

Wydarzenie: Runmageddon Siedlce
Organizator: Extreme Events, Runmageddon
Data: 2018-11-17
Miejsce: Siedlce
Dystans: 6 km

Klasyfikacja: Open Mężczyzn

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
1	KASZA Rafał	2841		Open Mężczyzn	1	12:00	00:20:09	00:28:56	00:37:40.80	00:37:40.80		6:16	9.6 (100%)
2	SUŁAT Maciej	2948		Open Mężczyzn	2	12:00	00:20:17	00:29:29	00:38:05.55	00:38:05.55	+00:00:24 (1.1%)	6:20	9.5 (99.0%)
3	WTULICH Rafał	2901	DĘBE JEST WIELKIE	Open Mężczyzn	3	12:00	00:21:28	00:31:07	00:40:38.20	00:40:38.20	+00:02:57 (7.3%)	6:46	8.9 (92.7%)
4	KACHARZHUK Alexander	2525	ON-BIKE ADVENTURE TEAM	Open Mężczyzn	4	11:00	00:21:34	00:31:10	00:40:40.30	00:40:40.30	+00:02:59 (7.4%)	6:46	8.9 (92.7%)
5	PAWŁOWSKI Kamil	3002	6BCHEM SP	Open Mężczyzn	5	12:15	00:20:28	00:29:42	00:40:54.35	00:40:54.35	+00:03:13 (7.9%)	6:49	8.8 (91.7%)
6	KNAPIK Zbigniew	2713		Open Mężczyzn	6	11:30	00:23:42	00:33:31	00:44:45.95	00:44:45.95	+00:07:05 (15.8%)	7:27	8 (83.3%)
7	SASAK Michał	3045		Open Mężczyzn	7	12:15	00:21:20	00:31:01	00:45:58.75	00:45:58.75	+00:08:17 (18.0%)	7:39	7.8 (81.3%)
8	KORKOSZ Ireneusz	2928	TECHNICY MAGICY	Open Mężczyzn	8	12:00	00:24:10	00:35:32	00:46:49.60	00:46:49.60	+00:09:08 (19.5%)	7:48	7.7 (80.2%)
9	BIEŃKOWSKI Tomasz	2940		Open Mężczyzn	9	12:00	00:24:15	00:35:45	00:46:57.90	00:46:57.90	+00:09:17 (19.8%)	7:49	7.7 (80.2%)
10	PAĆKO Michał	2383	CENTRUM OSTEOPATII I FIZJOTERAPII LUBLIN	Open Mężczyzn	10	10:30	00:24:59	00:35:41	00:47:27.35	00:47:27.35	+00:09:46 (20.6%)	7:54	7.6 (79.2%)
11	PRÓCHNIEWICZ Daniel	2481		Open Mężczyzn	11	10:30	00:25:09	00:35:12	00:47:28.15	00:47:28.15	+00:09:47 (20.6%)	7:54	7.6 (79.2%)
12	SZAŁAMACHA Mateusz	2609		Open Mężczyzn	12	11:00	00:22:48	00:35:37	00:47:32.05	00:47:32.05	+00:09:51 (20.7%)	7:55	7.6 (79.2%)
13	WÓJCIK Grzegorz	2242	CROSSFIT Z16	Open Mężczyzn	13	09:30	00:25:10	00:36:09	00:47:57.50	00:47:57.50	+00:10:16 (21.4%)	7:59	7.5 (78.1%)
14	JAMIOŁKOWSKI Marcin	2550	SMP TEAM	Open Mężczyzn	14	11:00	00:21:33	00:31:11	00:48:02.05	00:48:02.05	+00:10:21 (21.6%)	8:00	7.5 (78.1%)
15	CZAPSKI Łukasz	2419	STADLER	Open Mężczyzn	15	10:30	00:25:23	00:36:40	00:48:16.25	00:48:16.25	+00:10:35 (21.9%)	8:02	7.5 (78.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 6km	brutto 6km			
16	WCISŁO Wojciech	3055		Open Mężczyzn	16	12:15	00:22:37	00:32:28	00:48:31.00	00:48:31.00	+00:10:50 (22.3%)	8:05	7.4 (77.1%)
17	WITKOWSKI Kuba	2617		Open Mężczyzn	17	11:00	00:25:56	00:37:12	00:48:35.95	00:48:35.95	+00:10:55 (22.5%)	8:05	7.4 (77.1%)
18	MICHALAK Michał	2301		Open Masters Mężczyzn	1	09:30	00:25:40	00:36:16	00:49:11.00	00:49:11.00	+00:11:30 (23.4%)	8:11	7.3 (76.0%)
19	MRUZ Michał	2427	STADLER	Open Mężczyzn	18	10:30	00:24:55	00:36:08	00:50:42.00	00:50:42.00	+00:13:01 (25.7%)	8:27	7.1 (74.0%)
20	TOBER Milan	2613		Open Mężczyzn	19	11:00	00:26:12	00:38:17	00:50:51.10	00:50:51.10	+00:13:10 (25.9%)	8:28	7.1 (74.0%)
21	MISIAK Piotr	3017		Open Mężczyzn	20	12:15	00:25:58	00:37:51	00:51:45.85	00:51:45.85	+00:14:05 (27.2%)	8:37	7 (72.9%)
22	KOBOJEK Kamil	2290		Open Mężczyzn	21	09:30	00:26:05	00:38:30	00:52:22.20	00:52:22.20	+00:14:41 (28.1%)	8:43	6.9 (71.9%)
23	KRYPSKI Bartosz	2227	CROSSFIT SIEDLCE	Open Mężczyzn	22	09:30	00:25:35	00:38:01	00:53:30.70	00:53:30.70	+00:15:49 (29.6%)	8:55	6.7 (69.8%)
24	MOKWA Sebastian	3040		Open Mężczyzn	23	12:15	00:22:44	00:34:02	00:54:37.55	00:54:37.55	+00:16:56 (31.0%)	9:06	6.6 (68.8%)
25	WIECZOREK Kacper	2659	JAGODZIANKI RADOM	Open Mężczyzn	24	11:30	00:28:51	00:40:56	00:54:54.10	00:54:54.10	+00:17:13 (31.4%)	9:09	6.6 (68.8%)
26	TOMASIUK Rafał	2494		Open Mężczyzn	25	10:30	00:29:02	00:40:48	00:55:32.95	00:55:32.95	+00:17:52 (32.2%)	9:15	6.5 (67.7%)
27	NAPIÓRKOWSKI Cezary	2473		Open Mężczyzn	26	10:30	00:25:17	00:37:04	00:55:38.90	00:55:38.90	+00:17:58 (32.3%)	9:16	6.5 (67.7%)
28	PRZYGODZKI Tomasz	2731		Open Masters Mężczyzn	2	11:30	00:26:02	00:38:11	00:55:52.50	00:55:52.50	+00:18:11 (32.6%)	9:18	6.4 (66.7%)
29	KASCHE Denny	2760		Open Mężczyzn	27	10:30	00:26:20	00:38:44	00:56:07.20	00:56:07.20	+00:18:26 (32.9%)	9:21	6.4 (66.7%)
30	GĘSICKI Remigiusz	3060		Open Mężczyzn	28	12:15	00:26:37	00:38:54	00:57:25.95	00:57:25.95	+00:19:45 (34.4%)	9:34	6.3 (65.6%)
31	SOBIESZUK Mateusz	2250	MCP RUNNER	Open Mężczyzn	29	09:30	00:30:58	00:42:58	00:57:28.10	00:57:28.10	+00:19:47 (34.4%)	9:34	6.3 (65.6%)
32	PŁONKA Konrad	3051		Open Mężczyzn	30	12:15	00:26:55	00:38:30	00:57:39.65	00:57:39.65	+00:19:58 (34.7%)	9:36	6.2 (64.6%)
33	MARCHEWKA Sebastian	2766		Open Mężczyzn	31	11:00	00:25:38	00:36:55	00:57:50.75	00:57:50.75	+00:20:09 (34.9%)	9:38	6.2 (64.6%)
34	MAZUR Artur	2765		Open Mężczyzn	32	11:00	00:25:38	00:36:55	00:57:51.05	00:57:51.05	+00:20:10 (34.9%)	9:38	6.2 (64.6%)
35	DZIÓBEK Lech	2570		Open Mężczyzn	33	11:00	00:24:25	00:35:34	00:57:55.30	00:57:55.30	+00:20:14 (34.9%)	9:39	6.2 (64.6%)
36	KOWALCZYK Piotr	2643	EXO FITNESS	Open Mężczyzn	34	11:30	00:28:12	00:41:35	00:58:25.20	00:58:25.20	+00:20:44 (35.5%)	9:44	6.2 (64.6%)
37	GORKYSHIN Alexandr	2457		Open Mężczyzn	35	10:30	00:27:52	00:40:12	00:58:30.25	00:58:30.25	+00:20:49 (35.6%)	9:45	6.2 (64.6%)
38	KOSTROWSKI Łukasz	3013		Open Mężczyzn	36	12:15	00:26:35	00:38:27	00:58:51.90	00:58:51.90	+00:21:11 (36.0%)	9:48	6.1 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 6km	brutto 6km			
39	BICHLER Grzegorz	2267		Open Mężczyzn	37	09:30	00:29:25	00:42:12	00:59:17.60	00:59:17.60	+00:21:36 (36.5%)	9:52	6.1 (63.5%)
40	PRZYBYŁO Bartosz	3052		Open Mężczyzn	38	12:15	00:29:10	00:43:06	00:59:45.85	00:59:45.85	+00:22:05 (37.0%)	9:57	6 (62.5%)
41	KUBAŚ Arkadiusz	2400	KLUB AKTYWNYCH PARKRUN SKÓRZEC	Open Mężczyzn	39	10:30	00:27:14	00:39:17	01:00:03.85	01:00:03.85	+00:22:23 (37.3%)	10:00	6 (62.5%)
42	BĘBEN Jan	3053		Open Masters Mężczyzn	3	12:15	00:29:04	00:43:05	01:00:50.60	01:00:50.60	+00:23:09 (38.1%)	10:08	5.9 (61.5%)
43	SEKIERKO Łukasz	2487		Open Mężczyzn	40	10:30	00:28:49	00:40:52	01:01:11.05	01:01:11.05	+00:23:30 (38.4%)	10:11	5.9 (61.5%)
44	BIŃKOWSKI Grzegorz	2447		Open Mężczyzn	41	10:30	00:30:01	00:42:48	01:01:12.35	01:01:12.35	+00:23:31 (38.4%)	10:12	5.9 (61.5%)
45	BUCZKOWSKI Krzysztof	2353		Open Mężczyzn	42	10:00	00:27:48	00:40:12	01:01:38.30	01:01:38.30	+00:23:57 (38.9%)	10:16	5.8 (60.4%)
46	OŹLAŃSKI Daniel	3018		Open Mężczyzn	43	12:15	00:28:46	00:41:19	01:01:39.30	01:01:39.30	+00:23:58 (38.9%)	10:16	5.8 (60.4%)
47	WRONA Mateusz	3054		Open Mężczyzn	44	12:15	00:29:07	00:43:00	01:01:39.35	01:01:39.35	+00:23:58 (38.9%)	10:16	5.8 (60.4%)
48	CHMIEL Kamil	3031		Open Mężczyzn	45	12:15	00:28:45	00:41:18	01:01:45.30	01:01:45.30	+00:24:04 (39.0%)	10:17	5.8 (60.4%)
49	PRYCZEK Michał	2482		Open Mężczyzn	46	10:30	00:28:03	00:41:06	01:02:31.60	01:02:31.60	+00:24:50 (39.7%)	10:25	5.8 (60.4%)
50	BANASZKIEWICZ Sławomir	2939		Open Mężczyzn	47	12:00	00:31:15	00:45:35	01:03:15.35	01:03:15.35	+00:25:34 (40.4%)	10:32	5.7 (59.4%)
51	SOBOL Bartek	2488		Open Mężczyzn	48	10:30	00:27:08	00:40:45	01:03:26.60	01:03:26.60	+00:25:45 (40.6%)	10:34	5.7 (59.4%)
52	KLIMIUK Paweł	2579		Open Mężczyzn	49	11:00	00:31:24	00:45:51	01:03:46.45	01:03:46.45	+00:26:05 (40.9%)	10:37	5.6 (58.3%)
53	BIJATA Bartosz	2564		Open Mężczyzn	50	11:00	00:31:23	00:45:52	01:03:46.50	01:03:46.50	+00:26:05 (40.9%)	10:37	5.6 (58.3%)
54	SZYBOWSKI Adam	2611		Open Masters Mężczyzn	4	11:00	00:27:34	00:42:27	01:04:10.25	01:04:10.25	+00:26:29 (41.3%)	10:41	5.6 (58.3%)
55	ZAREMBA Marcin	2619		Open Mężczyzn	51	11:00	00:27:45	00:39:59	01:04:12.30	01:04:12.30	+00:26:31 (41.3%)	10:42	5.6 (58.3%)
56	KORCZYK Tomasz	2293		Open Mężczyzn	52	09:30	00:30:25	00:43:41	01:04:22.60	01:04:22.60	+00:26:41 (41.5%)	10:43	5.6 (58.3%)
57	KOT Mariusz	3061		Open Mężczyzn	53	12:15	00:28:30	00:40:38	01:04:27.10	01:04:27.10	+00:26:46 (41.5%)	10:44	5.6 (58.3%)
58	PRASUŁA Kornel	3044		Open Mężczyzn	54	12:15	00:28:31	00:40:40	01:04:27.90	01:04:27.90	+00:26:47 (41.5%)	10:44	5.6 (58.3%)
59	WOLCZYK Cezary	3050		Open Mężczyzn	55	12:15	00:28:42	00:42:30	01:04:33.60	01:04:33.60	+00:26:52 (41.6%)	10:45	5.6 (58.3%)
60	SIDORCZUK Rafał	2546	SIEM CITY	Open Mężczyzn	56	11:00	00:26:31	00:42:15	01:04:40.10	01:04:40.10	+00:26:59 (41.7%)	10:46	5.6 (58.3%)
61	KONDRACIUK Piotr	2060		Open Masters Mężczyzn	5	09:00	00:29:36	00:42:36	01:04:49.95	01:04:49.95	+00:27:09 (41.9%)	10:48	5.6 (58.3%)

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									netto 6km	brutto 6km			
62	GROCH Radosław	2539	SIEM CITY	Open Mężczyzn	57	11:00	00:30:28	00:45:11	01:04:56.85	01:04:56.85	+00:27:16 (42.0%)	10:49	5.5 (57.3%)
63	KUDŁA Grzegorz	2587		Open Masters Mężczyzn	6	11:00	00:33:08	00:47:52	01:05:05.10	01:05:05.10	+00:27:24 (42.1%)	10:50	5.5 (57.3%)
