

Organizator: Extreme Events, Runmageddon
Data: 2023-08-05
Miejsce: Ostrołęka
Dystans: 6 km

Klasyfikacja: 10:15

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
1	BIEŃKOWSKI Arkadiusz	330		Open Mężczyzn	4	10:15	00:44:55.80	00:44:55.80		7:29	8 (100%)
2	ZYSKOWSKI Artur	294	BIEGAM BO LUBIĘ OSTROŁĘKA	Open Masters Mężczyzn	3	10:15	00:50:33.00	00:50:33.00	+00:05:37 (11.1%)	8:25	7.1 (88.8%)
3	GOŹDZIEWSKI Konrad	339		Open Mężczyzn	11	10:15	00:50:39.40	00:50:39.40	+00:05:43 (11.3%)	8:26	7.1 (88.8%)
4	LUBIAK Marek	355		Open Mężczyzn	14	10:15	00:52:02.95	00:52:02.95	+00:07:07 (13.7%)	8:40	6.9 (86.3%)
5	LENKIEWICZ Weronika	298	CROSSBOX OKA	Open Kobiet	1	10:15	00:54:11.75	00:54:11.75	+00:09:15 (17.1%)	9:01	6.6 (82.5%)
6	FABISZEWSKI Krzysztof	336		Open Masters Mężczyzn	16	10:15	01:03:16.40	01:03:16.40	+00:18:20 (29.0%)	10:32	5.7 (71.3%)
7	LIPIŃSKI Rafał	354		Open Mężczyzn	78	10:15	01:06:08.20	01:06:08.20	+00:21:12 (32.1%)	11:01	5.4 (67.5%)
8	CWALINA Bartosz	333		Open Mężczyzn	89	10:15	01:08:17.25	01:08:17.25	+00:23:21 (34.2%)	11:22	5.3 (66.3%)
9	FABIJAŃSKI Rafał	335		Open Mężczyzn	99	10:15	01:09:59.85	01:09:59.85	+00:25:04 (35.8%)	11:39	5.1 (63.8%)
10	PACAK Adam	366		Open Mężczyzn	103	10:15	01:10:32.00	01:10:32.00	+00:25:36 (36.3%)	11:45	5.1 (63.8%)
11	ROSALSKI Paweł Łukasz	369		Open Masters Mężczyzn	31	10:15	01:11:13.00	01:11:13.00	+00:26:17 (36.9%)	11:52	5.1 (63.8%)
12	SZADKOWSKI Dawid	378		Open Mężczyzn	131	10:15	01:13:52.10	01:13:52.10	+00:28:56 (39.2%)	12:18	4.9 (61.3%)
13	MÓWKA Dorota	302	FIT STACJA IŁAWA	Open Masters Kobiet	5	10:15	01:14:06.30	01:14:06.30	+00:29:10 (39.4%)	12:21	4.9 (61.3%)
13	SULEJ Kinga	303	FIT STACJA IŁAWA	Open Kobiet	13	10:15	01:14:06.30	01:14:06.30	+00:29:10 (39.4%)	12:21	4.9 (61.3%)
15	ORBIK Justyna	364		Open Kobiet	15	10:15	01:16:49.85	01:16:49.85	+00:31:54 (41.5%)	12:48	4.7 (58.8%)
16	ORBIK Mariusz	365		Open Mężczyzn	154	10:15	01:16:55.20	01:16:55.20	+00:31:59 (41.6%)	12:49	4.7 (58.8%)
17	BARAN Przemysław	293	BIEG DLA HANI	Open Mężczyzn	183	10:15	01:19:40.90	01:19:40.90	+00:34:45 (43.6%)	13:16	4.5 (56.3%)
18	BARDYSZEWSKI Sebastian	329		Open Mężczyzn	188	10:15	01:19:56.45	01:19:56.45	+00:35:00 (43.8%)	13:19	4.5 (56.3%)
19	GRABOWSKA Bożena	340		Open Masters Kobiet	9	10:15	01:20:16.05	01:20:16.05	+00:35:20 (44.0%)	13:22	4.5 (56.3%)
20	WIĘCEK Sylwia	380		Open Kobiet	24	10:15	01:20:16.20	01:20:16.20	+00:35:20 (44.0%)	13:22	4.5 (56.3%)
21	ZIĘBA Paweł	384		Open Masters Mężczyzn	47	10:15	01:20:19.65	01:20:19.65	+00:35:23 (44.1%)	13:23	4.5 (56.3%)
