

**Wydarzenie:** Runmageddon MYŚLENICE  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2024-07-28  
**Miejsce:** Myślenice  
**Dystans:** 7.5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	HARBUNOU Ihar	400		Elite Mężczyzn	1	08:30	00:49:43.15	00:49:43.15		6:37	9.1 (100%)
2	KASPRZYK Sebastian	3033	RUNMAGEDDON TEAM	Elite Mężczyzn	2	08:30	00:50:53.05	00:50:53.05	+00:01:09 (2.3%)	6:47	8.8 (96.7%)
3	KRAWIECKI Mateusz	3035	RUNMAGEDDON TEAM	Elite Mężczyzn	3	08:30	00:51:59.05	00:51:59.05	+00:02:15 (4.4%)	6:55	8.7 (95.6%)
4	TRYVASHKEVICH Yauhen	3012	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	4	08:30	00:52:21.75	00:52:21.75	+00:02:38 (5.0%)	6:58	8.6 (94.5%)
5	WÓJCIK Adam	3015	EX TEAM	Elite Mężczyzn	5	08:30	00:54:38.00	00:54:38.00	+00:04:54 (9.0%)	7:17	8.2 (90.1%)
6	NOWOCIN Radosław	3020	GORĄCY POTOK TEAM	Elite Mężczyzn	6	08:30	00:55:30.00	00:55:30.00	+00:05:46 (10.4%)	7:24	8.1 (89.0%)
7	CZEKAŃSKA-MINDUR Anna	3769		Open Kobiet	1	11:00	00:56:16	00:56:28.85	+00:06:45 (12.0%)	7:31	8 (87.9%)
8	MARTYŃSKI Dawid	3045		Elite Mężczyzn	7	08:30	00:58:12.45	00:58:12.45	+00:08:29 (14.6%)	7:45	7.7 (84.6%)
9	WIERZBICKI Łukasz	3022	GYMLUBLIN	Elite Mężczyzn	8	08:30	00:58:22	00:58:31.95	+00:08:48 (15.1%)	7:48	7.7 (84.6%)
10	LISOWSKI Grzegorz	3072	SOCIOS SILESIA	Elite Masters Mężczyzn	1	08:30	00:58:33	00:58:45.10	+00:09:01 (15.4%)	7:50	7.7 (84.6%)
11	GOŁĘBIEWSKI Bogdan	3008	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	9	08:30	00:59:17	00:59:29.15	+00:09:46 (16.4%)	7:55	7.6 (83.5%)
12	PĘKALA Rafał	3018	FITPARK TEAM	Elite Mężczyzn	10	08:30	01:00:48	01:00:59.35	+00:11:16 (18.5%)	8:07	7.4 (81.3%)
13	DOMAGAŁA Dominik	3001	BEFIT24TEAM	Elite Mężczyzn	11	08:30	01:03:24	01:03:34.90	+00:13:51 (21.8%)	8:28	7.1 (78.0%)
14	STROJNY Paweł	3025	LEMON TEAM	Elite Mężczyzn	12	08:30	01:03:39	01:03:48.35	+00:14:05 (22.1%)	8:30	7.1 (78.0%)
15	RUDNICKI Marcin	3023	KONIU SQUAD	Elite Masters Mężczyzn	2	08:30	01:03:47	01:03:57.90	+00:14:14 (22.3%)	8:31	7 (76.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
16	<b>KHARKOU Dzianis</b>	<b>460</b>		Open Mężczyzn	1	09:15	01:06:33	<b>01:06:44.35</b>	<b>01:06:44.35</b>	+00:17:01 (25.5%)	8:53	6.7 (73.6%)
17	<b>KUCIA Łukasz</b>	<b>3044</b>		Elite Mężczyzn	13	08:30	01:07:20	<b>01:07:28.45</b>	<b>01:07:28.45</b>	+00:17:45 (26.3%)	8:59	6.7 (73.6%)
18	<b>SZTANGA Jarosław</b>	<b>3037</b>	SOCIOS SILESIA	Elite Mężczyzn	14	08:30	01:07:21	<b>01:07:29.75</b>	<b>01:07:29.75</b>	+00:17:46 (26.3%)	8:59	6.7 (73.6%)
19	<b>JANUSZEWSKI Andrzej</b>	<b>3006</b>	CAMPJANO	Elite Mężczyzn	15	08:30	01:07:59	<b>01:08:12.65</b>	<b>01:08:12.65</b>	+00:18:29 (27.1%)	9:05	6.6 (72.5%)
20	<b>SZKLARSKI Przemysław</b>	<b>3011</b>	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	3	08:30	01:08:43	<b>01:08:54.70</b>	<b>01:08:54.70</b>	+00:19:11 (27.9%)	9:11	6.5 (71.4%)
21	<b>ROZKOCHA Anna</b>	<b>3059</b>	FITPARK TEAM	Elite Kobiet	1	08:50	01:08:47	<b>01:08:58.35</b>	<b>01:08:58.35</b>	+00:19:15 (27.9%)	9:11	6.5 (71.4%)
22	<b>BIERÓWKA Szymon</b>	<b>3146</b>		Open Mężczyzn	2	09:00	01:09:51	<b>01:10:01.55</b>	<b>01:10:01.55</b>	+00:20:18 (29.0%)	9:20	6.4 (70.3%)
23	<b>SZYMASZEK Jacek</b>	<b>3327</b>	ROCKFIN	Open Masters Mężczyzn	1	09:45	01:09:49	<b>01:10:06.75</b>	<b>01:10:06.75</b>	+00:20:23 (29.1%)	9:20	6.4 (70.3%)
24	<b>KOLAWA Dawid</b>	<b>3041</b>		Elite Mężczyzn	16	08:30	01:10:02	<b>01:10:17.25</b>	<b>01:10:17.25</b>	+00:20:34 (29.3%)	9:22	6.4 (70.3%)
25	<b>DYKAS Adam</b>	<b>3038</b>		Elite Masters Mężczyzn	4	08:30	01:10:50	<b>01:11:01.30</b>	<b>01:11:01.30</b>	+00:21:18 (30.0%)	9:28	6.3 (69.2%)
26	<b>CIURUŚ Kamil</b>	<b>3352</b>		Open Mężczyzn	3	09:45	01:11:44	<b>01:11:52.55</b>	<b>01:11:52.55</b>	+00:22:09 (30.8%)	9:34	6.3 (69.2%)
27	<b>CYGAN Marek</b>	<b>3155</b>		Open Mężczyzn	4	09:00	01:12:26	<b>01:12:34.65</b>	<b>01:12:34.65</b>	+00:22:51 (31.5%)	9:40	6.2 (68.1%)
28	<b>WNOROWSKI Karol</b>	<b>3049</b>		Elite Mężczyzn	17	08:30	01:12:54	<b>01:13:07.45</b>	<b>01:13:07.45</b>	+00:23:24 (32.0%)	9:44	6.2 (68.1%)
29	<b>SOLAKIEWICZ Anna</b>	<b>3051</b>	BEFIT24TEAM	Elite Masters Kobiet	1	08:50	01:12:56	<b>01:13:07.95</b>	<b>01:13:07.95</b>	+00:23:24 (32.0%)	9:44	6.2 (68.1%)
30	<b>WOŁCZYK Mariusz</b>	<b>3013</b>	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	5	08:30	01:13:29	<b>01:13:42.20</b>	<b>01:13:42.20</b>	+00:23:59 (32.5%)	9:49	6.1 (67.0%)
31	<b>KNAPIK Łukasz</b>	<b>3168</b>		Open Mężczyzn	5	09:00	01:13:44	<b>01:13:56.25</b>	<b>01:13:56.25</b>	+00:24:13 (32.8%)	9:51	6.1 (67.0%)
32	<b>WNUK Jarosław</b>	<b>3021</b>	GYM LUBLIN	Elite Mężczyzn	18	08:30	01:13:40	<b>01:14:02.35</b>	<b>01:14:02.35</b>	+00:24:19 (32.8%)	9:52	6.1 (67.0%)
33	<b>GIZAK Michał</b>	<b>3036</b>	SOCIOS SILESIA	Elite Mężczyzn	19	08:30	01:13:42	<b>01:14:13.10</b>	<b>01:14:13.10</b>	+00:24:29 (33.0%)	9:53	6.1 (67.0%)
34	<b>PUCHALSKI Jan</b>	<b>3029</b>	PUCHAL TEAM	Elite Mężczyzn	20	08:30	01:14:06	<b>01:14:16.00</b>	<b>01:14:16.00</b>	+00:24:32 (33.1%)	9:54	6.1 (67.0%)
35	<b>GARLEWICZ Bartosz</b>	<b>3070</b>	FITPARK TEAM	Elite Mężczyzn	21	08:30	01:14:28	<b>01:14:39.35</b>	<b>01:14:39.35</b>	+00:24:56 (33.4%)	9:57	6 (65.9%)
36	<b>WACHTA Sylwia</b>	<b>3074</b>	DZIKI_ORLINSKIEGO	Elite Kobiet	2	08:50	01:14:48	<b>01:15:00.00</b>	<b>01:15:00.00</b>	+00:25:16 (33.7%)	10:00	6 (65.9%)
37	<b>BARAN Bernard</b>	<b>3028</b>	OCR TEAM DĘBICA	Open Masters Mężczyzn	2	08:30	01:15:06	<b>01:15:21.95</b>	<b>01:15:21.95</b>	+00:25:38 (34.0%)	10:02	6 (65.9%)
38	<b>KASPRZYK Adrian</b>	<b>3096</b>		Open Mężczyzn	6	10:15	01:15:12	<b>01:15:23.90</b>	<b>01:15:23.90</b>	+00:25:40 (34.1%)	10:03	6 (65.9%)

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39	<b>BIALIK Bartosz</b>	<b>3007</b>	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	22	08:30	01:16:03	<b>01:16:12.55</b>	<b>01:16:12.55</b>	+00:26:29 (34.8%)	10:09	5.9 (64.8%)
40	<b>CHRZAŚCIK Tomasz</b>	<b>3116</b>	KLONO TEAM	Open Mężczyzn	7	09:00	01:17:55	<b>01:18:05.40</b>	<b>01:18:05.40</b>	+00:28:22 (36.3%)	10:24	5.8 (63.7%)
41	<b>GZELA Nikodem</b>	<b>648</b>		Open Mężczyzn	8	09:45	01:18:07	<b>01:18:17.95</b>	<b>01:18:17.95</b>	+00:28:34 (36.5%)	10:26	5.7 (62.6%)
42	<b>RYBA Mateusz</b>	<b>3289</b>		Open Mężczyzn	9	09:15	01:18:31	<b>01:18:42.75</b>	<b>01:18:42.75</b>	+00:28:59 (36.8%)	10:29	5.7 (62.6%)
43	<b>KUBATEK Kamil</b>	<b>3002</b>	BEFIT24TEAM	Elite Mężczyzn	23	08:30	01:18:34	<b>01:18:46.05</b>	<b>01:18:46.05</b>	+00:29:02 (36.9%)	10:30	5.7 (62.6%)
44	<b>ZIĘBA Piotr</b>	<b>3328</b>	ROCKFIN	Open Mężczyzn	10	09:45	01:18:35	<b>01:18:46.35</b>	<b>01:18:46.35</b>	+00:29:03 (36.9%)	10:30	5.7 (62.6%)
45	<b>SOBCZAK Michał</b>	<b>3701</b>		Open Mężczyzn	11	10:45	01:19:38	<b>01:19:54.15</b>	<b>01:19:54.15</b>	+00:30:11 (37.8%)	10:39	5.6 (61.5%)
46	<b>GABRYLUK Łukasz</b>	<b>647</b>	ZAKAZ NA GARAŻ	Open Mężczyzn	12	10:15	01:19:47	<b>01:20:00.60</b>	<b>01:20:00.60</b>	+00:30:17 (37.9%)	10:40	5.6 (61.5%)
47	<b>GABRYŚ Dawid</b>	<b>3159</b>		Open Mężczyzn	13	09:00	01:19:53	<b>01:20:07.45</b>	<b>01:20:07.45</b>	+00:30:24 (37.9%)	10:40	5.6 (61.5%)
48	<b>PISARCZYK Karolina</b>	<b>3050</b>	BEFIT24TEAM	Elite Kobiet	3	08:50	01:20:08	<b>01:20:21.60</b>	<b>01:20:21.60</b>	+00:30:38 (38.1%)	10:42	5.6 (61.5%)
49	<b>WAŃCZYK Łukasz</b>	<b>3004</b>	BEFIT24TEAM	Elite Masters Mężczyzn	6	08:30	01:20:25	<b>01:20:38.95</b>	<b>01:20:38.95</b>	+00:30:55 (38.4%)	10:45	5.6 (61.5%)
50	<b>ZWADA Daniel</b>	<b>2277</b>	KRAJNO- FIGHT CLUB	Open Mężczyzn	14	10:00	01:20:31	<b>01:20:42.05</b>	<b>01:20:42.05</b>	+00:30:58 (38.4%)	10:45	5.6 (61.5%)
51	<b>MOSKAŁA Kamil</b>	<b>3483</b>		Open Mężczyzn	15	10:00	01:20:33	<b>01:20:43.85</b>	<b>01:20:43.85</b>	+00:31:00 (38.4%)	10:45	5.6 (61.5%)
52	<b>JUGOWIEC Jakub</b>	<b>3234</b>	ENDURO ROX	Open Mężczyzn	16	09:15	01:20:39	<b>01:20:54.05</b>	<b>01:20:54.05</b>	+00:31:10 (38.5%)	10:47	5.6 (61.5%)
53	<b>SEKUŁA Mateusz</b>	<b>3124</b>	MŁODE WILCY X	Open Mężczyzn	17	09:00	01:20:42	<b>01:20:54.10</b>	<b>01:20:54.10</b>	+00:31:10 (38.5%)	10:47	5.6 (61.5%)
54	<b>TOPÓR Mateusz</b>	<b>3217</b>	DAJ MI TROCHĘ DOPPELHERZ	Open Mężczyzn	18	09:15	01:20:47	<b>01:21:00.65</b>	<b>01:21:00.65</b>	+00:31:17 (38.6%)	10:48	5.6 (61.5%)
55	<b>CISZCZOŃ Damian</b>	<b>3232</b>	ENDURO ROX	Open Mężczyzn	19	09:15	01:20:55	<b>01:21:06.40</b>	<b>01:21:06.40</b>	+00:31:23 (38.7%)	10:48	5.5 (60.4%)
56	<b>MOROŃ Bartłomiej</b>	<b>2186</b>	POWER TRAINING	Open Masters Mężczyzn	3	09:15	01:20:57	<b>01:21:09.00</b>	<b>01:21:09.00</b>	+00:31:25 (38.7%)	10:49	5.5 (60.4%)
57	<b>GODDIJN Jorrit</b>	<b>3073</b>		Elite Mężczyzn	24	08:30	01:21:00	<b>01:21:16.50</b>	<b>01:21:16.50</b>	+00:31:33 (38.8%)	10:50	5.5 (60.4%)
58	<b>JUDEK Łukasz</b>	<b>3009</b>	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	7	08:30	01:21:15	<b>01:21:27.80</b>	<b>01:21:27.80</b>	+00:31:44 (39.0%)	10:51	5.5 (60.4%)
59	<b>JABCOŃ Mateusz</b>	<b>3266</b>		Open Mężczyzn	20	09:15	01:21:19	<b>01:21:29.60</b>	<b>01:21:29.60</b>	+00:31:46 (39.0%)	10:51	5.5 (60.4%)
60	<b>KÓZKA Adrian</b>	<b>3172</b>		Open Mężczyzn	21	09:00	01:21:42	<b>01:21:55.85</b>	<b>01:21:55.85</b>	+00:32:12 (39.3%)	10:55	5.5 (60.4%)
61	<b>KUSIAK Wojciech</b>	<b>3005</b>	BIEGNĘ WOLNO, BO MI WOLNO	Elite Masters Mężczyzn	8	08:30	01:21:52	<b>01:22:04.65</b>	<b>01:22:04.65</b>	+00:32:21 (39.4%)	10:56	5.5 (60.4%)

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62	<b>REDNAU Axel</b>	<b>3187</b>		Open Mężczyzn	22	09:00	01:21:47	<b>01:22:05.50</b>	<b>01:22:05.50</b>	+00:32:22 (39.4%)	10:56	5.5 (60.4%)
63	<b>CICHOWICZ Łukasz</b>	<b>3105</b>	FITPARK TEAM	Open Mężczyzn	23	09:00	01:22:16	<b>01:22:30.50</b>	<b>01:22:30.50</b>	+00:32:47 (39.7%)	11:00	5.5 (60.4%)
64	<b>WILK Dawid</b>	<b>3299</b>		Open Mężczyzn	24	09:15	01:22:16	<b>01:22:34.95</b>	<b>01:22:34.95</b>	+00:32:51 (39.8%)	11:00	5.5 (60.4%)
65	<b>DZIURDA Krzysztof</b>	<b>3017</b>	FITPARK TEAM	Elite Mężczyzn	25	08:30		<b>01:22:36.00</b>	<b>01:22:36.00</b>	+00:32:52 (39.8%)	11:00	5.4 (59.3%)
66	<b>ULMAN Jakub</b>	<b>3195</b>		Open Mężczyzn	25	09:00	01:22:38	<b>01:22:55.45</b>	<b>01:22:55.45</b>	+00:33:12 (40.0%)	11:03	5.4 (59.3%)
67	<b>WYRWAŁ Tomasz</b>	<b>3201</b>		Open Mężczyzn	26	09:00	01:23:20	<b>01:23:30.60</b>	<b>01:23:30.60</b>	+00:33:47 (40.5%)	11:08	5.4 (59.3%)
68	<b>KRZANOWSKI Bartłomiej</b>	<b>3043</b>		Elite Mężczyzn	26	08:30	01:23:19	<b>01:23:32.40</b>	<b>01:23:32.40</b>	+00:33:49 (40.5%)	11:08	5.4 (59.3%)
69	<b>KARPIEL-BUŁECKA Jan</b>	<b>2225</b>	BIEGUN OCR TEAM	Open Masters Mężczyzn	4	10:15	01:23:41	<b>01:23:55.75</b>	<b>01:23:55.75</b>	+00:34:12 (40.8%)	11:11	5.4 (59.3%)
70	<b>DŁUGOŁECKI Adam</b>	<b>3016</b>	EY OCR TEAM	Elite Mężczyzn	27	08:30	01:24:31	<b>01:24:42.25</b>	<b>01:24:42.25</b>	+00:34:59 (41.3%)	11:17	5.3 (58.2%)
71	<b>STĘPNIK Tomasz</b>	<b>3244</b>	KRAJNO- FIGHT CLUB	Open Mężczyzn	27	09:15	01:24:36	<b>01:24:44.90</b>	<b>01:24:44.90</b>	+00:35:01 (41.3%)	11:17	5.3 (58.2%)
72	<b>STASZULONEK Bartosz</b>	<b>3397</b>		Open Mężczyzn	28	09:45	01:24:38	<b>01:24:49.50</b>	<b>01:24:49.50</b>	+00:35:06 (41.4%)	11:18	5.3 (58.2%)
73	<b>PSYKAŁA Paweł</b>	<b>3048</b>		Open Mężczyzn	29	08:30	01:24:41	<b>01:24:52.50</b>	<b>01:24:52.50</b>	+00:35:09 (41.4%)	11:18	5.3 (58.2%)
74	<b>KOŁAT Joanna</b>	<b>3246</b>	MAŁE WARIACIKI	Open Kobiet	2	09:15	01:25:09	<b>01:25:21.60</b>	<b>01:25:21.60</b>	+00:35:38 (41.8%)	11:22	5.3 (58.2%)
75	<b>MEDYŃSKI Mikołaj</b>	<b>3046</b>		Elite Mężczyzn	28	08:30	01:25:24	<b>01:25:35.30</b>	<b>01:25:35.30</b>	+00:35:52 (41.9%)	11:24	5.3 (58.2%)
76	<b>SPADLO Michał</b>	<b>3202</b>	BIEDASZYBY	Open Mężczyzn	30	09:15	01:25:27	<b>01:25:35.70</b>	<b>01:25:35.70</b>	+00:35:52 (41.9%)	11:24	5.3 (58.2%)
77	<b>RĄBA Andrzej</b>	<b>3186</b>		Open Mężczyzn	31	09:00	01:25:48	<b>01:26:00.10</b>	<b>01:26:00.10</b>	+00:36:16 (42.2%)	11:28	5.2 (57.1%)
78	<b>POTAPSKI Michał</b>	<b>3047</b>		Elite Mężczyzn	29	08:30	01:25:58	<b>01:26:09.40</b>	<b>01:26:09.40</b>	+00:36:26 (42.3%)	11:29	5.2 (57.1%)
79	<b>LUPA Dariusz</b>	<b>3785</b>		Open Mężczyzn	32	11:00	01:26:11	<b>01:26:21.75</b>	<b>01:26:21.75</b>	+00:36:38 (42.4%)	11:30	5.2 (57.1%)
80	<b>KUCHARSKI Kamil</b>	<b>3678</b>		Open Mężczyzn	33	10:45	01:26:26	<b>01:26:37.65</b>	<b>01:26:37.65</b>	+00:36:54 (42.6%)	11:32	5.2 (57.1%)
81	<b>FARYNA Norbert</b>	<b>3158</b>		Open Mężczyzn	34	09:00	01:26:32	<b>01:26:41.85</b>	<b>01:26:41.85</b>	+00:36:58 (42.7%)	11:33	5.2 (57.1%)
82	<b>KOWALSKI Kamil</b>	<b>1979</b>		Open Masters Mężczyzn	5	10:45	01:26:34	<b>01:26:45.00</b>	<b>01:26:45.00</b>	+00:37:01 (42.7%)	11:34	5.2 (57.1%)
83	<b>KACZWIŃSKI Paweł</b>	<b>3366</b>		Open Masters Mężczyzn	6	09:45	01:27:17	<b>01:27:29.30</b>	<b>01:27:29.30</b>	+00:37:46 (43.2%)	11:39	5.1 (56.0%)
84	<b>KANTOR Marcin</b>	<b>3673</b>		Open Mężczyzn	35	10:45	01:27:29	<b>01:27:39.50</b>	<b>01:27:39.50</b>	+00:37:56 (43.3%)	11:41	5.1 (56.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
85	<b>DRUZGAŁA Krzysztof</b>	<b>3233</b>	ENDURO ROX	Open Mężczyzn	36	09:15	01:27:54	<b>01:28:06.65</b>	<b>01:28:06.65</b>	+00:38:23 (43.6%)	11:44	5.1 (56.0%)
86	<b>Mundek</b>	<b>3652</b>		Open Mężczyzn	37	10:45	01:27:58	<b>01:28:11.40</b>	<b>01:28:11.40</b>	+00:38:28 (43.6%)	11:45	5.1 (56.0%)
87	<b>STOLARSKI Jakub</b>	<b>3703</b>		Open Mężczyzn	38	10:45	01:27:58	<b>01:28:11.75</b>	<b>01:28:11.75</b>	+00:38:28 (43.6%)	11:45	5.1 (56.0%)
88	<b>GÓRKA Bartłomiej</b>	<b>3553</b>		Open Mężczyzn	39	10:15	01:28:44	<b>01:28:55.80</b>	<b>01:28:55.80</b>	+00:39:12 (44.1%)	11:51	5.1 (56.0%)
89	<b>MALCHARCZYK Kamil</b>	<b>3376</b>		Open Mężczyzn	40	09:45	01:28:49	<b>01:29:05.35</b>	<b>01:29:05.35</b>	+00:39:22 (44.2%)	11:52	5.1 (56.0%)
90	<b>NICKIEWICZ Karol</b>	<b>3030</b>	RAJSPORT ACTIVE	Elite Mężczyzn	30	08:30	01:29:05	<b>01:29:18.20</b>	<b>01:29:18.20</b>	+00:39:35 (44.3%)	11:54	5 (54.9%)
91	<b>BOŃCZYK Mateusz</b>	<b>3210</b>	DAJ MI TROCHĘ DOPPELHERZ	Open Mężczyzn	41	09:15	01:29:11	<b>01:29:20.05</b>	<b>01:29:20.05</b>	+00:39:36 (44.3%)	11:54	5 (54.9%)
92	<b>KIEŁBOWICZ Anna</b>	<b>3271</b>		Open Kobiet	3	09:15	01:29:30	<b>01:29:39.75</b>	<b>01:29:39.75</b>	+00:39:56 (44.5%)	11:57	5 (54.9%)
93	<b>JANECZEK Krzysztof</b>	<b>3559</b>		Open Mężczyzn	42	10:15	01:29:50	<b>01:30:01.05</b>	<b>01:30:01.05</b>	+00:40:17 (44.8%)	12:00	5 (54.9%)
94	<b>TREMBECKI Stanisław</b>	<b>3507</b>		Open Mężczyzn	43	10:00	01:30:13	<b>01:30:24.90</b>	<b>01:30:24.90</b>	+00:40:41 (45.0%)	12:03	5 (54.9%)
95	<b>KOŁODZIEJCZYK Mateusz</b>	<b>3274</b>		Open Mężczyzn	44	09:15	01:30:32	<b>01:30:48.60</b>	<b>01:30:48.60</b>	+00:41:05 (45.2%)	12:06	5 (54.9%)
96	<b>BLAŃDA Dominik</b>	<b>3762</b>		Open Mężczyzn	45	11:00	01:30:42	<b>01:30:56.80</b>	<b>01:30:56.80</b>	+00:41:13 (45.3%)	12:07	4.9 (53.8%)
97	<b>MASTALSKI Jakub</b>	<b>3247</b>	MAŁE WARIACIKI	Open Mężczyzn	46	09:15	01:31:02	<b>01:31:18.65</b>	<b>01:31:18.65</b>	+00:41:35 (45.5%)	12:10	4.9 (53.8%)
98	<b>LEWANDOWSKI Kamil</b>	<b>3174</b>		Open Mężczyzn	47	09:00	01:31:13	<b>01:31:26.10</b>	<b>01:31:26.10</b>	+00:41:42 (45.6%)	12:11	4.9 (53.8%)
99	<b>O Niko</b>	<b>3690</b>		Open Mężczyzn	48	10:45	01:31:25	<b>01:31:35.75</b>	<b>01:31:35.75</b>	+00:41:52 (45.7%)	12:12	4.9 (53.8%)
100	<b>MACIEJAK Mateusz</b>	<b>3375</b>		Open Mężczyzn	49	09:45	01:31:21	<b>01:31:35.80</b>	<b>01:31:35.80</b>	+00:41:52 (45.7%)	12:12	4.9 (53.8%)