64	MAZUREK Mateusz	2591		Open Mężczyzn	58	11:00	00:33:23	00:48:03	01:05:13.40	01:05:13.40	+00:27:32 (42.2%)	10:52	5.5 (57.3%)
65	MERGNER Rafał	2538	POWER TRAINING	Open Mężczyzn	59	11:00	00:33:29	00:49:02	01:05:15.60	01:05:15.60	+00:27:34 (42.3%)	10:52	5.5 (57.3%)
66	SKUP Radosław	2602		Open Mężczyzn	60	11:00	00:33:07	00:47:51	01:05:20.30	01:05:20.30	+00:27:39 (42.3%)	10:53	5.5 (57.3%)
67	SACZEWSKI Arkadiusz	2233	CROSSFIT SIEDLCE	Open Mężczyzn	61	09:30	00:30:37	00:44:38	01:05:28.55	01:05:28.55	+00:27:47 (42.5%)	10:54	5.5 (57.3%)
68	KOZŁOWSKI Paweł	3001	6BCHEM SP	Open Mężczyzn	62	12:15	00:31:17	00:45:32	01:05:40.70	01:05:40.70	+00:27:59 (42.6%)	10:56	5.5 (57.3%)
69	DOMAŃSKI Damian	2568		Open Mężczyzn	63	11:00	00:33:44	00:46:27	01:07:31.60	01:07:31.60	+00:29:50 (44.2%)	11:15	5.3 (55.2%)
70	MAJEWSKI Oskar	2402	LATAJĄCE GRZYFY	Open Mężczyzn	64	10:30	00:31:43	00:45:26	01:07:42.05	01:07:42.05	+00:30:01 (44.3%)	11:17	5.3 (55.2%)
71	ŁĘCZYCKI Przemysław	2467		Open Mężczyzn	65	10:30	00:31:49	00:47:48	01:08:04.75	01:08:04.75	+00:30:23 (44.7%)	11:20	5.3 (55.2%)
72	ADAMCZYK Jacek	2922	TECHNICY MAGICY	Open Masters Mężczyzn	7	12:00	00:31:30	00:47:00	01:08:04.85	01:08:04.85	+00:30:24 (44.7%)	11:20	5.3 (55.2%)
73	MIKUCKI Daniel	2439	VALUEADD	Open Mężczyzn	66	10:30	00:31:48	00:47:51	01:08:23.35	01:08:23.35	+00:30:42 (44.9%)	11:23	5.3 (55.2%)
74	CZUBA Krzysztof	2908	RADZYMIN	Open Masters Mężczyzn	8	12:00	00:43:17	01:00:13	01:09:14.95	01:09:14.95	+00:31:34 (45.6%)	11:32	5.2 (54.2%)
75	KARCZMARCZYK Marcin	2910	RADZYMIN	Open Masters Mężczyzn	9	12:00	00:38:04	00:55:34	01:09:15.20	01:09:15.20	+00:31:34 (45.6%)	11:32	5.2 (54.2%)
76	TICHY Ignacy	2492		Open Mężczyzn	67	10:30	00:28:31	00:42:21	01:09:17.45	01:09:17.45	+00:31:36 (45.6%)	11:32	5.2 (54.2%)
77	JENDRUSZCZAK Dawid	3024	WAT IS LOVE, BABY DON'T HURT ME	Open Mężczyzn	68	12:15	00:28:12	00:40:55	01:09:27.00	01:09:27.00	+00:31:46 (45.7%)	11:34	5.2 (54.2%)
78	WRÓBEL Konrad	3027	WAT IS LOVE, BABY DON'T HURT ME	Open Mężczyzn	69	12:15	00:28:25	00:41:01	01:09:27.40	01:09:27.40	+00:31:46 (45.8%)	11:34	5.2 (54.2%)
79	ŻACZEK Dominik	3028	WAT IS LOVE, BABY DON'T HURT ME	Open Mężczyzn	70	12:15	00:28:15	00:41:01	01:09:28.15	01:09:28.15	+00:31:47 (45.8%)	11:34	5.2 (54.2%)
80	ŻÓŁTEK Łukasz	2537	POCIULANI	Open Mężczyzn	71	11:00	00:37:00	00:53:37	01:10:34.80	01:10:34.80	+00:32:54 (46.6%)	11:45	5.1 (53.1%)
81	KUŚ Michał	2842	URZĄD MIASTA KĘDZIERZYN KOŹLE	Open Mężczyzn	72	12:00	00:33:41	00:50:23	01:10:35.00	01:10:35.00	+00:32:54 (46.6%)	11:45	5.1 (53.1%)
82	PYŚKIEWICZ Kordian	2913	RADZYMIN	Open Mężczyzn	73	12:00	00:39:03	00:57:06	01:10:35.15	01:10:35.15	+00:32:54 (46.6%)	11:45	5.1 (53.1%)
83	BRODZIAK Andrzej	2695		Open Masters Mężczyzn	10	11:30	00:34:41	00:50:06	01:10:41.70	01:10:41.70	+00:33:00 (46.7%)	11:46	5.1 (53.1%)
84	AUGUSTYNIAK Robert	2693		Open Mężczyzn	74	11:30	00:34:46	00:50:26	01:10:45.70	01:10:45.70	+00:33:04 (46.8%)	11:47	5.1 (53.1%)

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									netto 6km	brutto 6km			
85	GIERSZ Andrzej	2243	HUSARIA RACE TEAM	Open Mężczyzn	75	09:30	00:30:06	00:43:52	01:11:09.30	01:11:09.30	+00:33:28 (47.0%)	11:51	5.1 (53.1%)
86	SZCZĘSNY Bartosz	2849	HUSARIA RACE TEAM	Open Mężczyzn	76	12:00	00:28:42	00:46:04	01:11:15.05	01:11:15.05	+00:33:34 (47.1%)	11:52	5.1 (53.1%)
87	IZDEBSKI Marcin	2575		Open Mężczyzn	77	11:00	00:27:58	00:39:53	01:11:17.40	01:11:17.40	+00:33:36 (47.1%)	11:52	5.1 (53.1%)
88	SMOLAK Maciej	2761		Open Mężczyzn	78	10:00	00:31:00	00:45:25	01:11:26.40	01:11:26.40	+00:33:45 (47.3%)	11:54	5 (52.1%)
89	GRZECHNIK Łukasz	2363		Open Mężczyzn	79	10:00	00:31:00	00:45:26	01:11:26.55	01:11:26.55	+00:33:45 (47.3%)	11:54	5 (52.1%)
90	MARUSZCZYK Marcin	2039	SPARTAN TEAM	Open Mężczyzn	80	09:00	00:33:51	00:48:04	01:12:00.75	01:12:00.75	+00:34:19 (47.7%)	12:00	5 (52.1%)
90	NOWAKOWSKI Karol	2040	SPARTAN TEAM	Open Mężczyzn	80	09:00	00:33:36	00:47:05	01:12:00.75	01:12:00.75	+00:34:19 (47.7%)	12:00	5 (52.1%)
92	WYSOCKI Michał	2741		Open Mężczyzn	82	11:30	00:32:40	00:45:09	01:12:26.90	01:12:26.90	+00:34:46 (48.0%)	12:04	5 (52.1%)
93	ARTEL Dariusz	2923	TECHNICY MAGICY	Open Masters Mężczyzn	11	12:00	00:37:56	00:55:24	01:12:28.05	01:12:28.05	+00:34:47 (48.0%)	12:04	5 (52.1%)
94	KOWALSKI Dominik	2423	STADLER	Open Mężczyzn	83	10:30	00:35:19	00:50:17	01:12:47.00	01:12:47.00	+00:35:06 (48.2%)	12:07	4.9 (51.0%)
95	KUŻMA Paweł	2465		Open Mężczyzn	84	10:30	00:32:19	00:46:44	01:12:50.70	01:12:50.70	+00:35:09 (48.3%)	12:08	4.9 (51.0%)
96	KOŁODZIEJ Dawid	2461		Open Mężczyzn	85	10:30	00:36:08	00:52:50	01:12:59.30	01:12:59.30	+00:35:18 (48.4%)	12:09	4.9 (51.0%)
97	KOPEĆ Michał	2658	JAGODZIANKI RADOM	Open Mężczyzn	86	11:30	00:39:03	00:52:14	01:13:03.90	01:13:03.90	+00:35:23 (48.4%)	12:10	4.9 (51.0%)
98	SOWA Przemysław	2489		Open Mężczyzn	87	10:30	00:36:10	00:52:56	01:13:17.55	01:13:17.55	+00:35:36 (48.6%)	12:12	4.9 (51.0%)
99	GRULA Łukasz	2281		Open Mężczyzn	88	09:30	00:39:08	00:53:49	01:13:17.70	01:13:17.70	+00:35:36 (48.6%)	12:12	4.9 (51.0%)
100	CEGIELSKI Paweł	2205	CIEĆMORUCHY	Open Mężczyzn	89	09:30	00:31:48	00:46:59	01:13:30.50	01:13:30.50	+00:35:49 (48.7%)	12:15	4.9 (51.0%)
101	MARCZYŃSKI Sylwester	2206	CIEĆMORUCHY	Open Mężczyzn	90	09:30	00:31:49	00:47:04	01:13:31.10	01:13:31.10	+00:35:50 (48.7%)	12:15	4.9 (51.0%)
102	- -	2585		Open Mężczyzn	91	11:00	00:36:19	00:54:45	01:14:56.95	01:14:56.95	+00:37:16 (49.7%)	12:29	4.8 (50.0%)
103	SOBIESZUK Łukasz	2249	MCP RUNNER	Open Mężczyzn	92	09:30	00:29:22	00:42:10	01:15:04.50	01:15:04.50	+00:37:23 (49.8%)	12:30	4.8 (50.0%)
104	SŁAWSKI Dariusz	2952		Open Mężczyzn	93	12:00	00:39:03	00:57:16	01:15:13.10	01:15:13.10	+00:37:32 (49.9%)	12:32	4.8 (50.0%)
105	ŁĘCZYCKI Tomasz	2468		Open Mężczyzn	94	10:30	00:31:51	00:47:58	01:15:17.10	01:15:17.10	+00:37:36 (50.0%)	12:32	4.8 (50.0%)
106	ZYGARTOWICZ Rafał	2916	RADZYMIN	Open Mężczyzn	95	12:00	00:38:14	00:57:10	01:15:28.35	01:15:28.35	+00:37:47 (50.1%)	12:34	4.8 (50.0%)
107	GIL Maciej	2571		Open Mężczyzn	96	11:00	00:35:57	00:52:40	01:15:40.75	01:15:40.75	+00:37:59 (50.2%)	12:36	4.8 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 6km	brutto 6km			
108	TYTOŃ Jakub	2322		Open Mężczyzn	97	09:30	00:32:17	00:47:59	01:16:09.15	01:16:09.15	+00:38:28 (50.5%)	12:41	4.7 (49.0%)
109	SELWANOWICZ Aleksander	2316		Open Masters Mężczyzn	12	09:30	00:40:57	00:58:47	01:16:27.60	01:16:27.60	+00:38:46 (50.7%)	12:44	4.7 (49.0%)
110	KRASUSKI Piotr	2226	CROSSFIT SIEDLCE	Open Mężczyzn	98	09:30	00:40:45	00:58:36	01:16:47.15	01:16:47.15	+00:39:06 (50.9%)	12:47	4.7 (49.0%)
111	KOCOŁOWSKI Jurek	2366		Open Masters Mężczyzn	13	10:30	00:39:15	00:58:17	01:16:49.00	01:16:49.00	+00:39:08 (50.9%)	12:48	4.7 (49.0%)
112	GUMOWSKI Rafał	3011		Open Mężczyzn	99	12:15	00:30:29	00:44:35	01:16:54.20	01:16:54.20	+00:39:13 (51.0%)	12:49	4.7 (49.0%)
113	RATYŃSKI Mateusz	2678	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	100	11:30	00:35:20	00:52:28	01:17:01.90	01:17:01.90	+00:39:21 (51.1%)	12:50	4.7 (49.0%)
114	ZAJĄC Michał	3029	WAT IS LOVE, BABY DON'T HURT ME	Open Mężczyzn	101	12:15	00:33:02	00:47:29	01:17:03.00	01:17:03.00	+00:39:22 (51.1%)	12:50	4.7 (49.0%)
115	BOŁZAN Mariusz	3005		Open Mężczyzn	102	12:15	00:30:46	00:44:58	01:17:10.30	01:17:10.30	+00:39:29 (51.2%)	12:51	4.7 (49.0%)
116	BOŁBA Krystian	2248	MCP RUNNER	Open Mężczyzn	103	09:30	00:29:17	00:42:13	01:17:10.50	01:17:10.50	+00:39:29 (51.2%)	12:51	4.7 (49.0%)
117	POL Mikołaj	2633	CZARNY TEAM	Open Mężczyzn	104	11:30	00:36:44	00:51:37	01:17:14.50	01:17:14.50	+00:39:33 (51.2%)	12:52	4.7 (49.0%)
118	KIMON Damian	2632	CZARNY TEAM	Open Mężczyzn	105	11:30	00:36:44	00:51:38	01:17:27.55	01:17:27.55	+00:39:46 (51.4%)	12:54	4.6 (47.9%)
119	SWACZYŃSKI Krzysztof	2608		Open Mężczyzn	106	11:30	00:38:28	00:51:16	01:17:28.15	01:17:28.15	+00:39:47 (51.4%)	12:54	4.6 (47.9%)
120	CHOJECKI Mateusz	2697		Open Mężczyzn	107	11:30	00:35:20	00:52:29	01:17:28.50	01:17:28.50	+00:39:47 (51.4%)	12:54	4.6 (47.9%)
121	NOWAK Michał	2950		Open Mężczyzn	108	12:00			01:17:30.00	01:17:30.00	+00:39:49 (51.4%)	12:55	4.6 (47.9%)
122	JURGA Piotr	2708		Open Mężczyzn	109	11:30	00:37:04	00:52:39	01:17:43.30	01:17:43.30	+00:40:02 (51.5%)	12:57	4.6 (47.9%)
123	SCARABELLI Diego	2732		Open Mężczyzn	110	11:30	00:39:44	00:56:01	01:17:56.45	01:17:56.45	+00:40:15 (51.7%)	12:59	4.6 (47.9%)
124	MENTONE Dario	2723		Open Mężczyzn	111	11:30	00:39:44	00:56:04	01:17:56.95	01:17:56.95	+00:40:16 (51.7%)	12:59	4.6 (47.9%)
125	MIESZCZAK Marcin	2683	TURBO GUMISIE	Open Mężczyzn	112	11:30	00:35:20	00:52:23	01:18:00.35	01:18:00.35	+00:40:19 (51.7%)	13:00	4.6 (47.9%)
