RUNMAGEDDON HARDCORE WARSZAWA

Wydarzenie: Zimowy Runmageddon Warszawa
Organizator: Extreme Events, Runmageddon
Data: 2021-02-28
Miejsce: Modlin
Dystans: 21 km

Klasyfikacja: Elite Mężczyzn

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	**FABIAN Marcel**	**3130**	SOCIOS SILESIA	Elite Mężczyzn	1	07:40	00:51:06	**01:58:45.45**	**01:58:45.45**		5:39	10.6 (100%)
2	**KRAWIECKI Mateusz**	**3122**	RUNMAGEDDON	Elite Mężczyzn	2	07:40	00:52:34	**02:06:56.35**	**02:06:56.35**	+00:08:10 (6.4%)	6:02	9.9 (93.4%)
3	**SERAFIŃSKI Maciej**	**3120**	RAJSPORT ACTIVE	Elite Mężczyzn	3	07:40	00:51:19	**02:08:03.45**	**02:08:03.45**	+00:09:18 (7.3%)	6:05	9.8 (92.5%)
4	**BRZOSKWINIA Wojciech**	**3174**	XRUNNERS	Elite Mężczyzn	4	07:40	00:54:02	**02:09:57.50**	**02:09:57.50**	+00:11:12 (8.6%)	6:11	9.7 (91.5%)
5	**CHMIELORZ Józef**	**3016**	CARBON SILESIA SPORT	Elite Mężczyzn	5	07:40	00:53:31	**02:11:42.35**	**02:11:42.35**	+00:12:56 (9.8%)	6:16	9.6 (90.6%)
6	**ZIOBER Zbigniew**	**3043**	EX TEAM	Elite Mężczyzn	6	07:40	00:52:49	**02:11:46.65**	**02:11:46.65**	+00:13:01 (9.9%)	6:16	9.6 (90.6%)
7	**JACIÓW Paweł**	**3161**	WATAHA	Elite Mężczyzn	7	07:40	00:55:15	**02:11:47.45**	**02:11:47.45**	+00:13:02 (9.9%)	6:16	9.6 (90.6%)
8	**RYNKIEWICZ Mateusz**	**3124**	RUNMAGEDDON	Elite Mężczyzn	8	07:40	00:56:21	**02:14:47.00**	**02:14:47.00**	+00:16:01 (11.9%)	6:25	9.3 (87.7%)
9	**STOKOWSKI Dariusz**	**3125**	RUNMAGEDDON	Elite Mężczyzn	9	07:40	00:55:20	**02:16:42.60**	**02:16:42.60**	+00:17:57 (13.1%)	6:30	9.2 (86.8%)
10	**BĄK Daniel**	**3009**	BIEGUN OCR TEAM	Elite Mężczyzn	10	07:50	00:57:29	**02:17:44.55**	**02:17:44.55**	+00:18:59 (13.8%)	6:33	9.1 (85.8%)
11	**DZIÓBEK Lech**	**3010**	BIEGUN OCR TEAM	Elite Mężczyzn	11	07:50	00:58:54	**02:19:07.00**	**02:19:07.00**	+00:20:21 (14.6%)	6:37	9.1 (85.8%)
12	**WÓJCIK Adam**	**3042**	EX TEAM	Elite Mężczyzn	12	07:40	01:06:11	**02:20:37.70**	**02:20:37.70**	+00:21:52 (15.6%)	6:41	9 (84.9%)
13	**FILIP Bartosz**	**3131**	SOCIOS SILESIA	Elite Mężczyzn	13	07:40	00:56:28	**02:21:30.55**	**02:21:30.55**	+00:22:45 (16.1%)	6:44	8.9 (84.0%)
14	**PISKAŁA Daniel**	**3111**	POWER TRAINING	Elite Masters Mężczyzn	1	07:40	00:56:47	**02:21:57.90**	**02:21:57.90**	+00:23:12 (16.3%)	6:45	8.9 (84.0%)
15	**CHOŁUJ Łukasz**	**3118**	PWPW S.A.	Elite Mężczyzn	14	08:00	00:59:50	**02:22:02.40**	**02:22:02.40**	+00:23:16 (16.4%)	6:45	8.9 (84.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
16	**KVEDARAVIČUS Ričards**	**3188**		Elite Masters Mężczyzn	2	08:00	00:56:56	**02:22:28.05**	**02:22:28.05**	+00:23:42 (16.6%)	6:47	8.8 (83.0%)
17	**LORENC Łukasz**	**3168**	WOLF TEAM	Elite Masters Mężczyzn	3	07:40	00:58:02	**02:24:16.00**	**02:24:16.00**	+00:25:30 (17.7%)	6:52	8.7 (82.1%)