101	<b>SIERLECKI Patryk</b>	<b>3019</b>	FITPARK TEAM	Elite Masters Mężczyzn	9	08:30	01:31:26	<b>01:31:38.70</b>	<b>01:31:38.70</b>	+00:41:55 (45.7%)	12:13	4.9 (53.8%)
102	<b>JAKUBCZYK Samuel</b>	<b>3467</b>		Open Mężczyzn	50	10:00	01:31:30	<b>01:31:41.95</b>	<b>01:31:41.95</b>	+00:41:58 (45.8%)	12:13	4.9 (53.8%)
103	<b>OSTAPIUK Marek</b>	<b>3487</b>		Open Masters Mężczyzn	7	10:00	01:31:50	<b>01:32:03.10</b>	<b>01:32:03.10</b>	+00:42:19 (46.0%)	12:16	4.9 (53.8%)
104	<b>MAMIAK Szymon</b>	<b>3180</b>		Open Mężczyzn	51	09:00	01:31:32	<b>01:32:04.15</b>	<b>01:32:04.15</b>	+00:42:21 (46.0%)	12:16	4.9 (53.8%)
105	<b>PRZEWORSKI Rafał</b>	<b>3185</b>		Open Mężczyzn	52	09:00	01:32:07	<b>01:32:22.20</b>	<b>01:32:22.20</b>	+00:42:39 (46.2%)	12:18	4.9 (53.8%)
106	<b>WOJDAN Jakub</b>	<b>3302</b>		Open Mężczyzn	53	09:15	01:32:12	<b>01:32:25.95</b>	<b>01:32:25.95</b>	+00:42:42 (46.2%)	12:19	4.9 (53.8%)
107	<b>MICHALSKI Daniel</b>	<b>3081</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	31	08:30	01:32:13	<b>01:32:36.10</b>	<b>01:32:36.10</b>	+00:42:52 (46.3%)	12:20	4.9 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
108	<b>MALINOWSKI Szymon</b>	<b>3377</b>		Open Mężczyzn	54	09:45	01:32:56	<b>01:33:03.25</b>	<b>01:33:03.25</b>	+00:43:20 (46.6%)	12:24	4.8 (52.7%)
109	<b>Dominik</b>	<b>3338</b>	Z WĄTROBY	Open Mężczyzn	55	09:45	01:32:52	<b>01:33:04.10</b>	<b>01:33:04.10</b>	+00:43:20 (46.6%)	12:24	4.8 (52.7%)
110	<b>WIĘCKOWSKA Marzena</b>	<b>3709</b>		Open Masters Kobiet	1	10:45	01:32:55	<b>01:33:05.55</b>	<b>01:33:05.55</b>	+00:43:22 (46.6%)	12:24	4.8 (52.7%)
111	<b>DRÓŹDŹ Andrzej</b>	<b>3664</b>		Open Masters Mężczyzn	8	10:45	01:32:55	<b>01:33:05.65</b>	<b>01:33:05.65</b>	+00:43:22 (46.6%)	12:24	4.8 (52.7%)
112	<b>WĄTROBA Dawid</b>	<b>3404</b>		Open Mężczyzn	56	09:45	01:33:05	<b>01:33:17.25</b>	<b>01:33:17.25</b>	+00:43:34 (46.7%)	12:26	4.8 (52.7%)
113	<b>LECH Bartosz</b>	<b>3372</b>		Open Mężczyzn	57	09:45		<b>01:33:18.45</b>	<b>01:33:18.45</b>	+00:43:35 (46.7%)	12:26	4.8 (52.7%)
114	<b>POCHOPIEŃ Leszek</b>	<b>3791</b>		Open Masters Mężczyzn	9	11:00	01:33:20	<b>01:33:36.10</b>	<b>01:33:36.10</b>	+00:43:52 (46.9%)	12:28	4.8 (52.7%)
115	<b>KULON Grzegorz</b>	<b>3003</b>	BEFIT24TEAM	Elite Masters Mężczyzn	10	08:30	01:33:29	<b>01:33:42.65</b>	<b>01:33:42.65</b>	+00:43:59 (46.9%)	12:29	4.8 (52.7%)
116	<b>SZWEDO Kamil</b>	<b>3738</b>	DAFIT ZDROWIE & FITNESS TARNOGRÓD	Open Mężczyzn	58	11:00	01:33:40	<b>01:33:52.20</b>	<b>01:33:52.20</b>	+00:44:09 (47.0%)	12:30	4.8 (52.7%)
117	<b>ZIÓŁKOWSKA Agnieszka</b>	<b>3741</b>	DAFIT ZDROWIE & FITNESS TARNOGRÓD	Open Kobiet	4	11:00	01:33:44	<b>01:33:55.30</b>	<b>01:33:55.30</b>	+00:44:12 (47.1%)	12:31	4.8 (52.7%)
118	<b>LAZORYK Oleksandr</b>	<b>3681</b>		Open Mężczyzn	59	10:45	01:34:00	<b>01:34:10.05</b>	<b>01:34:10.05</b>	+00:44:26 (47.2%)	12:33	4.8 (52.7%)
119	<b>KACZMARCZYK Tomasz</b>	<b>3743</b>	KONIU SQUAD	Open Masters Mężczyzn	10	10:00	01:34:07	<b>01:34:23.65</b>	<b>01:34:23.65</b>	+00:44:40 (47.3%)	12:35	4.8 (52.7%)
120	<b>GARSZTKA Alicja</b>	<b>3207</b>	CHEEKY MONKEY TEAM	Open Kobiet	5	09:15	01:34:20	<b>01:34:32.25</b>	<b>01:34:32.25</b>	+00:44:49 (47.4%)	12:36	4.8 (52.7%)
121	<b>PALUCH Andrzej</b>	<b>3790</b>		Open Mężczyzn	60	11:00	01:34:24	<b>01:34:32.60</b>	<b>01:34:32.60</b>	+00:44:49 (47.4%)	12:36	4.8 (52.7%)
122	<b>BANAŚ Maciej</b>	<b>3255</b>		Open Mężczyzn	61	09:15	01:34:59	<b>01:35:10.20</b>	<b>01:35:10.20</b>	+00:45:27 (47.8%)	12:41	4.7 (51.6%)
123	<b>PITALA Edwart</b>	<b>3287</b>		Open Mężczyzn	62	09:15	01:35:08	<b>01:35:16.25</b>	<b>01:35:16.25</b>	+00:45:33 (47.8%)	12:42	4.7 (51.6%)
124	<b>MICHNO Paweł</b>	<b>3480</b>		Open Mężczyzn	63	10:00	01:35:07	<b>01:35:24.55</b>	<b>01:35:24.55</b>	+00:45:41 (47.9%)	12:43	4.7 (51.6%)
125	<b>GAWRON Rafał</b>	<b>3160</b>		Open Mężczyzn	64	09:00	01:35:16	<b>01:35:24.60</b>	<b>01:35:24.60</b>	+00:45:41 (47.9%)	12:43	4.7 (51.6%)
126	<b>WYSOTA Jakub</b>	<b>3508</b>		Open Mężczyzn	65	10:00	01:36:09	<b>01:36:24.45</b>	<b>01:36:24.45</b>	+00:46:41 (48.4%)	12:51	4.7 (51.6%)
127	<b>PACH Bartłomiej</b>	<b>3341</b>	Z WĄTROBY	Open Mężczyzn	66	09:45	01:36:08	<b>01:36:26.35</b>	<b>01:36:26.35</b>	+00:46:43 (48.4%)	12:51	4.7 (51.6%)
128	<b>ШАЛАЙ Дмитро</b>	<b>649</b>		Open Mężczyzn	67	10:00	01:36:17	<b>01:36:31.90</b>	<b>01:36:31.90</b>	+00:46:48 (48.5%)	12:52	4.7 (51.6%)
129	<b>BIGOS Piotr</b>	<b>3245</b>	MAŁE WARIACIKI	Open Mężczyzn	68	09:15	01:36:16	<b>01:36:32.55</b>	<b>01:36:32.55</b>	+00:46:49 (48.5%)	12:52	4.7 (51.6%)
130	<b>IWAŃSKI Mariusz</b>	<b>3115</b>	JIT TEAM	Open Mężczyzn	69	09:00	01:36:37	<b>01:36:51.25</b>	<b>01:36:51.25</b>	+00:47:08 (48.7%)	12:54	4.6 (50.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
131	<b>PRZYBYŁO Dawid</b>	<b>3325</b>	ROCKFIN	Open Mężczyzn	70	09:45	01:37:09	<b>01:37:23.10</b>	<b>01:37:23.10</b>	+00:47:39 (48.9%)	12:59	4.6 (50.5%)
132	<b>GODZIK Dawid</b>	<b>3162</b>		Open Mężczyzn	71	09:00	01:37:32	<b>01:37:50.05</b>	<b>01:37:50.05</b>	+00:48:06 (49.2%)	13:02	4.6 (50.5%)
133	<b>MRÓZ Łukasz</b>	<b>3139</b>	WK TEAM	Open Mężczyzn	72	09:00	01:37:39	<b>01:37:55.05</b>	<b>01:37:55.05</b>	+00:48:11 (49.2%)	13:03	4.6 (50.5%)
134	<b>PRZECHERA Bartłomiej</b>	<b>3184</b>		Open Mężczyzn	73	09:00	01:37:42	<b>01:37:59.30</b>	<b>01:37:59.30</b>	+00:48:16 (49.3%)	13:03	4.6 (50.5%)
135	<b>MATEJCZYK Kacper</b>	<b>3574</b>		Open Mężczyzn	74	10:15	01:37:17	<b>01:38:02.20</b>	<b>01:38:02.20</b>	+00:48:19 (49.3%)	13:04	4.6 (50.5%)
136	<b>SOSKA Filip</b>	<b>3594</b>		Open Mężczyzn	75	10:15	01:37:17	<b>01:38:02.35</b>	<b>01:38:02.35</b>	+00:48:19 (49.3%)	13:04	4.6 (50.5%)
137	<b>PITALA Paweł</b>	<b>3288</b>		Open Masters Mężczyzn	11	09:15	01:37:44	<b>01:38:02.75</b>	<b>01:38:02.75</b>	+00:48:19 (49.3%)	13:04	4.6 (50.5%)
138	<b>OSTAFIN Ireneusz</b>	<b>3537</b>	WORMS TEAM	Open Masters Mężczyzn	12	10:15	01:37:41	<b>01:38:05.75</b>	<b>01:38:05.75</b>	+00:48:22 (49.3%)	13:04	4.6 (50.5%)
139	<b>BEDNARZ Michał</b>	<b>3345</b>		Open Mężczyzn	76	09:45	01:38:01	<b>01:38:09.55</b>	<b>01:38:09.55</b>	+00:48:26 (49.3%)	13:05	4.6 (50.5%)
140	<b>LIZAK Arek</b>	<b>2389</b>		Open Mężczyzn	77	09:15	01:38:16	<b>01:38:34.05</b>	<b>01:38:34.05</b>	+00:48:50 (49.6%)	13:08	4.6 (50.5%)
141	<b>GÓRKA Łukasz</b>	<b>3774</b>		Open Mężczyzn	78	11:00	01:38:26	<b>01:38:38.85</b>	<b>01:38:38.85</b>	+00:48:55 (49.6%)	13:09	4.6 (50.5%)
142	<b>MĄDRO Mateusz</b>	<b>1007</b>	CEBULOWIMISTRZOWIE	Open Mężczyzn	79	10:45	01:38:50	<b>01:39:00.60</b>	<b>01:39:00.60</b>	+00:49:17 (49.8%)	13:12	4.5 (49.5%)
143	<b>BAJZERT Maciej</b>	<b>3655</b>		Open Mężczyzn	80	10:45	01:38:50	<b>01:39:00.75</b>	<b>01:39:00.75</b>	+00:49:17 (49.8%)	13:12	4.5 (49.5%)
144	<b>FREJLICH Karol</b>	<b>3620</b>	CEBULOWIMISTRZOWIE	Open Mężczyzn	81	10:45	01:38:49	<b>01:39:01.50</b>	<b>01:39:01.50</b>	+00:49:18 (49.8%)	13:12	4.5 (49.5%)
145	<b>CYMIŃSKI Piotr</b>	<b>3075</b>	TARCHOTERROR	Open Mężczyzn	82	09:15	01:38:53	<b>01:39:03.55</b>	<b>01:39:03.55</b>	+00:49:20 (49.8%)	13:12	4.5 (49.5%)
146	<b>RUMAU Mikalai</b>	<b>3694</b>		Open Mężczyzn	83	10:45	01:38:54	<b>01:39:07.30</b>	<b>01:39:07.30</b>	+00:49:24 (49.8%)	13:12	4.5 (49.5%)
147	<b>VAZ Alexander</b>	<b>3450</b>	TEAM PIEC	Open Mężczyzn	84	10:00	01:38:56	<b>01:39:09.05</b>	<b>01:39:09.05</b>	+00:49:25 (49.9%)	13:13	4.5 (49.5%)
148	<b>PAWLIK Eliza</b>	<b>3492</b>		Open Kobiet	6	10:00	01:38:55	<b>01:39:18.85</b>	<b>01:39:18.85</b>	+00:49:35 (49.9%)	13:14	4.5 (49.5%)
149	<b>PAWLIK Wojciech</b>	<b>3494</b>		Open Mężczyzn	85	10:00	01:38:55	<b>01:39:22.40</b>	<b>01:39:22.40</b>	+00:49:39 (50.0%)	13:14	4.5 (49.5%)
150	<b>KARAŚ Dawid</b>	<b>3564</b>		Open Mężczyzn	86	10:15	01:39:14	<b>01:39:27.95</b>	<b>01:39:27.95</b>	+00:49:44 (50.0%)	13:15	4.5 (49.5%)
151	<b>KOWALIK Bartek</b>	<b>3449</b>	TEAM PIEC	Open Mężczyzn	87	10:00	01:39:20	<b>01:39:28.30</b>	<b>01:39:28.30</b>	+00:49:45 (50.0%)	13:15	4.5 (49.5%)
152	<b>KSIĘŻAK Maciej</b>	<b>3568</b>		Open Mężczyzn	88	10:15	01:39:11	<b>01:39:28.85</b>	<b>01:39:28.85</b>	+00:49:45 (50.0%)	13:15	4.5 (49.5%)
153	<b>WŃĘK Mariusz</b>	<b>3343</b>	Z WĄTROBY	Open Mężczyzn	89	09:45	01:39:51	<b>01:40:04.65</b>	<b>01:40:04.65</b>	+00:50:21 (50.3%)	13:20	4.5 (49.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
154	<b>PIGUŁA Leon</b>	<b>3429</b>	CARBON SILESIA SPORT BY VITARADE	Open Mężczyzn	90	10:00	01:39:46	<b>01:40:06.45</b>	<b>01:40:06.45</b>	+00:50:23 (50.3%)	13:20	4.5 (49.5%)
155	<b>ŚWIDERSKI Jacek</b>	<b>3641</b>	RUDA	Open Masters Mężczyzn	13	10:45	01:39:58	<b>01:40:13.35</b>	<b>01:40:13.35</b>	+00:50:30 (50.4%)	13:21	4.5 (49.5%)
156	<b>BAREIKIS Karolis</b>	<b>3125</b>	OCR BALTIC WARRIORS	Open Mężczyzn	91	09:00	01:40:02	<b>01:40:16.95</b>	<b>01:40:16.95</b>	+00:50:33 (50.4%)	13:22	4.5 (49.5%)
157	<b>SIENIAWSKI Abraham</b>	<b>3590</b>		Open Mężczyzn	92	10:15	01:40:39	<b>01:40:55.65</b>	<b>01:40:55.65</b>	+00:51:12 (50.7%)	13:27	4.5 (49.5%)
158	<b>TULEJA Mateusz</b>	<b>3603</b>		Open Mężczyzn	93	10:15	01:40:59	<b>01:41:10.20</b>	<b>01:41:10.20</b>	+00:51:27 (50.9%)	13:29	4.4 (48.4%)
159	<b>MAKUSZEWSKI Marcin</b>	<b>3511</b>	BEFIT24TEAM	Open Masters Mężczyzn	14	10:15	01:40:59	<b>01:41:10.40</b>	<b>01:41:10.40</b>	+00:51:27 (50.9%)	13:29	4.4 (48.4%)
160	<b>BLAK Dawid</b>	<b>3541</b>		Open Masters Mężczyzn	15	10:15	01:40:59	<b>01:41:11.25</b>	<b>01:41:11.25</b>	+00:51:28 (50.9%)	13:29	4.4 (48.4%)
161	<b>KIELBASA Mateusz</b>	<b>3166</b>		Open Mężczyzn	94	09:00	01:41:08	<b>01:41:21.40</b>	<b>01:41:21.40</b>	+00:51:38 (50.9%)	13:30	4.4 (48.4%)
162	<b>ROMANOWSKI Zdzisław</b>	<b>3793</b>		Open Mężczyzn	95	11:00	01:41:10	<b>01:41:28.20</b>	<b>01:41:28.20</b>	+00:51:45 (51.0%)	13:31	4.4 (48.4%)
163	<b>GRYGIERCZYK Jakub</b>	<b>3121</b>	LEDWOATLECI UEK	Open Mężczyzn	96	09:00	01:41:22	<b>01:41:32.80</b>	<b>01:41:32.80</b>	+00:51:49 (51.0%)	13:32	4.4 (48.4%)
164	<b>BAZIAK Mateusz</b>	<b>2382</b>		Open Masters Mężczyzn	16	09:45	01:41:18	<b>01:41:34.10</b>	<b>01:41:34.10</b>	+00:51:50 (51.0%)	13:32	4.4 (48.4%)
164	<b>WAWRZYNIAK Cezary</b>	<b>2374</b>		Open Mężczyzn	97	09:45	01:41:18	<b>01:41:34.10</b>	<b>01:41:34.10</b>	+00:51:50 (51.0%)	13:32	4.4 (48.4%)
166	<b>WLAZŁO Erwin</b>	<b>3199</b>		Open Mężczyzn	98	09:00	01:41:32	<b>01:41:44.60</b>	<b>01:41:44.60</b>	+00:52:01 (51.1%)	13:33	4.4 (48.4%)
167	<b>STACHYRA Radosław</b>	<b>3439</b>	NAŁĘCZOWIANKOWI	Open Mężczyzn	99	10:00	01:41:32	<b>01:41:46.25</b>	<b>01:41:46.25</b>	+00:52:03 (51.1%)	13:34	4.4 (48.4%)
168	<b>BUDZYŃSKI Kamil</b>	<b>3765</b>		Open Mężczyzn	100	11:00	01:41:38	<b>01:41:55.05</b>	<b>01:41:55.05</b>	+00:52:11 (51.2%)	13:35	4.4 (48.4%)
169	<b>KRYVORUKA Andrii</b>	<b>3536</b>	WORMS TEAM	Open Mężczyzn	101	10:15	01:41:48	<b>01:41:58.40</b>	<b>01:41:58.40</b>	+00:52:15 (51.2%)	13:35	4.4 (48.4%)
170	<b>OLEJNICZAK Radosław</b>	<b>3580</b>		Open Masters Mężczyzn	17	10:15	01:41:51	<b>01:42:09.00</b>	<b>01:42:09.00</b>	+00:52:25 (51.3%)	13:37	4.4 (48.4%)
171	<b>SUTYŁA Paweł</b>	<b>3499</b>		Open Mężczyzn	102	10:00	01:42:12	<b>01:42:26.15</b>	<b>01:42:26.15</b>	+00:52:43 (51.5%)	13:39	4.4 (48.4%)
172	<b>BOĆKO Mateusz</b>	<b>3460</b>		Open Mężczyzn	103	10:00	01:42:12	<b>01:42:26.35</b>	<b>01:42:26.35</b>	+00:52:43 (51.5%)	13:39	4.4 (48.4%)
173	<b>JURCZAK Marta</b>	<b>3562</b>		Open Kobiet	7	10:15	01:42:18	<b>01:42:28.60</b>	<b>01:42:28.60</b>	+00:52:45 (51.5%)	13:39	4.4 (48.4%)
174	<b>BANOWSKI Szymon</b>	<b>3760</b>		Open Mężczyzn	104	11:00	01:42:22	<b>01:42:35.95</b>	<b>01:42:35.95</b>	+00:52:52 (51.5%)	13:40	4.4 (48.4%)
175	<b>JARYCH Tomasz</b>	<b>3040</b>		Elite Mężczyzn	32	08:30	01:42:44	<b>01:42:57.55</b>	<b>01:42:57.55</b>	+00:53:14 (51.7%)	13:43	4.4 (48.4%)
176	<b>BEŁDA Patryk</b>	<b>3322</b>	ROCKFIN	Open Mężczyzn	105	09:45	01:43:03	<b>01:43:19.65</b>	<b>01:43:19.65</b>	+00:53:36 (51.9%)	13:46	4.4 (48.4%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
177	Jacek	1317		Open Mężczyzn	106	10:00	01:42:51	01:43:20.25	01:43:20.25	+00:53:37 (51.9%)	13:46	4.4 (48.4%)
178	MAŁYSA Jakub	3027	OCR TEAM BIŁGORAJ	Elite Mężczyzn	33	08:30	01:43:08	01:43:20.95	01:43:20.95	+00:53:37 (51.9%)	13:46	4.4 (48.4%)
179	MIREK Przemysław	3576		Open Mężczyzn	107	10:15	01:43:06	01:43:22.25	01:43:22.25	+00:53:39 (51.9%)	13:46	4.4 (48.4%)
180	SZEWKO Oliwier	1670	BEFIT24TEAM	Open Masters Mężczyzn	18	11:00	01:43:04	01:43:24.25	01:43:24.25	+00:53:41 (51.9%)	13:47	4.4 (48.4%)
180	GALANT Wiktor	3772		Open Mężczyzn	108	11:00	01:43:03	01:43:24.25	01:43:24.25	+00:53:41 (51.9%)	13:47	4.4 (48.4%)
182	JONASZ Maciej	3779		Open Mężczyzn	109	11:00	01:43:16	01:43:28.20	01:43:28.20	+00:53:45 (51.9%)	13:47	4.3 (47.3%)
183	PATER Wojciech	3324	ROCKFIN	Open Mężczyzn	110	09:45	01:43:16	01:43:29.20	01:43:29.20	+00:53:46 (52.0%)	13:47	4.3 (47.3%)
184	KRYCZEK Adam	3451	THE_BOYS	Open Mężczyzn	111	10:00	01:43:16	01:43:33.70	01:43:33.70	+00:53:50 (52.0%)	13:48	4.3 (47.3%)
185	JANIK Patryk	3560		Open Mężczyzn	112	10:15	01:43:23	01:43:36.45	01:43:36.45	+00:53:53 (52.0%)	13:48	4.3 (47.3%)
186	DZIEDZIC Marcin	3356		Open Mężczyzn	113	09:45	01:43:34	01:43:42.65	01:43:42.65	+00:53:59 (52.1%)	13:49	4.3 (47.3%)
187	KIDA Marcin	3565		Open Mężczyzn	114	10:15	01:43:34	01:43:45.00	01:43:45.00	+00:54:01 (52.1%)	13:50	4.3 (47.3%)
188	WRÓBLEWSKI Kamil	274	TEAM ZWIERZYNIEC	Open Mężczyzn	115	09:00	01:43:40	01:43:56.40	01:43:56.40	+00:54:13 (52.2%)	13:51	4.3 (47.3%)
189	FIL Rafał	3039		Elite Mężczyzn	34	08:30	01:43:59	01:44:10.90	01:44:10.90	+00:54:27 (52.3%)	13:53	4.3 (47.3%)
190	JURCZAK Ewelina	3561		Open Kobiet	8	10:15	01:44:01	01:44:11.55	01:44:11.55	+00:54:28 (52.3%)	13:53	4.3 (47.3%)
191	PISARCZUK Mariusz	288		Open Masters Mężczyzn	19	10:00	01:43:43	01:44:12.45	01:44:12.45	+00:54:29 (52.3%)	13:53	4.3 (47.3%)
192	LIPIEC Kinga	3374		Open Kobiet	9	09:45	01:43:57	01:44:23.55	01:44:23.55	+00:54:40 (52.4%)	13:55	4.3 (47.3%)
193	NOWAK Krzysztof	3182		Open Mężczyzn	116	09:00	01:44:02	01:44:34.85	01:44:34.85	+00:54:51 (52.5%)	13:56	4.3 (47.3%)
194	PIEKARCZYK Krystian	3183		Open Mężczyzn	117	09:00	01:44:19	01:44:36.10	01:44:36.10	+00:54:52 (52.5%)	13:56	4.3 (47.3%)
195	CHORYAN Ola	3152		Open Kobiet	10	09:00	01:44:24	01:44:43.75	01:44:43.75	+00:55:00 (52.5%)	13:57	4.3 (47.3%)
196	CYBULA Kamil	3546		Open Mężczyzn	118	10:15	01:44:47	01:45:05.00	01:45:05.00	+00:55:21 (52.7%)	14:00	4.3 (47.3%)
197	DZIEDZIC Klaudia	3056	FITPARK TEAM	Elite Kobiet	4	08:50	01:45:00	01:45:11.35	01:45:11.35	+00:55:28 (52.7%)	14:01	4.3 (47.3%)
198	URBANIAK Edyta	3706		Open Masters Kobiet	2	10:45	01:45:46	01:45:57.10	01:45:57.10	+00:56:13 (53.1%)	14:07	4.2 (46.2%)
199	HUŁAS Piotr	3732	DAFIT ZDROWIE & FITNESS TARNOGRÓD	Open Masters Mężczyzn	20	11:00	01:45:48	01:46:05.20	01:46:05.20	+00:56:22 (53.1%)	14:08	4.2 (46.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
200	<b>TKACZYK-HUŁAS Urszula</b>	<b>3739</b>	DAFIT ZDROWIE & FITNESS TARNOGRÓD	Open Masters Kobiet	3	11:00	01:45:47	<b>01:46:06.60</b>	<b>01:46:06.60</b>	+00:56:23 (53.1%)	14:08	4.2 (46.2%)
201	<b>MAJEWSKI Gracjan</b>	<b>3682</b>		Open Mężczyzn	119	10:45	01:46:16	<b>01:46:27.75</b>	<b>01:46:27.75</b>	+00:56:44 (53.3%)	14:11	4.2 (46.2%)
202	<b>WASIK Aleksandra</b>	<b>3061</b>	FITPARK TEAM	Elite Kobiet	5	08:50	01:46:20	<b>01:46:32.50</b>	<b>01:46:32.50</b>	+00:56:49 (53.3%)	14:12	4.2 (46.2%)
203	<b>ANDRUSZCZAK Julia</b>	<b>3140</b>		Open Kobiet	11	09:00	01:46:30	<b>01:46:39.90</b>	<b>01:46:39.90</b>	+00:56:56 (53.4%)	14:13	4.2 (46.2%)
