

Organizator: Extreme Events, Runmageddon
Data: 2023-08-05
Miejsce: Ostrołęka
Dystans: 6 km

Klasyfikacja: Open Kobiet

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
1	LENKIEWICZ Weronika	298	CROSSBOX OKA	Open Kobiet	1	10:15	00:54:11.75	00:54:11.75		9:01	6.6 (100%)
2	OSTROWSKA Angelika	713	AKADEMIA SPORTOWA LELIS	Open Kobiet	2	11:15	00:54:50.25	00:54:50.25	+00:00:38 (1.2%)	9:08	6.6 (100%)
3	WASZKIEWICZ Edyta	288		Open Kobiet	3	10:00	00:57:50.05	00:57:50.05	+00:03:38 (6.3%)	9:38	6.2 (93.9%)
4	ROMANOWSKI Zdzisław	1160		Open Kobiet	4	12:30	00:58:27.35	00:58:27.35	+00:04:15 (7.3%)	9:44	6.2 (93.9%)
5	JACEK Magdalena	1147		Open Kobiet	5	12:30	01:02:07.40	01:02:07.40	+00:07:55 (12.8%)	10:21	5.8 (87.9%)
6	CZERWIŃSKA Agnieszka	1144		Open Kobiet	6	12:30	01:02:27.10	01:02:27.10	+00:08:15 (13.2%)	10:24	5.8 (87.9%)
7	MIERZEJEWSKA Magdalena	402	#TEAMFURIA	Open Masters Kobiet	1	10:30	01:02:49.45	01:02:49.45	+00:08:37 (13.7%)	10:28	5.7 (86.4%)
8	ANDRUSZEWSKA-KIELAK Beata	994	MPK PURE HOME	Open Masters Kobiet	2	12:00	01:03:11.60	01:03:11.60	+00:08:59 (14.2%)	10:31	5.7 (86.4%)
9	KULTYS Aneta	396	#TEAMFURIA	Open Kobiet	7	10:30	01:05:34.40	01:05:34.40	+00:11:22 (17.4%)	10:55	5.5 (83.3%)
10	SZWAB Joanna	1221		Open Kobiet	8	13:00	01:05:48.25	01:05:48.25	+00:11:36 (17.6%)	10:58	5.5 (83.3%)
11	HRYHOLA Svitlana	1207		Open Kobiet	9	13:00	01:07:32.75	01:07:32.75	+00:13:21 (19.8%)	11:15	5.3 (80.3%)
12	MATYJASEK Katarzyna	752	ROCKETFUEL	Open Kobiet	10	11:15	01:10:06.10	01:10:06.10	+00:15:54 (22.7%)	11:41	5.1 (77.3%)
13	KOZŁOWSKA Iwona	1291		Open Kobiet	11	13:00	01:11:56.50	01:11:56.50	+00:17:44 (24.7%)	11:59	5 (75.8%)
14	TWORKOWSKA Małgorzata	909	MIASTO OSTROŁĘKA	Open Masters Kobiet	3	11:45	01:12:25.55	01:12:25.55	+00:18:13 (25.2%)	12:04	5 (75.8%)
15	MORAWSKA Katarzyna	1108	BYKI I DZIKI	Open Kobiet	12	12:30	01:13:03.80	01:13:03.80	+00:18:52 (25.8%)	12:10	4.9 (74.2%)
16	POGŁODZIŃSKA Anna	1078		Open Masters Kobiet	4	12:00	01:13:57.50	01:13:57.50	+00:19:45 (26.7%)	12:19	4.9 (74.2%)
17	MÓWKA Dorota	302	FIT STACJA IŁAWA	Open Masters Kobiet	5	10:15	01:14:06.30	01:14:06.30	+00:19:54 (26.9%)	12:21	4.9 (74.2%)
17	SULEJ Kinga	303	FIT STACJA IŁAWA	Open Kobiet	13	10:15	01:14:06.30	01:14:06.30	+00:19:54 (26.9%)	12:21	4.9 (74.2%)
19	MELA-GRZĘDA Justyna	952		Open Kobiet	14	11:45	01:15:08.60	01:15:08.60	+00:20:56 (27.9%)	12:31	4.8 (72.7%)
20	WŁOCZEWSKA Joanna	979		Open Masters Kobiet	6	10:45	01:15:51.25	01:15:51.25	+00:21:39 (28.6%)	12:38	4.7 (71.2%)
21	ORBIK Justyna	364		Open Kobiet	15	10:15	01:16:49.85	01:16:49.85	+00:22:38 (29.5%)	12:48	4.7 (71.2%)
22	RUTKOWSKA Anita	412	#TEAMFURIA	Open Kobiet	16	10:30	01:17:07.75	01:17:07.75	+00:22:56 (29.7%)	12:51	4.7 (71.2%)
23	FISCHBACH Barbara	773		Open Kobiet	17	11:15	01:17:08.00	01:17:08.00	+00:22:56 (29.7%)	12:51	4.7 (71.2%)
24	CHORAŻY Anna	707	AKADEMIA SPORTOWA LELIS	Open Kobiet	18	11:15	01:17:16.05	01:17:16.05	+00:23:04 (29.9%)	12:52	4.7 (71.2%)
25	MATUSIAK Kinga	741	PACBOXINGGYMLELIS	Open Kobiet	19	11:15	01:17:24.15	01:17:24.15	+00:23:12 (30.0%)	12:54	4.7 (71.2%)
26	NIEDŹWIECKA Klaudia	710	AKADEMIA SPORTOWA LELIS	Open Kobiet	20	11:15	01:18:51.40	01:18:51.40	+00:24:39 (31.3%)	13:08	4.6 (69.7%)
27	ŻBIKOWSKA Justyna	1180	MIASTO OSTROŁĘKA	Open Kobiet	21	13:00	01:18:53.80	01:18:53.80	+00:24:42 (31.3%)	13:08	4.6 (69.7%)
28	KAMIŃSKA Patrycja	1174	MIASTO OSTROŁĘKA	Open Kobiet	22	13:00	01:18:54.10	01:18:54.10	+00:24:42 (31.3%)	13:09	4.6 (69.7%)
29	SKARZYŃSKA Anna	623	BANDA ŁYSEGO	Open Kobiet	23	11:00	01:19:25.25	01:19:25.25	+00:25:13 (31.8%)	13:14	4.5 (68.2%)
30	DEPTUŁA Katarzyna	937		Open Masters Kobiet	7	11:45	01:19:44.05	01:19:44.05	+00:25:32 (32.0%)	13:17	4.5 (68.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
31	MRÓZ Agnieszka	204	CROSSBOX OKA	Open Masters Kobiet	8	10:00	01:19:56.85	01:19:56.85	+00:25:45 (32.2%)	13:19	4.5 (68.2%)
32	GRABOWSKA Bożena	340		Open Masters Kobiet	9	10:15	01:20:16.05	01:20:16.05	+00:26:04 (32.5%)	13:22	4.5 (68.2%)
33	WIĘCEK Sylwia	380		Open Kobiet	24	10:15	01:20:16.20	01:20:16.20	+00:26:04 (32.5%)	13:22	4.5 (68.2%)
34	NIEDZWIECKA Justyna	322	PROJEKT RADOMIR	Open Masters Kobiet	10	10:15	01:20:54.25	01:20:54.25	+00:26:42 (33.0%)	13:29	4.4 (66.7%)
35	CHABEREK Katarzyna	1284		Open Kobiet	25	11:15	01:21:10.50	01:21:10.50	+00:26:58 (33.2%)	13:31	4.4 (66.7%)
36	GROCHOCKA Ewelina	997	MPK PURE HOME	Open Kobiet	26	12:00	01:21:40.60	01:21:40.60	+00:27:28 (33.6%)	13:36	4.4 (66.7%)
37	HARDEJ Maja	850		Open Kobiet	27	11:30	01:21:45.45	01:21:45.45	+00:27:33 (33.7%)	13:37	4.4 (66.7%)
