

**Wydarzenie:** Runmageddon Ełk  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2018-06-23  
**Miejsce:** Ełk  
**Dystans:** 6 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
1	<b>GOLEC Rafał</b>	<b>935</b>	CROSSFIT ŁUKÓW & CROSSFIT SIEDLCE	Open Mężczyzn	1	08:15	<b>00:55:38.05</b>	<b>00:55:38.05</b>		9:16	6.5 (100%)
2	<b>BIENIECKI Jaro</b>	<b>59</b>	RUNMAGEDDON	Elite Mężczyzn	1	08:00	<b>00:57:36.10</b>	<b>00:57:36.10</b>	+00:01:58 (3.4%)	9:36	6.3 (96.9%)
3	<b>RUBIN Karol</b>	<b>280</b>		Open Mężczyzn	2	08:30	<b>00:59:59.45</b>	<b>00:59:59.45</b>	+00:04:21 (7.3%)	9:59	6 (92.3%)
4	<b>KOZŁOWSKI Artur</b>	<b>25</b>	HUSARIA RACE TEAM	Elite Mężczyzn	2	08:00	<b>01:00:02.25</b>	<b>01:00:02.25</b>	+00:04:24 (7.3%)	10:00	6 (92.3%)
5	<b>WALL Kim</b>	<b>23</b>	HELL RUN CREW	Elite Mężczyzn	3	08:00	<b>01:00:31.40</b>	<b>01:00:31.40</b>	+00:04:53 (8.1%)	10:05	5.9 (90.8%)
6	<b>GAGON Denis</b>	<b>2</b>	DENISTEAM	Elite Mężczyzn	4	08:00	<b>01:01:41.25</b>	<b>01:01:41.25</b>	+00:06:03 (9.8%)	10:16	5.8 (89.2%)
7	<b>REMISZEWSKI Paweł</b>	<b>728</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	3	09:45	<b>01:04:34.45</b>	<b>01:04:34.45</b>	+00:08:56 (13.8%)	10:45	5.6 (86.2%)
8	<b>TRZASKA Krzysztof</b>	<b>731</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	4	09:45	<b>01:04:37.10</b>	<b>01:04:37.10</b>	+00:08:59 (13.9%)	10:46	5.6 (86.2%)
9	<b>KORULCZYK Marcin</b>	<b>24</b>	HUSARIA RACE TEAM	Elite Mężczyzn	5	08:00	<b>01:04:38.30</b>	<b>01:04:38.30</b>	+00:09:00 (13.9%)	10:46	5.6 (86.2%)
10	<b>POGORZELSKI Rafał</b>	<b>15</b>	EŁK FORCE ONE	Elite Mężczyzn	6	08:00	<b>01:04:47.30</b>	<b>01:04:47.30</b>	+00:09:09 (14.1%)	10:47	5.6 (86.2%)
11	<b>SMAGALA Piotr</b>	<b>177</b>		Open Mężczyzn	5	08:15	<b>01:05:27.50</b>	<b>01:05:27.50</b>	+00:09:49 (15.0%)	10:54	5.5 (84.6%)
12	<b>ŁUKOSZ Michał</b>	<b>163</b>		Open Mężczyzn	6	08:15	<b>01:05:34.80</b>	<b>01:05:34.80</b>	+00:09:56 (15.2%)	10:55	5.5 (84.6%)
13	<b>MAKOWSKI Grzegorz</b>	<b>425</b>	CROSS ELITE GRAJEWO	Open Mężczyzn	7	09:15	<b>01:06:06.20</b>	<b>01:06:06.20</b>	+00:10:28 (15.8%)	11:01	5.4 (83.1%)
14	<b>SALAMON Mateusz</b>	<b>31</b>	POWER TRAINING	Elite Mężczyzn	7	08:00	<b>01:06:14.80</b>	<b>01:06:14.80</b>	+00:10:36 (16.0%)	11:02	5.4 (83.1%)
15	<b>PAŁDYNA Mateusz</b>	<b>36</b>	XRUNNERS	Elite Mężczyzn	8	08:00	<b>01:06:41.95</b>	<b>01:06:41.95</b>	+00:11:03 (16.6%)	11:06	5.4 (83.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
16	<b>CHROSTOWSKI Karol</b>	<b>424</b>	CROSS ELITE GRAJEWO	Open Mężczyzn	8	09:15	<b>01:06:43.15</b>	<b>01:06:43.15</b>	+00:11:05 (16.6%)	11:07	5.4 (83.1%)
17	<b>ŚLIWA Jacek</b>	<b>202</b>	BŁOTOŁAZY	Open Mężczyzn	9	08:30	<b>01:07:11.50</b>	<b>01:07:11.50</b>	+00:11:33 (17.2%)	11:11	5.4 (83.1%)
18	<b>MILEWSKI Maciej</b>	<b>41</b>		Elite Mężczyzn	9	08:00	<b>01:07:27.95</b>	<b>01:07:27.95</b>	+00:11:49 (17.5%)	11:14	5.3 (81.5%)
19	<b>JANISZEWSKI Grzegorz</b>	<b>10</b>	DZIADY OCR	Elite Masters Mężczyzn	1	08:00	<b>01:08:01.70</b>	<b>01:08:01.70</b>	+00:12:23 (18.2%)	11:20	5.3 (81.5%)
20	<b>LUŻNY Tomasz</b>	<b>476</b>		Open Masters Mężczyzn	1	09:00	<b>01:08:23.65</b>	<b>01:08:23.65</b>	+00:12:45 (18.7%)	11:23	5.3 (81.5%)
21	<b>ZARZECKI Eryk</b>	<b>321</b>	FAJNE CHŁOPAKI	Open Mężczyzn	10	09:00	<b>01:08:38.65</b>	<b>01:08:38.65</b>	+00:13:00 (19.0%)	11:26	5.2 (80.0%)
22	<b>LIPIŃSKI Michał</b>	<b>374</b>	WATAHA GRUPA TRENINGOWA	Open Mężczyzn	11	08:45	<b>01:09:08.80</b>	<b>01:09:08.80</b>	+00:13:30 (19.5%)	11:31	5.2 (80.0%)
23	<b>CHROST Andrzej</b>	<b>142</b>		Open Mężczyzn	12	08:15	<b>01:09:35.50</b>	<b>01:09:35.50</b>	+00:13:57 (20.1%)	11:35	5.2 (80.0%)
24	<b>LASKOWSKI Tomasz</b>	<b>26</b>	HUSARIA RACE TEAM	Elite Mężczyzn	10	08:00	<b>01:11:19.20</b>	<b>01:11:19.20</b>	+00:15:41 (22.0%)	11:53	5 (76.9%)
25	<b>SZYMKIEWICZ Daniel</b>	<b>512</b>	CROSS ELITE GRAJEWO	Open Mężczyzn	13	09:15	<b>01:11:35.70</b>	<b>01:11:35.70</b>	+00:15:57 (22.3%)	11:55	5 (76.9%)
26	<b>WOŁYNYEC Bogdan</b>	<b>60</b>	EŁK FORCE ONE	Elite Masters Mężczyzn	2	08:00	<b>01:11:40.60</b>	<b>01:11:40.60</b>	+00:16:02 (22.4%)	11:56	5 (76.9%)
27	<b>SZYDŁOWSKI Adrian</b>	<b>85</b>	CHŁOPCY CHORTENOWCY	Open Mężczyzn	14	08:15	<b>01:11:47.20</b>	<b>01:11:47.20</b>	+00:16:09 (22.5%)	11:57	5 (76.9%)
28	<b>DZIĘCIOŁ Łukasz</b>	<b>235</b>	PAINKILLERS	Open Mężczyzn	15	08:30	<b>01:11:58.05</b>	<b>01:11:58.05</b>	+00:16:20 (22.7%)	11:59	5 (76.9%)
29	<b>WOŹNICKI Paweł</b>	<b>292</b>		Open Mężczyzn	16	08:30	<b>01:11:58.45</b>	<b>01:11:58.45</b>	+00:16:20 (22.7%)	11:59	5 (76.9%)
30	<b>MIZGALSKI Jacek</b>	<b>201</b>	BŁOTOŁAZY	Open Masters Mężczyzn	2	08:30	<b>01:12:00.40</b>	<b>01:12:00.40</b>	+00:16:22 (22.7%)	12:00	5 (76.9%)
31	<b>UŁANOWICZ Przemysław</b>	<b>183</b>		Open Mężczyzn	17	08:15	<b>01:12:05.30</b>	<b>01:12:05.30</b>	+00:16:27 (22.8%)	12:00	5 (76.9%)
32	<b>ANDRUKIEWICZ Tomasz</b>	<b>91</b>	EŁK FORCE ONE	Open Masters Mężczyzn	3	08:15	<b>01:12:07.30</b>	<b>01:12:07.30</b>	+00:16:29 (22.9%)	12:01	5 (76.9%)
33	<b>ŻUK Paweł</b>	<b>102</b>	EŁK FORCE ONE	Open Mężczyzn	18	08:15	<b>01:12:10.80</b>	<b>01:12:10.80</b>	+00:16:32 (22.9%)	12:01	5 (76.9%)
34	<b>KIMANI John</b>	<b>954</b>		Open Mężczyzn	19	10:15	<b>01:12:11.90</b>	<b>01:12:11.90</b>	+00:16:33 (22.9%)	12:01	5 (76.9%)
35	<b>TARASIUK Mariusz</b>	<b>101</b>	EŁK FORCE ONE	Open Mężczyzn	20	08:15	<b>01:12:12.10</b>	<b>01:12:12.10</b>	+00:16:34 (22.9%)	12:02	5 (76.9%)
36	<b>SZUMIŁO Michał</b>	<b>108</b>	IMPERIUM SIŁY	Open Mężczyzn	21	08:15	<b>01:12:15.60</b>	<b>01:12:15.60</b>	+00:16:37 (23.0%)	12:02	5 (76.9%)
37	<b>KONDRACIUK Piotr</b>	<b>38</b>		Open Masters Mężczyzn	4	08:00	<b>01:12:33.50</b>	<b>01:12:33.50</b>	+00:16:55 (23.3%)	12:05	5 (76.9%)
38	<b>KUCHCIK Wojciech</b>	<b>952</b>		Open Mężczyzn	22	10:15	<b>01:12:34.85</b>	<b>01:12:34.85</b>	+00:16:56 (23.3%)	12:05	5 (76.9%)

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39	ZAPIÓR Marcin	596		Open Mężczyzn	23	09:15	01:12:43.90	01:12:43.90	+00:17:05 (23.5%)	12:07	5 (76.9%)
40	KASPERSKI Michał	916	BOZIU DOPOMÓŻ	Open Mężczyzn	24	08:30	01:12:50.40	01:12:50.40	+00:17:12 (23.6%)	12:08	4.9 (75.4%)
41	WŁODKOWSKI Adam	733	AKADEMIA SPORTU MEDYK	Open Mężczyzn	25	09:45	01:13:00.30	01:13:00.30	+00:17:22 (23.8%)	12:10	4.9 (75.4%)
42	GRZYMAŁA Piotr	714	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	5	09:45	01:13:36.20	01:13:36.20	+00:17:58 (24.4%)	12:16	4.9 (75.4%)
43	WRÓBLEWSKI Jakub	121	OTADOULA	Open Mężczyzn	26	08:15	01:13:53.65	01:13:53.65	+00:18:15 (24.7%)	12:18	4.9 (75.4%)
44	RZOŃCA Michał	234	NIE NO NIE WIEM	Open Mężczyzn	27	08:30	01:13:59.50	01:13:59.50	+00:18:21 (24.8%)	12:19	4.9 (75.4%)
45	MAJCHRZAK Krzysztof	268		Open Mężczyzn	28	08:30	01:14:03.20	01:14:03.20	+00:18:25 (24.9%)	12:20	4.9 (75.4%)
46	NICIEJA Krzysztof	409	AUUUUU	Open Mężczyzn	29	09:00	01:14:24.70	01:14:24.70	+00:18:46 (25.2%)	12:24	4.8 (73.8%)
47	GROCHOWSKI Jakub	149		Open Mężczyzn	30	08:15	01:14:44.85	01:14:44.85	+00:19:06 (25.6%)	12:27	4.8 (73.8%)
48	KĄDZIELSKI Mirosław	156		Open Masters Mężczyzn	6	08:15	01:14:57.25	01:14:57.25	+00:19:19 (25.8%)	12:29	4.8 (73.8%)
49	SZEWCZYK Paweł	180		Open Masters Mężczyzn	7	08:15	01:15:01.55	01:15:01.55	+00:19:23 (25.8%)	12:30	4.8 (73.8%)
49	GRESZTA Waldemar	132	XRUNNERS	Open Masters Mężczyzn	8	08:15	01:15:01.55	01:15:01.55	+00:19:23 (25.8%)	12:30	4.8 (73.8%)
51	SAPIGÓRSKI Michał	441	MICHAŁ I KAMIL	Open Mężczyzn	31	09:15	01:15:04.65	01:15:04.65	+00:19:26 (25.9%)	12:30	4.8 (73.8%)
52	SZWEDOWICZ Eryk	623	KYOKUSHIN WĘGORZEWO /11 MAZURSKI PUŁK ARTYLERII	Open Mężczyzn	32	09:30	01:15:07.40	01:15:07.40	+00:19:29 (25.9%)	12:31	4.8 (73.8%)
53	GURDEK Marcin	403	AUUUUU	Open Masters Mężczyzn	9	09:00	01:15:09.90	01:15:09.90	+00:19:31 (26.0%)	12:31	4.8 (73.8%)
54	KŁOS-WYGAS Jakub	112	LISIORY	Open Mężczyzn	33	08:15	01:15:15.25	01:15:15.25	+00:19:37 (26.1%)	12:32	4.8 (73.8%)
55	MUCHA Michał	7	DRAGON BALL WRONKI	Elite Mężczyzn	11	08:00	01:15:50.70	01:15:50.70	+00:20:12 (26.6%)	12:38	4.7 (72.3%)
56	GÓRSKI Konrad	385		Open Mężczyzn	34	08:45	01:16:22.60	01:16:22.60	+00:20:44 (27.2%)	12:43	4.7 (72.3%)
57	HOWER Carter	962		Open Mężczyzn	35	10:15	01:16:51.75	01:16:51.75	+00:21:13 (27.6%)	12:48	4.7 (72.3%)
58	RODRIGUES Elias	963		Open Mężczyzn	36	10:15	01:16:51.90	01:16:51.90	+00:21:13 (27.6%)	12:48	4.7 (72.3%)
59	JAGIELSKI Jacek	150		Open Masters Mężczyzn	10	08:15	01:16:57.60	01:16:57.60	+00:21:19 (27.7%)	12:49	4.7 (72.3%)
60	SADOWSKI Rafał	83	CHŁOPCY CHORTENOWCY	Open Mężczyzn	37	08:15	01:17:11.00	01:17:11.00	+00:21:32 (27.9%)	12:51	4.7 (72.3%)
61	NICEWICZ Adam	891		Open Mężczyzn	38	10:00	01:17:12.85	01:17:12.85	+00:21:34 (27.9%)	12:52	4.7 (72.3%)

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62	<b>RESZETKO Rafał</b>	<b>172</b>		Open Mężczyzn	39	08:15	<b>01:17:22.80</b>	<b>01:17:22.80</b>	+00:21:44 (28.1%)	12:53	4.7 (72.3%)
63	<b>RODRIGUEZ Christian</b>	<b>968</b>		Open Mężczyzn	40	10:15	<b>01:17:31.75</b>	<b>01:17:31.75</b>	+00:21:53 (28.2%)	12:55	4.6 (70.8%)
64	<b>BORKOWSKI Paweł</b>	<b>703</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	41	09:45	<b>01:17:39.90</b>	<b>01:17:39.90</b>	+00:22:01 (28.4%)	12:56	4.6 (70.8%)
65	<b>AL-ASKARI Marek</b>	<b>131</b>	XRUNNERS	Open Mężczyzn	42	08:15	<b>01:17:42.30</b>	<b>01:17:42.30</b>	+00:22:04 (28.4%)	12:57	4.6 (70.8%)
66	<b>GOCZOŁ Romek</b>	<b>465</b>		Open Mężczyzn	43	09:00	<b>01:17:49.40</b>	<b>01:17:49.40</b>	+00:22:11 (28.5%)	12:58	4.6 (70.8%)
67	<b>SZMIGIEL Sylwester</b>	<b>608</b>	CZ TEAM	Open Mężczyzn	44	09:30	<b>01:18:02.30</b>	<b>01:18:02.30</b>	+00:22:24 (28.7%)	13:00	4.6 (70.8%)
68	<b>KUBICZEK Dawid</b>	<b>473</b>		Open Mężczyzn	45	09:00	<b>01:18:02.55</b>	<b>01:18:02.55</b>	+00:22:24 (28.7%)	13:00	4.6 (70.8%)
69	<b>CHOI Anthony</b>	<b>878</b>		Open Mężczyzn	46	10:15	<b>01:18:24.30</b>	<b>01:18:24.30</b>	+00:22:46 (29.0%)	13:04	4.6 (70.8%)
70	<b>DOPIERAŁA Łukasz</b>	<b>764</b>	SPORTERA OCR	Open Mężczyzn	47	09:45	<b>01:18:37.45</b>	<b>01:18:37.45</b>	+00:22:59 (29.2%)	13:06	4.6 (70.8%)
71	<b>CIEŚLEWICZ Wojciech</b>	<b>813</b>	PLATINUM	Open Mężczyzn	48	10:00	<b>01:18:45.80</b>	<b>01:18:45.80</b>	+00:23:07 (29.4%)	13:07	4.6 (70.8%)
72	<b>LESIAK Krystian</b>	<b>754</b>	OSTRA KORBA TEAM	Open Mężczyzn	49	09:45	<b>01:19:08.05</b>	<b>01:19:08.05</b>	+00:23:30 (29.7%)	13:11	4.5 (69.2%)
73	<b>TOMCZUK Rafał</b>	<b>393</b>		Open Mężczyzn	50	08:45	<b>01:19:12.60</b>	<b>01:19:12.60</b>	+00:23:34 (29.8%)	13:12	4.5 (69.2%)
74	<b>KULMIŃSKI Marcin</b>	<b>341</b>	POWER TRAINING	Open Mężczyzn	51	08:45	<b>01:19:25.10</b>	<b>01:19:25.10</b>	+00:23:47 (29.9%)	13:14	4.5 (69.2%)
75	<b>KULMINSKI Rafał</b>	<b>342</b>	POWER TRAINING	Open Mężczyzn	52	08:45	<b>01:19:25.40</b>	<b>01:19:25.40</b>	+00:23:47 (30.0%)	13:14	4.5 (69.2%)
76	<b>WRÓBEL Andrzej</b>	<b>394</b>		Open Mężczyzn	53	08:45	<b>01:19:54.80</b>	<b>01:19:54.80</b>	+00:24:16 (30.4%)	13:19	4.5 (69.2%)
77	<b>NAZARCZYK Oskar</b>	<b>477</b>		Open Mężczyzn	54	09:00	<b>01:20:13.90</b>	<b>01:20:13.90</b>	+00:24:35 (30.7%)	13:22	4.5 (69.2%)
78	<b>OLIINYK Dmytro</b>	<b>167</b>		Open Mężczyzn	55	08:15	<b>01:20:21.15</b>	<b>01:20:21.15</b>	+00:24:43 (30.8%)	13:23	4.5 (69.2%)
79	<b>CIMOCHOWSKI Mieczysław</b>	<b>816</b>	PORTEAM	Open Masters Mężczyzn	11	10:00	<b>01:20:40.40</b>	<b>01:20:40.40</b>	+00:25:02 (31.0%)	13:26	4.5 (69.2%)
80	<b>KRASZEWSKI Kacper</b>	<b>948</b>		Open Mężczyzn	56	08:30	<b>01:20:54.80</b>	<b>01:20:54.80</b>	+00:25:16 (31.2%)	13:29	4.4 (67.7%)
81	<b>FRANEK Kuba</b>	<b>830</b>	RUN SHAPE, RUN!	Open Mężczyzn	57	10:00	<b>01:20:58.30</b>	<b>01:20:58.30</b>	+00:25:20 (31.3%)	13:29	4.4 (67.7%)
82	<b>GROCHULSKI Łukasz</b>	<b>834</b>	RUN SHAPE, RUN!	Open Mężczyzn	58	10:00	<b>01:20:59.00</b>	<b>01:20:59.00</b>	+00:25:20 (31.3%)	13:29	4.4 (67.7%)
82	<b>ANDRYCHOWSKI Kamil</b>	<b>700</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	59	09:45	<b>01:20:59.00</b>	<b>01:20:59.00</b>	+00:25:20 (31.3%)	13:29	4.4 (67.7%)
84	<b>GREMBOWSKI Robert</b>	<b>200</b>	BŁOTOŁAZY	Open Mężczyzn	60	08:30	<b>01:21:02.85</b>	<b>01:21:02.85</b>	+00:25:24 (31.4%)	13:30	4.4 (67.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
85	<b>NAZARCZYK Rafał</b>	<b>478</b>		Open Masters Mężczyzn	12	09:00	<b>01:21:06.50</b>	<b>01:21:06.50</b>	+00:25:28 (31.4%)	13:31	4.4 (67.7%)
86	<b>RYDZEWSKI Kamil</b>	<b>580</b>		Open Mężczyzn	61	09:15	<b>01:21:10.60</b>	<b>01:21:10.60</b>	+00:25:32 (31.5%)	13:31	4.4 (67.7%)
87	<b>SULŻYCKI Cezary</b>	<b>800</b>	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	Open Mężczyzn	62	10:00	<b>01:21:36.40</b>	<b>01:21:36.40</b>	+00:25:58 (31.8%)	13:36	4.4 (67.7%)
88	<b>KAMIŃSKI Piotr</b>	<b>799</b>	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	Open Mężczyzn	63	10:00	<b>01:21:46.00</b>	<b>01:21:46.00</b>	+00:26:07 (32.0%)	13:37	4.4 (67.7%)
89	<b>SZUMOWSKI Paweł</b>	<b>730</b>	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	13	09:45	<b>01:21:47.45</b>	<b>01:21:47.45</b>	+00:26:09 (32.0%)	13:37	4.4 (67.7%)
90	<b>WYSOCKI Hubert</b>	<b>373</b>	VIP-GYM EŁK	Open Mężczyzn	64	08:45	<b>01:22:16.95</b>	<b>01:22:16.95</b>	+00:26:38 (32.4%)	13:42	4.4 (67.7%)
91	<b>JAGIELSKI Oskar</b>	<b>151</b>		Open Mężczyzn	65	08:15	<b>01:22:32.80</b>	<b>01:22:32.80</b>	+00:26:54 (32.6%)	13:45	4.4 (67.7%)
92	<b>KORCZYK Tomasz</b>	<b>263</b>		Open Mężczyzn	66	08:30	<b>01:22:33.50</b>	<b>01:22:33.50</b>	+00:26:55 (32.6%)	13:45	4.4 (67.7%)
93	<b>WYSZOMIRSKI Marek</b>	<b>218</b>	DUCH PUSZCZY	Open Masters Mężczyzn	14	08:30	<b>01:22:44.05</b>	<b>01:22:44.05</b>	+00:27:06 (32.8%)	13:47	4.4 (67.7%)
94	<b>KOŹMIŃSKI Paweł</b>	<b>641</b>	MICHELIN TEAM	Open Masters Mężczyzn	15	09:30	<b>01:22:49.90</b>	<b>01:22:49.90</b>	+00:27:11 (32.8%)	13:48	4.3 (66.2%)
95	<b>PAWLICKI Damian</b>	<b>89</b>	DRAGON BALL WRONKI	Open Mężczyzn	67	08:15	<b>01:23:00.65</b>	<b>01:23:00.65</b>	+00:27:22 (33.0%)	13:50	4.3 (66.2%)
96	<b>CERBA Jarosław</b>	<b>653</b>		Open Masters Mężczyzn	16	09:30	<b>01:23:07.40</b>	<b>01:23:07.40</b>	+00:27:29 (33.1%)	13:51	4.3 (66.2%)
97	<b>NAZARKIEWICZ Piotr</b>	<b>683</b>		Open Mężczyzn	68	09:30	<b>01:23:10.40</b>	<b>01:23:10.40</b>	+00:27:32 (33.1%)	13:51	4.3 (66.2%)
98	<b>BARTOSZEK Michał</b>	<b>247</b>		Open Mężczyzn	69	08:30	<b>01:23:13.70</b>	<b>01:23:13.70</b>	+00:27:35 (33.2%)	13:52	4.3 (66.2%)
99	<b>ROMANOWSKI Kamil</b>	<b>209</b>	BS WYSZKÓW	Open Mężczyzn	70	08:30	<b>01:23:17.70</b>	<b>01:23:17.70</b>	+00:27:39 (33.2%)	13:52	4.3 (66.2%)
100	<b>ORŁOWSKI Kamil</b>	<b>607</b>	CALYPSO TEAM SUWAŁKI	Open Mężczyzn	71	09:30	<b>01:23:34.45</b>	<b>01:23:34.45</b>	+00:27:56 (33.4%)	13:55	4.3 (66.2%)
101	<b>GÓRSKI Grzegorz</b>	<b>605</b>	CALYPSO TEAM SUWAŁKI	Open Masters Mężczyzn	17	09:30	<b>01:23:36.10</b>	<b>01:23:36.10</b>	+00:27:58 (33.5%)	13:56	4.3 (66.2%)
102	<b>BRZUSKA Przemysław</b>	<b>943</b>	DRAGON BALL WRONKI	Open Mężczyzn	72	08:15	<b>01:23:37.25</b>	<b>01:23:37.25</b>	+00:27:59 (33.5%)	13:56	4.3 (66.2%)
103	<b>BIELAK Tomasz</b>	<b>651</b>		Open Mężczyzn	73	09:30	<b>01:23:41.15</b>	<b>01:23:41.15</b>	+00:28:03 (33.5%)	13:56	4.3 (66.2%)
104	<b>JANIAK Marcin</b>	<b>469</b>		Open Mężczyzn	74	09:00	<b>01:23:45.95</b>	<b>01:23:45.95</b>	+00:28:07 (33.6%)	13:57	4.3 (66.2%)
105	<b>KULINKOWSKI Piotr</b>	<b>606</b>	CALYPSO TEAM SUWAŁKI	Open Mężczyzn	75	09:30	<b>01:23:47.75</b>	<b>01:23:47.75</b>	+00:28:09 (33.6%)	13:57	4.3 (66.2%)
106	<b>KOMAR Rafał</b>	<b>389</b>		Open Masters Mężczyzn	18	08:45	<b>01:24:01.85</b>	<b>01:24:01.85</b>	+00:28:23 (33.8%)	14:00	4.3 (66.2%)
107	<b>MICHAŁOWSKI Krzysztof</b>	<b>787</b>		Open Masters Mężczyzn	19	09:45	<b>01:24:03.05</b>	<b>01:24:03.05</b>	+00:28:25 (33.8%)	14:00	4.3 (66.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
108	<b>SURYNT Andrzej</b>	<b>100</b>	EŁK FORCE ONE	Open Masters Mężczyzn	20	08:15	<b>01:24:09.10</b>	<b>01:24:09.10</b>	+00:28:31 (33.9%)	14:01	4.3 (66.2%)
109	<b>KEMICER Monika</b>	<b>94</b>	EŁK FORCE ONE	Open Kobiet	1	08:15	<b>01:24:09.70</b>	<b>01:24:09.70</b>	+00:28:31 (33.9%)	14:01	4.3 (66.2%)
110	<b>CHLUDZIŃSKI Czarek</b>	<b>705</b>	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	21	09:45	<b>01:24:10.20</b>	<b>01:24:10.20</b>	+00:28:32 (33.9%)	14:01	4.3 (66.2%)
111	<b>WÓJCICKI Tomasz</b>	<b>734</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	76	09:45	<b>01:24:15.80</b>	<b>01:24:15.80</b>	+00:28:37 (34.0%)	14:02	4.3 (66.2%)
