SPORTOWE ŚWIRY Z KALISZA	Open Mężczyzn	109	11:00	01:29:45		<b>03:50:14.50</b>	<b>03:50:14.50</b>	+01:51:29 (48.4%)	10:57	5.5 (51.9%)
268	<b>BARCIKOWSKI Daniel</b>	<b>3544</b>		Open Mężczyzn	110	10:00	01:34:11		<b>03:50:17.55</b>	<b>03:50:17.55</b>	+01:51:32 (48.4%)	10:57	5.5 (51.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
269	<b>GÓRECKI Krzysztof</b>	<b>3735</b>		Open Mężczyzn	111	11:00	01:27:16		<b>03:50:22.60</b>	<b>03:50:22.60</b>	+01:51:37 (48.5%)	10:58	5.5 (51.9%)
270	<b>SYCHOWSKI Dawid</b>	<b>3757</b>		Open Mężczyzn	112	11:00	01:30:03		<b>03:50:24.75</b>	<b>03:50:24.75</b>	+01:51:39 (48.5%)	10:58	5.5 (51.9%)
271	<b>CYWINSKI Kamil</b>	<b>3488</b>		Open Mężczyzn	113	09:30	01:30:07		<b>03:50:37.50</b>	<b>03:50:37.50</b>	+01:51:52 (48.5%)	10:58	5.5 (51.9%)
272	<b>LUTEREK Michał</b>	<b>3766</b>		Open Masters Mężczyzn	25	09:00	01:34:02		<b>03:50:41.20</b>	<b>03:50:41.20</b>	+01:51:55 (48.5%)	10:59	5.5 (51.9%)
273	<b>NIEWIAROWSKI Paweł</b>	<b>3458</b>	GLADIATORS BY RMF4RT	Open Mężczyzn	114	09:30	01:35:24		<b>03:50:48.10</b>	<b>03:50:48.10</b>	+01:52:02 (48.5%)	10:59	5.5 (51.9%)
274	<b>ZUBKOWSKI Marcin</b>	<b>3479</b>	TEAM SPIRIT NOWA SÓL	Open Masters Mężczyzn	26	09:30	01:34:31		<b>03:51:01.70</b>	<b>03:51:01.70</b>	+01:52:16 (48.6%)	11:00	5.5 (51.9%)
275	<b>RADNY Michał</b>	<b>3088</b>	NIEWIDZĘPRZESZKÓD	Open Mężczyzn	115	08:00	01:32:35		<b>03:51:05.55</b>	<b>03:51:05.55</b>	+01:52:20 (48.6%)	11:00	5.5 (51.9%)
276	<b>KAZIMIERCZAK Paweł</b>	<b>3157</b>	WARRIORS ŁÓDŹ	Open Mężczyzn	116	07:50	01:16:27		<b>03:51:15.30</b>	<b>03:51:15.30</b>	+01:52:29 (48.6%)	11:00	5.4 (50.9%)
277	<b>MALEŃCZYK Sylwester</b>	<b>3431</b>		Open Masters Mężczyzn	27	09:15	01:33:43		<b>03:51:28.20</b>	<b>03:51:28.20</b>	+01:52:42 (48.7%)	11:01	5.4 (50.9%)
278	<b>RAVIZZA Marco</b>	<b>3141</b>	TEAM WRI	Elite Masters Mężczyzn	31	08:00			<b>03:51:37.15</b>	<b>03:51:37.15</b>	+01:52:51 (48.7%)	11:01	5.4 (50.9%)
279	<b>CZUBASZEWSKI Kamil</b>	<b>3119</b>	PZU SPORT TEAM	Elite Mężczyzn	93	08:00	01:38:34		<b>03:51:37.40</b>	<b>03:51:37.40</b>	+01:52:51 (48.7%)	11:01	5.4 (50.9%)
280	<b>JEZIOŃEK Daniel</b>	<b>3740</b>		Open Mężczyzn	117	11:00	01:24:54		<b>03:51:47.90</b>	<b>03:51:47.90</b>	+01:53:02 (48.8%)	11:02	5.4 (50.9%)
281	<b>LOSZ Damian</b>	<b>3522</b>	KLUB BIEGACZA RTV EURO AGD	Open Mężczyzn	118	10:00	01:20:19		<b>03:51:55.10</b>	<b>03:51:55.10</b>	+01:53:09 (48.8%)	11:02	5.4 (50.9%)
282	<b>GRYŻEWSKI Karol</b>	<b>3093</b>	OBSTACLE CENTER TEAM	Elite Mężczyzn	94	07:40	01:32:27		<b>03:52:04.00</b>	<b>03:52:04.00</b>	+01:53:18 (48.8%)	11:03	5.4 (50.9%)
283	<b>JĘDRASZCZYK Tomasz</b>	<b>3694</b>		Open Masters Mężczyzn	28	10:30	01:29:59		<b>03:52:12.50</b>	<b>03:52:12.50</b>	+01:53:27 (48.9%)	11:03	5.4 (50.9%)
284	<b>RESPONDEK Leszek</b>	<b>3067</b>	KLONO TEAM	Elite Masters Mężczyzn	32	08:00	01:35:23		<b>03:52:41.75</b>	<b>03:52:41.75</b>	+01:53:56 (49.0%)	11:04	5.4 (50.9%)
285	<b>ZAWADZKI Jakub</b>	<b>3379</b>		Open Mężczyzn	119	09:00	01:39:48		<b>03:52:42.40</b>	<b>03:52:42.40</b>	+01:53:56 (49.0%)	11:04	5.4 (50.9%)
286	<b>CHOMICZ Rafał</b>	<b>3311</b>	8E	Open Mężczyzn	120	09:00	01:39:49		<b>03:52:42.50</b>	<b>03:52:42.50</b>	+01:53:57 (49.0%)	11:04	5.4 (50.9%)
287	<b>DĘBECKI Jarosław</b>	<b>3625</b>		Open Mężczyzn	121	10:15	01:27:31		<b>03:52:42.75</b>	<b>03:52:42.75</b>	+01:53:57 (49.0%)	11:04	5.4 (50.9%)
288	<b>TRĘDA Cezary</b>	<b>3663</b>	JANUSZE BŁOTNYCH BIEGÓW	Open Mężczyzn	122	11:00	01:31:02		<b>03:53:05.25</b>	<b>03:53:05.25</b>	+01:54:19 (49.1%)	11:05	5.4 (50.9%)
289	<b>ZAŁUSKI Paweł</b>	<b>3448</b>		Open Mężczyzn	123	09:15	01:33:15		<b>03:53:11.45</b>	<b>03:53:11.45</b>	+01:54:26 (49.1%)	11:06	5.4 (50.9%)
290	<b>FRANCZAK Dominik</b>	<b>3184</b>		Open Mężczyzn	124	08:00	01:06:37		<b>03:53:18.30</b>	<b>03:53:18.30</b>	+01:54:32 (49.1%)	11:06	5.4 (50.9%)
291	<b>POPOWSKI Krzysztof</b>	<b>3439</b>		Open Mężczyzn	125	09:15	01:33:50		<b>03:53:25.00</b>	<b>03:53:25.00</b>	+01:54:39 (49.1%)	11:06	5.4 (50.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
292	<b>NOZDERKA Wojciech</b>	<b>3536</b>	SPEEDSTERS	Open Mężczyzn	126	10:00	01:33:56	<b>03:53:26.15</b>	<b>03:53:26.15</b>	+01:54:40 (49.1%)	11:06	5.4 (50.9%)	
293	<b>ŁAWNICZAK Justyna</b>	<b>3231</b>	WOLF TEAM	Open Kobiet	5	08:15	01:28:23	<b>03:53:39.60</b>	<b>03:53:39.60</b>	+01:54:54 (49.2%)	11:07	5.4 (50.9%)	
294	<b>DUERSCHLAG Iwona</b>	<b>3661</b>	FIT & MORE RYBNIK	Open Masters Kobiet	3	10:30	01:44:24	<b>03:54:03.85</b>	<b>03:54:03.85</b>	+01:55:18 (49.3%)	11:08	5.4 (50.9%)	
295	<b>KRZYŻANOWSKI Julian</b>	<b>3406</b>	POWER TRAINING	Open Mężczyzn	127	09:15	01:34:46	<b>03:54:08.35</b>	<b>03:54:08.35</b>	+01:55:22 (49.3%)	11:08	5.4 (50.9%)	
296	<b>BURACZEWSKI Tomasz</b>	<b>3623</b>		Open Mężczyzn	128	10:15	01:41:08	<b>03:54:27.45</b>	<b>03:54:27.45</b>	+01:55:42 (49.3%)	11:09	5.4 (50.9%)	
297	<b>WEIS Michał</b>	<b>3098</b>	OBSTACLE CENTER TEAM	Elite Mężczyzn	95	07:40	01:32:25	<b>03:55:13.25</b>	<b>03:55:13.25</b>	+01:56:27 (49.5%)	11:12	5.4 (50.9%)	
298	<b>WOLAŃSKI Michał</b>	<b>3378</b>		Open Mężczyzn	129	09:00	01:40:58	<b>03:55:18.10</b>	<b>03:55:18.10</b>	+01:56:32 (49.5%)	11:12	5.4 (50.9%)	
299	<b>PODNAJMER Piotr</b>	<b>3657</b>	DONFISH	Open Mężczyzn	130	10:30	01:30:28	<b>03:55:19.75</b>	<b>03:55:19.75</b>	+01:56:34 (49.5%)	11:12	5.4 (50.9%)	
300	<b>JABŁOŃSKI Szymon</b>	<b>3556</b>		Open Mężczyzn	131	10:00	01:38:15	<b>03:55:29.25</b>	<b>03:55:29.25</b>	+01:56:43 (49.6%)	11:12	5.4 (50.9%)	
301	<b>KOZIEŁ Jan</b>	<b>3356</b>		Open Mężczyzn	132	09:00	01:31:22	<b>03:55:37.90</b>	<b>03:55:37.90</b>	+01:56:52 (49.6%)	11:13	5.3 (50.0%)	
302	<b>KOZIEŁ Adam</b>	<b>3355</b>		Open Mężczyzn	133	09:00	01:31:23	<b>03:55:38.00</b>	<b>03:55:38.00</b>	+01:56:52 (49.6%)	11:13	5.3 (50.0%)	
303	<b>GOŁASZEWSKI Jacek</b>	<b>3185</b>		Elite Mężczyzn	96	08:00	01:25:44	<b>03:55:46.30</b>	<b>03:55:46.30</b>	+01:57:00 (49.6%)	11:13	5.3 (50.0%)	
304	<b>SKRABEL Artur</b>	<b>3675</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	134	10:30	01:44:24	<b>03:55:48.05</b>	<b>03:55:48.05</b>	+01:57:02 (49.6%)	11:13	5.3 (50.0%)	
305	<b>FILUSZ Dawid</b>	<b>3669</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	135	10:30	01:44:23	<b>03:55:51.20</b>	<b>03:55:51.20</b>	+01:57:05 (49.6%)	11:13	5.3 (50.0%)	
306	<b>MORAWSKI Bartosz</b>	<b>3646</b>		Open Masters Mężczyzn	29	10:15	01:40:55	<b>03:56:28.25</b>	<b>03:56:28.25</b>	+01:57:42 (49.8%)	11:15	5.3 (50.0%)	
307	<b>KUKUCKI Michał</b>	<b>3642</b>		Open Mężczyzn	136	10:15	01:41:10	<b>03:56:28.50</b>	<b>03:56:28.50</b>	+01:57:43 (49.8%)	11:15	5.3 (50.0%)	
308	<b>OPOKA Piotr</b>	<b>3574</b>		Open Mężczyzn	137	10:00	01:34:25	<b>03:56:40.20</b>	<b>03:56:40.20</b>	+01:57:54 (49.8%)	11:16	5.3 (50.0%)	
309	<b>KUREK Andrzej</b>	<b>3643</b>		Open Mężczyzn	138	10:15	01:40:43	<b>03:56:54.50</b>	<b>03:56:54.50</b>	+01:58:09 (49.9%)	11:16	5.3 (50.0%)	
310	<b>TOMSIA Wojciech</b>	<b>3204</b>		Elite Mężczyzn	97	08:00	01:32:29	<b>03:57:01.15</b>	<b>03:57:01.15</b>	+01:58:15 (49.9%)	11:17	5.3 (50.0%)	
311	<b>MIKIELSKI Paweł</b>	<b>3434</b>		Open Mężczyzn	139	09:15	01:34:13	<b>03:57:59.30</b>	<b>03:57:59.30</b>	+01:59:13 (50.1%)	11:19	5.3 (50.0%)	
312	<b>OGIŃSKI Szymon</b>	<b>3055</b>	GLADIATORS BY RMF4RT	Open Mężczyzn	140	07:50	01:23:00	<b>03:57:59.70</b>	<b>03:57:59.70</b>	+01:59:14 (50.1%)	11:19	5.3 (50.0%)	
313	<b>SCHMIDT Paweł</b>	<b>3703</b>	BEFIT24TEAM	Open Masters Mężczyzn	30	11:00	01:37:40	<b>03:58:02.40</b>	<b>03:58:02.40</b>	+01:59:16 (50.1%)	11:20	5.3 (50.0%)	
314	<b>ZIEMNICKI Tomasz</b>	<b>3049</b>	FIT & MORE RYBNIK	Elite Masters Mężczyzn	33	07:50	01:21:51	<b>03:58:13.30</b>	<b>03:58:13.30</b>	+01:59:27 (50.1%)	11:20	5.3 (50.0%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
315	<b>RYŚ Marzena</b>	<b>3218</b>	KONIU SQUAD	Open Kobiet	6	08:15	01:21:26	<b>03:58:21.60</b>	<b>03:58:21.60</b>	+01:59:36 (50.2%)	11:21	5.3 (50.0%)	
316	<b>KWIATKOWSKI Maciej</b>	<b>3357</b>		Open Mężczyzn	141	09:00	01:41:41	<b>03:58:35.55</b>	<b>03:58:35.55</b>	+01:59:50 (50.2%)	11:21	5.3 (50.0%)	
317	<b>MIERZEJEWSKI Adam</b>	<b>3327</b>	MELVIT TEAM	Open Mężczyzn	142	09:00	01:35:57	<b>03:59:17.00</b>	<b>03:59:17.00</b>	+02:00:31 (50.4%)	11:23	5.3 (50.0%)	
318	<b>BOLC Patryk</b>	<b>3325</b>	MELVIT TEAM	Open Mężczyzn	143	09:00	01:35:57	<b>03:59:17.10</b>	<b>03:59:17.10</b>	+02:00:31 (50.4%)	11:23	5.3 (50.0%)	
319	<b>PAJĄK Michał</b>	<b>3649</b>		Open Mężczyzn	144	10:15	01:40:35	<b>03:59:21.05</b>	<b>03:59:21.05</b>	+02:00:35 (50.4%)	11:23	5.3 (50.0%)	
320	<b>LEKSIŃSKI Michał</b>	<b>3284</b>		Open Mężczyzn	145	08:30	01:42:20	<b>03:59:38.15</b>	<b>03:59:38.15</b>	+02:00:52 (50.4%)	11:24	5.3 (50.0%)	
321	<b>DZIURDA Adam</b>	<b>3405</b>	POWER TRAINING	Open Mężczyzn	146	09:15	01:34:48	<b>04:00:01.90</b>	<b>04:00:01.90</b>	+02:01:16 (50.5%)	11:25	5.2 (49.1%)	
322	<b>ZIÓŁKOWSKI Adam</b>	<b>3518</b>		Open Mężczyzn	147	09:30	01:54:41	<b>04:00:13.60</b>	<b>04:00:13.60</b>	+02:01:28 (50.6%)	11:26	5.2 (49.1%)	
323	<b>FISCHER Filip</b>	<b>3277</b>		Open Mężczyzn	148	08:30	01:39:52	<b>04:00:23.65</b>	<b>04:00:23.65</b>	+02:01:38 (50.6%)	11:26	5.2 (49.1%)	
324	<b>ZELL Jacek</b>	<b>3450</b>		Open Masters Mężczyzn	31	09:15	01:35:08	<b>04:00:36.45</b>	<b>04:00:36.45</b>	+02:01:51 (50.6%)	11:27	5.2 (49.1%)	
