

# RUNMAGEDDON REKRUT LESKO

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**Wydarzenie:** FINAŁ LIGI RUNMAGEDDONU LESKO  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2021-10-16  
**Miejsce:** LESKO  
**Dystans:** 6 km

**B4SPORT**  
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Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
1	<b>OŚLIZŁO Tomasz</b>	<b>44</b>	SOCIOS SILESIA	Elite Mężczyzn	1	10:00	<b>00:39:27.55</b>	<b>00:39:27.55</b>		6:34	9.1 (100%)
2	<b>KRAWIECKI Mateusz</b>	<b>32</b>	RUNMAGEDDON	Elite Mężczyzn	2	10:00	<b>00:39:47.30</b>	<b>00:39:47.30</b>	+00:00:19 (0.8%)	6:37	9 (98.9%)
3	<b>SALAMON Mateusz</b>	<b>29</b>	POWER TRAINING	Elite Mężczyzn	3	10:00	<b>00:40:00.35</b>	<b>00:40:00.35</b>	+00:00:32 (1.4%)	6:40	9 (98.9%)
4	<b>FABIAN Marcel</b>	<b>39</b>	SOCIOS SILESIA	Elite Mężczyzn	4	10:00	<b>00:40:22.25</b>	<b>00:40:22.25</b>	+00:00:54 (2.3%)	6:43	8.9 (97.8%)
5	<b>JACIÓW Paweł</b>	<b>47</b>	WATAHA	Elite Mężczyzn	5	10:00	<b>00:40:30.15</b>	<b>00:40:30.15</b>	+00:01:02 (2.6%)	6:45	8.9 (97.8%)
6	<b>SELIANIN Dmytro</b>	<b>45</b>	SOCIOS SILESIA	Elite Mężczyzn	6	10:00	<b>00:41:49.40</b>	<b>00:41:49.40</b>	+00:02:21 (5.7%)	6:58	8.6 (94.5%)
7	<b>BRZOSKWINIA Wojciech</b>	<b>20</b>	LEMON TEAM	Elite Mężczyzn	7	10:00	<b>00:42:31.75</b>	<b>00:42:31.75</b>	+00:03:04 (7.2%)	7:05	8.5 (93.4%)
8	<b>RYNKIEWICZ Mateusz</b>	<b>34</b>	RUNMAGEDDON	Elite Mężczyzn	8	10:00	<b>00:42:37.55</b>	<b>00:42:37.55</b>	+00:03:10 (7.4%)	7:06	8.4 (92.3%)
9	<b>BUDZISZ Krzysztof</b>	<b>37</b>	SOCIOS SILESIA	Elite Masters Mężczyzn	1	10:00	<b>00:43:08.05</b>	<b>00:43:08.05</b>	+00:03:40 (8.5%)	7:11	8.3 (91.2%)
10	<b>JASTRZĘBSKI Piotr</b>	<b>41</b>	SOCIOS SILESIA	Elite Mężczyzn	9	10:00	<b>00:43:20.60</b>	<b>00:43:20.60</b>	+00:03:53 (9.0%)	7:13	8.3 (91.2%)
11	<b>STAMATEL Sebastian</b>	<b>53</b>		Elite Mężczyzn	10	10:00	<b>00:43:47.30</b>	<b>00:43:47.30</b>	+00:04:19 (9.9%)	7:17	8.2 (90.1%)
12	<b>LISOWSKI Grzegorz</b>	<b>42</b>	SOCIOS SILESIA	Elite Mężczyzn	11	10:00	<b>00:44:05.20</b>	<b>00:44:05.20</b>	+00:04:37 (10.5%)	7:20	8.2 (90.1%)
13	<b>DOMAGAŁA Dominik</b>	<b>164</b>	GORĄCY POTOK TEAM	Open Mężczyzn	1	10:45	<b>00:45:32.85</b>	<b>00:45:32.85</b>	+00:06:05 (13.4%)	7:35	7.9 (86.8%)
14	<b>KALININ Jarosław</b>	<b>31</b>	RAJSPOORT ACTIVE	Elite Mężczyzn	12	10:00	<b>00:45:40.80</b>	<b>00:45:40.80</b>	+00:06:13 (13.6%)	7:36	7.9 (86.8%)
15	<b>GOŁĘBIOWSKI Bogdan</b>	<b>2</b>	CARBON SILESIA SPORT	Elite Mężczyzn	13	10:00	<b>00:45:45.85</b>	<b>00:45:45.85</b>	+00:06:18 (13.8%)	7:37	7.9 (86.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
16	<b>KMIEĆ Adam</b>	<b>4</b>	CARBON SILESIA SPORT	Elite Mężczyzn	14	10:00	<b>00:45:47.85</b>	<b>00:45:47.85</b>	+00:06:20 (13.8%)	7:37	7.9 (86.8%)
17	<b>PODGORSKI Marek</b>	<b>33</b>	RUNMAGEDDON	Elite Masters Mężczyzn	2	10:00	<b>00:46:36.95</b>	<b>00:46:36.95</b>	+00:07:09 (15.4%)	7:46	7.7 (84.6%)
18	<b>MAŚLANKIEWICZ Dawid</b>	<b>15</b>	HUSARIA RACE TEAM	Elite Mężczyzn	15	10:00	<b>00:46:43.15</b>	<b>00:46:43.15</b>	+00:07:15 (15.5%)	7:47	7.7 (84.6%)
19	<b>SZKURŁAT Tomasz</b>	<b>30</b>	POWER TRAINING	Elite Mężczyzn	16	10:00	<b>00:47:18.50</b>	<b>00:47:18.50</b>	+00:07:50 (16.6%)	7:53	7.6 (83.5%)
20	<b>PASTUSZKA Michał</b>	<b>227</b>		Open Mężczyzn	2	10:45	<b>00:47:20.15</b>	<b>00:47:20.15</b>	+00:07:52 (16.6%)	7:53	7.6 (83.5%)
21	<b>ŻURAWIK Rafał</b>	<b>80</b>	LEMON TEAM	Elite Mężczyzn	17	10:00	<b>00:47:26.40</b>	<b>00:47:26.40</b>	+00:07:58 (16.8%)	7:54	7.6 (83.5%)
22	<b>CHŁAD Aleksander</b>	<b>12</b>	EX TEAM	Elite Mężczyzn	18	10:00	<b>00:48:05.50</b>	<b>00:48:05.50</b>	+00:08:37 (18.0%)	8:00	7.5 (82.4%)
23	<b>GOŁĘBIEWSKI Konrad</b>	<b>3</b>	CARBON SILESIA SPORT	Elite Mężczyzn	19	10:00	<b>00:48:21.00</b>	<b>00:48:21.00</b>	+00:08:53 (18.4%)	8:03	7.4 (81.3%)
24	<b>KRÓLIKOWSKI Karol</b>	<b>214</b>		Open Mężczyzn	3	10:45	<b>00:48:21.95</b>	<b>00:48:21.95</b>	+00:08:54 (18.4%)	8:03	7.4 (81.3%)
25	<b>RYBAK Dawid</b>	<b>16</b>	K.S. CROSS SPORT WODZISŁAW ŚLĄSKI	Elite Mężczyzn	20	10:00	<b>00:48:42.35</b>	<b>00:48:42.35</b>	+00:09:14 (19.0%)	8:07	7.4 (81.3%)
26	<b>SZTAJER Bartek</b>	<b>46</b>	SOCIOS SILESIA	Elite Mężczyzn	21	10:00	<b>00:48:50.85</b>	<b>00:48:50.85</b>	+00:09:23 (19.2%)	8:08	7.4 (81.3%)
27	<b>MACIEJEWSKI Łukasz</b>	<b>43</b>	SOCIOS SILESIA	Elite Mężczyzn	22	10:00	<b>00:48:57.80</b>	<b>00:48:57.80</b>	+00:09:30 (19.4%)	8:09	7.4 (81.3%)
28	<b>RYNKIEWICZ Agnieszka</b>	<b>64</b>	GORĄCY POTOK TEAM	Elite Kobiet	1	10:20	<b>00:49:00.85</b>	<b>00:49:00.85</b>	+00:09:33 (19.5%)	8:10	7.3 (80.2%)
29	<b>SŁADEK Patryk</b>	<b>13</b>	EX TEAM	Elite Mężczyzn	23	10:00	<b>00:49:02.75</b>	<b>00:49:02.75</b>	+00:09:35 (19.5%)	8:10	7.3 (80.2%)
30	<b>MISSALA Magdalena</b>	<b>71</b>	POWER TRAINING	Elite Kobiet	2	10:20	<b>00:49:10.05</b>	<b>00:49:10.05</b>	+00:09:42 (19.7%)	8:11	7.3 (80.2%)
31	<b>KĘDZIORA Bogumił</b>	<b>19</b>	KONIU SQUAD	Elite Mężczyzn	24	10:00	<b>00:49:11.35</b>	<b>00:49:11.35</b>	+00:09:43 (19.8%)	8:11	7.3 (80.2%)
32	<b>GŁYK Łukasz</b>	<b>1</b>	CARBON SILESIA SPORT	Elite Mężczyzn	25	10:00	<b>00:49:11.45</b>	<b>00:49:11.45</b>	+00:09:43 (19.8%)	8:11	7.3 (80.2%)
33	<b>CIACIEK Tomasz</b>	<b>349</b>	OCR TEAM DĘBICA	Open Mężczyzn	4	11:15	<b>00:49:12.15</b>	<b>00:49:12.15</b>	+00:09:44 (19.8%)	8:12	7.3 (80.2%)
34	<b>ZAWISTOWSKI Jakub</b>	<b>35</b>	RUNMAGEDDON	Elite Mężczyzn	26	10:00	<b>00:49:13.30</b>	<b>00:49:13.30</b>	+00:09:45 (19.8%)	8:12	7.3 (80.2%)
35	<b>MIZGALSKI Jacek</b>	<b>11</b>	DZIADY OCR	Elite Masters Mężczyzn	3	10:00	<b>00:49:42.45</b>	<b>00:49:42.45</b>	+00:10:14 (20.6%)	8:17	7.2 (79.1%)
36	<b>SKRZECZYŃSKI Sławomir</b>	<b>22</b>	LEMON TEAM	Elite Masters Mężczyzn	4	10:00	<b>00:49:51.60</b>	<b>00:49:51.60</b>	+00:10:24 (20.9%)	8:18	7.2 (79.1%)
37	<b>SOBANSKI Maciej</b>	<b>36</b>	OBSTACLE CENTER TEAM	Elite Mężczyzn	27	10:00	<b>00:49:54.50</b>	<b>00:49:54.50</b>	+00:10:26 (20.9%)	8:19	7.2 (79.1%)
38	<b>MOROŃ Bartłomiej</b>	<b>178</b>	POWER TRAINING	Open Mężczyzn	5	10:45	<b>00:49:57.15</b>	<b>00:49:57.15</b>	+00:10:29 (21.0%)	8:19	7.2 (79.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
39	<b>SADOWSKI Michał</b>	<b>28</b>	POWER TRAINING	Elite Mężczyzn	28	10:00	<b>00:50:09.55</b>	<b>00:50:09.55</b>	+00:10:42 (21.3%)	8:21	7.2 (79.1%)
40	<b>WYSŁUCH Iza</b>	<b>77</b>		Elite Kobiet	3	10:20	<b>00:50:10.05</b>	<b>00:50:10.05</b>	+00:10:42 (21.3%)	8:21	7.2 (79.1%)
41	<b>JACHIMOWSKI Jarosław</b>	<b>49</b>	WÓDA KOKS TAJSKI BOKS	Elite Mężczyzn	29	10:00	<b>00:50:12.45</b>	<b>00:50:12.45</b>	+00:10:44 (21.4%)	8:22	7.2 (79.1%)
42	<b>ANDRZEJEWSKI Jakub</b>	<b>14</b>	HUSARIA RACE TEAM	Elite Mężczyzn	30	10:00	<b>00:50:17.65</b>	<b>00:50:17.65</b>	+00:10:50 (21.5%)	8:22	7.2 (79.1%)
43	<b>LIPA Piotr</b>	<b>270</b>	OCR TEAM DĘBICA	Open Mężczyzn	6	11:00	<b>00:50:17.75</b>	<b>00:50:17.75</b>	+00:10:50 (21.5%)	8:22	7.2 (79.1%)
44	<b>KULAGA Peter</b>	<b>9</b>	DRAGON RUNNERS	Elite Mężczyzn	31	10:00	<b>00:50:29.85</b>	<b>00:50:29.85</b>	+00:11:02 (21.9%)	8:24	7.1 (78.0%)
45	<b>PSUT Kamil</b>	<b>23</b>	MELVIT TEAM	Elite Mężczyzn	32	10:00	<b>00:50:51.85</b>	<b>00:50:51.85</b>	+00:11:24 (22.4%)	8:28	7.1 (78.0%)
46	<b>PIWNIK Bartosz</b>	<b>21</b>	LEMON TEAM	Elite Mężczyzn	33	10:00	<b>00:51:06.25</b>	<b>00:51:06.25</b>	+00:11:38 (22.8%)	8:31	7 (76.9%)
47	<b>JUDEK Łukasz</b>	<b>51</b>		Elite Mężczyzn	34	10:00	<b>00:51:08.70</b>	<b>00:51:08.70</b>	+00:11:41 (22.8%)	8:31	7 (76.9%)
48	<b>SKWAREK Tomasz</b>	<b>6</b>	CARBON SILESIA SPORT	Elite Mężczyzn	35	10:00	<b>00:51:12.65</b>	<b>00:51:12.65</b>	+00:11:45 (22.9%)	8:32	7 (76.9%)
49	<b>MACIUSZEK Julia</b>	<b>72</b>	RUNMAGEDDON	Elite Kobiet	4	10:20	<b>00:51:13.70</b>	<b>00:51:13.70</b>	+00:11:46 (23.0%)	8:32	7 (76.9%)
50	<b>HANUSIAK Leszek</b>	<b>18</b>	KONIU SQUAD	Elite Mężczyzn	36	10:00	<b>00:51:18.95</b>	<b>00:51:18.95</b>	+00:11:51 (23.1%)	8:33	7 (76.9%)
51	<b>CHAIEB Sebastian</b>	<b>79</b>	LEMON TEAM	Elite Mężczyzn	37	10:00	<b>00:51:34.65</b>	<b>00:51:34.65</b>	+00:12:07 (23.5%)	8:35	7 (76.9%)
52	<b>PACIOREK Piotr</b>	<b>81</b>	LEMON TEAM	Elite Mężczyzn	38	10:00	<b>00:52:01.35</b>	<b>00:52:01.35</b>	+00:12:33 (24.1%)	8:40	6.9 (75.8%)
53	<b>PODSIADŁY Paweł</b>	<b>556</b>		Open Mężczyzn	7	12:00	<b>00:52:15.05</b>	<b>00:52:15.05</b>	+00:12:47 (24.5%)	8:42	6.9 (75.8%)
54	<b>KARWOWSKI Paweł</b>	<b>7</b>	CF ŁUKÓW	Elite Mężczyzn	39	10:00	<b>00:52:25.10</b>	<b>00:52:25.10</b>	+00:12:57 (24.7%)	8:44	6.9 (75.8%)
55	<b>BIELICKI Wojciech</b>	<b>48</b>	WÓDA KOKS TAJSKI BOKS	Elite Mężczyzn	40	10:00	<b>00:52:53.55</b>	<b>00:52:53.55</b>	+00:13:26 (25.4%)	8:48	6.8 (74.7%)
56	<b>MISSALA Mateusz</b>	<b>26</b>	POWER TRAINING	Elite Masters Mężczyzn	5	10:00	<b>00:53:15.90</b>	<b>00:53:15.90</b>	+00:13:48 (25.9%)	8:52	6.8 (74.7%)
57	<b>HERMA Piotr</b>	<b>208</b>		Open Masters Mężczyzn	1	10:45	<b>00:53:36.55</b>	<b>00:53:36.55</b>	+00:14:09 (26.4%)	8:56	6.7 (73.6%)
58	<b>RESPONDEK Leszek</b>	<b>17</b>	KLONO TEAM	Elite Masters Mężczyzn	6	10:00	<b>00:53:36.75</b>	<b>00:53:36.75</b>	+00:14:09 (26.4%)	8:56	6.7 (73.6%)
59	<b>HVOZDIANCHUK Bohdan</b>	<b>521</b>	TB SESTAL TEAM	Open Mężczyzn	8	12:00	<b>00:54:09.10</b>	<b>00:54:09.10</b>	+00:14:41 (27.1%)	9:01	6.6 (72.5%)
60	<b>STAROSZYŃSKI Dawid</b>	<b>403</b>		Open Mężczyzn	9	11:15	<b>00:54:17.10</b>	<b>00:54:17.10</b>	+00:14:49 (27.3%)	9:02	6.6 (72.5%)
61	<b>KURACH Stanisław</b>	<b>10</b>	DZIADY OCR	Elite Masters Mężczyzn	7	10:00	<b>00:54:25.15</b>	<b>00:54:25.15</b>	+00:14:57 (27.5%)	9:04	6.6 (72.5%)

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62	<b>ŁUKA Paweł</b>	<b>176</b>	OCR TEAM DĘBICA	Open Mężczyzn	10	10:45	<b>00:54:40.65</b>	<b>00:54:40.65</b>	+00:15:13 (27.8%)	9:06	6.6 (72.5%)
63	<b>GIZAK Michał</b>	<b>40</b>	SOCIOS SILESIA	Elite Mężczyzn	41	10:00	<b>00:55:01.15</b>	<b>00:55:01.15</b>	+00:15:33 (28.3%)	9:10	6.5 (71.4%)
64	<b>KAWA Rafał</b>	<b>350</b>	OCR TEAM DĘBICA	Open Mężczyzn	11	11:15	<b>00:55:11.85</b>	<b>00:55:11.85</b>	+00:15:44 (28.5%)	9:11	6.5 (71.4%)
65	<b>MARON Tomasz</b>	<b>344</b>	KLONO TEAM	Open Mężczyzn	12	11:15	<b>00:55:18.85</b>	<b>00:55:18.85</b>	+00:15:51 (28.7%)	9:13	6.5 (71.4%)
