

**Wydarzenie:** Zimowy Runmageddon Warszawa  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2022-01-22  
**Miejsce:** Modlin  
**Dystans:** 6 km

Klasyfikacja: Elite Mężczyzn

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
1	<b>LIUTKUS Dainius</b>	<b>27</b>	OCR BALTIC WARRIORS	Elite Mężczyzn	1	08:00	<b>00:35:32.40</b>	<b>00:35:32.40</b>		5:55	10.1 (100%)
2	<b>TRYVASHKEVICH Yauhen</b>	<b>86</b>	OCR BELARUS	Elite Mężczyzn	2	08:00	<b>00:35:56.05</b>	<b>00:35:56.05</b>	+00:00:23 (1.1%)	5:59	10 (99.0%)
3	<b>RUTKOWSKI Mariusz</b>	<b>126</b>	WOLF TEAM	Elite Masters Mężczyzn	1	08:10	<b>00:38:26.20</b>	<b>00:38:26.20</b>	+00:02:53 (7.5%)	6:24	9.4 (93.1%)
4	<b>SERAFIŃSKI Maciej</b>	<b>56</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	3	08:00	<b>00:38:35.65</b>	<b>00:38:35.65</b>	+00:03:03 (7.9%)	6:25	9.3 (92.1%)
5	<b>PRYKOWSKI Tomasz</b>	<b>201</b>		Elite Mężczyzn	4	08:00	<b>00:39:22.30</b>	<b>00:39:22.30</b>	+00:03:49 (9.7%)	6:33	9.1 (90.1%)
6	<b>KRAUCHANKA Aliaksandr</b>	<b>204</b>	OCR BELARUS	Elite Masters Mężczyzn	2	08:10	<b>00:39:36.90</b>	<b>00:39:36.90</b>	+00:04:04 (10.3%)	6:36	9.1 (90.1%)
7	<b>MENZIŃSKI Przemysław</b>	<b>2</b>	BSB BARCZEWO BIEGA	Elite Mężczyzn	5	08:00	<b>00:40:03.50</b>	<b>00:40:03.50</b>	+00:04:31 (11.3%)	6:40	9 (89.1%)
8	<b>KATOLIKAU Raman</b>	<b>199</b>	OCR BELARUS	Elite Mężczyzn	6	08:10	<b>00:40:16.30</b>	<b>00:40:16.30</b>	+00:04:43 (11.7%)	6:42	8.9 (88.1%)
9	<b>JĄNCZUK Przemysław</b>	<b>50</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	7	08:00	<b>00:40:40.05</b>	<b>00:40:40.05</b>	+00:05:07 (12.6%)	6:46	8.9 (88.1%)
10	<b>KRAWIECKI Mateusz</b>	<b>53</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	8	08:00	<b>00:41:00.75</b>	<b>00:41:00.75</b>	+00:05:28 (13.3%)	6:50	8.8 (87.1%)
11	<b>CHRÓSZCZ Norbert</b>	<b>134</b>		Elite Mężczyzn	9	08:10	<b>00:41:04.10</b>	<b>00:41:04.10</b>	+00:05:31 (13.5%)	6:50	8.8 (87.1%)
12	<b>BRZEZIŃSKI Bartosz</b>	<b>49</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	10	08:00	<b>00:41:29.65</b>	<b>00:41:29.65</b>	+00:05:57 (14.3%)	6:54	8.7 (86.1%)
13	<b>ZAWISTOWSKI Jakub</b>	<b>57</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	11	08:00	<b>00:41:37.40</b>	<b>00:41:37.40</b>	+00:06:05 (14.6%)	6:56	8.7 (86.1%)
14	<b>OKNIŃSKI Piotr</b>	<b>7</b>	CF ŁUKÓW	Elite Mężczyzn	12	08:00	<b>00:42:08.25</b>	<b>00:42:08.25</b>	+00:06:35 (15.7%)	7:01	8.5 (84.2%)
15	<b>PODGORSKI Marek</b>	<b>54</b>	RUNMAGEDDON TEAM	Elite Masters Mężczyzn	3	08:00	<b>00:42:10.40</b>	<b>00:42:10.40</b>	+00:06:38 (15.7%)	7:01	8.5 (84.2%)
