

**Wydarzenie:** Runmageddon WARSZAWA TWIERDZA MODLIN  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2024-05-25  
**Miejsce:** Warszawa  
**Dystans:** 6 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Helikopter 5.8km	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
1	<b>ROLNIK Tomasz</b>	<b>4154</b>	WIELUŃ BIEGA	Open Mężczyzn	1	21:00		<b>00:18:52.00</b>	<b>00:18:52.00</b>		3:08	19.1 (100%)
2	<b>SZULIMOWICZ Maciej</b>	<b>4003</b>	BIEGUN OCR TEAM	Open Masters Mężczyzn	1	21:00		<b>00:19:51.45</b>	<b>00:19:51.45</b>	+00:00:59 (5.0%)	3:18	18.1 (94.8%)
3	<b>SIERLECKI Patryk</b>	<b>4015</b>	FITPARK TEAM	Open Masters Mężczyzn	2	21:00		<b>00:20:47.30</b>	<b>00:20:47.30</b>	+00:01:55 (9.2%)	3:27	17.3 (90.6%)
4	<b>ANTOSIK Bartosz</b>	<b>4030</b>	NA PRZYPALE ALBO WCALE!!!	Open Masters Mężczyzn	3	21:00		<b>00:21:58.70</b>	<b>00:21:58.70</b>	+00:03:06 (14.2%)	3:39	16.4 (85.9%)
5	<b>SIATKOWSKI Radosław</b>	<b>4284</b>		Open Mężczyzn	2	21:15		<b>00:31:53.75</b>	<b>00:31:53.75</b>	+00:13:01 (40.8%)	5:18	11.3 (59.2%)
6	<b>LOREK Michał</b>	<b>4178</b>		Open Mężczyzn	3	21:15		<b>00:32:06.95</b>	<b>00:32:06.95</b>	+00:13:14 (41.3%)	5:21	11.2 (58.6%)
7	<b>ROMBEL Agata</b>	<b>4103</b>	BESTIE OCR LEGIONOWO	Open Kobiet	1	21:15		<b>00:32:57.85</b>	<b>00:32:57.85</b>	+00:14:05 (42.8%)	5:29	10.9 (57.1%)
8	<b>JASTRZĘBSKI Sławomir</b>	<b>4102</b>	BESTIE OCR LEGIONOWO	Open Masters Mężczyzn	4	21:15		<b>00:33:16.45</b>	<b>00:33:16.45</b>	+00:14:24 (43.3%)	5:32	10.8 (56.5%)
9	<b>TROJANOWSKI Rafał</b>	<b>4196</b>		Open Mężczyzn	4	21:15		<b>00:33:17.50</b>	<b>00:33:17.50</b>	+00:14:25 (43.3%)	5:32	10.8 (56.5%)
10	<b>KSIĄŻEK Łukasz</b>	<b>4130</b>	DZIAD SQUAD	Open Mężczyzn	5	21:15		<b>00:35:52.25</b>	<b>00:35:52.25</b>	+00:17:00 (47.4%)	5:58	10 (52.4%)
11	<b>SZULC Adam</b>	<b>4148</b>	POWER TRAINING	Open Masters Mężczyzn	5	21:15		<b>00:36:06.85</b>	<b>00:36:06.85</b>	+00:17:14 (47.8%)	6:01	10 (52.4%)
12	<b>MIKULSKI Jakub</b>	<b>4250</b>		Open Mężczyzn	6	21:30		<b>00:37:04.10</b>	<b>00:37:04.10</b>	+00:18:12 (49.1%)	6:10	9.7 (50.8%)
13	<b>PRZYBYSZ Fabian</b>	<b>4191</b>		Open Mężczyzn	7	21:15		<b>00:38:16.20</b>	<b>00:38:16.20</b>	+00:19:24 (50.7%)	6:22	9.4 (49.2%)
14	<b>DYTRYCH Artur</b>	<b>4147</b>	POWER TRAINING	Open Mężczyzn	8	21:15		<b>00:38:59.65</b>	<b>00:38:59.65</b>	+00:20:07 (51.6%)	6:29	9.2 (48.2%)
15	<b>MCCLOSKEY Adam</b>	<b>4263</b>	SZAMBONURKI	Open Mężczyzn	9	21:15		<b>00:39:01.75</b>	<b>00:39:01.75</b>	+00:20:09 (51.7%)	6:30	9.2 (48.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Helikopter	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5.8km	6km	6km			
16	<b>BIEŃ Jan</b>	<b>4151</b>	SZAMBONURKI	Open Mężczyzn	10	21:15		<b>00:39:02.15</b>	<b>00:39:02.15</b>	+00:20:10 (51.7%)	6:30	9.2 (48.2%)
17	<b>KONIKIEWICZ Łukasz</b>	<b>4027</b>	LAJT	Open Mężczyzn	11	21:00		<b>00:39:54.40</b>	<b>00:39:54.40</b>	+00:21:02 (52.7%)	6:39	9 (47.1%)
18	<b>PIETRZAK Wojciech</b>	<b>4186</b>		Open Mężczyzn	12	21:30		<b>00:40:28.10</b>	<b>00:40:28.10</b>	+00:21:36 (53.4%)	6:44	8.9 (46.6%)
19	<b>STEMPCZYŃSKA Justyna</b>	<b>4002</b>	BIEGUN OCR TEAM	Open Masters Kobiet	1	21:00		<b>00:40:45.80</b>	<b>00:40:45.80</b>	+00:21:53 (53.7%)	6:47	8.8 (46.1%)
20	<b>DĘBSKI Grzegorz</b>	<b>4053</b>		Open Mężczyzn	13	21:00		<b>00:41:02.00</b>	<b>00:41:02.00</b>	+00:22:10 (54.0%)	6:50	8.8 (46.1%)
21	<b>SZYMAŃSKI Tomasz</b>	<b>4013</b>	DZIKI Z TRÓJMIASTA	Open Masters Mężczyzn	6	21:00		<b>00:41:23.85</b>	<b>00:41:23.85</b>	+00:22:31 (54.4%)	6:53	8.7 (45.5%)
22	<b>ŚNIEŻAWSKI Adrian</b>	<b>4012</b>	DRUŻYNA Z PIERWSZEGO TŁOCZENIA	Open Mężczyzn	14	21:00		<b>00:41:58.35</b>	<b>00:41:58.35</b>	+00:23:06 (55.0%)	6:59	8.6 (45.0%)
23	<b>ZWOLICKI Adrian</b>	<b>4101</b>		Open Mężczyzn	15	21:00		<b>00:41:58.90</b>	<b>00:41:58.90</b>	+00:23:06 (55.1%)	6:59	8.6 (45.0%)
24	<b>WESOŁOWSKA Natalia</b>	<b>4197</b>		Open Kobiet	2	21:15		<b>00:42:59.25</b>	<b>00:42:59.25</b>	+00:24:07 (56.1%)	7:09	8.4 (44.0%)
25	<b>DUDEK Krystian</b>	<b>4163</b>		Open Mężczyzn	16	21:15		<b>00:42:59.70</b>	<b>00:42:59.70</b>	+00:24:07 (56.1%)	7:09	8.4 (44.0%)
26	<b>PAWĘSKA Marta</b>	<b>4183</b>		Open Kobiet	3	21:15		<b>00:43:43.30</b>	<b>00:43:43.30</b>	+00:24:51 (56.8%)	7:17	8.2 (42.9%)
26	<b>DARGACZ Katarzyna</b>	<b>4162</b>		Open Kobiet	3	21:15		<b>00:43:43.30</b>	<b>00:43:43.30</b>	+00:24:51 (56.8%)	7:17	8.2 (42.9%)
28	<b>CHYLAŁ Adam</b>	<b>4001</b>	BGK	Open Mężczyzn	17	21:00		<b>00:43:48.10</b>	<b>00:43:48.10</b>	+00:24:56 (56.9%)	7:18	8.2 (42.9%)
29	<b>JUSIŃSKI Krystian</b>	<b>4059</b>		Open Mężczyzn	18	21:00		<b>00:43:48.30</b>	<b>00:43:48.30</b>	+00:24:56 (56.9%)	7:18	8.2 (42.9%)
30	<b>ŁEBEK Arkadiusz</b>	<b>4132</b>	DZIADY OCR	Open Masters Mężczyzn	7	21:15		<b>00:44:20.10</b>	<b>00:44:20.10</b>	+00:25:28 (57.4%)	7:23	8.1 (42.4%)
31	<b>BIELICKI Aleksander</b>	<b>4158</b>		Open Mężczyzn	19	21:15		<b>00:44:21.80</b>	<b>00:44:21.80</b>	+00:25:29 (57.5%)	7:23	8.1 (42.4%)