66	<b>DĄBROWSKI Krzysztof</b>	<b>38</b>	SOCIOS SILESIA	Elite Masters Mężczyzn	8	10:00	<b>00:55:21.85</b>	<b>00:55:21.85</b>	+00:15:54 (28.7%)	9:13	6.5 (71.4%)
67	<b>ZIARKOWSKI Mirosław</b>	<b>494</b>	FIT MORE RYBNIK	Open Masters Mężczyzn	2	12:00	<b>00:55:21.90</b>	<b>00:55:21.90</b>	+00:15:54 (28.7%)	9:13	6.5 (71.4%)
68	<b>KRUK Patryk</b>	<b>216</b>		Open Mężczyzn	13	10:45	<b>00:55:34.35</b>	<b>00:55:34.35</b>	+00:16:06 (29.0%)	9:15	6.5 (71.4%)
69	<b>WEGLARZ Waldemar</b>	<b>54</b>	SOCIOS SILESIA	Elite Masters Mężczyzn	9	10:00	<b>00:56:14.40</b>	<b>00:56:14.40</b>	+00:16:46 (29.8%)	9:22	6.4 (70.3%)
70	<b>KOZIOŁ Kamil</b>	<b>5</b>	CARBON SILESIA SPORT	Elite Mężczyzn	42	10:00	<b>00:56:26.05</b>	<b>00:56:26.05</b>	+00:16:58 (30.1%)	9:24	6.4 (70.3%)
71	<b>CYNAR Mateusz</b>	<b>202</b>		Open Mężczyzn	14	10:45	<b>00:56:46.20</b>	<b>00:56:46.20</b>	+00:17:18 (30.5%)	9:27	6.3 (69.2%)
72	<b>DĄBROWSKI Tomasz</b>	<b>156</b>	CARPATHIAN RUNNERS	Open Mężczyzn	15	10:45	<b>00:56:51.20</b>	<b>00:56:51.20</b>	+00:17:23 (30.6%)	9:28	6.3 (69.2%)
73	<b>MOSKWA Piotr</b>	<b>191</b>	SQUADRON303 RACING TEAM	Open Masters Mężczyzn	3	10:45	<b>00:56:52.60</b>	<b>00:56:52.60</b>	+00:17:25 (30.6%)	9:28	6.3 (69.2%)
74	<b>HUK Mateusz</b>	<b>265</b>	MORDERCZE PIELMIENOE	Open Mężczyzn	16	11:00	<b>00:57:24.70</b>	<b>00:57:24.70</b>	+00:17:57 (31.3%)	9:34	6.3 (69.2%)
75	<b>WOŁCZYK Mariusz</b>	<b>241</b>		Open Masters Mężczyzn	4	10:45	<b>00:57:34.60</b>	<b>00:57:34.60</b>	+00:18:07 (31.5%)	9:35	6.3 (69.2%)
76	<b>MICHROWSKI Sławomir</b>	<b>222</b>		Open Masters Mężczyzn	5	10:45	<b>00:57:54.05</b>	<b>00:57:54.05</b>	+00:18:26 (31.9%)	9:39	6.2 (68.1%)
77	<b>FILIPIAK Krzysztof</b>	<b>348</b>	MR.TEAM	Open Mężczyzn	17	11:15	<b>00:58:01.20</b>	<b>00:58:01.20</b>	+00:18:33 (32.0%)	9:40	6.2 (68.1%)
78	<b>GARLACZ Justyna</b>	<b>70</b>	POWER TRAINING	Elite Kobiet	5	10:20	<b>00:58:11.85</b>	<b>00:58:11.85</b>	+00:18:44 (32.2%)	9:41	6.2 (68.1%)
79	<b>SROKA Karolina</b>	<b>74</b>	UNIT37	Elite Kobiet	6	10:20	<b>00:58:14.85</b>	<b>00:58:14.85</b>	+00:18:47 (32.3%)	9:42	6.2 (68.1%)
80	<b>KIEŚ Damian</b>	<b>212</b>		Open Masters Mężczyzn	6	10:45	<b>00:58:27.50</b>	<b>00:58:27.50</b>	+00:18:59 (32.5%)	9:44	6.2 (68.1%)
81	<b>KARLIK Paweł</b>	<b>253</b>	CARBON SILESIA SPORT	Open Mężczyzn	18	11:00	<b>00:58:34.75</b>	<b>00:58:34.75</b>	+00:19:07 (32.6%)	9:45	6.1 (67.0%)
82	<b>KAMIŃSKI Mikołaj</b>	<b>186</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	19	10:45	<b>00:58:40.00</b>	<b>00:58:40.00</b>	+00:19:12 (32.7%)	9:46	6.1 (67.0%)
83	<b>BARŁÓG Damian</b>	<b>362</b>		Open Mężczyzn	20	11:15	<b>00:58:50.10</b>	<b>00:58:50.10</b>	+00:19:22 (32.9%)	9:48	6.1 (67.0%)
84	<b>ZIMIŃSKI Paweł</b>	<b>50</b>	WOLF TEAM	Elite Mężczyzn	43	10:00	<b>00:58:50.35</b>	<b>00:58:50.35</b>	+00:19:22 (32.9%)	9:48	6.1 (67.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
85	<b>NIŻNIK Borys</b>	<b>172</b>	KONIU SQUAD	Open Masters Mężczyzn	7	10:45	<b>00:59:02.35</b>	<b>00:59:02.35</b>	+00:19:34 (33.2%)	9:50	6.1 (67.0%)
86	<b>KALITA Patrik</b>	<b>303</b>		Open Mężczyzn	21	11:00	<b>00:59:14.90</b>	<b>00:59:14.90</b>	+00:19:47 (33.4%)	9:52	6.1 (67.0%)
87	<b>FURGAŁA Piotr</b>	<b>294</b>		Open Masters Mężczyzn	8	11:00	<b>00:59:15.05</b>	<b>00:59:15.05</b>	+00:19:47 (33.4%)	9:52	6.1 (67.0%)
88	<b>KRÓLIKOWSKI Waldemar</b>	<b>215</b>		Open Masters Mężczyzn	9	10:45	<b>00:59:31.85</b>	<b>00:59:31.85</b>	+00:20:04 (33.7%)	9:55	6 (65.9%)
89	<b>LENART Kamil</b>	<b>219</b>		Open Mężczyzn	22	10:45	<b>00:59:53.40</b>	<b>00:59:53.40</b>	+00:20:25 (34.1%)	9:58	6 (65.9%)
90	<b>ROJEWSKI Piotr</b>	<b>396</b>		Open Mężczyzn	23	11:15	<b>00:59:55.20</b>	<b>00:59:55.20</b>	+00:20:27 (34.1%)	9:59	6 (65.9%)
91	<b>RYBKA Kacper</b>	<b>397</b>		Open Mężczyzn	24	11:15	<b>00:59:58.30</b>	<b>00:59:58.30</b>	+00:20:30 (34.2%)	9:59	6 (65.9%)
92	<b>KMIECIK Łukasz</b>	<b>305</b>		Open Mężczyzn	25	11:00	<b>01:00:57.05</b>	<b>01:00:57.05</b>	+00:21:29 (35.3%)	10:09	5.9 (64.8%)
93	<b>FERDYNAND Mateusz</b>	<b>347</b>	MR.TEAM	Open Mężczyzn	26	11:15	<b>01:01:00.15</b>	<b>01:01:00.15</b>	+00:21:32 (35.3%)	10:10	5.9 (64.8%)
94	<b>STOPYRA Patryk</b>	<b>196</b>	WÓDA KOKS TAJSKI BOKS	Open Mężczyzn	27	10:45	<b>01:01:03.40</b>	<b>01:01:03.40</b>	+00:21:35 (35.4%)	10:10	5.9 (64.8%)
95	<b>PSONAK Mateusz</b>	<b>558</b>		Open Mężczyzn	28	12:00	<b>01:01:45.40</b>	<b>01:01:45.40</b>	+00:22:17 (36.1%)	10:17	5.8 (63.7%)
96	<b>FILUSZ Dawid</b>	<b>513</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	29	12:00	<b>01:01:46.15</b>	<b>01:01:46.15</b>	+00:22:18 (36.1%)	10:17	5.8 (63.7%)
97	<b>RADOŃ Arkadiusz</b>	<b>177</b>	PADRE TEAM	Open Mężczyzn	30	10:45	<b>01:01:48.65</b>	<b>01:01:48.65</b>	+00:22:21 (36.2%)	10:18	5.8 (63.7%)
98	<b>KRASOŃ Marcin</b>	<b>309</b>		Open Mężczyzn	31	11:00	<b>01:02:28.25</b>	<b>01:02:28.25</b>	+00:23:00 (36.8%)	10:24	5.8 (63.7%)
99	<b>PIETRUSZEWSKI Andrzej</b>	<b>228</b>		Open Mężczyzn	32	10:45	<b>01:02:46.40</b>	<b>01:02:46.40</b>	+00:23:18 (37.1%)	10:27	5.7 (62.6%)
100	<b>JULIKOWSKI Karol</b>	<b>24</b>	POWER TRAINING	Elite Mężczyzn	44	10:00	<b>01:02:56.65</b>	<b>01:02:56.65</b>	+00:23:29 (37.3%)	10:29	5.7 (62.6%)
101	<b>KULIGOWSKA Małgorzata</b>	<b>63</b>	FIT MORE RYBNIK	Elite Masters Kobiet	1	10:20	<b>01:02:57.40</b>	<b>01:02:57.40</b>	+00:23:29 (37.3%)	10:29	5.7 (62.6%)
102	<b>OLEJNIK Konrad</b>	<b>224</b>		Open Mężczyzn	33	10:45	<b>01:03:11.20</b>	<b>01:03:11.20</b>	+00:23:43 (37.6%)	10:31	5.7 (62.6%)
103	<b>BRYŚ Wojciech</b>	<b>357</b>	SOCIOS SILESIA	Open Masters Mężczyzn	10	11:15	<b>01:03:17.30</b>	<b>01:03:17.30</b>	+00:23:49 (37.7%)	10:32	5.7 (62.6%)
104	<b>ZDRZALIK Paweł</b>	<b>569</b>		Open Mężczyzn	34	12:00	<b>01:03:30.50</b>	<b>01:03:30.50</b>	+00:24:02 (37.9%)	10:35	5.7 (62.6%)
105	<b>MIERZICKI Marcel</b>	<b>25</b>	POWER TRAINING	Elite Mężczyzn	45	10:00	<b>01:03:37.55</b>	<b>01:03:37.55</b>	+00:24:10 (38.0%)	10:36	5.7 (62.6%)
106	<b>PLUTA Dariusz</b>	<b>360</b>	WINKO SKŁAD	Open Mężczyzn	35	11:15	<b>01:03:56.25</b>	<b>01:03:56.25</b>	+00:24:28 (38.3%)	10:39	5.6 (61.5%)
107	<b>DYKAS Adam</b>	<b>535</b>		Open Masters Mężczyzn	11	12:00	<b>01:04:02.20</b>	<b>01:04:02.20</b>	+00:24:34 (38.4%)	10:40	5.6 (61.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
108	<b>DYKAS Piotr</b>	<b>536</b>		Open Mężczyzn	36	12:00	<b>01:04:02.25</b>	<b>01:04:02.25</b>	+00:24:34 (38.4%)	10:40	5.6 (61.5%)
109	<b>OSIPOWICZ Marcin</b>	<b>225</b>		Open Mężczyzn	37	10:45	<b>01:04:11.55</b>	<b>01:04:11.55</b>	+00:24:44 (38.5%)	10:41	5.6 (61.5%)
110	<b>WYLĘŻEK Mateusz</b>	<b>337</b>	CARBON SILESIA SPORT	Open Mężczyzn	38	11:15	<b>01:04:24.55</b>	<b>01:04:24.55</b>	+00:24:57 (38.7%)	10:44	5.6 (61.5%)
111	<b>MISIOR Daniel</b>	<b>158</b>	CZELUŚNICA	Open Mężczyzn	39	10:45	<b>01:04:49.35</b>	<b>01:04:49.35</b>	+00:25:21 (39.1%)	10:48	5.6 (61.5%)
112	<b>RYŚ Marzena</b>	<b>66</b>	KONIU SQUAD	Elite Kobiet	7	10:20	<b>01:04:49.90</b>	<b>01:04:49.90</b>	+00:25:22 (39.1%)	10:48	5.6 (61.5%)
113	<b>RAŻNIEWSKI Krystian</b>	<b>169</b>	KACPERKI	Open Mężczyzn	40	11:00	<b>01:04:56.65</b>	<b>01:04:56.65</b>	+00:25:29 (39.2%)	10:49	5.5 (60.4%)
114	<b>TRZECIAK Adrian</b>	<b>235</b>		Open Mężczyzn	41	10:45	<b>01:05:00.05</b>	<b>01:05:00.05</b>	+00:25:32 (39.3%)	10:50	5.5 (60.4%)
115	<b>KORZENNY Wojciech</b>	<b>338</b>	DWIE-DYSZKI-ZNIZKI	Open Mężczyzn	42	11:15	<b>01:05:49.35</b>	<b>01:05:49.35</b>	+00:26:21 (40.1%)	10:58	5.5 (60.4%)
116	<b>MIĘSOWICZ Mirosław</b>	<b>167</b>	HUSARIA RACE TEAM	Open Mężczyzn	43	11:00	<b>01:06:33.50</b>	<b>01:06:33.50</b>	+00:27:05 (40.7%)	11:05	5.4 (59.3%)
117	<b>KORZENIOWSKI Wojciech</b>	<b>543</b>		Open Masters Mężczyzn	12	11:30	<b>01:06:42.65</b>	<b>01:06:42.65</b>	+00:27:15 (40.9%)	11:07	5.4 (59.3%)
118	<b>SANOCKI Paweł</b>	<b>159</b>	CZELUŚNICA	Open Mężczyzn	44	10:45	<b>01:06:42.85</b>	<b>01:06:42.85</b>	+00:27:15 (40.9%)	11:07	5.4 (59.3%)
119	<b>MAZUREK Rafał</b>	<b>221</b>		Open Mężczyzn	45	10:45	<b>01:06:47.60</b>	<b>01:06:47.60</b>	+00:27:20 (40.9%)	11:07	5.4 (59.3%)
120	<b>KANIECKI Paweł</b>	<b>249</b>	BLOK B PRZEMYŚL	Open Masters Mężczyzn	13	11:00	<b>01:07:05.20</b>	<b>01:07:05.20</b>	+00:27:37 (41.2%)	11:10	5.4 (59.3%)
121	<b>KŁYK Łukasz</b>	<b>52</b>		Elite Mężczyzn	46	10:00	<b>01:07:33.70</b>	<b>01:07:33.70</b>	+00:28:06 (41.6%)	11:15	5.3 (58.2%)
122	<b>PROBOLA Mateusz</b>	<b>460</b>	CUNA TEAM	Open Masters Mężczyzn	14	11:45	<b>01:07:54.15</b>	<b>01:07:54.15</b>	+00:28:26 (41.9%)	11:19	5.3 (58.2%)
123	<b>JASKÓLSKI Marek</b>	<b>359</b>	WINKO SKŁAD	Open Mężczyzn	46	11:15	<b>01:08:13.25</b>	<b>01:08:13.25</b>	+00:28:45 (42.2%)	11:22	5.3 (58.2%)
124	<b>PŁAZA Łukasz</b>	<b>392</b>		Open Mężczyzn	47	11:15	<b>01:08:20.90</b>	<b>01:08:20.90</b>	+00:28:53 (42.3%)	11:23	5.3 (58.2%)
125	<b>KUTERA Kacper</b>	<b>218</b>		Open Mężczyzn	48	10:45	<b>01:08:34.00</b>	<b>01:08:34.00</b>	+00:29:06 (42.5%)	11:25	5.3 (58.2%)
126	<b>PIĘTA Krzysiek</b>	<b>135</b>		Open Mężczyzn	49	11:00	<b>01:08:34.05</b>	<b>01:08:34.05</b>	+00:29:06 (42.5%)	11:25	5.3 (58.2%)
127	<b>BAZAN Marek</b>	<b>123</b>		Open Mężczyzn	50	11:00	<b>01:09:02.00</b>	<b>01:09:02.00</b>	+00:29:34 (42.8%)	11:30	5.2 (57.1%)
128	<b>MACIEJEWSKA Agnieszka</b>	<b>67</b>	OBSTACLE CENTER TEAM	Elite Masters Kobiet	2	10:20	<b>01:09:13.45</b>	<b>01:09:13.45</b>	+00:29:45 (43.0%)	11:32	5.2 (57.1%)
129	<b>ŻEBRACKI Mateusz</b>	<b>570</b>		Open Mężczyzn	51	12:00	<b>01:09:52.40</b>	<b>01:09:52.40</b>	+00:30:24 (43.5%)	11:38	5.2 (57.1%)
130	<b>POLUS Piotr Peter</b>	<b>27</b>	POWER TRAINING	Elite Mężczyzn	47	10:00	<b>01:09:53.30</b>	<b>01:09:53.30</b>	+00:30:25 (43.5%)	11:38	5.2 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
131	<b>KUŚNIERSKI Andrzej</b>	<b>414</b>	CROSTRENING RACIBÓRZ	Open Masters Mężczyzn	15	11:30	<b>01:09:55.90</b>	<b>01:09:55.90</b>	+00:30:28 (43.6%)	11:39	5.1 (56.0%)
132	<b>KRENT Karol</b>	<b>310</b>		Open Mężczyzn	52	11:00	<b>01:09:58.55</b>	<b>01:09:58.55</b>	+00:30:31 (43.6%)	11:39	5.1 (56.0%)
133	<b>LIPIEC Paweł</b>	<b>352</b>	POWER TRAINING	Open Mężczyzn	53	11:15	<b>01:10:08.65</b>	<b>01:10:08.65</b>	+00:30:41 (43.7%)	11:41	5.1 (56.0%)
134	<b>WÓJCIK Dominik</b>	<b>454</b>	ARASH RUSH	Open Mężczyzn	54	11:45	<b>01:10:25.50</b>	<b>01:10:25.50</b>	+00:30:57 (44.0%)	11:44	5.1 (56.0%)
