

**Organizator:** Extreme Events, Runmageddon  
**Data:** 2023-08-05  
**Miejsce:** Ostrołęka  
**Dystans:** 6 km

Klasyfikacja: M40-44

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
1	<b>SYLWANOWICZ Tomasz</b>	<b>57</b>		Elite Masters Mężczyzn	2	09:30	<b>00:38:48.50</b>	<b>00:38:48.50</b>		6:28	9.3 (100%)
2	<b>MARUSZEWSKI Marcin</b>	<b>51</b>		Elite Masters Mężczyzn	3	09:30	<b>00:38:59.70</b>	<b>00:38:59.70</b>	+00:00:11 (0.5%)	6:29	9.2 (98.9%)
3	<b>DZIÓBEK Lech</b>	<b>2</b>	BIEGUN OCR TEAM	Elite Masters Mężczyzn	4	09:30	<b>00:41:13.15</b>	<b>00:41:13.15</b>	+00:02:24 (5.8%)	6:52	8.7 (93.5%)
4	<b>GAJOCHA Michał</b>	<b>67</b>	CARBON SILESIA SPORT	Elite Masters Mężczyzn	5	09:40	<b>00:41:15.30</b>	<b>00:41:15.30</b>	+00:02:26 (5.9%)	6:52	8.7 (93.5%)
5	<b>BRZESKI Szczepan</b>	<b>1</b>	BF24 NINJA TEAM PRO	Elite Masters Mężczyzn	6	09:30	<b>00:41:19.50</b>	<b>00:41:19.50</b>	+00:02:31 (6.1%)	6:53	8.7 (93.5%)
6	<b>MISSALA Mateusz</b>	<b>29</b>	POWER TRAINING	Elite Masters Mężczyzn	8	09:30	<b>00:42:26.20</b>	<b>00:42:26.20</b>	+00:03:37 (8.5%)	7:04	8.5 (91.4%)
7	<b>SZKLARSKI Przemysław</b>	<b>7</b>	CARBON SILESIA SPORT	Elite Masters Mężczyzn	9	09:30	<b>00:44:44.65</b>	<b>00:44:44.65</b>	+00:05:56 (13.3%)	7:27	8 (86.0%)
8	<b>GORSIAK Jacek</b>	<b>27</b>	POWER TRAINING	Elite Masters Mężczyzn	10	09:30	<b>00:45:09.60</b>	<b>00:45:09.60</b>	+00:06:21 (14.1%)	7:31	8 (86.0%)
9	<b>JUNDZIŁŁ Jakub</b>	<b>103</b>		Elite Masters Mężczyzn	12	09:40	<b>00:46:06.35</b>	<b>00:46:06.35</b>	+00:07:17 (15.8%)	7:41	7.8 (83.9%)
10	<b>JULIKOWSKI Karol</b>	<b>84</b>	POWER TRAINING	Elite Masters Mężczyzn	13	09:40	<b>00:46:33.05</b>	<b>00:46:33.05</b>	+00:07:44 (16.6%)	7:45	7.7 (82.8%)
11	<b>GACICHA Denis</b>	<b>78</b>	OCR VILNIUS	Elite Masters Mężczyzn	14	09:40	<b>00:46:47.70</b>	<b>00:46:47.70</b>	+00:07:59 (17.1%)	7:47	7.7 (82.8%)
12	<b>TAŃSKI Michał</b>	<b>96</b>	XRUNNERS	Elite Masters Mężczyzn	15	09:40	<b>00:47:11.35</b>	<b>00:47:11.35</b>	+00:08:22 (17.8%)	7:51	7.6 (81.7%)
13	<b>USZYŃSKI Adam</b>	<b>25</b>	OUTDOOR TRAINING	Elite Masters Mężczyzn	16	09:30	<b>00:47:40.65</b>	<b>00:47:40.65</b>	+00:08:52 (18.6%)	7:56	7.6 (81.7%)
14	<b>KALINOWSKI Adam</b>	<b>31</b>	PRUSZKOWSKI TEAM	Elite Masters Mężczyzn	18	09:30	<b>00:49:37.50</b>	<b>00:49:37.50</b>	+00:10:49 (21.8%)	8:16	7.3 (78.5%)
15	<b>MIERZICKI Marcel</b>	<b>87</b>	POWER TRAINING	Elite Masters Mężczyzn	19	09:40	<b>00:49:43.20</b>	<b>00:49:43.20</b>	+00:10:54 (21.9%)	8:17	7.2 (77.4%)
16	<b>OLBRYŚ Adam</b>	<b>53</b>		Elite Mężczyzn	66	09:30	<b>00:51:48.95</b>	<b>00:51:48.95</b>	+00:13:00 (25.1%)	8:38	6.9 (74.2%)
17	<b>JÓZEFOWSKI Tobiasz</b>	<b>90</b>	PUSTAKI	Elite Mężczyzn	68	09:40	<b>00:52:26.65</b>	<b>00:52:26.65</b>	+00:13:38 (26.0%)	8:44	6.9 (74.2%)
18	<b>KRZYŻANOWSKI Julian</b>	<b>85</b>	POWER TRAINING	Elite Masters Mężczyzn	22	09:40	<b>00:53:29.45</b>	<b>00:53:29.45</b>	+00:14:40 (27.4%)	8:54	6.7 (72.0%)
19	<b>DZIURDA Adam</b>	<b>83</b>	POWER TRAINING	Elite Masters Mężczyzn	24	09:40	<b>00:55:44.25</b>	<b>00:55:44.25</b>	+00:16:55 (30.4%)	9:17	6.5 (69.9%)
20	<b>BRZECZKOWSKI Paweł</b>	<b>82</b>	POWER TRAINING	Elite Masters Mężczyzn	25	09:40	<b>01:03:01.15</b>	<b>01:03:01.15</b>	+00:24:12 (38.4%)	10:30	5.7 (61.3%)

Znaleziono 20 wynik(ów)