

**Wydarzenie:** Runmageddon Ełk  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2021-06-26  
**Miejsce:** Ełk  
**Dystans:** 6 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
1	<b>KRAWIECKI Mateusz</b>	<b>30</b>	RUNMAGEDDON	Elite Mężczyzn	1	08:00	<b>00:47:31.45</b>	<b>00:47:31.45</b>		7:55	7.6 (100%)
2	<b>KALINOWSKI Krystian</b>	<b>45</b>		Elite Mężczyzn	2	08:00	<b>00:48:00.60</b>	<b>00:48:00.60</b>	+00:00:29 (1.0%)	8:00	7.5 (98.7%)
3	<b>ZOŃ Arkadiusz</b>	<b>19</b>	KARLA-BUTIK.PL	Elite Mężczyzn	3	08:00	<b>00:49:28.10</b>	<b>00:49:28.10</b>	+00:01:56 (3.9%)	8:14	7.3 (96.1%)
4	<b>CZACHURSKI Mateusz</b>	<b>14</b>	EX TEAM	Elite Mężczyzn	4	08:00	<b>00:50:22.15</b>	<b>00:50:22.15</b>	+00:02:50 (5.6%)	8:23	7.1 (93.4%)
5	<b>MENZIŃSKI Przemysław</b>	<b>47</b>		Elite Mężczyzn	5	08:00	<b>00:51:04.20</b>	<b>00:51:04.20</b>	+00:03:32 (6.9%)	8:30	7 (92.1%)
6	<b>JAKUBCZAK Marcin</b>	<b>8</b>	BEST BEASTS	Elite Masters Mężczyzn	1	08:00	<b>00:51:13.35</b>	<b>00:51:13.35</b>	+00:03:41 (7.2%)	8:32	7 (92.1%)
7	<b>DUDA Grzegorz</b>	<b>7</b>	BEST BEASTS	Elite Masters Mężczyzn	2	08:00	<b>00:51:35.05</b>	<b>00:51:35.05</b>	+00:04:03 (7.9%)	8:35	7 (92.1%)
8	<b>BARANAUSKAS Darius</b>	<b>24</b>	OCR BALTIC WARRIORS	Elite Mężczyzn	6	08:00	<b>00:52:21.85</b>	<b>00:52:21.85</b>	+00:04:50 (9.2%)	8:43	6.9 (90.8%)
9	<b>DOBRZYŃSKI Tomasz</b>	<b>43</b>	XRUNNERS	Elite Masters Mężczyzn	3	08:00	<b>00:52:31.45</b>	<b>00:52:31.45</b>	+00:05:00 (9.5%)	8:45	6.9 (90.8%)
10	<b>PODGORSKI Marek</b>	<b>31</b>	RUNMAGEDDON	Elite Mężczyzn	7	08:00	<b>00:53:53.85</b>	<b>00:53:53.85</b>	+00:06:22 (11.8%)	8:58	6.7 (88.2%)
11	<b>KUŁAK Piotr</b>	<b>4</b>	#KUŁAKTEAM	Elite Mężczyzn	8	08:00	<b>00:54:03.65</b>	<b>00:54:03.65</b>	+00:06:32 (12.1%)	9:00	6.7 (88.2%)
12	<b>JÓZWICKI Karol</b>	<b>25</b>	OCR PARK CHRABOŁY	Elite Mężczyzn	9	08:00	<b>00:54:49.65</b>	<b>00:54:49.65</b>	+00:07:18 (13.3%)	9:08	6.6 (86.8%)
13	<b>ZASTAWNY Karol</b>	<b>241</b>		Open Mężczyzn	1	09:00	<b>00:55:11.50</b>	<b>00:55:11.50</b>	+00:07:40 (13.9%)	9:11	6.5 (85.5%)
14	<b>CZAPRAN Marek</b>	<b>42</b>	XRUNNERS	Elite Mężczyzn	10	08:00	<b>00:55:31.35</b>	<b>00:55:31.35</b>	+00:07:59 (14.4%)	9:15	6.5 (85.5%)
15	<b>PSUT Kamil</b>	<b>22</b>	MELVIT TEAM	Elite Mężczyzn	11	08:00	<b>00:55:32.75</b>	<b>00:55:32.75</b>	+00:08:01 (14.4%)	9:15	6.5 (85.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
16	<b>MIZGALSKI Jacek</b>	<b>13</b>	DZIADY OCR	Elite Masters Mężczyzn	4	08:00	<b>00:55:51.40</b>	<b>00:55:51.40</b>	+00:08:19 (14.9%)	9:18	6.4 (84.2%)
17	<b>MISSALA Mateusz</b>	<b>27</b>	POWER TRAINING	Elite Masters Mężczyzn	5	08:00	<b>00:56:22.60</b>	<b>00:56:22.60</b>	+00:08:51 (15.7%)	9:23	6.4 (84.2%)
18	<b>PACHUCY Grzegorz</b>	<b>28</b>	POWER TRAINING	Elite Mężczyzn	12	08:00	<b>00:56:28.40</b>	<b>00:56:28.40</b>	+00:08:56 (15.8%)	9:24	6.4 (84.2%)
19	<b>GIZAK Michał</b>	<b>34</b>	SOCIOS SILESIA	Elite Mężczyzn	13	08:00	<b>00:56:35.10</b>	<b>00:56:35.10</b>	+00:09:03 (16.0%)	9:25	6.4 (84.2%)
20	<b>MACIUSZEK Julia</b>	<b>62</b>	RUNMAGEDDON	Elite Kobiet	1	08:15	<b>00:56:58.65</b>	<b>00:56:58.65</b>	+00:09:27 (16.6%)	9:29	6.3 (82.9%)
21	<b>GRZECH Mateusz</b>	<b>9</b>	BESTIE OCR LEGIONOWO	Elite Mężczyzn	14	08:00	<b>00:57:04.15</b>	<b>00:57:04.15</b>	+00:09:32 (16.7%)	9:30	6.3 (82.9%)
22	<b>HANUSIAK Leszek</b>	<b>20</b>	KONIU SQUAD	Elite Mężczyzn	15	08:00	<b>00:57:09.50</b>	<b>00:57:09.50</b>	+00:09:38 (16.9%)	9:31	6.3 (82.9%)
23	<b>KONDRACIUK Paweł</b>	<b>46</b>		Elite Mężczyzn	16	08:00	<b>00:57:14.55</b>	<b>00:57:14.55</b>	+00:09:43 (17.0%)	9:32	6.3 (82.9%)
24	<b>MISSALA Magdalena</b>	<b>61</b>	POWER TRAINING	Elite Kobiet	2	08:15	<b>00:57:25.75</b>	<b>00:57:25.75</b>	+00:09:54 (17.2%)	9:34	6.3 (82.9%)
25	<b>BIELICKI Wojciech</b>	<b>21</b>	LACROIX TEAM	Elite Mężczyzn	17	08:00	<b>00:57:46.55</b>	<b>00:57:46.55</b>	+00:10:15 (17.7%)	9:37	6.2 (81.6%)
26	<b>PIATKOWSKI Daniel</b>	<b>181</b>		Open Mężczyzn	2	08:45	<b>00:58:08.00</b>	<b>00:58:08.00</b>	+00:10:36 (18.2%)	9:41	6.2 (81.6%)
27	<b>JANCZULEWICZ Tomasz</b>	<b>271</b>		Open Masters Mężczyzn	1	09:15	<b>00:58:17.75</b>	<b>00:58:17.75</b>	+00:10:46 (18.5%)	9:42	6.2 (81.6%)
28	<b>KOWALCZYK Piotr</b>	<b>32</b>	SKURCZYBYKI	Elite Mężczyzn	18	08:00	<b>00:59:25.70</b>	<b>00:59:25.70</b>	+00:11:54 (20.0%)	9:54	6.1 (80.3%)
29	<b>GLEBA Szymon</b>	<b>178</b>	#KUŁAKTEAM	Open Mężczyzn	3	08:45	<b>01:01:03.35</b>	<b>01:01:03.35</b>	+00:13:31 (22.2%)	10:10	5.9 (77.6%)
30	<b>NASIADKA Mateusz</b>	<b>33</b>	ŚNIEŻNE KOCZKODANY	Elite Mężczyzn	19	08:00	<b>01:01:18.25</b>	<b>01:01:18.25</b>	+00:13:46 (22.5%)	10:13	5.9 (77.6%)
31	<b>ŁĘGOCKI Tomek</b>	<b>611</b>		Open Mężczyzn	4	10:30	<b>01:01:35.85</b>	<b>01:01:35.85</b>	+00:14:04 (22.8%)	10:15	5.8 (76.3%)
32	<b>ZIARKOWSKI Mirosław</b>	<b>15</b>	FIT & MORE RYBNIK	Elite Masters Mężczyzn	6	08:00	<b>01:01:40.75</b>	<b>01:01:40.75</b>	+00:14:09 (22.9%)	10:16	5.8 (76.3%)
33	<b>PRZYBYŁOWSKI Piotr</b>	<b>237</b>		Open Masters Mężczyzn	2	09:00	<b>01:02:05.45</b>	<b>01:02:05.45</b>	+00:14:34 (23.5%)	10:20	5.8 (76.3%)
34	<b>MATYSIEWICZ Hubert</b>	<b>143</b>		Open Masters Mężczyzn	3	08:30	<b>01:02:19.00</b>	<b>01:02:19.00</b>	+00:14:47 (23.7%)	10:23	5.8 (76.3%)
35	<b>MORA Karol</b>	<b>48</b>		Elite Mężczyzn	20	08:00	<b>01:02:29.05</b>	<b>01:02:29.05</b>	+00:14:57 (23.9%)	10:24	5.8 (76.3%)
36	<b>KULIGOWSKA Małgorzata</b>	<b>52</b>	FIT & MORE RYBNIK	Elite Masters Kobiet	1	08:15	<b>01:03:09.50</b>	<b>01:03:09.50</b>	+00:15:38 (24.8%)	10:31	5.7 (75.0%)
37	<b>LIBERADZKA Elżbieta</b>	<b>60</b>	POWER TRAINING	Elite Kobiet	3	08:15	<b>01:03:12.20</b>	<b>01:03:12.20</b>	+00:15:40 (24.8%)	10:32	5.7 (75.0%)
38	<b>EKSTOWICZ Damian</b>	<b>131</b>		Open Mężczyzn	5	08:30	<b>01:03:17.95</b>	<b>01:03:17.95</b>	+00:15:46 (24.9%)	10:32	5.7 (75.0%)

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39	KRYWIETSKI Mikołaj	477		Open Mężczyzn	6	10:00	01:03:29.10	01:03:29.10	+00:15:57 (25.1%)	10:34	5.7 (75.0%)
40	JAMIOŁKOWSKI Marcin	213	SMP TEAM	Open Mężczyzn	7	09:00	01:03:45.75	01:03:45.75	+00:16:14 (25.5%)	10:37	5.6 (73.7%)
41	LASZCZKOWSKI Tomasz	214	SMP TEAM	Open Mężczyzn	8	09:00	01:03:49.55	01:03:49.55	+00:16:18 (25.5%)	10:38	5.6 (73.7%)
42	SZANIAWSKI Marcin	18	HUSARIA RACE TEAM	Elite Mężczyzn	21	08:00	01:04:31.15	01:04:31.15	+00:16:59 (26.3%)	10:45	5.6 (73.7%)
43	ROGOWSKI Damian	150		Open Mężczyzn	9	08:30	01:04:50.05	01:04:50.05	+00:17:18 (26.7%)	10:48	5.6 (73.7%)
44	LIPIŃSKI Michał	121	WATAHA	Open Mężczyzn	10	08:30	01:04:53.95	01:04:53.95	+00:17:22 (26.8%)	10:48	5.5 (72.4%)
45	BOBOWIK Krzysztof	83		Open Mężczyzn	11	08:30	01:05:02.10	01:05:02.10	+00:17:30 (26.9%)	10:50	5.5 (72.4%)
46	JASKÓLSKI Szymon	10	CARBON SILESIA SPORT	Elite Mężczyzn	22	08:00	01:07:27.05	01:07:27.05	+00:19:55 (29.5%)	11:14	5.3 (69.7%)
47	SZÓSTAK Jarosław	154		Open Mężczyzn	12	08:30	01:07:33.30	01:07:33.30	+00:20:01 (29.7%)	11:15	5.3 (69.7%)
48	MRÓZ Marcin	98		Open Mężczyzn	13	10:45	01:08:05.40	01:08:05.40	+00:20:33 (30.2%)	11:20	5.3 (69.7%)
49	MIKIELSKI Paweł	145		Open Mężczyzn	14	08:30	01:08:07.20	01:08:07.20	+00:20:35 (30.2%)	11:21	5.3 (69.7%)
50	NIEWIEM Piotr	543		Open Mężczyzn	15	10:15	01:08:13.15	01:08:13.15	+00:20:41 (30.3%)	11:22	5.3 (69.7%)
51	SOKÓŁ Magdalena	50	DZIADY OCR	Elite Masters Kobiet	2	08:15	01:08:45.80	01:08:45.80	+00:21:14 (30.9%)	11:27	5.2 (68.4%)
52	MILEWSKI Rafał	101	15 MAZURSKI BATALION SAPERÓW	Open Mężczyzn	16	08:30	01:09:30.75	01:09:30.75	+00:21:59 (31.6%)	11:35	5.2 (68.4%)
53	ŁANOCHA Michał	37	UNIT37	Elite Mężczyzn	23	08:00	01:09:52.65	01:09:52.65	+00:22:21 (32.0%)	11:38	5.2 (68.4%)
54	JUONYS Modestas	592	OCR BALTIC WARRIORS	Open Mężczyzn	17	10:30	01:10:12.05	01:10:12.05	+00:22:40 (32.3%)	11:42	5.1 (67.1%)
55	MIERZICKI Marcel	26	POWER TRAINING	Elite Mężczyzn	24	08:00	01:10:21.70	01:10:21.70	+00:22:50 (32.5%)	11:43	5.1 (67.1%)
56	ROGOZIŃSKI Michał	39	UNIT37	Elite Mężczyzn	25	08:00	01:10:31.60	01:10:31.60	+00:23:00 (32.6%)	11:45	5.1 (67.1%)
57	STRZAŁKOWSKI Patryk	486		Open Mężczyzn	18	10:00	01:10:51.30	01:10:51.30	+00:23:19 (32.9%)	11:48	5.1 (67.1%)
58	SIERANIEWICZ Mirosław	706		Open Mężczyzn	19	11:00	01:10:57.45	01:10:57.45	+00:23:26 (33.0%)	11:49	5.1 (67.1%)
59	JEZIONEK Daniel	275		Open Mężczyzn	20	09:15	01:11:14.35	01:11:14.35	+00:23:42 (33.3%)	11:52	5.1 (67.1%)
60	ROPEK Bogusław	286		Open Mężczyzn	21	09:15	01:11:14.65	01:11:14.65	+00:23:43 (33.3%)	11:52	5.1 (67.1%)
61	LUTKOWSKI Rafał	458	BEZ LITOŚCI	Open Mężczyzn	22	10:00	01:11:24.85	01:11:24.85	+00:23:53 (33.5%)	11:54	5 (65.8%)

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62	JĘDRASZCZYK Tomasz	274		Open Masters Mężczyzn	4	09:15	01:11:53.10	01:11:53.10	+00:24:21 (33.9%)	11:58	5 (65.8%)
63	KOWALSKI Mateusz	474		Open Mężczyzn	23	10:00	01:11:58.85	01:11:58.85	+00:24:27 (34.0%)	11:59	5 (65.8%)
64	JURECZKO Szymon	649		Open Masters Mężczyzn	5	10:45	01:12:06.00	01:12:06.00	+00:24:34 (34.1%)	12:01	5 (65.8%)
65	ZAWISTOWSKI Konrad	558		Open Mężczyzn	24	10:15	01:12:13.85	01:12:13.85	+00:24:42 (34.2%)	12:02	5 (65.8%)
66	KOZKIEWICZ Katarzyna	334		Open Kobiet	1	09:30	01:12:24.00	01:12:24.00	+00:24:52 (34.4%)	12:04	5 (65.8%)
67	PISKORZ Jacek	346		Open Mężczyzn	25	09:30	01:12:24.15	01:12:24.15	+00:24:52 (34.4%)	12:04	5 (65.8%)
68	HAJDUCZYK Kamil	683		Open Mężczyzn	26	11:00	01:12:58.10	01:12:58.10	+00:25:26 (34.9%)	12:09	4.9 (64.5%)
69	URBAN Jarosław	211	RUNMAGEDDONOWE ŚWIRY	Open Masters Mężczyzn	6	09:00	01:13:06.10	01:13:06.10	+00:25:34 (35.0%)	12:11	4.9 (64.5%)
70	ZDANUCZYK Mateusz	242		Open Mężczyzn	27	08:45	01:13:22.65	01:13:22.65	+00:25:51 (35.2%)	12:13	4.9 (64.5%)
71	PAZIK Sebastian	547		Open Mężczyzn	28	10:15	01:13:26.50	01:13:26.50	+00:25:55 (35.3%)	12:14	4.9 (64.5%)
72	KLIMAS Paweł	3	#KUŁAKTEAM	Open Mężczyzn	29	08:00	01:13:35.95	01:13:35.95	+00:26:04 (35.4%)	12:15	4.9 (64.5%)
73	ORLIŃSKI Artur	38	UNIT37	Elite Mężczyzn	26	08:00	01:13:48.05	01:13:48.05	+00:26:16 (35.6%)	12:18	4.9 (64.5%)
74	PRZYBYSZ Konrad	548		Open Mężczyzn	30	10:15	01:13:50.35	01:13:50.35	+00:26:18 (35.6%)	12:18	4.9 (64.5%)
75	OSZCZEPALSKI Krzysztof	615		Open Mężczyzn	31	10:30	01:14:11.40	01:14:11.40	+00:26:39 (35.9%)	12:21	4.9 (64.5%)
76	CHWIEDOR Kacper	724		Open Mężczyzn	32	09:45	01:14:19.10	01:14:19.10	+00:26:47 (36.1%)	12:23	4.8 (63.2%)
77	KAJEWSKI Milosz	686		Open Mężczyzn	33	11:00	01:14:47.35	01:14:47.35	+00:27:15 (36.5%)	12:27	4.8 (63.2%)
78	SADOWSKI Rafał	348		Open Mężczyzn	34	09:30	01:15:33.05	01:15:33.05	+00:28:01 (37.1%)	12:35	4.8 (63.2%)
79	WÓJCIK Rafał	41	WILK TRENUJE FAMILY (WTF)	Elite Mężczyzn	27	08:00	01:15:34.25	01:15:34.25	+00:28:02 (37.1%)	12:35	4.8 (63.2%)
80	MACIEJEWSKA Agnieszka	65		Elite Masters Kobiet	3	08:15	01:15:45.55	01:15:45.55	+00:28:14 (37.3%)	12:37	4.8 (63.2%)
81	STANKEVICH Aliaksandra	238		Open Kobiet	2	09:00	01:15:45.95	01:15:45.95	+00:28:14 (37.3%)	12:37	4.8 (63.2%)
82	KUZARA Rafał	36	UNIT37	Elite Mężczyzn	28	08:00	01:15:46.25	01:15:46.25	+00:28:14 (37.3%)	12:37	4.8 (63.2%)
83	FALARSKI Lucjan	17	HUSARIA RACE TEAM	Elite Mężczyzn	29	08:00	01:15:53.95	01:15:53.95	+00:28:22 (37.4%)	12:38	4.7 (61.8%)
84	SŁABASZEWSKI Kamil	16	HARPAGAN BEAST	Elite Mężczyzn	30	08:00	01:15:59.35	01:15:59.35	+00:28:27 (37.5%)	12:39	4.7 (61.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
85	<b>MISSALA Joanna</b>	<b>314</b>	POWER TRAINING	Open Masters Kobiet	1	09:30	<b>01:16:02.60</b>	<b>01:16:02.60</b>	+00:28:31 (37.5%)	12:40	4.7 (61.8%)
86	<b>MEJZNER Piotr</b>	<b>97</b>		Open Mężczyzn	35	10:45	<b>01:16:06.75</b>	<b>01:16:06.75</b>	+00:28:35 (37.6%)	12:41	4.7 (61.8%)
87	<b>JEWDOKIMOW Łukasz</b>	<b>44</b>		Elite Mężczyzn	31	08:00	<b>01:16:09.85</b>	<b>01:16:09.85</b>	+00:28:38 (37.6%)	12:41	4.7 (61.8%)
88	<b>MOJAK Joanna</b>	<b>51</b>	EX TEAM	Elite Kobiet	4	08:15	<b>01:16:11.20</b>	<b>01:16:11.20</b>	+00:28:39 (37.6%)	12:41	4.7 (61.8%)
89	<b>PALIŃSKA Żaneta</b>	<b>444</b>	AKADEMIA SPORTU MEDYK	Open Kobiet	3	10:00	<b>01:16:13.30</b>	<b>01:16:13.30</b>	+00:28:41 (37.7%)	12:42	4.7 (61.8%)