16	<b>KOŁAKOWSKI Krzysztof</b>	<b>52</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	13	08:00	<b>00:42:14.75</b>	<b>00:42:14.75</b>	+00:06:42 (15.9%)	7:02	8.5 (84.2%)
17	<b>SZYMAŃSKI Bartłomiej</b>	<b>66</b>	WARRIORS ŁÓDŹ	Elite Mężczyzn	14	08:00	<b>00:42:37.25</b>	<b>00:42:37.25</b>	+00:07:04 (16.6%)	7:06	8.4 (83.2%)
18	<b>KVEDARAVIČUS Ričards</b>	<b>26</b>	OCR BALTIC WARRIORS	Elite Masters Mężczyzn	4	08:00	<b>00:42:41.80</b>	<b>00:42:41.80</b>	+00:07:09 (16.8%)	7:06	8.4 (83.2%)
19	<b>JAKUBIK Dawid</b>	<b>74</b>		Elite Mężczyzn	15	08:00	<b>00:44:04.70</b>	<b>00:44:04.70</b>	+00:08:32 (19.4%)	7:20	8.2 (81.2%)
20	<b>KAZIMIERCZAK Paweł</b>	<b>120</b>	WARRIORS ŁÓDŹ	Elite Mężczyzn	16	08:10	<b>00:44:09.65</b>	<b>00:44:09.65</b>	+00:08:37 (19.5%)	7:21	8.2 (81.2%)
21	<b>JUSZKIEWICZ Dominik</b>	<b>48</b>	RAJSPOORT ACTIVE	Elite Mężczyzn	17	08:00	<b>00:44:12.55</b>	<b>00:44:12.55</b>	+00:08:40 (19.6%)	7:22	8.1 (80.2%)
22	<b>MACIEJEWSKI Łukasz</b>	<b>60</b>	SOCIOS SILESIA	Elite Mężczyzn	18	08:00	<b>00:44:16.45</b>	<b>00:44:16.45</b>	+00:08:44 (19.7%)	7:22	8.1 (80.2%)
23	<b>KALINOWSKI Krystian</b>	<b>51</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	19	08:00	<b>00:44:29.25</b>	<b>00:44:29.25</b>	+00:08:56 (20.1%)	7:24	8.1 (80.2%)
24	<b>ZIELIŃSKI Bartosz</b>	<b>10</b>	DYNAMIC STRONG GNIEZNO	Elite Mężczyzn	20	08:00	<b>00:45:02.85</b>	<b>00:45:02.85</b>	+00:09:30 (21.1%)	7:30	8 (79.2%)
25	<b>KROPIDŁOWSKI Grzegorz</b>	<b>70</b>	WOLF TEAM	Elite Masters Mężczyzn	5	08:00	<b>00:45:04.65</b>	<b>00:45:04.65</b>	+00:09:32 (21.2%)	7:30	8 (79.2%)
26	<b>SHELKOVSKIY Vadim</b>	<b>200</b>	OCR BELARUS	Elite Mężczyzn	21	08:10	<b>00:45:11.20</b>	<b>00:45:11.20</b>	+00:09:38 (21.3%)	7:31	8 (79.2%)
27	<b>CZACHURSKI Mateusz</b>	<b>12</b>	EX TEAM	Elite Mężczyzn	22	08:00	<b>00:45:12.25</b>	<b>00:45:12.25</b>	+00:09:39 (21.4%)	7:32	8 (79.2%)
28	<b>CIEŚLUKIEWICZ Damian</b>	<b>28</b>	OSPRO OCR	Elite Mężczyzn	23	08:00	<b>00:45:31.70</b>	<b>00:45:31.70</b>	+00:09:59 (21.9%)	7:35	7.9 (78.2%)
29	<b>MALICKI Dawid</b>	<b>64</b>	WARRIORS ŁÓDŹ	Elite Mężczyzn	24	08:00	<b>00:45:46.00</b>	<b>00:45:46.00</b>	+00:10:13 (22.3%)	7:37	7.9 (78.2%)

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							netto 6km	brutto 6km			
30	ŚLOTAŁA Karol	162		Elite Mężczyzn	25	08:10	00:46:19.80	00:46:19.80	+00:10:47 (23.3%)	7:43	7.8 (77.2%)
31	SŁODOWNIK Dominik	82		Elite Mężczyzn	26	08:00	00:46:26.50	00:46:26.50	+00:10:54 (23.5%)	7:44	7.8 (77.2%)
32	MULCZYŃSKI Piotr	149		Elite Mężczyzn	27	08:10	00:46:38.45	00:46:38.45	+00:11:06 (23.8%)	7:46	7.7 (76.2%)
33	DROGOSZ Damian	3	CARBON SILESIA SPORT	Elite Masters Mężczyzn	6	08:00	00:46:52.00	00:46:52.00	+00:11:19 (24.2%)	7:48	7.7 (76.2%)