204	<b>ZWADA Arkadiusz</b>	<b>2210</b>		Open Masters Mężczyzn	21	10:00	01:46:00	<b>01:46:40.85</b>	<b>01:46:40.85</b>	+00:56:57 (53.4%)	14:13	4.2 (46.2%)
205	<b>IRZYK Szczepan</b>	<b>3165</b>		Open Mężczyzn	120	09:00	01:46:54	<b>01:47:05.45</b>	<b>01:47:05.45</b>	+00:57:22 (53.6%)	14:16	4.2 (46.2%)
206	<b>ŠPERLICH Adam</b>	<b>3293</b>		Open Mężczyzn	121	09:15	01:47:28	<b>01:47:36.15</b>	<b>01:47:36.15</b>	+00:57:53 (53.8%)	14:20	4.2 (46.2%)
207	<b>KOŚCIUK Michał</b>	<b>506</b>		Open Masters Mężczyzn	22	10:45	01:47:22	<b>01:47:38.10</b>	<b>01:47:38.10</b>	+00:57:54 (53.8%)	14:21	4.2 (46.2%)
208	<b>SKÓRA Jarosław</b>	<b>3591</b>		Open Mężczyzn	122	10:15	01:47:28	<b>01:47:41.45</b>	<b>01:47:41.45</b>	+00:57:58 (53.8%)	14:21	4.2 (46.2%)
208	<b>SKÓRA Szymon</b>	<b>3592</b>		Open Mężczyzn	122	10:15	01:47:26	<b>01:47:41.45</b>	<b>01:47:41.45</b>	+00:57:58 (53.8%)	14:21	4.2 (46.2%)
210	<b>MARMOL Dariusz</b>	<b>3181</b>		Open Mężczyzn	124	09:00	01:47:28	<b>01:47:41.55</b>	<b>01:47:41.55</b>	+00:57:58 (53.8%)	14:21	4.2 (46.2%)
211	<b>ŁYJAK Michał</b>	<b>3622</b>	CHIŃSKI ZWIAD	Open Mężczyzn	125	10:45	01:47:33	<b>01:47:45.75</b>	<b>01:47:45.75</b>	+00:58:02 (53.9%)	14:22	4.2 (46.2%)
212	<b>WĘGRZYN Wiktor</b>	<b>3624</b>	CHIŃSKI ZWIAD	Open Mężczyzn	126	10:45	01:47:34	<b>01:47:47.15</b>	<b>01:47:47.15</b>	+00:58:04 (53.9%)	14:22	4.2 (46.2%)
213	<b>LOOKi</b>	<b>3621</b>	CHIŃSKI ZWIAD	Open Mężczyzn	127	10:45	01:47:40	<b>01:47:49.55</b>	<b>01:47:49.55</b>	+00:58:06 (53.9%)	14:22	4.2 (46.2%)
214	<b>MAŚLANKA Olaf</b>	<b>3685</b>		Open Mężczyzn	128	10:45	01:47:51	<b>01:48:01.00</b>	<b>01:48:01.00</b>	+00:58:17 (54.0%)	14:24	4.2 (46.2%)
215	<b>PAWLAK Antoni</b>	<b>3386</b>		Open Mężczyzn	129	09:45	01:47:53	<b>01:48:06.05</b>	<b>01:48:06.05</b>	+00:58:22 (54.0%)	14:24	4.2 (46.2%)
216	<b>KRAWCZYK Miłosz</b>	<b>3477</b>		Open Mężczyzn	130	10:00	01:48:10	<b>01:48:17.75</b>	<b>01:48:17.75</b>	+00:58:34 (54.1%)	14:26	4.2 (46.2%)
217	<b>WIDZ Wiktor</b>	<b>1691</b>	OUT OF STRENGTH EXCEPTION	Open Mężczyzn	131	11:00	01:48:03	<b>01:48:17.85</b>	<b>01:48:17.85</b>	+00:58:34 (54.1%)	14:26	4.2 (46.2%)
218	<b>WIDZ Pawel</b>	<b>1510</b>		Open Mężczyzn	132	11:00	01:48:04	<b>01:48:17.90</b>	<b>01:48:17.90</b>	+00:58:34 (54.1%)	14:26	4.2 (46.2%)
219	<b>KUKIEŁA Norbert</b>	<b>3215</b>	DAJ MI TROCHĘ DOPPELHERZ	Open Mężczyzn	133	09:15	01:48:19	<b>01:48:33.15</b>	<b>01:48:33.15</b>	+00:58:50 (54.2%)	14:28	4.1 (45.1%)
220	<b>JAKUBOWSKI Tomasz</b>	<b>3267</b>		Open Mężczyzn	134	09:15	01:48:25	<b>01:48:36.85</b>	<b>01:48:36.85</b>	+00:58:53 (54.2%)	14:28	4.1 (45.1%)
221	<b>PIETRZAK Daniel</b>	<b>3388</b>		Open Mężczyzn	135	09:45	01:48:34	<b>01:48:45.70</b>	<b>01:48:45.70</b>	+00:59:02 (54.3%)	14:30	4.1 (45.1%)
222	<b>BĘBENEK Joanna</b>	<b>3143</b>		Open Kobiet	12	09:00	01:48:51	<b>01:49:04.00</b>	<b>01:49:04.00</b>	+00:59:20 (54.4%)	14:32	4.1 (45.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
223	<b>GUGAŁA Dominik</b>	<b>3164</b>		Open Mężczyzn	136	09:00	01:48:51	<b>01:49:04.10</b>	<b>01:49:04.10</b>	+00:59:20 (54.4%)	14:32	4.1 (45.1%)
224	<b>WILUSZ Katarzyna</b>	<b>3301</b>		Open Kobiet	13	09:15	01:48:53	<b>01:49:07.65</b>	<b>01:49:07.65</b>	+00:59:24 (54.4%)	14:32	4.1 (45.1%)
225	<b>JASIŃSKI Rafał</b>	<b>3671</b>		Open Mężczyzn	137	10:45	01:49:10	<b>01:49:18.15</b>	<b>01:49:18.15</b>	+00:59:35 (54.5%)	14:34	4.1 (45.1%)
226	<b>ŚLIWA Bartłomiej</b>	<b>3326</b>	ROCKFIN	Open Mężczyzn	138	09:45	01:49:00	<b>01:49:21.15</b>	<b>01:49:21.15</b>	+00:59:38 (54.5%)	14:34	4.1 (45.1%)
227	<b>MATUSZYK Karol</b>	<b>3323</b>	ROCKFIN	Open Mężczyzn	139	09:45	01:49:00	<b>01:49:21.60</b>	<b>01:49:21.60</b>	+00:59:38 (54.5%)	14:34	4.1 (45.1%)
228	<b>ŚWIĘTONIOWSKI Marcin</b>	<b>3800</b>		Open Mężczyzn	140	11:00	01:49:36	<b>01:49:46.65</b>	<b>01:49:46.65</b>	+01:00:03 (54.7%)	14:38	4.1 (45.1%)
229	<b>TOMASZEWSKA Anna</b>	<b>1472</b>	RUKO	Open Kobiet	14	11:00	01:49:35	<b>01:49:47.05</b>	<b>01:49:47.05</b>	+01:00:03 (54.7%)	14:38	4.1 (45.1%)
230	<b>JAGIEŁŁO Arkadiusz</b>	<b>3466</b>		Open Mężczyzn	141	10:00	01:49:34	<b>01:49:50.30</b>	<b>01:49:50.30</b>	+01:00:07 (54.7%)	14:38	4.1 (45.1%)
230	<b>KOWALSKI Piotr</b>	<b>3476</b>		Open Mężczyzn	141	10:00	01:49:33	<b>01:49:50.30</b>	<b>01:49:50.30</b>	+01:00:07 (54.7%)	14:38	4.1 (45.1%)
232	<b>BIOTOP Mateusz</b>	<b>3457</b>		Open Mężczyzn	143	10:00	01:49:43	<b>01:49:57.80</b>	<b>01:49:57.80</b>	+01:00:14 (54.8%)	14:39	4.1 (45.1%)
233	<b>GOCMAN Ireneusz</b>	<b>3552</b>		Open Masters Mężczyzn	23	10:15	01:49:42	<b>01:50:00.90</b>	<b>01:50:00.90</b>	+01:00:17 (54.8%)	14:40	4.1 (45.1%)
234	<b>OŻGA Anna</b>	<b>3286</b>		Open Masters Kobiet	4	09:15	01:49:57	<b>01:50:11.60</b>	<b>01:50:11.60</b>	+01:00:28 (54.9%)	14:41	4.1 (45.1%)
235	<b>GOGÓL Paweł</b>	<b>3362</b>		Open Mężczyzn	144	09:45	01:50:14	<b>01:50:28.50</b>	<b>01:50:28.50</b>	+01:00:45 (55.0%)	14:43	4.1 (45.1%)
236	<b>KOŁOS Krystian</b>	<b>3169</b>		Open Mężczyzn	145	09:00	01:50:20	<b>01:50:35.45</b>	<b>01:50:35.45</b>	+01:00:52 (55.0%)	14:44	4.1 (45.1%)
237	<b>NOWAK Marcin</b>	<b>3484</b>		Open Mężczyzn	146	10:00	01:50:11	<b>01:50:36.25</b>	<b>01:50:36.25</b>	+01:00:53 (55.0%)	14:44	4.1 (45.1%)
238	<b>CHWASTEK Krystian</b>	<b>3405</b>	ACHILLES	Open Mężczyzn	147	10:00	01:50:25	<b>01:50:39.45</b>	<b>01:50:39.45</b>	+01:00:56 (55.1%)	14:45	4.1 (45.1%)
239	<b>KŁECZEK Anna</b>	<b>3472</b>	INGRAMKI	Open Kobiet	15	10:00	01:49:44	<b>01:50:47.25</b>	<b>01:50:47.25</b>	+01:01:04 (55.1%)	14:46	4.1 (45.1%)
240	<b>PADŁO Alicja</b>	<b>3491</b>	INGRAMKI	Open Kobiet	16	10:00	01:49:44	<b>01:50:48.95</b>	<b>01:50:48.95</b>	+01:01:05 (55.1%)	14:46	4.1 (45.1%)
241	<b>POPCZYŃSKI Krystian</b>	<b>3628</b>	HARDCORY	Open Masters Mężczyzn	24	10:45	01:50:41	<b>01:50:49.15</b>	<b>01:50:49.15</b>	+01:01:06 (55.1%)	14:46	4.1 (45.1%)
242	<b>BARAŃSKI Marcin</b>	<b>3627</b>	HARDCORY	Open Masters Mężczyzn	25	10:45	01:50:41	<b>01:50:56.20</b>	<b>01:50:56.20</b>	+01:01:13 (55.2%)	14:47	4.1 (45.1%)
243	<b>OSTROWSKI Patryk</b>	<b>3691</b>		Open Mężczyzn	148	10:45	01:50:46	<b>01:51:01.40</b>	<b>01:51:01.40</b>	+01:01:18 (55.2%)	14:48	4.1 (45.1%)
244	<b>LOREK Michał</b>	<b>1813</b>	BGK TEAM	Open Mężczyzn	149	09:45	01:50:57	<b>01:51:08.55</b>	<b>01:51:08.55</b>	+01:01:25 (55.3%)	14:49	4 (44.0%)
245	<b>PAJOR Andrzej</b>	<b>3581</b>		Open Mężczyzn	150	10:15	01:51:14	<b>01:51:31.05</b>	<b>01:51:31.05</b>	+01:01:47 (55.4%)	14:52	4 (44.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
246	<b>BARTOSZ Dominik</b>	<b>3730</b>	DAFIT ZDROWIE & FITNESS TARNOGRÓD	Open Mężczyzn	151	11:00	01:51:24	<b>01:51:36.95</b>	<b>01:51:36.95</b>	+01:01:53 (55.5%)	14:52	4 (44.0%)
247	<b>PAWLIK Paweł</b>	<b>3493</b>		Open Mężczyzn	152	10:00	01:51:24	<b>01:51:37.75</b>	<b>01:51:37.75</b>	+01:01:54 (55.5%)	14:52	4 (44.0%)
248	<b>DOLINA Sylwia</b>	<b>3731</b>	DAFIT ZDROWIE & FITNESS TARNOGRÓD	Open Kobiet	17	11:00	01:51:47	<b>01:52:00.35</b>	<b>01:52:00.35</b>	+01:02:17 (55.6%)	14:56	4 (44.0%)
249	<b>ŁĄCZAK Daria</b>	<b>3371</b>		Open Kobiet	18	09:45	01:52:09	<b>01:52:23.90</b>	<b>01:52:23.90</b>	+01:02:40 (55.8%)	14:59	4 (44.0%)
250	<b>RIKITIKI Marcin</b>	<b>3392</b>		Open Mężczyzn	153	09:45	01:52:11	<b>01:52:24.40</b>	<b>01:52:24.40</b>	+01:02:41 (55.8%)	14:59	4 (44.0%)
251	<b>GAWĘDA Anna</b>	<b>3667</b>		Open Kobiet	19	10:45	01:52:27	<b>01:52:40.25</b>	<b>01:52:40.25</b>	+01:02:57 (55.9%)	15:01	4 (44.0%)
252	<b>BIENIEK Jakub</b>	<b>3657</b>		Open Mężczyzn	154	10:45	01:52:27	<b>01:52:40.55</b>	<b>01:52:40.55</b>	+01:02:57 (55.9%)	15:01	4 (44.0%)
253	<b>BAK Łukasz</b>	<b>3254</b>		Open Mężczyzn	155	09:15	01:52:24	<b>01:52:42.85</b>	<b>01:52:42.85</b>	+01:02:59 (55.9%)	15:01	4 (44.0%)
254	<b>CEREMUGA Przemysław</b>	<b>3068</b>	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	35	08:30	01:52:59	<b>01:53:08.55</b>	<b>01:53:08.55</b>	+01:03:25 (56.1%)	15:05	4 (44.0%)
255	<b>DZIEWOŃSKI Kamil</b>	<b>3549</b>		Open Mężczyzn	156	10:15	01:52:59	<b>01:53:08.75</b>	<b>01:53:08.75</b>	+01:03:25 (56.1%)	15:05	4 (44.0%)
256	<b>RAK Małgorzata</b>	<b>3693</b>		Open Masters Kobiet	5	10:45	01:52:56	<b>01:53:12.25</b>	<b>01:53:12.25</b>	+01:03:29 (56.1%)	15:05	4 (44.0%)
257	<b>KIJAS Paweł</b>	<b>3167</b>		Open Mężczyzn	157	09:00	01:53:00	<b>01:53:15.55</b>	<b>01:53:15.55</b>	+01:03:32 (56.1%)	15:06	4 (44.0%)
258	<b>SOŁTYS Aleksandra</b>	<b>3737</b>	DAFIT ZDROWIE & FITNESS TARNOGRÓD	Open Kobiet	20	11:00	01:53:09	<b>01:53:21.80</b>	<b>01:53:21.80</b>	+01:03:38 (56.1%)	15:06	4 (44.0%)
259	<b>DORYCKA Magdalena</b>	<b>2205</b>		Open Kobiet	21	11:00	01:53:19	<b>01:53:31.95</b>	<b>01:53:31.95</b>	+01:03:48 (56.2%)	15:08	4 (44.0%)
260	<b>MATŁĄG Robert</b>	<b>3575</b>		Open Mężczyzn	158	10:15	01:53:18	<b>01:53:34.15</b>	<b>01:53:34.15</b>	+01:03:51 (56.2%)	15:08	4 (44.0%)
261	<b>GNIĘŁKA Piotr</b>	<b>3636</b>	RUDA	Open Mężczyzn	159	10:45	01:53:23	<b>01:53:41.80</b>	<b>01:53:41.80</b>	+01:03:58 (56.3%)	15:09	4 (44.0%)
262	<b>PEREPOLOV Kyrylo</b>	<b>3334</b>	TWO LIKE BLONDS	Open Mężczyzn	160	09:45	01:53:39	<b>01:54:06.25</b>	<b>01:54:06.25</b>	+01:04:23 (56.4%)	15:12	3.9 (42.9%)
263	<b>VASYLIEV Dmytro</b>	<b>3335</b>	TWO LIKE BLONDS	Open Mężczyzn	161	09:45	01:53:39	<b>01:54:07.10</b>	<b>01:54:07.10</b>	+01:04:23 (56.4%)	15:12	3.9 (42.9%)
264	<b>WARDZIŃSKI Artur</b>	<b>3109</b>	GÓRSKIE LESZCZE	Open Mężczyzn	162	09:00	01:54:03	<b>01:54:15.85</b>	<b>01:54:15.85</b>	+01:04:32 (56.5%)	15:14	3.9 (42.9%)
265	<b>KOŁACZ Milena</b>	<b>3108</b>	GÓRSKIE LESZCZE	Open Kobiet	22	09:00	01:54:03	<b>01:54:15.90</b>	<b>01:54:15.90</b>	+01:04:32 (56.5%)	15:14	3.9 (42.9%)
266	<b>KRUCZEK Piotr</b>	<b>3637</b>	RUDA	Open Mężczyzn	163	10:45	01:54:00	<b>01:54:18.70</b>	<b>01:54:18.70</b>	+01:04:35 (56.5%)	15:14	3.9 (42.9%)
267	<b>DZIEWA Katarzyna</b>	<b>3157</b>		Open Kobiet	23	09:00	01:54:06	<b>01:54:21.40</b>	<b>01:54:21.40</b>	+01:04:38 (56.5%)	15:14	3.9 (42.9%)
268	<b>KRÓL Kornelia</b>	<b>3214</b>	DAJ MI TROCHĘ DOPPELHERZ	Open Kobiet	24	09:15	01:54:13	<b>01:54:24.90</b>	<b>01:54:24.90</b>	+01:04:41 (56.5%)	15:15	3.9 (42.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
269	<b>PASZCZA Monika</b>	<b>3330</b>	ROSSMANN	Open Kobiet	25	09:45	01:54:00	<b>01:54:25.90</b>	<b>01:54:25.90</b>	+01:04:42 (56.6%)	15:15	3.9 (42.9%)
270	<b>CEBEULA Dawid</b>	<b>1309</b>	NIEWOLNICY	Open Mężczyzn	164	10:00	01:54:28	<b>01:55:03.50</b>	<b>01:55:03.50</b>	+01:05:20 (56.8%)	15:20	3.9 (42.9%)
271	<b>CEBEULA Dawid</b>	<b>3440</b>	NIEWOLNICY	Open Mężczyzn	165	10:00	01:54:43	<b>01:55:04.85</b>	<b>01:55:04.85</b>	+01:05:21 (56.8%)	15:20	3.9 (42.9%)
272	<b>SIEDLARZ Adrian</b>	<b>3697</b>		Open Mężczyzn	166	10:45	01:54:57	<b>01:55:10.15</b>	<b>01:55:10.15</b>	+01:05:27 (56.8%)	15:21	3.9 (42.9%)
273	<b>ŻMUDA Dawid</b>	<b>3069</b>	FITPARK TEAM	Elite Mężczyzn	36	08:30	01:54:57	<b>01:55:11.50</b>	<b>01:55:11.50</b>	+01:05:28 (56.8%)	15:21	3.9 (42.9%)
274	<b>TRZOP Mariusz</b>	<b>3192</b>		Open Mężczyzn	167	09:00	01:55:15	<b>01:55:33.95</b>	<b>01:55:33.95</b>	+01:05:50 (57.0%)	15:24	3.9 (42.9%)
275	<b>LIZAK Piotrek</b>	<b>3177</b>		Open Mężczyzn	168	09:00	01:55:15	<b>01:55:34.35</b>	<b>01:55:34.35</b>	+01:05:51 (57.0%)	15:24	3.9 (42.9%)
276	<b>DZIUBINSKI Jakub</b>	<b>3357</b>		Open Masters Mężczyzn	26	09:45	01:54:24	<b>01:55:45.45</b>	<b>01:55:45.45</b>	+01:06:02 (57.0%)	15:26	3.9 (42.9%)
277	<b>SKRZYNIARZ Monika</b>	<b>3393</b>		Open Masters Kobiet	6	09:45	01:55:14	<b>01:55:45.70</b>	<b>01:55:45.70</b>	+01:06:02 (57.1%)	15:26	3.9 (42.9%)
278	<b>TSIARESHCHANKA Yauhen</b>	<b>3705</b>		Open Mężczyzn	169	10:45	01:55:33	<b>01:55:46.30</b>	<b>01:55:46.30</b>	+01:06:03 (57.1%)	15:26	3.9 (42.9%)
279	<b>STRÓJWAŚ Dominik</b>	<b>3398</b>		Open Mężczyzn	170	09:45	01:55:15	<b>01:55:46.85</b>	<b>01:55:46.85</b>	+01:06:03 (57.1%)	15:26	3.9 (42.9%)
280	<b>BUŁKA Miłosz</b>	<b>3658</b>		Open Mężczyzn	171	10:45	01:56:03	<b>01:56:16.95</b>	<b>01:56:16.95</b>	+01:06:33 (57.2%)	15:30	3.9 (42.9%)
281	<b>KOT Michał</b>	<b>3613</b>	3 FINGERS SQUAD MYSZKÓW	Open Mężczyzn	172	10:45	01:56:14	<b>01:56:25.30</b>	<b>01:56:25.30</b>	+01:06:42 (57.3%)	15:31	3.9 (42.9%)
282	<b>MAŁYSA Łukasz</b>	<b>3479</b>		Open Mężczyzn	173	10:00	01:56:23	<b>01:56:39.55</b>	<b>01:56:39.55</b>	+01:06:56 (57.4%)	15:33	3.9 (42.9%)
283	<b>MIECHOWICZ Piotr</b>	<b>3481</b>		Open Mężczyzn	174	10:00	01:56:23	<b>01:56:39.80</b>	<b>01:56:39.80</b>	+01:06:56 (57.4%)	15:33	3.9 (42.9%)
284	<b>TUREK Łukasz</b>	<b>3193</b>		Open Mężczyzn	175	09:00	01:56:33	<b>01:56:50.00</b>	<b>01:56:50.00</b>	+01:07:06 (57.4%)	15:34	3.9 (42.9%)
285	<b>SALWACH Adrian</b>	<b>3188</b>		Open Mężczyzn	176	09:00	01:56:33	<b>01:56:50.35</b>	<b>01:56:50.35</b>	+01:07:07 (57.4%)	15:34	3.9 (42.9%)
286	<b>DUDEK Paweł</b>	<b>3463</b>		Open Mężczyzn	177	10:00	01:56:28	<b>01:56:53.90</b>	<b>01:56:53.90</b>	+01:07:10 (57.5%)	15:35	3.8 (41.8%)
287	<b>Robert</b>	<b>3253</b>		Open Mężczyzn	178	09:15	01:56:48	<b>01:57:01.75</b>	<b>01:57:01.75</b>	+01:07:18 (57.5%)	15:36	3.8 (41.8%)
288	<b>Napster01</b>	<b>3453</b>		Open Mężczyzn	179	10:00	01:56:54	<b>01:57:10.75</b>	<b>01:57:10.75</b>	+01:07:27 (57.6%)	15:37	3.8 (41.8%)
289	<b>DRAMOWICZ Szymon</b>	<b>3755</b>	ŻELAŻNI BIEGACZE	Open Mężczyzn	180	11:00	01:57:03	<b>01:57:12.80</b>	<b>01:57:12.80</b>	+01:07:29 (57.6%)	15:37	3.8 (41.8%)
290	<b>SZOSTAK Damian</b>	<b>3500</b>		Open Mężczyzn	181	10:00	01:56:59	<b>01:57:12.85</b>	<b>01:57:12.85</b>	+01:07:29 (57.6%)	15:37	3.8 (41.8%)
291	<b>TSIARESHCHANKA Alesia</b>	<b>3704</b>		Open Kobiet	26	10:45	01:57:02	<b>01:57:20.05</b>	<b>01:57:20.05</b>	+01:07:36 (57.6%)	15:38	3.8 (41.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
292	<b>KAIM Kinga</b>	<b>3748</b>	OŚMIORNICZKI98	Open Kobiet	27	11:00	01:57:14	<b>01:57:28.25</b>	<b>01:57:28.25</b>	+01:07:45 (57.7%)	15:39	3.8 (41.8%)
293	<b>KORYTOWSKI Dariusz</b>	<b>3276</b>		Open Mężczyzn	182	09:15	01:57:18	<b>01:57:35.25</b>	<b>01:57:35.25</b>	+01:07:52 (57.7%)	15:40	3.8 (41.8%)
294	<b>KUNA Grzegorz</b>	<b>379</b>		Open Masters Mężczyzn	27	09:15	01:57:22	<b>01:57:35.40</b>	<b>01:57:35.40</b>	+01:07:52 (57.7%)	15:40	3.8 (41.8%)
294	<b>KORYTOWSKA Edyta</b>	<b>3275</b>		Open Kobiet	28	09:15	01:57:23	<b>01:57:35.40</b>	<b>01:57:35.40</b>	+01:07:52 (57.7%)	15:40	3.8 (41.8%)
296	<b>CHRYCZYK Wojciech</b>	<b>3659</b>		Open Mężczyzn	183	10:45	01:57:20	<b>01:57:41.40</b>	<b>01:57:41.40</b>	+01:07:58 (57.8%)	15:41	3.8 (41.8%)
297	<b>PINDERAK Damian</b>	<b>3614</b>	3 FINGERS SQUAD MYSZKÓW	Open Mężczyzn	184	10:45	01:57:36	<b>01:57:48.95</b>	<b>01:57:48.95</b>	+01:08:05 (57.8%)	15:42	3.8 (41.8%)
298	<b>PINDERAK Marcelina</b>	<b>3615</b>	3 FINGERS SQUAD MYSZKÓW	Open Kobiet	29	10:45	01:57:36	<b>01:57:49.15</b>	<b>01:57:49.15</b>	+01:08:06 (57.8%)	15:42	3.8 (41.8%)
299	<b>TARACH Gracjan</b>	<b>3758</b>	ŻELAŻNI BIEGACZE	Open Mężczyzn	185	11:00	01:57:37	<b>01:57:52.30</b>	<b>01:57:52.30</b>	+01:08:09 (57.8%)	15:42	3.8 (41.8%)
300	<b>STANIAK Anna</b>	<b>3190</b>		Open Kobiet	30	09:00	01:57:47	<b>01:57:58.70</b>	<b>01:57:58.70</b>	+01:08:15 (57.9%)	15:43	3.8 (41.8%)
301	<b>LIS Tomasz</b>	<b>3175</b>		Open Mężczyzn	186	09:00	01:57:47	<b>01:57:58.95</b>	<b>01:57:58.95</b>	+01:08:15 (57.9%)	15:43	3.8 (41.8%)
302	<b>CIĘŻADŁO Damian</b>	<b>3154</b>		Open Mężczyzn	187	09:00	01:57:41	<b>01:58:00.20</b>	<b>01:58:00.20</b>	+01:08:17 (57.9%)	15:44	3.8 (41.8%)
