

**Wydarzenie:** Runmageddon Gdańsk  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2020-09-12  
**Miejsce:** Gdańsk  
**Dystans:** 6 km

Klasyfikacja: 11:30

| Msc | Zawodnik              | Numer | Klub                            | Kategoria             | Mkat | Seria | Czas netto 6km | Czas brutto 6km | Różn              | Tempo min/km | Tempo km/h  |
|-----|-----------------------|-------|---------------------------------|-----------------------|------|-------|----------------|-----------------|-------------------|--------------|-------------|
| 1   | KOŁPACZYŃSKI Paweł    | 1174  | CROSS TRENING MAZOVIA CIECHANÓW | Open Mężczyzn         | 82   | 11:30 | 00:58:08.70    | 00:58:08.70     |                   | 9:41         | 6.2 (100%)  |
| 2   | KULIGOWSKI Piotr      | 1140  |                                 | Open Mężczyzn         | 88   | 11:30 | 00:58:12.00    | 00:58:12.00     | +00:00:03 (0.1%)  | 9:42         | 6.2 (100%)  |
| 3   | SZEWCZAK Arkadiusz    | 1149  |                                 | Open Masters Mężczyzn | 14   | 11:30 | 00:59:51.30    | 00:59:51.30     | +00:01:42 (2.9%)  | 9:58         | 6 (96.8%)   |
| 4   | WYSOCZAŃSKI Mikołaj   | 1152  |                                 | Open Mężczyzn         | 139  | 11:30 | 01:01:53.70    | 01:01:53.70     | +00:03:45 (6.1%)  | 10:18        | 5.8 (93.5%) |
| 5   | SZCZĘSNY Michał       | 1122  | UNITED RUNNERS                  | Open Mężczyzn         | 148  | 11:30 | 01:03:00.45    | 01:03:00.45     | +00:04:51 (7.7%)  | 10:30        | 5.7 (91.9%) |
| 6   | RYNDAK Rafał          | 1077  | CHARAKTERNI SPORTS              | Open Masters Mężczyzn | 28   | 11:30 | 01:03:23.40    | 01:03:23.40     | +00:05:14 (8.3%)  | 10:33        | 5.7 (91.9%) |
| 7   | LORENOWICZ Agnieszka  | 1076  | CHARAKTERNI SPORTS              | Open Kobiet           | 15   | 11:30 | 01:04:03.65    | 01:04:03.65     | +00:05:54 (9.2%)  | 10:40        | 5.6 (90.3%) |
| 8   | SZMAJDA Dominik       | 1150  |                                 | Open Mężczyzn         | 207  | 11:30 | 01:06:00.80    | 01:06:00.80     | +00:07:52 (11.9%) | 11:00        | 5.5 (88.7%) |
| 9   | ROGOWSKI Jakub        | 1103  | DRAPIEŻNE SURYKATKI             | Open Mężczyzn         | 237  | 11:30 | 01:07:38.30    | 01:07:38.30     | +00:09:29 (14.0%) | 11:16        | 5.3 (85.5%) |
| 10  | DRÓZD Krzysztof       | 1134  |                                 | Open Mężczyzn         | 240  | 11:30 | 01:07:42.75    | 01:07:42.75     | +00:09:34 (14.1%) | 11:17        | 5.3 (85.5%) |
| 11  | RUSZKOWSKI Przemysław | 1089  | CROSS TRENING MAZOVIA CIECHANÓW | Open Mężczyzn         | 278  | 11:30 | 01:09:14.20    | 01:09:14.20     | +00:11:05 (16.0%) | 11:32        | 5.2 (83.9%) |
| 12  | SALAMON Błażej        | 1121  | THE SALAMONS                    | Open Mężczyzn         | 289  | 11:30 | 01:09:25.95    | 01:09:25.95     | +00:11:17 (16.3%) | 11:34        | 5.2 (83.9%) |