34	PASTUSZKA Michał	78		Elite Mężczyzn	28	08:00	00:46:53.95	00:46:53.95	+00:11:21 (24.2%)	7:48	7.7 (76.2%)
35	MISSALA Mateusz	41	POWER TRAINING	Elite Masters Mężczyzn	7	08:00	00:46:54.55	00:46:54.55	+00:11:22 (24.2%)	7:49	7.7 (76.2%)
36	DOMAGAŁA Dominik	14	GORĄCY POTOK TEAM	Elite Mężczyzn	29	08:00	00:47:12.75	00:47:12.75	+00:11:40 (24.7%)	7:52	7.6 (75.2%)
37	PORCZYK Zbigniew	43	POWER TRAINING	Elite Mężczyzn	30	08:00	00:47:27.45	00:47:27.45	+00:11:55 (25.1%)	7:54	7.6 (75.2%)
38	VEPŘEK Martin	168		Elite Mężczyzn	31	08:10	00:48:02.45	00:48:02.45	+00:12:30 (26.0%)	8:00	7.5 (74.3%)
39	PSUT Kamil	21	MELVIT TEAM	Elite Mężczyzn	32	08:00	00:48:05.40	00:48:05.40	+00:12:33 (26.1%)	8:00	7.5 (74.3%)
40	DĄBROWSKI Krzysztof	58	SOCIOS SILESIA	Elite Masters Mężczyzn	8	08:00	00:49:58.10	00:49:58.10	+00:14:25 (28.9%)	8:19	7.2 (71.3%)
41	MORAWSKI Grzegorz	77		Elite Mężczyzn	33	08:00	00:50:11.40	00:50:11.40	+00:14:39 (29.2%)	8:21	7.2 (71.3%)
42	KARWOWSKI Paweł	5	CF ŁUKÓW	Elite Mężczyzn	34	08:00	00:50:39.75	00:50:39.75	+00:15:07 (29.8%)	8:26	7.1 (70.3%)
43	STOPYRA Patryk	46	PSYCHIATRYK KOPERNIKA	Elite Mężczyzn	35	08:00	00:51:44.50	00:51:44.50	+00:16:12 (31.3%)	8:37	7 (69.3%)
44	JUDEK Łukasz	75		Elite Mężczyzn	36	08:00	00:51:55.55	00:51:55.55	+00:16:23 (31.6%)	8:39	6.9 (68.3%)
45	GIZAK Michał	59	SOCIOS SILESIA	Elite Mężczyzn	37	08:00	00:52:01.95	00:52:01.95	+00:16:29 (31.7%)	8:40	6.9 (68.3%)
46	SOKOŁOWSKI Artur	83		Elite Mężczyzn	38	08:00	00:52:30.55	00:52:30.55	+00:16:58 (32.3%)	8:45	6.9 (68.3%)
47	SEWERYNOWICZ Michał	69	WILK TRENUJE FAMILY (WTF)	Elite Mężczyzn	39	08:00	00:52:32.70	00:52:32.70	+00:17:00 (32.4%)	8:45	6.9 (68.3%)
48	HANDZLIK Wojciech	93	DENISTEAM	Elite Mężczyzn	40	08:10	00:52:34.90	00:52:34.90	+00:17:02 (32.4%)	8:45	6.8 (67.3%)
49	WITEK Paweł	47	PZU SPORT TEAM	Elite Mężczyzn	41	08:00	00:52:36.30	00:52:36.30	+00:17:03 (32.4%)	8:46	6.8 (67.3%)
50	SZKODA Bartłomiej	94	GETFIT CLUB	Elite Mężczyzn	42	08:10	00:52:44.95	00:52:44.95	+00:17:12 (32.6%)	8:47	6.8 (67.3%)
51	BRACHACZEK Bartosz	37	POWER TRAINING	Elite Mężczyzn	43	08:00	00:52:50.65	00:52:50.65	+00:17:18 (32.7%)	8:48	6.8 (67.3%)
52	MAJCZYNA Marek	90	CF ŁUKÓW	Elite Mężczyzn	44	08:10	00:52:54.90	00:52:54.90	+00:17:22 (32.8%)	8:49	6.8 (67.3%)
53	MAKARSKI Siarhei	198	OCR BELARUS	Elite Mężczyzn	45	08:10	00:53:28.25	00:53:28.25	+00:17:55 (33.5%)	8:54	6.7 (66.3%)
54	PABIN Paweł	68	WILK TRENUJE FAMILY (WTF)	Elite Mężczyzn	46	08:00	00:53:43.05	00:53:43.05	+00:18:10 (33.8%)	8:57	6.7 (66.3%)
55	KURACH Stanisław	11	DZIADY OCR	Elite Masters Mężczyzn	9	08:00	00:53:53.30	00:53:53.30	+00:18:20 (34.0%)	8:58	6.7 (66.3%)