126	PTAK Daniel	2246	HUSARIA RACE TEAM	Open Mężczyzn	113	09:30	00:35:33	00:52:12	01:18:13.55	01:18:13.55	+00:40:32 (51.8%)	13:02	4.6 (47.9%)
127	SZAREK Michał	2735		Open Mężczyzn	114	11:30	00:32:02	00:48:28	01:18:16.65	01:18:16.65	+00:40:35 (51.9%)	13:02	4.6 (47.9%)
128	ZDROJEWSKI Dawid	2744		Open Mężczyzn	115	11:30	00:37:37	00:58:47	01:18:35.30	01:18:35.30	+00:40:54 (52.1%)	13:05	4.6 (47.9%)
129	KMIEĆ Michał	2711		Open Mężczyzn	116	11:30	00:37:37	00:58:47	01:18:35.85	01:18:35.85	+00:40:55 (52.1%)	13:05	4.6 (47.9%)
130	NOWEK Dawid	2661	KLINCZ KIELCE	Open Mężczyzn	117	11:30	00:36:29	00:51:04	01:18:49.95	01:18:49.95	+00:41:09 (52.2%)	13:08	4.6 (47.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 6km	brutto 6km			
131	ŻAK Jakub	2662	KLINCZ KIELCE	Open Mężczyzn	118	11:30	00:36:29	00:51:04	01:18:50.30	01:18:50.30	+00:41:09 (52.2%)	13:08	4.6 (47.9%)
132	ŻARŁOK Kamil	2327		Open Mężczyzn	119	09:30	00:43:49	01:02:42	01:18:52.90	01:18:52.90	+00:41:12 (52.2%)	13:08	4.6 (47.9%)
133	MRÓZ Tomek	2303		Open Masters Mężczyzn	14	09:30	00:35:29	00:54:37	01:18:54.30	01:18:54.30	+00:41:13 (52.2%)	13:09	4.6 (47.9%)
134	GNIWEK Tomasz	2280		Open Mężczyzn	120	09:30	00:44:00	01:02:55	01:18:56.85	01:18:56.85	+00:41:16 (52.3%)	13:09	4.6 (47.9%)
135	GOŁAWSKI Grzegorz	2456		Open Mężczyzn	121	09:30	00:40:06	00:58:25	01:19:01.90	01:19:01.90	+00:41:21 (52.3%)	13:10	4.6 (47.9%)
136	WOJTASZEK Wojciech	2907	RACIBÓRZ	Open Mężczyzn	122	12:00	00:42:55	01:01:11	01:19:24.50	01:19:24.50	+00:41:43 (52.5%)	13:14	4.5 (46.9%)
137	MOGILSKI Marcin	2904	RACIBÓRZ	Open Masters Mężczyzn	15	12:00	00:42:53	01:00:02	01:19:25.30	01:19:25.30	+00:41:44 (52.6%)	13:14	4.5 (46.9%)
137	OSADA Grzegorz	2906	RACIBÓRZ	Open Mężczyzn	123	12:00	00:43:03	01:01:05	01:19:25.30	01:19:25.30	+00:41:44 (52.6%)	13:14	4.5 (46.9%)
139	BORYSIEWICZ Tomasz	2384	DOPIERO SIĘ POZNALIŚMY	Open Mężczyzn	124	10:30	00:39:59	00:57:31	01:19:34.70	01:19:34.70	+00:41:53 (52.7%)	13:15	4.5 (46.9%)
140	MALINOWSKI Hubert	2385	DOPIERO SIĘ POZNALIŚMY	Open Mężczyzn	125	10:30	00:39:58	00:57:34	01:19:35.90	01:19:35.90	+00:41:55 (52.7%)	13:15	4.5 (46.9%)
141	WIECZOREK Karol	2660	JAGODZIANKI RADOM	Open Mężczyzn	126	11:30	00:39:54	00:58:27	01:19:36.30	01:19:36.30	+00:41:55 (52.7%)	13:16	4.5 (46.9%)
142	ZBOROWSKI Leszek	2620		Open Mężczyzn	127	11:00	00:34:41	00:50:07	01:19:59.25	01:19:59.25	+00:42:18 (52.9%)	13:19	4.5 (46.9%)
143	MARCINIAK Daniel	2513	GANG DZIKICH WIEPRZY	Open Mężczyzn	128	11:00	00:34:42	00:50:16	01:20:06.05	01:20:06.05	+00:42:25 (53.0%)	13:21	4.5 (46.9%)
144	KRUSZEWSKI Marcin	2523	OGIEŃ!	Open Mężczyzn	129	11:00	00:32:13	00:48:11	01:20:09.85	01:20:09.85	+00:42:29 (53.0%)	13:21	4.5 (46.9%)
144	ZAWIŚLAK Paweł	2524	OGIEŃ!	Open Mężczyzn	129	11:00	00:32:11	00:48:08	01:20:09.85	01:20:09.85	+00:42:29 (53.0%)	13:21	4.5 (46.9%)
146	PORĘBA Dominik	2522	OGIEŃ	Open Mężczyzn	131	11:00	00:32:12	00:48:18	01:20:09.95	01:20:09.95	+00:42:29 (53.0%)	13:21	4.5 (46.9%)
147	ZABŁOTNY Kamil	2351	TFP SPORT TEAM	Open Mężczyzn	132	10:00	00:43:32	01:02:57	01:20:11.00	01:20:11.00	+00:42:30 (53.0%)	13:21	4.5 (46.9%)
148	MIĘSOWICZ Mirosław	2302		Open Mężczyzn	133	09:30	00:40:14	00:58:16	01:20:11.70	01:20:11.70	+00:42:30 (53.0%)	13:21	4.5 (46.9%)
149	MIZGAJSKI Robert	2673	OCR TEAM WŁOCŁAWEK	Open Mężczyzn	134	11:30	00:40:39	01:00:14	01:20:14.55	01:20:14.55	+00:42:33 (53.0%)	13:22	4.5 (46.9%)
150	GRZEGRZÓŁKA Sebastian	2639	EXO FITNESS	Open Mężczyzn	135	11:30	00:48:53	01:08:25	01:20:29.70	01:20:29.70	+00:42:48 (53.2%)	13:24	4.5 (46.9%)
151	BUGA Sylwester	2757		Open Mężczyzn	136	09:30	00:27:46	00:44:59	01:20:36.15	01:20:36.15	+00:42:55 (53.3%)	13:26	4.5 (46.9%)
152	ADAMCZYK Tomek	2264		Open Mężczyzn	137	09:30	00:24:49	00:38:38	01:20:47.50	01:20:47.50	+00:43:06 (53.4%)	13:27	4.5 (46.9%)
153	JARASZEK Krzysztof	2335	CROSSFIT ŁUKÓW	Open Mężczyzn	138	10:00	00:41:18	01:01:15	01:20:59.85	01:20:59.85	+00:43:19 (53.5%)	13:29	4.4 (45.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 6km	brutto 6km			
154	BILSKI Paweł	2334	CROSSFIT ŁUKÓW	Open Mężczyzn	139	10:00	00:41:19	01:01:31	01:21:00.10	01:21:00.10	+00:43:19 (53.5%)	13:30	4.4 (45.8%)
155	DOBROWOLSKI Łukasz	2420	STADLER	Open Mężczyzn	140	10:30	00:32:18	00:46:46	01:21:11.60	01:21:11.60	+00:43:30 (53.6%)	13:31	4.4 (45.8%)
156	PODBIELSKI Krystian	2599		Open Mężczyzn	141	11:30	00:40:46	01:02:24	01:21:17.55	01:21:17.55	+00:43:36 (53.6%)	13:32	4.4 (45.8%)
157	GALL Rafal	2360		Open Masters Mężczyzn	16	10:00	00:26:19	00:48:54	01:21:24.50	01:21:24.50	+00:43:43 (53.7%)	13:34	4.4 (45.8%)
158	WILK Krystian	2499		Open Mężczyzn	142	10:30	00:30:07	00:44:40	01:21:33.50	01:21:33.50	+00:43:52 (53.8%)	13:35	4.4 (45.8%)
159	RADZIEJEWSKI Paweł	3026	WAT IS LOVE, BABY DON'T HURT ME	Open Mężczyzn	143	12:15	00:30:31	00:45:15	01:21:33.95	01:21:33.95	+00:43:53 (53.8%)	13:35	4.4 (45.8%)
160	ZDAŃSKI Dariusz	2743		Open Masters Mężczyzn	17	11:30	00:41:59	01:02:02	01:21:35.35	01:21:35.35	+00:43:54 (53.8%)	13:35	4.4 (45.8%)
161	MAŁEK Mariusz	2929	TECHNICY MAGICY	Open Mężczyzn	144	12:00	00:41:54	01:01:33	01:21:39.55	01:21:39.55	+00:43:58 (53.9%)	13:36	4.4 (45.8%)
162	CHAJEWSKI Krzysztof	2271		Open Masters Mężczyzn	18	09:30	00:37:01	00:50:53	01:21:52.95	01:21:52.95	+00:44:12 (54.0%)	13:38	4.4 (45.8%)
163	KORYTKOWSKI Marcin	2526	ORKI Z MAJORKI	Open Mężczyzn	145	11:00	00:36:41	00:53:37	01:21:53.65	01:21:53.65	+00:44:12 (54.0%)	13:38	4.4 (45.8%)
164	CZECHOWSKI Konrad	2273		Open Mężczyzn	146	09:30	00:40:11	00:58:12	01:22:01.50	01:22:01.50	+00:44:20 (54.1%)	13:40	4.4 (45.8%)
165	DUMAŃSKI Mateusz	2569		Open Mężczyzn	147	11:00	00:42:24	00:58:45	01:22:02.00	01:22:02.00	+00:44:21 (54.1%)	13:40	4.4 (45.8%)
166	KOWALSKI Kuba	2715		Open Mężczyzn	148	11:30	00:34:33	00:50:12	01:22:38.20	01:22:38.20	+00:44:57 (54.4%)	13:46	4.4 (45.8%)
167	FRANCZAK Konrad	2278		Open Mężczyzn	149	09:30	00:35:18	00:52:50	01:22:51.10	01:22:51.10	+00:45:10 (54.5%)	13:48	4.3 (44.8%)
168	OSIŃSKI Mateusz	2597		Open Mężczyzn	150	11:00	00:33:04	00:49:04	01:23:04.35	01:23:04.35	+00:45:23 (54.6%)	13:50	4.3 (44.8%)
169	PIETRULIŃSKI Mateusz	2729		Open Mężczyzn	151	11:30	00:42:32	01:00:44	01:23:07.45	01:23:07.45	+00:45:26 (54.7%)	13:51	4.3 (44.8%)
170	PRZYBYLSKI Piotr	2656	GO SPORT AK SPED TEAM	Open Mężczyzn	152	11:30	00:42:31	01:00:37	01:23:19.75	01:23:19.75	+00:45:38 (54.8%)	13:53	4.3 (44.8%)
171	JANUSZEWSKI Paweł	2706		Open Mężczyzn	153	11:30	00:34:30	00:50:12	01:23:21.70	01:23:21.70	+00:45:40 (54.8%)	13:53	4.3 (44.8%)
172	PIĘTA Łukasz	2598		Open Mężczyzn	154	11:00	00:37:40	00:59:14	01:23:23.80	01:23:23.80	+00:45:43 (54.8%)	13:53	4.3 (44.8%)
173	ŁUSZCZEWSKI Łukasz	2589		Open Mężczyzn	155	11:00	00:42:30	00:58:55	01:23:35.05	01:23:35.05	+00:45:54 (54.9%)	13:55	4.3 (44.8%)
174	SZOSTEK Kajetan	2737		Open Mężczyzn	156	11:30			01:23:38.00	01:23:38.00	+00:45:57 (54.9%)	13:56	4.3 (44.8%)
175	ROJEK Krystian	2313		Open Mężczyzn	157	09:30	00:35:18	00:53:00	01:23:50.20	01:23:50.20	+00:46:09 (55.1%)	13:58	4.3 (44.8%)
176	KOTOŃSKI Jan	2583		Open Mężczyzn	158	11:00	00:42:22	00:58:47	01:23:50.30	01:23:50.30	+00:46:09 (55.1%)	13:58	4.3 (44.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 6km	brutto 6km			
177	ASENDRYCH Konrad	2559		Open Mężczyzn	159	11:00	00:42:23	00:58:52	01:23:54.05	01:23:54.05	+00:46:13 (55.1%)	13:59	4.3 (44.8%)
178	WATAŁA Marcin	2380		Open Mężczyzn	160	10:00	00:44:05	01:03:47	01:23:58.95	01:23:58.95	+00:46:18 (55.1%)	13:59	4.3 (44.8%)
179	DANILUK Mateusz	2274		Open Mężczyzn	161	09:30	00:41:50	00:59:18	01:24:10.00	01:24:10.00	+00:46:29 (55.2%)	14:01	4.3 (44.8%)
180	DAWIDZIAK Dominik	3007		Open Mężczyzn	162	12:15	00:30:33	00:44:39	01:24:14.40	01:24:14.40	+00:46:33 (55.3%)	14:02	4.3 (44.8%)
181	GARBACIK Przemysław	2279		Open Mężczyzn	163	09:30	00:41:51	00:59:37	01:24:17.35	01:24:17.35	+00:46:36 (55.3%)	14:02	4.3 (44.8%)
182	GUZEK Łukasz	3012		Open Mężczyzn	164	12:15	00:30:36	00:44:55	01:24:22.30	01:24:22.30	+00:46:41 (55.3%)	14:03	4.3 (44.8%)
183	WIDUCH Ryszard	2498		Open Mężczyzn	165	10:30	00:44:34	01:04:39	01:24:33.30	01:24:34.95	+00:46:54 (55.5%)	14:05	4.3 (44.8%)
184	UNRUG Tadeusz	2408	MILF HUNTERS!	Open Mężczyzn	166	10:30	00:42:44	01:01:53	01:24:38.15	01:24:38.15	+00:46:57 (55.5%)	14:06	4.3 (44.8%)
185	PIECZYWEK Paweł	2478		Open Mężczyzn	167	10:30	00:42:36	01:01:25	01:24:38.85	01:24:38.85	+00:46:58 (55.5%)	14:06	4.3 (44.8%)
186	OKNIŃSKI Paweł	2476		Open Mężczyzn	168	10:30	00:45:32	01:02:55	01:24:39.75	01:24:39.75	+00:46:58 (55.5%)	14:06	4.3 (44.8%)
187	WICHEREK Mateusz	2738		Open Mężczyzn	169	11:30	00:42:07	01:01:01	01:24:39.85	01:24:39.85	+00:46:59 (55.5%)	14:06	4.3 (44.8%)