| 13  | RUSZKOWSKA Anna       | 1088  | CROSS TRENING MAZOVIA CIECHANÓW | Open Masters Kobiet   | 6    | 11:30 | 01:09:49.90    | 01:09:49.90     | +00:11:41 (16.7%) | 11:38        | 5.2 (83.9%) |
| 14  | KRUSZYŃSKA Żaneta     | 1175  | CROSS TRENING MAZOVIA CIECHANÓW | Open Kobiet           | 53   | 11:30 | 01:10:44.70    | 01:10:44.70     | +00:12:36 (17.8%) | 11:47        | 5.1 (82.3%) |
| 15  | PLICHTA Szymon        | 1146  |                                 | Open Mężczyzn         | 316  | 11:30 | 01:10:56.80    | 01:10:56.80     | +00:12:48 (18.0%) | 11:49        | 5.1 (82.3%) |
| 16  | SZCZEPAŃSKA Bogumiła  | 1091  | CROSS TRENING MAZOVIA CIECHANÓW | Open Masters Kobiet   | 9    | 11:30 | 01:13:02.20    | 01:13:02.20     | +00:14:53 (20.4%) | 12:10        | 4.9 (79.0%) |
| 17  | DOBRYŃSKA Anna        | 1080  | CROSS TRENING MAZOVIA CIECHANÓW | Open Kobiet           | 71   | 11:30 | 01:13:25.10    | 01:13:25.10     | +00:15:16 (20.8%) | 12:14        | 4.9 (79.0%) |
| 18  | SOBECKA Sylwia        | 1090  | CROSS TRENING MAZOVIA CIECHANÓW | Open Kobiet           | 72   | 11:30 | 01:13:26.20    | 01:13:26.20     | +00:15:17 (20.8%) | 12:14        | 4.9 (79.0%) |
| 19  | ŚRUTKOWSKA Ania       | 1072  | BFI #GETSHITDONE                | Open Kobiet           | 73   | 11:30 | 01:13:29.80    | 01:13:29.80     | +00:15:21 (20.9%) | 12:14        | 4.9 (79.0%) |
| 20  | OSTROMĘCKA Agata      | 1069  | BFI #GETSHITDONE                | Open Kobiet           | 74   | 11:30 | 01:13:30.45    | 01:13:30.45     | +00:15:21 (20.9%) | 12:15        | 4.9 (79.0%) |
| 21  | OSTROMĘCKI Piotr      | 1070  | BFI #GETSHITDONE                | Open Mężczyzn         | 368  | 11:30 | 01:13:34.05    | 01:13:34.05     | +00:15:25 (21.0%) | 12:15        | 4.9 (79.0%) |
| 22  | KOWALSKA Patrycja     | 1137  |                                 | Open Kobiet           | 80   | 11:30 | 01:14:13.55    | 01:14:13.55     | +00:16:04 (21.7%) | 12:22        | 4.9 (79.0%) |
| 23  | ZADROŻNA Olga         | 1096  | CROSS TRENING MAZOVIA CIECHANÓW | Open Kobiet           | 82   | 11:30 | 01:14:13.75    | 01:14:13.75     | +00:16:05 (21.7%) | 12:22        | 4.9 (79.0%) |
| 24  | ZADROŻNY Krzysztof    | 1097  | CROSS TRENING MAZOVIA CIECHANÓW | Open Mężczyzn         | 383  | 11:30 | 01:14:14.15    | 01:14:14.15     | +00:16:05 (21.7%) | 12:22        | 4.8 (77.4%) |
| 25  | SKRZYPIŃSKI Michał    | 1147  |                                 | Open Mężczyzn         | 384  | 11:30 | 01:14:14.75    | 01:14:14.75     | +00:16:06 (21.7%) | 12:22        | 4.8 (77.4%) |
| 26  | ANDRZEJACZEK Przemek  | 1098  | DON'T STAP                      | Open Masters Mężczyzn | 83   | 11:30 | 01:14:32.55    | 01:14:32.55     | +00:16:23 (22.0%) | 12:25        | 4.8 (77.4%) |
| 27  | OŻUBKO Dariusz        | 1100  | DON'T STAP                      | Open Masters Mężczyzn | 84   | 11:30 | 01:14:33.05    | 01:14:33.05     | +00:16:24 (22.0%) | 12:25        | 4.8 (77.4%) |