22	JANKOWSKI Jakub	344		Open Mężczyzn	192	10:15	01:20:21.10	01:20:21.10	+00:35:25 (44.1%)	13:23	4.5 (56.3%)
23	NIEDZWIECKA Justyna	322	PROJEKT RADOMIR	Open Masters Kobiet	10	10:15	01:20:54.25	01:20:54.25	+00:35:58 (44.5%)	13:29	4.4 (55.0%)
24	PECIAK Kamil	367		Open Mężczyzn	197	10:15	01:20:59.95	01:20:59.95	+00:36:04 (44.5%)	13:29	4.4 (55.0%)
25	SZCZEPANEK Michał	323	PROJEKT RADOMIR	Open Masters Mężczyzn	52	10:15	01:21:03.35	01:21:03.35	+00:36:07 (44.6%)	13:30	4.4 (55.0%)
26	ZAKRZEWSKI Krzysztof	382		Open Mężczyzn	200	10:15	01:21:06.20	01:21:06.20	+00:36:10 (44.6%)	13:31	4.4 (55.0%)
27	GEREJ Adam	675		Open Mężczyzn	201	10:15	01:21:23.25	01:21:23.25	+00:36:27 (44.8%)	13:33	4.4 (55.0%)
28	ANDRZEJEWSKI Kamil	292	BEYE KOHANE	Open Mężczyzn	225	10:15	01:23:33.90	01:23:33.90	+00:38:38 (46.2%)	13:55	4.3 (53.8%)
29	ANDRZEJEWSKA Monika	291	BEYE KOHANE	Open Kobiet	31	10:15	01:23:34.00	01:23:34.00	+00:38:38 (46.2%)	13:55	4.3 (53.8%)
30	BAJZERT Bartosz	324	RED WING OPOLE	Open Mężczyzn	237	10:15	01:25:07.30	01:25:07.30	+00:40:11 (47.2%)	14:11	4.2 (52.5%)

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31	KOSIŃSKI Marcin	347		Open Mężczyzn	238	10:15	01:25:14.15	01:25:14.15	+00:40:18 (47.3%)	14:12	4.2 (52.5%)
32	KRÓLICKI Konrad	300	CROSSHOUSE	Open Masters Mężczyzn	63	10:15	01:27:11.05	01:27:11.05	+00:42:15 (48.5%)	14:31	4.1 (51.3%)
33	STRAZIŃSKA Aleksandra	376		Open Kobiet	40	10:15	01:27:11.20	01:27:11.20	+00:42:15 (48.5%)	14:31	4.1 (51.3%)
34	SEKLECKA Agata	301	CROSSHOUSE	Open Kobiet	41	10:15	01:27:11.35	01:27:11.35	+00:42:15 (48.5%)	14:31	4.1 (51.3%)
34	KOZDROWSKA Marta	349		Open Kobiet	41	10:15	01:27:11.35	01:27:11.35	+00:42:15 (48.5%)	14:31	4.1 (51.3%)
36	ROSTKOWSKI Paweł	370		Open Mężczyzn	266	10:15	01:27:38.25	01:27:38.25	+00:42:42 (48.7%)	14:36	4.1 (51.3%)
37	ŻEBROWSKI Hubert	383		Open Mężczyzn	269	10:15	01:27:53.15	01:27:53.15	+00:42:57 (48.9%)	14:38	4.1 (51.3%)
38	MACIASZEK Michał	357		Open Mężczyzn	289	10:15	01:29:57.45	01:29:57.45	+00:45:01 (50.1%)	14:59	4 (50.0%)
39	DORYCKA Magdalena	334		Open Kobiet	62	10:15	01:31:18.80	01:31:18.80	+00:46:23 (50.8%)	15:13	3.9 (48.8%)
40	Bartek	304	HELGA I WIKINGOWIE	Open Mężczyzn	301	10:15	01:31:27.85	01:31:27.85	+00:46:32 (50.9%)	15:14	3.9 (48.8%)
41	NIEWIŃSKI Łukasz	307	HELGA I WIKINGOWIE	Open Mężczyzn	302	10:15	01:31:27.95	01:31:27.95	+00:46:32 (50.9%)	15:14	3.9 (48.8%)
42	MICHALUK Weronika	306	HELGA I WIKINGOWIE	Open Kobiet	63	10:15	01:31:28.00	01:31:28.00	+00:46:32 (50.9%)	15:14	3.9 (48.8%)