56	PIEKART Bartosz	154		Elite Mężczyzn	47	08:10	00:54:28.90	00:54:28.90	+00:18:56 (34.8%)	9:04	6.6 (65.3%)
57	GRABOWIEC Arkadiusz	108	POWER TRAINING	Elite Mężczyzn	48	08:10	00:54:30.15	00:54:30.15	+00:18:57 (34.8%)	9:05	6.6 (65.3%)
58	GRZEBUŁA Łukasz	29	OSPRO OCR	Elite Mężczyzn	49	08:00	00:54:39.85	00:54:39.85	+00:19:07 (35.0%)	9:06	6.6 (65.3%)
59	ZIÓLEK Krzysztof	44	POWER TRAINING	Elite Mężczyzn	50	08:00	00:55:35.75	00:55:35.75	+00:20:03 (36.1%)	9:15	6.5 (64.4%)
60	GÓRA Mateusz	127	WOLF TEAM/SPICHLERZ	Elite Mężczyzn	51	08:10	00:55:47.20	00:55:47.20	+00:20:14 (36.3%)	9:17	6.5 (64.4%)
61	WASILEWSKI Karol	112	SPARTA RUNNERS	Elite Mężczyzn	52	08:10	00:56:03.25	00:56:03.25	+00:20:30 (36.6%)	9:20	6.4 (63.4%)
62	CEREMUGA Robert	71		Elite Mężczyzn	53	08:00	00:56:14.25	00:56:14.25	+00:20:41 (36.8%)	9:22	6.4 (63.4%)
63	WÓJT Kamil	123	WARRIORS ŁÓDŹ	Elite Mężczyzn	54	08:10	00:57:31.65	00:57:31.65	+00:21:59 (38.2%)	9:35	6.3 (62.4%)
64	ANOWSKI Adrian	22	OBSTACLE CENTER TEAM	Elite Mężczyzn	55	08:00	00:57:46.75	00:57:46.75	+00:22:14 (38.5%)	9:37	6.2 (61.4%)
64	SURMACH Andrei	24	OBSTACLE CENTER TEAM	Elite Mężczyzn	55	08:00	00:57:46.75	00:57:46.75	+00:22:14 (38.5%)	9:37	6.2 (61.4%)
66	CHODŹBA Damian	18	KOJOTY OCR TEAM	Elite Mężczyzn	57	08:00	00:57:48.05	00:57:48.05	+00:22:15 (38.5%)	9:38	6.2 (61.4%)
67	SYPOSZ Marcin	103	OSPRO OCR	Elite Mężczyzn	58	08:10	00:57:48.80	00:57:48.80	+00:22:16 (38.5%)	9:38	6.2 (61.4%)
68	SZOT Maksymilian	85		Elite Mężczyzn	59	08:00	00:57:54.05	00:57:54.05	+00:22:21 (38.6%)	9:39	6.2 (61.4%)
69	HAJEWSKI Michał	4	CARBON SILESIA SPORT	Elite Masters Mężczyzn	10	08:00	00:57:55.95	00:57:55.95	+00:22:23 (38.7%)	9:39	6.2 (61.4%)
70	PONTUS Piotr	31	OSPRO OCR	Elite Mężczyzn	60	08:00	00:58:01.00	00:58:01.00	+00:22:28 (38.7%)	9:40	6.2 (61.4%)
71	KRUS Viktor	197	OCR BELARUS	Elite Masters Mężczyzn	11	08:10	00:58:08.95	00:58:08.95	+00:22:36 (38.9%)	9:41	6.2 (61.4%)
72	BUDZYŃSKI Adam	63	UNITED RUNNERS	Elite Masters Mężczyzn	12	08:00	00:58:22.00	00:58:22.00	+00:22:49 (39.1%)	9:43	6.2 (61.4%)
73	MIERZICKI Marcel	40	POWER TRAINING	Elite Mężczyzn	61	08:00	00:58:28.60	00:58:28.60	+00:22:56 (39.2%)	9:44	6.2 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
74	<b>POLUS Piotr Peter</b>	<b>42</b>	POWER TRAINING	Elite Mężczyzn	62	08:00	<b>00:58:45.80</b>	<b>00:58:45.80</b>	+00:23:13 (39.5%)	9:47	6.1 (60.4%)
75	<b>OBSZYNSKI Marcin</b>	<b>151</b>		Elite Mężczyzn	63	08:10	<b>00:58:59.45</b>	<b>00:58:59.45</b>	+00:23:27 (39.8%)	9:49	6.1 (60.4%)
76	<b>SCHUBERT Tomasz</b>	<b>32</b>	OSPRO OCR	Elite Masters Mężczyzn	13	08:00	<b>00:59:33.10</b>	<b>00:59:33.10</b>	+00:24:00 (40.3%)	9:55	6 (59.4%)
