

Wydarzenie: Runmageddon Ełk
Organizator: Extreme Events, Runmageddon
Data: 2021-06-26
Miejsce: Ełk
Dystans: 6 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
1	KRAWIECKI Mateusz	30	RUNMAGEDDON	Elite Mężczyzn	1	08:00	00:47:31.45	00:47:31.45		7:55	7.6 (100%)
2	KALINOWSKI Krystian	45		Elite Mężczyzn	2	08:00	00:48:00.60	00:48:00.60	+00:00:29 (1.0%)	8:00	7.5 (98.7%)
3	ZOŃ Arkadiusz	19	KARLA-BUTIK.PL	Elite Mężczyzn	3	08:00	00:49:28.10	00:49:28.10	+00:01:56 (3.9%)	8:14	7.3 (96.1%)
4	CZACHURSKI Mateusz	14	EX TEAM	Elite Mężczyzn	4	08:00	00:50:22.15	00:50:22.15	+00:02:50 (5.6%)	8:23	7.1 (93.4%)
5	MENZIŃSKI Przemysław	47		Elite Mężczyzn	5	08:00	00:51:04.20	00:51:04.20	+00:03:32 (6.9%)	8:30	7 (92.1%)
6	JAKUBCZAK Marcin	8	BEST BEASTS	Elite Masters Mężczyzn	1	08:00	00:51:13.35	00:51:13.35	+00:03:41 (7.2%)	8:32	7 (92.1%)
7	DUDA Grzegorz	7	BEST BEASTS	Elite Masters Mężczyzn	2	08:00	00:51:35.05	00:51:35.05	+00:04:03 (7.9%)	8:35	7 (92.1%)
8	BARANAUSKAS Darius	24	OCR BALTIC WARRIORS	Elite Mężczyzn	6	08:00	00:52:21.85	00:52:21.85	+00:04:50 (9.2%)	8:43	6.9 (90.8%)
9	DOBRZYŃSKI Tomasz	43	XRUNNERS	Elite Masters Mężczyzn	3	08:00	00:52:31.45	00:52:31.45	+00:05:00 (9.5%)	8:45	6.9 (90.8%)
10	PODGORSKI Marek	31	RUNMAGEDDON	Elite Mężczyzn	7	08:00	00:53:53.85	00:53:53.85	+00:06:22 (11.8%)	8:58	6.7 (88.2%)
11	KUŁAK Piotr	4	#KUŁAKTEAM	Elite Mężczyzn	8	08:00	00:54:03.65	00:54:03.65	+00:06:32 (12.1%)	9:00	6.7 (88.2%)
12	JÓZWICKI Karol	25	OCR PARK CHRABOŁY	Elite Mężczyzn	9	08:00	00:54:49.65	00:54:49.65	+00:07:18 (13.3%)	9:08	6.6 (86.8%)
13	ZASTAWNY Karol	241		Open Mężczyzn	1	09:00	00:55:11.50	00:55:11.50	+00:07:40 (13.9%)	9:11	6.5 (85.5%)
14	CZAPRAN Marek	42	XRUNNERS	Elite Mężczyzn	10	08:00	00:55:31.35	00:55:31.35	+00:07:59 (14.4%)	9:15	6.5 (85.5%)
15	PSUT Kamil	22	MELVIT TEAM	Elite Mężczyzn	11	08:00	00:55:32.75	00:55:32.75	+00:08:01 (14.4%)	9:15	6.5 (85.5%)

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16	MIZGALSKI Jacek	13	DZIADY OCR	Elite Masters Mężczyzn	4	08:00	00:55:51.40	00:55:51.40	+00:08:19 (14.9%)	9:18	6.4 (84.2%)
17	MISSALA Mateusz	27	POWER TRAINING	Elite Masters Mężczyzn	5	08:00	00:56:22.60	00:56:22.60	+00:08:51 (15.7%)	9:23	6.4 (84.2%)
18	PACHUCY Grzegorz	28	POWER TRAINING	Elite Mężczyzn	12	08:00	00:56:28.40	00:56:28.40	+00:08:56 (15.8%)	9:24	6.4 (84.2%)
19	GIZAK Michał	34	SOCIOS SILESIA	Elite Mężczyzn	13	08:00	00:56:35.10	00:56:35.10	+00:09:03 (16.0%)	9:25	6.4 (84.2%)
20	MACIUSZEK Julia	62	RUNMAGEDDON	Elite Kobiet	1	08:15	00:56:58.65	00:56:58.65	+00:09:27 (16.6%)	9:29	6.3 (82.9%)
21	GRZECH Mateusz	9	BESTIE OCR LEGIONOWO	Elite Mężczyzn	14	08:00	00:57:04.15	00:57:04.15	+00:09:32 (16.7%)	9:30	6.3 (82.9%)
22	HANUSIAK Leszek	20	KONIU SQUAD	Elite Mężczyzn	15	08:00	00:57:09.50	00:57:09.50	+00:09:38 (16.9%)	9:31	6.3 (82.9%)
23	KONDRACIUK Paweł	46		Elite Mężczyzn	16	08:00	00:57:14.55	00:57:14.55	+00:09:43 (17.0%)	9:32	6.3 (82.9%)
24	MISSALA Magdalena	61	POWER TRAINING	Elite Kobiet	2	08:15	00:57:25.75	00:57:25.75	+00:09:54 (17.2%)	9:34	6.3 (82.9%)
25	BIELICKI Wojciech	21	LACROIX TEAM	Elite Mężczyzn	17	08:00	00:57:46.55	00:57:46.55	+00:10:15 (17.7%)	9:37	6.2 (81.6%)
26	PIATKOWSKI Daniel	181		Open Mężczyzn	2	08:45	00:58:08.00	00:58:08.00	+00:10:36 (18.2%)	9:41	6.2 (81.6%)
27	JANCZULEWICZ Tomasz	271		Open Masters Mężczyzn	1	09:15	00:58:17.75	00:58:17.75	+00:10:46 (18.5%)	9:42	6.2 (81.6%)
28	KOWALCZYK Piotr	32	SKURCZYBYKI	Elite Mężczyzn	18	08:00	00:59:25.70	00:59:25.70	+00:11:54 (20.0%)	9:54	6.1 (80.3%)
29	GLEBA Szymon	178	#KUŁAKTEAM	Open Mężczyzn	3	08:45	01:01:03.35	01:01:03.35	+00:13:31 (22.2%)	10:10	5.9 (77.6%)
30	NASIADKA Mateusz	33	ŚNIEŻNE KOCZKODANY	Elite Mężczyzn	19	08:00	01:01:18.25	01:01:18.25	+00:13:46 (22.5%)	10:13	5.9 (77.6%)
31	ŁĘGOCKI Tomek	611		Open Mężczyzn	4	10:30	01:01:35.85	01:01:35.85	+00:14:04 (22.8%)	10:15	5.8 (76.3%)
32	ZIARKOWSKI Mirosław	15	FIT & MORE RYBNIK	Elite Masters Mężczyzn	6	08:00	01:01:40.75	01:01:40.75	+00:14:09 (22.9%)	10:16	5.8 (76.3%)
33	PRZYBYŁOWSKI Piotr	237		Open Masters Mężczyzn	2	09:00	01:02:05.45	01:02:05.45	+00:14:34 (23.5%)	10:20	5.8 (76.3%)
34	MATYSIEWICZ Hubert	143		Open Masters Mężczyzn	3	08:30	01:02:19.00	01:02:19.00	+00:14:47 (23.7%)	10:23	5.8 (76.3%)
35	MORA Karol	48		Elite Mężczyzn	20	08:00	01:02:29.05	01:02:29.05	+00:14:57 (23.9%)	10:24	5.8 (76.3%)
36	KULIGOWSKA Małgorzata	52	FIT & MORE RYBNIK	Elite Masters Kobiet	1	08:15	01:03:09.50	01:03:09.50	+00:15:38 (24.8%)	10:31	5.7 (75.0%)
37	LIBERADZKA Elżbieta	60	POWER TRAINING	Elite Kobiet	3	08:15	01:03:12.20	01:03:12.20	+00:15:40 (24.8%)	10:32	5.7 (75.0%)
38	EKSTOWICZ Damian	131		Open Mężczyzn	5	08:30	01:03:17.95	01:03:17.95	+00:15:46 (24.9%)	10:32	5.7 (75.0%)

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39	KRYWIETSKI Mikołaj	477		Open Mężczyzn	6	10:00	01:03:29.10	01:03:29.10	+00:15:57 (25.1%)	10:34	5.7 (75.0%)
40	JAMIOŁKOWSKI Marcin	213	SMP TEAM	Open Mężczyzn	7	09:00	01:03:45.75	01:03:45.75	+00:16:14 (25.5%)	10:37	5.6 (73.7%)
41	LASZCZKOWSKI Tomasz	214	SMP TEAM	Open Mężczyzn	8	09:00	01:03:49.55	01:03:49.55	+00:16:18 (25.5%)	10:38	5.6 (73.7%)
42	SZANIAWSKI Marcin	18	HUSARIA RACE TEAM	Elite Mężczyzn	21	08:00	01:04:31.15	01:04:31.15	+00:16:59 (26.3%)	10:45	5.6 (73.7%)
43	ROGOWSKI Damian	150		Open Mężczyzn	9	08:30	01:04:50.05	01:04:50.05	+00:17:18 (26.7%)	10:48	5.6 (73.7%)
44	LIPIŃSKI Michał	121	WATAHA	Open Mężczyzn	10	08:30	01:04:53.95	01:04:53.95	+00:17:22 (26.8%)	10:48	5.5 (72.4%)
45	BOBOWIK Krzysztof	83		Open Mężczyzn	11	08:30	01:05:02.10	01:05:02.10	+00:17:30 (26.9%)	10:50	5.5 (72.4%)
46	JASKÓLSKI Szymon	10	CARBON SILESIA SPORT	Elite Mężczyzn	22	08:00	01:07:27.05	01:07:27.05	+00:19:55 (29.5%)	11:14	5.3 (69.7%)
47	SZÓSTAK Jarosław	154		Open Mężczyzn	12	08:30	01:07:33.30	01:07:33.30	+00:20:01 (29.7%)	11:15	5.3 (69.7%)
48	MRÓZ Marcin	98		Open Mężczyzn	13	10:45	01:08:05.40	01:08:05.40	+00:20:33 (30.2%)	11:20	5.3 (69.7%)
49	MIKIELSKI Paweł	145		Open Mężczyzn	14	08:30	01:08:07.20	01:08:07.20	+00:20:35 (30.2%)	11:21	5.3 (69.7%)
50	NIEWIEM Piotr	543		Open Mężczyzn	15	10:15	01:08:13.15	01:08:13.15	+00:20:41 (30.3%)	11:22	5.3 (69.7%)
51	SOKÓŁ Magdalena	50	DZIADY OCR	Elite Masters Kobiet	2	08:15	01:08:45.80	01:08:45.80	+00:21:14 (30.9%)	11:27	5.2 (68.4%)
52	MILEWSKI Rafał	101	15 MAZURSKI BATALION SAPERÓW	Open Mężczyzn	16	08:30	01:09:30.75	01:09:30.75	+00:21:59 (31.6%)	11:35	5.2 (68.4%)
53	ŁANOCHA Michał	37	UNIT37	Elite Mężczyzn	23	08:00	01:09:52.65	01:09:52.65	+00:22:21 (32.0%)	11:38	5.2 (68.4%)
54	JUONYS Modestas	592	OCR BALTIC WARRIORS	Open Mężczyzn	17	10:30	01:10:12.05	01:10:12.05	+00:22:40 (32.3%)	11:42	5.1 (67.1%)
55	MIERZICKI Marcel	26	POWER TRAINING	Elite Mężczyzn	24	08:00	01:10:21.70	01:10:21.70	+00:22:50 (32.5%)	11:43	5.1 (67.1%)
56	ROGOZIŃSKI Michał	39	UNIT37	Elite Mężczyzn	25	08:00	01:10:31.60	01:10:31.60	+00:23:00 (32.6%)	11:45	5.1 (67.1%)
57	STRZAŁKOWSKI Patryk	486		Open Mężczyzn	18	10:00	01:10:51.30	01:10:51.30	+00:23:19 (32.9%)	11:48	5.1 (67.1%)
58	SIERANIEWICZ Mirosław	706		Open Mężczyzn	19	11:00	01:10:57.45	01:10:57.45	+00:23:26 (33.0%)	11:49	5.1 (67.1%)
59	JEZIONEK Daniel	275		Open Mężczyzn	20	09:15	01:11:14.35	01:11:14.35	+00:23:42 (33.3%)	11:52	5.1 (67.1%)
60	ROPEK Bogusław	286		Open Mężczyzn	21	09:15	01:11:14.65	01:11:14.65	+00:23:43 (33.3%)	11:52	5.1 (67.1%)
61	LUTKOWSKI Rafał	458	BEZ LITOŚCI	Open Mężczyzn	22	10:00	01:11:24.85	01:11:24.85	+00:23:53 (33.5%)	11:54	5 (65.8%)

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62	JĘDRASZCZYK Tomasz	274		Open Masters Mężczyzn	4	09:15	01:11:53.10	01:11:53.10	+00:24:21 (33.9%)	11:58	5 (65.8%)
63	KOWALSKI Mateusz	474		Open Mężczyzn	23	10:00	01:11:58.85	01:11:58.85	+00:24:27 (34.0%)	11:59	5 (65.8%)
64	JURECZKO Szymon	649		Open Masters Mężczyzn	5	10:45	01:12:06.00	01:12:06.00	+00:24:34 (34.1%)	12:01	5 (65.8%)
65	ZAWISTOWSKI Konrad	558		Open Mężczyzn	24	10:15	01:12:13.85	01:12:13.85	+00:24:42 (34.2%)	12:02	5 (65.8%)
66	KOZKIEWICZ Katarzyna	334		Open Kobiet	1	09:30	01:12:24.00	01:12:24.00	+00:24:52 (34.4%)	12:04	5 (65.8%)
67	PISKORZ Jacek	346		Open Mężczyzn	25	09:30	01:12:24.15	01:12:24.15	+00:24:52 (34.4%)	12:04	5 (65.8%)
68	HAJDUCZYK Kamil	683		Open Mężczyzn	26	11:00	01:12:58.10	01:12:58.10	+00:25:26 (34.9%)	12:09	4.9 (64.5%)
69	URBAN Jarosław	211	RUNMAGEDDONOWE ŚWIRY	Open Masters Mężczyzn	6	09:00	01:13:06.10	01:13:06.10	+00:25:34 (35.0%)	12:11	4.9 (64.5%)
70	ZDANUCZYK Mateusz	242		Open Mężczyzn	27	08:45	01:13:22.65	01:13:22.65	+00:25:51 (35.2%)	12:13	4.9 (64.5%)
71	PAZIK Sebastian	547		Open Mężczyzn	28	10:15	01:13:26.50	01:13:26.50	+00:25:55 (35.3%)	12:14	4.9 (64.5%)
72	KLIMAS Paweł	3	#KUŁAKTEAM	Open Mężczyzn	29	08:00	01:13:35.95	01:13:35.95	+00:26:04 (35.4%)	12:15	4.9 (64.5%)
73	ORLIŃSKI Artur	38	UNIT37	Elite Mężczyzn	26	08:00	01:13:48.05	01:13:48.05	+00:26:16 (35.6%)	12:18	4.9 (64.5%)
74	PRZYBYSZ Konrad	548		Open Mężczyzn	30	10:15	01:13:50.35	01:13:50.35	+00:26:18 (35.6%)	12:18	4.9 (64.5%)
75	OSZCZEPALSKI Krzysztof	615		Open Mężczyzn	31	10:30	01:14:11.40	01:14:11.40	+00:26:39 (35.9%)	12:21	4.9 (64.5%)
76	CHWIEDOR Kacper	724		Open Mężczyzn	32	09:45	01:14:19.10	01:14:19.10	+00:26:47 (36.1%)	12:23	4.8 (63.2%)
77	KAJEWSKI Milosz	686		Open Mężczyzn	33	11:00	01:14:47.35	01:14:47.35	+00:27:15 (36.5%)	12:27	4.8 (63.2%)
78	SADOWSKI Rafał	348		Open Mężczyzn	34	09:30	01:15:33.05	01:15:33.05	+00:28:01 (37.1%)	12:35	4.8 (63.2%)
79	WÓJCIK Rafał	41	WILK TRENUJE FAMILY (WTF)	Elite Mężczyzn	27	08:00	01:15:34.25	01:15:34.25	+00:28:02 (37.1%)	12:35	4.8 (63.2%)
80	MACIEJEWSKA Agnieszka	65		Elite Masters Kobiet	3	08:15	01:15:45.55	01:15:45.55	+00:28:14 (37.3%)	12:37	4.8 (63.2%)
81	STANKEVICH Aliaksandra	238		Open Kobiet	2	09:00	01:15:45.95	01:15:45.95	+00:28:14 (37.3%)	12:37	4.8 (63.2%)
82	KUZARA Rafał	36	UNIT37	Elite Mężczyzn	28	08:00	01:15:46.25	01:15:46.25	+00:28:14 (37.3%)	12:37	4.8 (63.2%)
83	FALARSKI Lucjan	17	HUSARIA RACE TEAM	Elite Mężczyzn	29	08:00	01:15:53.95	01:15:53.95	+00:28:22 (37.4%)	12:38	4.7 (61.8%)
84	SŁABASZEWSKI Kamil	16	HARPAGAN BEAST	Elite Mężczyzn	30	08:00	01:15:59.35	01:15:59.35	+00:28:27 (37.5%)	12:39	4.7 (61.8%)