38	MIRKOWICZ Aleksandra	1069		Open Kobiet	28	12:00	01:21:46.10	01:21:46.10	+00:27:34 (33.7%)	13:37	4.4 (66.7%)
39	GORNOWICZ Daria	678		Open Kobiet	29	11:00	01:22:06.20	01:22:06.20	+00:27:54 (34.0%)	13:41	4.4 (66.7%)
40	ORZOŁ Wiktoria	1237		Open Kobiet	30	10:00	01:22:32.45	01:22:32.45	+00:28:20 (34.3%)	13:45	4.4 (66.7%)
41	ANDRZEJEWSKA Monika	291	BEYE KOHANE	Open Kobiet	31	10:15	01:23:34.00	01:23:34.00	+00:29:22 (35.1%)	13:55	4.3 (65.2%)
42	STĘPNIIEWSKA Emilia	284		Open Kobiet	32	10:00	01:23:34.15	01:23:34.15	+00:29:22 (35.1%)	13:55	4.3 (65.2%)
43	MROZEK Adela	553	LIGHTERSI	Open Kobiet	33	10:45	01:23:41.00	01:23:41.00	+00:29:29 (35.2%)	13:56	4.3 (65.2%)
44	BUJNOWSKA Małgorzata	1282		Open Masters Kobiet	11	10:30	01:23:41.45	01:23:41.45	+00:29:29 (35.2%)	13:56	4.3 (65.2%)
45	SZPAKOWSKA Barbara	1010	MPK PURE HOME	Open Masters Kobiet	12	12:00	01:24:17.15	01:24:17.15	+00:30:05 (35.7%)	14:02	4.3 (65.2%)
46	KUBICKA Izabela	1258		Open Masters Kobiet	13	12:30	01:24:45.15	01:24:45.15	+00:30:33 (36.1%)	14:07	4.2 (63.6%)
47	WINCENCIAK Agata	888		Open Kobiet	34	11:30	01:24:46.15	01:24:46.15	+00:30:34 (36.1%)	14:07	4.2 (63.6%)
48	KOZIEŁ Małgorzata	946		Open Kobiet	35	11:45	01:25:02.35	01:25:02.35	+00:30:50 (36.3%)	14:10	4.2 (63.6%)
49	MICHALIK Paula	440	DON'T FOLLOW ME! I'M LOST TOO.	Open Kobiet	36	10:30	01:25:06.10	01:25:06.10	+00:30:54 (36.3%)	14:11	4.2 (63.6%)
50	PRZEKOP Małgorzata	871		Open Kobiet	37	11:30	01:25:42.15	01:25:42.15	+00:31:30 (36.8%)	14:17	4.2 (63.6%)
51	BYCZUK Agnieszka	934		Open Kobiet	38	11:45	01:26:16.10	01:26:16.10	+00:32:04 (37.2%)	14:22	4.2 (63.6%)
52	STOLARCZYK Julia	1164		Open Kobiet	39	12:30	01:27:10.50	01:27:10.50	+00:32:58 (37.8%)	14:31	4.1 (62.1%)
53	STRAZIŃSKA Aleksandra	376		Open Kobiet	40	10:15	01:27:11.20	01:27:11.20	+00:32:59 (37.8%)	14:31	4.1 (62.1%)
54	SEKLECKA Agata	301	CROSSHOUSE	Open Kobiet	41	10:15	01:27:11.35	01:27:11.35	+00:32:59 (37.8%)	14:31	4.1 (62.1%)
54	KOZDROWSKA Marta	349		Open Kobiet	41	10:15	01:27:11.35	01:27:11.35	+00:32:59 (37.8%)	14:31	4.1 (62.1%)
56	KULESZA Agnieszka	949		Open Masters Kobiet	14	12:30	01:27:23.95	01:27:23.95	+00:33:12 (38.0%)	14:33	4.1 (62.1%)
57	NAS Patrycja	1070		Open Kobiet	43	12:00	01:27:31.15	01:27:31.15	+00:33:19 (38.1%)	14:35	4.1 (62.1%)
58	KALISZ Ewelina	1054		Open Kobiet	44	12:00	01:27:31.65	01:27:31.65	+00:33:19 (38.1%)	14:35	4.1 (62.1%)
59	PESTKA Kasia	1197	VITARADE TEAM	Open Kobiet	45	13:00	01:27:58.35	01:27:58.35	+00:33:46 (38.4%)	14:39	4.1 (62.1%)
60	KARASIŃSKA Aleksandra	1187	SERWISOWI MOCNI!	Open Kobiet	46	12:30	01:28:03.90	01:28:03.90	+00:33:52 (38.5%)	14:40	4.1 (62.1%)
61	PORĘBSKA Katarzyna	1193	SERWISOWI MOCNI!	Open Kobiet	47	12:30	01:28:04.30	01:28:04.30	+00:33:52 (38.5%)	14:40	4.1 (62.1%)
62	ZARĘBSKA Joanna	1199	VITARADE TEAM	Open Kobiet	48	13:00	01:28:06.85	01:28:06.85	+00:33:55 (38.5%)	14:41	4.1 (62.1%)
63	GRZELECKA Weronika	1016	MPK PURE HOME SP. Z O.O.	Open Kobiet	49	12:00	01:28:15.30	01:28:15.30	+00:34:03 (38.6%)	14:42	4.1 (62.1%)
64	DZICZEK Anna	1045		Open Kobiet	50	12:00	01:28:23.45	01:28:23.45	+00:34:11 (38.7%)	14:43	4.1 (62.1%)
65	KLOCEK Aneta	737	KRYSTE PANIE! XD	Open Kobiet	51	11:15	01:28:27.25	01:28:27.25	+00:34:15 (38.7%)	14:44	4.1 (62.1%)
66	POCHMARA Natalia	922	WPU RUNNERS	Open Kobiet	52	11:45	01:28:30.85	01:28:30.85	+00:34:19 (38.8%)	14:45	4.1 (62.1%)
67	KORSUN Sigita	134	OCR VILNIUS	Open Masters Kobiet	15	09:50	01:28:34.25	01:28:34.25	+00:34:22 (38.8%)	14:45	4.1 (62.1%)
68	KURTIAK Wioleta	685		Open Kobiet	53	11:00	01:28:43.95	01:28:43.95	+00:34:32 (38.9%)	14:47	4.1 (62.1%)
69	DZIÓBEK Iza	241		Open Kobiet	54	10:00	01:29:10.30	01:29:10.30	+00:34:58 (39.2%)	14:51	4 (60.6%)
70	SAMUL Kamila	766	ZA TYCH CO NIE MOGĄ	Open Kobiet	55	11:15	01:29:31.50	01:29:31.50	+00:35:19 (39.5%)	14:55	4 (60.6%)
71	KORZEB Natalia	1060		Open Kobiet	56	12:00	01:29:47.70	01:29:47.70	+00:35:35 (39.6%)	14:57	4 (60.6%)
72	WK Magdalena	793		Open Kobiet	57	11:15	01:30:00.85	01:30:00.85	+00:35:49 (39.8%)	15:00	4 (60.6%)
73	ZIELIŃSKA Ilona	527	BIEGUN OCR TEAM	Open Kobiet	58	10:45	01:30:05.40	01:30:05.40	+00:35:53 (39.8%)	15:00	4 (60.6%)
74	JEDLINA Klaudia	735	KRYSTE PANIE! XD	Open Kobiet	59	11:15	01:30:13.95	01:30:13.95	+00:36:02 (39.9%)	15:02	4 (60.6%)

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75	SUMARA Anna	1178	MIASTO OSTROŁĘKA	Open Masters Kobiet	16	13:00	01:30:16.55	01:30:16.55	+00:36:04 (40.0%)	15:02	4 (60.6%)