188	OCHMAŃSKI Jakub	2475		Open Masters Mężczyzn	19	10:30	00:45:33	01:02:54	01:24:39.90	01:24:39.90	+00:46:59 (55.5%)	14:06	4.3 (44.8%)
189	KOSZARA Marcin	3034		Open Mężczyzn	170	12:15	00:38:37	00:56:01	01:24:42.35	01:24:42.35	+00:47:01 (55.5%)	14:07	4.3 (44.8%)
190	BIŃKOWSKI Maciej	2448		Open Mężczyzn	171	10:30	00:39:49	00:59:02	01:24:43.60	01:24:43.60	+00:47:02 (55.5%)	14:07	4.2 (43.8%)
191	MAKOWSKI Sławomir	2300		Open Mężczyzn	172	09:30	00:43:51	01:02:51	01:24:54.05	01:24:54.05	+00:47:13 (55.6%)	14:09	4.2 (43.8%)
192	KRÓL Przemysław	2297		Open Mężczyzn	173	09:30	00:41:30	01:06:38	01:24:56.25	01:24:56.25	+00:47:15 (55.6%)	14:09	4.2 (43.8%)
193	SEBASTIAN Strus	2336	CROSSFIT SIEDLCE	Open Masters Mężczyzn	20	09:30	00:44:31	01:03:05	01:25:03.00	01:25:03.00	+00:47:22 (55.7%)	14:10	4.2 (43.8%)
194	CZAPIŃSKI Bartosz	2214	CROSSFIT SIEDLCE	Open Masters Mężczyzn	21	09:30	00:44:35	01:03:23	01:25:04.85	01:25:04.85	+00:47:24 (55.7%)	14:10	4.2 (43.8%)
195	MAZUR Piotr	3039		Open Mężczyzn	174	12:15	00:38:41	00:56:11	01:25:09.15	01:25:09.15	+00:47:28 (55.7%)	14:11	4.2 (43.8%)
196	MAZUR Łukasz	3058		Open Mężczyzn	175	12:15	00:38:38	00:55:25	01:25:17.05	01:25:17.05	+00:47:36 (55.8%)	14:12	4.2 (43.8%)
197	ANDRZEJEWSKI Mariusz	2352		Open Masters Mężczyzn	22	10:00	00:40:18	01:01:43	01:25:21.70	01:25:21.70	+00:47:40 (55.9%)	14:13	4.2 (43.8%)
198	KULAK Andrzej	2438	THE DUDES	Open Mężczyzn	176	10:30	00:35:34	00:56:27	01:25:33.75	01:25:33.75	+00:47:52 (56.0%)	14:15	4.2 (43.8%)
199	FIK Tomasz	2702		Open Mężczyzn	177	11:30	00:43:01	01:01:17	01:25:36.95	01:25:36.95	+00:47:56 (56.0%)	14:16	4.2 (43.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 6km	brutto 6km			
200	ADAMCZYK Michał	2344	RAJSKIE JADŁO ŁÓDŹ TEAM	Open Masters Mężczyzn	23	10:00	00:39:50	01:01:56	01:25:38.45	01:25:38.45	+00:47:57 (56.0%)	14:16	4.2 (43.8%)
201	SMULSKI Piotr	2345	RAJSKIE JADŁO ŁÓDŹ TEAM	Open Masters Mężczyzn	24	10:00	00:40:07	01:02:04	01:25:41.75	01:25:41.75	+00:48:00 (56.0%)	14:16	4.2 (43.8%)
202	JARZEMBSKI Robert	2459		Open Mężczyzn	178	10:30	00:44:34	01:03:10	01:26:09.50	01:26:09.50	+00:48:28 (56.3%)	14:21	4.2 (43.8%)
203	MUSZYŃSKI Grzegorz	2594		Open Mężczyzn	179	11:00	00:41:14		01:26:14.15	01:26:14.15	+00:48:33 (56.3%)	14:22	4.2 (43.8%)
204	DRAŃKO Piotr	2699		Open Mężczyzn	180	11:30	00:47:00	01:05:37	01:26:15.05	01:26:15.05	+00:48:34 (56.3%)	14:22	4.2 (43.8%)
205	KUZIOŁA Konrad	2719		Open Mężczyzn	181	11:30	00:47:01	01:05:38	01:26:15.10	01:26:15.10	+00:48:34 (56.3%)	14:22	4.2 (43.8%)
206	ZAMECKI Radosław	2742		Open Mężczyzn	182	11:30	00:46:59	01:05:37	01:26:15.20	01:26:15.20	+00:48:34 (56.3%)	14:22	4.2 (43.8%)
207	NIECIECKI Paweł	2724		Open Mężczyzn	183	11:30	00:42:39	01:02:30	01:26:20.55	01:26:20.55	+00:48:39 (56.4%)	14:23	4.2 (43.8%)
208	WADAS Grzegorz	2555	ŚWINIAKI	Open Mężczyzn	184	11:00	00:48:54	01:08:41	01:26:32.00	01:26:32.00	+00:48:51 (56.5%)	14:25	4.2 (43.8%)
209	CIECIERA Przemysław	2566		Open Mężczyzn	185	11:00	00:46:48	01:07:20	01:26:37.55	01:26:37.55	+00:48:56 (56.5%)	14:26	4.2 (43.8%)
210	ZIELIŃSKI Michał	2629	BOSKIEDZIKI	Open Mężczyzn	186	11:30	00:44:47	01:05:06	01:26:52.80	01:26:52.80	+00:49:12 (56.6%)	14:28	4.1 (42.7%)
211	KOWIESKI Darek	3035		Open Mężczyzn	187	12:15	00:38:41	00:55:07	01:27:08.00	01:27:08.00	+00:49:27 (56.8%)	14:31	4.1 (42.7%)
212	KARWOWSKI Paweł	2709		Open Mężczyzn	188	11:30	00:39:15	01:03:38	01:27:23.65	01:27:23.65	+00:49:42 (56.9%)	14:33	4.1 (42.7%)
213	BOBOŃ Jarosław	2268		Open Mężczyzn	189	09:30	00:42:49	01:02:16	01:27:26.20	01:27:26.20	+00:49:45 (56.9%)	14:34	4.1 (42.7%)
214	KRYSTYNIAK Tomasz	2437	THE DUDES	Open Mężczyzn	190	10:30	00:35:33	00:56:24	01:27:28.45	01:27:28.45	+00:49:47 (56.9%)	14:34	4.1 (42.7%)
215	TOPCZEWSKI Dawid	3020		Open Mężczyzn	191	12:15	00:36:37	00:55:04	01:27:40.95	01:27:40.95	+00:50:00 (57.0%)	14:36	4.1 (42.7%)
216	ORZOŁ Mirosław	2410	MORSY SZCZYTNO #RESET	Open Masters Mężczyzn	25	10:30	00:47:46	01:07:09	01:27:45.25	01:27:45.25	+00:50:04 (57.1%)	14:37	4.1 (42.7%)
217	MAŁYCHA Marcin	2209	CROSSFIT ŁUKÓW	Open Mężczyzn	192	09:30	00:44:06	01:08:35	01:27:48.00	01:27:48.00	+00:50:07 (57.1%)	14:38	4.1 (42.7%)
218	DEPTUŁA Mariusz	2012	HUSARIA RACE TEAM	Open Masters Mężczyzn	26	09:00	00:27:04	00:38:36	01:27:55.25	01:27:55.25	+00:50:14 (57.1%)	14:39	4.1 (42.7%)
219	BARAŃSKI Marcin	2394	HARDCORY	Open Mężczyzn	193	10:30	00:37:45	00:55:17	01:27:56.85	01:27:56.85	+00:50:16 (57.2%)	14:39	4.1 (42.7%)
220	NAWROT Rafał	2417	PIJOKI	Open Mężczyzn	194	10:30	00:41:53	01:02:43	01:27:59.70	01:27:59.70	+00:50:18 (57.2%)	14:39	4.1 (42.7%)
221	JANKOWSKI Patryk	2416	PIJOKI	Open Mężczyzn	195	10:30	00:41:51	01:02:41	01:28:00.15	01:28:00.15	+00:50:19 (57.2%)	14:40	4.1 (42.7%)
222	GADZICKI Paweł	3033		Open Mężczyzn	196	12:15	00:38:46	00:56:18	01:28:02.85	01:28:02.85	+00:50:22 (57.2%)	14:40	4.1 (42.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 6km	brutto 6km			
223	CHWEDORUK Andrzej	2207	CROSSFIT ŁUKÓW	Open Masters Mężczyzn	27	09:30	00:45:19	01:06:41	01:28:03.20	01:28:03.20	+00:50:22 (57.2%)	14:40	4.1 (42.7%)
224	MASŁOWSKI Karol	3038		Open Mężczyzn	197	12:15	00:36:49	00:55:20	01:28:04.30	01:28:04.30	+00:50:23 (57.2%)	14:40	4.1 (42.7%)
225	ŁUCZYN Michał	3037		Open Mężczyzn	198	12:15	00:38:40	00:55:25	01:28:05.00	01:28:05.00	+00:50:24 (57.2%)	14:40	4.1 (42.7%)
226	GRABOWSKI Bartosz	2208	CROSSFIT ŁUKÓW	Open Mężczyzn	199	09:30	00:46:02	01:08:22	01:28:38.10	01:28:38.10	+00:50:57 (57.5%)	14:46	4.1 (42.7%)
227	BANACH Krystian	3030		Open Mężczyzn	200	12:15	00:38:40	00:56:02	01:28:43.25	01:28:43.25	+00:51:02 (57.5%)	14:47	4.1 (42.7%)
228	NOWOSAD Przemek	3041		Open Mężczyzn	201	12:15	00:38:41	00:55:54	01:28:43.45	01:28:43.45	+00:51:02 (57.5%)	14:47	4.1 (42.7%)
229	URBAŃSKI Miłosz	2615		Open Mężczyzn	202	11:00	00:40:18	01:01:43	01:29:01.15	01:29:01.15	+00:51:20 (57.7%)	14:50	4 (41.7%)
230	SKULIMOWSKI Mateusz	2235	CROSSFIT SIEDLCE	Open Mężczyzn	203	09:30	00:42:48	01:02:14	01:29:11.35	01:29:11.35	+00:51:30 (57.8%)	14:51	4 (41.7%)
231	SOCHACZEWSKI Korneliusz	2604		Open Mężczyzn	204	11:00	00:48:39	01:08:42	01:29:15.25	01:29:15.25	+00:51:34 (57.8%)	14:52	4 (41.7%)
232	GAWŁOWSKI Piotr	2393	GORYLE GAZOWNIA	Open Mężczyzn	205	10:30	00:40:42	01:02:57	01:29:17.15	01:29:17.15	+00:51:36 (57.8%)	14:52	4 (41.7%)
233	KRUK Mariusz	2463		Open Mężczyzn	206	10:30	00:40:52	01:01:22	01:29:31.40	01:29:31.40	+00:51:50 (57.9%)	14:55	4 (41.7%)
234	TOMASIUK Adam	2493		Open Masters Mężczyzn	28	10:30	00:46:32	01:04:29	01:29:35.00	01:29:35.00	+00:51:54 (57.9%)	14:55	4 (41.7%)
235	RESZKA Łukasz	2920	ŚWIDNIK - WYSOKICH LOTÓW	Open Mężczyzn	207	12:00	00:46:17	01:07:48	01:30:20.35	01:30:20.35	+00:52:39 (58.3%)	15:03	4 (41.7%)
236	MICHAŁOWSKI Maciej	2919	ŚWIDNIK - WYSOKICH LOTÓW	Open Mężczyzn	208	12:00	00:46:20	01:07:56	01:30:23.85	01:30:23.85	+00:52:43 (58.3%)	15:03	4 (41.7%)
237	KUSI Wojciech	2912	RADZYMIN	Open Mężczyzn	209	12:00	00:44:56	01:07:32	01:30:28.95	01:30:28.95	+00:52:48 (58.4%)	15:04	4 (41.7%)
238	PIOTROWSKI Robert	2543	SIEM CITY	Open Masters Mężczyzn	29	11:00	00:41:20	00:59:51	01:30:40.40	01:30:40.40	+00:52:59 (58.4%)	15:06	4 (41.7%)
239	KOWALCZYK Paweł	2540	SIEM CITY	Open Mężczyzn	210	11:00	00:41:27	00:59:50	01:30:45.80	01:30:45.80	+00:53:05 (58.5%)	15:07	4 (41.7%)
240	MARZEC Jakub	2541	SIEM CITY	Open Mężczyzn	211	11:00	00:41:21	00:59:53	01:30:46.85	01:30:46.85	+00:53:06 (58.5%)	15:07	4 (41.7%)
241	SIDUN Karol	2547	SIEM CITY	Open Mężczyzn	212	11:00	00:41:29	00:59:55	01:30:48.30	01:30:48.30	+00:53:07 (58.5%)	15:08	4 (41.7%)
242	OLECH Dominik	2552	ŚWINIAKI	Open Mężczyzn	213	11:00	00:45:37	01:01:57	01:30:51.55	01:30:51.55	+00:53:10 (58.5%)	15:08	4 (41.7%)
243	RÓŻYCKI Grzegorz	2485		Open Masters Mężczyzn	30	10:30	00:43:27	01:03:50	01:30:55.15	01:30:55.15	+00:53:14 (58.6%)	15:09	4 (41.7%)
244	PUDŁOWSKI Mariusz	2648	EXO FITNESS	Open Masters Mężczyzn	31	11:30	00:48:18	01:08:00	01:30:56.80	01:30:56.80	+00:53:16 (58.6%)	15:09	4 (41.7%)
245	KACZOROWSKI Michał	2399	KLUB AKTYWNYCH PARKRUN SKÓRZEC	Open Mężczyzn	214	10:30	00:47:26	01:06:14	01:31:00.80	01:31:00.80	+00:53:20 (58.6%)	15:10	4 (41.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 6km	brutto 6km			
246	PACZÓSKI Michał	2232	CROSSFIT SIEDLCE	Open Mężczyzn	215	09:30	00:44:09	01:03:32	01:31:10.70	01:31:10.70	+00:53:29 (58.7%)	15:11	3.9 (40.6%)
247	SIWIEC Mariusz	2429	STADLER	Open Mężczyzn	216	10:30	00:40:50	01:03:26	01:31:17.40	01:31:17.40	+00:53:36 (58.7%)	15:12	3.9 (40.6%)
248	KSIĘŻOPOLSKI Karol	2424	STADLER	Open Mężczyzn	217	10:30	00:40:50	01:03:23	01:31:23.50	01:31:23.50	+00:53:42 (58.8%)	15:13	3.9 (40.6%)
249	KUREK Arkadiusz	2718		Open Mężczyzn	218	11:30	00:40:17	00:58:56	01:31:25.70	01:31:25.70	+00:53:44 (58.8%)	15:14	3.9 (40.6%)