32	<b>GIERS Tomasz</b>	<b>4129</b>	DZIAD SQUAD	Open Mężczyzn	20	21:15		<b>00:45:02.15</b>	<b>00:45:02.15</b>	+00:26:10 (58.1%)	7:30	8 (41.9%)
33	<b>WOJTYRA Damian</b>	<b>4131</b>	DZIAD SQUAD	Open Mężczyzn	21	21:15		<b>00:45:02.35</b>	<b>00:45:02.35</b>	+00:26:10 (58.1%)	7:30	8 (41.9%)
34	<b>PSZONA Karolina</b>	<b>4080</b>		Open Kobiet	5	21:00		<b>00:45:05.95</b>	<b>00:45:05.95</b>	+00:26:13 (58.2%)	7:30	8 (41.9%)
35	<b>NALBORSKI Marcel</b>	<b>4181</b>		Open Mężczyzn	22	21:15		<b>00:45:25.25</b>	<b>00:45:25.25</b>	+00:26:33 (58.5%)	7:34	7.9 (41.4%)
36	<b>MŁYNARSKA Bernadetta</b>	<b>4118</b>	CARBON SILESIA SPORT BY VITARADE	Open Kobiet	6	21:00		<b>00:45:27.05</b>	<b>00:45:27.05</b>	+00:26:35 (58.5%)	7:34	7.9 (41.4%)
37	<b>WTULICH Rafał</b>	<b>4124</b>	DĘBE JEST WIELKIE	Open Mężczyzn	23	21:00		<b>00:45:28.05</b>	<b>00:45:28.05</b>	+00:26:36 (58.5%)	7:34	7.9 (41.4%)
38	<b>PIETRZYKOWSKI Marcin</b>	<b>4254</b>		Open Mężczyzn	24	21:30		<b>00:45:44.55</b>	<b>00:45:44.55</b>	+00:26:52 (58.8%)	7:37	7.9 (41.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Helikopter 5.8km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 6km	brutto 6km			
39	<b>RYTEL Mateusz</b>	<b>4255</b>		Open Mężczyzn	25	21:30		<b>00:46:00.10</b>	<b>00:46:00.10</b>	+00:27:08 (59.0%)	7:40	7.8 (40.8%)
40	<b>REDEK Damian</b>	<b>4081</b>		Open Mężczyzn	26	21:00		<b>00:46:26.45</b>	<b>00:46:26.45</b>	+00:27:34 (59.4%)	7:44	7.8 (40.8%)
41	<b>WIELĄDEK Mateusz</b>	<b>4042</b>	TECHNIK INFORMATYK	Open Mężczyzn	27	21:00		<b>00:46:44.15</b>	<b>00:46:44.15</b>	+00:27:52 (59.6%)	7:47	7.7 (40.3%)
42	<b>SULICH Marcin</b>	<b>4038</b>	SILNE DZIKI	Open Mężczyzn	28	21:00		<b>00:46:44.40</b>	<b>00:46:44.40</b>	+00:27:52 (59.6%)	7:47	7.7 (40.3%)
43	<b>PIETRZYKOWSKI Tomasz</b>	<b>4227</b>	POGOTOWIE MEDICOVER	Open Masters Mężczyzn	8	21:30		<b>00:46:53.30</b>	<b>00:46:53.30</b>	+00:28:01 (59.8%)	7:48	7.7 (40.3%)
44	<b>ZDUŃSKI Jarosław</b>	<b>4228</b>	POGOTOWIE MEDICOVER	Open Masters Mężczyzn	9	21:30		<b>00:46:53.45</b>	<b>00:46:53.45</b>	+00:28:01 (59.8%)	7:48	7.7 (40.3%)
45	<b>BIENIEK Wojciech</b>	<b>4045</b>		Open Mężczyzn	29	21:00		<b>00:47:19.85</b>	<b>00:47:19.85</b>	+00:28:27 (60.1%)	7:53	7.6 (39.8%)
46	<b>KIWERSKI Maciej</b>	<b>4063</b>		Open Masters Mężczyzn	10	21:00		<b>00:47:27.80</b>	<b>00:47:27.80</b>	+00:28:35 (60.3%)	7:54	7.6 (39.8%)
47	<b>BEDNARCZYK Mariusz</b>	<b>4156</b>		Open Mężczyzn	30	21:15		<b>00:47:34.40</b>	<b>00:47:34.40</b>	+00:28:42 (60.3%)	7:55	7.6 (39.8%)
48	<b>SLOBODIAN Stepan</b>	<b>4280</b>		Open Mężczyzn	31	21:00		<b>00:48:17.15</b>	<b>00:48:17.15</b>	+00:29:25 (60.9%)	8:02	7.5 (39.3%)
49	<b>СИВЦОВА Оксана</b>	<b>4266</b>		Open Kobiet	7	21:00		<b>00:48:17.70</b>	<b>00:48:17.70</b>	+00:29:25 (60.9%)	8:02	7.5 (39.3%)
50	<b>SZPAKOWSKI Arkadiusz</b>	<b>4094</b>		Open Mężczyzn	32	21:00		<b>00:48:19.05</b>	<b>00:48:19.05</b>	+00:29:27 (61.0%)	8:03	7.5 (39.3%)
51	<b>SAŁEK Piotr</b>	<b>4088</b>		Open Mężczyzn	33	21:00		<b>00:48:20.80</b>	<b>00:48:20.80</b>	+00:29:28 (61.0%)	8:03	7.4 (38.7%)
52	<b>KAŻMIERCZAK Daniel</b>	<b>4062</b>		Open Mężczyzn	34	21:00		<b>00:48:21.30</b>	<b>00:48:21.30</b>	+00:29:29 (61.0%)	8:03	7.4 (38.7%)
53	<b>JAKUBOWSKA Katarzyna</b>	<b>4243</b>		Open Masters Kobiet	2	21:00		<b>00:48:21.90</b>	<b>00:48:21.90</b>	+00:29:29 (61.0%)	8:03	7.4 (38.7%)
54	<b>MIKOŁASZEK Daria</b>	<b>4179</b>		Open Kobiet	8	21:15		<b>00:48:30.95</b>	<b>00:48:30.95</b>	+00:29:38 (61.1%)	8:05	7.4 (38.7%)
55	<b>KOTELUK Mariusz</b>	<b>4173</b>		Open Mężczyzn	35	21:15		<b>00:48:31.25</b>	<b>00:48:31.25</b>	+00:29:39 (61.1%)	8:05	7.4 (38.7%)
56	<b>GOŚCINIAK Beata</b>	<b>4057</b>		Open Kobiet	9	21:00		<b>00:48:36.05</b>	<b>00:48:36.05</b>	+00:29:44 (61.2%)	8:06	7.4 (38.7%)
57	<b>KUROWSKI Rafał</b>	<b>4068</b>		Open Mężczyzn	36	21:00		<b>00:48:36.45</b>	<b>00:48:36.45</b>	+00:29:44 (61.2%)	8:06	7.4 (38.7%)
58	<b>STAŃCZYK Bartłomiej</b>	<b>4093</b>		Open Mężczyzn	37	21:00		<b>00:49:03.90</b>	<b>00:49:03.90</b>	+00:30:11 (61.5%)	8:10	7.3 (38.2%)
59	<b>ZIELIŃSKI Tomasz</b>	<b>4100</b>		Open Mężczyzn	38	21:00		<b>00:49:15.25</b>	<b>00:49:15.25</b>	+00:30:23 (61.7%)	8:12	7.3 (38.2%)
60	<b>KOPCIEWICZ Bartłomiej</b>	<b>4171</b>		Open Mężczyzn	39	21:15		<b>00:49:23.25</b>	<b>00:49:23.25</b>	+00:30:31 (61.8%)	8:13	7.3 (38.2%)
61	<b>RUSJAN Tomasz</b>	<b>4192</b>		Open Mężczyzn	40	21:15		<b>00:49:33.35</b>	<b>00:49:33.35</b>	+00:30:41 (61.9%)	8:15	7.3 (38.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Helikopter 5.8km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 6km	brutto 6km			
62	Michał	4155		Open Mężczyzn	41	21:15		00:49:33.65	00:49:33.65	+00:30:41 (61.9%)	8:15	7.3 (38.2%)
63	KANIA Jarek	4246		Open Masters Mężczyzn	11	21:30		00:50:29.15	00:50:29.15	+00:31:37 (62.6%)	8:24	7.1 (37.2%)
64	SÓJKA Jakub	4091	EKIPA ZA DYCHE	Open Mężczyzn	42	21:00		00:51:29.90	00:51:29.90	+00:32:37 (63.4%)	8:34	7 (36.6%)