325	<b>JANISZEWSKI Grzegorz</b>	<b>3030</b>	DZIADY OCR	Open Masters Mężczyzn	32	07:40	01:22:16	<b>04:00:45.35</b>	<b>04:00:45.35</b>	+02:01:59 (50.7%)	11:27	5.2 (49.1%)	
326	<b>HUK Mateusz</b>	<b>3402</b>	MORDERCZE PIELMIENOE	Open Mężczyzn	149	09:15	01:44:38	<b>04:01:10.90</b>	<b>04:01:10.90</b>	+02:02:25 (50.8%)	11:29	5.2 (49.1%)	
327	<b>CYFRA Damian</b>	<b>3401</b>	MORDERCZE PIELMIENOE	Open Mężczyzn	150	09:15	01:44:41	<b>04:01:11.85</b>	<b>04:01:11.85</b>	+02:02:26 (50.8%)	11:29	5.2 (49.1%)	
328	<b>BOGUSKI Adam</b>	<b>3416</b>		Open Mężczyzn	151	09:15	01:42:08	<b>04:01:23.10</b>	<b>04:01:23.10</b>	+02:02:37 (50.8%)	11:29	5.2 (49.1%)	
329	<b>KUBULUS Tomasz</b>	<b>3249</b>	DO PORZYGU OCR TEAM	Open Masters Mężczyzn	33	08:30	01:36:57	<b>04:01:29.20</b>	<b>04:01:29.20</b>	+02:02:43 (50.8%)	11:29	5.2 (49.1%)	
330	<b>ELLMANN Filip</b>	<b>3276</b>		Open Mężczyzn	152	08:30	01:25:50	<b>04:01:50.45</b>	<b>04:01:50.45</b>	+02:03:05 (50.9%)	11:30	5.2 (49.1%)	
331	<b>BARANOWSKI Łukasz</b>	<b>3342</b>		Open Mężczyzn	153	09:00	01:39:11	<b>04:01:56.10</b>	<b>04:01:56.10</b>	+02:03:10 (50.9%)	11:31	5.2 (49.1%)	
332	<b>JABLONKA Radosław</b>	<b>3315</b>	DZIADY OCR	Open Masters Mężczyzn	34	09:00	01:39:11	<b>04:02:06.25</b>	<b>04:02:06.25</b>	+02:03:20 (50.9%)	11:31	5.2 (49.1%)	
333	<b>CEGIEŁKA Dawid</b>	<b>3683</b>		Open Masters Mężczyzn	35	10:00	01:38:23	<b>04:02:49.95</b>	<b>04:02:49.95</b>	+02:04:04 (51.1%)	11:33	5.2 (49.1%)	
334	<b>ZAKRZEWSKI Marcin</b>	<b>3467</b>	MITMAR	Open Mężczyzn	154	09:30	01:37:11	<b>04:03:21.75</b>	<b>04:03:21.75</b>	+02:04:36 (51.2%)	11:35	5.2 (49.1%)	
335	<b>FOKS Grzegorz</b>	<b>3463</b>	MITMAR	Open Mężczyzn	155	09:30	01:37:12	<b>04:03:22.55</b>	<b>04:03:22.55</b>	+02:04:37 (51.2%)	11:35	5.2 (49.1%)	
336	<b>ZYGMUNT Rafał</b>	<b>3468</b>	MITMAR	Open Masters Mężczyzn	36	09:30	01:37:10	<b>04:03:22.80</b>	<b>04:03:22.80</b>	+02:04:37 (51.2%)	11:35	5.2 (49.1%)	
337	<b>RZEWNICKI Marek</b>	<b>3400</b>	MELVIT TEAM	Open Mężczyzn	156	08:30	01:37:55	<b>04:03:39.25</b>	<b>04:03:39.25</b>	+02:04:53 (51.3%)	11:36	5.2 (49.1%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
338	<b>GĄSECKI Bartosz</b>	<b>3626</b>		Open Mężczyzn	157	10:15	01:39:36	<b>04:03:59.90</b>	<b>04:03:59.90</b>	+02:05:14 (51.3%)	11:37	5.2 (49.1%)	
339	<b>JĘDRZEJEWSKI Marcin</b>	<b>3630</b>		Open Mężczyzn	158	10:15	01:39:36	<b>04:04:04.30</b>	<b>04:04:04.30</b>	+02:05:18 (51.3%)	11:37	5.2 (49.1%)	
340	<b>RULAK Jerzy</b>	<b>3579</b>		Open Mężczyzn	159	10:00	01:40:36	<b>04:05:18.60</b>	<b>04:05:18.60</b>	+02:06:33 (51.6%)	11:40	5.1 (48.1%)	
341	<b>JANIKOWSKI Dominik</b>	<b>3738</b>		Open Mężczyzn	160	11:00	01:44:12	<b>04:05:19.45</b>	<b>04:05:19.45</b>	+02:06:34 (51.6%)	11:40	5.1 (48.1%)	
342	<b>DOBROWOLSKI Piotr</b>	<b>3489</b>		Open Mężczyzn	161	09:30	01:25:59	<b>04:05:52.50</b>	<b>04:05:52.50</b>	+02:07:07 (51.7%)	11:42	5.1 (48.1%)	
343	<b>CHOROMAŃSKI Paweł</b>	<b>3548</b>		Open Mężczyzn	162	10:30	01:38:10	<b>04:06:10.45</b>	<b>04:06:10.45</b>	+02:07:25 (51.8%)	11:43	5.1 (48.1%)	
344	<b>MANGONI Francesco</b>	<b>3358</b>		Open Masters Mężczyzn	37	08:30	01:39:23	<b>04:06:53.40</b>	<b>04:06:53.40</b>	+02:08:07 (51.9%)	11:45	5.1 (48.1%)	
345	<b>WENDER Michał</b>	<b>3377</b>		Open Mężczyzn	163	09:00	01:35:25	<b>04:07:01.55</b>	<b>04:07:01.55</b>	+02:08:16 (51.9%)	11:45	5.1 (48.1%)	
346	<b>POLAK Jarosław</b>	<b>3755</b>		Open Mężczyzn	164	11:00	01:44:11	<b>04:07:37.55</b>	<b>04:07:37.55</b>	+02:08:52 (52.0%)	11:47	5.1 (48.1%)	
347	<b>POLUS Piotr Peter</b>	<b>3776</b>	POWER TRAINING	Open Mężczyzn	165	09:15	01:46:05	<b>04:07:58.00</b>	<b>04:07:58.00</b>	+02:09:12 (52.1%)	11:48	5.1 (48.1%)	
348	<b>SEWERYNOWICZ Michał</b>	<b>3059</b>	HARDCOROWE WYCHYLYLYBYMY	Elite Mężczyzn	98	07:40	01:33:46	<b>04:08:29.20</b>	<b>04:08:29.20</b>	+02:09:43 (52.2%)	11:49	5.1 (48.1%)	
349	<b>NOWAK Agnieszka</b>	<b>3508</b>		Open Kobiet	7	09:30	01:49:46	<b>04:08:36.90</b>	<b>04:08:36.90</b>	+02:09:51 (52.2%)	11:50	5.1 (48.1%)	
350	<b>KAWĘCKI Artur</b>	<b>3527</b>	POPRAW KORONĘ I ZASUWAJ !	Open Mężczyzn	166	10:00	01:42:47	<b>04:08:37.60</b>	<b>04:08:37.60</b>	+02:09:52 (52.2%)	11:50	5.1 (48.1%)	
351	<b>MICHALAK Artur</b>	<b>3529</b>	POPRAW KORONĘ I ZASUWAJ !	Open Masters Mężczyzn	38	10:00	01:42:48	<b>04:08:43.85</b>	<b>04:08:43.85</b>	+02:09:58 (52.3%)	11:50	5.1 (48.1%)	
352	<b>KOMOROWSKI Łukasz</b>	<b>3528</b>	POPRAW KORONĘ I ZASUWAJ !	Open Mężczyzn	167	10:00	01:42:50	<b>04:08:44.80</b>	<b>04:08:44.80</b>	+02:09:59 (52.3%)	11:50	5.1 (48.1%)	
353	<b>SUCHY Tomasz</b>	<b>3201</b>		Elite Mężczyzn	99	08:00	01:48:10	<b>04:09:13.50</b>	<b>04:09:13.50</b>	+02:10:28 (52.3%)	11:52	5.1 (48.1%)	
354	<b>LIMANOWSKA Olga</b>	<b>3222</b>	OBSTACLE CENTER TEAM	Elite Kobiet	7	08:15		<b>04:09:35.75</b>	<b>04:09:35.75</b>	+02:10:50 (52.4%)	11:53	5 (47.2%)	
355	<b>DE LIETO Massimo</b>	<b>3035</b>	ENRICO MANZO TEAM	Open Mężczyzn	168	07:50	01:44:35	<b>04:09:43.60</b>	<b>04:09:43.60</b>	+02:10:58 (52.4%)	11:53	5 (47.2%)	
356	<b>BRODZIAK Andrzej</b>	<b>3729</b>		Open Masters Mężczyzn	39	11:00	01:41:13	<b>04:10:05.55</b>	<b>04:10:05.55</b>	+02:11:20 (52.5%)	11:54	5 (47.2%)	
357	<b>URBAN Jarosław</b>	<b>3333</b>	RUNMAGEDDONOWE ŚWIRY	Open Masters Mężczyzn	40	09:00	01:42:01	<b>04:10:06.25</b>	<b>04:10:06.25</b>	+02:11:20 (52.5%)	11:54	5 (47.2%)	
358	<b>WÓJCIK Rafał</b>	<b>3261</b>	PSYCHIATRYK KOPERNIKA	Open Mężczyzn	169	08:30	01:38:31	<b>04:11:53.70</b>	<b>04:11:53.70</b>	+02:13:08 (52.9%)	11:59	5 (47.2%)	
359	<b>KACZMAREK Tomasz</b>	<b>3350</b>		Open Mężczyzn	170	09:00	01:44:50	<b>04:11:58.20</b>	<b>04:11:58.20</b>	+02:13:12 (52.9%)	11:59	5 (47.2%)	
360	<b>KACZMAREK Adam</b>	<b>3349</b>		Open Mężczyzn	171	09:00	01:44:52	<b>04:12:00.30</b>	<b>04:12:00.30</b>	+02:13:14 (52.9%)	12:00	5 (47.2%)	



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
361	<b>PIESIURA Krzysztof</b>	<b>3335</b>	SOCIOS SILESIA	Open Mężczyzn	172	09:00	01:38:42	<b>04:12:04.00</b>	<b>04:12:04.00</b>	+02:13:18 (52.9%)	12:00	5 (47.2%)	
362	<b>ROMAŃCZUK Tomasz</b>	<b>3101</b>	OCR PARK CHRABOŁY	Open Masters Mężczyzn	41	08:00	01:33:32	<b>04:12:04.40</b>	<b>04:12:04.40</b>	+02:13:18 (52.9%)	12:00	5 (47.2%)	
363	<b>GRYMEK Dagmara</b>	<b>3702</b>	BEFIT24TEAM	Open Kobiet	8	11:00	01:37:42	<b>04:12:21.55</b>	<b>04:12:21.55</b>	+02:13:36 (52.9%)	12:01	5 (47.2%)	
364	<b>BŁASZCZYŃSKI Michał</b>	<b>3414</b>		Open Mężczyzn	173	09:00	01:39:42	<b>04:12:36.95</b>	<b>04:12:36.95</b>	+02:13:51 (53.0%)	12:01	5 (47.2%)	
365	<b>MATEJCZYK Artur</b>	<b>3100</b>	OCR PARK CHRABOŁY	Open Masters Mężczyzn	42	08:00	01:33:32	<b>04:12:41.85</b>	<b>04:12:41.85</b>	+02:13:56 (53.0%)	12:01	5 (47.2%)	
366	<b>BIEŃKOWSKI Tomasz</b>	<b>3546</b>		Open Mężczyzn	174	10:00	01:39:36	<b>04:13:06.55</b>	<b>04:13:06.55</b>	+02:14:21 (53.1%)	12:03	5 (47.2%)	
367	<b>OKON Yurii</b>	<b>3648</b>		Open Mężczyzn	175	10:15	01:35:17	<b>04:13:14.10</b>	<b>04:13:14.10</b>	+02:14:28 (53.1%)	12:03	5 (47.2%)	
368	<b>NESTOROWICZ Grzegorz</b>	<b>3665</b>	LIVE 4 HEALTH	Open Mężczyzn	176	10:30	01:46:35	<b>04:13:27.20</b>	<b>04:13:27.20</b>	+02:14:41 (53.1%)	12:04	5 (47.2%)	
369	<b>MARKOWSKI Łukasz</b>	<b>3664</b>	LIVE 4 HEALTH	Open Mężczyzn	177	10:30	01:46:34	<b>04:13:28.25</b>	<b>04:13:28.25</b>	+02:14:42 (53.1%)	12:04	5 (47.2%)	
370	<b>WIŚNIEWSKI Rafał</b>	<b>3269</b>	WIŚNIA TEAM	Open Mężczyzn	178	08:30	01:44:59	<b>04:13:35.00</b>	<b>04:13:35.00</b>	+02:14:49 (53.2%)	12:04	5 (47.2%)	
371	<b>MUDRYI Mykhailo</b>	<b>3647</b>		Open Mężczyzn	179	10:15	01:35:18	<b>04:13:42.45</b>	<b>04:13:42.45</b>	+02:14:57 (53.2%)	12:04	5 (47.2%)	
372	<b>WRÓBLEWSKI Tomasz</b>	<b>3309</b>		Open Masters Mężczyzn	43	08:30	01:46:47	<b>04:13:52.10</b>	<b>04:13:52.10</b>	+02:15:06 (53.2%)	12:05	5 (47.2%)	
373	<b>OSIŃSKI Marcin</b>	<b>3530</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	180	10:00	01:39:40	<b>04:14:00.95</b>	<b>04:14:00.95</b>	+02:15:15 (53.2%)	12:05	5 (47.2%)	
374	<b>MICHALCZEWSKI Sławomir</b>	<b>3671</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	181	10:30	01:49:00	<b>04:14:06.05</b>	<b>04:14:06.05</b>	+02:15:20 (53.3%)	12:06	5 (47.2%)	
375	<b>RUCKI Bartosz</b>	<b>3194</b>		Open Mężczyzn	182	08:00	01:32:26	<b>04:14:16.80</b>	<b>04:14:16.80</b>	+02:15:31 (53.3%)	12:06	5 (47.2%)	
376	<b>LEBIODA Tomasz</b>	<b>3645</b>		Open Mężczyzn	183	10:15	01:53:35	<b>04:14:44.60</b>	<b>04:14:44.60</b>	+02:15:59 (53.4%)	12:07	4.9 (46.2%)	
377	<b>BARAŃSKI Marcin</b>	<b>3317</b>	HARDCORY	Open Masters Mężczyzn	44	09:00	01:42:56	<b>04:15:06.15</b>	<b>04:15:06.15</b>	+02:16:20 (53.4%)	12:08	4.9 (46.2%)	
378	<b>POPCZYŃSKI Krystian</b>	<b>3318</b>	HARDCORY	Open Masters Mężczyzn	45	09:00	01:42:56	<b>04:15:06.45</b>	<b>04:15:06.45</b>	+02:16:21 (53.4%)	12:08	4.9 (46.2%)	
379	<b>NIEZBECKA Mariola</b>	<b>3751</b>		Open Kobiet	9	11:00	01:48:55	<b>04:15:12.75</b>	<b>04:15:12.75</b>	+02:16:27 (53.5%)	12:09	4.9 (46.2%)	
380	<b>CZARNIECKI Jakub</b>	<b>3552</b>		Open Mężczyzn	184	10:00	01:45:10	<b>04:15:39.00</b>	<b>04:15:39.00</b>	+02:16:53 (53.5%)	12:10	4.9 (46.2%)	
381	<b>RACZYŃSKI Mariusz</b>	<b>3538</b>	SYMMETRY GO	Open Mężczyzn	185	10:00	01:45:10	<b>04:15:39.90</b>	<b>04:15:39.90</b>	+02:16:54 (53.5%)	12:10	4.9 (46.2%)	
382	<b>KUCIŃSKI Krzysztof</b>	<b>3465</b>	MITMAR	Open Mężczyzn	186	09:30	01:42:52	<b>04:16:33.65</b>	<b>04:16:33.65</b>	+02:17:48 (53.7%)	12:13	4.9 (46.2%)	