135	<b>KOWALCZYK Bartłomiej</b>	<b>545</b>		Open Mężczyzn	55	12:00	<b>01:10:35.75</b>	<b>01:10:35.75</b>	+00:31:08 (44.1%)	11:45	5.1 (56.0%)
136	<b>DEC Katarzyna</b>	<b>204</b>		Open Kobiet	1	10:45	<b>01:10:56.95</b>	<b>01:10:56.95</b>	+00:31:29 (44.4%)	11:49	5.1 (56.0%)
137	<b>SOLIWODA Tomasz</b>	<b>151</b>	AMATORY	Open Masters Mężczyzn	16	10:45	<b>01:11:07.80</b>	<b>01:11:07.80</b>	+00:31:40 (44.5%)	11:51	5.1 (56.0%)
138	<b>LIPKA Daniel</b>	<b>548</b>		Open Mężczyzn	56	12:00	<b>01:11:08.05</b>	<b>01:11:08.05</b>	+00:31:40 (44.5%)	11:51	5.1 (56.0%)
139	<b>GOŁĘBIEWSKI Andrzej</b>	<b>373</b>		Open Mężczyzn	57	11:15	<b>01:11:15.30</b>	<b>01:11:15.30</b>	+00:31:47 (44.6%)	11:52	5.1 (56.0%)
140	<b>BORYCZKA Szymon</b>	<b>199</b>		Open Masters Mężczyzn	17	10:45	<b>01:11:39.65</b>	<b>01:11:39.65</b>	+00:32:12 (44.9%)	11:56	5 (54.9%)
141	<b>ŚMIERCIAK Łukasz</b>	<b>324</b>		Open Mężczyzn	58	11:00	<b>01:11:40.00</b>	<b>01:11:40.00</b>	+00:32:12 (44.9%)	11:56	5 (54.9%)
142	<b>STALMACH Justyna</b>	<b>65</b>	KLONO TEAM	Elite Kobiet	8	10:20	<b>01:11:46.40</b>	<b>01:11:46.40</b>	+00:32:18 (45.0%)	11:57	5 (54.9%)
143	<b>GĄSIOR Michał</b>	<b>206</b>		Open Mężczyzn	59	10:45	<b>01:11:49.00</b>	<b>01:11:49.00</b>	+00:32:21 (45.1%)	11:58	5 (54.9%)
144	<b>LOWE Kinga</b>	<b>73</b>	UNIT37	Elite Masters Kobiet	3	10:20	<b>01:11:57.15</b>	<b>01:11:57.15</b>	+00:32:29 (45.2%)	11:59	5 (54.9%)
145	<b>KULPIŃSKI Bartosz</b>	<b>250</b>	BLOK B PRZEMYSŁ	Open Mężczyzn	60	11:00	<b>01:12:18.00</b>	<b>01:12:18.00</b>	+00:32:50 (45.4%)	12:03	5 (54.9%)
146	<b>GZELA Nikodem</b>	<b>207</b>		Open Mężczyzn	61	10:45	<b>01:12:28.35</b>	<b>01:12:28.35</b>	+00:33:00 (45.6%)	12:04	5 (54.9%)
147	<b>JEDYNAK Mateusz</b>	<b>210</b>		Open Mężczyzn	62	10:45	<b>01:12:31.80</b>	<b>01:12:31.80</b>	+00:33:04 (45.6%)	12:05	5 (54.9%)
148	<b>HANDZLIK Tomasz</b>	<b>8</b>	DENISTEAM	Elite Masters Mężczyzn	10	10:00	<b>01:12:42.35</b>	<b>01:12:42.35</b>	+00:33:14 (45.7%)	12:07	5 (54.9%)
149	<b>BUCH Krzysiek</b>	<b>201</b>		Open Mężczyzn	63	10:45	<b>01:12:54.35</b>	<b>01:12:54.35</b>	+00:33:26 (45.9%)	12:09	4.9 (53.8%)
150	<b>OSTROWSKI Adrian</b>	<b>314</b>		Open Mężczyzn	64	11:00	<b>01:13:14.65</b>	<b>01:13:14.65</b>	+00:33:47 (46.1%)	12:12	4.9 (53.8%)
151	<b>SKRABEL Artur</b>	<b>517</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	65	12:00	<b>01:13:31.75</b>	<b>01:13:31.75</b>	+00:34:04 (46.3%)	12:15	4.9 (53.8%)
152	<b>GRYSZTAR Jakub</b>	<b>157</b>	CZELUŚNICA	Open Mężczyzn	66	10:45	<b>01:13:32.65</b>	<b>01:13:32.65</b>	+00:34:05 (46.3%)	12:15	4.9 (53.8%)
153	<b>GRZENIA Rafał</b>	<b>482</b>		Open Mężczyzn	67	11:45	<b>01:13:55.25</b>	<b>01:13:55.25</b>	+00:34:27 (46.6%)	12:19	4.9 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
154	<b>BIERNACKI Maciej</b>	<b>286</b>		Open Mężczyzn	68	11:15	<b>01:13:59.95</b>	<b>01:13:59.95</b>	+00:34:32 (46.7%)	12:19	4.9 (53.8%)
155	<b>NAPIERAJ Katarzyna</b>	<b>57</b>	CARBON SILESIA SPORT	Elite Kobiet	9	10:20	<b>01:14:38.55</b>	<b>01:14:38.55</b>	+00:35:11 (47.1%)	12:26	4.8 (52.7%)
156	<b>SŁOWIK Marcin</b>	<b>323</b>		Open Mężczyzn	69	11:00	<b>01:14:51.15</b>	<b>01:14:51.15</b>	+00:35:23 (47.3%)	12:28	4.8 (52.7%)
157	<b>KOWALSKI Bartłomiej</b>	<b>308</b>		Open Masters Mężczyzn	18	11:00	<b>01:14:58.65</b>	<b>01:14:58.65</b>	+00:35:31 (47.4%)	12:29	4.8 (52.7%)
158	<b>FLAK Tomasz</b>	<b>514</b>	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	70	12:00	<b>01:15:12.25</b>	<b>01:15:12.25</b>	+00:35:44 (47.5%)	12:32	4.8 (52.7%)
159	<b>SIEKIERA Rafał</b>	<b>230</b>		Open Mężczyzn	71	10:45	<b>01:15:25.45</b>	<b>01:15:25.45</b>	+00:35:57 (47.7%)	12:34	4.8 (52.7%)
160	<b>FERSZTEROWSKI Szymon</b>	<b>371</b>		Open Mężczyzn	72	11:15	<b>01:15:34.90</b>	<b>01:15:34.90</b>	+00:36:07 (47.8%)	12:35	4.8 (52.7%)
161	<b>SEGENIEC Sebastian</b>	<b>398</b>		Open Mężczyzn	73	11:15	<b>01:15:35.35</b>	<b>01:15:35.35</b>	+00:36:07 (47.8%)	12:35	4.8 (52.7%)
162	<b>WIŚNIEWSKA Arleta</b>	<b>519</b>	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	1	12:00	<b>01:15:42.10</b>	<b>01:15:42.10</b>	+00:36:14 (47.9%)	12:37	4.8 (52.7%)
163	<b>JACZEWSKI Damian</b>	<b>300</b>		Open Mężczyzn	74	11:00	<b>01:15:53.85</b>	<b>01:15:53.85</b>	+00:36:26 (48.0%)	12:38	4.7 (51.6%)
164	<b>KOŚCIANEK Marek</b>	<b>125</b>		Open Masters Mężczyzn	19	12:15	<b>01:16:20.10</b>	<b>01:16:20.10</b>	+00:36:52 (48.3%)	12:43	4.7 (51.6%)
165	<b>OSIECKA Sylwia</b>	<b>437</b>		Open Kobiet	2	11:30	<b>01:16:25.65</b>	<b>01:16:25.65</b>	+00:36:58 (48.4%)	12:44	4.7 (51.6%)
166	<b>BAGROWSKI Przemysław</b>	<b>424</b>		Open Mężczyzn	75	11:30	<b>01:16:26.45</b>	<b>01:16:26.45</b>	+00:36:58 (48.4%)	12:44	4.7 (51.6%)
167	<b>DUDZIŃSKI Tomasz</b>	<b>457</b>	CUNA TEAM	Open Masters Mężczyzn	20	11:45	<b>01:16:47.40</b>	<b>01:16:47.40</b>	+00:37:19 (48.6%)	12:47	4.7 (51.6%)
168	<b>BOCHENEK Łukasz</b>	<b>456</b>	CUNA TEAM	Open Masters Mężczyzn	21	11:45	<b>01:16:47.90</b>	<b>01:16:47.90</b>	+00:37:20 (48.6%)	12:47	4.7 (51.6%)
169	<b>ZYM Patrycja</b>	<b>409</b>		Open Kobiet	3	11:15	<b>01:16:50.35</b>	<b>01:16:50.35</b>	+00:37:22 (48.6%)	12:48	4.7 (51.6%)
170	<b>HENDZEL Grzegorz</b>	<b>136</b>		Open Mężczyzn	76	11:30	<b>01:16:56.70</b>	<b>01:16:56.70</b>	+00:37:29 (48.7%)	12:49	4.7 (51.6%)
171	<b>KOŚCIANEK Izabela</b>	<b>124</b>		Open Kobiet	4	12:15	<b>01:16:59.55</b>	<b>01:16:59.55</b>	+00:37:32 (48.7%)	12:49	4.7 (51.6%)
172	<b>NIEDZIELA Szymon</b>	<b>553</b>		Open Mężczyzn	77	12:00	<b>01:17:15.05</b>	<b>01:17:15.05</b>	+00:37:47 (48.9%)	12:52	4.7 (51.6%)
173	<b>BEDNARCZYK Piotr</b>	<b>425</b>		Open Mężczyzn	78	11:30	<b>01:18:42.20</b>	<b>01:18:42.20</b>	+00:39:14 (49.9%)	13:07	4.6 (50.5%)
174	<b>ŚWIERCZYNSKI Mariusz</b>	<b>563</b>		Open Mężczyzn	79	12:00	<b>01:18:45.55</b>	<b>01:18:45.55</b>	+00:39:18 (49.9%)	13:07	4.6 (50.5%)
175	<b>KĄKOL Piotrek</b>	<b>302</b>		Open Mężczyzn	80	11:00	<b>01:19:26.40</b>	<b>01:19:26.40</b>	+00:39:58 (50.3%)	13:14	4.5 (49.5%)
176	<b>TARNOWSKI Paweł</b>	<b>328</b>		Open Masters Mężczyzn	22	11:00	<b>01:19:45.70</b>	<b>01:19:45.70</b>	+00:40:18 (50.5%)	13:17	4.5 (49.5%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
177	<b>HORA Mateusz</b>	<b>520</b>	TB SESTAL TEAM	Open Mężczyzn	81	12:00	<b>01:19:50.90</b>	<b>01:19:50.90</b>	+00:40:23 (50.6%)	13:18	4.5 (49.5%)
178	<b>ŁUKAWSKI Cezary</b>	<b>220</b>		Open Mężczyzn	82	10:45	<b>01:20:06.00</b>	<b>01:20:06.00</b>	+00:40:38 (50.7%)	13:21	4.5 (49.5%)
179	<b>STASZKIEWICZ Sebastian</b>	<b>232</b>		Open Mężczyzn	83	10:45	<b>01:20:15.45</b>	<b>01:20:15.45</b>	+00:40:47 (50.8%)	13:22	4.5 (49.5%)
180	<b>SZCZYTOWSKI Rafał</b>	<b>257</b>	DWUNASTKA I PRZYJACIELE	Open Masters Mężczyzn	23	11:00	<b>01:20:17.50</b>	<b>01:20:17.50</b>	+00:40:49 (50.9%)	13:22	4.5 (49.5%)
181	<b>IBROM-JASIŃSKA Justyna</b>	<b>522</b>	TB SESTAL TEAM	Open Masters Kobiet	2	12:00	<b>01:20:18.35</b>	<b>01:20:18.35</b>	+00:40:50 (50.9%)	13:23	4.5 (49.5%)
182	<b>GARBACIAK Marek</b>	<b>101</b>		Open Mężczyzn	84	12:15	<b>01:20:27.20</b>	<b>01:20:27.20</b>	+00:40:59 (51.0%)	13:24	4.5 (49.5%)
183	<b>MISIEWICZ Paweł</b>	<b>134</b>		Open Masters Mężczyzn	24	11:00	<b>01:20:33.25</b>	<b>01:20:33.25</b>	+00:41:05 (51.0%)	13:25	4.5 (49.5%)
184	<b>TOKARCZYK Hubert</b>	<b>103</b>		Open Masters Mężczyzn	25	11:00	<b>01:20:40.20</b>	<b>01:20:40.20</b>	+00:41:12 (51.1%)	13:26	4.5 (49.5%)
185	<b>ROSENBAJGER Bartosz</b>	<b>559</b>		Open Mężczyzn	85	12:00	<b>01:20:43.75</b>	<b>01:20:43.75</b>	+00:41:16 (51.1%)	13:27	4.5 (49.5%)
186	<b>GRALEC Dariusz</b>	<b>78</b>	I NEVER TURN BACK	Elite Masters Mężczyzn	11	10:00	<b>01:20:44.70</b>	<b>01:20:44.70</b>	+00:41:17 (51.1%)	13:27	4.5 (49.5%)
187	<b>SZPAKOWSKI Jacek</b>	<b>340</b>	EXTREME WAYS	Open Masters Mężczyzn	26	11:15	<b>01:20:50.65</b>	<b>01:20:50.65</b>	+00:41:23 (51.2%)	13:28	4.5 (49.5%)
188	<b>PASTERKA Faustyna</b>	<b>576</b>	HUSARIA RACE TEAM	Open Kobiet	5	12:15	<b>01:20:52.65</b>	<b>01:20:52.65</b>	+00:41:25 (51.2%)	13:28	4.5 (49.5%)
189	<b>MAŁYJUREK Rafał</b>	<b>113</b>		Open Mężczyzn	86	12:15	<b>01:20:53.05</b>	<b>01:20:53.05</b>	+00:41:25 (51.2%)	13:28	4.5 (49.5%)
190	<b>MISINIEC Sarah</b>	<b>273</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	6	11:00	<b>01:21:16.05</b>	<b>01:21:16.05</b>	+00:41:48 (51.4%)	13:32	4.4 (48.4%)
191	<b>WAWRZYŃIAK Damian</b>	<b>237</b>		Open Mężczyzn	87	10:45	<b>01:21:17.10</b>	<b>01:21:17.10</b>	+00:41:49 (51.5%)	13:32	4.4 (48.4%)
192	<b>CZEKAŃSKI Mirek</b>	<b>584</b>	STUDIO TRENINGOWE JASŁO	Open Masters Mężczyzn	27	12:15	<b>01:21:17.40</b>	<b>01:21:17.40</b>	+00:41:49 (51.5%)	13:32	4.4 (48.4%)
193	<b>KOWALIK Damian</b>	<b>307</b>		Open Mężczyzn	88	11:00	<b>01:21:23.40</b>	<b>01:21:23.40</b>	+00:41:55 (51.5%)	13:33	4.4 (48.4%)
194	<b>BRZĘK Łukasz</b>	<b>200</b>		Open Mężczyzn	89	10:45	<b>01:21:55.15</b>	<b>01:21:55.15</b>	+00:42:27 (51.8%)	13:39	4.4 (48.4%)
195	<b>WOJCIECH Wojciak</b>	<b>239</b>		Open Mężczyzn	90	10:45	<b>01:21:59.35</b>	<b>01:21:59.35</b>	+00:42:31 (51.9%)	13:39	4.4 (48.4%)
196	<b>BARUD Krystian</b>	<b>197</b>		Open Mężczyzn	91	10:45	<b>01:22:02.90</b>	<b>01:22:02.90</b>	+00:42:35 (51.9%)	13:40	4.4 (48.4%)
197	<b>JUSZCZYK Rafał</b>	<b>422</b>	WOJOWNICY WÓDY	Open Mężczyzn	92	11:30	<b>01:22:03.10</b>	<b>01:22:03.10</b>	+00:42:35 (51.9%)	13:40	4.4 (48.4%)
197	<b>ULANOWSKI Krzysiek</b>	<b>572</b>	#WOJOWNICYWÓDY	Open Mężczyzn	92	11:30	<b>01:22:03.10</b>	<b>01:22:03.10</b>	+00:42:35 (51.9%)	13:40	4.4 (48.4%)
199	<b>MIĘKINA Edyta</b>	<b>194</b>	UNIT37	Open Kobiet	7	10:45	<b>01:22:08.70</b>	<b>01:22:08.70</b>	+00:42:41 (52.0%)	13:41	4.4 (48.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
200	WIEWIÓRA Katarzyna	406		Open Kobiet	8	11:15	01:23:01.75	01:23:01.75	+00:43:34 (52.5%)	13:50	4.3 (47.3%)
201	KICZOROWSKI Rafał	304		Open Mężczyzn	94	11:00	01:23:08.90	01:23:08.90	+00:43:41 (52.5%)	13:51	4.3 (47.3%)
202	NERS Wiktor	313		Open Mężczyzn	95	11:00	01:23:13.55	01:23:13.55	+00:43:46 (52.6%)	13:52	4.3 (47.3%)
203	WALCZAK Damian	236		Open Mężczyzn	96	10:45	01:23:22.85	01:23:22.85	+00:43:55 (52.7%)	13:53	4.3 (47.3%)
204	KOSIŃSKI Tomasz	339	EXTREME WAYS	Open Mężczyzn	97	11:15	01:23:26.60	01:23:26.60	+00:43:59 (52.7%)	13:54	4.3 (47.3%)