65	RUSIŃSKI Szymon	4086	EKIPA ZA DYCHE	Open Mężczyzn	43	21:00		00:51:30.25	00:51:30.25	+00:32:38 (63.4%)	8:35	7 (36.6%)
66	SÓJKA Izabela	4090	EKIPA ZA DYCHE	Open Kobiet	10	21:00		00:51:30.65	00:51:30.65	+00:32:38 (63.4%)	8:35	7 (36.6%)
67	RUSIŃSKA Aleksandra	4085	EKIPA ZA DYCHE	Open Kobiet	11	21:00		00:51:30.70	00:51:30.70	+00:32:38 (63.4%)	8:35	7 (36.6%)
68	RUDOWSKI Grzegorz	4084	EKIPA ZA DYCHE	Open Mężczyzn	44	21:00		00:51:31.00	00:51:31.00	+00:32:39 (63.4%)	8:35	7 (36.6%)
68	NAST Paweł	4075	EKIPA ZA DYCHE	Open Mężczyzn	44	21:00		00:51:31.00	00:51:31.00	+00:32:39 (63.4%)	8:35	7 (36.6%)
70	KLONOWSKI Robert	4033	OOPS!...WE DID IT AGAIN	Open Masters Mężczyzn	12	21:00		00:51:42.95	00:51:42.95	+00:32:50 (63.5%)	8:37	7 (36.6%)
71	FRANKOWSKI Darek	4032	OOPS!...WE DID IT AGAIN	Open Masters Mężczyzn	13	21:00		00:51:45.30	00:51:45.30	+00:32:53 (63.5%)	8:37	7 (36.6%)
72	MAKSYMOWICZ Oskar	4071		Open Mężczyzn	46	21:00		00:51:54.20	00:51:54.20	+00:33:02 (63.7%)	8:39	6.9 (36.1%)
73	MAKOWSKI Maciej	4018	GANG DZIKÓW	Open Mężczyzn	47	21:00		00:51:58.85	00:51:58.85	+00:33:06 (63.7%)	8:39	6.9 (36.1%)
74	KANIEWSKI Michał	4061		Open Mężczyzn	48	21:00		00:51:58.95	00:51:58.95	+00:33:06 (63.7%)	8:39	6.9 (36.1%)
75	SZYMANSKI Mikołaj	4020	GANG DZIKÓW	Open Mężczyzn	49	21:00		00:51:59.00	00:51:59.00	+00:33:07 (63.7%)	8:39	6.9 (36.1%)
76	JEŻEWSKI Marcin	4016	GANG DZIKÓW	Open Mężczyzn	50	21:00		00:51:59.35	00:51:59.35	+00:33:07 (63.7%)	8:39	6.9 (36.1%)
77	KĘPKA Ariel	4017	GANG DZIKÓW	Open Mężczyzn	51	21:00		00:51:59.70	00:51:59.70	+00:33:07 (63.7%)	8:39	6.9 (36.1%)
78	ROZMARYNOWSKI Gustaw	4019	GANG DZIKÓW	Open Mężczyzn	52	21:00		00:52:00.05	00:52:00.05	+00:33:08 (63.7%)	8:40	6.9 (36.1%)
79	MODERACKI Maciej	4133	HUSARIA RACE TEAM	Open Mężczyzn	53	21:15		00:52:06.85	00:52:06.85	+00:33:14 (63.8%)	8:41	6.9 (36.1%)
80	MRÓZ Patryk	4180		Open Mężczyzn	54	21:15		00:52:07.10	00:52:07.10	+00:33:15 (63.8%)	8:41	6.9 (36.1%)
81	SZYMCZAK Jacek	4104	BIEGAJĄCE ZĄBKI	Open Masters Mężczyzn	14	21:15		00:53:05.75	00:53:05.75	+00:34:13 (64.5%)	8:50	6.8 (35.6%)
82	KRZEMIŃSKI Jan	4175		Open Mężczyzn	55	21:15		00:53:36.70	00:53:36.70	+00:34:44 (64.8%)	8:56	6.7 (35.1%)
83	STANEK Adam	4026	KUŹNIA STERYDÓW URSUS	Open Mężczyzn	56	21:00		00:53:37.70	00:53:37.70	+00:34:45 (64.8%)	8:56	6.7 (35.1%)
84	NABIAŁCZYK Sylwester	4023	KUŹNIA STERYDÓW URSUS	Open Masters Mężczyzn	15	21:00		00:53:37.85	00:53:37.85	+00:34:45 (64.8%)	8:56	6.7 (35.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Helikopter 5.8km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 6km	brutto 6km			
84	<b>OZIEBLO Piotr</b>	<b>4024</b>	KUŹNIA STERYDÓW URSUS	Open Mężczyzn	57	21:00		<b>00:53:37.85</b>	<b>00:53:37.85</b>	+00:34:45 (64.8%)	8:56	6.7 (35.1%)
86	<b>RAROT Dominik</b>	<b>4025</b>	KUŹNIA STERYDÓW URSUS	Open Mężczyzn	58	21:00		<b>00:53:37.90</b>	<b>00:53:37.90</b>	+00:34:45 (64.8%)	8:56	6.7 (35.1%)
87	<b>BUI Quoc Khang</b>	<b>4022</b>	KUŹNIA STERYDÓW URSUS	Open Mężczyzn	59	21:00		<b>00:53:38.30</b>	<b>00:53:38.30</b>	+00:34:46 (64.8%)	8:56	6.7 (35.1%)
88	<b>LEWANDOWSKI Marcin</b>	<b>4177</b>		Open Mężczyzn	60	21:15		<b>00:53:43.80</b>	<b>00:53:43.80</b>	+00:34:51 (64.9%)	8:57	6.7 (35.1%)
89	<b>SĘK Paweł</b>	<b>4221</b>	KNIGHTS OF NIGHTSKATING WARSZAWA	Open Mężczyzn	61	21:30		<b>00:54:01.60</b>	<b>00:54:01.60</b>	+00:35:09 (65.1%)	9:00	6.7 (35.1%)
90	<b>KOSZEWSKI Konrad</b>	<b>4065</b>		Open Mężczyzn	62	21:00		<b>00:54:03.20</b>	<b>00:54:03.20</b>	+00:35:11 (65.1%)	9:00	6.7 (35.1%)
91	<b>WALCZAK Paula</b>	<b>4095</b>		Open Kobiet	12	21:00		<b>00:54:03.25</b>	<b>00:54:03.25</b>	+00:35:11 (65.1%)	9:00	6.7 (35.1%)
92	<b>KAPISZ Michał</b>	<b>4220</b>	KNIGHTS OF NIGHTSKATING WARSZAWA	Open Mężczyzn	63	21:30		<b>00:54:11.10</b>	<b>00:54:11.10</b>	+00:35:19 (65.2%)	9:01	6.6 (34.6%)
93	<b>MAJKOWSKA Antonina</b>	<b>4069</b>		Open Kobiet	13	21:00		<b>00:54:15.30</b>	<b>00:54:15.30</b>	+00:35:23 (65.2%)	9:02	6.6 (34.6%)
94	<b>MAJKOWSKI Łukasz</b>	<b>4070</b>		Open Mężczyzn	64	21:00		<b>00:54:15.90</b>	<b>00:54:15.90</b>	+00:35:23 (65.2%)	9:02	6.6 (34.6%)
95	<b>PIETRZAK Zuzanna</b>	<b>4078</b>		Open Kobiet	14	21:00		<b>00:54:16.90</b>	<b>00:54:16.90</b>	+00:35:24 (65.2%)	9:02	6.6 (34.6%)
96	<b>PRZEMYSKI Karol</b>	<b>4190</b>		Open Mężczyzn	65	21:15		<b>00:54:27.25</b>	<b>00:54:27.25</b>	+00:35:35 (65.4%)	9:04	6.6 (34.6%)
97	<b>CHUSTECKI Patryk</b>	<b>4160</b>		Open Mężczyzn	66	21:15		<b>00:54:27.30</b>	<b>00:54:27.30</b>	+00:35:35 (65.4%)	9:04	6.6 (34.6%)
98	<b>GAC Joanna</b>	<b>4056</b>		Open Kobiet	15	21:00		<b>00:54:27.60</b>	<b>00:54:27.60</b>	+00:35:35 (65.4%)	9:04	6.6 (34.6%)
99	<b>GAC Alicja</b>	<b>4055</b>		Open Kobiet	16	21:00		<b>00:54:27.90</b>	<b>00:54:27.90</b>	+00:35:35 (65.4%)	9:04	6.6 (34.6%)
100	<b>WOJCIECHOWSKI Paweł</b>	<b>4099</b>		Open Masters Mężczyzn	16	21:00		<b>00:54:37.50</b>	<b>00:54:37.50</b>	+00:35:45 (65.5%)	9:06	6.6 (34.6%)
