

**Organizator:** Extreme Events, Runmageddon  
**Data:** 2021-08-07  
**Miejsce:** Ostrołęka  
**Dystans:** 5 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 12:15

| Msc | Zawodnik                       | Numer       | Klub                    | Kategoria             | Mkat | Seria | Czas netto 5km     | Czas brutto 5km    | Różn              | Tempo min/km | Tempo km/h  |
|-----|--------------------------------|-------------|-------------------------|-----------------------|------|-------|--------------------|--------------------|-------------------|--------------|-------------|
| 1   | <b>CZACHURSKI Mateusz</b>      | <b>1269</b> | EX TEAM                 | Open Mężczyzn         | 1    | 12:15 | <b>00:42:45.85</b> | <b>00:42:45.85</b> |                   | 8:33         | 7 (100%)    |
| 2   | <b>KRZOSA Radek</b>            | <b>788</b>  | RZĄD WIELKOŚCI          | Open Mężczyzn         | 34   | 12:15 | <b>00:55:53.15</b> | <b>00:55:53.15</b> | +00:13:07 (23.5%) | 11:10        | 5.4 (77.1%) |
| 3   | <b>ZIENKIEWICZ Aleksy</b>      | <b>787</b>  | FIGHT ACADEMY OSTROŁĘKA | Open Mężczyzn         | 42   | 12:15 | <b>00:57:13.15</b> | <b>00:57:13.15</b> | +00:14:27 (25.3%) | 11:26        | 5.2 (74.3%) |
| 4   | <b>BALAZY Agnieszka</b>        | <b>778</b>  | FIGHT ACADEMY OSTROŁĘKA | Open Masters Kobiet   | 1    | 12:15 | <b>00:58:33.70</b> | <b>00:58:33.70</b> | +00:15:47 (27.0%) | 11:42        | 5.1 (72.9%) |
| 5   | <b>ŁASIEWICKI Karol</b>        | <b>783</b>  | FIGHT ACADEMY OSTROŁĘKA | Open Mężczyzn         | 67   | 12:15 | <b>01:00:46.50</b> | <b>01:00:46.50</b> | +00:18:00 (29.6%) | 12:09        | 4.9 (70.0%) |
| 6   | <b>WÓJCIK Adrian</b>           | <b>842</b>  |                         | Open Mężczyzn         | 100  | 12:15 | <b>01:04:28.20</b> | <b>01:04:28.20</b> | +00:21:42 (33.7%) | 12:53        | 4.7 (67.1%) |
| 7   | <b>PŁOSKI Piotr</b>            | <b>831</b>  |                         | Open Mężczyzn         | 120  | 12:15 | <b>01:06:27.55</b> | <b>01:06:27.55</b> | +00:23:41 (35.7%) | 13:17        | 4.5 (64.3%) |
| 8   | <b>BZOWSKI Marcin</b>          | <b>973</b>  |                         | Open Mężczyzn         | 148  | 12:15 | <b>01:09:09.45</b> | <b>01:09:09.45</b> | +00:26:23 (38.2%) | 13:49        | 4.3 (61.4%) |
| 9   | <b>DĘBKOWSKI Sławomir</b>      | <b>780</b>  | FIGHT ACADEMY OSTROŁĘKA | Open Mężczyzn         | 166  | 12:15 | <b>01:10:23.55</b> | <b>01:10:23.55</b> | +00:27:37 (39.2%) | 14:04        | 4.3 (61.4%) |
| 10  | <b>BODYTKA Michał</b>          | <b>779</b>  | FIGHT ACADEMY OSTROŁĘKA | Open Mężczyzn         | 179  | 12:15 | <b>01:11:05.65</b> | <b>01:11:05.65</b> | +00:28:19 (39.8%) | 14:13        | 4.2 (60.0%) |
| 11  | <b>SADŁOWSKI Sebastian</b>     | <b>833</b>  |                         | Open Mężczyzn         | 184  | 12:15 | <b>01:11:37.35</b> | <b>01:11:37.35</b> | +00:28:51 (40.3%) | 14:19        | 4.2 (60.0%) |
