

Organizator: Runmageddon
Data: 2020-06-27
Miejsce: Warszawa
Dystans: 5 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	KRAWIECKI Mateusz	428	RMG_ALLSTARS	13:30	1	13:30	00:27:03.20		5:24	11.1 (100%)
2	RYNKIEWICZ Mateusz	75	NEXTREME	09:00	1	09:00	00:28:53.80	+00:01:50 (6.4%)	5:46	10.4 (93.7%)
3	BUGAJ Mariusz	131	HARDCOROWE WYCHYLYLYBYMY	10:10	1	10:10	00:30:17.20	+00:03:14 (10.7%)	6:03	9.9 (89.2%)
4	OSKROBA Tomasz	225	DZIKIE BORSUKI	10:40	1	10:40	00:31:32.95	+00:04:29 (14.3%)	6:18	9.5 (85.6%)
5	CHYBOWSKI Rafał	223	DZIKIE BORSUKI	10:40	2	10:40	00:31:48.05	+00:04:44 (14.9%)	6:21	9.4 (84.7%)
6	GAWLAK Damian	76	SPECTRUM TEAM	09:00	2	09:00	00:32:04.45	+00:05:01 (15.7%)	6:24	9.4 (84.7%)
7	BIENIECKI Jaro	20		08:30	1	08:30	00:32:06.20	+00:05:03 (15.7%)	6:25	9.3 (83.8%)
8	SADOWSKI Michał	16	POWER TRAINING	08:30	2	08:30	00:32:41.85	+00:05:38 (17.3%)	6:32	9.2 (82.9%)
9	JÓŻWICKI Karol	404	OUTDOOR TRAINING	12:30	1	12:30	00:33:15.20	+00:06:12 (18.6%)	6:39	9 (81.1%)
10	RYNKIEWICZ Agnieszka	19	RMG ALL STARS	08:30	3	08:30	00:34:11.00	+00:07:07 (20.9%)	6:50	8.8 (79.3%)
11	OGIŃSKI Szymon	325		12:00	1	12:00	00:35:48.25	+00:08:45 (24.4%)	7:09	8.4 (75.7%)
12	MIZGALSKI Jacek	277	DZIADY OCR	11:50	1	11:50	00:36:11.60	+00:09:08 (25.3%)	7:14	8.3 (74.8%)
13	JANUSZEWSKI Andrzej	493		14:00	1	14:00	00:37:08.60	+00:10:05 (27.2%)	7:25	8.1 (73.0%)
14	SZACHNA Leszek	30		08:30	4	08:30	00:38:08.45	+00:11:05 (29.1%)	7:37	7.9 (71.2%)
15	ŁYSIK Piotr	24		08:30	5	08:30	00:38:12.95	+00:11:09 (29.2%)	7:38	7.9 (71.2%)
16	WOŁCZYK Mariusz	18	RMF4RT GLADIATORS	08:30	6	08:30	00:38:17.85	+00:11:14 (29.4%)	7:39	7.8 (70.3%)
17	SKRĘTY Patryk	341	EDEN RUNNERS	12:10	1	12:10	00:38:49.50	+00:11:46 (30.3%)	7:45	7.7 (69.4%)
18	PONTUS Piotr	150		10:10	2	10:10	00:38:50.35	+00:11:47 (30.3%)	7:46	7.7 (69.4%)
19	ROMAŃCZUK Tomasz	406	OUTDOOR TRAINING	12:30	2	12:30	00:39:15.50	+00:12:12 (31.1%)	7:51	7.6 (68.5%)
20	MUSIAŁ Krzysztof	510	LOTAMS TEAM	14:10	1	14:10	00:39:44.70	+00:12:41 (31.9%)	7:56	7.6 (68.5%)
21	PAWLINA Jarosław	53		09:10	1	09:10	00:39:59.00	+00:12:55 (32.3%)	7:59	7.5 (67.6%)
22	PABIN Paweł	250		10:40	3	10:40	00:40:04.85	+00:13:01 (32.5%)	8:00	7.5 (67.6%)
23	GÓRSKI Jan	255	HUSARIA RACE TEAM	10:50	1	10:50	00:40:39.10	+00:13:35 (33.5%)	8:07	7.4 (66.7%)
24	KOWALEWSKI Filip	10	NIE W SZCZEPIONKĘ TEAM	08:30	7	08:30	00:40:53.70	+00:13:50 (33.8%)	8:10	7.3 (65.8%)
25	MICHALAK Paweł	224	DZIKIE BORSUKI	10:40	4	10:40	00:40:58.10	+00:13:54 (34.0%)	8:11	7.3 (65.8%)
26	ANUSZCZYK Mariusz	462		13:30	2	13:30	00:41:00.10	+00:13:56 (34.0%)	8:12	7.3 (65.8%)
27	DRAŻKOWSKI Piotr	374		12:20	1	12:20	00:41:00.40	+00:13:57 (34.0%)	8:12	7.3 (65.8%)
28	KRYSZTOFIAK Damian	314	UNITED RUNNERS	12:00	2	12:00	00:41:02.40	+00:13:59 (34.1%)	8:12	7.3 (65.8%)
29	BYKOWSKI Andrzej	488		14:00	2	14:00	00:41:16.35	+00:14:13 (34.5%)	8:15	7.3 (65.8%)
30	DEPTUŁA Mariusz	111		09:10	2	09:10	00:41:26.70	+00:14:23 (34.7%)	8:17	7.2 (64.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas		Tempo min/km	Tempo km/h
							netto 5km	Różn		
31	GOŁĘBIEWSKI Tomasz	567		15:00	1	15:00	00:41:48.85	+00:14:45 (35.3%)	8:21	7.2 (64.9%)
32	HEJZA Jakub	144		10:10	3	10:10	00:42:01.15	+00:14:57 (35.6%)	8:24	7.1 (64.0%)
33	MOLSA Konrad	280	KWIOW	11:50	2	11:50	00:42:19.20	+00:15:16 (36.1%)	8:27	7.1 (64.0%)
34	JÓSZCZUK Jordan	279	KWIOW	11:50	3	11:50	00:42:19.30	+00:15:16 (36.1%)	8:27	7.1 (64.0%)
35	PACYGON Tomek	340	EDEN RUNNERS	12:10	2	12:10	00:42:32.05	+00:15:28 (36.4%)	8:30	7.1 (64.0%)
36	KOSTUCHA Damian	70	HUSARIA RACE TEAM	09:00	3	09:00	00:42:34.45	+00:15:31 (36.5%)	8:30	7 (63.1%)
37	MIERZICKI Marcel	14	POWER TRAINING	08:30	8	08:30	00:43:04.40	+00:16:01 (37.2%)	8:36	7 (63.1%)
38	MUGDA Sebastian	52		08:50	1	08:50	00:44:36.35	+00:17:33 (39.4%)	8:55	6.7 (60.4%)
39	KRAWCZAK Karol	465		13:40	1	13:40	00:44:58.30	+00:17:55 (39.8%)	8:59	6.7 (60.4%)
40	ZIÓŁEK Krzysztof	209	POWER TRAINING	10:30	1	10:30	00:45:33.10	+00:18:29 (40.6%)	9:06	6.6 (59.5%)
41	MARCULA Emil	366	HUSARIA RACE TEAM	12:20	2	12:20	00:46:16.85	+00:19:13 (41.5%)	9:15	6.5 (58.6%)
42	PAKUŁA Bartosz	1	BIELAŃSKIE RIKI-TIKI	08:30	9	08:30	00:46:35.80	+00:19:32 (41.9%)	9:19	6.4 (57.7%)
43	CZARNECKI Jakub	44	HUSARIA RACE TEAM	08:50	2	08:50	00:46:52.70	+00:19:49 (42.3%)	9:22	6.4 (57.7%)
44	IWANOWSKI Kamil	416		12:30	3	12:30	00:46:57.05	+00:19:53 (42.4%)	9:23	6.4 (57.7%)
45	ROŚŁON Krzysiek	575		15:00	2	15:00	00:46:59.50	+00:19:56 (42.4%)	9:23	6.4 (57.7%)
46	KASPRZAK Sebastian	345	SPECTRUM TEAM	12:00	3	12:00	00:47:05.00	+00:20:01 (42.5%)	9:25	6.4 (57.7%)
47	OŚCIK Krzysztof	350	VIKINGS RUN TEAM	12:10	3	12:10	00:47:05.10	+00:20:01 (42.5%)	9:25	6.4 (57.7%)
48	TETKOWSKI Michał	315	UNITED RUNNERS	12:00	4	12:00	00:47:08.00	+00:20:04 (42.6%)	9:25	6.4 (57.7%)
49	BRODZIAK Andrzej	214		10:40	5	10:40	00:47:14.10	+00:20:10 (42.7%)	9:26	6.4 (57.7%)
50	DOBROWOLSKI Kamil	509	BESTIE OCR LEGIONOWO	14:10	2	14:10	00:47:14.80	+00:20:11 (42.7%)	9:26	6.4 (57.7%)
51	KUZNICKI Pawel	179		10:20	1	10:20	00:47:27.15	+00:20:23 (43.0%)	9:29	6.3 (56.8%)
52	POLAK Jarosław	573		15:00	3	15:00	00:47:36.20	+00:20:33 (43.2%)	9:31	6.3 (56.8%)
52	JANIKOWSKI Dominik	568		15:00	3	15:00	00:47:36.20	+00:20:33 (43.2%)	9:31	6.3 (56.8%)
54	ŻUCHOWSKI Wojciech	195	DZIKIE TURBO PTYSIE	10:30	2	10:30	00:47:37.85	+00:20:34 (43.2%)	9:31	6.3 (56.8%)
55	WEJKNIS Krzysztof	17	RMF4RT	08:30	10	08:30	00:47:40.90	+00:20:37 (43.3%)	9:32	6.3 (56.8%)
56	KOZAK Arkadiusz	177		10:20	2	10:20	00:47:44.20	+00:20:41 (43.3%)	9:32	6.3 (56.8%)
57	BARAŃSKI Maciek	213		10:20	3	10:20	00:47:44.30	+00:20:41 (43.3%)	9:32	6.3 (56.8%)
58	DUSZEŃKO Wojciech	169		10:20	4	10:20	00:47:55.10	+00:20:51 (43.5%)	9:35	6.3 (56.8%)
59	PIĘTA Łukasz	284	RUNMAGEDDONOWE ŚWIRY	12:00	5	12:00	00:48:22.95	+00:21:19 (44.1%)	9:40	6.2 (55.9%)
60	MALISZEWSKI Jakub	9	HUSARIA RACE TEAM	08:30	11	08:30	00:48:28.80	+00:21:25 (44.2%)	9:41	6.2 (55.9%)
61	DODATKO Roman	491		14:00	3	14:00	00:48:46.30	+00:21:43 (44.5%)	9:45	6.2 (55.9%)
62	DIUREI Vitalii	489		14:00	4	14:00	00:48:50.35	+00:21:47 (44.6%)	9:46	6.1 (55.0%)
63	WALICHNOWSKI Konrad	559		14:40	1	14:40	00:48:56.75	+00:21:53 (44.7%)	9:47	6.1 (55.0%)
64	KAMIŃSKI Marcin	545		14:40	2	14:40	00:48:57.35	+00:21:54 (44.7%)	9:47	6.1 (55.0%)
65	MALCZEWSKI Daniel	5	BRYGIERY OCR	08:30	12	08:30	00:49:12.55	+00:22:09 (45.0%)	9:50	6.1 (55.0%)
66	MINENKO Volodymyr	32	NP - NG	08:40	1	08:40	00:49:13.90	+00:22:10 (45.0%)	9:50	6.1 (55.0%)
67	SLIPCHENKO Oleksii	33	NP - NG	08:40	2	08:40	00:49:14.15	+00:22:10 (45.1%)	9:50	6.1 (55.0%)
68	KNYT Grzegorz	197	HYPERFORM	10:30	3	10:30	00:49:31.75	+00:22:28 (45.4%)	9:54	6.1 (55.0%)
69	MALCZEWSKI Tomasz	6	BRYGIERY OCR	08:30	13	08:30	00:49:32.95	+00:22:29 (45.4%)	9:54	6.1 (55.0%)
70	LATOSI Adrian	497		14:00	5	14:00	00:49:39.40	+00:22:36 (45.5%)	9:55	6 (54.1%)
71	GALINDO Ruben	415		12:30	4	12:30	00:49:59.45	+00:22:56 (45.9%)	9:59	6 (54.1%)
72	STANIAK Piotr	363		12:10	4	12:10	00:50:03.05	+00:22:59 (45.9%)	10:00	6 (54.1%)
73	KUCZ Wojciech	291		12:00	6	12:00	00:50:26.65	+00:23:23 (46.4%)	10:05	5.9 (53.2%)