205	JASIŃSKI Damian	523	TB SESTAL TEAM	Open Masters Mężczyzn	28	12:00	01:23:26.75	01:23:26.75	+00:43:59 (52.7%)	13:54	4.3 (47.3%)
206	BRZozowski Marcin	365		Open Masters Mężczyzn	29	11:15	01:23:40.15	01:23:40.15	+00:44:12 (52.8%)	13:56	4.3 (47.3%)
207	BĄK Anna	361		Open Kobiet	9	11:15	01:23:42.90	01:23:42.90	+00:44:15 (52.9%)	13:57	4.3 (47.3%)
208	SOKOŁOWSKI Sebastian	401		Open Masters Mężczyzn	30	11:15	01:23:43.25	01:23:43.25	+00:44:15 (52.9%)	13:57	4.3 (47.3%)
209	TROCHA Malwina	518	STUDIO ENERGIA TEAM RYBNIK	Open Kobiet	10	12:00	01:23:47.95	01:23:47.95	+00:44:20 (52.9%)	13:57	4.3 (47.3%)
210	PYSZNY Patryk	516	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	98	12:00	01:23:55.40	01:23:55.40	+00:44:27 (53.0%)	13:59	4.3 (47.3%)
211	WOJTASIK Marta	76		Elite Kobiet	10	10:20	01:24:05.00	01:24:05.00	+00:44:37 (53.1%)	14:00	4.3 (47.3%)
212	CECUŁA Daniel	289		Open Mężczyzn	99	11:00	01:24:07.85	01:24:07.85	+00:44:40 (53.1%)	14:01	4.3 (47.3%)
213	PODLEŚNY Michał	515	STUDIO ENERGIA TEAM RYBNIK	Open Mężczyzn	100	12:00	01:24:22.10	01:24:22.10	+00:44:54 (53.2%)	14:03	4.3 (47.3%)
214	MOJAK Joanna	62	EX TEAM	Elite Kobiet	11	10:20	01:24:31.60	01:24:31.60	+00:45:04 (53.3%)	14:05	4.3 (47.3%)
215	JASIŃSKI Jarosław	524	TB SESTAL TEAM	Open Mężczyzn	101	12:00	01:24:47.85	01:24:47.85	+00:45:20 (53.5%)	14:07	4.2 (46.2%)
216	NIEDZIŃSKI Paweł	387		Open Mężczyzn	102	11:15	01:24:54.85	01:24:54.85	+00:45:27 (53.5%)	14:09	4.2 (46.2%)
217	KULIK Wojciech	122		Open Mężczyzn	103	12:15	01:25:08.00	01:25:08.00	+00:45:40 (53.7%)	14:11	4.2 (46.2%)
218	KULESZA Aneta	217		Open Kobiet	11	10:45	01:25:18.45	01:25:18.45	+00:45:50 (53.7%)	14:13	4.2 (46.2%)
219	REDEK Damian	577	HUSARIA RACE TEAM	Open Mężczyzn	104	12:15	01:25:28.05	01:25:28.05	+00:46:00 (53.8%)	14:14	4.2 (46.2%)
220	ILASZ-SZUBA Monika	377		Open Kobiet	12	11:15	01:25:44.15	01:25:44.15	+00:46:16 (54.0%)	14:17	4.2 (46.2%)
221	MARIUSZ Wróbel	384		Open Mężczyzn	105	11:15	01:25:49.20	01:25:49.20	+00:46:21 (54.0%)	14:18	4.2 (46.2%)
222	POKRYWKA Adam	458	CUNA TEAM	Open Mężczyzn	106	11:45	01:26:04.75	01:26:04.75	+00:46:37 (54.2%)	14:20	4.2 (46.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
223	<b>BŁĄD Wojciech</b>	<b>287</b>		Open Mężczyzn	107	11:00	<b>01:26:06.90</b>	<b>01:26:06.90</b>	+00:46:39 (54.2%)	14:21	4.2 (46.2%)
224	<b>STEFANIAK Marek</b>	<b>233</b>		Open Masters Mężczyzn	31	10:45	<b>01:26:08.15</b>	<b>01:26:08.15</b>	+00:46:40 (54.2%)	14:21	4.2 (46.2%)
225	<b>HYRA Katarzyna</b>	<b>376</b>		Open Kobiet	13	11:15	<b>01:26:15.55</b>	<b>01:26:15.55</b>	+00:46:48 (54.3%)	14:22	4.2 (46.2%)
226	<b>PODKANOWICZ Marcin</b>	<b>351</b>	OGRODY MĘSKOŚCI	Open Mężczyzn	108	11:15	<b>01:26:15.60</b>	<b>01:26:15.60</b>	+00:46:48 (54.3%)	14:22	4.2 (46.2%)
227	<b>PŁACZEK Anna</b>	<b>59</b>	CARBON SILESIA SPORT	Elite Kobiet	12	10:20	<b>01:26:17.05</b>	<b>01:26:17.05</b>	+00:46:49 (54.3%)	14:22	4.2 (46.2%)
228	<b>KITALA Radosław</b>	<b>130</b>		Open Mężczyzn	109	12:15	<b>01:26:17.25</b>	<b>01:26:17.25</b>	+00:46:49 (54.3%)	14:22	4.2 (46.2%)
229	<b>KĘDRA Marcin</b>	<b>381</b>		Open Masters Mężczyzn	32	11:15	<b>01:26:26.25</b>	<b>01:26:26.25</b>	+00:46:58 (54.3%)	14:24	4.2 (46.2%)
230	<b>BRZOSTEK Tomasz</b>	<b>363</b>		Open Mężczyzn	110	11:15	<b>01:26:31.80</b>	<b>01:26:31.80</b>	+00:47:04 (54.4%)	14:25	4.2 (46.2%)
231	<b>MAKSIMKO Viktor</b>	<b>525</b>	TB SESTAL TEAM	Open Mężczyzn	111	12:00	<b>01:26:38.25</b>	<b>01:26:38.25</b>	+00:47:10 (54.5%)	14:26	4.2 (46.2%)
232	<b>POKRYWKA Ireneusz</b>	<b>459</b>	CUNA TEAM	Open Masters Mężczyzn	33	11:45	<b>01:26:53.15</b>	<b>01:26:53.15</b>	+00:47:25 (54.6%)	14:28	4.1 (45.1%)
233	<b>BRZOSTEK Wiesław</b>	<b>364</b>		Open Masters Mężczyzn	34	11:15	<b>01:27:06.25</b>	<b>01:27:06.25</b>	+00:47:38 (54.7%)	14:31	4.1 (45.1%)
234	<b>ŻUK Wiktoria</b>	<b>132</b>		Open Kobiet	14	12:15	<b>01:27:08.65</b>	<b>01:27:08.65</b>	+00:47:41 (54.7%)	14:31	4.1 (45.1%)
235	<b>GROCHOWSKI Michał</b>	<b>295</b>		Open Mężczyzn	112	11:00	<b>01:27:22.30</b>	<b>01:27:22.30</b>	+00:47:54 (54.8%)	14:33	4.1 (45.1%)
236	<b>MIKODA Artur</b>	<b>488</b>		Open Mężczyzn	113	11:45	<b>01:27:27.25</b>	<b>01:27:27.25</b>	+00:47:59 (54.9%)	14:34	4.1 (45.1%)
237	<b>WILCZEK Lukasz</b>	<b>189</b>	SOCIOS SILESIA	Open Mężczyzn	114	10:45	<b>01:27:35.80</b>	<b>01:27:35.80</b>	+00:48:08 (55.0%)	14:35	4.1 (45.1%)
238	<b>AUGUSTYN Grzegorz</b>	<b>455</b>	CUNA TEAM	Open Masters Mężczyzn	35	11:45	<b>01:27:40.05</b>	<b>01:27:40.05</b>	+00:48:12 (55.0%)	14:36	4.1 (45.1%)
239	<b>JAMRÓZ Kamil</b>	<b>264</b>	LUBIĘ BURPEES'Y	Open Mężczyzn	115	11:00	<b>01:27:49.55</b>	<b>01:27:49.55</b>	+00:48:22 (55.1%)	14:38	4.1 (45.1%)
240	<b>ZIEMLIŃSKI Szymon</b>	<b>245</b>		Open Mężczyzn	116	10:45	<b>01:28:04.70</b>	<b>01:28:04.70</b>	+00:48:37 (55.2%)	14:40	4.1 (45.1%)
241	<b>BARANOWSKI Maciej</b>	<b>146</b>		Open Mężczyzn	117	11:45	<b>01:28:20.50</b>	<b>01:28:20.50</b>	+00:48:52 (55.3%)	14:43	4.1 (45.1%)
242	<b>PACANA Marcin</b>	<b>226</b>		Open Mężczyzn	118	10:45	<b>01:28:27.85</b>	<b>01:28:27.85</b>	+00:49:00 (55.4%)	14:44	4.1 (45.1%)
243	<b>ŚLIWA Kamil</b>	<b>322</b>		Open Mężczyzn	119	11:00	<b>01:28:45.80</b>	<b>01:28:45.80</b>	+00:49:18 (55.5%)	14:47	4.1 (45.1%)
244	<b>KUCHYT Konrad</b>	<b>312</b>		Open Mężczyzn	120	11:00	<b>01:28:48.70</b>	<b>01:28:48.70</b>	+00:49:21 (55.6%)	14:48	4.1 (45.1%)
245	<b>SZYPUŁA Konrad</b>	<b>327</b>		Open Mężczyzn	121	11:00	<b>01:28:49.40</b>	<b>01:28:49.40</b>	+00:49:21 (55.6%)	14:48	4.1 (45.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
246	<b>DUSZEL Artur</b>	<b>170</b>	KLONO TEAM	Open Masters Mężczyzn	36	10:45	<b>01:29:02.90</b>	<b>01:29:02.90</b>	+00:49:35 (55.7%)	14:50	4 (44.0%)
247	<b>CZAJA Magdalena</b>	<b>290</b>		Open Kobiet	15	11:00	<b>01:29:10.65</b>	<b>01:29:10.65</b>	+00:49:43 (55.8%)	14:51	4 (44.0%)
248	<b>SAWICKA - WERS Urszula</b>	<b>274</b>	SAR-BSR KOŁOBRZEG	Open Kobiet	16	11:00	<b>01:29:11.05</b>	<b>01:29:11.05</b>	+00:49:43 (55.8%)	14:51	4 (44.0%)
249	<b>ANTOLIK Aneta</b>	<b>69</b>	POWER TRAINING	Elite Kobiet	13	10:20	<b>01:29:12.50</b>	<b>01:29:12.50</b>	+00:49:44 (55.8%)	14:52	4 (44.0%)
250	<b>LENCZAR Mateusz</b>	<b>497</b>	GARBATE RUMUNY	Open Mężczyzn	122	12:00	<b>01:29:15.85</b>	<b>01:29:15.85</b>	+00:49:48 (55.8%)	14:52	4 (44.0%)
251	<b>TOMASZEWICZ Adam</b>	<b>171</b>	KLONO TEAM	Open Mężczyzn	123	10:45	<b>01:29:29.50</b>	<b>01:29:29.50</b>	+00:50:01 (55.9%)	14:54	4 (44.0%)
252	<b>PODKALICKI Adrian</b>	<b>393</b>		Open Mężczyzn	124	11:15	<b>01:29:30.05</b>	<b>01:29:30.05</b>	+00:50:02 (55.9%)	14:55	4 (44.0%)
253	<b>KWIETNIEWSKI Krystian</b>	<b>281</b>	STRZYŻOWSKI KLUB SPORTOWY MK TEAM DOJO	Open Mężczyzn	125	11:00	<b>01:29:35.20</b>	<b>01:29:35.20</b>	+00:50:07 (56.0%)	14:55	4 (44.0%)
254	<b>SZOSTEK Wojciech</b>	<b>166</b>	HARPAGAN BEAST	Open Mężczyzn	126	10:45	<b>01:29:38.75</b>	<b>01:29:38.75</b>	+00:50:11 (56.0%)	14:56	4 (44.0%)
255	<b>KONIECZNA Żaneta</b>	<b>61</b>	DRAGON RUNNERS	Elite Kobiet	14	10:20	<b>01:29:42.85</b>	<b>01:29:42.85</b>	+00:50:15 (56.0%)	14:57	4 (44.0%)
256	<b>LENCZAR Dawid</b>	<b>496</b>	GARBATE RUMUNY	Open Mężczyzn	127	12:00	<b>01:29:42.95</b>	<b>01:29:42.95</b>	+00:50:15 (56.0%)	14:57	4 (44.0%)
257	<b>RYBAK Remigiusz</b>	<b>252</b>	BOOT CAMP POLSKA	Open Mężczyzn	128	11:00	<b>01:29:59.75</b>	<b>01:29:59.75</b>	+00:50:32 (56.2%)	14:59	4 (44.0%)
258	<b>SZOSTEK Bartłomiej</b>	<b>510</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	129	12:00	<b>01:30:05.05</b>	<b>01:30:05.05</b>	+00:50:37 (56.2%)	15:00	4 (44.0%)
259	<b>MALARSKA Janina</b>	<b>143</b>		Open Kobiet	17	11:30	<b>01:30:05.15</b>	<b>01:30:05.15</b>	+00:50:37 (56.2%)	15:00	4 (44.0%)
260	<b>KANIA Jakub</b>	<b>142</b>		Open Mężczyzn	130	11:15	<b>01:30:06.35</b>	<b>01:30:06.35</b>	+00:50:38 (56.2%)	15:01	4 (44.0%)
261	<b>MUSIAŁ Patrycja</b>	<b>386</b>		Open Kobiet	18	11:15	<b>01:30:06.75</b>	<b>01:30:06.75</b>	+00:50:39 (56.2%)	15:01	4 (44.0%)
262	<b>SREBNIAK Jakub</b>	<b>402</b>		Open Mężczyzn	131	11:15	<b>01:30:06.90</b>	<b>01:30:06.90</b>	+00:50:39 (56.2%)	15:01	4 (44.0%)
263	<b>SŁABASZEWSKI Kamil</b>	<b>165</b>	HARPAGAN BEAST	Open Mężczyzn	132	10:45	<b>01:30:08.70</b>	<b>01:30:08.70</b>	+00:50:41 (56.2%)	15:01	4 (44.0%)
264	<b>ZIELIŃSKI Przemysław</b>	<b>120</b>		Open Masters Mężczyzn	37	12:15	<b>01:30:44.05</b>	<b>01:30:44.05</b>	+00:51:16 (56.5%)	15:07	4 (44.0%)
265	<b>KONIECZNA Adrianna</b>	<b>465</b>	GOLDEN POWER TEAM	Open Kobiet	19	10:45	<b>01:31:03.70</b>	<b>01:31:03.70</b>	+00:51:36 (56.7%)	15:10	4 (44.0%)
266	<b>LEPIANKA Piotr</b>	<b>121</b>		Open Masters Mężczyzn	38	12:15	<b>01:31:03.85</b>	<b>01:31:03.85</b>	+00:51:36 (56.7%)	15:10	4 (44.0%)
267	<b>KWIATKOWSKA Joanna</b>	<b>466</b>	GOLDEN POWER TEAM	Open Kobiet	20	10:45	<b>01:31:06.25</b>	<b>01:31:06.25</b>	+00:51:38 (56.7%)	15:11	4 (44.0%)
268	<b>RUDNICKA Jagoda</b>	<b>491</b>		Open Kobiet	21	11:45	<b>01:31:06.40</b>	<b>01:31:06.40</b>	+00:51:38 (56.7%)	15:11	4 (44.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
269	<b>KRÓL Grzegorz</b>	<b>163</b>	GOLDEN POWER TEAM	Open Masters Mężczyzn	39	10:45	<b>01:31:06.75</b>	<b>01:31:06.75</b>	+00:51:39 (56.7%)	15:11	4 (44.0%)
270	<b>ZAKRZEWSKA Edyta</b>	<b>243</b>		Open Kobiet	22	10:45	<b>01:31:07.35</b>	<b>01:31:07.35</b>	+00:51:39 (56.7%)	15:11	4 (44.0%)
271	<b>WINIARSKI Eryk</b>	<b>238</b>		Open Mężczyzn	133	10:45	<b>01:31:07.45</b>	<b>01:31:07.45</b>	+00:51:39 (56.7%)	15:11	4 (44.0%)
272	<b>HOROSZKO Maria</b>	<b>209</b>		Open Kobiet	23	10:45	<b>01:31:07.95</b>	<b>01:31:07.95</b>	+00:51:40 (56.7%)	15:11	4 (44.0%)
273	<b>RUDNICKA Anna</b>	<b>490</b>		Open Kobiet	24	11:45	<b>01:31:08.25</b>	<b>01:31:08.25</b>	+00:51:40 (56.7%)	15:11	4 (44.0%)
274	<b>ODYJAS Daniel</b>	<b>489</b>		Open Mężczyzn	134	11:45	<b>01:31:10.75</b>	<b>01:31:10.75</b>	+00:51:43 (56.7%)	15:11	3.9 (42.9%)
275	<b>RYBAK Tomasz</b>	<b>320</b>		Open Mężczyzn	135	11:00	<b>01:31:28.05</b>	<b>01:31:28.05</b>	+00:52:00 (56.9%)	15:14	3.9 (42.9%)
276	<b>KOPYCIŃSKI Miłosz</b>	<b>280</b>	STRZYŻOWSKI KLUB SPORTOWY MK TEAM DOJO	Open Mężczyzn	136	11:00	<b>01:31:29.75</b>	<b>01:31:29.75</b>	+00:52:02 (56.9%)	15:14	3.9 (42.9%)