383	<b>TRĘBSKI Mateusz</b>	<b>3466</b>	MITMAR	Open Mężczyzn	187	09:30	01:43:22	<b>04:16:34.50</b>	<b>04:16:34.50</b>	+02:17:49 (53.7%)	12:13	4.9 (46.2%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
384	<b>KOZŁOWSKI Mateusz</b>	<b>3464</b>	MITMAR	Open Mężczyzn	188	09:30	01:42:53	<b>04:16:40.70</b>	<b>04:16:40.70</b>	+02:17:55 (53.7%)	12:13	4.9 (46.2%)	
385	<b>BEDNARCZYK Mariusz</b>	<b>3727</b>		Open Mężczyzn	189	11:00	01:38:01	<b>04:16:53.55</b>	<b>04:16:53.55</b>	+02:18:08 (53.8%)	12:13	4.9 (46.2%)	
386	<b>TUTAJ Jakub</b>	<b>3148</b>	UNIT37	Elite Masters Mężczyzn	34	07:40	01:56:02	<b>04:17:00.45</b>	<b>04:17:00.45</b>	+02:18:15 (53.8%)	12:14	4.9 (46.2%)	
387	<b>JASKÓLSKI Piotr</b>	<b>3018</b>	CARBON SILESIA SPORT	Open Masters Mężczyzn	46	07:40	01:33:26	<b>04:17:13.50</b>	<b>04:17:13.50</b>	+02:18:28 (53.8%)	12:14	4.9 (46.2%)	
388	<b>PRZEWŁOCKI Michał</b>	<b>3509</b>		Open Mężczyzn	190	09:30	01:44:26	<b>04:17:26.90</b>	<b>04:17:26.90</b>	+02:18:41 (53.9%)	12:15	4.9 (46.2%)	
389	<b>ŻÓŁKOWSKI Jakub</b>	<b>3519</b>		Open Mężczyzn	191	09:30	01:44:29	<b>04:17:27.65</b>	<b>04:17:27.65</b>	+02:18:42 (53.9%)	12:15	4.9 (46.2%)	
390	<b>PYSZNY Patryk</b>	<b>3673</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	192	10:30	01:49:53	<b>04:17:40.30</b>	<b>04:17:40.30</b>	+02:18:54 (53.9%)	12:16	4.9 (46.2%)	
391	<b>SZCZUDŁO Andrzej</b>	<b>3303</b>		Open Mężczyzn	193	08:30	01:47:41	<b>04:18:10.75</b>	<b>04:18:10.75</b>	+02:19:25 (54.0%)	12:17	4.9 (46.2%)	
392	<b>MAJEWSKI Jacek</b>	<b>3748</b>		Open Mężczyzn	194	11:00	01:47:17	<b>04:18:28.75</b>	<b>04:18:28.75</b>	+02:19:43 (54.1%)	12:18	4.9 (46.2%)	
393	<b>OLESIAK Mateusz</b>	<b>3712</b>	MATKAM	Open Mężczyzn	195	11:00	01:47:17	<b>04:18:28.80</b>	<b>04:18:28.80</b>	+02:19:43 (54.1%)	12:18	4.9 (46.2%)	
394	<b>LEONARSKI Sebastian</b>	<b>3670</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	196	10:30	01:49:54	<b>04:18:36.45</b>	<b>04:18:36.45</b>	+02:19:51 (54.1%)	12:18	4.9 (46.2%)	
395	<b>MODELSKI Piotr</b>	<b>3750</b>		Open Mężczyzn	197	11:00	01:37:07	<b>04:19:12.10</b>	<b>04:19:12.10</b>	+02:20:26 (54.2%)	12:20	4.9 (46.2%)	
396	<b>OLSZEWSKI Dawid</b>	<b>3753</b>		Open Mężczyzn	198	11:00	01:37:00	<b>04:19:20.05</b>	<b>04:19:20.05</b>	+02:20:34 (54.2%)	12:20	4.9 (46.2%)	
397	<b>KULCZAK Paweł</b>	<b>3283</b>		Open Masters Mężczyzn	47	08:30	01:46:28	<b>04:19:35.60</b>	<b>04:19:35.60</b>	+02:20:50 (54.3%)	12:21	4.9 (46.2%)	
398	<b>CHARA Piotr</b>	<b>3730</b>		Open Mężczyzn	199	11:00	01:44:54	<b>04:19:59.90</b>	<b>04:19:59.90</b>	+02:21:14 (54.3%)	12:22	4.8 (45.3%)	
399	<b>RZONSIK Katarzyna</b>	<b>3674</b>	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	4	10:30	01:48:17	<b>04:20:10.20</b>	<b>04:20:10.20</b>	+02:21:24 (54.4%)	12:23	4.8 (45.3%)	
400	<b>BOŚKA Patryk</b>	<b>3051</b>	GLADIATORS BY RMF4RT	Open Mężczyzn	200	07:50	01:36:59	<b>04:20:13.45</b>	<b>04:20:13.45</b>	+02:21:28 (54.4%)	12:23	4.8 (45.3%)	
401	<b>JÓZEFOWSKI Robert</b>	<b>3634</b>		Open Mężczyzn	201	10:15	01:44:26	<b>04:20:16.40</b>	<b>04:20:16.40</b>	+02:21:30 (54.4%)	12:23	4.8 (45.3%)	
402	<b>KRZYŚPIAK Jakub</b>	<b>3640</b>		Open Mężczyzn	202	10:15	01:44:23	<b>04:20:16.50</b>	<b>04:20:16.50</b>	+02:21:31 (54.4%)	12:23	4.8 (45.3%)	
403	<b>KRZYŚPIAK Michał</b>	<b>3641</b>		Open Mężczyzn	203	10:15	01:44:23	<b>04:20:17.15</b>	<b>04:20:17.15</b>	+02:21:31 (54.4%)	12:23	4.8 (45.3%)	
404	<b>WIŚNIEWSKA Arleta</b>	<b>3676</b>	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	5	10:30	01:48:18	<b>04:20:17.40</b>	<b>04:20:17.40</b>	+02:21:31 (54.4%)	12:23	4.8 (45.3%)	
405	<b>JULIKOWSKI Karol</b>	<b>3107</b>	POWER TRAINING	Elite Mężczyzn	100	07:50	01:39:46	<b>04:20:23.85</b>	<b>04:20:23.85</b>	+02:21:38 (54.4%)	12:23	4.8 (45.3%)	
406	<b>DOMAGALSKI Artur</b>	<b>3611</b>	LATAJĄCE WALENIE ŚMIERCI	Open Masters Mężczyzn	48	10:15	01:49:39	<b>04:21:04.20</b>	<b>04:21:04.20</b>	+02:22:18 (54.5%)	12:25	4.8 (45.3%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
407	<b>DOMAGALSKI Marek</b>	<b>3612</b>	LATAJĄCE WALENIE ŚMIERCI	Open Mężczyzn	204	10:15	01:49:39	<b>04:21:04.35</b>	<b>04:21:04.35</b>	+02:22:18 (54.5%)	12:25	4.8 (45.3%)	
408	<b>FOREMNY Adrian</b>	<b>3613</b>	LATAJĄCE WALENIE ŚMIERCI	Open Mężczyzn	205	10:15	01:49:39	<b>04:21:04.60</b>	<b>04:21:04.60</b>	+02:22:19 (54.5%)	12:25	4.8 (45.3%)	
409	<b>DENHAM Justin</b>	<b>3062</b>	HUSARIA RACE TEAM	Open Mężczyzn	206	07:50	01:49:36	<b>04:21:22.85</b>	<b>04:21:22.85</b>	+02:22:37 (54.6%)	12:26	4.8 (45.3%)	
410	<b>GORCZYCA Rafał</b>	<b>3422</b>		Open Mężczyzn	207	09:15	01:45:58	<b>04:21:58.30</b>	<b>04:21:58.30</b>	+02:23:12 (54.7%)	12:28	4.8 (45.3%)	
411	<b>MICHALSKA Adrianna</b>	<b>3433</b>		Open Kobiet	10	09:15	01:45:59	<b>04:21:59.25</b>	<b>04:21:59.25</b>	+02:23:13 (54.7%)	12:28	4.8 (45.3%)	
412	<b>RABASZOWSKI Jacek</b>	<b>3603</b>	DGH	Open Mężczyzn	208	10:15	01:45:06	<b>04:22:01.60</b>	<b>04:22:01.60</b>	+02:23:16 (54.7%)	12:28	4.8 (45.3%)	
413	<b>BIZOŃ Jakub</b>	<b>3622</b>		Open Mężczyzn	209	10:15	01:45:08	<b>04:22:01.70</b>	<b>04:22:01.70</b>	+02:23:16 (54.7%)	12:28	4.8 (45.3%)	
414	<b>MILEWSKA Marta</b>	<b>3607</b>	HARDKORKI SZCZECIN	Open Kobiet	11	10:15	01:54:12	<b>04:22:08.60</b>	<b>04:22:08.60</b>	+02:23:23 (54.7%)	12:28	4.8 (45.3%)	
415	<b>OLAS Piotr</b>	<b>3363</b>		Open Mężczyzn	210	09:00	01:47:50	<b>04:22:17.10</b>	<b>04:22:17.10</b>	+02:23:31 (54.7%)	12:29	4.8 (45.3%)	
416	<b>CHILCZUK Piotr</b>	<b>3343</b>		Open Mężczyzn	211	09:00	01:49:19	<b>04:22:43.05</b>	<b>04:22:43.05</b>	+02:23:57 (54.8%)	12:30	4.8 (45.3%)	
417	<b>MROCZKA Maciej</b>	<b>3190</b>		Elite Mężczyzn	101	08:00	01:50:09	<b>04:22:54.80</b>	<b>04:22:54.80</b>	+02:24:09 (54.8%)	12:31	4.8 (45.3%)	
418	<b>KIELISZEK Konrad</b>	<b>3559</b>		Open Mężczyzn	212	10:00	01:48:38	<b>04:23:38.85</b>	<b>04:23:38.85</b>	+02:24:53 (55.0%)	12:33	4.8 (45.3%)	
419	<b>BUDZISZ Rafał</b>	<b>3420</b>		Open Mężczyzn	213	09:15	01:47:51	<b>04:24:13.10</b>	<b>04:24:13.10</b>	+02:25:27 (55.1%)	12:34	4.8 (45.3%)	
420	<b>MACURA Marek</b>	<b>3605</b>	EXTREME WARRIOR PARK	Open Mężczyzn	214	10:15	01:43:16	<b>04:25:16.15</b>	<b>04:25:16.15</b>	+02:26:30 (55.2%)	12:37	4.7 (44.3%)	
421	<b>TOMASZEWICZ Adam</b>	<b>3068</b>	KLONO TEAM	Open Mężczyzn	215	08:00	01:35:23	<b>04:25:23.80</b>	<b>04:25:23.80</b>	+02:26:38 (55.3%)	12:38	4.7 (44.3%)	
422	<b>DOBEK Marcin</b>	<b>3252</b>	HUSARIA RACE TEAM	Open Mężczyzn	216	08:30	01:51:31	<b>04:25:35.15</b>	<b>04:25:35.15</b>	+02:26:49 (55.3%)	12:38	4.7 (44.3%)	
423	<b>ŁYPIK Jakub</b>	<b>3255</b>	HUSARIA RACE TEAM	Open Mężczyzn	217	08:30	01:51:31	<b>04:25:36.35</b>	<b>04:25:36.35</b>	+02:26:50 (55.3%)	12:38	4.7 (44.3%)	
424	<b>PELA Jakub</b>	<b>3192</b>		Open Mężczyzn	218	08:00	01:42:59	<b>04:25:39.10</b>	<b>04:25:39.10</b>	+02:26:53 (55.3%)	12:39	4.7 (44.3%)	
425	<b>MUSZ Rafał</b>	<b>3362</b>		Open Mężczyzn	219	09:00	01:50:40	<b>04:25:46.90</b>	<b>04:25:46.90</b>	+02:27:01 (55.3%)	12:39	4.7 (44.3%)	
426	<b>MAZUR Piotr</b>	<b>3360</b>		Open Mężczyzn	220	09:00	01:50:41	<b>04:25:48.20</b>	<b>04:25:48.20</b>	+02:27:02 (55.3%)	12:39	4.7 (44.3%)	
427	<b>FUCHS Bartosz</b>	<b>3253</b>	HUSARIA RACE TEAM	Open Mężczyzn	221	08:30	01:51:32	<b>04:26:00.65</b>	<b>04:26:00.65</b>	+02:27:15 (55.4%)	12:40	4.7 (44.3%)	
428	<b>PAWŁOWSKI Krzysztof</b>	<b>3481</b>	UNITED RUNNERS	Open Mężczyzn	222	10:00	01:53:18	<b>04:26:35.15</b>	<b>04:26:35.15</b>	+02:27:49 (55.5%)	12:41	4.7 (44.3%)	
429	<b>MOCHNACZ Szymon</b>	<b>3189</b>		Open Mężczyzn	223	08:00	01:49:26	<b>04:26:38.80</b>	<b>04:26:38.80</b>	+02:27:53 (55.5%)	12:41	4.7 (44.3%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
430	<b>KAŁUŻA Robert</b>	<b>3472</b>	PARTACZE	Open Mężczyzn	224	09:30	01:50:36	<b>04:26:42.00</b>	<b>04:26:42.00</b>	+02:27:56 (55.5%)	12:42	4.7 (44.3%)	
431	<b>BEDNARSKI Rafał</b>	<b>3471</b>	PARTACZE	Open Mężczyzn	225	09:30	01:50:33	<b>04:26:43.85</b>	<b>04:26:43.85</b>	+02:27:58 (55.5%)	12:42	4.7 (44.3%)	
432	<b>RUSZEWSKI Jarosław</b>	<b>3610</b>	HUSARIA RACE TEAM	Open Masters Mężczyzn	49	10:15	01:47:58	<b>04:26:46.50</b>	<b>04:26:46.50</b>	+02:28:01 (55.5%)	12:42	4.7 (44.3%)	
433	<b>RUSZEWSKA Anna</b>	<b>3609</b>	HUSARIA RACE TEAM	Open Masters Kobiet	6	10:15	01:47:59	<b>04:26:46.65</b>	<b>04:26:46.65</b>	+02:28:01 (55.5%)	12:42	4.7 (44.3%)	
434	<b>KUREK Hubert</b>	<b>3606</b>	HARDKORKI SZCZECIN	Open Mężczyzn	226	10:15	01:57:04	<b>04:26:59.90</b>	<b>04:26:59.90</b>	+02:28:14 (55.5%)	12:42	4.7 (44.3%)	
435	<b>GOŁĘBIEWSKI Patryk</b>	<b>3344</b>		Open Mężczyzn	227	09:00	01:52:15	<b>04:27:12.00</b>	<b>04:27:12.00</b>	+02:28:26 (55.6%)	12:43	4.7 (44.3%)	
436	<b>OWCZAREK Adam</b>	<b>3531</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	228	10:00	01:47:13	<b>04:27:40.25</b>	<b>04:27:40.25</b>	+02:28:54 (55.6%)	12:44	4.7 (44.3%)	
437	<b>MILLER Robert</b>	<b>3569</b>		Open Masters Mężczyzn	50	10:00	01:50:02	<b>04:27:40.90</b>	<b>04:27:40.90</b>	+02:28:55 (55.6%)	12:44	4.7 (44.3%)	
438	<b>GÓRCZAK Arkadiusz</b>	<b>3555</b>		Open Mężczyzn	229	10:00	01:49:51	<b>04:27:50.30</b>	<b>04:27:50.30</b>	+02:29:04 (55.7%)	12:45	4.7 (44.3%)	
439	<b>SZULC Michał</b>	<b>3202</b>		Open Mężczyzn	230	08:00	01:50:19	<b>04:27:53.35</b>	<b>04:27:53.35</b>	+02:29:07 (55.7%)	12:45	4.7 (44.3%)	
440	<b>PRZYBYLSKI Maciej</b>	<b>3368</b>		Open Mężczyzn	231	09:00	01:52:17	<b>04:28:07.90</b>	<b>04:28:07.90</b>	+02:29:22 (55.7%)	12:46	4.7 (44.3%)	