101	<b>KUCHARSKI Mikołaj</b>	<b>4067</b>		Open Mężczyzn	67	21:00		<b>00:55:13.20</b>	<b>00:55:13.20</b>	+00:36:21 (65.8%)	9:12	6.5 (34.0%)
102	<b>DMOCHOWSKI Arkadiusz</b>	<b>4054</b>		Open Masters Mężczyzn	17	21:00		<b>00:55:40.45</b>	<b>00:55:40.45</b>	+00:36:48 (66.1%)	9:16	6.5 (34.0%)
103	<b>KLOSE Marcin</b>	<b>4064</b>		Open Mężczyzn	68	21:00		<b>00:55:40.60</b>	<b>00:55:40.60</b>	+00:36:48 (66.1%)	9:16	6.5 (34.0%)
104	<b>KAŹMIERSKI Piotr</b>	<b>4041</b>	TEAM IDEA	Open Mężczyzn	69	21:00		<b>00:55:43.20</b>	<b>00:55:43.20</b>	+00:36:51 (66.1%)	9:17	6.5 (34.0%)
105	<b>BALAS Paweł</b>	<b>4039</b>	TAKI POMYSŁ,TAKA IDEA	Open Mężczyzn	70	21:00		<b>00:55:47.30</b>	<b>00:55:47.30</b>	+00:36:55 (66.2%)	9:17	6.5 (34.0%)
106	<b>WOJDA Damian</b>	<b>4040</b>	TAKI POMYSŁ,TAKA IDEA	Open Mężczyzn	71	21:00		<b>00:55:47.45</b>	<b>00:55:47.45</b>	+00:36:55 (66.2%)	9:17	6.5 (34.0%)
107	<b>KITA Grzegorz</b>	<b>4168</b>		Open Masters Mężczyzn	18	21:00		<b>00:56:00.45</b>	<b>00:56:00.45</b>	+00:37:08 (66.3%)	9:20	6.4 (33.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Helikopter 5.8km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 6km	brutto 6km			
108	<b>JAWOROWSKI Remigiusz</b>	<b>4058</b>	DĘBIAKI	Open Mężczyzn	72	21:00		<b>00:57:14.45</b>	<b>00:57:14.45</b>	+00:38:22 (67.0%)	9:32	6.3 (33.0%)
109	<b>Antoni</b>	<b>4044</b>	DĘBIAKI	Open Mężczyzn	73	21:00		<b>00:57:14.50</b>	<b>00:57:14.50</b>	+00:38:22 (67.0%)	9:32	6.3 (33.0%)
110	<b>SKIBOWSKI Grzegorz</b>	<b>4089</b>		Open Mężczyzn	74	21:00		<b>00:57:24.35</b>	<b>00:57:24.35</b>	+00:38:32 (67.1%)	9:34	6.3 (33.0%)
111	<b>ROSOŁOWSKI Sławomir</b>	<b>4083</b>		Open Mężczyzn	75	21:00		<b>00:57:24.85</b>	<b>00:57:24.85</b>	+00:38:32 (67.1%)	9:34	6.3 (33.0%)
112	<b>KMIECIK Marcin</b>	<b>4150</b>	SOCIOS SILESIA	Open Masters Mężczyzn	19	21:00		<b>00:57:25.25</b>	<b>00:57:25.25</b>	+00:38:33 (67.1%)	9:34	6.3 (33.0%)
113	<b>KMIECIK Justyna</b>	<b>4149</b>	SOCIOS SILESIA	Open Masters Kobiet	3	21:00		<b>00:57:25.80</b>	<b>00:57:25.80</b>	+00:38:33 (67.1%)	9:34	6.3 (33.0%)
114	<b>PIĘNKOWSKA Olga</b>	<b>4184</b>		Open Kobiet	17	21:15		<b>00:57:58.35</b>	<b>00:57:58.35</b>	+00:39:06 (67.5%)	9:39	6.2 (32.5%)
115	<b>PRUSACZYK Krzysztof</b>	<b>4189</b>		Open Mężczyzn	76	21:15		<b>00:58:06.75</b>	<b>00:58:06.75</b>	+00:39:14 (67.5%)	9:41	6.2 (32.5%)
116	<b>IWUĆ Zuzanna</b>	<b>4242</b>		Open Kobiet	18	21:30		<b>00:58:08.45</b>	<b>00:58:08.45</b>	+00:39:16 (67.6%)	9:41	6.2 (32.5%)
117	<b>OKNIŃSKI Mariusz</b>	<b>4182</b>		Open Mężczyzn	77	21:15		<b>00:58:08.80</b>	<b>00:58:08.80</b>	+00:39:16 (67.6%)	9:41	6.2 (32.5%)
118	<b>KOT Łukasz</b>	<b>4144</b>	OSP GROTKI	Open Mężczyzn	78	21:00		<b>00:58:42.55</b>	<b>00:58:42.55</b>	+00:39:50 (67.9%)	9:47	6.1 (31.9%)
119	<b>SPIRYDONOW Renata</b>	<b>4092</b>		Open Kobiet	19	21:00		<b>00:58:45.40</b>	<b>00:58:45.40</b>	+00:39:53 (67.9%)	9:47	6.1 (31.9%)
120	<b>GRALA Michał</b>	<b>4240</b>		Open Mężczyzn	79	21:30		<b>00:58:59.00</b>	<b>00:58:59.00</b>	+00:40:07 (68.0%)	9:49	6.1 (31.9%)
121	<b>HORACZY Paweł</b>	<b>4241</b>		Open Mężczyzn	80	21:30		<b>00:58:59.45</b>	<b>00:58:59.45</b>	+00:40:07 (68.0%)	9:49	6.1 (31.9%)
122	<b>HASA Aleksandra</b>	<b>4010</b>	DRUŻYNA KULSONA BEZ KULSONA	Open Kobiet	20	21:00		<b>00:59:33.90</b>	<b>00:59:33.90</b>	+00:40:41 (68.3%)	9:55	6 (31.4%)
123	<b>CHYŁA Kinga</b>	<b>4049</b>		Open Kobiet	21	21:00		<b>00:59:34.20</b>	<b>00:59:34.20</b>	+00:40:42 (68.3%)	9:55	6 (31.4%)
124	<b>STAWARZ Adam</b>	<b>4011</b>	DRUŻYNA KULSONA BEZ KULSONA	Open Mężczyzn	81	21:00		<b>00:59:34.25</b>	<b>00:59:34.25</b>	+00:40:42 (68.3%)	9:55	6 (31.4%)
125	<b>PAJĄK Marcin</b>	<b>4014</b>	FITPARK TEAM	Open Mężczyzn	82	21:00		<b>00:59:35.45</b>	<b>00:59:35.45</b>	+00:40:43 (68.3%)	9:55	6 (31.4%)
126	<b>RUCIŃSKI Kacper</b>	<b>4136</b>	KOŹMIŃSKI	Open Mężczyzn	83	21:15		<b>00:59:54.65</b>	<b>00:59:54.65</b>	+00:41:02 (68.5%)	9:59	6 (31.4%)
127	<b>ZBROZEK Jan</b>	<b>4138</b>	KOŹMIŃSKI	Open Mężczyzn	84	21:15		<b>00:59:55.70</b>	<b>00:59:55.70</b>	+00:41:03 (68.5%)	9:59	6 (31.4%)
128	<b>KAŁAMAŃSKI Kamil</b>	<b>4167</b>		Open Mężczyzn	85	21:15		<b>01:01:06.70</b>	<b>01:01:06.70</b>	+00:42:14 (69.1%)	10:11	5.9 (30.9%)
129	<b>BERNATOWSKI Łukasz</b>	<b>4157</b>		Open Mężczyzn	86	21:15		<b>01:01:07.55</b>	<b>01:01:07.55</b>	+00:42:15 (69.1%)	10:11	5.9 (30.9%)
130	<b>TYLUS Łukasz</b>	<b>4230</b>	ROGALTEAM	Open Mężczyzn	87	21:30		<b>01:01:26.05</b>	<b>01:01:26.05</b>	+00:42:34 (69.3%)	10:14	5.9 (30.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Helikopter	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5.8km	6km	6km			
131	<b>RATHE Mateusz</b>	<b>4276</b>		Open Mężczyzn	88	21:15		<b>01:01:26.50</b>	<b>01:01:26.50</b>	+00:42:34 (69.3%)	10:14	5.9 (30.9%)
132	<b>CHODNICKI Kamil</b>	<b>4159</b>		Open Mężczyzn	89	21:15		<b>01:01:26.55</b>	<b>01:01:26.55</b>	+00:42:34 (69.3%)	10:14	5.9 (30.9%)
133	<b>DĄBROWSKA Zuzia</b>	<b>4161</b>		Open Kobiet	22	21:15		<b>01:01:26.80</b>	<b>01:01:26.80</b>	+00:42:34 (69.3%)	10:14	5.9 (30.9%)