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85	MISSALA Joanna	314	POWER TRAINING	Open Masters Kobiet	1	09:30	01:16:02.60	01:16:02.60	+00:28:31 (37.5%)	12:40	4.7 (61.8%)
86	MEJZNER Piotr	97		Open Mężczyzn	35	10:45	01:16:06.75	01:16:06.75	+00:28:35 (37.6%)	12:41	4.7 (61.8%)
87	JEWDOKIMOW Łukasz	44		Elite Mężczyzn	31	08:00	01:16:09.85	01:16:09.85	+00:28:38 (37.6%)	12:41	4.7 (61.8%)
88	MOJAK Joanna	51	EX TEAM	Elite Kobiet	4	08:15	01:16:11.20	01:16:11.20	+00:28:39 (37.6%)	12:41	4.7 (61.8%)
89	PALIŃSKA Żaneta	444	AKADEMIA SPORTU MEDYK	Open Kobiet	3	10:00	01:16:13.30	01:16:13.30	+00:28:41 (37.7%)	12:42	4.7 (61.8%)
90	KOSZYKOWSKI Paweł	429	AKADEMIA SPORTU MEDYK	Open Mężczyzn	36	10:00	01:16:14.10	01:16:14.10	+00:28:42 (37.7%)	12:42	4.7 (61.8%)
91	ANDERSON-HANNEY James	23	NYGUSY	Elite Masters Mężczyzn	7	08:00	01:16:29.65	01:16:29.65	+00:28:58 (37.9%)	12:44	4.7 (61.8%)
92	DADELEWSKA Joanna	59	PIĘKNI I BESTIE	Elite Masters Kobiet	4	08:15	01:17:11.55	01:17:11.55	+00:29:40 (38.4%)	12:51	4.7 (61.8%)
93	ROSIŃSKI Damian	77		Open Mężczyzn	37	11:00	01:17:15.70	01:17:15.70	+00:29:44 (38.5%)	12:52	4.7 (61.8%)
94	RYMARCZYK Paulina	151		Open Kobiet	4	08:30	01:17:32.35	01:17:32.35	+00:30:00 (38.7%)	12:55	4.6 (60.5%)
95	RÓŻEŃSKI Szymon	585	FITMANIA OLSZTYN	Open Mężczyzn	38	10:30	01:17:42.60	01:17:42.60	+00:30:11 (38.8%)	12:57	4.6 (60.5%)
96	MUZYK Marta	572	BRBK - BIEGLI W PODATKACH	Open Kobiet	5	10:30	01:17:42.65	01:17:42.65	+00:30:11 (38.8%)	12:57	4.6 (60.5%)
97	MORSZTYN Aleksander	180		Open Mężczyzn	39	08:45	01:17:46.95	01:17:46.95	+00:30:15 (38.9%)	12:57	4.6 (60.5%)
98	KRUPIŃSKI Janusz	335		Open Mężczyzn	40	09:30	01:17:48.25	01:17:48.25	+00:30:16 (38.9%)	12:58	4.6 (60.5%)
99	OSTROWSKI Marcin	233		Open Mężczyzn	41	09:00	01:17:51.70	01:17:51.70	+00:30:20 (39.0%)	12:58	4.6 (60.5%)
100	ZIĘTEK Kamil	243		Open Mężczyzn	42	09:00	01:18:00.15	01:18:00.15	+00:30:28 (39.1%)	13:00	4.6 (60.5%)
101	OSEWSKI Kamil	345		Open Mężczyzn	43	09:30	01:18:03.35	01:18:03.35	+00:30:31 (39.1%)	13:00	4.6 (60.5%)
102	JABŁOŃSKA Dorota	56	OUTDOOR TRAINING	Elite Kobiet	5	08:15	01:18:18.75	01:18:18.75	+00:30:47 (39.3%)	13:03	4.6 (60.5%)
103	BŁAŻEWICZ Patryk	125		Open Mężczyzn	44	08:30	01:18:19.65	01:18:19.65	+00:30:48 (39.3%)	13:03	4.6 (60.5%)
104	SZYPUŁA Dariusz	40	UNIT37	Elite Masters Mężczyzn	8	08:00	01:18:23.85	01:18:23.85	+00:30:52 (39.4%)	13:03	4.6 (60.5%)
105	WYSOCKI Adrian	158		Open Mężczyzn	45	08:30	01:18:24.75	01:18:24.75	+00:30:53 (39.4%)	13:04	4.6 (60.5%)
106	GIETKO Piotr	682		Open Masters Mężczyzn	7	11:00	01:18:29.25	01:18:29.25	+00:30:57 (39.5%)	13:04	4.6 (60.5%)
107	HANDZLIK Tomasz	12	DENISTEAM	Elite Masters Mężczyzn	9	08:00	01:18:35.15	01:18:35.15	+00:31:03 (39.5%)	13:05	4.6 (60.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
108	LIBERADZKI Marcin	88		Elite Masters Mężczyzn	10	08:00	01:19:06.15	01:19:06.15	+00:31:34 (39.9%)	13:11	4.6 (60.5%)
109	PODGÓRSKA Katarzyna	618		Open Kobiet	6	10:30	01:19:06.70	01:19:06.70	+00:31:35 (39.9%)	13:11	4.6 (60.5%)
110	WÓJCICKI Tomasz	455	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	8	10:00	01:19:27.80	01:19:27.80	+00:31:56 (40.2%)	13:14	4.5 (59.2%)
111	SMOLEŃSKI Sławomir	93		Open Masters Mężczyzn	9	08:45	01:19:29.30	01:19:29.30	+00:31:57 (40.2%)	13:14	4.5 (59.2%)
112	SMOLEŃSKI Bartek	94		Open Mężczyzn	46	08:45	01:19:38.35	01:19:38.35	+00:32:06 (40.3%)	13:16	4.5 (59.2%)
113	SKOMIN Mariola	92		Open Masters Kobiet	2	08:45	01:19:42.85	01:19:42.85	+00:32:11 (40.4%)	13:17	4.5 (59.2%)
114	SKOMIN Andrzej	91		Open Masters Mężczyzn	10	08:45	01:19:47.65	01:19:47.65	+00:32:16 (40.4%)	13:17	4.5 (59.2%)
115	PIETRUCZUK Krzysztof	285		Open Mężczyzn	47	08:30	01:19:50.05	01:19:50.05	+00:32:18 (40.5%)	13:18	4.5 (59.2%)
116	KOSAK Tomasz	196	EŁK FORCE ONE	Open Mężczyzn	48	09:00	01:19:51.45	01:19:51.45	+00:32:20 (40.5%)	13:18	4.5 (59.2%)
117	MAKOWSKI Wojciech	197	EŁK FORCE ONE	Open Masters Mężczyzn	11	09:00	01:19:55.80	01:19:55.80	+00:32:24 (40.5%)	13:19	4.5 (59.2%)
118	ZALEWSKI Jacek	416		Open Masters Mężczyzn	12	09:45	01:19:57.70	01:19:57.70	+00:32:26 (40.6%)	13:19	4.5 (59.2%)
119	HOŁOWNIA Aneta	195	EŁK FORCE ONE	Open Kobiet	7	09:00	01:20:07.95	01:20:07.95	+00:32:36 (40.7%)	13:21	4.5 (59.2%)
120	POLUS Piotr Peter	29	POWER TRAINING	Elite Mężczyzn	32	08:00	01:20:19.95	01:20:19.95	+00:32:48 (40.8%)	13:23	4.5 (59.2%)
121	JAROSINSKI Jakub	394		Open Mężczyzn	49	08:45	01:20:41.30	01:20:41.30	+00:33:09 (41.1%)	13:26	4.5 (59.2%)
122	SUSZCZEWICZ Tadeusz	239		Open Mężczyzn	50	09:00	01:20:45.25	01:20:45.25	+00:33:13 (41.1%)	13:27	4.5 (59.2%)
123	PANCZENKO Patryk	235		Open Mężczyzn	51	09:00	01:20:45.95	01:20:45.95	+00:33:14 (41.2%)	13:27	4.5 (59.2%)
124	ROZKOSZ Marcin	550		Open Mężczyzn	52	10:15	01:20:59.80	01:20:59.80	+00:33:28 (41.3%)	13:29	4.4 (57.9%)
125	GĄDEK Krystian	296	FIT&GYM	Open Mężczyzn	53	09:30	01:21:00.15	01:21:00.15	+00:33:28 (41.3%)	13:30	4.4 (57.9%)
126	ŻUK Wiktoria	559		Open Kobiet	8	10:15	01:21:06.00	01:21:06.00	+00:33:34 (41.4%)	13:31	4.4 (57.9%)
127	MACHNIEWICZ Artur	540		Open Mężczyzn	54	10:15	01:21:22.95	01:21:22.95	+00:33:51 (41.6%)	13:33	4.4 (57.9%)
128	KLUZIAK Jarosław	537		Open Mężczyzn	55	10:15	01:21:39.40	01:21:39.40	+00:34:07 (41.8%)	13:36	4.4 (57.9%)
129	KARWOWSKI Paweł	226		Open Mężczyzn	56	09:00	01:21:53.60	01:21:53.60	+00:34:22 (42.0%)	13:38	4.4 (57.9%)
130	BRULIŃSKI Przemysław	375	LET'S GO TEAM	Open Mężczyzn	57	09:45	01:21:59.30	01:21:59.30	+00:34:27 (42.0%)	13:39	4.4 (57.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
131	ORZECH Paweł	376	LET'S GO TEAM	Open Mężczyzn	58	09:45	01:21:59.45	01:21:59.45	+00:34:28 (42.0%)	13:39	4.4 (57.9%)
132	PIETRZYK Mateusz	377	LET'S GO TEAM	Open Mężczyzn	59	09:45	01:21:59.65	01:21:59.65	+00:34:28 (42.0%)	13:39	4.4 (57.9%)
133	RÓZGA Radosław	287		Open Mężczyzn	60	09:15	01:22:12.50	01:22:12.50	+00:34:41 (42.2%)	13:42	4.4 (57.9%)
134	OBTUŁOWICZ Piotr	284		Open Mężczyzn	61	09:15	01:22:12.80	01:22:12.80	+00:34:41 (42.2%)	13:42	4.4 (57.9%)
135	GUSZCZA Łukasz	222		Open Masters Mężczyzn	13	09:00	01:22:17.70	01:22:17.70	+00:34:46 (42.3%)	13:42	4.4 (57.9%)
136	PUKSZTA Kamil	658		Open Mężczyzn	62	10:45	01:22:32.45	01:22:32.45	+00:35:01 (42.4%)	13:45	4.4 (57.9%)
137	RAFAŁKO Mateusz	659		Open Mężczyzn	63	10:45	01:22:32.55	01:22:32.55	+00:35:01 (42.4%)	13:45	4.4 (57.9%)
138	WYPYCH Zbigniew	470	WARRIORS ŁÓDŹ	Open Mężczyzn	64	10:00	01:22:37.05	01:22:37.05	+00:35:05 (42.5%)	13:46	4.4 (57.9%)
139	JAKUBI Norbert	72		Open Mężczyzn	65	11:00	01:23:12.95	01:23:12.95	+00:35:41 (42.9%)	13:52	4.3 (56.6%)
140	AFTYKA Paweł	677		Open Mężczyzn	66	11:00	01:23:13.20	01:23:13.20	+00:35:41 (42.9%)	13:52	4.3 (56.6%)
141	PUCZYŃSKI Mariusz	700		Open Mężczyzn	67	11:00	01:23:13.25	01:23:13.25	+00:35:41 (42.9%)	13:52	4.3 (56.6%)
142	PIĄTKIEWICZ Przemek	617		Open Mężczyzn	68	10:30	01:23:14.80	01:23:14.80	+00:35:43 (42.9%)	13:52	4.3 (56.6%)
143	PRUSINOWSKI Łukasz	460	BEZ LITOŚCI	Open Mężczyzn	69	10:00	01:23:25.95	01:23:25.95	+00:35:54 (43.0%)	13:54	4.3 (56.6%)
144	PIOTRAK Artur	459	BEZ LITOŚCI	Open Masters Mężczyzn	14	10:00	01:23:26.70	01:23:26.70	+00:35:55 (43.0%)	13:54	4.3 (56.6%)
145	SOKÓLSKA Katarzyna	57	OUTDOOR TRAINING	Elite Kobiet	6	08:15	01:23:42.85	01:23:42.85	+00:36:11 (43.2%)	13:57	4.3 (56.6%)
146	POLKOWSKI Dawid	657		Open Mężczyzn	70	10:45	01:23:44.90	01:23:44.90	+00:36:13 (43.3%)	13:57	4.3 (56.6%)
147	ZIELINKO Łukasz	629		Open Mężczyzn	71	10:30	01:23:50.15	01:23:50.15	+00:36:18 (43.3%)	13:58	4.3 (56.6%)
148	FABISZEWSKI Krzysztof	358	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	15	09:45	01:24:09.25	01:24:09.25	+00:36:37 (43.5%)	14:01	4.3 (56.6%)
149	TRYBUŁA Tomasz	359	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	16	09:45	01:24:13.45	01:24:13.45	+00:36:42 (43.6%)	14:02	4.3 (56.6%)
150	RUSZKOWSKI Przemysław	620		Open Mężczyzn	72	10:30	01:24:17.30	01:24:17.30	+00:36:45 (43.6%)	14:02	4.3 (56.6%)
151	TUREK Aneta	155		Open Kobiet	9	08:30	01:24:51.15	01:24:51.15	+00:37:19 (44.0%)	14:08	4.2 (55.3%)
152	DUERSCHLAG Iwona	198	FIT & MORE RYBNIK	Open Masters Kobiet	3	09:15	01:24:52.30	01:24:52.30	+00:37:20 (44.0%)	14:08	4.2 (55.3%)
153	MYSZKA Paweł	283		Open Mężczyzn	73	09:15	01:24:56.70	01:24:56.70	+00:37:25 (44.1%)	14:09	4.2 (55.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
153	MYSZKA Marcin	282		Open Masters Mężczyzn	17	09:15	01:24:56.70	01:24:56.70	+00:37:25 (44.1%)	14:09	4.2 (55.3%)
155	CHMIELAK Radosław	127		Open Masters Mężczyzn	18	08:30	01:25:04.25	01:25:04.25	+00:37:32 (44.1%)	14:10	4.2 (55.3%)
156	PROKOPOWICZ Damian	149		Open Mężczyzn	74	08:30	01:25:05.60	01:25:05.60	+00:37:34 (44.2%)	14:10	4.2 (55.3%)
157	PRZYBYSZEWSKI Paweł	250	KOBUŁTY TEAM	Open Mężczyzn	75	09:15	01:25:11.05	01:25:11.05	+00:37:39 (44.2%)	14:11	4.2 (55.3%)
158	STASZAK Krzysztof	251	KOBUŁTY TEAM	Open Mężczyzn	76	09:15	01:25:11.25	01:25:11.25	+00:37:39 (44.2%)	14:11	4.2 (55.3%)
159	GRAJEWSKI Adam	104	DŻENTELMENEL TEAM	Open Mężczyzn	77	08:30	01:25:14.85	01:25:14.85	+00:37:43 (44.3%)	14:12	4.2 (55.3%)
160	MATUSIEWICZ Mateusz	106	DŻENTELMENEL TEAM	Open Mężczyzn	78	08:30	01:25:17.40	01:25:17.40	+00:37:45 (44.3%)	14:12	4.2 (55.3%)
161	KUBASZEWSKI Paweł	105	DŻENTELMENEL TEAM	Open Mężczyzn	79	08:30	01:25:18.65	01:25:18.65	+00:37:47 (44.3%)	14:13	4.2 (55.3%)
162	BUDEK Weronika	603		Open Kobiet	10	10:30	01:25:38.30	01:25:38.30	+00:38:06 (44.5%)	14:16	4.2 (55.3%)
163	FILAS Rafał	605		Open Mężczyzn	80	10:30	01:25:39.30	01:25:39.30	+00:38:07 (44.5%)	14:16	4.2 (55.3%)
164	ROSIAK Piotr	76		Open Mężczyzn	81	11:00	01:25:42.70	01:25:42.70	+00:38:11 (44.6%)	14:17	4.2 (55.3%)
165	WOJTOWICZ Łukasz	355		Open Mężczyzn	82	09:30	01:25:43.25	01:25:43.25	+00:38:11 (44.6%)	14:17	4.2 (55.3%)
166	ROSIAK Paweł	702		Open Mężczyzn	83	11:00	01:25:43.60	01:25:43.60	+00:38:12 (44.6%)	14:17	4.2 (55.3%)
167	PIŁAT Renata	54	OBSTACLE CENTER TEAM	Elite Masters Kobiet	5	08:15	01:25:44.05	01:25:44.05	+00:38:12 (44.6%)	14:17	4.2 (55.3%)
168	ŁOJKO Rafał	339		Open Mężczyzn	84	09:30	01:25:46.10	01:25:46.10	+00:38:14 (44.6%)	14:17	4.2 (55.3%)