76	GRZELECKA Anna	1015	MPK PURE HOME SP. Z O.O.	Open Masters Kobiet	17	12:00	01:30:25.25	01:30:25.25	+00:36:13 (40.1%)	15:04	4 (60.6%)
77	KAMIŃSKA Monika	1173	MIASTO OSTROŁĘKA	Open Masters Kobiet	18	13:00	01:30:49.90	01:30:49.90	+00:36:38 (40.3%)	15:08	4 (60.6%)
78	GŁOSEK Marta	1171	MIASTO OSTROŁĘKA	Open Kobiet	60	13:00	01:30:53.30	01:30:53.30	+00:36:41 (40.4%)	15:08	4 (60.6%)
79	WISZOWATA Marta	420	#TEAMFURIA	Open Masters Kobiet	19	10:30	01:31:02.65	01:31:02.65	+00:36:50 (40.5%)	15:10	4 (60.6%)
80	MARKOWSKA Monika	400	#TEAMFURIA	Open Kobiet	61	10:30	01:31:02.90	01:31:02.90	+00:36:51 (40.5%)	15:10	4 (60.6%)
81	DORYCKA Magdalena	334		Open Kobiet	62	10:15	01:31:18.80	01:31:18.80	+00:37:07 (40.6%)	15:13	3.9 (59.1%)
82	MICHALUK Weronika	306	HELGA I WIKINGOWIE	Open Kobiet	63	10:15	01:31:28.00	01:31:28.00	+00:37:16 (40.7%)	15:14	3.9 (59.1%)
83	MICHALUK Amelia	305	HELGA I WIKINGOWIE	Open Kobiet	64	10:15	01:31:28.05	01:31:28.05	+00:37:16 (40.7%)	15:14	3.9 (59.1%)
84	SZYMAŃSKA Agnieszka	635	MIASTO OSTROŁĘKA	Open Kobiet	65	11:00	01:31:52.25	01:31:52.25	+00:37:40 (41.0%)	15:18	3.9 (59.1%)
85	JABŁONOWSKA Katarzyna	659	XTREME FITNESS TEAM	Open Kobiet	66	11:00	01:32:01.00	01:32:01.00	+00:37:49 (41.1%)	15:20	3.9 (59.1%)
86	ANTCZAK Agnieszka	657	XTREME FITNESS TEAM	Open Kobiet	67	11:00	01:32:01.10	01:32:01.10	+00:37:49 (41.1%)	15:20	3.9 (59.1%)
87	HAГOPHA Oлeнa	665	XTREME FITNESS TEAM	Open Masters Kobiet	20	11:00	01:32:01.25	01:32:01.25	+00:37:49 (41.1%)	15:20	3.9 (59.1%)
88	BUCZKOWSKA Ewelina	753	TARGOR-TRUCK	Open Kobiet	68	11:15	01:32:21.85	01:32:21.85	+00:38:10 (41.3%)	15:23	3.9 (59.1%)
89	ZŁOTUCHA Karolina	764	TARGOR-TRUCK	Open Kobiet	69	11:15	01:32:22.00	01:32:22.00	+00:38:10 (41.3%)	15:23	3.9 (59.1%)
90	JURGA Marlena	758	TARGOR-TRUCK	Open Kobiet	70	11:15	01:32:22.40	01:32:22.40	+00:38:10 (41.3%)	15:23	3.9 (59.1%)
91	JAKACKA Bogumiła	755	TARGOR-TRUCK	Open Masters Kobiet	21	11:15	01:32:24.25	01:32:24.25	+00:38:12 (41.3%)	15:24	3.9 (59.1%)
92	PETRYKOWSKA Dorota	762	TARGOR-TRUCK	Open Kobiet	71	11:15	01:32:27.35	01:32:27.35	+00:38:15 (41.4%)	15:24	3.9 (59.1%)
93	DMOCHOWSKA Sylwia	585		Open Kobiet	72	10:45	01:32:30.90	01:32:30.90	+00:38:19 (41.4%)	15:25	3.9 (59.1%)
94	SIEŃKOWSKA Małgorzata	1232		Open Kobiet	73	12:30	01:32:32.80	01:32:32.80	+00:38:21 (41.4%)	15:25	3.9 (59.1%)
95	BORCZYK Emilia	770		Open Kobiet	74	11:15	01:32:59.50	01:32:59.50	+00:38:47 (41.7%)	15:29	3.9 (59.1%)
96	KRYSTMAN Agnieszka	501		Open Masters Kobiet	22	10:30	01:33:38.40	01:33:38.40	+00:39:26 (42.1%)	15:36	3.8 (57.6%)
97	KAR-KOW Lu	497		Open Kobiet	75	10:30	01:33:50.00	01:33:50.00	+00:39:38 (42.2%)	15:38	3.8 (57.6%)
98	DĄBROWSKA Dorota	839		Open Kobiet	76	11:30	01:33:59.60	01:33:59.60	+00:39:47 (42.3%)	15:39	3.8 (57.6%)
99	MASZTALERZ Monika	863		Open Kobiet	77	11:30	01:33:59.80	01:33:59.80	+00:39:48 (42.3%)	15:39	3.8 (57.6%)
100	SOSNOWICZ Marta	1133	SZALONE SZYNSZYLE	Open Kobiet	78	12:30	01:34:03.30	01:34:03.30	+00:39:51 (42.4%)	15:40	3.8 (57.6%)
101	PIOTROWSKA Katarzyna	1246		Open Kobiet	79	10:45	01:34:07.55	01:34:07.55	+00:39:55 (42.4%)	15:41	3.8 (57.6%)
102	GREGUŁA Kamila	1130	SZALONE SZYNSZYLE	Open Kobiet	80	12:30	01:34:08.00	01:34:08.00	+00:39:56 (42.4%)	15:41	3.8 (57.6%)
103	JASEK-KRUPA Aleksandra	628	CIAJMADY	Open Kobiet	81	11:00	01:34:43.80	01:34:43.80	+00:40:32 (42.8%)	15:47	3.8 (57.6%)
104	GILEWSKA Magda	494		Open Kobiet	82	10:30	01:34:45.45	01:34:45.45	+00:40:33 (42.8%)	15:47	3.8 (57.6%)
105	MATEJA Natalia	507		Open Kobiet	83	10:30	01:34:45.65	01:34:45.65	+00:40:33 (42.8%)	15:47	3.8 (57.6%)
106	TROCZEWSKA Ola	317	POWER TRAINING	Open Masters Kobiet	23	10:15	01:34:57.65	01:34:57.65	+00:40:45 (42.9%)	15:49	3.8 (57.6%)
107	CIUCHTA Klaudia	672		Open Kobiet	84	11:00	01:35:03.40	01:35:03.40	+00:40:51 (43.0%)	15:50	3.8 (57.6%)
108	TYSZKA Kasia	702		Open Kobiet	85	11:00	01:35:13.20	01:35:13.20	+00:41:01 (43.1%)	15:52	3.8 (57.6%)
109	MALISZEWSKA Agnieszka	228	OUTDOOR TRAINING	Open Masters Kobiet	24	10:00	01:35:26.65	01:35:26.65	+00:41:14 (43.2%)	15:54	3.8 (57.6%)
110	PLICHTA Julia	604		Open Kobiet	86	10:45	01:35:28.95	01:35:28.95	+00:41:17 (43.2%)	15:54	3.8 (57.6%)
111	MROCZEK Aleksandra	360		Open Kobiet	87	10:00	01:35:36.30	01:35:36.30	+00:41:24 (43.3%)	15:56	3.8 (57.6%)
112	NOWICKA Mirej	662	XTREME FITNESS TEAM	Open Kobiet	88	11:00	01:35:39.70	01:35:39.70	+00:41:27 (43.3%)	15:56	3.8 (57.6%)
113	RADZISZEWSKA Adrianna	830	ZMORUN	Open Kobiet	89	11:30	01:35:40.80	01:35:40.80	+00:41:29 (43.4%)	15:56	3.8 (57.6%)
114	KONERA Marta	717	BIEGAJĄCE ZĄBKI	Open Kobiet	90	11:15	01:35:41.65	01:35:41.65	+00:41:29 (43.4%)	15:56	3.8 (57.6%)