77	<b>CHODORSKI Łukasz</b>	<b>124</b>	WILK TRENUJE FAMILY (WTF)	Elite Mężczyzn	64	08:10	<b>00:59:33.85</b>	<b>00:59:33.85</b>	+00:24:01 (40.3%)	9:55	6 (59.4%)
78	<b>ŁAPACZ Tomasz</b>	<b>39</b>	POWER TRAINING	Elite Masters Mężczyzn	14	08:00	<b>00:59:38.35</b>	<b>00:59:38.35</b>	+00:24:05 (40.4%)	9:56	6 (59.4%)
79	<b>CIOSEK Dariusz</b>	<b>136</b>		Elite Mężczyzn	65	08:10	<b>00:59:51.10</b>	<b>00:59:51.10</b>	+00:24:18 (40.6%)	9:58	6 (59.4%)
80	<b>HANUSIAK Leszek</b>	<b>19</b>	KONIU SQUAD	Elite Mężczyzn	66	08:00	<b>01:00:54.95</b>	<b>01:00:54.95</b>	+00:25:22 (41.7%)	10:09	5.9 (58.4%)
81	<b>BEDYK Maciej</b>	<b>9</b>	DRUŻYNA PANA MICHAŁA	Elite Masters Mężczyzn	15	08:00	<b>01:01:19.80</b>	<b>01:01:19.80</b>	+00:25:47 (42.1%)	10:13	5.9 (58.4%)
82	<b>MUSIATOWICZ Jarosław</b>	<b>91</b>	CF ŁUKÓW	Elite Masters Mężczyzn	16	08:10	<b>01:02:28.60</b>	<b>01:02:28.60</b>	+00:26:56 (43.1%)	10:24	5.8 (57.4%)
83	<b>SŁADEK Patryk</b>	<b>13</b>	EX TEAM	Elite Mężczyzn	67	08:00	<b>01:02:31.50</b>	<b>01:02:31.50</b>	+00:26:59 (43.2%)	10:25	5.8 (57.4%)
84	<b>MAJCZYNA Marcin</b>	<b>6</b>	CF ŁUKÓW	Elite Masters Mężczyzn	17	08:00	<b>01:02:46.35</b>	<b>01:02:46.35</b>	+00:27:13 (43.4%)	10:27	5.7 (56.4%)
85	<b>KRZEMIŃSKI Damian</b>	<b>115</b>	UNIT37	Elite Mężczyzn	68	08:10	<b>01:03:01.75</b>	<b>01:03:01.75</b>	+00:27:29 (43.6%)	10:30	5.7 (56.4%)
86	<b>ZYGMUNCIAK Jakub</b>	<b>105</b>	OSPRO OCR	Elite Mężczyzn	69	08:10	<b>01:03:28.70</b>	<b>01:03:28.70</b>	+00:27:56 (44.0%)	10:34	5.7 (56.4%)
87	<b>KIEŚ Damian</b>	<b>141</b>		Elite Masters Mężczyzn	18	08:10	<b>01:03:37.00</b>	<b>01:03:37.00</b>	+00:28:04 (44.1%)	10:36	5.7 (56.4%)
88	<b>ROPELA Radosław</b>	<b>129</b>	WOLF TEAM/SPICHLERZ	Elite Mężczyzn	70	08:10	<b>01:04:01.90</b>	<b>01:04:01.90</b>	+00:28:29 (44.5%)	10:40	5.6 (55.4%)
89	<b>KOZŁOWSKI Marcin</b>	<b>95</b>	GREEN GOBLINS	Elite Masters Mężczyzn	19	08:10	<b>01:04:06.60</b>	<b>01:04:06.60</b>	+00:28:34 (44.6%)	10:41	5.6 (55.4%)
90	<b>SZYMCZAK Damian</b>	<b>205</b>		Elite Mężczyzn	71	08:10	<b>01:04:28.35</b>	<b>01:04:28.35</b>	+00:28:55 (44.9%)	10:44	5.6 (55.4%)
91	<b>OCHNIO Andrzej</b>	<b>92</b>	CF ŁUKÓW	Elite Masters Mężczyzn	20	08:10	<b>01:04:49.95</b>	<b>01:04:49.95</b>	+00:29:17 (45.2%)	10:48	5.6 (55.4%)
92	<b>KOWALEWSKI Mateusz</b>	<b>88</b>	CF ŁUKÓW	Elite Mężczyzn	72	08:10	<b>01:05:32.10</b>	<b>01:05:32.10</b>	+00:29:59 (45.8%)	10:55	5.5 (54.5%)
93	<b>PORKUSZEWSKI Konrad</b>	<b>80</b>		Elite Mężczyzn	73	08:00	<b>01:06:12.40</b>	<b>01:06:12.40</b>	+00:30:40 (46.3%)	11:02	5.4 (53.5%)
94	<b>KOMAREK Michael</b>	<b>142</b>		Elite Masters Mężczyzn	21	08:10	<b>01:06:20.60</b>	<b>01:06:20.60</b>	+00:30:48 (46.4%)	11:03	5.4 (53.5%)