169	SOWIŃSKI Piotr	623		Open Mężczyzn	85	10:30	01:25:47.15	01:25:47.15	+00:38:15 (44.6%)	14:17	4.2 (55.3%)
170	SOWIŃSKI Paweł	622		Open Mężczyzn	86	10:30	01:25:47.75	01:25:47.75	+00:38:16 (44.6%)	14:17	4.2 (55.3%)
171	BUDZYŃSKI Kamil	529		Open Mężczyzn	87	10:15	01:25:54.05	01:25:54.05	+00:38:22 (44.7%)	14:19	4.2 (55.3%)
172	STANKIEWICZ Michał	552		Open Mężczyzn	88	10:15	01:26:02.30	01:26:02.30	+00:38:30 (44.8%)	14:20	4.2 (55.3%)
173	DUDEK Monika	111	SMI EŁK	Open Masters Kobiet	4	08:30	01:26:04.20	01:26:04.20	+00:38:32 (44.8%)	14:20	4.2 (55.3%)
174	SZYMANSKI Artur	114	SMI EŁK	Open Masters Mężczyzn	19	08:30	01:26:11.20	01:26:11.20	+00:38:39 (44.9%)	14:21	4.2 (55.3%)
174	OSTRZYCKI Krzysztof	113	SMI EŁK	Open Masters Mężczyzn	19	08:30	01:26:11.20	01:26:11.20	+00:38:39 (44.9%)	14:21	4.2 (55.3%)
176	BUGIEDA Katarzyna	110	SMI EŁK	Open Kobiet	11	08:30	01:26:11.70	01:26:11.70	+00:38:40 (44.9%)	14:21	4.2 (55.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
177	OBRYCKA Beata	442	AKADEMIA SPORTU MEDYK	Open Kobiet	12	10:00	01:26:20.90	01:26:20.90	+00:38:49 (45.0%)	14:23	4.2 (55.3%)
178	LEWANDOWSKA Magdalena	436	AKADEMIA SPORTU MEDYK	Open Kobiet	13	10:00	01:26:20.95	01:26:20.95	+00:38:49 (45.0%)	14:23	4.2 (55.3%)
179	FETLIŃSKI Grzegorz	588	HUSARIA RACE TEAM	Open Masters Mężczyzn	21	10:30	01:26:25.05	01:26:25.05	+00:38:53 (45.0%)	14:24	4.2 (55.3%)
180	DETLAFF Magdalena	267		Open Kobiet	14	09:15	01:26:26.85	01:26:26.85	+00:38:55 (45.0%)	14:24	4.2 (55.3%)
181	CAŁKA Krzysztof	504	NAPĘDZANI PROCENTEM	Open Mężczyzn	89	10:15	01:26:31.65	01:26:31.65	+00:39:00 (45.1%)	14:25	4.2 (55.3%)
182	STANIEWICZ Natalia	506	NAPĘDZANI PROCENTEM	Open Kobiet	15	10:15	01:26:39.55	01:26:39.55	+00:39:08 (45.2%)	14:26	4.2 (55.3%)
183	ANDRYCHOWSKI Kamil	419	AKADEMIA SPORTU MEDYK	Open Mężczyzn	90	10:00	01:26:41.30	01:26:41.30	+00:39:09 (45.2%)	14:26	4.2 (55.3%)
184	IWANOWSKI Tomasz	331		Open Mężczyzn	91	09:30	01:26:43.10	01:26:43.10	+00:39:11 (45.2%)	14:27	4.2 (55.3%)
185	PISZCZYK Leszek	505	NAPĘDZANI PROCENTEM	Open Mężczyzn	92	10:15	01:26:46.95	01:26:46.95	+00:39:15 (45.2%)	14:27	4.1 (53.9%)
186	PYSZNY Patryk	263	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	93	09:15	01:26:48.85	01:26:48.85	+00:39:17 (45.3%)	14:28	4.1 (53.9%)
187	LEONARSKI Sebastian	262	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	94	09:15	01:26:49.35	01:26:49.35	+00:39:17 (45.3%)	14:28	4.1 (53.9%)
188	DETLAFF Sławomir	268		Open Masters Mężczyzn	22	09:15	01:26:49.80	01:26:49.80	+00:39:18 (45.3%)	14:28	4.1 (53.9%)
188	ZIEMANN Daniel	293		Open Mężczyzn	95	09:15	01:26:49.80	01:26:49.80	+00:39:18 (45.3%)	14:28	4.1 (53.9%)
190	MAJOWICZ Mariusz	438	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	23	10:00	01:26:51.90	01:26:51.90	+00:39:20 (45.3%)	14:28	4.1 (53.9%)
191	JUONYTĖ Aušrinė Marija	311	OCR BALTIC WARRIORS	Open Kobiet	16	09:30	01:26:58.80	01:26:58.80	+00:39:27 (45.4%)	14:29	4.1 (53.9%)
192	JEMIELITY Arkadiusz	472		Open Masters Mężczyzn	24	10:00	01:27:08.00	01:27:08.00	+00:39:36 (45.5%)	14:31	4.1 (53.9%)
193	KRALEWSKA Małgorzata	475		Open Masters Kobiet	5	10:00	01:27:19.30	01:27:19.30	+00:39:47 (45.6%)	14:33	4.1 (53.9%)
194	BAGIŃSKI Michał	420	AKADEMIA SPORTU MEDYK	Open Mężczyzn	96	10:00	01:27:21.75	01:27:21.75	+00:39:50 (45.6%)	14:33	4.1 (53.9%)
195	NERS Wiktor	147		Open Mężczyzn	97	08:30	01:27:28.25	01:27:28.25	+00:39:56 (45.7%)	14:34	4.1 (53.9%)
196	REMISZEWSKI Paweł	446	AKADEMIA SPORTU MEDYK	Open Mężczyzn	98	10:00	01:27:41.95	01:27:41.95	+00:40:10 (45.8%)	14:36	4.1 (53.9%)
197	KOWALCZYK Karol	431	AKADEMIA SPORTU MEDYK	Open Mężczyzn	99	10:00	01:27:42.30	01:27:42.30	+00:40:10 (45.8%)	14:37	4.1 (53.9%)
198	LENARD Aleksandra	435	AKADEMIA SPORTU MEDYK	Open Kobiet	17	10:00	01:27:43.85	01:27:43.85	+00:40:12 (45.8%)	14:37	4.1 (53.9%)
199	GŁOWICKI Łukasz	425	AKADEMIA SPORTU MEDYK	Open Mężczyzn	100	10:00	01:27:44.00	01:27:44.00	+00:40:12 (45.8%)	14:37	4.1 (53.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
200	LEJA Bartłomiej	722	SZMACIURY	Open Mężczyzn	101	11:00	01:27:54.55	01:27:54.55	+00:40:23 (45.9%)	14:39	4.1 (53.9%)
201	GRZESIAK Bartosz	672	SZMACIURY	Open Mężczyzn	102	11:00	01:27:54.65	01:27:54.65	+00:40:23 (45.9%)	14:39	4.1 (53.9%)
202	CZOPEK Miłosz	130		Open Masters Mężczyzn	25	08:30	01:28:01.85	01:28:01.85	+00:40:30 (46.0%)	14:40	4.1 (53.9%)
203	CHRUŚCICKA Malwina	128		Open Kobiet	18	08:30	01:28:01.95	01:28:01.95	+00:40:30 (46.0%)	14:40	4.1 (53.9%)
204	KOŁODZIEJ Mirosław	609		Open Mężczyzn	103	10:30	01:28:03.65	01:28:03.65	+00:40:32 (46.0%)	14:40	4.1 (53.9%)
205	POULAKOWSKI Tomasz	347		Open Mężczyzn	104	09:30	01:28:08.90	01:28:08.90	+00:40:37 (46.1%)	14:41	4.1 (53.9%)
206	REMISZEWSKA Agnieszka	445	AKADEMIA SPORTU MEDYK	Open Kobiet	19	10:00	01:28:14.15	01:28:14.15	+00:40:42 (46.1%)	14:42	4.1 (53.9%)
207	URBAŃSKI Zbigniew	452	AKADEMIA SPORTU MEDYK	Open Mężczyzn	105	10:00	01:28:14.45	01:28:14.45	+00:40:43 (46.1%)	14:42	4.1 (53.9%)
208	KUCZEWSKA Natalia	99		Open Kobiet	20	11:00	01:28:15.40	01:28:15.40	+00:40:43 (46.2%)	14:42	4.1 (53.9%)
209	WIERZBICKI Grzegorz	354		Open Mężczyzn	106	09:30	01:28:47.20	01:28:47.20	+00:41:15 (46.5%)	14:47	4.1 (53.9%)
209	OLSZEWSKI Lesław	344		Open Masters Mężczyzn	26	09:30	01:28:47.20	01:28:47.20	+00:41:15 (46.5%)	14:47	4.1 (53.9%)
211	OLSZEWSKI Cezary	343		Open Mężczyzn	107	09:30	01:28:47.25	01:28:47.25	+00:41:15 (46.5%)	14:47	4.1 (53.9%)
212	KACZYŃSKI Marek	534		Open Mężczyzn	108	10:15	01:28:49.55	01:28:49.55	+00:41:18 (46.5%)	14:48	4.1 (53.9%)
213	DAWIDZIUK Bartosz	471		Open Mężczyzn	109	10:00	01:28:53.15	01:28:53.15	+00:41:21 (46.5%)	14:48	4.1 (53.9%)
214	KONECKA Klaudia	137		Open Kobiet	21	08:30	01:29:09.30	01:29:09.30	+00:41:37 (46.7%)	14:51	4 (52.6%)
215	CUDEK Albert	129		Open Mężczyzn	110	08:30	01:29:09.55	01:29:09.55	+00:41:38 (46.7%)	14:51	4 (52.6%)
216	KĘPKA Hubert	536		Open Mężczyzn	111	10:15	01:29:18.05	01:29:18.05	+00:41:46 (46.8%)	14:53	4 (52.6%)
217	PAWLAS Mateusz	546		Open Mężczyzn	112	10:15	01:29:20.00	01:29:20.00	+00:41:48 (46.8%)	14:53	4 (52.6%)
218	WOŁYNIEC Bogdan	11	#KUŁAKTEAM	Elite Masters Mężczyzn	11	08:00	01:29:25.75	01:29:25.75	+00:41:54 (46.9%)	14:54	4 (52.6%)
219	BUCZEK Piotr	266		Open Mężczyzn	113	09:15	01:29:53.30	01:29:53.30	+00:42:21 (47.1%)	14:58	4 (52.6%)
220	SKRZYPEK Piotr	289		Open Masters Mężczyzn	27	09:15	01:29:53.35	01:29:53.35	+00:42:21 (47.1%)	14:58	4 (52.6%)
221	MRÓZ Marta	613		Open Kobiet	22	10:30	01:30:15.90	01:30:15.90	+00:42:44 (47.4%)	15:02	4 (52.6%)
222	SZYMAŃSKA Karolina	595	RUN MAD REGION	Open Kobiet	23	10:30	01:30:16.50	01:30:16.50	+00:42:45 (47.4%)	15:02	4 (52.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
223	GÓRECKI Jacek	220		Open Masters Mężczyzn	28	09:00	01:30:20.40	01:30:20.40	+00:42:48 (47.4%)	15:03	4 (52.6%)
224	MAGA Bartłomiej	279		Open Masters Mężczyzn	29	09:15	01:30:31.65	01:30:31.65	+00:43:00 (47.5%)	15:05	4 (52.6%)
225	MARCINIAK Jarosław	280		Open Masters Mężczyzn	30	09:15	01:30:31.75	01:30:31.75	+00:43:00 (47.5%)	15:05	4 (52.6%)
226	KOŚCIELNIK Kacper	260	SBL RUNNERS	Open Mężczyzn	114	09:15	01:30:32.25	01:30:32.25	+00:43:00 (47.5%)	15:05	4 (52.6%)
227	MAŃDA Edyta	261	SBL RUNNERS	Open Kobiet	24	09:15	01:30:32.85	01:30:32.85	+00:43:01 (47.5%)	15:05	4 (52.6%)
228	BOGDAN Jacek	326		Open Mężczyzn	115	10:30	01:30:40.40	01:30:40.40	+00:43:08 (47.6%)	15:06	4 (52.6%)
229	WRÓBLEWSKI Arkadiusz	628		Open Masters Mężczyzn	31	10:30	01:30:57.15	01:30:57.15	+00:43:25 (47.7%)	15:09	4 (52.6%)
230	SZOKAL-EGIRD Krzysztof	591	NOVAMED.PL	Open Mężczyzn	116	10:30	01:30:57.45	01:30:57.45	+00:43:26 (47.8%)	15:09	4 (52.6%)
231	MOREK Bartłomiej	612		Open Masters Mężczyzn	32	10:30	01:30:57.60	01:30:57.60	+00:43:26 (47.8%)	15:09	4 (52.6%)
232	CHROMIK Łukasz	218		Open Mężczyzn	117	09:00	01:31:04.15	01:31:04.15	+00:43:32 (47.8%)	15:10	4 (52.6%)
233	DZIEKOŃSKI Krystian	680		Open Mężczyzn	118	11:00	01:31:38.50	01:31:38.50	+00:44:07 (48.1%)	15:16	3.9 (51.3%)
234	PUTRA Marek	362	BOSS BUD COMPANY PATRYK SZCZYTKOWSKI	Open Mężczyzn	119	09:45	01:31:42.65	01:31:42.65	+00:44:11 (48.2%)	15:17	3.9 (51.3%)
235	GÓRALCZYK Marcin	361	BOSS BUD COMPANY PATRYK SZCZYTKOWSKI	Open Mężczyzn	120	09:45	01:31:49.20	01:31:49.20	+00:44:17 (48.2%)	15:18	3.9 (51.3%)
236	RYNKART Łukasz	288		Open Mężczyzn	121	09:15	01:31:52.25	01:31:52.25	+00:44:20 (48.3%)	15:18	3.9 (51.3%)
237	WITYŃSKI Kamil	364	BOSS BUD COMPANY PATRYK SZCZYTKOWSKI	Open Mężczyzn	122	09:45	01:31:52.75	01:31:52.75	+00:44:21 (48.3%)	15:18	3.9 (51.3%)
238	STANISŁAWAJTYS Jakub	412		Open Mężczyzn	123	09:45	01:31:55.90	01:31:55.90	+00:44:24 (48.3%)	15:19	3.9 (51.3%)
239	FRYDLER Bartosz	100		Open Mężczyzn	124	11:00	01:31:58.70	01:31:58.70	+00:44:27 (48.3%)	15:19	3.9 (51.3%)
240	SZCZYTKOWSKI Patryk	363	BOSS BUD COMPANY PATRYK SZCZYTKOWSKI	Open Mężczyzn	125	09:45	01:32:01.60	01:32:01.60	+00:44:30 (48.4%)	15:20	3.9 (51.3%)
241	CHEŁSTOWSKI Radosław	388		Open Mężczyzn	126	09:45	01:32:06.95	01:32:06.95	+00:44:35 (48.4%)	15:21	3.9 (51.3%)
242	GNATOWSKI Mateusz	389		Open Mężczyzn	127	09:45	01:32:08.65	01:32:08.65	+00:44:37 (48.4%)	15:21	3.9 (51.3%)
243	GNATOWSKI Tomasz	390		Open Mężczyzn	128	09:45	01:32:16.35	01:32:16.35	+00:44:44 (48.5%)	15:22	3.9 (51.3%)
244	TRZASKA Jarek	414		Open Mężczyzn	129	09:45	01:32:22.80	01:32:22.80	+00:44:51 (48.6%)	15:23	3.9 (51.3%)
245	WASZKIEWICZ Edyta	157		Open Kobiet	25	08:30	01:32:25.40	01:32:25.40	+00:44:53 (48.6%)	15:24	3.9 (51.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
246	KAŻMIERSKA Paulina	179		Open Kobiet	26	08:45	01:32:26.05	01:32:26.05	+00:44:54 (48.6%)	15:24	3.9 (51.3%)
247	MIERZEJEWSKI Wiktor	144		Open Mężczyzn	130	08:30	01:32:27.10	01:32:27.10	+00:44:55 (48.6%)	15:24	3.9 (51.3%)
248	SZYMAŃSKI Jakub	413		Open Mężczyzn	131	09:45	01:32:35.85	01:32:35.85	+00:45:04 (48.7%)	15:25	3.9 (51.3%)
249	BANACH Kinga	386		Open Kobiet	27	09:45	01:32:38.25	01:32:38.25	+00:45:06 (48.7%)	15:26	3.9 (51.3%)
250	MARCISZEWSKI Błażej	404		Open Mężczyzn	132	09:45	01:32:44.80	01:32:44.80	+00:45:13 (48.8%)	15:27	3.9 (51.3%)