90	<b>KOSZYKOWSKI Paweł</b>	<b>429</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	36	10:00	<b>01:16:14.10</b>	<b>01:16:14.10</b>	+00:28:42 (37.7%)	12:42	4.7 (61.8%)
91	<b>ANDERSON-HANNEY James</b>	<b>23</b>	NYGUSY	Elite Masters Mężczyzn	7	08:00	<b>01:16:29.65</b>	<b>01:16:29.65</b>	+00:28:58 (37.9%)	12:44	4.7 (61.8%)
92	<b>DADELEWSKA Joanna</b>	<b>59</b>	PIĘKNI I BESTIE	Elite Masters Kobiet	4	08:15	<b>01:17:11.55</b>	<b>01:17:11.55</b>	+00:29:40 (38.4%)	12:51	4.7 (61.8%)
93	<b>ROSIŃSKI Damian</b>	<b>77</b>		Open Mężczyzn	37	11:00	<b>01:17:15.70</b>	<b>01:17:15.70</b>	+00:29:44 (38.5%)	12:52	4.7 (61.8%)
94	<b>RYMARCZYK Paulina</b>	<b>151</b>		Open Kobiet	4	08:30	<b>01:17:32.35</b>	<b>01:17:32.35</b>	+00:30:00 (38.7%)	12:55	4.6 (60.5%)
95	<b>RÓŻEŃSKI Szymon</b>	<b>585</b>	FITMANIA OLSZTYN	Open Mężczyzn	38	10:30	<b>01:17:42.60</b>	<b>01:17:42.60</b>	+00:30:11 (38.8%)	12:57	4.6 (60.5%)
96	<b>MUZYK Marta</b>	<b>572</b>	BRBK - BIEGLI W PODATKACH	Open Kobiet	5	10:30	<b>01:17:42.65</b>	<b>01:17:42.65</b>	+00:30:11 (38.8%)	12:57	4.6 (60.5%)
97	<b>MORSZTYN Aleksander</b>	<b>180</b>		Open Mężczyzn	39	08:45	<b>01:17:46.95</b>	<b>01:17:46.95</b>	+00:30:15 (38.9%)	12:57	4.6 (60.5%)
98	<b>KRUPIŃSKI Janusz</b>	<b>335</b>		Open Mężczyzn	40	09:30	<b>01:17:48.25</b>	<b>01:17:48.25</b>	+00:30:16 (38.9%)	12:58	4.6 (60.5%)
99	<b>OSTROWSKI Marcin</b>	<b>233</b>		Open Mężczyzn	41	09:00	<b>01:17:51.70</b>	<b>01:17:51.70</b>	+00:30:20 (39.0%)	12:58	4.6 (60.5%)
100	<b>ZIĘTEK Kamil</b>	<b>243</b>		Open Mężczyzn	42	09:00	<b>01:18:00.15</b>	<b>01:18:00.15</b>	+00:30:28 (39.1%)	13:00	4.6 (60.5%)
101	<b>OSEWSKI Kamil</b>	<b>345</b>		Open Mężczyzn	43	09:30	<b>01:18:03.35</b>	<b>01:18:03.35</b>	+00:30:31 (39.1%)	13:00	4.6 (60.5%)
102	<b>JABŁOŃSKA Dorota</b>	<b>56</b>	OUTDOOR TRAINING	Elite Kobiet	5	08:15	<b>01:18:18.75</b>	<b>01:18:18.75</b>	+00:30:47 (39.3%)	13:03	4.6 (60.5%)
103	<b>BŁAŻEWICZ Patryk</b>	<b>125</b>		Open Mężczyzn	44	08:30	<b>01:18:19.65</b>	<b>01:18:19.65</b>	+00:30:48 (39.3%)	13:03	4.6 (60.5%)
104	<b>SZYPUŁA Dariusz</b>	<b>40</b>	UNIT37	Elite Masters Mężczyzn	8	08:00	<b>01:18:23.85</b>	<b>01:18:23.85</b>	+00:30:52 (39.4%)	13:03	4.6 (60.5%)
105	<b>WYSOCKI Adrian</b>	<b>158</b>		Open Mężczyzn	45	08:30	<b>01:18:24.75</b>	<b>01:18:24.75</b>	+00:30:53 (39.4%)	13:04	4.6 (60.5%)
106	<b>GIETKO Piotr</b>	<b>682</b>		Open Masters Mężczyzn	7	11:00	<b>01:18:29.25</b>	<b>01:18:29.25</b>	+00:30:57 (39.5%)	13:04	4.6 (60.5%)
107	<b>HANDZLIK Tomasz</b>	<b>12</b>	DENISTEAM	Elite Masters Mężczyzn	9	08:00	<b>01:18:35.15</b>	<b>01:18:35.15</b>	+00:31:03 (39.5%)	13:05	4.6 (60.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
108	<b>LIBERADZKI Marcin</b>	<b>88</b>		Elite Masters Mężczyzn	10	08:00	<b>01:19:06.15</b>	<b>01:19:06.15</b>	+00:31:34 (39.9%)	13:11	4.6 (60.5%)
109	<b>PODGÓRSKA Katarzyna</b>	<b>618</b>		Open Kobiet	6	10:30	<b>01:19:06.70</b>	<b>01:19:06.70</b>	+00:31:35 (39.9%)	13:11	4.6 (60.5%)
110	<b>WÓJCICKI Tomasz</b>	<b>455</b>	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	8	10:00	<b>01:19:27.80</b>	<b>01:19:27.80</b>	+00:31:56 (40.2%)	13:14	4.5 (59.2%)
111	<b>SMOLEŃSKI Sławomir</b>	<b>93</b>		Open Masters Mężczyzn	9	08:45	<b>01:19:29.30</b>	<b>01:19:29.30</b>	+00:31:57 (40.2%)	13:14	4.5 (59.2%)
112	<b>SMOLEŃSKI Bartek</b>	<b>94</b>		Open Mężczyzn	46	08:45	<b>01:19:38.35</b>	<b>01:19:38.35</b>	+00:32:06 (40.3%)	13:16	4.5 (59.2%)
113	<b>SKOMIN Mariola</b>	<b>92</b>		Open Masters Kobiet	2	08:45	<b>01:19:42.85</b>	<b>01:19:42.85</b>	+00:32:11 (40.4%)	13:17	4.5 (59.2%)
114	<b>SKOMIN Andrzej</b>	<b>91</b>		Open Masters Mężczyzn	10	08:45	<b>01:19:47.65</b>	<b>01:19:47.65</b>	+00:32:16 (40.4%)	13:17	4.5 (59.2%)
115	<b>PIETRUCZUK Krzysztof</b>	<b>285</b>		Open Mężczyzn	47	08:30	<b>01:19:50.05</b>	<b>01:19:50.05</b>	+00:32:18 (40.5%)	13:18	4.5 (59.2%)
116	<b>KOSAK Tomasz</b>	<b>196</b>	EŁK FORCE ONE	Open Mężczyzn	48	09:00	<b>01:19:51.45</b>	<b>01:19:51.45</b>	+00:32:20 (40.5%)	13:18	4.5 (59.2%)
117	<b>MAKOWSKI Wojciech</b>	<b>197</b>	EŁK FORCE ONE	Open Masters Mężczyzn	11	09:00	<b>01:19:55.80</b>	<b>01:19:55.80</b>	+00:32:24 (40.5%)	13:19	4.5 (59.2%)
118	<b>ZALEWSKI Jacek</b>	<b>416</b>		Open Masters Mężczyzn	12	09:45	<b>01:19:57.70</b>	<b>01:19:57.70</b>	+00:32:26 (40.6%)	13:19	4.5 (59.2%)
119	<b>HOŁOWNIA Aneta</b>	<b>195</b>	EŁK FORCE ONE	Open Kobiet	7	09:00	<b>01:20:07.95</b>	<b>01:20:07.95</b>	+00:32:36 (40.7%)	13:21	4.5 (59.2%)
120	<b>POLUS Piotr Peter</b>	<b>29</b>	POWER TRAINING	Elite Mężczyzn	32	08:00	<b>01:20:19.95</b>	<b>01:20:19.95</b>	+00:32:48 (40.8%)	13:23	4.5 (59.2%)
121	<b>JAROSINSKI Jakub</b>	<b>394</b>		Open Mężczyzn	49	08:45	<b>01:20:41.30</b>	<b>01:20:41.30</b>	+00:33:09 (41.1%)	13:26	4.5 (59.2%)
122	<b>SUSZCZEWICZ Tadeusz</b>	<b>239</b>		Open Mężczyzn	50	09:00	<b>01:20:45.25</b>	<b>01:20:45.25</b>	+00:33:13 (41.1%)	13:27	4.5 (59.2%)
123	<b>PANCZENKO Patryk</b>	<b>235</b>		Open Mężczyzn	51	09:00	<b>01:20:45.95</b>	<b>01:20:45.95</b>	+00:33:14 (41.2%)	13:27	4.5 (59.2%)
124	<b>ROZKOSZ Marcin</b>	<b>550</b>		Open Mężczyzn	52	10:15	<b>01:20:59.80</b>	<b>01:20:59.80</b>	+00:33:28 (41.3%)	13:29	4.4 (57.9%)
125	<b>GADEK Krystian</b>	<b>296</b>	FIT&GYM	Open Mężczyzn	53	09:30	<b>01:21:00.15</b>	<b>01:21:00.15</b>	+00:33:28 (41.3%)	13:30	4.4 (57.9%)
126	<b>ŻUK Wiktoria</b>	<b>559</b>		Open Kobiet	8	10:15	<b>01:21:06.00</b>	<b>01:21:06.00</b>	+00:33:34 (41.4%)	13:31	4.4 (57.9%)
127	<b>MACHNIEWICZ Artur</b>	<b>540</b>		Open Mężczyzn	54	10:15	<b>01:21:22.95</b>	<b>01:21:22.95</b>	+00:33:51 (41.6%)	13:33	4.4 (57.9%)
128	<b>KLUZIAK Jarosław</b>	<b>537</b>		Open Mężczyzn	55	10:15	<b>01:21:39.40</b>	<b>01:21:39.40</b>	+00:34:07 (41.8%)	13:36	4.4 (57.9%)
129	<b>KARWOWSKI Paweł</b>	<b>226</b>		Open Mężczyzn	56	09:00	<b>01:21:53.60</b>	<b>01:21:53.60</b>	+00:34:22 (42.0%)	13:38	4.4 (57.9%)
130	<b>BRULIŃSKI Przemysław</b>	<b>375</b>	LET'S GO TEAM	Open Mężczyzn	57	09:45	<b>01:21:59.30</b>	<b>01:21:59.30</b>	+00:34:27 (42.0%)	13:39	4.4 (57.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
131	<b>ORZECH Paweł</b>	<b>376</b>	LET'S GO TEAM	Open Mężczyzn	58	09:45	<b>01:21:59.45</b>	<b>01:21:59.45</b>	+00:34:28 (42.0%)	13:39	4.4 (57.9%)
132	<b>PIETRZYK Mateusz</b>	<b>377</b>	LET'S GO TEAM	Open Mężczyzn	59	09:45	<b>01:21:59.65</b>	<b>01:21:59.65</b>	+00:34:28 (42.0%)	13:39	4.4 (57.9%)
133	<b>RÓZGA Radosław</b>	<b>287</b>		Open Mężczyzn	60	09:15	<b>01:22:12.50</b>	<b>01:22:12.50</b>	+00:34:41 (42.2%)	13:42	4.4 (57.9%)
134	<b>OBTUŁOWICZ Piotr</b>	<b>284</b>		Open Mężczyzn	61	09:15	<b>01:22:12.80</b>	<b>01:22:12.80</b>	+00:34:41 (42.2%)	13:42	4.4 (57.9%)
135	<b>GUSZCZA Łukasz</b>	<b>222</b>		Open Masters Mężczyzn	13	09:00	<b>01:22:17.70</b>	<b>01:22:17.70</b>	+00:34:46 (42.3%)	13:42	4.4 (57.9%)
136	<b>PUKSZTA Kamil</b>	<b>658</b>		Open Mężczyzn	62	10:45	<b>01:22:32.45</b>	<b>01:22:32.45</b>	+00:35:01 (42.4%)	13:45	4.4 (57.9%)
137	<b>RAFAŁKO Mateusz</b>	<b>659</b>		Open Mężczyzn	63	10:45	<b>01:22:32.55</b>	<b>01:22:32.55</b>	+00:35:01 (42.4%)	13:45	4.4 (57.9%)
138	<b>WYPYCH Zbigniew</b>	<b>470</b>	WARRIORS ŁÓDŹ	Open Mężczyzn	64	10:00	<b>01:22:37.05</b>	<b>01:22:37.05</b>	+00:35:05 (42.5%)	13:46	4.4 (57.9%)
139	<b>JAKUBI Norbert</b>	<b>72</b>		Open Mężczyzn	65	11:00	<b>01:23:12.95</b>	<b>01:23:12.95</b>	+00:35:41 (42.9%)	13:52	4.3 (56.6%)
140	<b>AFTYKA Paweł</b>	<b>677</b>		Open Mężczyzn	66	11:00	<b>01:23:13.20</b>	<b>01:23:13.20</b>	+00:35:41 (42.9%)	13:52	4.3 (56.6%)
141	<b>PUCZYŃSKI Mariusz</b>	<b>700</b>		Open Mężczyzn	67	11:00	<b>01:23:13.25</b>	<b>01:23:13.25</b>	+00:35:41 (42.9%)	13:52	4.3 (56.6%)
142	<b>PIĄTKIEWICZ Przemek</b>	<b>617</b>		Open Mężczyzn	68	10:30	<b>01:23:14.80</b>	<b>01:23:14.80</b>	+00:35:43 (42.9%)	13:52	4.3 (56.6%)
143	<b>PRUSINOWSKI Łukasz</b>	<b>460</b>	BEZ LITOŚCI	Open Mężczyzn	69	10:00	<b>01:23:25.95</b>	<b>01:23:25.95</b>	+00:35:54 (43.0%)	13:54	4.3 (56.6%)
144	<b>PIOTRAK Artur</b>	<b>459</b>	BEZ LITOŚCI	Open Masters Mężczyzn	14	10:00	<b>01:23:26.70</b>	<b>01:23:26.70</b>	+00:35:55 (43.0%)	13:54	4.3 (56.6%)
145	<b>SOKÓLSKA Katarzyna</b>	<b>57</b>	OUTDOOR TRAINING	Elite Kobiet	6	08:15	<b>01:23:42.85</b>	<b>01:23:42.85</b>	+00:36:11 (43.2%)	13:57	4.3 (56.6%)
146	<b>POLKOWSKI Dawid</b>	<b>657</b>		Open Mężczyzn	70	10:45	<b>01:23:44.90</b>	<b>01:23:44.90</b>	+00:36:13 (43.3%)	13:57	4.3 (56.6%)
147	<b>ZIELINKO Łukasz</b>	<b>629</b>		Open Mężczyzn	71	10:30	<b>01:23:50.15</b>	<b>01:23:50.15</b>	+00:36:18 (43.3%)	13:58	4.3 (56.6%)
148	<b>FABISZEWSKI Krzysztof</b>	<b>358</b>	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	15	09:45	<b>01:24:09.25</b>	<b>01:24:09.25</b>	+00:36:37 (43.5%)	14:01	4.3 (56.6%)
149	<b>TRYBUŁA Tomasz</b>	<b>359</b>	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	16	09:45	<b>01:24:13.45</b>	<b>01:24:13.45</b>	+00:36:42 (43.6%)	14:02	4.3 (56.6%)
150	<b>RUSZKOWSKI Przemysław</b>	<b>620</b>		Open Mężczyzn	72	10:30	<b>01:24:17.30</b>	<b>01:24:17.30</b>	+00:36:45 (43.6%)	14:02	4.3 (56.6%)
151	<b>TUREK Aneta</b>	<b>155</b>		Open Kobiet	9	08:30	<b>01:24:51.15</b>	<b>01:24:51.15</b>	+00:37:19 (44.0%)	14:08	4.2 (55.3%)
152	<b>DUERSCHLAG Iwona</b>	<b>198</b>	FIT & MORE RYBNIK	Open Masters Kobiet	3	09:15	<b>01:24:52.30</b>	<b>01:24:52.30</b>	+00:37:20 (44.0%)	14:08	4.2 (55.3%)
153	<b>MYSZKA Paweł</b>	<b>283</b>		Open Mężczyzn	73	09:15	<b>01:24:56.70</b>	<b>01:24:56.70</b>	+00:37:25 (44.1%)	14:09	4.2 (55.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
153	<b>MYSZKA Marcin</b>	<b>282</b>		Open Masters Mężczyzn	17	09:15	<b>01:24:56.70</b>	<b>01:24:56.70</b>	+00:37:25 (44.1%)	14:09	4.2 (55.3%)
155	<b>CHMIELAK Radosław</b>	<b>127</b>		Open Masters Mężczyzn	18	08:30	<b>01:25:04.25</b>	<b>01:25:04.25</b>	+00:37:32 (44.1%)	14:10	4.2 (55.3%)
156	<b>PROKOPOWICZ Damian</b>	<b>149</b>		Open Mężczyzn	74	08:30	<b>01:25:05.60</b>	<b>01:25:05.60</b>	+00:37:34 (44.2%)	14:10	4.2 (55.3%)
157	<b>PRZYBYSZEWSKI Paweł</b>	<b>250</b>	KOBUŁTY TEAM	Open Mężczyzn	75	09:15	<b>01:25:11.05</b>	<b>01:25:11.05</b>	+00:37:39 (44.2%)	14:11	4.2 (55.3%)
158	<b>STASZAK Krzysztof</b>	<b>251</b>	KOBUŁTY TEAM	Open Mężczyzn	76	09:15	<b>01:25:11.25</b>	<b>01:25:11.25</b>	+00:37:39 (44.2%)	14:11	4.2 (55.3%)
159	<b>GRAJEWSKI Adam</b>	<b>104</b>	DŻENTELMENEL TEAM	Open Mężczyzn	77	08:30	<b>01:25:14.85</b>	<b>01:25:14.85</b>	+00:37:43 (44.3%)	14:12	4.2 (55.3%)
160	<b>MATUSIEWICZ Mateusz</b>	<b>106</b>	DŻENTELMENEL TEAM	Open Mężczyzn	78	08:30	<b>01:25:17.40</b>	<b>01:25:17.40</b>	+00:37:45 (44.3%)	14:12	4.2 (55.3%)
161	<b>KUBASZEWSKI Paweł</b>	<b>105</b>	DŻENTELMENEL TEAM	Open Mężczyzn	79	08:30	<b>01:25:18.65</b>	<b>01:25:18.65</b>	+00:37:47 (44.3%)	14:13	4.2 (55.3%)
162	<b>BUDEK Weronika</b>	<b>603</b>		Open Kobiet	10	10:30	<b>01:25:38.30</b>	<b>01:25:38.30</b>	+00:38:06 (44.5%)	14:16	4.2 (55.3%)
163	<b>FILAS Rafał</b>	<b>605</b>		Open Mężczyzn	80	10:30	<b>01:25:39.30</b>	<b>01:25:39.30</b>	+00:38:07 (44.5%)	14:16	4.2 (55.3%)
164	<b>ROSIAK Piotr</b>	<b>76</b>		Open Mężczyzn	81	11:00	<b>01:25:42.70</b>	<b>01:25:42.70</b>	+00:38:11 (44.6%)	14:17	4.2 (55.3%)
165	<b>WOJTOWICZ Łukasz</b>	<b>355</b>		Open Mężczyzn	82	09:30	<b>01:25:43.25</b>	<b>01:25:43.25</b>	+00:38:11 (44.6%)	14:17	4.2 (55.3%)
166	<b>ROSIAK Paweł</b>	<b>702</b>		Open Mężczyzn	83	11:00	<b>01:25:43.60</b>	<b>01:25:43.60</b>	+00:38:12 (44.6%)	14:17	4.2 (55.3%)
167	<b>PIŁAT Renata</b>	<b>54</b>	OBSTACLE CENTER TEAM	Elite Masters Kobiet	5	08:15	<b>01:25:44.05</b>	<b>01:25:44.05</b>	+00:38:12 (44.6%)	14:17	4.2 (55.3%)
168	<b>ŁOJKO Rafał</b>	<b>339</b>		Open Mężczyzn	84	09:30	<b>01:25:46.10</b>	<b>01:25:46.10</b>	+00:38:14 (44.6%)	14:17	4.2 (55.3%)
169	<b>SOWIŃSKI Piotr</b>	<b>623</b>		Open Mężczyzn	85	10:30	<b>01:25:47.15</b>	<b>01:25:47.15</b>	+00:38:15 (44.6%)	14:17	4.2 (55.3%)
170	<b>SOWIŃSKI Paweł</b>	<b>622</b>		Open Mężczyzn	86	10:30	<b>01:25:47.75</b>	<b>01:25:47.75</b>	+00:38:16 (44.6%)	14:17	4.2 (55.3%)
171	<b>BUDZYŃSKI Kamil</b>	<b>529</b>		Open Mężczyzn	87	10:15	<b>01:25:54.05</b>	<b>01:25:54.05</b>	+00:38:22 (44.7%)	14:19	4.2 (55.3%)