303	<b>KOSIBA Marcin</b>	<b>3171</b>		Open Mężczyzn	188	09:00	01:57:45	<b>01:58:01.45</b>	<b>01:58:01.45</b>	+01:08:18 (57.9%)	15:44	3.8 (41.8%)
304	<b>IWULSKA Katarzyna</b>	<b>493</b>		Open Masters Kobiet	7	09:45	01:58:01	<b>01:58:36.30</b>	<b>01:58:36.30</b>	+01:08:53 (58.1%)	15:48	3.8 (41.8%)
305	<b>HAŁOŃ Damian</b>	<b>3629</b>	MDM SPORT	Open Mężczyzn	189	10:45	01:58:02	<b>01:58:36.35</b>	<b>01:58:36.35</b>	+01:08:53 (58.1%)	15:48	3.8 (41.8%)
306	<b>PRZETOCKI Bartłomiej</b>	<b>3306</b>	FITPARK TEAM	Open Mężczyzn	190	09:45	01:58:02	<b>01:58:36.55</b>	<b>01:58:36.55</b>	+01:08:53 (58.1%)	15:48	3.8 (41.8%)
307	<b>SOBOLEWSKI Marek</b>	<b>3702</b>	MDM SPORT	Open Mężczyzn	191	10:45	01:58:21	<b>01:58:37.45</b>	<b>01:58:37.45</b>	+01:08:54 (58.1%)	15:48	3.8 (41.8%)
308	<b>SOBOLEWSKA Magda</b>	<b>3630</b>	MDM SPORT	Open Kobiet	31	10:45	01:58:03	<b>01:58:38.10</b>	<b>01:58:38.10</b>	+01:08:54 (58.1%)	15:49	3.8 (41.8%)
309	<b>NOSZKA Konrad</b>	<b>3789</b>		Open Mężczyzn	192	11:00	01:58:21	<b>01:58:38.75</b>	<b>01:58:38.75</b>	+01:08:55 (58.1%)	15:49	3.8 (41.8%)
310	<b>NOSZKA Dariusz</b>	<b>3788</b>		Open Masters Mężczyzn	28	11:00	01:58:19	<b>01:58:39.00</b>	<b>01:58:39.00</b>	+01:08:55 (58.1%)	15:49	3.8 (41.8%)
311	<b>STERNAL Eliza</b>	<b>3799</b>		Open Kobiet	32	11:00	01:58:45	<b>01:59:01.00</b>	<b>01:59:01.00</b>	+01:09:17 (58.2%)	15:52	3.8 (41.8%)
312	<b>DOMADAJ Robert</b>	<b>3663</b>		Open Mężczyzn	193	10:45	01:59:01	<b>01:59:22.65</b>	<b>01:59:22.65</b>	+01:09:39 (58.4%)	15:54	3.8 (41.8%)
313	<b>ŚWIĄTEK Adrian</b>	<b>3757</b>	ŻELAŻNI BIEGACZE	Open Mężczyzn	194	11:00	01:59:06	<b>01:59:24.55</b>	<b>01:59:24.55</b>	+01:09:41 (58.4%)	15:55	3.8 (41.8%)
314	<b>URBAŃSKA Katarzyna</b>	<b>3053</b>	BEFIT24TEAM	Elite Masters Kobiet	2	08:50	01:59:21	<b>01:59:32.60</b>	<b>01:59:32.60</b>	+01:09:49 (58.4%)	15:56	3.8 (41.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
315	<b>WOLANIN Adrianna</b>	<b>1121</b>	POWER TRAINING	Open Kobiet	33	11:00	01:59:27	<b>01:59:41.90</b>	<b>01:59:41.90</b>	+01:09:58 (58.5%)	15:57	3.8 (41.8%)
316	<b>KRUPA Eryk</b>	<b>3277</b>		Open Mężczyzn	195	09:15	01:59:31	<b>01:59:45.40</b>	<b>01:59:45.40</b>	+01:10:02 (58.5%)	15:58	3.8 (41.8%)
317	<b>ZAŃ Dawid</b>	<b>3740</b>	DAFIT ZDROWIE & FITNESS TARNOGRÓD	Open Mężczyzn	196	11:00	01:59:37	<b>01:59:52.70</b>	<b>01:59:52.70</b>	+01:10:09 (58.5%)	15:58	3.8 (41.8%)
318	<b>CHAMERA Mateusz</b>	<b>3766</b>		Open Mężczyzn	197	11:00	01:59:22	<b>01:59:53.75</b>	<b>01:59:53.75</b>	+01:10:10 (58.5%)	15:59	3.8 (41.8%)
319	<b>HELBIN Natalia</b>	<b>3448</b>	TEAM PIEC	Open Kobiet	34	10:00	01:59:42	<b>01:59:54.30</b>	<b>01:59:54.30</b>	+01:10:11 (58.5%)	15:59	3.8 (41.8%)
320	<b>NIEMIEC Artur</b>	<b>3734</b>	DAFIT ZDROWIE & FITNESS TARNOGRÓD	Open Mężczyzn	198	11:00	01:59:41	<b>01:59:57.60</b>	<b>01:59:57.60</b>	+01:10:14 (58.6%)	15:59	3.8 (41.8%)
<b>Przekroczony limit czasu: 02:00:00</b>												
321	<b>ADAMOWICZ Paweł</b>	<b>3654</b>		Open Mężczyzn	199	10:45	02:00:17	<b>02:00:34.95</b>	<b>02:00:34.95</b>	+01:10:51 (58.8%)	16:04	3.7 (40.7%)
322	<b>DELIJEWSKA Dominika</b>	<b>3662</b>		Open Kobiet	35	10:45	02:00:17	<b>02:00:35.05</b>	<b>02:00:35.05</b>	+01:10:51 (58.8%)	16:04	3.7 (40.7%)
323	<b>BIEROWIEC Kacper</b>	<b>3616</b>	ANGRY SNAILS	Open Mężczyzn	200	10:45	02:00:39	<b>02:00:50.75</b>	<b>02:00:50.75</b>	+01:11:07 (58.9%)	16:06	3.7 (40.7%)
323	<b>MATYKIEWICZ Joanna</b>	<b>3617</b>	ANGRY SNAILS	Open Kobiet	36	10:45	02:00:40	<b>02:00:50.75</b>	<b>02:00:50.75</b>	+01:11:07 (58.9%)	16:06	3.7 (40.7%)
325	<b>M Marek</b>	<b>3572</b>		Open Mężczyzn	201	10:15	02:00:41	<b>02:00:54.90</b>	<b>02:00:54.90</b>	+01:11:11 (58.9%)	16:07	3.7 (40.7%)
326	<b>KOBUS Arkadiusz</b>	<b>3272</b>		Open Masters Mężczyzn	29	09:15	02:00:46	<b>02:01:00.70</b>	<b>02:01:00.70</b>	+01:11:17 (58.9%)	16:08	3.7 (40.7%)
327	<b>ZIEMBLA Agnieszka</b>	<b>3095</b>	DRAGON RUNNERS	Open Kobiet	37	09:00	02:01:30	<b>02:01:42.55</b>	<b>02:01:42.55</b>	+01:11:59 (59.1%)	16:13	3.7 (40.7%)
328	<b>MYKOLAICHYK Volodymyr</b>	<b>3578</b>		Open Mężczyzn	202	10:15	02:01:43	<b>02:01:57.95</b>	<b>02:01:57.95</b>	+01:12:14 (59.2%)	16:15	3.7 (40.7%)
329	<b>MOJECKI Jakub</b>	<b>1877</b>		Open Mężczyzn	203	11:00	02:01:15	<b>02:02:02.75</b>	<b>02:02:02.75</b>	+01:12:19 (59.3%)	16:16	3.7 (40.7%)
330	<b>KAŃCZURZEWSKI Krzysztof</b>	<b>3269</b>		Open Mężczyzn	204	09:15	02:01:56	<b>02:02:11.35</b>	<b>02:02:11.35</b>	+01:12:28 (59.3%)	16:17	3.7 (40.7%)
331	<b>MICHURA Kamil</b>	<b>3340</b>	Z WĄTROBY	Open Mężczyzn	205	09:45	02:01:24	<b>02:02:11.65</b>	<b>02:02:11.65</b>	+01:12:28 (59.3%)	16:17	3.7 (40.7%)
332	<b>SOŁTYSIK Andrzej</b>	<b>3342</b>	Z WĄTROBY	Open Mężczyzn	206	09:45	02:01:18	<b>02:02:12.15</b>	<b>02:02:12.15</b>	+01:12:29 (59.3%)	16:17	3.7 (40.7%)
333	<b>BURCZYK Bartosz</b>	<b>3339</b>	Z WĄTROBY	Open Mężczyzn	207	09:45	02:01:25	<b>02:02:13.65</b>	<b>02:02:13.65</b>	+01:12:30 (59.3%)	16:17	3.7 (40.7%)
334	<b>SIERŻY Magdalena</b>	<b>3698</b>		Open Masters Kobiet	8	10:45	02:02:00	<b>02:02:15.20</b>	<b>02:02:15.20</b>	+01:12:32 (59.3%)	16:18	3.7 (40.7%)
335	<b>STAWARZ Monika</b>	<b>2272</b>		Open Kobiet	38	10:45	02:02:13	<b>02:03:00.00</b>	<b>02:03:00.00</b>	+01:13:16 (59.6%)	16:24	3.7 (40.7%)
336	<b>YHYM Dave</b>	<b>3711</b>		Open Mężczyzn	208	10:45	02:02:13	<b>02:03:01.50</b>	<b>02:03:01.50</b>	+01:13:18 (59.6%)	16:24	3.7 (40.7%)
337	<b>JAROCKA Renata</b>	<b>3777</b>		Open Kobiet	39	11:00	02:02:53	<b>02:03:06.95</b>	<b>02:03:06.95</b>	+01:13:23 (59.6%)	16:24	3.7 (40.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
338	<b>GOŁKO Wojciech</b>	<b>3773</b>		Open Mężczyzn	209	11:00	02:02:54	<b>02:03:07.15</b>	<b>02:03:07.15</b>	+01:13:24 (59.6%)	16:24	3.7 (40.7%)
339	<b>ŚLĘZAK Kacper</b>	<b>3593</b>		Open Mężczyzn	210	10:15	02:02:47	<b>02:03:15.60</b>	<b>02:03:15.60</b>	+01:13:32 (59.7%)	16:26	3.7 (40.7%)
340	<b>KRAUS Bartosz</b>	<b>3567</b>		Open Mężczyzn	211	10:15	02:02:47	<b>02:03:15.70</b>	<b>02:03:15.70</b>	+01:13:32 (59.7%)	16:26	3.7 (40.7%)
341	<b>DĘBSKI Grzegorz</b>	<b>3260</b>		Open Mężczyzn	212	09:15	02:03:04	<b>02:03:22.15</b>	<b>02:03:22.15</b>	+01:13:39 (59.7%)	16:26	3.6 (39.6%)
342	<b>SUCHECKA Małgorzata</b>	<b>3646</b>	WOJOWNICY MANI JACHIMCZUK	Open Masters Kobiet	9	10:45	02:03:09	<b>02:03:22.50</b>	<b>02:03:22.50</b>	+01:13:39 (59.7%)	16:26	3.6 (39.6%)
343	<b>MATYKIEWICZ Krzysztof</b>	<b>3618</b>	ANGRY SNAILS	Open Mężczyzn	213	10:45	02:03:10	<b>02:03:25.05</b>	<b>02:03:25.05</b>	+01:13:41 (59.7%)	16:27	3.6 (39.6%)
344	<b>MATYKIEWICZ Łukasz</b>	<b>3619</b>	ANGRY SNAILS	Open Mężczyzn	214	10:45	02:03:09	<b>02:03:25.50</b>	<b>02:03:25.50</b>	+01:13:42 (59.7%)	16:27	3.6 (39.6%)
345	<b>PAŁKA Dawid</b>	<b>3385</b>		Open Mężczyzn	215	09:45	02:03:11	<b>02:03:30.65</b>	<b>02:03:30.65</b>	+01:13:47 (59.7%)	16:28	3.6 (39.6%)
346	<b>DUBACKI Kamil</b>	<b>3770</b>		Open Mężczyzn	216	11:00	02:03:15	<b>02:03:31.90</b>	<b>02:03:31.90</b>	+01:13:48 (59.8%)	16:28	3.6 (39.6%)
347	<b>MATUSZCZYK Dawid</b>	<b>3638</b>	RUDA	Open Mężczyzn	217	10:45	02:03:23	<b>02:03:36.55</b>	<b>02:03:36.55</b>	+01:13:53 (59.8%)	16:28	3.6 (39.6%)
348	<b>BESSER Arkadiusz</b>	<b>3761</b>		Open Masters Mężczyzn	30	11:00	02:03:37	<b>02:03:53.10</b>	<b>02:03:53.10</b>	+01:14:09 (59.9%)	16:31	3.6 (39.6%)
349	<b>SZTUBA Maja</b>	<b>3297</b>		Open Kobiet	40	09:15	02:03:43	<b>02:03:54.50</b>	<b>02:03:54.50</b>	+01:14:11 (59.9%)	16:31	3.6 (39.6%)
350	<b>CHOLEWA Anna</b>	<b>3257</b>		Open Kobiet	41	09:15	02:03:43	<b>02:03:55.70</b>	<b>02:03:55.70</b>	+01:14:12 (59.9%)	16:31	3.6 (39.6%)
351	<b>PTASZEK Wojciech</b>	<b>3645</b>	WOJOWNICY MANI JACHIMCZUK	Open Mężczyzn	218	10:45	02:03:39	<b>02:04:04.65</b>	<b>02:04:04.65</b>	+01:14:21 (59.9%)	16:32	3.6 (39.6%)
352	<b>NOWAK Mariusz</b>	<b>3485</b>		Open Masters Mężczyzn	31	10:00	02:04:20	<b>02:04:33.85</b>	<b>02:04:33.85</b>	+01:14:50 (60.1%)	16:36	3.6 (39.6%)
353	<b>KUCHTA Paweł</b>	<b>2274</b>		Open Mężczyzn	219	09:15	02:04:29	<b>02:04:43.15</b>	<b>02:04:43.15</b>	+01:15:00 (60.1%)	16:37	3.6 (39.6%)
354	<b>KOŁODZIEJCZYK Jan</b>	<b>2354</b>		Open Masters Mężczyzn	32	09:15	02:04:40	<b>02:05:00.85</b>	<b>02:05:00.85</b>	+01:15:17 (60.2%)	16:40	3.6 (39.6%)
355	<b>CONNOLLY Andrew</b>	<b>1544</b>		Open Mężczyzn	220	09:45	02:04:36	<b>02:05:05.70</b>	<b>02:05:05.70</b>	+01:15:22 (60.3%)	16:40	3.6 (39.6%)
356	<b>RYCHEL Bartosz</b>	<b>3639</b>	RUDA	Open Mężczyzn	221	10:45	02:04:51	<b>02:05:09.00</b>	<b>02:05:09.00</b>	+01:15:25 (60.3%)	16:41	3.6 (39.6%)
356	<b>RYCHEL Monika</b>	<b>3640</b>	RUDA	Open Kobiet	42	10:45	02:04:50	<b>02:05:09.00</b>	<b>02:05:09.00</b>	+01:15:25 (60.3%)	16:41	3.6 (39.6%)
358	<b>MARKOWSKA Nikola</b>	<b>285</b>	WATAHA	Open Kobiet	43	08:50	02:05:19	<b>02:05:30.45</b>	<b>02:05:30.45</b>	+01:15:47 (60.4%)	16:44	3.6 (39.6%)
359	<b>GŁUC Mirosław</b>	<b>3161</b>		Open Masters Mężczyzn	33	09:00	02:05:34	<b>02:05:47.75</b>	<b>02:05:47.75</b>	+01:16:04 (60.5%)	16:46	3.6 (39.6%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
360	URBANOWICZ Jarek	3403		Open Mężczyzn	222	09:45	02:05:44	02:05:58.15	02:05:58.15	+01:16:15 (60.5%)	16:47	3.6 (39.6%)
361	PIĄTKIEWICZ Bartłomiej	3692		Open Mężczyzn	223	10:45	02:05:43	02:06:00.40	02:06:00.40	+01:16:17 (60.5%)	16:48	3.6 (39.6%)
362	ZYCH Karolina	3097		Open Kobiet	44	11:00	02:06:04	02:06:15.95	02:06:15.95	+01:16:32 (60.6%)	16:50	3.6 (39.6%)
363	NAWROT Wojciech	3383		Open Mężczyzn	224	09:45	02:06:03	02:06:16.95	02:06:16.95	+01:16:33 (60.6%)	16:50	3.6 (39.6%)
364	DUBACKI Sławomir	3771		Open Masters Mężczyzn	34	11:00	02:06:14	02:06:31.85	02:06:31.85	+01:16:48 (60.7%)	16:52	3.6 (39.6%)
365	SZYMANOWSKA Agnieszka	3220	DIAGNOSTYKA S.A.	Open Masters Kobiet	10	09:15	02:06:29	02:06:45.85	02:06:45.85	+01:17:02 (60.8%)	16:54	3.6 (39.6%)
365	WOJTASIEWICZ Beata	3221	DIAGNOSTYKA S.A.	Open Masters Kobiet	10	09:15	02:06:27	02:06:45.85	02:06:45.85	+01:17:02 (60.8%)	16:54	3.6 (39.6%)
367	BROŻEK Michał	3219	DIAGNOSTYKA S.A.	Open Masters Mężczyzn	35	09:15	02:06:27	02:06:46.05	02:06:46.05	+01:17:02 (60.8%)	16:54	3.5 (38.5%)
368	MOŁEK Zbigniew	3577		Open Masters Mężczyzn	36	10:15	02:06:42	02:06:59.65	02:06:59.65	+01:17:16 (60.8%)	16:55	3.5 (38.5%)
369	MARKOWSKA Natalia	278		Open Kobiet	45	09:00	02:06:48	02:07:04.55	02:07:04.55	+01:17:21 (60.9%)	16:56	3.5 (38.5%)
370	GRYGIEREK Krzysztof	3364		Open Mężczyzn	225	09:45	02:06:46	02:07:14.15	02:07:14.15	+01:17:31 (60.9%)	16:57	3.5 (38.5%)
371	GAŃCZARCZYK Magdalena	2390		Open Kobiet	46	09:45	02:06:44	02:07:14.35	02:07:14.35	+01:17:31 (60.9%)	16:57	3.5 (38.5%)
372	GRYGIEREK Krystian	1401		Open Masters Mężczyzn	37	09:45	02:06:43	02:07:14.50	02:07:14.50	+01:17:31 (60.9%)	16:57	3.5 (38.5%)
373	KUMOREK Marcin	3679		Open Mężczyzn	226	10:45	02:06:58	02:07:17.85	02:07:17.85	+01:17:34 (60.9%)	16:58	3.5 (38.5%)
374	MIŁOŚ Przemysław	3686		Open Mężczyzn	227	10:45	02:06:58	02:07:18.05	02:07:18.05	+01:17:34 (60.9%)	16:58	3.5 (38.5%)
375	ŚMIGLA Dariusz	3700		Open Mężczyzn	228	10:45	02:06:57	02:07:18.65	02:07:18.65	+01:17:35 (60.9%)	16:58	3.5 (38.5%)
376	MISIEK Radosław	3687		Open Mężczyzn	229	10:45	02:06:59	02:07:18.85	02:07:18.85	+01:17:35 (60.9%)	16:58	3.5 (38.5%)
377	ARTWIK Justyna	3454		Open Masters Kobiet	12	10:00	02:07:04	02:07:19.50	02:07:19.50	+01:17:36 (61.0%)	16:58	3.5 (38.5%)
378	WIEWIÓRA Katarzyna	3062	FITPARK TEAM	Open Kobiet	47	08:50	02:07:11	02:07:23.40	02:07:23.40	+01:17:40 (61.0%)	16:59	3.5 (38.5%)
379	SZOT Szymon	3501		Open Mężczyzn	230	10:00	02:07:05	02:07:25.50	02:07:25.50	+01:17:42 (61.0%)	16:59	3.5 (38.5%)
380	TARASEK Aron	3504		Open Masters Mężczyzn	38	10:00	02:07:06	02:07:26.10	02:07:26.10	+01:17:42 (61.0%)	16:59	3.5 (38.5%)
381	WAWRO Filip	3331	ROSSMANN	Open Mężczyzn	231	09:45	02:07:13	02:07:32.55	02:07:32.55	+01:17:49 (61.0%)	17:00	3.5 (38.5%)
382	KLIMCZAK Krzysztof	3329	ROSSMANN	Open Masters Mężczyzn	39	09:45	02:07:13	02:07:32.70	02:07:32.70	+01:17:49 (61.0%)	17:00	3.5 (38.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
383	<b>FRAK Mateusz</b>	<b>3359</b>		Open Mężczyzn	232	09:45	02:07:09	<b>02:07:37.40</b>	<b>02:07:37.40</b>	+01:17:54 (61.0%)	17:00	3.5 (38.5%)
384	<b>TREMBECKA Joanna</b>	<b>3505</b>		Open Masters Kobiet	13	10:00	02:07:31	<b>02:07:47.80</b>	<b>02:07:47.80</b>	+01:18:04 (61.1%)	17:02	3.5 (38.5%)
384	<b>KUCHYT Konrad</b>	<b>3279</b>		Open Mężczyzn	233	09:15	02:07:24	<b>02:07:47.80</b>	<b>02:07:47.80</b>	+01:18:04 (61.1%)	17:02	3.5 (38.5%)
386	<b>ŚLIWA Kamil</b>	<b>3292</b>		Open Mężczyzn	234	09:15	02:07:30	<b>02:07:49.35</b>	<b>02:07:49.35</b>	+01:18:06 (61.1%)	17:02	3.5 (38.5%)
387	<b>DYDUCH Anna</b>	<b>3643</b>	WOJOWNICY MANI JACHIMCZUK	Open Masters Kobiet	14	10:45	02:07:32	<b>02:07:51.95</b>	<b>02:07:51.95</b>	+01:18:08 (61.1%)	17:02	3.5 (38.5%)
388	<b>TREMBECKI Adam</b>	<b>3506</b>		Open Masters Mężczyzn	40	10:00	02:07:41	<b>02:07:54.55</b>	<b>02:07:54.55</b>	+01:18:11 (61.1%)	17:03	3.5 (38.5%)
389	<b>DZIDEK Rafał</b>	<b>3213</b>	DAJ MI TROCHĘ DOPPELHERZ	Open Masters Mężczyzn	41	09:15	02:07:47	<b>02:08:01.65</b>	<b>02:08:01.65</b>	+01:18:18 (61.2%)	17:04	3.5 (38.5%)
390	<b>DZIDEK Lukasz</b>	<b>3261</b>		Open Mężczyzn	235	09:15	02:07:47	<b>02:08:01.85</b>	<b>02:08:01.85</b>	+01:18:18 (61.2%)	17:04	3.5 (38.5%)
391	<b>DZIDEK Klaudia</b>	<b>3211</b>	DAJ MI TROCHĘ DOPPELHERZ	Open Kobiet	48	09:15	02:07:46	<b>02:08:01.95</b>	<b>02:08:01.95</b>	+01:18:18 (61.2%)	17:04	3.5 (38.5%)
392	<b>CHAMERA Marta</b>	<b>3317</b>	PINGWINY Z NASZEJ MIEŚCINY	Open Masters Kobiet	15	09:45	02:07:23	<b>02:08:06.55</b>	<b>02:08:06.55</b>	+01:18:23 (61.2%)	17:04	3.5 (38.5%)
392	<b>KOWALSKI Roman</b>	<b>3319</b>	PINGWINY Z NASZEJ MIEŚCINY	Open Masters Mężczyzn	42	09:45	02:07:23	<b>02:08:06.55</b>	<b>02:08:06.55</b>	+01:18:23 (61.2%)	17:04	3.5 (38.5%)
394	<b>JAWORSKI Wojciech</b>	<b>3318</b>	PINGWINY Z NASZEJ MIEŚCINY	Open Masters Mężczyzn	43	09:45	02:07:26	<b>02:08:06.75</b>	<b>02:08:06.75</b>	+01:18:23 (61.2%)	17:04	3.5 (38.5%)
395	<b>WYDERSKA Małgorzata</b>	<b>3320</b>	PINGWINY Z NASZEJ MIEŚCINY	Open Masters Kobiet	16	09:45	02:07:24	<b>02:08:07.25</b>	<b>02:08:07.25</b>	+01:18:24 (61.2%)	17:04	3.5 (38.5%)
396	<b>SPADŁO Kamil</b>	<b>59</b>	PINGWINY Z NASZEJ MIEŚCINY	Open Masters Mężczyzn	44	09:45	02:07:22	<b>02:08:07.85</b>	<b>02:08:07.85</b>	+01:18:24 (61.2%)	17:04	3.5 (38.5%)
397	<b>LENCZAR Marika</b>	<b>3238</b>	GARBATE RUMUNY	Open Kobiet	49	09:15	02:08:05	<b>02:08:18.40</b>	<b>02:08:18.40</b>	+01:18:35 (61.2%)	17:06	3.5 (38.5%)
398	<b>ŁOBOZ Bartłomiej</b>	<b>3644</b>	WOJOWNICY MANI JACHIMCZUK	Open Mężczyzn	236	10:45	02:08:07	<b>02:08:19.70</b>	<b>02:08:19.70</b>	+01:18:36 (61.3%)	17:06	3.5 (38.5%)
399	<b>LENCZAR Mateusz</b>	<b>3239</b>	GARBATE RUMUNY	Open Mężczyzn	237	09:15	02:08:07	<b>02:08:20.85</b>	<b>02:08:20.85</b>	+01:18:37 (61.3%)	17:06	3.5 (38.5%)
400	<b>TROJAN Anna</b>	<b>3052</b>	BEFIT24TEAM	Open Masters Kobiet	17	08:50	02:08:09	<b>02:08:28.40</b>	<b>02:08:28.40</b>	+01:18:45 (61.3%)	17:07	3.5 (38.5%)
401	<b>GRUSZCZYK Wojciech</b>	<b>3554</b>		Open Mężczyzn	238	10:15	02:08:37	<b>02:08:52.60</b>	<b>02:08:52.60</b>	+01:19:09 (61.4%)	17:10	3.5 (38.5%)
402	<b>Michał</b>	<b>3651</b>		Open Mężczyzn	239	10:45	02:08:56	<b>02:09:11.15</b>	<b>02:09:11.15</b>	+01:19:28 (61.5%)	17:13	3.5 (38.5%)