251	MARCISZEWSKA Julia	403		Open Kobiet	28	09:45	01:32:46.05	01:32:46.05	+00:45:14 (48.8%)	15:27	3.9 (51.3%)
252	BARAN Szymon	380	ŻÓŁWIE I ŚLIMAKI	Open Masters Mężczyzn	33	09:45	01:32:47.75	01:32:47.75	+00:45:16 (48.8%)	15:27	3.9 (51.3%)
253	SCHUKAT Michał	719		Open Mężczyzn	133	09:15	01:32:52.85	01:32:52.85	+00:45:21 (48.8%)	15:28	3.9 (51.3%)
254	BADER Krzysiek	720		Open Mężczyzn	134	09:15	01:32:54.55	01:32:54.55	+00:45:23 (48.8%)	15:29	3.9 (51.3%)
255	ZDUNIEWICZ Emilia	58	OUTDOOR TRAINING	Elite Kobiet	7	08:15	01:32:59.25	01:32:59.25	+00:45:27 (48.9%)	15:29	3.9 (51.3%)
256	HEJZA Jakub	223		Open Mężczyzn	135	09:00	01:33:02.25	01:33:02.25	+00:45:30 (48.9%)	15:30	3.9 (51.3%)
257	KARBOWSKI Tomasz	650		Open Mężczyzn	136	10:45	01:33:10.35	01:33:10.35	+00:45:38 (49.0%)	15:31	3.9 (51.3%)
258	OŁDAK Natalia	205	OBSTACLE CENTER TEAM	Open Kobiet	29	09:00	01:33:11.65	01:33:11.65	+00:45:40 (49.0%)	15:31	3.9 (51.3%)
259	PIETRZYKOWSKI Tomasz	408		Open Masters Mężczyzn	34	09:45	01:33:12.25	01:33:12.25	+00:45:40 (49.0%)	15:32	3.9 (51.3%)
260	BOGDANIUK Adam	200	GUZIECTEAM	Open Mężczyzn	137	09:45	01:33:17.90	01:33:17.90	+00:45:46 (49.1%)	15:32	3.9 (51.3%)
261	LESZCZENKO Olga	202	GUZIECTEAM	Open Kobiet	30	09:45	01:33:18.00	01:33:18.00	+00:45:46 (49.1%)	15:33	3.9 (51.3%)
262	SUCHOCKA Justyna	553		Open Kobiet	31	10:15	01:33:26.75	01:33:26.75	+00:45:55 (49.1%)	15:34	3.9 (51.3%)
263	JANUSZ Jakub	224		Open Mężczyzn	138	09:00	01:33:32.30	01:33:32.30	+00:46:00 (49.2%)	15:35	3.8 (50.0%)
264	LACHOWSKI Michał	140		Open Mężczyzn	139	08:30	01:33:35.85	01:33:35.85	+00:46:04 (49.2%)	15:35	3.8 (50.0%)
265	NAWROCKI Krzysztof	542		Open Mężczyzn	140	10:15	01:33:37.10	01:33:37.10	+00:46:05 (49.2%)	15:36	3.8 (50.0%)
266	UKLEJEWSKI Kamil	353		Open Mężczyzn	141	09:30	01:33:38.45	01:33:38.45	+00:46:07 (49.2%)	15:36	3.8 (50.0%)
267	BRZÓSKA Daniel	718		Open Mężczyzn	142	09:15	01:33:38.55	01:33:38.55	+00:46:07 (49.2%)	15:36	3.8 (50.0%)
268	MATYJA Edyta	118	UNIT37	Open Kobiet	32	08:30	01:33:40.90	01:33:40.90	+00:46:09 (49.3%)	15:36	3.8 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
269	JANUSZ Sebastian	225		Open Masters Mężczyzn	35	09:00	01:33:43.50	01:33:43.50	+00:46:12 (49.3%)	15:37	3.8 (50.0%)
270	RUSZNICA Klaudia	207	PATATAS BRAVAS	Open Kobiet	33	09:00	01:33:49.25	01:33:49.25	+00:46:17 (49.3%)	15:38	3.8 (50.0%)
271	SZYPULEWSKA Monika	555		Open Kobiet	34	10:15	01:33:49.45	01:33:49.45	+00:46:18 (49.3%)	15:38	3.8 (50.0%)
272	ZYCH Kornel	208	PATATAS BRAVAS	Open Mężczyzn	143	09:00	01:33:49.75	01:33:49.75	+00:46:18 (49.4%)	15:38	3.8 (50.0%)
273	BOŻEŃ Barbara	528		Open Kobiet	35	10:15	01:33:53.00	01:33:53.00	+00:46:21 (49.4%)	15:38	3.8 (50.0%)
274	SKRABEL Artur	320	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	144	09:30	01:33:54.05	01:33:54.05	+00:46:22 (49.4%)	15:39	3.8 (50.0%)
275	CHYLIŃSKI Robert	1	#KUŁAKTEAM	Elite Mężczyzn	33	08:00	01:33:54.15	01:33:54.15	+00:46:22 (49.4%)	15:39	3.8 (50.0%)
276	GNIADEK Mateusz	134		Open Mężczyzn	145	08:30	01:33:54.45	01:33:54.45	+00:46:23 (49.4%)	15:39	3.8 (50.0%)
277	FILUSZ Dawid	315	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	146	09:30	01:33:57.30	01:33:57.30	+00:46:25 (49.4%)	15:39	3.8 (50.0%)
278	FLAK Tomasz	316	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	147	09:30	01:33:57.95	01:33:57.95	+00:46:26 (49.4%)	15:39	3.8 (50.0%)
279	RZONSIK Katarzyna	318	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	6	09:30	01:33:59.85	01:33:59.85	+00:46:28 (49.4%)	15:39	3.8 (50.0%)
280	OŁDAK Sebastian	589	HYPERFORM	Open Mężczyzn	148	10:30	01:34:07.60	01:34:07.60	+00:46:36 (49.5%)	15:41	3.8 (50.0%)
281	SZTORC Konrad	590	HYPERFORM	Open Mężczyzn	149	10:30	01:34:11.65	01:34:11.65	+00:46:40 (49.5%)	15:41	3.8 (50.0%)
282	SOSNOWSKI Kamil	485		Open Mężczyzn	150	10:00	01:34:28.00	01:34:28.00	+00:46:56 (49.7%)	15:44	3.8 (50.0%)
283	JANKE Paweł	393		Open Mężczyzn	151	09:45	01:34:39.70	01:34:39.70	+00:47:08 (49.8%)	15:46	3.8 (50.0%)
284	JACHIMOWICZ Jarosław	35	UNIT37	Elite Mężczyzn	34	08:00	01:34:47.70	01:34:47.70	+00:47:16 (49.9%)	15:47	3.8 (50.0%)
285	TROCHA Malwina	321	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	36	09:30	01:34:55.00	01:34:55.00	+00:47:23 (49.9%)	15:49	3.8 (50.0%)
286	BOGUSZ Patryk	245	DZIKI Z LUBACZOWA	Open Mężczyzn	152	09:15	01:35:01.10	01:35:01.10	+00:47:29 (50.0%)	15:50	3.8 (50.0%)
287	PODLEŚNY Michał	317	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	153	09:30	01:35:03.70	01:35:03.70	+00:47:32 (50.0%)	15:50	3.8 (50.0%)
288	ZIÓŁKOWSKA Monika	323	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	37	09:30	01:35:12.45	01:35:12.45	+00:47:41 (50.1%)	15:52	3.8 (50.0%)
289	SZTAFIŃSKA Monika	624		Open Kobiet	38	10:30	01:35:12.95	01:35:12.95	+00:47:41 (50.1%)	15:52	3.8 (50.0%)
290	SZTAFIŃSKI Piotr	625		Open Mężczyzn	154	10:30	01:35:13.65	01:35:13.65	+00:47:42 (50.1%)	15:52	3.8 (50.0%)
291	WIŚNIEWSKA Arleta	322	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	7	09:30	01:35:16.00	01:35:16.00	+00:47:44 (50.1%)	15:52	3.8 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
292	RZONSIK Tomasz	319	STUDIO ENERGIA TEAM RYBNIK	Open Masters Mężczyzn	36	09:30	01:35:19.15	01:35:19.15	+00:47:47 (50.1%)	15:53	3.8 (50.0%)
293	DORS Grzegorz	176		Open Mężczyzn	155	08:45	01:35:20.90	01:35:20.90	+00:47:49 (50.2%)	15:53	3.8 (50.0%)
294	DORS Piotr	177		Open Mężczyzn	156	08:45	01:35:21.50	01:35:21.50	+00:47:50 (50.2%)	15:53	3.8 (50.0%)
295	RAMOTOWSKI Maciej	549		Open Mężczyzn	157	10:15	01:35:29.60	01:35:29.60	+00:47:58 (50.2%)	15:54	3.8 (50.0%)
296	BORAWSKI Marcin	527		Open Mężczyzn	158	10:15	01:35:30.35	01:35:30.35	+00:47:58 (50.2%)	15:55	3.8 (50.0%)
297	ZARUDZKA Anna	212	SKOŃCZENI OCR	Open Masters Kobiet	8	09:00	01:35:41.05	01:35:41.05	+00:48:09 (50.3%)	15:56	3.8 (50.0%)
298	ZYŚK Marcin	417		Open Mężczyzn	159	09:45	01:36:13.90	01:36:13.90	+00:48:42 (50.6%)	16:02	3.7 (48.7%)
299	DENDURA Jędrzej	312	PO KORON(I)E	Open Mężczyzn	160	09:30	01:36:26.55	01:36:26.55	+00:48:55 (50.7%)	16:04	3.7 (48.7%)
300	DYBOWSKI Marcin	382	ŻÓŁWIE I ŚLIMAKI	Open Masters Mężczyzn	37	09:45	01:36:27.05	01:36:27.05	+00:48:55 (50.7%)	16:04	3.7 (48.7%)
301	DYBOWSKA Monika	381	ŻÓŁWIE I ŚLIMAKI	Open Masters Kobiet	9	09:45	01:36:27.25	01:36:27.25	+00:48:55 (50.7%)	16:04	3.7 (48.7%)
302	BACZEWSKI Andrzej	385		Open Masters Mężczyzn	38	09:45	01:36:28.25	01:36:28.25	+00:48:56 (50.7%)	16:04	3.7 (48.7%)
303	SOWA Maciej	411		Open Mężczyzn	161	09:45	01:36:28.35	01:36:28.35	+00:48:56 (50.7%)	16:04	3.7 (48.7%)
304	KOZŁOWSKA Elwira	398		Open Kobiet	39	09:45	01:36:28.60	01:36:28.60	+00:48:57 (50.7%)	16:04	3.7 (48.7%)
305	OLESZKIEWICZ Przemysław	406		Open Masters Mężczyzn	39	09:45	01:36:39.45	01:36:39.45	+00:49:08 (50.8%)	16:06	3.7 (48.7%)
306	OLESZKIEWICZ Anna	405		Open Kobiet	40	09:45	01:36:40.50	01:36:40.50	+00:49:09 (50.8%)	16:06	3.7 (48.7%)
307	LISIAK Julia	401		Open Kobiet	41	09:45	01:37:21.70	01:37:21.70	+00:49:50 (51.2%)	16:13	3.7 (48.7%)
307	LISIAK Sebastian	402		Open Masters Mężczyzn	40	09:45	01:37:21.70	01:37:21.70	+00:49:50 (51.2%)	16:13	3.7 (48.7%)
309	ROSZAK Tomasz	410		Open Masters Mężczyzn	41	09:45	01:37:22.10	01:37:22.10	+00:49:50 (51.2%)	16:13	3.7 (48.7%)
310	SIENKIEWICZ Jakub	49		Elite Mężczyzn	35	08:00	01:37:30.45	01:37:30.45	+00:49:59 (51.3%)	16:15	3.7 (48.7%)
311	SZYMANOWSKI Piotr	351		Open Mężczyzn	162	09:30	01:37:44.45	01:37:44.45	+00:50:13 (51.4%)	16:17	3.7 (48.7%)
312	MAŚLIŃSKI Wojciech	342		Open Mężczyzn	163	09:30	01:37:56.10	01:37:56.10	+00:50:24 (51.5%)	16:19	3.7 (48.7%)
313	DĄBROWSKI Adam	174		Open Mężczyzn	164	08:45	01:38:21.10	01:38:21.10	+00:50:49 (51.7%)	16:23	3.7 (48.7%)
314	DĄBROWSKA Justyna	173		Open Kobiet	42	08:45	01:38:21.70	01:38:21.70	+00:50:50 (51.7%)	16:23	3.7 (48.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
315	IWANEK Urszula	531		Open Kobiet	43	10:15	01:38:33.05	01:38:33.05	+00:51:01 (51.8%)	16:25	3.7 (48.7%)
316	ORLOWSKI Michał	544		Open Mężczyzn	165	10:15	01:38:34.75	01:38:34.75	+00:51:03 (51.8%)	16:25	3.7 (48.7%)
317	POMIŃSKI Patryk	525	ZAGRUZKA	Open Mężczyzn	166	10:15	01:38:47.10	01:38:47.10	+00:51:15 (51.9%)	16:27	3.6 (47.4%)
318	SZCZEREK Monika	240		Open Kobiet	44	09:00	01:38:47.35	01:38:47.35	+00:51:15 (51.9%)	16:27	3.6 (47.4%)
319	PĘCAK Ewelina	236		Open Masters Kobiet	10	09:00	01:38:47.60	01:38:47.60	+00:51:16 (51.9%)	16:27	3.6 (47.4%)
320	KUCIŃSKI Kamil	524	ZAGRUZKA	Open Mężczyzn	167	10:15	01:38:51.90	01:38:51.90	+00:51:20 (51.9%)	16:28	3.6 (47.4%)
321	PONSKI Cezary	699		Open Mężczyzn	168	11:00	01:39:01.85	01:39:01.85	+00:51:30 (52.0%)	16:30	3.6 (47.4%)
322	DROZIŃSKI Mateusz	522	ZAGRUZKA	Open Mężczyzn	169	10:15	01:39:04.35	01:39:04.35	+00:51:32 (52.0%)	16:30	3.6 (47.4%)
323	ZAMOJSKI Dawid	73		Open Mężczyzn	170	11:00	01:39:06.25	01:39:06.25	+00:51:34 (52.0%)	16:31	3.6 (47.4%)
324	DYLEWSKI Alan	523	ZAGRUZKA	Open Mężczyzn	171	10:15	01:39:12.90	01:39:12.90	+00:51:41 (52.1%)	16:32	3.6 (47.4%)
325	BUĆKO Mateusz	265		Open Mężczyzn	172	09:15	01:39:34.85	01:39:34.85	+00:52:03 (52.3%)	16:35	3.6 (47.4%)
326	DOBRZYŃSKI Maciej	269		Open Mężczyzn	173	09:15	01:39:35.70	01:39:35.70	+00:52:04 (52.3%)	16:35	3.6 (47.4%)
327	GRYGO Krzysztof	427	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	42	10:00	01:39:36.10	01:39:36.10	+00:52:04 (52.3%)	16:36	3.6 (47.4%)
328	ŁĄCKA Agata	259	ROOKIES	Open Kobiet	45	09:15	01:39:39.10	01:39:39.10	+00:52:07 (52.3%)	16:36	3.6 (47.4%)
329	KIELAR Aleksandra	258	ROOKIES	Open Kobiet	46	09:15	01:39:39.30	01:39:39.30	+00:52:07 (52.3%)	16:36	3.6 (47.4%)
330	KOCHANOWSKI Bartłomiej	688		Open Mężczyzn	174	11:00	01:39:39.40	01:39:39.40	+00:52:07 (52.3%)	16:36	3.6 (47.4%)
331	GRZEGORCZYK Adrian	669	SEROCK	Open Mężczyzn	175	11:00	01:39:47.45	01:39:47.45	+00:52:16 (52.4%)	16:37	3.6 (47.4%)
332	LUTYŃSKI Jerzy	141		Open Masters Mężczyzn	43	08:30	01:39:56.35	01:39:56.35	+00:52:24 (52.4%)	16:39	3.6 (47.4%)
333	DWORZYŃSKA Karolina	577	CIECHANOWSKI KLUB BOKSERSKI	Open Kobiet	47	10:30	01:40:11.85	01:40:11.85	+00:52:40 (52.6%)	16:41	3.6 (47.4%)