74	KOCYBA Bartek	288		11:50	4	11:50	00:50:26.95	+00:23:23 (46.4%)	10:05	5.9 (53.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas		Tempo min/km	Tempo km/h
							netto 5km	Różn		
75	MAZON Daniel	293		11:50	5	11:50	00:50:27.05	+00:23:23 (46.4%)	10:05	5.9 (53.2%)
76	URZYKOWSKI Artur	310	SPECTRUM TEAM	12:00	7	12:00	00:50:29.55	+00:23:26 (46.4%)	10:05	5.9 (53.2%)
77	MATERNY Łukasz	292		11:50	6	11:50	00:50:45.00	+00:23:41 (46.7%)	10:09	5.9 (53.2%)
78	ZBIEĆ Marek	393		12:20	3	12:20	00:51:34.65	+00:24:31 (47.5%)	10:18	5.8 (52.3%)
79	SZUCHNIK Aleksander	389		12:20	4	12:20	00:51:34.90	+00:24:31 (47.6%)	10:18	5.8 (52.3%)
80	MATEJCZYK Artur	405	OUTDOOR TRAINING	12:30	5	12:30	00:51:38.90	+00:24:35 (47.6%)	10:19	5.8 (52.3%)
81	RYBACKI Błażej	163	RMF4RT GLADIATORS	10:20	5	10:20	00:51:51.75	+00:24:48 (47.8%)	10:22	5.8 (52.3%)
82	WINKLER Mateusz	351	VIKINGS RUN TEAM	12:10	5	12:10	00:52:16.95	+00:25:13 (48.3%)	10:27	5.7 (51.4%)
83	WRÓBEL Agnieszka	349	TORPEDA RACE TEAM	12:10	6	12:10	00:52:21.05	+00:25:17 (48.3%)	10:28	5.7 (51.4%)
84	BRATKOWSKI Pawel	348	TORPEDA RACE TEAM	12:10	7	12:10	00:52:23.05	+00:25:19 (48.4%)	10:28	5.7 (51.4%)
85	SAWICKI Adrian	186		10:20	6	10:20	00:52:32.40	+00:25:29 (48.5%)	10:30	5.7 (51.4%)
86	WANIEWSKI Łukasz	560		14:40	3	14:40	00:53:42.70	+00:26:39 (49.6%)	10:44	5.6 (50.5%)
87	TRUSZKOWSKI Kamil	558		14:40	4	14:40	00:54:02.95	+00:26:59 (49.9%)	10:48	5.6 (50.5%)
88	RYBAK Paulina	15	POWER TRAINING	08:30	14	08:30	00:54:11.35	+00:27:08 (50.1%)	10:50	5.5 (49.5%)
89	NARLOCH Jakub	524		14:10	3	14:10	00:54:38.55	+00:27:35 (50.5%)	10:55	5.5 (49.5%)
90	PIECYK Piotr	527		14:10	4	14:10	00:54:39.95	+00:27:36 (50.5%)	10:55	5.5 (49.5%)
91	SOPEL Wojciech	362		12:10	8	12:10	00:55:22.90	+00:28:19 (51.2%)	11:04	5.4 (48.6%)
92	DĄBROSZ Paweł	278	KWIOW	11:50	7	11:50	00:55:31.25	+00:28:28 (51.3%)	11:06	5.4 (48.6%)
93	KRZYŻANOWSKI Julian	147		09:10	3	09:10	00:55:42.75	+00:28:39 (51.4%)	11:08	5.4 (48.6%)
94	RYMARCZYK Paulina	28		08:30	15	08:30	00:55:53.50	+00:28:50 (51.6%)	11:10	5.4 (48.6%)
95	MISIUKIEWICZ Arkadiusz	148		10:10	4	10:10	00:55:59.05	+00:28:55 (51.7%)	11:11	5.4 (48.6%)
96	RYBICKI Mateusz	331		12:00	8	12:00	00:56:00.80	+00:28:57 (51.7%)	11:12	5.4 (48.6%)
97	MROZIK Michał	309	POWER TRAINING	12:00	9	12:00	00:56:26.35	+00:29:23 (52.1%)	11:17	5.3 (47.7%)
98	JURCZYŃSKI Igor	82		09:00	4	09:00	00:56:32.45	+00:29:29 (52.2%)	11:18	5.3 (47.7%)
99	MARKIEWICZ Kuba	85		09:00	5	09:00	00:56:33.10	+00:29:29 (52.2%)	11:18	5.3 (47.7%)
100	WAWRZYŃIECKI Daniel	471		13:40	2	13:40	00:56:53.05	+00:29:49 (52.4%)	11:22	5.3 (47.7%)
101	SKONECZNA Karolina	481	DRUŻYNA DRUŻYNA	14:00	6	14:00	00:57:05.70	+00:30:02 (52.6%)	11:25	5.3 (47.7%)
102	WRÓBEL Małgorzata	482	DRUŻYNA DRUŻYNA	14:00	7	14:00	00:57:05.75	+00:30:02 (52.6%)	11:25	5.3 (47.7%)
103	BAIŃSKI Łukasz	514		14:10	5	14:10	00:57:18.60	+00:30:15 (52.8%)	11:27	5.2 (46.8%)
104	URBANIAK Sandra	390		12:20	5	12:20	00:57:30.00	+00:30:26 (53.0%)	11:30	5.2 (46.8%)
105	BUDZYŃSKI Michał	353		12:10	9	12:10	00:57:33.90	+00:30:30 (53.0%)	11:30	5.2 (46.8%)
106	ZALEWSKI Marcin	38		08:40	3	08:40	00:57:34.55	+00:30:31 (53.0%)	11:30	5.2 (46.8%)
107	ZALEWSKI Jacek	37		08:40	4	08:40	00:57:34.85	+00:30:31 (53.0%)	11:30	5.2 (46.8%)
108	FIRST Tomasz	11	POWER TRAINING	08:30	16	08:30	00:57:35.50	+00:30:32 (53.0%)	11:31	5.2 (46.8%)
109	CZERWONIEC Andrzej	373		12:20	6	12:20	00:57:36.00	+00:30:32 (53.0%)	11:31	5.2 (46.8%)
110	ŁUSZCZYNA Robert	419		12:30	6	12:30	00:57:53.35	+00:30:50 (53.3%)	11:34	5.2 (46.8%)
111	MATECKI Jakub	468		13:40	3	13:40	00:58:03.70	+00:31:00 (53.4%)	11:36	5.2 (46.8%)
112	KOZAK Bartosz	519		14:10	6	14:10	00:58:20.10	+00:31:16 (53.6%)	11:40	5.1 (45.9%)
113	HRYSHYN Stanislau	592	SAHATY	13:40	4	13:40	00:58:32.00	+00:31:28 (53.8%)	11:42	5.1 (45.9%)
114	KRYPINEVICH Hanna	446	SAHATY	13:40	5	13:40	00:58:32.30	+00:31:29 (53.8%)	11:42	5.1 (45.9%)
115	SAKHASHCHYK Aleh	448	SAHATY	13:40	6	13:40	00:58:33.70	+00:31:30 (53.8%)	11:42	5.1 (45.9%)
116	DARONIN Yahor	444	SAHATY	13:40	7	13:40	00:58:36.15	+00:31:32 (53.8%)	11:43	5.1 (45.9%)
117	DANILKIN Yauheni	443	SAHATY	13:40	8	13:40	00:58:36.65	+00:31:33 (53.8%)	11:43	5.1 (45.9%)
118	CIESIELSKI Kamil	21		08:30	17	08:30	00:58:37.05	+00:31:33 (53.8%)	11:43	5.1 (45.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas		Tempo min/km	Tempo km/h
							netto 5km	Różn		
119	RZEPECKI Piotr	29		08:30	18	08:30	00:58:37.25	+00:31:34 (53.9%)	11:43	5.1 (45.9%)
120	KRZYŻANOWSKI Krzysztof	522		14:10	7	14:10	00:58:39.40	+00:31:36 (53.9%)	11:43	5.1 (45.9%)
121	BILIŃSKA Joanna	515		14:10	8	14:10	00:58:40.05	+00:31:36 (53.9%)	11:44	5.1 (45.9%)
122	DUSZYŃSKI Krzysztof	356		12:10	10	12:10	00:58:41.25	+00:31:38 (53.9%)	11:44	5.1 (45.9%)
123	KRÓLICKI Konrad	319		12:00	10	12:00	00:58:46.05	+00:31:42 (54.0%)	11:45	5.1 (45.9%)
123	SKRZOS Tomasz	332		12:00	10	12:00	00:58:46.05	+00:31:42 (54.0%)	11:45	5.1 (45.9%)
125	CZERNICKI Kacper	413		12:30	7	12:30	00:58:50.25	+00:31:47 (54.0%)	11:46	5.1 (45.9%)
126	JANICKI Łukasz	4	BRYGIERY OCR	08:30	19	08:30	00:58:52.90	+00:31:49 (54.1%)	11:46	5.1 (45.9%)
127	PNIEWSKA Karolina	57	BIGYELLOWFOOT ADVENTURE TEAM	09:00	6	09:00	00:59:14.65	+00:32:11 (54.3%)	11:50	5.1 (45.9%)
128	KUCZYŃSKI Paweł	56	BIGYELLOWFOOT ADVENTUE TEAM	09:00	7	09:00	00:59:15.65	+00:32:12 (54.3%)	11:51	5.1 (45.9%)
129	ŚWIERCZYŃSKI Mariusz	530		14:10	9	14:10	00:59:29.50	+00:32:26 (54.5%)	11:53	5 (45.0%)
130	ŚLEDŹ Artur	529		14:10	10	14:10	00:59:29.85	+00:32:26 (54.5%)	11:53	5 (45.0%)
131	KĘSIK Łukasz	113		09:10	4	09:10	00:59:36.10	+00:32:32 (54.6%)	11:55	5 (45.0%)
132	BARAN Konrad	2	BRYGIERY OCR	08:30	20	08:30	00:59:36.20	+00:32:33 (54.6%)	11:55	5 (45.0%)
133	DUDZIAK Bartosz	516		14:10	11	14:10	00:59:39.10	+00:32:35 (54.6%)	11:55	5 (45.0%)
134	DUDZIAK Magda	517		14:10	12	14:10	00:59:39.15	+00:32:35 (54.6%)	11:55	5 (45.0%)
135	KAMIŃSKI Maciej	122	ASSAY	08:40	5	08:40	00:59:51.20	+00:32:48 (54.8%)	11:58	5 (45.0%)
136	IMIŃSKI Krzysztof	3	BRYGIERY OCR	08:30	21	08:30	00:59:54.20	+00:32:51 (54.8%)	11:58	5 (45.0%)
137	KUBIAK Maciej	357		12:10	11	12:10	01:00:05.40	+00:33:02 (55.0%)	12:01	5 (45.0%)
138	SZPAKOWSKI Jacek	64	EXTREME WAYS	09:00	8	09:00	01:00:05.50	+00:33:02 (55.0%)	12:01	5 (45.0%)
139	SACHAJKO Sławek	361		12:10	12	12:10	01:00:10.85	+00:33:07 (55.0%)	12:02	5 (45.0%)
140	LEBEDEVA Veronika	579		09:10	5	09:10	01:00:34.95	+00:33:31 (55.3%)	12:06	5 (45.0%)
141	ŚLESIŃSKI Kamil	117		09:10	6	09:10	01:00:35.10	+00:33:31 (55.3%)	12:07	5 (45.0%)
142	FIEJKA Remigiusz	62	EXTREME WAYS	09:00	9	09:00	01:00:42.90	+00:33:39 (55.4%)	12:08	4.9 (44.1%)
143	NERĆ Karolina	36		08:40	6	08:40	01:00:44.65	+00:33:41 (55.5%)	12:08	4.9 (44.1%)
144	LEANOVICH Aliaksei	447	SAHATY	13:40	9	13:40	01:00:45.80	+00:33:42 (55.5%)	12:09	4.9 (44.1%)
145	KRUPIŃSKA Wiola	549		14:40	5	14:40	01:00:52.35	+00:33:49 (55.6%)	12:10	4.9 (44.1%)
146	RULAK Jerzy	555		14:40	6	14:40	01:00:53.95	+00:33:50 (55.6%)	12:10	4.9 (44.1%)
147	KALINKA Yana	445	SAHATY	13:40	10	13:40	01:01:00.80	+00:33:57 (55.7%)	12:12	4.9 (44.1%)