277	<b>PASZEK Sławomir</b>	<b>282</b>	STRZYŻOWSKI KLUB SPORTOWY MK TEAM DOJO	Open Masters Mężczyzn	40	11:00	<b>01:31:32.60</b>	<b>01:31:32.60</b>	+00:52:05 (56.9%)	15:15	3.9 (42.9%)
278	<b>CZECHOWICZ Michał</b>	<b>495</b>	GARBATE RUMUNY	Open Mężczyzn	137	12:00	<b>01:31:39.20</b>	<b>01:31:39.20</b>	+00:52:11 (56.9%)	15:16	3.9 (42.9%)
279	<b>KUCZEK Kasia</b>	<b>417</b>	GANG ZAKRĘCONYCH MASTERSÓW	Open Kobiet	25	11:30	<b>01:31:41.15</b>	<b>01:31:41.15</b>	+00:52:13 (57.0%)	15:16	3.9 (42.9%)
280	<b>STOCHEL Michał</b>	<b>418</b>	GANG ZAKRĘCONYCH MASTERSÓW	Open Mężczyzn	138	11:30	<b>01:31:41.45</b>	<b>01:31:41.45</b>	+00:52:13 (57.0%)	15:16	3.9 (42.9%)
281	<b>LEW Krzysztof</b>	<b>507</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	139	12:00	<b>01:32:01.60</b>	<b>01:32:01.60</b>	+00:52:34 (57.1%)	15:20	3.9 (42.9%)
282	<b>WILCZYŃSKA Agata</b>	<b>492</b>		Open Kobiet	26	11:45	<b>01:32:03.65</b>	<b>01:32:03.65</b>	+00:52:36 (57.1%)	15:20	3.9 (42.9%)
283	<b>WANAT Mariusz</b>	<b>447</b>		Open Mężczyzn	140	11:30	<b>01:32:08.65</b>	<b>01:32:08.65</b>	+00:52:41 (57.2%)	15:21	3.9 (42.9%)
284	<b>HELWIN Dawid</b>	<b>506</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	141	12:00	<b>01:32:09.40</b>	<b>01:32:09.40</b>	+00:52:41 (57.2%)	15:21	3.9 (42.9%)
285	<b>FLAGA Łukasz</b>	<b>275</b>	STRZYŻOWSKI KLUB SPORTOWY MK TEAM DOJO	Open Mężczyzn	142	11:00	<b>01:32:12.05</b>	<b>01:32:12.05</b>	+00:52:44 (57.2%)	15:22	3.9 (42.9%)
286	<b>RYGLEWICZ Patryk</b>	<b>560</b>		Open Mężczyzn	143	12:00	<b>01:32:14.10</b>	<b>01:32:14.10</b>	+00:52:46 (57.2%)	15:22	3.9 (42.9%)
287	<b>MIREK Izabela</b>	<b>498</b>	LATAJĄCE SZYNSZYLE	Open Kobiet	27	12:00	<b>01:32:32.60</b>	<b>01:32:32.60</b>	+00:53:05 (57.4%)	15:25	3.9 (42.9%)
288	<b>MIREK Karol</b>	<b>499</b>	LATAJĄCE SZYNSZYLE	Open Mężczyzn	144	12:00	<b>01:32:32.70</b>	<b>01:32:32.70</b>	+00:53:05 (57.4%)	15:25	3.9 (42.9%)
289	<b>HAFTEK Piotr</b>	<b>297</b>		Open Masters Mężczyzn	41	11:00	<b>01:32:33.75</b>	<b>01:32:33.75</b>	+00:53:06 (57.4%)	15:25	3.9 (42.9%)
290	<b>STEC Tomasz</b>	<b>509</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	145	12:00	<b>01:32:35.45</b>	<b>01:32:35.45</b>	+00:53:07 (57.4%)	15:25	3.9 (42.9%)
291	<b>GNATEK Dominik</b>	<b>276</b>	STRZYŻOWSKI KLUB SPORTOWY MK TEAM DOJO	Open Mężczyzn	146	11:00	<b>01:32:41.85</b>	<b>01:32:41.85</b>	+00:53:14 (57.4%)	15:26	3.9 (42.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
292	<b>BACHURA Malwina</b>	<b>478</b>		Open Kobiet	28	11:45	<b>01:32:44.70</b>	<b>01:32:44.70</b>	+00:53:17 (57.5%)	15:27	3.9 (42.9%)
293	<b>FOLEK Grzegorz</b>	<b>480</b>		Open Mężczyzn	147	11:45	<b>01:32:44.85</b>	<b>01:32:44.85</b>	+00:53:17 (57.5%)	15:27	3.9 (42.9%)
294	<b>CZEKALSKA Renata</b>	<b>203</b>		Open Kobiet	29	10:45	<b>01:32:46.75</b>	<b>01:32:46.75</b>	+00:53:19 (57.5%)	15:27	3.9 (42.9%)
295	<b>CZAJKOWSKA Agnieszka</b>	<b>114</b>		Open Kobiet	30	12:15	<b>01:33:01.20</b>	<b>01:33:01.20</b>	+00:53:33 (57.6%)	15:30	3.9 (42.9%)
296	<b>ŻURAWSKI Adam</b>	<b>283</b>	STRZYŻOWSKI KLUB SPORTOWY MK TEAM DOJO	Open Mężczyzn	148	11:00	<b>01:33:09.55</b>	<b>01:33:09.55</b>	+00:53:42 (57.6%)	15:31	3.9 (42.9%)
297	<b>LIPIEC Kinga</b>	<b>272</b>	POWER TRAINING	Open Kobiet	31	11:00	<b>01:33:13.10</b>	<b>01:33:13.10</b>	+00:53:45 (57.7%)	15:32	3.9 (42.9%)
298	<b>DOMAŃSKI Karol</b>	<b>271</b>	POWER TRAINING	Open Mężczyzn	149	11:00	<b>01:33:13.50</b>	<b>01:33:13.50</b>	+00:53:45 (57.7%)	15:32	3.9 (42.9%)
299	<b>HAWROT Łukasz</b>	<b>278</b>	STRZYŻOWSKI KLUB SPORTOWY MK TEAM DOJO	Open Mężczyzn	150	11:00	<b>01:33:14.70</b>	<b>01:33:14.70</b>	+00:53:47 (57.7%)	15:32	3.9 (42.9%)
300	<b>JAKUBOWICZ Marta</b>	<b>108</b>	STRZYŻOWSKI KLUB SPORTOWY MK TEAM DOJO	Open Masters Kobiet	3	11:00	<b>01:33:16.00</b>	<b>01:33:16.00</b>	+00:53:48 (57.7%)	15:32	3.9 (42.9%)
301	<b>KOŚMIŃSKI Paweł</b>	<b>306</b>		Open Mężczyzn	151	11:00	<b>01:33:30.15</b>	<b>01:33:30.15</b>	+00:54:02 (57.8%)	15:35	3.9 (42.9%)
302	<b>HAFTEK Patryk</b>	<b>296</b>		Open Mężczyzn	152	11:00	<b>01:33:43.55</b>	<b>01:33:43.55</b>	+00:54:16 (57.9%)	15:37	3.8 (41.8%)
303	<b>MIKOŚ Łukasz</b>	<b>356</b>	PUSTAKI	Open Masters Mężczyzn	42	11:15	<b>01:34:00.90</b>	<b>01:34:00.90</b>	+00:54:33 (58.0%)	15:40	3.8 (41.8%)
304	<b>JÓZEFOWSKI Tobiasz</b>	<b>355</b>	PUSTAKI	Open Mężczyzn	153	11:15	<b>01:34:01.20</b>	<b>01:34:01.20</b>	+00:54:33 (58.0%)	15:40	3.8 (41.8%)
305	<b>MICHALIK Paula</b>	<b>573</b>	DON'T FOLLOW ME! I'M LOST TOO.	Open Kobiet	32	12:15	<b>01:34:11.00</b>	<b>01:34:11.00</b>	+00:54:43 (58.1%)	15:41	3.8 (41.8%)
306	<b>MATUSIK Jolanta</b>	<b>345</b>	KLONO TEAM	Open Masters Kobiet	4	11:15	<b>01:34:11.45</b>	<b>01:34:11.45</b>	+00:54:43 (58.1%)	15:41	3.8 (41.8%)
307	<b>TOCKI Gabriel</b>	<b>565</b>		Open Mężczyzn	154	12:00	<b>01:34:11.90</b>	<b>01:34:11.90</b>	+00:54:44 (58.1%)	15:41	3.8 (41.8%)
308	<b>OŻÓG Mateusz</b>	<b>260</b>	JAK ŻÓŁWIE W GALOPIE	Open Mężczyzn	155	11:30	<b>01:34:12.60</b>	<b>01:34:12.60</b>	+00:54:45 (58.1%)	15:42	3.8 (41.8%)
309	<b>SADKOWSKA Anna</b>	<b>321</b>		Open Kobiet	33	11:00	<b>01:34:14.45</b>	<b>01:34:14.45</b>	+00:54:46 (58.1%)	15:42	3.8 (41.8%)
310	<b>GRYNDZIA Adrianna</b>	<b>277</b>	STRZYŻOWSKI KLUB SPORTOWY MK TEAM DOJO	Open Kobiet	34	11:00	<b>01:34:16.20</b>	<b>01:34:16.20</b>	+00:54:48 (58.1%)	15:42	3.8 (41.8%)
311	<b>KOCUREK Mariusz</b>	<b>279</b>	STRZYŻOWSKI KLUB SPORTOWY MK TEAM DOJO	Open Masters Mężczyzn	43	11:00	<b>01:34:16.90</b>	<b>01:34:16.90</b>	+00:54:49 (58.1%)	15:42	3.8 (41.8%)
312	<b>STEINKE Gabriel</b>	<b>234</b>		Open Mężczyzn	156	10:45	<b>01:34:18.70</b>	<b>01:34:18.70</b>	+00:54:51 (58.2%)	15:43	3.8 (41.8%)
313	<b>BEREŚ Krystian</b>	<b>198</b>		Open Mężczyzn	157	10:45	<b>01:34:19.50</b>	<b>01:34:19.50</b>	+00:54:51 (58.2%)	15:43	3.8 (41.8%)
314	<b>ŁACINA Joanna</b>	<b>139</b>		Open Kobiet	35	11:30	<b>01:34:20.15</b>	<b>01:34:20.15</b>	+00:54:52 (58.2%)	15:43	3.8 (41.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
315	<b>WOZNIAK Jaroslaw</b>	<b>140</b>		Open Masters Mężczyzn	44	11:30	<b>01:34:20.30</b>	<b>01:34:20.30</b>	+00:54:52 (58.2%)	15:43	3.8 (41.8%)
316	<b>MISIECZKO Miłosz</b>	<b>552</b>		Open Mężczyzn	158	12:00	<b>01:34:21.80</b>	<b>01:34:21.80</b>	+00:54:54 (58.2%)	15:43	3.8 (41.8%)
317	<b>GĘSIOR Stanisław</b>	<b>481</b>		Open Mężczyzn	159	11:45	<b>01:34:23.30</b>	<b>01:34:23.30</b>	+00:54:55 (58.2%)	15:43	3.8 (41.8%)
318	<b>ŻÓŁOBOWICZ Przemysław</b>	<b>408</b>		Open Mężczyzn	160	11:15	<b>01:34:24.60</b>	<b>01:34:24.60</b>	+00:54:57 (58.2%)	15:44	3.8 (41.8%)
319	<b>GAZDA Patryk</b>	<b>372</b>		Open Mężczyzn	161	11:15	<b>01:34:25.10</b>	<b>01:34:25.10</b>	+00:54:57 (58.2%)	15:44	3.8 (41.8%)
320	<b>DEPTA Grzegorz</b>	<b>291</b>		Open Masters Mężczyzn	45	11:00	<b>01:34:32.45</b>	<b>01:34:32.45</b>	+00:55:04 (58.3%)	15:45	3.8 (41.8%)
321	<b>BUDEK Weronika</b>	<b>530</b>		Open Kobiet	36	11:45	<b>01:34:34.00</b>	<b>01:34:34.00</b>	+00:55:06 (58.3%)	15:45	3.8 (41.8%)
322	<b>ZAHUTA Karol</b>	<b>141</b>		Open Mężczyzn	162	11:15	<b>01:34:36.75</b>	<b>01:34:36.75</b>	+00:55:09 (58.3%)	15:46	3.8 (41.8%)
323	<b>FILAS Rafał</b>	<b>538</b>		Open Mężczyzn	163	11:45	<b>01:34:37.45</b>	<b>01:34:37.45</b>	+00:55:09 (58.3%)	15:46	3.8 (41.8%)
324	<b>BIENCZAK Arek</b>	<b>341</b>	GLADIATORZY_AMATORZY	Open Mężczyzn	164	11:15	<b>01:34:38.15</b>	<b>01:34:38.15</b>	+00:55:10 (58.3%)	15:46	3.8 (41.8%)
325	<b>BARTNIK Sylwia</b>	<b>133</b>		Open Kobiet	37	12:15	<b>01:34:54.65</b>	<b>01:34:54.65</b>	+00:55:27 (58.4%)	15:49	3.8 (41.8%)
326	<b>MACHOWSKI Artur</b>	<b>432</b>		Open Mężczyzn	165	11:30	<b>01:34:55.15</b>	<b>01:34:55.15</b>	+00:55:27 (58.4%)	15:49	3.8 (41.8%)
327	<b>BARTNIK-MATYJA Agnieszka</b>	<b>131</b>		Open Kobiet	38	12:15	<b>01:34:55.25</b>	<b>01:34:55.25</b>	+00:55:27 (58.4%)	15:49	3.8 (41.8%)
328	<b>RADWAŃSKI Marek</b>	<b>126</b>		Open Mężczyzn	166	12:15	<b>01:34:57.10</b>	<b>01:34:57.10</b>	+00:55:29 (58.4%)	15:49	3.8 (41.8%)
329	<b>MASIO Grzegorz</b>	<b>353</b>	PROGRES TEAM	Open Mężczyzn	167	11:30	<b>01:35:13.05</b>	<b>01:35:13.05</b>	+00:55:45 (58.6%)	15:52	3.8 (41.8%)
330	<b>BURDZIAK Pamela</b>	<b>354</b>	PROGRESS TEAM	Open Kobiet	39	11:30	<b>01:35:13.35</b>	<b>01:35:13.35</b>	+00:55:45 (58.6%)	15:52	3.8 (41.8%)
331	<b>JANICKA Marta</b>	<b>195</b>	WILK TRENUJE FAMILY (WTF)	Open Kobiet	40	10:45	<b>01:35:28.70</b>	<b>01:35:28.70</b>	+00:56:01 (58.7%)	15:54	3.8 (41.8%)
332	<b>KRAWCZYŃSKI Jarosław</b>	<b>117</b>		Open Masters Mężczyzn	46	12:15	<b>01:35:47.85</b>	<b>01:35:47.85</b>	+00:56:20 (58.8%)	15:57	3.8 (41.8%)
333	<b>DZIEWIRSKA Anna</b>	<b>370</b>		Open Kobiet	41	11:15	<b>01:35:51.40</b>	<b>01:35:51.40</b>	+00:56:23 (58.8%)	15:58	3.8 (41.8%)
334	<b>ZAJĄC Tadeusz</b>	<b>407</b>		Open Mężczyzn	168	11:15	<b>01:35:52.45</b>	<b>01:35:52.45</b>	+00:56:24 (58.8%)	15:58	3.8 (41.8%)
335	<b>REDLIN Radosław</b>	<b>346</b>	KLONO TEAM	Open Masters Mężczyzn	47	11:15	<b>01:35:55.90</b>	<b>01:35:55.90</b>	+00:56:28 (58.9%)	15:59	3.8 (41.8%)
336	<b>JANUSZCZAK Michał</b>	<b>485</b>		Open Mężczyzn	169	11:45	<b>01:35:57.45</b>	<b>01:35:57.45</b>	+00:56:29 (58.9%)	15:59	3.8 (41.8%)
337	<b>HOFFMAN Bartłomiej</b>	<b>484</b>		Open Mężczyzn	170	11:45	<b>01:35:58.40</b>	<b>01:35:58.40</b>	+00:56:30 (58.9%)	15:59	3.8 (41.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
338	<b>PREWYSZ-KWINTO Marta</b>	<b>68</b>	OBSTACLE CENTER TEAM	Elite Kobiet	15	10:20	<b>01:36:09.80</b>	<b>01:36:09.80</b>	+00:56:42 (59.0%)	16:01	3.7 (40.7%)
339	<b>SUCHY Tomasz</b>	<b>442</b>		Open Mężczyzn	171	11:30	<b>01:36:24.25</b>	<b>01:36:24.25</b>	+00:56:56 (59.1%)	16:04	3.7 (40.7%)
340	<b>HOŁOWATY Renata</b>	<b>298</b>		Open Kobiet	42	11:00	<b>01:36:26.40</b>	<b>01:36:26.40</b>	+00:56:58 (59.1%)	16:04	3.7 (40.7%)
341	<b>PADO Michał</b>	<b>247</b>	BIESZCZADZKA WATAHA MTB	Open Mężczyzn	172	11:00	<b>01:36:26.70</b>	<b>01:36:26.70</b>	+00:56:59 (59.1%)	16:04	3.7 (40.7%)
342	<b>NESTOROWICZ Maksymilian</b>	<b>246</b>	BIESZCZADZKA WATAHA MTB	Open Mężczyzn	173	11:00	<b>01:36:26.85</b>	<b>01:36:26.85</b>	+00:56:59 (59.1%)	16:04	3.7 (40.7%)