334	WIERZCHOWSKI Marcin	584	CIECHANOWSKI KLUB BOKSERSKI	Open Mężczyzn	176	10:30	01:40:12.00	01:40:12.00	+00:52:40 (52.6%)	16:42	3.6 (47.4%)
335	KRAWCZYK Paweł	670	SEROCK	Open Masters Mężczyzn	44	11:00	01:40:14.00	01:40:14.00	+00:52:42 (52.6%)	16:42	3.6 (47.4%)
336	KLONOWSKA Aleksandra	228		Open Kobiet	48	09:30	01:40:14.55	01:40:14.55	+00:52:43 (52.6%)	16:42	3.6 (47.4%)
337	KOSSAKOWSKI Daniel	689		Open Mężczyzn	177	11:00	01:40:16.70	01:40:16.70	+00:52:45 (52.6%)	16:42	3.6 (47.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
338	PIETRASZEWSKI Paweł	481		Open Mężczyzn	178	10:00	01:40:38.10	01:40:38.10	+00:53:06 (52.8%)	16:46	3.6 (47.4%)
339	LINSTEDT Kamil	478		Open Mężczyzn	179	10:00	01:40:38.60	01:40:38.60	+00:53:07 (52.8%)	16:46	3.6 (47.4%)
340	BADENSKA Karolina	665	AIK	Open Kobiet	49	10:30	01:41:04.60	01:41:04.60	+00:53:33 (53.0%)	16:50	3.6 (47.4%)
341	SOBOL Adelajda	666	AIK	Open Kobiet	50	10:30	01:41:05.25	01:41:05.25	+00:53:33 (53.0%)	16:50	3.6 (47.4%)
342	DZIUBIŃSKI Jakub	295	FIT&GYM	Open Masters Mężczyzn	45	09:30	01:41:07.85	01:41:07.85	+00:53:36 (53.0%)	16:51	3.6 (47.4%)
343	KEMPISTY Michał	535		Open Mężczyzn	180	10:15	01:41:08.05	01:41:08.05	+00:53:36 (53.0%)	16:51	3.6 (47.4%)
344	MARKOWSKI Marek	231		Open Masters Mężczyzn	46	09:00	01:41:08.15	01:41:08.15	+00:53:36 (53.0%)	16:51	3.6 (47.4%)
345	ŻABOROWSKA Joanna	556		Open Kobiet	51	10:15	01:41:08.65	01:41:08.65	+00:53:37 (53.0%)	16:51	3.6 (47.4%)
346	ŻABOROWSKA Jolanta	557		Open Masters Kobiet	11	10:15	01:41:08.95	01:41:08.95	+00:53:37 (53.0%)	16:51	3.6 (47.4%)
347	MAKOWIECKI Kacper	142		Open Mężczyzn	181	08:30	01:41:09.45	01:41:09.45	+00:53:38 (53.0%)	16:51	3.6 (47.4%)
348	HOLC Piotr	684		Open Mężczyzn	182	11:00	01:41:11.55	01:41:11.55	+00:53:40 (53.0%)	16:51	3.6 (47.4%)
349	SZCZYGIEŁ Agnieszka	587	FITPARK TEAM	Open Kobiet	52	10:30	01:41:21.00	01:41:21.00	+00:53:49 (53.1%)	16:53	3.6 (47.4%)
350	NIŻAŃSKI Jarosław	586	FITPARK TEAM	Open Masters Mężczyzn	47	10:30	01:41:21.10	01:41:21.10	+00:53:49 (53.1%)	16:53	3.6 (47.4%)
351	JANECKA Maja	383	ŻÓŁWIE I ŚLIMAKI	Open Kobiet	53	09:45	01:41:36.05	01:41:36.05	+00:54:04 (53.2%)	16:56	3.5 (46.1%)
352	GARSTKA Dorota	578	CIECHANOWSKI KLUB BOKSERSKI	Open Masters Kobiet	12	10:30	01:41:40.85	01:41:40.85	+00:54:09 (53.3%)	16:56	3.5 (46.1%)
353	GARSTKA Michał	579	CIECHANOWSKI KLUB BOKSERSKI	Open Masters Mężczyzn	48	10:30	01:41:41.90	01:41:41.90	+00:54:10 (53.3%)	16:56	3.5 (46.1%)
354	JANECKI Michał	384	ŻÓŁWIE I ŚLIMAKI	Open Masters Mężczyzn	49	09:45	01:41:56.35	01:41:56.35	+00:54:24 (53.4%)	16:59	3.5 (46.1%)
355	BAŁAZY Grzegorz	124		Open Mężczyzn	183	08:30	01:42:04.15	01:42:04.15	+00:54:32 (53.4%)	17:00	3.5 (46.1%)
356	KRUCZYŃSKI Jan	139		Open Mężczyzn	184	08:30	01:42:09.60	01:42:09.60	+00:54:38 (53.5%)	17:01	3.5 (46.1%)
357	GROMOTKA Janusz	391		Open Masters Mężczyzn	50	09:45	01:42:16.35	01:42:16.35	+00:54:44 (53.5%)	17:02	3.5 (46.1%)
358	GROMOTKA Maja	392		Open Kobiet	54	09:45	01:42:16.45	01:42:16.45	+00:54:45 (53.5%)	17:02	3.5 (46.1%)
359	KARDAS Karolina	257	ROOKIES	Open Kobiet	55	09:15	01:42:26.20	01:42:26.20	+00:54:54 (53.6%)	17:04	3.5 (46.1%)
360	HEĆMAŃCZUK Katarzyna	256	ROOKIES	Open Kobiet	56	09:15	01:42:34.90	01:42:34.90	+00:55:03 (53.7%)	17:05	3.5 (46.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
361	KOWALIK Karol	690		Open Mężczyzn	185	11:00	01:42:40.15	01:42:40.15	+00:55:08 (53.7%)	17:06	3.5 (46.1%)
362	CHMIEL Sylwia	576	CIECHANOWSKI KLUB BOKSERSKI	Open Kobiet	57	10:30	01:42:44.65	01:42:44.65	+00:55:13 (53.7%)	17:07	3.5 (46.1%)
363	OŚWIECIŃSKA Anna	728		Open Kobiet	58	10:30	01:42:45.90	01:42:45.90	+00:55:14 (53.8%)	17:07	3.5 (46.1%)
364	KOWALSKI Paweł	187	BIEGUNKA_TEAM	Open Mężczyzn	186	09:00	01:42:49.20	01:42:49.20	+00:55:17 (53.8%)	17:08	3.5 (46.1%)
365	ROGALSKI Jakub	189	BIEGUNKA_TEAM	Open Mężczyzn	187	09:00	01:42:49.35	01:42:49.35	+00:55:17 (53.8%)	17:08	3.5 (46.1%)
366	GÓRSKA Marta	186	BIEGUNKA_TEAM	Open Kobiet	59	09:00	01:42:49.70	01:42:49.70	+00:55:18 (53.8%)	17:08	3.5 (46.1%)
367	SZYDŁOWSKI Krzysztof	554		Open Mężczyzn	188	10:15	01:42:52.60	01:42:52.60	+00:55:21 (53.8%)	17:08	3.5 (46.1%)
368	JEŻYK Artur	532		Open Mężczyzn	189	10:15	01:42:52.90	01:42:52.90	+00:55:21 (53.8%)	17:08	3.5 (46.1%)
369	OSTROWSKA Aneta	582	CIECHANOWSKI KLUB BOKSERSKI	Open Kobiet	60	10:30	01:42:54.65	01:42:54.65	+00:55:23 (53.8%)	17:09	3.5 (46.1%)
370	NOWIŃSKA Urszula	366	JUNIOR TEAM	Open Masters Kobiet	13	09:45	01:42:59.50	01:42:59.50	+00:55:28 (53.9%)	17:09	3.5 (46.1%)
371	ROPIAK Krzysztof	367	JUNIOR TEAM	Open Mężczyzn	190	09:45	01:42:59.65	01:42:59.65	+00:55:28 (53.9%)	17:09	3.5 (46.1%)
372	ADAMKIEWICZ Anita	575	CIECHANOWSKI KLUB BOKSERSKI	Open Masters Kobiet	14	10:30	01:43:21.25	01:43:21.25	+00:55:49 (54.0%)	17:13	3.5 (46.1%)
373	TOMCZYK Anna	352		Open Kobiet	61	09:30	01:43:24.15	01:43:24.15	+00:55:52 (54.0%)	17:14	3.5 (46.1%)
374	SIKORSKA Kornelia	350		Open Kobiet	62	09:30	01:43:25.05	01:43:25.05	+00:55:53 (54.0%)	17:14	3.5 (46.1%)
375	SOBOTA Kamila	183		Open Kobiet	63	08:45	01:43:27.60	01:43:27.60	+00:55:56 (54.1%)	17:14	3.5 (46.1%)
376	DŁUGOSZ Daniel	175		Open Mężczyzn	191	08:45	01:43:27.90	01:43:27.90	+00:55:56 (54.1%)	17:14	3.5 (46.1%)
377	RZECZKOWSKA Anna	583	CIECHANOWSKI KLUB BOKSERSKI	Open Masters Kobiet	15	10:30	01:43:43.45	01:43:43.45	+00:56:12 (54.2%)	17:17	3.5 (46.1%)
378	SÓJKA Katarzyna	466	DETERMINATORZY	Open Masters Kobiet	16	10:00	01:43:48.85	01:43:48.85	+00:56:17 (54.2%)	17:18	3.5 (46.1%)
379	RUSIŃSKA Anna	465	DETERMINATORZY	Open Masters Kobiet	17	10:00	01:43:49.30	01:43:49.30	+00:56:17 (54.2%)	17:18	3.5 (46.1%)
380	JÓZEFACIUK Wiesław	136		Open Masters Mężczyzn	51	08:30	01:43:56.50	01:43:56.50	+00:56:25 (54.3%)	17:19	3.5 (46.1%)
381	GROSKOP Grzegorz	468	RUN TEAM SĘPÓLNO KRAJEŃSKIE	Open Mężczyzn	192	10:00	01:43:59.55	01:43:59.55	+00:56:28 (54.3%)	17:19	3.5 (46.1%)
382	STAWICKA Ewelina	469	RUN TEAM SĘPÓLNO KRAJEŃSKIE	Open Kobiet	64	10:00	01:44:00.15	01:44:00.15	+00:56:28 (54.3%)	17:20	3.5 (46.1%)
383	DMOCHOWSKI Jakub	167	ZAHARTOWANI EŁK	Open Mężczyzn	193	08:45	01:44:08.55	01:44:08.55	+00:56:37 (54.4%)	17:21	3.5 (46.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
384	GABRUŚ Katarzyna	169	ZAHARTOWANI EŁK	Open Masters Kobiet	18	08:45	01:44:09.05	01:44:09.05	+00:56:37 (54.4%)	17:21	3.5 (46.1%)
384	KUMISZCZA Grzegorz	171	ZAHARTOWANI EŁK	Open Mężczyzn	194	08:45	01:44:09.05	01:44:09.05	+00:56:37 (54.4%)	17:21	3.5 (46.1%)
386	DMOCHOWSKA Edyta	166	ZAHARTOWANI EŁK	Open Masters Kobiet	19	08:45	01:44:09.20	01:44:09.20	+00:56:37 (54.4%)	17:21	3.5 (46.1%)
387	GABRUŚ Dariusz	168	ZAHARTOWANI EŁK	Open Masters Mężczyzn	52	08:45	01:44:09.25	01:44:09.25	+00:56:37 (54.4%)	17:21	3.5 (46.1%)
387	KUMISZCZA Teresa	172	ZAHARTOWANI EŁK	Open Kobiet	65	08:45	01:44:09.25	01:44:09.25	+00:56:37 (54.4%)	17:21	3.5 (46.1%)
389	KLEPACKA Agata	96	ZAHARTOWANI EŁK	Open Kobiet	66	08:45	01:44:09.70	01:44:09.70	+00:56:38 (54.4%)	17:21	3.5 (46.1%)
390	GRZYMKOWSKI Dariusz	170	ZAHARTOWANI EŁK	Open Masters Mężczyzn	53	08:45	01:44:09.80	01:44:09.80	+00:56:38 (54.4%)	17:21	3.5 (46.1%)
391	KLEPACKI Maciej	95	ZAHARTOWANI EŁK	Open Mężczyzn	195	08:45	01:44:09.85	01:44:09.85	+00:56:38 (54.4%)	17:21	3.5 (46.1%)
392	IMBIORKIEWICZ Paulina	270		Open Kobiet	67	09:15	01:44:14.15	01:44:14.15	+00:56:42 (54.4%)	17:22	3.5 (46.1%)
393	KIERUL Zuzanna	227		Open Kobiet	68	09:00	01:44:16.85	01:44:16.85	+00:56:45 (54.4%)	17:22	3.5 (46.1%)
394	OŻÓG Mateusz	247	JAK ŻÓŁWIE W GALOPIE	Open Mężczyzn	196	09:00	01:44:17.20	01:44:17.20	+00:56:45 (54.4%)	17:22	3.5 (46.1%)
395	GIŻYŃSKI Adrian	580	CIECHANOWSKI KLUB BOKSERSKI	Open Mężczyzn	197	10:30	01:44:19.00	01:44:19.00	+00:56:47 (54.4%)	17:23	3.5 (46.1%)
396	CHILICKA Anna	329		Open Kobiet	69	09:30	01:44:21.25	01:44:21.25	+00:56:49 (54.5%)	17:23	3.4 (44.7%)
397	ŚWIDERSKA Karina	369	JUNIOR TEAM	Open Masters Kobiet	20	09:45	01:44:45.40	01:44:45.40	+00:57:13 (54.6%)	17:27	3.4 (44.7%)
398	MURAWSKA Paula	503	MY TYLKO PO BROWARKA ;)	Open Kobiet	70	10:15	01:44:52.85	01:44:52.85	+00:57:21 (54.7%)	17:28	3.4 (44.7%)
399	DOMAŃSKI Daniel	502	MY TYLKO PO BROWARKA ;)	Open Mężczyzn	198	10:15	01:44:53.10	01:44:53.10	+00:57:21 (54.7%)	17:28	3.4 (44.7%)
400	SKUZA Karolina	368	JUNIOR TEAM	Open Kobiet	71	09:45	01:45:08.20	01:45:08.20	+00:57:36 (54.8%)	17:31	3.4 (44.7%)
401	MIECZKOWSKI Bartłomiej	440	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	54	10:00	01:45:15.65	01:45:15.65	+00:57:44 (54.9%)	17:32	3.4 (44.7%)
402	BORKOWSKI Paweł	421	AKADEMIA SPORTU MEDYK	Open Mężczyzn	199	10:00	01:45:25.75	01:45:25.75	+00:57:54 (54.9%)	17:34	3.4 (44.7%)
403	STANIURSKA Ewa	450	AKADEMIA SPORTU MEDYK	Open Masters Kobiet	21	10:00	01:45:29.15	01:45:29.15	+00:57:57 (54.9%)	17:34	3.4 (44.7%)
404	LUBELSKA Dominika	365	BRYGIERY OCR	Open Kobiet	72	09:45	01:45:45.35	01:45:45.35	+00:58:13 (55.1%)	17:37	3.4 (44.7%)
405	PTAK Magda	206	OUTDOOR TRAINING	Open Kobiet	73	09:00	01:46:06.65	01:46:06.65	+00:58:35 (55.2%)	17:41	3.4 (44.7%)
406	WŁOCZEWSKA Joanna	488		Open Masters Kobiet	22	10:00	01:46:22.30	01:46:22.30	+00:58:50 (55.3%)	17:43	3.4 (44.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
407	PYTEL Michał	482		Open Mężczyzn	200	10:00	01:46:23.40	01:46:23.40	+00:58:51 (55.3%)	17:43	3.4 (44.7%)
408	DĄBROWSKA Marzena	507	ONE WORLD WOMEN GIZYCKO	Open Masters Kobiet	23	10:15	01:46:30.95	01:46:30.95	+00:58:59 (55.4%)	17:45	3.4 (44.7%)
409	ŚLĘZAK Martyna	511	ONE WORLD WOMEN GIZYCKO	Open Kobiet	74	10:15	01:46:31.00	01:46:31.00	+00:58:59 (55.4%)	17:45	3.4 (44.7%)
410	MILEWSKA Joanna	510	ONE WORLD WOMEN GIZYCKO	Open Kobiet	75	10:15	01:46:31.05	01:46:31.05	+00:58:59 (55.4%)	17:45	3.4 (44.7%)
411	KOROL Karolina	509	ONE WORLD WOMEN GIZYCKO	Open Masters Kobiet	24	10:15	01:46:31.30	01:46:31.30	+00:58:59 (55.4%)	17:45	3.4 (44.7%)
412	GOSZCZYCH Joanna	508	ONE WORLD WOMEN GIZYCKO	Open Masters Kobiet	25	10:15	01:46:31.50	01:46:31.50	+00:59:00 (55.4%)	17:45	3.4 (44.7%)
413	ABRAMCZYK Bernard	324		Open Mężczyzn	201	08:45	01:46:34.00	01:46:34.00	+00:59:02 (55.4%)	17:45	3.4 (44.7%)