148	BRUSIŁO Bartosz	372		12:20	7	12:20	01:01:15.45	+00:34:12 (55.8%)	12:15	4.9 (44.1%)
149	ZIELINKO Patrycjusz	55		08:50	3	08:50	01:01:17.05	+00:34:13 (55.9%)	12:15	4.9 (44.1%)
150	CHODZICKI Rafał Jan	49		08:50	4	08:50	01:01:17.10	+00:34:13 (55.9%)	12:15	4.9 (44.1%)
151	RAJEWSKA Aleksandra	438		13:30	3	13:30	01:01:23.95	+00:34:20 (55.9%)	12:16	4.9 (44.1%)
152	GOŁOŚ Sylwester	432		13:30	4	13:30	01:01:24.75	+00:34:21 (55.9%)	12:16	4.9 (44.1%)
153	KOSIŃSKI Tomasz	63	EXTREME WAYS	09:00	10	09:00	01:01:27.45	+00:34:24 (56.0%)	12:17	4.9 (44.1%)
154	PLEWKA Daniel	86		09:00	11	09:00	01:01:34.20	+00:34:31 (56.1%)	12:18	4.9 (44.1%)
155	KOWALIK Karol	23		08:30	22	08:30	01:01:38.20	+00:34:35 (56.1%)	12:19	4.9 (44.1%)
156	ALEKSIŃSKI Paweł	211		10:30	4	10:30	01:01:38.80	+00:34:35 (56.1%)	12:19	4.9 (44.1%)
157	ALEKSIŃSKA Małgorzata	210		10:30	5	10:30	01:01:38.90	+00:34:35 (56.1%)	12:19	4.9 (44.1%)
158	OLCZYK Bartłomiej	270		10:50	2	10:50	01:02:06.90	+00:35:03 (56.4%)	12:25	4.8 (43.2%)
159	PALONKA Bartłomiej	422		12:30	8	12:30	01:02:08.10	+00:35:04 (56.5%)	12:25	4.8 (43.2%)
160	JURKOWSKA Jolanta	378		12:20	8	12:20	01:02:09.30	+00:35:06 (56.5%)	12:25	4.8 (43.2%)
161	TKACZYK Michał	99	NIE W SZCZEPIONKĘ TEAM	09:10	7	09:10	01:02:10.00	+00:35:06 (56.5%)	12:26	4.8 (43.2%)
162	GAŃKO Karolina	98	NIE W SZCZEPIONKĘ TEAM	09:10	8	09:10	01:02:10.20	+00:35:07 (56.5%)	12:26	4.8 (43.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas		Tempo min/km	Tempo km/h
							netto 5km	Różn		
163	MACHUL Kacper	369	WSB	12:20	9	12:20	01:02:19.55	+00:35:16 (56.6%)	12:27	4.8 (43.2%)
164	LIPIEC Maciej	368	WSB	12:20	10	12:20	01:02:19.65	+00:35:16 (56.6%)	12:27	4.8 (43.2%)
165	RAKOWSKI Daniel	370	WSB	12:20	11	12:20	01:02:19.70	+00:35:16 (56.6%)	12:27	4.8 (43.2%)
166	BUSZMAN Michał	34		08:40	7	08:40	01:02:22.65	+00:35:19 (56.6%)	12:28	4.8 (43.2%)
167	GARNUSZEK Anita	12	POWER TRAINING	08:30	23	08:30	01:02:34.10	+00:35:30 (56.8%)	12:30	4.8 (43.2%)
168	MYRLAK Maciej	322		12:00	12	12:00	01:02:47.20	+00:35:44 (56.9%)	12:33	4.8 (43.2%)
169	SZLACHTA-MYRLAK Maria	334		12:00	13	12:00	01:02:51.05	+00:35:47 (57.0%)	12:34	4.8 (43.2%)
170	JANAS Wojtek	377		10:30	6	10:30	01:02:53.00	+00:35:49 (57.0%)	12:34	4.8 (43.2%)
171	BARGIELSKA Małgorzata	282	PAULINA DAWAJ	11:50	8	11:50	01:02:53.40	+00:35:50 (57.0%)	12:34	4.8 (43.2%)
172	DEKA Kamil	354		12:10	13	12:10	01:02:54.10	+00:35:50 (57.0%)	12:34	4.8 (43.2%)
173	WITKOWSKA Angelika	365		12:10	14	12:10	01:02:54.20	+00:35:51 (57.0%)	12:34	4.8 (43.2%)
174	KOBRYŃSKA Marta	96	KOCIE MORDY	09:10	9	09:10	01:03:08.25	+00:36:05 (57.2%)	12:37	4.8 (43.2%)
174	WŁODARCZYK Grzegorz	97	KOCIE MORDY	09:10	9	09:10	01:03:08.25	+00:36:05 (57.2%)	12:37	4.8 (43.2%)
176	LECH Kajetan	551		14:40	7	14:40	01:03:20.95	+00:36:17 (57.3%)	12:40	4.7 (42.3%)
177	JÓŹWIAK Piotr	543		14:40	8	14:40	01:03:21.05	+00:36:17 (57.3%)	12:40	4.7 (42.3%)
178	TUPACZEWSKI Piotr	222	BIELAŃSKIE RIKI-TIKI	10:40	6	10:40	01:03:27.40	+00:36:24 (57.4%)	12:41	4.7 (42.3%)
179	KUTERA Michał	60	ESSA TEAM	09:00	12	09:00	01:03:40.95	+00:36:37 (57.5%)	12:44	4.7 (42.3%)
180	TURCHAN Maciej	577		13:30	5	13:30	01:03:43.75	+00:36:40 (57.5%)	12:44	4.7 (42.3%)
181	WIŚNIEWSKI Marcel	440		13:30	6	13:30	01:04:04.40	+00:37:01 (57.8%)	12:48	4.7 (42.3%)
182	KURPIOS Milena	221	BIELAŃSKIE RIKI-TIKI	10:40	7	10:40	01:04:06.00	+00:37:02 (57.8%)	12:49	4.7 (42.3%)
183	MERINO Juan Francisco	435		13:30	7	13:30	01:04:10.25	+00:37:07 (57.8%)	12:50	4.7 (42.3%)
184	MOJSYM Krzysztof	383		12:20	12	12:20	01:04:10.35	+00:37:07 (57.8%)	12:50	4.7 (42.3%)
185	PIASECKA Karolina	386		12:20	13	12:20	01:04:10.40	+00:37:07 (57.8%)	12:50	4.7 (42.3%)
186	WIŚNIEWSKI Norbert	441		13:30	8	13:30	01:04:10.60	+00:37:07 (57.8%)	12:50	4.7 (42.3%)
187	CHOROŚ Sylwia	431		13:30	9	13:30	01:04:11.80	+00:37:08 (57.9%)	12:50	4.7 (42.3%)
188	SZULIM Tomasz	439		13:30	10	13:30	01:04:11.85	+00:37:08 (57.9%)	12:50	4.7 (42.3%)
189	KARAŚ Magdalena	433		13:30	11	13:30	01:04:12.30	+00:37:09 (57.9%)	12:50	4.7 (42.3%)
190	KANIA Marcin	546		14:40	9	14:40	01:04:20.10	+00:37:16 (57.9%)	12:52	4.7 (42.3%)
191	BROMA Adam	538	EDELEO TEAM	14:40	10	14:40	01:04:20.60	+00:37:17 (58.0%)	12:52	4.7 (42.3%)
192	JAGLIŃSKI Rafał	430	RUNMAGEDDONOWE ŚWIRY	13:30	12	13:30	01:04:22.10	+00:37:18 (58.0%)	12:52	4.7 (42.3%)
193	JAGLIŃSKA Alicja	429	RUNMAGEDDONOWE ŚWIRY	13:30	13	13:30	01:04:22.40	+00:37:19 (58.0%)	12:52	4.7 (42.3%)
194	WÓJCICKA Aleksandra	391		12:20	14	12:20	01:04:34.90	+00:37:31 (58.1%)	12:54	4.6 (41.4%)
195	ZNAJDEK Arkadiusz	394		12:20	15	12:20	01:04:38.70	+00:37:35 (58.2%)	12:55	4.6 (41.4%)
196	SYCZ Michał	531		14:10	13	14:10	01:04:56.60	+00:37:53 (58.3%)	12:59	4.6 (41.4%)
197	WIŚNIEWSKI Eryk	532		14:10	14	14:10	01:04:56.70	+00:37:53 (58.3%)	12:59	4.6 (41.4%)
198	KRZOSA Radek	536	DEKADENCI	14:40	11	14:40	01:05:00.65	+00:37:57 (58.4%)	13:00	4.6 (41.4%)
199	WÓJCICKI Lukasz	392		12:20	16	12:20	01:05:05.80	+00:38:02 (58.4%)	13:01	4.6 (41.4%)
200	SEROCZYŃSKI Adrian	387		12:20	17	12:20	01:05:11.10	+00:38:07 (58.5%)	13:02	4.6 (41.4%)
201	NAWOROL Aleksandra	296		11:50	9	11:50	01:05:12.55	+00:38:09 (58.5%)	13:02	4.6 (41.4%)
202	KUJAWA Małgorzata	84		09:00	13	09:00	01:05:12.95	+00:38:09 (58.5%)	13:02	4.6 (41.4%)
202	GÓRECKA Anna	81		09:00	13	09:00	01:05:12.95	+00:38:09 (58.5%)	13:02	4.6 (41.4%)
204	MURAT Krzysztof	295		11:50	10	11:50	01:05:13.90	+00:38:10 (58.5%)	13:02	4.6 (41.4%)
205	KAMIŃSKI Marcin	402	MELVIT TEAM	12:30	9	12:30	01:05:20.10	+00:38:16 (58.6%)	13:04	4.6 (41.4%)
206	MRÓZ Adrian	420		12:30	10	12:30	01:05:20.40	+00:38:17 (58.6%)	13:04	4.6 (41.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas		Tempo min/km	Tempo km/h
							netto	Różn		
207	BIAŁOBRZESKI Jan	403	MELVIT TEAM	12:30	11	12:30	01:05:20.95	+00:38:17 (58.6%)	13:04	4.6 (41.4%)
208	RATAJCZAK Agata	272		10:50	3	10:50	01:05:22.00	+00:38:18 (58.6%)	13:04	4.6 (41.4%)
209	OLBRYŚ Adam	269		10:50	4	10:50	01:05:22.05	+00:38:18 (58.6%)	13:04	4.6 (41.4%)
210	MITAL Artur	248		10:40	8	10:40	01:05:29.85	+00:38:26 (58.7%)	13:05	4.6 (41.4%)
211	LA CAVA Fabrizioo	563	KOCHAMY PIEROGI PROFESSIONAL RACING TEAM	15:00	5	15:00	01:05:33.35	+00:38:30 (58.7%)	13:06	4.6 (41.4%)
212	KOSNO Rafal	562	KOCHAMY PIEROGI PROFESSIONAL RACING TEAM	15:00	6	15:00	01:05:34.10	+00:38:30 (58.7%)	13:06	4.6 (41.4%)
213	ANDRZEJEWSKI Kamil	337	BEYE KOHANE	12:10	15	12:10	01:05:51.75	+00:38:48 (58.9%)	13:10	4.6 (41.4%)
214	ANDRZEJEWSKA Monika	336	BEYE KOHANE	12:10	16	12:10	01:05:51.95	+00:38:48 (58.9%)	13:10	4.6 (41.4%)
215	ORYCH Maciej	201	HYPERFORM	10:30	7	10:30	01:05:53.85	+00:38:50 (58.9%)	13:10	4.6 (41.4%)
216	PRZYBYSZ Michał	87		09:00	15	09:00	01:06:00.00	+00:38:56 (59.0%)	13:12	4.5 (40.5%)
217	TUROWSKI Piotr	273		10:50	5	10:50	01:06:02.70	+00:38:59 (59.0%)	13:12	4.5 (40.5%)
218	PILAWSKA Daria	528		14:10	15	14:10	01:06:03.90	+00:39:00 (59.1%)	13:12	4.5 (40.5%)
219	GAJEWSKI Jacek	170		10:20	7	10:20	01:06:12.15	+00:39:08 (59.1%)	13:14	4.5 (40.5%)