343	<b>DOŁŻYCKI Paweł</b>	<b>292</b>		Open Mężczyzn	174	11:00	<b>01:36:27.35</b>	<b>01:36:27.35</b>	+00:56:59 (59.1%)	16:04	3.7 (40.7%)
344	<b>PIEKARZ Ewelina</b>	<b>391</b>		Open Kobiet	43	11:15	<b>01:36:41.45</b>	<b>01:36:41.45</b>	+00:57:13 (59.2%)	16:06	3.7 (40.7%)
345	<b>MAZURKIEWICZ Kamil</b>	<b>436</b>		Open Mężczyzn	175	11:30	<b>01:36:53.60</b>	<b>01:36:53.60</b>	+00:57:26 (59.3%)	16:08	3.7 (40.7%)
346	<b>WITKOWSKI Marek</b>	<b>154</b>	BIEGOWE DZIKI OCR	Open Masters Mężczyzn	48	10:45	<b>01:37:01.50</b>	<b>01:37:01.50</b>	+00:57:33 (59.3%)	16:10	3.7 (40.7%)
347	<b>JURECZKO Artur</b>	<b>428</b>		Open Mężczyzn	176	11:30	<b>01:37:09.30</b>	<b>01:37:09.30</b>	+00:57:41 (59.4%)	16:11	3.7 (40.7%)
348	<b>ZUBER Sebastian</b>	<b>448</b>		Open Mężczyzn	177	11:30	<b>01:37:37.05</b>	<b>01:37:37.05</b>	+00:58:09 (59.6%)	16:16	3.7 (40.7%)
349	<b>WÓJCIK Grzegorz</b>	<b>493</b>		Open Masters Mężczyzn	49	11:45	<b>01:37:46.75</b>	<b>01:37:46.75</b>	+00:58:19 (59.6%)	16:17	3.7 (40.7%)
350	<b>ŚMITEK Łukasz</b>	<b>453</b>	ARASH RUSH	Open Mężczyzn	178	11:45	<b>01:37:49.65</b>	<b>01:37:49.65</b>	+00:58:22 (59.7%)	16:18	3.7 (40.7%)
351	<b>ŚWINIARSKI Adam</b>	<b>564</b>		Open Mężczyzn	179	12:00	<b>01:37:53.15</b>	<b>01:37:53.15</b>	+00:58:25 (59.7%)	16:18	3.7 (40.7%)
352	<b>MARKOWSKA Katarzyna</b>	<b>435</b>		Open Masters Kobiet	5	11:30	<b>01:38:04.65</b>	<b>01:38:04.65</b>	+00:58:37 (59.8%)	16:20	3.7 (40.7%)
353	<b>MICHALIK Dominik</b>	<b>549</b>		Open Mężczyzn	180	12:00	<b>01:38:05.25</b>	<b>01:38:05.25</b>	+00:58:37 (59.8%)	16:20	3.7 (40.7%)
354	<b>STRZĘPKA Mateusz</b>	<b>404</b>		Open Mężczyzn	181	11:15	<b>01:38:06.30</b>	<b>01:38:06.30</b>	+00:58:38 (59.8%)	16:21	3.7 (40.7%)
355	<b>KŁOBUS Daniel</b>	<b>382</b>		Open Mężczyzn	182	11:15	<b>01:38:06.90</b>	<b>01:38:06.90</b>	+00:58:39 (59.8%)	16:21	3.7 (40.7%)
356	<b>SCHMIDT Karolina</b>	<b>152</b>	BEFIT24TEAM	Open Kobiet	44	10:45	<b>01:38:28.75</b>	<b>01:38:28.75</b>	+00:59:01 (59.9%)	16:24	3.7 (40.7%)
356	<b>SCHMIDT Paweł</b>	<b>153</b>	BEFIT24TEAM	Open Masters Mężczyzn	50	10:45	<b>01:38:28.75</b>	<b>01:38:28.75</b>	+00:59:01 (59.9%)	16:24	3.7 (40.7%)
358	<b>GORGOSZ Maria</b>	<b>586</b>	STUDIO TRENINGOWE JASŁO	Open Kobiet	45	12:15	<b>01:38:38.45</b>	<b>01:38:38.45</b>	+00:59:10 (60.0%)	16:26	3.6 (39.6%)
359	<b>BUŚ Karolina</b>	<b>583</b>	STUDIO TRENINGOWE JASŁO	Open Kobiet	46	12:15	<b>01:38:38.55</b>	<b>01:38:38.55</b>	+00:59:11 (60.0%)	16:26	3.6 (39.6%)
360	<b>WYSZATYCKA Ewa</b>	<b>591</b>	STUDIO TRENINGOWE JASŁO	Open Masters Kobiet	6	12:15	<b>01:38:38.65</b>	<b>01:38:38.65</b>	+00:59:11 (60.0%)	16:26	3.6 (39.6%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
361	<b>GRZESIUK Adam</b>	<b>374</b>		Open Mężczyzn	183	11:15	<b>01:38:53.50</b>	<b>01:38:53.50</b>	+00:59:25 (60.1%)	16:28	3.6 (39.6%)
362	<b>PROROK Adriana</b>	<b>557</b>		Open Kobiet	47	12:00	<b>01:39:01.20</b>	<b>01:39:01.20</b>	+00:59:33 (60.2%)	16:30	3.6 (39.6%)
363	<b>STOKLOSA Katarzyna</b>	<b>562</b>		Open Kobiet	48	12:00	<b>01:39:02.25</b>	<b>01:39:02.25</b>	+00:59:34 (60.2%)	16:30	3.6 (39.6%)
364	<b>OCZKOWICZ Marcin</b>	<b>554</b>		Open Mężczyzn	184	12:00	<b>01:39:16.70</b>	<b>01:39:16.70</b>	+00:59:49 (60.3%)	16:32	3.6 (39.6%)
365	<b>ARMATYS Agnieszka</b>	<b>450</b>	ARASH RUSH	Open Kobiet	49	11:45	<b>01:39:27.60</b>	<b>01:39:27.60</b>	+01:00:00 (60.3%)	16:34	3.6 (39.6%)
365	<b>ROWICKI Szymon</b>	<b>452</b>	ARASH RUSH	Open Mężczyzn	185	11:45	<b>01:39:27.60</b>	<b>01:39:27.60</b>	+01:00:00 (60.3%)	16:34	3.6 (39.6%)
367	<b>POSŁUSZNY Wojciech</b>	<b>317</b>		Open Mężczyzn	186	11:00	<b>01:39:29.55</b>	<b>01:39:29.55</b>	+01:00:02 (60.3%)	16:34	3.6 (39.6%)
368	<b>MARC-WOJAK Anna</b>	<b>434</b>		Open Kobiet	50	11:30	<b>01:39:40.00</b>	<b>01:39:40.00</b>	+01:00:12 (60.4%)	16:36	3.6 (39.6%)
369	<b>JURCZENIA Michał</b>	<b>211</b>		Open Mężczyzn	187	10:45	<b>01:39:41.05</b>	<b>01:39:41.05</b>	+01:00:13 (60.4%)	16:36	3.6 (39.6%)
370	<b>PROTASEWICZ Paulina</b>	<b>229</b>		Open Kobiet	51	10:45	<b>01:39:41.10</b>	<b>01:39:41.10</b>	+01:00:13 (60.4%)	16:36	3.6 (39.6%)
371	<b>KRÓL Paulina</b>	<b>213</b>		Open Kobiet	52	10:45	<b>01:39:41.30</b>	<b>01:39:41.30</b>	+01:00:13 (60.4%)	16:36	3.6 (39.6%)
372	<b>KMIECIK Marcin</b>	<b>259</b>	HUSARIA RACE TEAM	Open Mężczyzn	188	10:45	<b>01:39:43.05</b>	<b>01:39:43.05</b>	+01:00:15 (60.4%)	16:37	3.6 (39.6%)
373	<b>KMIECIK Justyna</b>	<b>258</b>	HUSARIA RACE TEAM	Open Masters Kobiet	7	10:45	<b>01:39:43.45</b>	<b>01:39:43.45</b>	+01:00:15 (60.4%)	16:37	3.6 (39.6%)
374	<b>GRZESIUK Wojciech</b>	<b>375</b>		Open Mężczyzn	189	11:15	<b>01:39:49.20</b>	<b>01:39:49.20</b>	+01:00:21 (60.5%)	16:38	3.6 (39.6%)
375	<b>WIĘCEK Urszula</b>	<b>405</b>		Open Masters Kobiet	8	11:15	<b>01:39:54.90</b>	<b>01:39:54.90</b>	+01:00:27 (60.5%)	16:39	3.6 (39.6%)
376	<b>CYTERA Barbara</b>	<b>367</b>		Open Masters Kobiet	9	11:15	<b>01:39:54.95</b>	<b>01:39:54.95</b>	+01:00:27 (60.5%)	16:39	3.6 (39.6%)
377	<b>GIEFERT Dariusz</b>	<b>540</b>		Open Mężczyzn	190	12:00	<b>01:39:55.50</b>	<b>01:39:55.50</b>	+01:00:27 (60.5%)	16:39	3.6 (39.6%)
378	<b>BAŁĘCZNY Tomasz</b>	<b>500</b>	NIEZNISZCZALNI MIELEC	Open Mężczyzn	191	11:15	<b>01:40:10.85</b>	<b>01:40:10.85</b>	+01:00:43 (60.6%)	16:41	3.6 (39.6%)
379	<b>BRILLOWSKI Karol</b>	<b>192</b>	SRK	Open Masters Mężczyzn	51	10:45	<b>01:40:10.95</b>	<b>01:40:10.95</b>	+01:00:43 (60.6%)	16:41	3.6 (39.6%)
380	<b>RYGIEL Sławek</b>	<b>119</b>		Open Mężczyzn	192	12:15	<b>01:40:40.20</b>	<b>01:40:40.20</b>	+01:01:12 (60.8%)	16:46	3.6 (39.6%)
381	<b>DOLIŃSKA Joanna</b>	<b>368</b>		Open Kobiet	53	11:15	<b>01:40:40.55</b>	<b>01:40:40.55</b>	+01:01:13 (60.8%)	16:46	3.6 (39.6%)
382	<b>RYGIEL Agnieszka</b>	<b>118</b>		Open Kobiet	54	12:15	<b>01:40:43.65</b>	<b>01:40:43.65</b>	+01:01:16 (60.8%)	16:47	3.6 (39.6%)
383	<b>DOLIŃSKI Jacek</b>	<b>369</b>		Open Mężczyzn	193	11:15	<b>01:40:48.00</b>	<b>01:40:48.00</b>	+01:01:20 (60.9%)	16:48	3.6 (39.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
384	<b>GRZESIK Marek</b>	<b>160</b>	DARIUSZ TAK SIĘ NIE ROBI	Open Mężczyzn	194	10:45	<b>01:40:50.15</b>	<b>01:40:50.15</b>	+01:01:22 (60.9%)	16:48	3.6 (39.6%)
385	<b>SKRZEKUT Karol</b>	<b>161</b>	DARIUSZ TAK SIĘ NIE ROBI	Open Mężczyzn	195	10:45	<b>01:40:50.75</b>	<b>01:40:50.75</b>	+01:01:23 (60.9%)	16:48	3.6 (39.6%)
386	<b>KAPUŚCIŃSKI Piotr</b>	<b>129</b>		Open Mężczyzn	196	12:15	<b>01:40:52.20</b>	<b>01:40:52.20</b>	+01:01:24 (60.9%)	16:48	3.6 (39.6%)
387	<b>MATYSZOK Adrianna</b>	<b>145</b>		Open Kobiet	55	12:15	<b>01:40:52.85</b>	<b>01:40:52.85</b>	+01:01:25 (60.9%)	16:48	3.6 (39.6%)
388	<b>GABRYCHOWICZ Dominik</b>	<b>539</b>		Open Mężczyzn	197	12:00	<b>01:40:54.95</b>	<b>01:40:54.95</b>	+01:01:27 (60.9%)	16:49	3.6 (39.6%)
389	<b>MICHTA Łukasz</b>	<b>550</b>		Open Masters Mężczyzn	52	12:00	<b>01:41:05.65</b>	<b>01:41:05.65</b>	+01:01:38 (61.0%)	16:50	3.6 (39.6%)
390	<b>BUCZARSKA Judyta</b>	<b>528</b>		Open Kobiet	56	12:00	<b>01:41:05.70</b>	<b>01:41:05.70</b>	+01:01:38 (61.0%)	16:50	3.6 (39.6%)
391	<b>DACKO Gilbert</b>	<b>532</b>		Open Mężczyzn	198	12:00	<b>01:41:12.35</b>	<b>01:41:12.35</b>	+01:01:44 (61.0%)	16:52	3.6 (39.6%)
392	<b>DEROŃ Diana</b>	<b>472</b>	TACHO LOG	Open Kobiet	57	11:45	<b>01:41:15.10</b>	<b>01:41:15.10</b>	+01:01:47 (61.0%)	16:52	3.6 (39.6%)
393	<b>WŁODARSKA Malwina</b>	<b>115</b>		Open Kobiet	58	12:15	<b>01:41:15.80</b>	<b>01:41:15.80</b>	+01:01:48 (61.0%)	16:52	3.6 (39.6%)
394	<b>WŁODARSKI Marcin</b>	<b>112</b>		Open Mężczyzn	199	12:15	<b>01:41:16.35</b>	<b>01:41:16.35</b>	+01:01:48 (61.0%)	16:52	3.6 (39.6%)
395	<b>DEROŃ Aneta</b>	<b>471</b>	TACHO LOG	Open Masters Kobiet	10	11:45	<b>01:41:18.45</b>	<b>01:41:18.45</b>	+01:01:50 (61.1%)	16:53	3.6 (39.6%)
396	<b>WALCZAK Danuta</b>	<b>182</b>	POZNAŃ RACE TEAM	Open Kobiet	59	10:45	<b>01:41:20.60</b>	<b>01:41:20.60</b>	+01:01:53 (61.1%)	16:53	3.6 (39.6%)
396	<b>TYLMAN Oskar</b>	<b>181</b>	POZNAŃ RACE TEAM	Open Mężczyzn	200	10:45	<b>01:41:20.60</b>	<b>01:41:20.60</b>	+01:01:53 (61.1%)	16:53	3.6 (39.6%)
396	<b>MARUSZCZAK Joanna</b>	<b>474</b>	TACHO LOG	Open Kobiet	59	11:45	<b>01:41:20.60</b>	<b>01:41:20.60</b>	+01:01:53 (61.1%)	16:53	3.6 (39.6%)
399	<b>KARPIŃSKA Małgorzata</b>	<b>162</b>	DRUŻYNA PANA MICHAŁA	Open Kobiet	61	10:45	<b>01:41:21.10</b>	<b>01:41:21.10</b>	+01:01:53 (61.1%)	16:53	3.6 (39.6%)
400	<b>ŁOWIGUS Łukasz</b>	<b>179</b>	POZNAŃ RACE TEAM	Open Mężczyzn	201	10:45	<b>01:41:21.20</b>	<b>01:41:21.20</b>	+01:01:53 (61.1%)	16:53	3.6 (39.6%)
401	<b>MARUSZCZAK Damian</b>	<b>473</b>	TACHO LOG	Open Mężczyzn	202	11:45	<b>01:41:21.25</b>	<b>01:41:21.25</b>	+01:01:53 (61.1%)	16:53	3.6 (39.6%)
402	<b>SZAŁA Jan</b>	<b>180</b>	POZNAŃ RACE TEAM	Open Mężczyzn	203	10:45	<b>01:41:21.50</b>	<b>01:41:21.50</b>	+01:01:53 (61.1%)	16:53	3.6 (39.6%)
403	<b>SUŁEK Hubert</b>	<b>443</b>		Open Mężczyzn	204	11:30	<b>01:41:26.75</b>	<b>01:41:26.75</b>	+01:01:59 (61.1%)	16:54	3.5 (38.5%)
404	<b>BOGUSZ Aleksander</b>	<b>426</b>		Open Mężczyzn	205	11:30	<b>01:41:26.95</b>	<b>01:41:26.95</b>	+01:01:59 (61.1%)	16:54	3.5 (38.5%)
405	<b>LUBAŚ Bartek</b>	<b>501</b>	NIEZNISZCZALNI MIELEC	Open Masters Mężczyzn	53	11:15	<b>01:41:37.30</b>	<b>01:41:37.30</b>	+01:02:09 (61.2%)	16:56	3.5 (38.5%)
406	<b>TOBOŁA Gabriela</b>	<b>446</b>		Open Kobiet	62	11:30	<b>01:41:37.65</b>	<b>01:41:37.65</b>	+01:02:10 (61.2%)	16:56	3.5 (38.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
407	<b>SURMIAK Zofia</b>	<b>444</b>		Open Kobiet	63	11:30	<b>01:41:38.20</b>	<b>01:41:38.20</b>	+01:02:10 (61.2%)	16:56	3.5 (38.5%)
408	<b>DYBOWSKA Julia</b>	<b>475</b>	ŻÓŁWIE I ŚLIMAKI	Open Kobiet	64	11:45	<b>01:41:38.40</b>	<b>01:41:38.40</b>	+01:02:10 (61.2%)	16:56	3.5 (38.5%)
408	<b>DYBOWSKI Marcin</b>	<b>477</b>	ŻÓŁWIE I ŚLIMAKI	Open Masters Mężczyzn	54	11:45	<b>01:41:38.40</b>	<b>01:41:38.40</b>	+01:02:10 (61.2%)	16:56	3.5 (38.5%)
410	<b>DYBOWSKA Monika</b>	<b>476</b>	ŻÓŁWIE I ŚLIMAKI	Open Masters Kobiet	11	11:45	<b>01:41:38.50</b>	<b>01:41:38.50</b>	+01:02:10 (61.2%)	16:56	3.5 (38.5%)
411	<b>CIEMAŁA Szczepan</b>	<b>427</b>		Open Mężczyzn	206	11:30	<b>01:41:39.00</b>	<b>01:41:39.00</b>	+01:02:11 (61.2%)	16:56	3.5 (38.5%)