18	**SAŁATA Marcin**	**3238**	RUNMAGEDDON	Elite Mężczyzn	15	07:40	01:01:44	**02:29:17.10**	**02:29:17.10**	+00:30:31 (20.4%)	7:06	8.4 (79.2%)
19	**OLICHOWSKI Mateusz**	**3170**	WOLF TEAM	Elite Mężczyzn	16	07:50	00:58:03	**02:29:34.90**	**02:29:34.90**	+00:30:49 (20.6%)	7:07	8.4 (79.2%)
20	**KURTA Rafał**	**3178**	XRUNNERS	Elite Mężczyzn	17	07:50	00:58:49	**02:30:12.20**	**02:30:12.20**	+00:31:26 (20.9%)	7:09	8.4 (79.2%)
21	**GAWLAK Damian**	**3092**	OBSTACLE CENTER TEAM	Elite Mężczyzn	18	07:40	01:00:42	**02:30:38.95**	**02:30:38.95**	+00:31:53 (21.2%)	7:10	8.4 (79.2%)
22	**KOŁAKOWSKI Krzysztof**	**3187**		Elite Mężczyzn	19	08:00	01:03:01	**02:31:09.80**	**02:31:09.80**	+00:32:24 (21.4%)	7:11	8.3 (78.3%)
23	**LORYCH Krystian**	**3012**	BIEGUN OCR TEAM	Elite Masters Mężczyzn	4	07:40	01:02:03	**02:31:51.75**	**02:31:51.75**	+00:33:06 (21.8%)	7:13	8.3 (78.3%)
24	**SKRZYSZOWSKI Janusz**	**3136**	SOCIOS SILESIA	Elite Mężczyzn	20	07:40	01:02:42	**02:32:40.65**	**02:32:40.65**	+00:33:55 (22.2%)	7:16	8.3 (78.3%)
25	**WASIELEWSKI Michał**	**3014**	BIEGUN OCR TEAM	Elite Masters Mężczyzn	5	07:40	00:59:35	**02:32:53.30**	**02:32:53.30**	+00:34:07 (22.3%)	7:16	8.2 (77.4%)
26	**PODGORSKI Marek**	**3123**	RUNMAGEDDON	Elite Mężczyzn	21	07:40	01:01:57	**02:33:22.85**	**02:33:22.85**	+00:34:37 (22.6%)	7:18	8.2 (77.4%)
27	**TOMAKA Tomasz**	**3121**	RAJSPORT ACTIVE	Elite Mężczyzn	22	07:40	01:04:12	**02:33:39.80**	**02:33:39.80**	+00:34:54 (22.7%)	7:19	8.2 (77.4%)
28	**KUBIESA Jakub**	**3023**	CARBON SILESIA SPORT	Elite Mężczyzn	23	07:40	01:04:17	**02:34:05.25**	**02:34:05.25**	+00:35:19 (22.9%)	7:20	8.2 (77.4%)
29	**PASTUSZKA Paweł**	**3040**	EX TEAM	Elite Mężczyzn	24	07:40	01:01:34	**02:34:08.30**	**02:34:08.30**	+00:35:22 (23.0%)	7:20	8.2 (77.4%)
30	**CHŁĄD Aleksander**	**3037**	EX TEAM	Elite Mężczyzn	25	07:40	01:03:00	**02:34:45.05**	**02:34:45.05**	+00:35:59 (23.3%)	7:22	8.1 (76.4%)
31	**DOBRZYŃSKI Tomasz**	**3176**	XRUNNERS	Elite Masters Mężczyzn	6	07:40	01:01:55	**02:35:05.00**	**02:35:05.00**	+00:36:19 (23.4%)	7:23	8.1 (76.4%)
32	**BURAS Radoslaw**	**3061**	HELL'S HEAVEN SZCZECIN	Elite Mężczyzn	26	08:00	01:05:08	**02:35:26.05**	**02:35:26.05**	+00:36:40 (23.6%)	7:24	8.1 (76.4%)
33	**MATUSIK Adam**	**3047**	FIT & MORE RYBNIK	Elite Mężczyzn	27	07:50	01:04:41	**02:35:53.10**	**02:35:53.10**	+00:37:07 (23.8%)	7:25	8.1 (76.4%)
34	**KRZYŻOWSKI Grzegorz**	**3045**	FIT & MORE RYBNIK	Elite Mężczyzn	28	07:50	01:05:01	**02:36:02.35**	**02:36:02.35**	+00:37:16 (23.9%)	7:25	8.1 (76.4%)
35	**KROPIDŁOWSKI Grzegorz**	**3167**	WOLF TEAM	Elite Mężczyzn	29	07:40	01:01:42	**02:37:06.70**	**02:37:06.70**	+00:38:21 (24.4%)	7:28	8 (75.5%)