112	<b>MERGNER Daniel</b>	<b>343</b>	POWER TRAINING	Open Mężczyzn	77	08:45	<b>01:24:18.20</b>	<b>01:24:18.20</b>	+00:28:40 (34.0%)	14:03	4.3 (66.2%)
113	<b>MERGNER Łukasz</b>	<b>344</b>	POWER TRAINING	Open Mężczyzn	78	08:45	<b>01:24:19.25</b>	<b>01:24:19.25</b>	+00:28:41 (34.0%)	14:03	4.3 (66.2%)
114	<b>ZOŃ Bogdan</b>	<b>188</b>		Open Masters Mężczyzn	22	08:15	<b>01:24:26.40</b>	<b>01:24:26.40</b>	+00:28:48 (34.1%)	14:04	4.3 (66.2%)
115	<b>TRĄBKA Jakub</b>	<b>113</b>	LISIORY	Open Mężczyzn	79	08:15	<b>01:24:27.05</b>	<b>01:24:27.05</b>	+00:28:49 (34.1%)	14:04	4.3 (66.2%)
116	<b>WOŁYNIEC Piotr</b>	<b>490</b>		Open Mężczyzn	80	08:30	<b>01:24:45.30</b>	<b>01:24:45.30</b>	+00:29:07 (34.4%)	14:07	4.2 (64.6%)
117	<b>JASIONOWSKI Kamil</b>	<b>154</b>		Open Mężczyzn	81	08:30	<b>01:24:47.95</b>	<b>01:24:47.95</b>	+00:29:09 (34.4%)	14:07	4.2 (64.6%)
118	<b>KOT Łukasz</b>	<b>407</b>	AUUUUU	Open Mężczyzn	82	09:00	<b>01:25:20.80</b>	<b>01:25:20.80</b>	+00:29:42 (34.8%)	14:13	4.2 (64.6%)
119	<b>STEC Bogusław</b>	<b>747</b>	NIE NO NIE WIEM	Open Mężczyzn	83	09:45	<b>01:25:34.55</b>	<b>01:25:34.55</b>	+00:29:56 (35.0%)	14:15	4.2 (64.6%)
120	<b>BIELSKA Katarzyna</b>	<b>248</b>		Open Kobiet	2	08:30	<b>01:25:34.90</b>	<b>01:25:34.90</b>	+00:29:56 (35.0%)	14:15	4.2 (64.6%)
121	<b>TOMCZYK Paulina</b>	<b>903</b>		Open Kobiet	3	08:30	<b>01:25:38.10</b>	<b>01:25:38.10</b>	+00:30:00 (35.0%)	14:16	4.2 (64.6%)
122	<b>RADZIKOWSKI Maciej</b>	<b>841</b>	RUN SHAPE, RUN!	Open Masters Mężczyzn	23	10:00	<b>01:25:39.10</b>	<b>01:25:39.10</b>	+00:30:01 (35.0%)	14:16	4.2 (64.6%)
123	<b>JASKÓŁA Joanna</b>	<b>257</b>		Open Kobiet	4	08:30	<b>01:25:39.85</b>	<b>01:25:39.85</b>	+00:30:01 (35.1%)	14:16	4.2 (64.6%)
124	<b>SOKÓŁ Piotr</b>	<b>297</b>	BISKUPIEC - ZATORZE	Open Mężczyzn	84	08:45	<b>01:25:41.90</b>	<b>01:25:41.90</b>	+00:30:03 (35.1%)	14:16	4.2 (64.6%)
125	<b>KORDEK Jarosław</b>	<b>643</b>	MORSY SZCZYTNO #RESET	Open Masters Mężczyzn	24	09:30	<b>01:25:42.45</b>	<b>01:25:42.45</b>	+00:30:04 (35.1%)	14:17	4.2 (64.6%)
126	<b>RAK KOCHANIAK Leszek</b>	<b>690</b>		Open Mężczyzn	85	09:30	<b>01:25:49.80</b>	<b>01:25:49.80</b>	+00:30:11 (35.2%)	14:18	4.2 (64.6%)
127	<b>KARCZ Krzysiek</b>	<b>566</b>		Open Mężczyzn	86	09:15	<b>01:26:08.00</b>	<b>01:26:08.00</b>	+00:30:29 (35.4%)	14:21	4.2 (64.6%)
128	<b>WALCZAK Robert</b>	<b>90</b>	DRAGON BALL WRONKI	Open Mężczyzn	87	08:15	<b>01:26:25.65</b>	<b>01:26:25.65</b>	+00:30:47 (35.6%)	14:24	4.2 (64.6%)
129	<b>FRANK Damian</b>	<b>88</b>	DRAGON BALL WRONKI	Open Mężczyzn	88	08:15	<b>01:26:28.05</b>	<b>01:26:28.05</b>	+00:30:50 (35.7%)	14:24	4.2 (64.6%)
130	<b>SZWEDOWICZ Grażyna</b>	<b>624</b>	KYOKUSHIN WĘGORZEWO /11 MAZURSKI PUŁK ARTYLERII	Open Masters Kobiet	1	09:30	<b>01:26:31.30</b>	<b>01:26:31.30</b>	+00:30:53 (35.7%)	14:25	4.2 (64.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
131	<b>RUDUCHA Piotr</b>	<b>692</b>		Open Mężczyzn	89	09:30	<b>01:26:33.05</b>	<b>01:26:33.05</b>	+00:30:55 (35.7%)	14:25	4.2 (64.6%)
132	<b>LACH Agnieszka</b>	<b>408</b>	AUUUUU	Open Masters Kobiet	2	09:00	<b>01:26:35.60</b>	<b>01:26:35.60</b>	+00:30:57 (35.8%)	14:25	4.2 (64.6%)
133	<b>ZUJKO Piotr</b>	<b>495</b>		Open Mężczyzn	90	09:00	<b>01:26:51.20</b>	<b>01:26:51.20</b>	+00:31:13 (35.9%)	14:28	4.1 (63.1%)
134	<b>SZXCZEPANSKI Grzegorz</b>	<b>397</b>	ABDUL TEAM	Open Mężczyzn	91	09:00	<b>01:26:53.85</b>	<b>01:26:53.85</b>	+00:31:15 (36.0%)	14:28	4.1 (63.1%)
135	<b>DOŁOTO Bartek</b>	<b>461</b>		Open Mężczyzn	92	09:00	<b>01:26:56.95</b>	<b>01:26:56.95</b>	+00:31:18 (36.0%)	14:29	4.1 (63.1%)
136	<b>KLESZOWSKI Daniel</b>	<b>517</b>	CROSS FREAKS GOLENIÓW	Open Mężczyzn	93	09:15	<b>01:26:58.35</b>	<b>01:26:58.35</b>	+00:31:20 (36.0%)	14:29	4.1 (63.1%)
137	<b>POPŁAWSKI Artur</b>	<b>395</b>	ABDUL TEAM	Open Mężczyzn	94	09:00	<b>01:27:02.85</b>	<b>01:27:02.85</b>	+00:31:24 (36.1%)	14:30	4.1 (63.1%)
138	<b>CZEKURŁAN Jacek</b>	<b>516</b>	CROSS FREAKS GOLENIÓW	Open Masters Mężczyzn	25	09:15	<b>01:27:03.60</b>	<b>01:27:03.60</b>	+00:31:25 (36.1%)	14:30	4.1 (63.1%)
139	<b>LEWKO Adam</b>	<b>449</b>	PĘDZILEWKO	Open Mężczyzn	95	09:00	<b>01:27:05.35</b>	<b>01:27:05.35</b>	+00:31:27 (36.1%)	14:30	4.1 (63.1%)
140	<b>SOTOWSKI Piotr</b>	<b>693</b>		Open Masters Mężczyzn	26	10:15	<b>01:27:06.50</b>	<b>01:27:06.50</b>	+00:31:28 (36.1%)	14:31	4.1 (63.1%)
141	<b>SIKORA Piotr</b>	<b>336</b>	NIEBIESKIE CHACHARY	Open Mężczyzn	96	08:45	<b>01:27:07.25</b>	<b>01:27:07.25</b>	+00:31:29 (36.1%)	14:31	4.1 (63.1%)
142	<b>KOPYCIOK Michał</b>	<b>335</b>	NIEBIESKIE CHACHARY	Open Mężczyzn	97	08:45	<b>01:27:09.15</b>	<b>01:27:09.15</b>	+00:31:31 (36.2%)	14:31	4.1 (63.1%)
143	<b>WYSOCKI Karol</b>	<b>398</b>	ABDUL TEAM	Open Mężczyzn	98	09:00	<b>01:27:16.40</b>	<b>01:27:16.40</b>	+00:31:38 (36.3%)	14:32	4.1 (63.1%)
144	<b>WOROBIEWA Jekatierina</b>	<b>56</b>	POWER TRAINING	Elite Kobiet	1	08:10	<b>01:27:16.65</b>	<b>01:27:16.65</b>	+00:31:38 (36.3%)	14:32	4.1 (63.1%)
145	<b>JÓŹWIAK Tadeusz</b>	<b>405</b>	AUUUUU	Open Mężczyzn	99	09:00	<b>01:27:19.00</b>	<b>01:27:19.00</b>	+00:31:40 (36.3%)	14:33	4.1 (63.1%)
146	<b>JAMRÓZ Ryszard</b>	<b>404</b>	AUUUUU	Open Masters Mężczyzn	27	09:00	<b>01:27:19.30</b>	<b>01:27:19.30</b>	+00:31:41 (36.3%)	14:33	4.1 (63.1%)
147	<b>KULIK Dariusz</b>	<b>785</b>		Open Mężczyzn	100	09:45	<b>01:27:22.85</b>	<b>01:27:22.85</b>	+00:31:44 (36.3%)	14:33	4.1 (63.1%)
148	<b>MUŻYŁO Tomasz</b>	<b>682</b>		Open Mężczyzn	101	09:30	<b>01:27:34.65</b>	<b>01:27:34.65</b>	+00:31:56 (36.5%)	14:35	4.1 (63.1%)
149	<b>SZTANDERA Artur</b>	<b>111</b>	JEPPESEN OCR TEAM	Open Mężczyzn	102	08:15	<b>01:27:47.15</b>	<b>01:27:47.15</b>	+00:32:09 (36.6%)	14:37	4.1 (63.1%)
150	<b>DERESZ Wiktor</b>	<b>657</b>		Open Mężczyzn	103	09:30	<b>01:27:57.30</b>	<b>01:27:57.30</b>	+00:32:19 (36.7%)	14:39	4.1 (63.1%)
151	<b>WŁODARCZAK Bartosz</b>	<b>291</b>		Open Mężczyzn	104	08:30	<b>01:28:03.60</b>	<b>01:28:03.60</b>	+00:32:25 (36.8%)	14:40	4.1 (63.1%)
152	<b>HOLOWNIA Aneta</b>	<b>93</b>	EŁK FORCE ONE	Open Kobiet	5	08:15	<b>01:28:06.00</b>	<b>01:28:06.00</b>	+00:32:27 (36.9%)	14:41	4.1 (63.1%)
153	<b>KOSAK Tomasz</b>	<b>96</b>	EŁK FORCE ONE	Open Mężczyzn	105	08:15	<b>01:28:06.50</b>	<b>01:28:06.50</b>	+00:32:28 (36.9%)	14:41	4.1 (63.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
154	<b>BICZKOWSKI Konrad</b>	<b>109</b>	JEPPESEN OCR TEAM	Open Mężczyzn	106	08:15	<b>01:28:11.10</b>	<b>01:28:11.10</b>	+00:32:33 (36.9%)	14:41	4.1 (63.1%)
155	<b>JANASZEWSKI Bartosz</b>	<b>835</b>	RUN SHAPE, RUN!	Open Mężczyzn	107	10:00	<b>01:28:12.25</b>	<b>01:28:12.25</b>	+00:32:34 (36.9%)	14:42	4.1 (63.1%)
156	<b>WALAK Kacper</b>	<b>123</b>	SIUPTTEAM	Open Mężczyzn	108	08:15	<b>01:28:22.20</b>	<b>01:28:22.20</b>	+00:32:44 (37.0%)	14:43	4.1 (63.1%)
157	<b>KONIECKI Patryk</b>	<b>110</b>	JEPPESEN OCR TEAM	Open Mężczyzn	109	08:15	<b>01:28:22.45</b>	<b>01:28:22.45</b>	+00:32:44 (37.0%)	14:43	4.1 (63.1%)
158	<b>ROSIŃSKI Artur</b>	<b>875</b>	WHITE HAND RT	Open Mężczyzn	110	10:00	<b>01:28:23.30</b>	<b>01:28:23.30</b>	+00:32:45 (37.1%)	14:43	4.1 (63.1%)
159	<b>FRANCISZKOWICZ Mariola</b>	<b>709</b>	AKADEMIA SPORTU MEDYK	Open Masters Kobiet	3	09:45	<b>01:28:25.70</b>	<b>01:28:25.70</b>	+00:32:47 (37.1%)	14:44	4.1 (63.1%)
160	<b>DOMURAT Marian</b>	<b>318</b>	ENTUZJAŚCI RUCHU	Open Mężczyzn	111	08:45	<b>01:28:32.30</b>	<b>01:28:32.30</b>	+00:32:54 (37.2%)	14:45	4.1 (63.1%)
161	<b>IGNACIUK Paweł</b>	<b>320</b>	ENTUZJAŚCI RUCHU	Open Masters Mężczyzn	28	08:45	<b>01:28:32.80</b>	<b>01:28:32.80</b>	+00:32:54 (37.2%)	14:45	4.1 (63.1%)
162	<b>FIEDOROWICZ Wojciech</b>	<b>319</b>	ENTUZJAŚCI RUCHU	Open Masters Mężczyzn	29	08:45	<b>01:28:33.10</b>	<b>01:28:33.10</b>	+00:32:55 (37.2%)	14:45	4.1 (63.1%)
163	<b>JUSZKIEWICZ Piotr</b>	<b>765</b>	ZAWSZE MOŻESZ LEPIJ KĘTRZYN	Open Mężczyzn	112	08:30	<b>01:28:48.00</b>	<b>01:28:48.00</b>	+00:33:09 (37.3%)	14:48	4.1 (63.1%)
164	<b>JOWSA Daniel</b>	<b>244</b>	ZAWSZE MOŻESZ LEPIJ	Open Mężczyzn	113	08:30	<b>01:28:48.60</b>	<b>01:28:48.60</b>	+00:33:10 (37.4%)	14:48	4.1 (63.1%)
165	<b>BZYMEK Łukasz</b>	<b>768</b>		Open Mężczyzn	114	09:45	<b>01:28:52.00</b>	<b>01:28:52.00</b>	+00:33:13 (37.4%)	14:48	4.1 (63.1%)
166	<b>NAPIÓRKOWSKI Dominik</b>	<b>448</b>	NAK MUAY FIGHTERS	Open Mężczyzn	115	09:00	<b>01:28:53.00</b>	<b>01:28:53.00</b>	+00:33:14 (37.4%)	14:48	4.1 (63.1%)
167	<b>ZABLOCKI Emil</b>	<b>697</b>		Open Mężczyzn	116	09:30	<b>01:28:57.10</b>	<b>01:28:57.10</b>	+00:33:19 (37.5%)	14:49	4 (61.5%)
168	<b>BARANOWSKI Hubert</b>	<b>382</b>		Open Masters Mężczyzn	30	08:45	<b>01:29:16.35</b>	<b>01:29:16.35</b>	+00:33:38 (37.7%)	14:52	4 (61.5%)
169	<b>ŁACH Marcin</b>	<b>392</b>		Open Masters Mężczyzn	31	08:45	<b>01:29:16.80</b>	<b>01:29:16.80</b>	+00:33:38 (37.7%)	14:52	4 (61.5%)
170	<b>HOPPE Kevin</b>	<b>666</b>		Open Mężczyzn	117	10:15	<b>01:29:21.10</b>	<b>01:29:21.10</b>	+00:33:43 (37.7%)	14:53	4 (61.5%)
171	<b>MĘDRZYCKI Paweł</b>	<b>40</b>		Open Mężczyzn	118	08:00	<b>01:29:30.50</b>	<b>01:29:30.50</b>	+00:33:52 (37.8%)	14:55	4 (61.5%)
172	<b>KRAJEWSKI Mateusz</b>	<b>264</b>		Open Mężczyzn	119	08:30	<b>01:29:31.95</b>	<b>01:29:31.95</b>	+00:33:53 (37.9%)	14:55	4 (61.5%)
173	<b>MOREK Katarzyna</b>	<b>312</b>	DZIECI KUKURYDZY	Open Kobiet	6	08:45	<b>01:29:48.85</b>	<b>01:29:48.85</b>	+00:34:10 (38.1%)	14:58	4 (61.5%)
174	<b>PRZYTUŁA Marek</b>	<b>726</b>	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	32	09:45	<b>01:29:54.65</b>	<b>01:29:54.65</b>	+00:34:16 (38.1%)	14:59	4 (61.5%)
175	<b>FARIA Manuel</b>	<b>924</b>		Open Mężczyzn	120	08:15	<b>01:29:58.60</b>	<b>01:29:58.60</b>	+00:34:20 (38.2%)	14:59	4 (61.5%)
176	<b>JÓZWICKI Karol</b>	<b>563</b>		Open Mężczyzn	121	09:15	<b>01:30:08.30</b>	<b>01:30:08.30</b>	+00:34:30 (38.3%)	15:01	4 (61.5%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
177	<b>ORŁOWSKI Bartłomiej</b>	<b>577</b>		Open Mężczyzn	122	09:15	<b>01:30:08.70</b>	<b>01:30:08.70</b>	+00:34:30 (38.3%)	15:01	4 (61.5%)
178	<b>SUWALAK Jarosław</b>	<b>842</b>	RUN SHAPE, RUN!	Open Mężczyzn	123	10:00	<b>01:30:14.10</b>	<b>01:30:14.10</b>	+00:34:36 (38.3%)	15:02	4 (61.5%)
179	<b>SZELAWA Krzysztof</b>	<b>945</b>		Open Mężczyzn	124	10:15	<b>01:30:23.85</b>	<b>01:30:23.85</b>	+00:34:45 (38.5%)	15:03	4 (61.5%)
180	<b>RYCHLEWSKI Wojciech</b>	<b>542</b>	SZYBCY I WOLNI	Open Mężczyzn	125	09:15	<b>01:30:25.45</b>	<b>01:30:25.45</b>	+00:34:47 (38.5%)	15:04	4 (61.5%)
181	<b>KOMINIAK Bartłomiej</b>	<b>157</b>		Open Mężczyzn	126	08:15	<b>01:30:27.10</b>	<b>01:30:27.10</b>	+00:34:49 (38.5%)	15:04	4 (61.5%)
182	<b>SZCZĘSNY Piotr</b>	<b>543</b>	SZYBCY I WOLNI	Open Mężczyzn	127	09:15	<b>01:30:27.35</b>	<b>01:30:27.35</b>	+00:34:49 (38.5%)	15:04	4 (61.5%)
183	<b>SANTOS Jorge</b>	<b>931</b>	GOON SQUAD	Open Mężczyzn	128	08:15	<b>01:30:29.80</b>	<b>01:30:29.80</b>	+00:34:51 (38.5%)	15:04	4 (61.5%)
184	<b>KŁOBUCH Daniel</b>	<b>406</b>	AUUUUU	Open Mężczyzn	129	09:00	<b>01:30:32.15</b>	<b>01:30:32.15</b>	+00:34:54 (38.6%)	15:05	4 (61.5%)
185	<b>GOŹDZIK Edward</b>	<b>236</b>	SPARTAN SGX WARSAW	Open Masters Mężczyzn	33	08:30	<b>01:30:33.60</b>	<b>01:30:33.60</b>	+00:34:55 (38.6%)	15:05	4 (61.5%)
186	<b>JANCZYK Damian</b>	<b>152</b>		Open Mężczyzn	130	08:15	<b>01:30:34.45</b>	<b>01:30:34.45</b>	+00:34:56 (38.6%)	15:05	4 (61.5%)
187	<b>WOŹNA Karolina</b>	<b>238</b>	SPARTAN SGX WARSAW	Open Kobiet	7	08:30	<b>01:30:37.05</b>	<b>01:30:37.05</b>	+00:34:59 (38.6%)	15:06	4 (61.5%)
188	<b>GOŹDZIK Paweł</b>	<b>237</b>	SPARTAN SGX WARSAW	Open Mężczyzn	131	08:30	<b>01:30:37.70</b>	<b>01:30:37.70</b>	+00:34:59 (38.6%)	15:06	4 (61.5%)
189	<b>STRZELECKI Bartosz</b>	<b>178</b>		Open Mężczyzn	132	08:15	<b>01:30:37.80</b>	<b>01:30:37.80</b>	+00:34:59 (38.6%)	15:06	4 (61.5%)
190	<b>SOBÓTKA Paweł</b>	<b>795</b>		Open Mężczyzn	133	09:45	<b>01:30:38.00</b>	<b>01:30:38.00</b>	+00:34:59 (38.6%)	15:06	4 (61.5%)
191	<b>STRZELECKI Dawid</b>	<b>179</b>		Open Mężczyzn	134	08:15	<b>01:30:46.05</b>	<b>01:30:46.05</b>	+00:35:08 (38.7%)	15:07	4 (61.5%)
192	<b>CHEŁMIŃSKA Katarzyna</b>	<b>457</b>		Open Kobiet	8	09:00	<b>01:30:46.15</b>	<b>01:30:46.15</b>	+00:35:08 (38.7%)	15:07	4 (61.5%)
193	<b>ANDRUKAJTIS Arkadiusz</b>	<b>626</b>	KYOKUSHIN WĘGORZEWO/ 11MAZURSKI PUŁK ARTYLERII	Open Masters Mężczyzn	34	09:30	<b>01:30:49.80</b>	<b>01:30:49.80</b>	+00:35:11 (38.7%)	15:08	4 (61.5%)
194	<b>HINTZ Anna</b>	<b>617</b>	KYOKUSHIN WĘGORZEWO /11 MAZURSKI PUŁK ARTYLERII	Open Masters Kobiet	4	09:30	<b>01:30:51.60</b>	<b>01:30:51.60</b>	+00:35:13 (38.8%)	15:08	4 (61.5%)
195	<b>ŻERAŃSKI Adam</b>	<b>530</b>	KOST KURPIOWSKI ODDZIAŁ SPECJALNEJ TROSKI	Open Mężczyzn	135	09:15	<b>01:30:52.20</b>	<b>01:30:52.20</b>	+00:35:14 (38.8%)	15:08	4 (61.5%)
196	<b>KRUCZYŃSKI Jan</b>	<b>959</b>		Open Mężczyzn	136	09:15	<b>01:30:54.25</b>	<b>01:30:54.25</b>	+00:35:16 (38.8%)	15:09	4 (61.5%)
197	<b>GAJEWSKI Łukasz</b>	<b>103</b>	GENTLEMENELS	Open Mężczyzn	137	08:15	<b>01:31:10.70</b>	<b>01:31:10.70</b>	+00:35:32 (39.0%)	15:11	3.9 (60.0%)
198	<b>BORAWSKI Piotr</b>	<b>136</b>		Open Mężczyzn	138	08:15	<b>01:31:12.40</b>	<b>01:31:12.40</b>	+00:35:34 (39.0%)	15:12	3.9 (60.0%)
199	<b>DRUŻYŃSKI Tomasz</b>	<b>249</b>		Open Mężczyzn	139	08:30	<b>01:31:30.50</b>	<b>01:31:30.50</b>	+00:35:52 (39.2%)	15:15	3.9 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
200	<b>KALWIŃSKI Łukasz</b>	<b>671</b>		Open Mężczyzn	140	09:30	<b>01:31:49.20</b>	<b>01:31:49.20</b>	+00:36:11 (39.4%)	15:18	3.9 (60.0%)
201	<b>LISAK Sebastian</b>	<b>474</b>		Open Mężczyzn	141	09:00	<b>01:31:51.00</b>	<b>01:31:51.00</b>	+00:36:12 (39.4%)	15:18	3.9 (60.0%)
202	<b>PAWŁOSKI Rafał</b>	<b>479</b>		Open Mężczyzn	142	09:00	<b>01:31:52.50</b>	<b>01:31:52.50</b>	+00:36:14 (39.4%)	15:18	3.9 (60.0%)
203	<b>WYSOCKI Andrzej</b>	<b>904</b>	KYOKUSHIN WĘGORZEWO /11 MAZURSKI PUŁK ARTYLERII	Open Masters Mężczyzn	35	09:30	<b>01:31:53.00</b>	<b>01:31:53.00</b>	+00:36:14 (39.5%)	15:18	3.9 (60.0%)
204	<b>PIELAK Karol</b>	<b>480</b>		Open Mężczyzn	143	09:00	<b>01:31:55.30</b>	<b>01:31:55.30</b>	+00:36:17 (39.5%)	15:19	3.9 (60.0%)
205	<b>PTASIŃSKI Kacper</b>	<b>28</b>	HUSARIA RACE TEAM	Open Mężczyzn	144	08:00	<b>01:31:59.50</b>	<b>01:31:59.50</b>	+00:36:21 (39.5%)	15:19	3.9 (60.0%)
206	<b>RACIBORSKI Lukasz</b>	<b>296</b>	BISKUPIEC - ZATORZE	Open Mężczyzn	145	08:45	<b>01:32:00.75</b>	<b>01:32:00.75</b>	+00:36:22 (39.5%)	15:20	3.9 (60.0%)
207	<b>NIEWINSKI Piotr</b>	<b>423</b>	CHOBUKAN BIAŁYSTOK	Open Mężczyzn	146	09:00	<b>01:32:12.00</b>	<b>01:32:12.00</b>	+00:36:33 (39.7%)	15:22	3.9 (60.0%)
208	<b>ROGOWSKI Damian</b>	<b>691</b>		Open Mężczyzn	147	09:30	<b>01:32:16.35</b>	<b>01:32:16.35</b>	+00:36:38 (39.7%)	15:22	3.9 (60.0%)
209	<b>MARCZAK Mateusz</b>	<b>681</b>		Open Mężczyzn	148	09:30	<b>01:32:17.00</b>	<b>01:32:17.00</b>	+00:36:38 (39.7%)	15:22	3.9 (60.0%)
210	<b>GICZAN Mariusz</b>	<b>421</b>	CHOBUKAN BIAŁYSTOK	Open Masters Mężczyzn	36	09:00	<b>01:32:32.95</b>	<b>01:32:32.95</b>	+00:36:54 (39.9%)	15:25	3.9 (60.0%)
211	<b>ŁADNIAK Monika</b>	<b>416</b>	BRYŻYD TEAM	Open Kobiet	9	09:00	<b>01:32:37.20</b>	<b>01:32:37.20</b>	+00:36:59 (39.9%)	15:26	3.9 (60.0%)
212	<b>KOZŁOWSKI Zbigniew</b>	<b>415</b>	BRYŻYD TEAM	Open Mężczyzn	149	09:00	<b>01:32:37.95</b>	<b>01:32:37.95</b>	+00:36:59 (39.9%)	15:26	3.9 (60.0%)
213	<b>MADEJ Dawid</b>	<b>570</b>		Open Mężczyzn	150	09:15	<b>01:32:41.50</b>	<b>01:32:41.50</b>	+00:37:03 (40.0%)	15:26	3.9 (60.0%)
214	<b>DYBA Krzysztof</b>	<b>250</b>		Open Mężczyzn	151	08:30	<b>01:32:47.60</b>	<b>01:32:47.60</b>	+00:37:09 (40.0%)	15:27	3.9 (60.0%)
215	<b>JERUZAL Mateusz</b>	<b>118</b>	OTADOULA	Open Mężczyzn	152	08:15	<b>01:32:58.05</b>	<b>01:32:58.05</b>	+00:37:20 (40.2%)	15:29	3.9 (60.0%)
216	<b>LEOŃCZYK Krzysztof</b>	<b>120</b>	OTADOULA	Open Mężczyzn	153	08:15	<b>01:32:58.35</b>	<b>01:32:58.35</b>	+00:37:20 (40.2%)	15:29	3.9 (60.0%)
217	<b>KACZMARCZYK Paweł</b>	<b>119</b>	OTADOULA	Open Mężczyzn	154	08:15	<b>01:33:03.00</b>	<b>01:33:03.00</b>	+00:37:24 (40.2%)	15:30	3.9 (60.0%)
218	<b>PAUL Adam</b>	<b>578</b>		Open Mężczyzn	155	09:15	<b>01:33:03.75</b>	<b>01:33:03.75</b>	+00:37:25 (40.2%)	15:30	3.9 (60.0%)
219	<b>BANASZCZYK Tomasz</b>	<b>825</b>	RUN SHAPE, RUN!	Open Mężczyzn	156	10:00	<b>01:33:17.80</b>	<b>01:33:17.80</b>	+00:37:39 (40.4%)	15:32	3.9 (60.0%)