172	<b>STANKIEWICZ Michał</b>	<b>552</b>		Open Mężczyzn	88	10:15	<b>01:26:02.30</b>	<b>01:26:02.30</b>	+00:38:30 (44.8%)	14:20	4.2 (55.3%)
173	<b>DUDEK Monika</b>	<b>111</b>	SMI EŁK	Open Masters Kobiet	4	08:30	<b>01:26:04.20</b>	<b>01:26:04.20</b>	+00:38:32 (44.8%)	14:20	4.2 (55.3%)
174	<b>SZYMANSKI Artur</b>	<b>114</b>	SMI EŁK	Open Masters Mężczyzn	19	08:30	<b>01:26:11.20</b>	<b>01:26:11.20</b>	+00:38:39 (44.9%)	14:21	4.2 (55.3%)
174	<b>OSTRZYCKI Krzysztof</b>	<b>113</b>	SMI EŁK	Open Masters Mężczyzn	19	08:30	<b>01:26:11.20</b>	<b>01:26:11.20</b>	+00:38:39 (44.9%)	14:21	4.2 (55.3%)
176	<b>BUGIEDA Katarzyna</b>	<b>110</b>	SMI EŁK	Open Kobiet	11	08:30	<b>01:26:11.70</b>	<b>01:26:11.70</b>	+00:38:40 (44.9%)	14:21	4.2 (55.3%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
177	<b>OBRYCKA Beata</b>	<b>442</b>	AKADEMIA SPORTU MEDYK	Open Kobiet	12	10:00	<b>01:26:20.90</b>	<b>01:26:20.90</b>	+00:38:49 (45.0%)	14:23	4.2 (55.3%)
178	<b>LEWANDOWSKA Magdalena</b>	<b>436</b>	AKADEMIA SPORTU MEDYK	Open Kobiet	13	10:00	<b>01:26:20.95</b>	<b>01:26:20.95</b>	+00:38:49 (45.0%)	14:23	4.2 (55.3%)
179	<b>FETLIŃSKI Grzegorz</b>	<b>588</b>	HUSARIA RACE TEAM	Open Masters Mężczyzn	21	10:30	<b>01:26:25.05</b>	<b>01:26:25.05</b>	+00:38:53 (45.0%)	14:24	4.2 (55.3%)
180	<b>DETLAFF Magdalena</b>	<b>267</b>		Open Kobiet	14	09:15	<b>01:26:26.85</b>	<b>01:26:26.85</b>	+00:38:55 (45.0%)	14:24	4.2 (55.3%)
181	<b>CAŁKA Krzysztof</b>	<b>504</b>	NAPĘDZANI PROCENTEM	Open Mężczyzn	89	10:15	<b>01:26:31.65</b>	<b>01:26:31.65</b>	+00:39:00 (45.1%)	14:25	4.2 (55.3%)
182	<b>STANIEWICZ Natalia</b>	<b>506</b>	NAPĘDZANI PROCENTEM	Open Kobiet	15	10:15	<b>01:26:39.55</b>	<b>01:26:39.55</b>	+00:39:08 (45.2%)	14:26	4.2 (55.3%)
183	<b>ANDRYCHOWSKI Kamil</b>	<b>419</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	90	10:00	<b>01:26:41.30</b>	<b>01:26:41.30</b>	+00:39:09 (45.2%)	14:26	4.2 (55.3%)
184	<b>IWANOWSKI Tomasz</b>	<b>331</b>		Open Mężczyzn	91	09:30	<b>01:26:43.10</b>	<b>01:26:43.10</b>	+00:39:11 (45.2%)	14:27	4.2 (55.3%)
185	<b>PISZCZYK Leszek</b>	<b>505</b>	NAPĘDZANI PROCENTEM	Open Mężczyzn	92	10:15	<b>01:26:46.95</b>	<b>01:26:46.95</b>	+00:39:15 (45.2%)	14:27	4.1 (53.9%)
186	<b>PYSZNY Patryk</b>	<b>263</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	93	09:15	<b>01:26:48.85</b>	<b>01:26:48.85</b>	+00:39:17 (45.3%)	14:28	4.1 (53.9%)
187	<b>LEONARSKI Sebastian</b>	<b>262</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	94	09:15	<b>01:26:49.35</b>	<b>01:26:49.35</b>	+00:39:17 (45.3%)	14:28	4.1 (53.9%)
188	<b>DETLAFF Sławomir</b>	<b>268</b>		Open Masters Mężczyzn	22	09:15	<b>01:26:49.80</b>	<b>01:26:49.80</b>	+00:39:18 (45.3%)	14:28	4.1 (53.9%)
188	<b>ZIEMANN Daniel</b>	<b>293</b>		Open Mężczyzn	95	09:15	<b>01:26:49.80</b>	<b>01:26:49.80</b>	+00:39:18 (45.3%)	14:28	4.1 (53.9%)
190	<b>MAJOWICZ Mariusz</b>	<b>438</b>	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	23	10:00	<b>01:26:51.90</b>	<b>01:26:51.90</b>	+00:39:20 (45.3%)	14:28	4.1 (53.9%)
191	<b>JUONYTĖ Aušrinė Marija</b>	<b>311</b>	OCR BALTIC WARRIORS	Open Kobiet	16	09:30	<b>01:26:58.80</b>	<b>01:26:58.80</b>	+00:39:27 (45.4%)	14:29	4.1 (53.9%)
192	<b>JEMIELITY Arkadiusz</b>	<b>472</b>		Open Masters Mężczyzn	24	10:00	<b>01:27:08.00</b>	<b>01:27:08.00</b>	+00:39:36 (45.5%)	14:31	4.1 (53.9%)
193	<b>KRALEWSKA Małgorzata</b>	<b>475</b>		Open Masters Kobiet	5	10:00	<b>01:27:19.30</b>	<b>01:27:19.30</b>	+00:39:47 (45.6%)	14:33	4.1 (53.9%)
194	<b>BAGIŃSKI Michał</b>	<b>420</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	96	10:00	<b>01:27:21.75</b>	<b>01:27:21.75</b>	+00:39:50 (45.6%)	14:33	4.1 (53.9%)
195	<b>NERS Wiktor</b>	<b>147</b>		Open Mężczyzn	97	08:30	<b>01:27:28.25</b>	<b>01:27:28.25</b>	+00:39:56 (45.7%)	14:34	4.1 (53.9%)
196	<b>REMISZEWSKI Paweł</b>	<b>446</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	98	10:00	<b>01:27:41.95</b>	<b>01:27:41.95</b>	+00:40:10 (45.8%)	14:36	4.1 (53.9%)
197	<b>KOWALCZYK Karol</b>	<b>431</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	99	10:00	<b>01:27:42.30</b>	<b>01:27:42.30</b>	+00:40:10 (45.8%)	14:37	4.1 (53.9%)
198	<b>LENARD Aleksandra</b>	<b>435</b>	AKADEMIA SPORTU MEDYK	Open Kobiet	17	10:00	<b>01:27:43.85</b>	<b>01:27:43.85</b>	+00:40:12 (45.8%)	14:37	4.1 (53.9%)
199	<b>GŁOWICKI Łukasz</b>	<b>425</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	100	10:00	<b>01:27:44.00</b>	<b>01:27:44.00</b>	+00:40:12 (45.8%)	14:37	4.1 (53.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
200	<b>LEJA Bartłomiej</b>	<b>722</b>	SZMACIURY	Open Mężczyzn	101	11:00	<b>01:27:54.55</b>	<b>01:27:54.55</b>	+00:40:23 (45.9%)	14:39	4.1 (53.9%)
201	<b>GRZESIAK Bartosz</b>	<b>672</b>	SZMACIURY	Open Mężczyzn	102	11:00	<b>01:27:54.65</b>	<b>01:27:54.65</b>	+00:40:23 (45.9%)	14:39	4.1 (53.9%)
202	<b>CZOPEK Miłosz</b>	<b>130</b>		Open Masters Mężczyzn	25	08:30	<b>01:28:01.85</b>	<b>01:28:01.85</b>	+00:40:30 (46.0%)	14:40	4.1 (53.9%)
203	<b>CHRUŚCICKA Malwina</b>	<b>128</b>		Open Kobiet	18	08:30	<b>01:28:01.95</b>	<b>01:28:01.95</b>	+00:40:30 (46.0%)	14:40	4.1 (53.9%)
204	<b>KOŁODZIEJ Mirosław</b>	<b>609</b>		Open Mężczyzn	103	10:30	<b>01:28:03.65</b>	<b>01:28:03.65</b>	+00:40:32 (46.0%)	14:40	4.1 (53.9%)
205	<b>POULAKOWSKI Tomasz</b>	<b>347</b>		Open Mężczyzn	104	09:30	<b>01:28:08.90</b>	<b>01:28:08.90</b>	+00:40:37 (46.1%)	14:41	4.1 (53.9%)
206	<b>REMISZEWSKA Agnieszka</b>	<b>445</b>	AKADEMIA SPORTU MEDYK	Open Kobiet	19	10:00	<b>01:28:14.15</b>	<b>01:28:14.15</b>	+00:40:42 (46.1%)	14:42	4.1 (53.9%)
207	<b>URBAŃSKI Zbigniew</b>	<b>452</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	105	10:00	<b>01:28:14.45</b>	<b>01:28:14.45</b>	+00:40:43 (46.1%)	14:42	4.1 (53.9%)
208	<b>KUCZEWSKA Natalia</b>	<b>99</b>		Open Kobiet	20	11:00	<b>01:28:15.40</b>	<b>01:28:15.40</b>	+00:40:43 (46.2%)	14:42	4.1 (53.9%)
209	<b>WIERZBICKI Grzegorz</b>	<b>354</b>		Open Mężczyzn	106	09:30	<b>01:28:47.20</b>	<b>01:28:47.20</b>	+00:41:15 (46.5%)	14:47	4.1 (53.9%)
209	<b>OLSZEWSKI Lesław</b>	<b>344</b>		Open Masters Mężczyzn	26	09:30	<b>01:28:47.20</b>	<b>01:28:47.20</b>	+00:41:15 (46.5%)	14:47	4.1 (53.9%)
211	<b>OLSZEWSKI Cezary</b>	<b>343</b>		Open Mężczyzn	107	09:30	<b>01:28:47.25</b>	<b>01:28:47.25</b>	+00:41:15 (46.5%)	14:47	4.1 (53.9%)
212	<b>KACZYŃSKI Marek</b>	<b>534</b>		Open Mężczyzn	108	10:15	<b>01:28:49.55</b>	<b>01:28:49.55</b>	+00:41:18 (46.5%)	14:48	4.1 (53.9%)
213	<b>DAWIDZIUK Bartosz</b>	<b>471</b>		Open Mężczyzn	109	10:00	<b>01:28:53.15</b>	<b>01:28:53.15</b>	+00:41:21 (46.5%)	14:48	4.1 (53.9%)
214	<b>KONECKA Klaudia</b>	<b>137</b>		Open Kobiet	21	08:30	<b>01:29:09.30</b>	<b>01:29:09.30</b>	+00:41:37 (46.7%)	14:51	4 (52.6%)
215	<b>CUDEK Albert</b>	<b>129</b>		Open Mężczyzn	110	08:30	<b>01:29:09.55</b>	<b>01:29:09.55</b>	+00:41:38 (46.7%)	14:51	4 (52.6%)
216	<b>KĘPKA Hubert</b>	<b>536</b>		Open Mężczyzn	111	10:15	<b>01:29:18.05</b>	<b>01:29:18.05</b>	+00:41:46 (46.8%)	14:53	4 (52.6%)
217	<b>PAWLAS Mateusz</b>	<b>546</b>		Open Mężczyzn	112	10:15	<b>01:29:20.00</b>	<b>01:29:20.00</b>	+00:41:48 (46.8%)	14:53	4 (52.6%)
218	<b>WOŁYNIEC Bogdan</b>	<b>11</b>	#KUŁAKTEAM	Elite Masters Mężczyzn	11	08:00	<b>01:29:25.75</b>	<b>01:29:25.75</b>	+00:41:54 (46.9%)	14:54	4 (52.6%)
219	<b>BUCZEK Piotr</b>	<b>266</b>		Open Mężczyzn	113	09:15	<b>01:29:53.30</b>	<b>01:29:53.30</b>	+00:42:21 (47.1%)	14:58	4 (52.6%)
220	<b>SKRZYPEK Piotr</b>	<b>289</b>		Open Masters Mężczyzn	27	09:15	<b>01:29:53.35</b>	<b>01:29:53.35</b>	+00:42:21 (47.1%)	14:58	4 (52.6%)
221	<b>MRÓZ Marta</b>	<b>613</b>		Open Kobiet	22	10:30	<b>01:30:15.90</b>	<b>01:30:15.90</b>	+00:42:44 (47.4%)	15:02	4 (52.6%)
222	<b>SZYMAŃSKA Karolina</b>	<b>595</b>	RUN MAD REGION	Open Kobiet	23	10:30	<b>01:30:16.50</b>	<b>01:30:16.50</b>	+00:42:45 (47.4%)	15:02	4 (52.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
223	<b>GÓRECKI Jacek</b>	<b>220</b>		Open Masters Mężczyzn	28	09:00	<b>01:30:20.40</b>	<b>01:30:20.40</b>	+00:42:48 (47.4%)	15:03	4 (52.6%)
224	<b>MAGA Bartłomiej</b>	<b>279</b>		Open Masters Mężczyzn	29	09:15	<b>01:30:31.65</b>	<b>01:30:31.65</b>	+00:43:00 (47.5%)	15:05	4 (52.6%)
225	<b>MARCINIAK Jarosław</b>	<b>280</b>		Open Masters Mężczyzn	30	09:15	<b>01:30:31.75</b>	<b>01:30:31.75</b>	+00:43:00 (47.5%)	15:05	4 (52.6%)
226	<b>KOŚCIELNIK Kacper</b>	<b>260</b>	SBL RUNNERS	Open Mężczyzn	114	09:15	<b>01:30:32.25</b>	<b>01:30:32.25</b>	+00:43:00 (47.5%)	15:05	4 (52.6%)
227	<b>MAŃDA Edyta</b>	<b>261</b>	SBL RUNNERS	Open Kobiet	24	09:15	<b>01:30:32.85</b>	<b>01:30:32.85</b>	+00:43:01 (47.5%)	15:05	4 (52.6%)
228	<b>BOGDAN Jacek</b>	<b>326</b>		Open Mężczyzn	115	10:30	<b>01:30:40.40</b>	<b>01:30:40.40</b>	+00:43:08 (47.6%)	15:06	4 (52.6%)
229	<b>WRÓBLEWSKI Arkadiusz</b>	<b>628</b>		Open Masters Mężczyzn	31	10:30	<b>01:30:57.15</b>	<b>01:30:57.15</b>	+00:43:25 (47.7%)	15:09	4 (52.6%)
230	<b>SZOKAL-EGIRD Krzysztof</b>	<b>591</b>	NOVAMED.PL	Open Mężczyzn	116	10:30	<b>01:30:57.45</b>	<b>01:30:57.45</b>	+00:43:26 (47.8%)	15:09	4 (52.6%)
231	<b>MOREK Bartłomiej</b>	<b>612</b>		Open Masters Mężczyzn	32	10:30	<b>01:30:57.60</b>	<b>01:30:57.60</b>	+00:43:26 (47.8%)	15:09	4 (52.6%)
232	<b>CHROMIK Łukasz</b>	<b>218</b>		Open Mężczyzn	117	09:00	<b>01:31:04.15</b>	<b>01:31:04.15</b>	+00:43:32 (47.8%)	15:10	4 (52.6%)
233	<b>DZIEKOŃSKI Krystian</b>	<b>680</b>		Open Mężczyzn	118	11:00	<b>01:31:38.50</b>	<b>01:31:38.50</b>	+00:44:07 (48.1%)	15:16	3.9 (51.3%)
234	<b>PUTRA Marek</b>	<b>362</b>	BOSS BUD COMPANY PATRYK SZCZYTKOWSKI	Open Mężczyzn	119	09:45	<b>01:31:42.65</b>	<b>01:31:42.65</b>	+00:44:11 (48.2%)	15:17	3.9 (51.3%)
235	<b>GÓRALCZYK Marcin</b>	<b>361</b>	BOSS BUD COMPANY PATRYK SZCZYTKOWSKI	Open Mężczyzn	120	09:45	<b>01:31:49.20</b>	<b>01:31:49.20</b>	+00:44:17 (48.2%)	15:18	3.9 (51.3%)
236	<b>RYNKART Łukasz</b>	<b>288</b>		Open Mężczyzn	121	09:15	<b>01:31:52.25</b>	<b>01:31:52.25</b>	+00:44:20 (48.3%)	15:18	3.9 (51.3%)
237	<b>WITYŃSKI Kamil</b>	<b>364</b>	BOSS BUD COMPANY PATRYK SZCZYTKOWSKI	Open Mężczyzn	122	09:45	<b>01:31:52.75</b>	<b>01:31:52.75</b>	+00:44:21 (48.3%)	15:18	3.9 (51.3%)
238	<b>STANISŁAWAJTYS Jakub</b>	<b>412</b>		Open Mężczyzn	123	09:45	<b>01:31:55.90</b>	<b>01:31:55.90</b>	+00:44:24 (48.3%)	15:19	3.9 (51.3%)
239	<b>FRYDLER Bartosz</b>	<b>100</b>		Open Mężczyzn	124	11:00	<b>01:31:58.70</b>	<b>01:31:58.70</b>	+00:44:27 (48.3%)	15:19	3.9 (51.3%)
240	<b>SZCZYTKOWSKI Patryk</b>	<b>363</b>	BOSS BUD COMPANY PATRYK SZCZYTKOWSKI	Open Mężczyzn	125	09:45	<b>01:32:01.60</b>	<b>01:32:01.60</b>	+00:44:30 (48.4%)	15:20	3.9 (51.3%)
241	<b>CHEŁSTOWSKI Radosław</b>	<b>388</b>		Open Mężczyzn	126	09:45	<b>01:32:06.95</b>	<b>01:32:06.95</b>	+00:44:35 (48.4%)	15:21	3.9 (51.3%)
242	<b>GNATOWSKI Mateusz</b>	<b>389</b>		Open Mężczyzn	127	09:45	<b>01:32:08.65</b>	<b>01:32:08.65</b>	+00:44:37 (48.4%)	15:21	3.9 (51.3%)
243	<b>GNATOWSKI Tomasz</b>	<b>390</b>		Open Mężczyzn	128	09:45	<b>01:32:16.35</b>	<b>01:32:16.35</b>	+00:44:44 (48.5%)	15:22	3.9 (51.3%)
244	<b>TRZASKA Jarek</b>	<b>414</b>		Open Mężczyzn	129	09:45	<b>01:32:22.80</b>	<b>01:32:22.80</b>	+00:44:51 (48.6%)	15:23	3.9 (51.3%)
245	<b>WASZKIEWICZ Edyta</b>	<b>157</b>		Open Kobiet	25	08:30	<b>01:32:25.40</b>	<b>01:32:25.40</b>	+00:44:53 (48.6%)	15:24	3.9 (51.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
246	<b>KAŻMIERSKA Paulina</b>	<b>179</b>		Open Kobiet	26	08:45	<b>01:32:26.05</b>	<b>01:32:26.05</b>	+00:44:54 (48.6%)	15:24	3.9 (51.3%)
247	<b>MIERZEJEWSKI Wiktor</b>	<b>144</b>		Open Mężczyzn	130	08:30	<b>01:32:27.10</b>	<b>01:32:27.10</b>	+00:44:55 (48.6%)	15:24	3.9 (51.3%)
248	<b>SZYMAŃSKI Jakub</b>	<b>413</b>		Open Mężczyzn	131	09:45	<b>01:32:35.85</b>	<b>01:32:35.85</b>	+00:45:04 (48.7%)	15:25	3.9 (51.3%)
249	<b>BANACH Kinga</b>	<b>386</b>		Open Kobiet	27	09:45	<b>01:32:38.25</b>	<b>01:32:38.25</b>	+00:45:06 (48.7%)	15:26	3.9 (51.3%)
250	<b>MARCISZEWSKI Błażej</b>	<b>404</b>		Open Mężczyzn	132	09:45	<b>01:32:44.80</b>	<b>01:32:44.80</b>	+00:45:13 (48.8%)	15:27	3.9 (51.3%)