| 12  | <b>DMOCHOWSKI Wiktor</b>       | <b>782</b>  | FIGHT ACADEMY OSTROŁĘKA | Open Mężczyzn         | 189  | 12:15 | <b>01:12:32.50</b> | <b>01:12:32.50</b> | +00:29:46 (41.0%) | 14:30        | 4.1 (58.6%) |
| 13  | <b>DRABIŃSKI Karol</b>         | <b>802</b>  |                         | Open Mężczyzn         | 195  | 12:15 | <b>01:12:55.30</b> | <b>01:12:55.30</b> | +00:30:09 (41.4%) | 14:35        | 4.1 (58.6%) |
| 14  | <b>KOZICKI Daniel</b>          | <b>816</b>  |                         | Open Mężczyzn         | 218  | 12:15 | <b>01:15:43.85</b> | <b>01:15:43.85</b> | +00:32:58 (43.5%) | 15:08        | 4 (57.1%)   |
| 15  | <b>WITYŃSKI Kamil</b>          | <b>777</b>  | BOSS-BUD TEAM           | Open Mężczyzn         | 247  | 12:15 | <b>01:17:46.95</b> | <b>01:17:46.95</b> | +00:35:01 (45.0%) | 15:33        | 3.9 (55.7%) |
| 16  | <b>SZCZYTKOWSKI Patryk</b>     | <b>776</b>  | BOSS-BUD TEAM           | Open Mężczyzn         | 248  | 12:15 | <b>01:17:47.30</b> | <b>01:17:47.30</b> | +00:35:01 (45.0%) | 15:33        | 3.9 (55.7%) |
| 17  | <b>KONOPKA Marcin</b>          | <b>813</b>  |                         | Open Mężczyzn         | 249  | 12:15 | <b>01:17:49.15</b> | <b>01:17:49.15</b> | +00:35:03 (45.0%) | 15:33        | 3.9 (55.7%) |
| 18  | <b>PUTRA Marek</b>             | <b>775</b>  | BOSS-BUD TEAM           | Open Mężczyzn         | 258  | 12:15 | <b>01:18:15.35</b> | <b>01:18:15.35</b> | +00:35:29 (45.4%) | 15:39        | 3.8 (54.3%) |
| 19  | <b>MODZEL Rafał</b>            | <b>784</b>  | FIGHT ACADEMY OSTROŁĘKA | Open Mężczyzn         | 262  | 12:15 | <b>01:18:24.90</b> | <b>01:18:24.90</b> | +00:35:39 (45.5%) | 15:40        | 3.8 (54.3%) |
| 20  | <b>DEPTUŁA Bartosz</b>         | <b>781</b>  | FIGHT ACADEMY OSTROŁĘKA | Open Mężczyzn         | 264  | 12:15 | <b>01:18:26.05</b> | <b>01:18:26.05</b> | +00:35:40 (45.5%) | 15:41        | 3.8 (54.3%) |
| 21  | <b>WÓJCIK Marcin</b>           | <b>786</b>  | FIGHT ACADEMY OSTROŁĘKA | Open Mężczyzn         | 284  | 12:15 | <b>01:19:27.50</b> | <b>01:19:27.50</b> | +00:36:41 (46.2%) | 15:53        | 3.8 (54.3%) |
| 22  | <b>OKLECINSKI Adrian</b>       | <b>823</b>  |                         | Open Mężczyzn         | 293  | 12:15 | <b>01:19:58.40</b> | <b>01:19:58.40</b> | +00:37:12 (46.5%) | 15:59        | 3.8 (54.3%) |
| 23  | <b>JAWORSKI Sebastian</b>      | <b>811</b>  |                         | Open Mężczyzn         | 307  | 12:15 | <b>01:20:49.05</b> | <b>01:20:49.05</b> | +00:38:03 (47.1%) | 16:09        | 3.7 (52.9%) |
| 24  | <b>OLESZKIEWICZ Przemysław</b> | <b>825</b>  |                         | Open Masters Mężczyzn | 61   | 12:15 | <b>01:21:35.35</b> | <b>01:21:35.35</b> | +00:38:49 (47.6%) | 16:19        | 3.7 (52.9%) |
| 25  | <b>OLESZKIEWICZ Anna</b>       | <b>824</b>  |                         | Open Kobiet           | 39   | 12:15 | <b>01:21:35.75</b> | <b>01:21:35.75</b> | +00:38:49 (47.6%) | 16:19        | 3.7 (52.9%) |