134	<b>KLEKOWICKA Julia</b>	<b>4169</b>		Open Kobiet	23	21:15		<b>01:01:30.20</b>	<b>01:01:30.20</b>	+00:42:38 (69.3%)	10:15	5.9 (30.9%)
135	<b>TRACIKOWSKI Karol</b>	<b>4195</b>		Open Mężczyzn	90	21:15		<b>01:01:54.00</b>	<b>01:01:54.00</b>	+00:43:02 (69.5%)	10:19	5.8 (30.4%)
136	<b>KARKUCIŃSKI Rafał</b>	<b>4269</b>		Open Mężczyzn	91	21:30		<b>01:02:20.70</b>	<b>01:02:20.70</b>	+00:43:28 (69.7%)	10:23	5.8 (30.4%)
137	<b>Jankos</b>	<b>4268</b>		Open Mężczyzn	92	21:30		<b>01:02:20.80</b>	<b>01:02:20.80</b>	+00:43:28 (69.7%)	10:23	5.8 (30.4%)
138	<b>MROCZKOWSKI Wiktor</b>	<b>4251</b>		Open Mężczyzn	93	21:30		<b>01:02:20.85</b>	<b>01:02:20.85</b>	+00:43:28 (69.7%)	10:23	5.8 (30.4%)
139	<b>WISŁAWSKI Mariusz</b>	<b>4096</b>		Open Mężczyzn	94	21:00		<b>01:03:08.75</b>	<b>01:03:08.75</b>	+00:44:16 (70.1%)	10:31	5.7 (29.8%)
140	<b>OŻÓG Mateusz</b>	<b>4021</b>	JAK ŻÓŁWIE W GALOPIE	Open Mężczyzn	95	21:00		<b>01:03:09.05</b>	<b>01:03:09.05</b>	+00:44:17 (70.1%)	10:31	5.7 (29.8%)
141	<b>NARCZYK Mateusz</b>	<b>4278</b>		Open Mężczyzn	96	21:00		<b>01:03:48.95</b>	<b>01:03:48.95</b>	+00:44:56 (70.4%)	10:38	5.6 (29.3%)
142	<b>NARCZYK Katarzyna</b>	<b>4277</b>		Open Kobiet	24	21:00		<b>01:03:49.30</b>	<b>01:03:49.30</b>	+00:44:57 (70.4%)	10:38	5.6 (29.3%)
142	<b>NARCZYK Sebastian</b>	<b>4279</b>		Open Mężczyzn	97	21:00		<b>01:03:49.30</b>	<b>01:03:49.30</b>	+00:44:57 (70.4%)	10:38	5.6 (29.3%)
144	<b>SZACHNOWSKA Karolina</b>	<b>4214</b>	COMYTUROBIMY	Open Kobiet	25	21:30		<b>01:03:51.95</b>	<b>01:03:51.95</b>	+00:44:59 (70.5%)	10:38	5.6 (29.3%)
144	<b>MYDŁOWSKA Martyna</b>	<b>4213</b>	COMYTUROBIMY	Open Kobiet	25	21:30		<b>01:03:51.95</b>	<b>01:03:51.95</b>	+00:44:59 (70.5%)	10:38	5.6 (29.3%)
146	<b>KOWALCZYK Kamil</b>	<b>4212</b>	COMYTUROBIMY	Open Mężczyzn	98	21:30		<b>01:03:52.45</b>	<b>01:03:52.45</b>	+00:45:00 (70.5%)	10:38	5.6 (29.3%)
147	<b>TEKLAK Michał</b>	<b>4137</b>	KOŹMIŃSKI	Open Mężczyzn	99	21:15		<b>01:04:40.60</b>	<b>01:04:40.60</b>	+00:45:48 (70.8%)	10:46	5.6 (29.3%)
148	<b>PRUS Tomasz</b>	<b>4135</b>	KOŹMIŃSKI	Open Mężczyzn	100	21:15		<b>01:04:42.10</b>	<b>01:04:42.10</b>	+00:45:50 (70.8%)	10:47	5.6 (29.3%)
149	<b>ŁUKOSZYK Krzysztof</b>	<b>4146</b>	POSYPANI	Open Mężczyzn	101	21:15		<b>01:04:47.65</b>	<b>01:04:47.65</b>	+00:45:55 (70.9%)	10:47	5.6 (29.3%)
150	<b>KURYJAŃSKI Łukasz</b>	<b>4145</b>	POSYPANI	Open Mężczyzn	102	21:15		<b>01:04:48.15</b>	<b>01:04:48.15</b>	+00:45:56 (70.9%)	10:48	5.6 (29.3%)
151	<b>TOŁŚCIUK Jakub</b>	<b>4036</b>	PURRRFECT RUNNERS MIAU MIAU	Open Mężczyzn	103	21:00		<b>01:04:57.30</b>	<b>01:04:57.30</b>	+00:46:05 (71.0%)	10:49	5.5 (28.8%)
152	<b>TOLSCIUK Weronika</b>	<b>4037</b>	PURRRFECT RUNNERS MIAU MIAU	Open Kobiet	27	21:00		<b>01:04:57.90</b>	<b>01:04:57.90</b>	+00:46:05 (71.0%)	10:49	5.5 (28.8%)
153	<b>STAŃCZYK Mateusz</b>	<b>4035</b>	PURRRFECT RUNNERS MIAU MIAU	Open Mężczyzn	104	21:00		<b>01:04:58.35</b>	<b>01:04:58.35</b>	+00:46:06 (71.0%)	10:49	5.5 (28.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Helikopter 5.8km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 6km	brutto 6km			
154	<b>RYZNAR Julia</b>	<b>4113</b>	BOOK AND COOK	Open Kobiet	28	21:15		<b>01:05:02.35</b>	<b>01:05:02.35</b>	+00:46:10 (71.0%)	10:50	5.5 (28.8%)
155	<b>MIŚKIEWICZ Patrycja</b>	<b>4111</b>	BOOK AND COOK	Open Kobiet	29	21:15		<b>01:05:02.45</b>	<b>01:05:02.45</b>	+00:46:10 (71.0%)	10:50	5.5 (28.8%)
156	<b>PRASAŁ Jarosław</b>	<b>4188</b>		Open Masters Mężczyzn	20	21:15		<b>01:05:02.95</b>	<b>01:05:02.95</b>	+00:46:10 (71.0%)	10:50	5.5 (28.8%)
157	<b>SERWACIŃSKA Justyna</b>	<b>4114</b>	BOOK AND COOK	Open Kobiet	30	21:15		<b>01:05:03.20</b>	<b>01:05:03.20</b>	+00:46:11 (71.0%)	10:50	5.5 (28.8%)
158	<b>DWORECKI Maciej</b>	<b>4107</b>	BOOK AND COOK	Open Mężczyzn	105	21:15		<b>01:05:03.25</b>	<b>01:05:03.25</b>	+00:46:11 (71.0%)	10:50	5.5 (28.8%)
159	<b>KOVERDIUK Oleksander</b>	<b>4108</b>	BOOK AND COOK	Open Mężczyzn	106	21:15		<b>01:05:03.30</b>	<b>01:05:03.30</b>	+00:46:11 (71.0%)	10:50	5.5 (28.8%)
160	<b>BECALIK-PACZEŚNA Ewelina</b>	<b>4106</b>	BOOK AND COOK	Open Kobiet	31	21:15		<b>01:05:03.55</b>	<b>01:05:03.55</b>	+00:46:11 (71.0%)	10:50	5.5 (28.8%)
161	<b>KOWALSKA-PRASAL Paulina</b>	<b>4109</b>	BOOK AND COOK	Open Masters Kobiet	4	21:15		<b>01:05:03.65</b>	<b>01:05:03.65</b>	+00:46:11 (71.0%)	10:50	5.5 (28.8%)
162	<b>MIŚKIEWICZ Michał</b>	<b>4110</b>	BOOK AND COOK	Open Mężczyzn	107	21:15		<b>01:05:03.85</b>	<b>01:05:03.85</b>	+00:46:11 (71.0%)	10:50	5.5 (28.8%)
163	<b>MAJEWSKI Konrad</b>	<b>4248</b>		Open Mężczyzn	108	21:30		<b>01:05:16.00</b>	<b>01:05:16.00</b>	+00:46:24 (71.1%)	10:52	5.5 (28.8%)
164	<b>JASKÓŁKA Jakub</b>	<b>4245</b>		Open Mężczyzn	109	21:30		<b>01:05:16.25</b>	<b>01:05:16.25</b>	+00:46:24 (71.1%)	10:52	5.5 (28.8%)
164	<b>PAWŁOWICZ Artur</b>	<b>4252</b>		Open Mężczyzn	109	21:30		<b>01:05:16.25</b>	<b>01:05:16.25</b>	+00:46:24 (71.1%)	10:52	5.5 (28.8%)