| 28  | ANDRZEJACZEK Radosław | 1099  | DON'T STAP                      | Open Masters Mężczyzn | 85   | 11:30 | 01:14:33.30    | 01:14:33.30     | +00:16:24 (22.0%) | 12:25        | 4.8 (77.4%) |
| 29  | RYBKA Radosław        | 1101  | DON'T STAP                      | Open Masters Mężczyzn | 86   | 11:30 | 01:14:33.40    | 01:14:33.40     | +00:16:24 (22.0%) | 12:25        | 4.8 (77.4%) |

| Msc | Zawodnik                       | Numer       | Klub                            | Kategoria             | Mkat | Seria | Czas netto<br>6km  | Czas brutto<br>6km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|--------------------------------|-------------|---------------------------------|-----------------------|------|-------|--------------------|--------------------|-------------------|-----------------|---------------|
| 30  | <b>ZEKIECKA-TUROWSKA Magda</b> | <b>1071</b> | BFI #GETSHITDONE                | Open Kobiet           | 88   | 11:30 | <b>01:14:49.55</b> | <b>01:14:49.55</b> | +00:16:40 (22.3%) | 12:28           | 4.8 (77.4%)   |
| 31  | <b>TARNOWSKI Paweł</b>         | <b>1073</b> | BFI #GETSHITDONE                | Open Mężczyzn         | 400  | 11:30 | <b>01:15:12.00</b> | <b>01:15:12.00</b> | +00:17:03 (22.7%) | 12:32           | 4.8 (77.4%)   |
| 32  | <b>WESOŁOWSKI Kacper</b>       | <b>1074</b> | BFI #GETSHITDONE                | Open Mężczyzn         | 402  | 11:30 | <b>01:15:12.55</b> | <b>01:15:12.55</b> | +00:17:03 (22.7%) | 12:32           | 4.8 (77.4%)   |
| 33  | <b>MATUSZEWSKI Artur</b>       | <b>1067</b> | BFI #GETSHITDONE                | Open Masters Mężczyzn | 90   | 11:30 | <b>01:15:12.85</b> | <b>01:15:12.85</b> | +00:17:04 (22.7%) | 12:32           | 4.8 (77.4%)   |
| 34  | <b>CYMUTA Mateusz</b>          | <b>1065</b> | BFI #GETSHITDONE                | Open Mężczyzn         | 403  | 11:30 | <b>01:15:13.15</b> | <b>01:15:13.15</b> | +00:17:04 (22.7%) | 12:32           | 4.8 (77.4%)   |
| 35  | <b>ZAWADZKI Maciej</b>         | <b>1075</b> | BFI #GETSHITDONE                | Open Mężczyzn         | 404  | 11:30 | <b>01:15:13.45</b> | <b>01:15:13.45</b> | +00:17:04 (22.7%) | 12:32           | 4.8 (77.4%)   |
| 36  | <b>JASTRZĘBSKI Marcin</b>      | <b>1066</b> | BFI #GETSHITDONE                | Open Mężczyzn         | 405  | 11:30 | <b>01:15:15.00</b> | <b>01:15:15.00</b> | +00:17:06 (22.7%) | 12:32           | 4.8 (77.4%)   |
| 37  | <b>LEŚNIEWSKI Paweł</b>        | <b>1085</b> | CROSS TRENING MAZOVIA CIECHANÓW | Open Masters Mężczyzn | 93   | 11:30 | <b>01:16:38.55</b> | <b>01:16:38.55</b> | +00:18:29 (24.1%) | 12:46           | 4.7 (75.8%)   |
| 38  | <b>LEŚNIEWSKA Anna</b>         | <b>1084</b> | CROSS TRENING MAZOVIA CIECHANÓW | Open Kobiet           | 104  | 11:30 | <b>01:16:41.65</b> | <b>01:16:41.65</b> | +00:18:32 (24.2%) | 12:46           | 4.7 (75.8%)   |
| 39  | <b>DŁUGOKĘCKI Marcin</b>       | <b>1079</b> | CROSS TRENING MAZOVIA CIECHANÓW | Open Masters Mężczyzn | 94   | 11:30 | <b>01:16:59.45</b> | <b>01:16:59.45</b> | +00:18:50 (24.5%) | 12:49           | 4.7 (75.8%)   |