36	**WIŚNIEWSKI Michał**	**3007**	BEST BEASTS	Elite Mężczyzn	30	07:50	01:07:40	**02:37:29.85**	**02:37:29.85**	+00:38:44 (24.6%)	7:29	8 (75.5%)
37	**BURBUL Przemysław**	**3112**	PRZEMO_FIZJOCR	Elite Mężczyzn	31	07:50	01:04:22	**02:38:09.20**	**02:38:09.20**	+00:39:23 (24.9%)	7:31	8 (75.5%)
38	**KARCZEWSKI Piotr**	**3005**	BEST BEASTS	Elite Mężczyzn	32	07:50	01:04:49	**02:38:17.75**	**02:38:17.75**	+00:39:32 (25.0%)	7:32	8 (75.5%)

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39	**JÓŹWICKI Karol**	**3099**	OCR PARK CHRABOŁY	Elite Mężczyzn	33	08:00		**02:38:44.00**	**02:38:44.00**	+00:39:58 (25.2%)	7:33	7.9 (74.5%)
40	**ZALEJASZ Sylwester**	**3179**	XRUNNERS	Elite Mężczyzn	34	07:50	01:06:35	**02:40:08.50**	**02:40:08.50**	+00:41:23 (25.8%)	7:37	7.9 (74.5%)
41	**BUGAJ Mariusz**	**3058**	HARDCOROWE WYCHYLYLYBYMY	Elite Mężczyzn	35	07:40	01:07:45	**02:41:51.80**	**02:41:51.80**	+00:43:06 (26.6%)	7:42	7.8 (73.6%)
42	**KĘDZIORA Bogumił**	**3071**	KONIU SQUAD	Elite Mężczyzn	36	07:50	01:07:32	**02:41:54.40**	**02:41:54.40**	+00:43:08 (26.7%)	7:42	7.8 (73.6%)
43	**SKRZECZYŃSKI Sławomir**	**3078**	LEMON TEAM	Elite Masters Mężczyzn	7	07:50	01:05:58	**02:42:15.40**	**02:42:15.40**	+00:43:29 (26.8%)	7:43	7.8 (73.6%)
44	**JANUSZEWSKI Andrzej**	**3094**	OBSTACLE CENTER TEAM	Elite Mężczyzn	37	07:40	01:09:32	**02:42:16.25**	**02:42:16.25**	+00:43:30 (26.8%)	7:43	7.8 (73.6%)
45	**KORULCZYK Marcin**	**3211**	UNITED RUNNERS	Elite Mężczyzn	38	08:00	01:05:15	**02:43:12.80**	**02:43:12.80**	+00:44:27 (27.2%)	7:46	7.7 (72.6%)
46	**NOWICKI Marcin**	**3169**	WOLF TEAM	Elite Mężczyzn	39	07:50	01:09:24	**02:43:29.60**	**02:43:29.60**	+00:44:44 (27.4%)	7:47	7.7 (72.6%)
47	**MACHTYL Zygmunt**	**3006**	BEST BEASTS	Elite Masters Mężczyzn	8	07:40	01:08:27	**02:43:40.95**	**02:43:40.95**	+00:44:55 (27.4%)	7:47	7.7 (72.6%)
48	**ŁOTOCKI Rafał Jerzy**	**3142**	TRZCIANKA	Elite Masters Mężczyzn	9	07:50	01:05:59	**02:43:49.95**	**02:43:49.95**	+00:45:04 (27.5%)	7:48	7.7 (72.6%)
49	**KOMARNICKI Tomasz**	**3044**	FIT & MORE RYBNIK	Elite Mężczyzn	40	07:40	01:07:26	**02:44:44.85**	**02:44:44.85**	+00:45:59 (27.9%)	7:50	7.6 (71.7%)
50	**MALEC Tomasz**	**3154**	WARCHLAKI ADELAJDY	Elite Mężczyzn	41	08:00	01:02:21	**02:45:15.70**	**02:45:15.70**	+00:46:30 (28.1%)	7:52	7.6 (71.7%)
51	**CZAPRAN Marek**	**3175**	XRUNNERS	Elite Mężczyzn	42	07:40	01:05:49	**02:45:48.10**	**02:45:48.10**	+00:47:02 (28.4%)	7:53	7.6 (71.7%)
52	**WAŁCERZ Łukasz**	**3205**		Elite Mężczyzn	43	08:00	01:07:08	**02:46:04.00**	**02:46:04.00**	+00:47:18 (28.5%)	7:54	7.6 (71.7%)