95	<b>WALCZYŃSKI Michał</b>	<b>104</b>	OSPRO OCR	Elite Mężczyzn	74	08:10	<b>01:06:33.15</b>	<b>01:06:33.15</b>	+00:31:00 (46.6%)	11:05	5.4 (53.5%)
96	<b>KOSIOREK Łukasz</b>	<b>106</b>	OUTDOOR TRAINING	Elite Masters Mężczyzn	22	08:10	<b>01:06:56.35</b>	<b>01:06:56.35</b>	+00:31:23 (46.9%)	11:09	5.4 (53.5%)
97	<b>JANKOWSKI Dominik</b>	<b>101</b>	OBSTACLE CENTER TEAM	Elite Masters Mężczyzn	23	08:10	<b>01:07:34.85</b>	<b>01:07:34.85</b>	+00:32:02 (47.4%)	11:15	5.3 (52.5%)
98	<b>ŁUKASIK Łukasz</b>	<b>89</b>	CF ŁUKÓW	Elite Mężczyzn	75	08:10	<b>01:07:40.35</b>	<b>01:07:40.35</b>	+00:32:07 (47.5%)	11:16	5.3 (52.5%)
99	<b>RYBACKI Błażej</b>	<b>203</b>	OBSTACLE CENTER TEAM	Elite Mężczyzn	76	08:10	<b>01:07:40.75</b>	<b>01:07:40.75</b>	+00:32:08 (47.5%)	11:16	5.3 (52.5%)
100	<b>PUŁAWSKI Michał</b>	<b>81</b>		Elite Mężczyzn	77	08:00	<b>01:08:19.90</b>	<b>01:08:19.90</b>	+00:32:47 (48.0%)	11:23	5.3 (52.5%)
101	<b>JESSWEIN Filip</b>	<b>109</b>	POWER TRAINING	Elite Mężczyzn	78	08:10	<b>01:08:52.95</b>	<b>01:08:52.95</b>	+00:33:20 (48.4%)	11:28	5.2 (51.5%)
102	<b>HERMA Piotr</b>	<b>73</b>		Elite Masters Mężczyzn	24	08:00	<b>01:08:59.95</b>	<b>01:08:59.95</b>	+00:33:27 (48.5%)	11:29	5.2 (51.5%)
103	<b>DUROK Przemysław</b>	<b>137</b>		Elite Mężczyzn	79	08:10	<b>01:09:47.40</b>	<b>01:09:47.40</b>	+00:34:15 (49.1%)	11:37	5.2 (51.5%)
104	<b>KUZARA Rafał</b>	<b>61</b>	UNIT37	Elite Mężczyzn	80	08:00	<b>01:10:15.70</b>	<b>01:10:15.70</b>	+00:34:43 (49.4%)	11:42	5.1 (50.5%)
105	<b>WIELOGÓRSKI Karol</b>	<b>100</b>	LACROIX TEAM	Elite Mężczyzn	81	08:10	<b>01:10:55.55</b>	<b>01:10:55.55</b>	+00:35:23 (49.9%)	11:49	5.1 (50.5%)
106	<b>BIELICKI Wojciech</b>	<b>99</b>	LACROIX TEAM	Elite Mężczyzn	82	08:10	<b>01:10:55.75</b>	<b>01:10:55.75</b>	+00:35:23 (49.9%)	11:49	5.1 (50.5%)
107	<b>ROGALSKI Piotr</b>	<b>35</b>	OUTDOOR TRAINING	Elite Mężczyzn	83	08:00	<b>01:11:24.85</b>	<b>01:11:24.85</b>	+00:35:52 (50.2%)	11:54	5 (49.5%)
108	<b>ROJEWSKI Piotr</b>	<b>98</b>	KOJOTY OCR TEAM	Elite Mężczyzn	84	08:10	<b>01:14:17.40</b>	<b>01:14:17.40</b>	+00:38:45 (52.2%)	12:22	4.8 (47.5%)
109	<b>TUWALSKI Bernard</b>	<b>33</b>	OSPRO OCR	Elite Masters Mężczyzn	25	08:00	<b>01:14:57.75</b>	<b>01:14:57.75</b>	+00:39:25 (52.6%)	12:29	4.8 (47.5%)
110	<b>ADAMCZEWSKI Arkadiusz</b>	<b>130</b>		Elite Masters Mężczyzn	26	08:10	<b>01:16:30.30</b>	<b>01:16:30.30</b>	+00:40:57 (53.5%)	12:45	4.7 (46.5%)
111	<b>HANDZLIK Tomasz</b>	<b>8</b>	DENISTEAM	Elite Masters Mężczyzn	27	08:00	<b>01:16:54.60</b>	<b>01:16:54.60</b>	+00:41:22 (53.8%)	12:49	4.7 (46.5%)