166	<b>KOZAKIEWICZ Natalia</b>	<b>4247</b>		Open Kobiet	32	21:30		<b>01:05:16.40</b>	<b>01:05:16.40</b>	+00:46:24 (71.1%)	10:52	5.5 (28.8%)
167	<b>HEROD Marta</b>	<b>4219</b>	KNIGHTS OF NIGHTSKATING WARSZAWA	Open Kobiet	33	21:30		<b>01:05:20.80</b>	<b>01:05:20.80</b>	+00:46:28 (71.1%)	10:53	5.5 (28.8%)
168	<b>WIECZOREK Arkadiusz</b>	<b>4222</b>	KNIGHTS OF NIGHTSKATING WARSZAWA	Open Mężczyzn	111	21:30		<b>01:05:21.15</b>	<b>01:05:21.15</b>	+00:46:29 (71.1%)	10:53	5.5 (28.8%)
169	<b>SZOSTEK Stella</b>	<b>4194</b>		Open Kobiet	34	21:15		<b>01:06:38.75</b>	<b>01:06:38.75</b>	+00:47:46 (71.7%)	11:06	5.4 (28.3%)
170	<b>PŁAWIAK Wojciech</b>	<b>4187</b>		Open Mężczyzn	112	21:15		<b>01:06:39.85</b>	<b>01:06:39.85</b>	+00:47:47 (71.7%)	11:06	5.4 (28.3%)
171	<b>KMIECIK Łukasz</b>	<b>4170</b>		Open Mężczyzn	113	21:15		<b>01:06:39.90</b>	<b>01:06:39.90</b>	+00:47:47 (71.7%)	11:06	5.4 (28.3%)
172	<b>CISZEK Maciej</b>	<b>4050</b>		Open Mężczyzn	114	21:30		<b>01:07:49.10</b>	<b>01:07:49.10</b>	+00:48:57 (72.2%)	11:18	5.3 (27.7%)
173	<b>BRUDNICKI Patryk</b>	<b>4265</b>	TATROMANIACY	Open Mężczyzn	115	21:15		<b>01:08:02.75</b>	<b>01:08:02.75</b>	+00:49:10 (72.3%)	11:20	5.3 (27.7%)
174	<b>GIBALSKA Natalia</b>	<b>4281</b>		Open Kobiet	35	21:15		<b>01:08:03.75</b>	<b>01:08:03.75</b>	+00:49:11 (72.3%)	11:20	5.3 (27.7%)
175	<b>GARBACZ Piotr</b>	<b>4260</b>	OBIEGUWKA	Open Mężczyzn	116	21:00		<b>01:08:04.65</b>	<b>01:08:04.65</b>	+00:49:12 (72.3%)	11:20	5.3 (27.7%)
176	<b>ŚWIĘCH Olga</b>	<b>4262</b>	OBIEGUWKA	Open Masters Kobiet	5	21:00		<b>01:08:05.10</b>	<b>01:08:05.10</b>	+00:49:13 (72.3%)	11:20	5.3 (27.7%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Helikopter 5.8km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 6km	brutto 6km			
177	<b>RUTKOWSKI Rafał</b>	<b>4261</b>	OBIEGUWKA	Open Mężczyzn	117	21:00		<b>01:08:05.25</b>	<b>01:08:05.25</b>	+00:49:13 (72.3%)	11:20	5.3 (27.7%)
178	<b>ŚWIĘCH Szczepan</b>	<b>4031</b>	OBIEGUWKA	Open Masters Mężczyzn	21	21:00		<b>01:08:06.55</b>	<b>01:08:06.55</b>	+00:49:14 (72.3%)	11:21	5.3 (27.7%)
179		<b>4291</b>						<b>00:44:57.20</b>	<b>01:08:11.15</b>	+00:49:19 (72.3%)	7:29	8 (41.9%)
180	<b>REK Agata</b>	<b>4028</b>	LAJT	Open Masters Kobiet	6	21:00		<b>01:08:39.20</b>	<b>01:08:39.20</b>	+00:49:47 (72.5%)	11:26	5.2 (27.2%)
181	<b>ZANDBERG Michał</b>	<b>4029</b>	LAJT	Open Masters Mężczyzn	22	21:00		<b>01:08:39.25</b>	<b>01:08:39.25</b>	+00:49:47 (72.5%)	11:26	5.2 (27.2%)
182	<b>MAZUR Kajetan</b>	<b>4073</b>		Open Mężczyzn	118	21:00		<b>01:08:57.85</b>	<b>01:08:57.85</b>	+00:50:05 (72.6%)	11:29	5.2 (27.2%)
183	<b>MAZUR Leon</b>	<b>4074</b>		Open Mężczyzn	119	21:00		<b>01:08:58.30</b>	<b>01:08:58.30</b>	+00:50:06 (72.6%)	11:29	5.2 (27.2%)
184	<b>WESOŁOWSKI Mariusz</b>	<b>4199</b>		Open Mężczyzn	120	21:15		<b>01:09:17.85</b>	<b>01:09:17.85</b>	+00:50:25 (72.8%)	11:32	5.2 (27.2%)
185	<b>WESOŁOWSKI Adrian</b>	<b>4198</b>		Open Mężczyzn	121	21:15		<b>01:09:18.15</b>	<b>01:09:18.15</b>	+00:50:26 (72.8%)	11:33	5.2 (27.2%)
186	<b>KOZŁOWSKI Jakub</b>	<b>4066</b>		Open Mężczyzn	122	21:15		<b>01:09:19.35</b>	<b>01:09:19.35</b>	+00:50:27 (72.8%)	11:33	5.2 (27.2%)
187	<b>KLIMEK Michał</b>	<b>4267</b>	GYM LUBLIN	Open Mężczyzn	123	21:15		<b>01:09:19.55</b>	<b>01:09:19.55</b>	+00:50:27 (72.8%)	11:33	5.2 (27.2%)
188	<b>NIEDZIŃSKI Stanisław</b>	<b>4076</b>		Open Mężczyzn	124	21:15		<b>01:09:20.90</b>	<b>01:09:20.90</b>	+00:50:28 (72.8%)	11:33	5.2 (27.2%)
189	<b>JANOCHA Arkadiusz</b>	<b>4244</b>		Open Mężczyzn	125	21:30		<b>01:09:30.05</b>	<b>01:09:30.05</b>	+00:50:38 (72.9%)	11:35	5.2 (27.2%)
190	<b>GREGUŁA Kamila</b>	<b>4165</b>		Open Kobiet	36	21:30		<b>01:09:55.10</b>	<b>01:09:55.10</b>	+00:51:03 (73.0%)	11:39	5.1 (26.7%)
191	<b>BUCZYŃSKI Dariusz</b>	<b>4239</b>		Open Mężczyzn	126	21:30		<b>01:09:55.15</b>	<b>01:09:55.15</b>	+00:51:03 (73.0%)	11:39	5.1 (26.7%)
192	<b>MA Kla</b>	<b>4271</b>		Open Kobiet	37	21:00		<b>01:10:00.60</b>	<b>01:10:00.60</b>	+00:51:08 (73.1%)	11:40	5.1 (26.7%)
193	<b>NARLOCH Lucyna</b>	<b>4272</b>		Open Kobiet	38	21:00		<b>01:10:00.95</b>	<b>01:10:00.95</b>	+00:51:08 (73.1%)	11:40	5.1 (26.7%)
194	<b>MOSTOWSKI Radosław</b>	<b>4236</b>	WARRIORS ŁÓDŹ	Open Masters Mężczyzn	23	21:00		<b>01:10:01.15</b>	<b>01:10:01.15</b>	+00:51:09 (73.1%)	11:40	5.1 (26.7%)
195	<b>WIŚNIEWSKI Arkadiusz</b>	<b>4237</b>	WARRIORS ŁÓDŹ	Open Mężczyzn	127	21:00		<b>01:10:01.45</b>	<b>01:10:01.45</b>	+00:51:09 (73.1%)	11:40	5.1 (26.7%)
196	<b>NESVIT Yelyzaveta</b>	<b>4273</b>		Open Kobiet	39	21:00		<b>01:10:02.65</b>	<b>01:10:02.65</b>	+00:51:10 (73.1%)	11:40	5.1 (26.7%)
197	<b>SZCZEPAŃSKI Jarosław</b>	<b>4193</b>		Open Masters Mężczyzn	24	21:15		<b>01:10:06.75</b>	<b>01:10:06.75</b>	+00:51:14 (73.1%)	11:41	5.1 (26.7%)
198	<b>JEZIORSKA Joanna</b>	<b>4166</b>		Open Masters Kobiet	7	21:15		<b>01:10:06.85</b>	<b>01:10:06.85</b>	+00:51:14 (73.1%)	11:41	5.1 (26.7%)