219	<b>KUŹNICKI Dominik</b>	<b>836</b>	RUN SHAPE, RUN!	Open Mężczyzn	157	10:00	<b>01:33:17.80</b>	<b>01:33:17.80</b>	+00:37:39 (40.4%)	15:32	3.9 (60.0%)
221	<b>ZIÓŁKOWSKI Łukasz</b>	<b>410</b>	AUUUUU	Open Mężczyzn	158	09:00	<b>01:33:18.85</b>	<b>01:33:18.85</b>	+00:37:40 (40.4%)	15:33	3.9 (60.0%)
222	<b>GOŁAŚ Paweł</b>	<b>663</b>		Open Mężczyzn	159	09:30	<b>01:33:31.80</b>	<b>01:33:31.80</b>	+00:37:53 (40.5%)	15:35	3.8 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
223	FETLIŃSKI Grzegorz	148		Open Mężczyzn	160	08:15	01:33:32.25	01:33:32.25	+00:37:54 (40.5%)	15:35	3.8 (58.5%)
224	ZDANOWICZ Maciek	597		Open Mężczyzn	161	09:15	01:33:32.30	01:33:32.30	+00:37:54 (40.5%)	15:35	3.8 (58.5%)
225	GOŁAŚ Paulina	662		Open Kobiet	10	09:30	01:33:32.40	01:33:32.40	+00:37:54 (40.5%)	15:35	3.8 (58.5%)
226	MATYSIEWICZ Józef	270		Open Masters Mężczyzn	37	08:30	01:33:35.80	01:33:35.80	+00:37:57 (40.6%)	15:35	3.8 (58.5%)
227	LESZKIEWICZ Paweł	266		Open Mężczyzn	162	08:30	01:33:45.75	01:33:45.75	+00:38:07 (40.7%)	15:37	3.8 (58.5%)
228	SIERPIŃSKI Przemysław	175		Open Mężczyzn	163	08:15	01:33:51.50	01:33:51.50	+00:38:13 (40.7%)	15:38	3.8 (58.5%)
229	GICZAN Daria	420	CHOBUKAN BIAŁYSTOK	Open Kobiet	11	09:00	01:33:53.00	01:33:53.00	+00:38:14 (40.7%)	15:38	3.8 (58.5%)
230	TRACZYK Paweł	909		Open Mężczyzn	164	10:15	01:34:03.30	01:34:03.30	+00:38:25 (40.8%)	15:40	3.8 (58.5%)
231	KĘDZIERSKI Sebastian	640	MICHELIN TEAM	Open Mężczyzn	165	09:30	01:34:04.65	01:34:04.65	+00:38:26 (40.9%)	15:40	3.8 (58.5%)
232	BĄK Konrad	324	GRUPA SPECJANLEJ BESTROSKI-MASAŻ BĘDZIE PÓŹNIEJ ;-)	Open Mężczyzn	166	10:15	01:34:05.00	01:34:05.00	+00:38:26 (40.9%)	15:40	3.8 (58.5%)
233	TOMCZAK Wojciech	625	KYOKUSHIN WĘGORZEWO /11 MAZURSKI PUŁK ARTYLERII	Open Mężczyzn	167	09:30	01:34:09.45	01:34:09.45	+00:38:31 (40.9%)	15:41	3.8 (58.5%)
234	MATEJKOWSKI Artur	599	AKADEMIA SPORTU MEDYK	Open Mężczyzn	168	09:30	01:34:09.55	01:34:09.55	+00:38:31 (40.9%)	15:41	3.8 (58.5%)
235	ZIÓŁKOWSKI Łukasz	699		Open Mężczyzn	169	09:30	01:34:11.50	01:34:11.50	+00:38:33 (40.9%)	15:41	3.8 (58.5%)
236	KAMIŃSKI Dawid	565		Open Mężczyzn	170	09:15	01:34:39.70	01:34:39.70	+00:39:01 (41.2%)	15:46	3.8 (58.5%)
237	BUSIŃSKI Adam	944	CRAZY RUNNERS	Open Masters Mężczyzn	38	08:45	01:34:42.40	01:34:42.40	+00:39:04 (41.3%)	15:47	3.8 (58.5%)
238	EJDYS Grzegorz	659		Open Mężczyzn	171	09:30	01:34:50.65	01:34:50.65	+00:39:12 (41.3%)	15:48	3.8 (58.5%)
239	LENARD Aleksandra	721	AKADEMIA SPORTU MEDYK	Open Kobiet	12	09:45	01:34:51.80	01:34:51.80	+00:39:13 (41.4%)	15:48	3.8 (58.5%)
240	GRYGO Krzysztof	713	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	39	09:45	01:34:55.30	01:34:55.30	+00:39:17 (41.4%)	15:49	3.8 (58.5%)
241	KUMISZCZA Teresa	159		Open Kobiet	13	08:15	01:34:57.00	01:34:57.00	+00:39:18 (41.4%)	15:49	3.8 (58.5%)
242	SWANSON Dakota	953		Open Mężczyzn	172	10:15	01:35:11.10	01:35:11.10	+00:39:33 (41.6%)	15:51	3.8 (58.5%)
243	MASON Jamaal	913		Open Mężczyzn	173	10:15	01:35:22.55	01:35:22.55	+00:39:44 (41.7%)	15:53	3.8 (58.5%)
244	TOMCZAK Adrian	381	ZŁOCZEWIANIE	Open Mężczyzn	174	09:15	01:35:28.95	01:35:28.95	+00:39:50 (41.7%)	15:54	3.8 (58.5%)
245	TATKO Michał	182		Open Mężczyzn	175	08:15	01:35:29.65	01:35:29.65	+00:39:51 (41.7%)	15:54	3.8 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
246	<b>TATKO Jakub</b>	<b>181</b>		Open Mężczyzn	176	08:15	<b>01:35:31.60</b>	<b>01:35:31.60</b>	+00:39:53 (41.8%)	15:55	3.8 (58.5%)
247	<b>KOLIMAGA Kamil</b>	<b>675</b>		Open Mężczyzn	177	09:30	<b>01:35:42.25</b>	<b>01:35:42.25</b>	+00:40:04 (41.9%)	15:57	3.8 (58.5%)
248	<b>HRYNKO Rafał</b>	<b>560</b>		Open Mężczyzn	178	09:15	<b>01:35:44.10</b>	<b>01:35:44.10</b>	+00:40:06 (41.9%)	15:57	3.8 (58.5%)
249	<b>WAKUŁOWSKI Grzegorz</b>	<b>184</b>		Open Mężczyzn	179	08:15	<b>01:35:58.90</b>	<b>01:35:58.90</b>	+00:40:20 (42.0%)	15:59	3.8 (58.5%)
250	<b>PIOTROWSKI Arkadiusz</b>	<b>949</b>		Open Masters Mężczyzn	40	09:30	<b>01:36:05.90</b>	<b>01:36:05.90</b>	+00:40:27 (42.1%)	16:00	3.7 (56.9%)
251	<b>MICKIEWICZ Grażyna</b>	<b>620</b>	KYOKUSHIN WĘGORZEWO /11 MAZURSKI PUŁK ARTYLERII	Open Masters Kobiet	5	09:30	<b>01:36:08.90</b>	<b>01:36:08.90</b>	+00:40:30 (42.1%)	16:01	3.7 (56.9%)
252	<b>MICKIEWICZ Paweł</b>	<b>621</b>	KYOKUSHIN WĘGORZEWO /11 MAZURSKI PUŁK ARTYLERII	Open Masters Mężczyzn	41	09:30	<b>01:36:10.00</b>	<b>01:36:10.00</b>	+00:40:31 (42.1%)	16:01	3.7 (56.9%)
253	<b>BLAŃDA Dominik</b>	<b>908</b>		Open Mężczyzn	180	09:30	<b>01:36:18.20</b>	<b>01:36:18.20</b>	+00:40:40 (42.2%)	16:03	3.7 (56.9%)
254	<b>KUNDA Artur</b>	<b>161</b>		Open Mężczyzn	181	08:15	<b>01:36:24.50</b>	<b>01:36:24.50</b>	+00:40:46 (42.3%)	16:04	3.7 (56.9%)
255	<b>DICKINSON Raymond</b>	<b>938</b>	GRIME SQUAD	Open Mężczyzn	182	08:15	<b>01:36:29.20</b>	<b>01:36:29.20</b>	+00:40:51 (42.3%)	16:04	3.7 (56.9%)
256	<b>ANSZCZAK Grzegorz</b>	<b>552</b>		Open Mężczyzn	183	09:15	<b>01:36:30.55</b>	<b>01:36:30.55</b>	+00:40:52 (42.4%)	16:05	3.7 (56.9%)
257	<b>DE JESUS Raul John</b>	<b>941</b>	GRIME SQUAD	Open Mężczyzn	184	08:15	<b>01:36:33.80</b>	<b>01:36:33.80</b>	+00:40:55 (42.4%)	16:05	3.7 (56.9%)
258	<b>HENRICKSON Cooper</b>	<b>939</b>	GRIME SQUAD	Open Mężczyzn	185	08:15	<b>01:36:34.90</b>	<b>01:36:34.90</b>	+00:40:56 (42.4%)	16:05	3.7 (56.9%)
259	<b>KONARSKI Tomasz</b>	<b>29</b>	KOSZMAR TEŚCIOWEJ	Elite Mężczyzn	12	08:00	<b>01:36:48.35</b>	<b>01:36:48.35</b>	+00:41:10 (42.5%)	16:08	3.7 (56.9%)
260	<b>PAŚNIKOWSKA Oliwia</b>	<b>840</b>	RUN SHAPE, RUN!	Open Kobiet	14	08:15	<b>01:36:48.75</b>	<b>01:36:48.75</b>	+00:41:10 (42.5%)	16:08	3.7 (56.9%)
261	<b>PLACIDO Eliot</b>	<b>937</b>	GRIME SQUAD	Open Mężczyzn	186	08:15	<b>01:36:49.35</b>	<b>01:36:49.35</b>	+00:41:11 (42.5%)	16:08	3.7 (56.9%)
262	<b>SANTOS John</b>	<b>942</b>	GRIME SQUAD	Open Mężczyzn	187	08:15	<b>01:36:54.25</b>	<b>01:36:54.25</b>	+00:41:16 (42.6%)	16:09	3.7 (56.9%)
263	<b>HANDZLIK Tomasz</b>	<b>4</b>	DENISTEAM	Elite Masters Mężczyzn	3	08:00	<b>01:37:06.85</b>	<b>01:37:06.85</b>	+00:41:28 (42.7%)	16:11	3.7 (56.9%)
264	<b>BOGDAN Jacek</b>	<b>652</b>		Open Mężczyzn	188	09:30	<b>01:37:13.15</b>	<b>01:37:13.15</b>	+00:41:35 (42.8%)	16:12	3.7 (56.9%)
265	<b>PAWLUK Bartosz</b>	<b>894</b>		Open Mężczyzn	189	10:00	<b>01:37:40.70</b>	<b>01:37:40.70</b>	+00:42:02 (43.0%)	16:16	3.7 (56.9%)
266	<b>KULACZKOWSKI Adrian</b>	<b>889</b>		Open Mężczyzn	190	10:00	<b>01:37:42.15</b>	<b>01:37:42.15</b>	+00:42:04 (43.1%)	16:17	3.7 (56.9%)
267	<b>STEFAŃSKI Dawid</b>	<b>812</b>	KASZEBE ADVENTURE TEAM	Open Mężczyzn	191	10:00	<b>01:37:42.85</b>	<b>01:37:42.85</b>	+00:42:04 (43.1%)	16:17	3.7 (56.9%)
268	<b>BERNATOWICZ Karol</b>	<b>810</b>	KASZEBE ADVENTURE TEAM	Open Mężczyzn	192	10:00	<b>01:37:44.20</b>	<b>01:37:44.20</b>	+00:42:06 (43.1%)	16:17	3.7 (56.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
269	<b>BERNATOWICZ Damian</b>	<b>809</b>	KASZEBE ADVENTURE TEAM	Open Mężczyzn	193	10:00	<b>01:37:46.45</b>	<b>01:37:46.45</b>	+00:42:08 (43.1%)	16:17	3.7 (56.9%)
270	<b>CZEKAJ Mateusz</b>	<b>459</b>		Open Mężczyzn	194	09:00	<b>01:37:49.45</b>	<b>01:37:49.45</b>	+00:42:11 (43.1%)	16:18	3.7 (56.9%)
271	<b>KOŁODZIEJCZYK Piotr</b>	<b>958</b>	ATOM RS	Open Masters Mężczyzn	42	09:30	<b>01:37:50.50</b>	<b>01:37:50.50</b>	+00:42:12 (43.1%)	16:18	3.7 (56.9%)
272	<b>KOTWICKI Sebastian</b>	<b>601</b>	ATOM RS	Open Mężczyzn	195	09:30	<b>01:37:54.60</b>	<b>01:37:54.60</b>	+00:42:16 (43.2%)	16:19	3.7 (56.9%)
273	<b>GRASZK Paweł</b>	<b>35</b>	STP PIOTR KUŁAK	Open Mężczyzn	196	08:00	<b>01:37:56.90</b>	<b>01:37:56.90</b>	+00:42:18 (43.2%)	16:19	3.7 (56.9%)
274	<b>GWOŹDZIEJ Łukasz</b>	<b>506</b>	CROSS ELITE GRAJEWO	Open Mężczyzn	197	09:15	<b>01:38:01.70</b>	<b>01:38:01.70</b>	+00:42:23 (43.2%)	16:20	3.7 (56.9%)
275	<b>KOWALEWSKI Tomasz</b>	<b>678</b>		Open Mężczyzn	198	09:30	<b>01:38:02.10</b>	<b>01:38:02.10</b>	+00:42:24 (43.3%)	16:20	3.7 (56.9%)
276	<b>KACZYŃSKI Sylwek</b>	<b>670</b>		Open Mężczyzn	199	09:30	<b>01:38:06.25</b>	<b>01:38:06.25</b>	+00:42:28 (43.3%)	16:21	3.7 (56.9%)
277	<b>KUSZTAL Paweł</b>	<b>874</b>	WHITE HAND RT	Open Mężczyzn	200	10:00	<b>01:38:08.30</b>	<b>01:38:08.30</b>	+00:42:30 (43.3%)	16:21	3.7 (56.9%)
278	<b>NAGUCKI Maciej</b>	<b>503</b>	CHLEB I WINO LALATEAM	Open Mężczyzn	201	09:15	<b>01:38:08.75</b>	<b>01:38:08.75</b>	+00:42:30 (43.3%)	16:21	3.7 (56.9%)
279	<b>ZOLNIK Łukasz</b>	<b>515</b>	CROSS ELITE GRAJEWO	Open Mężczyzn	202	09:15	<b>01:38:09.20</b>	<b>01:38:09.20</b>	+00:42:31 (43.3%)	16:21	3.7 (56.9%)
280	<b>LALEWICZ Adam</b>	<b>502</b>	CHLEB I WINO LALATEAM	Open Mężczyzn	203	09:15	<b>01:38:09.30</b>	<b>01:38:09.30</b>	+00:42:31 (43.3%)	16:21	3.7 (56.9%)
281	<b>MALINOWSKI Damian</b>	<b>724</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	204	09:45	<b>01:38:21.50</b>	<b>01:38:21.50</b>	+00:42:43 (43.4%)	16:23	3.7 (56.9%)
282	<b>TULODZIECKA-SAWCZUK Aleksandra</b>	<b>590</b>		Open Kobiet	15	09:15	<b>01:38:23.80</b>	<b>01:38:23.80</b>	+00:42:45 (43.5%)	16:23	3.7 (56.9%)
283	<b>SZYMANIUK Kamil</b>	<b>217</b>	DUCH PUSZCZY	Open Mężczyzn	205	08:30	<b>01:38:27.40</b>	<b>01:38:27.40</b>	+00:42:49 (43.5%)	16:24	3.7 (56.9%)
284	<b>MIKLASZEWSKI Kamil</b>	<b>571</b>		Open Mężczyzn	206	09:15	<b>01:38:32.65</b>	<b>01:38:32.65</b>	+00:42:54 (43.5%)	16:25	3.7 (56.9%)
285	<b>ALEKSA Szymon</b>	<b>551</b>		Open Mężczyzn	207	09:15	<b>01:38:33.35</b>	<b>01:38:33.35</b>	+00:42:55 (43.6%)	16:25	3.7 (56.9%)
286	<b>KOSTRZEWA Izabela</b>	<b>870</b>	WĄSATA KSIĘGOWA I PAN KANAPKA	Open Kobiet	16	10:00	<b>01:38:37.65</b>	<b>01:38:37.65</b>	+00:42:59 (43.6%)	16:26	3.7 (56.9%)
287	<b>BACIA Marek</b>	<b>216</b>	DUCH PUSZCZY	Open Masters Mężczyzn	43	08:30	<b>01:38:42.75</b>	<b>01:38:42.75</b>	+00:43:04 (43.6%)	16:27	3.6 (55.4%)
288	<b>KLIK Paweł</b>	<b>233</b>	NIE NO NIE WIEM	Open Mężczyzn	208	08:30	<b>01:38:46.65</b>	<b>01:38:46.65</b>	+00:43:08 (43.7%)	16:27	3.6 (55.4%)
289	<b>KAMIŃSKA Róża</b>	<b>564</b>		Open Kobiet	17	09:15	<b>01:38:54.10</b>	<b>01:38:54.10</b>	+00:43:16 (43.7%)	16:29	3.6 (55.4%)
290	<b>POPOWSKA Edyta</b>	<b>169</b>		Open Kobiet	18	08:15	<b>01:39:03.60</b>	<b>01:39:03.60</b>	+00:43:25 (43.8%)	16:30	3.6 (55.4%)
291	<b>FILIPIAK Adam</b>	<b>463</b>		Open Mężczyzn	209	09:00	<b>01:39:06.30</b>	<b>01:39:06.30</b>	+00:43:28 (43.9%)	16:31	3.6 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
292	<b>BŁASIAK Agata</b>	<b>454</b>		Open Kobiet	19	09:00	<b>01:39:10.25</b>	<b>01:39:10.25</b>	+00:43:32 (43.9%)	16:31	3.6 (55.4%)
293	<b>DĄBROWSKA Julia</b>	<b>635</b>	MAZURSKIE SHOTY	Open Kobiet	20	09:30	<b>01:39:10.85</b>	<b>01:39:10.85</b>	+00:43:32 (43.9%)	16:31	3.6 (55.4%)
294	<b>KUSZ Mariusz</b>	<b>162</b>		Open Masters Mężczyzn	44	08:15	<b>01:39:13.40</b>	<b>01:39:13.40</b>	+00:43:35 (43.9%)	16:32	3.6 (55.4%)
295	<b>WOJCIULEWICZ Paweł</b>	<b>187</b>		Open Mężczyzn	210	08:15	<b>01:39:13.45</b>	<b>01:39:13.45</b>	+00:43:35 (43.9%)	16:32	3.6 (55.4%)
296	<b>GRZECHNIK Paweł</b>	<b>126</b>	STP PIOTR KUŁAK	Open Mężczyzn	211	08:15	<b>01:39:15.50</b>	<b>01:39:15.50</b>	+00:43:37 (44.0%)	16:32	3.6 (55.4%)
297	<b>ZANIEWSKI Łukasz</b>	<b>545</b>	TIM DRIM	Open Mężczyzn	212	09:15	<b>01:39:19.00</b>	<b>01:39:19.00</b>	+00:43:40 (44.0%)	16:33	3.6 (55.4%)
298	<b>ŁUKASIK Mikołaj</b>	<b>128</b>	STP PIOTR KUŁAK	Open Mężczyzn	213	08:15	<b>01:39:19.05</b>	<b>01:39:19.05</b>	+00:43:41 (44.0%)	16:33	3.6 (55.4%)
299	<b>JANKOJC Katarzyna</b>	<b>637</b>	MAZURSKIE SHOTY	Open Kobiet	21	09:30	<b>01:39:20.60</b>	<b>01:39:20.60</b>	+00:43:42 (44.0%)	16:33	3.6 (55.4%)
300	<b>BACZEWSKI Andrzej</b>	<b>701</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	214	09:45	<b>01:39:21.05</b>	<b>01:39:21.05</b>	+00:43:43 (44.0%)	16:33	3.6 (55.4%)
301	<b>GAWRYŚ Marta</b>	<b>636</b>	MAZURSKIE SHOTY	Open Masters Kobiet	6	09:30	<b>01:39:21.50</b>	<b>01:39:21.50</b>	+00:43:43 (44.0%)	16:33	3.6 (55.4%)
302	<b>CHOJNOWSKI Robert</b>	<b>707</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	215	09:45	<b>01:39:21.60</b>	<b>01:39:21.60</b>	+00:43:43 (44.0%)	16:33	3.6 (55.4%)
303	<b>MAŁANOWSKI Marek</b>	<b>639</b>	MAZURSKIE SHOTY	Open Mężczyzn	216	09:30	<b>01:39:21.95</b>	<b>01:39:21.95</b>	+00:43:43 (44.0%)	16:33	3.6 (55.4%)
304	<b>GAJZLER Krystian</b>	<b>831</b>	RUN SHAPE, RUN!	Open Mężczyzn	217	10:00	<b>01:39:22.10</b>	<b>01:39:22.10</b>	+00:43:44 (44.0%)	16:33	3.6 (55.4%)
305	<b>NIKONOWICZ Bartosz</b>	<b>788</b>		Open Mężczyzn	218	09:45	<b>01:39:23.60</b>	<b>01:39:23.60</b>	+00:43:45 (44.0%)	16:33	3.6 (55.4%)
306	<b>JAŚTAK Natalia</b>	<b>562</b>		Open Kobiet	22	09:15	<b>01:39:25.60</b>	<b>01:39:25.60</b>	+00:43:47 (44.0%)	16:34	3.6 (55.4%)
307	<b>SKAŁA Artur</b>	<b>814</b>	PLATINUM	Open Masters Mężczyzn	45	10:00	<b>01:39:29.45</b>	<b>01:39:29.45</b>	+00:43:51 (44.1%)	16:34	3.6 (55.4%)
308	<b>CHOJNOWSKA Marlena</b>	<b>706</b>	AKADEMIA SPORTU MEDYK	Open Kobiet	23	09:45	<b>01:39:29.80</b>	<b>01:39:29.80</b>	+00:43:51 (44.1%)	16:34	3.6 (55.4%)
309	<b>DRASZAWKA Łukasz</b>	<b>340</b>	POWER TRAINING	Open Mężczyzn	219	08:45	<b>01:39:30.30</b>	<b>01:39:30.30</b>	+00:43:52 (44.1%)	16:35	3.6 (55.4%)
310	<b>PUTRA Marek</b>	<b>727</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	220	09:45	<b>01:39:32.95</b>	<b>01:39:32.95</b>	+00:43:54 (44.1%)	16:35	3.6 (55.4%)
311	<b>HONISZ Anna</b>	<b>665</b>		Open Masters Kobiet	7	10:15	<b>01:39:34.35</b>	<b>01:39:34.35</b>	+00:43:56 (44.1%)	16:35	3.6 (55.4%)
312	<b>LEMAŃSKI Kamil</b>	<b>720</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	221	09:45	<b>01:39:34.65</b>	<b>01:39:34.65</b>	+00:43:56 (44.1%)	16:35	3.6 (55.4%)
313	<b>MŁYNARCZYK Artur</b>	<b>839</b>	RUN SHAPE, RUN!	Open Mężczyzn	222	10:00	<b>01:39:36.00</b>	<b>01:39:36.00</b>	+00:43:57 (44.1%)	16:36	3.6 (55.4%)
314	<b>JURGA Mateusz</b>	<b>232</b>	NIE NO NIE WIEM	Open Mężczyzn	223	08:30	<b>01:39:37.95</b>	<b>01:39:37.95</b>	+00:43:59 (44.2%)	16:36	3.6 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
315	FIRST Tomasz	774		Open Mężczyzn	224	08:45	01:39:50.00	01:39:50.00	+00:44:11 (44.3%)	16:38	3.6 (55.4%)
316	GRABOWSKI Rafał	884		Open Mężczyzn	225	10:00	01:39:55.40	01:39:55.40	+00:44:17 (44.3%)	16:39	3.6 (55.4%)
317	MURZYNIEC Adam	272		Open Masters Mężczyzn	46	08:30	01:39:59.70	01:39:59.70	+00:44:21 (44.4%)	16:39	3.6 (55.4%)
318	BOGDAN Krzysztof	308	CRAZY RUNNERS	Open Mężczyzn	226	08:45	01:40:11.45	01:40:11.45	+00:44:33 (44.5%)	16:41	3.6 (55.4%)
319	STRUPINSKA Anna	898		Open Masters Kobiet	8	10:00	01:40:19.15	01:40:19.15	+00:44:41 (44.5%)	16:43	3.6 (55.4%)
320	FIRST Dorota	773		Open Masters Kobiet	9	08:45	01:40:20.25	01:40:20.25	+00:44:42 (44.6%)	16:43	3.6 (55.4%)
321	CITUK Małgorzata	881		Open Masters Kobiet	10	10:00	01:40:23.15	01:40:23.15	+00:44:45 (44.6%)	16:43	3.6 (55.4%)
322	PAŚNIKOWSKA Oliwia	970		Open Kobiet	24	10:00	01:40:25.15	01:40:25.15	+00:44:47 (44.6%)	16:44	3.6 (55.4%)
323	ANDRZEJEWSKI Tomasz	824	RUN SHAPE, RUN!	Open Mężczyzn	227	10:00	01:40:29.25	01:40:29.25	+00:44:51 (44.6%)	16:44	3.6 (55.4%)
324	ŁUCHNIAK Kuba	838	RUN SHAPE, RUN!	Open Mężczyzn	228	10:00	01:40:46.75	01:40:46.75	+00:45:08 (44.8%)	16:47	3.6 (55.4%)
325	DROBNIK Karin	828	RUN SHAPE, RUN!	Open Kobiet	25	10:00	01:40:46.90	01:40:46.90	+00:45:08 (44.8%)	16:47	3.6 (55.4%)
326	SŁOWIK Marcin	286		Open Mężczyzn	229	08:30	01:40:47.30	01:40:47.30	+00:45:09 (44.8%)	16:47	3.6 (55.4%)
327	GAŁĄZKA Marcin	660		Open Mężczyzn	230	09:30	01:40:53.65	01:40:53.65	+00:45:15 (44.9%)	16:48	3.6 (55.4%)
328	HANUS Łukasz	256		Open Mężczyzn	231	08:30	01:41:05.00	01:41:05.00	+00:45:26 (45.0%)	16:50	3.6 (55.4%)
329	GÓRKA Robert	254		Open Masters Mężczyzn	47	08:30	01:41:05.50	01:41:05.50	+00:45:27 (45.0%)	16:50	3.6 (55.4%)
330	JAKUBOWSKI Marcin	667		Open Mężczyzn	232	09:30	01:41:07.80	01:41:07.80	+00:45:29 (45.0%)	16:51	3.6 (55.4%)
331	KARWOWSKA Kinga	507	CROSS ELITE GRAJEWO	Open Kobiet	26	09:15	01:41:08.75	01:41:08.75	+00:45:30 (45.0%)	16:51	3.6 (55.4%)
332	SMOLARKIEWICZ Konrad	8	DRAGON BALL WRONKI	Elite Mężczyzn	13	08:00	01:41:08.85	01:41:08.85	+00:45:30 (45.0%)	16:51	3.6 (55.4%)
333	URLIK Patryk	843	RUN SHAPE, RUN!	Open Mężczyzn	233	10:00	01:41:13.65	01:41:13.65	+00:45:35 (45.0%)	16:52	3.6 (55.4%)
334	NIEBRZYDOWSKI Marcin	509	CROSS ELITE GRAJEWO	Open Mężczyzn	234	09:15	01:41:13.75	01:41:13.75	+00:45:35 (45.0%)	16:52	3.6 (55.4%)