53	**PASON Tomasz**	**3039**	EX TEAM	Elite Mężczyzn	44	07:40	01:07:43	**02:46:04.30**	**02:46:04.30**	+00:47:18 (28.5%)	7:54	7.6 (71.7%)
54	**ZDOŃCZYK Krzysztof**	**3209**		Elite Mężczyzn	45	08:00	01:02:08	**02:46:15.95**	**02:46:15.95**	+00:47:30 (28.6%)	7:55	7.6 (71.7%)
55	**DRZEWIECKI Marcin**	**3082**	MAD RUNNERS	Elite Mężczyzn	46	08:00	01:06:51	**02:49:45.75**	**02:49:45.75**	+00:51:00 (30.0%)	8:05	7.4 (69.8%)
56	**JASTRZĘBSKI Sławomir**	**3008**	BESTIE OCR LEGIONOWO	Elite Masters Mężczyzn	10	07:50	01:14:36	**02:50:23.00**	**02:50:23.00**	+00:51:37 (30.3%)	8:06	7.4 (69.8%)
57	**TOMSKI Marcin**	**3155**	WARCHLAKI ADELAJDY	Elite Mężczyzn	47	08:00	01:10:06	**02:52:20.85**	**02:52:20.85**	+00:53:35 (31.1%)	8:12	7.3 (68.9%)
58	**MIŁOŚ Tomasz**	**3013**	BIEGUN OCR TEAM	Elite Mężczyzn	48	07:50	01:08:48	**02:52:32.10**	**02:52:32.10**	+00:53:46 (31.2%)	8:12	7.3 (68.9%)
59	**PIWNIK Bartosz**	**3077**	LEMON TEAM	Elite Mężczyzn	49	07:50	01:10:18	**02:52:33.80**	**02:52:33.80**	+00:53:48 (31.2%)	8:13	7.3 (68.9%)
60	**GĄSIOROWSKI Karol**	**3143**	UNIT37	Elite Mężczyzn	50	07:40	01:09:36	**02:52:34.60**	**02:52:34.60**	+00:53:49 (31.2%)	8:13	7.3 (68.9%)
61	**GIZAK Michał**	**3152**	WARCHLAKI ADELAJDY	Elite Mężczyzn	51	08:00	01:09:56	**02:52:36.35**	**02:52:36.35**	+00:53:50 (31.2%)	8:13	7.3 (68.9%)

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62	**GRABARCZYK Wojciech**	**3004**	BEST BEASTS	Elite Masters Mężczyzn	11	07:50	01:11:20	**02:53:51.30**	**02:53:51.30**	+00:55:05 (31.7%)	8:16	7.2 (67.9%)
63	**KOZIOŁ Kamil**	**3022**	CARBON SILESIA SPORT	Elite Mężczyzn	52	07:40	01:11:54	**02:57:10.35**	**02:57:10.35**	+00:58:24 (33.0%)	8:26	7.1 (67.0%)
64	**TKACZYK Michał**	**3097**	OBSTACLE CENTER TEAM	Elite Mężczyzn	53	07:40	01:10:11	**02:57:29.35**	**02:57:29.35**	+00:58:43 (33.1%)	8:27	7.1 (67.0%)
65	**MACIEJEWSKI Łukasz**	**3135**	SOCIOS SILESIA	Elite Mężczyzn	54	07:40	01:11:22	**02:57:29.80**	**02:57:29.80**	+00:58:44 (33.1%)	8:27	7.1 (67.0%)
66	**DUKIEWICZ Dariusz**	**3164**	WOLF TEAM	Elite Mężczyzn	55	07:40	01:09:56	**02:59:37.80**	**02:59:37.80**	+01:00:52 (33.9%)	8:33	7 (66.0%)
67	**ŚLIZ Arkadiusz**	**3172**	WOLF TEAM	Elite Mężczyzn	56	07:50	01:14:14	**02:59:44.75**	**02:59:44.75**	+01:00:59 (33.9%)	8:33	7 (66.0%)
68	**KŁOS Cezary**	**3029**	DRUŻYNA KITUSIA BAJGLUSIA	Elite Mężczyzn	57	07:40	01:15:02	**03:01:17.05**	**03:01:17.05**	+01:02:31 (34.5%)	8:37	7 (66.0%)
69	**MIZGALSKI Jacek**	**3032**	DZIADY OCR	Elite Masters Mężczyzn	12	07:50	01:09:41	**03:01:25.65**	**03:01:25.65**	+01:02:40 (34.5%)	8:38	6.9 (65.1%)
70	**WERYK Mateusz**	**3015**	BIEGUN OCR TEAM	Elite Masters Mężczyzn	13	07:50	01:12:42	**03:01:43.15**	**03:01:43.15**	+01:02:57 (34.6%)	8:39	6.9 (65.1%)