414	GOSZCZYŃSKA Olga	221		Open Kobiet	76	09:00	01:46:45.20	01:46:45.20	+00:59:13 (55.5%)	17:47	3.4 (44.7%)
415	GOSZCZYŃSKI Karol	199	GOSZCZE	Open Masters Mężczyzn	55	09:00	01:46:45.95	01:46:45.95	+00:59:14 (55.5%)	17:47	3.4 (44.7%)
416	ŁOŚ Paweł	494	KRP 2	Open Masters Mężczyzn	56	10:15	01:47:05.10	01:47:05.10	+00:59:33 (55.6%)	17:50	3.4 (44.7%)
417	RUTA Mateusz	497	KRP 2	Open Mężczyzn	202	10:15	01:47:11.25	01:47:11.25	+00:59:39 (55.7%)	17:51	3.4 (44.7%)
418	WAJDA Paulina	290		Open Kobiet	77	09:15	01:47:21.00	01:47:21.00	+00:59:49 (55.7%)	17:53	3.4 (44.7%)
419	PLUCIŃSKI Jakub	244	DRAGON RUNNERS	Open Mężczyzn	203	09:15	01:47:21.75	01:47:21.75	+00:59:50 (55.7%)	17:53	3.4 (44.7%)
420	BUCZYŃSKA Katarzyna	667	BUCZKI	Open Kobiet	78	11:00	01:47:44.85	01:47:44.85	+01:00:13 (55.9%)	17:57	3.3 (43.4%)
421	BUCZYŃSKI Dariusz	679		Open Mężczyzn	204	11:00	01:47:45.05	01:47:45.05	+01:00:13 (55.9%)	17:57	3.3 (43.4%)
422	MORSKI Maciej	146		Open Mężczyzn	205	08:30	01:47:45.90	01:47:45.90	+01:00:14 (55.9%)	17:57	3.3 (43.4%)
423	UŁANOWICZ Przemysław	156		Open Mężczyzn	206	08:30	01:47:50.20	01:47:50.20	+01:00:18 (55.9%)	17:58	3.3 (43.4%)
424	KUZARA Joanna	116	UNIT37	Open Kobiet	79	08:30	01:47:54.30	01:47:54.30	+01:00:22 (56.0%)	17:59	3.3 (43.4%)
425	WNOROWSKA Magdalena	55	OBSTACLE CENTER TEAM	Open Masters Kobiet	26	08:15	01:48:18.75	01:48:18.75	+01:00:47 (56.1%)	18:03	3.3 (43.4%)
426	MALINA Daniel	495	KRP 2	Open Mężczyzn	207	10:15	01:48:26.30	01:48:26.30	+01:00:54 (56.2%)	18:04	3.3 (43.4%)
427	SERWACIŃSKA Justyna	726		Open Kobiet	80	09:00	01:48:29.00	01:48:29.00	+01:00:57 (56.2%)	18:04	3.3 (43.4%)
428	PORZĄDNY Sebastian	203	ŁÓDZKIE DZIKI2021	Open Masters Mężczyzn	57	09:00	01:48:30.05	01:48:30.05	+01:00:58 (56.2%)	18:05	3.3 (43.4%)
429	KULESZA Agnieszka	162		Open Masters Kobiet	27	09:15	01:48:30.45	01:48:30.45	+01:00:59 (56.2%)	18:05	3.3 (43.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
430	LASKOWSKI Łukasz	723		Open Masters Mężczyzn	58	09:15	01:48:30.65	01:48:30.65	+01:00:59 (56.2%)	18:05	3.3 (43.4%)
431	SKŁADOWSKI Marcin	498	KRP 2	Open Mężczyzn	208	10:15	01:48:30.85	01:48:30.85	+01:00:59 (56.2%)	18:05	3.3 (43.4%)
432	KOWALSKA-PRASAL Paulina	204	ŁÓDZKIE DZIKI2021	Open Masters Kobiet	28	09:00	01:48:36.20	01:48:36.20	+01:01:04 (56.2%)	18:06	3.3 (43.4%)
433	PRASAŁ Jarosław	725		Open Masters Mężczyzn	59	09:00	01:48:36.50	01:48:36.50	+01:01:05 (56.2%)	18:06	3.3 (43.4%)
434	PRUSIŃSKA Izabela	409		Open Kobiet	81	09:45	01:48:37.80	01:48:37.80	+01:01:06 (56.3%)	18:06	3.3 (43.4%)
435	SZWARC Robert	370	JUNIOR TEAM	Open Mężczyzn	209	09:45	01:48:39.45	01:48:39.45	+01:01:08 (56.3%)	18:06	3.3 (43.4%)
436	PIECHOCKI Paweł	697		Open Mężczyzn	210	11:00	01:49:04.10	01:49:04.10	+01:01:32 (56.4%)	18:10	3.3 (43.4%)
437	PARCZEWSKI Jarosław	695		Open Masters Mężczyzn	60	11:00	01:49:04.35	01:49:04.35	+01:01:32 (56.4%)	18:10	3.3 (43.4%)
438	SERAFIŃSKA Natalia	448	AKADEMIA SPORTU MEDYK	Open Kobiet	82	10:00	01:49:07.70	01:49:07.70	+01:01:36 (56.5%)	18:11	3.3 (43.4%)
439	MISZCZUK Łukasz	441	AKADEMIA SPORTU MEDYK	Open Mężczyzn	211	10:00	01:49:07.80	01:49:07.80	+01:01:36 (56.5%)	18:11	3.3 (43.4%)
440	MATEJKOWSKI Artur	439	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	61	10:00	01:49:08.15	01:49:08.15	+01:01:36 (56.5%)	18:11	3.3 (43.4%)
441	KIEBAŁO Karolina	687		Open Kobiet	83	11:00	01:49:08.55	01:49:08.55	+01:01:37 (56.5%)	18:11	3.3 (43.4%)
442	GAWRYŚ Monika	681		Open Kobiet	84	11:00	01:49:09.45	01:49:09.45	+01:01:38 (56.5%)	18:11	3.3 (43.4%)
443	SZYMAŃSKA Magdalena	709		Open Masters Kobiet	29	11:00	01:49:10.30	01:49:10.30	+01:01:38 (56.5%)	18:11	3.3 (43.4%)
444	OGONOWSKI Michał	443	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	62	10:00	01:49:14.70	01:49:14.70	+01:01:43 (56.5%)	18:12	3.3 (43.4%)
445	WOŁYNIEC Piotr	6	#KUŁAKTEAM	Open Mężczyzn	212	08:00	01:49:15.90	01:49:15.90	+01:01:44 (56.5%)	18:12	3.3 (43.4%)
446	PINDELSKI Patryk	5	#KUŁAKTEAM	Open Mężczyzn	213	08:00	01:49:16.15	01:49:16.15	+01:01:44 (56.5%)	18:12	3.3 (43.4%)
447	LASECKI Patryk	337		Open Mężczyzn	214	09:30	01:49:19.75	01:49:19.75	+01:01:48 (56.5%)	18:13	3.3 (43.4%)
448	LANGE Alicja	336		Open Kobiet	85	09:30	01:49:20.25	01:49:20.25	+01:01:48 (56.5%)	18:13	3.3 (43.4%)
449	ŻOŁNA Joanna	456	AKADEMIA SPORTU MEDYK	Open Kobiet	86	10:00	01:49:25.55	01:49:25.55	+01:01:54 (56.6%)	18:14	3.3 (43.4%)
450	OGRODNIK Monika	694		Open Masters Kobiet	30	11:00	01:49:30.95	01:49:30.95	+01:01:59 (56.6%)	18:15	3.3 (43.4%)
451	JARMOLOWICZ Malgorzata	333		Open Kobiet	87	09:30	01:49:33.70	01:49:33.70	+01:02:02 (56.6%)	18:15	3.3 (43.4%)
452	BANEL Kamila	325		Open Kobiet	88	09:30	01:49:34.75	01:49:34.75	+01:02:03 (56.6%)	18:15	3.3 (43.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
453	KUSIŃSKI Kamil	691		Open Mężczyzn	215	11:00	01:49:35.05	01:49:35.05	+01:02:03 (56.6%)	18:15	3.3 (43.4%)
454	PERZANOWSKA Renata	696		Open Masters Kobiet	31	11:00	01:49:35.20	01:49:35.20	+01:02:03 (56.6%)	18:15	3.3 (43.4%)
455	DERMIAHA Kamil	294	AMŻINUSZ	Open Mężczyzn	216	09:30	01:49:35.85	01:49:35.85	+01:02:04 (56.6%)	18:15	3.3 (43.4%)
456	URBANOWSKA Dorota	451	AKADEMIA SPORTU MEDYK	Open Kobiet	89	10:00	01:49:40.15	01:49:40.15	+01:02:08 (56.7%)	18:16	3.3 (43.4%)
457	GÓRSKI Krzysztof	426	AKADEMIA SPORTU MEDYK	Open Mężczyzn	217	10:00	01:49:40.20	01:49:40.20	+01:02:08 (56.7%)	18:16	3.3 (43.4%)
458	RYDZEWSKA Alina	730		Open Masters Kobiet	32	09:30	01:49:42.85	01:49:42.85	+01:02:11 (56.7%)	18:17	3.3 (43.4%)
459	TUCHOCKA Małgorzata	85		Open Masters Kobiet	33	09:30	01:49:45.85	01:49:45.85	+01:02:14 (56.7%)	18:17	3.3 (43.4%)
460	RZEPNICKA Marta	447	AKADEMIA SPORTU MEDYK	Open Kobiet	90	10:00	01:49:46.25	01:49:46.25	+01:02:14 (56.7%)	18:17	3.3 (43.4%)
461	FLORCZYK-WAGNER Joanna	424	AKADEMIA SPORTU MEDYK	Open Kobiet	91	10:00	01:49:46.50	01:49:46.50	+01:02:15 (56.7%)	18:17	3.3 (43.4%)
462	SAK Cezary	82	CZAKISPORT.BLOGSPOT.COM	Open Mężczyzn	218	08:30	01:50:03.30	01:50:03.30	+01:02:31 (56.8%)	18:20	3.3 (43.4%)
463	URBANOWICZ Magdalena	103	CZAKISPORT.BLOGSPOT.COM	Open Kobiet	92	08:30	01:50:04.25	01:50:04.25	+01:02:32 (56.8%)	18:20	3.3 (43.4%)
464	SOTKIEWICZ Karolina	707		Open Kobiet	93	11:00	01:50:06.00	01:50:06.00	+01:02:34 (56.8%)	18:21	3.3 (43.4%)
465	CHOJNOWSKA Ania	422	AKADEMIA SPORTU MEDYK	Open Masters Kobiet	34	10:00	01:50:12.65	01:50:12.65	+01:02:41 (56.9%)	18:22	3.3 (43.4%)
466	LASKOWSKI Grzegorz	434	AKADEMIA SPORTU MEDYK	Open Mężczyzn	219	10:00	01:50:15.85	01:50:15.85	+01:02:44 (56.9%)	18:22	3.3 (43.4%)
467	LIPIŃSKI Łukasz	437	AKADEMIA SPORTU MEDYK	Open Mężczyzn	220	10:00	01:50:17.55	01:50:17.55	+01:02:46 (56.9%)	18:22	3.3 (43.4%)
468	WALCZAK Mira	453	AKADEMIA SPORTU MEDYK	Open Masters Kobiet	35	10:00	01:50:18.05	01:50:18.05	+01:02:46 (56.9%)	18:23	3.3 (43.4%)
469	KUROWSKI Paweł	432	AKADEMIA SPORTU MEDYK	Open Masters Mężczyzn	63	10:00	01:50:20.75	01:50:20.75	+01:02:49 (56.9%)	18:23	3.3 (43.4%)
470	KORSAK Edyta	539		Open Kobiet	94	10:15	01:50:26.35	01:50:26.35	+01:02:54 (57.0%)	18:24	3.3 (43.4%)
471	MUSIAŁCZYK Jolanta	541		Open Kobiet	95	10:15	01:50:26.45	01:50:26.45	+01:02:55 (57.0%)	18:24	3.3 (43.4%)
472	SAMUL Paweł	349		Open Mężczyzn	221	09:30	01:50:33.35	01:50:33.35	+01:03:01 (57.0%)	18:25	3.3 (43.4%)
473	MAJKA Michał	340		Open Mężczyzn	222	09:30	01:50:35.05	01:50:35.05	+01:03:03 (57.0%)	18:25	3.3 (43.4%)
474	SZCZERBA Agnieszka	153		Open Masters Kobiet	36	08:30	01:50:56.05	01:50:56.05	+01:03:24 (57.2%)	18:29	3.2 (42.1%)
475	FRENDO Monika	133		Open Kobiet	96	08:30	01:50:56.15	01:50:56.15	+01:03:24 (57.2%)	18:29	3.2 (42.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
476	MAJCHRZAK Adriana	230		Open Kobiet	97	09:00	01:51:33.35	01:51:33.35	+01:04:01 (57.4%)	18:35	3.2 (42.1%)
477	AKACKI Rafał	646		Open Mężczyzn	223	10:45	01:51:34.10	01:51:34.10	+01:04:02 (57.4%)	18:35	3.2 (42.1%)
477	DANILCZUK Klaudia	647		Open Kobiet	98	10:45	01:51:34.10	01:51:34.10	+01:04:02 (57.4%)	18:35	3.2 (42.1%)
479	SIKORSKI Marcin	182		Open Mężczyzn	224	08:45	01:51:38.95	01:51:38.95	+01:04:07 (57.4%)	18:36	3.2 (42.1%)
480	BANACH Mateusz	217		Open Mężczyzn	225	09:00	01:51:40.80	01:51:40.80	+01:04:09 (57.4%)	18:36	3.2 (42.1%)
481	JABŁOŃSKA Magdalena	79		Open Kobiet	99	10:45	01:52:02.85	01:52:02.85	+01:04:31 (57.6%)	18:40	3.2 (42.1%)
482	SOCHA Alicja	621		Open Kobiet	100	10:30	01:52:09.95	01:52:09.95	+01:04:38 (57.6%)	18:41	3.2 (42.1%)
483	HYRIAK Martyna	299	FIT&GYM	Open Kobiet	101	09:30	01:52:23.50	01:52:23.50	+01:04:52 (57.7%)	18:43	3.2 (42.1%)
484	PAJĄK Anna	302	FIT&GYM	Open Kobiet	102	09:30	01:52:23.60	01:52:23.60	+01:04:52 (57.7%)	18:43	3.2 (42.1%)
484	SOBUTA Dawid	305	FIT&GYM	Open Mężczyzn	226	09:30	01:52:23.60	01:52:23.60	+01:04:52 (57.7%)	18:43	3.2 (42.1%)
484	GAŁKA Michał	297	FIT&GYM	Open Mężczyzn	226	09:30	01:52:23.60	01:52:23.60	+01:04:52 (57.7%)	18:43	3.2 (42.1%)
487	SPADŁO Dawid	306	FIT&GYM	Open Mężczyzn	228	09:30	01:52:23.75	01:52:23.75	+01:04:52 (57.7%)	18:43	3.2 (42.1%)
488	JARY Łukasz	300	FIT&GYM	Open Mężczyzn	229	09:30	01:52:23.90	01:52:23.90	+01:04:52 (57.7%)	18:43	3.2 (42.1%)
489	RONDUDA Sylwia	304	FIT&GYM	Open Kobiet	103	09:30	01:52:24.10	01:52:24.10	+01:04:52 (57.7%)	18:44	3.2 (42.1%)
490	TRZECIAK Joanna	308	FIT&GYM	Open Kobiet	104	09:30	01:52:24.20	01:52:24.20	+01:04:52 (57.7%)	18:44	3.2 (42.1%)
491	GŁOWACKA Izabela	298	FIT&GYM	Open Kobiet	105	09:30	01:52:24.35	01:52:24.35	+01:04:52 (57.7%)	18:44	3.2 (42.1%)
492	RONDUDA Marek	303	FIT&GYM	Open Mężczyzn	230	09:30	01:52:24.40	01:52:24.40	+01:04:52 (57.7%)	18:44	3.2 (42.1%)
493	ZARZECKA Magda	75		Open Kobiet	106	11:00	01:52:49.95	01:52:49.95	+01:05:18 (57.9%)	18:48	3.2 (42.1%)
494	ZARZECKI Kacper	712		Open Mężczyzn	231	11:00	01:52:50.90	01:52:50.90	+01:05:19 (57.9%)	18:48	3.2 (42.1%)
495	DUDA-MACIEJCZEK Katarzyna	573	BYLE PRZEŻYĆ TEAM	Open Kobiet	107	10:30	01:53:04.30	01:53:04.30	+01:05:32 (58.0%)	18:50	3.2 (42.1%)
496	GOMÓŁKA Beata	574	BYLE PRZEŻYĆ TEAM	Open Kobiet	108	10:30	01:53:04.35	01:53:04.35	+01:05:32 (58.0%)	18:50	3.2 (42.1%)