| 40  | <b>OBUDZIŃSKI Marcin</b>       | <b>1087</b> | CROSS TRENING MAZOVIA CIECHANÓW | Open Masters Mężczyzn | 97   | 11:30 | <b>01:17:27.10</b> | <b>01:17:27.10</b> | +00:19:18 (24.9%) | 12:54           | 4.6 (74.2%)   |
| 41  | <b>DŁUGOKĘCKA Ewa</b>          | <b>1078</b> | CROSS TRENING MAZOVIA CIECHANÓW | Open Masters Kobiet   | 17   | 11:30 | <b>01:17:36.40</b> | <b>01:17:36.40</b> | +00:19:27 (25.1%) | 12:56           | 4.6 (74.2%)   |
| 42  | <b>KROPIEWNICKI Łukasz</b>     | <b>1138</b> |                                 | Open Mężczyzn         | 450  | 11:30 | <b>01:17:51.25</b> | <b>01:17:51.25</b> | +00:19:42 (25.3%) | 12:58           | 4.6 (74.2%)   |
| 43  | <b>WSZEBOROWSKI Marcin</b>     | <b>1095</b> | CROSS TRENING MAZOVIA CIECHANÓW | Open Masters Mężczyzn | 100  | 11:30 | <b>01:17:59.45</b> | <b>01:17:59.45</b> | +00:19:50 (25.4%) | 12:59           | 4.6 (74.2%)   |
| 44  | <b>KOWNACKA Ewelina</b>        | <b>1083</b> | CROSS TRENING MAZOVIA CIECHANÓW | Open Kobiet           | 112  | 11:30 | <b>01:17:59.75</b> | <b>01:17:59.75</b> | +00:19:51 (25.5%) | 12:59           | 4.6 (74.2%)   |
| 45  | <b>OBUDZIŃSKA Monika</b>       | <b>1086</b> | CROSS TRENING MAZOVIA CIECHANÓW | Open Masters Kobiet   | 18   | 11:30 | <b>01:18:00.40</b> | <b>01:18:00.40</b> | +00:19:51 (25.5%) | 13:00           | 4.6 (74.2%)   |
| 46  | <b>SZWARCZEWSKI Damian</b>     | <b>1092</b> | CROSS TRENING MAZOVIA CIECHANÓW | Open Mężczyzn         | 453  | 11:30 | <b>01:18:01.15</b> | <b>01:18:01.15</b> | +00:19:52 (25.5%) | 13:00           | 4.6 (74.2%)   |
| 47  | <b>WSZEBOROWSKA Honorata</b>   | <b>1094</b> | CROSS TRENING MAZOVIA CIECHANÓW | Open Masters Kobiet   | 19   | 11:30 | <b>01:18:01.55</b> | <b>01:18:01.55</b> | +00:19:52 (25.5%) | 13:00           | 4.6 (74.2%)   |
| 48  | <b>DZIEWIĄTKOWSKA Monika</b>   | <b>1081</b> | CROSS TRENING MAZOVIA CIECHANÓW | Open Kobiet           | 115  | 11:30 | <b>01:18:01.80</b> | <b>01:18:01.80</b> | +00:19:53 (25.5%) | 13:00           | 4.6 (74.2%)   |
| 49  | <b>WIETESKA Marcin</b>         | <b>1093</b> | CROSS TRENING MAZOVIA CIECHANÓW | Open Mężczyzn         | 457  | 11:30 | <b>01:18:08.35</b> | <b>01:18:08.35</b> | +00:19:59 (25.6%) | 13:01           | 4.6 (74.2%)   |
| 50  | <b>MIEDZIEJKO Grzegorz</b>     | <b>1143</b> |                                 | Open Masters Mężczyzn | 103  | 11:30 | <b>01:18:14.85</b> | <b>01:18:14.85</b> | +00:20:06 (25.7%) | 13:02           | 4.6 (74.2%)   |
| 51  | <b>NOWIŃSKI Adam</b>           | <b>1145</b> |                                 | Open Mężczyzn         | 470  | 11:30 | <b>01:19:13.65</b> | <b>01:19:13.65</b> | +00:21:04 (26.6%) | 13:12           | 4.5 (72.6%)   |
| 52  | <b>ŁUCZAK Przemysław</b>       | <b>1104</b> | EGZOOVET                        | Open Mężczyzn         | 479  | 11:30 | <b>01:19:31.90</b> | <b>01:19:31.90</b> | +00:21:23 (26.9%) | 13:15           | 4.5 (72.6%)   |