403	<b>RUSJAN Tomasz</b>	<b>3695</b>		Open Mężczyzn	240	10:45	02:08:53	<b>02:09:11.30</b>	<b>02:09:11.30</b>	+01:19:28 (61.5%)	17:13	3.5 (38.5%)
404	<b>NOWICKA Angelika</b>	<b>3486</b>		Open Kobiet	50	10:00	02:08:59	<b>02:09:14.95</b>	<b>02:09:14.95</b>	+01:19:31 (61.5%)	17:13	3.5 (38.5%)
405	<b>SZUMOWSKI Piotr</b>	<b>3503</b>		Open Mężczyzn	241	10:00	02:08:58	<b>02:09:15.10</b>	<b>02:09:15.10</b>	+01:19:31 (61.5%)	17:14	3.5 (38.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
406	<b>DZIUBIŃSKI Jakub</b>	<b>3358</b>		Open Mężczyzn	242	09:45	02:09:16	<b>02:09:29.40</b>	<b>02:09:29.40</b>	+01:19:46 (61.6%)	17:15	3.5 (38.5%)
407	<b>BERGHAUZEN Martyna</b>	<b>3144</b>		Open Kobiet	51	09:00	02:09:32	<b>02:09:45.90</b>	<b>02:09:45.90</b>	+01:20:02 (61.7%)	17:18	3.5 (38.5%)
408	<b>W Agata</b>	<b>3196</b>		Open Kobiet	52	09:00	02:09:33	<b>02:09:46.25</b>	<b>02:09:46.25</b>	+01:20:03 (61.7%)	17:18	3.5 (38.5%)
409	<b>KANCEL Daniel</b>	<b>3126</b>	OKIEM WILKA	Open Mężczyzn	243	09:00	02:09:34	<b>02:09:46.75</b>	<b>02:09:46.75</b>	+01:20:03 (61.7%)	17:18	3.5 (38.5%)
410	<b>LEWINSKI Kamil</b>	<b>3649</b>	ZESPÓŁ NIESPOKOJNYCH NÓG	Open Mężczyzn	244	10:45	02:09:34	<b>02:09:52.05</b>	<b>02:09:52.05</b>	+01:20:08 (61.7%)	17:18	3.5 (38.5%)
411	<b>TRABKA Michał</b>	<b>3402</b>		Open Mężczyzn	245	09:45	02:09:23	<b>02:09:53.45</b>	<b>02:09:53.45</b>	+01:20:10 (61.7%)	17:19	3.5 (38.5%)
412	<b>KOWALSKI Dariusz</b>	<b>3321</b>	POLPLAST BIEGA	Open Masters Mężczyzn	45	09:45	02:09:23	<b>02:09:55.35</b>	<b>02:09:55.35</b>	+01:20:12 (61.7%)	17:19	3.5 (38.5%)
413	<b>DZIDEK Michał</b>	<b>3212</b>	DAJ MI TROCHĘ DOPPELHERZ	Open Mężczyzn	246	09:15	02:09:56	<b>02:10:08.15</b>	<b>02:10:08.15</b>	+01:20:25 (61.8%)	17:21	3.5 (38.5%)
414	<b>LENGOWSKA Natalia</b>	<b>3216</b>	DAJ MI TROCHĘ DOPPELHERZ	Open Kobiet	53	09:15	02:09:56	<b>02:10:08.35</b>	<b>02:10:08.35</b>	+01:20:25 (61.8%)	17:21	3.5 (38.5%)
415	<b>SKORUPKA Adam</b>	<b>3797</b>		Open Mężczyzn	247	11:00	02:10:00	<b>02:10:10.45</b>	<b>02:10:10.45</b>	+01:20:27 (61.8%)	17:21	3.5 (38.5%)
416	<b>WIŚNIEWSKI Arkadiusz</b>	<b>3754</b>	WARRIORS ŁÓDŹ	Open Mężczyzn	248	11:00	02:09:45	<b>02:10:13.75</b>	<b>02:10:13.75</b>	+01:20:30 (61.8%)	17:21	3.5 (38.5%)
417	<b>MOSTOWSKI Radosław</b>	<b>3753</b>	WARRIORS ŁÓDŹ	Open Masters Mężczyzn	46	11:00		<b>02:10:14.00</b>	<b>02:10:14.00</b>	+01:20:30 (61.8%)	17:21	3.5 (38.5%)
418	<b>GUCWA Klaudia</b>	<b>3163</b>		Open Kobiet	54	09:00	02:10:14	<b>02:10:29.55</b>	<b>02:10:29.55</b>	+01:20:46 (61.9%)	17:23	3.4 (37.4%)
419	<b>CIĘŻADŁO Adrian</b>	<b>3153</b>		Open Mężczyzn	249	09:00	02:10:15	<b>02:10:29.85</b>	<b>02:10:29.85</b>	+01:20:46 (61.9%)	17:23	3.4 (37.4%)
420	<b>SAWIAK Renata</b>	<b>3291</b>		Open Kobiet	55	09:15	02:10:18	<b>02:10:32.30</b>	<b>02:10:32.30</b>	+01:20:49 (61.9%)	17:24	3.4 (37.4%)
421	<b>SAWIAK Janusz</b>	<b>3290</b>		Open Mężczyzn	250	09:15	02:10:19	<b>02:10:33.70</b>	<b>02:10:33.70</b>	+01:20:50 (61.9%)	17:24	3.4 (37.4%)
422	<b>Błazejek</b>	<b>3344</b>		Open Mężczyzn	251	09:45	02:10:45	<b>02:11:03.95</b>	<b>02:11:03.95</b>	+01:21:20 (62.1%)	17:28	3.4 (37.4%)
423	<b>MACIUGA Dariusz</b>	<b>3179</b>		Open Mężczyzn	252	09:00	02:10:53	<b>02:11:08.15</b>	<b>02:11:08.15</b>	+01:21:25 (62.1%)	17:29	3.4 (37.4%)
424	<b>BRĄCZYK Kacper</b>	<b>3347</b>		Open Mężczyzn	253	09:45	02:11:01	<b>02:11:17.50</b>	<b>02:11:17.50</b>	+01:21:34 (62.1%)	17:30	3.4 (37.4%)
425	<b>CHRZANOWSKA Sylwia</b>	<b>3767</b>		Open Kobiet	56	11:00	02:11:23	<b>02:11:36.00</b>	<b>02:11:36.00</b>	+01:21:52 (62.2%)	17:32	3.4 (37.4%)
426	<b>HUDZIAK Sabina</b>	<b>3057</b>	FITPARK TEAM	Open Kobiet	57	08:50	02:11:29	<b>02:11:43.50</b>	<b>02:11:43.50</b>	+01:22:00 (62.3%)	17:33	3.4 (37.4%)
427	<b>FERENS Piotr</b>	<b>3665</b>		Open Mężczyzn	254	10:45	02:11:30	<b>02:11:50.15</b>	<b>02:11:50.15</b>	+01:22:07 (62.3%)	17:34	3.4 (37.4%)
428	<b>ŻEGLEŃ Kamil</b>	<b>3610</b>		Open Mężczyzn	255	10:15	02:11:54	<b>02:12:09.80</b>	<b>02:12:09.80</b>	+01:22:26 (62.4%)	17:37	3.4 (37.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
429	<b>ŻEGLEŃ Jarosław</b>	<b>3609</b>		Open Masters Mężczyzn	47	10:15	02:12:00	<b>02:12:09.85</b>	<b>02:12:09.85</b>	+01:22:26 (62.4%)	17:37	3.4 (37.4%)
430	<b>SIDOR Krzysiek</b>	<b>3589</b>		Open Masters Mężczyzn	48	10:15	02:11:54	<b>02:12:12.25</b>	<b>02:12:12.25</b>	+01:22:29 (62.4%)	17:37	3.4 (37.4%)
431	<b>KRZYSZCZUK Jan</b>	<b>263</b>		Open Mężczyzn	256	10:15	02:12:16	<b>02:12:28.35</b>	<b>02:12:28.35</b>	+01:22:45 (62.5%)	17:39	3.4 (37.4%)
432	<b>BORZĘCKI Daniel</b>	<b>3763</b>		Open Mężczyzn	257	11:00	02:12:07	<b>02:12:34.25</b>	<b>02:12:34.25</b>	+01:22:51 (62.5%)	17:40	3.4 (37.4%)
433	<b>GŁOGOWSKI Kamil</b>	<b>3361</b>		Open Mężczyzn	258	09:45	02:12:35	<b>02:12:49.80</b>	<b>02:12:49.80</b>	+01:23:06 (62.6%)	17:42	3.4 (37.4%)
434	<b>POCZTOWSKI Paweł</b>	<b>3389</b>		Open Mężczyzn	259	09:45	02:12:44	<b>02:12:55.70</b>	<b>02:12:55.70</b>	+01:23:12 (62.6%)	17:43	3.4 (37.4%)
435	<b>SOCHA Oskar</b>	<b>3520</b>	EL TRIO	Open Mężczyzn	260	10:15	02:12:54	<b>02:13:16.95</b>	<b>02:13:16.95</b>	+01:23:33 (62.7%)	17:46	3.4 (37.4%)
436	<b>SOCHA Bruno</b>	<b>3519</b>	EL TRIO	Open Mężczyzn	261	10:15	02:12:54	<b>02:13:17.75</b>	<b>02:13:17.75</b>	+01:23:34 (62.7%)	17:46	3.4 (37.4%)
437	<b>STAJNDER Adrian</b>	<b>3312</b>	HYRCKI	Open Mężczyzn	262	09:45	02:13:12	<b>02:13:20.50</b>	<b>02:13:20.50</b>	+01:23:37 (62.7%)	17:46	3.4 (37.4%)
438	<b>SMOLEŃ Przemysław</b>	<b>3311</b>	HYRCKI	Open Mężczyzn	263	09:45	02:13:19	<b>02:13:29.90</b>	<b>02:13:29.90</b>	+01:23:46 (62.8%)	17:47	3.4 (37.4%)
439	<b>WIERTIAK Krystian</b>	<b>3198</b>		Open Mężczyzn	264	09:00	02:03:13	<b>02:03:27.70</b>	<b>02:14:01.45</b>	+01:24:18 (62.9%)	16:27	3.6 (39.6%)
440	<b>OBSTAWSKI Daniel</b>	<b>3384</b>		Open Mężczyzn	265	09:45	02:13:44	<b>02:14:02.60</b>	<b>02:14:02.60</b>	+01:24:19 (62.9%)	17:52	3.4 (37.4%)
441	<b>LISZATYŃSKI Emil</b>	<b>3176</b>		Open Mężczyzn	266	09:00	02:13:55	<b>02:14:04.05</b>	<b>02:14:04.05</b>	+01:24:20 (62.9%)	17:52	3.4 (37.4%)
442	<b>BRAŃCZYK Justyna</b>	<b>3346</b>		Open Kobiet	58	09:45	02:14:05	<b>02:14:20.15</b>	<b>02:14:20.15</b>	+01:24:37 (63.0%)	17:54	3.3 (36.3%)
443	<b>GOLONKA Adrian</b>	<b>3363</b>		Open Mężczyzn	267	09:45	02:14:07	<b>02:14:22.15</b>	<b>02:14:22.15</b>	+01:24:39 (63.0%)	17:54	3.3 (36.3%)
444	<b>POCHOPIEN Tomasz</b>	<b>2114</b>	CZUBY4X4	Open Masters Mężczyzn	49	10:00	02:14:24	<b>02:14:38.85</b>	<b>02:14:38.85</b>	+01:24:55 (63.1%)	17:57	3.3 (36.3%)
445	<b>WIDZISZ Kacper</b>	<b>1330</b>		Open Mężczyzn	268	11:00	02:14:31	<b>02:14:46.15</b>	<b>02:14:46.15</b>	+01:25:03 (63.1%)	17:58	3.3 (36.3%)
445	<b>KWARCIAK Mateusz</b>	<b>3782</b>		Open Mężczyzn	268	11:00	02:14:32	<b>02:14:46.15</b>	<b>02:14:46.15</b>	+01:25:03 (63.1%)	17:58	3.3 (36.3%)
447	<b>ŻUBROWSKA Justyna</b>	<b>3713</b>		Open Kobiet	59	10:45	02:14:35	<b>02:14:46.90</b>	<b>02:14:46.90</b>	+01:25:03 (63.1%)	17:58	3.3 (36.3%)
448	<b>ISKRA Patrycja</b>	<b>3669</b>		Open Kobiet	60	10:45	02:14:35	<b>02:14:47.00</b>	<b>02:14:47.00</b>	+01:25:03 (63.1%)	17:58	3.3 (36.3%)
449	<b>RYNIO-KUŹDUB Paulina</b>	<b>3696</b>		Open Kobiet	61	10:45	02:14:35	<b>02:14:47.20</b>	<b>02:14:47.20</b>	+01:25:04 (63.1%)	17:58	3.3 (36.3%)
450	<b>ISKRA-KOZAK Wioleta</b>	<b>3670</b>		Open Kobiet	62	10:45	02:14:35	<b>02:14:47.25</b>	<b>02:14:47.25</b>	+01:25:04 (63.1%)	17:58	3.3 (36.3%)
451	<b>KLONOWSKI Wojciech</b>	<b>1308</b>		Open Mężczyzn	270	10:00	02:14:42	<b>02:14:54.95</b>	<b>02:14:54.95</b>	+01:25:11 (63.1%)	17:59	3.3 (36.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto	brutto			
452	<b>SKWIRUT Aleksandra</b>	<b>1504</b>		Open Kobiet	63	10:00	02:14:41	<b>02:14:55.15</b>	<b>02:14:55.15</b>	+01:25:12 (63.1%)	17:59	3.3 (36.3%)
453	<b>GORĄCZKO Aleksandra</b>	<b>3532</b>	WORMS TEAM	Open Kobiet	64	10:15	02:14:42	<b>02:14:56.00</b>	<b>02:14:56.00</b>	+01:25:12 (63.2%)	17:59	3.3 (36.3%)
454	<b>CICHOŃ Paulina</b>	<b>3531</b>	WORMS TEAM	Open Kobiet	65	10:15	02:14:43	<b>02:14:56.15</b>	<b>02:14:56.15</b>	+01:25:13 (63.2%)	17:59	3.3 (36.3%)
455	<b>JASEK Zózia</b>	<b>3533</b>	WORMS TEAM	Open Kobiet	66	10:15	02:14:43	<b>02:14:56.25</b>	<b>02:14:56.25</b>	+01:25:13 (63.2%)	17:59	3.3 (36.3%)
455	<b>SANOWSKA Dominika</b>	<b>3538</b>	WORMS TEAM	Open Kobiet	66	10:15	02:14:42	<b>02:14:56.25</b>	<b>02:14:56.25</b>	+01:25:13 (63.2%)	17:59	3.3 (36.3%)
457	<b>JĘDRYSEK Sławomir</b>	<b>3534</b>	WORMS TEAM	Open Masters Mężczyzn	50	10:15	02:14:43	<b>02:14:56.40</b>	<b>02:14:56.40</b>	+01:25:13 (63.2%)	17:59	3.3 (36.3%)
457	<b>KŁECZEK Marcelina</b>	<b>3535</b>	WORMS TEAM	Open Kobiet	68	10:15	02:14:42	<b>02:14:56.40</b>	<b>02:14:56.40</b>	+01:25:13 (63.2%)	17:59	3.3 (36.3%)
459	<b>T Michał</b>	<b>3539</b>	WORMS TEAM	Open Mężczyzn	271	10:15	02:14:43	<b>02:14:56.75</b>	<b>02:14:56.75</b>	+01:25:13 (63.2%)	17:59	3.3 (36.3%)
460	<b>CHĘĆ Michalina</b>	<b>3151</b>		Open Kobiet	69	09:00	02:14:42	<b>02:15:00.25</b>	<b>02:15:00.25</b>	+01:25:17 (63.2%)	18:00	3.3 (36.3%)
461	<b>KŁÓSEK Tomasz</b>	<b>3473</b>		Open Masters Mężczyzn	51	10:00	02:14:38	<b>02:15:02.60</b>	<b>02:15:02.60</b>	+01:25:19 (63.2%)	18:00	3.3 (36.3%)
462	<b>SZYMANIAK Szymon</b>	<b>3114</b>	HEROS'MANIACY	Open Mężczyzn	272	09:00	02:15:08	<b>02:15:22.95</b>	<b>02:15:22.95</b>	+01:25:39 (63.3%)	18:02	3.3 (36.3%)
463	<b>STACHOWIAK Anna</b>	<b>3113</b>	HEROS'MANIACY	Open Kobiet	70	09:00	02:15:06	<b>02:15:23.10</b>	<b>02:15:23.10</b>	+01:25:39 (63.3%)	18:03	3.3 (36.3%)
463	<b>GNAŚ-SZYMANIAK Magdalena</b>	<b>3110</b>	HEROMANIACY	Open Kobiet	70	09:00	02:15:09	<b>02:15:23.10</b>	<b>02:15:23.10</b>	+01:25:39 (63.3%)	18:03	3.3 (36.3%)
463	<b>BOCHENCZAK Mateusz</b>	<b>3112</b>	HEROS'MANIACY	Open Mężczyzn	273	09:00	02:15:09	<b>02:15:23.10</b>	<b>02:15:23.10</b>	+01:25:39 (63.3%)	18:03	3.3 (36.3%)
466	<b>KOWALSKI-GWARDYS Błażej</b>	<b>3111</b>	HEROMANIACY	Open Mężczyzn	274	09:00	02:15:08	<b>02:15:23.15</b>	<b>02:15:23.15</b>	+01:25:40 (63.3%)	18:03	3.3 (36.3%)
467	<b>BIEGAŃSKA Joanna</b>	<b>3456</b>		Open Kobiet	72	10:00	02:15:09	<b>02:15:25.35</b>	<b>02:15:25.35</b>	+01:25:42 (63.3%)	18:03	3.3 (36.3%)
468	<b>POLAK Kamil</b>	<b>3582</b>		Open Mężczyzn	275	10:15	02:15:11	<b>02:15:31.00</b>	<b>02:15:31.00</b>	+01:25:47 (63.3%)	18:04	3.3 (36.3%)
468	<b>WORWA Jan</b>	<b>3608</b>		Open Mężczyzn	275	10:15	02:15:16	<b>02:15:31.00</b>	<b>02:15:31.00</b>	+01:25:47 (63.3%)	18:04	3.3 (36.3%)
470	<b>KADZIOLKA Tomasz</b>	<b>1718</b>	CZUBY4X4	Open Mężczyzn	277	10:00	02:15:16	<b>02:15:32.55</b>	<b>02:15:32.55</b>	+01:25:49 (63.3%)	18:04	3.3 (36.3%)
471	<b>111 Krzysiek</b>	<b>1417</b>	CZUBY4X4	Open Mężczyzn	278	10:00	02:15:18	<b>02:15:33.45</b>	<b>02:15:33.45</b>	+01:25:50 (63.3%)	18:04	3.3 (36.3%)
472	<b>WALECZEK Jakub</b>	<b>3438</b>	MG SPORT	Open Masters Mężczyzn	52	10:00	02:15:27	<b>02:15:40.85</b>	<b>02:15:40.85</b>	+01:25:57 (63.4%)	18:05	3.3 (36.3%)
473	<b>RÓŻYCKI Łukasz</b>	<b>3584</b>		Open Mężczyzn	279	10:15	02:15:42	<b>02:15:53.60</b>	<b>02:15:53.60</b>	+01:26:10 (63.4%)	18:07	3.3 (36.3%)
474	<b>WODA Mateusz</b>	<b>3606</b>		Open Mężczyzn	280	10:15	02:15:41	<b>02:15:53.80</b>	<b>02:15:53.80</b>	+01:26:10 (63.4%)	18:07	3.3 (36.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
475	<b>CZYŻ Dominika</b>	<b>3354</b>		Open Kobiet	73	09:45	02:15:44	<b>02:15:56.95</b>	<b>02:15:56.95</b>	+01:26:13 (63.4%)	18:07	3.3 (36.3%)
476	<b>KOCON Katarzyna</b>	<b>1311</b>		Open Kobiet	74	11:00	02:15:37	<b>02:15:59.40</b>	<b>02:15:59.40</b>	+01:26:16 (63.4%)	18:07	3.3 (36.3%)
477	<b>PIRAS Jakub</b>	<b>3135</b>	UCIEKAMY PRZED MARYSIĄ	Open Mężczyzn	281	09:00	02:16:04	<b>02:16:13.25</b>	<b>02:16:13.25</b>	+01:26:30 (63.5%)	18:09	3.3 (36.3%)
478	<b>WRÓBLEWSKA Justyna</b>	<b>3132</b>	TEAM ZWIERZYNIC	Open Kobiet	75	09:00	02:15:50	<b>02:16:14.65</b>	<b>02:16:14.65</b>	+01:26:31 (63.5%)	18:09	3.3 (36.3%)
479	<b>ZABOROWSKA Weronika</b>	<b>3134</b>	TEAM ZWIERZYNIC	Open Kobiet	76	09:00	02:15:48	<b>02:16:15.50</b>	<b>02:16:15.50</b>	+01:26:32 (63.5%)	18:10	3.3 (36.3%)
480	<b>ZABOROWSKI Damian</b>	<b>273</b>	TEAM ZWIERZYNIC	Open Mężczyzn	282	09:00	02:16:01	<b>02:16:16.60</b>	<b>02:16:16.60</b>	+01:26:33 (63.5%)	18:10	3.3 (36.3%)
481	<b>WRÓBLEWSKI Bartosz</b>	<b>3133</b>	TEAM ZWIERZYNIC	Open Mężczyzn	283	09:00	02:15:56	<b>02:16:16.75</b>	<b>02:16:16.75</b>	+01:26:33 (63.5%)	18:10	3.3 (36.3%)
482	<b>BOGACZ Łukasz</b>	<b>3149</b>		Open Mężczyzn	284	09:00	02:16:02	<b>02:16:17.80</b>	<b>02:16:17.80</b>	+01:26:34 (63.5%)	18:10	3.3 (36.3%)
483	<b>BOGACZ Diana</b>	<b>3148</b>		Open Kobiet	77	09:00	02:16:03	<b>02:16:17.95</b>	<b>02:16:17.95</b>	+01:26:34 (63.5%)	18:10	3.3 (36.3%)
484	<b>LEWANDOWSKI Leszek</b>	<b>3433</b>	LACROIX TEAM	Open Masters Mężczyzn	53	09:00	02:16:10	<b>02:16:27.75</b>	<b>02:16:27.75</b>	+01:26:44 (63.6%)	18:11	3.3 (36.3%)
485	<b>WILCZYŃSKA Dorota</b>	<b>3434</b>	LACROIX TEAM	Open Masters Kobiet	18	09:00	02:16:11	<b>02:16:28.50</b>	<b>02:16:28.50</b>	+01:26:45 (63.6%)	18:11	3.3 (36.3%)
486	<b>DOMAŃSKI Mateusz</b>	<b>3138</b>	WK TEAM	Open Mężczyzn	285	09:00	02:16:14	<b>02:16:28.80</b>	<b>02:16:28.80</b>	+01:26:45 (63.6%)	18:11	3.3 (36.3%)
487	<b>ŚWIĘTEK Anna</b>	<b>3626</b>	EMI I MATI	Open Masters Kobiet	19	10:45	02:16:37	<b>02:16:49.55</b>	<b>02:16:49.55</b>	+01:27:06 (63.7%)	18:14	3.3 (36.3%)
488	<b>ŚWIĘTEK Anna</b>	<b>3625</b>	EMI I MATI	Open Masters Kobiet	20	10:45	02:16:39	<b>02:16:49.65</b>	<b>02:16:49.65</b>	+01:27:06 (63.7%)	18:14	3.3 (36.3%)
489	<b>GRYGIER Michał</b>	<b>3436</b>	MG SPORT	Open Masters Mężczyzn	54	10:00	02:16:36	<b>02:16:58.60</b>	<b>02:16:58.60</b>	+01:27:15 (63.7%)	18:15	3.3 (36.3%)
490	<b>GRYGIER Maciej</b>	<b>3435</b>	MG SPORT	Open Masters Mężczyzn	55	10:00	02:16:36	<b>02:17:04.10</b>	<b>02:17:04.10</b>	+01:27:20 (63.7%)	18:16	3.3 (36.3%)
491	<b>GRYGIER Paweł</b>	<b>3437</b>	MG SPORT	Open Mężczyzn	286	10:00	02:16:36	<b>02:17:04.25</b>	<b>02:17:04.25</b>	+01:27:21 (63.7%)	18:16	3.3 (36.3%)
492	<b>BRZEZIŃSKA Alicja</b>	<b>3348</b>		Open Kobiet	78	09:45	02:16:52	<b>02:17:04.40</b>	<b>02:17:04.40</b>	+01:27:21 (63.7%)	18:16	3.3 (36.3%)
493	<b>BRZEZIŃSKI Adam</b>	<b>3349</b>		Open Mężczyzn	287	09:45	02:15:57	<b>02:17:06.35</b>	<b>02:17:06.35</b>	+01:27:23 (63.7%)	18:16	3.3 (36.3%)
494	<b>DĘBOWSKA Małgorzata</b>	<b>3156</b>		Open Kobiet	79	09:00	02:16:55	<b>02:17:08.00</b>	<b>02:17:08.00</b>	+01:27:24 (63.7%)	18:17	3.3 (36.3%)
495	<b>BARAN Mateusz</b>	<b>3141</b>		Open Mężczyzn	288	09:00	02:16:54	<b>02:17:08.25</b>	<b>02:17:08.25</b>	+01:27:25 (63.7%)	18:17	3.3 (36.3%)
496	<b>TWARDAK Patryk</b>	<b>3194</b>		Open Mężczyzn	289	09:00	02:16:55	<b>02:17:08.35</b>	<b>02:17:08.35</b>	+01:27:25 (63.7%)	18:17	3.3 (36.3%)
497	<b>MARKOWICZ Ewelina</b>	<b>293</b>	CARBON SILESIA SPORT BY VITARADE	Open Kobiet	80	08:50	02:16:55	<b>02:17:11.95</b>	<b>02:17:11.95</b>	+01:27:28 (63.8%)	18:17	3.3 (36.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
498	KUMOROWICZ Beniamin	3569		Open Mężczyzn	290	10:15	02:17:10	02:17:20.85	02:17:20.85	+01:27:37 (63.8%)	18:18	3.3 (36.3%)
499	ŚCISŁOWICZ Kamil	3587		Open Mężczyzn	291	10:15	02:17:11	02:17:23.55	02:17:23.55	+01:27:40 (63.8%)	18:19	3.3 (36.3%)
500	SZLACHETKA Wiktor	3422	ATH CREW	Open Mężczyzn	292	10:00	02:17:22	02:17:36.85	02:17:36.85	+01:27:53 (63.9%)	18:20	3.3 (36.3%)
501	ŚWIĘCH Dawid	3421	ATH CREW	Open Mężczyzn	293	10:00	02:17:22	02:17:37.00	02:17:37.00	+01:27:53 (63.9%)	18:20	3.3 (36.3%)