112	<b>STANOCH Jarek</b>	<b>164</b>		Elite Mężczyzn	85	08:10	<b>01:17:04.50</b>	<b>01:17:04.50</b>	+00:41:32 (53.9%)	12:50	4.7 (46.5%)
113	<b>WITKOWSKI Dariusz</b>	<b>36</b>	OUTDOOR TRAINING	Elite Masters Mężczyzn	28	08:00	<b>01:17:20.85</b>	<b>01:17:20.85</b>	+00:41:48 (54.1%)	12:53	4.7 (46.5%)
114	<b>SZYPUŁA Dariusz</b>	<b>62</b>	UNIT37	Elite Masters Mężczyzn	29	08:00	<b>01:18:01.40</b>	<b>01:18:01.40</b>	+00:42:29 (54.4%)	13:00	4.6 (45.5%)
115	<b>MURAT Krzysztof</b>	<b>30</b>	OSPRO OCR	Elite Mężczyzn	86	08:00	<b>01:18:01.90</b>	<b>01:18:01.90</b>	+00:42:29 (54.5%)	13:00	4.6 (45.5%)
116	<b>KOWALSKI Krzysztof</b>	<b>117</b>	UNITED RUNNERS	Elite Masters Mężczyzn	30	08:10	<b>01:18:03.85</b>	<b>01:18:03.85</b>	+00:42:31 (54.5%)	13:00	4.6 (45.5%)
117	<b>DZIURDA Adam</b>	<b>107</b>	POWER TRAINING	Elite Masters Mężczyzn	31	08:10	<b>01:19:31.10</b>	<b>01:19:31.10</b>	+00:43:58 (55.3%)	13:15	4.5 (44.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
118	<b>CHUDEUSZ Łukasz</b>	<b>135</b>		Elite Masters Mężczyzn	32	08:10	<b>01:19:33.75</b>	<b>01:19:33.75</b>	+00:44:01 (55.3%)	13:15	4.5 (44.6%)
119	<b>MACURA Marek</b>	<b>20</b>	LENIWCE Z MAGNOLII	Elite Mężczyzn	87	08:00	<b>01:19:41.60</b>	<b>01:19:41.60</b>	+00:44:09 (55.4%)	13:16	4.5 (44.6%)
120	<b>STUDZIŃSKI Maciej</b>	<b>165</b>		Elite Mężczyzn	88	08:10	<b>01:20:31.00</b>	<b>01:20:31.00</b>	+00:44:58 (55.9%)	13:25	4.5 (44.6%)
121	<b>GRALEC Dariusz</b>	<b>97</b>	I NEVER TURN BACK	Elite Masters Mężczyzn	33	08:10	<b>01:20:47.00</b>	<b>01:20:47.00</b>	+00:45:14 (56.0%)	13:27	4.5 (44.6%)
122	<b>SCHUELER Constantin</b>	<b>157</b>		Elite Masters Mężczyzn	34	08:10	<b>01:22:40.85</b>	<b>01:22:40.85</b>	+00:47:08 (57.0%)	13:46	4.4 (43.6%)
123	<b>PIATEK Patryk</b>	<b>153</b>		Elite Mężczyzn	89	08:10	<b>01:22:55.40</b>	<b>01:22:55.40</b>	+00:47:23 (57.1%)	13:49	4.3 (42.6%)
124	<b>KARCZEWSKI Patryk</b>	<b>119</b>	WARRIORS ŁÓDŹ	Elite Mężczyzn	90	08:10	<b>01:23:04.85</b>	<b>01:23:04.85</b>	+00:47:32 (57.2%)	13:50	4.3 (42.6%)
125	<b>KRZYŻANOWSKI Julian</b>	<b>110</b>	POWER TRAINING	Elite Mężczyzn	91	08:10	<b>01:26:15.35</b>	<b>01:26:15.35</b>	+00:50:42 (58.8%)	14:22	4.2 (41.6%)
126	<b>MOSTOWSKI Radosław</b>	<b>65</b>	WARRIORS ŁÓDŹ	Elite Mężczyzn	92	08:00	<b>01:26:30.10</b>	<b>01:26:30.10</b>	+00:50:57 (58.9%)	14:25	4.2 (41.6%)
127	<b>WOŁCZYK Mariusz</b>	<b>87</b>	CARBON SILESIA SPORT	Elite Masters Mężczyzn	35	08:10	<b>01:30:19.05</b>	<b>01:30:19.05</b>	+00:54:46 (60.6%)	15:03	4 (39.6%)
128	<b>SZCZUKOWSKI Michał</b>	<b>166</b>		Elite Masters Mężczyzn	36	08:10	<b>01:30:45.55</b>	<b>01:30:45.55</b>	+00:55:13 (60.8%)	15:07	4 (39.6%)