115	MALICKA Jola	358		Open Masters Kobiet	25	10:15	01:35:43.05	01:35:43.05	+00:41:31 (43.4%)	15:57	3.8 (57.6%)
116	PLICHTA Aleksandra	603		Open Kobiet	91	10:45	01:36:06.95	01:36:06.95	+00:41:55 (43.6%)	16:01	3.7 (56.1%)
117	SADOWSKA Anna	1268	TARGOR-TRUCK	Open Kobiet	92	11:15	01:36:19.85	01:36:19.85	+00:42:08 (43.7%)	16:03	3.7 (56.1%)
118	STASZKÓW Aneta	517		Open Kobiet	93	10:30	01:36:22.05	01:36:22.05	+00:42:10 (43.8%)	16:03	3.7 (56.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
119	KURPIEWSKA Ewa	907	MIASTO OSTROŁĘKA	Open Masters Kobiet	26	11:45	01:36:37.10	01:36:37.10	+00:42:25 (43.9%)	16:06	3.7 (56.1%)
120	LUTYNSKA Joanna	356		Open Kobiet	94	10:15	01:36:42.45	01:36:42.45	+00:42:30 (44.0%)	16:07	3.7 (56.1%)
121	GODLEWSKA - KOŚNIK Anna	589		Open Masters Kobiet	27	11:45	01:36:49.75	01:36:49.75	+00:42:38 (44.0%)	16:08	3.7 (56.1%)
122	PIECHOCIŃSKA Justyna	1076		Open Masters Kobiet	28	11:45	01:36:50.30	01:36:50.30	+00:42:38 (44.0%)	16:08	3.7 (56.1%)
123	CIESIELSKA Karolina	658	XTREME FITNESS TEAM	Open Kobiet	95	11:00	01:36:52.90	01:36:52.90	+00:42:41 (44.1%)	16:08	3.7 (56.1%)
124	JAWORSKA Iwona	756	TARGOR-TRUCK	Open Kobiet	96	11:15	01:37:25.90	01:37:25.90	+00:43:14 (44.4%)	16:14	3.7 (56.1%)
125	MICHOŃ Natalia	508		Open Kobiet	97	10:30	01:37:32.40	01:37:32.40	+00:43:20 (44.4%)	16:15	3.7 (56.1%)
126	CZAJKA Weronika	237		Open Kobiet	98	10:00	01:37:53.85	01:37:53.85	+00:43:42 (44.6%)	16:18	3.7 (56.1%)
127	LIPIEC Justyna	258		Open Kobiet	99	10:00	01:38:50.20	01:38:50.20	+00:44:38 (45.2%)	16:28	3.6 (54.5%)
128	KOZIEŁ Ewa	500		Open Kobiet	100	10:30	01:38:51.40	01:38:51.40	+00:44:39 (45.2%)	16:28	3.6 (54.5%)
129	PUTRA Elwira	967		Open Kobiet	101	11:00	01:39:27.50	01:39:27.50	+00:45:15 (45.5%)	16:34	3.6 (54.5%)
130	WEJS Wiktoria	548	HARDER CIECHANÓW	Open Kobiet	102	10:45	01:39:41.35	01:39:41.35	+00:45:29 (45.6%)	16:36	3.6 (54.5%)
131	OBUDZIŃSKA Monika	543		Open Masters Kobiet	29	10:45	01:39:41.70	01:39:41.70	+00:45:29 (45.6%)	16:36	3.6 (54.5%)
132	KACZOREK Beata	345		Open Masters Kobiet	30	10:45	01:39:42.00	01:39:42.00	+00:45:30 (45.6%)	16:37	3.6 (54.5%)
133	OSTROWSKA Dominika	695		Open Kobiet	103	11:00	01:39:55.60	01:39:55.60	+00:45:43 (45.8%)	16:39	3.6 (54.5%)
134	PAKUSZEWSKA Natalia	545	HARDER CIECHANÓW	Open Kobiet	104	10:45	01:40:06.35	01:40:06.35	+00:45:54 (45.9%)	16:41	3.6 (54.5%)
135	CZERNIAKIEWICZ Anna	226	OUTDOOR TRAINING	Open Masters Kobiet	31	10:00	01:40:26.00	01:40:26.00	+00:46:14 (46.0%)	16:44	3.6 (54.5%)
136	BAŁAZY Beata	225	OUTDOOR TRAINING	Open Masters Kobiet	32	10:00	01:40:26.20	01:40:26.20	+00:46:14 (46.0%)	16:44	3.6 (54.5%)
136	KWIATEK Magdalena	227	OUTDOOR TRAINING	Open Masters Kobiet	32	10:00	01:40:26.20	01:40:26.20	+00:46:14 (46.0%)	16:44	3.6 (54.5%)
138	PIESIECKA Daria	963		Open Kobiet	105	11:45	01:40:34.00	01:40:34.00	+00:46:22 (46.1%)	16:45	3.6 (54.5%)
139	BIERĆ Katarzyna	930		Open Masters Kobiet	34	11:45	01:40:35.05	01:40:35.05	+00:46:23 (46.1%)	16:45	3.6 (54.5%)
140	EIDUKONYTE Lina	153		Open Masters Kobiet	35	09:50	01:40:47.80	01:40:47.80	+00:46:36 (46.2%)	16:47	3.6 (54.5%)
141	MAZULYTE Audrone	135	OCR VILNIUS	Open Masters Kobiet	36	09:50	01:41:03.70	01:41:03.70	+00:46:51 (46.4%)	16:50	3.6 (54.5%)
142	BORZĘCKA Justyna	1103	0,7 ZGŁOŚ SIĘ	Open Masters Kobiet	37	12:30	01:41:29.35	01:41:29.35	+00:47:17 (46.6%)	16:54	3.5 (53.0%)
143	BODZON Zuzanna	1102	0,7 ZGŁOŚ SIĘ	Open Kobiet	106	12:30	01:41:29.50	01:41:29.50	+00:47:17 (46.6%)	16:54	3.5 (53.0%)
144	CHĘCIŃSKA Natalia	451	LEŚNE DZBANY	Open Kobiet	107	10:30	01:41:48.70	01:41:48.70	+00:47:36 (46.8%)	16:58	3.5 (53.0%)
145	KOSSAKOWSKA Anna	251		Open Masters Kobiet	38	10:00	01:41:59.50	01:41:59.50	+00:47:47 (46.9%)	16:59	3.5 (53.0%)
146	MAKSIM Marta	576	WALECZNE RYSIE	Open Kobiet	108	10:45	01:42:01.25	01:42:01.25	+00:47:49 (46.9%)	17:00	3.5 (53.0%)
147	ŻUKOWSKA Weronika	290		Open Kobiet	109	10:00	01:42:23.40	01:42:23.40	+00:48:11 (47.1%)	17:03	3.5 (53.0%)
148	GRABOWSKA Monika	774		Open Masters Kobiet	39	11:15	01:42:40.50	01:42:40.50	+00:48:28 (47.2%)	17:06	3.5 (53.0%)
148	KOŻLIK Anna	777		Open Kobiet	110	11:15	01:42:40.50	01:42:40.50	+00:48:28 (47.2%)	17:06	3.5 (53.0%)
150	DRĘŻEK Teresa	557	PREDATOR MMA MYSZYNIC	Open Masters Kobiet	40	10:45	01:43:01.55	01:43:01.55	+00:48:49 (47.4%)	17:10	3.5 (53.0%)
151	GAWRYŚ Iwona	558	PREDATOR MMA MYSZYNIC	Open Kobiet	111	10:45	01:43:01.80	01:43:01.80	+00:48:50 (47.4%)	17:10	3.5 (53.0%)