250	KACZOROWSKI Jarosław	2398	KLUB AKTYWNYCH PARKRUN SKÓRZEC	Open Masters Mężczyzn	32	10:30	00:47:30	01:06:16	01:31:30.60	01:31:30.60	+00:53:49 (58.8%)	15:15	3.9 (40.6%)
251	NAPORA Piotr	2557	SZWAGRY	Open Mężczyzn	219	11:00	00:45:35	01:10:08	01:31:41.50	01:31:41.50	+00:54:00 (58.9%)	15:16	3.9 (40.6%)
252	WĘGŁOWSKI Witold	2324		Open Masters Mężczyzn	33	09:30	00:41:08	01:03:58	01:31:42.90	01:31:42.90	+00:54:02 (58.9%)	15:17	3.9 (40.6%)
253	KUJDA Radosław	2717		Open Mężczyzn	220	11:30	00:40:17	00:58:58	01:31:48.40	01:31:48.40	+00:54:07 (59.0%)	15:18	3.9 (40.6%)
254	RYŚ Michał	2376		Open Mężczyzn	221	10:00	00:37:17	00:51:52	01:32:09.75	01:32:09.75	+00:54:28 (59.1%)	15:21	3.9 (40.6%)
255	JUDT Michał	2285		Open Mężczyzn	222	09:30	00:38:31	00:54:09	01:32:11.90	01:32:11.90	+00:54:31 (59.1%)	15:21	3.9 (40.6%)
256	SZCZERBA Radosław	2921	ŚWIDNIK - WYSOKICH LOTÓW	Open Mężczyzn	223	12:00	00:46:16	01:07:44	01:32:15.10	01:32:15.10	+00:54:34 (59.2%)	15:22	3.9 (40.6%)
257	MOCZULSKI Patryk	2542	SIEM CITY	Open Mężczyzn	224	11:00	00:41:29	00:59:53	01:32:15.15	01:32:15.15	+00:54:34 (59.2%)	15:22	3.9 (40.6%)
258	RADZISZEWSKI Maciej	2545	SIEM CITY	Open Mężczyzn	225	11:00	00:41:31	00:59:55	01:32:19.15	01:32:19.15	+00:54:38 (59.2%)	15:23	3.9 (40.6%)
259	GORZKOWSKI Cezariusz	2572		Open Masters Mężczyzn	34	11:00	00:42:15	01:03:44	01:32:19.75	01:32:19.75	+00:54:38 (59.2%)	15:23	3.9 (40.6%)
260	SIEROCIŃSKI Robert	2234	CROSSFIT SIEDLCE	Open Masters Mężczyzn	35	09:30	00:44:33	01:02:58	01:32:21.05	01:32:21.05	+00:54:40 (59.2%)	15:23	3.9 (40.6%)
261	NOWICKI Kacper	2596		Open Mężczyzn	226	11:00	00:41:53	00:59:29	01:32:22.90	01:32:22.90	+00:54:42 (59.2%)	15:23	3.9 (40.6%)
262	KONDRATIUK Marcin	2581		Open Mężczyzn	227	11:00	00:42:43	01:01:20	01:32:26.05	01:32:26.05	+00:54:45 (59.2%)	15:24	3.9 (40.6%)
263	JAGODZIŃSKI Bartosz	2576		Open Mężczyzn	228	11:00	00:31:26	00:46:31	01:32:26.85	01:32:26.85	+00:54:46 (59.2%)	15:24	3.9 (40.6%)
264	BAJDAK Adrian	2561		Open Mężczyzn	229	11:00	00:37:22	00:58:01	01:32:27.35	01:32:27.35	+00:54:46 (59.2%)	15:24	3.9 (40.6%)
265	BARTKIEWICZ Łukasz	2562		Open Mężczyzn	230	11:00	00:42:44	01:01:24	01:32:27.40	01:32:27.40	+00:54:46 (59.2%)	15:24	3.9 (40.6%)
266	ZDAŃKOWSKI Mateusz	2621		Open Mężczyzn	231	11:00	00:37:22	00:58:01	01:32:31.45	01:32:31.45	+00:54:50 (59.3%)	15:25	3.9 (40.6%)
267	MICHALSKI Przemysław	2592		Open Mężczyzn	232	11:00	00:41:55	00:59:59	01:32:34.65	01:32:34.65	+00:54:53 (59.3%)	15:25	3.9 (40.6%)
268	KAWECKI Marek	2578		Open Mężczyzn	233	11:00	00:42:44	01:07:46	01:32:36.80	01:32:36.80	+00:54:56 (59.3%)	15:26	3.9 (40.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 6km	brutto 6km			
269	MORDEJA Dawid	2905	RACIBÓRZ	Open Mężczyzn	234	12:00	00:48:43	01:12:07	01:33:08.90	01:33:08.90	+00:55:28 (59.5%)	15:31	3.9 (40.6%)
270	ZIELIŃSKI Mateusz	2655	EXO FITNESS	Open Mężczyzn	235	11:30	00:49:19	01:09:19	01:33:42.30	01:33:42.30	+00:56:01 (59.8%)	15:37	3.8 (39.6%)
271	BERNADY Damian	2340	HUSARIA RACE TEAM	Open Mężczyzn	236	10:00	00:45:48	01:07:41	01:33:54.20	01:33:54.20	+00:56:13 (59.9%)	15:39	3.8 (39.6%)
272	KOZIESTAŃSKI Piotr	2296		Open Mężczyzn	237	09:30	00:48:02	01:11:23	01:33:56.95	01:33:56.95	+00:56:16 (59.9%)	15:39	3.8 (39.6%)
273	ROSA Marcin	2375		Open Mężczyzn	238	10:00	00:42:12	01:02:33	01:33:57.25	01:33:57.25	+00:56:16 (59.9%)	15:39	3.8 (39.6%)
274	MAKA Tomasz	2691	ZBAKANI	Open Mężczyzn	239	11:30	00:44:16	01:03:28	01:34:05.70	01:34:05.70	+00:56:24 (60.0%)	15:40	3.8 (39.6%)
275	ZDANOWSKI Adam	2211	CROSSFIT ŁUKÓW	Open Mężczyzn	240	09:30	00:44:47	01:05:05	01:34:24.55	01:34:24.55	+00:56:43 (60.1%)	15:44	3.8 (39.6%)
276	TARAPACZ Kamil	2692	ZBAKANI	Open Mężczyzn	241	11:30	00:44:16	01:03:27	01:34:25.00	01:34:25.00	+00:56:44 (60.1%)	15:44	3.8 (39.6%)
277	CZAJKOWSKI Marek	3023	WAT IS LOVE, BABY DON'T HURT ME	Open Mężczyzn	242	12:15	00:40:59	00:58:55	01:34:37.00	01:34:37.00	+00:56:56 (60.2%)	15:46	3.8 (39.6%)
278	MIĘSZAŁA Mateusz	2593		Open Mężczyzn	243	11:00	00:45:44	01:07:27	01:34:44.20	01:34:44.20	+00:57:03 (60.2%)	15:47	3.8 (39.6%)
279	KOMUDA Hubert	2580		Open Mężczyzn	244	11:00	00:45:42	01:07:26	01:34:44.45	01:34:44.45	+00:57:03 (60.2%)	15:47	3.8 (39.6%)
280	KUTYŁA Marek	2298		Open Mężczyzn	245	09:30	00:43:13	01:02:38	01:34:46.20	01:34:46.20	+00:57:05 (60.2%)	15:47	3.8 (39.6%)
281	MIEŚCICKI Wojciech	2231	CROSSFIT SIEDLCE	Open Mężczyzn	246	09:30	00:44:37	01:03:15	01:34:51.75	01:34:51.75	+00:57:10 (60.3%)	15:48	3.8 (39.6%)
282	BUTKIEWICZ Mateusz	2549	SMP TEAM	Open Mężczyzn	247	11:00	00:39:25	01:01:49	01:34:53.55	01:34:53.55	+00:57:12 (60.3%)	15:48	3.8 (39.6%)
283	TYLENDĄ Łukasz	2551	SMP TEAM	Open Mężczyzn	248	11:00	00:39:26	01:01:52	01:35:01.70	01:35:01.70	+00:57:20 (60.3%)	15:50	3.8 (39.6%)
284	MAJCHERSKI Tomasz	2390	FEMFIT5+	Open Mężczyzn	249	10:30	00:46:15	01:08:53	01:35:13.90	01:35:13.90	+00:57:33 (60.4%)	15:52	3.8 (39.6%)
285	ZABIELSKI Jarosław	2326		Open Masters Mężczyzn	36	09:30	00:45:31	01:06:21	01:35:30.90	01:35:30.90	+00:57:50 (60.6%)	15:55	3.8 (39.6%)
286	GOŁĘBIEWSKI Tomasz	2704		Open Mężczyzn	250	11:30	00:47:56	01:09:57	01:35:55.35	01:35:55.35	+00:58:14 (60.7%)	15:59	3.8 (39.6%)
287	KRZEWSKI Piotr	2263	TEO-NESTER	Open Mężczyzn	251	09:30	00:49:09	01:09:43	01:35:57.45	01:35:57.45	+00:58:16 (60.7%)	15:59	3.8 (39.6%)
288	GRONIEWSKI Michał	2573		Open Mężczyzn	252	11:00	00:47:42	01:09:52	01:36:12.40	01:36:12.40	+00:58:31 (60.8%)	16:02	3.7 (38.5%)
289	BOSEK Kuba	2269		Open Mężczyzn	253	09:30	00:45:16	01:06:17	01:36:12.50	01:36:12.50	+00:58:31 (60.8%)	16:02	3.7 (38.5%)
290	MACIEJAS Daniel	2657	HUSARIA RACE TEAM	Open Masters Mężczyzn	37	11:30	00:42:27	01:03:11	01:36:14.00	01:36:14.00	+00:58:33 (60.8%)	16:02	3.7 (38.5%)
291	SOROCZYŃSKI Sylwester	2236	CROSSFIT SIEDLCE	Open Masters Mężczyzn	38	09:30	00:44:35	01:03:25	01:36:21.50	01:36:21.50	+00:58:40 (60.9%)	16:03	3.7 (38.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 6km	brutto 6km			
292	BORZYMEK Bogdan	2767		Open Masters Mężczyzn	39	11:30	00:43:20	01:02:07	01:36:37.05	01:36:37.05	+00:58:56 (61.0%)	16:06	3.7 (38.5%)
293	WOJCIECHOWSKI Bartosz	2618		Open Mężczyzn	254	11:00	00:48:21	01:12:51	01:37:14.75	01:37:14.75	+00:59:33 (61.3%)	16:12	3.7 (38.5%)
294	TRZCIŃSKI Jakub	2440	VALUEADD	Open Mężczyzn	255	10:30	00:50:18	01:16:43	01:37:17.80	01:37:17.80	+00:59:37 (61.3%)	16:12	3.7 (38.5%)
295	KASTSIUCHENKA Dzianis	2365		Open Mężczyzn	256	10:00	00:46:18	01:08:14	01:37:33.95	01:37:33.95	+00:59:53 (61.4%)	16:15	3.7 (38.5%)
296	ŻUCHOWSKI Robert	2747		Open Mężczyzn	257	11:30			01:38:06.00	01:38:06.00	+01:00:25 (61.6%)	16:21	3.7 (38.5%)
297	GAWĘDA Włodzimierz	2054		Open Masters Mężczyzn	40	09:00	00:25:42	00:36:37	01:38:38.65	01:38:38.65	+01:00:57 (61.8%)	16:26	3.6 (37.5%)
298	LENART Paweł	2588		Open Mężczyzn	258	11:00	00:46:49	01:10:10	01:38:47.60	01:38:47.60	+01:01:06 (61.9%)	16:27	3.6 (37.5%)
299	BORTNIK Krzysztof	2565		Open Mężczyzn	259	11:00	00:46:49	01:10:12	01:38:47.75	01:38:47.75	+01:01:06 (61.9%)	16:27	3.6 (37.5%)
300	DUDZIŃSKI Adam	2758		Open Mężczyzn	260	10:00	00:32:47	00:50:36	01:38:51.00	01:38:51.00	+01:01:10 (61.9%)	16:28	3.6 (37.5%)
301	ŻEK Marcin	2328		Open Mężczyzn	261	09:30	00:48:07	01:11:28	01:39:31.40	01:39:31.40	+01:01:50 (62.1%)	16:35	3.6 (37.5%)
302	WASIAK Rafal	2323		Open Mężczyzn	262	09:30	00:48:14	01:10:07	01:39:31.75	01:39:31.75	+01:01:50 (62.1%)	16:35	3.6 (37.5%)
303	KALINOWSKI Piotr	2926	TECHNICY MAGICY	Open Mężczyzn	263	12:00	00:38:25	00:57:07	01:39:45.90	01:39:45.90	+01:02:05 (62.2%)	16:37	3.6 (37.5%)
304	ROSA Jacek	2210	CROSSFIT ŁUKÓW	Open Masters Mężczyzn	41	09:30	00:45:32	01:06:55	01:39:47.95	01:39:47.95	+01:02:07 (62.2%)	16:37	3.6 (37.5%)
305	DZIUGIEŁ Patryk	2637	EXO FITNESS	Open Mężczyzn	264	11:30	00:49:17	01:09:42	01:40:06.95	01:40:06.95	+01:02:26 (62.4%)	16:41	3.6 (37.5%)
306	DYMKOWSKI Paweł	2276		Open Mężczyzn	265	09:30	00:41:22	00:59:36	01:40:40.55	01:40:40.55	+01:02:59 (62.6%)	16:46	3.6 (37.5%)
307	ROSYPAL Martin	2315		Open Mężczyzn	266	09:30	00:43:18	01:02:11	01:40:56.60	01:40:56.60	+01:03:15 (62.7%)	16:49	3.6 (37.5%)
308	MIERZICKI Marcel	2031	POWER TRAINING	Open Mężczyzn	267	09:00	00:41:59	00:58:41	01:41:21.55	01:41:21.55	+01:03:40 (62.8%)	16:53	3.6 (37.5%)
309	SULĘCKI Łukasz	2649	EXO FITNESS	Open Mężczyzn	268	11:30	00:48:51	01:11:12	01:41:24.95	01:41:24.95	+01:03:44 (62.8%)	16:54	3.6 (37.5%)
310	ROGALA Maciej	2312		Open Mężczyzn	269	09:30	00:41:15	00:59:15	01:41:37.40	01:41:37.40	+01:03:56 (62.9%)	16:56	3.5 (36.5%)
311	JASIŃSKI Robert	2707		Open Mężczyzn	270	11:30	00:48:01	01:10:06	01:41:38.35	01:41:38.35	+01:03:57 (62.9%)	16:56	3.5 (36.5%)