441	<b>ŚLIWOWSKI Adrian</b>	<b>3299</b>		Open Mężczyzn	232	08:30	01:53:42	<b>04:28:50.40</b>	<b>04:28:50.40</b>	+02:30:04 (55.8%)	12:48	4.7 (44.3%)	
442	<b>MATCZAK Hubert</b>	<b>3387</b>	FIREFIGHTER TEAM WWA	Open Mężczyzn	233	09:15	01:44:02	<b>04:29:05.05</b>	<b>04:29:05.05</b>	+02:30:19 (55.9%)	12:48	4.7 (44.3%)	
443	<b>SZYMAŃSKI Adam</b>	<b>3385</b>	DZIADY OCR	Open Masters Mężczyzn	51	09:15	01:46:56	<b>04:29:15.75</b>	<b>04:29:15.75</b>	+02:30:30 (55.9%)	12:49	4.7 (44.3%)	
444	<b>GRZANECKI Marcin</b>	<b>3186</b>		Open Masters Mężczyzn	52	08:00	01:28:40	<b>04:30:20.80</b>	<b>04:30:20.80</b>	+02:31:35 (56.1%)	12:52	4.7 (44.3%)	
445	<b>SKLEPOWICZ Jacek</b>	<b>3442</b>		Open Masters Mężczyzn	53	09:00	01:53:43	<b>04:30:27.30</b>	<b>04:30:27.30</b>	+02:31:41 (56.1%)	12:52	4.7 (44.3%)	
446	<b>NABAGŁO Marcin</b>	<b>3069</b>	KOCHAM SŁODKIE	Open Mężczyzn	234	08:00	02:06:40	<b>04:31:09.45</b>	<b>04:31:09.45</b>	+02:32:24 (56.2%)	12:54	4.6 (43.4%)	
447	<b>ZALEWSKI Sebastian</b>	<b>3761</b>		Open Mężczyzn	235	11:00	01:53:49	<b>04:31:44.30</b>	<b>04:31:44.30</b>	+02:32:58 (56.3%)	12:56	4.6 (43.4%)	
448	<b>KUŚMIEREK Tomasz</b>	<b>3564</b>		Open Masters Mężczyzn	54	10:00	01:50:25	<b>04:31:58.10</b>	<b>04:31:58.10</b>	+02:33:12 (56.3%)	12:57	4.6 (43.4%)	
449	<b>STEFAN Grzegorz</b>	<b>3384</b>	CARBON SILESIA SPORT	Open Masters Mężczyzn	55	09:15	01:55:00	<b>04:32:02.40</b>	<b>04:32:02.40</b>	+02:33:16 (56.3%)	12:57	4.6 (43.4%)	
450	<b>WASIAK Rafal</b>	<b>3586</b>		Open Mężczyzn	236	10:00	01:49:53	<b>04:32:04.35</b>	<b>04:32:04.35</b>	+02:33:18 (56.4%)	12:57	4.6 (43.4%)	
451	<b>KORNACKA Agnieszka</b>	<b>3562</b>		Open Masters Kobiet	7	10:00	01:49:58	<b>04:32:08.90</b>	<b>04:32:08.90</b>	+02:33:23 (56.4%)	12:57	4.6 (43.4%)	
452	<b>KARASEK Andrzej</b>	<b>3558</b>		Open Mężczyzn	237	10:00	01:49:58	<b>04:32:09.20</b>	<b>04:32:09.20</b>	+02:33:23 (56.4%)	12:57	4.6 (43.4%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
453	ZIELIŃSKI Michał	3210		Open Mężczyzn	238	08:00	02:09:10		04:32:10.20	04:32:10.20	+02:33:24 (56.4%)	12:57	4.6 (43.4%)
454	MARKOWSKI Robert	3567		Open Masters Mężczyzn	56	10:00	01:50:33		04:32:26.70	04:32:26.70	+02:33:41 (56.4%)	12:58	4.6 (43.4%)
455	JEDRASZYK Klaudia	3540	ZJEBKI BEZ EPKI	Open Kobiet	12	10:00	01:54:57		04:32:55.25	04:32:55.25	+02:34:09 (56.5%)	12:59	4.6 (43.4%)
456	RATAJCZAK Rafał	3293		Open Masters Mężczyzn	57	08:30	01:56:50		04:32:57.05	04:32:57.05	+02:34:11 (56.5%)	12:59	4.6 (43.4%)
457	KRAWCZYK Joanna	3254	HUSARIA RACE TEAM	Open Kobiet	13	08:30	01:56:56		04:33:04.10	04:33:04.10	+02:34:18 (56.5%)	13:00	4.6 (43.4%)
458	BASISTA Filip	3724		Open Mężczyzn	239	11:00	01:49:40		04:33:26.55	04:33:26.55	+02:34:41 (56.6%)	13:01	4.6 (43.4%)
459	BASISTA Maciej	3725		Open Mężczyzn	240	11:00	01:49:39		04:33:31.30	04:33:31.30	+02:34:45 (56.6%)	13:01	4.6 (43.4%)
460	HWASTEK Waldemar	3737		Open Mężczyzn	241	11:00	01:49:37		04:33:34.90	04:33:34.90	+02:34:49 (56.6%)	13:01	4.6 (43.4%)
461	MICHALSKI Daniel	3288		Open Mężczyzn	242	08:30	01:44:59		04:33:36.60	04:33:36.60	+02:34:51 (56.6%)	13:01	4.6 (43.4%)
462	MŁOTEK Jakub	3338	STOMILEX	Open Mężczyzn	243	09:00	01:52:17		04:33:58.10	04:33:58.10	+02:35:12 (56.7%)	13:02	4.6 (43.4%)
463	KAMIŃSKI Maciej	3314	DANFOSS	Open Mężczyzn	244	09:00	01:52:17		04:33:58.60	04:33:58.60	+02:35:13 (56.7%)	13:02	4.6 (43.4%)
464	ŁĘPICKI Mateusz	3076	LEMON TEAM	Elite Mężczyzn	102	07:50	02:02:03		04:34:01.50	04:34:01.50	+02:35:16 (56.7%)	13:02	4.6 (43.4%)
465	MODERSKI Mateusz	3361		Open Masters Mężczyzn	58	09:00	01:55:48		04:34:06.10	04:34:06.10	+02:35:20 (56.7%)	13:03	4.6 (43.4%)
466	KOWALKOWSKI Tomasz	3329	PRZEBIEŻKA TEAM	Open Masters Mężczyzn	59	09:00	01:54:21		04:35:04.15	04:35:04.15	+02:36:18 (56.8%)	13:05	4.6 (43.4%)
467	MAKUSIEWICZ Mariusz	3330	PRZEBIEŻKA TEAM	Open Masters Mężczyzn	60	09:00	01:54:22		04:35:04.80	04:35:04.80	+02:36:19 (56.8%)	13:05	4.6 (43.4%)
468	PODBIELSKI Krystian	3667	OSPRO TEAM	Open Mężczyzn	245	10:30	01:50:13		04:35:14.35	04:35:14.35	+02:36:28 (56.9%)	13:06	4.6 (43.4%)
469	PODBIELSKA Gosia	3666	OSPRO TEAM	Open Kobiet	14	10:30	01:50:14		04:35:17.60	04:35:17.60	+02:36:32 (56.9%)	13:06	4.6 (43.4%)
470	MALISZEWSKI Jakub	3063	HUSARIA RACE TEAM	Open Mężczyzn	246	07:50	01:51:51		04:35:24.10	04:35:24.10	+02:36:38 (56.9%)	13:06	4.6 (43.4%)
471	KUCHARCZYK Piotr	3563		Open Mężczyzn	247	10:00	01:49:41		04:35:38.95	04:35:38.95	+02:36:53 (56.9%)	13:07	4.6 (43.4%)
472	ADAMCZYK Zuzanna	3542		Open Kobiet	15	10:00	01:56:56		04:35:56.40	04:35:56.40	+02:37:10 (57.0%)	13:08	4.6 (43.4%)
472	KOMOŃ Kamil	3561		Open Mężczyzn	248	10:00	01:56:57		04:35:56.40	04:35:56.40	+02:37:10 (57.0%)	13:08	4.6 (43.4%)
474	BORUC Tomasz	3535	SPEEDSTERS	Open Masters Mężczyzn	61	10:00	01:56:58		04:35:58.00	04:35:58.00	+02:37:12 (57.0%)	13:08	4.6 (43.4%)
475	ŻUREK Michał	3105	OCR TEAM BYDLAKI	Open Mężczyzn	249	08:00	01:13:33		04:36:13.20	04:36:13.20	+02:37:27 (57.0%)	13:09	4.6 (43.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORECZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
476	<b>KONIECZNA Żaneta</b>	<b>3260</b>	PSYCHIATRYK KOPERNIKA	Open Kobiet	16	08:30	01:59:13	<b>04:36:13.85</b>	<b>04:36:13.85</b>	+02:37:28 (57.0%)	13:09	4.6 (43.4%)	
477	<b>SMATER Katarzyna</b>	<b>3534</b>	SKOŃCZENI OCR	Open Kobiet	17	10:00	01:57:46	<b>04:37:38.65</b>	<b>04:37:38.65</b>	+02:38:53 (57.2%)	13:13	4.5 (42.5%)	
478	<b>PROTASEWICZ Paulina</b>	<b>3533</b>	SKOŃCZENI OCR	Open Kobiet	18	10:00	01:57:47	<b>04:37:38.70</b>	<b>04:37:38.70</b>	+02:38:53 (57.2%)	13:13	4.5 (42.5%)	
479	<b>KOŹMIŃSKA Aleksandra</b>	<b>3532</b>	SKOŃCZENI OCR	Open Kobiet	19	10:00	01:57:47	<b>04:37:38.95</b>	<b>04:37:38.95</b>	+02:38:53 (57.2%)	13:13	4.5 (42.5%)	
480	<b>NAWARA Beniamin</b>	<b>3695</b>		Open Mężczyzn	250	10:30	01:43:07	<b>04:37:54.50</b>	<b>04:37:54.50</b>	+02:39:09 (57.3%)	13:14	4.5 (42.5%)	
481	<b>BRĄCZYK Ewa</b>	<b>3728</b>		Open Kobiet	20	10:15	01:56:46	<b>04:38:04.15</b>	<b>04:38:04.15</b>	+02:39:18 (57.3%)	13:14	4.5 (42.5%)	
482	<b>KOIS Mateusz</b>	<b>3743</b>		Open Mężczyzn	251	10:15	01:56:47	<b>04:38:05.65</b>	<b>04:38:05.65</b>	+02:39:20 (57.3%)	13:14	4.5 (42.5%)	
483	<b>WŁUKA Łukasz</b>	<b>3588</b>		Open Masters Mężczyzn	62	10:00	01:54:36	<b>04:38:07.85</b>	<b>04:38:07.85</b>	+02:39:22 (57.3%)	13:14	4.5 (42.5%)	
484	<b>PIĄTEK Przemysław</b>	<b>3662</b>	HUSARIA RACE TEAM	Open Mężczyzn	252	10:30	01:50:24	<b>04:39:31.00</b>	<b>04:39:31.00</b>	+02:40:45 (57.5%)	13:18	4.5 (42.5%)	
485	<b>TORBUS Marcin</b>	<b>3701</b>		Open Mężczyzn	253	10:30	01:50:24	<b>04:39:38.60</b>	<b>04:39:38.60</b>	+02:40:53 (57.5%)	13:18	4.5 (42.5%)	
486	<b>PIĄTEK Łukasz</b>	<b>3698</b>		Open Mężczyzn	254	10:30	01:50:25	<b>04:39:39.85</b>	<b>04:39:39.85</b>	+02:40:54 (57.5%)	13:19	4.5 (42.5%)	
487	<b>CZERECH Łukasz</b>	<b>3685</b>		Open Mężczyzn	255	10:30	01:50:32	<b>04:39:46.50</b>	<b>04:39:46.50</b>	+02:41:01 (57.6%)	13:19	4.5 (42.5%)	
488	<b>KACHEL Agata</b>	<b>3718</b>	SZTURM	Open Kobiet	21	11:00	01:55:49	<b>04:40:04.70</b>	<b>04:40:04.70</b>	+02:41:19 (57.6%)	13:20	4.5 (42.5%)	
489	<b>WASIŁEK Kamil</b>	<b>3376</b>		Open Mężczyzn	256	09:00	01:47:05	<b>04:40:19.65</b>	<b>04:40:19.65</b>	+02:41:34 (57.6%)	13:20	4.5 (42.5%)	
490	<b>STAŃCZYK Aleksandra</b>	<b>3617</b>	LWICA I LWY	Open Kobiet	22	10:15	01:52:20	<b>04:40:55.25</b>	<b>04:40:55.25</b>	+02:42:09 (57.7%)	13:22	4.5 (42.5%)	
491	<b>STAŃCZYK Aleksandra</b>	<b>3616</b>	LWICA I LWY	Open Kobiet	23	10:15	01:52:20	<b>04:40:57.50</b>	<b>04:40:57.50</b>	+02:42:12 (57.7%)	13:22	4.5 (42.5%)	
492	<b>MISZTELA Marcin</b>	<b>3614</b>	LWICA I LWY	Open Masters Mężczyzn	63	10:15	01:52:23	<b>04:40:59.05</b>	<b>04:40:59.05</b>	+02:42:13 (57.7%)	13:22	4.5 (42.5%)	
493	<b>CERAJEWSKA Hanna</b>	<b>3539</b>	ZJEBKI BEZ EPKI	Open Kobiet	24	10:00	01:56:22	<b>04:41:01.90</b>	<b>04:41:01.90</b>	+02:42:16 (57.7%)	13:22	4.5 (42.5%)	
494	<b>MAJEWSKA Nicola</b>	<b>3541</b>	ZJEBKI BEZ EPKI	Open Kobiet	25	10:00	01:56:10	<b>04:41:02.15</b>	<b>04:41:02.15</b>	+02:42:16 (57.7%)	13:22	4.5 (42.5%)	
495	<b>KOZDÓJ Ewa</b>	<b>3428</b>		Open Masters Kobiet	8	09:15	01:54:50	<b>04:41:07.80</b>	<b>04:41:07.80</b>	+02:42:22 (57.8%)	13:23	4.5 (42.5%)	
496	<b>ŁYSEK Tomasz</b>	<b>3429</b>		Open Masters Mężczyzn	64	09:15	01:54:50	<b>04:41:08.00</b>	<b>04:41:08.00</b>	+02:42:22 (57.8%)	13:23	4.5 (42.5%)	
497	<b>CHOROŚ Michał</b>	<b>3267</b>	UNITED RUNNERS	Open Mężczyzn	257	08:30	02:00:39	<b>04:41:37.15</b>	<b>04:41:37.15</b>	+02:42:51 (57.8%)	13:24	4.5 (42.5%)	
498	<b>ŁUSZCZYNA Robert</b>	<b>3747</b>		Open Mężczyzn	258	11:00	01:52:18	<b>04:41:38.00</b>	<b>04:41:38.00</b>	+02:42:52 (57.8%)	13:24	4.5 (42.5%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
499	<b>ANDRZEJEWSKI Grzegorz</b>	<b>3340</b>		Open Mężczyzn	259	09:00	01:47:05	<b>04:41:40.00</b>	<b>04:41:40.00</b>	+02:42:54 (57.8%)	13:24	4.5 (42.5%)	
500	<b>GOMOŁA-PARADOWSKA Anna</b>	<b>3258</b>	POWER TRAINING	Open Kobiet	26	08:30	02:05:19	<b>04:41:43.50</b>	<b>04:41:43.50</b>	+02:42:58 (57.8%)	13:24	4.5 (42.5%)	
501	<b>TROJANOWSKI Maciej</b>	<b>3331</b>	RMF4RT GLADIATORS	Open Mężczyzn	260	09:00	01:47:06	<b>04:41:43.65</b>	<b>04:41:43.65</b>	+02:42:58 (57.8%)	13:24	4.5 (42.5%)	
502	<b>GĘCA Marcin</b>	<b>3139</b>	ŚWINIODZIKI	Open Mężczyzn	261	08:00	02:05:48	<b>04:41:55.40</b>	<b>04:41:55.40</b>	+02:43:09 (57.9%)	13:25	4.5 (42.5%)	