219	WIECZOREK Bartosz	187		10:20	7	10:20	01:06:12.15	+00:39:08 (59.1%)	13:14	4.5 (40.5%)
221	SKÓRA Marcin	173		10:20	9	10:20	01:06:12.30	+00:39:09 (59.1%)	13:14	4.5 (40.5%)
222	MARCHLEWICZ Kamila	51		08:50	5	08:50	01:06:12.35	+00:39:09 (59.1%)	13:14	4.5 (40.5%)
223	RYBACKI Piotr	54		08:50	6	08:50	01:06:12.55	+00:39:09 (59.1%)	13:14	4.5 (40.5%)
224	ELBA Robert	196	HYPERFORM	10:30	8	10:30	01:06:18.55	+00:39:15 (59.2%)	13:15	4.5 (40.5%)
225	MELEIRO Rui	564	KOCHAMY PIEROGI PROFESSIONAL RACING TEAM	15:00	7	15:00	01:06:23.05	+00:39:19 (59.2%)	13:16	4.5 (40.5%)
226	KOSOWSKI Michał	59	ESSA TEAM	09:00	16	09:00	01:06:33.80	+00:39:30 (59.4%)	13:18	4.5 (40.5%)
227	ŁYŻWA Kamil	61	ESSA TEAM	09:00	17	09:00	01:06:34.90	+00:39:31 (59.4%)	13:18	4.5 (40.5%)
228	KOSOWSKI Bartosz	58	ESSA TEAM	09:00	18	09:00	01:06:36.25	+00:39:33 (59.4%)	13:19	4.5 (40.5%)
229	KĘDZIORA Łukasz	473	PAPRYKARZE	13:50	1	13:50	01:06:43.90	+00:39:40 (59.5%)	13:20	4.5 (40.5%)
230	CHARZEWSKA Milena	472	PAPRYKARZE	13:50	2	13:50	01:06:45.20	+00:39:42 (59.5%)	13:21	4.5 (40.5%)
231	ŁABECKI Wojciech	199	HYPERFORM	10:30	9	10:30	01:06:49.60	+00:39:46 (59.5%)	13:21	4.5 (40.5%)
232	KRAWCZAK Kamil	434		13:30	14	13:30	01:06:53.75	+00:39:50 (59.6%)	13:22	4.5 (40.5%)
233	KASPRZAK Sebastian	587	SPECTRUM TEAM	12:10	17	12:10	01:07:14.10	+00:40:10 (59.8%)	13:26	4.5 (40.5%)
234	KRZEMIŃSKI Łukasz	569		15:00	8	15:00	01:07:32.60	+00:40:29 (59.9%)	13:30	4.4 (39.6%)
235	MAZUREK Maciej	498		14:00	8	14:00	01:07:33.70	+00:40:30 (60.0%)	13:30	4.4 (39.6%)
236	KŁOSKOWSKI Jakub	494		14:00	9	14:00	01:07:35.30	+00:40:32 (60.0%)	13:31	4.4 (39.6%)
237	PAWELSKI Oskar	385		12:20	18	12:20	01:07:49.25	+00:40:46 (60.1%)	13:33	4.4 (39.6%)
238	PTASZYŃSKA Agnieszka	582		10:20	10	10:20	01:07:51.20	+00:40:48 (60.1%)	13:34	4.4 (39.6%)
239	DUDEK Dariusz	581		10:20	11	10:20	01:07:51.80	+00:40:48 (60.1%)	13:34	4.4 (39.6%)
240	WOJTASIK Agnieszka	585		12:00	14	12:00	01:08:04.15	+00:41:00 (60.3%)	13:36	4.4 (39.6%)
241	KALINOWSKA Ilona	584		12:00	15	12:00	01:08:04.35	+00:41:01 (60.3%)	13:36	4.4 (39.6%)
242	CIULIŃSKA-RĘBECKA Iwona	240		10:40	9	10:40	01:08:08.45	+00:41:05 (60.3%)	13:37	4.4 (39.6%)
243	JANKOWSKI Andrzej	583		10:40	10	10:40	01:08:08.90	+00:41:05 (60.3%)	13:37	4.4 (39.6%)
244	SKOLIK Andrzej	88		09:00	19	09:00	01:08:36.60	+00:41:33 (60.6%)	13:43	4.4 (39.6%)
245	LIPSKI Jakub	203	JRG BŁONIE	10:30	10	10:30	01:08:36.85	+00:41:33 (60.6%)	13:43	4.4 (39.6%)
246	FRĄCZAK Dawid	376		12:20	19	12:20	01:08:50.25	+00:41:47 (60.7%)	13:46	4.4 (39.6%)
247	MICHALAK Grzegorz	247		10:40	11	10:40	01:08:50.40	+00:41:47 (60.7%)	13:46	4.4 (39.6%)
248	STAŃCZAK Aneta	152		10:10	5	10:10	01:08:50.65	+00:41:47 (60.7%)	13:46	4.4 (39.6%)
249	SZCZEPANEK Robert	165	TURBOŚLIMAKI	10:20	12	10:20	01:08:51.15	+00:41:47 (60.7%)	13:46	4.4 (39.6%)
249	KORNAS Agnieszka	164	TURBOŚLIMAKI	10:20	12	10:20	01:08:51.15	+00:41:47 (60.7%)	13:46	4.4 (39.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas		Tempo min/km	Tempo km/h
							netto	Różn		
251	SZYPERSKI Maciej	166	TURBOŚLIMAKI	10:20	14	10:20	01:08:51.25	+00:41:48 (60.7%)	13:46	4.4 (39.6%)
252	PODBIELSKA Gosia	423		12:30	12	12:30	01:08:57.10	+00:41:53 (60.8%)	13:47	4.4 (39.6%)
253	PODBIELSKI Krystian	424		12:30	13	12:30	01:08:57.30	+00:41:54 (60.8%)	13:47	4.4 (39.6%)
254	MAŃKOWSKI Wojciech	204	JRG BŁONIE	10:30	11	10:30	01:08:58.20	+00:41:55 (60.8%)	13:47	4.3 (38.7%)
255	OPALA Maciej	526		14:10	16	14:10	01:09:02.40	+00:41:59 (60.8%)	13:48	4.3 (38.7%)
256	KISZKURNO Daniel	145		10:10	6	10:10	01:09:02.60	+00:41:59 (60.8%)	13:48	4.3 (38.7%)
257	RUTKOWSKI Adam	151		10:10	7	10:10	01:09:03.00	+00:41:59 (60.8%)	13:48	4.3 (38.7%)
258	OPALA Anna	525		14:10	17	14:10	01:09:03.55	+00:42:00 (60.8%)	13:48	4.3 (38.7%)
259	MELNYK Andrii	523		14:10	18	14:10	01:09:04.15	+00:42:00 (60.8%)	13:48	4.3 (38.7%)
260	WOJTKOWSKA Agata	347	SPECTRUM TEAM	12:10	18	12:10	01:09:05.10	+00:42:01 (60.8%)	13:49	4.3 (38.7%)
261	WIŚNIEWSKI Tomasz	346	SPECTRUM TEAM	12:10	19	12:10	01:09:05.70	+00:42:02 (60.8%)	13:49	4.3 (38.7%)
261	BIEŃ Julia	535	DEKADENCI	14:40	12	14:40	01:09:05.70	+00:42:02 (60.8%)	13:49	4.3 (38.7%)
263	PAWEŁKIEWICZ Grzegorz	537	DEKADENCI	14:40	13	14:40	01:09:06.00	+00:42:02 (60.8%)	13:49	4.3 (38.7%)
264	ZHUK Tina	534		14:10	19	14:10	01:09:07.50	+00:42:04 (60.9%)	13:49	4.3 (38.7%)
265	ZHUCHKO Maryia	533		14:10	20	14:10	01:09:09.35	+00:42:06 (60.9%)	13:49	4.3 (38.7%)
266	KOWALSKI Robert	176		10:20	15	10:20	01:09:13.50	+00:42:10 (60.9%)	13:50	4.3 (38.7%)
267	PASZKOWSKI Tomasz	182		10:20	16	10:20	01:09:13.70	+00:42:10 (60.9%)	13:50	4.3 (38.7%)
268	SZTYLKA Sylwia	364		12:10	20	12:10	01:09:20.60	+00:42:17 (61.0%)	13:52	4.3 (38.7%)
269	KWAPISZ Dawid	358		12:10	21	12:10	01:09:21.35	+00:42:18 (61.0%)	13:52	4.3 (38.7%)
270	MICHALAK Artur	553		14:40	14	14:40	01:09:41.30	+00:42:38 (61.2%)	13:56	4.3 (38.7%)
271	FRANASZEK Tomasz	65	FRANASZKOWELOVE	09:00	20	09:00	01:09:53.70	+00:42:50 (61.3%)	13:58	4.3 (38.7%)
272	JAKUBOWSKA Anna	66	FRANASZKOWELOVE	09:00	21	09:00	01:09:53.95	+00:42:50 (61.3%)	13:58	4.3 (38.7%)
273	RACHWAŁ Marcin	360		12:10	22	12:10	01:09:54.05	+00:42:50 (61.3%)	13:58	4.3 (38.7%)
274	PIGOŃ Mikołaj	343	SKOWRONKI	12:10	23	12:10	01:09:55.20	+00:42:52 (61.3%)	13:59	4.3 (38.7%)
275	OŁDAK Daniel	297		11:50	11	11:50	01:09:57.40	+00:42:54 (61.3%)	13:59	4.3 (38.7%)
276	WILCZEK Lukasz	67	GLADIATOR TEAM	09:00	22	09:00	01:10:00.05	+00:42:56 (61.4%)	14:00	4.3 (38.7%)
277	POPIS Kacper	185		10:20	17	10:20	01:10:02.20	+00:42:59 (61.4%)	14:00	4.3 (38.7%)
278	KARWAT Dawid	172		10:20	18	10:20	01:10:02.90	+00:42:59 (61.4%)	14:00	4.3 (38.7%)
279	MROZIŃSKI Maciej	149		10:20	19	10:20	01:10:03.00	+00:42:59 (61.4%)	14:00	4.3 (38.7%)
280	DOLNIAK Damian	202	JRG BŁONIE	10:30	12	10:30	01:10:08.70	+00:43:05 (61.4%)	14:01	4.3 (38.7%)
281	GŁOWACKI Bartosz	80		09:00	23	09:00	01:10:08.75	+00:43:05 (61.4%)	14:01	4.3 (38.7%)
282	ZADROŻNA Olga	39	CROSS TRENING MAZOVIA CIECHANÓW	08:50	7	08:50	01:10:13.40	+00:43:10 (61.5%)	14:02	4.3 (38.7%)
283	KITALA Radosław	104	WILK TRENUJE FAMILY (WTF)	09:10	11	09:10	01:10:14.15	+00:43:10 (61.5%)	14:02	4.3 (38.7%)
284	ZADROŻNY Krzysztof	40	CROSS TRENING MAZOVIA CIECHANÓW	08:50	8	08:50	01:10:14.20	+00:43:11 (61.5%)	14:02	4.3 (38.7%)
285	BISKUP Michał	110		09:10	12	09:10	01:10:14.75	+00:43:11 (61.5%)	14:02	4.3 (38.7%)
286	KNOPIK Łukasz	89	#BLUES BROTHERS#	09:10	13	09:10	01:10:17.35	+00:43:14 (61.5%)	14:03	4.3 (38.7%)
287	KSIĘŻAK Sylwester	198	HYPERFORM	10:30	13	10:30	01:10:19.65	+00:43:16 (61.5%)	14:03	4.3 (38.7%)
288	DEREK Maciej	226	GRZMOTY POSEJDONA	10:40	12	10:40	01:10:23.45	+00:43:20 (61.6%)	14:04	4.3 (38.7%)
289	BYLINKA Marek	239		10:40	13	10:40	01:10:23.95	+00:43:20 (61.6%)	14:04	4.3 (38.7%)
290	LEWANDOWSKI Marcin	200	HYPERFORM	10:30	14	10:30	01:10:26.75	+00:43:23 (61.6%)	14:05	4.3 (38.7%)
291	RANT Adam	283	PAULINA DAWAJ	11:50	12	11:50	01:10:28.85	+00:43:25 (61.6%)	14:05	4.3 (38.7%)
292	SŁAWSKI Jan	557		14:40	15	14:40	01:10:56.30	+00:43:53 (61.9%)	14:11	4.2 (37.8%)
293	SŁAWSKA Aneta	556		14:40	16	14:40	01:10:56.40	+00:43:53 (61.9%)	14:11	4.2 (37.8%)