502	PABIAN Michał	3243	KRAJNO- FIGHT CLUB	Open Mężczyzn	294	09:15	01:38:07	01:38:44.15	02:18:02.05	+01:28:18 (64.0%)	13:09	4.6 (50.5%)
503	SOBCZAK Aleksander	3518	COCO JAMBO ALBATROZ	Open Mężczyzn	295	10:15	02:18:01	02:18:10.60	02:18:10.60	+01:28:27 (64.0%)	18:25	3.3 (36.3%)
504	RATAJEWSKA Karolina	3391		Open Kobiet	81	09:45	02:17:54	02:18:10.70	02:18:10.70	+01:28:27 (64.0%)	18:25	3.3 (36.3%)
505	MITEK Andrzej	3379		Open Masters Mężczyzn	56	09:45	02:17:55	02:18:10.75	02:18:10.75	+01:28:27 (64.0%)	18:25	3.3 (36.3%)
506	MITEK Hanna	3381		Open Kobiet	82	09:45	02:17:54	02:18:11.05	02:18:11.05	+01:28:27 (64.0%)	18:25	3.3 (36.3%)
507	MITEK Dorota	3380		Open Masters Kobiet	21	09:45	02:17:55	02:18:11.15	02:18:11.15	+01:28:28 (64.0%)	18:25	3.3 (36.3%)
508	GRZYBEK Mikołaj	3555		Open Mężczyzn	296	10:15	02:17:59	02:18:11.80	02:18:11.80	+01:28:28 (64.0%)	18:25	3.3 (36.3%)
509	KOZIŃSKI Eugeniusz	3042		Open Masters Mężczyzn	57	08:30	02:18:19	02:18:36.70	02:18:36.70	+01:28:53 (64.1%)	18:28	3.2 (35.2%)
510	CHRZANOWSKI Paweł	3768		Open Mężczyzn	297	11:00	02:18:15	02:18:39.95	02:18:39.95	+01:28:56 (64.1%)	18:29	3.2 (35.2%)
511	RAFALSKA Julia	3726	BSC TRZEBNICA	Open Kobiet	83	11:00	02:18:27	02:18:40.95	02:18:40.95	+01:28:57 (64.1%)	18:29	3.2 (35.2%)
512	RUDZIŃSKA Luiza	3727	BSC TRZEBNICA	Open Kobiet	84	11:00	02:17:25	02:18:41.95	02:18:41.95	+01:28:58 (64.2%)	18:29	3.2 (35.2%)
513	RUSZAT Marlena	3794		Open Kobiet	85	11:00	02:17:25	02:18:42.35	02:18:42.35	+01:28:59 (64.2%)	18:29	3.2 (35.2%)
514	SZYMKOWIAK Agnieszka	3729	BSC TRZEBNICA	Open Kobiet	86	11:00	02:18:22	02:18:42.95	02:18:42.95	+01:28:59 (64.2%)	18:29	3.2 (35.2%)
515	SOKOŁOWSKI Jakub	3728	BSC TRZEBNICA	Open Mężczyzn	298	11:00	02:18:25	02:18:44.20	02:18:44.20	+01:29:01 (64.2%)	18:29	3.2 (35.2%)
516	CZYSZCZOŃ Karolina	3258		Open Kobiet	87	09:15	02:18:30	02:18:45.15	02:18:45.15	+01:29:02 (64.2%)	18:30	3.2 (35.2%)
516	LUBERDA Katarzyna	3280		Open Masters Kobiet	22	09:15	02:18:31	02:18:45.15	02:18:45.15	+01:29:02 (64.2%)	18:30	3.2 (35.2%)
518	CZYSZCZON Mateusz	3259		Open Mężczyzn	299	09:15	02:18:31	02:18:46.80	02:18:46.80	+01:29:03 (64.2%)	18:30	3.2 (35.2%)
519	OLA Ola	1746		Open Kobiet	88	10:00	02:18:58	02:19:14.50	02:19:14.50	+01:29:31 (64.3%)	18:33	3.2 (35.2%)
520	HOLISZ Sebastian	3465		Open Mężczyzn	300	10:00	02:19:01	02:19:15.00	02:19:15.00	+01:29:31 (64.3%)	18:34	3.2 (35.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
520	<b>KROGUL Dawid</b>	<b>3676</b>		Open Mężczyzn	300	10:45	02:18:58	<b>02:19:15.00</b>	<b>02:19:15.00</b>	+01:29:31 (64.3%)	18:34	3.2 (35.2%)
522	<b>WYRWA Aleksandra</b>	<b>3710</b>		Open Kobiet	89	10:45	02:18:58	<b>02:19:15.15</b>	<b>02:19:15.15</b>	+01:29:32 (64.3%)	18:34	3.2 (35.2%)
523	<b>ANDERSON Damian</b>	<b>3410</b>	ATH CREW	Open Mężczyzn	302	10:00	02:19:02	<b>02:19:17.55</b>	<b>02:19:17.55</b>	+01:29:34 (64.3%)	18:34	3.2 (35.2%)
524	<b>RYŁKO Joanna</b>	<b>3586</b>		Open Masters Kobiet	23	10:15	02:19:41	<b>02:19:56.80</b>	<b>02:19:56.80</b>	+01:30:13 (64.5%)	18:39	3.2 (35.2%)
525	<b>KŁAPUT Małgorzata</b>	<b>3566</b>		Open Masters Kobiet	24	10:15	02:19:41	<b>02:19:57.75</b>	<b>02:19:57.75</b>	+01:30:14 (64.5%)	18:39	3.2 (35.2%)
526	<b>FETLIŃSKI Grzegorz</b>	<b>3521</b>	HUSARIA RACE TEAM	Open Masters Mężczyzn	58	10:15	02:19:48	<b>02:20:03.45</b>	<b>02:20:03.45</b>	+01:30:20 (64.5%)	18:40	3.2 (35.2%)
527	<b>JAMROZIK Jakub</b>	<b>3418</b>	ATH CREW	Open Mężczyzn	303	10:00	02:20:07	<b>02:20:20.10</b>	<b>02:20:20.10</b>	+01:30:36 (64.6%)	18:42	3.2 (35.2%)
528	<b>MAGIERA Jagoda</b>	<b>3055</b>	EY OCR TEAM	Open Kobiet	90	08:50	02:20:08	<b>02:20:25.00</b>	<b>02:20:25.00</b>	+01:30:41 (64.6%)	18:43	3.2 (35.2%)
529	<b>KRZYCHU Krzychu</b>	<b>3677</b>		Open Mężczyzn	304	10:45	02:20:30	<b>02:20:49.35</b>	<b>02:20:49.35</b>	+01:31:06 (64.7%)	18:46	3.2 (35.2%)
530	<b>SIKORA Jacek</b>	<b>3699</b>		Open Mężczyzn	305	10:45	02:20:30	<b>02:20:50.05</b>	<b>02:20:50.05</b>	+01:31:06 (64.7%)	18:46	3.2 (35.2%)
531	<b>G Marcin</b>	<b>3550</b>		Open Mężczyzn	306	10:15	02:20:26	<b>02:20:52.65</b>	<b>02:20:52.65</b>	+01:31:09 (64.7%)	18:46	3.2 (35.2%)
532	<b>18 Matix</b>	<b>3540</b>		Open Mężczyzn	307	10:15	02:20:40	<b>02:20:53.10</b>	<b>02:20:53.10</b>	+01:31:09 (64.7%)	18:47	3.2 (35.2%)
533	<b>ZADORA Dawid</b>	<b>3509</b>		Open Mężczyzn	308	10:00	02:20:47	<b>02:21:00.60</b>	<b>02:21:00.60</b>	+01:31:17 (64.7%)	18:48	3.2 (35.2%)
534	<b>PACHOŃ Oliwia</b>	<b>3490</b>		Open Kobiet	91	10:00	02:20:47	<b>02:21:00.70</b>	<b>02:21:00.70</b>	+01:31:17 (64.7%)	18:48	3.2 (35.2%)
535	<b>PACHOŃ Kinga</b>	<b>3489</b>		Open Kobiet	92	10:00	02:20:48	<b>02:21:00.90</b>	<b>02:21:00.90</b>	+01:31:17 (64.7%)	18:48	3.2 (35.2%)
536	<b>WRONKA Damian</b>	<b>3304</b>	ATH CREW	Open Mężczyzn	309	09:45	02:20:49	<b>02:21:02.40</b>	<b>02:21:02.40</b>	+01:31:19 (64.7%)	18:48	3.2 (35.2%)
537	<b>ZACHARA Danuta</b>	<b>3067</b>		Open Kobiet	93	08:50	02:20:58	<b>02:21:08.60</b>	<b>02:21:08.60</b>	+01:31:25 (64.8%)	18:49	3.2 (35.2%)
538	<b>RAJDA Konrad</b>	<b>3496</b>		Open Mężczyzn	310	10:00	02:21:01	<b>02:21:14.10</b>	<b>02:21:14.10</b>	+01:31:30 (64.8%)	18:49	3.2 (35.2%)
539	<b>LACH Dominika</b>	<b>3478</b>		Open Kobiet	94	10:00	02:21:00	<b>02:21:14.35</b>	<b>02:21:14.35</b>	+01:31:31 (64.8%)	18:49	3.2 (35.2%)
540	<b>SZEWCZYK Tomasz</b>	<b>3400</b>		Open Mężczyzn	311	09:45	02:21:13	<b>02:21:21.80</b>	<b>02:21:21.80</b>	+01:31:38 (64.8%)	18:50	3.2 (35.2%)
541	<b>SŁADEK Katarzyna</b>	<b>3395</b>		Open Masters Kobiet	25	09:45	02:21:07	<b>02:21:22.60</b>	<b>02:21:22.60</b>	+01:31:39 (64.8%)	18:50	3.2 (35.2%)
542	<b>HALAGARDA Krzysztof</b>	<b>3512</b>	BURGER Z PIEROGAMI	Open Mężczyzn	312	10:15	02:21:23	<b>02:21:39.10</b>	<b>02:21:39.10</b>	+01:31:55 (64.9%)	18:53	3.2 (35.2%)
542	<b>HEATON Evan</b>	<b>3513</b>	BURGER Z PIEROGAMI	Open Mężczyzn	312	10:15	02:21:28	<b>02:21:39.10</b>	<b>02:21:39.10</b>	+01:31:55 (64.9%)	18:53	3.2 (35.2%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
544	<b>KRAWCZYK Oskar</b>	<b>3514</b>	BURGER Z PIEROGAMI	Open Mężczyzn	314	10:15	02:21:22	<b>02:21:39.25</b>	<b>02:21:39.25</b>	+01:31:56 (64.9%)	18:53	3.2 (35.2%)
545	<b>RUSEK Paweł</b>	<b>3515</b>	BURGER Z PIEROGAMI	Open Masters Mężczyzn	59	10:15	02:20:09	<b>02:21:39.40</b>	<b>02:21:39.40</b>	+01:31:56 (64.9%)	18:53	3.2 (35.2%)
545	<b>WCIŚLIŃSKI Adam</b>	<b>3516</b>	BURGER Z PIEROGAMI	Open Masters Mężczyzn	59	10:15	02:20:25	<b>02:21:39.40</b>	<b>02:21:39.40</b>	+01:31:56 (64.9%)	18:53	3.2 (35.2%)
547	<b>ZASADA Małgorzata</b>	<b>3712</b>		Open Masters Kobiet	26	10:45	02:21:30	<b>02:21:44.25</b>	<b>02:21:44.25</b>	+01:32:01 (64.9%)	18:53	3.2 (35.2%)
548	<b>DRAKI Lukasz</b>	<b>3631</b>	OJAJ JISS A	Open Mężczyzn	315	10:45	02:21:29	<b>02:21:45.45</b>	<b>02:21:45.45</b>	+01:32:02 (64.9%)	18:54	3.2 (35.2%)
549	<b>URBANOWICZ Krystian</b>	<b>3298</b>		Open Mężczyzn	316	09:15	02:21:36	<b>02:21:49.85</b>	<b>02:21:49.85</b>	+01:32:06 (64.9%)	18:54	3.2 (35.2%)
550	<b>KOJDER Gabriela</b>	<b>3632</b>	OJAJ JISS A	Open Kobiet	95	10:45	02:21:34	<b>02:21:50.40</b>	<b>02:21:50.40</b>	+01:32:07 (64.9%)	18:54	3.2 (35.2%)
551	<b>MIGDAŁ Paweł</b>	<b>1697</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	317	11:00	02:21:31	<b>02:21:50.45</b>	<b>02:21:50.45</b>	+01:32:07 (64.9%)	18:54	3.2 (35.2%)
552	<b>GAWROŃSKA Katarzyna</b>	<b>3551</b>		Open Kobiet	96	10:15	02:22:05	<b>02:22:20.95</b>	<b>02:22:20.95</b>	+01:32:37 (65.1%)	18:58	3.2 (35.2%)
553	<b>CHALIMONIUK Norbert</b>	<b>3544</b>		Open Mężczyzn	318	10:15	02:22:07	<b>02:22:21.60</b>	<b>02:22:21.60</b>	+01:32:38 (65.1%)	18:58	3.2 (35.2%)
554	<b>FIGAS Jarosław</b>	<b>3026</b>	MAD RUNNERS	Open Masters Mężczyzn	61	08:30	02:22:10	<b>02:22:28.40</b>	<b>02:22:28.40</b>	+01:32:45 (65.1%)	18:59	3.2 (35.2%)
555	<b>SZCZEPANIEC Sylwester</b>	<b>2420</b>	ATH CREW	Open Mężczyzn	319	10:00	02:22:17	<b>02:22:30.85</b>	<b>02:22:30.85</b>	+01:32:47 (65.1%)	19:00	3.2 (35.2%)
556	<b>NOWICKA Dominika</b>	<b>3285</b>		Open Kobiet	97	09:15		<b>02:22:32.90</b>	<b>02:22:32.90</b>	+01:32:49 (65.1%)	19:00	3.2 (35.2%)
557	<b>JONIEC Patrycja</b>	<b>3268</b>		Open Kobiet	98	09:15	02:21:15	<b>02:22:33.25</b>	<b>02:22:33.25</b>	+01:32:50 (65.1%)	19:00	3.2 (35.2%)
558	<b>DĄBROWSKI Michał</b>	<b>3525</b>	OGIEŃ Z DU#Y	Open Masters Mężczyzn	62	10:15	02:22:46	<b>02:23:01.00</b>	<b>02:23:01.00</b>	+01:33:17 (65.2%)	19:04	3.1 (34.1%)
559	<b>CYGAN Łukasz</b>	<b>3524</b>	OGIEŃ Z DU#Y	Open Mężczyzn	320	10:15	02:22:45	<b>02:23:02.15</b>	<b>02:23:02.15</b>	+01:33:19 (65.2%)	19:04	3.1 (34.1%)
560	<b>NOWAK Miłosz</b>	<b>3689</b>		Open Mężczyzn	321	10:45	02:22:51	<b>02:23:09.45</b>	<b>02:23:09.45</b>	+01:33:26 (65.3%)	19:05	3.1 (34.1%)
561	<b>TOKAREK Jakub</b>	<b>3401</b>		Open Mężczyzn	322	09:45	02:22:51	<b>02:23:10.75</b>	<b>02:23:10.75</b>	+01:33:27 (65.3%)	19:05	3.1 (34.1%)
562	<b>NOWAK Daniel</b>	<b>3688</b>		Open Mężczyzn	323	10:45	02:22:52	<b>02:23:11.15</b>	<b>02:23:11.15</b>	+01:33:28 (65.3%)	19:05	3.1 (34.1%)
563	<b>KUŚNIERZ Katarzyna</b>	<b>3370</b>		Open Kobiet	99	09:45	02:22:49	<b>02:23:15.75</b>	<b>02:23:15.75</b>	+01:33:32 (65.3%)	19:06	3.1 (34.1%)
564	<b>ROSA Kinga</b>	<b>3647</b>	ZESPÓŁ NIESPOKOJNYCH NÓG	Open Kobiet	100	10:45	02:23:13	<b>02:23:25.05</b>	<b>02:23:25.05</b>	+01:33:41 (65.3%)	19:07	3.1 (34.1%)
565	<b>GWÓŹDŹ Agata</b>	<b>3648</b>	ZESPÓŁ NIESPOKOJNYCH NÓG	Open Kobiet	101	10:45	02:23:14	<b>02:23:25.25</b>	<b>02:23:25.25</b>	+01:33:42 (65.3%)	19:07	3.1 (34.1%)
566	<b>PODOLSKA Katarzyna</b>	<b>3650</b>	ZESPÓŁ NIESPOKOJNYCH NÓG	Open Kobiet	102	10:45	02:23:14	<b>02:23:25.35</b>	<b>02:23:25.35</b>	+01:33:42 (65.3%)	19:07	3.1 (34.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
567	LISIECKA Aleksandra	3784		Open Kobiet	103	11:00	02:23:15	02:23:32.60	02:23:32.60	+01:33:49 (65.4%)	19:08	3.1 (34.1%)
568	GAWINECKA Aleksandra	3360		Open Kobiet	104	09:45	02:23:16	02:23:35.30	02:23:35.30	+01:33:52 (65.4%)	19:08	3.1 (34.1%)
569	SIERKOWSKA Joanna	3736	DAFIT ZDROWIE & FITNESS TARNOGRÓD	Open Kobiet	105	11:00	02:23:17	02:23:36.15	02:23:36.15	+01:33:53 (65.4%)	19:08	3.1 (34.1%)
570	KOWALSKI Piotr	3675		Open Masters Mężczyzn	63	10:45	02:23:21	02:23:40.95	02:23:40.95	+01:33:57 (65.4%)	19:09	3.1 (34.1%)
571	SKROBACZ Michał	3634	OJAJ JISS A	Open Mężczyzn	324	10:45	02:23:26	02:23:42.80	02:23:42.80	+01:33:59 (65.4%)	19:09	3.1 (34.1%)
572	ZIĘTARA Mariusz	1980		Open Mężczyzn	325	11:00	02:23:07	02:23:43.55	02:23:43.55	+01:34:00 (65.4%)	19:09	3.1 (34.1%)
573	WILK Alicja	3250	ROSSMANN	Open Masters Kobiet	27	09:15	02:23:28	02:23:51.30	02:23:51.30	+01:34:08 (65.4%)	19:10	3.1 (34.1%)
574	VASYLYSHYN Dima	3707		Open Mężczyzn	326	10:45	02:23:37	02:23:52.15	02:23:52.15	+01:34:09 (65.4%)	19:10	3.1 (34.1%)
575	WOLSKI Mateusz	3200		Open Mężczyzn	327	09:00	02:23:39	02:23:58.15	02:23:58.15	+01:34:15 (65.5%)	19:11	3.1 (34.1%)
576	PRZECHERKA Patrycja	3236	FITPARK TEAM	Open Kobiet	106	09:15	02:23:39	02:23:58.30	02:23:58.30	+01:34:15 (65.5%)	19:11	3.1 (34.1%)
577	ZYBOWSKA Sylwia	3251	ROSSMANN	Open Masters Kobiet	28	09:15	02:23:38	02:24:06.55	02:24:06.55	+01:34:23 (65.5%)	19:12	3.1 (34.1%)
578	SURMA Sabina	3600		Open Masters Kobiet	29	10:15	02:23:42	02:24:14.45	02:24:14.45	+01:34:31 (65.5%)	19:13	3.1 (34.1%)
579	18 Lepcu	3653		Open Mężczyzn	328	10:45	02:24:09	02:24:20.15	02:24:20.15	+01:34:37 (65.6%)	19:14	3.1 (34.1%)
580	HŁYWA Karolina	3775		Open Kobiet	107	11:00	02:24:14	02:24:30.00	02:24:30.00	+01:34:46 (65.6%)	19:16	3.1 (34.1%)
581	JEDRSZCZYK Joanna	3742	KAROLA I ASIA	Open Kobiet	108	11:00	02:24:14	02:24:30.95	02:24:30.95	+01:34:47 (65.6%)	19:16	3.1 (34.1%)
582	Andrzej	3744	MARCHEWY ANDRZEJA	Open Mężczyzn	329	11:00	02:24:29	02:24:41.00	02:24:41.00	+01:34:57 (65.6%)	19:17	3.1 (34.1%)
583	MAJEWSKA Agata	3745	MARCHEWY ANDRZEJA	Open Kobiet	109	11:00	02:24:25	02:24:41.05	02:24:41.05	+01:34:57 (65.6%)	19:17	3.1 (34.1%)
584	VOLOSHYN Mariana	3746	MARCHEWY ANDRZEJA	Open Kobiet	110	11:00	02:24:24	02:24:41.15	02:24:41.15	+01:34:58 (65.6%)	19:17	3.1 (34.1%)
585	SURMA Miłosz	3599		Open Masters Mężczyzn	64	10:15	02:24:45	02:25:04.95	02:25:04.95	+01:35:21 (65.7%)	19:20	3.1 (34.1%)
586	BLAK Aneta	3412	ATH CREW	Open Kobiet	111	10:00	02:24:55	02:25:08.10	02:25:08.10	+01:35:24 (65.7%)	19:21	3.1 (34.1%)
587	HUDASZEK Karolina	3417	ATH CREW	Open Kobiet	112	10:00	02:24:55	02:25:08.25	02:25:08.25	+01:35:25 (65.7%)	19:21	3.1 (34.1%)
588	ROGALSKI Jakub	3583		Open Mężczyzn	330	10:15	02:25:07	02:25:14.40	02:25:14.40	+01:35:31 (65.8%)	19:21	3.1 (34.1%)
589	KOCIĘBA Bartosz	3517	COCO JAMBO ALBATROZ	Open Mężczyzn	331	10:15	02:25:07	02:25:14.95	02:25:14.95	+01:35:31 (65.8%)	19:21	3.1 (34.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
590	<b>MIŚKIEWICZ Bartosz</b>	<b>3284</b>		Open Mężczyzn	332	09:15	02:25:03	<b>02:25:16.00</b>	<b>02:25:16.00</b>	+01:35:32 (65.8%)	19:22	3.1 (34.1%)
591	<b>RUBIN OPALUCH Natalia</b>	<b>3060</b>	FITPARK TEAM	Open Kobiet	113	08:50	02:25:39	<b>02:25:49.35</b>	<b>02:25:49.35</b>	+01:36:06 (65.9%)	19:26	3.1 (34.1%)
592	<b>JAMROZIK Julia</b>	<b>3419</b>	ATH CREW	Open Kobiet	114	10:00	02:25:37	<b>02:25:51.30</b>	<b>02:25:51.30</b>	+01:36:08 (65.9%)	19:26	3.1 (34.1%)
593	<b>SAWICKI Adrian</b>	<b>3795</b>		Open Mężczyzn	333	11:00	02:25:45	<b>02:25:58.40</b>	<b>02:25:58.40</b>	+01:36:15 (65.9%)	19:27	3.1 (34.1%)
594	<b>SŁOMKA Łukasz</b>	<b>3798</b>		Open Mężczyzn	334	11:00	02:25:46	<b>02:25:58.70</b>	<b>02:25:58.70</b>	+01:36:15 (65.9%)	19:27	3.1 (34.1%)
595	<b>CZEREPAK Żaklina</b>	<b>3548</b>		Open Kobiet	115	10:15	02:26:09	<b>02:26:21.90</b>	<b>02:26:21.90</b>	+01:36:38 (66.0%)	19:30	3.1 (34.1%)
596	<b>CZEREPAK Grzesiek</b>	<b>3547</b>		Open Mężczyzn	335	10:15	02:26:10	<b>02:26:22.40</b>	<b>02:26:22.40</b>	+01:36:39 (66.0%)	19:30	3.1 (34.1%)
597	<b>SIENKIEWICZ Mateusz</b>	<b>3248</b>	PETARDA ODOLION	Open Mężczyzn	336	09:15	02:26:17	<b>02:26:34.65</b>	<b>02:26:34.65</b>	+01:36:51 (66.1%)	19:32	3.1 (34.1%)
598	<b>WAWRZEŃCZAK Jakub</b>	<b>3249</b>	PETARDA ODOLION	Open Mężczyzn	337	09:15	02:26:21	<b>02:26:38.10</b>	<b>02:26:38.10</b>	+01:36:54 (66.1%)	19:33	3.1 (34.1%)
599	<b>BUDA Patrycja</b>	<b>3413</b>	ATH CREW	Open Kobiet	116	10:00	02:26:50	<b>02:27:03.90</b>	<b>02:27:03.90</b>	+01:37:20 (66.2%)	19:36	3.1 (34.1%)
600	<b>ZAJĄC Patrycja</b>	<b>3063</b>	FITPARK TEAM	Open Kobiet	117	08:50	02:26:40	<b>02:27:04.30</b>	<b>02:27:04.30</b>	+01:37:21 (66.2%)	19:36	3.1 (34.1%)
601	<b>JURCZAK Joanna</b>	<b>3058</b>	FITPARK TEAM	Open Masters Kobiet	30	08:50	02:26:51	<b>02:27:04.50</b>	<b>02:27:04.50</b>	+01:37:21 (66.2%)	19:36	3.1 (34.1%)
602	<b>FUS Patryk</b>	<b>3415</b>	ATH CREW	Open Mężczyzn	338	10:00	02:24:46	<b>02:27:06.75</b>	<b>02:27:06.75</b>	+01:37:23 (66.2%)	19:36	3.1 (34.1%)
603	<b>WITANSKI Klaudiusz</b>	<b>3604</b>		Open Masters Mężczyzn	65	10:15	02:26:53	<b>02:27:11.45</b>	<b>02:27:11.45</b>	+01:37:28 (66.2%)	19:37	3.1 (34.1%)
604	<b>ZROSKI Damian</b>	<b>3612</b>		Open Mężczyzn	339	10:15	02:26:59	<b>02:27:11.65</b>	<b>02:27:11.65</b>	+01:37:28 (66.2%)	19:37	3.1 (34.1%)
605	<b>SZLACHTA-MYRLAK Maria</b>	<b>3064</b>	KONIU SQUAD	Open Masters Kobiet	31	08:50	02:27:03	<b>02:27:17.35</b>	<b>02:27:17.35</b>	+01:37:34 (66.2%)	19:38	3.1 (34.1%)
606	<b>KOBYLAŃSKI Krzysztof</b>	<b>1543</b>		Open Masters Mężczyzn	66	09:45	02:27:20	<b>02:27:37.55</b>	<b>02:27:37.55</b>	+01:37:54 (66.3%)	19:40	3 (33.0%)