129	<b>STACHURSKI Bartosz</b>	<b>116</b>	UNIT37	Elite Masters Mężczyzn	37	08:10	<b>01:30:49.50</b>	<b>01:30:49.50</b>	+00:55:17 (60.9%)	15:08	4 (39.6%)
130	<b>STACHYRA Rafał</b>	<b>84</b>		Elite Mężczyzn	93	08:00	<b>01:31:49.70</b>	<b>01:31:49.70</b>	+00:56:17 (61.3%)	15:18	3.9 (38.6%)
131	<b>ANUSZCZYK Mariusz</b>	<b>132</b>		Elite Masters Mężczyzn	38	08:10	<b>01:34:11.25</b>	<b>01:34:11.25</b>	+00:58:38 (62.3%)	15:41	3.8 (37.6%)
132	<b>MALISZEWSKI Jakub</b>	<b>16</b>	HUSARIA RACE TEAM	Elite Mężczyzn	94	08:00	<b>01:43:58.25</b>	<b>01:43:58.25</b>	+01:08:25 (65.8%)	17:19	3.5 (34.7%)
133	<b>OGIERMAN Mariusz</b>	<b>111</b>	SOCIOS SILESIA	Elite Mężczyzn	95	08:10	<b>01:47:44.65</b>	<b>01:47:44.65</b>	+01:12:12 (67.0%)	17:57	3.3 (32.7%)
134	<b>SZCZEPEK Michał</b>	<b>25</b>	OBSTACLE CENTER TEAM	Elite Mężczyzn	96	08:00	<b>01:48:45.60</b>	<b>01:48:45.60</b>	+01:13:13 (67.3%)	18:07	3.3 (32.7%)
135	<b>JANIKOWSKI Patryk</b>	<b>125</b>	WILK TRENUJE FAMILY (WTF)	Elite Mężczyzn	97	08:10	<b>01:54:08.65</b>	<b>01:54:08.65</b>	+01:18:36 (68.9%)	19:01	3.2 (31.7%)
136	<b>WASĄG Dawid</b>	<b>169</b>		Elite Masters Mężczyzn	39	08:10	<b>01:55:12.90</b>	<b>01:55:12.90</b>	+01:19:40 (69.2%)	19:12	3.1 (30.7%)
137	<b>PODGÓRSKI Michał</b>	<b>45</b>	PSYCHIATRYK KOPERNIKA	Elite Mężczyzn	98	08:00	<b>02:00:37.65</b>	<b>02:00:37.65</b>	+01:25:05 (70.5%)	20:06	3 (29.7%)
138	<b>WIELICZKO Paweł</b>	<b>170</b>		Elite Mężczyzn	99	08:10	<b>02:02:00.35</b>	<b>02:02:00.35</b>	+01:26:27 (70.9%)	20:20	3 (29.7%)
139	<b>PAWŁOWSKI Krzysztof</b>	<b>118</b>	UNITED RUNNERS	Elite Mężczyzn	100	08:10	<b>02:04:24.85</b>	<b>02:04:24.85</b>	+01:28:52 (71.4%)	20:44	2.9 (28.7%)
140	<b>PELCZAR Tomasz</b>	<b>79</b>		Elite Mężczyzn	101	08:00	<b>02:04:37.85</b>	<b>02:04:37.85</b>	+01:29:05 (71.5%)	20:46	2.9 (28.7%)
141	<b>SIEWIERSKI Maciej</b>	<b>160</b>		Elite Mężczyzn	102	08:10	<b>02:06:42.00</b>	<b>02:06:42.00</b>	+01:31:09 (71.9%)	21:07	2.8 (27.7%)
142	<b>KOMOROWSKI Marcin</b>	<b>113</b>	STADO PĘDZĄCYCH DZIKÓW	Elite Mężczyzn	103	08:10	<b>02:12:25.65</b>	<b>02:12:25.65</b>	+01:36:53 (73.2%)	22:04	2.7 (26.7%)
143	<b>FEDĘNCZAK Rafał</b>	<b>138</b>		Elite Mężczyzn	104	08:10	<b>02:13:10.15</b>	<b>02:13:10.15</b>	+01:37:37 (73.3%)	22:11	2.7 (26.7%)
144	<b>SIENKIEWICZ Jakub</b>	<b>159</b>		Elite Mężczyzn	105	08:10	<b>02:14:00.65</b>	<b>02:14:00.65</b>	+01:38:28 (73.5%)	22:20	2.7 (26.7%)
145	<b>KOŚCIELNY Jacek</b>	<b>114</b>	UNIT37	Elite Mężczyzn	106	08:10	<b>02:24:14.85</b>	<b>02:24:14.85</b>	+01:48:42 (75.4%)	24:02	2.5 (24.8%)
146	<b>JEZIORSKI Marcin</b>	<b>140</b>		Elite Masters Mężczyzn	40	08:10					(0.0%)

Znaleziono 146 wynik(ów)