251	<b>MARCISZEWSKA Julia</b>	<b>403</b>		Open Kobiet	28	09:45	<b>01:32:46.05</b>	<b>01:32:46.05</b>	+00:45:14 (48.8%)	15:27	3.9 (51.3%)
252	<b>BARAN Szymon</b>	<b>380</b>	ŻÓŁWIE I ŚLIMAKI	Open Masters Mężczyzn	33	09:45	<b>01:32:47.75</b>	<b>01:32:47.75</b>	+00:45:16 (48.8%)	15:27	3.9 (51.3%)
253	<b>SCHUKAT Michał</b>	<b>719</b>		Open Mężczyzn	133	09:15	<b>01:32:52.85</b>	<b>01:32:52.85</b>	+00:45:21 (48.8%)	15:28	3.9 (51.3%)
254	<b>BADER Krzysiek</b>	<b>720</b>		Open Mężczyzn	134	09:15	<b>01:32:54.55</b>	<b>01:32:54.55</b>	+00:45:23 (48.8%)	15:29	3.9 (51.3%)
255	<b>ZDUNIEWICZ Emilia</b>	<b>58</b>	OUTDOOR TRAINING	Elite Kobiet	7	08:15	<b>01:32:59.25</b>	<b>01:32:59.25</b>	+00:45:27 (48.9%)	15:29	3.9 (51.3%)
256	<b>HEJZA Jakub</b>	<b>223</b>		Open Mężczyzn	135	09:00	<b>01:33:02.25</b>	<b>01:33:02.25</b>	+00:45:30 (48.9%)	15:30	3.9 (51.3%)
257	<b>KARBOWSKI Tomasz</b>	<b>650</b>		Open Mężczyzn	136	10:45	<b>01:33:10.35</b>	<b>01:33:10.35</b>	+00:45:38 (49.0%)	15:31	3.9 (51.3%)
258	<b>OŁDAK Natalia</b>	<b>205</b>	OBSTACLE CENTER TEAM	Open Kobiet	29	09:00	<b>01:33:11.65</b>	<b>01:33:11.65</b>	+00:45:40 (49.0%)	15:31	3.9 (51.3%)
259	<b>PIETRZYKOWSKI Tomasz</b>	<b>408</b>		Open Masters Mężczyzn	34	09:45	<b>01:33:12.25</b>	<b>01:33:12.25</b>	+00:45:40 (49.0%)	15:32	3.9 (51.3%)
260	<b>BOGDANIUK Adam</b>	<b>200</b>	GUZIECTEAM	Open Mężczyzn	137	09:45	<b>01:33:17.90</b>	<b>01:33:17.90</b>	+00:45:46 (49.1%)	15:32	3.9 (51.3%)
261	<b>LESZCZENKO Olga</b>	<b>202</b>	GUZIECTEAM	Open Kobiet	30	09:45	<b>01:33:18.00</b>	<b>01:33:18.00</b>	+00:45:46 (49.1%)	15:33	3.9 (51.3%)
262	<b>SUCHOCKA Justyna</b>	<b>553</b>		Open Kobiet	31	10:15	<b>01:33:26.75</b>	<b>01:33:26.75</b>	+00:45:55 (49.1%)	15:34	3.9 (51.3%)
263	<b>JANUSZ Jakub</b>	<b>224</b>		Open Mężczyzn	138	09:00	<b>01:33:32.30</b>	<b>01:33:32.30</b>	+00:46:00 (49.2%)	15:35	3.8 (50.0%)
264	<b>LACHOWSKI Michał</b>	<b>140</b>		Open Mężczyzn	139	08:30	<b>01:33:35.85</b>	<b>01:33:35.85</b>	+00:46:04 (49.2%)	15:35	3.8 (50.0%)
265	<b>NAWROCKI Krzysztof</b>	<b>542</b>		Open Mężczyzn	140	10:15	<b>01:33:37.10</b>	<b>01:33:37.10</b>	+00:46:05 (49.2%)	15:36	3.8 (50.0%)
266	<b>UKLEJEWSKI Kamil</b>	<b>353</b>		Open Mężczyzn	141	09:30	<b>01:33:38.45</b>	<b>01:33:38.45</b>	+00:46:07 (49.2%)	15:36	3.8 (50.0%)
267	<b>BRZÓSKA Daniel</b>	<b>718</b>		Open Mężczyzn	142	09:15	<b>01:33:38.55</b>	<b>01:33:38.55</b>	+00:46:07 (49.2%)	15:36	3.8 (50.0%)
268	<b>MATYJA Edyta</b>	<b>118</b>	UNIT37	Open Kobiet	32	08:30	<b>01:33:40.90</b>	<b>01:33:40.90</b>	+00:46:09 (49.3%)	15:36	3.8 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
269	<b>JANUSZ Sebastian</b>	<b>225</b>		Open Masters Mężczyzn	35	09:00	<b>01:33:43.50</b>	<b>01:33:43.50</b>	+00:46:12 (49.3%)	15:37	3.8 (50.0%)
270	<b>RUSZNICA Klaudia</b>	<b>207</b>	PATATAS BRAVAS	Open Kobiet	33	09:00	<b>01:33:49.25</b>	<b>01:33:49.25</b>	+00:46:17 (49.3%)	15:38	3.8 (50.0%)
271	<b>SZYPULEWSKA Monika</b>	<b>555</b>		Open Kobiet	34	10:15	<b>01:33:49.45</b>	<b>01:33:49.45</b>	+00:46:18 (49.3%)	15:38	3.8 (50.0%)
272	<b>ZYCH Kornel</b>	<b>208</b>	PATATAS BRAVAS	Open Mężczyzn	143	09:00	<b>01:33:49.75</b>	<b>01:33:49.75</b>	+00:46:18 (49.4%)	15:38	3.8 (50.0%)
273	<b>BOŻEŃ Barbara</b>	<b>528</b>		Open Kobiet	35	10:15	<b>01:33:53.00</b>	<b>01:33:53.00</b>	+00:46:21 (49.4%)	15:38	3.8 (50.0%)
274	<b>SKRABEL Artur</b>	<b>320</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	144	09:30	<b>01:33:54.05</b>	<b>01:33:54.05</b>	+00:46:22 (49.4%)	15:39	3.8 (50.0%)
275	<b>CHYLIŃSKI Robert</b>	<b>1</b>	#KUŁAKTEAM	Elite Mężczyzn	33	08:00	<b>01:33:54.15</b>	<b>01:33:54.15</b>	+00:46:22 (49.4%)	15:39	3.8 (50.0%)
276	<b>GNIADEK Mateusz</b>	<b>134</b>		Open Mężczyzn	145	08:30	<b>01:33:54.45</b>	<b>01:33:54.45</b>	+00:46:23 (49.4%)	15:39	3.8 (50.0%)
277	<b>FILUSZ Dawid</b>	<b>315</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	146	09:30	<b>01:33:57.30</b>	<b>01:33:57.30</b>	+00:46:25 (49.4%)	15:39	3.8 (50.0%)
278	<b>FLAK Tomasz</b>	<b>316</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	147	09:30	<b>01:33:57.95</b>	<b>01:33:57.95</b>	+00:46:26 (49.4%)	15:39	3.8 (50.0%)
279	<b>RZONSIK Katarzyna</b>	<b>318</b>	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	6	09:30	<b>01:33:59.85</b>	<b>01:33:59.85</b>	+00:46:28 (49.4%)	15:39	3.8 (50.0%)
280	<b>OŁDAK Sebastian</b>	<b>589</b>	HYPERFORM	Open Mężczyzn	148	10:30	<b>01:34:07.60</b>	<b>01:34:07.60</b>	+00:46:36 (49.5%)	15:41	3.8 (50.0%)
281	<b>SZTORC Konrad</b>	<b>590</b>	HYPERFORM	Open Mężczyzn	149	10:30	<b>01:34:11.65</b>	<b>01:34:11.65</b>	+00:46:40 (49.5%)	15:41	3.8 (50.0%)
282	<b>SOSNOWSKI Kamil</b>	<b>485</b>		Open Mężczyzn	150	10:00	<b>01:34:28.00</b>	<b>01:34:28.00</b>	+00:46:56 (49.7%)	15:44	3.8 (50.0%)
283	<b>JANKE Paweł</b>	<b>393</b>		Open Mężczyzn	151	09:45	<b>01:34:39.70</b>	<b>01:34:39.70</b>	+00:47:08 (49.8%)	15:46	3.8 (50.0%)
284	<b>JACHIMOWICZ Jarosław</b>	<b>35</b>	UNIT37	Elite Mężczyzn	34	08:00	<b>01:34:47.70</b>	<b>01:34:47.70</b>	+00:47:16 (49.9%)	15:47	3.8 (50.0%)
285	<b>TROCHA Malwina</b>	<b>321</b>	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	36	09:30	<b>01:34:55.00</b>	<b>01:34:55.00</b>	+00:47:23 (49.9%)	15:49	3.8 (50.0%)
286	<b>BOGUSZ Patryk</b>	<b>245</b>	DZIKI Z LUBACZOWA	Open Mężczyzn	152	09:15	<b>01:35:01.10</b>	<b>01:35:01.10</b>	+00:47:29 (50.0%)	15:50	3.8 (50.0%)
287	<b>PODLEŚNY Michał</b>	<b>317</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	153	09:30	<b>01:35:03.70</b>	<b>01:35:03.70</b>	+00:47:32 (50.0%)	15:50	3.8 (50.0%)
288	<b>ZIÓŁKOWSKA Monika</b>	<b>323</b>	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	37	09:30	<b>01:35:12.45</b>	<b>01:35:12.45</b>	+00:47:41 (50.1%)	15:52	3.8 (50.0%)
289	<b>SZTAFIŃSKA Monika</b>	<b>624</b>		Open Kobiet	38	10:30	<b>01:35:12.95</b>	<b>01:35:12.95</b>	+00:47:41 (50.1%)	15:52	3.8 (50.0%)
290	<b>SZTAFIŃSKI Piotr</b>	<b>625</b>		Open Mężczyzn	154	10:30	<b>01:35:13.65</b>	<b>01:35:13.65</b>	+00:47:42 (50.1%)	15:52	3.8 (50.0%)
291	<b>WIŚNIEWSKA Arleta</b>	<b>322</b>	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	7	09:30	<b>01:35:16.00</b>	<b>01:35:16.00</b>	+00:47:44 (50.1%)	15:52	3.8 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
292	<b>RZONSIK Tomasz</b>	<b>319</b>	STUDIO ENERGIA TEAM RYBNIK	Open Masters Mężczyzn	36	09:30	<b>01:35:19.15</b>	<b>01:35:19.15</b>	+00:47:47 (50.1%)	15:53	3.8 (50.0%)
293	<b>DORS Grzegorz</b>	<b>176</b>		Open Mężczyzn	155	08:45	<b>01:35:20.90</b>	<b>01:35:20.90</b>	+00:47:49 (50.2%)	15:53	3.8 (50.0%)
294	<b>DORS Piotr</b>	<b>177</b>		Open Mężczyzn	156	08:45	<b>01:35:21.50</b>	<b>01:35:21.50</b>	+00:47:50 (50.2%)	15:53	3.8 (50.0%)
295	<b>RAMOTOWSKI Maciej</b>	<b>549</b>		Open Mężczyzn	157	10:15	<b>01:35:29.60</b>	<b>01:35:29.60</b>	+00:47:58 (50.2%)	15:54	3.8 (50.0%)
296	<b>BORAWSKI Marcin</b>	<b>527</b>		Open Mężczyzn	158	10:15	<b>01:35:30.35</b>	<b>01:35:30.35</b>	+00:47:58 (50.2%)	15:55	3.8 (50.0%)
297	<b>ZARUDZKA Anna</b>	<b>212</b>	SKOŃCZENI OCR	Open Masters Kobiet	8	09:00	<b>01:35:41.05</b>	<b>01:35:41.05</b>	+00:48:09 (50.3%)	15:56	3.8 (50.0%)
298	<b>ZYŚK Marcin</b>	<b>417</b>		Open Mężczyzn	159	09:45	<b>01:36:13.90</b>	<b>01:36:13.90</b>	+00:48:42 (50.6%)	16:02	3.7 (48.7%)
299	<b>DENDURA Jędrzej</b>	<b>312</b>	PO KORON(I)E	Open Mężczyzn	160	09:30	<b>01:36:26.55</b>	<b>01:36:26.55</b>	+00:48:55 (50.7%)	16:04	3.7 (48.7%)
300	<b>DYBOWSKI Marcin</b>	<b>382</b>	ŻÓŁWIE I ŚLIMAKI	Open Masters Mężczyzn	37	09:45	<b>01:36:27.05</b>	<b>01:36:27.05</b>	+00:48:55 (50.7%)	16:04	3.7 (48.7%)
301	<b>DYBOWSKA Monika</b>	<b>381</b>	ŻÓŁWIE I ŚLIMAKI	Open Masters Kobiet	9	09:45	<b>01:36:27.25</b>	<b>01:36:27.25</b>	+00:48:55 (50.7%)	16:04	3.7 (48.7%)
302	<b>BACZEWSKI Andrzej</b>	<b>385</b>		Open Masters Mężczyzn	38	09:45	<b>01:36:28.25</b>	<b>01:36:28.25</b>	+00:48:56 (50.7%)	16:04	3.7 (48.7%)
303	<b>SOWA Maciej</b>	<b>411</b>		Open Mężczyzn	161	09:45	<b>01:36:28.35</b>	<b>01:36:28.35</b>	+00:48:56 (50.7%)	16:04	3.7 (48.7%)
304	<b>KOZŁOWSKA Elwira</b>	<b>398</b>		Open Kobiet	39	09:45	<b>01:36:28.60</b>	<b>01:36:28.60</b>	+00:48:57 (50.7%)	16:04	3.7 (48.7%)
305	<b>OLESZKIEWICZ Przemysław</b>	<b>406</b>		Open Masters Mężczyzn	39	09:45	<b>01:36:39.45</b>	<b>01:36:39.45</b>	+00:49:08 (50.8%)	16:06	3.7 (48.7%)
306	<b>OLESZKIEWICZ Anna</b>	<b>405</b>		Open Kobiet	40	09:45	<b>01:36:40.50</b>	<b>01:36:40.50</b>	+00:49:09 (50.8%)	16:06	3.7 (48.7%)
307	<b>LISIAK Julia</b>	<b>401</b>		Open Kobiet	41	09:45	<b>01:37:21.70</b>	<b>01:37:21.70</b>	+00:49:50 (51.2%)	16:13	3.7 (48.7%)
307	<b>LISIAK Sebastian</b>	<b>402</b>		Open Masters Mężczyzn	40	09:45	<b>01:37:21.70</b>	<b>01:37:21.70</b>	+00:49:50 (51.2%)	16:13	3.7 (48.7%)
309	<b>ROSZAK Tomasz</b>	<b>410</b>		Open Masters Mężczyzn	41	09:45	<b>01:37:22.10</b>	<b>01:37:22.10</b>	+00:49:50 (51.2%)	16:13	3.7 (48.7%)
310	<b>SIENKIEWICZ Jakub</b>	<b>49</b>		Elite Mężczyzn	35	08:00	<b>01:37:30.45</b>	<b>01:37:30.45</b>	+00:49:59 (51.3%)	16:15	3.7 (48.7%)
311	<b>SZYMANOWSKI Piotr</b>	<b>351</b>		Open Mężczyzn	162	09:30	<b>01:37:44.45</b>	<b>01:37:44.45</b>	+00:50:13 (51.4%)	16:17	3.7 (48.7%)
312	<b>MAŚLIŃSKI Wojciech</b>	<b>342</b>		Open Mężczyzn	163	09:30	<b>01:37:56.10</b>	<b>01:37:56.10</b>	+00:50:24 (51.5%)	16:19	3.7 (48.7%)
313	<b>DĄBROWSKI Adam</b>	<b>174</b>		Open Mężczyzn	164	08:45	<b>01:38:21.10</b>	<b>01:38:21.10</b>	+00:50:49 (51.7%)	16:23	3.7 (48.7%)
314	<b>DĄBROWSKA Justyna</b>	<b>173</b>		Open Kobiet	42	08:45	<b>01:38:21.70</b>	<b>01:38:21.70</b>	+00:50:50 (51.7%)	16:23	3.7 (48.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
315	IWANEK Urszula	531		Open Kobiet	43	10:15	01:38:33.05	01:38:33.05	+00:51:01 (51.8%)	16:25	3.7 (48.7%)
316	ORLOWSKI Michał	544		Open Mężczyzn	165	10:15	01:38:34.75	01:38:34.75	+00:51:03 (51.8%)	16:25	3.7 (48.7%)
317	POMIŃSKI Patryk	525	ZAGRUZKA	Open Mężczyzn	166	10:15	01:38:47.10	01:38:47.10	+00:51:15 (51.9%)	16:27	3.6 (47.4%)
318	SZCZEREK Monika	240		Open Kobiet	44	09:00	01:38:47.35	01:38:47.35	+00:51:15 (51.9%)	16:27	3.6 (47.4%)
319	PĘCAK Ewelina	236		Open Masters Kobiet	10	09:00	01:38:47.60	01:38:47.60	+00:51:16 (51.9%)	16:27	3.6 (47.4%)
320	KUCIŃSKI Kamil	524	ZAGRUZKA	Open Mężczyzn	167	10:15	01:38:51.90	01:38:51.90	+00:51:20 (51.9%)	16:28	3.6 (47.4%)
321	PONSKI Cezary	699		Open Mężczyzn	168	11:00	01:39:01.85	01:39:01.85	+00:51:30 (52.0%)	16:30	3.6 (47.4%)
322	DROZIŃSKI Mateusz	522	ZAGRUZKA	Open Mężczyzn	169	10:15	01:39:04.35	01:39:04.35	+00:51:32 (52.0%)	16:30	3.6 (47.4%)
323	ZAMOJSKI Dawid	73		Open Mężczyzn	170	11:00	01:39:06.25	01:39:06.25	+00:51:34 (52.0%)	16:31	3.6 (47.4%)
324	DYLEWSKI Alan	523	ZAGRUZKA	Open Mężczyzn	171	10:15	01:39:12.90	01:39:12.90	+00:51:41 (52.1%)	16:32	3.6 (47.4%)
325	BUĆKO Mateusz	265		Open Mężczyzn	172	09:15	01:39:34.85	01:39:34.85	+00:52:03 (52.3%)	16:35	3.6 (47.4%)
326	DOBRZYŃSKI Maciej	269		Open Mężczyzn	173	09:15	01:39:35.70	01:39:35.70	+00:52:04 (52.3%)	16:35	3.6 (47.4%)
327	GRYGO Krzysztof	427	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	42	10:00	01:39:36.10	01:39:36.10	+00:52:04 (52.3%)	16:36	3.6 (47.4%)
328	ŁĄCKA Agata	259	ROOKIES	Open Kobiet	45	09:15	01:39:39.10	01:39:39.10	+00:52:07 (52.3%)	16:36	3.6 (47.4%)
329	KIELAR Aleksandra	258	ROOKIES	Open Kobiet	46	09:15	01:39:39.30	01:39:39.30	+00:52:07 (52.3%)	16:36	3.6 (47.4%)
330	KOCHANOWSKI Bartłomiej	688		Open Mężczyzn	174	11:00	01:39:39.40	01:39:39.40	+00:52:07 (52.3%)	16:36	3.6 (47.4%)
331	GRZEGORCZYK Adrian	669	SEROCK	Open Mężczyzn	175	11:00	01:39:47.45	01:39:47.45	+00:52:16 (52.4%)	16:37	3.6 (47.4%)
332	LUTYŃSKI Jerzy	141		Open Masters Mężczyzn	43	08:30	01:39:56.35	01:39:56.35	+00:52:24 (52.4%)	16:39	3.6 (47.4%)
333	DWORZYŃSKA Karolina	577	CIECHANOWSKI KLUB BOKSERSKI	Open Kobiet	47	10:30	01:40:11.85	01:40:11.85	+00:52:40 (52.6%)	16:41	3.6 (47.4%)
334	WIERZCHOWSKI Marcin	584	CIECHANOWSKI KLUB BOKSERSKI	Open Mężczyzn	176	10:30	01:40:12.00	01:40:12.00	+00:52:40 (52.6%)	16:42	3.6 (47.4%)