152	ANDRZEJEWSKA Marlena	556	PREDATOR MMA MYSZYNIC	Open Kobiet	112	10:45	01:43:01.85	01:43:01.85	+00:48:50 (47.4%)	17:10	3.5 (53.0%)
153	PISIAK Łucja	561	PREDATOR MMA MYSZYNIC	Open Kobiet	113	10:45	01:43:02.05	01:43:02.05	+00:48:50 (47.4%)	17:10	3.5 (53.0%)
154	KLEPACKA Dorota	1229		Open Kobiet	114	11:30	01:43:09.50	01:43:09.50	+00:48:57 (47.5%)	17:11	3.5 (53.0%)
155	RZEPECKA Marzena	874		Open Kobiet	115	11:30	01:43:15.95	01:43:15.95	+00:49:04 (47.5%)	17:12	3.5 (53.0%)
156	PIŁAT Renata	130	OBSTACLE CENTER TEAM	Open Masters Kobiet	41	09:50	01:43:32.35	01:43:32.35	+00:49:20 (47.7%)	17:15	3.5 (53.0%)
157	GOMOŁA-PARADOWSKA Anna	141	POWER TRAINING	Open Masters Kobiet	42	09:50	01:43:48.00	01:43:48.00	+00:49:36 (47.8%)	17:18	3.5 (53.0%)
158	ZATORSKA Natalia	522		Open Kobiet	116	10:30	01:43:48.45	01:43:48.45	+00:49:36 (47.8%)	17:18	3.5 (53.0%)
159	ŁYJAK Monika	504		Open Masters Kobiet	43	10:30	01:43:48.60	01:43:48.60	+00:49:36 (47.8%)	17:18	3.5 (53.0%)
160	PIATNYTSKA Oleksandra	988	EY OCR TEAM	Open Kobiet	117	12:00	01:43:57.20	01:43:57.20	+00:49:45 (47.9%)	17:19	3.5 (53.0%)
161	BEDNARCYK Justyna	233		Open Masters Kobiet	44	10:00	01:44:22.75	01:44:22.75	+00:50:11 (48.1%)	17:23	3.4 (51.5%)
162	MODZELAN-PRZYBYŁO Jolanta	146	PRZYBYŁKI	Open Masters Kobiet	45	09:50	01:44:28.40	01:44:28.40	+00:50:16 (48.1%)	17:24	3.4 (51.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
163	KULIGOWSKA Julia	351		Open Kobiet	118	10:45	01:44:48.20	01:44:48.20	+00:50:36 (48.3%)	17:28	3.4 (51.5%)
164	GAJEK Beata	844		Open Kobiet	119	11:30	01:45:07.85	01:45:07.85	+00:50:56 (48.4%)	17:31	3.4 (51.5%)
165	ANDRZEJAK Agnieszka	537	HARDER CIECHANÓW	Open Kobiet	120	10:45	01:45:26.65	01:45:26.65	+00:51:14 (48.6%)	17:34	3.4 (51.5%)
166	KALINOWSKA Natalia	539	HARDER CIECHANÓW	Open Kobiet	121	10:45	01:45:28.65	01:45:28.65	+00:51:16 (48.6%)	17:34	3.4 (51.5%)
167	SOKÓLSKA Katarzyna	137	OUTDOOR TRAINING	Open Kobiet	122	09:50	01:45:46.55	01:45:46.55	+00:51:34 (48.8%)	17:37	3.4 (51.5%)
168	LEWANDOWSKA Monika	464	RESZELGEDDON	Open Masters Kobiet	46	10:30	01:46:01.55	01:46:01.55	+00:51:49 (48.9%)	17:40	3.4 (51.5%)
169	ZGLEJSZEWSKA Anna	467	RESZELGEDDON	Open Kobiet	123	10:30	01:46:01.60	01:46:01.60	+00:51:49 (48.9%)	17:40	3.4 (51.5%)
170	SUSZYŃSKA Monika	466	RESZELGEDDON	Open Masters Kobiet	47	10:30	01:46:01.65	01:46:01.65	+00:51:49 (48.9%)	17:40	3.4 (51.5%)
171	LEND A Natalia	686		Open Kobiet	124	11:00	01:46:27.90	01:46:27.90	+00:52:16 (49.1%)	17:44	3.4 (51.5%)
172	ABRAMOWICZ Monika	746	RATOLE I PRZYJACIELE	Open Kobiet	125	11:15	01:46:28.85	01:46:28.85	+00:52:17 (49.1%)	17:44	3.4 (51.5%)
173	BARTOSIŃSKA Julia	747	RATOLE I PRZYJACIELE	Open Kobiet	126	11:15	01:46:29.15	01:46:29.15	+00:52:17 (49.1%)	17:44	3.4 (51.5%)
174	ŻERAŃSKA Julia	1115	LAST TRIO	Open Kobiet	127	12:30	01:46:30.05	01:46:30.05	+00:52:18 (49.1%)	17:45	3.4 (51.5%)
175	OLENDER Weronika	215	KAŻDY ORZE JAK MOŻE	Open Kobiet	128	10:00	01:46:30.40	01:46:30.40	+00:52:18 (49.1%)	17:45	3.4 (51.5%)
176	KWIATKOWSKA- KARKOSA Joanna	1215		Open Kobiet	129	13:00	01:46:41.15	01:46:41.15	+00:52:29 (49.2%)	17:46	3.4 (51.5%)
177	KOWALCZYK Marta	1210		Open Kobiet	130	13:00	01:46:59.40	01:46:59.40	+00:52:47 (49.3%)	17:49	3.4 (51.5%)
178	SELIVIORSTAVA Anastasiya	607		Open Kobiet	131	10:45	01:47:00.35	01:47:00.35	+00:52:48 (49.4%)	17:50	3.4 (51.5%)
179	ZALEWSKA Monika	1224		Open Kobiet	132	13:00	01:47:03.20	01:47:03.20	+00:52:51 (49.4%)	17:50	3.4 (51.5%)
180	GUTOWSKA Anita	1233		Open Kobiet	133	13:00	01:47:07.90	01:47:07.90	+00:52:56 (49.4%)	17:51	3.4 (51.5%)
181	JAS Joanna	1236		Open Kobiet	134	13:00	01:47:13.10	01:47:13.10	+00:53:01 (49.5%)	17:52	3.4 (51.5%)
182	KOSIŃSKA Dagmara	541	HARDER CIECHANÓW	Open Kobiet	135	10:45	01:47:14.45	01:47:14.45	+00:53:02 (49.5%)	17:52	3.4 (51.5%)
183	BRYK Izabela	1044		Open Kobiet	136	12:00	01:47:21.80	01:47:21.80	+00:53:10 (49.5%)	17:53	3.4 (51.5%)
184	GROCHOCKA Urszula	342		Open Kobiet	137	10:15	01:47:25.15	01:47:25.15	+00:53:13 (49.5%)	17:54	3.4 (51.5%)
185	WALORSKA Natalia	1087		Open Kobiet	138	12:00	01:47:27.60	01:47:27.60	+00:53:15 (49.6%)	17:54	3.4 (51.5%)
186	LENKIEWICZ Marta	352		Open Kobiet	139	10:15	01:47:29.10	01:47:29.10	+00:53:17 (49.6%)	17:54	3.3 (50.0%)
187	MAKOSA Monika	262		Open Masters Kobiet	48	10:00	01:47:57.25	01:47:57.25	+00:53:45 (49.8%)	17:59	3.3 (50.0%)
188	ŁUKASIK Aleksandra	1153		Open Kobiet	140	12:30	01:48:03.00	01:48:03.00	+00:53:51 (49.8%)	18:00	3.3 (50.0%)
189	BAJERA Julia	667		Open Kobiet	141	11:00	01:48:33.55	01:48:33.55	+00:54:21 (50.1%)	18:05	3.3 (50.0%)