43	MICHALUK Amelia	305	HELGA I WIKINGOWIE	Open Kobiet	64	10:15	01:31:28.05	01:31:28.05	+00:46:32 (50.9%)	15:14	3.9 (48.8%)
44	MYRTA Marcel	1261		Open Mężczyzn	312	10:15	01:32:26.05	01:32:26.05	+00:47:30 (51.4%)	15:24	3.9 (48.8%)
45	MYRTA Andrzej	1260		Open Masters Mężczyzn	76	10:15	01:33:15.00	01:33:15.00	+00:48:19 (51.8%)	15:32	3.9 (48.8%)
46	TROCZEWSKA Ola	317	POWER TRAINING	Open Masters Kobiet	23	10:15	01:34:57.65	01:34:57.65	+00:50:01 (52.7%)	15:49	3.8 (47.5%)
47	MALICKA Jola	358		Open Masters Kobiet	25	10:15	01:35:43.05	01:35:43.05	+00:50:47 (53.1%)	15:57	3.8 (47.5%)
48	MALICKI Michał	299	CROSSBOX OKA	Open Masters Mężczyzn	79	10:15	01:35:46.50	01:35:46.50	+00:50:50 (53.1%)	15:57	3.8 (47.5%)
49	EJZEMBERG Cezary	295	BOROWIKI GARGAMELA	Open Mężczyzn	346	10:15	01:36:18.90	01:36:18.90	+00:51:23 (53.4%)	16:03	3.7 (46.3%)
50	WOŁOSZ Michał	296	BOROWIKI GARGAMELA	Open Mężczyzn	347	10:15	01:36:23.85	01:36:23.85	+00:51:28 (53.4%)	16:03	3.7 (46.3%)
51	STRUPCZEWSKI Mariusz	377		Open Mężczyzn	349	10:15	01:36:42.15	01:36:42.15	+00:51:46 (53.5%)	16:07	3.7 (46.3%)
52	LUTYŃSKA Joanna	356		Open Kobiet	94	10:15	01:36:42.45	01:36:42.45	+00:51:46 (53.5%)	16:07	3.7 (46.3%)
53	TELAKOWSKI Sebastian	320	POŻAR STOP	Open Mężczyzn	377	10:15	01:38:09.90	01:38:09.90	+00:53:14 (54.2%)	16:21	3.7 (46.3%)
54	BAK Łukasz	318	POŻAR STOP	Open Mężczyzn	382	10:15	01:38:24.10	01:38:24.10	+00:53:28 (54.3%)	16:24	3.7 (46.3%)
55	RUDNICKI Filip	371		Open Mężczyzn	405	10:15	01:40:57.40	01:40:57.40	+00:56:01 (55.5%)	16:49	3.6 (45.0%)
56	WYRZYKOWSKI Krzysztof	381		Open Mężczyzn	406	10:15	01:40:57.55	01:40:57.55	+00:56:01 (55.5%)	16:49	3.6 (45.0%)
57	FIGURSKI Mateusz	337		Open Mężczyzn	433	10:15	01:43:18.40	01:43:18.40	+00:58:22 (56.5%)	17:13	3.5 (43.8%)
58	GROCHOCKI Adam	343		Open Mężczyzn	462	10:15	01:47:24.85	01:47:24.85	+01:02:29 (58.2%)	17:54	3.4 (42.5%)
59	GROCHOCKA Urszula	342		Open Kobiet	137	10:15	01:47:25.15	01:47:25.15	+01:02:29 (58.2%)	17:54	3.4 (42.5%)
60	LENKIEWICZ Przemysław	353		Open Mężczyzn	464	10:15	01:47:29.05	01:47:29.05	+01:02:33 (58.2%)	17:54	3.3 (41.3%)
61	LENKIEWICZ Marta	352		Open Kobiet	139	10:15	01:47:29.10	01:47:29.10	+01:02:33 (58.2%)	17:54	3.3 (41.3%)
62	WIERZBICKI Daniel	321	POŻAR STOP	Open Mężczyzn	486	10:15	01:49:23.45	01:49:23.45	+01:04:27 (58.9%)	18:13	3.3 (41.3%)
63	MORTKA Piotr	319	POŻAR STOP	Open Mężczyzn	488	10:15	01:49:30.85	01:49:30.85	+01:04:35 (59.0%)	18:15	3.3 (41.3%)