335	KRAWCZYK Paweł	670	SEROCK	Open Masters Mężczyzn	44	11:00	01:40:14.00	01:40:14.00	+00:52:42 (52.6%)	16:42	3.6 (47.4%)
336	KLONOWSKA Aleksandra	228		Open Kobiet	48	09:30	01:40:14.55	01:40:14.55	+00:52:43 (52.6%)	16:42	3.6 (47.4%)
337	KOSSAKOWSKI Daniel	689		Open Mężczyzn	177	11:00	01:40:16.70	01:40:16.70	+00:52:45 (52.6%)	16:42	3.6 (47.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
338	<b>PIETRASZEWSKI Paweł</b>	<b>481</b>		Open Mężczyzn	178	10:00	<b>01:40:38.10</b>	<b>01:40:38.10</b>	+00:53:06 (52.8%)	16:46	3.6 (47.4%)
339	<b>LINSTEDT Kamil</b>	<b>478</b>		Open Mężczyzn	179	10:00	<b>01:40:38.60</b>	<b>01:40:38.60</b>	+00:53:07 (52.8%)	16:46	3.6 (47.4%)
340	<b>BADENSKA Karolina</b>	<b>665</b>	AIK	Open Kobiet	49	10:30	<b>01:41:04.60</b>	<b>01:41:04.60</b>	+00:53:33 (53.0%)	16:50	3.6 (47.4%)
341	<b>SOBOL Adelajda</b>	<b>666</b>	AIK	Open Kobiet	50	10:30	<b>01:41:05.25</b>	<b>01:41:05.25</b>	+00:53:33 (53.0%)	16:50	3.6 (47.4%)
342	<b>DZIUBIŃSKI Jakub</b>	<b>295</b>	FIT&GYM	Open Masters Mężczyzn	45	09:30	<b>01:41:07.85</b>	<b>01:41:07.85</b>	+00:53:36 (53.0%)	16:51	3.6 (47.4%)
343	<b>KEMPISTY Michał</b>	<b>535</b>		Open Mężczyzn	180	10:15	<b>01:41:08.05</b>	<b>01:41:08.05</b>	+00:53:36 (53.0%)	16:51	3.6 (47.4%)
344	<b>MARKOWSKI Marek</b>	<b>231</b>		Open Masters Mężczyzn	46	09:00	<b>01:41:08.15</b>	<b>01:41:08.15</b>	+00:53:36 (53.0%)	16:51	3.6 (47.4%)
345	<b>ŻABOROWSKA Joanna</b>	<b>556</b>		Open Kobiet	51	10:15	<b>01:41:08.65</b>	<b>01:41:08.65</b>	+00:53:37 (53.0%)	16:51	3.6 (47.4%)
346	<b>ŻABOROWSKA Jolanta</b>	<b>557</b>		Open Masters Kobiet	11	10:15	<b>01:41:08.95</b>	<b>01:41:08.95</b>	+00:53:37 (53.0%)	16:51	3.6 (47.4%)
347	<b>MAKOWIECKI Kacper</b>	<b>142</b>		Open Mężczyzn	181	08:30	<b>01:41:09.45</b>	<b>01:41:09.45</b>	+00:53:38 (53.0%)	16:51	3.6 (47.4%)
348	<b>HOLC Piotr</b>	<b>684</b>		Open Mężczyzn	182	11:00	<b>01:41:11.55</b>	<b>01:41:11.55</b>	+00:53:40 (53.0%)	16:51	3.6 (47.4%)
349	<b>SZCZYGIEŁ Agnieszka</b>	<b>587</b>	FITPARK TEAM	Open Kobiet	52	10:30	<b>01:41:21.00</b>	<b>01:41:21.00</b>	+00:53:49 (53.1%)	16:53	3.6 (47.4%)
350	<b>NIŻAŃSKI Jarosław</b>	<b>586</b>	FITPARK TEAM	Open Masters Mężczyzn	47	10:30	<b>01:41:21.10</b>	<b>01:41:21.10</b>	+00:53:49 (53.1%)	16:53	3.6 (47.4%)
351	<b>JANECKA Maja</b>	<b>383</b>	ŻÓŁWIE I ŚLIMAKI	Open Kobiet	53	09:45	<b>01:41:36.05</b>	<b>01:41:36.05</b>	+00:54:04 (53.2%)	16:56	3.5 (46.1%)
352	<b>GARSTKA Dorota</b>	<b>578</b>	CIECHANOWSKI KLUB BOKSERSKI	Open Masters Kobiet	12	10:30	<b>01:41:40.85</b>	<b>01:41:40.85</b>	+00:54:09 (53.3%)	16:56	3.5 (46.1%)
353	<b>GARSTKA Michał</b>	<b>579</b>	CIECHANOWSKI KLUB BOKSERSKI	Open Masters Mężczyzn	48	10:30	<b>01:41:41.90</b>	<b>01:41:41.90</b>	+00:54:10 (53.3%)	16:56	3.5 (46.1%)
354	<b>JANECKI Michał</b>	<b>384</b>	ŻÓŁWIE I ŚLIMAKI	Open Masters Mężczyzn	49	09:45	<b>01:41:56.35</b>	<b>01:41:56.35</b>	+00:54:24 (53.4%)	16:59	3.5 (46.1%)
355	<b>BAŁAZY Grzegorz</b>	<b>124</b>		Open Mężczyzn	183	08:30	<b>01:42:04.15</b>	<b>01:42:04.15</b>	+00:54:32 (53.4%)	17:00	3.5 (46.1%)
356	<b>KRUCZYŃSKI Jan</b>	<b>139</b>		Open Mężczyzn	184	08:30	<b>01:42:09.60</b>	<b>01:42:09.60</b>	+00:54:38 (53.5%)	17:01	3.5 (46.1%)
357	<b>GROMOTKA Janusz</b>	<b>391</b>		Open Masters Mężczyzn	50	09:45	<b>01:42:16.35</b>	<b>01:42:16.35</b>	+00:54:44 (53.5%)	17:02	3.5 (46.1%)
358	<b>GROMOTKA Maja</b>	<b>392</b>		Open Kobiet	54	09:45	<b>01:42:16.45</b>	<b>01:42:16.45</b>	+00:54:45 (53.5%)	17:02	3.5 (46.1%)
359	<b>KARDAS Karolina</b>	<b>257</b>	ROOKIES	Open Kobiet	55	09:15	<b>01:42:26.20</b>	<b>01:42:26.20</b>	+00:54:54 (53.6%)	17:04	3.5 (46.1%)
360	<b>HEĆMAŃCZUK Katarzyna</b>	<b>256</b>	ROOKIES	Open Kobiet	56	09:15	<b>01:42:34.90</b>	<b>01:42:34.90</b>	+00:55:03 (53.7%)	17:05	3.5 (46.1%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
361	<b>KOWALIK Karol</b>	<b>690</b>		Open Mężczyzn	185	11:00	<b>01:42:40.15</b>	<b>01:42:40.15</b>	+00:55:08 (53.7%)	17:06	3.5 (46.1%)
362	<b>CHMIEL Sylwia</b>	<b>576</b>	CIECHANOWSKI KLUB BOKSERSKI	Open Kobiet	57	10:30	<b>01:42:44.65</b>	<b>01:42:44.65</b>	+00:55:13 (53.7%)	17:07	3.5 (46.1%)
363	<b>OŚWIECIŃSKA Anna</b>	<b>728</b>		Open Kobiet	58	10:30	<b>01:42:45.90</b>	<b>01:42:45.90</b>	+00:55:14 (53.8%)	17:07	3.5 (46.1%)
364	<b>KOWALSKI Paweł</b>	<b>187</b>	BIEGUNKA_TEAM	Open Mężczyzn	186	09:00	<b>01:42:49.20</b>	<b>01:42:49.20</b>	+00:55:17 (53.8%)	17:08	3.5 (46.1%)
365	<b>ROGALSKI Jakub</b>	<b>189</b>	BIEGUNKA_TEAM	Open Mężczyzn	187	09:00	<b>01:42:49.35</b>	<b>01:42:49.35</b>	+00:55:17 (53.8%)	17:08	3.5 (46.1%)
366	<b>GÓRSKA Marta</b>	<b>186</b>	BIEGUNKA_TEAM	Open Kobiet	59	09:00	<b>01:42:49.70</b>	<b>01:42:49.70</b>	+00:55:18 (53.8%)	17:08	3.5 (46.1%)
367	<b>SZYDŁOWSKI Krzysztof</b>	<b>554</b>		Open Mężczyzn	188	10:15	<b>01:42:52.60</b>	<b>01:42:52.60</b>	+00:55:21 (53.8%)	17:08	3.5 (46.1%)
368	<b>JEŻYK Artur</b>	<b>532</b>		Open Mężczyzn	189	10:15	<b>01:42:52.90</b>	<b>01:42:52.90</b>	+00:55:21 (53.8%)	17:08	3.5 (46.1%)
369	<b>OSTROWSKA Aneta</b>	<b>582</b>	CIECHANOWSKI KLUB BOKSERSKI	Open Kobiet	60	10:30	<b>01:42:54.65</b>	<b>01:42:54.65</b>	+00:55:23 (53.8%)	17:09	3.5 (46.1%)
370	<b>NOWIŃSKA Urszula</b>	<b>366</b>	JUNIOR TEAM	Open Masters Kobiet	13	09:45	<b>01:42:59.50</b>	<b>01:42:59.50</b>	+00:55:28 (53.9%)	17:09	3.5 (46.1%)
371	<b>ROPIAK Krzysztof</b>	<b>367</b>	JUNIOR TEAM	Open Mężczyzn	190	09:45	<b>01:42:59.65</b>	<b>01:42:59.65</b>	+00:55:28 (53.9%)	17:09	3.5 (46.1%)
372	<b>ADAMKIEWICZ Anita</b>	<b>575</b>	CIECHANOWSKI KLUB BOKSERSKI	Open Masters Kobiet	14	10:30	<b>01:43:21.25</b>	<b>01:43:21.25</b>	+00:55:49 (54.0%)	17:13	3.5 (46.1%)
373	<b>TOMCZYK Anna</b>	<b>352</b>		Open Kobiet	61	09:30	<b>01:43:24.15</b>	<b>01:43:24.15</b>	+00:55:52 (54.0%)	17:14	3.5 (46.1%)
374	<b>SIKORSKA Kornelia</b>	<b>350</b>		Open Kobiet	62	09:30	<b>01:43:25.05</b>	<b>01:43:25.05</b>	+00:55:53 (54.0%)	17:14	3.5 (46.1%)
375	<b>SOBOTA Kamila</b>	<b>183</b>		Open Kobiet	63	08:45	<b>01:43:27.60</b>	<b>01:43:27.60</b>	+00:55:56 (54.1%)	17:14	3.5 (46.1%)
376	<b>DŁUGOSZ Daniel</b>	<b>175</b>		Open Mężczyzn	191	08:45	<b>01:43:27.90</b>	<b>01:43:27.90</b>	+00:55:56 (54.1%)	17:14	3.5 (46.1%)
377	<b>RZECZKOWSKA Anna</b>	<b>583</b>	CIECHANOWSKI KLUB BOKSERSKI	Open Masters Kobiet	15	10:30	<b>01:43:43.45</b>	<b>01:43:43.45</b>	+00:56:12 (54.2%)	17:17	3.5 (46.1%)
378	<b>SÓJKA Katarzyna</b>	<b>466</b>	DETERMINATORZY	Open Masters Kobiet	16	10:00	<b>01:43:48.85</b>	<b>01:43:48.85</b>	+00:56:17 (54.2%)	17:18	3.5 (46.1%)
379	<b>RUSIŃSKA Anna</b>	<b>465</b>	DETERMINATORZY	Open Masters Kobiet	17	10:00	<b>01:43:49.30</b>	<b>01:43:49.30</b>	+00:56:17 (54.2%)	17:18	3.5 (46.1%)
380	<b>JÓZEFACIUK Wiesław</b>	<b>136</b>		Open Masters Mężczyzn	51	08:30	<b>01:43:56.50</b>	<b>01:43:56.50</b>	+00:56:25 (54.3%)	17:19	3.5 (46.1%)
381	<b>GROSKOP Grzegorz</b>	<b>468</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	Open Mężczyzn	192	10:00	<b>01:43:59.55</b>	<b>01:43:59.55</b>	+00:56:28 (54.3%)	17:19	3.5 (46.1%)
382	<b>STAWICKA Ewelina</b>	<b>469</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	Open Kobiet	64	10:00	<b>01:44:00.15</b>	<b>01:44:00.15</b>	+00:56:28 (54.3%)	17:20	3.5 (46.1%)
383	<b>DMOCHOWSKI Jakub</b>	<b>167</b>	ZAHARTOWANI EŁK	Open Mężczyzn	193	08:45	<b>01:44:08.55</b>	<b>01:44:08.55</b>	+00:56:37 (54.4%)	17:21	3.5 (46.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
384	<b>GABRUŚ Katarzyna</b>	<b>169</b>	ZAHARTOWANI EŁK	Open Masters Kobiet	18	08:45	<b>01:44:09.05</b>	<b>01:44:09.05</b>	+00:56:37 (54.4%)	17:21	3.5 (46.1%)
384	<b>KUMISZCZA Grzegorz</b>	<b>171</b>	ZAHARTOWANI EŁK	Open Mężczyzn	194	08:45	<b>01:44:09.05</b>	<b>01:44:09.05</b>	+00:56:37 (54.4%)	17:21	3.5 (46.1%)
386	<b>DMOCHOWSKA Edyta</b>	<b>166</b>	ZAHARTOWANI EŁK	Open Masters Kobiet	19	08:45	<b>01:44:09.20</b>	<b>01:44:09.20</b>	+00:56:37 (54.4%)	17:21	3.5 (46.1%)
387	<b>GABRUŚ Dariusz</b>	<b>168</b>	ZAHARTOWANI EŁK	Open Masters Mężczyzn	52	08:45	<b>01:44:09.25</b>	<b>01:44:09.25</b>	+00:56:37 (54.4%)	17:21	3.5 (46.1%)
387	<b>KUMISZCZA Teresa</b>	<b>172</b>	ZAHARTOWANI EŁK	Open Kobiet	65	08:45	<b>01:44:09.25</b>	<b>01:44:09.25</b>	+00:56:37 (54.4%)	17:21	3.5 (46.1%)
389	<b>KLEPACKA Agata</b>	<b>96</b>	ZAHARTOWANI EŁK	Open Kobiet	66	08:45	<b>01:44:09.70</b>	<b>01:44:09.70</b>	+00:56:38 (54.4%)	17:21	3.5 (46.1%)
390	<b>GRZYMKOWSKI Dariusz</b>	<b>170</b>	ZAHARTOWANI EŁK	Open Masters Mężczyzn	53	08:45	<b>01:44:09.80</b>	<b>01:44:09.80</b>	+00:56:38 (54.4%)	17:21	3.5 (46.1%)
391	<b>KLEPACKI Maciej</b>	<b>95</b>	ZAHARTOWANI EŁK	Open Mężczyzn	195	08:45	<b>01:44:09.85</b>	<b>01:44:09.85</b>	+00:56:38 (54.4%)	17:21	3.5 (46.1%)
392	<b>IMBIORKIEWICZ Paulina</b>	<b>270</b>		Open Kobiet	67	09:15	<b>01:44:14.15</b>	<b>01:44:14.15</b>	+00:56:42 (54.4%)	17:22	3.5 (46.1%)
393	<b>KIERUL Zuzanna</b>	<b>227</b>		Open Kobiet	68	09:00	<b>01:44:16.85</b>	<b>01:44:16.85</b>	+00:56:45 (54.4%)	17:22	3.5 (46.1%)
394	<b>OŻÓG Mateusz</b>	<b>247</b>	JAK ŻÓŁWIE W GALOPIE	Open Mężczyzn	196	09:00	<b>01:44:17.20</b>	<b>01:44:17.20</b>	+00:56:45 (54.4%)	17:22	3.5 (46.1%)
395	<b>GIŻYŃSKI Adrian</b>	<b>580</b>	CIECHANOWSKI KLUB BOKSERSKI	Open Mężczyzn	197	10:30	<b>01:44:19.00</b>	<b>01:44:19.00</b>	+00:56:47 (54.4%)	17:23	3.5 (46.1%)
396	<b>CHILICKA Anna</b>	<b>329</b>		Open Kobiet	69	09:30	<b>01:44:21.25</b>	<b>01:44:21.25</b>	+00:56:49 (54.5%)	17:23	3.4 (44.7%)
397	<b>ŚWIDERSKA Karina</b>	<b>369</b>	JUNIOR TEAM	Open Masters Kobiet	20	09:45	<b>01:44:45.40</b>	<b>01:44:45.40</b>	+00:57:13 (54.6%)	17:27	3.4 (44.7%)
398	<b>MURAWSKA Paula</b>	<b>503</b>	MY TYLKO PO BROWARKA ;)	Open Kobiet	70	10:15	<b>01:44:52.85</b>	<b>01:44:52.85</b>	+00:57:21 (54.7%)	17:28	3.4 (44.7%)
399	<b>DOMAŃSKI Daniel</b>	<b>502</b>	MY TYLKO PO BROWARKA ;)	Open Mężczyzn	198	10:15	<b>01:44:53.10</b>	<b>01:44:53.10</b>	+00:57:21 (54.7%)	17:28	3.4 (44.7%)
400	<b>SKUZA Karolina</b>	<b>368</b>	JUNIOR TEAM	Open Kobiet	71	09:45	<b>01:45:08.20</b>	<b>01:45:08.20</b>	+00:57:36 (54.8%)	17:31	3.4 (44.7%)
401	<b>MIECZKOWSKI Bartłomiej</b>	<b>440</b>	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	54	10:00	<b>01:45:15.65</b>	<b>01:45:15.65</b>	+00:57:44 (54.9%)	17:32	3.4 (44.7%)
402	<b>BORKOWSKI Paweł</b>	<b>421</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	199	10:00	<b>01:45:25.75</b>	<b>01:45:25.75</b>	+00:57:54 (54.9%)	17:34	3.4 (44.7%)
403	<b>STANIURSKA Ewa</b>	<b>450</b>	AKADEMIA SPORTU MEDYK	Open Masters Kobiet	21	10:00	<b>01:45:29.15</b>	<b>01:45:29.15</b>	+00:57:57 (54.9%)	17:34	3.4 (44.7%)
404	<b>LUBELSKA Dominika</b>	<b>365</b>	BRYGIERY OCR	Open Kobiet	72	09:45	<b>01:45:45.35</b>	<b>01:45:45.35</b>	+00:58:13 (55.1%)	17:37	3.4 (44.7%)
405	<b>PTAK Magda</b>	<b>206</b>	OUTDOOR TRAINING	Open Kobiet	73	09:00	<b>01:46:06.65</b>	<b>01:46:06.65</b>	+00:58:35 (55.2%)	17:41	3.4 (44.7%)
406	<b>WŁOCZEWSKA Joanna</b>	<b>488</b>		Open Masters Kobiet	22	10:00	<b>01:46:22.30</b>	<b>01:46:22.30</b>	+00:58:50 (55.3%)	17:43	3.4 (44.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
407	<b>PYTEL Michał</b>	<b>482</b>		Open Mężczyzn	200	10:00	<b>01:46:23.40</b>	<b>01:46:23.40</b>	+00:58:51 (55.3%)	17:43	3.4 (44.7%)
408	<b>DĄBROWSKA Marzena</b>	<b>507</b>	ONE WORLD WOMEN GIZYCKO	Open Masters Kobiet	23	10:15	<b>01:46:30.95</b>	<b>01:46:30.95</b>	+00:58:59 (55.4%)	17:45	3.4 (44.7%)
409	<b>ŚLĘZAK Martyna</b>	<b>511</b>	ONE WORLD WOMEN GIZYCKO	Open Kobiet	74	10:15	<b>01:46:31.00</b>	<b>01:46:31.00</b>	+00:58:59 (55.4%)	17:45	3.4 (44.7%)
410	<b>MILEWSKA Joanna</b>	<b>510</b>	ONE WORLD WOMEN GIZYCKO	Open Kobiet	75	10:15	<b>01:46:31.05</b>	<b>01:46:31.05</b>	+00:58:59 (55.4%)	17:45	3.4 (44.7%)
411	<b>KOROL Karolina</b>	<b>509</b>	ONE WORLD WOMEN GIZYCKO	Open Masters Kobiet	24	10:15	<b>01:46:31.30</b>	<b>01:46:31.30</b>	+00:58:59 (55.4%)	17:45	3.4 (44.7%)
412	<b>GOSZCZYCH Joanna</b>	<b>508</b>	ONE WORLD WOMEN GIZYCKO	Open Masters Kobiet	25	10:15	<b>01:46:31.50</b>	<b>01:46:31.50</b>	+00:59:00 (55.4%)	17:45	3.4 (44.7%)
413	<b>ABRAMCZYK Bernard</b>	<b>324</b>		Open Mężczyzn	201	08:45	<b>01:46:34.00</b>	<b>01:46:34.00</b>	+00:59:02 (55.4%)	17:45	3.4 (44.7%)