190	WALUK Elzbieta	624	CARDIO HEROES	Open Kobiet	142	10:30	01:48:36.65	01:48:36.65	+00:54:24 (50.1%)	18:06	3.3 (50.0%)
191	BOBER Klaudia	932		Open Kobiet	143	11:30	01:48:48.30	01:48:48.30	+00:54:36 (50.2%)	18:08	3.3 (50.0%)
192	MOTOSZKO Karolina	202	CARDIO HEROES	Open Masters Kobiet	49	10:30	01:48:51.95	01:48:51.95	+00:54:40 (50.2%)	18:08	3.3 (50.0%)
193	WRONKOWSKA Katarzyna	890		Open Kobiet	144	11:30	01:48:53.10	01:48:53.10	+00:54:41 (50.2%)	18:08	3.3 (50.0%)
194	KRESSO Ewa	431	CARDIO HEROES	Open Masters Kobiet	50	10:30	01:48:57.75	01:48:57.75	+00:54:46 (50.3%)	18:09	3.3 (50.0%)
195	ROICKA Adrianna	411	#TEAMFURIA	Open Kobiet	145	10:30	01:49:13.35	01:49:13.35	+00:55:01 (50.4%)	18:12	3.3 (50.0%)
196	MILDNER Elżbieta	536	GLEBUSKI	Open Masters Kobiet	51	10:45	01:49:20.35	01:49:20.35	+00:55:08 (50.4%)	18:13	3.3 (50.0%)
197	NADOLNA Sandra	722	GSHOCK STORE	Open Kobiet	146	11:15	01:49:27.15	01:49:27.15	+00:55:15 (50.5%)	18:14	3.3 (50.0%)
198	PROSIŃSKA Magda	408	#TEAMFURIA	Open Kobiet	147	10:30	01:49:28.25	01:49:28.25	+00:55:16 (50.5%)	18:14	3.3 (50.0%)
199	KANIA Aga	736	KRYSTE PANIE! XD	Open Kobiet	148	11:15	01:49:29.55	01:49:29.55	+00:55:17 (50.5%)	18:14	3.3 (50.0%)
199	SOCHACKA Natalia	723	GSHOCK STORE	Open Kobiet	148	11:15	01:49:29.55	01:49:29.55	+00:55:17 (50.5%)	18:14	3.3 (50.0%)
201	WRÓBLEWSKA Anna	422	#TEAMFURIA	Open Kobiet	150	10:30	01:49:33.25	01:49:33.25	+00:55:21 (50.5%)	18:15	3.3 (50.0%)
202	ŻEBROWSKA Katarzyna	424	#TEAMFURIA	Open Kobiet	151	10:30	01:49:39.00	01:49:39.00	+00:55:27 (50.6%)	18:16	3.3 (50.0%)
203	MIERZEJEWSKA Dorota	401	#TEAMFURIA	Open Kobiet	152	10:30	01:49:40.40	01:49:40.40	+00:55:28 (50.6%)	18:16	3.3 (50.0%)
204	KAŻMIERCZAK Katarzyna	554	POŻAR STOP	Open Kobiet	153	10:15	01:49:40.85	01:49:40.85	+00:55:29 (50.6%)	18:16	3.3 (50.0%)
205	WARSZAWSKA Zuzanna	555	POŻAR STOP	Open Kobiet	154	10:15	01:49:51.80	01:49:51.80	+00:55:40 (50.7%)	18:18	3.3 (50.0%)
206	ŚWIECZKOWSKA Marta	414	#TEAMFURIA	Open Masters Kobiet	52	10:30	01:49:59.50	01:49:59.50	+00:55:47 (50.7%)	18:19	3.3 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
207	PIERZCHAŁA-JAGIELSKA Justyna	407	#TEAMFURIA	Open Masters Kobiet	53	10:30	01:50:14.95	01:50:14.95	+00:56:03 (50.8%)	18:22	3.3 (50.0%)
208	RELUGA Kasia	968		Open Kobiet	155	11:45	01:50:55.20	01:50:55.20	+00:56:43 (51.1%)	18:29	3.2 (48.5%)
209	PRADZYNSKA Liwia	273		Open Kobiet	156	10:00	01:51:00.35	01:51:00.35	+00:56:48 (51.2%)	18:30	3.2 (48.5%)
210	BIAŁOBRZEWSKA Monika	670		Open Kobiet	157	10:45	01:42:26.70	01:51:06.75	+00:56:55 (51.2%)	17:04	3.5 (53.0%)
211	BARAN Edyta	728	KRYSTE PANIE! XD	Open Kobiet	158	11:15	01:51:53.60	01:51:53.60	+00:57:41 (51.6%)	18:38	3.2 (48.5%)
212	MAKOWSKA Karolina	739	KRYSTE PANIE! XD	Open Kobiet	159	11:15	01:52:15.25	01:52:15.25	+00:58:03 (51.7%)	18:42	3.2 (48.5%)
213	LUKAS Małgorzata	639	OSPRO OCR	Open Kobiet	160	11:00	01:52:18.40	01:52:18.40	+00:58:06 (51.7%)	18:43	3.2 (48.5%)
214	POPEK Kasia	699		Open Kobiet	161	11:00	01:52:30.40	01:52:30.40	+00:58:18 (51.8%)	18:45	3.2 (48.5%)
215	GŁADKOWSKA Maria	807	Hajs Hajs Hajs	Open Kobiet	162	11:30	01:52:55.95	01:52:55.95	+00:58:44 (52.0%)	18:49	3.2 (48.5%)
216	WÓJCIK Marta	811	Hajs Hajs Hajs	Open Kobiet	163	11:30	01:52:57.25	01:52:57.25	+00:58:45 (52.0%)	18:49	3.2 (48.5%)
217	RUTKOWSKA Asia	326	SUPER POŚLADKI	Open Kobiet	164	10:15	01:53:01.95	01:53:01.95	+00:58:50 (52.1%)	18:50	3.2 (48.5%)
218	JAKUBOWSKA Julita	325	SUPER POŚLADKI	Open Kobiet	165	10:15	01:53:02.75	01:53:02.75	+00:58:51 (52.1%)	18:50	3.2 (48.5%)
219	ŻYNEL Aneta	328	SUPER POŚLADKI	Open Masters Kobiet	54	10:15	01:53:02.95	01:53:02.95	+00:58:51 (52.1%)	18:50	3.2 (48.5%)
220	KRAJEWSKA Małgorzata	650	SUPER POŚLADKI	Open Masters Kobiet	55	10:15	01:53:03.00	01:53:03.00	+00:58:51 (52.1%)	18:50	3.2 (48.5%)
221	SZOK Paulina	721	DĄBKI	Open Kobiet	166	11:15	01:53:27.80	01:53:27.80	+00:59:16 (52.2%)	18:54	3.2 (48.5%)
222	DĄBKOWSKA Anita	719	DĄBKI	Open Kobiet	167	11:15	01:53:28.10	01:53:28.10	+00:59:16 (52.2%)	18:54	3.2 (48.5%)
223	ORZOŁEK Patrycja	959		Open Kobiet	168	11:45	01:54:02.15	01:54:02.15	+00:59:50 (52.5%)	19:00	3.2 (48.5%)
224	GOSCINIAK Anna	1049		Open Masters Kobiet	56	11:15	01:54:34.85	01:54:34.85	+01:00:23 (52.7%)	19:05	3.1 (47.0%)
225	SZANDROCHO Iwona	745	POWER TRAINING	Open Masters Kobiet	57	11:15	01:54:35.45	01:54:35.45	+01:00:23 (52.7%)	19:05	3.1 (47.0%)
226	ŚCIBEK Joanna	437	CROSSBOX OKA	Open Kobiet	169	10:30	01:54:45.90	01:54:45.90	+01:00:34 (52.8%)	19:07	3.1 (47.0%)