199	<b>TRACZYK Ilona</b>	<b>4232</b>	ŚMIGŁO	Open Kobiet	40	21:30		<b>01:10:32.15</b>	<b>01:10:32.15</b>	+00:51:40 (73.3%)	11:45	5.1 (26.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Helikopter 5.8km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 6km	brutto 6km			
200	<b>KONCEWICZ Aleksander</b>	<b>4231</b>	ŚMIGŁO	Open Mężczyzn	128	21:30		<b>01:10:32.45</b>	<b>01:10:32.45</b>	+00:51:40 (73.3%)	11:45	5.1 (26.7%)
201	<b>JADCZAK Bartosz</b>	<b>4009</b>	DRAŻE FARCJARZE	Open Mężczyzn	129	21:00		<b>01:10:52.80</b>	<b>01:10:52.80</b>	+00:52:00 (73.4%)	11:48	5.1 (26.7%)
201	<b>CHUDEK Mateusz</b>	<b>4008</b>	DRAŻE FARCJARZE	Open Mężczyzn	129	21:00		<b>01:10:52.80</b>	<b>01:10:52.80</b>	+00:52:00 (73.4%)	11:48	5.1 (26.7%)
203	<b>BOREK Jakub</b>	<b>4007</b>	DRAŻE FARCJARZE	Open Mężczyzn	131	21:00		<b>01:10:56.95</b>	<b>01:10:56.95</b>	+00:52:04 (73.4%)	11:49	5.1 (26.7%)
204	<b>KRZEK Marzena -</b>	<b>4174</b>		Open Kobiet	41	21:15		<b>01:11:13.70</b>	<b>01:11:13.70</b>	+00:52:21 (73.5%)	11:52	5.1 (26.7%)
205	<b>KOSIERADZKI Michał</b>	<b>4172</b>		Open Mężczyzn	132	21:15		<b>01:11:14.00</b>	<b>01:11:14.00</b>	+00:52:22 (73.5%)	11:52	5.1 (26.7%)
206	<b>BORATYNSKI Wiktor</b>	<b>4046</b>		Open Mężczyzn	133	21:00		<b>01:11:33.30</b>	<b>01:11:33.30</b>	+00:52:41 (73.6%)	11:55	5 (26.2%)
207	<b>MARSZAŁEK Piotr</b>	<b>4072</b>		Open Mężczyzn	134	21:00		<b>01:11:33.85</b>	<b>01:11:33.85</b>	+00:52:41 (73.6%)	11:55	5 (26.2%)
208	<b>KOSTOGLOU Konstantia</b>	<b>4216</b>	EUSOLDIERS4U	Open Kobiet	42	21:15		<b>01:13:45.35</b>	<b>01:13:45.35</b>	+00:54:53 (74.4%)	12:17	4.9 (25.7%)
209	<b>ZIELIŃSKA Dorota</b>	<b>4233</b>	ŚMIGŁO	Open Masters Kobiet	8	21:30		<b>01:14:06.75</b>	<b>01:14:06.75</b>	+00:55:14 (74.5%)	12:21	4.9 (25.7%)
210	<b>ZIELIŃSKA Joanna</b>	<b>4234</b>	ŚMIGŁO	Open Kobiet	43	21:30		<b>01:14:07.15</b>	<b>01:14:07.15</b>	+00:55:15 (74.5%)	12:21	4.9 (25.7%)
211	<b>WAWRZONKIEWICZ Justyna</b>	<b>4258</b>		Open Kobiet	44	21:30		<b>01:14:12.55</b>	<b>01:14:12.55</b>	+00:55:20 (74.6%)	12:22	4.9 (25.7%)
212	<b>KAZIMIERCZAK Krzysztof</b>	<b>4282</b>		Open Masters Mężczyzn	25	21:30		<b>01:14:14.10</b>	<b>01:14:14.10</b>	+00:55:22 (74.6%)	12:22	4.8 (25.1%)
213	<b>LEŚNIAK Maciej</b>	<b>4004</b>	CIEŻKIE PYTANIE	Open Mężczyzn	135	21:15		<b>01:14:23.25</b>	<b>01:14:23.25</b>	+00:55:31 (74.6%)	12:23	4.8 (25.1%)
214	<b>FAVRET Valerie</b>	<b>4215</b>	EUSOLDIERS4U	Open Kobiet	45	21:15		<b>01:14:37.95</b>	<b>01:14:37.95</b>	+00:55:45 (74.7%)	12:26	4.8 (25.1%)
215	<b>MENTONE Dario</b>	<b>4217</b>	EUSOLDIERS4U	Open Masters Mężczyzn	26	21:15		<b>01:14:38.05</b>	<b>01:14:38.05</b>	+00:55:46 (74.7%)	12:26	4.8 (25.1%)
216	<b>ŚCISŁOWSKI Piotr</b>	<b>4006</b>	CIEŻKIE PYTANIE	Open Mężczyzn	136	21:15		<b>01:15:37.35</b>	<b>01:15:37.35</b>	+00:56:45 (75.1%)	12:36	4.8 (25.1%)
217	<b>ONUCZYŃSKI Bartosz</b>	<b>4005</b>	CIEŻKIE PYTANIE	Open Mężczyzn	137	21:15		<b>01:15:38.95</b>	<b>01:15:38.95</b>	+00:56:46 (75.1%)	12:36	4.8 (25.1%)
218	<b>ZAWADA Aleksandra</b>	<b>4201</b>		Open Kobiet	46	21:15		<b>01:16:14.20</b>	<b>01:16:14.20</b>	+00:57:22 (75.3%)	12:42	4.7 (24.6%)
219	<b>BEDNARSKI Mateusz</b>	<b>4140</b>	NATURALFIT ZJAZDOWA ŁÓDŹ	Open Mężczyzn	138	21:15		<b>01:16:14.25</b>	<b>01:16:14.25</b>	+00:57:22 (75.3%)	12:42	4.7 (24.6%)
219	<b>STASZEWSKA Paulina</b>	<b>4143</b>	NATURALFIT ZJAZDOWA ŁÓDŹ	Open Kobiet	47	21:15		<b>01:16:14.25</b>	<b>01:16:14.25</b>	+00:57:22 (75.3%)	12:42	4.7 (24.6%)
221	<b>PORZĄDNY Sebastian</b>	<b>4142</b>	NATURALFIT ZJAZDOWA ŁÓDŹ	Open Mężczyzn	139	21:15		<b>01:16:14.35</b>	<b>01:16:14.35</b>	+00:57:22 (75.3%)	12:42	4.7 (24.6%)
222	<b>LEŻAŃSKA Karolina</b>	<b>4141</b>	NATURALFIT ZJAZDOWA ŁÓDŹ	Open Masters Kobiet	9	21:15		<b>01:16:14.55</b>	<b>01:16:14.55</b>	+00:57:22 (75.3%)	12:42	4.7 (24.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Helikopter 5.8km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 6km	brutto 6km			
223	<b>WOJTYRA Patrycja</b>	<b>4286</b>		Open Kobiet	48	21:30		<b>01:16:16.75</b>	<b>01:16:16.75</b>	+00:57:24 (75.3%)	12:42	4.7 (24.6%)
223	<b>PRZYWARA Artur</b>	<b>4285</b>		Open Mężczyzn	140	21:30		<b>01:16:16.75</b>	<b>01:16:16.75</b>	+00:57:24 (75.3%)	12:42	4.7 (24.6%)
225	<b>PL Mati</b>	<b>4079</b>		Open Mężczyzn	141	21:00		<b>01:17:01.65</b>	<b>01:17:01.65</b>	+00:58:09 (75.5%)	12:50	4.7 (24.6%)
226	<b>CZAPKA Aneta</b>	<b>4051</b>	RIP 29	Open Kobiet	49	21:00		<b>01:17:01.75</b>	<b>01:17:01.75</b>	+00:58:09 (75.5%)	12:50	4.7 (24.6%)
227	<b>REDKA Iwona</b>	<b>4082</b>		Open Kobiet	50	21:00		<b>01:17:02.05</b>	<b>01:17:02.05</b>	+00:58:10 (75.5%)	12:50	4.7 (24.6%)
228	<b>WNUKOWSKA Marta</b>	<b>4098</b>		Open Kobiet	51	21:00		<b>01:17:02.35</b>	<b>01:17:02.35</b>	+00:58:10 (75.5%)	12:50	4.7 (24.6%)
229	<b>KALNIUK Tomasz</b>	<b>4060</b>		Open Mężczyzn	142	21:00		<b>01:17:04.50</b>	<b>01:17:04.50</b>	+00:58:12 (75.5%)	12:50	4.7 (24.6%)