335	MAKOSZ Barbara	763	RUNTEAM PAWŁOWICE	Open Masters Kobiet	11	09:45	01:41:15.80	01:41:15.80	+00:45:37 (45.1%)	16:52	3.6 (55.4%)
336	DYNIA Krystian	658		Open Mężczyzn	235	09:45	01:41:16.00	01:41:16.00	+00:45:37 (45.1%)	16:52	3.6 (55.4%)
337	RUDY Elena	965		Open Kobiet	27	10:15	01:41:36.05	01:41:36.05	+00:45:58 (45.2%)	16:56	3.5 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
338	<b>BURKLOW Robert</b>	<b>967</b>		Open Mężczyzn	236	10:15	<b>01:41:36.60</b>	<b>01:41:36.60</b>	+00:45:58 (45.2%)	16:56	3.5 (53.8%)
339	<b>SIWEK Aneta</b>	<b>622</b>	KYOKUSHIN WĘGORZEWO /11 MAZURSKI PUŁK ARTYLERII	Open Kobiet	28	09:30	<b>01:41:43.65</b>	<b>01:41:43.65</b>	+00:46:05 (45.3%)	16:57	3.5 (53.8%)
340	<b>PAWŁOWICZ Roland</b>	<b>27</b>	HUSARIA RACE TEAM	Elite Mężczyzn	14	08:00	<b>01:41:49.85</b>	<b>01:41:49.85</b>	+00:46:11 (45.4%)	16:58	3.5 (53.8%)
341	<b>OCHMAN Marek</b>	<b>919</b>		Open Mężczyzn	237	10:15	<b>01:41:53.05</b>	<b>01:41:53.05</b>	+00:46:15 (45.4%)	16:58	3.5 (53.8%)
342	<b>PIASECKA Anna</b>	<b>368</b>	THE POWER OF FAMILY	Open Kobiet	29	08:45	<b>01:41:53.70</b>	<b>01:41:53.70</b>	+00:46:15 (45.4%)	16:58	3.5 (53.8%)
343	<b>WOŁYNYEC Braian</b>	<b>18</b>	EŁK FORCE ONE	Elite Mężczyzn	15	08:00	<b>01:41:54.90</b>	<b>01:41:54.90</b>	+00:46:16 (45.4%)	16:59	3.5 (53.8%)
344	<b>PIASECKI Dariusz</b>	<b>369</b>	THE POWER OF FAMILY	Open Masters Mężczyzn	48	08:45	<b>01:41:55.55</b>	<b>01:41:55.55</b>	+00:46:17 (45.4%)	16:59	3.5 (53.8%)
345	<b>CHADAJ Marcin</b>	<b>139</b>		Open Mężczyzn	238	08:15	<b>01:42:03.00</b>	<b>01:42:03.00</b>	+00:46:24 (45.5%)	17:00	3.5 (53.8%)
346	<b>MACIUSZKO Wiesia</b>	<b>339</b>	OUTDOOR TRAINING	Open Masters Kobiet	12	08:45	<b>01:42:06.30</b>	<b>01:42:06.30</b>	+00:46:28 (45.5%)	17:01	3.5 (53.8%)
347	<b>SZCZĘSNY Wiktor</b>	<b>544</b>	SZYBCY I WOLNI	Open Masters Mężczyzn	49	09:15	<b>01:42:08.80</b>	<b>01:42:08.80</b>	+00:46:30 (45.5%)	17:01	3.5 (53.8%)
348	<b>KIERSNOWSKI Sebastian</b>	<b>259</b>		Open Mężczyzn	239	08:30	<b>01:42:12.50</b>	<b>01:42:12.50</b>	+00:46:34 (45.6%)	17:02	3.5 (53.8%)
349	<b>KLINIEWSKA Iwona</b>	<b>362</b>	THE POWER OF FAMILY	Open Kobiet	30	08:45	<b>01:42:15.85</b>	<b>01:42:15.85</b>	+00:46:37 (45.6%)	17:02	3.5 (53.8%)
350	<b>PIÓRKOWSKI Dawid</b>	<b>278</b>		Open Mężczyzn	240	08:30	<b>01:42:17.40</b>	<b>01:42:17.40</b>	+00:46:39 (45.6%)	17:02	3.5 (53.8%)
351	<b>KLINIEWSKI Andrzej</b>	<b>363</b>	THE POWER OF FAMILY	Open Mężczyzn	241	08:45	<b>01:42:35.20</b>	<b>01:42:35.20</b>	+00:46:57 (45.8%)	17:05	3.5 (53.8%)
352	<b>KARPIUK Anna</b>	<b>360</b>	THE POWER OF FAMILY	Open Kobiet	31	08:45	<b>01:42:37.50</b>	<b>01:42:37.50</b>	+00:46:59 (45.8%)	17:06	3.5 (53.8%)
353	<b>PRECZYŃSKI Paweł</b>	<b>171</b>		Open Mężczyzn	242	08:15	<b>01:42:40.80</b>	<b>01:42:40.80</b>	+00:47:02 (45.8%)	17:06	3.5 (53.8%)
354	<b>RYDZEWSKI Krzysztof</b>	<b>581</b>		Open Mężczyzn	243	09:15	<b>01:42:47.40</b>	<b>01:42:47.40</b>	+00:47:09 (45.9%)	17:07	3.5 (53.8%)
355	<b>THAYER Michael</b>	<b>964</b>		Open Mężczyzn	244	10:15	<b>01:42:50.60</b>	<b>01:42:50.60</b>	+00:47:12 (45.9%)	17:08	3.5 (53.8%)
356	<b>MORALES Alvin</b>	<b>927</b>	GOON SQUAD	Open Mężczyzn	245	08:15	<b>01:43:03.75</b>	<b>01:43:03.75</b>	+00:47:25 (46.0%)	17:10	3.5 (53.8%)
357	<b>CORDWELL Kris</b>	<b>925</b>	GOON SQUAD	Open Mężczyzn	246	08:15	<b>01:43:05.35</b>	<b>01:43:05.35</b>	+00:47:27 (46.0%)	17:10	3.5 (53.8%)
358	<b>ZALEWSKI Michał</b>	<b>493</b>		Open Mężczyzn	247	09:00	<b>01:43:07.70</b>	<b>01:43:07.70</b>	+00:47:29 (46.1%)	17:11	3.5 (53.8%)
359	<b>FORTNEY Charles</b>	<b>932</b>	GOON SQUAD	Open Mężczyzn	248	08:15	<b>01:43:08.35</b>	<b>01:43:08.35</b>	+00:47:30 (46.1%)	17:11	3.5 (53.8%)
360	<b>FLORES Joseph</b>	<b>933</b>	GOON SQUAD	Open Mężczyzn	249	08:15	<b>01:43:09.40</b>	<b>01:43:09.40</b>	+00:47:31 (46.1%)	17:11	3.5 (53.8%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
361	<b>HALLMAN Gage</b>	<b>934</b>	GOON SQUAD	Open Mężczyzn	250	08:15	<b>01:43:09.80</b>	<b>01:43:09.80</b>	+00:47:31 (46.1%)	17:11	3.5 (53.8%)
362	<b>SMITH Kenneth</b>	<b>930</b>	GOON SQUAD	Open Mężczyzn	251	08:15	<b>01:43:11.40</b>	<b>01:43:11.40</b>	+00:47:33 (46.1%)	17:11	3.5 (53.8%)
363	<b>SMITH Bryce</b>	<b>914</b>		Open Mężczyzn	252	10:15	<b>01:43:11.90</b>	<b>01:43:11.90</b>	+00:47:33 (46.1%)	17:11	3.5 (53.8%)
364	<b>BŁĘDOWSKI Michał</b>	<b>808</b>	IJO IJO BAGIETY JADO	Open Mężczyzn	253	10:00	<b>01:43:12.65</b>	<b>01:43:12.65</b>	+00:47:34 (46.1%)	17:12	3.5 (53.8%)
365	<b>HOKETT Matthew</b>	<b>928</b>	GOON SQUAD	Open Mężczyzn	254	08:15	<b>01:43:12.70</b>	<b>01:43:12.70</b>	+00:47:34 (46.1%)	17:12	3.5 (53.8%)
365	<b>BŁĘDOWSKI Artur</b>	<b>807</b>	IJO IJO BAGIETY JADO	Open Mężczyzn	255	10:00	<b>01:43:12.70</b>	<b>01:43:12.70</b>	+00:47:34 (46.1%)	17:12	3.5 (53.8%)
367	<b>JUAREZ Fernando</b>	<b>929</b>	GOON SQUAD	Open Mężczyzn	256	08:15	<b>01:43:13.35</b>	<b>01:43:13.35</b>	+00:47:35 (46.1%)	17:12	3.5 (53.8%)
368	<b>KALINOWSKI Mariusz</b>	<b>81</b>	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	Open Mężczyzn	257	08:15	<b>01:43:32.80</b>	<b>01:43:32.80</b>	+00:47:54 (46.3%)	17:15	3.5 (53.8%)
369	<b>HOHENSEE Devin</b>	<b>911</b>		Open Mężczyzn	258	10:15	<b>01:43:33.95</b>	<b>01:43:33.95</b>	+00:47:55 (46.3%)	17:15	3.5 (53.8%)
370	<b>TUROWSKA Patrycja</b>	<b>228</b>	ŁOMŻA Hardcore SQUAD	Open Kobiet	32	08:30	<b>01:43:42.95</b>	<b>01:43:42.95</b>	+00:48:04 (46.4%)	17:17	3.5 (53.8%)
371	<b>RUNO Michał</b>	<b>227</b>	ŁOMŻA Hardcore SQUAD	Open Mężczyzn	259	08:30	<b>01:43:44.30</b>	<b>01:43:44.30</b>	+00:48:06 (46.4%)	17:17	3.5 (53.8%)
372	<b>GREMBOWSKA Justyna</b>	<b>199</b>	BŁOTOŁĄZY	Open Kobiet	33	08:30	<b>01:43:50.20</b>	<b>01:43:50.20</b>	+00:48:12 (46.4%)	17:18	3.5 (53.8%)
373	<b>WESZKA Sandro</b>	<b>9</b>	DRAGON BALL WRONKI	Elite Mężczyzn	16	08:00	<b>01:43:54.35</b>	<b>01:43:54.35</b>	+00:48:16 (46.5%)	17:19	3.5 (53.8%)
374	<b>KASZYŃSKI Maciej</b>	<b>673</b>		Open Mężczyzn	260	09:30	<b>01:43:54.45</b>	<b>01:43:54.45</b>	+00:48:16 (46.5%)	17:19	3.5 (53.8%)
375	<b>SZMIT Katarzyna</b>	<b>511</b>	CROSS ELITE GRAJEWO	Open Kobiet	34	09:15	<b>01:43:56.25</b>	<b>01:43:56.25</b>	+00:48:18 (46.5%)	17:19	3.5 (53.8%)
376	<b>KILUK Beata</b>	<b>918</b>		Open Masters Kobiet	13	09:15	<b>01:43:58.55</b>	<b>01:43:58.55</b>	+00:48:20 (46.5%)	17:19	3.5 (53.8%)
377	<b>DĘBICKA Agnieszka</b>	<b>556</b>		Open Kobiet	35	09:15	<b>01:44:00.60</b>	<b>01:44:00.60</b>	+00:48:22 (46.5%)	17:20	3.5 (53.8%)
378	<b>KOZAK Maciej</b>	<b>390</b>		Open Mężczyzn	261	08:30	<b>01:44:00.65</b>	<b>01:44:00.65</b>	+00:48:22 (46.5%)	17:20	3.5 (53.8%)
379	<b>JABŁOŃSKI Marcin</b>	<b>851</b>	SZCZEŚNIAKI	Open Mężczyzn	262	10:00	<b>01:44:01.00</b>	<b>01:44:01.00</b>	+00:48:22 (46.5%)	17:20	3.5 (53.8%)
379	<b>JABLONSKA Justyna</b>	<b>850</b>	SZCZEŚNIAKI	Open Kobiet	36	10:00	<b>01:44:01.00</b>	<b>01:44:01.00</b>	+00:48:22 (46.5%)	17:20	3.5 (53.8%)
381	<b>KOSIŃSKI Bartosz</b>	<b>329</b>	LIDL BS WYSZKÒW	Open Mężczyzn	263	08:30	<b>01:44:02.20</b>	<b>01:44:02.20</b>	+00:48:24 (46.5%)	17:20	3.5 (53.8%)
382	<b>KLIMECKI Michał</b>	<b>519</b>	CROSS FREAKS GOLENIÓW	Open Mężczyzn	264	09:15	<b>01:44:13.15</b>	<b>01:44:13.15</b>	+00:48:35 (46.6%)	17:22	3.5 (53.8%)
383	<b>KLIMECKA Katarzyna</b>	<b>518</b>	CROSS FREAKS GOLENIÓW	Open Kobiet	37	09:15	<b>01:44:13.30</b>	<b>01:44:13.30</b>	+00:48:35 (46.6%)	17:22	3.5 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
384	<b>ZIÓŁKOWSKA Kornelia</b>	<b>514</b>	CROSS ELITE GRAJEWO	Open Kobiet	38	09:15	<b>01:44:14.00</b>	<b>01:44:14.00</b>	+00:48:35 (46.6%)	17:22	3.5 (53.8%)
385	<b>BACH-ZAJKOWSKA Izabela</b>	<b>504</b>	CROSS ELITE GRAJEWO	Open Kobiet	39	09:15	<b>01:44:16.40</b>	<b>01:44:16.40</b>	+00:48:38 (46.6%)	17:22	3.5 (53.8%)
386	<b>KORYTNICKA Marlena</b>	<b>921</b>	HUSARIA RACE TEAM	Open Kobiet	40	08:15	<b>01:44:19.20</b>	<b>01:44:19.20</b>	+00:48:41 (46.7%)	17:23	3.5 (53.8%)
387	<b>GODZINA Krzysztof</b>	<b>823</b>	ROSSMANN	Open Mężczyzn	265	10:00	<b>01:44:20.20</b>	<b>01:44:20.20</b>	+00:48:42 (46.7%)	17:23	3.5 (53.8%)
388	<b>BORKOWSKI Kamil</b>	<b>702</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	266	09:45	<b>01:44:25.60</b>	<b>01:44:25.60</b>	+00:48:47 (46.7%)	17:24	3.4 (52.3%)
389	<b>PIETRZYK Mariusz</b>	<b>33</b>	RAGNARSON	Elite Mężczyzn	17	08:00	<b>01:44:43.10</b>	<b>01:44:43.10</b>	+00:49:05 (46.9%)	17:27	3.4 (52.3%)
390	<b>DZIRBA Izabela</b>	<b>251</b>		Open Kobiet	41	08:30	<b>01:44:44.80</b>	<b>01:44:44.80</b>	+00:49:06 (46.9%)	17:27	3.4 (52.3%)
391	<b>KRAINSKI Kamil</b>	<b>717</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	267	09:45	<b>01:44:53.50</b>	<b>01:44:53.50</b>	+00:49:15 (47.0%)	17:28	3.4 (52.3%)
392	<b>GALIŃSKA Kasia</b>	<b>710</b>	AKADEMIA SPORTU MEDYK	Open Kobiet	42	09:45	<b>01:45:20.40</b>	<b>01:45:20.40</b>	+00:49:42 (47.2%)	17:33	3.4 (52.3%)
393	<b>SZUBA Ada</b>	<b>695</b>		Open Kobiet	43	10:00	<b>01:45:23.30</b>	<b>01:45:23.30</b>	+00:49:45 (47.2%)	17:33	3.4 (52.3%)
394	<b>DZIRBA Marcin</b>	<b>252</b>		Open Mężczyzn	268	08:30	<b>01:45:32.05</b>	<b>01:45:32.05</b>	+00:49:54 (47.3%)	17:35	3.4 (52.3%)
395	<b>OLBRYŚ Klaudia</b>	<b>575</b>		Open Kobiet	44	09:15	<b>01:45:34.60</b>	<b>01:45:34.60</b>	+00:49:56 (47.3%)	17:35	3.4 (52.3%)
396	<b>OLBRYŚ Dawid</b>	<b>574</b>		Open Mężczyzn	269	09:15	<b>01:45:35.20</b>	<b>01:45:35.20</b>	+00:49:57 (47.3%)	17:35	3.4 (52.3%)
397	<b>WASZKIEWICZ Marcin</b>	<b>289</b>		Open Mężczyzn	270	08:30	<b>01:45:36.20</b>	<b>01:45:36.20</b>	+00:49:58 (47.3%)	17:36	3.4 (52.3%)
398	<b>MIASOIEDOV Oleksii</b>	<b>348</b>	PRODEKO-EŁK	Open Mężczyzn	271	08:45	<b>01:45:37.80</b>	<b>01:45:37.80</b>	+00:49:59 (47.3%)	17:36	3.4 (52.3%)
399	<b>KURAS Beata</b>	<b>57</b>	XRUNNERS	Elite Kobiet	2	08:10	<b>01:45:40.55</b>	<b>01:45:40.55</b>	+00:50:02 (47.4%)	17:36	3.4 (52.3%)
400	<b>SOCZEWICA Tomasz</b>	<b>796</b>		Open Mężczyzn	272	09:45	<b>01:45:41.40</b>	<b>01:45:41.40</b>	+00:50:03 (47.4%)	17:36	3.4 (52.3%)
401	<b>SHEVCHENKO Andrii</b>	<b>349</b>	PRODEKO-EŁK	Open Mężczyzn	273	08:45	<b>01:45:42.05</b>	<b>01:45:42.05</b>	+00:50:04 (47.4%)	17:37	3.4 (52.3%)
402	<b>KALYNYCHENKO Maksym</b>	<b>345</b>	PRODEKO EŁK	Open Mężczyzn	274	08:45	<b>01:45:43.10</b>	<b>01:45:43.10</b>	+00:50:05 (47.4%)	17:37	3.4 (52.3%)
402	<b>GRIBANOV Alexey</b>	<b>347</b>	PRODEKO-EŁK	Open Mężczyzn	275	08:45	<b>01:45:43.10</b>	<b>01:45:43.10</b>	+00:50:05 (47.4%)	17:37	3.4 (52.3%)
404	<b>BEREZOVSKYI Aleksandr</b>	<b>346</b>	PRODEKO-EŁK	Open Mężczyzn	276	08:45	<b>01:45:44.40</b>	<b>01:45:44.40</b>	+00:50:06 (47.4%)	17:37	3.4 (52.3%)
404	<b>ZAJĄC Wojciech</b>	<b>737</b>	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	50	09:45	<b>01:45:44.40</b>	<b>01:45:44.40</b>	+00:50:06 (47.4%)	17:37	3.4 (52.3%)
406	<b>VOLOSHYN Ivan</b>	<b>350</b>	PRODEKO-EŁK	Open Mężczyzn	277	08:45	<b>01:45:45.40</b>	<b>01:45:45.40</b>	+00:50:07 (47.4%)	17:37	3.4 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
407	<b>GÓRSKI Filip</b>	<b>775</b>		Open Mężczyzn	278	09:45	<b>01:45:50.00</b>	<b>01:45:50.00</b>	+00:50:11 (47.4%)	17:38	3.4 (52.3%)
408	<b>DELENDOWSKI Andrzej</b>	<b>922</b>	GRUPA SPECJANLEJ BESTROSKI-MASAŻ BĘDZIE PÓŹNIEJ ;-)	Open Masters Mężczyzn	51	10:15	<b>01:46:24.80</b>	<b>01:46:24.80</b>	+00:50:46 (47.7%)	17:44	3.4 (52.3%)
409	<b>STAWNY Rafał</b>	<b>897</b>		Open Mężczyzn	279	10:00	<b>01:46:25.20</b>	<b>01:46:25.20</b>	+00:50:47 (47.7%)	17:44	3.4 (52.3%)
410	<b>POWOLNA Anita</b>	<b>170</b>		Open Kobiet	45	08:15	<b>01:46:26.65</b>	<b>01:46:26.65</b>	+00:50:48 (47.7%)	17:44	3.4 (52.3%)
411	<b>JANGAS Piotr</b>	<b>153</b>		Open Mężczyzn	280	08:15	<b>01:46:27.75</b>	<b>01:46:27.75</b>	+00:50:49 (47.7%)	17:44	3.4 (52.3%)
412	<b>JASKUŁA Edyta</b>	<b>888</b>		Open Kobiet	46	10:00	<b>01:46:28.10</b>	<b>01:46:28.10</b>	+00:50:50 (47.7%)	17:44	3.4 (52.3%)
413	<b>JEWDOKIMOW Łukasz</b>	<b>778</b>		Open Mężczyzn	281	09:45	<b>01:46:34.70</b>	<b>01:46:34.70</b>	+00:50:56 (47.8%)	17:45	3.4 (52.3%)
414	<b>WYSKIEL Monika</b>	<b>293</b>		Open Kobiet	47	08:30	<b>01:46:34.95</b>	<b>01:46:34.95</b>	+00:50:56 (47.8%)	17:45	3.4 (52.3%)
415	<b>DZIRBA Wiktoria</b>	<b>253</b>		Open Kobiet	48	08:30	<b>01:46:35.45</b>	<b>01:46:35.45</b>	+00:50:57 (47.8%)	17:45	3.4 (52.3%)
416	<b>BANIEWSKI Łukasz</b>	<b>610</b>	GARGAMELE	Open Mężczyzn	282	09:30	<b>01:46:39.35</b>	<b>01:46:39.35</b>	+00:51:01 (47.8%)	17:46	3.4 (52.3%)
417	<b>BUDZICH Robert</b>	<b>611</b>	GARGAMELE	Open Mężczyzn	283	09:30	<b>01:46:39.75</b>	<b>01:46:39.75</b>	+00:51:01 (47.8%)	17:46	3.4 (52.3%)
417	<b>BANIEWSKA Sylwia</b>	<b>609</b>	GARGAMELE	Open Kobiet	49	09:30	<b>01:46:39.75</b>	<b>01:46:39.75</b>	+00:51:01 (47.8%)	17:46	3.4 (52.3%)
419	<b>KORZYCKA Aleksandra</b>	<b>612</b>	GARGAMELE	Open Kobiet	50	09:30	<b>01:46:39.95</b>	<b>01:46:39.95</b>	+00:51:01 (47.8%)	17:46	3.4 (52.3%)
420	<b>BURDZIĄG Anna</b>	<b>198</b>	BŁOTOŁAZY	Open Kobiet	51	08:30	<b>01:46:46.05</b>	<b>01:46:46.05</b>	+00:51:08 (47.9%)	17:47	3.4 (52.3%)
421	<b>ŚWIDERSKA Anna</b>	<b>510</b>	CROSS ELITE GRAJEWO	Open Kobiet	52	09:15	<b>01:47:03.95</b>	<b>01:47:03.95</b>	+00:51:25 (48.0%)	17:50	3.4 (52.3%)
422	<b>WIĘCH Ernest</b>	<b>513</b>	CROSS ELITE GRAJEWO	Open Mężczyzn	284	09:15	<b>01:47:04.85</b>	<b>01:47:04.85</b>	+00:51:26 (48.0%)	17:50	3.4 (52.3%)
423	<b>KONIECKO Klaudia</b>	<b>508</b>	CROSS ELITE GRAJEWO	Open Kobiet	53	09:15	<b>01:47:06.25</b>	<b>01:47:06.25</b>	+00:51:28 (48.1%)	17:51	3.4 (52.3%)
424	<b>DZIARNOWSKA Elwira</b>	<b>505</b>	CROSS ELITE GRAJEWO	Open Kobiet	54	09:15	<b>01:47:07.70</b>	<b>01:47:07.70</b>	+00:51:29 (48.1%)	17:51	3.4 (52.3%)
425	<b>GIEMZA Michał</b>	<b>37</b>		Elite Mężczyzn	18	08:00	<b>01:47:13.70</b>	<b>01:47:13.70</b>	+00:51:35 (48.1%)	17:52	3.4 (52.3%)
426	<b>KALINOWSKI Tomasz</b>	<b>523</b>	CROSSBOX MRAĞOWO	Open Mężczyzn	285	09:15	<b>01:47:18.45</b>	<b>01:47:18.45</b>	+00:51:40 (48.2%)	17:53	3.4 (52.3%)
427	<b>KALINOWSKA Agnieszka</b>	<b>522</b>	CROSSBOX MRAĞOWO	Open Kobiet	55	09:15	<b>01:47:20.25</b>	<b>01:47:20.25</b>	+00:51:42 (48.2%)	17:53	3.4 (52.3%)
428	<b>KARWOWSKI Mateusz</b>	<b>524</b>	CROSSBOX MRAĞOWO	Open Mężczyzn	286	09:15	<b>01:47:27.90</b>	<b>01:47:27.90</b>	+00:51:49 (48.2%)	17:54	3.4 (52.3%)
429	<b>RODZIEWICZ Paulina</b>	<b>525</b>	CROSSBOX MRAĞOWO	Open Kobiet	56	09:15	<b>01:47:37.05</b>	<b>01:47:37.05</b>	+00:51:59 (48.3%)	17:56	3.3 (50.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
430	<b>KACHEL Adriana</b>	<b>521</b>	CROSSBOX MRAĞOWO	Open Kobiet	57	09:15	<b>01:47:38.05</b>	<b>01:47:38.05</b>	+00:52:00 (48.3%)	17:56	3.3 (50.8%)
431	<b>BURDA Kamil</b>	<b>520</b>	CROSSBOX MRAĞOWO	Open Mężczyzn	287	09:15	<b>01:47:41.05</b>	<b>01:47:41.05</b>	+00:52:03 (48.3%)	17:56	3.3 (50.8%)
432	<b>BRZOSTOWSKI Stefan</b>	<b>554</b>		Open Mężczyzn	288	09:15	<b>01:47:56.90</b>	<b>01:47:56.90</b>	+00:52:18 (48.5%)	17:59	3.3 (50.8%)
433	<b>KONOPKO Dawid</b>	<b>782</b>		Open Mężczyzn	289	09:45	<b>01:48:07.30</b>	<b>01:48:07.30</b>	+00:52:29 (48.5%)	18:01	3.3 (50.8%)
434	<b>JASTAK Rafal</b>	<b>470</b>		Open Masters Mężczyzn	52	09:00	<b>01:48:07.65</b>	<b>01:48:07.65</b>	+00:52:29 (48.5%)	18:01	3.3 (50.8%)
435	<b>CIEŚLICKI Kamil</b>	<b>555</b>		Open Mężczyzn	290	09:15	<b>01:48:11.65</b>	<b>01:48:11.65</b>	+00:52:33 (48.6%)	18:01	3.3 (50.8%)
436	<b>KUCZYŃSKI Paweł</b>	<b>498</b>	BIGYELLOWFOOT ADVENTURE TEAM	Open Mężczyzn	291	09:30	<b>01:48:29.20</b>	<b>01:48:29.20</b>	+00:52:51 (48.7%)	18:04	3.3 (50.8%)
437	<b>MALISZEWSKA Agnieszka</b>	<b>786</b>		Open Masters Kobiet	14	08:45	<b>01:48:58.55</b>	<b>01:48:58.55</b>	+00:53:20 (48.9%)	18:09	3.3 (50.8%)
438	<b>LEWANDOWSKI Tomasz</b>	<b>890</b>		Open Mężczyzn	292	10:00	<b>01:49:02.90</b>	<b>01:49:02.90</b>	+00:53:24 (49.0%)	18:10	3.3 (50.8%)
439	<b>KRAKOWIAK Damian</b>	<b>679</b>		Open Mężczyzn	293	09:30	<b>01:49:14.35</b>	<b>01:49:14.35</b>	+00:53:36 (49.1%)	18:12	3.3 (50.8%)
440	<b>DĄBROWSKA Kinga</b>	<b>419</b>	CALYPSO TEAM SUWAŁKI	Open Kobiet	58	09:00	<b>01:49:21.25</b>	<b>01:49:21.25</b>	+00:53:43 (49.1%)	18:13	3.3 (50.8%)
441	<b>SZNEJDER Anita</b>	<b>950</b>		Open Masters Kobiet	15	09:00	<b>01:49:25.50</b>	<b>01:49:25.50</b>	+00:53:47 (49.2%)	18:14	3.3 (50.8%)
442	<b>TURZYŃSKA Katarzyna</b>	<b>591</b>		Open Kobiet	59	09:15	<b>01:49:32.50</b>	<b>01:49:32.50</b>	+00:53:54 (49.2%)	18:15	3.3 (50.8%)