503	<b>FLICIŃSKI Marcin</b>	<b>3733</b>		Open Mężczyzn	262	11:00	01:51:43	<b>04:42:33.25</b>	<b>04:42:33.25</b>	+02:43:47 (58.0%)	13:27	4.5 (42.5%)	
504	<b>SŁODKOWSKI Marek</b>	<b>3060</b>	HARDCORY	Open Mężczyzn	263	08:00	01:51:52	<b>04:42:47.65</b>	<b>04:42:47.65</b>	+02:44:02 (58.0%)	13:27	4.5 (42.5%)	
505	<b>KRAWCZAK Kamil</b>	<b>3638</b>		Open Mężczyzn	264	10:15	01:52:51	<b>04:42:48.50</b>	<b>04:42:48.50</b>	+02:44:03 (58.0%)	13:28	4.5 (42.5%)	
506	<b>HAJDUCZYK Kamil</b>	<b>3691</b>		Open Mężczyzn	265	10:30	01:53:28	<b>04:42:54.05</b>	<b>04:42:54.05</b>	+02:44:08 (58.0%)	13:28	4.5 (42.5%)	
507	<b>KURKOWSKI Jarosław</b>	<b>3644</b>		Open Masters Mężczyzn	65	10:15	01:56:39	<b>04:42:59.55</b>	<b>04:42:59.55</b>	+02:44:14 (58.0%)	13:28	4.5 (42.5%)	
508	<b>KRAWCZAK Emil</b>	<b>3262</b>	PWPW S.A.	Open Mężczyzn	266	08:30	01:52:13	<b>04:43:04.50</b>	<b>04:43:04.50</b>	+02:44:19 (58.0%)	13:28	4.5 (42.5%)	
509	<b>KOSIŃSKI Tomasz</b>	<b>3250</b>	EXTREME WAYS	Open Mężczyzn	267	08:30	01:52:13	<b>04:43:05.10</b>	<b>04:43:05.10</b>	+02:44:19 (58.0%)	13:28	4.5 (42.5%)	
510	<b>WODZYŃSKI Adam</b>	<b>3313</b>	BIEG DLA HANI	Open Mężczyzn	268	09:00	01:55:36	<b>04:43:34.40</b>	<b>04:43:34.40</b>	+02:44:48 (58.1%)	13:30	4.4 (41.5%)	
510	<b>BARAN Przemysław</b>	<b>3312</b>	BIEG DLA HANI	Open Mężczyzn	268	09:00	01:55:35	<b>04:43:34.40</b>	<b>04:43:34.40</b>	+02:44:48 (58.1%)	13:30	4.4 (41.5%)	
512	<b>IMBIORSKI Dawid</b>	<b>3498</b>		Open Mężczyzn	270	09:30	01:59:13	<b>04:43:37.40</b>	<b>04:43:37.40</b>	+02:44:51 (58.1%)	13:30	4.4 (41.5%)	
513	<b>SŁABASZEWSKI Kamil</b>	<b>3319</b>	HARPAGAN BEAST	Open Mężczyzn	271	09:15	01:52:05	<b>04:43:38.95</b>	<b>04:43:38.95</b>	+02:44:53 (58.1%)	13:30	4.4 (41.5%)	
514	<b>GIBALSKI Jarek</b>	<b>3598</b>	BOXING TEAM NOSIR	Open Masters Mężczyzn	66	10:15	01:56:42	<b>04:43:41.35</b>	<b>04:43:41.35</b>	+02:44:55 (58.1%)	13:30	4.4 (41.5%)	
515	<b>GÓRNAŚ Zofia</b>	<b>3600</b>	BOXING TEAM NOSIR	Open Kobiet	27	10:15	01:56:41	<b>04:43:41.40</b>	<b>04:43:41.40</b>	+02:44:55 (58.1%)	13:30	4.4 (41.5%)	
516	<b>GREBER Jarek</b>	<b>3658</b>	FF RED TEAM	Open Masters Mężczyzn	67	10:30	01:57:13	<b>04:43:43.45</b>	<b>04:43:43.45</b>	+02:44:58 (58.1%)	13:30	4.4 (41.5%)	
517	<b>GÓRNAŚ Tomasz</b>	<b>3599</b>	BOXING TEAM NOSIR	Open Masters Mężczyzn	68	10:15	01:56:42	<b>04:43:46.25</b>	<b>04:43:46.25</b>	+02:45:00 (58.2%)	13:30	4.4 (41.5%)	
518	<b>NIEDZIELA Sebastian</b>	<b>3251</b>	HARPAGAN BEAST	Open Mężczyzn	272	09:15	01:52:18	<b>04:43:50.15</b>	<b>04:43:50.15</b>	+02:45:04 (58.2%)	13:30	4.4 (41.5%)	
519	<b>WIENER Szymon</b>	<b>3660</b>	FF RED TEAM	Open Mężczyzn	273	10:30	01:57:14	<b>04:43:51.80</b>	<b>04:43:51.80</b>	+02:45:06 (58.2%)	13:31	4.4 (41.5%)	
520	<b>CZAIICKI Jakub</b>	<b>3395</b>	HARPAGAN BEAST	Open Mężczyzn	274	09:15	01:52:12	<b>04:43:52.65</b>	<b>04:43:52.65</b>	+02:45:07 (58.2%)	13:31	4.4 (41.5%)	
521	<b>ZIÓŁKOWSKA Monika</b>	<b>3677</b>	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	28	10:30	01:49:00	<b>04:43:55.40</b>	<b>04:43:55.40</b>	+02:45:09 (58.2%)	13:31	4.4 (41.5%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
522	<b>PODLEŚNY Michał</b>	<b>3672</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	275	10:30	01:49:29	<b>04:43:59.65</b>	<b>04:43:59.65</b>	+02:45:14 (58.2%)	13:31	4.4 (41.5%)	
523	<b>BUDEK Weronika</b>	<b>3547</b>		Open Kobiet	29	10:00	01:59:32	<b>04:44:13.00</b>	<b>04:44:13.00</b>	+02:45:27 (58.2%)	13:32	4.4 (41.5%)	
524	<b>FILAS Rafał</b>	<b>3554</b>		Open Mężczyzn	276	10:00	01:59:32	<b>04:44:16.60</b>	<b>04:44:16.60</b>	+02:45:31 (58.2%)	13:32	4.4 (41.5%)	
525	<b>SZYDŁO Michał</b>	<b>3304</b>		Open Mężczyzn	277	08:30	01:47:41	<b>04:44:30.55</b>	<b>04:44:30.55</b>	+02:45:45 (58.3%)	13:32	4.4 (41.5%)	
526	<b>WOJTAŚ Bartłomiej</b>	<b>3707</b>	EXTREME WARRIOR FAMILY	Open Mężczyzn	278	11:00	02:01:11	<b>04:44:32.20</b>	<b>04:44:32.20</b>	+02:45:46 (58.3%)	13:32	4.4 (41.5%)	
527	<b>CHODORSKI Łukasz</b>	<b>3115</b>	PSYCHIATRYK KOPERNIKA	Open Mężczyzn	279	07:50	01:46:45	<b>04:44:49.70</b>	<b>04:44:49.70</b>	+02:46:04 (58.3%)	13:33	4.4 (41.5%)	
528	<b>OSZCZEPALSKI Krzysztof</b>	<b>3697</b>		Open Mężczyzn	280	10:30	01:52:00	<b>04:45:04.60</b>	<b>04:45:04.60</b>	+02:46:19 (58.3%)	13:34	4.4 (41.5%)	
529	<b>FETLIŃSKI Grzegorz</b>	<b>3608</b>	HUSARIA RACE TEAM	Open Masters Mężczyzn	69	10:30	01:57:14	<b>04:45:04.65</b>	<b>04:45:04.65</b>	+02:46:19 (58.3%)	13:34	4.4 (41.5%)	
530	<b>GĘCA Angelika</b>	<b>3266</b>	ŚWINIODZIKI	Open Kobiet	30	08:30	01:59:51	<b>04:45:16.75</b>	<b>04:45:16.75</b>	+02:46:31 (58.4%)	13:35	4.4 (41.5%)	
531	<b>CZECHOWSKI Konrad</b>	<b>3160</b>	WATAHA	Open Mężczyzn	281	07:40	01:53:18	<b>04:45:18.70</b>	<b>04:45:18.70</b>	+02:46:33 (58.4%)	13:35	4.4 (41.5%)	
532	<b>KRAWCZAK Karol</b>	<b>3639</b>		Open Mężczyzn	282	10:15	01:52:50	<b>04:45:32.05</b>	<b>04:45:32.05</b>	+02:46:46 (58.4%)	13:35	4.4 (41.5%)	
533	<b>JAGLIŃSKI Rafał</b>	<b>3557</b>		Open Mężczyzn	283	10:00	01:58:51	<b>04:45:41.25</b>	<b>04:45:41.25</b>	+02:46:55 (58.4%)	13:36	4.4 (41.5%)	
534	<b>PSUT Kamil</b>	<b>3462</b>	MELVIT TEAM	Open Mężczyzn	284	09:30	02:08:09	<b>04:46:19.70</b>	<b>04:46:19.70</b>	+02:47:34 (58.5%)	13:38	4.4 (41.5%)	
535	<b>JANKOWSKI Dominik</b>	<b>3053</b>	GLADIATORS BY RMF4RT	Open Masters Mężczyzn	70	07:50	01:57:28	<b>04:46:25.50</b>	<b>04:46:25.50</b>	+02:47:40 (58.5%)	13:38	4.4 (41.5%)	
536	<b>WALICKI Michał</b>	<b>3206</b>		Open Masters Mężczyzn	71	08:00	01:22:45	<b>04:46:32.40</b>	<b>04:46:32.40</b>	+02:47:46 (58.6%)	13:38	4.4 (41.5%)	
537	<b>ZAMECKI Radosław</b>	<b>3762</b>		Open Mężczyzn	285	11:00	01:57:18	<b>04:46:37.15</b>	<b>04:46:37.15</b>	+02:47:51 (58.6%)	13:38	4.4 (41.5%)	
538	<b>KUZIOŁA Konrad</b>	<b>3745</b>		Open Mężczyzn	286	11:00	01:57:26	<b>04:46:37.45</b>	<b>04:46:37.45</b>	+02:47:52 (58.6%)	13:38	4.4 (41.5%)	
539	<b>DAROSZEWSKI Adam</b>	<b>3275</b>		Open Masters Mężczyzn	72	08:30	02:02:25	<b>04:46:53.05</b>	<b>04:46:53.05</b>	+02:48:07 (58.6%)	13:39	4.4 (41.5%)	
540	<b>RYBACKI Błażej</b>	<b>3056</b>	GLADIATORS BY RMF4RT	Open Mężczyzn	287	07:50	01:57:25	<b>04:46:54.80</b>	<b>04:46:54.80</b>	+02:48:09 (58.6%)	13:39	4.4 (41.5%)	
541	<b>HOŁOWATY Renata</b>	<b>3424</b>		Open Kobiet	31	09:15	01:58:33	<b>04:47:42.05</b>	<b>04:47:42.05</b>	+02:48:56 (58.7%)	13:42	4.4 (41.5%)	
542	<b>FIK Magdalena</b>	<b>3421</b>		Open Kobiet	32	09:15	01:58:32	<b>04:47:42.20</b>	<b>04:47:42.20</b>	+02:48:56 (58.7%)	13:42	4.4 (41.5%)	
543	<b>JACHIMOWSKI Jarosław</b>	<b>3426</b>		Open Mężczyzn	288	09:15	01:58:30	<b>04:47:42.35</b>	<b>04:47:42.35</b>	+02:48:56 (58.7%)	13:42	4.4 (41.5%)	
544	<b>BOBYK Paweł</b>	<b>3415</b>		Open Mężczyzn	289	09:15	01:58:34	<b>04:47:43.45</b>	<b>04:47:43.45</b>	+02:48:58 (58.7%)	13:42	4.4 (41.5%)	



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
545	<b>ANDRZEJEWSKI Maciej</b>	<b>3482</b>		Open Mężczyzn	290	09:30	02:06:21	<b>04:48:00.85</b>	<b>04:48:00.85</b>	+02:49:15 (58.8%)	13:42	4.4 (41.5%)	
546	<b>JANKOWSKI Konrad</b>	<b>3427</b>		Open Mężczyzn	291	09:15	01:53:10	<b>04:48:02.40</b>	<b>04:48:02.40</b>	+02:49:16 (58.8%)	13:42	4.4 (41.5%)	
547	<b>PAWŁOWSKI Tomasz</b>	<b>3577</b>		Open Mężczyzn	292	10:00	01:59:45	<b>04:48:11.45</b>	<b>04:48:11.45</b>	+02:49:26 (58.8%)	13:43	4.4 (41.5%)	
548	<b>SZMYCIŃSKI Wojciech</b>	<b>3391</b>	GLADIATORS BY RMF4RT	Open Masters Mężczyzn	73	09:15	01:53:51	<b>04:48:41.10</b>	<b>04:48:41.10</b>	+02:49:55 (58.9%)	13:44	4.4 (41.5%)	
549	<b>ŁYŻWA Stanisław</b>	<b>3286</b>		Open Mężczyzn	293	08:30	01:59:38	<b>04:48:49.40</b>	<b>04:48:49.40</b>	+02:50:03 (58.9%)	13:45	4.4 (41.5%)	
550	<b>JEZIORSKI Marcin</b>	<b>3499</b>		Open Masters Mężczyzn	74	09:30	01:47:36	<b>04:49:03.20</b>	<b>04:49:03.20</b>	+02:50:17 (58.9%)	13:45	4.4 (41.5%)	
551	<b>JAMROZIK Adrian</b>	<b>3459</b>	HUSARIA RACE TEAM	Open Mężczyzn	294	09:30	01:58:57	<b>04:49:25.80</b>	<b>04:49:25.80</b>	+02:50:40 (59.0%)	13:46	4.4 (41.5%)	
552	<b>KOZŁOWSKI Zbigniew</b>	<b>3637</b>		Open Masters Mężczyzn	75	10:15	01:54:55	<b>04:49:31.00</b>	<b>04:49:31.00</b>	+02:50:45 (59.0%)	13:47	4.4 (41.5%)	
553	<b>TARAS Michał</b>	<b>3203</b>		Open Mężczyzn	295	08:00	02:15:19	<b>04:49:33.70</b>	<b>04:49:33.70</b>	+02:50:48 (59.0%)	13:47	4.4 (41.5%)	
554	<b>GARBACZ Damian</b>	<b>3036</b>	ETRANS TEAM	Elite Mężczyzn	103	07:50	02:03:46	<b>04:50:48.50</b>	<b>04:50:48.50</b>	+02:52:03 (59.2%)	13:50	4.3 (40.6%)	
555	<b>BORSUK Igor</b>	<b>3487</b>		Open Mężczyzn	296	09:30	01:59:15	<b>04:52:23.80</b>	<b>04:52:23.80</b>	+02:53:38 (59.4%)	13:55	4.3 (40.6%)	
556	<b>MARCZYŃSKI Jacek</b>	<b>3146</b>	UNIT37	Open Masters Mężczyzn	76	07:40	01:52:57	<b>04:52:33.45</b>	<b>04:52:33.45</b>	+02:53:48 (59.4%)	13:55	4.3 (40.6%)	
557	<b>MIERZICKI Marcel</b>	<b>3108</b>	POWER TRAINING	Open Mężczyzn	297	07:50	02:00:36	<b>04:52:46.55</b>	<b>04:52:46.55</b>	+02:54:01 (59.4%)	13:56	4.3 (40.6%)	
558	<b>ZWIERZ Jakub</b>	<b>3597</b>	BIEGAJĄCE CHLORY	Open Mężczyzn	298	10:15	01:58:26	<b>04:53:08.35</b>	<b>04:53:08.35</b>	+02:54:22 (59.5%)	13:57	4.3 (40.6%)	
559	<b>GAWŁOWSKI Daniel</b>	<b>3594</b>	BIEGAJĄCE CHLORY	Open Mężczyzn	299	10:15	01:58:23	<b>04:53:08.55</b>	<b>04:53:08.55</b>	+02:54:23 (59.5%)	13:57	4.3 (40.6%)	
560	<b>KRÓL Darek</b>	<b>3596</b>	BIEGAJĄCE CHLORY	Open Mężczyzn	300	10:15	01:58:26	<b>04:53:10.80</b>	<b>04:53:10.80</b>	+02:54:25 (59.5%)	13:57	4.3 (40.6%)	