71	**WIŚNIEWSKI Norbert**	**3207**		Elite Masters Mężczyzn	14	08:00	01:14:58	**03:02:08.80**	**03:02:08.80**	+01:03:23 (34.8%)	8:40	6.9 (65.1%)
72	**PASTUSZKA Michał**	**3191**		Elite Mężczyzn	58	08:00	01:14:51	**03:03:05.50**	**03:03:05.50**	+01:04:20 (35.1%)	8:43	6.9 (65.1%)
73	**MACHNIO Bartosz Jan**	**3033**	DZIKISQUAD	Elite Mężczyzn	59	07:50	01:17:41	**03:03:21.10**	**03:03:21.10**	+01:04:35 (35.2%)	8:43	6.9 (65.1%)
74	**MISSALA Michał**	**3110**	POWER TRAINING	Elite Masters Mężczyzn	15	07:40	01:14:45	**03:03:24.20**	**03:03:24.20**	+01:04:38 (35.2%)	8:44	6.9 (65.1%)
75	**JANUS Leszek**	**3138**	SPEEDSTERS	Elite Mężczyzn	60	08:00	01:14:06	**03:03:41.55**	**03:03:41.55**	+01:04:56 (35.3%)	8:44	6.9 (65.1%)
76	**NIŹNIK Borys**	**3072**	KONIU SQUAD	Elite Masters Mężczyzn	16	07:50	01:14:18	**03:03:59.45**	**03:03:59.45**	+01:05:14 (35.5%)	8:45	6.8 (64.2%)
77	**MACHURA Marcin**	**3137**	SPEC INSTAL RUN	Elite Mężczyzn	61	08:00	01:16:08	**03:04:00.80**	**03:04:00.80**	+01:05:15 (35.5%)	8:45	6.8 (64.2%)
78	**KRAJNIAK Jarosław**	**3166**	WOLF TEAM	Elite Mężczyzn	62	07:40	01:12:38	**03:04:13.60**	**03:04:13.60**	+01:05:28 (35.5%)	8:46	6.8 (64.2%)
79	**HANUSIAK Leszek**	**3070**	KONIU SQUAD	Elite Mężczyzn	63	07:50	01:16:02	**03:08:06.15**	**03:08:06.15**	+01:09:20 (36.9%)	8:57	6.7 (63.2%)
80	**GÓRNIAK Robert**	**3038**	EX TEAM	Elite Masters Mężczyzn	17	07:40	01:20:04	**03:08:25.85**	**03:08:25.85**	+01:09:40 (37.0%)	8:58	6.7 (63.2%)
81	**DĄBROWSKI Krzysztof**	**3129**	SOCIOS SILESIA	Elite Masters Mężczyzn	18	07:40	01:16:04	**03:08:47.15**	**03:08:47.15**	+01:10:01 (37.1%)	8:59	6.7 (63.2%)
82	**BRUSIŁO Bartosz**	**3149**	UNITED RUNNERS	Elite Mężczyzn	64	07:40	01:15:39	**03:09:01.75**	**03:09:01.75**	+01:10:16 (37.2%)	9:00	6.7 (63.2%)
83	**LEPIARZ Michał**	**3075**	LEMON TEAM	Elite Mężczyzn	65	07:50	01:09:40	**03:09:27.05**	**03:09:27.05**	+01:10:41 (37.3%)	9:01	6.7 (63.2%)
84	**MISSALA Mateusz**	**3109**	POWER TRAINING	Elite Masters Mężczyzn	19	07:40	01:14:52	**03:09:29.35**	**03:09:29.35**	+01:10:43 (37.3%)	9:01	6.6 (62.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
85	**KLANOWSKI Marcin**	**3021**	CARBON SILESIA SPORT	Elite Mężczyzn	66	07:50	01:19:46	**03:10:14.60**	**03:10:14.60**	+01:11:29 (37.6%)	9:03	6.6 (62.3%)
86	**SŁADEK Patryk**	**3041**	EX TEAM	Elite Mężczyzn	67	07:40	01:13:32	**03:10:54.15**	**03:10:54.15**	+01:12:08 (37.8%)	9:05	6.6 (62.3%)
87	**STAROSZYŃSKI Dawid**	**3200**		Elite Mężczyzn	68	08:00	01:18:10	**03:11:45.95**	**03:11:45.95**	+01:13:00 (38.1%)	9:07	6.6 (62.3%)
88	**TROSHKIN Sergei**	**3001**	39RUS	Elite Masters Mężczyzn	20	07:40	01:20:17	**03:11:56.65**	**03:11:56.65**	+01:13:11 (38.1%)	9:08	6.6 (62.3%)