443	<b>TURZYŃSKI Piotr</b>	<b>592</b>		Open Mężczyzn	294	09:15	<b>01:49:32.75</b>	<b>01:49:32.75</b>	+00:53:54 (49.2%)	18:15	3.3 (50.8%)
444	<b>LEW-KOJRYS Sylwia</b>	<b>267</b>		Open Kobiet	60	08:30	<b>01:49:33.75</b>	<b>01:49:33.75</b>	+00:53:55 (49.2%)	18:15	3.3 (50.8%)
445	<b>KOJRYS Łukasz</b>	<b>261</b>		Open Mężczyzn	295	08:30	<b>01:49:36.55</b>	<b>01:49:36.55</b>	+00:53:58 (49.2%)	18:16	3.3 (50.8%)
446	<b>TOŁKACZEWSKA Anna</b>	<b>486</b>		Open Kobiet	61	09:00	<b>01:49:37.15</b>	<b>01:49:37.15</b>	+00:53:59 (49.2%)	18:16	3.3 (50.8%)
447	<b>MALCZEWSKA Beata</b>	<b>955</b>		Open Kobiet	62	09:00	<b>01:49:37.65</b>	<b>01:49:37.65</b>	+00:53:59 (49.3%)	18:16	3.3 (50.8%)
448	<b>TETFEJER Juliusz</b>	<b>589</b>		Open Masters Mężczyzn	53	09:15	<b>01:50:03.45</b>	<b>01:50:03.45</b>	+00:54:25 (49.4%)	18:20	3.3 (50.8%)
449	<b>NARTOWICZ Barbara</b>	<b>273</b>		Open Kobiet	63	08:30	<b>01:50:19.80</b>	<b>01:50:19.80</b>	+00:54:41 (49.6%)	18:23	3.3 (50.8%)
450	<b>KANIEWSKI Adam</b>	<b>780</b>		Open Mężczyzn	296	08:30	<b>01:50:25.70</b>	<b>01:50:25.70</b>	+00:54:47 (49.6%)	18:24	3.3 (50.8%)
451	<b>CAŁKA Krzysztof</b>	<b>229</b>	NAPĘDZANI PROCENTEM	Open Mężczyzn	297	08:30	<b>01:50:27.70</b>	<b>01:50:27.70</b>	+00:54:49 (49.6%)	18:24	3.3 (50.8%)
452	<b>GÓRALCZYK Marcin</b>	<b>711</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	298	09:45	<b>01:50:27.80</b>	<b>01:50:27.80</b>	+00:54:49 (49.6%)	18:24	3.3 (50.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
453	<b>NARTOWICZ Wojciech</b>	<b>274</b>		Open Masters Mężczyzn	54	08:30	<b>01:50:28.10</b>	<b>01:50:28.10</b>	+00:54:50 (49.6%)	18:24	3.3 (50.8%)
454	<b>SOBEL Monika</b>	<b>231</b>	NAPĘDZANI PROCENTEM	Open Kobiet	64	08:30	<b>01:50:31.10</b>	<b>01:50:31.10</b>	+00:54:53 (49.7%)	18:25	3.3 (50.8%)
455	<b>JEZIOR Bartosz</b>	<b>230</b>	NAPĘDZANI PROCENTEM	Open Mężczyzn	299	08:30	<b>01:50:31.80</b>	<b>01:50:31.80</b>	+00:54:53 (49.7%)	18:25	3.3 (50.8%)
456	<b>SOKÓŁ Wojciech</b>	<b>317</b>	EASTLIFE	Open Masters Mężczyzn	55	08:45	<b>01:50:32.40</b>	<b>01:50:32.40</b>	+00:54:54 (49.7%)	18:25	3.3 (50.8%)
457	<b>CIOSEK Karol</b>	<b>316</b>	EASTLIFE	Open Mężczyzn	300	08:45	<b>01:50:32.95</b>	<b>01:50:32.95</b>	+00:54:54 (49.7%)	18:25	3.3 (50.8%)
458	<b>ROGOWSKI Tomasz</b>	<b>907</b>	EŁK FORCE ONE	Open Mężczyzn	301	08:15	<b>01:50:33.90</b>	<b>01:50:33.90</b>	+00:54:55 (49.7%)	18:25	3.3 (50.8%)
459	<b>KRYŁOWICZ Karol</b>	<b>97</b>	EŁK FORCE ONE	Open Mężczyzn	302	08:15	<b>01:50:35.95</b>	<b>01:50:35.95</b>	+00:54:57 (49.7%)	18:25	3.3 (50.8%)
460	<b>ŁAPIŃSKA Patrycja</b>	<b>98</b>	EŁK FORCE ONE	Open Masters Kobiet	16	08:15	<b>01:50:36.20</b>	<b>01:50:36.20</b>	+00:54:58 (49.7%)	18:26	3.3 (50.8%)
461	<b>AMBROŻEWICZ Katarzyna</b>	<b>135</b>		Open Kobiet	65	08:15	<b>01:50:40.85</b>	<b>01:50:40.85</b>	+00:55:02 (49.7%)	18:26	3.3 (50.8%)
462	<b>ADAMIK Artur</b>	<b>133</b>		Open Mężczyzn	303	08:15	<b>01:50:42.05</b>	<b>01:50:42.05</b>	+00:55:04 (49.7%)	18:27	3.3 (50.8%)
463	<b>GOMOŁA-PARADOWSKA Anna</b>	<b>755</b>	POWER TRAINING	Open Kobiet	66	09:45	<b>01:50:48.40</b>	<b>01:50:48.40</b>	+00:55:10 (49.8%)	18:28	3.2 (49.2%)
464	<b>WĄSIK Iza</b>	<b>741</b>	NIE MA ŻE BOLI!	Open Kobiet	67	09:45	<b>01:50:50.30</b>	<b>01:50:50.30</b>	+00:55:12 (49.8%)	18:28	3.2 (49.2%)
465	<b>MILIK Eliza</b>	<b>740</b>	NIE MA ŻE BOLI!	Open Kobiet	68	09:45	<b>01:50:50.95</b>	<b>01:50:50.95</b>	+00:55:12 (49.8%)	18:28	3.2 (49.2%)
466	<b>POROWSKI Artur</b>	<b>818</b>	PORTEAM	Open Mężczyzn	304	10:00	<b>01:50:55.15</b>	<b>01:50:55.15</b>	+00:55:17 (49.8%)	18:29	3.2 (49.2%)
467	<b>URBAN Jacek</b>	<b>900</b>		Open Mężczyzn	305	10:00	<b>01:50:59.90</b>	<b>01:50:59.90</b>	+00:55:21 (49.9%)	18:29	3.2 (49.2%)
468	<b>POKORA Ilona</b>	<b>817</b>	PORTEAM	Open Kobiet	69	10:00	<b>01:51:11.00</b>	<b>01:51:11.00</b>	+00:55:32 (50.0%)	18:31	3.2 (49.2%)
469	<b>OBUCHOWSKI Marek</b>	<b>960</b>		Open Mężczyzn	306	10:15	<b>01:51:11.05</b>	<b>01:51:11.05</b>	+00:55:33 (50.0%)	18:31	3.2 (49.2%)
470	<b>BIĘNKOWSKI Zbigniew</b>	<b>815</b>	PORTEAM	Open Mężczyzn	307	10:00	<b>01:51:18.30</b>	<b>01:51:18.30</b>	+00:55:40 (50.0%)	18:33	3.2 (49.2%)
471	<b>SZEWCZYK Julia</b>	<b>497</b>	ABY DO METY!	Open Kobiet	70	09:15	<b>01:51:22.70</b>	<b>01:51:22.70</b>	+00:55:44 (50.0%)	18:33	3.2 (49.2%)
472	<b>SUCHOWIECKI Paweł</b>	<b>496</b>	ABY DO METY	Open Mężczyzn	308	09:15	<b>01:51:22.80</b>	<b>01:51:22.80</b>	+00:55:44 (50.1%)	18:33	3.2 (49.2%)
473	<b>KLINIEWSKI Michał</b>	<b>364</b>	THE POWER OF FAMILY	Open Mężczyzn	309	08:45	<b>01:51:23.45</b>	<b>01:51:23.45</b>	+00:55:45 (50.1%)	18:33	3.2 (49.2%)
474	<b>PAWŁOWSKA Izabella</b>	<b>893</b>		Open Kobiet	71	10:00	<b>01:51:26.75</b>	<b>01:51:26.75</b>	+00:55:48 (50.1%)	18:34	3.2 (49.2%)
475	<b>SADOWSKI Kamil</b>	<b>282</b>		Open Mężczyzn	310	08:30	<b>01:51:31.15</b>	<b>01:51:31.15</b>	+00:55:53 (50.1%)	18:35	3.2 (49.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
476	<b>MARKOWICZ Sylwia</b>	<b>269</b>		Open Kobiet	72	08:30	<b>01:51:32.50</b>	<b>01:51:32.50</b>	+00:55:54 (50.1%)	18:35	3.2 (49.2%)
477	<b>TOMOŃ Marcin</b>	<b>370</b>	THE POWER OF FAMILY	Open Mężczyzn	311	08:45	<b>01:51:35.60</b>	<b>01:51:35.60</b>	+00:55:57 (50.1%)	18:35	3.2 (49.2%)
478	<b>PIĘNKOS Tomasz</b>	<b>895</b>		Open Mężczyzn	312	10:00	<b>01:51:37.60</b>	<b>01:51:37.60</b>	+00:55:59 (50.2%)	18:36	3.2 (49.2%)
479	<b>STRZELECKI Marcin</b>	<b>899</b>		Open Mężczyzn	313	10:00	<b>01:51:44.45</b>	<b>01:51:44.45</b>	+00:56:06 (50.2%)	18:37	3.2 (49.2%)
480	<b>KĄCKA Wioletta</b>	<b>779</b>		Open Kobiet	73	09:45	<b>01:51:48.50</b>	<b>01:51:48.50</b>	+00:56:10 (50.2%)	18:38	3.2 (49.2%)
481	<b>GOŁĄB Radosław</b>	<b>883</b>		Open Mężczyzn	314	10:00	<b>01:51:49.85</b>	<b>01:51:49.85</b>	+00:56:11 (50.3%)	18:38	3.2 (49.2%)
482	<b>BOGUCKI Krzysztof</b>	<b>766</b>		Open Mężczyzn	315	09:45	<b>01:51:55.80</b>	<b>01:51:55.80</b>	+00:56:17 (50.3%)	18:39	3.2 (49.2%)
483	<b>DĄBKOWSKI Hubert</b>	<b>910</b>	EŁK FORCE ONE	Open Mężczyzn	316	09:15	<b>01:51:58.20</b>	<b>01:51:58.20</b>	+00:56:20 (50.3%)	18:39	3.2 (49.2%)
484	<b>KONDRATOWICZ Małgorzata</b>	<b>619</b>	KYOKUSHIN WĘGORZEWO /11 MAZURSKI PUŁK ARTYLERII	Open Kobiet	74	09:30	<b>01:52:06.15</b>	<b>01:52:06.15</b>	+00:56:28 (50.4%)	18:41	3.2 (49.2%)
485	<b>RYMSZEWICZ Tomasz</b>	<b>627</b>	KYOKUSHIN WĘGORZEWO/ 11MAZURSKI PUŁK ARTYLERII	Open Mężczyzn	317	09:30	<b>01:52:09.75</b>	<b>01:52:09.75</b>	+00:56:31 (50.4%)	18:41	3.2 (49.2%)
486	<b>KARBOWSKI Krzysztof</b>	<b>618</b>	KYOKUSHIN WĘGORZEWO /11 MAZURSKI PUŁK ARTYLERII	Open Masters Mężczyzn	56	09:30	<b>01:52:15.60</b>	<b>01:52:15.60</b>	+00:56:37 (50.4%)	18:42	3.2 (49.2%)
487	<b>RYBICKI Marcin</b>	<b>790</b>		Open Mężczyzn	318	09:45	<b>01:52:20.00</b>	<b>01:52:20.00</b>	+00:56:41 (50.5%)	18:43	3.2 (49.2%)
488	<b>NOWAK Magdalena</b>	<b>337</b>	NOWAK TRANS TEAM	Open Kobiet	75	08:45	<b>01:52:24.00</b>	<b>01:52:24.00</b>	+00:56:45 (50.5%)	18:44	3.2 (49.2%)
489	<b>KOSIŃSKA Aneta</b>	<b>414</b>	BRYŻYD TEAM	Open Kobiet	76	09:00	<b>01:52:25.45</b>	<b>01:52:25.45</b>	+00:56:47 (50.5%)	18:44	3.2 (49.2%)
490	<b>NOWAK Tomasz</b>	<b>338</b>	NOWAK TRANS TEAM	Open Mężczyzn	319	08:45	<b>01:52:26.30</b>	<b>01:52:26.30</b>	+00:56:48 (50.5%)	18:44	3.2 (49.2%)
491	<b>KLINIEWSKA Agata</b>	<b>361</b>	THE POWER OF FAMILY	Open Kobiet	77	08:45	<b>01:52:32.95</b>	<b>01:52:32.95</b>	+00:56:54 (50.6%)	18:45	3.2 (49.2%)
492	<b>TYRALLA Frank</b>	<b>906</b>		Open Masters Mężczyzn	57	10:15	<b>01:52:42.65</b>	<b>01:52:42.65</b>	+00:57:04 (50.6%)	18:47	3.2 (49.2%)
492	<b>RESCHKE Robert</b>	<b>905</b>		Open Masters Mężczyzn	58	10:15	<b>01:52:42.65</b>	<b>01:52:42.65</b>	+00:57:04 (50.6%)	18:47	3.2 (49.2%)
494	<b>FASZCZEWSKI Piotr</b>	<b>772</b>		Open Mężczyzn	320	09:45	<b>01:52:45.75</b>	<b>01:52:45.75</b>	+00:57:07 (50.7%)	18:47	3.2 (49.2%)
495	<b>KARPOWICZ Bartosz</b>	<b>781</b>		Open Mężczyzn	321	09:45	<b>01:52:46.05</b>	<b>01:52:46.05</b>	+00:57:08 (50.7%)	18:47	3.2 (49.2%)
496	<b>PIĘNKOWSKA Justyna</b>	<b>481</b>		Open Kobiet	78	09:00	<b>01:52:54.40</b>	<b>01:52:54.40</b>	+00:57:16 (50.7%)	18:49	3.2 (49.2%)
497	<b>PIĘNKOWSKI Robert</b>	<b>482</b>		Open Mężczyzn	322	09:00	<b>01:52:56.85</b>	<b>01:52:56.85</b>	+00:57:18 (50.7%)	18:49	3.2 (49.2%)
498	<b>TWAROWSKI Łukasz</b>	<b>372</b>	THE POWER OF FAMILY	Open Mężczyzn	323	08:45	<b>01:52:58.95</b>	<b>01:52:58.95</b>	+00:57:20 (50.8%)	18:49	3.2 (49.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
499	<b>RYNKOWSKA Karolina</b>	<b>791</b>		Open Kobiet	79	09:45	<b>01:53:00.40</b>	<b>01:53:00.40</b>	+00:57:22 (50.8%)	18:50	3.2 (49.2%)
500	<b>NOCNA Victoria</b>	<b>526</b>	EŁK FORCE ONE	Open Kobiet	80	09:15	<b>01:53:02.15</b>	<b>01:53:02.15</b>	+00:57:24 (50.8%)	18:50	3.2 (49.2%)
501	<b>TWAROWSKA Klaudia</b>	<b>371</b>	THE POWER OF FAMILY	Open Kobiet	81	08:45	<b>01:53:02.40</b>	<b>01:53:02.40</b>	+00:57:24 (50.8%)	18:50	3.2 (49.2%)
502	<b>NOWALSKA Martyna</b>	<b>527</b>	EŁK FORCE ONE	Open Kobiet	82	09:15	<b>01:53:04.40</b>	<b>01:53:04.40</b>	+00:57:26 (50.8%)	18:50	3.2 (49.2%)
503	<b>STANISŁAWSKI Wojciech</b>	<b>729</b>	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	59	09:45	<b>01:53:05.15</b>	<b>01:53:05.15</b>	+00:57:27 (50.8%)	18:50	3.2 (49.2%)
504	<b>KALISZEWICZ Jarek</b>	<b>412</b>	BRYŻYD TEAM	Open Masters Mężczyzn	60	09:00	<b>01:53:09.35</b>	<b>01:53:09.35</b>	+00:57:31 (50.8%)	18:51	3.2 (49.2%)
505	<b>CICHMIŃSKA Ola</b>	<b>769</b>		Open Kobiet	83	09:45	<b>01:53:15.10</b>	<b>01:53:15.10</b>	+00:57:37 (50.9%)	18:52	3.2 (49.2%)
506	<b>PALUSZYŃSKI Przemysław</b>	<b>276</b>		Open Masters Mężczyzn	61	08:30	<b>01:53:16.75</b>	<b>01:53:16.75</b>	+00:57:38 (50.9%)	18:52	3.2 (49.2%)
507	<b>RYBAK Ania</b>	<b>243</b>	VIP-GYM EŁK	Open Kobiet	84	08:30	<b>01:53:17.85</b>	<b>01:53:17.85</b>	+00:57:39 (50.9%)	18:52	3.2 (49.2%)
508	<b>WRÓBEL Tomasz</b>	<b>736</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	324	09:45	<b>01:53:22.95</b>	<b>01:53:22.95</b>	+00:57:44 (50.9%)	18:53	3.2 (49.2%)
509	<b>GRZYWNA Mariola</b>	<b>240</b>	V.I.P-GIM EŁK	Open Kobiet	85	08:30	<b>01:53:31.05</b>	<b>01:53:31.05</b>	+00:57:53 (51.0%)	18:55	3.2 (49.2%)
510	<b>JAŚKOWIAK Michał</b>	<b>426</b>	DREAM TEAM ROGOZNO	Open Mężczyzn	325	09:00	<b>01:53:31.40</b>	<b>01:53:31.40</b>	+00:57:53 (51.0%)	18:55	3.2 (49.2%)
511	<b>PALUSZYŃSKA Małgorzata</b>	<b>275</b>		Open Masters Kobiet	17	08:30	<b>01:53:31.95</b>	<b>01:53:31.95</b>	+00:57:53 (51.0%)	18:55	3.2 (49.2%)
512	<b>KOWALSKI Dominik</b>	<b>431</b>	DREAM TEAM ROGOZNO	Open Mężczyzn	326	09:00	<b>01:53:36.95</b>	<b>01:53:36.95</b>	+00:57:58 (51.0%)	18:56	3.2 (49.2%)
513	<b>BAŁAZY Wojciech</b>	<b>246</b>		Open Mężczyzn	327	08:30	<b>01:53:39.10</b>	<b>01:53:39.10</b>	+00:58:01 (51.0%)	18:56	3.2 (49.2%)
514	<b>GRUNT-MEJER Aleksandra</b>	<b>255</b>		Open Kobiet	86	08:30	<b>01:53:39.25</b>	<b>01:53:39.25</b>	+00:58:01 (51.0%)	18:56	3.2 (49.2%)
515	<b>JAŚKOWIAK Miłosz</b>	<b>427</b>	DREAM TEAM ROGOZNO	Open Mężczyzn	328	09:00	<b>01:53:40.55</b>	<b>01:53:40.55</b>	+00:58:02 (51.1%)	18:56	3.2 (49.2%)
516	<b>SENDA Karol</b>	<b>583</b>		Open Mężczyzn	329	09:15	<b>01:53:44.55</b>	<b>01:53:44.55</b>	+00:58:06 (51.1%)	18:57	3.2 (49.2%)
517	<b>CICHOCKI Marcin</b>	<b>708</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	330	09:45	<b>01:53:57.65</b>	<b>01:53:57.65</b>	+00:58:19 (51.2%)	18:59	3.2 (49.2%)
518	<b>PRZYBTSZ Leszek</b>	<b>871</b>	WAŚATA KSIĘGOWA I PAN KANAPKA	Open Masters Mężczyzn	62	10:00	<b>01:54:06.85</b>	<b>01:54:06.85</b>	+00:58:28 (51.2%)	19:01	3.2 (49.2%)
519	<b>ZAWADZKI Rafał</b>	<b>946</b>		Open Mężczyzn	331	09:00	<b>01:54:09.00</b>	<b>01:54:09.00</b>	+00:58:30 (51.3%)	19:01	3.2 (49.2%)
520	<b>PRZYBYSZ Jakub</b>	<b>872</b>	WAŚATA KSIĘGOWA I PAN KANAPKA	Open Mężczyzn	332	10:00	<b>01:54:10.35</b>	<b>01:54:10.35</b>	+00:58:32 (51.3%)	19:01	3.2 (49.2%)
521	<b>DOMALEWSKA Sylwia</b>	<b>411</b>	BRYŻYD TEAM	Open Kobiet	87	09:00	<b>01:54:14.90</b>	<b>01:54:14.90</b>	+00:58:36 (51.3%)	19:02	3.2 (49.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
522	<b>MARCZUK Edward</b>	<b>365</b>	THE POWER OF FAMILY	Open Masters Mężczyzn	63	08:45	<b>01:54:31.70</b>	<b>01:54:31.70</b>	+00:58:53 (51.4%)	19:05	3.1 (47.7%)
523	<b>GÓRSKI Krzysztof</b>	<b>712</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	333	09:45	<b>01:54:36.00</b>	<b>01:54:36.00</b>	+00:58:57 (51.5%)	19:06	3.1 (47.7%)
524	<b>KOWALSKI Oktawian</b>	<b>432</b>	DREAM TEAM ROGOZNO	Open Mężczyzn	334	09:00	<b>01:54:37.75</b>	<b>01:54:37.75</b>	+00:58:59 (51.5%)	19:06	3.1 (47.7%)
525	<b>JAŚKOWIAK Tomasz</b>	<b>428</b>	DREAM TEAM ROGOZNO	Open Mężczyzn	335	09:00	<b>01:54:40.35</b>	<b>01:54:40.35</b>	+00:59:02 (51.5%)	19:06	3.1 (47.7%)
526	<b>BRALSKA Monika</b>	<b>876</b>		Open Kobiet	88	10:00	<b>01:54:42.50</b>	<b>01:54:42.50</b>	+00:59:04 (51.5%)	19:07	3.1 (47.7%)
526	<b>GULEWSKI Jarosław</b>	<b>885</b>		Open Mężczyzn	336	10:00	<b>01:54:42.50</b>	<b>01:54:42.50</b>	+00:59:04 (51.5%)	19:07	3.1 (47.7%)
528	<b>KOWALSKI Michał</b>	<b>716</b>	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	64	09:45	<b>01:54:45.00</b>	<b>01:54:45.00</b>	+00:59:06 (51.5%)	19:07	3.1 (47.7%)
529	<b>CHLUDZIŃSKA Ewelina</b>	<b>704</b>	AKADEMIA SPORTU MEDYK	Open Kobiet	89	09:45	<b>01:54:55.45</b>	<b>01:54:55.45</b>	+00:59:17 (51.6%)	19:09	3.1 (47.7%)
530	<b>OLCZAK Jan</b>	<b>433</b>	DREAM TEAM ROGOZNO	Open Mężczyzn	337	09:00	<b>01:54:58.60</b>	<b>01:54:58.60</b>	+00:59:20 (51.6%)	19:09	3.1 (47.7%)
531	<b>MODZELEWSKA Anna</b>	<b>725</b>	AKADEMIA SPORTU MEDYK	Open Kobiet	90	09:45	<b>01:54:59.20</b>	<b>01:54:59.20</b>	+00:59:21 (51.6%)	19:09	3.1 (47.7%)
532	<b>KAWALSKA Renata</b>	<b>429</b>	DREAM TEAM ROGOZNO	Open Masters Kobiet	18	09:00	<b>01:55:00.25</b>	<b>01:55:00.25</b>	+00:59:22 (51.6%)	19:10	3.1 (47.7%)
533	<b>KOWALSKA Jagoda</b>	<b>430</b>	DREAM TEAM ROGOZNO	Open Kobiet	91	09:00	<b>01:55:00.60</b>	<b>01:55:00.60</b>	+00:59:22 (51.6%)	19:10	3.1 (47.7%)
534	<b>CISZEWSKI Piotr</b>	<b>241</b>	V.I.P-GYM EŁK	Open Masters Mężczyzn	65	08:30	<b>01:55:09.60</b>	<b>01:55:09.60</b>	+00:59:31 (51.7%)	19:11	3.1 (47.7%)
535	<b>SIUDEJ Katarzyna</b>	<b>192</b>	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	Open Kobiet	92	08:30	<b>01:55:12.70</b>	<b>01:55:12.70</b>	+00:59:34 (51.7%)	19:12	3.1 (47.7%)
536	<b>FALISZEWSKA Anna</b>	<b>190</b>	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	Open Masters Kobiet	19	08:30	<b>01:55:12.95</b>	<b>01:55:12.95</b>	+00:59:34 (51.7%)	19:12	3.1 (47.7%)
537	<b>ROMOTOWSKI Krystian</b>	<b>901</b>	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	Open Mężczyzn	338	08:30	<b>01:55:13.55</b>	<b>01:55:13.55</b>	+00:59:35 (51.7%)	19:12	3.1 (47.7%)
538	<b>KRATYŃSKI Tomasz</b>	<b>242</b>	V.I.P-GYM EŁK	Open Mężczyzn	339	08:30	<b>01:55:14.80</b>	<b>01:55:14.80</b>	+00:59:36 (51.7%)	19:12	3.1 (47.7%)
539	<b>ABRAMOWICZ Dariusz</b>	<b>245</b>		Open Mężczyzn	340	08:30	<b>01:55:14.85</b>	<b>01:55:14.85</b>	+00:59:36 (51.7%)	19:12	3.1 (47.7%)
540	<b>KRATYŃSKI Jacek</b>	<b>265</b>		Open Mężczyzn	341	08:30	<b>01:55:15.10</b>	<b>01:55:15.10</b>	+00:59:37 (51.7%)	19:12	3.1 (47.7%)
541	<b>LISTOPADZKA Anna</b>	<b>533</b>	KOSZMAR TEŚCIOWEJ	Open Kobiet	93	09:15	<b>01:55:29.05</b>	<b>01:55:29.05</b>	+00:59:51 (51.8%)	19:14	3.1 (47.7%)
542	<b>FAŁEK-RANOS Anna</b>	<b>532</b>	KOSZMAR TEŚCIOWEJ	Open Kobiet	94	09:15	<b>01:55:29.15</b>	<b>01:55:29.15</b>	+00:59:51 (51.8%)	19:14	3.1 (47.7%)
543	<b>WIĘCASZEK Magdalena</b>	<b>534</b>	KOSZMAR TEŚCIOWEJ	Open Kobiet	95	09:15	<b>01:55:42.05</b>	<b>01:55:42.05</b>	+01:00:04 (51.9%)	19:17	3.1 (47.7%)
544	<b>WOROBIEW Maksim</b>	<b>535</b>	KOSZMAR TEŚCIOWEJ	Open Mężczyzn	342	09:15	<b>01:55:42.10</b>	<b>01:55:42.10</b>	+01:00:04 (51.9%)	19:17	3.1 (47.7%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
545	<b>MERDA Paweł</b>	<b>746</b>	NIE NO NIE WIEM	Open Mężczyzn	343	09:45	<b>01:56:05.40</b>	<b>01:56:05.40</b>	+01:00:27 (52.1%)	19:20	3.1 (47.7%)
546	<b>ORZECHOWSKI Łukasz</b>	<b>168</b>		Open Mężczyzn	344	08:15	<b>01:56:12.60</b>	<b>01:56:12.60</b>	+01:00:34 (52.1%)	19:22	3.1 (47.7%)
547	<b>MANTORSKI Michał</b>	<b>165</b>		Open Mężczyzn	345	08:15	<b>01:56:23.60</b>	<b>01:56:23.60</b>	+01:00:45 (52.2%)	19:23	3.1 (47.7%)
548	<b>WIŚNIEWSKA Natalia</b>	<b>186</b>		Open Kobiet	96	08:15	<b>01:56:23.65</b>	<b>01:56:23.65</b>	+01:00:45 (52.2%)	19:23	3.1 (47.7%)