312	OŚLIŹNIOK Dominik	2477		Open Mężczyzn	271	10:30	00:36:01	00:51:15	01:41:44.10	01:41:44.10	+01:04:03 (63.0%)	16:57	3.5 (36.5%)
313	BAZDYGA Hubert	2444		Open Mężczyzn	272	10:30	00:36:01	00:51:19	01:41:44.35	01:41:44.35	+01:04:03 (63.0%)	16:57	3.5 (36.5%)
314	KORCZYŃSKI Norbert	2367		Open Mężczyzn	273	10:00	00:45:37	01:04:20	01:41:24.75	01:41:44.80	+01:04:04 (63.0%)	16:54	3.6 (37.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 6km	brutto 6km			
315	PIESTRAK Sebastian	2373		Open Masters Mężczyzn	42	10:00	00:55:10	01:18:29	01:41:48.25	01:41:48.25	+01:04:07 (63.0%)	16:58	3.5 (36.5%)
316	DUNAJEWSKI Rafał	2701		Open Mężczyzn	274	11:30	00:47:43	01:09:46	01:42:11.90	01:42:11.90	+01:04:31 (63.1%)	17:01	3.5 (36.5%)
317	ANDRZEJEWSKI Michał	2558	TEAM 1431	Open Mężczyzn	275	11:00	00:47:16	01:08:21	01:42:17.00	01:42:17.00	+01:04:36 (63.2%)	17:02	3.5 (36.5%)
318	WOJCIECHOWSKI Marcin	2651	EXO FITNESS	Open Mężczyzn	276	11:30	00:48:54	01:11:01	01:42:19.75	01:42:19.75	+01:04:38 (63.2%)	17:03	3.5 (36.5%)
319	KAROLEWSKI Albert	3062		Open Mężczyzn	277	12:15	00:41:04	01:06:10	01:42:23.95	01:42:23.95	+01:04:43 (63.2%)	17:03	3.5 (36.5%)
320	BARSZCZ Paweł	2630	CROSS ŁUKÓW	Open Mężczyzn	278	11:30	00:46:25	01:13:08	01:42:28.25	01:42:28.25	+01:04:47 (63.2%)	17:04	3.5 (36.5%)
321	PROKULSKI Tomasz	2553	ŚWINIAKI	Open Mężczyzn	279	11:00	00:48:59		01:42:49.75	01:42:49.75	+01:05:08 (63.4%)	17:08	3.5 (36.5%)
322	ROMBEL Mariusz	2374		Open Masters Mężczyzn	43	10:00	00:44:26	01:07:55	01:43:08.90	01:43:08.90	+01:05:28 (63.5%)	17:11	3.5 (36.5%)
323	KOSIOREK Łukasz	2295		Open Masters Mężczyzn	44	09:30	00:46:37	01:07:16	01:43:12.05	01:43:12.05	+01:05:31 (63.5%)	17:12	3.5 (36.5%)
324	KULIK Michał	2531	OSP NOWE OPOLE	Open Mężczyzn	280	11:00	00:47:50	01:10:23	01:43:17.95	01:43:17.95	+01:05:37 (63.5%)	17:12	3.5 (36.5%)
325	FILIPOWICZ Mateusz	2529	OSP NOWE OPOLE	Open Mężczyzn	281	11:00	00:48:01	01:10:22	01:43:24.40	01:43:24.40	+01:05:43 (63.6%)	17:14	3.5 (36.5%)
326	BULAK Dominik	2528	OSP NOWE OPOLE	Open Mężczyzn	282	11:00	00:48:04	01:10:20	01:43:24.55	01:43:24.55	+01:05:43 (63.6%)	17:14	3.5 (36.5%)
327	ZDANOWSKI Sebastian	2535	OSP NOWE OPOLE	Open Mężczyzn	283	11:00	00:48:36	01:10:21	01:43:24.65	01:43:24.65	+01:05:43 (63.6%)	17:14	3.5 (36.5%)
328	FILIPOWICZ Patryk	2530	OSP NOWE OPOLE	Open Mężczyzn	284	11:00	00:48:35	01:10:25	01:43:25.20	01:43:25.20	+01:05:44 (63.6%)	17:14	3.5 (36.5%)
329	ZIELIŃSKI Andrzej	2772	TORUŃSKIE PIERNIKI	Open Mężczyzn	285	11:30	00:47:50	01:12:33	01:43:29.00	01:43:29.00	+01:05:48 (63.6%)	17:14	3.5 (36.5%)
330	WIŚNIEWSKI Radosław	2681	TORUŃSKIE PIERNIKI	Open Mężczyzn	286	11:30	00:47:51	01:12:39	01:43:29.05	01:43:29.05	+01:05:48 (63.6%)	17:14	3.5 (36.5%)
331	PAWŁOS Konrad	2680	TORUŃSKIE PIERNIKI	Open Masters Mężczyzn	45	11:30	00:47:51	01:12:47	01:43:29.10	01:43:29.10	+01:05:48 (63.6%)	17:14	3.5 (36.5%)
332	MUCHA Krzysztof	2064		Open Mężczyzn	287	09:00	00:23:02	00:32:56	01:43:41.00	01:43:41.00	+01:06:00 (63.7%)	17:16	3.5 (36.5%)
333	WOŹNIAK Jakub	2739		Open Mężczyzn	288	11:30	00:48:47	01:11:18	01:43:42.75	01:43:42.75	+01:06:01 (63.7%)	17:17	3.5 (36.5%)
334	KOCHAŃSKI Rafał	2504	BRUD EKIPA	Open Mężczyzn	289	11:00	00:46:10	01:07:15	01:44:30.75	01:44:30.75	+01:06:49 (63.9%)	17:25	3.4 (35.4%)
335	KIJEK Marcin	2516	KO-KI	Open Mężczyzn	290	11:00	00:53:37	01:17:05	01:44:32.60	01:44:32.60	+01:06:51 (64.0%)	17:25	3.4 (35.4%)
336	KULIK Paweł	2532	OSP NOWE OPOLE	Open Mężczyzn	291	11:00	00:48:37	01:10:19	01:45:00.75	01:45:00.75	+01:07:19 (64.1%)	17:30	3.4 (35.4%)
337	PIWNIK Kuba	2407	MILF HUNTERS!	Open Mężczyzn	292	10:30	00:45:45	01:08:47	01:45:16.55	01:45:16.55	+01:07:35 (64.2%)	17:32	3.4 (35.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 6km	brutto 6km			
338	PIWNIK Bartosz	2406	MILF HUNTERS!	Open Mężczyzn	293	10:30	00:45:42	01:08:44	01:45:16.85	01:45:16.85	+01:07:36 (64.2%)	17:32	3.4 (35.4%)
339	UNRUG Tadeusz	2764	MILF HUNTERS!	Open Mężczyzn	294	10:30	00:45:43	01:08:48	01:45:18.30	01:45:18.30	+01:07:37 (64.2%)	17:33	3.4 (35.4%)
340	MARCINIAK Rafał	2534	OSP NOWE OPOLE	Open Mężczyzn	295	11:00	00:48:01	01:10:20	01:45:40.65	01:45:40.65	+01:07:59 (64.3%)	17:36	3.4 (35.4%)
341	LIUTKUS Dainius	2026	OCR BALTIC WARRIORS	Open Mężczyzn	296	09:00	00:19:49	00:29:30	01:46:16.30	01:46:16.30	+01:08:35 (64.5%)	17:42	3.4 (35.4%)
342	WINIAREK Marcin	3046		Open Mężczyzn	297	12:15	00:40:52	01:06:31	01:46:17.25	01:46:17.25	+01:08:36 (64.5%)	17:42	3.4 (35.4%)
343	POLASZEK Marcin	2260	TDR	Open Mężczyzn	298	09:30	00:39:10	00:58:04	01:46:32.70	01:46:32.70	+01:08:51 (64.6%)	17:45	3.4 (35.4%)
344	JAREK Marcin	2641	EXO FITNESS	Open Mężczyzn	299	11:30	00:49:47	01:13:05	01:46:37.35	01:46:37.35	+01:08:56 (64.7%)	17:46	3.4 (35.4%)
344	OSIŃSKI Bartłomiej	2646	EXO FITNESS	Open Mężczyzn	299	11:30	00:49:37	01:13:02	01:46:37.35	01:46:37.35	+01:08:56 (64.7%)	17:46	3.4 (35.4%)
346	WINIAREK Tomasz	3047		Open Mężczyzn	301	12:15	00:41:01	01:06:34	01:46:52.35	01:46:52.35	+01:09:11 (64.7%)	17:48	3.4 (35.4%)
347	SZYMCZAK Dariusz	3019		Open Masters Mężczyzn	46	12:15	00:39:51	01:04:37	01:47:31.30	01:47:31.30	+01:09:50 (65.0%)	17:55	3.3 (34.4%)
348	JAKUBOWSKI Krzysztof	2577		Open Mężczyzn	302	11:00	00:52:00	01:12:22	01:47:41.05	01:47:41.05	+01:10:00 (65.0%)	17:56	3.3 (34.4%)
349	KALETA Grzegorz	2220	CROSSFIT SIEDLCE	Open Mężczyzn	303	09:30	00:55:13	01:17:23	01:48:17.30	01:48:17.30	+01:10:36 (65.2%)	18:02	3.3 (34.4%)
350	KARWOWSKI Sławomir	2518	NIEZNISZCZALNI :)	Open Masters Mężczyzn	47	11:00	00:50:10	01:14:09	01:48:53.90	01:48:53.90	+01:11:13 (65.4%)	18:08	3.3 (34.4%)
351	WĄSOWSKI Michał	2650	EXO FITNESS	Open Mężczyzn	304	11:30	00:49:56	01:13:41	01:49:03.60	01:49:03.60	+01:11:22 (65.5%)	18:10	3.3 (34.4%)
352	KORDYS Łukasz	2368		Open Mężczyzn	305	09:30	00:41:04	01:03:40	01:49:17.45	01:49:17.45	+01:11:36 (65.5%)	18:12	3.3 (34.4%)
353	KOWALCZYK Łukasz	2556	SZWAGRY	Open Mężczyzn	306	11:00	00:45:38	01:10:16	01:50:03.15	01:50:03.15	+01:12:22 (65.8%)	18:20	3.3 (34.4%)
354	DERYBOWSKI Adrian	2275		Open Mężczyzn	307	11:00	00:58:16	01:27:38	01:50:15.70	01:50:15.70	+01:12:34 (65.8%)	18:22	3.3 (34.4%)
355	MARZEC Mateusz	3059		Open Mężczyzn	308	12:15	00:40:53	01:07:54	01:50:18.70	01:50:18.70	+01:12:37 (65.8%)	18:23	3.3 (34.4%)
356	ORKWISZEWSKI Jakub	2306		Open Mężczyzn	309	11:00	00:58:19	01:27:41	01:50:20.70	01:50:20.70	+01:12:39 (65.9%)	18:23	3.3 (34.4%)
357	SITNICKI Radosław	2687	WALHALLA MIŃSK MAZOWIECKI	Open Mężczyzn	310	11:30	00:45:59	01:05:03	01:50:23.25	01:50:23.25	+01:12:42 (65.9%)	18:23	3.3 (34.4%)
358	KOTOWSKI Karol	2684	WALHALLA	Open Mężczyzn	311	11:30	00:46:00	01:05:04	01:50:23.45	01:50:23.45	+01:12:42 (65.9%)	18:23	3.3 (34.4%)
359	RYTEL Piotr	2756		Open Mężczyzn	312	10:00	00:44:28	01:04:48	01:50:27.20	01:50:27.20	+01:12:46 (65.9%)	18:24	3.3 (34.4%)
360	GRZĘDA Michał	2364		Open Mężczyzn	313	10:00	00:44:07	01:13:23	01:50:40.20	01:50:40.20	+01:12:59 (66.0%)	18:26	3.3 (34.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
361	KARWOWSKI Mariusz	2288		Open Mężczyzn	314	09:30	00:41:04	01:03:48	01:50:40.95	01:50:40.95	+01:13:00 (66.0%)	18:26	3.3 (34.4%)
362	DORUŃ Marcin	2669	MISA PONCZUSIÓW	Open Mężczyzn	315	11:30	00:53:31	01:18:56	01:50:54.20	01:50:54.20	+01:13:13 (66.0%)	18:29	3.2 (33.3%)
363	CZAS Przemysław	2668	MISA PONCZUSIÓW	Open Mężczyzn	316	11:30	00:53:01	01:18:46	01:50:54.25	01:50:54.25	+01:13:13 (66.0%)	18:29	3.2 (33.3%)
363	SIENKIEWICZ Marek	2670	MISA PONCZUSIÓW	Open Mężczyzn	316	11:30	00:53:22	01:19:01	01:50:54.25	01:50:54.25	+01:13:13 (66.0%)	18:29	3.2 (33.3%)
365	SIENKIEWICZ Jakub	2317		Open Mężczyzn	318	09:30	00:51:39	01:21:34	01:50:59.75	01:50:59.75	+01:13:18 (66.1%)	18:29	3.2 (33.3%)
366	ADAMCZYK Daniel	2623	ADAMCZYKI RZĄDZA!	Open Mężczyzn	319	11:30	00:43:18	01:02:00	01:51:24.10	01:51:24.10	+01:13:43 (66.2%)	18:34	3.2 (33.3%)
367	FIGURSKI Łukasz	2358		Open Mężczyzn	320	10:00	00:40:24	01:03:56	01:51:24.30	01:51:24.30	+01:13:43 (66.2%)	18:34	3.2 (33.3%)
368	ADAMCZYK Kamil	2624	ADAMCZYKI RZĄDZA!	Open Mężczyzn	321	11:30	00:43:20		01:51:25.40	01:51:25.40	+01:13:44 (66.2%)	18:34	3.2 (33.3%)
369	BUJAK Miłosz	2451		Open Mężczyzn	322	10:30	00:48:40	01:11:57	01:51:35.75	01:51:35.75	+01:13:54 (66.2%)	18:35	3.2 (33.3%)
370	KACZMARCZYK Jakub	2460		Open Mężczyzn	323	10:30	00:48:39	01:12:25	01:51:36.45	01:51:36.45	+01:13:55 (66.2%)	18:36	3.2 (33.3%)
371	ŁAZARSKI Adrian	2466		Open Mężczyzn	324	10:30	00:48:41	01:12:08	01:51:38.95	01:51:38.95	+01:13:58 (66.3%)	18:36	3.2 (33.3%)
372	PIWKO Piotr	3043		Open Mężczyzn	325	12:15	00:54:45	01:20:50	01:52:20.90	01:52:20.90	+01:14:40 (66.5%)	18:43	3.2 (33.3%)