89	**NALEPKA Piotr**	**3147**	UNIT37	Elite Mężczyzn	69	07:40	01:15:48	**03:12:02.25**	**03:12:02.25**	+01:13:16 (38.2%)	9:08	6.6 (62.3%)
90	**KALININ Jarosław**	**3177**	XRUNNERS	Elite Mężczyzn	70	07:40	01:06:10	**03:13:54.05**	**03:13:54.05**	+01:15:08 (38.8%)	9:14	6.5 (61.3%)
91	**JEZIORSKI Paweł**	**3054**	GLADIATORS BY RMF4RT	Elite Mężczyzn	71	07:50	01:16:29	**03:14:43.65**	**03:14:43.65**	+01:15:58 (39.0%)	9:16	6.5 (61.3%)
92	**WRÓBLEWSKI Michał**	**3079**	LIFE4FIT	Elite Masters Mężczyzn	21	08:00	01:12:12	**03:14:53.95**	**03:14:53.95**	+01:16:08 (39.1%)	9:16	6.5 (61.3%)
93	**TALAREK Patryk**	**3771**	WOLF TEAM	Elite Mężczyzn	72	08:00	01:12:32	**03:15:37.75**	**03:15:37.75**	+01:16:52 (39.3%)	9:18	6.4 (60.4%)
94	**WOJAS Michał**	**3208**		Elite Mężczyzn	73	08:00	01:20:37	**03:16:46.10**	**03:16:46.10**	+01:18:00 (39.6%)	9:22	6.4 (60.4%)
95	**DUDA Grzegorz**	**3003**	BEST BEASTS	Elite Masters Mężczyzn	22	07:50	01:04:33	**03:16:48.90**	**03:16:48.90**	+01:18:03 (39.7%)	9:22	6.4 (60.4%)
96	**GRZEGORZYCA Damian**	**3134**	SOCIOS SILESIA	Elite Masters Mężczyzn	23	07:40	01:16:57	**03:17:48.20**	**03:17:48.20**	+01:19:02 (40.0%)	9:25	6.4 (60.4%)
97	**KURACH Stanisław**	**3031**	DZIADY OCR	Elite Masters Mężczyzn	24	07:40	01:18:12	**03:18:34.20**	**03:18:34.20**	+01:19:48 (40.2%)	9:27	6.3 (59.4%)
98	**DANILUK Grzegorz**	**3237**	BESTIE OCR LEGIONOWO	Elite Masters Mężczyzn	25	07:40	01:22:41	**03:19:51.50**	**03:19:51.50**	+01:21:06 (40.6%)	9:31	6.3 (59.4%)
99	**GONSIOR Krzysztof**	**3132**	SOCIOS SILESIA	Elite Mężczyzn	74	07:40	01:25:08	**03:20:56.60**	**03:20:56.60**	+01:22:11 (40.9%)	9:34	6.3 (59.4%)
100	**KURTYKA Przemysław**	**3046**	FIT & MORE RYBNIK	Elite Mężczyzn	75	07:50	01:19:12	**03:22:58.25**	**03:22:58.25**	+01:24:12 (41.5%)	9:39	6.2 (58.5%)
101	**KARBOWSKI Sławomir**	**3086**	NEXTREME VIKINGS RUN	Elite Masters Mężczyzn	26	08:00	01:18:24	**03:24:47.15**	**03:24:47.15**	+01:26:01 (42.0%)	9:45	6.2 (58.5%)
102	**ZIARKOWSKI Mirosław**	**3048**	FIT & MORE RYBNIK	Elite Masters Mężczyzn	27	07:50	01:21:09	**03:25:25.25**	**03:25:25.25**	+01:26:39 (42.2%)	9:46	6.1 (57.5%)
103	**BARAŃSKI Maciek**	**3126**	SKURCZYBYKI	Elite Mężczyzn	76	08:00	01:30:57	**03:26:20.65**	**03:26:20.65**	+01:27:35 (42.4%)	9:49	6.1 (57.5%)
104	**GRABOWIEC Arkadiusz**	**3180**	ZALATANI TEAM	Elite Mężczyzn	77	08:00	01:19:33	**03:29:45.40**	**03:29:45.40**	+01:30:59 (43.4%)	9:59	6 (56.6%)
105	**WOLNY Krzysztof**	**3050**	FORBET RUNNERS	Elite Mężczyzn	78	07:50	01:14:24	**03:29:50.65**	**03:29:50.65**	+01:31:05 (43.4%)	9:59	6 (56.6%)
106	**POŁEĆ Leszek**	**3162**	WATAHA	Elite Mężczyzn	79	07:40	01:25:39	**03:30:01.30**	**03:30:01.30**	+01:31:15 (43.5%)	10:00	6 (56.6%)