497	MROCZEK Jakub	281		Open Mężczyzn	232	09:15	01:53:05.20	01:53:05.20	+01:05:33 (58.0%)	18:50	3.2 (42.1%)
498	BAZIAK Patryk	264		Open Mężczyzn	233	09:15	01:53:05.35	01:53:05.35	+01:05:33 (58.0%)	18:50	3.2 (42.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
499	HALIK Tomasz	608		Open Masters Mężczyzn	64	10:30	01:53:10.20	01:53:10.20	+01:05:38 (58.0%)	18:51	3.2 (42.1%)
500	HALIK Dominika	606		Open Kobiet	109	10:30	01:53:11.65	01:53:11.65	+01:05:40 (58.0%)	18:51	3.2 (42.1%)
501	PODNAJMER Agata	637	DONFISH	Open Kobiet	110	10:45	01:53:16.55	01:53:16.55	+01:05:45 (58.0%)	18:52	3.2 (42.1%)
501	PODNAJMER Piotr	638	DONFISH	Open Mężczyzn	234	10:45	01:53:16.55	01:53:16.55	+01:05:45 (58.0%)	18:52	3.2 (42.1%)
503	HALIK Iwona	607		Open Masters Kobiet	37	10:30	01:53:34.60	01:53:34.60	+01:06:03 (58.2%)	18:55	3.2 (42.1%)
504	ZARZECKI Bogdan	90		Open Masters Mężczyzn	65	11:00	01:53:43.90	01:53:43.90	+01:06:12 (58.2%)	18:57	3.2 (42.1%)
505	WOJCIECHOWSKA Diana	309	FIT&GYM	Open Kobiet	111	09:30	01:53:49.10	01:53:49.10	+01:06:17 (58.2%)	18:58	3.2 (42.1%)
506	WOJCUECHOWSKI Przemysław	310	FIT&GYM	Open Mężczyzn	235	09:30	01:53:50.50	01:53:50.50	+01:06:19 (58.3%)	18:58	3.2 (42.1%)
507	SZWAGIERCZAK Karolina	307	FIT&GYM	Open Kobiet	112	09:30	01:53:50.70	01:53:50.70	+01:06:19 (58.3%)	18:58	3.2 (42.1%)
508	GIENIECZKO Katarzyna	252	POLEDREAMS TEAM	Open Kobiet	113	09:15	01:54:03.60	01:54:03.60	+01:06:32 (58.3%)	19:00	3.2 (42.1%)
508	KARWOWSKA Ilona	253	POLEDREAMS TEAM	Open Kobiet	113	09:15	01:54:03.60	01:54:03.60	+01:06:32 (58.3%)	19:00	3.2 (42.1%)
510	STANISZEWSKA Izabela	255	POLEDREAMS TEAM	Open Kobiet	115	09:15	01:54:03.95	01:54:03.95	+01:06:32 (58.3%)	19:00	3.2 (42.1%)
511	BOROŃ Izabela	562	BOX EKIPA	Open Masters Kobiet	38	10:30	01:54:23.75	01:54:23.75	+01:06:52 (58.5%)	19:03	3.1 (40.8%)
512	CZACHOR Beata	564	BOX EKIPA	Open Masters Kobiet	39	10:30	01:54:23.85	01:54:23.85	+01:06:52 (58.5%)	19:03	3.1 (40.8%)
513	ORLIK Kinga	560	BECKHOFF BRO TEAM	Open Kobiet	116	10:30	01:54:23.90	01:54:23.90	+01:06:52 (58.5%)	19:03	3.1 (40.8%)
514	KOKOCINSKA Marta	567	BOX EKIPA	Open Kobiet	117	10:30	01:54:24.25	01:54:24.25	+01:06:52 (58.5%)	19:04	3.1 (40.8%)
515	WIEJAK Małgorzata	570	BOX EKIPA	Open Kobiet	118	10:30	01:54:24.40	01:54:24.40	+01:06:52 (58.5%)	19:04	3.1 (40.8%)
516	WIEJAK Szymon	571	BOX EKIPA	Open Mężczyzn	236	10:30	01:54:24.55	01:54:24.55	+01:06:53 (58.5%)	19:04	3.1 (40.8%)
516	AUGUSTYNIAK Robert	561	BOX EKIPA	Open Mężczyzn	236	10:30	01:54:24.55	01:54:24.55	+01:06:53 (58.5%)	19:04	3.1 (40.8%)
518	GAWŁOWSKI Daniel	566	BOX EKIPA	Open Mężczyzn	238	10:30	01:54:24.70	01:54:24.70	+01:06:53 (58.5%)	19:04	3.1 (40.8%)
519	CYBULSKA Justyna	563	BOX EKIPA	Open Kobiet	119	10:30	01:54:25.15	01:54:25.15	+01:06:53 (58.5%)	19:04	3.1 (40.8%)
520	FAŁEK Marta	565	BOX EKIPA	Open Kobiet	120	10:30	01:54:25.20	01:54:25.20	+01:06:53 (58.5%)	19:04	3.1 (40.8%)
521	KUCZYŃSKI Andrzej	568	BOX EKIPA	Open Mężczyzn	239	10:30	01:54:26.95	01:54:26.95	+01:06:55 (58.5%)	19:04	3.1 (40.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
522	KARLIŃSKA Weronika	714		Open Kobiet	121	09:45	01:54:45.50	01:54:45.50	+01:07:14 (58.6%)	19:07	3.1 (40.8%)
523	PIETRZNIAK Marcin	715		Open Mężczyzn	240	09:45	01:54:46.00	01:54:46.00	+01:07:14 (58.6%)	19:07	3.1 (40.8%)
524	SZYMANSKA Agata	569	BOX EKIPA	Open Masters Kobiet	40	10:30	01:54:46.70	01:54:46.70	+01:07:15 (58.6%)	19:07	3.1 (40.8%)
525	MAZUR Maksymilian	120	UNIT37	Open Mężczyzn	241	08:30	01:55:03.40	01:55:03.40	+01:07:31 (58.7%)	19:10	3.1 (40.8%)
526	RUTKOWSKI Adam	660		Open Mężczyzn	242	10:45	01:55:12.65	01:55:12.65	+01:07:41 (58.8%)	19:12	3.1 (40.8%)
527	MAZUR Agnieszka	119	UNIT37	Open Masters Kobiet	41	08:30	01:55:22.65	01:55:22.65	+01:07:51 (58.8%)	19:13	3.1 (40.8%)
528	OSTROWSKA Martyna	232		Open Kobiet	122	09:00	01:55:26.60	01:55:26.60	+01:07:55 (58.8%)	19:14	3.1 (40.8%)
529	STACHURA Natalia	210	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	123	09:00	01:55:26.90	01:55:26.90	+01:07:55 (58.8%)	19:14	3.1 (40.8%)
530	WOŹNIAK Anna	598	TEAM YOUTH	Open Kobiet	124	10:30	01:55:30.15	01:55:30.15	+01:07:58 (58.9%)	19:15	3.1 (40.8%)
531	WIŚNIEWSKI Hubert	597	TEAM YOUTH	Open Mężczyzn	243	10:30	01:55:32.30	01:55:32.30	+01:08:00 (58.9%)	19:15	3.1 (40.8%)
532	ŁĘCKI Marcin	673	SZMACIURY	Open Mężczyzn	244	11:00	01:55:37.20	01:55:37.20	+01:08:05 (58.9%)	19:16	3.1 (40.8%)
533	SZELC Szymon	78		Open Mężczyzn	245	11:00	01:55:39.00	01:55:39.00	+01:08:07 (58.9%)	19:16	3.1 (40.8%)
534	LENIARTEK Piotr	674	SZMACIURY	Open Mężczyzn	246	11:00	01:55:39.10	01:55:39.10	+01:08:07 (58.9%)	19:16	3.1 (40.8%)
535	KLIMCZAK Michał	727	SZMACIURY	Open Mężczyzn	247	11:00	01:55:41.15	01:55:41.15	+01:08:09 (58.9%)	19:16	3.1 (40.8%)
536	KROPIEWNICKI Daniel	138		Open Mężczyzn	248	08:30	01:55:42.80	01:55:42.80	+01:08:11 (58.9%)	19:17	3.1 (40.8%)
537	PŁONKA Wojciech	675	SZMACIURY	Open Mężczyzn	249	11:00	01:55:43.00	01:55:43.00	+01:08:11 (58.9%)	19:17	3.1 (40.8%)
537	BRAKONIECKI Daniel	126		Open Mężczyzn	249	08:30	01:55:43.00	01:55:43.00	+01:08:11 (58.9%)	19:17	3.1 (40.8%)
539	SKAŁA Maciej	717	SZMACIURY	Open Mężczyzn	251	11:00	01:55:48.00	01:55:48.00	+01:08:16 (59.0%)	19:18	3.1 (40.8%)
540	BILIK Mateusz	671	SZMACIURY	Open Mężczyzn	252	11:00	01:55:48.20	01:55:48.20	+01:08:16 (59.0%)	19:18	3.1 (40.8%)
541	KURCZEK Klaudia	209	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	125	09:00	01:55:50.15	01:55:50.15	+01:08:18 (59.0%)	19:18	3.1 (40.8%)
542	PRZYBYSZ Michał	619		Open Mężczyzn	253	10:30	01:55:59.45	01:55:59.45	+01:08:28 (59.0%)	19:19	3.1 (40.8%)
543	STAŃCZAK Aneta	661		Open Kobiet	126	10:45	01:56:06.90	01:56:06.90	+01:08:35 (59.1%)	19:21	3.1 (40.8%)
544	PUCHALSKA Marta	462	CMF	Open Masters Kobiet	42	10:00	01:56:11.45	01:56:11.45	+01:08:40 (59.1%)	19:21	3.1 (40.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
545	TUREK Michał	464	CMF	Open Mężczyzn	254	10:00	01:56:11.70	01:56:11.70	+01:08:40 (59.1%)	19:21	3.1 (40.8%)
546	TOMCZYK Radosław	487		Open Mężczyzn	255	10:00	01:56:12.00	01:56:12.00	+01:08:40 (59.1%)	19:22	3.1 (40.8%)
546	PUCHALSKI Rafał	463	CMF	Open Masters Mężczyzn	66	10:00	01:56:12.00	01:56:12.00	+01:08:40 (59.1%)	19:22	3.1 (40.8%)
548	KISZKURNO Daniel	651		Open Mężczyzn	256	10:45	01:56:14.45	01:56:14.45	+01:08:43 (59.1%)	19:22	3.1 (40.8%)
549	SZABŁOWSKI Mateusz	500	KRP 2	Open Mężczyzn	257	10:15	01:56:26.10	01:56:26.10	+01:08:54 (59.2%)	19:24	3.1 (40.8%)
550	KIERKOWICZ Katarzyna	160		Open Kobiet	127	08:30	01:56:38.25	01:56:38.25	+01:09:06 (59.3%)	19:26	3.1 (40.8%)
551	STEPANIUK Krzysztof	102	CZAKISPORT.BLOGSPOT.COM	Open Mężczyzn	258	08:30	01:56:38.35	01:56:38.35	+01:09:06 (59.3%)	19:26	3.1 (40.8%)
552	MAKOHONIENKO Arkadiusz	655		Open Mężczyzn	259	10:45	01:56:44.25	01:56:44.25	+01:09:12 (59.3%)	19:27	3.1 (40.8%)
553	KUKIEŁKA Weronika	653		Open Kobiet	128	10:45	01:56:45.30	01:56:45.30	+01:09:13 (59.3%)	19:27	3.1 (40.8%)
554	MAREK Katarzyna	117	UNIT37	Open Kobiet	129	08:30	01:56:51.60	01:56:51.60	+01:09:20 (59.3%)	19:28	3.1 (40.8%)
555	FILIŃSKA-FLOREK Iwona	115	UNIT37	Open Masters Kobiet	43	08:30	01:56:51.65	01:56:51.65	+01:09:20 (59.3%)	19:28	3.1 (40.8%)
556	KOCOT Aleksandra	277		Open Kobiet	130	09:15	01:57:05.20	01:57:05.20	+01:09:33 (59.4%)	19:30	3.1 (40.8%)
557	ROGUSKA Kasia	599	WILK TRENUJE FAMILY (WTF)	Open Kobiet	131	10:30	01:57:09.55	01:57:09.55	+01:09:38 (59.4%)	19:31	3.1 (40.8%)
558	SOBCZYK Anna	551		Open Masters Kobiet	44	10:15	01:57:09.95	01:57:09.95	+01:09:38 (59.4%)	19:31	3.1 (40.8%)
559	WOJDYNA Monika	627		Open Kobiet	132	10:30	01:57:15.25	01:57:15.25	+01:09:43 (59.5%)	19:32	3.1 (40.8%)
560	WOJDYNA Karolina	626		Open Kobiet	133	10:30	01:57:17.75	01:57:17.75	+01:09:46 (59.5%)	19:32	3.1 (40.8%)
561	WYPYSKI Damian	501	KRP 2	Open Mężczyzn	260	10:15	01:57:23.65	01:57:23.65	+01:09:52 (59.5%)	19:33	3.1 (40.8%)
562	KOWALSKA Anna	493	KRP 2	Open Kobiet	134	10:15	01:57:24.95	01:57:24.95	+01:09:53 (59.5%)	19:34	3.1 (40.8%)
563	JANIKOWSKI Patryk	648		Open Mężczyzn	261	10:30	01:57:25.25	01:57:25.25	+01:09:53 (59.5%)	19:34	3.1 (40.8%)
564	JASIŃSKI Adrian	273		Open Mężczyzn	262	09:15	01:57:29.00	01:57:29.00	+01:09:57 (59.5%)	19:34	3.1 (40.8%)
565	JEŻ Maja	249	KICACZE	Open Kobiet	135	09:15	01:57:36.05	01:57:36.05	+01:10:04 (59.6%)	19:36	3.1 (40.8%)
566	BOŚKO Paulina	248	KICACZE	Open Kobiet	136	09:15	01:57:36.45	01:57:36.45	+01:10:05 (59.6%)	19:36	3.1 (40.8%)
567	GOŁĘBIEWSKA Gośka	530		Open Masters Kobiet	45	10:15	01:57:38.30	01:57:38.30	+01:10:06 (59.6%)	19:36	3.1 (40.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
568	KACPRZAK Paweł	533		Open Masters Mężczyzn	67	10:15	01:57:39.75	01:57:39.75	+01:10:08 (59.6%)	19:36	3.1 (40.8%)
569	ZAWISTOWSKI Daniel	292		Open Mężczyzn	263	09:15	01:57:41.35	01:57:41.35	+01:10:09 (59.6%)	19:36	3.1 (40.8%)
570	ZAWISTOWSKI Adam	291		Open Mężczyzn	264	09:15	01:57:46.15	01:57:46.15	+01:10:14 (59.6%)	19:37	3.1 (40.8%)
571	JASIŃSKA Sandra	272		Open Kobiet	137	09:15	01:57:46.60	01:57:46.60	+01:10:15 (59.6%)	19:37	3.1 (40.8%)
572	ŁEPKOWSKA Justyna	278		Open Kobiet	138	09:15	01:58:11.05	01:58:11.05	+01:10:39 (59.8%)	19:41	3 (39.5%)
573	BOGDAŃSKA Karolina	639	KUŁAK TEAM	Open Kobiet	139	10:45	01:58:18.30	01:58:18.30	+01:10:46 (59.8%)	19:43	3 (39.5%)
574	BOGDAŃSKI Michał	640	KUŁAK TEAM	Open Mężczyzn	265	10:45	01:58:19.15	01:58:19.15	+01:10:47 (59.8%)	19:43	3 (39.5%)
575	ALBIŃSKA Izabela	123		Open Kobiet	140	08:30	01:58:25.45	01:58:25.45	+01:10:54 (59.9%)	19:44	3 (39.5%)
576	KŁOSIŃSKA - RYBAKIEWICZ Anna	276		Open Kobiet	141	09:15	01:58:39.25	01:58:39.25	+01:11:07 (59.9%)	19:46	3 (39.5%)
577	KITA Grzegorz	652		Open Masters Mężczyzn	68	10:45	01:59:28.05	01:59:28.05	+01:11:56 (60.2%)	19:54	3 (39.5%)
578	RZEPECKI Karol	81		Open Mężczyzn	266	10:45	01:59:47.80	01:59:47.80	+01:12:16 (60.3%)	19:57	3 (39.5%)
579	STOLARSKA Marta	86		Open Kobiet	142	10:45	01:59:48.60	01:59:48.60	+01:12:17 (60.3%)	19:58	3 (39.5%)
580	PIĘTKA Krzysztof	163	LIGHT -OWI	Open Mężczyzn	267	08:45	02:00:00.40	02:00:00.40	+01:12:28 (60.4%)	20:00	3 (39.5%)
581	OSKROBA Magdalena	721		Open Kobiet	143	08:45	02:00:00.90	02:00:00.90	+01:12:29 (60.4%)	20:00	3 (39.5%)