294	KOSMOWSKI Krzysztof	548		14:40	17	14:40	01:10:57.55	+00:43:54 (61.9%)	14:11	4.2 (37.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas		Tempo min/km	Tempo km/h
							netto 5km	Różn		
295	MALUGA Mateusz	552		14:40	18	14:40	01:10:57.85	+00:43:54 (61.9%)	14:11	4.2 (37.8%)
296	PIGOŃ Julian	342	SKOWRONKI	12:10	24	12:10	01:11:01.20	+00:43:58 (61.9%)	14:12	4.2 (37.8%)
296	SKOWROŃSKI Cezary	344	SKOWRONKI	12:10	24	12:10	01:11:01.20	+00:43:58 (61.9%)	14:12	4.2 (37.8%)
298	SĄCZAWA Filip	301		11:50	13	11:50	01:11:04.00	+00:44:00 (61.9%)	14:12	4.2 (37.8%)
299	HOLC Piotr	22		08:30	24	08:30	01:11:06.30	+00:44:03 (62.0%)	14:13	4.2 (37.8%)
300	CHOŁAŚCIŃSKI Wojciech	100	UNITED RUNNERS	09:10	14	09:10	01:11:11.40	+00:44:08 (62.0%)	14:14	4.2 (37.8%)
301	PONSKI Cezary	116		09:10	15	09:10	01:11:35.90	+00:44:32 (62.2%)	14:19	4.2 (37.8%)
302	KOWALCZYK Tomasz	114		09:10	16	09:10	01:11:40.60	+00:44:37 (62.3%)	14:20	4.2 (37.8%)
303	ŁUKASZEWSKI Łukasz	243		10:40	14	10:40	01:11:50.45	+00:44:47 (62.3%)	14:22	4.2 (37.8%)
304	FIJAŁKOWSKA Marta	460	SPORTERA OCR	13:30	15	13:30	01:11:50.60	+00:44:47 (62.3%)	14:22	4.2 (37.8%)
305	KRYSIAK Marjena	521		10:40	15	10:40	01:11:50.65	+00:44:47 (62.3%)	14:22	4.2 (37.8%)
306	SOSZYŃSKI Robert	461	SPORTERA OCR	13:30	16	13:30	01:11:50.70	+00:44:47 (62.3%)	14:22	4.2 (37.8%)
307	KRYSZTOFIK Maciej	265		10:50	6	10:50	01:12:00.25	+00:44:57 (62.4%)	14:24	4.2 (37.8%)
308	PASIEKA Damian	367	TRENER24H.COM.PL	12:20	20	12:20	01:12:00.35	+00:44:57 (62.4%)	14:24	4.2 (37.8%)
309	BENES Konrad	266		10:50	7	10:50	01:12:00.90	+00:44:57 (62.4%)	14:24	4.2 (37.8%)
310	KARBOWSKA Karolina	464		13:40	11	13:40	01:12:07.40	+00:45:04 (62.5%)	14:25	4.2 (37.8%)
311	ŁĄTKOWSKA Kinga	466		13:40	12	13:40	01:12:07.65	+00:45:04 (62.5%)	14:25	4.2 (37.8%)
312	ŁĄTKOWSKA Mirka	467		13:40	13	13:40	01:12:07.85	+00:45:04 (62.5%)	14:25	4.2 (37.8%)
313	SOLIŃSKI Piotr	251		10:40	16	10:40	01:12:16.95	+00:45:13 (62.6%)	14:27	4.2 (37.8%)
314	CHACINSKA Karolina	463		13:40	14	13:40	01:12:20.50	+00:45:17 (62.6%)	14:28	4.1 (36.9%)
315	MATKOWSKA Martyna	469		13:40	15	13:40	01:12:28.10	+00:45:24 (62.7%)	14:29	4.1 (36.9%)
316	MIERZEJEWSKA Anna	571		15:00	9	15:00	01:12:31.15	+00:45:27 (62.7%)	14:30	4.1 (36.9%)
317	MIKOŁAJCZYK Adrian	572		15:00	10	15:00	01:12:31.70	+00:45:28 (62.7%)	14:30	4.1 (36.9%)
318	PILAWSKI Piotr	513	RUNMAGEDDONOWE ŚWIRY	14:10	21	14:10	01:12:32.30	+00:45:29 (62.7%)	14:30	4.1 (36.9%)
319	OZIEMKIEWICZ Katarzyna	271		10:50	8	10:50	01:12:38.95	+00:45:35 (62.8%)	14:31	4.1 (36.9%)
320	PIEKART Bartosz	470		13:40	16	13:40	01:12:39.65	+00:45:36 (62.8%)	14:31	4.1 (36.9%)
321	JAROŃ Bartosz	263		10:50	9	10:50	01:12:40.50	+00:45:37 (62.8%)	14:32	4.1 (36.9%)
322	LEGWANT Karolina	588		13:40	17	13:40	01:12:40.60	+00:45:37 (62.8%)	14:32	4.1 (36.9%)
323	LIPIŃSKA Julita	267		10:50	10	10:50	01:12:42.15	+00:45:38 (62.8%)	14:32	4.1 (36.9%)
324	KARMUSIK Norbert	589		13:40	18	13:40	01:12:42.40	+00:45:39 (62.8%)	14:32	4.1 (36.9%)
325	SZTENDEL Wojciech	506		14:00	10	14:00	01:12:43.70	+00:45:40 (62.8%)	14:32	4.1 (36.9%)
326	RUSEK Krzysztof	216		10:30	15	10:30	01:13:05.35	+00:46:02 (63.0%)	14:37	4.1 (36.9%)
327	BORKOWSKI Jarosław	48		08:50	9	08:50	01:13:08.50	+00:46:05 (63.0%)	14:37	4.1 (36.9%)
328	DĘBSKI Robert	50		08:50	10	08:50	01:13:09.65	+00:46:06 (63.0%)	14:37	4.1 (36.9%)
329	WILCZYŃSKI Artur	139	KLUB SPORTOWY DRAGON	10:10	8	10:10	01:13:11.75	+00:46:08 (63.0%)	14:38	4.1 (36.9%)
330	WILCZYŃSKA Milena	138	KLUB SPORTOWY DRAGON	10:10	9	10:10	01:13:11.80	+00:46:08 (63.0%)	14:38	4.1 (36.9%)
331	KOZYRA Krzysiek	311	TO NIE SĄ LESZCZE STEFAN!	12:00	16	12:00	01:13:23.90	+00:46:20 (63.1%)	14:40	4.1 (36.9%)
332	OGRODOWCZYK Jakub	313	TO NIE SĄ LESZCZE STEFAN!	12:00	17	12:00	01:13:24.95	+00:46:21 (63.2%)	14:40	4.1 (36.9%)
333	MODZELEWSKI Mikołaj	312	TO NIE SĄ LESZCZE STEFAN!	12:00	18	12:00	01:13:27.85	+00:46:24 (63.2%)	14:41	4.1 (36.9%)
334	DWORECKA Justyna	539	I'M HERE FOR BEER	14:40	19	14:40	01:13:32.85	+00:46:29 (63.2%)	14:42	4.1 (36.9%)
335	MIROTA Dominika	541	I'M HERE FOR BEER	14:40	20	14:40	01:13:34.55	+00:46:31 (63.2%)	14:42	4.1 (36.9%)
336	MATRACKA Magdalena	231	RUNMAGEDDONOWE ŚWIRY	10:40	17	10:40	01:13:36.65	+00:46:33 (63.2%)	14:43	4.1 (36.9%)
337	CZERNIKOWSKI Daniel	230	RUNMAGEDDONOWE ŚWIRY	10:40	18	10:40	01:13:36.70	+00:46:33 (63.2%)	14:43	4.1 (36.9%)
338	GABARA Aleksander	540	I'M HERE FOR BEER	14:40	21	14:40	01:13:42.55	+00:46:39 (63.3%)	14:44	4.1 (36.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas		Tempo min/km	Tempo km/h	
							netto	Różn			
							5km				
339	NIEMCZYK Paweł	499			14:10	22	14:10	01:13:47.80	+00:46:44 (63.3%)	14:45	4.1 (36.9%)
340	JANISZEWSKI Mikołaj	318			12:00	19	12:00	01:13:50.15	+00:46:46 (63.4%)	14:46	4.1 (36.9%)
341	JANISZEWSKI Grzegorz	306	DZIADY OCR		12:00	20	12:00	01:13:50.20	+00:46:47 (63.4%)	14:46	4.1 (36.9%)
342	SAK Cezary	7	CZAKISPORT.BLOGSPOT.COM		08:30	25	08:30	01:13:50.85	+00:46:47 (63.4%)	14:46	4.1 (36.9%)
343	URBANOWICZ Magdalena	8	CZAKISPORT.BLOGSPOT.COM		08:30	26	08:30	01:13:53.40	+00:46:50 (63.4%)	14:46	4.1 (36.9%)
344	BIAŁOBLÓCKI Kacper	338	BIEGAJĄCE CHLORY		12:10	26	12:10	01:14:00.40	+00:46:57 (63.4%)	14:48	4.1 (36.9%)
345	JANIAK Łukasz	339	BIEGAJĄCE CHLORY		12:10	27	12:10	01:14:00.75	+00:46:57 (63.4%)	14:48	4.1 (36.9%)
346	KOSTENIEWICZ Anna	146			10:10	10	10:10	01:14:12.35	+00:47:09 (63.5%)	14:50	4 (36.0%)
347	COL Kamil	143			10:10	11	10:10	01:14:12.90	+00:47:09 (63.5%)	14:50	4 (36.0%)
348	KOWALCZYK Piotr	35			08:40	8	08:40	01:14:41.20	+00:47:38 (63.8%)	14:56	4 (36.0%)
349	PIOTROWSKI Jerzy	126	DZIADY OCR		08:50	11	08:50	01:14:49.95	+00:47:46 (63.8%)	14:57	4 (36.0%)
350	NALEWAJCZYK Anna	323			12:00	21	12:00	01:14:54.10	+00:47:50 (63.9%)	14:58	4 (36.0%)
351	GASIOR Rafał	95	GRUPA DOBREGO BALETU		09:10	17	09:10	01:15:03.90	+00:48:00 (64.0%)	15:00	4 (36.0%)
352	BANASZEK Tomasz	94	GRUPA DOBREGO BALETU		09:10	18	09:10	01:15:05.00	+00:48:01 (64.0%)	15:01	4 (36.0%)
353	SWARBUŁA Jarosław	303			11:50	14	11:50	01:15:18.45	+00:48:15 (64.1%)	15:03	4 (36.0%)
354	WIECHETEK Jarosław	118			09:10	19	09:10	01:15:19.10	+00:48:15 (64.1%)	15:03	4 (36.0%)
355	TURLEJ Paweł	252			10:40	19	10:40	01:15:28.10	+00:48:24 (64.2%)	15:05	4 (36.0%)
356	FEDEROWICZ Beata	518			14:10	23	14:10	01:15:34.40	+00:48:31 (64.2%)	15:06	4 (36.0%)
357	CZYCZUK Mateusz	511	POŁAMANI LECZ WYGRANI		14:10	24	14:10	01:15:34.75	+00:48:31 (64.2%)	15:06	4 (36.0%)
358	KALINOWSKI Cezary	512	POŁAMANI LECZ WYGRANI		14:10	25	14:10	01:15:35.30	+00:48:32 (64.2%)	15:07	4 (36.0%)
359	KWIATKOWSKA Maja	190	ATOMOWE KRASNALE		10:30	16	10:30	01:15:39.95	+00:48:36 (64.2%)	15:07	4 (36.0%)
360	PRZEPIÓRA Jacek	191	ATOMOWE KRASNALE		10:30	17	10:30	01:15:40.25	+00:48:37 (64.2%)	15:08	4 (36.0%)
361	STRZELCZYK Magdalena	219			10:30	18	10:30	01:15:44.60	+00:48:41 (64.3%)	15:08	4 (36.0%)
362	STRZELCZYK Tomasz	220			10:30	19	10:30	01:15:44.85	+00:48:41 (64.3%)	15:08	4 (36.0%)
363	MATYSIAK Jakub	246			10:40	20	10:40	01:15:47.85	+00:48:44 (64.3%)	15:09	4 (36.0%)