373	CHORWACKI Kamil	3032		Open Mężczyzn	326	12:15	00:35:19	00:50:01	01:52:52.50	01:52:52.50	+01:15:11 (66.6%)	18:48	3.2 (33.3%)
374	WIŚNIEWSKI Jan	3048		Open Masters Mężczyzn	48	12:15	00:35:18	00:50:00	01:52:52.60	01:52:52.60	+01:15:11 (66.6%)	18:48	3.2 (33.3%)
375	WIŚNIEWSKI Przemysław	3049		Open Mężczyzn	327	12:15	00:35:21	00:50:01	01:52:53.00	01:52:53.00	+01:15:12 (66.6%)	18:48	3.2 (33.3%)
376	ŻAK Dominik	2203	BATALION ORTALION	Open Mężczyzn	328	09:30	00:39:06	00:59:56	01:53:14.90	01:53:14.90	+01:15:34 (66.7%)	18:52	3.2 (33.3%)
377	MŁOT Paweł	2202	BATALION ORTALION	Open Mężczyzn	329	09:30	00:39:07	01:00:05	01:53:34.65	01:53:34.65	+01:15:53 (66.8%)	18:55	3.2 (33.3%)
378	STEMPKOWSKI Maciej	2509	DELTA SZWADRON SUPER COOL	Open Mężczyzn	330	11:00	00:50:24	01:19:09	01:53:46.50	01:53:46.50	+01:16:05 (66.9%)	18:57	3.2 (33.3%)
379	MASIUL Łukasz	2343	HUSARIA RACE TEAM	Open Mężczyzn	331	09:30	00:37:50	00:55:23	01:53:46.70	01:53:46.70	+01:16:05 (66.9%)	18:57	3.2 (33.3%)
380	SZMIT Cezary	2510	DELTA SZWADRON SUPER COOL	Open Mężczyzn	332	11:00	00:50:23	01:19:07	01:53:47.00	01:53:47.00	+01:16:06 (66.9%)	18:57	3.2 (33.3%)
381	PTAK Maciej	2311		Open Mężczyzn	333	11:00	00:47:47	01:10:43	01:53:55.40	01:53:55.40	+01:16:14 (66.9%)	18:59	3.2 (33.3%)
382	JANCZEWSKI Marcin	2396	HUSARIA RACE TEAM	Open Mężczyzn	334	09:30	00:37:47	00:55:21	01:53:57.20	01:53:57.20	+01:16:16 (66.9%)	18:59	3.2 (33.3%)
383	APTOWICZ Damian	2938		Open Mężczyzn	335	12:00	00:48:44	01:21:22	01:54:00.40	01:54:00.40	+01:16:19 (66.9%)	19:00	3.2 (33.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 6km	brutto 6km			
384	OSICKI Jarosław	2403	MARGINESY	Open Mężczyzn	336	10:30	00:59:23	01:22:10	01:54:07.00	01:54:07.00	+01:16:26 (67.0%)	19:01	3.2 (33.3%)
385	ŚWINARSKI Norbert	2405	MARGINESY	Open Mężczyzn	337	10:30	00:59:24	01:22:22	01:54:08.45	01:54:08.45	+01:16:27 (67.0%)	19:01	3.2 (33.3%)
386	MŁOT Mateusz	2201	BATALION ORTALION	Open Mężczyzn	338	09:30	00:39:05	00:59:57	01:54:57.80	01:54:57.80	+01:17:17 (67.2%)	19:09	3.1 (32.3%)
387	CHMIELEWSKI Józef	2272		Open Mężczyzn	339	09:30	00:43:29	01:03:08	01:55:08.55	01:55:08.55	+01:17:27 (67.3%)	19:11	3.1 (32.3%)
388	KARCZEWSKI Michał	2348	SMARU	Open Mężczyzn	340	10:00	00:53:56	01:18:17	01:56:44.30	01:56:44.30	+01:19:03 (67.7%)	19:27	3.1 (32.3%)
389	DADOS Mirosław	2216	CROSSFIT SIEDLCE	Open Mężczyzn	341	09:30	00:57:04		01:56:54.25	01:56:54.25	+01:19:13 (67.8%)	19:29	3.1 (32.3%)
390	JAGIELSKI Rafał	2346	SMARU	Open Mężczyzn	342	10:00	00:53:54	01:18:16	01:57:11.50	01:57:11.50	+01:19:30 (67.8%)	19:31	3.1 (32.3%)
391	KOWALCZYK Dominik	2688	WILCKI	Open Mężczyzn	343	11:30	01:03:42	01:31:06	01:57:15.75	01:57:15.75	+01:19:34 (67.9%)	19:32	3.1 (32.3%)
392	BANAŚ Krzysztof	2266		Open Mężczyzn	344	09:30	00:50:16	01:13:16	01:57:18.05	01:57:18.05	+01:19:37 (67.9%)	19:33	3.1 (32.3%)
393	CHOLEWKA Wojciech	2357		Open Masters Mężczyzn	49	10:00	01:00:42	01:27:28	01:57:34.90	01:57:34.90	+01:19:54 (68.0%)	19:35	3.1 (32.3%)
394	GÓRSKI Łukasz	2362		Open Mężczyzn	345	10:00	01:00:47	01:29:34	01:57:39.70	01:57:39.70	+01:19:58 (68.0%)	19:36	3.1 (32.3%)
395	BORKOWSKI Łukasz	2694		Open Mężczyzn	346	11:30	00:55:12	01:18:38	01:57:43.35	01:57:43.35	+01:20:02 (68.0%)	19:37	3.1 (32.3%)
396	ŚWIDEREK Łukasz	2491		Open Mężczyzn	347	10:30	00:59:48	01:27:33	01:57:47.25	01:57:47.25	+01:20:06 (68.0%)	19:37	3.1 (32.3%)
397	BŁASZCZYK Igor	2449		Open Mężczyzn	348	10:30	00:59:59	01:27:41	01:57:47.80	01:57:47.80	+01:20:07 (68.0%)	19:37	3.1 (32.3%)
398	PIEKARSKI Krzysztof	2728		Open Mężczyzn	349	11:30	00:55:04	01:18:12	01:58:17.20	01:58:17.20	+01:20:36 (68.1%)	19:42	3 (31.3%)
399	MEINERT Jakub	2204	CARBON OCR RACING TEAM	Open Mężczyzn	350	09:30	00:44:38	01:01:34	01:58:40.60	01:58:40.60	+01:20:59 (68.2%)	19:46	3 (31.3%)
400	WOŹNIAK Daniel	2240	CROSSFIT SIEDLCE	Open Mężczyzn	351	09:30	00:57:04	01:25:40	01:58:58.40	01:58:58.40	+01:21:17 (68.3%)	19:49	3 (31.3%)
401	WOJCIECHOWSKI Wojciech	2350	SONS OF GUNS	Open Mężczyzn	352	10:00	00:59:59	01:28:22	01:59:32.40	01:59:32.40	+01:21:51 (68.5%)	19:55	3 (31.3%)
402	KWIATKOWSKI Aleksander	2341	HUSARIA RACE TEAM	Open Masters Mężczyzn	50	10:00	01:02:21	01:28:16	01:59:54.75	01:59:54.75	+01:22:13 (68.6%)	19:59	3 (31.3%)
403	BARANOWSKI Paweł	2212	CROSSFIT SIEDLCE	Open Mężczyzn	353	09:30	00:57:12	01:25:43	02:00:05.95	02:00:05.95	+01:22:25 (68.6%)	20:00	3 (31.3%)
404	LIPIŃSKI Tomasz	2062		Open Mężczyzn	354	09:00	00:23:13	00:33:04	02:00:24.60	02:00:24.60	+01:22:43 (68.7%)	20:04	3 (31.3%)
405	LISIECKI Karol	2019	JEST PROGRESS	Open Mężczyzn	355	09:00	00:27:10	00:39:22	02:02:06.65	02:02:06.65	+01:24:25 (69.1%)	20:21	2.9 (30.2%)
406	TLALKA Michał	2069		Open Mężczyzn	356	09:00	00:44:29	00:58:03	02:02:10.95	02:02:10.95	+01:24:30 (69.2%)	20:21	2.9 (30.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 6km	brutto 6km			
407	SITKOWSKI Maciej	2066		Open Mężczyzn	357	09:00	00:44:30	00:58:10	02:02:11.10	02:02:11.10	+01:24:30 (69.2%)	20:21	2.9 (30.2%)
408	NOWOSIELSKI Łukasz	2331	AQUA TEAM	Open Mężczyzn	358	10:00	01:01:37	01:30:05	02:02:21.90	02:02:21.90	+01:24:41 (69.2%)	20:23	2.9 (30.2%)
409	STEFANIUK Karol	2332	AQUA TEAM	Open Mężczyzn	359	10:00	01:01:39	01:30:34	02:02:22.10	02:02:22.10	+01:24:41 (69.2%)	20:23	2.9 (30.2%)
410	KLUCZYŃSKI Marcin	2258	SYMMETRY	Open Mężczyzn	360	09:30	00:57:17	01:24:46	02:02:37.60	02:02:37.60	+01:24:56 (69.3%)	20:26	2.9 (30.2%)
411	TYMIŃSKI Michał	2259	SYMMETRY	Open Mężczyzn	361	09:30	00:56:55	01:24:53	02:02:37.90	02:02:37.90	+01:24:57 (69.3%)	20:26	2.9 (30.2%)
412	STAMBULSKI Bartłomiej	2690	WILCKI	Open Mężczyzn	362	11:30	01:03:42	01:31:06	02:02:56.40	02:02:56.40	+01:25:15 (69.4%)	20:29	2.9 (30.2%)
413	POLAK Daniel	2730		Open Mężczyzn	363	11:30	00:53:49	01:17:20	02:03:54.10	02:03:54.10	+01:26:13 (69.6%)	20:39	2.9 (30.2%)
414	SZKURŁAT Tomasz	2036	POWER TRAINING	Open Mężczyzn	364	09:00	00:24:44	00:36:18	02:04:02.45	02:04:02.45	+01:26:21 (69.6%)	20:40	2.9 (30.2%)
415	KAMIENIECKI Tomasz	2041	TIM DRIM	Open Mężczyzn	365	09:00	00:53:07	01:18:40	02:05:39.25	02:05:39.25	+01:27:58 (70.0%)	20:56	2.9 (30.2%)
416	LENDZISZEWSKI Tomasz	2043	TIM DRIM	Open Mężczyzn	366	09:00	00:52:57	01:18:28	02:05:39.40	02:05:39.40	+01:27:58 (70.0%)	20:56	2.9 (30.2%)
417	SZYMCZAK Marcin	2934	UMWW	Open Mężczyzn	367	12:00	01:02:27	01:28:34	02:06:19.50	02:06:19.50	+01:28:38 (70.2%)	21:03	2.8 (29.2%)
418	TOMCZAK Jacek	2935	UMWW	Open Masters Mężczyzn	51	12:00	01:02:19	01:28:26	02:06:19.85	02:06:19.85	+01:28:39 (70.2%)	21:03	2.8 (29.2%)
419	KOMOROWSKI Łukasz	2291		Open Mężczyzn	368	09:30	00:56:43	01:24:12	02:06:33.90	02:06:33.90	+01:28:53 (70.2%)	21:05	2.8 (29.2%)
419	PRZYBYLSKI Bartek	2483		Open Mężczyzn	368	10:30	01:02:56	01:27:59	02:06:33.90	02:06:33.90	+01:28:53 (70.2%)	21:05	2.8 (29.2%)
421	TIMUR Khanbikov	2753		Open Mężczyzn	370	11:30	01:02:39	01:29:49	02:07:33.85	02:07:33.85	+01:29:53 (70.5%)	21:15	2.8 (29.2%)
422	PIECHOWSKI Łukasz	2751		Open Mężczyzn	371	11:30	01:02:59	01:29:37	02:07:39.40	02:07:39.40	+01:29:58 (70.5%)	21:16	2.8 (29.2%)
423	ROSIŃSKI Kamil	2314		Open Mężczyzn	372	09:30	00:54:37	01:23:21	02:07:52.10	02:07:52.10	+01:30:11 (70.5%)	21:18	2.8 (29.2%)
424	MUSZYŃSKI Michał	2304		Open Mężczyzn	373	09:30	00:56:47	01:24:50	02:07:59.00	02:07:59.00	+01:30:18 (70.6%)	21:19	2.8 (29.2%)
425	GRZECH Mateusz	2625	BIEGIEM NA WESELE	Open Mężczyzn	374	11:30	00:38:35	00:59:57	02:08:14.00	02:08:14.00	+01:30:33 (70.6%)	21:22	2.8 (29.2%)
426	SOKOŁOWSKI Mateusz	2605		Open Mężczyzn	375	11:00	00:53:52	01:19:14	02:08:14.45	02:08:14.45	+01:30:33 (70.6%)	21:22	2.8 (29.2%)
427	RYDZEWSKI Krzysztof	2021	JEST PROGRESS	Open Mężczyzn	376	09:00	00:28:41	00:43:56	02:08:22.30	02:08:22.30	+01:30:41 (70.6%)	21:23	2.8 (29.2%)
428	KARSLYAN Sergey	2750		Open Mężczyzn	377	11:30	01:02:38	01:29:49	02:08:34.10	02:08:34.10	+01:30:53 (70.7%)	21:25	2.8 (29.2%)
429	BRZEMIŃSKI Michał	2771		Open Mężczyzn	378	11:30	01:03:21	01:30:04	02:08:43.75	02:08:43.75	+01:31:02 (70.7%)	21:27	2.8 (29.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 6km	brutto 6km			
430	ZIELIŃSKI Paweł	2746		Open Mężczyzn	379	11:30	01:06:21	01:34:43	02:08:46.85	02:08:46.85	+01:31:06 (70.7%)	21:27	2.8 (29.2%)
431	WOLAŃSKI Wiktor	2325		Open Mężczyzn	380	09:30	00:43:09	01:13:49	02:08:56.45	02:08:56.45	+01:31:15 (70.8%)	21:29	2.8 (29.2%)
432	BIEGAJŁO Rafał	2445		Open Mężczyzn	381	10:30	00:54:31	01:23:02	02:09:00.50	02:09:00.50	+01:31:19 (70.8%)	21:30	2.8 (29.2%)
432	WOŁOSIAK Mateusz	2500		Open Mężczyzn	381	10:30	00:54:31	01:22:47	02:09:00.50	02:09:00.50	+01:31:19 (70.8%)	21:30	2.8 (29.2%)
434	JĘDRZEJEWSKI Jacek	2057		Open Masters Mężczyzn	52	09:00	00:36:43	00:56:14	02:09:01.30	02:09:01.30	+01:31:20 (70.8%)	21:30	2.8 (29.2%)