414	<b>GOSZCZYŃSKA Olga</b>	<b>221</b>		Open Kobiet	76	09:00	<b>01:46:45.20</b>	<b>01:46:45.20</b>	+00:59:13 (55.5%)	17:47	3.4 (44.7%)
415	<b>GOSZCZYŃSKI Karol</b>	<b>199</b>	GOSZCZE	Open Masters Mężczyzn	55	09:00	<b>01:46:45.95</b>	<b>01:46:45.95</b>	+00:59:14 (55.5%)	17:47	3.4 (44.7%)
416	<b>ŁOŚ Paweł</b>	<b>494</b>	KRP 2	Open Masters Mężczyzn	56	10:15	<b>01:47:05.10</b>	<b>01:47:05.10</b>	+00:59:33 (55.6%)	17:50	3.4 (44.7%)
417	<b>RUTA Mateusz</b>	<b>497</b>	KRP 2	Open Mężczyzn	202	10:15	<b>01:47:11.25</b>	<b>01:47:11.25</b>	+00:59:39 (55.7%)	17:51	3.4 (44.7%)
418	<b>WAJDA Paulina</b>	<b>290</b>		Open Kobiet	77	09:15	<b>01:47:21.00</b>	<b>01:47:21.00</b>	+00:59:49 (55.7%)	17:53	3.4 (44.7%)
419	<b>PLUCIŃSKI Jakub</b>	<b>244</b>	DRAGON RUNNERS	Open Mężczyzn	203	09:15	<b>01:47:21.75</b>	<b>01:47:21.75</b>	+00:59:50 (55.7%)	17:53	3.4 (44.7%)
420	<b>BUCZYŃSKA Katarzyna</b>	<b>667</b>	BUCZKI	Open Kobiet	78	11:00	<b>01:47:44.85</b>	<b>01:47:44.85</b>	+01:00:13 (55.9%)	17:57	3.3 (43.4%)
421	<b>BUCZYŃSKI Dariusz</b>	<b>679</b>		Open Mężczyzn	204	11:00	<b>01:47:45.05</b>	<b>01:47:45.05</b>	+01:00:13 (55.9%)	17:57	3.3 (43.4%)
422	<b>MORSKI Maciej</b>	<b>146</b>		Open Mężczyzn	205	08:30	<b>01:47:45.90</b>	<b>01:47:45.90</b>	+01:00:14 (55.9%)	17:57	3.3 (43.4%)
423	<b>UŁANOWICZ Przemysław</b>	<b>156</b>		Open Mężczyzn	206	08:30	<b>01:47:50.20</b>	<b>01:47:50.20</b>	+01:00:18 (55.9%)	17:58	3.3 (43.4%)
424	<b>KUZARA Joanna</b>	<b>116</b>	UNIT37	Open Kobiet	79	08:30	<b>01:47:54.30</b>	<b>01:47:54.30</b>	+01:00:22 (56.0%)	17:59	3.3 (43.4%)
425	<b>WNOROWSKA Magdalena</b>	<b>55</b>	OBSTACLE CENTER TEAM	Open Masters Kobiet	26	08:15	<b>01:48:18.75</b>	<b>01:48:18.75</b>	+01:00:47 (56.1%)	18:03	3.3 (43.4%)
426	<b>MALINA Daniel</b>	<b>495</b>	KRP 2	Open Mężczyzn	207	10:15	<b>01:48:26.30</b>	<b>01:48:26.30</b>	+01:00:54 (56.2%)	18:04	3.3 (43.4%)
427	<b>SERWACIŃSKA Justyna</b>	<b>726</b>		Open Kobiet	80	09:00	<b>01:48:29.00</b>	<b>01:48:29.00</b>	+01:00:57 (56.2%)	18:04	3.3 (43.4%)
428	<b>PORZĄDNY Sebastian</b>	<b>203</b>	ŁÓDZKIE DZIKI2021	Open Masters Mężczyzn	57	09:00	<b>01:48:30.05</b>	<b>01:48:30.05</b>	+01:00:58 (56.2%)	18:05	3.3 (43.4%)
429	<b>KULESZA Agnieszka</b>	<b>162</b>		Open Masters Kobiet	27	09:15	<b>01:48:30.45</b>	<b>01:48:30.45</b>	+01:00:59 (56.2%)	18:05	3.3 (43.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
430	LASKOWSKI Łukasz	723		Open Masters Mężczyzn	58	09:15	01:48:30.65	01:48:30.65	+01:00:59 (56.2%)	18:05	3.3 (43.4%)
431	SKŁADOWSKI Marcin	498	KRP 2	Open Mężczyzn	208	10:15	01:48:30.85	01:48:30.85	+01:00:59 (56.2%)	18:05	3.3 (43.4%)
432	KOWALSKA-PRASAL Paulina	204	ŁÓDZKIE DZIKI2021	Open Masters Kobiet	28	09:00	01:48:36.20	01:48:36.20	+01:01:04 (56.2%)	18:06	3.3 (43.4%)
433	PRASAŁ Jarosław	725		Open Masters Mężczyzn	59	09:00	01:48:36.50	01:48:36.50	+01:01:05 (56.2%)	18:06	3.3 (43.4%)
434	PRUSIŃSKA Izabela	409		Open Kobiet	81	09:45	01:48:37.80	01:48:37.80	+01:01:06 (56.3%)	18:06	3.3 (43.4%)
435	SZWARC Robert	370	JUNIOR TEAM	Open Mężczyzn	209	09:45	01:48:39.45	01:48:39.45	+01:01:08 (56.3%)	18:06	3.3 (43.4%)
436	PIECHOCKI Paweł	697		Open Mężczyzn	210	11:00	01:49:04.10	01:49:04.10	+01:01:32 (56.4%)	18:10	3.3 (43.4%)
437	PARCZEWSKI Jarosław	695		Open Masters Mężczyzn	60	11:00	01:49:04.35	01:49:04.35	+01:01:32 (56.4%)	18:10	3.3 (43.4%)
438	SERAFIŃSKA Natalia	448	AKADEMIA SPORTU MEDYK	Open Kobiet	82	10:00	01:49:07.70	01:49:07.70	+01:01:36 (56.5%)	18:11	3.3 (43.4%)
439	MISZCZUK Łukasz	441	AKADEMIA SPORTU MEDYK	Open Mężczyzn	211	10:00	01:49:07.80	01:49:07.80	+01:01:36 (56.5%)	18:11	3.3 (43.4%)
440	MATEJKOWSKI Artur	439	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	61	10:00	01:49:08.15	01:49:08.15	+01:01:36 (56.5%)	18:11	3.3 (43.4%)
441	KIEBAŁO Karolina	687		Open Kobiet	83	11:00	01:49:08.55	01:49:08.55	+01:01:37 (56.5%)	18:11	3.3 (43.4%)
442	GAWRYŚ Monika	681		Open Kobiet	84	11:00	01:49:09.45	01:49:09.45	+01:01:38 (56.5%)	18:11	3.3 (43.4%)
443	SZYMAŃSKA Magdalena	709		Open Masters Kobiet	29	11:00	01:49:10.30	01:49:10.30	+01:01:38 (56.5%)	18:11	3.3 (43.4%)
444	OGONOWSKI Michał	443	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	62	10:00	01:49:14.70	01:49:14.70	+01:01:43 (56.5%)	18:12	3.3 (43.4%)
445	WOŁYNIEC Piotr	6	#KUŁAKTEAM	Open Mężczyzn	212	08:00	01:49:15.90	01:49:15.90	+01:01:44 (56.5%)	18:12	3.3 (43.4%)
446	PINDELSKI Patryk	5	#KUŁAKTEAM	Open Mężczyzn	213	08:00	01:49:16.15	01:49:16.15	+01:01:44 (56.5%)	18:12	3.3 (43.4%)
447	LASECKI Patryk	337		Open Mężczyzn	214	09:30	01:49:19.75	01:49:19.75	+01:01:48 (56.5%)	18:13	3.3 (43.4%)
448	LANGE Alicja	336		Open Kobiet	85	09:30	01:49:20.25	01:49:20.25	+01:01:48 (56.5%)	18:13	3.3 (43.4%)
449	ŻOŁNA Joanna	456	AKADEMIA SPORTU MEDYK	Open Kobiet	86	10:00	01:49:25.55	01:49:25.55	+01:01:54 (56.6%)	18:14	3.3 (43.4%)
450	OGRODNIK Monika	694		Open Masters Kobiet	30	11:00	01:49:30.95	01:49:30.95	+01:01:59 (56.6%)	18:15	3.3 (43.4%)
451	JARMOLOWICZ Malgorzata	333		Open Kobiet	87	09:30	01:49:33.70	01:49:33.70	+01:02:02 (56.6%)	18:15	3.3 (43.4%)
452	BANEL Kamila	325		Open Kobiet	88	09:30	01:49:34.75	01:49:34.75	+01:02:03 (56.6%)	18:15	3.3 (43.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
453	<b>KUSIŃSKI Kamil</b>	<b>691</b>		Open Mężczyzn	215	11:00	<b>01:49:35.05</b>	<b>01:49:35.05</b>	+01:02:03 (56.6%)	18:15	3.3 (43.4%)
454	<b>PERZANOWSKA Renata</b>	<b>696</b>		Open Masters Kobiet	31	11:00	<b>01:49:35.20</b>	<b>01:49:35.20</b>	+01:02:03 (56.6%)	18:15	3.3 (43.4%)
455	<b>DERMIAHA Kamil</b>	<b>294</b>	AMŻINUSZ	Open Mężczyzn	216	09:30	<b>01:49:35.85</b>	<b>01:49:35.85</b>	+01:02:04 (56.6%)	18:15	3.3 (43.4%)
456	<b>URBANOWSKA Dorota</b>	<b>451</b>	AKADEMIA SPORTU MEDYK	Open Kobiet	89	10:00	<b>01:49:40.15</b>	<b>01:49:40.15</b>	+01:02:08 (56.7%)	18:16	3.3 (43.4%)
457	<b>GÓRSKI Krzysztof</b>	<b>426</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	217	10:00	<b>01:49:40.20</b>	<b>01:49:40.20</b>	+01:02:08 (56.7%)	18:16	3.3 (43.4%)
458	<b>RYDZEWSKA Alina</b>	<b>730</b>		Open Masters Kobiet	32	09:30	<b>01:49:42.85</b>	<b>01:49:42.85</b>	+01:02:11 (56.7%)	18:17	3.3 (43.4%)
459	<b>TUCHOCKA Małgorzata</b>	<b>85</b>		Open Masters Kobiet	33	09:30	<b>01:49:45.85</b>	<b>01:49:45.85</b>	+01:02:14 (56.7%)	18:17	3.3 (43.4%)
460	<b>RZEPNICKA Marta</b>	<b>447</b>	AKADEMIA SPORTU MEDYK	Open Kobiet	90	10:00	<b>01:49:46.25</b>	<b>01:49:46.25</b>	+01:02:14 (56.7%)	18:17	3.3 (43.4%)
461	<b>FLORCZYK-WAGNER Joanna</b>	<b>424</b>	AKADEMIA SPORTU MEDYK	Open Kobiet	91	10:00	<b>01:49:46.50</b>	<b>01:49:46.50</b>	+01:02:15 (56.7%)	18:17	3.3 (43.4%)
462	<b>SAK Cezary</b>	<b>82</b>	CZAKISPORT.BLOGSPOT.COM	Open Mężczyzn	218	08:30	<b>01:50:03.30</b>	<b>01:50:03.30</b>	+01:02:31 (56.8%)	18:20	3.3 (43.4%)
463	<b>URBANOWICZ Magdalena</b>	<b>103</b>	CZAKISPORT.BLOGSPOT.COM	Open Kobiet	92	08:30	<b>01:50:04.25</b>	<b>01:50:04.25</b>	+01:02:32 (56.8%)	18:20	3.3 (43.4%)
464	<b>SOTKIEWICZ Karolina</b>	<b>707</b>		Open Kobiet	93	11:00	<b>01:50:06.00</b>	<b>01:50:06.00</b>	+01:02:34 (56.8%)	18:21	3.3 (43.4%)
465	<b>CHOJNOWSKA Ania</b>	<b>422</b>	AKADEMIA SPORTU MEDYK	Open Masters Kobiet	34	10:00	<b>01:50:12.65</b>	<b>01:50:12.65</b>	+01:02:41 (56.9%)	18:22	3.3 (43.4%)
466	<b>LASKOWSKI Grzegorz</b>	<b>434</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	219	10:00	<b>01:50:15.85</b>	<b>01:50:15.85</b>	+01:02:44 (56.9%)	18:22	3.3 (43.4%)
467	<b>LIPIŃSKI Łukasz</b>	<b>437</b>	AKADEMIA SPORTU MEDYK	Open Mężczyzn	220	10:00	<b>01:50:17.55</b>	<b>01:50:17.55</b>	+01:02:46 (56.9%)	18:22	3.3 (43.4%)
468	<b>WALCZAK Mira</b>	<b>453</b>	AKADEMIA SPORTU MEDYK	Open Masters Kobiet	35	10:00	<b>01:50:18.05</b>	<b>01:50:18.05</b>	+01:02:46 (56.9%)	18:23	3.3 (43.4%)
469	<b>KUROWSKI Paweł</b>	<b>432</b>	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	63	10:00	<b>01:50:20.75</b>	<b>01:50:20.75</b>	+01:02:49 (56.9%)	18:23	3.3 (43.4%)
470	<b>KORSAK Edyta</b>	<b>539</b>		Open Kobiet	94	10:15	<b>01:50:26.35</b>	<b>01:50:26.35</b>	+01:02:54 (57.0%)	18:24	3.3 (43.4%)
471	<b>MUSIAŁCZYK Jolanta</b>	<b>541</b>		Open Kobiet	95	10:15	<b>01:50:26.45</b>	<b>01:50:26.45</b>	+01:02:55 (57.0%)	18:24	3.3 (43.4%)
472	<b>SAMUL Paweł</b>	<b>349</b>		Open Mężczyzn	221	09:30	<b>01:50:33.35</b>	<b>01:50:33.35</b>	+01:03:01 (57.0%)	18:25	3.3 (43.4%)
473	<b>MAJKA Michał</b>	<b>340</b>		Open Mężczyzn	222	09:30	<b>01:50:35.05</b>	<b>01:50:35.05</b>	+01:03:03 (57.0%)	18:25	3.3 (43.4%)
474	<b>SZCZERBA Agnieszka</b>	<b>153</b>		Open Masters Kobiet	36	08:30	<b>01:50:56.05</b>	<b>01:50:56.05</b>	+01:03:24 (57.2%)	18:29	3.2 (42.1%)
475	<b>FRENDO Monika</b>	<b>133</b>		Open Kobiet	96	08:30	<b>01:50:56.15</b>	<b>01:50:56.15</b>	+01:03:24 (57.2%)	18:29	3.2 (42.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
476	<b>MAJCHRZAK Adriana</b>	<b>230</b>		Open Kobiet	97	09:00	<b>01:51:33.35</b>	<b>01:51:33.35</b>	+01:04:01 (57.4%)	18:35	3.2 (42.1%)
477	<b>AKACKI Rafał</b>	<b>646</b>		Open Mężczyzn	223	10:45	<b>01:51:34.10</b>	<b>01:51:34.10</b>	+01:04:02 (57.4%)	18:35	3.2 (42.1%)
477	<b>DANILCZUK Klaudia</b>	<b>647</b>		Open Kobiet	98	10:45	<b>01:51:34.10</b>	<b>01:51:34.10</b>	+01:04:02 (57.4%)	18:35	3.2 (42.1%)
479	<b>SIKORSKI Marcin</b>	<b>182</b>		Open Mężczyzn	224	08:45	<b>01:51:38.95</b>	<b>01:51:38.95</b>	+01:04:07 (57.4%)	18:36	3.2 (42.1%)
480	<b>BANACH Mateusz</b>	<b>217</b>		Open Mężczyzn	225	09:00	<b>01:51:40.80</b>	<b>01:51:40.80</b>	+01:04:09 (57.4%)	18:36	3.2 (42.1%)
481	<b>JABŁOŃSKA Magdalena</b>	<b>79</b>		Open Kobiet	99	10:45	<b>01:52:02.85</b>	<b>01:52:02.85</b>	+01:04:31 (57.6%)	18:40	3.2 (42.1%)
482	<b>SOCHA Alicja</b>	<b>621</b>		Open Kobiet	100	10:30	<b>01:52:09.95</b>	<b>01:52:09.95</b>	+01:04:38 (57.6%)	18:41	3.2 (42.1%)
483	<b>HYRIAK Martyna</b>	<b>299</b>	FIT&GYM	Open Kobiet	101	09:30	<b>01:52:23.50</b>	<b>01:52:23.50</b>	+01:04:52 (57.7%)	18:43	3.2 (42.1%)
484	<b>PAJĄK Anna</b>	<b>302</b>	FIT&GYM	Open Kobiet	102	09:30	<b>01:52:23.60</b>	<b>01:52:23.60</b>	+01:04:52 (57.7%)	18:43	3.2 (42.1%)
484	<b>SOBUTA Dawid</b>	<b>305</b>	FIT&GYM	Open Mężczyzn	226	09:30	<b>01:52:23.60</b>	<b>01:52:23.60</b>	+01:04:52 (57.7%)	18:43	3.2 (42.1%)
484	<b>GAŁKA Michał</b>	<b>297</b>	FIT&GYM	Open Mężczyzn	226	09:30	<b>01:52:23.60</b>	<b>01:52:23.60</b>	+01:04:52 (57.7%)	18:43	3.2 (42.1%)
487	<b>SPADŁO Dawid</b>	<b>306</b>	FIT&GYM	Open Mężczyzn	228	09:30	<b>01:52:23.75</b>	<b>01:52:23.75</b>	+01:04:52 (57.7%)	18:43	3.2 (42.1%)
488	<b>JARY Łukasz</b>	<b>300</b>	FIT&GYM	Open Mężczyzn	229	09:30	<b>01:52:23.90</b>	<b>01:52:23.90</b>	+01:04:52 (57.7%)	18:43	3.2 (42.1%)
489	<b>RONDUDA Sylwia</b>	<b>304</b>	FIT&GYM	Open Kobiet	103	09:30	<b>01:52:24.10</b>	<b>01:52:24.10</b>	+01:04:52 (57.7%)	18:44	3.2 (42.1%)
490	<b>TRZECIAK Joanna</b>	<b>308</b>	FIT&GYM	Open Kobiet	104	09:30	<b>01:52:24.20</b>	<b>01:52:24.20</b>	+01:04:52 (57.7%)	18:44	3.2 (42.1%)
491	<b>GŁOWACKA Izabela</b>	<b>298</b>	FIT&GYM	Open Kobiet	105	09:30	<b>01:52:24.35</b>	<b>01:52:24.35</b>	+01:04:52 (57.7%)	18:44	3.2 (42.1%)
492	<b>RONDUDA Marek</b>	<b>303</b>	FIT&GYM	Open Mężczyzn	230	09:30	<b>01:52:24.40</b>	<b>01:52:24.40</b>	+01:04:52 (57.7%)	18:44	3.2 (42.1%)
493	<b>ZARZECKA Magda</b>	<b>75</b>		Open Kobiet	106	11:00	<b>01:52:49.95</b>	<b>01:52:49.95</b>	+01:05:18 (57.9%)	18:48	3.2 (42.1%)
494	<b>ZARZECKI Kacper</b>	<b>712</b>		Open Mężczyzn	231	11:00	<b>01:52:50.90</b>	<b>01:52:50.90</b>	+01:05:19 (57.9%)	18:48	3.2 (42.1%)
495	<b>DUDA-MACIEJCZEK Katarzyna</b>	<b>573</b>	BYLE PRZEŻYĆ TEAM	Open Kobiet	107	10:30	<b>01:53:04.30</b>	<b>01:53:04.30</b>	+01:05:32 (58.0%)	18:50	3.2 (42.1%)
496	<b>GOMÓŁKA Beata</b>	<b>574</b>	BYLE PRZEŻYĆ TEAM	Open Kobiet	108	10:30	<b>01:53:04.35</b>	<b>01:53:04.35</b>	+01:05:32 (58.0%)	18:50	3.2 (42.1%)
497	<b>MROCZEK Jakub</b>	<b>281</b>		Open Mężczyzn	232	09:15	<b>01:53:05.20</b>	<b>01:53:05.20</b>	+01:05:33 (58.0%)	18:50	3.2 (42.1%)
498	<b>BAZIAK Patryk</b>	<b>264</b>		Open Mężczyzn	233	09:15	<b>01:53:05.35</b>	<b>01:53:05.35</b>	+01:05:33 (58.0%)	18:50	3.2 (42.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