582	WALENDA Jakub	165	LIGHT -OWI	Open Mężczyzn	268	08:45	02:00:01.85	02:00:01.85	+01:12:30 (60.4%)	20:00	3 (39.5%)
583	WALENDA Beata	164	LIGHT -OWI	Open Kobiet	144	08:45	02:00:03.30	02:00:03.30	+01:12:31 (60.4%)	20:00	3 (39.5%)
584	SURAŻYŃSKI Tomasz	71		Open Mężczyzn	269	10:45	01:32:06.00	02:00:04.75	+01:12:33 (60.4%)	15:21	3.9 (51.3%)
585	KARLIŃSKA Ewelina	395		Open Kobiet	145	09:45	02:00:48.55	02:00:48.55	+01:13:17 (60.7%)	20:08	3 (39.5%)
586	KRYŃSKI Marek	631	9BITS2021	Open Mężczyzn	270	10:45	02:01:28.45	02:01:28.45	+01:13:57 (60.9%)	20:14	3 (39.5%)
587	S Marek	634	9BITS2021	Open Masters Mężczyzn	69	10:45	02:01:28.70	02:01:28.70	+01:13:57 (60.9%)	20:14	3 (39.5%)
588	POWICHROWSKI Krzysztof	633	9BITS2021	Open Masters Mężczyzn	70	10:45	02:01:28.85	02:01:28.85	+01:13:57 (60.9%)	20:14	3 (39.5%)
589	KRAJEWSKA Klaudia	630	9BITS2021	Open Kobiet	146	10:45	02:01:28.90	02:01:28.90	+01:13:57 (60.9%)	20:14	3 (39.5%)
590	STIGAŃCOW Dawid	635	9BITS2021	Open Mężczyzn	271	10:45	02:01:29.05	02:01:29.05	+01:13:57 (60.9%)	20:14	3 (39.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas		Różn	Tempo min/km	Tempo km/h
							netto 6km	brutto 6km			
591	KUCZYŃSKI Tomek	632	9BITS2021	Open Masters Mężczyzn	71	10:45	02:01:29.10	02:01:29.10	+01:13:57 (60.9%)	20:14	3 (39.5%)
592	WOROSZYŁ Damian	636	9BITS2021	Open Mężczyzn	272	10:45	02:01:29.40	02:01:29.40	+01:13:57 (60.9%)	20:14	3 (39.5%)
593	ROBAK Joanna	668	GÓRSKIE ROBACZKI	Open Masters Kobiet	46	11:00	02:01:35.30	02:01:35.30	+01:14:03 (60.9%)	20:15	3 (39.5%)
594	ROBAK Sylwester	701		Open Mężczyzn	273	11:00	02:01:35.55	02:01:35.55	+01:14:04 (60.9%)	20:15	3 (39.5%)
595	KARLIŃSKI Artur	397		Open Masters Mężczyzn	72	09:45	02:01:48.35	02:01:48.35	+01:14:16 (61.0%)	20:18	3 (39.5%)
596	MEISTER Emil	479		Open Mężczyzn	274	10:00	02:03:42.70	02:03:42.70	+01:16:11 (61.6%)	20:37	2.9 (38.2%)
597	ODRAKIEWICZ Hubert	480		Open Mężczyzn	275	10:00	02:03:52.85	02:03:52.85	+01:16:21 (61.6%)	20:38	2.9 (38.2%)
598	ORZESZKO Angelika	112	SMI EŁK	Open Kobiet	147	WARMIŃSKO-MAZURSKIE	01:32:34.50	02:04:15.15	+01:16:43 (61.8%)	15:25	3.9 (51.3%)
599	CHEŁSTOWSKA Joanna	357	AKADEMIA SPORTU MEDYK	Open Kobiet	148	09:45	02:04:43.75	02:04:43.75	+01:17:12 (61.9%)	20:47	2.9 (38.2%)
600	DRĘŻEK Monika	604		Open Kobiet	149	10:30	02:06:35.95	02:06:35.95	+01:19:04 (62.5%)	21:05	2.8 (36.8%)
601	KOWALCZYK Tomasz	74		Open Mężczyzn	276	11:00	02:06:39.35	02:06:39.35	+01:19:07 (62.5%)	21:06	2.8 (36.8%)
602	KWAPISZ Izabela	84		Open Kobiet	150	11:00	02:06:43.45	02:06:43.45	+01:19:12 (62.5%)	21:07	2.8 (36.8%)
603	BASTEK Zuzanna	600		Open Kobiet	151	10:30	02:06:47.55	02:06:47.55	+01:19:16 (62.5%)	21:07	2.8 (36.8%)
604	TERBERT Radosław	374	LACROIX ELECTRONICS TEAM	Open Mężczyzn	277	09:45	02:07:42.45	02:07:42.45	+01:20:11 (62.8%)	21:17	2.8 (36.8%)
605	SOŁTYS Krystian	373	LACROIX ELECTRONICS TEAM	Open Mężczyzn	278	09:45	02:07:42.65	02:07:42.65	+01:20:11 (62.8%)	21:17	2.8 (36.8%)
605	ZAJĄC Karol	415		Open Mężczyzn	278	09:45	02:07:42.65	02:07:42.65	+01:20:11 (62.8%)	21:17	2.8 (36.8%)
607	BUJANOWSKA Monika	387		Open Masters Kobiet	47	09:45	02:07:44.90	02:07:44.90	+01:20:13 (62.8%)	21:17	2.8 (36.8%)
608	WOJTKOWIAK Jacek	109	OOD0OP0OB0OQOG	Open Mężczyzn	280	08:30	02:07:54.40	02:07:54.40	+01:20:22 (62.8%)	21:19	2.8 (36.8%)
609	PLISZKA Justyna	148		Open Kobiet	152	08:30	02:07:54.70	02:07:54.70	+01:20:23 (62.8%)	21:19	2.8 (36.8%)
610	KORYNT Paulina	371	LACROIX ELECTRONICS TEAM	Open Kobiet	153	09:45	02:08:40.30	02:08:40.30	+01:21:08 (63.1%)	21:26	2.8 (36.8%)
611	KOZŁOWSKI Mariusz	229		Open Mężczyzn	281	09:00	02:08:48.45	02:08:48.45	+01:21:17 (63.1%)	21:28	2.8 (36.8%)
612	KOŁAKOWSKI Hubert	515	THE MIGHTY DUCKS	Open Mężczyzn	282	10:15	02:09:07.70	02:09:07.70	+01:21:36 (63.2%)	21:31	2.8 (36.8%)
613	WRÓBLEWSKI Jacek	520	THE MIGHTY DUCKS	Open Masters Mężczyzn	73	10:15	02:09:11.45	02:09:11.45	+01:21:40 (63.2%)	21:31	2.8 (36.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
614	WAŹROBIŃSKA Olga	641	RD TEAM	Open Kobiet	154	10:45	02:09:14.35	02:09:14.35	+01:21:42 (63.2%)	21:32	2.8 (36.8%)
615	WIERZBICKA Magdalena	662		Open Kobiet	155	10:45	02:09:15.05	02:09:15.05	+01:21:43 (63.2%)	21:32	2.8 (36.8%)
616	MIŁOWICKI Krzysztof	656		Open Mężczyzn	283	10:45	02:09:15.70	02:09:15.70	+01:21:44 (63.2%)	21:32	2.8 (36.8%)
617	KACZERSKA Doris	513	THE MIGHTY DUCKS	Open Kobiet	156	10:15	02:09:25.85	02:09:25.85	+01:21:54 (63.3%)	21:34	2.8 (36.8%)
618	ADAMCZYK Urszula	526		Open Masters Kobiet	48	10:15	02:09:26.30	02:09:26.30	+01:21:54 (63.3%)	21:34	2.8 (36.8%)
619	ŚLUSARCZYK Aleksandra	517	THE MIGHTY DUCKS	Open Kobiet	157	10:15	02:09:26.60	02:09:26.60	+01:21:55 (63.3%)	21:34	2.8 (36.8%)
620	WITKOWSKI Radosław	519	THE MIGHTY DUCKS	Open Mężczyzn	284	10:15	02:09:26.80	02:09:26.80	+01:21:55 (63.3%)	21:34	2.8 (36.8%)
621	PLOCH Barbara	512	POTĘŻNE KACZORY	Open Masters Kobiet	49	10:15	02:09:27.10	02:09:27.10	+01:21:55 (63.3%)	21:34	2.8 (36.8%)
622	PERZYNA Wojciech	616		Open Mężczyzn	285	10:30	02:10:15.90	02:10:15.90	+01:22:44 (63.5%)	21:42	2.8 (36.8%)
623	BUCZEK Natalia	602		Open Kobiet	158	10:30	02:10:16.35	02:10:16.35	+01:22:44 (63.5%)	21:42	2.8 (36.8%)
624	BAŁDYGA Paulina	216		Open Kobiet	159	09:00	02:10:24.50	02:10:24.50	+01:22:53 (63.6%)	21:44	2.8 (36.8%)
625	CHWASTEK Anita	219		Open Kobiet	160	09:00	02:10:27.40	02:10:27.40	+01:22:55 (63.6%)	21:44	2.8 (36.8%)
626	BIELECKI Filip	190	BOSKIE DZIKI	Open Mężczyzn	286	09:00	02:10:27.45	02:10:27.45	+01:22:56 (63.6%)	21:44	2.8 (36.8%)
627	SZUBERT Tomasz	194	BOSKIE DZIKI	Open Mężczyzn	287	09:00	02:10:45.00	02:10:45.00	+01:23:13 (63.7%)	21:47	2.8 (36.8%)
628	DOLIŃSKI Jacek	80		Open Masters Mężczyzn	74	10:30	02:10:50.60	02:10:50.60	+01:23:19 (63.7%)	21:48	2.8 (36.8%)
629	WOJSIAT Katarzyna	663		Open Masters Kobiet	50	10:45	02:10:58.65	02:10:58.65	+01:23:27 (63.7%)	21:49	2.7 (35.5%)
629	ZALEWSKA Joanna	664		Open Masters Kobiet	50	10:45	02:10:58.65	02:10:58.65	+01:23:27 (63.7%)	21:49	2.7 (35.5%)
631	CZOSNYKA Joanna	161	UNIT 37	Open Kobiet	161	08:30	02:11:03.05	02:11:03.05	+01:23:31 (63.7%)	21:50	2.7 (35.5%)
632	ŁEBEK Mateusz	191	BOSKIE DZIKI	Open Mężczyzn	288	09:00	02:11:04.10	02:11:04.10	+01:23:32 (63.7%)	21:50	2.7 (35.5%)
633	NIEWĘGŁOWSKA Katarzyna	192	BOSKIE DZIKI	Open Kobiet	162	09:00	02:11:04.15	02:11:04.15	+01:23:32 (63.7%)	21:50	2.7 (35.5%)
634	NIEWĘGŁOWSKI Damian	193	BOSKIE DZIKI	Open Mężczyzn	289	09:00	02:11:04.35	02:11:04.35	+01:23:32 (63.7%)	21:50	2.7 (35.5%)
635	KRAJEWSKA Aleksandra	399		Open Kobiet	163	09:45	02:12:00.50	02:12:00.50	+01:24:29 (64.0%)	22:00	2.7 (35.5%)
636	BARTKOWSKA Agnieszka	378	OSA	Open Kobiet	164	09:45	02:12:00.55	02:12:00.55	+01:24:29 (64.0%)	22:00	2.7 (35.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
637	KRAJEWSKA Sylwia	400		Open Kobiet	165	09:45	02:12:00.95	02:12:00.95	+01:24:29 (64.0%)	22:00	2.7 (35.5%)
638	WITKOWSKA Olga	594	PINDY Z RADOMIA	Open Kobiet	166	10:30	02:12:45.85	02:12:45.85	+01:25:14 (64.2%)	22:07	2.7 (35.5%)
639	MANTORSKA Paulina	593	PINDY Z RADOMIA	Open Kobiet	167	10:30	02:12:45.90	02:12:45.90	+01:25:14 (64.2%)	22:07	2.7 (35.5%)
640	RADZAJEWSKA Natalia	729		Open Kobiet	168	10:30	02:13:17.05	02:13:17.05	+01:25:45 (64.3%)	22:12	2.7 (35.5%)
641	BRZOZOWSKI Ernest	601		Open Mężczyzn	290	10:30	02:14:30.85	02:14:30.85	+01:26:59 (64.7%)	22:25	2.7 (35.5%)
641	OLSZEWSKI Michał	614		Open Mężczyzn	290	10:30	02:14:30.85	02:14:30.85	+01:26:59 (64.7%)	22:25	2.7 (35.5%)
643	KOLOSZEWSKA Beata	610		Open Kobiet	169	10:30	02:14:31.05	02:14:31.05	+01:26:59 (64.7%)	22:25	2.7 (35.5%)
644	GOMULA Katarzyna	135		Open Kobiet	170	08:30	02:20:05.40	02:20:05.40	+01:32:33 (66.1%)	23:20	2.6 (34.2%)
645	SMAL Karolina	152		Open Kobiet	171	08:30	02:20:51.35	02:20:51.35	+01:33:19 (66.3%)	23:28	2.6 (34.2%)
646	FLORCZYK Karolina	132		Open Kobiet	172	08:30	02:20:51.40	02:20:51.40	+01:33:19 (66.3%)	23:28	2.6 (34.2%)
647	KOSTECKI Adam	642	ZOMBIELAND	Open Mężczyzn	292	10:45	02:24:18.40	02:24:18.40	+01:36:46 (67.1%)	24:03	2.5 (32.9%)
648	KOZŁOWSKI Zbigniew	643	ZOMBIELAND	Open Masters Mężczyzn	75	10:45	02:24:19.10	02:24:19.10	+01:36:47 (67.1%)	24:03	2.5 (32.9%)
649	WYSZKOWSKI Wojciech	645	ZOMBIELAND	Open Mężczyzn	293	10:45	02:24:19.25	02:24:19.25	+01:36:47 (67.1%)	24:03	2.5 (32.9%)
650	WYSZKOWSKA Grażyna	644	ZOMBIELAND	Open Kobiet	173	10:45	02:24:20.25	02:24:20.25	+01:36:48 (67.1%)	24:03	2.5 (32.9%)
651	BERNADY Magdalena	63	UNIT37	Elite Kobiet	8	08:15	02:26:52.70	02:26:52.70	+01:39:21 (67.6%)	24:28	2.5 (32.9%)
652	JASIŃSKA-KWOLEK Krystyna	64	UNIT37	Open Kobiet	174	08:15	02:28:13.00	02:28:13.00	+01:40:41 (67.9%)	24:42	2.4 (31.6%)
653	STRUSZKIEWICZ Aleksandra	87	POWER TRAINING	Open Kobiet	175	08:15	02:31:57.35	02:31:57.35	+01:44:25 (68.7%)	25:19	2.4 (31.6%)
654	KRALEWSKI Robert	476		Open Masters Mężczyzn	76	10:00	02:32:59.00	02:32:59.00	+01:45:27 (68.9%)	25:29	2.4 (31.6%)
655	JAKUBCZYK Adrianna	490	GLUTEN-SRUTEN TEAM	Open Kobiet	176	10:15	02:33:26.95	02:33:26.95	+01:45:55 (69.0%)	25:34	2.3 (30.3%)
656	KOSIŃSKI Maciej	492	GLUTEN-SRUTEN TEAM	Open Mężczyzn	294	10:15	02:33:27.10	02:33:27.10	+01:45:55 (69.0%)	25:34	2.3 (30.3%)
657	BORSUKIEWICZ Paweł	489	GLUTEN-SRUTEN TEAM	Open Mężczyzn	295	10:15	02:33:27.20	02:33:27.20	+01:45:55 (69.0%)	25:34	2.3 (30.3%)
658	JAKUBCZYK Klaudia	491	GLUTEN-SRUTEN TEAM	Open Kobiet	177	10:15	02:33:27.40	02:33:27.40	+01:45:55 (69.0%)	25:34	2.3 (30.3%)
659	ARCIPOWSKI Damian	521	ZAGRUZKA	Open Mężczyzn	296	10:15					(0.0%)
660	OGŁODZINSKI Piotr	693		Open Mężczyzn	297	11:00					(0.0%)
661	OWIERCZUK Kamil	545		Open Mężczyzn	298	10:15					(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
662	ZIMIŃSKI Paweł	215	WOLF TEAM	Open Mężczyzn	299	09:00					(0.0%)
663	OLSZEWSKI Mariusz	516	THE MIGHTY DUCKS	Open Mężczyzn	300	10:15					(0.0%)
664	JASIŃSKA Agata	313	PO KORON(I)E	Open Kobiet	178	09:30					(0.0%)
665	KARLIŃSKA Paulina	396		Open Kobiet	179	09:45					(0.0%)
	JUREWICZ Łukasz	2	#KUŁAKTEAM	Open Masters Mężczyzn		08:00	DNF	DNF		-	- (0.0%)

Znaleziono 666 wynik(ów)