435	DZIECIAŃTEK Jacek	2217	CROSSFIT SIEDLCE	Open Masters Mężczyzn	53	09:30	00:55:14	01:17:33	02:09:08.80	02:09:08.80	+01:31:28 (70.8%)	21:31	2.8 (29.2%)
436	ILIASOV Ruslan	2748		Open Mężczyzn	383	11:30	01:02:44	01:29:56	02:09:11.80	02:09:11.80	+01:31:31 (70.8%)	21:31	2.8 (29.2%)
437	JANKOWSKI Piotr	2283		Open Mężczyzn	384	09:30	00:54:33	01:23:47	02:09:21.95	02:09:21.95	+01:31:41 (70.9%)	21:33	2.8 (29.2%)
438	STARMACH Mateusz	2666	KRAKMANDOS	Open Mężczyzn	385	11:30	00:58:05	01:29:51	02:09:31.20	02:09:31.20	+01:31:50 (70.9%)	21:35	2.8 (29.2%)
439	SZYMAŃSKI Piotr	2321		Open Mężczyzn	386	09:30	00:54:35	01:23:47	02:11:36.90	02:11:36.90	+01:33:56 (71.4%)	21:56	2.7 (28.1%)
440	KOŁOTA Krystian	2018	JEST PROGRESS	Open Mężczyzn	387	09:00	00:32:42	00:49:28	02:12:06.35	02:12:06.35	+01:34:25 (71.5%)	22:01	2.7 (28.1%)
441	ROZBICKI Zbigniew	2428	STADLER	Open Masters Mężczyzn	54	10:30	01:07:21	01:40:23	02:12:19.40	02:12:19.40	+01:34:38 (71.5%)	22:03	2.7 (28.1%)
442	PIENIAK Piotr	2255	PIĄTA KOLUMNA	Open Mężczyzn	388	09:30	01:00:58	01:34:48	02:12:40.00	02:12:40.00	+01:34:59 (71.6%)	22:06	2.7 (28.1%)
443	POLIT Bartłomiej	2024	NINJA TEAM	Open Mężczyzn	389	09:00	00:30:55	00:44:03	02:12:43.70	02:12:43.70	+01:35:02 (71.6%)	22:07	2.7 (28.1%)
444	BRZEZEK Tomasz	2270		Open Mężczyzn	390	09:30	00:57:00	01:24:54	02:13:46.50	02:13:46.50	+01:36:05 (71.8%)	22:17	2.7 (28.1%)
445	KACPRZAK Rafał	2286		Open Mężczyzn	391	09:30	00:56:45	01:24:13	02:13:46.75	02:13:46.75	+01:36:05 (71.8%)	22:17	2.7 (28.1%)
446	FYDRYCH Łukasz	3008		Open Mężczyzn	392	11:30	00:42:47	01:01:15	01:33:52.90	02:14:10.15	+01:36:29 (71.9%)	15:38	3.8 (39.6%)
447	OLEKSIUK Andrii	2065		Open Mężczyzn	393	09:00	00:30:07	00:45:09	02:14:18.50	02:14:18.50	+01:36:37 (71.9%)	22:23	2.7 (28.1%)
448	BIERKAT Daniel	2446		Open Mężczyzn	394	10:30	01:07:47	01:40:39	02:14:21.15	02:14:21.15	+01:36:40 (72.0%)	22:23	2.7 (28.1%)
449	PILAWSKI Piotr	2479		Open Mężczyzn	395	10:30	00:54:17	01:25:48	02:14:42.85	02:14:42.85	+01:37:02 (72.0%)	22:27	2.7 (28.1%)
450	KUCHARCZYK Tomasz	2254	PIĄTA KOLUMNA	Open Mężczyzn	396	09:30	01:01:12	01:34:54	02:15:04.90	02:15:04.90	+01:37:24 (72.1%)	22:30	2.7 (28.1%)
451	SOBIESZEK Cezary	2011	HARDCOROWE WYCHYLYLYBYMY	Open Masters Mężczyzn	55	09:00	00:56:15	01:27:34	02:15:18.30	02:15:18.30	+01:37:37 (72.2%)	22:33	2.7 (28.1%)
452	BIERNAT Robert	2253	PIĄTA KOLUMNA	Open Mężczyzn	397	09:30	01:00:58	01:34:48	02:15:27.10	02:15:27.10	+01:37:46 (72.2%)	22:34	2.7 (28.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 6km	brutto 6km			
453	NOSZCZAK Jacek	2386	DZIKIE GRUBASY SZATANA	Open Mężczyzn	398	10:30	01:05:21	01:33:36	02:15:27.45	02:15:27.45	+01:37:46 (72.2%)	22:34	2.7 (28.1%)
454	MACIEJEWSKI Krystian	2003	BESTIE OCR LEGIONOWO	Open Mężczyzn	399	09:00	00:29:40	00:40:58	02:16:50.95	02:16:50.95	+01:39:10 (72.5%)	22:48	2.6 (27.1%)
455	GRZYMAŁA Damian	2337	DIRTY SPARROWS	Open Mężczyzn	400	10:00	00:56:03	01:31:10	02:17:06.85	02:17:06.85	+01:39:26 (72.5%)	22:51	2.6 (27.1%)
456	PACZUSKI Kamil	2434	TANDER CROSS	Open Mężczyzn	401	10:30	00:51:32	01:21:36	02:17:36.90	02:17:36.90	+01:39:56 (72.6%)	22:56	2.6 (27.1%)
457	WYSOCKI Marek	2436	TANDER CROSS	Open Mężczyzn	402	10:30	00:51:54	01:21:38	02:17:37.90	02:17:37.90	+01:39:57 (72.6%)	22:56	2.6 (27.1%)
458	NIEMIEC Piotr	2433	TANDER CROSS	Open Mężczyzn	403	10:30	00:51:51	01:21:44	02:17:37.95	02:17:37.95	+01:39:57 (72.6%)	22:56	2.6 (27.1%)
459	PACZUSKI Artur	2759	TANDER CROSS	Open Mężczyzn	404	10:30	00:51:31	01:21:36	02:17:38.95	02:17:38.95	+01:39:58 (72.6%)	22:56	2.6 (27.1%)
460	ŁAZUGA Paweł	2426	STADLER	Open Mężczyzn	405	10:30	01:06:26	01:40:33	02:18:17.65	02:18:17.65	+01:40:36 (72.8%)	23:02	2.6 (27.1%)
461	KOLIBABSKI Radosław	2008	HARDCOROWE WYCHYLYLYBYMY	Open Mężczyzn	406	09:00	00:24:54	00:35:30	02:18:31.05	02:18:31.05	+01:40:50 (72.8%)	23:05	2.6 (27.1%)
462	ARUSZTOWICZ Bartosz	2006	HARDCOROWE WYCHYLYLYBYMY	Open Mężczyzn	407	09:00	00:27:04	00:39:01	02:18:32.25	02:18:32.25	+01:40:51 (72.8%)	23:05	2.6 (27.1%)
463	PIĘTKA Marcin	2010	HARDCOROWE WYCHYLYLYBYMY	Open Mężczyzn	408	09:00	00:25:05	00:36:26	02:18:38.70	02:18:38.70	+01:40:57 (72.8%)	23:06	2.6 (27.1%)
464	CABAJ Tomasz	2354		Open Mężczyzn	409	10:00	00:56:51	01:27:23	02:20:42.60	02:20:42.60	+01:43:01 (73.2%)	23:27	2.6 (27.1%)
465	KIEPAS Marcin	2058		Open Masters Mężczyzn	56	09:00	00:41:41	00:57:40	02:20:56.75	02:20:56.75	+01:43:15 (73.3%)	23:29	2.6 (27.1%)
466	WIELECHOWSKI Kamil	2070		Open Mężczyzn	410	09:00	00:36:51	00:56:11	02:21:07.90	02:21:07.90	+01:43:27 (73.3%)	23:31	2.6 (27.1%)
467	ZIELIŃSKI Artur	2430	STADLER	Open Mężczyzn	411	10:30	01:07:50	01:41:31	02:22:12.75	02:22:12.75	+01:44:31 (73.5%)	23:42	2.5 (26.0%)
468	JANUSZEWSKI Andrzej	2056		Open Mężczyzn	412	09:00	00:33:52	00:47:15	02:22:26.70	02:22:26.70	+01:44:45 (73.5%)	23:44	2.5 (26.0%)
469	SAWICKI Piotr	2035	POWER TRAINING	Open Mężczyzn	413	09:00	01:05:25	01:39:46	02:26:07.80	02:26:07.80	+01:48:27 (74.2%)	24:21	2.5 (26.0%)
470	OLPIŃSKI Szymon	2089		Open Mężczyzn	414	09:00	00:23:37	00:38:11	02:28:36.75	02:28:36.75	+01:50:55 (74.6%)	24:46	2.4 (25.0%)
471	OŚKO Łukasz	2009	HARDCOROWE WYCHYLYLYBYMY	Open Mężczyzn	415	09:00	00:28:21	00:40:50	02:30:45.65	02:30:45.65	+01:53:04 (75.0%)	25:07	2.4 (25.0%)
472	HABROWSKI Robert	2055		Open Masters Mężczyzn	57	09:00	00:30:19	00:44:08	02:38:34.20	02:38:34.20	+02:00:53 (76.2%)	26:25	2.3 (24.0%)
473	KOSIŃSKI Jakub	2014	HUSARIA RACE TEAM	Open Mężczyzn	416	09:00	00:26:21	00:38:53	02:40:07.20	02:40:07.20	+02:02:26 (76.5%)	26:41	2.2 (22.9%)
474	MICHAŁKIEWICZ Kuba	2063		Open Mężczyzn	417	09:00	00:31:51	00:47:49	02:40:30.45	02:40:30.45	+02:02:49 (76.5%)	26:45	2.2 (22.9%)
475	WOSIK Dawid	2087		Open Mężczyzn	418	09:00	00:26:08	00:37:39	02:40:44.30	02:40:44.30	+02:03:03 (76.6%)	26:47	2.2 (22.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Point_1 1.5km	Point_2 4km	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
476	WOJEWÓDKA Krystian	2038	SOCIOS SILESIA	Open Mężczyzn	419	09:00	00:24:16	00:34:59	02:49:25.10	02:49:25.10	+02:11:44 (77.8%)	28:14	2.1 (21.9%)
477	ZIMOŃ Norbert	2046	WATAHA GRUPA TRENINGOWA	Open Mężczyzn	420	09:00	00:27:18	00:39:52	02:50:24.40	02:50:24.40	+02:12:43 (77.9%)	28:24	2.1 (21.9%)
478	BURBUL Przemysław	2051		Open Mężczyzn	421	09:00	00:29:05	00:40:41	02:54:05.75	02:54:05.75	+02:16:24 (78.4%)	29:00	2.1 (21.9%)
479	MARGAS Adam	2023	NIE W SZCZEPIONKĘ TEAM	Open Mężczyzn	422	09:00	01:01:00	01:22:26	02:54:30.85	02:54:30.85	+02:16:50 (78.4%)	29:05	2.1 (21.9%)
480	KORDYS Michał	2061		Open Mężczyzn	423	09:00	00:27:44	00:40:04	02:54:40.80	02:54:40.80	+02:17:00 (78.4%)	29:06	2.1 (21.9%)
481	SPRAWKA Bolesław	2067		Open Mężczyzn	424	09:00	00:33:05	01:02:06	02:58:38.60	02:58:38.60	+02:20:57 (78.9%)	29:46	2 (20.8%)
482	SZCZOTOK Wiktor	2068		Open Mężczyzn	425	09:00	00:32:22	00:46:23	03:00:51.00	03:00:51.00	+02:23:10 (79.2%)	30:08	2 (20.8%)
483	ŁAZIUK Tomasz	2086		Open Mężczyzn	426	09:00	00:31:45	00:46:33	03:01:57.60	03:01:57.60	+02:24:16 (79.3%)	30:19	2 (20.8%)
484	NASIADKA Michał	2032	POWER TRAINING	Open Mężczyzn	427	09:00	00:28:18	00:39:35	03:11:44.85	03:11:44.85	+02:34:04 (80.3%)	31:57	1.9 (19.8%)
485	SADOWSKI Michał	2033	POWER TRAINING	Open Mężczyzn	428	09:00	00:26:02	00:37:38	03:13:59.45	03:13:59.45	+02:36:18 (80.6%)	32:19	1.9 (19.8%)
486	CZYŻKOWSKI Łukasz	2022	NIE W SZCZEPIONKĘ TEAM	Open Mężczyzn	429	09:00	01:00:54	01:22:21	03:14:10.50	03:14:10.50	+02:36:29 (80.6%)	32:21	1.9 (19.8%)
487	CHMIELORZ Józef	2004	CARBON OCR RACING TEAM	Open Mężczyzn	430	09:00	00:24:04	00:33:46	03:16:24.25	03:16:24.25	+02:38:43 (80.8%)	32:44	1.8 (18.8%)
488	EBERT Damian	2002	BESTIE OCR LEGIONOWO	Open Mężczyzn	431	09:00	00:25:51	00:36:50	03:21:22.90	03:21:22.90	+02:43:42 (81.3%)	33:33	1.8 (18.8%)
489	HANDZLIK Mateusz	2005	DENISTEAM	Open Mężczyzn	432	09:00	00:46:08	01:02:21	03:29:06.95	03:29:06.95	+02:51:26 (82.0%)	34:51	1.7 (17.7%)
490	MARKIEWICZ Maksymilian	2016	HUSARIA RACE TEAM	Open Mężczyzn	433	09:00	00:27:22	00:40:01	03:46:35.50	03:46:35.50	+03:08:54 (83.4%)	37:45	1.6 (16.7%)
491	MORAWSKI Grzegorz	2044	TRENER24H.COM.PL	Open Mężczyzn	434	09:00	00:24:52	00:35:40	04:14:22.85	04:14:22.85	+03:36:42 (85.2%)	42:23	1.4 (14.6%)
492	JASKULA Rafal	2749		Open Masters Mężczyzn	58	11:30	01:03:23	01:30:05			+00:31:05	22:31	2.7 (28.1%)
493	ZEMBRZUSKI Daniel	3022		Open Mężczyzn	435	12:15							(0.0%)
494	CIUPA Piotr	2755		Open Masters Mężczyzn	59	10:00							(0.0%)
495	POPEK Przemysław	2397	HUTNIK WARSZAWA OCR	Open Mężczyzn	436	10:30							(0.0%)
	SZUBERT Tomasz	2627	BOSKIEDZIKI	Open Mężczyzn		11:30	00:53:13 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 496 wynik(ów)