561	<b>JANIAK Łukasz</b>	<b>3595</b>	BIEGAJĄCE CHLORY	Open Mężczyzn	301	10:15	01:58:25	<b>04:53:11.25</b>	<b>04:53:11.25</b>	+02:54:25 (59.5%)	13:57	4.3 (40.6%)	
562	<b>CHRUŚCICKA Malwina</b>	<b>3550</b>		Open Kobiet	33	10:00	01:56:14	<b>04:53:29.15</b>	<b>04:53:29.15</b>	+02:54:43 (59.5%)	13:58	4.3 (40.6%)	
563	<b>CZOPEK Miłosz</b>	<b>3553</b>		Open Masters Mężczyzn	77	10:00	01:56:13	<b>04:53:29.40</b>	<b>04:53:29.40</b>	+02:54:43 (59.5%)	13:58	4.3 (40.6%)	
564	<b>GAŁCZYŃSKI Piotr</b>	<b>3705</b>	CROSSGYM MALBORK	Open Mężczyzn	302	11:00	02:02:14	<b>04:53:30.85</b>	<b>04:53:30.85</b>	+02:54:45 (59.5%)	13:58	4.3 (40.6%)	
565	<b>PIENIĘŻNA Marta</b>	<b>3706</b>	CROSSGYM MALBORK	Open Kobiet	34	11:00	02:02:19	<b>04:53:31.90</b>	<b>04:53:31.90</b>	+02:54:46 (59.5%)	13:58	4.3 (40.6%)	
566	<b>SIMON Adam</b>	<b>3064</b>	HUSARIA RACE TEAM	Open Mężczyzn	303	07:50	01:36:08	<b>04:53:34.25</b>	<b>04:53:34.25</b>	+02:54:48 (59.5%)	13:58	4.3 (40.6%)	
567	<b>KALWARCZYK Mariusz</b>	<b>3351</b>		Open Mężczyzn	304	09:00	02:03:56	<b>04:53:48.70</b>	<b>04:53:48.70</b>	+02:55:03 (59.6%)	13:59	4.3 (40.6%)	

Msc	Zawodnik	Numer		Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
								10km						
568	<b>KĄDZIELSKA Magdalena</b>	<b>3323</b>	INS		Open Masters Kobiet	9	09:00	02:03:57		<b>04:53:49.25</b>	<b>04:53:49.25</b>	+02:55:03 (59.6%)	13:59	4.3 (40.6%)
569	<b>BŁASIŃSKI Piotr</b>	<b>3413</b>			Open Masters Mężczyzn	78	09:15	01:58:47		<b>04:55:14.70</b>	<b>04:55:14.70</b>	+02:56:29 (59.8%)	14:03	4.3 (40.6%)
570	<b>PATROWICZ Michał</b>	<b>3615</b>	LWICA I LWY		Open Mężczyzn	305	10:15	01:53:44		<b>04:55:21.40</b>	<b>04:55:21.40</b>	+02:56:35 (59.8%)	14:03	4.3 (40.6%)
571	<b>TYKWIŃSKI Łukasz</b>	<b>3585</b>			Open Mężczyzn	306	10:00	01:55:55		<b>04:55:35.75</b>	<b>04:55:35.75</b>	+02:56:50 (59.8%)	14:04	4.3 (40.6%)
572	<b>JAROSZ Antoni</b>	<b>3526</b>	OIOM		Open Mężczyzn	307	10:00	01:55:55		<b>04:55:37.80</b>	<b>04:55:37.80</b>	+02:56:52 (59.8%)	14:04	4.3 (40.6%)
573	<b>ŁASKAWSKI Michał</b>	<b>3656</b>	BEFIT24TEAM		Open Mężczyzn	308	10:30	01:48:04		<b>04:55:42.10</b>	<b>04:55:42.10</b>	+02:56:56 (59.8%)	14:04	4.3 (40.6%)
574	<b>STEFANIAK Marek</b>	<b>3302</b>			Open Masters Mężczyzn	79	08:30	02:02:02		<b>04:55:45.45</b>	<b>04:55:45.45</b>	+02:57:00 (59.8%)	14:05	4.3 (40.6%)
575	<b>ZACHARJASZ Hubert</b>	<b>3456</b>	DRAGON TEAM		Open Mężczyzn	309	09:15	01:54:10		<b>04:55:47.15</b>	<b>04:55:47.15</b>	+02:57:01 (59.9%)	14:05	4.3 (40.6%)
576	<b>MAZGAJ Konrad</b>	<b>3506</b>			Open Mężczyzn	310	09:30	02:02:48		<b>04:56:06.15</b>	<b>04:56:06.15</b>	+02:57:20 (59.9%)	14:06	4.3 (40.6%)
577	<b>KOŁODZIEJ Agata</b>	<b>3501</b>			Open Kobiet	35	09:30	02:02:50		<b>04:56:06.65</b>	<b>04:56:06.65</b>	+02:57:21 (59.9%)	14:06	4.3 (40.6%)
578	<b>ANTECKI Kamil</b>	<b>3483</b>			Open Mężczyzn	311	09:30	02:02:51		<b>04:56:07.40</b>	<b>04:56:07.40</b>	+02:57:21 (59.9%)	14:06	4.3 (40.6%)
579	<b>RYBUS Piotr</b>	<b>3651</b>			Open Mężczyzn	312	10:15	01:42:37		<b>04:56:27.85</b>	<b>04:56:27.85</b>	+02:57:42 (59.9%)	14:07	4.3 (40.6%)
580	<b>KRAWCZYK Bartosz</b>	<b>3452</b>	365 CHEAT DAY		Open Mężczyzn	313	09:30	02:02:35		<b>04:56:41.70</b>	<b>04:56:41.70</b>	+02:57:56 (60.0%)	14:07	4.2 (39.6%)
581	<b>DURAJCZYK Piotr</b>	<b>3451</b>	365 CHEAT DAY		Open Mężczyzn	314	09:30	02:02:34		<b>04:56:42.10</b>	<b>04:56:42.10</b>	+02:57:56 (60.0%)	14:07	4.2 (39.6%)
582	<b>PTASIŃSKI Piotr</b>	<b>3453</b>	365 CHEAT DAY		Open Mężczyzn	315	09:30	02:02:35		<b>04:56:43.15</b>	<b>04:56:43.15</b>	+02:57:57 (60.0%)	14:07	4.2 (39.6%)
583	<b>RATAJCZAK Grzegorz</b>	<b>3193</b>			Open Masters Mężczyzn	80	08:00	02:20:50		<b>04:56:54.25</b>	<b>04:56:54.25</b>	+02:58:08 (60.0%)	14:08	4.2 (39.6%)
584	<b>KLUCH Łukasz</b>	<b>3560</b>			Open Mężczyzn	316	10:00	01:59:51		<b>04:57:02.00</b>	<b>04:57:02.00</b>	+02:58:16 (60.0%)	14:08	4.2 (39.6%)
585	<b>DUŻNIAK Urszula</b>	<b>3213</b>	DENISTEAM		Open Masters Kobiet	10	08:15	02:09:30		<b>04:57:10.95</b>	<b>04:57:10.95</b>	+02:58:25 (60.0%)	14:09	4.2 (39.6%)
586	<b>HANDZLIK Agnieszka</b>	<b>3214</b>	DENISTEAM		Open Kobiet	36	08:15	02:09:30		<b>04:57:11.00</b>	<b>04:57:11.00</b>	+02:58:25 (60.0%)	14:09	4.2 (39.6%)
587	<b>SIDORCZUK Marcin</b>	<b>3337</b>	STEPSTONE RUNNERS		Open Mężczyzn	317	09:00			<b>04:58:19.00</b>	<b>04:58:19.00</b>	+02:59:33 (60.2%)	14:12	4.2 (39.6%)
588	<b>WTOREK-BUGAŃSKA Ilona</b>	<b>3212</b>	CARBON SILESIA SPORT		Open Kobiet	37	08:15	02:00:29		<b>04:58:21.60</b>	<b>04:58:21.60</b>	+02:59:36 (60.2%)	14:12	4.2 (39.6%)
589	<b>OSIK Grzegorz</b>	<b>3403</b>	OBSTACLE CENTER TEAM		Open Mężczyzn	318	08:30	02:02:18		<b>04:58:31.95</b>	<b>04:58:31.95</b>	+02:59:46 (60.2%)	14:12	4.2 (39.6%)
590	<b>PIŁAT Renata</b>	<b>3404</b>	OBSTACLE CENTER TEAM		Open Masters Kobiet	11	08:30	02:02:38		<b>04:58:32.50</b>	<b>04:58:32.50</b>	+02:59:47 (60.2%)	14:12	4.2 (39.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
591	<b>LASSOTA Konrad</b>	<b>3393</b>	GREEN MOTORS	Open Mężczyzn	319	09:15	02:03:19	<b>04:58:35.55</b>	<b>04:58:35.55</b>	+02:59:50 (60.2%)	14:13	4.2 (39.6%)	
592	<b>WÓDCZAK Waldemar</b>	<b>3308</b>		Open Mężczyzn	320	08:30	02:06:21	<b>04:59:00.60</b>	<b>04:59:00.60</b>	+03:00:15 (60.3%)	14:14	4.2 (39.6%)	
593	<b>OLZACKI Piotr</b>	<b>3364</b>		Open Mężczyzn	321	09:00	02:11:19	<b>04:59:04.55</b>	<b>04:59:04.55</b>	+03:00:19 (60.3%)	14:14	4.2 (39.6%)	
594	<b>STĘPIEŃ Karol</b>	<b>3373</b>		Open Mężczyzn	322	09:00	02:11:18	<b>04:59:07.50</b>	<b>04:59:07.50</b>	+03:00:22 (60.3%)	14:14	4.2 (39.6%)	
595	<b>KORNAK Michał</b>	<b>3392</b>	GREEN MOTORS	Open Mężczyzn	323	09:15	02:03:20	<b>04:59:18.35</b>	<b>04:59:18.35</b>	+03:00:32 (60.3%)	14:15	4.2 (39.6%)	
596	<b>MISIUKIEWICZ Arkadiusz</b>	<b>3289</b>		Open Mężczyzn	324	08:30	02:09:13	<b>04:59:23.60</b>	<b>04:59:23.60</b>	+03:00:38 (60.3%)	14:15	4.2 (39.6%)	
597	<b>SIENKIEWICZ Jakub</b>	<b>3197</b>		Open Mężczyzn	325	08:00	01:43:43	<b>04:59:43.90</b>	<b>04:59:43.90</b>	+03:00:58 (60.4%)	14:16	4.2 (39.6%)	
598	<b>SZCZEPEK Michał</b>	<b>3096</b>	OBSTACLE CENTER TEAM	Open Mężczyzn	326	08:00	01:56:30	<b>04:59:48.50</b>	<b>04:59:48.50</b>	+03:01:03 (60.4%)	14:16	4.2 (39.6%)	
599	<b>CHMIELEWSKI Józef</b>	<b>3240</b>		Open Masters Mężczyzn	81	08:00	02:21:53	<b>05:00:02.25</b>	<b>05:00:02.25</b>	+03:01:16 (60.4%)	14:17	4.2 (39.6%)	
600	<b>KORZENIOWSKI Mateusz</b>	<b>3103</b>	OCR TEAM BYDLAKI	Open Mężczyzn	327	08:00	01:54:34	<b>05:01:11.70</b>	<b>05:01:11.70</b>	+03:02:26 (60.6%)	14:20	4.2 (39.6%)	
601	<b>TRUBIŁO Paweł</b>	<b>3583</b>		Open Mężczyzn	328	10:00	01:59:52	<b>05:01:37.50</b>	<b>05:01:37.50</b>	+03:02:52 (60.6%)	14:21	4.2 (39.6%)	
602	<b>MARZAŁEK Wojciech</b>	<b>3720</b>	SZTURM	Open Masters Mężczyzn	82	11:00	02:09:25	<b>05:01:48.15</b>	<b>05:01:48.15</b>	+03:03:02 (60.7%)	14:22	4.2 (39.6%)	
603	<b>ROMEJKO Karolina</b>	<b>3722</b>	SZTURM	Open Kobiet	38	11:00	02:09:23	<b>05:01:48.20</b>	<b>05:01:48.20</b>	+03:03:02 (60.7%)	14:22	4.2 (39.6%)	
604	<b>KISIEL Konrad</b>	<b>3282</b>		Open Mężczyzn	329	08:30	01:57:58	<b>05:01:58.95</b>	<b>05:01:58.95</b>	+03:03:13 (60.7%)	14:22	4.2 (39.6%)	
605	<b>GORCZEWSKI Maciej</b>	<b>3133</b>	SOCIOS SILESIA	Open Mężczyzn	330	07:40	02:08:22	<b>05:02:28.90</b>	<b>05:02:28.90</b>	+03:03:43 (60.7%)	14:24	4.2 (39.6%)	
606	<b>RATAJSZCZAK Dominik</b>	<b>3268</b>	UNITED RUNNERS	Open Mężczyzn	331	08:30	02:09:16	<b>05:02:55.35</b>	<b>05:02:55.35</b>	+03:04:09 (60.8%)	14:25	4.2 (39.6%)	
607	<b>WIŚNIEWSKA Katarzyna</b>	<b>3307</b>		Open Kobiet	39	08:30	02:09:13	<b>05:02:55.60</b>	<b>05:02:55.60</b>	+03:04:10 (60.8%)	14:25	4.2 (39.6%)	
608	<b>PŁAZA Artur</b>	<b>3438</b>		Open Mężczyzn	332	08:30	02:09:00	<b>05:02:44.65</b>	<b>05:02:58.35</b>	+03:04:12 (60.8%)	14:24	4.2 (39.6%)	
609	<b>BARCIK Łukasz</b>	<b>3460</b>	JAK NIE TERAZ TO KIEDY	Open Masters Mężczyzn	83	09:30	02:04:59	<b>05:04:11.90</b>	<b>05:04:11.90</b>	+03:05:26 (61.0%)	14:29	4.1 (38.7%)	
610	<b>BOROWSKI Marek</b>	<b>3461</b>	JAK NIE TERAZ TO KIEDY	Open Mężczyzn	333	09:30	02:05:00	<b>05:04:12.40</b>	<b>05:04:12.40</b>	+03:05:26 (61.0%)	14:29	4.1 (38.7%)	
611	<b>WIDUCH Ryszard</b>	<b>3777</b>		Open Masters Mężczyzn	84	10:00	02:03:04	<b>05:04:55.10</b>	<b>05:04:55.10</b>	+03:06:09 (61.1%)	14:31	4.1 (38.7%)	
612	<b>KAMIENIECKI Tristan</b>	<b>3280</b>		Open Mężczyzn	334	08:30	02:02:05	<b>05:05:13.50</b>	<b>05:05:13.50</b>	+03:06:28 (61.1%)	14:32	4.1 (38.7%)	
613	<b>RUDOLF Arkadiusz</b>	<b>3296</b>		Open Mężczyzn	335	08:30	02:02:08	<b>05:05:21.60</b>	<b>05:05:21.60</b>	+03:06:36 (61.1%)	14:32	4.1 (38.7%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
614	<b>KOWALCZYK Piotr</b>	<b>3127</b>	SKURCZYBYKI	Open Mężczyzn	336	08:00	01:30:58	<b>05:05:33.85</b>	<b>05:05:33.85</b>	+03:06:48 (61.1%)	14:33	4.1 (38.7%)	
615	<b>KORCZAK Karolina</b>	<b>3475</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	40	09:30	02:04:59	<b>05:05:35.95</b>	<b>05:05:35.95</b>	+03:06:50 (61.1%)	14:33	4.1 (38.7%)	
616	<b>DANEK Mariusz</b>	<b>3274</b>		Open Mężczyzn	337	08:30	02:09:21	<b>05:07:01.00</b>	<b>05:07:01.00</b>	+03:08:15 (61.3%)	14:37	4.1 (38.7%)	
617	<b>BORKOWSKA Kasia</b>	<b>3394</b>	HARDCOROWE WYCHYLILYBYMY	Open Kobiet	41	09:15	02:03:43	<b>05:07:04.75</b>	<b>05:07:04.75</b>	+03:08:19 (61.3%)	14:37	4.1 (38.7%)	