| 26  | <b>ORŁOWSKA Dorota</b>         | <b>826</b>  |                         | Open Kobiet           | 40   | 12:15 | <b>01:21:36.85</b> | <b>01:21:36.85</b> | +00:38:51 (47.6%) | 16:19        | 3.7 (52.9%) |
| 27  | <b>KOZICKA Alina</b>           | <b>815</b>  |                         | Open Kobiet           | 41   | 12:15 | <b>01:21:38.40</b> | <b>01:21:38.40</b> | +00:38:52 (47.6%) | 16:19        | 3.7 (52.9%) |
| 28  | <b>MIRKOWICZ Aleksandra</b>    | <b>1160</b> |                         | Open Kobiet           | 59   | 12:15 | <b>01:23:40.45</b> | <b>01:23:40.45</b> | +00:40:54 (48.9%) | 16:44        | 3.6 (51.4%) |
| 29  | <b>RYBUS Piotr</b>             | <b>832</b>  |                         | Open Masters Mężczyzn | 69   | 12:15 | <b>01:23:41.70</b> | <b>01:23:41.70</b> | +00:40:55 (48.9%) | 16:44        | 3.6 (51.4%) |
| 30  | <b>KAŻMIERSKI Krzysztof</b>    | <b>904</b>  |                         | Open Mężczyzn         | 356  | 12:15 | <b>01:24:03.00</b> | <b>01:24:03.00</b> | +00:41:17 (49.1%) | 16:48        | 3.6 (51.4%) |

|     |                       |       |                         |                       |      |       | Czas netto<br>5km | Czas brutto<br>5km |                   | Tempo<br>min/km | Tempo<br>km/h |
|-----|-----------------------|-------|-------------------------|-----------------------|------|-------|-------------------|--------------------|-------------------|-----------------|---------------|
| Msc | Zawodnik              | Numer | Klub                    | Kategoria             | Mkat | Seria |                   |                    | Różn              |                 |               |
| 31  | KŁOS Maksymilian      | 812   |                         | Open Mężczyzn         | 361  | 12:15 | 01:24:26.50       | 01:24:26.50        | +00:41:40 (49.4%) | 16:53           | 3.6 (51.4%)   |
| 32  | DĄBKOWSKI Mateusz     | 800   |                         | Open Mężczyzn         | 362  | 12:15 | 01:24:26.70       | 01:24:26.70        | +00:41:40 (49.4%) | 16:53           | 3.6 (51.4%)   |
| 33  | ORZECHOWSKI Damian    | 744   |                         | Open Mężczyzn         | 391  | 12:15 | 01:26:17.25       | 01:26:17.25        | +00:43:31 (50.4%) | 17:15           | 3.5 (50.0%)   |
| 34  | SŁOMIŃSKI Robert      | 757   |                         | Open Mężczyzn         | 393  | 12:15 | 01:26:19.75       | 01:26:19.75        | +00:43:33 (50.5%) | 17:15           | 3.5 (50.0%)   |
| 35  | KARBOWIAK Przemysław  | 769   | 3P                      | Open Masters Mężczyzn | 82   | 12:15 | 01:30:13.40       | 01:30:13.40        | +00:47:27 (52.6%) | 18:02           | 3.3 (47.1%)   |
| 35  | ŚLIFIŃSKI Patryk      | 771   | 3P                      | Open Mężczyzn         | 450  | 12:15 | 01:30:13.40       | 01:30:13.40        | +00:47:27 (52.6%) | 18:02           | 3.3 (47.1%)   |