227	OGONOWSKA Jolanta	436	CROSSBOX OKA	Open Kobiet	170	10:30	01:54:46.25	01:54:46.25	+01:00:34 (52.8%)	19:07	3.1 (47.0%)
228	ZAJDA Wioletta	1097		Open Kobiet	171	12:00	01:54:52.00	01:54:52.00	+01:00:40 (52.8%)	19:08	3.1 (47.0%)
229	KWIECIŃSKA Sonia	256		Open Kobiet	172	10:00	01:55:13.35	01:55:13.35	+01:01:01 (53.0%)	19:12	3.1 (47.0%)
230	DĄBROWSKA Klaudia	238		Open Kobiet	173	10:00	01:55:13.45	01:55:13.45	+01:01:01 (53.0%)	19:12	3.1 (47.0%)
231	SZYSZKOWSKA Aleksandra	906	ŁATWO TO JUŻ BYŁO	Open Kobiet	174	11:15	01:55:15.35	01:55:15.35	+01:01:03 (53.0%)	19:12	3.1 (47.0%)
232	BIAŁORUCKA Wioletta	484		Open Masters Kobiet	58	10:30	01:55:25.25	01:55:25.25	+01:01:13 (53.0%)	19:14	3.1 (47.0%)
233	JANKOWSKA Małgorzata	681		Open Kobiet	175	11:00	01:55:50.05	01:55:50.05	+01:01:38 (53.2%)	19:18	3.1 (47.0%)
234	BYWALD Agata	725	JUK	Open Kobiet	176	11:15	01:56:24.25	01:56:24.25	+01:02:12 (53.4%)	19:24	3.1 (47.0%)
235	GEMPEL Joanna	338	LA PUMBA KEBAB	Open Kobiet	177	10:30	01:56:58.80	01:56:58.80	+01:02:47 (53.7%)	19:29	3.1 (47.0%)
236	SZYMAŃSKA Magdalena	310	LA PUMBA KEBAB	Open Kobiet	178	10:30	01:56:58.85	01:56:58.85	+01:02:47 (53.7%)	19:29	3.1 (47.0%)
237	KALINOWSKA Monika	230	PRUSZKOWSKI TEAM	Open Masters Kobiet	59	10:00	01:57:17.15	01:57:17.15	+01:03:05 (53.8%)	19:32	3.1 (47.0%)
238	MARCHEWKA Monika	263		Open Masters Kobiet	60	10:00	01:57:17.25	01:57:17.25	+01:03:05 (53.8%)	19:32	3.1 (47.0%)
239	KLECZKOWSKA Monika	1003	MPK PURE HOME	Open Masters Kobiet	61	12:00	01:57:17.45	01:57:17.45	+01:03:05 (53.8%)	19:32	3.1 (47.0%)
240	ZIEMCZYK Aleksandra	1230		Open Kobiet	179	12:00	01:57:17.75	01:57:17.75	+01:03:06 (53.8%)	19:32	3.1 (47.0%)
241	BAKUŁA Marta	1013	MPK PURE HOME SP. Z O.O.	Open Masters Kobiet	62	12:00	01:57:17.85	01:57:17.85	+01:03:06 (53.8%)	19:32	3.1 (47.0%)
242	ŁUKOWSKA Ewa	1018	MPK PURE HOME SP. Z O.O.	Open Masters Kobiet	63	12:00	01:57:18.15	01:57:18.15	+01:03:06 (53.8%)	19:33	3.1 (47.0%)
243	ŁADA Natalia	1005	MPK PURE HOME	Open Kobiet	180	12:00	01:57:18.30	01:57:18.30	+01:03:06 (53.8%)	19:33	3.1 (47.0%)
244	MIKOŁAJCZEWSKA Monika	1006	MPK PURE HOME	Open Kobiet	181	12:00	01:57:18.55	01:57:18.55	+01:03:06 (53.8%)	19:33	3.1 (47.0%)
244	OLEJNICZAK Monika	1007	MPK PURE HOME	Open Kobiet	181	12:00	01:57:18.55	01:57:18.55	+01:03:06 (53.8%)	19:33	3.1 (47.0%)
246	BERNACKA Martyna	995	MPK PURE HOME	Open Kobiet	183	12:00	01:57:18.85	01:57:18.85	+01:03:07 (53.8%)	19:33	3.1 (47.0%)
247	GUMOWSKA Emilia	1001	MPK PURE HOME	Open Kobiet	184	12:00	01:57:18.95	01:57:18.95	+01:03:07 (53.8%)	19:33	3.1 (47.0%)
248	ZIEMCZYK Marta	1012	MPK PURE HOME	Open Kobiet	185	12:00	01:57:19.00	01:57:19.00	+01:03:07 (53.8%)	19:33	3.1 (47.0%)
249	PARZYCH Martyna	1256	MPK PURE HOME	Open Kobiet	186	12:00	01:57:19.80	01:57:19.80	+01:03:08 (53.8%)	19:33	3.1 (47.0%)
250	KORCZAKOWSKA Aldona	1057		Open Kobiet	187	12:00	01:57:20.40	01:57:20.40	+01:03:08 (53.8%)	19:33	3.1 (47.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
251	DALECKA Justyna	840		Open Kobiet	188	11:30	01:57:45.95	01:57:45.95	+01:03:34 (54.0%)	19:37	3.1 (47.0%)
252	GACEK Aleksandra	149	WARRIORS ŁÓDŹ	Open Kobiet	189	09:50	01:58:17.10	01:58:17.10	+01:04:05 (54.2%)	19:42	3 (45.5%)
253	RATAJCZAK Agata	514		Open Kobiet	190	10:30	01:59:19.75	01:59:19.75	+01:05:08 (54.6%)	19:53	3 (45.5%)
254	ŻEBROWSKA Anna	982		Open Kobiet	191	11:45	02:00:13.35	02:00:13.35	+01:06:01 (54.9%)	20:02	3 (45.5%)
255	KUBIC Agata	595		Open Kobiet	192	10:45	02:00:17.90	02:00:17.90	+01:06:06 (54.9%)	20:02	3 (45.5%)
256	ŁUCZAK Bożena	316	LUŻNE MAJTY	Open Masters Kobiet	64	10:15	02:00:32.90	02:00:32.90	+01:06:21 (55.0%)	20:05	3 (45.5%)
257	DMOCHOWSKA Joanna	314	LUŻNE MAJTY	Open Masters Kobiet	65	10:15	02:00:33.15	02:00:33.15	+01:06:21 (55.0%)	20:05	3 (45.5%)
258	WYSMUŁEK-ŚLIWA Iwona	445	HARDERSI	Open Masters Kobiet	66	10:30	02:01:04.65	02:01:04.65	+01:06:52 (55.2%)	20:10	3 (45.5%)
259	KURKOWSKA Kinga	444	HARDERSI	Open Masters Kobiet	67	10:30	02:01:26.35	02:01:26.35	+01:07:14 (55.4%)	20:14	3 (45.5%)
260	JASZCZUR Oliwia	802	CARDIO HEROES	Open Kobiet	193	10:30	02:01:33.05	02:01:33.05	+01:07:21 (55.4%)	20:15	3 (45.5%)
261	KUCHARSKA Katarzyna	472	THE WOOWS	Open Kobiet	194	10:30	02:03:28.05	02:03:28.05	+01:09:16 (56.1%)	20:34	2.9 (43.9%)
262	OBLIŃSKA Maria	958		Open Kobiet	195	11:45	02:03:42.80	02:03:42.80	+01:09:31 (56.2%)	20:37	2.9 (43.9%)
263	BOGUMIŁ Agnieszka	312	LUŻNE MAJTY	Open Masters Kobiet	68	10:15	02:04:31.85	02:04:31.85	+01:10:20 (56.5%)	20:45	2.9 (43.9%)
264	GRZ Jul	315	LUŻNE MAJTY	Open Kobiet	196	10:15	02:04:37.75	02:04:37.75	+01:10:26 (56.5%)	20:46	2.9 (43.9%)