618	<b>WILCZEK Lukasz</b>	<b>3264</b>	SOCIOS SILESIA	Open Mężczyzn	338	08:30	02:01:35	<b>05:07:58.85</b>	<b>05:07:58.85</b>	+03:09:13 (61.4%)	14:39	4.1 (38.7%)	
619	<b>KACZOR Paulina</b>	<b>3232</b>		Open Kobiet	42	08:15	02:03:48	<b>05:08:01.55</b>	<b>05:08:01.55</b>	+03:09:16 (61.4%)	14:40	4.1 (38.7%)	
620	<b>BARAN Grzegorz</b>	<b>3341</b>		Open Masters Mężczyzn	85	08:30	02:07:41	<b>05:09:23.65</b>	<b>05:09:23.65</b>	+03:10:38 (61.6%)	14:43	4.1 (38.7%)	
621	<b>SĄCZAWA Filip</b>	<b>3195</b>		Open Mężczyzn	339	08:00	02:11:19	<b>05:09:59.85</b>	<b>05:09:59.85</b>	+03:11:14 (61.7%)	14:45	4.1 (38.7%)	
622	<b>WNOROWSKA Magdalena</b>	<b>3236</b>	OBSTACLE CENTER TEAM	Open Masters Kobiet	12	08:15	02:15:06	<b>05:11:19.95</b>	<b>05:11:19.95</b>	+03:12:34 (61.9%)	14:49	4 (37.7%)	
623	<b>KOZAK Arkadiusz</b>	<b>3128</b>	SKURCZYBYKI	Open Mężczyzn	340	08:00	01:33:50	<b>05:11:54.80</b>	<b>05:11:54.80</b>	+03:13:09 (61.9%)	14:51	4 (37.7%)	
624	<b>CZERNIKOWSKI Daniel</b>	<b>3474</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	341	09:30	02:09:42	<b>05:12:34.15</b>	<b>05:12:34.15</b>	+03:13:48 (62.0%)	14:53	4 (37.7%)	
624	<b>MATRACKA Magdalena</b>	<b>3505</b>		Open Kobiet	43	09:30	02:09:45	<b>05:12:34.15</b>	<b>05:12:34.15</b>	+03:13:48 (62.0%)	14:53	4 (37.7%)	
626	<b>DENDRA Marcin</b>	<b>3245</b>	CF KUŹNIA DAMIANA	Open Masters Mężczyzn	86	08:30	02:03:25	<b>05:12:37.10</b>	<b>05:12:37.10</b>	+03:13:51 (62.0%)	14:53	4 (37.7%)	
626	<b>DENDRA Beata</b>	<b>3244</b>	CF KUŹNIA DAMIANA	Open Masters Kobiet	13	08:30	02:03:25	<b>05:12:37.10</b>	<b>05:12:37.10</b>	+03:13:51 (62.0%)	14:53	4 (37.7%)	
628	<b>PITUCH Krystian</b>	<b>3366</b>		Open Mężczyzn	342	09:00	02:10:49	<b>05:12:57.95</b>	<b>05:12:57.95</b>	+03:14:12 (62.1%)	14:54	4 (37.7%)	
629	<b>SERKIS Bartosz</b>	<b>3371</b>		Open Mężczyzn	343	09:00	02:10:52	<b>05:12:59.10</b>	<b>05:12:59.10</b>	+03:14:13 (62.1%)	14:54	4 (37.7%)	
630	<b>ŚLIFIŃSKI Patryk</b>	<b>3298</b>		Open Mężczyzn	344	08:30	02:10:43	<b>05:13:33.25</b>	<b>05:13:33.25</b>	+03:14:47 (62.1%)	14:55	4 (37.7%)	
631	<b>KUDŁA Grzegorz</b>	<b>3104</b>	OCR TEAM BYDLAKI	Open Masters Mężczyzn	87	08:00	01:32:45	<b>05:13:44.40</b>	<b>05:13:44.40</b>	+03:14:58 (62.1%)	14:56	4 (37.7%)	
632	<b>PACZKOWSKI Tomasz</b>	<b>3332</b>	RUNMAGEDDONOWE ŚWIRY	Open Masters Mężczyzn	88	09:00	02:12:14	<b>05:14:59.10</b>	<b>05:14:59.10</b>	+03:16:13 (62.3%)	14:59	4 (37.7%)	
633	<b>TUORA-SZOST Dominika</b>	<b>3513</b>		Open Kobiet	44	09:30	02:07:02	<b>05:15:09.65</b>	<b>05:15:09.65</b>	+03:16:24 (62.3%)	15:00	4 (37.7%)	
634	<b>DYL Żaneta</b>	<b>3490</b>		Open Kobiet	45	09:30	02:08:18	<b>05:15:10.55</b>	<b>05:15:10.55</b>	+03:16:25 (62.3%)	15:00	4 (37.7%)	
635	<b>JANISZEWSKA Katarzyna</b>	<b>3348</b>		Open Masters Kobiet	14	09:00	02:11:58	<b>05:18:51.90</b>	<b>05:18:51.90</b>	+03:20:06 (62.8%)	15:11	4 (37.7%)	
636	<b>SZRENIAWA-SZTAJNERT Artur</b>	<b>3375</b>		Open Masters Mężczyzn	89	09:00	02:11:58	<b>05:18:52.25</b>	<b>05:18:52.25</b>	+03:20:06 (62.8%)	15:11	4 (37.7%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
637	<b>HANDZLIK Barbara</b>	<b>3246</b>	DENISTEAM	Open Masters Kobiet	15	08:30	02:09:41	<b>05:19:48.80</b>	<b>05:19:48.80</b>	+03:21:03 (62.9%)	15:13	3.9 (36.8%)	
638	<b>HANDZLIK Tomasz</b>	<b>3247</b>	DENISTEAM	Open Masters Mężczyzn	90	08:30	02:09:39	<b>05:19:53.70</b>	<b>05:19:53.70</b>	+03:21:08 (62.9%)	15:13	3.9 (36.8%)	
639	<b>JÓZWIAKOWSKA Weronika</b>	<b>3500</b>		Open Kobiet	46	09:30	02:11:23	<b>05:19:58.10</b>	<b>05:19:58.10</b>	+03:21:12 (62.9%)	15:14	3.9 (36.8%)	
640	<b>DŻUR Magdalena</b>	<b>3491</b>		Open Kobiet	47	09:30	02:11:27	<b>05:19:58.25</b>	<b>05:19:58.25</b>	+03:21:12 (62.9%)	15:14	3.9 (36.8%)	
641	<b>RUCIŃSKI Kajetan</b>	<b>3511</b>		Open Mężczyzn	345	09:30	02:11:25	<b>05:19:58.55</b>	<b>05:19:58.55</b>	+03:21:13 (62.9%)	15:14	3.9 (36.8%)	
642	<b>GRUNDKOWSKI Oskar</b>	<b>3497</b>		Open Mężczyzn	346	09:30	02:11:24	<b>05:19:58.65</b>	<b>05:19:58.65</b>	+03:21:13 (62.9%)	15:14	3.9 (36.8%)	
643	<b>MRÓZ Adrian</b>	<b>3328</b>	MELVIT TEAM	Open Mężczyzn	347	09:00	02:12:17	<b>05:20:00.00</b>	<b>05:20:00.00</b>	+03:21:14 (62.9%)	15:14	3.9 (36.8%)	
644	<b>ANOWSKI Adrian</b>	<b>3113</b>	PSYCHIATRYK KOPERNIKA	Open Mężczyzn	348	08:00	01:20:51	<b>05:20:05.40</b>	<b>05:20:05.40</b>	+03:21:19 (62.9%)	15:14	3.9 (36.8%)	
645	<b>WILCZYŃSKA Dorota</b>	<b>3525</b>	LACROIX TEAM	Open Masters Kobiet	16	10:00	02:08:56	<b>05:20:19.50</b>	<b>05:20:19.50</b>	+03:21:34 (62.9%)	15:15	3.9 (36.8%)	
646	<b>TALAR Szymon</b>	<b>3524</b>	LACROIX ELECTRONICS TEAM	Open Mężczyzn	349	10:00	02:08:55	<b>05:20:22.45</b>	<b>05:20:22.45</b>	+03:21:37 (62.9%)	15:15	3.9 (36.8%)	
647	<b>LEWANDOWSKI Leszek</b>	<b>3523</b>	LACROIX ELECTRONICS TEAM	Open Mężczyzn	350	10:00	02:08:58	<b>05:20:23.10</b>	<b>05:20:23.10</b>	+03:21:37 (62.9%)	15:15	3.9 (36.8%)	
648	<b>KITA Grzegorz</b>	<b>3636</b>		Open Masters Mężczyzn	91	10:15	02:15:28	<b>05:20:35.10</b>	<b>05:20:35.10</b>	+03:21:49 (63.0%)	15:15	3.9 (36.8%)	
649	<b>KRUGLAK Anna</b>	<b>3320</b>	HELL'S HEAVEN SZCZECIN	Open Masters Kobiet	17	09:00	02:13:44	<b>05:21:33.90</b>	<b>05:21:33.90</b>	+03:22:48 (63.1%)	15:18	3.9 (36.8%)	
650	<b>PIĘTKA Grzegorz</b>	<b>3321</b>	HELL'S HEAVEN SZCZECIN	Open Masters Mężczyzn	92	09:00	02:13:44	<b>05:21:35.75</b>	<b>05:21:35.75</b>	+03:22:50 (63.1%)	15:18	3.9 (36.8%)	
651	<b>ŁĄTKA Robert</b>	<b>3145</b>	UNIT37	Elite Masters Mężczyzn	35	07:40	02:12:36	<b>05:21:59.40</b>	<b>05:21:59.40</b>	+03:23:13 (63.1%)	15:19	3.9 (36.8%)	
652	<b>CZARDYBON Dominik</b>	<b>3256</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	351	08:30	01:44:31	<b>05:22:18.10</b>	<b>05:22:18.10</b>	+03:23:32 (63.2%)	15:20	3.9 (36.8%)	
653	<b>ZDUŃCZYK Sylwia</b>	<b>3449</b>		Open Kobiet	48	09:15	02:08:22	<b>05:22:40.65</b>	<b>05:22:40.65</b>	+03:23:55 (63.2%)	15:21	3.9 (36.8%)	
654	<b>WICHEREK Mateusz</b>	<b>3446</b>		Open Mężczyzn	352	09:15	02:08:17	<b>05:22:40.95</b>	<b>05:22:40.95</b>	+03:23:55 (63.2%)	15:21	3.9 (36.8%)	
655	<b>MOJEK Małgorzata</b>	<b>3235</b>		Open Kobiet	49	08:15	02:26:41	<b>05:22:53.15</b>	<b>05:22:53.15</b>	+03:24:07 (63.2%)	15:22	3.9 (36.8%)	
656	<b>SZUMIELEWICZ Kinga</b>	<b>3382</b>	BIGYELLOWFOOT ADVENTUE TEAM	Open Kobiet	50	09:15	02:17:40	<b>05:24:04.15</b>	<b>05:24:04.15</b>	+03:25:18 (63.4%)	15:25	3.9 (36.8%)	
657	<b>BEREDA Arkadiusz</b>	<b>3412</b>		Open Mężczyzn	353	09:15	02:08:41	<b>05:24:17.15</b>	<b>05:24:17.15</b>	+03:25:31 (63.4%)	15:26	3.9 (36.8%)	
658	<b>ŚWIĘTOŃ Patryk</b>	<b>3443</b>		Open Mężczyzn	354	09:15	02:08:42	<b>05:24:25.85</b>	<b>05:24:25.85</b>	+03:25:40 (63.4%)	15:26	3.9 (36.8%)	
659	<b>NOWAKOWSKI Paweł</b>	<b>3437</b>		Open Mężczyzn	355	09:15	02:08:40	<b>05:24:26.50</b>	<b>05:24:26.50</b>	+03:25:41 (63.4%)	15:26	3.9 (36.8%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
660	<b>PACEK Cezary</b>	<b>3291</b>		Open Mężczyzn	356	08:30	02:14:25		<b>05:25:06.55</b>	<b>05:25:06.55</b>	+03:26:21 (63.5%)	15:28	3.9 (36.8%)
661	<b>GADZIAŁA Sylwester</b>	<b>3773</b>		Open Mężczyzn	357	09:15	02:07:48		<b>05:25:27.30</b>	<b>05:25:27.30</b>	+03:26:41 (63.5%)	15:29	3.9 (36.8%)
662	<b>KOWALIK Karol</b>	<b>3354</b>		Open Mężczyzn	358	09:00	02:14:59		<b>05:25:39.80</b>	<b>05:25:39.80</b>	+03:26:54 (63.5%)	15:30	3.9 (36.8%)
663	<b>BIENIEK Wojciech</b>	<b>3621</b>		Open Mężczyzn	359	10:15	02:11:34		<b>05:25:51.70</b>	<b>05:25:51.70</b>	+03:27:06 (63.6%)	15:31	3.9 (36.8%)
664	<b>MADEJAK Anna</b>	<b>3503</b>		Open Kobiet	51	09:30	02:10:57		<b>05:27:37.05</b>	<b>05:27:37.05</b>	+03:28:51 (63.8%)	15:36	3.8 (35.8%)
665	<b>AUGUŚCIK Marcin</b>	<b>3484</b>		Open Mężczyzn	360	09:30	02:10:58		<b>05:27:37.65</b>	<b>05:27:37.65</b>	+03:28:52 (63.8%)	15:36	3.8 (35.8%)
666	<b>KRYGOWSKA Agata</b>	<b>3763</b>		Open Kobiet	52	10:00	02:09:57		<b>05:27:43.55</b>	<b>05:27:43.55</b>	+03:28:58 (63.8%)	15:36	3.8 (35.8%)
667	<b>ROBERT FELCZAK Robert</b>	<b>3764</b>		Open Mężczyzn	361	10:00	02:09:55		<b>05:27:43.65</b>	<b>05:27:43.65</b>	+03:28:58 (63.8%)	15:36	3.8 (35.8%)
668	<b>MADEJAK Tomasz</b>	<b>3504</b>		Open Mężczyzn	362	09:30	02:10:59		<b>05:28:07.00</b>	<b>05:28:07.00</b>	+03:29:21 (63.8%)	15:37	3.8 (35.8%)
669	<b>LIBERADZKI Marcin</b>	<b>3381</b>	ATHLETIC APOLLO	Open Masters Mężczyzn	93	09:15	01:56:47		<b>05:29:16.00</b>	<b>05:29:16.00</b>	+03:30:30 (63.9%)	15:40	3.8 (35.8%)
670	<b>ŁANOCHA Michał</b>	<b>3144</b>	UNIT37	Open Mężczyzn	363	07:40	02:12:34		<b>05:29:25.25</b>	<b>05:29:25.25</b>	+03:30:39 (63.9%)	15:41	3.8 (35.8%)
671	<b>SASINOWSKI Krzysztof</b>	<b>3243</b>	BRYGIERY OCR	Open Mężczyzn	364	09:00	02:15:05		<b>05:30:18.15</b>	<b>05:30:18.15</b>	+03:31:32 (64.0%)	15:43	3.8 (35.8%)
672	<b>HEREDA Tomasz</b>	<b>3339</b>	ZBÓJ TEAM	Open Mężczyzn	365	09:00	02:10:24		<b>05:30:25.80</b>	<b>05:30:25.80</b>	+03:31:40 (64.1%)	15:44	3.8 (35.8%)
673	<b>RUŁA Tomasz</b>	<b>3297</b>		Open Mężczyzn	366	09:00	02:10:15		<b>05:30:40.40</b>	<b>05:30:40.40</b>	+03:31:54 (64.1%)	15:44	3.8 (35.8%)
674	<b>GAŃKO Karolina</b>	<b>3221</b>	OBSTACLE CENTER TEAM	Elite Kobiet	8	08:15	02:20:51		<b>05:35:35.60</b>	<b>05:35:35.60</b>	+03:36:50 (64.6%)	15:58	3.8 (35.8%)
675	<b>HANDY Samanta</b>	<b>3423</b>		Open Kobiet	53	09:15	02:17:20		<b>05:35:56.20</b>	<b>05:35:56.20</b>	+03:37:10 (64.6%)	15:59	3.8 (35.8%)
676	<b>BIGA Małgorzata</b>	<b>3407</b>	ŚNIEŻYNKI	Open Kobiet	54	09:15	02:17:12		<b>05:35:57.00</b>	<b>05:35:57.00</b>	+03:37:11 (64.7%)	15:59	3.8 (35.8%)