412	<b>RYSZCZYK Adam</b>	<b>193</b>	TEAM ŚWINIA	Open Mężczyzn	207	11:30	<b>01:41:47.55</b>	<b>01:41:47.55</b>	+01:02:20 (61.2%)	16:57	3.5 (38.5%)
413	<b>COX Amelia</b>	<b>531</b>		Open Kobiet	65	12:00	<b>01:41:47.95</b>	<b>01:41:47.95</b>	+01:02:20 (61.2%)	16:57	3.5 (38.5%)
414	<b>ROWICKI Kamil</b>	<b>451</b>	ARASH RUSH	Open Mężczyzn	208	11:45	<b>01:43:20.25</b>	<b>01:43:20.25</b>	+01:03:52 (61.8%)	17:13	3.5 (38.5%)
415	<b>GŁOWA Ewa</b>	<b>541</b>		Open Kobiet	66	12:00	<b>01:43:26.35</b>	<b>01:43:26.35</b>	+01:03:58 (61.9%)	17:14	3.5 (38.5%)
416	<b>WZOREK Daniel</b>	<b>568</b>		Open Masters Mężczyzn	55	12:00	<b>01:43:27.55</b>	<b>01:43:27.55</b>	+01:04:00 (61.9%)	17:14	3.5 (38.5%)
417	<b>ZAPALA Aldona</b>	<b>244</b>		Open Kobiet	67	10:45	<b>01:43:36.80</b>	<b>01:43:36.80</b>	+01:04:09 (61.9%)	17:16	3.5 (38.5%)
418	<b>MISIŃSKI Paweł</b>	<b>175</b>	LIBHERATORZY	Open Mężczyzn	209	10:45	<b>01:43:50.70</b>	<b>01:43:50.70</b>	+01:04:23 (62.0%)	17:18	3.5 (38.5%)
419	<b>BUCZYNSKI Dariusz</b>	<b>529</b>		Open Mężczyzn	210	11:45	<b>01:43:52.40</b>	<b>01:43:52.40</b>	+01:04:24 (62.0%)	17:18	3.5 (38.5%)
420	<b>BUCZYNSKA Katarzyna</b>	<b>479</b>		Open Kobiet	68	11:45	<b>01:43:52.85</b>	<b>01:43:52.85</b>	+01:04:25 (62.0%)	17:18	3.5 (38.5%)
421	<b>GOŁĄB Jarosław</b>	<b>183</b>	ROOKIES	Open Mężczyzn	211	10:45	<b>01:43:59.60</b>	<b>01:43:59.60</b>	+01:04:32 (62.1%)	17:19	3.5 (38.5%)
422	<b>DOBEK Krzysztof</b>	<b>574</b>	DWIE-DYSZKI-ZNIZKI	Open Mężczyzn	212	12:15	<b>01:44:15.65</b>	<b>01:44:15.65</b>	+01:04:48 (62.2%)	17:22	3.5 (38.5%)
423	<b>DENYS Dariusz</b>	<b>173</b>	LIBHERATORZY	Open Mężczyzn	213	10:45	<b>01:44:23.90</b>	<b>01:44:23.90</b>	+01:04:56 (62.2%)	17:23	3.4 (37.4%)
424	<b>GRABARCZYK Marta</b>	<b>184</b>	ROOKIES	Open Masters Kobiet	12	10:45	<b>01:44:27.05</b>	<b>01:44:27.05</b>	+01:04:59 (62.2%)	17:24	3.4 (37.4%)
425	<b>DOMINO Marcin</b>	<b>575</b>	DWIE-DYSZKI-ZNIZKI	Open Mężczyzn	214	12:15	<b>01:44:28.20</b>	<b>01:44:28.20</b>	+01:05:00 (62.2%)	17:24	3.4 (37.4%)
426	<b>PODDĘBNIAK Małgorzata</b>	<b>75</b>	WARRIORS ŁÓDŹ	Elite Kobiet	16	10:20	<b>01:44:32.75</b>	<b>01:44:32.75</b>	+01:05:05 (62.3%)	17:25	3.4 (37.4%)
427	<b>SZCZĘCH Anna</b>	<b>187</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	69	10:45	<b>01:44:42.10</b>	<b>01:44:42.10</b>	+01:05:14 (62.3%)	17:27	3.4 (37.4%)
428	<b>DACKO Oskar</b>	<b>533</b>		Open Mężczyzn	215	12:00	<b>01:45:14.05</b>	<b>01:45:14.05</b>	+01:05:46 (62.5%)	17:32	3.4 (37.4%)
429	<b>DENYS Justyna</b>	<b>174</b>	LIBHERATORZY	Open Kobiet	70	10:45	<b>01:45:14.85</b>	<b>01:45:14.85</b>	+01:05:47 (62.5%)	17:32	3.4 (37.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
430	<b>KRZYŻOWSKI Jarosław</b>	<b>110</b>		Open Mężczyzn	216	12:15	<b>01:45:24.45</b>	<b>01:45:24.45</b>	+01:05:56 (62.6%)	17:34	3.4 (37.4%)
431	<b>KUMOREK Agnieszka</b>	<b>111</b>		Open Kobiet	71	12:15	<b>01:45:24.80</b>	<b>01:45:24.80</b>	+01:05:57 (62.6%)	17:34	3.4 (37.4%)
432	<b>ŻUCHOWSKA Aleksandra</b>	<b>416</b>	FLYING RUNNERS	Open Kobiet	72	11:30	<b>01:45:27.30</b>	<b>01:45:27.30</b>	+01:05:59 (62.6%)	17:34	3.4 (37.4%)
433	<b>HEĆMAŃCZUK Katarzyna</b>	<b>185</b>	ROOKIES	Open Kobiet	73	10:45	<b>01:45:38.90</b>	<b>01:45:38.90</b>	+01:06:11 (62.7%)	17:36	3.4 (37.4%)
434	<b>MATYSZKIEWICZ Agnieszka</b>	<b>415</b>	FLYING RUNNERS	Open Masters Kobiet	13	11:30	<b>01:45:55.00</b>	<b>01:45:55.00</b>	+01:06:27 (62.7%)	17:39	3.4 (37.4%)
435	<b>MURAWSKI Paweł</b>	<b>223</b>		Open Masters Mężczyzn	56	10:45	<b>01:46:19.05</b>	<b>01:46:19.05</b>	+01:06:51 (62.9%)	17:43	3.4 (37.4%)
436	<b>ASENDRYCH Konrad</b>	<b>423</b>		Open Mężczyzn	217	11:30	<b>01:47:00.30</b>	<b>01:47:00.30</b>	+01:07:32 (63.1%)	17:50	3.4 (37.4%)
437	<b>ŁUSZCZEWSKA Weronika</b>	<b>431</b>		Open Kobiet	74	11:30	<b>01:47:00.50</b>	<b>01:47:00.50</b>	+01:07:32 (63.1%)	17:50	3.4 (37.4%)
438	<b>SIEDLAREK Dominika</b>	<b>399</b>		Open Kobiet	75	11:15	<b>01:47:09.50</b>	<b>01:47:09.50</b>	+01:07:41 (63.2%)	17:51	3.4 (37.4%)
439	<b>ŁUKASZCZYK Szymon</b>	<b>487</b>		Open Mężczyzn	218	11:45	<b>01:47:20.05</b>	<b>01:47:20.05</b>	+01:07:52 (63.2%)	17:53	3.4 (37.4%)
440	<b>PRZYBYTEK Sławomir</b>	<b>109</b>		Open Masters Mężczyzn	57	12:15	<b>01:47:40.00</b>	<b>01:47:40.00</b>	+01:08:12 (63.4%)	17:56	3.3 (36.3%)
441	<b>KARDASZ Marek</b>	<b>334</b>	BIESZCZADZKA HUSARIA	Open Masters Mężczyzn	58	11:15	<b>01:48:11.55</b>	<b>01:48:11.55</b>	+01:08:44 (63.5%)	18:01	3.3 (36.3%)
442	<b>ŁOJAS Paweł</b>	<b>486</b>		Open Mężczyzn	219	11:45	<b>01:48:26.15</b>	<b>01:48:26.15</b>	+01:08:58 (63.6%)	18:04	3.3 (36.3%)
443	<b>ALBIGOWSKI Marek</b>	<b>421</b>	WILKI Z WERLASU	Open Mężczyzn	220	11:30	<b>01:48:34.00</b>	<b>01:48:34.00</b>	+01:09:06 (63.7%)	18:05	3.3 (36.3%)
444	<b>ALBIGOWSKA Kinga</b>	<b>420</b>	WILKI Z WERLASU	Open Kobiet	76	11:30	<b>01:48:34.65</b>	<b>01:48:34.65</b>	+01:09:07 (63.7%)	18:05	3.3 (36.3%)
445	<b>WOLF Weronika</b>	<b>336</b>	BIESZCZADZKA HUSARIA	Open Masters Kobiet	14	11:15	<b>01:48:47.95</b>	<b>01:48:47.95</b>	+01:09:20 (63.7%)	18:07	3.3 (36.3%)
446	<b>WAŁACHOWSKA Urszula</b>	<b>155</b>	BIESZCZADZKA HUSARIA	Open Kobiet	77	11:15	<b>01:48:50.70</b>	<b>01:48:50.70</b>	+01:09:23 (63.7%)	18:08	3.3 (36.3%)
447	<b>MIERZWIŃSKI Konrad</b>	<b>385</b>		Open Mężczyzn	221	11:15	<b>01:49:31.75</b>	<b>01:49:31.75</b>	+01:10:04 (64.0%)	18:15	3.3 (36.3%)
447	<b>PRĘDKI Krzysztof</b>	<b>395</b>		Open Mężczyzn	221	11:15	<b>01:49:31.75</b>	<b>01:49:31.75</b>	+01:10:04 (64.0%)	18:15	3.3 (36.3%)
447	<b>DOBOSZ Przemysław</b>	<b>585</b>	STUDIO TRENINGOWE JASŁO	Open Masters Mężczyzn	59	12:15	<b>01:49:31.75</b>	<b>01:49:31.75</b>	+01:10:04 (64.0%)	18:15	3.3 (36.3%)
450	<b>SKUBISZ-KAMINSKA Barbara</b>	<b>400</b>		Open Kobiet	78	11:15	<b>01:49:31.80</b>	<b>01:49:31.80</b>	+01:10:04 (64.0%)	18:15	3.3 (36.3%)
451	<b>KOSIŃSKA Katarzyna</b>	<b>544</b>		Open Kobiet	79	12:00	<b>01:49:40.20</b>	<b>01:49:40.20</b>	+01:10:12 (64.0%)	18:16	3.3 (36.3%)
452	<b>BERNADY Magdalena</b>	<b>592</b>	UNIT37	Open Kobiet	80	11:15	<b>01:50:02.00</b>	<b>01:50:02.00</b>	+01:10:34 (64.1%)	18:20	3.3 (36.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
452	<b>KOŁPA Łukasz</b>	<b>358</b>	UNIT37	Open Mężczyzn	223	11:15	<b>01:50:02.00</b>	<b>01:50:02.00</b>	+01:10:34 (64.1%)	18:20	3.3 (36.3%)
454	<b>GRZEŚKIEWICZ Marcin</b>	<b>483</b>		Open Mężczyzn	224	11:15	<b>01:50:02.25</b>	<b>01:50:02.25</b>	+01:10:34 (64.1%)	18:20	3.3 (36.3%)
455	<b>TRZEBIŃCZYK Marcin</b>	<b>589</b>	STUDIO TRENINGOWE JASŁO	Open Masters Mężczyzn	60	12:15	<b>01:50:08.45</b>	<b>01:50:08.45</b>	+01:10:40 (64.2%)	18:21	3.3 (36.3%)
456	<b>RUCZAK Witold</b>	<b>251</b>	BLOK B PRZEMYSŁ	Open Masters Mężczyzn	61	11:00	<b>01:50:13.45</b>	<b>01:50:13.45</b>	+01:10:45 (64.2%)	18:22	3.3 (36.3%)
456	<b>PRENETA Piotr</b>	<b>319</b>		Open Masters Mężczyzn	61	11:00	<b>01:50:13.45</b>	<b>01:50:13.45</b>	+01:10:45 (64.2%)	18:22	3.3 (36.3%)
458	<b>KANIECKA Beata</b>	<b>248</b>	BLOK B PRZEMYSŁ	Open Masters Kobiet	15	11:00	<b>01:50:13.65</b>	<b>01:50:13.65</b>	+01:10:46 (64.2%)	18:22	3.3 (36.3%)
459	<b>OCHYRA Karolina</b>	<b>388</b>		Open Kobiet	81	11:15	<b>01:50:16.00</b>	<b>01:50:16.00</b>	+01:10:48 (64.2%)	18:22	3.3 (36.3%)
460	<b>OCHYRA Krzysztof</b>	<b>389</b>		Open Masters Mężczyzn	63	11:15	<b>01:50:16.15</b>	<b>01:50:16.15</b>	+01:10:48 (64.2%)	18:22	3.3 (36.3%)
461	<b>KACPRZAK Olga</b>	<b>379</b>		Open Kobiet	82	11:15	<b>01:50:17.05</b>	<b>01:50:17.05</b>	+01:10:49 (64.2%)	18:22	3.3 (36.3%)
462	<b>BANASIEWICZ Piotr</b>	<b>333</b>	BIESZCZADZKA HUSARIA	Open Masters Mężczyzn	64	11:15	<b>01:50:17.60</b>	<b>01:50:17.60</b>	+01:10:50 (64.2%)	18:22	3.3 (36.3%)
463	<b>PREISNER Maria</b>	<b>335</b>	BIESZCZADZKA HUSARIA	Open Kobiet	83	11:15	<b>01:50:17.85</b>	<b>01:50:17.85</b>	+01:10:50 (64.2%)	18:22	3.3 (36.3%)
464	<b>BRAĞIEL Marlena</b>	<b>580</b>	STUDIO TRENINGOWE JASŁO	Open Kobiet	84	12:15	<b>01:50:28.50</b>	<b>01:50:28.50</b>	+01:11:00 (64.3%)	18:24	3.3 (36.3%)
465	<b>FILA Rafał</b>	<b>205</b>		Open Mężczyzn	225	10:45	<b>01:50:31.90</b>	<b>01:50:31.90</b>	+01:11:04 (64.3%)	18:25	3.3 (36.3%)
466	<b>RODEHAU Klaudia</b>	<b>190</b>	SPORTOWA BANDA	Open Kobiet	85	10:45	<b>01:50:32.40</b>	<b>01:50:32.40</b>	+01:11:04 (64.3%)	18:25	3.3 (36.3%)
467	<b>BIELEC Sylwester</b>	<b>138</b>		Open Masters Mężczyzn	65	11:15	<b>01:50:47.50</b>	<b>01:50:47.50</b>	+01:11:19 (64.4%)	18:27	3.2 (35.2%)
468	<b>BUKOWSKI Konrad</b>	<b>582</b>	STUDIO TRENINGOWE JASŁO	Open Mężczyzn	226	12:15	<b>01:50:53.25</b>	<b>01:50:53.25</b>	+01:11:25 (64.4%)	18:28	3.2 (35.2%)
469	<b>GRANDUS Agnieszka</b>	<b>587</b>	STUDIO TRENINGOWE JASŁO	Open Masters Kobiet	16	12:15	<b>01:50:59.50</b>	<b>01:50:59.50</b>	+01:11:31 (64.4%)	18:29	3.2 (35.2%)
470	<b>SYKTA Szymon</b>	<b>470</b>	SAFANDUŁY TEAM	Open Mężczyzn	227	11:45	<b>01:51:20.05</b>	<b>01:51:20.05</b>	+01:11:52 (64.6%)	18:33	3.2 (35.2%)
471	<b>BUGNO Jolanta</b>	<b>467</b>	SAFANDUŁY TEAM	Open Kobiet	86	11:45	<b>01:51:20.15</b>	<b>01:51:20.15</b>	+01:11:52 (64.6%)	18:33	3.2 (35.2%)
472	<b>RAK Wojciech</b>	<b>588</b>	STUDIO TRENINGOWE JASŁO	Open Masters Mężczyzn	66	12:15	<b>01:51:40.35</b>	<b>01:51:40.35</b>	+01:12:12 (64.7%)	18:36	3.2 (35.2%)
473	<b>MACIEJOWSKA Anita</b>	<b>433</b>		Open Kobiet	87	11:30	<b>01:51:43.75</b>	<b>01:51:43.75</b>	+01:12:16 (64.7%)	18:37	3.2 (35.2%)
474	<b>POGODA Wojciech</b>	<b>394</b>		Open Mężczyzn	228	11:15	<b>01:51:50.05</b>	<b>01:51:50.05</b>	+01:12:22 (64.7%)	18:38	3.2 (35.2%)
475	<b>LUBERT Grzegorz</b>	<b>343</b>	KLONO TEAM	Open Mężczyzn	229	11:15	<b>01:51:52.80</b>	<b>01:51:52.80</b>	+01:12:25 (64.7%)	18:38	3.2 (35.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
476	<b>BUGNO-POGODA Anna</b>	<b>366</b>		Open Kobiet	88	11:15	<b>01:51:57.50</b>	<b>01:51:57.50</b>	+01:12:29 (64.8%)	18:39	3.2 (35.2%)
477	<b>KOZOK Michalina</b>	<b>342</b>	KLONO TEAM	Open Kobiet	89	11:15	<b>01:52:07.30</b>	<b>01:52:07.30</b>	+01:12:39 (64.8%)	18:41	3.2 (35.2%)
478	<b>BENICKI Waldemar</b>	<b>579</b>	STUDIO TRENINGOWE JASŁO	Open Masters Mężczyzn	67	12:15	<b>01:52:16.05</b>	<b>01:52:16.05</b>	+01:12:48 (64.9%)	18:42	3.2 (35.2%)
479	<b>SULKOWSKI Damian</b>	<b>104</b>		Open Mężczyzn	230	12:15	<b>01:52:17.90</b>	<b>01:52:17.90</b>	+01:12:50 (64.9%)	18:42	3.2 (35.2%)