364	GÓRNAŚ Zofia	398	BOXING TEAM		12:30	14	12:30	01:15:50.30	+00:48:47 (64.3%)	15:10	4 (36.0%)
365	GÓRNAŚ Tomasz	397	BOXING TEAM		12:30	15	12:30	01:15:51.20	+00:48:48 (64.3%)	15:10	4 (36.0%)
365	PTASZEK Agnieszka	400	BOXING TEAM		12:30	15	12:30	01:15:51.20	+00:48:48 (64.3%)	15:10	4 (36.0%)
367	WANNA Wiktoria	401	BOXING TEAM		12:30	17	12:30	01:15:51.50	+00:48:48 (64.3%)	15:10	4 (36.0%)
368	MACIŃSKA Malgorzata	399	BOXING TEAM		12:30	18	12:30	01:15:51.65	+00:48:48 (64.3%)	15:10	4 (36.0%)
369	GIBALSKI Jarek	396	BOXING TEAM		12:30	19	12:30	01:15:51.95	+00:48:48 (64.3%)	15:10	4 (36.0%)
370	FRĄCKIEWICZ Maciej	395	BOXING TEAM		12:30	20	12:30	01:15:54.30	+00:48:51 (64.4%)	15:10	4 (36.0%)
371	GOMOŁA-PARADOWSKA Anna	207	POWER TRAINING		10:30	20	10:30	01:16:10.85	+00:49:07 (64.5%)	15:14	3.9 (35.1%)
372	NALEWAJCZYK Tomasz	324			12:00	22	12:00	01:16:22.15	+00:49:18 (64.6%)	15:16	3.9 (35.1%)
373	JAGODZIŃSKA Martyna	171			10:20	20	10:20	01:16:23.70	+00:49:20 (64.6%)	15:16	3.9 (35.1%)
374	LISIECKI Konrad	180			10:20	21	10:20	01:16:24.20	+00:49:21 (64.6%)	15:16	3.9 (35.1%)
375	PAJDA Mateusz	183			10:20	22	10:20	01:16:24.40	+00:49:21 (64.6%)	15:16	3.9 (35.1%)
376	WIETRZYCKI Marcin	162	REBELLION OF FREE RUNNERS		10:20	23	10:20	01:16:35.70	+00:49:32 (64.7%)	15:19	3.9 (35.1%)
377	LEWANDOWSKI Linus	426	HOMOKOMANDO		13:30	17	13:30	01:16:44.90	+00:49:41 (64.8%)	15:20	3.9 (35.1%)
378	OLENDER Kamil	427	HOMOKOMANDO		13:30	18	13:30	01:16:45.65	+00:49:42 (64.8%)	15:21	3.9 (35.1%)
379	WYPYCH Sebastian	304			11:50	15	11:50	01:17:03.90	+00:50:00 (64.9%)	15:24	3.9 (35.1%)
380	KUCHARSKA Sylwia	308	PACZKOŚWIRY		12:00	23	12:00	01:17:17.55	+00:50:14 (65.0%)	15:27	3.9 (35.1%)
381	MIELCARZ Marcin	359			12:00	24	12:00	01:17:17.85	+00:50:14 (65.0%)	15:27	3.9 (35.1%)
382	CZUBAT Paweł	483	DZIKI Z CZECHOWA		14:00	11	14:00	01:17:20.90	+00:50:17 (65.0%)	15:28	3.9 (35.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas		Tempo min/km	Tempo km/h
							netto	Różn		
383	ZAWŁOCKA Milena	507		14:00	12	14:00	01:17:21.75	+00:50:18 (65.0%)	15:28	3.9 (35.1%)
384	ZIELIŃSKI Kamil	508		14:00	13	14:00	01:17:22.15	+00:50:18 (65.0%)	15:28	3.9 (35.1%)
385	ANYSZKIEWICZ Łukasz	591		13:30	19	13:30	01:17:33.50	+00:50:30 (65.1%)	15:30	3.9 (35.1%)
386	CZAJKA Szymon	442	BETON SQUAD	13:30	20	13:30	01:17:34.10	+00:50:30 (65.1%)	15:30	3.9 (35.1%)
387	SOBIERAJ Łukasz	590		13:30	21	13:30	01:17:38.05	+00:50:34 (65.2%)	15:31	3.9 (35.1%)
388	ZAKRZEWSKI Grzegorz	45	POWER TRAINING	08:50	12	08:50	01:17:44.00	+00:50:40 (65.2%)	15:32	3.9 (35.1%)
389	DUDA Paula	566		15:00	11	15:00	01:18:06.00	+00:51:02 (65.4%)	15:37	3.8 (34.2%)
390	DOLIŃSKI Bartosz	261		10:50	11	10:50	01:18:09.90	+00:51:06 (65.4%)	15:37	3.8 (34.2%)
391	MACHELSKA Agata	181		10:30	21	10:30	01:18:24.75	+00:51:21 (65.5%)	15:40	3.8 (34.2%)
392	KUCHTA Gabriel	133	HEHE BIEGAMY	10:10	12	10:10	01:18:25.30	+00:51:22 (65.5%)	15:41	3.8 (34.2%)
393	FRONCZEK Marlena	132	HEHE BIEGAMY	10:10	13	10:10	01:18:25.50	+00:51:22 (65.5%)	15:41	3.8 (34.2%)
394	MANIARA Adam	168	UNITED RUNNERS	10:30	22	10:30	01:18:25.65	+00:51:22 (65.5%)	15:41	3.8 (34.2%)
395	KUCHTA Rafał	134	HEHE BIEGAMY	10:10	14	10:10	01:18:25.75	+00:51:22 (65.5%)	15:41	3.8 (34.2%)
396	UGOLIK Paweł	136	HEHE BIEGAMY	10:10	15	10:10	01:18:26.05	+00:51:22 (65.5%)	15:41	3.8 (34.2%)
397	PRZYBOROWSKA Justyna	135	HEHE BIEGAMY	10:10	16	10:10	01:18:26.35	+00:51:23 (65.5%)	15:41	3.8 (34.2%)
398	SIERADZAN Michał	42	EKIPA SPRZĄTAJĄCA	08:50	13	08:50	01:18:40.15	+00:51:36 (65.6%)	15:44	3.8 (34.2%)
399	ŚLIWIŃSKI Kamil	43	EKIPA SPRZĄTAJĄCA	08:50	14	08:50	01:18:41.10	+00:51:37 (65.6%)	15:44	3.8 (34.2%)
400	MILLER Bartosz	41	EKIPA SPRZĄTAJĄCA	08:50	15	08:50	01:18:45.80	+00:51:42 (65.7%)	15:45	3.8 (34.2%)
401	DOMAGAŁA Joanna	241		10:40	21	10:40	01:18:49.20	+00:51:46 (65.7%)	15:45	3.8 (34.2%)
402	WYDERKA Agnieszka	561		12:30	21	12:30	01:18:50.50	+00:51:47 (65.7%)	15:46	3.8 (34.2%)
403	STANIUK Bartosz	333		12:30	22	12:30	01:18:50.85	+00:51:47 (65.7%)	15:46	3.8 (34.2%)
404	OTOLIŃSKI Mateusz	249		10:40	22	10:40	01:18:52.50	+00:51:49 (65.7%)	15:46	3.8 (34.2%)
405	PACHULSKI Michał	554		15:00	12	15:00	01:18:58.25	+00:51:55 (65.7%)	15:47	3.8 (34.2%)
406	BANASZEK Paweł	542		15:00	13	15:00	01:18:58.35	+00:51:55 (65.7%)	15:47	3.8 (34.2%)
407	MATULKA Michał	245		10:40	23	10:40	01:18:58.50	+00:51:55 (65.7%)	15:47	3.8 (34.2%)
408	KOSTRZEWA Anita	264		10:50	12	10:50	01:19:16.85	+00:52:13 (65.9%)	15:51	3.8 (34.2%)
409	GNATOWSKI Bartosz	262		10:50	13	10:50	01:19:16.90	+00:52:13 (65.9%)	15:51	3.8 (34.2%)
410	JULIKOWSKI Karol	13	POWER TRAINING	08:30	27	08:30	01:19:32.00	+00:52:28 (66.0%)	15:54	3.8 (34.2%)
411	RACHOCKA Marzena	299		11:50	16	11:50	01:19:37.30	+00:52:34 (66.0%)	15:55	3.8 (34.2%)
412	KUCHAREK Katarzyna	290		11:50	17	11:50	01:19:37.45	+00:52:34 (66.0%)	15:55	3.8 (34.2%)
413	KRAWCZYK Kinga	289		11:50	18	11:50	01:19:37.60	+00:52:34 (66.0%)	15:55	3.8 (34.2%)
414	PUPEK Alicja	502		14:00	14	14:00	01:19:40.45	+00:52:37 (66.0%)	15:56	3.8 (34.2%)
415	OCZAK Katarzyna	500		14:00	15	14:00	01:19:40.75	+00:52:37 (66.0%)	15:56	3.8 (34.2%)
416	PAJĄK Łukasz	501		14:00	16	14:00	01:19:41.05	+00:52:37 (66.0%)	15:56	3.8 (34.2%)
417	FIKUS Anna	79		09:00	24	09:00	01:19:50.50	+00:52:47 (66.1%)	15:58	3.8 (34.2%)
418	KORENKIEWICZ Anna	83		09:00	25	09:00	01:19:53.10	+00:52:49 (66.1%)	15:58	3.8 (34.2%)
419	ŻERO Piotr	305		11:50	19	11:50	01:19:54.15	+00:52:50 (66.1%)	15:58	3.8 (34.2%)
420	KRUPA Kacper	565	TEAM YOUTH	15:00	14	15:00	01:19:59.75	+00:52:56 (66.2%)	15:59	3.8 (34.2%)
421	STACHERA Sylwia	504		14:00	17	14:00	01:20:03.75	+00:53:00 (66.2%)	16:00	3.7 (33.3%)
422	STACHERA Wiktor	505		14:00	18	14:00	01:20:06.35	+00:53:03 (66.2%)	16:01	3.7 (33.3%)
423	ORLICZ Adam	326		12:00	25	12:00	01:20:22.00	+00:53:18 (66.3%)	16:04	3.7 (33.3%)
424	WARYSZAK Sławomir	194	BAMBUSY	10:30	23	10:30	01:20:42.75	+00:53:39 (66.5%)	16:08	3.7 (33.3%)
425	RACZYŃSKA Konstancja	192	BAMBUSY	10:30	24	10:30	01:20:42.80	+00:53:39 (66.5%)	16:08	3.7 (33.3%)
426	KACZOR Maria	544		14:40	22	14:40	01:20:56.05	+00:53:52 (66.6%)	16:11	3.7 (33.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas		Tempo min/km	Tempo km/h
							netto	Różn		
427	KOCZNUR Michał	547		14:40	23	14:40	01:20:56.35	+00:53:53 (66.6%)	16:11	3.7 (33.3%)
428	GRANUSZEWSKA Mariola	317		12:00	26	12:00	01:20:58.35	+00:53:55 (66.6%)	16:11	3.7 (33.3%)
429	TROJAK Marek	335		12:00	27	12:00	01:20:59.15	+00:53:55 (66.6%)	16:11	3.7 (33.3%)
430	REBELKA Małgorzata	329		12:00	28	12:00	01:21:02.90	+00:53:59 (66.6%)	16:12	3.7 (33.3%)
431	REBELKA Joanna	328		12:00	29	12:00	01:21:03.00	+00:53:59 (66.6%)	16:12	3.7 (33.3%)
432	RACZEK Marta	574		15:00	15	15:00	01:21:05.25	+00:54:02 (66.6%)	16:13	3.7 (33.3%)
432	SYREWICZ Iga	576		15:00	15	15:00	01:21:05.25	+00:54:02 (66.6%)	16:13	3.7 (33.3%)
434	SIKORSKI Piotr	388		12:30	23	12:30	01:21:32.55	+00:54:29 (66.8%)	16:18	3.7 (33.3%)
435	LICA Sebastian	382		12:30	24	12:30	01:21:34.30	+00:54:31 (66.8%)	16:18	3.7 (33.3%)