677	<b>BORYCZKA Szymon</b>	<b>3419</b>		Open Masters Mężczyzn	94	09:15	02:17:20		<b>05:35:57.80</b>	<b>05:35:57.80</b>	+03:37:12 (64.7%)	15:59	3.8 (35.8%)
678	<b>KOSCHEMBAHR - ŁYSKOWSKA Danuta</b>	<b>3353</b>		Open Kobiet	55	09:00	02:30:09		<b>05:36:34.45</b>	<b>05:36:34.45</b>	+03:37:49 (64.7%)	16:01	3.7 (34.9%)
679	<b>JOCHEMSKA Karolina</b>	<b>3632</b>		Open Kobiet	56	10:15	02:19:06		<b>05:36:57.45</b>	<b>05:36:57.45</b>	+03:38:12 (64.8%)	16:02	3.7 (34.9%)
680	<b>JOCHEMSKI Mikołaj</b>	<b>3633</b>		Open Mężczyzn	367	10:15	02:19:08		<b>05:37:29.90</b>	<b>05:37:29.90</b>	+03:38:44 (64.8%)	16:04	3.7 (34.9%)
681	<b>CIERNIAK Agata</b>	<b>3273</b>		Open Masters Kobiet	18	08:30	02:19:28		<b>05:38:07.30</b>	<b>05:38:07.30</b>	+03:39:21 (64.9%)	16:06	3.7 (34.9%)
682	<b>GŁAZ Magdalena</b>	<b>3322</b>	HUSARIA RACE TEAM	Open Kobiet	57	09:00	02:20:20		<b>05:38:12.60</b>	<b>05:38:12.60</b>	+03:39:27 (64.9%)	16:06	3.7 (34.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
683	<b>ROSA Karolina</b>	<b>3440</b>		Open Kobiet	58	10:30	02:17:54	<b>05:07:17.65</b>	<b>05:39:00.65</b>	+03:40:15 (65.0%)	14:37	4.1 (38.7%)
684	<b>SZAFRAN Jakub</b>	<b>3117</b>	PSYCHIATRYK KOPERNIKA	Elite Mężczyzn	104	07:50	02:30:42	<b>05:39:44.20</b>	<b>05:39:44.20</b>	+03:40:58 (65.0%)	16:10	3.7 (34.9%)
685	<b>KITALA Radosław</b>	<b>3116</b>	PSYCHIATRYK KOPERNIKA	Open Mężczyzn	368	07:50	02:41:31	<b>05:39:53.10</b>	<b>05:39:53.10</b>	+03:41:07 (65.1%)	16:11	3.7 (34.9%)
686	<b>BARAN Paulina</b>	<b>3772</b>	NIE W SZCZEPIONKĘ TEAM	Open Kobiet	59	08:15	02:17:07	<b>05:40:12.40</b>	<b>05:40:12.40</b>	+03:41:26 (65.1%)	16:12	3.7 (34.9%)
687	<b>WARZOCHA Bartłomiej</b>	<b>3444</b>		Open Mężczyzn	369	09:30	02:27:53	<b>05:40:16.85</b>	<b>05:40:16.85</b>	+03:41:31 (65.1%)	16:12	3.7 (34.9%)
688	<b>THOMAS Szczepan</b>	<b>3581</b>		Open Masters Mężczyzn	95	09:30	02:27:52	<b>05:40:18.55</b>	<b>05:40:18.55</b>	+03:41:33 (65.1%)	16:12	3.7 (34.9%)
689	<b>KOZUBEK Katarzyna</b>	<b>3719</b>	SZTURM	Open Masters Kobiet	19	11:00	02:23:09	<b>05:40:53.90</b>	<b>05:40:53.90</b>	+03:42:08 (65.2%)	16:13	3.7 (34.9%)
690	<b>ROCHALSKI Kamil</b>	<b>3721</b>	SZTURM	Open Mężczyzn	370	11:00	02:23:10	<b>05:40:55.30</b>	<b>05:40:55.30</b>	+03:42:09 (65.2%)	16:14	3.7 (34.9%)
691	<b>KOSTRZEWA Anita</b>	<b>3744</b>		Open Kobiet	60	11:00	02:23:11	<b>05:40:55.95</b>	<b>05:40:55.95</b>	+03:42:10 (65.2%)	16:14	3.7 (34.9%)
692	<b>GNATOWSKI Bartosz</b>	<b>3734</b>		Open Mężczyzn	371	11:00	02:23:12	<b>05:40:59.70</b>	<b>05:40:59.70</b>	+03:42:14 (65.2%)	16:14	3.7 (34.9%)
693	<b>BOGUSŁAWSKI Jakub</b>	<b>3417</b>		Open Mężczyzn	372	09:30	02:27:52	<b>05:41:36.10</b>	<b>05:41:36.10</b>	+03:42:50 (65.2%)	16:16	3.7 (34.9%)
694	<b>BARSZCZ Dominika</b>	<b>3411</b>		Open Kobiet	61	09:30	02:27:49	<b>05:41:43.10</b>	<b>05:41:43.10</b>	+03:42:57 (65.2%)	16:16	3.7 (34.9%)
695	<b>GRUSZFELD Agnieszka</b>	<b>3627</b>		Open Kobiet	62	10:15	02:19:13	<b>05:41:51.65</b>	<b>05:41:51.65</b>	+03:43:06 (65.3%)	16:16	3.7 (34.9%)
696	<b>GRUSZFELD Przemek</b>	<b>3628</b>		Open Mężczyzn	373	10:15	02:19:13	<b>05:41:52.10</b>	<b>05:41:52.10</b>	+03:43:06 (65.3%)	16:16	3.7 (34.9%)
697	<b>ROJEK Mateusz</b>	<b>3650</b>		Open Mężczyzn	374	10:15	02:19:12	<b>05:41:54.55</b>	<b>05:41:54.55</b>	+03:43:09 (65.3%)	16:16	3.7 (34.9%)
698	<b>GAŃKO Mateusz</b>	<b>3091</b>	OBSTACLE CENTER TEAM	Elite Mężczyzn	105	07:40	02:27:00	<b>05:45:16.30</b>	<b>05:45:16.30</b>	+03:46:30 (65.6%)	16:26	3.6 (34.0%)
699	<b>GORZEŃ Krzysztof</b>	<b>3080</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	375	08:00	01:52:31	<b>05:46:12.10</b>	<b>05:46:12.10</b>	+03:47:26 (65.7%)	16:29	3.6 (34.0%)
700	<b>MICHALCZYK Patryk</b>	<b>3081</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	376	08:00	02:00:35	<b>05:46:19.10</b>	<b>05:46:19.10</b>	+03:47:33 (65.7%)	16:29	3.6 (34.0%)
701	<b>URBANOWICZ Magdalena</b>	<b>3602</b>	CZAKISPORT.BLOGSPOT.COM	Open Kobiet	63	10:15	02:21:28	<b>05:47:27.80</b>	<b>05:47:27.80</b>	+03:48:42 (65.8%)	16:32	3.6 (34.0%)
702	<b>SAK Cezary</b>	<b>3601</b>	CZAKISPORT.BLOGSPOT.COM	Open Mężczyzn	377	10:15	02:21:21	<b>05:47:29.00</b>	<b>05:47:29.00</b>	+03:48:43 (65.8%)	16:32	3.6 (34.0%)
703	<b>PLATE Piotr</b>	<b>3754</b>		Open Mężczyzn	378	11:00	02:31:34	<b>05:50:16.35</b>	<b>05:50:16.35</b>	+03:51:30 (66.1%)	16:40	3.6 (34.0%)
704	<b>JERMAKOWICZ Anna</b>	<b>3227</b>	POWER TRAINING	Open Kobiet	64	08:15	02:11:25	<b>05:50:41.65</b>	<b>05:50:41.65</b>	+03:51:56 (66.1%)	16:41	3.6 (34.0%)
705	<b>PYTEL Michał</b>	<b>3756</b>		Open Mężczyzn	379	11:00	02:31:35	<b>05:52:05.10</b>	<b>05:52:05.10</b>	+03:53:19 (66.3%)	16:45	3.6 (34.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km		Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
706	<b>WŁOCZEWSKA Joanna</b>	<b>3760</b>		Open Masters Kobiet	20	11:00	02:31:39		<b>05:52:29.30</b>	<b>05:52:29.30</b>	+03:53:43 (66.3%)	16:47	3.6 (34.0%)
707	<b>BOGACZ Bartosz</b>	<b>3114</b>	PSYCHIATRYK KOPERNIKA	Open Mężczyzn	380	08:00	02:42:19		<b>05:55:58.30</b>	<b>05:55:58.30</b>	+03:57:12 (66.6%)	16:57	3.5 (33.0%)
708	<b>REGULSKA Ewa</b>	<b>3510</b>		Open Kobiet	65	09:30	02:29:31		<b>05:56:16.80</b>	<b>05:56:16.80</b>	+03:57:31 (66.7%)	16:57	3.5 (33.0%)
709	<b>DRASZAWKA Łukasz</b>	<b>3473</b>	POWER TRAINING	Open Mężczyzn	381	09:30	02:29:29		<b>05:56:17.00</b>	<b>05:56:17.00</b>	+03:57:31 (66.7%)	16:57	3.5 (33.0%)
710	<b>FILIPOWICZ Natalia</b>	<b>3492</b>		Open Kobiet	66	09:30	02:29:31		<b>05:56:19.95</b>	<b>05:56:19.95</b>	+03:57:34 (66.7%)	16:58	3.5 (33.0%)
711	<b>SZCZEPAŃSKI Jarek</b>	<b>3512</b>		Open Masters Mężczyzn	96	09:30	02:29:27		<b>05:58:20.10</b>	<b>05:58:20.10</b>	+03:59:34 (66.9%)	17:03	3.5 (33.0%)
712	<b>DUKAT Sandra</b>	<b>3219</b>	LEMON TEAM	Open Kobiet	67	08:15	02:05:22		<b>05:59:00.90</b>	<b>05:59:00.90</b>	+04:00:15 (66.9%)	17:05	3.5 (33.0%)
713	<b>STACHYRA Rafał</b>	<b>3198</b>		Open Mężczyzn	382	08:00	02:05:49		<b>05:59:54.80</b>	<b>05:59:54.80</b>	+04:01:09 (67.0%)	17:08	3.5 (33.0%)
714	<b>PODDEBNIAK Małgorzata</b>	<b>3233</b>		Open Kobiet	68	08:15	02:58:37		<b>06:00:19.10</b>	<b>06:00:19.10</b>	+04:01:33 (67.0%)	17:09	3.5 (33.0%)
715	<b>MATUSIAK Michał</b>	<b>3399</b>	MADNESS&FATNESS 75+	Open Mężczyzn	383	09:30	02:25:58		<b>06:04:28.40</b>	<b>06:04:28.40</b>	+04:05:42 (67.4%)	17:21	3.5 (33.0%)
716	<b>PAKUŁA Bartosz</b>	<b>3390</b>	GLADIATORS BY RMF4RT	Open Mężczyzn	384	09:30	02:25:57		<b>06:06:46.60</b>	<b>06:06:46.60</b>	+04:08:01 (67.6%)	17:27	3.4 (32.1%)
717	<b>WOJTYNOWSKI Oskar</b>	<b>3516</b>		Open Mężczyzn	385	09:30	02:51:46		<b>06:07:38.80</b>	<b>06:07:38.80</b>	+04:08:53 (67.7%)	17:30	3.4 (32.1%)
718	<b>NOWAKOWSKI Grzegorz</b>	<b>3752</b>		Open Mężczyzn	386	11:00	02:31:41		<b>06:08:17.45</b>	<b>06:08:17.45</b>	+04:09:32 (67.8%)	17:32	3.4 (32.1%)
719	<b>WYSOCKI Paweł</b>	<b>3517</b>		Open Mężczyzn	387	09:30	02:51:44		<b>06:08:38.20</b>	<b>06:08:38.20</b>	+04:09:52 (67.8%)	17:33	3.4 (32.1%)
720	<b>SOBKIEWICZ Michał</b>	<b>3034</b>	ENAX RUN4FUN	Open Mężczyzn	388	07:50	02:00:44		<b>06:13:47.75</b>	<b>06:13:47.75</b>	+04:15:02 (68.2%)	17:47	3.4 (32.1%)
721	<b>HERÓD Rafał</b>	<b>3102</b>	OCR TEAM BYDLAKI	Open Mężczyzn	389	08:00	02:01:11		<b>06:21:28.60</b>	<b>06:21:28.60</b>	+04:22:43 (68.9%)	18:09	3.3 (31.1%)
722	<b>ŚLIWA Katarzyna</b>	<b>3580</b>		Open Kobiet	69	10:00	02:25:53		<b>06:22:20.15</b>	<b>06:22:20.15</b>	+04:23:34 (68.9%)	18:12	3.3 (31.1%)
723	<b>MORAWIEC Jagoda</b>	<b>3570</b>		Open Kobiet	70	10:00	02:25:51		<b>06:22:22.90</b>	<b>06:22:22.90</b>	+04:23:37 (68.9%)	18:12	3.3 (31.1%)
724	<b>POLIT Filip</b>	<b>3089</b>	NINJA TEAM	Open Mężczyzn	390	07:40	02:44:45		<b>06:23:13.70</b>	<b>06:23:13.70</b>	+04:24:28 (69.0%)	18:14	3.3 (31.1%)
725	<b>WIŚNIEWSKI Arkadiusz</b>	<b>3159</b>	WARRIORS ŁÓDŹ	Open Mężczyzn	391	07:50	02:41:30		<b>06:45:31.65</b>	<b>06:45:31.65</b>	+04:46:46 (70.7%)	19:18	3.1 (29.2%)
726	<b>MOSTOWSKI Radosław</b>	<b>3158</b>	WARRIORS ŁÓDŹ	Open Mężczyzn	392	07:50	02:41:27		<b>06:45:31.80</b>	<b>06:45:31.80</b>	+04:46:46 (70.7%)	19:18	3.1 (29.2%)
727	<b>GRALEC Dariusz</b>	<b>3065</b>	I NEVER TURN BACK	Open Masters Mężczyzn	97	07:50	01:38:59		<b>06:56:30.00</b>	<b>06:56:30.00</b>	+04:57:44 (71.5%)	19:50	3 (28.3%)
728	<b>DADELEWSKA Joanna</b>	<b>3224</b>	PIĘKNI I BESTIE	Open Masters Kobiet	21	08:15	04:12:01		<b>07:09:29.50</b>	<b>07:09:29.50</b>	+05:10:44 (72.3%)	20:27	2.9 (27.4%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
729	<b>DADELEWSKA Oliwia</b>	<b>3216</b>	GLADIATORS BY RMF4RT	Open Kobiet	71	08:15	02:49:50	<b>07:09:30.10</b>	<b>07:09:30.10</b>	+05:10:44 (72.3%)	20:27	2.9 (27.4%)
730	<b>GARNUSZEK Anita</b>	<b>3226</b>	POWER TRAINING	Open Kobiet	72	08:15	01:35:32			+01:13:37	9:33	6.3 (59.4%)
731	<b>JANISZEWSKI Marcin</b>	<b>3693</b>		Open Mężczyzn	393	10:30	01:35:54			+03:25:34	9:35	6.3 (59.4%)
732	<b>BECZEK Pawel</b>	<b>3726</b>		Open Mężczyzn	394	11:00	01:36:56			+04:04:56	9:41	6.2 (58.5%)
733	<b>LUTYŃSKI Szymon</b>	<b>3502</b>		Open Mężczyzn	395	09:30	02:25:17			+03:14:24	14:31	4.1 (38.7%)
734	<b>MAŃKO Patryk</b>	<b>3566</b>		Open Mężczyzn	396	10:00						(0.0%)
735	<b>SMOLCZEWSKI Arkadiusz</b>	<b>3372</b>		Open Mężczyzn	397	09:00						(0.0%)
736	<b>PURCHALAK Paweł</b>	<b>3537</b>	SYMMETRY GO	Open Mężczyzn	398	10:00						(0.0%)

Znaleziono 736 wynik(ów)