107	**HADRIAN Szymon**	**3017**	CARBON SILESIA SPORT	Elite Mężczyzn	80	07:50	01:23:45	**03:30:48.65**	**03:30:48.65**	+01:32:03 (43.7%)	10:02	6 (56.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
108	**BORKOWSKI Bartłomiej**	**3181**		Elite Mężczyzn	81	08:00	01:30:34	**03:32:45.10**	**03:32:45.10**	+01:33:59 (44.2%)	10:07	5.9 (55.7%)
109	**SPRUTTA Mateusz**	**3025**	CARBON SILESIA SPORT	Elite Mężczyzn	82	07:40	01:17:21	**03:32:47.65**	**03:32:47.65**	+01:34:02 (44.2%)	10:07	5.9 (55.7%)
110	**BIELICKI Wojciech**	**3073**	LACROIX TEAM	Elite Mężczyzn	83	08:00	01:25:16	**03:33:44.65**	**03:33:44.65**	+01:34:59 (44.4%)	10:10	5.9 (55.7%)
111	**SLIWA Krzysztof**	**3074**	LACROIX TEAM	Elite Mężczyzn	84	08:00	01:25:25	**03:33:44.70**	**03:33:44.70**	+01:34:59 (44.4%)	10:10	5.9 (55.7%)
112	**GRZEBUŁA Łukasz**	**3106**	OSPRO TEAM	Elite Mężczyzn	85	07:40	01:27:45	**03:34:21.50**	**03:34:21.50**	+01:35:36 (44.6%)	10:12	5.9 (55.7%)
113	**KALNIUK Paweł**	**3165**	WOLF TEAM	Elite Mężczyzn	86	07:40	01:26:46	**03:34:22.85**	**03:34:22.85**	+01:35:37 (44.6%)	10:12	5.9 (55.7%)
114	**ZIMIŃSKI Paweł**	**3057**	GLADIATORS BY RMF4RT	Elite Mężczyzn	87	07:50	01:21:28	**03:34:38.50**	**03:34:38.50**	+01:35:53 (44.7%)	10:13	5.9 (55.7%)
115	**MICHALSKI Dawid**	**3066**	I NEVER TURN BACK	Elite Mężczyzn	88	07:50	01:21:25	**03:35:04.10**	**03:35:04.10**	+01:36:18 (44.8%)	10:14	5.9 (55.7%)
116	**KANIECKI Paweł**	**3085**	MIEJSCE BLOK B	Elite Masters Mężczyzn	28	08:00	01:14:43	**03:36:32.45**	**03:36:32.45**	+01:37:47 (45.2%)	10:18	5.8 (54.7%)
117	**KOCZOROWSKI Paweł**	**3002**	BALTIC SEALS	Elite Masters Mężczyzn	29	07:50	01:18:27	**03:37:21.15**	**03:37:21.15**	+01:38:35 (45.4%)	10:21	5.8 (54.7%)
118	**MAJOWSKI Michał**	**3024**	CARBON SILESIA SPORT	Elite Mężczyzn	89	07:40	01:26:42	**03:39:22.65**	**03:39:22.65**	+01:40:37 (45.9%)	10:26	5.7 (53.8%)
119	**DYKIER Krzysztof**	**3027**	DOMINATOR TEAM	Elite Masters Mężczyzn	30	07:50	01:30:45	**03:39:43.20**	**03:39:43.20**	+01:40:57 (46.0%)	10:27	5.7 (53.8%)
120	**FORNALSKI Irek**	**3090**	OBSTACLE CENTER TEAM	Elite Mężczyzn	90	07:40	01:26:11	**03:43:46.85**	**03:43:46.85**	+01:45:01 (46.9%)	10:39	5.6 (52.8%)
121	**BUCZKOWSKI Krzysztof**	**3182**		Elite Mężczyzn	91	08:00	01:30:20	**03:48:01.75**	**03:48:01.75**	+01:49:16 (47.9%)	10:51	5.5 (51.9%)
122	**SADOWSKI Tomasz**	**3087**	NIE W SZCZEPIONKĘ TEAM	Elite Mężczyzn	92	07:40	01:33:00	**03:49:23.20**	**03:49:23.20**	+01:50:37 (48.2%)	10:55	5.5 (51.9%)
123	**RAVIZZA Marco**	**3141**	TEAM WRI	Elite Masters Mężczyzn	31	08:00		**03:51:37.15**	**03:51:37.15**	+01:52:51 (48.7%)	11:01	5.4 (50.9%)