607	<b>BRZOZOWSKA Magdalena</b>	<b>3350</b>		Open Kobiet	118	09:45	02:27:26	<b>02:27:40.60</b>	<b>02:27:40.60</b>	+01:37:57 (66.3%)	19:41	3 (33.0%)
608	<b>LEONARCIK Kuba</b>	<b>3373</b>		Open Mężczyzn	340	09:45	02:27:25	<b>02:27:40.65</b>	<b>02:27:40.65</b>	+01:37:57 (66.3%)	19:41	3 (33.0%)
609	<b>GŁOWACKA Anna</b>	<b>2166</b>		Open Kobiet	119	09:15	02:27:13	<b>02:27:41.70</b>	<b>02:27:41.70</b>	+01:37:58 (66.3%)	19:41	3 (33.0%)
610	<b>ŚLEZIAK Julia</b>	<b>3235</b>	EY OCR TEAM	Open Kobiet	120	09:15	02:27:18	<b>02:27:42.15</b>	<b>02:27:42.15</b>	+01:37:59 (66.3%)	19:41	3 (33.0%)
611	<b>KOBYLAŃSKI Tomasz</b>	<b>1547</b>		Open Mężczyzn	341	09:45	02:27:31	<b>02:27:46.35</b>	<b>02:27:46.35</b>	+01:38:03 (66.4%)	19:42	3 (33.0%)
612	<b>KOBYLAŃSKI Rafał</b>	<b>2276</b>		Open Mężczyzn	342	09:45	02:27:31	<b>02:27:53.00</b>	<b>02:27:53.00</b>	+01:38:09 (66.4%)	19:43	3 (33.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
613	<b>SEK Katarzyna</b>	<b>3497</b>		Open Kobiet	121	10:00	02:27:48	<b>02:27:59.25</b>	<b>02:27:59.25</b>	+01:38:16 (66.4%)	19:43	3 (33.0%)
614	<b>JAŁMUŻNA Piotr</b>	<b>3468</b>		Open Mężczyzn	343	10:00	02:27:47	<b>02:27:59.30</b>	<b>02:27:59.30</b>	+01:38:16 (66.4%)	19:43	3 (33.0%)
615	<b>SROKA Jagoda</b>	<b>3498</b>		Open Kobiet	122	10:00	02:27:48	<b>02:27:59.40</b>	<b>02:27:59.40</b>	+01:38:16 (66.4%)	19:43	3 (33.0%)
616	<b>KOTYNIA Damian</b>	<b>3475</b>		Open Mężczyzn	344	10:00	02:27:48	<b>02:27:59.45</b>	<b>02:27:59.45</b>	+01:38:16 (66.4%)	19:43	3 (33.0%)
617	<b>SZMUDZIŃSKA Katarzyna</b>	<b>1686</b>	KNIGHTS OF NIGHTSKATING WARSZAWA	Open Kobiet	123	11:00	02:28:13	<b>02:28:24.85</b>	<b>02:28:24.85</b>	+01:38:41 (66.5%)	19:47	3 (33.0%)
618	<b>WIECZOREK Kamila</b>	<b>3218</b>	DAJ MI TROCHĘ DOPPELHERZ	Open Kobiet	124	09:15	02:28:08	<b>02:28:26.85</b>	<b>02:28:26.85</b>	+01:38:43 (66.5%)	19:47	3 (33.0%)
619	<b>BRONOWSKI Marcin</b>	<b>3543</b>		Open Mężczyzn	345	10:15	02:28:18	<b>02:28:34.90</b>	<b>02:28:34.90</b>	+01:38:51 (66.5%)	19:48	3 (33.0%)
620	<b>GUTT Kornel</b>	<b>3556</b>		Open Mężczyzn	346	10:15	02:28:18	<b>02:28:35.35</b>	<b>02:28:35.35</b>	+01:38:52 (66.5%)	19:48	3 (33.0%)
621	<b>JATCZAK Oskar</b>	<b>3365</b>		Open Mężczyzn	347	09:45	02:28:36	<b>02:28:48.65</b>	<b>02:28:48.65</b>	+01:39:05 (66.6%)	19:50	3 (33.0%)
622	<b>DZIURA Kinga</b>	<b>3464</b>		Open Kobiet	125	10:00	02:28:35	<b>02:28:52.00</b>	<b>02:28:52.00</b>	+01:39:08 (66.6%)	19:50	3 (33.0%)
623	<b>KACHAN Yuliiia</b>	<b>3471</b>		Open Kobiet	126	10:00	02:28:39	<b>02:28:53.75</b>	<b>02:28:53.75</b>	+01:39:10 (66.6%)	19:51	3 (33.0%)
624	<b>PIOTROWSKA Joanna</b>	<b>1321</b>		Open Kobiet	127	10:00	02:28:36	<b>02:28:56.35</b>	<b>02:28:56.35</b>	+01:39:13 (66.6%)	19:51	3 (33.0%)
625	<b>RAKOWSKI Łukasz</b>	<b>264</b>		Open Mężczyzn	348	10:00	02:28:36	<b>02:28:56.50</b>	<b>02:28:56.50</b>	+01:39:13 (66.6%)	19:51	3 (33.0%)
626	<b>JASIŃSKI Mateusz</b>	<b>3470</b>		Open Mężczyzn	349	10:00	02:28:44	<b>02:28:59.15</b>	<b>02:28:59.15</b>	+01:39:16 (66.6%)	19:51	3 (33.0%)
627	<b>LASZCZAK Michał</b>	<b>3680</b>		Open Mężczyzn	350	10:45	02:28:42	<b>02:29:00.05</b>	<b>02:29:00.05</b>	+01:39:16 (66.6%)	19:52	3 (33.0%)
628	<b>LELO Wiktoria</b>	<b>3428</b>	BULDAKI	Open Kobiet	128	10:00	02:28:52	<b>02:29:11.45</b>	<b>02:29:11.45</b>	+01:39:28 (66.7%)	19:53	3 (33.0%)
629	<b>MIRANDA Alicja</b>	<b>3786</b>		Open Kobiet	129	11:00	02:29:07	<b>02:29:28.20</b>	<b>02:29:28.20</b>	+01:39:45 (66.7%)	19:55	3 (33.0%)
630	<b>SHIKHVERDIYEVA Zamina</b>	<b>3796</b>		Open Kobiet	130	11:00	02:29:03	<b>02:29:28.25</b>	<b>02:29:28.25</b>	+01:39:45 (66.7%)	19:55	3 (33.0%)
631	<b>MARSZALIK Mariusz</b>	<b>2289</b>	ATH CREW	Open Mężczyzn	351	10:00	02:29:19	<b>02:29:30.55</b>	<b>02:29:30.55</b>	+01:39:47 (66.7%)	19:56	3 (33.0%)
631	<b>CIAPUTA Olga</b>	<b>3414</b>	ATH CREW	Open Kobiet	131	10:00	02:29:14	<b>02:29:30.55</b>	<b>02:29:30.55</b>	+01:39:47 (66.7%)	19:56	3 (33.0%)
633	<b>Natalia</b>	<b>3409</b>	ATH CREW	Open Kobiet	132	10:00	02:29:19	<b>02:29:31.15</b>	<b>02:29:31.15</b>	+01:39:48 (66.7%)	19:56	3 (33.0%)
634	<b>PIWOWARCZYK Mateusz</b>	<b>3420</b>	ATH CREW	Open Mężczyzn	352	10:00	02:29:19	<b>02:29:31.55</b>	<b>02:29:31.55</b>	+01:39:48 (66.7%)	19:56	3 (33.0%)
635	<b>GACA Gabriela</b>	<b>3416</b>	ATH CREW	Open Kobiet	133	10:00	02:29:14	<b>02:29:31.60</b>	<b>02:29:31.60</b>	+01:39:48 (66.7%)	19:56	3 (33.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
636	JASIŃSKI Grzegorz	3469		Open Mężczyzn	353	10:00	02:29:20	02:29:33.05	02:29:33.05	+01:39:49 (66.8%)	19:56	3 (33.0%)
637	OLEJNIK Konrad	565		Open Mężczyzn	354	08:30	02:29:14	02:29:35.00	02:29:35.00	+01:39:51 (66.8%)	19:56	3 (33.0%)
638	ŁĄCZAK Jakub	3570		Open Mężczyzn	355	10:15	02:29:25	02:29:40.35	02:29:40.35	+01:39:57 (66.8%)	19:57	3 (33.0%)
639	WITKOWSKA Natalia	3605		Open Kobiet	134	10:15	02:29:35	02:29:47.85	02:29:47.85	+01:40:04 (66.8%)	19:58	3 (33.0%)
640	RUDZIŃSKI Bartosz	3585		Open Mężczyzn	356	10:15	02:29:35	02:29:47.95	02:29:47.95	+01:40:04 (66.8%)	19:58	3 (33.0%)
641	P Patryk	3488		Open Mężczyzn	357	10:00	02:29:38	02:29:48.05	02:29:48.05	+01:40:04 (66.8%)	19:58	3 (33.0%)
642	BARANEK Klaudia	3455		Open Kobiet	135	10:00	02:29:39	02:29:51.35	02:29:51.35	+01:40:08 (66.8%)	19:58	3 (33.0%)
643	MOCHEJSKI Krzysztof	3787		Open Masters Mężczyzn	67	11:00	02:30:03	02:30:20.45	02:30:20.45	+01:40:37 (66.9%)	20:02	3 (33.0%)
644	BLACHNICKI Łukasz	3458		Open Mężczyzn	358	10:00	02:30:24	02:30:41.15	02:30:41.15	+01:40:58 (67.0%)	20:05	3 (33.0%)
645	DUDEK Natalia	3462		Open Kobiet	136	10:00	02:30:49	02:30:58.80	02:30:58.80	+01:41:15 (67.1%)	20:07	3 (33.0%)
646	SZUMIELEWICZ Julia	3502		Open Kobiet	137	10:00	02:30:49	02:30:58.90	02:30:58.90	+01:41:15 (67.1%)	20:07	3 (33.0%)
647	BUCZEK Bartek	3461		Open Mężczyzn	359	10:00	02:31:03	02:31:18.80	02:31:18.80	+01:41:35 (67.1%)	20:10	3 (33.0%)
648	BARTNIK Krzysztof	3209	DAJ MI TROCHĘ DOPPELHERZ	Open Mężczyzn	360	09:15	02:31:47	02:32:04.55	02:32:04.55	+01:42:21 (67.3%)	20:16	3 (33.0%)
649	GOCAL Rafał	3263		Open Mężczyzn	361	09:15	02:31:46	02:32:06.80	02:32:06.80	+01:42:23 (67.3%)	20:16	3 (33.0%)
650	SŁADEK Adam	3394		Open Masters Mężczyzn	68	09:45	02:31:46	02:32:12.75	02:32:12.75	+01:42:29 (67.3%)	20:17	3 (33.0%)
651	KUCAŁA Adrian	3369		Open Mężczyzn	362	09:45	02:32:20	02:32:46.65	02:32:46.65	+01:43:03 (67.5%)	20:22	2.9 (31.9%)
652	GRYSIEWICZ Oliwia	3265		Open Kobiet	138	09:15	02:32:40	02:32:54.60	02:32:54.60	+01:43:11 (67.5%)	20:23	2.9 (31.9%)
653	GRYSIEWICZ Marcin	3264		Open Masters Mężczyzn	69	09:15	02:32:40	02:32:55.45	02:32:55.45	+01:43:12 (67.5%)	20:23	2.9 (31.9%)
654	KRUPA Piotrek	3313	KZNTP	Open Mężczyzn	363	09:45	02:32:49	02:33:03.60	02:33:03.60	+01:43:20 (67.5%)	20:24	2.9 (31.9%)
655	URBANEK Magda	287		Open Kobiet	139	09:15	02:33:08	02:33:20.05	02:33:20.05	+01:43:36 (67.6%)	20:26	2.9 (31.9%)
655	SZKOŁUT Ewa	3295		Open Kobiet	139	09:15	02:33:08	02:33:20.05	02:33:20.05	+01:43:36 (67.6%)	20:26	2.9 (31.9%)
657	SKRZECZEK Grzegorz	1506		Open Masters Mężczyzn	70	10:00	02:34:06	02:34:24.35	02:34:24.35	+01:44:41 (67.8%)	20:35	2.9 (31.9%)
658	ZAPALA Aldona	3510		Open Kobiet	141	10:00	02:34:16	02:34:36.95	02:34:36.95	+01:44:53 (67.8%)	20:36	2.9 (31.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
659	<b>HOŁOWACZ-PYT Weronika</b>	<b>3054</b>	CARBON SILESIA SPORT BY VITARADE	Open Kobiet	142	08:50	02:34:28	<b>02:34:42.95</b>	<b>02:34:42.95</b>	+01:44:59 (67.9%)	20:37	2.9 (31.9%)
660	<b>NOWATKOWSKA-JACHNIEWICZ Anna</b>	<b>3579</b>		Open Masters Kobiet	32	10:15	02:34:14	<b>02:34:44.95</b>	<b>02:34:44.95</b>	+01:45:01 (67.9%)	20:37	2.9 (31.9%)
661	<b>MULTIMEDIA Mw</b>	<b>3530</b>	VITARADE TEAM	Open Mężczyzn	364	10:15	02:34:15	<b>02:34:45.95</b>	<b>02:34:45.95</b>	+01:45:02 (67.9%)	20:38	2.9 (31.9%)
662	<b>JACHNIEWICZ Remigiusz</b>	<b>3529</b>	VITARADE TEAM	Open Masters Mężczyzn	71	10:15	02:34:12	<b>02:34:48.95</b>	<b>02:34:48.95</b>	+01:45:05 (67.9%)	20:38	2.9 (31.9%)
663	<b>SUDER Filip</b>	<b>3315</b>	KZNTP	Open Mężczyzn	365	09:45	02:34:57	<b>02:35:08.55</b>	<b>02:35:08.55</b>	+01:45:25 (68.0%)	20:41	2.9 (31.9%)
664	<b>MANIEK Damian</b>	<b>3314</b>	KZNTP	Open Mężczyzn	366	09:45	02:34:56	<b>02:35:13.75</b>	<b>02:35:13.75</b>	+01:45:30 (68.0%)	20:41	2.9 (31.9%)
665	<b>NAWROCIAK Mariusz</b>	<b>3430</b>	HARDCOROWE KOKSY 26	Open Masters Mężczyzn	72	10:00	02:34:46	<b>02:35:25.35</b>	<b>02:35:25.35</b>	+01:45:42 (68.0%)	20:43	2.9 (31.9%)
666	<b>OBAJTEK Bernadetta</b>	<b>3431</b>	HARDCOROWE KOKSY 26	Open Kobiet	143	10:00	02:35:26	<b>02:35:42.45</b>	<b>02:35:42.45</b>	+01:45:59 (68.1%)	20:45	2.9 (31.9%)
667	<b>HUDASZEK Przemysław</b>	<b>3776</b>		Open Mężczyzn	367	11:00	02:35:10	<b>02:35:42.75</b>	<b>02:35:42.75</b>	+01:45:59 (68.1%)	20:45	2.9 (31.9%)
668	<b>Jacek</b>	<b>3759</b>		Open Mężczyzn	368	11:00	02:35:20	<b>02:35:42.90</b>	<b>02:35:42.90</b>	+01:45:59 (68.1%)	20:45	2.9 (31.9%)
668	<b>KOSIOREK Magdalena</b>	<b>3781</b>		Open Kobiet	144	11:00	02:35:19	<b>02:35:42.90</b>	<b>02:35:42.90</b>	+01:45:59 (68.1%)	20:45	2.9 (31.9%)
670	<b>CIBOR Mateusz</b>	<b>3750</b>	TECH STEROWNIKI	Open Mężczyzn	369	11:00	02:35:33	<b>02:35:52.70</b>	<b>02:35:52.70</b>	+01:46:09 (68.1%)	20:46	2.9 (31.9%)
671	<b>SZCZYPKA Błażej</b>	<b>3752</b>	TECH STEROWNIKI	Open Mężczyzn	370	11:00	02:35:37	<b>02:35:52.85</b>	<b>02:35:52.85</b>	+01:46:09 (68.1%)	20:46	2.9 (31.9%)
672	<b>CIBOR Joanna</b>	<b>3749</b>	TECH STEROWNIKI	Open Kobiet	145	11:00	02:35:32	<b>02:35:53.30</b>	<b>02:35:53.30</b>	+01:46:10 (68.1%)	20:47	2.9 (31.9%)
673	<b>CYBULSKI Mateusz</b>	<b>2279</b>		Open Mężczyzn	371	09:45	02:35:39	<b>02:36:07.65</b>	<b>02:36:07.65</b>	+01:46:24 (68.2%)	20:48	2.9 (31.9%)
674	<b>CYBULSKA Magdalena</b>	<b>2228</b>	DZIKI TEAM KWI!	Open Masters Kobiet	33	09:45	02:35:51	<b>02:36:08.75</b>	<b>02:36:08.75</b>	+01:46:25 (68.2%)	20:49	2.9 (31.9%)
675	<b>JĘDRZEJOWSKA Róża</b>	<b>286</b>	FITPARK TEAM	Open Kobiet	146	08:50	02:36:01	<b>02:36:13.60</b>	<b>02:36:13.60</b>	+01:46:30 (68.2%)	20:49	2.9 (31.9%)
676	<b>WYWIĄŁ Damian</b>	<b>3432</b>	HARDCOROWE KOKSY 26	Open Mężczyzn	372	10:00	02:35:53	<b>02:36:13.90</b>	<b>02:36:13.90</b>	+01:46:30 (68.2%)	20:49	2.9 (31.9%)
677	<b>ŁASKI Karol</b>	<b>3407</b>	ACRORUNNERS	Open Mężczyzn	373	10:00	02:36:10	<b>02:36:21.05</b>	<b>02:36:21.05</b>	+01:46:37 (68.2%)	20:50	2.9 (31.9%)
678	<b>MICHAŁEK Milena</b>	<b>3408</b>	ACRORUNNERS	Open Kobiet	147	10:00	02:36:10	<b>02:36:21.60</b>	<b>02:36:21.60</b>	+01:46:38 (68.2%)	20:50	2.9 (31.9%)
679	<b>KRENC Julia</b>	<b>3086</b>	COCO JAMBO ALBATROZ	Open Kobiet	148	10:00	02:36:23	<b>02:36:36.05</b>	<b>02:36:36.05</b>	+01:46:52 (68.3%)	20:52	2.9 (31.9%)
680	<b>KUCHARSKI Maciej</b>	<b>3443</b>	PIERRE D'OLEESH	Open Mężczyzn	374	10:00	02:36:41	<b>02:36:49.00</b>	<b>02:36:49.00</b>	+01:47:05 (68.3%)	20:54	2.9 (31.9%)
681	<b>BIERNACKI Michał</b>	<b>3442</b>	PIERRE D'OLEESH	Open Mężczyzn	375	10:00	02:36:41	<b>02:36:49.15</b>	<b>02:36:49.15</b>	+01:47:06 (68.3%)	20:54	2.9 (31.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
682	<b>RUDY Przemysław</b>	<b>3024</b>	LEMON TEAM	Open Mężczyzn	376	08:30	02:37:32	<b>02:37:45.90</b>	<b>02:37:45.90</b>	+01:48:02 (68.5%)	21:02	2.9 (31.9%)
683	<b>POLCYN Danusia</b>	<b>2285</b>		Open Masters Kobiet	34	09:15	02:37:46	<b>02:38:05.45</b>	<b>02:38:05.45</b>	+01:48:22 (68.6%)	21:04	2.8 (30.8%)
684	<b>IDZIK Julia</b>	<b>3558</b>		Open Kobiet	149	10:15	02:38:14	<b>02:38:29.30</b>	<b>02:38:29.30</b>	+01:48:46 (68.6%)	21:07	2.8 (30.8%)
685	<b>ZEMKA Dawid</b>	<b>3611</b>		Open Mężczyzn	377	10:15	02:38:14	<b>02:38:30.25</b>	<b>02:38:30.25</b>	+01:48:47 (68.6%)	21:08	2.8 (30.8%)
686	<b>ŚWITOŃ Zuzanna</b>	<b>3601</b>		Open Kobiet	150	10:15	02:38:15	<b>02:38:31.10</b>	<b>02:38:31.10</b>	+01:48:47 (68.6%)	21:08	2.8 (30.8%)
687	<b>STAWIARZ Małgorzata</b>	<b>3595</b>		Open Kobiet	151	10:15	02:38:15	<b>02:38:32.35</b>	<b>02:38:32.35</b>	+01:48:49 (68.6%)	21:08	2.8 (30.8%)
688	<b>SZRENIAWA Paweł</b>	<b>3602</b>		Open Mężczyzn	378	10:15	02:38:15	<b>02:38:33.30</b>	<b>02:38:33.30</b>	+01:48:50 (68.6%)	21:08	2.8 (30.8%)
689	<b>POTĘPA Edyta</b>	<b>3445</b>	RESPECT! POWER! BANANA!	Open Kobiet	152	10:00	02:39:27	<b>02:39:43.95</b>	<b>02:39:43.95</b>	+01:50:00 (68.9%)	21:17	2.8 (30.8%)
690	<b>FILIPOWICZ Mateusz</b>	<b>3444</b>	RESPECT! POWER! BANANA!	Open Mężczyzn	379	10:00	02:39:32	<b>02:39:44.05</b>	<b>02:39:44.05</b>	+01:50:00 (68.9%)	21:17	2.8 (30.8%)
691	<b>ŻUREK Wioleta</b>	<b>3447</b>	RESPECT! POWER! BANANA!	Open Kobiet	153	10:00	02:39:30	<b>02:39:44.50</b>	<b>02:39:44.50</b>	+01:50:01 (68.9%)	21:17	2.8 (30.8%)
692	<b>POTĘPA Piotr</b>	<b>3446</b>	RESPECT! POWER! BANANA!	Open Mężczyzn	380	10:00	02:39:31	<b>02:39:44.65</b>	<b>02:39:44.65</b>	+01:50:01 (68.9%)	21:17	2.8 (30.8%)
693	<b>BURDACKI Maciej</b>	<b>3307</b>	HYRCKI	Open Mężczyzn	381	09:45	02:40:06	<b>02:40:18.35</b>	<b>02:40:18.35</b>	+01:50:35 (69.0%)	21:22	2.8 (30.8%)
694	<b>DUBIEL Benedykt</b>	<b>3308</b>	HYRCKI	Open Mężczyzn	382	09:45	02:40:06	<b>02:40:19.55</b>	<b>02:40:19.55</b>	+01:50:36 (69.0%)	21:22	2.8 (30.8%)
695	<b>SZKOŁA Jakub</b>	<b>3231</b>	EKIPA SZTURMOWA "BORSUK"	Open Mężczyzn	383	09:15	02:40:21	<b>02:40:37.40</b>	<b>02:40:37.40</b>	+01:50:54 (69.0%)	21:24	2.8 (30.8%)
696	<b>KURCZYNA Patrycja</b>	<b>3229</b>	EKIPA SZTURMOWA "BORSUK"	Open Kobiet	154	09:15	02:40:20	<b>02:40:37.45</b>	<b>02:40:37.45</b>	+01:50:54 (69.0%)	21:24	2.8 (30.8%)
697	<b>BALAWENDER Bartosz</b>	<b>3225</b>	EKIPA SZTURMOWA "BORSUK"	Open Mężczyzn	384	09:15	02:40:21	<b>02:40:37.90</b>	<b>02:40:37.90</b>	+01:50:54 (69.0%)	21:24	2.8 (30.8%)
698	<b>ALEKSANDER Karolina</b>	<b>3224</b>	EKIPA SZTURMOWA "BORSUK"	Open Kobiet	155	09:15	02:40:25	<b>02:40:38.10</b>	<b>02:40:38.10</b>	+01:50:54 (69.0%)	21:25	2.8 (30.8%)
699	<b>KRUK Krzysztof</b>	<b>3227</b>	EKIPA SZTURMOWA "BORSUK"	Open Mężczyzn	385	09:15	02:40:18	<b>02:40:39.90</b>	<b>02:40:39.90</b>	+01:50:56 (69.1%)	21:25	2.8 (30.8%)
700	<b>KRZANOWSKA Sylwia</b>	<b>3228</b>	EKIPA SZTURMOWA "BORSUK"	Open Kobiet	156	09:15	02:40:25	<b>02:40:40.15</b>	<b>02:40:40.15</b>	+01:50:57 (69.1%)	21:25	2.8 (30.8%)
701	<b>HENDZEL Kacper</b>	<b>3226</b>	EKIPA SZTURMOWA "BORSUK"	Open Mężczyzn	386	09:15	02:40:23	<b>02:40:40.60</b>	<b>02:40:40.60</b>	+01:50:57 (69.1%)	21:25	2.8 (30.8%)
702	<b>PILEK Sławomir</b>	<b>3230</b>	EKIPA SZTURMOWA "BORSUK"	Open Mężczyzn	387	09:15	02:40:20	<b>02:40:41.05</b>	<b>02:40:41.05</b>	+01:50:57 (69.1%)	21:25	2.8 (30.8%)
703	<b>MACHALICA Marcin</b>	<b>3178</b>		Open Mężczyzn	388	09:00	02:40:12	<b>02:40:46.05</b>	<b>02:40:46.05</b>	+01:51:02 (69.1%)	21:26	2.8 (30.8%)
704	<b>MARZEC Paweł</b>	<b>3118</b>	LA BAGUETTE	Open Mężczyzn	389	09:00	02:39:42	<b>02:40:46.65</b>	<b>02:40:46.65</b>	+01:51:03 (69.1%)	21:26	2.8 (30.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
705	<b>KOMENDERA Agnieszka</b>	<b>3170</b>		Open Masters Kobiet	35	09:00	02:40:14	<b>02:40:47.10</b>	<b>02:40:47.10</b>	+01:51:03 (69.1%)	21:26	2.8 (30.8%)
706	<b>FILIPOWSKI Konrad</b>	<b>3117</b>	LA BAGUETTE	Open Mężczyzn	390	09:00	02:39:49	<b>02:40:47.80</b>	<b>02:40:47.80</b>	+01:51:04 (69.1%)	21:26	2.8 (30.8%)
707	<b>MORAWSKA Wiktoria</b>	<b>3119</b>	LA BAGUETTE	Open Kobiet	157	09:00	02:39:47	<b>02:40:47.95</b>	<b>02:40:47.95</b>	+01:51:04 (69.1%)	21:26	2.8 (30.8%)