265	DMOCHOWSKA Amelia	313	LUŻNE MAJTY	Open Kobiet	197	10:15	02:04:52.45	02:04:52.45	+01:10:40 (56.6%)	20:48	2.9 (43.9%)
266	ŁYŹWIŃSKA Alicja	1065		Open Kobiet	198	11:45	01:59:24.15	02:05:39.60	+01:11:27 (56.9%)	19:54	3 (45.5%)
267	BANASIAK Paulina	1040		Open Kobiet	199	11:45	01:59:29.60	02:05:39.80	+01:11:28 (56.9%)	19:54	3 (45.5%)
268	BOHO-ROMANOWICZ Sandra	234		Open Kobiet	200	10:00	02:05:42.45	02:05:42.45	+01:11:30 (56.9%)	20:57	2.9 (43.9%)
269	ROMANOWICZ Katarzyna	277		Open Kobiet	201	10:00	02:06:04.05	02:06:04.05	+01:11:52 (57.0%)	21:00	2.9 (43.9%)
270	NICEWICZ Dominika	361		Open Kobiet	202	10:15	02:06:21.20	02:06:21.20	+01:12:09 (57.1%)	21:03	2.8 (42.4%)
271	GRABOWSKA Patrycja	341		Open Kobiet	203	10:15	02:06:25.00	02:06:25.00	+01:12:13 (57.1%)	21:04	2.8 (42.4%)
272	ATTIYA Lidia	1029	WARRIORS ŁÓDŹ	Open Kobiet	204	12:00	02:07:00.05	02:07:00.05	+01:12:48 (57.3%)	21:10	2.8 (42.4%)
273	MUNDT Ewa	1031	WARRIORS ŁÓDŹ	Open Kobiet	205	12:00	02:07:00.20	02:07:00.20	+01:12:48 (57.3%)	21:10	2.8 (42.4%)
274	WILCZYŃSKA Agata	1034	WARRIORS ŁÓDŹ	Open Masters Kobiet	69	12:00	02:07:00.35	02:07:00.35	+01:12:48 (57.3%)	21:10	2.8 (42.4%)
275	MRÓZ Adrianna	266		Open Kobiet	206	10:00	02:08:37.30	02:08:37.30	+01:14:25 (57.9%)	21:26	2.8 (42.4%)
276	FILMANOWICZ Joanna	491		Open Kobiet	207	10:30	02:10:12.25	02:10:12.25	+01:16:00 (58.4%)	21:42	2.8 (42.4%)
277	DENYS Barbara	731	KRYSTE PANIE! XD	Open Kobiet	208	11:15	02:11:00.05	02:11:00.05	+01:16:48 (58.6%)	21:50	2.7 (40.9%)
278	SZAŁKOWSKA Karolina	432	COCOJAMBO	Open Kobiet	209	10:30	02:11:36.25	02:11:36.25	+01:17:24 (58.8%)	21:56	2.7 (40.9%)
279	SABAK Emilia	372		Open Kobiet	210	10:15	02:14:11.00	02:14:11.00	+01:19:59 (59.6%)	22:21	2.7 (40.9%)
280	LEBUDA Kinga	459	POWER RUNGERS	Open Kobiet	211	10:30	02:15:43.95	02:15:43.95	+01:21:32 (60.1%)	22:37	2.7 (40.9%)
281	PIETRZAK Julia	448	KULKI ŻABULKI	Open Kobiet	212	10:30	02:16:53.25	02:16:53.25	+01:22:41 (60.4%)	22:48	2.6 (39.4%)
282	PUŁA Milena	823	PSYCHIATRYK KOPERNIKA	Open Kobiet	213	11:30	02:17:09.70	02:17:09.70	+01:22:57 (60.5%)	22:51	2.6 (39.4%)
283	GUZ Paulina	822	PSYCHIATRYK KOPERNIKA	Open Kobiet	214	11:30	02:17:09.85	02:17:09.85	+01:22:58 (60.5%)	22:51	2.6 (39.4%)
284	DOBRZELEWSKA Dominika	125	DZIK KOMANDO	Open Kobiet	215	09:50	02:20:24.75	02:20:24.75	+01:26:13 (61.4%)	23:24	2.6 (39.4%)
Przekroczony limit czasu: 02:30:00											
285	BUDEK Weronika	164	BEFIT24TEAM	Open Kobiet	216	09:50	02:33:52.10	02:33:52.10	+01:39:40 (64.8%)	25:38	2.3 (34.8%)
286	NESTEROWICZ Magdalena	121	BIEGUN OCR TEAM	Open Kobiet	217	09:50	02:35:34.00	02:35:34.00	+01:41:22 (65.2%)	25:55	2.3 (34.8%)
287	PAKUŁA Ewa	129	OBSTACLE CENTER TEAM	Open Kobiet	218	09:50	02:36:17.60	02:36:17.60	+01:42:05 (65.3%)	26:02	2.3 (34.8%)
288	TOMCZUK Ewa	157		Open Kobiet	219	09:50	02:39:21.35	02:39:21.35	+01:45:09 (66.0%)	26:33	2.3 (34.8%)
289	NERĆ Karolina	155		Open Kobiet	220	09:50	02:39:44.40	02:39:44.40	+01:45:32 (66.1%)	26:37	2.3 (34.8%)
290	KOMINEK Anna	128	OBSTACLE CENTER TEAM	Open Kobiet	221	09:50	02:45:34.15	02:45:34.15	+01:51:22 (67.3%)	27:35	2.2 (33.3%)
291	PISULA Anna	144	POWER TRAINING	Open Kobiet	222	09:50	02:45:34.20	02:45:34.20	+01:51:22 (67.3%)	27:35	2.2 (33.3%)
292	BADRAN Adrianna	152		Open Kobiet	223	09:50	03:31:56.85	03:31:56.85	+02:37:45 (74.4%)	35:19	1.7 (25.8%)
293	GRABOWSKA Agnieszka	126	LEGNICA POKONUJE PRZESZKODY	Open Kobiet	224	09:50	03:35:18.00	03:35:18.00	+02:41:06 (74.8%)	35:53	1.7 (25.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
294	DADELEWSKA Joanna	138	PIĘKNI I BESTIE	Open Masters Kobiet	70	09:50	03:55:24.80	03:55:24.80	+03:01:13 (77.0%)	39:14	1.5 (22.7%)
295	DADELEWSKA Oliwia	159	WOLF TEAM	Open Kobiet	225	09:50	03:55:24.90	03:55:24.90	+03:01:13 (77.0%)	39:14	1.5 (22.7%)
296	OSTROWSKA Martyna	127	MOVEMENT ARENA SUWAŁKI	Open Kobiet	226	09:50	04:30:27.30	04:30:27.30	+03:36:15 (80.0%)	45:04	1.3 (19.7%)
	GUZIUK Anna	679		Open Kobiet		11:00	DNF	DNF		-	- (0.0%)
	BEDNARCZYK Małgorzata	206	GLADIATOR OSTROŁĘKA	Open Kobiet		10:00	DNF	DNF		-	- (0.0%)
	JAWORSKA Anna	455	OBSTACLE CENTER TEAM	Open Kobiet		10:30	DNF	DNF		-	- (0.0%)
	YAVORIVSKA Khrystyna	456	OBSTACLE CENTER TEAM	Open Kobiet		10:30	DNF	DNF		-	- (0.0%)
	SKOWROŃSKA Agnieszka	1254		Open Kobiet		11:45	DNF	DNF		-	- (0.0%)
	ORLICKA Katarzyna	530	CROSSBOX OKA	Open Masters Kobiet		10:45	DNF	DNF		-	- (0.0%)
	POLITOWSKA Anna	801	BLICHOWO BELFER TEAM	Open Kobiet		11:30	DNF	DNF		-	- (0.0%)

Znaleziono 303 wynik(ów)