436	LICA Beata	381		12:30	25	12:30	01:21:35.45	+00:54:32 (66.8%)	16:19	3.7 (33.3%)
437	DUWE Krzysztof	375		12:20	21	12:20	01:21:47.95	+00:54:44 (66.9%)	16:21	3.7 (33.3%)
438	KOZIOŁ Krzysztof	380		12:20	22	12:20	01:21:49.50	+00:54:46 (66.9%)	16:21	3.7 (33.3%)
439	NABRDALIK Katarzyna	384		12:20	23	12:20	01:21:49.70	+00:54:46 (66.9%)	16:21	3.7 (33.3%)
440	PIÓRKOWSKA Marta	437		13:30	22	13:30	01:22:24.90	+00:55:21 (67.2%)	16:28	3.6 (32.4%)
441	OSTROWICKA Oliwia	327		12:00	30	12:00	01:22:28.20	+00:55:25 (67.2%)	16:29	3.6 (32.4%)
442	ŻYŁKA Dorota	276		10:50	14	10:50	01:22:28.90	+00:55:25 (67.2%)	16:29	3.6 (32.4%)
443	WIELOGÓRSKA Agnieszka	274		10:50	15	10:50	01:22:29.30	+00:55:26 (67.2%)	16:29	3.6 (32.4%)
444	MAGDALIŃSKA Żaneta	244		10:40	24	10:40	01:22:29.70	+00:55:26 (67.2%)	16:29	3.6 (32.4%)
445	SZOPA Tomasz	155	HOOAH	10:20	24	10:20	01:22:30.30	+00:55:27 (67.2%)	16:30	3.6 (32.4%)
446	KULIGOWSKA Marlena	178		10:20	25	10:20	01:22:30.35	+00:55:27 (67.2%)	16:30	3.6 (32.4%)
447	ZAWIDZKA Katarzyna	232	RUNMAGEDDONOWE ŚWIRY	10:40	25	10:40	01:22:30.65	+00:55:27 (67.2%)	16:30	3.6 (32.4%)
448	ANDRZEJUK Agnieszka	257		10:50	16	10:50	01:22:33.15	+00:55:29 (67.2%)	16:30	3.6 (32.4%)
449	ROMAN Damian	503		14:00	19	14:00	01:22:58.45	+00:55:55 (67.4%)	16:35	3.6 (32.4%)
450	KOWALSKI Kajetan	496		14:00	20	14:00	01:22:58.60	+00:55:55 (67.4%)	16:35	3.6 (32.4%)
451	GIERLICH Agnieszka	130	GANG TOSIAKÓW	10:20	26	10:20	01:23:03.90	+00:56:00 (67.4%)	16:36	3.6 (32.4%)
452	GIBALSKA Martyna	129	GANG TOSIAKÓW	10:20	27	10:20	01:23:03.95	+00:56:00 (67.4%)	16:36	3.6 (32.4%)
453	ANTOSIAK Kuba	127	GANG TOSIAKÓW	10:20	28	10:20	01:23:04.10	+00:56:00 (67.4%)	16:36	3.6 (32.4%)
454	ANTOSIAK Przemysław	128	GANG TOSIAKÓW	10:20	29	10:20	01:23:04.20	+00:56:01 (67.4%)	16:36	3.6 (32.4%)
455	NYGA Michał	256	SZCZUROŁAPY	10:50	17	10:50	01:23:09.45	+00:56:06 (67.5%)	16:37	3.6 (32.4%)
456	MOSZCZYŃSKA Kinga	321		10:50	18	10:50	01:23:09.55	+00:56:06 (67.5%)	16:37	3.6 (32.4%)
457	MIASTOWSKI Bartłomiej	486	TUSIA TEAM	14:00	21	14:00	01:23:27.65	+00:56:24 (67.6%)	16:41	3.6 (32.4%)
457	WIŚNIEWSKA Martyna	487	TUSIA TEAM	14:00	21	14:00	01:23:27.65	+00:56:24 (67.6%)	16:41	3.6 (32.4%)
459	DOBROWOLSKI Piotr	490		14:00	23	14:00	01:23:52.10	+00:56:48 (67.7%)	16:46	3.6 (32.4%)
460	SIEKIERA Rafał	93	FORBET RUNNERS	09:10	20	09:10	01:24:05.60	+00:57:02 (67.8%)	16:49	3.6 (32.4%)
461	MARCINIAK Anna	92	FORBET RUNNERS	09:10	21	09:10	01:24:05.90	+00:57:02 (67.8%)	16:49	3.6 (32.4%)
462	SIEMINSKI Robert	217		10:30	25	10:30	01:24:19.50	+00:57:16 (67.9%)	16:51	3.6 (32.4%)
463	MARTYNOWICZ Dariusz	215		10:30	26	10:30	01:24:19.70	+00:57:16 (67.9%)	16:51	3.6 (32.4%)
464	SKOWROŃSKA Monika	218		10:30	27	10:30	01:24:20.10	+00:57:16 (67.9%)	16:52	3.6 (32.4%)
465	BAK Beata	212		10:30	28	10:30	01:24:20.50	+00:57:17 (67.9%)	16:52	3.6 (32.4%)
466	RUDZIŃSKI Paweł	330		12:00	31	12:00	01:24:22.15	+00:57:18 (67.9%)	16:52	3.6 (32.4%)
467	NASIADKA Mateusz	268		10:50	19	10:50	01:24:40.85	+00:57:37 (68.1%)	16:56	3.5 (31.5%)
468	BUKOWSKI Mateusz	260		10:50	20	10:50	01:24:41.05	+00:57:37 (68.1%)	16:56	3.5 (31.5%)
469	ZDUNEK Adam	275		10:50	21	10:50	01:24:41.40	+00:57:38 (68.1%)	16:56	3.5 (31.5%)
470	TOMASZEWSKI Sławomir	307	MAXIMUS SMT	12:00	32	12:00	01:25:21.25	+00:58:18 (68.3%)	17:04	3.5 (31.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas		Tempo min/km	Tempo km/h
							netto 5km	Różn		
471	KOWALCZUK Agata	253	HARDCORY	10:50	22	10:50	01:26:29.50	+00:59:26 (68.7%)	17:17	3.5 (31.5%)
471	SŁODKOWSKI Marek	254	HARDCORY	10:50	22	10:50	01:26:29.50	+00:59:26 (68.7%)	17:17	3.5 (31.5%)
473	MORAWIEC Jagoda	294		11:50	20	11:50	01:26:34.00	+00:59:30 (68.7%)	17:18	3.5 (31.5%)
474	KRASNOVA Mariya	115		09:10	22	09:10	01:26:52.55	+00:59:49 (68.9%)	17:22	3.5 (31.5%)
475	PTASIŃSKI Kacper	102	UNITED RUNNERS	09:10	23	09:10	01:26:52.75	+00:59:49 (68.9%)	17:22	3.5 (31.5%)
476	NIEŚLUCHOWSKI Łukasz	153	BIG DICK BAOBAB	10:20	30	10:20	01:26:55.90	+00:59:52 (68.9%)	17:23	3.5 (31.5%)
477	RUTKOWSKI Tomasz	154	BIG DICK BAOBAB	10:20	31	10:20	01:26:56.50	+00:59:53 (68.9%)	17:23	3.5 (31.5%)
478	PAWLAK Agnieszka	478		13:50	3	13:50	01:27:19.65	+01:00:16 (69.0%)	17:27	3.4 (30.6%)
479	WINIAREK Iga	479		13:50	4	13:50	01:27:19.95	+01:00:16 (69.0%)	17:27	3.4 (30.6%)
480	GIEMZA Korneliusz	287		11:50	21	11:50	01:27:20.85	+01:00:17 (69.0%)	17:28	3.4 (30.6%)
481	SERZYSKO-WIECZOREK Bernadeta	302		11:50	22	11:50	01:27:22.85	+01:00:19 (69.0%)	17:28	3.4 (30.6%)
482	DOMARECKI Marek	286		11:50	23	11:50	01:27:23.20	+01:00:20 (69.0%)	17:28	3.4 (30.6%)
483	RUGIEŃ Dorota	300		11:50	24	11:50	01:27:24.25	+01:00:21 (69.0%)	17:28	3.4 (30.6%)
484	POPIELUCH Milena	298		11:50	25	11:50	01:27:24.70	+01:00:21 (69.1%)	17:28	3.4 (30.6%)
485	JURKOWSKI Karol	379		12:20	24	12:20	01:28:38.15	+01:01:34 (69.5%)	17:43	3.4 (30.6%)
486	RUTKOWSKA Karolina	27		08:30	28	08:30	01:28:50.55	+01:01:47 (69.5%)	17:46	3.4 (30.6%)
487	RUTKOWSKA Anna	26		08:30	29	08:30	01:28:51.15	+01:01:47 (69.6%)	17:46	3.4 (30.6%)
488	POŁEĆ Karolina	25		08:30	30	08:30	01:28:52.50	+01:01:49 (69.6%)	17:46	3.4 (30.6%)
489	DEC Klaudia	414		12:30	26	12:30	01:29:26.85	+01:02:23 (69.8%)	17:53	3.4 (30.6%)
490	KOSIK Karolina	418		12:30	27	12:30	01:29:27.60	+01:02:24 (69.8%)	17:53	3.4 (30.6%)
491	RUBACHA Robert	425		12:30	28	12:30	01:29:27.90	+01:02:24 (69.8%)	17:53	3.4 (30.6%)
492	MUCHA Michał	421		12:30	29	12:30	01:29:28.95	+01:02:25 (69.8%)	17:53	3.4 (30.6%)
493	OLSZEWSKA Paulina	436		13:30	23	13:30	01:29:46.85	+01:02:43 (69.9%)	17:57	3.3 (29.7%)
494	GAWLIKOWSKA Dominika	474	WUHANKI	13:50	5	13:50	01:29:55.00	+01:02:51 (69.9%)	17:59	3.3 (29.7%)
495	SASS Magdalena	475	WUHANKI	13:50	6	13:50	01:29:55.05	+01:02:51 (69.9%)	17:59	3.3 (29.7%)
496	SKOWRON Arkadiusz	476	WUHANKI	13:50	7	13:50	01:30:13.00	+01:03:09 (70.0%)	18:02	3.3 (29.7%)
497	KAMIŃSKA Natalia	477		13:50	8	13:50	01:30:13.30	+01:03:10 (70.0%)	18:02	3.3 (29.7%)
498	MIROŃCZUK Piotr	228	MIRO TEAM	10:40	26	10:40	01:30:46.15	+01:03:42 (70.2%)	18:09	3.3 (29.7%)
499	KRASIŃSKA Monika	227	MIRO TEAM	10:40	27	10:40	01:30:46.20	+01:03:43 (70.2%)	18:09	3.3 (29.7%)
500	WIOSEK Wojciech	74	HUSARIA RACE TEAM	09:00	26	09:00	01:31:46.20	+01:04:43 (70.5%)	18:21	3.3 (29.7%)
501	REGUŁA Szczepan	72	HUSARIA RACE TEAM	09:00	27	09:00	01:31:46.40	+01:04:43 (70.5%)	18:21	3.3 (29.7%)
502	PIETRZAK Dominik	235	W ZIMNEJ WODZIE KĄPANI	10:40	28	10:40	01:31:48.50	+01:04:45 (70.5%)	18:21	3.3 (29.7%)
503	PIECH Mateusz	234	W ZIMNEJ WODZIE KĄPANI	10:40	29	10:40	01:31:52.25	+01:04:49 (70.6%)	18:22	3.3 (29.7%)
504	RYBAK Paweł	237	W ZIMNEJ WODZIE KĄPANI	10:40	30	10:40	01:31:54.15	+01:04:50 (70.6%)	18:22	3.3 (29.7%)
505	RYBAK Justyna Monika	236	W ZIMNEJ WODZIE KĄPANI	10:40	31	10:40	01:31:54.95	+01:04:51 (70.6%)	18:22	3.3 (29.7%)
506	ZYGMUNT Katarzyna	238	W ZIMNEJ WODZIE KĄPANI	10:40	32	10:40	01:31:55.70	+01:04:52 (70.6%)	18:23	3.3 (29.7%)
507	PAROL Diana	184		10:20	32	10:20	01:32:26.90	+01:05:23 (70.7%)	18:29	3.2 (28.8%)