480	<b>KOWALSKA Magda</b>	<b>144</b>		Open Masters Kobiet	17	12:00	<b>01:52:24.15</b>	<b>01:52:24.15</b>	+01:12:56 (64.9%)	18:44	3.2 (35.2%)
481	<b>BUKOWSKA Iwona</b>	<b>581</b>	STUDIO TRENINGOWE JASŁO	Open Kobiet	90	12:15	<b>01:52:28.45</b>	<b>01:52:28.45</b>	+01:13:00 (64.9%)	18:44	3.2 (35.2%)
482	<b>PARCZEWSKI Radek</b>	<b>105</b>		Open Mężczyzn	231	12:15	<b>01:52:33.35</b>	<b>01:52:33.35</b>	+01:13:05 (64.9%)	18:45	3.2 (35.2%)
483	<b>WEGRZYN-GRASELA Magdalena</b>	<b>590</b>	STUDIO TRENINGOWE JASŁO	Open Kobiet	91	12:15	<b>01:53:20.30</b>	<b>01:53:20.30</b>	+01:13:52 (65.2%)	18:53	3.2 (35.2%)
484	<b>WIŚNIEWSKI Arkadiusz</b>	<b>595</b>	WARRIORS ŁÓDŹ	Open Mężczyzn	232	12:15	<b>01:54:00.55</b>	<b>01:54:00.55</b>	+01:14:33 (65.4%)	19:00	3.2 (35.2%)
484	<b>MOSTOWSKI Radosław</b>	<b>594</b>	WARRIORS ŁÓDŹ	Open Mężczyzn	232	12:15	<b>01:54:00.55</b>	<b>01:54:00.55</b>	+01:14:33 (65.4%)	19:00	3.2 (35.2%)
486	<b>STACHOWICZ Monika</b>	<b>60</b>	DENISTEAM	Open Masters Kobiet	18	10:20	<b>01:54:41.30</b>	<b>01:54:41.30</b>	+01:15:13 (65.6%)	19:06	3.1 (34.1%)
487	<b>CYGNAR Jakub</b>	<b>468</b>	SAFANDUŁY TEAM	Open Mężczyzn	234	11:45	<b>01:54:55.10</b>	<b>01:54:55.10</b>	+01:15:27 (65.7%)	19:09	3.1 (34.1%)
488	<b>KIEŁTYKA Barbara</b>	<b>469</b>	SAFANDUŁY TEAM	Open Kobiet	92	11:45	<b>01:55:09.55</b>	<b>01:55:09.55</b>	+01:15:42 (65.7%)	19:11	3.1 (34.1%)
489	<b>PELCZAR Damian</b>	<b>463</b>	DZIKIE ŻBIKI	Open Mężczyzn	235	11:45	<b>01:57:52.75</b>	<b>01:57:52.75</b>	+01:18:25 (66.5%)	19:38	3.1 (34.1%)
490	<b>KUCHARSKI Kamil</b>	<b>547</b>		Open Masters Mężczyzn	68	12:00	<b>01:58:10.25</b>	<b>01:58:10.25</b>	+01:18:42 (66.6%)	19:41	3 (33.0%)
491	<b>KUCHARSKA Lila</b>	<b>546</b>		Open Masters Kobiet	19	12:00	<b>01:58:10.40</b>	<b>01:58:10.40</b>	+01:18:42 (66.6%)	19:41	3 (33.0%)
492	<b>BIAŁEK Sławomir</b>	<b>503</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	236	12:00	<b>01:58:12.65</b>	<b>01:58:12.65</b>	+01:18:45 (66.6%)	19:42	3 (33.0%)
493	<b>BORKOWSKI Marcin</b>	<b>504</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	237	12:00	<b>01:58:18.25</b>	<b>01:58:18.25</b>	+01:18:50 (66.6%)	19:43	3 (33.0%)
494	<b>KUSIOR Patrycja</b>	<b>383</b>		Open Kobiet	93	11:15	<b>01:58:48.25</b>	<b>01:58:48.25</b>	+01:19:20 (66.8%)	19:48	3 (33.0%)
495	<b>TOMCZYK Radosław</b>	<b>329</b>		Open Mężczyzn	238	11:00	<b>01:59:03.75</b>	<b>01:59:03.75</b>	+01:19:36 (66.9%)	19:50	3 (33.0%)
496	<b>DAMPS Katarzyna</b>	<b>55</b>	BIEGUN OCR TEAM	Open Masters Kobiet	20	10:20	<b>01:59:03.90</b>	<b>01:59:03.90</b>	+01:19:36 (66.9%)	19:50	3 (33.0%)
497	<b>WIJAS Dominika</b>	<b>331</b>		Open Kobiet	94	11:00	<b>01:59:06.20</b>	<b>01:59:06.20</b>	+01:19:38 (66.9%)	19:51	3 (33.0%)
498	<b>POZNAŃSKI Jakub</b>	<b>318</b>		Open Mężczyzn	239	11:00	<b>01:59:06.35</b>	<b>01:59:06.35</b>	+01:19:38 (66.9%)	19:51	3 (33.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
499	<b>SZPURKA Damian</b>	<b>445</b>		Open Mężczyzn	240	11:30	<b>01:59:09.65</b>	<b>01:59:09.65</b>	+01:19:42 (66.9%)	19:51	3 (33.0%)
500	<b>BOBYK Paweł</b>	<b>462</b>	DZIKIE ŻBIKI	Open Mężczyzn	241	11:45	<b>01:59:38.25</b>	<b>01:59:38.25</b>	+01:20:10 (67.0%)	19:56	3 (33.0%)
501	<b>KASZYCKI Jarosław</b>	<b>380</b>		Open Mężczyzn	242	11:15	<b>01:59:38.85</b>	<b>01:59:38.85</b>	+01:20:11 (67.0%)	19:56	3 (33.0%)
502	<b>SZYDŁO Damian</b>	<b>464</b>	DZIKIE ŻBIKI	Open Mężczyzn	243	11:45	<b>01:59:41.85</b>	<b>01:59:41.85</b>	+01:20:14 (67.0%)	19:56	3 (33.0%)
503	<b>SIEDLACZEK Łukasz</b>	<b>561</b>		Open Mężczyzn	244	12:00	<b>02:00:07.15</b>	<b>02:00:07.15</b>	+01:20:39 (67.1%)	20:01	3 (33.0%)
504	<b>BILSKA Magdalena</b>	<b>527</b>		Open Kobiet	95	12:00	<b>02:00:07.65</b>	<b>02:00:07.65</b>	+01:20:40 (67.2%)	20:01	3 (33.0%)
505	<b>POMYKAŁA Paulina</b>	<b>284</b>	WESOŁE LUDKI	Open Kobiet	96	11:00	<b>02:00:34.00</b>	<b>02:00:34.00</b>	+01:21:06 (67.3%)	20:05	3 (33.0%)
506	<b>KUCHARSKA Barbara</b>	<b>311</b>		Open Kobiet	97	11:00	<b>02:00:34.75</b>	<b>02:00:34.75</b>	+01:21:07 (67.3%)	20:05	3 (33.0%)
507	<b>POMYKAŁA Grzegorz</b>	<b>127</b>	WESOŁE LUDKI	Open Mężczyzn	245	11:00	<b>02:01:36.35</b>	<b>02:01:36.35</b>	+01:22:08 (67.6%)	20:16	3 (33.0%)
508	<b>ANNA Czarna</b>	<b>461</b>	DZIKIE ŻBIKI	Open Kobiet	98	11:45	<b>02:01:45.75</b>	<b>02:01:45.75</b>	+01:22:18 (67.6%)	20:17	3 (33.0%)
509	<b>SIKORA Jarosław</b>	<b>102</b>		Open Mężczyzn	246	11:00	<b>02:03:15.25</b>	<b>02:03:15.25</b>	+01:23:47 (68.0%)	20:32	2.9 (31.9%)
510	<b>SIKORA Grzegorz</b>	<b>255</b>	DWUNASTKA I PRZYJACIELE	Open Mężczyzn	247	11:00	<b>02:03:15.35</b>	<b>02:03:15.35</b>	+01:23:47 (68.0%)	20:32	2.9 (31.9%)
511	<b>SZCZYTOWSKI Paweł</b>	<b>256</b>	DWUNASTKA I PRZYJACIELE	Open Mężczyzn	248	11:00	<b>02:03:15.95</b>	<b>02:03:15.95</b>	+01:23:48 (68.0%)	20:32	2.9 (31.9%)
512	<b>HARTMANIS-KARWACKA Agnieszka</b>	<b>505</b>	RUNMAGEDDONOWE ŚWIRY	Open Masters Kobiet	21	12:00	<b>02:03:40.05</b>	<b>02:03:40.05</b>	+01:24:12 (68.1%)	20:36	2.9 (31.9%)
513	<b>ZIELIŃSKI Albert</b>	<b>512</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	249	12:00	<b>02:04:00.00</b>	<b>02:04:00.00</b>	+01:24:32 (68.2%)	20:40	2.9 (31.9%)
514	<b>Mrkamilpucylo</b>	<b>502</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	250	12:00	<b>02:04:00.45</b>	<b>02:04:00.45</b>	+01:24:32 (68.2%)	20:40	2.9 (31.9%)
515	<b>PIĘKNA Magda</b>	<b>508</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	99	12:00	<b>02:04:00.80</b>	<b>02:04:00.80</b>	+01:24:33 (68.2%)	20:40	2.9 (31.9%)
516	<b>ZIELINSKA Paulina</b>	<b>511</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	100	12:00	<b>02:05:21.00</b>	<b>02:05:21.00</b>	+01:25:53 (68.5%)	20:53	2.9 (31.9%)
517	<b>STELMACH-BŁAŻEWICZ Aneta</b>	<b>326</b>		Open Kobiet	101	11:00	<b>02:05:25.05</b>	<b>02:05:25.05</b>	+01:25:57 (68.5%)	20:54	2.9 (31.9%)
518	<b>BŁAŻEWICZ Piotr</b>	<b>288</b>		Open Mężczyzn	251	11:00	<b>02:05:25.25</b>	<b>02:05:25.25</b>	+01:25:57 (68.5%)	20:54	2.9 (31.9%)
519	<b>PAWLAK Urszula</b>	<b>316</b>		Open Masters Kobiet	22	11:00	<b>02:05:33.95</b>	<b>02:05:33.95</b>	+01:26:06 (68.6%)	20:55	2.9 (31.9%)
520	<b>PAWLAK Izabela</b>	<b>315</b>		Open Kobiet	102	11:00	<b>02:05:34.15</b>	<b>02:05:34.15</b>	+01:26:06 (68.6%)	20:55	2.9 (31.9%)
521	<b>JASKULSKI Konrad</b>	<b>301</b>		Open Mężczyzn	252	11:00	<b>02:05:34.25</b>	<b>02:05:34.25</b>	+01:26:06 (68.6%)	20:55	2.9 (31.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
522	<b>PRUCNAL Marcin</b>	<b>440</b>		Open Mężczyzn	253	11:30	<b>02:07:12.65</b>	<b>02:07:12.65</b>	+01:27:45 (69.0%)	21:12	2.8 (30.8%)
523	<b>OŻÓG Paweł</b>	<b>438</b>		Open Mężczyzn	254	11:30	<b>02:07:13.20</b>	<b>02:07:13.20</b>	+01:27:45 (69.0%)	21:12	2.8 (30.8%)
524	<b>JAŹWIECKI Dżordan</b>	<b>410</b>	#WOJOWNICYWÓDY	Open Mężczyzn	255	11:30	<b>02:07:17.95</b>	<b>02:07:17.95</b>	+01:27:50 (69.0%)	21:12	2.8 (30.8%)
525	<b>SOSZYŃSKA Julia</b>	<b>413</b>	#WOJOWNICYWÓDY	Open Kobiet	103	11:30	<b>02:07:18.50</b>	<b>02:07:18.50</b>	+01:27:50 (69.0%)	21:13	2.8 (30.8%)
526	<b>MOCUR Sylwester</b>	<b>412</b>	#WOJOWNICYWÓDY	Open Mężczyzn	256	11:30	<b>02:07:19.35</b>	<b>02:07:19.35</b>	+01:27:51 (69.0%)	21:13	2.8 (30.8%)
527	<b>KOCHANOWICZ Wiktoria</b>	<b>411</b>	#WOJOWNICYWÓDY	Open Kobiet	104	11:30	<b>02:07:19.60</b>	<b>02:07:19.60</b>	+01:27:52 (69.0%)	21:13	2.8 (30.8%)
528	<b>PILECKA Kamila</b>	<b>266</b>	MORDOR LESKO	Open Kobiet	105	11:00	<b>02:08:26.40</b>	<b>02:08:26.40</b>	+01:28:58 (69.3%)	21:24	2.8 (30.8%)
529	<b>TARNAWSKI Mateusz</b>	<b>269</b>	MORDOR LESKO	Open Mężczyzn	257	11:00	<b>02:08:27.00</b>	<b>02:08:27.00</b>	+01:28:59 (69.3%)	21:24	2.8 (30.8%)
530	<b>PORADA Ewa</b>	<b>267</b>	MORDOR LESKO	Open Kobiet	106	11:00	<b>02:10:15.10</b>	<b>02:10:15.10</b>	+01:30:47 (69.7%)	21:42	2.8 (30.8%)
531	<b>PORADA Tomasz</b>	<b>268</b>	MORDOR LESKO	Open Masters Mężczyzn	69	11:00	<b>02:10:15.75</b>	<b>02:10:15.75</b>	+01:30:48 (69.7%)	21:42	2.8 (30.8%)
532	<b>TURKOT Justyna</b>	<b>566</b>		Open Masters Kobiet	23	12:00	<b>02:10:59.60</b>	<b>02:10:59.60</b>	+01:31:32 (69.9%)	21:49	2.7 (29.7%)
533	<b>KASZA Joanna</b>	<b>542</b>		Open Kobiet	107	12:00	<b>02:11:00.45</b>	<b>02:11:00.45</b>	+01:31:32 (69.9%)	21:50	2.7 (29.7%)
534	<b>ZYGMONT Agata</b>	<b>571</b>		Open Kobiet	108	12:00	<b>02:11:00.55</b>	<b>02:11:00.55</b>	+01:31:33 (69.9%)	21:50	2.7 (29.7%)
534	<b>WYCICHOWSKA Lucyna</b>	<b>567</b>		Open Kobiet	108	12:00	<b>02:11:00.55</b>	<b>02:11:00.55</b>	+01:31:33 (69.9%)	21:50	2.7 (29.7%)
536	<b>KOPCZYK Jakub</b>	<b>429</b>		Open Mężczyzn	258	11:30	<b>02:12:05.45</b>	<b>02:12:05.45</b>	+01:32:37 (70.1%)	22:00	2.7 (29.7%)
537	<b>PONIEDZIAŁEK Piotr</b>	<b>263</b>	KAŻDY ORZE JAK MOŻE	Open Mężczyzn	259	11:00	<b>02:17:35.10</b>	<b>02:17:35.10</b>	+01:38:07 (71.3%)	22:55	2.6 (28.6%)
538	<b>KLIMEK Paulina</b>	<b>137</b>	ŚLĄSKIE MISIE	Open Kobiet	110	11:00	<b>02:18:45.85</b>	<b>02:18:45.85</b>	+01:39:18 (71.6%)	23:07	2.6 (28.6%)
539	<b>STEFANIAK Maciej</b>	<b>325</b>		Open Mężczyzn	260	11:00	<b>02:18:46.15</b>	<b>02:18:46.15</b>	+01:39:18 (71.6%)	23:07	2.6 (28.6%)
540	<b>PONIEDZIAŁEK Henryk</b>	<b>261</b>	KAŻDY ORZE JAK MOŻE	Open Mężczyzn	261	11:00	<b>02:19:28.45</b>	<b>02:19:28.45</b>	+01:40:00 (71.7%)	23:14	2.6 (28.6%)
541	<b>STRUSZKIEWICZ Aleksandra</b>	<b>419</b>	POWER TRAINING	Open Kobiet	111	11:30	<b>02:27:05.90</b>	<b>02:27:05.90</b>	+01:47:38 (73.2%)	24:30	2.4 (26.4%)
<b>Przekroczony limit czasu: 02:30:00</b>											
542	<b>FRYMUS Michalina</b>	<b>293</b>		Open Kobiet	112	11:00	<b>02:31:44.75</b>	<b>02:31:44.75</b>	+01:52:17 (74.0%)	25:17	2.4 (26.4%)
543	<b>MARKOWICZ Ewelina</b>	<b>56</b>	CARBON SILESIA SPORT	Elite Kobiet	17	10:20	<b>02:48:53.55</b>	<b>02:48:53.55</b>	+02:09:26 (76.6%)	28:08	2.1 (23.1%)
544	<b>PIETRAS Mariola</b>	<b>58</b>	CARBON SILESIA SPORT	Open Masters Kobiet	24	10:20	<b>02:52:15.15</b>	<b>02:52:15.15</b>	+02:12:47 (77.1%)	28:42	2.1 (23.1%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
545	<b>MIDURA Paulina</b>	<b>551</b>		Open Kobiet	113	12:00					(0.0%)
546	<b>PONIEDZIAŁEK Piotr</b>	<b>262</b>	KAŻDY ORZE JAK MOŻE	Open Masters Mężczyzn	70	11:00					(0.0%)

Znaleziono 546 wynik(ów)