124	**CZUBASZEWSKI Kamil**	**3119**	PZU SPORT TEAM	Elite Mężczyzn	93	08:00	01:38:34	**03:51:37.40**	**03:51:37.40**	+01:52:51 (48.7%)	11:01	5.4 (50.9%)
125	**GRYŻEWSKI Karol**	**3093**	OBSTACLE CENTER TEAM	Elite Mężczyzn	94	07:40	01:32:27	**03:52:04.00**	**03:52:04.00**	+01:53:18 (48.8%)	11:03	5.4 (50.9%)
126	**RESPONDEK Leszek**	**3067**	KLONO TEAM	Elite Masters Mężczyzn	32	08:00	01:35:23	**03:52:41.75**	**03:52:41.75**	+01:53:56 (49.0%)	11:04	5.4 (50.9%)
127	**WEIS Michał**	**3098**	OBSTACLE CENTER TEAM	Elite Mężczyzn	95	07:40	01:32:25	**03:55:13.25**	**03:55:13.25**	+01:56:27 (49.5%)	11:12	5.4 (50.9%)
128	**GOŁASZEWSKI Jacek**	**3185**		Elite Mężczyzn	96	08:00	01:25:44	**03:55:46.30**	**03:55:46.30**	+01:57:00 (49.6%)	11:13	5.3 (50.0%)
129	**TOMSIA Wojciech**	**3204**		Elite Mężczyzn	97	08:00	01:32:29	**03:57:01.15**	**03:57:01.15**	+01:58:15 (49.9%)	11:17	5.3 (50.0%)
130	**ZIEMNICKI Tomasz**	**3049**	FIT & MORE RYBNIK	Elite Masters Mężczyzn	33	07:50	01:21:51	**03:58:13.30**	**03:58:13.30**	+01:59:27 (50.1%)	11:20	5.3 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	PORĘCZE SZEROKIE 10km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
131	**SEWERYNOWICZ Michał**	**3059**	HARDCOROWE WYCHYLYLYBYMY	Elite Mężczyzn	98	07:40	01:33:46	**04:08:29.20**	**04:08:29.20**	+02:09:43 (52.2%)	11:49	5.1 (48.1%)
132	**SUCHY Tomasz**	**3201**		Elite Mężczyzn	99	08:00	01:48:10	**04:09:13.50**	**04:09:13.50**	+02:10:28 (52.3%)	11:52	5.1 (48.1%)
133	**TUTAJ Jakub**	**3148**	UNIT37	Elite Masters Mężczyzn	34	07:40	01:56:02	**04:17:00.45**	**04:17:00.45**	+02:18:15 (53.8%)	12:14	4.9 (46.2%)
134	**JULIKOWSKI Karol**	**3107**	POWER TRAINING	Elite Mężczyzn	100	07:50	01:39:46	**04:20:23.85**	**04:20:23.85**	+02:21:38 (54.4%)	12:23	4.8 (45.3%)
135	**MROCZKA Maciej**	**3190**		Elite Mężczyzn	101	08:00	01:50:09	**04:22:54.80**	**04:22:54.80**	+02:24:09 (54.8%)	12:31	4.8 (45.3%)
136	**ŁĘPICKI Mateusz**	**3076**	LEMON TEAM	Elite Mężczyzn	102	07:50	02:02:03	**04:34:01.50**	**04:34:01.50**	+02:35:16 (56.7%)	13:02	4.6 (43.4%)
137	**GARBACZ Damian**	**3036**	ETRANS TEAM	Elite Mężczyzn	103	07:50	02:03:46	**04:50:48.50**	**04:50:48.50**	+02:52:03 (59.2%)	13:50	4.3 (40.6%)
138	**ŁĄTKA Robert**	**3145**	UNIT37	Elite Masters Mężczyzn	35	07:40	02:12:36	**05:21:59.40**	**05:21:59.40**	+03:23:13 (63.1%)	15:19	3.9 (36.8%)
139	**SZAFRAN Jakub**	**3117**	PSYCHIATRYK KOPERNIKA	Elite Mężczyzn	104	07:50	02:30:42	**05:39:44.20**	**05:39:44.20**	+03:40:58 (65.0%)	16:10	3.7 (34.9%)
140	**GAŃKO Mateusz**	**3091**	OBSTACLE CENTER TEAM	Elite Mężczyzn	105	07:40	02:27:00	**05:45:16.30**	**05:45:16.30**	+03:46:30 (65.6%)	16:26	3.6 (34.0%)

Znaleziono 140 wynik(ów)