549	<b>LIPIŃSKI Łukasz</b>	<b>723</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	346	09:45	<b>01:56:25.20</b>	<b>01:56:25.20</b>	+01:00:47 (52.2%)	19:24	3.1 (47.7%)
550	<b>KUROWSKI Paweł</b>	<b>961</b>		Open Mężczyzn	347	09:45	<b>01:56:29.00</b>	<b>01:56:29.00</b>	+01:00:50 (52.2%)	19:24	3.1 (47.7%)
551	<b>OSIŃSKA Emilia</b>	<b>366</b>	THE POWER OF FAMILY	Open Kobiet	97	08:45	<b>01:56:33.45</b>	<b>01:56:33.45</b>	+01:00:55 (52.3%)	19:25	3.1 (47.7%)
552	<b>GÓRSKA Elżbieta</b>	<b>125</b>	STP PIOTR KUŁAK	Open Masters Kobiet	20	08:15	<b>01:56:33.50</b>	<b>01:56:33.50</b>	+01:00:55 (52.3%)	19:25	3.1 (47.7%)
553	<b>ŻABOROWSKA Joanna</b>	<b>698</b>		Open Kobiet	98	09:30	<b>01:56:38.05</b>	<b>01:56:38.05</b>	+01:01:00 (52.3%)	19:26	3.1 (47.7%)
554	<b>KEMPISTY Michał</b>	<b>674</b>		Open Mężczyzn	348	09:30	<b>01:56:38.35</b>	<b>01:56:38.35</b>	+01:01:00 (52.3%)	19:26	3.1 (47.7%)
555	<b>WALCZAK Mira</b>	<b>732</b>	AKADEMIA SPORTU MEDYK	Open Kobiet	99	09:45	<b>01:56:50.35</b>	<b>01:56:50.35</b>	+01:01:12 (52.4%)	19:28	3.1 (47.7%)
556	<b>DOVNAR Jugeen</b>	<b>531</b>	KOSZMAR TEŚCIOWEJ	Open Mężczyzn	349	09:15	<b>01:56:52.80</b>	<b>01:56:52.80</b>	+01:01:14 (52.4%)	19:28	3.1 (47.7%)
557	<b>SIKORSKA Patrycja</b>	<b>284</b>		Open Kobiet	100	08:30	<b>01:56:56.70</b>	<b>01:56:56.70</b>	+01:01:18 (52.4%)	19:29	3.1 (47.7%)
558	<b>KARBOWNIK Adam</b>	<b>258</b>		Open Mężczyzn	350	08:30	<b>01:56:58.40</b>	<b>01:56:58.40</b>	+01:01:20 (52.4%)	19:29	3.1 (47.7%)
559	<b>KACZOR Paweł</b>	<b>155</b>		Open Mężczyzn	351	08:30	<b>01:57:03.00</b>	<b>01:57:03.00</b>	+01:01:24 (52.5%)	19:30	3.1 (47.7%)
560	<b>KOMUDA Michał</b>	<b>413</b>	BRYŻYD TEAM	Open Mężczyzn	352	09:00	<b>01:57:03.55</b>	<b>01:57:03.55</b>	+01:01:25 (52.5%)	19:30	3.1 (47.7%)
561	<b>KILUK Magda</b>	<b>260</b>		Open Kobiet	101	08:30	<b>01:57:03.85</b>	<b>01:57:03.85</b>	+01:01:25 (52.5%)	19:30	3.1 (47.7%)
562	<b>KŁOSIŃSKA - RYBAKIEWICZ Anna</b>	<b>715</b>	AKADEMIA SPORTU MEDYK	Open Kobiet	102	09:45	<b>01:57:08.70</b>	<b>01:57:08.70</b>	+01:01:30 (52.5%)	19:31	3.1 (47.7%)
563	<b>PNIEWSKA Monika</b>	<b>418</b>	BRYŻYD TEAM	Open Kobiet	103	09:00	<b>01:57:11.20</b>	<b>01:57:11.20</b>	+01:01:33 (52.5%)	19:31	3.1 (47.7%)
564	<b>MAJEWSKI Konrad</b>	<b>548</b>	WENGLORZ TEAM	Open Mężczyzn	353	09:15	<b>01:57:23.85</b>	<b>01:57:23.85</b>	+01:01:45 (52.6%)	19:33	3.1 (47.7%)
565	<b>KAZINIEC Aneta</b>	<b>648</b>	NA *UJ MI TO BYŁO	Open Kobiet	104	09:30	<b>01:57:23.95</b>	<b>01:57:23.95</b>	+01:01:45 (52.6%)	19:33	3.1 (47.7%)
566	<b>KUCZYNSKI Piotr</b>	<b>649</b>	NA *UJ MI TO BYŁO	Open Mężczyzn	354	09:30	<b>01:57:25.35</b>	<b>01:57:25.35</b>	+01:01:47 (52.6%)	19:34	3.1 (47.7%)
567	<b>MATVIENKO Maksim</b>	<b>195</b>	39RUS	Open Mężczyzn	355	08:30	<b>01:57:26.30</b>	<b>01:57:26.30</b>	+01:01:48 (52.6%)	19:34	3.1 (47.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
568	<b>KUBICKI Michał</b>	<b>437</b>	LIDZBARKTEAM	Open Mężczyzn	356	09:00	<b>01:57:26.35</b>	<b>01:57:26.35</b>	+01:01:48 (52.6%)	19:34	3.1 (47.7%)
569	<b>OLĘCKI Adam</b>	<b>438</b>	LIDZBARKTEAM	Open Mężczyzn	357	09:00	<b>01:57:27.95</b>	<b>01:57:27.95</b>	+01:01:49 (52.6%)	19:34	3.1 (47.7%)
570	<b>KRANKOWSKI Mateusz</b>	<b>436</b>	LIDZBARKTEAM	Open Mężczyzn	358	09:00	<b>01:57:28.45</b>	<b>01:57:28.45</b>	+01:01:50 (52.6%)	19:34	3.1 (47.7%)
571	<b>IGELSKI Piotr</b>	<b>434</b>	LIDZBARKTEAM	Open Mężczyzn	359	09:00	<b>01:57:29.90</b>	<b>01:57:29.90</b>	+01:01:51 (52.7%)	19:34	3.1 (47.7%)
572	<b>SIEG Natalia</b>	<b>439</b>	LIDZBARKTEAM	Open Kobiet	105	09:00	<b>01:57:30.60</b>	<b>01:57:30.60</b>	+01:01:52 (52.7%)	19:35	3.1 (47.7%)
573	<b>KORDAS Jędrzej</b>	<b>435</b>	LIDZBARKTEAM	Open Mężczyzn	360	09:00	<b>01:57:33.10</b>	<b>01:57:33.10</b>	+01:01:55 (52.7%)	19:35	3.1 (47.7%)
574	<b>KOZIATEK Patryk</b>	<b>313</b>	DZIKUNY	Open Mężczyzn	361	08:45	<b>01:57:40.00</b>	<b>01:57:40.00</b>	+01:02:01 (52.7%)	19:36	3.1 (47.7%)
575	<b>OSIŃSKA Patrycja</b>	<b>367</b>	THE POWER OF FAMILY	Open Kobiet	106	08:45	<b>01:57:52.70</b>	<b>01:57:52.70</b>	+01:02:14 (52.8%)	19:38	3.1 (47.7%)
576	<b>ŁĘTOWSKI Grzegorz</b>	<b>722</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	362	09:45	<b>01:57:53.15</b>	<b>01:57:53.15</b>	+01:02:15 (52.8%)	19:38	3.1 (47.7%)
577	<b>MRZYGLÓD Roksana</b>	<b>314</b>	DZIKUNY	Open Kobiet	107	08:45	<b>01:57:57.80</b>	<b>01:57:57.80</b>	+01:02:19 (52.8%)	19:39	3.1 (47.7%)
578	<b>PIOTROWICZ Dominika</b>	<b>315</b>	DZIKUNY	Open Kobiet	108	08:45	<b>01:58:00.30</b>	<b>01:58:00.30</b>	+01:02:22 (52.9%)	19:40	3.1 (47.7%)
579	<b>DETKIEWICZ Ewa</b>	<b>124</b>	STP PIOTR KUŁAK	Open Kobiet	109	08:15	<b>01:58:04.75</b>	<b>01:58:04.75</b>	+01:02:26 (52.9%)	19:40	3 (46.2%)
580	<b>KUŁAK Piotr</b>	<b>127</b>	STP PIOTR KUŁAK	Open Mężczyzn	363	08:15	<b>01:58:04.95</b>	<b>01:58:04.95</b>	+01:02:26 (52.9%)	19:40	3 (46.2%)
581	<b>SZYMAŃSKI Cezary</b>	<b>588</b>		Open Mężczyzn	364	09:15	<b>01:58:10.35</b>	<b>01:58:10.35</b>	+01:02:32 (52.9%)	19:41	3 (46.2%)
582	<b>SZYMAŃSKA Marta</b>	<b>586</b>		Open Kobiet	110	09:15	<b>01:58:11.40</b>	<b>01:58:11.40</b>	+01:02:33 (52.9%)	19:41	3 (46.2%)
583	<b>SZYMAŃSKA Patrycja</b>	<b>587</b>		Open Kobiet	111	09:15	<b>01:58:15.85</b>	<b>01:58:15.85</b>	+01:02:37 (53.0%)	19:42	3 (46.2%)
584	<b>ŁUKSZO Mateusz</b>	<b>475</b>		Open Mężczyzn	365	10:15	<b>01:58:19.60</b>	<b>01:58:19.60</b>	+01:02:41 (53.0%)	19:43	3 (46.2%)
585	<b>DEOROWICZ Piotr</b>	<b>460</b>		Open Mężczyzn	366	10:15	<b>01:58:19.90</b>	<b>01:58:19.90</b>	+01:02:41 (53.0%)	19:43	3 (46.2%)
586	<b>BRZUZY Łukasz</b>	<b>630</b>	LOIT	Open Mężczyzn	367	09:30	<b>01:58:22.25</b>	<b>01:58:22.25</b>	+01:02:44 (53.0%)	19:43	3 (46.2%)
587	<b>SOSNOWSKI Mariusz</b>	<b>549</b>	WENGLORZ TEAM	Open Mężczyzn	368	09:15	<b>01:58:24.05</b>	<b>01:58:24.05</b>	+01:02:46 (53.0%)	19:44	3 (46.2%)
588	<b>BRZUZY Aleksander</b>	<b>628</b>	LOIT	Open Mężczyzn	369	09:30	<b>01:58:25.90</b>	<b>01:58:25.90</b>	+01:02:47 (53.0%)	19:44	3 (46.2%)
589	<b>GOŁĘBIEWSKI Adam</b>	<b>546</b>	WENGLORZ TEAM	Open Mężczyzn	370	09:15	<b>01:58:27.30</b>	<b>01:58:27.30</b>	+01:02:49 (53.0%)	19:44	3 (46.2%)
590	<b>PODUCH Joanna</b>	<b>279</b>		Open Kobiet	112	08:30	<b>01:58:28.85</b>	<b>01:58:28.85</b>	+01:02:50 (53.0%)	19:44	3 (46.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas		Różn	Tempo min/km	Tempo km/h
							netto 6km	brutto 6km			
591	<b>POTAPOWICZ Izabela</b>	<b>221</b>	DZIKIE ŻUKI	Open Kobiet	113	08:30	<b>01:58:28.95</b>	<b>01:58:28.95</b>	+01:02:50 (53.0%)	19:44	3 (46.2%)
591	<b>SIKORSKI Adrian</b>	<b>223</b>	DZIKIE ŻUKI	Open Mężczyzn	371	08:30	<b>01:58:28.95</b>	<b>01:58:28.95</b>	+01:02:50 (53.0%)	19:44	3 (46.2%)
593	<b>DEMBOWSKI Jacek</b>	<b>557</b>		Open Mężczyzn	372	09:15	<b>01:58:29.00</b>	<b>01:58:29.00</b>	+01:02:50 (53.0%)	19:44	3 (46.2%)
594	<b>BRZUZY Krzysztof</b>	<b>629</b>	LOIT	Open Masters Mężczyzn	66	09:30	<b>01:58:30.40</b>	<b>01:58:30.40</b>	+01:02:52 (53.1%)	19:45	3 (46.2%)
595	<b>JASINOWICZ Grzegorz</b>	<b>547</b>	WENGLORZ TEAM	Open Mężczyzn	373	09:15	<b>01:58:30.45</b>	<b>01:58:30.45</b>	+01:02:52 (53.1%)	19:45	3 (46.2%)
596	<b>BONK Krzysztof</b>	<b>742</b>	NIE NO NIE WIEM	Open Mężczyzn	374	09:45	<b>01:58:36.45</b>	<b>01:58:36.45</b>	+01:02:58 (53.1%)	19:46	3 (46.2%)
597	<b>FLORCZAK Wiktoria</b>	<b>464</b>		Open Kobiet	114	09:00	<b>01:58:39.80</b>	<b>01:58:39.80</b>	+01:03:01 (53.1%)	19:46	3 (46.2%)
598	<b>KUTSAKOV Viktor</b>	<b>194</b>	39RUS	Open Mężczyzn	375	08:30	<b>01:58:43.50</b>	<b>01:58:43.50</b>	+01:03:05 (53.1%)	19:47	3 (46.2%)
599	<b>MASHUKOV Andrei</b>	<b>197</b>	39RUS	Open Mężczyzn	376	08:30	<b>01:58:45.75</b>	<b>01:58:45.75</b>	+01:03:07 (53.2%)	19:47	3 (46.2%)
600	<b>TRIANDOFILIDI Liliia</b>	<b>196</b>	39RUS	Open Kobiet	115	08:30	<b>01:58:49.50</b>	<b>01:58:49.50</b>	+01:03:11 (53.2%)	19:48	3 (46.2%)
601	<b>SĘDZIK Aleksander</b>	<b>792</b>		Open Masters Mężczyzn	67	09:45	<b>01:59:02.80</b>	<b>01:59:02.80</b>	+01:03:24 (53.3%)	19:50	3 (46.2%)
602	<b>SĘDZIK Katarzyna</b>	<b>762</b>	ROSSMANN	Open Masters Kobiet	21	09:45	<b>01:59:03.30</b>	<b>01:59:03.30</b>	+01:03:25 (53.3%)	19:50	3 (46.2%)
603	<b>WOJCIECHOWSKI Michał</b>	<b>696</b>		Open Mężczyzn	377	09:30	<b>01:59:17.80</b>	<b>01:59:17.80</b>	+01:03:39 (53.4%)	19:52	3 (46.2%)
604	<b>DOBRUT Anna</b>	<b>770</b>		Open Masters Kobiet	22	09:45	<b>01:59:27.35</b>	<b>01:59:27.35</b>	+01:03:49 (53.4%)	19:54	3 (46.2%)
605	<b>KANAEV Vladimir</b>	<b>193</b>	39RUS	Open Mężczyzn	378	08:30	<b>01:59:29.80</b>	<b>01:59:29.80</b>	+01:03:51 (53.4%)	19:54	3 (46.2%)
606	<b>DOBRUT Tomasz</b>	<b>771</b>		Open Mężczyzn	379	09:45	<b>01:59:50.10</b>	<b>01:59:50.10</b>	+01:04:12 (53.6%)	19:58	3 (46.2%)
607	<b>RUZYCH Mariia</b>	<b>45</b>	39RUS	Open Kobiet	116	08:10	<b>01:59:57.80</b>	<b>01:59:57.80</b>	+01:04:19 (53.6%)	19:59	3 (46.2%)
608	<b>GRYGO Adrian</b>	<b>951</b>	EŁK FORCE ONE	Open Mężczyzn	380	08:15	<b>01:59:58.00</b>	<b>01:59:58.00</b>	+01:04:19 (53.6%)	19:59	3 (46.2%)
609	<b>MYSZCZYŃSKA Monika</b>	<b>99</b>	EŁK FORCE ONE	Open Masters Kobiet	23	08:15	<b>01:59:58.15</b>	<b>01:59:58.15</b>	+01:04:20 (53.6%)	19:59	3 (46.2%)
610	<b>GRYGO Katarzyna</b>	<b>92</b>	EŁK FORCE ONE	Open Masters Kobiet	24	08:15	<b>01:59:58.20</b>	<b>01:59:58.20</b>	+01:04:20 (53.6%)	19:59	3 (46.2%)
611	<b>KUKLIŃSKI Marcin</b>	<b>957</b>	NIE NO NIE WIEM	Open Mężczyzn	381	09:45	<b>01:59:59.45</b>	<b>01:59:59.45</b>	+01:04:21 (53.6%)	19:59	3 (46.2%)
612	<b>CZAJKA Nicole</b>	<b>143</b>		Open Kobiet	117	08:15	<b>02:00:09.10</b>	<b>02:00:09.10</b>	+01:04:31 (53.7%)	20:01	3 (46.2%)
613	<b>TRAWICKA Emilia</b>	<b>487</b>		Open Kobiet	118	09:00	<b>02:00:18.85</b>	<b>02:00:18.85</b>	+01:04:40 (53.8%)	20:03	3 (46.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
614	<b>NIEWIAROWSKI Paweł</b>	<b>417</b>	BRYŻYD TEAM	Open Mężczyzn	382	09:00	<b>02:00:33.55</b>	<b>02:00:33.55</b>	+01:04:55 (53.9%)	20:05	3 (46.2%)
615	<b>SIWIERA Patrycja</b>	<b>355</b>	RAGNARSON	Open Kobiet	119	08:45	<b>02:00:38.25</b>	<b>02:00:38.25</b>	+01:05:00 (53.9%)	20:06	3 (46.2%)
616	<b>GOŁKO Wojciech</b>	<b>664</b>		Open Mężczyzn	383	09:30	<b>02:00:40.00</b>	<b>02:00:40.00</b>	+01:05:01 (53.9%)	20:06	3 (46.2%)
617	<b>JAROCKA Renata</b>	<b>668</b>		Open Kobiet	120	09:30	<b>02:00:40.10</b>	<b>02:00:40.10</b>	+01:05:02 (53.9%)	20:06	3 (46.2%)
618	<b>URBANOWICZ Aneta</b>	<b>748</b>	NIE NO NIE WIEM	Open Kobiet	121	09:45	<b>02:00:48.15</b>	<b>02:00:48.15</b>	+01:05:10 (53.9%)	20:08	3 (46.2%)
619	<b>BURDYŃSKI Paweł</b>	<b>138</b>		Open Mężczyzn	384	08:15	<b>02:00:48.50</b>	<b>02:00:48.50</b>	+01:05:10 (53.9%)	20:08	3 (46.2%)
620	<b>LENKIEWICZ Dawid</b>	<b>352</b>	RAGNARSON	Open Mężczyzn	385	08:45	<b>02:00:58.25</b>	<b>02:00:58.25</b>	+01:05:20 (54.0%)	20:09	3 (46.2%)
621	<b>WOJTCZAK Sebastian</b>	<b>356</b>	RAGNARSON	Open Mężczyzn	386	08:45	<b>02:01:00.30</b>	<b>02:01:00.30</b>	+01:05:22 (54.0%)	20:10	3 (46.2%)
622	<b>SKRĘTEK Paulina</b>	<b>176</b>		Open Kobiet	122	08:15	<b>02:01:00.90</b>	<b>02:01:00.90</b>	+01:05:22 (54.0%)	20:10	3 (46.2%)
623	<b>CHILICKA Anna</b>	<b>458</b>		Open Kobiet	123	09:00	<b>02:01:06.15</b>	<b>02:01:06.15</b>	+01:05:28 (54.1%)	20:11	3 (46.2%)
624	<b>WYGRABEK Wojciech</b>	<b>323</b>	GORSZYSORT	Open Mężczyzn	387	08:45	<b>02:01:17.85</b>	<b>02:01:17.85</b>	+01:05:39 (54.1%)	20:12	3 (46.2%)
625	<b>CHMIELEWSKI Józef</b>	<b>141</b>		Open Mężczyzn	388	08:15	<b>02:01:19.15</b>	<b>02:01:19.15</b>	+01:05:41 (54.1%)	20:13	3 (46.2%)
626	<b>CHOROBA -TWAROSZ Henryka</b>	<b>322</b>	GORSZYSORT	Open Kobiet	124	08:45	<b>02:01:19.30</b>	<b>02:01:19.30</b>	+01:05:41 (54.1%)	20:13	3 (46.2%)
627	<b>KRETKIEWICZ Monika</b>	<b>644</b>	MORSY SZCZYTNO #RESET	Open Kobiet	125	09:30	<b>02:01:37.35</b>	<b>02:01:37.35</b>	+01:05:59 (54.3%)	20:16	3 (46.2%)
628	<b>KONIECZNY Jacek</b>	<b>642</b>	MORSY SZCZYTNO #RESET	Open Mężczyzn	389	09:30	<b>02:01:37.55</b>	<b>02:01:37.55</b>	+01:05:59 (54.3%)	20:16	3 (46.2%)
629	<b>STEFAŃSKA Agata</b>	<b>694</b>		Open Kobiet	126	09:30	<b>02:02:20.05</b>	<b>02:02:20.05</b>	+01:06:42 (54.5%)	20:23	2.9 (44.6%)
630	<b>KACZMAREK Michał</b>	<b>669</b>		Open Mężczyzn	390	09:30	<b>02:02:20.35</b>	<b>02:02:20.35</b>	+01:06:42 (54.5%)	20:23	2.9 (44.6%)
631	<b>WARPECHOWSKA Marzena</b>	<b>116</b>	M.OC	Open Masters Kobiet	25	08:15	<b>02:02:26.75</b>	<b>02:02:26.75</b>	+01:06:48 (54.6%)	20:24	2.9 (44.6%)
632	<b>FLORCZUK Przemek</b>	<b>115</b>	M.OC	Open Mężczyzn	391	08:15	<b>02:02:30.30</b>	<b>02:02:30.30</b>	+01:06:52 (54.6%)	20:25	2.9 (44.6%)
633	<b>ŻYGADŁO Piotr</b>	<b>117</b>	M.OC	Open Masters Mężczyzn	68	08:15	<b>02:02:31.30</b>	<b>02:02:31.30</b>	+01:06:53 (54.6%)	20:25	2.9 (44.6%)
634	<b>ROSZKOWSKA Weronika</b>	<b>173</b>		Open Kobiet	127	08:15	<b>02:02:34.15</b>	<b>02:02:34.15</b>	+01:06:56 (54.6%)	20:25	2.9 (44.6%)
635	<b>PIETRZYK Konrad</b>	<b>122</b>	SIUPTTEAM	Open Mężczyzn	392	08:15	<b>02:02:38.90</b>	<b>02:02:38.90</b>	+01:07:00 (54.6%)	20:26	2.9 (44.6%)
636	<b>BUCZYŁOWSKA Monika</b>	<b>137</b>		Open Kobiet	128	08:15	<b>02:02:42.80</b>	<b>02:02:42.80</b>	+01:07:04 (54.7%)	20:27	2.9 (44.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
637	<b>BOŻYK Sebastian</b>	<b>383</b>		Open Mężczyzn	393	09:00	<b>02:02:47.20</b>	<b>02:02:47.20</b>	+01:07:09 (54.7%)	20:27	2.9 (44.6%)
638	<b>KRASOŃ Rafał</b>	<b>391</b>		Open Mężczyzn	394	09:00	<b>02:02:49.60</b>	<b>02:02:49.60</b>	+01:07:11 (54.7%)	20:28	2.9 (44.6%)
639	<b>JAKSINA Magdalena</b>	<b>743</b>	NIE NO NIE WIEM	Open Kobiet	129	09:45	<b>02:02:52.95</b>	<b>02:02:52.95</b>	+01:07:14 (54.7%)	20:28	2.9 (44.6%)
640	<b>JOBSKA Magdalena</b>	<b>744</b>	NIE NO NIE WIEM	Open Kobiet	130	09:45	<b>02:02:54.05</b>	<b>02:02:54.05</b>	+01:07:16 (54.7%)	20:29	2.9 (44.6%)
641	<b>WASIUTA Anna</b>	<b>749</b>	NIE NO NIE WIEM	Open Kobiet	131	09:45	<b>02:02:55.70</b>	<b>02:02:55.70</b>	+01:07:17 (54.7%)	20:29	2.9 (44.6%)
642	<b>TUWALSKI Bernard</b>	<b>11</b>	DZIADY OCR	Elite Masters Mężczyzn	4	08:00	<b>02:02:58.70</b>	<b>02:02:58.70</b>	+01:07:20 (54.8%)	20:29	2.9 (44.6%)
643	<b>GRABOWSKA Justyna</b>	<b>333</b>	NIE CHCĘ MIEĆ STEMI	Open Kobiet	132	09:00	<b>02:03:07.20</b>	<b>02:03:07.20</b>	+01:07:29 (54.8%)	20:31	2.9 (44.6%)
644	<b>MYSIORSKI Łukasz</b>	<b>334</b>	NIE CHCĘ MIEĆ STEMI	Open Mężczyzn	395	09:00	<b>02:03:10.55</b>	<b>02:03:10.55</b>	+01:07:32 (54.8%)	20:31	2.9 (44.6%)
645	<b>IMIOLCZYK Eliza</b>	<b>401</b>	AGRESYWNE PASTRY	Open Kobiet	133	09:00	<b>02:03:17.40</b>	<b>02:03:17.40</b>	+01:07:39 (54.9%)	20:32	2.9 (44.6%)
646	<b>SUCHOWIECKI Piotr</b>	<b>295</b>	ABY DOBIEC	Open Mężczyzn	396	08:45	<b>02:03:23.95</b>	<b>02:03:23.95</b>	+01:07:45 (54.9%)	20:33	2.9 (44.6%)
647	<b>MARCHEWKA Ewa</b>	<b>294</b>	ABY DOBIEC	Open Kobiet	134	08:45	<b>02:03:24.10</b>	<b>02:03:24.10</b>	+01:07:46 (54.9%)	20:34	2.9 (44.6%)
648	<b>BUKSZYNSKA Wiktoria</b>	<b>399</b>	AGRESYWNE PASTRY	Open Kobiet	135	09:00	<b>02:03:25.30</b>	<b>02:03:25.30</b>	+01:07:47 (54.9%)	20:34	2.9 (44.6%)
649	<b>DANILUK Jakub</b>	<b>351</b>	RAGNARSON	Open Mężczyzn	397	08:45	<b>02:03:28.80</b>	<b>02:03:28.80</b>	+01:07:50 (54.9%)	20:34	2.9 (44.6%)
650	<b>IMIOLCZYK Roland</b>	<b>402</b>	AGRESYWNE PASTRY	Open Masters Mężczyzn	69	09:00	<b>02:03:34.00</b>	<b>02:03:34.00</b>	+01:07:55 (55.0%)	20:35	2.9 (44.6%)
651	<b>BUKSZYNSKI Daniel</b>	<b>400</b>	AGRESYWNE PASTRY	Open Masters Mężczyzn	70	09:00	<b>02:03:34.85</b>	<b>02:03:34.85</b>	+01:07:56 (55.0%)	20:35	2.9 (44.6%)
652	<b>GRABARCZYK Martyna</b>	<b>833</b>	RUN SHAPE, RUN!	Open Kobiet	136	10:00	<b>02:03:41.30</b>	<b>02:03:41.30</b>	+01:08:03 (55.0%)	20:36	2.9 (44.6%)
653	<b>DĘBSKI Tomasz</b>	<b>827</b>	RUN SHAPE, RUN!	Open Mężczyzn	398	10:00	<b>02:03:43.40</b>	<b>02:03:43.40</b>	+01:08:05 (55.0%)	20:37	2.9 (44.6%)
654	<b>LEWOWSKA Paulina</b>	<b>837</b>	RUN SHAPE, RUN!	Open Kobiet	137	10:00	<b>02:03:43.70</b>	<b>02:03:43.70</b>	+01:08:05 (55.0%)	20:37	2.9 (44.6%)
655	<b>GRABARCZYK Dominika</b>	<b>832</b>	RUN SHAPE, RUN!	Open Kobiet	138	10:00	<b>02:03:43.80</b>	<b>02:03:43.80</b>	+01:08:05 (55.0%)	20:37	2.9 (44.6%)
656	<b>FIGLUS Mariusz</b>	<b>829</b>	RUN SHAPE, RUN!	Open Mężczyzn	399	10:00	<b>02:03:45.95</b>	<b>02:03:45.95</b>	+01:08:07 (55.0%)	20:37	2.9 (44.6%)
657	<b>WILLIAMS Anna</b>	<b>966</b>		Open Kobiet	139	10:15	<b>02:03:57.25</b>	<b>02:03:57.25</b>	+01:08:19 (55.1%)	20:39	2.9 (44.6%)