507	WNOROWSKA Magdalena	161	NIE W SZCZEPIONKĘ TEAM	10:20	32	10:20	01:32:26.90	+01:05:23 (70.7%)	18:29	3.2 (28.8%)
507	WALKOWSKA Jekatierina	160	NIE W SZCZEPIONKĘ TEAM	10:20	32	10:20	01:32:26.90	+01:05:23 (70.7%)	18:29	3.2 (28.8%)
510	WIŚNIEWSKI Arkadiusz	188		10:20	35	10:20	01:32:27.50	+01:05:24 (70.7%)	18:29	3.2 (28.8%)
511	LEWANDOWSKI Przemysław	158	NIE W SZCZEPIONKĘ TEAM	10:20	36	10:20	01:32:27.90	+01:05:24 (70.7%)	18:29	3.2 (28.8%)
512	OSUCH Dorota	156	NIE W SZCZEPIONKĘ TEAM	10:20	37	10:20	01:32:28.60	+01:05:25 (70.7%)	18:29	3.2 (28.8%)
513	LICHAŃSKA Karolina	159	NIE W SZCZEPIONKĘ TEAM	10:20	38	10:20	01:32:29.25	+01:05:26 (70.7%)	18:29	3.2 (28.8%)
514	GRYŻEWSKI Karol	157	NIE W SZCZEPIONKĘ TEAM	10:20	39	10:20	01:32:29.45	+01:05:26 (70.8%)	18:29	3.2 (28.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas		Tempo min/km	Tempo km/h
							netto 5km	Różn		
515	PERSIŃSKA Wiktoria	141	SĄ GORSI	10:10	17	10:10	01:33:12.25	+01:06:09 (71.0%)	18:38	3.2 (28.8%)
516	MIKOŁAJCZYK Klaudyna	140	SĄ GORSI	10:10	18	10:10	01:33:13.50	+01:06:10 (71.0%)	18:38	3.2 (28.8%)
517	SIWIECKI Michał	142	SĄ GORSI	10:10	19	10:10	01:33:16.45	+01:06:13 (71.0%)	18:39	3.2 (28.8%)
518	ROGUSKI Rafał	109	WILK TRENUJE FAMILY (WTF)	09:10	24	09:10	01:33:45.50	+01:06:42 (71.1%)	18:45	3.2 (28.8%)
519	KATOLO Magdalena	103	WILK TRENUJE FAMILY (WTF)	09:10	25	09:10	01:34:16.80	+01:07:13 (71.3%)	18:51	3.2 (28.8%)
520	SMAGOWSKI Daniel	484	KIERO KULJEGA SP.J.	13:40	19	13:40	01:34:34.10	+01:07:30 (71.4%)	18:54	3.2 (28.8%)
521	WOJTYNOWSKI Oskar	485	KIERO KULJEGA SP.J.	13:40	20	13:40	01:34:34.30	+01:07:31 (71.4%)	18:54	3.2 (28.8%)
522	ŁUKASIK Tomasz	105	WILK TRENUJE FAMILY (WTF)	09:10	26	09:10	01:34:46.10	+01:07:42 (71.5%)	18:57	3.2 (28.8%)
523	VORONA Maryna	77	WILK TRENUJE FAMILY (WTF)	09:10	27	09:10	01:34:57.00	+01:07:53 (71.5%)	18:59	3.2 (28.8%)
524	PŁOŃSKA Beata	107	WILK TRENUJE FAMILY (WTF)	09:10	28	09:10	01:35:00.35	+01:07:57 (71.5%)	19:00	3.2 (28.8%)
525	CIEMIECKI Bartosz	450	SIMPLEX TEAM	13:40	21	13:40	01:36:15.15	+01:09:11 (71.9%)	19:15	3.1 (27.9%)
526	WAGA Krystyna	457	SIMPLEX TEAM	13:40	22	13:40	01:36:17.90	+01:09:14 (71.9%)	19:15	3.1 (27.9%)
527	ZAWADZKA Paulina	459	SIMPLEX TEAM	13:40	23	13:40	01:36:20.25	+01:09:17 (71.9%)	19:16	3.1 (27.9%)
528	SZEJBACH Monika	455	SIMPLEX TEAM	13:40	24	13:40	01:36:20.45	+01:09:17 (71.9%)	19:16	3.1 (27.9%)
529	SASYNIUK Renata	453	SIMPLEX TEAM	13:40	25	13:40	01:36:20.80	+01:09:17 (71.9%)	19:16	3.1 (27.9%)
530	STÓJ Paulina	454	SIMPLEX TEAM	13:40	26	13:40	01:36:21.40	+01:09:18 (71.9%)	19:16	3.1 (27.9%)
531	LAMORSKA Katarzyna	452	SIMPLEX TEAM	13:40	27	13:40	01:36:22.20	+01:09:19 (71.9%)	19:16	3.1 (27.9%)
532	DYGUŚ-WATRAC Agata	451	SIMPLEX TEAM	13:40	28	13:40	01:36:23.10	+01:09:19 (71.9%)	19:16	3.1 (27.9%)
533	WIECZOREK-CIS Joanna	458	SIMPLEX TEAM	13:40	29	13:40	01:36:23.45	+01:09:20 (71.9%)	19:16	3.1 (27.9%)
534	UGLIS Katarzyna	456	SIMPLEX TEAM	13:40	30	13:40	01:36:25.25	+01:09:22 (71.9%)	19:17	3.1 (27.9%)
535	LELOCH Michał	71	HUSARIA RACE TEAM	09:00	28	09:00	01:37:40.00	+01:10:36 (72.3%)	19:32	3.1 (27.9%)
536	KIELISIAK Marek	69	HUSARIA RACE TEAM	09:00	29	09:00	01:37:40.55	+01:10:37 (72.3%)	19:32	3.1 (27.9%)
537	BŁAZIŃSKI Paweł	258		10:50	24	10:50	01:37:46.55	+01:10:43 (72.3%)	19:33	3.1 (27.9%)
538	BŁAZIŃSKI Witold	259		10:50	25	10:50	01:37:49.45	+01:10:46 (72.3%)	19:33	3.1 (27.9%)
539	GÓRECKA Ewa	68	HUSARIA RACE TEAM	09:00	30	09:00	01:37:51.30	+01:10:48 (72.4%)	19:34	3.1 (27.9%)
540	PAWŁOWSKI Krzysztof	106	WILK TRENUJE FAMILY (WTF)	09:10	29	09:10	01:37:57.40	+01:10:54 (72.4%)	19:35	3.1 (27.9%)
541	DORACZYŃSKA-ROSTEK Joanna	355		12:10	28	12:10	01:38:15.80	+01:11:12 (72.5%)	19:39	3.1 (27.9%)
542	BADOWSKA Paulina	352		12:10	29	12:10	01:38:16.75	+01:11:13 (72.5%)	19:39	3.1 (27.9%)
543	KALINOWSKA Małgorzata	101	UNITED RUNNERS	09:10	30	09:10	01:38:38.85	+01:11:35 (72.6%)	19:43	3 (27.0%)
544	WILK Sylwester	78	WILK TRENUJE FAMILY (WTF)	09:10	31	09:10	01:38:43.45	+01:11:40 (72.6%)	19:44	3 (27.0%)
545	ROGUSKA Kasia	108	WILK TRENUJE FAMILY (WTF)	09:10	32	09:10	01:38:51.65	+01:11:48 (72.6%)	19:46	3 (27.0%)
546	FLISIUK Adrian	121	ASSAY	10:10	20	10:10	01:39:16.75	+01:12:13 (72.8%)	19:51	3 (27.0%)
547	BOBOWSKI Piotr	119	ASSAY	10:10	21	10:10	01:39:16.85	+01:12:13 (72.8%)	19:51	3 (27.0%)
548	CZYŻEWSKI Piotr	120	ASSAY	10:10	22	10:10	01:39:20.30	+01:12:17 (72.8%)	19:52	3 (27.0%)
549	TOMECKA Natalia	125	ASSAY	10:10	23	10:10	01:39:20.75	+01:12:17 (72.8%)	19:52	3 (27.0%)
550	KAMIŃSKI Maciej	580	ASSAY	10:10	24	10:10	01:39:21.15	+01:12:17 (72.8%)	19:52	3 (27.0%)
551	MALANOWSKI Konrad	123	ASSAY	10:10	25	10:10	01:39:23.30	+01:12:20 (72.8%)	19:52	3 (27.0%)
552	DUDA-MACIEJCZEK Katarzyna	112		09:10	33	09:10	01:39:47.45	+01:12:44 (72.9%)	19:57	3 (27.0%)
553	BRACHACZEK Bartosz	90	BYLE PRZEŻYĆ TEAM	09:10	34	09:10	01:39:49.00	+01:12:45 (72.9%)	19:57	3 (27.0%)
554	MACIEJCZEK Kamil	91	BYLE PRZEŻYĆ TEAM	09:10	35	09:10	01:39:49.10	+01:12:45 (72.9%)	19:57	3 (27.0%)
555	LABUDA Marcin	550		14:40	24	14:40	01:40:22.30	+01:13:19 (73.0%)	20:04	3 (27.0%)
556	HYRA Katarzyna	242		10:40	33	10:40	01:41:27.75	+01:14:24 (73.3%)	20:17	3 (27.0%)
557	MAŁEK Hanna	233	UNITED RUNNERS	10:40	34	10:40	01:41:27.85	+01:14:24 (73.3%)	20:17	3 (27.0%)
558	STRUSZKIEWICZ Aleksandra	229	POWER TRAINING	10:40	35	10:40	01:41:27.95	+01:14:24 (73.3%)	20:17	3 (27.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
559	GRZEŚKA Magnus	578		08:50	16	08:50	01:43:45.10	+01:16:41 (73.9%)	20:45	2.9 (26.1%)
560	KOZIEJ Łukasz	417		12:30	30	12:30	01:48:18.00	+01:21:14 (75.0%)	21:39	2.8 (25.2%)
561	SZOKALAK Milena	411	PSYCHIATRYK KOPERNIKA	12:30	31	12:30	01:48:18.25	+01:21:15 (75.0%)	21:39	2.8 (25.2%)
562	PODGÓRSKI Michał	409	PSYCHIATRYK KOPERNIKA	12:30	32	12:30	01:48:18.65	+01:21:15 (75.0%)	21:39	2.8 (25.2%)
563	PUŁA Karolina	410	PSYCHIATRYK KOPERNIKA	12:30	33	12:30	01:48:18.85	+01:21:15 (75.0%)	21:39	2.8 (25.2%)
564	DOMACIUK Agnieszka	408	PSYCHIATRYK KOPERNIKA	12:30	34	12:30	01:48:19.55	+01:21:16 (75.0%)	21:39	2.8 (25.2%)
565	WÓJCIK Rafał	412	PSYCHIATRYK KOPERNIKA	12:30	35	12:30	01:48:31.80	+01:21:28 (75.1%)	21:42	2.8 (25.2%)
566	CHODORSKI Łukasz	407	PSYCHIATRYK KOPERNIKA	12:30	36	12:30	01:48:32.75	+01:21:29 (75.1%)	21:42	2.8 (25.2%)
567	KORULCZYK Michał	174		10:40	36	10:40	01:50:29.20	+01:23:26 (75.5%)	22:05	2.7 (24.3%)
568	KORULCZYK Roksana	175		10:40	37	10:40	01:50:29.40	+01:23:26 (75.5%)	22:05	2.7 (24.3%)
569	KORULCZYK Marcin	167	UNITED RUNNERS	10:40	38	10:40	01:50:29.50	+01:23:26 (75.5%)	22:05	2.7 (24.3%)
570	WARYSZAK Kacper	193	BAMBUSY	10:30	29	10:30	01:51:26.70	+01:24:23 (75.7%)	22:17	2.7 (24.3%)
571	ŁUKASIEWICZ Marcin	47	WILK TRENUJE FAMILY (WTF)	08:50	17	08:50	01:56:22.10	+01:29:18 (76.8%)	23:16	2.6 (23.4%)
572	BZDAWKA Jakub	46	WILK TRENUJE FAMILY (WTF)	08:50	18	08:50	01:58:29.40	+01:31:26 (77.2%)	23:41	2.5 (22.5%)
573	PIETRUSIEWICZ Marek	124	ASSAY	10:10	26	10:10				(0.0%)
574	SZCZYPEK Katarzyna	73	HUSARIA RACE TEAM	09:00	31	09:00				(0.0%)
575	BŁĘDOWSKI Michał	285		11:50	26	11:50				(0.0%)

Znaleziono 575 wynik(ów)