| 53  | <b>ŚMIGIELSKA Marzena</b>      | <b>1119</b> | SUPERMENKI                      | Open Masters Kobiet   | 49   | 11:30 | <b>01:32:38.45</b> | <b>01:32:38.45</b> | +00:34:29 (37.2%) | 15:26           | 3.9 (62.9%)   |
| 54  | <b>BŁASZKIEWICZ Katarzyna</b>  | <b>1130</b> |                                 | Open Kobiet           | 298  | 11:30 | <b>01:34:05.55</b> | <b>01:34:05.55</b> | +00:35:56 (38.2%) | 15:40           | 3.8 (61.3%)   |
| 55  | <b>DACEWICZ Katarzyna</b>      | <b>1133</b> |                                 | Open Kobiet           | 299  | 11:30 | <b>01:34:05.65</b> | <b>01:34:05.65</b> | +00:35:56 (38.2%) | 15:40           | 3.8 (61.3%)   |
| 56  | <b>KUCZKOWSKA Sylwia</b>       | <b>1139</b> |                                 | Open Kobiet           | 305  | 11:30 | <b>01:34:18.00</b> | <b>01:34:18.00</b> | +00:36:09 (38.3%) | 15:43           | 3.8 (61.3%)   |
| 57  | <b>TOMASZEWSKI Michał</b>      | <b>1151</b> |                                 | Open Mężczyzn         | 699  | 11:30 | <b>01:34:22.40</b> | <b>01:34:22.40</b> | +00:36:13 (38.4%) | 15:43           | 3.8 (61.3%)   |
| 58  | <b>KROĆ Mateusz</b>            | <b>1068</b> | BFI #GETSHITDONE                | Open Mężczyzn         | 702  | 11:30 | <b>01:34:29.30</b> | <b>01:34:29.30</b> | +00:36:20 (38.5%) | 15:44           | 3.8 (61.3%)   |
| 59  | <b>WOJTAS Anna</b>             | <b>1120</b> | SUPERMENKI                      | Open Masters Kobiet   | 53   | 11:30 | <b>01:34:52.80</b> | <b>01:34:52.80</b> | +00:36:44 (38.7%) | 15:48           | 3.8 (61.3%)   |
| 60  | <b>KASTRUU Tomasz</b>          | <b>1135</b> |                                 | Open Mężczyzn         | 717  | 11:30 | <b>01:36:15.75</b> | <b>01:36:15.75</b> | +00:38:07 (39.6%) | 16:02           | 3.7 (59.7%)   |
| 61  | <b>SOCHA Justyna</b>           | <b>1148</b> |                                 | Open Kobiet           | 317  | 11:30 | <b>01:36:16.90</b> | <b>01:36:16.90</b> | +00:38:08 (39.6%) | 16:02           | 3.7 (59.7%)   |
| 62  | <b>NIEDZIÓŁKA Mateusz</b>      | <b>1144</b> |                                 | Open Mężczyzn         | 725  | 11:30 | <b>01:37:39.10</b> | <b>01:37:39.10</b> | +00:39:30 (40.5%) | 16:16           | 3.7 (59.7%)   |
| 63  | <b>PIERZCHAŁA Agnieszka</b>    | <b>1126</b> | WARZYWNIAK                      | Open Kobiet           | 348  | 11:30 | <b>01:39:47.95</b> | <b>01:39:47.95</b> | +00:41:39 (41.7%) | 16:37           | 3.6 (58.1%)   |
| 64  | <b>PAJEWSKA Anna</b>           | <b>1125</b> | WARZYWNIAK                      | Open Kobiet           | 349  | 11:30 | <b>01:39:48.00</b> | <b>01:39:48.00</b> | +00:41:39 (41.7%) | 16:38           | 3.6 (58.1%)   |
| 65  | <b>BENALI Adam</b>             | <b>1123</b> | WARZYWNIAK                      | Open Mężczyzn         | 744  | 11:30 | <b>01:39:48.05</b> | <b>01:39:48.05</b> | +00:41:39 (41.7%) | 16:38           | 3.6 (58.1%)   |
| 66  | <b>PACZYŃSKI Arkadiusz</b>     | <b>1124</b> | WARZYWNIAK                      | Open Mężczyzn         | 745  | 11:30 | <b>01:39:48.45</b> | <b>01:39:48.45</b> | +00:41:39 (41.7%) | 16:38           | 3.6 (58.1%)   |