64	KAŻMIERCZAK Katarzyna	554	POŻAR STOP	Open Kobiet	153	10:15	01:49:40.85	01:49:40.85	+01:04:45 (59.0%)	18:16	3.3 (41.3%)
65	WARSZAWSKA Zuzanna	555	POŻAR STOP	Open Kobiet	154	10:15	01:49:51.80	01:49:51.80	+01:04:56 (59.1%)	18:18	3.3 (41.3%)
66	RUTKOWSKA Asia	326	SUPER POŚLADKI	Open Kobiet	164	10:15	01:53:01.95	01:53:01.95	+01:08:06 (60.3%)	18:50	3.2 (40.0%)
67	JAKUBOWSKA Julita	325	SUPER POŚLADKI	Open Kobiet	165	10:15	01:53:02.75	01:53:02.75	+01:08:06 (60.3%)	18:50	3.2 (40.0%)
68	ŻYNEL Aneta	328	SUPER POŚLADKI	Open Masters Kobiet	54	10:15	01:53:02.95	01:53:02.95	+01:08:07 (60.3%)	18:50	3.2 (40.0%)
69	KRAJEWSKA Małgorzata	650	SUPER POŚLADKI	Open Masters Kobiet	55	10:15	01:53:03.00	01:53:03.00	+01:08:07 (60.3%)	18:50	3.2 (40.0%)
70	MAZAN Aleksander	1129	SUPER POŚLADKI	Open Mężczyzn	498	10:15	01:53:03.50	01:53:03.50	+01:08:07 (60.3%)	18:50	3.2 (40.0%)
71	WIELICZKO Paweł	327	SUPER POŚLADKI	Open Masters Mężczyzn	109	10:15	01:53:03.80	01:53:03.80	+01:08:08 (60.3%)	18:50	3.2 (40.0%)
72	ŁUCZAK Bożena	316	LUŻNE MAJTY	Open Masters Kobiet	64	10:15	02:00:32.90	02:00:32.90	+01:15:37 (62.7%)	20:05	3 (37.5%)
73	DMOCHOWSKA Joanna	314	LUŻNE MAJTY	Open Masters Kobiet	65	10:15	02:00:33.15	02:00:33.15	+01:15:37 (62.7%)	20:05	3 (37.5%)
74	BOGUMIŁ Agnieszka	312	LUŻNE MAJTY	Open Masters Kobiet	68	10:15	02:04:31.85	02:04:31.85	+01:19:36 (63.9%)	20:45	2.9 (36.3%)

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75	GRZ Jul	315	LUŻNE MAJTY	Open Kobiet	196	10:15	02:04:37.75	02:04:37.75	+01:19:41 (63.9%)	20:46	2.9 (36.3%)
76	DMOCHOWSKA Amelia	313	LUŻNE MAJTY	Open Kobiet	197	10:15	02:04:52.45	02:04:52.45	+01:19:56 (64.0%)	20:48	2.9 (36.3%)
77	NICEWICZ Dominika	361		Open Kobiet	202	10:15	02:06:21.20	02:06:21.20	+01:21:25 (64.4%)	21:03	2.8 (35.0%)
78	WALENDZEWICZ Krzysztof	379		Open Mężczyzn	546	10:15	02:06:24.50	02:06:24.50	+01:21:28 (64.5%)	21:04	2.8 (35.0%)
79	GRABOWSKA Patrycja	341		Open Kobiet	203	10:15	02:06:25.00	02:06:25.00	+01:21:29 (64.5%)	21:04	2.8 (35.0%)
80	NICEWICZ Norbert	363		Open Mężczyzn	547	10:15	02:06:34.95	02:06:34.95	+01:21:39 (64.5%)	21:05	2.8 (35.0%)
81	NICEWICZ Hubert	362		Open Mężczyzn	548	10:15	02:06:36.90	02:06:36.90	+01:21:41 (64.5%)	21:06	2.8 (35.0%)
82	SABAK Paweł	373		Open Mężczyzn	550	10:15	02:07:07.70	02:07:07.70	+01:22:11 (64.7%)	21:11	2.8 (35.0%)
83	ŁUCZAK Szymon	1117	LUŻNE MAJTY	Open Mężczyzn	551	10:15	02:07:44.50	02:07:44.50	+01:22:48 (64.8%)	21:17	2.8 (35.0%)
84	SABAK Emilia	372		Open Kobiet	210	10:15	02:14:11.00	02:14:11.00	+01:29:15 (66.5%)	22:21	2.7 (33.8%)

Znaleziono 84 wynik(ów)