| 37  | LEWANDOWSKI Paweł     | 934   | 3P                      | Open Mężczyzn         | 451  | 12:15 | 01:30:13.50       | 01:30:13.50        | +00:47:27 (52.6%) | 18:02           | 3.3 (47.1%)   |
| 38  | MROCZKIEWICZ Wojciech | 770   | 3P                      | Open Mężczyzn         | 452  | 12:15 | 01:30:13.55       | 01:30:13.55        | +00:47:27 (52.6%) | 18:02           | 3.3 (47.1%)   |
| 38  | SZCZĘŚNY Łukasz       | 785   | FIGHT ACADEMY OSTROŁĘKA | Open Mężczyzn         | 452  | 12:15 | 01:30:13.55       | 01:30:13.55        | +00:47:27 (52.6%) | 18:02           | 3.3 (47.1%)   |
| 40  | BRUSKI Mateusz        | 798   |                         | Open Mężczyzn         | 542  | 12:15 | 01:35:09.15       | 01:35:09.15        | +00:52:23 (55.1%) | 19:01           | 3.2 (45.7%)   |
| 41  | WILCZYŃSKA Karolina   | 840   |                         | Open Kobiet           | 137  | 12:15 | 01:35:09.45       | 01:35:09.45        | +00:52:23 (55.1%) | 19:01           | 3.2 (45.7%)   |
| 42  | WILCZYŃSKI Michał     | 841   |                         | Open Mężczyzn         | 543  | 12:15 | 01:35:10.15       | 01:35:10.15        | +00:52:24 (55.1%) | 19:02           | 3.2 (45.7%)   |
| 43  | GRABOWSKA Bożena      | 806   |                         | Open Masters Kobiet   | 35   | 12:15 | 01:36:03.15       | 01:36:03.15        | +00:53:17 (55.5%) | 19:12           | 3.1 (44.3%)   |
| 44  | DUDA Filip            | 804   |                         | Open Mężczyzn         | 573  | 12:15 | 01:36:50.95       | 01:36:50.95        | +00:54:05 (55.8%) | 19:22           | 3.1 (44.3%)   |
| 45  | KOZICKI Sebastian     | 818   |                         | Open Mężczyzn         | 584  | 12:15 | 01:38:06.55       | 01:38:06.55        | +00:55:20 (56.4%) | 19:37           | 3.1 (44.3%)   |
| 46  | MIKLAS Daniel         | 793   | TAJGERY                 | Open Mężczyzn         | 585  | 12:15 | 01:38:12.60       | 01:38:12.60        | +00:55:26 (56.5%) | 19:38           | 3.1 (44.3%)   |
| 47  | MIKOŁAJCZYK Filip     | 794   | TAJGERY                 | Open Mężczyzn         | 586  | 12:15 | 01:38:14.00       | 01:38:14.00        | +00:55:28 (56.5%) | 19:38           | 3.1 (44.3%)   |
| 48  | ENDER Remigiusz       | 789   | TAJGERY                 | Open Mężczyzn         | 589  | 12:15 | 01:38:22.70       | 01:38:22.70        | +00:55:36 (56.5%) | 19:40           | 3 (42.9%)     |
| 49  | LUDZIŃSKI Tomasz      | 791   | TAJGERY                 | Open Mężczyzn         | 615  | 12:15 | 01:39:27.90       | 01:39:27.90        | +00:56:42 (57.0%) | 19:53           | 3 (42.9%)     |
| 50  | KOZICKI Daniel        | 817   |                         | Open Mężczyzn         | 617  | 12:15 | 01:39:29.25       | 01:39:29.25        | +00:56:43 (57.0%) | 19:53           | 3 (42.9%)     |
| 51  | JASKÓLSKI Daniel      | 810   |                         | Open Mężczyzn         | 618  | 12:15 | 01:39:31.25       | 01:39:31.25        | +00:56:45 (57.0%) | 19:54           | 3 (42.9%)     |