499	<b>HALIK Tomasz</b>	<b>608</b>		Open Masters Mężczyzn	64	10:30	<b>01:53:10.20</b>	<b>01:53:10.20</b>	+01:05:38 (58.0%)	18:51	3.2 (42.1%)
500	<b>HALIK Dominika</b>	<b>606</b>		Open Kobiet	109	10:30	<b>01:53:11.65</b>	<b>01:53:11.65</b>	+01:05:40 (58.0%)	18:51	3.2 (42.1%)
501	<b>PODNAJMER Agata</b>	<b>637</b>	DONFISH	Open Kobiet	110	10:45	<b>01:53:16.55</b>	<b>01:53:16.55</b>	+01:05:45 (58.0%)	18:52	3.2 (42.1%)
501	<b>PODNAJMER Piotr</b>	<b>638</b>	DONFISH	Open Mężczyzn	234	10:45	<b>01:53:16.55</b>	<b>01:53:16.55</b>	+01:05:45 (58.0%)	18:52	3.2 (42.1%)
503	<b>HALIK Iwona</b>	<b>607</b>		Open Masters Kobiet	37	10:30	<b>01:53:34.60</b>	<b>01:53:34.60</b>	+01:06:03 (58.2%)	18:55	3.2 (42.1%)
504	<b>ZARZECKI Bogdan</b>	<b>90</b>		Open Masters Mężczyzn	65	11:00	<b>01:53:43.90</b>	<b>01:53:43.90</b>	+01:06:12 (58.2%)	18:57	3.2 (42.1%)
505	<b>WOJCIECHOWSKA Diana</b>	<b>309</b>	FIT&GYM	Open Kobiet	111	09:30	<b>01:53:49.10</b>	<b>01:53:49.10</b>	+01:06:17 (58.2%)	18:58	3.2 (42.1%)
506	<b>WOJCUECHOWSKI Przemysław</b>	<b>310</b>	FIT&GYM	Open Mężczyzn	235	09:30	<b>01:53:50.50</b>	<b>01:53:50.50</b>	+01:06:19 (58.3%)	18:58	3.2 (42.1%)
507	<b>SZWAGIERCZAK Karolina</b>	<b>307</b>	FIT&GYM	Open Kobiet	112	09:30	<b>01:53:50.70</b>	<b>01:53:50.70</b>	+01:06:19 (58.3%)	18:58	3.2 (42.1%)
508	<b>GIENIECZKO Katarzyna</b>	<b>252</b>	POLEDREAMS TEAM	Open Kobiet	113	09:15	<b>01:54:03.60</b>	<b>01:54:03.60</b>	+01:06:32 (58.3%)	19:00	3.2 (42.1%)
508	<b>KARWOWSKA Ilona</b>	<b>253</b>	POLEDREAMS TEAM	Open Kobiet	113	09:15	<b>01:54:03.60</b>	<b>01:54:03.60</b>	+01:06:32 (58.3%)	19:00	3.2 (42.1%)
510	<b>STANISZEWSKA Izabela</b>	<b>255</b>	POLEDREAMS TEAM	Open Kobiet	115	09:15	<b>01:54:03.95</b>	<b>01:54:03.95</b>	+01:06:32 (58.3%)	19:00	3.2 (42.1%)
511	<b>BOROŃ Izabela</b>	<b>562</b>	BOX EKIPA	Open Masters Kobiet	38	10:30	<b>01:54:23.75</b>	<b>01:54:23.75</b>	+01:06:52 (58.5%)	19:03	3.1 (40.8%)
512	<b>CZACHOR Beata</b>	<b>564</b>	BOX EKIPA	Open Masters Kobiet	39	10:30	<b>01:54:23.85</b>	<b>01:54:23.85</b>	+01:06:52 (58.5%)	19:03	3.1 (40.8%)
513	<b>ORLIK Kinga</b>	<b>560</b>	BECKHOFF BRO TEAM	Open Kobiet	116	10:30	<b>01:54:23.90</b>	<b>01:54:23.90</b>	+01:06:52 (58.5%)	19:03	3.1 (40.8%)
514	<b>KOKOCINSKA Marta</b>	<b>567</b>	BOX EKIPA	Open Kobiet	117	10:30	<b>01:54:24.25</b>	<b>01:54:24.25</b>	+01:06:52 (58.5%)	19:04	3.1 (40.8%)
515	<b>WIEJAK Małgorzata</b>	<b>570</b>	BOX EKIPA	Open Kobiet	118	10:30	<b>01:54:24.40</b>	<b>01:54:24.40</b>	+01:06:52 (58.5%)	19:04	3.1 (40.8%)
516	<b>WIEJAK Szymon</b>	<b>571</b>	BOX EKIPA	Open Mężczyzn	236	10:30	<b>01:54:24.55</b>	<b>01:54:24.55</b>	+01:06:53 (58.5%)	19:04	3.1 (40.8%)
516	<b>AUGUSTYNIAK Robert</b>	<b>561</b>	BOX EKIPA	Open Mężczyzn	236	10:30	<b>01:54:24.55</b>	<b>01:54:24.55</b>	+01:06:53 (58.5%)	19:04	3.1 (40.8%)
518	<b>GAWŁOWSKI Daniel</b>	<b>566</b>	BOX EKIPA	Open Mężczyzn	238	10:30	<b>01:54:24.70</b>	<b>01:54:24.70</b>	+01:06:53 (58.5%)	19:04	3.1 (40.8%)
519	<b>CYBULSKA Justyna</b>	<b>563</b>	BOX EKIPA	Open Kobiet	119	10:30	<b>01:54:25.15</b>	<b>01:54:25.15</b>	+01:06:53 (58.5%)	19:04	3.1 (40.8%)
520	<b>FAŁEK Marta</b>	<b>565</b>	BOX EKIPA	Open Kobiet	120	10:30	<b>01:54:25.20</b>	<b>01:54:25.20</b>	+01:06:53 (58.5%)	19:04	3.1 (40.8%)
521	<b>KUCZYŃSKI Andrzej</b>	<b>568</b>	BOX EKIPA	Open Mężczyzn	239	10:30	<b>01:54:26.95</b>	<b>01:54:26.95</b>	+01:06:55 (58.5%)	19:04	3.1 (40.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
522	<b>KARLIŃSKA Weronika</b>	<b>714</b>		Open Kobiet	121	09:45	<b>01:54:45.50</b>	<b>01:54:45.50</b>	+01:07:14 (58.6%)	19:07	3.1 (40.8%)
523	<b>PIETRZNIAK Marcin</b>	<b>715</b>		Open Mężczyzn	240	09:45	<b>01:54:46.00</b>	<b>01:54:46.00</b>	+01:07:14 (58.6%)	19:07	3.1 (40.8%)
524	<b>SZYMANSKA Agata</b>	<b>569</b>	BOX EKIPA	Open Masters Kobiet	40	10:30	<b>01:54:46.70</b>	<b>01:54:46.70</b>	+01:07:15 (58.6%)	19:07	3.1 (40.8%)
525	<b>MAZUR Maksymilian</b>	<b>120</b>	UNIT37	Open Mężczyzn	241	08:30	<b>01:55:03.40</b>	<b>01:55:03.40</b>	+01:07:31 (58.7%)	19:10	3.1 (40.8%)
526	<b>RUTKOWSKI Adam</b>	<b>660</b>		Open Mężczyzn	242	10:45	<b>01:55:12.65</b>	<b>01:55:12.65</b>	+01:07:41 (58.8%)	19:12	3.1 (40.8%)
527	<b>MAZUR Agnieszka</b>	<b>119</b>	UNIT37	Open Masters Kobiet	41	08:30	<b>01:55:22.65</b>	<b>01:55:22.65</b>	+01:07:51 (58.8%)	19:13	3.1 (40.8%)
528	<b>OSTROWSKA Martyna</b>	<b>232</b>		Open Kobiet	122	09:00	<b>01:55:26.60</b>	<b>01:55:26.60</b>	+01:07:55 (58.8%)	19:14	3.1 (40.8%)
529	<b>STACHURA Natalia</b>	<b>210</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	123	09:00	<b>01:55:26.90</b>	<b>01:55:26.90</b>	+01:07:55 (58.8%)	19:14	3.1 (40.8%)
530	<b>WOŹNIAK Anna</b>	<b>598</b>	TEAM YOUTH	Open Kobiet	124	10:30	<b>01:55:30.15</b>	<b>01:55:30.15</b>	+01:07:58 (58.9%)	19:15	3.1 (40.8%)
531	<b>WIŚNIEWSKI Hubert</b>	<b>597</b>	TEAM YOUTH	Open Mężczyzn	243	10:30	<b>01:55:32.30</b>	<b>01:55:32.30</b>	+01:08:00 (58.9%)	19:15	3.1 (40.8%)
532	<b>ŁĘCKI Marcin</b>	<b>673</b>	SZMACIURY	Open Mężczyzn	244	11:00	<b>01:55:37.20</b>	<b>01:55:37.20</b>	+01:08:05 (58.9%)	19:16	3.1 (40.8%)
533	<b>SZELC Szymon</b>	<b>78</b>		Open Mężczyzn	245	11:00	<b>01:55:39.00</b>	<b>01:55:39.00</b>	+01:08:07 (58.9%)	19:16	3.1 (40.8%)
534	<b>LENIARTEK Piotr</b>	<b>674</b>	SZMACIURY	Open Mężczyzn	246	11:00	<b>01:55:39.10</b>	<b>01:55:39.10</b>	+01:08:07 (58.9%)	19:16	3.1 (40.8%)
535	<b>KLIMCZAK Michał</b>	<b>727</b>	SZMACIURY	Open Mężczyzn	247	11:00	<b>01:55:41.15</b>	<b>01:55:41.15</b>	+01:08:09 (58.9%)	19:16	3.1 (40.8%)
536	<b>KROPIEWNICKI Daniel</b>	<b>138</b>		Open Mężczyzn	248	08:30	<b>01:55:42.80</b>	<b>01:55:42.80</b>	+01:08:11 (58.9%)	19:17	3.1 (40.8%)
537	<b>PŁONKA Wojciech</b>	<b>675</b>	SZMACIURY	Open Mężczyzn	249	11:00	<b>01:55:43.00</b>	<b>01:55:43.00</b>	+01:08:11 (58.9%)	19:17	3.1 (40.8%)
537	<b>BRAKONIECKI Daniel</b>	<b>126</b>		Open Mężczyzn	249	08:30	<b>01:55:43.00</b>	<b>01:55:43.00</b>	+01:08:11 (58.9%)	19:17	3.1 (40.8%)
539	<b>SKAŁA Maciej</b>	<b>717</b>	SZMACIURY	Open Mężczyzn	251	11:00	<b>01:55:48.00</b>	<b>01:55:48.00</b>	+01:08:16 (59.0%)	19:18	3.1 (40.8%)
540	<b>BILIK Mateusz</b>	<b>671</b>	SZMACIURY	Open Mężczyzn	252	11:00	<b>01:55:48.20</b>	<b>01:55:48.20</b>	+01:08:16 (59.0%)	19:18	3.1 (40.8%)
541	<b>KURCZEK Klaudia</b>	<b>209</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	125	09:00	<b>01:55:50.15</b>	<b>01:55:50.15</b>	+01:08:18 (59.0%)	19:18	3.1 (40.8%)
542	<b>PRZYBYSZ Michał</b>	<b>619</b>		Open Mężczyzn	253	10:30	<b>01:55:59.45</b>	<b>01:55:59.45</b>	+01:08:28 (59.0%)	19:19	3.1 (40.8%)
543	<b>STAŃCZAK Aneta</b>	<b>661</b>		Open Kobiet	126	10:45	<b>01:56:06.90</b>	<b>01:56:06.90</b>	+01:08:35 (59.1%)	19:21	3.1 (40.8%)
544	<b>PUCHALSKA Marta</b>	<b>462</b>	CMF	Open Masters Kobiet	42	10:00	<b>01:56:11.45</b>	<b>01:56:11.45</b>	+01:08:40 (59.1%)	19:21	3.1 (40.8%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
545	<b>TUREK Michał</b>	<b>464</b>	CMF	Open Mężczyzn	254	10:00	<b>01:56:11.70</b>	<b>01:56:11.70</b>	+01:08:40 (59.1%)	19:21	3.1 (40.8%)
546	<b>TOMCZYK Radosław</b>	<b>487</b>		Open Mężczyzn	255	10:00	<b>01:56:12.00</b>	<b>01:56:12.00</b>	+01:08:40 (59.1%)	19:22	3.1 (40.8%)
546	<b>PUCHALSKI Rafał</b>	<b>463</b>	CMF	Open Masters Mężczyzn	66	10:00	<b>01:56:12.00</b>	<b>01:56:12.00</b>	+01:08:40 (59.1%)	19:22	3.1 (40.8%)
548	<b>KISZKURNO Daniel</b>	<b>651</b>		Open Mężczyzn	256	10:45	<b>01:56:14.45</b>	<b>01:56:14.45</b>	+01:08:43 (59.1%)	19:22	3.1 (40.8%)
549	<b>SZABŁOWSKI Mateusz</b>	<b>500</b>	KRP 2	Open Mężczyzn	257	10:15	<b>01:56:26.10</b>	<b>01:56:26.10</b>	+01:08:54 (59.2%)	19:24	3.1 (40.8%)
550	<b>KIERKOWICZ Katarzyna</b>	<b>160</b>		Open Kobiet	127	08:30	<b>01:56:38.25</b>	<b>01:56:38.25</b>	+01:09:06 (59.3%)	19:26	3.1 (40.8%)
551	<b>STEPANIUK Krzysztof</b>	<b>102</b>	CZAKISPORT.BLOGSPOT.COM	Open Mężczyzn	258	08:30	<b>01:56:38.35</b>	<b>01:56:38.35</b>	+01:09:06 (59.3%)	19:26	3.1 (40.8%)
552	<b>MAKOHONIENKO Arkadiusz</b>	<b>655</b>		Open Mężczyzn	259	10:45	<b>01:56:44.25</b>	<b>01:56:44.25</b>	+01:09:12 (59.3%)	19:27	3.1 (40.8%)
553	<b>KUKIEŁKA Weronika</b>	<b>653</b>		Open Kobiet	128	10:45	<b>01:56:45.30</b>	<b>01:56:45.30</b>	+01:09:13 (59.3%)	19:27	3.1 (40.8%)
554	<b>MAREK Katarzyna</b>	<b>117</b>	UNIT37	Open Kobiet	129	08:30	<b>01:56:51.60</b>	<b>01:56:51.60</b>	+01:09:20 (59.3%)	19:28	3.1 (40.8%)
555	<b>FILIŃSKA-FLOREK Iwona</b>	<b>115</b>	UNIT37	Open Masters Kobiet	43	08:30	<b>01:56:51.65</b>	<b>01:56:51.65</b>	+01:09:20 (59.3%)	19:28	3.1 (40.8%)
556	<b>KOCOT Aleksandra</b>	<b>277</b>		Open Kobiet	130	09:15	<b>01:57:05.20</b>	<b>01:57:05.20</b>	+01:09:33 (59.4%)	19:30	3.1 (40.8%)
557	<b>ROGUSKA Kasia</b>	<b>599</b>	WILK TRENUJE FAMILY (WTF)	Open Kobiet	131	10:30	<b>01:57:09.55</b>	<b>01:57:09.55</b>	+01:09:38 (59.4%)	19:31	3.1 (40.8%)
558	<b>SOBCZYK Anna</b>	<b>551</b>		Open Masters Kobiet	44	10:15	<b>01:57:09.95</b>	<b>01:57:09.95</b>	+01:09:38 (59.4%)	19:31	3.1 (40.8%)
559	<b>WOJDYNA Monika</b>	<b>627</b>		Open Kobiet	132	10:30	<b>01:57:15.25</b>	<b>01:57:15.25</b>	+01:09:43 (59.5%)	19:32	3.1 (40.8%)
560	<b>WOJDYNA Karolina</b>	<b>626</b>		Open Kobiet	133	10:30	<b>01:57:17.75</b>	<b>01:57:17.75</b>	+01:09:46 (59.5%)	19:32	3.1 (40.8%)
561	<b>WYPYSKI Damian</b>	<b>501</b>	KRP 2	Open Mężczyzn	260	10:15	<b>01:57:23.65</b>	<b>01:57:23.65</b>	+01:09:52 (59.5%)	19:33	3.1 (40.8%)
562	<b>KOWALSKA Anna</b>	<b>493</b>	KRP 2	Open Kobiet	134	10:15	<b>01:57:24.95</b>	<b>01:57:24.95</b>	+01:09:53 (59.5%)	19:34	3.1 (40.8%)
563	<b>JANIKOWSKI Patryk</b>	<b>648</b>		Open Mężczyzn	261	10:30	<b>01:57:25.25</b>	<b>01:57:25.25</b>	+01:09:53 (59.5%)	19:34	3.1 (40.8%)
564	<b>JASIŃSKI Adrian</b>	<b>273</b>		Open Mężczyzn	262	09:15	<b>01:57:29.00</b>	<b>01:57:29.00</b>	+01:09:57 (59.5%)	19:34	3.1 (40.8%)
565	<b>JEŻ Maja</b>	<b>249</b>	KICACZE	Open Kobiet	135	09:15	<b>01:57:36.05</b>	<b>01:57:36.05</b>	+01:10:04 (59.6%)	19:36	3.1 (40.8%)
566	<b>BOŚKO Paulina</b>	<b>248</b>	KICACZE	Open Kobiet	136	09:15	<b>01:57:36.45</b>	<b>01:57:36.45</b>	+01:10:05 (59.6%)	19:36	3.1 (40.8%)
567	<b>GOŁĘBIEWSKA Gośka</b>	<b>530</b>		Open Masters Kobiet	45	10:15	<b>01:57:38.30</b>	<b>01:57:38.30</b>	+01:10:06 (59.6%)	19:36	3.1 (40.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
568	KACPRZAK Paweł	533		Open Masters Mężczyzn	67	10:15	01:57:39.75	01:57:39.75	+01:10:08 (59.6%)	19:36	3.1 (40.8%)
569	ZAWISTOWSKI Daniel	292		Open Mężczyzn	263	09:15	01:57:41.35	01:57:41.35	+01:10:09 (59.6%)	19:36	3.1 (40.8%)
570	ZAWISTOWSKI Adam	291		Open Mężczyzn	264	09:15	01:57:46.15	01:57:46.15	+01:10:14 (59.6%)	19:37	3.1 (40.8%)
571	JASIŃSKA Sandra	272		Open Kobiet	137	09:15	01:57:46.60	01:57:46.60	+01:10:15 (59.6%)	19:37	3.1 (40.8%)
572	ŁEPKOWSKA Justyna	278		Open Kobiet	138	09:15	01:58:11.05	01:58:11.05	+01:10:39 (59.8%)	19:41	3 (39.5%)
573	BOGDAŃSKA Karolina	639	KUŁAK TEAM	Open Kobiet	139	10:45	01:58:18.30	01:58:18.30	+01:10:46 (59.8%)	19:43	3 (39.5%)
574	BOGDAŃSKI Michał	640	KUŁAK TEAM	Open Mężczyzn	265	10:45	01:58:19.15	01:58:19.15	+01:10:47 (59.8%)	19:43	3 (39.5%)
575	ALBIŃSKA Izabela	123		Open Kobiet	140	08:30	01:58:25.45	01:58:25.45	+01:10:54 (59.9%)	19:44	3 (39.5%)
576	KŁOSIŃSKA - RYBAKIEWICZ Anna	276		Open Kobiet	141	09:15	01:58:39.25	01:58:39.25	+01:11:07 (59.9%)	19:46	3 (39.5%)
577	KITA Grzegorz	652		Open Masters Mężczyzn	68	10:45	01:59:28.05	01:59:28.05	+01:11:56 (60.2%)	19:54	3 (39.5%)
578	RZEPECKI Karol	81		Open Mężczyzn	266	10:45	01:59:47.80	01:59:47.80	+01:12:16 (60.3%)	19:57	3 (39.5%)
579	STOLARSKA Marta	86		Open Kobiet	142	10:45	01:59:48.60	01:59:48.60	+01:12:17 (60.3%)	19:58	3 (39.5%)
580	PIĘTKA Krzysztof	163	LIGHT -OWI	Open Mężczyzn	267	08:45	02:00:00.40	02:00:00.40	+01:12:28 (60.4%)	20:00	3 (39.5%)
581	OSKROBA Magdalena	721		Open Kobiet	143	08:45	02:00:00.90	02:00:00.90	+01:12:29 (60.4%)	20:00	3 (39.5%)
582	WALENDA Jakub	165	LIGHT -OWI	Open Mężczyzn	268	08:45	02:00:01.85	02:00:01.85	+01:12:30 (60.4%)	20:00	3 (39.5%)