230	<b>CISZKOWSKA Iwona</b>	<b>4203</b>	BRAIN EMBASSY	Open Kobiet	52	21:30		<b>01:19:49.55</b>	<b>01:19:49.55</b>	+01:00:57 (76.4%)	13:18	4.5 (23.6%)
231	<b>BIESIADECKI Piotr</b>	<b>4238</b>	BRAIN EMBASSY EKIPA	Open Mężczyzn	143	21:30		<b>01:19:49.75</b>	<b>01:19:49.75</b>	+01:00:57 (76.4%)	13:18	4.5 (23.6%)
231	<b>DUSZCZYK Monika</b>	<b>4204</b>	BRAIN EMBASSY	Open Masters Mężczyzn	27	21:30		<b>01:19:49.75</b>	<b>01:19:49.75</b>	+01:00:57 (76.4%)	13:18	4.5 (23.6%)
233	<b>DAWIDOWSKI Bartosz</b>	<b>4205</b>	BRAIN EMBASSY EKIPA	Open Masters Mężczyzn	28	21:30		<b>01:19:49.85</b>	<b>01:19:49.85</b>	+01:00:57 (76.4%)	13:18	4.5 (23.6%)
234	<b>OSTROWSKA Justyna</b>	<b>4210</b>	BRAIN EMBASSY	Open Kobiet	53	21:30		<b>01:19:50.15</b>	<b>01:19:50.15</b>	+01:00:58 (76.4%)	13:18	4.5 (23.6%)
235	<b>ZACZEK Mariusz</b>	<b>4259</b>		Open Mężczyzn	144	21:30		<b>01:19:50.35</b>	<b>01:19:50.35</b>	+01:00:58 (76.4%)	13:18	4.5 (23.6%)
236	<b>KELLER Cezary</b>	<b>4208</b>	BRAIN EMBASSY	Open Mężczyzn	145	21:30		<b>01:19:50.55</b>	<b>01:19:50.55</b>	+01:00:58 (76.4%)	13:18	4.5 (23.6%)
237	<b>BARSZCZ Iwona</b>	<b>4202</b>	BRAIN EMBASSY	Open Kobiet	54	21:30		<b>01:19:50.65</b>	<b>01:19:50.65</b>	+01:00:58 (76.4%)	13:18	4.5 (23.6%)
238	<b>KWIATKOWSKI Piotr</b>	<b>4209</b>	BRAIN EMBASSY	Open Mężczyzn	146	21:30		<b>01:19:51.15</b>	<b>01:19:51.15</b>	+01:00:59 (76.4%)	13:18	4.5 (23.6%)
239	<b>JACKIEWICZ Jacek</b>	<b>4207</b>	BRAIN EMBASSY	Open Mężczyzn	147	21:30		<b>01:19:51.50</b>	<b>01:19:51.50</b>	+01:00:59 (76.4%)	13:18	4.5 (23.6%)
240	<b>LOCKAU Magdalena</b>	<b>4225</b>	LOCKAUSY	Open Kobiet	55	21:30		<b>01:19:54.10</b>	<b>01:19:54.10</b>	+01:01:02 (76.4%)	13:19	4.5 (23.6%)
241	<b>BRODZIAK Mariola</b>	<b>4223</b>	LOCKAUSY	Open Kobiet	56	21:30		<b>01:19:54.35</b>	<b>01:19:54.35</b>	+01:01:02 (76.4%)	13:19	4.5 (23.6%)
242	<b>WILENTO Sebastian</b>	<b>4226</b>	LOCKAUSY	Open Mężczyzn	148	21:30		<b>01:19:54.60</b>	<b>01:19:54.60</b>	+01:01:02 (76.4%)	13:19	4.5 (23.6%)
243	<b>IDZIAK Tomasz</b>	<b>4126</b>	DŻENTELMENI RUNMAGEDDONU	Open Mężczyzn	149	21:15		<b>01:19:55.65</b>	<b>01:19:55.65</b>	+01:01:03 (76.4%)	13:19	4.5 (23.6%)
244	<b>WAWER Sebastian</b>	<b>4128</b>	DŻENTELMENI RUNMAGEDDONU	Open Mężczyzn	150	21:15		<b>01:19:56.55</b>	<b>01:19:56.55</b>	+01:01:04 (76.4%)	13:19	4.5 (23.6%)
245	<b>JAKUBIEL Bartosz</b>	<b>4127</b>	DŻENTELMENI RUNMAGEDDONU	Open Masters Mężczyzn	29	21:15		<b>01:19:56.95</b>	<b>01:19:56.95</b>	+01:01:04 (76.4%)	13:19	4.5 (23.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Helikopter 5.8km	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
246	<b>LOCKAU Dariusz</b>	<b>4224</b>	LOCKAUSY	Open Masters Mężczyzn	30	21:30		<b>01:19:58.70</b>	<b>01:19:58.70</b>	+01:01:06 (76.4%)	13:19	4.5 (23.6%)
247	<b>ELIŃSKA Iwona</b>	<b>4120</b>	CONNECTPOINT	Open Kobiet	57	21:15		<b>01:21:05.15</b>	<b>01:21:05.15</b>	+01:02:13 (76.7%)	13:30	4.4 (23.0%)
248	<b>SADOWSKI Filip</b>	<b>4122</b>	CONNECTPOINT	Open Mężczyzn	151	21:15		<b>01:21:05.60</b>	<b>01:21:05.60</b>	+01:02:13 (76.7%)	13:30	4.4 (23.0%)
249	<b>WITANOWSKI Damian</b>	<b>4123</b>	CONNECTPOINT	Open Mężczyzn	152	21:15		<b>01:21:05.70</b>	<b>01:21:05.70</b>	+01:02:13 (76.7%)	13:30	4.4 (23.0%)
250	<b>PADZIERZ Julia</b>	<b>4121</b>	CONNECTPOINT	Open Kobiet	58	21:15		<b>01:21:05.90</b>	<b>01:21:05.90</b>	+01:02:13 (76.7%)	13:30	4.4 (23.0%)
251	<b>ANISZEWSKI-STĄNCZUK Jan</b>	<b>4235</b>	TAJFUN WARSZAWA	Open Mężczyzn	153	21:30		<b>01:21:56.25</b>	<b>01:21:56.25</b>	+01:03:04 (77.0%)	13:39	4.4 (23.0%)
252		<b>4290</b>						<b>00:59:16.90</b>	<b>01:21:58.95</b>	+01:03:06 (77.0%)	9:52	6.1 (31.9%)
253	<b>CEREMUGA Robert</b>	<b>4116</b>	CARBON SILESIA SPORT BY VITARADE	Open Mężczyzn	154	21:15		<b>01:22:14.75</b>	<b>01:22:14.75</b>	+01:03:22 (77.1%)	13:42	4.4 (23.0%)
254	<b>HOŁOWACZ-PYT Weronika</b>	<b>4117</b>	CARBON SILESIA SPORT BY VITARADE	Open Kobiet	59	21:15		<b>01:22:17.15</b>	<b>01:22:17.15</b>	+01:03:25 (77.1%)	13:42	4.4 (23.0%)
255	<b>WIECZORKOWSKA Laura</b>	<b>4119</b>	CARBON SILESIA SPORT BY VITARADE	Open Kobiet	60	21:15		<b>01:22:17.75</b>	<b>01:22:17.75</b>	+01:03:25 (77.1%)	13:42	4.4 (23.0%)
256		<b>4288</b>						<b>01:10:15.30</b>	<b>01:23:53.00</b>	+01:05:01 (77.5%)	11:42	5.1 (26.7%)
257		<b>4287</b>						<b>01:10:30.50</b>	<b>01:23:53.65</b>	+01:05:01 (77.5%)	11:45	5.1 (26.7%)
258		<b>4289</b>						<b>01:10:35.45</b>	<b>01:23:57.60</b>	+01:05:05 (77.5%)	11:45	5.1 (26.7%)
259	<b>Vixu</b>	<b>4152</b>	VIXU X OSMÓL	Open Mężczyzn	155	21:15		<b>01:27:41.85</b>	<b>01:27:41.85</b>	+01:08:49 (78.5%)	14:36	4.1 (21.5%)
260	<b>OSMÓLSKI Kuba</b>	<b>4153</b>	VIXU X OSMÓL	Open Mężczyzn	156	21:15		<b>01:27:42.10</b>	<b>01:27:42.10</b>	+01:08:50 (78.5%)	14:37	4.1 (21.5%)
261	<b>TOTH E</b>	<b>4218</b>	EUSOLDIERS4U	Open Masters Mężczyzn	31	21:15						(0.0%)
262	<b>WIŚNIEWSKI Mikołaj</b>	<b>4097</b>		Open Mężczyzn	157	21:00						(0.0%)
263	<b>MENDELEWSKI Sebastian</b>	<b>4249</b>		Open Mężczyzn	158	21:30						(0.0%)

Znaleziono 263 wynik(ów)