| 52  | JAKUBCZAK Emilia      | 807   |                         | Open Kobiet           | 175  | 12:15 | 01:39:31.60       | 01:39:31.60        | +00:56:45 (57.0%) | 19:54           | 3 (42.9%)     |
| 53  | JAKUBCZAK Paweł       | 809   |                         | Open Masters Mężczyzn | 116  | 12:15 | 01:39:33.00       | 01:39:33.00        | +00:56:47 (57.0%) | 19:54           | 3 (42.9%)     |
| 54  | KRYSIŃSKI Kamil       | 790   | TAJGERY                 | Open Mężczyzn         | 621  | 12:15 | 01:39:46.95       | 01:39:46.95        | +00:57:01 (57.1%) | 19:57           | 3 (42.9%)     |
| 55  | ZABŁOCKI Piotr        | 795   | TAJGERY                 | Open Mężczyzn         | 625  | 12:15 | 01:39:59.50       | 01:39:59.50        | +00:57:13 (57.2%) | 19:59           | 3 (42.9%)     |
| 56  | MASTALERZ Piotr       | 792   | TAJGERY                 | Open Mężczyzn         | 626  | 12:15 | 01:39:59.65       | 01:39:59.65        | +00:57:13 (57.2%) | 19:59           | 3 (42.9%)     |
| 57  | WIECZOREK Paweł       | 764   |                         | Open Mężczyzn         | 627  | 12:15 | 01:40:03.30       | 01:40:03.30        | +00:57:17 (57.3%) | 20:00           | 3 (42.9%)     |
| 58  | BORECKI Mariusz       | 797   |                         | Open Mężczyzn         | 632  | 12:15 | 01:40:27.65       | 01:40:27.65        | +00:57:41 (57.4%) | 20:05           | 3 (42.9%)     |
| 59  | PIĄTKOWSKA Karolina   | 829   |                         | Open Kobiet           | 189  | 12:15 | 01:41:15.65       | 01:41:15.65        | +00:58:29 (57.8%) | 20:15           | 3 (42.9%)     |
| 60  | DOMURAD Marek         | 801   |                         | Open Masters Mężczyzn | 120  | 12:15 | 01:41:15.75       | 01:41:15.75        | +00:58:29 (57.8%) | 20:15           | 3 (42.9%)     |
| 61  | SARNACKI Przemysław   | 834   |                         | Open Mężczyzn         | 638  | 12:15 | 01:41:28.95       | 01:41:28.95        | +00:58:43 (57.9%) | 20:17           | 3 (42.9%)     |
| 62  | JAKUBCZAK Patrycja    | 808   |                         | Open Kobiet           | 191  | 12:15 | 01:42:00.70       | 01:42:00.70        | +00:59:14 (58.1%) | 20:24           | 2.9 (41.4%)   |
| 63  | BIEGANOWSKI Jakub     | 796   |                         | Open Mężczyzn         | 646  | 12:15 | 01:42:01.45       | 01:42:01.45        | +00:59:15 (58.1%) | 20:24           | 2.9 (41.4%)   |
| 64  | ŻOŁDAK Anna           | 845   |                         | Open Kobiet           | 202  | 12:15 | 01:42:19.95       | 01:42:19.95        | +00:59:34 (58.2%) | 20:27           | 2.9 (41.4%)   |
| 65  | ŻOŁDAK Maciej         | 846   |                         | Open Mężczyzn         | 654  | 12:15 | 01:42:20.15       | 01:42:20.15        | +00:59:34 (58.2%) | 20:28           | 2.9 (41.4%)   |