| 67  | <b>PIERZCHAŁA Magdalena</b>    | <b>1127</b> | WARZYWNIAK                      | Open Kobiet           | 350  | 11:30 | <b>01:39:49.25</b> | <b>01:39:49.25</b> | +00:41:40 (41.8%) | 16:38           | 3.6 (58.1%)   |
| 68  | <b>LASKOWSKI Jerzy</b>         | <b>1109</b> | FITNESSFITBACK                  | Open Masters Mężczyzn | 174  | 11:30 | <b>01:40:41.45</b> | <b>01:40:41.45</b> | +00:42:32 (42.3%) | 16:46           | 3.6 (58.1%)   |
| 69  | <b>WOŚ Tomasz</b>              | <b>1114</b> | FITNESSFITBACK                  | Open Masters Mężczyzn | 175  | 11:30 | <b>01:40:50.85</b> | <b>01:40:50.85</b> | +00:42:42 (42.3%) | 16:48           | 3.6 (58.1%)   |
| 70  | <b>BOBOWSKA Agnieszka</b>      | <b>1105</b> | FITNESSFITBACK                  | Open Masters Kobiet   | 66   | 11:30 | <b>01:41:18.30</b> | <b>01:41:18.30</b> | +00:43:09 (42.6%) | 16:53           | 3.6 (58.1%)   |
| 71  | <b>HECHLIŃSKI Tomasz</b>       | <b>1107</b> | FITNESSFITBACK                  | Open Masters Mężczyzn | 176  | 11:30 | <b>01:41:20.10</b> | <b>01:41:20.10</b> | +00:43:11 (42.6%) | 16:53           | 3.6 (58.1%)   |
| 72  | <b>SIUMA Paweł</b>             | <b>1112</b> | FITNESSFITBACK                  | Open Mężczyzn         | 760  | 11:30 | <b>01:41:37.05</b> | <b>01:41:37.05</b> | +00:43:28 (42.8%) | 16:56           | 3.5 (56.5%)   |
| 73  | <b>SIUMA Emilia</b>            | <b>1111</b> | FITNESSFITBACK                  | Open Kobiet           | 363  | 11:30 | <b>01:41:37.25</b> | <b>01:41:37.25</b> | +00:43:28 (42.8%) | 16:56           | 3.5 (56.5%)   |

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|-----|----------------------|-------|----------------|-----------------------|------|-------|----------------|-----------------|-------------------|--------------|-------------|
| 73  | BOBOWSKI Mariusz     | 1106  | FITNESSFITBACK | Open Masters Mężczyzn | 177  | 11:30 | 01:41:37.25    | 01:41:37.25     | +00:43:28 (42.8%) | 16:56        | 3.5 (56.5%) |
| 75  | PUCHTA Katarzyna     | 1110  | FITNESSFITBACK | Open Kobiet           | 364  | 11:30 | 01:41:37.90    | 01:41:37.90     | +00:43:29 (42.8%) | 16:56        | 3.5 (56.5%) |
| 76  | SZNABEL Katarzyna    | 1113  | FITNESSFITBACK | Open Masters Kobiet   | 67   | 11:30 | 01:41:37.95    | 01:41:37.95     | +00:43:29 (42.8%) | 16:56        | 3.5 (56.5%) |
| 77  | ZAKRZEWSKA Magdalena | 1153  |                | Open Kobiet           | 393  | 11:30 | 01:47:43.00    | 01:47:43.00     | +00:49:34 (46.0%) | 17:57        | 3.3 (53.2%) |
| 78  | CZAPP Tomasz         | 1131  |                | Open Mężczyzn         | 802  | 11:30 | 01:49:47.05    | 01:49:47.05     | +00:51:38 (47.0%) | 18:17        | 3.3 (53.2%) |
| 79  | RYBKA Sebastian      | 1102  | DON'T STAP     | Open Mężczyzn         | 819  | 11:30 |                |                 |                   |              | (0.0%)      |

Znaleziono 79 wynik(ów)