708	<b>PILARCZYK Łukasz</b>	<b>2057</b>		Open Masters Mężczyzn	73	11:00	02:40:38	<b>02:41:01.45</b>	<b>02:41:01.45</b>	+01:51:18 (69.1%)	21:28	2.8 (30.8%)
709	<b>MACIEJEWSKI Przemysław</b>	<b>3281</b>		Open Mężczyzn	391	09:15	02:40:55	<b>02:41:08.00</b>	<b>02:41:08.00</b>	+01:51:24 (69.1%)	21:29	2.8 (30.8%)
710	<b>WIĘCŁAW - PILARCZYK Anna</b>	<b>1312</b>		Open Masters Kobiet	36	11:00	02:40:44	<b>02:41:12.80</b>	<b>02:41:12.80</b>	+01:51:29 (69.2%)	21:29	2.8 (30.8%)
711	<b>KRZEMIEN Michał</b>	<b>3173</b>		Open Mężczyzn	392	09:00	02:41:28	<b>02:41:49.65</b>	<b>02:41:49.65</b>	+01:52:06 (69.3%)	21:34	2.8 (30.8%)
712	<b>SŁOWIAK Maciej</b>	<b>3310</b>	HYRCKI	Open Mężczyzn	393	09:45	02:41:57	<b>02:42:05.80</b>	<b>02:42:05.80</b>	+01:52:22 (69.3%)	21:36	2.8 (30.8%)
713	<b>GNIADEK Adrian</b>	<b>3309</b>	HYRCKI	Open Mężczyzn	394	09:45	02:41:57	<b>02:42:09.60</b>	<b>02:42:09.60</b>	+01:52:26 (69.3%)	21:37	2.8 (30.8%)
714	<b>ZĄBER Ewa</b>	<b>3223</b>	DRUŻYNA PRZETRWANIA	Open Kobiet	158	09:15	02:43:01	<b>02:43:13.75</b>	<b>02:43:13.75</b>	+01:53:30 (69.5%)	21:45	2.8 (30.8%)
715	<b>WAWRZYNIAK Zosia</b>	<b>3252</b>	SII RUNNING TEAM	Open Kobiet	159	09:15	02:43:01	<b>02:43:13.85</b>	<b>02:43:13.85</b>	+01:53:30 (69.5%)	21:45	2.8 (30.8%)
716	<b>GIENIEC Gabriela</b>	<b>3222</b>	DRUŻYNA PRZETRWANIA	Open Kobiet	160	09:15	02:43:02	<b>02:43:14.15</b>	<b>02:43:14.15</b>	+01:53:31 (69.5%)	21:45	2.8 (30.8%)
717	<b>STELMASZEK Mariusz</b>	<b>3596</b>		Open Masters Mężczyzn	74	10:15	02:43:25	<b>02:43:57.40</b>	<b>02:43:57.40</b>	+01:54:14 (69.7%)	21:51	2.7 (29.7%)
718	<b>STELMASZEK Matylda</b>	<b>3597</b>		Open Kobiet	161	10:15	02:43:42	<b>02:43:57.70</b>	<b>02:43:57.70</b>	+01:54:14 (69.7%)	21:51	2.7 (29.7%)
719	<b>STELMASZEK Sonia</b>	<b>3598</b>		Open Kobiet	162	10:15	02:43:43	<b>02:43:59.30</b>	<b>02:43:59.30</b>	+01:54:16 (69.7%)	21:51	2.7 (29.7%)
720	<b>WESOŁOWSKI Adrian</b>	<b>1315</b>		Open Mężczyzn	395	11:00	02:44:47	<b>02:45:10.95</b>	<b>02:45:10.95</b>	+01:55:27 (69.9%)	22:01	2.7 (29.7%)
721	<b>WESOŁOWSKI Mariusz</b>	<b>471</b>		Open Mężczyzn	396	11:00	02:44:47	<b>02:45:11.40</b>	<b>02:45:11.40</b>	+01:55:28 (69.9%)	22:01	2.7 (29.7%)
722	<b>KOŁODZIEJ Marcin</b>	<b>272</b>		Open Mężczyzn	397	10:15	02:45:50	<b>02:46:03.60</b>	<b>02:46:03.60</b>	+01:56:20 (70.1%)	22:08	2.7 (29.7%)
723	<b>JOSZKO-KOŁODZIEJ Dominika</b>	<b>1419</b>		Open Kobiet	163	10:15	02:45:51	<b>02:46:05.70</b>	<b>02:46:05.70</b>	+01:56:22 (70.1%)	22:08	2.7 (29.7%)
724	<b>KOŁODZIEJ Filip</b>	<b>262</b>		Open Mężczyzn	398	10:15	02:45:52	<b>02:46:05.85</b>	<b>02:46:05.85</b>	+01:56:22 (70.1%)	22:08	2.7 (29.7%)
725	<b>PODSIADŁO Jakub</b>	<b>3792</b>		Open Mężczyzn	399	11:00	02:45:58	<b>02:46:16.40</b>	<b>02:46:16.40</b>	+01:56:33 (70.1%)	22:10	2.7 (29.7%)
726	<b>BRODA Konrad</b>	<b>3764</b>		Open Mężczyzn	400	11:00	02:45:59	<b>02:46:16.70</b>	<b>02:46:16.70</b>	+01:56:33 (70.1%)	22:10	2.7 (29.7%)
727	<b>KANIA Gabi</b>	<b>3368</b>		Open Kobiet	164	09:45	02:46:39	<b>02:46:54.05</b>	<b>02:46:54.05</b>	+01:57:10 (70.2%)	22:15	2.7 (29.7%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
728	<b>KANIA Bartłomiej</b>	<b>3367</b>		Open Mężczyzn	401	09:45	02:46:40	<b>02:46:54.10</b>	<b>02:46:54.10</b>	+01:57:10 (70.2%)	22:15	2.7 (29.7%)
729	<b>KASIŃSKI Mateusz</b>	<b>3270</b>		Open Mężczyzn	402	09:15	02:47:07	<b>02:47:24.15</b>	<b>02:47:24.15</b>	+01:57:41 (70.3%)	22:19	2.7 (29.7%)
730	<b>KNAPEK Szymon</b>	<b>3720</b>	AGRO HEROSI	Open Mężczyzn	403	11:00	02:48:12	<b>02:48:28.80</b>	<b>02:48:28.80</b>	+01:58:45 (70.5%)	22:27	2.7 (29.7%)
731	<b>KMITA-MASŁOWSKA Wiesława</b>	<b>3719</b>	AGRO HEROSI	Open Kobiet	165	11:00	02:48:13	<b>02:48:29.40</b>	<b>02:48:29.40</b>	+01:58:46 (70.5%)	22:27	2.7 (29.7%)
732	<b>RYSZKA Piotr</b>	<b>3722</b>	AGRO HEROSI	Open Masters Mężczyzn	75	11:00	02:48:14	<b>02:48:30.20</b>	<b>02:48:30.20</b>	+01:58:47 (70.5%)	22:28	2.7 (29.7%)
733	<b>LEBIEJKO Anna</b>	<b>3721</b>	AGRO HEROSI	Open Masters Kobiet	37	11:00	02:48:14	<b>02:48:30.60</b>	<b>02:48:30.60</b>	+01:58:47 (70.5%)	22:28	2.7 (29.7%)
734	<b>LASOK Łukasz</b>	<b>3571</b>		Open Masters Mężczyzn	76	10:15	02:48:43	<b>02:49:00.05</b>	<b>02:49:00.05</b>	+01:59:16 (70.6%)	22:32	2.7 (29.7%)
735	<b>KABERU Danai</b>	<b>3563</b>		Open Kobiet	166	10:15	02:48:43	<b>02:49:00.30</b>	<b>02:49:00.30</b>	+01:59:17 (70.6%)	22:32	2.7 (29.7%)
736	<b>MAŁEK Marek</b>	<b>3283</b>		Open Mężczyzn	404	09:15	02:49:00	<b>02:49:09.65</b>	<b>02:49:09.65</b>	+01:59:26 (70.6%)	22:33	2.7 (29.7%)
737	<b>ŻURAWEL Łukasz</b>	<b>3303</b>		Open Mężczyzn	405	09:15	02:49:00	<b>02:49:12.05</b>	<b>02:49:12.05</b>	+01:59:28 (70.6%)	22:33	2.7 (29.7%)
738	<b>CHRONOWSKI Marek</b>	<b>3545</b>		Open Masters Mężczyzn	77	10:15	02:48:57	<b>02:49:22.20</b>	<b>02:49:22.20</b>	+01:59:39 (70.6%)	22:34	2.7 (29.7%)
739	<b>PTAK Wioletta</b>	<b>3098</b>		Open Kobiet	167	10:15	02:48:48	<b>02:49:22.35</b>	<b>02:49:22.35</b>	+01:59:39 (70.6%)	22:34	2.7 (29.7%)
740	<b>CZAJKA Piotr</b>	<b>3423</b>	BULDAKI	Open Mężczyzn	406	10:00	02:49:28	<b>02:49:49.55</b>	<b>02:49:49.55</b>	+02:00:06 (70.7%)	22:38	2.6 (28.6%)
741	<b>MIELECKI Mateusz</b>	<b>3378</b>		Open Mężczyzn	407	09:45	02:49:42	<b>02:49:51.95</b>	<b>02:49:51.95</b>	+02:00:08 (70.7%)	22:38	2.6 (28.6%)
742	<b>SROKA Dawid</b>	<b>3396</b>		Open Mężczyzn	408	09:45	02:49:42	<b>02:49:59.05</b>	<b>02:49:59.05</b>	+02:00:15 (70.8%)	22:39	2.6 (28.6%)
743	<b>NOWAK Przemysław</b>	<b>3528</b>	ROSSMANN	Open Mężczyzn	409	10:15	02:50:45	<b>02:50:56.00</b>	<b>02:50:56.00</b>	+02:01:12 (70.9%)	22:47	2.6 (28.6%)
744	<b>DUSZA Edyta</b>	<b>3526</b>	ROSSMANN	Open Masters Kobiet	38	10:15	02:50:45	<b>02:51:15.85</b>	<b>02:51:15.85</b>	+02:01:32 (71.0%)	22:50	2.6 (28.6%)
745	<b>MIERZICKI Marcel</b>	<b>3130</b>	PIERWIASTKI Z CIASTKA	Open Masters Mężczyzn	78	09:00	02:51:06	<b>02:51:47.40</b>	<b>02:51:47.40</b>	+02:02:04 (71.1%)	22:54	2.6 (28.6%)
746	<b>KALBARCZYK Beata</b>	<b>3127</b>	PIERWIASTKI Z CIASTKA	Open Kobiet	168	09:00	02:51:05	<b>02:51:47.70</b>	<b>02:51:47.70</b>	+02:02:04 (71.1%)	22:54	2.6 (28.6%)
747	<b>KOBYLSKA Paulina</b>	<b>3128</b>	PIERWIASTKI Z CIASTKA	Open Kobiet	169	09:00	02:51:06	<b>02:51:48.25</b>	<b>02:51:48.25</b>	+02:02:05 (71.1%)	22:54	2.6 (28.6%)
747	<b>ŻUREK Urszula</b>	<b>3131</b>	PIERWIASTKI Z CIASTKA	Open Kobiet	169	09:00	02:51:07	<b>02:51:48.25</b>	<b>02:51:48.25</b>	+02:02:05 (71.1%)	22:54	2.6 (28.6%)
749	<b>KRAKOWIAK Bartek</b>	<b>3129</b>	PIERWIASTKI Z CIASTKA	Open Mężczyzn	410	09:00	02:51:06	<b>02:51:48.55</b>	<b>02:51:48.55</b>	+02:02:05 (71.1%)	22:54	2.6 (28.6%)
750	<b>WISŁAWSKI Mariusz</b>	<b>3747</b>	MIASTECZKO POLUSA	Open Mężczyzn	411	11:00	02:51:49	<b>02:52:04.65</b>	<b>02:52:04.65</b>	+02:02:21 (71.1%)	22:56	2.6 (28.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
751	<b>SOCHAŃSKI Albert</b>	<b>1538</b>		Open Mężczyzn	412	09:45	02:28:51	<b>02:29:06.70</b>	<b>02:52:11.10</b>	+02:02:27 (71.1%)	19:52	3 (33.0%)
752	<b>DELEGIEWICZ Mateusz</b>	<b>3660</b>		Open Mężczyzn	413	10:45	02:52:11	<b>02:52:27.45</b>	<b>02:52:27.45</b>	+02:02:44 (71.2%)	22:59	2.6 (28.6%)
752	<b>KOWALCZYK Adrianna</b>	<b>3674</b>		Open Kobiet	171	10:45	02:52:08	<b>02:52:27.45</b>	<b>02:52:27.45</b>	+02:02:44 (71.2%)	22:59	2.6 (28.6%)
754	<b>DELEGIEWICZ Wioleta</b>	<b>3661</b>		Open Kobiet	172	10:45	02:52:11	<b>02:52:27.95</b>	<b>02:52:27.95</b>	+02:02:44 (71.2%)	22:59	2.6 (28.6%)
755	<b>JASEK-KRUPA Aleksandra</b>	<b>3778</b>		Open Kobiet	173	11:00	02:52:06	<b>02:52:40.00</b>	<b>02:52:40.00</b>	+02:02:56 (71.2%)	23:01	2.6 (28.6%)
756	<b>KARPIŃSKA Marzena</b>	<b>3715</b>	#ARMIAWOJCIECHOWSKIEGO ACTIVITY SPORT ELBLĄG	Open Kobiet	174	11:00	02:52:06	<b>02:52:40.15</b>	<b>02:52:40.15</b>	+02:02:57 (71.2%)	23:01	2.6 (28.6%)
756	<b>LENART Anna</b>	<b>3716</b>	#ARMIAWOJCIECHOWSKIEGO ACTIVITY SPORT ELBLĄG	Open Kobiet	174	11:00	02:52:13	<b>02:52:40.15</b>	<b>02:52:40.15</b>	+02:02:57 (71.2%)	23:01	2.6 (28.6%)
758	<b>SEŃCZYK Sara</b>	<b>3123</b>	MIASTECZKO POLUSA	Open Kobiet	176	11:00	02:52:05	<b>02:52:40.20</b>	<b>02:52:40.20</b>	+02:02:57 (71.2%)	23:01	2.6 (28.6%)
759	<b>NOWOŚWIAT Arkadiusz</b>	<b>3718</b>	#ARMIAWOJCIECHOWSKIEGO ACTIVITY SPORT ELBLĄG	Open Mężczyzn	414	11:00	02:52:04	<b>02:52:40.45</b>	<b>02:52:40.45</b>	+02:02:57 (71.2%)	23:01	2.6 (28.6%)
760	<b>GRABARCZYK Zuzanna</b>	<b>3714</b>	#ARMIAWOJCIECHOWSKIEGO ACTIVITY SPORT ELBLĄG	Open Kobiet	177	11:00		<b>02:52:40.50</b>	<b>02:52:40.50</b>	+02:02:57 (71.2%)	23:01	2.6 (28.6%)
761	<b>MARKOWSKI Łukasz</b>	<b>3717</b>	#ARMIAWOJCIECHOWSKIEGO ACTIVITY SPORT ELBLĄG	Open Mężczyzn	415	11:00	02:52:03	<b>02:52:41.65</b>	<b>02:52:41.65</b>	+02:02:58 (71.2%)	23:01	2.6 (28.6%)
762	<b>FRYCZEK Piotr</b>	<b>3425</b>	BULDAKI	Open Mężczyzn	416	10:00	02:52:27	<b>02:52:47.85</b>	<b>02:52:47.85</b>	+02:03:04 (71.2%)	23:02	2.6 (28.6%)
763	<b>STEBNICKI Mateusz</b>	<b>3191</b>		Open Mężczyzn	417	09:00	02:52:43	<b>02:52:52.15</b>	<b>02:52:52.15</b>	+02:03:09 (71.2%)	23:02	2.6 (28.6%)
764	<b>SOBIECHOWSKA Anita</b>	<b>3189</b>		Open Kobiet	178	09:00	02:52:43	<b>02:52:53.45</b>	<b>02:52:53.45</b>	+02:03:10 (71.2%)	23:03	2.6 (28.6%)
765	<b>KACZANOWSKA Urszula</b>	<b>3107</b>	FITPARK TEAM	Open Kobiet	179	09:00	02:52:43	<b>02:52:54.50</b>	<b>02:52:54.50</b>	+02:03:11 (71.2%)	23:03	2.6 (28.6%)
766	<b>LELO Mateusz</b>	<b>3427</b>	BULDAKI	Open Mężczyzn	418	10:00	02:52:32	<b>02:52:57.35</b>	<b>02:52:57.35</b>	+02:03:14 (71.3%)	23:03	2.6 (28.6%)
767	<b>WILUŚ Anna</b>	<b>3300</b>		Open Kobiet	180	09:15	02:52:42	<b>02:52:58.90</b>	<b>02:52:58.90</b>	+02:03:15 (71.3%)	23:03	2.6 (28.6%)
768	<b>MAJER Klaudia</b>	<b>3282</b>		Open Kobiet	181	09:15	02:52:41	<b>02:53:01.05</b>	<b>02:53:01.05</b>	+02:03:17 (71.3%)	23:04	2.6 (28.6%)
769	<b>KROUŽEK Jan</b>	<b>3137</b>	VITAL FRETKY	Open Masters Mężczyzn	79	09:00	02:52:15	<b>02:53:06.00</b>	<b>02:53:06.00</b>	+02:03:22 (71.3%)	23:04	2.6 (28.6%)
770	<b>KOZÁKOVÁ Jindra</b>	<b>3136</b>	VITAL FRETKY	Open Masters Kobiet	39	09:00	02:52:12	<b>02:53:06.10</b>	<b>02:53:06.10</b>	+02:03:22 (71.3%)	23:04	2.6 (28.6%)
771	<b>MOJECKA Monika</b>	<b>1855</b>		Open Kobiet	182	10:15	02:52:43	<b>02:53:29.50</b>	<b>02:53:29.50</b>	+02:03:46 (71.3%)	23:07	2.6 (28.6%)
772	<b>LOBA Anna</b>	<b>3523</b>	LEMON TEAM	Open Kobiet	183	10:15	02:52:42	<b>02:53:29.95</b>	<b>02:53:29.95</b>	+02:03:46 (71.3%)	23:07	2.6 (28.6%)
773	<b>LOBA Anna</b>	<b>3522</b>	LEMON TEAM	Open Kobiet	184	10:15	02:52:42	<b>02:53:30.15</b>	<b>02:53:30.15</b>	+02:03:47 (71.3%)	23:08	2.6 (28.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
774	<b>SZYSZKOWSKA Ada</b>	<b>588</b>		Open Masters Kobiet	40	09:00	02:53:40	<b>02:54:01.10</b>	<b>02:54:01.10</b>	+02:04:17 (71.4%)	23:12	2.6 (28.6%)
775	<b>STEFANIAK Marek</b>	<b>589</b>		Open Masters Mężczyzn	80	09:00	02:53:40	<b>02:54:01.35</b>	<b>02:54:01.35</b>	+02:04:18 (71.4%)	23:12	2.6 (28.6%)
776	<b>NURCZYK Julia</b>	<b>3240</b>	GARBATE RUMUNY	Open Kobiet	185	09:15	03:00:25	<b>03:00:44.05</b>	<b>03:00:44.05</b>	+02:11:00 (72.5%)	24:05	2.5 (27.5%)
777	<b>LENCZAR Dawid</b>	<b>3237</b>	GARBATE RUMUNY	Open Mężczyzn	419	09:15	03:00:29	<b>03:00:44.45</b>	<b>03:00:44.45</b>	+02:11:01 (72.5%)	24:05	2.5 (27.5%)
778	<b>NURCZYK Seweryn</b>	<b>3241</b>	GARBATE RUMUNY	Open Mężczyzn	420	09:15	03:00:28	<b>03:00:46.30</b>	<b>03:00:46.30</b>	+02:11:03 (72.5%)	24:06	2.5 (27.5%)
779	<b>PIASECKA Katarzyna</b>	<b>3387</b>		Open Kobiet	186	09:45	03:04:33	<b>03:04:50.25</b>	<b>03:04:50.25</b>	+02:15:07 (73.1%)	24:38	2.4 (26.4%)
780	<b>MORAWSKI Krzysztof</b>	<b>3382</b>		Open Mężczyzn	421	09:45	03:04:33	<b>03:04:50.65</b>	<b>03:04:50.65</b>	+02:15:07 (73.1%)	24:38	2.4 (26.4%)
781	<b>WARDYŃSKI Dawid</b>	<b>3104</b>	EWA FARNA EWAKUACJA	Open Mężczyzn	422	09:00	03:05:37	<b>03:05:50.75</b>	<b>03:05:50.75</b>	+02:16:07 (73.2%)	24:46	2.4 (26.4%)
782	<b>SZYMCZAK Patrycja</b>	<b>3102</b>	EWA FARNA EWAKUACJA	Open Kobiet	187	09:00	03:05:37	<b>03:05:50.95</b>	<b>03:05:50.95</b>	+02:16:07 (73.2%)	24:46	2.4 (26.4%)
783	<b>SZYMCZAK Agata</b>	<b>3101</b>	EWA FARNA EWAKUACJA	Open Kobiet	188	09:00	03:05:43	<b>03:05:55.65</b>	<b>03:05:55.65</b>	+02:16:12 (73.3%)	24:47	2.4 (26.4%)
784	<b>VON DOMAROS Dawid</b>	<b>3103</b>	EWA FARNA EWAKUACJA	Open Mężczyzn	423	09:00	03:05:44	<b>03:05:56.05</b>	<b>03:05:56.05</b>	+02:16:12 (73.3%)	24:47	2.4 (26.4%)
785	<b>IWANOWICZ Jarosław</b>	<b>3204</b>	CARDIO HEROES	Open Masters Mężczyzn	81	09:15	03:08:00	<b>03:08:24.35</b>	<b>03:08:24.35</b>	+02:18:41 (73.6%)	25:07	2.4 (26.4%)
786	<b>Mateusz Iwanowicz</b>	<b>3082</b>		Open Mężczyzn	424	09:15	03:08:01	<b>03:08:24.45</b>	<b>03:08:24.45</b>	+02:18:41 (73.6%)	25:07	2.4 (26.4%)
787	<b>Demiii</b>	<b>3203</b>	CARDIO HEROES	Open Mężczyzn	425	09:15	03:08:08	<b>03:08:24.70</b>	<b>03:08:24.70</b>	+02:18:41 (73.6%)	25:07	2.4 (26.4%)
787	<b>IWANOWICZ Szymon</b>	<b>3206</b>	CARDIO HEROES	Open Mężczyzn	425	09:15	03:08:07	<b>03:08:24.70</b>	<b>03:08:24.70</b>	+02:18:41 (73.6%)	25:07	2.4 (26.4%)
789	<b>IWANOWICZ Mirosław</b>	<b>3205</b>	CARDIO HEROES	Open Masters Mężczyzn	82	09:15	03:08:08	<b>03:08:24.90</b>	<b>03:08:24.90</b>	+02:18:41 (73.6%)	25:07	2.4 (26.4%)
790	<b>SZALIK Krystian</b>	<b>3242</b>	HYRCKI	Open Mężczyzn	427	09:15	02:49:47	<b>02:49:58.95</b>	<b>03:11:47.90</b>	+02:22:04 (74.1%)	22:39	2.6 (28.6%)
791	<b>ŻURAWSKI Jakub</b>	<b>1700</b>	SŁAWSKIE GRUBASY	Open Mężczyzn	428	10:15	02:30:57	<b>02:31:19.70</b>	<b>03:13:21.85</b>	+02:23:38 (74.3%)	20:10	3 (33.0%)
792	<b>KALFAS Dawid</b>	<b>2283</b>		Open Mężczyzn	429	11:30	02:43:51	<b>02:44:10.55</b>	<b>03:33:17.65</b>	+02:43:34 (76.7%)	21:53	2.7 (29.7%)
793	<b>SIEJK Ewa</b>	<b>3100</b>		Open Kobiet	189	09:00	02:20:10	<b>02:20:21.30</b>	<b>04:00:48.00</b>	+03:11:04 (79.4%)	18:42	3.2 (35.2%)
794		<b>1310</b>					02:12:23	<b>02:12:44.40</b>	<b>04:48:58.40</b>	+03:59:15 (82.8%)	17:41	3.4 (37.4%)
795	<b>PSUT Kamil</b>	<b>3010</b>	CARBON SILESIA SPORT BY VITARADE	Open Mężczyzn	430	08:30	02:21:15	<b>02:21:50.55</b>	<b>04:50:21.55</b>	+04:00:38 (82.9%)	18:54	3.2 (35.2%)
796		<b>1316</b>					02:18:36	<b>02:18:51.55</b>	<b>04:54:45.25</b>	+04:05:02 (83.1%)	18:30	3.2 (35.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	7.3km	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
797	<b>OŻÓG Mateusz</b>	<b>3122</b>	MIASTECZKO POLUSA	Open Mężczyzn	431	09:00	03:58:58	<b>03:59:13.00</b>	<b>04:59:21.25</b>	+04:09:38 (83.4%)	31:53	1.9 (20.9%)
798		<b>1313</b>					02:33:09	<b>02:33:25.75</b>	<b>05:10:00.35</b>	+04:20:17 (84.0%)	20:27	2.9 (31.9%)
799	<b>SZPAK Filip</b>	<b>3296</b>	VIPER	Open Mężczyzn	432	09:15						(0.0%)
800	<b>MAŚLANA Joanna</b>	<b>3684</b>		Open Kobiet	190	10:45						(0.0%)
801	<b>KRYSTOFIAK Natalia</b>	<b>3208</b>	COROTOP	Open Kobiet	191	09:15						(0.0%)
802	<b>HOLEWA Grzegorz</b>	<b>2208</b>	DZIKI TEAM KWI!	Open Mężczyzn	433	10:15						(0.0%)
803	<b>BLECHARZ Monika</b>	<b>3542</b>		Open Masters Kobiet	41	10:15						(0.0%)
804	<b>HEIM Krystian</b>	<b>3557</b>		Open Mężczyzn	434	10:15						(0.0%)
805	<b>SEGA Aurelia</b>	<b>3588</b>		Open Masters Kobiet	42	10:15						(0.0%)
806	<b>BAŁA Kacper</b>	<b>3411</b>	ATH CREW	Open Mężczyzn	435	10:00						(0.0%)
807	<b>PIECZARSKI Wiktor</b>	<b>3120</b>	LA BAGUETTE	Open Mężczyzn	436	09:00						(0.0%)
808	<b>WOJNAR Bartłomiej</b>	<b>3607</b>		Open Masters Mężczyzn	83	10:15						(0.0%)

Znaleziono 808 wynik(ów)