583	WALENDA Beata	164	LIGHT -OWI	Open Kobiet	144	08:45	02:00:03.30	02:00:03.30	+01:12:31 (60.4%)	20:00	3 (39.5%)
584	SURAŻYŃSKI Tomasz	71		Open Mężczyzn	269	10:45	01:32:06.00	02:00:04.75	+01:12:33 (60.4%)	15:21	3.9 (51.3%)
585	KARLIŃSKA Ewelina	395		Open Kobiet	145	09:45	02:00:48.55	02:00:48.55	+01:13:17 (60.7%)	20:08	3 (39.5%)
586	KRYŃSKI Marek	631	9BITS2021	Open Mężczyzn	270	10:45	02:01:28.45	02:01:28.45	+01:13:57 (60.9%)	20:14	3 (39.5%)
587	S Marek	634	9BITS2021	Open Masters Mężczyzn	69	10:45	02:01:28.70	02:01:28.70	+01:13:57 (60.9%)	20:14	3 (39.5%)
588	POWICHROWSKI Krzysztof	633	9BITS2021	Open Masters Mężczyzn	70	10:45	02:01:28.85	02:01:28.85	+01:13:57 (60.9%)	20:14	3 (39.5%)
589	KRAJEWSKA Klaudia	630	9BITS2021	Open Kobiet	146	10:45	02:01:28.90	02:01:28.90	+01:13:57 (60.9%)	20:14	3 (39.5%)
590	STIGAŃCOW Dawid	635	9BITS2021	Open Mężczyzn	271	10:45	02:01:29.05	02:01:29.05	+01:13:57 (60.9%)	20:14	3 (39.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas		Różn	Tempo min/km	Tempo km/h
							netto 6km	brutto 6km			
591	<b>KUCZYŃSKI Tomek</b>	<b>632</b>	9BITS2021	Open Masters Mężczyzn	71	10:45	<b>02:01:29.10</b>	<b>02:01:29.10</b>	+01:13:57 (60.9%)	20:14	3 (39.5%)
592	<b>WOROSZYŁ Damian</b>	<b>636</b>	9BITS2021	Open Mężczyzn	272	10:45	<b>02:01:29.40</b>	<b>02:01:29.40</b>	+01:13:57 (60.9%)	20:14	3 (39.5%)
593	<b>ROBAK Joanna</b>	<b>668</b>	GÓRSKIE ROBACZKI	Open Masters Kobiet	46	11:00	<b>02:01:35.30</b>	<b>02:01:35.30</b>	+01:14:03 (60.9%)	20:15	3 (39.5%)
594	<b>ROBAK Sylwester</b>	<b>701</b>		Open Mężczyzn	273	11:00	<b>02:01:35.55</b>	<b>02:01:35.55</b>	+01:14:04 (60.9%)	20:15	3 (39.5%)
595	<b>KARLIŃSKI Artur</b>	<b>397</b>		Open Masters Mężczyzn	72	09:45	<b>02:01:48.35</b>	<b>02:01:48.35</b>	+01:14:16 (61.0%)	20:18	3 (39.5%)
596	<b>MEISTER Emil</b>	<b>479</b>		Open Mężczyzn	274	10:00	<b>02:03:42.70</b>	<b>02:03:42.70</b>	+01:16:11 (61.6%)	20:37	2.9 (38.2%)
597	<b>ODRAKIEWICZ Hubert</b>	<b>480</b>		Open Mężczyzn	275	10:00	<b>02:03:52.85</b>	<b>02:03:52.85</b>	+01:16:21 (61.6%)	20:38	2.9 (38.2%)
598	<b>ORZESZKO Angelika</b>	<b>112</b>	SMI EŁK	Open Kobiet	147	WARMIŃSKO-MAZURSKIE	<b>01:32:34.50</b>	<b>02:04:15.15</b>	+01:16:43 (61.8%)	15:25	3.9 (51.3%)
599	<b>CHEŁSTOWSKA Joanna</b>	<b>357</b>	AKADEMIA SPORTU MEDYK	Open Kobiet	148	09:45	<b>02:04:43.75</b>	<b>02:04:43.75</b>	+01:17:12 (61.9%)	20:47	2.9 (38.2%)
600	<b>DRĘŻEK Monika</b>	<b>604</b>		Open Kobiet	149	10:30	<b>02:06:35.95</b>	<b>02:06:35.95</b>	+01:19:04 (62.5%)	21:05	2.8 (36.8%)
601	<b>KOWALCZYK Tomasz</b>	<b>74</b>		Open Mężczyzn	276	11:00	<b>02:06:39.35</b>	<b>02:06:39.35</b>	+01:19:07 (62.5%)	21:06	2.8 (36.8%)
602	<b>KWAPISZ Izabela</b>	<b>84</b>		Open Kobiet	150	11:00	<b>02:06:43.45</b>	<b>02:06:43.45</b>	+01:19:12 (62.5%)	21:07	2.8 (36.8%)
603	<b>BASTEK Zuzanna</b>	<b>600</b>		Open Kobiet	151	10:30	<b>02:06:47.55</b>	<b>02:06:47.55</b>	+01:19:16 (62.5%)	21:07	2.8 (36.8%)
604	<b>TERBERT Radosław</b>	<b>374</b>	LACROIX ELECTRONICS TEAM	Open Mężczyzn	277	09:45	<b>02:07:42.45</b>	<b>02:07:42.45</b>	+01:20:11 (62.8%)	21:17	2.8 (36.8%)
605	<b>SOŁTYS Krystian</b>	<b>373</b>	LACROIX ELECTRONICS TEAM	Open Mężczyzn	278	09:45	<b>02:07:42.65</b>	<b>02:07:42.65</b>	+01:20:11 (62.8%)	21:17	2.8 (36.8%)
605	<b>ZAJĄC Karol</b>	<b>415</b>		Open Mężczyzn	278	09:45	<b>02:07:42.65</b>	<b>02:07:42.65</b>	+01:20:11 (62.8%)	21:17	2.8 (36.8%)
607	<b>BUJANOWSKA Monika</b>	<b>387</b>		Open Masters Kobiet	47	09:45	<b>02:07:44.90</b>	<b>02:07:44.90</b>	+01:20:13 (62.8%)	21:17	2.8 (36.8%)
608	<b>WOJTKOWIAK Jacek</b>	<b>109</b>	OOD0OP0OB0OQOG	Open Mężczyzn	280	08:30	<b>02:07:54.40</b>	<b>02:07:54.40</b>	+01:20:22 (62.8%)	21:19	2.8 (36.8%)
609	<b>PLISZKA Justyna</b>	<b>148</b>		Open Kobiet	152	08:30	<b>02:07:54.70</b>	<b>02:07:54.70</b>	+01:20:23 (62.8%)	21:19	2.8 (36.8%)
610	<b>KORYNT Paulina</b>	<b>371</b>	LACROIX ELECTRONICS TEAM	Open Kobiet	153	09:45	<b>02:08:40.30</b>	<b>02:08:40.30</b>	+01:21:08 (63.1%)	21:26	2.8 (36.8%)
611	<b>KOZŁOWSKI Mariusz</b>	<b>229</b>		Open Mężczyzn	281	09:00	<b>02:08:48.45</b>	<b>02:08:48.45</b>	+01:21:17 (63.1%)	21:28	2.8 (36.8%)
612	<b>KOŁAKOWSKI Hubert</b>	<b>515</b>	THE MIGHTY DUCKS	Open Mężczyzn	282	10:15	<b>02:09:07.70</b>	<b>02:09:07.70</b>	+01:21:36 (63.2%)	21:31	2.8 (36.8%)
613	<b>WRÓBLEWSKI Jacek</b>	<b>520</b>	THE MIGHTY DUCKS	Open Masters Mężczyzn	73	10:15	<b>02:09:11.45</b>	<b>02:09:11.45</b>	+01:21:40 (63.2%)	21:31	2.8 (36.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas		Różn	Tempo min/km	Tempo km/h
							netto 6km	brutto 6km			
614	<b>WAŹROBIŃSKA Olga</b>	<b>641</b>	RD TEAM	Open Kobiet	154	10:45	<b>02:09:14.35</b>	<b>02:09:14.35</b>	+01:21:42 (63.2%)	21:32	2.8 (36.8%)
615	<b>WIERZBICKA Magdalena</b>	<b>662</b>		Open Kobiet	155	10:45	<b>02:09:15.05</b>	<b>02:09:15.05</b>	+01:21:43 (63.2%)	21:32	2.8 (36.8%)
616	<b>MIŁOWICKI Krzysztof</b>	<b>656</b>		Open Mężczyzn	283	10:45	<b>02:09:15.70</b>	<b>02:09:15.70</b>	+01:21:44 (63.2%)	21:32	2.8 (36.8%)
617	<b>KACZERSKA Doris</b>	<b>513</b>	THE MIGHTY DUCKS	Open Kobiet	156	10:15	<b>02:09:25.85</b>	<b>02:09:25.85</b>	+01:21:54 (63.3%)	21:34	2.8 (36.8%)
618	<b>ADAMCZYK Urszula</b>	<b>526</b>		Open Masters Kobiet	48	10:15	<b>02:09:26.30</b>	<b>02:09:26.30</b>	+01:21:54 (63.3%)	21:34	2.8 (36.8%)
619	<b>ŚLUSARCZYK Aleksandra</b>	<b>517</b>	THE MIGHTY DUCKS	Open Kobiet	157	10:15	<b>02:09:26.60</b>	<b>02:09:26.60</b>	+01:21:55 (63.3%)	21:34	2.8 (36.8%)
620	<b>WITKOWSKI Radosław</b>	<b>519</b>	THE MIGHTY DUCKS	Open Mężczyzn	284	10:15	<b>02:09:26.80</b>	<b>02:09:26.80</b>	+01:21:55 (63.3%)	21:34	2.8 (36.8%)
621	<b>PLOCH Barbara</b>	<b>512</b>	POTĘŻNE KACZORY	Open Masters Kobiet	49	10:15	<b>02:09:27.10</b>	<b>02:09:27.10</b>	+01:21:55 (63.3%)	21:34	2.8 (36.8%)
622	<b>PERZYNA Wojciech</b>	<b>616</b>		Open Mężczyzn	285	10:30	<b>02:10:15.90</b>	<b>02:10:15.90</b>	+01:22:44 (63.5%)	21:42	2.8 (36.8%)
623	<b>BUCZEK Natalia</b>	<b>602</b>		Open Kobiet	158	10:30	<b>02:10:16.35</b>	<b>02:10:16.35</b>	+01:22:44 (63.5%)	21:42	2.8 (36.8%)
624	<b>BAŁDYGA Paulina</b>	<b>216</b>		Open Kobiet	159	09:00	<b>02:10:24.50</b>	<b>02:10:24.50</b>	+01:22:53 (63.6%)	21:44	2.8 (36.8%)
625	<b>CHWASTEK Anita</b>	<b>219</b>		Open Kobiet	160	09:00	<b>02:10:27.40</b>	<b>02:10:27.40</b>	+01:22:55 (63.6%)	21:44	2.8 (36.8%)
626	<b>BIELECKI Filip</b>	<b>190</b>	BOSKIE DZIKI	Open Mężczyzn	286	09:00	<b>02:10:27.45</b>	<b>02:10:27.45</b>	+01:22:56 (63.6%)	21:44	2.8 (36.8%)
627	<b>SZUBERT Tomasz</b>	<b>194</b>	BOSKIE DZIKI	Open Mężczyzn	287	09:00	<b>02:10:45.00</b>	<b>02:10:45.00</b>	+01:23:13 (63.7%)	21:47	2.8 (36.8%)
628	<b>DOLIŃSKI Jacek</b>	<b>80</b>		Open Masters Mężczyzn	74	10:30	<b>02:10:50.60</b>	<b>02:10:50.60</b>	+01:23:19 (63.7%)	21:48	2.8 (36.8%)
629	<b>WOJSIAT Katarzyna</b>	<b>663</b>		Open Masters Kobiet	50	10:45	<b>02:10:58.65</b>	<b>02:10:58.65</b>	+01:23:27 (63.7%)	21:49	2.7 (35.5%)
629	<b>ZALEWSKA Joanna</b>	<b>664</b>		Open Masters Kobiet	50	10:45	<b>02:10:58.65</b>	<b>02:10:58.65</b>	+01:23:27 (63.7%)	21:49	2.7 (35.5%)
631	<b>CZOSNYKA Joanna</b>	<b>161</b>	UNIT 37	Open Kobiet	161	08:30	<b>02:11:03.05</b>	<b>02:11:03.05</b>	+01:23:31 (63.7%)	21:50	2.7 (35.5%)
632	<b>ŁEBEK Mateusz</b>	<b>191</b>	BOSKIE DZIKI	Open Mężczyzn	288	09:00	<b>02:11:04.10</b>	<b>02:11:04.10</b>	+01:23:32 (63.7%)	21:50	2.7 (35.5%)
633	<b>NIEWĘGŁOWSKA Katarzyna</b>	<b>192</b>	BOSKIE DZIKI	Open Kobiet	162	09:00	<b>02:11:04.15</b>	<b>02:11:04.15</b>	+01:23:32 (63.7%)	21:50	2.7 (35.5%)
634	<b>NIEWĘGŁOWSKI Damian</b>	<b>193</b>	BOSKIE DZIKI	Open Mężczyzn	289	09:00	<b>02:11:04.35</b>	<b>02:11:04.35</b>	+01:23:32 (63.7%)	21:50	2.7 (35.5%)
635	<b>KRAJEWSKA Aleksandra</b>	<b>399</b>		Open Kobiet	163	09:45	<b>02:12:00.50</b>	<b>02:12:00.50</b>	+01:24:29 (64.0%)	22:00	2.7 (35.5%)
636	<b>BARTKOWSKA Agnieszka</b>	<b>378</b>	OSA	Open Kobiet	164	09:45	<b>02:12:00.55</b>	<b>02:12:00.55</b>	+01:24:29 (64.0%)	22:00	2.7 (35.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
637	<b>KRAJEWSKA Sylwia</b>	<b>400</b>		Open Kobiet	165	09:45	<b>02:12:00.95</b>	<b>02:12:00.95</b>	+01:24:29 (64.0%)	22:00	2.7 (35.5%)
638	<b>WITKOWSKA Olga</b>	<b>594</b>	PINDY Z RADOMIA	Open Kobiet	166	10:30	<b>02:12:45.85</b>	<b>02:12:45.85</b>	+01:25:14 (64.2%)	22:07	2.7 (35.5%)
639	<b>MANTORSKA Paulina</b>	<b>593</b>	PINDY Z RADOMIA	Open Kobiet	167	10:30	<b>02:12:45.90</b>	<b>02:12:45.90</b>	+01:25:14 (64.2%)	22:07	2.7 (35.5%)
640	<b>RADZAJEWSKA Natalia</b>	<b>729</b>		Open Kobiet	168	10:30	<b>02:13:17.05</b>	<b>02:13:17.05</b>	+01:25:45 (64.3%)	22:12	2.7 (35.5%)
641	<b>BRZOZOWSKI Ernest</b>	<b>601</b>		Open Mężczyzn	290	10:30	<b>02:14:30.85</b>	<b>02:14:30.85</b>	+01:26:59 (64.7%)	22:25	2.7 (35.5%)
641	<b>OLSZEWSKI Michał</b>	<b>614</b>		Open Mężczyzn	290	10:30	<b>02:14:30.85</b>	<b>02:14:30.85</b>	+01:26:59 (64.7%)	22:25	2.7 (35.5%)
643	<b>KOLOSZEWSKA Beata</b>	<b>610</b>		Open Kobiet	169	10:30	<b>02:14:31.05</b>	<b>02:14:31.05</b>	+01:26:59 (64.7%)	22:25	2.7 (35.5%)
644	<b>GOMULA Katarzyna</b>	<b>135</b>		Open Kobiet	170	08:30	<b>02:20:05.40</b>	<b>02:20:05.40</b>	+01:32:33 (66.1%)	23:20	2.6 (34.2%)
645	<b>SMAL Karolina</b>	<b>152</b>		Open Kobiet	171	08:30	<b>02:20:51.35</b>	<b>02:20:51.35</b>	+01:33:19 (66.3%)	23:28	2.6 (34.2%)
646	<b>FLORCZYK Karolina</b>	<b>132</b>		Open Kobiet	172	08:30	<b>02:20:51.40</b>	<b>02:20:51.40</b>	+01:33:19 (66.3%)	23:28	2.6 (34.2%)
647	<b>KOSTECKI Adam</b>	<b>642</b>	ZOMBIELAND	Open Mężczyzn	292	10:45	<b>02:24:18.40</b>	<b>02:24:18.40</b>	+01:36:46 (67.1%)	24:03	2.5 (32.9%)
648	<b>KOZŁOWSKI Zbigniew</b>	<b>643</b>	ZOMBIELAND	Open Masters Mężczyzn	75	10:45	<b>02:24:19.10</b>	<b>02:24:19.10</b>	+01:36:47 (67.1%)	24:03	2.5 (32.9%)
649	<b>WYSZKOWSKI Wojciech</b>	<b>645</b>	ZOMBIELAND	Open Mężczyzn	293	10:45	<b>02:24:19.25</b>	<b>02:24:19.25</b>	+01:36:47 (67.1%)	24:03	2.5 (32.9%)
650	<b>WYSZKOWSKA Grażyna</b>	<b>644</b>	ZOMBIELAND	Open Kobiet	173	10:45	<b>02:24:20.25</b>	<b>02:24:20.25</b>	+01:36:48 (67.1%)	24:03	2.5 (32.9%)
651	<b>BERNADY Magdalena</b>	<b>63</b>	UNIT37	Elite Kobiet	8	08:15	<b>02:26:52.70</b>	<b>02:26:52.70</b>	+01:39:21 (67.6%)	24:28	2.5 (32.9%)
652	<b>JASIŃSKA-KWOLEK Krystyna</b>	<b>64</b>	UNIT37	Open Kobiet	174	08:15	<b>02:28:13.00</b>	<b>02:28:13.00</b>	+01:40:41 (67.9%)	24:42	2.4 (31.6%)
653	<b>STRUSZKIEWICZ Aleksandra</b>	<b>87</b>	POWER TRAINING	Open Kobiet	175	08:15	<b>02:31:57.35</b>	<b>02:31:57.35</b>	+01:44:25 (68.7%)	25:19	2.4 (31.6%)
654	<b>KRALEWSKI Robert</b>	<b>476</b>		Open Masters Mężczyzn	76	10:00	<b>02:32:59.00</b>	<b>02:32:59.00</b>	+01:45:27 (68.9%)	25:29	2.4 (31.6%)
655	<b>JAKUBCZYK Adrianna</b>	<b>490</b>	GLUTEN-SRUTEN TEAM	Open Kobiet	176	10:15	<b>02:33:26.95</b>	<b>02:33:26.95</b>	+01:45:55 (69.0%)	25:34	2.3 (30.3%)
656	<b>KOSIŃSKI Maciej</b>	<b>492</b>	GLUTEN-SRUTEN TEAM	Open Mężczyzn	294	10:15	<b>02:33:27.10</b>	<b>02:33:27.10</b>	+01:45:55 (69.0%)	25:34	2.3 (30.3%)
657	<b>BORSUKIEWICZ Paweł</b>	<b>489</b>	GLUTEN-SRUTEN TEAM	Open Mężczyzn	295	10:15	<b>02:33:27.20</b>	<b>02:33:27.20</b>	+01:45:55 (69.0%)	25:34	2.3 (30.3%)
658	<b>JAKUBCZYK Klaudia</b>	<b>491</b>	GLUTEN-SRUTEN TEAM	Open Kobiet	177	10:15	<b>02:33:27.40</b>	<b>02:33:27.40</b>	+01:45:55 (69.0%)	25:34	2.3 (30.3%)
659	<b>ARCIPOWSKI Damian</b>	<b>521</b>	ZAGRUZKA	Open Mężczyzn	296	10:15					(0.0%)
660	<b>OGŁODZINSKI Piotr</b>	<b>693</b>		Open Mężczyzn	297	11:00					(0.0%)
661	<b>OWIERCZUK Kamil</b>	<b>545</b>		Open Mężczyzn	298	10:15					(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
662	<b>ZIMIŃSKI Paweł</b>	<b>215</b>	WOLF TEAM	Open Mężczyzn	299	09:00					(0.0%)
663	<b>OLSZEWSKI Mariusz</b>	<b>516</b>	THE MIGHTY DUCKS	Open Mężczyzn	300	10:15					(0.0%)
664	<b>JASIŃSKA Agata</b>	<b>313</b>	PO KORON(I)E	Open Kobiet	178	09:30					(0.0%)
665	<b>KARLIŃSKA Paulina</b>	<b>396</b>		Open Kobiet	179	09:45					(0.0%)
	<b>JUREWICZ Łukasz</b>	<b>2</b>	#KUŁAKTEAM	Open Masters Mężczyzn		08:00	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 666 wynik(ów)