| 66  | ZAORSKI Mateusz       | 844   |                         | Open Mężczyzn         | 668  | 12:15 | 01:44:12.55       | 01:44:12.55        | +01:01:26 (59.0%) | 20:50           | 2.9 (41.4%)   |
| 67  | KORONKA Jakub         | 814   |                         | Open Mężczyzn         | 669  | 12:15 | 01:44:13.05       | 01:44:13.05        | +01:01:27 (59.0%) | 20:50           | 2.9 (41.4%)   |
| 68  | WEISS Dawid           | 774   | BIOTEAM                 | Open Mężczyzn         | 706  | 12:15 | 01:48:43.00       | 01:48:43.00        | +01:05:57 (60.7%) | 21:44           | 2.8 (40.0%)   |
| 69  | BUSZYŃSKI Tomasz      | 772   | BIOTEAM                 | Open Mężczyzn         | 707  | 12:15 | 01:48:44.25       | 01:48:44.25        | +01:05:58 (60.7%) | 21:44           | 2.8 (40.0%)   |
| 70  | GAWART Piotr          | 773   | BIOTEAM                 | Open Mężczyzn         | 708  | 12:15 | 01:48:44.85       | 01:48:44.85        | +01:05:59 (60.7%) | 21:44           | 2.8 (40.0%)   |
| 71  | SZYMAŃCZAK Monika     | 839   |                         | Open Kobiet           | 241  | 12:15 | 01:49:35.35       | 01:49:35.35        | +01:06:49 (61.0%) | 21:55           | 2.7 (38.6%)   |
| 72  | SZYMANCZAK Dariusz    | 838   |                         | Open Masters Mężczyzn | 131  | 12:15 | 01:49:36.50       | 01:49:36.50        | +01:06:50 (61.0%) | 21:55           | 2.7 (38.6%)   |
| 73  | PAROL Anna            | 827   |                         | Open Kobiet           | 244  | 12:15 | 01:49:40.00       | 01:49:40.00        | +01:06:54 (61.0%) | 21:56           | 2.7 (38.6%)   |
| 74  | PAROL Robert          | 828   |                         | Open Masters Mężczyzn | 132  | 12:15 | 01:49:41.40       | 01:49:41.40        | +01:06:55 (61.0%) | 21:56           | 2.7 (38.6%)   |

| Msc | Zawodnik          | Numer | Klub | Kategoria     | Mkat | Seria | Czas netto<br>5km | Czas brutto<br>5km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|-------------------|-------|------|---------------|------|-------|-------------------|--------------------|-------------------|-----------------|---------------|
| 75  | SUCHOMSKI Paweł   | 835   |      | Open Mężczyzn | 754  | 12:15 | 02:01:34.05       | 02:01:34.05        | +01:18:48 (64.8%) | 24:18           | 2.5 (35.7%)   |
| 76  | SZAFRAŃSKA Monika | 836   |      | Open Kobiet   | 280  | 12:15 | 02:01:34.55       | 02:01:34.55        | +01:18:48 (64.8%) | 24:18           | 2.5 (35.7%)   |
| 77  | MIERZEJEWSKA Olga | 822   |      | Open Kobiet   | 288  | 12:15 | 02:08:22.70       | 02:08:22.70        | +01:25:36 (66.7%) | 25:40           | 2.3 (32.9%)   |
| 78  | WOJTKOWIAK Jacek  | 843   |      | Open Mężczyzn | 776  | 12:15 | 02:19:43.25       | 02:19:43.25        | +01:36:57 (69.4%) | 27:56           | 2.1 (30.0%)   |
| 79  | FRYMUS Michalina  | 805   |      | Open Kobiet   | 300  | 12:15 | 02:19:43.50       | 02:19:43.50        | +01:36:57 (69.4%) | 27:56           | 2.1 (30.0%)   |

Znaleziono 79 wynik(ów)