658	<b>LENKIEWICZ Magdalena</b>	<b>353</b>	RAGNARSON	Open Kobiet	140	08:45	<b>02:03:58.00</b>	<b>02:03:58.00</b>	+01:08:19 (55.1%)	20:39	2.9 (44.6%)
659	<b>MANZANARES Jerry</b>	<b>912</b>		Open Masters Mężczyzn	71	10:15	<b>02:03:59.60</b>	<b>02:03:59.60</b>	+01:08:21 (55.1%)	20:39	2.9 (44.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
660	<b>VEGA Vincent</b>	<b>915</b>		Open Mężczyzn	400	10:15	<b>02:03:59.75</b>	<b>02:03:59.75</b>	+01:08:21 (55.1%)	20:39	2.9 (44.6%)
661	<b>PAGAN Martha</b>	<b>969</b>		Open Kobiet	141	10:15	<b>02:04:01.20</b>	<b>02:04:01.20</b>	+01:08:23 (55.1%)	20:40	2.9 (44.6%)
662	<b>BASEK Joanna</b>	<b>205</b>	BS WYSZKÓW	Open Kobiet	142	08:30	<b>02:04:12.15</b>	<b>02:04:12.15</b>	+01:08:34 (55.2%)	20:42	2.9 (44.6%)
663	<b>POŁEĆ Eliza</b>	<b>220</b>	DZIKIE ŻUKI	Open Kobiet	143	08:30	<b>02:04:13.05</b>	<b>02:04:13.05</b>	+01:08:35 (55.2%)	20:42	2.9 (44.6%)
664	<b>BARTNICKI Sebastian</b>	<b>826</b>	RUN SHAPE, RUN!	Open Mężczyzn	401	10:00	<b>02:04:21.00</b>	<b>02:04:21.00</b>	+01:08:42 (55.3%)	20:43	2.9 (44.6%)
665	<b>BIELICKI Radosław</b>	<b>327</b>	KWIAT TEAM	Open Masters Mężczyzn	72	08:45	<b>02:04:48.80</b>	<b>02:04:48.80</b>	+01:09:10 (55.4%)	20:48	2.9 (44.6%)
666	<b>BIELICKA Magdalena</b>	<b>326</b>	KWIAT TEAM	Open Kobiet	144	08:45	<b>02:04:49.20</b>	<b>02:04:49.20</b>	+01:09:11 (55.4%)	20:48	2.9 (44.6%)
667	<b>KWIATKOWSKI Michał</b>	<b>328</b>	KWIAT TEAM	Open Masters Mężczyzn	73	08:45	<b>02:04:49.80</b>	<b>02:04:49.80</b>	+01:09:11 (55.4%)	20:48	2.9 (44.6%)
668	<b>LEWANDOWSKI Leszek</b>	<b>956</b>		Open Mężczyzn	402	09:00	<b>02:04:52.75</b>	<b>02:04:52.75</b>	+01:09:14 (55.4%)	20:48	2.9 (44.6%)
669	<b>BIEGAJSKI Mateusz</b>	<b>453</b>		Open Mężczyzn	403	09:00	<b>02:04:54.45</b>	<b>02:04:54.45</b>	+01:09:16 (55.5%)	20:49	2.9 (44.6%)
670	<b>PSZCZOŁA Marta</b>	<b>222</b>	DZIKIE ŻUKI	Open Kobiet	145	08:30	<b>02:04:56.50</b>	<b>02:04:56.50</b>	+01:09:18 (55.5%)	20:49	2.9 (44.6%)
671	<b>NAZARKO Justyna</b>	<b>82</b>	CHŁOPCY CHORTENOWCY	Open Kobiet	146	08:15	<b>02:04:57.35</b>	<b>02:04:57.35</b>	+01:09:19 (55.5%)	20:49	2.9 (44.6%)
672	<b>MARKOWSKI Dariusz</b>	<b>219</b>	DZIKIE ŻUKI	Open Mężczyzn	404	08:30	<b>02:04:59.15</b>	<b>02:04:59.15</b>	+01:09:21 (55.5%)	20:49	2.9 (44.6%)
673	<b>KOCHELAK Konrad</b>	<b>380</b>	ZŁOCZEWIANIE	Open Mężczyzn	405	08:45	<b>02:05:04.45</b>	<b>02:05:04.45</b>	+01:09:26 (55.5%)	20:50	2.9 (44.6%)
674	<b>PERKOWSKI Piotr</b>	<b>277</b>		Open Mężczyzn	406	08:30	<b>02:05:06.55</b>	<b>02:05:06.55</b>	+01:09:28 (55.5%)	20:51	2.9 (44.6%)
675	<b>STANKIEWICZ Beata</b>	<b>84</b>	CHŁOPCY CHORTENOWCY	Open Kobiet	147	08:15	<b>02:05:08.40</b>	<b>02:05:08.40</b>	+01:09:30 (55.5%)	20:51	2.9 (44.6%)
676	<b>PIASKOWIAK Jacek</b>	<b>917</b>		Open Mężczyzn	407	08:30	<b>02:05:12.15</b>	<b>02:05:12.15</b>	+01:09:34 (55.6%)	20:52	2.9 (44.6%)
677	<b>KAMIŃSKI Łukasz</b>	<b>208</b>	BS WYSZKÓW	Open Mężczyzn	408	08:30	<b>02:05:17.50</b>	<b>02:05:17.50</b>	+01:09:39 (55.6%)	20:52	2.9 (44.6%)
678	<b>SKRAJNY Jerzy</b>	<b>211</b>	BS WYSZKÓW	Open Masters Mężczyzn	74	08:30	<b>02:05:24.90</b>	<b>02:05:24.90</b>	+01:09:46 (55.6%)	20:54	2.9 (44.6%)
679	<b>OSTROWSKA Barbara</b>	<b>821</b>	RAMS TRAINING HAUSE	Open Masters Kobiet	26	10:00	<b>02:05:50.10</b>	<b>02:05:50.10</b>	+01:10:12 (55.8%)	20:58	2.9 (44.6%)
680	<b>JUJKA Dariusz</b>	<b>822</b>	RAMS TRAINING HOUSE KOŁOBRZEG	Open Masters Mężczyzn	75	10:00	<b>02:05:50.15</b>	<b>02:05:50.15</b>	+01:10:12 (55.8%)	20:58	2.9 (44.6%)
681	<b>STĘPIEŃ Aleksandra</b>	<b>310</b>	CROSSBOXFIT KĘTRZYN	Open Kobiet	148	08:45	<b>02:06:01.60</b>	<b>02:06:01.60</b>	+01:10:23 (55.9%)	21:00	2.9 (44.6%)
682	<b>STĘPIEŃ Ewelina</b>	<b>311</b>	CROSSBOXFIT KĘTRZYN	Open Kobiet	149	08:45	<b>02:06:04.70</b>	<b>02:06:04.70</b>	+01:10:26 (55.9%)	21:00	2.9 (44.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
683	<b>WILCZEK Lukasz</b>	<b>595</b>		Open Mężczyzn	409	09:15	<b>02:06:06.10</b>	<b>02:06:06.10</b>	+01:10:28 (55.9%)	21:01	2.9 (44.6%)
684	<b>KRÓL Marta</b>	<b>309</b>	CROSSBOXFIT KĘTRZYN	Open Kobiet	150	08:45	<b>02:06:07.00</b>	<b>02:06:07.00</b>	+01:10:28 (55.9%)	21:01	2.9 (44.6%)
685	<b>MIŁOWICKA Karolina</b>	<b>130</b>	VIP-GYM EŁK	Open Kobiet	151	08:15	<b>02:06:24.70</b>	<b>02:06:24.70</b>	+01:10:46 (56.0%)	21:04	2.8 (43.1%)
686	<b>GRAJEWSKI Olgierd</b>	<b>129</b>	V.I.P-GYM EŁK	Open Mężczyzn	410	08:15	<b>02:06:25.25</b>	<b>02:06:25.25</b>	+01:10:47 (56.0%)	21:04	2.8 (43.1%)
687	<b>PONISZTERA Aleksandra</b>	<b>820</b>	POŻ-SERWIS EŁK	Open Kobiet	152	10:00	<b>02:06:30.65</b>	<b>02:06:30.65</b>	+01:10:52 (56.0%)	21:05	2.8 (43.1%)
688	<b>MARCINIAK Piotr</b>	<b>354</b>	RAGNARSON	Open Mężczyzn	411	10:00	<b>02:06:30.90</b>	<b>02:06:30.90</b>	+01:10:52 (56.0%)	21:05	2.8 (43.1%)
689	<b>WRONA Ewa</b>	<b>357</b>	RAGNARSON	Open Kobiet	153	10:00	<b>02:06:31.20</b>	<b>02:06:31.20</b>	+01:10:53 (56.0%)	21:05	2.8 (43.1%)
690	<b>PIĘNKOSZ Agata</b>	<b>819</b>	POŻ-SERWIS EŁK	Open Kobiet	154	10:00	<b>02:06:35.25</b>	<b>02:06:35.25</b>	+01:10:57 (56.1%)	21:05	2.8 (43.1%)
691	<b>SIERPIŃSKA Monika</b>	<b>114</b>	LOFT TEAM EXTREME	Open Kobiet	155	08:15	<b>02:06:56.80</b>	<b>02:06:56.80</b>	+01:11:18 (56.2%)	21:09	2.8 (43.1%)
692	<b>WEIS Michał</b>	<b>185</b>		Open Mężczyzn	412	08:15	<b>02:06:57.00</b>	<b>02:06:57.00</b>	+01:11:18 (56.2%)	21:09	2.8 (43.1%)
693	<b>KOWALCZYK Piotr</b>	<b>568</b>		Open Mężczyzn	413	09:15	<b>02:07:03.55</b>	<b>02:07:03.55</b>	+01:11:25 (56.2%)	21:10	2.8 (43.1%)
694	<b>KLIMASZEWSKI Marcin</b>	<b>472</b>		Open Mężczyzn	414	09:00	<b>02:07:07.55</b>	<b>02:07:07.55</b>	+01:11:29 (56.2%)	21:11	2.8 (43.1%)
695	<b>KLIMASZEWSKA Katarzyna</b>	<b>471</b>		Open Kobiet	156	09:00	<b>02:07:08.30</b>	<b>02:07:08.30</b>	+01:11:30 (56.2%)	21:11	2.8 (43.1%)
696	<b>TYNECKI Andrzej</b>	<b>594</b>		Open Masters Mężczyzn	76	09:15	<b>02:07:11.80</b>	<b>02:07:11.80</b>	+01:11:33 (56.3%)	21:11	2.8 (43.1%)
697	<b>GORLO Jacek</b>	<b>466</b>		Open Mężczyzn	415	09:00	<b>02:07:12.50</b>	<b>02:07:12.50</b>	+01:11:34 (56.3%)	21:12	2.8 (43.1%)
698	<b>BUDZIŃSKI Przemysław</b>	<b>455</b>		Open Mężczyzn	416	09:00	<b>02:07:16.30</b>	<b>02:07:16.30</b>	+01:11:38 (56.3%)	21:12	2.8 (43.1%)
699	<b>TOCZKO Jarosław</b>	<b>485</b>		Open Masters Mężczyzn	77	09:00	<b>02:07:19.60</b>	<b>02:07:19.60</b>	+01:11:41 (56.3%)	21:13	2.8 (43.1%)
700	<b>BUĆ Ada</b>	<b>239</b>	THE POWER OF FAMILY	Open Kobiet	157	08:30	<b>02:07:42.00</b>	<b>02:07:42.00</b>	+01:12:03 (56.4%)	21:17	2.8 (43.1%)
701	<b>TYNECKA Beata</b>	<b>593</b>		Open Masters Kobiet	27	09:15	<b>02:07:46.90</b>	<b>02:07:46.90</b>	+01:12:08 (56.5%)	21:17	2.8 (43.1%)
702	<b>JAGODZIŃSKA-SZYMCZYK Joanna</b>	<b>561</b>		Open Kobiet	158	09:15	<b>02:08:00.70</b>	<b>02:08:00.70</b>	+01:12:22 (56.5%)	21:20	2.8 (43.1%)
703	<b>OPRYŃSKI Szymon</b>	<b>576</b>		Open Mężczyzn	417	09:15	<b>02:08:01.60</b>	<b>02:08:01.60</b>	+01:12:23 (56.5%)	21:20	2.8 (43.1%)
704	<b>RYNKIEWICZ Jędrzej</b>	<b>896</b>		Open Mężczyzn	418	10:00	<b>02:08:33.95</b>	<b>02:08:33.95</b>	+01:12:55 (56.7%)	21:25	2.8 (43.1%)
705	<b>NICEWICZ Hanna</b>	<b>892</b>		Open Kobiet	159	10:00	<b>02:08:34.05</b>	<b>02:08:34.05</b>	+01:12:56 (56.7%)	21:25	2.8 (43.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas		Różn	Tempo min/km	Tempo km/h
							netto 6km	brutto 6km			
706	<b>IWANIUK Adrian</b>	<b>422</b>	CHOBUKAN BIAŁYSTOK	Open Mężczyzn	419	09:00	<b>02:08:34.25</b>	<b>02:08:34.25</b>	+01:12:56 (56.7%)	21:25	2.8 (43.1%)
707	<b>HERMASZUK Bartosz</b>	<b>859</b>	W&O FREESTYLE RUNNERS	Open Mężczyzn	420	10:00	<b>02:08:41.65</b>	<b>02:08:41.65</b>	+01:13:03 (56.8%)	21:26	2.8 (43.1%)
708	<b>WASILEWSKI Piotr</b>	<b>867</b>	W&O FREESTYLE RUNNERS	Open Mężczyzn	421	10:00	<b>02:08:54.15</b>	<b>02:08:54.15</b>	+01:13:16 (56.8%)	21:29	2.8 (43.1%)
709	<b>WITKOWSKI Karol</b>	<b>489</b>		Open Mężczyzn	422	09:00	<b>02:08:54.40</b>	<b>02:08:54.40</b>	+01:13:16 (56.8%)	21:29	2.8 (43.1%)
710	<b>BUJNOWSKI Maciej</b>	<b>456</b>		Open Mężczyzn	423	09:00	<b>02:09:03.70</b>	<b>02:09:03.70</b>	+01:13:25 (56.9%)	21:30	2.8 (43.1%)
711	<b>DYSZKIEWICZ Marta</b>	<b>462</b>		Open Kobiet	160	09:00	<b>02:09:04.90</b>	<b>02:09:04.90</b>	+01:13:26 (56.9%)	21:30	2.8 (43.1%)
712	<b>DAWIDEK Justyna</b>	<b>858</b>	W&O FREESTYLE RUNNERS	Open Kobiet	161	10:00	<b>02:09:09.95</b>	<b>02:09:09.95</b>	+01:13:31 (56.9%)	21:31	2.8 (43.1%)
713	<b>ZABIEGAJ Piotr</b>	<b>107</b>	HUSARIA RACE TEAM	Open Mężczyzn	424	08:15	<b>02:09:11.20</b>	<b>02:09:11.20</b>	+01:13:33 (56.9%)	21:31	2.8 (43.1%)
713	<b>DAWIDEK Grzegorz</b>	<b>857</b>	W&O FREESTYLE RUNNERS	Open Mężczyzn	425	10:00	<b>02:09:11.20</b>	<b>02:09:11.20</b>	+01:13:33 (56.9%)	21:31	2.8 (43.1%)
715	<b>POMICHTER Julia</b>	<b>483</b>		Open Kobiet	162	09:00	<b>02:09:14.35</b>	<b>02:09:14.35</b>	+01:13:36 (57.0%)	21:32	2.8 (43.1%)
716	<b>BOGUSZEWICZ Eliza</b>	<b>856</b>	W&O FREESTYLE RUNNERS	Open Kobiet	163	10:00	<b>02:09:16.95</b>	<b>02:09:16.95</b>	+01:13:38 (57.0%)	21:32	2.8 (43.1%)
717	<b>KOŁAKOWSKA Agnieszka</b>	<b>631</b>	ŁOŚ POWER	Open Kobiet	164	09:30	<b>02:09:18.70</b>	<b>02:09:18.70</b>	+01:13:40 (57.0%)	21:33	2.8 (43.1%)
718	<b>ZACHAJ Maciej</b>	<b>868</b>	W&O FREESTYLE RUNNERS	Open Mężczyzn	426	10:00	<b>02:09:23.15</b>	<b>02:09:23.15</b>	+01:13:45 (57.0%)	21:33	2.8 (43.1%)
719	<b>ŁUKASZYK Piotr</b>	<b>862</b>	W&O FREESTYLE RUNNERS	Open Mężczyzn	427	10:00	<b>02:09:24.75</b>	<b>02:09:24.75</b>	+01:13:46 (57.0%)	21:34	2.8 (43.1%)
720	<b>PERKOWSKA Natalia</b>	<b>687</b>		Open Kobiet	165	08:30	<b>02:09:26.15</b>	<b>02:09:26.15</b>	+01:13:48 (57.0%)	21:34	2.8 (43.1%)
721	<b>ZIENKIEWICZ-ZACHAJ Aleksandra</b>	<b>869</b>	W&O FREESTYLE RUNNERS	Open Kobiet	166	10:00	<b>02:09:28.35</b>	<b>02:09:28.35</b>	+01:13:50 (57.0%)	21:34	2.8 (43.1%)
722	<b>SMUKOWSKI Krzysztof</b>	<b>633</b>	ŁOŚ POWER	Open Mężczyzn	428	09:30	<b>02:09:29.25</b>	<b>02:09:29.25</b>	+01:13:51 (57.0%)	21:34	2.8 (43.1%)
723	<b>WASILEWSKI Michał</b>	<b>866</b>	W&O FREESTYLE RUNNERS	Open Mężczyzn	429	10:00	<b>02:09:30.20</b>	<b>02:09:30.20</b>	+01:13:52 (57.0%)	21:35	2.8 (43.1%)
724	<b>SELMAN Darek</b>	<b>863</b>	W&O FREESTYLE RUNNERS	Open Mężczyzn	430	10:00	<b>02:09:30.40</b>	<b>02:09:30.40</b>	+01:13:52 (57.0%)	21:35	2.8 (43.1%)
725	<b>FINGAS Katarzyna</b>	<b>375</b>	WOLNE DZIKI	Open Kobiet	167	08:45	<b>02:09:40.45</b>	<b>02:09:40.45</b>	+01:14:02 (57.1%)	21:36	2.8 (43.1%)
726	<b>PLUCIŃSKI Jakub</b>	<b>105</b>	HUSARIA RACE TEAM	Open Mężczyzn	431	08:15	<b>02:09:44.65</b>	<b>02:09:44.65</b>	+01:14:06 (57.1%)	21:37	2.8 (43.1%)
727	<b>KACZMARCZYK Tomasz</b>	<b>920</b>		Open Mężczyzn	432	08:15	<b>02:09:45.40</b>	<b>02:09:45.40</b>	+01:14:07 (57.1%)	21:37	2.8 (43.1%)
728	<b>PROJS Katarzyna</b>	<b>378</b>	WOLNE DZIKI	Open Kobiet	168	08:45	<b>02:09:45.95</b>	<b>02:09:45.95</b>	+01:14:07 (57.1%)	21:37	2.8 (43.1%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
729	<b>KRAWIEC Adam</b>	<b>376</b>	WOLNE DZIKI	Open Masters Mężczyzn	78	08:45	<b>02:09:46.40</b>	<b>02:09:46.40</b>	+01:14:08 (57.1%)	21:37	2.8 (43.1%)
730	<b>KRAWIEC Klaudia</b>	<b>377</b>	WOLNE DZIKI	Open Kobiet	169	08:45	<b>02:09:47.40</b>	<b>02:09:47.40</b>	+01:14:09 (57.1%)	21:37	2.8 (43.1%)
731	<b>ŚLEPOWROŃSKI Bartosz</b>	<b>632</b>	ŁOŚ POWER	Open Mężczyzn	433	09:30	<b>02:09:48.15</b>	<b>02:09:48.15</b>	+01:14:10 (57.1%)	21:38	2.8 (43.1%)
732	<b>SOSNOWSKI Mateusz</b>	<b>634</b>	ŁOŚ POWER	Open Mężczyzn	434	09:30	<b>02:10:00.70</b>	<b>02:10:00.70</b>	+01:14:22 (57.2%)	21:40	2.8 (43.1%)
733	<b>JURGIN Monika</b>	<b>947</b>		Open Kobiet	170	08:45	<b>02:10:04.05</b>	<b>02:10:04.05</b>	+01:14:26 (57.2%)	21:40	2.8 (43.1%)
734	<b>KOCHMAŃSKA Aleksandra</b>	<b>388</b>		Open Kobiet	171	08:45	<b>02:10:07.90</b>	<b>02:10:07.90</b>	+01:14:29 (57.2%)	21:41	2.8 (43.1%)
735	<b>RZEPNICKI Daniel</b>	<b>174</b>		Open Mężczyzn	435	08:15	<b>02:10:21.90</b>	<b>02:10:21.90</b>	+01:14:43 (57.3%)	21:43	2.8 (43.1%)
736	<b>DASZKIEWICZ Agnieszka</b>	<b>145</b>		Open Masters Kobiet	28	08:15	<b>02:10:25.00</b>	<b>02:10:25.00</b>	+01:14:46 (57.3%)	21:44	2.8 (43.1%)
737	<b>DASZKIEWICZ Krzysztof</b>	<b>146</b>		Open Mężczyzn	436	08:15	<b>02:10:27.50</b>	<b>02:10:27.50</b>	+01:14:49 (57.4%)	21:44	2.8 (43.1%)
738	<b>ZAJKOWSKI Marcin</b>	<b>492</b>		Open Masters Mężczyzn	79	09:00	<b>02:10:52.20</b>	<b>02:10:52.20</b>	+01:15:14 (57.5%)	21:48	2.8 (43.1%)
739	<b>ZAJKOWSKI Damian</b>	<b>491</b>		Open Mężczyzn	437	09:00	<b>02:10:54.70</b>	<b>02:10:54.70</b>	+01:15:16 (57.5%)	21:49	2.8 (43.1%)
740	<b>KIEDA Sandra</b>	<b>750</b>	OLSZTYŃSCY PRZEMYTNICY RZEŻUCHY !	Open Kobiet	172	09:45	<b>02:10:58.00</b>	<b>02:10:58.00</b>	+01:15:19 (57.5%)	21:49	2.7 (41.5%)
741	<b>MUCHA Edyta</b>	<b>751</b>	OLSZTYŃSCY PRZEMYTNICY RZEŻUCHY !	Open Kobiet	173	09:45	<b>02:10:58.40</b>	<b>02:10:58.40</b>	+01:15:20 (57.5%)	21:49	2.7 (41.5%)
742	<b>SZKLARSKI Krzysztof</b>	<b>752</b>	OLSZTYŃSCY PRZEMYTNICY RZEŻUCHY !	Open Mężczyzn	438	09:45	<b>02:10:59.00</b>	<b>02:10:59.00</b>	+01:15:20 (57.5%)	21:49	2.7 (41.5%)
743	<b>SAWICKI Miłosz</b>	<b>379</b>	WOLNE DZIKI	Open Mężczyzn	439	08:45	<b>02:11:34.40</b>	<b>02:11:34.40</b>	+01:15:56 (57.7%)	21:55	2.7 (41.5%)
744	<b>JABŁOŃSKA Wiktoria</b>	<b>468</b>		Open Kobiet	174	09:00	<b>02:11:35.85</b>	<b>02:11:35.85</b>	+01:15:57 (57.7%)	21:55	2.7 (41.5%)
745	<b>JABŁOŃSKA Iwona</b>	<b>467</b>		Open Masters Kobiet	29	09:00	<b>02:11:37.10</b>	<b>02:11:37.10</b>	+01:15:59 (57.7%)	21:56	2.7 (41.5%)
746	<b>TARKOWSKA Kasia</b>	<b>864</b>	W&O FREESTYLE RUNNERS	Open Kobiet	175	10:00	<b>02:11:41.00</b>	<b>02:11:41.00</b>	+01:16:02 (57.8%)	21:56	2.7 (41.5%)
747	<b>RYDZYŃSKA Małgorzata</b>	<b>582</b>		Open Kobiet	176	09:15	<b>02:12:28.00</b>	<b>02:12:28.00</b>	+01:16:49 (58.0%)	22:04	2.7 (41.5%)
748	<b>SZTUBECKA Gabriela</b>	<b>288</b>		Open Kobiet	177	08:30	<b>02:12:33.60</b>	<b>02:12:33.60</b>	+01:16:55 (58.0%)	22:05	2.7 (41.5%)
749	<b>WIERCIACH Dawid</b>	<b>290</b>		Open Mężczyzn	440	08:30	<b>02:12:34.00</b>	<b>02:12:34.00</b>	+01:16:55 (58.0%)	22:05	2.7 (41.5%)
750	<b>RUDNICKI Filip</b>	<b>281</b>		Open Mężczyzn	441	08:30	<b>02:12:34.45</b>	<b>02:12:34.45</b>	+01:16:56 (58.0%)	22:05	2.7 (41.5%)
751	<b>MELLIN Małgorzata</b>	<b>500</b>	BYLEDOBIEC	Open Kobiet	178	09:15	<b>02:12:39.10</b>	<b>02:12:39.10</b>	+01:17:01 (58.1%)	22:06	2.7 (41.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
752	<b>ORZECHOWSKI Cezary</b>	<b>501</b>	BYLEDOBIEC	Open Mężczyzn	442	09:15	<b>02:12:39.65</b>	<b>02:12:39.65</b>	+01:17:01 (58.1%)	22:06	2.7 (41.5%)
753	<b>GOMEZ Gonzalo</b>	<b>499</b>	BYLEDOBIEC	Open Mężczyzn	443	09:15	<b>02:12:39.90</b>	<b>02:12:39.90</b>	+01:17:01 (58.1%)	22:06	2.7 (41.5%)
754	<b>RACHWALSKI Marcin</b>	<b>789</b>		Open Mężczyzn	444	09:45	<b>02:12:46.30</b>	<b>02:12:46.30</b>	+01:17:08 (58.1%)	22:07	2.7 (41.5%)
755	<b>BORSUKIEWICZ Paweł</b>	<b>613</b>	GLUTEN-SRUTEN	Open Mężczyzn	445	09:30	<b>02:13:25.50</b>	<b>02:13:25.50</b>	+01:17:47 (58.3%)	22:14	2.7 (41.5%)
756	<b>WRÓBLEWSKI Karol</b>	<b>616</b>	GLUTEN-SRUTEN	Open Mężczyzn	446	09:30	<b>02:13:26.00</b>	<b>02:13:26.00</b>	+01:17:47 (58.3%)	22:14	2.7 (41.5%)
757	<b>JANKOWSKI Łukasz</b>	<b>614</b>	GLUTEN-SRUTEN	Open Mężczyzn	447	09:30	<b>02:13:27.75</b>	<b>02:13:27.75</b>	+01:17:49 (58.3%)	22:14	2.7 (41.5%)
758	<b>MIECZKOWSKA Aleksandra</b>	<b>615</b>	GLUTEN-SRUTEN	Open Kobiet	179	09:30	<b>02:13:28.10</b>	<b>02:13:28.10</b>	+01:17:50 (58.3%)	22:14	2.7 (41.5%)
759	<b>PODGÓRSKI Jędrzej</b>	<b>688</b>		Open Mężczyzn	448	09:30	<b>02:13:35.60</b>	<b>02:13:35.60</b>	+01:17:57 (58.4%)	22:15	2.7 (41.5%)
760	<b>CHMIELEWSKA Dominika</b>	<b>654</b>		Open Kobiet	180	09:30	<b>02:13:35.90</b>	<b>02:13:35.90</b>	+01:17:57 (58.4%)	22:15	2.7 (41.5%)
761	<b>ŻYTYNIEC Monika</b>	<b>58</b>		Open Kobiet	181	08:10	<b>02:13:40.30</b>	<b>02:13:40.30</b>	+01:18:02 (58.4%)	22:16	2.7 (41.5%)
762	<b>OLSZEWSKI Lesław</b>	<b>686</b>		Open Masters Mężczyzn	80	09:30	<b>02:13:41.45</b>	<b>02:13:41.45</b>	+01:18:03 (58.4%)	22:16	2.7 (41.5%)
763	<b>KAMIŃSKI Arkadiusz</b>	<b>672</b>		Open Mężczyzn	449	09:30	<b>02:13:42.90</b>	<b>02:13:42.90</b>	+01:18:04 (58.4%)	22:17	2.7 (41.5%)
764	<b>GOŁAB Wojciech</b>	<b>661</b>		Open Mężczyzn	450	09:30	<b>02:13:43.45</b>	<b>02:13:43.45</b>	+01:18:05 (58.4%)	22:17	2.7 (41.5%)
765	<b>PRAWDZIK Renata</b>	<b>689</b>		Open Masters Kobiet	30	09:30	<b>02:13:43.75</b>	<b>02:13:43.75</b>	+01:18:05 (58.4%)	22:17	2.7 (41.5%)
766	<b>KOTARSKA Katarzyna</b>	<b>676</b>		Open Masters Kobiet	31	09:30	<b>02:13:44.65</b>	<b>02:13:44.65</b>	+01:18:06 (58.4%)	22:17	2.7 (41.5%)
767	<b>OLSZEWSKI Cezary</b>	<b>685</b>		Open Mężczyzn	451	09:30	<b>02:13:45.00</b>	<b>02:13:45.00</b>	+01:18:06 (58.4%)	22:17	2.7 (41.5%)
768	<b>AUGUSTYNOWICZ Paula</b>	<b>650</b>		Open Kobiet	182	09:30	<b>02:13:51.45</b>	<b>02:13:51.45</b>	+01:18:13 (58.4%)	22:18	2.7 (41.5%)
769	<b>CZARNOTA Dagmara</b>	<b>656</b>		Open Kobiet	183	09:30	<b>02:13:52.25</b>	<b>02:13:52.25</b>	+01:18:14 (58.4%)	22:18	2.7 (41.5%)
770	<b>KOWALEWSKA Karolina</b>	<b>677</b>		Open Kobiet	184	09:30	<b>02:13:52.30</b>	<b>02:13:52.30</b>	+01:18:14 (58.4%)	22:18	2.7 (41.5%)
771	<b>JACKOWSKI Piotr</b>	<b>886</b>		Open Mężczyzn	452	10:00	<b>02:13:59.50</b>	<b>02:13:59.50</b>	+01:18:21 (58.5%)	22:19	2.7 (41.5%)
771	<b>CHOJNOWSKI Wojtek</b>	<b>879</b>		Open Mężczyzn	453	10:00	<b>02:13:59.50</b>	<b>02:13:59.50</b>	+01:18:21 (58.5%)	22:19	2.7 (41.5%)
773	<b>BRZEZIŃSKI Damian</b>	<b>877</b>		Open Mężczyzn	454	10:00	<b>02:14:01.00</b>	<b>02:14:01.00</b>	+01:18:22 (58.5%)	22:20	2.7 (41.5%)
774	<b>DZIEKONSKI Zbigniew</b>	<b>882</b>		Open Mężczyzn	455	10:00	<b>02:14:10.50</b>	<b>02:14:10.50</b>	+01:18:32 (58.5%)	22:21	2.7 (41.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
775	JASIONOWSKI Arkadiusz	887		Open Mężczyzn	456	10:00	02:14:18.55	02:14:18.55	+01:18:40 (58.6%)	22:23	2.7 (41.5%)
776	KARABINIEWICZ Patrycja	387		Open Kobiet	185	08:45	02:14:28.20	02:14:28.20	+01:18:50 (58.6%)	22:24	2.7 (41.5%)
777	RAŃCZUCH Marcin	579		Open Mężczyzn	457	09:15	02:14:29.60	02:14:29.60	+01:18:51 (58.6%)	22:24	2.7 (41.5%)
778	KARABINIEWICZ Kuba	386		Open Mężczyzn	458	08:45	02:14:34.45	02:14:34.45	+01:18:56 (58.7%)	22:25	2.7 (41.5%)
779	BERKOWSKA Magdalena	330	MOCZYMORDY FLANKI TEAM	Open Kobiet	186	08:45	02:14:35.85	02:14:35.85	+01:18:57 (58.7%)	22:25	2.7 (41.5%)
780	JANKOWSKI Paweł	332	MOCZYMORDY FLANKI TEAM	Open Mężczyzn	459	08:45	02:14:36.15	02:14:36.15	+01:18:58 (58.7%)	22:26	2.7 (41.5%)
781	CWALINA Paweł	331	MOCZYMORDY FLANKI TEAM	Open Mężczyzn	460	08:45	02:14:43.30	02:14:43.30	+01:19:05 (58.7%)	22:27	2.7 (41.5%)
782	SKARŻYŃSKA Karolina	285		Open Kobiet	187	08:45	02:14:51.20	02:14:51.20	+01:19:13 (58.7%)	22:28	2.7 (41.5%)
783	SKIBA Klaudia	325	IMPERIUM SIŁY	Open Kobiet	188	08:45	02:14:53.30	02:14:53.30	+01:19:15 (58.8%)	22:28	2.7 (41.5%)
784	ZABOROWSKA Izabela	647	MORSY SZCZYTNO #RESET	Open Kobiet	189	09:30	02:15:45.80	02:15:45.80	+01:20:07 (59.0%)	22:37	2.7 (41.5%)
785	ORZOŁ Mirosław	646	MORSY SZCZYTNO #RESET	Open Masters Mężczyzn	81	09:30	02:15:46.10	02:15:46.10	+01:20:08 (59.0%)	22:37	2.7 (41.5%)
786	SIERZPUTOWSKI Przemysław	793		Open Mężczyzn	461	10:00	02:16:19.20	02:16:19.20	+01:20:41 (59.2%)	22:43	2.6 (40.0%)
787	CHRZANOWSKA Natalia	880		Open Kobiet	190	10:00	02:16:19.45	02:16:19.45	+01:20:41 (59.2%)	22:43	2.6 (40.0%)
788	KEMICER Nikodem	95	EŁK FORCE ONE	Open Mężczyzn	462	08:15	02:17:36.20	02:17:36.20	+01:21:58 (59.6%)	22:56	2.6 (40.0%)
789	SIENKIEWICZ Jakub	43		Open Mężczyzn	463	08:00	02:19:04.70	02:19:04.70	+01:23:26 (60.0%)	23:10	2.6 (40.0%)
790	PLEWA Magdalena	303	BS WYSZKÓW	Open Kobiet	191	08:45	02:19:26.10	02:19:26.10	+01:23:48 (60.1%)	23:14	2.6 (40.0%)
791	LASKA Gosia	301	BS WYSZKÓW	Open Kobiet	192	08:45	02:19:27.15	02:19:27.15	+01:23:49 (60.1%)	23:14	2.6 (40.0%)
792	ŚLĘZAK Rafał	603	BACKPACKERS TEAM	Open Mężczyzn	464	09:30	02:19:28.95	02:19:28.95	+01:23:50 (60.1%)	23:14	2.6 (40.0%)
793	ZAHORODNII Bohdan	604	BACKPACKERS TEAM	Open Mężczyzn	465	09:30	02:19:30.20	02:19:30.20	+01:23:52 (60.1%)	23:15	2.6 (40.0%)
794	CYRTA Paweł	299	BS WYSZKÓW	Open Mężczyzn	466	08:45	02:19:31.40	02:19:31.40	+01:23:53 (60.1%)	23:15	2.6 (40.0%)
795	PAWLACZYK Michalina	602	BACKPACKERS TEAM	Open Kobiet	193	09:30	02:19:34.85	02:19:34.85	+01:23:56 (60.1%)	23:15	2.6 (40.0%)
796	ŁAZICKA Małgorzata	302	BS WYSZKÓW	Open Kobiet	194	08:45	02:20:10.60	02:20:10.60	+01:24:32 (60.3%)	23:21	2.6 (40.0%)
797	BRZÓSKA Katarzyna	298	BS WYSZKÓW	Open Kobiet	195	08:45	02:20:13.50	02:20:13.50	+01:24:35 (60.3%)	23:22	2.6 (40.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
798	<b>STEC Marek</b>	<b>304</b>	BS WYSZKÓW	Open Mężczyzn	467	08:45	<b>02:20:14.50</b>	<b>02:20:14.50</b>	+01:24:36 (60.3%)	23:22	2.6 (40.0%)
799	<b>KUREK Justyna</b>	<b>204</b>	BOZIU DOPOMÓŻ	Open Kobiet	196	08:30	<b>02:20:39.80</b>	<b>02:20:39.80</b>	+01:25:01 (60.4%)	23:26	2.6 (40.0%)
800	<b>DYBALSKA Katarzyna</b>	<b>203</b>	BOZIU DOPOMÓŻ	Open Kobiet	197	08:30	<b>02:20:43.40</b>	<b>02:20:43.40</b>	+01:25:05 (60.5%)	23:27	2.6 (40.0%)
801	<b>DŁUGOŁĘCKI Mariusz</b>	<b>844</b>	SPECTRUM POWER	Open Masters Mężczyzn	82	10:00	<b>02:20:45.65</b>	<b>02:20:45.65</b>	+01:25:07 (60.5%)	23:27	2.6 (40.0%)
802	<b>ŻABOWSKA Magdalena</b>	<b>848</b>	SPECTRUM POWER	Open Kobiet	198	10:00	<b>02:20:46.00</b>	<b>02:20:46.00</b>	+01:25:07 (60.5%)	23:27	2.6 (40.0%)
803	<b>OSIECKA Judyta</b>	<b>846</b>	SPECTRUM POWER	Open Kobiet	199	10:00	<b>02:20:46.50</b>	<b>02:20:46.50</b>	+01:25:08 (60.5%)	23:27	2.6 (40.0%)
804	<b>ROMAN Paweł</b>	<b>847</b>	SPECTRUM POWER	Open Mężczyzn	468	10:00	<b>02:20:46.55</b>	<b>02:20:46.55</b>	+01:25:08 (60.5%)	23:27	2.6 (40.0%)
805	<b>FADEREWSKI Piotr</b>	<b>845</b>	SPECTRUM POWER	Open Masters Mężczyzn	83	10:00	<b>02:20:47.75</b>	<b>02:20:47.75</b>	+01:25:09 (60.5%)	23:27	2.6 (40.0%)
806	<b>ŻUKOWSKI Arkadiusz</b>	<b>307</b>	BS WYSZKÓW	Open Mężczyzn	469	08:45	<b>02:20:49.50</b>	<b>02:20:49.50</b>	+01:25:11 (60.5%)	23:28	2.6 (40.0%)
807	<b>ZELL Jacek</b>	<b>12</b>	DZIADY OCR	Open Masters Mężczyzn	84	08:00	<b>02:20:50.55</b>	<b>02:20:50.55</b>	+01:25:12 (60.5%)	23:28	2.6 (40.0%)
808	<b>RUSAK Krzysztof</b>	<b>540</b>	SPORTOWE ŚWIRY WL	Open Mężczyzn	470	09:15	<b>02:21:03.40</b>	<b>02:21:03.40</b>	+01:25:25 (60.6%)	23:30	2.6 (40.0%)
809	<b>KRUCZYŃSKI Jan</b>	<b>529</b>	KOST KURPIOWSKI ODDZIAŁ SPECJALNEJ TROSKI	Open Mężczyzn	471	09:15	<b>02:21:07.00</b>	<b>02:21:07.00</b>	+01:25:28 (60.6%)	23:31	2.6 (40.0%)
810	<b>REĆKO Marek</b>	<b>805</b>	AM MAMA ŚPI?	Open Mężczyzn	472	10:00	<b>02:21:10.90</b>	<b>02:21:10.90</b>	+01:25:32 (60.6%)	23:31	2.6 (40.0%)
811	<b>WOJCIECHOWSKA Ewelina</b>	<b>806</b>	AM MAMA ŚPI?	Open Kobiet	200	10:00	<b>02:21:11.10</b>	<b>02:21:11.10</b>	+01:25:33 (60.6%)	23:31	2.5 (38.5%)
812	<b>BAŁENKOWSKA Weronika</b>	<b>801</b>	AM MAMA ŚPI?	Open Kobiet	201	10:00	<b>02:21:11.20</b>	<b>02:21:11.20</b>	+01:25:33 (60.6%)	23:31	2.5 (38.5%)
813	<b>FILIPCZYK Mateusz</b>	<b>802</b>	AM MAMA ŚPI?	Open Mężczyzn	473	10:00	<b>02:21:11.55</b>	<b>02:21:11.55</b>	+01:25:33 (60.6%)	23:31	2.5 (38.5%)
814	<b>GODLEWSKI Jakub</b>	<b>804</b>	AM MAMA ŚPI?	Open Mężczyzn	474	10:00	<b>02:21:11.90</b>	<b>02:21:11.90</b>	+01:25:33 (60.6%)	23:31	2.5 (38.5%)
815	<b>GODLEWSKA Magdalena</b>	<b>803</b>	AM MAMA ŚPI?	Open Kobiet	202	10:00	<b>02:21:12.15</b>	<b>02:21:12.15</b>	+01:25:34 (60.6%)	23:32	2.5 (38.5%)
816	<b>TUSZYŃSKA Magda</b>	<b>541</b>	SPORTOWE ŚWIRY WL	Open Kobiet	203	09:15	<b>02:21:15.50</b>	<b>02:21:15.50</b>	+01:25:37 (60.6%)	23:32	2.5 (38.5%)
817	<b>MEDWID Patryk</b>	<b>539</b>	SPORTOWE ŚWIRY WL	Open Mężczyzn	475	09:15	<b>02:21:17.95</b>	<b>02:21:17.95</b>	+01:25:39 (60.6%)	23:32	2.5 (38.5%)
818	<b>NAZARUK Krzysztof</b>	<b>226</b>	LIDL BS WYSZKÓW	Open Mężczyzn	476	08:30	<b>02:22:55.35</b>	<b>02:22:55.35</b>	+01:27:17 (61.1%)	23:49	2.5 (38.5%)
819	<b>KONOPKA Beata Barbara</b>	<b>262</b>		Open Kobiet	204	08:30	<b>02:22:56.50</b>	<b>02:22:56.50</b>	+01:27:18 (61.1%)	23:49	2.5 (38.5%)
820	<b>SOBCZYK Barbara</b>	<b>212</b>	BS WYSZKÓW	Open Kobiet	205	08:30	<b>02:22:58.90</b>	<b>02:22:58.90</b>	+01:27:20 (61.1%)	23:49	2.5 (38.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
821	<b>DOBIERSKI Paweł</b>	<b>206</b>	BS WYSZKÓW	Open Mężczyzn	477	08:30	<b>02:22:59.30</b>	<b>02:22:59.30</b>	+01:27:21 (61.1%)	23:49	2.5 (38.5%)
822	<b>SUSKI Artur</b>	<b>305</b>	BS WYSZKÓW	Open Mężczyzn	478	08:45	<b>02:23:32.40</b>	<b>02:23:32.40</b>	+01:27:54 (61.2%)	23:55	2.5 (38.5%)
823	<b>LASOTA Monika</b>	<b>757</b>	PZU SPORT TEAM	Open Kobiet	206	09:45	<b>02:24:56.70</b>	<b>02:24:56.70</b>	+01:29:18 (61.6%)	24:09	2.5 (38.5%)
824	<b>BARANKIEWICZ Łukasz</b>	<b>442</b>	MIT	Open Mężczyzn	479	09:00	<b>02:24:58.00</b>	<b>02:24:58.00</b>	+01:29:19 (61.6%)	24:09	2.5 (38.5%)
825	<b>ŻUK Natalia</b>	<b>447</b>	MIT	Open Kobiet	207	09:00	<b>02:25:06.75</b>	<b>02:25:06.75</b>	+01:29:28 (61.7%)	24:11	2.5 (38.5%)
826	<b>ŁOBODA Natalia</b>	<b>446</b>	MIT	Open Kobiet	208	09:00	<b>02:25:29.30</b>	<b>02:25:29.30</b>	+01:29:51 (61.8%)	24:14	2.5 (38.5%)
827	<b>JELIŃSKI Adrian</b>	<b>445</b>	MIT	Open Mężczyzn	480	09:00	<b>02:25:30.05</b>	<b>02:25:30.05</b>	+01:29:52 (61.8%)	24:15	2.5 (38.5%)
828	<b>CHŁOSTA Konrad</b>	<b>443</b>	MIT	Open Mężczyzn	481	09:00	<b>02:25:41.30</b>	<b>02:25:41.30</b>	+01:30:03 (61.8%)	24:16	2.5 (38.5%)
829	<b>BREK Łukasz</b>	<b>450</b>	PZU SPORT TEAM	Open Mężczyzn	482	09:45	<b>02:25:43.70</b>	<b>02:25:43.70</b>	+01:30:05 (61.8%)	24:17	2.5 (38.5%)
830	<b>DZIEKAN Jakub</b>	<b>451</b>	PZU SPORT TEAM	Open Mężczyzn	483	09:45	<b>02:25:46.80</b>	<b>02:25:46.80</b>	+01:30:08 (61.8%)	24:17	2.5 (38.5%)
831	<b>ŻAROWSKI Adam</b>	<b>761</b>	PZU SPORT TEAM	Open Mężczyzn	484	09:45	<b>02:25:48.40</b>	<b>02:25:48.40</b>	+01:30:10 (61.8%)	24:18	2.5 (38.5%)
832	<b>JAKUBOWSKA Karolina</b>	<b>756</b>	PZU SPORT TEAM	Open Kobiet	209	09:45	<b>02:25:49.90</b>	<b>02:25:49.90</b>	+01:30:11 (61.9%)	24:18	2.5 (38.5%)
833	<b>PACHOREK Łukasz</b>	<b>759</b>	PZU SPORT TEAM	Open Mężczyzn	485	09:45	<b>02:25:52.70</b>	<b>02:25:52.70</b>	+01:30:14 (61.9%)	24:18	2.5 (38.5%)
834	<b>WALCZAK Karolina</b>	<b>760</b>	PZU SPORT TEAM	Open Kobiet	210	09:45	<b>02:25:53.35</b>	<b>02:25:53.35</b>	+01:30:15 (61.9%)	24:18	2.5 (38.5%)
835	<b>KUCZKA Łukasz</b>	<b>452</b>	PZU SPORT TEAM	Open Mężczyzn	486	09:45	<b>02:26:00.30</b>	<b>02:26:00.30</b>	+01:30:22 (61.9%)	24:20	2.5 (38.5%)
836	<b>MILAND Magdalena</b>	<b>758</b>	PZU SPORT TEAM	Open Kobiet	211	09:45	<b>02:26:00.50</b>	<b>02:26:00.50</b>	+01:30:22 (61.9%)	24:20	2.5 (38.5%)
837	<b>KICKI Radosław</b>	<b>567</b>		Open Mężczyzn	487	09:15	<b>02:26:06.70</b>	<b>02:26:06.70</b>	+01:30:28 (61.9%)	24:21	2.5 (38.5%)
838	<b>STADNICKI Andrzej</b>	<b>584</b>		Open Mężczyzn	488	09:15	<b>02:26:06.95</b>	<b>02:26:06.95</b>	+01:30:28 (61.9%)	24:21	2.5 (38.5%)
839	<b>STRIPLING Wojciech</b>	<b>585</b>		Open Mężczyzn	489	09:15	<b>02:26:08.60</b>	<b>02:26:08.60</b>	+01:30:30 (61.9%)	24:21	2.5 (38.5%)
840	<b>CHRACZYŃSKA Agnieszka</b>	<b>444</b>	MIT	Open Kobiet	212	09:00	<b>02:26:09.00</b>	<b>02:26:09.00</b>	+01:30:30 (61.9%)	24:21	2.5 (38.5%)
841	<b>MISIEWICZ Klaudia</b>	<b>573</b>		Open Kobiet	213	09:15	<b>02:26:42.30</b>	<b>02:26:42.30</b>	+01:31:04 (62.1%)	24:27	2.5 (38.5%)
842	<b>DUDA Małgorzata</b>	<b>558</b>		Open Kobiet	214	09:15	<b>02:26:44.80</b>	<b>02:26:44.80</b>	+01:31:06 (62.1%)	24:27	2.5 (38.5%)
843	<b>MISIEWICZ Adrianna</b>	<b>572</b>		Open Kobiet	215	09:15	<b>02:26:57.50</b>	<b>02:26:57.50</b>	+01:31:19 (62.1%)	24:29	2.4 (36.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
844	<b>MIKOSZA Olaf</b>	<b>645</b>	MORSY SZCZYTNO #RESET	Open Mężczyzn	490	09:30	<b>02:27:48.80</b>	<b>02:27:48.80</b>	+01:32:10 (62.4%)	24:38	2.4 (36.9%)
845	<b>KLIMEK Maciej</b>	<b>34</b>	SRTG WARSZAWA	Open Mężczyzn	491	08:00	<b>02:29:28.60</b>	<b>02:29:28.60</b>	+01:33:50 (62.8%)	24:54	2.4 (36.9%)
846	<b>BRZOSTEK Michał</b>	<b>767</b>		Open Mężczyzn	492	09:45	<b>02:30:46.00</b>	<b>02:30:46.00</b>	+01:35:07 (63.1%)	25:07	2.4 (36.9%)
847	<b>JARZĘBAK Michał</b>	<b>777</b>		Open Mężczyzn	493	09:45	<b>02:34:00.50</b>	<b>02:34:00.50</b>	+01:38:22 (63.9%)	25:40	2.3 (35.4%)
848	<b>ZIMOŃ Gosia</b>	<b>598</b>		Open Kobiet	216	09:15	<b>02:34:35.25</b>	<b>02:34:35.25</b>	+01:38:57 (64.0%)	25:45	2.3 (35.4%)
849	<b>BIBOW Krzysztof</b>	<b>553</b>		Open Mężczyzn	494	09:15	<b>02:34:39.30</b>	<b>02:34:39.30</b>	+01:39:01 (64.0%)	25:46	2.3 (35.4%)
850	<b>ZALESKO Stefan</b>	<b>214</b>	BS WYSZKÓW	Open Mężczyzn	495	08:30	<b>02:34:58.00</b>	<b>02:34:58.00</b>	+01:39:19 (64.1%)	25:49	2.3 (35.4%)
851	<b>SIEŃKO Vanessa</b>	<b>46</b>	EŁK FORCE ONE	Open Kobiet	217	08:10	<b>02:35:00.00</b>	<b>02:35:00.00</b>	+01:39:21 (64.1%)	25:50	2.3 (35.4%)
852	<b>SKARŻYŃSKA Edyta</b>	<b>210</b>	BS WYSZKÓW	Open Kobiet	218	08:30	<b>02:35:11.40</b>	<b>02:35:11.40</b>	+01:39:33 (64.2%)	25:51	2.3 (35.4%)
853	<b>GAŚOWSKI Wojciech</b>	<b>207</b>	BS WYSZKÓW	Open Mężczyzn	496	08:30	<b>02:35:12.95</b>	<b>02:35:12.95</b>	+01:39:34 (64.2%)	25:52	2.3 (35.4%)
854	<b>WILIGÓRSKA Monika</b>	<b>306</b>	BS WYSZKÓW	Open Kobiet	219	08:30	<b>02:35:15.35</b>	<b>02:35:15.35</b>	+01:39:37 (64.2%)	25:52	2.3 (35.4%)
855	<b>CZARKOWSKI Mateusz</b>	<b>225</b>	LIDL BS WYSZKÓW	Open Mężczyzn	497	08:30	<b>02:35:25.05</b>	<b>02:35:25.05</b>	+01:39:47 (64.2%)	25:54	2.3 (35.4%)
856	<b>DZIEWIT Kacper</b>	<b>13</b>	EŁK FORCE ONE	Open Mężczyzn	498	08:00	<b>02:35:31.50</b>	<b>02:35:31.50</b>	+01:39:53 (64.2%)	25:55	2.3 (35.4%)
857	<b>SIEŃKO David</b>	<b>16</b>	EŁK FORCE ONE	Elite Mężczyzn	19	08:00	<b>02:35:31.75</b>	<b>02:35:31.75</b>	+01:39:53 (64.2%)	25:55	2.3 (35.4%)
858	<b>SIWEK Tomasz</b>	<b>794</b>		Open Mężczyzn	499	09:45	<b>02:36:35.95</b>	<b>02:36:35.95</b>	+01:40:57 (64.5%)	26:05	2.3 (35.4%)
859	<b>GAWECKI Artur</b>	<b>384</b>		Open Mężczyzn	500	08:45	<b>02:39:28.45</b>	<b>02:39:28.45</b>	+01:43:50 (65.1%)	26:34	2.3 (35.4%)
860	<b>SZAREK Anna</b>	<b>213</b>	BS WYSZKÓW	Open Kobiet	220	08:30	<b>02:47:58.60</b>	<b>02:47:58.60</b>	+01:52:20 (66.9%)	27:59	2.1 (32.3%)
861	<b>WOŁYNIEC Natalia</b>	<b>47</b>	EŁK FORCE ONE	Open Kobiet	221	08:10	<b>02:50:57.10</b>	<b>02:50:57.10</b>	+01:55:19 (67.5%)	28:29	2.1 (32.3%)
862	<b>URBAŃSKI Piotr</b>	<b>44</b>		Open Mężczyzn	501	08:00	<b>02:51:01.65</b>	<b>02:51:01.65</b>	+01:55:23 (67.5%)	28:30	2.1 (32.3%)
863	<b>BIENIAS Damian</b>	<b>1</b>	DENISTEAM	Open Mężczyzn	502	08:00	<b>02:56:56.20</b>	<b>02:56:56.20</b>	+02:01:18 (68.6%)	29:29	2 (30.8%)
864	<b>WOJCIECHOWSKI Mikołaj</b>	<b>735</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	503	09:45	<b>02:58:32.80</b>	<b>02:58:32.80</b>	+02:02:54 (68.8%)	29:45	2 (30.8%)
865	<b>WOJCIECHOWSKA Magdalena</b>	<b>797</b>		Open Kobiet	222	09:45	<b>02:58:33.70</b>	<b>02:58:33.70</b>	+02:02:55 (68.8%)	29:45	2 (30.8%)
866	<b>KUROWSKI Paweł</b>	<b>719</b>	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	85	09:45	<b>02:58:35.30</b>	<b>02:58:35.30</b>	+02:02:57 (68.8%)	29:45	2 (30.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
867	<b>SZARY Adam</b>	<b>5</b>	DENISTEAM	Open Mężczyzn	504	08:00	<b>03:03:21.40</b>	<b>03:03:21.40</b>	+02:07:43 (69.7%)	30:33	2 (30.8%)
868	<b>JUREWICZ Łukasz</b>	<b>14</b>	EŁK FORCE ONE	Open Masters Mężczyzn	86	08:00	<b>03:03:41.25</b>	<b>03:03:41.25</b>	+02:08:03 (69.7%)	30:36	2 (30.8%)
869	<b>OCIEPA Piotr</b>	<b>42</b>		Open Mężczyzn	505	08:00	<b>03:18:42.25</b>	<b>03:18:42.25</b>	+02:23:04 (72.0%)	33:07	1.8 (27.7%)
870	<b>ZONTEK Andrzej</b>	<b>6</b>	DENISTEAM	Open Masters Mężczyzn	87	08:00	<b>04:13:23.85</b>	<b>04:13:23.85</b>	+03:17:45 (78.0%)	42:13	1.4 (21.5%)
871	<b>SIERECKI Zbigniew</b>	<b>30</b>	PIĘKNI I BESTIE	Open Masters Mężczyzn	88	08:00	<b>04:19:59.25</b>	<b>04:19:59.25</b>	+03:24:21 (78.6%)	43:19	1.4 (21.5%)
872	<b>DADELEWSKA Joanna</b>	<b>55</b>	PIĘKNI I BESTIE	Open Kobiet	223	08:10	<b>04:27:49.30</b>	<b>04:27:49.30</b>	+03:32:11 (79.2%)	44:38	1.3 (20.0%)
873	<b>MIŁOSZ Izabela</b>	<b>54</b>	HUSARIA RACE TEAM	Open Kobiet	224	08:10	<b>04:27:50.00</b>	<b>04:27:50.00</b>	+03:32:11 (79.2%)	44:38	1.3 (20.0%)
874	<b>HANDZLIK Mateusz</b>	<b>3</b>	DENISTEAM	Open Mężczyzn	506	08:00	<b>04:32:54.20</b>	<b>04:32:54.20</b>	+03:37:16 (79.6%)	45:29	1.3 (20.0%)
875	<b>POZHVANIUK Andrii</b>	<b>396</b>	ABDUL TEAM	Open Mężczyzn	507	08:45					(0.0%)
876	<b>WAWIÓRKO Radosław</b>	<b>488</b>		Open Mężczyzn	508	09:00					(0.0%)
877	<b>ŁUKASIK Kaja</b>	<b>902</b>	STP PIOTR KUŁAK	Open Kobiet	225	08:15					(0.0%)
	<b>ITRICH Michał</b>	<b>811</b>	KASZEBE ADVENTURE TEAM	Open Mężczyzn		10:00	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 878 wynik(ów)